

BUCK&ASSOCIATES,INC.



Buck & Associates 40th Anniversary

As Buck & Associates celebrates 40 wonderful years in Arlington, we would like to say thank you to all our past real estate clients, both residential and commercial. We look forward to another 40 years of exceeding our clients' expectations at our Clarendon location along Wilson Boulevard. Thanks again for making us your trusted real estate partner.

WWW.BUCKREALTORS.COM

2519 WILSON BOULEVARD ARLINGTON, VIRGINIA 22201 (703) 528 - 2288





Lift Off for Potomac Gondola from citizens and advice from

A look at the initial feedback an existing gondola system.

DCA AIR TRAFFIC (AT KEY BRIDGE)

BY VERNON MILES The Connection

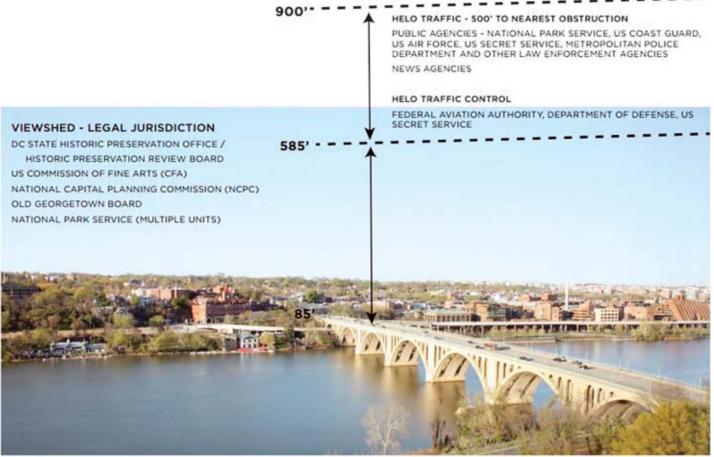
Georgetown-Rosslyn Gondola baffles people. The proposed tram alongside the Key Bridge has drawn a mixture of interest and confusion. As the feasibility study begins, little new information about the cost of the project was revealed at the first meeting. The size of the gondola, the building and operating costs, and how much it will cost to ride are all still yet to be determined, but this hasn't kept the project from attracting attention at the July 7 public meeting in the Rosslyn Spectrum Theatre.

"I was initially very skeptical," said Mary-Claire Burick, president of the Rosslyn BID, one of the partners in the Rosslyn-Georgetown gondola project. "But transportation is a challenge in the region. This solves congestion on the bridge. [This helps people] going to work in a suit on a hot summer day But this has to be easy and seamless. That's what people are looking for. [The feasibility study] is about finding out what it would take to get there. That's why it's important to host this meeting, to engage the community early on our side of the river."

During their presentation, project staff repeatedly referenced the Roosevelt Island Tramway and the Portland Aerial Tram as two other successful gondolas operating in the United States.

Brett Dodson has been tram manager at the Portland Aerial Tram for six of the project's nine years of operation. The Portland Aerial Tram averages 8,500 rides per day. Dodson said the tram moved 2.1 million people in the last year, double what the city had projected. Like the Rosslyn-Georgetown gondola, Portland's Aerial Tram is designed to help commuters cut around traffic.

"People get to look down below and see all the traffic and congestion, looking at the red lights and going past them," said Dodson, though he added that the tram has



Graphic showing some of the jurisdictional conflicts for the gondola

also become integrated as part of the local culture. "We also hear about the social side of it. [Commuters] ride the same cabin with the same people for the same five-minute ride."

As the feasibility study moves forward, there are a few experiences from the Portland Tram operation Arlington's gondola project could learn from.

"There's a lot of bikes," said Dodson. "300 to 500 bikes per day on the tram. It's a much wider variety of people than was initially thought. We've worked a lot on developing bike parking and a free bike valet. Park them at the bottom of the trail so they don't come on. We've set up a loading and unloading

system, with up to six bikes per cabin and they all go in one spot. Everybody else loads the other 70 percent of the cabin, then people get off and the bikes get off afterwards. That's helped minimize the conflict. We had people in a white dress lean up against greasy bikes and that didn't go over well."

The more Dodson talks about the situation in Portland, the more similar the setting seems to the Rosslyn-Georgetown gondola.

"We're space constrained," said Dodson. "We don't have a lot of parking, it forces people to commute. People can be on the bus for 20 minutes, maybe 30 or 40, or take a five minute tram ride. We have a lot of commuters, in the past, that wouldn't have used tram but then they sit in parking and see the tram overhead."

One major conflict the early tram development faced was ballooning costs. Dodson said the companies that build the tram got their price estimates from ski resorts with mountain gondolas, but didn't take into account many of the urban development costs that came in after those initial price estimates.

"I think it's really getting tight budget numbers to start with " said Dodson "But the price tag is already much closer than Portland had [at the start]."

Arlington is no stranger to growing costs on major projects. The first public meeting on the gondola was held in a theater beneath Freedom Park, site of the failed Loop

Bridge in the 1990s, and one block away from the Artisphere, Rosslyn's failed art center. The accidental symbolism of the meeting was not lost on meeting attendees. Dave Schutz, a resident of Ashton Heights, said he believes the shadow of the widely unpopular Columbia Pike streetcar looms over the board when it comes to major projects, especially transportation initiatives. Two of the County Board members won or maintained their spots on the board largely through their opposition to that project. The two newer members actively worked to distance themselves from the project during their election in 2015.

SEE ENVISONING, PAGE 5



Hal Steinberg (left) and Paul Kelly (right) review the gondola proposal at the first public meeting.



Arlingtonians gather at the July 7 public meeting in the Rosslyn Spectrum Theatre.

When Building an Addition, Add Green Features



An addition can be a good opportunity to cure some of an existing house's energy evils. An addition offers an excellent opportunity to incorporate benefits for the whole house, For instance, if an existing building is sited poorly for solar gain and day lighting, look into the possibility of using windows, skylights, and solar massing in the addition that can add heat to the house. Or, plan an addition that can shade other parts of the house.

Before you plan to add out with a new foundation and floor space, also consider adding up, which uses fewer materials, is less disruptive to a site, and could save money and tread more lightly on the environment.

A new space shouldn't be any larger than it has to be. Keeping the new space as small as possible pays dividends in at least two ways: by keeping construction costs low and by reducing operating and maintenance costs. A smaller addition also makes less of an impact on the site and the neighborhood.



Russ Glickman, founder of Glickman Design Build, is a Master Certified Remodeler and Certified Aging in Place Specialist. The award-winning Glickman Design Build team has completed

thousands of general remodeling and accessible design projects in the Metro DC area and is passionate about the work they do. Their work has been featured in a variety of publications.

Visit GlickmanDesignBuild.com or call 301,444,4663 to learn more.



Send Your Photos & Stories Now to editors@connectionnewspapers.com or complete our online form at connectionnewspapers.com/pets

Be sure to include your name, address and phone number, and identify all people and pets in photos. Submission deadline is July 20.

News

What's the Hurry? Where's the Fire?

Questions raised by Task Force on Station 8 still need to be resolved.

By Eden Brown The Connection

etsy Forinash, Richard Lolich, and Alexandra Bocian and other North Arlington residents believe Arlington County Deputy Manager Jim Schwartz must have some other agenda for pushing the relocation of Fire Station 8 from Hall's Hill to Old Dominion and 26th Streets, because if he had read the report of the FS#8 Task Force, he'd know that doesn't make sense.

The tenor of citizens' remarks rose last week when word leaked out that the county was leaning towards the Old Dominion site because it was said to be more cost effective.

"What?" asked Betsy Forinash. "On what would they base that conclusion? The numbers Mr.Schwartz cited for the cost of building a temporary fire station while rebuilding a new station at the current site were cut and pasted from figures given by a developer on a proposed development in a different part of the county — and they don't incorporate any of the cost-saving measures the task force recommended. The county failed to do its own independent analysis of the cost of a temporary station, or factor in the fuel pump move, which raises serious questions about how it can claim any savings from the Dominion Green site," said Forinash.

This is the second time Arlington County has asked a task force to research a fire station move; the task force for Station # 3 did not

recommend the current location or design of that station, and many, including firefighters, believe the result was "a disaster," causing longer response times, because the planning was short sighted.

"The beauty of task forces," Noah SImon said, midway through his tenure as Fire Station #8 task force chair, "is that in reviewing an issue independently, often new information comes to light, and the solution reached is better than it would have been if there been no task force."

That's what happened when Task Force FS#8 reached cruising altitude: they realized that the there were many factors involved in response times, and some of those needed to be addressed even more urgently than location. There were missing data points. The county was still guessing on the actual running time from Old Dominion to Chain Bridge Forest. "They literally have never done the physical run from Old Dominion to northernmost Arlington," Alisa Cowen said, "They just 'think' they have reduced the time, by what? Thirty seconds?"

"What is still missing in this effort is due diligence," said Alisa Cowen. There were not enough projections by the county on what the Lee Highway corridor would look like in 50 years, not enough independent cost estimation.

The EPAC (Emergency Preparedness Action Committee) realized this lack of data and effort as they learned more during the task force process. In a June 22 letter to the County Board they spelled out their concerns.

"EPAC learned a lot in the course of the task force," said Cowen. "We actually educated them, and at the end of the process their representative said he came into the meetings thinking they should move the fire station but realized it wasn't that simple."

EPAC's post task force feedback noted that

The Hall's Hill Perspective

"Black Lives Matter" is common refrain in recent discussions among Hall's Hill residents. But even before the Task Force started its job, Hall's Hill residents were questioning the deputy county manager's strong interest in relocation.

Last January, John Crone commented, as he leaned back in his seat at a local business: "No matter what you do in this situation, you are never going to make everyone 100 percent happy. But I grew up here. When you think about Hall's Hill, you think about this fire station. So it doesn't make sense why it would move. It seems like there is some other reason why the county would do this, not because it makes sense."

Another customer named Keith, who didn't want to give his last name because he was concerned about repercussions, said he had lived in Hall's Hill a long time. He grew up around the Fire Station 8. "Think about Cherrydale," he said. "That's a historic fire station. They didn't move that station. Hall's Hill Fire Station is a historic place too. So, read between the lines. It's all about taking safety away from this neighborhood. "

And last November, Andrew Dandridge said he was puzzled by the idea that Hall's Hill would lose its fire station. "My aunt, Ms. Hicks, gave the land for that station," he said. He had three uncles who were volunteer firefighters at the station. It's not really that active, either, in terms of fires, he said. Most of the calls are for EMS services. "Why move it?"

Wilma Jones, who is a lifelong resident of Hall's Hill said, "You need to look at this in the context of "Black Lives Matter. That's the whole reason Fire Station 8 got started. When the Arlington government wouldn't fight the fires in our neighborhood, we had to go fight them ourselves."

Several Arlington residents, including Betsy Forinash and Jones, wonder if the county ever intended to honor the task force's recommendation. Jones warned the board last year that they had to take this seriously: people were upset. She said, "Residents trust the County Board will follow through with their intention to honor the task force decision." She noted the board, and the county, still have a long way to go to establish trust with the African-American community in Arlington, and that private Facebook accounts and social media buzz are already actively discussing the issue and watching to see what happens with the vote next

SEE THE HALL'S, PAGE 12

rebuilding at the current site on Lee Highway was determined to serve the highest number of residents with a four-minute response timeas measured from station departure to arrival on scene. They asked the county board to consider reviewing, immediately, fire/EMS performance metrics, standards, and goals. There is a need for a common set of metrics and standards for Fire/EMS response and for a strategic goal to assist with future planning, they wrote.

