

BRAWS founder Holly Seibold of Vienna, gathering donations. For a while, BRAWS was Holly. Now there is a small army of dedicated and caring people and organizations who help bring essential items – and dignity and respect – to women and girls in need.

2016
VIRGINIA
PRESS
ASSOCIATION
Award-Winning
Newspaper

and Oakton
Vienna
CONNECTION

HomeLifeStyle

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PHOTO CONTRIBUTED

JANUARY 11-17, 2017

ONLINE AT WWW.CONNECTIONNEWSPAPERS.COM

WEEK IN VIENNA

Valentine's Dance for Adults 55+

Shepherd's Center of Oakton-Vienna's (SCOV) and the Vienna Community Center invite mature adults 55+ to a Valentine's Dance on Friday, Feb. 3, 2017. The event will be held from 3 to 5 p.m. at Our Lady of Good Counsel, Desales Hall, 8601 Wolftrap Road, Vienna. Tickets are \$10 per person and include dancing to the sounds of The Tallwood Trio, soup and sandwiches, cookies and beverages. Registration & prepayments required by Jan. 25. Call The Shepherd's Center at 703-281-0538 to RSVP. For further details contact the Community Center at 703-255-7801.

Breakfast Buffet at American Legion Post

A Breakfast Buffet will be offered Sunday, Jan. 15 from 8 a.m. to noon at Vienna.

American Legion Post 180, 330 Center St., N. Adults \$9, children 12 and under \$3. Get omelets, scrambled eggs, blueberry pancakes, bacon, etc. For more information call 703-938-6580.

Visiting Freeman Store and Museum

The Freeman Store and Museum at 131 Church Street, NE, in Vienna, operated by Historic Vienna, Inc., is closed for January and February in order to refresh and update exhibits and restock the Store for the new season, which begins March 1. If you and your friends would like to visit and take a tour of the Store, which dates from 1859 (or the Little Library - Vienna's first library constructed in 1897) while it is closed to the public, you will be able to take advantage of the ongoing book sale in the basement as well as the many gifts and goodies for sale in the Store. Call 703-994-9054 or 703-861-0726 to arrange a visit for you and your friends.

VIENNA POLICE HIGHLIGHTS

January 6, 2017

The following summary contains various incidents of general interest as well as vehicular crashes handled by the Town of Vienna, Virginia Police Department from

Dec. 30, 2016 – Jan. 5, 2017. Readers are reminded that an "arrest" is based upon probable cause and does not always mean that someone was physically taken into custody. Furthermore, it does not mean that an individual is automatically guilty of a crime. Judicial outcomes and post-arrest proceedings can be researched through the appropriate court's website.

INCIDENTS

Fraud 17-000062
100 Block Kingsley Road, SW November 15 3:00 p.m.

A resident provided payment to a man who was soliciting door to door for tree trimming services. The man has not completed the work and refuses to refund the payment.

This case is being investigated.

Fraud 16-010907
Long & Foster Real Estate 374 Maple Avenue, East December 8 9 a.m.

An employee advised their company was given a check written on a fraudulent account. This case is under investigation.

Petit Larceny 16-010958
400 Block Johnson Street, SW
Between Dec. 15 at 12 p.m. and Dec. 31 at 3 p.m.

A resident reported his bicycle was stolen from the carport.

Fraud 17-000125
300 Block Holmes Drive, NW Dec. 20 5 p.m.

A resident found unauthorized charges to one of his credit card accounts. This case is under investigation.

Assist EMS 16-010885
200 Block Branch Road, SE Dec. 28 6:29 p.m.

Officers responded to assist with a resident who was suffering a medical emergency. The resident was transported to an area hospital by rescue personnel for evaluation.

Unlawful Entry 16-010902 100 Block Moore Avenue, SW Dec. 29 9:20 a.m.

An individual was located inside an abandoned home. Officers checked with the builder responsible for the property who advised he knew the man, and although he did not have his permission to be on the property, he would not pursue charges for the unlawful entry.

Arrest – Warrant Service 16-010903
100 Block Moore Avenue, SW Dec. 29 9:20 a.m.

While MPO Lose was investigating an Unlawful Entry (Incident #16-010902) he found that the man in who was in the home was wanted on an outstanding felony warrant in Fairfax County charging Shoplifting.

MPO Lose arrested the 40 year old man from Branch Road in Vienna and transported him to the Fairfax County Adult Detention Center where the warrant was served and the man was held on a \$5000 secured bond.

Animal Case 16-010906 600 Block Valley Drive, SE December 29 2:06 p.m.

Officers responded to the report of a man illegally hunting deer. Ofc. Harter located the man who had a deer that had been freshly killed with a bow and arrow in the bed of his truck. The man advised officers that he had killed the

SEE POLICW, PAGE 5

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January 21, 2017**

2:00pm-4:00pm

**700 W Broad St
Falls Church, VA**

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Our beautiful assisted living and memory care residence is well on its way toward completion! We can't wait to officially open our doors to welcome residents, their families and friends. To those who have already chosen to entrust us with the care of loved ones, thank you. To those we haven't met yet, we look forward to the time when we do. Our own families make our hearts full, but we have plenty of room for yours. Stop in for a visit, and tell us what you need to help keep the seniors you love safe, secure, well, and most of all, happy. We're eager to deliver on our promise to love and care for them as we do our own.



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PHOTOS BY TIM PETERSON/THE CONNECTION

More than 80 Fairfax County residents spoke directly to members of the Fairfax delegation to the General Assembly at a public hearing on Jan. 7 at the Fairfax County Government Center.

Fairfax Lawmakers' Last Call for Input

More than 80 speak at General Assembly public hearing.

BY TIM PETERSON
THE CONNECTION

“We’re not letting teachers do their jobs,” was the plea from Jo Neuber of Vienna

Co-chair of the organization Class Size Counts. Neuber thanked Del. Jim Lemunyon (R-67) for developing three class size bills for the 2017 session of the Virginia General Assembly, including HB1498. Neuber said she was in favor of putting a cap of 24 students in science labs.

Neuber was one of more than 80 Fairfax County residents who spoke directly to members of the Fairfax delegation to the General Assembly at a public hearing on Jan. 7 at the Fairfax County Government Center.

The General Assembly is set to convene in Richmond at noon on Jan. 11, when they will begin work on new or amended legislation for the Virginia Code.

The public hearing was the last chance local constituents had to voice their hopes or concerns for pending or potential legislation in person without traveling to the state capital, though most lawmakers have already all but finalized their legislative agenda for the session.

Education was once again an important topic for many speakers, beginning with Board of Supervisors chairman Sharon Bulova.

“Of the \$21 million in additional state

funding the county was expected to receive in FY2017, \$4.4 of that is already at risk due to the cancellation of funding for raises for teachers and other instructions personnel,” Bulova said. “We must get that funding back and we must make sure that funding for those raises is included in the FY2018 budget.”

Bulova and Fairfax County Public School Board vice chair Jane Strauss said the Virginia Retirement System rates were accelerated by one year last year, which increases the costs for FCPS by more than \$25 million in FY 2017.

“We ask for help in avoiding funding reductions to our local programs and services,” Bulova said, “and opposing restrictions on our local revenues.”

Several education advocates echoed Neuber’s call to reduce class size, and Bulova’s concern for competitive teacher salary levels.

