

# HomeLifeStyle

Page 8

Fairfax mayoral candidates (from left) Michael **DeMarco**, Ellie Schmidt and David Meyer participated in a forum held Feb. 7 at the City of Fairfax Regional Library.

# LEA

# From City Council to Mayor

Fairfax Lawmakers' Last Call for Input News, Page 10

City of Fairfax Band To Perform in France At D-Day Ceremonies

News, Page 4

Ell

News, Page 3

PHOTO BY BONN January 12-18, 2016

ONLINE AT WWW.CONNECTIONNEWSPAPERS.COM

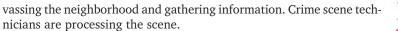
IE HOBBS/THE CONNECTION

#### Week in Fairfax

## Double Shooting on Okla Drive, Decedent Identified

As detectives continue their investigation into the Jan. 6 double shooting on Okla Drive, they have identified the deceased woman as 51year-old Donna Pentek. The 53-year-old man who was shot, remains in the hospital but his injuries are now considered non-life-threatening. Detectives are attempting to piece together a chronology of the events that led to the shooting.

At 3:25 on Jan. 6, police got a call for a shooting at a home in the 9200 block of Okla Drive in Fairfax; the call came from a family member. When officers arrived, they found a woman who had been shot; she was pronounced dead at the scene. They also found a man who had been shot; he was taken to the hospital with life-threatening injuries. Detectives believe this is a domestic-related incident and that there is no threat to the community. They are conducting interviews, can-



Police are asking anyone with information about this incident to contact Detective J. Vickery at 703-246-7800.

## Need Donations for Children's Coats

The local Fire Department has partnered with City of Fairfax Schools Superintendent Peter Noonan and City of Fairfax Firefighters Local 2702 as ambassadors in Operation Warm, providing new winter coats for local children living in poverty. Firefighters will personally help fit each child with a new coat. Financial donations are accepted at www.operationwarm.org/ fairfaxcity and Operation Warm, P.O. Box 822431, Philadelphia, PA 19182-2431; if paying by check, write "Local 2702" in the memo line.

> JOIN US FOR AN OPEN HOUSE Saturday, January 21, 2017 2:00pm-4:00pm 700 W Broad St Falls Church, VA

# The Kensington promises to love and care for your family as we do our own *Opening Soon in Falls Church*

ur beautiful assisted living and memory care residence is well on its way toward completion! We can't wait to officially open our doors to welcome residents, their families and friends. To those who have already chosen to entrust us with the care of loved ones, thank you. To those we haven't met yet, we look forward to the time when we do. Our own families make our hearts full, but we have plenty of room for yours. Stop in for a visit, and tell us what you need to help keep the seniors you love safe, secure, well, and most of all, happy. We're eager to deliver on our promise to love and care for them as we do our own.



#### Vietnam Veterans Host Award Winning Documentary in Fairfax

On Tuesday, January 24, at 7:30 p.m., Vietnam Veterans of America Chapter 227 will host the award winning documentary film, "Thank You For Your Service," at the Angelika Film Center, Mosaic District, in Fairfax. Dealing with the mental health issues confronting many recently returning veterans, this is described as one of the best films of the year. It won best film at the 2016 G.I. Film Festival. Tickets are on sale at: http://gathr.us/screening/18521. There are no box office sales.

The film takes aim at the failed mental health policies within the U.S. military and their tragic consequences. It tells the stories of four struggling Iraq War veterans, along with interviews of top military and civilian leaders. Observing the systemic neglect, the film argues for significant internal change and offers a roadmap of hope.

Interviews include Defense Secretary Robert Gates, Admiral Mike Mullen, Generals David Petraeus and Loree Sutton, Sebastian Junger, Nicholas Kristof, Dexter Filkins, Senator Patty Murray, Mayor Rudy Giuliani and Colonels Lawrence Wilkerson and Dave Sutherland.

There will be a short panel discussion after the film featuring Carrie Ann Alford, Policy Director, Virginia Department of Veterans Services, Dr. Joseph Tarantolo, a psychiatrist in Washington, D.C. (who appears in the film) and Maura Levesque, a Licensed Clinical Social Worker in Vienna.

Counselors will be available in the audience in case anyone finds the film too disturbing.

Access the movie trailer at: https://www.youtube.com/ watch?v=SNJrXxHCGDU.

#### Faith Notes

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. Deadline is Friday. Dated announcements should be submitted at least two weeks prior to the event.

**Fairfax Baptist Temple**, at the corner of Fairfax County Parkway and Burke Lake Roads, holds a bible study fellowship at 9 a.m. Sundays followed by a 10 a.m. worship service. Nursery care and children's church also provided. 6401 Missionary Lane, Fairfax Station, 703-323-8100 or www.fbtministries.org.

**Grace Presbyterian Church** offers Sunday school for all ages at 9:15, and a blended worship service 10:30 a.m. every Sundaymorning. Coffee and fellowship follows worship. Nursery care is provided from 9:00-11:45. 7434 Bath Street, Springfield. 703-451-2900 or www.gracepresby.org.

FAIRFAX CONNECTION EDITOR KEMAL KURSPAHIC 703-778-9414 or south@connectionnewspapers.com



Some of the overflow, standing-room-only crowd waiting for Monday night's mayoral candidates' forum to start.

# From City Council to Mayor

**Candidates** express their views on the issues facing Fairfax.

> By Bonnie Hobbs The Connection

t was standing-room-only Monday night, Jan. 9, as some 140 residents packed a meeting room and spilled into the hall to hear the views of their candidates for Fairfax City mayor. A special election will be held Feb. 7, and City Council members Michael DeMarco, David Meyer and Ellie Schmidt are all vying for the job.

The League of Women Voters of the Fairfax Area sponsored the 90-minute forum at the City of Fairfax Regional Library. Each candidate made brief opening and closing statements and answered questions posed by the audience:

Q: What qualities make you a good candidate for mayor?

DeMarco: "I'm in my third term on City Council and have 30 years' experience as an executive in finance and marketing with Exxon/Mobil. I'm a strong leader and someone who's innovative, listens, researches and finds data-based solutions to moving forward - but not extreme; usually something in the middle is the best approach."

Meyer: "I was raised in a family with a service ethic, so it's part of my fabric. I'm in my fifth term on the Council. And as an executive with the Nuclear Regulatory Commission for 37 years, I've helped lead organizations to plan, think strategically and come to consensus. A mayor leads a group of leaders and must be able to work well with them. And I believe I have the personal temperament, openness and commitment for the job."

Schmidt: "My professional experience and volunteer service in the City. I'm in my fourth term on City Council, I grew up in Fairfax and, for over 40 years, I've been an active volunteer in my community and served on several boards and commissions, and I've been a banker and executive vice-president at Cardinal Bank since it began here in 1998. I believe in listening to residents and business leaders and being an inclusive and collaborative leader."

Q: Would you move Fairfax Boulevard development forward or stop it?

www.ConnectionNewspapers.com

Mever: "Fairfax Boulevard can be the driving, economic engine of our City. But Scout on the Circle promised a new grocery store and didn't sign a contract with one, and that's been frustrating. Within 30 days of becoming mayor, I'd bring Combined Properties to the table and ask what it would take to bring this project online."

**Schmidt:** "There are a number of stalled projects along Fairfax Boulevard, and I'm especially concerned about Scout on the Circle. We also have to look at projects' feasibility and what's realistic. I'd look at all the tools we have to deal with blighted buildings and possibly implement a fee system for those buildings to encourage property owners to move along with their development."

DeMarco: "I ran on a platform of success for Fairfax Boulevard, and what's happened there has been disappointing. The mayor is the face and voice of the City, and he has to negotiate with developers to make sure they do what they promise. Combined Properties also owns the Safeway shopping center, and we need to ask what they need to get these projects done. The mayor must be proactive."

