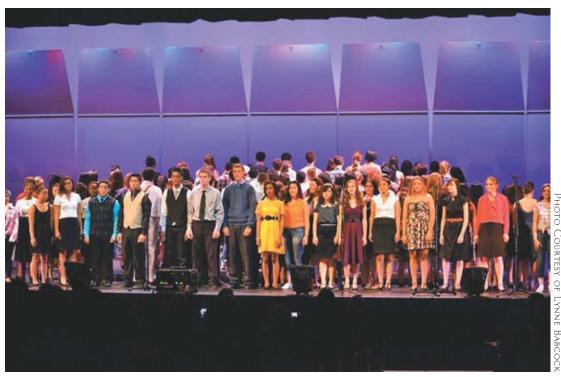
# HomeLifeStyle

PAGE 8

JUNE 8-14, 2016 25 CENTS Newsstand Price



Centreville High choral students perform their opening number in a previous "Broadway Pops" concert.

## **Broadway Tunes at CVHS**

"This concert is the

culminating effort

year.by our

of a very successful

wonderful singers."

— Choral Director

Lynne Babcock

## Annual, summer choral concert this week.

By Bonnie Hobbs Centre View

ome one, come all to the Centreville High Choral Department's annual "Broadway Pops" concert. It's this Thursday-Friday, June 9-10, at 7:30 p.m., in the school's Skip A. Maiden Theatre. Admission is free.

The concert features music from Broadway musicals performed by Centreville's six choirs,

along with performances by two, student-led a capella ensembles and solos by various senior members of the choirs.

"We invite the community to come and enjoy music from the Broadway Theater, peppered with both vintage and contemporary pop tunes," said Choral Director Lynne Babcock. "It's a great way to usher in summer with this wonderful, entertaining and thoroughly uplifting night of terrific music and young talent."

The show will open with "Ease on Down the Road" from "The Wiz," performed by all the choirs. Then the Madrigal Ensemble will sing two vocal-jazz charts, "Chile Con Carne" and "A Day in the

Life of a Fool," with a solo by Rebecca Brittain.

The Women's Ensemble will perform a medley from the Broadway production of "Pippin." Featured soloists will be Danielle Cabiran, Aiden LeBlanc and Hanna Whitaker. Following them, the Men's Ensemble will sing a medley from "Jersey Boys." Closing the first act will be the Concert Choir doing a medley of songs from the various shows of Broadway and film composer Stephen Schwartz. Allen Bong, Rebecca Spurrier, Andre Stevao, Nathan Cho, Tatiyana Nikolaev, Jared Renaud and Arianna Morrobel will all have solos.

Bella Voce will open the second act with a medley from the Broadway show "Beautiful, A Carole King Musical." Featured soloists will be Caitlin

Dodson, Jeidy Marmol and Richala Seidou. Next will come the Symphonic Choir with songs from the musical "Ragtime" with Zainab Barry, Zoe Costanza, Alexi Henderson, Seth Kim and Kobie Turner performing solos.

Then the senior choral students will sing their swan song, "Everyday," from "High School Musical 2." All the choirs will join for the finale, a rendition of James Taylor's "That Lone-

some Road," followed by a reprise of "Ease on Down the Road."

Among the a cappella groups performing will be the all-female Upbeats. Directed by Caitlin

SEE BROADWAY, PAGE 5

## Recognizing Achievement

32nd Chantilly Pyramid Minority Student Awards presented.

By Steve Hibbard Centre View

or the 32nd year, the Chantilly Pyramid Minority Student Achievement Committee held its Youth Motivation and Academic Achievement Awards on Saturday, June 4 at Chantilly High School. In front of its largest, standing-room only crowd, students from several high schools and middle schools were honored for their excellent academic achievements and accomplishments during the 2015-16 school year.

The plaques and trophies were awarded for Commit-to-Excel, Honors GPA, High GPA, Honor Grand, Grand Award, Humanitarian Award, Senior Class Award, Academic Awards and Special Awards. Students from the follow-



Master of Ceremonies, Chuck Coffin, addresses the crowd.

ing high schools were honored: Centreville High, Chantilly High, Oakton High, Westfield High and Mountain View High schools. The

SEE 32ND, PAGE 16



The winners of the Shirley O. Nelson Scholarship Awards went to Landon Johnson of Westfield High and Kiayana Reed of Chantilly High. The winners of the Cameron Guy Dudley Book Scholarship Awards went to Cara Clay of Westfield High and Kevin Orozco of Centreville High.

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# Remembering Reema Cabaret



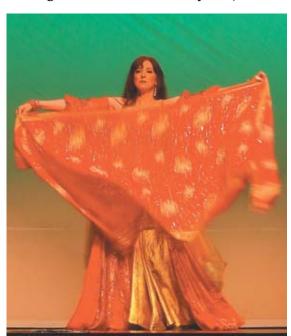
Ahmad Maaty dances to "Bird of the Night."



From left: Randa and Omar Samaha, Jesse Leahy and two visiting actresses do a comedy skit, "Burrito Monday."



Josh Nixon tap dances to "Rolling in the Deep."



Reema's former belly-dancing teacher.



From left: Lauren Bobby and Nicole Schmitt perform "Paris in June."



Russell School of Ballet performs "Coming and Going."

The annual Remembrance Cabaret for Reema Samaha was June 4 at Westfield High.

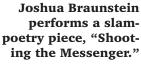


Molly Nuss sings "Beautiful City."



Jim Van Slyke: sings.

Photos by Bonnie Hobbs







A group of friends performs the dance number, "Poems."

www.ConnectionNewspapers.com

### Roundups

### Free Carseat Inspections

Certified technicians from the Sully District Police Station will perform free, child safety carseat inspections Thursday, June 9, from 5-8:30 p.m., at the station, 4900 Stonecroft Blvd. in Chantilly. No appointment is necessary. But residents should install the child safety seats themselves so technicians may properly inspect and adjust it, as needed.

Because of time constraints, only the first 35 vehicles arriving on each date will be inspected. That way, inspectors may have enough time to properly instruct the caregiver on the correct use of the child seat. Call 703-814-7000 to confirm dates and times.

## Documentary on Marijuana

The award-winning documentary, "The Other Side of Cannabis: Negative Effects of Marijuana on Our Youth." will be shown June 13 at the Sully Government Center, 4900 Stonecroft Boulevard Community meeting rooms, Chantilly, from 7:30-9 p.m. The presentation will be hosted by the Unified Prevention Coalition of

The screening is free, but due to limited seating, residents are asked to reserve a seat. at http://upcfilmjune13.eventbrite.com.

### Meeting on Drug Abuse

The second Heroin and Prescription Drug Abuse Town Hall will be held Tuesday, June 14 at 7 p.m. at Centreville High School auditorium.) United Prevention Coalition of Fairfax County (UPC) Vice President Greg Richter will serve on the panel.

Supervisor Pat Herrity, Supervisor Kathy Smith, and School Board Member Jeanette Hough host the event, partnering with the Drug Enforcement Agency (DEA), Fairfax County Police Department (FCPD), Community Service Board (CSB), Unified Prevention Coalition of Fairfax County (UPC), Substance Abuse & Addiction Recovery Alliance (SAARA), The Chris Atwood Foundation, Fairfax County Public School's Intervention and Prevention Services, and Us>Rep. Barbara Comstock's office. There will be a brief discussion period at the end where the audience may questions. For more information, Erika.Dyer@FairfaxCounty.gov.

### Church To Host Job Fair

The 2016 Community Job Fair hosted by Grace Covenant Church, at 4600 Brookfield Corporate Dr, Chantilly, will take place on Saturday, June 18 from 9 a.m. - 2 p.m. Members of the military will be granted access at 8:30 a.m. The job fair is open to the public, and free for job-seekers. Registration for businesses is \$25; see http://www.gracecov.org/event/797951-2016-06-18-2016community-job-fair/.

### Touch a Truck

Children and adults of all ages can see and explore all kinds of vehicles, up close and in person, at the fourth annual Touch-A-Truck. It's set for Saturday, June 18, from 1-4 p.m., at the Chantilly Regional Library, 4000 Stringfellow Road in Chantilly. There'll be police cruisers, fire and rescue vehicles, VDOT and water department trucks, a tow truck and, weather permitting, the police department helicopter, Fairfax One. Hosting this event are the Sully District Police Station and the library. Admission is free.

