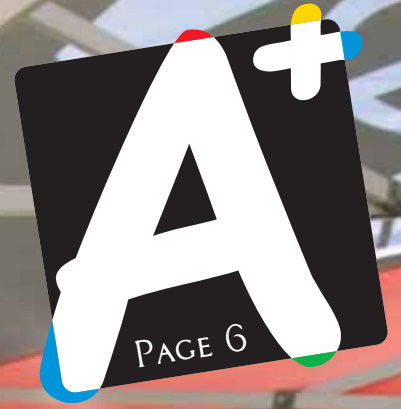




Fairfax Station Clifton & Lorton



Melissa Morgan of Fairfax, right, with Forge Brew Works in Lorton serves Shamara Wilkins of Lorton, left, a cold brew at the Workhouse Arts Center Brewfest on Aug. 13.



Ice Cold Cheer

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Garden Party for
Historic Pohick Church

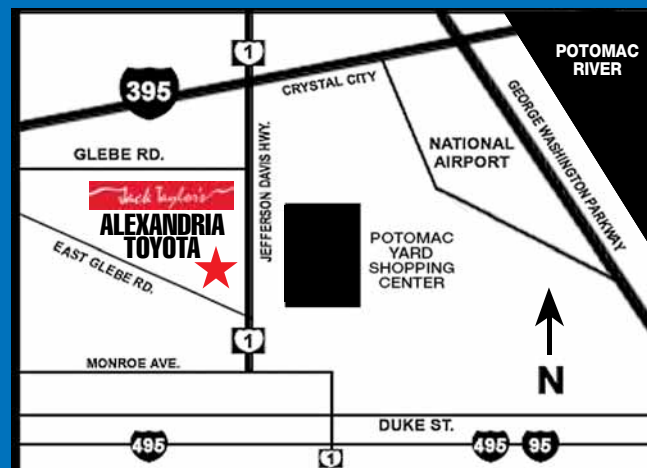
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Create a Back-to-School
Game Plan

A+, PAGE 6

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Let's Go Places



Enjoying the Garden Party at Historic Pohick Church in Lorton are from left: Judy Sunderland, Sandi Kind, Jackie Wells, Gloria Jackson, Pamela Nelson, Jane Grant, and Charlotte Knipling.

Garden Party for Historic Pohick Church

On Saturday, Aug. 13, the Historic Pohick Church on Richmond Highway in Lorton held its first Docent Guild Garden Party fundraiser for 95 people, raising about \$1,000 to benefit the Historic Pohick Church Foundation, whose mission is the restoration and maintenance of the church building. The event included a fancy hors d'oeuvres and wine, a live auction, raffle, music by the Apollo String Quartet from Robinson Secondary School, and flutist Don Francisco from Mount Vernon. Some guests dressed in historic costumes and donned their fancy hats for the Mad Hatter Hat Contest.

"The event benefits the historic Pohick Church Foundation, which maintains the historic church building built in 1774," said Micheyl Bartholomew, in charge of Pohick Church Special Events. "George Washington and George Mason were on the building committee and after 250 years, the church is still standing."

The hors d'oeuvres included curried chicken satay with mint vinaigrette, bacon tomato bites, fruit kebobs, and antipasto kebobs. Desserts included lemon bars, French pastries, dark chocolate cabernet cupcakes, and citrus buttercream cupcakes.

— STEVE HIBBARD

PHOTOS BY STEVE HIBBARD/THE CONNECTION



Pictured are George Mason, aka Peter Kind; Martha Washington, aka Anne Arnhart; and Will and Priss Wentworth.



The Apollo String Quartet from Robinson Secondary School entertains the crowd. Pictured are Sean Piwowar, Maxim Johnson, TK Trinh, and Tamika Oyombo.



Event organizers BJ McPherson, Hospitality; Nancy Sage, Director; and Micheyl Bartholomew, Special Events.



George Washington, aka Reed Heddleston, with his wife Martha, aka Anne Arnhart.



Mrs. Alexander Henderson, aka Carole Thomas with Mrs. Mary Wallace, aka Susan Hayward-Costa during the Docent Guild Garden Party hosted by Historic Pohick Church in Lorton. The event last Saturday was a fundraiser to benefit the Historic Pohick Church Foundation.

OPINION

Election 2016: Much at Stake Nationally, Locally

Possible record turnout should motivate more early voting.

Election Day is Tuesday, Nov. 8, and in some ways that seems like it can't possibly come soon enough. On Election Day in Virginia, polls are open from 6 a.m. - 7 p.m., but early voting begins Sept. 23, about five weeks from now, and voters should have plenty of motivation to vote early.

