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# News

# School Board Receives New Transgender Regulations

# Discussion moves to a work session

By Tim Peterson
The Connection

riday afternoon, July 1, Fairfax County School Board members each received an email containing new operating regulations regarding transgender and gender nonconforming students.

The previous board voted on May 7, 2015, to add "gender identity" to the school system's nondiscrimination policy. They then hired a private consultant to help staff develop regulations for how that policy change would be formally enacted in schools day to day.

At the time, at-large Board member Ryan McElveen asserted that the policy change would effectively not change anything in the way transgender students and employees are treated from a school system standpoint. But the consultant would also review Fairfax County Public Schools practices as compared to best practices in other school systems and the formal guidelines would be reflective of that study as well.

**THE SIX TYPED PAGES** of guidelines begin with definitions the school system will use when referring to concepts including sex assigned at birth, transgender, transition and gender nonconformity.

They also call for the creation of support teams for students who identify themselves as transgender, transitioning or gender nonconforming, that can involve the parents or guardians, teachers, administrators, school psychologists or other staff members as appropriate.

The support team then develops a plan for how the student can feel most safe when using bathrooms or locker rooms, or participating in school activities and sports.

School Board Chairman Pat Hynes said the new guidelines are regulations as they now stand, not a draft.

"It's the board's role to review them, that's part of our job," Hynes said, "to make sure they comply with our policy."



Photo by Tim Peterson/The Connection

FCPS School Board in session.

When the policy change was passed more than a year ago, there was successful follow-on motion calling for the board to review the regulations, as Hynes said. What the motion didn't say was what form that review would take.

According to Hynes, it would be sufficient for members to simply read over the email and sign off. She called the regulations "well done" and "pretty comprehensive."

A second option is for the board to convene a work session and discuss in a more in-depth manner. There could also be a legal advisory meeting for addressing specific legal questions. In the area of transgender regulations, Hynes acknowledges laws are still in flux.

"In my opinion," she said, "this complies with our policy for nondiscrimination — the law, as the law now exists."

If the board members collectively agree the new regulations are not fully in line with the policy, they can direct FCPS Superintendent Karen Garza and staff to amend them

To decide the nature of the board's review, they initially scheduled a forum on July 14 at Luther Jackson Middle school, around their evening business meeting.

Then on July 12, FCPS spokesperson John Torre said Hynes decided there was sufficient support from other Board and community members to take the regulations to a work session and forego the forum.

Monday, July 18 is the next scheduled allday work session, beginning at 10 a.m. at FCPS headquarters on Gatehouse Road in

Merrifield.

Torre said it's possible the transgender regulations could be added to the agenda then, but wasn't able to confirm before print time

In an email, At-Large member Jeanette Hough said she's advocating for a more public conversation on the regulations in the form of a work session.

"Not only do I have a lot of questions about the regulations and on what basis they were created," Hough wrote, "but I am hearing daily from my constituents with these same questions. For starters, I think it is important that we honor the follow on motion from May 7, 2015 when members of the former board stated that changes would be reviewed in a public way."

Springfield District representative on the board Elizabeth Schultz is also critical, saying that the process of arriving at the regulations has been less transparent than the board promised last May.

"The race to embrace doesn't help any side," Schultz said. "There's been no presentation to the board about what we're doing well, best practices, what we're not doing well, recommendations that we change. There's nothing."

Schultz, Hough and Sully District member Tom Wilson submitted a series of questions regarding the pending regulations to staff prior to finished product being sent to board members.

"How do you fundamentally implement any of this policy?" Schultz said. "[The regulations are] extremely limited. They don't even begin to cover the length and breadth of what we've submitted."

**SCHULTZ CITED** the regulations not addressing transgender employee issues, how conscientious objector teachers would be dealt with, or whether medical professionals were involved in creating the document, adding their expertise on if the guidelines would be truly helpful.

"These are the nuances no one's thinking about," she said. "It requires really thoughtful discussion. To be authentic, you still have to have integration in the process, allow the process to work the way you told the people it was going to work."

Robert Rigby, a teacher at West Potomac High School and leader of the LGBT employees group for Fairfax County Public Schools called FCPS Pride, plans to attend the July 14 forum.

So far, Rigby, who has been advocating for LGBT nondiscrimination since 2000 is pleased with the regulations. He was pleasantly surprised, he said, by the inclusion of support teams and the definition for gender nonconformity.

"It doesn't put kids into boxes," he said, "say you have to be — you can be yourself. It accommodates and recognizes that."

Regarding the support teams, Rigby said Fairfax has been doing a version of that for a while. "It's a developed program," he said. Even if it hasn't been codified until now. "My colleagues who've worked on this say it's been a process — helping people out, making sure things work right. They're really pleased and impressed by how it's worked."

Rigby said a bigger challenge for LGBT students is still those who don't have support from their parents. His hope is with the new regulations and surrounding discussion and shared information, there will be more understanding.

"No one can make people support their kids," he said. "But you can educate the wider community so there's more of a chance."

FCPS has not posted the regulations online yet, however, Hynes has been sharing the document with anyone interested in reviewing them. Her contact information is pmhynes@fcps.edu.

# Park Discovery Trail Leads Children to Presidential History, Prizes

hich U.S. President made a daring escape from the enemy through Riverbend Park? What does the House at Hidden Pond Nature Center have in common with the White House? Which Commander-in-Chief saved Sully Historic Site from demolition? The answers to these questions and more can be found in this year's Fairfax County Park

Authority Discovery Trail Map – Presidential Edition.

Now in its third year, the free Discovery Trail Map summer fun activity encourages students age 17 and younger to explore 12 distinctive parks and explore their unique features and connections to U.S. Presidents or their administrations. Students who visit eight of the 12 featured sites will receive tickets to more park fun valued at

nearly \$90 and will be entered into a drawing for one of three bicycles and helmets donated by Spokes, Inc. through the Fairfax County Park Foundation.

Discovery Trail Maps will be available at any staffed Fairfax County park, RECenter, nature center, historic site and golf course (while supply lasts) and any Fairfax County Public Library (while supply lasts).

Instructions for participating in the activity are included on the map. The promotion runs through Monday, Sept. 5, 2016.

Parents/guardians of the bike winners will be notified by e-mail and/or phone. Bike winners will be publicly announced in September. For more information contact the Public Information Office at 703-324-8662.

# News

City of Fairfax Police responded to the incident, as demonstrators in the roadway were illegally obstructing the free passage of others, a city ordinance.



# Four Arrested at Natasha McKenna Protest Photos courtesy of Showing Up

Racial justice group calls for Sheriff Kincaid to fire deputies.

> BY TIM PETERSON The Connection

our demonstrators were arrested Monday morning at a protest outside the Fairfax Courthouse for the February 15 in-custody death of Natasha McKenna.

The protest organized by the Northern Virginia Chapter of the national organization Showing Up for Racial Justice had some 20 protesters.

It coincided with members from SURJ delivering a petition to Fairfax County Sheriff Stacey Kincaid demanding the termination of the deputies who handled McKenna's extraction from the jail, where she died during the process.

