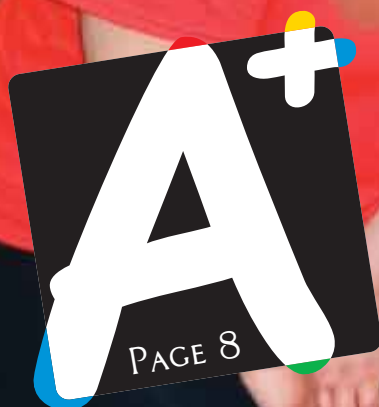


Surrounding Santa Claus (MPO Wayne Twombly) at the Katherine Hanley Family Shelter in Fairfax are Chantilly High students (from left) Brittany Sharabi, Emma Gustafson and McKenzie Ahmadi.

## HOLIDAY EVENTS

PAGE 6



# Making Spirits Bright At Hanley Shelter

HOLIDAY EVENTS, PAGE 6

## Goals and Strategies For the City's Future

NEWS, PAGE 3

## Fireplace Ashes Spark Fairfax House Fire

NEWS, PAGE 11



Family Owned & Operated for Over 30 Years

# Maplewood Grill

Join Us for a Memorable Christmas Eve Dinner and Fabulous New Year's Eve!

With Live Entertainment 8:00 pm into the New Year. See Web Site for Menu.

Brunch Every Sunday

703-281-0070

132 Branch Road, S.E. • Vienna, VA  
Visit [www.maplewoodgrill.com](http://www.maplewoodgrill.com) for Specials

Learn as if you were to live forever; live as if you were going to die tomorrow.

—John Wooden

## WEEK IN FAIRFAX

### Registration is Open for Give Together, an MLK Day Event

Volunteer Fairfax invites families with school-age children to participate in a family-friendly day of service held in conjunction with Martin Luther King, Jr. National Day of Service. Activities are fun, hands-on and are specially designed with young people in mind. Projects will directly benefit local nonprofits. All Give Together activities take place indoors at the Jewish Community Center of Northern Virginia in Fairfax. Three shifts are available: 9:30 a.m., 11:30 a.m. and 1:30 p.m. This event is free with registration. Visit [www.volunteerfairfax.org](http://www.volunteerfairfax.org) by Jan. 11 to reserve space for your family.

### BULLETIN BOARD

Send notes to the Connection at [connectionnewspapers.com/Calendar/](http://connectionnewspapers.com/Calendar/) or call 703-778-9416. The deadline for submissions is the Friday prior to publication. Dated announcements should be submitted at least two weeks prior to the event.

#### SUNDAY/DEC. 25

**5th Annual Christmas Day Giving Back Event** 1 - 5 p.m. Kilroys Ravensworth Shopping Center 5236 Port Royal Road, Springfield. Volunteers needed join us in saying thank you to our veterans and deployed service members for their service and sacrifices. We will be packing care packages and letters to our veterans. [www.americasadoptsoldier.org](http://www.americasadoptsoldier.org)

#### TUESDAY JAN. 24

##### ESL Classes Begin on January 24 in Fairfax and Clifton

Lord of Life Lutheran Church will offer beginning, intermediate and advanced ESL classes at their Fairfax and Clifton locations. The course will take place between January 24 and April 6, 2017 on Tuesdays and Thursdays, from 7:00 p.m. to 9:00 p.m. at Lord of Life Lutheran Church located in Fairfax at 5114 Twinbrook Road and in Clifton at 13421 Twin Lakes Drive. The registration deadline is Thursday, January 19, 2017. There is a registration fee of \$15 and the text book costs \$25. For more information, please visit: [www.lordoflifeva.org](http://www.lordoflifeva.org) or call (703) 323-9500.

#### ONGOING

**Reminder Crime Prevention** – Please contact the Fairfax County Police Department at 703-691-2131 (non-emergency) to report ANY suspicious activity, no matter how small or insignificant it may seem at the time. It is better if police reports can be called in while the suspicious activity is in progress to the extent possible.

ACT NOW FOR PRE-OPENING BENEFITS  
Exclusive Charter Club membership & special pricing until Jan 31, 2017 — Save up to \$10,000



## The Kensington promises to love and care for your family as we do our own

### Opening in Falls Church Early 2017

**O**ur beautiful assisted living and memory care residence is well on its way toward completion! We can't wait to officially open our doors to welcome residents, their families and friends. To those who have already chosen to entrust us with the care of loved ones, thank you. To those we haven't met yet, we look forward to the time when we do. Our own families make our hearts full, but we have plenty of room for yours. Stop in for a visit, and tell us what you need to help keep the seniors you love safe, secure, well, and most of all, happy. We're eager to deliver on our promise to love and care for them as we do our own.

**THE KENSINGTON**  
An Assisted Living Community  
FALLS CHURCH

Information Center: 1212 W Broad St, Falls Church, VA | 703.992.9868 | [www.TheKensingtonFallsChurch.com](http://www.TheKensingtonFallsChurch.com)



# Goals and Strategies for the City's Future

## Fairfax is developing a Multimodal Transportation Plan.

BY BONNIE HOBBS  
THE CONNECTION

**R**ealizing that people need more ways than automobiles to get from place to place, the City of Fairfax is developing a modern Multimodal Transportation Plan. It's still a work in progress, but it's well underway.

In May, Fairfax City Council awarded a contract to Nelson/Nygaard Consulting Associates to develop the plan. Since then, the firm spoke with residents at public events in the City to learn what they want. They did the same at three open houses in November.

"We've gotten a lot of enthusiasm for this plan, love for this City and excitement about its future," said Karina Ricks, a principal with Nelson/Nygaard. "We heard repeated values and themes – the need to connect people better between amenities, the City and the neighborhoods, and a need for more and safer modes of travel."

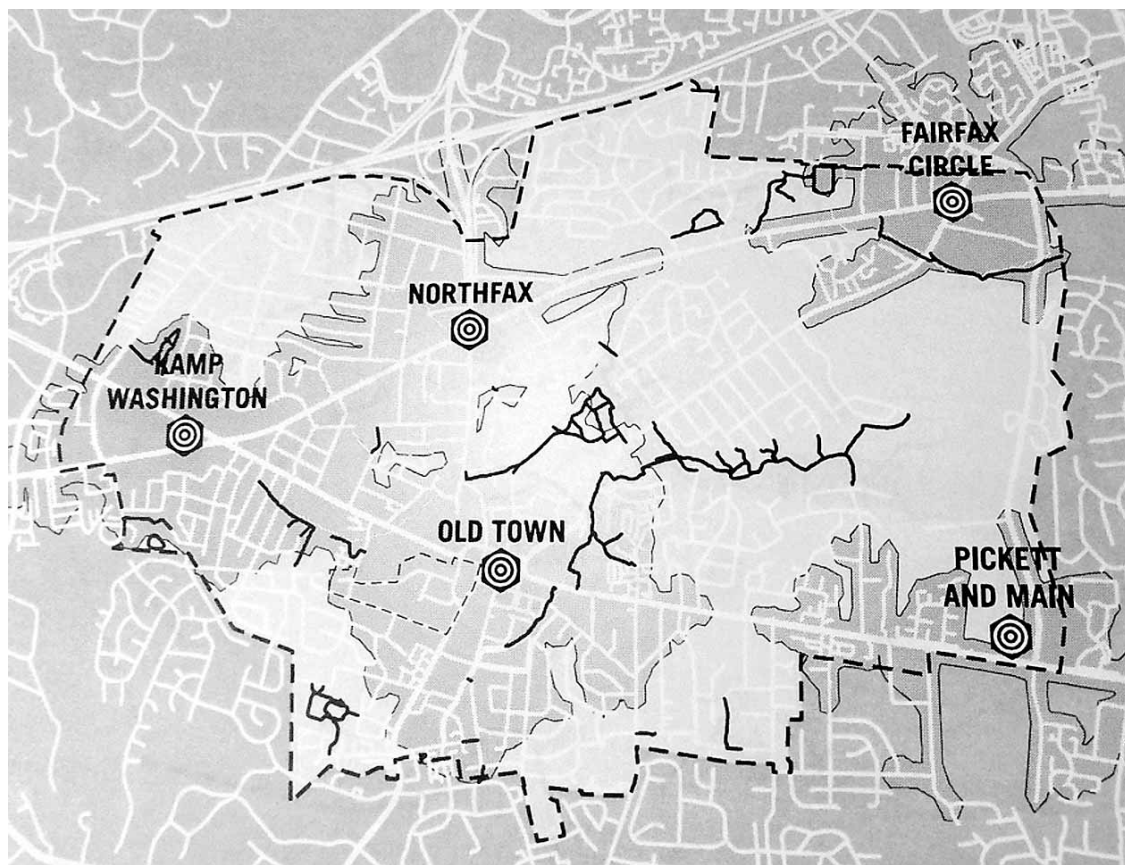
She told the Council, "You have incredible neighborhoods with different personalities and caring people. But they're divided from each other, so it's difficult to build community cohesion across large roadways. We need to improve the vehicle, trail and bicycle connections between them – and driving shouldn't be the only choice."

