



The Arlington Connection

Gabriel Aguilera and Guillermo Valdivia (in the head dress) prepare to do a Bolivian hopping dance in their Tobas Isoso costume, complete with goat hooves jangling from their belts, during the "We Are All Arlington!" event at Wakefield High School on Sept. 23. The Tobas is a folk dance from Bolivia. It speaks of the ancient past of Bolivia, of a time when the Incas were the predominant force in the Andean highlands region. The area of Bolivia where the costumes come from is called Cochabama, also known as Quchapampa, in central Bolivia in the Andes mountains.

ENTERTAINMENT, PAGE 8 ♦ CLASSIFIED, PAGE 14

PHOTO BY EDEN BROWN/THE CONNECTION

'We Are All Arlington!'

NEWS, PAGE 3

Recycling Junk For Charities

NEWS, PAGE 6

Combining Balkan Countryside With Urban Feel

NEWS, PAGE 4

HomeLifeStyle

PAGE 13

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‘We Are All Arlington!’ Arlington celebrates its diverse history of 40 years of immigration.

“Arlington’s 22204 zip code used to be the most diverse area code in the entire country,” said photographer Lloyd Wolff. In a project put together by the members of “We are All Arlington!” a volunteer committee of community representatives, artists, educators, and Dream Project scholars, that diversity was on display in at Wakefield High School on the evening of Sept. 23.

The program was part of “Welcoming Week,” an annual series of events in communities across the U.S. that bring together immigrants and U.S. born residents in a spirit of unity.

— EDEN BROWN



Lloyd Wolff talks about the book of photographs, “Living Diversity,” which is a volume of South Arlington photos he did with Duy Tran, Paula Endo, Xang Mimi Ho, and Aleksandra Lagkueva. Wolff is the son of immigrants who escaped the Holocaust in Germany. To see his book in more detail, see www.lloydwolff.com

Kim O’Connell, the daughter of Vietnamese immigrant, has published on history, preservation, education, conservation, and other topics. Her articles and essays have appeared in national and regional publications, and she recently published a book: “Little Echoes of Saigon,” which she presented at the event. The book, about Vietnamese immigration and the changing face of Arlington, talks about a time when the Vietnamese were not greeted warmly by Arlington residents as they first arrived. They found locals were concerned about the changes they brought and the costs incurred with assisting them.



The We Are All Arlington event was sponsored by the Virginia Foundation for the Humanities, the National Endowment for the Humanities, Arlington Public Schools, Comite Pro Bolivia, Studio Pause, Urban Alternatives Foundation, Arlington Public Library, Arlington Arts, John Marshall Bank, and the Dream Project.

PHOTOS BY
EDEN BROWN
THE CONNECTION

Ezama Teferra and Atakhelti Alemseged man the ECDC/ACC booth at the event. Also speaking at the event was Dr. Tsehaye Teferra, the founder/president of the Ethiopian Community Development Council (ECDC), which is established in Arlington in 1983. ECDC offers cultural, economic, education, and social services through its African Community Center (ACC) with its branch offices in Denver, Las Vegas, and Arlington. For more information, call 703-685-0510.



Susmita Mazumdar, artist and owner of Studio PAUSE, shows visitor Kim Chi a recipe from the wall of recipes collected from all over Columbia Pike. Mazumdar said she would rather people get to know each other through art, and for that reason she runs a studio where people are encouraged to take time to explore creativity and celebrate community. She collected stories of language access from the public and turned them into art, freeing the stories from language and script. See www.StudioPause.com



Hareth Andrade-Ayala stands next to her “Dream Project” poster. Andrade is a poet, activist, and the executive director of the Dream Project, Inc. Since her teenage years, Hareth has travelled across the U.S. to speak on the experience of growing up as an undocumented. In 2012, faced with her father’s deportation, Hareth organized a national campaign that came to the attention of policy leaders and pro-immigrant organizations. Mentoring young students in the area is a major part of their work. See www.dreamproject-va.org for more.

Ambar Combines Balkan Countryside with Urban Feel

New restaurant on Wilson Boulevard.

BY SHIRLEY RUHE
THE CONNECTION

Favorite Balkan dishes with a modern twist have arrived in Arlington with the opening of Ivan Iricanin's new Ambar restaurant on Wilson Boulevard. Iricanin sits at a table refurbished from the previous restaurant and looks around the new space designed by his wife, Nya Gill. "Final touches," he said as the fresh plants are arranged in the overhead room-length rectangular planter, "and opening only two days late."

Iricanin explains the restaurant combines the countryside of the Balkans with an evolving city concept, not just a stereotype but adding the sophisticated side of eastern Europe. "Nya and I travel around Europe. We see things and we like good food everywhere. This is our vision — all sides of what I know."

Gill added, "The overhead flowers are part of the country. A lot research went into what kind of flowers would grow in these light conditions. But our corner location with floor to ceiling windows will bring in a lot of light."



Ivan Iricanin just opened Ambar in Clarendon, featuring the best dishes from the Balkan Peninsula with a modern twist. This is a second location in the United States with a third sister restaurant in Belgrade, Serbia.

Iricanin is sitting along a wall of adjoining pictures forming a border of scenes from Belgrade. "This is a trolley in Belgrade in 1902. These women are harvesting jecam which is a grain used to make bread, and this is taken from a postcard of one of our famous monuments. We bought these from collectors." And there are a lot of vintage elements from old photos incorporated into the decor. Gill points to the ceiling, "meant



Ivan Iricanin partnered with his wife Nya Gill to combine the concept of the Balkan countryside with a more sophisticated eastern European city touch. Gill recently graduated from the Interior Architecture & Design MFA program at George Washington University.



Chris Hawkins, chef de cuisine at the newly-opened Ambar on Wilson Boulevard, stirs a slowly simmering veal stew with puréed root vegetables and breaded veal sautéed until crispy. He says many of their dishes are a two-day process.

to represent the tin ceilings in Europe. There are many different patterns on the squares to add interest. Each is painted black, then white, then scraped to look old."

Iricanin says they have a lot of experience with recipes. "We like to improve daily, try new recipes non-stop." He adds that about 70 percent of the recipes are different than the Ambar restaurant on Capitol Hill, which they opened in 2013.

The most popular items have included the stuffed cabbage rolls. "But ours are a little different because they are stuffed with pork belly, root vegetables and jasmine rice." The Balkan kabobs are also a favorite. "We don't do spices, just salt and pepper. The difference is the quality of our meat which we grind every day and never reuse pieces." And of course there are the mussels with a classic lemon-caper cream sauce and with Raika (a fermented fruit brandy).

Chris Hawkins, chef de cuisine, brings out a plate of Kajmak that he says features the Balkan creamy dairy product similar to clotted cream, a special ingredient used in many dishes. Porcini mushrooms are sautéed with yellow onions until they are caramelized "with a sweet flavor." Then pureed and kajmak folded in. Finally walnuts are sprinkled on the top.

Hawkins helped develop the menu with Iricanin and will work with Dejan Pilovic who has moved here from Serbia to be executive chef and partner up with Hawkins.

"Our emphasis is on fresh, locally produced ingredients, like cooking in Europe. There you wouldn't label ingredients organic because that's the norm. And," Hawkins said, "they love meats more than anything."

Iricanin added, "We buy cold cuts from a

farm in New York, third generation Serbian. "And we buy veal, pigs, lamb from Amish farms in Pennsylvania."

Ambar opened for dinner Oct. 5 but Iricanin expects to add lunch and weekend brunch in several weeks. During the week they will open at 9 a.m. to have good coffee and breakfast items like egg dishes. At lunch they will offer 15 different sandwiches such as their cold pressed open-faced selections, an idea picked up from a recent visit to Copenhagen. These sandwiches are gluten-free, and there is no top to the sandwich so fewer calories; and the small bread is not baked, but a mixture of pressed seeds. "You eat it with a knife and fork."

In addition to a selection of Balkan wines, the bar will be the first in Virginia to offer several versions of Rakia, the traditional fermented fruit brandy considered to be the national drink of Bulgaria as well as Serbia. For total immersion, combine Rakia with the Balkan Experience which offers unlimited small plates for \$35.



Chris Hawkins shows a porcini Kajmak made with the Balkan creamy dairy product similar to clotted cream.

"FLOURISHING AFTER 55"

"Flourishing After 55" from Arlington Office of Senior Adult Programs for Oct. 16-22.

Senior centers: Lee, 5722 Lee Hwy.; Langston-Brown Senior Center, 2121 N. Culpeper St.; Culpeper Garden, 4435 N. Pershing Dr.; Walter Reed, 2909 S. 16th St.; Arlington Mill, 909 S. Dinwiddie St.; Aurora Hills, 735 S. 18th St.

