



The Arlington Connection

WELLBEING

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Jose Sacin, baritone and artistic director of Opera NOVA, performs at the winter concert at Our Savior Lutheran Church on Jan. 26.

Winter Concert For Opera Fans

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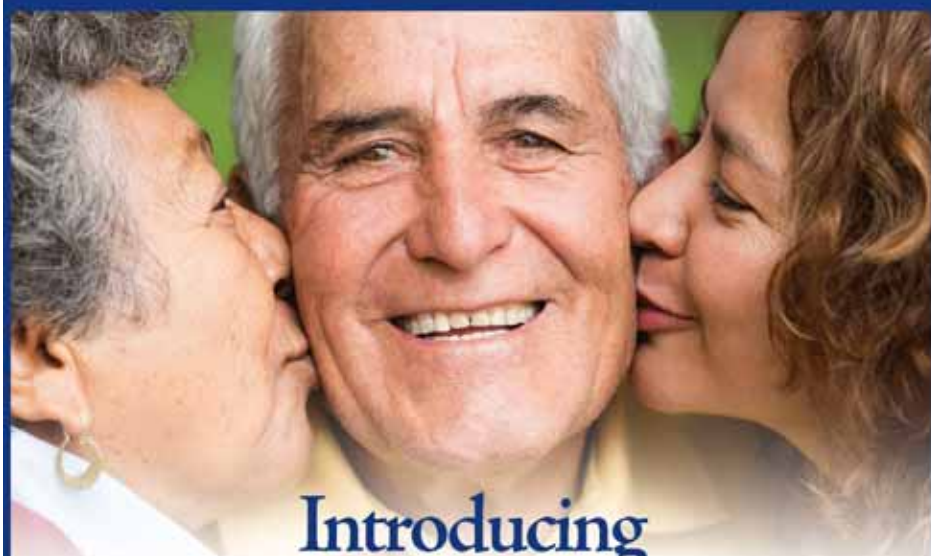
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PHOTO BY SHIRLEY RUHE/THE CONNECTION

FEBRUARY 1-7, 2017

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NEWS



PHOTO CONTRIBUTED

Students from all over Virginia attended the conference. From left are Jong Eun Jung, Emily Serviss, Jasmine Nguyen, Mary Wachawski, Jackson Thomas, Ethan Johnson, Zack Holden, and Claire Julia Troy.

Learning To Make a Difference

**High school juniors
attend Civitan
conference.**

BY EDEN BROWN
THE CONNECTION

Ever wondered about the blue sign on North Quincy Street near the Washington-Lee High School in Arlington which says "I-66 Civitan Garage Sale"? There is a story behind that sign which was told, in part, by local high school students who attended a conference at the Piankatank Camp and Conference Center in Hartfield, Va. over the weekend of Jan. 6, with two of their mentors, Patricia Koepsel of McLean/Tyson's and Brian "Pat" Robson of Richmond.

Why is the Middle East so complex? What makes a good leader? Am I a leader? Why is the U.S. Constitution so important? These were questions wrestled by young men and women from area high schools at the annual Civitan Leaders in Freedom Conference.

The Arlington Civitan Club sent six students, at a cost of over \$2,000: Joseph Andres from Bishop O'Connell High School, Youssef T.C. Thomas from Yorktown High School, Alistar J. Watson from Wakefield High School, and Bethlhem Dumtjie from Washington-Lee High School. The Tyson's Civitan Club sent six more: Caroline Brunner from McLean High School, Fabian E. Gonzalez and Orah Cecile Smith from Oakton High School, Anusha Ashrat from Langley High School and Claire Julia Troy, Zachary Holden, Jong Eun Jung, Emily Ann Serviss, and Jackson Thomas from Madison High School. Those students made up almost half of the 39 students who attended the conference, picked for having already demonstrated leadership skills in their schools or other organizations.

"We bring them in on Friday, on several smaller buses, from Northern Virginia, from Roanoke and Charlottesville, from out in the Tidewater area," said Robson, who has led the conference for 18 years. "We get them all on one bigger bus. None of them have ever met each other, and when they get on the bus they don't want to know each other — but then they start to warm up. Everyone gets to ride the bus for 60 miles, and at the end of that 60 miles they have had time to

look at each other and ask themselves: 'Do I want to know you?' Two days later they are so busy hugging each other and saying goodbye we can't get them back on the buses. They get together afterwards. Convene their own meetings. They establish a real camaraderie."

Nationally renowned professors of political science and law moderated exercises at the conference to teach students how to apply the principles of the First and Fourth Amendments of the U.S. Constitution as they role-play. Motivational speakers challenged everyone to embrace individual differences instead of allowing them to be platforms for division.

"I learned about how to make a positive difference in the world and made close friendships that will last a lifetime," said Brunner.

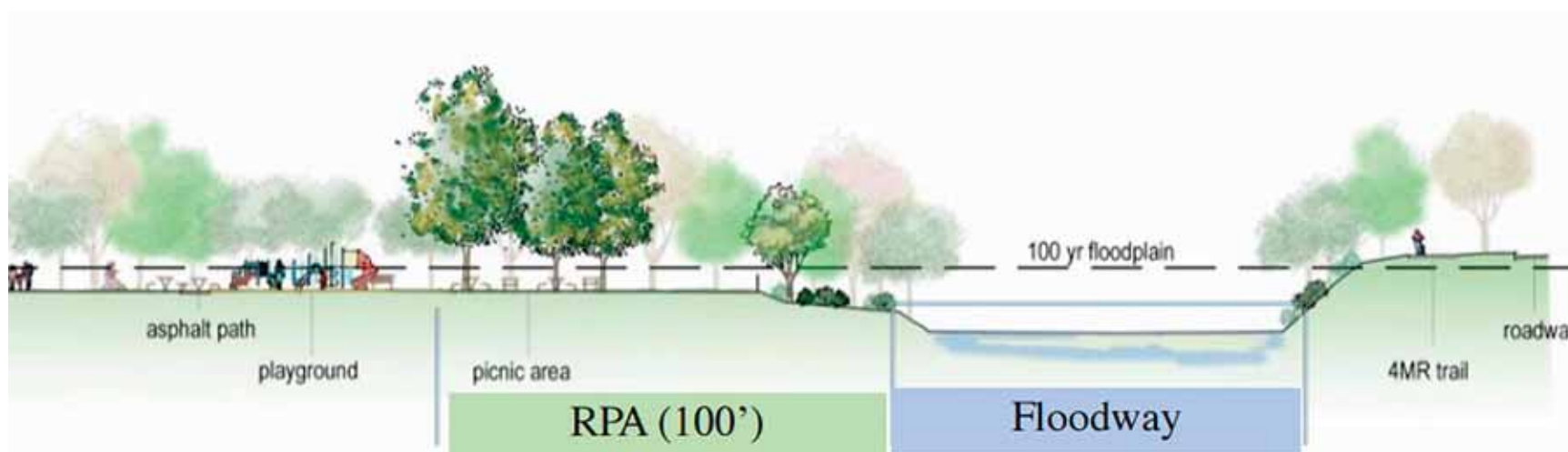
"I learned a lot through this great leadership experience," said Will Wallace, from southwest Virginia. "I truly feel like my leadership skills were strengthened through a series of leadership and team building exercises along with world-class speakers from across the nation. This event has truly changed my life and I cannot wait to apply the skills I learned to help change the world."

Civitan International was founded in 1921 in Birmingham, Ala. It is an association of community service clubs. The organization aims to build good citizenship by providing a volunteer organization of clubs dedicated to serving individual and community needs with an emphasis on helping people with developmental disabilities. There are about 30,000 members — referred to as Civitans — in nearly 1,000 clubs around the world, located in 50 countries.

You have to look at Civitan on two levels: their model is builders of good citizenship, but in the 1950s there was a member of the Baltimore Club, Tom McNulty, who had a son with Down's Syndrome, Tommy McNulty. He convinced Civitan to take its mission focus to kids with developmental disabilities. Then in the 1990s, Civitan teamed up with the University of Alabama and created the Civitan National Research Center. That would be a separate story," said Robson, but "if you see those blue plastic boxes with candy in them as you pay your bill at the restaurant, that is money we pour

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Recreation redesign for Four Mile Run necessitates plans for potential flooding.

Hidden Valley Long neglected Four Mile Run reimagined and redeveloped.

BY VERNON MILES
THE CONNECTION

SFour Mile Run Drive is not the prettiest view in Arlington. A trip west along the southern road starts with a scenic overlook of the ART bus parking lot. From there the southern view transitions into broken down cars propped up outside garages and featureless concrete buildings.

But all of that is changing soon. The Four Mile Run Valley (4MRV) initiative, started in May 2016, aims to develop a comprehensive vision, policy, and strategy for the area's future. A 20-person working group was established to advise county staff.

The main changes to the 4MRV will come to the park and waterfront area, which is currently inaccessible to Arlingtonians. The designs presented to the 4MRV Working Group on Jan. 18 showed possible visions for a promenade and elevated walkways that would transform the creek area into a riparian trail. The riparian, an area adjacent to the wetland, would provide a new outdoor recreational space in Arlington but comes with challenges. Currently, the water is several feet below street level. Any park space built along the banks of Four Mile Run would need to plan for flooding.

One of the biggest concerns in the local community is the future of the Shirlington Dog Park, one of the few currently existing attractions in the area. At the Jan. 18 meeting, dozens of citizens showed up to the meeting after a sign was posted at the park warning citizens that the group was going to vote on closing the dog park. They weren't, but the show of support was noted by members of the working group. While closing the park wasn't on the agenda, some of the proposed plans for the area could have a substantial impact on the dog park. Some of the park designs included bisecting the dog park and other natural space in the area for more street accessibility.

"We are reviewing changes to the

dog park as part of the Four Mile Run Redevelopment," said Edie Wilson, a member of the working group to the concerned dog park users. "We need you at this meeting."

While many on the working group didn't like the idea of roads through the natural space, Wilson also noted that the 4MRV does need more bridges and connectivity with Shirlington and Alexandria. Charles Monfort, chair of the working group, said there needed to be at least three bridges in the area that cross to Shirlington to make the new spaces viable and accessible.

