



The Arlington Connection

‘Little Bit of Blues’

NEWS, PAGE 3

Just warm enough with bright blue skies as “Little Bit A Blues” opens the Columbia Pike Blues Fest on Saturday, June 17. Warner Williams and Jay Summerour accompanied by Eric Selby (not shown) play piedmont-style acoustic blues. Family activities included face-painting, a Moon Bounce, and for the family pet, a dog-watering station.

Top Arlington Sports Moments

SPORTS, PAGE 12

‘A Lot of Project in a Little Space’

NEWS, PAGE 3

SPORTS, PAGE 12 ♦ ENTERTAINMENT, PAGE 6 ♦ CLASSIFIED, PAGE 14

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'Little Bit of Blues'

"Your cheatin' heart will tell on you..." A couple dances in the aisles to the sound of "Little Bit of Blues" at the 21st annual Columbia Pike Blues Fest. The festival was presented in collaboration with the Columbia Pike Revitalization Organization's primary funder, Arlington Economic Development.



Emma Nelson pulls out a basket of hot fried plantains and puts them out next to a pan of spiced rice at the Suya To Go Nigerian stand at the Columbia Pike Blues Fest. Other food vendors included Moroccan, Caribbean, Mexican, donuts and barbecue.

PHOTOS BY
SHIRLEY RUHE
THE CONNECTION



Estrella Belén Chávez (left) and Lucy Brinkman carefully touch their brushes to fill in the lines on the Columbia Pike Paint-A-Mural Project at the Blues Fest on June 17. This mural that will highlight Columbia Pike landmarks was designed by Arlington-based artist David Amoroso who created the framework. Passers-by were invited to paint between the lines to complete the final mural.

"Little Bit A Blues" opens the Columbia Pike Blues Fest on Saturday, June 17. Warner Williams and Jay Summerour accompanied by Eric Selby (not shown) play piedmont-style acoustic blues.



Garvey Prevails

Incumbent County Board Chair defeats primary challenger.

BY VERNON MILES
THE CONNECTION

After a split from the Arlington Democratic establishment following her opposition to the streetcar project and her support of independent John Vihstadt, County Board Chair Libby Garvey faced a primary. Democratic opponent Erik Gutshall had gathered the support of fellow County Board member Jay Fisette as well as Arlington's Democratic state legislators. But with a 10 percent vote lead,



Garvey

Garvey retained the Democratic nomination in last week's primary.

"We've been spending a lot of time knocking on doors and doing coffees with citizens," said County Board Chair Libby Garvey. "People want a government that's transparent and responsible. The positive message resonated well with people."

Frank Shafroth, director of the Center for

State and Local Government Leadership at George Mason University, said the election came down to personal preference rather than party politics.

"Arlington voters tend to follow the 'Arlington Way,' so that they are less partisan and more focused on bottom lines," said Shafroth. "As Chair Garvey describes it: Arlington's citizens and organizations help her, and she helps them. She seems focused on building community, and I think voters lean to someone they perceive as putting their interests (and results) over party in-

terests."

Garvey herself didn't seem to disagree, citing her experience in local elected office, particularly in the Arlington School Board, as part of her deep roots in the community.

"This is my 20th year in elected office, so people know me," said Garvey. "I have a record. [Arlington voters] appreciate experience and they like an issues-oriented campaign. That's what the voters wanted."

With no Republican challengers filing for the November election, Garvey's opposition will be independent Audrey Clement.

A Lot in A Little Space

New condominium approved despite neighborhood density concerns.

BY VERNON MILES
THE CONNECTION

As Arlington County's population continues to climb, projects are getting more densely packed together. The latest example is the new 14-story condominium building on 2000 Clarendon Blvd. approved at the June 18 Arlington County Board meeting.

"We're trying to fit a 10-pound bag into a five-pound box," said County Board member Christian Dorsey.

The project is 18,380 square feet and is pressed between Odyssey Condominiums and other high-rise development. The site is currently occupied by a squat, three-story building.

The owners and residents of Odyssey Condominiums filed letters and showed up in person at the meeting to protest the development, asking that the project be delayed until further negotiations could reduce the density of the project or shift the tower of the new development to not block views from current Odyssey residents.

County Board member John Vihstadt sided with the residents and said the application should be deferred to allow more time for negotiations.

"There's a difference between compliance and what's right for the county," said Vihstadt. "I think the project would benefit

SEE A LOT OF PROJECT, PAGE 13

NEWS BRIEFS

Nauck Town Square Design Meeting on Thursday

The public is invited to attend the Nauck Town Square Design Meeting at 7-8:30 p.m., June 23, at the Charles Drew Community Center, 3500 23rd St. S.

Artist Walter Hood will share his final draft concept for Nauck Town Square, the area between 24th Road and S. Shirlington Road. The Square is intended to serve as a community gathering place, with a plaza, public art and seating.

Projects To Restore Stream; Upgrade Storm Sewer

The Arlington County Board approved contracts on June 18 for two projects, one to restore the lower section of the Four Mile Run stream and another to upgrade the storm sewer and install new water mains and four facilities to filter stormwater runoff in north Arlington.

The board approved a \$3.5 million contract to restore the lower section of the Four Mile Run stream. This will implement the first phase of the Four Mile Run Restoration Master Plan, approved in 2006. The project will naturalize the stream bank and construct living shoreline features along Four Mile Run between Mount Vernon Avenue and Route 1. The living shorelines is intended to reduce erosion along the bank, improve water quality by capturing sediment and utilizing nutrients, and provide habitat for fish and waterfowl. The stone riprap that currently covers the stream banks will be replaced with native plants.

In addition, the asphalt trail adjacent to the project will be rebuilt.

The project is expected to begin in late summer and last about one year. Several Four Mile Run trail detours will be in place throughout much of the construction. The public will be notified in advance through many channels, and there will be signs on the trail.

In a separate action, the board approved a \$3.5 million contract to upgrade the storm sewer, install new water mains and four green street "bioretention" facilities to filter stormwater runoff for West Little Pimmit Run. The project is located at Nottingham Street and John Marshall Drive, and North Kensington Street along 33rd Street North. Approximately 1,500 feet of existing 48-inch storm sewer pipes will be upgraded to 54- or 60-inch pipes.



Students at Park Ridge Elementary stand outside Marymount University's Myhill Portable Planetarium. They were concluding their study of the solar system. From left are D'Brickshaw Davis, Jackson Dixon, Sofia Bragin, Lily Canales, Bailey Gibson, Isabella Mayorga and Chase Krause. Inset: The planetarium is packed and ready to go in Dr. Eric Bubar's car.

Have Planetarium, Will Travel

Thanks to a portable planetarium, Marymount University has been taking space to elementary and middle school students. It's a great way to get them excited about science, said Dr. Eric Bubar, the assistant professor who is in charge of Marymount University's Myhill Portable Planetarium.

At the end of May, Bubar spent two days at Saint Ann Catholic School, where he presented "Back to the Moon for Good," a 24-minute planetarium show chronicling teams around the world that are competing for the \$30 million Google Lunar XPRIZE. To win, a team must land a robotic spacecraft on the moon, navigate 500 meters over the lunar surface, and send video, images and data back to earth. Bubar has also taken the planetarium to Fort Belvoir Elementary School in Fairfax County and to science fairs.

Marymount got the planetarium last year, thanks

to fundraising efforts by Bubar and others. The planetarium, which weighs about 60 pounds, is so small when packed that Bubar can haul it in his Honda Fit. Made of heavyweight plastic and vinyl material, the inflatable dome needs only a 20- by-20-by-20-foot indoor space for use. It can hold about 30 young children or 20 adults.

In the past, Bubar said many schools had analog systems for planetariums that are no longer supported. Converting them to a digital system can be expensive. He said only a few dozen schools throughout the country have the portable planetariums. They typically cost between \$25,000 and \$30,000, though Marymount was able to purchase a refurbished version because Bubar was comfortable making adjustments.

For more information, or to request a planetarium visit, see www.marymount.edu/mu-planetarium.

Lafayette Federal Credit Union Opens Branch in Crystal City

Lafayette Federal Credit Union opened a new full-service branch in Crystal City at 2231 Crystal City Drive on June 16. The Crystal City location is Lafayette Federal's third in Northern Virginia — joining McLean and Falls Church — and its seventh in the Washington metro area.

Branch Manager Veronika Memetova will oversee the Lafayette Federal Crystal City location. She plans to involve Lafayette Federal in various community outreach activities and Crystal City events.

The new branch is open 8:30 a.m.-4 p.m. Monday-Friday and 9 a.m.-noon on Saturday. The phone number is 703-639-6541. The new branch offers the full complement of financial services, including no-fee checking accounts, residential mortgage and commercial real estate loans, auto and boat financing, credit card accounts, payroll direct deposit and other products.



Lafayette Federal Credit Union opened a new full-service branch in Crystal City. From left: Brian Jester (Lafayette Federal), Kate Bates (president/CEO of the Arlington Chamber of Commerce), Norman Cohen (Lafayette board chair), B. John Farmakides (president/CEO Lafayette Federal) and Lucas George (Lafayette Federal).



PHOTO CONTRIBUTED

From left are Joe Reed, physical education teacher at Abingdon Elementary School; Christine Manley, corporate relations associate at Transurban; Mike Collazos, physical education teacher at Abingdon Elementary School; and two Abingdon Elementary School students.