Senior trips: Rail trip in Delaware to view fall foliage, Sunday, Oct. 16, \$47; tour Utz & Snyder's factories, Hanover, Pa. plus lunch, Tuesday, Oct.

18, \$32; tour National Cryptologic Museum, Annapolis Junction, Friday, Oct. 21, \$21; Bay Lighthouse Cruise, Annapolis, box lunch, Saturday, Oct. 22, \$63. Call Arlington County 55+ Travel, 703-228-4748. Registration required.

NEW PROGRAMS: **Japanese art appreciation**, Monday, Oct. 17, 11 a.m., Langston-Brown. Free. Register, 703-228-6300.

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Email announcements to arlington@connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

SOBER-RIDE FOR HALLOWEEN

Free Cab Rides. Saturday, Oct. 29, 10 p.m. through Sunday, Oct. 30, 6 a.m. Area residents, 21 and older, celebrating with alcohol may call the toll-free SoberRide phone number 1-800-200-TAXI (8294) and receive a free (up to a \$30 fare) safe way home. AT&T wireless customers can dial #WRAP for the same service. Visit www.soberride.com.

DISPLACED ITT TECH STUDENTS

Northern Virginia Community College has been working to create a pathway for ITT Technical College students who were displaced when their college suddenly closed earlier this month. NOVA offers staggered course start dates, which may help ITT Tech students get back on track quickly. The next eight-week session begins Oct. 19, 2016 and the spring semester begins Jan. 9, 2017. For details on where to start, ITT Tech students should visit www.nvcc.edu/itttech/ where there are links and contact information available. Just follow the steps to transfer. Once students have researched the website, they can contact the NOVA campus nearest them by calling 703-323-3000.

WEDNESDAY/OCT. 12

Chorale Performance. 4 p.m. at Unitarian Universalist Church of



PHOTO CONTRIBUTED

Fall Heritage Festival

The Walker Log House at Gulf Branch Nature Center will host a Fall Heritage Festival on Saturday, Oct. 15, 1-5 p.m. To step back in history and try old-time games and crafts, make a corn husk doll, try on a coonskin cap, or work the cider press. Cost is \$5.

Arlington, 4444 Arlington Blvd at George Mason Drive. The Arlington Chorale, formerly The Metropolitan Chorus of Arlington, opens its 51st season with a concert called "Fall Colors." Free and open to the public. Visit www.arlingtonchorale.org.

MISSING MIDDLE HOUSING

The Alliance for Housing Solutions is holding a series of events in October to help spark a

community conversation on the topic of "missing middle" housing. This term refers to two different but related issues: housing types that fall between single-family homes and mid-rise apartments, and the need for greater housing options for middle-income households. These housing types are rare and typically not allowed in Arlington and similar communities. Events, which are free and open to the public, include a

SEE BULLETIN BOARD, PAGE 7

Mighty MUSIC opens the Cathedral Choral Society's 75th season, including Saint-Saëns' shimmering "Organ Symphony" and Berlioz's EPIC setting of the celebratory Te Deum.

Lawrence Loh, guest conductor

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OPINION

Vote No on Ballot Question One

BY KENNETH R. "KEN" PLUM
STATE DELEGATE (D-36)

Since 1947 the Code of Virginia has provided that any agreement or combination between an employer and a labor union or labor organization whereby (i) nonmembers of the union or organization can be denied employment, (ii) membership in the union or organization is made a condition of employment or continuation of employment by the employer, or (iii) the union or organization acquires an employment monopoly in any such enterprise is against public policy and illegal. On the ballot on Election Day, Nov. 8, is constitutional amendment question one that would put this provision of law into the constitution. There are 26 states including Virginia that have such a provision in their constitution or in their laws. Why would Virginia need to have these provisions in its constitution as well in the Code?

The answer is a political one. The conservative Tea Party members of the legislature are seeking one more opportunity to demonstrate

to their base just how anti-labor union they are. While they term this amendment "right to work," its effect on workers is anything but a right. It gives employers more opportunity to deny workers access to a union or professional organization like a teacher's or firefighter's association. It allows some workers to gain the benefits of the work of the union or organization without contributing to it as the members do.

Virginia already has the 43rd lowest rate of unionization among workers in the 50 states at 5.4 percent. The number of unionized workers has been declining over recent decades. While professional associations for doctors, lawyers, CPAs, and chambers of commerce and other groups have been given almost free rein in how they organize, this amendment is aimed to curtail activities and growth among persons who belong to teacher, firefighter, police, and factory worker unions and associations. Current law and the proposed amendment are not uniform in the way different labor organizations are treated, and I believe these differences contribute to the widening gap in the labor force in pay and benefits.

Amendments to the Virginia Constitution are proposed in the General Assembly where they must pass with a majority of members voting for them. Once passed, they must be considered by a subsequent session of the General Assembly after there has been an election for members.

COMMENTARY

There were no convincing arguments put forth during the debate as to why the amendment was necessary. Everyone watching the process recognized it for the political purposes it served. I voted against this amendment both times it was before the legislature. I plan to vote against it on Election Day on November 8, and I hope you will join me.

A second proposed amendment to the constitution will also be on the ballot. It would authorize the General Assembly to enact a law that would allow localities to exempt from real property taxation the real property of the surviving spouse of any law-enforcement officer, firefighter, search and rescue personnel, or emergency services personnel who is killed in the line of duty. I support this amendment and hope that you will vote for it as well.



Helen Gelband takes apart a bike to put in the last truck of the day — the third truck they filled with donated bikes. She occasionally works overseas within the group "Wheels of Africa" which helps promote a bike culture and keeps people able to work and go to school when they have no other transportation.



George Tyler, a native Arlingtonian and treasurer of Bikes for the World, breaks down another bike.

PHOTOS BY EDEN BROWN/THE CONNECTION

What a Dump

Arlington recycling event makes junk work for charities.

This E-Care recycling event, which takes place twice a year in Arlington, provides the opportunity to get rid of hazardous household material, trash or junk that cannot be put in the garbage, but also accepts things like eyeglasses, shoes, bikes, and other items which would work in another country. Those who go will also get a glimpse of yet another group of Arlingtonians who are donating a Saturday morning to help people less fortunate. For the next recycling event see: <https://recycling.arlingtonva.us/household-hazmat/e-care/>



Karen Hendrickson, chairman of the Board for Bikes for the World, at the event. Bikes for the World has donated over 114,000 bikes since 2005.



Karen and Glen Evans run Art for Humanity in Arlington and take donations at the event. They filled their truck with clothing, linens, and shoes, and many other items which they will use to help the poor to help themselves. For more information, see www.artforhumanity.org. They accept donations all year round at their house in Arlington.

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Police Arrest Driver In Pedestrian Collision

The Arlington County Police Department has taken into custody Shahed Quayum, 49, of Arlington, following the Oct. 4 pedestrian collision in the 3100 block of Clarendon Boulevard. Quayum has been arrested and charged with DUI maiming.

Officers were dispatched to an accident with injuries in the 3100 block of Clarendon Boulevard on Oct. 4, at approximately 2:52 p.m. An investigation by the Critical Accident Team determined that a vehicle traveling eastbound on

Clarendon Boulevard drove on the sidewalk as it crossed Washington Boulevard, striking a pedestrian in the crosswalk and knocking down a light pole. The pedestrian suffered minor injuries and was transported to Virginia Hospital Center.

The vehicle continued on the sidewalk, striking a second pedestrian and trapping her under the vehicle. The Arlington County Fire Department extricated the victim from under the vehicle and transported her to George Washington University Hospital with serious but non-life threatening injuries.

BULLETIN BOARD

FROM PAGE 5
forum on Thursday, Oct. 13 at the Clarendon Ballroom (9 a.m.-12:15 p.m.), and design galleries on Saturday, Oct. 15 and Tuesday, Oct. 25. These events are being held as part of Arlington County's Affordable Housing Month in October. Visit housing.arlingtonva.us/affordable-housing/month/ for more.

SATURDAY/OCT. 15

SALT Fall Conference. 9-11:30 a.m. at Virginia International University (VIU), Conference Room (VD-102), 4401 Village Drive, Fairfax. Social Action Linking Together (SALT) will sponsor the SALT Fall Advocacy Training Conference. Mark Shriver, President of Save the Children Action Network, will be the keynote speaker. There will be additional presentations by Virginia Del. Alfonso Lopez ("Tools for Effective Advocacy in the State Legislature") and by Michelle Krockner, Executive Director, Northern Virginia Affordable Housing Alliance ("Addressing the Commonwealth's Unmet Housing Needs for Low-Income Households") and state Sen. Barbara Favola, 31st Senate District, Arlington, (Report on the Commission on Youth, TANF Subcommittee) and Debbie Weinstein, Executive Director, Coalition for Human Needs, "Making TANF Work for Poor Families." Free. All are welcome. Contact John Horejsi at jhorejsi@cox.net or 703-819-0479 or visit www.s-a-l-t.org/upcoming-events.html for more.