Many of the potential redesigns for the 4MRV include park space extended into current office and business buildings. Frank McCreary, a property owner in Four Mile Run with a local business incubator, warned the group that purchasing that space could be expensive and suggested that as the group move forward, it try to find a way to work with private owners for the redesign rather than try and buy them out.

"When you start talking about taking over all of the private property in a long-term plan, are you going to put your money in that or take those buildings and do what a couple people suggested: working with the businesses to incentivize property owners and business owners," said McCreary. "[Most will be] more than happy to work with you. Maybe there's a tax incentive we can get. Maybe the county knows how we can get grants for building owners and property owners so we can enhance the look."

The redesign of the 4MRV extends beyond the nature spaces. The plans include a redesign of the local streetscape, implementing a more attractive "shared use streets" model based on developments in Houston, Texas. The streets would be livened up with greenery and have the asphalt replaced with a more permeable surface to help control flooding.

Mike Katrivanos, co-founder of New District Brewing in the 4MRV, said with the new street designs that the county would need to keep parking accessibility in mind.

"Regardless of whether you're a county employee, a property owner, a business owner or a resident, everybody needs to park here," said Katrivanos. "We see a shortage of parking here already. As a community benefit, let's look at parking and the location of a parking structure here."

Roberta Talmich, a Shirlington resident attending the meeting, said the priority should be on walkability.

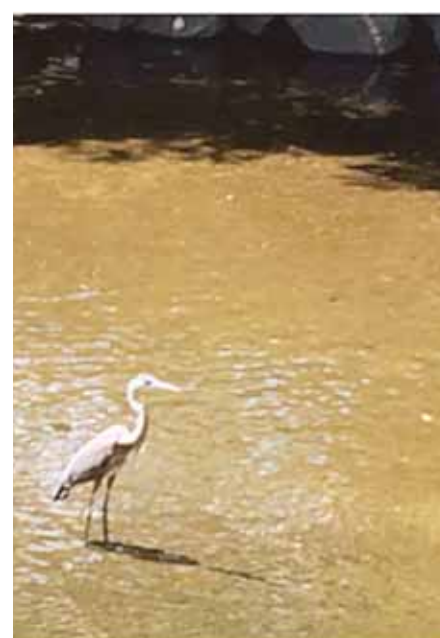
"We hear a lot about parking, but I would like to think about walkability," said Talmich. "There has to be a sidewalk. Would encourage you to think a little bit further out in terms of your area so I can walk to my community theater [in Four Mile Run]."

The next meeting of the Four Mile Run Valley Working Group will be on Feb. 7 at 7 p.m. at the Park and Natural Resources Operations Building. At this meet-



The Four Mile Run Valley Working Group.

PHOTO BY VERNON MILES/THE CONNECTION



PHOTOS CONTRIBUTED

Cranes and herons (top) are a common sight along Four Mile Run. One of the few pedestrian bridges (bottom) currently connects Four Mile Run Valley in the north to Shirlington village in the south.

ing, the work group will be presented with a second set of diagrams for potential redesigns of the 4MRV.

Prisoner Reentry: Some Solutions

Local programs, services help ex-offenders.

Part II

In a three-part series focusing on prisoner reentry in Northern Virginia.

BY SHIRLEY RUHE
THE CONNECTION

Thirty-eight thousand prisoners are incarcerated in Virginia with 12,000 adults and 500 juveniles projected to be released each year. Ninety percent of those released return to their communities. Ex-offenders may face stigma, lack of family support, inadequate life skills suitable for making it on “the outside” and difficulty getting and retaining employment.

Local solutions include Offender Aid and Restoration (OAR) serving Arlington, Alexandria and Falls Church; Guest House located in Del Ray serving women in Northern Virginia; and St. Joseph Catholic Church in Alexandria which ministers to both adult and teen-age former offenders including an employment initiative for teenagers. In addition, the prison system emphasizes intensive reentry training for ex-offenders, and parole and probation officers focusing on ex-offender rehabilitation as well as law enforcement.

OAR provides reentry services to previously incarcerated individuals including transition assistance and employment coaching. A new reentry program begins working with prisoners while they are still in jails or correction centers. On a 12-degree day in January the phone is busy and the reception room of the OAR office on N. Uhle Street in Arlington has a steady stream of visitors. Elizabeth Jones Valderrama, executive director of OAR, says it may be someone with sweatpants and a plastic bag of clothes who has just been released from jail and who needs temporary assistance like warmer clothes, transportation, or snacks while they are filling out the two hours of paperwork.

Sometimes it is a client with a clothing appointment who has come to be measured for a complete wardrobe suitable for that “look good, feel good” job interview or someone with an intake appointment to discuss their community service and work out a schedule around their job and family. OAR manages a community service program that is an alternative to jail or prison. A bright yellow table with crayons and a coloring book sits in the corner. “We want our clients to feel they can come with their children. A lot of them don’t have babysitters,” she said.

OAR’s pilot of the reentry program is based on 20 years of research focusing on criminogenic principles. The case manager does an in-house assessment of the prisoner to determine who is at high risk. “Then we set up meetings with them and give them information on the program and they decide whether they want to participate.” Jones Valderrama says since they launched the program in July 2015 they have worked with 24 participants both pre-and post-release. The first class of five graduated in



Kari Galloway, director of Guest House:
“They have had a lot of trauma. They have so many barriers.”

Elizabeth Jones Valderrama, executive director of OAR:
“OAR partners with Men’s Warehouse to provide a closet of suits for that look good, feel good interview.”



July. “This program is very labor intensive. It takes 300-600 hours of services for one prisoner each year. “And,” she said “it takes two and a half years of training for each staff member to be able to effectively administer the services offered.”

Jones Valderrama added, “We have changed everything in the last two years since the intensive reentry model.” This program focuses on cognitive development and behavioral thinking. “Before we didn’t focus on the cognitive; we helped people get jobs. We found that in prison they had a lot of groups but people didn’t get individual attention. “That’s when people come back.” She said in the past we were counting a lot of widgets like how many bus tokens we gave out but that didn’t change behavior.” For instance, Jones Valderrama remembers one person who said, “Yes I did steal from that family but they had insurance so they could buy new things. I did them a favor.” She says they have to change that kind of thinking.

OAR’s reentry program serves Haynesville and Coffeewood Correctional facilities and Peumansend Creek Regional Jail as well as the Arlington and Alexandria jails. There are five high-risk prisoners enrolled in the program at Coffeewood out of 1,193 prisoners. “We are trying to assess the need out there,” Jones Valderrama said. OAR works with about 2,100 people in a given year including about 1,600 individuals completing community service hours and

800 men and women receiving reentry services.

While there are a number of community resources offering food, housing and other assistance to the general population including ex-offenders, there are not many organizations specifically addressing their needs. Jones Valderrama said, “That is a good thing because it is difficult to do this correctly and easy for well-intentioned but untrained people to do harm and frustrate the client. We want our clients to have a positive experience.”

ANOTHER RESOURCE is Guest House located in Del Ray for recently incarcerated women who are on supervision. It is the only residential house of its kind serving women in Northern Virginia. There is no comparable residential house for men in Northern Virginia.

The participants at Guest House must be non-violent offenders with priority given to the Northern Virginia area. They must have been free of drugs and alcohol for three months and willing to make serious changes.

Terry Garrett, a nine-year alum of Guest House said, “If I hadn’t come here, I’d probably be back in jail, high or dead. I’m voting for dead the way I was living.” Now she is a speaker for Guest House and a part time monitor responsible for logging the women in and out, distributing passes if they go out, administering breathalyzers and urine tests “just as a precaution.” But she says the best part is sharing her experiences with the women going through the exact same thing — helping them get through the rough spots to know they can make it like she did.

The program offers a three-month residential stay providing a structured home environment with services and support. Each of the 24 women receives a mentor as well as a case manager who helps them develop an individual program with short and long-term goals. It can include visits to doctors, referrals to counseling and therapy, life skills development and mentoring, job counseling, or AA meetings. The after-care program can last 6-9 months.

Kari Galloway, director of Guest House, says both of these parts have to be completed in order to have a successful completion. “I wish we could keep them longer. I can’t even stay on a diet for six months, but we expect them to change their

whole life in that period of time.” She adds if they stay in the program for a year the recidivism rate is 10 percent, “but they have to go the whole year.”

Galloway says when she came 12 years ago, there were nine beds. The Department of Corrections increased it to 17 beds three years ago and then in July to 26. “There is a huge need. We have a waiting list of 6-12 at a time.”

Galloway said, “There is a misconception about their circumstances. They have had a lot of trauma, domestic violence, childhood abuse. They have so many barriers.”

Garrett said, “We are amazing women who made a mistake.”

Jones Valderrama added, “There are a lot of injustices in the criminal justice system. If they had better counsel or opportunity to grow up in a different neighborhood, they wouldn’t be where they are.”

Jones Valderrama said, “I stay on because I went to Coffeewood in 2010 and saw my friend from childhood incarcerated. So I said to myself wonderful people make mistakes.”

ST. JOSEPH Catholic Church on N. Columbus Street in Alexandria has entered into a partnership with the Court Service Unit of the Alexandria Juvenile District Court to help youths on probation find employment.

“We are only eight months into the program; nevertheless, we can already point to some successes,” Michael Diffley said. “Six teenagers have found employment so far with our help.”

Diffley also works with adults, an effort began after meeting panhandlers on the street and finding out who they were. “I connected with them, all homeless and all ex-felons. It hasn’t been without its ups and downs. But we have to help them cross the street from their side to our side. There is a place for programs which help a lot of people, but there is a place for intensive focus — a place for holding onto a guy’s hand while going through a hard time. Guidance on how to help them when they fail. They can’t make it without it.”

Harold Clarke, director of the Virginia State Department of Corrections, says there are intensive reentry programs in 16 of the state’s 39 facilities in an effort to help them get contacts and get out in the community. These programs begin 3-6 months before release from prison or jail.

“We teach motivational interviewing to engage the offender,” he said.

Clarke explains that the culture of prisons depends on which of the six levels the prisoner located in; the higher the level, the more control. “As people move from higher to lower, they approximate outside society.”

Under Clarke’s leadership there has been a new focus on prisoner reentry. He says the DOC is responsible for public safety but “if we help ex-offenders make better decisions and help them become successful, then in the larger picture we are helping create public safety.” Clarke adds that it

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Michael Diffley, St. Joseph’s Church:
“We have to help them cross the street from their side to our side.”

