

Joel's Story

News, PAGE 6

Joel Choi with Missy Jackson and Melissa Hish: He is appreciating the opportunity they have given him.

ViVa! Vienna! Kicks Off Summer Fun

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Oakton Girls' Soccer Advances to Region Semifinals

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VIENNA CRIME REPORTS

Notable incidents from the Vienna Police report from May 20-26.

INCIDENTS

Grand Larceny - 500 Block Truman Circle SW. May 18, 7:56 p.m. A resident reported their vehicle had been rummaged through and a firearm located in the vehicle was stolen. The vehicle was parked in their driveway.

Assault - Sheets Building Supply, 430 Mill St. NE. May 19, 7:33 a.m. An employee of Sheets Building Supply stated they got into a scuffle with a fellow employee at the business on April 21. The employee was advised of the warrant process.

Grand Larceny - 400 Block Moorefield Road SE. Between May 17 at 10 p.m. and May 18 at 8 a.m. A resident advised someone rummaged through their unlocked vehicle. Various credit cards and loose change were stolen.

Grand Larceny - 900 Block Timber Lane SW. May 19, 3:48 p.m. A resident reported someone rummaged through their unlocked vehicle and stole U.S. currency.

Property Found - 300 Block Glyndon Street NE. May 20, 6:28 a.m. A citizen called to report they found a bicycle at Glyndon Park.

Suspicious Person - 800 Block Maple Avenue West. May 20, 10:50 a.m. Officers responded to a report of a suspicious person. A citizen stated they believed a subject in the area was involved in narcotics activity. The subject left the area prior to the officers arrival.

Vandalism - 500 Block Creek Crossing Road NE. May 20 between noon and 5 p.m. A resident reported their mailbox was damaged.

Property Found - Ware and Meadow lanes SW. Between May 16 at 8 a.m. and May 11 at 11 a.m. A citizen called to report they found a bicycle.

Property Lost - 100 Block Oak Street SW. May 20, 12:27 p.m. A citizen came to Vienna Police Department to report they lost their wallet while riding their bicycle from Oak Street SW to Center Street South.

Domestic Assault - Kelley Street SW. May 21, 11:55 p.m. Officers responded to the listed location for a domestic assault. The officers found the situation to be a domestic dispute between a husband, wife, and two live-in relatives. One of the subjects stated they had been assaulted three days prior to the event. The subject who alleged being assaulted was advised of the warrant process.

Arrest - Noise Violation - Bey Lounge, 303 Mill St. NE. May 22, 1:57 a.m. A resident called to report loud music coming from the Bey Lounge. Ofc. Sterling could hear loud music coming from the establishment when patrons opened the front door. An officer issued the business manager a citation for violating the Town of Vienna Noise Ordinance.

Telephone Case - 200 Block Church Street NE. Between May 19 at 8 a.m. and May 22 at 8 a.m. A citizen reported they were being harassed over the telephone by an ex-boyfriend. The citizen stated the ex-boyfriend has been constantly calling and leaving harassing voice messages on their phone. The citizen advised the ex-boyfriend lived somewhere on the west coast and did not wish to pursue charges for telephone harassment at this time. The citizen was provided with counseling services.

Domestic Dispute - Park Street SE. May 23 5:47 a.m. Officers responded to the listed location for a domestic dispute between father, mother, and two children. Officers determine one of the subjects showed signs of impairment and was the source of the domestic dispute. The officers assisted three of the family members in leaving the residence. The three family members were provided resources for finding a temporary place to stay.

Arrest - Drunk in Public - 200 Block Avenue West. May 23, 3:49 p.m. A metro bus driver re-

ported there was an intoxicated subject on the bus. When the officer spoke with the subject he showed signs of possible impairment. The subject had no one with them to safely escort them home. The officer arrested the 53-year-old subject from Patrick Street SE in Vienna for drunk in public. The subject was transported to the Fairfax County Adult Detention Center.

Assist Fire EMS - 100 Block Patrick Street SE. May 24, 11:13 a.m. Officers responded to the listed location for an unknown situation. When they arrived they found a subject bleeding from their hand. The subject stated they were involved in an accident earlier in the day and that's where they suffered the injury to their hand. The subject was transported to the hospital by Fairfax County Ems with non-life threatening injuries.

Arrest - Prescription Fraud - Vienna Rexall Drug Center. 150 Maple Ave. West. May 24, 11:53 a.m. Two officers responded to the listed address for a fraud occurring. When they arrived they were met by another officer who had one subject detained. The subject attempted to pass fraudulent prescriptions. A 28-year-old subject from Terry Lynn Court, Herndon for prescription fraud. The subject was transported to the Fairfax County Adult Detention Center.

Arrest - Felony Hit and Run / Driving While Intoxicated / Refusal - 200 Block Tapawingo Road SW. May 24, 2:34 p.m. Several citizens called reporting a vehicle had struck another vehicle, and then fled the scene. The vehicle struck was occupied by three subjects. The three subjects inside the vehicle were all transported to the hospital with non-life threatening injuries. Witnesses stated the striking vehicle was down the street on Hillcrest Drive SW and the driver of the vehicle was still in the driver's seat. Officers responded to the Hillcrest Drive SW location and made contact with Fairfax County Fire & EMS who were out with the vehicle. The driver of the vehicle refused rescue treatment. An officer then offered the driver, who showed signs of possible impairment, the opportunity to take field sobriety tests. The driver refused. The officer arrested the 52-year-old driver from Hillcrest Drive SW, Vienna for felony hit and run, driving while intoxicated, and refusal to submit to an official breath test. The driver was transported to the Fairfax County Adult Detention Center.

Civil Dispute - 320 Maple Ave. East. May 24, 2:42 p.m. Two business owners got into a verbal argument over a parking spot. The officer advised both parties the matter was civil and the issue needed to be resolved amongst them.

Trespassing - 400 Block Upham Place NW. May 24, 4:18 p.m. A resident reported there was an unknown subject sleeping in a tent in their yard. An officer spoke with the subject and advised them they were not allowed to pitch a tent on someone else's property.

Petit Larceny - 400 Block Dove Circle SW. Between May 14 at 1:30 a.m. and May 24 at 7:07 p.m. A resident called to report two of their vehicles had been entered and rummaged through. Loose change was stolen out of both vehicles. The resident stated they may have left the doors unlocked upon parking the vehicle.

Civil Dispute - 300 Block Tapawingo Road SE. May 24, 7:47 p.m. Two neighbors got into a verbal argument about property lines and tree trimming. Both parties were inform the matter was civil in nature and if they wanted could have the property surveyed for official property lines.

Arrest - Traffic Violation - 300 Block Maple Avenue East. May 24, 9:50 p.m. An officer was on patrol when he observed a vehicle make a traffic violation. He made contact with the driver and learned the driver's status was suspended. An officer arrested the 26-year-old driver from Dolphin Drive, Dumfries for driving a motor vehicle while suspended. The driver was transported to the Fairfax County Adult Detention Center.



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The ninety-degree weather drew crowds to vendors offering refreshments and ice cream.



PHOTOS BY ERIN MURPHY/THE CONNECTION

ViVa! Vienna! offers fun for all ages, though rides are generally for children and teens.

ViVa! Vienna! Kicks off Summer Fun

Festival offers rides, live entertainment, games and food to bring the community together and celebrate Memorial Day Weekend.

BY ERIN MURPHY
THE CONNECTION

The annual ViVa! Vienna! festival returned Memorial Day weekend to draw members of the Vienna community together in the historic Church Street area. The event presented 30 amusement rides, live entertainment, and more than 300 vendors catering to locals of all ages.

Performances were divided between the Main Stage, the Children's Stage and the Lawyers Road stage across the three days of the festival. The main stage hosted performances by local studios including Adrenaline Studio, Velocity Dance and Cuppett Performing Arts Center. Kids, and adults as well, laughed and gasped at the acts of Nerdy Noah, Noland the Magician, and Cantori the Magician on the Children's Stage. Those yearning for the sounds of Americana folk and jazz music could wander towards the Lawyers Road Stage to hear artists such as Alex Giller, Brian Johnson and Marshall Artz.

A highlight of ViVa! Vienna was the return of the Vienna Idol Competition Semi-Finals sponsored by Caffe Amouri, Whole Foods and The Business Bank. The competition was held in the parking lot of Caffe Amouri on Church Street on Sunday, May 29 during the festival. The first place prize for the competition is \$1,000 with all donations given to the Khristin Kylo Memorial Fund, dedicated to support seizure research/education and provide scholarships



Visitors seek out shade from the hot sun to enjoy live entertainment on the Main Stage.

to students at James Madison High School. The judges for the first half of the competition were Mayor of Vienna Lauri DiRocco, Claire Rowan, Lauren Haas and Tom Kylo. For the second half of the competition Mike Terpac, Councilwoman Carrie Sienecki, Lauren Haas and Tom Kylo were present to judge the semi-finalists.

Semi-finalist David Daly performed "Brandi, You're a Fine Girl" and received

accolades from judge Lauren Haas.

"He's what this concert is all about. Just a cool dude who can play guitar and really sing, and get people excited and engaged," said Haas.

The Vienna Rotary Club sponsors festival with net proceeds donated back to the community including schools, nonprofits and service clubs.

The festival takes place annually against




Magician and comedian "Nerdy Noah" dazzled onlookers, young and old, with his magic tricks and quick humor.

a historic backdrop in the heart of Vienna. Rides and food vendors are set around historic Freeman House, Old Vienna Railroad Station, the Caboose, W&OD trail and Church Streets at Dominion and Mill. The setting facilitates not only an exploration of the fun and games offered by the festival, but the history engrained in downtown Vienna.

In addition to the fun and games, the Navy Federal Credit Union provided free recycling services for personal computers and related devices. The sponsored services allow for the diversion of toxic materials from landfills and so reduces environmental contamination.

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News



TRC 2016-04-20 Youth Awards

PHOTO CONTRIBUTED

2016 T.R. Cook awards for excellence winners pose with Optimist Club Vice President for Youth Mike Fitzella and 2018 Olympic hopeful and Madison High School graduate Veronica Day.

