



PHOTOS BY TIM PETERSON/THE GAZETTE

Lt. Brian Ruck from the Fairfax County Police Department (center) gives a brief demonstration of the "ready gun," "tactical ready" and "modified ready" carry positions using a blue fake firearm.

Focus on Public Safety

Ahead of June 21 vote, committee discusses: gun carry positions, information release, body cameras.

BY TIM PETERSON
THE GAZETTE

The Fairfax County Board of Supervisors is standing by its Chief of Police and his department. The board's Public Safety Committee met May 24 to discuss additional questions that lingered or developed following its May 10 meeting to review recommendations for updating and improving the ways Fairfax County Police handle use of force situations and communications.

At that meeting and this latest one, the supervisors reviewed language that will become an action item — along with a matrix of recommendations, estimated costs and implementation statuses from the Ad Hoc Police Practices Review Commission and Police Executive Research Forum — for the board to vote on on June 21.

Deputy County Executive and former Chief of Police David Rohrer said he's working on converting the text. It should be ready for the board to review, prior to the vote, by June 7.

Supervisor Cathy Hudgins (D-Hunter Mill) began the discussion with a question from a constituent regarding how police are trained to aim guns at or around a person's center mass.

Lt. Brian Ruck from the Fairfax County Police Department gave a brief demonstration of the "ready gun," "tactical ready" and "modified ready" carry positions using a blue fake firearm.



Lt. Brian Ruck explains how an officer's trigger finger is meant to stay on the frame of the handgun and off the trigger until he or she is prepared to fire.

"It's all about angles, so I can see the offender," Ruck said, while raising and lowering his arms slightly to differentiate between the specified positions.

Ruck also demonstrated how officers are taught to keep their trigger finger on the frame of the weapon and off the trigger until the moment when they intent to fire at their target.

"They need to articulate an immediate threat, a reasonable threat," he said.

Supervisor Kathy Smith (D-Sully) expressed concern that a pilot for body cameras on police officers might not move forward until next year: "I'd hate to see us wait that long to do deal with this."

Supervisor Jeff McKay (D-Lee) said one of the concerns with not moving forward yet had been legislation in the Virginia General Assembly on body cameras. "We don't know what the state's going to do," McKay said.

Supervisor Pat Herrity (R-Springfield) expanded that being on the "bleeding edge" versus "cutting edge" of the technology might not be in the

county's best interests.

Supervisor Penny Gross (D-Mason) acknowledged her rare agreement with Herrity in this instance. "We could be bleeding a lot of taxpayer money if we get ahead of the law," Gross said.

Phillip Niedzielski-Eichner, chairman of the Ad Hoc commission Use of Force subcommittee, brought up the recommendation that every police officer be required to have an Electronic Con

SEE FORCE GUIDELINES, PAGE 5

Police Investigating Shooting Death

FCPS employee pronounced dead at scene.

Tarreece John Sampson, 24, of Alexandria was found unresponsive around 2:20 a.m. the morning of May 20.

Police from the Mount Vernon Police District responded to a call about man who was shot in a parking lot in the 6000 block of Richmond Highway.

Fairfax County Fire and Rescue Department paramedics pronounced him dead at the scene, a police release said.

Fairfax County Police spokeswoman Officer Megan Hawkins said the Major Crimes division detectives are actively investigating the incident and treating it as a homicide.

No further details from the investigation are being released at this time, Hawkins said.

Sampson was a Fairfax County Public Schools employee. He spent the last seven months working as a general education assistant at Fort Hunt Elementary School in the Mount Vernon area of Alexan-

dria.

According to Principal Thomas Fitzpatrick, Sampson had entered a cohort to become a special education teacher and was applying for positions.

Fitzpatrick said they decided over the weekend to tell students about his death at their morning meeting when school resumed on Monday. They gave parents the choice to opt their student out but hardly any did.

For two days, students and teachers were able to take advantage of Fairfax County crisis support counselors at the school.

Fitzpatrick said even in the short time Sampson was at the school, he made a significant impact.

"He always tried to make connections with the kids," Fitzpatrick said. "No matter how tough they were, or their behavior was. He had a natural sincerity, a gift actually, that melted away some of the kids' rough exterior."

Fitzpatrick also said Sampson, an African American, embraced the importance of being a role model for minorities in the school. "Many times when we can get young minority males into education, kids really gravitate towards

SEE POLICE, PAGE 8

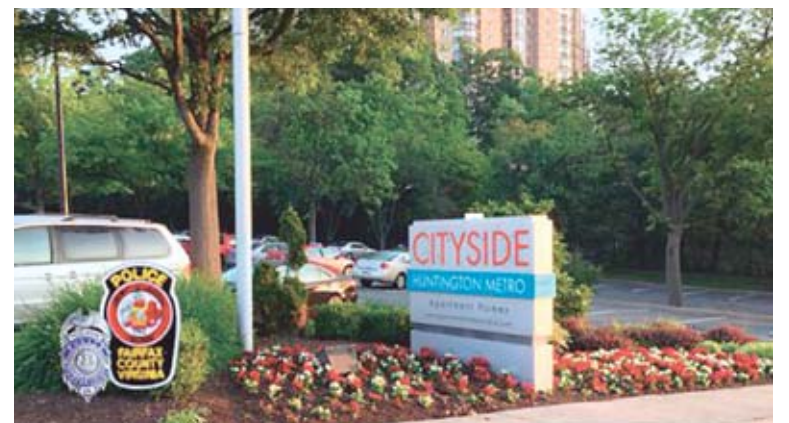


PHOTO COURTESY OF FAIRFAX COUNTY POLICE DEPARTMENT

Early in the morning on May 20, police from the Mount Vernon Police District responded to a call about man who was shot in a parking lot in the 6000 block of Richmond Highway.

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Mount Vernon At Home Hosts Annual Gala

Mount Vernon At Home (MVAH), a senior citizen “village” organization that provides services to members who wish to age in place, celebrated its 7th annual gala fund-raising event May 18 at River Farm. Executive Director Barbara Sullivan said their organization has close to 200 members and uses about 100 volunteers to assist in providing help to members. MVAH office is located on the second floor of the Sherwood Hall Library. MVAH mission statement is: “To build a village of caring friends and volunteers offering solutions to support the lifetime independence of our members allowing them to age in place.”

— GERALD A. FILL



From left: Member Vronna Endahl and Charter Member and current Board of Directors member Elaine Serlin, wife of the late Mike Serlin, who was also a Charter Member.



MVAH members Mary Carroll Potter (left) and Caryl Curry.



State Sen. Scott Surovell, MVAH member Kae Wells, Del. Paul Krizek, and MVAH member Franki Roberts.



Alexandria Rotary Rooters Jazz Band perform at the gala.

Dave and Catherine Voorhees Leave MVCCA

Almost a decade of service.

BY GERALD A. FILL
THE GAZETTE

The Mount Vernon Council of Citizens Associations formally thanked the volunteer efforts of two committee chairs, David and Catherine Voorhees, who announced recently that they intend to move to Delaware in June. The announcement was made in the association’s May 2016 monthly report to its members.

David Voorhees served as chair of the Budget and Finance Committee for over nine years; and Catherine Voorhees served as chair of the Transportation Committee for over eight years.

Catherine Voorhees listed the widening of Route 1 through Fort Belvoir and bringing mass transit to the area as among the Transportation Committee’s most important efforts. In addition, under her leadership, her committee advocated for repaving existing roads and installing bike paths and sidewalks where none existed before.

David Voorhees listed the development of a Fairfax County Transparency Webpage for easy access by the taxpaying public to the county’s budget as among his committee’s most important reform efforts. The Voorhees family have lived in the Hollin Hall community for 28 years. Both are patent attorneys. They are the parents of two children: Marien and John. The MVCCA General Council will next meet on May 25 at the South County Government Center, 8350 Richmond Highway, Room 217, at 8 p.m.

See Mvcca.org/Record.



Dave and Catherine Voorhees with their children Marien and John.

Hands-on Approach to Helping the Community

Mount Vernon Physical Therapy provides community outreach.

By SENITRA T. MCCOMBS
THE GAZETTE

Mount Vernon Physical Therapy is proud of providing healing and service to the community. This past April, Mount Vernon Physical Therapy CEO Lee Vaughan Wampler and co-owner Stephen Sarro along with their staff assisted a first grade class at Riverside Elementary in a shoe drive.

"Patients would come in to donate shoes and tell their friends, their neighbors, and their churches about the shoe drive. They were able to bring in Hefty bags full of shoes," Wampler said.

One of the patients at Mount Vernon Physical Therapy is also a parent of a child in Virginia Rivas' first grade class at Riverside. She informed the staff about the PTA's shoe drive and enlisted their help in collecting shoes. The PTA partnered with the charity Funds2orgs.com to collect and distribute recycled shoes to individuals living in developing countries.

At the end of the four-week drive, Charity Funds@orgs.com sent a tractor-trailer truck to collect and weigh the shoes.

Each class at Riverside Elementary competed to see who brought in the highest number of shoes.

Of the 297 pairs of shoes that Riverside collected, Rivas' class and Mount Vernon Physical Therapy brought in 250 pairs of shoes. Thanks to Mount Vernon Physical Therapy setting up donation boxes in their facility, Rivas' class won a pizza party and trophy for collecting the most shoes.

In return, Rivas' class wrote thank you notes to the staff of Mount Vernon Physical Therapy. They also sent a thank you poster, which is hanging in Mount Vernon Physical Therapy's lobby area.

"Our goal is not just physical therapy. It is also doing commu-

nity outreach. And we are always looking for opportunities to do this," she said.

During this past year, they also assisted Waynewood Elementary School in raising funds through their Run/Walk race event.

In addition, they plan to continue aiding Riverside Elementary and other local schools in their fundraising efforts.

The clinic also regularly provides services to local high schools. Through the West Potomac High School's Career Academy program, they allow students to explore the physical therapy field and other healthcare careers through volunteering at Mount Vernon Physical Therapy. They also provide sponsorship and services to athletes at Mount Vernon High School and sports screens to athletes from Mount Vernon and West Potomac High Schools.

In June, their staff will participate in the Anderson Orthopedics Op Walk (Operation Walk), a local walk-run event that raises funds for joint replacement surgeries in developing countries.

Last summer, Lee Vaughan Wampler and her business partner Steve Sarro (PT, OMT, CEAS-co-owner) opened the Mount Vernon Physical Therapy after discussing developing a small private physical therapy clinic to offer support to the local community.

"It's great running into patients at the local grocery store and asking them how their low back is doing. And of course the big question is 'are you doing your exercises?'" she said.

Mount Vernon Physical Therapy specializes in orthopedics, sports medicine care including all types of pain, strains and post-surgery care.

All of the physical therapists have at least 17 years of experience. They also have close connections with local physicians, which is an integral part of their patients'



With the help of Mount Vernon Physical Therapy, students at Riverside Elementary collected 297 pairs of shoes for the charity Funds2orgs.com.



Lee Vaughan Wampler

rehab success.

The staff use a combination of manual therapy care with educating the patient and providing them with functional training — teaching them how to function with good mechanics in their daily activities — in each session.

"Our priority is to have our patients reach their greatest potential," she said.

The staff's connections in the Mount Vernon community helped the clinic overcome the challenge of forming a client base when it first opened.

"We will always remember the first few patients who came to us,



Stephen Sarro

who seemed to follow us from previous job locations ... Patients have expressed that they enjoy the camaraderie of staff and patients together; they say they may be in pain; but they enjoy coming to see us," she said.

Wampler credits her staff with establishing a warm and caring healing environment though their camaraderie and commitment to their patients.

Wampler, PT, CEO- and co-owner has over 20 years of experience in orthopedics and sports medicine working in or managing several private practices, home health agencies, nursing homes

and outpatient clinics. She also has a Bachelors in physical yherapy from Howard University. In addition, she invented the Flexboard, an Achilles stretch device, used in clinics team training rooms and fields, senior living facilities, gyms and homes nationwide.

Co-owner and COO Sarro has a Bachelors in physical pherapy from University of Lowell, Ma. He went on to advance his skills in orthopedic manual therapy with a two-year residency at the Institute of Orthopedic Manual Therapy in Woburn, Ma. In addition, he is a certified ergonomics assessment specialist.

Bracing for Shutdown Surges in Face of Metro Crisis

Fairfax County shares plan for mitigating effects of Safe Track maintenance.

By TIM PETERSON
THE GAZETTE

If you use Metrorail from Vienna or Reston or Tysons, be on notice: the Orange and Silver lines will be the first affected.

Beginning June 1, the Washington Area

Metropolitan Transit Authority (WMATA) will initiate the first of 15 "surges" of rail system shutdowns for maintenance, as part of its robust "Safe Track" effort.

Safe Track is advertised as condensing three years of work down to about one.

The severe timetable comes following a series of maintenance incidents including

cars filling with smoke and fireballs sparking inside underground stations.

"It's unfortunate," said Fairfax County Board of Supervisors Chairman Sharon Bulova, that the rail system has arrived at this point "without what should have been plans for investment, replacement."

"That should've happened," Bulova con-

tinued.

Regardless, the chairman said she's supportive of Safe Track and that it's "the right thing to do."

After June's kickoff, the repairs are scheduled to last until March 2017, WMATA representative Jack Requa told members of the

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WWW.CONNECTIONNEWSPAPERS.COM

Force Guidelines

FROM PAGE 1

trol Weapon (or taser) on their person while on patrol. Currently it's only optional, he said.