Live In Arlington. 10 a.m.-4 p.m. at

Arlington Mill Community Center, 909 S. Dinwiddie St. Family friendly fun. Free seminars and workshops, one-stop-shop for housing and health information. See arlingtonlife.org/classes-3/ for the list of classes. Registration is needed for "The Condo Seminar," call 703-228-3765. Visit www.arlingtonlife.org for more.

SUNDAY/OCT. 16

Estate Planning Presentation. 2-4 p.m. at Unitarian Universalist Church of Arlington, 4444 Arlington Blvd. In a presentation called "Who Gets the Beach House?" Attorney Paul M. Melnick will speak and answer questions about estate planning. Melnick is with the law firm of Pesner Kawamoto in McLean. In over 25 years of experience practicing law in Northern Virginia, he has developed extensive knowledge about estate and trust administration. Free. Email brandtron@verizon.net, call 703-765-4779 or visit memorialsocietyva.org for more.

THURSDAY/OCT. 20

Information Session. 6:30-8:30 p.m. at Key Elementary School, 2300 Key Blvd. AMIGOS de las Americas will hold an information session for summer 2017 programs offering a full immersion, cross-cultural experience living with a host family and leading collaborative community service projects in Latin America. More at amigos-dc.org or 571-332-6916.

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ENTERTAINMENT

Email announcements to arlington@connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

ONGOING

Art Exhibit: "B+W." Through Oct. 14, 10 a.m.-8 p.m. Monday-Thursday, 10 a.m.-6 p.m. Friday-Saturday at The Barry Gallery - Marymount University Reinsch Library, 3807 N. Glebe Road. This exhibit features the works of Karen Coleman, Dana Jeri Maier, Matthew McLaughlin and Wayne Paige, all in black and white. Free. Visit www.marymount.edu/barrygallery.

Synetic Theatre: "Dante's Inferno." Through Oct. 30, Various times at 1800 S. Bell St. Synetic Theater will open their entirely wordless 2016/17 Season with a revitalized production of "Dante's Inferno," produced by Paata Tsikurishvili and directed by Irina Tsikurishvili. Tickets start at \$35, \$15 for students, seniors and military receive \$5 discounts. Visit www.synetictheatre.org for more.

Signature Theatre: "The Gulf." Through Nov. 6, various times at Signature Theatre, 4200 Campbell Ave. Signature Theatre presents the world premiere of "The Gulf" by D.C. playwright Audrey Cefaly; Betty and Kendra waste away a languid summer day fishing on the Alabama Delta. Suddenly, their lazy afternoon turns to chaos when the motor breaks, stranding the two, and their tumultuous relationship, in the Gulf. Tickets start at \$40. Visit www.sigtheatre.org for more.

"Freaky Friday." Through Nov. 13, various time at Signature Theatre, 4200 Campbell Ave. Heidi Blickenstaff and Emma Hunton will star as mother and daughter in the world premiere production of the new musical "Freaky Friday" at Signature Theatre. Tickets start at \$35. Visit www.sigtheatre.org for more.

Post-Graduate Residency Studio. Through Nov. 17, gallery hours at The Torpedo Factory Art Center, 105 N. Union St. The Torpedo Factory Art Center welcomes four emerging artists to participate in the Post-Graduate Residency Program. Jihee Kang, Paulette Palacios, Anne Smith, and Danielle Smith, were juried by Paul Shortt, new media curator for Arlington Cultural Affairs. Artists can create and sell work, interact with the public, and network with other artists. The program will culminate in a group exhibition in the Torpedo Factory's contemporary exhibition space, the Target Gallery. Free. Visit www.torpedofactory.org for more.

Call for Submissions: Sigworks Musical Theater Lab. Deadline, Dec. 1. Two musicals will be chosen for a two-week development workshop during the summer of 2017, and each project will receive public readings at the end of each week. The projects, under leadership of Signature's Director of New Works Joe Calarco, will work with a director, music director, professional actors, a stage manager, and a dramaturge. The writers of the chosen musicals will receive housing, travel, and an honorarium. Visit www.sigtheatre.org for more.

Friday Night Live. 8 p.m. at the Church at Clarendon, 1210 N. Highland St., Suite A. Local musicians perform. Free. Visit 1bc.org for more.

Arlington's Historical Museum Open on First Wednesdays. The Arlington Historical Museum is open to the public on the first Wednesday of every month from 12:30-3:30 p.m.

The museum consists of exhibits chronicling Arlington County's history from Native American settlements up to the present day. The museum will continue to be open on Saturdays and Sundays from 1-4 p.m. Admission is free. The museum is located in the former 1891 Hume School building at 1805 S. Arlington Ridge Road. Contact Garrett Peck at 571-243-1113 or at garrett.peck@arlingtonhistoricalsociety.org.

LGBT & Straight Friends Social.

Tuesdays. Happy Hour, 3 p.m.-7 p.m.; Mikey's "Bar A" Video Wall, 7 p.m.; start time at 8 p.m. IOTA Club & Cafe, 2832 Wilson Blvd. For 21 years and older. Free. Visit www.iotaclubandcafe.com for more information.

Open Mic Comedy.

Wednesdays 8-10 p.m. at Ri Ra Irish Pub, 2915 Wilson Blvd. Doors open at 7 p.m. Age 21 and up only. Free show, \$25 cash prize for best joke. Call 703-248-9888 or visit www.RiRa.com/ Arlington for more.

Food Truck Thursdays.

5:30-8:30 p.m. at the corner of North Irving St. and Washington Blvd. Find a round-up of regional food trucks. Free to attend. Visit www.dmvfta.org.

Invasive Plants Removal.

Work parties are held every month to keep the parks free of destructive invasive plants. Teens, adults and families welcome. Every second Sunday of the month 2-4:30 p.m. at Gulf Branch Nature Center, 3608 Military Road; call 703-228-3403. Every third Sunday of the month 2-5 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road; call 703-228-6535 or visit arlingtonva.us. Free, no registration required.

Poetry Series.

6-8 p.m. second Sunday of the month at IOTA Club & Cafe, 2832 Wilson Blvd. Hosted by poet Miles David Moore. Featured artists share their poetry followed by open readings. Free. Visit www.iotaclubandcafe.com or call 703-522-8340.

Open Mic Nite.

8 p.m.-12:30 a.m. every Wednesday at IOTA Club & Cafe, 2832 Wilson Blvd. Sign-up times are 7:30 p.m. and 10 p.m. Bring instruments, fans and friends. Visit www.iotaclubandcafe.com or call 703-522-8340.

Karaoke.

8 p.m. on the first Sunday every month at Galaxy Hut, 2711 Wilson Blvd. Visit www.galaxyhut.com or call 703-525-8646.

Pub Quiz.

8 p.m. every Sunday at Whitlow's on Wilson, 2854 Wilson Blvd. Prizes for first place. Free. Visit www.whitlows.com or call 703-276-9693.

Storytime.

Wednesdays and Fridays, 10:30-11 a.m. at Kinder Haus Toys, 1220 N. Fillmore St. Storytime with Ms. Laura. Call 703-527-5929.

Lego Club.

Monthly on the first Wednesday. 4-5 p.m. Glencarlyn Branch Library, 300 S. Kensington St. The library provides tubs of legos and a special challenge and after the program the creations are displayed for everyone to see. No registration required. Call 703-228-6548 for more.

Crystal City Sparket.

11 a.m.-2 p.m. on Wednesdays at 1900 Crystal Drive. Sparket - A Creative Market is an extension of DC's Eastern Market with arts, crafts, and handmade goods. Free to attend. Visit www.crystalcity.org.

Open Mic Night.

Wednesdays, at 8 p.m., sign ups are at 7:30 p.m. and 10 p.m., at Iota Club & Cafe, 2832 Wilson Blvd. Free. Visit <http://www.iotaclubandcafe.com/>.

Art for Life.

Third Thursday of each month. The Hyatt Regency Crystal City's "Art for Life" Partnership with National Kidney Foundation brings a new artist each month to The Hyatt



PHOTOS BY LARRY CLEMONS



Encore's 'The Best Haunted House Ever' Opens This Weekend

When students from two different high schools sneak into a local haunted house to scare their classmates, utter chaos ensues. At first it seems like the students are just pulling Halloween pranks, but when a spooky zombie and mysterious ghost don't fit into the students' haunting plans it can only mean one thing—they are not alone in the house. The play will run Oct. 14-16 and 21-23 at Thomas Jefferson Community Theatre, 125 S. Old Glebe Road. Tickets are \$15 adults, \$12 children, students, military, and seniors. Visit www.encorestage.org.

for a reception. Free. Visit www.torpedofactory.org.

