

Del. Eileen-Filler Corn (D-41), Supervisor Pat **Herrity (R-Springfield)** and others participating in the ribbon cutting of the new H-Mart.



H-Mart Opens in Burke

welcomed a new tenant, H-Mart, an international grocery store specializing in Asian food. H-Mart has a long history in Virginia. The new Burke location is their sixth in Virginia and their 55th in the United States. Its name derives from the Korean expression, Han Au Reum, literally meaning "one arm full of groceries."

The store opened with a large crowd and much fanfare, including Korean percussion music, a Chinese lion dance, traditional Vietnamese dance and plenty of balloons. Amongst those in attendance were Del. Eileen Filler-Corn (D-41) and Supervisor Pat Herrity (R-Springfield), as well as members of the Greater Springfield Chamber of Commerce. Both Filler-Corn and Herrity participated in the official ribbon cutting.

"For more than 27 years, my husband and I have lived and raised our two children just down the street

n Nov. 9, Burke Village Center officially from this shopping center. I was excited when I heard that H-Mart was coming to Burke. I feel particularly fortunate to live in a place as diverse as Fairfax County. Having H-Mart here in Burke, further exposes our community to different cultures, food and traditions. The store is impressive. I was particularly taken by the beautiful produce section and fresh fish. H-Mart has a long history in Virginia and I am so glad that they decided to locate in the 41st District," said Del. Filler-Corn.

> Filler-Corn also mentioned how appreciative she was that in addition to providing new jobs in Burke, H-Mart brings with it a long history of giving back. The company partners with charities both local and national to make its community a better

> The new H-Mart supermarket is located at 9550 Burke Road, in Burke. It is open seven days a week from 8 a.m.-10 p.m.

FCPS Get2Green Program Receives Climate and Energy Leadership Award

The Metropolitan Washington Council of Governments (COG) presented Climate and Energy Leadership Awards to the District of Columbia, Fairfax County Public Schools, the District of Columbia's Sustainable Energy Utility (DCSEU), and Love & Carrots for their outstanding efforts to reduce greenhouse gas emissions and increase energy efficiency. These annual awards recognize and encourage local actions to advance the regional climate and energy goals established by leaders at COG, while engaging the community in the planning of their programs.

The awards were distributed Wednesday at the November COG Board of Directors Meeting by Fairfax County's Mason District Supervisor and COG Climate, Energy, and Environment Policy Committee (CEEPC) Chair Penny Gross and COG's Air and Climate Public Advisory Committee (ACPAC) Chair Glenna Tinney.

Fairfax County Public Schools (FCPS) is recognized with a 2016 Climate and Energy Leadership Award in the Educational Institution category for its Get2Green program. FCPS is the 10th largest school district in the nation with over 220 facilities comprising 197 schools, 11 centers, and other support buildings. The Get2Green program's mission is to promote student learning and action using the environment as a foundation. FCPS has potential to reach over 186,000 students through programs such as home energy audits as part of curriculum; learning about renewable energy through building wind turbines; and sharing school grown edible food and leftover cafeteria food with local food banks. As a result of Get2Green, FCPS has experienced an 11 percent reduction of greenhouse gases, a value in excess of 39,000 metric tons of CO2e; with realized energy savings of more than \$8.5 million and an anticipated \$95 million dollars in energy savings by the year 2025.

DO YOU HAVE TRAVEL PLANS FOR THE HOLIDAYS?

Pet Medical Center of Springfield boards pets!



Pet Medical Center of Springfield offers veterinary supervised boarding with the attention and care that they would receive while at home. The same veterinary assistants who care for your pets when they come in for medical care also care for our boarding kennel guests.

8054 Rolling Road Springfield, VA 703-455-1188 pmcsvet.com

The assistants are trained to recognize changes in your pet's appetite and attitude, and they work hard to keep pets clean and comfortable. We also offer "special care" boarding for pets who have medical conditions requiring additional care and monitoring.



Dr. Barry Rosenbluth • Dr. Jim MacLean Dr. Diane Nichols • Dr. Kathleen Phillips

Several hundred Sangster students, parents, teachers and veterans gathered to observe Veterans Day at the school's annual outdoor assembly.



PHOTOS BY TIM PETERSON/

Remember Veterans, Thanking Families

Sangster Elementary hosts annual Veterans Day assembly.

BY TIM PETERSON The Connection

or about a third of the families at Sangster Elementary School in Burke, military and mobility is a way of life.

"Most people don't know what military families do; it feels like moving every three years," said sixth-grader Parker Smith of Burke. Veterans Day he said is also a "good day to recognize these people, who sacrifice their lives, and their families."

Of the 970 students and 665 families at Sangster, which serves parts of Burke, Fairfax Station and Springfield, Principal Lisa Reddel said 175 families are associated with the school's Military Spouses Group that welcomes newcomers and supports new to the area military families getting settled.

Reddel adds 242 students total are identified as part of a military family.

For Parker's brother Warner, in fourth grade, another important part of Veterans Day is learning more about their country.

"One day, people my age will become great leaders," he said, "and we couldn't do that without knowing our history."

The Smith boys were among several hundred Sangster students, parents, teachers and veterans to observe Veterans Day, Nov. 11, together at the school's annual outdoor assembly.

Col. Jason Hayes, U.S. Army, gave a brief history of Veterans Day, beginning with President Woodrow Wilson's declaring Nov. 11 in 1919 Armistice Day honoring American heroes who died while serving in World War I.

On June 1, 1954, Hayes said, Congress approved Nov. 11 as a day to remember and celebrate American veterans of all wars.

Capt. Jennifer Blazewick, U.S. Navy, recited the poem "I am the Flag" by Lawrence



From left, Sangster parents Col. Jason Hayes, U.S. Army; Capt. Jennifer Blazewick, U.S. Navy; Major Will Marcantel, U.S. Marine Corps; Cdr. Justin Jacobs, U.S. Coast Guard; and Lt. Col Brian Vlaun, U.S. Air Force, were presenters at Sangster Elementary School's 2016 Veterans Day assembly.

Members of the **Sangster Elementary** School choir perform on Veterans Day 2016.



M Jones.

"I am a composite being of all the people of America; I am the union if you are united," Blazewick began.

"I stand for greater and more glorious achievement than can be found in recorded history, but you must be my inspiration," she read in conclusion.

Blazewick commented additionally:

"Thank you to the children and teachers who welcome military kids, who've had to move every two years.

"And... military kids are just awesome," Blazewick said.

The Sangster choir and handbells performed "On Veterans Day" by Karl

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VIEWPOINTS

Why is Veterans Day important to you?

Carter Smith, Burke, first grade

"We learn about

the history of America and the veterans who served the country and who are still working. If they weren't working in the armed forces, our country wouldn't be that safe.'



Warner Smith, Burke, fourth grade

"The teachers, students and community get to enjoy the ceremony at Sangster. It's important to help and support who's served and is currently serving.



Parker Smith,

Burke, sixth grade "Most people don't know what military families do, it feels like moving every three years. It's a good day to recognize these people, who sacrifice their lives.



Kyla Luna, Springfield, fifth grade

"I like the colors of the flag. I wear my headband to support and remember the veterans.



Gigi Luna, Springfield, third grade

"I like the stars on the flag. Veterans helped there to be all these stars. It's important to celebrate people who fought in the wars and sacrificed for our freedom.



Jonathan Delano, Fairfax

Station, sixth grade "We remember

people who defended our country, from other people, who protect us, sacrifice leave all my friends and move because of the military, but I know it's so my dad can help our country more.'



Cindy Conley is New Principal at Irving Middle School

Will oversee a school with 1,057 students and about 125 staff members. members who are doing something above and beyond," she said.

By Steve Hibbard The Connection

ith 16 years in education, Cindy Conley, age 40, of Woodbridge was named the new principal of Irving Middle School in Springfield on Aug. 17, 2016, replacing Danny Little, who retired. She will oversee a school with 1,057 students and about 125 staff members in the West Springfield Pyramid.

According to the school's website, the ethnic breakdown is: 54.6 percent white; 16.4 percent Hispanic; 9.2 percent Black; 13.3 percent Asian; and 6.3 percent other. There are 35.1 percent of students in Advanced Academics - Level IV; 13.7 percent in Special Education; and 14.9 percent on free or reduced meals.

"It's a diverse population; we have students who have a variety of needs who bring in a variety of perspectives," said Conley, who also served as Irving's Assistant Principal for eight years.

The school has a large military population with 183 families who have either an active duty or a reservist in their family. "I think this is important because our students bring diverse perspectives to their learning as they have moved and traveled throughout the country and world," she said.

What's unique about Irving is its German Immersion and STEAM programs (Science, Technology, Engineering, Arts and Math) that they incorporated into their advanced academics programs. Incoming students who graduated from Orange Hunt can continue their foreign language by taking German One in seventh grade, and German Two in eighth grade. "Because of our families transferring from a variety of areas, it's a nice way for them to transfer in," she said.

With the STEAM program in its third year, students in the advanced academic classes work in cross-curricular units by making connections so they can apply their learning to real life situations. "We had a neighborhood project where students looked at a specific area in the community — the land, the houses and how to use materials that were eco-friendly," she said. "Students designed homes and printed them on 3D printers so they got an idea of how to start and finish a project using all of those skills."

CONLEY said one of her main goals is to expand the business partnership with Whole Foods and other businesses. "We're looking at companies or businesses that can provide real world examples of how the kids can use the skills they're learning in future careers," she said. "We're looking for businesses to come in who can show kids how math works in the real world and how they can apply that. We often hear, 'Why do I have to learn this?' We are trying to show them through partnerships in businesses or companies."



Irving Middle School Principal Cindy Conley is pictured on the rock in front of the school, a gift from previous students, staff, and principals in celebration of 50 years of education.

has two: "The first is to have students to be able to explain where they're at in their learning. I strongly believe that students, if they understand where they're at, where they need to improve — if they can own that learning, they're more likely to take ownership of that learning," she said.

"My second one is to further those business partnerships — to make connections. We are in such a rich area for resources; I know there's a lot we can tap into to enrich our students' experiences."

What she loves about her job is that it's never the same day. "You can walk in every day and something new is going on. It's definitely an adventure every day, and watching middle school kids have those 'aha' learning moments, it's so fun," she said.