**CORE OBJECTIVES** will serve community needs and goals, such as access to parks, cultural preservation and the Old Town area. The work will also include development of an integrated transportation network for diverse modes of travel – pedestrians, bicycles, motor vehicles, transit and freight transport.

The City's parking supply and demand patterns will also be assessed to develop a citywide parking-management strategy. And the final plan will provide clear direction for Fairfax's investment and policies, guiding street planning, design and operations and informing private-development projects.

During a Nov. 1 Council work session, Ricks said 250,000 trips are made per day in the City, but 68,000 of them don't end or begin here. "The City of Fairfax has relatively low density, with employment clustered around the periphery," she said. "Some 96 percent of households have access to one car, and two-thirds have access to two or more vehicles. Some 72 percent commute in their car alone to their jobs."

Ricks also noted that Fairfax has a well-connected street grid, but its trails are dis-



**Although many Fairfax neighborhoods are within a 15-minute walk (about one-half mile) of a local activity center, many aren't because of both distance and a disconnected street network.**

proportionately on the City's east side. She said about one-third of household trips in the City are one mile or less, and about 60 percent of them are done by vehicle. In addition, 88 percent of the residents are within a 15-minute walk to parks and open space.

"The City's strengths are its Old Town and green space," said Ricks. "Its weaknesses are the heavier-used arterial roads and intersections." She said that, of the 200 residents her firm questioned this summer, nearly one-third would prefer taking transit to work, and many more would rather bike or walk to their jobs.

The Multimodal Plan's goals, she said, are to enable the City to connect to the region, provide a balanced network expanding travel choices, strategically improve major corridors, strengthen local activity centers and adopt policies for predictable and sustainable development.

Councilman Jon Stehle recommended engagement with the City's four schools and GMU's student government for further input. And Councilman Michael DeMarco said, "Having measures like a 15- or 20-minute walk to places helps us tell a story, especially when we think of quality of life, so we can see where we're being successful."

Ricks returned Dec. 6 for a joint, City Council/Planning Commission

work session. She said about 50 people participated in the November open houses and 138 more responded to an online survey. And, said Ricks, "We got generally positive feedback about the goals."

Councilwoman Ellie Schmidt said it seemed like a small number of people responded, but Ricks said it was "an average amount for a community this size."

Transportation Director Wendy Block Sanford said the City is now working on a corresponding project list and having follow-up, stakeholder interviews. "The public-comment period is open through January," she told the Council. "And we'll return to you in February-March with that list."

Regarding the plan goals, Ricks revealed

the public's priorities. As for connecting to the region, 65 percent of the survey respondents favored expanding MetroRail, 44 percent wanted Braddock Road improved and 39 percent said the Blake Lane/Jermantown Road bypass should be completed.

Under expanding travel choices, 65 percent wanted a safe and accessible pedestrian network, followed by 59 percent requesting that vehicle traffic flow be more efficient. As for major corridor improvements, top priority for residents was solving the challenges of Fairfax Boulevard. Next was enhancing Old Lee Highway for pedestrians, bicycles and transit.

**AS FOR LOCAL ACTIVITY CENTERS**, the majority wanted Old Town to be more attractive and accessible. "Old Town is tied to people's identity, and they want it to be more walkable," said Ricks. Regarding sustainable development, 66 percent favored pedestrian enhancements as their top choice.

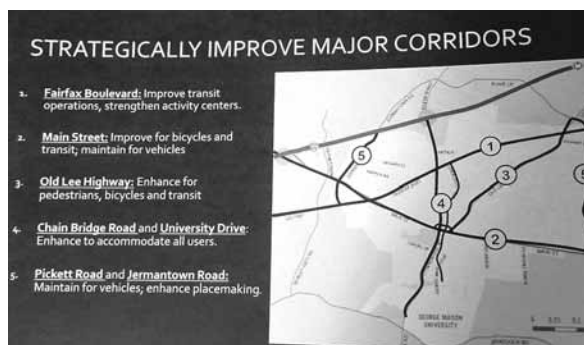
Overall, said Ricks, "People appreciated being asked for their input. And they want accessibility to their basic needs within a 20-minute walk. They want to be a 15-minute walk from nature [parks, etc.] and 10 minutes from a transit stop."

She said her firm would provide the City with a scoring system relating to the importance of what needs to be done, going forward. And DeMarco said having it "will help us prioritize which projects to move along and how soon." Sanford said it would also help inform the City's funding discussions about them.

"What's the shelf life of a plan like this?" asked Councilman David Meyer.

"Some of the recommendations, such as, 'Create a walkable community,' will be enduring," replied Ricks. "And you'll be able to evaluate the progress you're making [toward each goal] and make course corrections, if needed. Some of the larger-scale initiatives, like corridor projects, can take seven years to do. You should look at your performance metrics every five years to see how well you're doing, and at the plan, every 10 years."

Then, addressing the Planning Commission, Stehle said, "We have goals, strategies and alignment plans. When we discuss the budget, you need to remind us about this plan and help us make it – and the projects in it – real. This fits into the Comprehensive Plan, so you need to force us to keep these goals going so we can see how they tie into our long-term vision."



**One of the goals of the Multimodal Transportation Plan is to improve travel along the City's major roads for vehicles, bicycles and pedestrians.**



# OPINION

## Congress Coming Together To Find and Fund Faster Cures

BY BARBARA COMSTOCK  
U.S. REPRESENTATIVE (R-IO)

**O**n Dec. 8, I joined with a bipartisan group of House and Senate members, and the Speaker of the House, as the Speaker signed the 21<sup>st</sup> Century Cures Act. It was a joyful occasion as we concluded this year's session with what I believe is one of the most important and game-changing pieces of legislation passed this year. It was signed into law days later by the President and supported by more than 700 research, doctor and patient advocacy groups and provides \$4.8 billion in new research investments to the National Institutes of Health (NIH).

At the ceremony, Tennessee Senator Lamar Alexander recounted the testimony of Dr. Francis Collins, director of the NIH, who has highlighted the new, exciting cures possible within the next 10 years: an artificial pancreas to help people with diabetes; medicine to limit the effects of Alzheimer's; a vaccine for Zika; a vaccine for HIV; a vaccine for the flu; the use of regenerative medicine using our own cells to restore a damaged heart; and non-addictive pain medicines that will help curb opioid addiction.

Imagine how different our health care system could be with these innovations. It is no wonder that Dr. Collins calls NIH the "National Institute of Hope." In Loudoun County, so many of us have seen that hope in the inspirational advocacy work of families such as Mark and Ellyn Miller, who lost their daughter, Gabriella,



### COMMENTARY

to cancer, and Chris and Roya Giordano, who lost their son, Mathias. The 21<sup>st</sup> Century Cures Act honors their efforts with \$1.8 billion for cancer research, which will support the Cancer Moonshot initiative.

Currently, there are only 500 treatments for 10,000 known diseases. With the mapping of the human genome and advances over the past several decades, we have more genetic clues about cancer and other diseases. But we still need to remove barriers to increase research collaboration, identify diseases earlier through personalized medicine, reform the FDA and modernize clinical trials, and remove unnecessary regulation for developing new medical apps. This legislation does this and streamlines the entire biomedical ecosystem.

With the 21<sup>st</sup> Century Cures Act now law, many of NIH's initiatives will be enhanced — such as the BRAIN Initiative that will help in fighting diseases like Alzheimer's. The bill will also concentrate funding on NIH's Precision Medicine Initiative that will focus research dollars on genetic, lifestyle and environmental variations of disease.

The Inova Schar Cancer Institute in Fairfax is one of the premier cancer centers in our region that can be part of this new era of innovation. Last month, they announced a new research partnership with the University of Virginia to develop the Global Genomics and Bioinformatics Research Institute, located at the Inova Center for Personalized Health in Fairfax.

I joined our private and public advocates at the announcement where they explained the mission: "The institute will recruit researchers, scientists and investigators who will engage in collaborative research focused on genomics, functional biology, bioinformatics, biologically driven engineering, precision medicine, translational research, development of targeted therapeutics and commercialization of new discoveries." This partnership will also work to achieve designation by the National Cancer Institute as a Comprehensive Cancer Center and establish a regional campus of the UVA School of Medicine at Inova. More partnerships are anticipated, as well as support from my former colleagues in the General Assembly, led by Speaker Bill Howell. As Todd Stottlemeyer, CEO of the Inova Center for Personalized Health, said, "This new partnership will further expand Inova's ground-breaking research in precision medicine and help us to realize the promise of personalized health."

While the legislation advances research and medical breakthroughs and provides for reforms and investments for faster cures and treatments, it also incorporates provisions we had passed to reform our mental health system and fight against the heroin and the opioid epidemic, which was recently declared a Public Health Emergency in Virginia.

This is just the beginning of what will be a new chapter in medical innovation. Virginia can play a critical and lifesaving role in bringing faster cures and treatments to patients plagued with these cruel diseases. We in Congress must continue to be partners by seeking the best policies and investments that allow this innovation to soar.

