

Potomac ALMANAC

HomeLifeStyle

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POTOMAC DAY PREVIEW,

PAGES 7-10

Hurley and Meg Hamilton at St. James' Episcopal Church blessing of the animals ceremony on Saturday, Oct. 8. The church collected blankets and towels to donate to the Montgomery County animal shelter.

Blessing of The Animals

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Home Improvements
For the Holidays

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News



Jill Lavin, Susan Jaffe, Betsy Gorgei, Make A Wish representative Samantha Zipp Dowd, Linda Mathuran and Louise Brophy.

100 Women Who Care

Raising funds locally
for local needs.

BY SUSAN BELFORD
THE ALMANAC

See a problem – solve a problem. That's how the "100 Women Who Care" movement started.

Karen Dunigan learned that new mothers were bringing their babies home and could not afford a proper crib. The babies were sleeping in

boxes, dresser drawers or on the mother's own beds. Dunigan began thinking about the need and realized she needed \$10,000 to purchase cribs, mattresses and blankets. She knew there had to be a quick way to fundraise in her community and then she had a brainstorm. She would find 100 women who would each give \$100 for her project. She made the phone calls, scheduled a meeting, and in one hour, she has raised \$12,800 to supply new moms with the simplest need: a crib.

Dunigan recognized she was onto something special and she founded the first 100+ Women Who Care

SEE 100 WOMEN, PAGE 4

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Blessing of the Animals



Cosette the Jack Russell terrier with her family Dawn, Andrew, Philip, and Pete Iype.



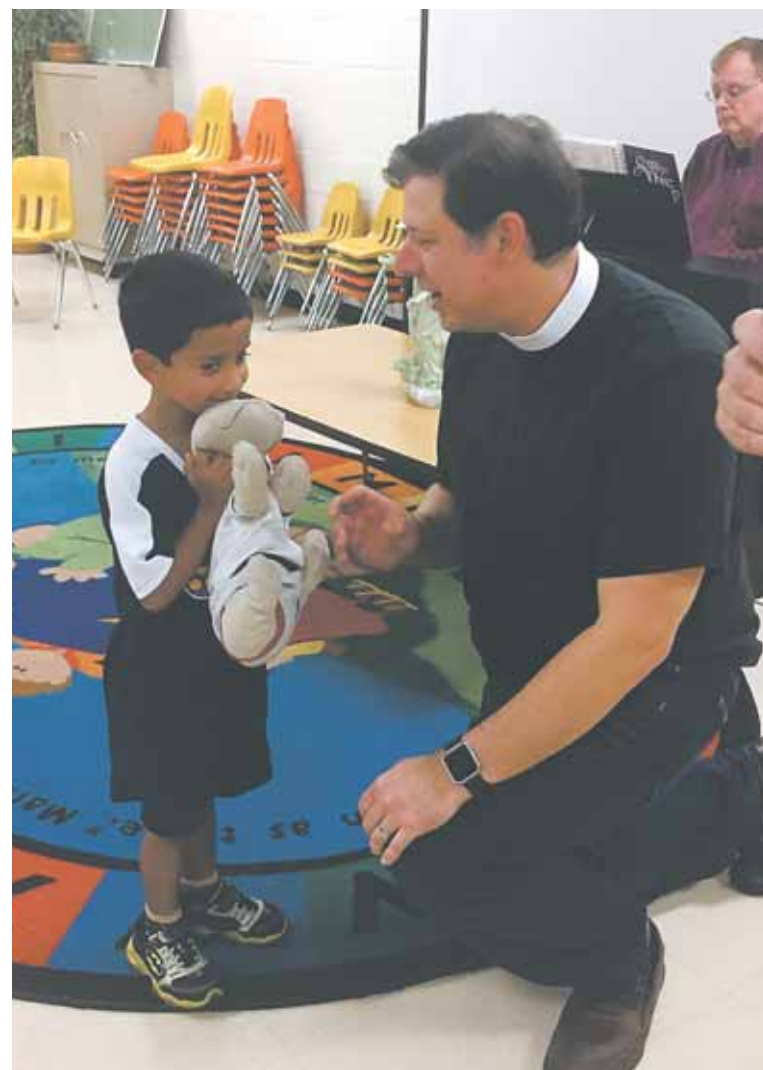
Stacey Glaeser and Star.



A small fluffy white dog sings along to the hymns during the St. James' Episcopal Church blessing of the animals.

PHOTOS BY
COLLEEN HEALY
THE ALMANAC

Children act out a song about animals using puppets and stuffed animals.



Pastor James Isaacs performs the blessing of the animals ceremony at St. James' Episcopal Church on Saturday, Oct. 8, with Andrew Iype holding his stuffed animal toy. The Blessing of the Animals Service commemorates the feast day of St. Francis of Assisi. St. Francis is the patron saint of animals, the environment, and religious cooperation.



Tim and Maria Whistler with their lab Pearl.

OPINION

Responding to Excessive Aircraft Noise

By ROGER BERLINER
VICE PRESIDENT, MONTGOMERY
COUNTY COUNCIL

Montgomery County Council Vice President Roger Berliner, who chairs the council's Transportation, Infrastructure, Energy and Environment Committee, made the following statement regarding the recent increase in significant aircraft noise from planes departing from and arriving to Ronald Reagan Washington National Airport that is impacting residents of the county.

The purpose of today's [Oct. 5] hearing is to understand why the quality of life for so many of our residents has been so negatively affected by airplane noise. We will learn how we got to this point, and shed some light as to how our community can most effectively respond.

For years, airplane traffic has been an annoyance as planes flew over our community. I know because for 20 years I lived along the Potomac River where they flew every day. And it was an annoyance, but a tolerable one. That changed dramatically this past December. Over the last 10 months, instead of an irritation that was widely dispersed throughout the region, it has become a concentrated, amplified, and unending disturbance for many of our residents. It is unacceptable that property values,



COMMENTARY

quality of life and people's health have been impacted so dramatically with so little forethought. Here is one sobering example that was shared with me:

"... My family and I are new to Brookmont, but we specifically opted not to purchase a home here (de-

spite the opportunity to do so), and to rent instead, because of the incessant and overwhelming airplane noise. When we first discovered Brookmont this summer . . . we were immediately struck by its uniqueness, sense of community, and natural beauty. Unfortunately, just as immediately, we were struck by the relentless passing overhead of airplane after airplane, which creates such an audible and visible disruption that it is difficult to enjoy what the neighborhood otherwise has to offer"

This is just one troubling example of the many, many messages I have received from our residents.

