

The Potomac is very calm in the Seneca Park area and many patrons of the park come because of it.

School Board Elects New Chair, Vice Chair News, Page 7

The Great Falls Historical Society Enjoys the Spirit of 'Summer'

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The Old Brogue is located at the corner of Georgetown Pike and Walker Rd. in Great Falls. Call (703) 759-3309 to reserve your table for either the 5:30 or 7:30 seatings. (Bob and his Co-Sponsors will each make a 10% matching donation of your dinner tab!)

**Bob Nelson** Realtor, Keller Williams Realty A Lifetime of Service to Community & Country Office: (703) 636-7300 Cell: (703) 999-5812 Bob@GreatFallsTeam.com www.GreatFallsTeam.com



# 'Your Time is Running Out'

Citizens association calls for members to give feedback to Planning Commission and Board of Supervisors on three land use cases.

By Ken Moore The Connection

ow is the time to get involved.
"Anyone who wants to express an opinion on this property and hasn't done so yet, your time is running out," said Bill Canis, Great Falls Citizens Association president.

The application to develop 51.97 acres of Brooks Farm into 19 homes is scheduled for a public hearing to be heard by the Board of Supervisors on Tuesday, July 26. The Planning Commission earlier this month recommended approval of the application.

"We wanted the best stormwater management possible," said Canis.

"We don't want to get five years down the road seeing Walker Lake all silted up," he said. "We have to get it right folks. Stormwater is really important on this property."

GFCA continues to oppose the redevelopment proposal, despite many efforts Basheer/Edgemoor-Brooks has taken to respond to community feedback. The developer has made 12 changes to the original application because of community advocacy, said Canis.

Great Falls, because of its location and environmental assets, like Potomac, Maryland, has a responsibility not only to the community, to the county, but also to the Potomac River watershed area and the Chesapeake Bay, and to protect the quality of the region's drinking water.

"I do want to commend this community," said Canis, "because in evaluating this property, thousands of hours of volunteer time



Bill Canis, president of Great Falls Citizens Association, urged the 50 people who attended a Great Falls Citizens Association Town Hall meeting Monday, July 18 to get involved on three land use cases before the Planning Commission and Board of Supervisors. He told membership that GFCA has initiated a stormwater management task force.

has gone into this. No one has paid for that."

"I'm very proud to think that we have citizens in this town who say, 'You know, I think we can do better than what's proposed.' That's why we have had 12 proposals. Think if the first proposal was approved without that feedback," Canis said.

Canis announced to the membership that GFCA has formed a stormwater task force. "The county has not always been astute enough on governing stormwater. That's why we are forming a stormwater task force," within GFCA's environment committee.

He encouraged membership to get involved.

GFCA held a Town Meeting Monday, July 18 to give updates on three major land use cases before the Planning Commission and Board of Supervisors.

More than 50 people attended the meeting, which lasted more than 150 minutes, almost an hour after the Great Falls Library

closing time.

"These development plans are placed on a shelf in the library," said Canis.

"Anytime there is a change, the developer is asked to update it," he said. "All of you in this room can be well-informed."

**THE PLANNING COMMISSION** is also scheduled to hear the case involving Hill Nursery on July 21.

GFCA member Sam Cappiello told members of the GFCA that he has hired his own private arborist, at his cost, to conduct a study of the trees he believes will be removed by the Gulick Group application.

Oaks and hickory trees are part of the property, said Dranesville Tree Commissioner Bob Vickers.

"They will be clear cutting about seven acres," said Vickers.

Cappiello told GFCA's membership that he asked Dranesville Planning Commissioner John Ulfelder, a Great Falls resident, if the Planning Commission vote can be delayed until he has time to give the county his findings.

GFCA members asked if they could support him. GFCA officials encouraged members to give the Planning Commission and Board of Supervisors their feedback.

Cappiello and his wife Sandy Cappiello and GFCA member Arthur Kingdom and Eric Knudsen did testify before the commission to describe sunlight shining through hundreds of trees on Challedon Drive, and the birds singing at sunrise.

"I hope members of this commission have had a chance to visit the forest in question," said Kingdom.

"It is idyllic," he told the Fairfax County Planning Board Commission.

The Gulick Group applied to rezone the 11-acre property from R-A to R-1 in order to permit development of a 10-lot cluster single family subdivision at a density of 0.91 dwelling units per acre. The area is currently undeveloped, forested, 11-acre parcel that is composed of moderate slopes that steepen towards the Piney Run floodplain.

Fairfax County Planning staff have already recommended approval of the redevelopment.

Dranesville Planning Commissioner John Ulfelder deferred the decision to July 21 to give Great Falls Citizens Association and Gulick Group an opportunity to further finetune details of the potential development and to keep the public record open for additional feedback.

"That's why we started the stormwater management task force, guys," said Knudsen. "We've got to figure this out. We need dedicated people to join this organization and our storm water management task force."

**A CVS PHARMACY** and drive-through at the confluence of Route 7, Great Seneca, and Georgetown Pike has also been proposed.

The Planning Commission has currently scheduled a public hearing in that case for Oct. 29.

"I urge everybody to come to the [GFCA] Traffic Committee meeting in September," said Knudsen.

— Week in Great Falls -

### Great Falls Senior Center Celebrates National Park Service 100th Anniversary

The Great Falls Senior Center event for Aug. 2 is to honor and celebrate the National Park Service's 100th anniversary and the Great Falls Park's 50th Anniversary.

The Park Service was created with the mission of protecting and preserving some of the most awe-inspiring places in the country.

Great Falls Park was established in 1966 and is situated on 800 acres along the banks of the Potomac in northern Fairfax County.

The Great Falls of the Potomac River are near the northern boundary of the park, as are the remains of the Patowmack Canal, the first canal in the United States that used locks to raise and lower boats.