McKenna, who was 37 at the time of her death, was diagnosed with mental illness in her youth.

**AS DEPUTIES** attempted to prepare her for transport to the Alexandria jail, they forced her to the ground, then restrained her limbs in a chair and eventually covered her head with a spit hood. One deputy used a taser on McKenna four times over the course of the incident. McKenna lost consciousness and was transported to Inova Fairfax Hospital, where she later

Cat Clark of Alexandria, an activist and organizer with SURJ, said the petition was delivered, but not acknowledged by Kincaid's office.

When asked to respond to the demonstration and petition, Sheriff Kincaid released the statement: "Everyone has the right to protest lawfully and peacefully and also petition on issues that matter to them. I hope that regardless of where each of us stands on the issues of the day, we listen and learn from each other."

Because of how they viewed the petition's reception. Clark said the demonstrators decided to spread across Chain Bridge Road from the Courthouse to draw more attention.

"When a naked woman who is mentally ill is shackled to a chair, bag over face, basically tased to death and there are no repercussions of any kind," Clark the Sheriff's Office to determine whether policies had said, "people need to speak up, hold her name in the light, stand up for her.'

Commonwealth's Attorney Raymond Morrogh completed an investigation of the incident and concluded there were no grounds for criminal charges. The Sheriff's office has completed its own administrative investigation but has not said whether any of the deputies faced discipline.



Police warned the protesters they would be arrested if they didn't leave the street, spokesperson Sgt. Natalie Hinesley said.

Demonstrators chanted and held signs reading "Black Lives Matter," "Justice for Natasha McKenna" and "You promised you wouldn't kill me"-which McKenna can be heard saying on a video Kincaid released of McKenna's transport from the jail to the

City of Fairfax Police responded to the incident, as demonstrators in the roadway were illegally obstructing the free passage of others.

Police warned the protesters they would be arrested if they didn't leave the street, spokesperson Sgt. Natalie Hinesley said. All but four made their way to the sidewalk. Those that remained were arrested.

Hinesley said the four were taken before the a magistrate immediately and were subsequently released under their own recognizance.

A statement from SURJ said Brendan Orsinger, 34, was one of the four arrested for remaining in the street. "Our silence perpetuates violence," he said. "Too often we take our privilege and walk away from tough conversations. I don't want to be complicit in oppression anymore."

**THE JULY 11 PROTEST** represented one of seven SURJ chapters around the United States taking nonviolent actions calling for changes in policing on the

An administrative investigation took place within been upheld or violated and if any disciplinary action should occur. The Sheriff's office wouldn't comment on results of the administrative investigation, when asked whether any of the deputies had been disciplined in any way or whether any policies had been changed in response.

Kincaid suspended the use of tasers in jail after McKenna's death.



Del. Eileen Filler-Corn (D-41, Delegate Dave Albo (R-42) and AARP Virginia State Director Jim Dau about to cut the ribbon in front of AARP's new office.

### **AARP Campaign Office** Opens in Springfield

On Wednesday, July 6, delegates Eileen Filler-Corn (D-41) and Dave Albo (R-42) helped kick off the opening of the American Association of Retired Persons's "Take a Stand" Campaign Headquarters in Springfield. The campaign is an effort to make Social Security, which provides vital income to more than 1.4 million Virginians, stronger for future generations.

"Take a Stand," demands on behalf of all voters that presidential candidates take a stand on their plans to update Social Security. The campaign will spread its message through advertising, social media, grassroots outreach and publications. At the new campaign headquarters, AARP Virginia volunteers will be making calls to discuss with voters the need to update Social Security and encourage candidates to take a position on keeping this program solvent for future generations. Filler-Corn and Albo both participated in a ceremonial ribbon cutting in front of the office.

Filler-Corn and Albo, along with AARP Virginia's State Director Jim Dau spoke at the event. Filler-Corn said that Social Security must be strengthened for the future, pointing out that one in six Virginians receive a monthly check from the program. "Every American deserves a secure, healthy and dignified retirement," Filler-Corn said. "Social Security must be kept strong for seniors, people with disabilities, and future generations."

Dau told the crowd gathered at the ribbon-cutting of the Take a Stand Springfield office that Virginia voters – key in the upcoming presidential election want to hear the candidates talk more about Social Security on the campaign trail. "AARP Virginia and our more than million members here in the Commonwealth think doing nothing is not an option, and we're here to do something about it," he said.

President Franklin D. Roosevelt signed the Social Security Act into law in 1935. The program will celebrate 81 years of existence this August. "Social Security is the most successful anti-poverty program in American History. We must do all we can to protect it," said Filler-Corn.



Del. Filler-Corn speaking to the crowd.

# BULLETIN BOARD

Send notes to the Connection at connectionnewspapers.com/Calendar/ or call 703-778-9416. The deadline for submissions is the Friday prior to publication. Dated announcements should be submitted at least two weeks prior to the event.

### THURSDAY/JULY 14

**Traveling with Dementia**. 3 p.m. Insight Memory Care Center, 3953 Pender Drive, Suite 100, Fairfax. Learn some tips for travel when your loved one has dementia; keeping your loved one safe, maintaining a routine, and setting realistic expectations for everyone. 703-204-4664 to RSVP or visit InsightMCC.org for more information.

### WEDNESDAY/JULY 20

**COBRA/04 Industry Day**. 8 a.m.-4 p.m. 6550 Loisdale Road, Springfield. Military medical research conference on the upcoming DoD solicitation Omnibus 4 to acquire military medical research. Elements include medical simulation and information sciences, infectious diseases, military operational medicine, combat casualty care, and clinical and rehabilitative medicine. Advanced registration is available and recommended. Free. phil.borja@gmail.com. www.ee-volve.com.

Dementia Roadtrip. 1 p.m. Insight Memory Care Center, 3953 Pender Drive, Suite 100, Fairfax. Taboo topics of dementia care, including taking away the keys, sexuality, incontinence, and wandering. 703-204-4664 to RSVP or visit InsightMCC.org for more information.

### THURSDAY/JULY 21

Coffee and Conversation. 8:45-10 a.m. The Bistro at Courtyard Springfield, 6710 Commerce St., Springfield. Lake Accotink Master Plan. Landscape architect Gayle A. Hooper with the Park Authority will lead the discussion. For registration information, 703-866-3500.

### THURSDAY/JULY 28

Blood Drive. 9 a.m.-2 p.m. NVAR Blood Drive, 8407 Pennell St., Fairfax. Sign up by emailing gkruchko@nvar.com today. Go to www.nvar.com for more information. Questions call 703-207-3207.

### **ONGOING**

Burke Rotary Club Meeting. Tuesdays from 7:15-8:30 a.m. Anita's Restaurant, 9278 Old Keene Mill Road, Burke. Meetings with breakfast and program. www.burkerotary.org. **Burke Lake Seniors Golf League** seeks

members. Interested golfers are invited to join the Burke Lake Seniors Golf League. Must be 55 and older, enjoy playing golf, meeting new people and having an all—around good time. Reserved tee times on Tuesday and Thursday mornings at the Par 3 Burke Lake Golf Course on Ox Road. Annual dues for the season - April 1 through October 31 - are \$20 plus green fees. For more information, call Charlie Ryan 703-690-4227.

