



Reston CONNECTION

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Reston Home Tour
On Saturday, Oct. 15

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Iconic Musical
For Season Opening

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The Alpine Dancers delight the crowds with their traditional dances during the 2016 Reston Oktoberfest.

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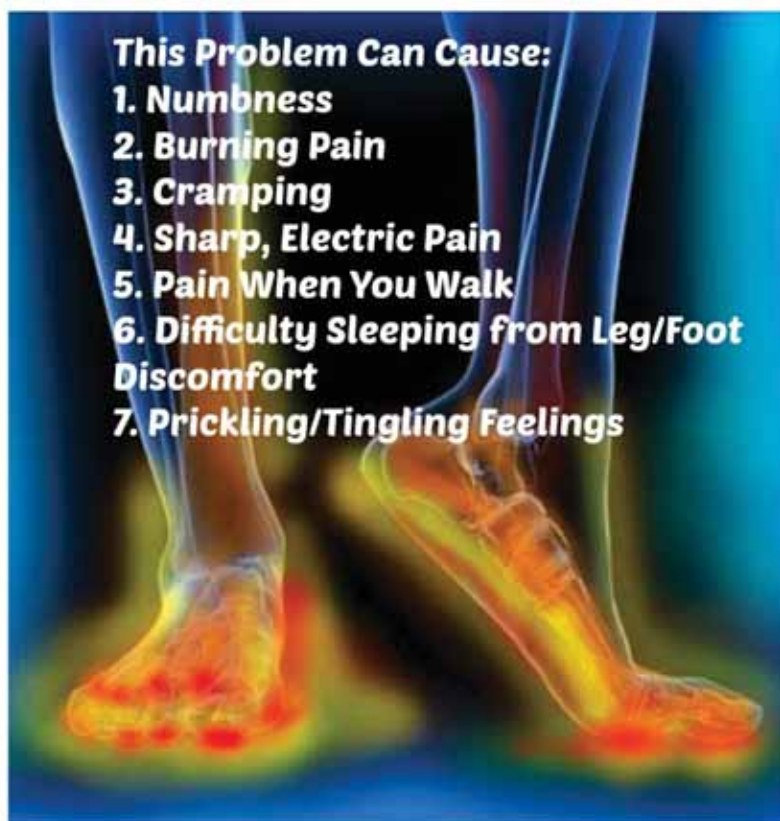


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The Alpine Dancers performed a variety of traditional German square dances during the Reston Oktoberfest.



The gang from Reston restaurant Tavern 64 were excited to be out there offering some traditional German-style food.

Oktoberfest Celebrated at Reston Town Center

BY ANDREA WORKER
THE CONNECTION

Not to be deterred by the weather, a steady flow of revellers matched the steady drizzle that couldn't put a damper on Oktoberfest Reston 2016 on Saturday, Oct. 8.

Produced by the Greater Reston Chamber of Commerce, the event offered plenty of food, fun and entertainment to reward those who ignored the somewhat soggy conditions.

Beneath the covered pavilion in Reston Town Center, festival goers sat at beer-garden style tables with their ales, brews, and tasty treats while enjoying traditional German music from the Low 'n' Browns German Band and the colourfully dressed and well-choreographed Alpine Dancers. Scattered throughout the crowd were attendees who donned their lederhosen and dirndls to really get into the spirit. Quite a few hit the dance floor to show off their polka moves.

The streets of Town Center were closed off to traffic so that pedestrians could happily wander among the food, beverage and product vendors – and down on Library St. they could compete in a “Hold that Beer Stein” competition to the less-traditional tunes being spun by DJ Edward Daniels.

The beer and pretzels may have been put away by Sunday morning, but the fun kicked off again quite early with the Pumpkin 5k Run, sponsored by Crunch Fitness, with almost 200 runners taking to the course at 8:15. It was a sight to behold, as numerous costumed athletes wound their way through the Reston streets alongside the more traditionally garbed runners.

When the last of the 5K'ers had crossed the finish line, it was time for the younger participants to warm up for the Pumpkin



PHOTOS BY ANDREA WORKER/THE CONNECTION

Pat Judy and Tom Ede show the Oktoberfest crowd just how it's done. Pat's daughter and son-in-law were in Vienna, Austria on the day of the event, but she had her own Bavarian-style celebration by attending the Reston event.

Dash that saw a cluster of miniature super heroes, clowns, zombies, one cow and even a min-dinosaur prepare to race from the Bow Tie movie theatre to the fountain plaza.

Rain or shine, looks like a “Gute” Time was had by all.



Can't be stopped – 81-year-old Robert Gurtler from The Plains finishes his 92nd race of the year at the Reston Pumpkin 5k.



Warming up for the kids' Pumpkin Dash at Reston Town Center.



The Family Fuss – who had all that wonderful German garb on hand after being stationed in Germany for several years.

OPINION

Vote No on Ballot Question One

BY KENNETH R. "KEN" PLUM
STATE DELEGATE (D-36)



COMMENTARY

Since 1947 the Code of Virginia has provided that any agreement or combination between an employer and a labor union or labor organization whereby (i) nonmembers of the union or organization can be denied employment, (ii) membership in the union or organization is made a condition of employment or continuation of employment by the employer, or (iii) the union or organization acquires an employment monopoly in any such enterprise is against public policy and illegal. On the ballot on Election Day, Nov. 8, is constitutional amendment question one that would put this provision of law into the constitution. There are 26 states including Virginia that have such a provision in their constitution or in their laws. Why would Virginia need to have these provisions in its constitution as well in the Code?

The answer is a political one. The conservative Tea Party members of the legislature are seeking one more opportunity to demonstrate to their base just how anti-labor union they are. While they term this amendment "right to

work," its effect on workers is anything but a right. It gives employers more opportunity to deny workers access to a union or professional organization like a teacher's or firefighter's association. It allows some workers to gain the benefits of the work of the union or organization without contributing to it as the members do.

Virginia already has the 43rd lowest rate of unionization among workers in the 50 states at 5.4 percent. The number of unionized workers has been declining over recent decades. While professional associations for doctors, lawyers, CPA's, and chambers of commerce and other groups have been given almost free rein in how they organize, this amendment is aimed to curtail activities and growth among persons who belong to teacher, firefighter, police, and factory worker unions and associations. Current law and the proposed amendment are not uniform in the way different labor organiza-

tions are treated, and I believe these differences contribute to the widening gap in the labor force in pay and benefits.