It's hard to articulate how much is at stake in the coming election, and it's not just about the choices for U.S. President. Turnout will be extremely high, if not record breaking.

Nearly 32 percent of voters nationally voted before Election Day in 2012, according to census data, compared with just under 30 percent in 2008 and 20 percent in 2004, the New York Times reported.

There are 19 valid reasons to vote absentee in Virginia, with one that applies to almost everyone who commutes to work. If you could be working and commuting to and from home for 11 or more hours between 6 a.m. and 7 p.m. on Election Day, you qualify to vote "absentee in person." If you vote absentee in-person you will fill out the application when you arrive at the in-person absentee location.

The deadline to register to vote on Election Day is Oct. 17.

Visit the Virginia Department of Elections website to check that you are registered or call Fairfax County Elections office at 703-222-0776.

Virginia has a stringent voter identification requirement, plan to bring photo identification with you to vote, whether that is absentee or on Election Day. Among accepted ID: valid Virginia Driver's License or Identification Card; valid Virginia DMV issued Veteran's ID card; valid U.S. Passport; other government-issued photo identification cards issued by the U.S. Government, the Commonwealth of Virginia, or a political subdivision of the Commonwealth; valid college or university student photo identification card from an institution of higher education located in Virginia; valid student ID issued by a public school or private school in Virginia displaying a photo; employee identification card containing a photograph of the voter and issued by an employer of the voter in the ordinary course of the employer's business. Any registered voter who does not possess one of the required forms of identification can apply for a free Virginia Voter Photo Identification from any general registrar's office in the Commonwealth. Voters applying for the Virginia Voter Photo ID Card will have to complete the Virginia Voter Photo Identification Card Application, have their picture taken, and sign the

EDITORIAL

LETTERS TO THE EDITOR

Back to School with Asthma Action Plan

To the Editor:

The back-to-school season is a busy time of year filled with supply shopping, annual checkups, and more. If your child has asthma there are additional items I urge you to add to the to-do list. In order to ensure they'll be safe all year long make sure their school nurse knows how to help your child if they experience asthmatic symptoms.

Developing an asthma action plan with your child's doctor during their

checkup is an important first step. Provided by the Virginia Asthma Coalition (www.virginiaasthmacoalition.org), the asthma action plan template is a free tool for you, your child, and their healthcare provider to create a strategy to respond to the various degrees of asthma symptoms your child may experience while at school.

Once your asthma action plan is developed, reach out to your school nurse and share it with them. They will also be able to walk you through the necessary steps to guarantee your child has access to their medication, and can carry their medication with them.

Last, but not least, make sure you and your child know the daily air quality forecast. Air pollution is a known asthma trigger, and understanding the daily air quality will allow you and your child to make informed decisions about whether or not it's safe for them to exercise outdoors. Did you know that the American Lung Association gave Fairfax an "F" for smog pollution in their 2016 State of the Air Report?

This makes it especially important for Fairfax's children with asthma to keep an eye on air quality. Visit www.airnow.gov for your local air quality forecast.

Jennifer Kaufer
American Lung Association in Virginia

Disappointing Sanitation

To the Editor:

I attended the 4 H Fair & Carnival two years ago and may not go again. I should have written you about this sooner but got distracted. I was very disappointed in the sanitation and hope it got better. I would hope someone would have noticed the same thing as I did and had it corrected, but just in case I will tell you what I discovered two years ago.

1) There were two hand washing stations outside the animal petting building. One of them you had to hold the faucet on as you used it. How could you properly wash your hands holding the faucet handle on? The second faucet handle was so loose, it would not turn on.

2) There was another hand washing station about 60 to 70 feet away from the baby chicken handling exhibit. This hand washing station was poorly labeled, too far from the baby chicken exhibit, you had to hold the faucet handle on, and it

Ramping Up to Election Day

- ❖ **Sept. 23:** In-Person Absentee Voting Begins
- ❖ **Oct. 17:** Voter Registration Deadline - In-Person: 5 p.m., Online: 11:59 p.m.
- ❖ **Nov. 1:** Last Day to Apply for an Absentee Ballot by Mail, Fax, Email or Online: 5 p.m.
- ❖ **Nov. 5:** Final Day for In-Person Absentee Voting
- ❖ **Nov. 8:** Absentee Ballot Return Deadline: 7 p.m.
- ❖ **Nov. 8:** Election Day, Polls Open 6 a.m. - 7 p.m.

digital signature pad. Once the application is processed, the card will be mailed directly to the voter.

While the Presidential election will take top billing, every seat in the U.S. Congress is on the ballot, with one hotly contested race in Northern Virginia.

