

Guests take part in the Annual Ramadan Iftar Tent celebration at the Unity of Fairfax Church at 2854 Hunter Mill Road in Oakton at the breaking of the fast on Friday, June 24.

Area Muslims Host Ramadan Iftar Tent Celebration

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News

History and Fun This Summer at Freeman Store and Museum

Historic Vienna, (the Freeman Store and Museum), 131 Church St. NE has planned a summer's worth of fun for children of all ages. The historic Little Library, built in 1897 and relocated to Mill Street between Church and Maple in 1962, will be open to visitors July 3 and Aug. 7, and every Wednesday from June 29 through Aug. 3, the Stories and Sprinkles program for children will be held behind the Little Library beginning

at 1 p.m. After the stories, the children (any age) can enjoy a run through the sprinklers on the lawn of the Vienna Town Green. Bring a picnic lunch and have a party.

On July 3, at 3 p.m., "Ms. Elizabeth Cady Stanton" will host an Afternoon Tea with finger sandwiches and dessert in the Freeman Store parlor. Ms. Stanton was an American suffragist, social activist and leading figure in the early women's rights movement. Advance

reservations are required for this event. There is a fee of \$20 per person. Reservations may be made at the Freeman Store.

On July 24, at 2 p.m., Mr. Edward T. Wenzel, a Vienna resident, Civil War buff, and author of *Chronology of the Civil War in Fairfax County*, will offer a parlor talk at the Freeman Store; and, on Aug. 7, from 2-4 p.m., Mrs. Connie Stuntz, long time Vienna resident and local history author, will sign

copies of her recently republished legacy book, *This Was Vienna, Virginia*, at the Freeman Store. The book is the definitive Vienna town history book now in its fourth printing.

Rounding out the summer, on Saturday, Aug. 20, from noon to 4 p.m., Vienna's County Fair, will be held on the Freeman Store lawn featuring farm animals, crafts, a home grown garden fruits and vegetables competition, a bike

decorating contest for kids, living history reenactors, and old fashioned music and games.

Bring your friends and family to all the events and while at the Store peruse vintage items and used books for sale every time you come, as well as a wide assortment of gifts and a terrific selection of old-fashioned candies including the age-old favorite, wax bottles filled with fruit flavored syrup.

Historic Vienna, Inc., is the non-profit organization established by the Vienna Town Council in 1976, to preserve and promote Vienna's heritage through the identification, preservation, and interpretation of historically significant places, events, and persons; educate the public through permanent and revolving exhibits, outreach programs, special events and publications; and enhance a spirit of community through an awareness of Vienna's past.

CRIME REPORTS

Notable incidents from the Town of Vienna's Police department from June 16-23.

INCIDENTS

Suspicious Event - Michaels Store, 311 Maple Ave. East. June 16, 12:46 p.m. A citizen came to Vienna Police Department to a report a suspicious event that occurred two weeks prior. The female citizen stated she felt she was being followed by an unknown male subject. The citizen was told to contact Vienna Police Department immediately if she saw the male subject again.

Domestic Dispute - Park Terrace Court SE. June 16, 4:18 p.m. Officers responded to the listed address for a domestic dispute between a female subject and her parents. When officers arrived they determine the dispute was verbal in nature and no physical contact took place. The female subject agreed to leave the residence. All parties involved were provided with information about counseling services.

Burglary - 700 Block Nutley Street SW. June 16, 7:12 p.m. Officers responded to the listed address for a burglary. When they arrived they found a rear door opened and signs the door had been open with force. The residence had been rummaged through and numerous items were stolen. The homeowner and residents were not present during the apparent burglary.

Found Person - W&OD Trail and Ayr Hill Avenue North. June 17, 5:46 p.m. An officer was sent to check on a suspicious person along the W&OD Trail. The officer located the male subject and determined he was a missing endangered person out of Fairfax County. The male subject was transported to the hospital by Fairfax County EMS with non-life threatening injuries.

Fraud - Sanoey Circle SE. June 17, 6:14 p.m. A resident reported they were a victim of a fraud. The female resident said they sent ITUNE gift cards to an unknown subject in an attempt to purchase a vehicle. Once the unknown subject received the gift cards they requested additional cards to complete the transaction.



VISIT US!
1212 W Broad St

The Kensington Information Center Is Now Open

Six years ago, a group of senior living professionals dreamed of building and staffing a residence where they'd want their own parents to live. So they did, and now, they're bringing their dream to you.

The Kensington is a new assisted living and memory care community currently under construction in the city of Falls Church. It will be a tastefully elegant residence designed with deep understanding of seniors who need help throughout the day or who are coping with memory loss. A full spectrum of clinical support, delivered by best-in-class professionals

and carefully chosen partners, will enable residents to live comfortably in a loving environment while receiving highly individualized attention. Two levels of memory care—Connections and Haven—will provide multifaceted programming and specialized assistance for residents with any stage of memory impairment.

We appreciate the opportunity to share our passion for seniors and commitment to excellence with you. **Please call us at 703-992-9868 to learn more, and visit our Information Center, which is now open at 1212 West Broad Street.**


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An Assisted Living Community
FALLS CHURCH

703.992.9868 | 700 West Broad St, Falls Church, VA 22046 | www.TheKensingtonFallsChurch.com



A Joyful Occasion Despite Heavy Storms

Members of Oakton graduating class of 2016 celebrate at the EagleBank Arena.

BY JOHN ESPER
THE CONNECTION

Family members and friends came together Saturday to celebrate the graduation of Oakton High students at the Eagle Bank Arena on the George Mason University campus. Despite the heavy downpours, the joy of the graduates could not be dampened. The students congregated in the halls of the arena to revel in their accomplishments together and to share their plans for the future, whether it would be going to college, into a trade school or to the workforce.