Amendments to the Virginia Constitution are proposed in the General Assembly where they must pass with a majority of members voting for them. Once passed, they must be considered by a subsequent session of the General Assembly after there has been an election for members. There were no convincing arguments put forth during the debate as to why the amendment was necessary. Everyone watching the process recognized it for the political purposes it served. I voted against this amendment both times it was before the legislature. I plan to vote against it on Election Day on November 8, and I hope you will join me.

A second proposed amendment to the constitution will also be on the ballot. It would authorize the General Assembly to enact a law that would allow localities to exempt from real property taxation the real property of the surviving spouse of any law-enforcement officer, firefighter, search and rescue personnel, or emergency services personnel who is killed in the line of duty. I support this amendment and hope that you will vote for it as well.

Budget, Spending Out of Control at RA?

BY JOHN LOVAAS
RESTON IMPACT PRODUCER/
HOST



INDEPENDENT PROGRESSIVE

We have known for months now that the Tetra/Lake House debacle was certain to put upward pressure on the Reston Association budget.

Assessments would surely rise if there wasn't belt tightening at RA. CEO Cate Fulkerson, who acknowledged responsibility for the Lake House cost overruns, now proposes an out-of-cycle revision of the 2017 budget and a \$55 per homeowner assessment increase due Jan. 1.

The budget increase, as far as can be deciphered from documents made available by the CFO and CEO, includes a lot more than the additional \$700,000 for the gold-plated Lake House. At least four more capital projects are planned and, interestingly, the Capital Reserve fund will increase by more than \$1 million although it currently contains more than its recommended level of funding.

Staff costs are the major contributor to the surge. Generous increases in salaries and benefits (with bonuses alone totaling about \$400,000) and the addition of three new "planners" for a cool \$255,000 lead the parade of additional costs. RA already has five

nearly across the board, it seems. Employee benefits also include generous health insurance and 401k retirement plans with quite modest employee contributions.

Make no mistake about it. I do not resent good pay and benefits for employees who work hard to serve our community. I prefer to see them treated more fairly than what has regrettably become the norm in the United States today. Still, it appears from the numbers we are seeing that it is time for a serious review of salary and benefits within RA, with a view to at least reining in their growth.

Perhaps as worrisome as the lavish current and proposed spending is the budget process itself. The presentation to date is being characterized as unintelligible by some Board members and residents. For example, it is not at all clear how the budget relates to the core mission of Reston Association and its shorter term objectives within the mission. Perhaps I am old fashioned, but I believe budgeteers

should provide a one-page summary budget broken down by function and by organizational element with a total at the bottom. This summary must have three columns—prior year, current year and budget year, something readily understandable to the Board and to the assessment payers.

The documents provided to date are so muddled that two Board members actually suggested recently that, rather than burrow through all the multi-colored tables and graphs, the Board should just give the CEO an assessment number and let the staff construct a budget from the number! This would of course relieve the Board of actually deciding what they want the organization to accomplish as the logical foundation for arriving at a coherent budget.

At this point, the Board needs to give staff clear guidance needed

for revision of the budget. The guidance should: 1) include no more funding for Tetra/Lake House until the audit of that project is complete and lessons from it applied; 2) cancel all new positions; 3) cancel new, non-emergency capital projects; 4) call for a thorough, independent examination of RA's salary and benefits structure and policies with a view to restraining future growth; and, 5) direct the CEO and CFO to develop a budget model for future years based on, and built from, the RA mission statement and goals which can be summarized in one page by goals and one by organizational element.

The RA Board needs to step up to restore order and logic to the process.

Editor's Note: In the last week's paper the last paragraph of this column was cut off mistakenly so we decided to reprint it - with apologies.

Write

The Connection welcomes views on any public issue. The deadline for all material is noon Friday. Letters must be signed. Include home address and home and business numbers. Letters are routinely edited for libel, grammar, good taste and factual errors. Send to:

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1606 King St., Alexandria VA 22314
Call: 703-917-6444.

By e-mail: info@connectionnewspapers.com

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LETTERS

Connolly: Competent, Caring, Accessible

To the Editor:

As the headlines on the devastating impacts of climate change in our country and worldwide are hitting the media, we wonder whether our legislators are doing enough to address this issue. It is comforting to know that we have such a champion in our Congressman Gerald Connolly. Here are some of Gerry's environmental activities:

* Co-chair of the House Sustainable Energy and Environmental Coalition (SEEC) – 54 members active on environmental, sustainable and renewable energy issues.

* As Chairman of Fairfax County, he helped adopt the County's first comprehensive environmental plan and adopted the Cool Counties initiative.

* He is an original cosponsor of Congressman Chris Van Hollen's Healthy Climate and Family Security Act, which is a cap and dividend proposal similar to what Citizens' Climate Lobby (CCL) advocates.

Gerry has visited 98 countries and has witnessed the pains inflicted on people by hunger, poverty, and political and religious repression. The burning desire to help

Americans preserve our great democracy has led Gerry to pursue a career of public service on Capitol Hill. He has devoted his time to helping his constituents on all issues ranging from a small business matter to legislative efforts on climate change. His open door policy in welcoming constituents to express their concerns is managed by a staff who are committed to helping them in finding a satisfactory solution.

Coming from a war-torn country that was shattered by political instability and poverty, we have learned to appreciate the value of peace and democracy. It is exactly the type of representation and leadership found in someone like Gerry that we can count on to fight for social justice and to keep our democracy strong. Gerry is known for his tenacity and candor in speaking up and fight for a cause. He is competent, caring and accessible. Let's work together to re-elect our Congressman Gerry Connolly.

Vinh Cam, Ph.D.
Founder & CEO

Vietnamese American Coalition
Dr. Cam is a consultant on climate change.

WEEK IN RESTON

New Land Use Process for Reston

Hunter Mill District Supervisor Cathy Hudgins will be introducing a new Land Use process, **Reston Land Use Launch**, for the community at the Reston Planning and Zoning meeting on Monday, Oct. 17 at 7 p.m. The public is invited to attend this meeting and learn about the new process. The meeting will be at Reston Association Conference Center, 12001 Sunrise Valley Drive, Reston.

The Reston Transit Station Areas (TSA) and nearby areas are experiencing a large number of development applications. It is challenging for residents to keep current with all the proposals. This new step in the local process is an attempt to share these proposals with the larger community earlier in the land use process. The goal is to provide information on new applications after they have been filed with Fairfax County Planning Division and afford an opportunity for community engagement early in the process.