Chief of Police Edwin Roessler said the department is "moving toward that goal," and confirmed that every officer certified to use the weapon may carry one at their discretion.

There was little additional conversation on tasers from the supervisors.

Merni Fitzgerald, chair of the Ad Hoc commission communications subcommittee, spoke about the need for a community engagement team as a formal way to make sure there's "back and forth" exchange with the public and the police department.

Roessler responded that his department has recently applied for a Department of Justice grant that would help fund such a team.

Also during the communications discussion over release of information following an officer-involved incident, Smith said she was concerned about language for the action item. Roessler has said he needs up to 10 days following the incident to conduct a thorough threat assessment for the officer and his or her family.

The way the item reads, Smith said, the supervisors would be able to overturn that action by the chief and force the release of an officer's name sooner.

"No one's saying the board would overturn that," Chairman Sharon Bulova said. But, she said, "the board needs to be given latitude to have a discussion."

Supervisor John Cook (R-Braddock), chairman of the Public Safety Committee, expanded on Bulova's comment. "The public needs to know it's our job to come out of closed session, get in front of a camera and say it was the chief's decision and we're backing up the chief," Cook said. "The chief had a recommendation, we were briefed on it. It's a public obligation." The next meeting of the Public Safety Committee is scheduled for July 19.

Correction

In "In Compliance, In Advance" [The gazette, May 19], the school, parents and transgender student together develop a tailored bathroom plan use a single-stall or group bathroom facilities on campus.

BULLETIN BOARD

Email announcements to gazette@connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Deadline is Thursday at noon, at least two weeks before event.

WEDNESDAYS THROUGH SEPTEMBER

Plant Clinics. 9 a.m.-noon at the Mount Vernon Farmers Market at Sherwood Library, 2501 Sherwood Hall Lane. Volunteers from the Fairfax County Master Gardeners Association will conduct plant clinics during the 2016 season to answer gardening questions, identify plants

and insects, and dispense soil test kits to the general public. They encourage backyard gardeners to bring samples for diagnosis or identification. Visit fairfaxgardening.org for more.

SEPT. 10-21

2016 Northern Virginia Senior Olympics. Online registration will open July 5. Registration forms will be mailed to previous participants in late June and will be available at community and senior centers, senior residences and event venues. The registration fee of \$12, which covers

multiple events, remains the same. Three events have an added fee, ten pin bowling, golf and orienteering. Deadline for registering is Aug. 27 (by mail), Sept. 3 (online). Call 703-830-5604 or email nvso1982@gmail.com for more. To volunteer, call 703-403-5360.

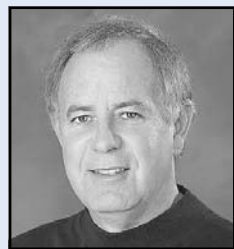
www.volunteerfairfax.org or call 703-246-3460.

TUESDAY/MAY 31

Nomination Deadline. Each year, the Fairfax County Environmental Excellence Awards recognize county individuals and groups that dedicate time and energy to benefit the environment and support county environmental goals and initiatives. Award recipients are selected by the Environmental Quality Advisory Council. Visit <http://www.fairfaxcounty.gov/dpz/eqac/awards.htm> for more.

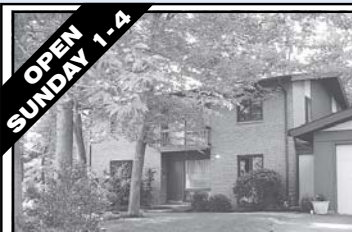
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OPEN SUNDAY 1-4

Alex./Wessynton \$794,900
3008 Doeg Indian Ct.
JUST LISTED! Spectacular, updated 5 BR, 3.5 BA contemporary w/well over \$300,000 of improvements. Kitchen & baths gutted and remodeled. Replacement windows. Hardwood floors refinished. Bsmt remodeled w/3rd full bath, Huge Rec Rm w/bar and double wine cooler. Huge picture windows look out over beautiful deck & stunning landscaped yard. Community pool, tennis, walking paths & water access thru a boat launch. This is a 10!



OPEN SUNDAY 1-4

Alex./Wellington Manor \$745,000
1114 Arcturus Lane
Lovely, updated 2 level brick rambler w/4 BRs, 2.5 BAs on a large stunning lot in Wellington Manor - Waynewood Elementary - Kitchen gutted & completely redone - Baths, roof, HVAC, windows all updated as well. 4 BRs on main level - Lower level has a large family rm, half bath (which can easily be expanded to a full bath), den, & large workshop. Walk to Shopping, 3 mins to G.W. Pkwy, 8 mins to Alex., (N) 10-12 mins to Ft. Belvoir (S) - GREAT BUY!



OPEN SUNDAY 1-4

Alex./Riverside Estates \$649,900
8425 Mount Vernon Highway
Beautiful home w/over 4,000 sq ft & 2 level addition in lovely Riverside Estates. Great rm on main lvl w/gas fpl & wet bar. Adjacent family room w/wood-burning fpl. An office adjoins the gorgeous 20' x 32' master bedrm addition w/vaulted Douglas Fir ceiling & skylights. Library/studio on upper lvl addition. Both HVAC systems, HWH & roof replaced 2011. Close to Fort Belvoir.



OPEN SUNDAY 1-4

Alex./Sulgrave Manor \$479,000
8802 Adrienne Court
Lovely and charming 3 level split on a stunning .53 acre wooded lot and cul-de-sac. 3 BRs, 2 updated BAs, beautiful hardwood floors. Vaulted ceiling between living and dining rooms - scenic view of the wooded backyard and patio through a wall of windows. Large single garage - all this serenity, yet only 30 minutes south of D.C., 7 minutes (N) to Fort Belvoir.



SOLD

Alex./Fort Hunt \$455,000
8815 Vernon View Drive
Wonderful opportunity to own a house in sought-after Fort Hunt community, just a couple of blocks to the Potomac River and the G.W. Parkway! Good bones, lovely lot, but in need of TLC and updating. 3 BR, 2 BA, and sunroom. 3 finished levels and unfinished basement. 1-car garage. Generous .3 acre property.



SOLD

Bucknell Manor \$308,000
2220 Dartmouth Drive
Why rent when you can own this lovely 2 BR, 1 BA townhome (duplex) in Bucknell Manor? 3 levels, hardwood floors main and upper levels (newly refinished on ML), beautiful kitchen, replacement windows, large family room, sweet backyard with deck, wood fencing, patio, shed. Great location close to G.W. Parkway, Potomac River, Metro, library, shopping.



OPEN SUNDAY 1-4

Alex./Wessynton \$679,900
3301 Wessynton Way
Beautiful Contemporary Split on one of Wessynton's premiere lots backing to over 10 acres of pristine forest, teeming with wildlife and spectacular views. Roof, furnace, A/C, HWH, double pane windows replaced. Great, Great Value at this price. 5 minutes to Ft. Belvoir, 15 mins to Alexandria. Community pool, boat ramp and walking trails.



OPEN SUNDAY 1-4

Alex./Sedgewick Forest \$559,000
4015 Gibbs Road
Large, lovely, updated 4 level split on a beautiful .46 acre lot - Large kitchen w/granite counters & ceramic tile floors - 3 upgraded baths - 2 fireplaces & upgraded DBL pane windows throughout - 2nd lower level offers utility rm, workshop & storage rm. Large double carport overlooks beautiful bkyl w/large shed/workshop w/electric power - 7 minutes to Ft. Belvoir (S), 15 mins to Old Town (N) - Great Home & Property!



OPEN SUNDAY 1-4

Alex./Riverside \$544,900
8332 Wagon Wheel Road
Riverside Estates' most popular Colonial Model—5 BR, 3.5 BA w/3 finished levels, 2 FPLs, 1-car garage on a lovely lot. 5 large spacious BRs, refinished hdwd floors on main & upper levels plus new carpet on lower level. Freshly painted interior, new windows, siding & gutters. 6 mins to Fort Belvoir, (S), 15 mins to Old Town (N), & 27 mins to National Airport (N). This is a Gem!



SOLD

Alex./Mt. Vernon Hills \$549,900
8620 Curtis Avenue
Total renovation of this beautiful 5 BR, 3 BA Split - 2015: New Roof & Exterior Painted - 2016: New Kitchen, Baths Updated, DBL Pane Windows, Hardwood Flrs, Carpeting & Interior Painted - Large .31 acre lot with new privacy fence - 5 minutes to Fort Belvoir - 12 minutes to Old Town Alexandria - Walk to MVHS - GREAT BUY!



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ALEXANDRIA / New Alexandria \$ 649,000

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ALEXANDRIA / Westgrove \$ 839,000

Fully renovated expansive rambler with stunning gourmet kitchen overlooking family room with theater. 2 Master BR, custom baths with soaking tubs, lux shower. Fireplace in living room. LL media room with fireplace, at-home office area. Hardwood floors. Large private backyard. Garage. *Owner/Agent*



Kim Muffler 703.282.7739
ALEXANDRIA / Beverly Hills \$ 899,000

Extraordinary 3-level detached home in sought after Beverly Hills. 3/4BR, 4 full BAs, wood floors throughout. Updated kitchen and baths, new paint, finished lower level with full BA, 1/4 acre fenced flat yard and driveway make this a perfect 10!



Leah Chapla 703.929.4875
ALEX. / Stratford Landing \$ 639,900 OPEN SUN. 2 - 5

Beautiful 5BR/3BA home, on a cul-de-sac in popular Stratford Landing has a gorgeous yard, large deck, fully renovated baths, updated kitchen open to dining room and oversized carport. Great living and entertaining spaces inside and out.



Meg Tracy 703.864.3978
ALEXANDRIA / Hybla Valley Farms \$ 549,000

Charming Cape Cod with 5BR/2 Full Baths on over 1/2 acre lot. Renovated gourmet kitchen with new SSA, granite and island. Beautiful great room addition with French doors and cathedral ceilings. Huge 2 bay garage with room for 6 cars. HMS Warranty provided by seller.



Anita Vita-D'Antonio 202.460.1809
ALEXANDRIA / Collingwood Springs \$ 545,000

Move-in ready. One owner 4BR/2BA spacious brick Colonial freshly painted, new carpet on LL, updated baths. Separate dining/living rooms plus large LL family room. 2 wood-burning fireplaces. Hardwoods. Large fantastic backyard deck. Just minutes to Old Town and Ft Belvoir. Stratford Landing Elementary.



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ARLINGTON / Eastview at Ballston \$ 524,000

Just steps to the Ballston Metro, this immaculate turn-key ready condo has 2 MasterBR, upgraded floors, terrific storage, granite and updated kitchen cabinets. Enclosed sunroom adds light and extra living space. Pool, media room, picnic and BBQ on grounds. It does not get any better than this!



Adele dePolo 703.298.5987
ALEXANDRIA / Hollin Hall Village \$ 475,000

Lovely 3/4BR, 1.5BA home just waiting for a new owner to make it their own. Wood-burning fireplace in living room. Hardwoods under carpeting. Off-street parking on long driveway. Fenced rear yard. Can walk to all the shops and restaurants in Hollin Hall Shopping Center. Wayneswood ES pyramid.



Norma Gants 703.408.2560
ALEXANDRIA / The Henry \$ 449,000

Lovely luxury condominium located just steps to the Metro. 1BR / 1.5BA + Den corner unit with private patio and 1 underground parking space! Condo has gym, party room, theater, business center and concierge.



McCormick & Lusk Group 202.412.8885
LA PLATA / King's Grant \$399,900

Traditional Colonial brick front, with portico, and large rear deck overlooking park-like vista. 2-story foyer, huge kitchen with island, family room fireplace, formal living/dining rooms and 1st floor office/library. 4BR including master suite with walk-in closet, separate tub and shower. Full basement. 2-car garage.



Mary Taylor 703.785.5619 & Pat Tierney 703.850.5630
ALEXANDRIA / Porto Vecchio \$ 369,900

PRICE REDUCTION! SELLER OFFERING \$10K IN CLOSING COSTS! Fully renovated 1BR home with chef's kitchen featuring granite, cabinets and SSA; Plantation shutters, wet bar and designer bath. All the work is done! Just move in and enjoy life in Alexandria's premier waterfront residential building!



Judy Pisciotta 703.405.4485
WOODBIDGE / Marumsco Acres \$ 325,000

Must see to appreciate the value of this freshly painted, refinished hardwoods, replaced windows, 3BR/2BA rambler. Highlights include a spacious eat-in kitchen plus a big rec room with outside access; large screened porch, enclosed rear yard with fruit trees and garage. Walk to shopping and public transit.

LUXURY
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REAL ESTATE
COMPANIES
OF THE WORLD

Long & Foster Old Town Historic District Office 703.683.0400
400 King Street, Alexandria, Virginia 22314



NEWS



Girls on the Run To Help

For their community service impact project, the Girls on the Run (GOTR) Team at Belle View Elementary decided to provide school supplies and backpacks to benefit the Back to School program at United Community Ministries. The team conducted bake sales at the school that generated a \$300 donation to UCM. They also hosted a backpack drive, collecting a total of 35 new backpacks for students whose families are struggling to make ends meet. The GOTR team is pictured at their recent end of the year party at their school.

