



The Arlington Connection

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Voters line up on Election Day at the Central Library at 7:30 a.m., facing an hour wait.

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PHOTO BY SHIRLEY RUHE/THE CONNECTION

NOVEMBER 9-15, 2016

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Board Loosens Signage Restrictions

With brick and mortar stores facing increased competition from online retail and other challenges, the Arlington County Board voted on Nov. 5 to loosen restrictions on signs and displays in Ballston and Pentagon City. The new allowances will allow for a broader range of building facades, including signs for businesses allowed on the second floor of each structure. Among other changes, the new regulations will also allow businesses to project signs and images onto the sides of their buildings.

"I'm less concerned with the typical regulatory paradigm that it's more difficult to get the toothpaste back in the tube," said County Board member Christian Dorsey. "Here we can always get restrictive if it is really providing an undue consequence. We should dip our toe into being as flexible as reason would allow."

County Board member John Vihstadt said he believed the regulations are still too restrictive, but said loosening those regulations was still a good foundation for future work. The changes were approved unanimously.

Hearings on Ballston Graveyard

At its Nov. 5 meeting, the Arlington County Board authorized the advertisement of public hearings on the proposed historic designation of the 19th century Ballston graveyard. The graveyard, where early Arlingtonian Robert S. Ball Sr. and his family remain buried, was proposed to be removed to make way for a new church, apartment complex with affordable housing, day care and soup kitchen.

The Central United Methodist Church of Ballston assured the board that it would not seek to remove any remains from the graveyard before the county has an opportunity to consider its historic designation.

The board voted unanimously to authorize advertising hearings on the proposed Local Historic District designation of the graveyard, located at 4201 Fairfax Drive concurrent with the proposed site plan application.

"It makes sense to consider the request for Local Historic Designation for the Ball family graveyard as we consider the church's site plan in early in 2017," said Arlington County Chair Libby Garvey. "I look forward to everyone working together to develop a good design that honors our community's history and supports redevelopment that will benefit current and future residents."

— VERNON MILES

Shifting Gears

BY VERNON MILES
THE CONNECTION

It takes a little over two hours to bike from downtown Washington D.C. to the Reston. For the Capital Bikeshare, it's a trip that's taken six years.

On Oct. 21, Fairfax County launched 29 bike-share stations in Reston and Tysons, joining Alexandria and Arlington in the expansion of Capital Bikeshare into Northern Virginia.

While the program doesn't recover all of its costs, experts say it's highly unusual for any public transportation.

"In general, as transport researcher, no transport mode covers its costs," said Ralph Buehler, an associate professor in Urban Affairs at Virginia Tech's Alexandria Campus. "Public transport is highly subsidized in terms of operating and building infrastructure. If you think about automobiles and the gas tax, and what it covers in terms of roadways, it's only about 60 percent nationally. All transport is subsidized."

Buehler says there are a number of different ways each locality can measure success. For Leah Brooks, a professor of public policy and administration at George Washington University, the best measure was how bike-share programs measure up to other transit systems, like bus or metro. Arlington has a 54 percent cost recovery, meaning the bike share recovers a little over half of what is spent on the program. In Washington D.C., Capital Bikeshare has a 75 percent cost recovery ratio for 2016 and is projected to increase to 87 percent by FY2021. According to Carrie Sanders, deputy director of Alexandria's Transportation and Environmental Services, the city's bike-share recovers 62 percent of its operating costs. Measured by cost recovery, Capital Bikeshare in Arlington and Alexandria are not as successful as Metrorail, which recovers 71 percent of its costs, but are more successful than bus programs like Metrobus and ART bus, or DASH bus which each recover roughly 30 percent of their cost.

But as the bike-share expands in Northern Virginia, that success could be compromised as more and more stations are located outside of Metro and tourist centers. In Arlington, ridership is still increasing but at a slower rate each year. Ridership doubled in fiscal year (FY) 2012 and increased by 75 percent in FY 2013, between 2014 and 2015 ridership increased by 18 percent. As the system expands, the average number of trips per bicycle has also decreased from 393 to 381.

"This decrease was expected as the system expands to outside of Arlington's Metrorail corridors where the highest ridership stations are located," said Arlington County staff in a 2015 progress report on the Capital Bikeshare. "Moving forward, the system will likely see a slowing of ridership growth as the service matures."

Bumpy road ahead for Capital Bikeshare expansion in Northern Virginia.

Capital Bikeshare by Jurisdiction

	Arlington	Alexandria	Washington D.C.	Fairfax
County Population	224,906	148,892	658,893	1,131,000
Stations	85	32	249	29
Docks	1186	498	4537	255
Registered Users	3,496	827	2,196,000	n/a
Total Ridership (trips starting in locality)	263,111	36,895	2,816,000	n/a
Total Revenue	\$1,078,000	\$256,495	\$5,538,000	n/a
Total Operating Costs	\$2,010,000	\$448,765	\$7,190,000	\$430,000
Total Capital Costs FY2017	\$740,000	\$675,000	\$1,892,000	\$1,600,000

Experts say that as the bike-share moves further away from Metro stations, the less cost effective the program becomes.

"The system lives and dies by its opportunities to pick up and drop off a bike," said Buehler. "If the network of stations is spread too thinly, people won't use it. In Montreal, most bike-shares are concentrated in the most dense urban area. It's around just two blocks. The D.C. system is a little more spread out, but if you spread them too thinly, you lose the utility of the system. They have to be careful as they go out into the suburbs. You have to give riders actual options for 30-minute rides. Spreading out can be a good thing, but too few stations in an area will hurt the system. The ones in Tysons and Reston are locally concentrated, which seems like the right way to do it."

Like Arlington, Capital Bikeshare in Alexandria has been centered around metro stations. The most popular bikeshare station is the dock outside the Braddock Street Metro with a total 7,827 trips departing from that station in 2015. The King Street Metro station was the second most popular, with 6,194 trips.

Like Arlington, as the system expands, the plans for Capital Bikeshare expansion will push the bike-share further from the Metro and the dense population centers. However, Sanders said Alexandria will continue to

focus its bike-share expansion around other major public transportation projects.

"As we expand, we're looking to continue to have bike-share stations be close to activity centers like bus rapid transit stations," said Sanders.

"As we add to the network opportunities we'll see ridership continue to increase and we'll see it become more convenient for people," said Yon Lambert, director of Transportation for Alexandria. "People will see that it can be more convenient, quicker and safer."

Brooks also emphasized that Capital Bikeshare's current success is largely a result of the program's ability to integrate with other forms of public transit.

"The key thing with the bike-share is where the stations are located," said Brooks. "That means are they near people that want to ride them and near locations that mesh with transit."

In some ways, Brooks says bike-share in Northern Virginia is more comparable to the Citi-Bike system in New York than to the bike-share in Washington D.C. According to Brooks, Capital Bikeshare's success in D.C. benefits from high numbers of tourists, who pay a high upfront fee to ride and don't ride it as much as residents do. In New York, Brooks says most of the riders are residents using the system to get to and from subway stations. While areas like Old Town Alexandria and Rosslyn might see similar benefits from tourist use, as the bikeshare expands further away from tourist centers Brooks says the ridership will largely shift towards the more costly role of supplementing local resident transit.

According to Buehler, localities like Fairfax, Alexandria, and Arlington continue to push for bikeshare stations to create a more modernized image in an effort to attract more development.

"There is a sense among developers and city officials, maybe even among residents, that having a bikeshare system makes you a cutting edge place to be," said Buehler. "It's part of the image. If Arlington County or Alexandria wants to attract residents or businesses, they point to the Metro, to waterfront, and to the Torpedo Factory. Now, they can point to Capital Bikeshare."



PHOTO CONTRIBUTED

Bikeshare Dock being transported to Fairfax County for Oct. 21 opening.

PEOPLE

From Homeless to New A-SPAN Home **Veteran counts his blessings.**

BY SHIRLEY RUHE
THE CONNECTION

Walk through the front door of Dennis Clark's new apartment on N. Thomas Street. You will hear the story of how Clark went from Army E-4 specialist and leader of men to sleeping on a bus shelter bench on Columbia Pike. "It was a

trickle," he said. "It didn't all happen at once."

Clark was a non-commissioned officer working at Ft. Eustis where he was training in transportation to remove cargo from large ships. It was 1975-78 just in the post-Vietnam era. "I prayed every day in high school I wouldn't end up in the war."

After he left the Army he worked for five years as a civilian police

officer for the Department of Defense. "I started missing the military. I was 29 and in pretty good shape." But somewhere in there he got married and his wife didn't want a military life. "She worked for the government, too. She started as a GS-2; I don't even know if they have them anymore." He says he taught her what he knew but gradually she zipped right by him and ended up as a

GS-12. "She did well."

Clark pulls out an old passport. "My wife became a diplomat in Argentina. I went a long way from being the husband of a diplomat to living on the streets." Clark says they separated in 1998 and got divorced four years later. I met a woman here. I guess I fell in love and we lived together for 12 years. "He says she woke up on Valentine's Day — it was a Satur-

day — and said, 'get out.' That's when things fell apart."

He said he did a lot of couch surfing with friends and occasionally he slept in his cab. "I stayed in cheap motels. In the end things got really bad, and I had trouble renewing my license." And then with Uber taking a lot of the taxi business he couldn't make enough money driving a cab to even pay for cheap motels.

Then one morning a couple of hours before sunrise, "I love this part of the story," he was sitting in a McDonalds drinking a cup of coffee. "I had spent the night sleeping at a bus shelter on Walter Reed. Ben, a local guy, and I started talking and we got along really well." Clark said, "Ben (I don't know his last name) taught me the ropes. He took me to SEEC where I could sit and drink coffee until 11 a.m. and then to S. Nelson to wash my clothes. I went to the Emergency Winter Shelter when it got cold in November and stayed for 2.5-3 months. Then I lived with a friend for a year."