The Reston Planning and Zoning (P&Z) committee was established as an advisory board to the Planning Commissioner and the Hunter Mill District Supervisor on Fairfax County Board of Supervisors. The P&Z evaluates the Reston land use applications and shares their comments and suggestions with the Supervisor and the Hunter Mill District representative to the Planning Commission. They have been a source for citizen input and opinion on land use matters for more than thirty (30) years. Individuals serving on the committee are professional volunteers, with a variety of expertise (housing, transportation, environment, etc.) and skill sets. The change is intended to help citizens better understand the various steps in the land use process.

For additional information, contact Goldie Harrison at the Hunter Mill District Office at 703-478-0283.

FAITH NOTES

Faith Notes are for announcements and events in the faith community, including special holiday services. Send to reston@connectionnewspapers.com. Deadline is Thursday.

Trinity Presbyterian Church, 651 Dranesville Road, Herndon, has Sunday worship services at 10 a.m. during the summer. Nursery and childcare are provided starting at 8 a.m. until the end of the service. 703-437-5500 or www.trinityherndon.org.

Vajrayogini Buddhist Center, Unitarian Universalist Church, 1625 Wiehle Ave., Reston, holds weekly classes starting Sept. 12, Thursdays 7:30-8:30 p.m., for the general public which use Buddhist teachings to practice meditation. \$12 or \$6 for students, seniors and unemployed. 202-986-2257 or www.meditation-dc.org.

St. Anne's Episcopal Church, 1700 Wain-

wright Drive in Reston, holds Sunday services at 8 a.m., 10 a.m. and contemporary service at 5 p.m. during the summer. Nursery, Sunday school and adult education available. 703-437-6530 or www.stannes-reston.org.

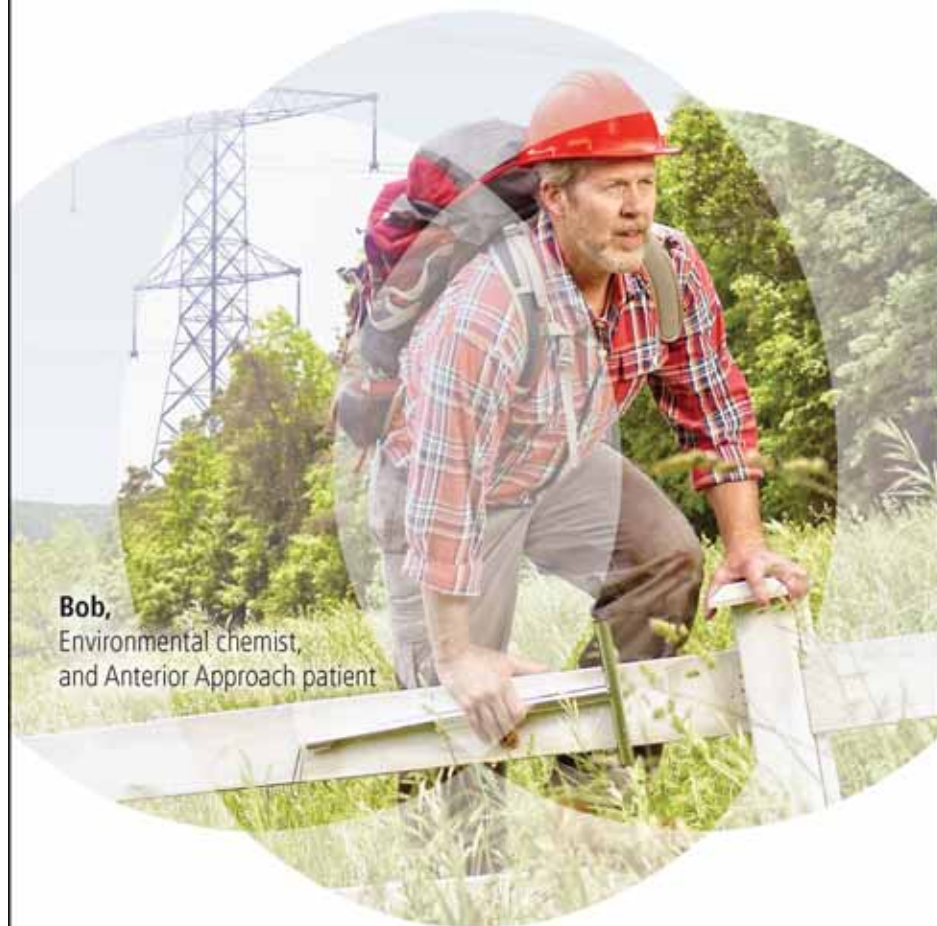
Washington Plaza Baptist Church will hold Adult Bible Study at 9:30 a.m. Sundays at Lake Anne Village Center. The group is studying the Gospel of Mark. Services follow at 11 a.m.

HAVEN of Northern Virginia offers a variety of free bereavement support groups, meeting on a weekly basis. Contact 703-941-7000 or www.havenofnova.org for schedules and registration information.

Epiphany United Methodist Preschool, 1014 Country Club Drive, N.E. in Vienna, is now enrolling 3- to 4-year-old students. 703-938-2391 or www.epiphanypreschool.com.

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Reference: 1. Bosme RM, Mariani EM. A Comparison Between Direct Anterior Surgery of the Hip (DASH) and Anterolateral (AL) Surgical Approaches to Total Hip Arthroplasty: Post-Operative Outcomes. Poster Presentation #014, AAOS, New Orleans, LA, March 9-13, 2010. Comparison of functional outcomes after Anterior Approach (211 patients) with Anterolateral/Traditional (259 patients).

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A glass enclosed walk-in shower accessible from two sides is tucked under a skylight.



For deeper relaxation, the Victorian-era tub snugly occupies a bay window that features garden views.



PHOTOS BY BRYAN BURRIS

To make kitchen dining more inviting to guests, seats at the counter are slightly lower than standard height. Owner Dave Mulligan calls this a great spot to sample his holiday dishes. The design solution by Sun Design Remodeling will be open to the public November 5, from noon to 4 p.m.



The original circa 1980s kitchen was classified as a “traditional” design, but the 30-inch cooktop range, small food prep island and limited cabinet storage were among many features the owners found restrictive.

Oak Hill Remodeled Home Tour Set for Nov. 5

Gourmet kitchen, spa master bath among spotlight features in makeover.