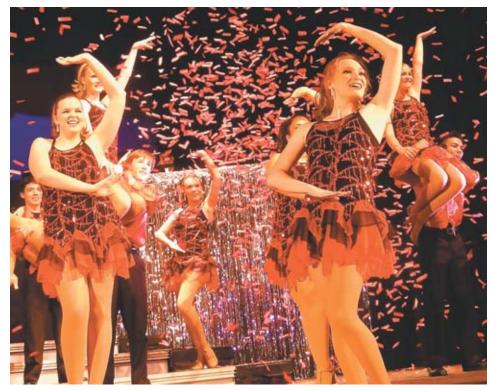
## Join Citizen Corps Council

There is an opening for a Sully resident to serve on the Citizen Corps Council. The Citizen Corps is FEMA's grassroots strategy to bring together government and community leaders to become involved in all-hazards emergency preparedness and resilience.

Visit www.fairfaxcounty.gov/oem/citizencorps/. If you're interested in volunteering, contact Laura Floyd at laura.floyd@fairfaxcounty.gov.

The Centreville Labor Resource Center is in need of moving

## News



The 2015 Jazz & **Pizzazz** finale, "Conga Rhythm."

> Рнотоѕ ву Bonnie Hobbs CENTRE VIEW

## Ready to Take the Stage

Chantilly High's 30th annual Jazz & Pizzazz is this week.

> By Bonnie Hobbs Centre View

> > **Cory Carter plays tenor sax**

during last year's show.

very year, Chantilly High's springtime extravaganza, Jazz & Pizzazz, is a special event filled with singing, dancing and music. And the 2016 show promises to be another one to remember because it's the school's 30th annual.

It bursts upon the stage this week — Wednesday, June 8, through Saturday, June 11, at 7 p.m. in the Chantilly theater. Tickets are \$10 at www.chantillychoral.org.

Nearly 50 students will perform in this high-energy show. Entertaining will be the choral ShowStoppers, plus the Chantilly Jazz and Jazz Combo, which accompanies the Showstoppers during their competitions.

"There's a wide variety of music, so anyone in the audience will be able to find songs they know and like," said Choral Director Evan Ayars. "It's an affordable night of entertainment for the whole fam-

To celebrate three decades of Jazz and Pizzazz, this Friday's show will honor the event's alumni. They'll sing a song from the movie, "Hairspray," called "Come So Far," along with the jazz band and choral students. And when the alumni sing solos during this number, some of the ShowStoppers will put on a fashion show. Ayars said they'll model "all the crazy clothes we used to wear in previous Jazz and Pizzazz shows through the years."

The program will include songs ranging from old standards, such as "Fly Me to the Moon" and a vocal jazz piece called "All the Pretty Little Horses," which the

musicians and singers will perform together. It will also feature today's hit songs, including "Shut Up and Dance" by Walk the Moon and Sam Smith's "I'm Not the Only One."

Two a cappella numbers sung by the choir alone will be "Das Sound Machine" from the movie "Pitch Perfect 2" and "Sun and Moon" from the Broadway play, "Miss Saigon."

In addition, eight students will sing solos on different nights. "They're very talented." said Avars. "And many of them will have students performing contemporary dances behind them, as they're singing, to add another level of interest for the audience."

Also looking forward to the show is Band Director Chris Singleton. Among the music his students will play is an arrangement of "March Slav," an up-tempo swing number and "I Remember Clifford," featuring Nathan Rhodes on trumpet.

"There'll also be a patriotic medley, 'Amber Waves," said Singleton. "And our big highlight is a song made popular by drummer Buddy Rich. It's called 'Waltz of the Mushroom Hunters' and features one of our senior drummers, Kevin Slappey."

The alumni band members will perform "Manteca," a Latin swing song, by themselves. It was written and made popular by jazz great Dizzy Gillespie.

Singleton said his students have been playing a

few of the pieces in the show all year. "And they've been working really hard to get everything ready for Jazz and Pizzazz," he said. "There's a lot of music, so a great deal of focus goes into preparing for a show this long.'

"They're doing a great job, and we're excited to perform it all," continued Singleton. "There's something for everyone, and it's great to see all these kids put so much dedication into this show, working for a common goal.

Ayars said his students "look forward to this every year and it's the biggest thing they've got going on. And it's energizing for me, as a teacher, to see how excited they

SEE READY, PAGE 15 Centre View \* June 8-14, 2016 \* 3



SEE ROUNDUP, PAGE 15



## SCHOOLS

## VRES Hosts Family Fun Color Run

or the Virginia Run Elementary School PTA Family Fun Color Run in April, there were 500 registered runners and walkers, parent and teacher volunteers, as well as local business sponsors. Approximately \$11,000 was raised to support curriculum enhancement, technology needs and student enrichment activities at Virginia Run Elementary School.

Virginia Run Elementary families started the Color Run with music and some prerace warm-ups. Participants were doused in red color-safe dye as the race began at the school. The 2-mile out and back course, winding through the Virginia Run neighborhood, had runners passing through six color stations and returning to the school to enjoy post-race entertainment, music, food, and fun on the black-top behind the school. This was the second year the PTA hosted this event and almost twice as much money was raised for the school thanks to parents, faculty and local business support.

PHOTOS



Racers get ready to start.





Assistant Principal Skerker runs with his daughter and student James Torres.



Kindergarten teachers (from left) Meg Curry, Sarah Kassis, Holly DelGrosso and Judy Novak at the Green Color Station.



VRES Students Graham Johnson and Andrew Harkins.



After the race, fom left, Michelle Calabro, Principal Edwards, Christi Brubaker (PTA fundraising), Kelly Sabine (race chair), Johannah Evans and Josh Antoncic.



VRES 4th grade friends at the start of the race.

## Broadway Tunes at CVHS

Dodson, its members will sing "The Hanging Tree" from "The Hunger Games." Also entertaining will be Symphonic Light, a small, mixed-voice, a cappella offshoot of Symphonic Choir. Directing is Kobie Turner, who arranged the medley of Disney songs this group will sing.

Senior soloists during the show will be: Zainab Barry ("No One Else"), Zoe Costanza ("Everything's Alright"), Prakriti Deuja ("Never Grow Up"), Caity Dotson ("Wild World"), Alexi Henderson ("You Gotta Be"), Frankie Idio ("Who?"), Erin Kang ("Hey Jude"), Seth Kim ("Stop This Train"), Paige Kranyak ("The Call"), Gabie Nicchitta ("Everything I Know"), Eransa Nnamugero ("Hear You Me"), Rana Rahman ("Landslide"), CJ Robinson ("Neverland"), Cara Shin ("Piece

By Piece"), Rebecca Spurrier ("All I Ask") and Adam Waldmiller ("Light in the Hallway").

Tara Penick, who works with Centreville's choirs every spring, choreographed the majority of the show. And comprising the back-up band will be Babcock on piano, her husband Scott on drums/percussion, Glen McCarthy on bass, Bill Burke on guitar and Marie Brittain on synthesizer.

"This concert is the culminating effort of a very successful year.by our wonderful singers," said Babcock. "We are so fortunate to have such talent in

These students are not only gifted singers, but also wonderful young people. It's an honor to be able to work with them, each and every day. I'm so very



### Virginia Department of Transportation

### **Public Hearing Notice Fairfax County Secondary Six Year Plan**

The Virginia Department of Transportation (VDOT) and The Board of Supervisors of Fairfax County, in accordance with Section 33.2.331 of the Code of Virginia, will conduct a joint public hearing in the Board Auditorium, Fairfax County Government Center, 12000 Government Center Parkway,

Fairfax, VA 22035 at 4:30 p.m. on June 21, 2016.

The purpose of this public hearing is to receive public comment on the Secondary Six Year Improvement Plan for Fiscal Years 2017 through 2022. Copies of the proposed plan may be reviewed at the VDOT's Northern Virginia District Office at 4975 Alliance Drive, Fairfax, VA 22030.

VDOT ensures nondiscrimination and equal employment in all programs and activities in accordance with Title VI and Title VII of the Civil Rights Act of 1964. If you need more information or special assistance for persons with disabilities or limited English proficiency, contact VDOT's Civil Rights at 703-259-1775 or TTY/TDD 711.