Brunch at Freddie's.

Third Saturday of every month, 11 a.m.-1 p.m. at Freddie's Beach Bar, 555 23rd St. The Arlington Gay and Lesbian Alliance gathers for an all-you-can-eat breakfast buffet (\$9.99). All are welcome. No reservation is required. Visit www.facebook.com/events/700174390103305.

WEDNESDAY/OCT. 12

Teen Read Week Author Panel.

7-8:30 p.m. at Arlington Central Library, 1015 N. Quincy St. Celebrate Teen Read Week at Arlington Central Library with this eclectic group of Young Adult authors (Kathy MacMillan, Rahul Kanakia, Tobie Easton, Karen Fortunati) who will share their inspirations and the secrets behind their books in an interactive panel. Free. Visit arlingtonva.libcal.com/event/2620474.

FRIDAY/OCT. 14

Air Force Memorial 10th Anniversary Celebration.

10-11:30 a.m. at Air Force Memorial, 1 Air Force Memorial Drive. Celebrate the 10th Anniversary of the Air Force Memorial with a heritage flyover, music by The Air Force Band and more. Free. Visit www.airforcememorial.org.

Jack-O- Lantern Campfire with Costume Contest.

6-7 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road. \$5 fee per person; \$20 maximum per family, due at registration. Call 703-228-6535 for more.

FRIDAY-SUNDAY/OCT. 14-16

U.S. FreedomWalk Festival.

12-6 p.m. on Friday, 7 a.m.-5 p.m. on Saturday, 7 a.m.-4 p.m. on Sunday at Holiday Inn - Rosslyn at Key Bridge, 1900 N. Fort Myer Drive. A three-day long social walking challenge meant to bring together people of different backgrounds. Different trails are offered each day at a variety of distances from 3-27 miles starting at the Holiday Inn. Costs vary. Visit www.usfreedomwalk.org for more.

"In This Convex Hull: A Full Dome Projection."

Various times at David M. Brown Planetarium, 1426 N. Quincy St. Our perception of space and distance are informed by both art and science. In a convergence of these two prisms, Arlington Arts, in partnership with the Friends of the David M. Brown Planetarium present In "This Convex Hull: A Full Dome Projection" by artist Brandon Morse. Free. Visit www.arlingtonarts.org for more.

OCT. 14-23

Encore Stage & Studio: "The Best Haunted House Ever."

Various times at Thomas Jefferson Community Theatre, 125 S. Old Glebe Road. When students from two different high schools sneak into a local haunted house to scare their classmates, utter chaos ensues. At first it seems like the students are just pulling Halloween pranks, but when a spooky zombie and mysterious ghost don't fit into the students' haunting plans it can only mean one thing—they are not alone in the house. Tickets are \$15 adults, \$12 children, students, military, and seniors. Visit www.encorestage.org.

SATURDAY/OCT. 15

Halloween Screen Print Teaser.

10 a.m. at Lee Art Center, 5722 Lee Highway. Resident printmaker, Jun Lee will give a brief overview of the screen printing process starting from selecting a design, setting up a screen to finishing a print. Participants will try their hand at screen printing their own treat bags with a selection of Halloween inspired designs (created by Jun). No experience is required, all materials are included in the fee. Class is open to adults and teenagers (from age 16). Tickets are \$15. Visit www.leeartcenter.org for more.

Linda Hesh Public Art Display.

10 a.m.-1 p.m. at Courthouse Plaza, 2100 Clarendon Blvd. Arlington Public Art presents artist Linda Hesh's public artwork. Put the "i" in C. vic as part of Courthouse 2.0: Reimagining the Civic. Free. Visit www.arlingtonva.us for more.

Synetic's Family Series: "The Miraculous Magical Balloon."

11 a.m. at Synetic Theater, 2155 Crystal Plaza Arcade, Suite 103. A story of a traveling actor and his magical trunk of tricks and toys expressed through body and facial masks, pantomime illusions, and unique choreography. Students will discover the art of acting without words, opening the door to their imaginations. Tickets are \$10-15. Visit www.synetictheater.org for more.

Fall Heritage Festival.

1-5 p.m. at Gulf Branch Nature Center, 3608 Military Road. Gather around the Walker Log House to celebrate our nation's heritage. Step back into history and try your hand at some old-time games and crafts, make a corn husk doll, try on a coonskin cap, or work the cider press! Write with a quill pen or churn butter and enjoy old-time music. \$5 fee due at the program. Call 703-228-3403.

Moonlight Tango.

7 p.m. at Rosslyn Spectrum Theatre, N. Kent St. Tango and Minlona music. Tickets are \$30-35. Visit www.teatrodela luna.org for more.

OCT. 15-DEC. 18

Fall SOLOS 2016.

Gallery hours at Arlington Arts Center, 3550 Wilson Blvd. More than 100 artists living in the Mid-Atlantic Region submitted proposals for this semi-annual exhibition. Jurors Sarah Newman, Independent Curator, and José Ruiz, Co-Director of Present Co. (NY), Director of Furthermore (DC), and Professor in the Curatorial Practice Program at MICA, recommended 14 applicants for inclusion in the SOLOS 2016-17 edition. Fall artists: Michael Booker, Amanda Burnham, Lewis Colburn, Marion Colomer, Liz Guzman, Andrew Hladky, and Michele Montalbano. Free. Visit www.arlingtonartscenter.org for more.

Alice Whealin: "Third Patterns."

Gallery hours at Arlington Arts Center, 3550 Wilson Blvd. Alice Whealin's artworks reflect personal concerns and experiences through alternative landscapes and imagery of internal bodies. Free. Visit www.arlingtonartscenter.org for more.

ENTERTAINMENT

SUNDAY/OCT. 16

Pints 4 Paws Beer Festival. 1-5 p.m. at Courthouse Plaza Parking Lot, 2250 Clarendon Blvd. Attendees will enjoy unlimited craft beer tastings from New District Brewing Company, Old Ox Brewing Company, Parkway Brewing Company, Ballast Point Brewing Company, Firestone Walker Brewing Company, Green Flash Brewing Company and Crispin Cider Company, as well as delicious food from Rockland's BBQ, The Big Cheese, Union Dog and Mac's Donuts. Tickets start at \$35 for advance purchase (\$40 day-of), and include unlimited tastings and a tasting glass. VIP tickets are \$50 and include unlimited tastings, a tasting glass, an event T-shirt and VIP 'express' entrance. Tickets for non-drinkers and designated drivers are available for \$10 and kids under age 12 are free. Visit www.awla.org for more.

TUESDAY/OCT. 18

Poetry Reading: Naomi Ayala. 2-3:30 p.m. at Marymount University's Reinsch Auditorium, 2807 N. Glebe Road. Born in Puerto Rico, Ayala moved to the United States in her teens, eventually earning an MFA from the Bennington College Writing Seminars. Now living in Washington, D.C., she writes in both English and Spanish. Free. Visit www.marymount.edu for more.

WEDNESDAY/OCT. 19

Arlington Reads Book Talk: Colum McCann. 7 p.m. at Arlington Central Library, 1015 N. Quincy St. Arlington Public Library will present an author talk with internationally

acclaimed writer Colum McCann, author of the international best-seller "TransAtlantic." McCann's topics have ranged from homeless people in the subway tunnels of New York, the Northern Ireland conflict, the effects of 9/11, to the poetic examination of the life and culture of the Roma in Europe. Free. Visit library.arlingtonva.us/authorcalendar.

Marya McLaughlin Lecture: Justin Kenny. 7:30 p.m. at Marymount University, 2807 N. Glebe Road. Emmy Award-winning journalist Justin Kenny will deliver the Marya McLaughlin Lecture at his alma mater, Marymount University. Free. Visit www.marymount.edu for more.

WEDNESDAY-SUNDAY/OCT. 19-23

Fall Book Sale. 4-8:30 p.m. member preview on Wednesday, 10 a.m.-5:30 p.m. Thursday-Friday, 10 a.m.-4:30 p.m. Saturday, 1-4:30 p.m. Sunday at Charles E. Beatley Central Library, 5005 Duke St. Everything \$3 or less, unless specifically marked: hardbacks, paperbacks, children's books and audio-visual items. All genres. \$1 Day on Sunday. Call 703-746-1702 or visit www.beatleyfriends.org.

FRIDAY/OCT. 21

Popcorn Campfire. 6-7 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road. This program will be filled with entertaining activities that may include stories, special animal guests, games, songs and S'mores. \$5 fee per person; \$20 maximum per family, due at registration. Use program #612956-B. Call 703-228-6535 for more.