BY JOHN BYRD

A circa 1980's center hall Colonial enhanced by a gourmet kitchen, a spacious spa bath and a lower-level guest suite will be featured in a “Remodeled Home Tour” sponsored by Sun Design Remodeling on Saturday, Nov. 5.

The house at 3295 Willow Glen Drive in Oak Hill is owned by David and Nancy Mulligan. The residence will open to the public from 12-4 p.m.

Purchased by the Mulligans in the early 1990s, the original four bedroom production house included a 500-sq-foot kitchen and breakfast room, a large family room, and a 1,500-square-foot lower level. Despite

qualms with the “builder grade” interior finishes and space-use problems, the couple occupied the house for nearly 20 years before deciding a makeover of several targeted rooms would better accommodate personal interests.

The project's scope partly reflects the couple's different priorities.

Nancy Mulligan's first goal was a large spa

bath adjacent to the master bedroom. To this end, Sun Design Remodeling — the firm that had executed a whole house remodel for Mulligan's brother several years ago — was summoned to explore ideas.

“As we talked about the new master bath,” Dave Mulligan said, “I realized that Nancy and I had many plans for improving the house that we'd just been putting off.”

In the days that followed, Nancy Mulligan — collaborating with Sun Design's interior design team — completely renovated the master bathroom, then the guest bath, then added a full bath to the lower level.

For Dave Mulligan, a passionate amateur chef, the remodeling proposal didn't become personally engaging until conversation shifted to the kitchen.

“I saw that our kitchen was stuck in the 1980s,” Mulligan said. “It just wasn't a place where guests can gather in the same way they do in the living room or dining room.”

With its U-shaped counter surfaces, 30-inch cooktop range, limited storage and dim lighting, the existing kitchen was — in Dave Mulligan's words — “backstage” — a cockpit where the cook toiled away out of view.

As if to stress the point, one leg of the counter top sequestered the cook's zone from the breakfast table and family room.

“I understood how an open plan is supposed to function,” Dave Mulligan said. “But it's the details that make it work, and that's where design expertise really counts”

To this, Sun Design founder Craig Duroske added: “The kitchen's work zones were pretty well rationalized. The real issue was: how well does the space satisfy the Mulligan's — functionally and aesthetically.”

To create a more fluid relationship between the kitchen and the front to the house, Duroske and team relocated an obtrusive hall closet, widening an archway so that the revised space would be in view from the front foyer.

Sight lines being critical, ceiling-flush HVAC bulkheads were re-routed to make way for tall cabinets trimmed in crown molding.

Other finish work details — Cherrywood cabinet

facings, stainless steel appliances, textured marble back splashes — converge to present a textured, yet visually neutral surface.

All of which introduced the option for a still more differentiating effect: a custom-designed coffered ceiling.

“The ceiling is one of the best features,” Dave Mulligan said. “The process of creating it was fascinating.”

On the other hand, there's much to be said for the custom-designed food preparation island and dining counter.

With it's 6' x 6' x 8' triangular surface, the configuration perfectly supports food preparation and clean-up tasks while accommodating place settings for three.

To make the island still more inviting, seats at the counter are slightly lower than standard height, a psychological invitation to join the party reinforced by the soft-leather chairs.

“As I see it, you're dining at the chef's table now,” Dave Mulligan said. “A great spot to sample dishes, sip wine ... and enjoy.”

On the more practical side, the new kitchen is equipped with two microwave ovens, two refrigerators, a convection steam oven and a 48-inch gas range with six burners. With the addition of a walk-in pantry, storage capacity has been increased by 50 percent.

Sun Design Remodeling frequently sponsors tours of recently remodeled homes as well as workshops on home remodeling topics. Headquartered in Burke, the firm recently opened a second office in McLean. For more information, call 703-425-5588 or visit www.SunDesignInc.com.

John Byrd (byrdmatx@gmail.com or www.HomeFrontsNews.com) has been writing about home improvement for 30 years.

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www.PathwayHomes.org/HTHW or (703) 876-0390

Eileen Anatra Recognized as 'Administrator of the Year 2016'

Eileen Anatra, recently named to be Executive Director of Tall Oaks Assisted Living, Coordinated Services Management senior community in Reston, was named "Administrator of the Year" for 2016 by the D.C., Maryland and Delaware Chapter of the Association of Nutrition and Food Service Professionals at their fall meeting in Ocean City, Maryland, Monday, October 3, 2016.

Anatra was nominated by Chef Robert McKeon, Food Service Director at Tall Oaks Assisted Living in Reston, Virginia and an advisor to food services at Seabury at Friendship Terrace in Washington, D.C. where she served as administrator.

As the award was presented to Anatra, Chef

McKeon said, "Eileen Anatra has worked for Co-ordinated Services Management Company, the management company for Friendship Terrace, for eighteen years, the past five years directing operations at Seabury at Friendship Terrace in Northwest D.C."

McKeon said Anatra was exceptional in working with her staff to make sure the community's residents were well taken care of, citing that as administrator she always shared all regulations, budgets and reports that reflected on departments, with discussions and improvements made in a timely manner while always giving support and encouragement to her staff and management team.

CALENDAR



PHOTO COURTESY OF HERNDON COMMUNITY CENTER

The Town of Herndon invites children and parents to the Spooktacular. Friday Oct. 28 from 6:30-8 p.m. Enjoy ghoulish games, crafts and a children's show at Herndon Community Center. Fee covers all activities, show and a treat bag.

Send announcements to www.connectionnewspapers.com/Calendar/. The deadline is noon on Friday. Photos/artwork encouraged.

ONGOING

Exercise for Parkinson's Every Monday, 1:15 - 2:15 p.m. Reston Sport&health, 11445 Isaac Newton Square, Reston. This program brings together people impacted by Parkinson's Disease to participate in various physical exercises aimed at improving posture, balance and circulation and increasing strength, muscle control and mobility. Free.parkinsonsfoundation.org. ckacenga@sportandhealth.com 703-

Meadow Farms Fall Festival Great Falls Oct. 3 - Oct. 31 Monday through Friday 8 - 7 p.m. Saturday 8 - 6 p.m. Sunday 9 - 6 p.m. 10618 Leesburg Pike, Vienna. There will be pumpkins, gourds, cornstalks, mums, pansies, star bales, and everything else you need for the fall look. A huge selection of pumpkins. There will also be moon bounces, giant scarecrows, haunted buses and pipes for the kids to go through, weekend concessions and much more. Let your kids have a blast while you pick out your pumpkins and all your fall needs. www.meadowfarms.com