The ceremony started with an introduction from Oakton SGA members Jay Leonard and Jacqueline Keene followed by a reflection student Rania Khaldieh. Khaldieh spoke about how some people view the current generation as lazy and privileged, with access to information and



PHOTO BY JOHN ESPER/THE CONNECTION

Oakton High Class of 2016 celebrates graduation at EagleBank Arena at George Mason University.

devices never before seen. She said that it is the goal of the senior class to show the older generation that this generation can be the greatest yet and that they can accomplish great things to lead the next generation into even greater success.

Following this reflection was a guest speaker, Inge Pisano, the French teacher at Oakton High School. Her speech was full of props and jokes that garnered many laughs from the audience. Her speech was poignant in telling the students that she knows

that the road ahead will be some of the most formative years of the students lives and that she expects the students to do great things and find their true selves while they do it.

After the ceremony, students, family and friends alike were packed in tight at the EagleBank while a huge storm raged outside. Eventually, the storm subsided and the pack of people moved outside. Friends and family took photos of students holding flowers and their brand new degrees, all with big smiles on their faces.

VIEWPOINTS: Oakton Graduates on What's Next.

PHOTOS BY
JOHN ESPER
THE CONNECTION

Louis Rigo: "I'm going to University of Wisconsin-Madison to study Mechanical Engineering, I also plan on joining the Formula SAE team there. I hope to be working for an engineering firm in my future."



Kevin Liu: "This summer I want to hang out with my high school buddies, just enjoy it before college because I'm going to a faraway college Indiana University, where I will be studying finance. I want to go into banking where I think I can find a good job. Hopefully I'll be successful."



Ahmed Aljerwi: "I'm going to George Mason University so right here actually. I'm undecided on what I want to study but I am leaning towards Biology. In 5-10 years I'll probably still be studying."



Nafisa Elhag: "I'm planning to go to Northern Virginia Community College I plan to stay there for two years and then go to American University or George Mason University. I hope to be in medical school in 5 years."



Annie Lan: "I'm going to Virginia Tech, I'm thinking of going into pre-med. I want to go to medical school soon and get a job in that field."



Whole Foods Vienna Supports Shepherd's Center of Oakton-Vienna

Several times a year, the Whole Foods Market stores hold community giving days (otherwise known as "5 percent Days") where five percent of that day's net sales are donated to a local non-profit. The Shepherd's Center of Oakton-Vienna in partnership with Committee For Helping Others were the recipients of a recently held Whole Foods "5 percent Day" at the Vienna store, where \$4,426 was raised. SCOV presented a Certificate of Appreciation for Whole Foods Vienna's continuous support.



Pictured, from left, Candace Child, Whole Foods Metro Marketing team leader, and Jayne Young, SCOV director of Operations.

PHOTO
COURTESY OF SCOV

Getting Home Safely on Independence Day

Independence Day is a national celebration, and for many, that celebration includes alcohol. The summer overall and July 4 in particular are times of greater risk for drinking and driving.

This is true for the young adults over 21 living with you, and unfortunately also for many teens who are under 21. More on that below.

For all revelers: Make a plan. Plan to celebrate with access to public transportation. Plan to have a designated driver. Plan to celebrate in a place safe and comfortable to spend the night.

But in case those plans go awry, here is an alternative safety net.

EDITORIAL On the night of Monday, July 4, the Washington Regional Alcohol Program will offer free taxi rides home (up to \$30), beginning at 10 p.m. for six hours until 4 a.m. the morning of Tuesday, July 5. Participants must be at least 21. Call 1-800-200-TAXI.

On July 4, 2015, more than 230 people used WRAP's SoberRide service rather than possibly driving home impaired.

In summer, 44 percent of all U.S. traffic deaths are caused by alcohol-impaired drivers, according to statistics provided by WRAP. SoberRide is a way to help keep local roads safe from impaired drivers during this traditionally high-risk holiday.

On July 4, historically, more than 40 percent

of traffic deaths in the U.S. are caused by drunk drivers; more than 20 percent of the drunk drivers involved in those deaths had blood alcohol concentrations of nearly twice the legal limit, said Kurt Erickson of WRAP.

SoberRide is only available for those over 21. For parents of young adults who may be living at home and parents of those under 21, this is time to talk. Ask about plans, ask spe-

cifically about getting home. Let your younger family members know that you would much rather pay for a cab or come get them yourself than run the risk of losing them.

This is a message important for the tail end of graduation season and good for the whole summer, which is the time of the highest risk for teen drivers.

Visit www.soberride.com for more.

Connection Families, Pet Connection

The Pet Connection, a twice-yearly special edition, will publish on July 27, and photos and stories of your pets with you and your family should be submitted by July 17.

We invite you to send us stories about your pets, photos of you and your family with your cats, dogs, llamas, alpacas, ponies, hamsters, snakes, lizards, frogs, rabbits, or whatever other creatures share your life with you.

Tell us the story of a special bond between a child and a dog, the story of how you came to adopt your pet, or examples of amazing feats of your creatures.

Do you volunteer at an animal shelter or therapeutic riding center or take your pet to visit people in a nursing home? Does your business have a pet? Is your business about

pets? Have you helped to train an assistance dog? Do you or someone in your family depend on an assistance dog?

Or take this opportunity to memorialize a beloved pet you have lost.

Just a cute photo is fine too. Our favorite pictures include both pets and humans.

Please tell us a little bit about your creature, identify everyone in the photo, give a brief description what is happening in the photo, and include address and phone number (we will not publish your address or phone number, just your town name).

Email to north@connectionnewspapers.com or submit online at www.connectionnewspapers.com/pets.

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LETTER TO THE EDITOR

Gross Misreading of the Second Amendment

To the Editor:

This is in response to U.S. Rep. Gerry Connolly's opinion piece titled "Stem Gun Violence Epidemic" (The Connection, June 22-28).

It frustrates me that so many anti-gun people, including U.S. Sen. Tim Kaine and, most recently, Representative Connolly in his editorial in the Connection, simply do not understand history. Specifically, they either ignore, are ignorant of, or simply don't grasp the truth behind the Founders' intent when they wrote the Second Amendment (2A). Mr. Connolly's observation that "certainly our Founding Fathers did not envision AR-15 semi-automatic rifles when they drafted the Second Amendment" demonstrates a profound lack of understanding of the intent of the 2A. That the Founders didn't have the AR-15 in mind when they wrote the 2A may be true, but it's also totally not relevant to what they did have in mind.

