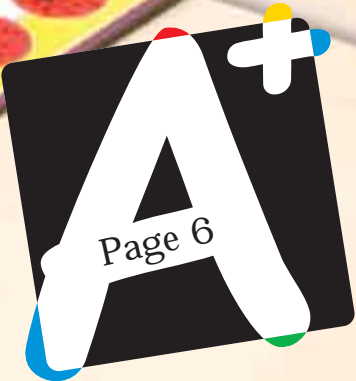




Chabad Tysons Hebrew School curriculum is taught through a variety of mediums such as games, drama, songs, arts and crafts, workshops and holiday celebrations.

and Oakton
Vienna
CONNECTION



Teaching Traditions of Judaism

Faith, Page 8

Flint Hill Robotics Goes International

News, Page 3

Oakton Divers Triumph in a Third Meet

Sports, Page 12

Attention Postmaster:
Time sensitive material.
Requested in home 7-21-16

Postal Customer
ECR WSS

PRSR STD
U.S. Postage
PAID
Easton, MD
PERMIT #322

online at www.connectionnewspapers.com

July 20-26, 2016

News

Notable incidents reported to the Vienna Police Department, July 8-13.

INCIDENTS

Burglary - 600 Block Valley Drive, SE. July 7, 1:14 p.m. A resident called to report a burglary. The resident told arriving officers they watched a male subject go into a residence and take out "something heavy." The resident confronted the male subject who refused to speak with them and then fled the scene.

Property Found - 200 Block Maple Avenue, East. July 7, 9:54 p.m. A citizen turned in a wallet they found.

Arrest - ABC Violation - 500 Block Maple Avenue, West. July 8, 10:27 p.m.

While on patrol an officer observed a vehicle make a traffic infraction. When the officer spoke with the driver of the vehicle he observed an alcoholic beverage on the floorboard of the front passenger seat. All of the occupants of the vehicle were under the age of 21 years. A passenger of the vehicle attempted to deceive officers with a fictitious operator's license. The 18-year-old male driver of Madrigal Way, Vienna, was charged with possession of alcohol underage. He was issued a summons and released on his signature. A passenger of the vehicle, 18-year-old male subject of Fairview Drive, Fairfax was charged with possession of alcohol underage and possession of a fictitious

operator's license. He was issued a summons and released on his signature.

Grand Larceny - 200 Block Windover Avenue, NW July 8, 11:03 p.m. A resident called to report their son's bicycle had been stolen while visiting a friend's house.

Domestic Dispute - Mill Street, NE. July 8, 11:42 p.m. Officers responded to the listed area for a domestic dispute between a male and female subject. When they arrived they spoke with both subjects who stated no physical altercation took place. Both subjects agreed to go their separate ways and left the area.

Assault - 400 Block Yeonas Drive, SW. July 9, 5:14 p.m. A citizen reported they had been assaulted. The female subject

stated she went to a residence in an attempt to see a relative. She said when she arrived she attempted to knock on the front door when two male subjects came around from the side and assaulted her. Officers made contact with the two male subjects and an independent witness who stated the female subject wasn't assaulted, she was impaired and injured herself. All parties involved were explained the process of obtaining warrants.

Vandalism - 300 Block Charles Street, SE July 9, 11:57 p.m. A resident called to report their residence and vehicle had been vandalized. An officer arrived and found the resident's house and vehicle had been hit by doughnuts.

Suspicious Event - Michael's Store, 311 Maple Ave. East. July 10, 9:09 p.m. A female citizen wanted to report she believed she was being followed while out shopping. She stated an older male subject approached her asking her a bunch of odd questions. She stated the male subject then waited outside of the store waiting for her to leave. The incident was reported after the fact and officers were unable to speak with the older male subject.

Petit Larceny - Vienna Police Department, 215 Center St., South. July 11, 9:10 a.m. A citizen came to report a larceny. The female citizen said US currency and prescription medication were

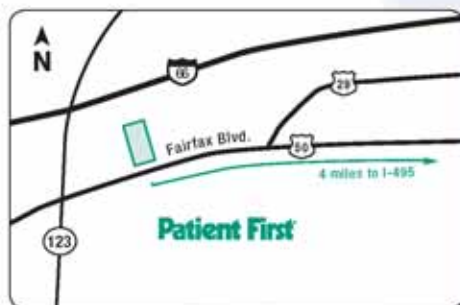
See Crime, Page 5

NOW OPEN in FAIRFAX

Patient First®

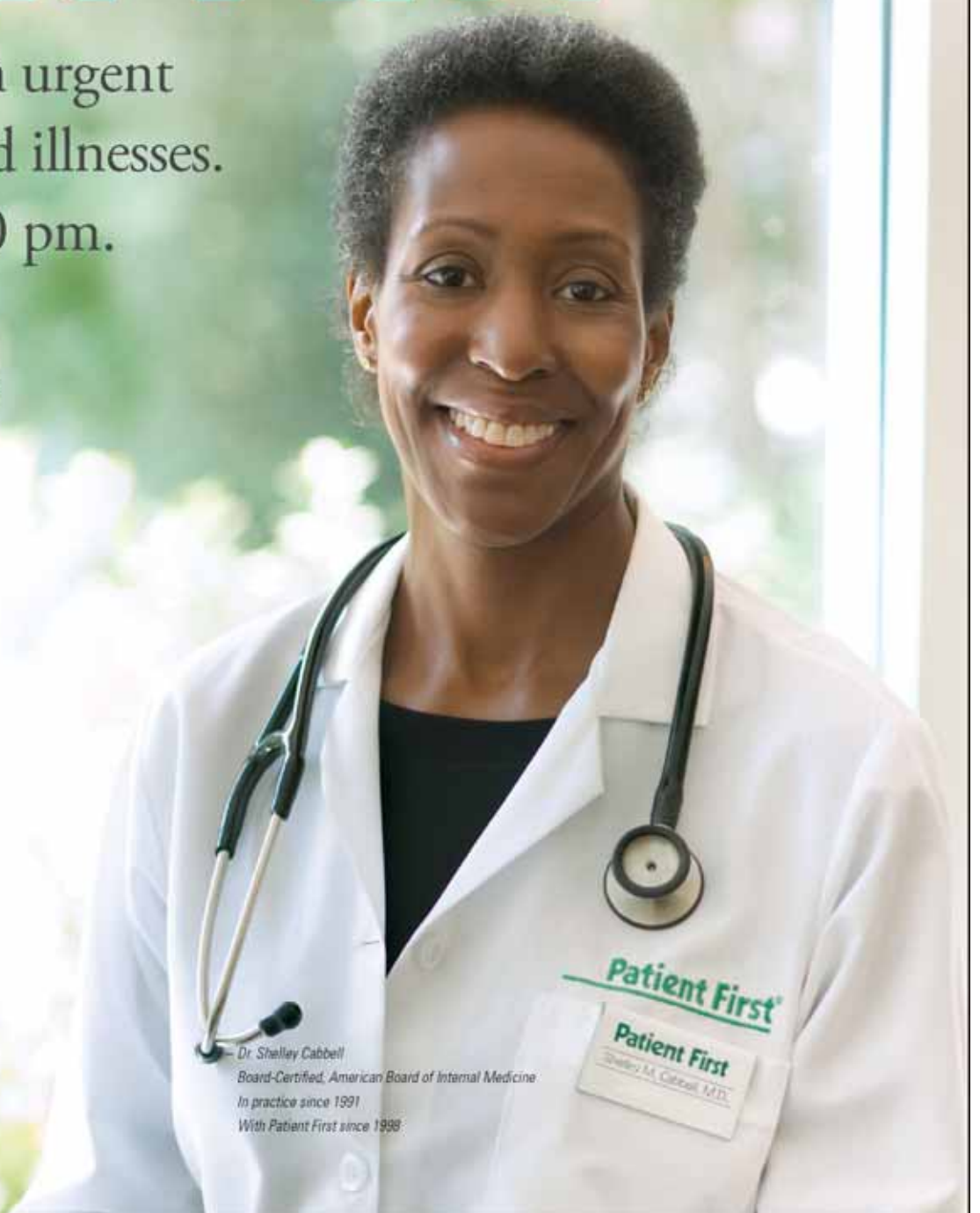
Non-appointment, walk-in urgent care for routine injuries and illnesses.
365 days a year, 8 am to 10 pm.

- Staffed by board certified physicians
- X-rays, lab tests, and prescription drugs on-site
- 65 locations in the mid-Atlantic region
- Most major insurance plans accepted – your claims filed for you
- Less costly than the ER



Fairfax
10100 Fairfax Blvd.
(703) 679-1876

grfair060316post



Dr. Shelley Cabbell
Board-Certified, American Board of Internal Medicine
In practice since 1991
With Patient First since 1998



Flint Hill School's Unmanned Aerial Vehicle Robotics team participated in the Association for Unmanned Vehicle Systems International (AUVSI) Student Unmanned Aerial Systems competition.



Photos courtesy of Flint Hill School

Flint Hill School students designed, built and programmed an air vehicle capable of autonomous flight over a distance of more than three miles.