PHOTO BY SHIRLEY RUHE/THE CONNECTION

Helping Ex-Offenders

FROM PAGE 4
takes a process to focus on the culture of an organization and to help change the mission of an agency. It takes clarity of purpose and “we have annual training seminars and speakers to focus on our mission and vision.” Clarke said in Virginia 26 percent of ex-offenders are back within a year compared to over 40 percent nationwide. “We must be doing something right.”

Gail Arnall, former director of OAR said, “Under his wonderful leadership Clarke has turned the culture for parole officers from law enforcement to guidance and encouragement.”

Jennifer Male, parole and probation officer in Alexandria, says when she first started in 2003 a lot of emphasis was on law enforcement. Now there is also an emphasis on helping the client. “We don’t want to be known as police. We want to be sure there isn’t another victim but also that the client enters society successfully. That reduces the number of victims.” Male says she



PHOTO BY SHIRLEY RUHE

Jennifer Male, probation and parole officer in Alexandria: “We don’t want them to think of us as police. We want to help.”

has a passion for this job and has so much invested because “It could be him. It could be me.”

Male currently has 50 in her caseload but had 100 at a different location. “We’re lucky in a small area like Alexandria to have so many resources available,” he said.

How often she sees an ex-offender depends on their needs and risk level. Male has an initial meeting with the ex-offender and then does a risk assessment based on background, family history, education, and how they feel. They make a case plan together with a goal. “It doesn’t have to be like keeping clean. I let them set the goal and what they have to do to get there. We talk about things. I don’t just tell them what to do. This drives the supervision. People say to me ‘You must see a lot of bad people.’ I say some have been here one time and never again. There are a few revolving doors in and out time and time again. I try to figure out why.”



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OPINION

So Much Happening, Don't Blink

Demonstrations at Dulles in reaction to travel ban; fast moving General Assembly lacks transparency; other key issues.

There is so much going on this week: Locally, the effects of a travel ban at odds with American values played out at Dulles International Airport, but stimulated a heartening response, with volunteer attorneys offering help, local, state and federal elected officials demanding accountability and peaceful demonstrators protesting the un-American assault on travel from particular Muslim-majority countries.

"I was just amazed at the number of people, the energy, the spirit, the spontaneity," said Del. Marcus Simon, who used FaceBook Live to share the scene over several days. "In some ways, it was heartening, to see so many Northern Virginians reacting."

See reporter Tim Peterson's story in this paper.

CROSSOVER is Feb. 7; that's when only bills that have passed either the House of Delegates or the Virginia Senate can move forward.

As this date approaches, the General Assembly has a serious transparency issue, as it continues to kill most proposed legislation with unrecorded voice votes in subcommittee, with no accountability or record of how members voted.

This was raised to new heights earlier this week, when a House of Delegates subcommittee killed proposed constitutional amendments including non-partisan redistricting and restoring voting rights of felons, along with more than 20 proposed amendments, in a single vote.

John Horejsi of Vienna, who heads the organization Social Action Linking Together, notes that his organization is unable to track what happens to legislation they support. This head-

line, which ran last week on www.roanoke.com, says it all: "Bill to require recorded votes dies on an unrecorded vote, again."

State Sen. Creigh Deeds continues important work on mental health reform, citing three priorities this year, requiring most of Community Services Boards around the state to provide same-day service and certain outpatient services; to assess and provide care for inmates who have mental health needs; and long-term supportive housing to help avoid repeated mental health crises.

About 200,000 people in Virginia have had their motor vehicle licenses suspended for a legal infraction that has nothing to do with a driving offense. And 650,000 people in Virginia have a suspended license for failing to pay court costs. This is an obstacle to holding a job and being able to meet other obligations, and legislation to stop this counter-productive practice is still alive in the Virginia Senate.

The sale of high-proof grain alcohol in Virginia Alcoholic Beverage Control stores passed the House of Delegates earlier in the session, and is just foolish.

EFFORTS by state Sen. Adam P. Ebbin and others, supporting repeal of the Virginia constitutional amendment approved by voters in 2006 forbidding gay marriage should move forward. The 2006 amendment is no longer valid because the U.S. Supreme Court in 2015 legalized same-sex marriage.

State Sen. Chap Petersen introduced a doomed bill to ban contributions from public utilities. "Monopolies like Dominion or Appalachian Power have an undue influence on the political process. That leads to legislation

which has a direct cost to Virginia consumers, both residents and small businesses," Petersen said.

It looks like the felony threshold will increase to \$500 from \$200, an important distinction championed by Petersen and state Sen. Scott Surovell.

While the constitutional amendment to address voting rights for felons who have served their sentences died in the above action, Gov. Terry McAuliffe should be commended for restoring the civic rights of more than 128,000 Virginians, and his plans to restore rights for any remaining Virginia citizens who lost their rights. This has been a laborious and worthy process, adapted as needed to meet legal challenges and court rulings.

— MARY KIMM,

MKIMM@CONNECTIONNEWSPAPERS.COM

Submit Photos to Pet Connection

The Pet Connection, a twice-yearly special edition, will publish the last week of February, and photos and stories of your pets with you and your family should be submitted by Feb. 15.

Please tell us a little bit about your creature, identify everyone in the photo, give a brief description what is happening in the photo, and include address and phone number (we will not publish your address or phone number, just your town name). Email to arlington@connectionnewspapers.com.

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can values — as one nation — just as if we all have one swing set to share in our backyards.

Kay Neseem
Arlington

Economic Opportunities

To the Editor:

When Bob McDonnell was Governor, he named his Lieutenant Governor Bill Bolling "Chief Jobs Creation Officer." Only one candidate in this year's race for Lieutenant Governor has the ability to be given that title: Glenn Davis.

Glenn Davis can be Virginia's next Chief Jobs Creation Officer because he is already one of Virginia's chief job creators. Glenn is a small business owner with over 15 years of entrepreneurial and executive experience. He knows what it takes to move Virginia's economy forward into the 21st century.

As a young Virginian who is new to the workforce, I want to make sure that our Com

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The
Arlington
Connection

www.ConnectionNewspapers.com

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An independent, locally owned weekly newspaper delivered to homes and businesses.

**Published by
Local Media Connection LLC**

**1606 King Street
Alexandria, Virginia 22314**

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A Neighborhood Swing Set

To the Editor:

We had built a house when my son was a few months old (he is 29 now), and my daughter a little over two. It was on a cul-de-sac where the back yard of each house was interconnected. Simply put, those eight houses had a common back yard.

Soon after we moved in, we put a swing set in our backyard for my kids. The next day, I saw a little girl, age of my daughters' playing on the swings. She giggled each time her mom pushed her. I came out through my back door with my kids and introduced us. It took no time for my kids to become friends with the little girl and me with her mom. In the following few days my backyard turned into a neighborhood playground and a meeting place for all stay home moms.

We started sharing our food and our culture. I was the only non-white American Muslim mom but always felt one of them. From selling Girls Scouts cookies to walking the kids to bus

stops or singing door-to-door Christmas carols became joyful and a neighborhood thing to do.

Without any effort, we became watchdogs, baby sitters, molly maids, carpoolers, and rescuers for each other. Kids became "our kids" and we became extended families.

Along with many of my inexcusable shortcomings, I was notorious for forgetting my house keys, frequently locking myself out of my house to the point of embarrassment. My neighbor helped me so many times that he could open my window without any effort. Perhaps he had acquired expertise in that skill set.

There was never a concern for safety.

As I see fear trying to take over our values and our unity, I started to think about the good old days! The significance of that swing set struck my mind. I did not realize until today what it had done; it had brought all neighbors together as one community.

With all uncertainties, I am still filled with optimism. That same feeling of neighborhood still exists. Today all are coming together towards one common ground, that of Ameri-

PEOPLE

88 and Ready to March Again

Boarding the bus for the Jan. 21 Women's March, Ivy South says she is 88 years old and "this is my first march." Ivy was born in England in a very small place, "not even a village" and came over to America in "I think it was 1947." She has voted in every Presidential election since she was 21 years old.

But South said, "I have had time to pay more attention to politics this year than every before. I wasn't very happy with the outcome. I did not feel it was very honest. I really didn't like the things they said about Hillary. And he was so disgusting and so much of a liar. I would watch the clips and Trump would say one thing one day and the next day say he never said it." South said one thing she was troubled about was him wanting to get rid of the Affordable Care Act.

South said the March felt great, "It was very nice indeed." She said there were people coming in from the side streets, sometimes on both sides, but she didn't see or hear any violence. She had never seen so many people together in her life. But she was disappointed not to hear a speaker. "We found our way blocked so we ended up going back the way we had just come." She added that "the police people told us there was a big TV screen but we never found it and Cher was supposed to be there but there was such a big crowd she couldn't get in."

When the bus was ready to return, South didn't get on it. "I was disappointed. I came to march." So South stayed on until about 8 o'clock and then she and two others tried



PHOTO BY SHIRLEY RUHE/THE CONNECTION

Eighty-eight-year old Ivy South boards the bus for the Women's March on Saturday, Jan. 21. She said it was her first march, "But I'm ready to go again."

to get a taxi home but "of course they were all full. But finally we got one."

South said she saw so many signs. "I was really pleased. But I am 4' 9 1/2" inches tall so I spent most of my time looking up at the signs all around me. I got a stiff neck." South said when she got home "I wasn't even tired. I'm ready to march again."

— SHIRLEY RUHE

COUNTY BOARD NOTES

At the County Board meeting on Jan. 28, the board approved amendments to a recent regulation change that legalized Airbnb and other services involving the use of private homes as short-term rentals. The amendment removed the limits originally imposed last year on the number of contracts allowed at each rental location per night.

The County Board also approved the final purchase of the temporary headquarters for Fire Station 8. The County Board will pay \$800,000 for the property at 2215 North Culpepper Street. The temporary fire station serve the Lee Highway community while the permanent station is rebuilt at 4845 Lee Highway.

The County Board unanimously approved a resolution outlining items of support and concern regarding the widening I-66 project.

The resolution emerged after an environmental assessment released by the Virginia Department of Transportation (VDOT) showed the impact the widening would have on nearby Arlington neighborhoods.

