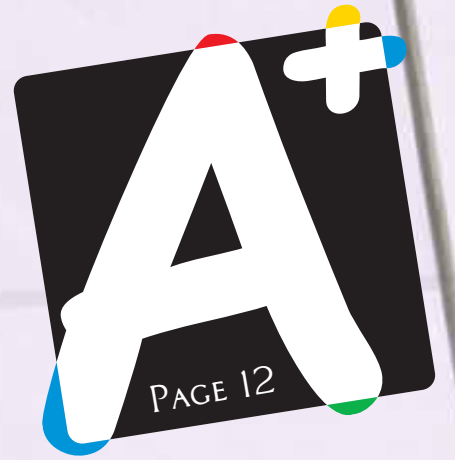


2016  
VIRGINIA  
PRESS  
ASSOCIATION

# The Arlington Connection



Big Cedric & Turnt Up open the afternoon of bands performing at the Nauck Civic and Community Pride Day at Drew Model School on Sept. 17.

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PHOTO BY SHIRLEY RUHE/THE CONNECTION

# Nauck Pride Day

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## Working To Preserve Affordable Housing

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## Focusing on Achievement Gaps

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# NEWS



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## Bike Rodeo

The Woman's Club of Arlington held a Bike Rodeo Aug. 20 after a 30-plus year break in what used to be an annual event sponsored by the club. Bike Arlington and Phoenix Bikes, provided the cone courses and, the expertise. The four youngsters, ages 3 - 5 1/2 years had fun following the Bike Arlington volunteer.

## BULLETIN BOARD

Email announcements to [arlington@connectionnewspapers.com](mailto:arlington@connectionnewspapers.com).

### SECOND WEDNESDAYS

**NARFE Monthly Meetings.** Second Wednesday of the month, 1-2:30 p.m. at Culpepper Garden Senior Center, 4435 N. Pershing Drive. For current Federal Employees and annuitants: a main mission of the National Active and Retired Federal Employees Association is to support legislation beneficial to current and retired Federal employees. NARFE Chapter 7-Arlington meets at 1 p.m. the second Wednesday of each month, except July and August. A social period begins at 12:30. Meetings feature speakers on a wide range of topics. Visit [vanarfe.org](http://vanarfe.org) and click on List of Chapters.

### WEDNESDAY/SEPT. 21

**Meet Zoe.** 11:15 a.m. at Arlington Mill Community Center, 909 S. Dinwiddie St. Meet Zoe, a Yorkshire Terrier therapy dog. She is allergy free, does not shed, and enjoys people. Zoe does over a dozen tricks. This is followed by those who want to hold her and give her a treat. Chuck & Patty Toftoy share information about the Yorkie breed. Handouts provided.

### SATURDAY/SEPT. 24

**Kids' Stuff Sale.** 8 a.m.-noon at St. Andrew's Episcopal Church, 4000

North Lorcom Lane. The Kids' Stuff Sale will share profits with local charities through cash donations to Arlington Food Assistance, AHC Inc. and Art for Humanity. The sale features gently used items from 100 consignors including clothes, toys, books, videos, games, puzzles and more for kids for birth to teen. There's plenty for parents as well: maternity clothes, baby gear, strollers, bottles, safety items and more. No strollers at the sale. Cash or check only. Visit [www.facebook.com/Kids-Stuff-Sale-366296948630/](http://www.facebook.com/Kids-Stuff-Sale-366296948630/).

### TUESDAY/SEPT. 27

**Volunteer Training.** 9 a.m.-noon at Arlington Public Schools, Sequoia Plaza 2, Room 101/103, 2110 Washington Blvd. Overview of AAAS and the STEM Volunteer Program, examples of volunteer experiences, lunch and more. Visit [www.aaas.org/](http://www.aaas.org/) for more.

### WEDNESDAY/SEPT. 28

**Community Forum.** 7:30 a.m. at Café Sazon, 4704 Columbia Pike. Del. Alfonso Lopez (D-49), will be the guest speaker at a community forum hosted by the Arlington Business & Civic Circle. Lopez will discuss issues debated during the previous the General Assembly and what to expect in the upcoming session. \$30. Tickets can be ordered through Eventbrite.

Visit [www.abcc.biz](http://www.abcc.biz).

**Ribbon Cutting Ceremony.** 10 a.m. at 2117 Crystal Plaza Arcade, Crystal City Shops between TechShop DC and Gallery Underground. Together with partners and Arlington residents, Arlington Public Library will celebrate the opening of the new pop-up library in Crystal City with a ribbon-cutting ceremony. Visit [library.arlingtonva.us/locations/connection-crystal-city](http://library.arlingtonva.us/locations/connection-crystal-city) for more.

**ReServe First Impressions.** 10-11:30 a.m. at Arlington Central Library, First Floor Meeting Room, 1015 N. Quincy St. Learn how ReServe can help you use your experience, talents, and passion to make a difference in your community while earning a small stipend. ReServe is a nonprofit that connects continuing professionals 55+ with part-time assignments in nonprofits and public agencies. Free. Contact Mary Thompson at [mathompson@reservecorp.org](mailto:mathompson@reservecorp.org) or 703-965-0886. Visit [www.reservecorp.org](http://www.reservecorp.org) for more.

**Scholarship Workshop.** 6:30-9:30 p.m. at Mount Zion Baptist Church, 3500 19th St. S. Students and/or parents of students who are wondering about paying for college can learn the strategies of Marianne Ragins, \$400,000 scholarship winner and author of Winning Scholarships for College and College Survival & Success Skills 101, by attending a presentation of The Scholarship SEE BULLETIN BOARD. PAGE 6

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## Basics of Arlington Affordable Housing

A look at Arlington County's efforts to preserve its affordable housing.

BY VERNON MILES  
THE CONNECTION

Since 2000, Arlington County has lost more market-rate affordable housing than it currently has. These are the apartments and condominiums generally affordable to low-income residents without having a rate set by the county, also called non-income restricted affordable housing. Director of Housing David Cristeal said housing price increases in Arlington have put more and more of a burden on the county and local non-profits to maintain housing for Arlington's low income populations.

**PART ONE**  
First in a two-part series

According to Cristeal, the county currently has 13,000 non-income restricted affordable units, but has lost more than that over the last 16 years.

"We've lost 13,500 units since 2000," said Cristeal. "Those are the ones people are concerned about."

In this two part series, the Arlington Connection will look at how Arlington County government and local non-profits have worked to maintain affordable housing.

**AT THE UPCOMING** Sept. 24 County Board meeting, the board will vote on whether or not to approve \$10.9 million from the county's Affordable Housing Investment Fund to the non-profit Arlington

SEE EFFORTS TO PRESERVE, PAGE 11

### WHAT DOES AFFORDABLE HOUSING LOOK LIKE?



**Point of Clarendon**  
70 CAF units  
Recently constructed apartments in a historical building near the popular Clarendon metro.



**The Jordan**  
90 CAF units  
Four story apartments within walking distance to Ballston metro and shopping district.



**Columbia Grove**  
130 CAF units  
Garden style apartments conveniently located near bike trails, parks and several bus routes.

### WHERE IS AFFORDABLE HOUSING LOCATED?



A map of committed affordable units in Arlington.

### TERMS TO KNOW

**Area Median Income (AMI)** is the middle income level in a community. When compared to households of the same size, half will earn more than the AMI and half will earn less.



### Committed Affordable Units (CAFs)

- Guaranteed to remain affordable for a specified period of time
- Eligible rents at 80% or less of AMI

### Market-Rate Affordable Units (MARKs)

- Owned by the private market
- Affordability depends on market conditions
- Rent prices are at 50-60% and 60-80% of AMI

Breakdown of rental units in Arlington.

## APS Advisory Councils Tackle Gaps, Changes

From minority student performance to high school boundaries.

BY EDEN BROWN  
THE CONNECTION

Dr. Patrick Murphy, superintendent of Arlington Public Schools, and Nancy Van Doren, School Board chair, addressed a meeting of 25 members of Arlington's Advisory Councils on Instruction (ACI) at 7 p.m. on Sept. 13. Van Dorn reviewed the School Board priorities as drafted, as well as the APS 3-5 year Action Plan. Major issues facing the School Board

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include high school boundary changes and minority achievement gaps.

Murphy asked the group of interested parents and citizens to think about "how to integrate. We have only so many resources," he said. "We have only so many volunteers. We have to have the resources in place to allow talents to flourish."

There are 15 curriculum-based advisory committees and roughly 40-50 ACI members in Arlington. The role of the committees is to look across APS to review related programs and research potential best practices. The ACI encourages the free flow of ideas and opinions between the community and the School Board. The ACI welcomes new members and encourages diversity in its membership to ensure participation of all Arlingtonians in the decision making process. To get involved, visit [www.apsva.us/aci](http://www.apsva.us/aci).

Dr. Theresa Adkins, supervisor, Office of Minority Achievement, addressed the group in the context of the Whole Child Working Group. The current statistics show APS having over 26,000 students. Ten years ago, that number was 18,000 students. Of these 26,000 students, 28.3 percent have Limited English Proficiency (LEP), 14.4 percent have a disability, which at a minimum means they have an IEP requiring special instruction.

Adkins expressed concern that the data on SOL pass results was worse for SWD (Students with Disabilities) and LEP students; Math scores were down in 2016 for African Americans and the economically disadvantaged groups. Social studies SOL results flatlined.

The Office of Minority Achievement is working on a variety of programs to improve minority student performance: Co-

hort and affinity groups, a College Identification Program, separate Middle School Leadership Conferences for boys and girls, a Summer Literacy Academy for boys of color, and culturally responsive instruction — in which sensitivity to minorities plays a large part — are being implemented. Adkins explained the last item: observation during class in schools indicated students who were culturally or racially different were disaffected because the content was not culturally diverse enough and therefore they did not learn as well. She acknowledged that preschool is an important starting point. Adkins said they are looking for programming at a younger level.

ACI said they plan to do breakout groups on minority achievement and high school redesign. APS is responding to the Virginia Department of Education guidelines for

SEE APS ADVISORY, PAGE 13





### Nauck Civic and Community Pride Day

“What’al you have? Mackerel with bones, whitefish without bones, chicken wings?” Portia A. Clark asks. “I was supposed to be just manning the food today but I spent all morning with people pulling me all over the place to figure things out.” Clark, in addition to holding the position of president of the Nauck Civic Association, was the organizer of the 2016 Nauck Civic and Community Pride Day. Kevin Harris orders a mackerel sandwich and two pieces of fish. “My wife is not a bread person but ... this hot sauce is for mine.” Nauck is the oldest African-American community in Arlington, established in south Arlington when recently freed slaves began to build homes there.



