



Reston CONNECTION

WASHINGTON WEST FILM FESTIVAL

The family of Owen Suskind share talk about experience in the documentary film "Life, Animated" at Reston Bow Tie Cinema during the 6th annual Washington West Film Festival. The festival showcased fifty-nine films from around the world, including world premieres and D.C. premieres.



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Doug Pew of Reston brought up concerns about several projects currently under review or already in progress. “Why are all these exceptions to the Zoning ordinance being approved?” he asked, to the applause of the attendees.



John Mooney has more experience than most residents when it comes to land use and the approval process. A former Arlington County staff member who dealt with development issues, Mooney wondered why Fairfax County doesn’t require meetings between applicants and the community, rather than simply “urging” them to do so. “In Arlington, we discovered that our citizens could often educate us.”

Reston P&Z Committee Meeting - From Informational to Inflamed

Innovate Conference Explores Prospects of ‘Individualized Medicine’

BY ANDREA WORKER
THE CONNECTION

Things got a bit heated at the October meeting of the Reston Planning and Zoning Committee on Monday, Oct. 17.

The original agenda for the monthly meeting of the volunteer board was adjusted. Discussion of the St. John’s Wood redevelopment – a project which has brought out a cadre of citizens in opposition – was postponed until November, and a request for time by Hunter Mill District Supervisor Cathy Hudgins to “launch a new step in the Reston Land Use Process” aimed at improving communications with area residents was added.

To start, Hudgins gave a brief recap of the history of Reston’s development, the original Master Plan, and the subsequent revisions by the county that have led to today’s guiding document, the “Comprehensive Plan.”

Describing Reston as a “wonderfully well-planned community, recognized around the county and beyond,” Hudgins stated that Reston was unique in Fairfax County for the fact that its citizens had a voice in its planning, “almost from the start.” Hudgins indicated that there was a “perception issue” regarding some of the opposition to current land use projects, noting that some of them had been approved years ago, “as far back as twenty years and discussed and approved with citizens’ input.”

THE RUMBLINGS from the attendees began at this point, with comments like “maybe things have changed just a bit since then,” and “there’s a new community here that hasn’t been heard,” before the committee called for order.



Regina Coyle, Special Projects Coordinator for Fairfax County, makes a presentation to the Committee and the public on the county’s Land Use Application process.

After making her remarks, Hudgins introduced Regina Coyle, Special Projects Coordinator for Fairfax County, who she had invited to explain the Land Use Application process, all its stages, and where and when the community’s input is sought. Despite the difficulties presented by the configuration of the meeting room which made the viewing of her slide presentation problematic, many agreed that Coyle was able to shed some light on a fairly complex process.

“We urge the applicant to inform the public and get input from the very beginning of the process,” said Coyle, as she described a process that was highlighted by multiple layers of internal discussions and reviews by a long list of governmental departments.

The end result is the preparation of a “Staff Report” for distribution to the county’s Planning Commission and the Board of Supervisors for their review and decisions. Acknowledging that the county’s data systems are not up to speed in many instances, Coyle cautioned that not all of the related documents can be found online, but that Land Use Applications and most results are available in that format. She also reminded the audience that they could contact the Zoning Evaluation Division for information in person or by calling 703/324-1214.

Committee member Ron Weber thanked Ms. Coyle for her explanations, but commented that their group frequently did not receive the required information early enough to review before their meetings, and

PHOTOS BY ANDREA WORKER/THE CONNECTION



Doug Pew of Reston brought up concerns about several projects currently under review or already in progress. “Why are all these exceptions to the Zoning ordinance being approved?” he asked, to the applause of the attendees.

asked “When does the community first hear about it?” Weber expressed concern about some of the projects along either side of the Dulles Toll Road. “There doesn’t seem to be any coordination between the developers.” In some cases, he felt the projects were “putting the cart before the horse.”

Coyle reiterated that the County urges developers to get ahead of problems and concerns by meeting with resident stakeholders. She also referred to the “Supervisors’ Reports” by district, saying that these were a means by which citizens can track projects in their areas. Supervisor Hudgins agreed, saying that her monthly newsletter did include this information.

SEE PLANNING, PAGE 4

Planning Procedures Under Scrutiny

FROM PAGE 3

PHOTOS BY ANDREA WORKER/THE CONNECTION

At this point, the committee invited public commentary – and that’s when the temperature in the room seemed to rise. Wearing her now signature “Reclaim Reston” t-shirt, Arlene Krieger was first up, and immediately called for the dissolution of the Reston Planning and Zoning Committee. “We don’t know you,” she said. “You have not been elected or vetted,” she continued, saying that such a group could not represent the people and that “anything you decide is illegal and null and void. We have lost our voice.”

Doug Pew of Reston next commented that the public is at a disadvantage in any hearing or input session, since the private citizen has to find time to research and make their cases without the benefit of the lawyers and field experts that represent the developers – a task made even more difficult when information is only made available to them with less than two weeks before a meeting.

Pew also expressed concern that his attendance at multiple meetings, and his reading of applications and related documents seemed to indicate a record “of exemptions to the Zoning Ordinances.” He cited projects on Michael Faraday Drive and Sunset Hills, and at Sunrise Valley and Association Drive, in regards to lack of parking, overuse of the available infrastructure and other problems. “Why are all these exceptions being approved?” he asked to a volley of applause.

John Mooney, a former Arlington County Environmental Services staff member, urged the county to be “more proactive” in soliciting citizens’ input. “We were required in Arlington to meet with the public,” he said, noting that the county and the developers often learned from the citizens, gaining win-win outcomes and avoiding costly mistakes.

Tammi Petrine, co-chair of the advocacy group Reston 2020, gave kudos to the P&Z Committee, but declared that the group was basically powerless before the county. “We are being bulldozed” and there is nothing that the Planning and Zoning Committee can do about it, according to Petrine.

Supervisor Hudgins took a moment to again point out that some of these “exceptions” and approvals are decades old, and



When things got a bit heated, committee member Michael Jennings did stand and request that no further “aspersions” be cast upon them. Jennings took exception to insinuations that the committee was under the control of Supervisor Hudgins, and in some way the developers, as well. “Please remember,” he said, “we are all volunteers. I live in Reston and have a business in Reston.”

in compliance with the density standards of the plans. She also disagreed with Petrine about the influence of the committee. Petrine, Pew, and several others asked for examples of the committee’s success in halting or calling for adjustments to applications, but none were provided at the time.

Long-time resident John Lovaas declared that Restonians are finding things out “the hard way.” Lovaas asked repeatedly for clarification about the committee, wanting to know what agency or group was the umbrella under which they operated. Committee members explained that they were once an arm of the Reston Citizens Association (RCA), but now came “under Supervisor Hudgins,” to which Lovaas replied that this arrangement “explained a lot.”

There was a heated exchange between Lovaas, committee members, and Hudgins. Hudgins and the members said that the move was because of the “rollercoaster nature” of the RCA, sometimes being active

and sometimes not. Its inclusion in the Hunter Mill District system ensures “the public has this vehicle for its voice” at all times.

When Lovaas exhibited a level of disbelief at this response, committee member Michael Jennings stood to defend the group. “Please stop casting aspersions,” he said. Jennings reminded the audience that they were volunteers and that they simply wanted to do what they could to protect their homes and business and way of Reston life.

A FEW OTHER locals added their opinions before the committee called an end to the presentation and the public commentary portion of the meeting and recessed before beginning discussion of the developments on the agenda. Most of the public, as well as Supervisor Hudgins, departed and left them to the business at hand.

Somewhere between the explanations and the debates, the “new step” in the Land Use Process that prompted Supervisor



John Lovaas and Arlene Krieger at the meeting. In her comments for the record, Krieger called any actions or decisions by the group “illegal,” since the members are “not elected or vetted. You are not wanted,” she declared. Lovaas also expressed a lack of trust in the committee and in the supervision of the district.

Hudgins’ attendance at the meeting seemed to get lost. A call to her office provided this explanation of the “launch.”

