

HomeLifeStyle

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Oak Hill
Herndon
CONNECTION

Local Art on Exhibit at ArtSpace Herndon

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Retired architect Wayne Schiffelbein points up towards several of his mobiles displayed in June at community art gallery ArtSpace Herndon. Schiffelbein was inspired by the kinetic art of Alexander Calder.

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PHOTO BY RYAN DUNN/THE CONNECTION

JULY 13-19, 2016

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Comstock proposes 281 apartments, 18,000-square-foot art space, 17,600 square feet of retail and more, as one of the two development proposals for Herndon downtown.

Plans & Uses



Stout and Teague proposes a mix of condominiums, townhouses, a hotel and more, as one of the development proposals for Herndon downtown.

- A – Townhouses
- B – Residential Condominium
- C – Parking Garage
- D – Plazas and Paseos
- E – Arts/Retail/Office Building
- F – Hotel

Impact Herndon's Look Forever

Herndon Town Council wants to hear from everybody in Town by the end of July. "We want to hear from as many people as possible," said Mayor Lisa Merkel.

"If everyone here tells five neighbors I think we will get even more response," said Councilmember Steve Mitchell. "I'd appreciate that."

"It's a lot to digest. It's 30-plus years in the making we are certainly not going to rush a decision, we're going to give enough time to hear from all of you," said Councilmember Grace Han Wolf.

"We want to make sure everyone gets an opportunity to put in your input," said Councilmember Sheila Olem.

Councilmembers encourage feedback in writing, on the web, by e-mail or by continued testimony.

Another public hearing was scheduled for July 12, 2016, at Council headquarters at 765 Lynn St. in Herndon, after The Connection's presstime.

THE TWO DEVELOPERS presented their proposals for the redevelopment of 4.675 acres in historic downtown before a full Council Chamber audience on June 8.

Stout and Teague envision a hotel on the corner of Center Street and Elden Street to go along with new residential condos in downtown Herndon.

Comstock Partners and Torti Gallas Partners envision 281 high quality high quality apartments and 17,600 square feet of retail with walkways and plazas.

Herndon's Council voted in May 2015, to purchase 1.67 acres of land in Herndon's historic downtown from Ashwell, LLC for

\$3.519 million that added to the three acres of downtown land it already owns.

The purchase clears the way for a comprehensive development project in the downtown, in accordance with the Downtown Master Plan adopted by the Town Council in 2011.

"The Town of Herndon has been envisioning a comprehensive redevelopment in our downtown for decades," said Mayor Lisa Merkel, around the time of the purchase. "We made significant strides toward that vision by adopting our Downtown Master Plan," she said.

The Town of Herndon's adopted master plan for the downtown envisions a mix of retail, office and residential development, to include four-story, mixed-use/residential structures; three-story mixed-use/commercial structures; a jointly-funded public/private

parking structure; an arts center and more. The land is generally described as between Station Street to the east, Center Street to the west, south of the W&OD Trail and north of Elden Street.

The Council is anticipated to select the top proposal in the summer, said Dennis Holste, the Herndon's economic development manager.

Members of the public who are unable to attend the final public hearing on July 12 may provide comments via the Herndon Downtown Redevelopment Project Comment Form. Details and presentations of the two proposals are available online, as well as a timeline of the RFP process. See www.herndon-va.gov, enter Downtown Redevelopment in search line.

— KEN MOORE

Local Art on Exhibit at ArtSpace Herndon

BY RYAN DUNN
THE CONNECTION

A reception was held on June 11 at ArtSpace Herndon at ArtSpace Herndon in June displaying the works of two local artists, Sherwood Gainer and Wayne Schiffelbein. For both of the artists, it was their first time displaying their work at ArtSpace Herndon, the community art gallery in downtown Herndon.

Sherwood Gainer's Pattern Recognition: Truths in False Positives offers vibrant abstractions and explores how visual cues from a canvas can inform a dialog unique to each observer. As mentioned on his webpage, Sherwood dabbles in a variety of artistic pursuits. In addition to painting, he has released several CDs of original music, created music videos and short documentaries, and done some photography and writing. "I try to have a balance of established

Several of the bold paintings by Reston resident Sherwood Gainer, which were on display at ArtSpace Herndon in downtown Herndon.

PHOTO BY RYAN DUNN
THE CONNECTION



patterns and rhythms," said Gainer.

Sherwood Gainer's creations are products of over fifty years of varied influences and experiences. Gainer grew up in a home designed by Hugh Newell Jacobsen and nurtured the clean aesthetic he shared with his parents and brother (architect Geoffrey Gainer). His mother pursued opportunities

to expose her sons to the diverse cultural experiences around Washington, D.C.

Wayne Schiffelbein's whimsical mobiles complement Gainer's bold paintings in this exhibit. "I like primary colors; they sing," said Schiffelbein. While attending graduate school in New York City in 1964, Schiffelbein visited the Guggenheim Mu-

seum and saw a show about sculptor Alexander Calder's kinetic art. "I thought, 'Gee, I would like to do that someday,'" said Schiffelbein.

Within the past year, he used metal, specifically aluminum, along with stainless steel wire to devise small Calder-like sculptures. Some of the sculptures have a stable base and others hang in space from the ceiling and move freely.

Herndon resident Les Zidal and Brenda Page worked with the artists to set up the exhibit. Zidal is one of the founders of ArtSpace Herndon, the Council for the Arts of Herndon and the Elden Street Players. Also, he was a high school photography advisor.

The exhibit closed on June 26. ArtSpace Herndon is now accepting proposals for solo and group shows to exhibit in 2017. The deadline for submission is July 31. For more information on upcoming events, visit webpage at www.artspaceherndon.com.

OPINION

Be Part of Our Annual Community Guide

Share tips in upcoming Newcomers and Community Guides.

The Connection's annual Newcomers and Community Guides will publish Aug. 24 with a deadline of Aug. 17.

A bevy of interns, plus staff writers and editors, are preparing this year's 15 individual editions, but we need help from our readers.

We're hoping to share special places, activities, events, organizations and volunteer opportunities. What should someone new to your

neighborhood know about? Events that should not be missed? Organizations that do a great job? Places to volunteer? Tips for navigating your PTA or your school's front office? A great place to see the sunset? We'd love to have your photos to go along with your suggestions.