OCT. 21-NOV. 18

Printmaking Exhibit:

"Impressions." Gallery hours at The Barry Gallery – Reinsch Library, Marymount University, 2807 N. Glebe Road. The exhibit features the work of Bridget Murphy, Marymount's associate provost for academic affairs. Murphy, who has also served as a professor in MU's School of Arts and Sciences and the chair of the Graphic Design and Fine Arts Department, uses both traditional and contemporary printmaking techniques. The inspiration for her current work focuses on multiple topics: typographic design, her travels and her garden. Free. Visit www.marymount.edu/barrygallery.

SATURDAY/OCT. 22

CROP Hunger Walk. 8 a.m. at First Presbyterian Church, 601 N. Vermont St. Arlington joins more than 2,000 other communities across the U.S. that host CROP Hunger Walks each year. Sponsored by Church World Service, CROP Hunger Walks raise funds to provide sustainable self-help and development, disaster relief and refugee assistance around the world. Over its 39-year history, the Arlington CROP Hunger Walk has raised more than \$1 million to help people struggling to feed their families. Registration is free. Visit www.arlingtoncropwalk.org for more.

Sustainable Landscaping

Workshop. 9 a.m.-1 p.m. at Walter Reed Community Center, 2909 S. 16th St. This four-hour workshop will cover the basics of sustainable landscape management as well as best management practices for

Harris Smolders and Emerald

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ENTERTAINMENT

Saint Ann Catholic Church

SUNDAY LITURGY SCHEDULE:
 Saturday Vigil: 5:30 PM
 Sunday: 7:30, 9:00, and 11:00 AM
 1:30 PM Spanish Liturgy

DAILY EUCHARIST:
 Weekdays
 Monday-Friday, 8:30 AM
 Saturday, 8:30 AM

5312 North 10th Street,
 Arlington, Virginia 22205
 Parish Office: 703-528-6276

PARISH WEBSITE:
www.stannchurch.org

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OCT. 19 – 23

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environmental landscaping. Come learn about soil protection and soil building, native plant selection, invasive plant management, and techniques to minimize storm water runoff and urban heat island effects. Intended for property managers, homeowners, and those interested in promoting sustainable land stewardship practices in an urban environment. Free. Call 703-228-6414 or emailgarlalex@gmail.com.

Walker Chapel Octoberfest. 9 a.m.-2 p.m. at Walker Chapel United Methodist Church, 4102 N. Glebe Road. The sale features gently used clothing, furniture and household items, crafts, jewelry, boutique, and bake sale. The cafe serves both breakfast and lunch. All proceeds are given to charity and church benevolences. Free to attend. Visit www.walkerchapel.org.

Synetic's Family Series: "The Music Box." 11 a.m. at Synetic Theater, 2155 Crystal Plaza Arcade, Suite 103. A collection of comedic vignettes set to music: an average day becomes extraordinary when a surly janitor and an uptight businessman discover a magical mask and chaos ensues. Students are introduced to the art of storytelling without words through imagination, illusions, and physical comedy. Tickets are \$10-15. Visit www.synetictheater.org for more.

Zombie Fun Run. 11 a.m.-2 p.m. at Bon Air Park, 850 N. Lexington St. After the run, enjoy games, moon bounces and inflatables, food trucks and more. Free. Contact DPR-YouthandFamily@arlingtonva.us or 703-228-4773.

Wondrous Woodpeckers Campfire. 6-7 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road. This program will be filled with entertaining activities that may include stories, special animal guests, games, songs and S'mores. \$5 fee per person; \$20 maximum per family, due at registration. Use program #612956-B. Call 703-228-6535 for more.

A Night in Vienna. 7:30 p.m. at Rosslyn Spectrum Theatre, 1611 N. Kent St. The National Chamber Ensemble (NCE) opens its 10th anniversary season with "A Night in Vienna," in collaboration with the Austrian Cultural Forum, will feature masterpieces by Johannes Brahms and Franz Schubert. General admission tickets are \$33 for adults and \$17 for students, plus applicable service charges. Visit www.nationalchamberensemble.org.

SATURDAY-SUNDAY/OCT. 22-23

Mosaic International Showcase. 12-5 p.m. at Fashion Centre at Pentagon City, 1100 S. Hayes St. Celebrating the diversity of its ever-growing shopper population, Fashion Centre at Pentagon City invites local and traveling trendsetters to enjoy its annual Mosaic International Showcase. Guests can submerge into various cultures with food samples, live musical performances from neighboring dance groups, arts and crafts and more. Countries featured in the showcase include Bolivia, Brazil, China, Ethiopia, Indonesia, Lao, Mexico, the Philippines and Vietnam. Free. Visit www.fashioncentreatpentagoncity.com for more.

SUNDAY/OCT. 23

Pumpkin Carving Party. 1-3 p.m. at Potomac Overlook Regional Park, 2845 Marcey Road. Tickets are \$10. Visit www.novaparks.com for more.

Arlington Chorale: "Fall Colors." 4 p.m. at Unitarian Universalist Church of Arlington, 4444 Arlington Blvd. Under the baton of Artistic Director & Conductor, Dr. Nancia D'Alimonte,



PHOTO BY JANETTE BRADLEY SMITH

Naomi Ayala will give a poetry reading 2-3:30 p.m. on Oct. 18 at Marymount University's Reinsch Auditorium, 2807 North Glebe Road. Born in Puerto Rico, Ayala moved to the United States in her teens, eventually earning an MFA from the Bennington College Writing Seminars. Now living in Washington, D.C., she writes in both English and Spanish. The event is free and open to the public. Visit www.marymount.edu for more.

"Fall Colors" will offer a variety of music selections appropriate for all ages, including contemporary works by Alberto Favoro, Stephen Paulus and Eric Whitacre, as well as traditional spirituals, folk and madrigal arrangements. Free. Visit www.arlingtonchorale.org for more.

WEDNESDAY/OCT. 26

Poe Garden. 6-7:15 p.m. at Glencarlynn Branch Library, 300 S. Kensington St. Students from Kenmore Middle School's drama club will present selections from Edgar Allan Poe as visitors walk along the lighted garden of Glencarlynn. Free. Visit arlingtonva.libcal.com/event/2651896.

White House Behind the Scenes. 6:30-8 p.m. at Aurora Hills Branch Library, Large Meeting Room, 735 S. 18th St. Celebrate the upcoming presidential election with behind-the-scenes stories of the White House. Garrett Peck will tell tales of the White House during Prohibition with stories discussed in his book "Prohibition in Washington, D.C.: How Dry We Weren't." Free. Visit arlingtonva.libcal.com/event/2650437.

THURSDAY/OCT. 27

Night of Horror. 7:30-9 p.m. at Arlington Central Library, 1015 N. Quincy St. This event is recommended for brave teens and adults. Featuring authors Paul Tremblay, Jonathan Janz and Bill Schweigart. Books will be available for sale and signing following the book reading. Creepy costumes are encouraged and light refreshments will be served. Free. Visit arlingtonva.libcal.com/event/2676745.

FRIDAY/OCT. 28

Three Owls Campfire. 6-7 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road. This program will be filled with entertaining

activities that may include stories, special animal guests, games, songs and S'mores. \$5 fee per person; \$20 maximum per family, due at registration. Use program #612956-B. Call 703-228-6535 for more.

Synetic Theater's Vampire Ball. 8 p.m. at 1800 S. Bell St. This year, the Vampire's Ball will follow Synetic's hellish adaptation of "Dante's Inferno." After traveling the nine circles of hell with Dante, guests will dance the night away with music courtesy of Resident Composer and Halloween DJ, Konstantine Lortkipanidze. The event will include an open bar, light appetizers, and a costume contest with Synetic prizes. Tickets are \$50-70. Visit

SATURDAY/OCT. 29

Pumpkin Decorating. 10 a.m.-12 p.m. at Arlington Mill Community Center, 909 S. Dinwiddie St. Each person will decorate a real pumpkin during the event. Projects include a Frankenstein pumpkin, a sparkle pumpkin, a spider web pumpkin, and more. Cost is \$8 per person. Call 703-228-7790.

Synetic's Family Series: "The Miraculous Magical Balloon." 11 a.m. at Synetic Theater, 2155 Crystal Plaza Arcade, Suite 103. A story of a traveling actor and his magical trunk of tricks and toys expressed through body and facial masks, pantomime illusions, and unique choreography. Students will discover the art of acting without words, opening the door to their imaginations. Tickets are \$10-15. Visit www.synetictheater.org for more.

Day of the Dead. 5:30-7 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road. Make Calaveras, the decorative sugar skull masks, enjoy holiday snacks, and see some night animals up close. Afterward, go on a fun night hike through the candlelit forest. \$5 fee due upon registration. Call 703-228-6535.