Vienna Optimists Honor Youth Excellence

Recently, the Optimist Club of Greater Vienna held its annual Youth Awards of Excellence, now named after long-time member and former president T.R. Cook, at James Madison High School's Warhawk hall. This award is presented every year to rising high school seniors for six areas of excellence: Academics, Citizenship, Fine Arts, Science, Sports and Technology. This year 88 students from Oakton, Madison and Marshall high schools were nominated by the Career Center specialists at their respective schools. This year's winners were: Aca-

demics-Calvin Krist, Oakton; Citizenship-Claire Heiden, Marshall; Fine Arts-Neal Going, Madison; Science-Joey Welsh, Marshall; Sports-Casey Kendall, Oakton and Technology-Michele Wang, Oakton.

In addition, Madison High School's Veronica Day, 2018 Olympic Team hopeful in the skeleton event, spoke about her experiences and urged the students present to be willing to pursue their interests whatever they might be, and to try new pursuits and not be afraid of failure.



Brownies Hold a Book Drive

Girl Scout Brownie Troop 3173 at Waples Mill Elementary School in Oakton recently held a book drive that collected 1161 books for Fairfax Futures' Neighborhood School Readiness Project. The project supports young children's successful transition to kindergarten through teams of educators and administrators who identify the needs of neighborhood families and develop the relationships needed to effectively support young children and their families as they transition to kindergarten. Troop 3173 thanks everyone who donated books

Send Photos for Father's Day Galleries

Father's Day is Sunday, June 19. The Connection publishes a gallery of photos of fathers, grandfathers, great grandfathers and sons and daughters. Send photos, including names of everyone in the photo, ages of children, town of residence and a brief description of what is happening to north@connectionnewspapers.com or upload directly to connectionnewspapers.com/fathersday/

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FAITH

Faith Notes are for announcements and events in the faith community. Send to vienna@connectionnewspapers.com. Deadline is Friday at noon.

The **Church of the Holy Comforter in Vienna**, 543 Beulah Road, is offering the course "Your Faith, Your Life: An Invitation to the Episcopal Church." Classes will be April 17; May 1, 15, 22; June 5 from 12:30-1:30 p.m. Light lunch and childcare provided. Visit <https://ttsu.me/1tg> to sign up for a book and

Great Falls United Methodist Church, 10100 Georgetown Pike, Great Falls, will host annual yard sale/flea market on Saturday, May 7, 2016 from 7 a.m.-2 p.m. You can now reserve a 10x10' space (\$25) to sell your own treasures or donate items to the church (they would pick up). Come shop, donate and/or sell your own things. 703-582-1640.

St. Francis Episcopal Church, 9220 Georgetown Pike in Great Falls, offers musical, educational, outreach and fellowship ministries in addition to worship services, including a 7:45 a.m. worship service without music; 9 a.m. worship service, children's chapel and children's choirs; 10 a.m. Sunday school and adult forum; and 11 a.m. worship service with adult choir. 703-759-2082.

The Antioch Christian Church offers a time of Prayer and Healing on Wednesday evenings at 6:30 p.m. for anyone wanting encouragement and healing through prayers. People are available to pray with you or for you. Antioch Christian Church is located at

1860 Beulah Road in Vienna. www.antiochdoc.org

The Jewish Social Services Agency (JSSA) offers a wide variety of support groups for those with emotional, social, and physical challenges. www.jssa.org/growth-learning.

HAVEN of Northern Virginia offers a variety of free bereavement support groups, meeting on a weekly basis. 703-941-7000 or www.havenofnova.org.

McLean Bible Church Fitness Class at Body and Soul Fitness. Gain balance, energy and strength at 9:45 a.m. Mondays and Fridays. Free childcare for registered students. bodyandsoul@mcleanbible.org.

St. Dunstan's Episcopal Church, 1830 Kirby Road in McLean, holds a third Sunday service every month at 10:15 a.m. which allows children to play active roles in the music and as greeters and ushers. Traditional services are every Sunday at 8:15 and 10:15 a.m.

Vienna Christian Healing Rooms are open, every Saturday, 1-5 p.m., at 8200 Bell Lane. A team of Christians is available to anyone requesting prayer. Free and open to the public. 703-698-9779 or www.viennachristianhealingrooms.com.

Chesterbrook United Methodist Church is at 1711 Kirby Road, McLean. Worship service is at 11 a.m. Sunday school is at 9:30 a.m. for adults and children. 703-356-7100 or www.ChesterbrookUMC.org.

JUNE 11TH

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News

Lesley Field and Joel Choi: When Joel's foster mother left town for a multi-week trip, he was sent to Field's home in Vienna.

PHOTOS BY
JOAN BRADY/
THE CONNECTION



Joel's Story

After foster care experience:
Architecting his own path.

BY JOAN BRADY
THE CONNECTION

Light and soft-spoken, Joel Choi has an unexpected inner strength that comes through as he tells his story of a father with high expectations, a son's mortal fear of not meeting them and what it has meant to take control of his own life.

Joel was taken into foster care when he was a high school junior, after reporting to a coach what was going on at home. Schools are "mandatory reporters," and, as such, they are legally compelled to call social services in a case like Joel's.

Joel said he doesn't remember much about those early dark days. He's been told that it is likely because he was in shock. But they included having to process the past and the present while going back and forth between foster care/group homes and his parents' house. Ultimately he was removed from his parents' home for good and placed in a foster home with a single, foster mother.

The foster care system anticipates that there may be times when a foster parent either needs a break, or needs coverage for their foster children. In those cases, the children are temporarily moved to "respite" homes. When Joel's foster mother left town for a multi-week trip, he was sent to Lesley Field's home in Vienna.

TODAY, AT 20, Joel doesn't recall their first interaction, but Lesley smiles broadly as she remembers

the text she received from him, "Are there any rules I should know about?" "Good manners, good grammar and don't let the cat out," she said she texted back.

Joel was accustomed to rigidity and rules from adults, "I wanted the opportunity to make my own mistakes and learn from them," explains Joel, "[Even in those few short weeks], Lesley gave me that chance." He recalls, that her "attentive listening" style reassured him that she wouldn't judge and that she truly wanted to help. They remained in contact after he returned to his foster home.

When Joel left for Christopher Newport University at 18, he was out of foster care for good. But, as a foster care alumnus, working and in college, he was eligible for an independent living stipend.

With scholarships, including a Gates Millennium Scholarship, stipend and income from babysitting and caddying at a country club, one might think Joel was set. But budgeting carefully is just one of the things this newly emancipated college student needed.

CNN reported that Barbara Duffield, policy director of the National Association for the Education of Homeless Children and Youth said "58,158 college applicants indicated that they were homeless on federal financial aid forms for the 2012-13 academic year." And she feels that that number is likely understated.

Joel didn't have a place to spend holidays and

SEE JOEL'S STORY, PAGE 17

Inside or out...



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Joel Choi about Lesley Field: "So 20 years from now? She will still be my mom."



SCHOOLS

Send school notes to north@connectionnewspapers.com by noon on Friday.

James "Blair" Glennon IV graduated from Darden School of Business in May 2016. He is a 2003 Langley High School graduate.

Joseph Boyd Greener, of Great Falls, graduated from Wake Forest Law in May 2016.

Christie Sweet, of Vienna, majoring in health and exercise science, graduated cum laude from Bridgewater College in May 2016.

Rebecca Helene Cooper-McDannel received a Master's degree in personnel management from East Carolina University. She is a 2007 graduate of Langley High School in 2007.

Kevin Paul Keena graduated in May 2015 with a B.A. in history and visual arts from Hampden-Sydney College. He hails from Vienna.

Jacob M. Farrar graduated summa cum laude with a B.S. in biology from Hampden-Sydney College in May 2016. He hails from Oakton.

Emma Leiken, a 2012 McLean High School graduate, earned Fulbright grant. She graduated from Oberlin College in May 2016.

Brandon Bast, of Great Falls, graduated from The University of Tampa on May 7. He graduated with a Bachelor of Science in sport manage-

ment and a minor in marketing.

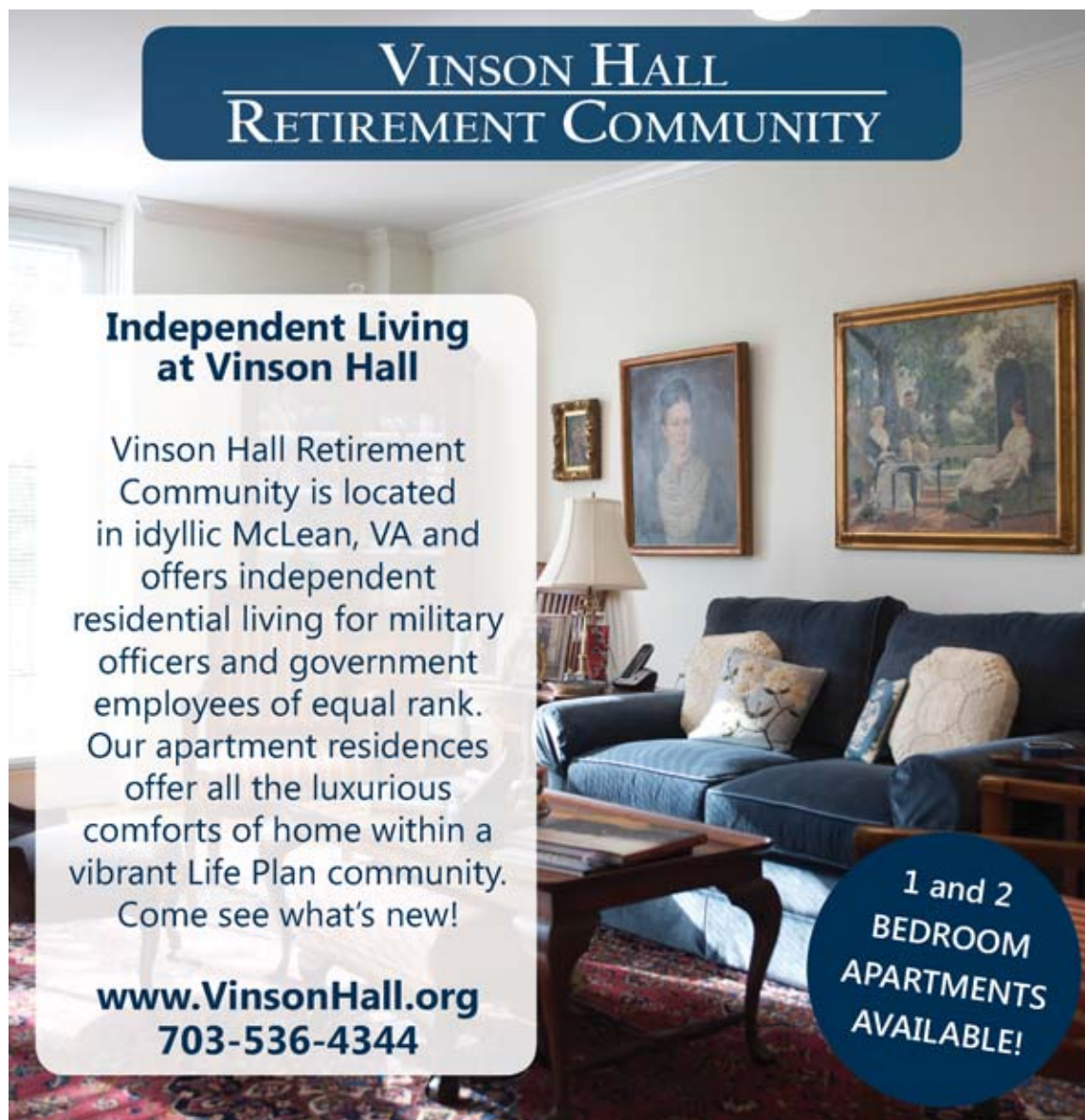
Mary R. Brown of Oakton graduated from Embry-Riddle Aeronautical University, Daytona Beach, FL with a Bachelor of Science in Meteorology and a Bachelor of Science in Computational Mathematics, cum laude. She will be continuing with graduate work at East Carolina University.