Safe Routes Program Receives Grant

Arlington Public Schools Safe Routes to School will receive a \$5,000 grant this quarter through the 395 Express Lanes Community Grant Program for an elementary bicycle education program, according to Transurban, the Virginia Department of Transportation's partner on the 395 Express Lanes project.

Arlingtonians for a Clean Environment, Four Mile Run Conservatory Foundation and Penrose Neighborhood Association also

each received a \$5,000 grant through the 395 Express Lanes Community Grant Program this quarter.

The next application deadline for the 395 Express Lanes Community Grant Program is June 30. Interested organizations and community members can learn more by reading the 395 Express Lanes Community Grant Program Overview and Guidelines and apply online at 395ExpressLanes.com/grant-application.



PAUL SCHOMBURG PHOTO

In Performance

"A Night at the Opera" featured Jennifer McGinnis (left), Arianna Rodriguez and others at Carderock Falls Manor in McLean on May 26. The performance by Arlington-Based Opera NOVA was to raise money for the production of "Treemonisha" in the fall. The abbreviated Scott Joplin opera will be performed for as many as 3,500 school children in the fall at Thomas Jefferson Community Theater.



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OPINION

Stem Gun Violence Epidemic

BY GERRY CONNOLLY
U.S. REPRESENTATIVE (D-11)

Last week, America woke to what has become an all-too-common night mare. A man driven by hate and armed with assault weapons carried out our nation's worst mass shooting. In its aftermath 49 were dead, 53 injured, and communities across our country were left violated, vulnerable and wondering how this could happen again?

It's a scene repeated too often in our country. 49 murdered in Orlando. In December, 14 were killed in San Bernardino. A year ago, nine were murdered during Bible study in South Carolina. Twenty innocent children and six teachers were gunned down inside a school at Sandy Hook. Thirty-three were lost at Virginia Tech — including five bright, young, talented students from our community. Twelve were killed in an Aurora movie theater. The list goes on.

We must have an honest conversation about the hate that is brewing. This time a man stole the lives of 49 people, many of whom identified as LGBT, and all of whom were celebrating and supporting inclusion, progress, and freedom. The attacker's homophobic intent has been lost in the media coverage. Some have

Painted this as an issue of terror, but we must be reminded that so much of the blood shed to gun violence has been at the hands of those who claim no allegiance to Islam or ISIS. America's dark history of mass killings has come from problems of mental illness to proclamations of white supremacy, and it's a fallacy to attribute the continuous violence to "Radical Islam."

In the wake of these almost weekly tragedies, the response from Congress is as predictable as it is disappointing. We offer our thoughts and prayers. We hold a moment of silence; anything to distract from the central cause, and common instrument, of these crimes. How many more must die before Congress acts?

This is a problem for which there are solutions. Expand universal background checks to keep guns out of the hands of dangerous people. Reinstate the assault weapons ban. Close the gun show loophole.

But the gun lobby and the Republican Majority it controls stand in the way of each of these reforms. For example, the NRA opposes expanded background checks for gun purchases even though majorities of gun owners and NRA members support them.

The NRA even opposes the CDC funding for research on gun violence and its effect on public health despite the fact that more than 30,000 people die in gun related deaths annu-

ally.

In 1994, Congress passed the Assault Weapons Ban, restricting certain types of weapons and capping the size of ammunition magazines. However, in the time since the ban has been allowed to lapse, these weapons of war have become a common tool for the mayhem unleashed in these mass shootings. Do I think an assault weapons ban would prevent all crimes? Of course not; but certainly our Founding Fathers did not envision AR-15 semi-automatic rifles when they drafted the Second Amendment.

In a shocking video, Virginia Tech survivor Colin Goddard demonstrated just how easy it is to skirt background checks. Without even a photo ID or background check, Goddard was able to purchase an AK-47. Closing the gun show loophole, which allows private dealers to forego background checks required of licensed dealers, would stem the flow of illegal weapons.

When we marked the three-year anniversary of Sandy Hook, I said if more politicians viewed the safety of the American people as more important than pleasing the NRA, reason would prevail and the club of gun violence victims and their families would not continue its unrelenting growth. Instead, our ever-more-frequent moments of silence and inaction speak volumes.

LETTER TO THE EDITOR

Benefits of Clean Energy

To the Editor:

In recent days, Governor McAuliffe has been receiving a lot of pressure to back down from his

commitments to our climate and environment. The notion that clean, renewable energy is bad for our

economy is simply misleading. It is true that clean energy is bad for certain, powerful interests, but it's also good for health and the

safety of all Virginians. That's why so many homes and businesses have already chosen to replace dirty energy with solar panels. The solar industry in Virginia grew by 86 percent in 2015 alone. A clean energy plan will not only cut carbon emissions, but it will also cut

energy costs as we push for more efficient energy systems.

As someone with family members who have developed cancer as a direct result of carbon pollution and smog, the issue of carbon pollution hits too close to home for me. In 2014, the Asthma and Allergy Foundation of

America put Richmond at the top of list as the worst city for people with asthma to live in, with carbon pollution as a major contributor. In 2004, the total charges for asthma hospitalizations were \$96 million in Virginia. Imagine how much of a burden that was for middle class Virginia families, in addition to the pain of asthma in the first place.

A move to cleaner forms of renewable energy would mean job creation and technological innovation. A strong, growing clean energy sector could provide an abundance of high-paying jobs. Our state's Clean Power Plan

could include incentives to train workers in the transition to clean technologies. Virginia could be a major leader in clean energy, with a stronger economy and a healthier, safer population. This transition won't be easy, but isn't this the kind of Virginia we all want to live in?

Bella Jones
Arlington

Easing The 'Ouch'

Arlington Woman's Club members recently donated 60 small pillows to the new Inova Children's Hospital Wing. The pillows held against any surgical incision helps to soften the "ouch" that happens when they cough or even giggle. The head of the children's heart unit, Dr. James A. Thompson accepted them along with two Inova Foundation staff members.



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NEWS DEPARTMENT:
arlington@connectionnewspapers.com

Steven Mauren

Editor

703-778-9415

smauren@connectionnewspapers.com

Vernon Miles

Reporter

757-472-3435

vmiles@connectionnewspapers.com

Jon Roetman

Sports Editor

jroetman@connectionnewspapers.com

@jonroetman

ADVERTISING:
For advertising information
sales@connectionnewspapers.com
703-778-9431

Debbie Funk

Display Advertising/National Sales

703-778-9444

debfunk@connectionnewspapers.com

Andrea Smith

Classified & Employment Advertising

703-778-9411

asmith@connectionnewspapers.com

David Griffin

Marketing Assistant

703-778-9431

dgriffin@connectionnewspapers.com

Editor & Publisher

Mary Kimm

mkimm@connectionnewspapers.com

@MaryKimm

Executive Vice President

Jerry Vernon

703-549-0004

jvernon@connectionnewspapers.com

Editor in Chief

Steven Mauren

Art/Design:

Laurence Foong, John Heinly

Production Manager:

Geovani Flores

Special Assistant to the Publisher

Jeanne Theismann

jtheismann@connectionnewspapers.com

@TheismannMedia

CIRCULATION: 703-778-9427
circulation@connectionnewspapers.com

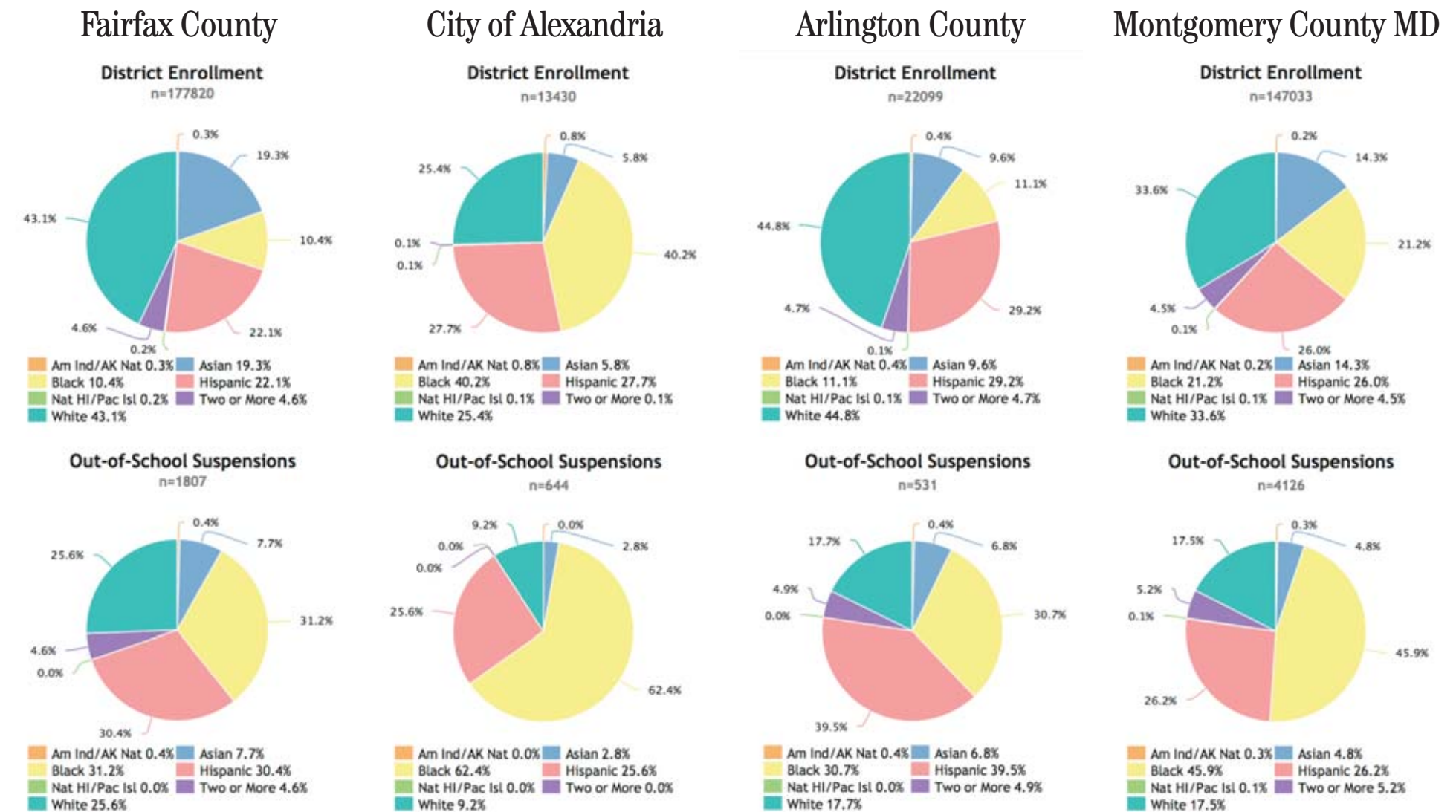


These charts on area school systems relate to suspensions, revealing significant disparities. The data is drawn from the 2011–12 Civil Rights Data Collection of the U.S. Department of Education. The Civil Rights Data Collection includes data from every public school in the nation — approximately 16,500 school districts, 97,000 schools, and 49 million students — including data on disparities related to student discipline, and many other data points. The Connection will periodically present comparative data from the collection. For more information about the CRDC, visit: <http://ocrdata.ed.gov>.

District Enrollment vs. Out of School Suspensions

Compared to overall enrollment, what is the race/ethnicity of students receiving Out-of-School Suspensions?

SOURCE: CIVIL RIGHTS DATA COLLECTION, ED.GOV



The Arlington Community Foundation awarded \$473,500 worth of scholarships to 78 students.

78 Students Receive Scholarships from Arlington Community Foundation

The Arlington Community Foundation (ACF) awarded college scholarships valued at a total of \$473,500 to 78 students to attend college next year. The scholarship awards range from \$1,000 to \$10,000, many of which are renewable, allowing students to finish their undergraduate education with financial assistance. An additional 105 scholarships were renewed for returning college students, for a total of 183 recipients.

More than 45 different types of scholarships were awarded — some for financial need, academic merit or community service, others for students who have overcome difficulties, and still others for specific studies.

Over the last 19 years the Arlington Community Foundation has awarded over \$4 million to over 870 Arlington students to attend college.

Four scholarships were awarded for the first time this year: the Ann and Morton Friedman Scholarship, the Bill White Tennis Scholarship, the Dorothy E. Rogers Memorial Scholarship, and the Mary Marshall Scholarship. Each scholarship award is made possible by the generosity of numerous individuals, families, businesses and organizations who have established named scholarship funds. For information on how to start a new scholarship fund or contribute to an existing scholarship fund to help deserving Arlington students attend college, call 703-243-4785 or email info@arlc.org.

The 2016 Arlington Community Foundation scholarship recipients include:

Zulhumar Adil, Nouf Al-Neyadi, Jose Alvarenga, Abigail Anderson, Enkhgerel Baasandorj, Lucky Bakhtawar, Nishan Barua, Bilegtuvshin Battogtokh, Jordan N. Beer, Hamza Belafia, Jenna Blanton, Anthony Box, Nia Brockman, Monica Denisse Burgos, Gabriella S. Cano, Isabella E. Cano, Lydia Cawley, Sara Chamma, Yara Chamma, Marion Chavarria Rivera, Jenisha Chudal, Kayla A. Cleggett, Marlee Cobb, Sofia Cohen, Kathleen Cooper, Colin Crovella, Ian Crovella, Dylan Cunningham, Daniel R. deButts, Jacob Dormuth, Yousra El-Gattari, Youssef Errami, Madeleine Fortney, Bay Gates, George Gerardi, Benjamin Gilligan, Saida Granados, Ruth Hailu, Alex Hendel, Farhad Hossain,

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ENTERTAINMENT

Email announcements to arlington@connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

ONGOING

Sci-Fi Book Club. Third Wednesday of each month, 7-8:30 p.m. at Java Shack, 2507 N. Franklin Road. Free. Visit www.library.arlingtonva.us.

Kenmore Students Glass Art Exhibit. Library hours at Arlington Central Library, 1015 N. Quincy St. Kenmore Middle School students will have stained glass art displayed. Free. Email jeffbrookland@me.com.

Gallery Underground: "The View From Within." Through June 25 at 2100 Crystal Drive. "View from Within," is a solo show by local painter Anna Schalk. The exhibition explores the artist's experience when interacting with another person. Free. Visit www.galleryunderground.org for more.

"Flights of Fancy." Through July 9, gallery hours at Lee Arts Center, 5722 Lee Highway. Featuring works inspired by either texture, color, and/or literal impressions from the Lee Arts Center's Butterfly Garden. Free. Visit www.leeartscenter.org.

"La Cage Aux Folles." Through July 10, various times at Signature Theatre, 4200 Campbell Ave. Signature Theatre presents the story of the 20-year relationship between Albin, the lead drag performer of The Saint-Tropez Night Club on the French Riviera, and Georges, the club's owner, facing a test when their son announces his engagement to the daughter of ultra-conservative political parents. Tickets start at \$40. Visit www.sigtheatre.org for more.

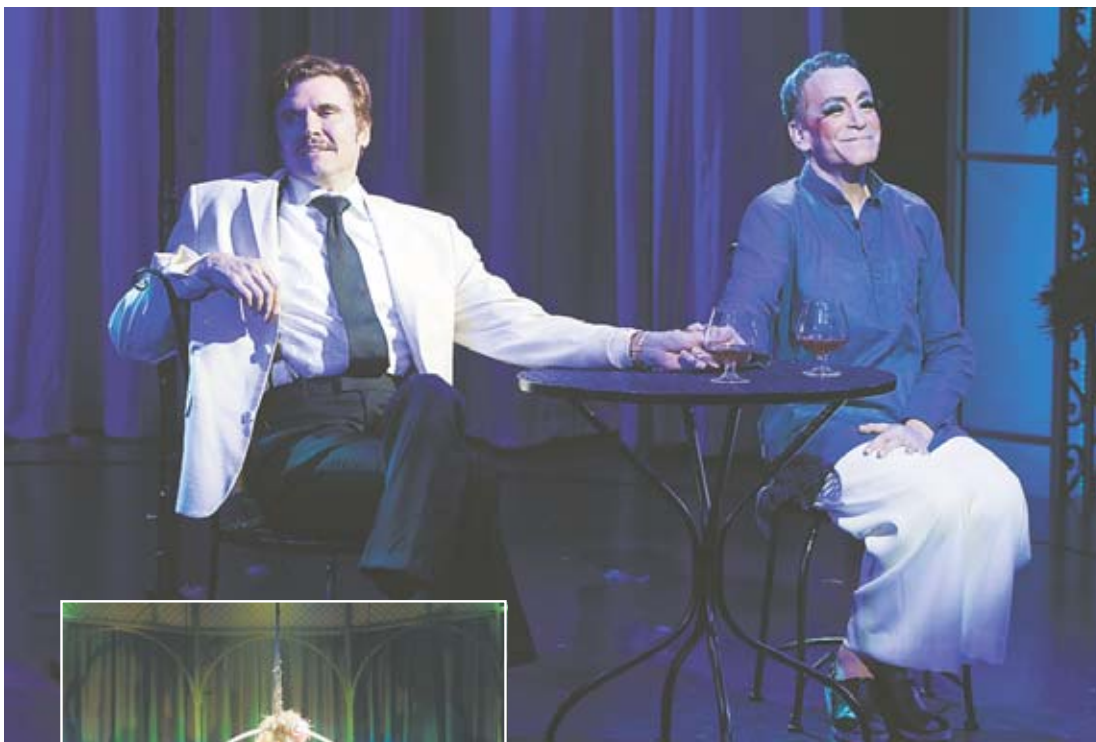
Twilight Tattoo. Wednesdays, through Aug. 3, 7 p.m. at Joint Base Myer-Henderson Hall Summerall Field, Sheridan Ave., Fort Myer. Twilight Tattoo is an hour-long, live-action military performance that blends the precision and discipline of the 3rd U.S. Infantry Regiment (The Old Guard) with the orchestral sounds and pop music from The U.S. Army Band "Pershing's Own." Free. Visit www.twilight.mdw.army.mil.

Netherlands Carillon Concerts. Saturdays through Aug. 28, 6-7 p.m. at 1400 N. Meade St. Guest artists play patriotic music, jazz and pop on the Carillon's 50 bells. Free. Visit www.rosslynva.org for more.

Call for Entry: The Athenaeum Invitational 2016. Through Aug. 28. The theme asks artists to reflect on a moment of pure joy. It is inspired by the Lewis and Clark's expedition across the uncharted North American continent to reach the Pacific Ocean. After a two-year trek, William Lewis crested a hill, saw the vast body of water and cried, "The Ocean in view. Oh! The joy!" The entry fee is \$35. Visit www.nvfaa.org for more.