LRA displays "Courage" at the Jo Ann Rose Gallery Oct. 3 - Oct. 31. Monday through Friday, 9 a.m. - 8 p.m. Lake Anne Community Center, 1609-A Washington Plaza, Reston. Experience the artists' courage to break through fears, embrace empathy, and reject conflict through color and brushstroke. Paintings and mixed media work. Presented by the League of Reston Artists. www.leagueofrestonartists.org

Gypsy Takes The Stage at Reston Community Players The "Mother of all Musicals" opens RCP 50th Anniversary Season. October 21 through November 12. Performance Dates Oct. 21, 22, 28, 29, 30*, Nov. 4, 5, 6*, 11, 12 2016. Shows start at 8 p.m. Please note: Oct. 30 and Nov. 6 are matinees with a 2 p.m. curtain. It's known as one of the most classic American musicals of all time. Broadway productions have starred legends ranging from Ethel Merman, Bernadette Peters, and Patti LuPone. While, the motion picture versions were led by Merman and Bette Midler. Now, Gypsy takes the stage at Reston Community Players. Restonplayers.org

Open Mic Night at Kalypso's. Mondays, 7-10 p.m. Kalypso's Sports Tavern, 1617 Washington Plaza N., Reston. Musicians and singers come out and perform. 703-707-0660. www.kalypso'ssportstavern.com

Karaoke at Kalypso's. Wednesdays, 9:30 p.m. Kalypso's Sports Tavern, 1617 Washington Plaza N., Reston. Come to Kalypso's and sing your hearts out! 703-707-0660. www.kalypso'ssportstavern.com

All-comers' Group Fun Run at Potomac River Running. Tuesdays and Thursdays. Reston Town Center, 11900 Market Street, Reston. For beginners or competitive runners, come out for a fun, low-key run that is safe and social. For more information, call 703-689-0999 <https://potomacriverrunning.com>.
Herndon Regional Ensemble Practice. Every Tuesday 7-9 p.m. through May. Herndon Middle School, 901 Locust St., Herndon. For advanced high school students, college students, and adults who play a brass, woodwind or percussion instrument. 703-904-4800 HerndonRegionalWindEnsemble@gmail.com Cost: Free

SATURDAY/ OCT. 13

Teen and Adult art class: Color explorations. 4:15 - 5:45 p.m. Artspace Herndon, 750 Center Street, Herndon. Color explorations - Creating a color wheel with tint, tone, and shade. Working with abstract design, and rendering a landscape image with paint. Cost: \$60. Please reserve your place in class by emailing Denise Dittmar, denise.dittmar@gmail.com. More information at 214-924-8755. www.artspaceherndon.com

SATURDAY/OCT. 15

Protecting Our Seniors 8:30 a.m. - 2 p.m. Antioch Baptist Church 6525B Little Ox Rd. Fairfax Station. The Antioch Baptist Church Elderly Care Conference will address trends in elder abuse and exploitation. The Keynote speaker is Michele Leith, NOVA Community Outreach Coordinator, Offices of the Attorney General. Cost: Free. Contact: Adrienne Austin 703-425-0710 aaustin@antioch-church.org. www.antioch-church.org. Registration is required. Visit the website to register.

Herndon Homecoming Parade 9:30 a.m. - 12 p.m. The parade route extends along Elden Street from Sterling Road to Lynn Street. All are welcome to be a part of the Herndon Homecoming Parade. Individuals, civic groups, school groups and businesses are invited to participate in the annual Herndon Homecoming

SEE CALENDAR, PAGE 9

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CALENDAR

FROM PAGE 8

Parade. The theme is "Music Through the Decades – the 20's to Today". Registration materials are available online at herndon-va.gov/events. Volunteers are needed and this is a great opportunity for middle school and high school students to earn community service hours. Sign-up at <http://bit.ly/2busZvJ>.

Salt Fall Conference 9 - 11:30 a.m. Virginia International University 4401 Village Drive, Conference Room (VD-102), Fairfax. Social Action Linking Together will sponsor the Fall Advocacy Training Conference. Mark Shriver, President of Save the Children Action Network, will be the keynote speaker. Mark is the son of the late Sargent Shriver and Eunice Kennedy Shriver. He is the author of A Good Man, an inspirational and deeply personal story about a son discovering the authentic meaning of his father's legacy. Admission: Free. Contact John Horejsi at jhorejsi@cox.net www.S-A-L-T.org

Pumpkin Preparedness Race 8 a.m. Vienna Volunteer Fire Department 400 Center St S, Vienna. Inaugural 5k road race to support first responders across Northern Virginia. Brand new course across quiet Vienna streets. All proceeds benefit the Northern Virginia Emergency Response System. Register at www.preparedness5k.com

Halstead Square Festival 11 - 4 p.m. Halstead Square Dunn Loring Metro 750 Gallows Road Vienna. Celebrate Northern Virginia's culinary and visual arts when Halstead Square Dunn Loring Metro hosts its first Food, Wine & Art Festival to benefit the Workhouse Arts Center. Cost: Free. www.halsteadsquare.com

Elder Care Law An Intro to Powers of Attorney, Guardianship, and Conservatorship 2 p.m. Reston Regional Library, 11925 Bowman Towne Drive. Presented by attorney Sat Nam Khalsa. Adults. Free. Contact: Therese Martin 703-471-6364 Tbmartin4@verizon.net Register online at fairfaxcounty.gov/library

Memories: Through the Years Pops Concerts Two performances: 4 p.m. & 7 p.m. at Reston Community Center/Hunters Woods, 2310 Colts Neck Road. Come see The Reston Chorale kick off their 50th Season with a bit of Broadway, jazz and some good ol' rock 'n roll. www.RestonChorale.org.

15th Annual Reston Home Tour 10 a.m. - 5 p.m. Reston City Center, Reston. This year's theme, "Embracing change", gives you the chance to visit some of Reston's most unique homes and tour the new BLVD building from 11 a.m. to 4 p.m. The Wine Cabinet will offer a wine tasting from 1 - 5 p.m. while Reston Museum will be open all day. Benefits to the Reston Historic Trust and the Reston Museum. Limited tickets to be purchased online or at the Reston Museum, Chesapeake Chocolates, Appalachian Springs, GRACE, and the Wine Cabinet. Cost: \$30. Visit www.restontowncenter.com or call 703-709-7700 for more information.