Persons wishing to speak at this public hearing should contact the Office of the Clerk to the County Board of Supervisors at 703-324-3151

### Volunteer Opportunities

Volunteer Fairfax invites

individuals and families, youth and seniors, corporate groups and civic clubs to volunteer. Fulfill hours, give back, or pay it forward through a variety service options. Visit www.volunteerfairfax.org or call 703-246-3460. **The Northern Virginia Long** 

### Term Care Ombudsman

Program needs volunteer advocates for residents in nursing homes and assisted living facilities. Contact Lisa Callahan at 703-324-5861, TTY 711 or email Lisa.Callahan@fairfaxcounty.gov.

#### The Shepherd's Center of Western Fairfax County (SCWFC) needs

volunteer drivers for medical/ foodbank appointments. SCWFC serves age 50+ residents in Chantilly, Centreville, Clifton, and western Fairfax/Fairfax Station helping them remain independent and age in place at home. Visit www.scwfc.org or contact 703-266-3548or scwfc.office@gmail.com

### **Fairfax County's Respite Care**

volunteers give family caregivers of a frail older adult a well-deserved break so they can go shopping, attend a doctor's appointment or just have coffee with a friend. Support and training are provided. Contact Emmy Thompson at 703-324-7404, TTY 711, or maura.thompson@fairfaxcounty.gov.

### Northern Virginia Family

Service is seeking volunteers to organize collection drives of toiletries products for clients in need. Requested items include shampoo, soap, lotion, deodorant, hand sanitizer, toothbrushes and toothpaste. Learn more about Northern Virginia Family Service at www.nvfs.org and contact Colleen Ross cross@nvfs.org if interested.

# PHOTO

## "Me and My Dad"

To honor dad on Father's Day, send us your favorite snapshots of you with your dad and Centre View will publish them in our Father's Day issue. Be sure to include some information about what's going on in the photo, plus your name and phone number and town of residence. To email photos, send to:

editors@ connectionnews papers.com





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(703) 994-4581 | Please RSVP by June 17.



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## PEOPLE



### **Scout Leaders Honored**

At the Annual Sully District Boy Scouts of America Awards Banquet three Sully District Boy Scout Leaders were honored. The highest award that Sully District can bestow is the District Award of Merit. This year's honorees were Chris Miller (left), Kevin Morley (center), and Tee R. Hadley (right). Sully District is comprised of over 1,600 youth and 400 registered adults.



### Recognition

In May, Centreville based Lane's Mill Chapter Daughters of the American Revolution (DAR) member Van Lee received recognition for her 50 years of membership in the organization. With Lee are her daughters Evangeline Barr and Susan Lee as well as her sister Virginia Poffenberger, all of whom are also members of DAR.



### Scouts Pull Invasive Plant Garlic Mustard

Scouts and their families from Cub Scout Packs 913, 1170, 1530, and 1540 and Boy Scout Troops 55, 1530, and 1983 filled 15 large garbage bags with garlic mustard, an invasive plant, from Cub Run Stream Valley Park in collaboration with Fairfax County Park **Authority's Invasive Management** Area program. In addition to learning about the importance of removing invasive plants and participating in a community service project, Scouts earned a Conservation Good Turn, an award for participating in a hands-on project to help the environment.



### **Dancers**

Fairfax Ballet Company dancers pose for a picture during rehearsals for the Fairfax Ballet Company's "Coronation of the Fairy Princess," last month at Centreville High School.



### Congratulations

USMC Captain Scott Behne (CVHS 2007, USNA 2011) hands younger brother, Ensign Mark Behne (CVHS 2012, USCGA 2016), his diploma and commission and welcomes him into the fellowship of public service at the May 18 Coast Guard Academy graduation ceremony.

## Centre View

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Centreville

Little Rocky Run

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## 5K Ice Cream Race at Bull Run

By Steve Hibbard

Centre View

he third annual 5K obstacle Ice Cream Race will be held Saturday, June 25 at Bull Run Regional Park in Centreville. The event will be held every half hour from from 8 a.m. to 12:30 p.m., and includes a waffle cone cargo net, slippery beams, a chocolate syrup water slide, a luscious ladder wall, an icy rope wall, a tricky traverse, a sticky steeple chase and more. Costumed people will line the race route dressed as ice cream cones, cherries and bananas; they will be throwing cherry bomb water balloons and other goodies at the runners.

For added fun, there will be an ice-cream eating competition, costume competitions, a dance party and food trucks. Runners will receive an Ice Cream race T-shirt and ice cream.

"We are very excited for this year's race because we will be bringing back the foam cannon. The foam cannon is an expensive piece of equipment that shoots a stream of foam 20-30 yards in the air," said race founder Max Bawarski, 33, a P.E. teacher at Providence Elementary School in Fairfax. "We also purchased slip N slides for the finish line. Runners will be sliding across the finish line this year which will be exciting and fun to watch." Bawarski also organized several Blood and Guts Runs during Halloween that had 5,000 attendees, and he is planning another Blood and Guts Run scheduled for Oct. 22, 2016.

Bawarski said there are a lot of new and cool vendors too. Just Jump will be showcasing its inflatables at the finish line, Game Truck will



Photo contributed

### The Ice Cream Race will include climbing walls and steeple chases.

bring its massive trailer so participants can play games inside their vehicle, Fit Bus will park its bus at the finish line so participants can play fun activities inside the bus, and there will be ice cream eating competitions, costume, and dance competitions too.

"Our race is designed for people that want to have fun and enjoy a wild running experience with their family and friends," said Bawarski. "The Ice Cream Race 5K is one of the wildest 5K events in the Washington, D.C. metropolitan area." This is a rain or shine event, and the minimum age to race is 5. There is a rinse station at the end of the race. The entry price ranges from \$30-\$45. Check out the website at www.theicecreamrace.com to register and find more information.

The venue is at Bull Run Regional Park, Special Events Center, 7700 Bull Run Drive, Centreville, VA 20121. For more details, email support@theicecreamrace.com or call Max Bawarski at 703-593-3173. For discount tickets, email max@theicecreamrace.com.

### BULLETIN BOARD

Email announcements to centreview@connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

#### KINDERGARTEN REGISTRATION Children who will be 5 years old

on or before Sept. 30, 2016, are eligible to attend kindergarten. Find the correct neighborhood school by entering your address at http:// boundary.fcps.edu/boundary/. Complete a packet of registration forms found at www.fcps.edu/it/ forms/enroll.pdf or in the school office. Gather supporting documents: proof of residence in the school boundary, a certified copy of the child's birth certificate, parent/ guardian photo ID, and any custody orders. Certificate of physical exam and immunization will be required before the student may start school, but is not required for registration. Parents who choose to delay enrollment in kindergarten by one year are required to notify the school in writing of their intent.

### Greenbriar West Elementary School is now accepting inform

**School** is now accepting information for next year's Kindergarten classes. Parents of children who live within the school's boundaries should call the school office at 703-633-6700 as soon as possible.

**Poplar Tree Elementary**. Call 703-633-7400 for more.

**Greenbriar East Elementary School**. Call the school office at 703-633-6400 with questions.

Union Mill Elementary is currently registering new students for the 2016-17 school year. Call the registrar at 703-322-8500 or email sheri.brown@fcps.edu to make an appointment to bring completed registration forms and supporting documentation to school.

www.ConnectionNewspapers.com

**Centre Ridge Elementary School** in

Centreville is open for Kindergarten Registration for the school year 2016-17. Call 703-227-2600.

### COMMUNITY FEEDBACK

Fairfax County Public Schools

(FCPS) is soliciting public review and comment on instructional materials (media, print, and lesson objectives) under consideration for Family Life Education (FLE). Recommendations affect grades 9, 10, 11, and students with low incidence disabilities in grades 3-10. The comment period continues through close of business on June 24. All comments received during the comment period will be shared with School Board members prior to their vote on the

recommendations Thursday, June 30.

Two evening opportunities for the community to review the two recommended media titles and book have been scheduled at Gatehouse Administration Center, 8115 Gatehouse Road, Falls Church, on Tuesday, June 14, and Wednesday, June 15, from 6-8 p.m. in rooms 2050 and 2051.

FLE instructional materials may be accessed online through Friday, June 24, for public review and comment at www.fcps.edu/is/hpe/fle.shtml.

❖ Citizens can submit comments on the recommendations via e-mail to FLEcomments@fcps.edu. The comment period continues through close of business on June 24. All comments received during the comment period will be shared with School Board members prior to their

vote on the recommendations Thursday, June 30.