She added: "There's just so many different things happening developmentally for them. Watching them grow from seventh grade to eighth grade is such a huge transition; it's only two years, but the growth in those two years is astounding sometimes."

Conley grew up in Olathe, Kan., and graduated from Olathe North High School As far as personal goals, Conley said she in 1995. She studied secondary education

with an emphasis in history at Kansas State University, graduating in 2000. She started her master's at Kansas State and finished at George Mason University, graduating in 2005. She's now working on a doctorate from Virginia Tech; it's all finished except for the dissertation.

SHE STARTED her career at Manhattan High School in Manhattan, Kan., where she taught history, government, and street law for two years. Then she moved to Northern Virginia where she taught civics for three years at Fred Lynn Middle School in Woodbridge. From there, she went on to work as the assistant principal at Freedom High School in Prince William County, and two years later began working as the assistant principal at Irving Middle School for eight years.

Conley tries to stay behind the scenes and highlight the great things the staff and students are doing. As a way of recognizing her staff, she created a thank-you board for staff to write notes to other staff members for doing something kind. "This year, I started a thank-you award, recognizing staff

She added: "Our staff and students are phenomenal. They're willing to jump in and try new things, to help students learn. Our kids are really willing to take the leap and try something new and step outside of their comfort zone and learn in a different

"You can walk in every day and something new is going on. It's definitely an adventure every day, and watching middle school kids have those 'a-ha' learning moments, it's so fun."

-Cindy Conley, Principal, Irving Middle School

According to Meg Gollinger, Director of Student Services at Irving, "Cindy Conley has a passion for education and understands the importance of involving all stakeholders students, staff, parents and community members - to best meet the needs of our community. That said, however, students come first and before making any decision she collaborates with others in order to determine the right course of action. Ms. Conley makes time to hear concerns from everyone and truly listens," she said.

LouEllen P. Brademan, Ph.D., the Coordinator for Curriculum Integration and Management, added: "Cindy Conley is an outstanding instructional leader and mentor to both teachers and administrators. She is organized, thorough, innovative, collaborative, insightful, and communicative. Cindy maintains positive, productive relationships with students and parents always considering what is in the best interest of each student. Cindy gives 110 percent every day and truly enjoys working with students, parents and teachers."

Jan Gibbins, Administrative Assistant at Irving, added: "Cindy Conley has hit the ground running as Irving's new principal. Being a principal is hard work, especially for someone new to the job, but she is enjoying every aspect of it - taking care of the students, planning community events, and being available to everyone who has a suggestion or vision for Irving. I think she realizes that being a successful principal involves learning from every single person who makes this school a success: teachers, students, maintenance staff, custodians, bus drivers, etc."

Conley is married to husband Ben; and the couple lives in Woodbridge and has a daughter named Caylee, age 2 1/2.

Area Roundups

Fairfax Girls to Complete Girls on the Run 5K

On Saturday, Nov. 19, girls from nine Fairfax City schools will complete the Girls on the Run 5K, presented by Cigna. The 5K is the culminating event for these girls who have spent the fall season participating in a curriculum which integrates running to help increase confidence, create positive connections with peers and coaches, and help girls contribute to their communities. Girls on the Run teams from Bonnie Brae, Daniels Run, Greenbriar East, Little Run, Navy, Oak View, Providence, Silverbrook, and Wakefield Forest Elementary Schools will complete the 5K at Pfitzner Stadium in Woodbridge.

The entire community is invited to share in this celebration, whether running alongside the girls, volunteering, or simply coming out to cheer. Two 5K runs will be offered over one weekend: Saturday, Nov. 19 at Pfitzner Stadium in Woodbridge and Sunday, Nov. 20 at Freedom Park in Rosslyn.

Homeless Animals Rescue Team Receives Emergency Medical Grant

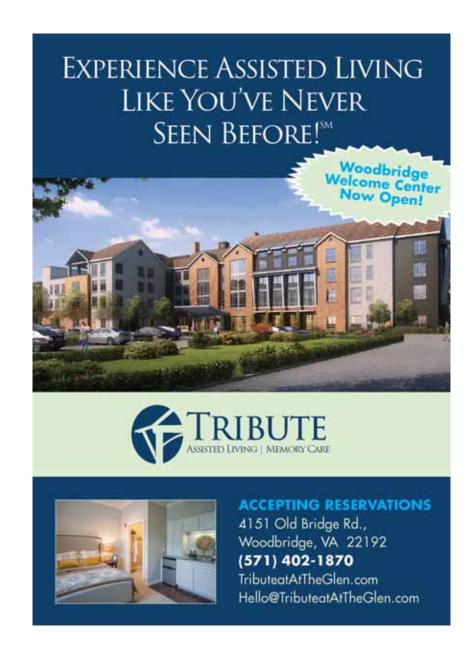
Homeless Animals Rescue Team, Fairfax Station, has received a \$1,000 Emergency Medical grant from the Petfinder Foundation. The Petfinder Foundation Emergency Medical grant program is used to assist Petfinder members who are caring for a pet that needs special life-saving veterinary care in order to become adoptable.

The Petfinder.com Foundation assists the 12,000+ animal shelters and rescue groups that post their adoptable pets on Petfinder.com. A nonprofit 501(c)(3) organization, the Petfinder Foundation helps adoption organizations find homes for the pets in their care through its Sponsor A Pet, Disaster Fund, Quality of Life and other programs. Since its founding in 2003, the Petfinder Foundation has given more than

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Adopt/Donate/Volunteel www.lostdogandcatrescue.org







OPINION

Holidays Are for Giving

Give thanks and share locally; tens of thousands of families in Fairfax County are in need.

he holidays are about giving, and giving thanks. The holidays are about children and family. The holidays are about sharing, about joy. The holidays are about being thankful and about faith and appreciation. The holidays are about alleviating suffering for others.

Northern Virginia is among the wealthiest areas in the country. Many if not most of us go through our daily and seasonal routines without encountering evidence of the needy fami-

More than 52,000 children who attend Fairfax County Public Schools are poor enough to receive free or subsidized meals, a significant measure of poverty. That's 28 percent of students in Fairfax County Public Schools. (Nearly 7 percent of students in FCPS live below the poverty line, a harrowing \$24,000 for a family of four.)

All of these are children who are living in families who may be on the brink of homelessness, families who must choose between medical bills, car repair, heat and food. Some of these are children who may not be sure that they will have a meal between the meals they get in school.

School holidays can bring uncertainty and hunger, a far cry from the celebrations, gifts and plenty that we associate with Thanksgiving and Christmas.

Hundreds of homeless students attend the public schools, and their needs are greater.

Many nonprofits in the county need your help to provide a holiday meal for Thanksgiving or Christmas, to provide children with gifts.

There are literally hundreds, probably thousands, of ways to give locally this season. Here are a few ideas. We will rerun this list again after Thanksgiving, so please let us know what we have missed.

- MARY KIMM,

MKIMM@CONNECTIONNEWSPAPERS.COM

Where to Give Locally

- * Cornerstones, 11150 Sunset Hills Road, Suite 210, Reston, serving Reston and Herndon. 571-323-9555, www.cornerstonesva.org.
- Nonprofit providing support and advocacy for those in need of food, shelter, affordable housing, quality childcare, and other human services. Programs and services include the Embry Rucker Community Shelter, Emergency Food Pantry, Hypothermia Prevention Program, Thanksgiving Food Drive, Gifts for Kids and annual Coat Drive. Sign up by Nov. 17 for Gifts for Kids, Alacia Earley at 571-323-9568 or alacia.earley@cornerstonesva.org.

 "Moving Beyond Homelessness"

 Housewarming Baskets: Last year Cornerstones

helped 52 families and 84 individuals leave the Embry Rucker Shelter and homelessness. A housewarming basket is a welcome gift for a family moving beyond homelessness as they settle into their new home. Baskets can be delivered to the Cornerstones administrative office during business

Include any of these new items in a laundry basket or large box to help our neighbors on their path to stability: Inflatable air mattress with pump; twin size, and double size "bed in a bag;" pillows; laundry basket; hangers; bathroom towels; vacuum; broom/dust pan; pot/pan kitchen starter set; silverware, cooking utensils, and glasses/cups;

kitchen towels; dishes; cookbook; can opener; toilet paper; paper towels; cleaning supplies (Clorox wipes, toilet brush and cleaner, disinfecting spray); tool kit; fire extinguisher; First Aid kit; standing floor lamps; light bulbs; gift cards (Grocery store, Target, Wal-Mart, K-Mart, Home Depot, gas station, etc.) For more information, contact Nate King at 571-323-9569 or Nate.King@cornerstonesva.org.

- **Hunter Mill District Winter Coat Closet** distributed over 5,500 winter coats and jackets last winter, plus over 4,000 hats, gloves, mittens and scarves to individuals and families in need of winter gear. Bring coat donations to the North County Governmental Building, 1801 Cameron Glen Drive, Reston, VA 20190 through Feb. 16, 2017, 24 hours
- The Closet is accepting donations of new and clean, gently used coats and jackets, as well as new hats, gloves, mittens and scarves. Deliver any time to the 24-hour drop box at the Community Room of the North County Governmental Building, 1801 Cameron Glen Drive, Reston, VA 20190.
- * SHARE of McLean operates a food pantry; provides assistance to families to avoid eviction, keep utilities on and meet other needs in a crisis. Share of McLean will provide holiday assistance to more than 250 needy families (630-plus people) this year. Each family will receive a grocery gift card in November along with a bag filled with pantry staples and traditional items. In December, our families will be welcomed to a festive party, served a light meal, and Santa will travel all the way from the North Pole to take photographs with the children. Each person will receive a "wish" gift and families will be given a grocery gift card, a bag filled with toiletries, and a jug of laundry detergent. Help us help our neighbors in need by fulfilling a wish or donating Walmart, Target, Giant, or Safeway gift cards. Contact Chris Wilbur at ShareWishes@gmail.com for more information. Visit www.shareofmclean.org for more info about Share.
- ❖ Herndon-Reston FISH (Friendly Instant Sympathetic Help), 336 Victory Drive, Herndon, 703-391-0105 herndonrestonfish.org Herndon-Reston FISH has assisted local residents in short term crises by since 1969. FISH provides Friendly Instant Sympathetic Help by responding to emergency requests for rent, transportation, utilities, medical prescriptions and other needs. FISH operates The Bargain Loft, a thrift store, which needs donations of good quality saleable items, accepting and selling art, furniture, jewelry, household linens, dishes, pots and pans, books, women's designer clothing (clean and on hangers), puzzles, games, collectibles, small electronics and much more. If you have store questions, call 703-437-0600. Herndon-Reston FISH also provides Holiday Food & Gift Baskets during the November
- **LINK**, serving Herndon, Chantilly, Loudoun and more, needs contributions of food, coats and holiday toys for children, and needs volunteers. More than 4,000 adults and children have signed up for help with Thanksgiving and Christmas meals. Every year the goal is to provide each family with a week's worth of non-perishable food in November and again in December. When funds allow, grocery gift cards are also included. In November, clients also receive a voucher for coats and warm clothing. In December, children 16 and under receive gifts. holiday@linkagainsthunger.org. 703-437-1776 www.linkagainsthunger.org.
- **Committee for Helping Others** (CHO), Vienna, organized in 1969 by a group of churches and individuals in the Dunn Loring, Merrifield, Oakton, Vienna community to provide simple, loving charity special Christmas through the annual Christmas Store. 703-281-7614, www.cho-va.com
- **❖ Northern Virginia Family Service**. Just \$50 provides a complete holiday meal to a family of four. Donate online or via check payable to "NVFS" with "Operation Turkey" on the memo line, or send grocery store gift cards. Northern Virginia Family