Other topics with numerous speakers included legalization of marijuana for medicinal use; funding for disability services waivers; transportation and congestion reduction; funding for the court system; and the tax on toilet paper, adult diapers and some feminine hygiene products.

Holly Seibold of Vienna is founder and executive director of the group Bringing Resources to Aid Women’s Shelters that provides donated feminine hygiene products to who have insufficient access to them. She urged the delegation to support the “Dignity Act,” introduced by Del. Jennifer Boysko (D-86), that would make toilet paper, adult diapers and some feminine hygiene products tax exempt.

For more information on the General Assembly, to track a bill or find out who your representative to the assembly is, visit virginiageneralassembly.gov.

Hearing Highlights

Education was once again an important topic for many speakers at the Jan. 7 public hearing for the Fairfax delegation to the General Assembly, beginning with Board of Supervisors chairman Sharon Bulova.



Melanie Meren of Vienna spoke on behalf of the public schools group #IamFCPS. First, she said, “We want the broken county and state budget process fixed.” Increased class sizes threaten the excellent education available in Fairfax County, said Meren. She encouraged the state leaders to “be creative” in “getting tax dollars back here.”



Gary Ambrose of Vienna, chair of the Fairfax-Falls Church Community Services Board, said individuals with disabilities need more state funding for services. He referenced an online suicide prevention program.



Morgan Jamison of Oakton is a board member for the Fairfax County Community Action Advisory Board, which makes recommendations to the county about programs and resources for low-income families and individuals. “Affordable housing is a particular need,” she said.



Carol Jameson of Vienna represented HealthWorks for Northern Virginia, a nonprofit providing primary care services in Fairfax County that “help make and keep our community healthy.”



SEE MORE, PAGE 4



Announcing Group Interviews for The Kensington Falls Church

Interview with Us at
700 West Broad Street in Falls Church
Thursdays from January 19-March 2 at 11am & 4pm
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Have you been searching for an organization with heart? Where you can make a difference in many lives? Where you can grow professionally and personally? Kensington Senior Living has been built upon two key values: a Love for Seniors and a Spirit to Serve. We are looking for individuals who share these values and would like to join our team in Falls Church, where we will love and care for our residents as we do our own families.

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or call 703-992-9868.**

More than 80 speak at General Assembly public hearing.

Arthur Purves of Vienna spoke in opposition to the concept of co-ed bathrooms, saying they “make the world dangerous for women.” “To erode moral standards,” Purves said, “I think we’ve seen it already happening.”

PHOTOS BY TIM PETERSON/THE CONNECTION



Richard Gray of Oakton is the president of the Fairfax Bar Association. Gray advocated for “adequate judicial funding for our courts” to protect existing judgeships. He said the impact of lack of funding in courts is causing an “unconscionable” delay in case scheduling that affects families.



Holly Seibold of Vienna is founder and executive director of the group Bringing Resources to Aid Women’s Shelters that provides donated feminine hygiene products to women in need or who have insufficient access to them. She urged the delegation to support the “Dignity Act,” introduced by Del. Jennifer Boysko (D-86), that would make toilet paper, adult diapers and some feminine hygiene products tax exempt.



Kirsten Wittkowski of Oakton represented the Centreville Commission for Labor Justice. “The courts, legislature, enforcement agencies are not doing enough” to combat illegal wage theft,” she said. “Our community is counting on you.”



Tim Thompson of Vienna is president of the Fairfax County Federation of Citizen Associations and along with several other members introduced the main points of that group’s legislative package for 2017.



NEWS

Shepherd's Center of Oakton-Vienna Presents Certificate of Appreciation to Ortho Virginia in Reston

Jayne Young, Director of Operations/Events at the Shepherd's Center of Oakton-Vienna (SCOV) stopped by the office of Ortho Virginia in Reston to present a Certificate of Appreciation to Dr. Mark Madden. Ortho Virginia has been a supporter of SCOV, most recently as a Silver Sponsor at SCOV's Capitol Steps signature fundraiser. Ortho Virginia has nine other offices located throughout Northern Virginia. SCOV's volunteer drivers deliver many of their patients to Ortho Virginia offices through their free ride program. Pictured: Mark Madden, MD and Jayne Young, SCOV.



PHOTO CONTRIBUTED

VIENNA POLICE HIGHLIGHTS

FROM PAGE 2

deer in the area off the W&OD Bike Trail.

This case is under investigation.

Arrest – Driving While Intoxicated 16-010922 Chain Bridge Road and Horseshoe Drive Dec. 30 1:34 a.m.

Ofc. Reedy observed a driver commit a series of traffic violations and initiated a traffic stop. Upon his interaction with the driver he detected possible signs of impairment. After the driver failed a series of field sobriety tests Ofc. Reedy arrested the 39 year old female from Stillwood Circle in Falls Church, Virginia for Driving While Intoxicated. She was transported to the Vienna Police Station where she was given the opportunity to provide a sample of her breath for analysis, which she refused. She was then transported to the Fairfax County Adult Detention Center where she was charged with Driving While Intoxicated and Refusal and held on a \$1000 unsecured bond.

Animal Case – Quarantine 16-010930 900 Block Plum Street, SW Dec. 30 9:15 a.m.

A resident was bitten by a cat they are

taking care of for a family member. The resident had accidentally stepped on the cat, which caused the animal to snap at them. The resident was advised of the 10-day quarantine period. ACO Barker will follow up on this case.

Assault 16-010943 INOVA Primary Care 130 Park Street, SE Dec. 30 2:01 p.m.

An employee reported a man came into the office with a woman and an infant. The man began acting disorderly and assaulted the employee and a patient in the office before abruptly leaving. Ofc. Bulti was able to contact the man who came to the Vienna Police Station the following day. Ofc. Bulti arrested the 23 year old man from Chain Bridge Road in Vienna and transported him to the Fairfax County Adult Detention Center where he was charged with two misdemeanor counts of Assault and held on a \$1000 secured bond.

Juvenile Case 16-010948 Patrick Street, SE Dec.31 6:13 a.m.

A resident reported that her teenage daughter has not returned home and is not answering her cell phone or text messages. The daughter returned home safely later in the day.

Street, SE, Dec. 31 2:14 p.m.

A resident reported an argument she had with her adult son that began to escalate when he pushed her. There were no signs of injury and the resident did not wish to pursue charges.

Arrest – Driving While Intoxicated and Drunk In Public 17-000006 and 17-000007 500 Block Maple Avenue, West — Jan. 1 1:51 a.m.

PFC Tremont observed a driver commit a series of traffic violations and initiated a traffic stop. Upon his interaction with the driver he detected possible signs of impairment. After failing to complete a series of field sobriety tests he arrested the 47 year old female from Silvershadow Court in Lorton, Virginia for Driving While Intoxicated. The passenger in the vehicle was also intoxicated and was offered the opportunity to contact a friend for a ride, but he refused. MPO Lyons arrested the 39 year old man from Silvershadow Court in Lorton, Virginia for Drunk In Public.

The driver was transported to the Vienna Police Station where she was given the opportunity to provide a sample of her breath for analysis, which she refused. Both subjects were then transported to the Fairfax County Adult

Domestic Assault 16-10957 Hine

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About the Vienna/Oakton Connection

Happy New Year. We need your help in 2017.

