

THINKING OF SELLING **YOUR HOME?**

Min & Jimmy **YOUR Neighborhood Specialists!**



FREE

- Staging Consultation
- Right-Priced Analysis
- Tips to Improve Value

CALL US TODAY! OVER 2,000 HOMES SOLD

Samson

Top Dollar/ Properties Quick Results
Since 1986

FIVE-STAR SERVICE! www.virginiahomeforyou.com **703.307.4095 □ R** For a free digital subscription to one or all of the 15 Connection Newspapers, go to

www.connectionnewspapers.com/ subscribe

Be the first to know – get your paper before it hits the press.

Complete digital replica of the print edition, including photos and ads, delivered weekly to your e-mail box.

Questions? E-mail: goinggreen @connection newspapers.com

CONECTION NEWSPAPERS

To Highlight

your Faith

Community,

Call Karen at

703-917-6468



Meet your friends and local farmers Saturday mornings at the **Reston Farmers** Market, # 1 in NoVA!











COMMUNITIES OF WORSHIP

Welcoming, Diverse, Progressive

ST. ANNE'S **EPISCOPAL CHURCH • Reston**



8:00 a.m. Holy Eucharist, Rite I 10:00 a.m. Holy Eucharist, Rite II **5:00 p.m.** Come Just as You Are Contemporary Service

Nursery care provided at 10:00 a.m. service

The Rev. Laura Cochran, Priest-in-Charge

703-437-6530

www.stannes-reston.org 1700 Wainwright Dr., Reston

SUICIDE PREVENTION WEEK

September 5th - 11th, 2016

PRS, Inc. and Connection Newspapers team up for

#Minds Matter



a Social Media Campaign promoting suicide prevention and mental wellness



#MindsMatter gives everyone a chance to raise awareness about suicide prevention. Pledge today at prsinc.org/mindsmatter to:

- Follow PRS Facebook and Twitter pages
- Submit a selfie showing support of National Suicide Prevention Week
- Participate in the American Foundation for Suicide Prevention's walk
 - #Take5 to learn the signs of suicide prevention
 - Make a donation
 - · Read and share stories about hope

prsinc.org/mindsmatter



Real Estate Career? Part Time or Full Time!

Online Virginia Real Estate Course Final Exam Prep in our Reston Office \$229 w/promo code STARTNOW

703-476-1747



News

GRACE to Present Shih Chieh Huang's Synthetic Transformations

he Greater Reston Arts Center will present Synthetic Transformations, a dynamic gallery experience by multimedia artist and 2014 TED Talk Fellow Shih Chieh Huang, sponsored by Leidos and the Arts Council of Fairfax County. From Sept. 16 through Nov. 19, 2016, Huang will present an installation featuring interactive elements created from a variety of media including LED lights, motion sensors, computer parts, screens and mundane materials such as plastic bags and Tupperware. With these humble components, Huang creates magical, immersive environments, featuring sculptures that respond to the viewer's presence with movement, sound and illumination. Inspired in part by phosphorescent deep-sea creatures, Huang's work is a fascinating blend of art, science and technology.

Taiwan-born artist Shih Chieh Huang is well known for his innovative sculptural installations, which blend adaptive technologies with aesthetic and scientific concerns to create work that is multisensory and interactive. The artist's work has been featured in solo and group exhibitions both nationally, including in the Smithsonian's National Museum of Natural History, Rhode Island School of Design Museum of Art, and Yerba Buena Center for the Arts, and internationally in Australia, Asia and Europe. Huang is also a former Smithsonian research fellow. Huang's work will be installed at the Greater Reston Arts Center at the Reston Town Center, which will be transformed into a "black box" setting to accommodate his site-specific installation.

"Shih Chieh's work is an excellent fit for the Greater Reston Arts Center, which is situated within a recognized technology corridor. This exhibition establishes relevant and enlightening connections between art and technology," exhibition curator Holly Koons McCullough said. "Perhaps more importantly, it inspires wonder and sparks the imagination, delighting the viewer with the artist's ability to transform the mundane and utilitarian into the magical."

GreaterRestonArtsCenter is located at 12001 Market Street, Suite 103, Reston. Tel: 703-471-9242. restonarts.org; info@restonarts.org

News

Rescue Reston to Hold 2nd Annual Golf Tournament

n Monday, Oct. 3 Rescue Reston will hold its 2nd annual fundraising golf tournament at Reston National Golf Course. Rescue Reston is the citizens' organization created four years ago to prevent Northwestern Mutual's plans to destroy 166 acres of recreational open space in Reston.

Rescue Reston joined Reston Association and Fairfax County to bring three separate issues before the Board of Zoning Appeals and the Circuit Court. Over the last four years, the law firm of Greehan, Taves, Pandak & Stoner has expertly represented Rescue Reston. The success in the court system increased the need for legal defense funds. Through specific fundraising events organized by Rescue Reston, including doorto-door solicitations, the organization has resolved 74 percent of the \$151,169 fouryear legal bill.

Rescue Reston is self-funded and is separate from Reston Association and Fairfax County. "We have a strong committee and are working very hard for this year's golf tournament to resolve this last portion of our legal obligation. We are off to a great start this year with significant contributions. Yet we have a way to go. There are plenty of opportunities for members of the community and businesses to participate in or sponsor the tournament," said John



McCrea Family, from left — John, Kellie, Natalie, Trudy enjoying the open space on the RA path behind the 13th green. Rescue Reston has reached a matching \$5000 Challenge Goal set by John McCrea, President of Achieve-It, LLC, a Green Jacket sponsor of the 2016 tournament.

Pinkman, chairman of the golf tournament. Sponsorships are available at many different levels. A unique sponsorship offered

this year is the "First Responder Foursome," an opportunity to honor those who serve by sponsoring four first responders for an afternoon of golf. You can also choose three first responders to join your foursome. Sponsoring a South Lakes High School Golf Team Student Athlete Foursome is also a choice. Reston National is the SLHS Golf Team's home course.

"We've been working very hard to preserve Reston's open space and the excellent standard set by the Reston Association for our extraordinary and nationally recognized planned community. Rescue Reston has been representing all the citizens of the community and now we need the community's help in this fundraising effort," Pinkman added.

Reston Association's Walker Nature Center will host a free nature hike on the RA pathways that border and cross the golf course on the same afternoon.

A short list of already committed sponsors includes Apex, Achieve-It, Carahsoft, Glory Days Grill - North Point, Internal Medicine Associates, Fairfax Ob-Gyn Associates, Elden Street Financial, Bio Green Outdoor Services, My Dad's Automotive, plus Realtors® Ray Wedell, Paul & Keith Hartke and Sam & Kathy Scoggin.

More information, registration, and sponsor opportunities can be located at www.rescuereston.org or by contacting Mr. Pinkman at 703-725-3873.

The festival will be held on Monday, Sept. 5, 11 a.m.-5 p.m. at the Downtown **Herndon and** Herndon Municipal Center Lawn, 777 Lynn Street.





Herndon **Labor Day Festival** features live music all day.

Herndon Labor Day Festival Promises Fun Wine, craft brew tasting

erndon Labor Day Festival, an annual one-day outdoor street festival featuring live music all day, Virginia wineries, local craft brews, a craft show, sponsorship gallery, and a variety of food vendors will be held on Monday, Sept. 5, 11 a.m.-5 p.m. at the Downtown Herndon and Herndon Mu- blues duo nicipal Center Lawn, 7/7 Lynn Street, Herndon. The Town of Herndon Parks and Recreation Department produces the event in conjunction with the Herndon Woman's Club. Partial proceeds go to scholarship programs.

Admission with unlimited wine tasting and 2 craft brew tastings - \$20,

entrance only - \$5. Children 12 and under free; no pets allowed; tastings end at 4

Concerts schedule:

11 a.m.-12 Acoustic Soul, classic rock and

12-1 p.m. Houk Robinson, acoustic top 40 duo

1-2:30 p.m. English Channel, 60s and 70s brit rock/pop

2:30-3:30 p.m. Sweet Yonder, bluegrass inspired Americana

3:30-5 p.m. Gringo Jingo, Santana tribute band

Featured Virginia Wineries: 868 Estate Vineyards, Cardamon Family Vineyards, Creek's Edge Winery,

Horton Vineyards, Mattaponi Winery, Rebec Vineyards, Rogers Ford Farm Winery, and Two Twisted Posts Winery.

Featured Craft Brews: Blue Mountain Classic Lager, Forge Belgian Blonde, Mad Fox Kölsch, Devils Backbone Vienna Lager, South Street Satan's Pony, and more.

The Town of Herndon Parks and Recreation Department is nationally accredited

by the Commission for Accreditation of Park and Recreation Agencies and is a four-time National Gold Medal Award winner for excellence in park and recreation management presented by the American Academy for Park and Recreation Administration. The Town of Herndon, located in western Fairfax County, is the third largest town in the Commonwealth and is home to more than 23,000 citizens.

For more information, visit the Town's website at herndon-va.gov/recreation.

and live music all day.

OPINION

Women's Equality Day Is 96 Years Young

By Peggy Knight

President, League of Women Voters of the Fairfax Area

n Aug. 26, 2016, our nation cel ebrates the Women's Equality Day for the 96th time. In only four years, we will be celebrating the centennial of this historic day recognizing the ratification of the 19th Amendment to the U.S. Constitution, which gave women the right to vote and to full citizenship for the very first time.

During this seven decade struggle, many fearless men and women suffered jail time, public disgrace, and physical assaults by the police and spectators at demonstrations. However, it was only in 1971 that Congress, by resolution, designated this day as "Women's Equality Day." This designation recognized the many sacrifices made by these women and men to achieve this ratification.

On Feb. 14, 1920, six months before ratification of the 19th amendment, The League of Women Voters, was founded by Carrie Chapman Catt, president of the National American Woman Suffrage Association, during the association's convention. Ms. Catt was a women's rights activist and a suffragist, who stated that the vote was the "emblem of equality" for all citizens, men and women.

This year, the League of Women Voters of the Fairfax Area LWVFA celebrates the selection of the country's first female nominee for President from a major party. While the League never endorses candidates or political parties, it recognizes this historical achievement for women.

The League encourages active participation by citizens. It conducts studies of important policy issues, has monthly meetings during which members discuss these issues, and uses

education and advocacy to influence public policy, at the local level, in the interest of the public. It conducts candidate forums so that citizens can ask candidates questions, candidates can answer those questions and also interact directly with the public. LWVFA also registers voters and provides them with unbiased information about the voting process, issues of interest, and elections.

To learn more about this organization, please go to its website, www.lwv-fairfax.org.

If you have any questions, please contact Adarsh Trehan at PR@lwvfairfax.org or 703-795-7281. You can also contact Peggy Knight, President, at peggy.knight1@verizon.net or 703-772-4939

The League of Women Voters of the Fairfax Area is a non-partisan political organization that encourages informed and active participation in government, to increase understanding of major public policy issues.

#MindsMatter: Lifesaving Conversations Every Day

By Wendy Gradison CEO, PRS, INC.

t's 3 p.m. School's out. Like clockwork, alerts start ringing, letting our crisis work ers know that young people are out of class, and they need to talk.

"Hi, I don't know who to talk to. I don't know what to do." Every day PRS, a local nonprofit helping those with mental health issues and facing life crises, gets texts like these through our CrisisText Connect textline.

Our trained volunteers respond and engage in life-saving conversations with teens and others who are facing life crises, steering them to help and safety. Having dialogues and making it easier to discuss problems before crisis occurs is key to preventing suicides. After all, suicide is the 10th leading cause of death nationwide and second leading cause for people aged 15-24, so the individual and societal toll

tion Week NSPW which starts Sept. 5, PRS has teamed up with Connection Newspapers to

LETTERS TO THE EDITOR

COMMENTARY

host the second annual #MindsMatter Social Media Campaign. Visit prsinc.org/ mindsmatter. We designed the campaign to encourage the community to pledge to do something that raises awareness about suicide prevention.

Our #MindsMatter campaign uses social media as a catalyst for conversation and action to prevent suicide. Our campaign deputizes the community, providing ways to "pledge" to spread the word, change minds and save lives. This is an especially important way to reach younger people with a message of

The #MindsMatter pledge outlines activities that people can do to make a difference and spread awareness before, during and after the week. Anyone can take the pledge by visiting www.prsinc.org/mindsmatter or the Connection Newspaper's social media pages. Examples of activities people can pledge to do include:

- Following PRS Facebook and Twitter pages
- Submitting a selfie showing support of

Back to School: Keeping our Kids Safe on the Way to the Classroom

National Suicide Prevention Week

- Participating in the American Foundation for Suicide Prevention's walk on Sept. 24, or the National Alliance on Mental Illness walk on Sept. 24
 - Taking a stress test
- Sharing the campaign with family and
- Setting a personal goal to improve mental health
- Reading and sharing stories about individuals who have survived a suicide attempt and/ or helping individuals cope with thoughts of
- Signing up for a suicide prevention work-

Each year, more than 42,000 Americans die by suicide. Despite this statistic, for every death, 278 people manage to move past thoughts of suicide and survive. By participating in the #MindsMatter campaign, you can play a role making it okay to discuss suicide and mental health issues openly. Take the pledge. It may just save a life.

In preparation for National Suicide Preven-

To the Editor:

It's that time of year again: back to school! As much as it pains all of us, it's time to make the drive back home from our favorite vacation spots and head to the store for new school clothes and a fresh batch of school supplies. In September, we will see more children in the roadway, either walking or biking to school and enjoying the last of the warm weather.

As motorists, we have a responsibility to take extra caution when we see children on the side of the road or crossing at a crosswalk. As many of us know, children's actions can be unpredictable, so take extra care when driving in the proximity of children or when passing through a school zone.

of way to pedestrians at a crosswalk is not just the right thing to do, it's the law. The Fairfax County Police Department will monitor school zones to educate both parents and children about staying safe as they travel to and from school. Fairfax County is a busy area, but please keep in mind that the safety of our children and others is more important than a motorist arriving more quickly to his or her destination.

When you observe a school bus dropping off or picking up children, double check that the stop sign is not extended before passing. It is very difficult to see children as they get on and off the school bus, so pay extra care and respect the rules of the road. Being involved in

Be sure to remember that yielding the right an accident with a child or a pedestrian is a risk you cannot afford to take.

> We appreciate our community for taking the time to help maintain a safe environment for our children. Together, we can ensure that our students thrive in an environment that is fun, safe, and constructive.

> > John C. Cook

Braddock District Supervisor and Public Safety Committee Chair

> Edwin C. Roessler Jr. Chief of the Fairfax County Police Department

Oak Hill & Herndon

www.ConnectionNewspapers.com

@HerndonConnect

An independent, locally owned weekly newspaper delivered Published by

Local Media Connection LLC

1606 King Street Alexandria, Virginia 22314

Free digital edition delivered to your email box. Go to connection newspapers. com/subscribe

NEWS DEPARTMENT: herndon@connectionnewspapers.com

Kemal Kurspahic

Editor * 703-778-9414 kemal@connectionnewspapers.com

Ken Moore

Community Reporter 240-393-2448 kmoore@connectionnewspapers.com

Ryan Dunn

Contributing Writer @rdunnmedia

ADVERTISING:

For advertising information sales@connectionnewspapers.com 703-778-9431

Debbie Funk

Display Advertising/National Sales 703-778-9444 debfunk@connectionnewspapers.com

Andrea Smith

Classified Advertising, 703-778-9411 classified @connection newspapers.com

David Griffin

Marketing Assistant 703-778-9431 dgriffin@connectionnewspapers.com

Editor & Publisher

Mary Kimm mkimm@connectionnewspapers.com@MaryKimm

Executive Vice President

Jerry Vernon 703-549-0004 jvernon@connectionnewspapers.com

> **Editor in Chief** Steven Mauren **Managing Editor** Kemal Kurspahic Art/Design:

Laurence Foong, John Heinly **Production Manager:** Geovani Flores

Special Assistant to the Publisher

Jeanne Theismann jtheismann@connectionnewspapers.com @The is mann Media

CIRCULATION: 703-778-9427

2015 Virginia

Home Sales

In July 2016, 107 homes sold between \$1,330,000-\$189,900 in the Herndon and Oak Hill area.