In its letter, EPAC also noted the task force paid close attention to density and call volume (present and future) to specific areas of the county impacted by the alternative sites considered for Fire Station 8. EPAC representatives identified two items they believe warrant more detailed analysis by the County Board: given the concern that moving the FS8 further north would move away from the high volume of calls stemming from the Virginia Hospital Center (VHC) call box, EPAC recommended the County Board enhance its understanding of EMS response times in the affected areas and assess the risks of moving FS8 north to the Old Dominion location. Residents have said the need to do this is before a board vote, not af-

EPAC's recent letter focused on Lee Highway Corridor Growth as a third issue that was left unresolved at the end of the task force effort, but is crucial to the decision-making process. They called for a more detailed assessment by the County Board given the concerns of task force members about projections of future growth along Lee Highway and theorized negative impacts resulting from moving FS8 farther away from Lee Highway. Without a more precise analysis of projected growth impacts on response times, including the impact of increased traffic along Lee Highway on site selection, and traffic along Old Dominion as well, it is hard to understand how good the decisionmaking could be.

"The County Board did a presentation for us less than a year ago showing a lot of apartments and heavily populated areas along the area where Fire Station 8 is located now," said Wilma Jones. The propensity for fire is higher in apartments and older frame buildings is higher. It doesn't make sense to take away the fire station given those projections."

Task force members also noted that it remains the case in Arlington that the pizza delivery van can find your house before the fire department can. Why? Alisa Cowen explained: "Because the pizza companies have invested in expensive software (but less expensive than a new fire station) that link your incoming call to the geolocator in your phone. This, and other 911 call center upgrades, and opticon intersection control improvements, could reduce response times before a new fire station is even built. Why isn't the County Board voting on a measure in the budget to address that software?"

Deputy County Manager Jim Schwartz agreed, but says these questions aren't new: the Emergency Control Center (ECC) is working on that. The TriData report came out in 2012, and the FCC approved in 2012 the "Next Generation 911" plan "which will change the

See What's the Hurry?, Page 12

Envisoning Potomac Gondola

From Page 3

"There's an overlay to this project that is not fair," said Schutz.

For local citizens, reactions to the gondola have been mixed. Paul Kelly and Hal Steinberg are neighbors in Turnberry and look through the gondola proposal with different conclusions.

"I think this is good," said Kelley. "I would use it. It's nice to get up for a bird's eye view or across the water for a weekend walk."

But Steinberg isn't as convinced.

"It'll just take longer," said Steinberg. "I just use the circulator bus."

Steinberg isn't alone. Many residents opposed to the gondola are dubious about the project's utility.

"I've urged the board not to spend the money on the gondola, it's not our problem," said Daryl Deprengur. "This [meeting] hasn't changed my opinion on the project, but it's proper to do a feasibility study instead of just jumping to a conclusion."

"I'm not sure what it would add," said Charles Logan, a Rosslyn resident. "It would look nice, but is it really just saving people a walk across the bridge?"

It is. But according to Schutz, that can be a bigger benefit than some residents realize.

"People saying they'd just walk across the bridge aren't 60," said Schutz.

Schutz's personal support for the project comes from trips with his wife across the river to the Georgetown University Hospital for cancer treatment. Schutz says his wife's options were either struggle with parking in Georgetown at the crowded hospital parking garage or take the bus in and sit in the morning traffic.

"I think it would be a cool addition," said Alexandra Garcia. "I'd be interested in knowing who the primary user they have in mind is. Is this for tourism or local commuters?"

There's still a long way to go before the gondola concept turns into a functional aerial tram. Twenty-seven agencies throughout the area will need to be part of the approval process.

"There are examples of working gondolas elsewhere in the world, but it is unclear whether using them in Arlington would deliver the kind of results some believe," said Frank Shafroth, director of the Center for State and Local Government Leadership at George Mason University. "The harder issue, should they continue opt to move forward, would be the years to navigate working with Park Service and other Federal partners."

Arlington County contributed \$70,000 into the feasibility study for the gondola, which is expected to take a year to complete.





BUY MORE, SAVE MORE

SAVE \$2,400

ALL OUTDOOR FURNITURE

In-Stock only.

Create space for living.

Falls Church I 6600 Arlington Blvd., 22042 Mon-Sat 10am-9pm, Sun 11am-6pm

OPINION

Be Part of Our Annual Community Guide

Share tips in upcoming Newcomers and Community Guides.

he Connection's annual Newcomers and Community Guides will publish Aug. 24 with a deadline of Aug. 17. A bevy of interns, plus staff writers and editors, are preparing this year's 15 individual editions, but we need help from our readers.

We're hoping to share special places, activities, events, organizations and volunteer opportunities. What should someone new to your neighborhood know about? Events that should not be missed? Organizations that do a great comers and long-time residents alike, includjob? Places to volunteer? Tips for navigating ing our award-winning Insiders Guide to the your PTA or your school's front office? A great Parks, and information on how to vote and place to see the sunset? We'd love to have your photos to go along with your EDITORIAL suggestions.

What are your favorite parks? Favorite historic sites?

What tips do you have for someone getting to know the community?

Faith organizations, nonprofit organizations, clubs, environmental groups, advocacy groups, youth sports teams and others who offer events open to the public are invited to send a paragraph about the organization and how to get involved.

We will publish a selection of local tips along with a plethora of information useful to new-

See last year's community guides by

www.connectionnewspapers.com/ PDFs/ and scrolling down to Newcomers.

Email tips and photos to arlington@ connectionnewspapers.com or send as a letter to the editor via the website at http:// www.connectionnewspapers.com/contact/letter/. Send in your Insider's Tips by Wednesday, Aug. 17.

For information on advertising, email sales@connectionnewspapers.com or call 703-778-9431. See www.connection newspapers.com/advertising.

www.ConnectionNewspapers.com

@ArlConnection

An independent, locally owned weekly newspaper delivered to homes and businesses.

Published by Local Media Connection LLC

1606 King Street Alexandria, Virginia 22314

Free digital edition delivered to vour email box. Go to connection newspapers. com/subscribe

NEWS DEPARTMENT: arlington@connectionnewspapers.com

Steven Mauren

Editor 703-778-9415

smauren@connectionnewspapers.com

Vernon Miles

Reporter 757-472-3435 vmiles@connectionnewspapers.com

Jon Roetman

Sports Editor jroetman@connectionnewspapers.com @jonroetman

ADVERTISING:

For advertising information sales@connectionnewspapers.com 703-778-9431

Debbie Funk

Display Advertising/National Sales 703-778-9444 debfunk@connectionnewspapers.com

Andrea Smith

Classified & Employment Advertising 703-778-9411 as mith @connection new spapers.com

David Griffin

Marketing Assistant 703-778-9431 dgriffin@connectionnewspapers.com

Editor & Publisher

Mary Kimm mkimm@connectionnewspapers.com@MaryKimm

Executive Vice President

Jerry Vernon 703-549-0004 jvernon@connectionnewspapers.com

Editor in Chief

Steven Mauren Art/Design: Laurence Foong, John Heinly **Production Manager:**

Geovani Flores Special Assistant to the Publisher

Jeanne Theismann jtheismann@connectionnewspapers.com @TheismannMedia

CIRCULATION: 703-778-9427

circulation@connectionnewspapers.com



BULLETIN BOARD

Email announcements ar lington @connection newspapers.com.Include date, time, location, description and contact for event: phone, email and/ or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

NEW LOCATION

Join members of the **Arlington Presbyterian Church** for worship at their new location, 716 S. Glebe, on Sundays at 11 a.m.

THROUGH AUG. 5

Free Lunch. Noon-1 p.m. at Mount Zion Baptist Church, 3500 South 19th St. Mount Zion Baptist Church has partnered with the Capital Area Food Bank to offer free lunch to children ages 5-18. Call 703-979-

SEPT. 10-21 2016 Northern Virginia Senior

Olympics. Online registration will open July 5. Registration forms will be mailed to previous participants in late June and will be available at community and senior centers, senior residences and event venues. The registration fee of \$12, which covers multiple events, remains the same. Three events have an added fee, ten pin bowling, golf and orienteering. Deadline for registering is Aug. 27 (by mail), Sept. 3 (online). Call 703-830-5604 or email nvso1982@gmail.com for more. To volunteer, call 703-403-5360.

SATURDAY/AUG. 20

Application Deadline. The Virginia Master Naturalist program prepares volunteers to provide education, citizen science, and outreach to conserve and manage natural resources and public lands. Volunteers must commit to at least 40 hours of service annually to become certified. Arlington Regional Master Naturalists will be holding



Track Work Affects Airport Metro Station

Due to Metrorail segment closures near Reagan National as a result of WMATA's SafeTrack work, passengers should expect additional congestion on the airport's roadways and in its parking facilities. From July 12-18, work is being performed on the Yellow and Blue Metro lines between the Reagan National Airport and the Pentagon City stations. Metro will provide shuttle bus service between the closed rail line segments while track work is performed. Passengers traveling to Reagan National should find alternative transportation options and consider parking reservations at the airport via the airports website (www.flyreagan.com/dca/reagan-national-airport) to ensure parking before leaving home.

evening and weekend training this fall. Visit the Arlington Regional Master Naturalist website at armn.org/basic-training/.

DONATIONS WANTED

The Arlington Food Assistance

Center's Plot Against Hunger program is again seeking local vegetable gardeners and farmers willing to grow and donate fresh produce to the AFAC food pantry. AFAC can provide free vegetable seeds to those who pledge to donate produce from community or personal gardens. Seeds available now at AFAC, 2708 S. Nelson Street, during regular business hours: Monday Friday, 8:30 a.m.-4:30 p.m. and Saturdays 8:30 a.m.-1 p.m. Visit www.afac.org/plot-against-hunger/ or contact Puwen at Puwen.Lee@afac.org or 703-845-

WEDNESDAY/JULY 13

Coffee and Conversation. 10-11

a.m.at The Celtic House, 2500 Columbia Pike. Guest speaker, John Doolittle, docent, will speak about Friends of Roosevelt Island, a new group dedicated to preserving and protecting this presidential memorial. Meet members, volunteers, and learn about aging in place with Arlington Neighborhood Village. Free. Visit www.arlnvil.org or call 703-509-

Blood Donations Needed. 1-6:30 p.m., at Doubletree - Crystal City, 300 Army Navy Drive. Every two seconds, someone in the U.S. requires blood or platelets. Donors of all blood types are needed now. Schedule an appointment to give blood by downloading the free Red Cross Blood Donor App, visiting redcrossblood.org or calling 1-800-RED CROSS (1-800-733-2767).

SATURDAY/JULY 16

Community Give-Away Day. 11 a.m.-2 p.m. at Arlington Presbyterian

Church, 3507 Columbia Pike. Arlington Presbyterian Church is moving to make way for the development of affordable housing. After 86 years the church has accumulated a lot of stuff and can't take it all along. All items are free and must be removed that day including filing cabinets, books desks, chairs, other furniture, kitchen items, and more. No early birds. Visit arlingtonpresbyterian.net/ for more.

Arlington Food Assistance Center Open House. 1-4 p.m. at Walter

Reed Annex Garden, 2060 S. Walter Reed Drive. The garden is part of AFAC's Plot Against Hunger Program, which supports volunteer gardeners who donate their produce to hungry families. The open house will feature such volunteer-built projects as organic compost bins, irrigation systems using rains barrels and ollas (in-ground terra cotta vessels), nomadic gardens built on pallets, and raised beds. Free seeds for fall crops will also be available. Visit www.afac.org/plot-against-hunger, email Puwen.Lee@afac.org or call 703-845-8486.

WEDNESDAY/JULY 20

Coffee and Conversation. 10-11 a.m.at The Celtic House, 2500

Columbia Pike. Guest speaker Mary Lee Byrd, interior designer and certified aging in place specialist, will explain how she helps homeowners make their homes safer and easier to live in. Meet members, volunteers, and learn about aging in place with Arlington Neighborhood Village Free. Visit www.arlnvil.org or call 703-509-8057.

SATURDAY/JULY 23

Voter Registration for Former Felons. 1-5 p.m. at Macedonia

Baptist Church, 3412 South 22nd St. The League of Women Voters of Arlington and the NOVA chapter of the National Association of Blacks in Criminal Justice are teaming up to provide voter registration to individuals who qualify under Governor McAuliffe's executive orders. Visit http://www.mbcva.ws/ for more.