As local, weekly newspapers, the Connection's mission is to deliver news that readers need close to home, to help readers enjoy great local places and events, to advocate for community good, to call attention to unmet needs, to provide a forum for dialogue on local concerns, and to celebrate and record milestones and events in community and people's lives.

If you know people or organizations doing important work, something newsworthy or something that might make a good feature story, let us know.

We want to know if someone in your family or your community published a book, became an Eagle Scout, raised money for a good cause, accomplished a feat like running a marathon or having an art show.

We publish photos and notes of a variety of personal milestones and community events, including births, engagements, weddings, anniversaries, awards and obituaries. Send a photo and tell us about it in 200 words or less to editors@connectionnewspapers.com.

We feature events in our weekly calendars. We are also interested in events at your church, mosque, synagogue, community center, pool, school, club, etc. To have the best chance of getting an event included in our calendar ahead of time, email us the details of the event (who, what, where, when, why) three weeks ahead of time. Email to editors@connectionnewspapers.com.

After your event, email us a photo and a note so we can consider including it in our coverage. Be sure to include the names of all the people who are in a photo, and say when and where the photo was taken.

We also publish notes about news and events from local businesses. Notes about openings, new employees, anniversaries are welcome.

Of course we are interested in your news tips and your questions about what is happening in your community.

We are always looking for contributing writers and photographers.

The Connection Newspapers are published by Local Media Connection LLC, an independent, locally owned company. The publications and websites include the Alexandria Gazette Packet, the Mount Vernon Gazette, the Centre View, the Potomac Almanac and individual Connection papers and websites serving McLean, Great Falls, Vienna/Oakton, Oak Hill/Herndon, Reston, Springfield, Burke, Fairfax, Fairfax Station/Clifton/Lorton, Arlington, Centreville, Chantilly/Fair Oaks, Alexandria and Mount Vernon.

The publications and websites have won hundreds of awards for news and community coverage just in the past few years, including the Virginia Press Association Award for Integrity and Community Service for coverage of efforts to prevent and end homelessness, and Best in Show for information/art for coverage of local parks.

The operation of these community-serving publications is entirely funded by advertising. The papers are delivered free to homes and businesses throughout Northern Virginia, and through free digital subscriptions, with more than 150,000 readers across the region. If you or your organization appreciate the Connection publications, please support them by patronizing our advertisers and by spending a portion of your marketing budget with us.

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EDITORIAL

BULLETIN BOARD

THROUGH JAN. 18

Community Forums on

Superintendent Search. Hazard, Young, Attea & Associates (HYA), the firm hired by the FCPS School Board to conduct a search for a new superintendent to replace Karen K. Garza, will be holding ten community forums in January to allow Fairfax County residents to share their ideas and feedback on the characteristics they are seeking in a new superintendent. Meetings in our area include:

% **Wednesday, Jan. 11**, noon, Providence District Office and Community Center, multipurpose room 2, 3001 Vaden Drive, Fairfax, VA 22031.

% **Tuesday, Jan. 17**, 11 a.m., Herndon Council Chambers, 765 Lynn Street, Herndon, VA 20170.

% **Tuesday, Jan. 17**, 7 p.m., Stuart High School Little Theater, 3301 Peace Valley Lane, Falls Church, VA 22044.

% **Tuesday, Jan. 17**, 7 p.m., Chantilly High School Lecture Hall, 4201 Stringfellow Road, Chantilly, VA 20151.

% **Wednesday, Jan. 18**, 7 p.m., Langley High School Auditorium, 6520 Georgetown Pike, McLean, VA 22101. An online survey will be posted on www.fcps.edu on January 9, which will allow community

members to submit their opinions electronically. Additional information on the superintendent search will be posted online as it becomes available. Interpreters will be available at select locations to be determined.

ESL Calendar Announcement for St Mark's Catholic Church Vienna

Classes: On Tuesdays & Thursdays, from January 17 – March 16, 2017. English classes from 8 to 9:30 p.m. Citizenship, Writing, and Conversation from 7 to 7:45 p.m., same days.

Where: Mark Christian Formation Center, 2nd floor.

Cost: English classes: \$25 (for 9 weeks of lessons). Citizenship, Writing, and Conversation: \$10 (for 9 weeks of lessons). Book cost is extra where applicable. Cash and Credit accepted for registration and books.

Questions: Visit our Web page: www.stmarkesl.org/; or call 703-980-9380.

SUNDAY/JAN. 15

A Breakfast Buffet will be offered from 8 a.m. to noon, at Vienna American Legion Post 180, 330 Center St., N. Adults \$9, children 12 and under \$3. Get omelets, scrambled eggs, blueberry pancakes, bacon, etc. For more information call 703-938-6580.

TUESDAY/JAN. 17

Great Falls Senior Center Monthly

Event featuring Mary Ann Jung, award-winning actress, Smithsonian scholar, writer and director, performing as Julia Child, American chef, author, and television personality who brought French cuisine to the American public. Jung researches and writes her own scripts and performs in the authentic costumes and accents of the characters' eras. 10 a.m. to 12 noon at Great Falls Grange, 9818 Georgetown Pike, Great Falls. The event is sponsored by the Great Falls Area Ministries. Light refreshments will be served and space is limited. Contact Polly Fitzgerald at pollyfitz1@verizon.net or 703-759-4345 to RSVP. For more information about the GFSC, visit <http://www.gfseniors.org/>.

FEBRUARY

Free public service seminars -

-Decluttering: Feb. 2, McLean High School, 1633 Davidson Rd., McLean.
-Aging in Place: Feb. 8, Falls Church H.S., 7521 Jaguar Trail, Falls Church.
-Downsizing: Feb. 14, Marshall H.S. 7731 Leesburg Pk., Falls Church.
-Retirement Communities Feb. 22, Madison H.S., 2500 James Madison Dr., Vienna.

For more information and seminar registration go to RetireeRealEstate.org, or call 703-772-3033.

ONGOING

Volunteers Needed. PRS is looking for empathetic and caring volunteers to make phone calls to older adults who may be feeling socially isolated. The commitment is one 3-hour shift per week for one year. Located in Arlington. Ages 21 & up. Intensive training provided. Learn more and apply: <https://prsinc.org/carerer-volunteering/>. Questions? Email lpadgett@prsinc.org.

The Northern Virginia Long Term Care Ombudsman Program

needs volunteer advocates for residents in nursing homes and assisted living facilities. Contact Lisa Callahan at 703-324-5861, TTY 711 or email Lisa.Callahan@fairfaxcounty.gov. Also visit www.fairfaxcounty.gov/dfs/olderadultservices/ltcombudsman/.

Fairfax County needs volunteers to **drive older adults to medical appointments and wellness programs.** For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit www.fairfaxcounty.gov/olderadults and click on Volunteer Solutions.

www.ConnectionNewspapers.com

An independent, locally owned weekly newspaper delivered to homes and businesses.

**Published by
Local Media Connection LLC**

**1606 King Street
Alexandria, Virginia 22314**

Free digital edition delivered to your email box. Go to connectionnewspapers.com/subscribe

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VIEWPOINTS

What Is Your New Year's Resolution?



Lu Cousins

"Spend one weekend each season in a personal retreat devoted to reconnecting with what is most important in my life and clarifying what steps I will be taking to make that quarter joyful and memorable."

