

# Alexandria Gazette Packet

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25 CENTS

APRIL 6, 2017



PHOTO BY VERNON MILES/GAZETTE PACKET

## 'Free Cone Day'

For Alaina Victor and Officer Jamie Victor, favorite ice cream flavors are "anything" and chocolate chip cookie dough. They were at Ben and Jerry's "Free Cone Day" on Tuesday. See story, more photos, page 6.

## Open Space Or Housing?

### Plans for North Potomac Yard take shape.

BY VERNON MILES  
GAZETTE PACKET

Today, North Potomac Yard is a strip mall and an empty movie theater. But as the city works its way closer to the realization of its plans to build a new Metro station at the site, details of the City Council's vision for the surrounding area are emerging.

At the April 4 City Council meeting, staff presented the North Potomac Yard Small Area Plan update. The current plan is to have

a small plaza, 0.3 acres, at the entrance to the Metro. From there the plan opens into a mix of residential and office buildings with required retail fronting. The prevalence of residential zoning in the area was concerning to Councilman Paul Smedberg, as Potomac Yard was originally envisioned as a primarily retail/commercial sector, but Planning and Zoning Deputy Director Jeff Farner said there's language in the plan that deals with occupancy of the buildings. According to Farner, the type of occupancy will be subject to review during the Development Special Use Permit (DSUP) process. In response to earlier City Council feedback, the building heights across the site are varied:

SEE PLANS FOR, PAGE 18

## Murder Mistrial

### Jury unable to reach verdict in murder of Shakeel Baldon.

BY VERNON MILES  
GAZETTE PACKET

Clarence Terry and Pamela Callaway Terry's relationship was a wildfire. The prosecution, saying Clarence Terry was a man losing control of his marriage, showed a series of threatening text messages to his wife to prove the building anger and frustration between the two of them. Prosecutors Amanda Tassa and Andrew Criado told the jury that Clarence Terry was a man fueled by jealousy who finally



Clarence Terry

lashed out and killed an innocent man, Shakeel Baldon, who approached Pamela Callaway Terry on the street and flirted with her. In the story the prosecution laid out: Clarence Terry approached his wife and the stranger near Landmark Mall. The prosecution says Clarence Terry stabbed Baldon in the chest and then fled the scene.

But the jury didn't buy that story. On March 28, Clarence Terry was found not guilty of the assault and

SEE JURY UNABLE, PAGE 18

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OPEN SUN 4/9, 2-4

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OPEN SUN 4/9, 2-4

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# Out of the Depths

## Story of Alexandria ship revealed.

BY VERNON MILES  
GAZETTE PACKET

**I**t was a good and sturdy ship, but she was getting old and the repairs just weren't worth the cost. Her unknown captain had pulled her up near the shore in Alexandria and it was discovered that the sacrificial planking at the bottom of the ship had been eaten away by worms from warmer climates, likely a recent trip to the Caribbean. The ship had been hauling heavy cargo for years, like timber and stones, but this was the end of her trip. The captain sold the boat to locals on the waterfront, and the top layers were hacked apart with axes for firewood. The bottom parts of the ship sank into the water, joining other broken hulls of ships of ships littering the shallow shoreline.

Then, roughly 230 years later, a construction crew working at the Indigo Hotel site raised the ship back up to the surface. The city had shifted, the shoreline now being a few blocks east, but the ship had remained intact.

Benjamin Skolnik, the city archaeologist, revealed new details about the ship buried on the Alexandria waterfront at the Save Our Ship Lecture on April 1 in the Torpedo Factory.

The age and birthplace of the ship were determined through a process called dendrochronology: the science of dating events, environmental change, and archeological artifacts by using characteristic patterns of growth in tree rings. Not only can tree ages



Alexandria shoreline in 1788, the red square indicating where the ship was found.



Remains of the Alexandria ship when it was first discovered.

be determined by the number of growth rings, but dendrochronologists can use the spacing of the rings to determine unique regional environmental shifts that impacted the tree growth. These ring configurations are the fingerprints of a forest, and dendrochronologists Michael Worthington and Jane Seiter from the Oxford Tree-Ring Laboratory were able to determine that the timbers for the ship had been growing in Boston from 1603 up until 1741, the last visible ring for many of the planks.

While the exact function of the ship remains unknown, the frame pieces of the ship being so close together shows that it

was very robust, enough that navy experts who first examined the ship were hopeful that it might have been a warship. Instead, Skolnik said it was determined more likely to be a cargo ship used to haul very heavy goods, like rocks and timber.

Skolnik was also able to determine roughly where the ship had travelled.

"The cheap wood bumper on the side of the ship was chewed through with ship worms," said Skolnik. "That tells us about the life of the ship. It had been to warmer, saltier environments. That's not just local ... most likely it went to the Caribbean."

Determining when the ship sank involves

diving into late 18th century records. The majority of the locating was possible by following the changes in the city's shoreline. In 1788, the shoreline was shifted to a position where the location where the ship was discovered would be alongside the bulkhead. However, by 1798, a lease record between Elizabeth Copper and John Thomas Ricketts shows that the area that was once shoreline where the ship sank had become a parcel of land. The window of the ship sinking can be narrowed a little to before 1796 where a mutual assurance fire insurance policy indicates the same.

SEE OUT OF THE DEPTHS, PAGE 18

# Goal: 'Safe, Secure, and Just Community'

## Council examines public safety operations.

BY DAN BRENDL  
GAZETTE PACKET

**A**t last week's FY2018 budget work session, City Council members discussed allocating resources to make Alexandria a "safe, secure, and just community."

This focus includes public safety functions like fire, police, sheriff, courts, etc. which accounts for about 20 percent of the proposed operating budget and 5 percent of the proposed 10-year Capital Improvement Program.

### FIRE

Discussion focused on the budget's proposed incentive pay scheme to retain "dual role providers," or dually certified firefighters-medics.

Under the "single role model," only firefighter-EMTs crewed fire engines and only medics crewed ambulances. The first unit on scene could not always fully address the situation at hand. So in 2014 the fire

department started shifting to the "dual role model." Every fire engine and ambulance crew will include a firefighter-medic, so it can immediately respond to any situation.

The fire department now has 19 firefighter-medics, but jurisdictions compete fiercely for dual-role providers. In the past 18 months, 11 relatively new single-role providers left Alexandria for greener pastures. In the past year, six dual-role providers left. "[T]he turnover ... makes it extremely difficult to push forward with the initiative to get the department up" to its staffing target, said Fire Chief Robert Dubé.

It's "primarily the money," said Dubé. Alexandria's firefighter-medics make \$57,100-\$96,300, which is below average for Northern Virginia jurisdictions. For comparison, Fairfax County offers \$72,800-\$101,400. Other jurisdictions give bonuses of \$3,000-\$10,000. Several also offer 42-hour workweeks, compared to Alexandria's 56-hour workweek, as well as shorter commutes.

Alexandria's proposed incentive scheme would provide dual-role providers a \$5,000 bump in annual salary and a one-time \$5,000 bonus. "This [proposal] here is going to stabilize us, I'm certain. [It will] stop some of the bleeding and allow us to get back on track," said Dubé.

"It does seem like we could set up some kind of progressive incentive package ... where duration is what provides financial incentive for folks," said Vice Mayor Justin Wilson.

Councilman Paul Smedberg lamented that larger jurisdictions can always outspend Alexandria. "Theoretically we're never going to be able to win that game. How do we look at it longer term? I think [that] is the key for us, potentially," he said.

Councilman Willie Bailey, himself a firefighter, suggested incentives other than just pay. "It could be something as small as the career ladder — classes, different things like that," he said.

### POLICE

Police also face turnover and understaffing. "That's almost the nature of the beast in public safety. There's always going to be a vacancy rate," said Police Chief Mike Brown. "If you can get somewhere close to the authorized strength you're in really good shape."

At the moment, the police department fares better than the fire department, having recently accepted two police officers transferring from other jurisdictions. "It's not going in the other direction. That's not to say it won't start. ... [I]t could be a heart-

beat away," in part because young hires tend to be more transient, said Brown. As it is, the department "has been losing 2-3 police officers each month due to attrition," according to a presentation slide.

The department is implementing several recommendations from a report issued by the International Association of Chiefs of Police. One recommendation led to adding a shift to the patrol schedule, resulting in several benefits. Officers now work 3.5 fewer hours per week, reducing departmental overtime costs by \$300,000 per year. "[W]e're seeing more patrol officers out on patrol because we're not overlapping at odd hours and odd intervals," said Brown. He also hopes that shorter shifts will improve "morale" by reducing "fatigue."

The city will also address attrition by overhiring new officers in FY2018 and subsequent years.

### JUVENILE JUSTICE

Alexandria is home to the Northern Virginia Juvenile Detention Center. The NVJDC holds youth offenders from Alexandria, Arlington County, and Falls Church awaiting disposition or transfer, or serving short sentences.

The proposed budget includes \$452,000  
SEE PUBLIC SAFETY, PAGE 22



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**Burke \$589,000**  
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**Nancie Williams 703.608.6959**

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## NEWS

# School Days Gunston Hall event raises \$4,000.

Scott Stroh, the executive director of Gunston Hall, was among the more than 60 guests at the Alexandria home of Gay and Bob Pasley April 1 to kick off a fundraising campaign for the Gunston Hall School House.

Hosted by the Alexandria Committee of the Colonial Dames, the event raised \$4,000. The proceeds will go towards the refurbishing of the second floor of the school house, which is used as an educational tool for children.

Located on the banks of the Potomac River in Mason Neck, Gunston Hall is an 18th-century Georgian mansion that was the home of the United States Founding Father George Mason.