“Supervisor Hudgins will be notifying the community when new applications are filed with Fairfax County Department of Planning and Zoning. After [they] have been officially accepted, she will then coordinate with the Reston Planning and Zoning committee to schedule an informational meeting similar to the meeting held. This will help ensure the community is aware of pending applications very early in the process. Notification will be in the form of the Hunter Mill District monthly newsletter...e-blast and FaceBook.”

The Supervisor’s office says that to be included on the list, the public needs to send an email to huntermill@fairfaxcounty.gov. Information on land use applications and projects can also be found on the Reston Association’s website at www.reston.org and on the Fairfax County website www.fairfaxcounty.gov.

Innovate Conference Explores Prospects of ‘Individualized Medicine’

The 5th annual Innovate Conference presents “Intersections: Healthcare, Informatics and Personalized medicine” and introduces audiences to a nationally recognized cast of experts. Keith Crandall, PhD, the founding Director of the Computational Biology Institute at George Washington University, sets the stage and introduces opening keynoters Congresswoman Barbara Comstock and Governor Terry McAuliffe (invited), providing a look at Federal and state intersections with research in healthcare and informatics.

The panel “Opportunities for Business Large and Small” features experts such as Dr. Alex Carlisle, the senior scientific advisor for Northrop Grumman’s Health IT unit; Brigadier General (ret.) Dr. Klaus Schafer, the chief medical officer for CACI International and formerly the U.S. Air Force’s assistant surgeon general for medical readiness, science and technology; and leading edge small companies such as Vibrent Health and 5AMSolutions.

Dr. Rebecca Farkas, an associate director with MedImmune, is spearheading various initiatives to help the region be-

come a top-three biotech hub by 2023. She will address the economic development opportunities that accompany a world-class vision for biotech in the D.C. region.

Closing keynotes address “Moving Forward,” exploring the next medical paradigm of individually tailored health solutions, presenters are Dr. James McClain, the acting chief technology officer for the NIH Precision Medicine Initiative (PMI) Cohort Program; and Dr. John Niederhuber, the chief executive officer of the Inova Translational Medicine Institute

(ITMI). Prior to his arrival at Inova, Dr. Niederhuber served as the director of the National Cancer Institute.

Innovate is a half day conference taking place on Friday, Oct. 28, 7:30 a.m. – 1 p.m. It will be held at the new Inova Translational Medicine Institute, located at 3225 Gallows Road in Fairfax. The conference is produced by the Dulles Regional Chamber of Commerce, in partnership with the Northern Virginia Technology Council. Tickets are \$65; to register, visit www.dullesregionalchamber.org.

AREA ROUNDUPS

Reston Hospital Center to Host Family Fun Day

Reston hospital center is turning 30. The community is invited to come and join a family fun filled day on Saturday, Oct. 29. There will be lots of fun activities and sweet treats for guests and their favorite munchkins. Halloween costumes are encouraged. And, don't forget your camera. Doc McStuffins and McGruff the Crime Dog will be celebrating with #TeamReston. www.restonhospital.com/reston-rocks-30

<https://www.evensi.us/reston-rocks-30-reston-hospital-center/188854996>

Nominations Needed for 'Free Roof for the Holidays'

DryHome Roofing and Siding, a Sterling.-based roofing company, is accepting nominations starting Nov. 1 for its 13th annual Free Roof for the Holidays program for a deserving Northern Virginia-based individual, family or nonprofit in need of a free roof. The free roof will be awarded based on nominations DryHome receives from customers and the community.

SEE ROUNDUPS, PAGE 7

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OPINION

Bulova: Vote Yes A legally binding commitment that 70 percent would go to the Fairfax County Public Schools.

BY SHARON BULOVA
CHAIRMAN, BOARD OF SUPERVISOR

I was elected chairman in 2009, just as the Great Recession settled over this country like a stubborn storm cloud. The market value of property in Fairfax County plummeted, resulting in historic reductions in both residential and commercial tax revenues. At the same time, more people than ever turned to the county for assistance. Former County Executive Tony Griffin's prediction, in the throes of the Recession years, that "this will be our new normal" has proven prescient.

Recovery from the recession has been sluggish, exacerbated by the effects of sequestration and cutbacks in our commercial sector's bread and butter, federal contracting. To maintain fiscal equilibrium; real estate tax rates were raised, hundreds of millions of dollars were eliminated from the budget, salaries were frozen and reductions-in-force require our workforce to do more with less. County cost-cutting measures that were accepted as necessary when the Recession first materialized eventually have caused some "fraying around the edges," per The Washington Post, (April 2, 2016). I am providing this backdrop to lend some context to our board's decision to put the question of a meals tax to

COMMENTARY

the voters.

In Virginia, towns and cities are allowed a greater array of revenue tools, including the right to adopt a meals tax. Most cities and towns within and around us have a meals tax: Alexandria, Arlington, Herndon, Vienna, Falls Church, Fairfax City, Leesburg, and Manassas. Counties on the other hand must rely primarily (almost 80 percent of our budget) on real estate and property taxes to provide local services. Other revenues are capped or controlled by the state.

Counties in Virginia (which were rural farmland when early tax authorities were allocated) are only able to implement a meals tax following a successful voter referendum. This question will be put to Fairfax County voters on Nov. 8.

If the referendum is successful, and a 4 percent tax on restaurant meals and prepared foods is adopted, it would raise almost \$100 million, equivalent to over 4 cents on the Real Estate tax rate. The language on the ballot question becomes law and revenue from the meals tax must be used per the ballot language.

If authorized by the voters, the Board of Supervisors would hold a public hearing to adopt an ordinance defining specifics of the tax. Already we have made the legally binding commitment that 70 percent would go to the

Fairfax County Public Schools. The School Board has committed that its share, estimated to be about \$70 million in new funding, would be used primarily to address teachers' salaries, which have lagged behind those in neighboring jurisdictions. Fairfax County today is spending \$800 less per pupil than in 2008.

The remaining 30 percent would go toward other county needs, including public safety, parks, libraries, and mental health. The meals tax is intended to diversify and enhance county revenue — to supplement and not supplant — support for school and county services.

While our county continues to work hard to identify efficiencies and to stimulate our commercial tax base, we are also hoping to diversify the local revenue available to provide the quality services our residents value and rely upon — top notch schools, safe communities, and compassionate human services.

I am proud to lead Fairfax County, one of the best-managed, safest and well-educated jurisdictions in the country. Residents love Fairfax because of our great schools and because we are a safe and welcoming community. Maintaining that quality is a top priority for the Board of Supervisors and our partners on the School Board. It isn't, however, a simple or easy job given constraints under state law.

I hope you will vote "yes" on the meals tax referendum on Nov. 8.

COMMENTARY

Accepting the Outcome

BY KENNETH R. "KEN" PLUM
STATE DELEGATE (D-36)

I am currently the longest serving member of the Virginia House of Delegates. My license plate that has only "1" on it is the subject of many stares and the occasional "How did you get that number?" I have been in office continuously since 1980. I served one term prior to that time, but seniority is counted by continuous service.

I was a candidate for office twice before I was elected. I first ran for the House of Delegates in 1973 and again in 1975. Both times I came close, but close does not count in elections. I ran in what was the 18th legislative district which encompassed half of Fairfax County, Fairfax City and the Towns of Herndon and Vienna which were represented by five at-large



delegates. When the Commonwealth of Virginia was forced by the federal government to reapportion the legislature to conform to the "one-man, one-vote" principle, Fairfax had a population equivalent to ten legislative districts. Rather than dividing up the county into individual districts, the legislature drew a line down the center of the county creating two districts with five at-large delegates each. While such an approach made life a little easier for those drawing the legislative boundaries, it imposed a real hardship on those seeking office, including myself. The federal courts eventually declared multi-member districts to be unconstitutional, and Virginia went to

single-member districts.

My lack of success in my two first attempts to be elected to office was disappointing, but I understood the uphill challenge I faced—I had very limited name recognition, and I had even fewer dollars. Even though I literally wore holes in the soles of my shoes campaigning door to door, covering the equivalent of five districts in a person-to-person campaign was impossible. I congratulated the winners and kept on working.