What are your favorite parks? Favorite historic sites?

What tips do you have for someone getting to know the community?

EDITORIAL

Faith organizations, nonprofit organizations, clubs, environmental groups, advocacy groups, youth sports teams and others who offer events open to the public are invited to send a paragraph about the organization and how to get involved.

We will publish a selection of local tips along

with a plethora of information useful to newcomers and long-time residents alike, including our award-winning Insiders Guide to the Parks, information on how to vote and more.

See last year's community guides by going to www.connectionnewspapers.com/PDFs/ and scrolling down to Newcomers.

Email tips and photos to editors@connectionnewspapers.com or send as a letter to the editor via the website at <http://www.connectionnewspapers.com/contact/letter/>. Send in your Insider's Tips by Wednesday, Aug. 17.

For information on advertising, email sales@connectionnewspapers.com or call 703-778-9431.

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LETTERS TO THE EDITOR

Supervisor Hudgins Shows Appreciation to Fairfax County Police Department

To the Editor:

In response to the horrific events in Dallas, Texas, I felt it was important to show our community appreciation for the Fairfax County Police Department and their work in our community. Two weeks ago, we came together to celebrate the opening of our North County Governmental Center and Reston District Police Station. My office is co-located with the Reston District Station and we are able to build a productive working relationship through our proximity. The past few days have caused an array of emotions in the community. We must remember our officers are putting themselves in harm's way to keep us all protected. In the spirit of this appreciation, we have created a signboard for members of the community to share their appreciation. Many folks have already stopped by with expressions of their support. The signboard is available on our office door at the North County Governmental Center (1801 Cameron Glen Drive, Reston). You are invited to stop by to add your comments and appreciation. For additional information please contact Paul Davis at 703-478-0283, or via email at huntermill@fairfaxcounty.gov.

Supervisor Catherine M. Hudgins
D-Hunter Mill District

Misinterpretation and Misdirection

To the Editor:

This is a response to Mr. Peter Storm's specious letter, ("What Was the Founding Fathers' Intent?" (Connection, July 6-12, 2016) and the broader leftist propensity toward historical misinterpretation and misdirection regarding the 2nd Amendment.

Mr. Storm applied a selective "Founding Fathers" taxonomy (limited to the 56 signers of the Declaration) to assert that it's not possible to determine the Founders' intent behind the 2nd Amendment because they were "hardly involved" in authoring the Constitution, save the six men who signed both.

With this logic, readers are presumably supposed to feel compelled to forswear an originalist hermeneutic and submit to the latest progressive assault on individual liberties.

Not so fast. This is a distinction without a difference.

Whether the authors and signers of the Constitution are binned as "Founders" or not has almost no bearing whatsoever on one's ability to discern their intent, or on their authority when it comes to interpreting what they wrote or agreed to. Besides, the more widely accepted taxonomy for the "Founding Fathers" is one that includes the delegates to the Constitutional Convention, a taxonomy to which our own National Archives subscribes.

And irrespective of how narrow or broad one's definition of "the Founding Fathers" is, the historical record is replete with compelling evidence that those men recognized and sought to protect an individual right to bear arms, as

the Supreme Court reaffirmed most recently in Heller, and in so doing, serve as a check on the abuse of federal power.

So, when your readers hear things like Representative Connolly's call for reinstatement of the scary-looking (er...assault) weapons ban, they can easily consult any number of fellow Virginian Founders to see how contrary to their intent such proposals are: Thomas Jefferson and Richard Henry Lee (Declaration signers); or George Mason and James Madison (Convention delegates).

Progressives rely heavily on emotional appeals and logical misdirection to advance their anti-gun agenda, counting on the public to have forgotten their history. Your readers should not fall for it.

Jonathan Clough
Springfield

School Board Politics and Transgender Policy

To the Editor:

The perception from many like me is that the Fairfax County School Board is hungry for national media attention as evidenced by their 2015 vote on the Gender Non-Conforming and Transgender Student Policy. The fact is the board has had a strong nondiscrimination policy for many years, its verbiage covered, race, gender, culture, etc. So why did the board take it upon itself to identify and present the transgender issue when only .3 percent (according to a Williams Survey) of the population identified with this issue on a national

level? A question never really posed to the board.

The Fairfax County School Board has lost its focus of the real issues such as the delivery of education in a global environment, renovations of current facilities in a timely manner, partnering education opportunities with institutions of higher learning, expanding language programs to the elementary schools, etc. It is my understanding the gender issue became a topic of discussion due to the persistence of a few individuals who took it to an at large member and then later to the local Democratic party. However, board members are to be impartial of political party loyalties but let us not be naive, board votes are driven by party directives.

Our education board is broken if they are letting political parties determine Board topics and votes on matters of curriculum and other issues for the sake of gaining party votes during an election year. Let there be no misunderstanding, this is exactly what the transgender issue is all about, party votes and expanding a social agenda. It is doubtful parents and constituents know the board's vote in 2015 impacted the budget, student sports, the use of bathrooms, locker rooms, etc. Their seven-page policy is not meant for the occasional light reader.

The board has hit a sensitive nerve with their constituents and parents on this issue and now prefers to shy away from additional media controversy and discussion. Common sense and true educational issues have been lost in Fairfax County.

Elizabeth Torpey Bradsher
Former Fairfax County School Board Member
Fairfax Station

Oak Hill & Herndon CONNECTION

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NEWS

Dr. Finley Family Eye Care, 709 Pine Street, won the "Most Patriotic" award in Herndon's annual Patriot Challenge businesses decoration contest.



Patriot Challenge: Annual Enthusiasm

From the Friday Night Live stage July 8, Herndon Mayor Lisa Merkel announced winners of this year's Patriot Challenge business decoration contest.

"It's always fun to see what they come up with," said Merkel.

Dr. Finley Family Eye Care, 709 Pine St., won the "Most Patriotic" award. Dominion Animal Hospital, 795 Station St., was recognized for having the "Best Theme." Elden Street Service & Tire Center, 602 Elden St., earned the "Most Creative" display.

The contest was sponsored by the Town of Herndon and the Herndon Chamber of Commerce.

"The spirit of Herndon is evident in the enthusiasm with which our businesses embrace this annual contest," the mayor said.

