

# Marshall High Presents 'The Sea Cook: A Story for Girls'

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'He's not dead, he's just... sleeping' — Marshall High School students rehearse for 'The Sea Cook: A Story for Girls,' playing Oct. 13 and 14 at 7:30 p.m., Oct. 15 at 2 p.m. and 7:30 p.m., and a final a matinee performance on Oct. 16 at 2 p.m.

## Shepherd's Center of Oakton-Vienna Hosts a Minister's Breakfast

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# NEWS

A rider pulls onto the streets on a newly rented bike in Alexandria.

PHOTOS BY MIKE SALMON/  
THE CONNECTION



## Bike Sharing Stations Open up Transportation Options

Capital Bikeshare expands to Reston, Tysons area.

BY MIKE SALMON  
THE CONNECTION

Near the corner of Union Street and Prince Street in Old Town, Alexandria, there is a row of red Capital Bikeshare bikes for commuters, tourists and locals to rent, to offer biking as a transportation option without the hassle of congestion or parking that plagues the area. This bikeshare station near the waterfront is one of eight stations in Alexandria that is part of a nationwide approach to some of the problems plaguing metropolitan areas in this country.

Bikeshare is not a wave of the future, "it is a wave of the present," said Paul DeMaio, one of the leaders at Metrobike that manages Capital Bikeshare.

Capital Bikeshare stations are all over the Northern Virginia area, but mainly located in urbanized areas to increase their potential use. The stations are all over Arlington, especially in the transit-oriented development section of the Wilson Boulevard corridor through Clarendon and Rosslyn. In that area, it's easy for commuters to ride a bike to employment destinations across the Potomac River, and dock at one of the many stations in the District of Columbia.

**IN SEPTEMBER**, Capital Bikeshare expanded into Fairfax County with two satellite networks along Metrorail's Silver Line in Tysons and Reston. Officials are planning 15 stations in Reston near the Wiehle-Reston East Metrorail station and the Reston Town Center area and 14 stations in the Tysons Corner area serving multiple Silver Line stations, employment centers, and shopping and recreation destinations, according to their website.

DeMaio sees the advantages of Capital Bikeshare as "less traffic congestion, improved health of the rider, increased economic activity at the businesses near bikeshare stations, access to a wider range of jobs for low-income individuals, and a low carbon footprint," DeMaio said, via email.

The Capital Bikeshare stations are lumped under the umbrella definition of "transit," and although there is a cost to the rider, they are not sustained through user fees and sponsors. On average, only 54 percent of the bikeshare cost is recovered, and the rest is funded by local jurisdictions. In Washington, D.C., where the riderships are relatively high due to population density "there is a higher cost recovery



**On the Potomac River, a ferry can be seen in the distance, just past the rental bikes and pedestrians in Old Town, exemplifying the variety of transportation available in Alexandria.**

but I wouldn't say it's profitable," DeMaio said.

The red Capital Bikeshare bikes are made by Devinci, a Canadian company that manufactures the Bixi model, a rugged, thick-wheeled model that looks like they could ride through just about anything, and they just about can according to Any Truchon, media relations representative for Devinci. The Bixi was created for the city of Montreal in 2008, and are now available in 15 major cities in the world on three separate continents, Truchon said. In the design process, a rider went around the city with a computer in his backpack, going down stairs, over gaps, holes, and unpaved sections for a realistic experience. "None of them came back broken, it's a great source of pride for us," said Truchon in an email.

**THE BIKES** do sit in the stations for a majority of the time, exposed to the elements and potential vandalism. In Alexandria, there have been few complaints about the condition of the bikes, but according to Hillary Orr, program manager of the city's "Complete Streets," program, there's a way to report it on the station's computer. "If a bike is not working, a person can just dock the bike and lock it down by hitting the wrench key that will alert a technician that there's an issue with the bike," she said, via email. In August 2016, the city recorded an average of 246 Capital Bikeshare trips per day and each trip was just over two miles, the city statistics showed.

All fees are rendered via credit card but there is a cash option for those who do not have credit cards. In D.C., there is a program called "Bank On," where users deposit \$50, and in Arlington, users can sign up at any of their five Commuter Store locations.



PHOTO CONTRIBUTED

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## Marshall High to Present 'The Sea Cook: A Story for Girls'

What happens when you put together a female cast of pirates, an innovative set design, and the creative writing of a talented former student? You get "The Sea Cook: A Story for Girls," a feminist revision of the classic story "Treasure Island" by Robert Louis Stevenson.

"The Sea Cook: A Story for Girls" is the brainchild of Marshall alumna Liz Carlson ('15) and Marshall Theater Director Jason Tamborini. They collaborated on the script and customized the story for Marshall High School's talented pool of actors and theater technicians.

"We wanted this production of 'Treasure Island' to be a story where fierce and fiery girls are the main event," said Carlson. "After all, history tells us that there were all female bands of pirates who were often some of the boldest and baddest out there."

Aside from the nearly all-female cast who will pull no punches nor sheath no swords in their depiction of fierce sea dogs, the production promises to be memorable for its creative set, which features 150,000 translucent white plastic balls repurposed from "The Beach"

### When & Where

"The Sea Cook: A Story for Girls" will run at the George C. Marshall High School Statesmen Theatre, 7731 Leesburg Pike, Falls Church, on the following dates: Oct. 13 and 14 at 7:30 p.m., Oct. 15 at 2 p.m. and 7:30 p.m., and a final a matinee performance on Oct. 16 at 2 p.m. Tickets will be sold at the box office and are \$5.00 for teachers, students, and seniors and \$10.00 for adults.

art exhibit that appeared at The National Building Museum in Washington, D.C. The theater's technical crew will use the balls to create a 2,000 cubic square foot "ocean" in front of the Marshall auditorium stage into which pirates will leap, jump, and of course, walk the plank. To do this, they will remove several rows of seats, build a retaining wall to hold the balls, and install lighting that will illuminate the balls from beneath to create the illusion of blue and green undulating waves.

"The goal is to create a show that the audience will see as the scene for any adventure they could imagine," said Tamborini, "We welcome children of all ages to tap into their inner pirate and experience the Statesmen Theatre's unique, swash-buckling adaptation of a timeless favorite."



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## WEEK IN VIENNA

### Historic Vienna to Host Tea, Membership Meeting

On Sunday, Oct 16, 1t 3 p.m. Historic Vienna, Inc. (the Freeman Store and Museum, 131 Church Street NE, Vienna) will host tea with “Elizabeth Cady Stanton” in the parlor of the Freeman Store and Museum; finger sandwiches and desserts will be served. Ms. Stanton (1815-1902) was an American suffragist, social activist, and leading figure of the early women’s rights movement; Leigh Kitcher will portray her. Advance reservations are required; tickets are \$30 per person. Call 703-938-5187 to make your reservation.