Peggy James

"In 2017, my personal goal is going to be to strive towards a more organized and zen home and work life. I would like to find a better balance for myself that will enable me to work for the VBA and my other commitments in a calm, thoughtful, and effective manner. Well, that and coming into a lot of money ..."



Liz DiFrancisco

"I resolve to foster another 25 Great Pyrenees dogs again this year and try and find homes for as many as possible. Of those 25, I resolve to not adopt any of them."

Marilyn Ricci

"Move to Italy, write a book, travel to new places in and around Italy."



Dara Dirth

"My New Year's Resolution is simply to appreciate the everyday moments and to be more thankful for them. I even created a twitter hashtag to post pictures of my family's simple, yet special, daily activities. I look forward 2017 and to capturing so many memories."

— DONNA MANZ

PHOTOS CONTRIBUTED



Lona Ichikawa

"Every day I am going to thank God for at least one blessing; this is my New Year's resolution.
"Today I thank God for giving me Musashi, my Little Man with a big personality."



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PHOTOS BY MORGAN HOWARTH

This new home office by Anthony Wilder Design/Build incorporates a custom-designed cord control system.



PHOTO BY ROBERT RADIFERA

Storage solutions such as those in this office by Megan Padilla help make home offices aesthetically appealing.

Organizing a Home Office

BY MARILYN CAMPBELL
THE CONNECTION

Whether located in a basement, spare bedroom or kitchen corner, one of the keys to creating a functional home office is organization. Local designers offer suggestions for styling a space that is both practical and aesthetically appealing.

“Start by thinking about how you would like to use your home office and plan accordingly,” said Megan Padilla, senior designer at Aidan Design. “Will it be a desk that easily converts to a homework station or craft area or a dedicated home office for the everyday telecommuter?”

Keeping office equipment out of sight will give the space a home-like feel, says Padilla. This can be accomplished by using storage solutions like printer drawers.

Design ideas for workspace order.

Practical home office organizational solutions include roll-out trays for computer accessories like printers and a wire management system above and below the desk for power cords and computer cables both on top of the desk, advises Chuck Khiehl, vice president of Fred Home Improvement, a division of Case. “Create a Bluetooth operational office space,” he said.

“Organizing all of the smaller office supplies can be accomplished with a series of coordinated containers for tools such as

pencils, scissors and markers ... or within drawers,” added Padilla. “Consider a mix of drawer heights to allow ample storage for smaller desk supplies as well as your typical file folders.”

Use open shelving to allow for quick access to frequently used items and book storage. “[It] can also make a smaller space feel more expansive,” said Padilla.

If a home office is in a spare bedroom, closets can be repurposed and organized to hide copy and fax machines, says Shannon



PHOTO CONTRIBUTED

Making McLean Homes Tour, MarketPlace a Success

Partial listing of McLean Woman's Club members who contributed their efforts to the 2016 Holiday Homes Tour and MarketPlace. From left — first row: Club President Joan Morton, Barbara Hartsell, Linda Regan, Daisy Logan, Kay Burnell, Rosalie Donnelly, Peggy Puritano, Helen Bowers, Anne Kanter, Jackie Armstrong. Second row: Carol Danzeisen, Millie Thompson, Carol Scott, Laura Sheridan. Third row: Bea Somovigo, Grace Harkins, Dawn Schulz, Mary Flanagan, Cecilia Glembocki, Emma Lea Moorman, Sally Margolis, Jeanette Calland, Rebecca Horahan.

Tysons Tower to Be Renovated

Love Funding, one of the nation's leading providers of FHA multifamily, affordable and healthcare financing, announced the closing of a \$19 million loan that will help preserve and refurbish an affordable senior housing community in Vienna.

Tysons Tower was built in 1976 by The Fairfax Education Association Retirement Housing Corporation (FEARHC) to provide affordable housing for senior residents. Part of the Virginia Housing Development Authority (VHDA) affordable housing stock, the property was in need of major facility upgrades and its existing rental assistance contract was set to expire in 2017. FEARHC wished to ensure that the 274 units continue to be reserved for those aged 62 or older and who earn 80 percent or less of the area's median income.

Love Funding Director Ann Bolen was able to secure the new loan through the VHDA, after securing a commitment from the U.S. Department of Housing and Urban Development's (HUD's) Rental Assistance Demonstration (RAD) program for a new 20-year Project Based Rental Assistance (PRBA) contract on 100 percent of the units. A large share of the proceeds from the new



PHOTO CONTRIBUTED

A \$19 million loan will help preserve and refurbish this affordable senior housing community in Vienna.

loan will finance a host of property improvements, including a new roof, heating and air-conditioning systems, windows, elevators, and interior unit renovations, among other improvements.

“The closing of this loan signifies a new beginning for Tysons Tower,” said David Newcome, senior vice president with Polinger Company, which manages the property. “It's a testimony to the dedication Fairfax Education Association Retirement Housing Corporation continues to exhibit in fulfilling its mission of providing quality affordable housing in one of the nation's most expensive real estate markets.”

For more information visit www.lovefunding.com.



PHOTO BY ROBERT RADIFERA

Organizing small office supplies, like this one by Aidan Design, can be accomplished with a series of coordinated containers for tools such as pencils, scissors and markers.

“Custom built-ins make a huge difference [because] you can tailor the storage space to individual needs and create more functional spaces.”

— Shannon Kadwell, Anthony Wilder Design/Build.

Kadwell, interior designer at Anthony Wilder Design/Build.

“Add fabric bulletin boards in prominent locations and in a complementary color for

visual appeal,” she said. “Custom built-ins make a huge difference as you can tailor the storage space to individual needs and create more functional spaces.”



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'Dignity Act' Goes to Richmond

BY ANDREA WORKER
THE CONNECTION

The first real snow event of the season did not stop a good-sized audience and more than eighty speakers from turning up at the Fairfax County Government offices on Saturday, Jan. 7 to bring their concerns and issues before the public hearing for the Fairfax County Delegation to the Virginia General Assembly, which convenes at noon, on Wednesday, Jan. 11.

The majority of speakers, both those representing organizations and those appearing as individuals, were there to talk about funding and issues related to Fairfax County schools, but there were also groups advocating for citizens with disabilities, for brain injury programs and victims, community resource programs, the legalization of medical marijuana, transportation improvements, monies to fill judicial vacancies to improve the county's legal system, and speakers sporting "Black Lives Matter" attire who condemned the treatment of several citizens by County law enforcement.

And then there was the contingent from BRAWS – Bringing Resources to Aid Women's Shelters, a 501(c)3 non-profit - led by founder Holly Siebold of Vienna. Siebold and several supporters of BRAWS were there to encourage the state delegates and senators to get behind House Bill 1593, calling for the repeal of taxes on certain feminine hygiene products, as well as toilet paper and adult diapers. The "Dignity Act," as it has been named, has been filed under the patronage of Del. Jennifer Boysko (D-86).

THERE WAS A MOMENT during Siebold's allotted three-minute speech where both audience and delegation seemed a bit taken aback by a public discussion about women's menstrual cycles and the products they need during those days. "Not too many people like talking about this subject," admitted Siebold, "but it's a real need that gets overlooked as a result." Despite any initial discomfort, at the conclusion of her remarks, Siebold returned to her seat to rousing applause.

