Mount Pernon Gazette



Mount Vernon's Hometown Newspaper • A Connection Newspaper

Swimming with Engie, for Cancer Research

Fundraiser benefits **Inova Schar Cancer** Institute.

BY TIM PETERSON THE GAZETTE

hen Engie Mokhtar of Kingstowne woke up from a blackout on the floor of her kitchen, she didn't think much of it. She cleaned up, went to bed, and went to swimming practice with the Alexandria Masters team the next morn-

After describing the incident to teammates, one of them said it sounds like Mokhtar might've had a seizure. She went to the doctor that afternoon, who got her right into an MRI.

In 2010, Mokhtar was diagnosed with Stage III breast cancer. She went through all the treatments over the next two years surgery, chemotherapy, radiation and reconstruction.

That cancer had metasticized to her brain, doctors told Mokhtar. The seizure was related to the three-centimeter mass that had formed in that organ.

Within two weeks, Mokhtar had brain surgery. Her treatment included "cyber knife," oral chemo pills and infusion chemotherapy. After five months she was able to stop the harsh oral pills, but she has continued to go in for infusion treatments every Friday.



At last year's Swim for Engie fundraiser, 34 participants swam laps for nearly two hours and raised just under \$6.000.

The last thing she wanted to do before her surgery? Attend 6 a.m. swim practice.

"Swimming became such a huge part of my life," Mokhtar said. She grew up swimming, must mostly for recreation, choosing to focus more time on dance and music.

But the medicine she was on for her first cancer treatment caused permanent nerve damage and degeneration in her feet. That made it painful for her to walk long distances, much less dance.

To get back in shape during her treatment, Mokhtar returned to swimming.

More than just a cardiovascular workout, she found a close-knit community.

"The swim team was my rock," Mokhtar said. "They truly are my second family."

While she couldn't drive, teammates would help get her to practice, to work, walk her dog, bring her meals — "do whatever else I needed."

"When we first heard she had cancer, we asked 'How can we help her?" said Potomac Yard resident and Alexandria Masters swimmer Cindy Halim. "It's what we do."

One of the swimmers had the idea to hold a swim-a-thon to raise money to help cover Mokhtar's medical expenses. But she declined the offer.

SEE SWIMMING, PAGE 3

One Step To 'One Fairfax' Agreeing on a policy to create opportunity for all.

By Ken Moore THE GAZETTE

eff McKay didn't mince words when discussing racial, social and economic inequity in Fairfax County.

"There are different opportunities in this county depending on where you live and depending on what school you go to," said the Lee District supervisor.

Hybla Valley Elementary in Mount Vernon is by many measures the most equity-challenged elementary school in Fairfax County. Fully 90 percent of students are poor, that is qualify for "free and reduced meals;" 48.7 percent of students are limited English proficient. While 80 percent of students are Latino, just 2.4 percent are white.

Less than four miles away, at

Waynewood Elementary School, also in Mount Vernon, the story is different. There are very few poor students; just 2.1 percent qualify for subsidized meals. White students make up 87 percent of the students body; 1.8 percent are Black; 4.46 percent are Latino. Just 3.4 percent of students have limited proficiency in English.

On the other side of the county, many elementary schools in McLean, Great Falls and Vienna have a tiny percentage of poor children; less than one percent in some cases.

School in McLean, there are almost no students poor enough to qualify for subsidized meals; 0.82 percent; just 8.8 percent of students are limited English proficient. 51 percent of students are white, 32 percent Asian, 2.47 per-

cent Black and 7 percent Latino.

At Wolftrap Elementary in Vienna, there are also almost no poor students with just 1.22 percent poor enough to qualify for subsidized meals. White students make up 71.25 percent of students; 8.8 percent of students are Latino; 13.2 percent are Asian. Less than one percent are Black.

But in Herndon, at Hutchison Elementary, 78 percent of students are poor. The same percentage, 78, of students are poor at Dogwood Elementary in Reston.

At Churchill Road Elementary THIS MONTH, the Board of Supervisors and the School Board passed a joint resolution called "One Fairfax: a community where everyone can participate and prosper." The idea is to address inequity in opportunities across the

"This puts it in writing, makes it deliberate and sends a strong message to our community that our leadership in this county believes strongly in equity, in social justice and in One Fairfax, where no matter where you are born, no matter what neighborhood you happen to grow up in, you have equal opportunity to succeed," said McKay.

The policy passed by the two boards directs the development of a racial and social equity policy and strategic actions to advance opportunities and achieve equity

that includes intentional collective leadership, community engagement, equity tools and infrastructure to support and sustain systemic changes, and shared accountability.

"We don't have the opportunities we need for all people in the county. And we talk about that in the context of everything from career and technical education, to preschool," said Braddock Supervisor John Cook.

"We have had community mem SEE ONE STEP, PAGE 6

8/15/10 Ведиезтер ім ном MATERIAL TIME-SENSITIVE :ЯЭТКАМТКОД **АТТЕИТІО**И

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SFDC Seminars Help Educate Businesses

Seminar addresses online ratings.

By Gerald A. Fill The Gazette

ocal business people learned the benefits of using social media as an online marketing tool during last week's Southeast Fairfax Development Corporation (SFDC)-hosted education seminar.

Kelsey Owen, director of communications and public affairs of the Better Business Bureau of Metro Washington and Eastern Pennsylvania discussed "Yelp Blues Got You Down? — Improve your online ratings and deal with trolls."

SFDC's mission is "to promote the development and planning of the roads, mass transit, development, and business success of the Route 1 corridor." Tracking progress of roads and building developments has become standard operating procedure for the SFDC. However, more recently it has expanded their online presence and invited members and others to attend business education roundtable subjects.

Owen illustrated through her presentation that BBB has a widely respected online business review and rating program. The BBB provides in depth business review and follow up coverage for participating businesses. According to its most up to date statistics, 5.3 million BBB business reviews were performed nationally.

Owen agreed that other online platforms offer business evaluation programs such as Yelp and Google Alert. However, she be-

Details

BBB at a Glance: 2015 Annual Statistics

10,997,465: Total number of inquiries and website visitors

\$347 billion marketplace transaction dollars (via processed complaints) Conducted 170 investigations into business prac-

ces
3.5 million business reviews viewed

64,456 complaints processed 412,773 customer reviews and complaint details

read
82 percent of the complaints the BBB received

were resolved **Contact Info:**

Kelsey Owen, Director, Communications & Public Affairs

Better Business Bureau serving Metro Washington DC & Eastern Pennsylvania

1411 K Street NW 10th fl. Washington, DC 20005

wasnington, DC 2000. Bbb.org/dc

202-304-1880

poor performance.

lieves that the track record of the free BBB Business Review program is an especially effective and popular program. Among the features, the BBB program follows up on business reviews. It asks if the complaint is resolved. When there is an unresolved complaint, the BBB will follow up by contacting local government agencies and/or the Federal Trade Commission (FTC) about

In her presentation Owen offered these remarks about the importance of online business reviews in establishing trust and confidence in a business product and/or service in the contemporary Online consumer marketplace:

"Today's consumers prefer learning about your business from other customers — not you. A recent Nielsen survey showed us that 92 percent of consumers are turning to the opinions of friends and family over all other



From left: Edythe Kelleher, executive director, Southeast Fairfax Development Corporation, and Kelsey Owen, director of Communications and Public Affairs, the Better Business Bureau.

forms of advertising ... And 88 percent of consumers trust online business reviews."

"Social media can be a great tool for generating real conversations about your brand and building trust with customers and prospects. Instead of using social media as just another channel to promote your business, use it to build a community that believes in what you stand for."

"Getting a bad review isn't the end of the world. It's how you respond to it that matters. A recent survey by Mintel, a market research firm, showed us that 57 precent of consumers are actually suspicious of

brands that only have positive reviews."

"People are not looking for perfection online. What they are really looking for is humanity and genuine responses, so a negative review can be a great opportunity to respond in a positive and transparent manner. Turn the comment around and highlight your strengths while also making the critic feel heard and acknowledged. Remember, help your positive reviews shine by always following up and answering your negative reviews in a timely, transparent, and honest way. Your future customers will be glad you did."

Swimming with Engie, for Cancer Research

From Page 1

"What she really want is for the money to go to figuring out why people get cancer," said Madeline Muravchik of the City of Alexandria. "Lots of charities focus on treatment, she would rather focus on why this happens to people."

Muravchik is the membership coordinator for the swim team, and helped organize last year's Swim for Engie Against Breast Cancer Swimathon fundraiser. The 34 participants swam laps for nearly two hours and raised just under \$6,000.

Per Mokhtar's request, the money supported the breast cancer research fund with the Inova Schar Cancer Institute.

"The type of cancer I had was a death sentence 10 years ago," said Mokhtar. "They'd say, 'OK, the end."

But now, she said, genomics research has helped medicine to target genetic markers, reasons for the cancer attacking.

Currently, Mokhtar is experiencing no progression of the cancer; she gets a "full workup of scans" every three months.

To keep herself busy and fulfilled, she's taken on an active role in the Alexandria www.ConnectionNewspapers.com



Engie Mokhtar's mother Nadia Mokhtar (left) joined the Alexandria Masters swim team with her daughter so she could drive her to practice while she was undergoing treatment for cancer.

West Rotary club, which is co-sponsoring this year's swim-a-thon.

"It's really kept my attitude up, to continue doing the things I love to do," Mokhtar said. "Take those moments when I can. Prioritize what gives me joy. We don't always get that, we get bogged down paying the bills, making ends meet."

And she's continued to swim with her



Engie Mokhtar of Kingstowne swims backstroke during the 2015 Swim for Engie breast cancer research fundraiser.

teammates, her family at Alexandria Masters.

"You picture someone who shows physical signs of being physically desperately ill," Muravchik said, "which Engie does not. She has this double life. She's battling, is still able to function in the world."

"She sees how you can make the most of our your life," Halim said. "Swimming really makes her happy, and we're glad we can provide her with this environment. So she feels like she's home, and really lift her up."

The second Swim for Engie event is scheduled for August 27, 2016 from 8 a.m. to 10 a.m. at Little Hunting Park Pool, located at 7000 Canterbury Lane in Alexandria, 22307. The event is open to the members of the public of all ages who can swim laps.

For more info about this year's event, sign up or to donate, visit www.crowdrise.com/ SwimforEngie2016 or contact Madeline Muravchik at swimforengie@gmail.com.





News



At the 74th session at Virginia Boys State are, from left, standing, Dave Wallace, Post 162 Commander; Carter Engvall; Patrick Sansone; Braydin Sones; and Ryan Huck. From left, kneeling, are Dominic Mancini, Aaron Moorer, Yosaph Boku, and Juan Giron-Blanco. Not Pictured are Michael Baldinger, Tyler Hawley, Malcolm "Mac" Slugg, and Ethan Baird.

Area Students Attend Boys State

t American Legion Boys State, participants are exposed to the rights and privileges, the duties and the responsibilities of a franchised citizen. The training is objective and practical with city, county and state governments operated by the students elected to the various offices. Activities include legislative sessions, court proceedings, law enforcement, presentations, assemblies, bands, chorus and recreational programs. This year's session was held at Radford University, June 19-25. Participants, sponsored by American Legion Post 162, included:

Michael Baldinger

High School: Hayfield Office: City Councilman Sports: Billiards Talent Show: Juggling

Ethan Baird

High School: Hayfield
Office: Campaign Organizer
Sports: Ping Pong and Frisbee
Classes: Parliamentary procedure and Better Speaking

Yosaph Boku

High School: Mount Vernon Office: Governor Award: College Scholarship for \$4,000 Activity: Newspaper Staff Class: Better Speaking

Juan Giron-Blanco

High School: Mount Vernon Office: City Council and Secretary of Natural Resources Class: Running for Public Office and Better Speaking

Aaron Moorer

High School: Mount Vernon Office: City Council Sport: Volleyball

Malcolm "Mac" Slugg

High School: South County

Braydin Sones

High School: South County Office: City Council Class: Better Speaking

Carter Engvall

High School: West Potomac Office: House of Delegates

Sport: Flag Football

Tyler Hawley

High School: West Potomac Office: House of Delegates Award: Top Bill Activity: Band Class: Running for Public Office and Better Speaking

Ryan Huck

High School: West Potomac Office: Circuit Court Judge Honor: Finalist, 2nd Place Moot Court

Activity: Moot Court

Dominic Mancini

High School: West Potomac Office: City Council Sport: Soccer

Patrick Sansone

High School: Saint Anselms Abby School (Washington D.C.) Office: Federalist City Party Chairman

Award: Best Citizen of Henry

City

Activity: Chorus Class: Better Speaking

Profile

Yosaph Boku

Yosaph Boku, a Post 162 representative from Mount Vernon High School and incoming senior, was elected Governor at the 2016 Virginia Boys State held at Radford University.

Could you provide your background along with your family?

I was the seventh child of my parents born in Addis Ababa, Ethiopia. My entire family immigrated to Alexandria, Va. when I was five under the Diversity Immigrant Visa program. I was then recommended for Fairfax County's Advanced Academics Program (AAP) from grade three to eight. Both of my parents now live in Ethiopia, so I am residing with my eldest sister who is my legal guardian.

What did you take away from this experience and what advice could you provide for a future Boys

Usually, candidates who are the funniest, strongest, tallest, and most handsome are those who get elected. However, I have none of those previous characteristics. I was elected because I emphasized how my credentials would enable me to be an apt governor, and I spoke of real issues facing the citizens of Boy's State.

What career/degree do you think you might pursue after high school?

I would like to become a medical doctor as a pediatrician. As a doctor, I would like to serve in the Peace Corps or within the organization, "Doctors Without Borders." I am also now considering whether I could be like Lieutenant Governor Ralph Northam, who serves on the General Assembly but also serves as a physician.

What college are you pursuing?

Princeton University

News

Detectives Investigate Bank Robbery

etectives from the Major Crimes Division are investigating a bank robbery that occurred at 7901 Richmond Highway on Tuesday, Aug. 9 at around 2:19

A man entered the bank, displayed a handgun and demanded money. He left with an undisclosed amount of cash and there were no injuries. The suspect was described as black, 35 to 40 years old, 180 to 190 pounds, wearing a blue hat, a light colored polo-style shirt and dark blue pants.



Suspect

/www.fairfaxcrimesolvers.org or, text "TIP187" plus a message* to CRIMES (274637). Tipsters who provide their

7800.

information through Crime Solvers are eligible for a cash reward of \$100 to \$1,000 if their information leads to an arrest. Tipsters remain anonymous and never have to give their

mation about the suspect, contact De-

tective F.K. Chambers at 703-246-

Contact Crime Solvers of Fairfax

County by phone at 1-866-411-TIPS (8477), via web-based email at http:/

If anyone can recognize him, or if has any infor-names or appear in court.