Friday Night Live! is free and held on the Town Green in downtown Herndon on Friday nights, starting at 6:30 p.m. The title sponsor is Volkswagen Group of America.

Crazy In Stereo performs this Friday night and The Reflex will perform '80s music on July 22 on the Town Green.

See <http://herndonrocks.com> for more information, including sponsors, food vendors, how to volunteer and the lineup for the rest of the summer Friday Night Live is in its 22nd year.

— KEN MOORE



Dominion Animal Hospital, 795 Station St., was recognized for having the "Best Theme." Mayor Lisa Merkel announced the winners at Friday Night Live last week.



Elden Street Service & Tire Center, 602 Elden St., earned the "Most Creative" display for its stacked patriotic smiling tires holding American flags.

lost (adj): 1. unable to find the way. 2. not appreciated or understood. 3. no longer owned or known

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SPECIAL CONNECTIONS CALENDAR

Advertising Deadlines are the previous Thursday unless noted.

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AUGUST

8/3/2016.....Wellbeing

8/10/2016.....HomeLifeStyle

8/17/2016...A+ Camps & Schools – Back to School – Private Schools

8/24/2016...Newcomers & Community Guide Pullout

8/31/2016.....Connection Families: Enrichment, Care & Back to School

SEPTEMBER

Labor Day is September 5

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- Springfield Connection
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Second Incident of Bullets Fired Into an Occupied Dwelling

Officers responded to the report of a bullet that had been fired into a home in the 2100 block of Monaghan Drive in Herndon on Friday, July 9, at around 10:48 p.m. According to the caller, he was in his living room when he heard several gunshots. Officers processed the scene and found that a bullet had penetrated into the residence. Additionally, numerous bullet holes were located on the exterior of the dwelling but had not entered into the home. There were no injuries, according to FCPD Public Affairs Bureau. At approximately 12:30 a.m. on Saturday July 9, officers were still on scene and conducting their investigation

when they heard several more gunshots coming from a nearby street. Additional officers and resources responded to check the area. There were no injuries.

Officers are continuing their investigation, conducting a canvas, and increasing their presence in the area. There is no suspect information at this time and the investigation is ongoing.

A few days earlier, on Tuesday, July 5, at around 10:30 p.m., officers responded to the report of a bullet that had been fired through the window of a home in the 2100 block of Monaghan Drive in Herndon. According to the caller, his 9-year-old daughter was in her bedroom, lying on her bed when she heard a loud noise outside. She went to the window to look

out and suddenly felt something on her arm; possibly glass fragments. The child then informed her parents who investigated and found a hole in the window where the little girl had been standing. Officers processed the scene and found a bullet lodged in the child's mattress. A canvass of the neighborhood was conducted and the area was searched. There is no suspect information at this time and the investigation is ongoing.

Anyone with information about this incident is asked to contact Crime Solvers electronically by visiting www.fairfaxcrimesolvers.org or by calling 1-866-411-8477. Or, call Fairfax County Police at 703-691-2131.

HomeLifeStyle

Bright White

White kitchens are a trend with staying power.

BY MARILYN CAMPBELL
THE CONNECTION

The clean, crisp look of a white kitchen has staying power and versatility, according to the National Kitchen and Bath Association. The organization reports that white cabinetry is the top choice for 67 percent of its members. In fact, the percentage of homeowners requesting white kitchens has increased by 20 percent over the past two years.

The trend is also apparent locally, said designers. When a family of five returned to the Washington, D.C. area after spending 30 years in the U.S. Foreign Service, they settled into their home in Bethesda, a 1960 brick Dutch colonial that they purchased in 1986. They decided to give the home a makeover because, after being a rental for many years, it felt dated and dingy. The family felt that the kitchen was old, dark and closed-off from the living room. They needed a larger

space to accommodate their family of five.

The homeowners knew they wanted the new kitchen space to be free flowing and light-filled. They also wanted to incorporate some of their existing furniture, such as an antique table and chairs.

Designed by Bruce Wentworth of Wentworth Inc., the new kitchen is sunny and spacious. It includes white cabinetry and an island with dark gray granite countertops. A large stainless sink, dishwasher, pull-out trash and bookcase for cookbooks make the island functional. Facing the dining room is a shallow cabinet with mullioned glass doors.

Granite tops the counters in the remainder of the kitchen and white cabinetry houses a sub-zero refrigerator, microwave drawer, small prep sink and a gas range with a stainless steel range hood. "Wall cabinets with clear glass mullioned cabinet doors [give] visual depth and make space feel larger," said Wentworth.

When the owners of an Arlington home decided to update their dark and dated kitchen, they opened the space to the living and dining rooms and added natural lighting and white cabinetry. The result was a room with a crisp and



PHOTO BY JOHN COLE

A large picture window is the focal point of this white kitchen by Anthony Wilder Design Build Inc.

airy aesthetic. The new, open concept allows the homeowners to better interact with family and friends.

"Prior to the remodel, the kitchen was essentially closed off to the rest of the home," said April Case Underwood of Case Design/Remodeling. "I think the grouping of materials the client selected with us are unique, definitely not

cookie-cutter, and these make the space really interesting," Underwood said.

Among the fixtures, accessories and materials used are Caesarstone countertops, a marble and granite backsplash and reclaimed shelving, provided by homeowners, which, "made the kitchen look more unique and gave it an eclectic feel," said Underwood.

"I think in general the perfect combination of the various materials, from smooth and glossy to rough and textured, is simple but interesting and shows beautifully," said Underwood.

A large picture window overlooking an expansive backyard is the focal point of a white kitchen in Falls Church. When the homeowners decided to renovate and expand the space, they enlisted the help of designer Keira St. Claire of Anthony Wilder Design Build, Inc. The project included adding additional space to the back of the house and removing a wall between the kitchen and the dining room.

"Although we opened up the wall between the kitchen and dining room, one challenge was maintaining a distinction between the two spaces, which was important to the client," said St. Claire. "In order to create a feeling of separation, while preserving the sense of openness ... [we designed] a custom glass cabinet piece, which is accessible from both rooms," said St. Claire.

The new unit gives the homeowners extra storage and a place to display their crystal. Sunlight from the new picture window in the kitchen reflects off the crystal stemware and refracts, causing both rooms to glisten with radiant, natural light.