SUNDAY/OCT.16

The Crohn's & Colitis Take Steps Walk. Registration opens 3 p.m. Walk begins 4 p.m. Reston Town Center 11900 Market Street Reston, Virginia, 20190. One of Crohn's & Colitis Foundation of America's CCFA largest events committed to finding cures for digestive diseases. Admission: Free. www.restontowncenter.com

WEDNESDAY/OCT. 19 AT

Navigating Medicare 7 p.m. Confused about Medicare coverage?

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PHOTO CONTRIBUTED

This year's Reston Home Tour will take place on Saturday, Oct. 15 from 10 a.m.-5 p.m.

Reston Home Tour On Saturday, Oct. 15

This year's Reston Home Tour (in it's 15th year) will take place on Saturday, Oct. 15 from 10 a.m.-5 p.m. and benefits the Reston Historic Trust and the Reston Museum. This year's theme, Embracing Change, celebrates lives that have changed and homes that reflect their owners.

The tour includes six private residences, as well as a stop, from 11 a.m.–4 p.m., at Reston Station's newest luxury apartments, BLVD, celebrating new-

est Village Center with a trip to the 21st floor and its 360° views. The tour is self-guided, so design enthusiast can begin and end their tour at any location.

The Wine Cabinet in North Pointe Village Center will again be offering a wine tasting from 1-5 p.m., and Reston Museum will be open all day. A stop at the museum offers a look at the history of Reston and its story. You can find additional information on the tour at <http://www.restonmuseum.org>.

Supplemental insurance? How to deal with the costs of a catastrophic illness? Let our Medicare expert answer your questions! Adults 64 up. Reston Regional Library, 11925 Bowman Towne Drive. Adults. Free. Register online at fairfaxcounty.gov/library

FRIDAY/OCT. 21

World premiere screening of the new documentary "The University." A film about Singularity University; an institution tucked away on a hidden NASA base in Silicon Valley. Each summer 80 young geniuses from around the world attend and take on the mission of starting a company that will positively impact a billion people in 10 years. 7:30 p.m. at Bow Tie Reston Town Center 11 & BTX Theater, 11940 Market St. Tickets \$12 - \$15. Washington West Film Festival runs Oct. 19-25. More information at <https://www.filmfest.com>

Sideline at Holy Cross Lutheran Church 8 p.m. Doors open 7 p.m. 1090 Sterling Road Herndon. Sideline formed a year or two ago as a project band with bluegrass pickers from top bands getting together to blend their talents and enjoy each others company. Admission: \$15, children 12 and younger free.

SUNDAY/ OCT. 23

Art House Cafe Music Event 3 - 5 p.m. ArtSpace Herndon 750 Center Street Herndon. Three local composers bring their new pieces to the public for their debut performance. Their pieces touch on

multiple subjects and span several genres. Come enjoy a night of fresh instrumental music. All ages welcome. Not recommended for small children. www.artspaceherndon.com

Saturday/Oct. 29

Howl-O-Ween at Lake Anne, 1-3 p.m. Plaza Activities. Free. Join us on the Plaza dressed in Halloween flair (adults + pets) for a Howling good time! Dogs, cats, and all types of furry friends are welcome to participate. Pet Costume Contest starts at 1:30 p.m.: Pet Parade, Live DJ, Pet Friendly Beer Garden, Window Decorating Contest, Yappy Hour Specials from 1-5 p.m., Treats, Tricks & More From Local Merchants. www.lakeanneplaza.com

WEDNESDAY/OCT. 19-25

Washington West Film Festival. Reston Town Center 11900 Market Street Reston, Virginia, 20190. A cinematic experience presenting independent films. Three in-competition categories: dramatic features, documentary features, and short films. Schedules and tickets: www.filmfest.com

Thursday/Oct. 27

Dollars and Sense 7 p.m. Reston Regional Library, 11925 Bowman Towne Drive. A monthly book discussion group that focuses on business leaders and markets. October's title is "Elon Musk" by Ashlee Vance. Adults. Free. No registration required. Call 703-689-2700 for more information.

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SPECIAL CONNECTIONS CALENDAR 2016

Advertising Deadlines are the previous Thursday unless noted.

OCTOBER

10/12/2016.....HomeLifeStyle
10/19/2016.....A+ Camps & Schools
10/26/2016.....Connection Families
10/26/2016 Election Preview
Halloween is October 31

NOVEMBER

11/2/2016.....Wellbeing
11/9/2016.....HomeLifeStyle
11/16/2016.....A+ Camps & Schools
11/16/2016.....Holiday Entertainment & Gift Guide I
11/23/2016.....Connection Families:
Celebrations & Gratitude

Thanksgiving is November 24

11/30/2016.....Holiday Gift Ideas

DECEMBER

12/7/2016.....Wellbeing; Holiday Entertainment
& Gift Guide II
12/14/2016.....HomeLifeStyle; Home for the Holidays
12/21/2016.....A+ Camps & Schools; Holiday
Entertainment & Gift Guide III
12/21/2016.....Connection Families: Safe for the Holidays

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In The Context Of ...

By KENNETH B. LOURIE



Having cancer; not that you need to know how I think but, if you're at all curious as to how a diagnosed as "terminal" stage IV, non-small cell lung cancer patient thinks, even now, nearly eight years out, read on.

As much as I don't want to think about what I'm doing and why — and just live life as it comes/happens, a "13-month to two-year" prognosis (originally received on February 27, 2009; oh yeah, certain dates are seared into your memory), I can't. It's not necessarily a lifestyle change that occurs when you're diagnosed, it's more the psychological and emotional hold and affect the diagnosis causes. It permeates and subconsciously — or so it seems, infiltrates your brain and changes the way you think and feel. It's not that you become unrecognizable to friends and family, but you definitely become a victim of your circumstances. It's as if your brain is rewired somehow and you've reached your outer limits where you've lost more than the control of your television set.

To the point/example of what I'm referring to (finally) which precipitated this semi self indulgence: my car and certain repairs, expenses and warning lights which have illuminated, warranting attention after months of neglect. Specifically the car to which I refer is our "second" car, the one we don't rely on for non-local trips: a model year 2000, Honda Accord sedan inherited from my widowed mother in December 2008 — with only 35,000 miles on the odometer. The classic example of a retired person's car with incredibly little wear and tear and extraordinarily low mileage given its put-in-service date: sometime in the year 2000.