Clifford, the Big Red Dog, strolls around Nauck Civic and Community Pride Day accompanied by his mom, Pat Williamson, a WETA employee in another life. Clifford was donated for the afternoon by WETA.

PHOTOS BY  
SHIRLEY RUHE  
THE CONNECTION



Claudia Scott, master food volunteer for Virginia Cooperative Extension, demonstrates a game designed to teach children about proper food storage. After picking a card, the child decides refrigerator, counter, dark place, brown bag? If the child answers the question correctly, the prize is a colorful carrot or broccoli pen. Virginia Cooperative Extension provides objective research-based information and educational programs in the areas of agricultural and natural resources, family and consumer sciences, community viability and 4-H youth development.



Marie Tillander (right) a Civic Federation representative for Nauck, is in charge of the health screening at Nauck Civic and Community Pride Day at Drew Model School. Dave Collyer, of the sight and Hearing Unit of the Lions of VA 24-A, has done one check up “and he passed with flying colors.” The white van includes tests for eye acuity, an audiometer, blood pressure cuff and a tonometry eye pressure test for glaucoma.



COURTESY OF CONNOR BERGERON

Catholic apologist and speaker Matt Fradd addresses audience at Bishop O’Connell High School.

### Speaker Discusses Pornography’s Reach

Matt Fradd, author and founder of “The Porn Effect,” discussed “Porn: 7 Myths Exposed” to teens and parents at the Bishop O’Connell High School on Sept. 9.

“People don’t know what to do. They fall into it, and do not know how to get out of it. It’s a spiritual cancer on the world right now. Young people are struggling with it as well,” said Father Gregory Thompson, chaplain at Bishop O’Connell High School.

Two years ago, Bishop Paul S. Loverde reissued his 2006 pastoral letter, “Bought with a Price,” about the nature of the current threat of pornography. Upon release of the letter, Loverde said, “In my 50 years as a priest, I have seen the evil of pornography spread like a plague throughout our culture. As part of my responsibility to lead all the people in the Diocese of Arlington to the vision of God, I find it necessary now to address the tremendous moral, social, and spiritual dangers of pornography.” Fradd contributed the foreword to the 2014 edition of “Bought with a Price.”

The event was co-sponsored by the Arlington diocese and the Young Adult Ministry.

### Lopez To Speak At Community Forum

Del. Alfonso Lopez (D-49) will be the guest speaker at a community forum hosted by the Arlington Business & Civic Circle (ABCC) on Sept. 28, beginning at 7:30 a.m., at Caf Sazon at 4704 Columbia Pike in Arlington.

Lopez will discuss issues debated during the previous the General Assembly and what to expect in the upcoming session. As a former staffer for then-Virginia Governor, now vice presidential candidate Tim Kaine, Lopez will also offer his perspectives and insights into the race for the White House.

Tickets for the event are \$30 each, and can be ordered through Eventbrite.

Further information on ABCC can be obtained by visiting [www.abcc.biz](http://www.abcc.biz).

### Lyft To Invest \$350,000 in County

Lyft, a San Francisco-based transportation network company, will invest \$350,000 to establish a Mid-Atlantic regional headquarters operation in Arlington.

Lyft was launched in 2012 as a ride-sharing service that helps commuters share rides with friends, classmates, and coworkers. Through the Lyft smartphone application, users are matched with local drivers. Lyft is currently available in more than 200 U.S. cities, including many in Virginia.

The Virginia Economic Development Partnership worked with Arlington County to secure the project for Virginia.



# Life in America: Heaven and a Half

**Personal trainer analyzes people's behavior.**

BY SHIRLEY RUHE  
THE CONNECTION

It is mid-morning, and Mustafa Nazary sits on his living room couch. He had started the day at 6 a.m. with his first appointment at Ultimate Results, his fitness center in Georgetown, where he is a personal trainer. His 5-year-old son Idris, joins him on the couch. "He is hip-to-hip with me."

Nazary had fled from Afghanistan when he was 13 years old. "We had a big family of 90. Imagine a huge box with our houses, all living together. Life was literally heaven." Then the Russians invaded Afghanistan, "and we had to leave." Nazary said his family was smuggled out, one at a time. "My father kept returning to get my brothers." About 60-70 percent went to Germany and the rest to America.

Nazary recounted he had been on a bus in southern Afghanistan heading toward Pakistan. His skin was light and he spoke Farsi, which meant he was from the north and headed suspiciously in the wrong di-

rection. The Russians stopped the bus, forcing people to speak and forcing them to get outside the bus. "They often chose to kill people on the spot." They pointed a gun at Nazary's head. Someone in the bus yelled, "This boy is mute," and it saved his life. He said 1 million Afghans disappeared, "just like that. We were very fortunate. Life in America is heaven and a half."

Now Nazary lives in Fairlington Villages with his wife and four children. His four brothers live in Centreville, Gainesville, Fairfax Station and Bristol. He says the cousins see each other once or twice a week. He owns a fitness center where he does pre- and post-rehab, weight loss, and offers assistance with stress using a formula he has developed about human behavior and the circuitry of the brain.

Nazary will go back to his personal therapy appointments around 3:30 p.m. and has clients at night. In between he will bike at Hayes Point from 11-1:30. "I meet a group every day. Here is this month — 1,299 miles with 1,400 miles last month. I simply don't miss a day. I love biking."

Nazary has a number of different clients. "One wonderful man is 82 years old. He couldn't walk straight so we do a lot of stairs, exercise with his eyes closed. And since he takes a lot of airplane trips, his shoulders need to be strong enough to get



BY SHIRLEY RUHE/THE CONNECTION

**Mustafa Nazary, personal trainer who escaped Afghanistan, has developed a behavioral model for the brain. "When I discovered once we learn something that is objective and or we bond to it emotionally, the logic region of the brain (neocortex) goes dark and that new information becomes part of our data base or circuitry. We don't think about it anymore. I couldn't sleep for two nights."**

a bag on the airplane. I make sure he is functional day by day."

Nazary points out there is some suspicion because he is Muslim. "One woman spoke to me for 45 minutes before signing up for the training. She talked about terrorism, Sharia law." He said there is "no model to

tell why you are a racist, hate each other. We found out it was because of 9/11. That's how the brain functions. It has a tendency to blame everybody for one person's action, to protect themselves. I love people's behavior. There is a perfect reason that people do the things they do. Recently a gentleman with a dog stared down my 7-year-old son, Sultan, when he was riding his bike." Nazary said, "Things like that happen but there is a logical reason."

He said his wife was walking with the 5-month-old baby in the stroller a few weeks ago when someone hit her on the head with a big stick. He said, "You kind of get used to it. We tend to label people but there is no difference between the races. It depends on what information goes into the brain. Information is neutral but it depends on the brain circuitry."

Since 1993 Nazary has been studying the brain. It began when he had two clients and one lost weight while the other one didn't. He figured out one was motivated and the other wasn't. "I love to know how people behave and why." He looks at how the brain functions to help clients.

He said, "This may sound weird but I got a huge gift in 2001 when a guy came up to my van and attacked me in Alexandria. He said, 'Are you Afghan? I'm going to kill

SEE PERSONAL TRAINER, PAGE 13

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# A Heroine's Final Touches

For her grave,  
to her life.

BY MICHAEL MCMORROW  
THE CONNECTION

It is hard to close the book on a hero, and even harder in the case of a celebrated heroine. Stephanie Czech's story appeared in these pages not long ago (week of June 5). She was in the U.S. Army when detailed to the Office of Strategic Services, predecessor to the Central Intelligence Agency. Raised in an immigrant family, Czech had absorbed Polish language and culture.

The Soviet Union was entrenched in most of Eastern Europe, was sending clear signs that it was not leaving anytime soon and had discarded the smile of recent comradery. The United States needed to know what the Soviets were doing, and Czech had all the tools — and courage — to find out. She assumed the role of embassy clerk, traveled in civilian clothes and lived the cover story of seeking family members who had survived the war. After exploits behind Soviet lines, Czech's superiors recommended she be decorated for bravery, but nothing resulted. Decades later her personnel records surfaced and she was accorded public recognition, including award of the Legion of Merit posthumously.

Following World War II, Czech wed William S. Rader, himself a highly-decorated pilot who would retire as a flag-officer in the U.S. Air Force. The couple had no children. Her relatives were few in number and distant from the Rader's Alexandria home.

After Gen. William Rader died, his widow grew close to a select group of neighbors and nearby friends as their mutual lives went on. Among the group were Ken and Judie Elder, who lived across the road.

Stephanie Rader chose Ken Elder to be executor of her estate, the one who would close the book for, and on, her. The companion headstone spanning two plots had been installed in Arlington National Cemetery when William Rader died. His name and vital dates and hon-



PHOTO BY MICHAEL MCMORROW/THE CONNECTION

Ken Elder, executor of Stephanie Czech Rader's Estate, inspects her grave-stone.

ors were chiseled in, and so were hers with the specifics then known.

During August, Elder was notified the final data for Stephanie Rader had been added to the grave marker. One bright summer day, surrounded by trees and plantings at warm-weather peak and awash with memories of his two deceased friends, Elder confirmed the accuracy of the fresh and final engravings for Stephanie Czech Rader: "21 Jan. 2016" was the death date and "Legion of Merit" was the posthumous honor.

The easy part of Elder's responsibilities was satisfied. Coming months would consume the details of closing out a person's life. Finding and settling with creditors, distributing gifts listed in the will, selling the house, disposing of the automobile, paying taxes, accounting for every penny found and spent and filing paper after paper in Alexandria Circuit Court lay ahead. So, too, would the sensitive task of

screening personal effects. Questions of family photographs and private correspondence are resolved routinely. Items relating to military service in uniform and undercover require more careful, and caring, scrutiny. Being the case of a widely-celebrated female spy and military veteran, this unusual question also remains for Elder: Should the estate seek to preserve the memory of Stephanie Czech Rader and, if so, what form should that take? Display of items in an OSS Museum or the Women in Military Service for America Memorial has been mentioned.

Some have expressed interest in exhibiting the military medals, including the Legion of Merit. As of this writing, Elder has not formulated any answers beyond the single request by Stephanie Rader's closest relative: The niece asked for the flag which covered her aunt's coffin during the burial ceremony with full military honors.

## BULLETIN BOARD

### Investment In Children

To the Editor:

Our children are our future and as they head back to school this fall, we should reflect on the future of our Commonwealth.

With Lt. Gov. Ralph Northam as Governor, Virginia's children and our future would be in great hands. As a practicing physician in Virginia, Ralph dedicated his career to healing children. And as Lieutenant Governor he continued his dedication to our children by chairing the Commonwealth Council on Childhood Success that secured

\$15.5 million in budget recommendations to provide early childhood intervention services to at-risk children through a network of public-private partnerships.