In Fairfax County, voters will decide whether to enact a four percent meals tax, a topic voters will hear a lot more about in coming weeks. Bond questions include \$120 million in transportation bonds for Metro; \$107 million in bonds for parks; and \$85 million for building and renovating senior and community centers, and homeless shelters. More at <http://www.fairfaxcounty.gov/bond/>

For more information on voting in Fairfax County:

Voter Registration: 703-222-0776, TTY 711
Absentee Fax: 703-324-3725
Email: voting@fairfaxcounty.gov
Election Officer Info: 703-324-4735, TTY 711
Email: elect@fairfaxcounty.gov

— MARY KIMM
MKIMM@CONNECTIONNEWSPAPERS.COM

had no soap. There was a bulletin about 2 years ago about the hazards of children handling baby chickens, you probably read it. It was quite explicit in stating that you must take appropriate precautions when handling baby chickens and recommended against it.

3) Here is the good news, the stand alone restroom by the park entrance has warm water, a motion sensor activated faucet, soap and paper towels.

So at least there was one correctly functioning hand wash station.

4) There were mosquitos breeding in puddles by the carnival.

Jack Johnson, Esq
Falls Church

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AREA ROUNDUPS

Springfield Town Center to Host Back To School Pep Rally

Springfield Town Center is hosting a pep rally to celebrate students returning to school. The event is scheduled for the Grand Court area of the mall from 10 a.m. until 2 p.m. on Saturday, Aug. 20.

In addition to a back to school fall fashion preview, the pep rally is set to include performances by SYC All-Star Cheer, face painting, flash tattoo and balloon art, and mini-makeovers. And no youth-oriented social event would be complete without lures placed at all Pokémon GO stops in the mall.

Springfield Town Center's owners Pennsylvania Real Estate Investment Trust [PREIT] are also using the event to publicize and register shoppers for a new digital spending rewards program called PREIT Perks.

Springfield Town Center is located at 6500 Springfield Mall in Springfield.

—TIM PETERSON

Clifton Resident Organizing National Rally for Refugees

Kathy Hertz of Clifton has organized a rally for international refugees, scheduled to take place at the Sylvan Theater at the Washington Monument on Aug. 28 from 10 a.m. until 2 p.m.

Hertz spent her vacation around Christmas 2015 volunteering with her cousin to help refugees fleeing to Lesbos, Greece.

In April earlier this year, she was recognized at the



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Retiring After 28 Years of Service

Master Technician Dale Dommel is retiring after 28 years of service to the residents of Fairfax County. C-Shift helped Master Technician Dommel celebrate his last day at Crosspointe Fire Station 41 this past Saturday with dinner and a few parting gifts and their best wishes for a happy, healthy and safe retirement.

Volunteer Fairfax Awards for her work, receiving the Daily Points of Light Award as well as Fairfax County Volunteer Service Award for Adult Volunteer Over 250 Hours.

The rally is being supported by more than 50 national and international organizations, Hertz said.

According to the DC Rally 4 Refugees website, the event's goal is to "raise awareness about the magnitude of the global refugee crisis, encourage advocacy and U.S. action to alleviate suffering through relief efforts and support, and stand in solidarity with refugees and displaced people worldwide."

For more information, visit www.dcrally4refugees.org.



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Create a Back-to-School Game Plan

Educators tell how to make the transition less jarring.

BY MARILYN CAMPBELL
THE CONNECTION

As a single mother of a fifth grade student, Christine Schull is already making back-to-school preparations. Her plans include more than purchasing notebooks, pencils and new shoes. She knows that she and her daughter will have to shift their schedules and prepare to get back into a scholastic mindset.

"She gets up early every day ... but because it is summer, she wants to go to bed late ... about two or three weeks out, I will be much more firm about her bed time," said Schull, assistant dean and professor of Early Childhood Education at Northern Virginia Community College in Alexandria. "Also, to start getting her academic muscles flexing, I usually supplement with some academic enrichment. I am hiring someone to work with her once a week just to give her a taste of what she will experience in fifth grade."

Whether a child's summer is packed with camps and vacations or filled with lazy days and complaints about being bored, students often find the back-to-school transition to be challenging. From the prospect of reuniting with friends to getting reacquainted with homework, it is not uncommon for children to experience mixed emotions about jumping back into a busy fall schedule.

"Going back to school is really more than just a one-day event," said Dr. Lisa Turissini, Ed.D. assistant professor and chair of the Department of Education at Marymount University. "This type of transition is about the forming of a new habit. Brain researchers agree that the forming of a new habit also includes the breaking of an old one."

Having a conversation with children and assessing their feelings about returning to school is a good place to start, recommends Licensed Clinical Psychologist Jerome Short, Ph.D., associate professor of Psychology at George Mason University.