The Aug. 2 event will be held at The Grange, 9818 Georgetown Pike, Great Falls,

11 a.m.-1:30 p.m. and includes lunch. The event sponsor is John Nugent and Sons. Reservations are a must. Contact Polly Fitzgerald at pollyfitz1@verizon.net or call 703-759-4345.

# Del. Murphy Recognized for Commitment to Environment

The Sierra Club Virginia Chapter recognized Del. Kathleen Murphy (D-34) with a 100 percent rating for her 2016 voting

record. Del. Murphy is one of only 24 delegates to have scored a perfect rating. The annual Virginia General Assembly Climate and Energy Scorecard grades the Commonwealth's state-level elected officials on their votes during the 2016 General Assembly Session on legislation that will have a direct impact on Virginia's energy policy and strategy to fight climate change.

To view the Scorecard online, visit the Sierra Club Virginia Chapter's website at www.sierraclub.org/virginia. You can view Delegate Murphy's legislation at http://lis.virginia.gov.

### The Great Falls Historical Society Enjoys the Spirit of 'Summer'

By Kathleen Murphy, President Great Falls Historical Society

t was such a delight for GFHS to participate in Celebrate Great Falls' Fourth of July Parade. We were hoping that our entry into the parade would include a historic car or buggy, but things do not always turn out as planned.

We are so pleased that Caroline Ralston and Alex Brudno showed up, (two University of Mary Washington history majors from Great Falls) ready to march with our historic sign (that we used to use when the Grange was available for community use a number of years ago) - and were willing to march in the parade on

### The Local History Trivia Competition

Back on the Village Green, Greg Haymans and Nancy Christy were all set to lead people through the



The Great Falls Historical Society participated in Celebrate Great Falls' Fourth of July Parade: Caroline Ralston and Alex Brudno, University of Mary Washington history majors from Great Falls, GFHS historic sign they used when the Grange was available for community use a number of years ago.

Great Falls Trivia Competition.

year: Adults could win a \$50 gift certificate to The Old Brogue or Katie's Coffee, thanks to their generosity. Participants under 18 years could win a \$50 gift certificate to EB Games.

Many people played the game The prizes were really great this and all semi-finalists turned up to participate in the finals.

Roya Lahmiri, sister of Parsa Lahmiri who won the competition last year, won the final competition and received her prize from Greg Haymans.



Roya Lahmiri, sister of Parsa Lahmiri who won the competition last year, won the Local History Trivia competition and received her prize from Greg Haymans.

### The GFHS Election

GFHS members assembled on June 15 to elect the new Board of Directors for the 2016-2017 Program Year. The results are as follows: Kathleen Murphy, President; Greg Haymans, Vice President; Nancy Christy, Recording Secretary; Betty Swartz, Corresponding Secretary; Doug Cobb, Treasurer; and Karen Washburn, Historian.

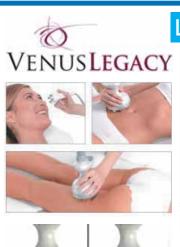
The Board of Directors includes: Caroline Ralston (2014-2017), Sondra Taylor (2014-2017): (John Marciano, 2015-2018, previously elected); (Carlos Berrios, 2015-2018); Jan Schar (2016-2019); Jerry Santos (2016-2019).

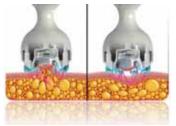
### Program-year **Planning Underway**

The new board is working together to prepare the plan for the year. We have two notable anniversaries to recognize this year:

\* Oct. 15 is the 50-year celebration of the National Historic Preservation Act and the partnership programs it created, and Oct. 17 is Virginia's day of celebration of the National Park Service; and

The year 2017 marks the 40th anniversary of Great Falls Historical Society, which will be celebrated in April, 2017. Our plans will be posted on our website at www.gfhs.org.





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**Proud Sponsor of Celebrate Great Falls** Concert on the Green

Sunday July 24th 6:00-8:00 pm Great Falls Village Centre Green

Come rock & roll with us this Sunday! Grab your dancing shoes, lawn chair & blanket & get ready for a night of fun & live music featuring South Bay!









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# **Opinion**

# Voting, for Former Felons and Others

### In a Democracy, we're best served by more voter participation.

oday, the Virginia Supreme Court will hear an expedited challenge to Gov. Terry McAuliffe's (D) restoration of the voting and civil rights of more than 200,000 Virginians who were convicted of felonies, served their time and completed any supervised release, Editorial parole or probation requirements.

The restoration of voting rights moves Virginia into the mainstream. Virginia had been one of four most restrictive states with lifetime bans on voting for those convicted of felonies. Fourteen states automatically restore voting rights once the individual's term of incarceration is over, and two states allow absentee voting from prison. Only 10 states have more restrictive policies than McAuliffe's order about voting for people who have been convicted of

While the perception is that such a move will favor Democrats, in a Democracy, it's better for all when more people vote.

According to statistics released by the governor's office, 51.5 percent of those whose voting rights have been restored by McAuliffe's order are white; 45.9 percent are African American. Eighty percent were convicted of nonviolent offenses. Almost half had been completed both their sentences and supervision more than 10 years ago.

McAuliffe said: "If we are going to build a stronger and more equal Virginia, we must break down barriers to participation in civic life for people

who return to society seeking a second chance. We must welcome them back and offer the opportunity to build a better life by taking an active role in our democracy."

This action brings Virginia into line with 39 other states, with more than 20 states having less restrictive policies. For example, on Feb. 9, 2016, the Maryland General Assembly restored the vote to all convicted felons immediately upon their release from prison. Previously, people convicted of felonies in Maryland had to complete all parole and probation before they were able to vote.

In Virginia, such individuals still are required to complete their term of incarceration and their term of probation or parole before voting rights are restored.

