



PHOTO BY TIM PETERSON/THE GAZETTE

A color guard from the Third Infantry Regiment "Old Guard" presents the flags while the U.S. Army Band "Pershing's Own" Brass Quintet performs the U.S. national anthem.

## Change of Command

**Holbrook relieves Mitchell as Fort Belvoir Garrison Commander.**

BY TIM PETERSON  
THE GAZETTE

After master of ceremonies Terry Ruggles reminded the audience at Fort Belvoir of the U.S. Army's age — 241 years — he said that its existence is "perpetu-



PHOTO COURTESY OF PAUL LARA,  
FORT BELVOIR PUBLIC AFFAIRS OFFICE

**Col. Angie Holbrook (left) receives the garrison flag from Davis D. Tindoll Jr., director of the Army's Atlantic Region Installation Management Command (right), as she takes command of Fort Belvoir's Garrison. Command Sgt. Maj. Billie Jo Boersma (center) also became the garrison's new command sergeant major during the ceremony**

ated on time-honored values and traditions, not the accomplishments of individuals."

With that opening perspective of selfless service, Ruggles announced the change of command and change of responsibility for the Fort Belvoir garrison leadership ceremony taking place that day, the morning of Aug. 11.

After their two years of service, the base's garrison commander Col. Michelle Mitchell and Command Sgt. Maj. Scott Guillory were formally relieved by Col. Angelia "Angie" Holbrook and Command Sgt. Maj. Billie Jo Boersma, respectively.

The four leaders participated in a traditional rite of passing the garrison flag from one to the other, symbolizing the passing of command and responsibility.

Davis D. Tindoll, Jr., director for the Atlantic Region Installation Management Command, said, "This command team has positioned the garrison for continued success."

In her remarks, Mitchell said it was "a bitter-sweet moment for me."

After 28-plus years of service, she said, "when we passed the colors, it symbolized my last assignment in the U.S. Army."

Both Mitchell and Guillory are retiring from the Army after leaving these posts.

Mitchell highlighted some of the achievements she's overseen as commander, including partnering for the opening of Jeff Todd Way and widening of Route 1, and the opening of an all-new commissary in the next couple months.

"As a team," Mitchell said, "we've achieved every goal we've set over the past two years."

Guillory had some words of advice for the incoming leadership team: "Treat everyone with

SEE HOLBROOK RELIEVES, PAGE 4

## 'Entertainment ... Like Nothing Before'

**MGM officials brief local chamber on National Harbor hotel, casino.**

BY GERALD A. FILL  
THE GAZETTE

A Vegas-type luxury hotel and casino owned and operated by the MGM Resorts International — soon to open for business on the shores of the Potomac River's National Harbor — was discussed at a Mount Vernon-Lee Chamber of Commerce breakfast meeting on Thursday, Aug. 11.

Bill Boasberg, MGM general manager; Sarah Moore, MGM executive director of Marketing and Retail; and Patrick Fisher, MGM executive director, Hotel Operations, outlined the progress of construction, and the numerous amenities planned for the MGM

National Harbor Hotel and Casino at an announced cost of \$1.3 billion.

The MGM speakers emphasized that, when opened, the MGM Resorts National Harbor will offer "an entertainment experience like nothing before" in this area.

In his opening remarks, Boasberg said that the resort will be open for business by the fourth quarter of this year. He said that it is their goal to establish a new level of hospitality entertainment in the region, while at the same time they do not plan to compete with the many convention-rich venues offered in the Washington D.C. area. Their strategy is to of

SEE MGM OFFICIALS, PAGE 16

## Aiming To Reduce Deer Population

**Second Deer Management Program discussed.**

BY TIM PETERSON  
THE GAZETTE

With an ecosystem struggling to support a deer population several times what's considered to be healthy for a habitat, Fairfax County is preparing once again to initiate its deer management program.

The county held two information meetings about the program, the latter of which was held at the

Mount Vernon District Station on Aug. 16.

In addition to the pressure on the ecosystem, overabundant deer also pose hazards in the form of increased collisions with vehicles and the spread of diseases.

The Fairfax County Deer Management Program employs methods permitted by the Virginia Department of Game and Inland Fisheries, including archery, managed shotgun hunts and sharpshooting.

This year, the program begins Sept. 10 and runs through Feb. 25, 2017, in parks and other locations throughout Fairfax County with oversight from the Fairfax County Police Department and in collaboration with Fairfax County Park

SEE COUNTY, PAGE 5

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**Omoni Williams with son, 10, and daughter, 8, sporting their facepaint and new backpacks will attend Woodlawn Elementary School this year. The family resides in Fort Belvoir.**



**Jeffrey and Angela Volling with son Landon, 6, and daughter Tatum, 2, after Landon received his new backpack. Landon will be attending first grade at Fort Belvoir Elementary School.**



**Ryan Clark is in the army and stationed at Fort Belvoir. He is attending the event with wife, Shayla, baby Ava, 1, Isiah, 5, and Alana, 2. Isaiah is starting Kindergarten this fall at Fort Bevoir Elementary School. Ryan Clark is particularly happy because "it takes a little of the stress out of school shopping."**

# Operation Homefront Meets Its Goals

## Back-to-School Brigade supports military families.

BY ALEXANDRA TECCO  
THE GAZETTE

In a party-like atmosphere the Back-to-School Brigade (BTSB) handed out 750 backpacks filled with school supplies to the children of low- to mid-rank active duty military in Springfield on Saturday, Aug. 13. Although backpack distribution was the event's purpose, the reunion of school friends, snacks, balloons, face painting and the opportunity to meet superheroes and other movie characters left the children all smiles. The military parents, meanwhile, were thankful at receiving the

support and care of the community through the event organized by Operation Homefront.

Operation Homefront has three goals, said CEO John Pray, "Provide Relief, Resiliency and Recurring family support." The BTSB is one of the many recurring family support programs. Operation Homefront has a variety of other programs some of which include Thanksgiving and holiday meal support, toy drives and baby showers.

Jeffrey Volling, a soldier stationed at Fort Belvoir, wears his fatigues as he holds his daughter Tatum, 2. Jeffrey's wife, Angela Volling, directs their son Landon, 6, as he holds his recently received red backpack. The Vollings know they've participated in at least the Thanksgiving meals program as well as the BTSB from Operation Homefront. "As a single-income family ... this really helps. We can focus more on food

for lunches, shoes and clothes," Angela Volling said.

The combination of a high cost of living and the sheer number of military in the D.C. metro area creates a lot of need that Operation Homefront seeks to address. Their focus on low-mid rank is because "younger military families are usually the ones most in need," said Pray. For these families, something as simple as an unanticipated vehicle repair can easily spiral downward affecting the most basic of a family's necessities.

"Food assistance is the most common form of assistance," said Cyndi Lucas, the community outreach leader of Operation Homefront's D.C. Metro branch. "The food budget is the easiest portion to manipulate, most of everything else is fixed cost," she said. Consequently, the items provided by the BTSB give military families an extra cushion in their budgets to redirect towards other needs ranging from food to medical bills.

Omani Williams's spouse is in the Army and this is their third time attending the BTSB. "Defraying the costs really helps a lot," she said. "... this is a blessing." Williams has four children, so the cost of school supplies adds up quickly.

Williams also was part of a baby shower hosted by Operation Homefront during her last pregnancy. There were complication in the pregnancy, so she visited the hospital a lot, spending the last month mostly in the hospital, Williams said. Consequently, she "didn't think we were going to do anything. But to see that so many people cared about my family..." she takes off her glasses to wipe away the tears while smiling at the memory. She received a variety of items for the baby including a new car seat.

"We work to make strong, stable and secure military families so they can thrive and not merely get by in the communities they work so hard to protect," said Pray.

# Police Release Name of 2-Year-Old Victim in Murder-Suicide

BY TIM PETERSON  
THE GAZETTE

Despite pleas from the girl's family, Fairfax County Police have released the name of the young victim who was found dead along with the body of Roy Eugene Rumsey, 58, in an upstairs bedroom at the scene of a house fire in Fairfax on July 27.

In a post on Tuesday afternoon, Aug. 16, FCPD named the girl as Kyra Franchetti.

"We're trying to be sympathetic to the family," said Maj. Ed O'Carroll, director of

the police Public Affairs Bureau, the day before the release.

O'Carroll said police have received "dozens of calls" from the family, friends of the family and the family's legal counsel, asking them to not release the name.

But on advice from the County Attorney, Fairfax County Police Chief Ed Roessler decided to move forward.

"What we've been doing for decades is still accurate," O'Carroll said, "sharing the names of homicide victims."

O'Carroll confirmed Rumsey — the girl's father — murdered her, set the house on

fire, then killed himself.

The Tuesday afternoon release said the Office of the Chief Medical Examiner determined both Rumsey and Franchetti died from gunshot wounds.

It also said Franchetti had been matched biologically to Rumsey through DNA.

Several cans of gasoline were found throughout the house, located at 12107 Fairfax Hunt Road, indicating multiple points of origin for the fire, according to police.

The department has grappled with the name release; it's unusual for there to be such a young victim.

"It's tragic for everyone," O'Carroll said.

Virginia state senator and lawyer Scott Surovell (D-36) is representing the family of the dead child.

"Kyra was on visitation with her father," Surovell said in a statement.

Speaking for the family, he continued, "We continue to mourn the loss of a beautiful, innocent little girl who was the victim of a senseless act."

"Kyra's mother and her family simply ask for their privacy as they continue to grieve," Surovell said.

The police investigation is ongoing.





Members of the U.S. Army Band "Pershing's Own" Brass Quintet perform before the change of command and responsibility ceremony at Fort Belvoir on Aug. 11.



PHOTOS BY TIM PETERSON/THE GAZETTE

Families of the incoming and outgoing Fort Belvoir Garrison leadership teams are recognized at the Aug. 11 change of command and responsibility ceremony.

# Holbrook Relieves Mitchell as Fort Belvoir Garrison Commander

FROM PAGE 1

dignity and respect, and they will always get the job done."

Incoming Boersma, originally from Flagstaff, Arizona, accepted the formal responsibility from Guillory. "The momentum and path of success, I promise, is in good hands."

And Little Rock, Arkansas native Holbrook

stopped short of announcing any sweeping immediate changes along with her taking command of the garrison.

"I subscribe to 'If it ain't broke, don't fix it,'" she said.

However, Holbrook did introduce a new "command mantra" for her tenure: "Every day better," she said.



New Fort Belvoir Garrison Commanger Col. Angie Holbrook introduced a new "command mantra" for her tenure: "Every day better."



Fairfax County Board of Supervisors Chairman Sharon Bulova (right) congratulates outgoing Fort Belvoir Garrison Commander Col. Michelle Mitchell.



A standing-room-only audience applauds the incoming and outgoing Fort Belvoir Garrison leadership teams.

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## County Reviews Deer Management

FROM PAGE 1

Authority and Northern Virginia Regional Parks.

Notable change for 2017: The Sully Woodlands area managed shotgun hunts will not take place as parts including Elklick Preserve and Rock Hill District Park are being converted for use by the archery program.

Sharpshooting at night will be executed by FCPD officers in select parks, while they're closed to the public.

Bob Flanagan of Fairfax Station attended the Aug. 16 meeting. Flanagan is a hunter himself and has been a group hunt leader for the county's deer management program for at least the last five years. His group covers a park area in Vienna.

"Most of the people we encounter there are happy to see us," Flanagan said. "But it depends on the park, the location, extent of the deer problem in a location, or the philosophy of the person."

Flanagan is also a representative for Suburban Whitetail Management, an organization that's been providing free deer management services in Fairfax

County since 1997.

"I was encouraged with the number of people who spoke up," at the meeting, said Flanagan, "concerned, and disappointed with number of deer on their property."

Though Flanagan said he was generally positive on the evening's presentation, he thinks there should be more discussion of "management across the landscape." In other words: When hunters work in parks, that also pushes deer from the parks and into communities. He thinks there could be more done to address that complication.

In addition, Flanagan said "ears perked up" when he asked about reversing the degradation of woodlands and ecosystem as a result of deer overabundance as well as development.

"That's a major problem I don't think the community recognizes," he said. "When I'm out there I see hardly any regeneration."

