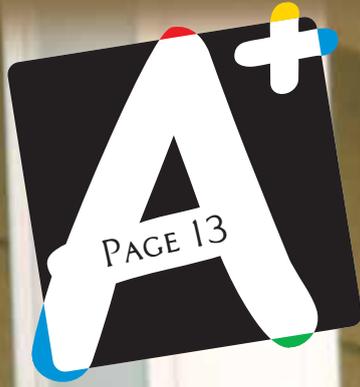


HOLIDAY ENTERTAINMENT & GIFT GUIDE



The Arlington Connection



ENTERTAINMENT, PAGE 8 ♦ CLASSIFIED, PAGE 14

Collecting Food Donations

Thousands Gather In Salute to Veterans

NEWS, PAGE 3

Reacting to Election Aftermath

NEWS, PAGE 4

Charlie Gaylord from Boy Scout Troop 106 is nearing the end of his 167-house route on Williamsburg Boulevard at 9:30 a.m. on Saturday, Nov. 12. It has warmed up to 42 degrees as he runs from house to house. He is collecting plastic bags of donated food left on front porches for the nation-wide Scouting for Food program. His bag has cans of garbanzo beans, tomato paste, coffee and pasta. The food from Scout collections all over Arlington will be delivered to a Lutheran Church in S. Arlington and then sent to Arlington Food Assistance Center (AFAC). Charlie said, "This is a great donation program that does much to collect food and spread awareness of the need. I have been doing this for many years since I was a Cub Scout."

PHOTO BY SHIRLEY RUHE/THE CONNECTION

BULLETIN BOARD



Books for HER

Barnes & Noble Bookfair

**SATURDAY, NOVEMBER 19TH
9 AM- 5 PM, POTOMAC YARD**

In support of girls' education, the NGO HER is hosting a book fair to help build four new libraries in Pakistan. All books purchased at Barnes and Noble during the fair will go directly to HER.

Drop on by and buy a book for HER

OR

Visit bn.com/bookfairs on November 19th and support HER online!
Enter Bookfair ID 12036877 at checkout.

Email announcements to arlington@connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

BORROW A SNOWBLOWER

The Department of Parks and Recreation lends a limited number of snow blowers to civic associations and community groups, increasing the number of passable sidewalks during snow events. Their goal is to ensure snow blowers are geographically distributed throughout the county. Snow blowers

are loaned to groups who agree to plow for the public good and who meet specific criteria. Learn more at emergency.arlingtonva.us/weather/snow-ice/snow%20blower/

NEWDV CUSTOMER SERVICE CENTER

To provide more convenient service options to residents who live, work or attend school in Arlington, the Virginia Department of Motor Vehicles opened its first commuter-friendly office recently at 3434 Washington Blvd. in the Ballston area. 804-367-6834
brandy.brubaker@dmv.virginia.gov

THROUGH DEC. 12

Rosslyn Holiday Clothing Drive.

Donate gently used winter coats, sweaters, sweatshirts, hats, gloves and jeans for clients of A-SPAN (Arlington Street People's Assistance Network). Drop-off locations are as follows: 1111 19th St.; 1881 N Nash St.; 1900 N Fort Myer Drive; 1611 North Kent St.; 1611 Clarendon Blvd.; River Place (1011, 1021 and 1121 Arlington Blvd.); 1555 Wilson Blvd.; 1550 Clarendon Blvd.; 1919 Lynn St.; and 1616 N. Fort Myer.

THROUGH DEC. 13

Arlington Food Assistance Center.

Senior Services of Arlington is hosting an online food drive benefiting Arlington Food Assistance Center. Always Best Care of Arlington encourages residents to visit yougivegoods.com/arlington and select from a variety of goods to purchase for donation. All donations will culminate in a one-day delivery to the Arlington Food Assistance Center.

THURSDAY/NOV. 17

Health Care Community

Conversation. 7-8:15 p.m. at Resurrection Lutheran Church, 6201 Washington Blvd. Bill Adams from Baby Boomers for Balanced Health Care will lead a community conversation. Participants are urged to share their perspective and experiences.

FRIDAY/NOV. 18

Application Deadline. Arlington is having a competition to recognize tech firms showing the fastest growth year over year within four levels of revenue. Winners will be announced in December. Contact Cara O'Donnell at Arlington Economic Development at 703-228-0854 for more.

SUNDAY/NOV. 27

Survey Deadline. On Dec. 10, the County Board will vote on whether to legalize Airbnb-type services in Arlington. Currently short-term rentals — less than 30 days — are prohibited in private residences by Arlington's zoning ordinance. Responses are due by 5 p.m. on Sunday, Nov. 27 to provide input to County staff and the County Board before decisions are made.
www.surveymonkey.com/r/ZDR88YQ

"FLOURISHING AFTER 55"

"Flourishing After 55" from Arlington Office of Senior Adult Programs for Nov. 21-24.

Senior centers: Lee, 5722 Lee Hwy.; Langston-Brown Senior Center, 2121 N. Culpeper St.; Culpepper Garden, 4435 N. Pershing Dr.; Walter Reed, 2909 S. 16th St.; Arlington Mill, 909 S. Dinwiddie St.; Aurora Hills, 735 S. 18th St.

Senior trips: Dutch's Daughter restaurant, Frederick, Md., Thanksgiving dinner, Thursday, Nov. 24, \$61. Call Arlington County 55+ Travel, 703-228-4748. Registration required.

Senior centers will be closed Thursday, Nov. 24, and Friday, Nov. 25.

NEW PROGRAMS:

Informal Russian language and culture group, Monday, Nov. 21, 11 a.m., Langston-Brown. Details, 703-228-6300.

20th Century Fashion discussed Monday, Nov. 21, 1:30 p.m., Lee. Details, 703-228-0555

Chess Club meets Mondays, 9:30, Madison Community Center. Newcomers welcome. Details, 703-534-6232.

Genealogy 101, Tuesday, Nov. 22, 11:30 a.m., Lee. Register, 703-228-0555.



**ACT NOW FOR
PRE-OPENING
BENEFITS**

Exclusive
Charter Club
membership &
special pricing
until Dec 5, 2016

Save up to \$10,000

The Kensington keeps couples together, even when care needs differ

What happens when one half of a couple needs care but the other does not? Or when one half of a couple needs assisted living support and the other needs memory care?

Our solution is simple: We welcome both of them to make our home their home—TOGETHER.

Maybe our couples have raised families, or served their country, or built skyscrapers. Maybe they've taught music, or traded stocks, or ministered to their congregations. From our perspective—whether they're homemakers or bankers, chefs or veterans—our couples are our heroes! They've made a life together, side by side. And we'll do everything in our power to keep it that way.

At The Kensington, we've developed a care model built around families and for families. We offer support that meets the needs unique to each individual, even when they're half of a couple.

We introduce new social, wellness and enrichment opportunities regularly, but we also go out of our way to preserve the familiarity of comfortable routines and favorite pastimes they shared together as one.

Please call us at 703-992-9868 to learn more about our lifestyle options for couples. Or, visit our Information Center at 1212 West Broad Street, any day of the week from 9am-6pm.



THE KENSINGTON
An Assisted Living Community

FALLS CHURCH

Information Center: 1212 W Broad St, Falls Church, VA | 703.992.9868 | www.TheKensingtonFallsChurch.com






'We Owe You Our Freedom' Thousands gather in salute to veterans.

Veterans organizations from across the nation joined President Barack Obama for the Presidential Armed Forces wreath-laying ceremony and Department of Veterans Affairs National Veterans Day Observance Nov. 11 at Arlington National Cemetery.

A 21-gun salute signaled the president's arrival, followed by the wreath-laying ceremony at the Tomb of the Unknowns. Obama was then joined by Maj. Gen. Bradley A. Becker, Commanding General, U.S. Army Military District of Washington, and Secretary of Veterans Affairs Robert A. McDonald in the Memorial Amphitheater, where thousands gathered to hear the president's final Veterans Day address as Commander in Chief.

"You who once wore the uniform of our Army, Navy, Air Force, Marines or Coast Guard," Obama said. "We owe you our thanks, we owe you our respect and we owe you our freedom."

— JEANNE THEISMANN

President Barack Obama and other dignitaries look on as the Parade of Colors departs the Memorial Amphitheater to close the National Veterans Day Observance ceremony Nov. 11 at Arlington National Cemetery.



PHOTOS BY MARK MOCLE



A woman reflects at a gravesite in Section 60 of Arlington National Cemetery prior to the Nov. 11 National Veterans Day Observance ceremony.



Veterans salute during the Parade of Colors at the National Veterans Day Observance ceremony Nov. 11 at Arlington National Cemetery.



Mementos, along with lipstick prints left by his widow, are at the grave of SSG Kenneth Wade Bennett, an EOD bomb disposal expert who died while attempting to defuse an improvised explosive device during his third tour in Afghanistan.



A Purple Heart veteran carries the U.S. flag during the Parade of Colors at the National Veterans Day Observance ceremony Nov. 11 at Arlington National Cemetery.



Representatives of the Blinded Veterans Association participate in the wreath-laying ceremony at the Tomb of the Unknowns as part of the National Veterans Day Observance ceremony Nov. 11 at Arlington National Cemetery.



President Barack Obama waves goodbye as he departs from his final address as Commander in Chief at the National Veterans Day Observance ceremony Nov. 11 at Arlington National Cemetery.

Despite County's Voters, It's President Trump

Democrats re-elect Beyer but lose the country.

BY VERNON MILES
THE CONNECTION

Arlington County maintained its Democratic leaning in the Nov. 8 election. Hillary Clinton (D) won Arlington's vote by 75 percent, though the candidate ultimately lost the national election. In the local races, every candidate seeking re-election won their race. Incumbent U.S. Rep. Donald Beyer (D) won 70 percent of Arlington's vote to represent Virginia's 8th District while County Board Chair Libby Garvey (D) won with 70 percent of Arlington's vote. For the school board, incumbent School Board member Nancy Van Doren and newcomer Tannia Talento were both elected without contest. Arlington also voted at roughly 75 percent to support bonds for Metro, schools, parks, and local infrastructure.

In the congressional election, Beyer won with 68 percent of the vote, while his Republican challenger Charles Hernick won 27 percent.

"I was pleased to get through another race with talking about the issues without anybody attacking each other," said Beyer, praising Hernick and independent Julio Gracia. "We need more races like this."

Beyer said he was very pleased to see how overwhelmingly Alexandria and Arlington had supported Clinton. Over the next few years, Beyer said he plans to continue working on building relationships and working on legislation with his Republican peers.

"There were a lot of variables I could not



PHOTO CONTRIBUTED

U.S. Rep. Donald Beyer (center) with his wife Megan Beyer (left) and U.S. Rep. Bobby Scott at an Election Night party held in the State Theatre in Falls Church.

Unofficial Election Results

As of Monday, Nov. 14

Source: <http://results.elections.virginia.gov/>

President

Virginia Results

Hillary Clinton (D)	1,968,213	49.63%
Donald J. Trump (R)	1,765,599	44.53%
Gary Johnson (L)	118,464	2.99%
Evan McMullin (I)	53,877	1.36%
Jill Stein (G)	27,572	0.70%

Arlington County Results

Hillary Clinton (D)	91,879	75.78%
Donald J. Trump (R)	20,155	16.62%
Gary Johnson (L)	3,816	3.15%
Evan McMullin (I)	2,586	2.13%
Jill Stein (G)	908	0.75%

control in this election," said Hernick. "It was a good campaign, proud of the issues we focused on. Overall, happy with the results. This was my first jump into the political arena, not my last."

After the race, Hernick said he plans to visit family and joked he plans on taking a quick vacation to Puerto Rico to down the post-election blues in rum.

"No one here's feeling bad tonight," said Hernick. "Everyone's proud of what we did. I knew what the odds were, but it's worth challenging that." After the election, Hernick said he hopes to see Beyer continue to work on corporate tax reform and that he hopes Beyer will find a way to work with the states to combat climate change.

According to Frank Shafroth, director of the Center for State and Local Government Leadership, the big win for Republicans could mean substantial changes for the country.