Service, attn: Holiday Initiatives, 10455 White Granite, Drive, Suite 100, Oakton, VA 22124. Gifting for Families was able to bring some extra holiday cheer to more than 2,000 children in Northern Virginia last year. Monetary contributions and online donations help the most at www.nvfs.org. www.nvfs.org/holidayprograms. Or donate toys. New toys for children of all ages are needed to stock our Toy Closet. (If possible, shop for infants/toddlers or teens, as these age groups can be overlooked.) Drop off on Monday, Dec. 12, 9 a.m. to 6 p.m. and Tuesday, Dec. 13, 10 a.m. to 6 p.m. 13939 Metrotech Drive, Chantilly, VA 20151

- **❖ Alternative House** Abused and Homeless Children's Refuge, 2100 Gallows Road, Vienna, VA 22182, 703-506-9191. Alternative House provides shelter and services for homeless, runaway or abused teenagers, unaccompanied youth, and young mothers and their children. Requests for food and clothing are up more than 50 percent. www.thealternativehouse.org
- * Touching Heart in Herndon is a nonprofit organization whose mission is to educate children to have giving hearts. www.touchingheart.com, 703-
- * FACETS helps parents, their children and individuals who suffer the effects of poverty in the Fairfax area, a partner in efforts to end homelessness in Fairfax County. FACETS is always in need of volunteers, and offers a variety of onetime and ongoing opportunities. 703-865-4251 or volunteer@facetscares.org. www.facetscares.org. 10640 Page Avenue, Suite 300, Fairfax VA 22030
- * Britepaths will have 3,000 individuals and families in need of holiday assistance list this fall. Sponsor a family or donate to provide a family with a Thanksgiving meal, December holiday meal and/or gifts for their children. Join Britepaths at Wine & Wonderment, Nov. 30, at 2941 Restaurant
- ❖ Fairfax City Area FISH (For Immediate Sympathetic Help) helps local people who are in temporary need of life's basic necessities such as food, clothing, and financial assistance for rent, mortgage payments, utilities, and medical treatments. FISH also provides limited transportation for doctor appointments and food delivery. 703-222-0880 http://fairfaxfish.org/
- Lamb Center, www.thelambcenter.org, day center for homeless, Fairfax 703-691-3178.
- **❖ Food for Others** provides a safety net for people who suddenly face unforeseen emergencies such as a family illness or the loss of a job or a spouse. Located at 2938 Prosperity Ave., Fairfax, VA 22031, 703-207-9173. 2938 Prosperity Ave. info@foodforothers.org Hours: Monday-Friday, 9:30 a.m. - 5 p.m. www.foodforothers.org
- **& Ecumenical Community Helping Others** (ECHO), 703-569-9160. Open to receive donations at 7205 Old Keene Mill Road, Springfield. Provides food and financial assistance to those in short-term emergencies, and provides clothing and household goods to low income families, helping more than

,000 people last year. www.echo-inc.org.

- \clubsuit Lorton Community Action Center (LCAC) will provide Thanksgiving and Holiday assistance to more than 450 families this year. Thanksgiving and Christmas food baskets along with fulfilling gift wishes for more than 1,000 children and teens will help low-income families during this holiday season. Consider making a basket or "adopting" Christmas wishes this year to help a neighbor. More information about LCAC's holiday program can be found at http://lortonaction.org/seasonalassistance/. Volunteers are needed for these events as well. Register online at http://lortonaction.org or call 703-339-5161, ext. 140.
- * Assistance League of Northern Virginia is an all-volunteer nonprofit organization that feeds, clothes and educates children in need. Assistance League's philanthropic programs touch the lives of thousands of children at 11 Title I schools in Northern Virginia, serving children most in need at selected schools in Fairfax and Prince William

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Deer Feeding Ban Is In Effect

any residents enjoy seeing white-tailed deer up close and may feel they are contributing to the animal's welfare by providing supplemental food. Unfortunately, feeding deer can have unintended negative consequences and often does more harm than good. Feeding deer can lead to nutritional problems, increased habitat damage where high density herds are concentrated, dangerous encounters when animals lose their natural fear of humans and feeding can facilitate the spread of diseases among wildlife that congregate in feeding areas. Not only do wildlife officials recommend against feeding deer, it is against the law to feed deer in Fairfax County for the majority of the year - according to FCPD Bureau of Public Affairs.

Feeding deer for any reason is illegal statewide within Virginia from Sept. 1 to the first Saturday in January (4VAC15-40-285). Further, it is illegal to feed deer in any city, town, or county during any deer or elk hunting season. Effectively, this means it is illegal to feed deer in Fairfax County from Sept. 1 through the last Sunday in April to coincide with the deer hunting season. The feeding ban applies to both public lands

and private properties within the Commonwealth.

The feeding ban restricts the placement or distribution of any food, salt, mineral or similar substances for any purpose if the placement of these materials results in the attraction of and/or feeding of deer.

This does not restrict bona fide agronomic plantings (including wildlife food plots), bona fide distribution of food to livestock or wildlife management activities conducted or authorized by the Virginia Department of Game and Inland Fisheries (DGIF).

If anyone sees or suspects someone of illegally feeding deer during this time period, or observes any wildlife violations, they are asked to please report it to DGIF's Wildlife Crime Line at 1-800-237-5712 or email WildCrime@dgif.virginia.gov.

For additional information on managing wildlife interactions and resolving human-wildlife conflicts, the Virginia Wildlife Conflict Helpline is available toll-free at 855-571-9003, 8 a.m.-4:30 p.m., Monday through Friday. This helpline is a collaborative effort between the Virginia Department of Game and Inland Fisheries and the U.S. Department of Agriculture – Wildlife Services.





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The Connection to Your Community

Give Locally

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counties and the City of Alexandria. To learn more about volunteer and sponsorship opportunities, contact alnorthernva@gmail.com or visit http://www.northernvirginia.assistanceleague.org

- Comfort for America's Uniformed Services (CAUSE) ensures that recuperating service members have opportunities for recreation and social interaction and receive concrete signs of appreciation for all that they have done. 4114 Legato Road Suite B, Fairfax, VA 22033, 703-591-4968, causeusa.org
- ❖ **Shelter House** provides crisis intervention, safe housing and supportive services to promote self-sufficiency for homeless families and victims of domestic violence in Fairfax County. http://www.shelterhouse.org/get-involved/
- National Capital Food Bank, 6833 Hill Park Drive, Lorton, serving all of Northern Virginia, 703-541-3063. www.capitalareafoodbank.org
- * Homestretch is the largest provider of transitional housing in Fairfax County and offers a services to help the homeless better their lives through education. Email: jhenderson@homestretchva.org; 703-237-2035 x125; http://homestretchva.org/volunteer/
- Pathway Homes focuses on providing housing and support services to individuals with serious mental illnesses, with the mission to help these individuals reach their full potential and lead stable lives. They offer both in-home programs, semi-independent houses and assisted living facilities. 10201 Fairfax Boulevard, Suite 200, Fairfax, VA 22030. 703-876-0390 info@pathwayhomes.org http://www.pathwayhomes.org http://www.pathwayhomes.org/support-pathway/

Volunteer Locally Through Volunteer Fairfax

*Britepaths (formerly Our Daily Bread): Sponsor individuals and families in need who live throughout the Fairfax County area for Thanksgiving meals, December holiday meals and/or gifts for children in December. Britepaths will send you information on a person/family who meets your criteria, and you will contact them and arrange to deliver food and/or gifts. You may also donate funds to help us assist those who are not sponsored. To sponsor a family or make a donation, visit http://volunteerfairfax.civicore.com

The Holiday Project: Share the spirit of the season with The Holiday Project, a non-profit organization that organizes visits to patients in hospitals, nursing homes, and long-term care facilities during the holiday season. Bring the spirit of a holiday to those who might not otherwise have a celebration. Visits occur throughout the metropolitan area. Dates and times of visits vary by location; for more information visit http://volunteerfairfax.civicore.com

Cornerstones: Volunteer to accept gifts from donors and get them ready for distribution to local families, or assist families that are picking up gifts with getting items to their car. Several shifts are available. Good for adults, families and corporate groups. Dec. 8-10, Dec. 15-17. Times vary. To sign-up or learn more please contact us at http://volunteerfairfax.civicore.com

New Hope Housing: Thanksgiving and Christmas holiday, New Hope Housing provides nearly 200 food baskets to clients living in our community housing programs. Volunteers ensure that families are able to have a special and memorable holiday. Volunteers can sign up to help by hosting a Thanksgiving or Christmas food drive, donating a food basket for a single adult or family, donating grocery store gift cards for clients to purchase turkeys (grocery stores along Route 1 are best), signing up to drop off Christmas dinner at one of our Permanent Supportive Housing sites

http://volunteerfairfax.civicore.com

Sign up to help ensure that children in those families receive holiday gifts this year. You can volunteer to help by adopting a child and fulfilling his or her holiday wish list. Wish lists are available now. Donating gift cards for parents to purchase their children new clothing. Stores along Route 1 are best. Hosting a special program for the children, such as holiday card and gift making for their parents.