PHOTOS
CONTRIBUTED



Belle View Elementary Girls on the Run Team members Anja, grade 3, and Isabel, grade 6, are with their mother Coach Erica Beck at the Mother's Day Flower Power 5K Race/Walk at Fort Hunt Park. More than \$535 in proceeds from the event was donated to benefit UCM's Mount Vernon Kids programs, by race host The Fun Runz.

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Mayne Found Guilty of Sex Trafficking

Quick verdict on four-day trial.

BY SHIRLEY RUHE
THE GAZETTE

All rise. The court is in session. Judge Liam O'Malley opened the sex trafficking criminal trial USA vs. Maynes et al on Monday, May 18 in Federal District Court in Alexandria. Michael Lawrence Maynes, with several aliases including Horseblock, Jr., was charged with conspiracy to commit sex trafficking; sex trafficking by force, fraud and coercion; and kidnapping.

The indictment brought charges in Fairfax and Arlington counties. The co-conspirators prostituted women all up and down the east coast but they focused much of their prostitution in Fairfax as well as Arlington and Alexandria.

The first witness for the prosecution, Britany Walker, testified as both a co-conspirator and a victim of sex trafficking. While Walker had worked with Maynes to traffic prostitutes, she also had been a victim herself. She had been charged with commercial sex trafficking in an earlier trial, pled guilty and was facing a mandatory 15-year sentence. She testified she was hoping to get a reduced sentence for cooperating with the prosecution. Walker said she didn't consider herself as a victim at the time of her guilty plea a few months ago, "but things have definitely changed here today." Defense attorney Gregory E. Stambaugh asked

his client if there was some reason Walker would be saying things falsely about him. Maynes said, "Our children have been taken away from us. She wanted to get them back. She had to cooperate. I understand why she did it."

Walker said Maynes held onto her ID so she couldn't use it and she couldn't have friends or talk to other men. "He liked to keep me secluded. I told him I didn't want to do this, and we had big fights." Walker testified that at one point she tried to get away from him: "He choked me until I passed out. I ran and locked myself in the car. I was screaming. He broke the car window to get in."

Walker explained she had worked as Mayne's "bottom bitch," the girl who is the boss in charge of the other prostitutes. She said everyone wanted to be the "bottom bitch" because they got special attention from the pimp, more privileges, a little more control. "The girls all wanted to spend time with the pimp; they considered him a boyfriend," she said. Many of the girls testified they got Maynes' upside down horseshoe logo tattooed on their body as a sign of loyalty. Hers was on her inner thigh, "his favorite spot on me." And many of the girls considered the pimp to be the only family they have ever known.

Maynes testified that Walker, the mother of his two children, was the love of his life. Lead Assistant U.S. Attorney Patricia T. Giles asked him how he could prostitute the love of his life and he replied "that has nothing to do with my love." Walker said Maynes told the jury that you don't want to think of

yourself as a prostitute; it's just work."

Walker and 10 other prostitutes laid out for the jury a culture of coercion and force, balancing the need to be taken care of with the loss of freedom and verbal and physical abuse. The second witness, Betty Jo Avery, testified she was 18 when she started prostituting for Maynes. She said she knew a 15-year old working for him. She testified Maynes said, "I don't care if she is underage. I'll take any girl." During the testimony Avery stared intensely at the ceiling and said she was trying to forget everything. She testified she left Maynes several times but came back. Other witnesses laid out a pattern of broken promises, children withheld and their earnings forcibly taken. The prosecution played a phone call in which Maynes was heard to say, "I know how to lie to get whatever I want, to make people think whatever ... I want so I can get what I want."

The final witness for the prosecution was Fairfax County Detective William Woolf, who had been with the case since the beginning — investigating along with Homeland Security — tracking down victims and witnesses, interviewing them, gathering and analyzing evidence. He said this was a important case because of the sense of the operation itself, the depth of the investigation, number of victims identified and with multi co-conspirators. He said it took a long time to get the trust of these women and to convince them to testify.

In closing arguments, Assistant U.S. Attorney Whitney Dougherty Russell argued Maynes had committed fraud by making

promises to prostitutes such as giving them housing or letting them keep a portion of their earnings which he called "donations." Flashing up pictures of the victims, Russell said, "In essence, it's all a lie." They didn't get a home, and the money they made was put in a bank account controlled by Maynes and given out sparingly for things like Pampers for their children.

Maynes denied these charges, saying "in this kind of game, you don't make promises. That's just common sense." And he said that he wasn't here to keep a female; they were here to keep him.

Maynes was also charged with coercion. Russell said he withheld access to their children until they had brought in their quota of dollars, sometimes threatening them with force, took their ID's and social security numbers, set their rates and number of dates.

Russell concluded, "These are real women with real histories and challenges. Maynes preyed on them using their own vulnerabilities."

Gilles, addressing the jury said, "These women have a voice now. You are their voice."

The judge instructed the jury to follow the law, not what they think the law ought to be. "You must not be swayed by prejudices or sympathies."

After three hours of deliberation the jury found Maynes guilty on all sex trafficking counts. Maynes was acquitted on the kidnapping charge. Sentencing of Maynes is scheduled for Sept. 9 with the range of 15 years to life.

Bracing for Shutdown Surges in Face of Metro Crisis

FROM PAGE 4

Fairfax County Board of Supervisors Transportation Committee in a May 24 meeting.

The first surge from June 4 to 16 will cause the Orange and Silver lines to run on continuous single-track status from East Falls Church to Ballston.

To supplement the slowed service,

WMATA is offering limited Metrobus shuttles.

For other surges, there will be supplemental service from Fairfax Connector buses.

In addition to the alternate public transit options, Bulova and Fairfax County Department of Transportation Director Tom Biesiadny also encouraged people to look

into carpooling and ride-sharing as much as possible during the surges. Bulova also said she's sent a letter to employers around the Fairfax County encouraging them to be more flexible with employees looking to telework.

"We're not crying over spilled milk here," she said. "Right now we have a crisis. We

have to make sure we're flexible.

People are resilient; we'll find a way to get through this." Fairfax County has launched a website listing the dates and details of the surges, along with suggestions for alternate transit. Visit www.fairfaxcounty.gov/fcdot/safetrack or call 703-339-7200.

Addressing Election Issues

Gov. Terry McAuliffe (D) signs HB1030, sponsored by Del. Mark Sickles (D-43), and HB1223, sponsored by Del. Vivian Watts (D-39), into law on

May 24 at the Fairfax County Government Center. "I want to make sure that all eligible voters in our Commonwealth can participate in our democracy," McAuliffe said. "That's why today I'm signing two bills that provide concrete measures to ensure that our election system is serving everyone by reducing confusion and other problems that can occur at the polls."



PHOTO CONTRIBUTED

Police Investigate Shooting

FROM PAGE 1
them."

As much for the young male students, Fitzpatrick said Sampson was also a positive influence for the girls.

"They see him, a responsible young man who's trying to achieve something," Fitzpatrick said, "teaching hold the door open. Girls see this is how people are supposed to treat each other."

Next week, students will be writing memories of Sampson on paper basketballs — he could often be found playing hoops at school with students — and hanging them on trees that will be planted in his honor.

"He was just constantly telling

the kids that the adults had high expectations for them and you can do it, meet those expectations," Fitzpatrick said. "That advice is still there: His legacy is in all of our hearts and minds."

Police are asking anyone who may have seen or heard something specifically between 1 a.m. and 3 a.m. in the area where Sampson was found to please contact Crime Solvers electronically by visiting www.fairfaxcrimesolvers.org, text-a-tip by texting "TIP187" plus the message to CRIMES(274637), by calling 1-866-411-TIPS(8477) or calling Fairfax County Police at 703-691-2131.

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Remembering on Memorial Day 2016

Observe a moment of silence.

On Memorial Day, we remember all of those who have died in military service, more than 400,000 in World War II, more than 30,000 in Korea, more than 50,000 in Vietnam.

As many as 620,000 soldiers died in the line of duty in the Civil War, stunningly about 2 percent of the population at that time. To compare, while more than 2.5 million soldiers have served in Iraq and Afghanistan, that number is still less than one percent of the U.S. population.

Since Sept. 11, 2001, more than 6,880 U.S. military service men and women have died in support of the wars in Iraq and Afghanistan.

On Memorial Day, there are many ways to remember the fallen, including a visit to Arlington National Cemetery, or many other local commemorations. But at a minimum, wherever you are, you can observe a moment of silence at 12:01 p.m. along with Iraq and Afghanistan Veterans of America (IAVA), or you can set your own moment at some point during the day.

More than 52,000 U.S. military service members have been wounded in action, although that number is likely to be revised upward. In 2013, the military confirmed traumatic brain injury in more than 220,000 of the more than 2.5 million troops who have served in Iraq and Afghanistan. The long-term consequences of many of these injuries, including mental health consequences, are unknown, but they will require a national commitment to excellence in health care and services for both active duty military personnel and veterans. Virginia's U.S. Senators Mark Warner and Tim Kaine continue to advocate for better service from the Veterans Administration.

Since Memorial Day 2014, the Department of Defense announced the death of one service member from Virginia, Marcus D. Prince, 22, of Norfolk, Virginia, who died April 26 in Juffir, Bahrain.

Between Memorial Day 2014 and 2015, two military service members from Virginia. Sgt. Charles C. Strong, 28, of Suffolk, died Sept. 15, 2014 in Herat Province, Afghanistan while conducting combat operations. Sgt. David H. Stewart, 34, of Stafford, was one of three Marines who died June 20, 2014 while conducting combat operations in Helmand province, Afghanistan.

EVERY YEAR before Memorial Day, this newspaper names the local men and women who have died in military service since Sept. 11, 2001.

Army Sgt. Lyle D. Turnbull, 31, of Norfolk, died Oct. 18, 2013 in Kuwait, from a medical emergency. Capt. Brandon L. Cyr, 28, of Woodbridge, was one of four airmen who died April 27, 2013, near Kandahar Airfield, Afghanistan, in the crash of an MC-12 aircraft.

1st Lt. Robert J. Hess, 26, of the Kings Park West neighborhood of Fairfax, was killed by enemy fire on April 23, 2013, Afghanistan. Hess was known as "RJ" and graduated from Robinson Secondary School in 2005, where he played football, lacrosse and was the captain of the swim team. He was a U.S. Army

Blackhawk helicopter pilot who deployed to Afghanistan on April 11, 2013. His family remembers his sense of humor and his natural leadership ability.

Master Sgt. George A. Banner Jr., 37, of Orange, died Aug. 20, 2013, of injuries sustained when enemy forces attacked his unit with small arms fire in Wardak Province, Afghanistan.

Spc. Caryn E. Nouv, 29, of Newport News, was one of two soldiers who died July 27, 2013 in Ghazni Province, Afghanistan, of wounds suffered when enemy forces attacked their vehicle with an improvised explosive device and small arms fire.

Lance Cpl. Niall W. Coti-Sears, 23, of Arlington, died June 23, 2012, while conducting combat operations in Helmand province, Afghanistan. Coti-Sears loved music, played the guitar, composed songs and entertained family and friends at holiday gatherings. Niall was very close to his grandfather, William Coti, who was a Marine. "He was always my protege," William Coti told the Arlington Connection. "He always wanted to be a Marine and he followed my example. It weighs heavily on me that this had to happen."

Chief Warrant Officer Five John C. Pratt, 51, of Springfield, died May 28, 2012 in Kabul, Afghanistan, when his helicopter crashed.

Staff Sgt. Jessica M. Wing, 42, of Alexandria, died Aug. 27, 2012 in Kuwait City, Kuwait.

In February 2012, Brig. Gen. Terence J. Hildner, 49, of Fairfax, was the highest ranking military officer to die in the war. Hildner died Feb. 3, 2012 in Kabul province, Afghanistan.

Sgt. Aaron X. Wittman, 28, of Chester, Virginia, died Jan. 10, 2013 from small arms fire. Sgt. David J. Chambers, 25, of Hampton, Virginia, died Jan. 16, 2013 from a roadside bomb. Sgt. Robert J. Billings, 30, of Clarksville, Virginia, died Oct. 13, 2012 when enemy forces attacked with an improvised explosive device. Staff Sgt. Jonathan P. Schmidt, 28, of Petersburg, Va., died Sept. 1, 2012 from enemy small arms fire. 1st Lt. Stephen C. Prasnicky, 24, of Lexington, Virginia, died June 27, 2012, from a roadside bomb.

Aaron Carson Vaughn, 30, was one of 30 American service members and 22 Navy SEALs killed Aug. 6, 2011 when their Chinook helicopter was shot down in Afghanistan. Vaughn's family has ties to McLean and Burke. He is survived by his wife, Kimberly, and their two children.

Spc. Douglas Jay Green, 23 of Sterling, died Aug. 28, 2011. when insurgents attacked his unit using a roadside bomb in Afghanistan. Green enlisted in 2007, after attending Potomac Falls High School.

Pfc. Benjamin J. Park, 25, of Fairfax Station, died June 18, 2010 at Zhari district, Kandahar, Afghanistan, of injuries sustained when insurgents attacked his unit with an improvised explosive device.

May 12, 2010, Donald J. Lamar II, 23 of Fredericksburg, was killed in Afghanistan. Christopher D. Worrell, 35 of Virginia Beach, was killed in Iraq on April 22, 2010. Steven J. Bishop, 29 of Christianburg, was killed March 13, 2010 in Iraq. Kielin T. Dunn, 19 of Chesapeake, was killed Feb. 18, 2010 in Afghanistan. Brandon T. Islip, 23 of Richmond, was killed Nov. 29, 2009, in Afghanistan. Stephan L. Mace, 21 of Lovettsville, died Oct. 3, 2009 in Afghanistan.