As I said, it's not our primary car, but it does get driven regularly given the potential mileage restraints of our 'primary' car's lease. Currently, the Honda has 94,000 miles on it. It's been a good and reliable car which has needed few repairs — other than those to-be-expected, the costs of which have generally fallen within the "usual and customary" range. The car still rides well and overall suits my requirements for a "second" car: it gets me from point "A" to point "B" — and most importantly, back, and it has no monthly car payment. However, there are a couple of inconveniences/concerns which if left alone are not likely deal-breakers but, the expense of fixing them — on a car that is nearly 17 years old, might be.

And the deal which might be broken has to do with yours truly having lung cancer and a somewhat different life expectancy now at age 62 (versus the one I thought I would have when I initially took possession of my parent's car in 2008 — at age 54 and two months, or the one I thought I had a mere two and half months later — just before I was initially diagnosed). Ergo my dilemma is: do I want to spend major money now (for me/us) on repairs whose maximum benefit will not occur until next spring — six months or so, at the earliest, but if tended to now might limit the potential damage/cost later or shall I just wait for divine intervention, so to speak? (The repairs have to do with air conditioning that doesn't cool in the summer, a window — on the passenger side which does not open all year round, and brake lights and the seat-belt restraining system — "SRS," safety issues which this idiot is being warned about.)

Not unsolvable problems, presumably, unless you have a terminal form of cancer. Considering that reality, don't I want to live more in the present and not worry about a future, a future which is hardly guaranteed? Moreover, shouldn't I damn the torpedoes and live full speed ahead and let the chips: lab work, scan results, car repairs, etc., fall where they may; finding some normalcy/solace in pretending/deluding myself into thinking that all is right in my world? To be determined. Still, I know/feel one thing: if I live like I'm dying, I probably will.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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21 Announcements

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21 Announcements

21 Announcements

OBITUARY NOTICE



Helen L. Perdue (Age 78), beloved wife, mother, sister and friend, passed away on Saturday, October 1, at Winchester Medical Center in Winchester, VA.

She was born on April 8, 1938, in Arlington, VA to the late Vinton C. Payne and Ruth E. (Wilkins) Payne. Helen devoted her life to loving and serving others, and was a living example of integrity, honesty, excellence and family. Before retiring in 2004, she worked for the Town of Herndon Police Department, serving as Assistant to the Chief of Police, a position she cherished. Her greatest accomplishment, to which she dedicated the majority of her life, was that of being a wife and mother. Nothing was more important to her than raising their three girls to be educated, strong, responsible and independent women, and loving wives, mothers and sisters.

Helen is preceded in death by her cherished husband of 58 years, Roy Perdue, Jr., and brother, Ed Payne. She is survived by her three daughters, Terri Herr and husband, Bill, of Manassas, VA, Donna Sorrentino and husband Mike, of Chantilly, VA; and Lori March of Wake Forest, NC; seven grandchildren, Mark Harris, Ryan Herr, Meghan Herr, Shane Herr, Brady Herr, Skylar March and Dakota March; sister Earlene Holston (Jack), sister-in-law Sandy Payne, and brother John Payne; cousin Barbara Ann Novelli and numerous nieces, nephews and cousins.

A Memorial Service will be held Saturday, October 15, 2016 at 1:00 PM at Pierce Funeral Home, 9609 Center Street, Manassas, VA. The family will receive friends from 12:30 – 1:00 PM. Inurnment will take place at a later date. Condolences may be sent to: www.piercefh.com.

21 Announcements

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Free Halloween Car Rides Offered in Area

As a means of making the Washington-metropolitan area's roadways a little less frightening this Halloween, free cab rides will be offered to would-be drunk drivers throughout the Washington-metropolitan area on the evening of Saturday, Oct. 29.

Offered by the nonprofit Washington Regional Alcohol Program (WRAP), the 2016 Halloween SoberRide® program will be in operation from 10 p.m. on Saturday, Oct. 29 until 6 a.m. on Sunday, Oct. 30 as a way to keep local roads safe from impaired drivers during this traditionally high-risk period.

During this eight-hour period, area residents ages 21 and older celebrating with alcohol may call the toll-free SoberRide phone number 1-800-200-TAXI (8294) and be afforded a no-cost (up to a \$30 fare), safe way home. AT&T wireless customers can dial #WRAP for the same service.

Last year, 412 persons in the Washington-metropolitan area used WRAP's Halloween SoberRide program rather than possibly driving home impaired. More information about WRAP's SoberRide initiative can be found at www.soberride.com.

BULLETIN BOARD

To have community events listed in the Connection, send to connectionnewspapers.com/Calendar/ by noon on Friday.

SATURDAY/OCT. 15

Social Action Linking Together (SALT) Fall Advocacy Training Conference, 9 – 11:30 a.m., at the Virginia International University (VIU), Conference Room (VD-102), 4401 Village Drive, Fairfax. Mark Shriver, President of Save the Children Action Network, will be the keynote speaker. Mark is the son of the late Sargent Shriver and Eunice Kennedy Shriver. He is the author of A Good Man, an inspirational and deeply personal story about a son discovering the authentic meaning of his father's legacy.

Additional presentations by Del. Alfonso Lopez, D-49, ("Tools for Effective Advocacy in the State Legislature") and by Michelle Krockner, Executive Director, Northern Virginia Affordable Housing Alliance ("Addressing the Commonwealth's Unmet Housing Needs for Low-Income Households") and State Sen. Barbara Favola (D-31), (Report on the Commission on Youth, TANF Subcommittee) and Debbie Weinstein, Executive Director, Coalition for Human Needs, "Making TANF Work for Poor Families".

This event is free. All are welcome. Come early for the book signing by the keynote speaker and to meet and greet other social justice advocates in the community. For more information: Contact John Horejsi at jhorejsi@cox.net or visit the SALT web site at www.S-A-L-T.org, Upcoming Events page.

MONDAY/OCT. 17

The Reston Planning and Zoning Committee Meeting 7:30 p.m. Reston Association Headquarters – Conference Room 12001 Sunrise Valley Dr, Reston. Applicants: JBG/1831 Wiehle, L.L.C., EYA Development LLC, and The Chevy Chase Land Company of Montgomery County, Maryland. Representing the Applicant are Brian Winterhalter and Ben Wales of Cooley LLP.