For more information, visit the Fairfax County deer management website at [www.fairfaxcounty.gov/living/wildlife/deer-management](http://www.fairfaxcounty.gov/living/wildlife/deer-management).

### BULLETIN BOARD

Email announcements to [gazette@connectionnewspapers.com](mailto:gazette@connectionnewspapers.com). Include date, time, location, description and contact for event: phone, email and/or website. Deadline is Thursday at noon, at least two weeks before event.

#### WEDNESDAY/AUG. 24


**Business Networking.** 6-8 p.m. at Cedar Knoll Restaurant, 9030 Lucia

Lane. Join Mount Vernon Lee Chamber of Commerce for business networking. This is a joint event with the Alexandria Chamber so bring plenty of business cards. This event is \$10 for members of the Chamber and their guests and \$25 for others. Call 703-360-6925 or visit [www.MtVernon-LeeChamber.org](http://www.MtVernon-LeeChamber.org).

**Public Comment.** Fairfax County Public Schools (FCPS) is soliciting public review and comment on basal resource materials under consideration for use in social studies courses in kindergarten through high school. Hard copies of the resources as well as access information for digital resources will be available in the welcome center at Willow Oaks

THROUGH FRIDAY/SEPT. 9


SEE BULLETIN BOARD. PAGE 18



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# Election 2016: Much at Stake

## Possible record turnout should motivate more early voting.

**E**lection Day is Tuesday, Nov. 8, and in some ways that seems like it can't possibly come soon enough.

On Election Day in Virginia, polls are open from 6 a.m. - 7 p.m., but early voting begins Sept. 23, about five weeks from now, and voters should have plenty of motivation to vote early.

It's hard to articulate how much is at stake in the coming election, and it's not just about the choices for U.S. President. Turnout will be extremely high, if not record breaking.

Nearly 32 percent of voters nationally voted before Election Day in 2012, according to census data, compared with just under 30 percent in 2008 and 20 percent in 2004, the New York Times reported.

There are 19 valid reasons to vote absentee in Virginia, with one that applies to almost everyone who commutes to work. If you could be working and commuting to and from home for 11 or more hours between 6 a.m. and 7 p.m. on Election Day, you qualify to vote "absentee in person." If you vote absentee in-person you will fill out the application when you arrive at the in-person absentee location.

The deadline to register to vote on Election

Day is Oct. 17.

Visit the Virginia Department of Elections website to check that you are registered or call Fairfax County Elections office at 703-222-0776.

Virginia has a stringent voter identification requirement, plan to bring photo identification with you to vote, whether that is absentee or on Election Day. Among accepted ID: valid Virginia Driver's License or Identification Card; valid Virginia DMV issued Veteran's ID card; valid U.S. Passport; other government-issued photo identification cards issued by the U.S. Government, the Commonwealth of Virginia, or a political subdivision of the Commonwealth; valid college or university student photo identification card from an institution of higher education located in Virginia; valid student ID issued by a public school or private school in Virginia displaying a photo; employee identification card containing a photograph of the voter and issued by an employer of the voter in the ordinary course of the employer's business. Any registered voter who does not possess one of the required forms of identification can apply for a free Virginia Voter Photo Identification from any general registrar's office in the Commonwealth. Voters applying for the Virginia Voter Photo ID Card will have to complete the Virginia Voter Photo Identification Card Application, have their picture taken, and sign the digital signature pad. Once the application is processed, the card will be mailed directly to the voter.

EDITORIAL

## Ramping Up to Election Day

- ❖ **Sept. 23:** In-Person Absentee Voting Begins
- ❖ **Oct. 17:** Voter Registration Deadline - In-Person: 5 p.m., Online: 11:59 p.m.
- ❖ **Nov. 1:** Last Day to Apply for an Absentee Ballot by Mail, Fax, Email or Online: 5 p.m.
- ❖ **Nov. 5:** Final Day for In-Person Absentee Voting
- ❖ **Nov. 8:** Absentee Ballot Return Deadline: 7 p.m.
- ❖ **Nov. 8:** Election Day, Polls Open 6 a.m. - 7 p.m.

While the Presidential election will take top billing, every seat in the U.S. Congress is on the ballot, with one hotly contested race in Northern Virginia.

In Fairfax County, voters will decide whether to enact a four percent meals tax, a topic voters will hear a lot more about in coming weeks. Bond questions include \$120 million in transportation bonds for Metro; \$107 million in bonds for parks; and \$85 million for building and renovating senior and community centers, and homeless shelters. More at <http://www.fairfaxcounty.gov/bond/>

For more information on voting in Fairfax County:

Voter Registration: 703-222-0776, TTY 711  
Absentee Fax: 703-324-3725

Email: [voting@fairfaxcounty.gov](mailto:voting@fairfaxcounty.gov)  
Election Officer Info: 703-324-4735, TTY 711

Email: [elect@fairfaxcounty.gov](mailto:elect@fairfaxcounty.gov)

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# Women's Equality Day is 96 Years Young

## In four years, celebrate centennial of 19th Amendment to the U.S. Constitution, which gave women the right to vote.

BY PEGGY KNIGHT  
PRESIDENT, LEAGUE OF WOMEN VOTERS  
OF THE FAIRFAX AREA

**O**n Aug. 26, 2016, our nation celebrates the Women's Equality Day for the 96th time. In only four years, we will be celebrating the centennial of this historic day recognizing the ratification of the 19th Amendment to the U.S. Constitution, which gave women the right to vote and to full citizenship for the very first time.

Many fearless and dedicated men and women suffered jail time, physical assaults by the police and spectators at demonstrations, and insults, during this struggle that lasted over seven decades. However, it was only in 1971 that Congress, by resolution, designated this day as "Women's Equality Day". This designation recognized the many sacrifices made by these courageous women and men to achieve this ratification.

On Feb. 14, 1920, six months before ratification of the 19th amendment, The League of

Women Voters, was founded by Carrie Chapman Catt, President, National American Woman Suffrage Association, during the association's convention. Ms. Catt was a women's rights activist and a suffragist, who stated that the vote was the "emblem of equality" for all citizens, men and women.

This year, the League of Women Voters of the Fairfax Area [LWVFA] celebrates the selection of the country's first female nominee for President from a major party. While the League never endorses candidates or political parties, it recognizes this historical achievement for women.

The League encourages active participation by citizens. It conducts studies of important policy issues, has monthly meetings during which members discuss these issues, and uses education and advocacy to influence public policy, at the local level, in the interest of the public. It conducts candidate forums so that citizens can ask candidates questions, candidates can answer those questions and also interact directly with the public. LWVFA also reg-

isters voters and provides them with unbiased information about the voting process, issues of interest, and elections.

To learn more about this organization, please go to its website, [www.lwv-fairfax.org](http://www.lwv-fairfax.org).

If you have any questions, please contact Adarsh Trehan at [PR@lwvfairfax.org](mailto:PR@lwvfairfax.org) or 703-795-7281. You can also contact Peggy Knight, President, at [peggy.knight1@verizon.net](mailto:peggy.knight1@verizon.net) or 703-772-4939

*The League of Women Voters of the Fairfax Area is a non-partisan political organization that encourages informed and active participation in government, works to increase understanding of major public policy issues.*

## A MUSING

My father, a New Jersey guy, loved to play with words. He would swap syllables between words to create other words. For instance, each Feb. 22 he would announce (I swear this is true) that it was "George Birthington's washday." (Groan.) So, having been "blessed" with his groan gene, I offer the following: Vount Mernon, Lonica Mewinsky, Parah Salin (a boating sport?), Jonny Surgenson, Pladimir Vutin, our nearby Ratomac Piver, Wartha Mashington, Lay Jenio, and one of my fery favorite targets, the Rouse of Hreprsentatives. Finally, I recommend that the next time you visit Vount Mernon, be sure to visit the Shift Gop, and buy plenty of sool couvenirs to take hack bome.

— BART HEWITT

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NEWS DEPARTMENT:  
[gazette@connectionnewspapers.com](mailto:gazette@connectionnewspapers.com)

**Steven Mauren**  
Editor, 703-778-9415  
[smauren@connectionnewspapers.com](mailto:smauren@connectionnewspapers.com)

**Tim Peterson**  
Community Reporter  
703-314-0789  
[tpeterson@connectionnewspapers.com](mailto:tpeterson@connectionnewspapers.com)

**Jeanne Theismann**  
[jtheismann@connectionnewspapers.com](mailto:jtheismann@connectionnewspapers.com)  
@TheismannMedia

ADVERTISING:  
For advertising information  
[sales@connectionnewspapers.com](mailto:sales@connectionnewspapers.com)  
703-778-9431

**Debbie Funk**  
Display Advertising/National Sales  
703-778-9444  
[debfunk@connectionnewspapers.com](mailto:debfunk@connectionnewspapers.com)

**Julie Ferrill**  
Real Estate, 703-927-1364  
[jferrill@connectionnewspapers.com](mailto:jferrill@connectionnewspapers.com)

**Helen Walutes**  
Display Advertising, 703-778-9410  
[hwalutes@connectionnewspapers.com](mailto:hwalutes@connectionnewspapers.com)

**Andrea Smith**  
Classified Advertising, 703-778-9411  
[asmith@connectionnewspapers.com](mailto:asmith@connectionnewspapers.com)

**David Griffin**  
Marketing Assistant  
703-778-9431  
[dgriffin@connectionnewspapers.com](mailto:dgriffin@connectionnewspapers.com)

**Publisher**  
Jerry Vernon  
703-549-0004  
[jvernon@connectionnewspapers.com](mailto:jvernon@connectionnewspapers.com)

**Editor & Publisher**  
Mary Kimm  
[mkimm@connectionnewspapers.com](mailto:mkimm@connectionnewspapers.com)  
@MaryKimm

**Editor in Chief**  
Steven Mauren  
**Art/Design:**  
Laurence Foong, John Heinly  
**Production Manager:**  
Geovani Flores

**CIRCULATION: 703-778-9427**  
**Circulation Manager:**  
Ann Oliver  
[circulation@connectionnewspapers.com](mailto:circulation@connectionnewspapers.com)

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# THE LIZLUKE TEAM



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Elizabeth Lucchesi and the LizLuke Team are proud to announce they have recently joined the Long & Foster Old Town Historic District office.

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# Considering a Private School?

**Educational consultants can help families navigate application process.**

BY MARILYN CAMPBELL  
THE GAZETTE

**F**or families considering an independent school for the 2017-2018 school year, the admissions process begins this fall. From essays and interviews to school visits and standardized tests, the process for getting into kindergarten may feel nearly as daunting as applying to college.

Narrowing down the vast field of potential schools to find the best fit, completing the application and securing a slot at one of the area's top private schools are all challenging tasks. That's why many families rely on an educational consultant to help them understand and navigate through the entire process.

"Schools have as varied personalities as students do," said Mark H. Sklarow, CEO of the Independent Educational Consultants Association (IECA) in Fairfax. "Level of competitiveness, exploration versus memorization, independence versus group work, philosophies of learning, uses of technology, requirements in sports and the arts ... the list goes on."

When choosing a consultant, avoid those who guarantee that they can obtain admis-

sion to a particular school or secure a specific dollar amount in scholarship funding, advises Sklarow. Additionally, educational consultants should not complete admission application forms or write or re-write student essays.

An educational consultant's role is to guide students and parents through the admissions process. Consultants usually begin by meeting with families and getting to know the child's educational needs, identify strengths and weaknesses, and consider their interests and dislikes. Ideally, consultants combine the information they glean from their conversations with the family with their knowledge of area schools to help families decide on schools that are a good fit.

"Consultants can help families select a school that is the right fit. 'Parents need to be realistic about their child's strengths and weaknesses and learning style,' said Mimi Mulligan, assistant head and director of Admission and Enrollment Management for Norwood School. 'All independent schools offer fine academic programs, but we each have a unique school culture.'"

Consultants aim to give students and families unbiased advice and recommendations based on their professional judgment

of a student's needs and abilities. Consultants who are IECA members, for example, have "visited hundreds of campuses to understand the culture beyond the numbers to ensure such a successful pairing," said Sklarow.

Sklarow advises families to begin working with an independent educational consultant during the academic year before the year they plan to apply to an independent school.