White cabinetry was contrasted against dark wood as part of a kitchen renovation in Centreville. While the basic layout of the kitchen remained the same, the space, which was designed by Allie Mann of Case Design Build, Inc., was brightened with white cabinetry, a built-in pantry and a custom cherry wood island. "The white kitchen is classic and timeless," said Mann. "It can work with most color accent palettes."



PHOTO BY STACY ZARIN GOLDBERG

Natural lighting and white cabinetry helped transform this kitchen, by Case Design Build, Inc. into a light and airy space.



PHOTO BY JAMIE COBEL

A Potomac, Maryland, kitchen was lightened, brightened and redesigned by Rill Architects to give the home's owners to a connection to their natural surroundings.

A cramped and dark Potomac, Maryland, kitchen was lightened, brightened and redesigned to give the home's owners a connection to their natural surroundings, which included a landscaped yard created for outdoor entertaining.

The kitchen was designed by Jim

Rill of Rill Architects who added a working island around which the family can gather and prepare meals. He described the new look as a, "simple, clean design with subtle elegance."

"We added functional space with lots of windows and a place for

everything, so kitchen could be cleaned up and used as an entertaining area," Rill said.

The family wanted a white kitchen, he said, because it, "creates a great backdrop for art and accentuates the exterior colors of spring, winter and fall."

Candidates Announced for Mayor, Town Council

Current Councilmember Jasbinder Singh announced at the end of June that he will run against Mayor Lisa Merkel for the Town's Mayor position in the upcoming Nov. 8 election.

Candidates for mayor and the six Town Council seats for the 2017-2018 term announced their intent to run.

Candidates for the six Town Council seats for the 2017-2018 term include Jennifer K. Baker, Jeffrey L. Davidson, Signe V. Friedrichs, Connie H. Hutchinson, David "Dave" A. Kirby, William J. "Bill" McKenna, Sheila A. Olem, Roland B. Taylor and Grace Han Wolf. Baker, Kirby, Olem and Wolf serve on the current Town Council.

BY A 4-3 VOTE, Herndon's Town Council adopted an ordinance March 10, 2015 so Herndon's next Town election will be held in November 2016.

Herndon's local elections had taken place in May since the Town was incorporated in 1879.

At Herndon precincts, between 75-80 percent of registered voters turned out for the November 2012 presidential election year, and approximately 38-45 percent turned out during the midterm elections in November 2010, according to town records. In general, 20-25 percent of registered voters turnout for elections when they are in May. Hundreds voiced opinions during four public hearings in November and December and by e-mail and written testimony to the Council.

RESIDENTS OF THE TOWN who are eligible but not registered to vote must do so by Oct. 17, 2016 to vote in the town election. Register online at www.vote.virginia.gov, or return a completed application postmarked or delivered to the General Registrar, 12000 Government Center Parkway, Suite 323, Fairfax, Virginia, 22035-0081. Voter registration forms and absentee ballot applications also are available in the Town Clerk's office, 777 Lynn St., Herndon, 703-435-6804, town.clerk@herndon-va.gov.

— KEN MOORE



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BEFORE

Herndon Youth and Adults 'Read for the Win' this Summer

Herndon Fortnightly Library's Summer Reading Challenge inspires all to read.

BY ERIN MURPHY
THE CONNECTION

The Summer Reading Challenge is held from June 23 to Sept. 3. Children from birth to third grade read 15 books, from fourth to sixth grade read 10 books, and students in grades seven through 12 read six books to successfully complete the challenge. The reading list provided by the Herndon Fortnightly Library is not required for the challenge, allowing participants to choose any books they find enjoyable to read and record for the Challenge.

The theme for the Reading Challenge this year is "Read for the Win" in the spirit of the upcoming 2016 Summer Olympics in Rio.

Participants must return their reading log to the Herndon Fortnightly by Sept. 3 to receive a coupon book full of free offers and discounted prices. One coupon book is given per reader.

Located on the ground floor of the library is a bulletin board that



Amy Mann, a volunteer at the Herndon Fortnightly Library, sits at the registration desk for the Summer Reading Challenge.

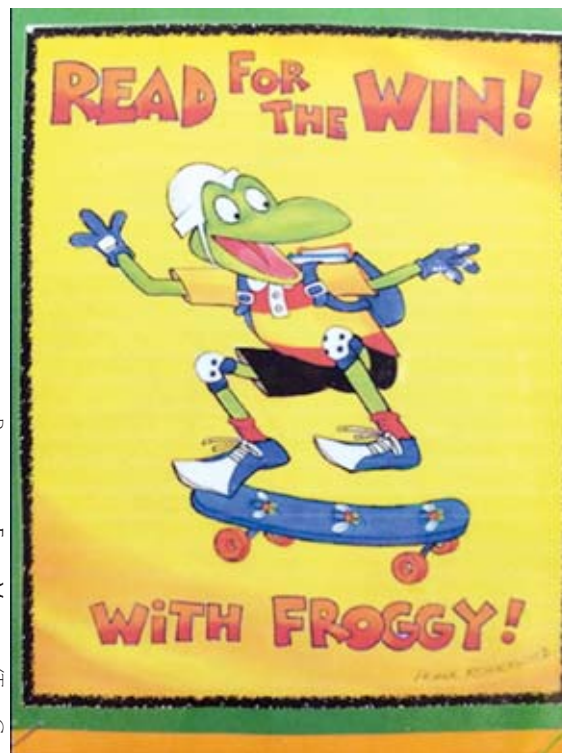
outlines the Award-winning books that won a spot on the Herndon Fortnightly book list categorized into Fiction, Non-fiction, Latin writing, Social Justice and more to inspire kids to read more books of note.

"Reading just expands your world. It expands your knowledge, it keeps your brain engaged. It helps you make connections with

the world, with your own life and with others.

I think it gives you empathy," said Molly Dunn, use services assistant at Herndon Fortnightly Library.

"I really think reading helps you connect to others, to yourself, and to the greater world which enhances an understanding of everything. It just helps you as a citizen



The theme for the Summer Reading Challenge this summer at the Herndon Fortnightly is "Read for the Win" in the spirit of the 2016 Olympics in Rio. Children and adults of all ages are encouraged to participate.

function better."

Dunn explained the numerous incentives offered by the Herndon Fortnightly to keep the kids in the library, and keep them reading.