This year he moved to the new Homeless Services Center in April. He said, "It is real nice. Some people say it is like living in a hotel, but it's not home. I told my friend Ben that I'm going to stick it out this time and not return to couch surfing."

Then he applied for housing with A-SPAN and the last week in August he received his one-bedroom apartment. His case manager says that he got housing

SEE A NEW HOME, PAGE 7



PHOTO BY SHIRLEY RUHE
THE CONNECTION

Dennis Clark shows off the refrigerator in his new apartment acquired through A-SPAN in September. The freezer is stacked with lasagna, spaghetti, and butterflied shrimp — "man food." He says, "I count my blessings every day."

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BULLETIN BOARD

Email announcements to arlington@connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

THURSDAY/NOV. 10

Four Mile Run Valley Initiative Meeting. 7-10 p.m. at the Parks and Natural Resources Operations Building, 2700 S. Taylor St. The Four Mile Run Valley initiative is a coordinated planning effort that looks to shape the area in the southern end of Nauck, adjacent to Shirlington Village along the Four Mile Run Stream. Contact Chikwe Njoku at 703-228-7472

NOV. 10-DEC. 13

Arlington Food Assistance Center. Senior Services of Arlington is hosting an online food drive benefitting Arlington Food Assistance Center. Always Best Care of Arlington encourages residents to visit yougivegoods.com/arlington and select from a variety of goods to purchase for donation. All donations will culminate in a one-day delivery to the Arlington Food Assistance Center.

NOV. 10-DEC. 12

Rosslyn Holiday Clothing Drive. Donate gently used winter coats, sweaters, sweatshirts, hats, gloves and jeans for clients of A-SPAN (Arlington Street People's Assistance Network). Drop-off locations are as follows: 1111 19th St.; 1881 N Nash St.; 1900 N Fort Myer Drive; 1611 North Kent St.; 1611 Clarendon



PHOTO BY SHIRLEY RUIHE/THE CONNECTION

years; this year Leverone exhibited "Rooster" and "Girl with the Red Hair" at the Arlington County Fair where they both won a second place. She said the rooster was running free in Costa Rica. Leverone started with the background of dirt and rocks and then painted the head and feet of the rooster last. "I don't know rooster anatomy. I had a lot of trouble with the feet." "Girl with the Red Hair" was painted from a photo she took when she was in the Netherlands a year ago. "Her red hair just struck me."

Blvd.; River Place (1011, 1021 and 1121 Arlington Blvd.); 1555 Wilson Blvd.; 1550 Clarendon Blvd.; 1919 Lynn St.; and 1616 N. Fort Myer.

FRIDAY/NOV. 11

Veterans Day Closings. Arlington County Government Offices and Facilities – closed. Trash and recycling – normal collection schedule. Metered Parking – not enforced.

Featured

Helen Leverone's acrylic paintings were featured as number 6 on the first annual Westover Studio Tour Oct. 29 and 30 where artists open their workspaces to the public for a weekend. Leverone said she thought at one time she would be an artist, "but that was 40 years ago and my kids had to go to college so I had to go to work." But she has exhibited at various art shows over the

MONDAY/NOV. 14

Legislative Forum on Aging Issues. 9:45-11:30 a.m. at the Fairlington Community Center, 3308 S. Stafford St. Arlington and Alexandria Commissions on Aging present an interactive forum to discuss issues that impact older adults, persons with disabilities and their caregivers. To RSVP contact the Arlington Agency on Aging at arlaaa@arlingtonva.us or by phone 703-228-1747.

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OPINION

Coming: Children's Connection 2016

Get creative and send art, poetry and more.

During the last week of each year, The Connection devotes its entire issue to the creativity of local students and children. The results are always remarkable. It is a keepsake edition for many families. Even readers without children of that age spend time admiring and chuckling over the issue. The annual Children's Connection is a tradition of well over a decade.

We publish artwork, poetry, essays, creative writing, opinion pieces, short stories, photography, photos of sculpture or gardens or other creative efforts.

We ask that all submissions be digital so they

Editor's Note

Eight of the 15 Connection Newspapers go to press during the day on Tuesdays, including earlier this week on Election Day. Reporters visited polling places and filed photos and short stories during the day on Election Day, election results were not yet available when this paper went to press. See next week's papers for more insight. www.ConnectionNewspapers.com

Voter Discontent

Some voters doubt value of voting.

BY EDEN BROWN
THE CONNECTION

Jim Moore says the election this year has caused dissent and divisiveness, even in his barber shop. Mr. Moore's shop at 4807 Lee Highway in Arlington has always been a hub for discussion and exchange during the lead-up to the election.

"In previous years, various organizations had left off a stack of registration forms in my shop. I'm not sure why they stopped doing that," he said. He put them by the window and encouraged anyone who hadn't registered yet to take one and send it in. It was a great way to stimulate a conversation about the importance of voting. But that conversation was never as full of heat as it has been this year.

This year, he's been asking people if they voted, or if they planned to vote. A number of people have said they were not going to vote, he said. "What?" Moore asked them. "People died making sure we had the right to vote, and it's our responsibility.

can be sent through email or delivered on CD or flash drive. Writing should be submitted in rich text format (.rtf). Artwork should be photographed or scanned and provided in jpeg format.

Some suggestions:

❖ Drawings or paintings or photographs of your family, friends, pets or some favorite activity. These should be photographed or scanned and submitted in jpeg format. Photos of sculpture or larger art projects are also welcome.

EDITORIAL

❖ Short answers (50 to 100 words) to some of the following questions: If you could give your parents, family or friends any gift that didn't cost money what would that gift be? What are you most looking forward to in the upcoming year? What is one thing that you would change about school? What do you want to be when you grow up? What is your favorite animal? What is your favorite toy? What makes a good parent? What makes a good friend? Describe one of the best or worst things that ever happened to you? What is the best gift you've ever given? Ever received?

❖ Your opinion (50 to 100 words) about traffic, sports, restaurants, video games, toys,

trends, politics, etc.

❖ Poetry or other creative writing.

❖ News stories from school newspapers.

❖ Photos and text about activities or events.

We welcome contributions from public and private schools, individuals and homeschoolers.

To be published, we must have the full first and last name of the student artist/writer.

Identify each piece of writing or art, including the student's full name, age, grade and town of residence, plus the name of the school, name of teacher and town of school location.

To send CDs or flash drives containing artwork and typed, electronic submissions, mark them clearly by school and hometown and mail the CD or flash drive to: Children's Connection, 1606 King Street, Alexandria, VA 22314.

Please send all submissions by Friday, Dec. 2. The Children's Connection will publish the last week of 2016.

You can see last year's editions by visiting www.connectionnewspapers.com/PDFs/ and scroll down to Children's Edition.

Email submissions for the Children's Connection to Arlington@connectionnewspapers.com.

— MARY KIMM

MKIMM@CONNECTIONNEWSPAPERS.COM



Early Voting in Arlington at 39 Degrees

Yorktown High School at 7:45 a.m.: no wait.



Williamsburg Middle School at 8 a.m.: no wait.

PHOTOS BY SHIRLEY RUBE/THE CONNECTION

Even if you are well off, what about the guy who isn't?" Very often, the men who say they won't vote say, "I don't like either one of them." He pushes back: "Why don't you like Hillary Clinton?" "Those emails," is the response. "What about those emails?" he presses. And then the response comes back a little less precise: "I don't really know ..." Moore shook

his head. "This election is bringing out divisions in many ways," he said. "Black and white, male and female, young and old."

Things came to a head when GOP political commentator and consultant Paris Dennard came to his shop for a haircut one day and said he was supporting Donald Trump. Emotions ran high. Moore had to calm things down before a

more serious argument broke out. And then on the morning of Nov. 4, he said, "The conservative radio station WMAL set up down the street at the Metro 29 Diner, and outside were a number of women holding signs saying "Women for Trump" and "Honk if You Love Trump". Moore said so many people were honking as they drove

SEE SOME VOTER. PAGE 15

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Connection

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"FLOURISHING AFTER 55"

"Flourishing After 55" from Arlington Office of Senior Adult Programs for Nov. 13-18.

Senior centers: Lee, 5722 Lee Hwy.; Langston-Brown Senior Center, 2121 N. Culpeper St.; Culpepper Garden, 4435 N. Pershing Dr.; Walter Reed, 2909 S. 16th St.; Arlington Mill, 909 S. Dinwiddie St.; Aurora Hills, 735 S. 18th St.

Senior trips: American Festival Pops Orchestra, Center for the Arts, GMU, Sunday, Nov. 13, \$44; A Country Gospel Christmas, Mercersburg, Pa., Wednesday, Nov. 16, \$56; Sewall Belmont House & Museum, D.C., Friday, Nov. 18, \$15; Capitol Steps comedy group, D.C., Saturday, Nov. 19, \$43. Call Arlington County 55+ Travel, 703-228-4748. Registration required.

NEW PROGRAMS:

Lantern-making workshop, Sunday, Nov. 13, 2 p.m., Walter Reed. Free. Details, 703-228-0955.

Annual Legislative Forum on Aging Issues, Monday, Nov. 14, 9:30 a.m., Fairlington Community Center. Free. Register, 703-228-1747.

Healthy food choices during the holidays, Monday, Nov. 14, 1 p.m., Walter Reed. Free. Register, 703-228-0955.

Beginner and advanced Yoga classes begin week of Nov. 14. For fees and centers, call 703-228-4771.

Access Arlington's online "Exercise Buddy," Tuesday, Nov. 15, 1 p.m., Arlington Mill. Details, 703-228-7369.

New, nine ball pool players, Tuesdays beginning Nov. 15, 10 a.m.,

Walter Reed. Details, 703-228-0955.

Asset Protection and estate planning, Wednesday, Nov. 16, 6:30p.m., Arlington Mill. Fee. Register, 703-228-7369.

Emergency preparedness, Wednesday, Nov. 16, 11 a.m., Langston-Brown. Register, 703-228-6300.