BRAWS did not begin its existence as a political movement. In January of 2015, Siebold came across a Huffington Post article by Eleanor Goldberg that spoke about how homeless women and girls, and those in shelters, had difficulty getting feminine hygiene products, and often had to go without, make substitutes, or decide what other essential items - like food - they would forgo in order to purchase pads or tampons. As any woman will attest, these items are not inexpensive and since the need is recurring monthly, the expenditure often places a serious burden on the impoverished, the homeless, and even those employed but who just make ends meet. Most shelters and transitional housing services cannot afford to stock these products in addition to the other items and services they provide for homeless women and women and girls in crisis.



PHOTOS CONTRIBUTED

BRAWS founder Holly Siebold of Vienna, gathering donations. For a while, BRAWS was Holly. Now there is a small army of dedicated and caring people and organizations who help bring essential items – and dignity and respect – to women and girls in need.

"I can't tell you how that just hit me," said Siebold. "It was something that I had never even considered, and I was horrified that there were women and girls out there that had to live like that."

The article referenced a New Jersey non-profit that began by collecting donations of undergarments and feminine hygiene products at a "Mardi Bra" event and then distributed them to shelters. Reading that, Siebold went straight to work and held a "Mardi Braws" event at her own home and collected 150 new bras and 150 pads/tampons which she brought to facilities such as Shelter House, Artemis House and Homestretch.

The reception for these items was "humbling and overwhelming. Their genuine gratitude was embarrassing." From that moment, what started as a once-off donation drive became a mission, and BRAWS was formed.

"These women, already struggling through some terrible challenges, shouldn't have to deal with this added humiliation," declared Siebold. "The pads and tampons were so appreciated, especially when they had a choice of size and type. But you should have seen when new bras and underwear were made available! These items can be really expensive – even the most basic, no-frills bras." Siebold and her growing army of volunteers found that their "Bra Parties" at shelters were looked upon as "little miracle moments."

"It's pretty tough to go job hunting when you don't have the right 'support' underneath the outer layers." Siebold reminds that the women and girls in these situations

may be able to find good clothing options at charity shops and distribution events, "but underwear is not something they can pick up easily. Plus, every female is entitled to brand new, properly fitting undergarments, don't you think?"

For quite awhile, BRAWS was mostly Siebold publicizing the need, collecting and then distributing items with the help of a few friends, but things are really speeding up. There is a Board in place now, there are dedicated volunteers to distribute, to help collect, and to help organize fundraisers and donation events. BRAWS has even been the recipient of a grant or two with which to purchase even more supplies for their clients. According to their 2015-2016 Annual Report, BRAWS has added dozens of partnering shelters, held countless donation drives and fundraisers, and served more than 2000 women and girls, providing in excess of 7,000 bras, underwear, and pads and tampons.

With all that in motion, how did they get to Virginia HB 1593? It was the natural next step, according to Siebold. Her growing network of like-minded charitable warriors has shown that there are multiple jurisdictions across the country, from individual municipalities to state-wide efforts, that are lobbying for a repeal of taxes on feminine hygiene products, or at least to treat these items like other "non-luxuries."

LATE LAST YEAR, the D.C. Council approved a measure to eliminate sales tax on feminine hygiene products. Councilmember Anita Bonds released a statement that said



BRAWS volunteers sort through ladies' undergarments before distribution. "A decent bra is not cheap, even the most basic one," said BRAWS founder Holly Siebold. The BRAWS gang say they are well rewarded when they see how much these items are needed and appreciated.

"Women...and persons with disabilities who need these products should not be taxed for natural bodily functions."

Siebold was one of the people who provided testimony in support of this action before the D.C. Council. Seeing similar efforts succeed elsewhere, including the neighboring District, had her wondering why Virginia couldn't do the same, especially when she is a personal witness to the need.

Her first attempt, via her own representative Del. Mark Keam (D-35), never saw the bill leave committee. Undaunted, she is trying again, with more support and more partners and with the sponsorship of Del. Boysko who has put forth the "Dignity Act" for consideration in this year's legislative session.

"No guarantees, of course," acknowledged Siebold, "but we will keep up the fight. Taxing these items is a discrimination against women." Aside from making her case before the Fairfax Delegation during the public hearing, Siebold is urging citizens from the entire Commonwealth to contact their representatives and show their support for the passage of HB 1593. "It's the right thing to do."

INFORMATION about BRAWS, how to get involved or donate, is available on their website www.braws.org or via their Facebook page. "Mardi Braws 2017" is also right around the corner. Check those sites for information and tickets to the event, which will be held at Sea Pearl Restaurant in Merrifield on Feb. 24.

FAITH

Faith Notes are for announcements and events in the faith community. Send to vienna@connectionnewspapers.com. Deadline is Friday at noon.

The S.P.O.T for Youth Wednesday's at 7 p.m. A place where youth can come together and pray, ask questions about the faith and receive mentorship. The spot is a ministry of First Baptist Church of Vienna located at 450 Orchard Street, NW Vienna.

First Baptist Church of Vienna located at 450 Orchard Street, NW Vienna. Sunday services are held at 7:45 and 10 a.m. weekly. Wednesday Night with the Family service is held at 6 p.m. followed by corporate singing at 7 p.m. Bible studies take place Tuesday's at noon.

Wesley United Methodist Church located at 711 Spring Street SE, Vienna, Virginia 22180, at the corner of Spring Street and Moore Avenue. 10:30 a.m. - Fellowship time in the fellowship hall, 11 a.m. Traditional family worship in sanctuary. If you are seeking a church home which encourages: caring and supportive fellowship, an active and devoted prayer life and study of scripture, support for local and world missions, an open, responsive awareness to the presence and power of God's Holy Spirit.

Youth Activities at Wesley United Methodist Church Activities are open to all 6th-12th graders. Youth Sunday School meets every Sunday at 10:00am in the Upper room.

Youth Bible Study will meet every Sunday at 4:30pm off-site. Following bible study we will ride together over to the church for youth group. Email the

Youth Ministry Staff for the address if interested!

The Anchor meets every Sunday from 6pm-8pm in the fellowship hall. Join us for dinner, games, worship, and diving deeper into the Word!

During the summer, Youth Sunday School meets most Sundays at 9:00am in the Upper room.

To receive the newsletter or for more information contact youth@wesleyvienna.org.

St. Thomas' Episcopal Church at the intersection of Lewinsville and Brook Roads in McLean, just a mile west of Tysons, invites you for a casual Saturday Service at 5 p.m., followed by conversation and fellowship or for Sunday Services at 8 a.m. or 10 a.m. Sunday School for Youth and Children takes place during the 10 a.m. Service. Look for our Pumpkin Patch this October, and check www.stthomasmcleanva.org for Special Events and Services through the year. St. Thomas' Episcopal Church, 8991 Brook Road, McLean, 703-442-0330.

Church of the Holy Comforter, 543 Beulah Road, NE, Vienna offers a monthly Healing Eucharist with the Laying on of Hands and Anointing for Healing (first Sunday of the month, 5 p.m. at St. Mary's Chapel. The Healing Ministry is led by the Rev. Valerie Hayes and Alexandra MacCracken and includes a team of lay healers who have gone through intentional training and formation. Questions? Please contact the Rev. Valerie Hayes at vhayes@holyccomforter.com.