CRIME REPORT

The following incidents were reported by the Mount Vernon District Police Sta-

UNLAWFUL ENTRY/ARREST:

8700 block of Old Colony Way, Aug. 4, 8:26 a.m. Officers responded to a report of a man who was inside a swimming pool community room. While officers were discussing the complaint with management, a man walked out of the building. A 31-year-old man from Alexandria was arrested, transported to the adult detention center and charged with unlawful entry.

POSSESSION OF CONTROLLED SUBSTANCE/OBSTRUCTION/AR-REST: Claremont Woods Drive/ Groombridge Way, Aug. 2, 11:49 p.m. Officers observed a man with narcotics in plain view. The officers attempted to detain the suspect, when he began actively resisting. A 29-year-old man from Alexandria was arrested, transported to the adult detention center, and charged with possession of a scheduled II drug, possession of marijuana, and obstruc-

tion of justice. **BURGLARY:** 2900 block of Huntington Grove Square, July 30, 8 p.m. A resident reported someone entered the residence and took property.

BURGLARY: 6000 block of Richmond Highway, July 30, 5:46 p.m. A resident reported someone entered the residence and took property.

ASSAULT ON LAW ENFORCE-MENT / ESCAPE / WARRANT SERVICE / ARREST: 3400 block of Pipit Drive, July 28, 4 p.m. Officers responded to the residence to attempt to serve an outstanding warrant. An officer recognized the wanted man outside of the residence. The officer made contact with a 20-year-old man from Alexandria and attempted to take him into custody. The man assaulted the officer then fled on foot. He was located nearby and was taken into custody. He was charged with assault on law enforcement, providing false identification, escape by force, and resisting arrest. The outstanding warrant for auto theft was also served on

TRESPASSING: 7900 block of Janna Lee Avenue, July 28, 4:44 p.m. A resident reported finding two teenaged boys inside her apartment. Nothing was taken. Charges are pending.

STOLEN VEHICLE/ARREST: 7900 block of Richmond Hwy, July 25, 6:44 p.m. Officers became aware of a stolen vehicle and were able to locate the vehicle and conduct a traffic stop. Four juvenile males were taken into custody and charges are pending

COMMERCIAL ROBBERY: 6100 block of North Kings Hwy, July 25, 2:53 a.m. A man entered a convenience store. displayed a gun, and demanded money. The suspect took cash and fled. The victim did not require medical attention. www.ConnectionNewspapers.com

MALICIOUS WOUNDING: 3100 block of Lockheed Blvd, July 25, 2:35 a.m. The victim was walking when he was approached by a man who allegedly

assaulted him with a blunt object. The suspect fled in an unknown direction and the victim was taken to a local hospital with non-life-threatening injuries. The suspect was described as black and

wearing dark clothing. **BURGLARY:** 7900 block of Janna
Lee Avenue, July 22, 2 p.m. A resident
reported someone entered their residence and took property.

LARCENIES

8200 block of Russell Road, beer from business

AUG. 5-7

LARCENIES

6300 block of Richmond Highway, items from residence

6300 block of Richmond Highway, merchandise from business

6400 block of Richmond Highway, tools from business

6700 block of Richmond Highway, wallet from business

7700 block of Richmond Highway, liquor from business 7900 block of Richmond Highway,

merchandise from business 6300 block of South Kings Highway,

beer from business AUG. 5

LARCENIES

2600 block of Childs Lane, bicycle

from residence

LARCENIES

8400 block of Frye Road, snacks from

3500 block of Robert E. Lee Place, rims and tires from vehicle

8000 block of Seven Woods Drive, pool pass from business

AUG. 3

LARCENIES

7100 block of Colgate Drive, personal documents from residence 3300 block of Pintail Court, bicycle

from residence 6700 block of Richmond Highway,

purse from business 8300 block of Richmond Highway,

wallet from business STOLEN VEHICLES

4200 block of Buckman Road, 2005 Ford Mustang

LARCENIES

2200 block of Candlewood Drive, gun from vehicle

1900 block of Elkin Street, beer from business

8000 block of Frye Road, cash from vehicle

2500 block of Parkers Lane, license plates from vehicle

STOLEN VEHICLES

2700 block of Farnsworth Drive, 2009

Subaru Forester

LARCENIES

5400 block of Claymont Drive, purse

1900 block of Elkin Street, beer from 8200 block of Orville Street, cash,

iewelry and credit card from residence 2500 block of Parkers Lane, bicycle from residence

2500 block of Parkers Lane, camera and checkbook from residence 2500 block of Parkers Lane, items

from vehicle 6800 block of Richmond Highway,

phone and jewelry from residence 8600 block of Village Way, cash from residence

8700 block of Walutes Circle, license plate from vehicle

STOLEN VEHICLES

7900 block of San Leandro Place, 2015 Ford Mustang

JULY 29

LARCENIES

7900 block of Janna Lee Avenue, phone from residence 8400 block of Richmond Highway,

cash from residence
JULY 28

LARCENIES

2500 block of Parkers Lane, cash from residence

7800 block of Richmond Highway, merchandise from business

3900 block of Sonora Place, items from residence

JULY 27

LARCENIES

1500 block of Belle View Boulevard, guitar from residence

2400 block of Fairhaven Avenue, beer from business

7900 block of Flamingo Drive, items from vehicle

4300 block of Gramercy Circle, phone from residence 2500 block of Parkers Lane, purse

from business 7600 block of Richmond Highway,

cash from residence

JULY 26

LARCENIES

3800 block of Monte Vista Place, wallet from vehicle

6600 block of Richmond Highway, purse from business **JULY 22-24**

LARCENIES

2100 block of Belle Haven Road, watch from residence 8300 block of Brockham Drive, prop-

erty from vehicle 1900 block of Elkin Street, beer from

business 8400 block of Frye Road, snacks from

business 3100 block of Furman Lane, laptop

computer from residence 7500 block of Lindberg Drive, items from vehicle



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Alex/Riverside Estates \$514,900 3424 Ramsgate Terrace

Lovely 4BR, 2.5BA home w/garage in wonderful Mt. Vernon neighborhood. Updated - open kitchen w/granite & SS. Refinished hardwood floors. Private sauna in LL. 2 Fireplaces. HVAC 2013, Roof 2008, Windows 2010, Kitchen

Belvoir & GW Pkwy for scenic commuting to DC

Alex/Riverside Est. \$649,9 8425 Mt. Vernon Highway Beautiful home w/over 4000 fin sq ft & 2 lvl addn plus 600+ sq

ft bsmt in lovely Riverside Estates. Great Rm on ML w/gas FP & wet bar. Adjacent Family Rm w/wood burning FP. An office adjoins the gorgeous 20'x32' MBR addn w/vaulted Douglas Fir ceiling & skylights. Library/studio (32'x 12') on

upper lvl addition. Both HVAC systems, HWH & roof replcd 2011. 1 mile to GW Pkwy. Close to Ft. Belvoir.



Alex/Sedgewick Forest \$559,000 4015 Gibbs Road

Large, lovely, updated 4 level split on a beautiful .46 acre lot-Large kitchen w/granite counters & ceramic tile floors-3 upgraded baths-2 fireplaces & upgraded DBL pane windows throughout-2nd lower level offers utility rm, workshop & storage rm-Large double carport overlooks beauti-

ful bkyd w/large shed/workshop w/electric power - 7 minutes to Ft. Belvoir (S), 15 mins to Old Town (N) - Great Home & Property!!



Riverside Estates

8318 Orange Court
Beautiful 4BR, 3.5BA Colonial w/carport in wonderful Mt. Vernon community. 3 finished levels, brand new siding, windows & freshly painted. Newer kitchen & baths, gleaming hdwd flrs, screened porch, deck, large corner lot. Separate laundry & storage rms. Ŝcenic commute

along G.W. Pkwy & Potomac River – 5 mins to Ft. Belvoir, 15 to Old Town, Alex, 25 to Nat'l Airport, 35 to Pentagon/D.C. Walk to Elem & H.S.



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Riverside Estates' most popular Colonial Model – 5BRs, 3.5BAs w/3 finished levels, 2 FPLs, 1-car garage on a lovely lot. 5 large spacious BRs, refinished hdwd floors on main & upper levels plus new carpet on lower level. Freshly painted interior, new windows, siding & gutters. Brand New Roof!! 6 mins to Ft.

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For more information: www.RexReiley.com



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News

One Step To 'One Fairfax'

From Page 1

bers who have worked for a long time to figure out how to bring this to the forefront of the board," said Hunter Mill Supervisor Catherine Hudgins.

"It's not only the right thing to do, it's the smart thing to do," said Dranesville Supervisor John W. Foust.

"I can think of no more important statement that we can make at this time, at any time, to our community," said McKav.

"You know if you don't have access to services you're not going to have outcomes for the child or adult," said Deputy County Executive Pat Harrison.

"I can think of no more important statement that we can make at this time, at any time, to our community."

— Lee District Supervisor

THE BOARD DEBATED the joint resolution at its meeting on July 12.

Jeff C. McKay

"If you don't have the right opportunities, you're not going to improve the outcomes. And that's the fundamental question we are asking ourselves here," said McKay. "This all sounds really good, and the discussion is all really good. The devil really is in the details," said Springfield Supervisor Pat Herrity (R).

"I think we need to do a better job at measuring the effectiveness of the programs and services. That's part of what I'm getting at," he said.

"How do you define the lens of equity?" he asked.

The last few years, the county implemented several initiatives to address disparities in a variety of areas including juvenile justice, education, employment, self sufficiency, health and child welfare.

In 2015, the Board of Supervisors adopted the Strategic Plan to Facilitate Economic Success. School leadership and community representatives "identified racial and social equity as an integral component to improving educational and life outcomes for youth," according to county documents.

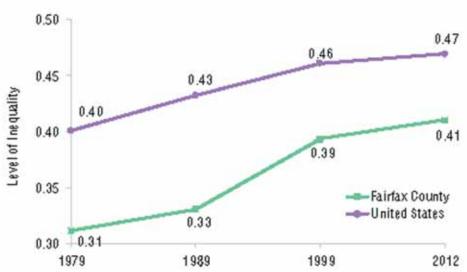
"Linking people to opportunities including workforce development, education, employment and affordable housing helps ensure lifelong learning, resilience, and economic success," according to county documents.

Lynbrook Elementary and Sangster Elementary are both in Springfield, and are less than 7 miles apart. But the distance in demographics is massive. Lynbrook's students are 85 percent poor enough to qualify for subsidized meals and 72 percent of them are limited in English proficiency; less than 3 percent of students are White; 83 percent are Latino.

At Sangster, only 2.4 percent of students

Income Inequality, 1979 to 2012

Inequality is measured here by the Gini coefficient, which ranges from 0 (perfect equality) to 1 (perfect inequality: one person has all of the income).



Note: Data for 2012 represent a 2008 through 2012 average

Source IPLIMS

are poor enough to qualify for subsidized meals; only 3.6 percent are limited in English proficiency; two-thirds are White.

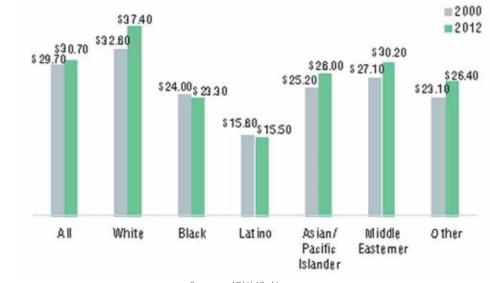
"Racial gaps in wages have grown over the past decade. From 2000 to 2012, White workers saw their median hourly wage increase significantly, while Latinos and Blacks experienced slight wage declines," according to county documents. "People of color earn lower wages than Whites at every education level. Wages rise with education, but gaps by race remain."

Hunter Mill Supervisor Hudgins says "it's taken a long time" to get this far.

"Now we have the harder part of putting the policy together and hoping it can work well throughout all of our agencies and all of our communities and in a way that the community can understand what we are trying to do."

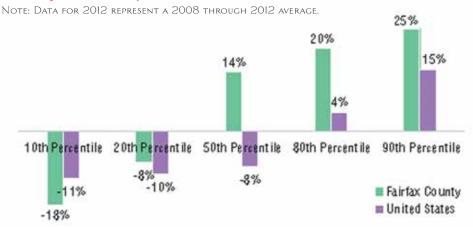
Median Hourly Wage by Race/Ethnicity, 2000 and 2012

Note: Data for 2012 represent a 2008 through 2012 average. Values are in 2010 dollars.



Source: IPUMS. Universe includes civilian noninstitutional full-time wage and salary workers ages 25 through 64.

Real Earned Income Growth for Full-Time Wage and Salary Workers, 1979 to 2012



Source: IPUMS. Universe includes civilian noninstitutional full-time wage and salary workers ages 25 through 64.

— Volunteer Opportunities

The Kingstowne Center for Active Adults in Alexandria needs Instructors for the following classes: Country-Western Line Dance, Hula Hoop and African Style Dance. For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit www.fairfaxcounty.gov/olderadults and click on Volunteer Solutions.

The Hollin Hall Senior Center in

Alexandria needs instructors for the following classes: Basic Woodworking, Italian and Ballroom Dance. For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit www.fairfaxcounty.gov/olderadults and click on Volunteer Solutions.

The **Mount Vernon Adult Day Health Care Center** in Alexandria needs front desk volunteers and patient Card Players. For these and other volunteer opportunities, call

703-324-5406, TTY 711 or visit www.fairfaxcounty.gov/olderadults and click on Volunteer Solutions.

U.S. Coast Guard Auxiliary. Love boating and have interest in giving back to the community? Learn more about the United States Coast Guard Auxiliary, the civilian component of the U.S. Coast Guard. The Auxiliary is built on four cornerstones: Member Services, Recreational Boating Safety, Operations, Marine Safety, and Fellowship. The Auxiliary will begin

training staff for the upcoming 2016 boating season. All ages are welcome. Email Flotilla2508@gmail.com.

The Advisory Board of the Joe and Fredona Gartlan Center for mental health is looking for volunteers. The board meets the second Tuesday of the month from 9-11 a.m. at Gartlan Center, 8119 Holland Road.

United Community Ministries seeks volunteers to act as food pantry assistants, basic needs counselors,

youth tutors and mentors, office admin/data entry, community outreach, ESL teachers and coteachers, and teacher aides. Visit www.ucmagency.org/volunteerat-ucm.html.