Flint Hill Robotics Goes International

Flint Hill robotics team creates air vehicle for international competition, competes with 42 university teams.

By Marilyn Campbell
The Connection

A group of high school students proved that they can hold their own against college students from around the world. Flint Hill School's Unmanned Aerial Vehicle Robotics team competed against teams from 42

universities from the U.S., Canada, Germany, Turkey, India and Israel in the Association for Unmanned Vehicle Systems International Student Unmanned Aerial Systems competition in June. As one of only two high schools to participate, Flint Hill, edged out 21 other teams to be ranked among the top 50 percent of competitors at the event. "I am so proud of the team," said Mike Snyder, robotics and computer Science teacher of Vienna. "They set goals at the beginning of the school year and achieved nearly all of them at this competition. The team worked incredibly hard this year and put in many hours above those required by the class. Their determination and hard work really paid off and they have set an incredibly high bar for the next team."

The teams were challenged to design, build and program an air vehicle capable of autonomous flight over a distance of

more than three miles.

"This process mirrors the same process used by companies and the military when developing new systems," he said. "Competitions such as SUAS require students to work with the latest technologies, which is an extension of our program at Flint Hill. This exposure has helped many of our students to compete for internships both with their peers and college-level students."

Team members include captain Gregory Benn of Great Falls; Cailin Mazan of McLean; Benjamin Fybel, Brady Culman and Giana Fiore of Oakton; Jack Moore of Fairfax and Ian Schmidt of Vienna. Vale Tolpegin of Vienna did programming for the team but did not attend the competition.

Snyder said the Flint Hill's robotics team spent time on the weekends and during class preparing for the competition. "They used the design process as they researched

and built a platform capable of carrying four pounds of equipment and flying more than three miles," said Snyder. "They decided on a large octo-copter as their platform. During an early flight test they discovered they had underpowered the UAV when it experienced a brownout, so they recalculated the UAVs power requirements and upgraded the power system. After that, the UAV was able to carry four pounds of equipment and fly for more than 20 minutes."

Snyder says that lessons the team learned in science, math and English classes are put into practice in competitions like SUAS. "I often see students eagerly reviewing math skills as they document the physics behind a system they are building," he said. "Collaboration skills are also critical to a team's success. The ability to balance individual goals with a team's goals is a skill students are required to develop in this process."

Fairfax County School Board Elects New Chair, Vice Chair

The Fairfax County School Board has elected Sandy Evans (Mason District) as chair and Jane Strauss (Dranesville District) as vice chair for a one-year term. The chair and vice chair assumed office at the July 14 School Board meeting. They were elected by School Board members during the Board's annual organizational meeting.

Evans, who was elected to the School Board in March 2010, served as vice chair during the 2015-16 school year. She is the former chair of the School Board's School Health Advisory Committee and served on the Board's Transportation Task Force. Evans is a member of the steering committee of the Northern Virginia Healthy Kids Coalition; founding member of the Fairfax Education Coali-

tion; and co-founder of Start Later for Excellence in Education Proposal (SLEEP). She served as the legislation committee chair of the Fairfax County Council of PTAs and as president of the Sleepy Hollow Elementary School PTA, and is a former staff writer for the Washington Post. Evans earned her bachelor's in journalism from the University of Maryland-College Park.

Active in education for over 30 years, Strauss is a former elementary and pre-school teacher. She obtained an M.A.T. from



Sandy Evans.



Jane Strauss.

Harvard Graduate School of Education and her B.A. in history from George Washington University. Strauss is past president of the Franklin Sherman PTA and the Fairfax County Council of PTAs and past chair of

the council's education and budget committees. She has served on numerous education and youth affairs committees including the FCPS Career and Technical Preparation Task Force, the Division Planning Committee, the Citizens Bond Committee,

and the Fairfax Framework for Student Success. A mother of four FCPS graduates, her Board service was from June 1991 to 1993 and from 1996 to the present. She served as Board vice chair in 2000 and Board chair in 2001 and 2011. In addition to the chair and vice chair, members of the Fairfax County School Board, whose terms run from 2015 to 2019, are: Jeanette Hough (at-large), Pat Hynes (Hunter Mill District), Tamara Derenak Kaufax (Lee District), Ryan McElveen (at-large), Megan McLaughlin (Braddock District), Illyong Moon (at-large), Dalia Palchik (Providence District), Karen Corbett Sanders (Mount Vernon District), Elizabeth Schultz (Springfield District), and Thomas Wilson (Sully District).

Opinion

Voting, for Former Felons and Others

In a Democracy, we're best served by more voter participation.

Today, the Virginia Supreme Court will hear an expedited challenge to Gov. Terry McAuliffe's (D) restoration of the voting and civil rights of more than 200,000 Virginians who were convicted of felonies, served their time and completed any supervised release, parole or probation requirements.

The restoration of voting rights moves Virginia into the mainstream. Virginia had been one of four most restrictive states with lifetime bans on voting for those convicted of felonies. Fourteen states automatically restore voting rights once the individual's term of incarceration is over, and two states allow absentee voting from prison. Only 10 states have more restrictive policies than McAuliffe's order about voting for people who have been convicted of

felonies.

While the perception is that such a move will favor Democrats, in a Democracy, it's better for all when more people vote.

According to statistics released by the governor's office, 51.5 percent of those whose voting rights have been restored by McAuliffe's order are white; 45.9 percent are African American. Eighty percent were convicted of nonviolent offenses. Almost half had been completed both their sentences and supervision more than 10 years ago.

Editorial

McAuliffe said: "If we are going to build a stronger and more equal Virginia, we must break down barriers to participation in civic life for people who return to society seeking a second chance. We must welcome them back and offer the opportunity to build a better life by taking an active role in our democracy."

This action brings Virginia into line with 39 other states, with more than 20 states having less restrictive policies. For example, on Feb. 9, 2016, the Maryland General Assembly restored the vote to all convicted felons immedi-

ately upon their release from prison. Previously, people convicted of felonies in Maryland had to complete all parole and probation before they were able to vote.

In Virginia, such individuals still are required to complete their term of incarceration and their term of probation or parole before voting rights are restored.

MEANWHILE, for all Virginia voters, the deadline to register to vote for the Nov. 8, 2016 general election is Oct. 17. You can verify your voter status at <https://vote.elections.virginia.gov/VoterInformation>. This is especially important to do if you have moved or have not voted recently.

In person absentee voting begins Sept. 23. It's an important election, with Virginia playing a critical role in the outcome of the race for U.S. President. There will also be many important local issues on the ballot, along with the races for U.S. Congress.

— Mary Kimm

mkimm@connectionnewspapers.com

Letters to the Editor

Keeping Young Minds Engaged in Summer

To the Editor:

Summer means warmer weather and time for vacations. But it's also a time when the average student loses nearly two months of academic knowledge.

It's called summer slide. While two months may not seem like a big deal now, research has shown the effects of summer learning loss are cumulative. Meaning, children who aren't engaged at a young age while

they're out of school for the summer continually fall behind their peers, ultimately impacting their chances to earn a high school diploma and their chances – or desire – to continue on to college.

Knowing that less than 30 percent of the jobs today in the United States are designed for people with less than a high school diploma is alarming to me. Moreover, as a woman working in the technology sector I understand the importance of getting children excited about science, technology, engineering and mathematics (STEM) fields early.

After all, STEM influences our daily lives. From the weather to smartphones to buildings, STEM is everywhere!

Just imagine – you commit to memory all the valuable information in order to make a presentation at work. Then take a brief vacation and when you return can barely remember enough facts to answer simple questions about your presentation. And because

you can't recall the information, you're passed over for promotions in the future.

Seems frustrating, right? It's no different for students heading back to school in the fall. Because they haven't used the knowledge learned during the school year, they lose it and become discouraged.

If at least a high school diploma is needed for the majority of in-demand jobs, the future workforce may in fact depend on us engaging children today so they can be successful tomorrow. Here are just a few ways to keep children engaged during the summer and maybe even spark a little STEM curiosity at the same time.

❖ **Discovery Education** – Connect the Dots - Discovery Education offers a wide variety of free family resources that provide high quality, relevant material for you and your children.

❖ **National Summer Learning Association** - The National Summer Learning Association is committed to ensuring that students receive quality science, technology, engineering, and math (STEM) education in their out-of-school time.

❖ **Global Digital Citizen Foundation** – Global Digital Citizen Foundation curates a list of customizable project-based learning activities organized by STEM subjects.

❖ **Project Lead the Way** – Project Lead the Way empowers students

to thrive in an evolving world and they've compiled a list of 20 simple summer STEM activities.

❖ **Children's Science Center** – Children's Science Center is a hands-on children's museum here in Northern Virginia, where children learn through play.

❖ **NOVA Play Labs** – NOVA Play Labs utilizes play as a way to teach STEM information to children ages 12 months to 14 years old.

So yes, while summer is a time for relaxing, it should also be a time to get ahead on the upcoming year and gain new experiences. If you have children, spend an afternoon at the park to make observations or visit a museum. If

you don't have children, volunteer your time to read at your local library or make a book donation. I know at Cox, we recently partnered with Daniels Run Elementary School to donate books to the students who needed reading interventions. But it doesn't have to be a big commitment of time or money. Just know that time invested to keep young minds engaged this summer will pay off in the fall and the future. And that's a win-win.