Let's Get Fit classes for beginners start Wednesday, Nov. 16, 11 a.m., Fairlington. \$32/8 sessions. Register, 703-228-4771.

Keeping aging brains healthy, Thursday, Nov. 17, 11 a.m., Langston-Brown. Register, 703-228-6300.

Ballroom dance, Friday, Nov. 18, 1 p.m., Lee. Free. Register, 703-228-0555.

Mindfulness meditation class begins Friday, Nov. 18, 11 a.m., \$42/7 sessions, Walter Reed. Register, 703-228-0955.

A New Home for the Holidays

FROM PAGE 4

quickly, partly because he didn't have any barriers like a criminal record or addiction that can slow down the process.

Clark shows off the kitchen with all new cabinets and refrigerator. He opens the door to the freezing compartment to reveal lasagna, butterflied shrimp and spaghetti — "man's food; I don't cook much." He says the furniture has been donated by "my bourgeoisie sister from her big fancy house in Maryland. We joke about it," he said.

Clark says having his own home "helps me feel comfortable every day. I watch sci-fi. I don't worry

except when business gets slow." Forty percent of his income goes to his landlord to pay the rent. Clark says his 28-year-old son and wife and three grandchildren offered to come and visit on a recent weekend. "I jumped at that. It can get a little lonely." He says he had sleeping bags all over.

The one constant for Clark has been his cab. "I've been driving a cab all but 4-5 years out of the last 28 years. I just like the freedom." He used to get up to start work at 4:45 a.m., prime time for people going to the airport. But the business is not there anymore so he starts closer to 6 a.m. Clark says now that he is in his new home, "I'm 60, and I count my blessings every day."



EXPLORE

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NIGHTLY MARTIAL ARTS DEMONSTRATIONS

f t youtu

Celebrating Second Annual PumpkinFest In Discovery Elementary style.

By RIKKI GEORGE
THE CONNECTION

PumpkinFest at Arlington's Discovery Elementary School is no ordinary fest. But then Discovery Elementary is no ordinary neighborhood school.

The festival held Sunday, Oct. 30, at the year-old Net-Zero school of 580 students, featured a marching band, food trucks, castles and Next Generation jumping machines and pumpkin-carving contests.

Another event included the Global Cardboard Challenge, a program art teacher Maria Burke implemented to recycle the school's cardboard boxes.

With the help of a collaborative learning team — a librarian, a gifted source, IT staff and two art teachers — students went through a five-step creative process of inspiring, brainstorming and sketching ideas, creating and building, adding technology, and refining a project. With cardboard as the main material, students built everything from airplanes to giant bugs to wired machines.

Burke hopes to make the Global Cardboard Challenge a yearly event. But if not, there is plenty to do at Discovery.

"Eco-Action is huge for us," said Shauna Piedrahita, PTA president. There are out-



Chris Hemmerlein and son, Teddy, at Pumpkinfest.



Karen Hobbs and son, Matthew (third grade) at Discovery's Global Cardboard Challenge.



PHOTO BY ALAN KARCHMER/VMO ARCHITECTS

Last year, Discovery Elementary collected and donated more than 2,000 lbs of food to the Arlington Food Assistance Center.

door education activities through gardening. Rain barrels collect water and food is harvested for donation. Building design facilitates experiential learning as well. Solar panels and geothermal walls help stu-

dents learn while putting power back on the grid. And there's a digital dashboard coming soon to be displayed in the school's lobby, where students can track energy usage. "We put students in the driver's seat,"

Assistant Principal Judy Concha said. Students set their own goals, which raises engagement levels, which in turn inspires innovation, success and a festive environment, she said.

Runner Discovers Ups and Downs in Arlington

Phillippe Remen sponsored by Arlington-Reims Sister City program.

By EDEN BROWN
THE CONNECTION

For Philippe Remen, of Reims, France, if he was going to run a first marathon in the U.S. he would have a better support network here than for example in New York City, which is normally the preferred "first U.S. marathon" for foreigners. That is because Arlington is the sister City of Reims, France, and the Sister City Committee goes out of their way to support their "Rémois." Remen also knew the Marine Corps Marathon (MCM) was ranked



PHOTO CONTRIBUTED

Philippe Remen, Anne-Marie Daris of the Arlington-Reims Sister City Association, and his colleague Lydie Gosselet, who came to assess the race for future EFSRA runners. The Arlington-Reims Sister Committee is part of the Arlington Sister City Association, a people-to-people organization which sponsors cultural and educational exchanges.

as one of the largest marathons in the U.S. and the world, that the MCM has been recognized as "Best Marathon in the Mid-At-

lantic," "Best for Families" and "Best for Beginners." Runners from all 50 states and more than 50 countries participate in the Marathon, which is organized by the men and women of the United States Marine Corps.

Remen came to Arlington with his EFSRA colleague Lydie Gosselet, to do a test run of the MCM. If they provide a good report back to his club, as many as 20-30 runners will come here from Reims next year. Remen did the running and Gosselet took notes. They both paid their own way to come to

SEE SCOUTING, PAGE 15

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Day Trip to NYC for Christmas Show, Dec. 1.....\$185
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ENTERTAINMENT



“Windblown” by Thomas Mulczynski will be among the artworks at the Artful Weekend at Fort C.F. Smith Park.

Artful Weekend

Ft. C.F. Smith Park (2411 24th St N.) will host this year’s Artful Weekend, featuring art created by 40 Arlington-based artists. Featured are paintings, ceramics, sculpture, artists cards, unframed works and more. Friday, 6-8 p.m.; Saturday, 10 a.m.-5 p.m.; and Sunday, noon-4 p.m. Visit www.arlingtonartistsalliance.org or contact Kat Jamieson at katjamieson@gmail.com or 443-989-8722.

CALENDAR

Email announcements to arlington@connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

ONGOING

“Freaky Friday.” Through Nov. 13, various time at Signature Theatre, 4200 Campbell Ave. Heidi Blickenstaff and Emma Hunton will star as mother and daughter in the world premiere production of the new musical “Freaky Friday” at Signature Theatre. Tickets start at \$35. Visit www.sigtheatre.org for more.

Post-Graduate Residency Studio.

Through Nov. 17, gallery hours at The Torpedo Factory Art Center, 105 N. Union St. The Torpedo Factory Art Center welcomes four emerging artists to participate in the Post-Graduate Residency Program. Jihee Kang, Paulette Palacios, Anne Smith, and Danielle Smith, were juried by Paul Shortt, new media curator for Arlington Cultural Affairs. Artists can create and sell work, interact with the public, and network with other artists. The program will culminate in a group exhibition in the Torpedo Factory’s contemporary exhibition space, the Target Gallery. Free. Visit www.torpedofactory.org for more.

Printmaking Exhibit:

“Impressions.” Through Nov. 18, gallery hours at The Barry Gallery – Reinsch Library, Marymount University, 2807 N. Glebe Road. The exhibit features the work of Bridget Murphy, Marymount’s associate provost for academic affairs. Murphy, who has also served as a professor in MU’s School of Arts and Sciences and the chair of the Graphic Design and Fine Arts Department, uses both traditional and contemporary printmaking techniques. The inspiration for her current work focuses on multiple topics: typographic design, her travels and her garden. Free. Visit www.marymount.edu/barrygallery.

Art Exhibit: “After Hours: Social Rituals.” Nov. 29, gallery hours at 34zero9 Micro Gallery, 3409 Wilson Blvd. Christina Girardi explores the

visual and social subjects of the bar through drawings made on-site and from photos of bars she has collected from her social encounters. Through these mixed media drawings, she makes an attempt to mimic and recollect setting, sound, color, and taste of the aesthetics surrounding these memories created through the social habits of today’s young urban and suburban populations. Free. Visit www.34zero9.wixsite.com for more.

Call for Submissions: Sigworks

Musical Theater Lab. Deadline, Dec. 1. Two musicals will be chosen for a two-week development workshop during the summer of 2017, and each project will receive public readings at the end of each week. The projects, under leadership of Signature’s Director of New Works Joe Calarco, will work with a director, music director, professional actors, a stage manager, and a dramaturge. The writers of the chosen musicals will receive housing, travel, and an honorarium. Visit www.sigtheatre.org for more.

Abstract Paintings by Meg

Mackenzie. Through Nov. 30, 10 a.m.-6 p.m. weekdays, 10 a.m.-2 p.m. Sat. at The Arlington Artists Alliance Gallery, 2100 Crystal Drive. Mackenzie is an abstract painter whose award-winning work has become a popular favorite in the D.C.-metro area who dedicated her artwork towards celebrating the majestic power and beauty of the horse. Visit www.galleryunderground.org.

Waste Not-Want Not.

through Dec. 1 in the main lobby of Arlington Central Library (1015 North Quincy St.), the Arlington Food Assistance Center is sponsoring an exhibit highlighting the problems of food waste and solutions to preventing it. For more information about AFAC’s Plot Against Hunger program, visit www.afac.org/plot-against-hunger/ or contact Aisha Salazar at cooking@afac.org or 703-845-8486.

Moving Words Poetry Contest.

Through Jan. 12, 2017. The annual poetry contest Moving Words is now open for submissions. The work of six winning poets will be printed on placards and displayed for three months between April and September inside Arlington Rapid Transit (ART)

Holiday Events

NOV. 10-DEC. 12

Rosslyn Holiday Clothing Drive. Donate gently used winter coats, sweaters, sweatshirts, hats, gloves and jeans for clients of A-SPAN (Arlington Street People’s Assistance Network). Drop-off locations are as follows: 1111 19th St.; 1881 N Nash St.; 1900 N Fort Myer Drive; 1611 North Kent St.; 1611 Clarendon Blvd.; River Place (1011, 1021 and 1121 Arlington Blvd.); 1555 Wilson Blvd.; 1550 Clarendon Blvd.; 1919 Lynn St.; and 1616 N. Fort Myer.