## Fairfax Police Reform Is Well Underway

BY PHILLIP NIEDZIELSKI-EICHNER

**I** endorse the Connection Newspaper's recent editorial on the progress Fairfax County has made implementing the recommendations of the Ad Hoc Police Practices Review Commission, on which I had the honor of serving as chairman of the Use of Force Subcommittee. I have had the opportunity to interact with many members of the Fairfax Police Department, ranging from commanders to precinct-level supervisors and officers, all of whom I hold in high regard. We have a fine police department that we are fortunate to have protecting us day-in and day-out.

While the August 2013 shooting death of John Geer was the catalyst for the commission's formation, our charge was to assess the Department's performance against national best practices. As we executed against this charge, we identified both areas for improvement and mechanisms we believed would strengthen the public's trust and confidence in the department.

Forming a commission is a time-honored tool by public officials to delay action — or avoid it altogether — since there are always significant barriers to achieving change to deep-rooted organizational practices, traditions and culture. I commend both the Fairfax Board of Supervisors and the Police Department, particularly its chief and command leadership, with ensuring that the Police Commission's work is not sitting on the shelf gathering dust.

With my seven-month commission experience and a year's worth of persistent focus on implementation alongside a dedicated subset of fellow commissioners, I can state without reservation that both the letter and spirit of the commission's recommendations have been embraced by Fairfax County.

Fairfax County is well on the way toward approving and implementing the preponderance of the commission's recommendations. Of note in this regard are the following:

❖ The two-pronged approach to independent Police Department oversight advocated by the commission and recently approved by the

Board of Supervisors is significant in light of historical resistance to civilian review of police actions.

❖ The changes directed by the supervisors and Chief Roessler with regard to the Police Department's openness and transparency are substantial and have already helped regain the public trust lost, in part, because of the dismal handling of the Geer case.

❖ The county's investment in Diversion First, which provides treatment rather than jail for nonviolent people with mental illness, and broad-based police officer training in crisis intervention techniques, are already paying dividends. Those with mental illness are being treated with greater sensitivity to their affliction, easing the potential for unnecessary suffering, while also reducing the potential for officer injuries and the need for the use of force. Ultimately, this will also help insure a more effective use of tax dollars.

As important and forward leaning as these

SEE POLICE REFORM, PAGE 5

Fairfax  
**CONNECTION**

[www.ConnectionNewspapers.com](http://www.ConnectionNewspapers.com)

@FfxConnection

An independent, locally owned weekly newspaper delivered to homes and businesses.

Published by  
**Local Media Connection LLC**

**1606 King Street  
Alexandria, Virginia 22314**

Free digital edition delivered to your email box. Go to  
[connectionnewspapers.com/subscribe](http://connectionnewspapers.com/subscribe)

**NEWS DEPARTMENT:**  
[south@connectionnewspapers.com](mailto:south@connectionnewspapers.com)

**Kemal Kurspahic**  
Editor ♦ 703-778-9414  
[kemal@connectionnewspapers.com](mailto:kemal@connectionnewspapers.com)

**Bonnie Hobbs**  
Community Reporter ♦ 703-778-9438  
[south@connectionnewspapers.com](mailto:south@connectionnewspapers.com)

**Kyle Kincaid**  
Editorial Assistant  
[south@connectionnewspapers.com](mailto:south@connectionnewspapers.com)

**ADVERTISING:**  
For advertising information  
e-mail:  
[sales@connectionnewspapers.com](mailto:sales@connectionnewspapers.com)  
703-778-9431

**Debbie Funk**  
Display Advertising/National Sales  
703-778-9444  
[debfunk@connectionnewspapers.com](mailto:debfunk@connectionnewspapers.com)

**Karen Washburn**  
Display Advertising, 703-778-9422  
[kwashburn@connectionnewspapers.com](mailto:kwashburn@connectionnewspapers.com)

**Andrea Smith**  
Classified Advertising, 703-778-9411  
[classified@connectionnewspapers.com](mailto:classified@connectionnewspapers.com)

**David Griffin**  
Marketing Assistant  
703-778-9431  
[dgriffin@connectionnewspapers.com](mailto:dgriffin@connectionnewspapers.com)

**Editor & Publisher**  
Mary Kimm  
[mkimm@connectionnewspapers.com](mailto:mkimm@connectionnewspapers.com)  
[@MaryKimm](https://twitter.com/MaryKimm)

**Executive Vice President**  
Jerry Vernon  
703-549-0004  
[jvernon@connectionnewspapers.com](mailto:jvernon@connectionnewspapers.com)

**Editor in Chief**  
Steven Mauren  
**Managing Editor**  
Kemal Kurspahic  
**Art/Design:**  
Laurence Foong, John Heinly,  
Ali Khaligh  
**Production Manager:**  
Geovani Flores

**Special Assistant to the Publisher**  
Jeanne Theismann  
[jtheismann@connectionnewspapers.com](mailto:jtheismann@connectionnewspapers.com)  
[@TheismannMedia](https://twitter.com/TheismannMedia)

**CIRCULATION: 703-778-9427**  
**Circulation Manager:**  
Ann Oliver  
[circulation@connectionnewspapers.com](mailto:circulation@connectionnewspapers.com)





# Filling Oversight Positions

Supervisors outline procedures for bringing on police auditor and Civilian Review Panel.

One week after voting to establish Fairfax County's first Civilian Review Panel for police, Public Safety Committee chair supervisor John Cook (R-Braddock) and Board of Supervisors Chairman Sharon Bulova outlined steps to be taken to fill the nine-member panel, as well as hire an independent police auditor.

Near the conclusion of the Dec. 13 Public Safety Committee meeting, Cook said a letter will be sent to organizations around the county by the end of December inviting them to submit nominees for the review panel. Those groups include minority organizations, disability services, interfaith groups and others that were part of the Election Process Improvement Commission.

Each supervisor will also be able to nominate individuals for the panel.

Cook said all nominations should be received by Jan. 31, 2017. For the next two weeks those applications will be available to the supervisors, who will then review them in closed session on Feb. 14.

On Sept. 20, the board created another

oversight entity, the office of the independent police auditor. Both bodies were recommendations from the Ad Hoc Police Practices Review Commission.

The members of the Civilian Review Panel will be volunteers, while the Independent Auditor and staff will be paid Fairfax County employees.

The job posting for auditor has closed, and received many applications, Bulova said. Six candidates have been determined by Fairfax County human resources to fulfill the requirements of the advertisement, supervisor Penny Gross (D-Mason) said.

Bulova said she's appointed a screening committee for the auditor applicants, including Auditor of the Board Jim Shelton, Connection Newspapers publisher and Ad Hoc Commission member Mary Kimm, Ad Hoc Commission member Adrian Steel, chair of the commission's Independent Oversight and Investigations subcommittee Jack Johnson, and supervisors Gross and Cook.

— TIM PETERSON

# Police Reform Underway

FROM PAGE 4

steps are, I believe the recrafting and re-writing of the Police Department's Use of Force policy, also known as General Order 540, warrants particular note. The new Use of Force policy encompasses the commission recommendations, which also incorporated use-of-force recommendations made by the independent Police Executive Research Forum. It gives emphasis to the sanctity of human life, dignity and liberty of all persons as its overarching value or driving theme; and it calls for de-escalation as the strategy of first resort when confronted with a threat rather than the use of deadly force.

Every member of the Fairfax Police Department, from command leadership to police officer will receive training under General Order 540 by the end of January, 2017. Police officer performance will be assessed against the standards set in this policy, while recruitment and vetting of police officer candidates will focus on the abilities and temperament that comport with the values captured therein.

While the preponderance of our recommendations have been approved and are being implemented, there are exceptions. For example, we called for all officers being outfitted with body worn cameras, to complement the dashboard cameras now mounted in each patrol vehicle. We believe such cameras will benefit both the public

and the police officer. The supervisors delayed consideration of this recommendation for important matters of budget and privacy concerns, which I believe will ultimately be overcome.

I encourage everyone who is interested to review the Police Commission recommendations progress report at <http://www.fairfaxcounty.gov/policecommission/progressreport.htm>. In summary, you will find that 178 of the 202 recommendations (88 percent) have been approved and are either in process of being implemented or have already been implemented; 15 (7.4 percent) are still under review; and 9 (4.5 percent) have been rejected.

The evidence so far is that the deep-rooted change of the nature and spirit advocated by the commission is more achievable now than even the most optimistic expected. This noted, I caution that the transformative progress I have observed can only be sustained over time with the continued county and Police Department leadership commitment, the active involvement of the police rank and file officers and most critically continued community participation, monitoring and oversight.