Kathryn Falk

Market Vice President of
Northern Virginia Operations
Cox Communications

Taking Exception

To the Editor:

The Last week's Connection included a Letter to the Editor from Elizabeth Torpey Bradsher ("School Board Politics and Transgender Policy.") In this letter, Ms Bradsher noted that our current Springfield district representative to the school board, Ms. Elizabeth Schultz, "...has little hope in changing anything..."

I also believe that Ms. Schultz does not/will not have a significant impact on the school board. I differ with Ms. Bradsher on the reason why. I suggest all community members review the videos of work sessions and meetings of the

school board to see how Ms. Schultz interacts and communicates with her fellow school board members and staff. Ms Schultz does not communicate well, does not show respect to the board members, is antagonistic, and non-collaborative.

I am not commenting on her positions or initiatives. I am noting that she is not an effective member of the board, not because of politics, but because she does not have the skills or temperament needed.

Michael Spatola
Fairfax Station

Vienna & Oakton
CONNECTION

www.ConnectionNewspapers.com

An independent, locally owned weekly newspaper delivered to homes and businesses.

**Published by
Local Media Connection LLC**

**1606 King Street
Alexandria, Virginia 22314**

*Free digital edition delivered to your email box. Go to
connectionnewspapers.com/subscribe*

NEWS DEPARTMENT:
vienna@connectionnewspapers.com

Kemal Kurspahic
Editor ♦ 703-778-9414
kemal@connectionnewspapers.com

Abigail Constantino
Editorial Assistant
703-778-9441
aconstantino@connectionnewspapers.com

Donna Manz
Contributing Writer
dmanz@connectionnewspapers.com

Jon Roetman
Sports Editor
jroetman@connectionnewspapers.com
[@jonroetman](https://twitter.com/jonroetman)

ADVERTISING:
For advertising information
sales@connectionnewspapers.com
703-778-9431

Don Park
Display Advertising
703-778-9420
donpark@connectionnewspapers.com

Andrea Smith
Classified Advertising
703-778-9411
classified@connectionnewspapers.com

Debbie Funk
National Sales
703-778-9444
debfunc@connectionnewspapers.com

David Griffin
Marketing Assistant
703-778-9431
dgriffin@connectionnewspapers.com

Editor & Publisher
Mary Kimm
mkimm@connectionnewspapers.com
[@MaryKimm](https://twitter.com/MaryKimm)

Executive Vice President
Jerry Vernon
703-549-0004
jvernon@connectionnewspapers.com

Editor in Chief
Steven Mauren
Managing Editor
Kemal Kurspahic
Art/Design:
Laurence Foong, John Heinly
Production Manager:
Geovani Flores

Special Assistant to the Publisher
Jeanne Theismann
jtheismann@connectionnewspapers.com
[@TheismannMedia](https://twitter.com/TheismannMedia)

CIRCULATION: 703-778-9427
circulation@connectionnewspapers.com



www.ConnectionNewspapers.com

News

Historic Vienna to Host Civil War History Parlor Talk

On Sunday, July 24, at 2 p.m., Historic Vienna (the Freeman Store and Museum), 131 Church St., NE, Vienna, will host a Civil War history parlor talk presented by Vienna's own Edward T. Wenzel, based on his book "Chronology of the Civil War in Fairfax County: Battles, Skirmishes, Incidents and Events of The War Between the States Occurring in Fairfax County, Virginia, 1859-1862." Wenzel has been honored by the National Civil War Trust for his efforts to preserve the Ox Hill battlefield in Chantilly. The presentation is free and open to the public.

Chris Mackowski, of www.EmergingCivilWar.com, wrote the following about the book:

"Ed's book is breathtaking in its scope, covering day-by-day the Civil War history of Fairfax County during the first two years of the war. With more than 50 maps and more than 350 photos, Ed's exhaustive study comes in at 618 pages. The index, totaling

another 200 pages, comes in its own volume. Some of the actions and movements covered include: Blackburn's Ford, First Manassas/Bull Run, Grigsby's Hill, Lewinsville, Dranesville, Second Manassas/Bull Run, Chantilly, Antietam, Fredericksburg, and Gettysburg. Plus there are entries related to secession, troop reviews, raids and reconnaissance missions, balloon observations, quartermaster activities, the flight of refugees and contrabands, the construction of fortifications, bridge burnings, and railroad incidents and wrecks. It is non-stop activity and action. Five years in the making (two and a half times longer than it took for the events to spool out in real time), Chronology of the Civil War in Fairfax County stands as an impressive monument all its own. This is national history written through the local lens, making it great fun for buffs to sift and sort and browse through."

Crime

From Page 2

stolen out of her purse. She wasn't sure where the actual larceny took place.

Civil Dispute - Wolf Trap Hotel, 430 Maple Ave., West. July 11 10:13 a.m. A citizen called to report they were unhappy with the way they were being treated by the hotel management. An officer assisted all parties involved and the citizen left the hotel without further incident.

Service - PNC Bank, 353 Maple Ave., East. July 12, 12:10 p.m. A

bank employee called stating they felt an elderly female subject was being scammed. The officer met with the subject and determined if there was a crime it would have occurred in Fairfax County's jurisdiction. The subject was referred to Fairfax County Police Department.

Trespassing - Whole Foods, 143 Maple Ave., East. July 12, 5:47 p.m. An employee of the listed business called to report a female subject was trespassing. The employee advised the female subject had been previously trespassed by store management. The female subject

was formally trespassed in MPO Vazquez presence and left the store.

Shoplifting - 7-11, 427 Maple Ave., East. July 12, 8:28 p.m. Officers responded to the listed business for a female subject who shoplifted alcoholic beverages. The officer made contact with the female subject who admitted to shoplifting the alcoholic beverages. The female subject agreed to pay for the alcoholic beverages. The store management didn't wish to pursue the matter criminally at this time.

the Vacuum Experts

ORECK

INVENTORY BLOW OUT SALE!

Sales * Parts * Repair

Ask about FREE Delivery WWW.REDVACUUMS.COM

Shark TV

AS SEEN ON TV

THE MOST RECOMMENDED VACUUM IN AMERICA

NEW PRODUCTS

GET A **FREE STEAM MOP**

Clean the Air while Vacuuming

Multi-Surface Cleaning

Enhanced Swivel Steering

XL Capacity Dust Cup

No Loss of Suction

\$249.95

Reg: \$299.00

5 YEAR WARRANTY

FULL SERVICE SPECIAL

\$39.95

*Deodorize & Sanitize

*New Bag, Belt, Bulb

*Complete Diagnostic

*Unclog Suction Channel

*Clean Fan, Motor, Brush

*Grease Bearings

*Seals, Gaskets, Wheels

*All Electrical, Cord & Hook

1 Year Parts & Labor Warranty

We Service All Brands

TRADE-IN

Your old vacuum in any condition and take

***\$100 OFF**

a new Vacuum Purchase

*Some Restrictions Apply

Miele

Compact C1 Home Care

\$199.00

Reg: \$299.00

While Supplies Last

RED Vacuums

Reliable Efficient Dependable Vacuums

171 Maple Ave E Vienna, VA 22180

Mon-Sat 9AM-7PM • Sun 10AM-6PM

703-255-3500

"How To Quickly Get Rid Of Knee Pain Without Surgery Or Medication!"

FREE Report Reveals A Little-Known Knee Pain Removal Secret That Quickly Eliminates Knee Pain Without Drugs Or Surgery! Get Your Life Back Now! Grab The FREE REPORT By Going To The Web Address Below! (You'll Get It Instantly):

www.KneePainVA.com



DC AREA HOMEOWNERS CHOOSE CASE BECAUSE QUALITY IS EVERYTHING.

With more than 50 years of transforming homes in the DC metro area, Case offers the highest quality in design and craftsmanship, unbeatable client service and the best warranty in the business.

Visit casedesign.com or call 703.241.2980 to schedule your free design consultation today.



ADDITIONS | BATHS | CONDOS | INTERIORS | KITCHENS

Home of the \$6,850 Bathroom Remodel From Now to WOW in 5 Days Guarantee

TWO POOR TEACHERS Kitchen and Bathroom Remodeling



Free Estimates
703-999-2928



Visit our website: www.twopoorteachers.com

Select your products from our Mobile Showroom and Design Center

Fully Insured & Class A Licensed Since 1999



Creating a College Packing List

Sorting out the essential from the unnecessary.

By Marilyn Campbell
The Connection

When a Chantilly family prepared to send their daughter to college, their process was threefold: packing up her childhood bedroom, setting up her college dorm room and getting organized in the process. They enlisted the help of professional organizer Jodie Campbell Jacobs of SOUPerior Organizing in Springfield. Jacobs discarded, preserved and streamlined, helping the family create a list of items that their daughter would need for college.

“I helped them clean out what they already had so they could get a better idea of what they needed to bring to school,” said Jacobs. “I told her not to bring too much personal stuff. Going off to college is a new chapter in your life and you want to decorate the new space for the new stage.”