### SEPT. 10-21

2016 Northern Virginia Senior

Olympics. Online registration will open July 5. Registration forms will be mailed to previous participants in late June and will be available at community and senior centers, senior residences and event venues. The registration fee of \$12, which covers multiple events, remains the same. Three events have an added fee, ten pin bowling, golf and orienteering. Deadline for registering is Aug. 27 (by mail), Sept. 3 (online). Call 703-830-5604 or email nvso1982@gmail.com for more. To volunteer, call 703-403-5360.

### MONDAY/JUNE 13

Marijuana Awareness. 7:30-9 p.m. at Sully Government Center, 4900 Stonecroft Blvd., Chantilly. Marijuana awareness movie and panel discussion. Learn about the negative effects of cannabis on youth. Free. Space limited, reserve online atupcfilmiune13.eventbrite.com.

The Giving Circle of HOPE (GCH) opens its 2016 Grant Cycle on June 13. The Giving Circle of HOPE seeks to create positive change in Northern Virginia through collective and engaged philanthropy. Since its inception in 2004, GCH has given nearly \$1 million to nonprofit organizations in Northern Virginia. Application instructions can be found at http://wp.me/P7bMCU-Fx. Grant

applications are due by 5 p.m. on Friday Aug. 12 and must be in electronic format only. To learn more about submission guidelines and our competitive screening process, go to www.givingcircleofhope.org/grants/collective-grants/.

### **ELECTRONICS RECYCLING**

Residents Can "E-cycle" at the I-66 transfer station. It is free but residents may be asked to show proof of residency. Personal waste only. The I-66 station is located at 4618 West Ox Road, Fairfax and open from 8 a.m.-4 p.m. from Monday-Saturday and from 9 a.m.-4 p.m. on Sundays. Visit www.fairfaxcounty.gov/dpwes/recycling/electric-sunday.htm for more.

### **DONATIONS**

The Student Auto Sales Program

operating from Centreville High School works in conjunction with the CVHS automotive technology classes to bring in donated automobiles, boats and motorcycles for students to work on. Some refurbished vehicles are sold, with 75 percent of the proceeds going back to the auto tech program. The program is in need of cars, trucks or motorcycles, which are fully tax deductible, for student training. Contact Lyman Rose at 703-802-5588 or by e-mail lyman.rose@fcps.edu for more.

**Cell Phones for Soldiers** is accepting donations of old cellphones so that troops can call home. Patrons may drop off donations at 14215E Centreville Square, Centreville.

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CONNECTION NEWS PAPERS

## HomeLifeStyle

## Creating Low Maintenance Outdoor Oasis this Summer

Simple ideas for enjoying outdoor space and reducing yard work.

> By Marilyn Campbell Centre View

arm weather and sunshine offer opportunities for spending time relaxing and entertaining outside. Local landscaping gurus offer suggestions for creating a low maintenance backyard that will allow for more time spent enjoying it and less time taking care of it.

Building an outdoor room or patio means less foliage to maintain and more space for entertaining. "It's low maintenance because if you have a patio with pavers you only need to spend a half hour once or twice a year maintaining it," said David Watkins, general manager of Merrifield Garden Center in Falls Church.

"You need to sweep more sand in and take care of any weeds that come up between the stones. When the ground freezes and thaws, you'll get movement in the ground,



Photo courtesy of Merrifield Garden Center

Drought-tolerant plants are aesthetically appealing and require little care once established.

which might cause two or three of the pavers to heave up. All you'll need to do in that case is pull up, break up and smooth out

the base material and lay them back down."
When creating a patio, using a stone that
will stand up to the elements and ensure

wear and tear is a key consideration. "Bluestone is durable and more high-end, but it's going to last forever," said Dianne Duvall of American Plant in Bethesda, Maryland. "Another option is manufactured paving blocks that will mimic the look of cobblestone or brick and create a uniform look. It's important that it be permeable so that water will soak through rather than pooling up or running off."

Furniture and accessories made of high quality, durable fabrics and other materials can add to the low maintenance appeal of patios and outdoor rooms, says Philip Smith, design consultant with Offenbachers, an outdoor furniture and accessories company with showrooms in Springfield and Fairfax. "Sky's the limit when it comes to color ... the season is full of vibrant pops and soothing undertones sure to please every style and preference," he said. "It is proving to be a very organic and lovely extension of the season's interior design trends."

When selecting low-maintenance plants, says Watkins, look for woody ornamental varieties such as boxwoods, hydrangeas and azaleas, which are aesthetically appealing and require little care once established. "You'll fertilize them in the fall and prune them after they finish blooming, and for

See Oasis, Page 9



## HomeLifeStyle



Adding a stone patio creates a low maintenance and aesthetically appealing outdoor space.

Photo courtesy of Merrifield Garden Center

## Creating Outdoor Oasis

"If you have patios, you

plants, it's like putting

curtains on a window."

— David Watkins.

**Merrifield Garden Center** 

have to have potted

FROM PAGE 11

you'll need to do," he said. "Once a plant is estab-

lished you'll probably only need to water them two or three times throughout summer, during at time when we are without rain for a couple of weeks."

Coneflowers and other native plants require little care, while adding potted plants to a landscape adds variety while preserving a yard's low-maintenance appeal. "If you have patios, you have to have potted

He recommends adding water-absorbing crystals

called Moisture Mizer, which retain and then release most of these plants that's all the maintenance water when the soil becomes dry. "It helps potted plants retain moisture because as the soil dries up, it

releases moisture and can cut your watering down tremendously," said Watkins.

Adding hostas or other ground cover plants can decrease pesky weeds and cut down on yard work. "Try to plant with landscaping that covers the whole plant bed," said Watkins. "If you layer a ground covering plant it adds texture, color and height difference and

plants, it's like putting curtains on a window," said fills in a plant bed. After 2-3 years the whole ground is covered, and the amount of mulch that you need to spend on the yard each year becomes less and less."

HOME SALES

In April 2016, 120 Centreville homes sold between \$925,000-\$92,500. This week's list represents those homes sold in the \$925,000-\$420,000 range. For the complete list, visit www.ConnectionNewspapers.com

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15244 SURREY HOUSE WAY 4 3 1 CENTREVILLE	\$615,000	Detached 0.30	20120 .	PLEASANT HILL
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5448 TREE LINE DR 4 2 1 CENTREVILLE	\$515,000	Detached 0.22	20120 .	XANADU ESTATES
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5417 TREE LINE DR 5 2 1 CENTREVILLE				
5817 DEER POND RD 4 3 0 CENTREVILLE				
5649 FLAGLER DR 4 3 1 CENTREVILLE				
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5733 NEWGATE TAVERN CT 4 2 1 CENTREVILLE	\$464,900	Detached 0.24	20120 .	NEWGATE
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13917 DEVIAR DR 3 3 0 CENTREVILLE	\$450,000	Detached 0.21	20120 .	COUNTRY CLUB MANOR
14610 LILVA DR 4 2 0 CENTREVILLE				
5319 ROSEMALLOW CIR				
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## SPECIAL CONNECTIONS CALENDAR

Advertising Deadlines are the previous Thursday unless noted.

### **JUNE**

6/29/2016.....Connection Families

### JULY

7/6/2016......Wellbeing 7/13/2016......HomeLifeStyle 7/20/2016......A+ Camps & Schools 7/27/2016......Connection Families: Our Pets

### **AUGUST**

8/3/2016......Wellbeing 8/10/2016......HomeLifeStyle 8/17/2016...A+ Camps & Schools – Back to School – **Private Schools** 

8/24/2016...Newcomers & Community Guide Pullout 8/31/2016.....Connection Families: Enrichment, Care & Back to School

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## ENTERTAINMENT

Email announcements to centreview@ connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks be-

#### **ONGOING**

Carolina Shag Dance. Wednesdays, 6:30-10 p.m. at Arlington/Fairfax Elks Lodge, 8421 Arlington Blvd., Fairfax. Free lessons at 7:30 p.m.; no partners needed; dinner menu at 6:45 p.m. Tickets are \$8. Visit www.nvshag.org for more.

Open Rehearsal. Wednesdays, 7:30 p.m. at Lord of Life church, 13421 Twin Lakes Drive, Centreville. The Fairfax Jubil-Aires barbershop chorus invites men of all ages who enjoy singing. Free. Visit

www.fairfaxjubilairs.org for more. **Toddlin' Twos.** Tuesdays, 10:30 and 11:30 a.m. at the Chantilly Library, 4000 Stringfellow Road. Early literacy storytime with songs and activities included. Age 2 with caregiver, free. Call 703-502-3883 to reserve a spot. **Storytime for Three to Fives.** 

Tuesdays, 1:30 p.m. at the Chantilly Library, 4000 Stringfellow Road. Stories and activities for children age 3-5 with caregiver. Free. Call 703-502-3883 to reserve a spot.