Traffic Disruption. 6-11:15 p.m. The Arlington County Police Department wants the public to be aware of numerous road closures during the running of the Crystal City Twilighter 5K Race. In addition to the closures, street parking in the area will be restricted. Motorists should be on the lookout for temporary "No Parking" signs. Illegally parked vehicles may be ticketed or towed. If your vehicle is towed from a public street, call the **Emergency Communication Center at** 703-558-2222

MONDAY/JULY 25

Nomination Deadline. The Arlington Community Foundation is seeking nominations for the 2016 William T. Newman, Jr. Spirit of Community Award. For more information, call 703-243-4785.

Readying for Long Bridge Project

he Atlantic Gateway is underway. Gov. Terry McAuliffe discussed the details of the \$1.4 billion plan to reform regional road and rail projects at Alexandria's Union Station on July 8. For Northern Virginia, the program means road expansions and more express lanes, but for Arlington a big piece of the proposed improvements could be the rebuilding of the Long Bridge parallel to the 14th Street Bridge.

According to Nick Donohue, Deputy Secretary of Transportation, the plan is to expand the rail access from two tracks to four. Currently, the Virginia Railway Express (VRE) has to compete for

D.C. and Donohue said the rail capacity is at its maximum usage.

"This will improve reliability and it adds capacity," said Donohue.

But the Long Bridge project is the only one of the



Gov. Terry McAuliffe unveils Atlantic Gateway plans.

listed improvements that is only partially funded. The project is a partnership with Washington D.C., which still has to perform an environmental study on the project before it will commit funding.

"We want to be able to advance the Virginia side so we'll be ready ≤when D.C. is," said Jennifer Mitchell, director of the Virginia Department of Rail and Public Transportation.

Arlington's political leaders in attendance at the meeting expressed enthusiastic support for the project and for the Long Bridge improvement.

"I'm excited that it's not just roads improved," said state Sen. Adam Ebbin. "I'm happy about the

rail access with other freight lines moving through multimodal improvements. The VRE is an important economic driver for the region."

> "We're thrilled," said Arlington County Board member Katie Cristol. "This is a tremendous opportunity for Arlington."

> > — Vernon Miles



DC AREA HOMEOWNERS CHOOSE CASE BECAUSE QUALITY IS EVERYTHING.

With more than 50 years of transforming homes in the DC metro area, Case offers the highest quality in design and craftsmanship, unbeatable client service and the best warranty in the business.

Visit casedesign.com or call 703.241.2980 to schedule your free design consultation today.

'Flourishing After 55'

"Flourishing After 55" from Arlington Office of Senior Adult Programs for July

Senior centers: Lee. 5722 Lee Hwy.; Langston-Brown Senior Center, 2121 N. Culpeper St.; Culpepper Garden, 4435 N. Pershing Dr.; Walter Reed, 2909 S. 16th St.; Arlington Mill, 909 S. Dinwiddie St.; Aurora Hills, 735 S. 18th

Senior trips: Tour Eastern State Penitentiary, Phila., Wednesday, July 20, \$10 (includes lunch); Washington Nationals vs Los Angeles Dodgers, Thursday, July 21, \$56; Hollywood Casino, Charles Town, W.Va., Friday, July 22, \$8; Pennsylvania Dutch Farmer's Market, Annapolis, Saturday, July 23, \$7. Call Arlington County 55+ Travel,703-228-4748. Registration required.

Ballroom dance classes begin Monday, July 18, 6:30 p.m., Walter Reed. Free. Register, 703-228-0955.

Information for the visually impaired, Monday, July 18, 1 p.m., Lee. Free. Register, 703-228-0555.

Just Playin' Country, Monday, July 18, 11:15 a.m., Lee. Free. Details,

What's new in Medicare, Monday, July 18, 1 p.m., Culpepper Garden.

10% down

nothing until the job

Register, 703-228-4403.

Pickleball games and instruction, Mondays, 11 a.m., Arlington Mill. Free. Register, 703-228-7369.

Madison Chess Club. Mondays. 9:30 a.m. Games and strategies. Free. Details, 703-534-6232.

Table tennis, Monday through Friday, 9 a.m. - 3 p.m., Arlington Mill. Free. Register, 703-228-7369

Zumba classes begin Tuesday, July 19, 2:15 p.m., Lee, \$31.50/7 sessions. Register, 703-228-0555.

Rubber Stamp workshop, Tuesday, July 19, 11:30 a.m., Lee. Free. Register, 703-228-0555.

Volleyball, Tuesdays, 1:30 p.m., Langston-Brown. Free. Register, 703-

228-6300. Belly dance class, Tuesdays and

Fridays, 10 a.m., Lee. Free. Register, 703-228-0555 Beginners full fitness exercise.

Tuesdays, 10 a.m., Lee. \$60/15 sessions or \$4 per class. Details, 703-228-0555. Arlington Mill Trekkers, Tues-

days, 9:30 a.m. Free. Register, 703-228-7369. Table tennis, Tuesdays, 10 a.m., -12

p.m., Walter Reed. Free. Register, 703-

Poker games, Tuesdays and Thurs-

Home of the \$6.850 Bathroom Remodel

From Now to WOW in 5 Days Guarantee

TWO POOR TEACHERS

Kitchen and Bathroom Remodeling

days, 10 a.m.-12:30 p.m., Lee. Register, 703-228-0555

Estate planning made easy, Wednesday, July 20, 1 p.m., Langston-Brown. Free. Register, 703-228-6300.

Let's Get Fit for beginners starts Wednesday, July 20, 10 a.m., Fairlington Community Center, \$28/7 sessions. Register, 703-228-4771.

Boomer Boot Camp begins Wednesday, July 20, 9 a.m., Arlington Mill, \$35/7 sessions. Register, 703-228-

Blood thinner medications, Thursday, July 21, 1 p.m., Culpepper Garden. Free. Register, 703-228-4403.

Smartrip Cards information, Thursday, July 21, 11 a.m., Walter Reed. Register, 703-228-7369.

Avoiding senior scams, Thursday, July 21, 11 a.m., Langston-Brown. Free. Register,703-228-6300

Lee Woodcarvers share woodcarving tips, Thursdays, 1 p.m. Free. Details, 703-228-0555.

Scrabble games, Thursdays, 1 p.m., Culpepper Garden. Free. Details, 703-228-4403.

Everyday tasks made easier with gadgets, Friday, July 22, 11 a.m., Langston-Brown. Free. Register,

Select your

products from

our Mobile Showroom and Design

Center

Fully Insured &

Class A Licensed Since 1999



SPECIAL CONNECTIONS CALENDAR

Advertising Deadlines are the previous Thursday unless noted.

JULY

7/27/2016......Connection Families: Our Pets

AUGUST

8/3/2016......Wellbeing 8/10/2016......HomeLifeStyle 8/17/2016...A+ Camps & Schools – Back to School – **Private Schools**

8/24/2016...Newcomers & Community Guide Pullout 8/31/2016.....Connection Families: Enrichment, Care & Back to School

SEPTEMBER

Labor Day is September 5

9/7/2016.......Wellbeing

9/14/2016......HomeLifeStyle Pullout – Real Estate & New Homes

E-mail sales@connectionnewspapers.com for more information.





703-778-9431

www.ConnectionNewspapers.com/Advertising

- Oak Hill/Herndon Connection
 Potomac Almanac
 - Reston Connection
 - Springfield Connection
- **Reaching Suburban Washington's Leading Households**
- Fairfax Connection
 Fairfax Station/Clifton/Lorton Connection

- . Chantilly Connection
- Great Falls Connection
 McLean Connection Mount Vernon Gazette
- Vienna/Oakton Connection





SEPA Visit our website: www.twopoorteachers.com

HomeLifeStyle

Bright White White kitchens are a trend with staying power.

BY MARILYN CAMPBELL THE CONNECTION

he clean, crisp look of a white kitchen has staying power and versatility, according to the National Kitchen and Bath Association. The organization reports that white cabinetry is the top choice for 67 percent of its members. In fact, the percentage of homeowners requesting white kitchens has increased by 20 percent over the past two years.

The trend is also apparent locally, said designers. When a family of five returned to the Washington, D.C. area after spending 30 years in the U.S. Foreign Service, they settled into their home in Bethesda, a 1960 brick Dutch colonial that they purchased in 1986. They decided to give the home a makeover because, after being a rental for many years, it felt dated and dingy. The familv felt that the kitchen was old, dark and closed-off from the living room. They needed a larger space to accommodate their family of five.

The homeowners knew they wanted the new kitchen space to be free flowing and light-filled. They also wanted to incorporate some of their existing furniture, such as an antique table and chairs.

Designed by Bruce Wentworth of



Photo by John Cole

A large picture window is the focal point of this white kitchen by Anthony Wilder Design Build, Inc.

Wentworth Inc., the new kitchen is sunny and spacious. It includes white cabinetry and an island with dark gray granite countertops. A large stainless sink, dishwasher, pull-out trash and bookcase for cookbooks make the island functional. Facing the dining room is a shallow cabinet with mullioned glass doors.

Granite tops the counters in the remainder of the kitchen and white cabinetry houses a sub-zero refrigerator, microwave drawer, small prep sink and a gas range with a stainless steel range hood. "Wall cabinets with clear glass mullioned cabinet doors

[give] visual depth and make space feel larger," said Wentworth.

When the owners of an Arlington home decided to update their dark and dated kitchen, they opened the space to the living and dining rooms and added natural lighting and white cabinetry. The result was a room with a crisp and airy aesthetic. The new, open concept allows the homeowners to better interact with family and friends.

"Prior to the remodel, the kitchen was essentially closed off to the rest of the home," said April Case Underwood of Case Design/Remodeling. "I think the grouping of materials the client selected with us are unique, definitely not cookie-cutter, and these make the space really interesting," Underwood said.

Among the fixtures, accessories and materials used are Caesarstone countertops, a marble and granite backsplash and reclaimed shelving, provided by homeowners, which, "made the kitchen look more unique and gave it an eclectic feel," said Underwood.

"I think in general the perfect combination of the various materials, from smooth and glossy to rough and textured, is simple but interesting and shows beautifully," said Underwood.

SEE A BRIGHT TREND, PAGE 9



Don't Let Your Current High Interest Auto Loan Get Stuck in Neutral!



At Arlington's neighborhood credit union, we can refinance your car to give you the best auto loan, even if you've had credit issues in the past. Lowering your rate by 2.00% or more can help you lower your monthly payments. And if we can't beat your rate, we'll give you whatever our lowest rate is.

Give us a call! 703.526.0200 x4



*We'll offer you the lower of two options: 1. We'll reduce your current rate by 2.00% with the lowest "You're your Rate" offered of 3.49%APR OR 2. We'll offer you our lowest rate for your credit worthiness, vehicle year, and loan term. Not all applicants will qualify for the lowest rate. Offer not available to existing Arlington Community FCU auto loans. Rates subject to change without notice. To qualify for as low as rate, members must meet credit criteria qualifications and 2 of the 3 following criteria: An active checking account with existing direct deposit, a balance transfer of \$1,000 on a new or existing Visa credit card, and/or an established Bill Pay usage with at least one recurring payment.

Certain conditions may apply. "Beat Your Rate by 2.00%" offer ends 7/30/2016. "APR = Annual Percentage Rate.

HomeLifeStyle



Natural lighting and white cabinetry helped transform this kitchen, by Case Design Build, Inc. into light and airy space.

A Bright Trend

From Page 8

A large picture window overlooking an expansive backyard is the focal point of a white kitchen in Falls Church. When the homeowners decided to renovate and expand the space, they enlisted the help of designer Keira St. Claire of Anthony Wilder Design Build, Inc. The project included adding additional space to the back of the house and removing a wall between the kitchen and the dining room.