"The win, because it means that the GOP

will control the executive and both houses of Congress, almost surely means the next Congress will act on major tax legislation focused on cutting rates," said Shafroth in an email. "Moreover, major tax reform has been a key priority for Speaker Ryan. So we should expect to see proposals to significantly reduce rates on individuals and businesses — likely the most profound tax reform package since the 1986 tax reform legislation. I would guess it will be the most significant, early bill signed into law by the new President."

According to Shafroth, changes to tax laws could have a major impact, and add a major burden, to localities.

"The issue, as it was from 1984-1986, for state and local leaders will hinge on how such sharp reductions in ordinary and capital gains tax rates are offset or paid for," said Shafroth. "With federal tax expenditures the largest and fastest growing part of the federal budget — and with little

chance of gaining revenues from any reductions in Medicare or Medicaid, it would seem likely, as with former President Reagan, that the deductibility of state and local taxes and municipal bonds will be items on the "pay-for" options menu. The federal deficit, after all, in the last fiscal year, grew by more than 25 percent over last year to \$587 billion. With Americans living longer than any previous generation, and, thus, Medicare and Social Security going up — there will be a big squeeze Because the House spending plan... would reduce individual and corporate tax rates, however, one should anticipate that cities, counties, states, and schools, even if bonds were not legislatively changed, would be forced to offer higher interest rates. Yet, because of the President-elect's vow to rebuild America, and the federal government's increasing inability to afford rebuilding America, it would seem there is already implicit recognition that the actual rebuilding will have to be accomplished by state and local governments."

Arlington: Views from Voters

BY EDEN BROWN
THE CONNECTION

They can't vote yet, but when they can, there are three young Arlington residents who are going to know what their candidates stand for and fill in their ballots accordingly. Rachel Clark (13), and her sister, Caroline (11) and their friend Michaeline Becknell (11), were all interested in the outcome of this year's election.

As she stood near the Madison Polling Station with her dog, Rachel commented that the election, in her view, was getting out of control. Her sister Caroline said, "At school, I had to do a project on carbon emissions and climate change. I think Hillary Clinton is probably going to win because she wants clean energy sources, and she has a better attitude. He (Trump) wants to encourage fossil fuels in order to get more jobs. Plus, she (Clinton) can negotiate deals

SEE RESIDENTS REACT, PAGE 5



Bettie Lorino and Gloria Albrittain chat about their long history of voting. Lorino has been coming to the polls to assist at Madison for many years.



Scott Pedowitz worked at the Key Elementary polling station from 5 a.m. until closing. He reported that at Key: Hillary Clinton & Tim Kaine received 1,701 votes (72%), Don Beyer received 1,451 votes (63%), Libby Garvey received 1,213 votes (64%), and "No" on the Right to Work amendment received 1,332 votes (59%).



Rachel Clark, Caroline Clark, and Michaeline Becknell — all of Williamsburg Middle School — voiced their views on the election.

PHOTOS BY EDEN BROWN/THE CONNECTION



Alissa Pou, 5, had made a voter registration name tag by herself, and accompanied her mother to vote.



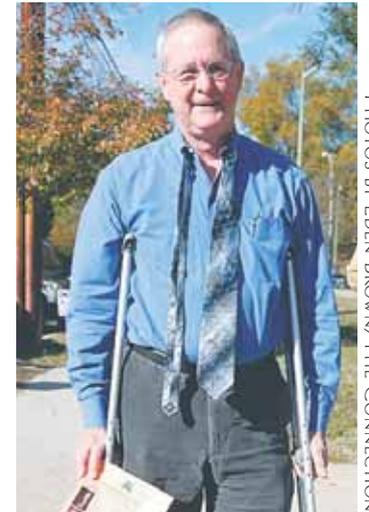
Sanjana Prasai has been here for 8 years. She comes originally from Nepal. This was her first time voting. She voted at Key Elementary.



David Tate, 35th precinct captain, said he wasn't always a Democrat. He changed his party affiliation after the invasion of Iraq.



Généviève Dargouth, at the Madison Polling Station, recently got citizenship in the U.S. and this was her first time voting.



Stephen Tordella, not to be deterred, came to the polling station on crutches.

PHOTOS BY EDEN BROWN/THE CONNECTION

Residents React During Presidential Election

FROM PAGE 4

with others and has more experience.” Michaeline was even more clear in her preference: “I don’t want Trump to win because he’ll send my friends back to Mexico. I have a lot of Latino friends. And I don’t want to go to war with other countries. I’ve read about our soldiers over there and the terrible wounds they get.” All three girls were excited about the possibility of having a president who is a woman. Their mother said she was about to vote and

would probably vote Democratic this year despite being a Republican. Clark said her 85-year-old uncle had just voted in Texas, for Trump, because he wanted to build a wall to keep immigrants out: he cast his vote and came home and died two hours later. It was that important to him.

David Tate was a first time precinct captain for the 35th precinct. He said he had been at the Madison polling station since 5 a.m. and would be there until 7 p.m. He greeted the voters, handing out sample

Democratic ballots to assist with, in particular, the trickier questions of Right to Work and bonds. He said he used to be a Republican, but switched when the U.S. invaded Iraq: that made him look hard at the Republican platform, record, and ideology, and when he did, he realized he was more a Democrat than a Republican. He’s never looked back.

Gloria Albrittain came to the polls and was greeted by GOP greeter Bettie Lorino; Lorino said she has been engaged for a long

time in supporting the election process. She remembers the polling station back in her home town of Chattanooga, Tenn. was in their garage. There would be coffee and cake and people would come to talk about the election and cast their votes. She greeted Généviève Dargouth, a first-time voter who recently received citizenship and registered right away: she said in a French accent, taking the Democratic sample ballot in her hand and winking: “I think Virginia needs my vote, non?”

Thanksgiving Art & Craft Show
Spring Hill RECenter
 1239 Spring Hill Rd., McLean, VA 22102

Thanksgiving Weekend
 Fri & Sat 10 - 5
 Sun 11 - 4

New Location!
 Formerly Vienna Art & Craft Show

\$5 Admission
 Free Return
 Free Parking

NVHG
 Northern Virginia Handcrafters Guild

Saint Ann Catholic Church

SUNDAY LITURGY SCHEDULE:
 Saturday Vigil: 5:30 PM
 Sunday: 7:30, 9:00, and 11:00 AM
 1:30 PM Spanish Liturgy

DAILY EUCHARIST:
 Weekdays
 Monday-Friday, 8:30 AM
 Saturday, 8:30 AM

5312 North 10th Street,
 Arlington, Virginia 22205
 Parish Office: 703-528-6276

PARISH WEBSITE:
www.stannchurch.org

All Are Welcome!

To highlight your Faith Community, call Karen at 703-778-9422

You're Invited to the Huge
Black Friday & Special Saturday SALE
 only at
King's Jewelry
November 25th and 26th
ALL DAY!
 10 am to 6 pm

20% Off Fine Jewelry, Select Watches & Giftware.*
 Specially Selected Items up to **40% Off**

KingsJewelry.NET
 Open Fri & Sat 10a-6p

609 King Street
 Old Town Alexandria
 703-549-0011

*Discount does not apply to Rolex and Shinola watches and our already competitively priced diamond engagement rings. Sale for two days only.

Holidays Are for Giving Give thanks and share locally.

The holidays are about giving, and giving thanks. The holidays are about children and family. The holidays are about sharing, about joy. The holidays are about being thankful and about faith and appreciation. The holidays are about alleviating suffering for others.

Northern Virginia is among the wealthiest areas in the country. Many if not most of us go through our daily and seasonal routines without encountering evidence of the needy families among us.

In Arlington more than 30 percent of the students are poor enough to receive free or subsidized meals; that's more than 7,700 students. (Nearly 7 percent of students in Arlington Public Schools live below the poverty line, a harrowing \$24,000 for a family of four.)

The poverty is concentrated. The majority of students in six elementary schools are poor enough to receive subsidized meals. In another six elementary schools, less than 6 percent of the students are poor.

All of these are children who are living in families who may be on the brink of homelessness, families who must choose between medical bills, car repair, heat and food. Some of these are children who may not be sure that they will have a meal between the meals they get in school.

School holidays can bring uncertainty and hunger, a far cry from the celebrations, gifts and plenty that we associate with Thanksgiving and Christmas.

Many homeless students attend the public schools, and their needs are greater.

Nonprofits in Arlington and Northern Virginia need your help to provide a holiday meal

for Thanksgiving or Christmas, to provide children with gifts.

There are literally hundreds, probably thousands, of ways to give locally this season. Here are a few ideas. We will rerun this list again after Thanksgiving, so please let us know what we have missed.

— MARY KIMM,
MKIMM@CONNECTIONNEWSPAPERS.COM

Where to Give Locally In Arlington

In no particular order:

❖ Arlington Thrive provides one-time, same-day emergency financial assistance to Arlington residents facing a financial crisis, and also has programs to help prevent homelessness. 703-558-0035 www.arlingtonthrive.org

❖ Doorways for Women and Families provides services to help women out of domestic violence and homelessness toward safe and stable lives, Arlington www.doorwaysva.org 703-504-9400

❖ The Arlington Food Assistance Center provides supplemental food assistance to Arlington County residents, on average serving 3,500 adults and 1,500 children a week, plus weekend backpacks for about 300 homeless children attending the public schools in Arlington. 2708 South Nelson Street, Arlington, VA 22206 www.afac.org 703-845-8486

❖ Habitat for Humanity of Northern Virginia, Arlington, 703-521-9890

❖ Arlington Free Clinic provides medical care for low-income, uninsured adults in

Arlington. www.arlingtonfreeclinic.org 2921 11th St. South, Arlington, VA 22204 703-979-1425

❖ Arlington-Alexandria Coalition for the Homeless, 703-525-7177, www.aachhomeless.org

❖ A-SPAN provides services for Arlington's street homeless. Its mission is to secure permanent housing for one of Arlington's most vulnerable populations. P.O. Box 100731 Arlington, VA 22210 703-820-4357 www.a-span.org

❖ Arlington Partnership for Affordable Housing APAH Holiday Gift Drive. APAH, Arlington Mill, 901 S. Dinwiddie Street, Arlington VA 22204. Kim Honor Matkovsky, volunteer chair, APAH Holiday Gift Drive, khonor@macrodg.com, 703-624-9583

❖ Habitat for Humanity of Northern Virginia transforms the lives of lower-income families in need by providing affordable homeownership opportunities in Alexandria, Arlington, Fairfax and Falls Church. Learn more at www.habitatnova.org.

❖ Northern Virginia Family Service. \$50 provides a complete holiday meal to a family of four. Donate online or via check payable to "NVFS" with "Operation Turkey" on the memo line, or send grocery store gift cards. Northern Virginia Family Service, attn: Holiday Initiatives, 10455 White Granite, Drive, Suite 100, Oakton, VA 22124. Gifting for Families was able to bring some extra holiday cheer to more than 2,000 children in Northern Virginia last year. Monetary contributions and online donations help the most at www.nvfs.org. See www.nvfs.org/holidayprograms.

EDITORIAL



PHOTO CONTRIBUTEDSM

\$100,000 to TAPS

Giant presented a \$100,000 grant in September to the Arlington-based Tragedy Assistance Program for Survivors (TAPS) through Giant's Our Family Foundation. Founded in 1994, TAPS offers care to all those grieving the death of a loved one serving in the Armed Forces. Above are, from left, Kelly Griffith, media relations manager, TAPS; Ashlynn Haycock, education support services coordinator, TAPS; Bonnie Carroll, founder, TAPS; Gordon Reid, president, Giant Food of Landover, Md.; Felis Andrade, director of marketing and external communications, Giant Food of Landover, Md.; and Drew Buehring, education support services coordinator, TAPS.

Fill the Cruiser Holiday Toy Drive

Help make the holidays bright for Arlington County children in need by donating to the second annual Fill the Cruiser Holiday Toy Drive.

The Arlington County Police Department is asking community members to donate new, unwrapped toys to bring holiday cheer to children ages 1 – 17.

Donations will be distributed by the police department throughout the month of December.