MEANWHILE, for all Virginia voters, the deadline to register to vote for the Nov. 8, 2016 general election is Oct. 17. You can verify your voter status at https:// vote.elections.virginia.gov/VoterInformation. This is especially important to do if you have moved or have not voted recently.

In person absentee voting begins Sept. 23. It's an important election, with Virginia playing a critical role in the outcome of the race for U.S. President. There will also be many important local issues on the ballot, along with the races for U.S. Congress.

> Mary Kimm mkimm@connectionnewspapers.com

### Letters to the Editor

### **Keeping Young Minds Engaged in Summer**

Summer means warmer weather and time for vacations. But it's also a time when the average student loses nearly two months of academic knowledge.

It's called summer slide. While two months may not seem like a big deal now, research has shown the effects of summer learning loss are cumulative. Meaning, children who aren't engaged at a young age

they're out of school for the summer continually fall behind their peers, ultimately impacting their chances to earn a high school diploma and their chances - or desire - to continue on to college.

Knowing that less than 30 percent of the jobs today in the United States are designed for people with less than a high school diploma is alarming to me. Moreover, as a woman working in the technology sector I understand the importance of getting children excited about science, technology, engineering and mathematics (STEM) fields early.

After all, STEM influences our daily lives. From the weather to smartphones to buildings, STEM is everywhere!

Just imagine – you commit to memory all the valuable information in order to make a presentation at work. Then take a brief vacation and when you return can barely remember enough facts to answer simple questions about

you can't recall the information, you're passed over for promotions in the future.

Seems frustrating, right? It's no different for students heading back to school in the fall. Because they haven't used the knowledge learned during the school year, they lose it and become discour-

If at least a high school diploma is needed for the majority of indemand jobs, the future workforce may in fact depend on us engaging children today so they can be successful tomorrow. Here are just a few ways to keep children engaged during the summer and maybe even spark a little STEM curiosity at the same time.

- Discovery Education Connect the Dots - Discovery Education offers a wide variety of free family resources that provide high quality, relevant material for you and your children.
- ❖ National Summer Learning Association - The National Summer Learning Association is committed to ensuring that students receive quality science, technology, engineering, and math (STEM) education in their out-ofschool time.
- Global Digital Citizen Foundation - Global Digital Citizen Foundation curates a list of customizable project-based learning activities organized by STEM subjects.
- Project Lead the Way Project your presentation. And because Lead the Way empowers students

to thrive in an evolving world and they've compiled a list of 20 simple summer STEM activities.

- Children's Science Center -Children's Science Center is a hands-on children's museum here in Northern Virginia, where children learn through play.
- ❖ NOVA Play Labs NOVA Play Labs utilizes play as a way to teach STEM information to children ages 12 months to 14 years old.

So yes, while summer is a time for relaxing, it should also be a time to get ahead on the upcoming year and gain new experiences. If you have children, spend an afternoon at the park to make observations or visit a museum. If

you don't have children, volunteer your time to read at your local library or make a book donation. I know at Cox, we recently partnered with Daniels Run Elementary School to donate books to the students who needed reading interventions. But it doesn't have to be a big commitment of time or money. Just know that time invested to keep young minds engaged this summer will pay off in the fall and the future. And that's a win-win.

### **Kathryn Falk**

Market Vice President of Northern Virginia Operations Cox Communications

### **Taking Exception**

To the Editor:

The Last week's Connection included a Letter to the Editor from Elizabeth Torpey Bradsher ("School Board Politics and Transgender Policy.") In this letter, Ms Bradsher noted that our current Springfield district representative to the school board, Ms. Elizabeth Schultz, "...has little hope in changing anything..."

does not/will not have a significant impact on the school board. I differ with Ms. Bradsher on the reason why. I suggest all community members review the videos of work sessions and meetings of the

school board to see how Ms. Schultz interacts and communicates with her fellow school board members and staff. Ms Schultz does not communicate well, does not show respect to the board members, is antagonistic, and noncollaborative.

I am not commenting on her positions or initiatives. I am noting that she is not an effective I also believe that Ms. Schultz member of the board, not because of politics, but because she does not have the skills or temperament

> **Michael Spatola Fairfax Station**

### ■Great Falls

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6 Great Falls Connection July 20-26, 2016

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The School Board unanimously elects Sandy Evans as the new chair on July 14.

## Fairfax County School Board Elects New Chair, Vice Chair

he Fairfax County School Board has elected Sandy Evans (Mason District) as chair and Jane Strauss (Dranesville District) as vice chair for a one-year term. The chair and vice chair assumed office at the July 14 School Board meeting. They were elected by School Board members during the



Sandy Evans.

Board's annual organizational meeting.

Evans, who was elected to the School Board in March 2010, served as vice chair during the 2015-16 school year. She is the former chair of the School Board's School Health Advisory Committee and served on the Board's Transportation Task Force. Evans is a member of the steering committee of the Northern Virginia Healthy Kids Coalition; a founding member of the Fairfax Education Coalition; and cofounder of Start Later for Excellence in Education Proposal (SLEEP). She served as the legislation committee chair of the Fairfax County Council of PTAs and as president of the Sleepy Hollow Elementary School PTA, and is a former staff writer for the Washington Post. Evans earned her bachelor's in journalism from the University of Maryland-College Park.

Active in education for over 30 years, Strauss is a former elementary and preschool teacher. She ob-



Jane Strauss.

tained an M.A.T. from Harvard Graduate School of Education and her B.A. in history from The George Washington University. Strauss is past president of the Franklin Sherman PTA and the Fairfax County Council of PTAs and past chair of the council's education and budget committees. She has served

on numerous education and youth affairs committees including the FCPS Career and Technical Preparation Task Force, the Division Planning Committee, the Citizens Bond Committee, and the Fairfax Framework for Student Success. A mother of four FCPS graduates, her Board service was from June 1991 to 1993 and from 1996 to the present. She served as Board vice chair in 2000 and Board chair in 2001 and 2011.