| Address | BR | FI | B E | IB 1 | Postal City | Sold Price | Туре L | ot AC . Po | stalCoc | le Subdivision |
|---|-----------|--------|------|--------|-------------|------------------------|--------------------|--------------|---------|--------------------------|
| 12851 ROSE GROVE DR 12821 PARAPET WAY | | | | | | | | | | |
| 3123 OXFORD FOREST DR | | | | | | | | | | |
| 12510 MANDERLEY WAY | . 5. | 4 | | 1 | HERNDON | \$995,000 | Detached | 0.87 | 20171 | LAMBERT PROPERTY |
| 1177 TAJI CT | | | | | | | | | | |
| 2871 CHERRY BRANCH LN | | | | | | | | | | |
| 2792 MIDDLETON FARM CT | 5. | 4 | | 1 | HERNDON | \$925,000 | Detached | 0.14 | 20171 | MIDDLETON FARM |
| 100 BICKSLER LN | | | | | | | | | | |
| 13115 LOU ALICE WAY 12903 DWIGHT ST | | | | | | | | | | |
| 2975 FRANKLIN OAKS DR | | | | | | | | | | |
| 2987 FRANKLIN OAKS DR | 4. | 3 | | 1 | HERNDON | \$777,000 | Detached | 0.32 | 20171 | FRANKLIN OAKS |
| 2515 HALTERBREAK CT | 4. | 4 | | 1 | HERNDON | \$769,000 | Detached | 0.22 | 20171 | SYCAMORE RIDGE |
| 2828 THISTLEBERRY CT 11669 GILMAN LN | . 5 . | 3 | | 1 | HERNDON | \$767,000 | Detached | 0.18 | 20171 | MIDDLETON FARM |
| 3130 HANNAHS POND LN | | | | | | | | | | |
| 651 SPRING ST | | | | | | | | | | |
| 13100 BRIARGROVE CT | . 5 . | 3 | | 1 | OAK HILL | \$739,000 | Detached | 0.25 | 20171 | FRANKLIN FARM |
| 13145 FERN HOLLOW CT | | | | | | | | | | |
| 11918 RICHLAND LN 13618 COPPER RIDGE DR | | | | | | | | | | |
| 12900 PINEY GLADE RD | | | | | | | | | | |
| 3003 FLAT MEADOW CT | | | | | | | | | | |
| 12301 MYTERRA WAY | | | | | | | | | | |
| 13024 NEW PARKLAND DR | | | | | | | | | | |
| 13707 NEIL ARMSTRONG AVE | | | | | | | | | | |
| 12113 WESTWOOD HILLS DR | | | | | | | | | | |
| 12201 FOLKSTONE DR | . 5. | 2 | | 1 | OAK HILL | \$627,500 | Detached | 0.88 | 20171 | FOLKSTONE |
| 12900 NEW PARKLAND DR | . 5 | 3 | | 1 | HERNDON | \$625,000 | Detached | 0.22 | 20171 | MONTEREY |
| 12112 WESTWOOD HILLS DR 3205 RAVENSCRAIG CT | | | | | | | | | | |
| 2757 MANSWAY DR | | | | | | | | | | |
| 13161 RUBY LACE CT | | | | | | | | | | |
| 13014 PINEY GLADE RD | 4. | 3 | | 1 | HERNDON | \$600,000 | Detached | 0.21 | 20171 | SYCAMORE LAKES |
| 13408 HIDDEN MEADOW CT 1403 WINTERLAND CT | . 4. | 3 | | 1 | HERNDON | \$595,000 | Detached | 0.25 | 20171 | FRANKLIN FARM |
| 13008 FARTHINGALE DR | . 4. 5 | 2 2 | | 1 1 | HERNDON | \$589,900 \$583,000 | Detached | 0.30 0.28 | 20170 . | FOX MILL FSTATES |
| 108 LILLIAN CHASE LN | . 3 . | 2 | | 2 | HERNDON | \$570,000 | Townhouse | 0.05 | 20170 | LOCUST STREET TOWNHOUSES |
| 3032 EMERALD CHASE DR | | | | | | | | | | |
| 12339 FOLKSTONE DR | | | | | | | | | | |
| 13581 CEDAR RUN LN 12612 ROCK RIDGE RD | . 3 | 2 | | 2 | HERNDON | \$559,900 | Townhouse | 0.04 | 20171 | |
| 1412 KINGSVALE CIR | 4. | s | ••• | 1 | HERNDON | \$551,000 | Detactied | 0.20 | 20170 | KINGSTRFAM |
| 13408 RUNNING PUMP CT | | | | | | | | | | |
| 132 HERNDON MILL CIR | | | | | | | | | | |
| 12003 CHEVIOT DR 2753 VIKING DR | | | | | | | | | | |
| 13112 PARK CRESCENT CIR | 4. | 2 3 | | 1 1 | HERNDON | \$509,900 | Townhouse | 0.40 0.06 | 201/1 . | WOODI AND PARK |
| 13482 LAKE SHORE DR | | | | | | | | | | |
| 13503 BRIGHTFIELD LN | . 3. | 2 | | 1 | HERNDON | \$503,400 | Detached | 0.15 | 20171 | FRANKLIN FARM |
| 12918 WOOD CRESCENT CIR 2730 VIKING DR | . 3 . | 2 | | 2 | HERNDON | \$502,500 | Attach/Row Hse . | 0.04 | 20171 | WOODLAND PARK |
| 1604 FOLLEY LICK CT | | | | | | | | | | |
| 1323 SHALLOW FORD RD | | | | | | \$475.000 | Detached | 0.22 | 20170 | |
| 3415 DOE RUN CT | 3. | 3 | | 1 | HERNDON | \$473,700 | Detached | 0.19 | 20171 | FRANKLIN FARM |
| 1704 BUILDERS CT | | | | | | | | | | |
| 12705 LONGLEAF LN | . 4 | 2 | | 1 1 | HERNDON | \$465,000 | Detached | 0.22 | 20170 | HIDDENBROOK |
| 1425 KINGSTREAM DR | | | | | | | | | | |
| 903N GUNNELL CT | | | | | | | | | | |
| 12711 SAYLERS CREEK LN | | | | | | | | | | |
| 1625 NATHAN LN | | | | | | | | | | |
| 13403 KEISLER CT 1350 CASSIA ST | | | | | | | | | | |
| 1539 HIDDENBROOK DR | | | | | | | | | | |
| 1411 KINGSTREAM DR | 4. | 3 | | 1 | HERNDON | \$438,000 | Detached | 0.20 | 20170 | KINGSTREAM |
| 12719 LONGLEAF LN | | | | | | | | | | |
| 13152 KIDWELL FIELD RD 1253 STERLING RD | | | | | | | | | | |
| 13128 ASHNUT LN | | | | | | | | | | |
| 13502 NICKLEBACK CT | . 3. | 2 | | 2 | HERNDON | \$425,000 | Townhouse | 0.04 | 20171 | MCNAIR FARMS WEST |
| 1103 CLARKE ST | . 5 . | 3 | | 0 | HERNDON | \$419,900 | Detached | 0.20 | 20170 | HUNTERS CREEK |
| 13281 COPPERMILL DR 661 PEMBERTON CT | | | | | | | | | | |
| 1603 ATTORNEY CT | | | | | | | | | | |
| 1545 YOUNGS POINT PL | . 3 . | 2 | | 0 | HERNDON | \$397,500 | Detached | 0.21 | 20170 | HIDDENBROOK |
| 828 VAN BUREN ST | | | | | | | | | | |
| 13690 SALK ST #277 | | | | | | | | | | |
| 2520 PASCAL PL #204 13696 SALK ST #282 | | | | | | | | | | |
| 1356 OAKSHIRE CT | | | | | | | | | | |
| 701 HERNDON WOODS CT | | | | | | | | | | |
| 2430 CURIE CT #31 | | | | | | | | | | |
| 13420 ELEVATION LN | | | | | | | | | | |
| 1053 LEXUS WAY 13723 NEIL ARMSTRONG AVE#6405 | | | | | | | | | | |
| 957 BRANCH DR | | | | | | | | | | |
| 2188 MONAGHAN DR | | | | | | | | | | |
| 13347 FONES PL 928 PARK AVE | | | | | | | | | | |
| 928 PARK AVE 2160 MAGER DR | | | | | | | | | | |
| 13370 PREUIT PL | . 3. | 2 | | 1 | HERNDON | \$300,000 | Townhouse | 0.05 | 20170 | REFLECTION LAKE |
| 2222 MONAGHAN DR | . 3. | 2 | | 1 | HERNDON | \$300,000 | Townhouse | 0.03 | 20170 | REFLECTION LAKE |
| 2422 COOPERS BRANCH CT#2422 . | | | | | | | | | | |
| 624 CLEARWATER CT 2489 QUICK ST #101 | | | | | | | | | | |
| 553 EARLY FALL CT | | | | | | | | | | |
| 12905 CENTRE PARK CIR #407 | 1. | 1 | | 0 | HERNDON | \$230,000 | Garden 1-4 Floors | | 20171 | BRYSON AT WOODLAND PARK |
| 12949 CENTRE PARK CIR #402 1251 MAGNOLIA LN | | | | | | | | | | |
| 1251 MAGNOLIA LN | | | | | | | | | | |
| 563 FLORIDA AVE #T-3 | | | | | | | | | | |
| 12921 CENTRE PARK CIR #103 | . 1 | 1 | | 0 | HERNDON | \$192,000 | Garden 1-4 Floors | | 20171 | BRYSON AT WOODLAND PARK |
| 505 FLORIDA AVE #T3 2204 WESTCOURT LN #315 | | | | | | | | | | |
| 22U4 WESTCOUKI LIN #315 | . 1 . | 1 | •••• | U | TERNDON | \$189,900 | Galuell 1-4 Floors | | ZU1/U | WOKLDGAIE |

Copyright 2016 RealEstate Business Intelligence. Source: MRIS as of August 15, 2016.

CALENDAR

Send announcements to www.connectionnewspapers.com/Calendar/. The deadline is noon on Friday. Photos/artwork encouraged.

ONGOING

"Golden Moments" by Lassie **Corbett**. Aug. 4-Sept. 1. Reston Art Gallery and Studios, 11400 Washington Plaza, Reston. Artist

exhibit. RestonArtGallery.com.

Mary B. Howard Artist Member Exhibition. Through Aug. 27. Greater Reston Arts Center, 12001 Market Street, Suite 103, Reston. Regional artists who support GRACE's mission of enriching community life through excellence in contemporary visual arts. restonarts.org

Zoosday — Every Tuesday, July through Sept. 27, 4 - 7 p.m., Pavilion. Enjoy an award-winning animal and miniature animal petting zoo with hands-on, educational experiences that children and their grownups will cherish! Kid-friendly giveaways plus activities like Legos and Play-Doh. Free. Rain or shine. restontowncenter.com

Mapping Moments. July 13-Aug. 28. ArtSpace Herndon, 750 Center St., Herndon. An exhibit featuring of vibrant abstracts which will draw the viewer into the worlds of international artist Caroline Morgan and Jay Young Gerard. 703-956-9560.

Beginners Chair Yoga. July 5-Aug. 30. 6-7 p.m. Herndon Senior Center, 873 Grace St., Herndon. Yoga for beginners with a teacher who specializes in yoga with 50+ in mind. \$10/\$20, 703-464-6200.

Hutchison Solos at PenFed Realty Aug. through Sept 30 The exhibit is free and the office is open to visitors Monday through Friday from 9:00 am - 5:00 pm. at the office of PenFed Realty, 1886 Metro Center Dr., Reston, VA 20190. Karen Hutchison displays abstract expressions of her thoughts and emotions using color and texture. Visit the LRA web site at

www.leagueofrestonartists.org

Artists Display "Eclectic Visions" at Ernst Center Aug through Oct. 7 The League of Reston Artists displays paintings, drawings, mixed media, photographs and two-dimensional works suitable for wall hanging through October 7 at the Richard J. Ernst Community Cultural Center on the Northern Virginia Community College Annandale Campus, Building CE, 8333 Little River Turnpike, Annandale, VA 22003. The exhibit is free and the gallery is open Monday through Friday from 10:00 am - 5:00 pm Visit the LRA web site at www.leagueofrestonartists.org

"The Way I See It" Exhibit. Aug. 2-Oct. 1. Vienna Arts Society Gallery, 513 Maple Ave. W, Vienna. Reston resident Bob Kaminski will showcase his work in abstract and representational styles. ViennaArtsSociety, org. 703-319-3971.

Yoga on the Plaza. 9:30-10:30 a.m. Sundays. Through Aug. 28. Stretch out and cool down to start your Sunday morning with yoga. Our talented yoga instructors will lead you through one hour of free exercise on the Plaza to the tune of fun music. Bring your own mat and water. lakeanneplaza.com.

Team Trivia at Kalypso's.

Tuesdays, 8 p.m. Kalypso's Sports Tavern, 1617 Washington Plaza Bring yo join the challenge. 703-707-0660. www.kalypsossportstavern.com.

Open Mic Night at Kalypso's. Mondays, 7-10 p.m. Kalypso's Sports Tavern, 1617 Washington Plaza N., Reston. Musicians and singers! Love to perform but need

a venue? Want to get used to playing for an audience? 703-707-

0660 www. kalypsos sportstavern. com.

Karaoke at Kalypso's. Wednesdays, 9:30 p.m. Kalypso's Sports Tavern, 1617 Washington Plaza N., Reston. Come to Kalypso's and sing your hearts out! 703-707-0660.

www.kalypsossportstavern.com. Mr. Knick Knack. 10:30-11:15 a.m. Mondays through October. Reston Town Center Pavilion. Unique, heart-centered music for kids and their grown-ups. Free. restontowncenter.com. 703-579-6720

Herndon Friday Night Live. 6:30 p.m. Through Aug. 26. 777 Lynn St., Herndon. Features the most popular local and regional acts from up and down the east coast. Free. For more information or for the performance schedule, go to herndonrocks.com.

Take a Break Concert Series. Thursdays. 7 p.m. June 16-Sept. 1. Lake Anne Plaza, Reston. Bands and entertainers at the plaza. lakeanneplaza.com.

Summer Entertainment Series. June 1-Aug. 31. Fairfax County Parks. A summer-long calendar of shows, concerts and movies appropriate for you and your family. These concerts held in local parks are the perfect place to bring a picnic dinner, blankets and lawn chairs to enjoy the best local and regional entertainers. Free. To find out what's playing at your nearby park, go to http:// www.fairfaxcounty.gov/parks/ performances/.

Reston Concerts on the Town. 7:30-10 p.m. Saturdays, June-August. Reston Town Center Pavilion. Bring lawn chairs or picnic blankets and enjoy live music in the Pavilion. Free. Rain or shine, restontowncenter.com. 703-579-6720.

All-comers' Group Fun Run at **Potomac River Running.** Tuesdays and Thursdays. Reston Town Center, 11900 Market Street, Reston. For beginners or competitive runners, come out for a fun, low-key run that is safe and social. For more information, call 703-689-0999 or visit https:// potomacriverrunning.com.

Dog Days of Summer — Every Wednesday, July through Sept. 28, 4 - 7 p.m., Pavilion. Dogs and owners can frolic in the Pavilion as it is transformed weekly into an off-leash play area. Treats, toys, areas to cool off, pet friendly giveaways, and more! Free. restontowncenter.com

Straight from San Diego Comic-**Con!** — Friday, Aug. 5 – Friday, Sept. 2, ArtInsights. Stop in to see exciting new art releases from Comic-Con International, and hear stories from three exclusive event panels. 703-478-0778 artinsights.com

LINES, CURVES AND COLORS On exhibit August 31- October 2. At ArtSpace Herndon 750 Center St, Herndon, VA 20170. "Lines, Curves, and Colors" will present the talents of four artists working in different mediums. The show features one photographer and three sculpture artists whose combined works produce stunning individual pieces that merge into a balanced whole. The architecture—specifically exemplifying lines, curves, and colors-will hold your attention and imagination. Opening Reception Saturday September 9^{th} , 7-9 p.m. For more information call 703-956-9560.

The Weak That Just Was

By KENNETH B. LOURIE

One of my cancer-patient survivorship goals has been to, whenever possible, not look the part, act the part or live the part. This past week, the eating challenges I endured and the emotional and psychological havoc it wrecked upon me stopped me from "not" doing any of the three: I looked, acted and lived the part. And aside from the unpleasantness (some of which was detailed in last week's column), looking, feeling and being the way I was, were such negative reinforcers that is has further prevented me from regaining my equilibrium, both emotionally and physically.

Not that I'm ever unaware of my circumstances or not mindful of my mortality/ abbreviated life expectancy, but the less obvious it is, and the less impact the treatment has on me, the more I am able to live like I'm not dying. However, when symptoms manifest themselves and compromise some of my activities of daily living, the more difficult it is for me to delude myself into thinking that my stage IV, non-small cell lung cancer is chronic/treatable rather than "incurable/treatable," as my oncologist quite clearly characterized it seven and a half years ago.

Believe me, the last thing I need are reminders. The first thing I need are pretenders (which is really just another word for hope). And though I have absolutely nothing to complain about 90 months into a "13-month to two-year prognosis," my reality is, every day is precious and days lost to side effects are days I can't afford to lose. Moreover, when you consider the lack of control I experienced over this last week and the associated feelings of helplessness along with the fear that this not eating was morphing from temporary to permanent, you have a recipe for emotional disaster. And "emotional disaster" does not help yours truly or any other cancer/seriously ill patient fend off the demons and level the playing field. In fact, it tips it in the complete wrong direction. And tipping it in the wrong direction is all it's cracked up to be.

So much of what I am going through is psychological. I am constantly telling myself (not aloud but in print, I would admit) to persevere, not overreact, balance the bad with the good, forget your prognosis, forget your "terminal" diagnosis, forget the extremely discouraging mortality statistics, believe all the non-Western stuff I'm doing is helping, don't slack, don't abuse the privilege of life I've been given and finally, be grateful for every day.

Still, five days of not eating seemed to compromise my emotional wherewithal. It's as if I didn't have the mental capacity necessary to talk myself out of the dark hole I had fallen into. It was a struggle to be sure and one I've experienced many times before, but for some reason, and this is the scary part, this post-chemo week was the worst. Now moving forward, my next chemotherapy infusion is not for four weeks as we've extended the interval to five weeks (from four), alternating my future intervals to four weeks, five weeks, four weeks, etc., through my next quarterly scan in mid October. If the results of that next scan continue to be encouraging, I'll be an extremely happy man. But as I am we aware, there are no guarantees in cancer and success is measured scan to scan. In the interim though, I have to coexist with my reality. It's not ideal, but "ideal" left the

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers

building in February, 2009.

HOME & GARDEN

Zone 1: • Reston Herndon • Loudoun

CONNECTIONNEWSPAPERS.COM

703-778-9411

Zone I Ad Deadline: Monday Noon

ELECTRICAL

ELECTRICAL IMPROVEMENTS IMPROVEMENTS

Power Washing

Go from Green to Clean. We clean Houses, Decks, Fences, Patios, etc. Deck Staining and Sealing, Exterior Wood Rot, Deck & Fence Repair.

Licensed & Insured • Free Estimates

email: jnave@comcast.net

LANDSCAPING

A&S CONSTRUCTION SOD, Mulch, Clean-Up Leaf Removal Hauling. 703-863-7465 Joseph Sealcoating **Specialist**

PAVING

40 Years Experience! Free Estimates 703-494-5443

PAVING

PAVING

GOLDY BRICK CONSTRUCTION

Walkways, Patios, Driveways, Flagstone, Concrete **FREE ESTIMATES** Licensed, Insured, Bonded 703-250-6231

Bathroom Remodeling Partial or Full. Kit.

Floors, Backsplashes. Specializing in Ceramic, Porcelain, Glass Tiles and Natural Stones. Also repair work, 35 vrs exp

www.brennan-tile.com 703-250-2872

0000000000000000000

Quality Tree Service & Landscaping

Reasonable prices. Licensed & insured.



drainage problems, etc. 25 years of experience - Free estimates 703-868-5358

24 Hour Emergency **Tree Service**

For a free digital subscription to one or all of the 15 Connection Newspapers, go to

www.connectionnews papers.com/subscribe

Complete digital replica of the print edition, including photos and ads, delivered weekly to your e-mail box.

Questions? E-mail: goinggreen@connection newspapers.com



K & D ELECTRIC

COMMERCIAL / RESIDENTIAL SERVICE Family Owned & Operated Recessed Lighting

Gutters and Downspouts Cleaned Small Repairs • Gutter Guards

IMPROVEMENTS IMPROVEMENTS

A&S Landscaping

703-863-7465

LICENSED

Serving All of N. Virginia

(703) 590-3187

Remodeling Bathrooms, Kitchens & Basements

Exterior & Interior Repair, Painting, Carpentry, Wood Rot, Drywall, All Flooring, Decks

Handyman Services Available

 ${\bf http://www.pphionline.com/}$

'If it can be done, we can do it"

Licensed - Bonded - Insured

Picture Perfect

PINNACLE SERVICES

lic/ins 703-802-0483 free est.

email jamie@lawnsandgutters.com web: lawnsandgutters.com

Friendly Service with a Friendly Price!

• All Concrete work

Retaining Walls
 Patios

• Decks • Porches (incl.

Grading Solutions

screened) • Erosion &

• Driveway Asphalt Sealing

French Drains • Sump Pumps

Ceiling Fans Phone/CATV Computer Network Cabling

GUTTER

Service Upgrades

Hot Tubs, etc.

Licensed/Bonded/Insured

Office 703-335-0654 Mobile 703-499-0522

GUTTER

lektrkman28@gmail.com

703-987-5096

Remodeling Homes, Flooring, Kitchen & Bath, Windows, Siding, Roofing, Additions & Patios, Custom Deck, Painting

We Accept All Major Credit Cards Licensed, Insured, Bonded • Free Estimates • Class A Lic

Phone: 703-887-3827 E-mail: rncontractorsinc@gmail.com www.rncontractors.com

LAWN SERVICE LAWN SERVICE

l.E.S. Services 703-912-6886







Landscaping & Construction Free Estimates - Fully Licensed & Insured

- Planting & Landscaping Design

- Praining & Water Problems
 Concrete Driveways, Replacement or New
 Patios and Walks Masonry Work or Dry Laid
 Paver, Flagstone, Brick, any style you choose
 Retaining walls of all types

All work Guaranteed

Alfredo's Construction Company, Inc.