It never crossed my mind that I lost because the elections were somehow rigged; they were not. Nor did I refuse to accept the outcome. Of course I learned a lot with every election cycle and continue to do so even to today. For one thing the two-year House of Delegates term keeps me close to my constituents. I think there are changes that could be made that

would make the system more democratic for voters, and I work to bring about those changes, but I have never felt that the perceived shortcomings of the system were somehow thwarting my ambitions.

Of course, there is a great deal of difference between a campaign for the House of Delegates and a presidential campaign. With so much at stake, I am concerned about the continued denigration of the system on the part of one candidate who would want us to believe that the system is somehow rigged against him; it is not. There are losers in every election; accept the outcome. My experience is that voters appreciated my willingness to hang in there and to keep working for the values I believe in. Our system may not be perfect, but it continues to be the best in the world. We cannot let likely sore losers do anything to detract from it.

LETTERS TO THE EDITOR

Supporting Meals Tax

To the Editor:

I'm writing to encourage Fairfax County voters to support the county meals tax referendum on the ballot in November. The pro-

posal would impose a 4-percent tax on ready-to-eat prepared food and beverages at restaurants and stores. Seventy percent of the money raised would support the Fairfax County Public Schools; the remainder would cover other expenses like police, fire, rescue, and human services. Supporting our

schools is essential to maintaining our quality of life in Fairfax County. Good schools make Fairfax County a desirable place to live and do business and they raise the values of our homes. More specifically, the meals tax would allow the county to make teacher salaries competitive with those in

neighboring jurisdictions. It would also allow the county to address increasing school class sizes, which make teaching less effective and which make our schools less attractive to prospective teachers.

The meals tax is also an alterna-

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LETTERS

FROM PAGE 6

tive to a further increase in Fairfax County property taxes. The \$100 million per year it would raise would more than cover the increase in real estate taxes from 2015 to 2016 (caused by increasing property assessments). According to the county budget summary, that increase cost the typical homeowner \$184.81. Such a further increase could be staved off by shifting a small portion of the tax obligation from property owners to other taxpayers (including those from outside Fairfax County).

Finally, the meals tax would be a small burden. It would amount to 20 cents on a \$5 meal and \$2 on a \$50 meal. Most of the other jurisdictions neighboring Fairfax County have a similar meals tax: Arlington, Alexandria, Fairfax City, and the Towns of Vienna and Herndon. Yet most of us patronize restaurants there. Thus, the meals tax would not threaten the businesses of the restaurants in Fairfax County. That's why I support the proposal.

Sean Barnett
Annandale

AREA ROUNDUPS

FROM PAGE 5

Nominations open Nov. 1 and close on Dec. 1, 2016. Winners will be announced in early December.

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Visit www.cornerstonesva.org to sign-up by Oct. 31st!

No one should go hungry this Thanksgiving.



CONNECTION FAMILIES

Teaching Gratitude and Charitable Giving

Experts offer suggestions for instilling these practices in children.

By MARILYN CAMPBELL
THE CONNECTION

As the holiday season approaches, many begin to think about expressing thankfulness and giving to those who are less fortunate. Teaching gratitude and establishing a sense of charity in children also becomes a priority for many parents.

Those lessons should begin long before it's time to put the turkey in the oven or trim the tree, however. Experts say practicing gratitude and demonstrating charitable giving year-round in age-appropriate ways are keys to raising compassionate children.

In fact, regular conversations between parents and children about charitable giving and gratitude increase the chances that youngsters will be willing to give to charity, according to a recent study. Research from the Women's Philanthropy Institute at Indiana University's Lilly Family School of Philanthropy showed that children whose parents spoke to them about the importance of giving to those in need were 20 percent more likely to give than those who parents did have such conversations.

"The conversations don't need to be formal or contrived," said Marcia Rosen, a marriage and family therapist in Bethesda, Md. "They can be as simple as sharing an experience about helping a friend who might need help running an errand, so we change our plans so that we can give the gift of our time to a friend. There are plenty of examples all around us everyday."

"The ability to empathize and take another's perspective increases as a child gets older and less egocentric," said Dr. Linda Gulyan, a professor of psychology at

Local charities such as Interfaith Works offer families a variety of opportunities for benevolence this holiday season.



PHOTO COURTESY OF INTERFAITH WORKS

Marymount University in Arlington. "For example, make a thank you note to grandma for the birthday gift. With little kids, there might be a positive consequence for writing a note, for example [saying] 'After you write the note, we can watch the video.' As kids get older, have them take Grandma's perspective: 'You know how it feels to be appreciated, don't you?'"

Encourage children to find their own ways to express gratitude and give charitably. "For example, when thanking their soccer coach for helping them all season, have them come up with ways to thank him, even if it's clumsy or kid-like," said Gulyan. "[Parents] often do it for them. For example, parents take up a collection of money from other parents and then they buy and present a fancy gift to the coach, and the kids are not that involved."

"Gratitude often relates to expectations and entitlements," said Amy L. Best, chair

of the Department of Sociology and Anthropology, George Mason University. "It is important that young people develop some sense of entitlement. They are entitled to dignity and have rights of care. Without a sense of entitlement, claims to care, recognition, justice and dignity are more difficult to articulate. But too much entitlement can elevate expectations to too a high a level so that disappointment prevails and gratitude is difficult to muster."

Children must learn to be in the moment to take those chances, however. "Dwelling too much in the past, through endless rumination for instance, or always looking to the future undermines our ability to just be, to soak in and soak up a moment," said Best. "Consideration of past, present and future should be in healthy balance. Young people are often pressured to focus on the future, and some feel a sense of hopelessness to-

"It is important to understand the suffering of others and to feel a sense of empathy toward the struggles of others to feel gratitude."

— Professor Amy L. Best, chair of the Department of Sociology and Anthropology, George Mason University

ward the future. Both make it difficult to be in the moment.

"Cultivating mindfulness of self and your connection to others and the world is important," she added. "It is important to understand the suffering of others and to feel a sense of empathy toward the struggles of others to feel gratitude. Too much ambivalence toward others, or too focused on the self, makes it difficult to cultivate a disposition of gratitude."

Local charities offer a variety of options for families interested in giving this holiday season and throughout the year. Interfaith Works, a Montgomery County, Md. nonprofit organization with a goal of meeting the needs of the poor and homeless, holds annual drives for coat and cold-weather gear including mittens, scarves and hats. The organization is opening a new women's homeless shelter and is in need of supplies. "We need things like sheets, blankets and pillows to make the women feel at home and welcomed when they move into their new residence," said Charlotte Garvey of Interfaith Works. "So families can shop online for the ladies."

For more information, visit www.iworksinc.org.

Herndon Village Network Celebrates Volunteers

Herndon Village Network (HVN), a nonprofit organization serving Herndon senior citizens, celebrated its dedicated volunteers with a tea held on Sunday, Oct. 23 at the Four Seasons clubhouse. These volunteers make a difference by providing the elderly much-needed transportation for appointments, errands, and social gatherings. This more organized concept of neighbors helping neighbors encourages older residents to age in the Herndon community and allows them to maintain established routines and connections, which results in a higher quality of life.

As Supervisor John Foust (D-Dranesville) noted, "We live in a community that cares about all of our residents, including those who are aging. Fairfax County would like to see all of our citizens be able to stay in their homes for as long as possible.... Many thanks to HVN and its wonderful and dedicated volunteers for the critical services they provide."

Herndon residents who are 55 or older, live in the 20170 zip code, and are interested in HVN services should call 703-375-9439. Interested volunteers should visit www.herndonvillagenetwork.org and complete an application. All volunteers are vetted. Donations are welcome.



PHOTO CONTRIBUTED

Herndon Village Network (HVN) celebrated its volunteers with a tea held on Sunday, Oct. 23 at the Four Seasons clubhouse.

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Reston's Bow Tie Cinema was again the center hub for the annual Washington West Film Festival. The event has long been centered in Reston, but is planning to expand into Arlington next year.



GMU students whose films were screened in the 6th annual Washington West Film Festival answer questions from the audience. The GMU Film and Video Studies Program has partnered with this film festival for several years.