The Historic Vienna Fall Membership Meeting: “A Celebration of Collecting,” will be held Tuesday, Oct. 18, at 7:30 p.m. in the Patriot Hall at Dyer-Gunnell American Legion Post 180, 330 Center Street North in Vienna. Historic Vienna invites area residents to come to the meeting to display their collections of “anything” you can carry and display on a 6-foot table or smaller. There will be eight tables, so sign up ahead of time to reserve your table or half-table. Contact Anne Stuntz, 703-938-1894, [stuntzag@aol.com](mailto:stuntzag@aol.com). There will be a short membership meeting, followed by a five-minute discussion of each collection. Refreshments will be served.

Call 703-938-5187 or visit

[historicviennainc.org](http://historicviennainc.org) for additional information about any HVI events.

### Vienna Area Branch of AAUW to Host Election Matters Program

Vienna Area Branch of American Association of University Women (AAUW) will host its next meeting at the Oakton Library, 10304 Lynnhaven Place, Oakton, from 7 to 9 pm on Tuesday, Oct. 18. Two speakers will present timely information on Virginia’s election processes.

The first speaker, Dianne Blais, has been an active member of the AAUW for 30 years and a co-president of the Virginia League of Women Voters. She will present information on the state of Virginia’s voter rights. Her presentation will also touch on voter ID rules, access to the polls and trends in Virginia’s voter registration policies.

The second speaker, Leslie Tourigny, is currently the Virginia AAUW Vice President for Public Policy. She will discuss one of the AAUW’s national priority initiatives — desire to get out the vote.

This program is open to the public and light refreshments will be served. For more information, contact [ViennaAAUW@yahoo.com](mailto:ViennaAAUW@yahoo.com).

SEE WEEK, PAGE 5

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# NEWS

## Town of Vienna Names Public Works Director

Michael Gallagher is the Town of Vienna's new public works director, but he is not a new face to the Town or its residents. Gallagher has worked in Vienna's public works department for six years, most recently, since May, as acting director. He was named public works director on Sept. 21.

Following graduation from Virginia Tech with a bachelor's degree, Gallagher began his career in the private sector before joining the Town of Vienna in 2010 as a civil engineer. In 2012 he was

promoted to deputy director of public works.

"Working in a small team teaches you to wear a lot of different hats," says Gallagher, "and seeing the department from different roles has prepared me as director to better serve and engage with the community."

As public works acting director the past four months, Gallagher made a positive impact on the Town's infrastructure with a number of projects. The mini roundabout at Park and Locust streets addressed a congested intersec-

tion, and its construction was completed ahead of schedule. The Town Hall roof renovation also was promptly completed under his supervision.

Town Manager Mercury Payton has been particularly impressed with Gallagher's focus on communication. "Watching him engage with citizens, interdepartmental staff, and other community stakeholders throughout key projects," says Payton, "has made me confident that he is the leader and spokesperson the public deserves. He is the total package."

### WEEK IN VIENNA

FROM PAGE 4

## Free Seminars on Real Estate for Retirees

The Retiree Real Estate Education Association announces free public service seminars for November, 2016, on Independent Living & Retirement Communities, Options for Financing, Estate Planning & Tax, and Ageing in Place, given at McLean, Falls Church, Marshall and Madison High Schools. These are part of a series of 8 free seminars on real estate issues unique to retirees. Seminars are free, in the evenings at County public schools. For

more information and seminar registration go to [RetireeRealEstate.org](http://RetireeRealEstate.org).

## Breakfast Buffet at American Legion Post 180

A Breakfast Buffet will be offered Sunday, Oct. 16 from 8 a.m. to noon at American Legion Post 180, 330 Center St., N. Adults \$9, children 12 and under \$3. Get omelets, scrambled eggs, blueberry pancakes, bacon, etc. For more information call 703-938-6580.

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Check-in and registration opens: 9:00am  
Program and walk begins: 10:00am

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A 5K through the neighborhoods of Fairfax city  
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A 1.5 mile short course

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[www.PathwayHomes.org/HTHW](http://www.PathwayHomes.org/HTHW) or (703) 876-0390



# OPINION

## Vote No on Ballot Question One

BY KENNETH R. "KEN" PLUM  
STATE DELEGATE (D-36)



### COMMENTARY

Since 1947 the Code of Virginia has provided that any agreement or combination between an employer and a labor union or labor organization whereby (i) nonmembers of the union or organization can be denied employment, (ii) membership in the union or organization is made a condition of employment or continuation of employment by the employer, or (iii) the union or organization acquires an employment monopoly in any such enterprise is against public policy and illegal. On the ballot on Election Day, Nov. 8, is constitutional amendment question one that would put this provision of law into the constitution. There are 26 states including Virginia that have such a provision in their constitution or in their laws. Why would Virginia need to have these provisions in its constitution as well in the Code?

The answer is a political one. The conservative Tea Party members of the legislature are seeking one more opportunity to demonstrate to their base just how anti-labor union they are. While they term this amendment "right to

work," its effect on workers is anything but a right. It gives employers more opportunity to deny workers access to a union or professional organization like a teacher's or firefighter's association. It allows some workers to gain the benefits of the work of the union or organization without contributing to it as the members do.

Virginia already has the 43<sup>rd</sup> lowest rate of unionization among workers in the 50 states at 5.4 percent. The number of unionized workers has been declining over recent decades. While professional associations for doctors, lawyers, CPA's, and chambers of commerce and other groups have been given almost free rein in how they organize, this amendment is aimed to curtail activities and growth among persons who belong to teacher, firefighter, police, and factory worker unions and associations. Current law and the proposed amendment are not uniform in the way different labor organiza-

tions are treated, and I believe these differences contribute to the widening gap in the labor force in pay and benefits.

Amendments to the Virginia Constitution are proposed in the General Assembly where they must pass with a majority of members voting for them. Once passed, they must be considered by a subsequent session of the General Assembly after there has been an election for members. There were no convincing arguments put forth during the debate as to why the amendment was necessary. Everyone watching the process recognized it for the political purposes it served. I voted against this amendment both times it was before the legislature. I plan to vote against it on Election Day on November 8, and I hope you will join me.