To sign up, fill out the following form and a member of the New Hope Housing team will respond as soon as possible http://volunteerfairfax.civicore.com

Richard Byrd Library: Semi-annual Holiday used book sale at Richard Byrd Library in Springfield. Pre-Sale: (Nov. 28 - 30) volunteers will set up tables, organize sale area, post signs, lift/move crates of books, sort books. During Sale: (Dec. 1 - 4) volunteers will assist shoppers; restock sale items, clear sale area as

OPINION

Keeping Neighborhood Clean

BY DAVE ALBO State Delegate (R-420)

n Saturday, the newly combined West Springfield and Burke Rotary Clubs went out and cleaned our neighborhood of trash on the Fairfax County Parkway. I joined them to help out. (No, it was not Court Ordered! We were just doing it because it is one of Rotary's local philanthropic projects.)

I am probably approaching 100 volunteer trash pickups, and every time I do it, this question comes to mind: What kind of person throws trash out of a car window? I don't get it.

Here is a list of the things I had to pick up:

* Cigarettes, Cigarettes, Cigarettes (So these cigarettes are so

wonderful that people suck them into their lungs, but as soon as they are finished, the butts are so smelly and disgusting that they can't stay in the car?)

- Aluminum soda cans
- Beer bottles
- ❖ Fast food meal bags



West Springfield – Burke Rotary members joined forces to clean neighborhood trash around the Fairfax County Parkway.

❖ An American flag

- ❖ Medical face mask
- ❖ Frozen dinner packages
- Airline bottle liquor (Empty
 Guess they did not know drunk driving was against the law.)
- ❖ Vote for meals tax sign (Guess they did not know that Supervisor Herrity and I made these road signs illegal about 5 years ago.)
- Pittsburgh Steelers flag (Redskins fans would never litter.)
 - ❖ Halloween candy wrappers
 - **❖** Fast food wrappers
- Spit filled water bottle with chewing tobacco slime
- Latex gloves
- ❖ Box of fine wine (Probably not Châteauneuf-du-Pape, or a Wine Spectator rating of 95.)
- A used adult diaper! I am not kidding. Sorry to vent, but I just don't get it. Maybe a reminder is

in order here. Most people don't know that Littering is a Class One Misdemeanor, and there are Fairfax Judges who will literally give people jail.

Thanks to the West Springfield – Burke Rotary members! You all help make Springfield the best place to live.

LETTER TO THE EDITOR

Term Limit Needed for Members of Congress

To the Editor:

President-elect Trump engineered an unprecedented political upset by highlighting Washington's two sets of rules. One set is for career politicians and their donors. The other set is for the rest of us.

For politicians and donors there's pay-to-play wealth, special access to powerful decision-makers, and a lenient FBI. We get a Congress that exempts itself from its own Obamacare rules, national debt growing \$1 million every 60-seconds, and no special breaks from the G-men.

Trump pledged to change D.C., for instance by supporting Congressional term limits. But Republicans and Democrats in Congress are bipartisan on this: no term limits for them! Senate Majority Leader McConnell's reply to Trump was predictable: "We have term limits. They're called elections."

Well, Mr. Majority Leader, if that's true why didn't President Obama run for a third term?

- ❖ Obama did not only because he cannot. He's term-limited.
- ❖ The Constitution sets that limit only because previous Republican leaders realized that combating entrenched political power requires Constitutional amendments

Let me explain. Democrat Franklin Roosevelt was elected to four consecutive Presidential terms between 1932 and 1944. But then came the 1946 Congressional election, wherein the GOP defeated Democrat majorities in both the House and the Senate. The new Republican-controlled Congress immediately proposed the 22nd Amendment limiting future Presidents to two terms. Enough states had ratified the proposed amendment a few years later, and ever since no President could serve a third term.

Despite Trump's support for Congressional term limits, even a President cannot fundamentally reform Washington. That's not how our Constitution works.

So how can we reform Congress, since it will not reform itself?

The Framers placed the ultimate "check and balance" on Federal power in the hands of the sovereign people acting through their state legislators. Under Article V of the U.S. Constitution the states can both propose and ratify Constitutional amendments without interference from Congress.

The mechanism for proposing amendments—the first step—is called a Convention of States. When 2/3rds of the states agree on what topics to consider—like term limits—the Convention is

called.

A Convention of States resolution (House Joint Resolution 3 or HJ3), which passed in Virginia's lower House in February, is stuck—and about to die—in the Senate Rules Committee. It has already passed in eight other states, so momentum is building.

HJ3 provides the path to Constitutional amendments imposing term limits on members of Congress and other federal officials, fiscal restraints that end run-away deficit spending, and rebalancing federal jurisdiction and power with that of the states.

We're down to the wire and need your active support now, when it can make a difference in Richmond. Please contact State Senator George Barker's office (email to district39@senate.virginia.gov or call either 703-303-1426 or 804-698-7539) and ask him to support HJ3.

Together we can change his mind on that.

For more information go to www.cosaction.com or email me at warren.wheeler@cosaction.com

Warren Wheeler

Virginia Convention of States Project Northern VA Grassroots Coordinator Springfield

www.ConnectionNewspapers.com

After the Polls Closed

Parker Davis, right, unpacks a precinct chief's kit as Bill Norton, left, logs sealed envelopes containing provisional ballots and other election forms around 9 p.m. Nov. 8 by the loading dock of the Fairfax County Government Center. In the background, other Office of Election staff Lisa Hogle and Pat Hart oversee the unloading and check-in process after the polls have closed.



PHOTOS BY BY MARTI MOORE/ The Connection

Area Roundups

From Page 5

\$20 million in cash and product grants to shelters and rescue groups in the United States, Canada and Mexico. Homeless Animals Rescue Team posts its adoptable pets at www.petfinder.com/shelters/ VA56.html

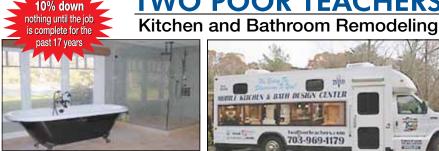
Solarize NoVA Reaches 100th Contract for New Solar

The Solarize NoVA campaign, a partnership between the Northern Virginia Regional Commission (NVRC) and the Local Energy Alliance Program (LEAP), reached a significant milestone with the signing of its 100th contract. Solarize NoVA has been in existence since the Fall of 2014. Over the past two

years more than 2,700 families signed up expressing an interest in the program, 619 families received free home energy checkups, and 100 entered into contracts. To date, the rated power of new solar installed is 776.5 kW with a construction value of \$2.6 million. The new solar represents a 7 percent increase statewide as compared to 2013.

"We are excited to be working with our local government partners in the region and LEAP to help take the mystery out of solar," said NVRC Chairman and Mayor of the Town of Vienna Laurie DiRocco. "And, for those families not interested in solar the home energy checkup helps save families real dollars in terms of reduced energy costs at home." To further assist residents and business owners considering solar, NVRC created the first regional map in Virginia to help property owners see how a solar array may fit on their home/building and to estimate the associated dollar value of the energy savings created. This free tool can be found at www.novasolarmap.com.

Home of the \$6,850 Bathroom Remodel From Now to WOW in 5 Days Guarantee TWO POOR TEACHERS



Free Estimates

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Select your products from our Mobile Showroom and Design Center

Fully Insured & Class A Licensed Since 1999



Visit our website: www.twopoorteachers.com

Thanksgiving Art & Craft Show Spring Hill RECenter

1239 Spring Hill Rd., McLean, VA 22102

Thanksgiving Weekend Fri & Sat 10 - 5 Sun 11 - 4

New Location! Formerly Vienna Art & Craft Show

www.NVHG.org













I-395 Express Lanes Extension

City of Alexandria, Arlington & **Fairfax Counties**

Public Information Meeting

Thursday, December 1, 2016, 6:30 - 8:30 p.m. Formal presentation begins at 7 p.m.

Robert E. Lee High School 6540 Franconia Road, Springfield, VA 22150

Find out about the results of the environmental assessment and the proposed plans to extend the I-395 Express Lanes for eight miles north from Turkeycock Run near Edsall Road to Eads Street near the Pentagon.

In compliance with the National Environmental Policy Act (NEPA) and 23 CFR 771, an environmental document in the form of an Environmental Assessment has been prepared for public review and comment. In accordance with the National Historic Preservation Act, Section 106 and 36 CFR Part 800, information on potential effects of the proposed improvements on properties listed in or eligible for listing in the National Register of Historic Places is included in the environmental document.

Stop by between 6:30 p.m. and 8:30 p.m. to view displays and learn about the project. VDOT staff will be on hand to answer questions. A formal presentation will begin at 7 p.m.

Review project information on the VDOT website (www.virginiadot.org/395expresslanes), at the public hearing, or during business hours at VDOT's Northern Virginia District Office at 4975 Alliance Drive in Fairfax. Please call ahead at 703-259-2381, 800-367-7623 or TTY/TDD 711 to ensure appropriate personnel are available to answer your questions. Information is also available for review at the Arlington County Government Center and the Beatley Central Library in Alexandria during facility hours.

Give your written comments at the meeting, or submit them by December 12, 2016 to Amanda Baxter, Virginia Department of Transportation, 4975 Alliance Drive, Fairfax, VA 22030, or email 395expresslanes@VDOT.virginia.gov. Please reference "I-395 Express Lanes Extension" in the subject line.

VDOT ensures nondiscrimination and equal employment in all programs and activities in accordance with Title VI and Title VII of the Civil Rights Act of 1964. If you need more information or special assistance for persons with disabilities or limited English proficiency, contact VDOT's Civil Rights Division at 703-259-1775 or TTY/TDD 711.

State Project No: 0395-969-205, P101, UPC: 108313



HOLIDAY ENTERTAINMENT & GIFT GUIDE Guest-Ready Home for the Holidays

From organizing to decorating, a guide for getting a house ready for visitors.