Though it is the middle of summer, many families are preparing their rising college freshmen for a new school environment and the requisite lifestyle adjustments: sharing a cramped living space, awkward walks down a hallway to a shared shower and doing one’s



College students move into a residence hall at Marymount University.

own laundry.

A COLLEGE PACKING LIST can help organize the transition, but students should find out before arriving on campus the items that are necessary, such as a microwave oven, mini-refrigerator, television, bed linens and laundry bags, as well as those that are questionable, such as extension cords, multi-plug adapters and toaster ovens.

“Students frequently arrive on campus bringing their pet, such as

a snake, turtle or dog,” said Yolanda Gibson, D.A., associate dean of First Year Experience at Marymount University in Arlington, Virginia. “Unless you have an approved service animal, be mindful of your community and roommate. Also, most college campuses won’t allow you to burn items, such as candles and incense.”

Gibson, who is in the midst of coordinating new student orientations for Marymount, recommends that freshmen get a packing list

from their university or college and reach out to the person with whom they’ll be living.

“Students often come to campus with televisions without consulting their roommate,” said Gibson. “You don’t want to have two televisions in a dorm room. Be sure to communicate with your roommate before moving in.”

When it comes to deciding what goes on a packing list, professional organizer Susan Unger of ClutterSOS suggests starting with

a generic list, such as one created by one’s college or a home merchandise store. “There’s no need to reinvent the wheel, you can start with one of those and then personalize it to your own needs,” she said.

One factor to consider when creating a packing list is the distance between one’s hometown and their college campus, says Jacobs. “If you live within driving distance, for example, you can think seasonally and only bring what you need until your next visit home then swap out items,” she said. “Don’t bring a ton of sweaters that are going to take up space if you don’t need them right away.”

Organization is critical to managing a significant downsize, such as moving out of family home into a shared residence hall, said Jacobs.

“Maximize the space you have,” she said. “When it comes to sharing a dorm room or bedroom in an apartment, look at all the unused space that you normally look past, like the space under the bed.”

Risers, for example, can elevate a bed creating space for stackable storage bins that hold items such as extra towels, sheets and clothing. “These things allow you to maximize every use of space possible

without causing a traffic jam,” said Jacobs. “You can’t build more space, but you can maximize the space you have.”

Jacobs also advises resisting the urge to super-size. “You don’t necessarily need the Costco size of shampoo, you can buy more whenever you need it,” she said.

Think vertically advises Unger. “For example, use the backs of doors to hang a shoe organizer,” she said.

These can be used for items other than shoes such as toiletries, snacks and school supplies. Consider using hanging shelves in your closet for the folded clothing. Use a double hanging rod to double your hanging space.

Use a shower caddy to corral all your bathing needs.” One of those shower items might be a pair of flip-flops since many students will have to share a communal bathroom.

Since dorm living means sharing a space, make sure all personal items are identifiable.

“Be sure to label everything, especially things like phone chargers since they can easily get mixed up,” said Unger.

Both Unger and Jacobs recommend hooks that attach to a wall with an adhesive. “They can be re-

moved later with no wall damage,” said Unger.

ONE ITEM that Jacobs says many people don’t think about is a lockbox or safe that is fireproof and waterproof. “Keep documents like your social security card, certain medications and anything that you

You don’t want to have two televisions in a dorm room. Be sure to communicate with your roommate before moving in.”

— Yolanda Gibson, D.A, Marymount University

consider valuable,” said Jacobs. “Since most freshman are going to live in a shared space, a lot of people will be going in an out of your dorm room or apartment, so it’s great to have a space to put your lockbox where only you have access to it.”

Jacobs suggests storing that safe

or lockbox in a place that is out of view and inconspicuous. “If someone goes looking, it’s not the first thing they will find,” she said. “You can put it on closet shelf under a stack of sweaters or under the bed in a storage bin.”

Finally, not all shopping needs to be done in advance. “Our word of

advice is to wait to purchase some of the items until you get here,” said Joey Allen, communication and events manager, Housing and Residence Life at George Mason University in Fairfax. “There is usually time on move in day and the days after to go shopping for items.”

Five Charged for Trespassing While Playing Pokémon Go

Fairfax County Police Department offers safety tips.

Police responded to Keene Mill Elementary School, located at 6310 Bardu Avenue in Springfield, around 10:47 p.m. on Wednesday, July 13, for a report of an alarm. Officers found two men and three teenaged boys, ages 15, 16 and 17, inside the school. An investigation determined the suspects allegedly entered the building through an unsecured area. Further investigation determined they were playing the new Pokémon Go game and ended up at this location. Two 18-years-old Springfield residents were issued summonses for trespassing on school property and released. Petitions for trespassing on school property are being



Safety alert for Pokémon Go players.

sought for the juvenile suspects - according to FCPD Public Affairs Bureau. Police ask the public to be mindful of locations when playing the game. The game leads players to common meeting places like churches, memorials and parks. However, not all locations and areas in the game are open to the public and not all property owners welcome Pokémon Go players on the property. Remember, be re-

spectful and adhere to all rules and regulations.

Five Safety Tips on Playing Pokémon Go

The Pokémon Go app has become hugely popular since its release on July 6. However, there are safety concerns you should be

aware of if you are a player, parent of a player or just someone who sees Pokémon Go players out and about. Here are some police safety tips:

1. Stay Alert — The Fairfax County Police Department encourages everyone to stay alert and be mindful of pedestrians, bicyclists and drivers who may be playing the game. If you are playing, you should not be on your phone while driving and you should use common sense when walking. Be aware of your surroundings; recently in the D.C. region, people playing the game have been robbed.

2. Supervise Kids — You should become familiar with the game before allowing your children to download the app. Pokémon Go is a multiplayer game where users may run into other players in the real world as they search similar areas. Take steps to keep your kids safe.

You and your kids should discuss who they can interact with when

they go out into public to use the app.

Kids should never play the game alone but in a supervised group. Know when and where your kids are playing.

3. Don’t Trespass — The game has a “lure module” that leads the players to various locations to win points and catch Pokémon characters.

These locations are called Pokestops. Pokestops have been found at public places such as libraries and parks.

But stops are also on private property, empty lots or even cemeteries. Players may not realize they are trespassing in restricted areas and may draw attention of law enforcement and residents. Please, don’t trespass. You can catch Pokémon without going into or onto property.

4. Don’t Enter Fire Stations — Please do not enter Fairfax County fire stations, including open apparatus bays. Firefighters and med-

ics respond to emergency calls 24 hours a day. At any given time, they may be called to an emergency and a distracted pedestrian causes a dangerous situation for responders and trucks leaving the station.

5. Play in the Parks — Fairfax County is thrilled that so many folks are coming to county parks to play. During your visit, take time to learn a little about the natural and cultural resources surrounding you using the trails map.

Playing the game requires you to frequently look at your phone, so take these precautions:

Be sure to keep looking around to see where you are, so you don’t walk into a tree or a yellow jackets nest or bump into other people.

Pay attention to the time; parks close at dusk. (Staff will chase out the Pokémon then, too.) Please stay on the park trails even if the Pokémon don’t.

OPEN HOUSE
Saturday, July 23
from 12-4pm

Visit The Kensington Information Center
at 1212 West Broad Street

Summer Hours: Monday-Saturday from 9am-6pm & Sunday by Appointment

The Kensington is a new assisted living and memory care community currently under construction in the city of Falls Church. It will be a tastefully elegant residence designed with deep understanding of seniors who need help throughout the day or who are coping with memory loss. A full spectrum of clinical support, delivered by best-in-class professionals and carefully chosen partners, will enable residents to live comfortably in a loving environment while receiving highly individualized attention. We appreciate the opportunity to share our passion for seniors and commitment to excellence with you. **Please call us at 703-992-9868 to learn more and visit our Information Center.**

ASSISTED LIVING: Personalized care and programs for seniors who cannot or do not wish to live alone and who need help with daily routines

MEMORY CARE: Two levels of care—Connections and Haven—that include multifaceted programming and specialized assistance for seniors with any stage of memory impairment

COUPLES: Individualized care and accommodations for couples whose needs differ but who do not want to be separated as they age

THE KENSINGTON
An Assisted Living Community
FALLS CHURCH

703.992.9868 | 700 West Broad Street, Falls Church, VA 22046 | www.TheKensingtonFallsChurch.com

Chabad Tysons Hebrew School Teaches Traditions of Judaism

Registration open for the upcoming year of 2016-2017.

By Rabbi Chessy Deitsch
Director, Chabad Tysons
Jewish Center

Chabad Tysons Hebrew School is a place where the joys, values and traditions of Judaism are brought to life. We feel it is essential that this experience be a positive, cheerful and enjoyable chapter of your child's maturing process. The goal of our school is to instill in the children feelings of pride and affection for their heritage. We believe this can best be accomplished in an atmosphere of joy and warmth.

Our school is a contemporary learning center that successfully caters to Jewish families from all walks of life. Our school welcomes every Jew, regardless of religious background or level of observance. It is for this reason that our school does not require any membership or prior affiliations as a condition for enrollment.