A second proposed amendment to the constitution will also be on the ballot. It would authorize the General Assembly to enact a law that would allow localities to exempt from real property taxation the real property of the surviving spouse of any law-enforcement officer, firefighter, search and rescue personnel, or emergency services personnel who is killed in the line of duty. I support this amendment and hope that you will vote for it as well.



PHOTOS BY TOM MANNING/THE CONNECTION

**First Lady Michelle Obama waves to the crowd at the Johnson Center, George Mason University on Friday, Sept. 16.**



**Victoria David's political adventures began on Sept. 15 when First Lady Michelle Obama came to campus to campaign for Hillary Clinton – for the first time.**

## American Elections: French Perspective

BY VICTORIA DAVID

I am a French student who chose to come to study close to Washington DC for what I thought would be one of the most interesting elections in the history of Uncle Sam's country.

I was wrong. 'Interesting' is way too soft a term to describe what I've been witnessing so far.

My political adventures began on September 15 when First Lady Michelle Obama came to campus to campaign for Hillary Clinton – for the first time. After standing in line for three and a half hours, I was finally able to have a glimpse of "Michelle." It was short but intense. An incredible fervor surrounded the event. French politi-

cians often only gather a little enthusiasm, but she – along with the other speakers – was welcomed as a real star. And that was only the beginning of my political experience in the US.

The political activity progressively grew on campus. First, "register to vote" people gradually multiplied around campus. Trying to stop every single student that comes across them, they are running a race against the clock, trying to register as many people as possible before October 17. As I noticed most people ignored them, I realized the extent of the problem here in the U.S. The American political system is plagued with low turnouts and we are now facing an election where getting

people to go to the polls could make a huge difference. France is also confronted with abstention but automatic voter registration helps us increase turnouts.

I also have the opportunity to continuously take part in the political life of the university. After attending an engaging Democrat meeting, I was able to watch the first Presidential debate with other students before analyzing the first two debates in class. All of this helps me with familiarizing the issues and it allows me to hear student views and opinions. They all seem to be trying to make sense of this election, without much success.

From my European standpoint, I am not really surprised. In the

past few years, a number of European elections have clearly pointed at a rejection of the "system" and at a growth of extremism. It is not only happening in the US. But it is precisely because it is taking place here that it seems so important and frightening for us Europeans. French media are obsessed with US elections, while here the French Presidential campaign that is about to start is of little interest, even though we have our female version of Donald Trump, Marine Le Pen.

*Victoria David is a French exchange student at George Mason University. She is also an intern with The Connection Newspapers.*

Vienna & Oakton  
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# The Kensington Falls Church Presents the Parkinson's Communications Club

Announcing an Introductory Orientation with  
Codrin Lungu, MD and Susan Wranik, MS, MA, CCC-SLP  
**Saturday, October 22, 2016 • 1:30-3:30pm**

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*Light refreshments served • RSVP to Karen Akers at 703-570-8671 or to [kakers@kensingtonsl.com](mailto:kakers@kensingtonsl.com)*

**T**he Kensington Falls Church is pleased to announce its collaboration with the Parkinson Foundation of The National Capital Area (PFNCA) to offer the Parkinson's Communications Club. The Club establishes a wellness and prevention program for individuals with Parkinson's disease and their care partners, with a focus on maintenance of communication skills. It stresses the importance of speaking louder to be heard in social settings.

The Parkinson's Communications Club is led by a licensed speech-language therapist, Susan Wranik, who has been trained in LSVT LOUD therapy (Lee Silverman Voice Treatment,

which improves vocal loudness by stimulating muscles of the voice box and speech mechanism through systematic exercises). The Club, however, is not therapy. Rather, it is a group approach to applying the exercises and skills of LOUD and/or other therapies. The first of weekly sessions begins in November 2016 in Falls Church. The program is available at no cost.\*

Please join us for an orientation with Dr. Codrin Lungu, Chief of the Parkinson's Disease Clinic at the National Institutes of Health, and Susan Wranik, MS, MA, CCC-SLP, Speech-Language Pathologist and President of Susan I. Wranik Associates, LLC. RSVP requested.



Codrin Lungu, MD is a board-certified neurologist who specializes in movement disorders. He is a member of the Parkinson Foundation of The National Capital Area Medical Advisory Board. He is currently involved in collaborative research at the National Institutes of Health (NIH) in several areas related to movement disorders.



Susan Wranik, MS, MA, CCC-SLP is a Speech-Language Pathologist and President of Susan I. Wranik Associates, LLC. She provides comprehensive assessment and treatment of speech, swallowing, memory and cognitive issues related to stroke, traumatic brain injury, Parkinson's, dementia and other neurogenic diseases. Home visits. Licensed in DC, MD, VA.



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\*Annual PFNCA program registration required. There is a \$15 annual administrative fee, which can be waived for financial hardship.







To make kitchen dining more inviting to guests, seats at the counter are slightly lower than standard height. Owner Dave Mulligan calls this a great spot to sample his holiday dishes. The design solution by Sun Design Remodeling will be open to the public November 5, from noon to 4 p.m.



PHOTOS BY BRYAN BURRIS

The original circa 1980s kitchen was classified as a “traditional” design, but the 30-inch cooktop range, small food prep island and limited cabinet storage were among many features the owners found restrictive.

## Oak Hill Remodeled Home Tour Set for Nov. 5

Gourmet kitchen, spa master bath among spotlight features in makeover.

BY JOHN BYRD

A circa 1980's center hall Colonial enhanced by a gourmet kitchen, a spacious spa bath and a lower-level guest suite will be featured in a “Remodeled Home Tour” sponsored by Sun Design Remodeling on Saturday, Nov. 5.

The house at 3295 Willow Glen Drive in Oak Hill is owned by David and Nancy Mulligan. The residence will open to the public from 12-4 p.m.

Purchased by the Mulligans in the early 1990s, the original four bedroom production house included a 500-sq-foot kitchen and breakfast room, a large family room, and a 1,500-square-foot lower level. Despite qualms with the “builder grade” interior finishes and space-use problems, the couple occupied the house for nearly 20 years before deciding a makeover of several targeted rooms would better accommodate personal interests.

The project's scope partly reflects the couple's different priorities.

Nancy Mulligan's first goal was a large spa bath adjacent to the master bedroom. To this end, Sun Design Remodeling — the firm that had executed a whole house remodel for Mulligan's brother several years ago — was summoned to explore ideas.

“As we talked about the new master bath,” Dave Mulligan said, “I realized that Nancy and I had many plans for improving the house that we'd just been putting off.”