## What To Ask

*Questions to ask before hiring an independent educational consultant:*

1. Do you guarantee admission to a school, one of my top choices, or a certain minimum dollar value in scholarships? (Do not trust any offer of guarantees.)

2. How do you keep up with new trends, academic changes and evolving campus cultures? How often do you get out and visit college, school, and program campuses and meet with admissions representatives? (The only way to know about the best matches for you is to be out visiting schools regularly — a minimum of 20 campuses per year.)

3. Do you belong to any professional associations? (NACAC and IECA are the two associations for independent educational consultants with established and rigorous standards for membership.)

4. Do you attend professional conferences or training workshops on a regular basis to keep up with regional and national trends and changes in the law?

5. Do you ever accept any form of compensation from a school, program, or company in

exchange for placement or a referral? (They absolutely should not.)

6. Are all fees involved stated in writing, up front, indicating exactly what services I will receive for those fees?

7. Will you complete the application for admission, re-write my essays, or fill out the financial aid forms on my behalf? (No, they should not; it is essential that the student be in charge of the process and all materials should be a product of the student's own, best work.)

8. How long have you been in business as an independent educational consultant (IEC)?

9. What was your background prior to going into independent educational consulting? What was your training and education?

10. Will you use personal connections to get me in to one of my top choices? (The answer should be no. An IEC doesn't get you admitted — they help you to demonstrate why you deserve to be admitted.)

11. What specialized training do you have (LD, gifted, athletics, arts, etc.)?

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**Mount Vernon Gazette**





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# Create a Back-to-School Game Plan

**Educators tell how to make the transition less jarring.**

By MARILYN CAMPBELL  
THE GAZETTE

**A**s a single mother of a fifth grade student, Christine Schull is already making back-to-school preparations. Her plans include more than purchasing notebooks, pencils and new shoes. She knows that she and her daughter will have to shift their schedules and prepare to get back into a scholastic mindset.

"She gets up early every day ... but because it is summer, she wants to go to bed late ... about two or three weeks out, I will be much more firm about her bed time," said Schull, assistant dean and professor of Early Childhood Education at Northern Virginia Community College in Alexandria. "Also, to start getting her academic muscles flexing, I usually supplement with some academic enrichment. I am hiring someone to work with her once a week just to give her a taste of what she will experience in fifth grade."

Whether a child's summer is packed with camps and vacations or filled with lazy days and complaints about being bored, students often find the back-to-school transition to be challenging. From the prospect of reuniting with friends to getting reacquainted with homework, it is not uncommon for children to experience mixed emotions about jumping back into a busy fall schedule.

"Going back to school is really more than just a one-day event," said Dr. Lisa Turissini, Ed.D. assistant professor and chair of the Department of Education at Marymount University. "This type of transition is about the forming of a new habit. Brain researchers agree that the forming of a new habit also includes the breaking of an old one."

Having a conversation with children and assessing their feelings about returning to school is a good place to start, recommends Licensed Clinical Psychologist Jerome Short, Ph.D., associate professor of Psychology at George Mason University.

"Children have a variety of ways of thinking, feeling, and acting toward the upcoming transition back to school," he said. "Some children are optimistic and excited about school and are already preparing for the first day. Others may be anxious or avoid thinking about a new school year, and may need more support, structure, and encouragement from parents to prepare themselves."

He encourages parents to listen to their children's concerns and expectations and empathize with their feelings. "Summarize what they tell you, and tailor your approach to their needs with their input," added Short.



PHOTO BY JAMES KEGLEY FOR NORWOOD SCHOOL

**Science teacher Sarah Boor works with students at Norwood School. Educators say now is the time to prepare children for a return to school.**

It's not just children who may experience school anxiety. Some parents may be worried about their children starting a new school, changing schools, facing more rigorous academics or dealing with difficult social situations. "Fear of the unknown can cause anxiety," said Turissini. "Working with your children to build resilience and manage their emotions can be beneficial for the whole family. Children are extremely capable of dealing with change, and parents can help them by creating an environment at home that encourages them to share their feelings about returning to school."

Reconnecting or connecting with other parents and students for support can help with the transition. "Others may help motivate, empathize, or make school preparations fun," said Short. "There are opportunities to increase children's communication abilities and social skills if they spend time together on school tasks."

Planning ahead and establishing a regimented sleep schedule in August can help parents get their children acclimated to the early wake up times for the upcoming school year. "If you want your child to have a less painful transition back to a new school year, now is the time to take proactive measures to change your child's bedtime routine," said Turissini.

"...[It] gives their biological clock time to adjust so the transition is not so abrupt," she said. "A regular bedtime and wake up time will build the needed structure into a child's schedule, and this new habit will help [a child] to embrace the new routine that the school year brings."

"Don't do it all at once, do it gradually," said Mark R. Ginsberg, Ph.D., dean of the College of Education and Human Development at George Mason University. "Start with [moving your children's bedtime] one-half hour earlier, then 15 minutes earlier."

Other recommend time adjustments include reestablishing routines that might have been lost during the summer. "If your summer has been schedule-free, get back to some of your old routines now. Start those regular family meal times or game nights," said Turissini.

In addition to rearranging sleep schedules, now is the time to tackle back-to-school shopping and schedule doctor visits. "Take a day to get those school clothes, school supplies, and backpacks purchased," said Turissini. "Make sure your child's physical exam is up to date. You know the school medical forms will be forthcoming."

Completing summer reading lists and other summer assignments can also get students ready to learn. "We want students to return to school learning ready, which means children should be reading for pleasure ... for about 30 minutes a day," said Karen O'Neill, head of Lower School at Norwood School. "Sustained reading is a skill that requires practice at home."

Parents can reinforce a child's interest in books by reading to their child or reading their own book while their children read. "Don't turn on the television in another room while your child reads," said Ginsberg. "Have a family reading hour. Modeling the behavior is powerful for the child." He suggests setting challenging and achievable goals and being mindful of those that could prove unrealistic. "Start with 20 minutes of reading and then increase it from there," he said.

"At least one week before the first day of school, create the morning routine that will allow your child to arrive at school with time to organize belongings, chat with friends, and create a mindset for learning," said O'Neill.

Invite children's participation when creating a back-to-school plan. "From my own experience as a parent and educator, it's best

to engage them in a conversation, rather than telling them what to do," said Ginsberg. "Rather than being directive, be collaborative with the child. Ask them what it is that they think they need to do to get themselves ready."

Going from a carefree summer to a structured school year packed with activities can be jarring for some students. To ease the blow, Turissini sug-

**"Going back to school is really more than just a one-day event. [It's] about the forming of a new habit ... the forming of a new habit also includes the breaking of an old one."**

— Lisa Turissini Ed.D.,  
Marymount University

gests having candid conversations about the upcoming school schedule and ways in which the family can establish balance.

"Create a family calendar of school, extracurricular, and family activities," she said. "Allow for some downtime on the calendar for each child so they can choose to do whatever it is they would like. Kids don't inherently know how to add balance to their lives, so as a parent, it is important to look for the opportunities to model balance at home, work, school, and personal pursuits."

To ease anxiety about back-to-school transportation, Michele Claeys, associate head of school and head of middle school for Norwood School, suggests "if your child walks to school or takes a bus, walk the route together or check out the bus stop together." Whether traveling by car or bus or on foot, talk about what the schedule will look like on school mornings, including any chores that have to be done before leaving the house. Consider inviting your child to write out a schedule for the morning, including the time needed for each task.

Claeys also recommends taking time to review the curriculum for the upcoming year with your children, if it is available, and talk about some of the things they will be learning. "Hopefully this will inspire excitement about all the learning to come," she said.



# ENTERTAINMENT

## 3 Spots to Pencil in for Restaurant Week

The city's offerings are their most diverse ever.

BY HOPE NELSON  
THE GAZETTE

Alexandria's summertime Restaurant Week is back in action for another season, and diners will find plenty of options that are sure to appeal to every appetite. Here are three to be sure to try.

### Carluccio's, 100 King St.

For a taste of Italy, Carluccio's has made quite a name for itself on lower King Street since opening last year. For breakfast, lunch, or dinner, you'll find couples, families, and colleagues lingering over a cup of coffee or glass of wine in their outdoor tables — and an indoor dining room.

The eatery is offering a three-course menu filled with some of the restaurant's favorites, from a funghi crostini appetizer to a summer vegetable soup; half-moon agnolotti filled with burrata cheese or truffle bavette, steak grilled with rosemary potatoes and truffle butter; and a spongy zuccotto cake with whipped cream for dessert, to name a few.

### Bombay Curry Company, 2607 Mount Vernon Ave.

Variety is the watchword with Del Ray's Bombay Curry Company, a perennial neighborhood favorite. When it comes to Restaurant Week, the sky's the limit: The dinner menu offers a starter to share, two entrees, and two desserts for \$35, with nary a limitation to be found.

For an appetizer, the samosas are well worth your time. Flaky and airy, these potato-filled pastries are the perfect way to whet your appetite for the main event. And about that main event: The thali is a wonderful way to see the culinary world, offering diners a taste of several vegetarian Indian favorites — from the spinach-rich saag paneer to lentil dal — all on one plate. Or try one of Bombay Curry's biryanis, rice medleys mixed with chicken, lamb, or vegetables and plenty of aromatic spices.

Save the rice pudding for a sweet finish to the meal and toast this neighborhood gem.

### The Majestic, 911 King St.

The newly renovated Majestic has hopped



Sit outside or dine indoors at Carluccio's during Restaurant Week.

right into the Restaurant Week game with a passel of menu options to give diners a taste of what the newly staffed kitchen is offering.

From an appetizer of stone fruit salad, diners can have a choice of three entrees and two desserts. The Cheshire pork chop is especially appealing, served with polenta

and balsamic cherries alongside, and for dessert, you'd be crazy to miss out on the famous Majestic coconut cake. Although the Nutella budino is certainly worthy of attention as well. Better bring a dinner date!

Hope Nelson operates the Kitchen Recessionista blog, located at [www.kitchenrecessionista.com](http://www.kitchenrecessionista.com). Email her any time at [hope@kitchenrecessionista.com](mailto:hope@kitchenrecessionista.com).

## CALENDAR

Email announcements to [gazette@connectionnewspapers.com](mailto:gazette@connectionnewspapers.com). Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

### ONGOING

#### Exhibit: "The Silent World."

Through Aug. 27, 10 a.m.-5 p.m. Fridays, 10 a.m.-4 p.m. Saturdays at Gallery @Convergence, 1801 N. Quaker Lane. "The Silent World" explores the intricacies of creativity and the effect of society, education, and age on the creative process. Students are asked to respond to the prompt: "95% of the ocean is still unexplored. Make something that's never been seen before that you think lives in the deep ocean." Their responses will make up the Silent World Exhibit and lead to conversations about the way creative nature changes over time. Free. Visit [www.ourconvergence.org](http://www.ourconvergence.org) for more.

**Exhibit: "FUN-derful."** Through Aug. 28, gallery hours at Del Ray Artisans Gallery, 2704 Mount Vernon Ave. Del Ray Artisans invites you to a curated exhibit humorous art. Free. Visit [www.delrayartisans.org](http://www.delrayartisans.org) for more.

**Fort Hunt Concerts.** Through Aug. 28, Sundays 7-8 p.m. at Fort Hunt Park, 8999 Fort Hunt Road. A different band performs each week. Free. Visit [www.nps.gov/gwmp](http://www.nps.gov/gwmp) for more.

**Collage and Ceramics - Kathryn Horn Coneway.** Through Aug. 28, gallery hours at Huntley Meadows Park, 3701 Lockheed Blvd. Free. Visit [www.kathrynhornconeway.com](http://www.kathrynhornconeway.com) for more.

**"Dotted Space."** Through Aug. 28, gallery hours at The Target Gallery, 105 N. Union St. The exhibit will feature site-specific installations and a series of artist pop-up books that use dotted lines to demarcate rectilinear spaces. When viewed from

a particular angle, the dotted lines seem like three-dimensional shapes, some of which appear to penetrate the gallery walls. Free. Visit [www.torpedofactory.org](http://www.torpedofactory.org) for more.