The Library, in addition to the challenge, is offering a guesstimation game each week for nine weeks where the kids have to guess the number of pieces of candy in a jar. The child whose

guess is the closest to the number of pieces of candy wins all the candy in the jar.

Herndon Fortnightly librarians also give book talks to local elementary schools where they also took their therapy dog, Truman who children can come read to once a week at the library.

The Herndon Fortnightly is also coordinating with Fairfax County Public Schools' reading program, which gives participants a bingo card to fill out with squares such as a Non-Fiction or a Fiction book. With the goal to make reading seem enjoyable and fun for children, the Library in addition to these incentives offers a book list to help parents find the perfect book for their child.

"Basically, the goal is to get them into the library as much as possible and primarily, to just read all summer.

And to emphasize that reading is enjoyable, it's not just a chore," said Dunn.

From Dunn's observations, primarily elementary school students have signed up for the program because that's where the Fortnightly librarians gave book talks. Also, Fairfax County has two contests for students that incentivize younger children to take the big step into the library and read.

The Art contest, where this year participants will be designing cover of an award-winning book. The Essay contest instructs participants to write an essay on the theme "Why Vote?"

WEEK IN HERNDON

Herndon Thrift Shop Awards Scholarships

The Closet of Greater Herndon awarded \$20,000 in college scholarships to 18 high school graduates in ceremonies at five local high schools. Closet Board President Gene Wiley said, "We're so proud of these youth and their families and are happy to continue supporting this important educational need in our community."

The 2016 scholarship recipients are:

❖ Herndon High School: Aimee Gissell Aguilar, Sophiah Georginah Sumi Kawachi and Marshall Lane Kurtz

❖ Mountain View High School: Hina Zaheer Chaudhry, Wendy Stephanie Sanchez Hernandez and Yi Li Zhong

❖ Oakton High School: Juan Carlos Sheehan Dumlaio, Marissa Ivannah Medina, Devora Rebecca

Rivera and Rahim Mahi Rustamov

❖ Parkview High School: Alexander Ohene Kwakye, Maya Ledell York, Tran Bao Lee and Jaijanna Shanell Henderson

❖ South Lakes High School: Gwyneth Philothea Berry, Tara Carol Vaughns, Quanaisja Nicole Rubeck and Joseph Enrique Pavlack.

The Closet of Greater Herndon is a nonprofit thrift shop founded and operated by numerous area faith-based communities.

Donations of clothing and small household items may be dropped off at the store Monday through Saturday from 8 a.m. to 3 p.m. Retail store hours are 10 a.m. to 2 p.m. on Tuesdays, Thursdays and Saturdays, and 5 to 8 p.m. on Thursdays in June, July and August. Go to <http://www.theclosetofgreaterherndon.org> for further information.

Herndon Resident Installed as Bishop

On May 15, 2016, Michael Hunsaker was installed as the Bishop of the Herndon Ward of The Church Of Jesus Christ of Latter-day Saints. He succeeds Robert Brody Buhler who served for over five years. Bishop Hunsaker and his wife

Ginger have lived in Herndon for the past twenty-three years. They are the parents of four children. The Herndon Ward (congregation) was created in 1980 and currently has over 400 members. Bishop Hunsaker is the 9th bishop of the ward. A bishop in the Church of Jesus Christ is the leader of a local

congregation with duties similar to those of a pastor, priest, or rabbi. Mark Jensen and Matthew Leavitt are his two bishopric counselors. As with all positions in the ward, bishop and bishopric counselor positions are unpaid. Bishops typically serve for about five years.

FAITH NOTES

Faith Notes are for announcements and events in the faith community, including special holiday services. Send to reston@connectionnewspapers.com. Deadline is Thursday.

Church of the Holy Comforter offers a monthly Healing Eucharist with the Laying on of Hands and Anointing for Healing. The service occurs on the first Sunday of each month at 5 p.m. in St. Mary's Chapel. The Healing Ministry is being led by the Rev. Valerie Hayes and Ms. Alexandra MacCracken and includes a team of lay healers who have gone through intentional training and formation. For more information, contact the Rev. Valerie Hayes at

vhayes@holyccomforter.com. The church is located at 543 Beulah Road NE, Vienna.

The **LDS Church** at 1515 Poplar Grove Drive in Reston will hold a discussion led by scriptural scholars on "The Book of Mormon: Another Testament of Jesus." The class is from May 31 to Dec. 20. Free. Contact: 703-582-3169 or 7461810@mormon.org.

Trinity Presbyterian Church, 651 Dranesville Road, Herndon, has Sunday worship services at 8:30 a.m. and 11 a.m. Nursery and childcare are provided and youth and adult Sunday school classes are held prior, from 9:40-10:45 a.m. 703-437-5500 or www.trinityherndon.org.

Vajrayogini Buddhist Center, Unitarian Universalist Church, 1625 Wiehle Ave., Reston, holds weekly classes starting Sept. 12, Thursdays 7-8:30 p.m., for the general public which use Buddhist teachings to practice meditation. \$12. 202-986-2257 or www.meditation-dc.org.

St. Anne's Episcopal Church, 1700 Wainwright Drive in Reston, holds Sunday services at 7:45 a.m., 9 a.m., 11:15 a.m. and contemporary service at 5 p.m. Nursery, Sunday school and adult education available. Morning prayer on Monday at 9:30, Holy Eucharist Wednesday at 8:15 a.m. 703-437-6530 or www.stannes-herndon.org.

ENTERTAINMENT



Jay Young Gerard's work will be on display from July 13-Aug. 28 at ArtSpace in Herndon.

Send announcements to www.connectionnewspapers.com/Calendar/. The deadline is noon on Friday. Photos/artwork encouraged.

ONGOING

Mapping Moments. July 13-Aug. 28. ArtSpace Herndon, 750 Center St., Herndon. An exhibit featuring of vibrant abstracts which will draw the viewer into the worlds of international artist Caroline Morgan and Jay Young Gerard. 703-956-9560.

Beginners Chair Yoga. July 5-Aug. 30. 6-7 p.m. Herndon Senior Center, 873 Grace St., Herndon. Yoga for beginners with a teacher who specializes in yoga with 50+ in mind. \$10/\$20. 703-464-6200.