"Children have a variety of ways of thinking, feeling, and acting toward the upcoming transition back to school," he said. "Some children are optimistic and excited about school and are already preparing for the first day. Others may be anxious or avoid thinking about a new school year, and may need more support, structure, and encouragement from parents to prepare themselves."

He encourages parents to listen to their children's concerns and expectations and empathize with their feelings. "Summarize what they tell you, and tailor your approach to their needs with their input," added Short.



PHOTO BY JAMES KEGLEY FOR NORWOOD SCHOOL
Science teacher Sarah Boor works with students at Norwood School. Educators say now is the time to prepare children for a return to school.

It's not just children who may experience school anxiety. Some parents may be worried about their children starting a new school, changing schools, facing more rigorous academics or dealing with difficult social situations. "Fear of the unknown can cause anxiety," said Turissini. "Working with your children to build resilience and manage their emotions can be beneficial for the whole family. Children are extremely capable of dealing with change, and parents can help them by creating an environment at home that encourages them to share their feelings about returning to school."

Reconnecting or connecting with other parents and students for support can help with the transition. "Others may help motivate, empathize, or make school preparations fun," said Short. "There are opportunities to increase children's communication abilities and social skills if they spend time together on school tasks."

Planning ahead and establishing a regimented sleep schedule in August can help parents get their children acclimated to the early wake up times for the upcoming school year. "If you want your child to have a less painful transition back to a new school year, now is the time to take proactive measures to change your child's bedtime routine," said Turissini.

"...[It] gives their biological clock time to adjust so the transition is not so abrupt," she said. "A regular bedtime and wake up time will build the needed structure into a child's schedule, and this new habit will help [a child] to embrace the new routine that the school year brings."

"Don't do it all at once, do it gradually," said Mark R. Ginsberg, Ph.D., dean of the College of Education and Human Development at George Mason University. "Start with [moving your children's bedtime] one-half hour earlier, then 15 minutes earlier."

Other recommend time adjustments include reestablishing routines that might have been lost during the summer. "If your summer has been schedule-free, get back to some of your old routines now. Start those regular family meal times or game nights," said Turissini.

In addition to rearranging sleep schedules, now is the time to tackle back-to-school shopping and schedule doctor visits. "Take a day to get those school clothes, school supplies, and backpacks purchased," said Turissini. "Make sure your child's physical exam is up to date. You know the school medical forms will be forthcoming."

Completing summer reading lists and other summer assignments can also get students ready to learn. "We want students to return to school learning ready, which means children should be reading for pleasure ... for about 30 minutes a day," said Karen O'Neill, head of Lower School at Norwood School. "Sustained reading is a skill that requires practice at home."

Parents can reinforce a child's interest in books by reading to their child or reading their own book while their children read. "Don't turn on the television in another room while your child reads," said Ginsberg. "Have a family reading hour. Modeling the behavior is powerful for the child." He suggests setting challenging and achievable goals and being mindful of those that could prove unrealistic. "Start with 20 minutes of reading and then increase it from there," he said.

"At least one week before the first day of school, create the morning routine that will allow your child to arrive at school with time to organize belongings, chat with friends, and create a mindset for learning," said O'Neill.

Invite children's participation when creating a back-to-school plan. "From my own experience as a parent and educator, it's best

to engage them in a conversation, rather than telling them what to do," said Ginsberg. "Rather than being directive, be collaborative with the child. Ask them what it is that they think they need to do to get themselves ready."

Going from a carefree summer to a structured school year packed with activities can be jarring for some students. To ease the blow, Turissini sug-

"Going back to school is really more than just a one-day event. It's about the forming of a new habit ... the forming of a new habit also includes the breaking of an old one."

— Lisa Turissini Ed.D.,
Marymount University

gests having candid conversations about the upcoming school schedule and ways in which the family can establish balance.

"Create a family calendar of school, extracurricular, and family activities," she said. "Allow for some downtime on the calendar for each child so they can choose to do whatever it is they would like. Kids don't inherently know how to add balance to their lives, so as a parent, it is important to look for the opportunities to model balance at home, work, school, and personal pursuits."

To ease anxiety about back-to-school transportation, Michele Claeys, associate head of school and head of middle school for Norwood School, suggests "if your child walks to school or takes a bus, walk the route together or check out the bus stop together." Whether traveling by car or bus or on foot, talk about what the schedule will look like on school mornings, including any chores that have to be done before leaving the house. Consider inviting your child to write out a schedule for the morning, including the time needed for each task.