Ralph knows that a child's success begins with a healthy family. He led the effort in the General Assembly to expand access to a full range of reproductive health care services so women can plan for their families and their future. Commissioner of the Virginia Department of Health, Dr. Marissa Levine endorsed the pilot program when she stated that the Commonwealth Council on Childhood Success recommendations "will allow us to build on our efforts to give families the strongest possible start."

Lieutenant Governor Northam also knows that education is fundamental for success and early education is critical. So it's no surprise that because of the Council's leadership, Virginia won a federal grant to create 13,000 available spots for low-income children to attend pre-K education programs. These early education programs are essential in providing the foundation for a successful future.

While it may seem early, the 2017 Governor's race will dictate the future Virginia will have. My vote is with the children's governor.

Taylor S Pool  
Arlington

## BULLETIN BOARD

FROM PAGE 2

Workshop. Free. See [www.scholarshipworkshop.com/mzbc](http://www.scholarshipworkshop.com/mzbc) to register.

### THURSDAY/SEPT. 29

**SEEC Annual Fundraiser.** 6-8 p.m. at 817 N. Irving St. Shirlington Employment and Education Center will be holding its annual fundraiser. This year's Emily D'iCicco humanitarian award will be given to Arlington First Church of the Nazarene, The Church of the Covenant, PCUSA and the Thai Church of Washington, D.C. as well as Charles Meng, executive director of AFAC. Proceeds will go to support the SEEC Green Housecleaning Training Program for immigrant women and for the Paralegal Project to help day laborers collect unpaid wages from unscrupulous employers. RSVP to Shirley Ruhe [slrbc@aol.com](mailto:slrbc@aol.com). Mail donations to SEEC, 2701 S. Nelson St., Arlington VA 22206. Suggested donation \$25 with sponsorship up to the diamond level of \$2,500. 7

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# NEWS



**'Little Library'**  
High School student **Markarius Nealis** makes a book selection on his first visit to the Woman's Club of Arlington's new "Little Library" at 700 S. Buchanan St. "Take One, Leave One" is suggested, but not required. DVDs and CDs will be offered too, and the club also is seeking books written in Spanish. "Helping to

start the library on Columbia Pike over 80 years ago, we are pleased to give this addition to the neighborhood," said WCA President Sandy Newton.



**Cherie Lejeune**, member of the Woman's Club of Arlington looks at the selection of books at the club's new Little Library.

PHOTOS CONTRIBUTED

## SCHOOL NOTES

Email announcements to [arlington@connectionnewspapers.com](mailto:arlington@connectionnewspapers.com). Deadline is Thursday at noon. Photos are welcome.

The following students from Arlington graduated from Baylor University (Waco, Texas): **Nathan Gale Dailey**, earned a Doctor of Physical Therapy in physical therapy. **John Heniger**, earned a Master of Business Administration and a Master of Health Administration.

Arlington resident **Barry Falk** is one of several new faculty members at the Manassas Campus of Northern Virginia Community College. He teaches mathematics. Falk holds a master's degree in mathematics and statistics from Georgetown University and a bachelor's degree in physics from the University of Utah. In addition to teaching experience gained at NOVA as an adjunct, he brings 10 years of tutoring experience.

**Marymount University** was one of eight organizations nationally that recently received a two-year \$480,000

grant from the Administration on Aging, a program division within the Administration for Community Living (ACL), to embed evidence-based falls prevention programs across Northern Virginia. Both Inova Health Systems and Goodwin House are major partners with significant roles in the grant implementation. The goal of the grant is to establish fall prevention programs at more than 60 locations across Arlington, Alexandria, Falls Church, Fairfax, and Loudoun County that reach approximately 1,400 older adults at risk of falling.

**Jacob Gerlach**, of Arlington, has enrolled at Lehigh University as part of the class of 2020.

The Community Foundation for Northern Virginia awarded \$30,300 in Healthy Kids Grants to address the main causes of childhood obesity by supporting programs that increase physical activity and/or improve nutrition in Northern Virginia public schools. The 2016-2017 Healthy Kids Grants were awarded to the following programs:



## Mass of The Holy Spirit

Citing lessons from World Youth Day, the Summer Olympics and the Catholic Church's Year

of Mercy, the Most Rev. Paul S. Loverde, Bishop of the Diocese of Arlington, celebrated Mass of the Holy Spirit on Sept. 7 at the school's Sacred Heart of Mary Chapel. With him is Marymount University President Matthew D. Shank.

PHOTO CONTRIBUTED

# SEPT. 24<sup>TH</sup>

# HOME RENOVATION

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# ENTERTAINMENT

Email announcements to [arlington@connectionnewspapers.com](mailto:arlington@connectionnewspapers.com). Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

## ONGOING

**ReelAbilities Film Festival.** Through Sept. 24, Various times and places throughout Northern Virginia. The 5th Annual ReelAbilities Film Festival: Northern Virginia, powered by the Jewish Community Center of Northern Virginia (JCCNV), is a lineup of award-winning feature and short films and a preview of guest speakers and special events. ReelAbilities is the largest film festival of its kind in the nation dedicated to showcasing films by and about people that experience a disability. Opening and Closing Nights: advance tickets are \$18 for adults, \$15 for JCCNV members, seniors (65+), and for groups of 10 or more, \$10 students with valid student ID. All tickets are \$20 the day of the opening and closing events. Other ticket prices vary. Visit [www.northernva.reelabilities.org](http://www.northernva.reelabilities.org) for more.

**Concert Rehearsal: The Washington Balalaika Society Orchestra.** Through Sept. 28, 7:30 p.m.-9:30 p.m. at Spring Church, 5010 Little Falls Road. WBS is recruiting new musicians, for the all volunteer orchestra, to perform music of Russia, Ukraine, and Eastern Europe. If you play a string instrument, you can play a Russian folk instrument (balalaika and dorma, like a mandola). WBS has instruments and conservatory-trained teachers. Call 703-549-0760. Visit [www.balalaika.org](http://www.balalaika.org)

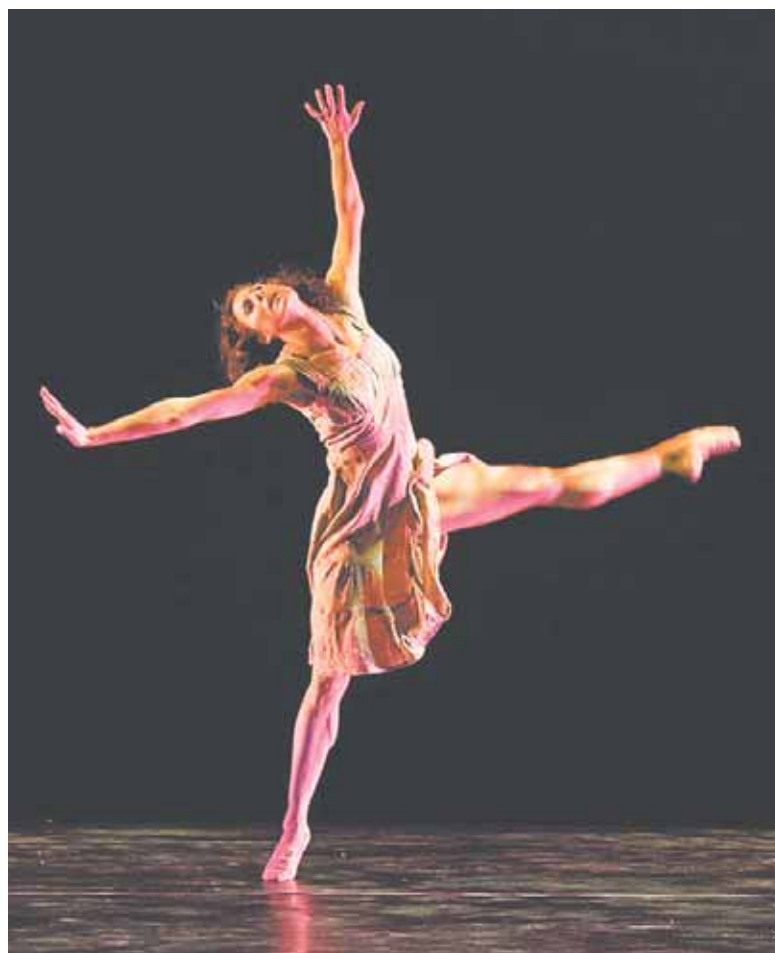
**Art Exhibit: "Tranquility."** Through Sept. 30, gallery hours at Gallery Underground, 2100 Crystal Drive. During September, Gallery Underground features the "Tranquility" Show. Exhibiting artists will create a contemplative spirit with tranquil colors, scenes and thoughts in works that envelope, calm and invite the viewer to linger with the art. Free. Visit [www.galleryunderground.org](http://www.galleryunderground.org).

**Ball Sellers House.** Saturdays, April-Oct., 1-4 p.m. at Ball Sellers House, 5620 3rd St., S. The Ball-Sellers House, the oldest building in Arlington County is open to the public for tours. The house was built around 1742 by John Ball and named the Ball-Sellers House to honor both the builder and the donor. Free. Visit [www.arlingtonhistoricalsociety.org](http://www.arlingtonhistoricalsociety.org) for more.

**Exhibit: "Light Wishes Only to be Land."** Gallery hours at The Arlington Arts Center, 3550 Wilson Blvd. "Light Wishes Only to Be Land," a group show curated by AAC Resident Artist Becca Kallem features work by Tom Bunnell, Mike Dowley, Liz Guzman, along with Kallem, and presents a variety of approaches to surface and space. Free. Visit [www.arlingtonartscenter.org](http://www.arlingtonartscenter.org).

**"Dinner With Friends."** Through Oct. 2, 8 p.m. at Theatre on the Run, 3700 S. Four Mile Run Drive. "Dinner with Friends" examines the lives of two couples and the repercussions of divorce on their friendships. Tickets are \$25-30. Visit [www.petersalley.com](http://www.petersalley.com) for more.

**Exhibit: "Strange Landscapes."** Through Oct. 2, gallery hours at Arlington Arts Center, 3550 Wilson Blvd. "Strange Landscapes" approaches landscape as a historical legacy, a lens for exploring nature, and foundation for imagining alternative ways of being. Featuring painting, drawing, installation, video, sculpture, and performance, the



PHOTOS CONTRIBUTED

## BMD Turns 21

On Sept. 29, at the Arlington Holiday Inn (4610 N. Fairfax Drive), celebrate local dance company Bowen McCauley Dance's 21st birthday with a live performance by the Company, a DJ, and an open bar. The event is 6 p.m. and tickets are \$50-55 plus a service fee. Visit [www.bmdc.org](http://www.bmdc.org) for more.

exhibition highlights artists whose work draws on and challenges traditional artistic approaches to the natural and built environments. Free. Visit [www.arlingtonartcenter.org](http://www.arlingtonartcenter.org) for more.