The Arlington County Police Department will be collecting new, unwrapped toys at the below locations:

❖ Lee Harrison Shopping Center, 2425 N. Harrison St., Tuesday, Nov. 29, 6-8 p.m.

❖ Pentagon Row, 1201 S. Joyce St., Tuesday, Nov. 29, 6-8 p.m.

❖ Shirlington Village, 2700 S. Quincy St., Tuesday, Nov. 29, 6-8 p.m.

❖ Our Lady of Lourdes, 830 23rd Street S., Wednesday, Dec. 7, 6-8 p.m.

Those wishing to donate toys but unable to attend the Fill the Cruiser events can drop off donations at Police Headquarters located at 1425 N. Courthouse Road until Dec. 16.

NEWS DEPARTMENT: arlington@connectionnewspapers.com

Steven Mauren
Editor

703-778-9415
smauren@connectionnewspapers.com

Mike Salmon
Assistant Editor

msalmon@connectionnewspapers.com

Vernon Miles
Reporter

757-472-3435
vmiles@connectionnewspapers.com

Eden Brown, Shirley Rube
Contributing Writers
arlington@connectionnewspapers.com

ADVERTISING:
For advertising information
sales@connectionnewspapers.com
703-778-9431

Debbie Funk
Display Advertising/National Sales
703-778-9444
debfunk@connectionnewspapers.com

Andrea Smith
Classified & Employment Advertising
703-778-9411
asmith@connectionnewspapers.com

David Griffin
Marketing Assistant
703-778-9431
dgriffin@connectionnewspapers.com

Editor & Publisher
Mary Kimm
mkimm@connectionnewspapers.com
@MaryKimm

Executive Vice President
Jerry Vernon
703-549-0004
jvernon@connectionnewspapers.com

Editor in Chief
Steven Mauren
Art/Design:
Laurence Foong, John Heinly, Ali Khaligh
Production Manager:
Geovani Flores

Special Assistant to the Publisher
Jeanne Theismann
jtheismann@connectionnewspapers.com
@TheismannMedia

CIRCULATION: 703-778-9427
circulation@connectionnewspapers.com



Aging in Arlington

Residents share struggles of the elderly in region.

BY VERNON MILES
THE CONNECTION

The Legislative Forum on Aging was themed as a fireside chat with the elected representatives, something Carol Downs, chair of the Northern Virginia Aging Network (NVAN), joked she could remember. She wouldn't have been alone, most of the citizens in the room were elderly residents of nearby Arlington and Alexandria neighborhoods who came out to the Fairlington Community Center to discuss issues related with aging on Nov. 14.

According to the census bureau, 9.5 percent of Arlington residents are over 65. According to data collected by Health Systems Agency of Northern Virginia, residents over 65 are the most rapidly growing age demographic in the region.

"[The over 65 population] will continue to grow rapidly [in Northern Virginia], at a faster rate, than the Virginia and U.S. older populations over the next two decades," according to a Health Systems Agency report. "By 2030, there will be about 430,000 Northern Virginians, more than 15 percent of the population, 65 years of age and older."

As residents spoke with state Sen. Adam Ebbin and Del. Charniele Herring, one of the major themes that emerged was the intersection between aging-related issues and other problems in Virginia, like declining health care accessibility, affordable housing, and prison reform.

The event, hosted by NVAN, compiled a list of three legislative priorities for 2017, three budget priorities, and a list of ongoing concerns.



PHOTO BY VERNON MILES/THE CONNECTION

State Sen. Adam Ebbin (right) tells elderly residents in Arlington that the state legislature will unlikely meet funding requests made by the Northern Virginia Aging Network. Del. Charniele Herring (center) encouraged citizens to travel to Richmond to support legislation that affects elderly populations.

ing concerns.

Among the legislative priorities, most centered around promoting a broader and more qualified medical workforce. Under budget priorities, the group advocated for appropriating \$2.1 million to meet the state standard of one full-time ombudsman for every 2,000 nursing homes and assisted living beds. Ombudsmen provide counseling and information to elderly citizens with concerns about their care. Currently, Downs said the state has roughly one full-time ombudsman for every 5,000 nursing home beds. NVAN also pushed to expand Medicaid to provide access to healthcare for up to 400,000 Virginians, including 62,000 older adults.

"It's a perfect storm," said Patrick Killane, a local resident. "We have more older people needing medical care, and workforce that is currently undercompensated which makes it difficult to attract and maintain workers. At the same time, long-term care is the fastest growing component of Medic-

aid and Medicaid is the fastest growing item in the state budget. It's squeezing out education and other issues from the budget."

But Ebbin and Herring were also quick to emphasize that, with the state facing a budget deficit, any statewide funding for priorities that will add to the budget are unlikely. Herring also said the state legislature's Republican majority follow what she called a Yellow Pages rule.

"If you can open up the Yellow Pages and find a related job to the field," Herring said, "their view then is that it doesn't need to be legislated."

This answer was frustrating for many in the audience.

"I see my [taxes] go up every year and I keep hearing that there's no money," said Ping McKenna. McKenna said she hoped that even if the state couldn't consider spending more to help Virginia's elderly, that it might be able to at least offer tax breaks for those who aren't working in order to care for elderly family members.

However, Herring said legislation offering a tax break would also be unlikely as it would take funding away from the state coffers. Celeste Taylor, a property manager at independent living community Woodland Hill Apartments, said there is a three- to five-year long waitlist for affordable housing for elderly citizens. According to Celeste, seniors living in Arlington have great difficulty finding housing, and options are further narrowed when trying to find affordable housing.

In advocating for issues related to housing, Ebbin and Herring said the best thing Arlington citizens can do is write in letters to their representatives. Even legislators who already support the issues can share the letters with those who might be on the fence. Herring said the best way of showing support would be going to Richmond on the day bills are being presented. When proposing a bill about studying non-prison alternatives for Virginians arrested on drug offenses, Herring said having police officers show up and stand with her on the stage made the difference. Ebbin encouraged citizens to follow legislation with Lobbyist-In-A-Box, an information system that allows follow-up to five bills through Virginia legislature for free. Ebbin also encouraged citizens to reach out to their legislators for updates regarding bills.

Several citizens said they appreciated hearing how to be involved.

"It was good to hear the ways to be informed about different bills," said Martha Villanigro-Santiago, an Arlington resident. "It's encouraging to know how to help. The biggest takeaway, for me, was how to be involved."

COUNTY BOARD BRIEFS

Culpepper Garden Apartments To Be Renovated

The County Board approved a \$9.9 million loan at its Nov. 9 meeting to the Affordable Housing Investment Fund to renovate Culpepper Garden Apartments.

"This planned renovation meets so many of our goals as a community," said Arlington County Board Chair Libby Garvey. "The Culpepper Garden apartments provide safe, comfortable homes to low-income seniors. They allow our seniors to age in place at a rent they can afford and now, in homes that will be more energy efficient, more comfortable and with more accessible features."

The renovation will replace all major systems, upgrade the interior spaces, and convert the building to add six additional units. All 210 units at the site will be committed affordable units and are restricted to rents at 60 percent of area median income, though more than 90 percent of the property residents are

at incomes below 40 percent of the area median income. In 2016, the average rent of residents at Culpepper Garden Apartments was \$18,600.

Temporary Hotel Precedent?

The County Board unanimously approved advertisement of a change to the site plan for The Bartlett building in Pentagon City. According to the staff report, 50 apartment units in the building that are currently unleased will temporarily be converted into hotel rooms.

County Board Member John Vihstadt noted that the change was unusual. "Is this the new economic paradigm, that you construct a building intended for residential and decide to add short-term hospitality or commercial use?" Vihstadt asked. "Are there implications on the building codes?"

County Staff confirmed that the approval would set precedent for future buildings to be able to undergo similar conversions.

Rotary Club Provides Winter Coats

More than 75 children enrolled at Homestretch were all smiles last week as members of the Arlington Rotary Club distributed new winter coats in the perfect size, color, or that featured their favorite character.

"Ninja turtles?" said one parent as she picked up a coat featuring the cartoon characters. "My son is going to be so happy when he sees this. You just made his life."

"As many parents here tonight have expressed, Homestretch, too, is grateful for the generosity of the Arlington Rotary Club," said Christopher Fay, executive director of Homestretch. "Children now have something new to call their own, and more importantly, a means to stay warm as the temperature continues to drop."

Homestretch is a Northern Virginia-non-profit that empowers homeless families with children to move from crisis to long-term stability and financial independence.

The donation of the coats was made possible by a grant from Rotary International, which was matched with proceeds from Arlington Rotary's first-annual Wine Helps! event, held in September.

The Arlington Rotary Club was founded



PHOTO CONTRIBUTED

Arlington Rotary Club members give winter coats to children enrolled in Homestretch.

in July, 1929. The club meets every Thursday at The Washington Golf and Country Club in Arlington for lunch, fellowship, and a speaker or program. It also meets the first and third Thursdays for happy hour at the Front Page in Arlington. See www.arlingtonrotaryclub.org.

HOLIDAY ENTERTAINMENT & GIFT GUIDE



Mary Howard came from Los Angeles and set up a business selling distressed wood and slate items with designs applied to them.



W. Nicole is a lead designer for Nicky Canary Jewelry Design based in Fairfax and comes to the Arlington Market every weekend.

Gift Ideas from Saturday Farmer's and Flea Markets

Flea market is starting to look a little like Paris.

BY EDEN BROWN
THE CONNECTION

The Arlington flea market, outside the Courthouse cinema, near the farmer's market on Saturday mornings, has grown up. It's not a Paris "Marché de Puces" yet, but some of the stalls now resemble the famous Paris markets, where dealers come from far and wide to trade collectibles like old porcelain, postcards, and political pins. Doing some Christmas shopping there almost guarantees the gift won't be on someone's Amazon list or straight out of the Tyson's Corner Mall, and in an era of shop locally, think globally — this is as local as it gets.

The stands that could be right out of the Porte de Vanves market or the Marché de St. Ouen are the collectibles by Alex Seytoff, whose eclectic selection includes two samovars, priced at half what they cost on the internet. He is there every week. And likewise, a few stands down, the vendor has some paper weights and blown glass.

For new grandmothers, there is a Thai vendor selling hand-crocheted caps in animal designs: the frog had great appeal to one browser. Nicky Canary jewelry designs is

at the market every week.

Mary Howard came from Los Angeles and set up a business selling distressed wood and slate items with designs applied to them. She doesn't have a website, because she likes meeting the people who buy her items. She comes every Saturday and enjoys the "vibe" from meeting people. She finds Arlington much friendlier than Los Angeles.

And for the hostess gift, while they last, at the Farmer's Market, both Courthouse and Marymount, there are wildflower-inspired bouquets: the one at Marymount has milkweed pods as its "pièce de résistance."

PHOTOS BY EDEN BROWN/THE CONNECTION



At Marymount Farmer's Market, a bouquet found at the meat stand.



Game of Thrones is a favorite of those who shop at Mary Howard's stand.



Mary Howard does commissions if a customer has a favorite child's book or picture to be mounted.



Alex Seytoff has a collection of items in Cyrillic, samovars, porcelain, watches, model airplanes, and he loves to talk about where things came from.



Hand-crocheted hats



Silver serving dishes for those preparing to cook for a crowd at Thanksgiving or Christmas.

HOLIDAY ENTERTAINMENT & GIFT GUIDE

Holiday Events

NOVEMBER-DECEMBER

Fall Food Drive. Always Best Care of Arlington at 2708 S. Nelson St. is partnering with Arlington Food Assistance Center to collect food for the holiday season. 703-845-8486

NOW THROUGH DEC. 12

Rosslyn Holiday Clothing Drive. Donate gently used winter coats, sweaters, sweatshirts, hats, gloves and jeans for clients of A-SPAN (Arlington Street People's Assistance Network). Drop-off locations are as follows: 1111 19th St.; 1881 N Nash St.; 1900 N Fort Myer Drive; 1611 North Kent St.; 1611 Clarendon Blvd.; River Place (1011, 1021 and 1121 Arlington Blvd.); 1555 Wilson Blvd.; 1550 Clarendon Blvd.; 1919 Lynn St.; and 1616 N. Fort Myer.