Washington West Film Festival A Success

Film festival brings together filmmakers and film lovers.

BY RYAN DUNN
THE CONNECTION

A red carpet was laid out at Reston Town Center's Bow Tie Cinema for the 6th annual Washington West Film Festival. The festival invited filmmakers, film lovers, industry professionals, and media alike to experience artistic cinema. Founded in 2011, 100 percent of Washington West's box office net proceeds are given each year to projects committed to alleviating hunger, disease, displacement, or poor education around the world. The event has long been centered in Reston, with films also shown at venues including Wolf Trap National Park, Leesburg Junction, Arlington, and Reston Community Center.

The 6th annual Washington West Film Festival (WWFF) showcased fifty-nine films from around the world, including world premieres and D.C. premieres. "We're getting terrific feedback about our Washington West 2016 lineup of films," said Brad Russell, founder and president of WWFF. The opening night film was a potential Academy Award documentary nominee "Life, Animated." The film is the inspirational story of Owen Suskind, a young man who was unable to speak as a child until he and his family discovered a way to communicate by immersing themselves in the world of classic animated films.

SATURDAY MORNING, on Oct. 22 attorneys from Berenzweig Leonard LLP based in McLean lead a discussion of legal issues in the entertainment industry.

Later there was a showing of films made by students at the GMU school. Washington West Film Festival focuses on stories for change and the GMU Film and Video Stud-



Director Ben Younger ("Boiler Room") and producer Bruce Cohen ("Silver Linings Playbook," "American Beauty") received standing ovations for their newest film, "Bleed For This," which screened as the Washington West Film Fest Closing Night Film on Sunday, Oct. 23. Both described the film project's history after the screening.

ies Program (FAVS) has been delighted to partner with this local film festival for several years. Each year, FAVS students work as volunteers and interns in programming, and provide events support. "Faculty have volunteered as jurors and often suggest films to the programming committee that reflect a range of storytelling, and excellence in our program. This year, we presented a strong slate of films including films that have exhibited at other festivals and Professor Lisa Thrasher conducted a Q&A after the screening with students and alumni," said Giovanna Chesler, Director of the Film and Video Studies Program, Associate Professor in the Communication Department at GMU. These GMU films will be on display at the Virginia Film Festival on Nov. 5 in Charlottesville.

Films in the GMU showcase included short dramas and documentaries such as "Pineapple" by Irem Dogancali, "Southern Hustle" by Brandon Langford, "Keep On

Steppin' Through" by Omar Amalou, "PeFlexia" by Shawn Leister Frasier, "In Safe Hands" by Erblin Nushi, "Earley" by Alisa Posey, "Goodnight Me" by Michael Kamel, and "Beyond the Weld" by Kyle Van Dyke. "Southern Hustle" is a 1930s period drama, and the documentary "Earley" shares a man's experience with mental illness. Additional documentaries in the festival included "Mile 19" directed by Jemma Davis and "Edges" directed by Katie Stjernholm.

After a 40th anniversary screening of "All the President's Men," journalist Bob Woodward offered reflections on journalism and Deep Throat. Academy Award-winning actor Ed Asner returned to the festival, starring in two short films, "Super Sex," and "Getting Ed Laid." Following the film screenings, the filmmakers and Asner held an extended Q&A with audience members. Caterers also attended the film festival, including staff from McCormick & Schmick's and Edibles Incredible Desserts. John George, a

PHOTOS BY RYAN DUNN/THE CONNECTION



The family of Owen Suskind share talk about experience in the documentary film "Life, Animated" at Reston Bow Tie Cinema during the 6th annual Washington West Film Festival. The festival showcased fifty-nine films from around the world, including world premieres and D.C. premieres.

resident of Reston since 1989, attended the Sunday shows at Reston with his wife. "It is an amazing event," said George.

THE FILM FESTIVAL is planning to show additional films next year in Arlington.

Steven Spielberg produced film "Finding Oscar" won the festival's Best Documentary Award, Robert Duvall provided a two-hour conversation with a packed audience about eight iconic scenes from his movie career. Director Ben Younger ("Boiler Room," "Prime") and producer Bruce Cohen ("Silver Linings Playbook," "American Beauty") received two standing ovations for their newest film, "Bleed For This," which screened as the Closing Night Film on Sunday, Oct. 23. "We had over 40 people volunteer their time and energy to make this year's festival a huge success," said Jessica Durning, Director of Planning & Events and executive assistant to Brad Russell.

HOME SALES

In September 2016, 88 Reston homes sold between \$1,200,000-\$169,834. This week's list represents those homes sold in the \$1,200,000-\$223,000 range. For the complete list, visit www.ConnectionNewspapers.com