Q: What's your position on the University Drive extension project?

Schmidt: "In December, I was the dissenting vote to defer the discussion. I don't think we're ready for that extension. A grid [street] system is important to Northfax, but we don't have a [development] plan, yet. And it would promote cut-through traffic in the residential end of University Drive."

**DeMarco:** "This is a learning experience for us. There's [outside] money available to us, but the street design doesn't allow for parking and frontage. It needs a lot more work; but with additional money for engineering, I think we can get there. But we don't want it to be a cut-through to Eaton [Place]. We want people to stop, get out and shop.'

Meyer: "This is our last opportunity to create an economic engine to position this City for the next 50 years. But there's no viable plan. We were well-intentioned and got the funding, but we didn't have answers to the residents' questions. So I think we should instead ask a national firm to do a plan for the entire site.

Q: With a diminishing revenue base, do you have the courage to make budget cuts to avoid burdening the homeowners?

DeMarco: "It's static, not diminishing. But we See Candidates, Page 5



(From left) are City Council members Michael DeMarco, Ellie Schmidt and David Meyer before the forum begins.

# **Candidates** Tackle the Tough Questions

## Forum held Monday night at City library.

By Bonnie Hobbs The Connection

airfax City Council members Michael DeMarco, David Meyer and Ellie Schmidt each hope to become the new mayor on Feb. 7. Below are more of their answers to residents' questions during Monday night's candidates' forum:

Q: How would you attract businesses to the City?

**Schmidt:** "I'd work with the Economic Development Office and Authority and the Chamber of Commerce to attract and retain our businesses. We need to be a business-friendly environment. We already approved a technology zone and a façadeimprovement plan and improved the downtown. And we need to work more closely with GMU because those students could be customers."

DeMarco: "I agree, but we need a three-pronged approach involving residential, retail and commercial. To attract the kinds of businesses we want so people can work where they live, we need branding to let people know we're business-friendly. There's \$1 billion of untapped, retail business within a 3-mile radius of the City, and we need to work on our commercial centers to encourage people to spend their money here."

Meyer: "We need to design our communities and businesses together. The Inova facility on Gallows Road will see over \$1 billion of investment

and will be expanded substantially over the next 10 years. And the researchers, doctors and medical teams there also have private medical practices, so let's have them come into the City of Fairfax and have our City known regionally as a place where medical practices want to locate."

Q: How will you work with GMU to better integrate town and gown?

Meyer: "GMU is part of our community and a great asset. It represents the largest payroll in the central Fairfax area, and new faculty coming in has moved into the City limits. And we have open, public meetings with the university where residents can express their views."

Schmidt: "We work together on a number of matters, such as the CUE buses. The Mason Enterprise Center is a business incubator, and we hold a get-to-know-you picnic in August. But we need to take advantage of the entire GMU population and continue to work together and be good neighbors to each other."

**DeMarco:** "GMU is growing by leaps and bounds. The new Health and Human Services building there will create jobs, and we need to leverage that. And we need to help the Mason Enterprise Center incubate new businesses. We also need some attractions to draw students into Fairfax to spend their parents' money."

Q: Do you support the Rust Curve project?

DeMarco: "Yes, I supported it. That embankment and erosion on the right-hand side is so bad. Fixing it and the wall

See Future, Page 5

## City of Fairfax Band To Perform in France at D-Day Ceremonies

The City of Fairfax Band (CFB) is headed to France June 1-8 to perform in Normandy and Paris. In Normandy, the band will provide the music for one of the year's most significant observances of D-Day (June 6, 1944): the commemoration and wreath laying at the Normandy American Cemetery and Memorial, which overlooks historic Omaha Beach.

The Virginians' other D-Day related performances include a ceremony at the Brittany American Cemetery and Memorial in Saint-James, France. There rest American military personnel who lost their lives in either the Normandy or Brittany campaigns of World War II. The band also will travel to the town of Sainte-Mère-Église to be part of a D-Day musical salute and parade. In 1944, U.S. paratroopers dropped in and around the town hours before the beach landings. After their Normandy engagements the musicians go to Paris for one outdoor performance.

Joining the CFB will be some members of the Main Street Community Band (MSCB), which is part of the City of Fairfax Band Association.

In addition to seeing France and showcasing their musicianship before an international audience, the ensemble is drawn in a special way to honoring those who fell during and after D-Day. A significant number of CFB members are either retired ca-



The City of Fairfax Band in concert.

reer military, former military musicians, or relatives/descendants of those who served in the D-Day operation.

The band of community musicians is led by former U.S. Air Force officer Robert Pouliot, whose posts included the conducting staff of the U.S. Air Force Band in Washington.

"I salute the members of the City of Fairfax Band Association for making this trip. They will honor well those who made history and gave all to defend liberty, equality, and brotherhood. It is a high honor and great privilege for these musicians from our community to represent our city and our country overseas, to perform in an international setting, and to strengthen even more the strong ties between our people and those of another freedom-loving nation," said Fairfax Mayor Steve Stombres.

On D-Day, military forces from the USA, Great Britain, and Canada conducted history's largest amphibious landing to invade Nazi-occupied France at its Normandy beaches along the country's north coast. The Americans hit two sections, codenamed "Omaha" and "Utah." The D-Day operation opened a second fighting front against Germany, who surrendered in less than a year after simultaneously fighting the Allies in the west and the Russians in the east.

The band will set the stage for its France trip with a D-Day linked concert in Fairfax on May 13 at W.T. Woodson High School. It will remember those veterans with John Williams' moving "Hymn to the Fallen" from the film "Saving Private Ryan," Paul Anka's "The Longest Day" march from the epic D-Day movie, and a medley of tunes by the famous 1940s bandleader Glenn Miller. Colonel Arnald D. Gabriel (ret.), legendary U.S. Air Force Band conductor emeritus, will guest direct.

In addition to the France trip, CFB and MSCB musicians regularly honor U.S. veterans visiting Washington. Band members provide music at Reagan National Airport for former service members arriving as part of "Honor Flights" to see the memorials of the respective wars they fought in.

Upcoming concerts include a Main Street Community Band performance on Feb. 26 at 4 p.m. at Lanier Middle School. The City of Fairfax Band performs a "Barber, Bernstein, and Broadway" concert on March 25 at 7:30 p.m. at Fairfax High School. George Mason University's Mason Cabaret will join the band to perform a variety of Broadway numbers. Details: www.fairfaxband.org.



# City's Future Debated

From Page 3

and the hill are the most expensive parts. The sidewalk will promote walkability and make it attractive."

**Meyer:** "I, too, supported it. There were a lot of heartfelt views about that project, and I believe safety is the overriding concern. All our infrastructure projects are costing more, but we have almost 100percent surety that we'll get the funding needed [to complete this one]. This design, its engineering components and undergrounding of utilities will make it a nice project."

**Schmidt:** "I voted no; it's a steep hill and putting pedestrians there puts them in harm's way. And it has a big price tag, and we've not identified the full funding for it. We should repair the [existing] sidewalk and the erosion."

Q: What have you done to support Fairfax City schools?

**Meyer:** "I have a strong commitment to our schools. My wife teaches chemistry at Fairfax High. I got funding for a second late-bus there, and I'm proud of that accomplishment."

**Schmidt:** "I'm a product of the City schools. I'd continue to support our strong schools through the budget process."

**DeMarco:** "We rely on the School Board to help us manage the schools. It's half our City budget, and I support our schools. But I wonder if there's something we could do to improve the quality of education with less money?"

Q: What's the most important issue facing our City right now?

**Schmidt:** "The redevelopment projects. We need to make sure they fit in size and scale with their surrounding neighborhoods and don't adversely impact traffic. We have to evaluate each opportunity in light of how it impacts current residents and the future of the City."