So, here is my understanding of how we got to this unacceptable place.

For many years, the technology that was used to guide airplanes was radar based. Technology has changed, and now we have the capacity to guide airplanes with GPS and satellites. That capability makes it possible for more concentrated flight paths. NextGEN is the system

that FAA is employing to move from radar to satellite.

However, the process that ushered in the NextGEN changes was done without meaningful review of the impact it would have on the communities underneath its new satellite-based flight rails. Coupled with an increase in flights based out of Reagan National instead of Dulles, and the lack of a proper curfew for flight scheduling, our citizens are constantly besieged by unbearable noise.

To put it simply, the status quo is not an option here. Nationwide, communities are being overwhelmed by the effects of NextGEN. And changes that are contemplated, like what is called LAZIR-B, are not going to help. In fact, we believe they will only amplify the issue for many of our residents.

With the work of Congressman Chris Van Hollen, and the efforts of Ken Hartman on behalf of County Executive Ike Leggett, we are trying to affect change. Though they were invited, the FAA is unfortunately not represented at today's committee meeting. With the public outcry over these issues, it is disappointing that they declined the invitation.

I look forward to hearing from the Metropolitan Washington Airports Authority and Mr. Hartman on their thoughts on how we can better serve our community and ensure that no one portion of any community gets impacted in such an unacceptable way.

POEM

Ghost Pumpkin

By JACK DENCHFIELD

There was a little pumpkin
that lived in a patch,

It was round and big and I
knew it was the one I wanted to
snatch.

I grabbed it real fast because it
was so unique,

I knew that it was a special
treat.

You were not orange like all
the others,
You were white like no other.

White pumpkin, white pump-
kin,

Why are you white?
Did a ghost jump out and give
you a fright?

It was Halloween night when I
found you,

Did you turn white when a
ghost said, "Boo!"

Pumpkin, pumpkin, I love you.

*Jack Denchfield, 6, attends
school at Our Lady of Mercy in
Potomac.*

100 Women Who Care

FROM PAGE 2

Chapter and scheduled quarterly meetings. The rules were simple: any member could present a need in the community, the need had to be immediate and the money had to remain local. The idea was that a worthy cause benefits many in the community — and that 100 or more people coming together in a room could provide a force for doing good work while lifting others up.

There are now more than 350 chapters throughout the world that include women, men and kids. The first chapter in Lower Montgomery County has recently been created by four Potomac women — and they are seeking new members.

One of the founding members, Linda Mathuran, said, "I was visiting my sister who was attending a meeting of her chapter. She told me about 100 Women Who Care — when I Googled it, I saw that there are a lot of chapters and I also found a lot of support in starting one here. There are a lot of helpful resources listed on the website too. Once I mentioned it to Jill Lavin, Louise Brophy and Susan Jaffe, they were immediately on board — and now we are up to 47 members and trying to get to 100 or more. It's such a no-brainer. We are giving to wonderful local organizations where our donations are truly needed and will be used locally to help people right here in our communities."

The Lower Montgomery County Chapter of 100 Women Who Care held their first meeting in July at the Potomac Library. Mathuran, Lavin, Brophy

and Jaffe were the initiators — and about 30 women came to the meeting, even though it was a rainy, stormy evening. The group listened to presentations by three charities, and chose the Make-A-Wish, Montgomery County as its first charity. Women who are members may make presentations about favorite local charities or representatives from charities are invited to make a short presentation about how they will use the donated funds from this group.

"Everyone at our last meeting was impressed and moved by the charity presentations," Mathuran said.

Lavin added, "How can you resist joining? It's all for the good. I also like that we learn about three charities that are doing really meaningful work in our community — and it's only held four times a year for a hour each time."

At the second meeting in October, the group chose to donate to Montgomery Kids, an organization that helps to support the needs of children in the welfare system with services and opportunities that are not available to them through the system. They might provide ballet, art or piano lessons or funds to join a sports team — those extras that youngsters deserve to have a chance to participate in but often cannot because their family cannot afford it.

The next meeting will be held on Dec. 7 at 7 p.m. at the River Falls Club House in Potomac. New members are welcome to attend. To RSVP or to learn more about 100 Women Who Care, contact Mathuran through email at wwcmontgomery@gmail.com.

POTOMAC ALMANAC

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PHOTO BY MARILYN CAMPBELL

Svinjetina (spit-roasted pig) was available at SerbFest.



PHOTO CONTRIBUTED

Srpski Sinovi, a traditional tamburitza band, performed at SerbFest.

A Taste of Serbian Culture

SerbFest DC offered food, music and dance.

Hundreds had a chance to experience Serbian culture and heritage through food, music and dance at SerbFest DC recently. Held at Saint Luke Serbian Orthodox Church, the event gave festival attendees a chance to sample traditional dishes such as Zeljanica (baked spinach & cheese in phyllo dough) and Svinjetina (spit-roasted pig) and taste Serbian liquor and beer.

“In particular, this festival’s music was wonderful with exceptional performances by Srpski Sinovi, a

traditional tamburitza band, with guests of all ages — from 5 to 85 years old — dancing and enjoying the festivities,” said Mark Rasevic, SerbFest organizer. “Who knows, one day we may build up to a week-long celebration.”

Rasevic says that Saint Luke Serbian Orthodox Church of Potomac is considered the epicenter for Serbian culture in and around Washington, D.C. Another three-day festival is planned for May.