 Concrete Driveways Patios •Sidewalks •Stone •Brick

Phone: VA: (703) 698-0060 • MD: (301) 316-1603

www.alfredosconstructioncompany.com

The biggest things are always the easiest to do because there is no competition. -William Van Horne

• FREE Estimates

• FAST & Reliable Service

EASY To schedule

BBB

•NO \$\$\$ DOWN!

Deneral Remodeling • Residential & Commercial |

DESIGN AND BUILD • COMPLETE HOME RENOVATION

 Kitchen, Bath, Basement Remodeling • Electricity, Plumbing • Doors, Windows, Crown Molding, Hand Rails, Chair Rails, Interior, Exterior, Finish Carpentry • Interior, Exterior Painting, Pressure Washing • Ceramic, Hardwood Flooring, Refinish Floors, Deck Reflooring

 Build Deck, Fence, Patios, Retaining Walls
 Concrete Driveway, Brick or Stone Sidewalk Building Maintenance • Residential, Commercial • Foreclosures, Realtors Welcome

Serving Northern Virginia, D.C., Maryland • Licensed and Insured 703-296-6409

Zone 1: • Reston Herndon
 Loudoun



703-778-9411

ZONE I AD DEADLINE: Monday Noon

ONECTION NEWSPAPERS 33 Found

For Local...

·Employment

·Employees

Services

Entertainment

Announcements

Real Estate

·Cars

•Trucks

·Vans

·RV's

·Boats

·Pets

·Yard Sales

·Crafts

·Hobbies

·And More!

For All Your Advertising Needs...

It Works. After Week.

703 917-6400

Ad



1.5 ct round-cut diamond Herndon call 703-244-6607

21 Announcements

ABC LICENSE Absolutely Fabulous, LLC Absolutely Fabulous, LLC trading as Maude, 775 Station Street, Herndon, VA 20170 The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Day Spa On Premises

license to sell or manufacture alcoholic beverages, Catina Jay, Celeste Williams, Vanessa Rose, owners NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal

notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200.

If tomorrow were never to come, it would not be worth living today. -Dagobert Runes

26 Antiques

We pay top \$ for STERLING, MEN'S WATCHES JEWELRY, COSTUME JEWELRY, FURNITURE, PAINTINGS AND CLOCKS. Schefer Antiques 703-241-0790 theschefers@cox.net

21 Announcements 21 Announcements

26 Antiques

ESTATE SALE - LOG HOMES PAY THE BALANCE OWED ONLY!!!

AMERICAN LOG HOMES IS ASSISTING FINAL RELEASE OF ESTATE & ACCOUNT SETTLEMENT ON HOUSES



Comes with Complete Building Blueprints & Construction Manual

Windows, Doors, and Roofing not included · NO TIME LIMIT FOR DELIVERY!

SERIOUS ONLY REPLY. Call (704) 602-3035 ask for Accounting Dept.

21 Announcements

21 Announcements 21 Announcements

Chesterfield County Public Schools Food and Nutrition Services Employment Opportunities

We are currently accepting applications for: Field Supervisor - Marketing

Provides strategic leadership for the marketing area of the Food and Nutrition Services Department and professional technical supervision in all areas of food services. Plans, develops, and executes the Food and Nutrition marketing plan to promote school meals and nutrition initiatives programs. Apply via the CCPS website at http://mychesterfieldschools.com. Complete job description and application procedures are avaliable on the website. **EOE/M/F/D**

HOW TO SUBMIT ADS TO

ONNECTION

Newspapers & Online

CLASSIFIED

DEADLINES

Zones 2, 3, 4.....Tues @ noon

E-mail ad with zone choices to: classified@connection newspapers.com or call Andrea @ 703-778-9411

EMPLOYMENT

DEADLINES

Zones 2, 3, 4Tues @ noon

E-mail ad with zone choices to: classified@connection newspapers.com or call Andrea @ 703-778-9411

ZONES

Zone 1: Connection

Zone 3:

The Oak Hill/Herndon Connection **Zone 2:** The Springfield Connection The Burke Connection The Fairfax Connection
The Fairfax Station/Clifton/ Lorton Connection The Alexandria Gazette Packet

The Mount Vernon Gazette

Zone 4: Centre View North Centre View South Zone 5: The Potomac Almanac The Arlington Connection The Vienna/Oakton Connection The McLean Connection The Great Falls Connection

SCHOOL NOTES

Send school north@connectionnewspapers.com by noon on Friday.

Eight students from Fairfax County Public Schools — all attending Thomas Jefferson High School for Science and Technology (TJHSST) have been named semifinalists in the 2016 Intel Science Talent Search. The students, with their project names, are:

❖ Jake Cui, A Machine Learning Approach to Identifying Ordered Binding Regions on Order-disorder Protein Interfaces.

Tarun Kamath, Marked Decreases in Pediatric and Young Adult Solid Organ Cancer Mortality in the United States Since 1940: Analysis and Hypotheses

Ava Lakmazaheri, Brain-actuated Robotics: A Logic-based Approach for Multimodal Programming and Operation of Assistive Humanoid Robots. ❖ Austin Mills, Demonstrating the Development

of Heavy Metal Resistance in Non-tolerant Multigenerational Brassica rapa.

* Kunal Shroff, The Relationship Between Lethality and Genomic Instability in Euploid and Aneuploid Yeast Cells Expressing Pathological Huntingtin.

* Matthew Sun, Hyperacute Temporal Resolution with a Neural Population for Biologically Plausible Firing Rate Change Detection.

❖ Jason Wei, Improving Lateral Flow Immunoassay Sensitivity by a Palladium-catalyzed Dye

❖ Michael You, Two-degree-of-freedom Bubble Oscillations in Elastic Vessels and its Application in Sonar-induced Marine Mammal Injuries.

The 300 semifinalists were chosen from more than 1,750 entrants and will receive matching awards of \$1,000 along with their school.

This is the 75th year of the Science Talent Search, which Intel has sponsored since 1998, providing \$1.6 million in awards and scholarships to

Snigdha Srivastava and Kate Hao, of Herndon, are on the dean's list at Washington University in St. Louis.

Adam Zaman, of Herndon, is on the dean's list for spring 2016 at South Dakota School of Mines and Technology. He is studying mechanical engi-

Dinesh Chowdary Inampudi, of Herndon, graduated with a master of science, May 2016 from the University of New Haven.

Kalla Fleger, of Reston, is on the dean's list for spring 2016 at the University of Minnesota Twin

Cities. Non Degree, Coll of Continuing Education.

Elizabeth Ashley Drake, of Herndon, is on the dean's list at Hollins University for spring 2016.

Nii Martey Akita, of Oak Hill, graduated spring 2016 from St. Olaf College.

Matthew Francois Monos, of Herndon, and William Wade McLaughlin, of Reston, were named to the honors list for the 2016 spring semester at Averett University.

Reston, Virginia Amanda Lee Akers, of Reston, is on the honor list for Spring 2016 at Missouri University of Science and Technology.

Vi Thuy Lam, of Herndon, is on the spring 2016 dean's list at McDaniel College.

Margot Cumming, of Reston, is on the dean's list for May 2016 of the College of Agricultural and Life Sciences at the University of Wisconsin Madi-

William Wade McLaughlin, of Reston, graduated in May 2016 from Averett University with a double major in psychology, counseling and clinical and psychology, integrative health psychology as well as a minor in sociology.

Premeela Nirmal, of Reston, graduated with a bachelor of science in nursing from Eastern Mennonite University in spring 2016.

Micaela Sturm, of Oak Hill, graduated with a bachelor of science in health science/physical therapy from Quinnipiac University in spring 2016.

Laura Mister, of Herndon, is on the dean's list at Emory and Henry College in Emory, Virginia, for spring 2016.

Barry Kinney, Herndon, graduated in May 2016 with a bachelor of general studies in Liberal Arts and Sciences from the University of Kansas.

Gregory Veit, Herndon, graduated in May 2016 with a master of science in business from the University of Kansas.

Max Maurer, from Oak Hill, graduated from Hampden-Sydney College with a B.A. in economics and business in May 2016.

Michaela Gaughan of Oak Hill has been named to the Dean's List for the fall 2015 semester at St. Mary's College in Indiana.

- Faith Notes -

Faith Notes are for announcements and events in the faith community, including special holiday Send services. $reston@connectionnewspapers.com.\ Deadline\ is$ Thursday.

Trinity Presbyterian Church, 651 Dranesville Road, Herndon, has Sunday worship services at 10 a.m. during the summer. Nursery and childcare are provided starting at 8 a.m. until the end of the service. 703-437-5500 or www.trinityherndon.org.

Vajrayogini Buddhist Center, Unitarian Universalist Church, 1625 Wiehle Ave., Reston, holds weekly classes starting Sept. 12, Thursdays 7:30-8:30 p.m., for the general public which use Buddhist teachings to practice meditation. \$12 or \$6 for students, seniors and 202-986-2257 unemployed. www.meditation-dc.org.

St. Anne's Episcopal Church, 1700 Wainwright Drive in Reston, holds Sunday services at 8 a.m., 10 a.m. and contemporary service at 5 p.m. during the summer. Nursery, Sunday school and adult education available 703-437-6530 or www.stannes-reston.org.

Washington Plaza Baptist Church will hold Adult Bible Study at 9:30 a.m. Sundays at Lake Anne Village Center. The group is studying the Gospel of Mark. Services follow at 11

HAVEN of Northern Virginia offers a variety of free bereavement support groups, meeting on a weekly basis. Contact 703-941-7000 or www.havenofnova.org for schedules and registration information.

The Jewish Federation of Greater Washington and the Jewish Outreach Institute offer the Mothers/Parents Circle, an umbrella of free educational events and resources. Jewish rituals, ethics and the creation of a Jewish home, regular meetings and group Shabbats and holidays. Participants include Sha'are Shalom, Congregation Beth Emeth, Temple Rodef Shalom and the Jewish Community Center of Northern Virginia. ShalomDC.org.

Epiphany United Methodist Preschool, 1014 Country Club Drive, N.E. in Vienna, is now enrolling 3- to 4-year-old students. 703-938-2391 or www.epiphanypreschool.com.

Hope Fellowship Church will temporarily be meeting at Hyatt Place, 21481 Ridgetop Circle, Sterling. Sunday worship services are Sundays at 9:30 and 10:45 a.m., a Bible Study is on Wednesdays at 7:30 p.m. and a weekly prayer conference call is Thursdays at 9 p.m. The public is invited to join a Bible bemulti-ethnic/multi-cultural congregation, with Bible-based sermons and uplifting music. 703-599-3527 www.hopefellowshipchurchloudoun.org.

News



Taylor and Samantha Lane with orphans in Swaziland.



Feeding the children in the Swazi community.

Going Beyond the Gold Two Girl Scout sisters try to bring hope for better health to Swaziland.

Samantha Lane, both went be yond their Girl Scout Gold Awards this summer through their volunteer work in Swaziland. Their goal was to use all they had learned from their Girl Scout gold award projects to continue to advance the UN Sustainable Development Goal (3) of promoting global health and well-being. Taylor earned her Gold Award in 2014 through a project titled "Healthy Kids, Healthy Futures." She taught healthy hygiene habits to more than 250 children in a poor community in Bosencheve, Mexico and provided them hygiene kits to practice the new skills she taught them. Samantha earned her Gold Award in 2015 through her project entitled "Bright Smiles, Brighter Futures." She taught the importance of dental hygiene to more than 1,500 children in the poor communities surrounding Santo Domingo in the Dominican Republic. As sisters and fellow

irl Scout sisters, Taylor and Samantha Lane, both went be yond their Girl Scout Gold Awards this summer through eer work in Swaziland. Their Girl Scouts, they supported each other in earning their Gold Awards and even went on to both earn the Congressional Gold Medal for their volunteer service. Neither wanted to stop after having earned Gold.

So, both teamed up together this summer to take their health education projects to a new continent, this time Africa to the country of Swaziland. Swaziland is a country that faces many challenges today. The country has the highest HIV rate in the world, leaving many children HIV positive themselves and orphaned because their parents die from the virus. Swaziland also has the highest rate of TB in the world. The combination of being co-infected with TB and HIV, as is common in Swaziland, leaves people at a high risk of mortality given the body's inability to fight infections of all types. Providing basic education on the importance of healthy hygiene, including handwashing and teeth-brushing, can help prevent the spread of disease.

to help provide this type of education. Through their community outreach, they taught Swazis about the importance of healthy hygiene. Swaziland, like several other countries in sub-Saharan Africa, is also grappling with one of the worst droughts in history. Consequently, many Swazis have been unable to farm in order to sustain themselves. Hunger is a very real problem in communities across Swaziland, with 69 percent of the population living below the poverty line and most depending on international food programs to survive. Given that good nutrition is essential to good health, they also went out into various communities to provide food.

Women and girls do not have equal rights under the law in Swaziland and are therefore often hardest hit in terms of their access to food and medicine. As both Taylor and Samantha said, "Our whole experience in Swaziland was eye-opening in terms of

Knowing that, they traveled to Swaziland the suffering that exists and the basic inequalities that make life even harder for women and girls." That said, "we both came away empowered in that we were able to engage, albeit in little ways when compared to the magnitude of the problems, as Girl Scouts to try to show that girls like us can help to change the world for the better."

For both Taylor and Samantha, being a Girl Scout didn't end when they earned the Gold Award.

Earning the award for them was only the beginning in terms of applying all they have learned from scouting to make a positive difference.

They plan to continue their efforts whenever and wherever they can, as they'll tell you "Once a Gold Award Girl Scout, Always a Girl Scout."

Taylor graduated from George C. Marshall High school this June and is headed to Dartmouth College this fall and Samantha is a junior at James Madison High School in Vienna.



Distributing Food in the Swazi community.



Teaching artisan about hygiene.



LOCAL MEDIA CONNECTION LLC







Labor Day Sales Event

SAVE 48 \$2,00°

on select appliance packages

Now - September 13

*Via online or mail-in rebate

21800 Towncenter Plaza Sterling, VA 20164 703-450-5453



1051 Edwards Ferry Road Leesburg, VA 20176 703-771-4688

Welcome to Fairfax County

By Sharon Bulova Chairman, Fairfax County Board of Supervisors

elcome to Fairfax County, one of the greatest places in the nation to live, work, play and raise a family. Fairfax County is home to a thriving business community, vibrant entertainment and shopping destinations, a world class university, beautiful parks, and a diverse population of engaged residents. Whether you are a long-time resident or are new to the county, I hope you'll take some time to visit some of our most popular spots to enjoy what Fairfax County has to offer.

Tysons Corner and Fair Oaks Malls, Reston Town Center, Fairfax Corner, Springfield Town Center and the Mosaic District are great places to shop, eat and spend time with friends. For cultural destinations, George Washington's Mount Vernon Estate and Wolf Trap National Park for the Performing Arts are two of my favorites. And for enjoying the arts along with community gatherings like Springfest and Brewfest, the Workhouse Arts Center in Lorton is a must. For fresh air and exercise, I recommend our extensive network of trails, parks and RECenters.

While there are a lot of fun things to do in Fairfax County, our community is notorious for our "work hard, play hard" ethic. Time Magazine has described us as the epicenter of the Washington region's job boom and one of the great economic success stories of our time. Fairfax County is home to eight Fortune 500 company headquarters, more than 8,400 technology firms, and over 116.2 million square feet of office space.

Fairfax County has one of the best public school systems nationwide with a graduation rate topping 90 percent. Our school system is the 10th largest in the country with nearly 187,000 students and 196 schools and centers. After high school graduation, George Mason University and



Northern Virginia Community College are located just down the road for affordable higher education opportunities in many different subject fields. Our business-friendly economy ensures career opportunities for both our older and younger residents.

On the local government level, the Fairfax County Board of Supervisors is constantly hard at work to ensure quality public services for our residents. Our 10-member Board of Supervisors strives to maintain positive community engagement, while strategically planning for the future with land use and infrastructure decisions.

Some recent accomplishments include updating many of our police policies, establishing a Diversion First program for people with mental illness who become involved with law enforcement, and successfully extending Metrorail to Tysons and Reston, with Phase 2 of the Silver Line currently under construction all the way to Dulles Airport and into Loudoun County.

Fairfax County offers opportunity and quality services for residents of all ages. People from all over the globe have made Fairfax County their home, enriching our community with their diverse cultures and entrepreneurship. Please visit www.fairfaxcounty.gov or www.fxva.com to learn more about what Fairfax County has to offer you and your family.

As chairman of the Board of Supervisors, I am elected at-large by Fairfax County residents. My office is here to serve you. If you have any questions or concerns, please email me at chairman@fairfaxcounty.gov or give my office a call at 703-324-2321. I hope you will sign up to receive my monthly Bulova Byline newsletter that will keep you upto-date on what is happening in your community! Welcome to your new home.

County Schools: Teaching for 21st Century

What's new at Fairfax County Public Schools.

By Dr. Karen K. Garza Superintendent, Fairfax County Public Schools

elcome to the 2016-17 school year in Fairfax County Public Schools. With each new school year, we have the wonderful opportunity to build upon our previous successes and continue to improve our work with our students.

We are continuing to look to our Portrait of a Graduate and our strategic plan in shaping our future work. Our most pressing challenge is making this vision a reality for every child in our system. How do we refine what we do to ensure that all of our students graduate well-prepared for this rapidly changing world? We acknowledge that this is a daunting challenge, but there is no school system in the United States more well-prepared and well-equipped to effectively respond to these important issues.

The goals of education can no longer simply be to provide the basic literacy skills for the majority of the students, while reserving the teaching of skills for higher order 21st century thinking for a select few. As we learn more about the skills our students will need for success in this changing world, we recognize the need to innovate — to consider new and

different ways to design instructional practices to support the development of these essential skills.

We are also working to define contemporary teaching and learning practices while better integrating technology. For

example, through a pilot program we are calling FCPSOn — this year we begin evaluating how digital resources can best scaffold that model — and how we provide teachers and students with the tools and policies needed to facilitate the use of that

technology.

One change you will see this school year is a new central website and a new FCPS logo. Our new website will better serve everyone — it is mobile responsive, features more modern design — and search will work. As we modernized our website, we also believed it was time to reimagine the FCPS logo. While the previous logo has served us well for 40 years, we heard from many that it was time to transform our logo to one reflective of who we are now and who we aspire to be in the years to come.

Our new logo includes a tie to our legacy, while representing our role as a catalyst — sparking curiosity, learning and excellence for our students, employees and community.

I wish all students, teachers, parents and the entire FCPS community a very successful and fulfilling school year in FCPS where all are engaged, inspired, and thrive.

'Insider's Tip' to New Businesses

Fairfax County Economic Development Authority helps in starting or expanding business in the county.