Gunston Hall is planning a redesign of the second floor of the reproduction schoolhouse to look like the tutor's quarters. The newly refurbished space will contain more of the items a tutor likely had in his lodgings.




PHOTO CONTRIBUTED

**Gunston Hall executive director Scott Stroh, right, attended a fundraiser April 1 at the home of Gay and Bob Pasley to help raise funds for the Gunston Hall School House. With Stroh are Evelyn Griswold, Brooke Ross, George Mason interpreter Sarah Becker and Gay Pasley.**

Children on school tours and general visitors will have the chance to learn by exploring the room in detail as well as try on clothes and pick up personal items used by a tutor in the 18<sup>th</sup> century.

For more information, visit [www.gunstonhall.org](http://www.gunstonhall.org)  
— JEANNE THEISMANN



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## PEOPLE

# Take Up Sewing and Marry a Good Man

BY SHIRLEY RUHE  
GAZETTE PACKET

**T**he steady hum of the 20-year-old Singer sewing machine fills the front room at Suh's Custom Tailors on S. West Street. Sun Lee, a tailor at Suh's for over 20 years is working on alterations for a man's shirt. Lee has measured the customer and will trim the side seams on the shirt.

She has ripped out the old seam and clipped off the extra fabric. Now she carefully folds the fabric under and double stitches with strong cotton thread for a secure seam. Lee says she does maybe 20 garments a day from 10 a.m.- 7 p.m. depending on what she is altering. She estimates this shirt will take her about 45 minutes to complete.

"We do what the customer want." Lee's friend is standing nearby to act as translator when needed. She says that Lee could make a shirt but it would cost \$800-1,000 and would take a long time. So she tells a customer to buy a shirt for maybe \$200 and bring it there to be altered. It is faster and saves money.

Dresses in plastic bags hang on one wall, some long and formal and others everyday wear, with one wedding dress hung at the



**Sun Lee, tailor at Suh's Custom Tailors, double stitches the seam on a man's shirt. This will take her about 45 minutes.**

end. Lee remembers that for 10 years the hems would be short, then for 10 years they would be long, then back up again. A rack of men's jackets and trousers hangs behind Lee's workspace. Lee says that men's shoulder alterations are the hardest thing to do but hems are easy. "The fabric on men's shoulders is thicker and you have to take fabric out here and cut it there."

Lee's friend volunteers, "Customers always go to the same place and don't want to go anywhere else. New people come in and are always afraid — can she do it? She is very good. She has been doing this all of her life."

Eunice Moon stands nearby at a long table. She is removing a dress pocket and working down the seams with a razor blade. She says she will also fix the sleeves. "This will be easy because there is no lining so I'll just hem them up." Moon has been at Suh's for three months after working in D.C. for six years, and she does the easy jobs to get garments ready for Lee.

Lee says that she alters dresses, jackets, blouses — whatever the customers bring in. She adds that making the alterations is very similar in Korea and America, just fashions are different.

Lee went to tailoring school in Korea for three years when she was 23-years-old and after graduating, she taught for five years. She came to America with her husband in about 1987 and worked at Fair Oaks Mall for a long time and then moved to a business in McLean.

Lee says she ended up in this profession because she wasn't interested in studying



**Eunice Moon, a new three-month-employee at Suh's, works with Sun Lee, preparing the garments to get them ready for Lee to do the more complicated alterations.**



**Sun Lee says she can alter about 20 garments a day depending on the work she is doing. It could be men's shirts, blazers, dresses or the wedding dress hanging on the rack on the wall.**

in school. "So my father said 'why don't you take up sewing and get married to a good man.'" Her friend adds that she did get married to a good man because she doesn't even know how to put the gas in her own car because he has been doing it all these years.

*People at Work is a weekly column focusing on the people in the community doing their jobs. Send suggestions to slrbc@aol.com.*

## Smiles Abound on 'Free Cone Day'

**A**pril 4 is Children's Day in Hong Kong, the feast day of three saints, and Independence Day for Senegal. But most importantly for residents of Alexandria: it was Ben and Jerry's "Free Cone Day." From noon to 8 p.m., residents and visitors to Old Town were served a free scoop of ice cream by city officials and volunteers. The event helped raise funds for The Children and Family Network Centers (CFNC), an organization that provides free

preschool to at-risk Alexandria children and support services for their families in their neighborhoods.

"It's been going great," said Maggie Klefstad, development manager at CFNC. "It's been very positive, and the warm weather has definitely helped."

Klefstad said this was CFNC's third year of partnering with Ben and Jerry's for free cone day. The CFNC's goal for the fundraising event is \$4,000. "It's been

crazy," said Kyra Varner, who works at Ben and Jerry's and was helping the volunteers. "It's a wonderful experience. So diverse. I can't wait until the kids get out of school. I love serving ice cream to the kids, when you can see their face light up."

— VERNON MILES

**Deputy Robyn Nichols and Sheriff Dana Lawhorne serve ice cream.**



**For Matt Terrell (left) and Soe Terrell (right), favorite ice cream flavors are mint and chocolate respectively.**



**Officer Ryan Klein, behind the counter at the Old Town Ben & Jerry's Ice cream, was one of several Alexandria police and fire department employees helping out on Tuesday, April 4. It is Ben & Jerry's birthday but tips were collected as a fundraiser for The Child & Family Network Centers.**



**From left are Mickayla Brandao, Abigail Acheampomaa, and Melissa Fosuaah. Brandao said this is their second year coming to free cone day after their friend, who works at Ben and Jerry's, told them about the event.**



## NATURE



PHOTO © DONALD SWEIG

A Prairie Falcon perched on a water tower at old power plant in Alexandria on March 25. The white "supercilium" (eyebrow) over the eye and dark moustache marks on side of face are diagnostic for the bird.

## 'Big Deal Bird' in Alexandria

BY DONALD SWEIG

It would not have caused any particular notice in Flagstaff, in Santa Fe, in Boise, or elsewhere in much of the American west, but when a Prairie Falcon (*Falco mexicanus*) was found and reported in Alexandria on Saturday, March 25, it was a "Big Deal."

The bird was first spotted about 10 o'clock in the morning by a local D.C. birder, who was walking along the Mount Vernon bicycle trail near Tide Lock Park, looking for ducks and other waterfowl. As he was passing or approaching the now inoperative NRG Potomac River electrical generating plant, he noticed a bird perched on one of the outside structural beams. Apparently, not quite sure that he saw what he thought he saw, he immediately texted/posted it to a local birding group. Within just a few minutes, other birders arrived and observed the bird, decided it was what they thought it was, and at about 10:30 posted it to Va-Bird, the Virginia birding listserv, sponsored by the Virginia Society of Ornithology. This was an unprecedented ornithological sighting, not only for the City of Alexandria, but for all of Virginia, Maryland, the District of Columbia and much of the eastern United States. Indeed, this is an uncommon bird everywhere; even in the millions of acres of its normal range in the western states, there are only about 4,000 to 6,000 known pairs.

By around noon on Sunday, March 25, numerous other birders had arrived, confirmed the identification and posted ID photos to E-Bird, the birding database operated by the Cornell Lab of Ornithology. At this point, birders and other interested folks began to descend on the power plant from far and wide. By 10 o'clock on Sunday morning March 26, there were a dozen or more people there with expensive binoculars, telescopic spotting scopes, and cameras with telephoto lenses looking at and

photographing the falcon. About half of the observers were standing near the entrance to the plant at the intersection of Bashford Lane and N. Royal Street. The other half were out on the berm above the bicycle trail looking at the plant from the river side.

During the next two hours, another dozen or so folks came and went, and the bird was putting on what one of the observers described as a "really good show." The falcon was harassing or being harassed by a number of the local crows, and was engaged in any manner of aerial maneuvers and antics with the local birds. This bird can really fly, it's a falcon after all. The falcon was seen by numerous additional people on Sunday, and continued to be seen, sometimes sporadically, throughout the week of March 27 to April 1. It was observed perching, flying, and eating various prey species, such as sparrows and starlings. Surely, hundreds of people have come to see the falcon, from as far away as Cape Charles at the southern end of Virginia's Eastern Shore, Virginia Beach, Lynchburg, North Carolina, and who knows where else. The E-Bird rare bird alert (these are the serious birders) has well over 100 postings. A Prairie Falcon in Alexandria is a "Big Deal Bird!"

There's no way of knowing exactly where it came from, why it's here, or how long it might stay. If one wants to go look for the falcon, the best place to look is probably near the gates of the old power plant at the Intersection of Bashford Lane and N. Royal Street.

The bird often perched on one of the two rings, near the top of the two yellow holding tanks on the south side of the building. One will need binoculars or a spotting scope to see the falcon. There are likely to be other people there looking as well, which is often a help in finding the bird. Recent reports suggest that early in the morning before 8 or 9 a.m., and in the late afternoon between 5:30 and 7 p.m. might be good times to see

SEE PRAIRIE FALCON, PAGE 19

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# OPINION

## Another Step to Police Transparency

Opening up records of “unattended deaths” to families.

The first paragraph of Virginia Freedom of Information Act, passed by the General Assembly in 1968, states that all public records “shall be presumed open.” But the legislation includes an exception that allows police to withhold “complaints, memoranda, correspondence, case files or reports, witness statements and evidence.”

As a result, many police departments around the Commonwealth, including Alexandria, Arlington and Fairfax, have adopted what they call a “blanket” approach to using their exemption. That means they have decided to withhold any document they can without any analysis of whether they should. Police chiefs

and prosecutors from across the commonwealth have spoken out against any effort to undermine their broad power of exemption.

To its credit, the Fairfax County Police Department has committed to “release police reports with redactions rather than creating a summary document,” and the new policy is in progress.