HAVEN of Northern Virginia offers a variety of free bereavement support groups, meeting on a weekly basis. 703-941-7000 or www.havenofnova.org.

VIENNA POLICE HIGHLIGHTS

FROM PAGE 5

Detention Center where the female was charged with Driving While Intoxicated and Refusal and the male was charged with Drunk In Public.

Civil Dispute 17-000014
100 Block Casmar Street, SE Jan. 1 10:42 a.m.

A resident reported his wife removed cash and jewelry from the home.

Petit Larceny 17-000037 900 Block Carole Court, SE
Between Jan. 1 at 12 noon and Jan. 2 at 12 noon
A resident reported her GPS missing from her vehicle.

Suspicious Event 17-000028 The Hope Center
140 Park Street, SE Jan. 1 7:30 p.m.
Officers responded to the report of a citizen acting suspicious at The Hope Center. MPO Borja located the woman and, after speaking to her, notified a friend of the woman who responded to the scene to take care of her.

Juvenile Case 17-000032 **Patrick Street, SE Jan. 2 1:39 a.m.**

A resident reported that her daughter left the home earlier in the evening after they had an argument and has not returned. The juvenile returned home later the same day.

Unauthorized Use of a Vehicle 17-000045 **1000 Block Moorefield Hill Place, SW Jan. 3 12:55 a.m.**

A resident reported his vehicle was missing from his residence. The resident believed his friend had taken the vehicle and did not wish to pursue charges. Officers searched the area and gave a lookout to surrounding jurisdictions.

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MIDWEEK SERVICES, WED. 7:00 PM**

CALENDAR

Send announcements to connectionnewspapers.com/Calendar/. Deadline is Friday at noon for the following week's paper. Photos/artwork encouraged.

THURSDAY/JAN. 12

SCOV Open House/Registration Day 10 - noon Unitarian Universalist Congregation of Fairfax, Program Building, 2709 Hunter Mill Rd, Oakton. There will be an open house for Seniors at the Winter semester of Adventures in Learning. The eight week session will begin January 19th and run through March 16th from 9AM to 2PM. Light refreshments will be provided. If you are unable to attend the open house, you may view the schedule of interesting classes and registration form at <http://www.scov.org/ail-open-house> and mail the form to us at any time during the term. There is a \$40 registration fee for the semester, take as many or as few classes as you wish. 703-281-0538

MPA Opening Exhibition Reception 7 - 9 p.m. 1234 Ingleside Avenue, McLean. There will be new exhibitions Opening January 12 Exhibits feature 3 local artists; showcase construction work, sculptures and monoprints. The exhibits will be in the Emerson, Atrium, and Ramp Galleries. www.mpaart.org

"Brush Up Your Shakespeare" 7:30 p.m. \$5/\$3 MCC tax district residents.

Experts from the Shakespeare Theatre, American Shakespeare Center and the Folger Shakespeare Library are back to give you a guided tour of the world of Shakespeare in preparation for American Shakespeare Center on Tour's Shakespeare Weekend at The Alden.

SATURDAY/JAN. 14,

Barter Theatre "The Ugly Duckling" 1 p.m. 1234 Ingleside Ave. McLean. \$15/\$10 MCC tax district residents. For ages 4+. It's hard being different. When a strange egg shows up in Mama Duck's nest and hatches, a very ugly duckling is born. After many failed attempts to "fit in," the ugly duckling sets out on a journey to find his true place in the world. He soon realizes that he must learn to love himself before he can discover who he really is. There will be a duck petting zoo before the show.

"The Giver" Barter Theatre 4 p.m. 1234 Ingleside Ave. McLean. \$15/\$10 MCC tax district residents. For ages 9+. Jonas' world is under control and safe. There is no war or fear or pain. There are also no choices. Every person is assigned a role in the community. But when Jonas turns 12, he is chosen for special training from The Giver—to receive and keep the memories of the community. Now Jonas will learn the truth about life—and the hypocrisy of his safe world. Through this astonishing and moving adaptation, discover what it means to grow up, to grow wise; and to take control of your own destiny.

SUNDAY/ JAN. 15

Martin Luther King Jr. Day Celebration at The Alden Center: Chuck D 2 p.m. 1234 Ingleside Ave. McLean. Best known as leader and co-founder of the legendary rap group, Public Enemy, Chuck D redefined rap music and hip hop culture with the release of Public Enemy's explosive debut album, "Yo Bum Rush The Show," in 1987. Speaker subject to change. Cost: \$20/\$10 MCC tax district residents. Visit: www.aldentheatre.org.

TUESDAY/JAN. 17

Auditions "The Stinky Cheese Man and Other Fairly Stupid Tales" 7 - 8:30 p.m. Students ages 10-16 who reside within the MCC tax district (Small District 1A-Dranesville) are invited to audition for this musical, based on the book by Jon Scieszka and Lane Smith. To reserve an audition time, contact Alden Youth Programs Director Danielle Van Hook at danielle.vanhook@fairfaxcounty.gov.

WEDNESDAY/JAN. 18

McLean Newcomers and Neighbors Monthly Luncheon 11:30 a.m. Duangrat's Thai, 5878 Leesburg Pike, Falls Church, VA. Patrick Lucas of the Fairfax County. Police Crime Prevention Unit will speak. Cost of the luncheon: \$22. To R.S.V.P. for the luncheon, e-mail Gloria Cohan, gloriacohan@gmail.com by January 12. Prospective members are invited. www.McleanNewcomers.org

THURSDAY/JAN. 19

"All For Aleppo" A Comedy Show To Benefit Those Suffering in Syria Doors open 7 p.m. 8 - 10 p.m. Jammin Java 27 Maple Ave E, Vienna. Do you like to laugh and be a good person? Then this show is for you. Get a babysitter. Come be part of a wonderful cause. You won't regret it. 2016 has been a tough year, especially for the people of Syria. Thousands of people have been injured in the fighting. Thankfully, Doctors Without Borders have been there to provide aid and medicine to those in need. Please help us in supporting their efforts by joining us for a night of laughter and good will. 100% of the net profits from this show will go directly to Doctors Without Borders. Cost: \$15 benctfd@gmail.com 571-230-9177

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Jammin Java will host "All For Aleppo" A Comedy Show to benefit Syria on Thursday Jan. 19. Doors will open at 7 p.m. The show will run from 8 p.m. to 10 p.m. at Jammin Java 27 Maple Ave E, Vienna. 2016 has been a tough year, especially for the people of Syria. Thousands of people have been injured in the fighting. Doctors Without Borders have been there to provide aid and medicine to those in need — 100% of the net profits from this show will go directly to Doctors Without Borders. Cost: \$15

ONGOING

The Freeman Store & Museum Wednesday through Sunday noon - 4 p.m. 131 Church Street NE Vienna. The Freeman Store & Museum is dedicated to Preserving and promoting Vienna's heritage through the identification, preservation, and interpretation of history significant places, events, and persons. Historicviennainc.org

Weekly Storytime. Wednesday and Saturday. 11 a.m. Barnes & Noble, 7851 L Tysons Corner Center, McLean. Themes and Titles vary. Free admission.