Visit Our
Information
Center at
1212 W Broad St

Community
Opening Early
2017

The Kensington Falls Church Presents the Parkinson's Communications Club

Announcing an Introductory Orientation with
Codrin Lungu, MD and Susan Wranik, MS, MA, CCC-SLP
Saturday, October 22, 2016 • 1:30-3:30pm

Hilton McLean Tyson's Corner, 7920 Jones Branch Drive, McLean VA 22102

Light refreshments served • RSVP to Karen Akers at 703-570-8671 or to kakers@kensingtonsl.com

The Kensington Falls Church is pleased to announce its collaboration with the Parkinson Foundation of The National Capital Area (PFNCA) to offer the Parkinson's Communications Club. The Club establishes a wellness and prevention program for individuals with Parkinson's disease and their care partners, with a focus on maintenance of communication skills. It stresses the importance of speaking louder to be heard in social settings.

The Parkinson's Communications Club is led by a licensed speech-language therapist, Susan Wranik, who has been trained in LSVT LOUD therapy (Lee Silverman Voice Treatment,

which improves vocal loudness by stimulating muscles of the voice box and speech mechanism through systematic exercises). The Club, however, is not therapy. Rather, it is a group approach to applying the exercises and skills of LOUD and/or other therapies. The first of weekly sessions begins in November 2016 in Falls Church. The program is available at no cost.*

Please join us for an orientation with Dr. Codrin Lungu, Chief of the Parkinson's Disease Clinic at the National Institutes of Health, and Susan Wranik, MS, MA, CCC-SLP, Speech-Language Pathologist and President of Susan I. Wranik Associates, LLC. RSVP requested.



Codrin Lungu, MD is a board-certified neurologist who specializes in movement disorders. He is a member of the Parkinson Foundation of The National Capital Area Medical Advisory Board. He is currently involved in collaborative research at the National Institutes of Health (NIH) in several areas related to movement disorders.



Susan Wranik, MS, MA, CCC-SLP is a Speech-Language Pathologist and President of Susan I. Wranik Associates, LLC. She provides comprehensive assessment and treatment of speech, swallowing, memory and cognitive issues related to stroke, traumatic brain injury, Parkinson's, dementia and other neurogenic diseases. Home visits. Licensed in DC, MD, VA.



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*Annual PFNCA program registration required. There is a \$15 annual administrative fee, which can be waived for financial hardship.





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Dec. 22- Jan. 3, 12-nights,.....\$1289 per person up
Feb. 4-13, 9-nights,.....\$351 per person up
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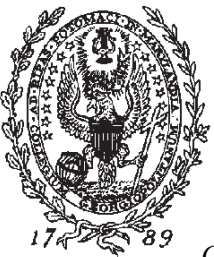
Spring 2017 deadline is 11/1/16

Contact the Program Coordinator for details

202-687-1070

<http://biotechnology.georgetown.edu>

GEORGETOWN UNIVERSITY



MS program in Biochemistry and Molecular Biology

One year with rolling admission

Spring 2017 deadline is 11/1/2016

Contact the Program Coordinator for details

202-687-1070

<http://bmcb.georgetown.edu/masters/biochemms>

HOME SALES

In August 2016, 277 Arlington homes sold between \$2,410,000-\$85,000.
 This week's list represents those homes sold in the \$2,410,000-\$690,000 range.
 For the complete list, visit www.ConnectionNewspapers.com