We focus on the beauty and significance of our heritage through discussions, workshops and hands-on projects. We emphasize Jewish values and ethics. Mutual tolerance and respect for fellow human beings are taught as basic principles of the Jewish faith.

Our program is designed to actively involve students, and to keep the children motivated and enthusiastic.

The curriculum is taught through a variety of mediums such as, games, drama, songs, arts and crafts, workshops and holiday celebrations.



Chabad Tysons Hebrew School will host holiday celebrations for students and their families.

celebrations.

Parents are regularly informed of their child's progress and the lessons covered in his/her classes. Through our weekly class summary we give the parents an opportunity to be involved in their child's Hebrew School experience.

AT CHABAD HEBREW SCHOOL we endeavor that our students should master Hebrew skills of reading and writing. Aleph Champ is changing the course of Hebrew reading forever with a brand new innovative, cutting-edge reading system. Based on the martial arts motivational philosophy of color coded levels and testing, the Aleph Champion Program provides motivation and inspiration for our students. Easily attainable levels and professional materials make Aleph Champ an incredible success.

The Hebrew alphabet as well as the vowels and word formations were divided into 10 colored levels. The students start out as "White Aleph Champs", working their way up the colors of the rainbow to be a "Black Aleph Champ" like their teachers. Parents and teachers alike are amazed by the results. Students are motivated and have clear goals defined for them. Occasional Aleph Champ Award Ceremonies offer more motivation and recognition for student achievement. Learning to read Hebrew has never been so much fun.

The children discover & explore the Torah (Bible), the incredible history of the Jewish people and see its relevance in today's day and age. They are introduced to the characters and stories of the Bible. They are given an overview of Jewish history starting with cre-

ation to the giving of the Torah to modern day Israel.

Hands-on lessons on each Jewish holiday will fill the calendar as we proceed from Rosh Hashanah and the High Holidays through the holiday of Shavuot. The students will have a deeper understanding of each holiday, traditions and customs. Chabad Tysons Hebrew School will also host holiday celebrations for our students and their families.

Art projects are incorporated into our curriculum to add to the excitement for the upcoming holidays and Mitzvot. Our projects will have Jewish holiday and Mitzvot themes and will add a taste of Jewish life to the home.

We offer a variety of extracurricular activities such as special guests, Friday night dinners, Holiday celebrations, and Shabbat morning fun. These events will



The school curriculum is taught through a variety of mediums such as, games, drama, songs, arts and crafts, workshops and holiday celebrations.

Courtesy photos

allow our students to experience Judaism in its entirety.

Indeed, a child equipped with an education and a feeling for Judaism's beautiful teachings, traditions, and historical lessons is a child better equipped to face the awesome moral challenges of today's society.

REGISTRATION for Chabad Tysons Hebrew School is now open for the upcoming year of 2016-2017. Hebrew School begins Sunday, Sept. 11, at the Chabad Tysons Jewish Center, 2107 Chain Bridge Road, Vienna.

Ask about the first month free trial. Classes are held on Sunday mornings from 10 a.m. to 12 noon for ages 5 to 13 years. To schedule an appointment or to visit the Chabad Hebrew School, call 703-821-7770 or email Laya Deitsch at info@chabadtysons.com.

School Notes

Send school notes to north@connectionnewspapers.com by noon on Friday.

Madeline Dorr, of McLean, is on the spring 2016 dean's list at the University of Maine-Orono.

Dov Cohen, of Vienna, received a bachelor of arts degree from The College of Wooster during commencement exercises in May 2016.

Graham Liggan, of Great Falls, has been named to the spring 2016 dean's list at Auburn University.

Enas A. Musa, of Great Falls, received a master of liberal studies from Fort Hays State University spring 2016.

Robert Maffei, of McLean, graduated from Manhattan College with a B.A. in Secondary Education in May 2016.

Justin Cecil, a 2012 graduate of Langley High School, received a B.A. in Psychology with a minor in theatre from the University of California Santa Barbara on June 11.

Neal Daniel Dawson, of Vienna, graduated from Averett University in May 2016 with a master of business administration degree.

Great Falls resident **Nikki Cheshire** graduated from Pennsylvania State University, summa cum laude with a bachelor's degree in communications and magna cum laude with a bachelor's degree in Spanish. She will attend Columbia University's School of Journalism in the fall.

Katherine W. Cynkar, of Great Falls, was named to the Rhodes College Honor Roll for the 2016 spring semester.

Bulletin Board

To have community events listed in the Connection, send to connectionnewspapers.com/Calendar/. The deadline for submissions is noon on Friday.

WEDNESDAY/JULY 20

Vienna Board of Zoning and Appeals Meeting. 8-10 p.m. Town Hall Council Chambers, 127 Center St. South, Vienna. 703-255-6341.

THURSDAY/JULY 21

Real Estate Education Series. 11 a.m.-1 p.m. McEneaney Associates, 1320 Old Chain Bridge Road, McLean. Sponsored by Kathy Neal, SunTrust Mortgage on "Fair Housing - What is it? How did we get here and where are we going? Includes lunch provided by Seasons 52 Fresh Grill and Wine Bar. Free. 703-

790-9090. mcleanchamber.org.

TUESDAY/JULY 26

Vienna Transportation Safety Commission. 8 p.m. Town Hall, 127 Center St. South, Vienna. Studies intersections, traffic signs, speed limits, and other matters relating to street safety and makes recommendations to Town Council. 703-255-6382.

WEDNESDAY/JULY 27

Volunteer Opportunities 55+. Patrick Henry Library, 101 Maple Ave. East, Vienna. Learn how you can make a difference in your community with ReServe, an innovative

nonprofit that connects continuing professionals 55+ with part-time assignments in nonprofits and public agencies. Free. 202-469-3477. reserveinc.org.

SATURDAY/AUG. 13

Used Book Collection. 9 a.m.-1:30 p.m. SunTrust Bank, 515 Maple Ave. East, Vienna. Sponsored by the AAUW McLean Branch. Also, bring your CDs, DVDs, software, children's book, records, and recent textbooks, in good condition. Proceeds benefit scholarships for women. aauwbookfair@gmail.com. 703-527-4206.

Entertainment

Send announcements to connectionnewspapers.com/Calendar/. Deadline is Friday at noon for the following week's paper. Photos/artwork encouraged.

ONGOING

George Holmes: Landscapes and Illustrations. July 1-31. The Frame Factory, 212 Dominion Road NE, Vienna. theframefactory@gmail.com. 703-281-2350

Evenings on the Ellipse. 5:30-7 p.m. Thursdays through Aug. 25. Fairfax County Government Center, 12000 Government Center Parkway, Fairfax. Fun music and good company. Paradise Springs and The Winery at Bull Run will be offering complimentary tastings of their premium reds and whites. If it rains, concerts will be moved inside to the Government Center Forum. <http://www.fairfaxcounty.gov/parks/performance/>

Paint the Town. Sept. 6-Oct. 1. 115 Pleasant St. NW, Vienna. Vienna Arts Society members exhibition. ViennaArtsSociety.org.

Bingo Night. Sundays. 4 p.m. Flame Room, Vienna Volunteer Fire Department, 400 Center St. S, Vienna. \$10. www.vvfd.org/bingo.html.

Stories and Sprinklers. 1 p.m. Wednesdays through Aug. 3. Vienna Town Green. Join Historic Vienna, Inc. for a good story and some water play each Wednesday afternoon. Free. 703-255-6360.

"The Way I See It" Exhibit. Aug. 2-Oct. 1. Vienna Arts Society Gallery, 513 Maple Ave. W, Vienna. Reston resident Bob Kaminski will showcase his work in abstract and representational styles. ViennaArtsSociety.org. 703-319-3971.

"On the Street" Photography Show. 10 a.m.-4 p.m. Aug. 2-Sept. 3. Vienna Arts Society, 115 Pleasant St. NW, Vienna. Annual photography show with judge Denise Silva. Meet the Artists Reception and Awards on Saturday, Aug. 6 from 4-6 p.m. 703-319-3971. artcenter@viennaartsociety.org.

McLean Farmers Market. 8 a.m.-noon. Fridays from May 6-Nov. 18. Lewinsville Park, 1659 Chain Bridge Road, McLean. The market provides area residents an opportunity to purchase locally grown or produced products. www.fairfaxcounty.gov/parks/farmersmarkets.

Gentle Yoga. Thursdays, 6:30 p.m. Emmaus United Church of Christ, 900 E Maple Ave. E, Vienna. Saturdays, 9:30 a.m. Unitarian Universalist Congregation of Fairfax, 2709 Hunter Mill Road, Oakton. Gentle Kundalini Yoga, one free introductory session, senior discounts. Ravi Kaur has 15 years experience teaching yoga. \$15 per



The Town of Vienna will have a Big Splash party on July 31 on the Town Green.

session. www.edimprovement.org. 571-213-3192.

off by a parent or guardian. Free. 703-255-5736.

WEDNESDAY/JULY 20

Stories and Sprinklers. 1 p.m. Vienna Town Green. Join Historic Vienna, Inc. for a good story and some water play each Wednesday afternoon. Free. 703-255-6360.