**Exhibit: "Remnants."** Through Oct. 8, on view 24 hours a day, seven days a week at 34zero9 Art Studios and Micro Gallery, 3409 Wilson Blvd. "Remnants" will feature new experimental work of J.T. Kirkland. Free. Visit [www.34zero9.wix.com/34zero9artstudios](http://www.34zero9.wix.com/34zero9artstudios).

**Art Exhibit: "B+W."** Through Oct. 14, 10 a.m.-8 p.m. Monday-Thursday, 10 a.m.-6 p.m. Friday-Saturday at The Barry Gallery - Marymount University Reinsch Library, 3807 N. Glebe Road. This exhibit features the works of Karen Coleman, Dana Jeri Maier, Matthew McLaughlin and Wayne Paige, all in black and white. Free. Visit [www.marymount.edu/barrygallery](http://www.marymount.edu/barrygallery).

**Signature Theatre: "The Gulf."** Through Nov. 6, various times at Signature Theatre, 4200 Campbell Ave. Signature Theatre presents the world premiere of "The Gulf" by D.C. playwright Audrey Cefaly; Betty and Kendra waste away a languid summer day fishing on the Alabama Delta. Suddenly, their lazy afternoon turns to chaos when the motor breaks, stranding the two, and their tumultuous relationship, in the Gulf. Tickets start at \$40. Visit [www.sigtheatre.org](http://www.sigtheatre.org) for more.

**Post-Graduate Residency Studio.** Through Nov. 17, gallery hours at The Torpedo Factory Art Center, 105 N. Union St. The Torpedo Factory Art Center welcomes four emerging artists to participate in the Post-Graduate Residency Program. Jihee Kang, Paulette Palacios, Anne Smith, and Danielle Smith, were juried by Paul Shortt, new media curator for Arlington Cultural Affairs. Artists can create and sell work, interact with the public, and network with other artists. The program will culminate in a group exhibition in the Torpedo Factory's contemporary exhibition

space, the Target Gallery. Free. Visit [www.torpedofactory.org](http://www.torpedofactory.org) for more.

**Friday Night Live.** 8 p.m. at the Church at Clarendon, 1210 N. Highland St., Suite A. Local musicians perform. Free. Visit [1bc.org](http://1bc.org) for more.

**Arlington's Historical Museum Open on First Wednesdays.** The Arlington Historical Museum is open to the public on the first Wednesday of every month from 12:30-3:30 p.m. The museum consists of exhibits chronicling Arlington County's history from Native American settlements up to the present day. The museum will continue to be open on Saturdays and Sundays from 1-4 p.m. Admission is free. The museum is located in the former 1891 Hume School building at 1805 S. Arlington Ridge Road. Contact Garrett Peck at 571-243-1113 or at [garrett.peck@arlingtonhistoricalsociety.org](mailto:garrett.peck@arlingtonhistoricalsociety.org).

**LGBT & Straight Friends Social.** Tuesdays. Happy Hour, 3 p.m.-7 p.m.; Mikey's "Bar A" Video Wall, 7 p.m.; start time at 8 p.m. IOTA Club & Cafe, 2832 Wilson Blvd. For 21 years and older. Free. Visit [www.iotaclubandcafe.com](http://www.iotaclubandcafe.com) for more information.

**Open Mic Comedy.** Wednesdays 8-10 p.m. at Ri Ra Irish Pub, 2915 Wilson Blvd. Doors open at 7 p.m. Age 21 and up only. Free show, \$25 cash prize for best joke. Call 703-248-9888 or visit [www.RiRa.com/](http://www.RiRa.com/) Arlington for more.

**Food Truck Thursdays.** 5:30-8:30 p.m. at the corner of North Irving St. and Washington Blvd. Find a round-up of regional food trucks. Free to attend. Visit [www.dmvfta.org](http://www.dmvfta.org).

**Invasive Plants Removal.** Work parties are held every month to keep the parks free of destructive invasive plants. Teens, adults and families welcome. Every second Sunday of the month 2-4:30 p.m. at Gulf Branch Nature Center, 3608 Military Road; call 703-228-3403. Every third Sunday of the month 2-5 p.m. at Long Branch Nature Center, 625 S.

Carlin Springs Road; call 703-228-6535 or visit [registration.arlingtonva.us](http://registration.arlingtonva.us). Free, no registration required.

**Poetry Series.** 6-8 p.m. second Sunday of the month at IOTA Club & Cafe, 2832 Wilson Blvd. Hosted by poet Miles David Moore. Featured artists share their poetry followed by open readings. Free. Visit [www.iotaclubandcafe.com](http://www.iotaclubandcafe.com) or call 703-522-8340.

**Open Mic Nite.** 8 p.m.-12:30 a.m. every Wednesday at IOTA Club & Cafe, 2832 Wilson Blvd. Sign-up times are 7:30 p.m. and 10 p.m. Bring instruments, fans and friends. Visit [www.iotaclubandcafe.com](http://www.iotaclubandcafe.com) or call 703-522-8340.

**Karaoke.** 8 p.m. on the first Sunday every month at Galaxy Hut, 2711 Wilson Blvd. Visit [www.galaxyhut.com](http://www.galaxyhut.com) or call 703-525-8646.

**Pub Quiz.** 8 p.m. every Sunday at Whitlow's on Wilson, 2854 Wilson Blvd. Prizes for first place. Free. Visit [www.whitlows.com](http://www.whitlows.com) or call 703-276-9693.

**Storytime.** Wednesdays and Fridays, 10:30-11 a.m. at Kinder Haus Toys, 1220 N. Fillmore St. Storytime with Ms. Laura. Call 703-527-5929.

**Lego Club.** Monthly on the first Wednesday. 4-5 p.m. Glencarlyn Branch Library, 300 S. Kensington St. The library provides tubs of legos and a special challenge and after the program the creations are displayed for everyone to see. No registration required. Call 703-228-6548 for more.

**Crystal City Sparket.** 11 a.m.-2 p.m. on Wednesdays at 1900 Crystal Drive. Sparket - A Creative Market is an extension of DC's Eastern Market with arts, crafts, and handmade goods. Free to attend. Visit [www.crystalcity.org](http://www.crystalcity.org).

**Open Mic Night.** Wednesdays, at 8 p.m., sign ups are at 7:30 p.m. and 10 p.m., at Iota Club & Cafe, 2832 Wilson Blvd. Free. Visit <http://www.iotaclubandcafe.com/>.

**Art for Life.** Third Thursday of each

month. The Hyatt Regency Crystal City's "Art for Life" Partnership with National Kidney Foundation brings a new artist each month to The Hyatt for a reception. Free. Visit [www.torpedofactory.org](http://www.torpedofactory.org).

## THURSDAY/SEPT. 22

**Mike Isabella's Back-to-School Block Party.** 5-8 p.m. at 4000 Wilson Blvd. Enjoy all-you-can-eat bites at Kapnos Taverna, Pepita and Yona or take advantage of spacious patio spaces. Tickets are \$35. Visit [www.kapnostaverna.com](http://www.kapnostaverna.com) for more.

**Shut Up and Write.** 7-8:30 p.m. at Arlington Central Library, 1015 N. Quincy St. Learn tips and tricks to writing Young Adult Literature from a panel of YA authors, led by Jon Skovron. This event is presented in partnership with One More Page Books. Visit [arlingtonva.libcal.com/event/2607392](http://arlingtonva.libcal.com/event/2607392) or call 703-228-5990.

## THURSDAY-SATURDAY/SEPT. 22-24

**David Koechner.** 7:45 p.m. Thursday, 7:30 p.m. and 10 p.m. Friday, 7 p.m. and 10 p.m. Saturday at Arlington Cinema & Drafthouse, 2903 Columbia Pike. An alumnus of Chicago's Second City Theater, Koechner got his first break as a cast member on "Saturday Night Live" and appearing in more than 130 films and television shows. Tickets are \$25. Visit [www.arlingtondrafthouse.com](http://www.arlingtondrafthouse.com).

## FRIDAY/SEPT. 23

**Marvelous Millipedes Campfire.** 7-8 p.m. at Gulf Branch Nature Center, 3608 Military Road. (This program will be filled with activities that may include stories, special animal guests, games, songs, and s'mores. Tickets are \$5 per person; \$20 per family. Call 703-228-3403.

## SEPT. 23- OCT. 8

**The Arlington Players: "Man of La**

[www.connectionnewspapers.com](http://www.connectionnewspapers.com)



# ENTERTAINMENT

**Mancha.** 8 p.m. Friday-Saturday, 2:30 p.m. Sunday at Thomas Jefferson Community Theatre, 125 S. Old Glebe Road. A bold new vision of a beloved classic musical, featuring a diverse, non-traditional cast of all ages, races, and backgrounds. Tickets are \$25 for adults, \$22 for seniors and military, \$15 for children and students. Visit [www.thearlingtonplayers.org](http://www.thearlingtonplayers.org).

## SATURDAY/SEPT. 24

**KidsStuff Sale.** 8 a.m.-12 p.m. at St. Andrew's Episcopal Church, 4000 North Lorcom Lane. This sale features gently used items from 100 consignors including clothes, toys, books, videos, games, puzzles and more for kids for birth to teen. There's plenty for parents as well: maternity clothes, baby gear, strollers, bottles, safety items and more. Free. Visit [www.facebook.com/Kids-Stuff-Sale-366296948630](http://www.facebook.com/Kids-Stuff-Sale-366296948630) for more.

**Families Unplugged: Hula Hoop Fitness.** 10 a.m.-12 p.m. at Walter Reed Community Center, 2909 16th St. S. Learn new and fun ways to keep your body moving. The experts at NuYou Wellness & Fitness will share the basics of hula hooping as well as some new tricks. Registration is \$8. Call 703-228-7790.

**BBQ, Boots & Bingo.** 11 a.m.-3 p.m. at Columbus Club, 5115 Little Falls Road. A family picnic with moon bounces, a climbing wall, face painting, bingo, music and more, at the Columbus Club of Arlington. Tickets are \$20 for adults, \$10 for children, \$50 per family. Visit [www.arlingtonthrive.org](http://www.arlingtonthrive.org).