Claeys also recommends taking time to review the curriculum for the upcoming year with your children, if it is available, and talk about some of the things they will be learning. "Hopefully this will inspire excitement about all the learning to come," she said.

Considering a Private School?

Educational consultants can help families navigate application process.

BY MARILYN CAMPBELL
THE CONNECTION

For families considering an independent school for the 2017-2018 school year, the admissions process begins this fall. From essays and interviews to school visits and standardized tests, the process for getting into kindergarten may feel nearly as daunting as applying to college.

Narrowing down the vast field of potential schools to find the best fit, completing the application and securing a slot at one of the area's top private schools are all challenging tasks. That's why many families rely on an educational consultant to help them understand and navigate through the entire process.

"Schools have as varied personalities as students do," said Mark H. Sklarow, CEO of the Independent Educational Consultants Association (IECA) in Fairfax. "Level of competitiveness, exploration versus memorization, independence versus group work, philosophies of learning, uses of technology, requirements in sports and the arts ... the list goes on."

When choosing a consultant, avoid those who guarantee that they can obtain admission to a particular

school or secure a specific dollar amount in scholarship funding, advises Sklarow. Additionally, educational consultants should not complete admission application forms or write or re-write student essays.

An educational consultant's role is to guide students and parents through the admissions process. Consultants usually begin by meeting with families and getting to know the child's educational needs, identify strengths and weaknesses, and consider their interests and dislikes. Ideally, consultants combine the information they glean from their conversations with the family with their knowledge of area schools to help families decide on schools that are a good fit.

"Consultants can help families select a school that is the right fit. 'Parents need to be realistic about their child's strengths and weaknesses and learning style,'" said Mimi Mulligan, assistant head and director of Admission and Enrollment Management for Norwood School. "All independent schools offer fine academic programs, but we each have a unique school culture."

Consultants aim to give students and families unbiased advice and recommendations based on their professional judgment of a student's needs and abilities. Consultants who are IECA members, for example, have "visited hundreds of campuses to understand the culture beyond the numbers to ensure such a successful pairing," said Sklarow.

Sklarow advises families to begin working with an independent educational consultant during the academic year before the year they plan to apply to an independent school.



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Devon Barmekov of Herndon, sales for Chaos Mountain in Callaway, Va., said the Workhouse Brewfest was a great opportunity for visibility in the northern Virginia market.



PHOTOS BY TIM PETERSON/THE CONNECTION

The band Practically Einstein performs popular covers for the audience under the Workhouse Arts Center Rizer Pavilion.

Ice Cold Cheer

Workhouse Arts Center in Lorton hosts first Brewfest.

BY TIM PETERSON
THE CONNECTION

Shamara Wilkins of Lorton ventured out of the priceless shade just long enough to get a refreshing top up on her beer-tasting glass from Lorton-based Forge Brew works.

Despite sweltering heat in the 100s on Saturday, Aug. 13, Wilkins and her family came out to a first-of-its-kind event at the Workhouse Arts Center in Lorton: the Workhouse Brewfest.

"We love it," Wilkins said. "We're always looking for something different in the area, and this is a different event. We love the beer."

The former prison hosted more than 30 craft brewers, as well as a smattering of distilleries, wineries and other vendors on its campus throughout the day. Due to the dangerous heat, Workhouse organizers opened many of the art buildings and encouraged visitors to take advantage of their air-conditioning. Other precautionary measures included a presence of emergency medical technicians from Fairfax County Fire & Rescue and law enforcement from Fairfax County Police. There were numerous water and soda stations, tents, as well as misting stations.

"We're trying to give people as much water, soda

and shade as we can," said Brett Johnson with the Workhouse. "For the first time, it's gone well. Next year will be better."

Mike Kuykendall of Burke, brand ambassador for Fair Winds Brewing Company in Lorton, said all the brewers appreciated the Workhouse providing plenty of ice to keep their kegs cold.

"For a first-run beer festival, they've done a good job," Kuykendall said. "Maybe next time they could have it a little later, or earlier in the year." Despite the heat, Wendy Lemieux with the Fairfax County Office of Public Private Partnerships said she was very happy with how the event turned out. "We've received fabulous feedback," she said.

Partnering with the Workhouse to put on the Brewfest were Celebrate Fairfax and the Fairfax County Park Authority.

"This has been in the works for the last six months, said Lemieux. "It was about promoting the economic vitality of small businesses — brewers and vendors — and it morphed into this."

Steve Behm of Springfield just moved to the area from Los Angeles. He said he couldn't have asked for a better introduction to the local beer scene, including four Fairfax County breweries.

"The space is really cool, having the arts interspersed here," Behm said. "The fact it used to be a prison adds to the mystique."