NOW THROUGH DEC. 24

Photos with Santa Claus. Various times at Fashion Centre at Pentagon City, 1100 S. Hayes St. Santa's photo chair will be on the ground level near Nordstrom. Visit www.simon.com/fashioncentreatpentagoncity for Santa's daily schedules and photo package pricing.

THURSDAY/NOV. 17

Gingerbread House Challenge. 4-6 p.m. at Hyatt Regency Crystal City, 2799 Jefferson Davis Highway for a gingerbread house decorating competition. 703-418-6883 Marisa.Moore@hyatt.com



PHOTO CONTRIBUTED

Enjoy a free Holiday Choral Concert featuring The Encore Chorales of Langston Brown, Alexandria. Dec. 10, 3 p.m. at Washington Lee High School, 1301 N. Stafford St.

NOV. 22- DEC. 24

Silver Belles Holiday Play. at Signature Theatre, 4200 Campbell Ave. When Oralene, the longtime director of small town Sylva Ridge's Christmas Pageant, suddenly passes away, the Silver Belles must come to the rescue. With the spirit of Oralene looking on, the sterling-hued vixens band together, discover their talents and pull out all the stops to keep the beloved pageant alive. Call 703-820-9771 or go to sigtheatre.org.

THURSDAY-SUNDAY/NOV. 24-27

Black Friday at Pentagon City. Thursday, Nov. 24: 6-11 p.m.; Friday, Nov. 25: 7 a.m.-9:30 p.m.; Saturday,

Nov. 26: 10 a.m.-9:30 p.m.; Sunday, Nov. 27: 11 a.m.-6 p.m. at 1100 S. Hayes St. First 100 visitors to check in at Simon Guest Services on Friday, Nov. 25 will receive a free Holiday Shopping Survival Kit packed with water, mints, snacks and extra store offers. Additionally, from 7-11 a.m. on Nov. 25, shoppers who spend \$150 or more can reach into Santa's Gift Bag for a prize. 703-415-2401.

NOV. 25-DEC. 15

The Salvation Army Angel Tree Program. Pentagon City shoppers can select an Angel Card from the Angel Tree, located at the Santa Set on the First Level near Nordstrom, and return their unwrapped gift with

the Angel Card to the Mall Office, located on Metro Level. The Mall Office will receive gifts Monday-Friday, 9 a.m.-5 p.m. Visit simon.com/fashioncentreatpentagoncity.

FRIDAY-SATURDAY/NOV. 25-26

Sounds of the Season. at the Fashion Centre at Pentagon City. Musical performances by Salvation Army Band, St. Stephens Performance Band and Hammonds Middle School. Visit simon.com/fashioncentrepentagon.com.

SEE HOLIDAY EVENTS, PAGE 10

The Washington Balalaika Society presents

Love and Laughter

featuring renowned bass vocalist **Mikhail Svetlov**

conductor **Svetlana Nikonova**
balalaika virtuoso **Andrei Saveliev**
and the WBS Orchestra

8:00 pm, Sat., Nov. 19
F. Scott Fitzgerald Theatre
603 Edmonston Drive
Rockville, Maryland
Tickets: www.balalaika.org
or call 240-314-8690

3:00 pm, Sun., Nov. 20
Kenmore Middle School
200 South Carlin Springs Rd.
Arlington, Virginia
Tickets: www.balalaika.org
or check to WBS, 4910 Gadsden Drive, Fairfax VA 22032

Adults \$25 • Seniors \$20
Students \$15 • 12 and under free
Free parking.
Information and group sales: 703-536-5785

www.balalaika.org

THE NOVA METAPHYSICAL FELLOWSHIP

Welcomes Rev. Mychal Shane,
Trans Physical Phenomena Medium

**Dec 2-4 Workshops, Healings,
Séance and Private Sessions**



A certified physical medium of the ASSMPI Organization (American Society for Standards in Mediumship & Physical Investigation). As a physical medium and spiritual teacher, Rev. Shane has spent his life connecting to the Ascended Masters of Shamballah to bring forth their teachings and principles into the world.

Friday Dec 2, 7-10p.m. Séance with the Ascended Masters & Apportation Event

Cost: 100.00 Prepaid / \$120.00

Saturday Dec 3, 12-4p.m. Mediumship Workshop

Cost: \$100 Prepaid / \$120.00

Sunday Dec 4, 7-10p.m. Healing & Apportation Event

Cost: \$100.00 Prepaid / \$120.00

All events held in Arlington

<https://www.youtube.com/watch?v=2gQAHG33br4>

For more information:

metaphysicalfellowship@gmail.com

703-999-1082 • www.metaphysicalfellowship.com

twitter meetup facebook

For a free digital subscription to one or all of the 15 Connection Newspapers, go to www.connectionnewspapers.com/subscribe

Be the first to know – get your paper before it hits the press.

Complete digital replica of the print edition, including photos and ads, delivered weekly to your e-mail box.

Questions?
E-mail: goinggreen@connectionnewspapers.com



THE CONNECTION
NEWSPAPERS

SELECT NIGHTS | 5PM - 9PM
NOV. 16 - JAN. 1
ROERS ZOO FARI - VIENNA, VA
(Formerly the Reston Zoo)

CHINESE LANTERN FESTIVAL
中國彩燈節

"The Wild"

A UNIQUE EVENT FOR THE ENTIRE FAMILY
Chinese Crafts & Market • Live Stage Performances

PURCHASE TICKETS NOW! \$25 Adults/\$15 Children
ChineseLanternFestival.com

Facebook Twitter YouTube

HOLIDAY ENTERTAINMENT & GIFT GUIDE

Ring in the Season with 'Silver Belles'

Signature Theatre stages world premiere musical just in time for the holidays.

BY STEVE HIBBARD
THE CONNECTION

Signature Theatre's Ark theater in Arlington is staging the world premiere musical, "Silver Belles," just in time for the holiday season — from Nov. 22 to Dec. 24.

When Oralene, the longtime director of small town Sylva Ridge's Christmas Pageant, suddenly dies, the Silver Belles must come to the rescue. With the spirit of Oralene looking on, the sterling-hued vixens band together, discover their talents and pull out all the stops to keep the beloved pageant alive. It's "Golden Girls" meets "Designing Women" with a helping of well-known Christmas tunes and clever new ditties.



Naomi Jacobson plays the role of Bo Jack in Signature Theatre's production of "Silver Belles."

The show by Allyson Currin, Matt Conner and Stephen Gregory Smith stars veteran leading ladies of the D.C. theater community: Donna Migliaccio, Nova Y. Payton, Ilona

Dulaski, Naomi Jacobson and Peggy Yates. It is directed by Eric Schaeffer and choreographed by Karma Camp.

Migliaccio plays the role of Oralene Early, the driving force behind her town's annual Christmas charity pageant for years. "When she suddenly passes away four weeks from Christmas, she can't move on into the hereafter until she knows her husband and her 'Silver Belles' will make sure the pageant will still be produced," she said.

She said the challenge was that Oralene is onstage throughout most of the show, "So I don't get much chance to relax in my dress-



Signature Theatre is staging "Silver Belles" from Nov. 22 to Dec. 24.

PHOTOS CONTRIBUTED

ing room," she said. "Even when Oralene isn't speaking, she has to be engaged with the action, so I have to stay very focused."

As far as audience takeaways, she said: "Silver Belles' is a lot of fun, but beyond the comedy and the terrific music, what

makes this a great show for the holidays is the strong, loving bond between the characters and their dedication to their community."

Jacobson plays the role of Bo Jack, the town mechanic who hosts the AM-40 Ra-

dio Call-in Swap Meet. "She is a helper, willing to step in wherever she's needed, willing to fix it if she can, and listen when she can't," said Jacobson. "She's loyal, fun loving, a bit lonely but fills her life with friends."



Donna Migliaccio plays the role of Oralene Early in Signature Theatre's production of "Silver Belles."

One of the challenges, she said, was singing the harmonies with talents like Migliaccio and Payton, "and not embarrassing myself."

She hopes audiences take away that: "This is a beautiful story about carrying on a legacy of love while experiencing despair and deep sorrow. In the midst of grief, the characters make a connection with spirit and find their way to joy."

Signature Theatre's speciality nights are Discussion Nights on Dec. 6 and 7; Pride Night on Dec. 9; Open Captioned Performances on Dec. 11, at 2 p.m., and Dec. 13, at 7:30 p.m.

Show times are Tuesdays through Saturdays at 7:30 and 8 p.m., and Sunday matinees at 2 and 7 p.m. Tickets are \$40 to \$75. The venue is located at 4200 Campbell Avenue, Arlington. Visit the website at www.sigtheatre.org or call the box office at 703-820-9771.



Nova Payton plays the role of Gloria in Signature Theatre's production of "Silver Belles."

Holiday Events

FROM PAGE 9

SATURDAY/NOV. 26

Holiday Photo Booth. Noon.-5 p.m. at the Fashion Centre at Pentagon City. Visit simon.com/fashioncentreatpentagoncity.

NOV. 27-DEC. 10

Christmas Tree Sale Benefit. At Clarendon United Methodist Church parking lot 607 North Irving St. Christmas Tree Sales, with 100 percent of proceeds to benefit nonprofits fighting hunger among residents of Arlington and overseas. Hours of operation: Sunday 12-4 p.m., Monday-Friday 5-9 pm, Saturday 11 a.m.-5 p.m. Erin White, erin.s.white@gmail.com. 703-851-1607

FRIDAY/DEC. 2

Miracle on 23rd Street Tree Lighting. 6-8 p.m. at Linden Resources, 750 23rd St. S. Free on-street and lot parking available. Features The Grand Tree Lighting Ceremony, Santa arriving on an Arlington County Station 5 fire truck, visit with Santa, holiday musical entertainment, and face painting for children. Call 703-521-4441 or visit www.linden.org/event/miracle-on-23rd-street/.

Holiday Chamber Music Concert. 7:30 p.m. at Lyon Park Community Center, 414 North Fillmore St. IBIS Chamber Music featuring musicians from the Kennedy Center and Boston Pops orchestras. 703-755-0960; www.ibischambermusic.org

THURSDAY/DEC. 1

Arlington Community Chorus to Present Winter Concert. 7:30 p.m. at Washington-Lee High School Auditorium, 1301 N. Stafford St. the chorus will sing a varied repertoire of choral music, including some holiday favorites. www.apsva.us/adulted 703-228-7200

SATURDAY/DEC. 3

Holiday Photo Booth. Noon.-5 p.m. at the Fashion Centre at Pentagon City. Visit simon.com/fashioncentreatpentagoncity.

Sounds of the Season. at the Fashion Centre at Pentagon City. Musical performances by Salvation Army Band, St. Stephens Performance Band and Hammonds Middle School. Visit simon.com/fashioncentreatpentagoncity.

Breakfast With Santa. 9:30-11:30 a.m. at Holy Trinity Lutheran Church, 3022 Woodlawn Ave., Falls Church. Enjoy crafts, snacks and a visit from Santa. 703-532-6617 or office@holytrinityfallschurch.org

DEC. 3-11

Holiday House Craft Show. 10 a.m.-5 p.m. on Saturdays, noon-5 p.m. on Sundays. Wednesday, Dec. 7, noon-8 p.m. at the Hendry House, Fort CF Smith Park at 2411 N. 24th St. All items are created by local artisans. Call 703-243-7329.

SUNDAY/DEC. 4

Falls Church Tree Fest. 11 a.m.-5 p.m. Hilton Garden Inn, 706 W. Broad Street. Falls Church Tree Fest, is a family friendly holiday event that has a display of holiday trees, and

highlights several worthy non-profit groups in the Falls Church area. Visitors may show their support for these groups by participating in a silent auction during the event. www.fallschurchtreefest.com, melissa.kay.morse@gmail.com

Holiday Wreath Workshop. 1-4 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road. Using all natural items create some delightfully decorative crafts you can use to spruce up your home or give as special gifts. Fee is \$30. Call 703-228-4747 or visit registration.arlingtonva.us.