## Reptiles and Amphibians

**Campfire.** 7-8 p.m. at Gulf Branch Nature Center, 3608 Military Road. (This program will be filled with activities that may include stories, special animal guests, games, songs, and s'mores. Tickets are \$5 per person; \$20 per family. Call 703-228-3403.

## SUNDAY/SEPT. 25

**The Sports Junkies Live.** 10 a.m. at William Jeffrey's Tavern, 2301 Columbia Pike. The Sports Junkies are broadcasting their #1 Redskins Pregame Show. Free Visit [www.williamjeffreystavern.com](http://www.williamjeffreystavern.com).

**Concert Across America.** 6 p.m. at Sehkraft Brewing, 925 N. Garfield St. Earlier this summer, Concert Across America to End Gun Violence announced a nationwide event, to bring together hundreds of communities across the nation to remember the victims of gun violence and to commit to taking actions to reduce gun violence in our country. Free. Visit [www.sehkraftbrewing.com](http://www.sehkraftbrewing.com).

**Film Screening: "Hometown Habitat."** 6:30-8:30 p.m. at Arlington Central Library Auditorium, 1015 N. Quincy St. The film, a 90-minute environmental education documentary, is focused on showing how and why native plants are critical to the survival and vitality of local ecosystems. Entomologist Doug Tallamy of the University of Delaware in Newark, an authority on the misuse of non-native plants in landscaping, provides the narrative thread throughout the film. Free. Visit [bit.ly/2av1P2g](http://bit.ly/2av1P2g).

## SEPT. 25-30

**Fall For The Book Festival.** Locations throughout Northern Virginia, D.C., and Maryland. This week-long regional celebration of literature and the arts connects readers and authors at all levels. Offering bookworms the chance to meet their favorite writers. Free and open to the public. Visit [www.fallforthebook.org](http://www.fallforthebook.org).



## 'Tranquility' Closes Sept. 30

During September, Gallery Underground (2100 Crystal Drive) features the "Tranquility" Show. Exhibiting artists will create a contemplative spirit with tranquil colors, scenes and thoughts in works that envelope, calm and invite the viewer to linger with the art. In addition to a new September Members Show in the Main Gallery, also featured is the watermedia work of Chica Brunsvold. Admission to the gallery is free. Visit [www.galleryunderground.org](http://www.galleryunderground.org).

## MONDAY/SEPT. 26

**Meet the Speaker: "Dr. Robert Hitlin."** 3-4:30 p.m. at Arlington Central Library, 1015 Quincy St. The lecture will help attendees to understand what the political polls really mean. Hitlin will discuss the polling process, poll reliability and how a campaign uses them. Free. Call 703-228-2144.

## SEPT. 28-OCT.

**Signature Theatre: "The Gulf."** 7:30 p.m. at Signature Theatre, 4200 Campbell Ave. Dive into a comedy that transforms the ARK Theatre into a steamy southern waterway. Betty and Kendra waste away a languid summer day fishing on the Alabama Delta. Suddenly, their lazy afternoon turns to chaos when the motor breaks, stranding the two, and their tumultuous relationship, in the Gulf. Tickets are \$75-80. Visit [www.sigtheatre.org](http://www.sigtheatre.org) for more.

## SEPT. 28-OCT. 30

**Synetic Theatre: "Dante's Inferno."** Various times at 1800 S. Bell St. Synetic Theater will open their entirely wordless 2016/17 Season with a revitalized production of "Dante's Inferno," produced by Paata Tsikurishvili and directed by Irina Tsikurishvili. Tickets start at \$35, \$15 for students, seniors and military receive \$5 discounts. Visit [www.synetictheatre.org](http://www.synetictheatre.org) for more.

## THURSDAY/SEPT. 29

**SEEC Annual Fundraiser.** 6-8 p.m. at SEEC, 2701 S. Nelson St. Shirlington Employment and Education Center (SEEC) will be holding its annual fundraiser. This year's Emily D'iCicco humanitarian award will be given to Arlington First Church of the Nazarene, The Church of the Covenant, PCUSA and the Thai Church of Washington, DC as well as Charles Meng, Executive Director of AFAC. \$25 suggested donation. RSVP to Shirley Ruhe [slrbca@aol.com](mailto:slrbca@aol.com).

**Lawn Chair Talks: Negar Ahkami and Rebecca Carpenter.** 6-8 p.m. at Arlington Arts Center, 3550 Wilson Blvd. The Lawn Chair Talks speakers series pairs one artist with a professional from a different field to discuss their work. This series will present successful artists and urban farmers to talk about their ideas and work in a casual atmosphere. Free. Visit [www.arlingtonartscenter.org](http://www.arlingtonartscenter.org).

**Bowen McCauley's 21st Birthday Bash.** 6-8 p.m. at Holiday Inn, 4610 N. Fairfax Drive. Find an open bar, a buffet, and dancing. Tickets are \$50 in advance, \$55 at the door. Visit [www.bmdc.org](http://www.bmdc.org) for more.

## FRIDAY/SEPT. 30

**Survival Skills: Navigating.** 4-5:15 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road. Work with compasses and maps to find your way through unfamiliar territory. Also learn how to read the land and sun for direction. Registration is \$7. Call 703-228-4747 for more.

## FRIDAY-SATURDAY/SEPT. 30-OCT. 1

**Joel Kim Booster.** 8 p.m. and 10 p.m. Friday, 7 p.m. and 9 p.m. Saturday at Arlington Cinema & Drafthouse, 2903 Columbia Pike. Joel Kim Booster is a Chicago bred, Brooklyn based comedian, writer and playwright. Born in Seoul, South Korea, Joel was adopted at a young age and moved to the southwest suburbs of Chicago. Both homeschooled and evangelical, Joel has read the bible literally dozens of times, but has no idea where the state of Oregon is on a map. Joel has performed at numerous comedy clubs, bar basements and festivals all across the country. Most recently and notably he was a New Face for the world renowned Just For Laughs Comedy Festival in Montreal, Canada. Tickets are \$25. Visit [www.arlingtondrafthouse.com](http://www.arlingtondrafthouse.com) for more.

## SATURDAY/OCT. 1

**VCE Urban Agricultural Symposium.** 8:30 a.m.-3:30 p.m. at Fairlington Community Center, 3308 S. Stafford St. Keynote speaker will be Carlin Rafie, assistant professor at Virginia Tech and VCE adult nutrition specialist, who will discuss the relationship between nutrition and health. In breakout sessions, Virginia Tech researchers and other experts will focus on perennial and tree crops for the urban gardener; research on growing food with biosolids; growing nutritious, low-maintenance vegetables; small-space gardening of the future; aeroponic containerized farming; teaching the next generation of gardeners; and growing microgreens and sprouts at home for winter nutrition. Registration fee is \$25 and covers the cost of supplies as well as refreshments and lunch for participants. Visit [mgmv.org](http://mgmv.org).

**Boundary Stone Bike Tour.** 9:15 a.m. at East Falls Church Metro Station. See 12 historic D.C. boundary stones in Arlington, Alexandria, and Fairfax County. Tickets are \$2, free for members. Visit [www.centerhikingclub.org](http://www.centerhikingclub.org).

**The Sports Junkies Live.** 10 a.m. at William Jeffrey's Tavern, 2301 Columbia Pike. The Sports Junkies are broadcasting their #1 Redskins

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# ENTERTAINMENT

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**Oyster Festival.** 1-4 p.m. at Barley Mac, 1600 Wilson Blvd. Restaurant goers are invited to dine al fresco, and taste a sampling of the restaurant's locally caught oysters and favorite drinks from the bar. Barley Mac's oyster menu features raw oysters harvested from NOVA. In addition to raw oysters, Barley Mac will serve Oyster Rockefeller, Grilled Oysters, Fried Po-Boys, Oyster Stew, Fried Buffalo Batter Oysters and Oyster Ceviche. Tickets will be sold online prior to the event for \$49 a person, or \$59 a person at the door. Visit [barleymacva.com](http://barleymacva.com) for more.

**Spider Scavenger Hunt.** 2-3 p.m. at

Long Branch Nature Center, 625 S. Carlin Springs Road. Can you find all the spiders hiding along the trails? There will be paper wolf spiders, black widows, fishing spiders and tarantulas for your family to find. Afterwards, see a real live giant spider. \$5 fee due upon registration. Call 703-228-6535.

**Arlington Woman's Club 85th Anniversary.** 2-4 p.m. at 700 S. Buchanan St. Free. Call 203-400-3668 for more.

**Nature Songs and Stories Campfire.** 7-8 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road. This program will be filled with entertaining activities that may include stories, special animal guests,

games, songs and S'mores. \$5 fee per person; \$20 maximum per family, due at registration. Use program #612956-B. Call 703-228-6535.

## SUNDAY/OCT. 2

**Spellbinder Story Fest.** 3-4 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road. Arlington Spellbinders share favorite tales from around the world. Since ancient times in all cultures, this oral tradition has passed on wisdom, connected elders to youth and engaged the imagination. Free. Call 703-228-6535.

**Celtic Revival.** 3-5 p.m. at First Presbyterian Church of Arlington,

601 N. Vermont St. The SKY Family will be performing their high energy Celtic/pop-rock music, dance and Gospel production Celtic Revival. Free. Call 703-677-1520 for more.

## MONDAY/OCT. 3

**Play Reading: "Alabaster."** 7 p.m. at Signature Theatre, 4200 Campbell Ave. When Alice (a noted photographer) arrives at the home of June (an undiscovered folk artist) to take photographs of her for an upcoming series called "Scars," the chemistry between them is electric and immediate. What follows is a three-day spiritual convergence on June's family farm near Alabaster, Alabama. This intimate portrait explores the meaning and purpose of art and the struggle of the lost and tortured souls that seek to create it. Free. Visit [www.sigtheatre.org](http://www.sigtheatre.org).

## OCT. 4-NOV. 13

**"Freaky Friday."** Various time at Signature Theatre, 4200 Campbell Ave. Heidi Blickenstaff and Emma Hunton will star as mother and daughter in the world premiere production of the new musical "Freaky Friday" at Signature Theatre. Tickets start at \$35. Visit [www.sigtheatre.org](http://www.sigtheatre.org) for more.

## FRIDAY-SATURDAY/OCT. 7-8

**Flula Borg.** 8 p.m. and 10 p.m. Friday, 7 p.m. and 9 p.m. Saturday at Arlington Cinema & Drafthouse, 2903 Columbia Pike. Flula boasts a diverse spectrum of talent as a musician, actor, comedian, host, DJ, and hype-man. Tickets are \$25. Visit [www.arlingtondraffthouse.com](http://www.arlingtondraffthouse.com).