Savannah Kathleen McBride was awarded an \$8,000 four-year Fraternal College Scholarship in a national competition by Modern Woodmen of America. She is the daughter of Stephen and Lezlie McBride, McLean. She plans to attend Reed College in Portland, Ore.

Brendan Mullen, Langley HS Class of 2011, was awarded a prestigious summer Research Fellowship by the Drexel University College of Medicine to study the effects of concussion on mice. Brendan will present his results at the College of Medicine's annual research event, Discovery Day, in October 2016. Former Langley ice hockey goalie, continues his support of children's special hockey by volunteering for the Philadelphia Flyer's youth special hockey team.

Kelsey Waddill, of Vienna, was named to the dean's list for academic excellence for the fall 2015 semester at Johns Hopkins University. Waddill is the daughter of Charles and Deborah Waddill and attended James Madison High School.

Elisabetta Cantatore, of Great Falls, a psychology major, has been named to the dean's list for the 2015 fall semester at George Mason University.



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OPINION

Talk to Your Teens

So much at stake as teens approach graduation and summer.

It's hard to talk to your teens and young adults about alcohol and drugs.

But consider this.

Last year, more people died in Virginia of heroin overdose than in car accidents, more than 700 in all. There have been multiple overdoses of high school students in the last few months, high school students like yours. At this point in the opiate epidemic, you also need to talk about heroin and pills.

On graduation day in 2007, West Potomac High School endured the unimaginable tragedy. Two young women who had graduated just hours before died in a car driven by another young woman who had alcohol in her system. The driver and another passenger, a 2005 West Potomac graduate, also died in that crash.

More recently, in June, 2015, Alex Murk and Calvin Li, shortly after graduation from Thomas Wootton High School in Rockville, Maryland, died in a car accident after leaving a party where alcohol was served. The owner

EDITORIAL

of the house where the party took place, the father of the student hosting the party, was fined for knowingly allowing underage drinking. A newly passed law in Maryland, named for Alex and Calvin, means parents who knowingly host underage drinking parties in Maryland could face the possibility of up to a year in jail if an underage drinker leaves their home and is injured or killed in a car crash. The driver recently pled guilty to two counts of vehicular manslaughter.

Summer is the most dangerous time of year for teenagers.

Many teenagers will be celebrating, or possibly self-medicating, with alcohol. Many will engage in binge drinking.

While drinking and driving, or getting into a car with a driver who has been drinking, can kill, there are many other problems that come along with binge drinking. The question of consent and sexual activity looms. Young men and women need to hear from their parents that they are expected to respect the idea of

consent, all the more so in circumstances where alcohol or drugs might be involved. The potential consequences are enormous.

Parents owe it to themselves to talk to their teens about it, even as the teen turns away, rolls eyes, and otherwise indicates he or she is ignoring everything you say, some information will go in. They do hear you. They can't hear what you don't say.

Keep talking. Tell them you love them. Tell them it's been too much work to get them to this point to risk losing them now. Tell them not to text and drive. Tell them not to drink and drive. Tell them not to get in a car with anyone driving who has been drinking or otherwise under the influence. Tell them to wear their seatbelts.

Tell them you'll come pick them up anytime that they need a safe ride home, with the only consequence that they have to talk to you about it the next day.

— MARY KIMM

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LETTERS TO THE EDITOR

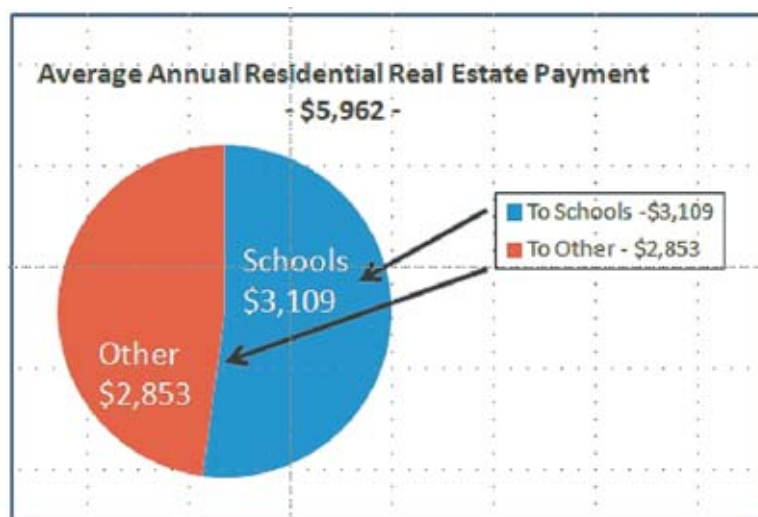
Seniors Unfairly Tapped for School Budget

To the Editor:

The May 19-25, edition of the Connection had an opinion page article titled, "In Search of Diversified Revenue – Fairfax County residents expect to see meals tax question on November ballots." The article began by saying that local governments pay for almost all of local services, including schools, by taxing a single industry, property owners.

It's time to address a real estate tax inequity, i.e., the continued full taxation of elderly homeowners who have not had children in the school system for years and years. The average annual real estate tax per household after the recent FY 2017 rate increase is \$5,962; 52.2 percent of that (a little over \$3,100) goes to support the county school system. (See chart.)

Residential homeowners pay the full real estate tax whether or not they have children in schools.



There is never any age at which a homeowner sees a dime's decrease in his or her taxes. Parents of students do not pay any "tuition."

My proposal is that elderly homeowners, starting at age 65 or maybe 70, be given a small "tax forgiveness" rebate, funded by a per-student user fee assessed at annual school registration. This would be revenue-neutral to the county. The fee would pass through the county from parents

to elderly taxpayers via a tax reduction. Here's the math for a hypothetical example for 65 year old and over taxpayers:

❖ The county's 2015-16 school enrollment is about 187,000 (K through 12).

❖ In 2015, there were about 412,000 housing units in Fairfax County (Source: "Demographic Reports 2015, County of Fairfax, Virginia"). In 2014, about 19.1 percent of housing units were oc-

cupied by persons 65 years old or older (Source: U.S Census Bureau, 2014 American Community Survey 1-Year Estimates"). So, assume that roughly 19.1 percent of those 412,000 housing units, or 78,692 units, were owned by 65-and-older persons (actual ownership data not available to author).

❖ An annual school system revenue-neutral "user fee" of \$100 per student, paid at the time of annual registration, would yield about \$18,700,000 (187,100 students x \$100).

❖ Now, spread the \$18,700,000 over about 78,692 housing units (the estimate of housing units owned by folks age 65 and over) and it would yield about \$238 per year for each of those senior households (\$18,700,000/78,692). That is a very modest 4.0 percent annual tax "rebate" from the average 2017 tax bill of \$5,962 per household. The seniors deserve a little break.

See what your supervisors think.

John A. Knight
Springfield

VOLUNTEER EVENTS & OPPORTUNITIES

Fairfax County's free **Family Caregiver Telephone Support Group** meets by phone on **Tuesday, June 14, 7-8 p.m.** This month's topic is "Caregiver Vacationing: How to Make it Work When You're a Caregiver". Register beforehand at www.fairfaxcounty.gov/olderadults and click on Caregiver Support/Telephone Caregiver Support Group. Call **703-324-5484**, TTY 711.

The **Fairfax Commission on Aging** meets on **Wednesday, June 15 at noon** at the Kings Park Library, 9000 Burke Lake Rd., Burke. (Please note new meeting location.) The public is welcome to attend and join in the comment period that begins each session. Find out more at www.fairfaxcounty.gov/dfs/olderadultservices/coa.htm. Call **703-324-5403**, TTY 711 for meeting access needs.

Fairfax County is offering a free **Medicare 101 workshop, Wednesday, June 15, 2-4 p.m.** Learn the facts about health insurance for seniors. Reston Community Center, 2310 Colts Neck Rd., Reston. To register, call Karen Brutsché at **703-390-6157**, TTY 711.