Messiah Sing-Along. 4 p.m. at Fairlington United Methodist Church 3900 King St. with guest soloists Laura Whittenberger, soprano; Mary Burke, alto; Chuanqi Shang, tenor;

SEE HOLIDAY EVENTS.
PAGE 10

HOLIDAY ENTERTAINMENT & GIFT GUIDE

Holiday Events

FROM PAGE 10
and Christopher Edwards, bass. Email louise@fairlingtonumc.org, call 703-671-4057, or visit www.fairlingtonumc.org.

FRIDAY-SATURDAY/DEC. 9-10

Holiday Market Festival and Bonfire. 3-11 p.m. Friday and 8:30 a.m.-3 p.m. at Gateway Park, 1300 Lee Highway. A shopping experience featuring unique, high-quality products from area small businesses. There will also be live entertainment and activities on both days of the market, including musical performances by local choirs, a bonfire and a rock band on Friday night. Free. Visit www.rosslynva.org for more.

BalletNova presents the Nutcracker Petites Pre-school Performances. At Fredgren Studio Theatre, 3443 Carlin Springs Road, Falls Church. Friday, 5 p.m., Saturday, 11:30 a.m. and 2 p.m. Advanced Sale: \$16-\$26 (additional \$3 at the door). Email Caroline Frankil Warren at cwarren@balletnova.org.

DEC. 9-24

Holiday Gift Wrap. at the Fashion Centre at Pentagon City. All proceeds benefit Simon Youth Foundation and Arms Outstretched Ministry. Visit simon.com/fashioncentreatpentagoncity.

SATURDAY/DEC. 10

"Happy Holidays." 7:30 p.m. at Rosslyn Spectrum Theatre, 1611 N.

Kent St. Soprano Rebecca Littig, who made her European debut at age 24, has graced many of the world's stages including Milan's Teatro alla Scala, the Vienna State Opera, and London's Royal Opera Covent Garden. She will perform Mozart's joyful "Exsultate, Jubilate K165," written by the composer – while still in his teens – specifically for Italian castrato Venanzio Rauzzini. Littig will also lead the audience in a carols sing-along at the conclusion of the concert. Joining Littig will be Natasha Dukan (piano), Jorge Orozco (violin), Vasily Popov (cello), Leo Sushansky (violin), and Uri Wassertzug (viola). In addition, the winner of the Outstanding Young Artist Achievement Award will make his or her Ensemble debut. Tickets are \$33, \$17 for students. Visit www.nationalchamberensemble.org.

Penrose Square Winter Wonderland Festival. 2-6 p.m. at 2501 9th Road S. Event features a Holiday Sing-Along, a photo-op with the costumed Holiday "Yeti," refreshments and more. Participants encouraged to bring donations for Toys for Tots drive. Lantern Parade at 5 p.m.

Holiday Choral Concert. 3 p.m. at Washington Lee High School, 1301 N. Stafford St. The Encore Chorales of Langston Brown, Alexandria, Potomac Arts Academy & Goodwin House Bailey's Crossroads invite the community to a free Holiday Choral Concert. Visit encorecreativity.org, call 301-261-5747 or email info@encorecreativity.org.

Holiday Photo Booth. Noon.-5 p.m. at the Fashion Centre at Pentagon City. Visit simon.com/fashioncentreatpentagoncity.

Sounds of the Season. at the Fashion

Centre at Pentagon City. Musical performances by Salvation Army Band, St. Stephens Performance Band and Hammonds Middle School. Visit simon.com/fashioncentreatpentagoncity.

SUNDAY/DEC. 11

Nutcracker Tea at the Ritz. 10:30 a.m. and 2 p.m. at Ritz-Carlton, Pentagon City, 1250 S. Hayes St. Guests enjoy high tea Ritz-Carlton style, pictures with the Sugar Plum Fairy, crafts, raffle prizes and a mini-performance of excerpts from The Nutcracker. Adults, \$75; children under 12, \$44. Email Caroline Cwarren at cwarren@balletnova.org.

Facets of the Season. 4 p.m. at Unitarian Universalist Church of Arlington, 420 South Highland St. Seasonal concert by The Arlington Chorale. info@arlingtonchorale.org 703-933-2500

SATURDAY/DEC. 17

Holiday Photo Booth. Noon.-5 p.m. at the Fashion Centre at Pentagon City. Visit simon.com/fashioncentreatpentagoncity.

Sounds of the Season. at the Fashion Centre at Pentagon City. Musical performances by Salvation Army Band, St. Stephens Performance Band and Hammonds Middle School. Visit simon.com/fashioncentreatpentagoncity.

SUNDAY/DEC. 18

NoVA Lights Chorale's "A Wintry Mix". 4 p.m. at St. Paul's Episcopal Church (Bailey's Crossroads), 3439 Payne St, Falls Church. Free.

CALENDAR

Email announcements to arlington@connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

ONGOING

Post-Graduate Residency Studio. Through Nov. 17, gallery hours at The Torpedo Factory Art Center, 105 N. Union St. The Torpedo Factory Art Center welcomes four emerging artists to participate in the Post-Graduate Residency Program. Jihee Kang, Paulette Palacios, Anne Smith, and Danielle Smith, were juried by Paul Shortt, new media curator for Arlington Cultural Affairs. Artists can create and sell work, interact with the public, and network with other artists. The program will culminate in a group exhibition in the Torpedo Factory's contemporary exhibition space, the Target Gallery. Free. Visit www.torpedofactory.org for more.

Printmaking Exhibit: "Impressions." Through Nov. 18, gallery hours at The Barry Gallery – Reinsch Library, Marymount University, 2807 N. Glebe Road. The exhibit features the work of Bridget Murphy, Marymount's associate provost for academic affairs. Murphy, who has also served as a professor in MU's School of Arts and Sciences and the chair of the Graphic Design and Fine Arts Department, uses both traditional and contemporary printmaking techniques. The inspiration for her current work focuses on multiple topics: typographic design, her travels and her garden. Free. Visit www.marymount.edu/barrygallery.

Art Exhibit: "After Hours: Social Rituals." Nov. 29, gallery hours at

34zero9 Micro Gallery, 3409 Wilson Blvd. Christina Girardi explores the visual and social subjects of the bar through drawings made on-site and from photos of bars she has collected from her social encounters. Through these mixed media drawings, she makes an attempt to mimic and recollect setting, sound, color, and taste of the aesthetics surrounding these memories created through the social habits of today's young urban and suburban populations. Free. Visit www.34zero9.wixsite.com for more.

Abstract Paintings by Meg Mackenzie. Through Nov. 30, 10 a.m.-6 p.m. weekdays, 10 a.m.-2 p.m. Sat. at The Arlington Artists Alliance Gallery, 2100 Crystal Drive.

Mackenzie is an abstract painter whose award-winning work has become a popular favorite in the D.C.-metro area who dedicated her artwork towards celebrating the majestic power and beauty of the horse. Visit www.galleryunderground.org.

Call for Submissions: Sigworks Musical Theater Lab. Deadline, Dec. 1. Two musicals will be chosen for a two-week development workshop during the summer of 2017, and each project will receive public readings at the end of each week. The projects, under leadership of Signature's Director of New Works Joe Calarco, will work with a director, music director, professional actors, a stage manager, and a dramaturge. The writers of the

NEW FALLS CHURCH LOCATION CALL NOW FOR APPOINTMENTS



CAPITAL
WOMEN'S
CARE

SPECIALIZING IN OBSTETRICS, GYNECOLOGY AND INFERTILITY

6355 WALKER LANE • SUITE 508 • ALEXANDRIA, VA 22310 • (703) 971-7633
3554 CHAIN BRIDGE ROAD • SUITE 302 • FAIRFAX, VA 22030 • (703) 273-6635
101 W. BROAD STREET • SUITE 500 • FALLS CHURCH, VA 22046 • (703) 971-8011
209 ELDEN STREET • SUITE 105 • HERNDON, VA 20170 • (703) 435-2574

H. ERIC STERN, M.D.
PETER G. ROTHSCHILD, M.D.
MICHELLE P. STAS, M.D.
DAMON HOU, M.D.
CHRISTINE L. TRAN, M.D.
MICHAEL B. KUSIC, M.D.
GINA C. HIBSHMAN, M.D.
NATALIE S. H. MOORE, M.D.
CARLEYNA M. NUNES, M.D.
JAN L. MASTER, C.R.N.P.

Inside or out...



...Tech Painting's got you covered!



Serving:
VA
DC
MD
OBX

703-684-7702
www.techpainting.com



Home of the \$6,850 Bathroom Remodel From Now to WOW in 5 Days Guarantee

10% down
nothing until the job
is complete for the
past 17 years

TWO POOR TEACHERS Kitchen and Bathroom Remodeling



Free Estimates
703-999-2928



Visit our website: www.twopoorteachers.com

Select your
products from
our Mobile
Showroom
and Design
Center

Fully Insured &
Class A Licensed
Since 1999



CALENDAR

chosen musicals will receive housing, travel, and an honorarium. Visit www.sigtheatre.org for more.

Waste Not-Want Not. through Dec. 1 in the main lobby of Arlington Central Library (1015 North Quincy St.), the Arlington Food Assistance Center is sponsoring an exhibit highlighting the problems of food waste and solutions to preventing it. For more information about AFAC's Plot Against Hunger program, visit www.afac.org/plot-against-hunger/ or contact Aisha Salazar at cooking@afac.org or 703-845-8486.

Tame Avant Bard Shows. Through Dec. 11 at Gunston Arts Theater, 2700 South Lang St. \$30 on Fridays; \$35 on Saturday evenings and Sundays. 703-418-4808.

Exhibit: "Dia de los Muertos." Through Dec. 18. Gallery hours at Arlington Arts Center, 3550 Wilson Blvd. Artists living in the Mid-Atlantic states submit work that responds to the concepts, themes, and imagery of this beloved holiday. Free. Visit www.arlingtonartscenter.org for more.

Fall SOLOS 2016. Through Dec. 18, gallery hours at Arlington Arts Center, 3550 Wilson Blvd. More than 100 artists living in the Mid-Atlantic Region submitted proposals for this semi-annual exhibition. Jurors Sarah Newman, Independent Curator, and José Ruiz, Co-Director of Present Co. (NY), Director of Furthermore (DC), and Professor in the Curatorial Practice Program at MICA, recommended 14 applicants for inclusion in the SOLOS 2016-17 edition. Fall artists: Michael Booker, Amanda Burnham, Lewis Colburn, Marion Colomer, Liz Guzman, Andrew Hladky, and Michele Montalbano. Free. Visit www.arlingtonartscenter.org for more.

Alice Whealin: "Third Patterns." Through Dec. 18, gallery hours at Arlington Arts Center, 3550 Wilson Blvd. Alice Whealin's artworks reflect personal concerns and experiences through alternative landscapes and imagery of internal bodies. Free. Visit www.arlingtonartscenter.org for more.

Photos with Santa Claus. Through Dec. 24. Various times at Fashion Centre at Pentagon City, 1100 S. Hayes St. Santa's photo chair will be on the ground level near Nordstrom. Visit www.simon.com/fashioncentreatpentagoncity for Santa's daily schedules and photo package pricing.

Moving Words Poetry Contest. Through Jan. 12. The annual poetry contest Moving Words is now open for submissions. The work of six winning poets will be printed on placards and displayed for three months between April and September inside Arlington Rapid Transit (ART) buses. This year's Moving Words competition is juried by Arlington County's Poet Laureate, Katherine E. Young. Submit entries to movingwords@arlingtonva.us. Visit www.arlingtonarts.org/ for rules.

Friday Night Live. 8 p.m. at the Church at

Clarendon, 1210 N. Highland St., Suite A. Local musicians perform. Free. Visit 1bc.org for more.

Arlington's Historical Museum Open on First Wednesdays. The Arlington Historical Museum is open to the public on the first Wednesday of every month from 12:30-3:30 p.m. The museum consists of exhibits chronicling Arlington County's history from Native American settlements up to the present day. The museum will continue to be open on Saturdays and Sundays from 1-4 p.m. Admission is free. The museum is located in the former 1891 Hume School building at 1805 S. Arlington Ridge Road. Contact Garrett Peck at 571-243-1113 or at garrett.peck@arlingtonhistoricalsociety.org.