In the days that followed, Nancy Mulligan — collaborating with Sun Design's interior design team — completely renovated the master bathroom, then the guest bath, then



**A glass enclosed walk-in shower accessible from two sides is tucked under a skylight.**

added a full bath to the lower level.

For Dave Mulligan, a passionate amateur chef, the remodeling proposal didn't become personally engaging until conversation shifted to the kitchen.

“I saw that our kitchen was stuck in the 1980s,” Mulligan said. “It just wasn't a place where guests can gather in the same way they do in the living room or dining room.”

With its U-shaped counter surfaces, 30-inch cooktop range, limited storage and dim lighting, the existing kitchen was — in Dave Mulligan's words — “backstage” — a cockpit where the cook toiled away out of view.

As if to stress the point, one leg of the counter top sequestered the cook's zone from the breakfast table and family room.

“I understood how an open plan is supposed to function,” Dave Mulligan said. “But it's the details that make it work, and that's where design expertise really counts”

To this, Sun Design founder Craig Duroske added: “The kitchen's work zones were pretty well rationalized. The real is-

sue was: how well does the space satisfy the Mulligan's — functionally and aesthetically.”

To create a more fluid relationship between the kitchen and the front to the house, Duroske and team relocated an obtrusive hall closet, widening an archway so that the revised space would be in view from the front foyer.

Sight lines being critical, ceiling-flush HVAC bulkheads were re-routed to make way for tall cabinets trimmed in crown molding.

Other finish work details — Cherrywood cabinet facings, stainless steel appliances, textured marble back splashes — converge to present a textured, yet visually neutral surface.

All of which introduced the option for a still more differentiating effect: a custom-designed coffered ceiling.

“The ceiling is one of the best features,” Dave Mulligan said. “The process of creating it was fascinating.”

On the other hand, there's much to be said for the custom-designed food preparation island and dining counter.

With its 6' x 6' x 8' triangular surface, the configuration perfectly supports food preparation and clean-up tasks while accommodating place settings for three.

To make the island still more inviting, seats at the counter are slightly lower than standard height, a psychological invitation to join the party reinforced by the soft-leather chairs.

“As I see it, you're dining at the chef's table now,” Dave Mulligan said. “A great spot to sample dishes, sip wine ... and enjoy.”

On the more practical side, the new kitchen is equipped with two microwave ovens, two refrigerators, a convection steam oven and a 48-inch gas range with six burners. With the addition of a walk-in pantry, storage capacity has been increased by 50 percent.

Upstairs, the spacious master bathroom is also a distinct departure from tradition.

A glass enclosed walk-in shower accessible from two sides is tucked under a skylight.

Equidistant between custom-designed “his” and “her” vanities, the space is light-filled; tailored to personal convenience, yet useful.

Meanwhile, a Victorian-era tub with bronze feet snugly occupies a bay window that boasts garden views.

A pair of custom-designed linen closets flanking a granite-topped cadenza is both practical and a stand-out interior design element.

Sun Design Remodeling frequently sponsors tours of recently remodeled homes as well as workshops on home remodeling topics. Headquartered in Burke, the firm recently opened a second office in McLean. For more information, call 703-425-5588 or visit [www.SunDesignInc.com](http://www.SunDesignInc.com).

*John Byrd (byrdmatx@gmail.com or [www.HomeFrontsNews.com](http://www.HomeFrontsNews.com)) has been writing about home improvement for 30 years.*

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PHOTO BY GEOFFREY HODGDON/WENTWORTH, INC.

**Adding built-in shelves, like these by Wentworth, Inc., can transform an entertainment space in time for the holidays.**

# Home Improvements for the Holidays

**Local contractors say there is time to spruce up your house and yard**

BY MARILYN CAMPBELL  
THE CONNECTION

Changing temperatures and falling leaves are a signal the holidays are near. From Thanksgiving through the New Year, homes are filled with guests and schedules are stacked with parties. Getting one's home guest ready by the holidays may be daunting, but it's doable with proper planning and realistic expectations, say local contractors.

Now is the time to begin projects that don't require elaborate planning, building permits or products on back order. "A window and door replacement project could be completed before the holidays if you started the process right away," said Michael Winn, president of Winn Design + Build.

Fall is a perfect time to begin projects that depend on outdoor elements, he noted. "The weather in the fall is generally ideal so it can be a great time to take on those exterior projects," said Winn. "Be ready, be decisive and start now. The fall is a great time to undertake exterior improvements such as new siding, trim, roofing, painting and landscaping."

He added that he recently "renovated a front porch, [adding] new windows, new trim and exterior painting. A fresh coat of paint can do wonders and satiate your remodeling urges until after the holidays when you have the time to tackle something a bit more ambitious."

While there probably isn't time to complete an extensive kitchen remodeling project, Winn says that smaller projects like adding new countertops, updating plumbing, changing electrical fixtures, painting and refinishing wood floors can be com-

pleted before the onslaught of holiday entertaining and breathe new life into a tired bathroom or kitchen.

"A bathroom may be a candidate if it's a 'pull-and-replace' [meaning that] the layout remains the same and the materials you select are stock or have a quick lead time," said Winn. "If you're not already well into the design process, your kitchen or renovation is probably best postponed until after the holidays."

Still, minor cosmetic improvements can give the illusion of a major change. "We recently designed and built a new entryway with built-ins for a client that creates a welcoming first impression for guests as well as needed storage for the owners," said Bruce Wentworth, president of Wentworth, Inc.

A pragmatic approach to a project is an important factor in increasing the likelihood that it will be ready in time for holiday entertaining. "If homeowners start early and have a realistic scope of work, it could be done," said Wentworth. "Quality work is important with home improvements and fast is not always part of that formula."

Architect Kai Tong of Hopkins and Porter Inc. in Potomac, Md., recently finished a project that he says offers a strategy and timeline that, if started now, would easily result in having an entertainment space by the holidays. His client wanted space for his television and sound equipment, so Tong designed a custom built-in unit for media and display.

"The design was intended to be the visual anchor of the new entertainment space, and to be harmonious with an existing lighted cove ceiling, adjacent columns and other architectural features in the room. The medium-stained cherry wood furthered that harmony," said Tong.

A millwork shop completed the design within six weeks. During that time, audio-visual specialists wired the space while the

SEE HOMELIFESTYLE, PAGE 12

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## Shepherd's Center of Oakton-Vienna (SCOV) Hosts a Minister's Breakfast

This summer the Shepherd's Center of Oakton-Vienna (SCOV) hosted a Minister's Breakfast. With over forty clergy and families attending, the event was sponsored by The Crossings at Chantilly and held in the Vienna Baptist Church fellowship hall.