"Although we opened up the wall between the kitchen and dining room, one challenge was maintaining a distinction between the two spaces, which was important to the client," said St. Claire. "In order to create a feeling of separation, while preserving the sense of openness ... [we designed] a custom glass cabinet piece, which is accessible from both rooms," said St. Claire.

The new unit gives the homeowners extra storage and a place to display their crystal. Sunlight from the new picture window in the kitchen reflects off the crystal stemware and refracts, causing both rooms to glisten with radiant, natural light.

White cabinetry was contrasted www.ConnectionNewspapers.com

against dark wood as part of a kitchen renovation in Centreville. While the basic layout of the kitchen remained the same, the space, which was designed by Allie Mann of Case Design Build, Inc., was brightened with white cabinetry, a built-in pantry and a custom cherry wood island. "The white kitchen is classic and timeless," said Mann. "It can work with most color accent palettes."

A cramped and dark Potomac, Maryland, kitchen was lightened, brightened and redesigned to give the home's owners a connection to their natural surroundings, which included a landscaped yard created for outdoor entertaining.

The kitchen was designed by Jim Rill of Rill Architects who added a working island around which the family can gather and prepare meals. He described the new look as a, "simple clean design with subtle elegance." "

We added functional space with lots of windows and a place for everything, so kitchen could be cleaned up and used an entertaining area," Rill said.

The family wanted a white kitchen, he said, because it, "creates a great backdrop for art and accentuates the exterior colors of spring, winter and fall."

MAIN-LEVEL REMODELED HOME TOUR Saturday, July 16th, 12pm-4pm

6609 Robin Road, Springfield, VA 22150





REINVENT YOUR HOME TO ENRICH YOUR LIFE

Come see first hand how redesigning existing space created better function, flow, and light in this remodeled home.

THIS IS A MUST-SEE REMODELED HOME!



Major Remodels • Additions • Kitchens Baths • Basements • Outdoor Spaces 703.425.5588 SunDesignInc.com





LIFETIME CONNECTIONS BEGIN WITH EVERYDAY MOMENTS.

A community is more than just a place you live. It's a special place where new friends are found and best friends are kept. It's the connections that let you know you're home. At Westminster at Lake Ridge, community is not just a word, it is a way of life. Here, exceptional amenities and an extraordinary lifestyle unite in a village-like setting within a charming neighborhood. With open spaces throughout, spacious residences and inviting common areas, you'll discover a fulfilling and engaged life—plus the peace of mind that comes with maintenance-free living and a full continuum of extraordinary health services.

Now accepting wait list deposits. Call or visit us today!



703-791-1100 | www.wlrva.org 12191 Clipper Drive | Lake Ridge, VA





Entertainment

Email announcements to arlington@connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

ONGOING

Sci-Fi Book Club. Third Wednesday of each month, 7-8:30 p.m. at Java Shack, 2507 N. Franklin Road. Free.

Visit www.library.arlingtonva.us.

Kenmore Students Glass Art
Exhibit. Library hours at Arlington
Central Library, 1015 N. Quincy St.
Kenmore Middle School students will
have stained glass art displayed.
Free. Email jeffbrookland@me.com.

"The Good Devil (in Spite of Himself)." Various times at Gunston Theatre Two, 2700 S. Lang St. When a Commedia dell'Arte theater troupe in 17th-century France is bedeviled by a royal decree forbidding them from speaking onstage, the rambunctious actors stage an ingenious revolt. Tickets are \$10-35. Visit www.wscavantbard.org for more.

Art Exhibit: "Suite Inspirations."

Through July 29, gallery hours at
Gallery Underground, 2100 Crystal
Drive. Gallery Underground features
"Suite Inspirations," focusing on what
it means to create art in a series.
Free. Visit

www.galleryunderground.org.
Art Exhibit: "Reconciliation."

Through July 31, gallery hours at Arlington Arts Center, 3550 Wilson Blvd. This multimedia exhibition explores alternative historical narratives that unfold nonsequentially during the excavation of an 18th century stone-lined privy in the backyard of a former tenement building in the Lower East Side of Manhattan. Free. Visit www.arlingtonartcenter.org.

Art Exhibit: "Materialized Magic."
Through July 31, gallery hours at Arlington Arts Center, 3550 Wilson Blvd. On the Lower Level, AAC's Jenkins Community Gallery will be transformed into an immersive three-dimensional fiber art installation, Materialized Magic: Mythical Creatures in a Yarn Artistry Habitat. Artists Stacy Cantrell and Erika Cleveland source the community for creation, assembly, installation, and de-installation. Free. Visit www.arlingtonartcenter.org.

Twilight Tattoo. Wednesdays through Aug. 3, 7 p.m. at Joint Base Myer-Henderson Hall Summerall Field, Sheridan Ave., Fort Myer. Twilight Tattoo is an hour-long, live-action military performance that blends the precision and discipline of the 3rd U.S. Infantry Regiment (The Old Guard) with the orchestral sounds and pop music from The U.S. Army Band "Pershing's Own." Free. Visit www.twilight.mdw.army.mil.

"Twelfth Night." Through Aug. 9, 8 p.m. Wednesday-Saturday and 2 p.m. Sunday at Synetic Theater, 1800 S. Bell St. Set in the roaring 20s, "Twelfth Night" tells the tale of fraternal twins, Viola and Sebastian, separated in a strange new land. Tickets start at \$35, \$15 for students. Visit www.synetictheater.org for more.

Yoga for Non-Yogis. Thursdays through Aug. 25, 8-8:50 a.m. at Barcroft Sport & Fitness Center, 4200 S. Four Mile Run Drive. Free. Call 703-228-0701 for more.

Netherlands Carillon Concerts.
Saturdays through Aug. 28, 6-7 p.m. at 1400 N. Meade St. Guest artists play patriotic music, jazz and pop on the Carillon's 50 bells. Free. Visit

www.rosslynva.org for more. **Lubber Run Concert Series.** Fridays-Sundays through Sept. 18 at Lubber Run Amphitheater, 200 N. Columbus St. Free. Visit www.arlingtonarts.org

Ball Sellers House. Saturdays, April-Oct., 1-4 p.m. at Ball Sellers House, 5620 3rd St., S. The Ball-Sellers House, the oldest building in Arlington County is open to the public for tours. The house was built around 1742 by John Ball and named the Ball-Sellers House to honor both the builder and the donor. Free. Visit www.arlingtonhistoricalsociety.org.

Exhibit: "Strange Landscapes."
Through Oct. 2, gallery hours at
Arlington Arts Center, 3550 Wilson
Blvd. "Strange Landscapes"
approaches landscape as a historical
legacy, a lens for exploring nature,
and foundation for imagining
alternative ways of being. Featuring
painting, drawing, installation,
video, sculpture, and performance,
the exhibition highlights artists
whose work draws on and
challenges traditional artistic
approaches to the natural and built
environments. Free. Visit
www.arlingtonartcenter.org.

Post-Graduate Residency Studio. Through Nov. 17, gallery hours at The Torpedo Factory Art Center, 105 N. Union St. The Torpedo Factory Art Center welcomes four emerging artists to participate in the Post-Graduate Residency Program. Jihee Kang, Paulette Palacios, Anne Smith, and Danielle Smith, were juried by Paul Shortt, new media curator for Arlington Cultural Affairs. Artists can create and sell work, interact with the public, and network with other artists. The program will culminate in a group exhibition in the Torpedo Factory's contemporary exhibition space, the Target Gallery. Free. Visit www.torpedofactory.org for more.

WEDNESDAY/JULY 13

Urban Arias: "Keep Calm and Sing On..." 8 p.m. at Signature Theatre, 4200 Campbell Ave. Melissa Wimbish portrays three women in an original opera. Tickets are \$35. Visit www.sigtheatre.org.

JULY 13, 16, 17

Jane Franklin Dance: "Wash Over You." 8:30 p.m. Wednesday, 5:45 p.m. Saturday, and 8:45 p.m. Sunday at Lang - Atlas Performing Arts Center, 1333 H St. NE, Washington, D.C. Arlington-based dance company Jane Franklin Dance participate in the 11th Annual capital Fringe Festival. Tickets are \$17. Visit www.janefranklin.com for more.

THURSDAY/JULY 14

Book Talk: Libby Heily. 7-8 p.m. at One More Page Books, 2200 N. Westmoreland St. Libby Heily discusses and signs her newest novel, "Welcome to Sortilege Falls." Free. Visit www.onemorepagebooks.com for more.

"By Measure Take of Men." 7-9
p.m. at Arlington Central Library
Auditorium, 1015 N. Quincy St.
Historian and author, Katherine
Gruber will discuss her research on
Tailor William Carlin — the man for
whom Arlington's Glencarlyn
neighborhood is named — who
clothed the inhabitants of Alexandria
from 1763-1782. Free. Visit
www.arlingtonhistoricalsociety.org.

THURSDAY-FRIDAY/JULY 14-15

"Fear No More - A Courageous Cabaret." 8 p.m. Thursday and 7 p.m. Friday at Signature Theatre, 4200 Campbell Ave. Will Gartshore and Alyssa Wilmoth Keegan join forces for a program of pop, rock and musical theater standards. Tickets are



Part of "Materialized Magic"

Current Exhibits at AAC

The following exhibits are located at Arlington Arts Center, 3550 Wilson Blvd. Admission is free to all exhibits. Visit www.arlingtonartscenter.org for more.

"Reconciliation." Through July 31. This multimedia exhibition explores alternative historical narratives that unfold non-sequentially during the excavation of an 18th century stone-lined privy in the backyard of a former tenement building in the Lower East Side of Manhattan.

"Materialized Magic." Through July 31, gallery hours at Arlington Arts Center, 3550 Wilson Blvd. On the Lower Level, AAC's Jenkins Community Gallery will be transformed into an immersive three-dimensional fiber art installation, "Materialized Magic: Mythical Creatures in a Yarn Artistry Habitat." Artists Stacy Cantrell and Erika Cleveland source the community for creation, assembly, installation, and de-installation.

"Strange Landscapes." Through Oct. 2. "Strange Landscapes" approaches landscape as a historical legacy, a lens for exploring nature, and foundation for imagining alternative ways of being. Featuring painting, drawing, installation, video, sculpture, and performance, the exhibition highlights artists whose work draws on and challenges traditional artistic approaches to the natural and built environments.

\$35. Visit www.sigtheatre.org.

FRIDAY/JULY 15

Fall Gardening. 10:15 a.m.-12 p.m. at Shirlington Public Library, Large Meeting Room, 4200 Campbell Ave. Master Gardeners Heidi Young and Maria Huynh can answer all your pressing gardening questions. There will be a short presentation on fall gardening how-tos, tips, and free seeds for attendees. Free. Email rajaenami@gmail.com.

Visit The Animal Hospital. 2-3 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road. Children 8-12 are invited to visit rescued animals and see how they are medically treated. Admission is \$5. Call 703-228-6535.

ArtJamz Underground Studio Opening. 5:30- 11 p.m. at 2100 Crystal Drive. ArtJamz continues to

Crystal Drive. ArtJamz continues to grow with the opening of its fourth location. ArtJamz charges \$15 for 1.5 hours of studio time, which includes art materials, guidance, and a complimentary glass of wine or beer. Visit www.artjamz.co.

Wet & Sweat Field Day. 6-8 p.m. at Drew Park, 3500 24th St. S. Find water activities – water balloon target launch, obstacle course water relay, and more. Free. Call 703-228-4773 for more.

Book Talk: Beatriz Williams. 7-8 p.m. at One More Page Books, 2200 N. Westmoreland St. Williams discusses "A Certain Age." Free. Visit www.onemorepagebooks.com.

The Marcy and Zina Show. 7 p.m. and 9 p.m. at Signature Theatre,

4200 Campbell Ave. Romantic comedy songwriters Marcy Heisler and Zina Goldrich perform. Tickets are \$35. Visit www.sigtheatre.org.