## FRIDAY-SATURDAY/OCT. 7-8

**Ronny Chieng.** 10 p.m. Friday and Saturday, additional 7 p.m. performance on Saturday at Arlington Cinema & Drafthouse, 2903 Columbia Pike. In 2015 Ronny moved to New York City after being hired as a correspondent on the Daily Show with Trevor Noah on Comedy Central. Tickets are \$20. Visit [www.arlingtondraffthouse.com](http://www.arlingtondraffthouse.com).

## SATURDAY/OCT. 8

**Animal Showtime.** 1-2 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road. There will be snakes, insects, amphibians and our "celebrity," Stumpy the box turtle. Also play some trivia games for prizes. \$5 fee due upon registration. Call 703-228-6535.

**Fall Wine & Craft Beer Festival.** 3-8 p.m. at Adams Street and Columbia Pike. Taste food paired with wine and craft beer. Ticket prices not yet announced. Visit [www.columbiapike.org](http://www.columbiapike.org) for more.

**Eel Quest: Hike and Campfire.** 7-8:30 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road. Learn about American eels. Then hike along the creek, to look for these nocturnal critters. Bring a flashlight. Tickets are \$7. Call 703-228-6535.

## TUESDAY/OCT. 11

**Community Cup Golf Classic.** 11:30 a.m. at Washington Golf & Country Club, 3017 N. Glebe Road. The Annual Community Cup Golf Classic, celebrating the Arlington Community Foundation's 25th Anniversary, raises funds to help support the administration of grants and scholarship programs as well as community initiatives undertaken by the Foundation. Tickets are \$500. Visit [bit.ly/acfgolf2016](http://bit.ly/acfgolf2016).

**LGBTQIA+ Teens at the Library.** 5-6 p.m. at Arlington Central Library, 1015 N. Quincy St. Come share pizza, stories and books. All middle

and high school students welcome. Free. Visit [arlingtonva.libcal.com/event/2673549](http://arlingtonva.libcal.com/event/2673549) or call 703-228-5990.

**Author Talk: "Digital Destiny."** 7-8:30 p.m. at Shirlington Branch Library, Campbell Room, 4200 Campbell Ave. Shawn DuBravac, author of "Digital Destiny: How the New Age of Data Will Transform the Way We Work, Live, and Communicate" will be interviewed by Arlington County Chief Information Officer Jack Belcher and Director of Public Libraries Diane Kresh. The discussion will be on the impact of the digital revolution. Free. Visit [arlingtonva.libcal.com/event/2780518](http://arlingtonva.libcal.com/event/2780518).

## WEDNESDAY/OCT. 12

**Teen Read Week Author Panel.** 7-8:30 p.m. at Arlington Central Library, 1015 N. Quincy St. Celebrate Teen Read Week at Arlington Central Library with this eclectic group of Young Adult authors (Kathy MacMillan, Rahul Kanakia, Tobie Easton, Karen Fortunati) who will share their inspirations and the secrets behind their books. Free. Visit [arlingtonva.libcal.com/event/2620474](http://arlingtonva.libcal.com/event/2620474).

## FRIDAY/OCT. 14

**Jack-O- Lantern Campfire with Costume Contest.** 6-7 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road. \$5 fee per person; \$20 maximum per family, due at registration. Call 703-228-6535 for more.

## FRIDAY-SUNDAY/OCT. 14-16

**U.S. FreedomWalk Festival.** 12-6 p.m. on Friday, 7 a.m.-5 p.m. on Saturday, 7 a.m.-4 p.m. on Sunday at Holiday Inn - Rosslyn at Key Bridge, 1900 N. Fort Myer Drive. A three-day long social walking challenge meant to bring together people of different backgrounds. Different trails are offered each day at a variety of distances from 3-27 miles starting at the Holiday Inn. Costs vary. Visit [www.usfreedomwalk.org](http://www.usfreedomwalk.org) for more.

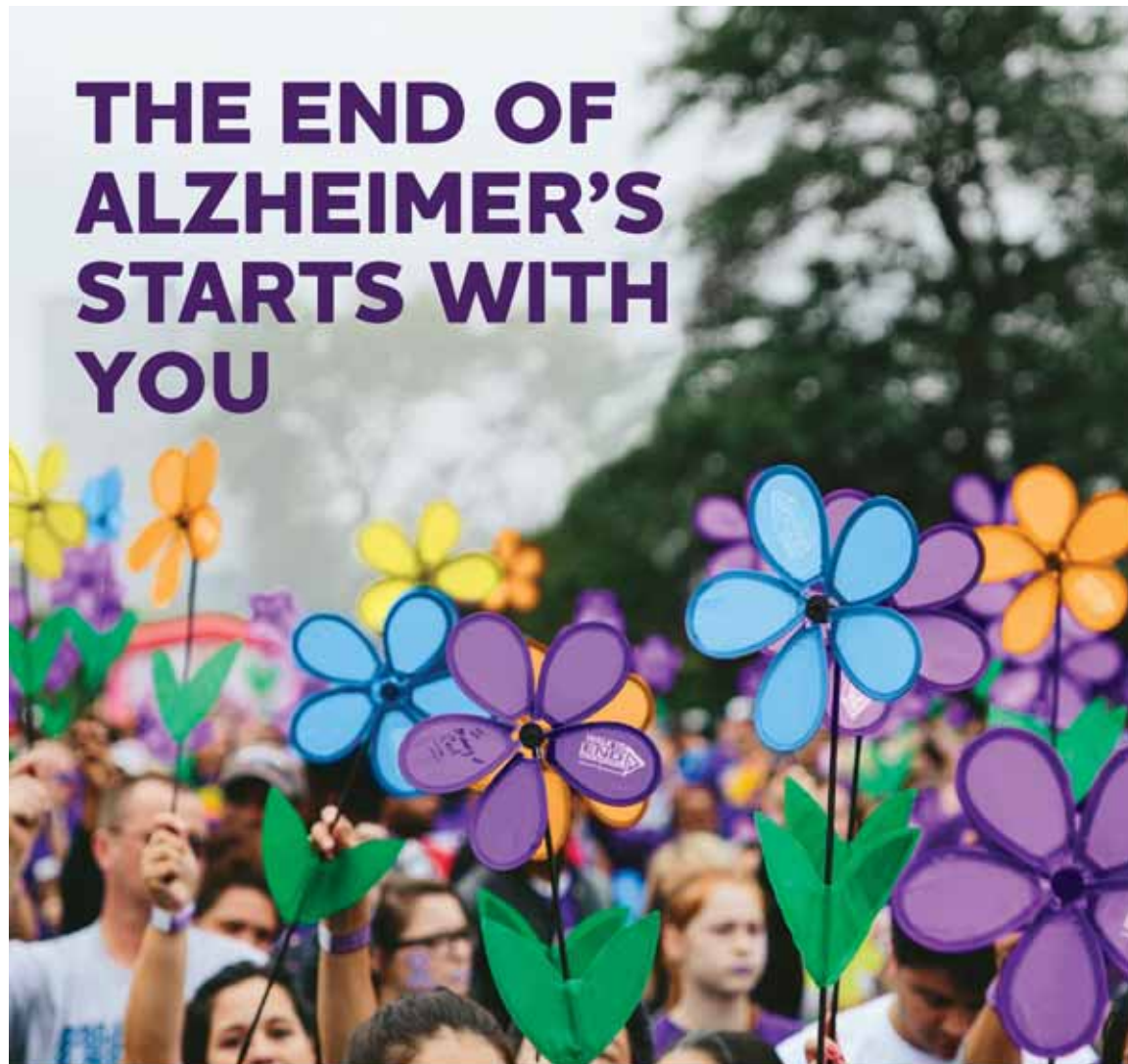
## SATURDAY/OCT. 15

**Fall Heritage Festival.** 1-5 p.m. at Gulf Branch Nature Center, 3608 Military Road. Gather around the Walker Log House to celebrate our nation's heritage. Step back into history and try your hand at some old-time games and crafts, make a corn husk doll, try on a coonskin cap, or work the cider press! Write with a quill pen or churn butter and enjoy old-time music. \$5 fee due at the program. Call 703-228-3403.

## OCT. 15-DEC. 18

**Fall SOLOS 2016.** Gallery hours at Arlington Arts Center, 3550 Wilson Blvd. More than 100 artists living in the Mid-Atlantic Region submitted proposals for this semi-annual exhibition. Jurors Sarah Newman, Independent Curator, and José Ruiz, Co-Director of Present Co. (NY), Director of Furthermore (DC), and Professor in the Curatorial Practice Program at MICA, recommended 14 applicants for inclusion in the SOLOS 2016-17 edition. Fall artists: Michael Booker, Amanda Burnham, Lewis Colburn, Marion Colomer, Liz Guzman, Andrew Hladky, and Michele Montalbano. Free. Visit [www.arlingtonartscenter.org](http://www.arlingtonartscenter.org).

**Alice Whealin: "Third Patterns."** Gallery hours at Arlington Arts Center, 3550 Wilson Blvd. Alice Whealin's artworks reflect personal concerns and experiences through alternative landscapes and imagery of internal bodies. Free. Visit [www.arlingtonartscenter.org](http://www.arlingtonartscenter.org).



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# Efforts To Preserve Affordable Housing

FROM PAGE 3

Partnership for Affordable Housing to buy 68 units in eight apartment buildings in the Westover Neighborhood. If the loan is approved, the units will be affordable for 60 years and will be accessible to residents at 60 percent of the area median income (AMI).

In Arlington County, 60 percent of AMI for a one-person household is \$45,900. For a two-person household, 60 percent AMI is \$52,440. Arlington's affordable housing is broken into two categories, planning tools used to produce units for low-income tenants from 40 percent to 80 percent AMI, and housing grants used to help those at very low income, from 20 percent to 40 percent AMI.

"We've got 7,500 income-restricted units, those are rental units with rent restrictions with county financing," said David Cristeal, director of Housing. "That's about 15 percent of our rental stock out of 50,000. Essentially, one in seven apartments has an income restriction."



**Apartments in the Westover Neighborhood to be preserved as affordable housing pending a loan from the Affordable Housing Investment Fund.**

**THE FINANCING** of Arlington's government-financed affordable housing comes through a zoning ordinance that provides a special exception option for developers looking for flexibility in form, use, and density. Since 2006, Arlington has required affordable units or funding towards the affordable housing investment fund from any developer even at base floor area ratios (FAR). Developers building affordable housing on site are required to make five percent of the gross floor area affordable housing or a cash equivalent. That number goes up to 7.5 percent if the developer builds the housing off-site but nearby, and up to 10 percent if the housing is built off-site and not near the development. So if a developer is hoping to build 200,000 square feet of development on a 50,000-square-foot space, they would have to provide 7,500 square feet of on-site affordable units, 11,250 square feet of off-site affordable units nearby, or 15,000 square feet of off-site units not near the development.