Korean Meals on Wheels urgently needs drivers to deliver meals. Frail older adults are not receiving much-needed nutrition due to a shortage of drivers. (Speaking Korean not required.) Email

VolunteerSolutions@FairfaxCounty.gov, call **703-324-5406**, TTY 711 or visit www.fairfaxcounty.gov/olderadults and click on Volunteer Solutions.

The **Gum Springs Senior Program** in **Alexandria** is looking for a **Line Dance Instructor**. For these and other volunteer opportunities, call **703-324-5406**, TTY 711 or visit www.fairfaxcounty.gov/olderadults and click on Volunteer Solutions.

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Area Students Receive Research Awards

This summer, pairs of University of Virginia student researchers will receive funding to examine local mentoring programs, women's health and ion channels in immune cells, among other projects.

The University has awarded 17 "Double 'Hoo" research awards, which fund pairings of undergraduate and graduate students collaborating on research projects. Each project is awarded up to \$6,000 toward research expenses, plus \$500 to compensate a faculty mentor. The research grants are funded through the strategic investment fund of the Cornerstone Plan, which captures many student, faculty and staff aspirations, organized around the theme of leadership.

The funding will allow some students to continue research they have already started. For others, it will be an opportunity to expand what they have been doing or to start something new.

"The Double 'Hoo Award fosters meaningful interactions between the University's undergraduate and graduate students," said Brian Cullaty, director of undergraduate research opportunities at UVA's Center for Undergraduate Excellence. "The graduate students gain valuable mentoring skills that will serve them well in their future careers, and the undergraduate students benefit from the learning that comes from serious scholarly inquiry."

"The relationships also provide an opportunity for the undergraduate students to learn more about the life of a graduate student and inform their decisions as they consider their own future education."

Archie Holmes, UVA's vice provost for educational innovation and interdisciplinary studies, thinks academic scholarship is one of the more exciting endeavors in which undergraduates can get involved at the University.

"Through research, scholarships or creative works, a student learns to collect and assimilate the information and knowledge needed to answer questions in their area of interest, think clearly through complex issues and present their findings in a clear manner," he said. "These are important skills that are invaluable in whatever students choose to do in their professional and personal lives."

This year's awardees include the following students from the area:

❖ Ani Chandrabhatla of Herndon, a first-year biomedical engineering major, and Angela Zeigler of Clemson, S.C., a fifth-year medical scientist training program student and third-year graduate student in the biomedical engineering program, who are looking to identify drugs that could have a therapeutic effect on heart failure after a heart attack.

❖ Emily Jane Cox of Fairfax, a second-year art history major with a French minor, and Elizabeth Doe of Concord, Mass., a third-year history of art and architecture doctoral student, who will focus on figural painting, formal portraiture and artistic exchanges in the Belle Époque, roughly 1870 to 1914.

❖ Dory DeWeese of Reston, a third-year chemistry major with a minor in astronomy, and Vlad Serbulea of Thousand Oaks, Calif., a fourth-year pharmacology graduate student, who will investigate oxidized phospholipids and their role as a major source of inflammation in adipose tissue cells, connected to diabetes.

❖ Lilian Roth of Vienna, a second-year global studies interdisciplinary major, and Lauren N. Haumesser of Walnut Creek, Calif., a doctoral candidate in history, who will explore the relationship between gender and politics in the 1856 election, with an eye toward instructive parallels to the election of 2016.

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WELLBEING

Mosquitos, Zika and a Healthy Summer

BY SENATOR TIM KAINE
U.S. SENATOR

As warm weather returns and the last days of school draw near, I'm sure that, like me, you're looking forward to spending a lot of time outdoors this summer. As you read troubling headlines from Latin America and other parts of the world about the Zika virus, I'm also sure you are concerned about how to keep yourself and your family safe.

Let's first understand the virus and the threat it poses to Virginia. According to the Centers for Disease Control and Prevention (CDC), the Zika virus spreads primarily through the bite of an infected Aedes mosquito, which is one of the types of mosquito present in Virginia during the summer months. According to the CDC, Texas, Florida and Hawaii are likely to be the U.S. states with the highest risk of experiencing local transmission of Zika virus by

mosquitoes, based on prior experience with similar viruses. However, additional states are assumed to be at some risk due to the presence of Aedes mosquitoes. While, as of May 11, there have been 15 cases of Zika virus among individuals traveling abroad and returning to the Commonwealth (or among family members and close contacts of such individuals), there have been no recorded cases of someone contracting the virus from a mosquito in Virginia. Furthermore, while I'm writing this, no one has been shown to have acquired the virus from a mosquito bite anywhere within the continental United States.

Most people infected with the Zika virus display no symptoms. Among those whose infections do develop into Zika virus disease, the illness is largely mild and marked by fever, rash, joint pain and/or red eyes for two to seven days. An infection usually does not lead to hospitalization, and death from Zika is extremely rare.

Zika virus spreads through bite of infected Aedes mosquito, a type present in Virginia in summer.

As you probably already know, though, the virus does pose significant risks to a fetus during pregnancy. The CDC and the World Health Organization (WHO) have both concluded that Zika infection during pregnancy is a cause of microcephaly and other severe fetal brain defects.

Because of the connection between Zika and birth defects and the rare health threats the virus can pose to infected individuals, it is important for us to prevent the spread of the disease now and minimize our own risk of infection.

On Thursday, May 19, the Senate voted to approve a bipartisan \$1.1 billion package to prevent transmission of the virus and treat infections. I also supported a larger \$1.9 billion package that provided more resources to the Department of State, the United States Agency for International Development (USAID), and the Department of Health and Human Services to address this crisis both at home and abroad. Combined with efforts already underway by the Virginia Department of Health (VDH) and many localities, this federal effort would ensure that a

robust public health initiative is in place to help control this pandemic.

With public health officials at each level of government working to combat this disease, we should consider our own role in preventing infection and stopping the potential spread of the virus. VDH recommends that Virginians follow the CDC's guidance for preventing Zika. By visiting www.cdc.gov/zika/prevention or www.ZikaVA.org, you can learn about what types of insect repellent are most effective at preventing mosquito bites and how bed nets, water treatment tabs, permethrin spray and condoms can help prevent the transmission of the disease in your home and outdoors. On www.ZikaVA.org, you can see the state Zika plan and other Virginia-specific information.

The CDC's site contains specific guidance for pregnant women (www.cdc.gov/zika/pregnancy), women and couples considering pregnancy (www.cdc.gov/zika/pregnancy/thinking-about-pregnancy) and parents (www.cdc.gov/zika/parents).

The Aedes mosquito does not fly

far from where it breeds. Therefore, it is important to prevent the population of mosquitoes from growing in and around your home. Make sure to use window and door screens; regularly clean, turn over, cover or throw out any indoor and outdoor items that hold water (e.g. tires, flower vases, toys, garbage bins); and use sprays or foggers to kill mosquitoes. For more information on where to look out for mosquitoes and what products to use in controlling them around your home, you can visit www.cdc.gov/zika/prevention/controlling-mosquitoes-at-home.

It's important to reiterate that there are currently no reported cases of mosquitoes transmitting the Zika virus in Virginia or anywhere else in the continental United States. While this fact offers us some reassurance, it also provides us with a clean slate and golden opportunity to prevent or lessen the severity of a large-scale outbreak in the coming months. With proactive and responsive steps from all levels of government and due care from each of us, we can take control of this public health threat and enjoy this summer to its fullest.



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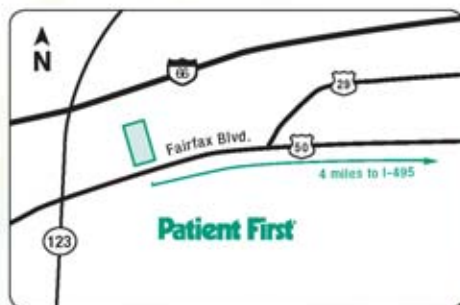
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WELLBEING

Staying Safe This Summer

Tips and precautions for avoiding warm-weather hazards.

BY MARILYN CAMPBELL
THE CONNECTION

The start of summer means pools and backyard grilling. It also means an increased risk of accidents and injuries. Local safety officials are offering safety tips during June, which is National Safety Month.

With warm weather come health threats posed by ticks and mosquitoes. In addition to the Zika virus, which is not currently a local threat, mosquitoes can carry the West Nile Virus, while ticks can spread Lyme disease.

Recommended defenses against these pests include using insect repellent to protect against mosquito bites and eliminating potential mosquito breeding sites like pools of standing water or heavily foliated spaces such as tall grass, where bugs often hide.

"We ... have to be prepared and be ready in the event that we get

local spread of [the Zika virus]," said Mary Anderson, a spokeswoman for Montgomery County. "The information on preventing bites and ridding your property of mosquitoes is good whether we have Zika or not."

Local county health departments, including Montgomery and Fairfax, have established websites with current information on the Zika virus. Anderson also recommends a Zika virus webpage, created by the Centers for Disease Control, which includes a map with updated information on areas where Zika is spreading: <http://www.cdc.gov/zika/index.html>

"We're taking the Zika virus seriously and preparing as though as though it could be a potential threat," said Kurt Larrick, spokesman for the Arlington County Department of Human Services.

In addition to insect bites, time spent outside in hot weather can lead to heat-induced illnesses like sunburns, heat rashes, heat ex-

haustion and heat stroke, and the elderly and very young children are at greatest risk. Health officials say that the best lines of defense include limiting sun exposure, especially between 10 a.m. and 4 p.m., the period considered the peak intensity hours. Wearing a hat and sunglasses that provide 97-100 percent protection against both UVA and UVB rays, and applying sunscreen even on cloudy days and reapplying it every two hours or after swimming or sweating are also advised.

"You want to dress lightly and intake a lot of fluid, but avoid alcohol and sugary, sweet drinks when you're in the heat," said Captain Troy Gibbs, a spokeswoman for the Alexandria Fire Department's Community Services Unit. "Staying hydrated by drinking a lot of water is your best bet."

Health officials recommend checking on elderly neighbors who don't have air conditioning and avoiding leaving pets, small children and older adults in small, enclosed spaces like cars, where conditions can turn deadly even after a short period of time in extreme heat.