Address	BR	FB	HB	Postal	City	Sold Price	Type	Lot AC	Postal Code	Subdivision
2130 OWLS COVE LN	5	4	1	RESTON	\$1,200,000	Detached	0.32	20191	RESTON	
11990 MARKET ST #1502	3	3	0	RESTON	\$1,180,000	Hi-Rise 9+ Floors		20190	MIDTOWN AT RESTON TOWN	
11903 TRIPLE CROWN RD	6	3	3	RESTON	\$1,003,000	Detached	0.46	20191	RESTON	
12024 WALNUT BRANCH RD	6	4	1	RESTON	\$915,000	Detached	0.38	20194	RESTON	
11300 WOODBROOK LN	5	3	1	RESTON	\$879,500	Detached	0.41	20194	RESTON	
1907 LAKEPORT WAY	3	3	1	RESTON	\$830,000	Townhouse	0.10	20191	RESTON	
1620 WATERS EDGE LN	4	3	1	RESTON	\$792,000	Townhouse	0.07	20190	RESTON	
12200 DARK STAR CT	5	3	1	RESTON	\$775,000	Detached	0.27	20191	RESTON	
11990 MARKET ST #415	3	2	0	RESTON	\$745,000	Hi-Rise 9+ Floors		20190	MIDTOWN AT RESTON TOWN	
1604 GREENBRIAR CT	4	3	1	RESTON	\$740,000	Townhouse	0.08	20190	RESTON	
11131 LAKE CHAPEL LN	4	3	1	RESTON	\$740,000	Townhouse	0.07	20191	RESTON	
11881 FAWN RIDGE LN	5	3	1	RESTON	\$722,500	Detached	0.39	20194	RESTON	
1903 RAMSTEAD LN	5	3	0	RESTON	\$699,000	Detached	0.50	20191	RESTON	
2367 PADDOCK LN	4	3	2	RESTON	\$695,000	Detached	0.33	20191	RESTON	
2053 EAKINS CT	5	2	1	RESTON	\$685,000	Detached	0.26	20191	RESTON	
2518 PENNY ROYAL LN	4	2	1	RESTON	\$670,000	Detached	0.51	20191	RESTON	
11442 TANBARK DR	4	2	1	RESTON	\$664,000	Detached	0.20	20191	RESTON	
1201 BISHOPSGATE WAY	3	2	1	RESTON	\$654,750	Detached	0.89	20194	ASCOT	
11328 DOCKSIDE CIR	4	3	1	RESTON	\$640,000	Townhouse	0.04	20191	RESTON	
2410 SWEETBAY LN	5	3	1	RESTON	\$640,000	Detached	0.30	20191	RESTON	
11510 TURNBRIDGE LN	4	3	1	RESTON	\$630,000	Detached	0.16	20194	RESTON	
2358 PADDOCK LN	4	3	0	RESTON	\$629,900	Detached	0.40	20191	RESTON	
1952 CRESCENT PARK DR #23B	3	2	1	RESTON	\$622,000	Townhouse		20190	LINCOLN PARK	
12328 COLERAINE CT	4	2	1	RESTON	\$585,000	Detached	0.46	20191	STRATTON WOODS	
2091 COBBLESTONE LN	4	3	1	RESTON	\$579,900	Detached	0.10	20191	RESTON	
2028 CHADDS FORD DR	4	3	1	RESTON	\$570,000	Townhouse	0.05	20191	RESTON	
1300 SUNDIAL DR	3	2	2	RESTON	\$570,000	Townhouse	0.06	20194	RESTON	
2003 SWANS NECK WAY	3	3	1	RESTON	\$569,900	Townhouse	0.05	20191	RESTON	
2519 FREETOWN DR	4	2	1	RESTON	\$560,000	Detached	0.32	20191	RESTON	
11234 HUNTING HORN LN	4	2	1	RESTON	\$555,000	Detached	0.51	20191	RESTON	
1434 PARK GARDEN LN	4	3	1	RESTON	\$555,000	Townhouse	0.03	20194	BALDWIN GROVE	
2327 ROSEDOWN DR	4	2	1	RESTON	\$543,000	Detached	0.46	20191	STRATTON WOODS	
12064 EDGEMERE CIR	3	3	1	RESTON	\$539,000	Townhouse	0.04	20190	RESTON	
1459 PARK GARDEN LN	2	3	1	RESTON	\$535,000	Townhouse	0.03	20194	BALDWIN GROVE	
1708 RANDOM STONE CT	4	3	1	RESTON	\$530,000	Townhouse	0.05	20190	RESTON	
1275 WEATHERSTONE CT	3	3	1	RESTON	\$515,000	Townhouse	0.07	20194	RESTON	
1830 FOUNTAIN DR #405	2	2	0	RESTON	\$504,000	Hi-Rise 9+ Floors		20190	PARAMOUNT	
11420 LINKS DR	4	2	1	RESTON	\$499,000	Townhouse	0.05	20190	RESTON	
11517 MAPLE RIDGE RD	3	2	1	RESTON	\$476,000	Townhouse	0.03	20190	RESTON	
2150 GOLF COURSE DR	3	3	1	RESTON	\$464,900	Townhouse	0.04	20191	RESTON	
1950 CRESCENT PARK DR #24A	2	2	1	RESTON	\$460,000	Townhouse		20190	LINCOLN PARK	
11616 NEWBRIDGE CT	4	3	1	RESTON	\$435,000	Townhouse	0.04	20191	RESTON	
11487 HERITAGE COMMONS WAY	4	3	1	RESTON	\$435,000	Townhouse	0.03	20194	RESTON	
1523 PARK GLEN CT	3	2	1	RESTON	\$430,000	Townhouse	0.04	20190	RESTON	
11936 TRAVISTOCK CT	4	2	1	RESTON	\$430,000	Townhouse	0.05	20191	DEEPWOOD	
1613 VALENCIA WAY	3	3	1	RESTON	\$415,000	Townhouse	0.03	20190	RESTON	
2334 MILLENNIUM LN	3	2	2	RESTON	\$414,900	Townhouse	0.07	20191	GENERATION	
2314 MILLENNIUM LN	3	2	2	RESTON	\$406,000	Townhouse	0.04	20191	GENERATION	
11459 WATERVIEW CLUSTER	2	2	0	RESTON	\$399,800	Townhouse	0.03	20190	RESTON	
11964 HEATHCOTE CT	3	2	1	RESTON	\$397,000	Townhouse	0.03	20191	DEEPWOOD	
12001 MARKET ST #212	2	2	0	RESTON	\$390,418	Garden 1-4 Floors		20190	MARKET ST TOWN CENTR	
1513 CHURCH HILL PL #	2	3	0	RESTON	\$390,000	Garden 1-4 Floors		20194	HAMPTON POINTE	
2416 ALSOP CT	3	2	1	RESTON	\$365,500	Townhouse	0.03	20191	DEEPWOOD	
10905 HARPERS SQUARE CT	3	2	2	RESTON	\$350,000	Townhouse	0.03	20191	RESTON	
1905 BELMONT RIDGE CT	2	2	0	RESTON	\$341,000	Townhouse	0.02	20191	RESTON	
2459 PYRENEES CT	4	3	1	RESTON	\$330,000	Townhouse	0.03	20191	RESTON	
1609 BARNSTEAD DR	3	1	1	RESTON	\$326,500	Townhouse	0.05	20194	RESTON	
1701 LAKE SHORE CREST DR #14	2	2	0	RESTON	\$321,000	Garden 1-4 Floors		20190	EDGEWATER AT TOWN CNTR	
1855 STRATFORD PARK #308	2	2	0	RESTON	\$320,000	Garden 1-4 Floors		20190	STRATFORD	
1581 WOODCREST DR	2	2	0	RESTON	\$315,000	Townhouse	0.02	20194	RESTON	
1519 NORTH POINT DR #303	2	2	0	RESTON	\$315,000	Garden 1-4 Floors		20194	NORTH POINT VILLAS	
1310 NORTHGATE SQ	4	2	0	RESTON	\$313,000	Townhouse	0.03	20190	RESTON	
2219 LOFTY HEIGHTS PL	2	2	0	RESTON	\$310,000	Townhouse	0.03	20191	RESTON	
2430 CLOUDCROFT SQ	2	2	0	RESTON	\$310,000	Townhouse	0.03	20191	RESTON	
2055 WHISPERWOOD GLEN LN	2	1	1	RESTON	\$300,000	Townhouse	0.03	20191	RESTON	
2263 HUNTERS RUN DR #2263	2	2	0	RESTON	\$280,000	Garden 1-4 Floors		20191	HUNTERS CROSSING	
2236 HUNTERS RUN DR #2236	2	2	0	RESTON	\$280,000	Garden 1-4 Floors		20191	HUNTERS CROSSING	
2324 SOUTHGATE SQ	2	1	1	RESTON	\$272,000	Townhouse	0.03	20191	RESTON	
11600 IVYSTONE CT #6B	2	2	0	RESTON	\$270,000	Garden 1-4 Floors		20191	RESTON	
2238 SOUTHGATE SQ	2	2	1	RESTON	\$265,000	Townhouse	0.03	20191	RESTON	
1727 ASCOT WAY #F	2	2	0	RESTON	\$250,000	Garden 1-4 Floors		20190	PARCRESTON	
2104 GREEN WATCH WAY #301	2	2	0	RESTON	\$250,000	Garden 1-4 Floors		20191	RESTON	
2114 GREEN WATCH WAY #300	2	2	0	RESTON	\$250,000	Garden 1-4 Floors		20191	RESTON	
1592 MOORINGS DR #12B	2	1	1	RESTON	\$249,900	Garden 1-4 Floors		20190	LAKEVIEW	
11760 SUNRISE VALLEY DR #705	1	1	0	RESTON	\$245,000	Mid-Rise 5-8 Floors		20191	MERCER	
11723 SUMMERCHASE CIR #C	2	1	0	RESTON	\$235,000	Multi-Family		20194	SUMMERRIDGE	
11104 BEAVER TRAIL CT #11104	1	1	0	RESTON	\$223,000	Garden 1-4 Floors		20191	NANTUCKET AT RESTON	

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HALLOWEEN PREVIEW



PHOTO BY GREG DAILY

A family prepares for the haunted house.



PHOTO BY GREG DAILY

Lisa Kelly and Sarah Bermingham - Haunted House Directors.

Bradley Farm Haunted House Presents 'Spirits of the Past – One Final Year'

Looking for some spine-tingling fun this Halloween? Right here in Herndon, the Bradley Farm Haunted House promises everyone a ghoulishly fun time for just \$5 a walk-thru. This all-volunteer, community fundraising event returns one last time Oct. 28-29, 2016 for its 10th and final season. All proceeds go to help Herndon – Reston FISH bring emergency help to folks in the community.

This year's theme is "Spirits of the Past." Join some local "ghost hunters" as they explore the depths of this haunted barn that has hosted so many phantoms over the years. Who knows what spirits may turn up to bid you a fond farewell? On Friday and Saturday evenings from 6-10 p.m., the Bradley Farm Haunted House offers a dark and scary adventure that's perfect for tweens, teenagers and adults. For the even younger crowd, there's a non-scary version available on Saturday afternoon from 1-5 p.m. The milder version will include trick-or-treating inside the haunted house for children 10 and under. Local vendors have provided many giveaways for the "monsters" to hand out to the children along the haunt.