— MARILYN CAMPBELL



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10/26/2016.....	Election Preview
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11/9/2016.....	HomeLifeStyle
11/16/2016.....	A+ Camps & Schools
11/16/2016.....	Holiday Entertainment & Gift Guide I
11/23/2016.....	Connection Families: Celebrations & Gratitude
<i>Thanksgiving is November 24</i>	
11/30/2016.....	Holiday Gift Ideas
DECEMBER	
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LET'S TALK Real Estate



by Michael Matese

Let's get Physical: Creating the Perfect Home Gym

There are a number of features and specialty rooms in a home's floor plan that can be featured and used as selling points when a home hits the market. One such featured specialty room is the home gym, which can provide years of fitness and enjoyment while you're living in your home, and add untold dollars to your home's value when it comes time to list it for sale. The home gym is a modest upgrade that's easy to add into your floor plan than makes a modern, attractive selling point for prospective buyers to consider. Home design professionals agree that one of the key elements in designing a home gym is that the surroundings should be oriented towards fitness, focus and motivation to work out. When your house is on the market, consider whether or not the fixtures of your home gym will be included in your home's asking price—inclusion of gym equipment such as treadmills, elliptical machines or weight racks can be an attractive incentive to the buyer and allow the seller to upgrade equipment later in their new home—not to mention saving the seller stress over how to move heavy, bulky gym equipment! DVD players that allow homeowners to customize their workouts, stereo equipment wired into the gym's control panel and flat-screen televisions mounted at workout eye-level are all attractive features that will make your home gym, and thus, your home distinct in the minds of buyers who tour your home. From barbells and yoga mats to an attached bathroom or single-person steam room, there's a multitude of ways to construct the perfect home gym, providing you with years of enjoyment and making your home fetch top-dollar when it's time to sell!

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NEWS

Churchill Team Raises Funds for Make-A-Wish

The Churchill Girls Field Hockey team rose to the challenge Friday night on two fronts — they maintained their undefeated record, shutting out Richard Montgomery 3 - 0, and they raised over \$5,000 for Make-A-Wish MidAtlantic. On the field, sophomores Alexander Sperling, Regan Solomon and junior Faith Kean each scored, and assists were made by Kean, and seniors Jocelyn Kelley and Jenny Langerman, and junior goal keeper Juliet Twomey had two saves in goal.

On the sidelines, the team spent the week leading up to the game soliciting friends, families and local businesses to support their efforts to grant a wish to a child through Make-A-Wish MidAtlantic. Silent auction items donated by area businesses raised over \$1,300 during the game. The players are hoping that by the week's end donations online will launch them closer to \$10,000 and allow them to grant a child's wish. To contribute go to: <http://site.wish.org/goto/winstonchurchillfh> the donation link will be open until Oct. 14.



PHOTO CONTRIBUTED

Sophomore Alexandra Sperling (10) scores the first goal against Richard Montgomery.

BULLETIN BOARD

Email announcements to almanac@connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

SOBER-RIDE FOR HALLOWEEN

Free Cab Rides. Saturday, Oct. 29, 10 p.m. through Sunday, Oct. 30, 6 a.m. Area residents, 21 and older, celebrating with alcohol may call the toll-free SoberRide phone number 1-800-200-TAXI (8294) and receive a free (up to a \$30 fare) safe way home. AT&T wireless customers can dial #WRAP for the same service. Visit www.soberride.com.

VOLUNTEERS WANTED

AARP Foundation Tax-Aide is seeking volunteers to participate in a free, non-profit program, offered in conjunction with the IRS, that provides tax filing assistance to people of low- and middle-income, with special attention paid to those aged 60-plus. Training will be available in December and January to help taxpayers Feb. 1-April 18, 2017. Visit www.aarp.org/taxaide.

BEGINS OCT. 13

Job Search Training for Seniors. 9 a.m.-4 p.m. JCA's Career Gateway Program can help hone a resume, polish networking and interviewing skills, use Internet job search resources more effectively, and turn age and experience to an advantage. Each session of the Career Gateway features 30 hours of small-group classroom instruction over five days, comprehensive take-home materials, practical exercises, and a long-term mentor. \$75. Session I takes place Oct. 13, 14, 19, 20, 21. Call Ellen Greenberg at 301-255-4215 or email egreenberg@AccessJCA.org.

FRIDAY/OCT. 14

Voter Registration/Election Officer Recruitment. 2-6 p.m. at Potomac Library, 10101 Glenolden Drive, Potomac. Montgomery County Board of Elections will conduct voter

registration and election worker recruitment drives on Fridays, Saturdays and Sundays during September and October at local public libraries. Visit www.montgomerycountymd.gov/elections for more.

SATURDAY/OCT. 15

Eastern European Folk Dance Variety Show. Talija Art Company performs at Saint Luke Serbian Orthodox Church, 10660 River Road in Potomac at 6 p.m. The variety show includes customs and folk dances from all regions of the former Yugoslavia, as well as Hungary, Romania, Russia and Bulgaria. Tickets are \$25 in advance online at www.SvLuka.org/Talija; or \$30 at the door.

Voter Registration/Election Officer Recruitment. 10 a.m.-2 p.m. at Potomac Library, 10101 Glenolden Drive, Potomac.

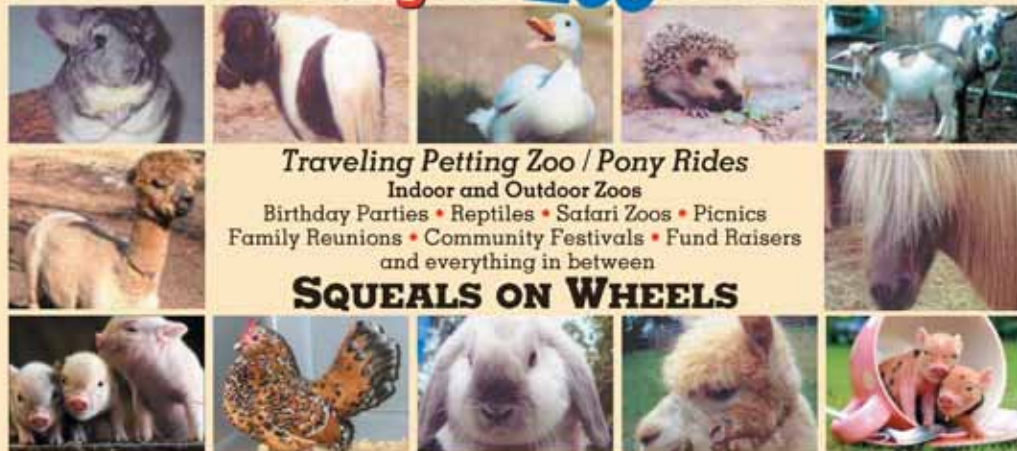
Montgomery County Board of Elections will conduct voter registration and election worker recruitment drives on Fridays, Saturdays and Sundays during September and October at local public libraries. Visit www.montgomerycountymd.gov/elections for more.