*Phillip Niedzielski-Eichner served as chairman of the Use of Force Subcommittee of the Ad Hoc Police Practices Review Commission, and continues service on the Implementation Committee.*



**Bull Run**  
**Festival of Lights**

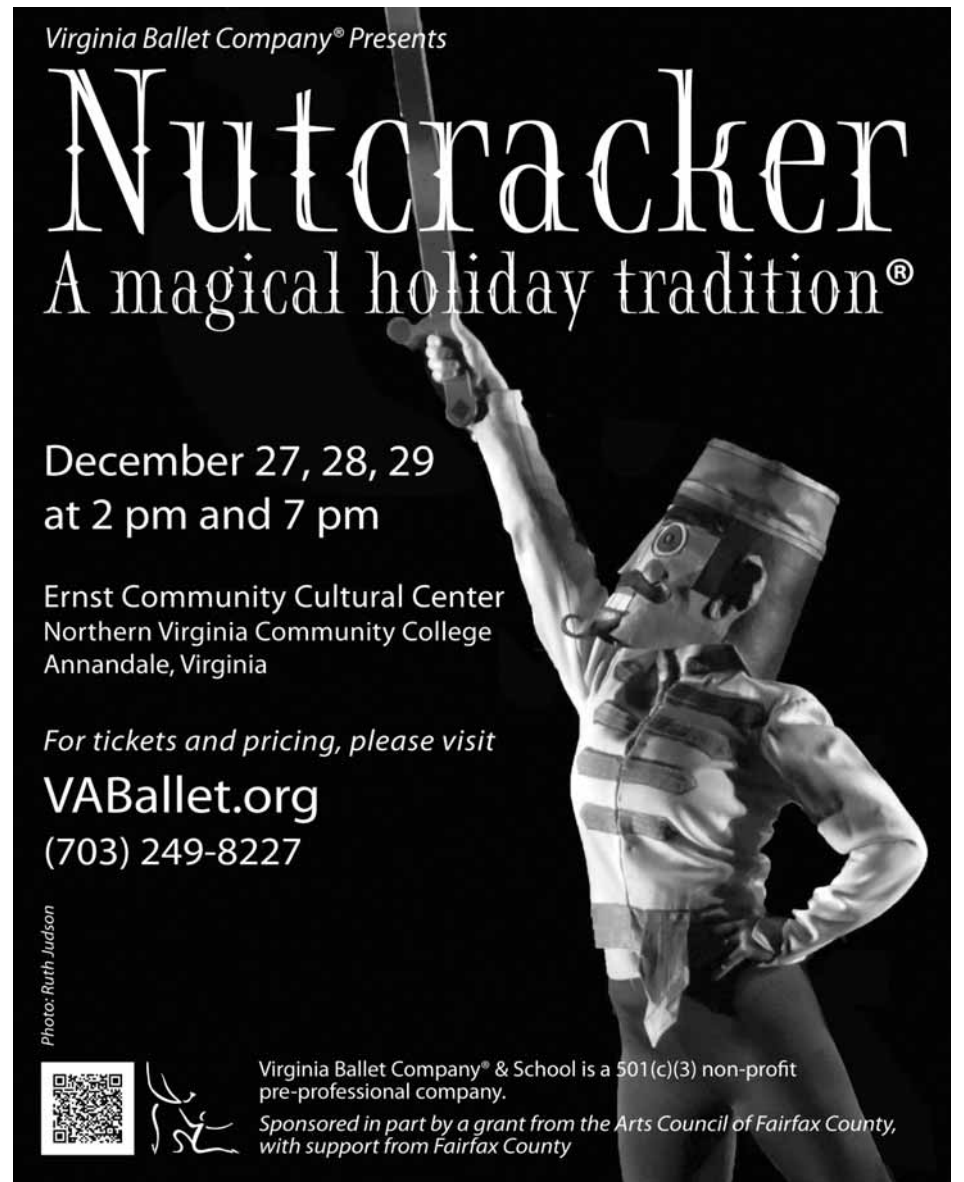
**November 23 to January 8**

7700 Bull Run Drive | Centreville, VA 20121 | T: 703-631-0550

**\$3 off** weekday admission  
with this coupon

Offer valid Monday-Thursday, 2016 season only, excluding holidays (Thanksgiving, Christmas Eve, Christmas Day, New Years Eve & New Years Day).  
Expires January 5, 2016. Cannot be combined with other offers.

[www.bullrunfestivaloflights.com](http://www.bullrunfestivaloflights.com)



Virginia Ballet Company® Presents

**Nutcracker**  
A magical holiday tradition®

**December 27, 28, 29**  
**at 2 pm and 7 pm**

Ernst Community Cultural Center  
Northern Virginia Community College  
Annandale, Virginia

For tickets and pricing, please visit  
**VABallet.org**  
(703) 249-8227

Photo: Ruth Judson

Virginia Ballet Company® & School is a 501(c)(3) non-profit pre-professional company.  
Sponsored in part by a grant from the Arts Council of Fairfax County, with support from Fairfax County



## HOLIDAY EVENTS



Organizing toys by age group are (from left) seniors Chip Ponsart and Madi Barry, grad Autumn Tury, sophomore Zoe Tury and senior Jessica Satterthwaite.



Helping serve dinner to the shelter children are (from left) freshmen Sabaa Al Nassar, Marium Farukh and Amari Reid, plus shelter cook Calvin Robertson.

# Making Spirits Bright at Hanley Shelter

**T**he Katherine Hanley Family Shelter in Fairfax serves homeless mothers and their young children. And on Monday, Dec. 19, for the fourth year in a row, Chantilly High photography students and police from the Fair Oaks District Station helped brighten their holidays. They brought gifts and wrapped the ones the moms selected for their children, and even Santa Claus made an appearance.

PHOTOS BY BONNIE HOBBS/THE CONNECTION



MPO Wayne Twombly, of the Fair Oaks District Station, carries a dollhouse into the shelter.



Standing in front of the shelter's Christmas tree are (from left) Chantilly freshmen Kimberly Nguyen, Emma Tilley and Megan Sweeney.



Helping wrap up games and toys are (from left) sophomores Grace Guergai, Emma Rowson, Noah Dantine, Kayla Lee and Kelsi Tomeldan.



Wrapping children's gifts are (from left) juniors Afera Banoo, Liabah Malik, Sohana Odari, Manahil Noor and Wajiha Malik.



# CALENDAR



**The Fairfax Choral Society will hold auditions on Tuesday Jan. 3 and Monday Jan. 9 both at 7 p.m. and both taking place at Fairfax Presbyterian Church 10723 Main Street, Fairfax. Celebrating its 55th anniversary, the Symphonic Chorus, directed by Dr. Douglas Mears, will perform Hollywood Goes Choral IV with the Washington Symphonic Brass and “Ode to Joy” Beethoven’s Symphony No. 9 with the Fairfax Symphony Orchestra this spring. Weekly rehearsal will be held Mondays from 7:30 - 9:50 p.m. FCS also has an award-winning youth program featuring ten ensembles at three campuses located in Annandale, Centreville, and Vienna for singers ages 5 - 19. Contact the office to schedule an audition for one of our youth choruses or our adult Symphonic Chorus 703-642-3277 or [office@fairfaxchoralsociety.org](mailto:office@fairfaxchoralsociety.org)**

Send notes to the Connection at [connectionnewspapers.com/Calendar/](http://connectionnewspapers.com/Calendar/) or call 703-778-9416. The deadline is the Friday prior to the next paper’s publication at noon. Dated announcements should be submitted at least two weeks prior to the event.

## ONGOING

**Springfield Town Center Toy Drive** through Dec. 24 located at 6500 Springfield Mall, Springfield. Springfield Town Center is partnering with America’s Adopt A Soldier Foundation to sponsor a Toy Drive to gather new toys to be donated to children undergoing treatment at Walter Reed Medical Center. Please bring new toys to the bin located next to Guest Services, on the Lower Level near Starbucks to donate and bring joy to a child struggling with illness during this Holiday Season.  
6500 Springfield Mall, Springfield.

**Bob Brown Puppets Holiday Show** 10:30 a.m. Old Town Hall, 3999 University Dr, Fairfax. Join the City of Fairfax every Monday morning at 10:30am for Funday Monday. Funday Monday will offer a variety of children’s activities and entertainment in Old Town Hall. Admission: Free. Sponsored by the City of Fairfax Commission on the Arts. 703-385-7858  
[www.fairfaxva.gov/culturalarts](http://www.fairfaxva.gov/culturalarts)

**‘Storytime & Craft’ at Lucy Activewear** Every Friday in December at 10:30 a.m. Lucy Activewear 11899 Grand Commons Avenue, Fairfax. An opportunity to get holiday shopping done in peace. Lucy Activewear will be hosting ‘Storytime & Craft.’ This event is appropriate for ages 3-8. Please sign up.

**Bull Run Festival of Lights and Holiday Village** Nov. 23 - Jan. 8 7700 Bull Run Dr. Centreville. Every year from Thanksgiving until just after New Year’s Day the Bull Run Festival of Lights will be in session. A 2.5 mile stretch will be illuminated by holiday light displays. The festival happens annually at Bull Run Regional Park in Centreville, Virginia. Drive the festival route from the comfort of your car; turn out your headlights and just follow the magical glow. After viewing the lights, bring your family and friends to the holiday village to enjoy rides, refreshments, and of course, photos with Santa Claus. The cost of driving through the light show is Mon-Thurs, \$15 per car ; Fri - Sun & Holidays, \$20 per car (vans w/ 15-34 people and motorcoaches cost extra - visit website for details) Want to avoid the crowds? Fridays, Saturdays, and Sundays are our busiest nights. Please take advantage of the Monday through Thursday discounted price and avoid a long wait.