The purpose of the Minister's Breakfast was to provide an opportunity to introduce the "old and the new" pastors currently serving in the Northern Virginia area to each other and to share the many services offered by the Shepherd's Center.

Founded in 1997, the Shepherd's Center of Oakton-Vienna is a volunteer-based nonprofit organization dedicated to providing opportunities for adults (50+) to seek rewarding lives and to live independently in their homes for as long as possible. The approach employed by the agency also allows for mature adults to volunteer their time providing vital services to the more vulnerable seniors needing assistance.

As the country's population is living longer and oftentimes isolated from family support, "aging in place" becomes a challenge. The concept of "Seniors Helping Seniors" truly defines the spirit and purpose of the Shepherd's Center of Oakton-Vienna. Their personal enrichment and volunteer opportunities reach more than 3,000 older adults (50+) in the region.

Each year more than 250 volunteers at SCOV serve as medical drivers, companion drivers, friendly call-



PHOTO COURTESY OF SCOV

**From left: Michelle Scott, Executive Director of SCOV; the Reverend Scott Hopkins, Andrew Chapel, United Methodist Church; the Reverend Kristen McBrayer, Emmaus, United Church of Christ; and the Reverend Valerie Hayes, Church of the Holy Comforter/Episcopal Church.**

ers and visitors, health and wellness educators, office assistants, fundraisers, and grant writers. Volunteers also run programs such as SCOV's Lunch n' Life, Adventures in Learning, trips and outings, special events, and the caregivers' support group.

SCOV's signature fundraiser "What to Expect When You're Electing" with the Capitol Steps is slated for Oct. 23, 2016, 3 p.m. Tickets are \$30 in advance or \$35 at the door. Organizers are suggesting tickets be purchased early as this show is expected to sell out. Visit [www.scov.org/fundraiser-tickets](http://www.scov.org/fundraiser-tickets) or call 703-281-0538

*To volunteer, donate or learn more about how you can help, visit their website at [www.scov.org](http://www.scov.org) or contact the SCOV office at 703-281-0538.*

## Vienna Theatre Company to Present Eclectic Essentials II

Vienna Theatre Company maintains its presence through the second year of the Vienna Community Center renovation with an entertaining fall production of one act plays presented at the Vienna Baptist Church for four performances only.

Eclectic Essentials II includes 4 one-acts under the individual direction of Beth Carpenter, Tom Epps and Jessie Roberts. Playwrights represented are Ellen Byron, Lee Blessing and Christopher Durang. Come enjoy an evening of emotionally stirring and humorous one acts.

Tickets \$14 general admission. For more information about the show and how to purchase tickets visit [www.viennatheatrecompany.org](http://www.viennatheatrecompany.org)

## Where and When

Vienna Dept of Parks & Recreation and Vienna Theatre Company present Eclectic Essentials II at Vienna Baptist Church, 541 Marshall Road, SW, Vienna at 8 p.m. Oct. 28, 29 and Nov. 4, 5.



PHOTO CONTRIBUTED

**In rehearsal, Britt Bethany as the character Catherine, reveals to Heather Plank, portraying Catherine's Aunt Eve, why she had to leave the convent in the one act play, "Nice People Dancing to Good Country Music" by Lee Blessing, opening Oct 28.**



PHOTO CONTRIBUTED

**STEM awards were presented by Judy Page, AAUW McLean Area Branch STEM Chair, far right, to six local high school students at the branch's 2016-2017 kick-off event. Students receiving the award are, from left: Lauren Hassi, McLean; Mandy Smith, Langley High; Caroline Lewis, McLean High; Inga Schlier, Marshall High; Emily Wallach, Langley High; and Emma Barberis, Marshall High.**

## AAUW McLean Area Branch Holds STEM Awards Ceremony

The American Association of University Women (AAUW) McLean Area Branch recognized six local high school girls with STEM awards at its 2016-2107 kick-off event held on Sept. 25 at the McLean Community Center. The STEM (Science, Technology, Engineering, and Math) Excellence Award was presented to Mandy Smith, a sophomore at Langley High School, for a project she prepared jointly with Oksana Vickers on "The Effect of Desalination Method on Overall Efficiency." The project was presented at the Fairfax County Regional Science and Engineering Fair held last Spring.

Five students from McLean, Langley, and Marshall High Schools were recognized with Science and Math Achievement

Awards. The students receiving the 2016 awards were: Lauren Hassi, Math Achievement, McLean High School; Caroline Lewis, Science Achievement, McLean High School; Inga Schlier, Math Achievement, Marshall High School; Emma Barberis, Science Achievement, Marshall High School; and Emily Wallach, Math Achievement, Langley High School. The Science Achievement Award, Langley High School, was presented earlier this year to Emily Stranne.

The STEM awards are funded through the branch's Annual Used Book Sale proceeds. For more information on the American Association of University Women and the McLean Area Branch, visit the AAUW McLean Area website at <http://mclean-va.aauw.net>.

## Free Halloween Cab Rides Offered in Area

As a means of making the Washington-metropolitan area's roadways a little less frightening this Halloween, free cab rides will be offered to would-be drunk drivers throughout the Washington-metropolitan area on the evening of Saturday, Oct. 29.

Offered by the nonprofit Washington Regional Alcohol Program (WRAP), the 2016 Halloween SoberRide® program will be in operation from 10 p.m. on Saturday, Oct. 29 until 6 a.m. on Sunday, Oct. 30 as a way to keep local roads safe from impaired drivers during this traditionally high-risk period.

During this eight-hour period, area residents ages 21 and older celebrating with alcohol may call the toll-free SoberRide phone number 1-800-200-TAXI (8294) and be afforded a no-cost (up to a \$30 fare), safe way home. AT&T wireless customers can dial #WRAP for the same service.

Last year, 412 persons in the Washington-metropolitan area used WRAP's Halloween SoberRide program rather than possibly driving home impaired. More information about WRAP's SoberRide initiative can be found at [www.soberride.com](http://www.soberride.com).





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—John Wooden



PHOTO COURTESY OF CAPITOL STEPS

## Capitol Steps to Perform at Oakton High

Shepherd's Center of Oakton-Vienna (SCOV) will host Oct. 23, 3 p.m. fundraiser at Oakton High School featuring nationally recognized comedy troupe Capitol Steps. This being a presidential election year, the Capitol Steps show is likely to feature The Donald and Hillary and, maybe, Bernie will show up, too. For Tickets visit <http://www.scov.org/fundraiser-tickets> or call SCOV @703-281-0538 - \$30 in advance; \$35 at the door.