Mustang Sally Brewing Company in Chantilly will host the follow-up, first-ever Fairfax County Brewfest on Oct. 1.



The former prison hosted more than 30 craft brewers, as well as a smattering of distilleries, wineries and other vendors on its campus throughout the day.



Left, Corinne Airgood of Fairfax City pulls a beer from Forge Brew Works at the first-ever Workhouse Arts Center Brewfest on Aug. 13.



Melissa Morgan of Fairfax, right with Forge Brew Works in Lorton serves Shamara Wilkins of Lorton, left, a cold brew at the Workhouse Arts Center Brewfest on Aug. 13.

ENTERTAINMENT

Send notes to the Connection at connectionnewspapers.com/Calendar/ or call 703-778-9416. The deadline is the Friday prior to the next paper's publication at noon. Dated announcements should be submitted at least two weeks prior to the event.

ONGOING

Evenings on the Ellipse. 5:30-7 p.m. Thursdays through Aug. 25. Fairfax County Government Center backyard, 12000 Government Center Parkway, Fairfax. Fun music and good company. Paradise Springs and The Winery at Bull Run will be offering complimentary tastings of their premium reds and whites. If it rains, concerts will be moved inside to the Government Center Forum. <http://www.fairfaxcounty.gov/parks/performances/>

Farmers Market & Food Trucks: 3-7 p.m. Thursdays through Oct. 27 at the Fairfax County Government Center front parking lot.

Lovers and Madmen. June 18-Aug. 19. Epicure Cafe, 11104 Lee Highway, Fairfax. Features local artists. epicurecafe.org.

Plant Clinic. 9 a.m.-noon. Sundays till end of September. Lorton Farmers Market, 8990 Lorton Station Blvd., Lorton. Conducted by Master Gardeners. Answer gardening question, identify plants and insects, soil tests, etc. fairfaxgardening.org.

Cafe Ivrit (Hebrew Cafe). Wednesdays. 8:15-9:15 a.m. Jewish Community Center of Northern Virginia, 8900 Little River Turnpike, Fairfax. Shalom (Hello)! Did you always want to converse in Hebrew? Join Na'ama each week for conversational Hebrew. You will learn and practice Hebrew in a fun and interactive way while learning more about Israel! Free, however we ask that you try to attend regularly. RSVP Naama.Gold@jccnv.org.

Smoke Free Bingo (with breaks for smoking friends). 7 p.m. Every Friday. Fairfax Volunteer Fire Department, 4081 University Drive, Fairfax. Free coffee, entertaining callers, \$1,000 jackpot. www.fairfaxvd.com. 703-273-3638.

FRIDAY/AUG. 19

Family Fun Movie Nights. 7 p.m. Sherwood Community Center, 3740 Old Lee Highway, Fairfax. "Zootopia." 703-385-7858.

SATURDAY/AUG. 20

Back-to-School Pep Rally at Springfield Town Center, 10 a.m.-2 p.m. The Pep Rally will also feature arts and crafts activities for kids, a cheerleading competition, face painting, DJ entertainment and restaurant sampling. The mall will be placing lures for Pokémon GO players on all PokéStops.

LEGO Build. 4 p.m. Barnes and Noble Fairfax, 12193 Fair Lakes Promenade, Fairfax. Calling all LEGO fans, come and build. Join us for speed-building contests, blind builds. Best for ages 6 and up. 703-278-8527.

WEDNESDAY/ AUG. 24

Join Fairfax CASA and Lift Up a Child's Voice 7-9 p.m. at the Fairfax CASA office 4103 Chain Bridge Rd. Suite #200, Fairfax VA 22030. Information session on becoming a court appointed volunteer. Email Kristy Tootle: ktootle@casafairfax.org or call 703-273-3526 to RSVP.

THURSDAY/AUG. 25

Evenings on the Ellipse. 5:30-7 p.m. Fairfax County Government Center, 12000 Government Center Parkway, Fairfax. Fun music and good company. Paradise Springs and The Winery at Bull Run will be offering complimentary tastings of their premium reds and whites. If it rains, concerts will be moved inside to the Government Center Forum. <http://www.fairfaxcounty.gov/parks/performances/>

Family Fun Fair 6-8 p.m. at Chesterbrook Academy Preschool 4750 Rippling Pond Drive Fairfax, VA 22033 Chesterbrook Academy preschool is celebrating its grand re-opening with a family fun fair. Current Chesterbrook Academy families and members of the local community are invited to attend for free food, music and activities. Contact: Prachi Patel 703-818-9002 Cost: FREE

SATURDAY/AUG. 27

Summer Reading Triathlon Closing Ceremony. 11 a.m. Barnes and Noble Fairfax, 12193 Fair Lakes Promenade, Fairfax. Local children's author Sue Fliess will join to read and sign copies of one of her 2016 releases: "A Fairy Friend." 20th Anniversary celebration of the Barnes & Noble Summer Reading Triathlon with special events and activities. 703-278-8527.