What Democrats and anti-rights [advocates] want is to ban all effective weapons in American hands. Without realizing it (maybe), they pursue and promote Marxist goals of making the public subservient to the government boot. That is the exact opposite of why the 2A is in the Constitution in the first place: it is there to balance federal power.

Ever since the so-called Gun Control Act of 1968, when officials could get all the machine guns they wanted, but you and I could only get single-shot rifles like the AR-15, we have been sub-armed. The balance of power flipped decisively to government. Ours fire only one shot at a time, and are all we have left. Antis-

think they're assault weapon machine guns, but they took those from us back in 1968.

Then they yell at the NRA for blocking "reasonable common sense bills." They are nothing of the sort. Banning the AR-15 — the finest defensive rifle made in America, the choice of police who are otherwise outgunned against exactly the same criminals common civilians face — would have no effect against jihadis.

If Americans are sub-armed, limited to bolt-action wood guns, or some other total infringement that leaves America in a completely unbalanced state, the shining light of freedom will have been extinguished. The jihadis will have won. With asymmetrical warfare underway, we should be teaching Americans how to shoot, and arming them better, not passing laws to infringe their gun rights.

The founders were not thinking of muskets and blunderbusses when they crafted the 2A. They said the right to bear "arms" shall not be infringed. "Arms" is a very broad term, deliberately used because they felt the citizenry necessarily must be on equal footing with the government when the need to resist tyranny arises. ... Stated simplistically, if the government has howitzers, so, too, should the citizenry have howitzers. ...

Additionally, the founders and framers idea of "well-regulated" had nothing to do with government restrictions on gun ownership (hence the very clear declaration, "Shall Not Be Infringed," at the end of the 2A) or the government's ability to monitor gun owners, but instead had to do with a militia of civilians being well-trained and self-sufficient. (Recall

that George Mason stated, "I ask, sir, what is the militia? It is the whole people except for a few public officials.") The 2A's purpose is to protect a free State from government tyranny. The gross misreading that government is supposed to regulate the Second Amendment is like suggesting a burglar ought to have the security code to one's home alarm system. It's ridiculous. ...

Aside from the government, if a violent armed criminal threatens me, my family, and my home, it stands to reason that I should have at my disposal the same level of defensive means that he/she/they has/have at their disposal for offensive means. (Don't think of flintlock muskets!) Targets of violent criminals are entitled to be on equal arms footing if they are to survive. Now that's "common sense!"

Paul Carlock
Fairfax Station

Write

The Connection welcomes views on any public issue. The deadline for all material is noon Friday. Letters must be signed. Include home address and home and business numbers. Letters are routinely edited for libel, grammar, good taste and factual errors.

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Volunteers from Long and Foster McLean who sponsor Childhelp's annual visit to Roer's Zoofari.

Childhelp Visits Roer's Zoofari

On Wednesday, June 15, the children from Childhelp's Alice C. Tyler Residential Village toured Roer's Zoofari petting zoo (formerly, The Reston Zoo), and experienced the wonder of interacting with and hand-feeding furry friends.

The late Jack Crippen founded The Reston Zoo in 1975 on the site his family farmed for more than 150 years. Crippen's passion for children and animals has been carried forward by Sandra Crippen of Great Falls, who has made the zoo visit an annual tradition for the

children of Childhelp.

Crippen is a long-time Childhelp Board and Chapter Volunteer who sold the Zoo five years ago, though still keeps a watchful eye and caring-heart-in-action with the zoo's newest owners since March 2016, Vanessa Stoffel (co-owner and CEO) and Jacob Roer (co-owner, director of maintenance).

"Jack just loved children and animals, and he and I both care so very deeply for the at-risk children of Childhelp. Connecting with animals keeps love and hope alive in the little hearts of children, which is why I continue this tradition."

Long and Foster McLean sponsored the annual outing and sent several Volunteers to help guide the children through the zoo and hayride. Volunteers from DPR Construction, Level 3 Communications and Childhelp Washington Area Chapter Members and Staff were also in attendance to provide a picnic buffet, including Caribbean-inspired strawberry lemonade.

The adventurous visit concluded with each child receiving a goody bag donated by Childhelp Volunteer, Alma Benza from Vрге Strategies, and was highlighted when



From left — Nina Doherty, "Louie" the 6-year-old Macaw Parrot, Vanessa Stoffel, Alice C. Tyler, Chris Ruble and Sandra Crippen of Great Falls.

PHOTOS CONTRIBUTED



Goats enjoying hand-fed treats.

each child selected a cold ice cream as they left Zoofari, ensuring school is indeed out for summer!

Childhelp's programs and services include residential treat-

ment services, children's advocacy centers, therapeutic foster care, group homes and child abuse prevention, education and training. For more information, visit www.childhelp.org.

Vienna Musician Performs at British Cathedrals

This summer, John Nothaft, of Vienna, parishioner of Our Lady of Good Counsel, will have the opportunity to realize his dream to perform cathedral recitals on some of the world's finest instruments in England.

Nothaft graduated from the Jacobs School of Music at Indiana University in May 2016, with an Honors degree in Organ Performance. Through the Hutton Honors College at IU, Nothaft received a grant to attend the Oundle Music Festival, which is held each year near Cambridge University. After his performance at Oundle he was awarded concerts at Chester Cathedral and Truro Cathedral in Great Britain.

On June 24 Nothaft's first stop in England brought him to Truro Cathedral, Cornwall, an area especially popular in summer because of its beaches and famous gardens. Nothaft will play the Willis Organ which was built in 1887 in London and shipped to Cornwall by boat.

On June 30 Nothaft will perform at Chester Cathedral. Chester is a walled-city in the north, and is



John Nothaft

considered one of the best preserved Medieval towns in England. The local firm of Charles Whiteley built the Chester Cathedral Grand Organ in 1876 and it still enjoys a reputation as one of the finest in the country attracting musicians from all over the world.