## CALENDAR

Send announcements to [connectionnewspapers.com/Calendar/](mailto:connectionnewspapers.com/Calendar/).  
Deadline is Friday at noon for the  
following week's paper. Photos/artwork  
encouraged.

### ONGOING

**Lobby Hero 1st Stage Tysons** Sept. 8 - Oct. 16 Thursdays at 7:30 p.m., Fridays at 8 p.m., Saturdays at 2 and 8 p.m., and Sundays at 2 p.m. 1<sup>st</sup> Stage in Tysons, 1524 Spring Hill Road, Tysons Corner. What does it truly mean to be a hero? While struggling with a world of conflicting truths, the characters grapple with their own realities and those of the people around them. [www.1ststagetysons.org](http://www.1ststagetysons.org) or 703-854-1856.

**Watercolor Classes** Thursday's Starting Sept. 22 through Oct. 27 1 - 3 p.m. Vienna Arts Center. 115 Pleasant Street, NW, Vienna, VA. 5 classes: 150.00 Membership Price.

**Weekly Storytime.** Wednesday and Saturday. 11 a.m. Barnes & Noble, 7851 L Tysons Corner Center, McLean. Themes and Titles vary. Free admission.

**Bingo Night. Sundays.** 4 p.m. Flame

Room, Vienna Volunteer Fire Department, 400 Center St. S, Vienna. \$10. [www.vvfd.org/bingo.html](http://www.vvfd.org/bingo.html).

**The Frame Factory Hosts "Ten Best Friends"** Oct 8 receptions noon - 2 p.m. and one from 5 - 7:30 p.m. The show will run from October 8 - November 19 The Frame Factory Gallery, at 212 Dominion Rd., NE, Vienna. A solo show featuring Joan Fegan's oil portraits of the ten most popular breeds of dog, based upon American Kennel Club registrations. Gallery hours are Monday -Saturday, 9:30 am - 5:30 pm, on Thursday 10:30 am - 5:30 pm. [Theframefactory1.com](http://Theframefactory1.com)

**One-To-One English Conversation** Oct. 1 through Oct. 31 101 Patrick Henry Library 101 Maple Ave E, Vienna. to Register. 703- 938-0405

**Prayer Room** at Vienna Assembly of God Tuesday's 2 - 8 p.m. 100 Ayr hill Ave, NE Vienna. The Prayer Rooms will be open, come while your kids are in school or after work and dinner. Stay as long as you like. [www.viennaag.com](http://www.viennaag.com)

SEE CALENDAR, PAGE 13

## HomeLifeStyle

FROM PAGE 9

Hopkins and Porter team completed other renovation work, including preparing the wallpaper and removing existing wall sconces.

Tong said that overall, there was "very minimal on-site disruption."

Securing a contractor to begin a project could be a stumbling block, but not one that is insurmountable. "Most of the

better contractors are in-demand and have production backlogs of two to six months," said Winn. "If your project is small and your timing is flexible, you may be able to squeeze [it] into their schedule. Many contractors have 'gaps' in-between their projects, while they're waiting for a permit to be issued or if they finished a project ahead of schedule. They may be able to accommodate your project if the timing is right."



## CALENDAR

FROM PAGE 12

### FRIDAY/ OCT. 14

#### Great Falls Studios 2016 Art Tour.

Through Sunday October 16. 10 a.m.-5 p.m. Great Falls Community Library, Large Meeting Room 9830 Georgetown Pike, Great Falls. 58 Artists in 20 venues in Great Falls, VA. A self-guided driving event. Family friendly and free. Start at Tour Headquarters at the library throughout the event. Brochures and map available there. An exhibit there of participating artists, volunteers to help map the tour. Self starters can download the brochure and map at [www.GreatFallsStudios.com](http://www.GreatFallsStudios.com). Sponsored by Sun Design and Broadway Gallery. Free. information: [GreatFallsStudios@gmail.com](mailto:GreatFallsStudios@gmail.com).

### SATURDAY/ OCT. 15

#### Pumpkin Preparedness Race 8 a.m.

Vienna Volunteer Fire Department 400 Center St S, Vienna. Inaugural 5k road race to support first responders across Northern Virginia. Brand new course across quiet Vienna streets. All proceeds benefit the Northern Virginia Emergency Response System. Register at [www.preparedness5k.com](http://www.preparedness5k.com)

#### Vienna Volunteer Fire Department Open House 10 - 4 p.m.

400 Center Street South, Vienna. The theme this year is "Don't wait, check the date." Replace smoke alarms every 10 years. A Vienna tradition: Fun and educational family friendly activities. [info@vvfd.org](mailto:info@vvfd.org) 703-938-2678 [www.vvfd.org/index.html](http://www.vvfd.org/index.html)

**Vale Fall Fair** 11 a.m. - 3 p.m. Vale Schoolhouse, 3124 Foxmill Rd, Oakton. Activities include: Haunted Forest, pie eating contest, costume parade, children's games, live music, bake, toy, and book sales, barbeque, artisans crafts, and a balloon sculpture. Free admission. [cfennessy@cox.net](mailto:cfennessy@cox.net) or 703-716-4219.

### SATURDAY-SUNDAY/ OCT. 15-16

#### Claude Moore Colonial Farm 1771

Market Fair. 11 a.m. - 4:30 p.m. at 6310 Georgetown Pike, McLean. There will be crisp local apples, savory meat pies and hearty breads. [1771.org/marketfair/](http://1771.org/marketfair/)

### SUNDAY/ OCT. 16

#### Vienna CROP Hunger Walk 2 - 4

p.m. Vienna Presbyterian and Environs, 124 Park St. NE, Vienna. The annual Vienna CROP Hunger Walk. The Walk is approximately 3 miles in length through the Town of Vienna. Check-in starts at 1:15 p.m. and concert in the sanctuary featuring "The Purple Hells" starts at 1:30 p.m. Proceeds go to Committee for Helping Others and Church World Service. Cost: Free. Sign up at [www.crophungerwalk.org/viennava](http://www.crophungerwalk.org/viennava). Email [betty.rahal@verizon.net](mailto:betty.rahal@verizon.net) or 703-281-4032

### WEDNESDAY/OCT. 19

#### Navigating Medicare 7 p.m.

Confused about Medicare coverage? Supplemental insurance? How to deal with the costs of a catastrophic illness? Let our Medicare expert answer your questions! Adults 64 up. Reston Regional Library, 11925 Bowman Towne Drive. Adults. Free. Register online at [fairfaxcounty.gov/library](http://fairfaxcounty.gov/library)