During the 2017 session of the General Assembly, state Sen. Scott Surovell’s bill, SB1102, passed both the House and Senate without any votes in opposition. The bill would require police to release the records of investigations of deaths by suicide to the closest family member.

The bill summary: “Virginia Freedom of Information Act; completed unattended death investigations; mandatory disclosure. Requires that records of completed unattended death investigations be released to the parent or spouse of the decedent or, if there is no living parent or spouse, to the most immediate family member of the decedent.”

EDITORIAL

LETTERS TO THE EDITOR

## Taxing Away Affordability

To the Editor:

As a city resident for over 30 years, our local taxes have risen every year without fail as city leaders have been chronically unable to distinguish between items that are “needed” rather than only “nice.” Last year’s double digit jump in our property taxes and the City Council’s 2017 proposal, however, are truly alarming. If the proposed taxes (including fees) are passed, taxes on our home will have increased 22 percent in just two years. What’s more, the city’s budget documents suggest similar hikes are planned for the next couple of years. This is lunacy from councilors that

repeatedly express concern about the loss of affordable housing. (They are apparently oblivious that apartment building owners are going to pass these added costs on to their renters.)

A not insignificant part of this year’s proposed jump in taxes is the 30 percent increase in waste water fees and, what for now, is a \$70 storm utility fee. The new storm utility fee is scheduled for double digit increases each year over the next decade — a six fold increase — to raise \$390 million to build infrastructure to prevent waste water flowing into the Potomac. Because this is separate from our property taxes, these fees are not deductible from federal taxes. Why not include them in our property taxes like funding for all other capital expenditures?

Gov. Terry McAuliffe proposes to gut the bill by amending it to only require the police to provide a summary of the report.

Families deserve to have access to completed police reports about the death of a loved one. (This is also an issue for murder victims and other situations, but is not addressed by this bill.)

The General Assembly meets for its veto session Wednesday, April 5, and we urge every member who voted in favor of Surovell’s bill to vote to block the amendment.

We note that police departments do not have to withhold these reports; nothing in the current law prohibits their release. Police departments could choose the compassionate and transparent approach by releasing reports, redacting the names of witnesses and other information as reasonably necessary. This is what the FCPD is working towards.

— MARY KIMM

MKIMM@CONNECTIONNEWSPAPERS.COM

We are facing these unsustainable increases in taxes because the City Council and School Board have consistently not been true stewards of the taxpayers’ money. They are addicted to adding not only bells and whistles to virtually every project, but also going for grandiose projects while existing assets are not maintained. A new subway stop at Potomac Yards costing over a quarter of a billion dollars? Under the threat of imminent domain, the \$5 million of greenmail paid to Old Dominion Boat Club to move from King Street? Why was Patrick Henry’s rec center doubled in size when we are facing so many “unexpected” major expenses? Increasing subsidies to Bike Shares, a private company? Why is close to \$1 million is being spent on Beverley Park when a few thousands of dollars could have spent on erosion control a decade ago? The list goes on and on.

The School Board has been equally profligate, while school buildings have been mismanaged. How is it that there are reports of mold and peeling paint in classrooms at a time when the School Board voted \$1.4 million for T.C. Williams tennis court lights in 2015 and has spent approximately \$10 million for artificial turf at Hammond Middle School and various elementary schools?

Meanwhile, a false narrative is being promoted that we have been neglecting our schools for years and we should “fully fund our schools.” This slogan ignores the fact that we spend more per student than any of the neighboring jurisdictions with the exception of Arlington. With all this inadequate funding, why are we now going to provide universal pre-K? Rather than a lean but necessary budget, the School Board larded it up with items like \$4.1 million on lights and a football field upgrade at T.C. Williams. What other unnecessary items are in their proposed capital budget which more than doubled from \$274 million to \$611 million? And how is it that the city has never lobbied Richmond for budget oversight of our schools?

SEE LETTERS, PAGE 10



STEVE ARTELEY/GAZETTE PACKET

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## Hallowing Point River Estates

5909 River Drive, Lorton VA Bring Offer!! Waterfront just updated w/ enhancements throughout! Come for the views stay for the resort lifestyle. Luxurious 7600 sf Potomac River Pano views, 5B 4.5BT, Private \$1,899,000 Susan Gray Chambers (703) 203-9900 <http://bit.ly/2dyejgg>



## Chapel Hill

1300 Bishop Lane, Alexandria VA Located in one of Alexandria's finest neighborhoods, this lovely 5BR + 3BA brick colonial is sited on over one acre lot with towering trees, tennis court + 9 car garage! \$1,725,000 Donnan C. Wintermute (703) 608-6868 <http://bit.ly/2nDZtla>



## Open House Sunday 2-4pm Belle Haven

2105 Woodmont Road, Alexandria VA This home is ready for it's new owners! It sparkles inside and out with it's abundance of windows in the back, into the gourmet kitchen, master bedroom suite, etc. Complete w/5 brs, 4.5 baths, 3,600 sq. ft. A great value at \$1,370,000. Bonnie Rivkin (703) 598-7788 <http://bit.ly/2nDXbZB>

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## Open House Sunday 1-4pm Old Town

122 Cameron Mews,  
Alexandria VA This beautiful  
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hardwoods throughout, with  
chair rails and moldings.  
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English basement and  
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Ellis Duncan  
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## Harbor View

10821 Greene Drive, Lorton VA The Best value on the Occoquan River, Navigable waterfront. Timeless architectural detail, tranquil setting, spectacular pano views & well designed firpin integrating outdoor entertaining spaces. Property conveys membership in Harbor View Marina Club-Bring your boat! Hrdwd flrs, moldings, spacious Rms & relaxing vistas! Mins to VRE & I95 EZ commute to DC & Old Town Alexandria. 4B 3.5B \$824,900 Susan Gray Chambers (703) 203-9900 <http://bit.ly/2e9ggaJ>



## Virginia Village

10546 Assembly Drive, Alexandria VA Beautiful brick front. 3 BR & 2.5.5 BA. Hrdwd flrs on main and upper level. Upgraded Kit w/ custom cabinets, S/S appliances and granite ctps. In the heart of Fairfax City. \$439,900 Liz Bucuvalas (703) 626-8400 <http://bit.ly/2oCetUq>



## Open House Sunday 1-4pm Coppermine Crossing

13542 Davinci Lane, Herndon VA Bright & sunny open floor plan TH that shows like new. Freshly painted, Hardwoods, gas fireplace, wired for Ethernet & a deck. Gourmet kitchen w/ granite, gas stove, pantry. Lg BR's incl. the master suite w/huge walk-in closet, tray ceiling, double vanity & soaking tub. Very accessible to Dulles Toll Rd, Rt 28, Fx Cnty Pkwy, 5 min. to airport, wlk to shopping, schools & more. Home Warranty. \$365,000 Cathy D'Antuono (703) 819-3077 <http://bit.ly/2nTPLR3>



## Open House Sunday 1-4pm Canal Place

1115 Pitt Street N#1A, Alexandria VA Well maintained 1 bedroom condo with landscaped patio. 3" plantation shutters and newer engineered flooring, 1 parking space, corner unit. \$342,000 Jane King (703) 498-1034 <http://bit.ly/2ouD2WF>



## Wakefield

4333 Utica Avenue, Alexandria VA Sale by Original Owner (Sept 54) Great Opportunity for HGTV fans to create their own magic. Well maintained Hardwood floors, good use of kitchen space. Different style windows from others in the neighborhood, wood deck in back, front and back yard for outdoor activities. \$339,900 Nora Partlow (703) 867-8872 <http://bit.ly/2ouD2WF>



## Open House Sunday 1-4pm Exchange at Van Dorn

4852 Eisenhower Ave # 334, Alexandria VA 2 BR 2BA plus den. Two undercover parking spots are right outside of unit door!! Gleaming hardwood floors, carpet in BRs. Gourmet kitchen w/ newer appliances, granite. Private balcony overlooking courtyard. New HVAC unit! Shuttle service to the Van Dorn and Eisenhower Metro. Minutes to Old Town Alexandria, 495, 395, DC. Elevator, club house, pool, gym, billiard room, basketball court, tot lot, dog park. \$319,000 Cathy D'Antuono (703) 819-3077 <http://bit.ly/2nTPLR3>

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ALEXANDRIA GAZETTE PACKET ❖ APRIL 6-12, 2017 ❖ 9



# LETTERS

FROM PAGE 8

Unless something changes and changes soon, I think many of us will come to the conclusion that Alexandria is becoming too expensive of a city to continue to live in.

**Tom Slayton**  
Alexandria

## Source for Taxes?

To the Editor:

Your editorials urging Virginia accept Federal money so it can provide health insurance to those who have none consistently fail to recognize the precarious source of the funds you seek.

Setting aside the rationale you use to justify that it's a government responsibility to provide health care, why should taxpayers in other states pay for Virginia residents' health insurance (i.e., taxpayers in other states whose tax remittances to the Federal government are then redistributed to Virginia)?

Also, is there any limit to what you want these non-resident taxpayers to fund for the benefit of Virginia residents? Doesn't the notion strike you as an unseemly form of beggar thy neighbor?

And what happens when there is not enough money from non-Virginia taxpayers to continue paying health insurance for certain Virginia residents? Do you then urge the Federal government to go further into debt so it can continue funding it?

Surely you are aware of the serious and

growing fiscal crisis confronting the nation due to the Federal government's inability to live within its means? At some point, likely sooner rather than later, cuts to Federal spending will occur.

Without any, projections are the Federal government by 2024 will have only enough money to fund entitlements (e. g., social security, Medicare and Medicaid), and nothing else including the Constitutional mandate to defend the nation.