BY MARILYN CAMPBELL The Connection

eady or not, the holidays are coming. For many, this means a flurry of overnight guests. With three weeks before Thanksgiving, many to-do lists are more involved than choosing turkeys and decking the halls.

Some homeowners will be sent into states of cleaning frenzy by spotting crumbled Cheerios lost in the corners of dining chairs or guestrooms piled high with papers and boxes. From the reality of cleaning and tending to repairs to the frivolity of fanciful holiday decorating, local experts offer suggestions for getting organized and ready to welcome company.

"For my out-of-town guests, I love to make them feel special and welcome," said interior designer Gretchen Fuss, of Gretchen Fuss Works of Art and Interior Design. "The whole house will be clean and sparkling."

Consider dispersing flowers, candles and greenery throughout the home in all public areas, including bathrooms and guest bedrooms, suggests Katie McCarthy, senior designer and project manager at Marika Meyer Interiors. "Adding lush throws and cable knit pillows can give the family space that cozy feeling we all look for during the holidays."

Clear the clutter before purchasing holiday decorations and before guests arrive. "Clear out any clutter that's accumulated in your main living areas," said Anne M. Walker, Anne Walker Design LLC in Potomac, Md. "If your dining room is host to a pile of papers, make sure those get filed away or thrown away soon. A clean, organized home makes a perfect palette for any holiday décor."

The kitchen is often the central hub of a household, especially during the holidays. Make sure the pantry and refrigerator are well stocked and consider leaving out a bowl of fresh fruit guests can help themselves to, advises Fuss. "Breakfast is always a meal that seems to make everyone happy," she said. "My husband starts the bacon and everyone finds his or her way to the kitchen table. I feel it is important to have both comfort food and healthy choices for everyone."

Cleaning out the pantry and cabinets will help ensure there is plenty of room for the additional supplies and food necessary for Thanksgiving and other holiday meals.

When preparing that holiday dinner, the last thing that a person with a house full of guests wants is to realize that their oven is broken. "Inspect your appliances to be sure they are all in working order," said Chuck Khiel, vice president, FRED Home Improvement. "If the refrigerator or oven has been acting up, get them repaired or replaced before guests arrive. ... Check the garbage disposal, too, to be sure it's working efficiently so it doesn't back up during dinner prep."

Another high priority — the highest, ac-



Holiday guest preparation should include organizing and making extra space in closets, such as this one by interior designer Anne Walker.



Ensuring that major appliances are in proper working order should be on a guest-readiness checklist, advises Chuck Khiel of FRED Home Improvement.



For a fresh look with minimal effort, Chuck Khiel of FRED Home Improvement suggests replacing kitchen or bathroom faucets.

cording to Fuss — is the guest bedroom. This means "fresh bed linens adorning a 'photo shoot-ready,' beautifully made bed" and bath towels wrapped with ribbon and sage," she said. "Put a luggage rack out and make space in the closet for hanging clothes.'

Place fresh flowers on the dresser and, "if time allows, frame a picture of your guests and hang it on the wall in the guest room," said Fuss. "Everyone really gets a kick out of this one."

From soft lights for reading to a small mirror for applying make-up, practical touches can go a long way toward comfort. "These touches, although they may seem small, can make all the difference," said McCarthy. "Small bud vases on bedside tables, plush bathrobes and towels, and fresh, white bedding can give guest spaces

a very inviting feeling."

Guest bathrooms should be stocked with extra towels, toothbrushes and toothpaste. "If your guest bathroom has a vent fan with a nightlight, make sure it is working," said Khiel "If not, repair or replace it. If the fan does not have this feature, install a plugin nightlight. There's nothing worse than guests stumbling in the dark trying to find the bathroom light."

"Make the powder room fun and festive by updating the towel rack and toilet paper holder, mirror and light fixture," said Khiel. 'Think about replacing the kitchen or bathroom faucet to a new, more efficient model or one with a water filter. And get any leaky faucets fixed."

A slow-burning fire is another way to create a sense of comfort and warmth. "Inspect your fireplace to be sure it's in working or-



Small bud vases on bedside tables and fresh bedding can give guest spaces a very inviting feeling, advises designer Katie McCarthy of Marika Meyer Interiors.

Рното ву Angie Seckinger Marika Meyer

der and no debris is blocking the flue," said Khiel. "Consider building or adding a storage box for wood next to fireplace for easy access or add a permanent and decorative accent box nearby for the remote if a gas fireplace.

"Check that the dryer vent is clear, adding guests may mean more laundry," he added. "Make sure the heat vents are not obstructed. Since guests often stay in rooms that are not frequently used, make sure stored items are not in the way of airflow.

Electrical outlets that are infrequently used are often forgotten until guests arrive. "Fix nonworking electrical outlets that you might need with more people in the house. © Everyone will have electronics to plug in," said Khiel. He said this is also a good time To take care of other simple projects like painting or putting in a new backsplash.

"Oil those squeaky interior and exterior doors so they don't wake up guests during the night," said Khiel. "Think about replacing broken or worn door knobs and locks."

The outside of a home should not be overlooked when preparing for guests, either. "Fall is a great time to tackle outdoor projects," said Walker. "If your shutters needs a fresh coat of paint, now's the time to do it. Have your windows professionally cleaned so that your holiday decorations will be seen on a pristine backdrop."

Power-washing your porches, walkways and patios offers guests a pristine first impression of your home. Inspect all walkways, especially flagstone and brick walkways and repair loose stones, advises Khiel. "Check exterior light fixtures to be sure they are in working order and that the bulbs are good. If exterior lights operate off a motion sensor, make sure it is adjusted properly."

"The bottom line," said Walker, "is that an organized, clean home, a stocked bar and kitchen, and happy, relaxed hosts will undoubtedly result in happy holiday guests."



K Holiday Entertainment & GIFT GUIDE

ONGOING

Bull Run Festival of Lights and Holiday Village November 23, 2016 - January 8, 2017

7700 Bull Run Dr. Centreville, VA

Every year from Thanksgiving until just after New Year's Day the Bull Run Festival of Lights will be in session. A 2.5 mile stretch will be illuminated by holiday light displays. The festival happens annually at Bull Run Regional Park in Centreville, Virginia. Drive the festival route from the comfort of your car; turn out your headlights and just follow the magical glow. After viewing the lights, bring your family and friends to the holiday village to enjoy rides, refreshments, and of course, photos with Santa Claus. The cost of driving through the light show is Mon-Thurs, \$15 per car; Fri-Sun & Holidays, \$20 per car (vans w/ 15-34 people and motorcoaches cost extra - visit website for details) Want to avoid the crowds? Fridays Saturdays, and Sundays are our busiest nights. Please take advantage of the Monday through Thursday discounted price and avoid a long

Children's Theatre: "A Magical Christmas"

Saturdays through Dec. 22, 1 p.m. Workhouse Arts Center, 9601 Ox Road, Lorton. A children's theatre performance for the holidays. There's something not right in the town of Believe. Santa hasn't stopped there for many years; in fact he doesn't even know the place exists! Joy's grandfather decides to do something about it and make sure that this year's Christmas will be the most magical ever. Appropriate for all ages. Concessions available in lobby before the performance and at intermission. Cost: \$8 children, \$12 adults. workhousearts.org Cost: \$8 children, \$12 adults.

THURSDAY/NOV. 17

Historic Pohick Church Christmas Mart 10 -2 p.m. 9301 Richmond Highway, Lorton. The Parish House and the Vestry House will be

transformed into a festive Christmas atmosphere with rooms filled with Attic Treasures, a Consignment Shop, fresh baked goods, homemade candy and apple butter, and frozen casseroles made by the women of Pohick Church. Booths will feature the work of artisans showcasing handmade jewelry, stained glass, Christmas decorations and many other crafts. Colonial-attired ladies will serve luncheon at three sittings-11:00 AM, 12:00 noon and 1:00 PM—the cost is \$12.00. The Docent Guild will be leading tours of the historic church and the Golden Dove Gift Shop will be open. Admission: free. www.pohick.org

FRIDAY/NOV. 18

Fairfax County Department of Family

Services "We Got the Gold" Free Family Event 6:30 - 8:30 p.m. at Fairfax County Government Center 12000 Government Center Parkway, Fairfax. Annual National Adoption Awareness Month Celebration Event. There will be music, prizes, games family photos, activity stations all Open to the Public. Formal Adoption Ceremony will be 7:30 - 8:30 p.m. RSVP to Ann Kim or call

SATURDAY-SUNDAY/NOV. 19 - NOV. 20

Burke Civic Ballet's Nutcracker shows at 2 p.m. and 6 p.m. At Ernst Theater on Northern Virginia Community College's campus 8333 Little River Turnpike, Annandale. Founded in 1993. The Burke Civic Ballet, offers its students a professional ballet performance. Dancers from age 3 to professionals present the holiday classic at a professional theater. This event has been an area favorite for over 20 years. For organized groups (10+) and handicapped seating, please email burkecivicballet@gmail.com

SEE HOLIDAY CALENDAR, PAGE 12



FACEBOOK.COM/BURKEGREATHARVEST.COM



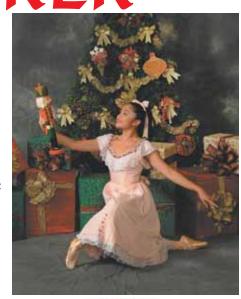
presented by The Burke Civic Ballet

Come share in the magic of the holiday tradition! Featuring 3-year-old miniature dolls to professional dancers courtesy of Colorado Ballet, this production will enchant all ages. Be mesmerized by a growing tree, magic tricks, leaping mice, toy soldiers, falling snow, authentic

costumes made in the Ukraine, seventy-five dancing flowers and delectable confections from the Kingdom of Sweets. Treat yourself and friends to a wonderful entrée to the spirit of the season. Makes a perfect holiday gift! Order your tickets online at www.buffas.com

Saturday, November 19th at 2:00 & 6:00 p.m. & Sunday, November 20th at 2:00 & 6:00 p.m. Ernst Community Cultural Center Theater • NVCC Annandale Campus

Adults – \$28 • Children/Seniors – \$20 For organized groups (10+) and handicapped seating, burkecivicballet@gmail.com