The environmental assessment found that the I-66 widening would have impacts on right of way issues along the easternmost section of the highway. The project would require 4.9 acres of prop-

erty easements and acquisitions, 0.16 acres of which will be permanent acquisitions.

The resolution also calls for VDOT to review several traffic issues not addressed in the environmental assessment. According to county staff, the draft environmental assessment did not assess the impacts of multimodal transit in the traffic model analysis. The model used by VDOT does not account for bike lanes, pedestrian and bicycle movement, or the impacts of buses loading and offloading along the route.

County staff also expressed concern about a VDOT proposal to construct a grade-separated crossing bicycles traveling along the Washington & Old Dominion Trail. The resolution specifically called on VDOT to work closely with the surrounding communities to mitigate potential negative impacts from a bridge trail.

The environmental assessment did not examine the impact of noise mitigation. According to county staff, the impact of noise mitigation measures can only be examined once the design for the noise barriers are finalized. However, the resolution emphasizes that VDOT must communicate with affected citizens about the potential for noise barriers to be erected near their homes.



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ENTERTAINMENT

BABA Brings Alive Grandmother Memories

Here's to fun dining.

BY SHIRLEY RUHE
THE CONNECTION

Everyone can find their grandmother at BABA's according to Ivan Iricanin, the owner of the new restaurant on Wilson Boulevard scheduled to open Feb. 1. His wife Nya Gill, who designed the restaurant said, "You know your grandmother brings back a certain feeling."

Iricanin says he wants to create a neighborhood place that fits in with what is already there and as a result it will be open from 8 a.m.-1 a.m. on weekdays and 2 a.m. on the weekends. Brunch will be served until 3 p.m., "but not like a regular brunch with egg everything." He says it will offer three different oatmeal creations such as the Tiramisu Oatmeal with espresso mascarpone, organic almond butter, dark chocolate granola, and prunes with maple syrup. Or a "make your own oatmeal bar. Almond milk, butter, a little honey and shaved almonds — that's my thing." If you don't want the healthy option, you can get other items like eggs on toast with organic bacon and cheese. At 11 a.m. BABA transitions into sandwiches and lunch fare such as BABA's bowl of several kinds of beans with ginger syrup, Parmesan cheese, and charcoal-grilled kale.

This restaurant is not specifically Balkan unlike Ambar, its sister restaurant which opened in the space above in August. "It's more European but we still try to stay with what we know." The dinner theme is small



PHOTOS BY SHIRLEY RUHE/THE CONNECTION

Ivan Iricanin sits in the "bar zone" created by his wife Nya Gill to bridge between morning coffee and evening cocktails at the new restaurant BABA at 2901 Wilson Boulevard. She designed the restaurant in zones based on the concept of use so that people wouldn't be crowded on potentially busy weekends.

plates in three categories including meat, vegetables and seafood such as the Seafood Sandwich, open faced topped with seafood, sweetcorn and asparagus salad and Sriracha-tarragon mayonnaise.

Glasses hang in a rack over the bar for the cocktail hour that begins at 4 p.m. "We have a mixology bar with different antique glasses for each drink," Iricanin said. "Nya



Ivan Iricanin and his wife Nya Gill stand before the fireplace meant to create a warm and cozy space in BABA, a new neighborhood gathering spot. He explains that BABA means grandmother in Serbian, and it is cozy and warm just like memories of your grandmother.

found the glasses. Nya is a hunter."

She added, "It's a sport for me."

Iricanin says he has brought in Esteban Ordonez with an international reputation as a mixology consultant. The cocktail list includes names like Serbian Sombrero, Yugo Sidecar and Monastery. One of the cocktails is Beograd No u made with Rye Whiskey, Fernet and Gorki List Blend, Des-

sert Wine and Orange Bitters — strong, on the bitter side. "The

raspberry Rakia is bound to be a favorite at lunch. It takes 25 kilos of raspberries to make one bottle. You've got to like it."

Gill, who recently graduated with an MFA degree in interior architecture and design from George Washington University, has created three zones in BABA based on the concept of use. She explains it is so that people won't be crowded in on busy weekends. The brightly lit bar is designed with a lot of wood to bridge between the morning coffee and the evening cocktails. "This raised area is the VIP zone where people can gather for special events." And the fireplace zone is cozy with a working fireplace and bigger stuffed upholstery. The ceiling is covered with salvaged vintage windows as a response to the location in a basement. Nye said, "Since we didn't have windows, I created them on the ceiling. They are all original blown glass that I found in a salvage yard."

Iricanin said, "We always knew we wanted to do this but wanted to focus on the opening of Ambar upstairs and then turn to BABA. They worked on the concept. "I grew up with my grandmother. She took care of me." He continued, "I go there hungry, I get food. I go sad, I get out happy. And she made a good baklava, a big tray." His arms stretch wide. "And I always ate half of it. For a whole day I was on fire. She made an amazing white bean stew with smoked ribs."

He added, "We want to bring back that grandmother memory. Instead of fine dining, we call it fun dining, just like my grandmother."

CALENDAR

Email announcements to arlington@connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

ONGOING

Nicholas Rodriguez Sings 1970's favorites. Through Feb. 4, various times at Signature Theatre, 4200 Campbell Ave. Rodriguez's cabaret will fuse his love of all things 1970s with the music of Bossa Nova, disco, folk and Broadway. Visit www.sigtheatre.org for more.

The Lion in Winter. Through Feb. 11, weekends only, Friday and Saturday performances at 8 p.m., Sunday at 2:30 p.m., at the Thomas Jefferson Community Theatre, 125 S. Old Glebe Road. After the Feb. 5 matinee there will be a Post-Show Discussion with the cast and production team to learn more about the process of putting together the show. Visit www.thearlingtonplayers.org for more.

"Color Rush!" Art Show. Through the end of February at the Gallery Underground, 2100 Crystal Drive. Member artists were challenged to create dynamic works in splashy wake-you-up colors that will pop off the walls. Opening reception: Friday, Feb. 3, 5-8 p.m. Visit

www.galleryunderground.org.

Invasive Plants Removal. Work parties are held every month to keep the parks free of destructive invasive plants. Teens, adults and families welcome. Every second Sunday of the month 2-4:30 p.m. at Gulf Branch Nature Center, 3608 Military Road; call 703-228-3403. Every third Sunday of the month 2-5 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road; call 703-228-6535 or Visit registration.arlingtonva.us. Free, no registration required.

Poetry Series. 6-8 p.m. second Sunday of the month at IOTA Club & Cafe, 2832 Wilson Blvd. Hosted by poet Miles David Moore. Featured artists share their poetry followed by open readings. Free. Visit www.iotaclubandcafe.com or call 703-522-8340.

Open Mic Nite. 8 p.m.-12:30 a.m. every Wednesday at IOTA Club & Cafe, 2832 Wilson Blvd. Sign-up times are 7:30 p.m. and 10 p.m. Bring instruments, fans and friends. Visit www.iotaclubandcafe.com or call 703-522-8340.

Karaoke. 8 p.m. on the first Sunday every month at Galaxy Hut, 2711 Wilson Blvd. Visit www.galaxyhut.com or call 703-525-8646.

Pub Quiz. 8 p.m. every Sunday at Whitlow's on Wilson, 2854 Wilson Blvd. Prizes for first place. Free. Visit www.whitlows.com or call 703-276-

9693.

Storytime. Wednesdays and Fridays, 10:30-11 a.m. at Kinder Haus Toys, 1220 N. Fillmore St. Storytime with Ms. Laura. Call 703-527-5929.

Lego Club. Monthly on the first Wednesday, 4-5 p.m. Glencarlyn Branch Library, 300 S. Kensington St. The library provides tubs of legos and a special challenge and after the program the creations are displayed for everyone to see. No registration required. Call 703-228-6548.

Brunch at Freddie's. Third Saturday of every month, 11 a.m.-1 p.m. at Freddie's Beach Bar, 555 23rd St. The Arlington Gay and Lesbian Alliance gathers for an all-you-can-eat breakfast buffet (\$9.99). All are welcome. No reservation is required. Visit www.facebook.com/events/700174390103305.

THURSDAY-SATURDAY/FEB. 2-4

Crystal Couture Show and Sale. 5-10 p.m. Thursday, Feb. 2 and Friday, Feb. 3; 2-10 p.m. on Saturday, Feb. 4. 251 18th St. More than 30 boutiques and designers under one roof for a one-stop shopping experience that lets guests browse discounted offerings on the rack and on the runway. Visit crystalcity.org/do/crystal-couture7 for more.

THURSDAY/FEB. 2

Budgeting and Saving. noon-1:30

p.m. at Connection: Crystal City, 2117 Crystal Plaza Arcade. Gain tips and tools to help manage money. Free. Visit arlingtonva.libcal.com/event/ or call 703-228-7520.

Maarja Nuut Music Series. 7:30 p.m. at Rosslyn Spectrum Theatre, 1611 N. Kent St. Northern Estonian fiddler and vocalist. Free. Visit www.culturecapital.com/ for more.

FRIDAY/FEB. 3

Valentine's Day Card Making. 6:30-8:30 p.m. at Arlington Arts Center, 3550 Wilson Blvd. AAC instructor Jennifer Penick will lead the class through a few relief-stamp making and printmaking techniques to create a set of custom Valentine's cards. This one-night workshop has been crafted for any and all skill levels. \$40. Visit www.arlingtonartscenter.org.

Kleine Kammermusik Concert. 8 p.m. at St. George's Episcopal Church, 915 N. Oakland St. "Tides and Treaties: Music of the 1720s," a program celebrating the changing tides of European culture fostered by the 1720s treaties of peace and reconciliation. \$25/\$10 students. Visit saintgeorgeschurch.org.

SATURDAY/FEB. 4

Waterfowl at Gravelly Point. 8-9:30 a.m. at Gravelly Point, George Washington Memorial Pkwy. Visit different birding spots in Arlington

throughout the year and build County bird lists. Birders of all experience levels can participate and loaner binoculars are available. Ages 8 and up. 703-228-3403

Pirate Adventure Family Night. 7-9 p.m. at Arlington Mill Community Center, 909 South Dinwiddie St. Participate in a treasure hunt, create eye patches, pirate hats, and play the Shipwreck game to hone pirate skills. Go to parks.arlingtonva.us for more.