Safety Tips

From the Centers for Disease Control

Water Safety

- ❖ Learn how to prevent recreational water illnesses (RWI)

- ❖ Always supervise children when in or around water.

- ❖ Teach kids to swim.

- ❖ Learn CPR

- ❖ Install a four-sided fence around home pools.

Boating Safety

- ❖ Wear a properly fitted life jacket every time you and your loved ones are on the water

Heat Safety

- ❖ Never leave infants, children, or pets in a parked car, even if the windows are cracked open.

- ❖ Dress in loose, lightweight, light-colored clothing.

- ❖ Schedule outdoor activities carefully, for morning and evening hours.

- ❖ Stay cool with cool showers or baths.

- ❖ Seek medical care immediate if you or your child has symptoms of heat-related illnesses

Sun Safety

- ❖ Cover up. Clothing that covers your

and your child's skin helps protect against UV rays.

- ❖ Use sunscreen with at least SPF (sun protection factor) 15 and UVA (ultraviolet A) and UVB (ultraviolet B) protection every time you and your child go outside.

Protection from Mosquitoes and Ticks

- ❖ Use an effective insect repellent when spending time outdoors.

- ❖ Make your backyard a tick-safe zone.

- ❖ Check yourself and your children for ticks.

Prevent Injuries

- ❖ Check to make sure that the surfaces under playground equipment are safe, soft, and well-maintained.

- ❖ Supervise young children at all times around fall hazards, such as stairs and playground equipment.

- ❖ Use stair gates, which can help keep a busy, active child from taking a dangerous tumble.

- ❖ Learn concussion signs and symptoms and what to do if a concussion occurs.

- ❖ Make sure kids and teens wear the right protective equipment for their sport or recreation activity.

Local county facilities, including libraries and community centers, are air conditioned and open to the public. Know the warning signs that it's time to get out of the heat, says Gibbs.

"If they stop sweating, that can be a bad sign," she said. "Profuse sweating can be an indicator that the body is trying to compensate, but if a person stops sweating totally, that is usually not a good sign." While spending time at the pool is a popular cooling method

during hot weather, residents should be aware of the potential threat of recreational water illnesses (RWI). Taking a shower with soap and checking the diapers of small children frequently can help keep germs that lead to RWI out of pool water.

"We take safety seriously all the way across the board from pools to barbecuing to riding bikes and even walking," said Larrick.

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NEWS



After June's kickoff, Metro repairs are scheduled to last until March 2017, WMATA representative Jack Requa (center) told members of the Fairfax County Board of Supervisors Transportation Committee in a May 24 meeting.



Fairfax County Board of Supervisors Chairman Sharon Bulova called the maintenance situation that brought about Safe Track "unfortunate" but supports the effort as "the right thing to do."



Fairfax County Department of Transportation Director Tom Biesiadny encouraged people to look into carpooling and ride-sharing as much as possible during Safe Track maintenance shutdown surges.

PHOTOS BY TIM PETERSON/THE CONNECTION

Bracing for Shutdown Surges in Face of Metro Crisis

Fairfax County shares plan for mitigating effects of Safe Track maintenance.

BY TIM PETERSON
THE CONNECTION

If you use Metrorail from Vienna or Reston or Tysons, be on notice: the Orange and Silver lines will be the first affected.

Beginning June 1, the Washington Area Metropolitan Transit Authority (WMATA) will initiate the first of 15 "surges" of rail system shutdowns for maintenance, as part of its robust "Safe Track" effort.

Safe Track is advertised as condensing three years of work down to about one.

The severe timetable comes following a series of maintenance incidents, including cars filling with smoke and fireballs sparking inside underground stations.

"It's unfortunate," said Fairfax County Board of Supervisors Chairman Sharon Bulova, that the rail system has arrived at this point

"without what should have been plans for investment, replacement."

"That should've happened," Bulova continued.

Regardless, the chairman said she's supportive of Safe Track and that it's "the right thing to do."

After June's kickoff, the repairs are scheduled to last until March 2017, WMATA representative Jack Requa told members of the Fairfax County Board of Supervisors Transportation Committee in a

May 24 meeting.

The first surge from June 4 to 16 will cause the Orange and Silver lines to run on continuous single-track status from East Falls Church to Ballston. To supplement the slowed service, WMATA is offering limited Metrobus shuttles.

For other surges, there will be supplemental service from Fairfax Connector buses.

In addition to the alternate public transit options, Bulova and

Fairfax County Department of Transportation Director Tom Biesiadny also encouraged people to look into carpooling and ride-sharing as much as possible during the surges.

Bulova also said she's sent a letter to employers around the Fairfax County encouraging them to be more flexible with employees looking to telework.

"We're not crying over spilled milk here," she said. "Right now

we have a crisis. We have to make sure we're flexible. People are resilient; we'll find a way to get through this."

Fairfax County has launched a website listing the dates and details of the surges, along with suggestions for alternate transit. The website address is www.fairfaxcounty.gov/fcdot/safetrack.

Operators with the same information are available by phone at 703-339-7200.

June 4-16 Disruption

❖ Orange Line trains between Vienna and Ballston will operate every 18 minutes

❖ Additional Orange Line trains will operate between Ballston and New Carrollton only

❖ Silver Line trains will operate every 18 minutes

❖ At 10 p.m. all trains will operate every 20 minutes

❖ Metro closes at midnight seven days a week for the duration of all safety work

During most safety surges, Fairfax Connector will provide supplemental express service on existing routes or on rush-hour shuttles.

For surge #1:

❖ Supplemental trips in the Dulles/I-66 corridor on express Route 599 from Reston to Pentagon.

❖ Express rush-hour shuttle service from Vienna Metrorail Station via I-66 to Pentagon.

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CALENDAR

Send announcements to connectionnewspapers.com/Calendar/. Deadline is Friday at noon for the following week's paper. Photos/artwork encouraged.

ONGOING

"Floyd Collins." June 2-26. 1st Stage, 1524 Spring Hill Road, Tysons Corner. The caves of the Appalachian Mountains were largely unexplored and filled with mystery when Floyd Collins, an already notable cave explorer, sought to generate more tourist activity at his family's cave. \$31/\$35/\$15. 1ststagetysons.org. 703-854-1856.

Krop's Crops Flea Market. 9 a.m.-3 p.m. Second and fourth Saturdays from May to August. 11110 Georgetown Pike, Great Falls. Shop for vintage, antique and used items. Or sell you treasures. kropsfleamarket@gmail.com.

Meadowlark Magic at Meadowlark Botanical Gardens. May 2-Through June 20. 9750 Meadowlark Gardens Court, Vienna. Vienna Arts Society members exhibit their work. 703-255-3631.

Time Traveler Tuesdays. 4:30 p.m. March 29-June 7. Colvin Run Mill, 10017 Colvin Run Road, Great Falls. This weekly series will take participants on an interactive journey through time, focusing on a different period in Virginia history each week. Register at <http://www.fairfaxcounty.gov/parks/colvinrunmill/events.htm>.

Weekly Storytime. Wednesday and Saturday. 11 a.m. Barnes & Noble, 7851 L Tysons Corner Center, McLean. Themes and Titles vary. Free admission.

Gentle Yoga. Thursdays, 6:30 p.m. Emmaus United Church of Christ, 900 E Maple Ave. E, Vienna. Saturdays, 9:30 a.m. Unitarian Universalist Congregation of Fairfax, 2709 Hunter Mill Road, Oakton. Gentle Kundalini Yoga, one free introductory session, senior discounts. Increase your flexibility, improve your breathing and health, reduce your stress. Ravi Kaur has 15 years experience teaching yoga. \$15 per session. www.edimprovement.org. 571-213-3192.

Tai Chi Beginners' Practice. Saturdays, 8-9 a.m. St. Luke's Catholic School Gymnasium, 7005 Georgetown Pike, McLean. Weekly Tai Chi practice. Group has met for over 20 years. Free. FreeTaiChi.org. 703-759-9141.

THURSDAY/JUNE 2

Rain Follows the Plow. 9 p.m. Jammin Java, 227 Maple Ave. E., Vienna. Folk Opera about the Dust Bowl. jamminjava.com.

THURSDAY-FRIDAY/JUNE 2-3

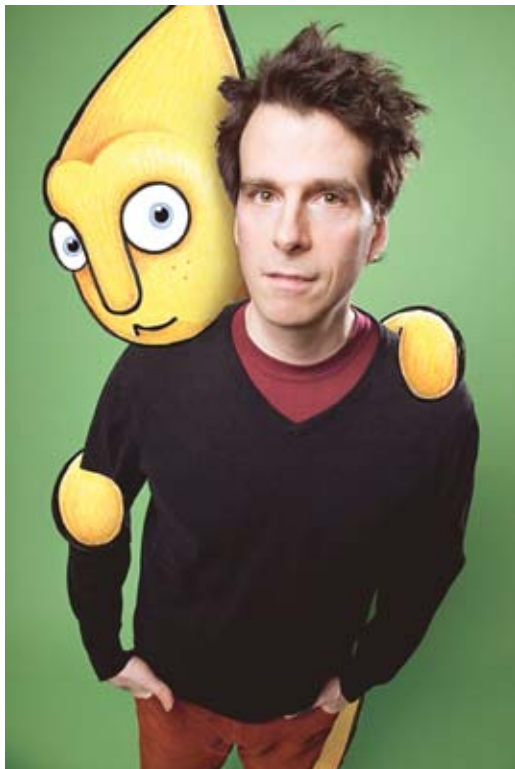
Langley High School Concert. 7-9 p.m. Langley High School Auditorium, 6520 Georgetown Pike, McLean. It's a Grand Night for Singing on Broadway. Hear Langley High School's award-winning chorus sing favorites from hit shows. Free. Suggested donations. tjmarzol@cox.net.

FRIDAY/JUNE 3

SpringFest Opening. 6-9 p.m. Great Falls Village Green, corner of Walker Road and Georgetown Pike. greatfallsstudios.com.

FRIDAY-SUNDAY/JUNE 3-5

Great Falls SpringFest. Great Falls Village Green. behind the shops at Walker Road and Georgetown Pike. For updated information on time, events and performers, go to www.GreatFallsStudios.com.