After you brave the Haunted House, you can visit the concession stand to chase away your "chills" with warm caramel apples and hot cider. Papa John's Pizza will also do their best to make sure you don't leave hungry. This year's outdoor entertainment will offer a variety of musical acts, dancers, and magicians. The entertainment lineup for 2016 includes illusion-



PHOTO BY ALAN DEFELIS

Howard Uman isn't looking that good inside the haunted house.

Herndon-Reston FISH adds to entertainment during the Kiddie Haunt.

ist Mario Orsini and bands The Franklin Project and dedWAX.

Each year the Haunted House draws thousands of visitors. Plan to arrive early to get your tickets and be assigned a group number. Then enjoy the entertainment, food, and games while waiting for your turn to be terrified. For a chance to win a family four pack of passes, be sure to "Like" us on Facebook! Winners will be announced on October 27th on Facebook!



PHOTO COURTESY OF HERNDON-RESTON FISH

Haunted House

The Bradley Farm Haunted House will host guided tours on Friday, Oct. 28 and Saturday, Oct. 29 from 6-10 p.m., with a kid-friendly version for young children from 1-5 p.m. on Saturday. Entry costs \$5. The Haunted House is located at 13159 New Parkland Drive, Herndon, and is open rain or shine. For more information, e-mail info@bfhauntedhouse.com or visit www.BFHauntedHouse.com.

Oct. 28-29: Happy Hauntings

This year's final haunted event features:

- ❖ Family friendly Halloween chills and thrills
- ❖ Plenty of Halloween monsters, sets and creepy sights.
- ❖ A final year of haunting promises fresh takes on old favorites.

❖ Goopy caramel apples, toasted s'mores, hot cider and popcorn concessions

❖ Fresh pizza provided by Papa John's Pizza

*Children's Trick-or-Treating (Saturday, 1-5 p.m., ages 10 and under)

❖ Face painting, balloons, henna art and other entertainment for children (Saturday, 1-5 p.m.)

❖ Games and prizes!

❖ Fantastic scenes of the macabre at adult event (Fri. / Sat. 6-10 PM)

❖ Live music, magician, and other entertainment.

More details about the haunted house are available at <http://www.BFHauntedHouse.com>.

CALENDAR

Send announcements to www.connectionnewspapers.com/Calendar/. The deadline is noon on Friday. Photos/artwork encouraged.

ONGOING

Exercise for Parkinson's Every Monday, 1:15 - 2:15 p.m. Reston Sport&health, 11445 Isaac Newton Square, Reston. This program brings together people impacted by Parkinson's Disease to participate in various physical exercises aimed at improving posture, balance and circulation and increasing strength, muscle control and mobility. Free. parkinsonfoundation.org. ckacenga@sportandhealth.com 703-621-4148.

Shih Chieh Huang. Synthetic Transformations Sept. 16 - Nov. 16. Tuesday through Saturday, 11 a.m. - 5 p.m. Greater Reston Arts Center. Reston Town Center, 12001 Market St #103, Reston. Dynamic gallery experience by Shih Chieh Huang, sponsored by Leidos and the Arts Council of Fairfax County. Huang will present an installation featuring elements created from a variety of media including LED lights and materials such as plastic bags and Tupperware. Cost: Free. info@resonarts.org 703-471-9242.

Meadow Farms Fall Festival Great Falls Oct. 3 - Oct. 31 Monday through Friday 8 - 7 p.m. Saturday 8 - 6 p.m. Sunday 9 - 6 p.m. 10618 Leesburg Pike, Vienna. There will be pumpkins, gourds, cornstalks, mums, pansies, star bales, and everything else you need for the fall look. A huge selection of pumpkins. There will also be moon bounces, giant scarecrows, haunted buses and pipes for the kids to go through, weekend concessions and much more. Let your kids have a blast while you pick out your pumpkins and all your fall needs. www.meadowfarms.com

Gypsy Takes The Stage at Reston Community Players The "Mother of all Musicals" opens RCP 50th Anniversary Season. October 21 through November 12. Performance Dates Oct. 21, 22, 28, 29, 30*, Nov. 4, 5, 6*, 11, 12 2016. Shows start at 8 p.m. Please note: Oct. 30 and Nov. 6 are matinees with a 2 p.m. curtain. It's known as one of the most classic American musicals of all time. Broadway productions have starred legends ranging from Ethel Merman, Bernadette Peters, and Patti LuPone. While, the motion picture versions were led by Merman and Bette Midler. Now, Gypsy takes the stage at Reston Community Players. Restonplayers.org

Team Trivia at Kalypso's. Tuesdays, 8 p.m. Kalypso's Sports Tavern, 1617 Washington Plaza N., Reston. Bring your friend and join the challenge. 703-707-0660. www.kalypsoSPORTSTAVERN.COM.

Open Mic Night at Kalypso's. Mondays, 7-10 p.m. Kalypso's Sports Tavern, 1617 Washington Plaza N., Reston. Musicians and singers come out and perform. 703-707-0660. www.kalypsoSPORTSTAVERN.COM.

Karaoke at Kalypso's. Wednesdays, 9:30 p.m. Kalypso's Sports Tavern, 1617 Washington Plaza N., Reston. Come to Kalypso's and sing your hearts out! 703-707-0660. www.kalypsoSPORTSTAVERN.COM.

Mr. Knick Knack. 10:30-11:15 a.m. Mondays through October. Reston Town Center Pavilion. Unique, heart-centered music for kids and their grown-ups. Free. restontowncenter.com. 703-579-6720

All-comers' Group Fun Run at Potomac River Running. Tuesdays and Thursdays. Reston Town Center, 11900 Market Street, Reston. For beginners or competitive runners, come out for a fun, low-key

SEE CALENDAR, PAGE 13

WWW.CONNECTIONNEWSPAPERS.COM

CALENDAR

FROM PAGE 12

run that is safe and social. For more information, call 703-689-0999 <https://potomacriverunning.com>.

Reston Photographic Society Meetings from 7:30–9:30 p.m. Room 6 at the Reston Community Center Hunters Woods, 2310 Colts Neck Rd., Reston on the third Monday of each month through Nov. 31. The meeting date is changed if the third Monday falls on a holiday. Photographers of all skill levels are invited to share info and enjoy guest speakers, workshops and group critiques. Nonmembers welcome. www.leagueofrestonartists.org

Herndon Regional Wind Ensemble Practice. Every Tuesday 7-9 p.m. through May. Herndon Middle School, 901 Locust St., Herndon. For advanced high school students, college students, and adults who play a brass, woodwind or percussion instrument. 703-904-4800 HerndonRegionalWindEnsemble@gmail.com Cost: Free

Through the Eye of the Needle Quilt Show Oct. 31 - Nov. 28. 9 a.m. to 6 p.m. Reston Community Center, Lake Anne Plaza, 2609 Washington Plaza N, Reston. The Cotting Quilters, an active Reston group who focuses on traditional and modern designs, presents its first quilt show. The exhibition, with no hard and fast rules, features full sized quilts, art quilts, wall hanging, table runners and other fabric art. A reception will take place on Sunday November 6 from 2 to 4 p.m. Free. Email ablowlowen@gmail.com for more information.



PHOTO BY TRACIE J. BROOKS/COURTESY OF RESTON COMMUNITY PLAYERS

'Gypsy' at Reston's CenterStage

Reston Community Players present "Gypsy" at CenterStage, Reston Community Center, 2310 Colts Neck Road, Hunters Woods Village Center, Reston. Performances through Nov. 12, 2016. Friday and Saturday at 8 p.m., with Sunday, Oct. 30 and Nov. 6* matinee at 2 p.m. Tickets: \$25 (\$21 for seniors/students). Call 703-476-4500 or visit www.restonplayers.org Pictured: 'Gypsy' cast— Top row, from left: Brooke Nyren (Thelma), Sydney Crutcher (Agnes Amanda), Bottom row left to right Lucy Breedlove (Delores), Maggie Slivka (Gail), Allie Lytle (Marjorie May)

THURSDAY/OCT. 27

Dr. Ovamir Anjum Lecture "ISIS and the Future of Islam" 6:30 - 8 p.m. Venue: IIIT Library 500 Grove St., Suite 200, Herndon. Dr. Ovamir Anjum is Imam Khattab Endowed Chair of Islamic Studies at the Department of Philosophy and Religious Studies, University of

Toledo. His work focuses on theology, ethics, politics and law in classical and medieval Islam, with comparative interest in Western Thought.