NOV. 12-DEC. 24

Photos with Santa Claus. Various times at Fashion Centre at Pentagon City, 1100 S. Hayes St. Santa’s photo chair will be on the ground level near Nordstrom. Visit www.simon.com/fashioncentreatpentagoncity for Santa’s daily schedules and photo package pricing.

SATURDAY/NOV. 12

First Thanksgiving Campfire. 6-7 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road. This engaging program will be filled with entertaining activities that may include stories, special animal guests, games, songs and of course, S’mores. Tickets are \$5 fee per person; \$20 maximum per family due at registration. Call 703-228- 4747 or visit registration.arlingtonva.us.

NOV. 22- DEC. 24

Silver Belles Holiday Play. at Signature Theatre, 4200 Campbell Ave. When Oralene, the longtime director of small town Sylva Ridge’s Christmas Pageant, suddenly passes away, the Silver Belles must come to the rescue. With the spirit of Oralene looking on, the sterling-hued vixens band together, discover their talents and pull out all the stops to keep the beloved pageant alive. Call 703-820-9771 or go to sigtheatre.org.

NOV. 25-DEC. 15

The Salvation Army Angel Tree Program. Pentagon City shoppers can select an Angel Card from the Angel Tree, located at the Santa Set on the First Level near Nordstrom, and return their unwrapped gift with the Angel Card to the Mall Office, located on Metro Level. The Mall Office will receive gifts Monday-Friday, 9 a.m.-5 p.m. Visit simon.com/fashioncentreatpentagoncity.

FRIDAY-SATURDAY/NOV. 25-26

Sounds of the Season. at the Fashion Centre at Pentagon City. Musical performances by Salvation Army Band, St. Stephens Performance Band and Hammonds Middle School. Visit simon.com/fashioncentrepentagon.com.

SATURDAY/NOV. 26

Holiday Photo Booth. Noon.-5 p.m. at the Fashion Centre at Pentagon City. Visit simon.com/fashioncentreatpentagoncity.

FRIDAY/DEC. 2

Miracle on 23rd Street Tree Lighting. 6-8 p.m. at Linden Resources, 750 23rd St. S. Free on-street and lot parking available. Features The Grand Tree Lighting Ceremony, Santa arriving on an Arlington County Station 5 fire truck, visit with Santa, holiday musical entertainment, and face painting for children. Call 703-521-4441 or visit www.linden.org/event/miracle-on-23rd-street/.

SATURDAY/DEC. 3

Holiday Photo Booth. Noon.-5 p.m. at the Fashion Centre at Pentagon City. Visit simon.com/fashioncentreatpentagoncity.

Sounds of the Season. at the Fashion Centre at Pentagon City. Musical performances by Salvation Army Band, St. Stephens Performance Band and Hammonds Middle School. Visit simon.com/fashioncentrepentagon.com.

DEC. 3-11

Holiday House Craft Show. 10 a.m.-5 p.m on Saturdays, noon-5 p.m. on Sundays. Wednesday, Dec. 7, noon-8 p.m. at the Hendry House, Fort CF Smith

Park at 2411 N. 24th St. All items are created by local artisans. Call 703-243-7329.

SUNDAY/DEC. 4

Holiday Wreath Workshop. 1-4 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road. Using all natural items create some delightfully decorative crafts you can use to spruce up your home or give as special gifts. Fee is \$30. Call 703-228- 4747 or visit registration.arlingtonva.us.

Messiah Sing-Along. 4 p.m. at Fairlington United Methodist Church 3900 King St. with guest soloists Laura Whittenberger, soprano; Mary Burke, alto; Chuanqi Shang, tenor; and Christopher Edwards, bass. Email louise@fairlingtonumc.org, call 703-671-4057, or visit www.fairlingtonumc.org.

FRIDAY-SATURDAY/DEC. 9-10

Holiday Market Festival and Bonfire. 3-11 p.m. Friday and 8:30 a.m.-3 p.m. at Gateway Park, 1300 Lee Highway. A shopping experience featuring unique, high-quality products from area small businesses. There will also be live entertainment and activities on both days of the market, including musical performances by local choirs, a bonfire and a rock band on Friday night. Free. Visit www.rosslynva.org for more.

BalletNova presents the Nutcracker Petites Pre-school Performances. At Fredgren Studio Theatre, 3443 Carlin Springs Road, Falls Church. Friday, 5 p.m., Saturday, 11:30 a.m. and 2 p.m. Advanced Sale: \$16-\$26 (additional \$3 at the door). Email Caroline Frankil Warren at cwarren@balletnova.org.

DEC. 9-24

Holiday Gift Wrap. at the Fashion Centre at Pentagon City. All proceeds benefit Simon Youth Foundation and Arms Outstretched Ministry. Visit simon.com/fashioncentreatpentagoncity.

SATURDAY/DEC. 10

“Happy Holidays.” 7:30 p.m. at Rosslyn Spectrum Theatre, 1611 N. Kent St. Soprano Rebecca Littig, who made her European debut at age 24, has graced many of the world’s stages including Milan’s Teatro alla Scala, the Vienna State Opera, and London’s Royal Opera Covent Garden. She will perform Mozart’s joyful “Exsultate, Jubilate K165,” written by the composer – while still in his teens – specifically for Italian castrato Venanzio Rauzzini. Littig will also lead the audience in a carols sing-along at the conclusion of the concert. Joining Littig will be Natasha Dukan (piano), Jorge Orozco (violin), Vasily Popov (cello), Leo Sushansky (violin), and Uri Wassertzug (viola). In addition, the winner of the Outstanding Young Artist Achievement Award will make his or her Ensemble debut. Tickets are \$33, \$17 for students. Visit www.nationalchamberensemble.org.

Holiday Choral Concert. 3 p.m. at Washington Lee High School, 1301 N. Stafford St. The Encore Chorales of Langston Brown, Alexandria, Potomac Arts Academy & Goodwin House Bailey’s Crossroads invite the community to a free Holiday Choral Concert. Visit encorecreativity.org, call 301-261-5747 or email info@encorecreativity.org.

Holiday Photo Booth. Noon.-5 p.m. at the Fashion Centre at Pentagon City. Visit simon.com/fashioncentreatpentagoncity.

Sounds of the Season. at the Fashion Centre at Pentagon City. Musical performances by Salvation Army Band, St. Stephens Performance Band and Hammonds Middle School. Visit simon.com/fashioncentrepentagon.com.

SUNDAY/DEC. 11

Nutcracker Tea at the Ritz. 10:30 a.m. and 2 p.m. at Ritz-Carlton, Pentagon City, 1250 S. Hayes St. Guests enjoy high tea Ritz-Carlton style, pictures with the Sugar Plum Fairy, crafts, raffle prizes and a mini-performance of excerpts from The Nutcracker. Adults, \$75; children under 12, \$44. Email Caroline Frankil Warren at cwarren@balletnova.org.

SATURDAY/DEC. 17

Holiday Photo Booth. Noon.-5 p.m. at the Fashion Centre at Pentagon City. Visit simon.com/fashioncentreatpentagoncity.

Sounds of the Season. at the Fashion Centre at Pentagon City. Musical performances by Salvation Army Band, St. Stephens Performance Band and Hammonds Middle School. Visit simon.com/fashioncentrepentagon.com.

ENTERTAINMENT

buses. This year's Moving Words competition is juried by Arlington County's Poet Laureate, Katherine E. Young. Submit entries to movingwords@arlingtonva.us. Visit www.arlingtonarts.org/ for rules.

Exhibit: "Día de los Muertos."

Through Dec. 18. Gallery hours at Arlington Arts Center, 3550 Wilson Blvd. Artists living in the Mid-Atlantic states submit work that responds to the concepts, themes, and imagery of this beloved holiday. Free. Visit www.arlingtonartscenter.org for more.

THURSDAY/NOV. 10

Spirit of Community Luncheon.

11:30 a.m.-2 p.m. at Renaissance Arlington Capital View Hotel, 2800 S. Potomac Ave. The Arlington Community Foundation is honoring 2016 "William T. Newman, Jr. Spirit of Community Award" Recipient Mr. Jonathan C. Kinney and "Community Impact Award" recipient Arlington Outdoor Education Association. Tickets are \$55. Visit www.arlcf.org for more.

Container Gardening. 1 p.m. at Culpepper Garden Senior Center, 4435 N. Pershing Drive. Learn about the basics of container gardening, and variety of plants that you can easily grow out of pots and other containers from one of our Master Gardeners. Free. Advance registration requested at mgnv.org, 703-228-6414 or email mgaralalex@gmail.com.

Mariachi Flor De Toloache band.

7:30 p.m. at Rosslyn Spectrum Theatre, 1611 North Kent St. Tickets \$15 General Admission (\$12 students/seniors), available through Eventbrite.com. Call 703-228-1850 or visit www.arlingtonarts.org.

THURSDAY-SATURDAY/NOV. 10-12

Johnny Pemberton. 9 p.m. Thursday; 8 p.m. and 10 p.m. Friday; 7 p.m. and 9 p.m. Saturday at Arlington Cinema & Drafthouse, 2903 Columbia Pike. Johnny Pemberton is a comedian, an actor, a writer, a mildly knowledgeable gardener, a reggae enthusiast, and a friend to both insects and mammals. Tickets are \$25. Visit www.DrafthouseComedy.com.

FRIDAY/NOV. 11

AGLA: "Yesterday, Today, and Tomorrow."

5:30-10 p.m. at The Hyatt Regency, 2799 Jefferson Davis Highway. In addition to entertaining, this event will be educational, providing an overview of AGLA's past, present, and future. Ticket prices not yet announced. Visit www.agla.org for more.

FRIDAY-SATURDAY/NOV. 11-12

Tom Cotter. 7:30 p.m. and 10 p.m. Friday; 7 p.m. and 10 p.m. at Arlington Cinema & Drafthouse, 2903 Columbia Pike. Comedian Tom Cotter has taken the comedy scene by storm since finishing as runner-up and becoming the Breakout Star from Season 7's "America's Got Talent." He lost to a dog act. Tickets are \$25. Visit www.DrafthouseComedy.com.