**DeMarco:** "We need to rebuild our values around collaboration, problem-solving and decision-making with the community. We need to change the culture of how we govern in the City – embracing economic development to support the way of life we're use to, and our diverse population."

Meyer: "We're becoming an older and younger ten to and involve you all."



Hoping to become the City's next mayor are (from left) Michael DeMarco, Ellie Schmidt and David Meyer.

population at the same time. We have more students in our schools and the cost of education is growing. So we need to make the kinds of long-term investments that will keep us viable."

Q: Closing statements from each candidate:

**DeMarco:** "We must continue our steady progress with strong leadership; without change, there's no growth. We need to preserve our neighborhoods and retain our City's character. We also need to maintain our safe, healthy and secure environment to attract the next generation of residents and businesses. As mayor, I'll be attentive, thorough and diligent. Effective leadership is the only way to follow through on our promises."

**Meyer:** "I offer leadership focused on the future. I'll be honest and transparent and ensure that all voices will be heard for the public interest. And I will jumpstart Fairfax Circle and create a process for Northfax to complete our Comprehensive Plan. Our greatest asset is our residents, and we need to work on the big-ticket items together."

**Schmidt:** "I have a thoughtful, balanced approach on the Council and am visible, honest and approachable. I'm committed to inclusiveness with the community and my colleagues. I have experience in finance, strategic planning, leadership and communication and will participate in the community and listen to and involve you all."

# Candidates Debate Fairfax Projects, Priorities

sions and activities, we should use

our many communication meth-

ods to communicate [the available

DeMarco: "Fairfax in the 1970s

was 2-percent diverse, and it's

about 38-percent diverse now. But

it's virtually zero on our boards

and commissions, so we have to

actively recruit and encourage

Meyer: "Fairfax's diversity is

twice the national percentage, but

our leadership doesn't reflect that.

We need to get our diversities to

participate in our government to

them.

opportunities] to people."

#### From Page 3

need to grow our commercial-revenue base by having these commercial centers get that retail in there. Increasing property taxes should be a last resort."

**Meyer:** "We want to bring that commercial level up to get the resources to balance our budget. We need to invest in our commercial base to grow our resources."

**Schmidt:** "We need to fill up the empty commercial spaces and be business-friendly. And we need to live within our means, while prioritizing things like fire and police."

Q: How would you encour-

age diversity in City government? learn leadership and democschmidt: "To encourage diversity in our City boards, commis-Q: When will streetlights be

Q: When will streetlights be installed on George Mason Boulevard?

**Meyer:** "I hope as soon as possible. We have a lot of students walking from campus to downtown and back, and I'd like them to have extra safety. I've asked [City] staff for cost estimates and want it in our budget."

**Schmidt:** "We need to have the information so we can have enough light for our pedestrians."

**DeMarco:** "Lighting there needs to be a priority and needs to be done ASAP."



#### MORE NORTHERN VIRGINIA HOMEOWNERS CHOOSE CASE THAN ANY OTHER LOCAL REMODELER.

This New Year, reimagine your home. . . And let our low cost, proprietary CaseStudy<sup>™</sup> planning process help. We'll collaborate on ideas, document every inch of your space, develop three unique design options - provided in 3D virtual renderings - and include budgeting information and timelines. It's all of the details you need to make informed decisions. And if you don't like what you see, you get your money back - your CaseStudy is 100% guaranteed. Visit casedesign.com or call 703-803-2273 to explore the possibilities.

ADDITIONS | BATHS | CONDOS | EXTERIORS | KITCHENS



DESIGN STUDIOS IN VA | DC | MD

#### THE REGIONAL VETERINARY REFERRAL CENTER



# **OPINION** About the Fairfax Connection

appy New Year. We need your where the photo was taken. help in 2017. As local, weekly newspapers, the Connection's mission is to deliver news that readers need close to home, to help readers enjoy great local places and events, to advocate for community good, to call attention to unmet needs, to provide a forum for dialogue on local concerns, and to celebrate and record milestones and events in community and people's lives.

If you know people or organizations Editorial doing important work, something newsworthy or something that might make a good feature story, let us know.

We want to know if someone in your family or your community published a book, became an Eagle Scout, raised money for a good cause, accomplished a feat like running a marathon or having an art show.

We publish photos and notes of a variety of personal milestones and community events, including births, engagements, weddings, anniversaries, awards and obituaries. Send a photo and tell us about it in 200 words or less to editors@connectionnewspapers.com.

We feature events in our weekly calendars. We are also interested in events at your church, mosque, synagogue, community center, pool, school, club, etc. To have the best chance of getting an event included in our calendar ahead of time, email us the details of the event (who, what, where, when, why) three weeks ahead of time. Email to editors@connectionnewspapers.com.

After your event, email us a photo and a note so we can consider including it in our coverage. Be sure to include the names of all the people who are in a photo, and say when and

By Gerald E. Connolly

sands of letters, emails, phone

calls, and tweets from North-

ern Virginians. Each message is

important to me, but recently

one really caught my attention.

It came from Liz Salter, a 29-

year-old woman from Northern

Virginia. Liz suffers from a rare

pain

throughout the body, kidney

therapy to prevent her disease

from progressing. Each treat-

ment costs more than \$16,000,

failure, and heart disease.

genetic condition,

Fabry Disease. Fabry

Disease can cause

intense

U.S. Representative (D-11)

ver the course of a

normal week, my of-

fice receives thou-

We also publish notes about news and events from local businesses. Notes about openings, new employees, anniversaries are welcome.

Of course we are interested in your news tips and your questions about what is happening in your community.

We are always looking for contributing writers and photographers.

The Connection Newspapers are published by Local Media Connection LLC, an in-

dependent, locally owned company. The publications and websites include the Alexandria Gazette Packet, the

Mount Vernon Gazette, the Centre View, the Potomac Almanac and individual Connection papers and websites serving McLean, Great Falls, Vienna/Oakton, Oak Hill/Herndon, Reston, Springfield, Burke, Fairfax, Fairfax Station/Clifton/Lorton, Arlington, Centreville, Chantilly/Fair Oaks, Alexandria and Mount Vernon. The publications and websites have won hundreds of awards for news and community coverage just in the past few years, including the Virginia Press Association Award for Integrity and Community Service for coverage of efforts to prevent and end homelessness, and Best in Show for information/art for coverage of local parks.

The operation of these community-serving publications is entirely funded by advertising. The papers are delivered free to homes and businesses throughout Northern Virginia, and through free digital subscriptions, with more than 150,000 readers across the region. If you or your organization appreciate the Connection publications, please support them by patronizing our advertisers and by spending a portion of your marketing budget with us.

Republican Repeal Plan Promises Health Care Chaos

For information about advertising, see www.connectionnewspapers.com/advertising, contact sales@connectionnewspapers.com, or call 703-778-9431.

Visit website. 011r www.connectionnewspapers.com and click on "contact us" for quick forms for:

Free digital subscriptions to one or more of our 15 papers: connectionnewspapers.com/ subscribe.

Submit a letter to the editor at www.connectionnewspapers.com/contact/letemail ter or to editors@connectionnewspapers.com.

We provide educational, unpaid internships all year; apply at www.connectionnewspapers.com/internships email letter and resume to editors@connectionnewspapers.com. We wel-

come students and adults. Find us on Facebook at www.facebook.com/ connectionnewspapers.

Follow us on Twitter at www.twitter.com/ followfairfax @followfairfax overall, and locally at McLean Connection: @mcleanconnect, Great Falls Connection: @gfconnection, Vienna and Oakton Connection: @viennaconnect, Oak Hill/Herndon Connection: @herndonconnect, Reston Connection: @restonconnect, Fairfax Connection: @ffxconnection. Burke Connection: @burkeconnection, Springfield Connection: @sprconnect, Fairfax Station/Clifton/ Lorton Connection: @lfsconnection, Centre View: @centreview, Chantilly Connection: @chantillyconnec, Alexandria Gazette Packet: @alexgazette, Mount Vernon Gazette: @mtvernongazette, Arlington Connection: @arlconnection, and Potomac Almanac: @potomacalmanac.