Gustafer Yellowgold shines at The Alden in McLean on June 12.

SATURDAY/JUNE 4

Cactus/Succulent Sale. 10 a.m.-2 p.m. Meadowlark Botanical Gardens, 9750 Meadowlark Gardens Court, Vienna. Hosted by the National Capital Cactus and Succulent Society, will be held in front of the Meadowlark Visitor Center. Cash only sale. novaparks.com.

Community Flea Market. 8 a.m.-1 p.m. Oakton Church of the Brethren, 10025 Courthouse Road, Vienna. Flea market with food and bake sale. Sales space available, \$15, for advanced reservation. oaktonbrethren.org. 703-281-4411.

Spring Fair. 10 a.m.-2 p.m. Pleasant Grove, 8641 Lewinsville Road, McLean. Includes plant sale, "attic treasures" quality yard sale and antiques, homemade bake sale, food, crafts, and artisan made quilts. All proceeds are donated to Pleasant Grove. For information, see www.HistoricPleasantGrove.org.

Summer Reading Triathlon Opening. 11 a.m. Barnes and Noble Tysons Corner Center, 7851 L Tysons Corner Center, McLean. Young readers can vote for their favorite heroes and places from a selection of contenders curated by booksellers and enjoy other fun activities. Voting runs through August 21. 703-506-2937.

SUNDAY/JUNE 5

Israel Fest 2016. Noon-4 p.m. Lerner Town Square at Tysons II. Join the community in celebrating Israel's 68th year of independence! Engaging events and interactive activities will run throughout the afternoon. jccnv.org/Israel-fest.

Mosaic Mural Unveiling. 4 p.m. Lutheran Church of the Redeemer, 1545 Chain Bridge Road, McLean. Public invited. bjdonne@yahoo.com.

Choral Evensong with Festive Reception. 4-5 p.m. Church of the Holy Comforter, 543 Beulah Road NE, Vienna. Music will include works by Parry, Sumsion, Vaughan Williams, Kelley, and Bach. David Kelley at dkelley@holycomforter.com.

Biking for Peace Meet and Greet. 7 p.m. Oakton Church of the Brethren, 10025 Courthouse Road, Vienna. Hear Michael Himlie and David Jones discuss their adventure and work with Christian Peacemaker teams. oaktonbrethren.org.

MONDAY/JUNE 6

Annual Charity Golf Tournament. Starts at 6:45 a.m. Hidden Creek Country Club, 1711 Club House Road, Reston. The tournament includes a 4 person scramble, lunch

or dinner and awards. Receptions follow both the morning and afternoon shotguns. Lots of prizes and lots of fun. Proceeds benefit our three local elementary schools. www.celebrategreatfalls.org.

Joan Shelley. 7:30 p.m. Jammin Java, 227 Maple Ave. E, Vienna. Folk, pastoral music. \$15. jamminjava.com.

TUESDAY/JUNE 7

A Walk in the Garden. 1-5 p.m. Atrium Building, 9750 Meadowlark Gardens Court, Vienna. A standard flower show. Free. lmc323@aol.com.

Buster Keaton's "The Cameraman." 7:30 p.m. McLean Community Center, 1234 Ingleside Ave., McLean. Keaton gets himself into ridiculous situations in an attempt to win over a girl, and his hijinks are so timeless that "The Cameraman" has a Rotten Tomatoes score of 100 percent. Hosted by film historian Bruce Lawton with live musical accompaniment by composer Ben Model. \$12/\$8. mcleancenter.org.

THURSDAY/JUNE 9

Write On Into Summer. 10 a.m.-noon. Dunn Loring Center for Parent Services, 2334 Gallows Road, Dunn Loring. Workshop for ideas on how to encourage children to write over the summer months. Register at 703-204-3941.

FRIDAY/JUNE 10

Summer Kick-Off Party. 7-9 p.m. The Old Firehouse, 1440 Chain Bridge Road, McLean. A disc jockey keeps the fun alive with great music while the game room is open for ping-pong, pool and other arcade games. This event will be supervised by Old Firehouse staff members. Parents/guardians (age 18 or older) must come into the center to pick up their children by 9 p.m. \$35/\$25. mcleancenter.org.

FRIDAY-SUNDAY/JUNE 10-12

B-Fest Teen Book Festival. Barnes and Noble Tysons Corner Center, 7851 L Tysons Corner Center, McLean. Featuring author events, writing workshops, panel discussion at noon on Saturday with popular local YA authors Kate Hattermer, Jessica Spotswood and Lisa Maxwell moderated by Lenore Appelhans and more activities. bn.com/B-fest.

SATURDAY/JUNE 11

Princess Garden Party. Noon-2 p.m.



PHOTO COURTESY OF SCOV

The Shepherd's Center of Oakton-Vienna will be presenting their next "Lunch n' Life" event on Monday, June 13 from noon-2 p.m. at Emmanuel Lutheran Church, 2589 Chain Bridge Road, Vienna. \$10 per person. Lunch n' Life includes lunch and dessert plus a choral performance by the Washington Sangerbund Singing Society, the premier German language choral group in the area. For more information, call 703-281-00538. Reservation and prepayment required by Monday June 6, 2016.

Shepherd's Center of Oakton-Vienna to Host Lunch n' Life Event

Shepherd's Center of Oakton-Vienna (SCOV) will host their next 2016 Lunch n' Life event on June 13. It will include lunch and dessert, plus a choral performance by the Washington Sangerbund Singing Society, the premier German language choral group in the area.

Everyone is welcome. A free blood pressure screening begins at 11 a.m. Lunch served at noon followed by performance. Cost is \$10 per person. Registration and payment is due by June 6. Visit <http://scov.org> or call the office at 703-281-0538 for more information, to register and confirm space availability.

The Washington Sangerbund is a German choral society founded in 1851 in Washington, D.C. About 50 active singers make up the mixed chorus, which forwards a tradition of preserving German music and German culture in the Washington Metropolitan Area with numerous concerts and musical performances during the year.

Founded in 1997, the Shepherd's Center of Oakton-Vienna is a volunteer-based nonprofit organization dedicated to providing opportuni-

ties for adults (50+) to seek rewarding lives and to live independently in their homes for as long as possible. As the country's population is living longer and oftentimes isolated from family support, "aging in place" becomes a challenge. The concept of "Seniors Helping Seniors" truly defines the spirit and purpose of the Shepherd's Center of Oakton-Vienna. Their personal enrichment and volunteer opportunities reach more than 3,000 older adults (50+) in the region.

Each year more than 250 volunteers at SCOV serve as medical drivers, companion drivers, friendly callers and visitors, health and wellness educators, office assistants, fundraisers, and grant writers. Volunteers also run programs such as SCOV's Lunch n' Life, Adventures in Learning, trips and outings, special events, and the caregivers' support group.

To volunteer, donate or learn more about how you can help, visit their website at www.scov.org or contact Michelle Scott, executive director at 703-281-5088, director@scov.org.

Meadowlark Botanical Gardens, 9750 Meadowlark Gardens Court, Vienna. Music, dancing games, lunch, crafts, face painting and portrait. Ages 4 to 8. \$29. Register at NOVAparks.com.
ETAP's Spring Show. 8-10 p.m. Richard J. Ernst Community Cultural Center, 8333 Little River Turnpike, Annandale. Enjoy an evening of exciting entertainment, Broadway Style. This All Dance Revue features some of ETAP's most iconic numbers

from the past 20 years, and many new ones as well. All ages. \$19-\$23. Encore-tap.org.
"Animal Kingdom" Pet Rescue and Adoption. 10 a.m.-4 p.m. Vienna Art Center, 115 Pleasant St., Nw, Vienna. Artists will offer pet related art, and invite owners to bring their pets to pose for original caricatures and portraits. ViennaArtsSociety.org. 703-319-3971.

News

Tyson's' 1st Stage Wins Major Honor

Lolita Marie received the Helen Hayes Award for Outstanding Supporting Actress in a Play.

BY DAVID SIEGEL
THE CONNECTION

1st Stage was recognized at the Helen Hayes Awards on Monday evening, May 23, at Washington, D.C.'s historic Lincoln Theater. Lolita Marie received the Helen Hayes Award for Outstanding Supporting Actress in a Play for her role in the 1st Stage production "Doubt, A Parable."

Named for the legendary First Lady of the American Theater, the Helen Hayes Awards recognize professional theater excellence in the D.C. metropolitan area. Over 200 productions from more than 90 professional theaters across the Washington area, including Northern Virginia, were judged.

"We are so proud that Lolita Marie was recognized for her extraordinary work in 'Doubt, a Parable,'" said Alex Levy, 1st Stage artistic director. "She is a rare talent that is able to embody ferocity and tenderness in the same moment. She is fully dedicated to her craft and



PHOTO BY TERESA CASTRACANE/
COURTESY OF 1ST STAGE

Lolita Marie as Ms. Muller in "Doubt, a Parable" at 1st Stage in Tysons Corner.

to her art and helps us to fulfill our mission to bring world-class theater to Fairfax County."

"I am truly honored to be awarded Outstanding Supporting Actress in a Play for my role as Mrs. Muller in 'Doubt, a Parable,' at 1st Stage." In her performance as Mrs. Muller, Lolita Marie is the mother of a son she deeply loves and stands up for, even as others cast serious doubts about him. "Doubt, A Parable" won the 2005 Pulitzer Prize for Best Drama and Tony Award for Best Play.

In her Helen Hayes acceptance remarks Marie spoke of "appreciating people who choose to be parents, understanding that it is an imperfect endeavor, and who, day after day, try to get it right, like Mrs. Muller."

1st Stage performs at 1524 Spring Hill Road, Tysons, near the Spring Hill stop on Metro's Silver

Line. More Information about 1st Stage is at www.1stStageTysons.org

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SPECIAL CONNECTIONS CALENDAR

Advertising Deadlines are the previous Thursday unless noted.