SATURDAY, NOV. 12

Jazz VA Fest. 11 a.m.-2 p.m. at the Hyatt Regency Crystal City Hotel, 12799 Jefferson Davis Highway. The Northern Virginia Alumnae Chapter of Delta Sigma Theta Sorority Inc. is holding the sixth annual Jazz VA fest to benefit the Scholarship &



Tom Cotter, from America's Got Talent and Comedy Central, will be at the Arlington Draft House Nov. 11 and 12.

PHOTO
CONTRIBUTED

Community Service Programs of the S. Northern Virginia Alumnae Chapter, Delta Sigma Theta Sorority, Inc. Tickets \$65 at dstnovac.org by Nov. 4.

Dance Festival of India 2016:

Kalpana Showcase. 3 and 7 p.m. at Thomas Jefferson Theatre, 125 South Old Glebe Road. Showcase I: Indian classical dance performances by tri-state area dancers and world renowned guest Chowk Productions. Showcase II: Local area dancer showcases and youth showcases, with guest artists Rajendra Gangani, Roja Kannan, and Chowk Productions. Tickets required, call 703-228-1850.

First Thanksgiving Campfire. 6-7 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road. This engaging program will be filled with entertaining activities that may include stories, special animal guests, games, songs and of course, S'mores. Tickets are \$5 fee per person; \$20 maximum per family due at registration. Call 703-228-4747 or visit registration.arlingtonva.us.

Open Studios Party and benefit. 6-9 p.m. at 932 S. Walter Reed Drive. A free event with the opportunity to

meet the artists in the studios and this year the artists are donating work to be sold at below market prices to benefit the coop's emergency fund. Email ruthsievers@mac.com or call 571-332-3333.

Toast to Hope. 6:30-9:30 p.m. at UUCA Gallery, 4444 Arlington Blvd. Toast to Hope is SCAN's signature fall giving event and offers wine and beer tastings, food samplings, plus a Silent/Live Auction. Tickets prices yet to be announced. Visit www.scanva.org for more.

SATURDAY-SUNDAY/NOV. 12-13

Lantern Making Workshops.

2 p.m. Sat. Shirlington Library, 4200 Campbell Ave.; 2 p.m. Sun. Walter Reed 55+ Senior Center, 2909 S. 16th St. Free 1-hour workshops to make lanterns for the Winter Wonderland Festival on Dec. 10. For ages 5 and up. Two additional workshops will be scheduled on Nov. 19 and at the Festival. Free. Visit ArlingtonArts.org or Library.Arlingtonva.us.

The Migration Project. 7:30 p.m.

Sat., 3 p.m. Sun. at Theatre on the Run, 3700 S. Four Mile Run Drive. The Migration Project explores human flight through stories of relocation. An immersive visual experience evolves as Jane Franklin Dance and voices from within the community share family histories and interact with the space and with the art. Rosemary Feit Covey's art installation, originally shown as The 0 Project, is a large-scale sculptural piece meant to give voice to the underrepresented and traditionally ignored. Dawn Whitmore adds brief video statements and sound installations drawn from words and phrases provided by individuals who have told their stories. Tickets are \$20-26.50. Visit www.janefranklin.com/performances/tickets.

NOV. 12-DEC. 24

Photos with Santa Claus. Various times at Fashion Centre at Pentagon City, 1100 S. Hayes St. Santa's photo chair will be on the ground level near Nordstrom. Visit www.simon.com/fashioncentreatpentagoncity for Santa's daily schedules and photo package pricing.

SUNDAY/NOV. 13

Pushups for Veterans. 12-2 p.m. at The Fencers Club of Virginia, 3431 Carlin Springs Road, Suite E. This event is part of the annual nationwide Boots Campaign Pushups for Charity fundraising initiative aimed at increasing awareness of the challenges military service members and veterans face, and raising money to support their unique needs. Learn more at bootcampaign.org.

Open Studios Party and benefit. 2-

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NATIONAL CHILD RESEARCH CENTER | THE NEWTON SCHOOL | THE NORA SCHOOL
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5 p.m. at 932 S. Walter Reed Drive. A free event with the opportunity to meet the artists in the studios and this year the artists are donating work to be sold at below market prices to benefit the coop's emergency fund. Email ruthsiewers@mac.com or call 571-332-3333.

'Dinosaur Dinner.' 4:30-8:30 p.m. at 2941 Restaurant, 2941 Fairview Park Drive. Dinner doubles as a dinosaur information fest in the main dining room. \$85 per person; children's menu available, \$40 per person for 12 years old and younger. Reservations required. Reserve online or call 703-270-1500.

Save the Children Benefit Concert. 7 p.m. at First Presbyterian Church of Arlington, 601 Vermont St. N. This November Gin Dance Company's Shu-Chen will be doing a solo performance among an array of accomplished musicians and singers/vocalists for Humanitarian Aid to Syria Benefit Evening. Free. Visit www.gindance.org for more.

MONDAY/NOV. 14

Encore Learning's "Meet the Speaker." 3-4:30 p.m. at Arlington Central Library, 1015 Quincy St. Douglas R. Norton will speak on The Science of Climate Change. Call 703-228-2144.

Play Reading: "Dogwood Cross." 7 p.m. at Signature Theatre, 4200 Campbell Ave. Cole, a staunch teenage atheist, befriends Christian, a young naïve teacher with a secret of his own. Cole quickly develops a crush on Christian and begins to ruthlessly pursue him. The results force both characters to completely rebuild their identities. Free. Visit

www.sigtheatre.org/about/sigworks.

Muggle Huddle with Harry Potter Readers. 7-8 p.m. at Westover Branch Library, 1644 North McKinley Road, Suite 3. The Muggle Huddle book club is for first-time readers and Potterheads alike. Call 703-228-5260.

TUESDAY/NOV. 15

Introduction to 3D Modeling and Printing with Blender. 6:30-8:30 p.m. at the Central Library 1st Floor Circulation Alcove 1015 N Quincy St., Learn the basics of 3D modeling by creating low poly animals. Free, for grades 6+, RSVP required, get the form at <https://today.arlingtonva.us/event/10224>.

THURSDAY/NOV. 17

The Lawn Chair Talks: Nicole Salimbene and Cynthia Singiser. 6-8 p.m. at the Arlington Arts Center, 3550 Wilson Blvd. Art and eating healthy will be the topics followed by a Q&A session. Admission is free.

FRIDAY/NOV. 18

Teens Making a Difference Club. 6-10 p.m. at Walter Reed Community Center, 4200 S. Four Mile Run. Teens take part in a variety of activities including dinner, games, art, and crafts. Only \$25 per child. Call 703-228-0701.

Encore Stage Holding Rehearsals for A Fairy Tale Christmas Carol. 8 p.m. at St. Andrew's Episcopal Church 4000 Lorcom Ln. On Wednesday, Nov. 30 will be a dress rehearsal, featuring actors in their costumes. Visit

www.encorestage.org or call 703-548-1154.

FRIDAY-SATURDAY/NOV. 18-19

The Migration Project. 7:30 p.m. at Theatre on the Run, 3700 S. Four Mile Run Drive. The Migration Project explores human flight through stories of relocation. An immersive visual experience evolves as Jane Franklin Dance and voices from within the community share family histories and interact with the space and with the art. Rosemary Feit Covey's art installation, originally shown as The 0 Project, is a large-scale sculptural piece meant to give voice to the underrepresented and traditionally ignored. Dawn Whitmore adds brief video statements and sound installations drawn from words and phrases provided by individuals who have told their stories. Tickets are \$20-26.50. Visit www.janefranklin.com/performances/tickets.

FRIDAY-SUNDAY/NOV. 18-20

'On the Shoulders of Giants' Planetarium Discussion. Fri. and Sat., 7:30 and Sunday, 3 p.m. Panel discussion 'On the Shoulders of Giants' with three experts. Sunday are two full dome, kid-friendly shows with some short films being shown for free during the intermission. Reserve seats at friendsoftheplanetarium.org/post/83/

Artful Weekend. Friday, 6-8 p.m.; Saturday, 10 a.m.-5 p.m.; Sunday, noon-4 p.m. at Ft. C.F. Smith Park, 2411 24th St N. Art created by 40 top Arlington-based artists. Featured are paintings, ceramics, sculpture, artists

cards, unframed works and more. Visit www.arlingtonartistsalliance.org or contact Kat Jamieson at katjamieson@gmail.com or 443-989-8722.

SATURDAY/NOV. 19

The National Coalition of 100 Black Women, Incorporated Brunch. 11:30 a.m. at The Ritz-Carlton, Pentagon City 1250 South Hayes St. Speakers and Jazz musician and producer Marcus Johnson. Bazaar starts at 10 a.m. Tickets are \$75 and can be purchased through Eventbrite.com.

Live Barbershop Music Concert. 3 p.m. at Thomas Jefferson Community Theatre, 125 S. Glebe Road. Prize-winning women's barbershop a cappella Potomac Harmony Chorus celebrates its 40th anniversary with a lighthearted musical journey into outer space. Tickets are \$20 for adults, \$15 for children and seniors. Visit www.potomacharmony.org.

SUNDAY/NOV. 20

Digital Photography Hike for Kids. 1:30-3 p.m. at the Long Branch Nature Center, 625 S. Carlin Springs Road. Get tips on how to take pictures, learn about local wildlife and have a chance to photograph some live nature center animals. Bring the camera of your choice. Ages 8-12. \$5. Call 703-228-4747, using Activity #612926-H.

Washington Balalaika Society: "Love and Laughter." 3 p.m. at Kenmore Performing Arts Center, 200 S. Carlin Springs Road. Tickets are \$25 for adults, \$20 for seniors, \$25 for students, and for children 18 and under. Visit www.balalaika.org.