**English Conversation Group** 

Thursdays, 7 p.m. at the Chantilly Library, 4000 Stringfellow Road. Practice English with a group of students and adults. Free. Call 703-

502-3883 to reserve a space. **English Conversation Group**.

Selected Saturdays, 3 p.m. at the Centreville Regional Library, 14200 St. Germain Drive. Practice English

with a group of students and adults. Free. Call 703-830-2223 for a list of dates.

English Conversation Group. Tuesdays, 10:30 a.m. at the Chantilly Library, 4000 Stringfellow Road. Practice English with a group of students and adults. Free. Call 703-502-3883 to reserve a space. **Plant Clinic.** Saturdays, 10:30 a.m. at

the Chantilly Library, 4000 Stringfellow Road. A neighborhood plant clinic with horticultural tips, information, techniques, and advice. Free. Call 703-502-3883 to reserve a

ESL Book Club. Mondays, 7 p.m. at the Centreville Regional Library, 14200 St. Germain Drive. Meet and discuss a book chosen by group. Free. Call 703-830-2223 with questions and to reserve a spot.

**ESL Book Club**. Every other Saturday, 11 a.m. at the Chantilly Library, 4000 Stringfellow Road. Adults learning English are welcome to meet and discuss a book chosen by the group. To find out book title, call 703-502-

Lego Block Party. Every other Tuesday, 3 p.m. at the Chantilly Library, 4000 Stringfellow Road. Legos will be provided for an afternoon of building. Grades 3-6. Free. Call 703-502-3883 to reserve a

**Duplo Storytime.** Every other Wednesday, 10:30 and 11:30 a.m. at the Chantilly Library, 4000 Stringfellow Road. Develop and reinforce early literacy skills for reading success. Ages 1-3 with adult. Free. Call 703-502-3883 to reserve a spot.

Live After Five. Fridays at 5:30 p.m. at The Winery at Bull Run, 15950 Lee Highway. Every Friday night a band

plays on the patio of the winery. Free www.wineryatbullrun.com for a full schedule.

Singing. 7:30 p.m. at Lord of Life Lutheran Church, 13421 Twin Lakes Drive, Clifton. The Fairfax Jubil-Aires rehearse every Wednesday which includes training by an award-winning director. Visit www.fairfaxjubilaires.org for more.

Legos Kids Club. Every other Tuesday, 10:30 a.m. at the Centreville Regional Library, 14200 St. Germain Drive. Thousands of Legos for children to play with. Ages 6-12. Free. Call 703-830-2223 to

reserve a space. **Starlight Storytime.** Every other Wednesday, 7 p.m. at the Centreville Regional Library, 14200 St. Germain Drive. Stories under the stars for ages 4-8. Wear pajamas and bring stuffed friends. Free. Call 703-830-2223 to reserve a space.

#### PET ADOPTIONS

Adopt a Cat or Dog. Fridays, 6:30-8:30 p.m. at PetSmart, 12971 Fair Lakes Center, Fairfax. Visit

www.lostdogrescue.org for more. **Adopt a Dog.** Saturdays, 12-3 p.m. at Petco, 13053 Lee Jackson Highway. Visit hart90.org for more.

Adopt a Dog. Sundays, 1-4 p.m. at Petco, 13053 Lee Jackson Memorial Hwy. Adopt a puppy or dog. Visit aforeverhome.org for more.

Adopt a Dog. Saturdays, 1-4 p.m. at PetSmart, 12971 Fair Lakes Center, Fairfax. Adopt a puppy or dog. Visit www.lostdogrescue.org for more.

FRIDAY/JUNE 10

Sipping & Painting. 6:30 p.m. at The

Winery at Bull Run, 15950 Lee Highway, Centreville. Instructors provide step-by-step instructions. Tickets are \$40-45. Visit www.wineryatbullrun.com for more.

Author Event. 7 p.m. at Barnes & Noble, 12193 Fair Lakes Promenade Drive, Fairfax. Teens are invited to a pre-event for Thomas Jones. author of "Ask the Astronaut: A Galaxy of Astonishing Answers to Your Questions on Spaceflight." Free, but registration required. Email CRM2937@bn.com.

#### FRIDAY-SATURDAY/JUNE 10-11 Combo Classic Golf Tournament.

11 a.m. Friday and 8 a.m. Saturday at Twin Lakes Golf Course, 6201 Union Mill Road, Clifton. The 2016 Combo Classic is for paired golfers where one or both have a disability. Registration is \$300/team for two days, \$185/disabled individual for two days. \$180/team for one day, \$130/disabled individual for one day. Visit www.faurfaxcounty.gov for

#### FRIDAY-SUNDAY/JUNE 10-12

Teen Book Festival. 7 p.m. Friday, 2 p.m. Saturday, 11 a.m. Sunday at Barnes & Noble, 12193 Fair Lakes Promenade Drive, Fairfax. Book signings, readings, and more. Free Call 703-278-0300 for more.

Celebrate Fairfax! 6 p.m.-12 a.m. Friday, 10 a.m.-12 a.m. Saturday, 11 a.m.-7 p.m. Sunday at Fairfax County Government Center, 12000 Government Center Parkway. Northern Virginia's largest annual three-day festival and communitywide celebration at the Fairfax

County Government Center. Tickets are \$18 for weekend pass, \$10 for adults, \$8 for adults on Sunday, \$4 for children. Visit www.celebratefairfax.com.

#### **SATURDAY/JUNE 11**

Barnes & Noble Book Fair. 9 a.m.-11 a.m. at 12193 Fair Lakes Promenade Drive, Fairfax. The Fairfax Station Railroad Museum will participate in the Barnes and Noble Book Store Book Fair. The Museum will receive a percentage of net sales during the day for most purchases when patrons present a voucher from the Museum web site or just mention the Station at the check-out. Free to attend. Visit www.fairfax-station.org.

Stretch & Sip. 11 a.m. at The Winery at Bull Run, 15950 Lee Highway, Centreville. Take a yoga class, followed by a glass of wine. Tickets are \$13.50-15. Visit www.wineryatbullrun.com for more.

#### **SATURDAY-SUNDAY/JUNE 11-12**

Relay for Life. At Westfield High School, 4700 Stonecroft Blvd., Chantilly. Relay day includes a reception for cancer survivors and caregivers, an opening ceremony, a luminaria ceremony, and throughout the day there will be a DJ, live entertainment, games, and more. Visit relayforlife.org/chantillyva to register.

#### SUNDAY/JUNE 12

Joy Gala. 6-9 p.m. at The Waterford at Fair Oaks, 12025 Lee Jackson Memorial Highway, Fairfax. The Joey Pizzano Memorial Fund is hosting an opportunity for individuals with special needs ages 18 and up to enjoy dinner, dancing, games, and more. Free. Register at www.jpmf.org/ events. Call 703-549-4444 or email info@jpmf.org.

### MONDAY/JUNE 13

**Author Event: Rachel Renee** Russell. 7 p.m. at Barnes & Noble, 12193 Fair Lakes Promenade Drive, Fairfax. Russell celebrates the launch of "Max Crumbly: Locker Hero" with a reading, discussion, illustration demonstration, and book signing. Free. Call 703-278-0300 for more.

### **SATURDAY/JUNE 18**

**Family Day and Outdoor Aviation** Display. 10 a.m.-3 p.m. at Steven F. Udvar-Hazy Center, 14390 Air & Space Museum Parkway, Chantilly. See military, recreational, and home-built aircraft as well as classic automobiles. Enjoy presentations, demonstrations, special tours, and hands-on activities for all ages. Free. Call 703-572-4118 or visit airandspace.si.edu/udvarhazy.

Touch-A-Truck. 1-4 p.m. at the Chantilly Library, 4000 Stringfellow Road, Chantilly. Children and adults will have the opportunity to explore a wide variety of vehicles including (weather permitting) helicopter Fairfax One. Free. Call 703-502-3883

### **SATURDAY-SUNDAY/JUNE 18-19**

Northern Virginia Summer

Brewfest. 12-7 p.m. Saturday, 11 a.m.-7 p.m. Sunday at Bull Run Regional Park, 7700 Bull Run Drive, Virginia BrewFest returns for its summer installment presented by Mad Fox Brewing Company. Call 703-631-0550, visit www.nvrpa.com/ park/bull run, or

www.novabrewfest.com for more.