Mount Vernon At Home needs volunteers for local transportation to medical and personal appointments, errands, and grocery store trips; light handyman chores, technology. Visit mountvernonathome.org.



KENT \$3,750,000 | 2931 University Terrace NW
Sited on a private lot, this elegant residence boasts over 9,000
square feet, features high ceilings, treetop views, and exquisite
finishes throughout, 6 bedrooms, all with en-suite baths, six
fireplaces, an elevator, an expansive loft, a spacious basement with
wet bar, and a two-car garage.

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ALEXANDRIA CITY \$1.597,000 | 615 Oakley Place Magnificent renovated colonial with 5 finished levels and a fabulous open layout. 7 bedrooms, 5.5 baths, private office, gournet eat-in kitchen, second living room on master bedroom level, Nest thermostat, large balcony, and tiered, landscaped backyard with stunning waterfall. Located on a picturesque culdersac.

PHYLLIS PATTERSON +1 703 408 4232



OLD TOWN \$1,199,000 | 123 Cameron Mews
For the most discerning buyers who want comfort and
convenience! This tastefully renovated, light-filled 4 BR brick
townhome with landscaped private patio and assigned parking is
located one block to the waterfront.

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GEORGETOWN \$3,595,000 | 4450 Deerfield Road NW Built in 2015, this Greek Revival is an original Phillips Park home. Encompassing more than 6,500 square feet, this home offers modern amenities, a chef's kitchen with La Cornue range, and generously proportioned public rooms with high ceilings. There is a 2-car garage, elevator to three levels, deck and terrace.

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OLD TOWN \$1,349,000 | 202 N Royal Street Light floods this 3000 square foot, 4-bedroom home with 11-ft cellings, 3 fireplaces, original floors, and finished basement. The renovated kitchen and baths are adorned with marble surfaces, stainless appliances, and luxury fixtures.

www.202NorthRoyalStreet.com NANCY PERKINS +1703 402 5599



POTOMAC GREENS \$749,000 | 1822 Potomac Greens Drive SOLD: Gorgeous 3-bedroom, 3.5 bath Lee Model with upgrades galore! Enjoy an open floor plan with built-ins, fireplace, roof deck, and bonus rooms. The kitchen boasts stainless steel appliances, granite counters, 42-inch cabinets, and backsplash. NANCY PERKINS +1703 402 5599



ALEXANDRIA \$3,250,000 | 212 S Fairfax Street
This historic gem in Old Town, sited on 2 lots with towering trees
and tranquil gardens, offers 5 bedrooms, 4.5 baths, high ceilings,
wonderful details, light-filled solarium, and 4 off-street parking

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FORDS LANDING \$1,229.900 | 602 Battery Place
Old Town's premier waterfront community. Pristine 3 bedroom,
3.5 bath delivers classic style with contemporary edge. Gourmet
kitchen features double ovens, granite counters, stainless
appliances, and breakfast nook opening to deck. Oversized
windows, formal living room and dining room, custom designer
hardwoods, new HVAC, fireplace, and 2-car garage.
SUSAN TAYLOR +1 703 927 3000



BELLE HAVEN \$749,000 | 2312 Windsor Road
Open Sunday 2-4 PM: Light-filled, updated Belle Haven home
offering 4 bedrooms, 3.5 baths, 2 fireplaces, French doors
leading to patio, renovated kitchen, private patio, level fenced-in
rear lot with mature plantings, and garage,
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We are pleased to welcome our new associate

SUSAN TAYLOR

to our Old Town Alexandria Office!



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ACT for Alexandria Harvest Dinner 2016.

in support of ACT for Alexandria and its commitment to elevating local philanthropic giving and working to aid in the most pressing community challenges.

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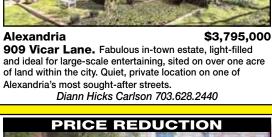


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909 Vicar Lane. Fabulous in-town estate, light-filled and ideal for large-scale entertaining, sited on over one acre of land within the city. Quiet, private location on one of





Old Town/Yates Gardens

\$849,000

924 S. St. Asaph. Charming TH in Southeast Quadrant. This stone front town house on a quiet street features a stunning family room addition with an 11-ft ceiling, bookcase-flanked fireplace and a wall of windows overlooking deck, brick patio and garden. 2/3 BRs, updated 2 full baths and white kitchen. Mary Hurlbut 703-980-9595•Michael Seith 703-625-3739



Alexandria House

400 Madison St. Condo 304. This delightful and largest 2 bd., 2 ba. condo is 1298 sq. ft. with all rooms opening to an 81 ft. balcony in the coveted Alexandria House. Many amenities plus garage parking, 24/7 concierge, roof pool and party room. Amazing location is steps to 2 groceries, restaurants, gyms, metro, etc. 2 lights to DC for a smooth commute Lib Willey 703-362-7206



Alexandria

\$445,000

6913 Duke Dr. In the popular Bucknell Manor neighborhood, a spacious light-filled 6 bedroom, 3 bath single family home with detached garage. Michelle Zelsman 202-390-8714



Rosemont/Alexandria

\$1,249,000

109 E Walnut St. Gorgeous 4 bedroom, 3.5 bath Rosemont home offers open kitchen/family room concept with island, breakfast nook, Carrara marble counters, stainless appliances, gas fireplace and custom built-ins. Spacious dining room, upper level laundry room, finished lower level with high ceilings, rec room, perfect in-law suite and ample storage. Fabulous front porch, fenced backyard with beautiful gardens, stone paver patio & driveway for convenient off-street parking. Just short stroll to Braddock Metro.

Bobi Bomar 703-927-2213



Alexandria

\$665,000

Alexandria
6932 Vanderbilt Dr. Beautifully remodeled & expanded Cape Cod that's move-in ready! Fantastic kitchen and great room includes new everything: cabinets, stainless steel appliances, granite countertops, and large island. Two sets of French doors in the great room open to a new slate patio and private back yard. New large master suite has 2 closets, private bathroom w/ double sinks & dual headed walk-in shower. Separate laundry room. New dual HVAC & water heater. New hardwoods. Check out the 3D tour online. Elvira Jakovac 571-405-8058



Stonegate \$564,900 4667 Kirkland Place.

Spacious 3 bedroom, 3.5 bath end townhouse with attached 2 car garage and approx. 40K in recent updates! Light filled rooms with vaulted ceilings and ar open floor plan. Gas fireplace in living room, hardwood floors throughout, new roof, HVAC, energy efficient windows and more! Minutes to Old Town, Arlington & D.C.!

Christine Garner 703.587.4855



Alexandria/Fairlington Towne

3763 Keller Ave. Fantastic 3 level that is in perfect condition. NEW kitchen, New Baths. Backs to common yard. New windows. Gorgeous kitchen with quartz, new cabinets, SS appliances. This is a WOW!

Julie Hall 703.786.3634



Alexandria \$1,100,000

221 N Pitt Street. Fabulously updated c.1800 historicallyplaqued 3 BR, 2.5 BA w/original floors, offst parking, an entire one-floor MBR suite w/cherry built-ins. Granite/SS/cherry wood kitchen, deep courtyard, convert outbuilding to studio/shop, 1-block King St. Owner is licensed Realtor. Karen Kearns





West Alexandria Ave. Charming 2 bedroom, 2.5 bath stone front end townhouse in prime location just blocks from the Braddock Metro. shops & restaurants. Expanded with a light filled addition featuring a spacious kitchen and breakfast room/den addition. Lower level recreation room with full bath has access to the fenced yard with a deck and off street covered

parking.

Christine Garner 703-587-4855



Alexandria/Mount Vernon

\$559,990

8448 Porter Lane. 4 BR, 3 BA renovated home in Stratford Landing. Just Reduced \$25K. Mike Downie 703-780-2727



Alexandria/Saxony Square

\$132,000

483 N. Armistead St #103. Freshly painted, new light fixtures, stainless steel appliances. Adorable 1 bedroom, 1 bathroom with tons of closet space! Perfect budget-friendly condo in a convenient location. Low condo fee includes all utilities and additional storage conveys.

Jeremy Stewart 703.879.4131 Elisabeth Pierce 404.403.6811

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Alexandria/Old Town Office

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PEOPLE

From Iran to Mount Vernon

Retired plastic surgeon writes autobiography.

By Senitra T. McCombs The Gazette

ount Vernon resident Dr. Khosrow Matini's autobiog raphy, "Fortunate Plastic Surgeon: An Autobiography and My View About the United States," weaves his journey from a youth in the often volatile country of Iran to a plastic surgeon in the United States.

Born at home, Matini entered the world amid an armed invasion of Iran. He grew up with his mother and father, and his two older brothers and younger sister in addition to a host of other relatives. "Every night my entire family sat in the same room to use one kerosene lamp and read by the dim light," Matini said.

He remembers climbing up the mountains in northern Tehran with his cousins and brothers.

When he was 4 years old, he caught typhoid fever, an infection of the small intestine. While Matini was fortunate enough to survive, one of the muscles of the inner aspect of his left eye ruptured. He became cross-eyed as a result. He refused to go to middle school until his mother got him an operation to fix his eye because of the threat



of teasing from his peers. Following the surgery, he went on to attend and graduate from Alborz High School, the same school where his older brother was a teacher.

One day, his older brother pulled him

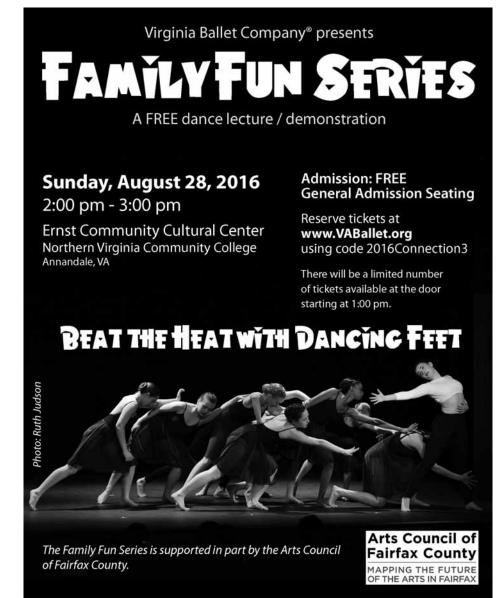
aside and told him the harsh truth concerning his future: that their parents could not afford to send him aboard to America or Europe for an education like some of his cousins.

"When I started 12th grade, I remember my brother calling me into his room. He said that a good education could be had in Iran if I worked hard but it was very competitive because there were very few universities," he said.

By studying 16 hours a day during the summer following his senior year, Matini was one of 81 applicants accepted to the medical school at Meshed University.

He decided to go to the United States to further his education. He did an internship

SEE FROM IRAN, PAGE 22





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OPINION

Laser Focus on Safety

While Metro lapses can't be excused, it's much safer than driving; maintenance-related safety issues also plague area bridges and roads.

ntense scrutiny on the safety and maintenance record of the Washington region's Metro system is resulting in continuing revelation of lapses, and ongoing inconvenience with repair schedules shutting down entire lines and the end of late night service.

Reporting on Metro accidents, derailments and incompetent and/or inad-EDITORIAL equate maintenance might even lead commuters to choose to climb in their cars instead. Wouldn't it be safer to drive, if Metro can't get its act together to even inspect

No, not even close.

Riding commuter rail is 10-30 times safer than driving, according to several studies, and even small increases in transit ridership result in significant decreases in overall commuting

Public transit overall has lower crash rates

per unit of travel, reports Todd Litman in an analytical research paper, A New Transit Narrative, published in 2014 and cited by the National Center for Transit Research. Intercity and commuter passengers have about 1/20th the traffic fatalities per 100 million passengermiles as automobile travel, he writes. Urban

> rail passengers have about 1/30th the fatalities as car travel, and bus passengers about 1/60th the traffic fatalities per 100 million passenger-miles as au-

"Transit travel has about one-tenth the traffic casualty [injury or death] rate as automobile travel, and residents of transit-oriented communities have about one-fifth the per capita crash casualty rate as in automobile-oriented communities," reports Litman. "People tend to underestimate automobile travel risks and exaggerate public transit risks."

Meanwhile, Virginia has 1.063 structurally

deficient bridges, according to the American Road and Transportation Builders Association, citing data from the U.S. Department of Transportation Federal Highway Administration National Bridge Inventory, 2015. Maryland's number of structurally deficient bridges is 306, and the District of Columbia has 10 structurally deficient bridges, according to the same

In fact, a bridge used by 78,000 vehicles a day, including thousands of Northern Virginians commuting daily into D.C., the Memorial Bridge, is so corroded it has major weight restrictions, buses are not allowed to use it, and it would likely have to be closed within a few years, had Congress not recently allocated \$90 million to the National Park Service for emergency action towards a \$250 million rehabilitation project.

Risk and safety are complex issues. You're safer taking Metro than driving, much safer on a commuter bus. And one thing we do know, if you are riding in car, buckling your seatbelt makes you much safer.

- Mary Kimm

MKIMM@CONNECTIONNEWSPAPERS.COM

Responding to the Zika Threat

There have been 50 reported cases of Zika in Virginia, all linked to foreign travel, as of early August.

BY GERRY CONNOLLY U.S. Representative (D-11)

ast week, for the first time ever, the Centers for Disease Control and Prevention was forced to issue a domestic travel warning to pregnant women planning to visit Miami, a popular getaway destination. This marks a sad milestone in our country's history. What was once seen as a threat from foreign travel has now reached our communities, jeopardizing our collective health and safety, espe-

– A Musing –

My father, a gifted church organist/ choirmaster, loved making pun-based jokes. He specialized in first-syllable reversals, swapping first letters to create a joke. For instance, he might suggest that we go to a restaurant over looking the Ratomac Piver (sigh).

Adopting this technique, candidates for office in Old Town Alexandria might shake hands with voters up and down Struke Deet or Strawshington Weet down by the Rotomac Piver. Then, they might drop into a restaurant and savor a Rhime Prib and/or bip a seer.

Closer to the upcoming election day, folks might be seen haking shands with Depublican and Remocratic candidates.I can wardly hait.

— Bart Hewitt



Connolly

date, more than a dozen been traced to local mosquitos in Florida, which re-Zika associated

COMMENTARY

against Zika."

with foreign travel. There have been 50 re-

foreign travel, as of early August.

Countless times, as a nation, we've come together to find cures when faced with similar health crises. American ingenuity eradicated polio and slowed the Ebola epidemic. So, like many of you, I assumed Congress would meet this crisis head-on like it has done in the past. Surely we would expeditiously provide funding for this global disease. Instead, sadly, Congress adjourned for summer break.