Dollars and Sense 7 p.m. Reston Regional Library, 11925 Bowman Towne Drive. A monthly book discussion group that focuses on business leaders and markets.

HALLOWEEN PREVIEW

WEDNESDAY/OCT. 26, 2016

70th Annual Vienna Halloween Parade 7 p.m. Maple Avenue, Vienna. "Celebrating 125 Years of the Town of Vienna" come in costume to celebrate Halloween. Viennava.gov

FRIDAY/OCT. 28, 2016

Spooktacular. 6:30-8 p.m. Herndon Community Center, 814 Ferndale Ave., Herndon. Enjoy ghoulish games, a spooky craft and a children's show. Fee: \$10/child in advance or \$15/child on day of event. www.herndon-va.gov.
Bradley Farm Haunted House Friday & Saturday 6 - 10 p.m. 13159 New Parkland Drive, Herndon. The guided tours are \$5 www.BFHauntedHouse.com.

SATURDAY/OCT. 29

Clifton Haunted Trail 7 - 10 p.m. in the historic town of Clifton. Admission: Ages 13+ \$15 Ages 12 and under \$10. www.cliftonhauntedtrail.com/

SATURDAY/OCT. 29 - OCT 31

Roer's Zoofari Trick-Or-Treat 5 - 7 p.m. 1228 Hunter Mill Rd. Vienna. Roer's Zoofari welcomes families from all areas to a new way of trick-or-treating this year. Kids can trick-or-treat for candy and treats, bounce around in our kids zone, and meet bugs at our creepy crawly station. Admission: \$10 per child, free for adults. www.roerszoofari.com/

SATURDAY/OCT. 29

Howl-O-Ween at Lake Anne, 1-3 p.m. Plaza Activities. Free. Join us on the Plaza dressed in Halloween flair (adults + pets) for a Howling good time! Dogs, cats, and all types of furry friends are welcome to participate. Pet Costume Contest starts at 1:30 p.m.: Pet Parade, Live DJ, Pet Friendly Beer Garden, Window Decorating Contest, Yappy Hour Specials from 1-5 p.m., Treats, Tricks & More From Local Merchants. www.lakeanneplaza.com

SUNDAY/OCT. 30

Trunk or Treat Great Falls United Methodist Church 11 a.m. 10100 Georgetown Pike in the church parking lot. Children are invited to wear Halloween costumes and go from trunk to trunk to collect candy. There will be refreshments, games and face painting. umcgreatfalls.org/



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Mark Hartley, MD
Wednesday, November 9, 6:30 – 7:30 p.m.
Reston Hospital Center, Classroom C, West Wing

"The Latest Advancements in Total Shoulder Replacement"
Christopher Annunziata, MD & David Novak, MD
Tuesday, November 15, 6:30 – 7:30 p.m.
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Two Much



By **KENNETH B. LOURIE**

Having just been there and done that, I have to tell you, it was a gruesome week. Although I'm fine now (I know, it's a relative description), this past week, I was not. And what specifically I am referring to is, the odd confluence of two recurring elements of my cancer existence: a CT Scan and a chemotherapy infusion. Not at the same time, of course, but at the same place and for the same reason: being an active cancer patient.

The CT Scan (scheduled quarterly), though not a difficult, invasive or time-consuming procedure doesn't generally result in an immediate interpretation/assessment from my oncologist/radiologist. Quite the contrary. Typically, I wait up to a week for results (as I've occasionally written about in the past). Certainly not ideal, but over time (seven-plus years) and hill and dale, I've been able to assimilate the wait into my life and go on about my business, semi-normally; it's been more difficult for my wife, Dina, however, to do so. Nevertheless, with respect to the CT then, the waiting is the hardest part. Its all psychological/emotional. There are no physical side effects, the side effects are all mental: fear, loathing, anxiety, stress, among many similarly impactful affects. It's not all bad, but it is all-consuming. I'm really only ever sure how I'm doing cancer-wise, when I receive my results, since rarely have I been symptomatic.

On the other hand, the chemotherapy infusion, which presently alternates/occurs every four/five weeks, does not — for me — generally, have any psychological/emotional side effects. It is what it is, and whatever it was or will be, I'm way past having any anxiety or stress about the process or the reasons for it. However, there are/I do experience physical side effects (which unfortunately do weaken my emotional resolve): fatigue, lethargy and most significantly, eating challenges which keep me from eating "normally" for up to a week. This lack of food/comfort, results in a lack of energy, lack of interest/motivation, messed up sleeping pattern and a fragile emotional state. I derive no pleasure from eating and my overall mood reflects that very necessary element — for me. As a result, I'm miserable.

In and of themselves, this post-CT-Scan-waiting and post-chemotherapy-infusion-not-eating are difficult, but manageable. However, having them occur during the same week — which had never happened before, was not exactly like being between a rock and a hard place but rather like being under a rock and in a hard place. Not only was there a wait and a weight, there was the inescapability of it to consider. I had no place to go emotionally/psychologically. Aside from there being no rest for this weary stage IV lung cancer patient, there was no respite or reprieve, either. I couldn't stop myself from going down, so down I went.

And there was nothing I could do to stop it, although there was everything still needing to be started. But all I could do was sit tight (literally), and sure enough, as is the pattern, about six or so days later on the Thursday afternoon following the preceding Friday infusion and the Wednesday CT Scan, I received an email from oncologist with the news "CT looked good. Brain MRI clear." "Great news," as I replied, "with which I can live." Coinciding as well as it usually does, with the eating fog beginning to lift and the transitioning from not eating to eating a bit to eating normally beginning to occur.

It was a bad week to be sure. Not only was I whipsawed, I was undercut, too. I had nothing to hang onto, not even my hat. I just had to endure and try to remind myself what my Auntie Irene so often said: "This too shall pass." And as of Saturday night at 1:53 a.m., as I sit and write this column, it mostly has. Thank God!

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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NEWS

Garza Departure Impacts Stuart Name Change Working Group

BY TIM PETERSON
THE CONNECTION

Responding to a student-led group petitioning to change the name of J.E.B. Stuart High School in Falls Church, the Fairfax County Public Schools board voted over the summer to create a working group that would consider the community concerns and look into the logistics of a potential name change.

Since school system superintendent Dr. Karen Garza recently announced her resignation, she informed the Stuart pyramid community that working group is being re-evaluated.

The students involved have said they don't want to continue attending a school named for a leader in the Confederate Army cavalry. In addition to partnering with the NAACP, they gathered community signatures for a petition to change the name of the school.

Other alumni have spoken up at school board meetings opposing a name change. They dispute the research of the students and say it doesn't tell the whole story of who Stuart was.

"While we are still committed to addressing the concerns of the Stuart community," Garza wrote in an Oct. 12 letter, "I believe that since I am leaving my position, it would only be fair to allow the Interim Superintendent to take over the necessary steps in forming this working group."

Current deputy superintendent Dr. Steve Lockard was named as interim for Garza's

position, which she's said she will leave by Dec. 16 this year.

Garza said the timeline for the working group is being extended "in order to transition the decisions to Dr. Lockard as well as to provide more clarity on the process, to carefully consider the makeup of the committee and to choose a facilitator."

A decision had been made to hire a facilitator that would "bring independence to the project" Garza said, as well as keep the group on task with regards to demands from the school board.

Garza said in her letter the expectation was the cost for that facilitator would not exceed \$20,000.

Such a person has not been hired yet, however, and with Garza's departure, she said the decision to move forward with a facilitator has been put on hold.

Though Garza and the school board maintain no decision has been made to change Stuart's name, the board has directed the eventual work group to do significant hypothetical research.

"The working group will weigh the pros and cons of a name change," Garza said, "continue to ensure public engagement and determine the extent of support for change; explore public-private partnerships to finance any name change; examine ways to prevent added burdens on the school's booster clubs, PTSA, and Stuart school administration; decide the best method for transitioning from an old name to a new one; ensure proper record retention; and set the best timing for such a change, if approved by the Board."