LGBT & Straight Friends Social. Tuesdays. Happy Hour, 3 p.m.-7 p.m.; Mikey's "Bar A" Video Wall, 7 p.m.; start time at 8 p.m. IOTA Club & Cafe, 2832 Wilson Blvd. For 21 years and older. Free. Visit www.iotaclubandcafe.com for more information.

Open Mic Comedy. Wednesdays 8-10 p.m. at Ri Ra Irish Pub, 2915 Wilson Blvd. Doors open at 7 p.m. Age 21 and up only. Free show, \$25 cash prize for best joke. Call 703-248-9888 or visit www.RiRa.com/Arlington for more.

Karaoke. 8 p.m. on the first Sunday every month at Galaxy Hut, 2711 Wilson Blvd. Visit www.galaxyhut.com or call 703-525-8646.

Poetry Series. 6-8 p.m. second Sunday of the month at IOTA Club & Cafe, 2832 Wilson Blvd. Hosted by poet Miles David Moore. Featured artists share their poetry followed by open readings. Free. Visit www.iotaclubandcafe.com or call 703-522-8340.

Open Mic Nite. 8 p.m.-12:30 a.m. every Wednesday at IOTA Club & Cafe, 2832 Wilson Blvd. Sign-up times are 7:30 p.m. and 10 p.m. Bring instruments, fans and friends. Visit www.iotaclubandcafe.com or call 703-522-8340.

Pub Quiz. 8 p.m. every Sunday at Whitlow's on Wilson, 2854 Wilson Blvd. Prizes for first place. Free. Visit www.whitlows.com or call 703-276-9693.

Storytime. Wednesdays and Fridays, 10:30-11 a.m. at Kinder Haus Toys, 1220 N. Fillmore St. Storytime with Ms. Laura. Call 703-527-5929.

Lego Club. Monthly on the first Wednesday. 4-5 p.m. Glencarlyn Branch Library, 300 S. Kensington St. The library provides tubs of legos and a special challenge and after the program the creations are displayed for everyone to see. No registration required. Call 703-228-6548 for more.

THURSDAY/NOV. 17

Gingerbread House Challenge. 4-6 p.m. at Hyatt Regency Crystal City, 2799 Jefferson Davis Hwy. Gingerbread house decorating competition. 703-418-6883. Marisa.Moore@hyatt.com

NoVA Lights Chorale's "A Wintry Mix." 4 p.m. at St. Paul's Episcopal Church (Bailey's Crossroads), 3439 Payne St, Falls Church. Free.

The Lawn Chair Talks: Nicole Salimbene and Cynthia Singiser. 6-8 p.m. at the Arlington Arts Center, 3550 Wilson Blvd. Art and eating healthy will be the topics followed by a Q&A session. Admission is free.

FRIDAY/NOV. 18

Teens Making a Difference Club. 6-10 p.m. at Walter Reed Community Center, 4200 S. Four Mile Run. Teens take part in a variety of activities including dinner, games, art, and crafts. Only \$25 per child. Call 703-228-0701.

Encore Stage Holding Rehearsals for A Fairy Tale Christmas Carol. 8 p.m. at St. Andrew's Episcopal Church 4000 Lorcom Ln. On Wednesday, Nov. 30 will be a dress rehearsal, featuring actors in their costumes. Visit www.encorestage.org or call 703-548-1154.

Family Fun Night. 7-8:30 p.m. at Langston-Brown Community Center, 2121 North Culpeper St. Opportunity to get out of the house, spend time as a family, and network with other families. 703-228-4740

FRIDAY-SATURDAY/NOV. 18-19

The Migration Project. 7:30 p.m. at Theatre on the Run, 3700 S. Four Mile Run Drive. The Migration Project explores human flight through stories of relocation. An immersive visual experience evolves as Jane Franklin Dance and voices from within the community share family histories and interact with the space and with the art. Rosemary Feit Covey's art installation, originally shown as The O Project, is a large-scale sculptural piece meant to give voice to the



PHOTO BY NATALIA MEGAS

Heart&Sole team from Williamsburg Middle School in Arlington with coaches Elizabeth Emery and Theresa Urban.

Girls on the Run in Rosslyn

Local students prepare for 3.1-mile run.

BY NATALIA MEGAS
THE CONNECTION

On Nov. 20, Girls on the Run of NOVA will host nearly 2,000 runners with girls from 121 Northern Virginia schools completing the 3.1-mile run alongside family, friends, and the general public.

"Everyone is welcome to join us and cheer on our girls," said Katey Comerford, executive director of Girls on the Run of Northern Virginia, one of the largest GOTR communities in the U.S. She adds there will be approximately another 1,000 spectators. "When [the runners] cross the finish line, it's so remarkable. They're so excited. You just know those feelings make up their confidence."

GOTR, a non-profit organization, encourages independence, awareness, acceptance, empathy, and health. It also celebrates body image, life skills and peer differences. At the center of practices is the concept called "Girl Wheel," which focuses on the whole girl and teaches skills the girls need to be strong, confident, and healthy women as it relates to components like spirit, body, heart, brain and social.

"It's about where they are in the world," said Theresa Urban, board chair and veteran GOTR coach. "We start by helping them get a better understanding of who they are and what's important to them."

GOTR NOVA is part of a network of more than 200 councils in the U.S. and

Canada and serves approximately 5,000 girls a year from eight counties and cities throughout the region, both in Girls on the Run and Heart & Sole, their newly revamped program for middle school girls. At the end of the runners' three-month program, they participate in a 5K run.

At Williamsburg Middle School in Arlington, a group of girls in Heart & Sole prepared for their November run, hoping to beat their personal bests. While being outdoors and healthy was a popular theme in this group, they also agreed that they look forward to spending time with the coaches, family and friends.

Clio Cartin in sixth grade is looking forward to spending time with family. "I'm running the race with my mom," she said. "It's a great way to meet new friends ... And it's really good for the body. And socially healthy."

Bianca Garcia, seventh grader, who's joined on her first season said, "The coaches are more like friends. It's nice to work with them."

But achievement plays a big role too. Arnake Ruardij in sixth grade says running the 5K makes her feel like "I've achieved something and I'm capable of doing a lot of things."

The girls at Heart & Sole Williamsburg Middle School are Addie Martin, Arnake Ruardij, Clio Cartin, Bianca Garcia, Zoe Holland, Alana Collins, Malaya Conell, and Abigail Fuller.

For more information about this run and the Woodbridge run, go to: <http://www.gotrnova.org/5k>.

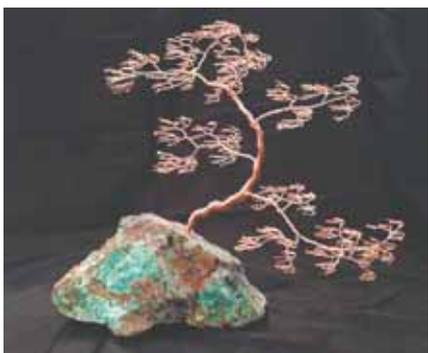


PHOTO CONTRIBUTED

"Windblown" by Thomas Mulczynski will be among the artworks at the Artful Weekend at Fort C.E. Smith Park.

Artful Weekend

Ft. C.E. Smith Park (2411 24th St N.) will host this year's Artful Weekend, featuring art created by 40 Arlington-based artists. Featured are paintings, ceramics, sculpture, artists cards, unframed works and more. Nov. 18, Friday, 6-8 p.m.; Nov. 19, Saturday, 10 a.m.-5 p.m.; and Nov. 20, Sunday, noon-4 p.m. Visit www.arlingtonartistsalliance.org or contact Kat Jamieson at katjamieson@gmail.com or 443-989-8722.

SEE CALENDAR, PAGE 15

Decking the Halls, Stuffing Bellies Local cooking schools offer crash courses in holiday dishes.

BY MARILYN CAMPBELL
THE CONNECTION

Ever since Bernadette Lott can remember, she's had a sweet tooth as big as a sugarcane field. Describing herself as a hard and fast confection lover of the extreme type, she thinks her predilection for all things candy-coated probably started with her grandmother, who pretended not to notice when she devoured spoonfuls of sugar while the two were baking.

"I must have been three or four, standing on a stool in the kitchen, craning my neck to see," said Lott.

In fact, baking was a hobby she honed at her grandmother's hand, which later became a practical skill. She learned that in order to satisfy her ravenous sugar cravings, be they for shiny glazed lemon tarts or gooey chocolate trifles moistened with rum, she needed to learn to bake.

"I think my first word was cake," Lott said. "I love to bake, but I also do my fair share of tasting."

It's no wonder that for Lott and other foodies, the holidays offer a chance to legitimize an obsession with baking marathons that, if done at any other time of the year, might appear to be chocolate-covered insanity.

In response, dozens of local chefs and culinary enthusiasts are rolling out a slew of holiday cooking classes this season. Want to make your own lemon rugelach? Considering letting your children take over the gingerbread baking? Interested in assembling a buche noel? From the informal classes that Lott runs out of her Alexandria kitchen to formal cooking schools with classes taught by professional chefs, there's instruction for students at both ends of the skills spectrum.

"These cooking classes help people get into the holiday spirit," said Toni Lipe of Culinaria Cooking School in Vienna, Virginia. "They learn to make things that they can wrap in paper and ribbon and give as gifts."

Students at Culinaria enter a holiday cookie paradise of softened butter, vanilla and coconut, and spend hours cutting, rolling and decorating, emerging at the end of class with boxes of rugelach, almond macaroons and other confections.

"The classes are filled with laughter and chatter," said Lipe. "It's like a party, such a wonderful experience."

In Lott's lessons, which she runs informally out of her home – students discover her through word of mouth – she demonstrates tooth-achingly rich buche de noel and fudge-filled, whiskey-soaked chocolate bundt cake recipes. A limited class size allows her to guide students through the process, from melting chocolate over simmering water to adding a good dousing of liqueur to the mixture and beating it into a fluffy batter before sliding it into the oven.

"Some of my best holiday childhood memories were baking with my family," said Lott. "I love being able to share that love



PHOTOS COURTESY OF TERRI CARR

Friends Terri Carr and Elaine Agran have a decades-long tradition of baking holiday cookies for friends and family.

with other people so that they can create their own memories."

During her lessons, students rummage through a treasure trove of cookie cutters in shapes ranging from angels and wreaths to starfish and rosebuds. After mixing flour and nutmeg with lemon zest and vanilla extract, then chilling, rolling and cutting the dough, their effort bursts forth in the form of highly spiced citrus, ginger cookies.

"I still like nibbling the cookie dough as much as I did when I was a little kid," said Claudia Yost, a recent student.

Even the youngest gourmands can add calorie-laden joy to the world this season. Diminutive cooks-in-training use seasonal bounty to create child-friendly versions of traditional Thanksgiving fare at Tiny Chefs cooking school. They use yeast, flour and sweet potatoes to create warm, fluffy doughnuts, encased in sugar that crunch slightly to the bite.

"Cooking during the holidays, and at any time, builds memories and gives them skills that they can use when they're responsible for preparing dinners later on down the road," said Katie Raguindin of Tiny Chefs.

In the gingerbread house-making class, instructors support children's imaginations, encouraging the wackiest, most creative designs, propelled by a rainbow of colored icing and decorative candies. There's even a gift class where they fill mason jars with ingredients for cookie dough. The project becomes present-ready when topped with shiny bows.

"We're giving them a nice way to participate with the holiday cooking," said Raguindin. "It's a good family activity, and they can remember for years to come that they got to cook with Mom and Dad for Christmas dinner."

Even as adults, life-long friends can relive their childhood sugarplum fantasies. At the start of the holiday season, Terri Carr and Elaine Agran gather in Carr's Potomac, Maryland, kitchen to preserve a baking tradition that spans more than three decades. For four days and four nights, the two



Terri Carr bakes, decorates and packages holiday cookies, which she sends to friends and family.

home.