Recognizing the urgent need to respond to the spreading Zika threat, the Obama Administration redirected close to \$600 million in existing funds as a stopgap measure for initial activities. However, that will not be enough to fully address the threat. I support the President's emergency request for \$1.9 billion in Zika-related funding. Unfortunately, a counter proposal offered by the House majority is insufficient and saddled with extraneous and divisive policy riders.

The consequences of Congressional inaction could be devastating. States and communities won't have the funding they need to fight Zika.

cially that of newborns. To State and local officials manage mosquito control and response operations. Here in Fairfax, cases of the Zika virus have we have consistently supported a program to trap and test local mosquitoes for viruses like West Nile and now Zika. Without additional ports nearly 400 cases of funding from the federal government, we limit

> the ability of at-risk communities to sustain activities to reduce the spread of Zika once transmission begins.

Vaccine development may also be ported cases of Zika in Virginia, all linked to delayed. Creating a vaccine requires multi-year commitments from the government and private sector to reprioritize and spend money on research and development. The Secretary of Health and Human Services recently warned that, "Lack of funding will delay or prevent the performance of clinical trials ... limiting the ability of manufacturers to make vaccines at the scale required to protect populations

> We also need to ensure that there is enough diagnostic testing capacity available across the country. This is especially critical now with confirmed cases of local mosquito transmissions. Swift, accurate diagnostic testing is foundational to our ability to track and respond to

I was among those calling on Congress to cancel its August break until we addressed this challenge. We cannot simply swat away this threat. With the recent diagnoses of local Zika transmissions in Florida, Congress should reconvene as quickly as possible to partner with our states and local communities in responding to this growing public health crisis.

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Email announcements to gazette@connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

THROUGH AUG. 15

Share a Haircut. At Hair Cuttery, 6758
Richmond Highway. Hair Cuttery donate backto-school haircuts to children who need it most
this summer. For every child up to age 18 who
purchases a haircut at one of Hair Cuttery's
nearly 900 salons, one free haircut certificate
will be donated to a disadvantaged child in the
community. Email so'malley@tbc.us or call 410986-1220.

WEEK OF AUG. 15

Fitness & Well-being Classes. Inova offers a variety of fitness and well-being classes that are open to the community designed to fit every interest and ability level. Classes include senior classes, mat pilates, yoga, tai chi, core training, cardio kickboxing and more. A six week session starts the week of Aug. 15. Register at Inova.org/creg.

SATURDAY/SEPT. 10

Supervisor Dan Storck holds open office hours at the Lorton Library (9-11:30 a.m.) and at the Mount Vernon Governmental Center office (12:30-3 p.m.) on the second Saturday of each month (except August). Call 703-780-7518 for a 15-20 minute appointment, which could result in a longer subsequent meeting during the work week, if needed. Mr. Storck may meet with walk-ins as time permits between appointments.

SEPT. 10-21

2016 Northern Virginia Senior Olympics.

Online registration will open July 5. Registration forms will be mailed to previous participants in late June and will be available at community and senior centers, senior residences and event venues. The registration fee of \$12, which covers multiple events, remains the same. Three

events have an added fee, ten pin bowling, golf and orienteering. Deadline for registering is Aug. 27 (by mail), Sept. 3 (online). Call 703-830-5604 or email nvso1982@gmail.com for more. To volunteer, call 703-403-5360.

SATURDAY/OCT. 8

Supervisor Dan Storck holds open office hours at the Lorton Library (9-11:30 a.m.) and at the Mount Vernon Governmental Center office (12:30-3 p.m.) on the second Saturday of each month (except August). Call 703-780-7518 for a 15-20 minute appointment, which could result in a longer subsequent meeting during the work week, if needed. Mr. Storck may meet with walk-ins as time permits between appointments.

SUPPORT GROUPS

Family Support Group. 7 p.m. on the second and fourth Wednesdays of the month at Gartlan Center, 8119 Holland Road. Opportunity for discussion, information and support for families with members experiencing symptoms of mental illness. Professionally facilitated. Program varies, may include guest speakers, movies.

Pre-registration is appreciated, but not required. Free. For more information contact Nga Nguyen at 703-799-2726, TTY 711.

Telephone Support Group. 7-8 p.m. on the 2nd Tuesday of the month. For family caregivers of older adults. Discuss "Keeping Organized as a Caregiver: What Works?" Share experiences, gain support and get information without having to travel. Free. www.fairfaxcounty.gov/dfs/olderadultservices.

Alzheimer's Association support groups provide a place for people with Alzheimer's, their caregivers, family members, and/or friends to share information, caregiving tips and concerns. Groups are facilitated by trained

SEE BULLETIN, PAGE 22



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FOR SALE

Open House Sunday August 14, 2016, 12 to 4 PM

Alexandria—2509 Leslie Ave (Del Ray) 22301 \$999,000





Open House Sunday August 14, 2016, 12 to 4 PM

Price Drop. See MLS#AX9622726 for details. Don't miss this chance to own a completely renovated home on a corner lot in the quaint and charming Del Ray community. M&T will completely renovate the "as-is" home to include a completely renovated 1st floor and a new 2nd floor over an existing basement and 1-car garage. 4 BR, 3 bath with open, great room-kitchen concept. Image shows City approved design for permit-ready plans. Call for floor plans and financing info.

See other MLS listings:

Arlington — AR9555136 and AR8734738

Annandale — FX8733393

Oakton — FX9618345

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Hollindale

2011 Whiteoaks Drive, Alexandria VA

2.18 quiet country acres. European style kitchen, 6BR, 3BA, Master suite w/ shower & steam. Several decks overlooking mountain type views, hot tub, gunite pool. R-2 zoning allows additional building sites. \$1,599,000 Charles York (703) 409-3377 MLS # FX9662706

Manors of Mount Vernon

8301 Marble Dale Court, Alexandria VA 5BR/4.5 BA, 4000+ Sq ft Large corner lot. Front porch, large deck off kitchen and family room, slate patio. Freshly painted with new carpet. Shows beautifully! \$899,000 Karen Leonard (703) 328-7041 MLS # FX9665354



Harbor View

10821 Greene Dr. Lorton VA
Huge Price Drop!! Do not miss custom Waterfront home!! 4BD/4BTH
on .66 acre, expansive views to
Occoquan River & Belmont Bay.
Brick 4 sd, 2 car garage, ample
living/entertain space \$874,900
Susan Gray Chambers
(703) 203-9900
MLS # FX8748474

Rosemont

10 West Maple Street, Alexandria VA Charming 1925 Rosemont colonial with 3 BR + 2 baths, lovely LR with FP, separate DR, updated kitchen, 1st floor FR plus screened porch. \$859,000 Donnan C. Wintermute (703) 608-6868 MLS # FX9723372



Open House Sunday 2-4pm Hollin Hills

7102 Rebecca Drive, Alexandria VA Stunning Hollin Hills residence, Expanded/Remodeled/Renovated, over 2,700 sq ft,sited on almost 1/2 acre lot, 4-5 beds,2 huge full baths,chef's kitchen, wall of windows everywhere! \$859,000 Lyssa Seward (703) 298-0562 MI S # EX9725630

Island Creek

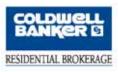
MLS # FX9728201

6516 Osprey Point Lane, Alexandria VA Spacious sunny end unit townhouse. Open floor plan. Gleaming hardwood floors throughout the first level. Stainless appliances. Three bedrooms, 2 full/2 half baths. Home Warranty. \$505,000 Stephanie Garrison (703) 518-2804



Alexandria 310 King St. | Alexandria, VA 22314 | 703.518.8300

*comScore, Jan.-Dec. 2015. The property information herein is derived from various sources that may include, but not be limited to, county records and the Multiple Listing Service and it may include approximations. Although the information is believed to be accurate, it is not warranted and you should not rely upon it without personal verification. Real estate agents affiliated with Coldwell Banker Residential Brokerage are independent contractor agents and are not employees of the Company. ©2016 Coldwell Banker Real Estate LLC all Rights Reserved. Coldwell Banker Real Estate LLC all Rights Reserved. Coldwell Banker Real Estate LLC fully supports the principles of the Fair Housing Act and the Equal Opportunity Act. Operated by a subsidiary of NRT LLC. Coldwell Banker, the Coldwell Banker logo, Coldwell Banker Previews International and the Previews logo are registered and unregistered service marks owned by Coldwell Banker Real Estate LLC. LOT13MA_A6/16







OPINION

Legislature Needs to Examine UVA's Cash Reserve

COMMENTARY

Surovell STATE SENATOR (D-36)

n July, it was revealed that the University of Virginia had managed to retain over \$2



billion of excess revenues — exclusive of their \$5 billion endowment maintained by their foundation. An outgoing member of the Board of Visitors called it a "slush fund."

This was very concerning to me for several reasons. First, UVA has increased its

LETTER

Focus on Education

To the Editor:

I am writing to compliment the Mount Vernon Gazette for publishing Tim Peterson's very informative article on the situation concerning J.E.B. Stuart High School in Falls Church ("First Step on Re-Naming School," Aug. 4).

This case is very important because it could set a precedent for how other school names are handled in Fairfax County. I am firmly opposed to changing the names of any school.

It seems to me that when J.E.B. Stuart High School opened in 1959, the Civil War Centennial was looming and there was tremendous amount of interest at that time in publicizing anything and everything to do with the War Between the States,

There is also a state roadside marker on Route 7 near the school which chronicles J.E.B. Stuart's exploits in that neighborhood at Munson's Hill in 1861 after the 1st Battle of Manassas.

It was for these very appropriate reasons that the school was named for the dashing J.E.B. Stuart. Our young people would do well to study the military exploits of J.E.B. Stuart. The School Board needs to focus on more important things than changing school names. This is political correctness run amok.

> **Greg Paspatis** Alexandria

tuition by nearly 100 percent in the last 10 years. UVA's debt at graduation is up by over 50 percent in the last years to over \$23,000. Tuition has been exploding in Virginia while UVA has been pocketing over \$2 billion of excess revenue.

Second, while every school needs working capital and a modest financial reserve to op-

keep cash reserves on hand that amount to \$50,000 per student. UVA is a public school - not a private university.

Third, it is not clear to me that the decisions that led to this "reserve fund" were made with complete transparency.

In early August, I joined state Sen. Chap Petersen to call for a tuition and fee freeze at UVA until the situation can be analyzed

and the legislature has an opportunity to determine if we want our public institutions of higher education to have the discretion to earn profits or hoard large amounts of cash. We also need to consider whether the

executive session exemption in the Freedom of Information Act is too easily abused.

Our state also needs to take a erate, I do not believe any school needs to look in the mirror about our commitment to higher education generally. As a graduate of James Madison University and the UVA School of Law, the husband of a UVA graduate, and the child of two UVA-educated graduate students and a Longwood University graduate, I have first hand experience with the tremendous dividends our public higher education system pays to our Commonwealth. However, a strong system

requires funding and state government has not been meeting its end of that bargain.

Rising tuition is also a problem throughout Virginia. Virginia's schools now have the sixth highest average tuition in the United States. Average tuition as a share of Virginia's per capital disposable income has risen from around 32 percent in 2000 to 47.6 percent this year. Next session will bring a comprehensive discussion about the status, structure, and financing of state-supported higher education in Virginia. I hope that it brings a renewed commitment to funding our universities, but our universities cannot plead poverty while making massive profits of large tuition increases.

It is an honor to serve as your state senator. If you have any feedback, please contact me at scott@scottsurovell.org.

Making a Difference

United Community Ministries (UCM) hosted a group of 20 graduating seniors from West Potomac High School during the final two weeks of their high school careers. This annual opportunity to volunteer, while also learning, is called **SHOUT, or Students Helping Others United Together. Each SHOUT** volunteer commits to spending 40 hours with the nonprofit agency. Above, from left, are graduating seniors: Afua Owusuaa (Northern Virginia Community College), **Comfort Asamoa (Virginia State** University), Amana Bhulyan (Salem



College), Evelyn Sorto, Sana Iqbal, Revathi Mohan (University of Virginia), Jensy Manzano. In the front row are Summer Awad (Northern Virginia Community College), with Jessica Landon, West Potomac High School Librarian and SHOUT coordinator. SHOUT volunteers not pictured are: Sandra Achai, Akuah Boaheng (Virginia Commonwealth University), Lydia Boateng, Joycelin Chanas (Virginia State University), Jacinda Djossou (Virginia Tech), Maguerite Djossou (Virginia Tech), Natali Gonzalez (Virginia Commonwealth University), Victoria Jones, Jocelyn Mendoza, Mezmure Tesfaye, and Sarah Yankson (Virginia Commonwealth University). Students helped in the Food Pantry, at the Early Learning Center interacting with the Pre-K students, and with marketing and promotion, among other departments. At the end of the two-week period, the students gave presentations to UCM staff about what they had learned and what the experience meant to them. UCM has many opportunities for groups and individuals of all ages to get involved to volunteer to help neighbors in need, across all program areas and for all talents and schedules. For a list of current priority needs and to register for a Volunteer Orientation session, visit www.ucmagency.org and click "Support Us." For questions or ideas for volunteer projects, contact Emily Griffin, UCM Volunteer Coordinator, at emily.griffin@ucmagency.org or 571-255-8973.





SCHOOLS

Email announcements to gazette@connectionnewspapers.com. Deadline is Thursday at noon. Photos are welcome.

Cristina Chilstrom, an English major from Alexandria,, has earned the spring dean's award at Colgate University (Hamilton, N.Y.). Chilstrom is a graduate of West Potomac High School.

Grace Webber, of Alexandria, was named to the dean's list at William Jewell College (Liberty, Mo.) for the spring 2016 semester.

Daniel Luc Burns, of Alexandria, earned a bachelor's degree in government from Connecticut College (New London, Conn.) in May 2016.

These Alexandria residents were named to the Virginia Military Institute dean's list for the spring semester of 2016:

- * **Maxwell L. Cormier** is a recent graduate who majored in civil engineering. Cormier's parents are Dwayne P Cormier and Tiffany Lea Cormier.
- * Patrick K. Piedad is a recent graduate who majored in physics. Piedad's parent is Maria A Madrigal.
- * Marcel D. Ward is a recent graduate who majored in mechanical engineering. Ward's parent is Marit Heijink.
- * Edward L. Wilkinson Jr. is a recent graduate who majored in history. Wilkinson's parent is Edward L Wilkinson.
- * Mason S. Malone is a senior majoring in mechanical engineering. Malone's parents are Gale A. Malone and Col. Marvin S Malone.
- * **Patrick W. Doolin** is a junior majoring in history. Doolin's parents are

Capt. and Mrs. Joel A Doolin (ret.).