SUNDAY/JULY 24

South Bay. 6-8 p.m. Great Falls Village Centre Green, Great Falls. High energy Pop, Rock and Alternative covers with their own unique spin. <http://www.celebrategreatfalls.org/concerts-on-the-green/>.

Satisfaction. 5 p.m. McLean Central Park, 1468 Dolley Madison Blvd. The International Rolling Stones Show tribute band. Part of the Alden's Sunday Summer Concerts. Free. aldentheatre.org. 703-790-0123.

Parlor Talk. 2 p.m. Freeman Store, 131 Church St. NE, Vienna. Author of "Chronology of the Civil War in Fairfax County" Edward T. Wenzel, of Vienna, will give a talk. 703-938-5187.

WEDNESDAY/JULY 27

Stories and Sprinklers. 1 p.m. Vienna Town Green. Join Historic Vienna, Inc. for a good story and some water play each Wednesday afternoon. Free. 703-255-6360. 703-356-0770.

FRIDAY/JULY 29

Teen Park Takeover. 7-9 p.m. Meadow Lane Park, 400 Courthouse Road SW, Vienna. Tennis Court Dodgeball at Meadow Lane Park. Pop-up teen center fun for all registered Club Phoenix members, those in grades 6-10. Participants must wear sneakers and be dropped

SATURDAY/JULY 30

Dine and Create till 8. 5-8 p.m. 262 M Cedar Lane, Vienna. Tweens and teens (ages 11-15) are invited to get creative with paint brushes and a canvas and then enjoy dinner with fellow artists. Pre-registration is required. Register in person at the address or via Webtrac at viennava.gov. \$30/\$38. 703-255-5736.

SUNDAY/JULY 31

The Morrison Brothers. 6-8 p.m. Great Falls Village Centre Green, Great Falls. The premier country/rock act in the Washington D.C. area, soon to be a national contender. <http://www.celebrategreatfalls.org/concerts-on-the-green/>.

Still Surfin'. 5 p.m. McLean Central Park, 1468 Dolley Madison Blvd. Beach Boys tribute band. Part of the Alden's Sunday Summer Concerts. Free. aldentheatre.org. 703-790-0123.

Big Splash Party. 1-3 p.m. Vienna Town Green, 144 Maple Ave. E, Vienna. A non-stop fun event for the entire family. Includes giant water slides, slip n slides, sprinklers, moonbounces, water games, sno-cones, music, and raffles. Free. 703-255-6360.

WEDNESDAY/AUG. 3

"The Greatest Sports Heroes A to Z." 2:30 p.m. Great Falls Library, 9830 Georgetown Pike, Great Falls. Performed by Bright Star Touring Theatre as part of the Summer Reading Program. For more information, 703-757-8560.



2016 Back-to-School Drive

Empower students in need
nvfs.org/backtoschool

Visit These Houses of Worship To Highlight Your Faith Community, call Karen at 703-917-6468

Welcoming, Diverse, Progressive

**ST. ANNE'S
EPISCOPAL
CHURCH • Reston**



8:00 a.m. Holy Eucharist, Rite I
10:00 a.m. Holy Eucharist, Rite II
5:00 p.m. Come Just as You Are
Contemporary Service

Nursery care provided at 10:00 a.m. service

The Rev. Laura Cochran, Priest-in-Charge

703-437-6530

www.stannes-reston.org
1700 Wainwright Dr., Reston

FIRST BAPTIST CHURCH OF VIENNA

450 ORCHARD STREET, NW
VIENNA, VA 22180
703-938-8525
fbcvoffice@verizon.net
www.fbcv.org

SUNDAY WORSHIP, 7:45 AM & 11:00 AM
CHURCH SCHOOL 9:30AM-10:30AM
MIDWEEK SERVICES, WED. 7:00 PM



Be Part of The Pet Connection in July

Send Your Photos & Stories Now to
editors@connectionnewspapers.com

or complete our online form at connectionnewspapers.com/pets

Be sure to include your name, address and phone number, and
identify all people and pets in photos.

SPECIAL CONNECTIONS CALENDAR

Advertising Deadlines are the previous Thursday unless noted.

AUGUST

8/3/2016.....Wellbeing
8/10/2016.....HomeLifeStyle
8/17/2016.....A+ Camps & Schools – Back to School –
Private Schools
8/24/2016.....Newcomers & Community Guide Pullout
8/31/2016.....Connection Families: Enrichment,
Care & Back to School

E-mail sales@connectionnewspapers.com for more information.



**THE
CONNECTION**
Newspapers & Online
703-778-9431
www.ConnectionNewspapers.com/Advertising

Before, During And Not Yet After

By **KENNETH B. LOURIE**



It's a peculiar task to be writing ahead (for publication July 20, 2016), about something that has not happened, yet when this column ultimately does publish will have likely already happened. This "bassackward" perspective (and Colorado "Blue" run) refers to the CT Scan I had completed last Wednesday, July 13, results of which I will learn anywhere from two days from now (electronically) at the quickest to two weeks at the latest (when my next face-to-face appointment with my oncologist is scheduled). And yes, if you think two weeks is a long time (interminable comes to mind) to ponder your fate and the universe in which you hope to still live, it most definitely is. But given the nature of the medical system/appointment availability with which I have to work, I have limited say in the matter, a matter of crucial importance – to me.

However, after seven-plus years of it, I've gotten use to (I wouldn't say comfortable though) the process. Is it my preference to wait for fate and allow medical nature to take its course? Hardly. Have I been told (and experienced quite frankly), that if there is significant, time-sensitive, potentially life-changing information to relate, I will be informed much sooner than later? Absolutely. (During the original diagnostic assessment of the migrating pain in my ribs.) Is there/has been there room for misinterpretation in the silence/lack of communication from one's oncologist when said oncologist has said he prefers to deliver bad news in person – not electronically and/or over the phone? Of course. What if, and I found out after the "interminable" wait (which happened to me yesterday at my infusion, as a matter of coincidence) that my doctor is actually away on vacation during this post-scan week and the non-communication has nothing at all to do with "bad results wanting to be delivered in person?" Moreover, what happens to my level of expectation when the oncologist has good news to share about my scan and in turn breaks his own rule about wanting to inform me in person, generally, and e-mails me early with good news? Happiness, relief, obviously. But what happens on subsequent scans (like now) when he doesn't e-mail me early? What if I didn't know he was on vacation or at a medical conference, as another example, which has also happened? I never know. Or has the doctor decided he wants to deliver all news in person to eliminate ANY possible misinterpretation of scans (which has also happened)? So does good news always travel fast, and bad news much slower? Not necessarily and not so consistently. Welcome to my cancer whirled.

All of this is fairly manageable (believe it or not), except that I know of lung cancer patients who have their CT Scans in the morning, and after lunch, have their appointment with their oncologist to discuss the results. Just like at my wife's bar: "Same Day Service." Unfortunately, that's not my day. My reality is quite different, and there seems little I can do about it. And consider that for yours truly – and any other patient waiting for scan results (mammograms comes to mind) – managing the anxiety seems the only reasonable action, rather than stressing about a results loop that likely will never change (maintaining similar behavior and expecting different results; I'm not insane. See July 13th column).

As you can read, my cancer-patient experience has been a combination of a roller-coaster ride, Ferris wheel and bumper cars; up and down and all around and getting smashed at any time. Without much amusement. However, if you don't find some joy in it, there will only be loathing. And that's no way to live your life, making a bad situation worse, especially as a cancer patient. Certainly communication and clarity matter; so too does peace and happiness.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

Employment

ASSISTANT BOOKSTORE MANAGER

(Springfield Campus)
Mid \$20s
401k, 2 wks vacation
Lots of advancement oppts!
jsmith@bncollege.com

Part-time editorial help needed in Old Town Alexandria:

Check email and local websites; create calendar listings, community notes, news briefs; upload content to Content Management System; proofreading/copyediting; other tasks as needed to get papers out. Work with award winning editor. Applicant should be able to create clean copy, work quickly. AP Style, page layout experience a plus. Hours MTW. Transitioning to more digital newsroom; this position could be temporary or permanent. \$15/hr.
Email interest, resume to
mkimm@connectionnewspapers.com

Educational Internships

Unusual opportunity to learn many aspects of the newspaper business. Internships available in reporting, photography, research, graphics. Opportunities for students, and for adults considering change of career. Unpaid.
E-mail internship@connectionnewspapers.com

THE CONNECTION
NEWSPAPERS

HOW TO SUBMIT ADS TO

THE CONNECTION
Newspapers & Online
CLASSIFIED

DEADLINES

Zones 1, 5, 6.....Mon @ noon
Zones 2, 3, 4.....Tues @ noon

E-mail ad with zone choices to:
classified@connectionnewspapers.com
or call Andrea @ 703-778-9411

EMPLOYMENT

DEADLINES

Zones 1, 5, 6.....Mon @ noon
Zones 2, 3, 4.....Tues @ noon

E-mail ad with zone choices to:
classified@connectionnewspapers.com
or call Andrea @ 703-778-9411