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## Entertainment

#### SUNDAY/JUNE 19

Annual Antique Car Show. 10 a.m.-3:30 p.m. at Sully Historic Site, 3650 Historic Sully Way, Chantilly. Free. Visit www.Fairfaxcounty.gov for more.

Father's Day Gourmet Cuban Pig Roast. 3 p.m. at Paradise Springs Winery, 13219 Yates Ford Road, Clifton. Menu to include La Caja China roasted pork, black beans and rice, yucca, salad, fried plantains, and tres leches for dessert. Tickets are \$75, \$65 for wine club members, \$45 for children. Visit

www.paradisespringswinery.com for more

#### **THURSDAY/JUNE 23**

**Program: 19th Century School** 

**Days.** 1 p.m. at Sully Historic Site, 3650 Historic Sully Way, Chantilly. Scribble on slate boards, write with quill pens and read stories in an 1820s school house, complete with fireplace. Admission is \$5 for county residents, \$7 for non-residents. Visit www.fairfaxcounty.gov for more.

#### **SATURDAY/JUNE 25**

Author Event: Sherryn Craig. 11

a.m. at Barnes & Noble, 12193 Fair Lakes Promenade Drive, Fairfax. Saturday story time with a visit from Sherryn Craig, author of "Midnight Madness at The Zoo." Free. Call 703-278-0300 for more.

#### SUNDAY/JUNE 26

Preserving Sully. 11 a.m. at Sully Historic Site, 3650 Historic Sully Way, Chantilly. On this specialized walking tour, see select archival photos and hear stories about past and continued efforts to preserve Sully Historic Site. Admission is \$8 for county residents, \$10 for nonresidents. Visit

www.fairfaxcounty.gov for more. **Author Event: Rick Campbell.** 2
p.m. at Barnes & Noble, 12193 Fair
Lakes Promenade Drive, Fairfax. Rick
Campbell, author of "The Trident
Deception" will release "Ice Station
Nautilus." Campbell will lead a
discussion and Q&A session for his
readers. Free. Call 703-278-0300 for

### **WEDNESDAY/JUNE 29**

White Glove Tour. 11 a.m. at Sully Historic Site, 3650 Historic Sully Way, Chantilly. Take a behind-the-scenes tour with a curator and learn the ins and outs of specialized furniture. Look in cabinets and the old clock and see the special door that leads to hidden storage areas. Admission is \$8 for county residents, \$10 for non-residents. Visit www.fairfaxcounty.gov for more.

Sully Architecture Tour. 1 p.m. at Sully Historic Site, 3650 Historic Sully Way, Chantilly. Tour Sully from the ground up, from cellar to rafters, and see 18th century construction techniques used when Sully was built. Admission is \$8 for county residents, \$10 for non-residents. Visit www.fairfaxcounty.gov for more.

#### **THURSDAY/JUNE 30**

**Program: 19th Century School** 

**Days.** 1 p.m. at Sully Historic Site, 3650 Historic Sully Way, Chantilly. Scribble on slate boards, write with quill pens and read stories in an 1820s school house — complete with fireplace. Admission is \$5 for county residents, \$7 for non-residents. Visit

www.fairfaxcounty.gov for more.

#### MONDAY/JULY 11

"How to Throw a Rockin'

Facebook Party." 7-9 p.m. at Gunnell House at Truro Church, 10520 Main St., Fairfax. Facebook can be a marketing tool for authors. Capital Christian Writers presents tips on throwing a successful Facebook party with Heather Gray, vice president of Virginia's American Christian Fiction Writer and the founder of The Inspired Inkpot, a coop street team for authors writing Christian fiction. Free. Visit www.capitalchristianwriters.org for more.

### FRIDAY/JULY 15

 $\textbf{Summer Wine Pairing Dinner.} \ 7$ 

p.m. at The Winery at Bull Run, 15950 Lee Highway, Centreville. Eat a five-course dinner paired with Bull Run wines. Tickets start at \$115. Visit www.wineryatbullrun.com for more.

## MONDAY-FRIDAY/JULY 25-29 Westfield Theatre Young Actors'

Workshop. 9 a.m.-12 p.m. at Westfield High School, 4700 Stonecroft Blvd., Chantilly. This high-energy, educational summer musical theatre camp is open to elementary students in rising grades 2-7. Tuition is \$125. Westfield Theatre Boosters is now accepting registrations for Young Actors' Workshop. For an enrollment form and more information, visit www.westfieldtheatreboosters.com







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## Sports



Jared DiCesare's RBI double sparked a five-run first inning for Chantilly during the 6A North region championship game on Friday.



Forrest Wagner earned a complete game victory against Battlefield in the 6A North region final on Friday.

## 'Pops' Delivers: Chantilly Wins Region Title

DiCesare's 3 RBI, Wagner's CG fuel Chargers.

> By Aaron Lundmark Centre View

any of his team mates call him "Pops." The 6A North region Player of the Year, Jared DiCesare, drilled an RBI double to left-center, sparking a five-run first inning against Battlefield and the Chantilly baseball team won the region championship with an 8-3 victory Friday night in Haymarket.

The Chargers (23-2) experienced heartbreak last season, losing to

Madison in the region and state championship games. This time for the Chargers, it was completely different, as they wasted no time jumping on top early in the region final.

"We knew we were going against a good arm," said DiCesare. "He came out with his best stuff, but we're pretty confident in our bats. We're hyped we got it done at the plate early on."

After the DiCesare double, Matt Padeway blooped an RBI single into right field to make it 2-0. Next batter was Brady Ryan, who knocked in courtesy runner Cameron Boddie with an RBI triple to left-center field, making it 3-0.

"It was huge," said head coach Kevin Ford.
"We haven't swung the bat like that in a while. The way we squared balls up — it was really good to see. Offensively, we haven't done a whole lot recently, so it was big to jump out in front like that."

Still in the first inning with two outs, Ryan



Members of the Chantilly baseball team celebrate winning the 6A North region championship on Friday.

was able to scamper home on a wild pitch by Battlefield starting pitcher Keagan McGinnis, a Virginia Tech commit, to make it 4-0. Then, Chris Pitura would reach on an infield single and move to second on an error. After that, Pitura would score on a Ryan Krueger RBI single to left, making it 5-0, Chantilly, after the top of the first inning

The next player to step up for Chantilly was starting pitcher Forrest Wagner, as the lefty answered a five-run first inning by throwing only four pitches in the bottom half of the inning to send his team back to the plate in the second.

"Usually, once we get three or four runs, I'm very comfortable on the mound," said Wagner. "So the fact that we got five in the first inning, I was beyond comfortable."

The top of the second started off similar to the first, as leadoff hitter Jared Enders reached on his second walk and DiCesare drove him in, but this time with an RBI single to center. After DiCesare stole second and moved to third on a groundout, he would score after Ryan would strike out swinging, but would reach after the ball squirted away from the Battlefield catcher making it 7-0.

Responding to that, Wagner came back out for the second inning, and used just nine pitches to breeze through it.

"He's got the guts," said DiCesare about his teammate. "When we need him to do something, he'll gut up and do it. I can say I know I love playing defense behind him because I know he'll get ground balls. He's an excellent pitcher who knows how to hit his spots that's why I love being behind him"

In the top of third after a Krueger single led to a pitching change for Battlefield, DiCesare hit an RBI triple down the right field line making it 8-0, Chargers. However, that was the final hit Chantilly would get, but it was more than enough for Wagner.

In the fourth, after a leadoff single by Battlefield's Tyler Solomon, first baseman Brady Harju blasted a two-run home run to right-center field cutting the lead to 8-2.

After that, it was important that Wagner was able to settle back down.

"Forrest just keeps getting it done," said Ford. "I didn't really care about the home run, [Harju] put a good swing on a good pitch, it happens. But Forrest kept battling, and he's done that for us all year long."

Wagner gave up another run in the final inning, making the final score 8-3, but a fly out to Enders in center shortly after caused a Charger celebration.

Wagner threw a complete game on just 82 pitches. He struck out eight, walked two, and gave up three earned runs

"After the home run I was just pitching to contact and making them get themselves out," said Wagner. "My team backed me up, I love these guys and they're the greatest. So I hope we can go far in the state tournament."