Night of Ballads. 7 p.m. at Rosslyn Spectrum Theater, 1611 N. Kent St. Teatro de la Luna presents Maria del Socorro, Amira Mendoza and Jorge Anaya. \$35; \$30 for students and seniors. Call 703-548-3092 or visit www.teatrodela luna.org for more.

SUNDAY/FEB. 5

AFAC Empty Bowls Lunch Fundraiser. 11:30 a.m.-2 p.m. at St. Andrew's Episcopal Church, 4000 Lorcom Lane. On Superbowl Sunday, for the price of a ticket, guests receive their choice of a bowl, hand-crafted by local potters, and meal of soup, bread, dessert. Two seatings, 11:30 a.m. and 12:45 p.m. Tickets are \$35; children 5 and under are free. Visit afac.org/afac-events/empty-bowls/ for more.

St. Jude Charity Ride. 1:30-2:20 p.m. at CycleBar, 3400 Columbia Pike. Sweat it out for a cause that counts. haley.bryant@cyclebar.com or 434-249-4568.

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ENTERTAINMENT

Super Bowl Wing Party. 5 p.m. at Quinn's on the Corner, 1776 Wilson Blvd. Specials during the Super Bowl game including mild, hot, Old Bay, or Guinness BBQ wings and raffling off a 55-inch Samsung Smart TV. Visit info@quinnsonthecorner.com.

MONDAY/FEB. 6

Sewers, Knitters and Weavers. 1 p.m. at Woman's Club of Arlington, 700 S. Buchanan St. Sandy Newton will demonstrate techniques she learned while working at Pioneer Farm at Mount Vernon doing extensive research of Washington's era, reviewing his slaves work ledgers. Call 703-553-5800 for more.

Meet the Author. 3-4:30 p.m. at Arlington Central Library, 1015 Quincy St. Encore Learning will celebrate Black History Month with a lecture by Carolyn Quick Tillery, an award-winning food history cookbook editor. Call 703-228-2144 or visit library.arlingtonva.us/locations/central-library/ for more.

Yoga, Live Drumming and Drinks. 7 p.m. at Mister Days Sports Rock Cafe, 3100 Clarendon Blvd. NamaSehkraft event is an hour-long, all-levels class to the transcendental rhythms of Druminyasa, plus the first post-class beer or wine of choice. Call 703-527-1600 to register or for more.

TUESDAY/FEB. 7

Fix-it Workshop. 4-7 p.m. at the Central Library, 1015 N. Quincy St. Free. Learn to repair small items around the house. Free. Visit today.arlingtonva.us/event/12099.

WEDNESDAY/FEB. 8

Olympic Gold Medalist Speaker. 6:30 p.m. at the Better Sports Club, 2700-2800 Clarendon Blvd. Arlington's own Tom Dolan, a two-time Olympic gold medal winner will be the featured speaker. \$25. Email BSCRSVP@gmail.com or call 703-241-0390 for more.

"Grasses for the Masses"

Workshop. 7-8:30 p.m. at Fairlington Community Center, 3308 South Stafford St., Room 118. Chesapeake Bay Foundation's program provides an opportunity to help restore the health of the Chesapeake Bay and Virginia. \$40. Visit www.cbf.org/grasses for more.

Arlington Committee of 100. 7 p.m. at Marymount University, 2807 North Glebe Road, Dining Room, Gerard Phelan Hall. Monthly dinner meeting to discuss attendance boundary changes. Call 703-522-5600 or visit www.apsva.us/school-board-calendar/ for more.

FEB. 8-MARCH 29

Arlington Arts Light & Shadow

Class. 4:30-6 p.m. at Arlington Arts Center, 3550 Wilson Blvd. This new multimedia course focuses on value, arguably one of the most important elements of art. Exercises in charcoal, acrylic, chalk, and collage will lead to dramatic images. \$195. education@arlingtonartscenter.org

THURSDAY/FEB. 9

Bingo Happy Hour. 5:30-8:30 p.m. at Arlington Rooftop Bar & Grill, 2424 Wilson Blvd. A benefit for Arlington Thrive that delivers same-day emergency funds to those in crisis. Free. Call 703-558-0035 or email nlafrag@arlingtonthrive.org.

Dance Company Benefit. 6-8 p.m. at Bistro 360, 1800 Wilson Blvd. Rosslyn's Bistro 360 is hosting the third-annual Sip & Sample Wine & Food Tasting to benefit Bowen McCauley Dance. Visit www.rosslynva.org/ for more.

A Centennial Celebration of African American Churches. 7 p.m. Marymount Gerrard Dining Hall, 2807 N. Glebe Road. Visit www.marymount.edu/ for more.

Adapted Yoga for Adults. 7:35-8:25 p.m. at Langston-Brown Community Center, 2121 N. Culpeper St. This yoga class is specifically for adults with disabilities and will include sound therapy (chanting), eye exercises, breathing exercises, body postures, and deep relaxation. A guardian or caregiver is included in the cost of the class. \$87. Visit www.specialyoga.com for more.

Pulitzer Prize-Winning Journalist. 7:30 p.m. at Marymount University, Reinsch Library Auditorium, 2807 North Glebe Road. CNN Correspondent Sara Ganim, who won a Pulitzer Prize for her coverage of the Jerry Sandusky child sexual abuse scandal at Penn State, will discuss ethics in sports. Visit www.marymount.edu.

Author Visit and Discussion. 7 p.m. at Woman's Club of Arlington, 700 S. Buchanan St. Dr. Alfred O. Taylor, Jr. author of "Bridge Builders, Nauck/Green Valley" will present the history, discuss the present and the future of Arlington's 172-year-old, earliest black settlements, Nauck. Call 703-553-5800 for more.

FRIDAY/FEB. 10

Celestial Stroll. 7-8 p.m. at Fort C.F. Smith Park, 2411 N. 24th St. A moonlit walk through the forest searching for nocturnal animals. Come learn how the moon moves, its phases, its effect on wildlife and learn legends about the moon. Visit parks.arlingtonva.us/locations/fort-cf-smith-park/ for more.

SATURDAY/FEB. 11

"Grasses for the Masses"

Workshop. 9-10:30 a.m. at Fairlington Community Center, 3308 S. Stafford St., Room 118. Chesapeake Bay Foundation's program provides an opportunity for Virginia residents to help restore the health of the Chesapeake Bay and Virginia. \$40. Visit www.cbf.org/grasses for more.

Sustainable Landscaping. 9 a.m.-noon at Fairlington Community Center, 3308 S. Stafford St. Interactive class will present ideas to create an easy-to-care-for and environmentally sustainable yard or common area. Visit mgnv.org or call 703-228-6414 for more.

Composer Camille Saint-Saëns. 7:30 p.m. at the Rosslyn Spectrum Theatre, 1611 N. Kent St. French romantic composer Camille Saint-Saëns celebrates the Valentine holiday, performing Vive la France: The Magic of Saint-Saëns. Free garage parking, entrance on Arlington Ridge Road. 301-540-4842.

Valentines Concert. 7:30 p.m. at Rosslyn Spectrum Theatre, 1611 N. Kent St. Featuring the music of Camille Saint-Saëns. \$33 Adult and \$17 Student. Call 703-685-7590 or Visit www.NationalChamberEnsemble.org for more.

FEB 11-12

Capture a Valentine's Day Memory. noon-5 p.m. at Pentagon City, 1100 S. Hayes St. Celebrate the holiday with the Valentine's Day photo booth. Free. Visit www.simon.com/mall/fashion-centre-at-pentagon-city for more.

SUNDAY/FEB. 12

We Love Animals. 1-2 p.m. at Gulf Branch Nature Center 3608 Military Road. Make your favorite animal a valentine, and learn ways you can help them in the wild. Ages 6-10. \$5. Visit parks.arlingtonva.us/locations/gulf-branch-nature-center/ for more.

MONDAY/FEB. 13

Crime Fiction Author Book Signing. 7 p.m. at One More Page Books, 2200 N. Westmoreland St., Ste 101. Ian Rankin introduces "Rather Be the Devil." Visit www.onemorepagebooks.com/ for more.

TUESDAY/FEB. 14

Black Arts Movement Poet. 2-3:30 p.m. in the Reinsch Library Auditorium, Marymount University, 2807 North Glebe Road. E. Ethelbert Miller is the recipient of the 2016 George Garret Award for Outstanding Community Service in Literature and the author of several collections of poetry. Visit www.marymount.edu.

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Anti-Immigration Ban Rallies Held at Dulles

Demonstrators, volunteer attorneys and elected officials welcome travelers, extend help to detainees.

BY TIM PETERSON
THE CONNECTION

Del. Marcus Simon (D-53) brought his two children, 13 and 11, to Dulles International Airport Jan. 28, not to fly, but to witness and learn.

Demonstrations sprang up at airports around the United States over the weekend, following an Executive Order by President Donald Trump that blocks travelers from seven largely Muslim countries — Iraq, Iran, Syria, Yemen, Sudan, Libya and Somalia — in the interests of more significant vetting and preventing would-be terrorists from entering the country.

Simon's wasn't the only family in attendance. Many had brought their children to the demonstration.

"You show them this is what you do, how you protest, be patriotic," Simon said, "when the government does something you don't agree with. You expose them to something positive."

THE BAN was announced Friday and officials at airports began enforcing it immediately. Travelers from the seven countries are blocked from entering the U.S. for 90 days, and new refugee admissions from the same nations blocked for 120 days. Syrian refugees are blocked indefinitely, according to the ban.

Some individuals who hold valid visas were impacted by the ban, and others with legal status and green cards have been detained at airports. A federal judge in Brooklyn passed a ruling over the weekend that blocked part of Trump's action, and Judge Leonie M. Brinkema of the U.S. Dis-

trict Court for the Eastern District of Virginia issued a temporary restraining order Saturday night specifically for those detained at Dulles.

Brinkema ordered airport authorities to grant lawyers access to detainees who are permanent legal residents, and that permanent residents not be removed for seven days.

Simon was at Dulles Saturday and Sunday, as well as state Sen. Jennifer Wexton (D-33), U.S. Rep. Don Beyer (D-8) and U.S. Rep. Gerry Connolly (D-11), asking that some of the more than 20 lawyers present be given that opportunity to meet with the detainees.