ZONES

- Zone 1:** The Reston Connection
The Oak Hill/Herndon Connection
- Zone 2:** The Springfield Connection
The Burke Connection
The Fairfax Connection
The Fairfax Station/Clifton/Lorton Connection
- Zone 3:** The Alexandria Gazette Packet
The Mount Vernon Gazette
- Zone 4:** Centre View North
Centre View South
- Zone 5:** The Potomac Almanac
- Zone 6:** The Arlington Connection
The Vienna/Oakton Connection
The McLean Connection
The Great Falls Connection

Zone 6: • Arlington • Great Falls
• McLean • Vienna/Oakton

Classified

703-778-9411

Zone 6 Ad Deadline:
Monday Noon

26 Antiques

**We pay top \$ for STERLING,
MEN'S WATCHES,
JEWELRY, COSTUME JEWELRY,
FURNITURE, PAINTINGS AND CLOCKS.**
Schefer Antiques
703-241-0790
theschefer@cox.net

28 Yard Sales

Moving Sale!
Sat 7/30
9A to Noon
Household items,
Clothes, Furniture
1401 Buena Vista Ave
McLean, VA

26 Antiques

YARD SALE
Sat 7/23 8 AM-1 PM
Household items, collectibles,
bedding
201 Paris Ct. Vienna, VA
22180

28 Yard Sales

101 Computers

101 Computers

HDI COMPUTER SOLUTIONS

JENNIFER SMITH • Serving the Area Since 1995

- > Speed Up Slow Computers
- > Virus Removal
- > Computer Setup
- > Help with Windows 8 & 10



571-265-2038

Jennifer@HDIComputerSolutions.com

21 Announcements

21 Announcements

21 Announcements

LIFETIME www.metalroofover.com

METAL ROOFING

1-800-893-1242

WE FINANCE!

Single Wides • Double Wides • Houses

GARAGES, SHOPS & BARNs

VA CAROLINA BUILDINGS, INC

21 Announcements

21 Announcements

21 Announcements

10-DAY INTERNET AUCTION

JULY 18th-JULY 27th
SECURED CREDITOR ORDERED SOLD
INSPECTION DATES: JULY 21st & JULY 25th 10am-2pm
OVER 24,000 NEW AUTOMOTIVE PARTS
INVENTORY TO BE LIQUIDATED!!!
11 VEHICLES & ALL FF&E
\$1,000,000+ (AT RETAIL)
EXHAUST • BRAKE PADS/SHOES • FILTERS • STARTERS
Flowmaster • Magnaflow • Cardone • AP
AVAILABLE BULK OR PIECE MEAL
Inventory, photos & more:

atlanticREmarketing.com
VAF#359
ATLANTIC ASSET MANAGEMENT GROUP, INC.
Auctions | Real Estate | Appraisals | Marketing
William J. Summs, Sr.
757-461-6867

21 Announcements

21 Announcements

21 Announcements

Low Vision Patients with MACULAR DEGENERATION

DMV offers a special permit allowing low vision patients to drive with bioptic telescopic glasses.

Call for a FREE phone consultation with Dr. Armstrong, Optometrist

Offices in: Roanoke, Harrisonburg, Wytheville, Virginia

Learn more at: www.VirginiaLowVision.com
Dr. David L. Armstrong (866) 321-2030

21 Announcements

21 Announcements

21 Announcements

Join Our Team!

Chesterfield County Public Schools

Food and Nutrition Services Employment Opportunities

We are currently accepting applications for:
Field Supervisor - Marketing

Provides strategic leadership for the marketing area of the Food and Nutrition Services Department and professional technical supervision in all areas of food services. Plans, develops, and executes the Food and Nutrition marketing plan to promote school meals and nutrition initiatives programs. Apply via the CCPS website at <http://mychesterfieldschools.com>. Complete job description and application procedures are available on the website.

EOE/M/F/D

The future
comes one day
at a time.
-Dean Archeson

Zone 6: • Arlington • Great Falls
• McLean • Vienna/Oakton

Home & Garden

connectionnewspapers.com CONTRACTORS.com

703-778-9411
Zone 6 Ad Deadline:
Monday Noon

ELECTRICAL

K & D ELECTRIC
COMMERCIAL / RESIDENTIAL SERVICE
Family Owned & Operated

Recessed Lighting
Ceiling Fans
Phone/CATV
Computer Network Cabling
Service Upgrades
Hot Tubs, etc...

Licensed/Bonded/Insured

Office 703-335-0654
Mobile 703-499-0522
lektrkman28@gmail.com

ELECTRICAL

IMPROVEMENTS

IMPROVEMENTS

Power Washing

Go from Green to Clean. We clean Houses, Decks, Fences, Patios, etc. Deck Staining and Sealing, Exterior Wood Rot, Deck & Fence Repair.

Licensed & Insured • Free Estimates

email: jnave@comcast.net
703-987-5096

LAWN SERVICE

Spring Clean-up, Mulching, Sod, Lawn Care, Fertilizing, Tree Cutting, Handyman work

Call us Today and Get 20% OFF on Hardwood Mulching and Any Job Higher Than \$300.00

Licensed Insured

THE MAGIC GARDENER
703-328-2270 or 703-581-4951

LAWN SERVICE

LANDSCAPING

A&S CONSTRUCTION
SOD, Mulch, Clean-Up
Leaf Removal
Hauling.
703-863-7465

The biggest things are always the easiest to do because there is no competition.
-William Van Horne

TILE/MARBLE

TILE/MARBLE

BRENNAN TILE
Bathroom Remodeling Partial or Full. Kit. Floors, Backsplashes. Specializing in Ceramic, Porcelain, Glass Tiles and Natural Stones. Also repair work. 35 yrs exp.
www.brennan-tile.com
703-250-2872
Licensed • Bonded • Insured

GUTTER

GUTTER

GUTTER CLEANING
Gutters and Downspouts Cleaned
Small Repairs • Gutter Guards

PINNACLE SERVICES
lic/ins 703-802-0483 free est.
email jamie@lawnsandgutters.com
web: lawnsandgutters.com
Friendly Service with a Friendly Price!

A&S Landscaping

- All Concrete work
- Retaining Walls • Patios
- Decks • Porches (incl. screened) • Erosion & Grading Solutions
- French Drains • Sump Pumps
- Driveway Asphalt Sealing

703-863-7465
LICENSED
Serving All of N. Virginia

J.E.S. Services
Your neighborhood company since 1987
703-912-6886

Landscaping & Construction
Free Estimates - Fully Licensed & Insured

- Planting & Landscaping Design
- Drainage & Water Problems
- Concrete Driveways, Replacement or New
- Patios and Walks • Masonry Work or Dry Laid
- Paver, Flagstone, Brick, any style you choose
- Retaining walls of all types

All work Guaranteed

TREE SERVICE

TREE SERVICE

Quality Tree Service & Landscaping

Reasonable prices. Licensed & insured.

Summer Cleanup...
Tree removal, topping & pruning, shrubbery trimming, mulching, leaf removal, planting, hauling, gutter cleaning, retaining walls, drainage problems, etc.

25 years of experience - Free estimates
703-868-5358

24 Hour Emergency Tree Service

IMPROVEMENTS

IMPROVEMENTS

**ROOFING SIDING
WINDOWS FLAGSTONE-
BRICKWORK**

703-587-7762
mainstreet-home-improvement.com

Quality Builds Trust

Picture Perfect Home Improvements

(703) 590-3187

Remodeling Bathrooms, Kitchens & Basements

Exterior & Interior Repair, Painting, Carpentry, Wood Rot, Drywall, All Flooring, Decks

- FREE Estimates
- EASY To schedule
- FAST & Reliable Service
- NO \$\$\$ DOWN!

Handyman Services Available
<http://www.pphionline.com/>
"If it can be done, we can do it"
Licensed - Bonded - Insured

MASONRY MASONRY

Alfredo's Construction Company, Inc.

- Concrete Driveways
- Patios •Sidewalks
- Stone •Brick

Phone:
VA: (703) 698-0060 • MD: (301) 316-1603
www.alfredosconstructioncompany.com

RN. CONTRACTORS, INC.

Remodeling Homes, Flooring, Kitchen & Bath, Windows, Siding, Roofing, Additions & Patios, Custom Deck, Painting

We Accept All Major Credit Cards
Licensed, Insured, Bonded • Free Estimates • Class A Lic

Phone: 703-887-3827
E-mail: rncontractorsinc@gmail.com
www.rncontractors.com

BRICK AND STONE

Custom Masonry
703-768-3900
www.custommasonry.info

Patios, Walkways, Stoops, Steps, Driveways
Repairs & New Installs • All Work Guaranteed

WINDOWS & GLASS

WINDOWS & GLASS

POTOMAC WINDOW CLEANING COMPANY

Residential Specialist
Family owned/operated
Working Owners Assures Quality
No Hidden Fees/No Pickup Labor
30 yrs Experience in local area.
Full Time Owners Assures Quality.
Services Available Year Round.