**Cool Yoga.** Wednesdays through Aug. 31, 7:30 p.m. at Just ASK Publications and Professional Development parking lot, 1900 Mount Vernon Ave. Cool Yoga is a community event taught by Maureen Clyne. Each class ends with a Senzu Juicery "After Party" with complimentary cold pressed juices. Free. Visit [www.prasadayoag.com](http://www.prasadayoag.com) for more.

**Family Golf Days.** Through Aug. 31, all day at Pinecrest Golf Course, 6600 Little River Turnpike. Parents pay for their 9-hole round of golf and their son or daughter (ages 8-17) will receive their round and a pull cart rental for free. Visit [www.fairfaxcounty.gov/parks/golf/pinecrestgc](http://www.fairfaxcounty.gov/parks/golf/pinecrestgc) for more.

**Latin Expressions Exhibit.** Through Aug. 31, gallery hours at Torpedo Factory Art Center, 105 N. Union St. Two dozen artists have contributed to an exhibit titled "Magic and Color." Visit [www.torpedofactory.org](http://www.torpedofactory.org) for more.

**"Materialized Magic."** Through Aug. 31, gallery hours at Torpedo Factory Arts Center, 105 N. Union St. The Torpedo Factory Art Center will house a colony of handmade fabled creatures in the New Project Studio for the month of August. Led by Virginia artists Stacy Cantrell and Erika Cleveland, more than 130 local volunteers spent nearly a year crocheting, felting, and knitting all of the flora and fauna featured in "Materialized Magic: Mythical Creatures in a Yarn Artistry Habitat." Free. Visit [www.torpedofactory.org](http://www.torpedofactory.org) for more.

**Women of Civil War Alexandria Tour.** Through Sept. 3, 7 p.m. Fridays-Saturdays at The Lyceum, 201 S. Washington St. Learn more about women's roles during the Civil

War in Alexandria. Presented by the National Women's History Museum (NWHM). Tickets are \$15, \$12 for NWHM members. Visit [www.nwhm.com/get-involved/event/walking-tours](http://www.nwhm.com/get-involved/event/walking-tours).

**Call for Artists: "Día de los Muertos."** Through Sept. 9, 5 p.m. Arlington Arts Center is accepting submission for an annual exhibit. Free to apply Visit [www.arlingtonartscenter.org](http://www.arlingtonartscenter.org) for more.

**Summer Chamber Series.** Sundays, through Sept. 11, 3 p.m. at The Lyceum, 201 S. Washington St. Washington Metropolitan Philharmonic Association presents the 26th annual chamber music series. Free. Visit [wmpamusic.org](http://wmpamusic.org) for more.

**Exhibit: Kit Keung Kan.** Through Sept. 18, gallery hours at The Athenaeum, 201 S. Prince St. Kit Keung Kan is a Hong Kong-American artist and physicist who interprets traditional Chinese landscape paintings with his passion for the art form as well as his experience in scientific study and research such as relational concepts and objective abstraction. Free. Visit [www.nvfaa.org](http://www.nvfaa.org) for more.

**Mercy in Alexandria Walking Tour.** Sundays at 1:30 p.m. at Alexandria Visitors Center, 221 King St. Experience an inside access tour of 19th century Alexandria. Inspired by the PBS mini-series "Mercy Street," accompany a trained military historian through Civil War-era Alexandria and learn the actual history behind the TV show. Short tours are \$15, private tours for five are \$149. Visit [www.dcmilitarytour.com](http://www.dcmilitarytour.com) for more.

**The Lyceum: 175 Years of Local History.** Ongoing, Monday-Saturday 10 a.m.-5 p.m. and Sunday 1-5 p.m. at The Lyceum, 201 S. Washington St. On view in the museum's Coldsmith Gallery, the historical objects and images featured

represent The Lyceum, the community at work, and commemorations and celebrations. Throughout the exhibition, visitors are invited to "be the curator" and think about why the various artifacts are in the museum's collection, and about how tangible representatives of the past help tell the story of Alexandria's history. Free. Visit [www.alexandriahistory.org](http://www.alexandriahistory.org) for more.

**Medical Care for the Civil War Soldier Exhibit.** Ongoing at the Fort Ward museum, 4301 W. Braddock Road. ongoing exhibit which features original medical instruments and equipment from the Civil War period and information on Union Army hospital sites in Alexandria. Free. Visit [www.alexandriava.gov/fortward](http://www.alexandriava.gov/fortward) for more.

**Alexandria's Nurses & Hospitals During the Civil War.** Ongoing at The Lyceum, 201 S. Washington St. An exhibit on the life of Clarissa Jones, a nurse at The Lyceum hospital during the Civil War. The true story of a nurse in Alexandria during the war, drawing parallels with characters portrayed in the PBS drama "Mercy Street," with references to the experiences of other nurses, such as Anne Reading, who worked in the Mansion House hospital, and Jane Woolsey, who served at the Fairfax Seminary hospital. Admission is \$2. Visit [www.alexandriava.gov/lyceum](http://www.alexandriava.gov/lyceum) for more.

**"Ancient Art of Movement."** 1 p.m. at Hollin Hall Senior Center, 1500 Shenandoah Road. Carmen Shippy, retired professional dancer, teaches a series designed for ages 50 and above. Movements are designed to strengthen core muscles and increase flexibility. Adjustments will be made for those with physical limitations. First lesson in the series is free for non-center members. To continue lessons, a yearly membership to all Senior Center programs is \$48. Call

703-765-4573 to sign up.

**Flamenco Show.** Wednesdays and Thursdays, 7:30-8:30 p.m. at La Tasca, 607 King St. Watch dancers and guitarists perform traditional flamenco. Free to attend. Call 703-299-9810 or visit [www.latascausa.com](http://www.latascausa.com).

**Their Fates Intertwined: The Lees of Alexandria in the War of 1812.** Wednesday- Saturday, 10 a.m.-4 p.m. Sunday, 1-4 p.m. Lee-Fendall House and Gardens, 614 Oronoco St. A new exhibit on the experiences of the Lee family in Alexandria during the War of 1812 examines the contributions of Alexandria's citizens during the conflict that led to the writing of our national anthem through the lives of this iconic Virginia family. Visit [www.leefendallhouse.org](http://www.leefendallhouse.org) or call 703-548-1789.

**Alexandria Cars and Coffee** invites car enthusiasts to meet for coffee at Hollin Hall Shopping Center in front of Roseina's, 1307 Shenandoah Road. Owners of classic cars, hot rods, exotic cars, motorcycles and more meet to share car stories and drink coffee. Group meets the first Sunday of every month. 8:30-11 a.m.

**National Inventors Hall of Fame Exhibit.** Through November at The National Inventors Hall of Fame-USPTO campus, 600 Dulany St. The exhibit features the stories of Inductees of the National Inventors Hall of Fame who served their country during World War II and returned home to help build the nation with their innovations. Free. Visit [www.inventnow.org](http://www.inventnow.org).

**Dinner for the Washingtons.** 12 p.m. at George Washington's Mount Vernon, 3200 Mount Vernon Memorial Highway. A walking tour that goes behind the scenes to find out how food was prepared and served before the era of microwaves and TV dinners. \$5 in addition to estate admission. Visit [www.mountvernon.org](http://www.mountvernon.org) for more.



# ENTERTAINMENT



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**On Saturday, Aug. 27, 12-3 p.m. families are invited to a day of 18th century crafts and games. Decorate an 18th century fan, paint a selfie (self-portrait), make a necklace, and have the chance to play colonial games such as Graces, and Hoop and Stick. This event is designed for children ages 3-12, but all are welcome. Free. Visit [www.carlylehouse.org](http://www.carlylehouse.org) for more.**

## Second Thursday Music.

Athenaeum, 201 Prince St. 7 pm. Second Thursday of every month. Visit [nvfaa.org](http://nvfaa.org) to view concert calendar and listen to upcoming Second Thursday Music artists.

## The Monday Morning Birdwalk

takes place weekly, rain or shine (except during electrical storms, strong winds, or icy trails), at 7 a.m. (8 a.m. November through March), is free, requires no reservation and is open to all. Birders meet in the parking lot at the park's entrance at 3701 Lockheed Blvd. Direct questions to Park staff during normal business hours at 703-768-2525.

**Art for Life.** Third Thursday of every month. 4:30-7:30 p.m. at Torpedo Factory, 105 N. Union St. Hyatt Regency Crystal City has partnered with the National Kidney Foundation for a program highlighting a different artist each month for a year.

**Civil War Sundays.** 1-5 p.m. at Alexandria Archaeology Museum, 105 North Union St., #327. Learn more about the Civil War as it occurred in Alexandria. Find dioramas, newspaper articles and more. Free. Visit [www.alexandriarchaeology.org](http://www.alexandriarchaeology.org).

**Doggy Happy Hour.** Starting April 5, Tuesdays through October 5-8 p.m. at Jackson 20 and Hotel Monaco Alexandria, 480 King St. Doggy Happy Hour at Jackson 20 and the Hotel Monaco Alexandria offers specials on cocktails and beers plus treats and water for canine companions. Free, but drinks sold separately. Visit [www.monaco-alexandria.com](http://www.monaco-alexandria.com) for more.

**Baseball Boat to Nationals Park.** Departs from the Alexandria Marina, 1 Cameron St. The Potomac Riverboat Company offers baseball enthusiasts the chance to avoid the crowds and take a leisurely cruise from Old Town Alexandria to Nationals Park along the scenic Potomac River. Admission: one-way \$20; round-trip \$25 Monday-Thursday; round-trip \$28 Friday-Sunday. Visit [www.baseballboat.com](http://www.baseballboat.com).

## CAMPS, CLASSES & WORKSHOPS

**Olympic Champions Camp.** July 25-Aug. 26, 7 a.m.-6 p.m. at Boys & Girls Club, 401 N. Payne St. The Olympic Champions Camp incorporates "Triple Play" to engage

mind, body, and soul. Campers participate in reading, STEM, sports, meditation and more. Prices vary. Visit [www.bgcgw.org](http://www.bgcgw.org) for more.

**Theatre Camp.** Through Sept. 2, various times at The Little Theatre of Alexandria, 600 Wolfe St. Offering a variety of camps for age 3 through 8th grade, covering creative play, acting, singing, dancing, musical theatre and improv. Sessions also include comedy, scene study, Shakespeare and drama. Tuition prices vary. Visit [www.thelittletheatre.com](http://www.thelittletheatre.com) for more.

**Community Dance.** 7:30-9:30 p.m. every third Friday at Hollin Hall Senior Center, 1500 Shenandoah Road. Live music. Tickets are \$4. Call 703-765-4573.

**Life Drawing.** Del Ray Artisans offers a range of open life drawing sessions for anyone to develop life-drawing skills further. Drop-in for the session and bring supplies to draw or paint live models. Fee ranges from \$8-\$12. All skill levels are welcome. Del Ray Artisans is located at 2704 Mount Vernon Ave. Visit [www.TheDelRayArtisans.org](http://www.TheDelRayArtisans.org) for a schedule.

**Community Yoga.** Wednesdays 9:30-10:30 a.m. and Sundays 7:30-8:45 p.m. at 532YOGA, 532 N. Washington St. Suite 100. No experience required to participate in weekly community class. Suggested \$10 donation. Visit [www.532yoga.com](http://www.532yoga.com).

## THURSDAY/AUG. 18

**Garden Tour and Tea.** 1-3 p.m. at Green Spring Gardens, 4603 Green Spring Road. Tour the demonstration gardens with Master Gardener docents. Hear about Green Spring's history, educational mission and more. Tickets are \$32. Visit Call Historic Green Spring at 703-941-7987 to register.

## FRIDAY/AUG. 19

**Garden Fresh Garden Dinner.** 6-10 p.m. at Mount Vernon, 3200 Mount Vernon memorial Highway, Mount Vernon. Enjoy a four-course meal paired with Port City beers. Tickets are \$75. Visit [www.mountvernon.org](http://www.mountvernon.org) for more.

**Community Dance.** 7:30-9:30 p.m. at Hollin Hall Senior Center, 1500

Shenandoah Road. Owen Hammett conducts the Mount Vernon Swing Band. Tickets are \$4. Call 703-765-4573 for more.