#### Fairfax NNECTION

www.ConnectionNewspapers.com

@FfxConnection

An independent, locally owned weekly newspaper delivered to homes and businesses Published by

Local Media Connection LLC

1606 King Street Alexandria, Virginia 22314

Free digital edition delivered to your email box. Go to connectionnewspapers.com/subscribe

**NEWS DEPARTMENT:** south@connectionnewspapers.com

**Kemal Kurspahic** Editor **\*** 703-778-9414 kemal@connectionnewspapers.com

Bonnie Hobbs Community Reporter **\*** 703-778-9438 south@connectionnewspapers.com

Kyle Kincaid Editorial Assistant south@connectionnewspapers.com

ADVERTISING: For advertising information e-mail: sales@connectionnewspapers.com

703-778-9431 **Debbie Funk** 

Display Advertising/National Sales 703-778-9444 debfunk@connectionnewspapers.com Karen Washburn

Display Advertising, 703-778-9422 kwashburn@connectionnewspapers.com

Andrea Smith Classified Advertising, 703-778-9411 classified@connectionnewspapers.com

**David Griffin** Marketing Assistant 703-778-9431 dgriffin@connectionnewspapers.com

#### **Editor & Publisher** Mary Kimm mkimm@connectionnewspapers.com @MaryKimm

**Executive Vice President** Jerry Vernon 703-549-0004

jvernon@connectionnewspapers.com **Editor in Chief** Steven Mauren

**Managing Editor** Kemal Kurspahic Art/Design: Laurence Foong, John Heinly, Ali Khaligh **Production Manager:** Geovani Flores

Special Assistant to the Publisher Jeanne Theismann jtheismann@connectionnewspapers.com @TheismannMedia

CIRCULATION: 703-778-9427 **Circulation Manager:** Ann Oliver circulation@connectionnewspapers.com



www.ConnectionNewspapers.com

company would impose arbitrary annual or lifetime limits on care, consigning her to bankruptcy or worse. Before the Affordable Care Act, someone like Liz had to worry that if she ever lost her job or chose to find a new job, she could be de-

that her insurance

nied coverage due to her pre-existing condition. For Liz Salter, the Affordable Care Act

means peace of mind. COMMENTARY "When the ACA passed and included the ban on annual and lifetime limits, it was such a relief because, at 29, I could Every two weeks, Liz receives easily reach these limits. Not be-

ing able to get these treatments an enzyme replacement could have a lifelong effect on my health," she told me. "I also was relieved that if I ever lost my job and needed to purchase insurance, for a total of \$400,000 per year. Before the Affordable Care Act, I wouldn't have to worry about someone like Liz had to worry being denied due to a pre-existing



health care. Could we improve it to expand benefits to more Americans and con-

tinue to bring down the cost curve? Of course we could.

condition, as most in-

surance wouldn't

For Liz Salter and so

many of our friends

and neighbors, the Af-

fordable Care Act

means peace of mind

when it comes to

want to cover me."

But that's not what the Republican Majority in Congress is about to do. What they plan to do is repeal it before even introducing a plan to replace it. This reckless approach would raise the deficit, hurt Medicare, bring chaos to the health care market, and put the health insurance of millions of American families in jeopardy.

Here in Virginia, thanks to the Affordable Care Act, 327,000 individuals have gained access to health care, the uninsured rate has dropped by nearly one-third, and annual and lifetime limits have been eliminated for 2,974,000 people, including Liz Salter. Children can stay on their parents' plan until they turn 26 and more than 114,138 seniors have saved an average of \$1,015 on prescription drug costs. Make no mistake, all of that is at risk if Republicans repeal the Affordable Care Act.

It may have made good politics to demagogue the Affordable Care Act, but stories like Liz's are common throughout Northern Virginia and they demonstrate that our health care system is far better today than it was before we acted. I support improvements to the law including expanding Medicaid in states like Virginia, creating even more choices for consumers, and continuing to drive down the cost of care. But just repealing the law is no plan at all; it will just make America sick again.



Photos courtesy of the Humane Society of Fairfax Congressman Gerry Connolly has a house full of animals that include a cat, dog and a 40 year old parrot.

#### Connolly, Bulova Visit Humane Society of Fairfax

The Humane Society of Fairfax (www.hsfc.org) had two special visitors over the holiday come spend time with the animals. Both of them are animal supporters and have been instrumental in pushing animal welfare initiatives in Fairfax. Congressman Gerry Connolly has a house full of animals that include a cat, dog and a 40 year old parrot. Chairman Bulova has two cats in her family now and has always had felines in her home. They both expressed their understanding of the special bond that families have with their companion animals and the important role that animals play in providing comfort especially for senior citizens. Bulova was very appreciative of the Humane Society's Pet Food Pantry and the temporary assistance that is provided to fami-

lies that have fallen on hard times. Without the assistance many families would have to face the painful decision of perhaps having to give up their cat or dog, but with the help of the Pantry they can continue to have their pets included in their families. Donations from the local community provide so much of the assistance. Congressman Connolly continues to receive the highest rating in Animal Welfare legislation in the many bills that he champions in Congress. He was delighted that the Humane Society has a robust community (feral) cat program that plays a critical role in the community by spaying or neutering and vaccinating cats thereby reducing the population of cats who live their lives outside and are cared for by wonderful caregivers.

Chairman Bulova has two cats in her family now and has always had felines in her home.





# Announcing Group Interviews for The Kensington Falls Church Interview with Us at

700 West Broad Street in Falls Church Thursdays from January 19-March 2 at 11am & 4pm Saturdays from January 21-March 4 at 11am

A ve you been searching for an organization with heart? Where you can make a difference in many lives? Where you can grow professionally and personally? Kensington Senior Living has been built upon two key values: a Love for Seniors and a Spirit to Serve. We are looking for individuals who share these values and would like to join our team in Falls Church, where we will love and care for our residents as we do our own families.

#### Now hiring qualified full-time (starting at 30 hours/week) and part-time team members

(Health and dental insurances, life insurance, paid time off and paid holidays for full-time positions. One free meal per day. 401k plan for team members who wish to contribute.)

- Care Managers (CNAs) Care Supervisors (CNAs) Licensed Professional Nurses (LPNs) Wellness Nurses (LPNs and RNs) Activities Coordinators Concierges Dining Coordinators Cooks
- Prep Cooks Utility Staff Servers Maintenance Assistant Housekeepers Porters Drivers Laundry Attendants



An Assisted Living Community

FALLS CHURCH 703.992.9868 www.TheKensingtonFallsChurch.com 700 West Broad Street, Falls Church, VA 22046

For immediate consideration or more details, email FallsChurchCareers@KensingtonSL.com or call 703-992-9868.



This new home office by Anthony Wilder Design/Build incorporates a custom-designed cord control system.

# HomeLifeStyle Photo by Robert Radifera

Storage solutions such as those in this office by Megan Padilla help make home offices aesthetically appealing.

# Organizing a Home Office

By Marilyn Campbell The Connection

hether located in a basement, spare bedroom or kitchen corner, one of the keys to creating a functional home office is organization. Local designers offer suggestions for styling a space that is both practical and aesthetically appealing.

"Start by thinking about how you would like to use your home office and plan accordingly," said Megan Padilla, senior designer at Aidan Design. "Will it be a desk that easily converts to a homework station or craft area or a dedicated home office for the everyday telecommuter?"

Keeping office equipment out of sight will give the space a home-like feel, says Padilla. This can be accomplished by using storage solutions like printer drawers.