DiCesare finished the game 3 for 4 with a single, double, triple, and three RBI's. Padeway, Ryan, Wagner, Pitura, and Krueger all had hits for the Chargers.

"I'm not going to lie, I'm looking ahead," said DiCesare. "Our biggest goal is a state championship, we've been there a couple times and come up short. I'm going to enjoy this one for a couple days, but next week we're back at it."

Chantilly, which has finished state runner-up the last two seasons, will face 6A South region runner-up Cosby in the state semifinals at 4 p.m. on Friday, June 10 at Robinson Secondary School.

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## Business

## Partnership Broadens Reach of Tutoring Company

### Low-income students assisted.

BY ASHLEY CLAIRE SIMPSON Centre View

orthern Virginia's Turbo Tutoring launched a partnership with Kravitz Orthodontics in South Riding earlier this year to provide free SAT and ACT preparation programming to lowincome students who otherwise wouldn't be able to afford the classes to prepare them for college entrance exams.

Turbo Tutoring, a mobile prep program that conducts affordable seminars throughout both Fairfax and Loudoun counties, was started four years ago by Fairfax County Public School teachers Dan Harris and Greg

"I have known Dr. Kravitz for many years, and I can honestly say that I don't know a person who is more generous, more willing to help others than him," Greentree said. "He told me long ago that the first duty of any business is to invest in the community, and he has proven that time and time again. Turbo Tutoring is very proud to have him as a friend and partner."

The Turbo Tutoring founding duo's first goal was to make standardized test prep-



Harris

ping accessible to more students, and with their new partnership with Kravitz, Harris said they are excited to expand their resources even further. Turbo Tutoring offers

review for the SAT, the ACT and the PSAT. "The way it works is Kravitz Orthodontics writes us a check for \$185 to us, to cover the cost of the in-need student's admission for our prep class," he said. "We just began this partnership this year, and we are excited to continue it, and hopefully expand it, to help more students."

Both Turbo's ACT and SAT programs cost \$185 and are all one-time classes lasting two hours and 45 minutes, regardless of the examination being reviewed. Harris and Greentree designed the classes so that they cover everything a test-taker needs to know

Greentree

"Our mission is to help students achieve higher test scores, along with improving their overall confidence level when taking exams, both standardized tests, as well as tests in their own classes at school," Greentree said. "We teach test taking techniques along with the content for the ACT and SAT exams."

matter to test

taking tips and

strategies.

Greentree and

Harris teach all

of the Turbo

classes, which

around eight to

10 times a year.

range from 20

students up to

offer

sizes

they

Class

Turbo Tutoring's new partnership with Kravitz Orthodontics is one step closer to Harris and Greentree's collective quest to contribute to the success of every student in the community who needs the boost. This year, in addition to the scholarships through Kravitz Orthodontics, Turbo will offer free enrollment to a few students.

"Another main mission of ours is to give back to the community," Harris said. "We

 from subject have given a lot of money to several school Parent-Teacher-Student organizations, as well as athletic booster clubs. We have given scholarships out to students in the spring that have attended our class as well, and we look forward to doing that again this spring. Usually we give a short essay prompt about a topic, and advertise it through our Facebook and Twitter pages, then we select a winner. We would love to partner with other organizations to help give more scholarships."

Social media has been a powerful tool for Turbo Tutoring, as it was their first link to Kravitz Orthodontics.

"We connected through social media," Harris said. "I approached Neal, from Kravitz Orthodontics about the idea of helping students together, as we sometimes are approached by a teacher, counselor, or parent about having a student that wants to take our class because of the positive feedback they have heard about our program. Gregg and I hate for money to keep a student from taking our class, and we asked if the people at Kravitz Orthodontics would like to assist some of those students. They agreed to pay for some of the students that needed the financial help. They are amazing, selfless people at Kravitz Orthodontics."

To access Turbo Tutoring or learn more about the courses, visit turbo-tutoring.com or www.facebook.com/turbotutoring.

### SCHOOL NOTES

Email announcements to centreview@ connectionnewspapers.com.

Fairfax County Public Schools students earned 15 national medals in the 2016 Scholastic Art and Writing Awards program. National medalists will be celebrated at an awards ceremony at Carnegie Hall in New York City in June. Select national award winning work will be included in an exhibition in New York, and a traveling exhibition over the coming year. FCPS winners include:

\* Sarah Dickover of Centreville High School, Gold Medal for drawing and illustration.

The Scholastic Art and Writing Awards, presented by the Alliance for Young Artists and Writers, is the largest, longest-running recognition program of its kind in the United States. More than 300,000 students participate in the program across the country.

Fairfax County Public Schools students earned top honors at the 61st annual Fairfax County Regional Science and Engineering Fair held March 11-13 at Robinson Secondary School. Individual grand prize winners included Nicholas Lin of Westfield High School in Animal Sciences, Intralipid's Effect on Bupivacaine-Induced Cardiac Activity in Daphnia.

Fairfax County Public Schools students won 10 first place awards at the regional competition for National History Day held last weekend at Mount Vernon High School. First and second prize winners in each category and in each age division have qualified to compete in the Virginia History Day contest on Saturday, April 23.

First place winners included:

\* Rithika Anand and Joanne Lee, of Centreville High School, in Senior Group Exhibit for "The Space Race: Exploration that Led to Scientific Evolu-

\* Jesus Nevra and Nicholas Lin. of Westfield High School, in Senior Group Website for "The Silk Roads Impact on the Han Dynasty.

Second place winners included:

\* Zoe Seal, of Westfield High School, in Senior Historical Paper;

\* Aislin Carpenter, of Westfield High School, in Senior Individual Per-

\* Yeajin Cho, Jenny Chun, and Sophia Choi, of Centreville High School, in Senior Group Website.

Julie Coffey, of Centreville, was initiated into The Honor Society of Phi Kappa Phi, the nation's oldest collegiate honor society for all academic disciplines. Coffey was initiated at Longwood University (Farmville, Va.).

Kyle Scott and Sabetta Singh are among 50 University of Virginia undergraduates who will pursue 46 grant-funded research projects this summer. The research awards support students who present detailed plans for projects that have been endorsed by a faculty mentor. In February, a Faculty Senate committee selected the winners, who receive up to \$3,000. Scott, from Clifton, a third-year biomedical engineering major, is investigating the effects of a particular protein expression on malignant cancer cell growth and metastasis. Singh, from Centreville, a third-year neuroscience major, is researching a protein connected to multiple sclerosis, a debilitating neurodegenerative disease that results in degeneration of the myelin sheath in the brain and spinal cord.

 $\textbf{Seth Viveiros}, \ \text{of Centreville was}$ among 588 other freshman cadets sworn into the South Carolina Corps of Cadets.

The Phi Beta Kappa Society, the nation's oldest academic honor society, installed its 285th chapter at Mercer University (Macon, Ga.). Rebecca Anne Dickinson, of Centreville, was one of 26 students in the College of Liberal Arts to be inducted into Phi Beta Kappa. Dickinson is a senior majoring in both history and Spanish with a minor in political science.

**Carrie Hill**, of Centreville, a senior at Bob Jones University (Greenville, S.C.) pursuing a Bachelor of Arts degree in English, was admitted into the master's degree program in English and offered a graduate assistant position at Clemson University in Clemson, S.C.

The National Technical Institute for the Deaf at Rochester Institute of Technology (Rochester, N.Y.) held a Student Research Fair on April 15. Christine Youlee Kim, of Centreville, who is studying in the chemistry program, presented "Fluorescence Characteristics and PARAFAC Modelling of Bitumen from Ancient Ceramics."

Grace Chung, of Centreville High School, was one of 16 Fairfax County Public Schools students awarded corporate-sponsored scholarships from the National Merit Scholarship Corporation. Grace, who plans to study writing, was awarded the National Merit New York Life Family Scholarship.

Six Georgia Southern (Statesboro, Ga.) students, including Brooke **Fremeau**, of Centreville, took home awards at the local level of the 2016 American Advertising Awards (ADDY) in Savannah. Fremeau, a third year graduate student of art, earned a bronze



## **Bogged Down** To This-Or Not

By KENNETH B. LOURIE

Am I supposed to ignore, totally, the fact that I have cancer? I think I've made a seven-plus year survival history of doing so, mostly. But being indifferent, sort of, to a killer disease doesn't seem particularly prudent. Granted, it has been a way I've been able to assimilate the stress and rationalize the anxiety, but as an overall strategy? I can't say I'd recommend it, but...so far, so good.