To give balance to your editorials in which you consistently demand more benefits from your government, whether Federal, state or local, I urge you to identify at least the means by which more wealth can be created.

More wealth means there is more revenue to tax and, therefore, more money for governments at all levels to spend.

**Jimm Roberts**  
Alexandria

## Protect City's Historic Image

To the Editor:

For many years, I have maintained that the Alexandria City Council, the Planning Commission and the Board of Architectural Review (BAR) have not provided adequate oversight for the Old and Historic District. As an example, much of the new construction on the waterfront is incompatible with the historic nature of the location, while

other new construction is of poor architectural design.

It is not too much to ask that new developments fit into existing structures, but they need not be historic replicas. One only needs to visit the District of Columbia to see some examples of classy, newer structures that do not clash with buildings of great historic significance. The three newest structures on the waterfront (the Indigo Hotel, the Boat Club, and the planned Robinson Terminal South) do not fit in with the historic character of the waterfront community. On the other hand, the Harborside development at the foot of Wolfe Street is not historic, but is totally compatible with the neighborhood.

So, what could be an even greater blight on the historic district? The city is tearing up the historic, cobblestoned 100 block of Prince Street! Although this was due to repairs being made at one of the houses on the block, cobblestones and bricks were removed to dig a trench, but once the job was completed, the trench was covered over with tar. When will the cobblestones and bricks be replaced? Every year, literally thousands of sightseers and wedding parties are seen on the Prince Street cobblestones taking pictures that are seen all over the world. We need to keep the best face possible on what remains of the historic district. I urge the City Council to closely monitor this issue.

**Townsend A. "Van" Van Fleet**  
Alexandria

## MEET A VOLUNTEER

## Getting Involved

BY MARION BRUNKEN  
EXECUTIVE DIRECTOR  
VOLUNTEER ALEXANDRIA

In celebration of our 10<sup>th</sup> Annual Spring for Alexandria Community Service Day, Volunteer Alexandria has asked active volunteers a few questions about their engagement and involvement. Readers will have the opportunity to "meet" a variety of great people and businesses, who give their time, talent, and energy, to assist those in need every week up to May 4. For more on the 10<sup>th</sup> Annual Spring for Alexandria Community Service Day, visit [www.VolunteerAlexandria.org](http://www.VolunteerAlexandria.org).



**Adrian Edwards**

*Meet Adrian Edwards, an employee of The McCormick Group who has volunteered in the Spring for Alexandria Community Service Day for several years now.*

**Adrian, why do you volunteer?** I volunteer because my company participates, and to promote community involvement.

**What is your favorite volunteer experience?** I don't have a favorite volunteer experience, but every time, I love volunteering together with my colleagues.

**What was one time you knew you made a difference?** Every time I volunteer I make a difference, because volunteering with my colleagues gets the job done, and contributes to the development of the community.

**How old were you when you started volunteering?** 60.



## HOME OF THE WEEK

### Mt. Vernon

Beautiful Mt. Vernon home on expansive corner lot with garage and 2 additions: a beautiful Sunroom off of the Dining Room and an additional Sunroom (or Exercise room) on the lower level off the family room area. Gorgeous refinished hardwood floors on the upper level. Lovely eat-in kitchen with granite counters, maple cabinets, limestone backsplash and stainless steel appliances. Bathrooms have been beautifully updated, and a skylight floods the hall bath (tiled in marble) with natural light. Separate Dining Room. Fifth bedroom is perfect for a home office or library. Bright, spacious Family Room has a gas fireplace. Six-panel doors, crown moulding and CertainTeed double-pane windows throughout the home. Attic with pull-down stair access. The backyard features a huge, two level deck and professionally landscaped paver area, ideal for outdoor entertaining. Other bonuses include Flip-Down gutters, lawn irrigation system and double-wide concrete driveway, all in a quiet neighborhood. Elegance and comfort meet in this exquisite Riverside Estates home. It's a 10!!

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ALEXANDRIA / Rivergate \$ 1,115,000 **OPEN SUN 1 - 4**

820 RIVERGATE PL. Elegant and spacious townhome with 2-car garage, 4 finished levels, 9' ceilings on main level, vaulted ceilings in Master suite and 3rd BR, hardwoods on main and stairways, first floor family room with fireplace and French doors opening to nice patio. 3BR/4.5BA



Randy Bender 703.906.1749

FAIRFAX COUNTY / Stone Manor \$ 1,420,000

Mason Neck Lot and House Package includes: wooded 5 acre interior lot, gated waterfront community, deep water marina with boat slip, all brick, 4BR/3.5BA with 5,000 sf finished space, platinum series finishes with upgrades thru-out, Keswick Homes Custom Builder / other models available.



Mary Lou Sage 703.851.5441

ALEX. / Mt Vernon \$ 1,430,000 **OPEN SUN. 2 - 4:30**

3185 WOODLAND LA Waterfront Colonial home located on Little Hunting Creek on 1/2 acre lot with fabulous views. A boat dock with water/electric gives easy access to the Potomac River. 5BR/4BA, screened porch, decks, hardwoods, wrap-around porch, and NO HOA FEES!



Catherine Foltz 703.626.6914

ALEXANDRIA / Belle Haven \$ 997,000 **OPEN SUN 2 - 4**

6100 EDGEWOOD TER. Live your dream now! The versatile floorplan includes 4BR/4BA with kitchen/breakfast area that is functional, spacious and bright. The Master suite has a dressing/sitting room and en-suite bath. Fireplace, granite, hardwoods, moldings, French doors, views from deck & loggia, & landscaping!



Suzanne Backus 703.338.3594

ALEXANDRIA / Yates Gardens \$ 880,000

Renovated 2/3BR /2.5BA garden jewel with totally open kitchen, dining room, family room addition. 2 fireplaces. Double French doors open to lovely covered porch and stone patio. Beautiful city view from second story deck. Dedicated parking.



Pat Wilson 703.598.7279

ALEXANDRIA / Old Town \$ 850,000 **OPEN SUN 2 - 4**

228 S ALFRED ST. Rare opportunity to own this unique and stunning historic home - circa 1800. Spacious living/dining room with gas fireplace; renovated, gourmet kitchen opens to family room with glass doors to brick walled patio. Upper level Master bedroom with en-suite bath, 2nd BR, den and full bath.



Judy Pisciotta 703.405.4485

ALEXANDRIA / Clover \$ 850,000 **OPEN SUN 1 - 4**

302 SKYHILL RD. Beautifully redecorated move-in ready 3/4BR, 3BA home. Luxurious Master suite. Big kitchen with tons of cabinets and counter space with views of the gorgeous private yard. Bonus LL with huge family room and 4th bedroom and full bath. Gigantic 2+ car garage. Must See!



Margaret Keagle 571.332.5264

ALEX. / Hollin Hall Village \$ 698,000 **OPEN SUN 1 - 4**

1806 JAMESTOWN RD. Updated for today's lifestyle, this bright and open home has loads of charm. 5 bedrooms and 2 baths, a main level master suite and plenty of room. Open kitchen with exposed brick wall, cherry cabinets and granite. Large family room and screened porch. Wayneswood school district.



Leah Chapla 703.929.4875

ALEXANDRIA / Mt Vernon \$ 659,000 **OPEN SUN. 2 - 4**

8419 PORTER LN. Newly Listed in Stratford Landing. Move-in ready with renovated baths, updated eat-in kitchen with new SSA. Gas fireplace in family room. 4BR/2BA on upper level. Lots of storage space in attic and basement. Main level bedroom. New HVAC and HWH. Near Stratford ES.



Brian Hong & Jerry Beamer 703.929.5764

ALEXANDRIA / The Henry 2 units **OPEN SUN 1 - 4**

525 N FAYETTE ST # 414 - \$569,900 2BR/ 2BA with fabulous kitchen, 2 balconies, 2 parking spaces and storage. 1111 ORONOCAS ST #527 - \$418,000 1BR Penthouse with great views, 2 parking spaces and storage. Community roof decks, workout facility, party room. Close to Metro and more!



McCormick & Lusk Group 202.412.8885

WASHINGTON, DC / Logan Circle \$ 549,900

A dream! First floor (above street level), walk score 97, gorgeous tree-lined street, 2BR/1BA, 842 square feet, wood-burning fireplace, updated kitchen and bath, hardwood floors. Fantastic!



Rose Mary Cousins 703.627.0404

ALEXANDRIA / Canal Place \$ 314,900 **OPEN SUN 1 - 4**

1205 N PITT ST, 2B. One bedroom in North Old Town just one block to Mt. Vernon Trail! Fireplace with mantel, new carpet, new SSA, Washer/Dryer in unit, remodeled bath. Pool. Walk to stores and restaurants. Designated parking and extra storage/bike room.

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# ENTERTAINMENT

Submit entertainment announcements at [ConnectionNewspapers.com/Calendar](http://ConnectionNewspapers.com/Calendar). Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

## ONGOING

**“Breaking the Glass Ceiling** – The Sky’s the Limit” exhibit. Through April 30, 7-9 p.m. at 2704 Mount Vernon Ave. at Del Ray Artisans. Artists reflect on this metaphor of pushing through barriers. Visit [www.thedelrayartisans.org](http://www.thedelrayartisans.org) or call 703-838-4827.

**UCM Raffle Tickets.** Ongoing, the United Community Ministries is raffling off a trip to Cancun at the ‘Give From the Heart’ Gala on May 6 at the U.S. Patent and Trademark Office, 600 Dulaney St. \$175 admission, \$25 raffle ticket. Visit [www.ucmagency.org](http://www.ucmagency.org) for more.