MOLIDAY ENTERTAINMENT & GIFT GUIDE

From Page 11

SUNDAY/NOV. 20

N Gauge Model Train Show at the Fairfax Station Railroad Museum 1 - 4 p.m. Fairfax Station Railroad Museum 11200 Fairfax Station Road in Fairfax Station. Admission: \$4 for adults 16 and over. \$2 for children 5-15. Free for Museum members. www.fairfaxstation.org www.facebook.com/ FFXSRR 703-425-9225

SATURDAY-SUNDAY/NOV. 19-20 **30th Annual Holiday Craft Show**

10 - 3 p.m. at Fairfax High School, 3501 Rebel Run, Fairfax, VA 22030. What started out in 1987 as a very small show has grown to become a premium arts and crafts festival. Artisans from all over the United States, including many local artists, are participating in this year's show and we are delighted to be able to offer you so many wonderful holiday gift choices. There really is something for everyone on your shopping list. Visit: http://www.fairfaxva.gov/ about-us/special-events/holidaycraft-show

SATURDAY/NOV. 26

Fairfax Ballet's Nutcracker 2 - 4

p.m. WT Woodson High School 9525 Main Street, Fairfax. The Fairfax Ballet Company stages the "The Nutcracker" Nov. 26-27, 2016 at W.T. Woodson High School, Fairfax, Va. Three show times include: Nov. 26, 2:00 pm and 7:00 pm, and Nov. 27, 2 p.m. and 7 p.m. and Nov. 27 at 2 p.m. Cost: \$23-26 events@fairfaxballet.com http://

fairfaxnutcracker2016.bpt.me
Fair Oaks Mall Hosts Pet Parties with Santa 6:30 - 8 p.m. Santa's Flight Academy in Grand Court 11750 Fair Oaks. FairfaxFair Oaks Mall will offer pet parents a chance to celebrate the holiday season and visit with Santa. Pet photos will take place at the interactive Santa's Flight Academy holiday set located in Grand Court West. Please note that pets must be up-to-date on their vaccinations and must either be on a leash or carried in a lightweight, portable pet carrier with harness.

www.shopfairoaksmall.com/events.

MONDAY/NOV. 28

Turkey Walk 10 - 11 a.m. 5040 Walney Road, Chantilly.

Discover the wild turkey's habits and secret ways during a walk in the cedar forest at Ellanor C. Lawrence Park. Look for wild turkeys and their signs. This program for participants age three to adult. Cost: \$5 per person. 703-631-0013.

THURSDAY/DEC. 1-SATURDAY DEC. 3

Richard Byrd Library Holiday

Used Book Sale 3 - 5 p.m. 7250 Commerce Street, Springfield. Friends of Richard Byrd Library holiday used book sale is a semiannual fundraising event. Funds support adult and children's programming and subscriptions at the Richard Byrd Library. rbfriends@gmail.com

FRIDAY/DEC. 2

The Lion, The Witch and the Wardrobe by C.S. Lewis 6:30

p.m. Dinner with 7:30 p.m. performance. Truro Anglican Church 10520 Main Street, Fairfax. Come see the play for a Holiday celebration of the classic C.S. Lewis novel - take a trip to Narnia. http:// www.fairfaxcitytheatre.org

SATURDAY/DEC. 3

City of Fairfax Festival of Lights

and Carols noon - 7:30 p.m. Old Town Square 10415 North Street, Fairfax. Come enjoy live holiday music, hot cider, s'mores by the Yule log, petting farm, ferris wheel, caroling and lighting of the Christmas tree in the winter wonderland. Visit http:// www.fairfaxva.gov/about-us/specialevents/festival-of-lights-and-carols for times and locations

Lunch with Santa 11:30 - 12:30 p.m. Old Town Hall, 3999 University Drive. Children ages 10 and under can enjoy lunch with Santa at Old Town Hall. Two lunch seatings will be offered one at 11:30 a.m. and another at 12:30 p.m. Tickets: \$6 per child on sale at the Parks & Recreation office at City Hall, Sherwood Center, and Green Acres Center. Limit of 10 tickets per

Pre-Registration is required for this event - children 1 years of age and younger may attend at no cost but still must be registered. Parents do not need to purchase tickets. All are welcome - both Fairfax City residents and non Fairfax City residents. Tickets can be purchased online at:https:// apm.activecommunities.com/ fairfaxcityrecdept/Activity_Search/

9853 Holiday Book Sale 10 - 4 p.m. Burke Centre Library 5935 Freds Oak Rd, Burke, VA 22015.Peruse and shop a selection of gently used holiday themed books collected by the Friends of the Burke Centre Library. Visit: http://www.fairfaxcounty.gov/ library/branches/bc/

City of Fairfax Festival of Lights and Carols. Time TBA Sherwood Community Center, 3740 Old Lee Highway, Fairfax. Come enjoy live holiday music, hot cider, s'mores by the Yule log, petting farm, ferris wheel, caroling and lighting of the Christmas tree in the winter wonderland. Visit http:// www.fairfaxva.gov/about-us/specialevents/festival-of-lights-and-carols for times and locations.

The Lion, The Witch and the **Wardrobe by C.S. Lewis** 2 p.m. performance. Truro Anglican Church 10520 Main Street, Fairfax. Come see the play for a Holiday celebration of the classic C.S. Lewis novel - take a trip to Narnia. http:// www.fairfaxcitytheatre.org

SUNDAY/DEC. 4

Fair Oaks Mall Hosts Pet Parties with Santa 6:30 - 8 p.m. Santa's

Flight Academy in Grand Court 11750 Fair Oaks. FairfaxFair Oaks Mall will offer pet parents a chance to celebrate the holiday season and visit with Santa. Pet photos will take place at the interactive Santa's Flight Academy holiday set located in Grand Court West. Please note that pets must be up-to-date on their vaccinations and must either be on a leash or carried in a lightweight, portable pet carrier with harness www.shopfairoaksmall.com/events.

THURSDAY/DEC. 8 - FRIDAY DEC. 9

Tiny Tots Concert at Robinson

Secondary School's Russell Theater Thursday 10 a.m. Friday 10 a.m. and 7 p.m. Great holiday fun for "kids from 1 to 92" Robinson High School's Symphonic Band plays holiday tunes and introduces the audience to different types of musical instruments while costumed characters make appearances: Frosty the Snowman, Rudolph and more. For group reservations contact Karen

SUNDAY/DEC. 11

Fair Oaks Mall Hosts Pet Parties

Ingle at markarenin@verizon.net.

with Santa 6:30 - 8 p.m. Santa's Flight Academy in Grand Court 11750 Fair Oaks. FairfaxFair Oaks Mall will offer pet parents a chance to celebrate the holiday season and visit with Santa. Pet photos will take place at the interactive Santa's Flight Academy holiday set located in Grand Court West. Please note that pets must be up-to-date on their vaccinations and must either be on a leash or carried in a lightweight, portable pet carrier with harness. www.shopfairoaksmall.com/events.

TUESDAY/DEC. 20

Fairfax High School Winter

Concert 7 p.m. Fairfax High School, 3501 Rebel Run, Fairfax. Fairfax High School Choral and Orchestra



Simone Dinnerstein, pianist and guest soloist.

Fairfax Symphony Orchestra Comes to GMU

Brahms' Great Beginnings" performed by Fairfax Symphony Orchestra with featured soloist Simone Dinnerstein at Center for the Arts, George Mason University, 4400 University Drive, Fairfax. Performance on Nov. 19, at 8 p.m. Tickets: \$39, \$53, \$65. Tickets available online at cfa.gmu.edu or by phone at 888-945-2468. Note: Pre-Performance Discussion at 7 p.m. with David Ginder of WETA 90.9-FM and FSO Conductor Christopher Zimmerman with special guests.



Fairfax Symphony Orchestra in concert.

Department present a performance of Christmas tunes. Bring an unwrapped gift for a child to donate to the Toys for Tots drive. Cost:Free 703-219-2355; fhschorus.net

SAT/DEC. 31-SUN/JAN. 1, 12:30 A.M. Atlaa New Year's Eve Tennis Party

7 p.m. - 12:30 a.m. Fairfax Racquet Club 9860 Lee Highway, Fairfax. The Fairfax Racquet Club invites you to play singles/ doubles tennis with all levels welcome to participate. ATLAA is offering healthy dinner, soft drinks, and a Champagne Toast for New Year. You may bring your own beer/ wine if you would prefer to do so.



SCHS 8501 Silverbrook Rd, Lorton \$1 OFF Admission Proceeds benefit SCH_PTSO Present this coupon to the SCHS Admission Booth at 2017 All Night Grad Party South County HS on Dec 3, 2016 for \$1 OFF one single \$3 Admission Schscraftfair@gmail.com www.facebook.com/SCHSCraftShow

COMMUNITIES OF WORSHIP

Jubîlee Christian Center

"Loving People to Life'

Worship Gathering – Sunday 8:45 & 11 AM Sunday School 10:10 AM Sun, Evening - Realtime Worshin & Youth 6 PM Family Night - Wednesday 7:15 PM Home Life Groups, College/Young Adult Ministries, and Living Free Support Groups Visit our Website: www.jccag.org

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HOLIDAY ENTERTAINMENT & GIFT GUIDE





Burke Civic Ballet to Present Nutcracker

Burke Civic Ballet's Nutcracker will be held on Saturday - Sunday/Nov. 19 - Nov/ 20 at 2 p.m. and 6 p.m. at Ernst Theater on Northern Virginia Community College's campus 8333 Little River Turnpike, Annandale. Founded in 1993, The Burke Civic Ballet, offers its students a professional ballet performance. Dancers from age 3 to professionals present the holiday classic at a professional theater. This event has been an area favorite for over 20 years. For organized groups (10+) and handicapped seating, please email burkecivicballet@gmail.com



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'Christmas Gift Showcase' to Be Held Dec. 14

The Springfield Christian Women's Connection invites everyone to luncheon program, "Christmas Gift Showcase," on Wednesday, Dec. 14, 1:30 a.m. to 1:30 p.m. \$20 per person – all inclusive. Reservations are requested by Friday, Dec. 9, 2016.