Bill Cahir, 40 of Alexandria, died Aug. 13, 2009 of a gunshot wound while conducting combat operations in the Helmand Province of Afghanistan. After Sept. 11, 2001, Cahir decided to leave his career as a journalist and join the Marine Corps. His application to become a Marine was denied because of his age, but he successfully lobbied members of Congress to get a special exemption.

Lance Cpl. Daniel Ryan Bennett, 23 of Clifton died Jan. 11, 2009, in Helmand Province, Afghanistan. 2nd Lt. Sean P. O'Connor of Burke died Oct. 19, 2008 while stationed at Hunter Army Air Field, Savannah, Georgia. O'Connor was an athlete in soccer, baseball and football who attended Fairfax County Public Schools and was a 1999 graduate of Bishop Denis J. O'Connell High School in Arlington.

Pfc. David Sharrett II, 27 of Oakton, died Jan. 16, 2008 in Iraq. On Oct. 24, 2008, his father, David H. Sharrett, was on hand as the Oakton Post Office on White Granite Drive was renamed to honor his son. But the senior Sharrett has battled to learn the truth about his son's death, that he was killed by his lieutenant in a "friendly fire" incident. In April, 2012, Sharrett Sr. obtained documents confirming some of the details of his son's death and a subsequent cover-up.

Army 1st Lt. Thomas J. Brown, 26, a George Mason

University graduate and Burke resident, died on Sept. 23, 2008, while serving in Iraq, from small arms fire.

Sgt. Scott Kirkpatrick, 26, died on Aug. 11, 2007, in Arab Jabour, Iraq. Kirkpatrick, who graduated from Park View High School in Sterling, and also considered Herndon and Reston as his hometowns, was a champion slam poet.

Ami Neiberger-Miller lost her brother, U.S. Army Spc. Christopher Neiberger, in August 2007 when he was killed by a roadside bomb in Iraq. He was 22.

Staff Sgt. Jesse G. Clowers Jr., 27, of Herndon, died when an improvised bomb exploded near his vehicle in Afghanistan on Aug. 12, 2007. Jonathan D. Winterbottom, 21, of Falls Church, died in Iraq on May 23, 2007, when an IED exploded near his vehicle.

Nicholas Rapavi, 22, of Springfield, died Nov. 24, 2006, during combat in Anbar province in Iraq. Army Cpl. Andy D. Anderson, 24, was killed by enemy fire in Ar Ramadi, Iraq on Tuesday, June 6, 2006.

Spc. Robert Drawl Jr., 21, a 2003 graduate of T.C. Williams High School, was killed by a bomb in Kunar, Afghanistan, on Aug. 19, 2006.

U.S. Army Specialist Felipe J. Garcia Villareal, 26 of Burke, was injured in Iraq and flown to Washington Hospital Center, where he died Feb. 12, 2006. He was a graduate of Herndon High School.

Capt. Shane R. M. Mahaffee, 36, a 1987 graduate of Mount Vernon High School, died May 15, 2006. He was a lawyer, married, with two children.

U.S. Marine Lance Cpl. Nicholas Kirven, 21, was killed in Afghanistan in 2005 during a firefight in a cave with insurgents. He enlisted while still in high school after Sept. 11, 2001.

Fairfax Station resident Pfc. Dillon Jutras, 20, was killed in combat operations in Al Anbar Province of Iraq on Oct. 29, 2005.

Maj. William F. Hecker III, a 1987 graduate of McLean High School, was killed in action in Iraq, Jan. 5, 2005. Staff Sgt. Ayman Taha, 31, of Vienna, was killed Dec. 30, 2005, when an enemy munitions cache he was prepping for demolition exploded. Army Capt. Chris Petty of Vienna was killed Jan. 5, 2006.

Staff Sgt. George T. Alexander Jr., the 2,000th soldier to be killed in Iraq, was literally born into the Army here in Northern Virginia, at DeWitt Army Hospital at Fort Belvoir. Alexander died at Brooke Army Medical Center in San Antonio, Texas, Oct. 22, 2005, of injuries sustained in Iraq five days earlier.

Lt. Col. Thomas A. Wren, 44, of Lorton, died in Tallil, Iraq on Nov. 5, 2005. Marine Capt. Michael Martino, 32 of the City of Fairfax, died Nov. 2, 2005, when his helicopter was brought down in Iraq.

1st Lt. Laura M. Walker of Oakton was killed on Aug. 18, 2005, in Kandahar, Afghanistan. CW4 Matthew S. Lourey of Lorton died from injuries sustained on May 26, 2005 in Buhruz, Iraq. Operations Officer Helge Boes of Fairfax was killed on Feb. 5, 2003, while participating in counterterrorism efforts in eastern Afghanistan.

Among other local lives lost: Lance Cpl. Tavon Lee Hubbard, 24, of Reston; 1st Lt. Alexander Wetherbee, 27, of McLean; 1st Lt. Jeff Kaylor, 25, of Clifton; Coast Guard Petty Officer Nathan B. Bruckenthal, 24, of Herndon; Army Chief Warrant Officer Sharon T. Swartworth, 43, of Mount Vernon; Command Sgt. Maj. James D. Blankenbecler, 40, of Mount Vernon; Capt. James F. Adamouski, 29, of Springfield; Sgt. DeForest L. Talbert, 22, of Alexandria; Marine Cpl. Binh N. Le, 20, of Alexandria; Staff Sgt. Russell Verdugo, 34, of Alexandria. Army Capt. Mark N. Stubenhofer, 30, from Springfield; Marine Gunnery Sgt. Javier Obleas-Prado Pena, 36, from Falls Church; Marine Sgt. Krisna Nachampassak, 27, from Burke; Army Staff Sgt. Nathaniel J. Nyren, 31, from Reston; Marine Lance Cpl. Tenzin Dengkhim, 19, from Falls Church, Navy Chief Joel Egan Baldwin, 37, from Arlington; Maj. Joseph McCloud, of Alexandria, and Major Gloria D. Davis, 47 of Lorton.

Capt. Jesse A. Ozbat, 28 of Prince George, Virginia, died on May 20, 2012 in Afghanistan from a roadside bomb. Constructionman Trevor J. Stanley, 22, of Virginia Beach, died April 7, 2012 while deployed to Camp Lemonnier, Djibouti. Pfc. Michael W. Pyron, 30, of Hopewell, Va., died Jan. 10, 2012 in Afghanistan. Maj. Samuel M. Griffith, 36, of Virginia Beach, died Dec. 14, 2011 in Afghanistan. Staff Sgt. James Ronald Leep Jr., 44 of Richmond, died Oct. 17, 2011 at Forward Operating Base Kalsu in Iraq. Spc. Levi Efrain Nuncio, 24 of Harrisonburg, died June 22, 2011 in Afghanistan. Capt. Michael Wray Newton, 30 of Newport News, died June 11, 2011 in Afghanistan. Capt.

SEE ON MEMORIAL DAY, PAGE 11

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LETTERS

More Action Needed Against Litter

To the Editor:

Thanks to all of the volunteers who participated in this year's Little Hunting Creek cleanup, and to the workers of Fairfax County's Solid Waste Management Division, who every year promptly pick up and haul away the trash we collect.

This year, 175 volunteers worked at 17 cleanup sites along the creek, including three organized by state Sen. Scott Surovell and Del. Paul Krizek on the west side of Route 1, and 14 on the east side of Route 1, in Gum Springs, Riverside Estates, Stratford Landing, First River Farms, Colonel John R. Byers Park, and other locations. Our effort was part of the annual Potomac River Watershed Cleanup, sponsored by Alice Ferguson Foundation.

Little Hunting Creek cleanup volunteers

picked up 423 bags of trash and recyclables, 29 tires, 10 shopping carts (mostly from Walmart, but also Costco, Michael's, and Safeway), and many other items — a waterski, mannequin leg, large plastic alligator head, large outdoor planters, construction debris, marble countertop, lawn chairs, propane tank, road signs, bed springs, ottoman, fire pits, water heater, part of an old TV. After all that trash and litter was removed, it was a pleasure to see the natural beauty of the creek restored.

The Friends of Little Hunting Creek have been conducting annual cleanups since 2002, and unfortunately, the same amount of trash is always there the next year for us to pick up and the county to haul away. Plastic bottle litter accounts for an increasing proportion of the volume of trash and recyclables we pick up. Site leaders estimated that three quarters of the 423 bags of trash could have been recycled, and wa

SEE LETTERS, PAGE 12

On Memorial Day

FROM PAGE 10

Charles A. Ransom, 31, of Midlothian was one of eight airmen who died April 27, 2011, at the Kabul International Airport, Afghanistan, from gunfire. Sgt. Sean T. Callahan, 23, of Warrenton died April 23, 2011 in combat in Afghanistan. Sgt. 1st Class Anthony Venetz Jr., 30, of Prince William died Jan. 28, 2011 in Afghanistan, after being seriously wounded months before. Spc. Sean R. Cutsforth, 22, of Radford, died Dec. 15, 2010 in Afghanistan. Spc. William K. Middleton, 26, of Norfolk died Nov.

22, 2010 in Afghanistan. Staff Sgt. Christopher F. Cabacoy, 30, of Virginia Beach died July 5, 2010, in Afghanistan.

If you know of someone who should be included in this list, or if you would like to share how you are honoring the memory of a family member or friend lost, or about the progress of someone injured, please let us know.

— MARY KIMM,

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ArtSpireVA: A Vision Realized

BY SUSAN
MULLIGAN
FLEISCHMAN



**Gennifer
DeFilippo.**

Gennifer DeFilippo had the same thought each year as she watched some of her dance students walk away from performing, from dancing, from the arts. The reasons varied. Some dropped out because they felt they weren't good enough. Some saw it as a waste of time. Too often it was just too expensive. But DeFilippo knew the benefits of dancing, rehearsing, and performing reaped benefits far beyond the stage. Dancers achieved success in college and beyond because of what they learned in her class: hard work, diligence, discipline, and, of course, practice, practice, practice. If only she could keep these students involved, engaged. But how?

Then one day, after DeFilippo's students performed a benefit for women who had survived domestic abuse, she noticed how moved the women were by the dancers and their performance. DeFilippo knew she was on to something. "It really struck me how these two groups connected, how happy the girls were to perform for them, and how much the dancers inspired the women," she said. Realizing her vision, she launched a nonprofit, ArtSpireVA.

ArtSpireVA has a three-part mission: to inspire and uplift the downtrodden through performance, to expose the arts to underserved youth and keep them engaged and performing, and to encourage current students and dancers to volunteer and share



ArtSpireVA dancers, from left, include Lukas Brokamp, Mary Bell, Michael Bell, Maddie Finn, Jackie Amacker, Kyle Ruffin, and Rhys Shallbetter.

their craft with those less fortunate. All of these objectives point to the same goal: inspire, create, share. Repeat.

Susan Doyle, owner of Zenergy Yoga in Alexandria, offered the proceeds from one of her yoga classes to ArtSpire. She shares DeFilippo's passion for the arts and for reaching out to those who need it most. "It saddens me greatly that there are young men and women here who have the talent and desire to pursue the arts, but not the resources," she said. "I think ArtSpire fills a great local need by providing this opportunity. I also love that ArtSpire seeks to share the arts with those who are experiencing emotional difficulties. I've seen firsthand how yoga can help people through difficult times and I know that the arts can do the same."

As the dance team coach at West Potomac High School, DeFilippo is in a prime position to spread her cause far and wide. And her dancers are only too eager to cooperate, performing at several area benefits including the 9/11 Hero's Run in September. They offer many dance workshops for youth in the area, and performed for 200 veter-

ans and their families from around the country as part of SAVE Alliance's Spartan Weekend in Washington, D.C., benefitting efforts to improve the lives of veterans. And Christie Elise, Washington Wizards cheerleader and dance professional, has donated her time to ArtSpire as well, teaching classes in hip-hop and jazz throughout the year.

DeFilippo is grateful for the donations, which in turn fund tuition, performance tickets, scholarships, and costumes. She just bought brand-new tap shoes for one class. "Yes, I could have saved some money and given them used shoes. But new shoes stand for so much more. These little tappers want to dance their hearts out, and they know it's time to step it up in their very own, brand-new, shiny shoes. The key is to get them to rehearse and perform. That's where the art is."

ArtSpireVA is a nonprofit in Alexandria, dedicated to keeping the arts alive in the community, through performing for charity events, providing scholarships to students along with class and recital wear, providing performance workshops at local after-school programs, and providing tickets to local performances. To learn more or to make a donation to ArtSpireVA, email Gennifer DeFilippo at ArtSpireVa@gmail.com.

LETTERS TO THE EDITOR

FROM PAGE 11

ter bottles accounted for a large share of that.

The litter keeps on coming because there is no policy or law that would create an incentive for litterers to change their behavior. Police must catch litterers redhanded to enforce laws against litter. And while nearby jurisdictions (such as D.C. and Montgomery and Prince George's County Md.) have taken steps that demonstrably reduce litter — such as bottle deposit fees and plastic bag fees or bans — Fairfax County and Virginia have not. Manufacturers and retailers cannot be blamed for the litterers' anti-social behavior, but they can be faulted for enabling it. They do not take responsibility for the litter that their products create. They actively oppose changes in law and policy (such as fees or bans) that are known to reduce litter.