### Water Taxi to National Mall.

Through April 16. Departing at 11:10 a.m., 1:35 p.m., and 4:30 p.m. from the waterfront at Cameron and Union streets. Potomac Riverboat Company offers a 30-minute direct water taxi to the National Mall in Washington, D.C. to access events of the National Cherry Blossom Festival, including the Blossom Kite Festival. \$28 round-trip for adults, \$16 one-way for adults; \$16 round-trip for children under 12; \$8 one-way for children under 12. Visit [www.potomacriverboatco.com/water-taxi/national-mall/](http://www.potomacriverboatco.com/water-taxi/national-mall/) or call 703-684-0580 for more.

**The Mercy Walk Tour.** Saturdays and Sundays through April 16, 2:30 p.m. Tour starts at the Alexandria Visitor Center, 221 King St. The Mercy Walk tour will give visitors and locals alike a feel for what it was like to live in an occupied city during the Civil War. \$13 adults; \$7 children; \$12 seniors Call 703-519-1749 or visit [www.alexcolonialtours.com/themeracywalk](http://www.alexcolonialtours.com/themeracywalk) for more.

### 3-Dimensional Views Artshow.

Through April 23, various times at the Torpedo Factory Art Center, Studio 29, 105 N. Union St. This show will also highlight the work of three featured artists: Emma Bednar, Gayle Roehm, and Emma Thompson. Free. Visit [www.Potomacfiberartsgallery.com](http://www.Potomacfiberartsgallery.com) or call 703-548-0935 for more.

**Costumes of Mercy Street.** Through Sept. 1, at The Lyceum: Alexandria’s History Museum, 201 S. Washington St. To learn more about The Lyceum, visit [alexandriava.gov/Lyceum](http://alexandriava.gov/Lyceum) or call 703-746-4994.

**All the President’s Pups.** Saturdays 10 a.m. at George Washington’s Mount Vernon, 3200 Mount Vernon Highway, Mount Vernon. All the President’s Pups Walking Tour, along the way, learn about George Washington’s love for dogs, his dogs’ unusual names, and his efforts to improve the quality of his hunting dogs through breeding. \$7. Visit [www.mountvernon.org](http://www.mountvernon.org) for more.

**Mercy in Alexandria Walking Tour.** Sundays at 1:30 p.m. at Alexandria Visitors Center, 221 King St. Experience an inside access tour of 19th century Alexandria. Inspired by the PBS mini-series “Mercy Street,” accompany a trained military historian through Civil War-era Alexandria and learn the actual history behind the TV show. Short tours are \$15, private tours for five are \$149. Visit [www.dcmilitarytour.com](http://www.dcmilitarytour.com) for more

**The Lyceum: 175 Years of Local History.** Ongoing, Monday-Saturday 10 a.m.-5 p.m. and Sunday 1-5 p.m. at The Lyceum, 201 S. Washington St. On view in the museum’s Coldsmith Gallery, the historical objects and images featured represent The Lyceum, the community at work, and

commemorations and celebrations. Throughout the exhibition, visitors are invited to “be the curator” and think about why the various artifacts are in the museum’s collection, and about how tangible representatives of the past help tell the story of Alexandria’s history. Free. Visit [www.alexandriahistory.org](http://www.alexandriahistory.org) for more.

### Pick-Up Hockey.

Ongoing, Wednesdays and Fridays 11:30 a.m.-1 p.m. at Mount Vernon Ice Skating, 2017 Belle View Blvd. Play hockey with other hockey buffs, hitting slap shots and learning puck handling skills that the pros use. Players must have full equipment. 16 and older. Visit [www.fairfaxcounty.gov/parks/rec/mtvernon/](http://www.fairfaxcounty.gov/parks/rec/mtvernon/) or call 703-768-3224 for more.

### Medical Care for the Civil War

**Soldier Exhibit.** Ongoing at the Fort Ward museum, 4301 W. Braddock Road. ongoing exhibit which features original medical instruments and equipment from the Civil War period and information on Union Army hospital sites in Alexandria. Free. Visit [www.alexandriava.gov/fortward](http://www.alexandriava.gov/fortward) for more

### Alexandria’s Nurses and Hospitals

**During the Civil War.** Ongoing at The Lyceum, 201 S. Washington St. An exhibit on the life of Clarissa Jones, a nurse at The Lyceum hospital during the Civil War. The true story of a nurse in Alexandria during the war, drawing parallels with characters portrayed in the PBS drama “Mercy Street,” with references to the experiences of other nurses, such as Anne Reading, who worked in the Mansion House hospital, and Jane Woolsey, who served at the Fairfax Seminary hospital. Admission is \$2. Visit [www.alexandriava.gov/lyceum](http://www.alexandriava.gov/lyceum) for more.

### Shield of Earth: Defending the Heart of the Union exhibit.

Ongoing, museum hours Tuesday through Saturday, 10 a.m. -5 p.m., Sundays, noon-5 p.m. at Fort Ward Museum, 4301 West Braddock Road. Highlights of the exhibition include military passes issued by Provost Marshal’s Office, construction tools, and original photographs of some of Washington’s defenders. 703-746-4848 or [www.fortward.org](http://www.fortward.org).

**Who These Wounded Are: The Extraordinary Stories of the Mansion House Hospital exhibit.** Ongoing, Tuesday through Saturday, 10 a.m.-4 p.m., Sundays, noon-4 p.m. at the Carlyle House Historic Park, 121 N. Fairfax St. Come see the site that inspired “Mercy Street,” the new PBS’ series inspired by real events that took place at Carlyle House. [www.carlylehouse.org](http://www.carlylehouse.org) or call 703-549-2997

**Color Disorder Exhibit.** Ongoing, Thursday through Sunday, noon-4 p.m., Sundays, noon-4 p.m. at the The Athenaeum, 201 Prince St. A joint exhibition of artists Katie Baines and Amy Chan who use diverse painting materials such as acrylic, gouache, airbrush and screen print to build energized abstract paintings. [www.nfaa.org](http://www.nfaa.org) or 703-548-0035.

**Flamenco Show.** Wednesdays and Thursdays, 7:30-8:30 p.m. at La Tasca, 607 King St. Watch dancers and guitarists perform traditional flamenco. Free to attend. Call 703-299-9810 or visit [www.latascausa.com](http://www.latascausa.com).

**French Movie Night.** Every Thursday, 7 p.m. in the back room of Fontaine Caffe and Creperie, 119 S. Royal St. View a French film. Free, no reservation necessary. Call 703-535-8151 or visit [www.fontainecaffe.com/reviews.html](http://www.fontainecaffe.com/reviews.html).

**Their Fates Intertwined: The Lees of Alexandria in the War of**



**1812.** Wednesday- Saturday, 10 a.m.-4 p.m. Sunday, 1-4 p.m. Lee-Fendall House and Gardens, 614 Oronoco St. A new exhibit on the experiences of the Lee family in Alexandria during the War of 1812 examines the contributions of Alexandria’s citizens during the conflict that led to the writing of our national anthem through the lives of this iconic Virginia family. Visit [www.leefendallhouse.org](http://www.leefendallhouse.org) or call 703-548-1789.

**Alexandria Cars and Coffee** invites car enthusiasts to meet for coffee at Hollin Hall Shopping Center in front of Roseina’s, 1307 Shenandoah Road. Owners of classic cars, hot rods, exotic cars, motorcycles and more meet to share car stories and drink coffee. Group meets the first Sunday of every month. 8:30-11 a.m.

**Fifty Years of Collecting.** Tuesday-Saturday 10 a.m.-5 p.m., Sundays 12-5 p.m. Fort Ward Museum, 4301 W. Braddock Road. An anniversary exhibit of objects from the Fort Ward collection. Free. Visit [www.fortward.org](http://www.fortward.org) or call 703-746-4848.

**Dinner for the Washingtons.** 12 p.m. at George Washington’s Mount Vernon, 3200 Mount Vernon Memorial Highway. A walking tour that goes behind the scenes to find out how food was prepared and served before the era of microwaves and TV dinners. \$5 in addition to estate admission. Visit [www.mountvernon.org](http://www.mountvernon.org) for more.

**Second Thursday Music.** Athenaeum, 201 Prince St. 7 p.m. Second Thursday of every month. Visit [nvfaa.org](http://nvfaa.org) to view concert calendar and listen to upcoming Second Thursday Music artists.

**The Monday Morning Birdwalk** takes place weekly, rain or shine (except during electrical storms, strong winds, or icy trails), at 7 a.m. (8 a.m. November through March), is free, requires no reservation and is open to all. Birders meet in the parking lot at the park’s entrance at 3701 Lockheed Blvd. Direct questions to park staff during normal business hours at 703-768-2525.

**Civil War Sundays.** 1-5 p.m. at Alexandria Archaeology Museum, 105 North Union St., #327. Learn more about the Civil War as it occurred in Alexandria. Find dioramas, newspaper articles and more Free. Visit

[www.alexandriaarchaeology.org](http://www.alexandriaarchaeology.org).

**Doggy Happy Hour.** Starting April 5, Tuesdays through October 5-8 p.m. at Jackson 20 and Hotel Monaco Alexandria, 480 King St. Doggy Happy Hour at Jackson 20 and the Hotel Monaco Alexandria offers specials on cocktails and beers plus treats and water for canine companions. Free, but drinks sold separately. Visit [www.monaco-alexandria.com](http://www.monaco-alexandria.com) for more

**Wake Up Wednesdays** featuring The Pop Up Cafe. 7-9:30 a.m. on Wednesday’s near the King Street Tunnel - Carlyle Entrance located near 2000 Duke Street near Motley Fool. The cafe will feature coffee, live music to help commuters start the day off right and donuts from Sugar Shack. [maurisapotts@gmail.com](mailto:maurisapotts@gmail.com)

## CAMPS, CLASSES & WORKSHOPS

**Community Dance.** 7:30-9:30 p.m. every third Friday at Hollin Hall Senior Center, 1500 Shenandoah Road. Live music. Tickets are \$4. Call 703-765-4573.