Enjoy extra time to shop Twice: 11 a.m. until lunch is served and after the luncheon until 2 p.m. Come and enjoy shopping for your Christmas gift list and plan to treat yourself, too. Gift items include Longaberger baskets and pottery, MAGZ Art Handcrafted Jewelry and Gifts, Matilda Jane Clothing, Mary Kay Cosmetics, Serendipity of Occoquan, baked goods, and much more. In addition, several vendors have donated door prizes. Arrive early for the best selections and if you'd like, you can also bring your own baked goods to add to fall fundraiser for Stonecroft.

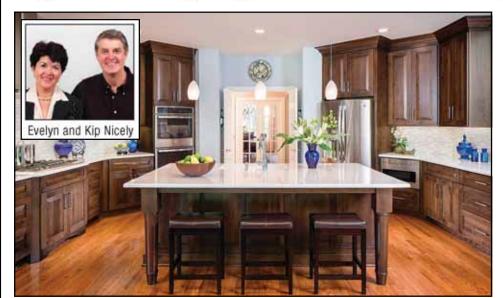
In addition, Karin Williams will reflect on how she learned to grow in spite of pain in Learning to Say Goodbye. Please join this festive and informative luncheon, along with great door prizes, delicious food, and new friendships.

For Luncheon reservations call 703-922 6438 or e-mail: SpringWmConn@yahoo.com



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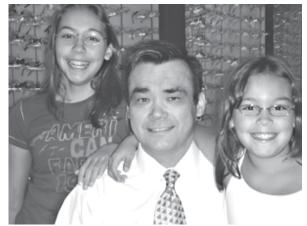
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Local cooking schools offer crash courses in holiday dishes.

ver since Bernadette Lott can remember, she's had a sweet tooth as big as a sugarcane field. Describing herself as a hard and fast confection lover of the extreme type, she thinks her predilection for all things candycoated probably started with her grandmother, who pretended not to notice when she devoured spoonfuls of sugar while the two were baking.

"I must have been three or four, standing on a stool in the kitchen, craning my neck to see," said Lott.

In fact, baking was a hobby she honed at her grandmother's hand, which later became a practical skill. She learned that in order to satisfy her ravenous sugar cravings, be they for shiny glazed lemon tarts or gooey chocolate trifles moistened with rum, she needed to learn to bake.

"I think my first word was cake," Lott said. "I love to bake, but I also do my fair share of tasting."

It's no wonder that for Lott and other foodies, the holidays offer a chance to legitimize an obsession with baking marathons that, if done at any other time of the year, might appear to be chocolate-covered-insanity.

In response, dozens of local chefs and culinary enthusiasts are rolling out a slew of holiday cooking classes this season. Want to make your own lemon rugelach? Considering letting your children take over the gingerbread baking? Interested in assembling a buche noel? From the informal classes that Lott runs out of her Alexandria kitchen to formal cooking schools with classes taught by professional chefs, there's instruction for students at both ends of the skills spectrum.

"These cooking classes help people get into the holiday spirit," said Toni Lipe of Culinaria Cooking School in Vienna, Virginia. "They learn to make things that they can wrap in paper and ribbon and give as gifts."

Students at Culinaria enter a holiday cookie paradise of softened butter, vanilla and coconut, and spend hours cutting, rolling and decorating, emerging at the end of class with boxes of rugelach, almond macaroons and

"The classes are filled with



Terri Carr bakes, decorates and packages holiday cookies, which she sends to friends and family.

laughter and chatter," said Lipe. "It's like a party, such a wonderful experience."

In Lott's lessons, which she runs informally out of her home - students discover her through word of mouth - she demonstrates tooth-achingly rich buche de noel and fudge-filled, whiskey-soaked chocolate bundt cake recipes. A limited class size allows her to guide students through the process, from melting chocolate over simmering water to adding a good dousing of liqueur to the mixture and beating it into a fluffy batter before sliding it into the oven.

"Some of my best holiday childhood memories were baking with my family," said Lott. "I love being able to share that love with other people so that they can create their own memories."

During her lessons, students rummage through a treasure trove of cookie cutters in shapes ranging from angels and wreaths to starfish and rosebuds. After mixing flour and nutmeg with lemon zest and vanilla extract, then chilling, rolling and cutting the dough, their effort bursts forth in the form of highly spiced citrus, ginger cookies. "I still like nibbling the cookie dough as much as I did when I was a little kid," said Claudia Yost, a recent student.

Even the youngest gourmands can add calorie-laden joy to the world this season. Diminutive cooks-in-training use seasonal bounty to create child-friendly versions of traditional Thanksgiving fare at Tiny Chefs cooking school. They use yeast, flour and sweet potatoes to create warm, fluffy doughnuts, encased in sugar that crunch slightly to the bite.

"Cooking during the holidays, and at any time, builds memories and gives them skills that they can use when they're responsible for preparing dinners later on down the road," said Katie Raguindin of Tiny Chefs.

In the gingerbread house-making class, instructors support children's imaginations, encouraging the wackiest, most creative designs, propelled by a rainbow of colored icing and decorative candies. There's even a gift class where they fill mason jars with ingredients for cookie dough. The project becomes present-ready when topped with shiny bows.

"We're giving them a nice way to participate with the holiday cooking," said Raguindin. "It's a good family activity, and they can remember for years to come that they got to cook with Mom and Dad for Christmas dinner."

Even as adults, life-long friends can relive their childhood sugarplum fantasies. At the start of the holiday season, Terri Carr and Elaine Agran gather in Carr's Potomac, Maryland, kitchen to preserve a baking tradition that spans more than three decades. For four days and four nights, the two friends lose themselves in a shrine of softened butter, flour and sugar, emerging with several thousand sugar cookies that they package and ship to friends, family and colleagues. "We take turns. One of us sleeps while the other one bakes," said Carr, of Terri's Table, a cooking school she runs out of her home. This year, Carr's holiday classes are focused on Thanksgiving, teaching students to make both main and side dishes, and ending with a crunchy and deeply nutty pecan pie.

At the end of her classes, Carr sets a festive table around which her apprentices gather and nosh on the fruits of their holiday labor until the last crumb is devoured.

CAPPIES REVIEW

Discovering the Value of Intelligence

Thomas Edison High School production explores deep themes of 'Flowers for Algernon.'

> By Diana Witt Westfield High School

ho's to say that my light is better than your darkness?" questions Charlie Gordon, after a life-altering operation leaves him with an IQ of 185 and a myriad of emotional scars. Through his journey, Charlie discovers the truth about the value of intelligence. The cast and crew at Thomas Edison High School eloquently delved into the deep themes of "Flowers for Algernon" in their poignantly thoughtful production.

"Flowers for Algernon" is a play based off of a science fiction novel of the same title, written by Daniel Keyes. The novel was first released as a short story in 1958 and due to its popularity, was released as a full book in 1966. David Rogers then adapted the novel into a play in 1969.

When scientific findings discover a new, revolutionary operation that could increase intelligence, a mentally disabled man named Charlie Gordon seizes the opportunity to be the first man to receive the surgery. The only catch - the operation has only ever been performed on a mouse. But, with the help of the scientists and his teacher, Alice Kinnian, Charlie's intelligence skyrockets. While Charlie discovers the intellectual concepts the world has to offer, he also discovers the emotional depths of his mind.

Nicholas Riehle respectfully yet accurately conquered the difficult role of Charlie Gordon. Riehle demonstrated the transitions in Charlie's intelligence, with distinct physicality and vocal qualities. At the beginning of the play, he exuded the childlike innocence of Charlie and later transformed into a bitter genius. His compelling portrayal represented the arc in Charlie's character. Riehle exhibited the complex relationship between Charlie and his teacher Alice, played by Madison Sterner. Sterner exposed the raw emotions of the caring Alice, as she worries over his well-being.



Photo by Emily Yankovich/Thomas Edison HS

From left to right: Madison Sterner and Nicholas Riehle

Charlie's doctors, the scientists, were portrayed by Timothy Etter, Max Bertman, and David Leavitt. The trio of men showed a range of attitudes towards the experiment. Timothy Etter played the concerned and sensitive Dr. Strauss, while Bertman embodied Professor Nemur, the established scholar with a hunger for success. Leavitt portrayed Burt Seldon, the naive grad student who uncovers the sensitivity of Charlie's situation through the mundane tasks of the experiment. The cast was rounded out by a few lighthearted characters, most notably Charlie's landlady, Mrs. Mooney, played by Maggie Landis. Landis equipped herself with a convincing vocal tone and infectious charm.

A minimalist set decorated the scene with just a few delicate pieces. A bakery case with real bread and realistically adorable pink cakes contrasted with the table and equipment in the lab. The set featured a large central translucent screen utilized to show silhouettes as the light was cast upon them. The silhouettes created vignettes throughout the story that depicted memories from Charlie's dark childhood. Effective choreography and staging revealed only what Charlie could remember - shadows of his past. The evolution in the costumes highlighted the shift in Charlie's life, adorning him with a vibrant baseball cap in the beginning of the play and later transitioning him to a tan suit.

In "Flowers for Algernon," one simple mouse changes a man's life forever. The committed cast and crew at Thomas Edison High School imprinted the audience with important messages about human decency and emotion. Touching themes and heartfelt moments colored the stage in their beautiful production.

School Recognized for 70 Years of 'Inestimable Contributions'

On Tuesday, Nov. 1, Sharon **Bulova**, the Chairman of the Fairfax County Board of Supervisors and Lee District Supervisor Jeff McKay presented Burgundy Farm **Country Day School's Head** of School Jeff Sindler, a Springfield resident, with a resolution recognizing Burgundy "for its 70th anniversary, noteworthy education of children and inestimable contributions to Fairfax County."



Cinnamon Fern



Truro Residents and Friends of Accotink Creek Rescue **Native Plants**

A group of concerned Truro neighborhood residents who are involved in preserving Accotink Creek, rescued hundreds of native plants from the Turkey Run stream restoration project area and replanted them in a location away from the ensuing construction. The to-be-restored stream runs through the shared open space in the Truro community. Members of the Friends of Accotink Creek (FACC) stepped up to identify the most environmentally valuable native plants and assisted with moving them to a safe location.

The FACC is a volunteer organization whose members work to restore Accotink Creek and to enhance the enjoyment of biking, fishing, jogging, walking and bird watching along a major portion of the Cross County Trail.