The Northern Virginia Long Term Care Ombudsman Program needs volunteer advocates for residents in nursing homes and assisted living facilities. Contact Lisa Callahan at 703-324-5861, TTY 711 or email Lisa.Callahan@fairfaxcounty.gov . Also visit www.fairfaxcounty.gov/dfs/olderadultservices/ ltcombudsman/.

Fairfax County needs volunteers to drive older adults to medical appointments and wellness programs. For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit www.fairfaxcounty.gov/olderadults and click on Volunteer Solutions.

Respite Care volunteers give family caregivers of a frail older adult a well-deserved break so they can go shopping, attend a doctor's appointment or just have coffee with a friend. Volunteers visit and oversee the safety of the older adult for a few hours each month. Support and training are provided. Contact 703-324-7577, TTY 711, or Kristin.Martin@fairfaxcounty.gov

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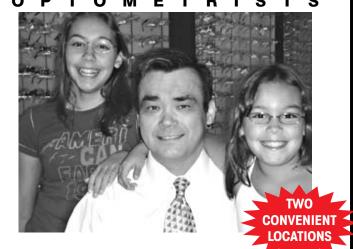
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# **OPINION**

# Be Part of Our Annual Community Guide

### Share tips in upcoming Newcomers and Community Guides.

he Connection's annual Newcomers and Community Guides will publish Aug. 24 with a deadline of

A bevy of interns, plus staff writers and editors, are preparing this year's 15 individual editions, but we need help from our readers.

We're hoping to share special places, activities, events, organizations and volunteer opportunities. What should someone new to your

not be missed? Organizations that do a great job? Places to volunteer? Tips for navigating your PTA or your school's front office? A great place to see the sunset? We'd love to have your photos to go along with your suggestions.

What are your favorite parks? Favorite historic sites?

What tips do you have for someone getting to know the community?

Faith organizations, nonprofit organizations, clubs, environmental groups, EDITORIAL advocacy groups, youth sports teams and others who offer events open to the public are invited to send a paragraph about the organization and how to get in-

We will publish a selection of local tips along

neighborhood know about? Events that should with a plethora of information useful to newcomers and long-time residents alike, including our award-winning Insiders Guide to the Parks, information on how to vote and more.

> See last year's community guides by going to www.connectionnewspapers.com/PDFs/ and scrolling down to Newcomers.

> Email tips and photos editors@connectionnewspapers.com or send as a letter to the editor via the website at http:/ /www.connectionnewspapers.com/contact/ letter/. Send in your Insider's Tips by Wednesday, Aug. 17.

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### LETTERS TO THE EDITOR

# School Board Politics and Transgender Policy

To the Editor:

The perception from many like me is that the Fairfax County School Board is hungry for national media attention as evidenced by their 2015 vote on the Gender Non-Conforming and Transgender Student Policy. The fact is the board has had a strong nondiscrimination policy for many years, its verbiage covered, race, gender, culture, etc. So why did the board take it upon itself to identify and present the transgender issue when only .3 percent (according to a Williams Survey) of the population identified with this issue on a national level? A question never really posed to the board.

The Fairfax County School Board has lost its focus of the real issues such as the delivery of education in a global environment, renovations of current facilities in a timely manner, partnering education opportunities with institutions of higher learning, expanding language programs to the elementary schools, etc. It is my understanding the gender issue became a topic of discussion due to the persistence of a few individuals who took it to an at large member and then later to the local Democratic party. However, board members are to be impartial of political party loyalties but let us not be naive, board votes are driven by party directives.

Our education board is broken if they are letting political parties determine Board topics and votes on matters of curriculum and other issues for the sake of gaining party votes during an election year. Let there be no misunderstanding, this is exactly what the transgender issue is all about, party votes and expanding a social agenda. It is doubtful parents and constituents know the board's vote in 2015 impacted the budget, student sports, the use of bathrooms, locker rooms, etc. Their seven-page policy is not meant for the occasional light reader.

The board has hit a sensitive nerve with their constituents and parents on this issue and now prefers to shy away from additional media controversy and discussion. In fact many parents are unaware the Transgender Policy is being brought forth again at a School Board Forum on July 14, which proves excellent planning on the board's part. The month of July is a wonderful time for controversial issues, the timing takes advantage that a large majority of parents and residents are gone on vacation; therefore it is easier to pass motions and generate policies. After such, the board will go into recess and all controversies will seem to be forgotten due to a lack of media attention. Thus there is little vocal objection from the public or notice.

Unfortunately for Elizabeth Schultz, FCPS Springfield District School Board representative, she has little hope in changing anything on this issue due to the board's political party influence and the timing of this issue. Her vote will continue to be a lonely vote. Common sense and true educational issues have been lost in Fairfax County.

### **Elizabeth Torpey Bradsher**

Fairfax Station

More Letters, Page 7

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# Summer Is Here: Time to Visit State Parks

BY SCOTT SUROVELL State Senator (D-36)

ighty years ago this month, Virginia created the first state park system in the United States. With 35 miles of Potomac River frontage in the 36th Senate district, our community is lucky to have access to many natural resources, including our state

Our state park system has its origins in the Great Depression. In 1933, President Franklin Delano Roosevelt's Civilian Conservation Corps built numerous park and recreational areas throughout the nation, as well as in Virginia. My grandfather grew up in Franklin County, Virginia, a county with no public high school so he had an eighth-grade education and when he turned 22 in 1933, no

He enrolled in the CCC and was directed to report to the Arlington County "countryside" (yes, countryside). Every day, he walked through farm fields to construct trails and plant trees on Analostan Island in the Potomac River, which had recently been renamed Teddy Roosevelt Island next to Rosslyn. The CCC also helped build the George Washington ners with these public lands. Memorial Parkway.

ergy, Virginia opened its first six state parks to the public on June 15, 1936 — Hungry Mother, Staunton River, Westmoreland,

Douthat, Fairy Stone and Seashore (now called First Land-

Eighty years later, Virginians have 38 state parks, and three of them are right here in the 36th District. Coupled with the National Park Service's George Washington Memorial Parkway, Pohick Bay Regional Park, Bureau of Land Management facilities (Meadowwood Recreation Area) on Mason Neck, three federal wildlife refuges along the Potomac River and Accotink Bay Wildlife Refuge on Fort Belvoir, 36th District residents have the best access to low-cost, outdoor activities and opportunities to enjoy nature.

In Fairfax County, the 1,825acre Mason Neck State Park opened in 1985 after local citizens, led by Mount Vernon area resident Liz Hartwell, galvanized support to fight development threats on the Mason Neck peninsula. The park has numerous river views, trails and picnic sites and is an excellent spot to view Potomac River wildlife.

Make sure you get outside and take advantage of some of these assets. As a taxpayer, you own them. To add more support, you can join one of our local "friends" groups that part-

Please contact me if you have Channeling FDR's CCC en- any questions or need any further information scott@scottsurovell.org. It is an honor to serve as your state senator.