Address	BR	FB	HB	Postal	City	Sold Price	Type	Lot AC	PostalCode	Subdivision
3409 WILSON BLVD #411	2	2	0	ARLINGTON	\$685,900	Mid-Rise 5-8 Floors	22201	ARC 3409		
2619 ROCKINGHAM ST N	3	2	0	ARLINGTON	\$680,100	Detached	0.15	22207	BERKSHIRE OAKWOOD	
3708 7TH ST S	2	1	1	ARLINGTON	\$680,000	Detached	0.19	22204	ALCOVA HEIGHTS	
3625 10TH ST N #801	2	2	1	ARLINGTON	\$675,000	Hi-Rise 9+ Floors	22201	MONROE		
712 NELSON ST	3	1	0	ARLINGTON	\$675,000	Duplex	0.06	22203	KENMORE	
401 FILLMORE ST S	4	2	1	ARLINGTON	\$674,000	Detached	0.10	22204	PENROSE	
6137 12TH ST N	4	2	0	ARLINGTON	\$669,800	Detached	0.16	22205	MADISON MANOR	
3409 WILSON BLVD #610	2	2	0	ARLINGTON	\$665,000	Mid-Rise 5-8 Floors	22201	ARC 3409		
530 LONGFELLOW ST	4	3	0	ARLINGTON	\$660,000	Detached	0.17	22203	BLVD MANOR	
1201 GARFIELD ST N #906	2	2	0	ARLINGTON	\$659,000	Hi-Rise 9+ Floors	22201	RESIDENCES AT STATION SQUARE		
3409 WILSON BLVD #509	2	2	0	ARLINGTON	\$657,500	Mid-Rise 5-8 Floors	22201	ARC 3409		
5104 26TH RD N	2	1	0	ARLINGTON	\$650,000	Detached	0.10	22207	MILBURN TERRACE	
820 POLLARD ST N #901	2	2	0	ARLINGTON	\$645,000	Hi-Rise 9+ Floors	22203	HAWTHORN		
104 COLUMBUS ST	3	2	0	ARLINGTON	\$645,000	Detached	0.16	22204	ARLINGTON FOREST	
5236 12TH ST	4	3	0	ARLINGTON	\$635,000	Detached	0.21	22204	COLUMBIA FOREST	
1600 OAK ST #721	2	2	0	ARLINGTON	\$625,000	Hi-Rise 9+ Floors	22209	BELVEDERE		
4717 ARLINGTON BLVD	3	2	0	ARLINGTON	\$624,900	Detached	0.13	22203	ARLINGTON FOREST	
6708 LEE HWY #G	3	2	1	ARLINGTON	\$624,900	Townhouse	22205	LAUREL MEWS		
2039 20TH RD N	2	2	0	ARLINGTON	\$620,000	Duplex	0.05	22201	NORTH HIGHLANDS	
1812 QUINCY ST S	3	2	0	ARLINGTON	\$615,000	Detached	0.11	22204	DOUGLAS PARK	
3409 WILSON BLVD #202	2	2	0	ARLINGTON	\$612,000	Mid-Rise 5-8 Floors	22201	ARC 3409		
1800 WILSON BLVD #315	2	2	0	ARLINGTON	\$605,000	Garden 1-4 Floors	22201	1800 WILSON		
4531 11TH ST N	2	2	0	ARLINGTON	\$595,000	Townhouse	0.02	22201	VERNON SQUARE	
851 GLEBE RD #717	2	2	0	ARLINGTON	\$595,000	Hi-Rise 9+ Floors	22203	CONTINENTAL		
2200 WESTMORELAND ST #516	2	2	0	ARLINGTON	\$595,000	Mid-Rise 5-8 Floors	22213	WESTLEE		
2005 GLEBE RD N	3	2	1	ARLINGTON	\$583,000	Detached	0.14	22207	GLEBEWOOD VILLAGE	
3702 12TH ST S	3	3	1	ARLINGTON	\$580,200	Townhouse	0.07	22204	LONDON SQUARE	
4927 25TH ST S	3	3	0	ARLINGTON	\$572,500	Detached	0.14	22206	CLAREMONT	
3117 1ST ST N	2	1	1	ARLINGTON	\$570,000	Detached	0.12	22201	LYON PARK	
2809 13TH RD S	3	1	1	ARLINGTON	\$562,000	Duplex	0.12	22204	COLUMBIA HEIGHTS	
2612C ARLINGTON MILL DR #3	2	3	1	ARLINGTON	\$557,000	Townhouse	22206	WINDGATE III		
1600 OAK ST #1105	2	2	0	ARLINGTON	\$555,000	Hi-Rise 9+ Floors	22209	THE BELVEDERE CONDOMINIUM		
1020 HIGHLAND ST N #424	1	1	0	ARLINGTON	\$547,000	Hi-Rise 9+ Floors	22201	PHOENIX		
1232 QUINN ST N #1232	2	2	1	ARLINGTON	\$541,500	Townhouse	22209	QUINN OAKS TWNHS		
1805 CRYSTAL DR #611S	2	2	0	ARLINGTON	\$540,000	Hi-Rise 9+ Floors	22202	CRYSTAL PARK		
2506A ARLINGTON MILL DR #1	2	2	2	ARLINGTON	\$540,000	Townhouse	22206	WINDGATE II		
2400 CLARENDON BLVD #513	2	2	0	ARLINGTON	\$520,000	Hi-Rise 9+ Floors	22201	CHARLESTON		
1205 GARFIELD ST N #106	1	1	1	ARLINGTON	\$517,500	Hi-Rise 9+ Floors	22201	STATION SQUARE		
1515 ARLINGTON RIDGE RD #304	2	2	0	ARLINGTON	\$504,000	Hi-Rise 9+ Floors	22202	PENTAGON RIDGE		
1301 COURTHOUSE RD #1006	2	2	0	ARLINGTON	\$500,000	Hi-Rise 9+ Floors	22201	WOODBURY HEIGHTS		
1050 TAYLOR ST #1-212	2	2	0	ARLINGTON	\$500,000	Hi-Rise 9+ Floors	22201	WINDSOR PLAZA		
5931 4TH ST S	2	2	1	ARLINGTON	\$500,000	Detached	0.16	22204	GLEN CARLIN	
2330 QUINCY ST #1	2	2	1	ARLINGTON	\$500,000	Garden 1-4 Floors	22204	CONCORD MEWS		
3016 S. GLEBE RD	3	3	1	ARLINGTON	\$499,000	Townhouse	22206	ARLINGTON RIDGE TERR		
1300 ARMY NAVY DR #422	2	2	0	ARLINGTON	\$498,500	Hi-Rise 9+ Floors	22202	PENTAGON CITY METRO		
1001 VERMONT ST #410	2	2	0	ARLINGTON	\$487,500	Hi-Rise 9+ Floors	22201	BALLSTON		
1024 UTAH ST N #324	2	2	0	ARLINGTON	\$487,500	Hi-Rise 9+ Floors	22201	WESTVIEW AT BALLSTON		
2202 QUINCY ST	3	2	1	ARLINGTON	\$485,000	Townhouse	22204	CONCORD MEWS		
4514 34TH ST S	2	2	0	ARLINGTON	\$485,000	Townhouse	22206	FAIRLINGTON		
3103 13TH ST S	4	2	0	ARLINGTON	\$482,000	Detached	0.15	22204	MUNSONS3RD ADD A	
3650 GLEBE RD S #353	2	2	0	ARLINGTON	\$475,000	Hi-Rise 9+ Floors	22202	ECLIPSE ON CENTER PARK		
2917B WOODSTOCK ST #2	2	2	1	ARLINGTON	\$474,000	Other	22206	COURTBRIDGEI & II		
4233 32ND RD S	2	2	0	ARLINGTON	\$469,900	Townhouse	22206	FAIRLINGTON GREEN		
4631 36TH ST S	2	2	0	ARLINGTON	\$466,700	Townhouse	22206	FAIRLINGTON		
851 GLEBE RD N #821	2	1	0	ARLINGTON	\$465,000	Hi-Rise 9+ Floors	22203	ARLINGTON		
3379 STAFFORD ST S	2	2	0	ARLINGTON	\$461,000	Townhouse	22206	FAIRLINGTON		
2321 25TH ST S #2-302	3	2	0	ARLINGTON	\$460,000	Garden 1-4 Floors	22206	THE GROVE AT ARLINGTON		
1805 CRYSTAL DR #918S	2	2	0	ARLINGTON	\$455,000	Hi-Rise 9+ Floors	22202	CRYSTAL PARK -S		
3207 STAFFORD ST	2	2	0	ARLINGTON	\$455,000	Townhouse	22206	FAIRLINGTON GREEN		
957 SCOTT ST #1	2	2	1	ARLINGTON	\$454,000	Townhouse	22204	COLUMBIA COURT		
4816 30TH ST S	2	2	0	ARLINGTON	\$449,900	Townhouse	22206	FAIRLINGTON VILLAGE		
4187 FOUR MILE RUN DR #C	2	2	0	ARLINGTON	\$446,900	Garden 1-4 Floors	22204	WEST VILLAGE OF SHIRLINGTON		
2848 ABINGDON ST S	2	2	0	ARLINGTON	\$445,000	Townhouse	22206	FAIRLINGTON		
3141 STAFFORD ST S	2	2	0	ARLINGTON	\$441,000	Townhouse	22206	FAIRLINGTON GREEN		
888 QUINCY ST #204	1	1	0	ARLINGTON	\$440,000	Hi-Rise 9+ Floors	22203	RESIDENCE AT LIBERTY CENTER		
3830 9TH ST N #606 E	1	1	1	ARLINGTON	\$439,000	Hi-Rise 9+ Floors	22203	LEXINGTON SQUARE		
503 WAYNE ST	2	1	0	ARLINGTON	\$439,000	Duplex	0.06	22204	ARLINGTON HEIGHTS	
2931 COLUMBUS ST #A2	2	2	0	ARLINGTON	\$435,000	Garden 1-4 Floors	22206	FAIRLINGTON VILLAGE		
2102 QUINCY ST S #2	3	2	1	ARLINGTON	\$432,500	Townhouse	22204	CONCORD MEWS		
2129 NELSON ST S	3	1	1	ARLINGTON	\$430,000	Duplex	0.16	22204	DOUGLAS PARK	
931 SCOTT ST S #1	2	2	1	ARLINGTON	\$429,660	Townhouse	22204	COLUMBIA COURT		
2828 ABINGDON ST S #A	2	2	0	ARLINGTON	\$425,000	Townhouse	22206	FAIRLINGTON VILLAGES		
2220 FAIRFAX DR #308	1	1	1	ARLINGTON	\$424,000	Mid-Rise 5-8 Floors	22201	PARK AT COURTHOUSE		
1530 KEY BLVD #310	1	1	0	ARLINGTON	\$420,750	Hi-Rise 9+ Floors	22209	ATRIUM		
2726 CLEVELAND ST S	3	1	0	ARLINGTON	\$420,000	Duplex	0.07	22206	PARKWAY	
1100 BARTON ST S #298	2	1	0	ARLINGTON	\$415,000	Townhouse	22204	ARLINGTON VILLAGE		
3477 UTAH ST S #A2	1	2	0	ARLINGTON	\$415,000	Garden 1-4 Floors	22206	FAIRLINGTON		

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Home Improvement for Holidays

Local contractors say there is time to spruce up your house and yard

BY MARILYN CAMPBELL
THE CONNECTION

Changing temperatures and falling leaves are a signal the holidays are near. From Thanksgiving through the New Year, homes are filled with guests and schedules are stacked with parties. Getting one's home guest ready by the holidays may be daunting, but it's doable with proper planning and realistic expectations, say local contractors.

Now is the time to begin projects that don't require elaborate planning, building permits or products on back order. "A window and door replacement project could be completed before the holidays if you started the process right away," said Michael Winn, president of Winn Design + Build.

Fall is a perfect time to begin projects that depend on outdoor elements, he noted. "The weather in the fall is generally ideal so it can be a great time to take on those exterior projects," said Winn. "Be ready, be decisive and start now. The fall is a great time to undertake exterior improvements such as new siding, trim, roofing, painting and landscaping."

He added that he recently "renovated a front porch, [adding] new windows, new trim and exterior painting. A fresh coat of paint can do wonders and satiate your remodeling urges until after the holidays when you have the time to tackle something a bit more ambitious."

While there probably isn't time to complete an extensive kitchen remodeling project, Winn says that smaller projects like adding new countertops, updating plumbing, changing electrical fixtures, painting and refinishing wood floors can be completed before the onslaught of holiday entertaining and breathe new life into a tired bathroom or kitchen.

"A bathroom may be a candidate if it's a 'pull-and-replace' [meaning that] the layout remains the same and the materials you select are stock or have a quick lead time," said Winn. "If you're not already well into the design process, your kitchen or renovation is probably best postponed until after the holidays."

Still, minor cosmetic improvements can give the illusion of a major change. "We recently designed and built a new entryway with built-ins for a client that creates a welcoming first impression for guests as well as needed storage for the owners," said Bruce



PHOTO BY GEOFFREY HODGDON/WENTWORTH, INC.

Adding built-in shelves, like these by Wentworth, Inc., can transform an entertainment space in time for the holidays.

Wentworth, president of Wentworth, Inc.

A pragmatic approach to a project is an important factor in increasing the likelihood that it will be ready in time for holiday entertaining. "If homeowners start early and have a realistic scope of work, it could be done," said Wentworth. "Quality work is important with home improvements and fast is not always part of that formula."

Architect Kai Tong of Hopkins and Porter Inc. in Potomac, Md., recently finished a project that he says offers a strategy and timeline that, if started now, would easily result in having an entertainment space by the holidays. His client wanted space for his television and sound equipment, so Tong designed a custom built-in unit for media and display.