- * Conrad W. Jenne is a junior majoring in applied mathematics. Jenne's parents are Mr. and Mrs. Kirk E Jenne.
- * William O. Woodward Jr. is a junior majoring in history. Woodward's parents are Capt. and Mrs. William O Woodward Sr.
- * **Haotian Xia** is a junior majoring in international studies and modern languages and cultures. Xia's parents are Mr. and Mrs. John Petito.
- Mr. and Mrs. John Petito.

 * Thomas A. Nicholson is a sophomore majoring in biology. Nicholson's parents are Mr. and Mrs. Carl W Nicholson.

Mount Vernon High School students **Quinn Brubeck** and **Ivan Garcia Rodriquez** were among 34 art students who attend Fairfax County Public Schools were recognized with Arts Herndon scholarships. Each of the recognized works received a monetary award ranging from \$25 to \$750. Brubeck, grade 12, won for animation with "Animation Mix." Garcia Rodriquez, grade 11, won for digital art with "Vita."

Robert Holbrook, of Alexandria, was named to the Champlain College (Burlington, Vt.) trustee's list for the spring 2016 semester. Holbrook is majoring in computer and information systems.

David Anthony and Ethan Anthony, of Alexandria, attended the weeklong Space Academy program at the U.S. Space and Rocket Center, Marshall Space Flight Center's Official Visitor Center. The weeklong educational program promotes science, technology, engineering and math

Anderson Named SLES Scholarship Winner

BY LORI LUSTER
SLES PTA

The Stratford Landing Elementary School PTA has announced its 2016 scholarship winner: Kelsey Anderson, a Stratford alumnus who recently graduated from Episcopal High School.

Anderson held a 4.35 GPA and her work gained accolades from many faculty members. "Kelsey's energy, hard-work, and considerable determination is impressive," said Lionel Rauth, her mathematics teacher. "I've never seen her let any kind of problem lie unresolved."

At EHS, Kelsey played pivotal leadership roles socially, aca-

demically and athletically. After a difficult transitionary freshman year, she got involved in helping new students and freshman adapt to the pressures of boarding school. In her senior year, she was recognized as the one student who had a life changing impact on her peers at Episcopal.

Jane Cerza, one of the PTA members serving on the SLES scholarship committee, said, "Kelsey was our winner, hands-down. Kelsey has always been poised, determined and fun-loving. The committee was blown away by her high school credentials. We wish her the very best in her journey into higher education. She'll be amazing at anything does." Kelsey is an aspiring engineer and will be attending Washington and Lee



University this fall.

Dollars for Destinies is an ongoing one-time scholarship award program available for graduating high school seniors who attended Stratford Landing Elementary School during their school career. At least one winner is chosen yearly from a pool of qualified applicants.

(STEM), while training students and adults with hands-on activities and missions based on teamwork, leadership and problem solving.

Brooke Barwick and **Karissa Cameron**, of Alexandria, made the Champlain College (Burlington, Vt.) dean's list in the spring 2016 semester. Barwick is majoring in public relations. Cameron is majoring in business man-

agement.

Brendan Nagle, of Alexandria, graduated from Le Moyne College (Syracuse, N.Y.) with a B.S. degree in human resource management.

Michael Savoy, of Alexandria, received Associate of Arts degree from Barton Community College (Great Bend, Kan.) in the spring semester of

2016.

Sarah Tripplehorn, of Alexandria, made the University of Dallas dean's list for the spring 2016 semester. Tripplehorn is majoring in biology.

Ama Carlock and Cristina Herrera, both of Alexandria, graduated from the University at Albany

SEE SCHOOLS, PAGE 15

COMMUNITIES OF WORSHIP

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En Español: Monday, 6:30 pm; Thursday, 7:30 pm; First Friday, 7:30 pm

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SEPTEMBER





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Home Sales

This week's list represents those homes sold in the \$1,650,000-\$406,000 range. For the complete list, visit www.ConnectionNewspapers.com

Organized With Style

Practical and chic ideas for making a home back-toschool ready.

BY MARILYN CAMPBELL THE GAZETTE

efore school begins later this month, taking the time to organize home and school supplies can take the stress out of the transition from a laid-back summer to a structured, schedule-driven school year. Local home design and organizational experts share ideas to help parents add practical organizational tools to their home without sacrificing their sense of style.

"Organizing your home to make this transition smooth can make all the difference in the world," said Chuck Khiel, vice president of FRED Home Improvement in Bethesda. "Giving thoughts to how spaces around your home are used during the school year can help with this organization."

Using space efficiently and creating designated spaces for items like backpacks, jackets, sports equipment and clothing will keep a home organized and prevent the back-to-school necessities from overtaking a home's aesthetic. "For example, if you have a mudroom, specifying spaces for backpacks, shoes and sports apparel takes the guesswork out of where the kids should be storing their stuff when they enter your home," said Khiel. "Consistently storing items in the same place will become a timesaver in the morning as the kids are getting ready for school."

Small home decor items can add a sense of style and serve a practical purpose. "Get a decorative hook to hang their backpack up when you come in," said Sallie J. Kjos of Grey Hunt Interiors in Chantilly. "It doesn't need to look junky or kiddish. Keep in mind, you want it all to be functional for your kids, but flow with your home."

From tests to homework, a new school year often brings an onslaught of paper, stacks of which case they need to refer back to it."



Photo courtesy of Sallie Kjos

Storing non-perishable food for school lunches in over-the-door shoe holders makes packing lunches easy and reduces clutter, advises Sallie Kjos.

A pegboard is another inexpensive accessory that can be used to organize piles of papers. "You can find them at a hardware store," said Arlington-based personal organizer Bonnie Atwater of Organized for You. "Get them cut to fit into your particular space, like behind a door or over a desk."

Making items visible but tasteful can boost organization without creating a design emergency. "Dry erase calendars and storage cubes in bright colors can go in your kitchen, mudroom or any room that you want to serve as a command central," said interior designer Cyndi Ibach of Elegant Interiors by Cyndi in Alexandria. "When school things are organized in a location where everyone can see them, everyone has access to important information."

For school supply organization, Kjos suggests: "Instead of using pencil holders, get your mason jars out, fill with crayons, markers and pencil to make for a cleaner, more organized look." Remember to add charging stations to your children's desk or study area.

Keep school notices, permission slips and other forms of paper in plain sight without creating clutter. Take an old [picture] frame...and staple ribbon across it in whatever your decor colors are and use paper clips for your child to put up homework assignments, certificates, or other reminders," said Kjos. "You can hang this above the desk."

Kjos also offers an innovative way to organize lunch supplies for easy access. "One of my favorite organizing for school tricks is incan create an unsightly scene in a side of my pantry door," she said. home. "Storage is key," said Kjos. "I use over-the-door shoe holders "Get some fabric-covered boxes and put all their dried food for with lids for your children to stack lunch boxes in there to make packup next to their desk to put school ing lunches easier and to reduce work in that has been graded in all the boxes and clutter in my pantry."

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									Inly 15 2016

SCHOOLS

From Page 13

(Albany, N.Y.) in May 2016. Carlock earned a degree in criminal justice. Herrera earned a degree in biomedical science.

Chrisopher Fees, of Alexandria, graduated from Coastal Carolina University (Conway, S.C.) with a bachelor of arts in August 2016.

Henry Scherck, of Alexandria, was named to the dean's list at Union College (Schenectady, N.Y.). Scherck is in the class of 2016 and majored in political science and classics.

Adella Francis and Robert Holbrook, of Alexandria, have been named to the president's list at Champlain College (Burlington, Vt.) for the spring 2016 semester. Francis is majoring in cybersecurity, coumpter forensics and digital investigations. Holbrook is majoring in computer and information systems.

Henry Weaver, of Alexandria, received his bachelor's degree in art from Colorado College (Colorado Springs, Colo.). He attended Saint Andrew's School.

Fifty-two Fairfax County public schools have earned a 2016 Virginia Index of Performance (VIP) award for advanced learning and achievement from Governor Terry McAuliffe and the Virginia Board of Education. The awards recognize schools and divisions that exceed minimum state and federal accountability standards and achieve excellence goals established by the governor and the board. **Waynewood Elementary** is one of 26 Fairfax County public schools received the 2016 Board of Education Excellence Award.

Anders Hedman spent the spring 2016 semester in Luxembourg as part of a study abroad group. Hedman, from Alexandria, is majoring in international studies at Miami University (Oxford, Ohio).

Whitman Middle School is one of 33 educational institutions selected for a new 21st Century Community Learning Center grant by the Virginia Department of Education. The grants, which range from \$50,000 to \$200,000, will enable the recipients to offer tutoring and enrichment activities for students and provide educational services to the families of students who participate. Centers will operate before and after school, during school breaks, on Saturdays, and during summer vacation.

BULLETIN BOARD

Email gazette@connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Deadline is Thursday at noon, at least two weeks before event.

Plant Clinics. Through September, Wednesdays, 9 a.m.-noon at the Mount Vernon Farmers Market at Sherwood Library, 2501 Sherwood Hall Lane. Volunteers from the Fairfax County Master Gardeners Association will conduct plant clinics during the 2016 season to answer gardening questions, identify plants and insects, and dispense soil test kits to the general public. They encourage backyard gardeners to bring samples for diagnosis or identification. Visit

fairfaxgardening.org for more.

Musicians are invited to join the **Mount Vernon Community Band**. Rehearsals are Tuesday
7:30-9:30 p.m. in the Mount Vernon High
School band room, 8515 Old Mount Vernon
Road. There are no auditions. 703-768-4172 or
www.mvbands.com.

Training Courses. The American Red Cross in the National Capital Region will host training courses in CPR, First Aid, and AED in the Alexandria and Fort Belvoir offices. These classes offer a two-year certification. Classes range from \$90-\$110. Advance registration is required. Call 1-800-RED-CROSS or visit redcross.org/takeaclass.

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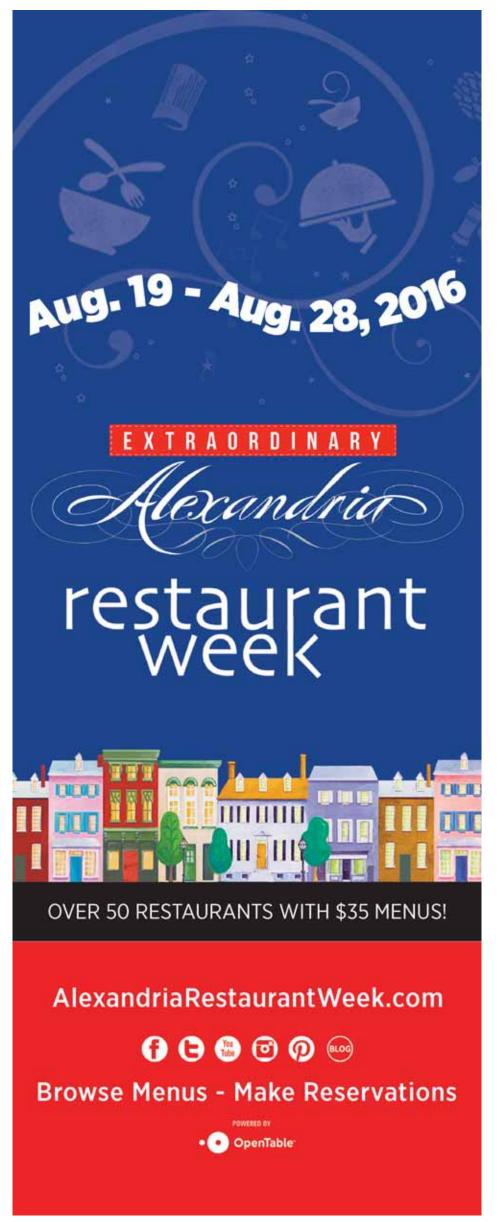
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ENTERTAINMENT

MetroStage Prepares New Season

By Carolyn Griffin Producing Artistic Director METROSTAGE

t is always exciting to announce a new season of plays and musicals, and this season will include a world premiere musical, a brand new show for the holidays, and two classic American plays, all featuring the great actors you expect to see on our stage.

We open with "Blackberry Daze," a world premiere musical adapted from a bestselling novel by Ruth P. Watson. Our own Tho-

Notes from

mas W. Jones II has collaborated with her to THE PRODUCER adapt her romantic mystery thriller for our

stage. William Knowles' original score will add yet another dimension to these fascinating characters and Watson's intriguing story. You all know Roz White from her many appearances on our stage. Also returning are Yvette Spears, the stunning singer who portrayed Sarah Vaughan in "Ladies Swing the Blues," and Duyen Washington, one of the Award-winning actors in "Gee's Bend." We are especially excited to be bringing TC Carson back to D.C. He was last seen here in "Bessie's Blues" and is most famous for his role in the TV series "Living Single" with Queen Latifah. The lovely young dancer from "Bessie's Blues," Nia Harris, returns, and we will be introducing two new young talents, Ayana Reed and Duane Richards.

Before, during and after the holidays we will be presenting "Fully Committed," by Becky Mode, featuring the incomparable Tom Story. A one man tour de force with an actor playing all 40 characters is just now completing a very successful run on Broadway. New York may have Jesse Tyler Ferguson, but D.C. has the irrepressible Tom Story. I have been trying for a while to get Tom and director Alan Paul (associate artistic director at the Shakespeare Theatre and the award-winning director of their recent musicals) across the river so this will be a great opportunity to see an acclaimed talent and a great play.

We begin the New Year with "The Gin Game," by D. L. Coburn with an exciting cast of two

MetroStage favorites. Ever since Roz White and Doug Brown played opposite each other in "Uprising," I had been looking for a play for the two of them. "The Gin Game" is an American classic and made theatre history recently with its Broadway cast of James Earl Jones and Cicely Tyson. Our very own Roz and Doug are up to the challenge, and we are looking forward to a rematch over

"Master Class," by Terrence McNally, also a classic award-winning play, will close the season with a stunning expose of the life of the artist, in this case one of the most fa-

BY RUTH P. WATSON & THOMAS W. JONES II MUSIC BY WILLIAM KNOWLES

> mous divas in the 20th century, opera singer Maria Callas as she gives students a master class in opera and also in life. A thrilling play with its opera arias, and fascinating insights into the arts on stage and off.

All four plays this season are available with our Flex Pass so that there is maximum flexibility and maximum savings. You can come to every play, pick and choose, bring friends, even come back for a return viewing. It has never been easier, to see great plays, amazing talent and support one of your favorite theatres. We look forward to seeing you at the theatre.