Former Fairfax County School Board Member

# LETTERS

### Misinterpretation and Misdirection

To the Editor:

This is a response to Mr. Peter Storm's specious letter, ("What Was the Founding Fathers' Intent?" (Connection, July 6-12, 2016) and the broader leftist propensity toward historical misinterpretation and misdirection regarding the 2nd Amendment.

Mr. Storm applied a selective "Founding Fathers" taxonomy (limited to the 56 signers of the Declaration) to assert that it's not possible to determine the Founders' intent behind the 2nd Amendment because they

were "hardly involved" in authoring the Constitution, save the six men who signed both.

With this logic, readers are presumably supposed to feel compelled to foreswear an originalist hermeneutic and submit to the latest progressive assault on individual liberties.

Not so fast. This is a distinction without a difference.

Whether the authors and signers of the Constitution are binned as "Founders" or not has almost no bearing whatsoever on one's ability to discern their intent, or on their authority when it comes to interpreting what they wrote or agreed to. Besides, the more widely accepted taxonomy for the "Founding Fathers" is one that includes the delegates to the Constitutional Convention, a taxonomy to which our own National Archives subscribes.

And irrespective of how narrow or broad one's definition of "the Founding Fathers" is, the historical record is replete with compelling evidence that those men recognized and sought to protect an individual right to bear arms, as the Supreme Court reaffirmed most recently in Heller, and in so doing, serve as a check on the abuse of federal power.

So, when your readers hear things like Representative Connolly's call for reinstatement of the scary-looking (er...assault) weapons ban, they can easily consult any number of fellow Virginian Founders to see how contrary to their intent such proposals are: Thomas Jefferson and Richard Henry Lee (Declaration signers); or George Mason and James Madison (Convention delegates).

Progressives rely heavily on emotional appeals and logical misdirection to advance their anti-gun agenda, counting on the public to have forgotten their history. Your readers should not fall for it.

> Jonathan Clough Springfield



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HomeLifeStyle

Bright White

White kitchens are a trend with staying power.

> By Marilyn Campbell The Connection

he clean, crisp look of a white kitchen has staying power and versatility, according to the National Kitchen and Bath Association. The organization reports that white cabinetry is the top choice for 67 percent of its members. In fact, the percentage of homeowners requesting white kitchens has increased by 20 percent over the past two years.

The trend is also apparent locally, said designers. When a family of five returned to the Washington, D.C. area after spending 30 years in the U.S. Foreign Service, they settled into their home in Bethesda, a 1960 brick Dutch colonial that they purchased in 1986. They decided to give the home a makeover because, after being a rental for many years, it felt dated and dingy. The family felt that the kitchen was old, dark and closed-off from the living room. They needed a larger space to accommodate their family of five.

The homeowners knew they wanted the new kitchen space to be free flowing and light-filled. They also wanted to incorporate some of their existing furniture, such as an antique table and chairs.

Designed by Bruce Wentworth of Wentworth Inc., the new kitchen is sunny and spacious. It includes white cabinetry and an island with dark gray granite countertops. A large stainless sink, dishwasher, pull-out trash and bookcase for cookbooks make the island functional. Facing the dining room is a shallow cabinet with mullioned glass doors.

Granite tops the counters in the remainder of the kitchen and white cabinetry houses a sub-zero refrigerator, microwave drawer, small prep sink and a gas range with a stainless steel range hood. "Wall cabinets with clear glass mullioned cabinet doors [give] visual depth and make space feel larger," said Wentworth

When the owners of an Arlington home In this kitchen, designed by Wentworth Inc. a cabinet decided to update their dark and dated kitchen, they opened the space to the living and dining rooms and added natural light- and gave it an eclectic feel," said ing and white cabinetry. The result was a Underwood. room with a crisp and airy aesthetic. The new, open concept allows the homeowners to better interact with family and friends.

sentially closed off to the rest of the home," said April Case Underwood of Case Design/ Remodeling. "I think the grouping of materials the client selected with us are unique, defi-

terials used are Caesarstone countertops, a Design Build, Inc. The project included add- in the kitchen reflects off the crystal included a landscaped yard created for outmarble and granite backsplash and re- ing additional space to the back of the house stemware and refracts, causing both rooms door entertaining. claimed shelving, provided by homeowners, and removing a wall between the kitchen to glisten with radiant, natural light. which, "made the kitchen look more unique and the dining room.



A large picture window is the focal point of this white kitchen by Anthony Wilder Design Build, Inc.



with mullioned glass doors face the dining room.

"I think in general the perfect combination of the various materials, from smooth and glossy to rough and textured, is simple "Prior to the remodel, the kitchen was esbut interesting and shows beautifully," said

white kitchen in Falls Church. When the from both rooms," said St. Claire.

the kitchen and dining room, one challenge kitchen remained the same, the space, which was maintaining a distinction between the two spaces, which was important to the client," said St. Claire. "In order to create a cabinetry, a built-in pantry and a custom feeling of separation, while preserving the cherry wood island. "The white kitchen is A large picture window overlooking an sense of openness ... [we designed] a cus- classic and timeless," said Mann. "It can expansive backyard is the focal point of a tom glass cabinet piece, which is accessible work with most color accent palettes."

airy space.

nitely not cookie-cutter, and these make the homeowners decided to renovate and ex- The new unit gives the homeowners ex- kitchen was lightened, brightened and respace really interesting," Underwood said. pand the space, they enlisted the help of tra storage and a place to display their crysdesigned to give the home's owners a con-Among the fixtures, accessories and madesigner Keira St. Claire of Anthony Wilder tal. Sunlight from the new picture window nection to their natural surroundings, which

this kitchen, by Case Design Build, Inc. into a light and dark wood as part of a kitchen renovation "Although we opened up the wall between in Centreville. While the basic layout of the was designed by Allie Mann of Case Design Build, Inc., was brightened with white

Natural lighting and white cabinetry helped transform

A cramped and dark Potomac, Maryland,

The kitchen was designed by Jim Rill of White cabinetry was contrasted against Rill Architects who added a working island

A Potomac, Maryland, kitchen was lightened, brightened

gather and prepare meals. He described the new look as a, "simple, clean design with subtle elegance."

We added functional space with lots of windows and a place for everything, so kitchen could be spring, winter and fall.

around which the family can cleaned up and used as an entertaining area," Rill said.

The family wanted a white kitchen, he said, because it, "creates a great backdrop for art and accentuates the exterior colors of

and redesigned by Rill Architects to give the home's owners to a connection to their natural surroundings.





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8 \* Fairfax Station/Clifton/Lorton Connection \* July 14-20, 2016

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FAIRFAX STATION/CLIFTON/LORTON CONNECTION \* JULY 14-20, 2016 \* 9



We are proud to welcome Leonard "Len" Clark, Jr. to the Union commercial team. Len's focus will be expanding Union's commercial real estate portfolio in Northern Virginia, Maryland, and District of Columbia. In addition, he is responsible for developing and managing the new affordable housing and community development transactions in Northern Virginia.