## AUG. 19-28

**Alexandria Summer Restaurant Week.** Various times throughout Alexandria. For 10 days and two weekends, more than 50 Alexandria restaurants offer a \$35 three-course dinner or a \$35 dinner for two. Visit [www.AlexandriaRestaurantWeek.com](http://www.AlexandriaRestaurantWeek.com).

## SATURDAY/AUG. 20

**National Honeybee Day.** 10 a.m.-12 p.m. at Green Spring Gardens, 4603 Green Spring Road. Meet a beekeeper, see the inside of a beehive, learn a bee dance, join a bee scavenger hunt and learn how bees are important to our food supply. You can get tips on growing a pollinator garden and purchase your own pollinator starter garden. Tickets are \$12. Call 703-642-5173 or visit [www.fairfaxcounty.gov/parks/greenspring/](http://www.fairfaxcounty.gov/parks/greenspring/).

**Beeswax Votive Candles Workshop.** 1 p.m. at Green Spring Gardens, 4603 Green Spring Road. Learn about the materials, wicks, waxes, fragrances and containers needed for making poured beeswax jar candles. Pour two votive candles to take home. Tickets are \$35 for Fairfax County residents, \$37 for non-residents. Visit [www.fairfaxcounty.gov/parks](http://www.fairfaxcounty.gov/parks).

**FootGolf National Championship Qualifier.** 2 p.m. at Pinecrest Golf Course, 6600 Little River Turnpike. The tournament combining soccer and golf is open to all skill levels, including beginners. Participants receive a swag bag, food and beverage specials and discounted merchandise. Tickets are \$22 for American FootGolf League members, \$27 for non-members. Visit [www.footgolf.us](http://www.footgolf.us) for more.

**Summer Concert.** 7-9 p.m. at Carlyle House, 121 N. Fairfax St. Howard University's DuPont Brass performs. Free, \$5 suggested donation. Visit [www.carlylehouse.org](http://www.carlylehouse.org).

**Country-Western Dance.** 6:30-7:30 p.m. lessons, 7:30-10 p.m. dance at Hollin Hall Senior Center, 1500 Shenandoah Road. A DJ provides music. Couples and singles welcome.

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# ENTERTAINMENT

Admission for NVCWDA members \$10; non-members \$12; children under 18 accompanied by a paying adult \$5. See [www.nvcwda.org](http://www.nvcwda.org) or call 703-860-4941.

## FRIDAY/AUG. 26

**Film Screening: “Zootopia.”** Movie starts at dusk, activities start at 6 p.m. at Four Mile Conservatory Center, 4109 Mount Vernon Ave. Free. Visit [www.fourmilemovieseries.com](http://www.fourmilemovieseries.com).

**Movies Under the Stars: “Alice in Wonderland.”** 8 p.m. at Market Square, 301 King St. The public is invited to attend an outdoor movie on a three-story high movie screen. Free. Call 703-746-5592 or visit [www.alexandriava.gov/Recreation](http://www.alexandriava.gov/Recreation).

## SATURDAY/AUG. 27

**Swim for Engie.** 8-10 a.m. at Hunting Park Pool, 7000 Canterbury Lane. Alexandria Masters Swimming is holding a swimathon for Inova’s Schar Cancer Institute in honor of Engie Mokhtar. It is open to the public of all ages who can swim laps. Registration fee is \$5. Visit [www.crowdrise.com/SwimforEngie2016](http://www.crowdrise.com/SwimforEngie2016).

**Carlyle House Family Event.** 12-3 p.m. at Carlyle House, 121 N. Fairfax St. Decorate an 18th century fan, paint a selfie (self-portrait), make a necklace and play colonial games. This event is designed for children ages 3-12, but all are welcome. Free. Visit [www.carlylehouse.org](http://www.carlylehouse.org) for more.

**Ice Cream at Historic Huntley.** 1 p.m. at Historic Huntley, 6918 Harrison Lane. Make and enjoy hand-cranked ice cream as Huntley’s Harris family may have done. Discover how the histories of ice cream and Huntley follow a similar path from elite luxury to family fare. Tour of ice well and Historic Huntley House included. Tickets are \$8 for Fairfax County residents, \$10 for residents. Visit [www.fairfaxcounty.gov/parks/huntley-meadows-park](http://www.fairfaxcounty.gov/parks/huntley-meadows-park).

**Face Off 2016 Reception.** 1-4 p.m. at Principle Gallery, 208 King St. Three painters will all be painting the same model, live in the gallery. Free. Visit [www.principlegallery.com](http://www.principlegallery.com) for more.

## SATURDAY-SUNDAY/AUG. 27-28

**Begonia Show and Sale.** 9 a.m.-4:30 p.m. Saturday, 12-3:30 p.m. Sunday at Green Spring Gardens, 4603 Green Spring Road. The sale offers a wide variety of begonias, including subtropical species. Free. Visit [www.fairfaxcounty.gov/parks/greenspring/events.htm](http://www.fairfaxcounty.gov/parks/greenspring/events.htm).

## SUNDAY/AUG. 28

**Children’s Art Workshop.** 2 p.m. at The Athenaeum, 201 Prince St. Artist Kit-Keung Kan offers a workshop for children based on his art in “Fall, Waves, and White Water.” Free. Call 703-548-0035 for reservations.

**Lesson Zero.** 7 p.m. at Fort Hunt Park, 8999 Fort Hunt Road. Free. Visit [www.myspace.com/lessonzero](http://www.myspace.com/lessonzero).

## AUG. 27-SEPT. 23

**Face Off 2016.** Gallery hours at Principle Gallery, 208 King St. Face Off 2016 is a live painting demonstration and exhibition of new works by artists Cindy Prociuous, Mia Bergeron and Elizabeth Floyd. Free. Visit [www.principlegallery.com](http://www.principlegallery.com).

## MONDAY/AUG. 29

**The Art of Ballroom Dance.** 7-7:45 p.m. lesson, 7:45-8:30 p.m. dance at The Athenaeum, 201 S. Prince St. Learn the foxtrot, waltz, tango, swing, salsa, meringue, rumba, cha-cha, and samba. For beginning and



Ceramic mugs crafted by potter Dan Finnegan.

## ‘Fire and Earth’ Opens Sept. 2

The “Fire and Earth” exhibit celebrates two classical elements in a hybrid exhibit that combines a National ceramic cup exhibit with a regional 2-D exhibit. This exhibit honors how fire in the kiln transforms earth (clay) into functional drinking vessels. The exhibit is juried by Dan Finnegan, a nationally and internationally recognized potter. The exhibit will hang at Del Ray Artisans Gallery, 2704 Mount Vernon Ave. Admission to the gallery is free. Visit [www.thedelrayartisans.org](http://www.thedelrayartisans.org) for more.

advanced dancers. Tickets are \$15. Email [garystephans@me.com](mailto:garystephans@me.com) or call 703-505-5998.

## AUG. 30-SEPT. 25

**Exhibit: “A Solo in Abstract.”** 10 a.m.-6 p.m. daily at Torpedo Factory Art Center, 105 N. Union St. Artist Donna K. McGee works in large format abstract acrylics. Free. Visit [www.torpedofactory.org](http://www.torpedofactory.org) for more.

## AUG. 30-OCT. 2

**Exhibit: “Explorations Part II.”** 10 a.m.-5 p.m. at Torpedo Factory Art Center – Potomac Fiber Arts Gallery, 105 N. Union St. Artists derive inspiration from contemporary explorations: Africa, the Amazon, North and South Poles, Mount Everest, and more. Free. Visit [www.potomacfiberartsgallery.com](http://www.potomacfiberartsgallery.com) for more.

## SEPT. 1-OCT. 9

**Blackberry Daze.** Various times at MetroStage, 1201 N. Royal St. This is an adaptation from the novel “Blackberry Days of Summer” by Ruth P. Watson. Tickets are \$60. Visit [www.metrostage.org](http://www.metrostage.org) for more.

## SEPT. 2-OCT. 2

**Art Exhibit: “Fire and Earth.”** Gallery hours at Del Ray Artisans Gallery, 2704 Mount Vernon Ave. “Fire and Earth” exhibit celebrates these classical elements in a hybrid show combining a National ceramic cup exhibit with a regional 2-D show, exploring how fire transforms earth. The exhibit is juried by Dan Finnegan, an internationally recognized potter. Free. Visit [www.delrayartisans.org/exhibits](http://www.delrayartisans.org/exhibits).

## SATURDAY/SEPT. 3

**Tea with Lady Washington.** 2-3 p.m. at Mount Vernon, 3200 Mount Vernon Memorial Highway, Mount Vernon. Step back in time and join “Lady Washington” for a cozy fireside tea as she shares memories of her and the General’s life as a young married couple, during the Revolutionary War, and at their beloved Mount Vernon. Following the program, guests are invited to a

self-guided exploration of the estate and Mount Vernon’s beautiful decorative arts collection. Tickets are \$35. Visit [www.mountvernon.org](http://www.mountvernon.org).

## TUESDAY/SEPT. 6

**The Twig Thrift Shop Reopens.** 10 a.m. at 106 N. Columbus St. The Twig Thrift Shop is full of men’s and women’s clothing, furnishings, jewelry, household goods, books, art and collectibles. Free to attend. Visit [www.thetwig.org](http://www.thetwig.org) for more.

**Simpson Park Garden Stroll.** 11 a.m.-12 p.m. at 420 E. Monroe St. VCE Master Gardeners who maintain Simpson Park Demonstration Gardens invite Alexandria residents and others to stroll by the gardens. Free. Call 703-228-6414 or email [mgarlalex@gmail.com](mailto:mgarlalex@gmail.com).

## SEPT. 6-OCT. 16

**Photo Exhibit: “Never Forget.”** 10 a.m.-5 p.m. daily at Multiple Exposures Gallery – Torpedo Factory Art Center, 105 N. Union St. The photographs in this exhibit follow photographer Alan Sislen’s 15-year photographic journey beginning before 9/11, and continuing today. Free. Visit [www.multipleexposuresgallery.com](http://www.multipleexposuresgallery.com).

## FRIDAY/SEPT. 9

**Gentleman Distiller: Whiskey Tasting & Dinner.** 6:30-10 p.m. at Mount Vernon, 3200 Mount Vernon Memorial Highway, Mount Vernon. The evening begins with a reception at George Washington’s Distillery & Gristmill, where guests will get a first-hand look at how whiskey was produced in Washington’s time. The event continues on the estate with a brief talk by Mount Vernon’s resident distiller, followed by a whiskey tasting and seated dinner at the Mount Vernon Inn Restaurant. Tickets are \$125. Visit [www.mountvernon.org](http://www.mountvernon.org) for more.

**The Cecilian Players.** 8 p.m. at Blessed Sacrament Catholic Church, 1427 W. Braddock Road. Violinist Sonya Hayes, clarinetist Parker Gaims, cellist Igor Zubovsky and pianist John McCrary will perform a program including the Clarinet Trio of Robert Kahn and the Second Piano Trio of Saint –Saens. Free, but donations accepted. Contact John

McCrary at [jmccrary@blessedsacramentcc.org](mailto:jmccrary@blessedsacramentcc.org) or 703-998-6100 x 103 for more.

## FRIDAY-SUNDAY/SEPT. 9-11

**Hope Fest.** Various times at Bryant Alternative High School, 2709 Popkins Lane. Find youth concert and community basketball game. Free. Email [Info@cityofhopemetro.org](mailto:Info@cityofhopemetro.org).

## SATURDAY/SEPT. 10

**9/11 Heroes Run.** 8:30 a.m. at Carl Sandburg Middle School, 8428 Fort Hunt Road. Honor our military and first responders and remember those who died on 9/11 and in the wars since. Registration is \$22.50-80. Visit [www.911heroesrun.org](http://www.911heroesrun.org) for more.

**Beyond the Battlefield Walking Tour.** 10 a.m. starting at the Lyceum, 201 S. Washington St. Discover the real-life stories and locations of soldiers, citizens, and former slaves that inspired the PBS drama “Mercy Street” in this walking tour of Old Town. Tickets are \$15. Visit [www.leefendallhouse.org](http://www.leefendallhouse.org) for more.