Calendar

Email announcements to gazette@ connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website, Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

ONGOING

Exhibit: "A Retrospective Exhibit of Florals and Still Life." Gallery hours at Goodwin House Alexandria Art Center, 4800 Fillmore Ave. Artist Concetta C. Scott presents her work. Call 703-578-1000 for more.

Summerquest. Various times at various libraries in Alexandria. SummerQuest is divided into three groups: SummerQuest, Jr. (ages 0-5), SummerQuest (ages 6-12) and Teen Summer Reading (ages 12-18). This year's theme is "Read for the Win!" Free. Visit www.alexandria.lib.va.us.

Exhibit: "Decathect: a verb." Through Aug. 14, gallery hours at The Associates' Gallery at the Torpedo Factory, 105 N. Union St. The theme of the show is derived from a series of personal studies illustrating Richard Greenway's progression from when he began painting with oils in 2010. Free. Visit

www.torpedofactory.org for more.

Art Exhibit: "Streets Meets Glass." Through Aug. 15, business hours at the Vola Lawson Animal Shelter, 4101 Eisenhower Ave. The exhibit features the work of two Del Ray Artisans artists, Joshua Oliveira and Betsy Mead. Free. Visit www.TheDelRayArtisans.org/GWW.

Exhibit: "The Silent World." Through Aug. 27, 10 a.m.-5 p.m. Fridays, 10 a.m.-4 p.m. Saturdays at Gallery @Convergence, 1801 N. Quaker Lane. "The Silent World" explores the intricacies of creativity and the effect of society, education, and age on the creative process. Students are asked to respond to the prompt: "95% of the ocean is still unexplored. Make something that's never been seen before that you think lives in the deep ocean." Their responses will make up the Silent World Exhibit and lead to conversations about the way creative nature changes over time. Free. Visit www.ourconvergence.org for more. Exhibit: "FUN-derful." Through Aug.

28, gallery hours at Del Ray Artisans Gallery, 2704 Mount Vernon Ave. Del Ray Artisans invites you to a curated exhibit humorous art. Free. Visit

www.delrayartisans.org for more. **Fort Hunt Concerts.** Through Aug. 28, Sundays 7-8 p.m. at Fort Hunt Park, 8999 Fort Hunt Road. A different band performs each week. Free. Visit www.nps.gov/gwmp for more.

Collage and Ceramics - Kathryn Horn Coneway. Through Aug. 28, gallery hours at Huntley Meadows Park, 3701 Lockheed Blvd, Free, Visit www.kathrynconeway.com for more.

"Dotted Space." Through Aug. 28, gallery hours at The Target Gallery, 105 N. Union St. The exhibit will feature site-specific installations and a series of artist pop-up books that use dotted lines to demarcate rectilinear spaces. When viewed from a particular angle, the dotted lines seem like three-dimensional shapes, some of which appear to penetrate the gallery walls. Free. Visit

www.torpedofactory.org for more. Cool Yoga. Wednesdays through Aug. 31, 7:30 p.m. at Just ASK Publications and Professional Development parking lot, 1900 Mount Vernon Ave. Cool Yoga is a community event taught by Maureen Clyne. Each class ends with a Senzu Juicery "After Party" with complimentary cold pressed juices.

Free. Visit www.prasadayoag.com. **Family Golf Days.** Through Aug. 31, all day at Pinecrest Golf Course, 6600 Little River Turnpike. Parents pay for their 9-hole round of golf and their son or daughter (ages 8-17) will receive their round and a pull cart rental for free. Visit www.fairfaxcounty.gov/parks/golf/

pinecrestgc for more Latin Expressions Exhibit. Through Aug. 31, gallery hours at Torpedo Factory Art Center, 105 N. Union St. Two dozen artists have contributed to an exhibit titled "Magic and Color." Visit www.torpedofactory.org

"Materialized Magic." Through Aug. 31, gallery hours at Torpedo Factory Arts Center, 105 N. Union St. The Torpedo Factory Art Center will house a colony of handmade fabled creatures in the New Project Studio for the month of August. Led by Virginia artists Stacy Cantrell and

Erika Cleveland, more than 130 local volunteers spent nearly a year crocheting, felting, and knitting all of the flora and fauna featured in "Materialized Magic: Mythical Creatures in a Yarn Artistry Habitat." Free. Visit www.torpedofactory.org.

Women of Civil War Alexandria **Tour.** Through Sept. 3, 7 p.m. Fridays-Saturdays at The Lyceum, 201 S. Washington St. Learn more about women's roles during the Civil War in Alexandria. Presented by the National Women's History Museum (NWHM). Tickets are \$15, \$12 for NWHM members. Visit www.nwhm.com/get-involved/

event/walking-tours.

Call for Artists: "Dia de los Muertos." Through Sept. 9, 5 p.m. Arlington Arts Center is accepting

submission for an annual exhibit. Free to apply Visit

www.arlingtonartscenter.org.

Summer Chamber Series. Sundays, through Sept. 11, 3 p.m. at The Lyceum, 201 S. Washington St. Washington Metropolitan Philharmonic Association presents the 26th annual chamber music series. Free. Visit wmpamusic.org for

Exhibit: Kit Keung Kan. Through Sept. 18, gallery hours at The Athenaeum, 201 S. Prince St. Kit Keung Kan is a Hong Kong-American artist and physicist who interprets traditional Chinese landscape paintings with his passion for the art form as well as his experience in scientific study and research such as relational concepts and objective abstraction. Free. Visit www.nvfaa.org for more

Mercy in Alexandria Walking

Tour. Sundays at 1:30 p.m. at Alexandria Visitors Center, 221 King St. Experience an inside access tour of 19th century Alexandria. Inspired by the PBS mini-series "Mercy Street," accompany a trained military historian through Civil War-era Alexandria and learn the actual history behind the TV show. Short tours are \$15, private tours for five are \$149. Visit

The Lyceum: 175 Years of Local History. Ongoing, Monday-Saturday 10 a.m.-5 p.m. and Sunday 1-5 p.m. at The Lyceum, 201 S. Washington

www.dcmilitarytour.com for more.

St. On view in the museum's Coldsmith Gallery, the historical objects and images featured represent The Lyceum, the community at work, and commemorations and celebrations. Throughout the exhibition, visitors are invited to "be the curator" and think about why the various artifacts are in the museum's collection, and about how tangible representatives of the past help tell the story of Alexandria's history. Free. Visit www.alexandriahistory.org for more

Medical Care for the Civil War Soldier Exhibit. Ongoing at the Fort Ward museum, 4301 W. Braddock Road. ongoing exhibit which features original medical instruments and equipment from the Civil War period and information on Union Army hospital sites in Alexandria. Free. Visit www.alexandriava.gov/fortward.

Alexandria's Nurses & Hospitals During the Civil War. Ongoing at The Lyceum, 201 S. Washington St. An exhibit on the life of Clarissa Jones, a nurse at The Lyceum hospital during the Civil War. The true story of a nurse in Alexandria during the war, drawing parallels with characters portrayed in the PBS drama "Mercy Street," with references to the experiences of other nurses, such as Anne Reading, who worked in the Mansion House hospital, and Jane Woolsey, who served at the Fairfax Seminary hospital. Admission is \$2. Visit

www.alexandriava.gov/lyceum "Ancient Art of Movement." 1 p.m. at Hollin Hall Senior Center, 1500 Shenandoah Road. Carmen Shippy, retired professional dancer, teaches a series designed for ages 50 and above. Movements are designed to strengthen core muscles and increase flexibility. Adjustments will be made for those with physical limitations. First lesson in the series is free for non-center members. To continue lessons, a vearly membership to all Senior Center programs is \$48. Call 703-765-4573 to sign up.

Flamenco Show. Wednesdays and Thursdays, 7:30-8:30 p.m. at La Tasca, 607 King St. Watch dancers and guitarists perform traditional flamenco. Free to attend. Call 703-299-9810 or visit

www.latascausa.com.

French Movie Night. Every Thursday, 7 p.m. in the back room of Fontaine Caffe & Creperie, 119 S. Royal St. View a French film. Free, no reservation necessary. Call 703-535-8151 or visit www.fontainecaffe.com/ reviews.html.

Their Fates Intertwined: The Lees of Alexandria in the War of 1812. Wednesday- Saturday, 10 a.m.-4 p.m. Sunday, 1-4 p.m. Lee-Fendall House and Gardens, 614 Oronoco St. A new exhibit on the experiences of the Lee family in Alexandria during the War of 1812

examines the contributions of Alexandria's citizens during the conflict that led to the writing of our national anthem through the lives of this iconic Virginia family. Visit www.leefendallhouse.org or call 703-548-1789.

Alexandria Cars and Coffee invites car enthusiasts to meet for coffee at Hollin Hall Shopping Center in front of Roseina's, 1307 Shenandoah Road. Owners of classic cars, hot rods. exotic cars, motorcycles and more meet to share car stories and drink coffee. Group meets the first Sunday of every month. 8:30-11 a.m.

Fifty Years of Collecting. Tuesday-Saturday 10 a.m.-5 p.m., Sundays 12-5 p.m. Fort Ward Museum, 4301 W. Braddock Road. An anniversary exhibit of objects from the Fort Ward collection. Free. Visit www.fortward.org or call 703-746-

National Inventors Hall of Fame Exhibit. Through November at The National Inventors Hall of Fame-USPTO campus, 600 Dulany St. The exhibit features the stories of Inductees of the National Inventors Hall of Fame who served their country during World War II and returned home to help build the nation with their innovations. Free. Visit www.inventnow.org.

Dinner for the Washingtons. 12 p.m. at George Washington's Mount Vernon, 3200 Mount Vernon Memorial Highway. A walking tour that goes behind the scenes to find out how food was prepared and served before the era of microwaves and TV dinners. \$5 in addition to estate admission. Visit

ENTERTAINMENT

www.mountvernon.org for more. **Second Thursday Music.**

Athenaeum, 201 Prince St. 7 pm. Second Thursday of every month. Visit nvfaa.org to view concert calendar and listen to upcoming Second Thursday Music artists.

The Monday Morning Birdwalk takes place weekly, rain or shine (except during electrical storms, strong winds, or icy trails), at 7 a.m. (8 a.m. November through March), is free, requires no reservation and is open to all. Birders meet in the parking lot at the park's entrance at 3701 Lockheed Blvd. Direct questions to Park staff during normal business hours at 703-768-2525.

Civil War Sundays. 1-5 p.m. at Alexandria Archaeology Museum, 105 North Union St., #327. Learn more about the Civil War as it occurred in Alexandria. Find dioramas, newspaper articles and more. Free. Visit

www.alexandriaarchaeology.org.

Doggy Happy Hour. Starting April 5,
Tuesdays through October 5-8 p.m.
at Jackson 20 and Hotel Monaco
Alexandria, 480 King St. Doggy
Happy Hour at Jackson 20 and the
Hotel Monaco Alexandria offers
specials on cocktails and beers plus
treats and water for canine
companions. Free, but drinks sold
separately. Visit www.monacoalexandria.com for more.

Baseball Boat to Nationals Park.
Departs from the Alexandria Marina,
1 Cameron St. The Potomac
Riverboat Company offers baseball
enthusiasts the chance to avoid the
crowds and take a leisurely cruise
from Old Town Alexandria to
Nationals Park along the scenic
Potomac River. Admission: one-way
\$20; round-trip \$25 MondayThursday; round-trip \$28 FridaySunday. Visit www.baseballboat.com

CAMPS, CLASSES & WORKSHOPS

Olympic Champions Camp. July 25-Aug. 26, 7 a.m.-6 p.m. at Boys & Girls Club, 401 N. Payne St. The Olympic Champions Camp incorporates "Triple Play" to engage mind, body, and soul. Campers participate in reading, STEM, sports, meditation and more. Prices vary. Visit www.bgcgw.org for more.

Theatre Camp. Through Sept. 2, various times at The Little Theatre of Alexandria, 600 Wolfe St. Offering a variety of camps for age 3 through 8th grade, covering creative play, acting, singing, dancing, musical theatre and improv. Sessions also include comedy, scene study, Shakespeare and drama. Tuition prices vary. Visit www.thelittlethetre.com for more.

Community Dance. 7:30-9:30 p.m. every third Friday at Hollin Hall Senior Center, 1500 Shenandoah Road. Live music. Tickets are \$4. Call 703-765-4573.

Life Drawing. Del Ray Artisans offers a range of open life drawing sessions for anyone to develop life-drawing skills further. Drop-in for the session and bring supplies to draw or paint live models. Fee ranges from \$8-\$12. All skill levels are welcome. Del Ray Artisans is located at 2704 Mount Vernon Ave. Visit www.TheDelRayArtisans.org for a schedule.

Community Yoga. Wednesdays 9:30-10:30 a.m. and Sundays 7:30-8:45 p.m. at 532YOGA, 532 N. Washington St. Suite 100. No experience required to participate in weekly community class. Suggested \$10 donation. Visit www.532yoga.com.

THURSDAY/AUG. 11

Eat, Create, and Retreat. 11 a.m.-3 p.m. at Ease Yoga and Cafe, 3051 Mount Vernon Ave. A day filled with learning, creating and moving that will provide children 7-12 years old with better body awareness, nutritional understanding, wellbeing. Registration is \$75. Visit www.easevogacafe.com.

Latin Expressions Exhibit

Reception. 6 p.m. at Torpedo Factory Art Center, 105 N. Union St. Celebrate this new exhibit featuring two dozen artists in an exhibit titled "Magic and Color." Visit

www.torpedofactory.org for more. Illustrated Lecture: Alexandria

Union Hospitals. 6:30-7:30 p.m. at Alexandria Archaeology Museum, 105 N. Union St. Join historian Peggy Harlow for a presentation on Alexandria's Civil War hospital buildings, including the real Mansion House Hospital, of Mercy Street fame. Free. Visit

www.torpedofactory.org for more. **An Evening wit KaNikki Jakarta.** 7 p.m. at The Athenaeum, 201 S.

Prince St. Author and poet KaNikki Jakarta will read her own work. Free.

Call 205-530-3823 for more.

Jane Austen Dance Class. 7:30-9:30 p.m. at Gadsby's Tavern Museum, 134 N. Royal St. In preparation for the Jane Austen Ball on Aug. 13, learn 18th-century English country dancing. Tickets are \$12 each or \$30 for the series. Call 703-746-4242 for more.