FRIDAY-SUNDAY/JULY 15-24

Encore Stage & Studio: "Mary

Poppins." 7:30 p.m. Friday and Saturday, 2 p.m. Saturday and Sunday at Thomas Jefferson Theatre, 125 S. Old Glebe Road. This musical is recommended for children age 6 and older. Visit www.encorestageva.org for more.

SATURDAY/JULY 16

Rain Barrel Workshop. 10-11:30 a.m. at Fairlington Community Center, 3308 S. Stafford St. Make a rain barrel to collect rainwater for use in your yard and garden. \$55 per barrel; two barrels per household limit. Visit arlingtonva.us for more.

SUNDAY/JULY 17

Sunday in the Organic Vegetable

Garden. 1-4 p.m. at Potomac Overlook Park, 2845 Marcey Road. VCE Master Gardeners who maintain the Organic Vegetable Demonstration Garden will be in the garden to answer questions about organic gardening, including controlling pests and diseases without the use of chemicals. The garden is located beyond the Nature Center. No registration necessary. Call 703-228-6414 or email mgarlalex@gmail.com.

Hollertown. 6 p.m. at Lubber Run Amphitheater, 200 N. Columbus St. Hollertown is a bluegrass and oldtime music band that has played in and around Washington, D.C., for nearly 10 years. Free. Visit www.arlingtonarts.org.

SUNDAY-MONDAY/JULY 17-18 Hula and 'Ukulele Workshops. 6

p.m. and 6:30 p.m. on Sunday, 9 a.m., 9:30 a.m., and 5 p.m. on Monday at Gunston Arts Center, 2700 S. Lang Street. Hula workshops, both days, will be conducted by Kumu Hula Keith Awai, from Laie, Hawaii. Participants should have knowledge of hula basics. 'Ukulele workshops will include Introduction to 'Ukulele, Advanced Beginner 'Ukulele, Intermediate 'Ukulele and 'Ukulele Bass. A discount is offered for registration for workshops on both days. Saturday's workshops will conclude with a free kanikapila (music and dance) session. Tickets are \$30-130. Visit www.halauoaulani.org/ workshops2016.

MONDAY/JULY 18

Beer Pairing Dinner. 6-10 p.m. at Osteria da Nino Cucina Italiana, 2900 S. Quincy St. A beer pairing accompanied by four courses, featuring beers from Greenbrier Valley Brewing Co. from West Virginia. Tickets are \$40. Visit www.osteriadaninova.com.

MONDAYS/JULY 18-AUG. 22
Dance Instruction Classes. 6:30-

www.ConnectionNewspapers.com

Entertainment



Beginning this weekend (July 15-24), the public is invited to watch Encore Stage & Studio perform award-winning musical, "Mary Poppins." Tickets are \$15, \$12 for children, students, military, and seniors. Visit www.encorestageva.org for a full schedule.

7:30 p.m. at Walter Reed Community Center, 2909 S. 16th St. Instructor Kat Kinnunen teaches foxtrot, waltz and swing. Free. Call 703-228-0935.

TUESDAY/JULY 19

The Gay Men's Chorus of
Washington DC: The S* Show
(Sinatra, Sondheim and
Streisand). 8 p.m. at Signature
Theatre, 4200 Campbell Ave.
Featuring songs and stories of the
singers' relationship with the music
of legends Frank Sinatra, Stephen
Sondheim and Barbra Streisand.
Tickets are \$35. Visit

www.sigtheatre.org for more.

WEDNESDAY/JULY 20

Book Talk: Wenonah Hauter. 7-8 p.m. at One More Page Books, 2200 N. Westmoreland St. Public interest advocate and author Wenonah Hauter shares from "Frackopoly: The Battle for the Future of Energy and the Environment." Free. Visit www.onemorepagebooks.com.

Bob McDonald. 8 p.m at Signature Theatre, 4200 Campbell Ave. Bob McDonald shares highlights from his career singing Broadway and other favorites for United States Presidents. Tickets are \$35. Visit www.sigtheatre.org for more.

THURSDAY/JULY 21

Activities in Metro D.C. 7-9 p.m. at Unitarian Universalist Church of Arlington, 4444 Arlington Blvd. Holistic Moms Network Chapter founder and outgoing co-leader Jessica Haney, publisher of Mindful Healthy Life blog, will share some favorite spots, events and activities around the area of interest to natural-minded families. Free. Call 703-801-8651 for more.

Claybourne Elder: "Sondheim & Beyond." 8 p.m. at Signature
Theatre, 4200 Campbell Ave. Elder sings show-tunes and discusses life growing up in rural Utah as a Mormon. Tickets are \$35. Visit www.sigtheatre.org for more.

FRIDAY/JULY 22

Bug & Butterfly Fest. 6-8 p.m. at Bon Air Park, 850 N. Lexington St. Make your own butterfly garden starter kit, create insect crafts, learn through play, a butterfly migration game, and more. Free. Visit parks.arlingtonva.us for more.

Susan Derry: "It's Got to Be Love." 7 p.m. at Signature Theatre, 4200 Campbell Ave. Soprano Susan Derry hosts an evening about life, love and pursuing happiness. Tickets are \$35. Visit www.sigtheatre.org. **Bob McDonald.** 9 p.m at Signature
Theatre, 4200 Campbell Ave. Bob
McDonald shares highlights from his
career singing Broadway and other
favorites for United States Presidents.
Tickets are \$35. Visit
www.sigtheatre.org for more.

SATURDAY/JULY 23

Signature Theatre Open House. 12 p.m. at 4200 Campbell Ave.

p.m. at 4200 Campbell Ave.
Performances every 15 minutes,
master classes, family cabarets, the
finals of annual Signature Voice
competition and season preview
concerts, all followed by the
Broadway on the Plaza finale
concert. Free. Visit
www.sigtheatre.org for more.

Insect Safari. 3-4 p.m. at Long Branch
Nature Center, 625 S. Carlin Springs
Road. Children age 6-10 are invited
to catch flying insects in the
meadows with nets and roll logs in
the forest for creepy crawlies.
Afterwards, hold giant insects.
Tickets are \$5. Call Call 703-228-

Crystal City Twilighter. 8:30 p.m. at 2121 Crystal Drive. Run a 5K and partake in drinks from area establishments. Tickets are \$25-45. Visit www.crystalcity.org for more.

SUNDAY/JULY 24

Levine School of Music Family

Concert. 6 p.m. at Lubber Run Amphitheater, 200 N. Columbus St. Join Levine's First Music (Early Childhood and Elementary Music) faculty for an evening of music. Free. Visit www.arlingtonarts.org for more.

MONDAY/JULY 25

Book Talk. 1:30 p.m. at Sommerset Retirement Community, 22355 Providence Village Drive, Sterling. Dr. Charles Toftoy, local Arlington author, will discuss his novel "Amazing Fireside Talks." Free. Call 703-450-6411 for more.

SATURDAY/JULY 30

"Cursed Child" Midnight Release
Party. 12 a.m. at One More Page
Books, 2200 N. Westmoreland St.
Celebrate the newest release from the
Harry Potter franchise with
butterbeer, costume contests,
karaoke, trivia, and more. Free. Visit
www.onemorepagebooks.com.

SUNDAY/JULY 31

Summer Tasting Dinner. 6-10 p.m. at Osteria da Nino Cucina Italiana, 2900 S. Quincy St. Four courses and

five wines. Tickets are \$40. Visit www.osteriadaninova.com.

AUG. 2-SEPT. 11

"Jelly's Last Jam." Various times at Signature Theatre, 4200 Campbell Ave. Signature presents a musical about famed and notorious jazz entertainer Jelly Roll Morton. Tickets start at \$40. Visit www.sigtheatre.org

FRIDAY/AUG. 5

Keeping Mini-Beasts: Daddy Long Legs. 4:30-5:30 p.m. at Gulf Branch Nature Center, 3608 Military Road. Get ready to (temporarily) own all sorts of mini-beasts and have a series of amazing, unique pets. Learn all about different animal's lives while caring for them over a month. Tickets are \$30, \$20 material fee. Call 703-228-3403 for more.

SATURDAY/AUG. 6

Bats Campfire. 7-8 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road. This program will be filled with activities which may include stories, special animal guests, games, songs and S'mores. Tickets are \$5. Call 703-228-6535 for more.

TUESDAY/AUG. 9

Ocean Storytime. 10:30-11:15 a.m. at Long Branch Nature Center, 625 S. Carlin Springs Road. Hear stories about animals from the sea. Free. Call 703-228-6535 for more.

WEDNESDAY/AUG. 10

Nature Art. 2-3 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road. Children 8-12 are invited to visit scenic spots in Glencarlyn Park, then sketch and sculpt what they see. Tickets are \$5. Call Call 703-228-6535.

FRIDAY/AUG. 12

Summer Night Hike. 7:30-8:30 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road. Walk the trails under the moon and stars, learn a new constellation, or meet a different nocturnal critter each month. Tickets are \$5. Call 703-228-6535 for more.

SATURDAY/AUG. 13

Cool Creek Critters. 10-11:30 a.m. at Donaldson Run, 4628 26th Street N. Explore waterfalls, try to catch water striders, and take a closer look at some creek critters. Tickets are \$5. Call 703-228-3403 for more.

Super Snakes Campfire. 7-8 p.m. at Gulf Branch Nature Center, 3608 Military Road. Meet at the Gulf Branch fire ring for stories, special animal guests, games, songs and S'mores. (Tickets are \$5. Call 703-228-3403.

SUNDAY/AUG. 14

Notable Nature. 304 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road. Construct nature journals, hone writing and drawing skills, and talk about the season during a hike. Free. Call 703-228-6535 for more.

WEDNESDAY/AUG. 17

Citizen Science: Cricket Crawl

Prep. 7:30- 8:30 p.m. at Gulf Branch Nature Center, 3608 Military Road. Learn to identify the crickets and katydid calls, how and why they sing, and more. Then help census Arlington's cricket and katydid populations. Free. Visit www.discoverlife.org/cricket/DC for more.

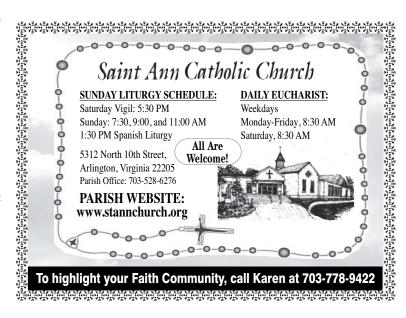
2016 NORTHERN VIRGINIA SENIOR OLYMPICS SEPTEMBER 10-21, 2016

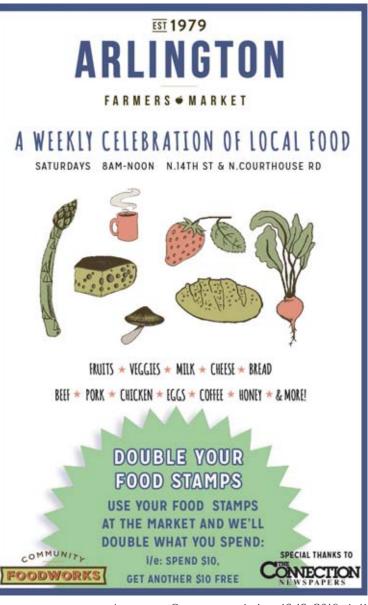
Adults 50+ Register by Aug. 27 (Mail); Sept. 5 (Online)
No Onsite Registrations ~ Over 70 Events:
Everything from Track to Scrabble!
Registration fee: \$12 (covers multiple events)
Gold, Silver and Bronze Medals Awarded
Opening Ceremonies: Saturday, September 10, 9:00 a.m.

Thomas Jefferson Community Center 3501 S. 2nd St., Arlington

Check Website for daily schedule & to register: www.nvso.us Information: 703-830-5604 or nvso1982@gmail.com

Sponsored by:Arlington, Fairfax, Fauquier, Loudoun & Prince William Counties;
Cities of Alexandria, Fairfax & Falls Church.





What's the Hurry? Where's the Fire?