Ball Sellers House. Saturdays, April-Oct., 1-4 p.m. at Ball Sellers House, 5620 3rd St., S. The Ball-Sellers House, the oldest building in Arlington County is open to the public for tours. The house was built around 1742 by John Ball and named the Ball-Sellers House to honor both the builder and the donor. Free. Visit www.arlingtonhistoricalsociety.org for more.

Post-Graduate Residency Studio. Through Nov. 17, gallery hours at The Torpedo Factory Art Center, 105 N. Union St. The Torpedo Factory Art Center welcomes four emerging artists to participate in the Post-Graduate Residency Program. Jihee Kang, Paulette Palacios, Anne Smith,



Brent Barrett (Georges) and Bobby Smith (Albin). Left: Sam Brackley as Angelique.



PHOTOS BY CHRISTOPHER MUELLER

'La Cage Aux Folles' in Full Swing at Signature

"La Cage Aux Folles" details what happen when the 20-year relationship between Albin, the lead drag performer of The Saint-Tropez Night Club on the French Riviera, and Georges, the club's owner, faces a test when their son announces his engagement to the daughter of ultra-conservative political parents. The production stars Bobby Smith as Albin and Brent Barrett as Georges. The show will run through July 10 at Signature Theatre, 4200 Campbell Ave. Tickets start at \$40. Visit www.sigtheatre.org for more.

and Danielle Smith, were juried by Paul Shortt, new media curator for Arlington Cultural Affairs. Artists can create and sell work, interact with the public, and network with other artists. The program will culminate in a group exhibition in the Torpedo Factory's contemporary exhibition space, the Target Gallery. Free. Visit www.torpedofactory.org for more.

Arlington's Historical Museum Open on First Wednesdays. The Arlington Historical Museum is open to the public on the first Wednesday of every month from 12:30-3:30 p.m. The museum consists of exhibits chronicling Arlington County's history from Native American settlements up to the present day. The museum will continue to be open on Saturdays and Sundays from 1-4 p.m. Admission is free. The museum is located in the former 1891 Hume School building at 1805 S. Arlington Ridge Road. Contact Garrett Peck at 571-243-1113 or at garrett.peck@arlingtonhistoricalsociety.org.

LGBT & Straight Friends Social. Tuesdays. Happy Hour, 3 p.m.-7 p.m.; Mikey's "Bar A" Video Wall, 7 p.m.; start time at 8 p.m. IOTA Club & Cafe, 2832 Wilson Blvd. For 21 years and older. Free. Visit www.iotaclubandcafe.com for more information.

Open Mic Comedy. Wednesdays 8-10 p.m. at Ri Ra Irish Pub, 2915 Wilson Blvd. Doors open at 7 p.m. Age 21 and up only. Free show, \$25 cash

prize for best joke. Call 703-248-9888 or visit www.RiRa.com/ Arlington for more.

Food Truck Thursdays. 5:30-8:30 p.m. at the corner of North Irving St. and Washington Blvd. Find a round-up of regional food trucks. Free to attend. Visit www.dmvfta.org.

Invasive Plants Removal. Work parties are held every month to keep the parks free of destructive invasive plants. Teens, adults and families welcome. Every second Sunday of the month 2-4:30 p.m. at Gulf Branch Nature Center, 3608 Military Road; call 703-228-3403. Every third Sunday of the month 2-5 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road; call 703-228-6535 or visit registration.arlingtonva.us. Free, no registration required.

Poetry Series. 6-8 p.m. second Sunday of the month at IOTA Club & Cafe, 2832 Wilson Blvd. Hosted by poet Miles David Moore. Featured artists share their poetry followed by open readings. Free. Visit www.iotaclubandcafe.com or call 703-522-8340.

Open Mic Nite. 8 p.m.-12:30 a.m. every Wednesday at IOTA Club & Cafe, 2832 Wilson Blvd. Sign-up times are 7:30 p.m. and 10 p.m. Bring instruments, fans and friends. Visit www.iotaclubandcafe.com or call 703-522-8340.

Karaoke. 8 p.m. on the first Sunday every month at Galaxy Hut, 2711 Wilson Blvd. Visit

www.galaxyhut.com or call 703-525-8646.

Pub Quiz. 8 p.m. every Sunday at Whitlow's on Wilson, 2854 Wilson Blvd. Prizes for first place. Free. Visit www.whitlows.com or call 703-276-9693.

Storytime. Wednesdays and Fridays, 10:30-11 a.m. at Kinder Haus Toys, 1220 N. Fillmore St. Storytime with Ms. Laura. Call 703-527-5929.

Lego Club. Monthly on the first Wednesday. 4-5 p.m. Glencarlyn Branch Library, 300 S. Kensington St. The library provides tubs of legos and a special challenge and after the program the creations are displayed for everyone to see. No registration required. Call 703-228-6548.

Crystal City Sparket. 11 a.m.-2 p.m. on Wednesdays at 1900 Crystal Drive. Sparket — A Creative Market is an extension of DC's Eastern Market with arts, crafts, and handmade goods. Free to attend. Visit www.crystalcity.org.

Open Mic Night. Wednesdays, at 8 p.m., sign ups are at 7:30 and 10 p.m., at Iota Club & Cafe, 2832 Wilson Blvd. Free. Visit <http://www.iotaclubandcafe.com/>.

Art for Life. Third Thursday of each month. The Hyatt Regency Crystal City's "Art for Life" Partnership with National Kidney Foundation brings a new artist each month to The Hyatt for a reception. Free. Visit www.torpedofactory.org.

Brunch at Freddie's. Third Saturday of every month, 11 a.m.-1 p.m. at

Freddie's Beach Bar, 555 23rd St. The Arlington Gay and Lesbian Alliance gathers for an all-you-can-eat breakfast buffet (\$9.99). All are welcome. No reservation is required. Visit www.facebook.com/events/700174390103305.

WEDNESDAY/JUNE 22

Wednesdays in the Garden. 7-9 p.m. at Arlington Central Library, 1015 N. Quincy St. This series, taught by Arlington Food Assistance Center volunteers and VCE Master Gardeners, is designed to teach gardening skills to a wide audience. Topic for this session will be "Solar Cooking." Free. Visit library.arlingtonva.us for more.

THURSDAY/JUNE 23

Film Screening: "Breaking Down The Box." 7 p.m. at Rock Spring Congregational United Church of Christ, 5010 Little Falls Road. Produced by filmmaker Matthew Gossage, the film examines the mental health, racial justice and human rights implications of the systemic use of solitary confinement in U.S. prisons. The 40-minute film will be followed by a discussion and opportunity to experience life in a solitary confinement cell through virtual reality. Free. Call 703-538-4886 for more.

FRIDAY/JUNE 24

Rosslyn Cinema: "Raiders of the Lost Ark." 5-11 p.m. at Gateway Park, 1300 Lee Highway. Food will be available for purchase from Rocklands Barbecue, and from 5 p.m. until the film starts, grab a glass of beer or wine at the Mobile Bar. Free. Visit www.rosslynva.org for more.

Vintage Crystal: Wine in the Water. 6-10 p.m. at Crystal City, 1750 Crystal Drive. Wine in the Water Park is an outdoor event featuring wine varietals and live music in the neighborhood's Crystal City Water Park. ArtJamz is offering a free painting session at Wine In the Water Park. Free. Visit www.crystalcity.org for more.

Firefly Festival. 7:30-9:30 p.m. at Fort C.F. Smith Park, 2411 N. 24th St. Activities include; bug hunts, games, crafts, walks, and talks about fireflies. Tickets are \$7. Call 703-228-6535 for more.

FRIDAY-SATURDAY/JUNE 24-25

Spain Under the Spotlight. 8 p.m. at Gunston Arts Center, 2700 S. Lang St. Carmen de Vicente and the Requebros Spanish Dance Group perform. Tickets are \$25. Visit www.carmendevicente.com.

SATURDAY/JUNE 25

Claiming a Legacy: Marriage and Freedom at Arlington Plantation. 10 a.m.-4 p.m. at The Arlington House, 321 Sherman Drive, Fort Myer. The Robert E. Lee Memorial will celebrate the historic union of Maria Carter and Charles Syphax, an enslaved African American couple, as an NPS Centennial event. Free. Visit www.nps.gov.arho for more.

Hour of Code. 10:30-11:30 a.m. at Arlington Central Library, 1015 N. Quincy St. The Hour of Code Workshop is a one-hour introduction to computer science, designed to demystify code and show that anybody can learn the basics. While designed to encourage girls to learn to code, the workshop is open to all 6th-8th graders, regardless of gender. Free. Visit arlingtonva.libcal.com/event/2563326 to register.

ENTERTAINMENT

SATURDAY-SUNDAY/JUNE 25-26

Children and Teens Book Sale. 9 a.m.-1 p.m. Saturday, 8 a.m.-12 p.m. Sunday at St. Mary's Episcopal Church, 2609 North Glebe Road. Find a wide selection of books, DVD movies, and magazines for sale, all proceeds go to the Arlington Pediatric Center. Free to attend. Visit www.stmarysarlington.org.

JUNE 25-JULY 31

Art Exhibit: "Reconciliation." Gallery hours at Arlington Arts Center, 3550 Wilson Blvd. This multimedia exhibition explores alternative historical narratives that unfold non-sequentially during the excavation of an 18th century stone-lined privy in the backyard of a former tenement building in the Lower East Side of Manhattan. Free. Visit www.arlingtonartcenter.org.