Len offers over 35 years of commercial real estate lending experience, community development and affordable housing projects. His experience also includes expanding various commercial real estate portfolios in Virginia, District of Columbia and Maryland as well as wealth management in these locations.

When you're ready to put Union's commercial lending strength to work for your business, visit Len at Union's West Springfield location at 5803 Rolling Road or feel free to call him at 703-584-8576.





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# Be Part of The **Pet** Connection in July

Send Your Photos & Stories Now to editors@connectionnewspapers.com or complete our online form at connectionnewspapers.com/pets

Be sure to include your name, address and phone number, and identify all people and pets in photos. Submission deadline is July 20.

# Calendar

Send notes to the Connection at connectionnewspapers.com/Calendar/ or call 703-778-9416. The deadline is the Friday prior to the next paper's publication at noon. Dated announcements should be submitted at least two weeks prior to the event.

### **ONGOING**

**Evenings on the Ellipse**. 5:30-7 p.m. Thursdays through Aug. 25. Fairfax County Government Center, 12000 Government Center Parkway, Fairfax. Fun music and good company. Paradise Springs and The Winery at Bull Run will be offering complimentary tastings of their premium reds and whites. If it rains, concerts will be moved inside to the Government Center Forum. http:// www.fairfaxcounty.gov/parks/ performances/

Rock the Block! 6:30 p.m. Every fourth Friday through Oct. 28. Old Town Square, 3999 University Drive, Fairfax. Come any way you can walk, run, ride your bike or drive! You don't want to miss out on this brand new concert series! Food is available for sale. Bring chairs and or blankets to sit on. Kids – wear swim suits and bring towels. Enjoy the new spray pad. No Pets allowed except service animals, fairfaxya.gov.

Redder Blood. Fridays and Saturdays, 8 p.m. Sundays, 2 p.m. and 7 p.m. July 8-31. New School of Northern Virginia, 9431 Silver King Court, Fairfax, Virginia 22031. A premiere co-production between the Hub Theatre and the Jewish Community Center of Northern Virginia, written by Helen Parfumi. Follows character Sadie, a woman who hears the voice of God. \$20-\$30. www.jccnv.org. thehubtheatre.org. 703-537-3000.

The Farmer's Market at **Springfield Town Center**. 10 a.m.-2 p.m. Through November. Corner of Spring Mall and Loisdale roads, Springfield. Enjoy fresh baked goods, produce, vegetables & fruits, meats & cheeses, and a host of other vendors. springfieldtowncenter.com.

**Mestey Films Productions** presents: Live Onstage: The Wizard of Oz in Fairyland.  $\boldsymbol{1}$ p.m. Workhouse W-3 Theatre, 9518 Workhouse Way, Lorton. Every Saturday from July 2-30. Children's theatre production combining the stories of "The Wizard of Oz" with "Aladdin," "Alice in Wonderland" and "Snow White." \$14.50 adults, \$11.50 children 12 and under. www.workhousearts.org. 703-584-2900.

Plant Clinic. 9 a.m.-noon. Sundays till end of September. Lorton Farmers Market, 8990 Lorton Station Blvd., Lorton. Conducted by Master Gardeners. Answer gardening question, identify plants and insects, soil tests, etc. fairfaxgardening.org.



PHOTO COURTESY OF HUB THEATRE

Cast members of Hub Theatre's "Redder Blood": (from left) Dawn Ursula (as the Voice of God) and Jenna Sokolowski (as Sadie) will perform at the John Swaye Theatre in Fairfax, July 8-31.

### THURSDAY/JULY 14

Children's Concert. 6:30-9 p.m. City of Fairfax Veterans Amphitheater, 10455 Armstrong St., Fairfax. Join the City of Fairfax Band and Sandy Spring Bank for this annual Fairfax tradition. Free balloons and ice cream for the kids. Instrument petting zoo, followed by a concert of your favorite tunes. Free. fairfaxband.org. **Evenings on the Ellipse**. 5:30-7 p.m.

Fairfax County Government Center, 12000 Government Center Parkway, Fairfax. Doc Scantlin and his Imperial Palms Orchestra. Fun music and good company. Paradise Springs and The Winery at Bull Run will be offering complimentary tastings of their premium reds and whites. If it rains concerts will be moved inside to the Government Center Forum. http:// www.fairfaxcounty.gov/parks/ performances/.

### THURSDAY/JULY 15

Summer Concert Series. 7:30-8:30 p.m. Lake Accotink Park, 7500 Accotink Park Road, Springfield. Featuring Billy Coulter. Bring your family and friends, and a picnic dinner. http:// www.fairfaxcounty.gov/parks/ performances/braddocknights.htm.

Get Pop Cultured - Star Wars. 7 p.m. Barnes and Noble Fairfax, 12193 Fair Lakes Promenade Drive, Fairfax. Calling fans of Wookiees, Stormtroopers and Jedi Knights! All ages are welcome for a special offer, trivia, bingo, giveaways, cosplay and a learn-to-play Star Wars X-Wing Game event. 703-278-8527.

### SATURDAY/JULY 16

Goodbyes Book Release. 5 p.m. The Old Fire Station No. 3, 3988 University Drive, Fairfax. Rock and roll, red carpet celebration for Fairfax City author Leslie Welch's debut

novel "The Goodbyes." www.lesliewelch.com.

**Ballroom Social Dance.** 8-10:30 p.m. W-16 McGuireWoods Gallery, 9518 Workhouse Way, Lorton. Features dancing, complimentary refreshments and cash bar. Professional ballroom instructors will lead the event. Arrive early for a 30minute mini-lesson. Third Saturday of every month. All skill levels welcome. \$10. www.workhousearts.org. 703-584-2900.

**Wilderness Survival Skills.** 9 a.m. Burke Lake Park, 7315 Ox Road, Fairfax Station. Survival class for busy people preparing their next outdoor adventure. This fast-paced session covers essential survival skills for day hiking, backpacking, camping, hunting or fishing in the backcountry. Topics include survival preparedness, fire making, rescue signaling, shelter building, foraging for food, collecting and purifying water, finding time and directions, making natural cordage and preparing the ultimate survival kit. Bring snacks and water. Ages 13-Adult. 4 hours. \$48 in-county, \$63 out of county. http:// parktakes.fairfaxcounty.gov/.

Get Pop Cultured - Pokemon. 4 p.m. Barnes and Noble Fairfax, 12193 Fair Lakes Promenade Drive, Fairfax. Learn how to become a Pokémon Champion, take a photo with a Pikachu and Charizard standee, enjoy a special offer and more as we celebrate 20 years of Pokémon. 703-

**Get Pop Cultured** — **Manga**. 7 p.m. Barnes and Noble Fairfax, 12193 Fair Lakes Promenade Drive, Fairfax. Celebrate manga with drawing and coloring activities from renowned manga artist Camilla d'Errico. Enjoy a special offer on manga, activities, cosplay and giveaways. 703-278-

SEE CALENDAR, PAGE 11

# SPECIAL CONNECTIONS CALENDAR

Advertising Deadlines are the previous Thursday unless noted.