TUESDAY/OCT. 18

Afternoon Tea and Talk. 4:30 p.m. at the Corner Bakery, Westlake Drive, near Montgomery Mall. Potomac Community Village offers an opportunity to meet neighbors, chat about aging in place or whatever else comes to mind. For more information, to volunteer or get volunteer help, call 240-221-1370, email info@PotomacCommunityVillage.org or visit www.PotomacCommunityVillage.org.

SEE BULLETIN, PAGE 14

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POTOMAC DAY 2016



PHOTO BY DEBORAH STEVENS/THE ALMANAC

Families enjoyed the animals from Squeals on Wheels at last year's Potomac Day.

Potomac Day Nears

Annual parade, classic car show, music and rides returns Oct. 22.

BY SUSAN BELFORD
THE ALMANAC

What's more fun than a parade, clowns and candy? Scurrying up a climbing wall? Sliding down inflatable slides? Riding a

pony, petting an alpaca, or cuddling a pig? Listening to music and nibbling Potomac Pizza's pizza on a beautiful fall day? Checking out an exquisite 1957 T-Bird or a snazzy Impala from the 1960s? Oct. 22 is Potomac Day 2016 — and Potomac residents are already anticipating the excitement of the annual family day.

Everyone looks forward to the Grand Parade led by Potomac Chamber of Commerce honorees, spotting their favorite dentist dressed like the tooth fairy, cheering for their favorite businesses, political can-

SEE LINING UP, PAGE 8

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POTOMAC DAY 2016



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PHOTO BY DEBORAH STEVENS/THE ALMANAC

“We will have lots of children’s rides as well as an expanded Vendor Fair this year,” said Jennifer Matheson, director of operations for the Potomac Chamber of Commerce.

Lining Up for Annual Parade

FROM PAGE 7

didates and musical groups and applauding local Potomac leaders.

The day provides a chance to gather with friends and neighbors, to watch children whiz down giant pumped-up slides, rock to the music of Retrospect and Unique Dreams, and to learn about new community businesses. Local restaurants provide tasty lunch fare, the classic car show sports gleaming autos of yesteryear, and everyone has the opportunity to celebrate the community they live in.

The parade begins at 10 a.m. on Chapel Drive and River Road and travels along River Road to Falls Road where it turns and heads toward Great Falls.

The morning opens with the Star Spangled Banner sung by Potomac’s own opera singer Chrissellene Petropoulos — dressed in her Halloween regalia. Then the parade starts inching up River Road toward the Village, giving children (and their moms and dads) the opportunity to scramble for candy, laugh at clown antics, cheer on equestriennes from the Capitol Polo Club, firefighters on their shiny red trucks, and tae kwon do performers. Every year, political candidates embrace the opportunity to meet

and greet Potomac citizens. Since this year is an election year, the candidates will be out in full force, sharing their platforms and information right before the election.

The Potomac Chamber of Commerce selects three honorees. The Potomac Citizen of the Year is the Potomac Almanac Editor and Publisher Mary Kimm. The Potomac Youth of the Year is Arslon Humayun of the Landon School and the Business Person of the Year is Fred Goldman, Esq. They will be honored at Potomac Day and also at an awards dinner on Nov. 17.

Once the parade ends, there will be more activities. According to Jennifer Matheson, director of operations for the Potomac Chamber of Commerce, “We will have lots of children’s rides as well as an expanded Vendor Fair this year. Some of the new vendors will be Peaceful Waters Reflexology, Attorney-Donald Knepper, Orange Theory Fitness, Eye Care for Animals, and Lotsa LuLa Roe Clothing. There will be music and lots of great food. Potomac Day gets bigger and bigger each year with more people attending each year. The Classic Car Show is an excit-

SEE LINING UP, PAGE 10



Bethesda
 MAGAZINE

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lost (adj): 1. unable to find the way. 2. not appreciated or understood. 3. no longer owned or known

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POTOMAC DAY 2016



The Cabin John Park Volunteer Fire Department participates in the Potomac Day parade with its classic apparatus ...




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—John Wooden



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POTOMAC DAY 2016



PHOTO BY DEBORAH STEVENS/THE ALMANAC

Potomac Day offers residents the opportunity to see class cars up close. The parade begins at 10 a.m. on Chapel Drive and River Road.

Lining Up for Annual Parade

FROM PAGE 8
ing event each year which draws a lot of people. This year the classic car award categories will include the People's Choice, President's Award and the Fire Chief's Award."

Jill and John Phillips own Squeals on Wheels, a portable petting zoo in Potomac. Jill Phillips said, "Our family has been bringing animals to Potomac Day since 2002. We pulled a landscape trailer with

a van. The trailer was stuffed with bales of hay, four alpacas and our five children who managed the herd of alpacas. Over the years we added goats and a tiny 24" tall full grown horse to the menagerie. Then we started our petting zoo after we realized how much joy our animals brought to the Potomac community."

Enjoy the day in Potomac Village on Oct. 22 from 10 a.m.-3 p.m.

BULLETIN BOARD

GUIDE DOG FOSTERS NEEDED

Guiding Eyes for the Blind - Montgomery Region is looking for volunteers to foster and train future guide dogs. Volunteers will foster a specially bred guide dog for 14 months, attend bi-monthly training classes, and teach the pup house manners, people skills and socialization within the community. Dog crates, training equipment and monthly medications are provided. Contact Margie Coccodrilli at

301-869-2216 or
gebraiser@comcast.net or visit
www.guidingeyes-md.org.