Art Exhibit: "Materialized Magic." Gallery hours at Arlington Arts Center, 3550 Wilson Blvd. On the Lower Level, AAC's Jenkins Community Gallery will be transformed into an immersive three-dimensional fiber art installation, Materialized Magic: Mythical Creatures in a Yarn Artistry Habitat. Artists Stacy Cantrell and Erika Cleveland source the community for creation, assembly, installation, and de-installation. Free. Visit www.arlingtonartcenter.org.

JUNE 25-OCT. 2

Exhibit: "Strange Landscapes." Gallery hours at Arlington Arts Center, 3550 Wilson Blvd. "Strange Landscapes" approaches landscape as a historical legacy, a lens for exploring nature, and foundation for

imagining alternative ways of being. Featuring painting, drawing, installation, video, sculpture, and performance, the exhibition highlights artists whose work draws on and challenges traditional artistic approaches to the natural and built environments. Free. Visit www.arlingtonartcenter.org.

SUNDAY/JUNE 26

3rd Annual Pops for Pets. 6 p.m. at Lubber Run Amphitheater, 200 N. Columbus St. The Arlington Philharmonic and the Animal Welfare League of Arlington host the third annual Pops for Pets concert. Free, \$20 suggested donation. Visit www.awla.org for more.

MONDAY/JUNE 27

Laughter Yoga. 6:30-7:30 p.m. at Arlington Central Library, 1015 N. Quincy St. Laughter Yoga, for all ages, is a practice that reduces stress and strengthens the immune system. Free. Email arlingtonlaughteryoga@yahoo.com.

TUESDAY/JUNE 28

Coloring for Adults. 1-3 p.m. at Lee Community & Senior Center, 5722 Lee Highway. Templates for coloring will be provided. Bring pastel pencils, color pencils, gel pencils or watercolor pencils. Free. Call 703-228-0550 for more.

Hawaiian Cultural Program. 6:30-7:30 p.m. at Walter Reed Community Center, 3501 Second St. S. Halau O 'Aulani is a Native Hawaiian cultural school serving the Washington, D.C., area since 1996. As an Arlington supported organization, Halau O 'Aulani teaches the music, dance and

cultures of Hawai'i. Discuss and see demonstrations of Hawaiian music, hula and culture. Free. Call 703-228-0935 for more.

Arlington's Got Talent. 6:30 p.m. at The Salsa Room, 2619 Columbia Pike. Local talent is invited to perform to benefit the efforts of Leadership Arlington. Tickets are \$30 in advance, \$40 at the door. Visit www.leadercenter.org.

WEDNESDAY/JUNE 29

Wednesdays in the Garden. 7-9 p.m. at Arlington Central Library, 1015 N. Quincy St. This series, taught by Arlington Food Assistance Center volunteers and VCE Master Gardeners, is designed to teach gardening skills to a wide audience. Topic for this session will be "Made in the Shade." Free. Visit library.arlingtonva.us for more.

FRIDAY/JULY 1

Rosslyn Cinema: "Coming to America." 5-11 p.m. at Gateway Park, 1300 Lee Highway. Food will be available for purchase from Pepe Food Truck and from 5 p.m. until the film starts, grab a glass of beer or wine at the Mobile Bar. Free. Visit www.rosslynva.org for more.

SATURDAY/JULY 2

Black Bears Campfire. 7-8 p.m. at Gulf Branch Nature Center, 3608 N. Military Road. This program will feature stories, special animal guests, games, songs, and s'mores. Admission is \$5. Call 703-228-3403.

SATURDAY-SUNDAY/JULY 2-3

BeCause Festival Announcement

and Information Kick-off Weekend. 8 p.m. Saturday and 11 a.m. Sunday at Sehkraft Brewing, 925 N. Garfield St.; 5 p.m. at Unitarian Universalist Church of Arlington, 4444 Arlington Blvd. Roosevelt Dime is the founding artist of Festival BeCause, a locally driven and nationally focused festival of music, performances, screenings and lectures. Events at Sehkraft are free, tickets are \$20, \$15 for students for the Sunday 5 p.m. concert. Visit www.rooseveltdimemusic.com.

MONDAY/JULY 4

July 4th Celebration. 5-10 p.m. at Long Bridge Park, 475 Long Bridge Drive. Live music, food truck rally, sports and games for all ages, and great views of the Washington, D.C. fireworks display. Free. Visit parks.arlingtonva.us/july-4th.

Fireworks Party. 6-11 p.m. at The Women's Memorial, at the Ceremonial Entrance to Arlington National Cemetery. Kidsave's 4th of July Fireworks Party features a view of the fireworks, an American summer picnic, and includes activities for the whole family. Enjoy dinner prepared by the chefs of Union Kitchen, a live and silent auction, a wine tasting bar, entertainment, and more. The event benefits Kidsave, whose work gives families to older kids living in U.S. foster care and foreign orphanages. Tickets are \$150 for adults, \$75 for children. Visit www.kidsave.org/4th.

TUESDAY/JULY 5

Erin Driscoll: "Arias and Attitude." 8 p.m. at Signature Theatre, 4200 Campbell Ave. Helen Hayes Award Winner Erin Driscoll

explores the evolution of opera in this eclectic evening of classical arias, musical theater and rock. Tickets are \$35. Visit www.sigtheatre.org.

WEDNESDAY/JULY 6

Sizzlin' Summer Nights: "The Showcase." 8 p.m. at Signature Theatre, 4200 Campbell Ave. Up-and-coming talent from D.C. area universities present for the first time on the Signature stage. Tickets are \$35. Visit www.sigtheatre.org.

THURSDAY/JULY 7

Robbie Schaefer: "Songs From a Small Light." 8 p.m. at Signature Theatre, 4200 Campbell Ave. Robbie Schaefer, songwriter and guitarist from the indie folk band, Eddie From Ohio, performs songs from A Small Light in a Dark Room, which is currently in development and marks his first foray into musical theater. Tickets are \$35. Visit www.sigtheatre.org for more.

THURSDAY-SUNDAY/JULY 7-10

Camp Heat. All day at Arlington County Fire Department, 2100 Clarendon Blvd. Arlington's Fire Department will host "Camp Heat," a four-day immersion for female students, ages 15-18, to consider becoming firefighters or emergency medical technicians after high school or college. Free. Visit fire.arlingtonva.us for more.

FRIDAY/JULY 8

Rosslyn Cinema: "Dirty Dancing" 5-11 p.m. at Gateway Park, 1300 Lee Highway. Food will be available for purchase from Union Dog Food Truck



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WWW.NVWWS.ORG



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 8/3/2016.....Wellbeing

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ENTERTAINMENT

FOOD & DRINK

Fairlington Farmers Market. Sundays from 9 a.m.-1 p.m., May 1 - November 20 Rain or shine, Find fresh produce, grass fed meats, eggs, coffee, pastries and baked goods, flowers and other prepared foods. Fairlington Community Center, 3308 S. Stafford St. Visit www.fairlingtonfarmersmarket.org for more.

Rosslyn Farmers Market and Concert. 11 a.m.-2 p.m., Thursdays, May 29-Oct. 16, 1401 Wilson Blvd. The market offers fresh foods and goods from regional vendors including bread and pastries, farm-fresh and organic produce, herbs and spices, exotic teas and specialty coffees, gourmet baked goods, and marinades and sauces. Visit www.rosslynva.org/do/rosslyn-farmers-market1.

Clarendon Farmers Market. Year-round, has locally produced breads and pastries, organic vegetables, flowers, soap, sorbet and more. From April to December on Wednesdays from 3-7 p.m. at Clarendon Central Park, adjacent to the Clarendon Metro Station. The opening date has yet to be decided. Visit www.Clarendon.org/farmersmarket. Call 703-812-8881 or email matt@clarendon.org.

Arlington Farmers Market at Courthouse. Adjacent to the Arlington County Courthouse Parking Lot, at the intersection of N. Courthouse Road and N. 14th St. This is a 'producer only' market with more than 30 producers. From January through March, the market is open on Saturdays 9 a.m.-noon. Visit www.arlingtonparks.us/farmersmarket/ vendors for a list of vendors.

The Crystal City FRESHFARM Market is open April 7 to November 24 on Tuesdays, 3-7 p.m. with a selection of foods and goods from local producers, on Crystal Drive, between 18th and 20th Sts. Visit www.freshfarmmarkets.org/farmers_markets/markets/crystal_city.php for more.

Arlington Mill Community Center Plaza. Wednesdays, 3-7 p.m. at 909 S. Dinwiddie St., Arlington. Open weekly. Visit www.columbia-pike.org/?page_id=26 for more.

Ballston Food Market, open Thursdays from May through October, 3-7 p.m. Welburn Square across from Ballston Metro. Visit www.ballstonbid.com/meet/taste-arlington/farmers-market-info for a list of vendors.

Westover Farmers Market. Sundays 8 a.m. to 12 p.m. May through November, and 9 a.m. to 1 p.m. December through April. 1644 N. McKinley Road, just north of Washington Blvd. More than 20 vendors selling fresh produce, herbs, cut flowers, grass fed meats, dairy products, baked goods and more. Visit www.westoverfarmersmarket.org for a list of vendors.

Columbia Pike Farmers Market. Every Sunday from 9 a.m. to 1 p.m. at Pike Park, in front of the Rite Aid store at the corner of Columbia Pike and S. Walter Reed Drive. Visit www.columbia-pike.org for a list of vendors and information on parking.

and from 5 p.m. until the film starts, grab a glass of beer or wine at the Mobile Bar. Free. Visit www.rosslynva.org for more.