SUNDAY/AUG. 28

First Responders Day at Fairfax Station Railroad Museum. 1-4 p.m. Fairfax Station Railroad Museum, 11200 Fairfax Station Road, Fairfax Station. Civil War re-enactors and modern practitioners will demonstrate medical and rescue practices then and now. Fee for ages 16+ \$4, ages 5-15 \$2, children 4 and under free. 703-425-9225.



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21 Announcements

21 Announcements

TRUSTEE'S SALE OF VALUABLE IMPROVED REAL ESTATE

Improved by the premises known as
4064 Fountainside Lane, Fairfax, Virginia

In execution of a Deed of Trust from Waleed H. Orain-
an, dated February 28, 2005, and recorded March 2, 2005, in
Deed Book 17030 at page 2075 among the Land Records of
Fairfax County, Virginia, the undersigned substitute
trustee will offer for sale at public auction at the front entrance
of the Judicial Center for Fairfax <#0.1_county> County, at
4110 Chain Bridge Road, Fairfax, Virginia, on

Tuesday, August 23, 2016 at 10:00 a.m.

the following property being the property contained in said
Deed of Trust, described as follows:

Lot 4 in the resubdivision of Land Bay A5B, Random Hills as
the same appears duly dedicated, platted and recorded in
Deed Book 9632 at page 598, among the Land Records of
Fairfax <#0.1_county> County, Virginia.

Commonly known as 4064 Fountainside Lane <#0.1_prop-
straddr>, Fairfax <#0.1_propcity>, Virginia 22030.

TERMS OF SALE: A deposit of \$30,000.00 or ten percent
(10%) of the sale price, whichever amount is less, in the form
of cash or its equivalent will be required of the purchaser at the
time and place of sale; the balance of the purchase money be-
ing due and payable within fifteen (15) days after sale, time ex-
pressly being of the essence, with interest at the rate of 5.375
percent per annum from date of sale to date of settlement.
Provided, however, that if the holder of the secured promissory
note is the successful bidder at the sale, no cash deposit shall
be required, and part of or the entire indebtedness, including
interest and costs, secured by the Deed of Trust, may be set
off against the purchase price.

Any defaulting purchaser shall forfeit the deposit and stand the
risk and cost of resale.

Sale shall be made subject to all existing easements and
restrictive covenants as the same may lawfully affect the real
estate. Sale is further subject to mechanic's and/or
materialman's liens of record and not of record. The property
will be sold subject to all conditions, covenants, restrictions,
rights of redemption of federal lienholders or encumbrances,
and agreements of record affecting the same, if any.

In the event the undersigned trustee is unable to convey to the
purchaser good title, then purchaser's sole and exclusive
remedy shall be in the refund of the deposit paid at the time of
sale.

The subject property and all improvements thereon will be sold
in "as is" condition without warranty of any kind. Purchaser
shall be responsible for any and all building and/or zoning code
violations whether of record or not of record, as well as for all
unpaid and enforceable homeowners' or condominium owners'
association dues and assessments, if any. Purchaser
also shall be responsible for obtaining possession of the
property at his/her expense. Purchaser shall assume the risk
of loss and shall be responsible for any damage, vandalism,
theft, destruction, or the like, of or to the property occurring af-
ter the time of sale. Conveyance will be by special warranty
deed. Conveyancing, recording, transfer taxes, notary
fees, examination of title, state stamps, and all other costs of
conveyance are to be at the expense of purchaser. State and
local taxes, public charges, and special or regular assess-
ments, if any, shall be adjusted to the date of sale and there-
after shall be assumed by the purchaser.

Sale is subject to post-sale confirmation that the borrower did
not file for protection under the U.S. Bankruptcy Code prior to
the sale, as well as to post-sale confirmation and audit of the
status of the loan with the loan servicer including, but not limited
to, determination of whether the borrower entered into any
repayment agreement, reinstated or paid off the loan prior to
the sale. In any such event, the sale shall be null and
void, and the Purchaser's sole remedy, in law or equity, shall
be the return of his deposit without interest. Additional terms
may be announced at the time of sale. This is a communica-
tion from a debt collector and any information obtained will be
used for that purpose.