By Gerald L. Gordon President and CEO, Fairfax County Economic Development Authority

f you are new to Fairfax County, welcome to one of the world's most in teresting places to live and work. If you are new to the county and are interested in being part of our dynamic business community, here is an "insider's tip" that you will want to know: The Fairfax County Economic Development Authority

(FCEDA), works with everyone who wants to start or expand a business in the county.

For aspiring entrepreneurs, we host "Entrepreneurship 101: Starting a Business in Fairfax County" workshops almost every month. Some 4,000 people have attended one of these workshops since 2003 and you will find a wealth of local, state and federal resources to help you map out starting a business here. If you need office space, the FCEDA helps businesses find the office space they need so they can grow in the county.

We have a complete database of office space options in every part of the county, and we can help you navigate that process so you become an established part of the business community.

Why do we do this? The Fairfax County Board of Supervisors charged the FCEDA with building a business community — help companies create jobs and fill office space — to build the commercial tax base. This generates revenue that the Board of Super-



COURTESY PHOTO Gerald L. Gordon, Ph.D.

visors uses to fund the full range of high-quality public services for which Fairfax County is well-known. Building the commercial tax base means that residents don't have to pick up all the costs of providing those services.

The FCEDA has been working for more than 50 years with

entrepreneurs and owners of businesses of every size to enlarge the commercial tax base and make the Fairfax County economy one of the strongest anywhere. Visit www.fairfaxcountyeda.org to see how the Economic Development Authority can help you.



PHOTOS CONTRIBUTED

Supervisor Catherine M. Hudgins (D-Hunter Mill)

The way it used to be: Frying Pan Barn.

Everyone Counts in Hunter Mill

By Supervisor Catherine M. Hudgins (D-HUNTER MILL)

very good community stems from those who work hard to make the community the best version of itself. From the youngest to oldest volunteers, to police officers and public officials, the Hunter Mill District is full of citizens contributing to the community in order to make it the best place to live. As a member of the Fairfax County Board of Supervisors (BOS), my job is to ensure the wellbeing of the community through listening and informing constituents on what affects them in our community. In doing so, I strive to reflect the community voice in making policy, creating a diverse, prosperous place with affordable housing and equal opportunity for all. The goal of the Hunter Mill District office is to keep everyone in the know by providing events for the public to become involved within the community: First Wednesday sessions with the Supervisor at the Reston Regional Library or Vienna's Patrick Henry Library, to the Frying Pan Park concert series "Hunter Mill Melodies" and children events.

The Hunter Mill District has something for everyone. It includes all unincorporated Reston, the northern portion of Tysons, the Town of Vienna and the communities of Herndon and Oak Hill, with top tier parks, trails, restaurants, retailers, businesses and employment opportunities. One can visit Frying Pan Park, a working farm since 1930, now home to farm animals, a carousel, nature center, and tractor rides. A Metro ride from Wiehle-Metro East Station, or a drive, is Tysons, a bustling new city with shopping and restaurant area with a movie theatre and a skating rink in the winter. If you're feeling up for exercise, ride a bike or walk along the Washington and Old Dominion Trail, which stretches forty five miles all the way to Purcellville. The soon arrival of Phase II Metro brings transit service to all sides of Hunter Mill District. The District is most proud to be part of one of the best public education systems in the country, including higher education opportunities at Northern Virginia Community College and Marymount University. Spring, fall, winter or summer, there is always something to do in the Hunter huntermill@fairfaxcounty.gov or call 703-478-0283.



Lake Fairfax

Mill District.

Opportunities for citizen involvement are numerous, serving on Boards, Authorities and Commission to the BOS or task force studies, internship placements at the Hunter Mill District office to volunteering at events, or creating art displays. You can even find meeting space by reserving the North County Government Center community room for personal use with the link http://www.fairfaxcounty.gov/ huntermill/communityroom.htm.

It is important to stay up to date on the news and events occurring in the Hunter Mill District. Whether upcoming events and news from the Supervisor, advisories, community updates or Snow Alerts, subscribe to the monthly Hunter Mill District Newsletter and get it all. If you have any questions or want to enroll for the newsletter, contact

About the Connection

s your local, weekly newspaper, the Oak Hill/Herndon Connection's mission is to deliver the local news you need, to try to make sense of what is happening in your community, to gather information about the best things in and around your community, to advocate for community good, to provide a forum for dialogue on local concerns, and to celebrate and record achievements, milestones and events in the community and people's lives.

Here in our Newcomers and Community Guide, we've included an updated version of our award-winning Insider's Guide to the Parks, plus details of how to vote in the upcoming elections, information on local government, nonprofits and business organizations, plus tips and tidbits from the community.

We invite newcomers and long-time residents alike to let us know how we're doing and let us know what is going on in your part of the community. If you have questions or ideas, send us an email or call us, contact us on Facebook or send us a tweet. We invite you to send letters to the editor or to send an email with feedback about our coverage.

We want to know if someone in your family or your community published a book, started a business, became an Eagle Scout, raised money for a good cause, accomplished some feat like running a marathon, supporting a cause or having art included in an art show. We publish photos and notes about personal milestones and community events, including births, engagements, weddings, anniversaries, awards and obituaries.

We are also interested in events at your church, mosque,

KEEP IN TOUCH

- ❖ LETTERS TO THE EDITOR: Email editors@connectionnewspapers.com or submit online at www.connectionnewspapers.com/ contact/letter/
- ❖ Digital replica editions of this week's papers are available at www.ConnectionNewspapers.com/
- ❖ Past issues of the Connection back to 2008 are available at http:// connectionarchives.com/PDF/
- Section details here www.connectionnewspapers.com/ advertising
- Sign up for a free digital subscription at www.ConnectionNewspapers.com/ subscribe Call 703-778-9431

synagogue, community center, pool, school, club, etc. Email us a note about the event, being sure to include when and where the photo was taken and the names of all the people who are in a photo.

We also publish notes about news and events from local businesses. Notes about openings, new employees and anniversaries are welcome. It is especially important to us to let people know about events ahead of time in our calendar of events. We appreciate getting notice at least two weeks ahead of the event, and we encourage

Your community Connection newspaper is one of 15 papers published by the independent, locally owned Local Media Connection LLC, serving the suburbs of Metropolitan Washington in Northern Virginia and Potomac, Md.

Our flagship paper, the Alexandria Gazette Packet, is one of the oldest continuously publishing papers in the country, beginning publication in 1784.

— Mary Kimm,

MKIMM@CONNECTIONNEWSPAPERS.COM, WWW.TWITTER.COM/MARYKIMM @MARYKIMM

CONTACT

Editors@connectionnewspapers.com Herndon Connection:

hemdon@connectionnewspapers.com Reston Connection: reston@connectionnewspapers.com

For advertising and marketing information, see www.connectionnewspapers.com/ advertising email sales@connectionnewspapers.com

Friend Us On Facebook: www.facebook.com/ ConnectionNewspapers Follow Us on Twitter Oak Hill/Herndon:

or call 703-778-9431.

www.twitter.com/ HerndonConnect; @HerndonConnect Reston Connection:

www.twitter.com/

RestonConnect: @RestonConnect

Oak Hill & Herndon NNECH (O)N COMMUNITY GUIDE

IS PRODUCED BY CONNECTION NEWSPAPERS www.ConnectionNewspapers.com Local Media Connection LLC

FOR MORE INFORMATION, CALL 703-778-9431 OR EMAIL SALES@CONNECTIONNEWSPAPERS.COM

Herndon Area Nonprofits: Making Community Work

Cornerstones formerly Reston Interfaith

Cornerstones helps those that are homeless and struggling in Northern Virginia to build more stable lives by connecting them to vital resources that solve their needs for housing, child care, food or financial assistance. Programs and services include the Embry Rucker Community Shelter, Emergency Food Pantry, Hypothermia Prevention Program and the Thanksgiving Food Drive. 571-323-9555 or www.cornerstonesva.org/.

Council for the Arts of Herndon

The Council for the Arts of Herndon is the Town of Herndon's officially designated local arts agency. CAH is a private, not-for-profit charitable organization supported by citizens, businesses and the public sector including the Town of Herndon and the Arts Council of Fairfax County. www.herndonarts.org.

Herndon-Reston FISH

FISH: Friendly Immediate Sympathetic Help. A volunteer, non-sectarian, nonprofit dedicated to helping local residents through short-term crises. Seeking general volunteers or monetary donations. Profits from The Bargain Loft, a thrift store located at 336 Victory Drive, Herndon support FISH. Call 571-267-2980 assistance line or visit http://herndonrestonfish.org.

Touching Heart

Touching Heart is an organization that encourages children to act with love and compassion to combat bullying and in-school violence. They provide children with the opportunity to plan their own fundraising events and support organizations including Fairfax County Foster Care, Leesburg Traditional Housing and partner orphanages around the world. 703-901-7355 or www.touchingheart.com/.

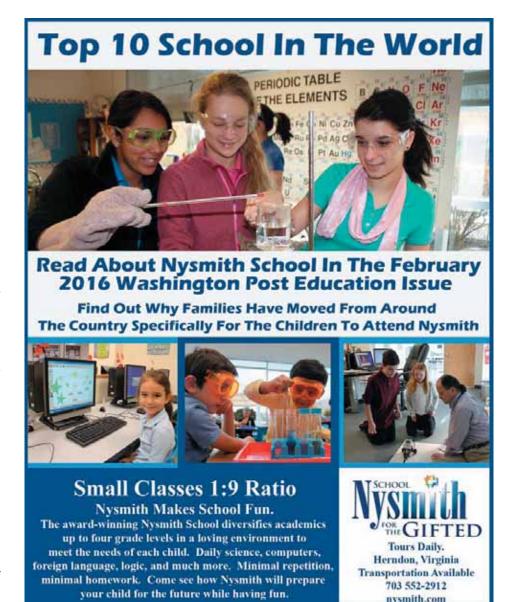
Healthworks for Northern Virginia

"HealthWorks for Northern Virginia, formerly known as the Loudoun Community Health Center, is a nonprofit, Federally Qualified Health Center created to provide health care in a medical home setting to those who have limited or no health insurance. We opened our doors in May 2007, and since then, more than 12,000 patients have received quality medical care with us." Healthworks has locations in Leesburg and Herndon. http://hwnova.org/

Shelter House

Shelter House was formed in 1981 when several ecumenical groups came together to better serve Fairfax County's low-income population; Shelter House provides safe housing and transitional services to help homeless families and victims of domestic violence in Fairfax County achieve self-

SEE NONPROFITS. PAGE 9







HoneyBaked Ham

Locally owned and operated by Roxie Curtis

Herndon: Inside the Town and Fairfax County

Herndon Town Council

Herndon's Town Council consists of the Mayor and six councilmembers. The entire Town Council will be decided in the Town election on Nov. 8. See selection on Upcoming Election below.

Lisa C. Merkel, Mayor 703-435-6805 Mayor.Lisa@herndon-va.gov Jennifer Baker, Vice Mayor Jennifer.baker@herndon-va.gov David A. Kirby, Councilmember dave.kirby@herndon-va.gov Steven L. Mitchell, Councilmember steven.mitchell@herndon-va.gov Sheila A. Olem, Councilmember Sheila.olem@herndon-va.gov Jasbinder Singh, Councilmember jasbinder.singh@herndon-va.gov **Grace H. Wolf, Councilmember** grace.wolf@herndon-va.gov All correspondence should be sent to: PO Box 427, Herndon, Virginia 20172-0427 or town.clerk@herndon-va.gov 703-435-6805

The Mayor is the chief executive officer of the Town. The duties of the Town Council include establishing Town government policy, acting upon local resolutions and ordinances, setting tax rates, approving the annual Town budget\ and providing policy guidance for the Town Manager.

http://www.herndon-va.gov/

The Town Council holds public hearings on the second and fourth Tuesdays of each month, except during June, July, August, and December, during which only one meeting is held on the second Tuesday of the month. Work sessions are held on the first and third Tuesdays of each month with the exceptions of June, July, August, and December, during which only one session is held on the first Tuesday of the month. Alterations to this schedule are noted on the monthly calendar listings. All meetings begin at 7 p.m.

All meetings are open to the public and all are encouraged to attend. Meetings are held in the Herndon Council Chambers Building located at 765 Lynn Street. Agendas are available in the Town Clerk's office at 777 Lynn Street on Fridays prior to each meeting and are posted on the website.

All Town Council public hearings are cablecast live on Herndon Community Television HCTV.

THE NEXT ELECTION for the offices of Mayor and Town Council will be held Tuesday, Nov. 8, 2016. Incumbent Mayor Lisa Merkel will face a challenge from current Councilmember Jasbinder Singh for the office of Mayor.

Candidates for the $\dot{\sin Town}$ Council seats for the 2017-2018 term include Jennifer K. Baker, Jeffrey L. Davidson, Signe V. Friedrichs, Connie H. Hutchinson, David "Dave" A. Kirby, William J. "Bill" McKenna, Sheila A. Olem, Roland B. Taylor and Grace Han Wolf. Baker, Kirby, Olem and Wolf are incumbent councilmembers and serve on the current Town Council. Steve Mitchell is not running for reelection. Herndon's local elections had taken place in May since the Town was incorporated in 1879. For the first time in its history, Herndon will vote for the Mayor and members of its Town Council in the Fall rather than during a special Town election in the Spring.

Herndon Dulles Regional Chamber Of Commerce

http://www.dullesregionalchamber.org/ The Dulles Regional Chamber of Commerce is located in one of the top technology corridors in the nation serving the Dulles Region, included western Fairfax, eastern Loudoun and the Town of Herndon As one of the largest chambers in the DC metro area, the chamber works to increase business for members, to support STEM, workforce initiatives and economic development, and to partner with the commu-



2014-2016 Herndon Town Council: Steve Mitchell, Grace Wolf, Sheila Olem, Mayor Lisa Merkel, Vice Mayor Jennifer Baker, Dave Kirby, Jasbinder Singh.

Board of Supervisors

Herndon is also governed by the Fairfax County Board of Supervisors.

The Fairfax County Board of Supervisors controls the county budget, establishes county government policy, passes resolutions and ordinances [within the limits of its authority established by the Virginia General Assembly], sets local tax rates, approves land use plans and makes appointments to various positions. Fairfax County has an elected Board of Supervisors consisting of nine members elected by district, plus a chairman elected at-large.

See www.fairfaxcounty.gov/government/ board/about-the-board-of-supervisors.htm Herndon is in the Dranesville District.

Herndon residents are represented on the Board of Supervisors by Dranesville Supervisor John W. Foust and Chairman Sharon Bulova, who serves at large.

Dranesville Supervisor, John W. Foust

McLean Governmental Center 1437 Balls Hill Road McLean, VA 22101 703-356-0551, TTY 711 Email: Dranesville@FairfaxCounty.gov http://www.fairfaxcounty.gov/ dranesville/

Fairfax County Government Center 12000 Government Center Pkwy., Ste 530 Fairfax, VA 22035 Phone: 703-324-2321, TTY 711

Email: chairman@fairfaxcounty.gov http://www.fairfaxcounty.gov/chairman/

Fairfax County **School Board**

Chairman, Sharon Bulova

Students in the Town of Herndon attend Fairfax County Public Schools, governed by Fairfax County School Board. The board has 12 members, elected for four-year terms; one member represents each of the County's nine magisterial districts, and three members serve at large. A student representative, selected for a one-year term by the Student Advisory Council, sits with the Board at all public meetings and participates in discussions, but does not vote.

Herndon is represented by Dranesville School Board member Janie Strauss plus the three at-large members, Ryan L. McElveen 571-423-1089, Ryan.McElveen@fcps.edu],

Ilryong 571-423-1090 Moon ilryong.moon@fcps.edu and Jeanette M. Hough 571-423-1091, jhough1@fcps.edu.

Jane K. "Janie" Strauss 571-423-1087

Email: Jane.Strauss@fcps.edu http://www.fcps.edu/schlbd/members/ dranesville.shtml

Virginia House of Delegates

The Town of Herndon is in House of Delegates district 86, a seat held by Del. Jennifer Boysko, who won her election after Del. Tom Rust (R) retired.

Parts of Herndon outside of the town and Oak Hill are represented by Del. Ken Plum (D-36) and Del. Jim LeMunyon (R-67).

Virginia House of Delegates

Del. Jennifer Boysko (D-86) General Assembly Building

P.O. Box 406 Richmond, Virginia 23218 Office: 804-698-1086 DelJBoysko@house.virginia.gov District Office 730 Elden StreetHerndon, VA 20170 703-437-0086

Del. Kenneth "Ken" Plum (D-36)

http://virginiageneralassembly.gov/ house/members/members.php?id=H0076 703-758-9733 804-698-1036 General Assembly Building P.O. Box 406 Richmond, Virginia 23218 Office: 804-698-1036

Del. James M. LeMunyon (R-67)

DelKPlum@house.virginia.gov

703-264-1432 804-698-1067 DelJLeMunyon@house.virginia.gov www.lemunyon.com Post Office Box 220962 Chantilly 20153-0962

Virginia Senate

The Town of Herndon is represented by state senate District 33, Sen. Jennifer T. Wexton [D-33]. Other parts of Herndon outside the town are represented by Va. Sen. Janet Howell [D-32] and Va. Sen. Barbara Favola [D-31].

Sen. Jennifer T. Wexton (D-33)

P.O. Box 396 Richmond, VA 23218

Email: district33@senate.virginia.gov

Phone: (804) 698-7533

Sen. Janet Howell (D-32)

P.O. Box 396 Richmond, VA 23218 Email: district32@senate.virginia.gov 804-698-7532

http://apps.lis.virginia.gov/sfb1/Senate/ senatorwebprofile.aspx?id=223

District Office P.O. Box 2608 Reston, VA 20195-0608

Email: SenHowell@gmail.com

Sen. Barbara Favola (D-31)

General Assembly Building P.O. Box 396 Richmond, Va. 23219 804-698-7531 district31@senate.virginia.gov

U.S. House of Representatives

The Herndon area is in the 10th and 11th congressional districts, represented by U.S. Rep. Barbara Comstock (R-10) and U.S. Rep. Gerald E. "Gerry" Connolly's (D-11). All members of the U.S.House of Representatives are on the ballot this fall.

U.S. Rep. Barbara Comstock (R-10) Washington, DC Office 226 Cannon House Office Building Washington, DC 20515 Phone: [202] 225-5136 https://comstock.house.gov

U.S. Rep. Gerry Connolly (D-11) Washington, DC Office 2238 Rayburn HOB Washington, D.C. 20515 Phone: 202-225-1492 Annandale Office 4115 Annandale Road, Ste. 103 Annandale, VA 22003 Phone: 703-256-3071

U.S. Senate

Mark Warner and Tim Kaine are Virginia's U.S. Senators.

U.S. Sen. Tim Kaine (D-Va.) 231 Russell Senate Office Building Washington, D.C. 20510 202-224-4024 http://www.kaine.senate.gov/

U.S. Sen. Mark Warner (D-Va.) 475 Russell Senate Office Building Washington, DC 20510 202-224-2023 http://www.warner.senate.gov/ Vienna Office 8000 Towers Crescent Drive Suite 200 Vienna, Virginia 22182 703-442-0670

Greater Transparency in Policing

Fairfax County Police embrace change, sanctity of life for all.