In addition to the chair and vice chair, members of the Fairfax County School Board, whose terms run from 2015 to 2019, are: Jeanette Hough (at-large), Pat Hynes (Hunter Mill District), Tamara Derenak Kaufax (Lee District), Ryan McElveen (at-large), Megan McLaughlin (Braddock District), Ilryong Moon (at-large), Dalia Palchik (Providence District), Karen Corbett Sanders (Mount Vernon District), Elizabeth Schultz (Springfield District) and Thomas Wilson (Sully District).

### Bulletin Board

To have community events listed in the Connection, send to connectionnewspapers.com/Calendar/. The deadline for submissions is noon on Friday.

### TUESDAY/JULY 26

Vienna Transportation Safety Commission. 8 p.m. Town Hall, 127 Center St. South, Vienna. Studies intersections, traffic signs, speed limits, and other matters relating to street safety and makes recommendations to Town Council. 703-255-6382.

WEDNESDAY/JULY 27 Volunteer Opportunities 55+. Patrick Henry Library, 101 Maple Ave. East, Vienna. Learn how you can make a difference in your community. Connects continuing professionals 55+ with part-time assignments in nonprofits and public agencies. Free. 202-469-3477. reserveinc.org.

#### SATURDAY/AUG. 13

Used Book Collection. 9 a.m.-1:30 p.m. SunTrust Bank, 515 Maple Ave. East, Vienna. Sponsored by the AAUW McLean Branch. Also, bring

your CDs, DVDs, software, children's book, records, and recent textbooks, in good condition. Proceeds benefit scholarships for women. aauwbookfair@gmail.com. 703-527-4206

#### ONGOING

**Respite Care** volunteers give family caregivers of a frail older adult a well-deserved break Contact 703-324-7577

Linda Waitkus with the trophy she won for 'best mini float" in the July 4 parade in Great **Falls. She** owns the **Great Dogs** shop in Great Falls.



### Celebrating Great Falls: More Photos of July Fourth



From left — Reena Nagra and Julie Casso, who for 12 years have managed the parade and festivities at the Village Centre on July 4 in Great Falls. They are members of Celebrate Great Falls.



Horses in the July 4 parade in Great Falls are traditional.

Margaret Johnson, one of the originators who launched the parade in **Great Falls 21** years ago. watched the parade to see how much it has grown. She also introduced the "baby parade" that follows the parade at Village Centre.



### You don't want to have two televisions in a dorm room. Be sure to communicate with your roommate before moving in."

— Yolanda Gibson, D.A, Marymount University

 $Creating\ a\ College\ Packing\ List\ {}_{\text{Sorting\ out\ the\ essential\ from\ the\ unnecessary.}}$ 

By Marilyn Campbell The Connection

family prepared daughter to college, their process was threefold: packing up her childhood bedroom, setting up her college dorm room and getting organized in the process. They enlisted the help of professional organizer Jodie Campbell Jacobs of SOUPerior Organizing in Springfield. Jacobs discarded, preserved and streamlined, helping the family create a list of items that their daughter would need for college.

"I helped them clean out what they already had so they could get a better idea of what they needed to bring to school," said Jacobs. "I told her not to bring too much personal stuff. Going off to college is a new chapter in your life and you want to decorate the new space for the new stage.

Though it is the middle of summer, many families are preparing their rising college freshmen for a new school environment and the requisite lifestyle adjustments: sharing a cramped living space. awkward walks down a hallway to a shared shower and doing one's



College students move into a residence hall at Marymount University.

help organize the transition, but students should find out before arriving on campus the items that are necessary, such as a microwave oven, mini-refrigerator, television,

adapters and toaster ovens. "Students frequently arrive on

well as those that are questionable,

such as extension cords, multi-plug

A COLLEGE PACKING LIST can dean of First Year Experience at Marymount University in Arlington, Virginia. "Unless you have an approved service animal, be mindful of your community and room-

> Gibson, who is in the midst of coordinating new student orienta-

as candles and incense."

a snake, turtle or dog," said from their university or college and Yolanda Gibson, D.A., associate reach out to the person with whom they'll be living.

"Students often come to campus with televisions without consulting their roommate," said Gibson. "You don't want to have two televisions mate. Also, most college campuses in a dorm room. Be sure to communicate with your roommate before moving in.

When it comes to deciding what goes on a packing list, professional tions for Marymount, recommends organizer Susan Unger of campus bringing their pet, such as that freshmen get a packing list ClutterSOS suggests starting with

aware of if you are a player, par-

ent of a player or just someone who

sees Pokémon Go players out and

about. Here are some police safety

1. Stay Alert — The Fairfax

County Police Department encour-

ages everyone to stay alert and be

mindful of pedestrians, bicyclists

mon sense when walking. Be

aware of your surroundings; re-

cently in the D.C. region, people

playing the game have been

a generic list, such as one created 🛾 sible without causing a traffic jam," 👚 moved later with no wall damage," by one's college or a home mer-said Jacobs. "You can't build more chandise store. "There's no need to space, but you can maximize the reinvent the wheel, you can start space you have."

with one of those and then person-Jacobs also advises resisting the alize it to your own needs," she urge to super-size. "You don't necessarily need the Costco size of One factor to consider when creshampoo, you can buy more whenating a packing list is the distance ever you need it," she said.

Think vertically advises Unger "For example, use the backs of you live within driving distance, for doors to hang a shoe organizer,' example, you can think seasonally she said

These can be used for items other than shoes such as toiletries, snacks out items," she said. "Don't bring and school supplies. Consider using hanging shelves in your closet for the folded clothing. Use a double hanging rod to double your hanging space.

Use a shower caddy to corral all your bathing needs." One of those shower items might be a pair of flip-flops since many students will have to share a communal

Since dorm living means sharing a space, make sure all personal items are identifiable.