Nothaft will begin his Masters degree at Eastman School of Music in Rochester, N.Y. where he will study organ repertoire and continue individual instruction in piano, harpsichord, and clavichord.



Seventh Annual Dog Days of Summer

Sunday, July 10 from 10 A.M. to 5 P.M.

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Planning Memorable and Meaningful Family Vacations

Tips for turning summer trips into a lifetime of memories.

BY MARILYN CAMPBELL
THE CONNECTION

As summer gets underway, vacation-bound families are packing their bags and heading out of town. Vacations often fly by — months of planning and anticipating can be over in the blink of an eye. With a little advance planning and forethought, however, even a quick weekend trip or a visit to relatives can become meaningful and memorable.

To begin with, give all family members an opportunity to be part of the travel planning. “Let kids have some input into what the plan is,” said Linda Gulyn, professor of psychology at Marymount University in Arlington. “For instance, if you want to take them to the beach, let them choose something that they want to do at the beach, something that’s important to them. That creates a balance between each kid’s interests and the family’s interest.”

Allowing children to have a say in the plan sets the stage for a memorable vacation. “You can show them pictures in a guide book of age-appropriate activities that you would be willing to do as well,” said Karen Prince, LCSW, a Bethesda, Maryland-based psychotherapist. “It’s important to give kids a voice because it’s their vacation, too.”

Indulging in some screen time on a family vacation is fine, said Gulyn, as long as there is a balance between screen time and family time, and screen limits are set before the vacation begins.

“Try to be positive about it instead of punitive,” she said. “Negotiate screen time and make it reasonable. Always get the kids’ input to reduce family stress. You don’t want the family vacation to be dominated by these issues if you can negotiate them ahead of time.”

Don’t rule out allowing a child’s friends to join the family vacation. “I think what happens as kids get into adolescence they want to form an identity outside the immediate family,” said Gulyn. “Including a friend is a nice balance because the family unit gets respected and the family gets to know and spend time with the friend.”

From family group shots to picturesque scenery of mountaintops and oceans, documenting a trip with photographs will help preserve your favorite memories. This is made easier with the ubiquity of smart phones and tablets, and the entire family can participate.

“Encourage kids to take pictures of the event on their phone as opposed to just

everyone’s needs in mind. “I’d recommend a wish list and perhaps agree everyone gets to have at least one wish fulfilled,” said Amy L. Best, Ph.D., professor and chair of the Department of Sociology and Anthropology at George Mason University.

Make a plan for mediating conflicts that are likely to arise in even the most easy-going families. “It’s easy to get bogged down in small conflicts that can cast a dark shadow,” said Best. “Doing some anticipatory work is a good idea.”

At the end of each day, take stock of how the vacation is going and make adjustments along the way as necessary, said Prince. “That way you don’t have the whole vacation go by and find out that the kids didn’t enjoy it,” she said. “There is often the expectation that a vacation is going to be nirvana the entire time and it doesn’t happen that way. Things come up unexpectedly and you adjust.”

“Family vacations are an opportunity to teach kids how to be part of a team and how to cooperate,” said Prince.

“Be prepared for activities that you enjoy but they don’t,” said child psychologist Stacie Isenberg, Psy.D., “If you love viewing art but your kids don’t, bring drawing pads and books to keep them occupied while you admire the artwork for just a little longer. Create challenges and games for them during less exciting outings, such as ‘I spy’ or scavenger hunts.”

It’s a good idea to create some family vacation rituals, advises Best. “If it’s a place you return to frequently, try some new things, but do the round of traditions,” she said. “This will strengthen kids’ attachments to the place and create lasting positive memories.”

Remember to schedule time for rest and food breaks. “Even the best travelers need some time to replenish themselves,” said Isenberg.

“It’s important to give kids a voice because it’s their vacation, too.”

— Karen Prince, psychotherapist

messing around with it,” said Gulyn. “Social media is very picture oriented. If kids have the job of taking the family pictures, that’s cool.”

“You can give [children] an inexpensive camera that you get for \$10 at CVS,” said Prince. “That way they can capture memories as they go.”

Discuss expectations and hopes for the vacation so each family member can clarify his or her own interests and hear other family members’ ideas, and the family can set realistic plans that keep

Continuing Ed.

Online classes offer flexible options for earning credentials outside the classroom

BY MARILYN CAMPBELL
THE CONNECTION

Interested in learning to landscape your yard using sustainable practices? Want to practice Spanish before traveling to South America? Didn’t take philosophy seriously in college, and want to take a refresher course? Looking to get an advanced degree or certification to secure a job promotion?

Opportunities for continuing and professional education abound for the intellectually curious.

One trend in continuing education that local educators say is on the rise is online learning. A study by the Babson Survey Research Group shows the number of students enrolled in distance learning courses increased each year for the past 13 years.

Driven by advancements in technology, the explosion of online learning is making education — once available only to those with extra time and funds — accessible to anyone with a tablet or laptop computer.

“Our online courses have increased at about 20 percent a year for about three years,” said Stephen Nodine, Ph.D., associate vice president for E-Learning and director of Distance Education at George Mason University.

One of the reasons for the rapid growth of online courses is the flexibility that they offer working adults. “Students are able to schedule a course that they couldn’t work into their daily schedule,” said Nodine. “People who are looking to advance in their career or change careers can earn a graduate certificate and have a new credential without having to come to campus.”

The demand for courses that enhance professional marketability is another factor behind the popularity of online continuing education. “One

example of how this works is in the [information technology] field,” said Jennifer Lerner, associate vice president for e-Learning at Northern Virginia Community College. “One program that is in demand is cyber security if someone needs an additional certificate to prepare them for the new kinds of IT roles, like Cyber Security.”

The flexibility that online courses offer does not mean that they are less challenging than courses taught at a university, said Lerner. In fact, the standards of academic rigor are comparable to those offered in a traditional campus setting.