**Life Drawing.** Del Ray Artisans offers a range of open life drawing sessions for anyone to develop life-drawing skills further. Drop-in for the session and bring supplies to draw or paint live models. Fee ranges from \$8-\$12. All skill levels are welcome. Del Ray Artisans is located at 2704 Mount Vernon Ave. Visit [www.TheDelRayArtisans.org](http://www.TheDelRayArtisans.org) for a schedule.

## APRIL 5-6

**Dr. Martin Luther King, Jr.** noon and 7 p.m. at Virginia Theological Seminary, 3737 Seminary Road, Alexandria. Activities commemorating the martyrdom of the Rev. Dr. Martin Luther King, Jr. Call toll free at 1-800-941-0083 for more.

## THURSDAY/APRIL 6

**Coffee & Connections.** 8-9 a.m. at National Industries for the Blind, 1310 Braddock Place. Join the Alexandria Chamber’s Professional Women’s Network. \$10 for members, \$20 for non-members Visit [web.alexchamber.com](http://web.alexchamber.com) for more.

**Mount Vernon Special Tour.** 5:30-8 p.m. at George Washington’s Mount Vernon, 3200 Mount Vernon Memorial Highway. “A Neighborly

## Bees Are Buzzing

**Photos of “Virginia Plants and Pollinators,” will be on display April 6-May 14 from 4-6 p.m. at The Athenaeum, 201 Prince St. To celebrate Historic Garden Week in Virginia, the Athenaeum Gallery will be filled with native plants and their pollinators. Deana Marion’s photos provide an intimate, almost microscopic look at Virginia bees. Opening Reception is Sunday, April 9, 4-6 p.m. Visit [www.nvfaa.org](http://www.nvfaa.org) or call 703-548-0035.**

PHOTO CONTRIBUTED

Visit: A Special Evening at Mt. Vernon” includes private after-hours tours of the Mansion, the Distillery and the Grist Mill. \$40 for non-members and \$35.00 for Alexandria Historical Society members. Visit [alexandriahistoricalsociety.wildapricot.org/](http://alexandriahistoricalsociety.wildapricot.org/) for more.

**Hats On The Avenue.** 6 p.m.-dusk along Mount Vernon Avenue in the Del Ray. Wear favorite hats, Easter bonnets, or crazy-hat-day inspired creation for the free event featuring live music, children’s activities, and more. Participants are encouraged to bring donations of painting supplies, hammers and screwdrivers to the Pat Miller Neighborhood Square, located at the intersection of Mount Vernon and Oxford avenues. Visit [www.visitdelray.com](http://www.visitdelray.com) for more.

**Hometown Habitat.** 7-8:30 p.m. at the at the Lee Center, 1108 Jefferson St. The Alexandria Beautification Commission is sponsoring a free screening of “Hometown Habitat,” a film that focuses on local ecosystems. Visit [alexandriabeautification@gmail.com](mailto:alexandriabeautification@gmail.com) for more.

## APRIL 6-MAY 14

**Virginia Plants and Pollinators.** 4-6 p.m. at The Athenaeum, 201 Prince St. To celebrate Historic Garden Week in Virginia, the Athenaeum Gallery will be filled with native plants and their pollinators. Deana Marion’s photos provide an intimate, almost microscopic look at Virginia bees. Opening Reception is Sunday, April 9, 4-6 p.m. Visit [www.nvfaa.org](http://www.nvfaa.org) or call 703-548-0035.

## FRIDAY/APRIL 7

**Fools’ Day Merriment.** 6-8:30 p.m. at Durant Arts Center, 1605 Cameron St. Attendees are invited to wear crazy hats and clothes, to celebrate April Fools’ Day. \$5 residents/ \$10 nonresidents, at door tickets: \$10 residents/ \$15 nonresidents. Children must be accompanied by one adult. Visit [www.alexandriava.gov](http://www.alexandriava.gov) for more.

**Blessed Sacrament Musical Offering.** 7:30 p.m. at Blessed Sacrament Catholic Church, 1427 W. Braddock Road. The 14 Stations of the Cross will be prayed in a musical setting for choir and organ by Franz Liszt. The Blessed Sacrament Adult Choir will sing with organist Ann



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# ENTERTAINMENT

Carney. Email  
jmccrary@blessedsacramentcc.org or  
call 703-998-6100 x103 for more.

## SATURDAY/APRIL 8

**Living History Encampment.** 10 a.m.-4 p.m. at Fort Ward, 4301 W. Braddock Road. Learn about the history, training and army life of the U.S. Colored Troops during the Civil War. Call 703-746-4848, or visit [forward.org](http://forward.org) for more.

**Ikebana Workshop.** 10 a.m.-noon at Green Spring Gardens, 4603 Green Spring Road. Ikebana is a Japanese art of flower arrangement. Learn its rich symbolism and fundamentals, and take home a flower arrangement. \$38, supplies extra. Visit [www.fairfaxcounty.gov/parks/greenspring/](http://www.fairfaxcounty.gov/parks/greenspring/) or call 703-642-5173.

**French and Indian War in Alexandria.** noon-4 p.m. in the Carlyle House, 121 N. Fairfax St. The "Grandest Congress": The French and Indian War in Alexandria. Free. Visit [www.novaparks.com](http://www.novaparks.com) or call 703-549-2997 for more.

## TUESDAY/APRIL 11

**Garden Experts Answer Questions.** 11 a.m.-noon in Simpson Park Demonstration Gardens, 420 E. Monroe St. Stop by and chat with the VCE Master Gardeners who maintain the Simpson Park Demonstration Gardens and see what is springing to life. Visit [mgnv.org](http://mgnv.org) for more.

**Dale and Ray in Concert.** 7:30 p.m. at The Birchmere, 3701 Mt. Vernon Ave. Dale Watson and Ray Benson. \$29.50. Visit [www.birchmere.com](http://www.birchmere.com) or [www.daleandray.com](http://www.daleandray.com) for more.

## WEDNESDAY/APRIL 12

**Meet the Author.** 7 p.m. at The Athenaeum, 201 Prince St. Tara Campbell is a Washington, D.C.-based writer. Her latest work "TreeVolution," is a fiction adventure featuring secret experiments, corporate machinations, and a little eco-payback. Visit [www.nvfaa.org](http://www.nvfaa.org) or call 703-548-0035.

## THURSDAY/APRIL 13

**Level Office Alexandria Opening.** 6:30 p.m. at 950 N. Washington St. Grand opening of a remote office complex, new entrepreneurial community. Open to public. Visit [leveloffice.com](http://leveloffice.com) for more.

**The Migration Project.** 7:30 p.m. at the Durant Arts Center, 1605 Cameron St. The Migration Project explores stories of relocation. Visit [www.alexandriava.gov/webtrac](http://www.alexandriava.gov/webtrac) to sign up or [www.janefranklin.com](http://www.janefranklin.com).

**Samantha Fish Concert.** 7:30 p.m. at The Birchmere, 3701 Mt. Vernon Ave. Fish is a Kansas City blues guitarist and singer. Visit [www.birchmere.com](http://www.birchmere.com) for more.

## APRIL 13-15

**Revolutionary Gentleman Comedy.** 7:30 p.m. at the at Lee Center, 1108 Jefferson St. The musical is based on the life of Benedict Arnold. Tickets are \$34 and \$39 at the door, or \$29 and \$34 online at [www.InfinityStage.com](http://www.InfinityStage.com).

## FRIDAY/APRIL 14

**Marc Scibilia in Concert.** 7:30 p.m. at The Birchmere, 3701 Mt. Vernon Ave. With Corey Harper & Brad Ray. \$19.50. Visit [www.birchmere.com](http://www.birchmere.com).

## SATURDAY/APRIL 15

**Country-Western Dance.** 6-9:30 p.m. at the at Lincolnia Senior Center, 4710 North Chambliss St. A DJ provides music. Couples and singles welcome. \$10; non-members \$12. Visit [www.nvcwda.org](http://www.nvcwda.org) or call 703-



## Art: 3D Views

**3-Dimensional Views Artshow, through April 23 at the Torpedo Factory Art Center, Studio 29, 105 N. Union St. This show will also highlight the work of three featured artists: Emma Bednar, Gayle Roehm, and Emma Thompson. Free. Visit [www.Potomacfiberartsgallery.com](http://www.Potomacfiberartsgallery.com) or call 703-548-0935 for more.**

860-4941 for more.  
**Cleve Francis in Concert.** 7:30 p.m. at The Birchmere, 3701 Mt. Vernon Ave. Visit [www.birchmere.com](http://www.birchmere.com).

## WEDNESDAY/APRIL 19

**Group Artist Showcase Reception.** 6-8 p.m. at Broadway Gallery Fine Art and Custom Framing, 5641-B General Washington Drive. Art show runs April 22-May 31. Call 703-450-8005 or visit [broadwaygallery.net](http://broadwaygallery.net).

**Women & Wine.** 6-8 p.m. at UnWined, 1600A Belle View Blvd. Networking event or a social while supporting our community. Proceeds go to support Volunteer Alexandria. \$25. Email [development@volunteerallexandria.org](mailto:development@volunteerallexandria.org) for more.

**Antiques Club.** 7 p.m. at Hollin Hall Senior Center, 1500 Shenandoah Road. Free, public invited. The Alexandria/Mount Vernon Antiques Club will feature Mary B. Gallagher, the author of "My Life with Jackie Kennedy," for whom she worked as her secretary for a number of years. Call 703-360-4979 for more.