### THURSDAY/OCT. 20

#### Concert: Scott Miller-Sarah Borges

**Co-bill** 7:30 - 10 p.m. Jammin' Java 227 Maple Ave. E Vienna. Known for their humor and powerful storytelling songwriter Sarah Borges and Scott Miller will tour the East Coast together on a co-bill. Cost: \$18 [www.thescottmiller.com](http://www.thescottmiller.com)



STEVE HIBBARD/THE CONNECTION

**The Cline family of Vienna dressed as "The Incredibles:" Joel, Nancy, Jonah and Hanna during the Town of Vienna Halloween Parade last year. This year's Halloween Parade will be on Wednesday Oct. 26 beginning at 7 p.m. on Maple Avenue, Vienna.**

## Plan Ahead Vienna

### WEDNESDAY/OCT. 26, 2016

#### 70th Annual Vienna Halloween Parade 7 p.m.

Maple Avenue, Vienna. "Celebrating 125 Years of the Town of Vienna" come in costume to celebrate Halloween. [Viennava.gov](http://Viennava.gov)

### SATURDAY/ OCT. 29

**Concert: The David Trio** 4 - 6 p.m. Saint Francis Episcopal Church 9220 Georgetown Pike Great Falls VA 22066. This Italian ensemble brings the sound of violin, cello, and piano to St. Francis chancel. The sardonic Shostakovich Op. 67 Trio is balanced by a gentle Schubert Notturmo and the spirited energy of Haydn's A-flat major Trio. Cost: Season pass \$150 or \$30 at the door. [amadeusconcerts.com](http://amadeusconcerts.com)

### SATURDAY/OCT. 29 - OCT 31

**Roer's Zoofari Trick-Or-Treat 5 - 7 p.m.** 1228 Hunter Mill Rd. Vienna. Roer's Zoofari welcomes families from all areas to a new way of trick-or-treating this year. Kids can trick-or-treat for candy and treats, bounce around in our kids zone, and meet bugs at our creepy crawly station. Admission: \$10 per child, free for adults. [www.roerszoofari.com/](http://www.roerszoofari.com/)

### TUESDAY/NOV. 1

**College Savings Information Sessions** 7 - 8 p.m. Dolley Madison Library 1244 Oak Ridge Ave McLean. Join this information session to hear about the four college savings programs offered by Virginia529. In one hour, you'll learn how to: Prepay tuition, Save for other costs, such as housing, meal plans and textbooks. Take advantage of the Virginia college savings state income tax deduction, Meet your savings goals. Visit [Virginia529.com](http://Virginia529.com).

### TUESDAY/NOV. 8, 2016

**Election Day.** General election. [www.sbe.virginia.gov/](http://www.sbe.virginia.gov/) and [fairfaxcounty.gov/elections](http://fairfaxcounty.gov/elections)

### SATURDAY/OCT. 22

**Walking Washington D.C.** 10:30 - noon 101 Maple Avenue East Vienna. Walking Washington D.C. author Barbara Saffir shares hidden gems of Washington D.C. neighborhoods, highlighting history, architecture, nature, art, eateries, and just plain fun. Book signing and sale follows. Adults. Cost: Free. [www.fairfaxcounty.gov/library](http://www.fairfaxcounty.gov/library)

### SUNDAY/OCT. 23

**The Capitol Steps "What to Expect When Electing".** 3 p.m. Oakton High School 2900 Sutton Road, Vienna. Performance by a group that has been carrying out hilarious bipartisan political satire for over 30 years. Admission to this annual community fundraiser by The Shepherd's Center: \$30 in advance and \$35 at the door. <http://scov.org>



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## In The Context Of ...



By KENNETH B. LOURIE

Having cancer; not that you need to know how I think but, if you're at all curious as to how a diagnosed as "terminal" stage IV, non-small cell lung cancer patient thinks, even now, nearly eight years out, read on.

As much as I don't want to think about what I'm doing and why — and just live life as it comes/happens, a "13-month to two-year" prognosis (originally received on February 27, 2009; oh yeah, certain dates are seared into your memory), I can't. It's not necessarily a lifestyle change that occurs when you're diagnosed, it's more the psychological and emotional hold and affect the diagnosis causes. It permeates and subconsciously — or so it seems, infiltrates your brain and changes the way you think and feel. It's not that you become unrecognizable to friends and family, but you definitely become a victim of your circumstances. It's as if your brain is rewired somehow and you've reached your outer limits where you've lost more than the control of your television set.

To the point/example of what I'm referring to (finally) which precipitated this semi self indulgence: my car and certain repairs, expenses and warning lights which have illuminated, warranting attention after months of neglect. Specifically the car to which I refer is our "second" car, the one we don't rely on for non-local trips: a model year 2000, Honda Accord sedan inherited from my widowed mother in December 2008 — with only 35,000 miles on the odometer. The classic example of a retired person's car with incredibly little wear and tear and extraordinarily low mileage given its put-in-service date: sometime in the year 2000.

As I said, it's not our primary car, but it does get driven regularly given the potential mileage restraints of our 'primary' car's lease. Currently, the Honda has 94,000 miles on it. It's been a good and reliable car which has needed few repairs — other than those to-be-expected, the costs of which have generally fallen within the "usual and customary" range. The car still rides well and overall suits my requirements for a "second" car: it gets me from point "A" to point "B" — and most importantly, back, and it has no monthly car payment. However, there are a couple of inconveniences/concerns which if left alone are not likely deal-breakers but, the expense of fixing them — on a car that is nearly 17 years old, might be.

And the deal which might be broken has to do with yours truly having lung cancer and a somewhat different life expectancy now at age 62 (versus the one I thought I would have when I initially took possession of my parent's car in 2008 — at age 54 and two months, or the one I thought I had a mere two and half months later — just before I was initially diagnosed). Ergo my dilemma is: do I want to spend major money now (for me/us) on repairs whose maximum benefit will not occur until next spring — six months or so, at the earliest, but if tended to now might limit the potential damage/cost later or shall I just wait for divine intervention, so to speak? (The repairs have to do with air conditioning that doesn't cool in the summer, a window — on the passenger side which does not open all year round, and brake lights and the seat-belt restraining system — "SRS," safety issues which this idiot is being warned about.)