The scenes were intense and a little chaotic, Simon said, but the demonstrators were nonviolent and positive.

"I was just amazed at the number of people, the energy, the spirit, the spontaneity," said Simon. "In some ways, it was heartening, to see so many Northern Virginians reacting to [the ban]."

Gov. Terry McAuliffe appeared and spoke at the airport Saturday. U.S. Sen. Tim Kaine (D) visited the ongoing demonstration Monday afternoon.

Connolly was able to get one pair of detainees released Saturday evening with the help of immigration attorneys: Fairfax County resident and green card holder Ahmed Mohedian, 71, who had been held with his wife after returning from Iran. He was in that country receiving medical treatment, Connolly's office said.

"America has always stood for being a beacon of hope," Connolly said in a statement reacting to the ban. "Donald Trump would paint over Emma Lazarus's words on the Statue of Liberty. There are millions of us willing to stand with immigrants coming into our country. There are millions of us willing to insist that America's doors remain open to those fleeing injury, violence or persecution. This order was not thought through and must be rescinded. We will fight this illegal Executive Order."

Simon said airport security officials and border control told them they weren't allowed to say anything. One of the concerns, he said the legislators had heard,



PHOTO CONTRIBUTED

At right, U.S. Rep. Don Beyer (D-8) speaks with Dulles airport security officials, requesting lawyers be granted access to detainees impacted by executive action taken Friday by President Donald Trump.

was that individuals arriving from the ban-affected countries were being met once they got off the plane and asked to sign a document that essentially forfeited their green card.

"If that's what's going to happen," Simon said, "it shouldn't be."

If he had just landed in a foreign country and was met by men with guns when getting off the plane, said Simon, "I'd sign anything that was stuck in front of me." That's why it was important for the lawyers to meet with these people and explain their rights to them, he added.

Another issue Simon raised was the apparent lack of information and clarity on the details of the ban — airport officials seemed unprepared for enforcing it.

"The rank and file employees, they were stuck between a rock and a hard place, a really difficult position," Simon said. Typically with a ban like this, he continued, "you'd expect there to be some more coordination with agencies, planning, and

SEE BAN RALLIES, PAGE 15

Other Area Leaders Weigh In

On her Facebook page Monday, **Fairfax County Board of Supervisors chairman Sharon Bulova** said:

"The Executive Order issued on Friday is offensive and counter to what defines this country. We are a nation of immigrants committed to religious freedom. I am committed to keeping Fairfax County a safe and welcoming place. When I was sworn in as chairman, I swore to support the Constitution. I believe this ban on travel is unconstitutional and I urge the judiciary to continue to exercise its role in preventing further damage to our country's values and our reputation around the world."

U.S. Sen. Mark R. Warner (D), released a statement Friday, the same day as the Executive Order was announced. Warner is vice chairman of the Senate Select Committee on Intelligence:

"The Trump Administration Executive Order that indefinitely suspends the Syrian refugee program and pauses visas from Muslim countries runs counter to our American values. While I have always been open to a pause on our refugee program to ensure appropriate time for intelligence and law enforcement experts to ensure we protect our national security, these actions by the President presume the solution before the review is complete. It is a policy targeting Muslims that national security experts have testified would harm, not help, our national security interests. I join the interfaith community in Virginia and around the country in objecting to these moves, and I will work in Congress to block an effort which trades dubious increases in U.S. security for certain alienation of partners with whom we must cooperate to address terrorism."

The Most Reverend Michael F. Burbidge, Bishop of Arlington, released a statement as well, expressing solidarity with refugees:

"In his statement on the Executive Order halting refugee admissions, Bishop Joe Vasquez, chair of the Committee of Migration and Bishop of the Diocese of Austin, highlighted our nation's long and proud tradition of welcoming newcomers and refugees in a humane manner, even as we have pursued a strong vetting system to ensure our safety and security. Together with Bishop Vasquez and my brother bishops, I encourage Catholics to contact our elected officials to make our voices heard: Our communities have been and will continue to be hospitable to refugees, in keeping with our legacy of welcoming the stranger. Together, we also pray for comprehensive immigration reform and for peace, safety and harmony within our nation and throughout the world."

The full text of the Jan. 27 Executive Order is available online here:

<https://www.whitehouse.gov/the-press-office/2017/01/27/executive-order-protecting-nation-foreign-terrorist-entry-united-states>



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WELLBEING

To Move Or Not To Move

Local family moves mother into newly opened Kensington Falls Church.

BY MARILYN CAMPBELL
THE CONNECTION

One of the most heart-wrenching decisions that Denise Schossler, her two siblings and her 95-year-old mother had to make was whether or not to move her into an assisted living facility, leaving the home where she's lived since 1954. Physical limitations and a need for social interaction drove the decision to relocate to the newly opened Kensington Falls Church.

"My mother has managed to stay in her home all this time with the help of an aide who comes every day, but she realized that it just couldn't continue. One of the main things is the isolation and the loneliness," said Schossler. "She needs more social interaction than she gets alone in her home. She's someone who's had an active social life, but now it's just television and books."

A dearth of social interaction is one of the factors that can lead seniors into assisted living facilities. In fact, a recent study published in the Journal of Gerontology shows that seniors living in assisted living facilities have fewer unmet needs such as companionship, help with cooking, bathing and doing laundry than those who live independently. However, the survey of more than 4,000 people over the age of 65 shows that even in such retirement communities, unmet needs still exist. To address this challenge, local gerontology experts say that families must determine whether a loved one's needs meet the criteria for assisted living candidacy and once placed, work to ensure that those needs are being met.

"In counseling families making this diffi-

cult decision, I focus on safety factors for the patient and other family members," said Maureen Moriarty, D.N.P., assistant professor of nursing at Marymount University in Arlington. "Often cognitive impairment is the reason for assisted living. Perhaps memory is affected so the patient can no longer safely drive or remember the steps in carrying out activities of daily living such as cooking, bathing or management of finances."

In making this decision, an evaluation by an objective gerontology expert can be necessary, says Patrice Winter, DPT, assistant professor at George Mason University in the Department of Global and Community Health. "They come out and evaluate the house and the person as well," she said. "You have an objective, unemotional person instead of an adult child going, 'Mom you can't live here anymore.' and the mom saying, 'Stay out of my business.'"

Such an evaluation will show that there are times when a lifestyle adjustment is all that is needed. "Sometimes they can offer simple solutions that can make huge changes," said Winter. "Could it be that they need their eyesight and hearing checked? Or the washing machine moved upstairs"

so they can do laundry more frequently?"

When seeking an evaluation, Winter recommends local social service agencies such as the Fairfax County Area Agency on Aging. "The issue may not be cognitive, but the need for a living environment with more support may be triggered by physical limitations," added Moriarty. "Perhaps a chronic degenerative illness such as Parkinson's Disease has left the patient with physical care needs beyond the scope of family members."

Safety can become an issue when family members' physical limitations restrict the quality of care they are able to offer. "This opens issues not only to patient safety but also the family member may be frail or have their own physical limitations that limit their capacity to assist someone who, for instance, has balance loss," said Moriarty. "The key assessment as a clinician for me is that the family no longer has the resources to care safely for this individual in a home environment."

Schossler says that her proximity to the Kensington Falls Church will allow her to be in regular contact with both her mother and the staff. "My mother has grandchildren and great-grandchildren and we can visit her because the Kensington is just a few minutes away from where I live," she said. "My mother has already made connections with three people who will be there, so she's looking forward to moving. We happened to find the right fit at the right time."

"She needs more social interaction than she gets alone in her home. She's someone who's had an active social life, but now it's just television and books."

— Denise Schossler

Local Resources

- ❖ Alexandria Area Agency on Aging
<https://www.alexandriava.gov/Aging>
- ❖ Arlington Aging and Disability Services Division
<https://aging-disability.arlingtonva.us/>
- ❖ Fairfax County Area Agency on Aging
<http://www.fairfaxcounty.gov/dfs/olderadultservices/>
- ❖ Kensington Falls Church Open House, Feb. 1, 5 and 22, 4:30 to 7 p.m., 700 West Broad St., Falls Church

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Learning Leadership at Civitan Conference

FROM PAGE 2

into the national research center.”

To sponsor youths to go to the conference, clubs sell fruitcakes, hold bakesales, and raise funds locally so that the cost of sending each student can be met.

“How do I pick these kids?” said Robson, “I go to the guidance counselor and ask, or sometimes see a kid at church that looks like a good leader, or go to the Virginia Boys Home, or CIEE (Council on International Education Exchange) — we try to make sure we have at least one foreign exchange student; there were two this year, one from Brazil and one from Thailand. But the most important criteria: I want kids who will get something out of this experience.”

The conference is sponsored by the Chesapeake Division of the Civitan International. Robson said, “The theme is ‘Leaders in Freedom,’ no political ideology is espoused, and we tell the speakers, ‘at the end we shouldn’t know whether you lean to the right or the left’ — just focus on topics near to Americans and our constitution. Derius Swinton — a principal of the SOAR group, and an amazing leadership trainer and great enthusiastic motivator, speaks first, then break them for dinner, then comes Tina Ramirez, the president of Hardwired, Inc. who talks about freedom of religion. The whole basis of her organization is to promote religious freedom on a worldwide basis, and she’s been in some of the most dangerous countries in the world doing that; she gets an hour.

“Then Aaron Arnold, Junior Achievement of Hampton Roads, speaks on the free enterprise system, he’s from Colorado, almost like a tree hugger, and he relates well to this age group. Saturday morning, we were scheduled to have Andrew Meyer, constitutional attorney in private practice in Richmond, who has argued some significant cases, but he got snowed out. Normally the presenter takes one of several really thorny issue involving the Constitution and the kids



PHOTO BY MANUEL ANDRADE

Students work together to play games and solve problems at the Civitan conference. Zack Holden leads the group here.

are supposed to come out with a stronger understanding of how it works. You want them to understand that the politically correct answer is not always the constitutional answer, and the constitutional one will always win out.

“Our last speaker is Aram Hessami, a professor at Montgomery College, he presents a session on the Middle East. He is stellar. Aram only works from a flip chart, keeps them mesmerized, and will answer any question you have about the Middle East; he immigrated here from Iran in 1979, and you don’t know where he stands but you have a really good understanding why the region is the way it is and what you can do to fix it,” Robson said.