DAVID N. PRENSKY
Substitute Trustee

FOR INFORMATION CONTACT:
David N. Prenskey, Esquire
5225 Wisconsin Avenue, N.W. #500
Washington, D.C. 20015
(202) 244-4000

21 Announcements

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MEDIA RELEASE

2016-2017

POLICY FOR PROVIDING FREE OR REDUCED PRICE MEALS 08/09/2016

**PHILLIPS Programs
(School division)**

today announced its policy for providing free or reduced price meals for children served under the National School Lunch, and/or School Breakfast Programs. Each school and/or central school nutrition office has a copy of the policy, which may be reviewed by any interested party.

Household size and income will be used to determine eligibility for free or reduced price meal benefits. Children from households whose income is at or below the Federal Income Eligibility Guidelines, shown in the chart below, may be eligible for either free or reduced price meals. Children who are members of households receiving Supplemental Nutrition Assistance Program (SNAP) benefits (formerly the Food Stamp Program) or who receive Temporary Assistance for Needy Families (TANF) may be automatically eligible for free meals. Children who are homeless, migrant, or runaway may also be automatically eligible for free meals. Foster children, who are the legal responsibility of a welfare agency or court, are eligible for free meals regardless of the income of the household with whom they reside. Children who are members of households participating in WIC may also be eligible for free or reduced-price meals based on the household's income.

Household Size	Maximum Household Income For Free Meals	Household Income For Reduced Price Meals
1	\$15,444	\$15,444.01 - \$21,978
2	\$20,826	\$20,826.01 - \$29,637
3	\$26,208	\$26,208.01 - \$37,296
4	\$31,590	\$31,590.01 - \$44,955
5	\$36,972	\$36,972.01 - \$52,614
6	\$42,354	\$42,354.01 - \$60,273
7	\$47,749	\$47,749.01 - \$67,951
8	\$53,157	\$53,157.01 - \$75,647
For Each Additional Family Member - ADD	\$5,408	\$7,696

Application forms are being distributed to all households with a letter informing households of the availability of free or reduced price meals for their children. Applications are also available at the principal's office in each school and at the central office. To apply for free or reduced price meals, households must only fill out one application per household and return it to the school division. Applications may be submitted at any time during the school year. The information households provide on the application will be used for determining eligibility and verification of data. Applications may be verified at any time during the school year by school or other program officials. For school officials to determine eligibility for free or reduced price benefits, households receiving Supplemental Nutrition Assistance Program (SNAP) benefits (formerly the Food Stamp Program) or Temporary Assistance for Needy Families (TANF) only have to list their child(ren)'s name and SNAP or TANF case number and an adult household member must sign the application. Households who do not list a SNAP or TANF case number, including WIC households, must list the names of all household members, the amount and frequency of the income received by each household member, and the last four digits of the social security number of the adult household member who signs the application. If the household member does not have a social security number, the household member must indicate that a social security number is not available. The application must be signed by an adult household member in order to be approved.

Under the provisions of the free and reduced price meal policy,

Senior Accountant
(insert title of eligibility determining officials)

will review applications and determine eligibility. An application for free or reduced price meals cannot be approved unless it is complete. Households dissatisfied with the ruling of the eligibility determining official may wish to discuss the decision with the official on an informal basis. Households wishing to make a formal appeal for a hearing on the decision may make a request either verbally or in writing to:

Trixie Herbert, PHILLIPS Programs 7010 Braddock Road, Annandale VA 22003
(703) 941-8810

(insert name, address, and telephone of the hearing official).

Households may apply for free or reduced price meals at any time during the school year. If a household is not eligible now but has a change, such as a decrease in household income, an increase in household size, becomes unemployed or qualifies for SNAP or TANF, the household should contact the school for an application. Such changes may make the children of the household eligible for benefits if the household's income falls at or below the Federal Income Eligibility Guidelines.

Households that receive Supplemental Nutrition Assistance Program (SNAP) benefits (formerly the Food Stamp Program) or Temporary Assistance for Needy Families (TANF) may not have to complete an application for free or reduced price student meals. School officials will determine eligibility for free meals based on documentation, obtained directly from the Virginia Department of Social Services, that a child is a member of a household currently receiving SNAP or TANF. School officials will notify these households in writing of their eligibility. Households who are notified of their eligibility, but who do not want their children to receive free meals, must contact the school. SNAP and TANF households must complete an application if they are not notified in writing of their automatic eligibility within the first 10 days of the new school year.

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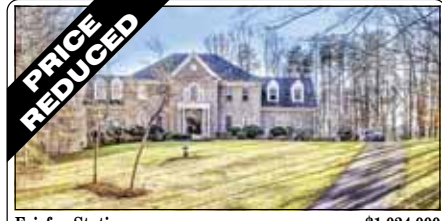
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