Arlington's other method of providing affordable housing is providing monthly rental assistance to eligible households. Cristeal says the rental assistance program is run through the Department of Human Services and helps residents with very low income and elderly, disabled, or working families. The program is supported by general funding, receiving \$9.7 million in the FY 2017 budget.

"There's concern from a fiscal standpoint that the County Board can cut back," said Cristeal. "We're reliant on continued funding. If the federal government cuts back its [affordable housing funding], it's up to local jurisdictions to provide that rental assistance."

Cristeal said rental assistance supports approximately 1,300 households in Arlington and that four out of five recipients also occupy income restricted units.

**UNLIKE ALEXANDRIA** and Fairfax, Arlington does not have a public housing authority. Public housing authorities oversee housing contracted for low-income families, so Arlington's only affordable housing options are rental assistance and committed affordable units as part of a development. Establishing a public housing authority requires a public referendum. Cristeal says it's been tried before, but has been unsuccessful.

"There's been at least three referendums put forward to voters, but voters have said they don't want one," said Cristeal. "We've adjusted."

Neighboring Fairfax and Alexandria are divided over adopting Rental Assistance Demonstration (RAD), a federal program created to allow public housing authorities more

spending options. Fairfax is beginning a process of converting all of its public housing to RAD, while the Alexandria Redevelopment and Housing Authority has not pursued RAD. Cynthia Stevens, housing assistance bureau chief, said questions over whether or not to adopt RAD is unlikely to hit Arlington. Stevens said there is one project early in development that could involve RAD housing, but said that in general RAD issues were not applicable to Arlington County.

"There's not widespread RAD in Arlington because we don't have a public housing authority," said Stevens. "So we don't have projects that would qualify for RAD."

For the future of affordable housing in the region, Cristeal said Alexandria and Arlington should consider eliminating height restrictions for developments.

"Unless there's an outside force limiting heights, I don't support height limits," said Cristeal. "We need more housing units, but we're afraid of more height and density. We need to not be .... We need to continue to look at how we target resources, financing and planning, to increase supply for that category of people. There's been no shift [in housing methods], but the affordable housing need has been persistent."

## A Quick Look At Popular "Green" Home Products



Incorporating "green" features into today's remodels is as popular as ever. So what are some of the go-to products?

**Reclaimed Wood Floors**  
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**Concrete Floors and Walls**  
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**Concrete Countertops**  
Chips of recycled glass cast into a concrete slab make up terrazzo, a green countertop choice known for its durability and nearly limitless color options.

**Direct-Vent Fireplaces**  
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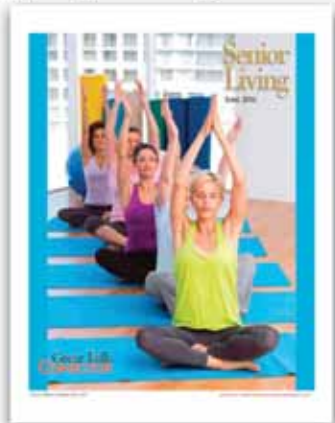
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# Homework Overload

Some educators say less can be more, stress balance when it comes to homework.

BY MARILYN CAMPBELL  
 THE CONNECTION



PHOTO COURTESY OF BULLIS SCHOOL

**Faculty and staff at the Bullis School have restructured the way they assign homework to foster a feeling of success, confidence and independence.**

"If a parent is having to interact with their child over homework, it's not an independent assignment."

This homework structure can actually create balance in the lives of students, she said. "I think the stress comes from kids wanting to get things perfect and parents wanting their children to be successful," said Andreadis. "Kids need time that is unscheduled so that they can be creative, find new passions and be kids."

Researchers say unstructured play, reading, and other child-initiated activities have as many benefits for children as academics. "Children learn conflict management skills, develop imagination and creativity, self-regulation of time and interest, and independence," said Shannon N. Davis, associate professor of sociology at George Mason University in Fairfax. "Research has shown that children who are given time to play in an unstructured manner, read or otherwise determine how they spend their time are much less likely to say, 'I'm bored' when they have free time. They know how to entertain themselves rather than needing an adult to structure their time for them."

Navigating that course, deciding how much independence to give children when it comes to managing free time and their homework, while at the same time making sure they have the support they need to succeed can be challenging, parents and educators agree.

"I don't think these two areas are mutually exclusive. We want our kids to take ownership of their priorities, but they need some foundational knowledge in order to make these choices from an informed perspective," said Sean Aiken, head of school at BASIS Independent in McLean. "We need to empower our students to make some of these decisions early on and then allow them to experience the consequences."

Parents' roles should be setting students up for success, recommends Andreadis: "Giving them a quiet place to study, checking in with them, asking, 'What's your plan for homework tonight?' Helping the child make the decision but letting the child actually make it. Be hands off as much as possible."

Some educators acknowledge that a relaxed approach might push parents, particularly those in high-achieving communities, outside their comfort zones. "This involves some risk taking on the part of us as parents and educators, but I think the benefits are worth it," said Aiken. "We need to pair that with a lot of support and discussion about why academic achievement matters, specifically that we are learning things in order to make connections and ask questions about the world around us."

Paula DeMarco dreads one time of day the most: weekday evenings at 5:30. It's the time she has set aside for her children begin their homework. That means no screen time, music or other distractions.

"When my son entered fifth grade last year it was like running into a brick wall," she said. "We were in shock by how much more homework he had than when he was in the lower grades. It was stressful and there were a lot of tears shed — both mine and his."

For many parents and students, homework can be anxiety inducing, especially when there's a lot of it, when it's intense, when there's pressure to succeed and when it's used as a measure of accomplishment.

In fact, a study published in the Journal of Experimental Education in 2014 found that students in high-achieving communities who spend excessive amounts of time on homework are more prone to more stress, physical health problems and a lack of balance than students who have moderate amounts of homework. Researchers found that students felt obligated to choose homework over other interests. As a result, they didn't know how to find balance in their lives.

Homework in a competitive environment that doesn't leave time for hobbies or sports can also put a strain on family relationships.

"Homework becomes stressful because parents take on the role of homework police," said Ann Dolin, president, Educational Connections Tutoring in Fairfax and Bethesda. "It's a role they never envisioned and they don't want, but before they know it, their relationships with their children become defined by academics."

Dolin points to the "Ten-Minute Homework Rule," guidelines approved by the National Education Association, which recommend 10 minutes of homework per grade level. A first grade student, for example, would have 10 minutes of homework each night, while a fourth grade student would have 40. Any more than this would be counterproductive.

"I have known first graders who've had an hour or and hour-and-a-half of homework," said Dolin. "That is unrealistic."

Locally, Margaret Andreadis, lower school principal at Bullis School in Potomac, Md., says administrators and teachers at her school have restructured the way they assign homework to focus on quality over quantity.

"We've scaled back to emphasize our purpose for homework: teaching students goal setting and time management," she said. "We're not using homework as busy work. Our philosophy has been to create a balance between academics, life at home with family and activities like sports."

Students at Bullis often have choices over their homework assignments, and their tasks are designed to foster a feeling of success, confidence and independence.

"The emphasis is on small successes. We want students to feel good about themselves," said Andreadis.



# Laid Bare, Laid Low

Historic house demolished.

Last week an old house on Minor's Hill was felled for new development. The farm on which it stood was long-gone, a fact confirmed by standing at the corner of Nottingham and Virginia streets in McLean and turning slowly in a circle to see nothing but well-established homes. No formal archaeological analyses were performed, but a historic preservation consultant to Fairfax County indicated the original log dwelling could have been raised in the 1770s. Several major additions and modifications to the building over the years make accurate dating difficult.

Longstanding neighborhood lore held that the old house was a military headquarters during the Civil War — or, as many close-by residents would have said in their day, the War of Northern Aggression. The county consultant tended to agree based on photographs found in the Library of Congress.

Demolition of the structure was a surprise to some living in the immediate area. Roadside conversations conducted over the roar of a bulldozer and falling masonry suggested a revived interest in historical events “right next door.”

— MICHAEL MCMORROW



PHOTO BY MICHAEL MCMORROW/THE CONNECTION

Logs of the original colonial-era cabin and its unusual angled fire-place stand open to daylight after more than a century and a half.

## APS Advisory Councils Tackle Gaps, Changes

FROM PAGE 3

high school redesign, emphasizing content knowledge, community engagement, career exploration, and workplace skills. APS wants to expand the use of performance assessments and reduce the number of credits verified by SOL tests; increase internships and work-based learning experiences; increase career exposure, exploration, and planning; and emphasize the “5 C’s” – Critical thinking, creative thinking, collaboration, communication, and citizenship.

For more information on what the “fu-

ture high school graduate profile” looks like, see [www.apsva.us](http://www.apsva.us).

**A MAJOR AREA** of focus in the coming year will be APS’ need for 1,300 additional high school seats. Expansion of Arlington Tech will be one way to integrate students from Washington & Lee which is currently over-capacity. The proposed schedule for high school boundaries is online at [www.apsva.us](http://www.apsva.us).

The School Board will act on boundary recommendations in December prior to

High School Information Night on Dec. 12 for rising freshman. The boundary adjustments will take effect in Fall 2017 and will begin with 2016 eighth graders who will be ninth graders in 2017, and will continue with future incoming freshmen. No current high school students will be affected by the proposed boundary refinements.

A brief recap of the changes was offered at the meeting: Wakefield High School will add 300 seats by the start of the 2017-18 school year; Yorktown High School will add 300 seats by the start of the 2018-19 school

year; Arlington Tech enrollment will be balanced among the three high schools, with 46 students to come from each high school in the 2017-18 school year and 80 students from each high school in the 2018-19 school year. However, decisions on boundaries may be delayed because of high school redesign, evaluation of policy on enrollment and transfers, middle school boundary changes for the 2017-18 school year, adoption of FY 2017-26 CIP projects, and a projected seat surplus at Yorktown High School by the 2026 school year.

## Personal Trainer Analyzes People’s Behavior

FROM PAGE 5

you.’ He beat me up in a parking lot. But this was a defining moment because I understand how this guy behaved.”

Nazary has developed a behavioral model with five variables. According to Rick Marin, a technical writer who works with Nazary, he has some innovative ideas for explaining human behavior, and they can be clinically measured. Part is based on neuroscience but some aspects are radically different — for instance, the concept that consciousness can override the environment.