BULLETIN BOARD

To have community events listed in the Connection, send to connectionnewspapers.com/Calendar/ by noon on Friday.

SATURDAY/OCT. 29

The Kensington Falls Church to Host Job Fair
9 a.m. to 5 p.m. at the Hilton, adjacent to their building, is located at 706 West Broad Street in Falls Church. Kensington Senior Living, based in Reston, Virginia, is pleased to announce the opening of an Assisted Living community in the heart of Falls Church in early 2017. In anticipation of hiring more than 125 new employees, they will be hosting a job fair at the Hilton Garden Inn on Saturday, October 29 from 9 a.m. to 5 p.m. Register for the job fair by emailing FallsChurchCareers@KensingtonSL.com or by calling 703-992-9868.

FAITH NOTES

Faith Notes are for announcements and events in the faith community, including special holiday services. Send to reston@connectionnewspapers.com. Deadline is Thursday.

Trinity Presbyterian Church, 651 Dranesville Road, Herndon, has Sunday worship services at 10 a.m. during the summer. Nursery and childcare are provided starting at 8 a.m. until the end of the service. 703-437-5500 or www.trinityherndon.org.

Vajrayogini Buddhist Center, Unitarian Universalist Church, 1625 Wiehle Ave., Reston, holds weekly classes starting Sept. 12, Thursdays 7:30-8:30 p.m., for the general public which use Buddhist teachings to practice meditation. \$12 or \$6 for students, seniors and unemployed. 202-986-2257 or www.meditation-dc.org.

OCT. 15 - NOV. 6

Davelle Clothiers 20th Annual Trade In / Trade Up Sale. Davelle Clothiers, a high quality, fine men's custom clothing store in Reston, VA is partnering with Goodwill of Greater Washington. Between October 15th and November 6th when anyone trades in an old suit at Davelle, the donated suit and 5% of the proceeds from the sale of a new suit will be given to Goodwill.

OCT. 14 - NOV. 14

Sprint & Goodwill Coat Drive
Goodwill of Greater Washington is pleased to also announce a collaboration with wireless provider, Sprint, on a winter coat donation drive. From October 14th through November 14th donors are invited to bring in gently used and new coats to select Sprint retail stores. For select store information visit www.dcgoodwill.org and search for: Coat Donation Drive with Sprint.

St. Anne's Episcopal Church, 1700 Wainwright Drive in Reston, holds Sunday services at 8 a.m., 10 a.m. and contemporary service at 5 p.m. during the summer. Nursery, Sunday school and adult education available. 703-437-6530 or www.stannes-reston.org.

Washington Plaza Baptist Church will hold Adult Bible Study at 9:30 a.m. Sundays at Lake Anne Village Center. The group is studying the Gospel of Mark. Services follow at 11 a.m.

HAVEN of Northern Virginia offers a variety of free bereavement support groups, meeting on a weekly basis. Contact 703-941-7000 or www.havenofnova.org for schedules and registration information.

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Reston Main Level Living \$840,000

Sun-soaked awe-inspiring contemporary w/Main Level Master Suite in North Reston private wooded setting. Many recent improvements. Open floor plan with great room, loft, 2FP's, walk-out lower level, and oversized deck.



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Reston \$809,900

Premium North Reston Cul-de-Sac Location
Premium North Reston Cul-de-Sac Location

4BR, 3.5BA w/over 4600 sq ft. professionally landscaped yd. Hardwood floors throughout main level. Luxurious kitchen w/ stainless appliances & concrete counters

opens to FR w/gas FP & built-ins. Private treetop rear deck. Master bathroom remodeled w/dream shower! Walkout basement w/den.

Please call Rob Allen 703-867-6193
or e-mail RobAllenHomes@gmail.com



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Reston \$899,900

Enjoy Upscale Urban Living!
Gorgeous end unit on the best lot in West Market w/treed community area on 2 sides.

Gleaming hardwood floors throughout main level. Sun-filled gourmet kitchen w/elegant white cabinets, breakfast bar & table space.

Fourth level rec room w/vaulted ceilings & bar opens to roof-top terrace &RTC skyline. Walk to rec center/shops/restaurants/future METRO. Updates inc: 2A/C units, fridge, carpet, roof deck, paint.

Terry Atherton 703-861-0538 or e-mail Terry.atherton@longandfooster.com



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Reston \$307,900

New Price!

Luxury condo in one of Reston Town Center's premier buildings. This urban living style affords every amenity including a concierge, pool, party rm & fitness ctr. This condo is stunning, open & bright! It's the largest 1BR unit w/817 sq ft. The private views & usage of the courtyard is an added bonus! The gourmet kitchen has an island, new SS appliances & 42" cabinets. There is even an office nook that is so useful. The spacious MBA has a dual vanity & designer tile.

Hardwoods in foyer, kitchen, DR, LR & hallway. The urban setting is convenient to shops, restaurants & all that the Town Center has to offer.

Marcy Thomas 703-927-2190
mathomas8@aol.com Thomas & Associates



Reston \$899,000

Waterfront in North Reston

Beautiful Gulick home overlooking pond. Wonderful living & entertaining spaces. 4BR, 3BA up. Spectacular!

Pat Coit 703-585-2522 or e-mail Pat.coit@longandfooster.com



Reston \$849,000

Stunning!

5BR brick Van Metre w/over 5500 fin sq ft backing to parkland in North Reston. Soaring ceilings & walls of glass. Fabulous open floor plan for living/entertaining. Main level library, sunlit 2-story FR, grand master suite w/spacious

sitting rm & garden path. Fin lower level walk-out w/rec rm. Full guest ste, game rm & storage. Enjoy grilling on treetop deck. Central location & great new price.

Missy Edmondson 703-932-8484 or e-mail Missy.edmondson@longandfooster.com



UNDER CONTRACT
IN 2 WEEKS



Reston \$439,000

Completely Renovated!

Home is completely renovated. Only the brick remains; it's the 2016 version of the classic high energy efficiency, stunning modern build outs including 2 zone HVAC system, insulation, windows & kitchen, bathrooms, electric & plumbing, etc. All in desirable Deepwood.

Please call Deb Pestronk 703-624-2132
or e-mail Deb.pestronk@longandfooster.com



Reston \$455,000

Indian Ridge

Super clean, freshly painted, all refinished wood floors. This 3/4BR, 3.5BA TH features 3 levels & 2 master suites(2nd suite can be office, playroom) One mile walk to METRO. Wood floors on all 3 levels! Upgraded kitchen backs to trees. Private courtyard entry.



Reston \$478,997

Brand New Lower Price!

Beautiful garage TH on desirable street in North Reston. 2 master suites on upper level affords great privacy. Main master suite also has a loft perfect for an office or nursery. The home has been freshly updated with new paint and all new upgraded carpet. Treetop dining on spacious deck installed in 2014.

Call Dale Repshas 703-408-2626
Dale.Repshas@Longandfooster.com



"I work hard for my agents so they can work hard for you!"

— Anita Lasansky, Managing Broker



1-800-296-2593

www.Reston-Herndon-Homes.com



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Reston \$525,000

Contemporary Home in Private Setting

Three or four or possible 5BR home offering purchaser a one year HOA, cluster dues and home warranty paid for one year for full

price offer. Family room and kitchen leads to rear deck. Move-in now to entertain for the holidays!!

Please call Betty Collins 703-407-5750
or e-mail Betty@Longandfooster.com



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Herndon \$1,169,000

New Price!

One of a kind single family Cape Cod home w/inviting front porch, 5BR, 4BA on one acre flat usable lot, perfect for a pool! 2 car attached garage at main house & a carriage house with an additional 2 car garage & studio

apt w/kitchenette & full bath over it (rental opportunity). Amazing gourmet kit, luxury main level master suite w/courtyard brick patio. Convenient location, no HOA. So many special details in this custom home.

Marnie Schaar 703-509-3107 or e-mail Marnie.schaar@longandfooster.com