This year, we invited Walmart, Costco, and International Bottled Water Association employees to participate in our cleanup. They didn't reply to our invitations, and they didn't show up at our cleanup. I suspect they don't want to see how their products despoil our beautiful tidal creek. Perhaps they've heard the words of Pope Francis in *Laudato Si*, "The Earth, our home, is beginning to look more and more like an immense pile of filth," and are ashamed to realize that their industry makes a substantial contribution to that immense pile.

The Friends of Little Hunting Creek are weary of picking up other people's litter and trash, and we would like help from the county and private industry to prevent litter before it despoils the natural beauty of Little Hunting Creek and undermines attempts to revitalize neighborhoods and commercial development along the Route 1 corridor.

We ask the county and our Virginia General Assembly to implement changes in law and policy that could be effective in changing behavior, and we ask private industry to cease its lobbying and opposition to the needed changes. And, of course, we encourage individuals to separate their trash and recyclables, to dispose of each properly, and to never, ever litter.

Betsy Martin

President

Friends of Little Hunting Creek

Support Democracy, Register To Vote

BY PAUL KRIZEK
STATE DELEGATE (D-44)



As we approach the Memorial Day weekend, we should remember those who died while

fighting for our country — for our democracy, including our right to vote.

Virginians will have more at stake this year than choosing between Hillary Clinton and Donald Trump, we also will have our congressional race, some bond referendums and a constitutional amendment on the ballot that I

opposed this year in the General Assembly, a bill enshrining an anti-labor law into the Constitution, something I find unnecessary.

Several constituents have asked me about the process to register to vote, or to update one's address, and they are ask

SEE REGISTER, PAGE 22

COMMENTARY

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UCM's Food Pantry is located at **7511 Fordson Road, Alexandria, VA, 22306**, and accepts food donations Monday through Friday, 9 am to 5:30 pm. • www.ucmagency.com

UCM is thankful for the generous support of the Mount Vernon Gazette.

SUMMER FUN & ENTERTAINMENT

Lift a Glass at Vine on the Waterfront

Annual food and wine festival returns to Oronoco Bay Park in June.

BY HOPE NELSON
THE GAZETTE

Ah, summertime: The perfect season for sipping wine and sampling food alongside the Potomac River, nestled within the confines of Old Town's Oronoco Bay Park. And what better time than at the Vine on the Waterfront festival, now in its fifth year?

Formerly known as the Alexandria Food and Wine Festival, for the past two years the event has assumed a new name and a new location, moving from Carlyle to the waterfront after outgrowing its original location. Always a summertime treat, this year's festival will take place on June 25 from noon to 6 p.m.

"Little by little it grew" from hundreds to

thousands of attendees as the years went by, says S&B Event Management's Paola Zambrana. This year's event is expected to welcome 10,000 guests. "... This year we wanted to focus on being more interactive with people, bringing in more activities."

On the docket for this year: Festival-goers can from winery to winery while listening to live music from Justin Trawick & The Common Good as well as the Allan Scott Band. Children can burn off some energy in a moon-bounce house. And along with the edible treats, artisans will be on hand to display their wares.

But the main draw is the wine itself. And Zambrana says the region's wineries are bringing their A-games.

"Lines are ridiculous for some of the wineries, and it's very exclusive wines that they bring. They really go all-out; they put us

on their calendars" a year ahead of time, Zambrana said. "They really bring out their best for Alexandria."

Among the featured wineries this year: James River Cellars, hailing from Richmond; Rogers Ford Farm Winery in Fauquier County; Lake Anna Winery in Spotsylvania County; and Cobbler Mountain in Delaplane.

"We've been very selective and very blessed that we have really good wineries signed up with us," Zambrana said.

But Alexandrians cannot live on wine alone. The festival's food offerings are also robust, with new neighbor Carluccio's leading the way.

"We're super-excited to have them on board," Zambrana said.

Alexandria Cupcake, Fiona's Irish Pub, the Popcorn Queens, and more will also be

If You Go

Vine on the Waterfront

When: Saturday, June 25, noon-6 p.m.
Where: Oronoco Bay Park, between Pendleton and Madison streets along the Potomac River, Old Town Alexandria.

Price: \$15 for eight tasting tickets in advance; \$20 on the day of the event.
For more: www.vineonthewaterfront.com.

around to whet attendees' appetites throughout the afternoon and evening.

Last year's inaugural event on the Potomac was a soggy affair, but this year the event organizers are hoping the weather gods will smile down on them after a spring-time of rain, Zambrana says. But just in case

"This year, we have a rain date," she laughed.

Hope Nelson operates the Kitchen Recessionista blog, www.kitchenrecessionista.com. Email her any time at hope@kitchenrecessionista.com.

CALENDAR

Email announcements to gazette@connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

ONGOING

May Artists Showcase. Through May 28, gallery hours at Broadway Gallery Fine Art & Framing, 5641-B General Washington Drive. Find paintings of several local artists, celebrating the colors of Spring. Free. Visit www.broadwaygallery.net.

Exhibit: Ethiopian Crosses. Through May 29, gallery hours at St. George Gallery, 105 N. Alfred St. With their elaborate lattice work and geometric patterns, Ethiopian Crosses have a variety of form, and are a decorative artistic emblem. Free. Call 703-299-9495 for more.

"Black Pearl Sings!" Through May 29, 8 p.m. Wednesday-Friday, 3 p.m. and 8 p.m. Saturday, 3 p.m. and 7 p.m. Sunday at MetroStage, 1201 N. Royal St. Black Pearl Sings! is about two women in Depression-era Texas: an ambitious Library of Congress musicologist, searching for the African roots of slave songs, and the discovery of the musical gifts of an African American woman. Tickets are \$55-60. Visit www.metrostage.org for more.

"Surrealism: A Photography Exhibition." Through May 29, gallery hours at Del Ray Artisans Gallery, 2704 Mount Vernon Ave. Del Ray Artisans and Union 206 Studio present a surrealist photographic exhibition pushing the conventions of reality. Free. Visit www.delrayartisans.org for more.

Lisa Kellner: "Always Into Now." Through May 29, gallery hours at The Target Gallery, 105 N. Union St. Kellner's site-responsive Paintings in Space use the room as a canvas. She creates organic, ethereal forms from silk. Viewers experience the intimacy of being absorbed with a room-sized painting. This is the first exhibition as part of the Target Gallery's New Media Invitational and is funded, in part, by March150 participants. Free. Visit www.torpedofactory.org for more.

Exhibit: "A Retrospective Exhibit of Florals and Still Life." Gallery

hours at Goodwin House Alexandria Art Center, 4800 Fillmore Ave. Artist Concetta C. Scott presents her work. Call 703-578-1000 for more.

Potomac Fiber Arts: "Horizons."

Through June 12, gallery hours at The Torpedo Factory Art Center, 105 N. Union St. Artists' interpretations of separations between sky and earth, landscapes, seascapes, sunsets, sunrises. Jewelry, sculpture, clothing, and wall pieces are some of the items that will be exhibited and for sale. Free. Visit www.potomacfiberartsgallery.com.

Judith Seligson: "A Gap Frame of Mind." Through June 12, gallery hours at The Athenaeum Gallery, 201 Prince St. The abstract works in this show reflect Seligson's interest in the importance of what lies between objects, events, words, shapes and thoughts. Free. Visit www.nvfaa.org for more.

"Nature's Palette: Paintings of the Potomac Valley Watercolorists."

Through June 16, gallery hours at Green Spring Garden's Horticultural Center and Historic House, 4603 Green Spring Road. The exhibition brings together watermedia floral and landscape painters from the area. Free. Visit www.potomacvalleywatercolorists.org or www.fairfaxcounty.gov/parks/greenspring.

Multiple Exposures Gallery: New Photography by Soomin Ham.

Through June 19, gallery hours at The Torpedo Factory, 105 N. Union St. Photographer Soomin Ham exhibits new work. Free. Visit www.multipleexposuresgallery.com for more.

Multiple Exposures Gallery: New Photos by E. E. McCollum.

Through June 19, gallery hours at The Torpedo Factory, 105 N. Union St. McCollum's work explores familiarity, simplicity, and the commitment to place in a series of photographs made over the course of a year at a small, suburban pond. Working in black and white, McCollum brings a sense of intimacy to a small landscape. Free. Visit www.multipleexposuresgallery.com for more.

The von Brahler Ltd. Gallery:

"Circuitous Roots." Through June 30, gallery hours at 7931 E. Blvd. The von Brahler Ltd./Gallery, announces the Opening of an Exhibition, "Circuitous Roots: A

Celebration of Art" at George Washington's River Farm on the Potomac, home of the American Horticultural Society. The exhibition will honor artists represented by VBG over three decades, as well as Liberal Studies' Artists from Georgetown University, Anna Katalina, Nan Morrison, Anne Ridder, Robert Murray and Rana Ryan. Free. Contact Robert F. Murray at 703-798-8686 or vbgpromo@aol.com.

"Who The Wounded Are." Through

July 11 at Carlyle House Historic Park, 121 N. Fairfax St. "Who These Wounded Are: The Extraordinary Stories of the Mansion House Hospital" is about people who lived and worked at this site in Alexandria and their real life stories that inspired the PBS show, "Mercy Street." Tickets are \$2-12. Visit www.carlylehouse.org for more.

Art Exhibit: "Streets Meets Glass."

Through Aug. 15, business hours at the Vola Lawson Animal Shelter,

4101 Eisenhower Ave. The exhibit features the work of two Del Ray Artisans artists, Joshua Oliveira and Betsy Mead. Free. Visit www.TheDelRayArtisans.org/GWW.

Mercy in Alexandria Walking

Tour. Sundays at 1:30 p.m. at Alexandria Visitors Center, 221 King St. Experience an inside access tour of 19th century Alexandria. Inspired by the PBS mini-series "Mercy Street," accompany a trained military historian through Civil War-era Alexandria and learn the actual history behind the TV show. Short tours are \$15, private tours for five are \$149. Visit www.dcmilitarytour.com for more.

The Lyceum: 175 Years of Local History.

Ongoing, Monday-Saturday 10 a.m.-5 p.m. and Sunday 1-5 p.m. at The Lyceum, 201 S. Washington St. On view in the museum's Coldsmith Gallery, the historical objects and images featured represent The Lyceum, the community at work, and commemorations and celebrations. Throughout the exhibition, visitors are invited to "be the curator" and think about why the various artifacts are in the museum's collection, and about how tangible representatives of the past help tell the story of Alexandria's history. Free. Visit www.alexandriahistory.org for more.

Medical Care for the Civil War

Soldier Exhibit. Ongoing at the Fort Ward museum, 4301 W. Braddock Road. ongoing exhibit which features original medical instruments and equipment from the Civil War period and information on Union Army hospital sites in Alexandria. Free. Visit www.alexandriava.gov/fortward for more.

Alexandria's Nurses & Hospitals

During the Civil War. Ongoing at The Lyceum, 201 S. Washington St. An exhibit on the life of Clarissa Jones, a nurse at The Lyceum hospital during the Civil War. The true story of a nurse in Alexandria during the war, drawing parallels with characters portrayed in the PBS drama "Mercy Street," with references to the experiences of other nurses, such as Anne Reading, who worked in the Mansion House hospital, and Jane Woolsey, who served at the Fairfax Seminary hospital. Admission is \$2. Visit www.alexandriava.gov/lyceum for more.



Magnolia Tea Based on 'Mercy Street'

Carlyle House Historic Park will be hosting a Magnolia Tea at Mansion House event on Sunday, June 12. This event is inspired by the real life history of the Mansion House Hotel and the PBS television series, "Mercy Street," which premiered last winter. Reservations are required and this event will take place on the tented terrace, rain or shine. The first seating is at noon. and the second seating is at 2:30 p.m. Tickets are \$40 per person. Visit www.carlylehouse.org.

SUMMER FUN & ENTERTAINMENT

more.

“Ancient Art of Movement.” 1 p.m. at Hollin Hall Senior Center, 1500 Shenandoah Road. Carmen Shippy, retired professional dancer, teaches a series designed for ages 50 and above. Movements are designed to strengthen core muscles and increase flexibility. Adjustments will be made for those with physical limitations. First lesson in the series is free for non-center members. To continue lessons, a yearly membership to all Senior Center programs is \$48. Call 703-765-4573 to sign up.

Flamenco Show. Wednesdays and Thursdays, 7:30-8:30 p.m. at La Tasca, 607 King St. Watch dancers and guitarists perform traditional flamenco. Free to attend. Call 703-299-9810 or visit www.latascausa.com.

French Movie Night. Every Thursday, 7 p.m. in the back room of Fontaine Caffé & Creperie, 119 S. Royal St. View a French film. Free, no reservation necessary. Call 703-535-8151 or visit www.fontainecaffe.com/reviews.html.

Their Fates Intertwined: The Lees of Alexandria in the War of 1812. Wednesday- Saturday, 10 a.m.-4 p.m. Sunday, 1-4 p.m. Lee-Fendall House and Gardens, 614 Oronoco St. A new exhibit on the experiences of the Lee family in Alexandria during the War of 1812 examines the contributions of Alexandria's citizens during the conflict that led to the writing of our national anthem through the lives of this iconic Virginia family. Visit www.leafendallhouse.org or call 703-548-1789.