This year, Carr's holiday classes are focused on Thanksgiving, teaching students to make both main and side dishes, and ending with a crunchy and deeply nutty pecan pie.

At the end of her classes, Carr sets a festive table around which her apprentices gather and nosh on the fruits of their holiday labor until the last crumb is devoured.

OPENING SOON IN POTOMAC YARD

3600 S. Glebe Rd. Suite 150, Arlington, VA 22202

Pediatric Associates has served families in Northern Virginia for 60 years.

We are excited to announce the opening of our second office in Potomac Yard, close to Del Ray, Old Town and Arlington neighborhoods.



Pediatric Associates
of Alexandria

For More Information, please call 703-924-2100 or visit www.pedsalex.com



Feeling a Little Better



By KENNETH B. LOURIE

Just as last week's column attempted to describe the loss a surviving cancer patient feels when a fellow cancer patient succumbs to his disease, this week's column will attempt the opposite: describe the feeling a surviving cancer patient feels when a new lung cancer patient joins the club. Specifically, an individual (who I met this week, coincidentally) who exudes the kind of confidence and positive attitude necessary to endure the bumpy road ahead. Unfortunately, one doesn't always have the luxury to avoid the road/not join the club; to quote Groucho Marx: "I don't want to belong to a club that will accept me as a member." If only it were that funny - and simple.

With respect to lung cancer patients, typically a late-stage diagnosis: stage IV (there is no stage V), is heard early on the initial appointment with one's oncologist. Given that there is at present, no agreed-upon approach to screen for lung cancer and in many cases, patients are often symptom-free or experiencing discomfort not in the lungs; nor having any difficulty breathing, coughing or coughing up blood, among other symptoms, especially so for non-smokers who now represent upwards of 25 percent of new lung cancer patients, this is not uncommon. For multiple reasons then, lung cancer remains the leading cause of cancer deaths in this country, projected at 158,000 in 2016, as well the leading cause of new cases of cancer reported every year, projected at 225,000, "more than colon, breast and prostate cancer combined," according to cancer.org. One percent live beyond two years, according to cancer.net

Generally speaking then, one can say, with a reasonable amount of confidence, that receiving a diagnosis of lung cancer is devastating news and for a few days anyway, knocks the wind completely out of your sails, even if you don't own a sailboat. It's almost impossible, eight years post-diagnosis, to articulate exactly how I felt when a doctor (an oncologist) whom I had never met told me I had stage IV, non-small cell lung cancer and advised me I had "13 months to two years" to live (I was 54 and a half at the time and a life-long non-smoker). Out of the blue doesn't even begin to describe my reaction. Surreal, which was my general sense of what I had just heard is also a very common description, as I have likewise heard and read from other newly diagnosed cancer patients.

So you need to find help anywhere you can get it. For me, the most valuable help was/is emotional: people being supportive, encouraging, funny, unafraid to face my reality and most importantly, positive - about the negative. Don't tell me anything that I'm doing is bad. Tell me everything I'm doing is good. Minimize the negative and maximize the positive. Don't be overconfident but do be underwhelmed. Take my circumstances in stride. Don't walk quietly and don't carry a big stick. Treat me normally - in spite of my cancer, as you would had I not been so diagnosed. If I am treated in these ways, I will - and think I have become, a welcome addition to the club. Because this is a club that needs individuals to step up and fight not only for themselves but for to others as well. And if in fact what goes around comes around, I will be similarly embraced and moreover, cared for and about; and it's the strength in these numbers that will empower me to be the best cancer patient I can. And when I meet a fellow cancer patient, this how I will roll: concerned but emotionally available, serious but funny, respectful but disarming, realistic but hopeful and always positive about their negative. If I am turn treated in a similar way and the patient expresses the kind of good-in-the-locker-room type of attitude necessary for the long journey ahead, I will feel stronger and more hopeful for my own circumstances than I would have had I not met this new patient.

Cancer shouldn't be a singular pursuit. I need your help, and I'm willing to offer mine. If we help other, we'll both be better served because of it. This is not meant to be selfish, it is meant to be selfless. There is no "I" in cancer.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

ZONE 6: • ARLINGTON • GREAT FALLS
• MCLEAN • VIENNA/OAKTON

HOME & GARDEN

CONNECTIONNEWSPAPERS.COM

CONTRACTORS.com

703-778-9411

ZONE 6 AD DEADLINE:
MONDAY NOON

ELECTRICAL	ELECTRICAL	IMPROVEMENTS	IMPROVEMENTS	FIREWOOD	LANDSCAPING
K & D ELECTRIC COMMERCIAL / RESIDENTIAL SERVICE Family Owned & Operated Recessed Lighting Ceiling Fans Phone/CATV Computer Network Cabling Service Upgrades Hot Tubs, etc... Licensed/Bonded/Insured Office 703-335-0654 Mobile 703-499-0522 lektrkman28@gmail.com	Power Washing Go from Green to Clean. We clean Houses, Decks, Fences, Patios, etc. Deck Staining and Sealing, Exterior Wood Rot, Deck & Fence Repair. Single Family Homes \$185.00 Townhouses \$140.00 Licensed & Insured • Free Estimates email: jnave@comcast.net 703-987-5096	FIREWOOD Double Shredded Hardwood Firewood Full Cord Guar All Hardwood Free Delivery & Dumped 703-327-4224	A&S CONSTRUCTION SOD, Mulch, Clean-Up Leaf Removal Hauling. 703-863-7465	MASONRY	MASONRY
GUTTER	GUTTER	Roofing • Siding • Gutters Windows & Doors Flagstone & Brickwork (703) 587-7762 Quality Builds Trust www.mainstreet-home-improvement.com	Alfredo's Construction Company, Inc. • Concrete Driveways • Patios • Sidewalks • Stone • Brick Phone: VA: (703) 698-0060 • MD: (301) 316-1603 www.alfredosconstructioncompany.com	PAINTING	PAINTING
GUTTER CLEANING Gutters and Downspouts Cleaned Small Repairs • Gutter Guards PINNACLE SERVICES lic/ins 703-802-0483 free est. email jamie@lawnsandgutters.com web: lawnsandgutters.com Friendly Service with a Friendly Price!	IMPROVEMENTS	IMPROVEMENTS	PAINTING & Decorating Interior & Exterior * Drywall * Carpentry * Powerwash * Cleaning/Organizing * Roofs Call Jorge anytime - 703-901-6603	PAVING	PAVING
A&S Landscaping • All Concrete work • Retaining Walls • Patios • Decks • Porches (incl. screened) • Erosion & Grading Solutions • French Drains • Sump Pumps • Driveway Asphalt Sealing 703-863-7465 LICENSED Serving All of N. Virginia	IMPROVEMENTS	IMPROVEMENTS	RN. CONTRACTORS, INC. Remodeling Homes, Flooring, Kitchen & Bath, Windows, Siding, Roofing, Additions & Patios, Custom Deck, Painting We Accept All Major Credit Cards Licensed, Insured, Bonded • Free Estimates • Class A Lic Phone: 703-887-3827 E-mail: rncontractorsinc@gmail.com www.rncontractors.com	GOLDY BRICK CONSTRUCTION Walkways, Patios, Driveways, Flagstone, Concrete FREE ESTIMATES Licensed, Insured, Bonded 703-250-6231	PAVING
Picture Perfect Home Improvements (703) 590-3187 Remodeling Bathrooms, Kitchens & Basements Exterior & Interior Repair, Painting, Carpentry, Wood Rot, Drywall, All Flooring, Decks • FREE Estimates • EASY To schedule • FAST & Reliable Service • NO \$\$\$ DOWN! Handyman Services Available http://www.pphionline.com/ "If it can be done, we can do it" Licensed - Bonded - Insured	IMPROVEMENTS	IMPROVEMENTS	J.E.S. Services Your neighborhood company since 1987 703-912-6886 Landscaping & Construction Free Estimates • Fully Licensed & Insured • Planting & Landscaping Design • Drainage & Water Problems • Concrete Driveways, Replacement or New • Patios and Walks • Masonry Work or Dry Laid • Paver, Flagstone, Brick, any style you choose • Retaining walls of all types All work Guaranteed	TILE/MARBLE	TILE/MARBLE
HANDYMAN	HANDYMAN	HANDYMAN	HANDYMAN	BATHROOM REMODELING by Brennan Bath and Tile Partial or Full. Kit. Floors, Backsplashes. Specializing in Ceramic, Porcelain, Glass Tiles and Natural Stones. Also repair work. 35 yrs exp. www.brennan-tile.com 703-250-2872 Licensed • Bonded • Insured	TREE SERVICE
HANDYMAN	HANDYMAN	HANDYMAN	HANDYMAN	Quality Tree Service & Landscaping Reasonable prices. Licensed & insured. Summer Cleanup... Tree removal, topping & pruning, shrubbery trimming, mulching, leaf removal, planting, hauling, gutter cleaning, retaining walls, drainage problems, etc. 25 years of experience - Free estimates 703-868-5358 24 Hour Emergency Tree Service	TREE SERVICE
HANDYMAN	HANDYMAN	HANDYMAN	HANDYMAN	Hand & Hand Handyman LLC General Remodeling • Residential & Commercial DESIGN AND BUILD • COMPLETE HOME RENOVATION • Kitchen, Bath, Basement Remodeling • Electricity, Plumbing • Doors, Windows, Crown Molding, Hand Rails, Chair Rails, Interior, Exterior, Finish Carpentry • Interior, Exterior Painting, Pressure Washing • Ceramic, Hardwood Flooring, Refinish Floors, Deck Reflooring • Build Deck, Fence, Patios, Retaining Walls • Concrete Driveway, Brick or Stone Sidewalk • Building Maintenance • Residential, Commercial • Foreclosures, Realtors Welcome Serving Northern Virginia, D.C., Maryland • Licensed and Insured 703-296-6409 Hnhhandyman.com	TREE SERVICE

101 Computers

101 Computers

21 Announcements

21 Announcements

HDI COMPUTER SOLUTIONS

JENNIFER SMITH • Serving the Area Since 1995

- > Speed Up Slow Computers
- > Virus Removal
- > Computer Setup
- > Help with Windows 8 & 10



571-265-2038

Jennifer@HDIComputerSolutions.com

THE CONNECTION
NEWSPAPERS

CLASSIFIED

For Local...

- Employment
- Employees
- Services
- Entertainment
- Announcements
- Real Estate
- Cars
- Trucks
- Vans
- RV's
- Boats
- Pets
- Yard Sales
- Crafts
- Hobbies
- And More!

For All
Your
Advertising
Needs...

It Works.
Week
After Week.

703
917-6400

Place
Your
Ad
Today!

THE CONNECTION
to your community

21 Announcements

ABC LICENSE
Pupuseria Mana, Inc trading as Pupuseria Mana, 7236 Arlington Blvd. Falls Church, VA 22042. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Wine and Beer On Premises-Mixed Beverages on Premises license to sell or manufacture alcoholic beverages. Doris L. Maldonado, Owner
NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200.

21 Announcements

LIFETIME METAL ROOFING

Storm Proof Metal Roofing

Will your roof withstand another storm season?
Call us today for a free roof inspection!

WE FINANCE!

CALL 800-893-1242

WWW.METALROOFOVER.COM by VA CAROLINA BUILDINGS, INC

21 Announcements

Low Vision Patients with

MACULAR DEGENERATION

DMV offers a special permit allowing low vision patients to drive with bioptic telescopic glasses.