7/27/2016......Connection Families: Our Pets

### **AUGUST**

8/10/2016......HomeLifeStyle 8/17/2016...A+ Camps & Schools - Back to School -**Private Schools** 

8/24/2016...Newcomers & Community Guide Pullout

8/31/2016.....Connection Families: Enrichment, Care & Back to School

### **SEPTEMBER**

Labor Day is September 5

.....Wellbeing 9/7/2016..... 9/14/2016.....HomeLifeStyle Pullout – Real

**Estate & New Homes** 9/21/2016......A+ Camps & Schools Back to School, **Open Houses** 

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# Calendar

From Page 10

### SUNDAY/JULY 17

Sherry Meeks Author Reading. 2-4 p.m. Barnes and Noble, 6646 Loisdale Road, Springfield. 703-971-5383

NTRK Scale Model Train Show. 1-4 p.m. Fairfax Station Railroad Museum, 11200 Fairfax Station Road, Fairfax Station. NorthernVirginia NTRAK members will hold a N gauge model train show. Free-\$4. 703-425-9225.

### WEDNESDAY/JULY 20

Summer Concert Series. 7:30-8:30 p.m. Lee District Park, 6601 Telegraph Road, Franconia. Featuring East of Monroe. Bring your family, friends and a picnic dinner. http://www.fairfaxcounty.gov/parks/performances/lee-distrctnights.htm.

Look up to the Stars. 2:30-3:30 p.m.
Burke Centre Library, 5935 Freds
Oak Road, Burke. Explore the
universe, stars and other celestial
wonders. Presented by astronomer
and former NASA consultant Kevin
Manning. Cosponsored by the
Friends of the George Mason
Regional Library. Age 6-12. 703-2491520

Reptile Survey. 7 p.m. Burke Lake
Park, 7315 Ox Road, Fairfax Station.
Assist a naturalist with a reptile
survey. Learn the habits and habitats
of the aggressive but misunderstood
water snake as we search for them
and document their size, gender and
location. Wear shoes that can get
wet. Ages 8-Adult. Children must be
accompanied by an adult registered
in the program. 1 hour. \$6 in-county,

\$8 out of county. http://parktakes.fairfaxcounty.gov/.

### THURSDAY/JULY 21

Lunch N' Life. Noon-2 p.m. Burke Presbyterian Church, 5690 Oak Leather Drive, Burke. Features the Capital Swing Quartet, a woman's a cappella group. For reservations, call Faye Quesenberry at 703-620-0161, by July 15. \$10.00; checks payable to SCFB. If transportation is needed, call the SCFB office 703-323-4788. scfbva.org.

Amphibians After Dark. 7 p.m.
Burke Lake Park, 7315 Ox Road,
Fairfax Station. Assist park
naturalists with a calling amphibian
survey. Learn how to identify frogs
and toads by their calls as we explore
pools and ponds. Ages 8-Adult.
Children must be accompanied by an
adult registered in the program. 1
hours. \$6 in-county, \$8 out of
county. http://

parktakes.fairfaxcounty.gov/.

Evenings on the Ellipse. 5:30-7 p.m.
Fairfax County Government Center,
12000 Government Center Parkway,
Fairfax. Incendio (Latin). Fun music
and good company. Paradise Springs
and The Winery at Bull Run will be
offering complimentary tastings of
their premium reds and whites. If it
rains, concerts will be moved inside
to the Government Center Forum.
http://www.fairfaxcounty.gov/
parks/performances/

Get Pop Cultured — Comic Convention Collectibles on Sale. 9 a.m. Barnes and Noble Fairfax, 12193 Fair Lakes Promenade Drive, Fairfax. Purchase collectibles from Funko, Diamond and more. Limit 2 per customer, while supplies last. 703-278-8527.

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### FAITH NOTES

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Harvester Presbyterian Church, 7800 Rolling Road, Springfield, will hold Cave Quest Summer Bible Camp on July 18-22, 9:00 a.m.-Noon. The camp is for rising first-graders through rising sixth-graders. To register, go to www.harvesterpca.org. At the bottom of "Upcoming Events" click on "Register Here". There is no charge. For more information, call 703-455-7800 or email office@harvesterpca.org.

Grace Presbyterian Church in Springfield, 7434 Bath St., is hosting a Camp Hanover Day Camp July 11-15 from 9 a.m.-3 p.m. Children who have completed kindergarten to sixth grade are invited to attend. To register, or for additional registration, visit www.camphanover.org/grace-day-

Jubilee Christian Center of Fairfax is restarting its "Living Free" support groups for the Spring on Wednesdays, starting on Mar. 30, 7:15 p.m. The support groups are free, and will cover "Stepping into Freedom," "Concerned Persons Group" (for family and friends of addicts), "Understanding and Overcoming Depression," "The Image of God in You," and "Handling Loss and Grief." There will also be support groups meeting on Sundays, 10:10 a.m. 4650 Shirley Gate Road, Fairfax. For information or to register, call 703)-383-1170, email livingfree@jccag.org or seewww.jccag.org.

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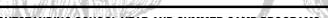
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From left, Jasmine Hellmer, Sam Pomajevich, James Jones and Lane Stone from the Burke site of Nation's Capital Swim Club competed in the 2016 USA Swimming Olympic Trials held in Omaha.

# All Out for Omaha

By Tim Peterson
The Connection

:01.19. For the last year, Oakton resident Jasmine Hellmer has gone to bed looking up at "1:01.19" written on a Post-It note stuck to her ceiling. That time represented the rising Flint Hill School junior's greatest goal to date: the time standard to qualify for Olympic Trials in the 100 butterfly.

Now 16, Hellmer began swimming seven years ago. Though she said she "tries to have a balance" in her life, she's progressed in the sport to a high level of commitment in the service of her goals. Hellmer's group trains at the Burke Swim and Racquet Club eight to nine times per week in the water, plus a handful of on-land workouts for additional strength and flexibility work.

The facility is one of more than a dozen sites for the Nation's Capital Swim Club, of which Olympic champion Katie Ledecky is one of the more decorated athletes.

"Social life is obviously difficult," Hellmer said. "I always have to say 'I have swim practice."

But in March at a National Club Swimming Association championship meet, the young swimmer's dedication and specific focus on the 100 fly were rewarded. She got the cut.

Hellmer was one of four swimmers from the same group, coached by Fairfax Station resident Pete Morgan, to compete in USA Swimming's Olympic Trials meet. The weeklong event took place in Omaha the last week in June.

IT WAS THE FIRST trials experience for her teammates, as well, who included Burke resident and recent Robinson Secondary School graduate James Jones, Springfield resident and recent West Springfield High School graduate Lane Stone and Stonewall Jackson rising junior Sam Pomajevich, who lives in Manassas.

Overall, Nation's Capital fielded a team of 25 at the trials, the most qualifiers of any club in the country.

And if making the qualifying times wasn't

difficult enough, in order to actually make the team, swimmers must emerge as one of the top two finishers in each event out of a field of between 150 and 180.

"From top to bottom it's the fastest meet in the world every four years," said Coach Pete Morgan. "The depth better than you see in the Olympics. I'm very proud — as a country, what goes on in the process."