Bingo Night. Sundays. 4 p.m. Flame Room, Vienna Volunteer Fire Department, 400 Center St. S, Vienna. \$10. www.vvfd.org/bingo.html.

Gentle Yoga. Thursdays, 6:30 p.m. Emmaus United Church of Christ, 900 E Maple Ave. E, Vienna. Saturdays, 9:30 a.m. Unitarian Universalist Congregation of Fairfax, 2709 Hunter Mill Road, Oakton. Gentle Kundalini Yoga, one free introductory session, senior discounts. Increase flexibility, improve breathing and health, reduce stress. Ravi Kaur has 15 years experience teaching yoga. \$15 per session. www.edimprovement.org. 571-213-3192.

"Thrifty Thursdays" Basic Budgeting Classes in Annandale, Chantilly and Alexandria 7-9 p.m. Heritage Building 7611 Little River Turnpike, East Wing 1st Floor Conference Room D Annandale. Thursday, January 19, 2017 & Thursday, April 20, 2017.

South County Government Center
7-9 p.m. 8350 Richmond Highway, Alexandria. Thursday, February 16, 2017 (Room 220) & Thursday, May 18, 2017 (Room 220) Chantilly High School 7-9 p.m. 4201 Stringfellow Road, Chantilly. Thursday, March 16, 2017 (Room 253) & Thursday, June 15, 2017 (Room 253)
For All Sessions, RSVP to: Carole Rogers at crogers@britepaths.org or 703-273-8829

Plan Ahead Vienna

FRIDAY & SATURDAY/JAN. 27 & 28

The Art of Marriage Friday 6:45 - 9 p.m. Saturday 9 - 3 p.m.

SEE CALENDAR, PAGE 13

WWW.CONNECTIONNEWSPAPERS.COM

News

'Hungry Hearts Tour' Comes To McLean

American Shakespeare Center to present three plays at Alden Theater.

By DAVID SIEGEL
THE CONNECTION

An Alden Theatre audience favorite, Virginia's American Shakespeare Center (ASC) is returning.

"Our patrons ask us to bring the ASC back again-and-again," said Sarah Schallern, performing arts director, McLean Community Center. What is so special about ASC performances; "they hark back to when Shakespeare's plays were first performed."

ASC's "Hungry Hearts Tour" will be coming to the Alden for weekend of three different plays; Thornton Wilder's "Our Town," The Bard's "The Two Gentlemen of Verona" and "Romeo and Juliet." These plays "speak to everyone; the messages never get old as we focus on the language and its beauty," said ASC tour manager Thomas Coppola.

For those less familiar with the three ASC productions; "The Two Gentlemen of Verona" is a delicious tale about a long-distance love that takes two clever women, several devoted servants and a dog to make things right. There are jealous lovers, a cross-dressing heroine, even a daring escape.

The bittersweet "Romeo and Juliet" has star-crossed lovers, ravishing language and a searing finale. The play has words of wisdom aplenty along with comic wit. Wilder's "Our Town" is a poignant look at life in small town America as its citizens grow, marry and pass away. The show examines how life flows for individuals and the community.

"We have a unique performance style designed to be seen, heard and felt," said Thomas Coppola, ASC tour manager. "Not only will twelve actors be performing the many characters in the plays, but some audience members can be seated on the stage close to the actors and the action."

Coppola also noted that In Shakespeare's times his plays were performed under the sun or using candles. At the Alden there was no special theatrical lighting used for the productions; ASC will use only the regular Alden venue lights.



PHOTO BY MICHAEL BAILEY/COURTESY OF MCC

Romeo and Juliet in American Shakespeare Center's production of 'Romeo and Juliet.'

Where and When

American Shakespeare Center's "Hungry Hearts Tour" performing William Shakespeare's "Two Gentlemen of Verona," "Romeo and Juliet" and Thornton Wilder's "Our Town" at the Alden Theatre, McLean Community Center, 1234 Ingleside Ave, McLean. Performances are Jan. 21 & 22, 2017. "Romeo and Juliet," on Saturday, Jan. 21, 8 p.m., "The Two Gentlemen of Verona" on Saturday, Jan. 21, 2 p.m. and "Our Town" on Sunday, Jan. 22, 2 p.m. For each performance the doors open and pre-show music starts 30 minutes before the performance. Tickets \$35/\$25MCC tax district residents. Tickets: visit: www.aldentheatre.org or call 703-790-0123.

A distinct feature for this year's ASC tour deserves mention. ASC will help place a homeless dog with a family. Working with the Fairfax County Animal Shelter, the Alden and the ASC will "audition and then cast a canine actor for a role in 'Two Gentlemen of Verona,'" said Schallern. "The dog will then become available for adoption."

"The core idea of the acting troupe is to directly engage the audience to create an actor/audience bond," said performer JC Long. "We aim to create a living, breathing performance not just an academic reading. Our aim is to enthrall audiences."

CALENDAR

FROM PAGE 12

When you were standing at the altar reciting your marriage vows, did you have any idea that marriage would be so complex? It probably didn't take you long to understand that your spouse is not as much like you as you thought. But figuring them out is more than just an equation. Marriage is more than a science; it's an art. And like any art form, requires an investment of time, focused study and the right tools. If you need to soften some of the edges in your relationship, or want to brighten the landscape of your marriage, The Art of Marriage is for you. \$60 Early Registration by January 12. viennapres.org/strengthen-your-marriage

SUNDAY/JAN. 29
The Sixth Annual McLean

Chocolate Festival, 1 a.m. to 5 p.m. The McLean Community Center, 1234 Ingleside Avenue, McLean. The admission fee is \$2 per person. Children age six and under are admitted free. Buy treats to eat on site or stock up for Valentine's Day. Featured on the Festival Stage will be performances by Ukulele Phil and the Hula Kids at 1:30 p.m., and bluegrass music by Mike Mitchell and the Wildman's at 11:30 a.m. and 3:30 p.m. Ongoing demonstrations of colonial American chocolate-making will be presented by American Heritage, a Mars company. There will be plenty of free parking. www.mcleanchocolatefestival.org

FRIDAYS-SUNDAYS/FEB. 3-19
McLean Community Players
"Company." 8 p.m. Fridays and Saturdays, 2 p.m. Sundays. Alden Theatre, 1234 Ingleside Ave. McLean,

VA 22101. A 1970 musical comedy based on a book by George Furth with music and lyrics by Stephen Sondheim. The original production was nominated for a record-setting fourteen Tony Awards and won seven. \$25/\$23 MCC tax district residents. Visit <http://www.mcleanplayers.org/>.

SUNDAY/FEB. 19

Concert: The Daraja Ensemble 4 - 6 p.m. at Saint Francis Episcopal Church 9220 Georgetown Pike Great Falls, VA 22066. This fellowship woodwind quintet from the University of Maryland takes its name from the Swahili word for "bridge." Coming together from around the country and abroad, their wide-ranging performances include ongoing outreach to Tanzania. Cost: Season pass \$150 or \$30 at the door. Visit: <http://amadeusconcerts.com/>

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JANUARY

1/11/2017.....HomeLifeStyle
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1/25/2017.....Community Guide
1/25/2017.....Winter Fun, Food, Arts & Entertainment; Valentine's Preview

FEBRUARY

2/1/2017.....Valentine's Dining & Gifts I
2/1/2017.....Wellbeing - National Children's Dental Health Month
2/8/2017.....HomeLifeStyle
2/8/2017.....Valentine's Dining & Gifts II
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2/15/2017.....A+ Camps & Schools
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Call for Candidates

McLean Community Center
2017 Governing Board Election

Qualification:

Must be a resident of Small Tax District 1A-Dranesville.