> BY COLONEL EDWIN C. ROESSLER JR. CHIEF OF POLICE

ear Community Mem-bers: The Fairfax County Police Department was established on July 1, 1940 and today we have an authorized strength of 1,406 sworn law enforcement officers. Our greatly engaged community exceeds 1.1 million residents which continues to assist us in preventing and fighting crime, increasing the culture of safety to preserve the sanctity of life for all, and to keep pace with rapid urbanization.

Your Police Department proactively undertook an independent review of its use of force training, and related policies and procedures conducted by the Police Executive Research Forum. A further review generating additional change recommendations has been conducted by the County's Ad Hoc Police Practices Review Commission. The core theme of change is adopting the philosophy of the sanctity of life in all we do. As I have discussed in multiple public forums to include the Public Safety Committee of the Fairfax County Board of Supervisors, your police department embraces reengineering the law enforcement profession and we are proud to be national leaders truly engaged with creating change with an engaged community.

The Fairfax County Board of Supervisors has endorsed our reengineering of the policies governing the use of force which value the sanctity of human

The Police Department has adopted policies and practices which utilize the Critical Decision Making Model to ensure that all actions are proportionate, lawful, accountable, necessary, and ethical. Your Police Department has mandated annual in-service training on use of force critical decision-making because the essential knowledge and skills are considered "perishable," therefore rendering training on an annual basis a necessity.

The final report issued by the Ad Hoc Commission included recommendations made by its Independent Oversight and Investigations Subcommittee. These recommendations, the subject of current deliberation by the Public Safety Committee of the Fairfax County Board of Supervisors, propose the creation of a Police Auditor position and establishment of a Civilian Review Panel. The Police Department welcomes immediate implementation of both as they maximize accountability through transparency, and will lead to higher levels of public trust and confi-



Colonel Edwin C. Roessler Jr., **Chief of Police.**

dence in the Police Department.

The Police Department is committed to enhancing its transparency at all levels and we have established policies and procedures in coordination with the Board of Supervisors to achieve maximum communication with the communities we serve. Throughout the remainder of 2016 and into 2017 we will continue to reengineer our profession in many operational and administrative areas to achieve effective change while increasing community engage-

In 2014 the Police Department began a self-assessment process to align its policies and procedures to comply with 484 national standards established by the Commission on Accreditation for Law Enforcement Agencies (CALEA). The required on-site assessment was conducted by assessors from outside Virginia in early 2016, and CALEA accredited status was awarded on July 30, 2016.

The Police Department, along with the Community Services Board, other public safety agencies, and mental health advocates partnered to implement the Diversion First program which provides a viable jail diversion alternative for those in mental health crisis. Our police officers receive Crisis Intervention Team (CIT) training to prepare them to recognize when persons are experiencing a mental health crisis and how best to de-escalate such initial encounters. Our CIT-trained officers now have the Merrifield Crisis Response Center, as well as two Mobile Crisis Units, enabling them to offer persons in crisis the mental health services they may require.

Welcome to Fairfax County and we encourage you to engage with your Police Department as we all continue to make our County a great place to live, work, play, and grow old. To learn more about the Fairfax County Police Department, please visit

http://www.fairfaxcounty.gov/police/

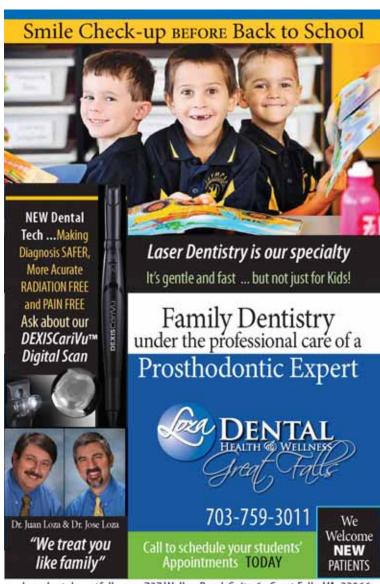


Part Time or Full Time!

Online Virginia Real Estate Course Final Exam Prep in our Reston Office \$229 w/promo code STARTNOW

703-476-1747





Lozadentalgreatfalls.com 737 Walker Road. Suite 6, Great Falls, VA 22066

- Community Notes

Reston Farmers Market at Lake Anne Plaza, founded in 1998, is sponsored by the Fairfax County Park Authority. The market is open Saturday mornings 8 a.m. until 12 noon through Nov. 12 (except Sept. 24). Co-Market Managers are Fran & John Lovaas.

Reston Environmental Action **REACT** Is a nonprofit organization of residents working to make adopting green habits more

convenient. We organize both neighborhood and Reston-wide projects. To encourage recycling, eco-friendly yard and garden care, greener transportation or energy conservation or to learn more about us, call 703-620-0151 or email info@restonenvironmentalaction.org.

Assistance League of Northern Virginia invites community members to help pack food for its Weekend Food for Kids program. Program provides nonperishable food over the

weekend to children who receive reduced price meals during the school year at Title I schools in Fairfax and Prince William Counties and the City of Alexandria.

a.m. on Thursday, September 15 at Dominion Virginia Power, 3072 Centreville Road, in Herndon, Arrive at 9:30 a.m. to help with setup. Event contact Karen Amster: karenamster@aol.com. www.northernvirginia.assistanceleague.org.

Top Stories to Watch

See two proposals for Herndon's future downtown at www.herndon-va.gov/downtownrfp.

By Ken Moore
The Connection

he redevelopment of Herndon's downtown has been discussed, brainstormed and envisioned by Council's for decades; in the next few weeks, the current Council is scheduled to make a decision that impacts Herndon's downtown forever.

Two developers gave competing proposals for the redevelopment of 4.675 acres in historic downtown before a full Council Chamber audience on June 8.

Residents offered their views on the proposals at the public hearings at the Town Council on Tuesday, June 14 and July 12.

The Town Council is expected to make a selection late this summer and anticipates a comprehensive agreement will be awarded by the end of 2016.

Stout and Teague envision a hotel on the corner of Center Street and Elden Street to go along with new residential condos in downtown Herndon.

Comstock Partners and Torti Gallas Partners envision 281 high quality apartments and 17,600 square feet of retail with walkways and plazas.

Both proposals offer an 18,000 square foot arts center as part of the project.

THE COUNCIL voted in May 2015, to purchase 1.67 acres of land in Herndon's historic downtown from Ashwell, LLC for \$3.519 million that added to the three acres of downtown land it already owns.

"The Town of Herndon has been envisioning a comprehensive redevelopment in our downtown for decades," said Mayor Lisa Merkel, around the time the Town purchased the property,

The purchase clears the way for a comprehensive development project in the downtown, in accordance with the Downtown Master Plan adopted by the Town Council in 2011.

"Until this purchase, however, we have been limited in our ability to effectively position downtown Herndon for comprehensive redevelopment, as much of the necessary land was under private ownership."

The land is generally described as between Station Street to the east, Center Street to the west, south of the W&OD Trail, and north of Elden Street.

MANY RESIDENTS are excited.

"We look forward to seeing downtown reach its full potential," said Richard Downer.

"I am very excited that we have two really wonderful plans in front of us," said Signe Friedrichs.

"We are terrifically excited about an 18,000 square-foot arts center right in the heart of our downtown," said Michael

O'Reilly.

But some are concerned.

"What we are doing now is putting high density living in a very congested area. How are we going to handle the traffic?" said Stephen Mundt.

"With 422 dedicated spots to parking, that is potentially 422 people who are leaving every morning and returning every evening," said Meghan Gallardo. "We're going to see a lot of traffic and I want to see how that is going to be managed."

"I have serious concern about the viability of a hotel in downtown Herndon," said Julia Evans. "With all due respect to the lovely town that I live in, Herndon is not a destination that can support a boutique hotel."

Some want to ensure the long-term success of Herndon's future downtown.

"Comstock has a two-year timeline while Stout and Teague has a five-year phased timeline," said Arthur Nachman. "We've just been through the Great Recession," he said. "Markets can change unexpectedly. ... We could be left with a half finished project."

"Shorter construction period and construction costs make it better for everybody, especially for the existing business community," said Downer. "Comstock promises to maintain and program their whole proposed area while Stout and Teague passes all this responsibility to the Town and also the cost of doing that."

Said Nachman: "Time is the killer of all deals. We need to have a plan that can be completed quickly from start to finish."

See http://www.herndon-va.gov/depart-ments/communications-economic-development/economic-development/herndon-downtown-redevelopment-project-rfp

Mayor's Race and Town Council

For the first time in its history, Herndon will vote for the Mayor and members of its Town Council in the Fall rather than during a special Town election in the Spring.

Herndon's Town Council adopted an ordinance March 10, 2015 so Herndon's next Town election will be held in November 2016.

Herndon's local elections had taken place in May since the Town was incorporated in 1879.

At Herndon precincts, between 75-80 percent of registered voters turned out for the November 2012 presidential election year, and approximately 38-45 percent turned out during the midterm elections in November 2010, according to town records. In general, 20-25 percent of registered voters turnout for elections when they are in May

Hundreds voiced opinions during four

public hearings in November and December and by email and written testimony to the Council.

Some residents remained convinced that town elections should be separate from federal and state elections to allow focus on town issues.

"Change is really hard. It's hard in business, it's hard in personal life, it's hard in policy. It's really hard so I absolutely recognize that. But the cornerstone of democracy is participation," said Jennifer Baker, vice mayor on the Council.

"May (elections) made a lot of sense for a long time. But we've done a lot of research and because of that I feel very convinced that we now know November will be better choice going forward," she said.

Council Seats

Current Councilmember Jasbinder Singh announced at the end of June that he will run against Mayor Lisa Merkel for the Town's Mayor position in the upcoming Nov. 8 election.

Candidates for Mayor and the six Town Council seats for the 2017-2018 term announced their intent to run.

Candidates for the six Town Council seats for the 2017-2018 term include Jennifer K. Baker, Jeffrey L. Davidson, Signe V. Friedrichs, Connie H. Hutchinson, David "Dave" A. Kirby, William J. "Bill" McKenna, Sheila A. Olem, Roland B. Taylor and Grace Han Wolf.

Baker, Kirby, Olem and Wolf serve on the current Town Council. Steve Mitchell is not running for reelection.

RESIDENTS OF THE TOWN who are eligible but not registered to vote must do so by Oct. 17, 2016 to vote in the town election.

Register online at www.vote.virginia.gov, or return a completed application postmarked or delivered to the General Registrar, 12000 Government Center Parkway, Suite 323, Fairfax, Virginia, 22035-0081.

Voter registration forms and absentee ballot applications also are available in the Town Clerk's office, 777 Lynn Street, Herndon, 703-435-6804, town.clerk@herndon-va.gov.

Silver Looks Golden

Herndon Station is part of Phase 2 of the Silver Line, running to Dulles Airport and beyond into Loudoun County, which is now 30 percent complete, and scheduled to be operational within the next five years.

See http://www.dullesmetro.com/silver-line-stations/herndon/

"There aren't many towns that can get involved in projects like this," said Mayor Lisa Merkel. The entire Silver Line will be a 23-mile extension of the existing Metrorail system from East Falls Church, through Tysons and Reston, and eventually to Washington Dulles International Airport west into Loudoun County.

The Herndon Town Council approved 38 acres to be set aside for its future Metro stop in February 2012. The Herndon Metro Area Station Plan envisions: a mix of retail, hotel, office and residential space, to include 3.2 million net square feet of additional commercial floor area and 2,400 dwellings by 2035; a promenade, pedestrian and bicycle-friendly trails and enhancements, and recreational amenities; premier office space; parking garages with short-term spaces for kiss-and-ride passengers; and pull-offs along Herndon Parkway for vehicles dropping off and picking up passengers.

"We passed a resolution in February advocating for the County to put a Circulator Bus route for Phase II because we want our residents to get to the Metro without having to get in the car," Mayor Merkel said. "If we have reliable, frequent transit options, people will use it."

Merkel wants everything in place by the time the Silver Line's doors open to Herndon in four or so years.

"People are going to establish their commuting patterns on that first day," Merkel said. "We are working with Fairfax County because we do want to be ready on day

Junction Square/ Tradition Homes

Monroe and Elden and Nachman Way Groundbreaking is anticipated for October, including 2,000 square feet of retail space, five mixed use units whose retail fronts will front Elden Street and 18 townhouses. The Town Council approved the rezoning of the property in December 2014.

New Fire Station

Herndon's new station at 680 Spring Street, a \$13.35 million project funded through a bond referendum that Fairfax County voters approved in November 2014, is anticipated to be completed in the Fall.

The 14,500 square-foot fire station at 680 Spring Street will be a two-story facility with below-grade parking.

A temporary fire station has been constructed at 791 Elden Street so Fire and Rescue can maintain service during construction.

The former fire station on Spring Street was the oldest stations in operation in Fairfax County.

Nonprofits

From Page 5

sufficiency. Currently Shelter House is seeking monetary, item and time donations. www.shelterhouse.org/.

LINK: Link Against Hunger

LINK is an all volunteer Christian organization that provides emergency food and financial assistance to families living in Herndon, Sterling and Ashburn. They were established in 1972 and have been partnering with churches, businesses, schools, scout groups and individuals to help provide food to families in need. Volunteers are needed to pick up food from area stores, schools and businesses, pack food for families, deliver food, help in our pantry and distribute food to various locations. They also rescue food at area schools in Fairfax and Loudoun county and need volunteers during school hours. Their Mobile Food Pantry is held on the second Tuesday of each month in Sterling and volunteers are needed from 12:30 - 3 p.m. 703-437-1776 or www.linkagainsthunger.org.

Northern Virginia **Technology Council**

A not-for-profit that functions similarly to a chamber of commerce for tech companies, providing resources and networking opportunities for tech businesses; offices are in Herndon. www.nvtc.org or 703-904-7878.

Herndon Village Network

The Herndon Village Network is dedicated to assisting Herndon area seniors age in place. Their focus at this time is on providing free transportation for Herndon seniors to medical appointments, social engagements, or shopping. They welcome volunteers and those in need of transportation to visit their www.herndonvillagenetwork.org, email HerndonVillageNetworkInfo@gmail.com or call 703-375-9439 for more informa-

Assistance League of Northern Virginia

An all-volunteer organization that clothes, feeds, educates and nurtures those in need. Working through six elementary schools and Inova Fairfax Hospital, Assistance League touches the

lives of some of the most needy in Northern Virginia. The schools involved include Dogwood Elementary in Reston, Lynbrook Elementary and Garfield Elementary in Springfield, Cora Kelly Elementary in Alexandria and Pine Spring Elementary in Falls Church. Volunteers and donors are always needed. Contact ALNorthernVA@yahoo.com or www.northernvirginia.assistanceleague.org

More Area Nonprofits

The League of Women Voters of the Fairfax Area

The League of Women Voters of the Fairfax Area LWVFA is a volunteer organization composed of passionate men and women who are dedicated to making democracy work. It encourages active participation by citizens, but it does not support or endorse candidates. It conducts studies of important community issues, has monthly meetings during which members discuss these issues, and uses education and advocacy to influence public policy, at the local level, in the interest of the public. It conducts candidate forums so that citizens can ask the candidates questions, candidates can answer those questions and also interact directly with the public. LWVFA also registers voters and provides them with unbiased information about the voting process, issues of interest, and elections. To learn more about this organization or to join please go to its website, www.lwv-fairfax.org.

Affordable Housing Corporation (AHC)

AHC Inc., a nonprofit developer of affordable housing, operates throughout northern Virginia and the Baltimore area to provide quality homes for families and individuals making between 30 and 60 percent of the middle income for their area. AHC also offers services for residents and homeownership opportunities. 703-486-0626 www.ahcinc.org/index.html.

Committee for Helping Others CHO

CHO is an organization committed to providing "simple, loving charity" to those in need in Vienna, Dunn Loring, and Merrifield. CHO is currently seeking volunteer drivers for their furniture and transportation programs. 703-281-7614 or www.cho-va.com

GrandInvolve Seeks Volunteers

ing older adults as vollike to become mentors, readhelpers. room bringing many new volunteers to our Title 1 Elementary

randInvolve is recruit- ing volunteering experience, with flexible hours and varying unteers who would responsibilities, join us at one of 5 schools this year. Schools ing and math helpers, and class- with the GrandInvolve program This are located in Springfield, intergenerational volunteer Lincolnia, the Route 1 area of program has been successful in Alexandria, Chantilly and Herndon. For more information, contact one of the team members

GrandInvolve@gmail.com If you'd like to have a reward-

Family PASS

Family PASS strives to step in before families lose their housing and to help homeless families regain housing and become self-sufficient by providing rental subsidies assistance, extensive case management and other aid including access to education, job training, child care, food, transportation, health care, help with children's issues and counseling. Volunteer opportunities include positions as drivers, food drive organizers and tutors. 703-242-6474 or http://familypassfairfax.org/.

So Others Might Eat

SOME is a 46-year-old organization based in the Washington D.C.area with church partnerships throughout Northern Virginia.

SOME works to meet the immediate daily needs of needy adults and children with food, clothing and health care, with the goal of breaking the cycle of homelessness by offering services such as affordable housing, job training, addiction treatment and counseling to the poor, the elderly and individuals with mental illness.

202.797.8806 or www.some.org/

Pathway Homes

Established in 1980, Pathway Homes focuses on providing housing and sup-port services to individuals with serious mental illnesses, aiming to help these individuals reach their full potential and lead stable lives. They offer both in-home programs, semi-independent houses and assisted living facilities. Volunteer opportunities include one on one interaction, group work and more. info@pathwayhomes.org, 703-876-0390, www.pathwayhomes.org.



The Crossings at Chantilly is the area's newest state-of-the-art Senior Living Community with priority access to skilled care on site.

The Crossings offers a full continuum of care on one campus. Other amenities include farm-to-table cuisine, social and wellness support, recreational programs, a chapel, concierge service, beautiful outdoor living areas and more.

To learn more, contact us today at 703.994.4561 or make plans to attend one of our upcoming programs or open houses.

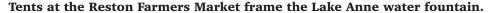






13921 Park Center Road | Suite 355 | Herndon, VA 20171 | thecrossingsatchantilly.com







The crowd starts to fill in at Herndon's Friday Night Live.

Vibrant City Living, Small Town Life

Living in the Reston-Herndon area means you don't have to pick just one!

By Joan O'Bryan The Connection

espite the fierce Herndon-South Lakes high schools rivalry, Herndonites and Restonians have more in common than they do differences. Not the least of which, residents from both towns share a lively and vibrant social scene.

It's gotten to the point where point of residence says little about which locations appeal to you. While the towns aren't quite combined enough yet to merit a "Brangelina"-style celebrity nickname (nor does it quite have the right ring: Hernston? Resdon?), there's no denying that together they are much more than the sum of their parts. The benefit of living in Herndon is every Reston attraction, and vice versa.

No matter the town you're currently tenanting, the following highlights are open to you. There's something for everyone, from wild adventure to peaceful walkabout. Whether you're new to the area or just visiting, make sure you fill your weekends with one (or all!) of these.

Make a Splash at the Water Mine in Lake Fairfax Park

Lake Fairfax Park has it all: the eponymous lake, mountain-biking trails, grills and picnic table. But in one significant feature does it go above and beyond. Inside its bounds is the popular local water park, the Water Mine Family Swimmin' Hole.