Occasionally, I do wonder however, if being more engaged and more in tune with my body, my disease, my life expectancy, would help? I mean, not being depressed by my medical reality can't be the answer to a prayer, can it? It seems too easy, too irresponsible; to be inattentive to the very thing that might actually be killing me. Yet I haven't really stumbled. Cancer isn't for sissies, but neither can it be for a type "A", high intensity, 24/7 fighter. There's a part of me, not large enough I'll admit, that feels I should live my life without being intentionally self-destructive and not let the cancer control me, but rather that I control it/my life and let the chips fall where they may. There's something to be said for freedom/quality of life, but is that simply wishful thinking, and naïve wishful thinking at that? Or is attempting to live as normally as possible a key to my success?

I'm sure I'll never know. It's likely very difficult to measure in a clinical study/trial, the effects of such realities on tumors, and ultimately, patient outcomes. And neither is it possible to inject patients with a magic potion which changes their nature and in turn affects their survival. Talk about variables. Even the variable would have variables. Nevertheless, treatment has to consider mind, body and spirit, doesn't it? Allowing for and/or accommodating one without considering the other two would seem to presume that the whole is not the sum of its parts. Who's to say that keeping my spirits up is not as important as keeping my creatinine levels (as but one example) down? After all, medicine is science. not arithmetic. The calculations are not always correct. Sometimes, medical outcomes are not what's "prognosed"/anticipated. I'm living proof of that. Ergo, is my survival based on my medical treatment/ chemotherapy or my DNA, or was it simply my attitude? To not factor in all possibilities and plan accordingly seems irresponsible, almost.

Perhaps my attitude, my occasional indifference, my lack of obsession with my own outcome seems reasonable in light of my having survived for so many years vs the fact that so many others have succumbed to this terrible disease. Or maybe it's just blind, stupid, random luck (like the blind squirrel finding an acorn, as the old saying goes) and my positive attitude, sense of humor and non-preoccupation with my medical circumstances has had nothing to do with any of it?

Either way, there's no point in discussing it, really. If I want to continue living, I have to take the good with the bad – and vice versa, and not worry too much about things I can't control and about personality traits I don't possess.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers

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-Werner Heisenberg

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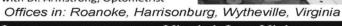
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## Ready to Take the Stage

get about it."

Jazz and Pizzazz also attracts huge audiences each year, including parents who've children have long graduated and people with no connection to the school, at all. That's because, over its history, Chantilly's Performing Arts Department has earned a reputation for putting on top-notch, professional-level shows, including this one.

"At Jazz and Pizzazz, people get to see live entertainment and really high-quality performances," said Ayars.

"This is a great, community event that I'm happy to be a part of and a tradition I'm glad to continue."

### Roundups

From Page 3

equipment to add to its tool supplies. Requested items are back braces, lift belts, sliders and straps that are used for moving jobs.

This equipment can be checked out by workers and brought back when they complete jobs. It will ensure that they're able to complete moving jobs more safely. In addition, the CLRC is seeking Spanish-speaking people to fill a number of volunteer positions. Contact Molly Maddra-Santiago at director@centrevillelrc.org.

### **Food Donations** For WFCM

Western Fairfax Christian Ministries' food pantry needs donations of 1-2 pound bags of rice, canned fruit (all types), canned pastas, canned meats (tuna, ham, chicken), cold and hot cereals, spaghetti and sauces, peanut butter, canned vegetables (including spinach, collard greens, beets) and cooking oil. Toiletries needed, which WFCM clients cannot purchase with food stamps, include facial tissues, toothpaste, shampoo and solid deodorant.

Bring all items to WFCM'S food pantry, weekdays, 9 a.m.-1:30 p.m., at 13888 Metrotech Drive, near Papa John's Pizza and Kumon Learning Center, in Chantilly's Sully Place Shopping Center. A volunteer stocker/ bagger is needed Wednesdays, 4-6 p.m. Contact Annette Bosley at 703-988-9656, ext. 110, or abosley@wfcmva.org.

## Meals on Wheels Volunteers

Fairfax County needs Meals on Wheels drivers in Chantilly and group Meals on Wheels coordinators in both Chantilly and Fairfax. Call 703-324-5406, TTY 711, VolunteerSolutions@fairfaxcounty.gov or www.fairfaxcounty.gov/dfs/ olderadultservices/volunteersolutions.htm.

### Give Caregivers A Break

Fairfax County needs Respite Care volunteers throughout the county to give family caregivers of a frail older adult a well-deserved break. Volunteers visit and oversee the safety of the older adult for a few hours each month. Volunteers are matched with families in or near their own neighborhoods. Support and training is provided. Contact Kristin Martin at 703-324-7577,

TTY711, or

## Long-Term Care Advocates

Kristin.Martin@fairfaxcounty.gov.

The Northern Virginia Long-Term Care Ombudsman Program needs volunteer advocates for residents in assisted living and nursing facilities. Training is provided in September. Call 703-324-5861, TTY 711 or email Lisa.Callahan@fairfaxcounty.gov.

## **Drive Seniors to** Appointments

Fairfax County needs volunteers to drive older adults to medical appointments and wellness programs. Call 703-324-5406, TTY 711, visit www.fairfaxcounty.gov/ olderadults and link to Volunteer Solutions email VolunteerSolutions@ fairfaxcounty.gov.

### Personal Trainer Is Needed

The Sully Senior Center, at 5690 Sully Road in Centreville, needs a certified personal trainer - preferably, one with experience working with older adults - for one hour, two days a week. For these and other volunteer opportunities, call 703-324-5406 or visit www.fairfaxcounty.gov/olderadults and click on Volunteer Solutions.

## Women's Self Defense Program

The Fairfax County Law Enforcement Foundation is partnering with the Fairfax County Police Department to offer the Women's Self Defense Training program. It's based on the SAFE program formerly provided by the Police Department, but now being taught by C&J Security Corp.

The program is a two-day class that will meet on consecutive Tuesday and Thursday evenings from 6:15-9:30 p.m. It's currently offered free and all class materials are included. Program sponsored by Fairfax County Law Enforcement Foundation.

The course is offered to females, age 13 and older. A female guardian must accompany girls 13-18. No men other than the instructors are permitted to be present during a class. Call 703-246-7806, e-mail WSD@fairfaxfoundation.org or go to www.fairfaxfoundation.org.

## 32nd Chantilly Pyramid Minority Student Awards

FROM PAGE I middle school students were from: Rachel Carson Middle, Rocky Run Middle, Liberty Middle, Ormond Stone Middle, Franklin Middle and Lanier Middle. This year's theme was "The Pursuit of Excellence — Students, Parents, and Schools — Let's Just Do It."

Dr. Johnny Nelson, who serves as CPMSAC president, said: "We've been in operation for over 30 years and we've seen this program grow. Fairfax County has grown in diversity and that diversity is shown right here. The Chantilly Pyramid is about motivating students. This program started by emphasizing closing the achievement gaps with other students, blacks and Hispanics." Sylvester "Sye" Smith was honored during the ceremony on his recent retirement from BAE Systems after 46.9 years; 17.5 years of military service; and 33.5 years of service to CPMSAC.

Keynote Speaker Matthew Harris, a senior at Westfield High School, told the crowd that you have two choices as you get older: Option 1 is to complain and Option 2 is to change your mentality. "At the end of the day, everything boils down to individual focus," he said. "You have to realize that it all starts in the mind, so you have to minimize distractions; and select your friends carefully because not everybody's going to support your vision."

He added: "School comes first, and after that, put time into your passions, into your dream. Put time into bettering yourselves ... It's all about balance. You have to be able to balance your time if you want to be successful ... Excellence is a choice; choose to free yourself from mediocrity. Start living your excellent life on purpose."



Master of Ceremonies Chuck Coffin honors the seniors who received a personal, engraved plaque.

Mountain
View
High
School
students
make
their way
to the
stage.





Students from Franklin Middle School make their way to the stage.



Dr.
Johnny
Nelson
congratulates a
student
on her
award.



Keynote speaker Matthew Harris, a senior at Westfield High School.



Sara Sturm, who sang the National Anthem, was a finalist on "American Idol."



Westfield High School students make their way to the stage.





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