**“Ispirazione Italiana”** Inspired by Italy Dec. 17 - Jan. 16, Bodzin Art Gallery 8900 Little River Turnpike, Fairfax. Watercolors by acclaimed

artist and J member Judy Wengrovitz and special guest artist Eliana Strauss.  
[sarah.berry@jccnv.org](mailto:sarah.berry@jccnv.org), 703-537-3075

**Children’s Theatre: “A Magical Christmas”** Saturdays through Dec. 22, 1 p.m. Workhouse Arts Center, 9601 Ox Road, Lorton. A children’s theatre performance for the holidays. There’s something not right in the town of Believe. Santa hasn’t stopped there for many years; in fact he doesn’t even know the place exists! Joy’s grandfather decides to do something about it and make sure that this year’s Christmas will be the most magical ever. Appropriate for all ages. Concessions available in lobby before the performance and at intermission. Cost: \$8 children, \$12 adults. [workhousearts.org](http://workhousearts.org) Cost: \$8 children, \$12 adults.

**Senior Line Dancing** 1 - 2 p.m. Little River Glen Senior Center 4001 Barker Ct, Fairfax. Line Dancing is a gentle, social form of aerobic activity. Studies have shown it aids in warding off Alzheimer’s disease. No previous experience needed. Cost: \$5 per 8 week session.  
[barbriba@hotmail.com](mailto:barbriba@hotmail.com) 703-524-3739

**Fairfax Rotary Club Meeting.** 12:15-1:30 p.m. Mondays. American Legion, 3939 Oak St., Fairfax. Meetings with luncheon and program. [fairfaxrotary.org](http://fairfaxrotary.org).

**Carolina Shag.** Wednesdays. 6:30-10 p.m. Arlington/Fairfax Elks Lodge, 8421 Arlington Blvd., Fairfax. Free lessons at 7:30 p.m. No partners needed. Dinner menu. \$8. Under 21 free. [nvshag.org](http://nvshag.org).

**FUN-Exercise.** Thursdays, noon - 12:50 p.m. Grace Presbyterian Church Family Room, 7434 Bath St., Springfield. Inova certified exercise instructor leads a moderate level exercise class with music and current events conversation. Muscle, Balance, Strength Training using stretch bands and weights both standing and seated exercises. Instructor donation is \$5.  
[moorefitt@yahoo.com](mailto:moorefitt@yahoo.com) or 703-499-6133.

**EXERCISE PROGRAM** Mondays and Fridays at 9:30 a.m. year-round at Lord of Life Lutheran Church, 5114 Twinbrook Rd. Fairfax. The exercises are for strength, balance and maintaining limberness. Contact SCFB office at 703-426-2824 for more information.

**Cafe Ivrit (Hebrew Cafe).** Wednesdays. 8:15-9:15 a.m. Jewish Community Center of Northern Virginia, 8900 Little River Turnpike, Fairfax. Shalom (hello) Did you always want to converse in Hebrew? Join Na’ama each week for conversational Hebrew. You will learn and practice Hebrew in a fun and interactive way while learning more about Israel. Free, however we ask that you try to attend regularly. RSVP [Naama.Gold@jccnv.org](mailto:Naama.Gold@jccnv.org).

**Smoke Free Bingo** (with breaks for smoking friends). 7 p.m. Every Friday. Fairfax Volunteer Fire Department, 4081 University Drive, Fairfax. Free coffee, entertaining callers, \$1,000 jackpot. [www.fairfaxvd.com](http://www.fairfaxvd.com). 703-273-3638.

## TASTEFUL GIFTS!

## SANDWICHES



**FOR FAMILY, FRIENDS & CLIENTS**  
Custom, handcrafted, delicious gifts--one of our popular selections, or assemble your own! See our website or call for more details.

Come check out our made-to-order sandwiches and paninis – simply amaaaaazing!

## CATERING

From 1-20,000



Call for details  
Advance Orders  
Appreciated

### GREAT HARVEST BREAD CO

6030-G BURKE COMMONS RD, BURKE

9000 S. LORTON STATION BLVD

703-249- 0044 B 703-372-2339 L

[GREATHARVESTBURKE.COM](http://GREATHARVESTBURKE.COM)

[FACEBOOK.COM/BURKEGREATHARVEST.COM](https://FACEBOOK.COM/BURKEGREATHARVEST.COM)



SELECT NIGHTS | 5PM - 9PM

# NOV. 16 - JAN. 1

ROERS ZOO FARI - VIENNA, VA  
(Formerly the Reston Zoo)

## CHINESE LANTERN FESTIVAL

中國彩燈節

### “The Wild”

## A UNIQUE EVENT FOR THE ENTIRE FAMILY

Chinese Crafts & Market • Live Stage Performances

**PURCHASE TICKETS NOW! \$25 Adults/\$15 Children**

[ChineseLanternFestival.com](http://ChineseLanternFestival.com)

[f](#) [t](#) [v](#)



# Holiday Grief

Workshop helps others deal with loss.

BY MARILYN CAMPBELL  
THE CONNECTION

**T**he holiday season is bittersweet for Jeanne Rorke. The days leading up to Christmas are filled with memories of her parents. Her mother committed suicide when Rorke was 12, and her father died on Christmas Eve eight years ago.

"No one really helped me through the grieving process," said Rorke, recalling her mother's death. "My family was like, 'Don't talk about it.' ... My Christmases have always been kind of sad ... even though I put on a happy face for my family."

Roarke joined about two dozen others at a workshop on handling grief during the holidays called, "Facing the Empty Chair: Surviving the Holidays after Losing a Loved One" at St. Aidan's Episcopal Church in Alexandria. From those who are preparing to celebrate a first Christmas without a loved one to those who've been grieving for decades, participants shared experiences, supported each other and gained tools for surviving the season while facing the reality of the empty chair in which their loved one once sat.

"The holidays can be time of longing for those who've lost someone," said Carey Gauzens, a licensed clinical social worker at the Center for Pastoral Counseling of Virginia in McLean. "The holidays are a time when you reflect on family, and it's hard for someone who's aware that that person isn't there."

At the workshop, Gauzens clarified some of the misinformation surrounding grief, especially during the holidays. "First and most important, is that normal grieving is really hard for most people. Some people believe the myth that grief lasts only for a few months, but it's hard to measure your healing because it's an up and down process, not a smooth, straight line."

Throughout the process, and particularly during the holidays, being able to tap into a source of strength other than oneself is a factor that Gauzen underscores: "It's important to have a support group, friends, a therapist."

Finding someone who is also grieving can



PHOTO COURTESY OF CAREY GAUZENS

**Carey Gauzens of the the Center for Pastoral Counseling of Virginia in McLean, led a workshop on grieving during the holidays at St. Aidan's Episcopal Church in Alexandria.**

be particularly helpful. For example, when Beverly Bell's husband died nine years ago following an extended illness, she found strength and comfort in a friendship with another widow.

"[We] had a wonderful relationship ... for several years following my husband's death," said Bell, who attended the workshop. "We had a regular lunch date and also shared a number of holidays. She also died a couple of years ago, and I realized that I am particularly missing her presence."

Earlier this year, Bell's brother died as well. "I found myself re-experiencing many of the feelings I had had when my husband died, [but feeling] particularly helpless to comfort my sister-in-law," she said. "Perhaps [my] presence is the most important thing I can ... offer my sister-in-law."

Some of the workshop attendees wanted to learn how to better support others. "I am a member of the Community of Hope International, a group of lay pastoral caregivers whose ministry is to visit those who are experiencing sickness, trauma, tragedy or loss of a loved one," said Caroline

McCormack, one of the participants. "I wanted to have a better understanding of the grieving process, so I might be a more compassionate listener."

She and Bell learned that process is different for everyone. "My husband's death was preceded by a long illness. My brother's death was sudden," said Bell. "I wondered if something about the timing made a difference in how we experience and cope with grief. I learned that it really does not."

**"The holidays are a time when you reflect on family, and it's hard for someone who's aware that that person isn't there."**

— Carey Gauzens, LCSW

"... We all experience grief in different ways and it can show up at unexpected times and places and so we need to be gentle with ourselves and find ways that we can express our grief in ways that feel healing and safe for us," added Revered Elizabeth Rees, Associate Rector, St. Aidan's Episcopal Church.

This is a point Gauzens tried to underscore: Grieving is an individual process and there is no one-size-fits-all method for coping. Even people who are grieving for the same person can experience it differently and have different needs. "For example, one person might want to talk about the loss, but others might not," she said. "It's important to be sensitive to family members who grieve differently and compromise so that each person feels emotionally safe."

Cultivating self-awareness and knowing what is normal to expect while one is grieving is important. "Sometimes the symptoms are so intense it makes people feel like they're going crazy and frightens them sometimes," said Gauzens. "They might cry at the drop of a hat, get angry or feel unable to control their emotions. There could become deeply distracted or confused like get lost going someplace they know well."

"Give yourself permission to make careful decisions about how you'll spend your time," she added. "It's helpful to discern within yourself what feels right. Decide whether to maintain holiday traditions or do something completely different."

Avoiding all festive, social activities might do more harm than good, however. "A person who's grieving might end up isolating because they won't go to places they once went to with the person they've lost," said Gauzens.

Instead, Gauzens suggests planning "something to look forward to after the holiday to reward yourself for getting through the holidays."