"Be sure to label everything, especially things like phone chargers since they can easily get mixed up," said Unger.

Both Unger and Jacobs recommend hooks that attach to a wall with an adhesive. "They can be resaid Unger.

people don't think about is a lockbox or safe that is fireproof and waterproof. "Keep documents like your social security card, certain medications and anything that you

**OPEN** 

**HOUSE** 

Saturday,

July 23

from

12-4pm

consider valuable," said Jacobs. "Since most freshman are going to live in a shared space, a lot of **ONE ITEM** that Jacobs says many people will be going in an out of your lockbox where only you have

Jacobs suggests storing that safe

or lockbox in a place that is out of advice is to wait to purchase some view and inconspicuous. "If some- of the items until you get here," thing they will find," she said. "You your dorm room or apartment, so can put it on closet shelf under a Residence Life at George Mason it's great to have a space to put stack of sweaters or under the bed in a storage bin."

be done in advance. "Our word of

one goes looking, it's not the first said Joey Allen, communication and events manager, Housing and University in Fairfax. "There is usually time on move in day and the Finally, not all shopping needs to days after to go shopping for

# Five Charged for Trespassing While Playing Pokémon Go

### **Fairfax County** Police Department offers safety tips.

olice responded to Keene Mill Elementary School, located at 6310 Bardu Avenue in Springfield, around 10:47 p.m. on Wednesday, July 13, for a report of an alarm. Officers found two men and three teenaged boys, ages 15, 16 and 17, inside the school. An investigation determined the suspects sought for the juvenile suspects - spectful and adhere to all rules and allegedly entered the building through an unsecured area. Fur- Bureau. ther investigation determined Police ask the public to be mindful up at this location.



bed linens and laundry bags, as won't allow you to burn items, such

Safety alert for Pokémon Go players.

according to FCPD Public Affairs regulations.

they were playing the new of locations when playing the Pokémon Go game and ended game. The game leads players to common meeting places like

Tips on Playing Two 18-years-old Springfield churches, memorials and parks. residents were issued sumHowever, not all locations and arPokémon Go monses for trespassing on eas in the game are open to the school property and released. public and not all property owners school property are being the property. Remember, be re-

The Pokémon Go app has become hugely popular since its re-Petitions for trespassing on welcome Pokémon Go players on lease on July 6. However, there are safety concerns you should be

and drivers who may be playing the game. If you are playing, you should not be on your phone while driving and you should use com-

2. Supervise Kids — You should

### become familiar with the game before allowing your children to may run into other players in the or onto property. real world as they search similar areas. Take steps to keep your kids

You and your kids should discuss who they can interact with when ratus bays. Firefighters and med-trails even if the Pokémon don't.

they go out into public to use the

between one's hometown and their

college campus, says Jacobs. "If

and only bring what you need un-

til your next visit home then swap

a ton of sweaters that are going to

take up space if you don't need

Organization is critical to man-

aging a significant downsize, such

as moving out of family home into

a shared residence hall, said

"Maximize the space you have,"

she said. "When it comes to shar-

ing a dorm room or bedroom in an

apartment, look at all the unused

space that you normally look past,

Risers, for example, can elevate

a bed creating space for stackable

storage bins that hold items such

as extra towels, sheets and cloth-

ing. "These things allow you to

maximize every use of space pos-

like the space under the bed."

them right away.'

Kids should never play the game alone but in a supervised group. Know when and where your kids

3. Don't Trespass — The game has a "lure module" that leads the players to various locations to win points and catch Pokémon charac-

Pokestops. Pokestops have been natural and cultural resources found at public places such as libraries and parks. But stops are also on private

property, empty lots or even cemeteries. Players may not realize they are trespassing in restricted tions: areas and may draw attention of law enforcement and residents. download the app. Pokémon Go is Please, don't trespass. You can you don't walk into a tree or a a multiplayer game where users catch Pokémon without going into yellow jackets nest or bump into

ics respond to emergency calls 24 hours a day. At any given time, they may be called to an emergency and a distracted pedestrian causes a dangerous situation for responders and trucks leaving the station.

5. Play in the Parks — Fairfax County is thrilled that so many folks are coming to county parks to play. During your visit, take These locations are called time to learn a little about the surrounding you using the trails

Playing the game requires you to frequently look at your phone, so take these precau-

Be sure to keep looking around to see where you are, so

Pay attention to the time; 4. Don't Enter Fire Stations — parks close at dusk. (Staff will Please do not enter Fairfax County chase out the Pokémon then, fire stations, including open appa- too.) Please stay on the park



Summer Hours: Monday-Saturday from 9am-6pm & Sunday by Appointment

The Kensington is a new assisted living and memory care community currently under construction in the city of Falls Church. It will be a tastefully elegant residence designed with deep understanding of seniors who need help throughout the day or who are coping with memory loss. A full spectrum of clinical support, delivered by best-in-class professionals and carefully chosen partners, will enable residents to live comfortably in a loving environment while receiving highly individualized attention. We appreciate the opportunity to share our passion for seniors and commitment to excellence with you. Please call us at 703-992-9868 to learn more and visit our Information Center.

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## Food Truck Full of Temptations parked in Reston at lunchtimes.

# Ed Hardy's truck has recently been

By Alexandra Greeley The Connection

ow often do local foodies come across a food truck with such an eve-catching logo: BaconN'Ed's? An obvious play on the iconic American breakfast-bacon and eggs-the food truck even sports artwork of eggs sizzling in a skillet. And who is the playful chef who has devised this eye-catcher and whose truck has recently been parked in Reston at lunchtimes.