FRIDAY/AUG. 12

Movies Under the Stars: "The Lion

King." 8:30 p.m. at Ben Brenman Park, 4800 Brenman Park Drive. The public is invited to attend an outdoor movie on a three-story high movie screen. Free. Call 703-746-5592 or visit www.alexandriava.gov/ Recreation.

FRIDAY-SATURDAY/AUG. 12-13

Charity Plant Sale. 9 a.m.-2 p.m. Friday, 8 a.m.-2 pm. Saturday at Fairlington Presbyterian Church, 3846 King St. Several thousand plants will be sold at wholesale prices. The proceeds will help Habitat of Northern Virginia build more homes for lower-income families in the local communities it serves including the counties of Fairfax and Arlington and the cities of Falls Church, Fairfax and Alexandria. Free to attend. Visit www.habitatnova.org for more.

SATURDAY/AUG. 13

Beyond the Battlefield Tour. 10

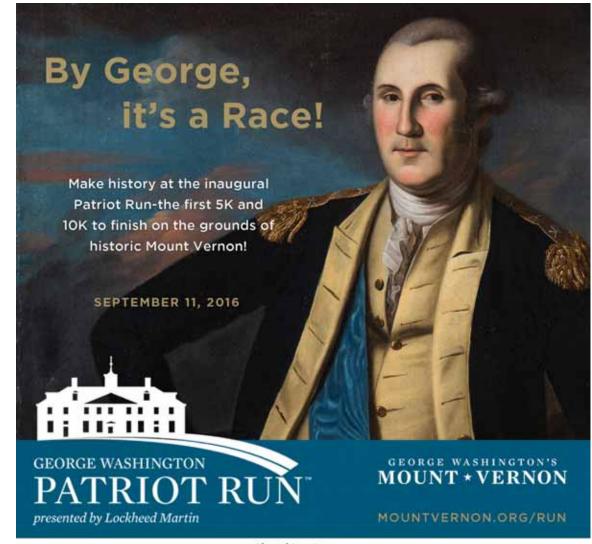
a.m. at The Lyceum, 201 S. Washington St. Participants will see locations and stories associated with soldiers, citizens, and the enslaved, including the occupation of Alexandria and emancipation. Stops on the tour will include locations featured in the PBS drama, "Mercy Street." Advance tickets are \$15, \$20 on the day of the program. Visit www.leefendallhouse.org for more.

Fall & Winter Vegetable

Gardening: Extending Your Harvest. 10:30 a.m.-12 p.m. at Burke Branch Library, 4701 Seminary Road. Learn inexpensive techniques to extend a harvest and how to enjoy some crops in the dead of winter. Free. Call 703-228-6414 or emailmgarlalex@gmail.com.

Canine Cruise. 11 a.m. at Alexandria
City Marina, 1 Cameron St. With
four-legged friends in tow, board a
Potomac Riverboat Co. cruise and
tour the Alexandria Seaport on this
popular 60-minute waterfront
excursion. Dogs must be on 6-foot
flat leash at all times. Tickets are \$16
for adults, \$10 for children, free for
dogs. Visit
www.PotomacRiverboatCo.com/

canine-cruise.php. **Delicious Dairy.** 1 p.m. at Historic
Huntley, 6918 Harrison Lane. Churn
your own butter and taste fresh



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Mount Vernon Gazette



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ENTERTAINMENT

cheese vou can make at home. House tour included. Tickets are \$7 for Fairfax County residents, \$9 for non-residents. Visit www.fairfaxcounty.gov/parks/huntley-meadows-park.

Garden Tour and Ice Cream

Social. 3 p.m. at Green Spring Gardens, 4603 Green Spring Road. Stroll the gardens with a master gardener docent. Then come into the Historic House for an ice cream social, a traditional gathering dating back to the 18th century. Enjoy a variety of ices, served with toppings and garnishes. Tickets are \$12 for

Fairfax County residents, \$14 for residents. Visit

www.fairfaxcounty.gov/parks. **Garden Party.** 4:30-7 p.m. at Historic Pohick Church, 9301 Richmond Highway, Lorton. The Pohick Church Docent Guild will host a Garden Party. A string quartet and flute and Living History characters will provide entertainment for an afternoon of wine, assorted beverages, hors d'oeuvres, and a live auction. Tickets are \$30. Call 703-339-6572 for more.

Woven Green Soundscapes with Sacred Mantra Chants.

7-8:30 p.m. at Ease Yoga and Cafe, 3051 Mount Vernon Ave This workshop will begin with chanting of sacred sanskrit mantras and then lead into a sound healing meditation. Registration is \$30. Visit Visit www.easeyogacafe.com.

Jane Austen Ball. 8-11 p.m. at Gadsby's Tayern Museum, 134 N. Royal St. The evening will feature a variety of English country dances in the historic ballroom, live music, and "iced refreshments." Period costume optional; "after-five" attire encouraged. Tickets are \$45. Visit shop.AlexandriaVA.gov/ Events.aspx.

SATURDAY-SUNDAY/AUG. 13-14

Summer Sidewalk Sale. All day throughout Old Town and Del Ray. Participating stores, including The Shoe Hive, Kiskadee, La Cuisine, the Purple Goose, Red Barn Mercantile, and Olio Tasting Room, and will have bright yellow balloon markers outside of their storefronts. Free. Visit www.visitalexva.com/sidewalksale for more

TUESDAY/AUG. 16

What's So Special about Special **Collections?** 1-3 p.m. at Hollin Hall Senior Center, 1500 Shenandoah Road. Leslie Anderson, an expert reference librarian at Alexandria Library, talks about why special collections are so important for genealogists. Free. Visit www.mvgenealogy.org.

WEDNESDAY/AUG. 17

Babes in the Woods. 9:30-11 a.m. at Huntley Meadows Park, 3701 Lockheed Blvd. Explore the parks of Northern Virginia with your babies in backpack carriers. Tickets are \$5. Call 703-228-6535 for more.

Swing Dance. 9-11 p.m. at Nick's Nightclub, 642 S. Pickett St. Deja Blue is a four-piece blues band based in Northern Virginia. The play list covers Muddy Waters, Albert King, and Little Walter along with the mo current sounds of Rod Piazza and more. Tickets are \$10. Visit www.gottaswing.com for more.

THURSDAY/AUG. 18

Garden Tour and Tea. 1-3 p.m. at Green Spring Gardens, 4603 Green Spring Road. Tour the demonstration



Falling Water, Kit-Keung Kan, Chinese ink and watercolor on rice paper, 46.5" x 36.25"

The Athenaeum Gallery Hosts 'Fall, Waves, and White Water'

"Fall, Waves, and White Water" was created by artist Kit-Keung Kan using the Chinese brush technique. This exhibit features many works where he has written and incorporated verse in Chinese calligraphy which are translated into English in the collateral materials. Kan will lead a workshop for children on Sunday, Aug. 28 at 2 p.m. "Fall, Waves, and White Water" will be on display through Sept. 18 at the Athenaeum, 201 Prince St. Visit www.nvfaa.org for more.

gardens with Master Gardener docents. Hear about Green Spring's history, educational mission and more. Tickets are \$32. Visit Call Historic Green Spring at 703-941-7987 to register.

FRIDAY/AUG. 19

Garden Fresh Garden Dinner. 6-10 p.m. at Mount Vernon, 3200 Mount Vernon memorial Highway, Mount Vernon. Enjoy a four-course meal paired with Port City beers. Tickets are \$75. Visit www.mountvernon.org for more.

AUG. 19-28

Alexandria Summer Restaurant

Week. Various times throughout Alexandria. For 10 days and two weekends, more than 50 Alexandria restaurants offer a \$35 three-course dinner or a \$35 dinner for two. Visit www.AlexandriaRestaurantWeek.com.

SATURDAY/AUG. 20

National Honeybee Day. 10 a.m.-12 p.m. at Green Spring Gardens, 4603 Green Spring Road. Meet a beehive, learn a bee dance, join a bee scavenger hunt and learn how bees are important to our food supply. You can get tips on growing a pollinator garden and purchase your own pollinator starter garden. Tickets are \$12. Call 703-642-5173 or visit www.fairfaxcounty.gov/parks/

greenspring/.
Beeswax Votive Candles

Workshop. 1 p.m. at Green Spring Gardens, 4603 Green Spring Road. Learn about the materials, wicks, waxes, fragrances and containers needed for making poured beeswax jar candles. Pour two votive candles to take home. Tickets are \$35 for Fairfax County residents, \$37 for non-residents. Visit www.fairfaxcounty.gov/parks.

FootGolf National Championship

Qualifier. 2 p.m. at Pinecrest Golf Course, 6600 Little River Turnpike. The tournament combining soccer and golf is open to all skill levels, including beginners. Participants receive a swag bag, food and beverage specials and discounted merchandise. Tickets are \$22 for American FootGolf League members, \$27 for non-members. Visit www.footgolf.us for more. **Summer Concert.** 7-9 p.m. at Carlyle

House, 121 N. Fairfax St. Howard University's DuPont Brass performs. Free, \$5 suggested donation. Visit www.carlylehouse.org.

Country-Western Dance, 6:30-7:30 p.m. lessons, 7:30-10 p.m. dance at Hollin Hall Senior Center, 1500 music. Couples and singles welcome. Admission for NVCWDA members \$10; non-members \$12; children under 18 accompanied by a paying adult \$5. See www.nvcwda.org or call 703-860-4941.

SEE CALENDAR, PAGE 23

ENTERTAINMENT

A Home Away from Home In Heart of Del Ray

At Front Porch: Kick back, relax, and have a snack and a beer.

BY HOPE NELSON
THE GAZETTE

alk down Mount Vernon Avenue on any summertime weekend, and if the weather's even remotely nice, you're sure to see a crowd congregating on a patio two doors down from the Evening Star Café. Take a closer look and you'll find a microcosm of Alexandria — young families, millennials, retirees, and everyone in between — relaxing together, having a beer, and acting like the neighbors that they are at heart.

You've come upon the Front Porch, a seasonal spot to kick back and casually watch the world go by. An extension of Evening Star (although that's not readily apparent at first glance),

APPETITE it's grown in popularity since its debut three years ago even as the patio space remains static.

"I think the Front Porch is such an energetic environment. People are engaged; they're happy to be there," said Evening Star Executive Chef Keith Cabot. "... That kind of energy, I love."

To be sure, the Front Porch aims to be a home away from home. When you want to get away from the norm but still remain comfortably part of the community, it's there, offering picnic tables and Adirondack chairs to sink into. If you're lucky, you'll snag one of the seats providing a front-row view to the happenings on Mount Vernon Avenue; prop up your feet on the stone wall and take it all in.

"It's really about somebody coming to our house and sitting on the front porch. ... We just want a place for people to come, relax, have a drink, a bite," Cabot said.

And the bites and drinks are worth waiting for. Both the menu and the beer list offer something

If You Go

The Front Porch, 2006 Mount Vernon Ave. Hours: 5-10 p.m Monday-Friday; 4-10 p.m. Saturday-Sunday

Try this: The bourbon slushie, aka the "Slushmonster." "It's amazing. It's been there from the beginning. It's a recipe that (Evening Star founder Neighborhood Restaurant Group co-owner) Michael Babin's grandmother had. It's bourbon, orange juice, lemon juice, sugar, tea, and it all goes into the slushie machine."

for nearly every taste.

"Eighty percent of the menu is the same (as Evening Star's)," Cabot said. "The Front Porch gets more of a snack atmosphere, so the shrimp hush puppies, the hummus, and the watermelon and tomato salad are some of our biggest hits. ... Lately one of our bigger sellers has been our Korean Fried Cauliflower — we call it the KFC."

While the food is popular, the beers and other drinks are perhaps the crown jewel. The Front Porch has an extensive beer list that rotates incredibly frequently and features some rarities along with some standbys. Some you've heard of; some you surely haven't. And that's part of the point.

"For beer lovers, it gives them new opportunities to see every beer at the peak of its season," Cabot said.

While summer is slowly coming to a close, the Front Porch will remain open as long as the weather holds up, Cabot said. That usually puts its closing date in October, when the space will host an end-of-season party toast the year.

"We try to take it as far as we can — but it is an outdoor space," Cabot said.

Hope Nelson operates the Kitchen Recessionista blog, located at www.kitchenrecessionista.com. Email her any time at hope@kitchenrecessionista.com.

Calendar

From Page 22

FRIDAY/AUG. 26

Film Screening: "Zootopia." Movie starts at dusk, activities start at 6 p.m. at Four Mile Conservatory Center, 4109 Mount Vernon Ave. Free. Visit

www.fourmilemovieseries.com.

Movies Under the Stars: "Alice in Wonderland." 8 p.m. at Market Square, 301 King St. The public is invited to attend an outdoor movie on a three-story high movie screen. Free. Call 703-746-5592 or visit www.alexandriava.gov/Recreation.

SATURDAY/AUG. 27

Swim for Engie. 8-10 a.m. at Hunting Park Pool, 7000 Canterbury Lane. Alexandria Masters Swimming is holding a swimathon for Inova's Schar Cancer Institute in honor of Engie Mokhtar. It is open to the public of all ages who can swim laps. Registration fee is \$5. Visit www.crowdrise.com/SwimforEngie2016.

Carlyle House Family Event. 12-3

p.m. at Carlyle House, 121 N. Fairfax St. Decorate a 18th century fan, paint a selfie (self-portrait), make a necklace and play colonial games. This event is designed for children ages 3-12, but all are welcome. Free. Visit www.carlylehouse.org for more. Ice Cream at Historic Huntley. 1

p.m. at Historic Huntley, 6918
Harrison Lane. Make and enjoy handcranked ice cream as Huntley's Harris
family may have done. Discover how

family may have done. Discover how the histories of ice cream and Huntley follow a similar path from elite luxury to family fare. Tour of ice well and Historic Huntley House included. Tickets are \$8 for Fairfax County residents, \$10 for residents. Visit www.fairfaxcounty.gov/parks/huntley-meadows-park.

Face Off 2016 Reception. 1-4 p.m. at Principle Gallery, 208 King St. Three painters will all be painting the same model, live in the gallery. Free. Visit www.principlegallery.com for more.

SATURDAY-SUNDAY/AUG. 27-28

Begonia Show and Sale. 9 a.m.-4:30 p.m. Saturday, 12-3:30 p.m. Sunday

at Green Spring Gardens, 4603 Green Spring Road. The sale offers a wide variety of begonias, including subtropical species. Free. Visit www.fairfaxcounty.gov/parks/greenspring/events.htm.

SUNDAY/AUG. 28

Children's Art Workshop. 2 p.m. at The Athenaeum, 201 Prince St. Artist Kit-Keung Kan offers a workshop for children based on his art in "Fall, Waves, and White Water." Free. Call 703-548-0035 for reservations.