From Page 4

way we respond from 'Copper wire technology' to the internet," Schwartz said. "But this will require a major capital investment. And it's a complex issue right now because of the number of 911 calls made from cell phones which don't always grab the cell tower closest to where you are located.

"There are response time issues across the county; the fundamental factor comes from placing our stations as close to the demand as possible; after that, it's how many units. The answer to shorter response times is to add another engine or ambulance," Schwartz said.

Last week, the two heads of local civic associations who have been active in the issue addressed each member of the County Board to remind them that the task force was set up by the county to oversee the decision-making on the fire station move and provide an independent opinion on which location was best. If the county debates the task force's recommendation, it negates half a year's hard work and independent research, but worse, undermines the confidence of the community in the process of decisionmaking. Several residents noted that in school planning and fire station planning, the county has fallen short on farsightedness.

"Our view was that there had to be a total reset of the issue," said Christian Dorsey, a newly elected board member who supported the oversight provided by the task force. "Everything had to be looked at and looked at again. The County Board did weigh in as far as saying: the Task Force has to be real: it can't just go through the motions and act as a rubber stamp. You can always justify a course of action, but that is where accountability comes in. There has

to be accountability for decisions made ing to reduce the figure, despite many sugwhich affect the safety of Arlingtonians."

The Task Force found that since the most calls for emergency services in FS #8's service area originate from south of Lee Highway near Virginia Hospital Center, moving FS 8 to the corner of Old Dominion and 26th Street would degrade responsiveness to those high volume calls areas in favor of a slightly decreased (30 seconds less) response times to the lowest call volume area in the county. It would also remove the station from the area of proposed development and place it instead within a residentially zoned neighborhood and next to the environmentally sensitive Donaldson Run creek.

Other than performing more due diligence on the issue, residents like Forinash have disputed the budget figure of keeping the fire station where it is. The county estimated this at \$3.7 million, but the did nothgestions on how it could be reduced.

One option, using real estate on Lee Highway as a temporary station, was never acted on, and the final matrix of costs left out a major cost of moving the station to Old Dominion: a \$1 million expense of moving fuel tanks. "Why didn't the county want to do their own costing for this?" asked Alisa

Dorsey views it a different way: the budget figure of \$14.1 million for a new station was always just a placeholder. "There were questions from the beginning on whether that was a true number and reflected the actual amount the county thought a new fire station would cost. Of course, you can always find ways to cut costs when you are building something, but the cheaper option is not always the most sustainable and that is what the county is looking for: sustainable. If sustainable costs more, then you work around that."

Schwartz defended his decision-making: "The task force said either site could work. By moving the station to Old Dominion, 3,000 additional households would be within the six-minute response time; if every single address in Arlington needs a 4-6 minute response time, we would need 14-15 additional fire stations. I use the test: how can I do the most good for the most people?"

Schwartz also said that the development along Lee Highway would take decades: "I'm perfectly comfortable with the Old Dominion site handling that volume, he said, and if we find out later that response times are too long for that area, we will add more units."

Schwartz stressed that he is sensitive to the Fire Station 8 issue; he wants to honor the community in other ways, but does not think the history of the station should be the most heavily weighted factor in deciding where FS#8 will be located. "But in the end," he said, "I am very clear about who I work for, the people of Arlington and their elected representatives. The board will make a decision on this, and I will support either location based on that vote.'

The final CIP vote on the FS#8 recommendations is on July 19.

The Hall's Hill Perspective

From Page 4 week.

Another Arlington resident, Ellen Johnson, said it was her view that the County Board set up the task force to see if the decision to move the station was indeed the best move. She had confidence that the task force looked at everything, unemotionally. If the County Board entrusted them to say yes or no, and they did that after careful research, then that is the answer.

There shouldn't be a debate. And, she noted, "With everything going on in the country, the elephant in the room that people aren't talking about is, this is a race issue. Black lives matter. The county has an opportunity here to show us that our lives matter just as much as the lives of people further north in Arlington. This is the oldest African-American fire station in the county: exactly what they are doing is taking it away from the black community and giving it to the predominantly white neighborhood. Let's call it what it is: racism."

One Arlington County firefighter, who did not want to be named for fear of repercussions, said firefighters in Hall's Hill and other stations have been questioning Arling-

ton County Deputy Manager, Jim Schwartz's decision-making regarding medical staffing and medical equipment for Fire Station 8 and other stations for some time: requests ignored during his tenure as fire chief were approved within months of his departure by the new chief. Renovation for the firehouse, to include asbestos removal, was also not implemented, according to citizens who have toured the facility.

Schwartz said all fire stations in Arlington had state of the art equipment. "If the concern was about not adding a medical unit, then, yes: we asked repeatedly for that and it was only recently approved, but all requests are competing against other

Hall's Hill representatives to the task force were sensitive to the concern that they would take an emotional view of the issue. The two representatives went out of their way to avoid emotion as they researched the issues of response times and EMS de-

"People are always saying we might base our views on the emotional tie we have to the station," said Alexanda Bocian, "which is why we went out of our way to concentrate only on facts about response times and

EMS needs and look at county-wide needs. The single greatest point of weakness if the station moves is Virginia Hospital Center, which will no longer have a fire station." She noted the only "emotion" in the task force decision-making took place during the final vote, when a task force member who believed his son, a senior in high school, had died because of a failure of EMS to reach him in time to save his life, explained this was his rationale to vote for a move. Task force members said they were deeply moved, and shocked to learn of this member's personal history only on the last day of their many months together.

"Yes, we care deeply about all residents in need of EMS," said Alisa Cowen, a task force member, "but the sad thing is, moving the Fire Station #8 to Old Dominion and 26th Street wouldn't have helped in that situation, and by moving the station instead of addressing the EMS response issue, the problem of getting anywhere faster is not being addressed." This failure to address "all lives matter" is what concerns Hall's Hill residents this week in the face of what appears to be a trend to vote against the task force decision to keep the station in place.

BULLETIN BOARD

ONGOING

Arlington Rotary Club Lunches.

Thursdays, 12-1:30 p.m. at Washington Golf & Country Club, 3017 N. Glebe Road. Organization brings together political and business leaders for humanitarian services. Eat and listen to guest speakers. Admission is \$26 for nonmembers. Visit www.arlingtonrotaryclub.org.

Job Seeking Help. 5-9 p.m at Columbia Pike Branch Library, 816 S. Walter Reed Drive. Receive job-related help from the staff and volunteers with applications. Free, but requires registration. Visit www.arlingtonva.libcal.com/.

The Jewish Council for the Aging has launched a new initiative called Tech Tuesday. Windows 7, Windows 8, Excel, iPad and iPhone, Email, photos, and

social media will be covered in these classes held at 1750 Crystal Drive Shops, Suite 1638B Crystal Square Arcade. Visit www.accessica.org. Vajrayogini Buddhist Center offers

'Meditations for a Meaningful Life" for the general public Tuesdays, 7:30-8:30 p.m. at St. George's Episcopal Church, 915 N. Oakland St. Arlington. Gen Kelsang Varahi, an American Buddhist nun, leads teachings and guided meditations on life. \$10 (\$5 unemployed, fulltime students, 65 and older). Visit http:// meditation-dc.org/arlington/ for more.

LAG of Arlington, 7:30-9 p.m. on the Tuesday of each month, PFLAG promotes the equality and well-being of gay, lesbian, bisexual, transgendered persons and their families. Meets at the Unitarian Universalist Church at George Mason Drive and Route 50. Email aly.pflagdc@gmail.com for more.

Helmsmen Toastmasters meet Thursdays, 7:30-8:45 a.m. at Pentagon Library and Conference

Center. Toastmasters is an international organization that helps everyone speak, think, lead and listen better. Contact Carl Sabath carl.e.sabath.civ@mail.mil or 703-695-2804 or Elizabeth Femrite elizabeth.m.femrite.civ @mail.mil or 571-256-8674

Donations Needed, Our Lady Queen of Peace Catholic Church, 2700 South 19th St., is seeking to replenish its food pantry. Particularly needed are rice (large bags appreciated, the pantry will rebag), dry beans, canned vegetables, soup, small jars of peanut butter, small jars of jelly, pasta and pasta sauce. Donations are colle during Mass each Sunday. Visit www.ourladyqueenofpeace.org for more.

Soil Testing. Virginia Cooperative Extension is offering soil testing services to analyze soil and determine what is needed to condition soil for plantings. The routine soil test is all one normally needs for a fertility evaluation. Recommendations generated usually within

three working days of receipt. Pick up soil sampling box at the Virginia Cooperative Extension Arlington office, 3308 S. Stafford St., 8 a.m.-5 p.m. Monday-Friday. Send filled soil sample box with form and fee to the Virginia Tech Lab for analysis. Fees vary, visit www.soiltest.vt.edu/Files/testingprocess-and-fees.html.

Alzheimer's Association Support **Group** has meetings on the third Wednesday at 10:30 a.m. at Carlin Springs Health Pavilion, 601 S. Car Springs Road and also the first and third Thursday at 10 a.m. at St. Andrew's Episcopal Church, 4000 Lorcom Lane. They are open to people with Alzheimer's, their caregivers, family members and friends. Free. Call the Alzheimer's Association 24/7 Helpline at 703-359-4440 or 800-272-3900.



Girls 12&U record-breaking winning relay swimmers: Avery Nassetta, Sydney-Cate Thornett, Helen Otteni, Sophie Yoder, and Pamela Grace von Soolon



Girls 8&U record-breaking medley-relay team: Caitlin O'Connor, Kate Loper, Madeleine Steves, and Emme Yoder.

WGCC Lightning Swim Team Continues Winning Streak

he Washington Golf and Country Club (WGCC)'s Lightning Swim Team hosted the five teams of CCSDA's Division A for the Divisional Relay competition on July 7. The Lightning have dominated this season so far and their speed and team spirit prevailed yet again, enabling them to score the most points and clinch the Divisional Relay win.

WGCC won over half of the Medley Relays, won four out of 10 of the Free Relays, and broke three CCSDA Relay records.

The 12&U Girls Medley Relay team of Pamela Grace Von Seelen, Sophie Yoder, Sydney-Cate Thornett, and Avery Nassetta won their race with a time of 2:17.90.

The 12&U Girls Free Relay team of Helen Otteni, A. Nassetta, S. Yoder, and P.G. Von Seelen won their race with a time of 2:02.44. Both teams broke League records that had been previously set by WGCC in 2014.

The 8&U Girls Medley Relay team of Madeliene Steves, Caitlin O'Connor, Kate Loper, and Emme Yoder also broke a 7-year

league record with a winning time of 1:23.70.

Other winning relay teams for WGCC were: Girls 8&U Free (Madeleine Steves, Emme Yoder, Caitln O'Connor, Sabine Barbee); Boys 10&U Medley (Will Walter, Conner McCarthy, Arav Bhargava, and Lucas Zidlicky); Boys 10&U Free (Lucas Zidlicky, Will Walter, Conner McCarthy, Arav Bhargava); Girls 14&U Medley (Jillian Johnson, Charlotte Thomson, Caroline Otteni, and Sarah DiMeglio); Girls 14&U Free (J. Johnson, C. Otteni, S. DiMeglio, C.

Thomson); Girls 18&U Medley (Lindsay Lukehart, Cate Barrett, Petie Nassetta, and G.G. Richmond); and Boys 18&U Medley (Richard Gentry, George Cranwell, Zander Zidlicky, and David DiMeglio).

Final team scores for the relay competition were: WGCC-248; Kenwood-242; Army-Navy-176; Congressional -142; and Edgemoor -74.

WGCC heads into their final dual-meets this week on Tuesday at home against Kenwood Country Club and on Thursday at Edgemoor Country Club.

Thunderbolts Stung by Stingrays

n its third meet of the NVSL Division II season, the Donaldson Run Thunder bolts fell on the road against the Little Rocky Run Stingrays. The final score was 260-160.

Double individual race winners for Donaldson Run were: Charlie Greenwood (boys' 9-10 freestyle and butterfly); and Emily Brooks (girls' 15-18 freestyle and back).