The conference dates back to 1969, when Vincent Dalfonso, a member of the Catonsville, Md. Civitan Club and a district governor of Chesapeake District, asked Civitan clubs to recruit youths to take them to Freedom’s Foundation, a separate entity set up by Dwight D. Eisenhower in Valley Forge, Pa., to encourage good citizenship. In 1995 they decided to make some changes, and stopped taking the youths to Freedom’s Foundation, at which point the conference faltered; Robson had been helping out since the late 1980s, and when the

district governor asked him to take over the conference, he agreed on one condition: they had to go back to Freedom’s Foundation. They couldn’t do overnight conferences anymore, which he thought was crucial, so their decision was: “Let’s use your talent and move the conference somewhere else, and since I am a Virginian, we moved it to Virginia. We did Camp Easter Seal in Milford, Va., one year there, and it worked OK so I was convinced we have as many talented people in Virginia as we have in Pennsylvania. We kept everything we knew would work, and just replaced their talent with our talent. We had some growing pains. Camp Easter Seal was sold, then we moved to Blackstone, Va. and now finally, to Hartfield, 60 miles due east of Richmond.

“We have the kids run the conference. That’s the idea, that they leave feeling they ran the whole thing themselves. We have 10 standing committees: the wake up committee, the news briefers, etc. and then we have the team-building sessions: one is to name all the state capitals, one is to name all the college mascots. There is a citizenship test, a Jenga game, and trivial pursuit. We break them into teams and try to not let groups form. If you are on a team with Caroline for one event, then you won’t be with her for the next event. That keeps cliques to a minimum and encourages inclusion. Leadership changes with the task: one kid will dominate in each — the sportsman or woman steps up in the team mascots game and knows them all; the student with great manual dexterity will rule in the Jenga team. Each team competes with all the others. Our goal is to create dependence on a new leader in each group: you have to let the person who can do it the best move to the forefront in order to win. I did not create this, I borrowed this from Freedom’s Foundation; but it really works, and my philosophy is, if it isn’t broken, don’t fix it,” said Robson.

What does Civitan want out of the youths who attend the conference? “We hope those who aren’t already members of a Civitan

Junior Club will start one or will join one when they become adults. Sure, it’s nice if they do something for Civitan, but what we really want is for them to see things differently as a result. Of 30-45 kids who are at the conference, the light will really go on for about 4 or 5 of them. You will see an intellectual change. Those are the ones that are going to change the world, somehow. If they never do anything for Civitan, but as long they do something for our country, we’ve done what we set out to do.”

As for that sign near W-L High School: the Arlington Civitan Club was chartered in December 1940 to help those individuals who were less fortunate than they were. Koepsel said, “In 1989 Arlington County came to the club and asked them to hold a garage sale at the I-66 Parking Garage so the neighbors could have their yard sales in a group to alleviate the parking problem on the neighborhood streets. The Arlington Civitan Club agreed to hold a Garage Sale the first Saturday of each month April through November and donate the profits to various non-profit organizations in the Arlington area that helped the less fortunate, with a focus on children with intellectual and developmental disabilities. This fundraiser has grown over the years with vendors coming from as far as North Carolina, Florida, New York, and Pennsylvania. It is known as the Arlington Open Air/Flea Market Garage Sale now. We continue to help 501-C-3 organizations. Anyone interested in more information about the Arlington Civitan Open Air/Flea Market Garage Sale or the Arlington Civitan Club can contact Koepsel at pkoepsel@msn.com.”

Robson says this is his last conference. He doesn’t want something with an intellectual baseline like this to become stale. He’s confident it will continue as long as they don’t change the structure. After 24 years of service in the U.S. Navy, this was his way of keeping on doing something for his country, and the Civitans. Anyone interested in joining Civitan or donating to its causes can visit www.civitan.org.



Opera NOVA presented a winter concert at Our Savior Lutheran Church on Jan. 26. Special guest was Russian Diva Yulia Petrachuk. She was accompanied by Joel Ayau.

Winter Concert for Opera Fans

Opera NOVA presented a winter concert on Jan. 26 at Our Savior Lutheran Church on S. Taylor



Jocelyn Hunt



Jose Sacin

Street. Michael Doan, the Narrator, told the audience that Opera NOVA has been in this area since 1962. It

has been widening its mission to include children, minorities and seniors. NOVA’s purpose is to use the arts to build a community “where performing and visual arts are not a luxury but instead an expression of the unity and soul of our community.”



PHOTOS BY SHIRLEY RUHE/THE CONNECTION

Elise Jenkins, a mezzo-soprano, opened the Jan. 26 program that was focused on a senior audience.

Senate Proposes Sewer Overflow Deadline

BY ADAM P. EBBIN
STATE SENATOR (D-30)



The Virginia Senate has advanced legislation to establish an extremely aggressive timeline for the City of Alexandria to address concerns over its Combined Sewer Overflow (CSO).

The CSO issue isn't a new one. Discharges from the combined sewer system in Alexandria, (like those in Richmond, Lynchburg, Washington, D.C. and the more than-800 older cities across the country) that are dealing with this issue, concern environmentalists greatly as they pollute waterways with untreated wastewater.

Cognizant of the importance of addressing this situation, the city has made serious progress in its stormwater and wastewater treatment in recent years, engaging in sewer separation, partnering with Alexandria Renew to process 13 billion gallons of wastewater every year, and beginning work on three of the four CSO outfalls, focusing on the ones that release into Little Hunting Creek. Those three outfalls were prioritized over CSO Outfall #1 that releases a mix of

wastewater and stormwater into Oronoco Bay when it rains, because they drain into a much smaller body of water where the wastewater becomes more concentrated. In keeping with the normal regulatory process, there was also an order to address them issued by the Virginia Department of Environmental Quality (DEQ). Planning and construction on the Oronoco Bay outfall had been slated to begin once construction of the other three outfalls was completed. Last fall, after concerns were raised in discussions with environmental advocates, myself, and other legislators, Alexandria voluntarily accelerated the timeline for addressing this outfall by 14 years, and I proposed legislation to advance the project by an additional six years.

Tackling the additional infrastructure project required to resolve the Oronoco Bay outfall while simultaneously addressing the three other outfalls is a daunting task. Solutions range from the construction of a three million gallon holding tank under Oronoco Bay or the shore to, alternatively, a holding pipe, that could be as large as ten feet in diameter. These large-scale options could also be complicated by working in potentially contaminated soil. The project will involve coordination with federal agencies, geotechnical investigators and civilian contractors, and costs under the expedited

timeline could range from \$150-\$200 million in addition to the \$188 million already slated to address the three outfalls along Little Hunting Creek.

Legislation proposed by Sen. Stuart (R-Stafford) and co-patroned by Sen. Scott Surovell (D-Mount Vernon) (SB898), mandated that the city remedy Outfall #1 by 2020 — an impossible deadline of three years. Engineers working with the CSOs in Richmond, Lynchburg, and Washington, D.C. have estimated that, if started today, the project would take between 9-12 years at a minimum. The bill's consequences for not meeting that deadline would have included a loss of all state funding for the city, approximately \$115 million per year. The bill sought to subvert the regulatory process by allowing the General Assembly to act as 140 amateur environmental regulators over the established procedures of the Virginia Department of Environmental Quality. With an overwhelming 10-3 committee vote, the catastrophic Stuart-Surovell proposal seemed poised to make its way rapidly through the Senate.

Speaking against the Stuart-Surovell proposal on the Senate floor, I stressed the importance of working toward a deliberate, intelligent and realistic solution. After the original proposal was delayed on the floor, I negotiated with Senator Stuart to bring

the timeline more in step with reality. While the improved bill that passed the Senate moves towards those goals, it still imposes an onerous completion deadline of 2025. However, it averts the potential loss of state funds and also likely removes the threat of the City of Alexandria having its AAA/aaa bond rating downgraded.

The Alexandria Chamber of Commerce wrote that the original bill was "a draconian measure that unfairly targets all Alexandria business owners, citizens, employees, public servants including public safety officers and teachers, and visitors." And, I agree.

Though the compromise is far from perfect, it is a huge step forward and I will continue working to improve the final legislation that emerges. Working with members of the House of Delegates, a similar proposal on has already been improved upon.

LETTERS

FROM PAGE 6

monwealth has the economic opportunities to allow me and my peers to pursue lucrative careers. That's why on June 13, I will be supporting Glenn Davis for Chief Jobs Creation Officer — and Lieutenant Governor.

Peter Finocchio
Arlington

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And So It Begins — Again



By KENNETH B. LOURIE

Thank God! Another three months, (13 weeks actually) of wedded-type bliss until my next scan scheduled for mid April. Save for four weeks of pre- and post-chemotherapy-infusion non-bliss in the interim when the effects of the before, during, after treatment will make me feel less like the person I will otherwise be — for the nine or so other weeks, I am indeed lucky to be “stable” and looking forward.

However, I will be off to a bit of a bumpy start as a result of the timing of my most recent chemotherapy infusion and its negative side effects coming so soon on the heels of the previous week’s positive scan news. Not that the negative overwhelms the positive in the slightest, it’s more that it slows down my progression from feeling abnormal to feeling normal; well, as much as one diagnosed and living with a “terminal” disease, non-small cell lung cancer, stage IV, can. Which, as you regular readers know, I’m generally able to do, except when there a blips, and for the next week, I’ll be “blipped.” Having considered the inevitable taste and eating issues I typically face post infusion, I spoke with a nutritionist this past week to see if I’ve been missing a boat somewhere. Unfortunately, other than remaining well-hydrated, it seems there’s very little I can do other than to endure the post-chemotherapy weak.

But of course, it’s the big picture (no tumor progression, no fluid build up) that matters most, not the small picture (the pre- and post-scan anxiety and the post-chemotherapy eating issues). And of course, it’s nothing new. I’ve been through variations of this routine going on nearly eight years now, since the diagnostic process began on Jan. 1, 2009, when I first visited the Emergency Room. Pain in my rib cage had migrated from one side to the other and simultaneously I was having difficulty catching my breath. Then, even I knew, I needed some medical attention. Two and a half months later after the usual schedule of tests, interpretations and more tests, I received my diagnosis with which you are all so familiar.