**Mustafa Nazary, surrounded by three of his children, illustrates his behavioral model, Zeaba, named after his mom and his oldest daughter (right on couch.)**



When he discovered that once people learn something that is objective and or they bond to it emotionally, the logic region of the brain (neocortex) goes dark and that new information becomes part of its data base or circuitry. He says, “We don’t think about it anymore. I couldn’t sleep for two nights after that. I don’t know if my wife remembers. I do believe what kept me awake for two nights is discovering something that explains complex human behaviors at any given moment in time.” He calls his formula the Zeaba model, named after his daughter and mom. He says emotions can rationalize any irrational behavior. But emotions don’t exist independently; they come out of the circuitry of the brain.

“My main thing is for the formula, when for instance you see shooting in Dallas, to examine why people do what they do. It doesn’t get addressed. You could teach somebody,” he said.



# Banking on the Envelopes



By KENNETH B. LOURIE

Now that you know my pill plan, after reading last week's column; there should be no stopping me, right? Starting me however, is still a problem. Having removed a major impediment (transporting/segregating my pills), one would think I could finally get out of my own way. Unfortunately, it's not that simple — for me. Sometimes, finding that 'way' is equally challenging. I might know the how, and maybe even the why, but the what and the where often remains frequently a block over which I stumble and stammer.

Nevertheless, having allocated my pills accordingly does allow me to think less about the present and more about the future. And planning for one's future, especially when that 'one' is yours truly, a previously diagnosed as "terminal," non-small cell lung cancer patient, stage IV, whose future was not necessarily foreseen, is more than just a leap of faith. In fact, it's the stuff of which dreams are often conjured.

What I was given — not promised, was made clear to me in late February 2009 by my oncologist when he advised me that my prognosis was "13 months to two years." And as much as one (this one) wanted to think about the future/even having a future, I felt it was the present I had to account for first. And though it certainly was a present imperfect and tense a great deal of the time, over hill and over dale and continuing/supplementing my standard chemotherapy treatment/regimen with a variety of non-Western alternatives, I have managed to overcome my 'present' focus and begin to consider a future well beyond my original prognosis.

As the years have indeed passed, I have begun to believe in the power of the present surely, but mostly in how it might provide a foundation for a future; providing a "nutty and bolty" approach as to how I can navigate this mind/mine field (literally and figuratively) of outrageous misfortune and find a path of least resistance. As much as I want to get from here to there, I suppose I've needed a framework of sorts, a routine that would enable me to think without consulting the manual, so to speak. A manual which offers few guarantees and less-than-encouraging mortality tables, however much improved they are over previously diagnosed generations of lung cancer patients (although still the leading cause of cancer deaths and new diagnosis yearly in this country).

Given these realities, I am well aware — and extremely grateful for my survival. Has it been random luck? Good DNA? A bit of a misdiagnosis? An open mind to the potential benefits of lifestyle changes, diet, occasional exercise and non-Western approaches to treating cancer/boosting one's immune system? Certainly I don't know — and don't care, quite frankly. All I know is what I've been told: whatever I'm doing, keep doing it, which seems perfectly logical and manageable for me ("if it ain't broke ...").

If I were to consider, for a minute what has pulled forward to the future/present rather than backwards into the abyss, I think it would be hope. Not simply hope that what I was doing would work/extend my life, but more so that it gave me something to think positively about. And I'm not even sure that is an accurate distinction. All I know is that "bank-enveloping" my pills has given me one less thing to fuss about concerning my diagnosis and allows me, potentially, to live my cancer-affected life as normally (pre-cancer diagnosis), as possible. At least, I hope so.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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## OBITUARY Daniel Daniels

11/26/1923-9/3/2016

Age 92 of Oconomowoc, WI passed away Saturday, September 3, 2016. Dan is survived by his daughters Caroline (Mike) Driscoll and Wendy (Keith) Schaetz; his grandchildren Sean, Ryan (Julia), Julie, Sara, Michelle and Amy; his brother-in-law Tom Litinas and by many wonderful nieces, nephews and grandnieces and nephews. Dan was preceded in death by his loving wife Margaret "Peggy" Daniels (April 2016) of 62 years; sister-in-law Alice Litinas; his parents Herman and Celia Goldstein and his brother. Services were already held.

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SALE TO BE HELD AT THE FAIRFAX COUNTY CIRCUIT COURT

SEPTEMBER 23, 2016, AT 10:00 A.M.

In execution of the Deed of Trust, Assignment of Rents, Security Agreement and Financing Statement dated November 21, 2006 and recorded among the land records of Fairfax County, Virginia on November 27, 2006 in Book 18934 at Page 621 (the "Deed of Trust"), now securing CATJEN LLC, a Virginia limited liability company (the "Noteholder"), default having occurred in the payment of the debt secured thereby, and being instructed to do so by the Noteholder, the undersigned Substitute Trustee will offer for sale the property described below at public auction in front of the main entrance to the Fairfax County Circuit Court, located at 4110 Chain Bridge Road, Fairfax, Virginia 22030 on September 23, 2016, beginning at 10:00 a.m.

The real property encumbered by the Deed of Trust that will be offered for sale by the Substitute Trustee is commonly known as (i) Mailing Address 1624 Hunter Mill Road, Vienna, Virginia, 22182; Tax Identification Number: 0183-03-0003A; (ii) Mailing Address 1628 Hunter Mill Road, Vienna, Virginia, 22182; Tax Identification Number: 0183-01-0004; and (iii) Mailing Address 1630 Hunter Mill Road, Vienna, Virginia, 22182; Tax Identification Number: 0183-01-0005, all located in Fairfax County, Virginia, and all as more particularly described in the Deed of Trust, and all improvements, fixtures, easements and appurtenances thereto (the "Real Property"). The Real Property will be sold together with the interest of the Noteholder, if any, secured by the lien of the Deed of Trust in any personal property described in the Deed of Trust, as permitted by Section 8.9A of the Code of Virginia of 1950, as amended (the "Personal Property"). The above described Real Property and Personal Property are collectively referred to as the "Property."

### TERMS OF SALE

ALL CASH. The Property will be offered for sale "AS IS, WHERE IS" and will be conveyed by the Substitute Trustee's Deed (the "Substitute Trustee's Deed") subject to all encumbrances, rights, reservations, conveyances, conditions, easements, restrictions, and all recorded and unrecorded liens, if any, having priority over the Deed of Trust, as they may lawfully affect the Property. The Personal Property (if any) shall be conveyed without warranty by a Secured Party Bill of Sale.

The Substitute Trustee and the Beneficiary disclaim all warranties of any kind, either express or implied for the Property, including without limitation, any warranty relating to the zoning, condition of the soil, extent of construction, materials, habitability, environmental condition, compliance with applicable laws, fitness for a particular purpose and merchantability. The risk of loss or damage to the Property shall be borne by the successful bidder from and after the date of the time of the sale. Obtaining possession of the Property shall be the sole responsibility of the successful bidder (the "Purchaser").

A bidder's deposit in the amount of the lesser of (i) ten percent (10%) of the bid price; or (ii) \$350,000.00 (the "Deposit") by certified or cashier's check payable to the order of the Substitute Trustee shall be required by the Substitute Trustee for such bid to be accepted. The Substitute Trustee reserves the right to prequalify any bidder prior to the sale and/or waive the requirement of the Deposit. Immediately after the sale, the Purchaser shall execute and deliver a memorandum of sale with the Substitute Trustee, copies of which shall be available



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Gordon Parks, Back to Fort Scott is organized by the Museum of Fine Arts, Boston, in partnership with the Gordon Parks Foundation. Photo: Unfiled, St. Louis, Missouri, 1950; Gordon Parks (America), 1912-2006, gelatin silver print. Courtesy of and copyright the Gordon Parks Foundation.

for inspection immediately prior to the sale, and shall deliver to the Substitute Trustee the Deposit and the memorandum of sale. The balance of the purchase price shall be paid by the Purchaser. Settlement shall occur within thirty (30) days after the sale date, TIME BEING OF THE ESSENCE with regard to the Purchaser's obligation.

Settlement shall take place at the offices of Venable LLP, 8010 Towers Crescent Drive, Suite 300, Tysons Corner, Virginia 22182 or other mutually agreed location. Purchaser shall pay all past due real estate taxes, penalties and interest (including the pro rata portion of real estate taxes for the current year), rollback taxes, water rents, water permit renewal fees (if any) or other state, county or municipal liens, charges and assessments. Purchaser shall also pay all settlement fees, title examination charges, title charges and title insurance premiums, all recording costs (including the state grantor's tax, congestion relief fee and all state and county recordation fees, clerk's filing fees and transfer fees and taxes), auctioneer's fees and/or bid premiums (if any), reasonable trustee's fees, and reasonable attorneys' fees and disbursements incurred by the Substitute Trustee in the preparation of the deed of conveyance and other settlement documentation.

Purchaser shall be required to sign an agreement at settlement waiving any cause of action Purchaser may have against the Substitute Trustee, and/or the Beneficiary for any condition with respect to the Property that may not be in compliance with any applicable federal, state or local law, regulation or ruling including, without limitation, any law, regulation or ruling relating to environmental contamination or hazardous wastes. Such agreement shall also provide that if notwithstanding such agreement, a court of competent jurisdiction should permit such a claim to be made, such agreement shall serve as the overwhelming primary factor in any equitable apportionment of response costs or other liability. Nothing herein shall release, waive or preclude any claims Purchaser may have against any person in possession or control of the Property.

If Purchaser fails for any reason to complete settlement as provided above, the Deposit shall be forfeited and applied to the costs of the sale, including Trustee's fees, and the balance, if any, shall be delivered to the Beneficiary to be applied by the Beneficiary against the indebtedness secured by and other amounts due under the Deed of Trust in accordance with the Deed of Trust or applicable law or otherwise as the Beneficiary shall elect. There shall be no refunds. Such forfeiture shall not limit any rights or remedies of the Substitute Trustee or the Beneficiary with respect to any such default. If the Property is resold, such re-sale shall be at the risk and the cost of the defaulting Purchaser, and the defaulting Purchaser shall be liable for any deficiency between the amount of its bid and the successful bid at the re-sale as well as the costs of conducting such re-sale. Immediately upon conveyance by the Substitute Trustee of the Property, all duties, liabilities and obligations of the Substitute Trustee, if any, with respect to the Property so conveyed shall be extinguished, except as otherwise provided by applicable law.

The Chadwick Law Firm, PLLC, a Virginia professional limited liability company, Substitute Trustee

By: \_\_\_\_\_  
George A. (Jay) Chadwick, IV,  
Esq.

### FOR INFORMATION CONTACT:

The Chadwick Law Firm, PLLC  
8521 Leesburg Pike, Suite 740  
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