Addi and Jacq: "Less Likely Places." 7 p.m. at Signature Theatre, 4200 Campbell Ave. Vocalist Addi McDaniel and harpist Jacqueline Kerrod fuse classical music with a pop sensibility. Tickets are \$35. Visit www.sigtheatre.org.

Ines Nassara: "A Case of Her." 9 p.m. at Signature Theatre, 4200 Campbell Ave. Ines Nassara (Crossing) and her band, Heroine, perform a cabaret-style concert inspired by the Joni Mitchell classic "A Case of You." Tickets are \$35. Visit www.sigtheatre.org.

FRIDAY-SATURDAY/JULY 8-9

Meet Mata Amritanandamayi. 10 a.m. and 7 p.m. at Crystal Gateway Marriott, 1700 Jefferson Davis Highway. Programs include inspirational music, meditation, spiritual discourse, and personal blessings with the spiritual leader known as "Amma" or mother. Free. Visit www.embracingtheworld.org for more.

FRIDAY-SUNDAY/JULY 8-10

Jane Franklin Dance: "Wash Over You." 7:15 p.m. Friday, 5 p.m. Saturday, and 8:45 p.m. Sunday at Lang - Atlas Performing Arts Center, 1333 H St. NE, Washington, D.C. Arlington-based Jane Franklin Dance participate in the 11th Annual Capital Fringe Festival. Music is by audio producer, violinist and composer David Schulman. Video by Jane Franklin references stop motion animation. Tickets are \$17. Visit www.janefranklin.com.

SATURDAY/JULY 9

Summer Scavenger Hunt. 4-5 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road. Search for signs of summer by collecting objects and looking for clues. Bring a camera or phone for pictures. Free. Call 703-228-6535.

Sizzlin' Summer Bash. 7 p.m. and 9 p.m. at Signature Theatre, 4200 Campbell Ave. A cast of Signature favorites perform featuring pop and Broadway's hottest tunes. Tickets are \$35. Visit www.sigtheatre.org.

SUNDAY/JULY 10

Seashell Workshop: Limpet Shells. 1:30-2:30 p.m. at Gulf Branch Nature

Center, 3608 N. Military Road. These small mollusks are able to withstand crashing ocean waves and eat algae off rocks using nature's strongest material — their teeth. Learn about ocean invertebrates (animals without a backbone) and study their shells and the interesting animals that build them. Take home a shell or shell craft from each workshop. Tickets are \$10. Call 703-228- 3403.

MONDAY/JULY 11

Meet the Speaker: David Keegan. 3-4:30 p.m. at Arlington Central Library, 1015 N. Quincy St. Dr. David Keegan will speak on "Looking at Asia from Washington and Beijing: Two Very Different Views." Free. Call 703-228-2144.

JULY 11-AUG. 9

"Twelfth Night." 8 p.m. Wednesday-Saturday and 2 p.m. Sunday at Synetic Theater, 1800 S. Bell St. Set in the roaring 20s, "Twelfth Night" tells the tale of fraternal twins, Viola and Sebastian, separated in a strange new land. Tickets start at \$35, \$15 for students. Visit www.synetictheater.org for more.

TUESDAY/JULY 12

Delores King Williams with Howard Breitbart: "Movie Madness." 8 p.m. at Signature Theatre, 4200 Campbell Ave. Delores King Williams and Musical Director Howard Breitbart perform music from the movies and tell stories from behind-the-scenes. Tickets are \$35. Visit www.sigtheatre.org for more.

WEDNESDAY/JULY 13

Urban Arias: "Keep Calm and Sing On..." 8 p.m. at Signature Theatre, 4200 Campbell Ave. Melissa Wimbish portrays three women in an original opera. Tickets are \$35. Visit www.sigtheatre.org for more.

JULY 13, 16, 17

Jane Franklin Dance: "Wash Over You." 8:30 p.m. Wednesday, 5:45 p.m. Saturday, and 8:45 p.m. Sunday at Lang - Atlas Performing Arts Center, 1333 H St. NE, Washington, D.C. Arlington-based dance company Jane Franklin Dance participate in the 11th Annual capital Fringe Festival. Music is by audio producer, violinist and composer David Schulman. Video by Jane Franklin

references stop motion animation and supplies an intermittent backdrop. Tickets are \$17. Visit www.janefranklin.com for more.

THURSDAY-FRIDAY/JULY 14-15

"Fear No More - A Courageous Cabaret." 8 p.m. Thursday and 7 p.m. Friday at Signature Theatre, 4200 Campbell Ave. Will Gartshore and Alyssa Wilmoth Keegan join forces for a program of pop, rock and musical theater standards. Tickets are \$35. Visit www.sigtheatre.org.

FRIDAY/JULY 15

The Marcy and Zina Show. 7 p.m. and 9 p.m. at Signature Theatre, 4200 Campbell Ave. Romantic comedy songwriters Marcy Heisler and Zina Goldrich perform. Tickets are \$35. Visit www.sigtheatre.org for more.

SATURDAY/JULY 16

Rain Barrel Workshop. 10-11:30 a.m. at Fairlington Community Center, 3308 S. Stafford St. Make a rain barrel to collect rainwater for use in your yard and garden. \$55 per barrel; two barrels per household limit. Visit arlingtonva.us for more.

SUNDAY/JULY 17

Sunday in the Organic Vegetable Garden. 1-4 p.m. at Potomac Overlook Park, 2845 Marcey Road. VCE Master Gardeners who maintain the Organic Vegetable Demonstration Garden will be in the garden to answer questions about organic gardening, including controlling pests and diseases without the use of chemicals. The garden is located beyond the Nature Center. No registration necessary. Call 703-228-6414 or email mgaralex@gmail.com.

TUESDAY/JULY 19

The Gay Men's Chorus of Washington DC: The S* Show (Sinatra, Sondheim and Streisand). 8 p.m. at Signature Theatre, 4200 Campbell Ave. Featuring songs and stories of the singers' relationship with the music of legends Frank Sinatra, Stephen Sondheim and Barbra Streisand. Tickets are \$35. Visit www.sigtheatre.org for more.

BULLETIN BOARD

Email announcements to arlington@connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

SOBER-RIDE FOR JULY 4TH

Free Cab Rides. Monday, July 4, 10 p.m. through Tuesday, July 5, 4 a.m. Area residents, 21 and older, celebrating with alcohol may call the toll-free SoberRide phone number 1-800-200-TAXI (8294) and receive a free (up to a \$30 fare) safe way home. Visit www.soberide.com.

SEPT. 10-21

2016 Northern Virginia Senior Olympics. Online registration will open July 5. Registration forms will be mailed to previous participants in late June and will be available at community and senior centers, senior residences and event venues. The registration fee of \$12, which covers multiple events, remains the same. Three events have an added fee, ten pin bowling, golf and orienteering. Deadline for registering is Aug. 27 (by mail), Sept. 3 (online). Call 703-

830-5604 or email nvso1982@gmail.com for more. To volunteer, call 703-403-5360.

DONATIONS WANTED

The Arlington Food Assistance Center's Plot Against Hunger program is again seeking local vegetable gardeners and farmers willing to grow and donate fresh produce to the AFAC food pantry. AFAC can provide free vegetable seeds to those who pledge to donate produce from community or personal gardens. Seeds available now at AFAC, 2708 S. Nelson Street, during regular business hours: Monday-Friday, 8:30 a.m.-4:30 p.m. and Saturdays 8:30 a.m.-1 p.m. Visit www.afac.org/plot-against-hunger/ or contact Puwen at Puwen.Lee@afac.org or 703-845-8486.

WEDNESDAY/JUNE 22

Coffee and Conversation. 10-11 a.m. at The Italian Store in Westover, 5837 Washington Blvd. Guest speaker Les Jackson will talk about the future of the car industry. Meet members, volunteers, and learn about aging in place with

Arlington Neighborhood Village. Free. Visit www.arlnvil.org or call 703-509-8057.

FRIDAY/JUNE 24

Sugar Shack Honors Teachers. Sugar Shack, 1014 S. Glebe Road, with the public's help, will deliver donuts to nominated school teachers. To participate, use the hashtag #Treats4Teach to tell us on Facebook or Twitter why they should be picked to deliver donuts to their local school teachers and to which school. Winners get donuts to feed the teachers at their chosen school and a Sugar Shack T-Shirt to wear when

delivering them. Post nominations at www.facebook.com/SugarShackSouthArlington/, or twitter.com/SugarShackDMV. Nominations will be accepted through the end of the 2015-2016 school year.

MONDAY/JUNE 27

Information Session. 6-7 p.m. Leadership Center for Excellence is now accepting applications and holding information sessions for the Young Professionals Program Fall Class of 2016. Interested parties may RSVP for info sessions and apply for the program online at [leadercenter.org/young-](http://leadercenter.org/young-professionals-program/)

[professionals-program/](http://www.leadercenter.org/young-professionals-program/) with a rolling admission deadline until July 15.

TUESDAY/JUNE 28

2016 Women of Vision. 7 p.m. in the offices of Arlington Economic Development, 1100 North Glebe Road. Arlington will honor three women — Library Director Diane Kresh, entrepreneur Rebecca Carpenter and education activist Susan Senn — when the Commission on the Status of Women hosts the 2016 Arlington County Women of Vision Awards. Tickets are not required, but a \$25 donation per person is requested. RSVP to amaynard@arlingtonva.us.