The Turkey Run Stream Restoration includes three projects within the Truro neighborhood between Elizabeth Lane and Wakefield Drive. A small tributary of Turkey Run flows through Truro within the Accotink Creek watershed. Turkey Run exhibits typical urban stormwater runoff problems including scoured stream banks, loss of natural habitat, unstable and unsafe trees, poor water quality and exposed public utility infrastructure.

The project involves the restoration of 3,500 linear feet of the existing stream channel that starts at a large storm drain outfall and extends southwest to the road culvert at Wakefield Drive. runs into the mainstem of Turkey Run. Restoration of the channel includes regrading and stawith natural channel design and armoring-in-place which is the

installation of natural rock and bioengineering materials. To prevent future erosion, stone-toe protection will be implemented at storm drain outfalls and under a footbridge. Raising the stream bed elevation and installing grade controls will help prevent further incision within the channel and reconnect the stream to the floodplain.

Preconstruction conditions may be seen here. There is an existing wetland and a frequently-used trail that are valuable neighborhood assets. The residents who live near the project are active and environmentally savvy property owners. They expressed concerns about preserving the wetland, trails, native plants and trees. As the project moved into the design stage, residents formed a "Stream Team" in partnership with county engineers and landscape architects of the Stormwater Planning Division, Department of Public Works and Environmental Services.

The "Stream Team" members, whose objectives were to save trees, preserve the character of the woodlands and improve the stream condition, participated in meetings with county staff and design engineers throughout the development of the project.

Twice a week throughout the summer of 2016, neighborhood volunteers and members of FACC transplanted native species. They dug up and safely installed the plants that FACC members identified as native and The stream channel eventually therefore, worth saving. All of the work was done by hand: digging up, moving and installing one or two plants at a time. By bilizing eroded stream banks the most recent count in mid-October, about 500 native plants were saved.



Photos by Tim Peterson/The Connection

In Mrs. Char's fifth grade class, (Ret.) Lt. Col. Chuck Albo of Springfield got oohs and aahs when he showed off his winter flight suit and passed around his helmet from serving aboard a B-47 bomber for Strategic Air Command.



Also in Mrs. Char's class, Benjamin Hubert of Burke brought his father Col. Kevin Hubert to talk about his career in the U.S. Air Force. Col. Hubert flew on the AC1-130 Spectre Gunship in Bosnia, Korea, Afghanistan from 1997-2004, then the MC130-H Talon II from 2004-2008 as an electronic warfare officer in Afghanistan, Iraq, Romania, Chad.

Sangster Hosts Veterans Day Assembly

From Page 3

Hitzemann, as well as the national anthem while the military personnel on hand raised the American Flag on the school's flagpole.

Students in the crowd waved handheld flags while choir teacher Joie Verheul sang solo and conducted the choir in "God Bless America."

Principal Reddel's final message to students was to look beyond sports figures and animated characters for role models.

"We overlook the real heroes," Reddel said. "If you want to know a real hero, get to know a veteran or someone currently serving in the military."

Following the assembly, all Sangster students had that chance. At least one currently serving military member or veteran visited each classroom to share some of their experiences serving in the United States.

In Mrs. Char's fifth grade class, (Ret.) Lt. Col. Chuck Albo of Springfield got oohs and aahs when he showed off his winter flight suit and passed around his helmet from serving aboard a B-47 bomber for Strategic Air Command.

Albo, father of Del. Dave Albo (R-42) and grandfather of Ben Albo in Char's class, was active duty from 1958 to 1978.

He explained that during the Cold War, he and the crew with the B-47s needed to be ready to take off and drop nuclear bombs within five minutes.

"We had to be efficient," Albo said.

Albo later flew B-66 bombers over north Vietnam, and then moved to KC-135 fuel tankers.

Also in Char's class, Benjamin Hubert of Burke brought his father Col. Kevin Hubert to talk about his career in the U.S. Air Force.

Col. Hubert flew on the AC1-130 Spectre Gunship in Bosnia, Korea, Afghanistan from 1997-2004, then the MC130-H Talon II from 2004-2008 as an electronic warfare officer in Afghanistan, Iraq, Romania, Chad.



Clockwise from top right, Springfield residents Maj. Will Marcantel, U.S. Marine Corps and his sons Billy, Tom, daughter Leila and wife Kathryn gather after the Sangster Elementary School Veterans Day assembly program.

Hubert went on to work in squadron command and said he now does airplane purchasing for the military, based out of the Pentagon.

Hubert's more modern helmet being passed around drew a flurry of questions about his skydiving training. He also quizzed the class on some Veterans Day trivia, prompting them to respond how it commemorates "The 11th hour of the 11th day of the 11th month," when World War I ended.

The colonel referenced his wife and son in the room, the latter he said was born overseas.

"I've had to move my family all over the place — it's tough on the families too," Hubert said. "We need to remember [them.]"



Right, Capt. Jennifer Blazewick, U.S. Navy, recited the poem "I am the Flag" by Lawrence M Jones.



Col. Jason Hayes, U.S. Army, gave a brief history of Veterans Day, beginning with President Woodrow Wilson's declaring Nov. 11 in 1919 Armistice Day honoring American heroes who died while serving in World War I.



Students in the crowd waved handheld flags while choir teacher Joie Verheul sang solo and conducted the choir in "God Bless America."

VIRGINIA

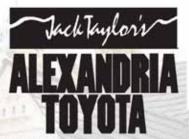
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DEADLINES

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ZONES

Zone 1: The Reston Connection The Oak Hill/Herndon Connection

Zone 2: The Springfield Connection

The Burke Connection The Fairfax Connection The Fairfax Station/Clifton/ Lorton Connection

Zone 3: The Alexandria Gazette Packet The Mount Vernon Gazette

Zone 4: Centre View North Centre View South

Zone 5: The Potomac Almanac

Zone 6: The Arlington Connection The Vienna/Oakton Connection

The McLean Connection The Great Falls Connection

News



Classical Ballet Theatre To Present Classic Nutcracker

Experience the magic of Classical Ballet Theatre's Nutcracker. Performed at the 520-seat Ernst Theater, this holiday classic includes all of the stunning costumes, dancing, and enchantment necessary to bring Clara's dream to life. Join Clara for a mischievously fun family holiday party, an epic battle between the Mouse King and Nutcracker, and a captivating journey with her Nutcracker Prince.

Saturday, Nov. 26 at 2 p.m. and 7:30 p.m.; Sunday, Nov. 27 at 2 p.m. at Ernst Theater, Northern Virginia Community College, Annandale Campus, 8333 Little River Turnpike, Annandale. More Information: http:// www.cbtnva.org/nutcracker.

Bulletin Board

Send notes to the Connection at connectionnewspapers.com/Calendar/ or call 703-778-9416. The deadline for submissions is the Friday prior to publication. Dated announcements should be submitted at least two weeks prior to the

TUESDAY/DEC. 6

Board of Supervisors' Public Hearing: at 4:30 p.m. To subscribe to other Fairfax County electronic mailing lists, click the link below and follow instructions given: http://

www.fairfaxcounty.gov/email/lists/ Thank you for your interest in the Fairfax County Zoning Ordinance. Should you have questions, please contact the Zoning Administration Division at 703-324-1314

ONGOING

Volunteers Needed as Drivers & Office

Workers Drivers are needed for trips Monday Friday to medical appointments and Companion Shopping within the Fairfax/Burke area. Shepherd's Center of Fairfax-Burke serves those 50+ and who no longer drive. Office Workers are needed to answer phones in the SCFB office (Monday - Friday) of individuals requesting rides and match an available driver for each request. If you can volunteer your time, please contact the SCFB office at 703-323-4788.

Four Free Private Well Owner Webinars to be Held in October one-hour webinars for household water well owners will be held in October on the subjects of addressing methane, iron and manganese, fluoride, and water treatment system maintenance by the National Ground Water Association (NGWA). To register visit: http://www.wellowner.org/well-ownerwebinars/

Basic Disaster Response Skills Free

Training Monday Nov. 7 at the Fairfax County Fire and Rescue Academy. There are two sessions each week on Mondays and Wednesdays that run until December 7. The class is 28 hours in length, plus the final practical exercise. CERT training is free of charge and basic gear is provided. The minimum requirements to participate in CERT training at any level is that residents be 16 years of age or older, and either be a Fairfax County resident,

or work in the county. http://www.fairfaxcounty.gov/fr/cert/cert.htm

Burke Lake Seniors Golf League seeks members. Interested golfers are invited to join the Burke Lake Seniors Golf League. Must be 55 and older, enjoy playing golf, meeting new people and having an all—around good time. Reserved tee times on Tuesday and Thursday mornings at the Par 3 Burke Lake Golf Course on Ox Road. Annual dues for the season – April 1 through October 31 - are \$20 plus green fees. For more information, call Charlie Ryan 703-

The Northern Virginia Long Term Care Ombudsman Program needs volunteer advocates for residents in nursing homes and assisted living facilities. Contact Lisa Callahan at 703-324-5861, TTY 711 or email Lisa.Callahan@fairfaxcounty.gov. Also visit www.fairfaxcounty.gov/dfs/olderadultservices/ ltcombudsman/.

Fairfax County needs volunteers to drive older adults to medical appointments and wellness programs. For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit www.fairfaxcounty.gov/olderadults and click on Volunteer Solutions.

Respite Care volunteers give family caregivers of a frail older adult a well-deserved break so they can go shopping, attend a doctor's appointment or just have coffee with a friend. Volunteers visit and oversee the safety of the older adult for a few hours each month. Support and training are provided. Contact 703-324-7577, TTY 711, or Kristin.Martin@fairfaxcounty.gov.

The Wakefield Senior Center in Annandale needs Front Desk Volunteers on Monday, Tuesday, Wednesday and Friday, 9:45 a.m.-1:45 p.m. and Fitness Instructors. Volunteer instructor positions **could** lead to part-time employment. For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit www.fairfaxcounty.gov/olderadults and click on Volunteer Solutions.

Volunteer Fairfax seeks individuals, families, youth and corporate groups for service opportunities at a variety of nonprofit agencies. One-time special events or ongoing activities are available at www.volunteerfairfax.org or call 703-246-3460.



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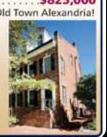
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