JUNE

6/15/2016....A+ Graduations & Summer Learning

6/15/2016.....Father's Day Dining & Gifts
Father's Day is June 19

6/29/2016.....Connection Families

JULY

7/6/2016.....Wellbeing

7/13/2016.....HomeLifeStyle

7/20/2016.....A+ Camps & Schools

7/27/2016.....Connection Families: Our Pets

AUGUST

8/3/2016.....Wellbeing

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SPORTS



PHOTOS BY CRAIG STERBUTZEL/THE CONNECTION

Oakton's Alex Marquis scored the only goal during the Cougars' 1-0 win over Madison on May 26.



Oakton players (from left) Caitlin Violet, Alex Marquis and Alana Moore celebrate during the Cougars' 6A North quarterfinal game against Madison on May 26.

Oakton Girls' Soccer Advances to Region Semifinals

Marquis' goal leads Cougars to win over Madison.

BY AARON LUNDMARK
THE CONNECTION

With a chance to avenge an early-season loss, the Oakton girls' soccer team was looking for revenge against the Madison Warhawks on May 26.

Oakton senior Alex Marquis exacted that revenge, as she headed a perfect cross from teammate Anya Heijst in just the seventh minute to give the Cougars all the room they needed as they defeated the Warhawks 1-0

to move onto the regional semifinals.

"I think we've progressed nicely throughout the season," said Oakton head coach Kasey Davenport. "They beat us the first game of the year, we were still figuring things out but today we did a good job of executing when we needed to."

Oakton was able to control the pace nearly the entire game. The only goal happened after a steal by Heijst in the attacking zone which led to her cross right to the head of Marquis. After that goal, the defense and senior goalkeeper Sam Weaver took over.

"The defense was great," said Davenport. "[Weaver] came up with big saves when we needed them and they all kept their composure down the stretch which was huge."

Chances were slim for Madison early in

the first half, but a couple of great saves by Weaver were key, including saves in the 12th and 18th minutes. The game was physical, as fouls were called often and a yellow card was issued to Oakton's Caitlin Violet in the 35th minute.

Madison couldn't put together any offensive pressure until the last 10 minutes of the game. When asked about the difference from the first meeting, Madison head coach Devon Dowell didn't think there was much of a difference.

"I think it was just two great teams going at it tonight," she said. "It was the heart in the beginning and the heart in the end. I think there were some different formations but I don't think that was anything we didn't expect."

Madison got great chances from Hannah

Ravesteijn and Faith Lee down the stretch but Weaver was up to the task. The final game clincher was a save made by Weaver in stoppage time on a rocket off the foot of Julia Leas, which Weaver was able to tip just above the crossbar.

"I thought we had some great shots on goal and a lot of good attempts," said Dowell. "They have a good goalkeeper in [Weaver] but I thought we played well enough on our part we just couldn't put it away."

Oakton (16-1-1) will move on to host T.C. Williams at 7 p.m. on Wednesday, May 1 in the regional semifinals.

"All season we've just been taking it one game at a time and we just go game by game," said Davenport. "We just have to make sure we take care of what we have to when it's time."

Unbeaten No More: W-L Boys' Soccer Tops Oakton

Generals advance to region semifinals with win over Cougars.

BY AARON LUNDMARK
THE CONNECTION

With a trip to the region semifinals on the line, the undefeated Oakton boys' soccer team came in looking to remain hot. Washington-Lee had other ideas.

A big-time second half goal from Generals senior midfielder Benhur Gebretnsaie at the 65-minute mark propelled them to a 2-1 victory over the Cougars on May 26 at Oakton High School.

The Washington-Lee senior wasn't concerned with Oakton's undefeated record after the game.

"Before the game, coach [Jimmy Carrasquillo] was telling us, make sure this isn't our last game," said Gebretnsaie. "We started a new formation today and I think it worked the entire game."

That new formation was successful, as

early on the Generals were applying all the pressure. The attack was headed by forward Maycol Nunez, along with the Virginia Gatorade player of the year Lucas Mendes.

"They're just dynamic," said Washington-Lee assistant head coach Christopher Daggett-Rowzee. "They make things happen and their skill level is amazing, so they create chances for everybody. When they can take on people and make the defense move a little bit more than they want, it gives opportunities for anyone that's in the box."

The game consisted of great play from both Cougars goalkeeper Jonny Silver and Generals goalkeeper Julian Esquer-Perez, keeping the game scoreless in the first half. After that, the Generals were able to open up the scoring when a corner kick from Harrison Ramos twas headed in by senior defenseman Noah Goodkind, who jumped up on the play at minute 57 to make the score 1-0.

Then, just eight minutes later, Gebretnsaie capitalized on a deflected ball after a shot from Mendes to pad the lead to 2-0 in favor of Washington-Lee.

For the Cougars, head coach Todd Spitalny thought they had great chances to



PHOTOS BY CRAIG STERBUTZEL/THE CONNECTION

Maycol Nunez and the Washington-Lee boys' soccer team will host Langley on June 1 in the 6A North region semifinals.

put the ball in the net.

"We had some very good chances to put away and we just didn't," said Spitalny. "The issue is both of their goals came from us trying to do something we shouldn't have done. A simple trap and a play, and we're out of it. Instead, an unnecessary trap, they counter back and score."

Oakton did have plenty of chances to get on the board in the second half. A tremendous chance was put wide by Trey Lodge, which was followed by another Cougar chance which was knocked wide again by

midfielder Carson Khadka.

Despite the loss, Spitalny gave credit to Carrasquillo's Generals.

"They're a great team, we knew that coming in," said Spitalny. "You have to protect yourself on the backend, and unfortunately, we ran out of legs toward the end."

A couple of injuries did leave the Cougars shorthanded down the stretch, as a couple of players had to play with lingering injuries in the game including Nick Carrigan and Tyler Morgan.

Oakton was able to add a goal by Morgan at the 79th minute. Oakton finished with a record of 15-1-1 to end a great season.

"The loss doesn't define us," Spitalny told his team after the game. "The family doesn't end with the final whistle, we still fight together and we still play together. Tonight, we just came up short."

As for Washington-Lee (14-1-2), the Generals will host Langley a t6 p.m. on June 1 in the semifinals after the Saxons defeated Lake Braddock.

"We just have to come in with this same attitude next week," said Gebretnsaie. "This was probably our toughest matchup all year and next week will be just as tough."



PHOTO CONTRIBUTED

Dominick Giovanniello

Madison High Graduate, Arabic Major Nets Boren Scholarship

University of Virginia student Dominick Giovanniello will study Arabic for a year in Amman, Jordan, thanks to a Boren Scholarship, and in exchange, will devote time to government service.

Giovanniello, a second-year student double-majoring in Arabic and global security and justice, with a minor in French, will receive \$20,000 for a year to study Arabic with CET Academic Programs in Amman.

"I am excited to be able to study overseas and cannot wait to do so," Giovanniello said. "I want to spend the entirety of next year studying Arabic in Jordan, and the Boren award will make that possible. I also want to work for the government and the service component seemed like a natural fit."

Giovanniello likes languages, particularly Arabic, and hopes to work on conflict resolution and political development in the Middle East.

"Study abroad is critically important in developing students able to thrive in the world ahead," said Jeffrey W. Legro, vice provost for global affairs and Taylor Professor of Politics. "Even better if they can immerse themselves in the language and society of a different culture for a semester or a year. Dominick's success with the Boren Scholarship provides an opportunity to dig deep into how others think and act – the type of understanding that will serve him and the United States well."

Mohammed Sawaie, a professor in the Department of Middle Eastern and South Asian Languages and Cultures, has taught

Giovanniello in two courses.

"Dom is deeply committed to the study of the language and aspires to have a good mastery of it, which he sees as a prerequisite for his future career in diplomacy in the Middle East," Sawaie said. "He is hard-working, serious, intelligent and inquisitive. He speaks the language at a good level; his writing is almost error-free."

A 2014 graduate of James Madison High School in Vienna and an Echols Scholar, Giovanniello is a volunteer at Madison House and a research assistant at the UVA Initiative for Religion, Politics and Conflict.

"Receiving the prestigious Boren Scholarship is a testament to Dominick's commitment to the Arabic language, both in and out of the classroom," said Stacey Hansen, senior education abroad adviser and operations coordinator in the International Studies Office. "Studying abroad for the academic year will undoubtedly help him bolster his language abilities and develop skills to navigate a different culture with its implicit values and norms – the types of cultural skills and knowledge that employers look for."

The Boren Scholarships, an initiative of the National Security Education Program, provide funding opportunities for U.S. undergraduate students to study less-commonly taught languages in world regions that are critical to U.S. interests, but underrepresented in study abroad, including Africa, Asia, Central and Eastern Europe, Latin America and the Middle East.



Joel Choi and Melissa Hish: They served together on the Fairfax County's Youth Advisory Committee where Melissa observed Joel's "great leadership skills and follow through."

PHOTO BY
JOAN BRADY/
THE CONNECTION

Joel's Story

FROM PAGE 6

breaks. With no place to go, Joel turned to Lesley, with whom he has remained in touch. Leslie said she did not hesitate to take him in. "I wanted him to know that even though he was 18, he could always count on me. No one is really an adult at 18, and I wanted him to know he had support," she said.

And Lesley hasn't just provided a place for Joel to crash on breaks. He acknowledges that he doesn't know what he would do without Lesley, "She gives great feedback. She is always there. No matter how stressed she is, she is willing to drop everything. She is always smiling and ready to help."

Joel keeps close track of his income and expenses, but with just a net positive of \$50 each month, after expenses and \$100 to savings, more than one day of work missed or one unexpected expense can derail his budget and eat through his meager savings quickly.

Last fall he needed a tonsillectomy, it was fortunately covered by his Medicaid insurance (available to foster care alumni until they are 26), but it meant he couldn't work for two weeks. Joel said he hates having to ask for money, but when he has needed a bridge loan, he is thankful that he has Lesley to step into the breach.

Melissa Hish and Joel served together on the Fairfax County's Youth Advisory Committee, through the Fairfax County Department of Family Services. That was where Melissa observed how Joel quietly watched for young members of the committee who were uncomfortable and figured out how to draw them in. Melissa said she saw, "great leadership skills and follow through."