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603 Edmonston Drive
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Tickets: www.balalaika.org
or call 240-314-8690

3:00 pm, Sun., Nov. 20
Kenmore Middle School
200 South Carlin Springs Rd.
Arlington, Virginia
Tickets: www.balalaika.org
or check to WBS, 4910 Gadsden Drive, Fairfax VA 22032

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The Children's CONNECTION 2016

This keepsake, award-winning issue will be filled with the artwork and writings of local children starring their families, friends, pets, schools and more. Our family readers are your best customers, who take time to savor this edition during the holidays and beyond.

Be Part of the Children's Connection

During the last week of each year, The Connection devotes its entire issue to the creativity of local students and children. The results are always remarkable. It is a keepsake edition for many families. The edition has won many awards.

We welcome contributions from public and private schools, individuals and homeschoolers. We publish artwork, poetry, essays, creative writing, opinion pieces, short stories, photography, photos of sculpture or gardens, or other creative efforts.

To submit material, identify each piece of writing or art, including the student's full name, age, grade and town of residence, plus the name of the school if applicable, name of teacher and town of school location. E-mail to arlington@connectionnewspapers.com. To send CDs or flash drives containing artwork and typed, electronic submissions, mark them clearly by school and hometown and mail the CD to Children's Connection, 1606 King Street, Alexandria, VA 22314. Please send all submissions by December 16.

Publishing December 28

Advertising & Materials Due: December 16

For More Information: Call 703.778.9431

Alexandria Gazette Packet CENTRE VIEW CONNECTION NEWS PAPERS Mount Vernon Gazette ALMANAC POTOMAC

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HOME SALES

In September 2016, 220 Arlington homes sold between \$2,375,000-\$104,500.
This week's list represents those homes sold in the \$2,375,000-\$525,000 range.
For the complete list, visit www.ConnectionNewspapers.com

Address	BR .	FB .	HB ...	Postal	City	Sold Price ...	Type	Lot AC .	PostalCode	Subdivision
1881 NASH ST #2108	3	2	1	ARLINGTON	\$2,375,000	Hi-Rise 9+ Floors	22209 ARLINGTON
5028 25th RD N	5	4	2	ARLINGTON	\$1,851,964	Detached	0.18	22207 GARDEN CITY
3024 4TH ST N	5	5	1	ARLINGTON	\$1,710,000	Detached	0.18	22201 LYON PARK
632 19TH ST S	5	5	1	ARLINGTON	\$1,625,000	Detached	0.20	22202 ADDISON HEIGHTS
1881 NASH ST #1603	2	2	1	ARLINGTON	\$1,600,000	Hi-Rise 9+ Floors	22209 ARLINGTON
4615 23RD ST N	5	4	1	ARLINGTON	\$1,527,000	Detached	0.14	22207 LEE HEIGHTS
4014 18TH RD N	5	4	1	ARLINGTON	\$1,481,652	Detached	0.14	22207 CHERRYDALE
4661 DITTMAR RD	3	3	1	ARLINGTON	\$1,425,000	Detached	0.32	22207 COUNTRY CLUB HILLS
2006 N. ROOSEVELT ST	5	4	1	ARLINGTON	\$1,370,000	Detached	0.17	22205 ARLINGTON
1510 23RD ST S	4	4	0	ARLINGTON	\$1,230,000	Detached	0.25	22202 ARLINGTON RIDGE
2218 24TH ST N	4	3	1	ARLINGTON	\$1,225,000	Detached	0.23	22207 WOODMONT
4428 OLD GLEBE RD	3	2	0	ARLINGTON	\$1,206,000	Detached	0.51	22207 ARLINGTON
2900 22ND ST N	5	4	1	ARLINGTON	\$1,200,000	Detached	0.15	22201 MAYWOOD
1211 KIRKWOOD RD	4	3	1	ARLINGTON	\$1,200,000	Townhouse	0.02	22201 THE BROMPTONS AT CLARENDON
3841 TAZEWELL ST	4	4	1	ARLINGTON	\$1,200,000	Townhouse	0.14	22207 THE GLEBE
5616 8TH RD N	5	4	1	ARLINGTON	\$1,199,900	Detached	0.14	22205 BLUEMONT
108 HIGHLAND ST S	5	4	1	ARLINGTON	\$1,162,000	Detached	0.14	22204 ARLINGTON HEIGHTS
3818 NELSON ST	5	4	0	ARLINGTON	\$1,129,000	Detached	0.60	22207 RIVERCREST
4817 24TH ST N	5	3	1	ARLINGTON	\$1,119,900	Detached	0.15	22207 LIVINGSTONE HEIGHTS
4945 34TH ST N	4	3	0	ARLINGTON	\$1,060,000	Detached	0.16	22207 COUNTRY CLUB MANORS
1511 22ND ST N	3	3	2	ARLINGTON	\$1,040,000	Townhouse	0.04	22209 PALISADES PARK
2001 15TH ST N #1412	2	2	1	ARLINGTON	\$1,025,000	Hi-Rise 9+ Floors	22201 ARLINGTON
6776 LITTLE FALLS RD	4	3	1	ARLINGTON	\$1,005,000	Detached	0.22	22213 BERKSHIRE OAKWOOD
600 EDISON ST	4	3	1	ARLINGTON	\$999,900	Detached	0.14	22203 BRANDON VILLAGE
3650 GLEBE RD S #1148	3	2	1	ARLINGTON	\$991,500	Hi-Rise 9+ Floors	22202 THE ECLIPSE ON CENTER PARK
5500 23RD ST N	4	3	0	ARLINGTON	\$975,000	Detached	0.17	22205 TUCKAHOE VILLAGE
1700 CLARENDON BLVD #153	2	2	0	ARLINGTON	\$970,000	Mid-Rise 5-8 Floors	22209 GASLIGHT SQUARE
1455 N SCOTT ST	3	3	1	ARLINGTON	\$945,000	Townhouse	0.03	22209 FT MYER HEIGHTS
2429 13TH CT N	3	3	1	ARLINGTON	\$933,000	Townhouse	0.02	22201 COURTHOUSE HILL
2702 LEE HWY #4A	3	2	1	ARLINGTON	\$930,000	Garden 1-4 Floors	22201 LYON POINTE
3362 DICKERSON ST N	3	4	0	ARLINGTON	\$922,000	Detached	0.17	22207 COUNTRY CLUB MANORS
3409 WILSON BLVD #612	3	2	0	ARLINGTON	\$905,000	Mid-Rise 5-8 Floors	22201 ARC 3409
2319 JOYCE ST S	4	4	1	ARLINGTON	\$900,000	Detached	0.16	22202 AURORA HILLS
1137 MONROE ST	4	3	1	ARLINGTON	\$898,899	Townhouse	0.04	22204 PIKE 3400 TOWNS
1624 BUCHANAN ST N	3	3	0	ARLINGTON	\$875,500	Detached	0.15	22207 WAYCROFT WOODLAWN
2444 POCOMOKE ST N	4	3	0	ARLINGTON	\$870,000	Detached	0.19	22207 BERKSHIRE OAKWOOD
3101 HARRISON ST N	3	2	0	ARLINGTON	\$855,000	Detached	0.24	22207 CRESCENT HILLS
2906 19TH ST S	4	3	1	ARLINGTON	\$850,000	Detached	0.16	22204 FAIRVIEW
1809 MONROE ST	5	3	0	ARLINGTON	\$850,000	Detached	0.22	22207 CHERRYDALE
2801 LEE HWY #402	2	2	0	ARLINGTON	\$849,000	Garden 1-4 Floors	22201 LYON HILL
2679 MARCEY RD	3	2	2	ARLINGTON	\$849,000	Townhouse	0.05	22207 MARCEY CREEK
1323 20TH ST S	3	3	1	ARLINGTON	\$839,500	Detached	0.29	22202 AURORA HILLS
2509 UTAH ST N	4	3	0	ARLINGTON	\$805,000	Detached	0.21	22207 LEE HEIGHTS
616 24TH ST S	3	3	1	ARLINGTON	\$800,000	Detached	0.15	22202 AURORA HILLS
1509 STAFFORD ST	3	2	2	ARLINGTON	\$788,000	Detached	0.16	22204 DOUGLAS PARK
915 20TH ST S	4	3	0	ARLINGTON	\$785,000	Detached	0.13	22202 AURORA HILLS
6205 26TH ST N	4	3	0	ARLINGTON	\$785,000	Detached	0.13	22207 BERKSHIRE OAKWOOD
1881 NASH ST #207	1	2	0	ARLINGTON	\$785,000	Hi-Rise 9+ Floors	22209 TURNBERRY TOWER OF ARLINGTON
2615 HAYES ST	4	3	0	ARLINGTON	\$780,000	Detached	0.20	22202 AURORA HILLS
1172 VERNON ST	3	2	1	ARLINGTON	\$775,000	Attach/Row Hse	0.03	22201 BALLSTON AREA TOWNHOUSE
1111 19TH ST N #2804	2	2	1	ARLINGTON	\$775,000	Hi-Rise 9+ Floors	22209 WATERVIEW
4701 7TH ST S	3	2	0	ARLINGTON	\$769,900	Detached	0.31	22204 BARCROFT
419 GEORGE MASON DR N	3	3	1	ARLINGTON	\$765,000	Townhouse	0.02	22203 BUCKINGHAM COMMONS
1028 20TH ST S	3	2	0	ARLINGTON	\$762,000	Detached	0.14	22202 AURORA HIGHLANDS
645 GREENBRIER ST N	3	2	0	ARLINGTON	\$757,000	Detached	0.15	22205 BONAIR/BRANDON VILLAGE
1728 POLLARD ST	3	2	1	ARLINGTON	\$753,500	Detached	0.19	22204 S ARLINGTON
925 21ST ST S	3	2	0	ARLINGTON	\$745,000	Detached	0.17	22202 ADDISON HEIGHTS
2112 MILITARY RD	4	3	0	ARLINGTON	\$745,000	Townhouse	0.07	22207 LAUDERDALE
2447 QUANTICO ST	3	2	1	ARLINGTON	\$740,000	Detached	0.26	22207 ARLINGTON
2220 FAIRFAX DR #608	3	2	1	ARLINGTON	\$730,000	Hi-Rise 9+ Floors	22201 PARK AT COURTHOUSE
3313 JOHN MARSHALL DR	3	1	1	ARLINGTON	\$726,500	Detached	0.23	22207 ARLINGTON
2001 15TH ST N #809	2	2	0	ARLINGTON	\$725,000	Hi-Rise 9+ Floors	22201 THE ODYSSEY
705 ADAMS ST S	3	1	1	ARLINGTON	\$720,000	Detached	0.13	22204 PENROSE
819 BARTON ST N	3	1	0	ARLINGTON	\$706,000	Detached	0.08	22201 LYON PARK
899 NOTTINGHAM ST	4	2	0	ARLINGTON	\$695,000	Detached	0.17	22205 IRLINGTON
5225 7TH ST S	5	2	0	ARLINGTON	\$685,000	Detached	0.14	22204 FOREST GLEN
1157 COLUMBUS ST N	3	2	0	ARLINGTON	\$685,000	Detached	0.14	22205 WAYCROFT
3308 KEMPER RD	2	3	1	ARLINGTON	\$682,000	Townhouse	0.02	22206 SHIRLINGTON CREST
5324 2ND ST N	3	2	1	ARLINGTON	\$680,000	Detached	0.17	22203 ARLINGTON FOREST
1116 OHIO ST N	3	3	0	ARLINGTON	\$677,500	Detached	0.14	22205 MADISON MANOR
888 QUINCY ST N #1402	2	2	0	ARLINGTON	\$675,000	Hi-Rise 9+ Floors	22203 RESIDENCES AT LIBERTY CENTER
6400 28TH ST N	3	2	0	ARLINGTON	\$670,000	Detached	0.16	22207 BERKSHIRE OAKWOOD
1201 GARFIELD ST #114	2	2	0	ARLINGTON	\$665,000	Hi-Rise 9+ Floors	22201 STATION SQUARE
5118 26TH ST N	3	2	0	ARLINGTON	\$659,000	Detached	0.11	22207 COUNTRY CLUB ESTATES
129 BUCHANAN ST S	3	2	0	ARLINGTON	\$655,000	Detached	0.14	22204 ARLINGTON FOREST
3409 WILSON BLVD #409	2	2	0	ARLINGTON	\$650,000	Mid-Rise 5-8 Floors	22201 ARC 3409
1200 NASH ST #527	2	2	0	ARLINGTON	\$650,000	Hi-Rise 9+ Floors	22209 PROSPECT HOUSE
1034 RANDOLPH ST N	2	2	0	ARLINGTON	\$645,000	Attach/Row Hse	22201 RANDOLPH SQUARE
3519 19TH ST S	7	4	0	ARLINGTON	\$640,000	Detached	0.11	22204 NAUCK/DOUGLAS PARK
414 ILLINOIS ST	4	2	0	ARLINGTON	\$635,000	Detached	0.14	22204 GLEN CARLIN
5145 3RD ST N	3	2	0	ARLINGTON	\$634,900	Detached	0.16	22203 ARLINGTON FOREST
1020 HIGHLAND ST #212	2	2	0	ARLINGTON	\$630,000	Hi-Rise 9+ Floors	22201 THE PHOENIX
109 FILLMORE ST	3	3	0	ARLINGTON	\$630,000	Detached	0.09	22204 N/A
2302 GREENBRIER CT N	3	2	1	ARLINGTON	\$620,000	Townhouse	0.02	22207 GREENBRIER COURT
6701 WASHINGTON BLVD #E	2	2	1	ARLINGTON	\$615,000	Townhouse	22205 LAUREL MEWS
4649 2ND ST S	3	2	0	ARLINGTON	\$610,000	Detached	0.11	22204 BARCROFT
1523 MCKINLEY RD N	3	2	0	ARLINGTON	\$610,000	Detached	0.17	22205 FOSTORIA
1817 QUINCY ST S	4	2	0	ARLINGTON	\$604,600	Detached	0.19	22204 DOUGLAS PARK
1108 RANDOLPH ST N	2	2	0	ARLINGTON	\$590,000	Townhouse	0.02	22201 STAFFORD SQUARE
1537 12TH ST S	3	2	1	ARLINGTON	\$589,000	Detached	0.10	22204 SOUTHGATE
1141 UTAH ST N #1141	2	2	1	ARLINGTON	\$585,000	Townhouse	22201 BALLSTON COURT CONDO
1625 HAYES ST S #B	3	2	1	ARLINGTON	\$580,000	Townhouse	22202 SOUTHAMPTON
4035 8TH ST S #A	4	3	0	ARLINGTON	\$575,000	Detached	0.27	22204 ALCOVA HEIGHTS
820 POLLARD ST N #313	2	2	0	ARLINGTON	\$573,000	Hi-Rise 9+ Floors	22203 HAWTHORN
6705 WASHINGTON BLVD #D	2	2	2	ARLINGTON	\$565,000	Townhouse	22205 LAUREL MEWS
1111 19TH ST N #1909	1	1	0	ARLINGTON	\$554,000	Hi-Rise 9+ Floors	22209 THE WATERVIEW CONDOMINIUM
1107 S. WALTER REED DR #503	2	2	0	ARLINGTON	\$550,000	Mid-Rise 5-8 Floors	22204 ARLINGTON
20 MANCHESTER ST S	3	2	2	ARLINGTON	\$540,000	Townhouse	22204 MANCHESTER SQ
6711 WASHINGTON BLVD #1	2	1	1	ARLINGTON	\$536,000	Townhouse	22205 LAUREL MEWS
736 15TH ST S #1	2	3	0	ARLINGTON	\$535,000	Townhouse	22202 SOUTHAMPTON CONDOMINIUM
1101 ARLINGTON RIDGE RD #314	2	2	1	ARLINGTON	\$535,000	Hi-Rise 9+ Floors	22202 THE REPRESENTATIVE
2200 WESTMORELAND ST N #409	2	2	0	ARLINGTON	\$530,000	Mid-Rise 5-8 Floors	22213 THE WESTLEE
2101 MONROE ST #308	2	2	0	ARLINGTON	\$526,000	Garden 1-4 Floors	22207 DOMINION HEIGHTS
2113 RANDOLPH ST S	3	2	1	ARLINGTON	\$525,000	Detached	0.11	22204 DOUGLAS PARK
1107 S. WALTER REED DR #302	2	2	0	ARLINGTON	\$525,000	Mid-Rise 5-8 Floors	22204 COLUMBIA PLACE
1401 RHODES ST N #502	2	2	0	ARLINGTON	\$525,000	Mid-Rise 5-8 Floors	22209 COURTHOUSE