She also stressed the need for self-care, including exercising, eating healthy and staying hydrated. "It's important to minimize your use of mood altering substances like alcohol," said Gauzens. "It's tempting to try to numb the pain, but it comes back."

Changing customs can make holidays less painful, says Dr. Linda Gulyn, Ph.D., professor of psychology, Marymount University in Arlington. "I like to break with traditions that are familiar and that remind us of the loved one we lost," she said. "Sometimes it's good to shake it up and start a new tradition, so you're looking forward instead of behind you."

"The days are darker and colder, which exacerbates any sadness that we might be feeling anyway," said Gulyn. "Hang in there. It will feel better and you will get through it. The holidays will go by and we'll get back into our routine and productive lives that help with healing."

There is a point however, when assistance from a mental health professional is a necessary, Jerome Short, Ph.D., associate professor of psychology, George Mason University in Fairfax. "People should seek professional help if they have significant distress and difficulty in daily self-care and functioning at home or work that has lasted more than two weeks without improvement," he said. "Common symptoms for depression are low mood, lack of pleasure in previously enjoyable activities, social isolation, and thoughts of hopelessness and helplessness."

## Free Holiday Cab Rides Help Prevent Drunk Driving

**C**ombating that holiday period which the National Highway Traffic Safety Administration says is a "dangerous time to be on the road due to a high number of drunk drivers behind the wheel," a local nonprofit organization will offer free cab rides to would-be drunk drivers throughout the Washington-metropolitan area during the winter holidays.

Washington Regional Alcohol Program (WRAP), operates the annual Holiday SoberRide program between 10 p.m. and 6 a.m. each evening between Friday, Dec. 16, 2016 and Sunday, Jan. 1, 2017 as a way to keep local roads safe from impaired drivers during this traditionally high-risk, holiday period.

During the evening hours, between Dec. 16 and Jan. 1, Washington-metropolitan area residents celebrating with alcohol

may call the toll-free SoberRide phone number 1-800-200-TAXI and be afforded a no-cost (up to \$30 fare), safe way home.

"Last December, nearly 1,500 (1,456) Greater Washington residents did the right thing and availed themselves of this lifesaving service rather than possibly driving home impaired," said Kurt Gregory Erickson, WRAP's president. "For SoberRide's hours of operation during just

last New Year's Eve, alone, such ridership (580) translated into the removal of a would-be drunk driver from our shared roadways every 49-seconds."

Since 1993, WRAP's SoberRide program has provided 65,385 free cab rides home to would-be drunk drivers in the Greater Washington area.

More information about WRAP's SoberRide initiative can be found at [www.soberride.com](http://www.soberride.com).



# NEWS

## Environmental Ambassador Team wins Clean Fairfax Grant

Thanks to the family and friends of the Lanier Middle School and community at large the FCCLA (Family, Career, and Community Leaders of America) won a grant. Due to the number of "likes" on the Clean Fairfax Facebook page, the City of Fairfax FCCLA will be using the \$500 grant to educate all seventh grade students about the dangerous effects of household products on the environment especially the Chesapeake bay Watershed.

Three eighth grade Lanier MS students, Nadia Wilborne, Noor Abdulrahman, and Courtney Primm, will represent the City of Fairfax FCCLA at the district competition in the Environmental Ambassador STAR event. STAR (Students Taking Action for Recognition) events are developed to allow students to become leaders in specific categories.

Clean Fairfax has provided the City of Fairfax FCCLA with a \$500 grant to carry out an environmental campaign to help the Chesapeake Bay Watershed. Using STEM concepts in the FACS classes, the students intend on creating an earth friendly laundry detergent using non-toxic ingredients. The chapter members will make a sample of the final product for all 492 seventh graders at Lanier MS.



**Lanier MS students, from left, Nadia Wilborne, Noor Abdulrahman, and Courtney Primm, will represent the City of Fairfax FCCLA at the district competition in the Environmental Ambassador STAR event.**

After a brief presentation on the impact of household products on the health of the Chesapeake Bay in every seventh grade science class, each student will be given the sample along with the actual recipe to take home.

The girls, all FACS students (Family and Consumer Sciences) will do a ten minute presentation at the district FCCLA competition using the FCCLA Planning Process showing their steps in developing the project. The team will also need to create a portfolio based on the guidelines of the FCCLA rubric for the Environmental Ambassador category. The girls hope to move on to the State Leadership Conference in April 2017 in Virginia Beach.

## California University Buys Portion of Fair Lakes

BY KEN MOORE  
THE CONNECTION

California University of Management and Sciences, with South Baylo University, bought a 54,720 square foot building in Fair Lakes to operate classes.

"This university wants to, we have a new 'r-word,' repurpose the vacant building in Fair Lakes by moving into it," said Planning Commission Chairman and Springfield District Commissioner Peter Murphy. "They want to get it back active with a good use."

The Planning Commission recommended approval of the application, and the Board of Supervisors will hold a public hearing on the application in 2017.

The property is located at the northeast corner of the intersection of Fair Lakes Parkway and Shoppes Lane/Headquarters Drive with direct access from Headquarters Drive, according to Planning Commission documents.

Total enrollment could be approximately 600 students, but the university plans for approxi-

mately 150 students each morning, afternoon and evening session during classes to be held Monday through Saturday. Fifty staff members and staff would be employed, according to staff documents.

"Based on this information, the existing on-site parking of 212 spaces on the subject property would be sufficient to accommodate the proposed use," according to Carmen Bishop, of Planning and Zoning.

California University of Management and Sciences and South Baylo University sought to amend a 4.37-acre portion of the seventh Final Development Plan associated with RZ 82-P-069 to include a college or university as a permitted secondary use for the existing 54,720-square foot office building on the subject property.

The site is part of the original 620-acre Fair Lakes development which was rezoned to the PDC District in 1984.

California University of Management and Sciences has campuses in Anaheim, San Diego and Northern Virginia.

# THE CONNECTION

Newspapers & Online

## UPCOMING SPECIAL EDITIONS

<b>DECEMBER</b>	
2/28/2016.....	Children's Connection 2016
<b>JANUARY</b>	
1/4/2017.....	Wellbeing, Renewal, Resolutions
1/11/2017.....	HomeLifeStyle
1/18/2017.....	A+ Camps & Schools
1/25/2017.....	Community Guide
1/25/2017.....	Winter Fun, Food, Arts & Entertainment; Valentine's Preview
<b>FEBRUARY</b>	
2/1/2017.....	Valentine's Dining & Gifts I
2/1/2017.....	Wellbeing - National Children's Dental Health Month
2/8/2017.....	HomeLifeStyle
2/8/2017.....	Valentine's Dining & Gifts II
Valentine's Day is February 14	
2/15/2017.....	A+ Camps & Schools

Email [SALES@CONNECTIONNEWSPAPERS.COM](mailto:SALES@CONNECTIONNEWSPAPERS.COM) for Special Pricing

**Have The Connection emailed directly to you every week!**  
[www.connectionnewspapers.com/subscribe](http://www.connectionnewspapers.com/subscribe)

**LOCAL MEDIA CONNECTION**  
Newspapers & Online  
703-778-9431  
[www.ConnectionNewspapers.com](http://www.ConnectionNewspapers.com)

**Reaching Suburban Washington's Leading Households**

- Alexandria Gazette Packet
- Arlington Connection
- Burke Connection
- Centre View
- Chantilly Connection
- Fairfax Connection
- Fairfax Station/Oldtown/Lorton Connection
- Great Falls Connection
- McLean Connection
- Mount Vernon Gazette
- Oak Hill/Henderson Connection
- Potomac Almanac
- Reston Connection
- Springfield Connection
- Vienna/Dalton Connection

## Home of the \$6,850 Bathroom Remodel

### From Now to WOW in 5 Days Guarantee

# TWO POOR TEACHERS

## Kitchen and Bathroom Remodeling

**10% down**  
nothing until the job is complete for the past 17 years

Select your products from our Mobile Showroom and Design Center

Fully Insured & Class A Licensed Since 1999

**Free Estimates**  
**703-999-2928**  
 Visit our website: [www.twopoorteachers.com](http://www.twopoorteachers.com)

# COMMUNITIES OF WORSHIP

*Jubilee Christian Center*  
*"Loving People to Life"*  
 Worship Gathering - Sunday 8:45 & 11 AM  
 Sunday School 10:10 AM  
 Sun. Evening - Realtime Worship & Youth 6 PM  
 Family Night - Wednesday 7:15 PM  
 Home Life Groups, College/Young Adult Ministries, and Living Free Support Groups  
 Visit our Website: [www.jccag.org](http://www.jccag.org)  
 4650 Shirley Gate Road, Fairfax  
 Bill Frasnelli, PASTOR 703-383-1170

## To Advertise Your Community of Worship,

## Call 703-778-9418



# EMPLOYMENT

ZONE 2: • BURKE  
• FAIRFAX • SPRINGFIELD  
• FAIRFAX STATION/CLIFTON/LORTON

# CLASSIFIED

703-778-9411  
ZONE 2 AD DEADLINE:  
TUESDAY NOON

## OLD DOMINION HOME CARE

Immediate Shifts Available  
CNA's and Companions  
Flexible Hours  
Must have a valid driver's license  
Also Hiring for Live In  
Olddominionhomecare.com  
703-273-0422

101 Computers

101 Computers

21 Announcements

21 Announcements

21 Announcements

## HDI COMPUTER SOLUTIONS

JENNIFER SMITH ♦ Serving the Area Since 1995

- > Speed Up Slow Computers
- > Virus Removal
- > Computer Setup
- > Help with Windows 8 & 10



571-265-2038

Jennifer@HDIComputerSolutions.com

## Donate A Boat or Car Today!

BoatAngel

"2-Night Free Vacation!"