The Water Mine is filled to the brim with



Some of the Reston Runners members gather at Reston Town Center to enjoy post-run breakfast.

aquatic adventure. There's an interactive water playground, a lazy river, and slides of all lengths and inclines for the adventurous aquanaut. Rob Robinson, 40, was waiting in line with Nikki, 35, and Laila, 20 months. According to Robinson, it's a "good place to bring elementary aged children. Basically, it's safe and secure for them. The highest depth is four feet, it's family-oriented." Most importantly, "you can bring in a cooler and have your own snacks," a big bonus for any family on a trip.

In a nearby pavilion, Melvin Jones, 69, and Aaron Greene, 71, set up for the Chantilly Baptist Annual Sunday School Picnic. They were expecting a crowd of at least one hundred people. Jones appreciates the convenience and congeniality of having an event at Lake Fairfax. "It's beautiful out here. Whenever we get this spot right up in here, it's beautiful. We've got a good view, nice facility, nice accommodations." Added Greene, "it's a good central point, it's easy to set up, and the kids will be saying, 'hey, we need to go to the water park!"

Shop and Dine at Reston Town Center

Where once stood a humble cow pasture, now stands the archetype for the quickly developing architectural phenomenon, "Urban Light." Urban light aims to bring the best of both words: all of the commercial benefits of a city center with all of the personality of a small-town main street. Only 26 years old, Reston Town Center has rapidly become the heart of the area's social

Ask any group of locals to name their favorite part about Reston Town Center, and you'll be swamped by a chorus of enthusiastic answers. In addition to high-end shopping and dining, RTC, in the local parlance, is chock full of events and activities.

There are public art installations, such as the one currently featuring work by American sculpture artist Patrick Dougherty. Happy hour sales attract young professionals, eager to network over craft beers and fancy wine. Sunday mornings, sporty types meet for public fitness classes in the pavilion. Parents appreciate Bow Tie Cinemas' convenient central location, perfect for dropping off a tween date while retaining the appropriate "embarrassment-free-radius" by shopping next door.

As the year proceeds, each new holiday and season is met by the appropriate hoopla: parades, ice skating, sing-alongs, and more. Visitors can find the complete events list by visiting www.restontowncenter.com.

As Gigi Harwell, 64, a longtime Herndonite, says: "Every city, every town tries to replicate the Reston Town Center. They can not do it! I've been to different areas, and they can not do what Reston Town Center has done. And that's what I like about it."

Visit the Past in Downtown Herndon

Whereas Reston Town Center has a frenetic energy to match its newish birth, Downtown Herndon's more mellow vibe befits its aged stature. Herndon was founded as a settlement in 1858, but began truly thriving with the arrival of the WO&D railroad in the early twentieth century. Easy come, easy go: in 1968 the railroad was converted into a hike-and-bike trail, and with it came the transformation from industrial stop to small-town feel.

Downtown Herndon remains proud of its history. The old train station was converted to the Herndon Depot Museum. Inside is railroad memorabilia, artifacts from Herndon's yore, and information on the town's namesake, Captain William Lewis Herndon. Nearby is a decommissioned red caboose, cheerfully clambered on by children peeking into the past.

Historical pride aside, modern Herndon has much to brag about as well. There's a delightful collection of ethnic restaurants. The red brick architecture is pleasing, cre

SEE PLACES TO GO, PAGE 14 www.ConnectionNewspapers.com

Long-time Residents to Newcomers

What's the Best Part of Living in the Area?

—Joan O'Bryan



Kathy Blystone, 56, 32 years in Herndon:

"I like downtown Herndon because it's fun to take friends to the Breeze and different restaurants. After Friday Night Live the Breeze puts on a big thing. We just really like the atmosphere. It's inviting."



Chrissie Constable, 34, and son Cooper, 4 1/2, 5 months in Herndon:

"Friday Night Live is a lot of fun! Our neighbors told us about it. They come almost every week. So we come for a few songs until the kids get tired and have a great night out!"

Manfred Boerhinger, 69, 16 years in Reston:

"In Reston, everything works. This is number one. Bus, police, banking, restaurants. I lived in Switzerland three years. I don't want to say that this is Switzerland, but the perfection is amazing. I'm a fan of the U.S.



government, including the Virginia state government. This is perfect. My brother and sister were here from Germany and we were sitting here (in Reston Town Center), he looked around and said, 'Manfred, now I understand why you never came home again."

See Viewpoint, Page 14





16182 HILLSBORO RD, PURCELLVILLE - Luxury country estate on 22 ac. Pure elegance, with every bell & whistle, 6 BR, 6 1/2 BA. Lower level suite with full living quarters & outside entrance.Gorgeous outdoor living areas; Inground pool, pool house, putting green, professional landscaping. Secured entry gate, fully fenced. Whole house generator with dedicated propane tank \$1,900,000

Carole Taylor • 703-577-4680 • ctaylor@middleburgrealestate.com



292 HITE LN, STRASBURG - Mt. Pleasant, c. 1812. Beautiful Federal manor home of brick crafted on-site. Original heart pine floors, magnificent staircase & beautiful millwork. 5 BR, 5 BA 8 FP. High ceilings, great flow for entertaining: 107 Ac. Country kitchen with FP, tenant house, bank barn, spring house. A perfect weekend retreat, year around residence, B&B, 1+ hr to DC. On National Register. \$1,200,000

Carole Taylor • 703-577-4680 • ctaylor@middleburgrealestate.com



17971 YATTON RD, ROUND HILL - Historic Runnymede Farm, c. 1777 is totally updated for today's lifestyle, Spacious stone manor house sits on 20 beautiful acres. 4 BR, 2 FB, 3 HB. Interior stone walls, terrace. Gourrnet kitchen, separate dining room with FP, tavern room with built-in wetbar, walk out to huge terrace with spa overlooking fields. Old springhouse, small barn. Entire property fenced. Very commutable, yet feels a world away. \$1,170,000 Carole Taylor • 703-577-4680 • ctaylor@middleburgrealestate.com



39207 JOHN MOSBY HWY, ALDIE - Historic home c.1803 in the heart of Aidle, beautifully restored interior, private front and back porches, stunning swimming pool with exceptional outdoor entertainment center, gazebo and hot tub, exquisite professionally landscaped gardens all beautifully manicured, brick walkways, extensive patios, fencing. Detached art studio and 2 car garage. Must see! \$1,009,000

Scott Buzzelli • 540-454-1399 • Scott@atokaproperties.net Peter Pejacsevich • 540-270-3835 • Peter@atokaproperties.net



35653 MILLVILLE RD, MIDDLEBURG - LOCATION! Lovely 4BR/3.58A home w/spacious rooms on 18+ acres just minutes from Middleburg. Two-stall barntack with four stone/board-fenced paddocks, terrific rideout. Middleburg Hunt. Enhanced by high-speed Internet, whole house generator, extensive Invisible fencing. Mountain views, soaring magnolias, wonderful gardens. \$995,000

Walter Woodson • 703-499-4961• wnwoodson@gmail.com



MORGANS MILL RD, BLUEMONT - 147 acrest 4 lots, 4 building rights, recreation or hunting paradisel Presently in forestry-wooded mature forest (value in lumber), potential conservation easement/lax credits, trails, potential views, tree stands, access to appalachian trail and no covenants or restrictions! Includes lots 33--a-6a, 33--a-6b, 33--a-6c.

Joy Thompson • 540-729-3428 • Joy@joythompsonhomes.com



15210 SHANNONDALE RD, PURCELLVILLE - Very unique property custom built by artist! 12+ acres, incredible views and privacy, gorgeous family room with beautiful stone FP, wood floors, cathedral ceiling, loft with landing, lovely kitchen with built-in seating, huge art studio with separate entrance, main level master with wool carpet and lovely master bath, finished LL, den with stone FP, 2 bedrooms, tull bath, & walk out, 2 car garage, deck, & pond. \$749,000

Joy Thompson • 540-729-3428 • Joy®joythompsonhomes.com



13 HUNT CT, MIDDLEBURG - Ultimate quality! Immaculate all brick townhouse w/high end upgrades & finishes. Recently refinished HW floors, built-in bookcases, beautiful crown molding, Wi-fi thermostats & Ralph Lauren lighting fixtures throughout the house. 3 fireplaces, 4 levels, beautiful light-filled kitchen. Mins from restaurants, shops & wineries in historic Middleburg! Fantastic location. Must see to fully appreciate! \$499,000

Soott Buzzelli • 540-454-1399 • Soott@atokaproperties.net Peter Pejacsevich • 540-270-3835 • Peter@atokaproperties.net



20079 SANDSTONE SQ, STERLING - Beautiful 2804 sq ft end unit townhouse with hardwood on the main level. New roof. New stainless steel kitchen appliances. Beautifully maintained and great location, close to Cascade Market Place, RT 7 and RT 28 and not far away from Dulles Airport. The Whirlpool tub is as is. Ready for new buyer. \$490,000

Rohani Stewart • 703-244-8540 • Rohani⊕atokaproperties.com

WWW.ATOKAPROPERTIES.COM



Middleburg 540-687-6321 | Purcellville 540-338-7770 Leesburg 703-777-1170 | I Ashburn 540-242-5333



How to Vote Every year is election year in Virginia; mechanics and details of voting require attention to detail

FAIRFAX COUNTY:

While the Presidential election will take top billing, every seat in the U.S. Congress is on the ballot, with one hotly contested race in Northern Virginia.

In Fairfax County, voters will decide whether to enact a four percent meals tax, a topic voters will hear a lot more about in coming weeks.

The Town of Herndon will have its first November election, moving from May in past elections, with the office of Mayor and six Town Council seats on the ballot.

Fairfax County voters will decide on three bond questions, including \$120 million in transportation bonds for Metro; \$107 million in bonds for parks; and \$85 million for building and renovating senior and community centers, and homeless shelters. More at http://www.fairfaxcounty.gov/bond/

Absentee Voting in Person in Fairfax County

Voting begins Sept. 23, and with record turnout possible, voting early if you qualify is a good choice.

There are 19 valid reasons to vote absentee in Virginia, including working and commuting to and from home for 11 or more hours between 6 a.m. and 7 p.m. on Election Day. Check the Virginia Department of Elections list to see if you are eligible. http:/ /elections.virginia.gov/casting-a-ballot/absentee-voting/index.html

There are two ways to vote absentee, inperson and by mail. To do either, you should first check your voter registration status to make sure it is up-to-date. Then you will need to apply for an absentee ballot. Note: If you vote absentee in-person you will fill out the application when you arrive at the in-person absentee location (see locations below). Voting absentee by mail? Read below for the process of applying for your

You can now apply for an absentee ballot online with the state's new Citizen Portal. You will need your Social Security Number and information on your Virginia Driver's License to complete the application. Information is also provided on how to apply if you do not have a driver's license.

Absentee Voting Begins Sept. 23

Fairfax County Government Center, Conference Room 2/3,

12000 Government Center Parkway, Fairfax, 22035

Weekday Schedule:

- Sept. 23 to Oct. 14, Monday, Tuesday, Wednesday and Friday: 8 a.m. to 4:30 p.m.; Thursday: 8 a.m. to 7 p.m., Closed, Monday, Oct. 10, Columbus Day.
- ❖ Oct. 17 to Nov. 4, Monday Friday, 8 a.m. to 8 p.m.

Saturday Schedule: Oct. 1, 8, 15, 22, 29 and November 5, 9 a.m. to 5 p.m. Nov. 5 is the last day to absentee vote in-person.

Upcoming Deadlines

On Election Day Polls are open from 6 a.m. - 7 p.m.

To determine whether you are eligible and registered to vote in this election, visit the Virginia Department of Elections website at http:// elections.virginia.gov/ or call Fairfax Elections office at 703-222-0776.

- ❖ Sept. 23: In-Person Absentee Voting Begins http://www.fairfaxcounty.gov/ elections/absentee.htm
- ❖ Oct. 17: Voter Registration Deadline In-Person: 5 p.m., Online www.vote.virginia.gov 11:59 p.m.
- Nov. 1: Last Day to Apply for an Absentee Ballot by Mail, Fax, Email or
- ❖ Nov. 5: Final Day for In-Person Absentee Voting
- Nov. 8: Absentee Ballot Return Deadline: 7 p.m.

For more information on voting in Fairfax County:

Voter Registration: 703-222-0776, TTY 711 Absentee Fax: 703-324-3725

Email: voting@fairfaxcounty.gov

Election Officer Info: 703-324-4735, TTY 711

ON THE BALLOT in Fairfax County:

- President and Vice President
- ❖ U.S. House of Representatives, 8th, 10th, or 11th District
- ❖ Meal Tax Referendum
- Three Proposed County Bond Questions
- ❖ Two Proposed Constitutional Amendments

Absentee Voting at Satellite Locations Saturday Schedule: Oct. 1, 8, 15, 22, 29 and Nov. 5, 9 a.m. to 5 p.m.

Weekday Schedule: Oct. 17 to Nov. 4, Monday - Friday, 2 p.m. to 8 p.m.

Satellite Voting Locations:

- ❖ Providence Community Center 3001 Vaden Dr., Fairfax, 22031
- Franconia Governmental Center 6121 Franconia Rd., Alexandria, 22310
- ❖ McLean Governmental Center 1437 Balls Hill Rd., Community Room, McLean,
- North County Governmental Center, 1801 Cameron Glen Dr., Community Rooms, Reston, 20190
- $\diamondsuit \ \text{West Springfield Governmental Center}$ 6140 Rolling Rd., Springfield, 22152
- Mason Governmental Center 6507 Columbia Pike, Annandale, 22003
- * Mount Vernon Governmental Center -2511 Parkers Lane, Alexandria, 22306
- ❖ Sully Governmental Center 4900 Stonecroft Blvd., Chantilly, 20151
- ❖ Lorton Library 9520 Richmond Hwy., Lorton, 22079 SATURDAYS ONLY (Closed Weekdays)

Ballot Question, Meals Tax

http://www.fairfaxcounty.gov/mealstax/ Fairfax County voters will vote yes or no on establishing a 4 percent meals tax. The in coming weeks on both sides of this issue. Herndon and Vienna.

OUESTION:

State law authorizes counties, cities, and towns to levy a tax on prepared food and beverages, commonly called a "meals tax,"

subject to certain restrictions. Most counties, including Fairfax County, may levy a meals tax only if the voters approve the tax by referendum.

The question presented in this referendum asks Fairfax County voters whether the Board of Supervisors should be authorized to levy a meals tax, at a rate not to exceed four percent of the amount charged for the taxable food and beverages.

70 percent of the net revenues would be dedicated to Fairfax County Public Schools; 30 percent of the net revenues would be dedicated to County services, capital improvements and property tax relief.

The question also states that the Board of Supervisors' reason for seeking authority to impose a meals tax is to reduce the county's dependence on real estate taxes. Currently, nearly 65 percent of Fairfax County's General Fund budget relies upon real estate taxes. State law limits what the county can tax and how it may otherwise raise revenue. Almost 90 percent of Fairfax County non-property tax revenues are capped, limited, or controlled by the state. A meals tax would give the County a new source of revenue, which would help diversify the County's revenue base. At the maximum four percent tax rate, a meals tax would generate an estimated \$99 million per year, with a significant percentage paid by non-county residents.

A number of area jurisdictions already impose a meals tax, including Arlington County, the cities of Alexandria, Falls Connection will publish stories and letters. Church, and Fairfax, and the towns of

Four Bond Questions

http://www.fairfaxcounty.gov/bond/ TRANSPORTATION BONDS, Yes or No

Shall the Board of Supervisors of Fairfax County, Virginia, contract a debt, borrow money and issue bonds, in addition to bonds previously authorized for transportation improvements and facilities, in the maximum aggregate principal amount of \$120 million to finance Fairfax County's share, under the Washington Metropolitan Area Transit Authority Compact, of the cost of constructing, reconstructing, improving and acquiring transportation improvements and facilities, including capital costs of land, transit facilities, rolling stock and equipment in the Washington metropolitan area, and to finance improvements to primary and secondary State highways and ancillary related improvements and facilities?

PARKS AND PARK FACILITIES BONDS,

Shall the Board of Supervisors of Fairfax County, Virginia, contract a debt, borrow money and issue bonds, in addition to bonds previously authorized for parks and park facilities, in the maximum aggregate principal amount of \$107,000,000: (i) \$94,700,000 principal amount to finance the Fairfax County Park Authority's cost to acquire, construct, develop and equip additional parks and park facilities, to preserve open-space land, and to develop and improve existing parks and park facilities; and (ii) \$12,300,000 principal amount for Fairfax County's contribution to the Northern Virginia Regional Park Authority to acquire, construct, develop and equip parks and park facilities?

HUMAN SERVICES/COMMUNITY DE-VELOPMENT BONDS, Yes or No

Shall the Board of Supervisors of Fairfax County, Virginia, contract a debt, borrow money and issue bonds in the maximum aggregate principal amount of \$85,000,000 to provide funds to finance the cost of human services facilities and community development facilities, including the construction and reconstruction of community centers and shelters and the acquisition of land and equipment or interests therein?

- Replace the Sully Senior Center and a build new Lorton Community Center (\$37
- * Renovate, expand or replace four emergency shelters for people who are homeless: Patrick Henry, Embry Rucker, Eleanor Kennedy, and Bailey's (\$48 million)

Virginia Voter ID

Virginia has a stringent voter identification requirement, plan to bring photo identification with you to vote, whether that is absentee or on Election Day.

Among accepted ID: valid Virginia Driver's License or Identification Card; valid Virginia DMV issued Veteran's ID card: valid U.S. Passport; other government-issued photo identification cards issued by the U.S. Government, the Commonwealth of Vir

> SEE HOW TO VOTE, PAGE 13 www.ConnectionNewspapers.com

Newcomers & COMMUNITY GUIDE

How to Vote

From Page 12

ginia, or a political subdivision of the Commonwealth; valid college or university student photo identification card from an institution of higher education located in Virginia; valid student ID issued by a public school or private school in Virginia displaying a photo; employee identification card containing a photograph of the voter and issued by an employer of the voter in the ordinary course of the employer's business.

Any registered voter who does not have one of the required forms of identification can apply for a free Virginia Voter Photo Identification from any general registrar's office in the Commonwealth. Voters applying for the Virginia Voter Photo ID complete the Virginia Voter Photo Identification Card Application, have their picture taken, and sign the digital signature pad. Once the application is processed, the card will be mailed directly to the voter.

A voter who does not bring an acceptable photo ID to the polls will be offered a provisional bal-

Provisional Ballot Process for Voters Who Arrive Without Identification

If you arrive at your polling place on Election Day without an acceptable form of photo identification, don't panic or give up. You will be given the opportunity to vote a provisional ballot. After completing the provisional ballot, the individual voting will be given written instructions from the election officials on how to submit a copy of his/her identification so that his/her vote can be counted.

A voter will have until noon on the Friday following the election to deliver a copy of the identification to the local electoral board or to appear in person to apply for a Virginia Voter Photo ID Card. Voters may submit a copy of their ID via fax, email, in-person submission, or through USPS or commercial delivery service. Please note that the copy of the ID must be delivered to the electoral board by ballot cannot be counted.