SUPPORT GROUPS

The Alzheimer's Association's Memory Cafes offer a fun and relaxed way for people living with early-stage memory loss to get connected with one another through social events that promote interaction and companionship. The memory cafe in Rockville (4860 Boiling Brook

Parkway) operates the third Wednesday of each month from 2:30-4 p.m. Pre-registration is required. Contact Lindsey Vajpeyi at 240-428-1342 or lvajpeyi@alz.org.

Suicide Grief Support Group. At JSSA, 6123 Montrose Road, Rockville. This ongoing bereavement support group is for those who have lost a loved one to suicide. This group meets every first and third Monday. No charge. Pre-registration is required to attend. Call 301-816-2708.

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ENTERTAINMENT

Email community entertainment events to almanac@connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

ONGOING

Canal Boat Excursions. April-Oct., Saturday and Sunday, 11 a.m., 1:30 p.m., and 3 p.m. at Great Falls Tavern Visitor Center of the Chesapeake and Ohio Canal National Historical Park, 11710 MacArthur Blvd., Potomac. Go on a 19th-century mule-drawn canal boat excursion. Hear tales of what life was like for the families who lived and worked on the canal. Tickets are \$8 for adults (ages 16-61), \$6 for seniors (ages 62+), and \$5 for children (ages 4-15). Call 301-767-3714 for more.

Art Exhibit: "Contrasts." Through Oct. 8, gallery hours at Waverly Street Gallery, 4600 East-West Highway, Bethesda. "Contrasts," featuring the work of artists Jane Callen and Janet Wittenberg, explores the role of contrasting elements in art – and life. Free. Visit www.waverlystreetgallery.com for more.

Laughter Fitness Classes. Through Nov. 1, Tuesdays, 11:15 a.m.-12 p.m. at Potomac Community Center, 11315 Falls Road, Potomac. Class includes, laughter, breathing, chair yoga and Bollywood dance for balance. Registration is \$59 for seven lessons. Visit www.dance2health.com or call 301.299.3334 for more.

2016 Inaugural Video Art Exhibition. 5-7 p.m. at Glen Echo Photoworks Gallery, 7300 MacArthur Blvd., Glen Echo. Photoworks showcases a group of female visual artists who use video to reveal the personal, the intimate and the artistic. Desires, dreams and fears are all visually explored in Photoworks' Inaugural Video Competition and Exhibition, curated by Na'ama Batya Lewin. Free. Visit www.glenechophotoworks.org.

FRIDAY/OCT. 14-MARCH 17

Club Friday. 7-9 p.m. at Potomac Community Recreation Center, 11315 Falls Road, Potomac. Children grades 3-6 are invited to participate in games, crafts, movies, sports and more. Membership fee is \$88. Visit www.montgomerycountymd.gov/rec.

SATURDAY/OCT. 15

Truck Touch. 10 a.m.-2 p.m. at Suburban Nursery School, 7210 Hidden Creek Road, Bethesda. Children (and adults) get the chance to get up close and personal with fire trucks, police cars, off-road vehicles, construction rigs, delivery trucks, emergency vehicles, busses, and more. Tickets are \$5, free for children under 2. Visit www.suburbannurseryschool.org/our-school/truck-touch for more.

Paramount Jazz Orchestra Concert. 7:30-9:30 p.m. at Concord St. Andrews United Methodist Church Social Hall, 5910 Goldsboro Road, Bethesda. Paramount Jazz Orchestra entertains with an evening of classic jazz from the 1920s, '30s and '40s. Tickets are \$18 for adults, \$15 for seniors, and free for children. Visit www.paramountjazzorchestra.com.

Swing Dance. 8-9 p.m. lesson, 9 p.m.-12 a.m. dance at Spanish Ballroom at Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Motown band Eight to the Bar provides the music. Tickets are \$18. Visit www.gottaswing.com.

SATURDAY-SUNDAY/OCT. 15-16 Bethesda Row Arts Festival. 11



Big Head Todd and the Monsters will perform at The Music Center at Strathmore on Friday, Nov. 11 at 8 p.m. Tickets are \$32-62. Visit www.strathmore.org for more.

a.m.-6 p.m. Saturday and 10 a.m.-5 p.m. Sunday at 7200 Woodmont Ave., Bethesda. On display will be: ceramics, drawings, fabrics, glass, graphics, jewelry, metalwork, paintings, pastels, photography, printmaking, sculpture, wood and mixed media. Free. Visit www.bethesdarowarts.org for more.

Yellow Barn Gallery: "Diverse Expressions." 12-8 p.m. Saturday, 12-6 p.m. Sunday at Yellow Barn Gallery – Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Seven local artists working in various media showcase their work. Visit www.yellowbarnstudio.com.

SUNDAY/OCT. 16

Lecture and Artists Dinner. 4 p.m. lecture, 6 p.m. private dinner at Glen Echo Park – Spanish Ballroom, 7300 MacArthur Blvd., Glen Echo. A native of El Salvador, photographer Muriel Hasbun has worked and taught in Washington, D.C., for over 25 years; serving as Program Head of Photography at the Corcoran School of Arts and Design at GWU. Her photographs and installations probe her own family history in search of identity, as they carefully consider the overlap of past and present. Leslie Ureña is Assistant Curator of photographs at the National Portrait Gallery. Her work on Lewis Hine's Ellis Island photographs grapples with issues of immigration and identity. Ureña has worked at the National Gallery of Art, the Museum of Modern Art, and the gallery TKG+ in Taipei, Taiwan. Lecture tickets are \$15, dinner and lecture tickets are \$75. Visit www.glenechophotoworks.org.

SATURDAY/OCT. 17

Antique and Classic Car Show. 11 a.m.-3:30 p.m. at Rockville Civic Center Park, 603 Edmonston Drive, Rockville. Find more than 500 antique and classic cars. Free. Visit www.rockvillemd.gov for more.