“Students need to be really organized and really self-motivated,” said Lerner. “Online courses aren’t for those who take an out-of-sight-out-of-mind approach to learning. Students need to just be committed with online courses as they would for an on campus class. “They shouldn’t be the last thing on your priority list that you expect to fit in without a time commitment.”

Jennifer Webb, senior associate director of Graduate Enrollment for New Student Graduate Admissions at Marymount University, said that while traditional online programs are best suited for students who have strong time management skills and adequate technology literacy, “many programs now have support and format opportunities which offer additional structure and engagement, and are, therefore, well suited for all types of learners.”

The reasons that some students choose online courses vary, said Nodine. “There are some students who might be in Iowa and want to take a class that we offer and they can’t get to a university near them,” he said. “There are also students who live in Bethesda, for example, and work full-time and get to classes in Virginia.”

Universities tailor their offerings to meet the needs of online and continuing



Online and professional education courses like this landscape design class offered at The George Washington University’s Arlington campus are growing in popularity.

PHOTO BY
WILLIAM ATKINS
COURTESY OF GWU

education students by staying current with market research, said Nodine. “One thing we look at is employment trends in new professions, information that we get from the Bureau of Labor and Statistics,” he said.

“We constantly review our programs to ensure the curriculum is current and prepares students to assume appropriate positions in the job market,” said Cathy Anderson, Ph.D., interim associate dean for Academic Programs and Services, School of Continuing and Professional Studies at the University of Virginia. “We recently updated our Leadership and Project Management curriculum based on research, market and competitive analysis.”

Universities strive to make their online classes accessible and relevant. For example, The University of Virginia’s School of Continuing and Professional Studies has academic centers in Falls Church. The George Washington University offers courses on campuses in Arlington, Alexandria and Ashburn, as well as more than 100 degree and certificate programs online.

“Online education remains an extremely high priority for both faculty and administration at GW,” said Geneva Henry, George Washington University’s dean of libraries and academic innovation who oversees the university’s online learning programs. “Because of the suc-

cess of our current online offerings, we will continue to grow our online courses as the demand from faculty and students is currently very high.”

Anderson said the university reviews the mode of delivery for its classes and programs to assess whether students’ needs are being met. “For example, we recently converted our accounting program to the online ... to allow us to reach a larger audience and provide more flexibility to current students,” she said.

Advances in technology and a desire to meet student requests have altered the way online classes are offered. “In the past, a lot of online courses were set up where there wasn’t a lot interaction between students and teachers. We would put the content up and let students access it,” said Bodine. “We’ve moved away from that to let students engage with each other.”

Anderson said UVA’s School of Continuing and Professional Studies is launching a new graduate certificate in Health Sciences Management this fall. “We are also in the process of developing additional offerings in cyber security and data analytics,” she said. “We are also exploring the option of adding Master’s degree options in the area of some of our graduate certificate programs.”

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Chef and owners Patrick Bazin of Bazin's on Church, and Jonathan Krinn and Jason Maddens of Clarity share a post-interview colleagues chat.



Owner and chefs Jonathan Krinn and Jason Maddens of Clarity are interviewed by Fox 5 DC reporter Tucker Barnes.

PHOTOS BY DONNA MANZ/THE CONNECTION

Fox 5 Zip Trip Comes to Vienna

Morning program broadcasts live from Town Green and Church Street.

Fox 5 DC set up shop on the Town Green on Friday morning, June 24, interviewing "live" the chef and owners of Vienna's premiere restaurants as Fat Chance played on the Green. Earlier in the morning, the Fox 5 DC "Zip Trip" team stopped by several Vienna icons within the historic Church Street corridor, and, even, had the opportunity to interview Abraham Lydecker (founder of what became the Freeman Store) impersonated by Jon Vrana. It was Vienna's turn to show the metro D.C. region what the town is made of. The Fox 5 crew came away impressed. Reporter Allison Seymour remarked that there was much more to Vienna than she had known.

"Lydecker" was interviewed inside the Freeman Store, and the caboose, the little train depot where the model railroaders exhibit their trains, the W & OD trail, and Cocoa Vienna, were explored and broadcast live on the morning show. The crew filmed staff at the Vienna Inn preparing their famous chili-cheese-hot dogs. The four-hour live program closed with brief interviews with chef and owners Patrick



PHOTO COURTESY OF FOX 5 DC

Fox 5 DC reporter Tucker Barnes listens to Abraham Lydecker (aka Jon Vrana) talk about the background of Freeman House. Lydecker built the store and home before the Civil War. His son-in-law, Leon Freeman, bought the Lydecker Store, renaming it the Freeman Store.

Bazin of Bazin's on Church, Tim Ma of Chase the Submarine, and Jonathan Krinn and Jason Maddens of Clarity. Laid out in front of each chef were seasonal dishes prepared by them; the featured restaurants all have accolades attached to their names.

Fox 5 DC reporters Allison Seymour, Tucker Barnes and Wisdom Martin took over interviewing and reporting duties along Church Street and the Town Green.

—DONNA MANZ



Vienna mom Andrea Dahl was watching Fox 5 DC early in the morning when she recognized the Vienna Town Green. She grabbed her kids and said, "We're gonna go there now." And she did. Dahl took a photo of her children Cassie and William with Chef Tim Ma and his daughter, Charlene.



Bazin's on Church owner and chef Patrick Bazin describes the innovative American-inspired dishes his restaurant prepares.



Vienna will hold Stories and Sprinklers on Wednesdays through Aug. 3 at the Town Green.

CALENDAR

Send announcements to connectionnewspapers.com/Calendar/. Deadline is Friday at noon for the following week's paper. Photos/artwork encouraged.

ONGOING

Paint the Town. Sept. 6-Oct. 1. 115 Pleasant St. NW, Vienna. Vienna Arts Society members exhibition. ViennaArtsSociety.org.

Bingo Night. Sundays. 4 p.m. Flame Room, Vienna Volunteer Fire Department, 400 Center St. S, Vienna. \$10. www.vvfd.org/bingo.html.