Call for a FREE phone consultation with Dr. Armstrong, Optometrist

Offices in: Roanoke, Harrisonburg, Wytheville, Virginia

Learn more at: www.VirginiaLowVision.com
Dr. David L. Armstrong (866) 321-2030

OBITUARY



Nathalie Kuhlman Riordan

April 29, 1915 - November 11, 2016

Nathalie K. Riordan passed away peacefully, surrounded by her family, on November 11, 2016. She was born in Wausau, WI 101 years ago and is survived by her loving children, David Riordan (Catherine) of Centerville, VA, Sandra Bohnsack of Chicago, IL, Michael Riordan (Linda) of Rochester, NY, Patrice Keegan of Fairfax, VA, and Jerris Riordan of Vienna, VA as well as 10 adoring grandchildren and 22 great-grandchildren. She is predeceased by her husband, John B. Riordan and her son, John P. Riordan. Nano balanced raising six children with her late husband, John, as his career took the family abroad to live in Egypt, Italy and South Vietnam. Upon John's death in 1969, Nano began her own career with the Central Intelligence Agency, which spanned 43 years and ended with her retirement in 2011 at the age of 96. She acted as President of her condominium association until her death. A loving, gracious, intelligent and compassionate woman, Nano, as she was known, was a person of boundless energy who fervently embraced the lives and interests her family of 51 as well as all those she met. She will be remembered for her open door, open mind and open heart.

A memorial service will be held on November 19 at 3:30 PM at the Vienna Presbyterian Church, 124 Park Street NE, Vienna, VA, followed by a reception at the Fairfax Hunt Club, 1321 Lake Fairfax Drive, Reston, VA. In lieu of flowers, donations in her memory may be sent to the American Legion, Dyer-Gunnell Post 180, 330 North Center Street, Vienna, VA 22180 or the American Heart Association, 4301 Fairfax Drive #530, Arlington, VA 22203.

21 Announcements

21 Announcements

21 Announcements

The U.S. Census Bureau is hiring Field Representatives/Field Supervisors

in your area. If you are customer focused, self-motivated and have excellent communication skills, please call 1-800-563-6499 for more information and to be scheduled for a testing near you.

The Census Bureau is an Equal Opportunity Employer and provides reasonable accommodations to applicants with disabilities.

Visualization Support Engineer

Mechdyne Corporation is looking for a full time Visualization Support Engineer to be on-site with our clients' virtual reality system, CAVE2.

This position will work hands-on with cutting edge technology and will enjoy variety in their work. You will work hand-in-hand with our customer while growing professionally through ongoing training, certification programs, and continued learning.

Apply today at
www.mechdyne.com/about-careers or
send cover letter and
resume to Mechdyne Corporation, Attn:
HR, 11 E. Church St. 4th Floor,
Marshalltown, IA 50158

Educational Internships

Unusual opportunity to learn many aspects of the newspaper business. Internships available in reporting, photography, research, graphics. Opportunities for students, and for adults considering change of career. Unpaid. E-mail internship@connectionnewspapers.com



HOW TO SUBMIT ADS TO



CLASSIFIED

DEADLINES
Zones 1, 5, 6.....Mon @ noon
Zones 2, 3, 4.....Tues @ noon
E-mail ad with zone choices to:
classified@connectionnewspapers.com
or call Andrea @ 703-778-9411

EMPLOYMENT

DEADLINES
Zones 1, 5, 6.....Mon @ noon
Zones 2, 3, 4.....Tues @ noon
E-mail ad with zone choices to:
classified@connectionnewspapers.com
or call Andrea @ 703-778-9411

ZONES

- Zone 1:** The Reston Connection
The Oak Hill/Herndon Connection
- Zone 2:** The Springfield Connection
The Burke Connection
The Fairfax Connection
The Fairfax Station/Clifton/Lorton Connection
- Zone 3:** The Alexandria Gazette Packet
The Mount Vernon Gazette
- Zone 4:** Centre View North
Centre View South
- Zone 5:** The Potomac Almanac
- Zone 6:** The Arlington Connection
The Vienna/Oakton Connection
The McLean Connection
The Great Falls Connection

FROM PAGE 12
underrepresented and traditionally ignored. Dawn Whitmore adds brief video statements and sound installations drawn from words and phrases provided by individuals who have told their stories. Tickets are \$20-26.50. Visit www.janefranklin.com/performances/tickets.

FRIDAY-SUNDAY/NOV. 18-20

'On the Shoulders of Giants' Planetarium Discussion. Fri. and Sat., 7:30 and Sunday, 3 p.m. Panel discussion 'On the Shoulders of Giants' with three experts. Sunday are two full dome, kid-friendly shows with some short films being shown for free during the intermission. Reserve seats at https://friendsoftheplanetarium.org/post/83/

Artful Weekend. Friday, 6-8 p.m.; Saturday, 10 a.m.-5 p.m.; Sunday, noon-4 p.m. at Ft. C.F. Smith Park, 2411 24th St N. Art created by 40 top Arlington-based artists. Featured are paintings, ceramics, sculpture, artists cards, unframed works and more. Visit www.arlingtonartistsalliance.org or contact Kat Jamieson at katjamieson@gmail.com or 443-989-8722.

Teatro De la Luna Awards. 8 p.m. and 4 p.m. at Rosslyn Spectrum Theater 1611 N. Kent St. Spanish-language Nominated and Awarded plays, actors and productions: "Nuestra Señora de las Nubes" by Aristides Vargas; "De Hombre a Hombre" by Mariano Moro in Spanish with English subtitles (on a projection screen). Regular \$35, seniors and students \$30 703-548-3092; www.teatrodela luna.org

SATURDAY/NOV. 19

Lantern Making Workshops. 11 a.m. at Columbia Pike Library, 816 S. Walter Reed Drive. Free lantern making workshop with Arlington artist Melanie Kehoss. ArlingtonArts.org

The National Coalition of 100 Black Women, Incorporated Brunch. 11:30 a.m. at The Ritz-Carlton, Pentagon City 1250 South Hayes St. Speakers and Jazz musician and producer Marcus Johnson. Bazaar starts at 10 a.m. Tickets are \$75 and can be purchased through Eventbrite.com.

Live Barbershop Music Concert. 3 p.m. at Thomas Jefferson Community Theatre, 125 S. Glebe Road. Prize-winning women's barbershop a cappella Potomac Harmony Chorus celebrates its 40th anniversary with a lighthearted musical journey into outer space. Tickets are \$20 for adults, \$15 for children and seniors. Visit www.potomacharmony.org for more.

2016 Jennifer Bush-Lawson Memorial 5k. 8:30-11 a.m. at Little Falls Road.

Ribbon Cutting. 1-2 p.m. at Quincy Park, 1021 N. Quincy St. The ribbon cutting will celebrate Arlington's first universally designed playground which can be used by visitors of all abilities.

Northern Virginia's 13th Annual Construction Competition Show. At Reagan National Airport. Local architects display eight new structures they built in seven hours to achieve their mission of feeding Arlington's neediest citizens. http://www.aianova.org/construction.php

Survivors of Suicide Loss Day. All Survivor Day gatherings will include a screening of "Life Journeys: Reclaiming Life after Loss," a new AFSP-produced Survivor Day documentary that traces the grief and healing journey that follows a suicide loss over time. Survivorday.org

Star Chord. 3 p.m. at Thomas Jefferson Community Center Theater, 125 S. Old Glebe Road. \$15-20.

SUNDAY/NOV. 20

Digital Photography Hike for Kids. 1:30-3 p.m. at the Long Branch Nature Center, 625 S. Carlin Springs Road. Get tips on how to take pictures, learn about local wildlife and have a chance to photograph some live nature center animals. Bring the camera of your choice. Ages 8-12. \$5. Call 703-228-4747, using Activity #612926-H.

Washington Balalaika Society: "Love and Laughter." 3 p.m. at Kenmore Performing Arts Center, 200 S. Carlin Springs Road. Tickets are \$25 for adults, \$20 for seniors, \$25 for students, and for children 18 and under. Visit www.balalaika.org for more.

MONDAY/NOV. 21

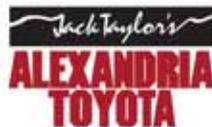
Encore Stage Holding Rehearsals for A Fairy Tale Christmas Carol. 7:30 p.m. at Gunston Arts Center 2600 S. Lang St. Visit www.encorestage.org or call 703-548-1154.

11

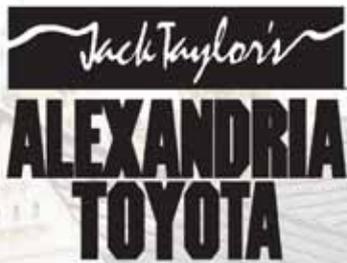
VIRGINIA

2016

Special VIP Offer for your Toyota



3750 Jefferson Davis Hwy • Alexandria, VA 22305 • 703-684-0710 • www.alexandriatoyota.com



30 YEARS OF RECEIVING THIS HONOR. 1 OF 4 DEALERSHIPS IN THE NATION TO RECEIVE THIS HONOR.

Service & Parts Dept. Hours:
Monday - Friday, 7:00am to 9:00pm
Saturday, 8:00am to 5:00pm

YOU HAVE SATURDAY OFF. THAT'S EXACTLY WHY WE DON'T!

ToyotaCare Customers
Don't Forget Your **FREE** Service.
5,000 • 10,000 • 15,000 • 20,000 • 25,000
Mile Services
Call your ASM for details
ToyotaCare Plus \$299.00
Covers up to 4 years/45,000 miles

NOW AVAILABLE!

3750 Jefferson Davis Hwy • Alexandria, VA 22305

TOYOTA GENUINE SERVICE
LUBE, OIL & FILTER SERVICE SPECIAL

\$29⁹⁵ NON-SYNTHETIC
\$49⁹⁵ SYNTHETIC

INCLUDES: Change oil (up to 5 qts.), install Genuine Toyota oil filter, inspect & adjust all fluid levels and complimentary multi-point inspection with print out.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 11/30/16.

TOYOTA GENUINE SERVICE
VARIABLE DISCOUNT

\$5.00 OFF with purchase of \$35.00 - \$49.99
\$10.00 OFF with purchase of \$50.00 - \$99.99
\$15.00 OFF with purchase of \$100.00 - \$199.99
\$20.00 OFF with purchase of \$200.00 - \$499.99
\$50.00 OFF with purchase of \$500.00 Or more

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 11/30/16.

TOYOTA GENUINE SERVICE
BUY 3 TIRES AND GET THE 4TH FOR \$1

SEE SERVICE ADVISOR FOR DETAILS. GOT TIRES?
INCLUDES ROAD HAZARD PROTECTION, TIRE WARRANTY, AND FREE COURTESY INSPECTION.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 11/30/16.

TOYOTA GENUINE SERVICE
BRAKE SPECIAL \$99⁹⁵

INCLUDES: Install Genuine Toyota front brake pads, inspect front & rear rotors & drums, check tire condition and inspect all hardware. TCMC pads only.
MACHINE ROTORS AN ADDITIONAL \$199.95.

DOES NOT APPLY TO ALL VEHICLES PLEASE SEE SERVICE ADVISOR FOR DETAILS. NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 11/30/16.

TOYOTA GENUINE SERVICE
30,000 MILES FACTORY RECOMMENDED SERVICE \$159⁹⁵

Synthetic \$10 More
INCLUDES: Change engine oil & filter (up to 5 qts), rotate tires, inspect wear and adjust pressure, measure brake pad thickness & rotor runout, replace cabin air filter (if equipped), replace engine air filter, reset maintenance reminder light (if applicable) and multi-point vehicle inspection.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 11/30/16.

GENUINE TOYOTA
SIGHT LINE WIPER BLADES \$10 OFF

Sight Line only.
NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF PURCHASE. VALID ONLY AT ALEXANDRIA TOYOTA PARTS CENTER ONLY. GOOD THRU 11/30/16.

TOYOTA GENUINE SERVICE
15% OFF ANY ACCESSORIES

- Apparel • Window visors • I-pad adaptors •
- All weather floor mats • Toyota bedliners •

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 11/30/16.

TOYOTA GENUINE SERVICE
10% OFF OVER THE COUNTER PARTS

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 11/30/16.

BATTERY SPECIAL \$129⁹⁵

INCLUDES BATTERY INSTALLATION
Includes: 84 month warranty, 24 month FREE replacement, 24 month FREE roadside assistance, 60 month prorated, PLUS we'll check all battery cables & connections. Does not apply to hybrid batteries.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 11/30/16.



CALL FOR AN APPOINTMENT AT 703-684-0710 OR SCHEDULE ONLINE AT ALEXANDRIATOYOTA.COM