**Civil War Artillery Day.** 10 a.m.-4 p.m. at Fort Ward, 4301 West Braddock Road. The program features reenactors from the 1<sup>st</sup> Connecticut Heavy Artillery, a Union regiment that was stationed at Fort Ward during the Civil War. The unit will interpret the duties and soldier life of typical artillerymen assigned to forts in the Washington area. Activities will include cannon firing demonstrations in the restored Northwest bastion of the fort, artillery equipment displays, and camp life scenarios. Visitors can also view the Museum exhibit, “The Art of the Artilleryman in the Defenses of Washington,” which features a variety of original equipment and personal items. Free. Visit [www.forward.org](http://www.forward.org) for more.

**Tea with Lady Washington.** 2-3 p.m. at Mount Vernon, 3200 Mount Vernon Memorial Highway, Mount Vernon. Step back in time and join “Lady Washington” for a cozy fireside tea as she shares memories of her and the General’s life as a young married couple, during the Revolutionary War, and at their beloved Mount Vernon. Following the program, guests are invited to a self-guided exploration of the estate

and Mount Vernon’s beautiful decorative arts collection. Tickets are \$35. Visit [www.mountvernon.org](http://www.mountvernon.org) for more.

## SEPT. 10-21

### 33rd Annual Senior Olympics.

Various times at various locations. Participants over 50 years old will participate in track and field, swimming, diving, tennis, table tennis, golf, miniature golf, ten pin bowling, Wii bowling, scrabble, duplicate bridge, cribbage, Mexican train dominoes, pickleball, racquetball, handball, volleyball, badminton, bocce, eight ball pool, cycling, horseshoes, yo-yo tricks, American style Mah Jongg, 5K run and more. Admission varies based on event. Visit [www.nvso.us](http://www.nvso.us).

## SUNDAY/SEPT. 11

**The George Washington Patriot Run.** 8 a.m. at Mount Vernon, 3200 Mount Vernon Memorial Highway. Run the first USATF-certified road race to enter George Washington’s Mount Vernon. Organized by Mount Vernon and the Alexandria George Washington Birthday Celebration Committee, the race will take runners up the George Washington Memorial Parkway. Return down the Parkway to trace Washington’s footsteps through the historic area at Mount Vernon. Registration is \$50, spectator tickets are \$10. Visit [www.mountvernon.org/run](http://www.mountvernon.org/run) for more.

**Photo Exhibit Opening Reception: “Never Forget.”** 2-4 p.m. at Multiple Exposures Gallery – Torpedo Factory Art Center, 105 N. Union St. The photographs in this exhibit follow photographer Alan Sislen’s 15-year photographic journey. Free. Visit [www.multipleexposuresgallery.com](http://www.multipleexposuresgallery.com) for more.

## FRIDAY/SEPT. 16

**Garden Talk: Grow Beautiful Bulbs.** 1:30 p.m. at Green Spring Gardens, 4603 Green Spring Road. Colorful bulbs can turn an ordinary garden into extraordinary. Planted in mass displays, small groupings or containers, they are a welcome sight in any garden. Learn from master gardeners about a variety of beautiful bulbs and how to plant and care for them. Admission is \$10 for county residents, \$12 for out-of-county residents. Call 703-642-5173 or visit [www.fairfaxcounty.gov/parks/greenspring/](http://www.fairfaxcounty.gov/parks/greenspring/).

## FRIDAY-SATURDAY/SEPT. 16-17

**Children’s Consignment Sale.** 9 a.m.-8 p.m. Friday, 9 a.m.-12 p.m. Saturday at Cameron United Methodist Church, 3130 Franconia Road. Call 703-971-7957 to become a seller, or email [CUMC.CCS@gmail.com](mailto:CUMC.CCS@gmail.com) for more.

## SATURDAY/SEPT. 17

**Lush Autumn Container Workshop.** 9:30 a.m. or 11 a.m. at Green Spring Gardens, 4603 Green Spring Road. With creative help from horticulturalist Nancy Olney, pair colorful edibles and showy tender perennials for a lush autumn mix of container plants that are sure to grab attention. Admission is \$35 for county residents, \$37 for out-of-county residents, plus a supply fee. Call 703-642-5173 or visit [www.fairfaxcounty.gov/parks/greenspring/](http://www.fairfaxcounty.gov/parks/greenspring/).

**Case Remodeling Seminar.** 10:30-11:30 a.m. at Case Mosaic Tile Showroom, 821 S. Pickett St. Case Design/Remodeling experts will help participants gain insight into the latest trends and different levels of kitchen and bath remodeling, as well as project timeframes and budgeting.

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# ENTERTAINMENT

Free. Visit [www.casedesign.com](http://www.casedesign.com)

**Barley & Music Fest.** 12-6 p.m. at John Carlyle Square Park. Attend the first annual Barley & Music Fest to find over a dozen craft breweries, music, and more. Admission to the festival is free, but drink tickets are \$15 for 5, additional tastes may be purchased for \$1. Visit [www.barleymusicfest.com](http://www.barleymusicfest.com) for more.

## SATURDAY-SUNDAY/SEPT. 17-18

**Colonial Market And Fair.** 9 a.m.-5 p.m. at George Washington's Mount Vernon, 3200 Mount Vernon Highway. Visit the 18th century at this colonial celebration featuring crafting demonstrations, puppet shows, military drills, and traditional food and music. Tickets are \$9-17. Children age 5 and under are free. Visit [www.mountvernon.org](http://www.mountvernon.org).

**King Street Art Festival.** 10 a.m.-7 p.m. Saturday, 10 a.m.-5 p.m. Sunday at King Street from Washington Street to the Potomac River waterfront. Outdoor Art Festival featuring multiple art vendors on King Street between Washington and Union Streets with over six blocks of artwork by more than 200 artists. Free. Visit [www.artfestival.com/cities/alexandria](http://www.artfestival.com/cities/alexandria).

**Kingstowne Area Arts Show.** 11 a.m.-5 p.m. Saturday, 12-5 p.m. Sunday at Snyder Center, 6450 S. Van Dorn St. Work in a variety of media will be on display. Free. Visit [www.kingstowneartists.org](http://www.kingstowneartists.org) for more.

## TUESDAY/SEPT. 20

**Beating the Odds: Using Indirect Evidence to Solve Brick Walls** 1-3 p.m. at Hollin Hall Senior Center, 1500 Shenandoah Road. Genealogist

Vic Dunn talks about using various types of indirect evidence to "prove" relationships when direct evidence is lacking. Free. Visit [www.mvgenalogy.org](http://www.mvgenalogy.org) or call 703-768-4101.

## FRIDAY/SEPT. 23

**Civil War Talk.** 12-1:30 p.m. at Washington Street United Methodist Church, 109 S. Washington St. Washington Street UMC will host a lunch talk on the church's history as a hospital during the Civil War. The speaker will be church member Mark Tooley, who has written books and articles on the Civil War and church history. Free. Call 703-836-4324.

## SATURDAY/SEPT. 24

**St. Luke's Annual Craft Fair.** 9 a.m.-2 p.m. at St. Luke's Episcopal Church, 8009 Fort Hunt Road, Mount Vernon. Connect with old friends and neighbors. Cold drinks and luncheon items from the St. Luke's grill will be available, along with a bake sale featuring cakes, pies, cookies and brownies. Also fresh produce from a nearby farm, entertainment provided by a guest guitarist and two local pianists. For children, there will be a moonbounce, face-painting and games. Visit [www.saintlukeschurch.net](http://www.saintlukeschurch.net) or call 703-765-4342 for more.

**75th Annual Historic Alexandria Homes Tour.** 10 a.m.-3 p.m. in Old Town Alexandria. For the 75th annual Historic Alexandria Homes Tour, the public may visit six historic homes and gardens in Old Town Alexandria, all within walking distance of one another. Proceeds benefit Inova Alexandria Hospital. Tickets are \$35 through Sept. 25 and

may be purchased online. Thereafter, tickets are \$40 and may be purchased at The Twig's Thrift Shop, 106 N. Columbus St. Visit [www.thetwig.org/homes-tour](http://www.thetwig.org/homes-tour) for more.

## Garden Program: All About Figs.

10 a.m. at Green Spring Gardens, 4603 Green Spring Road. Smithsonian Gardens educator Cindy Brown will share some history and fun facts about figs. Learn how to successfully grow a delicious crop of figs and get a few recipes to try at home. Admission is \$15 for county residents, \$17 for out-of-county residents. Call 703-642-5173 or visit [www.fairfaxcounty.gov/parks/greenspring/](http://www.fairfaxcounty.gov/parks/greenspring/).

## Workshop: Autumn Seed Collecting.

10:30 a.m. at Green Spring Gardens, 4603 Green Spring Road. Join horticulturist Judy Zatsick to learn the basics of seed saving: when and how to collect seed, cleaning, drying and labelling seed, how to store your seeds and when to plant them for best results. Admission is \$18 for county residents, \$20 for out-of-county residents, plus a supply fee. Call 703-642-5173 or visit [www.fairfaxcounty.gov/parks/greenspring/](http://www.fairfaxcounty.gov/parks/greenspring/).

**Mount Vernon Celebration! A Community Showcase.** 11 a.m.-3 p.m. at Inova Mount Vernon Hospital, 2501 Parkers Lane. The 2016 Celebration will feature a church choir competition. Inova will provide health screenings and the Bloodmobile will come for a community blood drive. Free. Visit [www.celebrationmvl.org](http://www.celebrationmvl.org).

**Alexandria Symphony Orchestra Family Fall Festival.** 12-4 p.m. at Fort Ward Park, 4301 W. Braddock Road. Find activities for kids, live music, food trucks, beer, wine, and

more. Tickets are \$20 for adults, free for children 13 and under. Call 703-548-0885 or visit [www.alexsym.org](http://www.alexsym.org).

**Tea with Lady Washington.** 2-3 p.m. at Mount Vernon, 3200 Mount Vernon Memorial Highway, Mount Vernon. Step back in time and join "Lady Washington" for a cozy fireside tea as she shares memories of her and the General's life as a young married couple, during the Revolutionary War, and at their beloved Mount Vernon. Following the program, guests are invited to a self-guided exploration of the estate and Mount Vernon's beautiful decorative arts collection. Tickets are \$35. Visit [www.mountvernon.org](http://www.mountvernon.org).

## SUNDAY/SEPT. 25

**Run! Geek! Run!** 8 a.m. at Potomac Yard. All proceeds from Run! Geek! Run! will go directly to support the nonprofit Capitol Post. Capitol Post offers veterans in the Washington, DC., region personalized guidance through mentoring, business counseling, and access to key resources, programs, and leaders. Their mission is to establish and cultivate the top community for veterans to start a business, grow a business or explore a new career. Registration is \$30-50. Visit [www.rungeekrun.net](http://www.rungeekrun.net) for more.

## Family Fun: Fall Flower Tea Party.

1 p.m. at Green Spring Gardens, 4603 Green Spring Road. Make a small bouquet to take home and sample different flower teas. Admission is \$15 for county residents, \$17 for out-of-county residents. Call 703-642-5173 or visit [www.fairfaxcounty.gov/parks/greenspring/](http://www.fairfaxcounty.gov/parks/greenspring/).

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### Good Shepherd Catholic Church Mass Schedule

**Saturday:**  
5:00 pm Vigil Mass  
6:30 pm Vigil Mass  
(en Español)

**Sunday:**  
7:30 am; 9:00 am  
(with Sign Language  
Interpreter and  
Children's Liturgy of  
the Word); 10:30 am;  
12:00 Noon; 2:00 pm  
(en Español); 6:30 pm

**Monday-Saturday:**  
9:00 am Mass  
(Rosary at 8:30 am)

**En Español:**  
Monday, 6:30 pm;  
Thursday, 7:30 pm;  
First Friday, 7:30 pm

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Tel: 703-780-4055 Fax: 703-360-5385 • [www.gs-cc.org](http://www.gs-cc.org)

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# MGM Officials Brief Chamber on National Harbor Hotel and Casino

FROM PAGE 1

## Details

fer an added attraction for conventioners, tourists, and local and regional vacationers wanting a change of atmosphere and the ultimate in entertainment .

According to Boasberg, the company has hired 200 employees so far. The plan is to hire 3,600 employees. Half of all the employees hired must reside in Maryland.