Unlike many chefs, Richmond

### Meet Area Chefs

native Hardy did not grow up in a food-centric family and did not learn the basics from his mom or

grandmother. But he did cook his way through the last two years of college at the University of Virginia. He even worked in several local Charlottesville restaurants, thinking that cheffing would attract girlfriends. There Hardy learned some basic kitchen skills and even grew to enjoy cooking

and playing around with recipes. But after graduation, he went to work as a staff member for several congressional campaigns, a far cry from tending to sizzling steaks.

Fed up with the political life, however, Hardy left politics for good, moving to New York to enroll in the French Culinary Institute (now called the International Culinary Center). After earning his degree there and graduating third in his class, Hardy honed his cooking skills by working in two notable Manhattan kitchens and chefs: with Chef Marcus Samuelsson and with chef Michael Romano.

After working other New York chef jobs, Hardy headed to D.C., where after a stint at a now-closed McLean restaurant, and working at his Quench restaurant in Rockville, Hardy decided on heading into other projects. Noting that



Ed Hardy.

the plaza at Reston's metro station offered space for retail food sales, he worked there for half a year, and then moved on to his food truck business. In the meantime, however, he has become something of a food celebrity. "I have appeared on the Food Network,"

he said, "and I get lots of social media attention.

Ah, food-truck food, some critics may say. But they can't disparage Ed Hardy, who applies his culinary training to his food. "Fine dining is not left behind," he said. "I find that making additions to recipes makes a dish better, like bacon and breakfast sausages." He also has created a stunning chicken sandwich that is not your typical mayolettuce combo. He calls it Fried Chicken banh mi, which is a take on a classic Vietnamese sandwich, but with boneless crunchy chicken and crispy bacon. Speaking of bacon: Hardy even cures and smokes his own.

But Hardy offers many other temptations, and even if you wish, he will cook up a pig roast. Sadly, he does not have a brickand-mortar location, but if you check his Facebook page daily (https:// www.facebook.com/

BaconNEds/), you can track him down, then pig out. He stresses, however, that his appearances are generally by appointment. As he noted, "Truly the best way to experience our food is to log onto www.mobilegourmetkitchen.com and book us.'





Cindy Dibbs, Unnamed: 'My photos reflect the peacefulness and beauty of nature in all seasons.'

### Seasons in Great Falls on Display at Katie's Coffee House

indy Dibbs, an artist with the Great Falls Studios will have her photography exhibit, titled "Seasons," at Katie's Coffee in Great Falls, from Aug.1 - 31.

"My photos are showing how seasons in Great Falls are different than in other areas.

Photographing nature is a form of meditation to me. I feel a sense of calm as I sit and watch nature performing its dance. Waiting for the photographic moment to arrive is a pleasure to me. There is never a chance for a retake because nature is happening

now. When I capture a butterfly floating by, a hummingbird drinking nectar from a flower, a bluebird gathering twigs for the nest, a mountain creek trickling across the mossy rocks, I feel a sense of excitement, a sense of accomplishment. I feel as if I am in on a special secret. My photos reflect the peacefulness and beauty of nature in all seasons. I hope my images inspire viewers to protect and treasure the valuable gift of nature," the artist said.

Artist reception will be held at Katie's Coffee House on Saturday, Aug. 6, 2 - 4 p.m.





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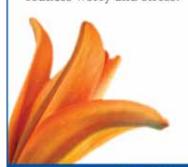
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# Great Falls Weekend: Places to Go

weekend in Great Falls starts to the tune of roaring engines bright and early at Katie's Coffee, where every Saturday it hosts Cars and Coffee. Enthusiastic car owners arrive as early as 5 a.m. to find a parking spot and stay till around 10 a.m. People show off modified, fast, expensive and exotic cars, as well as motorcycles. Car enthusiasts make their way from all corners of the metropolitan area to view the unique automotive specimen on display. Kevin Kearney, of Cabin John, Maryland, owner of a 1965 English Kit Car, has been coming to cars and coffee for more than three years.

"It's a wonderful event," Kearney said, "The people are pleasant and respectful, not to mention all the rare cars on display.'

On Saturday, July 16, there were Lamborghinis, Ferraris, Alfa Romeos and a few Ducati bikes.

Tim Watkins, a first-timer at Cars and Coffee, said he really enjoyed the event. He brought along his 2016 Ducati 959 Penigale, a bike with the capability of reaching 60 mph in just under three seconds. "A lot of nice, old sports cars, new sports cars, antique cars and interesting bikes; love it," Watkins said.

Farmers Market: The Great Falls Farmers Market happens every Saturday alongside cars and coffee in the Great Falls Village Center. It is exactly what you would expect of a small-town farmers market and more: Artists, cooks, florists, designers and jewelers set up shop in the Village on Saturdays because of the great business. At its peak there were nearly two hundred people eating, shopping and socializing at the market. Marika Tsombikos, of Great Falls, hand-makes women's purses, bags and clutches out of

ars and coffee: A leather and upholstery. She said, "I come to the farmers market to meet and connect with local people, market my brand, and because the customers are great!"

> Great Falls Park: On the weekends when the weather is nice, Great Falls Park is especially busy. There are three main lookout points where the views of the falls are unbeatable and fifteen miles of hiking trails alongside the Potomac river. Matt Wiener, of Great Falls, is a park ranger at the park during the summers. A true outdoorsman, he loves walking the trails and comes as often as his schedule allows it. Wiener said. "This park is different than most parks" in the metropolitan area because, "we pack a lot of things to do inside a relatively small space, not to mention the amazing views."

> Concerts on the Green: Every Sunday evening during the spring and summer, the nonprofit Celebrate Great Falls, hosts Concerts on the Green. On the interior of the Great Falls Village shopping center lies a few hundred yards of open lawn centered around a gazebo. Bands and solo acts set up in the gazebo and play their music free of charge for up to two hours. Spectators bring



Tim Watkins, a first-timer at Cars and Coffee in Great Falls, brought along his 2016 Ducati 959 Penigale, a bike with the capability of reaching 60 mph in just under three seconds.

blankets, chairs, and many have picnics. The environment is family friendly. Adults are able to enjoy a glass of wine and listen to music while children run and play around on the grass, further away from the entertainment.