SUNDAY/OCT. 18

Afternoon Tea and Talk. 3-4:30 p.m. at Corner Bakery Cafe, Westlake Drive. Potomac Community Village hosts an open-to-all opportunity to meet other Potomac area neighbors, chat about aging in place plans, learn about Potomac Community Village over coffee or tea. Free, pay for own refreshments. Visit www.PotomacCommunityVillage.org.

THURSDAY/OCT. 20

Lecture: The Mediterranean Diet. 7-9 p.m. at Bolger Center's Osgood Building, 9600 Newbridge Drive,

Potomac. Eating right and eating well go hand in hand - the message of "The Mediterranean Diet - Delicious Food Prescriptions For Transforming Illness," according to Amy Riolo, award-winning chef, author, culture and cuisine expert at Potomac Community Village's October meeting. Ms. Riolo gives Potomac Community Village members and guests a thoughtful, colorful and delicious presentation of what she considers culinary medicine and how we should think about food and its preparation. Free. Visit www.PotomacCommunityVillage.org or www.Facebook.com/PotomacCommunityVillage.

SATURDAY/OCT. 22

Potomac Day. 8 a.m.-3 p.m. at 9812 Falls Road, Potomac. Arts and entertainment for all ages, ranging from rides for children to an antique show and business fair. The highlight is the Potomac Day Parade at 10:30 a.m., featuring hundreds of entrants, including bands, horses, antique cars, school groups, scouting organizations, and candidates for elected office. Free. Call the Potomac Chamber of Commerce at 301-299-2170 or visit www.potomacchamber.org.

SUNDAY/OCT. 23

Dixieland Jazz Jam Session. 3-6 p.m. at Normandie Farm Restaurant, 10710 Falls Road, Potomac. The Potomac River Jazz Club will hold its monthly traditional jazz jam session. Bring your instrument and sit in with the Conservatory Classic Jazz Band during the first set. Or just drop in to listen. Tickets are \$10, free for musicians and students. Call 301-762-3323.

MONDAY/OCT. 31

Mike Rose's Halloween Magic. 4:30-5:30 p.m. at Potomac Library, 10101 Glenolden Drive, Potomac. A kid-friendly magic. Free, no registration needed but space is limited. Pick up tickets at 4 p.m. Visit www.montgomerycountymd.gov/library/branches/potomac.html.

NOV. 3-13

Lessans Family Annual Book Festival. Jewish Community Center of Greater Washington, 6125 Montrose Road, Rockville. Now in its 46th year, this 10-day festival boasts more than 20 author events, book signings and children's programs. Call 301-881-0100. See www.jccgw.org.

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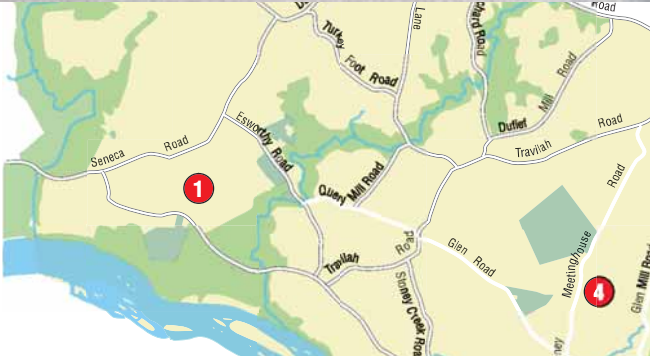
August, 2016 Top Sales

PHOTOS BY DEB STEVENS/THE ALMANAC

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1 13331 Signal Tree Lane — \$6,050,000



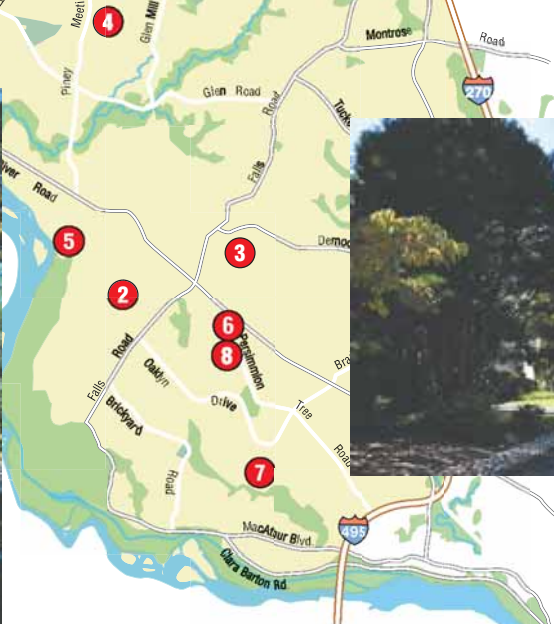
4 12317 Piney Glen Lane — \$2,700,000



3 10208 Bencross Drive — \$2,860,000



2 9704 The Corral Drive — \$3,960,000



8 9120 Persimmon Tree Road — \$1,600,000



7 7925 Sandalfoot Drive — \$1,605,000

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1 13331 SIGNAL TREE LN	7	..	9	.	3	POTOMAC	...	\$6,050,000	Detached	...	51.87	20854	DARNESTOWN OUTSIDE	... 08/30/16
2 9704 THE CORRAL DR	8	..	10	.	1	POTOMAC	...	\$3,960,000	Detached	...	2.39	20854	POTOMAC FALLS 08/31/16
3 10208 BENCROSS DR	8	..	9	.	3	POTOMAC	...	\$2,860,000	Detached	...	2.00	20854	CAMOTOP 08/10/16
4 12317 PINEY GLEN LN	7	..	8	.	4	POTOMAC	...	\$2,700,000	Detached	...	2.51	20854	PINEY GLEN FARMS 08/22/16
5 9903 RIVER VIEW CT	6	..	8	.	4	POTOMAC	...	\$1,900,000	Detached	...	1.51	20854	MARWOOD 08/24/16
6 9540 RIVER RD	3	..	2	.	1	POTOMAC	...	\$1,650,000	Detached	...	2.68	20854	BRADLEY FARMS 08/04/16
7 7925 SANDALFOOT DR	6	..	5	.	2	POTOMAC	...	\$1,605,000	Detached	...	0.15	20854	AVENEL 08/08/16
8 9120 PERSIMMON TREE RD ..	5	..	5	.	1	POTOMAC	...	\$1,600,000	Detached	...	0.99	20854	POTOMAC OUTSIDE 08/31/16

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PHOTO BY GEOFFREY HODGDON/WENTWORTH, INC.