Practical home office organizational solutions include roll-out trays for computer

Design ideas for workspace order.

accessories like printers and a wire management system above and below the desk for power cords and computer cables both on top of the desk, advises Chuck Khiel, vice president of Fred Home Improvement, a division of Case. "Create a Bluetooth operational office space," he said.

"Organizing all of the smaller office supplies can be accomplished with a series of coordinated containers for tools such as

pencils, scissors and markers ... or within drawers," added Padilla. "Consider a mix of drawer heights to allow ample storage for smaller desk supplies as well as your typical file folders."

Use open shelving to allow for quick access to frequently used items and book storage. "[It] can also make a smaller space feel more expansive," said Padilla.

If a home office is in a spare bedroom, closets can be repurposed and organized to hide copy and fax machines, says Shannon



... Tech Painting's got you covered!

# New Year, New Order Organizing an unruly

By Marilyn Campbell The Connection

f retrieving an item from the top shelf of one's linen closet sets off an avalanche of mismatched sheets and tattered towels, it might be time for a linen closet reorganization. With a plan and a few tools, tackling the mess won't be a daunting task, say local organizers and designers.

To start, take inventory of existing linens and toiletries to determine storage needs, says Kelly Emerson, designer/showroom manager at Aidan Design. "Begin by organizing like items together," she said. "For example gather bedding and towel sets for specific rooms [like] the guest, master and kids rooms, in groupings so that they are easily identified. If you have the space, consider labeled bins to identify the rooms to which each set belongs.'

Install an LED light inside the closet operated by an automatic switch, so that the light turns on when the door is opened, suggests Chuck Khiel, vice president of Fred Home Improvement, a division of Case. "Create multiple depth shelves, such as deeper shelves on the bottom, shallower shelves higher up," he said. "Deeper lower shelves will allow more efficient use of space."

Organize storage so the most frequently used items are most easily accessible. Allot extra space on upper shelves for seldom-used supplies, like extra blankets and pillows. "Dedicate a shelf to toiletries," said Emerson. "Group tall bottles together ... and use trays or decorative baskets to organize smaller items."

"If one closet is used for multiple bathrooms, consider creating a





www.ConnectionNewspapers.com

♦ FAIRFAX CONNECTION ♦ JANUARY 12-18, 2017



Organizing small office supplies, like this one by Aidan Design, can be accomplished with a series of coordinated containers for tools such as pencils, scissors and markers.

> "Custom built-ins make a huge difference [because] you can tailor the storage space to individual needs and create more functional spaces." - Shannon Kadwell, Anthony Wilder Design/Build.

Kadwell, interior designer at Anthony Wilder Design/Build.

"Add fabric bulletin boards in prominent locations and in a complementary color for

visual appeal," she said. "Custom built-ins make a huge difference as you can tailor the storage space to individual needs and

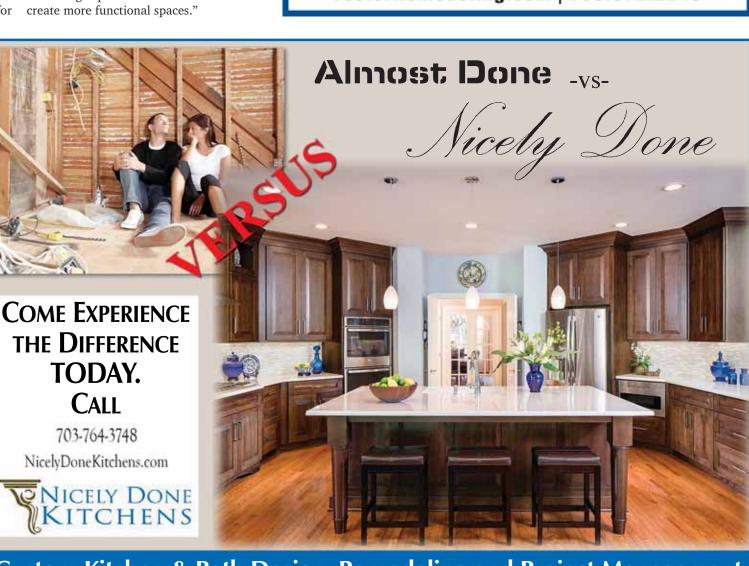
## linen closet.

dedicated shelf for each bathroom," added Kheil.

Devise a solution that is adjustable and flexible enough to handle future changes. "Consider custom built-ins where possible for a more de-centralized storage approach," said Emerson. "This allows for easy access to everyday items and takes some pressure off the main linen closet."

One final recommendation, for those with limited space, a clear over-the door shoe holder is a tool that professional organizer Susan Unger of ClutterSOS in Vienna advises, "It changes dead space the back of the door — into a fabulous space [by] ... holding toiletries. Unger and fellow organizer Lauri Mennel co-authored the book, "Fifty Shades of Organizing."

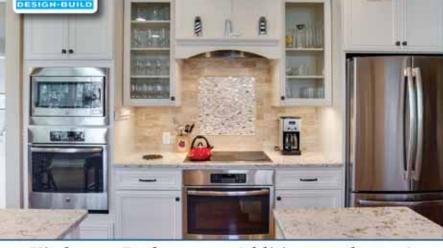
**"Consider custom** built-ins where possible for a more de-centralized storage approach." --- Kelly Emerson, designer/showroom manager at Aidan Design



**Custom Kitchen & Bath Design, Remodeling and Project Management** Visit Our Showroom at 8934 Burke Lake Rd. in Kings Park Shopping Center Hours: 9:30 am - 6 pm Mon.-Fri.; 10 am - 3 pm Sat.



Fairfax Connection & January 12-18, 2017 & 9



Call Foster 703-672-2249

Kitchens • Bathrooms • Additions and more!

Foster Remodeling Solutions is a full-service Northern Virginia Remodeling and Design firm with over 30 years of experience.

We specialize in additions, kitchens, bathrooms and whole home remodels. We are client focused and committed to providing you with personalized service, upfront communications, and expert design and craftsmanship.

Call Today for a complementary in-home consultation!

Kitchens • Bathrooms • Additions Whole Home Remodels • In-Law Suites Entertaining Areas • and more!



FosterRemodeling.com | 703.672.2249





Photos by Tim Peterson/The Connection

More than 80 Fairfax County residents spoke directly to members of the Fairfax delegation to the General Assembly at a public hearing on Jan. 7 at the Fairfax County Government Center.

# Fairfax Lawmakers' Last Call for Input

## More than 80 speak at General Assembly public hearing.

By Tim Peterson The Connection

e're not letting teachers do their jobs," was the plea from Jo Neuber of Vienna

Co-chair of the organization Class Size Counts. Neuber thanked Del. Jim Lemunyon (R-67) for developing three class size bills for the 2017 session of the Virginia General Assembly, including HB1498. Neuber said she was in favor of putting a cap of 24 students in science labs.

Neuber was one of more than 80 Fairfax County residents who spoke directly to members of the Fairfax delegation to the General Assembly at a public hearing on Jan. 7 at the Fairfax County Government Center.

The General Assembly is set to convene in Richmond at noon on Jan. 11, when they will begin work on new or amended legislation for the Virginia Code.

The public hearing was the last chance local constituents had to voice their hopes or concerns for pending or potential legislation in person without traveling to the state capital, though most lawmakers have already all but finalized their legislative agenda for the session.

Education was once again an important topic for many speakers, beginning with Board of Supervisors chairman Sharon Bulova.

"Of the \$21 million in additional state vir

10 & Fairfax Connection & January 12-18, 2017

funding the county was expected to receive in FY2017, \$4.4 of that is already at risk due to the cancellation of funding for raises for teachers and other instructions personnel," Bulova said. "We must get that funding back and we must make sure that funding for those raises is included in the FY2018 budget."