Seneca Regional Park: Seneca Park is located at the end of Seneca Road in Great Falls. It has around five miles of trails and the trails are much like those at Great

Falls park. Seneca, however, receives less traffic because it is not near the falls. The Potomac is very calm in this area and many patrons of the park come because of it. People are able to fish and swim in these waters as well as kayak and tube through the small rapids so long as they exit prior to the falls.



Allen Amana and Jenny Guerrero enjoy the unbeatable views of the falls and the hiking trails alongside the Potomac river.



Kevin Kearney, owner of a 1965 English Kit Car, has been coming to cars and coffee for more than three years.



Jennifer and Greg Beckwith, of Great Falls, enjoy Sunday's Concert on the Green.



Marika Tsombikos, of Great Falls, handmakes women's purses, bags and clutches out of leather and upholstery. They are on display Saturdays at Farm-



### **Be Part of The Pet** Connection in July

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### **Cal endar**

Send announcements connectionnewspapers.com/Calendar/. Deadline is Friday at noon for the following week's paper. Photos/artwork encouraged.

#### **ONGOING**

Cindy Dibbs Exhibit. Aug. 1-31. Katie's Coffe House, 760 Walker Road, Great Falls. Photographs from Seasons." 703-759-4673.

July Artist Showcase. Through July 27. Broadway Fine Art and Custom Framing, 1025-J Seneca Road, Great Falls. Scenic watercolors of Great Falls, Falls Church, Alexandria, and Washington D.C. by local plein air artist Rajendra KC.

broadwaygallery.net. 703-450-8005. **Evenings on the Ellipse**. 5:30-7 p.m. Thursdays through Aug. 25. Fairfax County Government Center, 12000 Government Center Parkway, Fairfax. Fun music and good company. Paradise Springs and The Winery at Bull Run will be offering complimentary tastings of their premium reds and whites. If it rains, concerts will be moved inside to the Government Center Forum. http:// www.fairfaxcounty.gov/parks/

**Great Falls Farmers Market.** Saturdays, 9 a.m.-1 p.m., 778 Walker Road Great Falls. http:// greatfallsfarmersmarket.org/

**Great Falls artist Betty Ganley** Month of July. Katie's Coffee House, 760 Walker Road, Great Falls. Nautical and and floral subjects in

watercolor. 703-759-4673 "The Way I See It" Exhibit. Aug. 2-Oct. 1. Vienna Arts Society Gallery, 513 Maple Ave. W, Vienna. Reston resident Bob Kaminski will showcase his work in abstract and representational styles.

**Betty Ganley's** "The Lady in Red" will be on display in July at Katie's **Coffe House** in Great Falls.



ViennaArtsSociety. org. 703-319-

"Footloose." Fridays and Saturday, 8 p.m. Sunday 2 p.m. July 8-24. Alden Theatre, McLean Community Center, 1234 Ingleside Ave., McLean. Based on the movie of the same name McLeanPlayers.org. 866-811-4111.

McLean Farmers Market. 8 a.m.

noon. Fridays from May 6-Nov. 18. Lewinsville Park, 1659 Chain Bridge Road, McLean. The market provides area residents an opportunity to purchase locally grown or produced products. www.fairfaxcounty.gov/ parks/farmersmarkets.

Weekly Storytime. Wednesday and Saturday. 11 a.m. Barnes & Noble,

7851 L Tysons Corner Center, McLean. Themes and Titles vary Free admission.

#### Tai Chi Beginners' Practice.

Saturdays, 8-9 a.m. St. Luke's Catholic School Gymnasium, 7005 Georgetown Pike, McLean. Weekly Tai Chi practice. Group has met for over 20 years. Free. FreeTaiChi.org. 703-759-9141.

#### WEDNESDAY/JULY 20

Faith@Work Evenings. 5:30-7:30 p.m. Maggiano's Little Italy, Tysons II, 2001 International Drive, McLean. \$25/\$35. Food, networking, inspirational speaker and discussion. Speaker Shira Harrington. http:// www.bridgepointconnections.org/ faith-at-work

Stories and Sprinklers. 1 p.m. Vienna Town Green. Join Historic Vienna, Inc. for a good story and some water play each Wednesday afternoon. Free. 703-255-6360.

#### **SUNDAY/JULY 24**

South Bay. 6-8 p.m. Great Falls Village Centre Green, Great Falls. High energy Pop, Rock and Alternative covers with their own unique spin. http://www.celebrategreatfalls.org/ concerts-on-the-green/

Satisfaction. 5 p.m. McLean Central Park, 1468 Dolley Madison Blvd. The International Rolling Stones Show tribute band. Part of the Alden's Sunday Summer Concerts. Free. aldentheatre.org. 703-790-0123.

**Parlor Talk**. 2 p.m. Freeman Store, 131 Church St. NE, Vienna. Author of "Chronology of the Civil War in Fairfax County" Edward T. Wenzel, of Vienna, will give a talk. 703-938-

#### **TUESDAY/JULY 26**

Preschool Science ABC. 2:30 p.m. Dolley Madison Library, 1244 Oak Ridge Ave., McLean. An adventure with song, dance and puppets presented by Wolf Trap Master Teaching Artist Penny Russell. http:/ /www.fairfaxcounty.gov/library/ branches/dm/.

#### WEDNESDAY/JULY 27

**Stories and Sprinklers**. 1 p.m. Vienna Town Green. Join Historic Vienna, Inc. for a good story and some water play each Wednesday afternoon. Free. 703-255-6360. 703-356-0770.