Adding built-in shelves, like these by Wentworth, Inc., can transform an entertainment space in time for the holidays.



COURTESY OF WINN DESIGN + BUILD

Smaller projects like those in this Vienna, Va. bathroom by Winn Design + Build include updating plumbing, changing electrical fixtures and painting, and can be completed before the arrival of holiday guests.

Home Improvement For the Holidays

Local contractors say there is time to spruce up your house and yard

BY MARILYN CAMPBELL
THE ALMANAC

Changing temperatures and falling leaves are a signal the holidays are near. From Thanksgiving through the New Year, homes are filled with guests and schedules are stacked with parties. Getting one's home guest ready by the holidays may be daunting, but it's doable with proper planning and realistic expectations, say local contractors.

Now is the time to begin projects that don't require elaborate planning, building permits or products on back order. "A window and door replacement project could be completed before the holidays if you started the process right away," said Michael Winn, president of Winn Design + Build.

Fall is a perfect time to begin projects that depend on outdoor elements, he noted. "The weather in the fall is generally ideal so it can be a great time to take on those exterior projects," said Winn. "Be ready, be decisive and start now. The fall is a great time to undertake exterior improvements such as new siding, trim, roofing, painting and landscaping."

He added that he recently "renovated a front porch, [adding] new windows, new trim and exterior painting. A fresh coat of paint can do wonders and satiate your remodeling urges until after the holidays when you have the time to tackle something a bit more ambitious."

While there probably isn't time to complete an extensive kitchen remodeling project, Winn says that smaller projects like adding new countertops, updating plumbing, changing electrical fixtures, painting and refinishing wood floors can be completed before the onslaught of holiday entertaining and breathe new life into a tired bathroom or kitchen.

"A bathroom may be a candidate if it's a 'pull-and-replace' [meaning that] the layout remains the same and the materials you select are stock or have a quick

lead time," said Winn. "If you're not already well into the design process, your kitchen or renovation is probably best postponed until after the holidays."

Still, minor cosmetic improvements can give the illusion of a major change. "We recently designed and built a new entryway with built-ins for a client that creates a welcoming first impression for guests as well as needed storage for the owners," said Bruce Wentworth, president of Wentworth, Inc.

A pragmatic approach to a project is an important factor in increasing the likelihood that it will be ready in time for holiday entertaining. "If homeowners start early and have a realistic scope of work, it could be done," said Wentworth. "Quality work is important with home improvements and fast is not always part of that formula."

Architect Kai Tong of Hopkins and Porter Inc. in Potomac recently finished a project that he says offers a strategy and timeline that, if started now, would easily result in having an entertainment space by the holidays. His client wanted space for his television and sound equipment, so Tong designed a custom built-in unit for media and display.

"The design was intended to be the visual anchor of the new entertainment space, and to be harmonious with an existing lighted cove ceiling, adjacent columns and other architectural features in the room. The medium-stained cherry wood furthered that harmony," said Tong.

A millwork shop completed the design within six weeks. During that time, audiovisual specialists wired the space while the Hopkins and Porter team completed other renovation work, including preparing the wallpaper and removing existing wall scones.

Tong said that overall, there was "very minimal on-site disruption."

Securing a contractor to begin a project could be a stumbling block, but not one that is insurmountable. "Most of the better contractors are in-demand and have production backlogs of two to six months," said Winn. "If your project is small and your timing is flexible, you may be able to squeeze [it] into their schedule. Many contractors have 'gaps' in-between their projects, while they're waiting for a permit to be issued or if they finished a project ahead of schedule. They may be able to accommodate your project if the timing is right."

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21 Announcements

21 Announcements

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In The Context Of ...



By KENNETH B. LOURIE

Having cancer; not that you need to know how I think but, if you're at all curious as to how a diagnosed as "terminal" stage IV, non-small cell lung cancer patient thinks, even now, nearly eight years out, read on.

As much as I don't want to think about what I'm doing and why — and just live life as it comes/happens, a "13-month to two-year" prognosis (originally received on February 27, 2009; oh yeah, certain dates are seared into your memory), I can't. It's not necessarily a lifestyle change that occurs when you're diagnosed, it's more the psychological and emotional hold and affect the diagnosis causes. It permeates and subconsciously — or so it seems, infiltrates your brain and changes the way you think and feel. It's not that you become unrecognizable to friends and family, but you definitely become a victim of your circumstances. It's as if your brain is rewired somehow and you've reached your outer limits where you've lost more than the control of your television set.

To the point/example of what I'm referring to (finally) which precipitated this semi self indulgence: my car and certain repairs, expenses and warning lights which have illuminated, warranting attention after months of neglect. Specifically the car to which I refer is our "second" car, the one we don't rely on for non-local trips: a model year 2000, Honda Accord sedan inherited from my widowed mother in December 2008 — with only 35,000 miles on the odometer. The classic example of a retired person's car with incredibly little wear and tear and extraordinarily low mileage given its put-in-service date: sometime in the year 2000.

As I said, it's not our primary car, but it does get driven regularly given the potential mileage restraints of our 'primary' car's lease. Currently, the Honda has 94,000 miles on it. It's been a good and reliable car which has needed few repairs — other than those to-be-expected, the costs of which have generally fallen within the "usual and customary" range. The car still rides well and overall suits my requirements for a "second" car: it gets me from point "A" to point "B" — and most importantly, back, and it has no monthly car payment. However, there are a couple of inconveniences/concerns which if left alone are not likely deal-breakers but, the expense of fixing them — on a car that is nearly 17 years old, might be.