Stories and Sprinklers. 1 p.m. Wednesdays through Aug. 3. Vienna Town Green. Join Historic Vienna, Inc. for a good story and some water play each Wednesday afternoon. Free. 703-255-6360.

Great Falls Summer Market. Saturdays, 9 a.m.-1 p.m., 778 Walker Road Great Falls. <http://greatfallsfarmersmarket.org/>

Great Falls artist Betty Ganley. Month of July. Katie's Coffee House, 760 Walker Road, Great Falls. Nautical and floral subjects in watercolor. 703-759-4673.

"The Way I See It" Exhibit. Aug. 2-Oct. 1. Vienna Arts Society Gallery, 513 Maple Ave. W, Vienna. Reston resident Bob Kaminski will showcase his work in abstract and representational styles. ViennaArtsSociety.org. 703-319-3971.

"On the Street" Photography Show. 10 a.m.-4 p.m. Aug. 2-Sept. 3. Vienna Arts Society, 115 Pleasant St. NW, Vienna. Annual photography show with judge Denise Silva. Meet the Artists Reception and Awards on Saturday, Aug. 6 from 4-6 p.m. 703-319-3971. artcenter@viennaartsociety.org.

"Footloose." Fridays and Saturday, 8 p.m. Sunday 2 p.m. July 8-24. Alden Theatre, McLean Community Center, 1234 Ingleside Ave., McLean. Based on the movie of the same name. McLeanPlayers.org. 866-811-4111.

June Floral Show. June 1-30. Broadway Gallery Fine Art and Framing, 1025-J Seneca Road, Great Falls. Reston Chamber

Member features Floral Show at Great Falls Gallery with works of art by Vladimir & Alena Piven, Olaf Schneider, Anastasia Carson, David Sloane, Matthew Moore, and Linda Griffin. broadwaygallery.net. 703-450-8005.

Krop's Crops Flea Market. 9 a.m.-3 p.m. Second and fourth Saturdays from May to August. 11110 Georgetown Pike, Great Falls. Shop for vintage, antique and used items. Or sell you treasures. kropsfleamarket@gmail.com.

Tai Chi Beginners' Practice. Saturdays, 8-9 a.m. St. Luke's Catholic School Gymnasium, 7005 Georgetown Pike, McLean. Weekly Tai Chi practice. Group has met for over 20 years. Free. FreeTaiChi.org. 703-759-9141.

MONDAY-FRIDAY/JUNE 27-JULY 1

Fishing Adventures. 9 a.m.-3 p.m. Riverbend Park, 8700 Potomac Hills St., Great Falls. Fish from shore and boats using spinning tackle. Enjoy a chartered fishing trip on the Chesapeake Bay and an introduction to fly-fishing. 12-15 years old. \$449-\$464. To register: fairfaxcounty.gov/parks and search for Riverbend Park.

WEDNESDAY/JUNE 29

123 Andres. 10:30 a.m. Children's Theatre-in-the-Woods, 1551 Trap Road, Vienna. Bailar, or dance along, with 123 Andrés as he takes you on a melodic journey to the Latin music world. Ages 2-7. \$8. wolftrap.org/woods.

Stories and Sprinklers. 1 p.m. Vienna Town Green. Join Historic Vienna, Inc. for a good story and some water play each Wednesday afternoon. Free. 703-255-6360.

THURSDAY/JUNE 30

Furia Flamenca Dance Company. 10:30 a.m. Children's Theatre-in-the-Woods, 1551 Trap Road, Vienna. Experience the thrill and elegance of flamenco! Combining fiery percussive footwork and passionate music. \$8. Ages 5 and up. wolftrap.org/woods.

SEE CALENDAR, PAGE 9

ENTERTAINMENT

FROM PAGE 8

Exploring the "T" in STEM. 8:30 a.m.-12:30 p.m. Courtyard Tysons Corner, 1960 Chain Bridge Road, McLean. Professional enrichment workshop for middle and high school teachers. Free. For more information contact Natasha Schuh-Nuhfer, Ph.D., director of the Teacher Enrichment Program at nschuh@cee.org.

SUNDAY/JULY 3

Tom Principato. 6-8 p.m. Great Falls Village Centre Green, Great Falls. One of the most unique guitarists around, combining his rich blues background with high-energy rock, and a highly charged, emotionally expressive delivery. <http://www.celebrategreatfalls.org/concerts-on-the-green/>.

Desert Highway. 5 p.m. McLean Central Park, 1468 Dolley Madison Blvd. Eagles tribute band. Part of the Alden's Sunday Summer Concerts. Free. aldentheatre.org. 703-790-0123.

MONDAY/JULY 4

Great Falls 4th of July Celebration and Parade. 8 a.m.-6 p.m. 5K Walk Run, Blood Drive, Little Patriot Parade, and floats, horses, antique cars and pets making a loop in the Main Parade. Fireworks start after dusk. www.celebrategreatfalls.org/4th-of-july-celebration-parade/

Vienna 4th of July Festival and Fireworks Show. 4-9:30 p.m. Live musical entertainment, arts and crafts for kids, antique and classic car show and fireworks. Visit www.viennava.gov for more.

McLean Fourth of July. 6:30 p.m. Churchill Road Elementary, 7100 Churchill Road, McLean. Free shuttle buses. Disc jockey, snack vendors. mcleancenter.org.

SATURDAY/JULY 9

All Stars and Healing Wall Reception. 5:30-7:30 p.m. Vienna Art Center, 115 Pleasant St., NW, Vienna. Vienna Arts Society will be working with the troops on the mend at Fort Belvoir Hospital. 703-319-3971. ViennaArtsSociety.org.

Step and Swing for Elaine. 9:30 a.m.-6:45 p.m. Colvin Run Dancy Hall, 10201 Colvin Run Road, Great Falls. Longest Day fundraising campaign to honor Elaine Krawitz. Dance workshops, dancing and silent auction and raffle. Donation \$50 all day or \$15 per workshop. stepandswingforelaine@gmail.com.