Pomajevich advanced the furthest of the foursome from Burke, placing 22nd in the 200 butterfly. In the process, he was chosen to be part of the National Junior team and compete in August at the Junior Pan Pacific Championships in Hawaii.

"I'm pretty happy with how I swam," he said. "And I have time to improve for the end of the season."

Morgan said for each of his swimmers, they talked prior to the meet about maximizing their experience, understanding it was highly unlikely they would make the National team in their rookie meet.

"It's no easy thing," Morgan said. "What's their reality? For most, it's a timed final experience."

Hellmer didn't go a personal best time in her race.

But her coach was quick to remind her, "OK, you got here," she remembers Morgan saying. "We talked about the whole, pinpointed what I did wrong. Then he said, 'This is where you learn, where you get to watch."

Aside from their own races, the athletes were able to spend time warming up and down around stars in their sport, such as Ledecky, as well as living legends including Michael Phelps.

Pomajevich said the bigger names mostly kept to themselves. He said he didn't have any starstruck moments either, keeping the mindset that they were his competition.

**AT ONE POINT** Hellmer found herself in the same recovery pool lane as Phelps himself.

"Oh my God don't get in this lane," she remembers thinking. "I just stopped at the wall and let him pass. It was really cool. I got to see how he trained, how he got ready



Photos by Tim Peterson/The Connection

Head Coach Pete Morgan (left) of Fairfax Station leads a practice at the Burke Swim and Racquet Club.

# Four from Burke club compete at Olympic Trials.

for his races."

James Jones, a standout on the reigning Virginia state champion Robinson men's swim and dive team, competed in the 50 freestyle and raced a time trial 100 freestyle, effectively a competition warm-up.

One highlight he said was swimming in the same preliminary heat as eventual Olympics qualifier Anthony Ervin.

Though making the meet was a huge milestone towards each of the foursome's ultimate goal of making the Olympic team, they also felt tuned in to the energy of so many others fulfilling their dreams at the same time.

"It was awesome to watch," Jones said.

"Achieving everything they've been working for."

The arena in Omaha seated around 14,000 spectators for the advanced rounds of the meet.

"Once the stands were filled, it was even more amazing," Heller said, "and even more nerve-wracking. The arena was full of emotions, tears of joy for those having reached their goals and achieved their dreams. And tears of sadness if you came in third — they were really devastated."

In four years, each of the swimmers from Burke expects to return to trials, facing potentially devastating near-misses, or tears of joy.



Photo contributed

### Girls Soccer Team Champions Heads to National Championship

Braddock Road Youth Club, Under 14 Girls, U.S. Youth Soccer Region I Champions head to the U.S. Youth Soccer National Championship in Frisco, Texas, July 25-31, 2016. Back row: John (JK) Kenny, R. McCarthy, A. Taylor, L. Rabinowitch, L. Teuschl, M. Kenefick, L. Waniel, J. Steele, J. Konte, J. Turner, Tyler Mischalow. Front row: A. Nagai, T. Bui, M Johnstone, G. Lemley, R. Melendez, H. Ko, R. Castro, V. Weber



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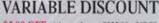
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NOTICE OF SUBSTITUTE TRUSTEES' SALE OF PROPERTY OWNED BY HUNTER MILL WEST,

LOCATED AT

10736 SUNSET HILLS ROAD, RESTON, VIRGINIA

SALE TO BE HELD AT THE FAIRFAX COUNTY CIRCUIT

July 22, 2016, AT 9:00 A.M.

In execution of a certain Credit Line Deed of Trust and Security grantor's tax and all state and county recordation fees, clerk's Agreement dated November 19, 2008, and recorded Novem-filling fees, congestion relief fees and transfer fees and taxes), ber 20, 2008 in Deed Book 20183 at Page 0376 among the auctioneer's fees and/or bid premiums, and reasonable ber 20, 2008 in Deed Book 20183 at Page 03/6 among the auctioneer's fees and/or bid premiums, and reasonable land records of Fairfax County, Virginia (the "Deed of Trust"), attorneys' fees and disbursements incurred in the preparation made by HUNTER MILL WEST, L.C., a Virginia limited liability company, now securing CATJEN LLC, a Virginia limited liability company (the "Noteholder"), default having occurred in the payment of the debt secured thereby, and being instructed to the payment of the debt secured thereby, and being instructed to the Purchaser shall be required to sign an agreement at settlement waiving any cause of action Purchaser may have will offer for sale the property described below at public auction against the Substitute Trustees, and/or the Beneficiary for any by the main entrance to the Fairfax County Circuit Court, condition with respect to the Property that may not be in comlocated at 4110 Chain Bridge Rd, Fairfax, VA 22030 on July pliance with any federal, state or local law, regulation or ruling including, without limitation, any law, regulation or ruling relating to environmental contamination or hazardous

The real property encumbered by the Deed of Trust that will be wastes. offered for sale by the Substitute Trustees is commonly known standing as 10736 Sunset Hills Road (Tax Identification Number: 0183- should provided in the control of the contr 02-0004) located in Reston, Fairfax County, Virginia, as more serve as the overwhelming primary factor in any equitable particularly described in the Deed of Trust, and all improvements, fixtures, easements and appurtenances thereto (the "Property").

TERMS OF SALE

ALL CASH. The Property will be offered for sale "AS IS, WHERE IS" and will be conveyed by Substitute Trustees' Deed (the "Substitute Trustees' Deed") subject to all encumbrances, rights, reservations, conveyances, conditions, easements restrictions, and all recorded and unrecorded liens, if any having priority over and being superior to the Deed of Trust, as they may lawfully affect the Property.

The Substitute Trustees and the Beneficiary disclaim all warranties of any kind, either express or implied for the Property, including without limitation, any warranty relating to the zoning, condition of the soil, extent of construction, materials, habitablity, environmental condition, compliance with applicable laws, fitness for a particular purpose and merchantability. The risk of loss or damage to the Property shall be borne by the successful bidder from and after the date and time of the sale Obtaining possession of the Property shall be the sole responsibility of the successful bidder (the "Purchaser"

A bidder's deposit of \$150,000.00 (the "Deposit") by certified or /s/ Henry F. Brandenstein, Jr., Substitute Trustee cashier's check shall be required by the Substitute Trustees for such bid to be accepted. The Substitute Trustees reserve the FOR INFORMATION CONTACT: requirement of the Deposit. Immediately after the sale, the successful bidder shall execute and deliver a memorandum of sale 8010 Towers Crescent Drive, Suite 300 Tysons Corner, Virginia 22182 available for inspection immediately prior to the sale, and shall (703) 760-1600 deliver to the Substitute Trustees the Deposit and the memo- 11700929-v1

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randum of sale. The balance of the purchase price shall be paid by the Purchaser. Settlement shall occur within thirty (30) days after the sale date, TIME BEING OF THE ESSENCE with regard to the Purchaser's obligation