Bulova and Fairfax County Public School Board vice chair Jane Strauss said the Virginia Retirement System rates were accelerated by one year last year, which increases the costs for FCPS by more than \$25 million in FY 2017.

"We ask for help in avoiding funding reductions to our local programs and services," Bulova said, "and opposing restrictions on our local revenues."

Several education advocates echoed Neuber's call to reduce class size, and Bulova's concern for competitive teacher salary levels.

Other topics with numerous speakers included legalization of marijuana for medicinal use; funding for disability services waivers; transportation and congestion reduction; funding for the court system; and the tax on toilet paper, adult diapers and some feminine hygiene products.

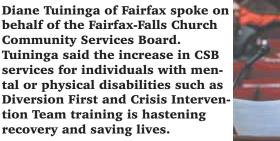
Holly Seibold of Vienna is founder and executive director of the group Bringing Resources to Aid Women's Shelters that provides donated feminine hygiene products to who have insufficient access to them. She urged the delegation to support the "Dignity Act," introduced by Del. Jennifer Boysko (D-86), that would make toilet paper, adult diapers and some feminine hygiene products tax exempt.

For more information on the General Assembly, to track a bill or find out who your representative to the assembly is, visit virginiageneralassembly.gov. Frank Stephens of Fairfax said it was his job to "put a face" on the request by several speakers that lawmakers vote against cuts to disability services waiver slots. "In my case, an unusually handsome face," Stephens said. "These services really do make a difference."

Maya Simbulan of Fairfax is in tenth grade and is living with the effects of a traumatic brain injury. She has limited use of her right hand and her memory is disabled, she said. "Brain Injury Services gave me support and confidence to become the person I am today," said Simbulan. "I want to continue to become part of the community and a successful person."









Bruce Neilson of Fairfax, representing Vienna-based Social Action Linking Together (SALT), advocated for putting unspent Temporary Assistance for Needy Families (TANF) block grant money to good use.

Anna Jullien of Fairfax spoke out against gerrymandering. Onehundred twenty-two incumbents were re-elected in a recent election, she said. "That's not much incentive to get out and vote," said Jullien. Advocating for non-political redistricting reform would provide "a real shot at legitimate accountability to voters," she said.

Calvin Rizek of Fairfax is a student at Virginia Tech and spoke on behalf of the group Decoding Dyslexia Virginia. "My own school didn't teach me how to read," he said. "I worry about other dyslexic students who give up, who aren't diagnosed until later." Rizek encouraged the delegates to support HB842 that would impact teacher preparation and licensure with regards to dyslexia and other learning disabilities.









Annabel Ingson, Grade 5.

## Mantua Elementary Artwork

These two pieces of artwork from Mantua Elementary were printed under the same name in Fairfax Connection children's edition December 29, 2016-January 4, 2017. They are reprinted here with proper artists' names.





Please visit our Web site at: www.shillelaghtravelclub.com for a listing of all our upcoming trips and socials.



# Communities of Worship

Jubîlee Christian Center Loving People to Life Worship Gathering – Sunday 8:45 & 11 AM Sunday School 10:10 AM Sun. Evening – Realtime Worship & Youth 6 PM Family Night – Wednesday 7:15 PM Home Life Groups, College/Young Adult Ministries and Lining Free Support Groups Ministries, and Living Free Support Groups Visit our Website: www.jccag.org 4650 Shirley Gate Road, Fairfax Bill Frasnelli, Pastor 703-383-1170

## **To Advertise Your Community of Worship**, Call 703-778-9418





For a free digi-

tal subscription to one or all of the 15 Connection Newspapers, go to www.connect ionnewspapers.

com/subscribe

Be the first to know – get your

paper before it

Complete digital

hits the press.

replica of the

print edition, including photos

and ads, deliv-

to your e-mail

ered weekly

Questions?

goinggreen@

newspapers.com

I AR SI

1 SA

connection

E-mail:

box.

lost (adj): 1. unable to find the way. 2. not appreciated or understood. 3. no longer owned or known

Helping Animals Find Their Way Since 2001

Volunteers needed for adoption events, fostering, transportation, adoption center caretaking and more.

# Adopt/Donate/Volunteer

www.lostdogandcatrescue.org

# We're OPEN and You're Invited to Visit!



# Get a New Lease on Life SM with us this New Year

The Crossings at Chantilly is a lifestyle worth experiencing - gourmet food prepared by our executive chef, locally sponsored adventures and lectures, and supportive care unique to your needs- all with no large buy-in and we're rental.

Thursday, January 19th - Open House | 11AM - 2 PM | RSVP by Jan 16th.

Thursday, January 26th - Lunch & Learn on Transition and Change for a New Beginning by an expert speaker on Life Changes | 11:30 AM - 2 PM | RSVP by Jan 23rd.

Thursday, February 2nd - Heart Healthy Open House | 11 AM - 2 PM | RSVP by Jan 31st.

To learn more, contact us today at 571.376.5100 or 703.559.1616 or make plans to attend one of our upcoming programs or open houses.



13921 Park Center Road | Suite 355 | Herndon, VA 20171 | thecrossingsatchantilly.com

# **Dentist** with Evelyn Samuel, DMD

What are sealants?

Sealants are clear or white plastic material placed on the chewing surfaces of permanent back teeth. The posterior teeth have deep grooves in them which may be difficult to clean. After eating, plaque and food may settle in the grooves. The bacteria in the plaque cause acids which break down the enamel and may result in cavities. Sealants seal the grooves. A conditioning gel (etchant) is used on the teeth, the sealant is brushed on, and a light hardens the material. Anesthesia is usually not necessary for the application process. Children should receive sealants upon eruption of their permanent molars (around age 6 and 12 years). The sealants may last several years, but over time may need to be replaced. Sealants are an effective measure in the prevention of dental decay.

# Samuel Dental Group 8301 Arlington Blvd., Ste. 207 Fairfax, VA 22301 S71.297.4302 Www.drevelynteaguesamuel.com

# Build Your Community

Support Your Local Businesses.

www.connectionnewspapers.com

to your community



## **UPCOMING SPECIAL SECTIONS**

## JANUARY

1/11/2017	HomeLifeStyle
1/18/2017	A+ Camps & Schools
	Community Guide
1/25/2017	Winter Fun, Food, Arts &
	Entertainment; Valentine's Preview
FEBRUARY	

## FEBRUARY

2/1/2017	Valentine's Dining & Gifts I
2/1/2017	Wellbeing - National Children's
	Dental Health Month
2/8/2017	HomeLifeStyle
2/8/2017	Valentine's Dining & Gifts II
Valentine's Day is F	ebruary 14
2/15/2017	A+ Camps & Schools
2/22/2017	Pet Connection

Email SALES@CONNECTIONNEWSPAPERS.COM for more specials, digital advertising options and pricing.

#### Have The Connection emailed directly to you every week! onnectionnewspapers.com/subscribe

CONNECTION	Reaching Suburban Washington's Leading Households		
Newspapers & Online 703-778-9431 www.ConnectionNewspapers.com	Alexandria Gaette Packet Arlington Connection Suria Connection Centra Verv Chantify Connection	Fairfax Connection Fairfax Station/Cilton/Lotton Connection Gnaut Faill Connection McLaan Connection Mout Version Gazette	Cail Hill-Hendon Connection Potomac Almanac Reston Connection Springfield Connection Viewna/Diston Connection

12 \* Fairfax Connection \* January 12-18, 2017

# Calendar

Send notes to the Connection at connectionnewspapers.com/Calendar/ or call 703-778-9416. The deadline is the Friday prior to the next paper's publication at noon. Dated announcements should be submitted at least two weeks prior to the event.