#### FRIDAY/JULY 29

**Teen Park Takeover**. 7-9 p.m. Meadow Lane Park, 400 Courthouse Road SW, Vienna. Tennis Court Dodgeball at Meadow Lane Park. Pop-up teen center fun for all registered Club Phoenix members, those in grades 6-10. Participants must wear sneakers and be dropped off by a parent or guardian. Free. 703-255-5736.

#### SATURDAY/JULY 30

Dine and Create till 8. 5-8 p.m. 262 M Cedar Lane, Vienna. Tweens and teens (ages 11-15) are invited to get creative with paint brushes and a canvas and then enjoy dinner with fellow artists. Pre-registration is required. Register in person at the address or via Webtrac at viennava.gov. \$30/\$38. 703-255-



McLean Farmers Market. 8 a.m.

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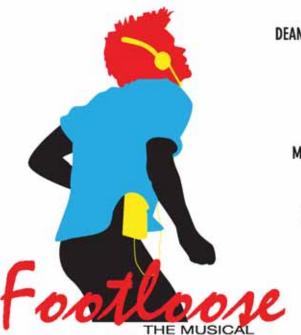
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### Before, During And Not Yet After

By KENNETH B. LOURIE

It's a peculiar task to be writing ahead (for publication July 20, 2016), about something that has not happened, yet when this column ultimately does publish will have likely already happened. This "bassackward" perspective (and Colorado "Blue" run) refers to the CT Scan I had completed last Wednesday, July 13, results of which I will learn anywhere from two days from now (electronically) at the quickest to two weeks at the latest (when my next face-to-face appointment with my oncologist is scheduled). And yes, if you think two weeks is a long time (interminable comes to mind) to ponder your fate and the universe in which you hope to still live, it most definitely is. But given the nature of the medical system/appointment availability with which I have to work, I have limited say in the matter, a matter of crucial importance - to me.

However, after seven-plus years of it, I've gotten use to (I wouldn't say comfortable though) the process. Is it my preference to wait for fate and allow medical nature to take its course? Hardly. Have I been told (and experienced quite frankly), that if there is significant, time-sensitive, potentially life-changing information to relate, I will be informed much sooner than later? Absolutely. (During the original diagnostic assessment of the migrating pain in my ribs.) Is there/ has been there room for misinterpretation in the silence/lack of communication from one's oncologist when said oncologist has said he prefers to deliver bad news in person - not electronically and/or over the phone? Of course. What if, and I found out after the "interminable" wait (which happened to me yesterday at my infusion, as a matter of coincidence) that my doctor is actually away on vacation during this post-scan week and the non-communication has nothing at all to do with "bad results wanting to be delivered in person?" Moreover, what happens to my level of expectation when the oncologist has good news to share about my scan and in turn breaks his own rule about wanting to inform me in person, generally, and e-mails me early with good news? Happiness, relief, obviously. But what happens on subsequent scans (like now) when he doesn't e-mail me early? What if I didn't know he was on vacation or at a medical conference, as another example, which has also happened? I never know. Or has the doctor decided he wants to deliver all news in person to eliminate ANY possible misinterpretation of scans (which has also happened)? So does good news always travel fast, and bad news much slower? Not necessarily and not so consistently. Welcome to my cancer whirled.

All of this is fairly manageable (believe it or not), except that I know of lung cancer patients who have their CT Scans in the morning, and after lunch, have their appointment with their oncologist to discuss the results. Just like at my wife's bar: "Same Day Service." Unfortunately, that's not my day. My reality is quite different, and there seems little I can do about it. And consider that for yours truly - and any other patient waiting for scan results (mammograms comes to mind) - managing the anxiety seems the only reasonable action, rather than stressing about a results loop that likely will never change (maintaining similar behavior and expecting different results; I'm not insane. See July 13th column).

As you can read, my cancer-patient experience has been a combination of a roller-coaster ride, Ferris wheel and bumper cars; up and down and all around and getting smashed at any time Without much amusement However if you don't find some joy in it, there will only be loathing. And that's no way to live your life, making a bad situation worse, especially as a cancer patient. Certainly communication and clarity matter; so too does peace and happiness.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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21 Announcements

21 Announcements 21 Announcements

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**Computers** 

#### 21 Announcements

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Cafe Paramount, LLC trading as Conveniently Yours, 2101 Wilson Blvd, Ste 102, Arlington, VA 22201. The above es tablishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Wine and Beer off Premises license to sell or manufacture alcoholic beverages. David Hussain

owner

NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered

### 21 Announcements

ABC LICENSE

VA Taco II LLC trading as Taco Bamba Taqueria, 164 Maple Ave W. Vienna, VA 22180. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Wine 8 Beer/Mixed Beverage Restau rant on Premises license to sell or manufacture alcoholic beverages. William Susinski, Managing Member NOTE: Objections to the issu-

ance of this license must be submitted to ABC no later that 30 days from the publishing date of the first of two required tered at www.abc.virginia.gov or 800-552-3200.

#### 21 Announcements

ABC LICENSE

ABC LICENSE
Sugar Factory Pentagon, LLC
trading as Sugar Factory (and
Sugar Factory American
Brasserie), 1100 South Hayes
Street, #H, Arlington, VA
22202. The above establishment is applying to the
VIRGINIA DEPARTMENT OF

ALCOHOLIC BEVERAGE CONTROL (ABC) for a Wine and Beer On; Mixed Beverage (seating capacity 151 seats or more) license to sell or manufacture alcoholic beverages. Charissa L. Davidovici,

Manager
NOTE: Objections to the issuance of this license must be submitted to ABC no later that 30 days from the publishing date of the first of two required newspaper legal notices objections should be registered at www.abc.virginia.gov or 800-552-3200.

The future comes one day at a time. -Dean Acheson

21 Announcements 21 Announcements

21 Announcements

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21 Announcements

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