And the deal which might be broken has to do with yours truly having lung cancer and a somewhat different life expectancy now at age 62 (versus the one I thought I would have when I initially took possession of my parent's car in 2008 — at age 54 and two months, or the one I thought I had a mere two and half months later — just before I was initially diagnosed). Ergo my dilemma is: do I want to spend major money now (for me/us) on repairs whose maximum benefit will not occur until next spring — six months or so, at the earliest, but if tended to now might limit the potential damage/cost later or shall I just wait for divine intervention, so to speak? (The repairs have to do with air conditioning that doesn't cool in the summer, a window — on the passenger side which does not open all year round, and brake lights and the seat-belt restraining system — "SRS," safety issues which this idiot is being warned about.)

Not unsolvable problems, presumably, unless you have a terminal form of cancer. Considering that reality, don't I want to live more in the present and not worry about a future, a future which is hardly guaranteed? Moreover, shouldn't I damn the torpedoes and live full speed ahead and let the chips: lab work, scan results, car repairs, etc., fall where they may; finding some normalcy/solace in pretending/deluding myself into thinking that all is right in my world? To be determined. Still, I know/feel one thing: if I live like I'm dying, I probably will.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

BULLETIN BOARD

FROM PAGE 6

THURSDAY/OCT. 20

The Mediterranean Diet. 7-9 p.m. Potomac Community village hosts open-to-all programon "The Mediterranean Diet and its Benefits," with cookbook author Amy Riolo. Free. Contact Joan Kahn at info@PotomacCommunityVillage.org or 240-221-1370. Visit www.PotomacCommunityVillage.org for more.

SATURDAY/OCT. 22

Ribbon-Cutting Ceremony. 10 a.m. at the new Nancy H. Dacek North Potomac Community Recreation Center, 13850 Travilah Road, Rockville. The new facility, located on 17 acres, will be a full-service community recreation center and senior center. The center will include a gymnasium, exercise room, social hall, kitchen, senior/community lounge, arts/kiln room, game room and more. The celebration will include a ribbon-cutting ceremony followed by facility tours and community activities.

Remodeling Essentials - Kitchens and Baths. 10:30-11:30 a.m. at Case Design Studio, 4701 Sangamore Road, Bethesda. Case Design/Remodeling experts will help homeowners gain insight into the latest trends and different levels of kitchen and bath remodeling, as well as project timeframes and budgeting. Free. Lunch and Q&A follow. To register, visit www.casedesign.com/seminars-events/.

TUESDAY/OCT. 25

Common Application Seminar. 6:30-7:30 p.m. at Potomac Library, 10101 Glenolden Drive, Potomac. Collegewise, a national college counseling company, will present a seminar on how to navigate the Common Application. Their counselors have experience as both admissions officers and college counselors. Free, but space is limited. Visit www.montgomerycountymd.gov/library under "Branches, Locations, Potomac."

WEDNESDAY/OCT. 26

Prospective Member Get-Together. 3 p.m., at a private home on Chapel Road, Potomac. Potomac Community Village (PCV), with a mission of empowering older Potomac residents to age in place in their existing homes, strengthen existing social connections and build new ones, is hosting a New and Prospective Member Get-Together. The event will offer an opportunity for those who want to know more about PCV, have been thinking about joining or for members who want to introduce friends to the local non-profit to chat over coffee, tea and other goodies. For questions, directions, if you need a ride, and to RSVP (by Monday, Oct. 24), call 301-520-5435 or email info@PotomacCommunityVillage.org.

SCHOOL NOTES

Email announcements to almanac@connectionnewspapers.com. Deadline is Thursday at noon. Photos are welcome.

Kaycie Goral, of Potomac, was among more than 400 first-year students welcomed to the Baldwin Wallace University (Berea, Ohio) campus this fall. Goral, a graduate of Walt Whitman High School, majoring in music theatre, earned a \$13,000 Trustees Scholarship based on outstanding academic achievements in high school.

Winston Churchill High School math teacher **Hsinyu Ho** has been nominated for the 2016-17 national LifeChanger of the Year Award. Sponsored by the National Life Group Foundation, the national LifeChanger of the Year program recognizes and rewards the very best K-12 public and private school educators and employees across the United States. Ho was nominated by a member of the community who wishes to remain anonymous: Ho goes out of his way to make classes enjoyable by telling relevant and exciting stories to further his students' education. He makes himself available before and after school to readily help struggling students. Ho also helps students succeed by giving them guidance, according to his nominator. View Ho's LifeChanger of the Year nominee profile at www.LifeChangeroftheYear.com.

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Breathtaking renovation by highly acclaimed designer Jack Phillips. Extraordinary finishes found throughout. Reminiscent of a Tuscan Villa with artful gardens and grounds. \$3,500,000
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Soaring views of the 4th & 5th Fairways of the famed TPC at Avenel Golf Course. Top of the line kitchen. Master w/ sitting room & gas fireplace. Fully Finished LL w/ additional BR/BA. \$1,795,000
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Rarely available, 7,000SF, fully renovated, all brick colonial in popular River Falls. Two staircases, high ceilings, daylight walk-out lower level. It has it all! Whitman. \$1,748,000
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NEW PRICE! Back on the market & better than ever in Whitman SD! Leo Cullinane custom built Georgian brick home on stunning lot. Four stories with 6BR, 4FBA & 2HBA. \$1,598,000
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Ideally located near Potomac Village. \$200K plus in top-to-bottom renovation w/ gourmet kit, lovely MBR suite, 5BR, 3FBA up. Walk-up LL. Prof. landscaping, on quiet cul-de-sac. \$1,429,000
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Large scale end unit town home lives like a single family home! Stunning architectural details throughout. Surrounded by park like setting in sought after Avenel. \$1,389,000
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Delightfully renovated & spacious 5BR/3.5BA colonial in prime cul-de-sac location. Kitchen with new SS appliances, quartz counters, new master BA & fab yard. \$899,000
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Charming, move-in ready, 1887 painted clapboard home w/ detached garage w/ work shop. Fully updated in keeping w/ old home style & w/ exquisite good taste. Flagstone patio. \$669,000
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