Their marketing will target east coast customers He showed a video of the MGM National Harbor projected design plans and projected offerings. "We are excited to connect with the 100 local business people. It was a great opportunity to highlight the MGM National Harbor experience and provide a glimpse of what visitors will see. We look forward to hosting everyone," Boasberg said.

Mount Vernon Supervisor Dan Storck asked several questions, including what opportunities or plans were there to partner with local schools such as Mount Vernon schools and others who offer hospitality curricula to students. Boasberg replied they were very sensitive to their corporate social responsibilities to the community, and will be supportive of

- MGM Hotel and Casino**
- ❖ A 4.5 Star hotel with 308 rooms and 74 luxury suites ranging in size from 588 s.f. to 3,210 s.f.
  - ❖ A seasonal pool
  - ❖ A 18,000 s.f. high-end, branded retail space
  - ❖ A theatre for 3,000-4,000 guests
  - ❖ A Sports Bar that will include 95 TVs.
  - ❖ Parking for 5,000 cars
  - ❖ 135,000 s.f. of gaming space with 3,600 slot machines, and 140 gambling tables
  - ❖ A spa
  - ❖ Seven restaurants — gourmet chefs in some
  - ❖ 27,000 s.f. of meeting and event space
  - ❖ Approximately 3,600 employees
- The resort spaces will include a permanent collection of art inspired by Washington metro area artists, sculptors, and photographers.
- Contact Information  
MGM National Harbor.com  
Inquiries: 301-971-6111  
or Dasha Ross-Smith  
301-971-5727



PHOTOS BY GERALD A. FILL/THE GAZETTE

**George Ksenics, chairman Mount Vernon-Lee Chamber; Jane Gandee, president of the chamber; Bill Boasberg, MGM National Harbor general manager; Sarah Moore, executive director of Marketing and Retail; and Patrick Fisher, executive director, Hotel Operations.**

ways to connect to the community, but did not offer any specifics.

Comments from the chamber attendees were supportive and the questions related to timing of

the opening and what was being offered. MGM officials directed the attendees to their website, which

will be updated as progress is made in many areas. The MGM speakers said that completion of

construction and getting the many departments and buildings ready to open was a priority right now.



**Mount Vernon Gazette publisher Jerry Vernon with Sarah Moore, executive director of Marketing and Retail, MGM National Harbor.**



PHOTO CONTRIBUTED

**Aerial view of the MGM Casino and Hotel construction in progress .**

## CRIME REPORT

The following incidents were reported by the Mount Vernon District Police Station.

**TRAFFIC PURSUIT/NARCOTICS/ARREST:** Richmond Highway/Quander Road, Aug. 12, 5:40 p.m. An officer conducted a traffic stop and detected an odor of marijuana. The man driving the vehicle allegedly assaulted the officer and then drove away. A short pursuit ensued and the vehicle came to a stop. The driver, a 44-year-old man from Triangle, Va. and the passenger, A 45-year-old woman from District Heights, Md., were both arrested, transported to the adult detention center, and charged with possession with intent to distribute marijuana, obstruction of justice, and assault on law enforcement.

**AUG. 12-24**  
LARCENIES  
2600 block of Arlington Drive, bicycles from residence  
3400 block of Buckman Road, catalytic converter from vehicle  
3300 block of Lockheed Boulevard, catalytic converter from vehicle  
7400 block of Mount Vernon Square Center, liquor from business  
2500 block of Parkers Lane, phone from business  
2500 block of Parkers Lane, tools from vehicle  
7200 block of Richmond Highway, phone from vehicle  
9100 block of Richmond Highway, personal documents from business  
**AUG. 11**  
LARCENIES  
7500 block of Richmond Highway, bicycles from residence

STOLEN VEHICLES  
7800 block of Flamingo Drive, 2007 Piaggio mop  
**AUG. 10**  
LARCENIES  
7900 block of Audubon Avenue, keys from vehicle  
2000 block of Huntington Avenue, laptop computers and camera from vehicle  
2300 block of Huntington Avenue, beer from business  
2500 block of Parkers Lane, phone from business  
**AUG. 11**  
LARCENIES  
4300 block of Cedar Lake Court, necklace from residence  
7700 block of Finch Court, bicycle from residence  
2500 block of Parkers Lane, wallet from vehicle

## VOLUNTEER OPPORTUNITIES

Email announcements to [gazette@connectionnewspapers.com](mailto:gazette@connectionnewspapers.com).

**Volunteer Fairfax** makes it easy for individuals and families, youth and seniors, corporate groups and civic clubs to volunteer. Fulfill hours, give back, or pay it forward through a variety service options. Visit [www.volunteerfairfax.org](http://www.volunteerfairfax.org) or call 703-246-3460.

**STEM VOLUNTEERS.** The American Association for the Advancement of Science (AAAS) needs scientists, engineers, mathematicians, and physicians to assist K-12 STEM (Science, Technology, Engineering, Mathematics) teachers in the Northern Virginia Area, during the 2016-17 school year. In the 2015-16 school year, the numbers of STEM volunteers in Northern Virginia were: Fairfax County - 40, Arlington - 20, and Alexandria - one. Details of the

collaboration are worked out between the teacher and the volunteer, and may involve giving demonstrations, assisting in lab experiments, lecturing on special topics, assisting with homework, etc. The hours are flexible, and volunteers attend a one-day training in September before being assigned to schools. To volunteer, contact [donaledrea@aol.com](mailto:donaledrea@aol.com).

**Fairfax County's Community Services Board** is seeking volunteer office assistants. Volunteers are needed to assist CSB staff with greeting guests, making reminder phone calls, data entry, filing, shredding, stocking shelves, and other duties as needed. Hours are flexible, but would be during normal business hours. Visit [www.fairfaxcounty.gov/csb/viva/volunteers.htm](http://www.fairfaxcounty.gov/csb/viva/volunteers.htm) for more.



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-Werner Heisenberg

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email: kiddiecountryii@aol.com  
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# CLASSIFIED

## 21 Announcements 21 Announcements

### Obituary

**Vincent A. "Chip" Carlin III**, Vice Chairman of the Alexandria Board of Architectural Review - Old & Historic District, died unexpectedly in his home on July 29th, at the age of 62.

Chip was born on August 6, 1953 in Maryland to the late Vincent A. Carlin and Harriet Grimes Carlin. Chip grew up locally on Church Street, at the southern end of Old Town. He graduated from the University of Kentucky with a degree in architecture, and moved back to Alexandria to practice locally. He renovated his first property on Commerce Street in 1979. Chip later founded his own architectural business, The Carlin Company. Chip is survived by his son, Jack Thomas Carlin Harrell, and many loving friends and family from Virginia to Kentucky.

Funeral services will be held at St. Mary's Catholic Church located at 310 S. Royal St in Alexandria at 12:00pm, followed immediately by a celebration of Chip's life at St. Mary's Lyceum.

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## 21 Announcements 21 Announcements

### ALEXANDRIA CITY PUBLIC SCHOOLS REQUEST FOR PROPOSAL NUMBER 16-08-05

The Alexandria City School Board dba Alexandria City Public Schools is seeking competitive proposals from qualified Offerors to provide a Grade Level Feasibility Study.

Sealed Proposals with the notation RFP# 16-08-05 Grade Level Feasibility Study will be received in the Central Procurement Office, 1340 Braddock Place, Suite 620, Alexandria, Virginia 22314, on or before 3:00 pm, August 30, 2016. The time of receipt shall be determined by the time clock stamp in the Procurement office. Proposals appropriately received will be opened and the names of the firms responding will be read aloud. RFP documents may be obtained at the above Procurement Office or by calling 703-619-8181, or by downloading the RFP from the ACPS website at <http://www.acps.k12.va.us/financial-services/purchasing/bids.php>

ACPS reserves the right to cancel this RFP and/or reject any or all proposals and to waive any informalities in any proposal.

Chris Guy  
Procurement Manager

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## 21 Announcements 21 Announcements

### ALEXANDRIA CITY PUBLIC SCHOOLS REQUEST FOR PROPOSAL NUMBER 16-08-02

The Alexandria City School Board dba Alexandria City Public Schools is seeking proposals for a Phonics Program at John Adams Elementary School.

Sealed Proposals with the notation RFP# 16-08-02 Phonics Program will be received in the Central Procurement Office, 1340 Braddock Place, Suite 620, Alexandria, Virginia 22314, on or before 3:00 pm, August 22, 2016. The time of receipt shall be determined by the time clock stamp in the Procurement office. Proposals appropriately received will be opened and the names of the firms responding will be read aloud. RFP documents may be obtained at the above Procurement Office or by calling 703-619-8162, or by downloading the RFP from the ACPS website at <http://www.acps.k12.va.us/financial-services/purchasing/>

All questions answered will be posted as an addendum to the ACPS web site.

No RFP may be withdrawn for a period of ninety (90) days after the opening of proposals except as may be set forth in the RFP.

ACPS reserves the right to cancel this RFP and/or reject any or all proposals and to waive any informalities in any proposal.

Gerald W. Amacker (Jerry)  
ACPS Senior Buyer

## 21 Announcements 21 Announcements

### ALEXANDRIA CITY PUBLIC SCHOOLS REQUEST FOR PROPOSAL NUMBER 16-07-05

The Alexandria City School Board dba Alexandria City Public Schools is seeking proposals for Commissioning Agent Services for Patrick Henry Pre-K8 School and Recreational Facility.

Sealed Proposals with the notation "Commissioning Services", RFP# 16-07-05, will be received in the Central Procurement Office, 1340 Braddock Place, Suite 620, Alexandria, Virginia 22314, on or before 3:00 pm, September 1, 2016. The time of receipt shall be determined by the time clock stamp in the Procurement office. Proposals appropriately received will be opened and the names of the firms responding will be read aloud. RFP documents may be obtained at the above Procurement Office or by calling 703-619-8343, or by downloading the RFP from the ACPS website at [www.acps.k12.va.us](http://www.acps.k12.va.us), Administration, Financial Services, Procurement and General Services – Current Bids and Request for Proposals.

All questions should be submitted before 4:30 p.m., August 26, 2016. If necessary, an addendum will be issued and posted to the ACPS web site.

No RFP may be withdrawn for a period of ninety (90) days after the opening of proposals except as may be set forth in the RFP.

ACPS reserves the right to cancel this RFP and/or reject any or all proposals and to waive any informalities in any proposal.

Sharon T. Lewis M.P.S., CPPB, VCO  
Director of Procurement & General Services

## 21 Announcements 21 Announcements

### LEGAL NOTICE

Pursuant to the provision of section 4-1-16 of the code of the City of Alexandria, the Alexandria Police Department located at 3600 Wheeler Avenue, Alexandria, VA 22304 is now in possession of unclaimed bicycles, mopeds, lawn equipment, money, scooters, and other items. All persons having valid claim to the property should file a claim to the property with reasonable proof of ownership or the items will be sold, destroyed, converted or donated. For a complete listing go to <http://alexandriava.gov/police/> and contact the Police Property Section at (703) 746-6709.

## 21 Announcements 21 Announcements

### VIRGINIA: IN THE CIRCUIT COURT FOR THE CITY OF ALEXANDRIA

YANINA TULL, Personal Representative  
of VIKTOR CHORNYI,

Plaintiff,

Case No: CL 15001224

v.

Kathleen M. Cleland, M.D., et als.

Defendants

### ORDER OF PUBLICATION

The reason for this cause is to notify Igo Chornyy and Genadij Chornyy who are persons having an interest in the estate of Viktor Chornyy of a hearing for the purposes of the approval of a compromise settlement in the above-referenced matter on or about September 27, 2016 at 9:00am in the Alexandria Circuit Court. An affidavit having been made and filed showing that Igo and Genadij Chornyy, interested persons in the settlement of the above referenced cause, cannot be found, and that diligence has been used without effect to ascertain the location of the persons to be served, and the last known whereabouts of Igor Chornyy was in Ukraine and the last known whereabouts of Genadij Chornyy was in Ukraine or Russia.

Upon consideration whereof, this Order of Publication is granted, and is ORDERED that the above-named interested persons do appear here on or before September 27, 2016 which date is no sooner than fifty(50) days after entry of this Order of Publication.