Amazingly, life has gone on and fallen into a sort of routine. The most recent one, going back approximately three and a half years, began with my first and only hospitalization followed up a month or so later with the beginning of my Alimta infusion. For the most part, the infusion/experience has been quite manageable, and according to my oncologist, “great.” So “great,” in fact, that we have been extending the interval of my infusions from three weeks originally to four weeks to four/five weeks to now infusing forward, every five weeks. This will give my body more time to recuperate between chemotherapy and give me more quality-weeks of life (always a concern of my oncologist); minimizing eating and anxiety issues.

For the moment, we’re keeping the scan schedule to every three months. As to our concern about trying to limit the exposure to radiation — per scan; as my oncologist sort of joked, it’s the toxins from the chemotherapy that are more harmful (it’s akin to the line from the movie “Butch Cassidy and The Sundance Kid” when Paul Newman snickered at Robert Redford’s concern about not being able to swim — should they in fact jump off the cliff into the raging river below, to escape Joe Lefors and the Indian tracker, Lord Baltimore: “Swim? Are you crazy? The fall will probably kill you.”)

So by the time you all are reading this column, Thursday-ish, I’ll be mostly back to eating normally — well, normal for me. It’s a routine I’ve become accustomed to and one with which I can live, live being the operable word. Certainly not a life without some hardships and difficulties, but still a life worth living; with some weeks harder than others; this week certainly being one of them. It won’t be pretty but soon enough it will have passed with clear sailing ahead for the next four weeks until you-know-what.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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Chun Ki Lee, President/Owner
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21 Announcements

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21 Announcements

Public Notice: Proposal to Voluntarily Remediate a Property

There is contamination from Petroleum impacted soil on site at Gilliam Place, 3507 Columbia Pike, Arlington, VA 22204

The Department of Environmental Quality (DEQ) is working with Gilliam Place LLC c/o Arlington Partnership for Affordable Housing (APAH) to develop a Remedial Action Plan to address cleanup of petroleum hydrocarbons at the site. If you have any questions regarding the cleanup please contact Vincent Maiden, P.G., Virginia Department of Environmental Quality, Northern Regional Office, 629 East Main Street, Richmond, VA 23218, Vincent.Maiden@deq.virginia.gov or Jason Beck, C.P.G., Senior Environmental Project Manager, ECS Mid-Atlantic, LLC, 703-471-8400, jbeck@ecslimited.com

As part of the remedial action process a Remedial Action Plan (RAP) was submitted to the Northern Regional Office of DEQ on January 10, 2017, which allows for corrective action at the property to begin immediately. If you would like to review or discuss the proposed RAP with the staff of DEQ, please feel free to contact the Corrective Action Project Manager, Vincent Maiden, whose contact information is listed above. You may also contact Jason Beck, the environmental consultant for Arlington Partnership for Affordable Housing, whose contact information is listed above. DEQ will consider written comments regarding the proposed Remedial Action Plan until February 24, 2017 and may decide to hold a public meeting if there is a significant public interest. Written comments should be sent to DEQ at the address listed above. DEQ requests that all written comments reference the tracking number for this case; VRP Case # 00664.

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ECS MID-ATLANTIC, LLC on behalf of ARLINGTON PARTNERSHIP FOR AFFORDABLE HOUSING

21 Announcements

ABC LICENSE
AU Enterprise, LLC trading as Carlton Mini Mart, 4600 S. Four Mile Run Dr. Ste C1, Arlington, VA 22204. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Wine & Beer Off Premises license to sell or manufacture alcoholic beverages.
Allan Urcia, Owner
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THE CONNECTION NEWSPAPERS

Ban Rallies Held at Dulles

FROM PAGE 10
information.”

In the press conference Saturday, Beyer referenced his Freedom of Religion Act he introduced in 2016, which stated that no one would be denied entry to the United States based on their religion.

“It’s so ironic that President Trump came out and said that we’re going to give special preference to Christians who are refugees because so many of them are being killed,” Beyer said. “Well I’m a Christian, but I respect that there are many more Muslims being killed right now, many more who are refugees.”

BULLETIN BOARD

Email announcements to arlington@connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

BORROW A SNOWBLOWER

The Department of Parks and Recreation lends a limited number of snow blowers to civic associations and community groups, increasing the number of passable sidewalks during snow events. Their goal is to ensure snow blowers are geographically distributed throughout the county. Snow blowers are loaned to groups who agree to plow for the public good and who meet specific criteria. Learn more at emergency.arlingtonva.us/weather/snow-ice/snow%20blower/

THURSDAY/FEB. 2

Unsafe Dating Behaviors. 4:30-5:30 p.m. at Washington-Lee High School, 1301 N. Stafford St. “Abusive Behaviors That Can Look Like Love” teaches teens about safe relationships, respect, supporting survivors and creating positive change. Visit pavingtheway.net/ or call 703-228-6200 for more.

FRIDAY/FEB. 3

Nominations for Volunteer Award. Deadline for Bill Thomas Outstanding Park Service Volunteer Award nominations for those who demonstrate a passion and support for dynamic programs, natural resources and public spaces. Email skalish@arlingtonva.us for more.

MONDAY/FEB. 6

Scholarship Application Deadline. 5 p.m. to apply for one of 70 new college scholarships

“FLOURISHING AFTER 55”

“Flourishing After 55” from Arlington Office of Senior Adult Programs for Feb. 6-10.

Senior centers: Lee, 5722 Lee Hwy.; Langston-Brown Senior Center, 2121 N. Culpeper St.; Walter Reed, 2909 S. 16th St.; Arlington Mill, 909 S. Dinwiddie St.; Aurora Hills, 735 S. 18th St.

Senior trips: DEA Museum, Arlington, Tuesday, Feb. 7, \$5; Toby’s Dinner Theatre, “Showboat,” Wednesday, Feb. 8, \$61; The Kennedy Center, Alvin Ailey American Dance Theater, Saturday, Feb. 11, \$115. Call Arlington County 55+ Travel, 703-228-4748. Registration required.

NEW PROGRAMS:

Lions Club eyeglass recycling program, Monday, Feb. 6, 2 p.m., Lee. Register, 703-228-0555.

Folk music sing-along, Monday, Feb. 6, 1:30 p.m.-3:30 p.m., Lee. Free. Register, 703-228-0555.

Tom Cunningham Orchestra open rehearsal, Monday, Feb. 6, 8 p.m., Walter Reed. Free. Details, 703-228-0955.

Medicare in 2017, Monday, Feb. 6, 11 a.m., Walter Reed. Register, 703-228-0955.

Senior transportation options, Tuesday,

IN A STATEMENT released through her Twitter account on Jan. 29, U.S. Rep. Barbara Comstock (R-10) said she supports increased vetting based on national security concerns. However, Comstock said she has consistently asserted: “I don’t believe it is constitutional to ban people from our country on the basis of religion.”

“The President’s Executive Order issued yesterday went beyond the increased vetting actions that Congress has supported on a bipartisan basis and inexplicably applied to green card holders,” Comstock continued, “people who are legally within our country who have followed the rules.”

worth up to \$450,000 that the Arlington Community Foundation expects to award to Arlington students. Visit www.arlcf.org/ or call 703-243-4785 for more.

Neighborhood College Applications. Deadline to apply for Neighborhood College to become an effective advocate, eight consecutive evenings through March 16. Visit <https://projects.arlingtonva.us/> or call 703-575-4412.

PBS Documentary Screenings. 3 and 6 p.m. at Inova Center for Personalized Health, 8110 Gatehouse Road, 600W, Falls Church. “Being Mortal,” a film that explores end-of-life care. Free. Visit www.inova.org/ for more.

Placement Exams for English as a Second Language for Adults. 5 p.m. at Arlington Mill Community Center, 909 S. Dinwiddie St. Arlington Public Schools’ REEP Program is giving placement exams for the Feb. 21-May 11. English (ESL) classes to be held at Arlington Mill Community Center/Thomas Jefferson School. \$200 for county residents, \$350 for non-residents. 703-228-4200 or www.apsva.us/reep

TUESDAY/FEB. 7

Community Read and Conversation. 7 p.m. at the Central Library, 1015 N. Quincy St. Book discussion explores issues of race. It provides a way for students and community members to discuss race in the context of the selected novel. Because of language, this book is only appropriate for students in high school and adults. Visit www.apcyf.org or email apcyf@arlingtonva.us for more.

WEDNESDAY/FEB. 8

New Lubber Run Community Center. 6-9 p.m. at the Lubber Run Community Center, 300 North Park Drive. Attend the community kick-off meeting to design the new community center. Call 703-228-4728 for more.

Feb. 7, 11 a.m., Arlington Mill. Register, 703-228-7369.

Smartphone photography tips, Wednesday, Feb. 8, 6:30 p.m., Arlington Mill. Register, 703-228-7369.

Arlington Walking Club, Wednesday, Feb. 8, 9:30 a.m., \$4, Lubber Run. Register, 703-228-4403.

Basics of estate planning, Wednesday, Feb. 8, 1 p.m., Lee. Register, 703-228-0555.

Free hearing screening, Wednesday, Feb. 8, 10 a.m.-2 p.m., Walter Reed. Call for appointment, 703-228-0955.

Stroke prevention, Thursday, Feb. 9, 11 a.m., Langston-Brown. Register, 703-228-6300.

Painting and staining techniques, Thursday, Feb. 9, 10 a.m., Walter Reed. Register, 703-228-0955.

Discover online world of coupons, Thursday, Feb. 9, 11:30 a.m., Lee. Register, 703-228-0555.

The Sounds of Classical Music, Friday, Feb. 10, 1 p.m., Madison. Details, 703-228-4403.

Ballroom dance, Friday, Feb. 10, 1-3 p.m., Lee. Free. Details, 703-228-7369.

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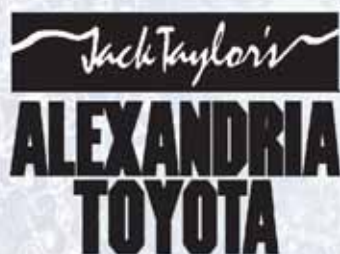
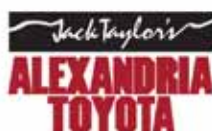
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