Herndon Friday Night Live. 6:30 p.m. Through Aug. 26. 777 Lynn St., Herndon. Features the most popular local and regional acts from up and down the east coast. Free. For more information or for the performance schedule, go to herndonrocks.com.

Take a Break Concert Series. Thursdays. 7 p.m. June 16-Sept. 1. Lake Anne Plaza, Reston. Bands and entertainers at the plaza. lakeanneplaza.com.

Summer Entertainment Series. June 1-Aug. 31. Fairfax County Parks. A summer-long calendar of shows, concerts and movies appropriate for you and your family. These concerts held in local parks are the perfect place to bring a picnic dinner, blankets and lawn chairs to enjoy the best local and regional entertainers. Free. To find out what's playing at your nearby park, go to <http://www.fairfaxcounty.gov/parks/performances/>.

THURSDAY/JULY 14

Farmer's Market Fun Days. 10:30-11:15 a.m. Town Hall Green, 730 Station Green, Herndon. Yosie, lively children's sign-along. Free. herndon-va.gov.

FRIDAY/JULY 15

Crazy in Stereo and Six to Midnight Concert. 6:30-10:30 p.m. Town Green, 777 Lynn St., Herndon. Crazy in Stereo's five different members sing lead vocals in multiple combinations. Come hear the band known for their versatility and harmonies. Free. info@herndonrocks.com.

SATURDAY/JULY 16

Opening Reception Mapping Moments. 7-9 p.m. ArtSpace Herndon, 750 Center St., Herndon. An exhibit featuring of vibrant abstracts which will draw the viewer into the worlds of international artist Caroline Morgan and Jay Young Gerard. 703-956-9560.

Funny Girl Takeover Comedy Show. 8:30-10:30 p.m. Ned Devine, 2465 Centreville Road, Herndon. Comedian Eryca Nolan is taking over Ned Devine's with Funny. Show features Franqi

French, Jani Tillery, Vijai Nathan, Pam Werts and Robyn Schall. \$10. 571-292-7371.

SUNDAY/JULY 17

Concert4aCause. 4-10 p.m. Town Green Lawn, 777 Lynn St., Herndon. Rockneceros, Gonzo's Nose, High Valley and Cassadee Pope. \$20/\$40. <http://bit.ly/Concert4aCause>. 703-739-6750.

MONDAY/JULY 18 - FRIDAY/JULY 29

Summer Stem Camps. South Lakes High School, 11400 South Lakes Drive, Reston. VEX IQ Robotics. and VEX1 Robotics. Register at www.nvcc.edu/systemic or contact SySTEMic Solutions Regional STEM Coordinator Aleksander Marthinussen at 703-530-2894 or systemic@nvcc.edu for more information.

<cal1>Wednesday/July 20

<cal2>**Summer Cinema Series.** 7 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. An Alain Resnais Academy Winner. French with English subtitles. Adults and teens. 703-397-0420.

THURSDAY/JULY 21

Introduction to Doing Business with the Intelligence Community. 8 a.m. Leidos Conference Center, Freedom Square One, 11951 Freedom Drive, Reston. Features executives from three of the 17 federal intelligence agencies. \$35/\$50. For more more information, please contact Ashleigh Dorfman, CSEP, events and development director at 703-707-9045 or ashleighd@restonchamber.org.

FRIDAY/JULY 22

The Reflex Concert. 6:30-10:30 p.m. Town Green, 777 Lynn St., Herndon. Come hear The Reflex in concert as they perform '80s-era music. Free. info@herndonrocks.com.

Accidental Red Band. 8-10 p.m. NextStop Theatre, 269 Sunset Park Drive, Herndon. Jazz standards, pop, and blues from the 30s to today. Benefits National Alliance on Mental Illness. \$20. 866-811-4111.

SATURDAY/JULY 23

Chris Grabenstein. 2 p.m. Barnes and Noble Booksellers Tysons, 7851 L. Tysons Corner Center, McLean. Grabenstein will read and sign copies of his newest book Mr. Lemoncello's Library Olympics. 703-506-2937.

THURSDAY/JULY 28

Farmer's Market Fun Days. 10:30-11:15 a.m. Town Hall Green, 730 Station Green, Herndon. Billy B Brennan, the natural science song and dance man. Free. herndon-va.gov.

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Penchant for Pills

By KENNETH B. LOURIE



If I have done anything consistently well in my seven-plus years of being a cancer patient, it is to have ingested upwards of 50 pills or so every day. For all I know (and of course, I know very little), the presumptive benefits of these various pills might actually have had a positive effect and extended my life. Or perhaps, it has merely been a placebo-type effect. I think (certainly hope) they should be positively affecting me, so they are.

Swallowing 50 pills a day is not a hardship – for me. In fact, I know of some cancer patients who take hundreds of pills per day (and some protocols that require it). In addition, there are still others who take coffee enemas, spend time in oxygen chambers and saunas, immerse themselves in Epsom salt baths, get infused with massive doses of vitamin C, use essential oils (Frankincense as an example); grow, blend and then drink their own wheat grass; and on and on and on. All in an attempt to stabilize and/or kill the cancer cells.

Am I living proof that what I am doing is working (keeping the cancer cells from growing/moving)? Impossible to say. However, it doesn't seem to be hurting; I will admit to that. But given the fact that the FDA (Food and Drug Administration) doesn't research/analyze/corroborate/dispute the alleged benefits of non-prescription supplements, I may actually be winging and praying my way through life. No matter. I'm happy to live with the consequences of my actions. Quite frankly, it would be naive to think that if I took no action I'd experience similar results. In the cancer-patient world, wishing and hoping likely doesn't make it so. Being proactive, at least for me, has been a path of least resistance. Doing nothing would have been giving in to the disease, which I have no intention of doing. Ergo, to keep my pill inventory fully stocked, I either mail-order them or shop locally. I try to reorder/buy so that I never miss a dose. But if I do, I try not to stress over it. I figure the years-long effort I've made has built up enough pill-equity in my body that it will barely notice a day or two without dandelion root, beta glucons or my newest pill: Chinese wormwood (as but a few examples).