1-800-CAR-ANGEL

www.boatangel.com

sponsored by boat angel outreach centers

STOP CRIMES AGAINST CHILDREN



THE CONNECTION  
NEWSPAPERS

CLASSIFIED

For Local...

- Employment
- Employees
- Services
- Entertainment
- Announcements
- Real Estate
- Cars
- Trucks
- Vans
- RV's
- Boats
- Pets
- Yard Sales
- Crafts
- Hobbies
- And More!

For All  
Your  
Advertising  
Needs...

It Works.  
Week  
After Week.

703  
917-6400

Place  
Your  
Ad  
Today!

THE CONNECTION  
to your community



## DRIVERS - Class A CDL

We are seeking a CDL Automotive Parts  
Dedicated Route Specialist

Black Horse Carriers has Driver openings for experienced Drivers at our new ALEXANDRIA, VA Location - It's an exciting time to join our new team of drivers, APPLY TODAY! Dedicated routes, 5-day work week, Home daily. PM Routes. Guaranteed \$1200 a week with potential to earn more based on miles and stops. Driver will handle freight. Automotive parts delivery experience a plus. New Equipment (2013) or newer with XM Radio. These are full time positions with benefits. Candidates must have at least 2 yrs. Exp. and a Class A CDL with a solid MVR.

Please email jobs@blackhorsecarriers.com. We prefer applicants apply online, but if necessary, please call 630 333 5564 during normal business hours. EOE. Drug Testing is a condition of employment www.blackhorsecarriers.com

## HOW TO SUBMIT ADS TO

THE CONNECTION  
Newspapers & Online

## CLASSIFIED

### DEADLINES

Zones 1, 5, 6.....Mon @ noon

Zones 2, 3, 4.....Tues @ noon

E-mail ad with zone choices to:  
classified@connectionnewspapers.com  
or call Andrea @ 703-778-9411

## EMPLOYMENT

### DEADLINES

Zones 1, 5, 6.....Mon @ noon

Zones 2, 3, 4.....Tues @ noon

E-mail ad with zone choices to:  
classified@connectionnewspapers.com  
or call Andrea @ 703-778-9411

## ZONES

- Zone 1: The Reston Connection  
The Oak Hill/Herndon Connection
- Zone 2: The Springfield Connection  
The Burke Connection  
The Fairfax Connection  
The Fairfax Station/Clifton/  
Lorton Connection
- Zone 3: The Alexandria Gazette Packet  
The Mount Vernon Gazette
- Zone 4: Centre View North  
Centre View South
- Zone 5: The Potomac Almanac
- Zone 6: The Arlington Connection  
The Vienna/Oakton Connection  
The McLean Connection  
The Great Falls Connection

## Educational Internships

Unusual opportunity to learn many aspects of the newspaper business. Internships available in reporting, photography, research, graphics. Opportunities for students, and for adults considering change of career. Unpaid. E-mail internship@connectionnewspapers.com

THE CONNECTION  
NEWSPAPERS

Find us on Facebook  
and become a fan!

www.Facebook.com/  
connectionnewspapers

THE CONNECTION  
Newspapers & Online  
The Connection to Your Community  
www.connectionnewspapers.com

For a free digital subscription to one or all of the 15 Connection Newspapers, go to  
www.connectionnewspapers.com/subscribe

Complete digital replica of the print edition, including photos and ads, delivered weekly to your e-mail box.

Questions? E-mail:  
goinggreen@connectionnewspapers.com

THE CONNECTION  
NEWSPAPERS

21 Announcements

21 Announcements

21 Announcements

21 Announcements

**SPECIAL OFFER!**

WAS \$38.79  
**\$19.84**  
NOW ONLY

Save 35% & FREE SHIPPING  
Call Toll-Free 1-800-270-5919  
to Order Item SPX45  
or Visit PittmanDavis.com/SPX45

## Unleash your hidden superpowers

Become a foster parent.

Kids in our community need super parents like you.

Call us today!  
855-367-8637  
www.umfs.org



UMFS  
Unleashing champions  
for children and families.



ZONE 2: • BURKE  
• FAIRFAX • SPRINGFIELD  
• FAIRFAX STATION/CLIFTON/LORTON

## HOME & GARDEN

CONNECTIONNEWSPAPERS.COM

CONTRACTORS.COM

703-778-9411

ZONE 2 Ad DEADLINE:  
TUESDAY NOON

### ELECTRICAL

### ELECTRICAL

## K & D ELECTRIC

COMMERCIAL / RESIDENTIAL SERVICE  
Family Owned & Operated

Recessed Lighting  
Ceiling Fans  
Phone/CATV  
Computer Network Cabling  
Service Upgrades  
Hot Tubs, etc...

Licensed/Bonded/Insured  
Office 703-335-0654  
Mobile 703-499-0522  
lektrkman28@gmail.com

### LANDSCAPING

#### A&S CONSTRUCTION

SOD, Mulch, Clean-Up  
Leaf Removal  
Hauling.  
703-863-7465

Do what  
you can, with  
what you have,  
where you are.  
-Theodore  
Roosevelt

### LAWN SERVICE

### LAWN SERVICE

### GUTTER

### GUTTER

## GUTTER CLEANING

Gutters and Downspouts Cleaned  
Small Repairs • Gutter Guards

### PINNACLE SERVICES

lic/ins 703-802-0483 free est.  
email jamie@lawnsandgutters.com  
web: lawnsandgutters.com  
Friendly Service with a Friendly Price!

### HANDYMAN

### HANDYMAN

## RCL HOME REPAIRS

Handyman Services

Springfld • Burke • Kingstowne  
Light Electrical • Plumbing •  
Bathroom Renovation • Ceramic Tile •  
Drywall Repair

703-922-4190

LIC. www.rclhomerepairs.com INS.

### IMPROVEMENTS

### IMPROVEMENTS

## A&S Landscaping

- All Concrete work
- Retaining Walls • Patios
- Decks • Porches (incl. screened) • Erosion & Grading Solutions
- French Drains • Sump Pumps
- Driveway Asphalt Sealing



703-863-7465

LICENSED

Serving All of N. Virginia



## RN. CONTRACTORS, INC.

Remodeling Homes, Flooring,  
Kitchen & Bath, Windows,  
Siding, Roofing, Additions &  
Patios, Custom Deck, Painting

We Accept All Major Credit Cards

Licensed, Insured, Bonded • Free Estimates • Class A Lic

Phone: 703-887-3827

E-mail: rncontractorsinc@gmail.com

www.rncontractors.com



An expert is someone  
who knows some of the worst  
mistakes that can be made in his  
subject and how to avoid them.  
-Werner Heisenberg

## J.E.S. Services

Your neighborhood company since 1987

703-912-6886



### Landscaping & Construction

Free Estimates • Fully Licensed & Insured

- Planting & Landscaping Design
- Drainage & Water Problems
- Concrete Driveways, Replacement or New
- Patios and Walks • Masonry Work or Dry Laid
- Paver, Flagstone, Brick, any style you choose
- Retaining walls of all types

All work Guaranteed

### PAVING

### PAVING

## GOLDY BRICK CONSTRUCTION

Walkways, Patios, Driveways,  
Flagstone, Concrete  
FREE ESTIMATES  
Licensed, Insured, Bonded  
703-250-6231

### TILE/MARBLE

### TILE/MARBLE

## BATHROOM REMODELING

by Brennan Bath and Tile

Partial or Full. Kit. Floors, Backsplashes.  
Specializing in Ceramic, Porcelain, Glass Tiles  
and Natural Stones. Also repair work. 35 yrs exp.

www.brennan-tile.com

703-250-2872

Licensed • Bonded • Insured

### TREE SERVICE

### TREE SERVICE

## Quality Tree Service & Landscaping

Reasonable prices. Licensed & insured.



### Summer Cleanup...

Tree removal, topping & pruning,  
shrubbery trimming, mulching,  
leaf removal, planting, hauling,  
gutter cleaning, retaining walls,  
drainage problems, etc.

25 years of experience – Free estimates

703-868-5358

24 Hour Emergency  
Tree Service



PHOTO COURTESY OF FAIRFAX COUNTY FIRE AND RESCUE DEPARTMENT

The fire was caused by improperly disposed fireplace ashes. The property damage is estimated at \$60,000.

## Fireplace Ashes Spark Fairfax House Fire

On Sunday, Dec. 18, at 4:28 p.m., units from Fairfax County Fire and Rescue Department and the City of Fairfax Fire Department were dispatched for reports of a house fire in the 5200 block of Concordia Street in the Fairfax area of Fairfax County.