**Wine Author.** 7 p.m. at Beatley Library, 5005 Duke St. Bianca Bosker, author of Cork Dork will present a talk about wine, fake wine, and the road to becoming a sommelier. Visit [www.alexandria.lib.va.us](http://www.alexandria.lib.va.us) or call 703-746-1702.

**Alexander Hamilton Lecture.** 7:30 p.m. at Gadsby's Tavern Museum, 134 N. Royal St. Dr. Peter Henriques, Professor Emeritus of History from George Mason University, will highlight this historical figure. \$12 or \$10 for members of Gadsby's Tavern Museum Society and Gadsby's Tavern Museum volunteers. Call 703-746-4242 or visit [www.gadsbystavern.org](http://www.gadsbystavern.org).

## THURSDAY/APRIL 20

**Arlandria Eggstravaganza.** 11 a.m.-

2 p.m. at Four Mile Conservatory Center 4109 Mt. Vernon Ave. Alexandria. Easter bunny and egg hunt. Visit [www.arlandriaeggstravaganza.com](http://www.arlandriaeggstravaganza.com).

**Jazz Musicians.** 7 p.m. at The Athenaeum, 201 Prince St. Tom Teasley and Seth Kibel create a blend includes Jewish klezmer, Arabic rhythms, and American jazz. \$15 or \$10 for NVFAA Members Visit [www.nvfaa.org](http://www.nvfaa.org) or call 703-548-0035.

## DEADLINE APRIL 21

**Fair Housing Poster Contest.** "Alexandria is a Welcoming Community" is the theme for this year's contest. Submissions of posters will be accepted from all Alexandria students in grades Kindergarten through 7. Posters should be original artwork and represent the theme. Call 703-746-3079 or visit [www.alexandriava.gov/housing](http://www.alexandriava.gov/housing).

## SATURDAY/APRIL 22

**Garden Day Herb & Craft Sale.** 8 a.m.-4 p.m. at the Carlyle House, 121 N. Fairfax St. Celebrate spring with the Friends of Carlyle House's Annual Garden Day Herb and Craft Sale. \$5 for adults; \$3 for children; free for Friends of Carlyle House. Call 703-549-2997 for more.

**Garden Tour.** 10 a.m.-4 p.m. at the Alexandria Visitors Center, 221 King St. The members of the Garden Club of Alexandria and The Hunting Creek Garden Club are sponsoring a tour of five homes in Old Town. \$45 in advance, \$55 day of tour. Visit [www.vagardenweek.org](http://www.vagardenweek.org) for more.

**Raptor Rapture Birdshow.** 10- a.m.-noon at the Belle Haven picnic area of the George Washington Memorial Parkway. Celebrate Earth Day by learning more about raptors, a family that includes owls, hawks, and falcons. Visit [www.fodm.org](http://www.fodm.org).

**Spring Fashion Show and**

# WELCOME HOME

Celebrate the grace and wonder of Holy Week  
All are welcome

## Palm Sunday of Our Lord's Passion

Sunday, April 9, 10:30 a.m.

Join us for the annual processional with donkey at 10:30 AM. Worship to follow at 11 AM.

## Holy Thursday

Thursday, April 13, 7:30 p.m.

Service of Word and Table.  
We welcome all to the Lord's Table.

## Good Friday

Friday, April 14, Noon to 3:00 p.m.

Self-guided Prayer Vigil.

## Easter Sunday

Sunday, April 16, 10:45 a.m.

Celebration of the Resurrection with all choirs, bells, strings, organ, and trumpet, concluding with Handel's Hallelujah Chorus.



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## MAUNDY THURSDAY

THURSDAY, APRIL 13

7:30 p.m. Holy Eucharist with Choir and the stripping of the altar

## GOOD FRIDAY

FRIDAY, APRIL 14

7:30 a.m. Proper Liturgy for Good Friday  
12:00-1:00 p.m. Holy Eucharist, joint service  
at Christ Church

5:30 p.m. Family Service

7:30 p.m. Stations of the Cross

## HOLY SATURDAY

SATURDAY, APRIL 15

12:00 p.m. Holy Saturday Service in the Chapel  
7:30 p.m. The Great Vigil of Easter

## EASTER SUNDAY

SUNDAY, APRIL 16

6:30 a.m. Sunrise Service at St. Paul's Cemetery

7:45 a.m. Holy Eucharist with Music

9:00 a.m. Family Service with Holy Eucharist, Children's  
Choir, and Brass

11:00 a.m. Holy Eucharist with Choir and Brass



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## ENTERTAINMENT

**Luncheon.** 10 a.m. at Aldersgate UMC, 1301 Collingwood Road. Advance tickets \$25. Limited tickets at door \$30. Call 703-765-6555.

**Discovery Day at Historic Huntley.** 1-4 p.m. at Historic Huntley, 6918 Harrison Lane. Enjoy activities for the whole family while discovering how Historic Huntley changed over time. Suggested donation \$5, children under 10 free. Call 703 768-2525.

**Magi-Whirl 2017.** 7 p.m. at Bishop Ireton High School Theater, 201 Cambridge Road. An evening of magic and illusion featuring four world-famous magicians. \$15/person or \$20 at the door, benefits Bishop Ireton Theater Technical Department and IBM Ring 50. Email [daniel.selnick@yahoo.com](mailto:daniel.selnick@yahoo.com) or call 703-347-5540 for more.

**Concerts at St. Luke's.** 7:30 p.m. at St. Luke's Episcopal Church, 8009 Fort Hunt Road. Paul Leavitt, a musician, composer and organist will be playing St. Luke's Visser's Opus 127, 'tracker' 3-manual pipe organ. Showcasing the music of Bach, Buxtehude, Dupre and Boely. A reception will follow. \$20 adult, \$15 seniors, free to 18 years and younger. Visit [www.saintlukeschurch.net/events](http://www.saintlukeschurch.net/events) for more info.

### SATURDAY-SUNDAY/APRIL 22-23

**Barley & Music Fest.** noon-6 p.m. at John Carlyle Square Park, 300 John Carlyle St. Craft brews from 18 artisanal breweries, live entertainment, and food vendors. Email [barleymusicfest@gmail.com](mailto:barleymusicfest@gmail.com).

### SUNDAY/APRIL 23

**Meet the Artists.** 1-3 pm. at Green Spring Gardens, 4603 Green Spring Road. Some of the area's watermedia



## Fundraising

**On Saturday, April 29, West Potomac High School seniors are raising funds with a car show. \$20 to enter a vehicle, attendance is free. Visit [www.angcwestpotomac.com](http://www.angcwestpotomac.com).**

floral and landscape painters highlighting their exhibit "Natural Beauty: Paintings of the Potomac Valley Watercolorists," which runs April 18-June 18. Free. Visit [www.PotomacValleyWatercolorists.org](http://www.PotomacValleyWatercolorists.org)

or call 703-941-7987 for more.  
**Dominion Chorale Opera.** 4 p.m. at Rachel M. Schlesinger Concert Hall and Arts Center, 4915 East Campus Drive. The chorale will be joined by finalists and semifinalists of the 2016 Washington International Competition for Voice, and pianist, Thomas Pandolfi. Visit [www.newdominion.org](http://www.newdominion.org) for more.  
**The Jayhawks in Concert.** 7:30 p.m. at The Birchmere, 3701 Mt. Vernon Ave. The band is playing in support of 2016's "Paging Mr. Proust." Produced by Peter Buck (R.E.M.). Visit [www.birchmere.com](http://www.birchmere.com) for more.

### SATURDAY/APRIL 24

**Mount Vernon Flea Market.** 8 a.m.-1 p.m. at 8717 Fort Hunt Road. An assortment of goods for sale. Free. Visit [mountvernonflea.market.wordpress.com](http://mountvernonflea.market.wordpress.com) for more info.  
**Democrats To-Go Meeting.** 7-8:30 p.m. in the Alexandria Democratic Committee Office, 618 N. Washington St. All are welcome to this Democrats To Go outreach effort to help communicate the truth, build ADC base, and elect more people throughout the Commonwealth. For more, email [Petersdorathe@gmail.com](mailto:Petersdorathe@gmail.com).

### APRIL 25-MAY 21

**Singing the Blues exhibit.** Various hours at the Potomac Fiber Arts Gallery, Torpedo Factory Art Center, Studio 29, 105 North Union St. Highlights the work of three featured artists Beverly Baker, Joanne Bast, and Laura Savage. Visit [www.Potomacfiberartsgallery.com](http://www.Potomacfiberartsgallery.com) or call 703-548-0935 for more.

### WEDNESDAY/APRIL 26

**2017 Public Safety Valor Awards.** 11:30 a.m.-1 p.m. at Crowne Plaza, 901 N. Fairfax St. Alexandria Chamber of Commerce's 31st annual Valor Awards to salute the brave women and men of our Police and Fire Departments, and Sheriff's Office, who showed poise and courage in extraordinary circumstances in 2016. Members \$65, non-members \$75. Visit [web.alexchamber.com](http://web.alexchamber.com) for more.

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Betty Livingston, Mary Lee Anderson and Del. Mark Levine.



SSA Executive Director Mary Lee Anderson, David Colton, Mayor Allison Silberberg, Tom Holman and Dan Bernstein.