Also by noon on Friday following the election, the voter may appear in-person in the office of the general registrar, in the locality in which the provisional ballot was cast, and apply for a Virginia Voter Photo ID Card. At the completion of the application process, the voter may request a Temporary Identification Document. This document may be provided to the electoral board to suffice the identification requirement.

Constitutional Amendments

Two proposed Virginia Constitutional Amendments will also be on the ballot:

Ballot Question 1: Should Article I of the Constitution of Virginia be amended to prohibit any agreement or combination between an employer and a labor union or labor organization whereby (i) nonmembers of the union or organization are denied the right to work for the employer, (ii) membership to the union or organization is made a condition of employment or continuation of employment by such employer, or (iii) the union or organization acquires an employment monopoly in any such enterprise?

The proposed amendment places the provisions of Virginia's right to work law into the Constitution of Virginia. While Virginia law may be amended by any future General Assembly, a constitutional prohibition can only be changed by a future constitutional amendment approved by the vot-

Ballot Question 2: Shall the Constitution of Virginia be amended to allow the General Assembly to provide an option to the localities to exempt from taxation the real property of the surviving spouse of any law-enforcement officer, firefighter, search and rescue personnel, or emergency medical services personnel who was killed in the line of duty, where the surviving spouse occupies the real property as his or her noon on Friday, or the provisional principal place of residence and has not remarried?





PHOTOS BY JOAN O'BRYAN/THE CONNECTION



Franceska Villamil, 3, and her brother Lucas, 1, chase chickens at Frying Pan Park.

Places To Go

From Page 10

ating a picturesque view for happy icecream lickers sitting on the scattering of benches.

Probably the most popular location to visit is the Great Harvest Bread Company. "They give you free samples. My grandkids love that. We go sit on the bench outside and feed the birds and eat the bread for breakfast," says resident Sue Pugh. Wild life and locals alike are fans of Herndon's culinary chef d'oeuvre.

Stretch Your Legs on the W&OD Trail or the Paths Around Walker Nature Center

The W&OD trail used to be the Washington and Old Dominion railway line during the heyday of the steam engine. Now it's a 45 mile-long asphalt bike trail that passes through the heart of Downtown Herndon and right next to Reston Town Center.

Parts of the trail are quiet and empty; in other sections the ground practically hums with the whizzing of bicycles and the patter of jogging feet. At select intervals are benches and water fountains for exercise-junkies needing a break. The Reston Runners are big fans of the Green Lizard Cycling shop, which according to general consensus, has the best espresso in the area. Coffees and smoothies refuel hikers and bikers, as the Green Lizard mechanics get their machines into tip-top shape.

Not everyone uses the W&OD to get in shape. Matt Kim, 18, recently went for a short walk along the trail with his younger brother, Daniel,10. Forget the scenery, the main attraction was "the small bird Pokemons and rats" (officially, Pidgeys and Rattatas) available for the hunting. Yes, that's right: the W&OD is the perfect place to play Pokemon Go. Matt says that he and his little brother appreciate the trail for its convenience and safety, since "he (Daniel)

can't really cross roads that much by himself, so I guess just being able to walk in a safe, car-free environment is good for him."

For kids whose digital wildlife spotting inspires a return to nature, the Walker Nature Center runs various environmental education programs. Almost no age is too young; Reston's littlest members have a program dedicated specifically to them "Babes in the Woods" for ages 18-35 months. Adults can learn about subjects such worm composting or fall container planting in assorted programs.

The Walker Nature Center also acts as a hub for the myriad walking and running paths that spiral through Reston. There exists 1,300 acres of open space in the town, and the center has the low-down on each and every one of them. Walking the trails is free; programs are fee-based. More information at www.reston.org

Look Your Food in the Eye at Frying Pan Park

The evocative name surely unnerves the pigs and cattle living there, but they have nothing to fear from Frying Pan Park. It's where they go next that involves culinary equipment. The farm today operates as a "frozen in time" historical park, showing modern day city-dwellers the agricultural life their grandparents might have enjoyed.

There's a barn filled with antique farming equipment and more ancient thrashers and plows scattered about the property. At Kidwell Farm, children can get to know draft horses, goats, chickens, sheep, and rabbits. Especially exciting is the new litter of baby piglets, fourteen in all, as proudly shown off by Lily Dunham, 18, a freshman beginning her veterinary study at NVCC. Some will be bought by local farms, others will go to young 4-H participants, and a lucky few will stay at the Park, living in styes like Hogwarts and Hammelot. Every so often, the farm will have a presidential guest: the pardoned Thanksgiving turkey, saved from the White House table, will peck happily at the Virginian soil.



Shoppers stroll through the Lake Anne Village Center as the Reston Farmers Market bustles.

On weekdays there are often school trips, but events at the park run the gamut from birthday parties to free bluegrass concerts. Seasonal events include the Easter Egg Hunt, a Scarecrow Making Workshop, and Christmas on the Farm. If you go Friday mornings, you'll be able to participate in a wagon ride driven by the knowledgeable volunteer Jeff Smith. He'll tell you what happens to the milk, why not to eat the Farm's corn, and if you're lucky, where Frying Pan Park got its funny name.

Wei Lu, 52, enjoys watching the horses as they practice for equestrian competitions. He's a big fan of the park and especially the old John Deere equipment. According to Lu, "it's kind of rustic, but it's very precious."

Spend Time in Lake Anne Village Center

When Robert E. Simon, Jr., broke ground on his marvelous utopian settlement, his first project was carving out the 30-acre Lake Anne. Along its edges, he built the beautiful Lake Anne Village Center. He envisioned a thriving, European-style city center, where residents could sit sipping cappuccinos and admire the sparkling rainbows made by the lake's blustering fountain.

Residents have stayed true to their founder's vision. Today, the center thrives as shoppers visit its locally-owned businesses - no chains allowed! There's an art gallery, restaurants, community center, and the Reston Historic Trust & Museum for the historically inclined. There's even a "nanobrewery" (one size smaller than the popular microbrewery craze sweeping the nation). Lake Anne Brew House sells smallbatch, hand-crafted beers with names like Lake Anne Skinny Dip Kolsch and Reston Red Ale.

Residents and visitors enjoy sitting around the fountain in the middle of the plaza. "I love it. The first time I visited with my girl-friend and I thought, this is great! My son would love this; he's six years old. And I love the kettlecorn. The atmosphere is great near the water. And it's friendly and good for kids," according to McLean resident

Wendy Ko, 35. Her son, Alex, 6, is a big fan of the fountain, but not without reservations: "It has lots of splashes, but it's not very deep." That didn't stop him from getting soaked, in the company of about ten of his peers.

On Saturday mornings, the village center is filled with hustle and bustle as the Reston Farmer's Market sets up. Tina Barrett, 79, has been a Herndon resident since 1960 and is a farmer's market enthusiast: "The Reston farmer's market is great. It has everything, vegetables, people selling wares. You name it, they have it there!" True to her word, you can get everything from vegan burgers to women's clothing while walking in the bright sunshine.

Last but not least, the water feature itself provides residents with entertainment. Surf Reston rents paddleboards and offers lessons. For the uninitiated, paddleboarding is a water sport where one stands on a long, flat surfboard and uses an oar to propel oneself through the water. The Reston Association also provides hourly boat rentals for those who prefer their water sports with a lower center of gravity.

Work Out and Make Friends with Reston Runners

What're the Reston Runners all about? In a word, breakfast. According to Mary Goebel, 69, "we run so we can eat!"

The running and walking group gets together every Saturday and Sunday morning. They run or walk, depending on preference, a pre-assigned route pausing for drinks at strategically spaced water stations. Afterwards, they'll gather in a sweaty circle at Reston Town Center and enjoy coffee and company.

These athletes span multiple generations, from college students home for the summer to senior citizens. In addition to providing running routes, the group is an excellent place to meet people and make

SEE PLACES TO GO. PAGE 15 www.ConnectionNewspapers.com

Places To Go

From Page 14

friends. Manfred Boehringer, 69, has been with the Runners for seven years now.

"It's actually my life now. I meet people to run, to bike, to ski. I retired in 2009 and since then this has been my social world. We even went to the zoo yesterday. The best thing about Reston Runners is that we have all kinds of people. It's easy, Reston Runners is very open."

Beyond visiting the zoo, Reston Runners do a variety of events and trips together. Walking the Camino de Santiago in Spain and along Hadrian's wall in England are just two of many international trips that John Nu

international trips that John Nusbaum, 72, remembers fondly.

Anna Newcomb, 52, an ex-president of the group, touts their niche programs. Previous years have featured Youth in Motion, a running program for kids ages 2-12. Currently she helps organize the women's training program. The "Couch to 5k" program helps beginner female athletes train for their first 5,000 meter race. Women receive mentoring from previous program participants, and learn the basics about running culture. "It's a very popular program among a lot of people who have just started to run. There's also a little education every week, about clothing or nutrition or whatever has to do with entering into the athletic world. It's a very sweet program."

Saturdays and Sundays are the staple runs, but at different points in the year there are Wednesday night trainings, Tuesday/Thursday evening runs, and Tuesday/Thursday morning meet-ups. More information can be found at www.restonrunners.org.

Listen to Live Music at Friday Night Live and Concerts on the Town

Rock and roll has never been so family friendly. On the Town Green in Downtown Herndon, little ones bounce to the live music as parents recline in lawn chairs. Friday Night Live has been Herndon's go to outdoor summer concert series for over twenty years.

Though the median age skews elementary, that's not to say there's nothing for adults. Stephanie Harrison, 28, has been attending for five straight years. What brings her? "Good beer and good music." What else do you need?

And if you didn't get enough music on Friday night, never fear. Herndon starts the weekend; Reston finishes it. Concerts on the Town at Reston Town Center provide another night of live listenin'.



Photo by By Joan O'Bryan/The Connection

Walkers stroll by the Herndon Depot Museum on the W&OD trail.

Randy Boone, 56, attends the series every summer. He's a fan of the variety. 'Jazz, fusion, every year it's something different. You could get rock, you get reggae, just the different variety of music is nice. It's always good music." However, he warns that all visitors should come prepared. Be sure to bring a lawn chair, water, and a snack!

Unfortunately for recent comers, both of these series have their last shows this upcoming weekend, August 26 and 27.

Kicking yourself for having missed out on great music? Fret not. (See what I did there?) JamBrew brings local bands back to the Town Green beginning Friday, Sept. 2 and carrying on throughout the month.

Turn your House into a Home ***************) W ... How can you help? Adopt Volunteer Donate money or one of our lovable your time or supplies cats or dogs. services. for the Shelter. www.foha.org

VIEWPOINTS



Laura Thomas works at the Reston museum.

Laura Thomas, 83, 49 years in Reston

"People come from across the country to learn firsthand about the vision that (Robert E.) Simon had. People come from abroad to see this, because it was so innovative and has become so successful. (In 1967) there was very little here. It was very small. We moved to Hunters Woods but there was nothing really. You didn't have street lights. Everything changed. I like change and growth. What has not changed is people continue to come here with basically the same philosophy as they came in 1967. They want something that is good for families, good for economic growth, sophisticated, and worthy of families. And that's why they come."







Bull Run Marina Regional Park &

Atlantis Waterpark
7700 Bull Run Drive, Centreville
www.nvrpa.org/park/bull_run/ www.atlantisbullrun.com/ 703-631-0552

Main park open all year for picnicking, hiking and family camping. Bull Run Public Shooting Center open all year. Group Camping open daily Jan. 7 though Nov. 11. Mini and disc golf open April through October. Hours vary. Atlantis Waterpark features pools, a giant dumping bucket, waterslides, and fun-filled activities for all ages. Atlantis is open from Memorial Day weekend through Labor Day, and is a member of the Northern Virginia Regional Park Authority family of Waterparks. Neptune Reef snack bar sells food, beverages and sweets.

Cameron Run Regional Park/Great **Waves Waterpark**

4001 Eisenhower Äve., Alexandria www.nvrpa.org/park/cameron_run/ www.greatwaveswaterpark.com/ 703-960-0767

Cameron Run Regional Park offers a variety of recreation facilities in an urban area, including Great Waves Water Park. Catch a wave in the wave pool, twist and turn down four-story water slides, take a plunge down speed slides, play with friends in the shallow waters of the play

private functions and weddings. Fountainhead Regional Park

foothold in history when British General

Alexandria as the only stone, 18th-century

programs for schoolchildren, special events,

The site may be rented in the evenings for

Braddock made the mansion his headquarters in

1755. On the National Register of Historic Places, Carlyle House is architecturally unique in

Palladian-style house. Daily tours of the house,

exhibits and lectures explore the life and times

of John Carlyle in pre-Revolutionary Alexandria.

7315 Ox Road, Fairfax Station www.nvrpa.org/park/fountainhead/703-250-9124

The observation deck of the Marina Building at Fountainhead commands a spectacular view of the widest point of the Occoquan Reservoir. Summer activities include catfish tournaments, children's fishing tournament, paddleboat tours

Hemlock Overlook Regional Park 13220 Yates Ford Road, Clifton

www.nvrpa.org/park/hemlock_overlook/ 800-877-0954; 571-281-3556;

Hemlock Overlook Regional Park offers a variety of outdoor and environmental education. Programs at Hemlock Overlook are open to the public and groups by reservation. Only the hiking and horse 9750 Meadowlark Gardens Court, Vienna www.nvrpa.org/park/ meadowlark_botanical_gardens/

703-255-3631 This 95-acre complex of large ornamental display gardens and unique native plant collections is open year round and include walking trails, lakes, more than 20 varieties of cherry trees, irises, peonies, extensive shade garden, native wildflowers,

gazebos, birds, butterflies, seasonal blooms and foliage. The Atrium's indoor tropical garden setting is a popular meeting, reception, wedding and workshop location. Interpretive displays accompany a restored 18th-century cabin.

Occoquan Regional Park 9751 Ox Road, Lorton

www.nvrpa.org/park/occoquan/ 703-690-2121

This park offers 400 acres of recreational space and a touch of the past with its historic brick kilns and the Turning Point Suffragist Memorial. Park lands, trails and associated waters are part of the Fairfax Cross-County Trail. Kayak rentals. One hour Tour Boat Rides on the Occoquan River to Belmont Bay and back. Offered Saturdays noon-5 p.m., Sunday 1- 8 p.m., April 2 through Nov. 27. \$10 adults, \$5 children 12 and under, under age 4 are free.

Pohick Bay Regional Park & Lorton

www.nvrpa.org/park/ pohick_bay/ www.piratescovepohick.com 703-339-6102 Pohick Bay is located on the

Potomac River, 25 miles south of the nation's capital. The boat launch facility is one of only three public access points to the Potomac River in northern Virginia. Pohick Bay offers canoes, kayaks, paddle boats and jon boats for rent on the weekends, as well as family and group camping, hiking, picnic areas and a large play area for children. The park offers one of the largest, outdoor freeform pools on the east coast. Pohick Bay Regional Park, located on Mason Neck Pennisula is an ecologically fragile land that shelters an abundance of wildlife, including the bald eagle. Pirates Cove Waterpark is located at Pohick Bay Regional Park. Visitors can cool off under the 300-gallon dumping bucket, fire the water cannons and splash down the waterslide or search for buried treasure at Buccaneer Beach sand play area. Pirates Cove

Sources: National Park Service, Northern Virginia Regional Park Authority, Virginia State Parks and Fairfax County Park Authority. Map courtesy of Fairfax County Park Authority. Designed & compiled by Jean Card and Laurence Foong. Photos by Renée Ruggles.



also features picnic pavilions, a deck for sunning and playing, as well as plenty of shade. Captain's Galley snack bar features food, beverages and sweets. Pirates Cove is open from Memorial Day weekend through Labor Day.

PB Pohick Bay Golf Course

10301 Gunston Road, Lorton www.nvrpa.org/park/pohick_bay_golf_course 703-339-8585

This scenic golf course is located on the Mason Neck Peninsula in Lorton. Pohick Bay's practice facility features a driving range with practice putting and chipping greens, and lessons from PGA pros. A full-service pro shop features an array of name-brand golf clubs, equipment and apparel. Other services include club making, custom club fitting, regripping, reshafting and tournament coordinating.

Potomac Overlook Regional Park & Nature Center 2845 Marcey Road, Arlington, VA 22207

www.nvrpa.org/park/potomac_overlook/ 703-528-5406

On the Potomac Palisades in north Arlington, Potomac Overlook offers 70 acres of peaceful woodland, trails, educational gardens, a small picnic area and a Nature Center. The Nature Center features brand new exhibits called the "Energerium," offering visitors a fun and accessible way to learn energy basics and ways they can help create sustainable energy solutions. The Nature Center also houses live animals and natural history exhibits.

Sandy Run Regional Park

10450 Van Thompson Road, Fairfax Station www.nvrpa.org/park/sandy_run/ 703-690-4392

The park is open to the public for the purpose of education, training, practice, and racing for competitive and recreational sculling and rowing. Only shells and other boats authorized by the Northern Virginia Regional Park Authority may be launched from the docks or shoreline of Sandy Run. Sandy Run offers a facility for team training and competition for Olympic, college, high school and club canoe, kayak and crew athletes.

Upton Hill Regional Park & Ocean Dunes Waterpark 6060 Wilson Blvd., Arlington

www.nvrpa.org/park/upton_hill/ www.oceanduneswaterpark.com/ 703-534-3437 or UptonHill@nvrpa.org Upton Hill Regional Park offers visitors a wooded oasis in the heart of the most densely populated area of Northern Virginia. A large outdoor water-park complex is a sparkling attraction in this wooded, urban park, which straddles the boundary line between Arlington and Fairfax boasts one of the longest mini golf holes in the world; the batting cages include nine baseball and softball cages. The park is open every day for hiking, picnicking, playing on the playground and enjoying the outdoors. Located within Upton Hill Regional Park, Ocean Dunes is loaded with fun features for adults and children.

Arts Center

LAC Workhouse Arts Center

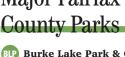
9601 Ox Road, Lorton www.lortonarts.org 703-584-2900

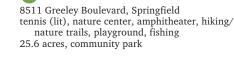
The Workhouse Arts Center consists of seven studio buildings, the main galleries and the recently opened Youth Arts Center. Visitors are encouraged to interact with artists. In addition to visual arts, the Workhouse Arts Center is home to performing arts, including theater, film institute, musical and dance performances. The education department supports both the visual and performing arts, offering classes and workshops in a variety of disciplines. Future plans for the Workhouse include an event center, amphitheater, Workhouse Theatre, restaurants, apartments, music barn and garden/horticultural area. Other buildings on site, yet to be renovated, may provide for other activities such as a visitors center, a blacksmith shop, theatre scene shops and rehearsal space.