The team's single winners were (in order of age and event): Julia Sherinian (girls' 9-10 50 freestyle); TJ Hutchison (boys' 11-12 freestyle); Hadley Leichty (boys' 8&U 25 breaststroke); Charlie Longnecker (boys' 9-10 breaststroke); Andrew Walker (boys' 15-18 50 breaststroke); Grace Motta (girls' 15-18 50 breaststroke); Scarlett Bennett (girls' 8&U 25 butterfly); and Emma Hutchison (girls' 15-18 50 butterfly).

Winning relay teams included: Charlie Greenwood, Charlie Longnecker, Jimmy Egan, and Thomas Rodman (boys' 9-10 IM relay); Emily Brooks, Grace Motta, Julia Fayer and Sarah Conley (girls' 15-18 200 IM relay); and Grace Jansen, Julia Sherinian, Audrey Engel and Emily Brooks (girls' mixed age 200 Free relay).



Charlie Longnecker of the Donaldson Run Thunderbolts swimming boys' 9-10 breaststroke.

Donaldson Run's Jack Tsuchitani swimming boys' 11-12 butterfly.

SCHOOL NOTES

Email announcements to arlington@connectionnewspapers.com. Deadline is Thursday at noon. Photos are welcome.

Katherine Kocher and **Elena Morrissey**, of Arlington, have graduated from St. Mary's College, both earning degrees in psychology.

Katy Christie, daughter of William Christie and Margaret Stanton, earned a bachelor of arts degree in mathematics from Lawrence University at its 167th commencement. She is a 2008 graduate of H.B. Woodlawn High School.

Chirstopher Wayne and **Michael Kinley**, both of Arlington, received degrees from Missouri S&T. Wayne received a Master of Science in engineering management. Kinley received a Master of Science in systems engineering.

Katherine Delaney and **Alexandra Puletti**, both of Arlington, were named to the Georgia Institute of Technology (Atlanta, Ga.) dean's list for the spring 2016 semester.

Michael Rogers, of Arlington, received a Master's degree in Business Administration from Western New England University (Springfield, Ma.).

Carol Burka, of Arlington, has been named to the Hofstra University dean's list for the spring 2016 semester.

Murphy E. Wilt, of Arlington, has been named to the Rhodes College dean's list for the spring 2016 semester. Wilt is a graduate of Wakefield

High School.

Erin Fox, of Arlington, received a Bachelor of Fine Arts from The University of Dayton (Dayton, Ohio).

Nathan Thompson, of Arlington, was elected to the Furman University (Greenville, S.C.) Phi Beta Kappa society during the spring 2016 semester. He is the son of Dr. Curtis R. Thompson and Mrs. Phyllis F. Thompson.

Anna Wissler, of Arlington, traveled to the University of North Carolina, Asheville to present undergraduate research in the National Conference on Undergraduate Research. Wissler, class of 2016, was among 17 students from Lafayette College (Easton, Pa.) selected to participate in the conference.

Penchant for Pills



By KENNETH B. LOURIE

If I have done anything consistently well in my seven-plus years of being a cancer patient, it is to have ingested upwards of 50 pills or so every day. For all I know (and of course, I know very little), the presumptive benefits of these various pills might actually have had a positive effect and extended my life. Or perhaps, it has merely been a placebo-type effect. I think (certainly hope) they should be positively affecting me, so they are.

Śwallowing 50 pills a day is not a hardship – for me. In fact, I know of some cancer patients who take hundreds of pills per day (and some protocols that require it). In addition, there are still others who take coffee enemas, spend time in oxygen chambers and saunas, immerse themselves in Epsom salt baths, get infused with massive doses of vitamin C, use essential oils (Frankincense as an example); grow, blend and then drink their own wheat grass; and on and on and on. All in an attempt to stabilize and/or kill the cancer cells.

Am I living proof that what I am doing is working (keeping the cancer cells from growing/moving)? Impossible to say. However, it doesn't seem to be hurting; I will admit to that. But given the fact that the FDA (Food and Drug Administration) doesn't research/ analyze/corroborate/dispute the alleged benefits of non-prescription supplements, I may actually be winging and praying my way through life. No matter. I'm happy to live with the consequences of my actions. Quite frankly, it would be naive to think that if I took no action I'd experience similar results. In the cancer-patient world, wishing and hoping likely doesn't make it so. Being proactive, at least for me, has been a path of least resistance. Doing nothing would have been giving in to the disease, which I have no intention of doing. Ergo, to keep my pill inventory fully stocked, I either mail-order them or shop locally. I try to reorder/buy so that I never miss a dose. But if I do, I try not to stress over it. I figure the years-long effort I've made has built up enough pill-equity in my body that it will barely notice a day or two without dandelion root, beta glucons or my newest pill: Chinese wormwood (as but a few examples).

I guess one could characterize my philosophy as mind over matter. I don't mind not knowing - definitively, whether or not any of what I'm doing is helping. Unfortunately, there are very few guarantees in cancer treatment. But so far, according to my quarterly CT scans, semi-annual PET scans and yearly MRI, I see no reason to change horses whether I'm mid-stream or struggling to reach dry land. At this juncture, I seem to have found a balance between what I'm capable of doing and what I'm not capable of, and am not worried about what I'm not doing/ have not done. Given my nature and personality, I can only do what I can do. And early on in my cancer experience, I realized my limitations and decided to not beat myself up emotionally over tasks I couldn't complete or strategies I couldn't employ. Moreover, there's a certain amount of control one has to cede to your new reality as well as some you need to maintain – for your own sanity.

Speaking of which, Albert Einstein is eged to have said: "Doing the same thing over and over again but expecting different results is the definition of insanity." Well, call me crazy if you want but I am happy to continue doing the same thing over and over again and expect similar results.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

HOME & GARDEN

CONNECTIONNEWSPAPERS.COM

CONTRACTORS.com

703-778-9411

ZONE 6 AD DEADLINE: Monday Noon

ELECTRICAL

ELECTRICAL IMPROVEMENTS IMPROVEMENTS

ZONE 6: • ARLINGTON • GREAT FALLS

• McLean • Vienna/Oakton

COMMERCIAL / RESIDENTIAL SERVICE Family Owned & Operated

Recessed Lighting Ceiling Fans Phone/CATV

GUTTER

Licensed/Bonded/Insured

GUTTER

Office 703-335-0654 Computer Network Cabling Mobile 703-499-0522 Service Upgrades lektrkman28@gmail.com Hot Tubs, etc.

Gutters and Downspouts Cleaned

Small Repairs • Gutter Guards

IMPROVEMENTS IMPROVEMENTS

Remodeling Homes, Flooring,

Kitchen & Bath, Windows,

Siding, Roofing, Additions &

Patios, Custom Deck, Painting

We Accept All Major Credit Cards

Licensed, Insured, Bonded • Free Estimates • Class A Lic

A&S Landscaping

703-863-7465

LICENSED

Phone: 703-887-3827

E-mail: rncontractorsinc@gmail.com

www.rncontractors.com

All Concrete work

Grading Solutions

Retaining Walls
 Patios

Decks • Porches (incl.

screened) • Erosion &

: • Driveway Asphalt Sealing

• French Drains • Sump Pumps

PINNACLE SERVICES

lic/ins 703-802-0483 free est. email jamie@lawnsandgutters.com

web: lawnsandgutters.com

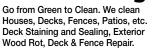
703-587-7762

ROOFING SIDING WINDOWS FLAGSTONE-**BRICKWORK**

mainstreet-home-improvement.com

Quality Builds Trust

Power Washing



Licensed & Insured • Free Estimates

703-987-5096



(703) 590-3187

Remodeling Bathrooms, Kitchens & Basements

erior & Interior Repair, Painting, Carpentry, Wood Rot, Drywall, All Flooring, Decks

• FREE Estimates •FAST & Reliable Service •NO \$\$\$ DOWN!

• EASY To schedule

Handyman Services Available http://www.pphionline.com/

"If it can be done, we can do it" Licensed - Bonded - Insured

BBB

LAWN SERVICE LAWN SERVICE

Spring Clean-up, Mulching, Sod, Lawn Care, Fertilizing, Tree Cutting, Handyman work

Call us Today and Get 20% OFF Hardwood Mulching and Any Job Higher Than \$300.00

THE MAGIC GARDENER 703-328-2270 or 703-581-4951

Serving All of N. Virginia

Handyman & Home Improvement

Free Estimates

Licensed & Insured

CHS DOES:

- Home Repair & Maintenance
- + Pressure Washing
- Gutter Cleaning / Repair
- Carpentry
 Water Damage Repair
- + Rotten Wood Repair
- + Drywall / Painting + Light Plumbing & Electrical
- Kitchen & Bath Remodeli
- and so much more!



703-953-7309



5% discount on labor with this ad

No Job Too Small

Professional 🛪 Affordable 🛪 Reliable

www.crescenthomeservices.net

Email: info@crescenthomeservices.net

703-912-6886







Landscaping & Construction Free Estimates - Fully Licensed & Insured

- Planting & Landscaping Design
 Drainage & Water Problems
 Concrete Driveways, Replacement or New
 Patios and Walks Masonry Work or Dry Laid
- Paver, Flagstone, Brick, any style you choose
 Retaining walls of all types

All work Guaranteed

MASONRY

MASONRY

BRICK AND STONE Custom Masonry 703-768-3900

www.custommasonry.info Patios, Walkways, Stoops, Steps, Driveways

Repairs & New Installs • All Work Guranteed

Alfredo's Construction Company, Inc.



 Concrete Driveways Patios •Sidewalks •Stone •Brick **Phone:**

VA: (703) 698-0060 • MD: (301) 316-1603 www.alfredosconstructioncompany.com

PAVING

PAVING

GOLDY BRICK CONSTRUCTION

Walkways, Patios, Driveways, Flagstone, Concrete FREE ESTIMATES Licensed, Insured, Bonded

703-250-6231

Bathroom Remodeling Partial or Full. Kit.

Floors, Backsplashes. Specializing in Ceramic, Porcelain, Glass Tiles and Natural Stones. Also repair work. 35 yrs exp.

www.brennan-tile.com 703-250-2872

ASSISTANT BOOKSTORE MANAGER

(Springfield Campus) **Mid \$20s**

401k, 2 wks vacation Lots of advancement oppts! jsmith@bncollege.com

CONNECTIONNEWSPAPERS.COM

ZONE 6: • ARLINGTON • GREAT FALLS McLean
 Vienna/Oakton



703-778-9411

ZONE 6 AD DEADLINE: Monday Noon

LANDSCAPING

A&S CONSTRUCTION SOD, Mulch, Clean-Up **Leaf Removal** Hauling. 703-863-7465

Do what you can, with what you have, where you are. -Theodore Roosevelt

TREE SERVICE

TREE SERVICE

Quality Tree Service & Landscaping

Reasonable prices. Licensed & insured.



Summer Cleanup...

Tree removal, topping & pruning, shrubbery trimming, mulching, leaf removal, planting, hauling, gutter cleaning, retaining walls, drainage problems, etc.

25 years of experience - Free estimates 703-868-5358

24 Hour Emergency **Tree Service**



21 Announcements 21 Announcements

21 Announcements

21 Announcements

26 Antiques

26 Antiques

We pay top \$ for STERLING,

MEN'S WATCHES, JEWELRY, COSTUME JEWELRY, FURNITURE, PAINTINGS AND CLOCKS. Schefer Antiques 703-241-0790

theschefers@cox.net

101 Computers

101 Computers

COMPUTER SOLUTIONS JENNIFER SMITH * Serving the Area Since 1995

Speed Up Slow **Computers**

Virus Removal

➤ Computer Setup

➤ Help with Windows 8 & 10

571-265-2038 Jennifer@HDIComputerSolutions.com

NIA MUSEUM OF FINE ARTS PRESENTS

Jul 23-Oct 30

rarely seen view of African American life in 1950, captured

VIRGINIA MUSEUM OF FINE ARTS $\underbrace{VMF\Lambda}_{\text{200 N. Boulevard}} |_{\text{Richmond}} |_{\text{804.340.1405}} |_{\text{www.VMFA.museum}}$

Gordon Parks, Back To Fort Scott is organized by the Museum of Fine Arts, Boston, in partnership with the Gordon Parks Foundation. Phote: Husband and Wife, Sunday Momiss, Datreit, Michigan, 1950, Gordon Park (American, 1912-2006). additin wither prior. Countered and opening the Gordon Parks Soundation.

by groundbreaking photojournalist Gordon Parks.