#### ONGOING

- **"Ispirazione Italiana"** Inspired by Italy Dec. 17 - Jan. 16, Bodzin Art Gallery 8900 Little River Turnpike, Fairfax. Watercolors by acclaimed artist and J member Judy Wengrovitz and special guest artist Eliana Strauss. sarah.berry@jccnv.org, 703-537-3075
- Senior Line Dancing 1 2 p.m. Little RIver Glen Senior Center 4001 Barker Ct, Fairfax. Line Dancing is a gentle, social form of aerobic activity. Studies have shown it aids in warding off Alzheimer's disease. No previous experience needed. Cost: \$5 per 8 week session. barbriba@hotmail.com 703-524-3739
- Fairfax Rotary Club Meeting 12:15-1:30 p.m. Mondays. American Legion, 3939 Oak St., Fairfax. Meetings with luncheon and program. fairfaxrotary.org. Carolina Shag. Wednesdays. 6:30-10
- Carolina Shag. Wednesdays. 6:30-10 p.m. Arlington/Fairfax Elks Lodge, 8421 Arlington Blvd., Fairfax. Free lessons at 7:30 p.m. No partners needed. Dinner menu. \$8. Under 21 free. nvshag.org.FUN-Exercise Thursdays, noon - 12:50
- FUN-Exercise Thursdays, noon 12:50 p.m. Grace Presbyterian Church Family Room, 7434 Bath St., Springfield. Inova certified exercise instructor leads a moderate level exercise class with music and current events conversation. Muscle, Balance, Strength Training using stretch bands and weights both standing and seated exercises. Instructor donation is \$5. moorefitt@yahoo.com or 703-499-6133.
- **EXERCISE PROGRAM** Mondays and Fridays at 9:30 a.m. year-round at Lord of Life Lutheran Church, 5114 Twinbrook Rd. Fairfax. The exercises are for strength, balance and maintaining limberness. Contact SCFB office at 703-426-2824 for more information.
- Cafe Ivrit (Hebrew Cafe). Wednesdays. 8:15-9:15 a.m. Jewish Community Center of Northern Virginia, 8900 Little River Turnpike, Fairfax. Shalom (hello) Did you always want to converse in Hebrew? Join Na'ama each week for conversational Hebrew. You will learn and practice Hebrew in a fun and interactive way while learning more about Israel. Free, however we ask that you try to attend regularly. RSVP Naama.Gold@jccnv.org.
- Smoke Free Bingo (with breaks for smoking friends). 7 p.m. Every Friday. Fairfax Volunteer Fire Department, 4081 University Drive, Fairfax. Free coffee, entertaining callers, \$1,000 jackpot.
- www.fairfaxvd.com. 703-273-3638. **English Conversation Groups** weekly at George Mason, Burke Centre, and Lorton Libraries Practice and improve your English. Day and start times vary. Visit: https:// va.evanced.info/fairfaxcounty/lib/ eventcalendar asp
- First Sunday Jazz Brunch 11 2 p.m. Recurring monthly on the 1st Sunday at Bazin's on Church 111 Church St N.W., Vienna. Enjoy brunch accompanied by the soft jazz sounds of Virginia Music Adventure. Visit: http://www.fxva.com/listing/ bazins-on-church/1686/
- Stories From Strawberry Park 10 -11 a.m. Tuesdays in Mosaic -Strawberry Park 2910 District Avenue, Fairfax. Enjoy a live interactive performance each week taught by a group of unique storytellers. For ages 10 and under. Held outside in Strawberry Park. In



#### 'Murder on the Nile' on GMU Stage

Aquila Theatre presents Agatha Christie's "Murder on the Nile" at George Mason University, Center for the Arts, 4400 University Drive, Fairfax. Performance Sunday, Jan. 22, 2017 at 4 p.m. Tickets: \$26, \$37 and \$44. Call 888-945-2468 or visit www.cfa.gme.edu Note: There will be a pre-performance discussion 45 minutes before the show.



#### Mystery at Workhouse

Jason Krage, featured in the mystery 'Solitary Confinement' at the Workhouse Arts Center, W-3 Theatre, 9518 Workhouse Way, Lorton. Performances: Jan. 13-Feb. 12, 2017. Friday & Saturdays at 8 p.m., Sundays at 2 p.m. Tickets: \$20 (students/seniors) -\$30 (general admission). Call 703-584-2900 or visit www.workhousearts.org

inclement weather and October through April, storytime will be held in Angelika Film Center. Recurring weekly on Tuesday. Visit: http:// www.fxva.com/listing/mosaicdistrict/2326/

#### FRIDAY/JAN. 13

D'Amore Duo - Classical Guitar & Oboe 8 p.m. Old Town Hall, 3999 University Dr, Fairfax. The Bonita Lestina Old Town Hall Performance Series. Founded in 1983 by the late Ray Abell, the Cathedral Brass performs sacred and secular works from all eras in support of the music ministry at Vienna Presbyterian Church. The group draws its membership from around the DC Metro area, and includes current and former professionals and members of the Service Bands. The Cathedral Brass is under the direction of L. Thomas Vining. 703-385-7858

www.fairfaxva.gov/culturalarts **Sabbath of Solidarity** 8 - 9:30 p.m. Congregation Adat Reyim 6500 Westbury Oaks Court, Springfield. Let us join together – many faiths, with one goal – to reaffirm and share MLK's vision of social justice and equality. In solidarity we will demonstrate that mutual respect and understanding are values we cherish and uphold. www.adatreyim.org/

#### SATURDAY/JAN. 14

Blanket Drive, 2017. Drop Off location: Outback Steakhouse, 6651 Backlick Rd/Springfield, from 11 a.m. to 5 pm. (Free Cocca offered). Requesting: Blanket donations, new or clean used. Share the warmth – our community can make a difference. Blanket distribution date: Monday, Jan. 16, Martin Luther King Day .(MLK). The blankets will be distributed to the homeless who are currently on the streets, in the D.C and Virginia areas first; any extra blankets will be given to the homeless shelters.

#### SUNDAY/JAN.15

WVMGRS G-Scale trains at the Fairfax Station Railroad Museum noon - 4 p.m. 11200 Fairfax Station Road in FairfaxStation. The Washington,Virginia & Maryland Garden Railway Society (WVMGRS)

See Calendar, Page 15





<sup>14</sup> SAIRFAX CONNECTION S JANUARY 12-18, 2017



#### ST. STEPHEN'S & ST. AGNES SCHOOL is hosting an

#### **EDUCATOR OPEN HOUSE** Saturday, January 21 at 9:00 А.М. Presentation begins at 9:20

Learn more about teaching at our school and finding jobs in private schools. Teachers of diverse backgrounds and experiences are encouraged to attend. Register online: www.sssas.org/educator 1000 St. Stephen's Rd., Alexandria, VA 22304 703-212-2284

#### PRESCHOOL CLASSROOM AIDE POSITION

**KIDDIE COUNTRY Developmental Learning Center** 9601 Old Keene Mill Rd, Burke, VA 22015 email: kiddiecountryii@aol.com

We are looking for a kind, caring individual who loves children and is interested in assisting in the care and development of preschool age children. Applicants must be committed to excellence in the classroom and the ositive and appropriate implementation of a planned high quality program. Split position 9:00am-1:00pm and 3:00-5:30 or 6:00pm M-F 703-644-0066 EOE

#### **Educational Internships**

Unusual opportunity to learn many aspects of the newspaper business. Internships available in reporting, photography, research, graphics. Opportunities for students, and for adults considering change of career. Unpaid. E-mail internship@connec tionnewspapers.com