Stand Up Paddleboarding. Noon. Riverbend Park, 8700 Potomac Hills St., Great Falls. Paddle a beautiful section of the Potomac River from a kneeling or standing position. This beginner class has a low student/

Festival-goers pause as the national anthem is played. The Vienna Police Department Color Guard presented the colors at a previous July 4 celebration in Vienna.



PHOTO BY DONNA MANZ/THE CONNECTION

Vienna Celebrates the Fourth With Festival and Fireworks

Food and family fun begins at 4 p.m. at Yeonas Park, 1319 Ross Drive SW, Vienna. Festivities kick off with the 2nd annual Vienna Inn Chili Dog Eating Contest. In two separate shows, Old Bay Circus Company, a hilarious and astonishing one-ring circus, will present lovely aerialists, giant unicycles, madcap juggling and stunts that will thrill all ages.

Kids' games and moon bounces will be on the upper fields, and the Little League concession stand will be open with delicious food and drink. At 7 p.m. Vienna's own Fat Chance will entertain with songs for all generations.

Fireworks begin at dark, approximately 9:30 p.m. at Southside Park, 1315 Road Drive SW, Vienna. Families are encouraged to bring blankets to enjoy the picnic atmosphere at the park. Seating available at Yeonas Park - Little League Concession will be open. Some seating will be available near the playground at Southside Park.

Several roads are typically closed during the July 4 fireworks event:

- ❖ Patrick Street
 - ❖ Patrick Circle
 - ❖ Ross Drive, from Cottage to George Streets
 - ❖ George Street, from Cottage Street to Ross Drive
- For more information, visit www.viennava.gov/.

instructor ratio to allow for plenty of personal instruction. PFDs and helmets provided. Maximum participant weight is 225 pounds. \$40/\$42. <http://www.fairfaxcounty.gov/parks/parktakes/>

Kayak Tour-Sunrise. 7 a.m. Riverbend Park, 8700 Potomac Hills St., Great Falls. Enjoy breathtaking views as the sun rises over the Potomac River. Paddle with a naturalist and learn about the historical and natural beauty of this island-dotted section of the river. Download waiver and bring completed to tour: <http://1.usa.gov/1aubG3L>. 13 years and up. \$39/\$41. <http://www.fairfaxcounty.gov/parks/parktakes/>.

SUNDAY/JULY 10

Emma Bailey. 6-8 p.m. Great Falls Village Centre Green, Great Falls. Soothing Emma Bailey country with the Standing Room Only Rock Band. <http://www.celebrategreatfalls.org/>

concerts-on-the-green/.

The English Channel. 5 p.m. McLean Central Park, 1468 Dolley Madison Blvd. British Invasion tribute band. Part of the Alden's Sunday Summer Concerts. Free. aldentheatre.org. 703-790-0123.

Life in the Leaf Litter. 4 p.m. Riverbend Park, 8700 Potomac Hills St., Great Falls. Join a naturalist for a hike and explore the forest floor. Uncover the diversity of soil organisms and the crucial role that invertebrates play in helping forests to stay healthy. 7 and up. \$7/\$9. www.fairfaxcounty.gov/parks/parktakes/.

Build Your Own Bee House. 10 a.m. Riverbend Park, 8700 Potomac Hills St., Great Falls. Have fun learning about local pollinators and using some invasive plants to build homes for native pollinators. The bees this house will attract are mason bees, pollinators and solitary bees who rarely sting. \$10/\$10. <http://www.fairfaxcounty.gov/parks/parktakes/>.

SPECIAL CONNECTIONS CALENDAR

Advertising Deadlines are the previous Thursday unless noted.

JULY

7/13/2016.....HomeLifeStyle
7/20/2016.....A+ Camps & Schools
7/27/2016..Connection Families: Our Pets

AUGUST

8/3/2016.....Wellbeing
8/10/2016.....HomeLifeStyle

8/17/2016...A+ Camps & Schools – Back to School – Private Schools

8/24/2016...Newcomers & Community Guide Pullout

8/31/2016.....Connection Families: Enrichment, Care & Back to School

SEPTEMBER

9/7/2016.....Wellbeing

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JULY 10	The English Channel British Invasion Tribute Band	
JULY 17	The Reflex '80s Tribute Band	
JULY 24	Satisfaction Rolling Stones Tribute	
JULY 31	Still Surfin' Beach Boys Tribute	

Presented by the Alden Theatre at the McLean Community Center in McLean Central Park, located at the corner of Old Dominion Dr. and Dolley Madison Blvd. (Route 123). Schedule subject to change. www.aldentheatre.org

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June 27, 2016



By KENNETH B. LOURIE

Not that this date, in and of itself, is particularly remarkable, but it is yet another monthly anniversary/reminder of the original February 27, 2009 date when I initially met with my oncologist who delivered the devastating news with which all of you regular readers are well-acquainted: stage IV, non-small cell lung cancer (NSCLC); inoperable, incurable, with a "13-month to two-year" prognosis. Yet here I sit and write still another "cancer column," as I call them, seven years and four months later. And who's to say – or know for that matter, if I am getting closer to the end or further from the beginning. As often as I take note of these anniversaries, as much as possible anyway, I try not to focus/obsess on my underlying reality, because living with cancer is bad enough; believing all the bad news associated with that reality is even worse.

My strategy, to the extent one would characterize what I do as a strategy, is to compartmentalize, not stress over things I can't control, live as "normal" – for me, anyway – a life as possible (no bucket list for me), embrace humor and positivity wherever/whenever, follow doctor's orders/be a "compliant" patient (do what I'm told, take the prescribed medications, show up for regular lab work, infusions, diagnostic scans and especially for all face-to-face appointments with my oncologist) and simultaneously remain open to non-Western anti-cancer alternatives – of which there are many; all the while attempting to jump-start/strengthen my body's own natural fighters: my immune system. (This is what Immunotherapy is all about.)