Milena Gligic

From Opera NOVA To Los Angeles

BY MIKE DOAN

Milena Gligic, accompanist for Arlington-based Opera NOVA, has been selected to be pianist for the Los Angeles Opera Company.

Originally from Belgrade, Serbia, Gligic said, "I felt like I had the energy and will to move somewhere far once again in my life and decided to use that energy and see where it takes me."

In Los Angeles, she will be working under Placido Domingo, who is the general director, and Nino Sanikidze, who is the head coach for the young artists.

This summer she is also at the Music Academy of The West in Santa Barbara, preparing operas with singers under Warren Jones and Marilyn Horne.

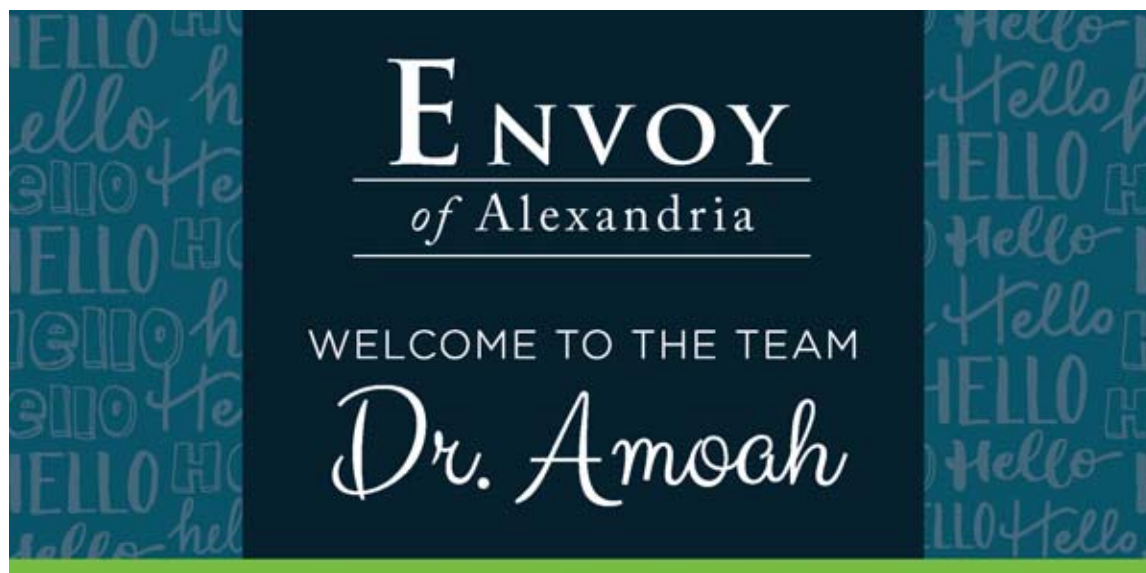
At Opera NOVA, Gligic played for performances of "Barber of Seville" and other operas abbreviated for viewing by children. "Opera NOVA prides itself in bringing such professionals into its commu-

nity-focused opera company," said Opera NOVA president Miriam Miller. "This area is so rich in attracting international talent."

Gligic said, "I am grateful for Jose Sacin, the music director of Opera NOVA and Opera Camerata who introduced me to these two organizations that I had so much fun working with for the past two years. They brought back my love for playing operas and being involved in the rehearsal process." "I am glad I found the excitement to do opera again."

Gligic was also a recitalist, chamber musician and vocal coach in the Washington D.C. area, where she was in the final stages of her doctoral degree in collaborative piano at the University of Maryland. A student of Rita Sloan at UMD, Gligic has worked with the Maryland Opera Studio.

Also an accomplished singer, Gligic performed professionally throughout the D.C. area, and as a dancer, with the Bulgarian dance group Zharava.



Envoy of Alexandria is proud to announce the appointment of Dr. Nana Amoah as one of our attending physicians, joining Dr. Samir Al-Khoury and Dr. Manny Silis. Dr. Amoah earned both his undergraduate and graduate degrees from Kwame Nkrumah University, located in Kumasi, Ghana, in 1992 and 1996, respectively. For several years, Dr. Amoah was an attending physician in the Department of Surgery at Komfo Anokye Teaching Hospital.

When Dr. Amoah moved to the United States, he completed a General Surgery Residency at Howard University Hospital from 2002 to 2005, and then completed an Internal Medicine Residency at Woodhull Medical Center-NYU from 2005 to 2008. After this residency, Dr. Amoah became board certified with the American Board of Internal Medicine in 2008.

Upon moving to Virginia in 2009, Dr. Amoah began to work for the Inova Health Care System, with admitting and attending privileges at Inova Mt. Vernon Hospital, as well as Inova Alexandria Hospital. Currently, he has a thriving private practice located in Annandale, Virginia.

We are delighted to have Dr. Amoah as part of the Envoy team!

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SPORTS



PHOTO BY CRAIG STERBUTZEL/THE CONNECTION

Maycol Nunez and the Washington-Lee boys' soccer team won the 2016 6A state championship.

Top Arlington Sports Moments

The following is a look back at some of the top moments in Arlington high school sports from the 2016 winter and spring seasons.

W-L Boys' Soccer Wins State Championship

The Washington-Lee boys' soccer program was one of Virginia's best during the last three years, compiling a record of 48-4-6. While the 2014 and 2015 seasons ended in disappointment for W-L, the 2016 campaign ended with the Generals hoisting a state championship trophy.

Washington-Lee defeated First Colonial 3-1 in the 6A state final on June 11 at Robinson Secondary School, capturing the first state title in program history and the school's first team state championship since girls' tennis won it all in 1977. W-L senior striker Maycol Nunez scored a pair of goals in the state final, one day after scoring four against Grassfield in the semifinals.

The Generals finished the year with an 18-1-2 record and a third consecutive undefeated regular season.

W-L reached the state final in 2014 but lost to T.C. Williams. In 2015, the Generals lost Nunez to injury late in the regular season and suffered a season-ending defeat



PHOTO BY WILL PALENSCAR

Deng Nhial and the Wakefield boys' basketball team reached the 5A state semifinals in 2016.



PHOTO BY JON ROETMAN/THE CONNECTION

The 2015-16 Yorktown gymnastics team won the 6A North region championship.

against McLean in the opening round of the Conference 6 tournament.

Yorktown Gymnastics Wins Region Title

The Yorktown gymnastics team was arguably one of the more talented in the area during the 2013-14 and 2014-15 seasons, but with the Patriots competing against state powers Washington-Lee and McLean

in Conference 6, Yorktown was unable to advance past the conference meet.

Yorktown finally got over the hump during the 2015-16 season, winning Conference 6 and 6A North region championships, along with earning a trip to the state meet.

Freshman Julia Hays was one of the top performers on a team that included junior standouts Juliette Mitrovich and Olivia Zavrel.

Hays won region championships for all-around, beam and floor, and went on to

share the beam state championship with Mitrovich, both earning a score of 9.75.

Mitrovich finished region runner-up for all-around and beam.

Wakefield Boys' Basketball Returns To VCU

The Wakefield boys' basketball team took a pair of returning athletes and a handful of transfers and nearly reached the state championship game.

The Warriors won the Conference 13 championship — the program's fourth straight district/conference title — and finished 5A North region runner-up before eventually losing to L.C. Bird, 54-51, in the state semifinals. Wakefield finished the season with a 25-3 record despite Deng Nhial and Alan Treakle being the only prominent returning players on the roster.

Talented transfers Jonathan Adams, Halil Parks, Amari Cooper, and others helped Wakefield continue its recent success.

After falling to Potomac in the region final, the Warriors beat Deep Run 50-48 in the state quarterfinals on March 5 at Robinson Secondary School. Three days later, Wakefield returned to VCU for the first time since 2013, but fell short against L.C. Bird.

SCHOOL NOTES

Email announcements to arlington@connectionnewspapers.com. Deadline is Thursday at noon. Photos are welcome.

Ilana Brody and **Maria Winchell** were among 50 University of Virginia Harrison Undergraduate Research

Award winners.

Brody, of Arlington, a third-year double major in psychology and economics, is researching how views of environmental issues are affected by legacy concerns, such as how a person will be remembered and the impact they make.

Winchell, of Arlington, a second-year economics major, and Dillon Wild of Richmond, are researching civil rights protections and restrictions for people with mental illness.

Erik Wagner, of Arlington, a sophomore at Randolph-Macon Academy, has

been named to the dean's list for the third quarter of the 2015-16 school year. He is the son of Karl T. Wagner of Arlington.

Bayard B. Roberts, of Arlington, graduated from St. Lawrence University (Canton, N.Y.). Roberts, a graduate of

St. Mark's School, received a Bachelor of Science in mathematics, magna cum laude.

Mathias T. Abebu, of Arlington, graduated from Emporia State University (Emporia, Kansas) with a Master of Science in mathematics.



Current view of 2000 Clarendon Blvd.

PHOTO FROM GOOGLE MAPS



IMAGE CONTRIBUTED

Proposed redesign for 2000 Clarendon Blvd.

‘A Lot of Project in a Little Space’

FROM PAGE 3

from a month of deferral.”

While Vihstadt was the only member to support the deferral in a 4-1 County Board vote, other members of the board expressed their own unhappiness with the project.

“This is a site that, otherwise, nothing would happen to it. So it’s good that we have a project that is going to provide some level of benefit,” said Dorsey. “But at the same time, it comes at a cost, not only for

the residents of Odyssey but also for the community.”