I guess one could characterize my philosophy as mind over matter. I don't mind not knowing – definitively, whether or not any of what I'm doing is helping. Unfortunately, there are very few guarantees in cancer treatment. But so far, according to my quarterly CT scans, semi-annual PET scans and yearly MRI, I see no reason to change horses whether I'm mid-stream or struggling to reach dry land. At this juncture, I seem to have found a balance between what I'm capable of doing and what I'm not capable of, and am not worried about what I'm not doing/have not done. Given my nature and personality, I can only do what I can do. And early on in my cancer experience, I realized my limitations and decided to not beat myself up emotionally over tasks I couldn't complete or strategies I couldn't employ. Moreover, there's a certain amount of control one has to cede to your new reality as well as some you need to maintain – for your own sanity.

Speaking of which, Albert Einstein is alleged to have said: "Doing the same thing over and over again but expecting different results is the definition of insanity." Well, call me crazy if you want but I am happy to continue doing the same thing over and over again and expect similar results.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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NOTICE OF SUBSTITUTE TRUSTEES'

**SALE OF PROPERTY OWNED BY HUNTER MILL WEST,
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LOCATED AT

10736 SUNSET HILLS ROAD, RESTON, VIRGINIA

**SALE TO BE HELD AT THE FAIRFAX COUNTY CIRCUIT
COURT**

July 22, 2016, AT 9:00 A.M.

In execution of a certain Credit Line Deed of Trust and Security Agreement dated November 19, 2008, and recorded Novem-ber 20, 2008 in Deed Book 20183 at Page 0376 among the land records of Fairfax County, Virginia (the "Deed of Trust"), made by HUNTER MILL WEST, L.C., a Virginia limited liability company, now securing CATJEN LLC, a Virginia limited liability company (the "Noteholder"), default having occurred in the payment of the debt secured thereby, and being instructed to do so by the Noteholder, the undersigned Substitute Trustees, will offer for sale the property described below at public auction by the main entrance to the Fairfax County Circuit Court, located at 4110 Chain Bridge Rd, Fairfax, VA 22030 on July 22, 2016, beginning at 9:00 a.m.

The real property encumbered by the Deed of Trust that will be offered for sale by the Substitute Trustees is commonly known as 10736 Sunset Hills Road (Tax Identification Number: 0183-02-0004) located in Reston, Fairfax County, Virginia, as more particularly described in the Deed of Trust, and all improve-ments, fixtures, easements and appurtenances thereto (the "Property").

TERMS OF SALE

ALL CASH. The Property will be offered for sale "AS IS, WHERE IS" and will be conveyed by Substitute Trustees' Deed (the "Substitute Trustees' Deed") subject to all encumbrances, rights, reservations, conveyances, conditions, easements, restrictions, and all recorded and unrecorded liens, if any, having priority over and being superior to the Deed of Trust, as they may lawfully affect the Property.

The Substitute Trustees and the Beneficiary disclaim all war-ranties of any kind, either express or implied for the Property, including without limitation, any warranty relating to the zoning, condition of the soil, extent of construction, materials, habitabil-ity, environmental condition, compliance with applicable laws, fitness for a particular purpose and merchantability. The risk of loss or damage to the Property shall be borne by the success-ful bidder from and after the date and time of the sale. Obtaining possession of the Property shall be the sole responsibility of the successful bidder (the "Purchaser").

A bidder's deposit of \$150,000.00 (the "Deposit") by certified or cashier's check shall be required by the Substitute Trustees for such bid to be accepted. The Substitute Trustees reserve the right to prequalify any bidder prior to the sale and/or waive the requirement of the Deposit. Immediately after the sale, the suc-cessful bidder shall execute and deliver a memorandum of sale with the Substitute Trustees, copies of which shall be available for inspection immediately prior to the sale, and shall deliver to the Substitute Trustees the Deposit and the memo-

21 Announcements

21 Announcements

random of sale. The balance of the purchase price shall be paid by the Purchaser. Settlement shall occur within thirty (30) days after the sale date, TIME BEING OF THE ESSENCE with regard to the Purchaser's obligation.

Settlement shall take place at the offices of Venable LLP, 8010 Towers Crescent Drive, Suite 300, Tysons Corner, Virginia 22182 or other mutually agreed location. Purchaser shall also pay all past due real estate taxes, rollback taxes, water rents, water permit renewal fees (if any) or other municipal liens, charges and assessments, together with penalties and interest due thereon. The Purchaser shall also pay all settle-ment fees, title examination charges, title charges and title in-surance premiums, all recording costs (including the state grantor's tax and all state and county recordation fees, clerk's filing fees, congestion relief fees and transfer fees and taxes), auctioneer's fees and/or bid premiums, and reasonable attorneys' fees and disbursements incurred in the preparation of the deed of conveyance and other settlement documentation.

The Purchaser shall be required to sign an agreement at set-tlement waiving any cause of action Purchaser may have against the Substitute Trustees, and/or the Beneficiary for any condition with respect to the Property that may not be in com-pliance with any federal, state or local law, regulation or ruling including, without limitation, any law, regulation or ruling relating to environmental contamination or hazardous wastes. Such agreement shall also provide that if notwith-standing such agreement, a court of competent jurisdiction should permit such a claim to be made, such agreement shall serve as the overwhelming primary factor in any equitable apportionment of response costs or other liability. Nothing herein shall release, waive or preclude any claims the Pur-chaser may have against any person in possession or control of the Property.

If any Purchaser fails for any reason to complete settlement as provided above, the Deposit shall be forfeited and applied to the costs of the sale, including Trustees' fees, and the balance, if any, shall be delivered to the Beneficiary to be applied by the Beneficiary against the indebtedness secured by and other amounts due under the Deed of Trust in accordance with the Deed of Trust or applicable law or otherwise as the Beneficiary shall elect. There shall be no refunds. Such forfei-ture shall not limit any rights or remedies of the Substitute Trustees or the Beneficiary with respect to any such default. If the Property is resold, such re-sale shall be at the risk and the cost of the defaulting bidder, and the defaulting bidder shall be liable for any deficiency between its bid and the successful bid at the re-sale as well as the costs of conducting such re-sale. Immediately upon conveyance by the Substitute Trustees of the Property, all duties, liabilities and obligations of the Substitute Trustees, if any, with respect to the Property so conveyed shall be extinguished, except as otherwise provided by applicable law.