21 Announcements 21 Announcements 21 Announcements

GSA

ENVIRONMENTAL ASSESSMENT DOS NFATC MASTER PLAN UPDATE

NOTICE: Public Scoping Meeting

NOTICE OF PUBLIC SCOPING MEETING FOR ENVIRONMENTAL ASSESSMENT OF THE DOS GEORGE P. SHULTZ NATIONAL FOREIGN AFFAIRS TRAINING

The U.S. General Services Administration (GSA), in cooperation with the U.S. Department of State (DOS), is preparing an Environmental Assessment (EA) to analyze potential impacts resulting from implementation of the Master Plan Update for the George P. Shultz National Foreign Affairs Training Center (NFATC). The DOS is updating the 1989 Master Plan for the 72-acre NFATC, located at the former Arlington Hall Station in Arlington Virginia. NFATC is the headquarters for the Foreign Service Institute (FSI). As part of the Master Plan Update, the GSA, on behalf of DOS, is preparing an Environmental Assessment (EA) in compliance with the National Environmental Policy Act (NEPA) of 1969. GSA is the lead federal agency for the EA.

CENTER

GSA will analyze a range of alternatives including the no action alternative for the proposed Master Plan Update. As part of the EA, GSA will study the impacts of each alternative on the natural, cultural, and social environment. GSA will begin consultation under Section 106 of the National Historic Preservation Act, 16 U.S.C. 470f and intends to partially fulfill the Section 106 public notification and consultation requirements through the NEPA scoping process.

PUBLIC SCOPING MEETING: An open-house style public scoping meeting will be held as

Tuesday, July 19, 2016 6:30 P.M. - 9:00 P.M.

Unitarian Universalist Church of Arlington 4444 Arlington Boulevard Arlington, VA 22204

The meeting will be an informal open house where visitors may receive information on the project and

WRITTEN COMMENTS: Agencies and the public are encouraged to provide written comments on the scoping issues in addition to or in lieu of giving their comments at the public scoping meeting. Written comments regarding the EA for the DOS Master Plan Update must be postmarked or received no later than August 19, 2016 and sent to the following address:

U.S. General Services Administration, National Capital Region Attention: Ms. Alexis Gray, Project Manager 301 7th Street, SW, Suite 4004 Washington, DC 20407

Email: www.gsa.gov/portal/content/136234 using the subject line: NFATC Scoping Comment

FOR FURTHER INFORMATION CONTACT: Alexis Gray, Project Manager, General Services Administration, National Capital Region, at 202-260-6895. Please also call this number if special assistance is needed to attend and participate in the scoping meeting. Information regarding this project may also be found at www.gsa.gov/portal/content/136234.

VW - PORSCHE - AUDI DIESEL OWNERS

On June 23rd, Virginia attorney Mike Melkersen became the first attorney nationwide to receive a reported settlement directly with Volkswagen.

Mike can help you decide if you should get out of the class action.

To find out more, call or visit our website:

Mike Melkersen 9633 S. Congress St. New Market, VA 22844 1-844-4VWCash 1-844-489-2274

www.vwlemonlawsuit.com

21 Announcements

ABC LICENSE
VA Taco II LLC trading as
Taco Bamba Taqueria, 164
Maple Ave W. Vienna, VA
22180. The above establishment is applying to the
VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Wine & Beer/Mixed Beverage Restaurant on Premises license to sell or manufacture alcoholic beverages, William Susinski.

Managing Member
NOTE: Objections to the issuance of this license must be submitted to ABC no later that 30 days from the publishing date of the first of two required newspaper legal notices. objections should be regis-tered at www.abc.virginia.gov or 800-552-3200.

For a free digital subscription to one or all of the 15 Connection Newspapers, go to www.connectionnews papers.com/subscribe

Complete digital replica of the print edition, including photos and ads, delivered weekly to your e-mail box.

Questions? F-mail: goinggreen@connection newspapers.com

CONNECTION



21 Announcements

ABC LICENSE

Cafe Paramount, LLC trading as Conveniently Yours, 2101 Wilson Blvd, Ste 102, Arling-ton, VA 22201. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Wine and Beer off Premises license to sell or manufacture alcoholic beverages. David Hussain,

owner

NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200

21 Announcements

ABC LICENSE

Sugar Factory Pentagon, LLC trading as Sugar Factory (and Sugar Factory American Brasserie), 1100 South Hayes Street, #H, Arlington, VA 22202. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE

CONTROL (ABC) for a Wine and Beer On; Mixed Beverage (seating capacity 151 seats or more) license to sell or manufacture alcoholic beverages

Charissa L. Davidovici, Manager NOTE: Objections to the issuance of this license must be submitted to ABC no later that 30 days from the publishing date of the first of two required newspaper legal notices. objections should be registered at www.abc.virginia.gov or 800-552-3200.

117 Adoption

Adoption

Loving family seeks to adopt infant. Will pay medical and legal expenses. Call or text at 571-306-3667.

21 Announcements

21 Announcements

21 Announcements

Wed July 20th @ 2pm

Town Point Club Conference Room 101 W. Main St, Norfolk VA 23510 OVER \$3.5 ++ MILLION DOLLARS OF PROPERTIES TO BE AUCTIONED OFF!! 10 OREO BANK PROPERTIES

& 1 TRUSTEE FORECLOSURE **ORDERED SOLD** COMMERCIAL -INCOME PRODUCING & RESIDENTIAL Property Due Diligence, Terms & Registration

____مtlanticREmarketing.com_

OVER \$3.5 ++ MILLION DOLLARS
OF PROPERTIES TO BE AUCTIONED OFF!!
BIG Live & Simulcast for Remote Biddin
10 BANK OWNED PROPERTIES ORDERED SOI
& 1 TRUSTEE FORECLOSURE ORDERED SOLI

- 1011-1019 Ches. Ave Chesapeake VA 1503 Shillelagh Rd Chesapeake VA Lot 7 & Lot 11 Beale Dr Disputana VA
- 1021 High St Portsmouth VA Parcel 6 (A1) Rocks Lndng. Rd Smithfield VA
- 2400 Indian River Rd Norfolk VA 135-139.5 & 141-143 Lee St Suffolk VA 1215 Colonial Ave Norfolk VA-TRUSTEE

COMMERCIAL -INCOME PRODUCING & RESIDENTIAL Property Due Diligence, Terms & Registration: atlanticREmarketing.com ATLANTIC ASSET MANAGEMENT GROUP, INC.
AUCtions | Real Estate | Appraisals | Marketin

Jack Taylor

3750 Jefferson Davis Hwy. Alexandria, VA 22305

703-684-0710

www.alexandriatoyota.com

NEW! Extended Service Department Hours: Monday - Friday, 7 am to 9 pm

Saturday, 8 am to 5 pm Sunday, 10 am to 4 pm Sunday by appointment only.

Make your next service appointment at: alexandriatoyota.com





TOYOTA

GLEBE RD.

ALEXANDRIA Toyota

TOYOTA LIFETIME GUARANTEE Mufflers • Exhaust Pipes • Shocks • Struts

NATIONAL

POTOMAC YARD

Toyota mufflers, exhaust pipes, shocks, struts and strut cartridges are guaranteed to the original purchaser for the life of the vehicle when installed by an authorized Toyota dealer. See us for full details.

SUMMER

SAVINGS

N

You Have Saturdays Off

That's Exactly Why We Don't!





DETAIL SPECIALS

ALIGNMENT FOR \$49.95

STANDARD HAND-WASH & VACUUM

Vacuum carpets, floor mats, upholstery & trunk, wipe down dash board console & door panels, wish wheels, tires & fender wells, hand wish exterior door jams, and dress tires.

QUALITY HAND-WASH VACUUM & WAX

or glaze, vacuum carpets, upholstery & trunk, clean interior viny! & leather clean dash board, vents, console, door panels & windows, and dress tres.

PREMIUM FULL DETAIL

All details by appointment only.

BRAKE SPECIAL \$0095

INCLUDES: Install Genuine Toyota front brake pads, inspect front & rear otors & drums, check tire condition and inspect all hardware. TCMC pads only. MACHINE ROTORS

AN ADDITIONAL \$199.95

\$49⁹⁵

LUBE, OIL & FILTER

SERVICE SPECIAL

INCLUDES: Change oil (up to 5 qts.), install Genuine Toyota oil filter, inspect & adjust all fluid levels and complimentary

multi-point inspection with print out.

VARIABLE DISCOUNT

\$5.00 OFF with purchase of \$35.00 - \$49.99

\$10.00 OFF with purchase of \$50.00 - \$99.99

\$15.00 OFF with purchase of \$100.00 - \$199.99 \$20.00 OFF with purchase of \$200.00 - \$499.99

\$50.00 OFF with purchase of \$500.00 Or more

TOYOTA GENUINE SERVICE

VENTILATION SERVICE

INCLUDES: Clean condensor fins, check

A/C performance, inspect drive belts for

tension/wear and replace cabin air filter.

TRUE START BATTERY SPECIAL

INCLUDES BATTERY INSTALLATION Includes: 84 month warranty, 24 month FREE replacement, 24 month FREE roadisid

Does not apply to hybrid batteries

SUMMER MAINTENANCE SPECIAL

INCLUDES: Genuine Toyots oil filter, up to 5 dts of conventional oil", inspect windshield wipers, tire rotation, check tire condition,

TOYOTA GENUINE SERVICE

COMPLIMENTARY

MULTI-POINT INSPECTION

INCLUDES: Inspect tires, brakes, wipers, lights, belts & hoses & fluid levels.

Plus Take 15% OFF your bill if you choose to perform the repair with us.

TOYOTA GENUINE SERVICE 4 WHEEL ALIGNMENT

Your car's alignment suffers, and can cause uneven tire wear, steering problems and decreased fuel economy

INCLUDES: Inspect suspension, ball joints.

TOYOTA GENUINE SERVICE

WE WILL MEET OR BEAT

ANY LOCAL TOYOTA DEALERSHIP'S CURRENT ADVERTISED SERVICE SPECIALS

SUNDAY ONLY SPECIALS

LUBE, OIL & FILTER SERVICE

PLUS FREE TIRE ROTATION

\$20 OFF

ANY FACTORY RECOMMENDED SERVICE

SIGHT LINE WIPER BLADES ANY PAIR

TOYOTA GENUINE SERVICE

15% OFF ANY ACCESSORIES

 Apparel • Window visor · I-pad adaptors • All weather floor m · Toyota bedliners

30000 MILES FACTORY RECOMMENDED SERVICE

Synthetic \$10 More INCLUDES: Change engine oil & filter (up to 5 qts), rotate tires, inspect wear and adjust pressure. measure brake pad thickness & rotor runout. replace cabin air filter (if equipped), replace engine air filter, reset maintenance reminder light (if applicable) and multi-point vehicle inspection.

New RAV4s, Priuses Scion IMs and IAs

ALL ON SALE LIKE NEVER BEFORE

Spring is here and so are the SAVINGS Ask one of our sales managers, George, Mike, Yared or Rocky 703-684-0700

WE ARE HERE TO MAKE DEALS!



ALEXANDRIA TOYOTA/SCION

3750 JEFFERSON DAVIS HWY. I ALEXANDRIA, VA 22305 703-684-0700 | ALEXANDRIATOYOTA.COM

JUST MINUTES FROM REAGAN NATIONAL AIRPORT!



Let's