HOW TO SUBMIT ADS TO ONNECTION Newspapers & Online **CLASSIFIED** DEADLINES Zones 1, 5, 6..... ..Mon @ noon Zones 2, 3, 4 ..... Tues @ noon E-mail ad with zone choices to: classified@connectionnewspapers.com or call Andrea @ 703-778-9411 EMPLOYMENT DEADLINES Zones 1, 5, 6.... ..Mon @ noon Zones 2, 3, 4 ..... Tues @ noon E-mail ad with zone choices to: classified@connectionnewspapers.com or call Andrea @ 703-778-9411 ZONES Zone 1: The Reston Connection The Oak Hill/Herndon Connection Zone 2: The Springfield Connection The Burke Connection The Fairfax Connection The Fairfax Station/Clifton/

Lorton Connection Zone 3: The Alexandria Gazette Packet The Mount Vernon Gazette Zone 4: Centre View North Centre View South Zone 5: The Potomac Almanac Zone 6: The Arlington Connection

The Vienna/Oakton Connection The McLean Connection The Great Falls Connection

Calendar

From Page 12

members will have a G-Scale train display running at the Fairfax Station Railroad Museum. 703-503-9711 jmitulla@verizon.net www.fairfaxstation.org

#### **TUESDAY/JAN. 17**

CSB Info Forum on Launch of New Opioid Recovery Program 7 p.m. CSB's Merrifield Center 8221 Willow Oaks Corporate Drive, Fairfax. All are invited to come to a free, open session to learn about a new CSB opioid dependency treatment group that starts in February. Resolve to help those you love start their journey to recovery in 2017. Attendees will also learn about: How to help someone confront and face the reality of an addiction, the assessment process, signs and symptoms of drug use, detoxification and treatment options, CSB's REVIVE opioid overdose reversal training, the important role of the CSB Peer Support staff. The number of people now facing heroin and opioid dependency has grown dramatically, and the crisis has been labeled as a "public health emergency" in the Commonwealth of Virginia. According to most recent statewide data, the number of fatal opioid overdose deaths is expected to increase by 77 percent.

#### WEDNESDAY/JAN. 18

- Normal Aging vs. Dementia 1 p.m. Insight Memory Care Center, 3953 Pender Drive, Suite 100, Fairfax. Join us for a discussion on what normal aging is versus what is dementia, the different types of dementia, and what testing is currently available - and when it's time to seek help. christi.clark@insightmcc.org, 703-204-4664 InsightMCC.org
- **Color Me Happy** 7 p.m. Reston Regional Library, 11925 Bowman Towne Drive. Relax, unwind, and turn loose your inner artist in our adult coloring session. Coloring pages, pens and pencils provided. Adults only. Cost: Free. Register online at www.fairfaxcounty.gov/ library

#### SUNDAY/JAN. 22

Nutrition Workshop 12:30 - 3 p.m. Fairfax Presbyterian Church 10723 Main Street, Fairfax. "Nutrition WS "Recovery, Restoration & Food." Presented by Deb Fitzgerald O'Connell BS in Human Nutrition and Food and an MS in Human Nutrition and Public Health. Tickets include lunch and childcare up to age 8. Multi Purpose Room, Fairfax Presbyterian Church, 10723 Main Street, Fairfax. Take Presbyterian Way off of Main Street. Cost: \$10.00 includes lunch. nutrition@fairfaxpresby.com 703-766-5657. For online registration through January 15: fairfaxpresbyterian.org.

### **Plan Ahead Events**

#### SUNDAY/JAN. 22

Nutrition Workshop 12:30 - 3 p.m. Fairfax Presbyterian Church 10723 Main Street, Fairfax. "Nutrition WS "Recovery, Restoration & Food." Presented by Deb Fitzgerald O'Connell BS in Human Nutrition and Food and an MS in Human Nutrition and Public Health. Tickets include lunch and childcare up to age 8. Multi Purpose Room, Fairfax Presbyterian Church.

#### BULLETIN BOARD

#### **THROUGH JAN. 18**

- **Community Forums on Superintendent Search.** Hazard, Young, Attea & Associates (HYA), the firm hired by the FCPS School Board to conduct a search for a new superintendent to replace Karen K. Garza, will be holding ten community forums in January to allow Fairfax County residents to share their ideas and feedback on the characteristics they are seeking in a new superintendent. Meetings in our area include:
- % Monday, Jan. 9, 1 p.m., Gatehouse Administration Center, room 1600, 8115 Gatehouse Road, Falls Church, VA 22042. % Monday, Jan. 9, 7 p.m., South County
- High School, 8501 Silverbrook Road, Lorton, VA 22079.
- % Tuesday, Jan. 10, 12:30 p.m., Virginia



A Community Service Board Info Forum on Launch of New Opioid Recovery Program will take place on Tuesday Jan. 17 at the Merrifield Center 8221 Willow Oaks Corporate Drive, Fairfax starting at 7 p.m. Resolve to help those you love start their journey to recovery in 2017. Attendees will learn about: How to help someone confront and face the reality of an addiction, the assessment process, signs and symptoms of drug use, detox and treatment options.

**Virginia Dance Coalition Dance** Festival will take place on Sunday Jan. 29 at the . Ernst Cultural Center on Northern Virginia Community **College's Annandale Campus 8333** Little River Turnpike, Annandale from 10 a.m. to 8 p.m. The program includes three Master Classes along with dancer wellness and career seminars. There will also be two performances. Scholarships for two graduating high school dancers who are pursuing professional careers will be presented - \$1,000 from the VADC, and another \$1,000 from the Arts Council of Fairfax County. The winner of the Emerging Choreographer Competition will be announced.Registration info at www.VirginiaDanceCoalition.org 703-409-7988.

10723 Main Street, Fairfax. Take Presbyterian Way off of Main Street. Cost: \$10.00 includes lunch. nutrition@fairfaxpresby.com 703-766-5657. For online registration through January 15: fairfaxpresbyterian.org.

THURSDAY/JAN. 26 Lake Braddock Secondary School's

Send notes to the Connection at connectionnewspapers.com/Calendar/ or call 703-778-9416. The deadline for submissions is the Friday prior to publication. Dated announcements should be submitted at least two weeks prior to the event.

Hills Center Library, 6520 Diana Lane, Alexandria, VA 22310.

- % Wednesday, Jan. 11, noon, Providence District Office and Community Center, multipurpose room 2, 3001 Vaden Drive, Fairfax, VA 22031.
- % Wednesday, Jan. 11, 7 p.m., Mount Vernon High School Little Theater, 8515 Old Mount Vernon Road, Alexandria, VA 22309.
- % Tuesday, Jan. 17, 1 p.m., Burke Centre Library, 5935 Freds **% Tuesday, Jan. 17**, 7 p.m., Chantilly High
- School Lecture Hall, 4201 Stringfellow Road, Chantilly, VA 20151. An online survey will be posted on www.fcps.edu on January 9, which will allow community members to submit their opinions electronically. Additional information on the superintendent search will be posted

VIRGINIA DANCE COALITION PRESENTS



production of Carousel 7:30 p.m. 9200 Burke Lake Rd, Burke. This classic musical by Rodgers and Hammerstein was once named "the musical of the century" by Time magazine. Opening night is January 26 and the cast will have a dress rehearsal on Jan. 21st if you would like to get some photos of students in costumes. Cost:Tickets start at \$12 and are available from www.brownpapertickets.com.

online as it becomes available. Interpreters will be available at select locations to be determined.

#### SATURDAY/JAN. 14

Blanket Drive, 2017. Drop Off location: Outback Steakhouse, 6651 Backlick Rd/ Springfield, from 11 a.m. to 5 pm. (Free Cocoa offered). Requesting: Blanket donations, new or clean used. Share the warmth – our community can make a difference. Blanket distribution date: Monday, Jan. 16, Martin Luther King Day .(MLK). The blankets will be distributed to the homeless who are currently on the streets, in the D.C and Virginia areas first; any extra blankets will be given to the homeless shelters.



16 S Fairfax Connection S January 12-18, 2017