/s/ Henry F. Brandenstein, Jr., Substitute Trustee

FOR INFORMATION CONTACT:
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Venable LLP
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Tysons Corner, Virginia 22182
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11700929-v1

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SPORTS

Reston Swimmers Beat Their Own Record

To celebrate July 4, some teams had a patriotic theme for their meets and decked themselves and their pools in red, white and blue! Meet 4 also saw the Reston Swim Team Association many swimmers beat their own records from earlier in the season.

Team records set on Saturday include:

❖ Casey Storch of Lake Newport shaved time off of his men's 15-18 50 freestyle for a time of 31.43, beating his own record from the previous meet.

❖ The Lake Newport men's 15-18 200 medley relay team of Michael George, Casey Storch, Jack Edgmond, and Dan Ni set a new record with a time of 1:57.99, beating their own record set at the previous meet.

❖ Hailey Brown of Ridge Heights beat her own record from the start of the season with a time of 39.11 in girls' 9-10 50 backstroke.

❖ A Ridge Heights team record of 2:09:51 was set in the girls' 6-18 age 200 freestyle relay by Kelsye Brown, Hailey Brown, Hailey Wang, Katie Falcone, and Paige Sogandares, beating a record from 2005.

❖ Ryan Ha of Lake Audubon swam the men's 15-18 50 backstroke in 29.05, beating a record set in 2010.

❖ The North Hills women's 11-12 age 100m Medley Relay team of Alison Wan, Samantha Sciortino, Ada Langston, Katie Cazenias set a record of 1:09.15 to beat the previous record set in 2013.

Hunters Woods Blue Marlins 569, Lake Anne Stingrays 474

For Hunters Woods, double event winners were Matthew Beach, Glenn Broderick, Mary Carol Cook, Amanda Cornette, Mira Cuthill, Audrey Flynn, Amber Li, Andrew Li, Sean Montagne, Prana Owen, Ryan Vintimilla, and Brian Zhou. Triple event winners were Quinn Owen, Megan Slater, Gwyneth Wagner, Albert Xu, and Kevin Zhang.

For Lake Anne, double event winners were Luke Bowen, Aaron Cramer, Francisco Espinoza, Morgan Stup, Nadinka Taylor, Jocelyn Wulf, and Fred Zhang. The triple event winners were Emily Meilus and Devin Truong.

Lake Audubon Barracudas 596, Glade Dolphins 568

For Lake Audubon, double event winners were Zachary Bell, Christopher Chadsey, Sumaya Finney, Elliot Fricker, Ian Ha, Ryan Ha, Suya Haering, Riley Lender, Nathaniel Mathias, Valeria Novoa, Aidan Scanlan, and Nathan



Glade July 4: Glade Swim team wearing red, white and blue.



Ridge Heights record-setting relay team: Bottom right to left: Kelsye Brown, Hailey Brown; top right to left: Paige Sogandares, Katie Falcone, Hailey Wang.

Vikhman. Triple event winners were Max Daum, Matthew Fritz, and Jackson Harriot.

For Glade, double event winners were Marco Anguizola, Maryn Arseculeratne, Deirdre Curry, Ryan Erickson, Isabelle Gilleo, Sam Joyner, Sabine Soltys, and Reagan Tobias. The triple event winners were Niki Chava, Emily Landeryou, and Sophia Landeryou.

Lake Newport Lightning 639, Ridge Heights Sharks 509

For Lake Newport, double event winners were Caitlin Connelly, Catie George, Ryan Giebel, Nathan Ho, Neil Kumar, Emi Redican, Joseph Redican, Zoe Van Winckel, and Vania Zeledon. Triple event winners were Alexandra Connelly, Jeffery George, Anna Redican, Casey Storch, Julia Wang, Zach Wang, Sarah Zhong, and Michael Zhou.

For Ridge Heights, double event

winners were Ethan Boswell, Hailey Brown, Hannah Liu, Ryan Vanderhoof, and Hailey Wang. The triple event winner was Katie Imel.

North Hills Hurricanes 584, Autumnwood Piranhas 495

For North Hills, double event winners were Sean Burke, Daniel Doman, Ryan Luczak, Samantha Sciortino, Sarah Sciortino, Fiona Shaw, David Wrigley, and William Xu. Triple event winners were Allison Boone, Marlee Czarny, Caelen Grange, Ryan Grimes, Daniella Ramsey, Joseph Sciortino, and Miles Yang.

For Autumnwood, double event winners were Cameron Edgington, Alex Hansen, Grace Kennedy, Maddie Larson, Max McDermott, Diya Murthy, Sara Norford, Andrey Smiryagin, and Jordana H Sweeney. Triple event winners were Blake Jackson, Anne Kennedy, and Luke McDermott.



The crowd enjoys the Ukulele Festival at Lake Anne Plaza in Reston.

Ukulele Festival At Lake Anne

The Seventh Annual Ukulele Festival was held at Lake Anne Plaza in Reston on Saturday, July 9. It featured performances by several ukulele musicians, music demonstrations, a morning jam session, festival vendors and family friendly activities. The event featured music genres ranging from blues, traditional Hawaiian, swing and folk.

"I consider this the only ukulele festival in Northern Virginia. It's nice to see it grow every year. And the weather felt like we were definitely in the Islands. We're always happy with the great turnout," said Maurisa Potts, marketing direc-

tor for Lake Anne Plaza.

The Northern Virginia Ukulele Society meets the second and fourth Sunday at Cafe Montmartre at Lake Anne Plaza in Reston. Local uke players exchange chords and tabs, teach each other techniques, play and sing for one another, songwrite and have jam sessions.

This year's festival was sponsored by the Lake Anne Merchants Association, the Reston Community Center, the Friends of Lake Anne and the Northern Virginia Ukulele Society. Visit the website at <http://www.meetup.com/NoVA-Uke-Ensemble>.

— STEVE HIBBARD



Jill Pierce (front) performs the Otea Dance from Tahiti during the Ukulele Festival at Lake Anne Plaza in Reston.

Eliana Pangelinan and Jill Pierce of the Isa Pacifika Dancers (Traditional Hawaiian Dance Performance) during the Ukulele Festival at Lake Anne Plaza on Saturday, July 9. Sabia Isa is in the background. They are part of MSE Productions of Reston.



PHOTOS BY STEVE HIBBARD/THE CONNECTION