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Home LifeStyle

Guest-Ready Home for the Holidays

From organizing to decorating, a guide for getting a house ready for visitors.

BY MARILYN CAMPBELL
THE CONNECTION

Ready or not, the holidays are coming. For many, this means a flurry of overnight guests. With three weeks before Thanksgiving, many to-do lists are more involved than choosing turkeys and decking the halls.

Some homeowners will be sent into states of cleaning frenzy by spotting crumbled Cheerios lost in the corners of dining chairs or guestrooms piled high with papers and boxes. From the reality of cleaning and tending to repairs to the frivolity of fanciful holiday decorating, local experts offer suggestions for getting organized and ready to welcome company.

"For my out-of-town guests, I love to make them feel special and welcome," said interior designer Gretchen Fuss, of Gretchen Fuss Works of Art and Interior Design. "The whole house will be clean and sparkling."

Consider dispersing flowers, candles and greenery throughout the home in all public areas, including bathrooms and guest bedrooms, suggests Katie McCarthy, senior designer and project manager at Marika Meyer Interiors. "Adding lush throws and cable knit pillows can give the family space that cozy feeling we all look for during the holidays."

Clear the clutter before purchasing holiday decorations and before guests arrive. "Clear out any clutter that's accumulated in your main living areas," said Anne M. Walker, Anne Walker Design LLC in Potomac, Md. "If your dining room is host to a pile of papers, make sure those get filed away or thrown away soon. A clean, organized home makes a perfect palette for any holiday décor."

The kitchen is often the central hub of a household, especially during the holidays. Make sure the pantry and refrigerator are well stocked and consider leaving out a bowl of fresh fruit guests can help themselves to, advises Fuss. "Breakfast is always a meal that seems to make everyone happy," she said. "My husband starts the bacon and everyone finds his or her way to the kitchen



PHOTO BY ANNE WALKER

Guest preparation should include organizing and making extra space in closets, such as this one by interior designer Anne Walker.

table. I feel it is important to have both comfort food and healthy choices for everyone."

Cleaning out the pantry and cabinets will help ensure there is plenty of room for the additional supplies and food necessary for Thanksgiving and other holiday meals.

When preparing that holiday dinner, the last thing that a person with a house full of guests wants is to realize that their oven is broken. "Inspect your appliances to be sure they are all in working order," said Chuck Khriel, vice president, FRED Home Improvement. "If the refrigerator or oven has been acting up, get them repaired or replaced before guests arrive. ... Check the garbage disposal, too, to be sure it's working efficiently so it doesn't back up during dinner prep."

Another high priority — the highest, according to Fuss — is the guest bedroom. This means "fresh bed linens adorning a 'photo shoot-ready,' beautifully made bed" and bath towels wrapped with ribbon and sage," she said. "Put a luggage rack out and

make space in the closet for hanging clothes."

Place fresh flowers on the dresser and, "if time allows, frame a picture of your guests and hang it on the wall in the guest room," said Fuss. "Everyone really gets a kick out of this one."

From soft lights for reading to a small mirror for applying make-up, practical touches can go a long way toward comfort. "These touches, although they may seem small, can make all the difference," said McCarthy. "Small bud vases on bedside tables, plush bathrobes and towels, and fresh, white bedding can give guest spaces a very inviting feeling."