"The design was intended to be the visual anchor of the new entertainment space, and to be harmonious with an existing lighted cove ceiling, adjacent columns and other architectural features in the room. The medium-stained cherry wood furthered that harmony," said Tong.

A millwork shop completed the design within six weeks. During that time, audiovisual specialists wired the space while the Hopkins and Porter team completed other renovation work, including preparing the wallpaper and removing existing wall sconces.

Tong said that overall, there was "very minimal on-site disruption."

Securing a contractor to begin a project could be a stumbling block, but not one that is insurmountable. "Most of the better contractors are in-demand and have production backlogs of two to six months," said Winn. "If your project is small and your timing is flexible, you may be able to squeeze [it] into their schedule. Many contractors have 'gaps' in-between their projects, while they're waiting for a permit to be issued or if they finished a project ahead of schedule. They may be able to accommodate your project if the timing is right."

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11/16/2016.....Holiday Entertainment & Gift Guide I
11/23/2016.....Connection Families:
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Thanksgiving is November 24

11/30/2016.....Holiday Gift Ideas

DECEMBER
12/7/2016.....Wellbeing; Holiday Entertainment
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In The Context Of ...



By **KENNETH B. LOURIE**

Having cancer; not that you need to know how I think but, if you're at all curious as to how a diagnosed as "terminal" stage IV, non-small cell lung cancer patient thinks, even now, nearly eight years out, read on.

As much as I don't want to think about what I'm doing and why — and just live life as it comes/happens, a "13-month to two-year" prognosis (originally received on February 27, 2009; oh yeah, certain dates are seared into your memory), I can't. It's not necessarily a lifestyle change that occurs when you're diagnosed, it's more the psychological and emotional hold and affect the diagnosis causes. It permeates and subconsciously — or so it seems, infiltrates your brain and changes the way you think and feel. It's not that you become unrecognizable to friends and family, but you definitely become a victim of your circumstances. It's as if your brain is rewired somehow and you've reached your outer limits where you've lost more than the control of your television set.

To the point/example of what I'm referring to (finally) which precipitated this semi self indulgence: my car and certain repairs, expenses and warning lights which have illuminated, warranting attention after months of neglect. Specifically the car to which I refer is our "second" car, the one we don't rely on for non-local trips: a model year 2000, Honda Accord sedan inherited from my widowed mother in December 2008 — with only 35,000 miles on the odometer. The classic example of a retired person's car with incredibly little wear and tear and extraordinarily low mileage given its put-in-service date: sometime in the year 2000.

As I said, it's not our primary car, but it does get driven regularly given the potential mileage restraints of our "primary" car's lease. Currently, the Honda has 94,000 miles on it. It's been a good and reliable car which has needed few repairs — other than those to-be-expected, the costs of which have generally fallen within the "usual and customary" range. The car still rides well and overall suits my requirements for a "second" car: it gets me from point "A" to point "B" — and most importantly, back, and it has no monthly car payment. However, there are a couple of inconveniences/concerns which if left alone are not likely deal-breakers but, the expense of fixing them — on a car that is nearly 17 years old, might be.

And the deal which might be broken has to do with yours truly having lung cancer and a somewhat different life expectancy now at age 62 (versus the one I thought I would have when I initially took possession of my parent's car in 2008 — at age 54 and two months, or the one I thought I had a mere two and half months later — just before I was initially diagnosed). Ergo my dilemma is: do I want to spend major money now (for me/us) on repairs whose maximum benefit will not occur until next spring — six months or so, at the earliest, but if tended to now might limit the potential damage/cost later or shall I just wait for divine intervention, so to speak? (The repairs have to do with air conditioning that doesn't cool in the summer, a window — on the passenger side which does not open all year round, and brake lights and the seat-belt restraining system — "SRS," safety issues which this idiot is being warned about.)

Not unsolvable problems, presumably, unless you have a terminal form of cancer. Considering that reality, don't I want to live more in the present and not worry about a future, a future which is hardly guaranteed? Moreover, shouldn't I damn the torpedoes and live full speed ahead and let the chips: lab work, scan results, car repairs, etc., fall where they may; finding some normalcy/solace in pretending/deluding myself into thinking that all is right in my world? To be determined. Still, I know/feel one thing: if I live like I'm dying, I probably will.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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SCHOOLS



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Family Weekend

A jazz brunch, a street fair, comedy night and talent show are a few of the highlights of Marymount University's annual Family Weekend, "Fleur Power: Peace, Love & Family," which will be held from Friday, Oct. 21 to Sunday, Oct. 23. Parents and family members of Marymount students are invited to attend. For more information or to RSVP, go to marymount.edu/FamilyWeekend. Call or email at 703-284-1611 or orsengage@marymount.edu.

SCHOOL NOTES

Email announcements to arlington@connectionnewspapers.com. Deadline is Thursday at noon. Photos are welcome.

Simon's Rock (Great Barrington, Ma.)

Barcroft Elementary School lead teacher **Kristin Shymoniak** was recognized as an outstanding education leader by AASA, The School Superintendents Association. Shymoniak is one of seven finalists for the organization's 2017 Women in School Leadership Awards. Shymoniak received the School Based Award which is given to any female classroom teacher or school based specialist.

Wakefield High School senior **Evie Priestman** has been given the Equality Award from the Arlington Gay and Lesbian Alliance (AGLA). The award is presented to an individual and one to an organization that have demonstrated a record of improving lesbian, gay, bisexual, transgender, queer or questioning (LGBTQ) equality.

The Educational Theatre Association recognizes schools whose theatre programs exemplify and promote high standards of quality in educational theatre.

This year, **Yorktown** joined two other schools across the nation to receive the recognition.

The Yorktown theatre program, under the direction of **Carol Cadby**, was cited for its distinctive approach in focusing on ensemble, experimentation, and original work, which enables students to develop high-quality, creative theatre. The program was commended for the way it enhances the entire school curriculum, as well as for its inclusivity and success in supporting students of all abilities. It has developed a network of partnerships, including the League of Women Voters and Association of University Women, and community outreach using both performances at other schools and online and local media outlets.

The Community Foundation for Northern Virginia awarded \$30,300 in Healthy Kids Grants to address the main causes of childhood obesity by supporting programs that increase physical activity and/or improve nutrition in Northern Virginia public schools. The 2016-2017 Healthy Kids Grants were awarded to the following programs:

Carlin Springs Elementary School – Carlin Spring Bikes!, \$2,000

Drew Model School – Healthy Habits for our Drew Dragons, \$2,000

Taylor Elementary School – Eat Smart and MOO-ve, \$2,000

Aidan Farley, of Arlington, is a member of the 2016 Marching Royal Dukes, James Madison University's 440-member marching band. Farley, a second-year student at JMU majoring in music industry, is in the band's trombone section.

David Rogers, of Arlington, is a student-athlete this academic year at Union College (Schenectady, N.Y.). Rogers, a member of the class of 2019, is on the men's crew team.

Megan Grieco, a senior at Yorktown High School, earned the highest possible ACT composite score of 36. On average, less than one-tenth of 1 percent of students who take the ACT earn a top score. Meghan is the daughter of Michael Grieco and Lisa Campbell.

Anne Devlin, of Arlington, earned a place in the fall 2016 entering class at Bard College at

BULLETIN BOARD

FROM PAGE 7

MONDAY/OCT. 24

Design Public Hearing. 6:30-8:30 p.m. at Wakefield High School, 1325 S. Dinwiddie St. The Virginia Department of Transportation, in partnership with the Department of Rail and Public Transportation will hold two Design Public Hearings on plans to extend the I-395 Northern Express Lanes for eight miles from Turkeycock Run near Edsall Road to Eads Street near the Pentagon. The draft Environmental Assessment also will be presented for public review and comment, available at the Arlington Central Library (Virginia Room), 1015 N Quincy St. or online at www.virginiadot.org/395expresslanes.

FRIDAY/OCT. 21

Nomination Deadline. The Washington-Lee Athletic Hall of Fame will recognize those individuals who through their accomplishments have brought distinction and pride to the school and community as either an athlete, coach, administrator or as a contributor to the development and success of the Washington-Lee athletic program. Nomination forms will be made available through the Student Activities office and the WL Athletic Booster organization. See washingtonlee.apsva.us/post/now-accepting-w-l-athletic-hall-fame-nominations/ or call the Athletic Department at 703-228-6207.

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NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 10/31/16.

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INCLUDES: Install Genuine Toyota front brake pads, inspect front & rear rotors & drums, check tire condition and inspect all hardware. TCMC pads only.

MACHINE ROTORS AN ADDITIONAL \$199.95.

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TOYOTA GENUINE SERVICE
30,000 MILES FACTORY RECOMMENDED SERVICE \$159⁹⁵

Synthetic \$10 More

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