Petition to Become A Candidate:

- Candidate must pick up own petition packet at the Center, and return own petition.
- Adult candidate must have ten (10) signatures of adult tax district residents on petition.
- Teen candidate must be 15-17 years old as of McLean Day (May 20) and have ten (10) signatures of teens also 15-17 years old who live in the tax district and in the candidate's high school boundary area.

Positions:

- Three (3) Adult Seats - Three-year terms.
- Two (2) Youth Seats - One-year terms. One (1) each for the Langley and McLean High School boundary areas.

Key Petition Dates:

- January 23:** Petition Packets are available at the McLean Community Center, 1234 Ingleside Avenue, McLean, VA.
- March 17:** Completed Petitions are due at the Center by 5 p.m.



For more information visit the Center at:
1234 Ingleside Ave., McLean, VA 22101
call: 703-790-0123, TTY: 411
email: elections@mcleancenter.org
or visit: www.mcleancenter.org/about/candidates



McLean Community Center
The Center of It All

Slippery Hope



By KENNETH B. LOURIE

When you're diagnosed with a terminal form of cancer, you spend a lot of time talking to yourself, not aloud; well, mostly not aloud, trying to convince yourself of a million and one things that don't lead to that inescapable conclusion: premature death (I know, any death is premature). And when you get sick, as I am now and have been for the past 10 days; not getting worse, just not getting better; it is, at least for me, not only next to impossible, but impossible as well, not to think that perhaps this is the time when you have crossed the Rubicon.

Though what I am referring to are merely/mostly cold symptoms: sneezing, coughing, runny nose, nasal congestion, watery eyes, occasional headache; no temperature or sore throat, no vomiting, no nausea; it's easy to rationalize that I am simply experiencing a severe seasonal reaction to some strain of something which is, if what I hear from friends and family is true, something which is definitely going around. However, that assessment would presume I'm a relatively normal person, 'normal' meaning not a person diagnosed with stage IV, non-small cell lung cancer. Ergo, the conversations me, myself and I are constantly having with ourselves.

And though the answers rarely change (always minimizing, never reinforcing a negative, accentuating the positive), I have to admit the longer I live through these blips on the radar, the less conviction I am able to sustain in my ongoing attempts to talk myself into or out of, whatever the case may be, the challenges emotionally and/or physically, that characterize one's life living with cancer. And believe me, 'living with cancer' is all it's cracked up to be, and I'm one of the lucky ones, a survivor, nearly eight years in fact, post my Feb. 27, 2009 face-to-face appointment with an oncologist; my new best friend, who lowered the diagnostic boom to Team Lourie that day.

I think I can say with some certainty that the one constant in my life these past eight years has been the many conversations I've had with myself. Trying to maintain an even keel; heck, any keel that would keep me emotionally afloat. Obviously, encouraging and supportive words from others have filled many gaps, but there are way more gaps when I'm alone that need to be filled. Reading, writing, 'rithmetic, radio, television and the Internet, fill some and provide distraction for others, but still there are many more times when you're left alone with your thoughts; when the rubber really hits the road and somehow you must get through the night or the post-chemo weak or the before, during and after "scanxiety" and navigate the slings and arrows of the outrageous misfortune which has befallen you.

Mostly I have been successful. Occasionally though I have been depressed. Occasionally I have felt lonely. Occasionally I have felt out of control. And more than occasionally, I have just plain worried. Like now, when I'm sick and tired and wondering if persistent cold symptoms portend the beginning of something worse. After all, I do have lung cancer so any breathing-related and/or coughing problems could indicate an exacerbation of my underlying condition, or so I would guess.

Ah yes, guessing. That's perhaps the real problem. How do you stop yourself from going down that rabbit hole, especially when you've already quadrupled the back end of the number of years: two, offered up by your oncologist eight years ago? I don't suppose I could experience a normal life expectancy after being given a terminal diagnosis. Could I? I guess it's possible. Probable? I wouldn't know. However, there's no harm thinking about it. Except if you're thinking about it all the time.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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21 Announcements

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NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200.

I believe the future is only the past again, entered through another gate.
-Arthur Wing Pinero

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NEWS



Mary Walker: Exploring dualities of gesture and geometry.

McLean Project for the Arts to Open Three New Exhibitions

McLean Project for the Arts (MPA) is opening three new exhibitions on Jan. 12, 2017 in the Emerson, Atrium, and Ramp Galleries, located at MPA@MCC (1234 Ingleside Avenue, McLean). These exhibitions will remain on display from Jan. 12 through March 4, 2017. The Opening Exhibition Reception will be held on Thursday, Jan. 12 in the MPA galleries from 7 until 9 p.m.

EMERSON GALLERY: CONSTRUCTION WORK

Baltimore artist Mary Walker will exhibit wall-hung constructions that combine imagery and concepts from natural science, mechanics and the landscape. Found objects such as cable, screws, nuts and bolts are combined with painting, referring to the process of building and constructing. An interest in the dualities of gesture and geometry, the man-made and the natural, and chance and intention are also a key concept.

ATRIUM GALLERY: SOME ASSEMBLY DESIRED

The Printmaker and Jeweler Alice Kresse will highlight the similar sensibilities inherent in her monoprints and handmade jewelry in an exhibition featuring both approaches. She also brings her long career in

graphic design to bear on her work in printmaking, creating images that are poetic, carefully balanced and multilayered. The monoprint process allows her to construct a piece much as you would an object—building layer upon layer with images and atmosphere emerging from the space beyond.

RAMP GALLERY: POWER POLES

Deeply influenced by his international travel experiences, Alonzo Davis makes freestanding, wall-oriented and suspended sculpture. These works combine bamboo, wood, paper, paint and LED lights to invoke the imagery and energies of the American Southwest, Brazil, Haiti, West Africa and the Pacific Rim.

MPA, in residence at the McLean Community Center (MCC) for more than 25 years, must relocate temporarily while the MCC undergoes a major renovation in spring 2017. MPA's existing galleries and DuVal Studio in the MCC (MPA@MCC) will remain open and active through the close of this final exhibition—March 4, 2017. Once the renovation begins, MPA's second location, MPA@ChainBridge, will serve as MPA's primary gallery, classroom and office space for about two years. MPA@ChainBridge is located in the Chain Bridge Corner Shopping Center in the space between CVS and Kazan Restaurant.

For more information, visit www.mpaart.org.

Eagle Court of Honor for Six McLean Scouts

Boy Scout Troop 652 of McLean celebrated receipt by six scouts of the Eagle Scout award on Jan. 8. The Eagle recipients are, from left, Alexander Horenstein, Torin Lee Dunn, Alexander Jules Brunner, Jacob Walker Wadle, all seniors at McLean High School, William Powell "Liam"

Clark, a senior at St. Andrews Episcopal School, and Gabor Francis Luis Turnage, a senior at McLean High School. The court of honor was held at St. Dunstan's Episcopal Church, 1830 Kirby Rd, McLean, which sponsors Troop 652.



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