Settlement shall take place at the offices of Venable LLP, 8010 Towers Crescent Drive, Suite 300, Tysons Corner, Virginia 22182 or other mutually agreed location. Purchaser shall also pay all past due real estate taxes, rollback taxes, water rents, water permit renewal fees (if any) or other municipal liens, charges and assessments, together with penalties and interest due thereon. The Purchaser shall also pay all settle-ment fees, title examination charges, title charges and title insurance premiums, all recording costs (including the state

wastes. Such agreement shall also provide that if notwith-standing such agreement, a court of competent jurisdiction should permit such a claim to be made, such agreement shall

apportionment of response costs or other liability. Nothing herein shall release, waive or preclude any claims the Purchaser may have against any person in possession or control

If any Purchaser fails for any reason to complete settlement as provided above, the Deposit shall be forfeited and applied to the costs of the sale, including Trustees' fees, and the balance, if any, shall be delivered to the Beneficiary to be applied by the Beneficiary against the indebtedness secured by and other amounts due under the Deed of Trust in accordance with amounts due under the Deed of Trust in accordance with

the Deed of Trust or applicable law or otherwise as the Beneficiary shall elect. There shall be no refunds. Such forfeiture shall not limit any rights or remedies of the Substitute Trustees or the Beneficiary with respect to any such default. If the Property is resold, such re-sale shall be at the risk and the cost of the defaulting bidder, and the defaulting bidder shall be liable for any deficiency between its bid and the

naure ror any dericency between its bid and the successful bid at the re-sale as well as the costs of conducting such re-sale. Immediately upon conveyance by the Substitute Trustees of the Property, all duties, liabilities and obligations of the Substitute Trustees, if any, with respect to the Property so conveyed shall be extinguished, except as otherwise provided by applicable law.

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### **LEGAL NOTICE**

According to the Lease by and between Michelle Urrutia aka Shelly Urrutia (of unit 1047) and TKG-StorageMart and its related parties, assigns and affiliates in order to perfect the Lien on the goods contained in their storage unit, the manager has cut the lock on their unit and upon cursory inspection the unit was found to contain: furniture, clothes, tubs, christmas decor boxes, ect. Items will be sold or otherwise disposed of on Fri-day July 22, 2016 @ 12:00pm at 11325 Lee Hwy Fairfax VA 22030 to satisfy owner's lien in accordance with state statutes.

According to the Lease by and between Terrance Pinner (of unit 4147) and TKG-StorageMart and its related parties, assigns and affiliates in order to perfect the Lien on the goods contained in their storage unit, the manager has cut the lock on their unit and upon cursory inspection the unit was found to contain: bags, clothes, shoes, ect. Items will be sold or other wise disposed of on Friday July 22, 2016 @ 12:00pm at 11325 Lee Hwy Fairfax VA 22030 to satisfy owner's lien in accordance with state statutes.

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# PEOPLE



Photo courtesy of Jordan Wolfe

From left: retired U.S. Air Force Col. James Puhek, daughter-in-law Betsey Blair and her husband Danny Puhek, Hannah, Kevin and Nicole Puhek, Jamie Small, Principal Melaney Mackin, Jeff Puhek and his mother, retired Air Force Maj. Linda Puhek, stands in front of Silverbrook Elementary School June 16 after the twins' promotion ceremony. Hannah received a President's Award for Educational Excellence and Nicole earned recognition for community service.



Photo by Marti Moore/The Connection

From left: Silverbrook Elementary School principal Melaney Mackin celebrates the achievement of her recent graduates Hannah and Nicole Puhek — and their mother, Linda — for setting the longest enrollment record at the school where the twins, and their four older brothers and sister have attended since 1991.

# Family Graduates from Silverbrook

Puhek family of Fairfax Station ends 25-year run at Silverbrook Elementary.

By Marti Moore
The Connection

airfax Station sisters Hannah and Nicole Puhek are a couple of tweens looking forward to their middle school career and teenage years with little thought to how their June 16 promotion helped their family set a school record for the longest enrollment period of 25 years straight.

"This is the first time I have known a family consistently at one time for so long," said Silverbrook Elementary School principal Melaney Mackin.

Even more unusual is the Puhek parents moved to the Barrington neighborhood 25 years ago as active duty military officers, yet managed to stay in one place during their Air Force careers and beyond.

It was 1991 when their oldest son, Danny — now age 30 — began attending Silverbrook Elementary School at 9350 Crosspointe Drive in Fairfax Station. He graduated in 1998 and was followed by:

- ❖ Jamie, 27 who works in private health care in California.
- ❖ Jeff, 21 who is in his third year at the U.S. Air Force Academy.
- ❖ Kevin, 18 who graduated last month from South County High School then left home for Colorado Springs, where he follows in the footsteps of his father and brothers for Basic Cadet training at the academy.
- ❖ Twin sisters Hannah and Nicole, 12.

"Wonderful family" is how long-time instructional assistant Suzanne Frederick describes the Puheks.

"I remember all these kids coming through there." She said the children were raised well and have great manners.



Retired U.S. Air Force Col. James Puhek of Fairfax Station earns the nickname "Rocket Man" as he talks about his work on space satellites to a sixth-grade class June 15 at Silverbrook Elementary School, where his six children set an enrollment record of 25 consecutive years.

Frederick, too, sets another school record for the longest career span since Silverbrook opened its doors in 1988.

Although they no longer attend school, Danny and Jamie were given an assignment to recall what Silverbrook contributed to their academic careers and life in general.

In his essay, Danny — a U.S. Air Force captain — recalls having "phenomenal teachers" whose names he remembers because they took an active role in the lives of their students.

"The military is all about creating high

performing teams to accomplish your mission and we form our teams by understanding each other's strengths and weaknesses. I attribute the understanding of selflessness and teamwork to my days at Silverbrook."

His younger sister, Jamie, noted her teachers and friends at Silverbrook "have left an everlasting mark on my life."

Principal Mackin also is impressed by the involvement of parents Linda and James Puhek. She credits Linda, a retired Air Force major, for taking care of the landscaping around the school.

"This is the first time I have known a family consistently at one time for so long."

Silverbrook Elementary principal Melaney Mackin

"She did this out of the goodness of her heart," Mackin believes. Also, Kevin built a butterfly garden in the back of the school for his Eagle Scout service project and earned the highest rank for the Boy Scouts of America.

James, a retired Air Force colonel, recently spoke to a sixth-grade class about his work on space satellites for the military and NASA.

Hannah, 12, said she will miss her teachers the most — especially fifthgrade teacher Mr. Johnson. She plans to apply the study skills she learned at Silverbrook in the seventh grade at South County Middle School.

Nicole, 12, states she will miss the Silverbrook environment and her fifth-grade teacher Mrs. Takacs. Her favorite subjects were math and language arts. She appreciates learning about citizenship the most.

"It highlights the strong relationship our school has with the community," Mackin claims.

It was the school community that rallied around Linda Sept. 11 as she waited for word if her husband survived the terrorist attack at his workplace: the Pentagon. School staff—especially Gail Petro, who taught the four oldest Puhek children—called to make sure Jeff didn't arrive home to a tragedy.

"It's the sense of family and caring about people," that has made a lasting impression for Linda.