Major Fairfax **County Parks**

BLP Burke Lake Park & Golf Course

7315 Ox Road, Fairfax Station volleyball, driving range, 18 hole, par 3, minigolf, trails, playground, campgrounds, fishing 883.4 acres, multiple resource park





CJP Clemyjontri Park

6317 Georgetown Pike, McLean

18.6 acres, special purpose park

5040 Walney Road, Chantilly

fitness, picnic areas and playgrounds

ELP Ellanor C. Lawrence Park

650 acres, multiple resource park

FPF Frying Pan Farm Park

open areas, playground 135.3 acres, multiple resource park

GSG Green Spring Gardens

30.9 acres, special purpose park

HPP Hidden Pond Park

4603 Green Spring Road, Alexandria

2717 West Ox Road, Herndon

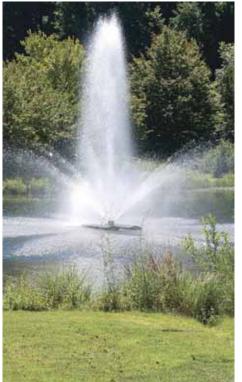
baseballl, soccer/football (unlit), basketball (unlit),

historic structure, biking/equestrian/hiking trails,

Community Center, historic structure, biking/hiking trails, open areas, gardens

community center, nature center, amphitheater,





HMP Huntley Meadows Park

3701 Lockheed Boulevard, Alexandria nature center, historic structure, biking/hiking/ nature trails, observation tower, boardwalk 1444.8 acres, natural resource park

LAP Lake Accotink Park

7500 Accotink Park Road, Springfield basketball, volleyball, minigolf, trails, picnic 448.1 acres, multiple resource park

LEP Lake Fairfax Park

1400 Lake Fairfax Drive, Reston softball (lit), soccer/football (unlit), amphitheater, carousel, campground, tour boat, picnic shelters 479 acres, multiple resource park

FRA Lee District Park

6601 Telegraph Road, Franconia softball, soccer/football, tennis, basketball, volleyball, trails, treehouse, sprayground, accessible playground 138 acres, district park

MDP Mason District Park

6621 Columbia Pike, Annandale softball (lit), soccer/football (unlit/lit), basketball (lit), tennis (lit), shuffleboard, dog park, amphitheater, biking/hiking/fitness 121.2 acres, district park

NWP Nottoway Park

9537 Courthouse Road, Vienna baseball (lit), soccer/football (lit), basketball (lit), tennis (lit), trails, picnic 90.9 acres, district park

RBP Riverbend Park

8700 Potomac Hill Street, Great Falls nature center, historic structure, biking/equestrian/ hiking trails, picnic areas, craftroom 411.2 acres, multiple resource park

SRN Scotts Run Nature Preserve

7400 Georgetown Pike, McLean historic structure, historic/hiking/nature trails, fishing 384.3 acres, natural resource park

SRD South Run District

7550 Reservation Drive, Springfield baseball, soccer/football, basketball, tennis, recenter, equestrian, playground, swimming 196 acres, district park

WFP Wakefield Park & RECenter

8100 Braddock Road, Annandale softball, soccer/football, basketball, tennis, recenter, biking, fitness trail, skate park 292.6 acres, multiple resource park



PARKS A Guide to Fairfax County Parks in the Great Falls, Reston & Herndon Areas

Map Number Park Name

Address, City Property Class

1 Hutchison ES

13209 Parcher Ave., Herndon Community Park

2 Coppermine Crossing SS 2744 Cooper Creek Rd, Herndon School Site

3 Arrowbrooke 2351 Field Point Road, Herndon Community Park

4 Dulles Corner

2446 Dulles View Drive, Herndon Community Park

5 Franklin Farm

13590 Franklin Farm Road, Herndon Community Park

6 Reston Town Green Cameron Glen Dr, Reston

Neighborhood Park 7 Shaker Woods

1225 Stuart Road, Reston Community Park

8 Hickory Run SS

Sheshue St, Great Falls

School Site

13 Town of Herndon 15 4 14

Access

18

Sully Historic 3650 Historic Sully Way, Chantilly Cultural Resource Park

10 Dranesville Tavern

11919 Leesburg Pike, Herndon Cultural Resource Park

Rt. 50 V

11 Grand Hamptons

1081 Safa Street, Herndon Neighborhood Park

12 Stanton

910 Third Street, Herndon Community Park

13 Alabama Drive

1100 Alabama Drive, Herndon Community Park

14 Bruin

415 Van Buren Street, Herndon Community Park

15 Chandon

900 Palmer Drive, Herndon Community Park

16 Fred Crabtree

2801 Fox Mill Road, Herndon District Park

17 Franklin Oaks 2961 Franklin Oaks Drive, Herndon Neighborhood Park

18 Stratton Woods 2431 Fox Mill Road, Resto Community Park



Рнотоѕ ву Renée Ruggles eaturing Frying Pan Farm Park

Map by Lawrence Foong Design by Jean Card

Georgetown

Town of Vienna

32

Road

19 Floris School Site 2621 Centreville Road, Herndon

20 Frying Pan Farm

Community Park

2717 West Ox Road, Herndon Multiple Resource Park

21 Baron Cameron

11300 Baron Cameron Avenue, Reston District Park

22 Lake Fairfax

1400 Lake Fairfax Drive, Reston Multiple Resource Park

23 South Lakes Drive

11851 South Lakes Drive, Reston Community Park

24 Reston North

1635 Reston Parkway, Reston

25 Stuart Road

12001 Lake Newport Road, Reston Community Park

26 Holly Knolls

1010 Redberry Court, Great Falls Neighborhood Park

27 Great Falls Nike

1089 Utterback Store Road, Great Falls District Park

28 Windermere

11000 Georgetown Pike, Great Falls Community Park

29 Lockmeade

1104 Riva Ridge Drive, Great Falls Community Park

30 Lexington Estates

10401 Shesue Street, Great Falls Neighborhood Park

31 Colvin Run Mill

10017 Colvin Run Road, Great Falls Cultural Resource Park

32 The Turner Farm

925 Springvale Road, Great Falls Community Park

33 Great Falls Grange

9818 Georgetown Pike Great Community Park

34 Riverbend

8700 Potomac Hill Street, Great Falls Multiple Resource Park











www.ConnectionNewspapers.com

Year-round Fun in the Area

ONGOING

Take a Break Concert Series. 7-9 p.m.
Thursdays/ Aug. 25 - Sept. 1 Lake Anne Plaza,
11404 Washington Plaza W, Reston. On
Thursdays, take a break with this outdoor
concert series. Visit
www.reston.communitycenter.com/take-abreak.shtml for weekly lineup.

JamBrew. Every Friday in September, beginning Sept. 2. 6-10 p.m. Town Green, 777 Lynn St. Herndon. Outdoor music festival. http://jambrew.com/.

Zoosday 4 - 7 p.m. through Sept. 27 11900
Market St, Reston, VA 20190 Reston Town
Center. Enjoy an award-winning animal and
miniature animal petting zoo with hands-on,
educational experiences that children and their
grownups will cherish! Kid-friendly giveaways
plus activities like Legos and Play-Doh. Free.
Rain or shine." https://
www.restontowncenter.com/event/zoosday-

Mr. Knick Knack Mondays, 10:30 - 11:15 a.m. through October. Reston Town Center Pavilion 11900 Market St., Reston, VA. Unique, heartcentered music for kids and their grown-ups. Every Monday through October, presented by Reston Town Center. Free.

Dog Days of Summer 4 - 7 p.m. Every Wednesday through Sept. 28. Reston Town Center Pavilion 11900 Market St., Reston, VA. Dogs and owners can frolic in the Pavilion as it is transformed weekly into an off-leash play area. Treats, toys, areas to cool off, pet friendly giveaways, and more! Free.

August 2016

restontowncenter.com

FRIDAY/AUG. 26

Herndon Friday Night Live!: The Vigilantes 6:30 p.m. 777 Lynn Street, Herndon. Listen to great music on Friday nights during the summer. Named BEST of NoVA 2012 by Northern Virginia Magazine as well as a "Must See" while in Fairfax County. The Vigilantes are a fun and exciting cover band that plays up and down the east coast performing modern top 40 dance and all your favorite classics. This band brings the party to every show!

Visit herndonrocks.com/schedule.php for more.

SATURDAY/AUG 27

Reston Concerts on the Town 7:30 - 10 p.m. at Reston Town Center Pavilion

Jukebox Revue: The Originals, Leonard, Coleman & Blunt, former lead singers of The Temptations, The Platters & The Drifters Doo-wop. Rain or shine. Cost: Free

TUESDAY/AUG. 30

Lake Anne Summer Film Festival: Jazz on a Summer's Day - 1960 8 p.m. Lake Anne Plaza, 1609 Washington Plaza, Reston. Movie Kicks Off Jazz Week at Lake Anne leading up to Lake Anne's Annual Jazz Festival on September 5th. The free outdoor festival will take place each month on selected Sunday's and will feature some great flicks from classic to comedy. Grab a date, the family or a group of friends, bring the lawn chairs and a picnic and enjoy flicks under the stars.

TUESDAY/ AUG. 30 - MONDAY SEPT. 5

First ever Lake Anne Jazz Week. 1 - 8 p.m.

The week will feature a variety of jazz themed events from live music, merchant activities, to a featured film part of Lake Anne's ongoing Summer Film Festival series. The week will close out with the Plaza's popular **Annual** Jazz & Blues Festival, on September 5th. The Jazz & Blue festival is a free, family friendly, all-day event that will showcase a variety of talented regional and national jazz & blues artists. Visit http://lakeanneplaza.com/event/9th-annual-lake-anne-jazz-festival/

September 2016

MONDAY/SEPT. 5

Herndon Labor Day Festival. 11 a.m. - 5 p.m.



PHOTO BY STEVE HIBBARD/THE CONNECTION

The Mark H. Taiko School presents Taiko Drums or Japanese drumming on the Global Stage at Lake Anne Plaza during the Reston Multicultural Festival Sept. 30, 2015.

Herndon Town Green, 777 Lynn Street, Herndon. Downtown Herndon celebrates Labor Day with an annual festival - great music, a craft show, food, wineries, micro-brews and culinary demonstrations will all be there. Visit: http:// www.herndon-va.gov/.

FRIDAY/SATURDAY/SEPT. 9-10

ChalkFest At Reston Town Center Friday noon - 11 p.m. Saturday 8 a.m. - 1 p.m. 11900 Market St., Reston, VA. All are invited to create chalk drawings on Market Street. The event is open to all. There will be prizes for professional artists, amateur artists, families and kids, in addition to the "Audience Choice Awards". The Festival is one of the area's most unique and fun events that attracts a diverse and motivated audience and promotes public art in Reston. Participants are invited to show off their creativity and realize chalk drawings on Market Street, in the heart of Reston Town Center. Visit: http://

SATURDAY/SEPT 10-WEDNESDAY/SEPT 21, 2016

events/chalkfest-at-reston-town-center/

www.publicartreston.org/get-involved/special-

Northern Virginia Senior Olympics. Online registration open. Various venues around Northern Virginia. Events include badminton, volleyball, cycling, a 5k road race, and many more. \$12 per person. Visit www.nvso.us for more.

SUNDAY/SEPT. 11, 2016

Reston Triathlon. 7 a.m. Lake Audubon, Twin Branches Road, Reston. Swim, bike and run in the "Reston World Championships." Visit http:// www.restontriathlon.org/tri/

SATURDAY/SEPT. 17

Dulles Day Plane Pull. 10:30 a.m.-3:45 p.m. at Dulles International Airport, Dulles. The 2016 Dulles Day Family Festival & Plane Pull is a full day of excitement with airplane and auto exhibits, the children's zone and bus pull, varied displays and activities, vendors, food and entertainment. Visit www.planepull.com

SATURDAY/SEPT. 24

Reston Multicultural Festival. 11 a.m.-6 p.m., Lake Anne Plaza, Reston. The Reston Multicultural Festival celebrates all the entertainment, dress, food, and cultural treasures from all over the world that are all here in Reston. Rain or shine. Free. www.restoncommunitycenter.com

SUNDAY/SEPT. 25, 2016

Walk to End Alzheimer's. 10 a.m. Reston Town Center, 11900 Market St., Reston. Walk and fundraise to further the care, support and research efforts of the Alzheimer's Association. Visit http://act.alz.org/site/TR?fr_id=7382&pg=entry.

SUNDAY/SEPT. 25

NatureFest. 1-5 p.m. Runnymede Park, 195 Herndon Parkway, Herndon. Explore various nature stations throughout the park including butterflies, bees, life in the meadow, web of life and much more with live animal shows



PHOTO BY RYAN DUNN/THE CONNECTION

Chef Roslyn "Ros" Clark flips an omelet during a cuisine presentation at the 25th Herndon Labor Day Festival last year.

throughout the day. NatureFest 2016 will feature: Live animals, both 4-footed and winged, bees and butterflies, life in the stream, creating habitats for wildlife, arts and crafts, nature olympics, and that's just for starters! Check back for further information. Visit www.herndonva.gov.

October 2016

SATURDAY/OCT. 1

OktoBrewFest 12-10 p.m. 777 Lynn St. Herndon, Virginia. Food, beer, music, art, health. Visit http://jambrew.com/

SUNDAY/OCT. 2, 2016

HernDOG Bark Bash. 12-3 p.m. Bready Park, 814 Ferndale Ave., Herndon. HernDOG Bark Bash is a free event for dog lovers with three hours of four-legged fun. The event will feature agility demonstrations, owner and dog team contests, adoptions, an off leash area and wide variety of dog themed vendors. Entry to HernDOG Bark Bash is free but fees may apply to vendor products or services. Friendly, leashed, and vaccinated dogs, and their owners, are welcome.

MONDAY/OCT. 3

Rescue Reston 2nd Annual Golf

Tournament 1 p.m. at Reston National Golf Course 11875 Sunrise Valley Drive, Reston 20191. Come out for a great day and support Rescue Reston at our Second Annual Golf Classic event! Enjoy 9 holes of golf, dinner, awards, and prizes. Contributions are tax deductible. Fees: Individual Player \$85 Foursome \$340. Visit: http://www.rescuereston.org/golf/

SATURDAY/OCT. 8

Oktoberfest Reston. noon-11 p.m. Sunday, 11 a.m.-8 p.m. Reston Town Center, 11900 Market St., Reston. Enjoy food and drinks, live entertainment, a carnival and a chili cook-off at Northern Virginia's largest fall festival. Visit www.oktoberfestreston.com.

SUNDAY/OCT.16

The Crohn's & Colitis Take Steps Walk.

Registration opens 3 p.m. Walk begins 4 p.m. Reston Town Center 11900 Market Street Reston, Virginia, 20190. Visit: https:// www.restontowncenter.com/event/northernvirginia-take-steps-walk-crohns-colitis/

WEDNESDAY/OCT. 19-25

Washington West Film Festival. Reston Town Center 11900 Market Street Reston, Virginia, 20190.A unique cinematic experience presenting fine independent films screened or premiered in three in-competition categories: dramatic features, documentary features, and short films. Schedules and tickets: wwfilmfest.com

FRIDAY/OCT. 28, 2016

Spooktacular. 6:30-8 p.m. Herndon Community Center, 814 Ferndale Ave., Herndon. Enjoy ghoulish games, a spooky craft and a children's show. Fee: \$10/child in advance or \$15/child on



Photo by Ryan Dunn/The Connection

Hunter Mill District Supervisor Cathy Hudgins rode an antique fire truck in the 2014 Reston Holiday Parade at Reston Town Center. The parade has been an annual Reston tradition on the day after Thanksgiving.

day of event. Visit www.herndon-va.gov.

November 2016

TUESDAY/NOV.1

SPANCHATS 7 p.m. Reston Regional Library 11925 Bowman Towne Dr, Reston, VA 20190. Join our ongoing Spanish conversation group. All levels from beginner to fluent are welcome. Age(s): Adults. Call 703-689-2700 or visit http://www.fairfaxcounty.gov/library/branches/rr/

TUESDAY/NOV. 8, 2018

Election Day. General election. Visit www.sbe.virginia.gov/ and www.fairfaxcounty.gov/elections/upcoming.htm

SATURDAY/NOV. 19

Turkey Trot 5k Race. Registration 1:30-3:30 p.m. in the Herndon Community Center Gym 814 Ferndale Ave, Herndon, VA 20170. Race begins at 4 p.m. Runners and walkers, take your mark and get ready to conquer a fun 5K trail course, which winds around the Herndon Centennial Golf Course. Visit: http://www.herndon-va.gov/recreation/special-events/turkey-trot-5k-race

FRIDAY/NOV. 25, 2016

Reston Holiday Parade. 11 a.m. with Macy's-style balloons, musicians, dancers, antique cars, characters, community groups, dignitaries, special guest emcees, and much more. Reston Town Center, 11900 Market St., Reston. Reston Holiday Parade on Market Street, tree lighting at Fountain Square, and much more through the day of charity and cheer. Rain or shine.

December 2016

SUNDAY/DEC.4

Book Sale 1 p.m. Reston Regional Library 11925 Bowman Towne Dr, Reston, VA 20190. Start your shopping early. Come browse and buy - we have lots of gift-quality books. Call 703-689-2700 or visit http://www.fairfaxcounty.gov/ library/branches/rr/

SUNDAY/DEC. 4

Holiday Arts and Crafts Show. 10 a.m.-4 p.m. Herndon Community Center, 814 Ferndale Avenue, Herndon. Wreaths, quilts, jewelry, Christmas ornaments, decorations, original artwork, photography, stained glass and more. Visit www.herndon-va.gov.

SATURDAY/DEC. 17.

A Storybrook Holiday Celebration. 10-11:30 a.m. at Herndon Community Center, 814 Ferndale Avenue, Herndon. Bring your child to enjoy some holiday fun. Cost includes craft projects, a visit with Santa and a reading of a holiday story by a special guest. \$9/child.



BARBARA COMSTOCK

GETTING RESULTS FOR US







For 35 years, Barbara Comstock has lived, worked, raised a family, started a business and served as both Delegate and Congresswoman in the 10th District. Whether it was her work as a senior Justice Department official, a small businesswoman, a Mom at home, a senior aide and counsel in Congress, a Member of the House of Delegates or now as our Congresswoman, Barbara knows the challenges facing the 10th District because she has lived them with us and fought for us to get results on our priorities.

- Advance breakthroughs in 21st century cures for chronic disease such as cancer, Alzheimer's and diabetes.
- A 5 year Transportation Bill, signed into law, which will help relieve traffic congestion, provide more transportation funds, and make Metro safer and more accountable.
- A \$600 billion tax relief package, signed into law, for families, small businesses and our technology and defense businesses.
- Increased defense and cyber funding to protect us from terrorism.

- Human Trafficking legislation, signed into law, that cracks down on this growing crime and protects women and children.
- Started two Heroin Task Forces to battle the heroin scourge in our communities and advancing legislation to increase education, treatment and prevention.
- Started the "10th Congressional District Young Women Leadership Program" for junior high and high school young women.

"As your Congresswoman, I will continue to work tirelessly to strengthen our national security and protect us from terrorism; advance breakthroughs in 21st century cures for chronic diseases such as cancer, Alzheimer's and diabetes; promote a 21st century economy with more opportunity and higher wage jobs; provide transportation funding and solutions; and fight the growing problem of human trafficking and heroin abuse in our community."

Barbara Comskel

703.731.4466 / info@barbaracomstockforcongress.com / www.BarbaraComstockForCongress.com

Paid for by Comstock for Congress