Licensed **703-356-4459** Insured

IMPROVEMENTS

IMPROVEMENTS

IMPROVEMENTS

IMPROVEMENTS

CRESCENT HOME SERVICES

Handyman & Home Improvement

Free Estimates Licensed & Insured

703-953-7309
www.crescenthomeservices.net

CHS DOES:

- Home Repair & Maintenance
- Pressure Washing
- Gutter Cleaning / Repair
- Carpentry
- Water Damage Repair
- Rotten Wood Repair
- Drywall / Painting
- Light Plumbing & Electrical
- Kitchen & Bath Remodeling
- and so much more!

100% A-Rated on Angie's List & Washington Consumer Checkbook
Local references available too!

5% discount on labor with this ad
Good thru 11/30/2015

No Job Too Small

Professional ✂ Affordable ✂ Reliable

www.crescenthomeservices.net Email: info@crescenthomeservices.net

PAINTING PAINTING

Painting & Decorating Interior & Exterior

- * Drywall
- * Carpentry
- * Powerwash
- * Cleaning/Organizing
- * Roofs

Call Jorge anytime - 703-901-6603

PAVING PAVING

GOLDY BRICK CONSTRUCTION

Walkways, Patios, Driveways, Flagstone, Concrete
FREE ESTIMATES
Licensed, Insured, Bonded
703-250-6231

For a free digital subscription to one or all of the 15 Connection Newspapers, go to www.connectionnewspapers.com/subscribe

Complete digital replica of the print edition, including photos and ads, delivered weekly to your e-mail box.

Questions? E-mail: goinggreen@connectionnewspapers.com

THE CONNECTION NEWSPAPERS

Sports

Oakton Divers Triumph in Third Meet

The Oakton Otter divers triumphed in their third meet of the NVSL Division 3 season, beating Highland Park with a final score of 48 to 24, and bringing their winning record to 1-1-1. Six Oakton divers placed first in their respective categories: Christina Angelicchio in freshman girls with a score of 58.2; Molly Kenefick in junior girls with a score of 93.4; Sarah Gurley in intermediate girls with a score of 143.30; Spencer Dearman in intermediate boys with a score of 121.55; Elana Colbert in senior girls with a score of 169.50; and Liam Klopfenstein in senior boys with a score of 189.20. Oakton also swept the top three places in junior girls (Claire Newberry, second; Molly Estes, third) and intermediate girls (Julia Sample, second; Ariel Klopfenstein, third). The other Oakton divers who placed were: Gabriella Mancusi (freshman girls, third); Jon Anthony Montel (freshman boys, second); Josh Shipley (junior boys, second); and Julia Powell (senior girls, second).



Sarah Gurley (Oakton, intermediate girls).



Spencer Dearman (Oakton, intermediate boys).

Photos by John Estes

Hunter Mill Swim Team Competes in All-Star Relays

On July 16, the Hunter Mill Sharks (3-1) lost to host Hunt Valley, 249-171, in a division 2 meet. The single winners for Hunter Mill were Alexandra Dicks, Connor Dunne, Oliver Hau, Regan Hau, Giovanna Moriarty, and Alexander Rose. Hunter Mill Sharks who snagged double wins were Benham Cobb, Emma Riggle, and Hunter Guthrie.

The Hunter Mill Shark relay teams who went to All Star Relays on July 20, 2016: Girls Mixed-Age 200 Free (Alexandra Dicks, Emma Riggle, Riley DeLacy, Giovanna Moriarty); Boys Mixed-Age 200 Free (Benham Cobb, Alexander Rose, Michael Hynes, Jackson Ayers); Girls 9-10 100 Medley (Emma Riggle, Anna Chen, Reagan Laubner, Sydney Guthrie); Girls 9-10 100 Free (Sydney Guthrie, Anna Chen, Adira Asner, Emma Riggle); Boys 9-10 100 Medley & 100 Free (Alexander Rose, Oliver Hau, Chase Norman, Eric Mouritzen); Girls 11-12 100 Medley (Alexandra Dicks, Regan Hau, Grace Rose, Katharine Frothingham); Girls 11-12 100 Free (Katharine Frothingham, Anna Capobianco, Regan Hau, Alexandra Dicks); Boys 11-12 100 Medley (Ethan Norman, Aidan Michaud, Benham Cobb, Lars



Photo contributed

The 9- to 10-year-old Hunter Mill Shark relay girls: Adira Asner, Anna Chen, Sydney Guthrie, Reagan Laubner, and Emma Riggle.

Langenbach); Boys 13-14 200 Medley & 200 Free (Pieter Blindenbach, Michael Hynes, Ethan Asner, Ryan Breedlove).

Faith Notes

Faith Notes are for announcements and events in the faith community. Send to vienna@connectionnewspapers.com. Deadline is Friday at noon.

Oakton Church of the Brethren will have its Vacation Bible School, August 1-5, 9:20 a.m.-12:30 p.m. \$20 per child; 40 family maximum. Online registration is open at www.oaktonbrethren.org. 703-281-4411. The church is located at 10025 Courthouse Road, Vienna.

The Antioch Christian Church offers a time of Prayer and Healing on Wednesday evenings at 6:30 p.m. for anyone wanting encouragement and

healing through prayers. People are available to pray with you or for you. Antioch Christian Church is located at 1860 Beulah Road in Vienna. www.antiochdoc.org

HAVEN of Northern Virginia offers a variety of free bereavement support groups, meeting on a weekly basis. 703-941-7000 or www.havenofnova.org.

McLean Bible Church Fitness Class at Body and Soul Fitness. Gain balance, energy and strength at 9:45 a.m. Mondays and Fridays. Free childcare for registered students. bodyandsoul@mcleanbible.org.

St. Dunstan's Episcopal Church, 1830 Kirby Road in McLean, holds a third Sunday service every month at 10:15 a.m. which allows children to play active roles in the music and as greeters and ushers. Traditional services are every Sunday at 8:15 and 10:15 a.m.

Vienna Christian Healing Rooms are open, every Saturday, 1-5 p.m., at 8200 Bell Lane. A team of Christians is available to anyone requesting prayer. Free and open to the public. 703-698-9779 or www.viennachristianhealingrooms.com.

Chesterbrook United Methodist

Church is at 1711 Kirby Road, McLean. Worship service is at 11 a.m. Sunday school is at 9:30 a.m. for adults and children. 703-356-7100 or www.ChesterbrookUMC.org.

Emmanuel Lutheran Church, 2589 Chain Bridge Road, Vienna, is holding Sunday evening worship service in a less formal atmosphere and more intimate setting to help you get ready for the week ahead. Sundays, 6 p.m. Communion offered. No childcare. 703-938-2119 or www.elcvienna.org.

Centering Prayer Group meets Fridays, 9:30 a.m. at Andrew Chapel United Methodist Church, 1301 Trap

Road, Vienna. The hour includes a brief reading related to Centering Prayer, followed by a 20-minute prayer period. E-mail Martha Thomas at mmthomas211@hotmail.com or call the church at 703-759-3509.

Unitarian Universalist Congregation of Fairfax, 2709 Hunter Mill Road, Oakton, offers the Religious Exploration (RE) program for all children, from pre-K toddlers through high school seniors, emphasizing exploration of all religious traditions while developing a personal spiritual path. The RE program offers classes on Saturday afternoons and Sunday mornings. 703-281-4230.

News Briefs

Oakton Resident Leads Fairfax Bar Association

Richard Gray, of Oakton, is the 2016-2017 president of the Fairfax Bar Association.

He is a partner with Feldesman Tucker Leifer Fidell LLP in Northern Virginia and Washington, D.C.

"The practice of law is changing with technology driving efficiencies and people spending more time online, yet the practice of law will always be a personal business where relationships matter," said Gray.

Gray holds a juris doctorate



Richard Gray

George Mason University and a Bachelor of Science from Old Dominion University.

from the New England School of Law, Boston, Massachusetts, a master of Arts in Psychology from

Northern Virginia Family Service Expands Early Learning

Northern Virginia Family Service is expanding high-quality early learning opportunities for infants and toddlers in Northern Virginia by providing core operating support for the Early Head Start Child Care Partnership through a \$200,000 grant from the W.K. Kellogg Foundation. The project is designed to improve the services provided to infants and toddlers through NVFS' community child care partners by providing targeted, professional development and mentor coaching to all center staff.

"By participating in the program, teachers will be better equipped to make objective observations of children's development, learning and skills," said NVFS senior VP of Programs Malinda Langford. "They will effectively use research-based developmental screening and assessment tools to gather information about children's physical, language and social-emotional needs. They will then be able to develop individualized learning plans for children in their care, and plan and implement the curriculum with activities and experiences that

are developmentally appropriate that can lead to lifelong learners."

The professional development component will operate in partnership with the Virginia Literacy Council's Excellence in Children's Early Language and Literacy (ExCELL), which includes classroom-based coaching sessions for teachers, assistants, directors, and other staff who interact with the children enrolled.

NVFS will also partner with Virginia Commonwealth University and the University of Virginia, respectively, to provide professional development and mentor coaching, and educate Early Head Start staff on classroom assessment tools to measure the quality of teacher-student interactions, classroom instructions and more. NVFS staff members will provide additional training regarding assessment tools for cognitive and social-emotional development.

NVFS offers home-based and center-based Early Head Start programs in Arlington, Loudoun and Prince William counties, and the city of Manassas.