Alexandria Cars and Coffee invites car enthusiasts to meet for coffee at Hollin Hall Shopping Center in front

of Roseina's, 1307 Shenandoah Road. Owners of classic cars, hot rods, exotic cars, motorcycles and more meet to share car stories and drink coffee. Group meets the first Sunday of every month. 8:30-11 a.m.

THURSDAY/MAY 26

Garden Tour & Tea. 1-3 p.m. at Green Spring Garden's Horticultural Center and Historic House, 4603 Green Spring Road. Tour some of the demonstration gardens with a master gardener docent who will share stories of Green Spring past and present. Afterwards, enjoy a traditional English afternoon tea served in the 1784 historic house. Tickets are \$32. To make reservations, call Historic Green Spring at 703-941-7987.

Alexandria Office of Virginia Cooperative Extension Showcase. 4-6 p.m. at 1108 Jefferson St. Meet the staff and learn about the VCE programs that serve Alexandria, including Master Gardeners and Master Naturalists and services for professional landscape and pest managers. Free. Call 703-228-6414 or email mgaralex@gmail.com.

The United States Air Force Band-Chamber Players Series. 7:30 p.m. at The Lyceum, 210 S. Washington St. Chamber wind instruments conducted by Maj. Matthew Henry and Capt. Haley Armstrong. Free. Visit www.usafband.af.mil.

FRIDAY/MAY 27

Film Screening: “Minions.” Movie starts at dusk, activities start at 6 p.m. at Four Mile Conservatory Center, 4109 Mount Vernon Ave.

Free. Visit

www.fourmilemovieseries.com.
Alejandro Escovedo. 7:30 p.m. at The Birchmere Music Hall, 3701 Mount Vernon Ave. Live music by Escovedo with Peter Case. Tickets are \$35. Visit www.birchmere.com.

SATURDAY/MAY 28

Freddie Jackson. 7:30 p.m. at The Birchmere Music Hall, 3701 Mount Vernon Ave. Live music. Tickets are \$45. Visit www.birchmere.com.

MAY 27-JULY 30

“Violent Grace: A Retrospective.” Gallery hours at Convergence, 1801 N. Quaker Lane. This exhibit is a survey of five decades of paintings by Edwards Knippers. Free. Visit www.ourconvergence.org for more.

SUNDAY/MAY 29

Justin Hayward. 7:30 p.m. at the Birchmere Music Hall, 3701 Mount Vernon Ave. This spring, Justin Hayward – the iconic singer-songwriter / lead guitarist / composer of The Moody Blues – presents the 2016 Stage Door Tour. Tickets are \$69.50. Visit www.birchmere.com for more.

MONDAY/MAY 30

Memorial Day Jazz Festival. 1 p.m. at Waterfront Park, 1A Prince St. The Jazz Festival will feature a variety of talented musicians and diverse styles of jazz throughout the day. Free. Call 703-746-5418.

WEDNESDAY/JUNE 1

Summer Pruning of Shrubs and



“Attics and Alleys” is a three-hour walking tour featuring the rarely seen spaces of the Lee-Fendall House, Gadsby's Tavern Museum, the Stabler-Leadbeater Apothecary Museum, and Carlyle House. Tours will be offered every Saturday and continue through Oct. beginning at 9 a.m. Tickets are \$35 per person. Visit shop.alexandriava.gov.

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SUMMER FUN & ENTERTAINMENT

Perennials. 7-8 p.m. at 1724 Hollinwood Drive. Kirsten Buhls will demonstrate summer pruning techniques in the home landscape. Free. Call 703-228-6414 or email mgarlalex@gmail.com.

Peter Wolf. 7:30 p.m. at The Birchmere Music Hall, 3701 Mount Vernon Ave. Peter Wolf & The Midnight Travelers perform live. Tickets are \$29.50. Visit www.birchmere.com for more.

JUNE 1-30

Art in Progress: "Highest Honor." Gallery hours at The Art League, 105 N. Union St. In collaboration with military veterans from The Art League's IMPart program, artist and League instructor Andy Yoder will construct a site-specific, suspended, 25-foot triangular banner for the Torpedo Factory Art Center's atrium. Yoder will be working daily in studio 8 in the Torpedo Factory Art Center to create the banner through the month of June. Free. Visit www.theartleague.org for more.

THURSDAY/JUNE 2

Paint Del Ray. 6-9 p.m. along Mount Vernon Ave. Painting activities for all ages will be set up in front of business along Mount Vernon Avenue, from Green Street Gardens to Del Ray Artisans Gallery. Join in recycled plastic bottle art, paint an old car, take pictures in the frame shop photo booth, make a garden tile and more. Free. Visit www.thedelrayartisans.org for more.

Opening Reception: "Violent Grace." 6-9 p.m. at Convergence, 1801 N. Quaker Lane. This exhibit is a survey of five decades of paintings by Edwards Knippers. Celebrate the

exhibit and meet the artist. Free. Visit www.ourconvergence.org for more.

"Lost Alexandria: Remembering the Past." 7 p.m. at Gadsby's Tavern Museum, 134 N. Royal St. See what places and buildings have been demolished in Alexandria over the years in this photographic tour of the City. Tickets are \$10. Visit alexandriava.gov/Historic.

JUNE 2-12

UNITY Interactive Public Art

Project. At 2200 Block of Mount Vernon Ave. Nancy Belmont, creator of the Courage Wall, launches a new interactive public art project. UNITY is circular arrangement of 32 poles in a large field. Each pole is labeled with an identifier. For example, "I'm a parent," "I speak English as a Second Language," "I identify as LGBTQ." With yarn, participants tie to each pole with which they identify. A canopy of interconnectedness forms as more people participate. In the end, we see that we are all connected by something. Free. Visit www.projectunity.net for more.

FRIDAY/JUNE 3

Family Fun Night. 6-9 p.m. at Chinquapin Park Recreation Center & Aquatics Facility, 3210 King St. Pool games include beach ball relays, water basketball, diving for prizes on the "Aqua Challenge" floating obstacle course. Participate in swimming skill assessments for youth, learn pool safety tips and more. Tickets are \$4. Visit www.shop.alexandriava.gov for more.

Farm to Table: Reception, Tour, and Dinner. 6:30-10 p.m. at Mount Vernon, 3200 Mount Vernon

Highway, Mount Vernon. Join Mount Vernon for a special evening of tours and dinner featuring products cultivated and produced on the estate. Tickets are \$150. Visit www.mountvernon.org for more.

Art Reception: "Respect: Unsung Heroes in Uniform." 7-9 p.m. at Del Ray Artisans, 2704 Mount Vernon Ave. Artists express their point of view, depict something amusing, or honor a loved one. There will be a small memorial section where visitors can reflect, contemplate and remember. Free. Visit www.thedelrayartisans.org or call 703-838-4827.

JUNE 3-26

Art Exhibit: "Respect: Unsung Heroes in Uniform." Gallery hours at Del Ray Artisans, 2704 Mount Vernon Ave. Artists express their point of view, depict something amusing, or honor a loved one. There will be a small memorial section where visitors can reflect, contemplate and remember. Free. Visit www.thedelrayartisans.org or call 703-838-4827.

SATURDAY/JUNE 4

Whitman Annual Yard Sale. 8-11 a.m. at Walt Whitman Middle School, 2500 Parkers Lane. The community is invited to participate as well. Bring gently used items and set your own price. Parking spaces may be reserved for \$15 each and tables may be rented for \$5 each. Email parentsforwhitman@gmail.com.

Seminary Ridge Community Yard Sale. 8 a.m.-2 p.m. at 1000 St. Stephens Road. Email mandmbower@aol.com for more.

Civil War Camp Day. 10 a.m.-4 p.m.

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at Fort Ward Museum & Historic Site, 4301 W. Braddock Road. Learn about Civil War soldier and civilian life. This annual living history event features Union and Confederate military and civilian reenactors in camp settings. The program includes infantry and artillery drills and firing demonstrations, equipment displays, and civilian impressions. Among the living history units participating are the 28th Massachusetts Volunteer Infantry, Co. B, the 3rd U.S. Regular Infantry, Co. K, the 54th Massachusetts Volunteer Infantry, and Thompson's Independent Battery C of the Pennsylvania Light Artillery. Free, but suggested donation is \$2 per person or \$5 per family. Visit www.fortward.org for more.

SCAN's 4th Annual Croquet Day. 12:30 p.m. at Hensley Park, 4200 Eisenhower Ave. Croquet Day is a backyard BBQ style croquet tournament. The tournament is played on 10-12 concurrent fields. Team members, families and other spectators who are not currently playing in a match will find food and family-friendly activities, such as carnival games, face painting, live music, etc. Tickets are \$75 for a family team and \$150 for an adult team. Visit www.scanva.org/croquet.

Sixth Annual D-Day Commemoration. 2:30-4:30 p.m. at Market Square, 301 King St. Join the Alexandria-Caen Sister Cities Committee for the sixth annual D-Day commemoration events. Find WWII re-enactors and memorabilia, dancing, and more. Free to attend. Visit dday2016.eventbrite.com.

Sounds of Pohick. 4 p.m. at Historic Pohick Church, 9301 Richmond Highway, Lorton. Musical groups featured are the St. Francis Choir and St. Cecelia/St. Alban Choir, both for children; the Pohick Pickers, an instrumental group; the Pohick Bell Choir, who will ring handbells and handchimes; the Pohick Early Church Music Ensemble, which sings 16th and 17th century anthems; and the Choir of Pohick, the nearly 40-voice adult choir. Free. Call 703-339-6572 or visit www.pohick.org for more.

SUNDAY/JUNE 5

Bagels and Bach. 11 a.m.-1 p.m. at Durant Arts Center, 1605 Cameron St. Enjoy classical music while your children learn how to appreciate it. Light brunch provided. Tickets are \$10 for residents, \$15 for non-residents, and free for children under five. To register online, visit www.alexandriava.gov/webtrac and use 455208-02 code to register.

Alexandria Women's History Tour. 1 p.m. at Gadsby's Tavern Museum, 132 N. Royal St. The walking tour will cover several sites to inform attendees of the history and achievements of women in Alexandria. Free. Email alexandriawomen@gmail.com.

UCM Early Learning Center 30th Anniversary. 2-4 p.m. at UCM Early Learning Center, 2709 Popkins Lane. Virginia Del. Paul Krizek will be the Emcee. Several families will be inducted into the UCM Heritage Circle, honoring families who have supported our mission in significant ways for more than one generation. Tickets are \$30 per person or \$86 for families. Visit www.ucmagency.org.

MONDAY/JUNE 6

Garden Sprouts: Nature Playgroup. 10-11:30 a.m. at Green Spring Garden's Horticultural Center and Historic House, 4603 Green Spring Road. This playgroup features nature-themed activities one Monday a month. A staff member is on hand to put out nature sensory bins, direct games and activities or lead a garden walk. Tickets are \$6 per child. Visit

www.fairfaxcounty.gov/parks/greenspring using code 290 202 8702 or call 703-642-5173.

Summer Pruning of Shrubs and Perennials. 7-8 p.m. at Mount Vernon Recreation Center, 2701 Commonwealth Ave. Kirsten Buhls will demonstrate summer pruning techniques in the home landscape. Free. Call 703-228-6414 or email mgarlalex@gmail.com.

Art of Ballroom Dance. 7 p.m. at The Athenaeum, 201 Prince St. A class to learn to dance or improve your dancing skills: foxtrot, waltz, tango, swing, salsa, merengue, rumba, cha-cha, and samba. Tickets are \$15. Visit www.nvfaa.org.

TUESDAY/JUNE 7

Lecture: John P. Mullen. 7:30 a.m. at The Campagna Center, 418 S. Washington St. Hear the story of the large 300-year-old ship that was dug out of its watery grave at a construction site in Old Town, and find out what will happen next with the ship's remains. Tickets are \$25. Call 703-549-0111 for more.

Simpson Park Garden Stroll. 11 a.m.-12 p.m. at 420 E. Monroe St. VCE Master Gardeners who maintain Simpson Park Demonstration Gardens invite Alexandria residents and others to stroll by the gardens. Free. Call 703-228-6414 or email mgarlalex@gmail.com.

FRIDAY/JUNE 10

Family Fun Night. 6-9 p.m. at Chinquapin Park Recreation Center & Aquatics Facility, 3210 King St. Pool games include beach ball relays, water basketball, diving for prizes on the "Aqua Challenge" floating obstacle course. Participate in swimming skill assessments for youth, learn pool safety tips and more. Tickets are \$4. Visit www.shop.alexandriava.gov.

FRIDAY-SATURDAY/JUNE 10-11

Summer Escape at Mount Vernon. 6-9 p.m. at Mount Vernon, 3200 Mount Vernon Highway, Mount Vernon. George Washington's Mount Vernon invites visitors to sip craft beer and taste local and historic culinary treats while watching the sun set at the first president's home. Bud's Collective performs. Tickets are \$22. Visit www.mountvernon.org.

SATURDAY/JUNE 11

Old Town Arts & Crafts Festival. 9 a.m.-6 p.m. at Waterfront Park, 1A Prince St. More than 70 vendors gather to sell fine arts, crafts, food, and beer. Dogs are welcome. Free. Visit www.volunteeralexandria.org for more.

Rejuvenation in Del Ray Workshop and Garden Party. 1-4 p.m. at Department of Community and Human Services building, 2525 Mount Vernon Ave. Learn about different architectural styles in the neighborhood and see how property owners restored the original details of their 1911 house. Enjoy a post-workshop garden party. Free. Visit alexandriava.gov/Historic.