1831 Wiehle Avenue The Applicants propose to rezone the Property from the I-4 district to the Planned Residential Mixed Use District to permit the development of: (i) five mid/high-rise multi-family buildings consisting of 739,618 square

feet and 713 residential units, (ii) two multi-family buildings consisting of 203,030 square feet and 127 residential units, (iii) 60 single family attached residential units consisting of 123,162 square feet, (iv) an independent living facility of 155,100 square feet with 130 units, (v) a high-rise office building consisting of 205,917 square feet of office space, and (vi) 260,945 square feet of ground floor retail uses. A planning commission public hearing date is to be determined. Next meeting date: Monday, November 21st, 2016 at 7:30 P.M.

ONGOING

Children's Book Drive. Oct. 1 - 15. Assistance League of Northern Virginia is holding a children's book drive in support of Make A Difference Day 2016. Bring new or gently used books (K-6) to two Giant Food stores in Herndon: 13330 Franklin Farm Road and 2551 John Milton Drive. Nonprofit will donate books collected to selected Title I schools in NoVA. Event contact, Karen Tinker: tinkers3@gmail.com www.northernvirginiaassistanceleague.org.

Passages Divorce Care. Tuesdays 6:45 to 9:00 p.m. beginning Sept. 13 through Jan 7. Vienna Presbyterian Church is located on the corner of Maple Avenue (Rt. 123) and Park Street in Vienna, Virginia. Cost to cover materials \$20, scholarships available. 703-938-9050, www.viennapres.org, or send an email to Passages@ViennaPres.org.

The **Herndon Adult Day Health Care Center** needs volunteers to assist with fitness activities, arts and crafts, mealtime, entertainment and much more. For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit www.fairfaxcounty.gov/olderadults and click on Volunteer Solutions.

The **Northern Virginia Long Term Care Ombudsman Program** needs volunteer advocates for residents in nursing homes and assisted living facilities. Contact Lisa Callahan at 703-324-5861, TTY 711 or email Lisa.Callahan@fairfaxcounty.gov. Also visit www.fairfaxcounty.gov/dfs/olderadultservices/lcambudsman/.

FAITH NOTES

Faith Notes are for announcements and events in the faith community, including special holiday services. Send to reston@connectionnewspapers.com. Deadline is Thursday.

Trinity Presbyterian Church, 651 Dranesville Road, Herndon, has Sunday worship services at 10 a.m. during the summer. Nursery and childcare are provided starting at 8 a.m. until the end of the service. 703-437-5500 or www.trinityherndon.org.

Vajrayogini Buddhist Center, Unitarian Universalist Church, 1625 Wiehle Ave., Reston, holds weekly classes starting Sept. 12, Thursdays 7:30-8:30 p.m., for the general public which use Buddhist teachings to practice meditation. \$12 or \$6 for students, seniors and unemployed. 202-986-2257 or www.meditation-dc.org.

St. Anne's Episcopal Church, 1700 Wainwright Drive in Reston, holds Sunday services at 8 a.m., 10 a.m. and contemporary service at 5 p.m. during the summer. Nursery, Sunday school and adult education available. 703-437-6530 or www.stannes-reston.org.

Washington Plaza Baptist Church will hold Adult Bible Study at 9:30 a.m. Sundays at Lake Anne Village Center. The group is studying the Gospel of Mark. Services follow at 11 a.m.

HAVEN of Northern Virginia offers a variety of free bereavement support groups, meeting on a weekly basis. Contact 703-941-7000 or www.havenofnova.org for schedules and registration information.

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The Mount Vernon Gazette

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Centre View South

Zone 5: The Potomac Almanac

Zone 6: The Arlington Connection
The Vienna/Oakton
Connection
The McLean Connection
The Great Falls Connection

THEATRE

Iconic Musical for Season Opening

Reston Community Players **Where and When**
50th season opens with
'Gypsy' on Oct. 21.

By DAVID SIEGEL
 THE CONNECTION

That great American musical classic "Gypsy" will be opening the Reston Community Players (RCP) 50th season. "We selected 'Gypsy' to start off our 50th season because it is an iconic and classic musical, and we really wanted something recognizable to kick off our 50th," said Jolene Vettese, President, Reston Community Players and Assistant Director of "Gypsy."

If you are not familiar with the brassy musical "Gypsy," it is based on the memoirs of the famous burlesque artist, Gypsy Rose Lee. The show focuses on her mother Rose who is the ultimate stage mom. The multi-Tony Award winning musical has music by Jule Styne, lyrics by Stephen Sondheim and book by Arthur Laurents. Well-known songs from the show include "Everything's Coming Up Roses," "Together (Wherever We Go)" and "Let Me Entertain You."

For director Paul Tonden, "Gypsy" is a masterpiece of art. The fact that it is loosely based on someone from real life is so intriguing to me!"

Tonden said that even after almost 60 years since it was first produced, "the characters, the dialogue, the music and lyrics; the emotions, relationships, and

Reston Community Players present "Gypsy" at CenterStage, Reston Community Center, 2310 Colts Neck Road, Hunters Woods Village Center, Reston. Performances Oct. 21 to Nov. 12, 2016. Friday and Saturday at 8 p.m., with Sunday, Oct. 30 and Nov. 6* matinee at 2 p.m. Tickets: \$25 (\$21 for seniors/students). Call 703-476-4500 or visit www.restonplayers.org

themes all ring true even today."

Area musical theater veteran Jennifer Lambert is the iconic Mama Rose. "This role is a dream come true for me. To have the lead role in this greatest American musical is such an honor," said Lambert. "It is also the hardest role I've ever played, since there are many vocal challenges that need lots of stamina."

What strikes Lambert deeply is that Mama Rose "is a real person; she is not fictional. Over the course of the show she is charming. We can relate to her as she talks passionately about having dreams. I am just so excited to play her." Lambert is a Fairfax County Public School teacher at Sangster Elementary School.

The Gypsy Rose Lee character will be performed by Elizabeth Gillespie. For Gillespie, "getting to play someone who transforms as much as she does is always a fun challenge." The show itself "is filled with funny and interesting characters as well as fantastic song and dance numbers."

"We at the Reston Community Players want our audiences to enjoy this classic story. We expect they will love humming along to the familiar tunes of 'Gypsy,'" said Jolene Vettese. It's a musical for the ages.



PHOTOS BY TRACIE J. BROOKS/COURTESY OF RESTON COMMUNITY PLAYERS

'Gypsy' cast: Top row, from left: Brooke Nyren (Thelma), Sydney Crutcher (Agnes Amanda), Bottom row left to right Lucy Breedlove (Delores), Maggie Slivka (Gail), Allie Lytle (Marjorie May)



Evie Korothesis (Dainty June)

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