I can still remember my brother Richard's sentiment concerning my diagnosis/prognosis/treatment: try to stay alive until the next new protocol comes along/gets approved. And so I have. Science and medicine is hardly arithmetic. It's not static. It's dynamic. There are changes, revelations, discoveries, all the time. A prognosis which was certainly relevant at the time it was given can't possibly allow for/anticipate the inevitable progress to be gained from research, clinical trials, miscellaneous studies and patient success stories that filter through the medical pipeline. What's true and reasonable today is not necessarily as meaningful tomorrow. I have lived looking forward, never backward, embracing that hoped-for reality. It doesn't matter – to me, what's already happened. What matters to me is the future and the changes/new ideas (genetic testing and DNA profiling as an example) ever present. As Steve Miller wrote and sang in the title track from his 1969 "Brave New World" release: "We're driving fast from a dream of the past to the brave new world where nothing will last that comes from the past." I've loved this song for over 45 years. Now I know why.

So I look forward to tomorrow. I don't look back to yesterday. Nor do I believe science and medicine is looking backward, either. It's all about what happens next. And as I acknowledge June 27, 2016, I likewise prepare to acknowledge July 27, 2016 and beyond. Life is short enough on its own. It doesn't need any help from us. And I'm certainly not about to make any of these matters worse. Just because it started off bad doesn't mean it has to end up bad.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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21 Announcements

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-Archimedes

21 Announcements

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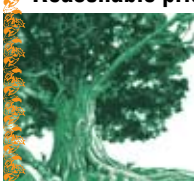
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Guests take part in the Annual Ramadan Iftar Tent celebration at the Unity of Fairfax Church at 2854 Hunter Mill Road in Oakton at the breaking of the fast on Friday, June 24.

Area Muslims Host Ramadan Iftar Tent Celebration

The American Turkish Friendship Association held its Annual Ramadan Iftar Tent celebration on June 22, 23 and 24 starting at sunset at the Unity of Fairfax Church at 2854 Hunter Mill Road in Oakton. Iftar is one of the religious observances of Ramadan for Muslims and is often done as a community, with people gathering to break their fast together around 8:15 p.m. "What we are trying to do is bring our community together over

dinner. I feel very lucky to be part of Fairfax County. Our community is very multicultural, very diverse and we wanted to celebrate this diversity," said Mustafa Akpinar, board member of the American Turkish Friendship Association. "This is something needed because of the prejudice and bigotry towards Muslims... Let's celebrate diversity and live peacefully; we want to be part of that beautiful tapestry."

—STEVE HIBBARD



At sunset, Ramadan celebrants wait in line for the food, which included Orman kebab, rice, salad and sweet corn bread.



Sule Zirekoglul prepares the lokma dessert.

Enjoying the Ramadan celebration are Silanur Inanoglu, Ecenur Uzun, and Sena Inanoglu.



PHOTOS BY
STEVE HIBBARD
THE CONNECTION



PHOTO COURTESY OF VIENNA HAWKS

Vienna Hawks team fifth- and sixth-grader smothered competition throughout lacrosse season.

Vienna Hawks Finish a Perfect Season

DONNA MANZ
THE CONNECTION

The fifth/sixth grade Vienna Youth girls' lacrosse team, the Hawks, closed out their undefeated season with a tournament win over McLean. The championship game was played on June 12 at Oakton High School.

"This was a special group of girls," said Hawks' head coach, Scott Knisley. "We just plucked them together and they meshed."

Girls' lacrosse differs from boys' lacrosse in several meaningful ways. In girls' lacrosse, the players use no safety equipment, except for the goalie. The sticks are constructed differently, as well, and no one but the goalie is allowed in the goal crease. Knisley describes girls' lacrosse as "ice hockey on grass."

"I like playing with my team and I like it when I have the ball," said fifth grader Ava Dirth, playing attack. "I like it when I'm scoring goals or getting an assist."

The Hawks' first game was on April 3 at Fort Hunt where they won 12 to 2. The second game, on April 10 at Annandale, gave the Hawks a huge 16 to 0 victory. Third game, at home on April 16 against Prince William, the Hawks won 8 to 4. Their five remaining regular-season games were all big wins, as well.

The Hawks won their first playoff game against Alexandria, on June 5, 15-9, and won playoff game 2, on June 11 vs Fort Hunt, 13-6.

The season culminated in the championship win over McLean 11 to 9, a fitting end to a perfect season.

Team members were [number and name]: 1, Daisy Anderson; 2, Devon Almquist; 3, Avery Bath; 4, Maegan

Boughton; 5, Nina Conforti; 6, Ava Dirth; 7, Caroline Fitzpatrick; 8, Kaela Gordon; 9, Emily Knisley; 10, Jill Koshuta; 11, Katie Koshuta; 12, Sophia Laubner; 13, Emily Martin; 14, Sydney Martin; 15, Eve McDonough; 16, Mary Grace Songer; and 17, Emme Williams.

All the girls were sixth-graders except Ava Dirth and Mary Grace Songer. Daisy Anderson led the team in goals in the regular season with 15, and Emily Knisley, Sophia Laubner, and Katie Koshuta were second with 12.

The defense was solid all season with Avery Bath, Kaela Gordon, Devon Almquist, and Eve McDonough holding off opposing attack players, Coach Knisley said, and there were some games in which some of the defensive players never came out of the game for rest. Mary Grace Songer was outstanding in goal with 13 saves in one of the playoff games, Knisley said.

Midfielders Emily Knisley, Nina Conforti, Sydney Martin and Katie Koshuta were great at controlling draw and the draw circle.

"The attack players worked great at passing, shooting and controlling the ball," said Coach Knisley. Daisy Anderson, Sophia Laubner, Jill Koshuta, Emme Williams, Ava Dirth, Caroline Fitzpatrick, Emily Martin, and Maegan Boughton rounded out attack.

Katie Koshuta lead the playoffs with 18 goals followed by Sophia Laubner with 5 goals. During the regular season, the Hawks scored 108 goals and allowed only 34.

In the playoffs the Hawks scored 39 goals and allowed 24.

"It's fun," said Dirth, starting a traveling team season in mid-June. "And it's a good way to stay active. You make a lot of friends, too."