SUNDAY/JUNE 12

Magnolia Tea. 12 p.m. and 2:30 p.m. at Carlyle House, 121 N. Fairfax St. This event is inspired by the real life history of the Mansion House Hotel and the PBS television series, "Mercy Street," which premiered last winter. Tickets are \$40 per person. Visit www.carlylehouse.org.

A Tribute to Phyllis Hyman. 3 p.m. doors open, show at 4:30 p.m. at The Carlyle Club, 2050 Ballenger Ave. The Alexandria African American Hall of Fame is having a tribute to Phyllis Hyman show to benefit the



Clockwise: "Felix Adams Morgan," and "Barbershop Mirror"

'Rhythms of Time' Closes on June 5

Nancy McIntyre's silkscreens and paintings "treasure the local, the small-scale, the eccentric, the ordinary." The artwork in her solo show, "Rhythms of Time," focuses on different scenes and subjects over varying periods of time—from five minutes to four decades. The silkscreen printing process is particularly suited to McIntyre's focus on the passage of time: some of her more complicated pieces are comprised of as many as 150 layers and take up to one year to complete. Admission to the Art League Gallery (105 N. Union St.) is free. Visit www.theartleague.org.



Alexandria African American Hall of Fame project. Tickets are \$35. Call 571-217-9951 for more.

TUESDAY/JUNE 14

Seed Saving. 7-8:30 p.m. at Barrett Branch Library, 717 Queen St. Some 10,000 years ago, seed saving facilitated humans' transition from hunter-gatherers to farmers. Only in the mid-1900s did this practice decline, with the development of the commercial seed industry. Now renewed interest in heirloom, unique and locally adapted vegetable and flower varieties is sparking a resurgence in seed saving. Free. Call 703-228-6414 or email mgarlalex@gmail.com.

JUNE 14-JULY 24

Potomac Fiber Arts Gallery: "Circuses." Gallery hours at Torpedo Factory Art Center, 105 N. Union St. Potomac Fiber Arts Gallery announces the juried show "Circuses." Artists' derive inspiration from clowns, animals, trapezes, jugglers, ringmasters, sideshows, crowds and other big house trappings. Free. Visit www.potomacfiberartsgallery.com for more.

SATURDAY/JUNE 18

Lecture: "The Secret History of Juneteenth." 11 a.m. at the Alexandria Black History Museum, 902 Wythe St. Historian C.R. Gibbs discusses the history of the celebration of the freeing of the slaves in Texas. Free. Visit

www.blackhistory.org for more.

Tigerlily Foundation Pajama Glam Party. 4-8 p.m. at Hotel Monaco, 480 King St. Women and girls are invited to wear (pink, purple, or red) pajamas and listen to music, visit pampering stations, and more. Also guest appearances by Asia Monet, Tati from WPGC (95.5), and Ashley Boalch Darby from Bravo's Real Housewives of Potomac Tickets are \$25 for children, \$45 for adults.

SUNDAY/JUNE 19

Father's Day Open House. 1-4 p.m. at Friendship Firehouse Museum, 107 S. Alfred St. The Friendship Firehouse Museum is free for fathers and their families on Father's Day. The firehouse photographer will be on duty, so dads can take home a complimentary photograph. Call 703-746-4994 for more.

Father's Day at Stabler-Leadbeater. 1-5 p.m. at Stabler-Leadbeater Apothecary Museum, 105-107 S. Fairfax St. Admission is free for fathers, \$5 for all other adults and \$3 for children 5-12. Call 703-746-3852 for more.

Father's Day at Gadsby's Tavern. 1-5 p.m. at Gadsby's Tavern Museum, 134 N. Royal St. Get a tour by Junior Docents. Free for fathers, \$5 for all other adults and \$3 for children 5-12. Visit www.gadsbystavern.org.

MONDAY/JUNE 20

Art of Ballroom Dance. 7 p.m. at The Athenaeum, 201 Prince St. A class to learn to dance or improve your dancing skills: foxtrot, waltz, tango, swing, salsa, merengue,

rumba, cha-cha, and samba. Tickets are \$15. Visit www.nvfaa.org.

FRIDAY/JUNE 24

Film Screening: "Goonies." Movie starts at dusk, activities start at 6 p.m. at Four Mile Conservatory Center, 4109 Mount Vernon Ave. Free. Visit www.fourmilemovieseries.com.

SATURDAY/JUNE 25

Lecture on Alexandria's 18th-Century Ship. 10 a.m.-12 p.m. at Torpedo Factory, 105 N. Union St. By examining the wood and iron fastenings from Alexandria's recently excavated ship at 220 South Union St., the speaker illustrates how deep draft cargo vessels were constructed, repaired, and beached and broken during the 18th century in the Mid-Atlantic. Emphasis is placed upon historic documents relating to Alexandria during the 18th century as well as the story the timbers tell. Jason Lunze is a Maritime Archaeologist who holds a master's degree from the University of Southern Denmark. Free, but reservations required. Call 703-746-4399 for more.

Vine on the Waterfront Festival. 12-6 p.m. at Oronoco Park, 100 Madison St. Formerly known as the Alexandria Food & Wine Festival, the festival will expand to include both restaurants within Alexandria and other eateries throughout the region. The event is free to attend, but tickets are \$15 per area (food or wine), \$20 after June 18. Visit www.vineonthewaterfront.com.

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FAMILY

A Mindful Family

Meditation practices can calm a hectic day.

BY MARILYN CAMPBELL
THE GAZETTE

Every evening after dinner and bath time, Elizabeth Rees, a Mount Vernon mother of three, instructs her children to lie on the floor keeping as still as possible. With soft tones, she recites a phrase, slowly and purposefully. These moments of serenity allow her family to release the chaos of the day.

"It is such as still and lovely time," said Rees, associate rector of St. Aidan's Episcopal Church and cofounder of the Center for Spiritual Deepening, both in Mount Vernon. "My children long for the stillness and being present in the moment as much as I do. When we're in the thick of things and we're schlepping and on the run, there is a temptation to be disconnected. The mindfulness idea is being present in the moment and finding the joy in the moment."

Such mindfulness meditation practices have been credited with improving focus, boosting happiness and reducing stress. A study by researchers at the University of

Miami found that short mindfulness practices improved students' ability to focus; while research by the University of California, Davis Center for Mind and Brain found a meditation effective in relieving stress.

"The name can make it sound like a huge unattainable concept, but essentially, mindfulness meditation is paying attention to what's happening in the present moment without judgment," said Sandra Carr, Ph.D., a family therapist and meditation teacher in Bethesda, Md.

"Meditation has been around for thousands of years, but for the last decade the practice has become more and more widely accepted as the overall benefits of meditation continue to be studied," said Jill Gattone, R.N., a registered nurse in Marymount University's Student Health Center who leads Mindfulness Meditation sessions for students.

"Current literature reveals the potential for Mindfulness Meditation to not only help with focus and concentration, but may also positively effect brain structure, improve relationships, reduce stress and even increase immune function."

"We live in a world where we are constantly 'plugged in.' We look around and see students spending hours on their laptops and smartphones ... Facebook, Instagram



COURTESY OF ELIZABETH REES

Elizabeth Rees, pictured with her husband Holden Hoofnagle and children Sophia (12), Dylan (9) and Maya (6), leads her family in a daily mindfulness practice.

and Netflix," said Gattone. "This way of life can leave us feeling exhausted and stressed. It is really important that we all take time to quiet our minds every day."

For families who want to begin a meditation practice, Gattone recommends a guided session "... where someone is leading you through the process. There are many apps that can guide you through a short 5 minute meditation, or there are classes that can be a good way to start as well," she said.

Starting with short, uncomplicated mindfulness sessions can make the initial process less intimidating. "Like physical exercise, you may find that it is best to start with a short 5 minute meditation and gradually increase," said Gattone, whose own practice consists of beginning and ending her day with a 10-minute meditation. "It can be as simple as finding a quiet spot, sitting in a comfortable position with your

spine straight, focus on your breath, clear your mind and be aware of what is happening in the present moment."

Establishing a daily mindfulness practice offers an opportunity to build an arsenal of tools that can be used to find peace in the midst of frenzied schedules, says Sara VanderGoot, a meditation teacher and cofounder of Mind the Mat Pilates & Yoga in Arlington and Alexandria.

"Families with children can benefit from even a short meditation practice [like] two to five minutes of breath and concentration daily, if that is all mom and dad can fit in," she said. "[It] creates the habit of being able to return to that space when difficult feelings arise [like] anger or frustration and find space between feelings and reactions."

A daily practice makes it easier to remain calm in a chaotic situation, said Rees. "Having the presence of mind to say 'I need to stop and breathe and not react right away' is a great life skill," she said.

VanderGoot recommends simple meditation techniques to use with children daily. "Repeating a mantra daily with your child, such as 'I am happy, I am healthy' or 'I am happy, I am steady' each morning when the child wakes up ingrains that positive belief in the child's mind and in turn positively influences that child's behavior," she said.

Creating positive beliefs about oneself creates a sense of self-awareness. "This is very useful and practical ... especially [for] those who live a hectic life, and it doesn't take much time," said VanderGoot.

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editors@connectionnewspapers.com

VDOT Virginia Department of Transportation

Public Hearing Notice Fairfax County Secondary Six Year Plan

The Virginia Department of Transportation (VDOT) and The Board of Supervisors of Fairfax County, in accordance with Section 33.2.331 of the Code of Virginia, will conduct a joint public hearing in the Board Auditorium, Fairfax County Government Center, 12000 Government Center Parkway, Fairfax, VA 22035 at 4:30 p.m. on June 21, 2016.

The purpose of this public hearing is to receive public comment on the Secondary Six Year Improvement Plan for Fiscal Years 2017 through 2022. Copies of the proposed plan may be reviewed at the VDOT's Northern Virginia District Office at 4975 Alliance Drive, Fairfax, VA 22030.

VDOT ensures nondiscrimination and equal employment in all programs and activities in accordance with Title VI and Title VII of the Civil Rights Act of 1964. If you need more information or special assistance for persons with disabilities or limited English proficiency, contact VDOT's Civil Rights at 703-259-1775 or TTY/TDD 711.

Persons wishing to speak at this public hearing should contact the Office of the Clerk to the County Board of Supervisors at 703-324-3151.



West Potomac third baseman Raven Williams chases Chantilly's Brooke Bain in a rundown during the sixth inning on Tuesday.



West Potomac senior Raven Williams, a first-team all-conference selection, went 2-for-4 against Chantilly on Tuesday.

PHOTOS BY CRAIG STERBUTZEL/THE GAZETTE

Dillard Puts Away Conference 5 Champ Chantilly

Wolverines catcher Divine makes key pickoff throw in sixth inning.

BY JON ROETMAN
THE GAZETTE

The West Potomac softball team led Chantilly 4-1 in the bottom of the sixth inning Tuesday night but the Wolverines were in a jam. The Chargers had the bases loaded with two outs and a golden opportunity to get back in the game.

West Potomac catcher Harley Divine had other ideas.

After Chantilly's Kate Doherty took the first pitch of her at-bat, Divine threw behind the runner at third, who had wandered off the bag. The runner was eventually tagged out at the plate and the Wolverines were off the hook.

West Potomac defeated Chantilly 4-1 in the opening round of the 6A North region tournament at Chantilly High School. The Wolverines were the No. 4 seed from Conference 7 with an 11-10 record and the Chargers were the Conference 5 champions and winners of 15 of 19 games, but that didn't stop West Potomac from reaching the



West Potomac pitcher Christina Dillard threw a complete game against Chantilly on Tuesday and earned the win in the opening round of the 6A North region tournament.

region quarterfinals for the third time in the last five seasons.

"A lot of times we don't worry about the beginning of the season," said West Potomac head coach Craig Maniglia, who led the Wolverines to the region semifinals in 2012 and 2014. "We use the season as a guiding point to focus our energy so when we do

get to the playoffs, we can draw on being close, being in every game.

Three-quarters of the way through the season, we were still working out positions: who's going to be where, who's going to hit where. We use the regular season, obviously, to get better but we also use it to figure out the best team we can [have] ..."

West Potomac pitcher Christina Dillard tossed a complete game and earned the win, allowing one run on five hits in seven innings. She hit one batter and struck out six.

Dillard gave the Wolverines a chance to beat No. 1 seed Lake Braddock in the Conference 7 tournament semifinals before West Potomac eventually fell 1-0 in extra innings.

"She's been an ace," Maniglia said, "ever since the playoffs started."

Dillard ran into trouble in the sixth, but Divine's pickoff throw helped the pitcher out of a tough spot. Divine also went 3-for-4 at the plate.

"That's just awesome," Dillard said about Divine's throw. "That was a rough inning. We were close and I didn't want the runs to score and Harley and [third baseman] Raven [Williams], I can just always trust them. It's awesome to be able to get out of that like that."

Maniglia said Divine, a first-team all-conference selection, has picked off multiple runners during the season.

"She has a green light," Maniglia said. "She knows it's coming and we normally try to do it on the first pitch because they're not looking for it."

West Potomac scored a pair of runs in the top of the first inning, including an RBI single by Williams.

The Wolverines added two more runs in the third inning on a sacrifice fly by Caroline Bowman and an RBI single from Micaela Neulight.

Williams, a four-time first-team all-conference selection, went 2-for-4.

"We're just playing right now, honestly," Williams said. "We're just playing like every game is our last. We don't want to lose, we don't want to go home."