Lesson Zero. 7 p.m. at Fort Hunt Park, 8999 Fort Hunt Road. Free. Visit www.myspace.com/lessonzero.

AUG. 27-SEPT. 23

Face Off 2016. Gallery hours at
Principle Gallery, 208 King St. Face
Off 2016 is a live painting
demonstration and exhibition of new
works by artists Cindy Procious, Mia
Bergeron and Elizabeth Floyd. Free.
Visit www.principlegallery.com for
more.





SPORTS

Stars of Summer

Northern Virginia Swimming League holds individual championships

By Tim Peterson The Gazette

lympic swimming started with an expected bang in its opening weekend in Río, with Katie Ledecky and the men's four by 100 freestyle relay, that included Michael Phelps in the second leg, captured gold medals for Team USA. The day before the first finals events, Northern Virginia played host to its own local version of swimming championships, the Northern Virginia Swimming League individual All-Stars meet.

The meet was held Aug. 6 at the Little Rocky Run community pool in Clifton.

Though other leagues including Prince William, Colonial and Reston offer many communities opportunities for youth summer racing, none match the NVSL for sheer size and speed.

"It's the best of the best," said Crosspointe head Coach Molly Miller. Miller lives in Chantilly, while Crosspointe is based in Fairfax Station. Like most coaches present, Miller thought her swimmers were able to "rise to the competition and see some good swims."

AMONG THAT ELITE-LEVEL

competition was Cassidy Bayer, a rising junior at West Potomac High School. Bayer finished third in the 100-meter Butterfly at the U.S. Olympic Trials earlier this summer, just missing a trip to Río.

Even with that type of talent, Bayer was still a fraction of a second off the NVSL record for the 50-meter fly.

Bayer's teammate on the Mount Vernon Park Gators community team Emily Makin did break a league record Saturday, going 34.84 seconds in the 11-12 50meter breaststroke. The record was previously held by both Lindsey Ertter (1995) and Ashley Danner (2003).

Makin's coach Paul Makin [no relation] has been coaching in the NVSL since 1993, and with Mount Vernon Park for the last 11 years.

Paul said he and Emily "didn't have [the record] on the radar today, it was a surprise."

more business-like year-round 15-18 50-meter breaststroke. program. In his case, it's Nation's Capital Swim Club, of which www.mynvsl.com.

Ledecky and Bayer are members. In summer league and the NVSL, however. Paul said, he wants his athletes to "just swim, have fun."

"They control their own races," Paul continued, "not the clock."

Peter Makin [also not related to Paul] of the Fairfax Frogs community team was another highlight of the muggy early-August morning.

The previous week, he became the first NVSL male ever in the 13-14 age group to break a minute in the 100-meter individual medley.

Saturday, Peter added nearly two tenths to his own league record, but still won the event handily.

"It felt good," he said after the race, smiling. "Not quite as good [as the previous week.]"

Peter described racing in NVSL All-Stars the same weekend as Olympic swimming kicking off as "pretty awesome." He'll be focusing on watching the men's sprint freestyle: the 50, 100 and 200meter distances.

"I hope Nathan Adrian will take them," he said. Adrian is a favorite from the US, competing in the 50 and 100. He anchored the gold medal-winning relay along with Phelps on Sunday night.

Mike Fones of Fairfax is Peter Makin and the Frogs' head coach. He's returned to coaching after taking a 20-year break. This past winter season, he coached the Robinson Secondary School men's and women's swim and dive teams to state championships.

"This really is a team," he said of the Frogs. "They compete as a team. You have 18-year-olds cheering for six-year-olds. Siblings with siblings. It really is a family."

Fast, slow, All-Stars or developmental meets, "It doesn't make any difference," Fones said. In his opinion, family and fun are the bedrock of summer league.

OTHER NEW LEAGUE **RECORDS** from Saturday include Blake Madsen of Poplar Tree in Chantilly. The 8 and under swimmer broke his own NVSL record with 19.77 seconds in the 25meter breaststroke. He was the first to go under 20 in the league's history.

Jacquee Clabeaux of Greenbriar in Fairfax broke another Ashley Like many summer league Danner league record that's stood coaches, Paul also coaches for a since 2007, going 31.62 in the girls

For full results,



Emily Makin of the Mount Vernon Park Gators dives in for the 11-12 girls 100-meter individual medley at Little Rocky Run pool for the NVSL All-Stars meet on August 6.



From left, Mount Vernon Park Gators Sheridan Phalen, Juliana Skopp-Cardillo, Cassidy Bayer, Brian McNamara and Donovan Kovalsky spend time in their team area with longtime coach Paul Makin, rear.



Emily Makin comes into the finish of the 11-12 girls 100-meter individual medley, well ahead of the competition.

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ALEXANDRIA CITY PUBLIC SCHOOLS REQUEST FOR PROPOSAL NUMBER 16-07-09

The Alexandria City School Board dba Alexandria City Public Schools is seeking competitive proposals from qualified Offerors to provide Low Incidence Curriculum Materials.

Sealed Proposals with the notation RFP# 16-07-09 Low Incidence Curriculum Materials will be received in the Central Procurement Office, 1340 Braddock Place, Suite 620, Alexandria Virginia 22314, on or before 3:00 pm, September 7, 2016. The time of receipt shall be determined by the time clock stamp in the Procurement office. Proposals appropriately received will be opened and the names of the firms responding will be read aloud. RFP documents may be obtained at the above Procurement Office or by calling 703-619-8181, or by downloading the RFP from the ACPS website at

w.acps.k12.va.us/financial-services/purchasing/bids.php

ACPS reserves the right to cancel this RFP and/or reject any or all proposals and to waive any informalities in any proposal

21 Announcements 21 Announcements

LEGAL NOTICE

Sealed bids for the City of Alexandria per specifications will be received in the Office of the Purchasing Division until the date

Invitation to Bid No. 00000610, Holmes Run Bike Trail Im-

The City of Alexandria reserves the right to reject any and all bids, cancel this solicitation, and to waive any informalities or irregularities in procedure. THE CITY REQUIRES ITS CONTRACTORS TO BE EQUAL OPPORTUNITY EMPLOYERS.

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OBITUARY

FRANCES CORBALLY DAMICO

Frances Corbally Damico passed away August 7, 2016. Frances was born in Poughkeepsie, New York on September 12, 1925. She was a graduate of Cornell University and George Mason University where she obtained a Masters Degree in Education. Frances designed, developed and directed several infant and child care centers in the Washing-ton D.C. area. After retirement, she resided in Sarasota, Florida where she was a beloved choir singer and active member of Saint Thomas More Catholic Church, Frances was most proud to be called mother, grandmother and great-grand-mother. She was affectionately known as "Mame" to her family. Frances will be treasured as an excellent cook, a skilled painter, a beautiful singer and someone who always lent a hand to her family and friends. She will adoringly be remembered as a loving wife and the world's greatest mother, grandmother and great-grandmother whose smile was beautifully captivating.

Frances is survived by Joseph, her husband of 66 years; son David (Vickie) Damico of Roanoke, Virginia; son Joseph (Pa-mela) Damico of Libertyville, Illinois and daughter, Catherine (John) Leonard of Evanston, Illinois; eight grandchildren; Lindsay (Joseph) Bianco, Lauren (Luke) Laidley, Lisa Damico, Laura (Nick) Olson, Joseph Damico, Christine Damico, Charles Leonard and Frances Leonard; and four great-grandchildren; Joseph Bianco, Claire Bianco, Lucas Laidley and Jack Bianco

A private family service will be celebrated at Saint Athanasius Parish in Evanston, Illinois

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Klatt, Felicia K. (94)

Non-mandatory Pre-bid Conference: August 17, 2016; 11:30
a.m. prevailing local time, 100 North Pitt Street, Suite 301,
Alexandria, VA 22314

ITB Opening Date and Time: September 7, 2016, 3 p.m., prevailing local time

For general inquiries contact Darryl K. Jackson, CPPB, Contract Specialist III at 703.746.4298.

On July 30, 2016 in Alexandria, VA. Loving wife of the late Charles A. Klatt. She is survived by Monica Mullholand of Richmond, VA, Pamela M. Dunleavy (Michael) of Great Bridge, VA, Jefferson Mullholand (Kathy) of Henrico, VA, Patricia McTeague of Newport News, VA, Kevin McTeague of Atlanta, GA, Ronnie King, Tommy King, her dear friends Offit Ledesma and Mauricio Arias, and many more family and friends. She is preceded by her siblings Ellwood King, Marion Toomey, June Mullholand and Mary Claire McTeague. Fay was a world traveler and avid collector of miniatures. She loved art, music and eler and avid collector of miniatures. She loved art, music and eler and avid collector of miniatures. She loved art, music and theatre. She was a member of the Immanuel on the Hill Episcopal Church Alter Guild for many years. A Memorial Service to be held on Saturday August 13, 2016 at 11:00 AM at Immanuel Church on the Hill, 3606 Seminary Rd, Alexandria, VA. Interment will follow at Immanuel Church on the Hill.

In lieu of flowers donations may be made to Goodwin House Fellowship Program, Goodwin House Alexandria. Additional

ormation may be found at www.everlywheatley.com

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21 Announcements

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WE FINANC

PEOPLE

From Iran to Mount Vernon

From Page 9

at Providence Hospital before going on to do his first year residency at the Jewish Hospital Medical Center. He completed his second year residency at the University of Louisville where he gained practical experience in a variety of general surgeries.

He decided to pursue plastic surgery because it would allow him to continue to perform complexed surgeries. Once again, he was able surpass the other 68 applicants applying to George Washington University residency program.

With 36 years in the medical field, Matini has been a pioneering force in the local medical community, which he discusses in the later chapters of his book.

Matini was the first to perform a muscle flap reconstruction surgery in the Washington metro area. In 1980, a 16-year-old female patient fell and broke her kneecap. She received surgery. The orthopedic surgeon found that the skin around her kneecap was dead after he removed the cast.

The surgeon referred the patient to Matini's friend, an orthopedic surgeon named Dr. Scott Teunis, who referred the patient to Matini. "I was able to take the patient to the operating room and use one of her calf muscles. Then I made a tunnel from the calf to the dorsum of the knee, brought the muscle through the tunnel to cover the kneecap bone, and used a skin graft from the other thigh to cover the muscle," he said.

He performed the procedure with success and was able to save the patient's leg.

Not only is Matini a pioneer in the local medical community, but he is also a champion for the wider Mount Vernon commu-

He was instrumental in keeping the Mount Vernon INOVA hospital open.

In 2002, when INOVA proposed closing down the hospital, Matini sent letters to every doctor's office in the Mount Vernon community for patients to sign to say they were against closing the hospital.

He also contacted the local media, The Washington Post and Mount Vernon Gazette, and told them about the potential closing of the hospital.

"I also contacted Mr. Gerry Hyland, the Mount Vernon supervisor on the Fairfax County Board of Supervisors and explained the situation to him. He was skeptical until I showed him the evidence."

Hyland arranged for Matini to meet with former Virginia congressional representative Herbert Harris Jr., and former Mount Vernon Supervisor Warren Cikins. Matini was named to a committee to investigate the problems at Mount Vernon INOVA Hospital and formulate a solution.

Not only does the book discuss Matini's progress and achievements in his personal and professional life, but it also gives readers a taste of his perspective on American politics and culture.

"I have seen three young high school students with paralysis from the neck down as a result of playing American football. Let players play the same game but the minute the defense touches an offensive player, stop the game. This would prevent bad injuries to players ..." he said.

Now that he is retired, Matini enjoys painting and learning to play the piano.

He and his wife still reside in the home he had built in Mount Vernon nearly 31 years ago.

Bulletin Board

From Page 11

group leaders and are ongoing, free and open to the community. Call the Alzheimer's Association 24/ 7 Helpline at 800-272-3900 before attending a group for the first time to verify meeting information, obtain directions or other information about the group. A complete list of all groups in the National Capital Area region can be viewed at www.alz.org/nca.

VOLUNTEERS NEEDED

Volunteer Fairfax makes it easy for individuals and families, youth and seniors, corporate groups and civic clubs to volunteer. Fulfill hours, give back, or pay it forward through a variety service options. Visit www.volunteerfairfax.org or call 703-246-3460.

STEM VOLUNTEERS. The American Association for the Advancement of Science (AAAS) needs scientists, engineers, mathematicians, and physicians to assist K-12 STEM (Science, Technology, Engineering, Mathematics) teachers in the Northern Virginia Area, during the 2016-17 school year. In the 2015-16 school year, the numbers of STEM volunteers in Northern Virginia were: Fairfax County - 40, Arlington 20, and Alexandria - one. Details of the collaboration are worked out between the teacher and the volunteer, and may involve giving demonstrations, assisting in lab experiments, lecturing on special topics assisting with homework, etc. The hours are flexible, and volunteers attend a one-day training in September before being assigned to schools. To volunteer, contact donaldrea@aol.com.

Fairfax County's Community Services Board is seeking volunteer office assistants. Volunteers are needed to assist CSB staff with greeting

guests, making reminder phone calls, data entry, filing, shredding, stocking shelves, and other duties as needed. Hours are flexible, but would be during normal business hours. Visit www.fairfaxcounty.gov/csb/viva/volunteers.htm for more.

Yoga Teachers are needed. Help improve a person's well-being by teaching yoga classes to adults who are staying in a residential facility. The day/time is flexible, but would be during the week. Prior yoga instruction is required. Visit www.fairfaxcounty.gov/csb/viva/ volunteers.htm for more.

The Northern Virginia Long Term Care Ombudsman Program needs volunteer advocates for residents in nursing homes and assisted living facilities. Contact Lisa Callahan at 703-324-5861, TTY 711 or email Lisa.Callahan@fairfaxcounty.gov.

Respite Care volunteers give family caregivers of a frail older adult a break so they can go shopping, attend a doctor's appointment or just have coffee with a friend. Volunteers visit and oversee the safety of the older adult for a few hours each month. Support and training are provided. Contact Kristin Martin at 703-324 7577, TTY 711, or Kristin.Martin@fairfaxcounty.gov.

Fairfax County needs volunteers to drive older adults to medical appointments and wellness programs. For these and other volunteer opportunities, call 703-324-5406, TTY 711 o visit www.fairfaxcounty.gov/olderadults and click on Volunteer Solutions.

The Gum Springs Senior Program in Alexandria is looking for a Line Dance Instructor. For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit www.fairfaxcounty.gov/olderadults and click on Volunteer Solutions.

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