Not unsolvable problems, presumably, unless you have a terminal form of cancer. Considering that reality, don't I want to live more in the present and not worry about a future, a future which is hardly guaranteed? Moreover, shouldn't I damn the torpedoes and live full speed ahead and let the chips: lab work, scan results, car repairs, etc., fall where they may; finding some normalcy/solace in pretending/deluding myself into thinking that all is right in my world? To be determined. Still, I know/feel one thing: if I live like I'm dying, I probably will.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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**VDOT** Virginia Department  
of Transportation

## Route 7 Corridor Improvements

### Fairfax County Design Public Hearing

Tuesday, November 15, 2016

Colvin Run Elementary School

1400 Trap Road, Vienna, VA 22182

Meeting Time: 6:30 p.m. to 8:30 p.m.

Presentation: 7 p.m.

Find out about plans to widen Leesburg Pike (Route 7) from four to six lanes between Reston Avenue and the west end of the bridge over the Dulles Toll Road (a 6.9 mile segment), to increase capacity, decrease congestion, and improve safety, in conformity with the Fairfax County Comprehensive Plan.

The project would also include intersection improvements, as well as a 10-foot shared-use path on both sides of the road to increase mobility for cyclists and pedestrians.

In accordance with the National Environmental Policy Act (NEPA), Section 4(f) of the USDOT Act, 23 CFR 771 and 23 CFR 774, an environmental document in the form of an Environmental Assessment has been prepared and will be available for public review. In compliance with the National Historic Preservation Act, Section 106 and 36 CFR Part 800, information on potential effects of the proposed improvements on properties listed in or eligible for listing in the National Register of Historic Places will also be available.

Stop by between 6:30 p.m. and 8:30 p.m. to view displays and learn more about the project. VDOT staff will be available to answer your questions. A brief presentation will begin at 7 p.m.

Review project information at [www.ConnectRoute7.org](http://www.ConnectRoute7.org), at the public hearing, or during business hours at VDOT's Northern Virginia District Office at 4975 Alliance Drive in Fairfax. Please call ahead at 703-259-2950, 800-367-7623 or TTY/TDD 711 to ensure appropriate personnel are available to answer your questions.

Give your written comments at the meeting, or submit them by December 2, 2016 to Mr. William Dunn, P.E., Virginia Department of Transportation, 4975 Alliance Drive, Fairfax, VA 22030, or email [ConnectRoute7@VDOT.virginia.gov](mailto:ConnectRoute7@VDOT.virginia.gov). Please reference "Nov. 15 Design Public Hearing" in the subject line.

VDOT ensures nondiscrimination and equal employment in all programs and activities in accordance with Title VI and Title VII of the Civil Rights Act of 1964. If you need more information or special assistance for persons with disabilities or limited English proficiency, contact VDOT's Civil Rights at 703-259-1775 or TTY/TDD 711.

State Project: 0007-029-128, P102, R202, C502, B610 UPC: 52328  
Federal Project: DEMO-5A01(439)

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## BULLETIN BOARD

To have community events listed in the Connection, send to [connectionnewspapers.com/Calendar/](mailto:connectionnewspapers.com/Calendar/). The deadline for submissions is noon on Friday.

### SATURDAY/OCT. 15

#### Social Action Linking Together (SALT)

##### Fall Advocacy Training Conference,

9 - 11:30 a.m., at the Virginia International University (VIU), Conference Room (VD-102), 4401 Village Drive, Fairfax. Mark Shriver, President of Save the Children Action Network, will be the keynote speaker. Mark is the son of the late Sargent Shriver and Eunice Kennedy Shriver. He is the author of A Good Man, an inspirational and deeply personal story about a son discovering the authentic meaning of his father's legacy.

Additional presentations by Del. Alfonso Lopez, D-49, ("Tools for Effective Advocacy in the State Legislature") and by Michelle Kroker, Executive Director, Northern Virginia Affordable Housing Alliance ("Addressing the Commonwealth's Unmet Housing Needs for Low-Income Households") and State Sen. Barbara Favola (D-31), (Report on the Commission on Youth, TANF Subcommittee) and Debbie Weinstein, Executive Director, Coalition for Human Needs, "Making TANF Work for Poor Families".

This event is free. All are welcome. Come early for the book signing by the keynote speaker and to meet and greet other social justice advocates in the community. For more information: Contact John Horejsi at [jhorejsi@cox.net](mailto:jhorejsi@cox.net) or visit the SALT web site at [www.S-A-L-T.org](http://www.S-A-L-T.org), Upcoming Events page.

### ONGOING

**Passages Divorce Care.** Tuesdays 6:45 to 9:00 p.m. beginning September 13th. Vienna Presbyterian Church is located on the corner of Maple Avenue (Rt. 123) and Park Street in Vienna, Virginia. Cost to cover materials \$20, scholarships available. 703-938-9050, [www.viennapres.org](http://www.viennapres.org), or send an email to [Passages@ViennaPres.org](mailto:Passages@ViennaPres.org).

#### The Retiree Real Estate Education

**Association** announces free public service seminars for October, 2016, on Decluttering, Ageing in Place, and Downsizing, given at McLean, Falls Church, and Marshall High Schools. These are part of a series of 8 free seminars on real estate issues unique to retirees. Seminars are free to the public and are presented in the evenings at Fairfax County public schools. For more information, or to register for a seminar, go to [RetireeRealEstate.org](http://RetireeRealEstate.org).

## FAITH NOTES

Faith Notes are for announcements and events in the faith community. Send to [vienna@connectionnewspapers.com](mailto:vienna@connectionnewspapers.com). Deadline is Friday at noon.

**Spirituals Will Come Alive:** Hear the story of how many spirituals were born and how the hope and suffering of slaves was translated into spirituals. Dr. Eileen Guenther, professor at Wesley Theological Seminary in Washington DC, will share the results of her studies on the role of singing and religion in the daily lives of slaves. She will discuss the musical styles, performance practices, and characteristics of spirituals. She has recently published a book, "In Their Own Words, Slave Life and the Power of Spirituals." Free. Church of the Holy Comforter, 543 Beulah Rd., Vienna, Saturday, Oct. 22, 9:30 a.m.

**St. Thomas' Episcopal Church** at the intersection of Lewinsville and Brook Roads in McLean, just a mile west of Tysons, invites you for a casual Saturday Service at 5 p.m., followed by conversation and fellowship or for Sunday Services at 8 a.m. or 10 a.m. Sunday School for Youth and Children takes place during the 10 a.m. Service. Look for our Pumpkin Patch this October, and check [www.stthomasmclevanva.org](http://www.stthomasmclevanva.org) for Special Events and Services through the year. St. Thomas' Episcopal Church, 8991 Brook Road, McLean, 703-442-0330.



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