It is further ORDERED that this Order of Publication be published once a week for four(4) weeks in the Alexandria Gazette newspaper, a newspaper of general circulation in the City of Alexandria, Virginia and that a copy of this Order be posted at the front door of the courthouse wherein this Court is held. Entered this 28th day of July, 2016.

### WE ASK FOR THIS:

Wayne Mansulla, Esq VSB#14435  
4900 Seminary Rd  
Suite 650  
Alexandria, VA 22311  
Counsel for Plaintiff

C.J. Stuart Thomas, III VSB # 26279  
TIMBERLAKE, SMITH, THOMAS & MOSES P.C.  
25 North Central Avenue  
P.O. Box 108  
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fx 540-885-4537  
Counsel for Liza Do Le, M.D.

## 21 Announcements 21 Announcements

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## BULLETIN BOARD

FROM PAGE 5

administrative building located at 8270 Willow Oaks Corporate Drive, Fairfax. Willow Oaks is open Monday-Friday, 8 a.m.-5 p.m. Extended hours will be provided until 8 p.m. on Tuesday, Aug. 23, and Thursday, Sept. 8.

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### SATURDAY/SEPT. 10

**Supervisor Dan Storck** holds open office hours at the Lorton Library (9-11:30 a.m.) and at the Mount Vernon Governmental Center office (12:30-3 p.m.) on the second Saturday of each month (except August). Call 703-780-7518 for a 15-20 minute appointment, which could result in a longer subsequent meeting during the work week, if needed. He may meet with walk-ins as time permits between appointments.

**Family Hunger Action Day.** 11 a.m.-1:30 p.m. at Capital Area Food Bank's Northern Virginia Distribution Center, 6833 Hill Park Drive, Lorton. Pack bags of nutritious groceries for children and seniors at risk of hunger. Open house tour of the facility that distributes 14 million pounds of food across Northern Virginia each year. Sample lunch featuring ingredients the Capital Area Food Bank provides to children, courtesy of Jeffery's Catering. Free, space is limited. Register at [www.capitalareafoodbank.org/family-hunger-action-day](http://www.capitalareafoodbank.org/family-hunger-action-day).

### SEPT. 10-21

**2016 Northern Virginia Senior Olympics.** Online registration will open July 5. Registration forms will be mailed to previous participants in late June and will be available at community and senior centers, senior residences and event venues. The registration fee of \$12, which covers multiple events, remains the same. Three events have an added fee, ten pin bowling, golf and orienteering. Deadline for registering is Aug. 27 (by mail), Sept. 3 (online). Call 703-830-5604 or email [nvso1982@gmail.com](mailto:nvso1982@gmail.com) for more. To volunteer, call 703-403-5360.

### SATURDAY/SEPT. 17

**Mount Vernon Day To Serve.** 9-11 a.m. at Heritage Presbyterian Church Fellowship Hall, 8503 Fort Hunt Road. Mount Vernon community volunteers will be preparing meal packets in support of Food for Others which provides for children in Fairfax County Public schools in the Mount Vernon area. Contact Mary Oliver at 703-341-6179 or [olivermary@cox.net](mailto:olivermary@cox.net).

### TUESDAY/SEPT. 20

**Mental Wellness for Older Adults.** 1-2 p.m. at Sherwood Regional Library, 2501 Sherwood Hall Lane. For Older Virginians' Mental Health Month in September Fairfax County is hosting three community presentations with licensed county therapists and specialists in wellness resources for older adults. Call 703-324-7006 for more information and ADA accommodations.

### SATURDAY/OCT. 8

**Supervisor Dan Storck** holds open office hours at the Lorton Library (9-11:30 a.m.) and at the Mount Vernon Governmental Center office (12:30-3 p.m.) on the second Saturday of each month (except August). Call 703-780-7518 for a 15-20 minute appointment, which could result in a longer subsequent meeting during the work week, if needed.

He may meet with walk-ins as time permits between appointments.

### SUPPORT GROUPS

**Family Support Group.** 7 p.m. on the second and fourth Wednesdays of the month at Gartlan Center, 8119 Holland Road. Opportunity for discussion, information and support for families with members experiencing symptoms of mental illness.

Professionally facilitated. Program varies, may include guest speakers, movies.

Pre-registration is appreciated, but not required.

Free. For more information contact Nga Nguyen at 703-799-2726, TTY 711.

**Telephone Support Group.** 7-8 p.m. on the 2nd Tuesday of the month. For family caregivers of older adults. Discuss "Keeping Organized as a Caregiver: What Works?" Share experiences, gain support and get information without having to travel. Free. [www.fairfaxcounty.gov/dfs/olderadultservices](http://www.fairfaxcounty.gov/dfs/olderadultservices).

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### GUTTER

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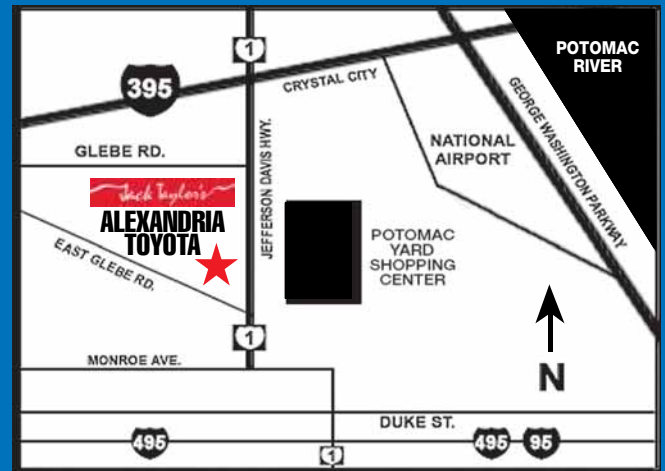
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**SUMMER MAINTENANCE SPECIAL \$59<sup>95</sup>**  
**INCLUDES:** Genuine Toyota oil filter, up to 5 qts of conventional oil, inspect windshield wipers, tire rotation, check tire condition, check battery (with print-out), inspect and adjust all fluid levels, inspect air & cabin air filters Alexandria Toyota's 27 pt. inspection.  
**SYNTHETIC OIL \$149.95 MORE.** NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF PURCHASE. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 8/31/16.

**SUNDAY ONLY SPECIALS**  
**TOYOTA GENUINE SERVICE**  
**LUBE, OIL & FILTER SERVICE \$29<sup>95</sup> \$49<sup>95</sup>**  
**NON-SYNTHETIC PLUS FREE TIRE ROTATION**  
**SYNTHETIC**  
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**DETAIL SPECIALS**  
**STANDARD HAND-WASH & VACUUM Recommended Monthly \$39<sup>95</sup>**  
**Vacuum carpets, floor mats, upholstery & trunk, wipe down dash board, console & door panels, wash wheels, tires & fender wells, hand wash exterior door jams, and dress tires.**

**TOYOTA GENUINE SERVICE**  
**LUBE, OIL & FILTER SERVICE SPECIAL \$29<sup>95</sup> \$49<sup>95</sup>**  
**NON-SYNTHETIC SYNTHETIC**  
**INCLUDES:** Change oil (up to 5 qts.), install Genuine Toyota oil filter, inspect & adjust all fluid levels and complimentary multi-point inspection with print out.  
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**TOYOTA GENUINE SERVICE**  
**QUALITY HAND-WASH VACUUM & WAX Recommended Every 6 Months \$139<sup>95</sup>**  
**Hand wash exterior door jams, wash wheels, tires & fender wells, hand-wax or glaze, vacuum carpets, upholstery & trunk, clean interior vinyl & leather, clean dash board, vents, console, door panels & windows, and dress tires.**

**TOYOTA GENUINE SERVICE**  
**VARIABLE DISCOUNT**  
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**Full interior & exterior detailing, including trunk, shampoo carpets, upholstery & trunk, clean interior vinyl & leather plus conditioning, wash wheels, tires, fender wells & door jams, hand wax exterior, buff & polish, wax or glaze application, tar & sap removal, dress tires, rubber molding & trim, clean dashboard, vents, console plus door panels, clean overhead liner, ashtrays & windows, and engine cleaning.**  
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**30000 MILES FACTORY RECOMMENDED SERVICE \$159<sup>95</sup>**  
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**8708 Plymouth Rd**  
**\$1,559,000**

**New Build Just Completed!**

Best of both worlds-classic American Four Square exterior combined with stunning modern floor plan and amenities. Numerous features include open floor plan, high ceilings, top line kitchen and baths, screened in porch, the list goes on. Prime location on half acre level lot in popular Plymouth Haven. Finishing touches just completed!!



**9515 Mt. Vernon Lndg**  
**Brick Colonial - Steps from Marina.**

**COMING SOON**

Unique nautical environment, with some river views and steps from marina in Mt. Vernon on the Potomac. The area's premier waterfront community. Spacious home has many features include: 3 finished levels, large room sizes, updated kitchen, brick exterior and 2 car garage. Expansive rear deck overlooks spacious grounds. A truly unique opportunity!



**3006 Doeg Indian Ct.**  
**\$679,950**

**OPEN SUNDAY**

Fabulous Wessynton Opportunity!

Spacious 2 level mid-century contemporary! Glass walls bring light to both levels. Major updates throughout include: windows & glass doors (renewal by "Anderson"), "Trane" HVAC system & hot water heater, interior and exterior painting, extensive landscaping and hardscaping enhance the beautifully wooded grounds. Easy walk to community pool and waterfront facilities.



**3808 Washington Woods Dr.**  
**\$1,299,000**

**OPEN SUNDAY**

Absolute Perfection

Best of both worlds. Stately colonial exterior combined with stunning bright open floor plan. Enhanced by over \$400,000 in recent expansion and upgrades including: Kitchen, 3.5 Baths, HVAC system and cedar shake roof. Other features include: Three beautifully finished levels and three car garage. Custom "Trex" deck overlooks magnificently landscaped grounds. True one of a kind property!



**9419 Mt. Vernon Cir.**  
**\$1,299,000**

One of the area's most distinctive properties!

Custom estate caliber home with classic French Provincial flair. Premier location in Mt. Vernon on the Potomac-the only community in the area with a private marina for the exclusive use of its' residents. Imposing residence with many custom touches including open foyer with double curved stairway, custom white brick exterior, high ceilings, spacious room sizes and oversize garage. Columned veranda overlooks pool and grounds.



**4700 Tarpon Lane.**  
**\$548,950**

**JUST LISTED**

Mid-Century - Near the River!

Best price in fabulous Yacht Haven Estates for classic mid-century modern model. Features: Large room sizes, soaring cathedral ceilings enhanced by multiple skylights. Many upgraded items including: furnace, hot water heater, roof & insulation, and patio. Prime location on large lot just steps away from river front marina facilities. Check the comps, two recent neighboring sales for over \$700k!!!!



**4218 Dandridge Terr**  
**\$675,000**

New England Style Colonial!

Magnificent 5 BR, 3.5 BA in prime location on beautifully landscaped lot fronting quiet cul-de-sac. Rare, 3 car garage! Other special features include: 3 finished levels with full walk out lower level, thermal windows, open kitchen to family room, well maintained hardwoods on both main levels, & expansive exterior decking. Home is in pristine, move in condition. Exceptional value!



**9421 Coral Lane**  
**\$775,000**

**SOLD**

One level living at its finest!

**4520 Dolphin Lane**  
**\$745,950**

Great setting!



**Wakefield Homes**  
**Pre-Construction Opportunity!**

**8717 Plymouth Rd.**  
**\$1,399,000\***

**JUST LISTED**

• New Nelson II Model- 3,525 sf

- 1/2 Acre Lot in Plymouth Haven
- Open floor plan - High ceilings
- Upgrades throughout
- Finished recreation room & bathroom in basement
- Maximum opportunity to customize



**8803 Mansion Farm Pl**  
**\$668,950**

**SOLD**

Treetop Wonderland

**4107 Adrienne Drive**  
**\$499,900**

Stunning home!

**CONTRACT!**



**9310 Allwood Ct.**  
**\$639,900**

**SOLD!**

Unique Opportunity

**2814 Bass Ct.**  
**\$599,500**

True One Level Living!

**SOLD!**



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