Chantilly scored its lone run in the fifth inning on an RBI single by Jessica Satterthwaite.

West Potomac is scheduled to face Madison in the region quarterfinals at 6:30 p.m. on Thursday, May 26 in Vienna.

The Warhawks are 21-3 and lost in the Conference 6 championship game to McLean.

"I think," Dillard said, "we're absolutely capable of going to states."

"She's been an ace ever since the playoffs started."

— West Potomac softball coach Craig Maniglia about Christina Dillard

SCHOOL NOTES

Email announcements to gazette@connectionnewspapers.com. Deadline is Thursday at noon. Photos are welcome.

Kendall Kernus, a West Potomac High School graduate, was on the George Mason University School of Business dean's list for the fall 2015 semester.

Caroline S. Caplen, a sophomore music major with a minor in equine

studies, was awarded an Alumni Legacy Scholarship at Bridgewater College (Bridgewater, Va.). Caplen is the daughter of Mr. and Mrs. Russell Caplen of Alexandria.

Carla Cisneros, of Alexandria, is one of four Mary Baldwin College students have been inducted into the Mu chapter of Omicron Delta Epsilon, the international economics honor society.

Blanche Farrish, of Alexandria, graduated from Ohio Christian University (Circleville, Ohio) with a Master of Arts in pastoral care and counseling.

Laura Magnan, of Alexandria, is on the spring 2016 dean's list at Belmont University (Nashville, Tenn.).

Jarrod Denham, senior at West Potomac High School, was awarded \$500 as the second annual recipient of

the Peter Williams Memorial Scholarship, during Old Town Alexandria Connections' May 11 meeting

Eric Borio, of Alexandria, has graduated from The Citadel, The Military College of South Carolina. Borio earned a B.A. in criminal justice.

James Manship, of Alexandria, has been selected as a World Leaders Forum Student Scholar. The program offers

leadership training and financial aid based on academic merit. Manship is an incoming freshman studying Intercultural Leadership at Judson University (Elgin, Ill.).

Addison Delancey, of Alexandria, made dean's list for the 2016 spring semester at Furman University (Greenville, S.C.). She is the daughter of Marci Odell and Merle Delancey.

West Potomac Crew Prevails at State Championships

The West Potomac women's junior four repeated their state championship performance of 2015 by winning the 2016 event by a margin of 11 seconds over West Springfield. The boat line-up, the same group of Junior rowers that dominated the event last year, includes Rachel Hardison, Natalie Lorca, Liz Brodie, Juliette Burcham and coxswain Rachael Brautigam.

West Potomac also medaled in the women's first four event, taking third place in a highly competitive field of 16 boats. Rowers are sophomore Celia Lane, senior Alyssa Pierson, sophomore Shelby Pierson, senior Emma Bass and senior coxswain Alina Selnick-Escobar.

Along with the men's junior 4 (Kyle White, Logan Lynch, Jonathan Middleton, Reece Hagler and coxswain Tyler Hawley), who placed fourth at states, both women's boats qualified to compete in the Scholastic Rowing Association Nationals event to be held May 27 and 28 at Dillon Lake in Nashport, Ohio.

The West Potomac women's first four took third place at states on May 14. Pictured from left: Shelby Pierson, Alyssa Pierson, Alina Selnick-Escobar, Celia Lane, and Emma Bass.



PHOTO CONTRIBUTED

Fort Hunt Warriors Secure Championship

The Fort Hunt Warriors rugby team defeated Prince William in the men's high school state championship on Saturday, May 21. The game was closely contested during the first 35 minutes of play, with the Warriors clinging to a four

point lead heading into halftime. The Warriors were able to widen the gap during the second half of play, eventually winning by a margin of 36-19. This is Fort Hunt's third championship in five years.

— PRESTON JONES



Conor McManus looks to retain possession during a ruck.



The team poses in front of the scoreboard after the club's third state championship.

PHOTOS BY PRESTON JONES/THE GAZETTE



Fort Hunt huddles before play begins, finalizing the match's game plans.



Senior captain Max Dacey holds the championship trophy overhead after the team's 36-19 victory.

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21 Announcements

21 Announcements

21 Announcements

21 Announcements

26 Antiques

26 Antiques

ALEXANDRIA CITY PUBLIC SCHOOLS INVITATION TO BID NUMBER 16-05-02

The Alexandria City School Board dba Alexandria City Public Schools is seeking bids for Roof Replacement at Lyles-Crouch Traditional Academy. Sealed Bids with the notation ITB # 16-05-02, Roof Replacement at Lyles-Crouch Traditional Academy will be received in the Central Procurement Office, 1340 Braddock Place, Suite 620, Alexandria, Virginia 22314, on or before 3:00 pm, Monday June 20, 2016. The time of receipt shall be determined by the time clock stamp in the Procurement office. Bids appropriately received will be opened and the names of the firms responding will be read aloud. ITB documents may be obtained at the above Procurement Office or by calling 703-619-8162, or by downloading the ITB from the ACPS website at <http://www.acps.k12.va.us/financial-services/purchasing/>

All questions must be submitted before 3:00 p.m., June 10, 2016. If necessary, an addendum will be issued and posted to the ACPS web site.

A pre-bid conference/site visit will be held on May 27, 2016 at 1:30 p.m. at the address listed above.

No ITB may be withdrawn for a period of ninety (90) days after the opening of bids except as may be set forth in the ITB.

ACPS reserves the right to cancel this ITB and/or reject any or all bids and to waive any informalities in any bid.

Gerald W. Amacker (Jerry)
Senior Buyer

OBITUARY



PITTS, Shirley Murry, 83, of Richmond, formerly of Arkadelphia, Ark., died on Monday, May 23, 2016. She battled cancer, but passed away peacefully. She was preceded in death by her husband, Cmdr. (USN) Paul Denney Pitts. Visitation will be held at Aldersgate United Methodist Church, Alexandria, VA., on Wednesday, May 25, from 2 to 4 and 6 to 8 p.m. Funeral will be held at Aldersgate United Methodist Church, 11 a.m. Thursday, May 26. For full obituary, please see www.blilleys.com

LEGAL NOTICE

Pursuant to the provision of section 4-1-16 of the code of the City of Alexandria, the Alexandria Police Department located at 3600 Wheeler Avenue, Alexandria, VA 22304 is now in possession of unclaimed bicycles, mopeds, lawn equipment, money, scooters, and other items. All persons having valid claim to the property should file a claim to the property with reasonable proof of ownership or the items will be sold, destroyed, converted or donated. For a complete listing go to <http://alexandriava.gov/police/> and contact the Police Property Section at (703) 746-6709.

21 Announcements

ABC LICENSE

PTO Seafood, LLC trading as Whiskey & Oyster, 301 John Carlyle Street, Alexandria, VA 22314. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Wine and Beer on Premises, Mixed Beverage on Premise license to sell or manufacture alcoholic beverages. Michael Anderson, Managing Partner. NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200.

21 Announcements

21 Announcements

OBITUARY RUTH NASH BASOM, 100



Ruth Nash Basom of Lewisburg, PA rounded out a full century before her death on Nov., 30, 2015. She was born Nov. 15, 1915, in Kitchener, Ontario and became a U.S. citizen as an adult.

Like many of her generation, she was touched by the Great Depression- she was sent to live with relatives during a particularly lean period. Even so, she excelled in her studies and graduated from high school at 16. Her most cherished educational experiences were her grade school years in a one-room schoolhouse with a gifted teacher and an innovative master of nursing program (the first in the U.S.) at Western Reserve University, to which she won a scholarship.

While studying nursing, Ruth began a correspondence with the author of an article in a church newsletter. As the two became acquainted through their letters, they both began to realize they had found the partnership that would sustain them throughout their lives. Ruth married Rev. William E Basom in 1939, and they moved to Alexandria, Virginia. Bill started Beverley Hills Community Church that celebrated diversity and inclusion. Ruth worked as a visiting nurse in the slums of Washington DC, caring for the city's poor, some of whom had been born slaves. Together they raised four children and in 1946, founded Burgundy Farm School, the first racially integrated elementary school in Virginia.

Later, Ruth worked at George Washington University, teaching women who were entering the workforce for the first time after raising children. Her last working years were spent in Alexandria's Senior Services that helped find employment for senior citizens, some of whom were homeless.

In 1990, Ruth and Bill retired to Lewisburg, PA, where they continued their tradition of supporting local theater, music and organizations devoted to social justice, including the League of Women Voters, a group Ruth belonged to since the early 1940s. Old enough to be aware of what a treasure the right to vote is, she took great satisfaction in casting a ballot one last time in the final weeks of her life. Ruth and Bill were active at Beaver Memorial Church, helping find its way to becoming a reconciling congregation. For two decades, they met weekly with the Genesis Class, a group that explored life's fundamental questions. They also regularly attended a writing circle, which tapped into a lifelong passion of Ruth's,-- she had majored in English at Hamline University. Her concise, authentic and often whimsical essays betray a delight in the world and deep insight into its inhabitants.

Ruth is survived by children Kenneth and Kathleen (Kit), daughter in law Linda; grandchildren, Reeve, Kit, Allen, Aaron, Edward, Eric and Kyle; and a great-grandson Victor.

She was predeceased by husband Bill, who died in 2011, sons Nash and Scott; and sister Helen.

A memorial service was held May 21 at River Woods Nursing Care Center, Lewisburg, PA. In lieu of flowers, contributions may be made to the Planned Parenthood Federation of America (online or at 434 W. 33rd St, New York, NY 10001); Doctors without Borders (online or PO Box 5030, Hagerstown, MD 21741-5030); Union-Snyder Habitat for Humanity (online or PO box 64, Selingsgrove, PA 17870-0064); or the Donald Heiter Community Center, 100 N. Fifth St, Lewisburg, PA 17837.

An expert is someone who knows some of the worst mistakes that can be made in his subject and how to avoid them.
-Werner Heisenberg

21 Announcements

21 Announcements

21 Announcements

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21 Announcements

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OPINION

Register To Vote

FROM PAGE 12

ing many of the same questions, so I figured many other readers could benefit from the same information, the topic of this week's column.

First, the deadline to register to vote in the General Election in November is 22 days before the election — this year, that is Oct. 18. Several people have told me they thought they were unable to register because they had not voted in or registered for the primary, let me disabuse you of that notion: it is not too late to register to vote.

The Commonwealth of Virginia has allowed residents to register online since 2013, at www.elections.virginia.gov. Online Voter Registration is available to eligible Virginia citizens who have a Virginia driver's license or other DMV identification. Virginia citizens who are already registered to vote are encouraged to update their voter registration when needed for address and name changes. Those not having a Virginia DMV identification can complete the application online and then print and mail it to their local voter registrar.

To be eligible to register to vote in Virginia a person must be a U.S. citizen and a resident of the Commonwealth. Also, you must be 18 years old (any person who is 17 years old and will be 18 years of age at the next general election shall be permitted to register in advance and also vote in any intervening primary or special election); not be registered and plan to vote in another state; not currently declared mentally incompetent by a court of law; and if convicted of a felony, your right to vote must have been restored. You may file the old-fashioned way as well in-person or through the mail. Take the completed application to the local registration office or mail it to the address printed on the form — for most readers, Fairfax County residents, this will be the Fairfax County Government Center, located at 12000 Government Center Parkway in Fairfax. Applications for registration can be submitted using a Virginia Voter Registration Application form or a National Voter Registration Application form. Military and other persons residing outside of the United States should contact the Federal Voting Assistance Program for registration information.

Once you have submitted your registration form, you should receive an information card or other correspondence confirming your registration status. If you do not receive one, contact your local Registrar's Office to make sure that your application has been processed. You can also check for your voter record online. Please note that an information card or other correspondence confirming your voter registration status does not qualify as photo identification. For information on qualified identification for voting in person, or how to obtain a Voter Photo Identification card, please visit: elections.virginia.gov/voterID or call toll free at 800-552-9745 or TTY: 711

Do not hesitate to contact me with your questions about registering to vote. I also recommend the League of Women Voters' website, which is a treasure trove of information: www.lwv-va.org.

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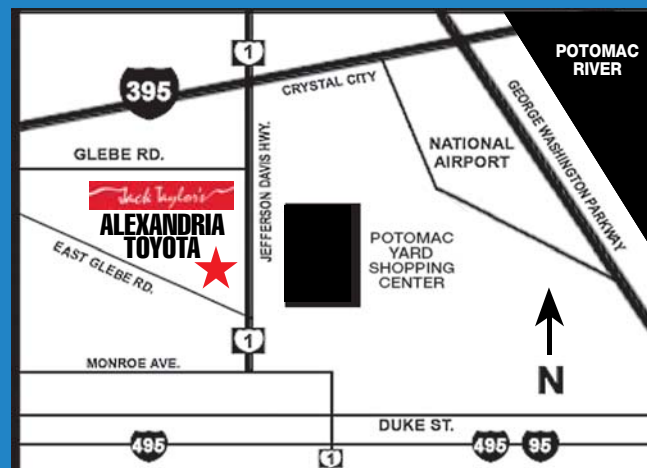
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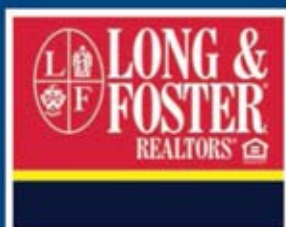
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\$575,000

Spacious Rambler -
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