Guest bathrooms should be stocked with extra towels, toothbrushes and toothpaste. "If your guest bathroom has a vent fan with a nightlight, make sure it is working," said Khriel. "If not, repair or replace it. If the fan does not have this feature, install a plugin nightlight. There's nothing worse than guests stumbling in the dark trying to find the bathroom light."

"Make the powder room fun and festive by updating the towel rack and toilet paper holder, mirror and light fixture," said Khriel. "Think about replacing the kitchen or bathroom faucet to a new, more efficient model or one with a water filter. And get any leaky faucets fixed."

A slow-burning fire is another way to create a sense of comfort and warmth. "Inspect your fireplace to be sure it's in working order and no debris is blocking the flue," said Khriel. "Consider building or adding a storage box for wood next to fireplace for easy access or add a permanent and decorative accent box nearby for the remote if a gas fireplace."

"Check that the dryer vent is clear, adding guests may mean more laundry," he added. "Make sure the heat vents are not obstructed. Since guests often stay in rooms that are not frequently used, make sure stored items are not in the way of airflow."

Electrical outlets that are infrequently used are often forgotten until guests arrive. "Fix nonworking electrical outlets that you



PHOTO BY ANGIE SECKINGER/MARIKA MEYER

Small bud vases on bedside tables and fresh bedding can give guest spaces a very inviting feeling, advises designer Katie McCarthy of Marika Meyer Interiors.

might need with more people in the house. Everyone will be have electronics to plug in," said Khriel. He said this is also a good time to take care of other simple projects like painting or putting in a new backsplash.

"Oil those squeaky interior and exterior doors so they don't wake up guests during the night," said Khriel. "Think about replacing broken or worn door knobs and locks."

The outside of a home should not be overlooked when preparing for guests, either. "Fall is a great time to tackle outdoor projects," said Walker. "If your shutters needs a fresh coat of paint, now's the time to do it. Have your windows professionally cleaned so that your holiday decorations will be seen on a pristine backdrop."

Power-washing your porches, walkways and patios offers guests a pristine first impression of your home. Inspect all walkways, especially flagstone and brick walkways and repair loose stones, advises Khriel. "Check exterior light fixtures to be sure they are in working order and that the bulbs are good. If exterior lights operate off a motion sensor, make sure it is adjusted properly."

"The bottom line," said Walker, "is that an organized, clean home, a stocked bar and kitchen, and happy, relaxed hosts will undoubtedly result in happy holiday guests."

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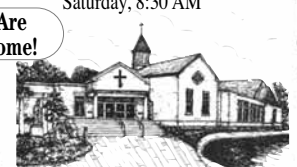
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21 Announcements

ABC LICENSE
K. Rob Krupicka, Jr. trading as Sugar Shack Donuts, 1014 S. Glebe Rd. Arlington, VA 22204. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Beer On Premises license to sell or manufacture alcoholic beverages. K. Rob Krupicka, Jr., Managing Member
NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200.

21 Announcements

ABC LICENSE
Pupuseria Mana, Inc trading as Pupuseria Mana, 7236 Arlington Blvd. Falls Church, VA 22042. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Wine and Beer On Premises-Mixed Beverages on Premises license to sell or manufacture alcoholic beverages. K. Doris L. Maldonado, Owner
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THE CONNECTION NEWSPAPERS

Feeling a Little Low



By KENNETH B. LOURIE

In spite of mostly-successfully not being preoccupied with my condition/circumstances/disease, when a lung cancer survivor dies, even one with whom I've had minimal contact; one whom I could barely call an acquaintance, the link in the chain that makes all of us lung cancer patients/survivors stronger is most definitely effected.

Not that every lung cancer patient's diagnosis is identical; be it the staging (1-4), the type (non-small, small, etc.), the molecular profiling (ALK, EGFR, KRAS, HER2, etc.), the treatment or whether they were smokers or not, one cancer survivor's death is not necessarily related to another's. Like most things in life, more information is needed.

Nevertheless, it doesn't minimize the loss. When one survivor dies, we all die, a little bit. Recently, a prominent figure in the lung cancer world, Jerome Sorkin, a nine-plus year lung cancer survivor died. I did not know him, though I knew of him. I passed him once while walking in a hallway at The Key Bridge Marriott after attending the annual LUNgevity Foundation conference held every year in late April. We were both leaving but heading in opposite directions. He saw me and said "Love your column." I replied "Thanks," and that was the extent of our interaction.

In general, and in the lung cancer world in particular, typically one wants to hear positive news/be around positive people. Otherwise, maintaining your emotional equilibrium and your living/dying existence is simply too damn difficult. The razor thin line on which all of us lung cancer survivors teeter-totter cannot tolerate too much interference. Who knows exactly what news — personally or publicly, will cause one's cancer do what it so often does: inflict more damage followed by an inevitable decline.

This does not imply/encourage that cancer patients should or could quite frankly, live in an emotional bubble where only positive feedback and life-affirming words are allowed in. As my deceased father would have said: "The idea has merit." The reality is however, that such an option is impractical and unrealistic (except on Seinfeld; see "Bubble Boy"). Still, it doesn't diminish the fact that cancer survivors need to be "infused with positivity," as I like to say. Moreover, anecdotal evidence suggest that a good attitude and a positive environment affects a cancer patient's prognosis and enhances their lives.

Not only do I joke about having cancer, I want to be around others who joke as well and who can go with my flow and not bring me back to my reality. I spend enough time there on my own; I don't need any help returning. Nor do I do well when I hear bad news; specifically, the death of a fellow lung cancer survivor. Intellectually, I understand that lung cancer survivors are all different, live different lives, have different motivations, etc. Nevertheless, I feel for Jerome Sorkin, I feel for his family and friends and I feel for LUNgevity where Mr. Sorkin was Vice Chairman of LUNgevity's Board of Directors. I don't want any lung cancer survivors to die before their presumptive time. I want lung cancer to, at the very least, become a chronic/treatable disease (like diabetes) where one can live their life to a relatively normal expectancy; and if I were to dream really big, I want lung cancer and all cancers of course, to be curable/reversible.

Until these days arrive, all of us patients live on the edge. Just as I am strengthened by stories of resolve, I am weakened by stories of fellow survivors succumbing to their disease. Right now I am weakened.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

Scouting the Marathon

FROM PAGE 8

Arlington.

Remen said he would be looking for things like atmosphere, easy access to the start line, whether it is a race where runners can make a "personal best" performance, and how the support is for the runners. Support is an easy "A-plus" he said. He was given great hospitality by the Cabocel family in Arlington, and was taken to pick up his race packet by Anne-Marie Daris, the head of the Sister City Association for Reims-Arlington. Was security an issue for him? No, Remen said. Not at all. He didn't even consider it. Although the two-hour preparation time for the race is long (it is partially that long for security reasons), he and other French runners believe they have to continue to run despite whatever threats might be out there after the Boston Marathon attack and terror attacks in France.

Remen gave Arlington high marks for being a very green, open city, very quiet, very hospitable. He said, "I was very surprised by people who want to help you without wanting anything in return. He was asked several times in the Metro if he needs directions."

Remen, who works for the pharmaceutical company Boehringer International, left his wife and two daughters, 17 and 12, in Reims to come to Arlington. This is his fifth marathon. He began running with his Club - EFSRA - six years ago after a 40-year career playing football. He has done the Lille (France), Paris, and Luxembourg marathons.

Remen said races to benefit charities are not as common in France as they are in the U.S. but they are gaining traction. There are quite a few "pink" races to benefit breast cancer, and there is a race at the end of November called "Les Bacchantes" (the moustaches) which benefits prostate cancer research. It is a sort of "Novembeard" for France.

When a reception was held in his honor by the Arlington Sister City organization and Anne-Marie Daris, Remen was happily



PHOTO BY EDEN BROWN/THE CONNECTION

Philippe Remen in the kitchen of his Arlington hosts Melissa and Frédéric Cabocel who provided lodging for him in their home during his stay.

exhausted. He had finished the race in four hours and 26 minutes, which in typical French fashion he declared was "pas terrible." He would have liked it to be better but he admitted that the one thing he was not prepared for was Arlington's hills.

"They were tough, much harder than Paris." But the enthusiasm of the crowd, he said with a smile, was really special. He particularly liked the humorous posters he got to read as he entered the harder parts of the race. They made him laugh out loud. His favorite was "Come on! Hurry Up! If you take too long I'll miss the Redskins game!" And one which he needed help translating: "Less Whine now, more WINE later!" "What is this Whine?" he asked.

The enthusiasm of the people, and the size of the crowd of spectators and supporters along the race was huge, much larger than even the Paris Marathon. That support he said, made the race one he would recommend to his club members back in Reims. But he will tell them to start training on hills.

For more information about the Arlington-Reims Sister City Association, or to find out more about running in France, see their website: www.arlingtonsisitercity.com/our-sister-cities/reims/ or Facebook page: www.facebook.com/arlingtonsisitercity/

Some Voter Discontent

FROM PAGE 6

by that it made people feel uncomfortable, largely because no one could understand why that many local women supported Trump.

But what really gets to Moore is when he hears the phrase, "What's Barack Obama really done for me?" "Or what did Hillary Clinton ever do for me?" "You only expect that the President is going to personally do something for you and that's why you vote or don't vote?" he asked rhetorically. "What happened to doing for yourself? The President only sets up opportunities," he said. "The rest is up to you."



Jim Moore seen from the outside working in his shop at 4807 Lee Highway, Arlington.

PHOTO BY EDEN BROWN
THE CONNECTION

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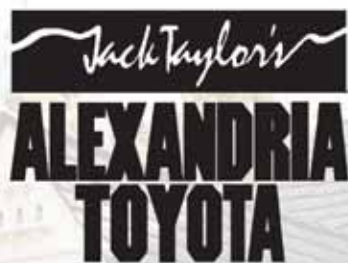
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