Fire Station 32, Fairview, arrived first on scene and reported light smoke showing from the garage of a two-story single family home. Crews worked to extinguish the fire. They were able to bring the fire under control within eleven minutes of being dispatched to the scene.

The homeowner returned home and discovered the fire upon entering the house and called 911. A smoke alarm was present and had activated. Two adults and one child were displaced as a result of the fire. Red Cross assistance was offered and declined.

Fire Investigators determined the fire originated in a family room and was accidental in nature. The fire was caused by

improperly disposed fireplace ashes. The property damage is estimated at \$60,000.

The Fairfax County Fire and Rescue Department would like to remind all residents to be cautious and keep safety in mind when handling fireplace ashes. Following a few simple safety tips can help keep you and your loved ones safe.

❖ Do not discard your ashes into any combustible container such as a paper or plastic bag, a cardboard box, or a plastic trash can.

❖ Do not place ash containers on decks, porches, or in garages.

❖ Put ashes into a non-combustible metal container with a lid.

❖ Pour water into the container to make sure the ashes are cool.

❖ Keep your can outside the home, away from your fireplace or stove and anything combustible.

❖ Teach all family members to be safe with ashes from your fireplace or wood stove.

## SCHOOL NOTES

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. Deadline is Friday. Dated announcements should be submitted at least two weeks prior to the event.

**Katherine Hough**, Fairfax Station, has been awarded the Boeing Scholarship for outstanding academic achievement in the Volgenau School of Engineering at George Mason University.

**Vocal musicians from 12 Fairfax County public schools** have been named to the Virginia Honors Choir for 2016. This select choir is open only to the top 125 singers from around the Commonwealth of Virginia, and is the highest honor a choir student can attain during his or her high school career. Thirty-one Fairfax County Public Schools (FCPS) students were selected for the choir, and five students were named as alternates. The choir will perform at the Virginia Music Educators Association (VMEA) convention to be held at the Omni Homestead Resort in Hot Springs, Nov. 17-19. FCPS students named to the 2016 Virginia Honors Choir include the following students from our area schools: **Woodson High School:** Megan Humes, Caroline Grass, Jacob Lamb, Lucas Valdes, and Marc Manaloto and **Hayfield Secondary School:** Jessica Pressley.

**Jonathan Whittington**, Kathryn Her-ring, Emma Zettlemoyer, of Springfield; **Bridget Ray** and **Kirsten Chase**, of Burke; received \$2,000 scholarships from the Scholarship for Military Children Program in July 2016. **Jane Gibbins-Harding**, of Springfield, was named to the dean's list at Bethany College for spring 2016.

U.S. Air Force Airman **Brian A. Zamfino** graduated from basic military training at Joint

Base San Antonio-Lackland, San Antonio, Texas. Zamfino is the son of Joanne and Joseph Zamfino of Springfield. He is a 2015 graduate of West Springfield High School.

**Thomas Miskimins**, of Fairfax, graduated with a master of arts, in Spring 2016 from the University of New Haven.

**Jordan Ecker**, of Fairfax, is on the spring 2016 dean's list at the University of Minnesota-Twin Cities.

**Caroline Dickson**, of Fairfax, is on the spring 2016 dean's list at the University of Maine-Orono.

Allison Righter Moore, and Sarah Ann Hughes Cushing-Spiller, of Springfield, is on the dean's list at Hollins University, for the 2016 spring semester.

**James Butler**, a Lake Braddock Secondary School graduate, was inducted into the Naval Academy Class of 2020 on June 30, 2016.

**Kyle Austin Walsh**, of Fairfax, and **Abigail Lynn Lackey**, of Springfield, were named to the honors list for the 2016 spring 2016 semester at Averett University in Danville.

**Katherine Marie Hough**, of Fairfax Station, is on the dean's list at George Mason University for spring 2016.

**Anna Kormis**, of Springfield, graduated from Emory and Henry College in spring 2016.

**Kyle Austin Walsh**, of Fairfax, graduated from Averett University in June 2016, was among the 261 students to receive diplomas during Averett University's May 7 Commencement.

**Megan R. Seymour**, **Megan F. Cummins**, **Thomas S. Cohen**, of Fairfax, **Joshua D. Harlowe**, **Samantha E. Kinde**, **Melissa A. Schwartz**, of Springfield; **Sean C. Baird**, of Fairfax Station; graduated from Boston University in spring 2016.

**Helene J. Decosse**, **Alexis J. Fahrney**, **Jessica M. Ochoa**, of Fairfax, are on the dean's list at Boston University for spring 2016.



12

VIRGINIA

2016

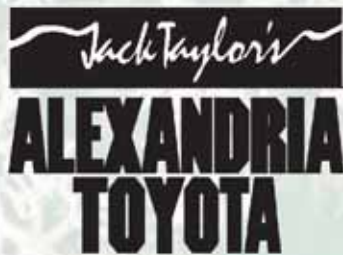
# Special VIP Offer for your Toyota



ServiceCenters  
Keep Your Toyota a Toyota



3750 Jefferson Davis Hwy • Alexandria, VA 22305 • 703-684-0710 • [www.alexandriatoyota.com](http://www.alexandriatoyota.com)



3750 Jefferson Davis Hwy • Alexandria, VA 22305



**Service & Parts Dept. Hours:**  
Monday - Friday, 7:00am to 9:00pm  
Saturday, 8:00am to 5:00pm

**YOU HAVE SATURDAY OFF.  
THAT'S EXACTLY WHY WE DON'T!**

**ToyotaCare Customers**  
Don't Forget Your **FREE** Service.  
5,000 • 10,000 • 15,000 • 20,000 • 25,000  
Mile Services  
Call your ASM for details  
**ToyotaCare Plus \$299<sup>00</sup>**  
Covers up to 4 years/45,000 miles

**NOW AVAILABLE**

**TOYOTA GENUINE SERVICE**  
**VARIABLE DISCOUNT**  
**\$5.00 OFF** with purchase of \$35.00 - \$49.99  
**\$10.00 OFF** with purchase of \$50.00 - \$99.99  
**\$15.00 OFF** with purchase of \$100.00 - \$199.99  
**\$20.00 OFF** with purchase of \$200.00 - \$499.99  
**\$50.00 OFF** with purchase of \$500.00 Or more

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 12/31/16

**GENUINE TOYOTA**  
**SIGHT LINE WIPER BLADES**  
**\$10 OFF**  
Sight Line only.

NOT VALID WITH ANY OTHER OFFER. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF PURCHASE. VALID ONLY AT ALEXANDRIA TOYOTA PARTS CENTER ONLY. 8:00AM THRU 5:00PM

**BUY 3 TIRES  
AND GET THE 4TH FOR \$1**

**SEE SERVICE ADVISOR FOR DETAILS.**  
**GOT TIRES?**  
INCLUDES ROAD HAZARD PROTECTION, TIRE WARRANTY,  
AND FREE COURTESY INSPECTION.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 12/31/16

**TRUESTART BATTERY SPECIAL**  
**\$99<sup>95</sup>**

INCLUDES BATTERY INSTALLATION  
Includes: 84 month warranty,  
24 month **FREE** replacement,  
24 month **FREE** roadside assistance.  
Does not apply to hybrid batteries.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 12/31/16

**TOYOTA GENUINE SERVICE**  
**BRAKE SPECIAL**  
**\$99<sup>95</sup>**

INCLUDES: Install Genuine Toyota front brake pads; inspect front & rear rotors & drums, check tire condition and inspect all hardware. TCMC pads only.  
**MACHINE ROTORS AN ADDITIONAL \$199.95.**

DOES NOT APPLY TO ALL VEHICLES PLEASE SEE SERVICE ADVISOR FOR DETAILS. NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 12/31/16

**TOYOTA GENUINE SERVICE**  
**\$29<sup>95</sup> LUBE, OIL & FILTER SERVICE SPECIAL \$49<sup>95</sup>**

**NON-SYNTHETIC** INCLUDES: Change oil (up to 5 qts.), install Genuine Toyota oil filter, inspect & adjust all fluid levels and complimentary multi-point inspection with print out.  
**SYNTHETIC**

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 12/31/16

**TOYOTA GENUINE SERVICE**  
**30,000 MILES FACTORY RECOMMENDED SERVICE**  
**\$159<sup>95</sup>**  
Synthetic \$10 More

INCLUDES: Change engine oil & filter (up to 5 qts.), rotate tires, inspect wear and adjust pressure, measure brake pad thickness & rotor runout, replace cabin air filter (if equipped), replace engine air filter, reset maintenance reminder light (if applicable) and multi-point vehicle inspection.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 12/31/16

**TOYOTA GENUINE SERVICE**  
**15% OFF ANY ACCESSORIES**

• Apparel • Window visors • I-pad adaptors •  
• All weather floor mats • Toyota bedliners •

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 12/31/16



**TOYOTA GENUINE SERVICE**  
**10% OFF OVER THE COUNTER PARTS**

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 12/31/16

© SMS Productions, Inc. 1-800-289-7671 #201611029

**CALL FOR AN APPOINTMENT AT 703-684-0710 OR SCHEDULE ONLINE AT [ALEXANDRIATOYOTA.COM](http://ALEXANDRIATOYOTA.COM)**