Concerns were raised about traffic on the adjacent two-lane Clarendon Boulevard, especially with new retail options being included in the ground floor of the development.

But among those who voted in favor of the project, the general sense was that the project’s benefits outweighed its flaws and that one month of further negotiations would not fix the project’s problems. Of the

building’s 90 condominiums, four are reserved as affordable housing units.

“In the end, this will be a great enhancement to this block and for the residents of the Odyssey as well,” said County Board Member Jay Fisette, noting that he too wished the tower was not located in a place that obscured views from Odyssey. “Five or 10 feet further would have been preferable ... I think we all agree we would have rather been there, but that was not within our control. Compared to what is there now, I am

somewhat heartened that there was a buildable option and that the little dumpy building isn’t going to be there forever.”

Fisette was the most optimistic voice on the board. Among the others, lingering doubts remained about issues with communications between the two developments packed in close together.

“Comfortable is not a word I’d use to describe where I am on this project,” said Dorsey. “We’re balancing the scales. On the one hand, there’s a lot to like, the affordable homeownership component is unique and different. It’s a lot of project in a little bit of space. It’s going to have big consequences.”



Rebuilding Together Arlington/Fairfax/Falls Church and Lowe’s Heroes employee volunteers complete renovations for Arlington homeowners on June 16.

Rebuilding Together Assists Homeowners

Rebuilding Together Arlington/Fairfax/Falls Church provided repairs on June 16 to the home of a senior couple living on 5th St. South in Arlington, allowing them to age in place.

More than 30 volunteers from Rebuilding Together and Lowe’s addressed health and safety repairs including repairing windows and installing storm windows to reduce heating and cooling cost, installing interior and exterior railings and grab bars to prevent falls, replacing dryer vent duct to

prevent fires, plumbing and electrical repairs, and more, all as part of a \$15,000 grant from Lowe’s.

Last fall, Lowe’s awarded \$450,000 to 33 Rebuilding Together affiliates to assist low-income homeowners across the country. Since the partnership began in 2007, Lowe’s has contributed more than \$12 million and the support of 3,000 Lowe’s Heroes employee volunteers to revitalize communities and help nearly 15,000 people live in safer and healthier homes.



PHOTOS CONTRIBUTED

Work included repairing windows and installing storm windows.

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THE CONNECTION

Rooting Around



By KENNETH B. LOURIE

As rare as this beginning may sound, a funny thing happened to me at my dentist's office this past week: the apparent need for two root canals followed up by two crowns (neither of which will make me king or master of my domain) for a not-so-grand total of between 8 and 10 thousand uninsured/out-of-pocket dollars (the specific pocket yet to be determined and the timetable likewise yet to be decided).

And it's not as if the consequence of my inaction was a shock. Hardly. My dentist and my dental hygienist, Sandy, have been advising/cajoling me and attempting various preventive procedures for years hoping to avoid this eventuality, for my sake, really. Nevertheless, despite their consistently best efforts to get me to floss and/or use whatever flossing alternative exists on the market, I have unfortunately through no fault of theirs, reached my infected point, at least on the X-Rays I was shown, of no return. Not that needing root canals or any other variety of dental repair is at all unusual – or unexpected after reaching a certain middle age, it was more the manner in which the need/recommendation was suggested to me by my dentist and his hygienist – and my reaction to it, that I thought was column-worthy. I thought especially so in the light of having been diagnosed with stage IV, non-small cell lung cancer in early 2009.

Separating out the cost-anxiety for a moment and trying just to deal with the bad, inconvenient, negative, time-consuming news, the message I received, softly and clearly, was one offered up as sympathetically and presumably as empathetically as possible, given my underlying cancer diagnosis, with which the practice is well acquainted. And I appreciated the sensitivity with which the dental assessment – and cost, was discussed. However, if I had to bet a dollar, I would say their initial concern was more about yours truly finding the necessary unreimbursed dollars to solve this long-standing tooth decay than was its impact on me as a cancer patient, as evidenced by their assurances of financial assistance.

And since I was not yet in the excruciating pain that my dentist described was likely forthcoming, nor flush with cash ready to commit to this huge/not totally unexpected expense, I took their advice in stride (in the dental chair, actually) and hesitatingly authorized their first step: e-mailing the referred endodontist for price/plan/schedule, etc.

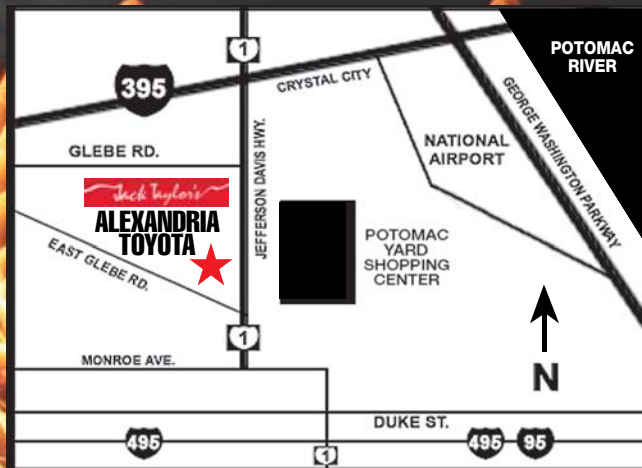
Now this is where the subject finally gets funny, and I don't mean hysterical (because I'm not crazy or laughing heartily) and I don't mean ironic (because it's not exactly a twist on reality), but it was as Jerry Seinfeld once said: "something." And the something it was I think was context. I have the ultimate weight on my shoulders: cancer – and by association I'm told, on my teeth, too. I'm already living with terrible news, the worst kind of news, a "terminal" prognosis given at age 54 and a half due to an "incurable" form of lung cancer. And what was funny to me was the serious, somber and sorrowful tones and expressions with which this root canal need was given. If I hadn't already received a cancer diagnosis seven-plus years ago, I would have thought I was receiving one right there in the dentist's office.

Root canal? Is that all you got? Hey, I may not be thrilled about the cost and I'm certainly not looking forward to the pain and inconvenience. I'll get it done when I get it done. In the interim however, to be honest, I can't worry about it too much. I have cancer: "The Emperor of all Maladies."

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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\$29⁹⁵ \$49⁹⁵
NON-SYNTHETIC SYNTHETIC

INCLUDES: Change oil (up to 5 qts.), install Genuine Toyota
oil filter, inspect & adjust all fluid levels and complimentary
multi-point inspection with print out.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON
MUST BE PRESENTED AT TIME OF PURCHASE. VALID ONLY AT ALEXANDRIA TOYOTA.
TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 7/31/16.

TOYOTA GENUINE SERVICE
VARIABLE DISCOUNT

\$5.00 OFF with purchase of \$35.00 - \$49.99
\$10.00 OFF with purchase of \$50.00 - \$99.99
\$15.00 OFF with purchase of \$100.00 - \$199.99
\$20.00 OFF with purchase of \$200.00 - \$499.99
\$50.00 OFF with purchase of \$500.00 Or more

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON
MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA.
TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 7/31/16.

TOYOTA GENUINE SERVICE
VENTILATION SERVICE

\$49⁹⁵

INCLUDES: Clean condenser fins, check
A/C performance, inspect drive belts for
tension/wear and replace cabin air filter.

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MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA.
TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 7/31/16.

TOYOTA GENUINE SERVICE
**COMPLIMENTARY
MULTI-POINT
INSPECTION**

INCLUDES: Inspect tires, brakes, wipers,
lights, belts & hoses & fluid levels.

Plus Take **15% OFF** your bill if you
choose to perform the repair with us.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE
PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. OFFER EXPIRES 7/31/16.

TOYOTA GENUINE SERVICE
4 WHEEL ALIGNMENT
\$79⁹⁵

Your car's alignment suffers, and can cause uneven tire
wear, steering problems and decreased fuel economy.

INCLUDES: Inspect suspension, ball joints,
struts & shocks, tire condition and set tire pressure.

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MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA.
TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 7/31/16.

TOYOTA GENUINE SERVICE
**WE WILL
MEET OR BEAT
ANY LOCAL TOYOTA
DEALERSHIP'S CURRENT
ADVERTISED SERVICE SPECIALS**

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PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. OFFER EXPIRES 7/31/16.

GENUINE TOYOTA
**SIGHT LINE
WIPER BLADES**
\$10 OFF
ANY PAIR
Sight Line only

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MUST BE PRESENTED AT TIME OF PURCHASE. VALID ONLY AT ALEXANDRIA
TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 7/31/16.

TOYOTA GENUINE SERVICE
**15% OFF
ANY ACCESSORIES**
• Apparel • Window visors
• iPad adaptors • All weather floor mats
• Toyota bedliners

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MUST BE PRESENTED AT TIME OF PURCHASE. VALID ONLY AT ALEXANDRIA TOYOTA. TAX
AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 7/31/16.

TOYOTA GENUINE SERVICE
**30000 MILES FACTORY
RECOMMENDED
SERVICE**
\$159⁹⁵

Synthetic \$10 More
INCLUDES: Change engine oil & filter (up to 5 qts),
rotate tires, inspect wear and adjust pressure,
measure brake pad thickness & rotor runout,
replace cabin air filter (if equipped), replace
engine air filter, reset maintenance reminder light
(if applicable) and multi-point vehicle inspection.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON
MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA
TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 7/31/16.

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TOYOTA / SCION

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Go
Places**