Melissa appreciates the support she got from her own parent. Her father was able to introduce her to people in her chosen field to help her get her foot in the door. "I had to work hard and prove myself once I was at the table, but he made sure I actually got a seat at the table," said Melissa. She has seen that kids who grow up in foster care don't have the same support she did and decided, "[If] I had an opportunity to provide a seat at the table for someone else I should do so."

After Joel graduated from James Madison high school in 2014, she suggested he contact her in January to talk about an internship at Wells and Associates in Tyson's, where she is an executive vice president. Joel's goal is to become a CPA and while Wells isn't an accounting firm, Hish's department includes finance.

To Get Involved

If you are interested in making a difference for a child in foster care:

Main site for foster care - <http://www.fairfaxcounty.gov/dfs/childrencyouth/fca.htm>

FairfaxFamilies4Kids - <http://www.fairfaxcounty.gov/dfs/fairfaxfamilies4kids.htm>

BeFriend-a-Child: <http://www.fairfaxcounty.gov/dfs/childrencyouth/befriendachild.htm>

Foster Care 2 Success: <http://www.fc2success.org/>

PicMe Project: <http://www.mwcog.org/services/human/picmeproject.asp>

Nationwide, four years after aging out of foster care, 25 percent have been homeless and more than 80 percent are unable to support themselves, according to an Association of Small Foundations/Annie E. Casey report.

THE SUMMER OF 2015, Joel was a full-time, paid intern at Wells & Associates, working directly for Melissa (Missy) Jackson. Missy was very impressed by Joel's, "dedication to his job, willingness to learn and fascination with all aspects of the department." Last week, having completed his sophomore year of college, Joel is was once again back at work at Wells.

Joel truly appreciates the opportunity that Melissa and Missy have given him, "The best things about working at Wells are the hands on experience, the people and the environment of the workplace." And he values "getting used to office hours and working in a cubicle" as part of his work experience. Joel is thrilled to have returned for the summer of 2016, "Because this is my second year, I understand a lot more of what I'm asked to do and that's definitely something I don't take for granted."

Throughout, Lesley has been Joel's constant. Joel said that he and Lesley's foster daughter are very close. When they first met, Lesley's foster daughter said that she quickly realized how important Joel was to Lesley. She describes what it was like to get to know Joel, "It didn't feel comfortable, it felt cozy."

The laughing 15-year-old explains their relationship, "We like to compete. About everything. He always helps me with homework or something I might be struggling with. He's a great kid. Well... almost adult." Hearing that, Joel pipes in, "I'm an adult already!" These two are truly siblings.

It's clear how proud Lesley is of Joel, who appears on her Christmas card each year and whose family loves him as much as she does. "Joel has so much talent, spirit and resilience. I'm just helping. He is architecting his own path." she said.

Joel anticipates that things won't change much between them going forward, "I see us being just as close. I don't know where I'll be living. But I see her as a mom. So 20 years from now? She will still be my mom."

Just a Regular Guy, Hopefully



By KENNETH B. LOURIE

As a long-time cancer patient (seven-plus years), I have heard much cancer talk. I have not read nearly as much, as I was advised early on by my primary care physician to try and refrain from going online too often to research my condition/treatment because the information provided can sometimes be misleading; given my own unique set of medical circumstances, it might not pertain to me, exactly. Mostly I have followed his suggestion. One time, I remember, I couldn't resist and "Googled" my chemotherapy drug. Nine to 12 months was the prognosis. I've lived three-plus years ever since. And though I certainly understand and appreciate the relevance and availability of the "information super-highway," I have, generally speaking, tempered my enthusiasm for such investigative pursuits.

However, as much as I've followed my doctor's advice, I have not been a total blockhead. And one of the concerns I've come to believe is, that with many cancer patients, it's not the actual cancer that kills them but rather the collateral damage the treatment causes to other vital organs, systems, areas of the body, etc. As a matter of fact, I'm living proof, sort of. Presumably, because of seven-plus years of chemotherapy, I have irreparable kidney damage and some unspecified liver damage. Accordingly, every four weeks when I go in for my pre-chemotherapy lab work, my levels of creatinine (kidney) and bilirubin (liver) are measured (among many others) to determine if my treatment can proceed or if waiting a week for a retest would be more prudent. At some point, I think (fear) that I'll have to stop treatment because the damage to certain major organs (as indicated by the levels of bilirubin and creatinine) will pose such a risk/complication that continuing the previous/current course of treatment would be irresponsible (heck, maybe even malpractice, for all I know). The cancer, then untreated, could potentially cause further life-threatening problems. Consequently, I'm always mindful of, and sensitive to, changes/deficiencies I'm experiencing that might indicate a bodily function is no longer working properly: "collateral damage."

Recently, I've had such an occurrence. It's nothing major, so far as I know, and I certainly don't have any supporting lab work to corroborate anything since I'm between infusions, but I've had some difficulty eliminating. Now I don't know if this is a function of age, something I ate and/or drank, something I didn't eat and/or didn't drink or fearfully the cancer doing what it often inevitably and destructively does, but it's atypical, and from what little I've learned over these years, new problems/conditions are noteworthy, generally. As such, this past weekend has been particularly challenging, emotionally as well as physically, not to go to a bad place when you're not able to go all. I wish I could take it all in stride, but left to my own thoughts and chronic discomfort, I find it difficult not to wonder if I have crossed some sort of Rubicon and moreover, worry that the amazing good fortune I've experienced since being diagnosed in late February, 2009, has finally begun to give way to reality. Perhaps, I just need to remember what my Auntie Irene used to say: "This too shall pass," and think ahead, not behind.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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Capital Restaurant Concepts Ltd. trading as Ovations, 1551 Trap Rd, Vienna, VA 22182. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Wine and Beer On Premises and Mixed Beverage license to sell or manufacture alcoholic beverages. Thomas Gregg, CEO

NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200.

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PEOPLE

Potomac School Senior Places Third at National Science Symposium

Spencer Perkins, a senior in The Potomac School's Science and Engineering Research Center (SERC) program, earned third place in the chemistry category at the 54th National Junior Science and Humanities Symposium, held in Dayton, Ohio, April 27-30.

For more than two years, Perkins has been conducting an independent, college-level research project in conjunction with Potomac faculty and outside experts. His work focuses on the development of a new coating for nanowires used in photoelectrochemical fuel cells (solar cells that produce electrical energy and generate clean water in the process of electrolysis). His approach, which helps to stabilize the nanowires and maintain efficiency of the cells, has the potential to greatly reduce the overall cost of solar energy systems.

Perkins progressed to the national competition after winning first place at the regional Junior Science and Humanities Symposium, held at Georgetown University in March. In recognition of his third-place finish at the national level, he received a \$4,000 scholarship from the U.S. Department of Defense. He plans to attend Duke University in the fall.

Two other Potomac School seniors, Madeline Dubelier and Matt Spencer, also presented their independent research projects at the National Junior Science and Humanities Symposium, after being awarded third and fourth place respectively at the regional finals.

Earlier this year, Dubelier and fellow Potomac School senior Gianmarco Terrones were named semifinalists in the 2016 Intel Science Talent Search for their independent research. Dubelier developed a robotic arm that enables the user to form a pinch grip, while Terrones' project focused on desalination. In addition, senior Matt Spencer was selected as a semifinalist in the Siemens Competition in Science, Math, and Technol-



PHOTO CONTRIBUTED

Potomac School senior Spencer Perkins

ogy in fall 2015, for his research on bioremediation of plastic waste.

Potomac School science teacher and SERC program advisor Dr. Isabelle Cohen notes, "I am proud of the hard work and professionalism these students have displayed in connection with their research. The honors and accolades that they have received this year are well deserved."

Now in its sixth year, the SERC program is one of three selective advanced programs offered by

Potomac's Upper School. (The other two are the Visual and Performing Arts Concentration and the Global Perspectives and Citizenship Program.) SERC was created to give students opportunities to do long-term independent research, work in a professional lab, and stretch their minds. "The program is for students who want to take on some open questions and do more than just coursework," says Douglas Cobb, chair of the Upper School Science Department.

After taking biology as freshmen, students enter SERC as sophomores, taking two courses – one in accelerated physics and chemistry, the other focused on developing the experimental design for their research proposal. They also secure a mentor in the wider scientific community – an expert in their field of interest who will assist with their research and provide equipment, materials or lab space.

BULLETIN BOARD

To have community events listed in the Connection, send to connectionnewspapers.com/Calendar/. The deadline for submissions is at noon on the Friday prior to publication.

FRIDAY/JUNE 3

Summer Mindfulness. 10 a.m.-noon. Dunn Loring Center for Parent Services, 2334 Gallows Road, Dunn Loring. Learn valuable mindfulness tools to help your children enhance their physical, mental, emotional, and social skills this summer. Register at 703-204-3941.

SATURDAY/JUNE 4

Gun Violence Discussion. 8:30-10 a.m. Lewinsville Presbyterian Church, 1724 Chain Bridge Road, McLean. Explore the issue of gun violence in America. The discussion will focus on the Armor of Light documentary available on iTunes. Breakfast provided. 703-356-7200.

Town of Vienna Recycling Day. 8 a.m.-2 p.m. Northside Property Yard, 600 Mill St. NE, Vienna. Got unwanted car parts,

batteries, electronics (anything with a plug except older TVs with fat backsides), and even motor oil and antifreeze? Vienna's public works will take it off your hands and ensure that it's recycled responsibly. 703-255-6380.

SUNDAY/JUNE 11

Disability Resource Fair. 10 a.m.-2 p.m. ServiceSource Disability Resource Center, 10467 White Granite Drive, Oakton. The fair will provide personal access to experts in the disability field. We will have resources, nonprofit partners, and vendors covering a range of disability topics including children, autism, aging, and veterans. communications@servicesource.org. 703-461-6000.

Community Accessibility Forum. 11 a.m. and 12:30 p.m. ServiceSource Disability Resource Center, 10467 Granite Drive, Oakton. Review the forum information to develop an action plan that addresses community recommendations, barriers, and service gaps. Register at 703-324-5847 or disabilityservices@fairfaxcounty.gov.

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