## Supporting Meals on Wheels

BY ELLYN KIRTLEY  
MEALS ON WHEELS COORDINATOR  
SENIOR SERVICES OF ALEXANDRIA

**A**t a recent City Council meeting, the City of Alexandria issued a proclamation declaring March “March for Meals,” in accordance with Meals on Wheels America’s annual March for Meals campaign. During “Community Champions” Week, Senior Services of Alexandria enlisted elected officials, city officials, businesses and organizations to deliver meals, speak out for seniors, and raise awareness about the daily impact of Meals on Wheels. For the last 45 years, local Meals on Wheels programs have been serving seniors in their com-

munities. And since 2002, Meals on Wheels America has led March for Meals to both raise awareness about the widening gap between the number of seniors served and those in need, and to celebrate the community effort taken to care for America’s aging population. This March, hundreds of local Meals on Wheels programs like Senior Services of Alexandria (which works closely with the City of Alexandria’s Division of Aging and Adult Services), reached out to their communities to build the support that will enable them to continue delivering nutritious meals, engaging in friendly visits and administering all-important safety checks to America’s seniors all year long.

For more information on how you can volunteer, contribute, or advocate for seniors in Alexandria, visit [seniorservicesalex.org](http://seniorservicesalex.org) or call 703-836-4414.



Mary Lee Anderson, Police Chief Michael Brown, Sheriff Dana Lawhorne, city employees, SSA Board members and volunteers deliver meals.



Vice Mayor Justin Wilson and son and daughter and SSA Board and Rotary Member Jack Fannon.

PHOTOS CONTRIBUTED

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**Sunday:**  
7:30 am; 9:00 am (with Sign Language Interpreter and Children's Liturgy of the Word); 10:30 am; 12:00 Noon; 2:00 pm (en Español); 6:30 pm

**Monday-Saturday:**  
9:00 am Mass (Rosary at 8:30 am)

**En Español:**  
Monday, 6:30 pm; Thursday, 7:30 pm; First Friday, 7:30 pm

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# Plans for North Potomac Yard Take Shape

FROM PAGE 1

sloping upward from 50 feet and 100 feet around the Metro to 220 and 250 further north.

The main draw for open space in the area is 4.5 acre Potomac Yard Park north of the Metro Plaza. Smaller open space areas, like Crescent Park (2.3 acres) and Market Commons (one acre) are scattered throughout the site. However, some on the City Council were unhappy with the scope and placement of the open space.

"I'm not impressed," said Councilwoman Redella "Del" Pepper. "It's all together, it's not walking distance for some folks. It's lovely for the people that have this as their front yard, but if you're on the other side of Potomac Avenue you've got some distance."

For Mayor Allison Silberberg, the open space in the center of North Potomac Yard was too limited.

"Even Farragut is an acre and a half, almost three times the size of your Metro Square here," said Silberberg, pointing to the 0.7 acre "Metro square" park and the 0.3 acre Metro Plaza at the station's entrance. "I would caution us: everything doesn't have to be programmed. It has to be open and usable. I don't think we've left enough space and it's all up near the rail line."

Others on the council took a different view of the potential use for the open space throughout North Potomac Yard. Councilman Willie Bailey noted that many of the small parks taking up a half-block of space could be used instead for

## North Potomac Yard Open Space Network



Open space availability in North Potomac Yard.

more affordable housing in the area. Bailey said additional affordable housing in North Potomac Yard is particularly vital given its proximity to the Metro. While Silberberg tried to emphasize that it wasn't a zero sum game, that the city can provide both affordable housing through co-locating and public spaces, Bailey and Council-

man John Chapman both said the city should look into potential affordable housing development on some of the open space spread throughout North Potomac Yard.

Some affordable housing is already worked into the North Potomac Yard plan. The city will allow 30 percent bonus density in exchange for affordable housing.

The plan also allows for potential Alexandria Redevelopment and Housing Authority (ARHA) replacement units at the site.

"If I have to choose between open space and affordable housing, I know who's going to win on my side," said Bailey. "I'm not saying go back to the drawing board, but if we have all this open space,

why not put it to good use?"

"We need to look at our opportunity for development," Chapman agreed. "This is within the watershed of the Metro and along some major streets."

A community meeting about the North Potomac Yard plan will be held April 18 at the Potomac Yard fire station.

# Jury Unable To Reach Verdict in Murder of Shakeel Baldon

FROM PAGE 1

battery charges against Pamela Callaway Terry. No verdict was reached on the remaining charge, the murder of Baldon, and it was declared a mistrial.

The crucial witness to the murder was Pamela Callaway Terry, who testified that Clarence Terry committed the murder, but both the prosecution and the defense acknowledged she had lied to the police throughout the investigation. Pamela Callaway Terry had initially told the police that she hadn't seen anything and saying her husband wasn't there to eventually telling the police he was not only there but had committed the murder. The distance between Pamela Callaway Terry and the murder scene changed with each interview as well, with her at first being nearly a block away from the murder to being right next to Baldon when it happened. Police never found a murder weapon, but a week before the trial Pamela Callaway Terry admitted to perjury, saying that she did have the knife

after the murder but had ditched it out of fear.

During the trial, defense attorneys Michael Hadeed and Rammy Barbari not only highlighted Pamela Callaway Terry's lack of credibility, but cast suspicions towards her role in the events of that night. Hadeed said police told Pamela Callaway Terry she was either going to be a suspect or a witness, and that Pamela Callaway Terry had opted to sacrifice her husband rather than fall under investigation. As a result, Hadeed said police never thoroughly investigated Pamela Callaway Terry as a potential suspect.

Throughout the trial, the prosecutors acknowledged that Pamela Callaway Terry had lied about facts of the investigation, but that those lies had initially been told to try and help her husband. "The defense would have you believe the defendant is being framed," said Criado. "She lied, but that lie helped [Clarence Terry]. The idea that she committed the murder makes no sense.

There's no evidence. It's just speculation and innuendo. She hated that this case happened, hated that her husband was charged and that Shakeel [Baldon] died. Everyone involved suffers."

Enough doubt was cast on Clarence Terry's guilt in the crime that the jury was

unable to reach a verdict.

"Clarence Terry maintains his innocence and I will fight very hard for him until the end," said Hadeed.

According to Commonwealth Attorney Bryan Porter, prosecutors are looking at May for a potential retrial.

## Out of the Depths

FROM PAGE 3

The reason for the ship's sinking was pieced together from two clues: a city ordinance found in Alexandria Gazette archives and marks along the top of the discovered wood. In 1799, the City Council passed an ordinance banning boats from being broken up and disposed of along the waterfront because it was cluttering the shore. Skolnik noted that this indicates that ships being broken apart for firewood with their remaining wreckage sunk into the river was common enough that it required a city or-

dinance to combat it. This helps to explain the v-shaped ax marks found along the top floor of the ship.

The ship is currently sitting in two tanks of water in a city warehouse. Its next voyage will be to a conservator to help study and preserve the ship to eventually be returned to the city and put on display. A conservation fund, Save Our Ship, is underway to help pay for the further study and preservation efforts. Links to the donation page can be found at alexandriava.gov/Archaeology.



## NATURE



PHOTO © DONALD SWEIG

**Prairie Falcon flying near old power plant in Alexandria on March 25. The very dark plumage under the wing in the armpits near the body (axillaries) are a reliable identifying mark for this bird.**

## Prairie Falcon in the City

FROM PAGE 7  
the falcon.

There's no telling if, when, or where the bird may be. But it's a rare and unprecedented opportunity to see this really wonderful bird without having to get on an

airplane and fly across the country.

Best of luck if you go to look.

*Donald Sweig is a local birder, naturalist, and photographer, who is an occasional contributor to the Gazette Packet.*

### BULLETIN BOARD

Submit civic/community announcements at [ConnectionNewspapers.com/Calendar](http://ConnectionNewspapers.com/Calendar). Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

#### WEDNESDAYS THROUGH APRIL 15

**Credit Counseling.** 6:30-8 p.m. at Alexandria Dept. of Community & Human Services, 2525 Mt. Vernon Ave. A volunteer will help access credit reports for free and offer confidential, one-on-one credit coaching. Visit [www.alexandriava.gov/DCHS](http://www.alexandriava.gov/DCHS) for more information.

#### APRIL

**Coffee for Campers.** April is the Month of the Military Child, and to honor our nation's littlest heroes, the National Military Family Association is asking if you'll give up your coffee shop coffee and donate that extra \$5 a day to send a military kid to Operation Purple Camp. Visit [www.militaryfamily.org/get-involved/donate/coffee-for-campers.html](http://www.militaryfamily.org/get-involved/donate/coffee-for-campers.html) to learn more.

#### THROUGH MAY

City crews and contractors are **resurfacing and restriping Cameron and Prince streets**. The work is expected to last through the end of May. In conjunction with resurfacing, pedestrian and bicycle improvements will be added. No parking or travel lanes will be permanently removed, but please follow the temporary on-street parking restrictions posted during the work. Visit [www.alexandriava.gov/CompleteStreets](http://www.alexandriava.gov/CompleteStreets), or call 703-746-HELP for more.

#### THURSDAY/APRIL 6

**Planning Commission Briefing.** 6 p.m. in City Hall, Council Workroom, 301 King St. The regular monthly meeting of the Planning Commission will include an update on the Old

Town North Small Area Plan. Visit [www.alexandriava.gov/Planning](http://www.alexandriava.gov/Planning) for more.

#### MONDAY/APRIL 10

**Application Deadline.** The Alexandria-Caen Sister Cities Committee invites Alexandria students who are currently in college to apply for a one month full-time internship at the City Hall in Caen, France. The intern's primary task is serving as an English-speaking tour guide of City Hall. Apply at [bit.ly/2naFBNj](http://bit.ly/2naFBNj). Email any questions to Montie Martin at [montie.martin@gmail.com](mailto:montie.martin@gmail.com) or [alexandriacaensistercities@gmail.com](mailto:alexandriacaensistercities@gmail.com).

#### WEDNESDAY/APRIL 12

**Foster Parent Orientation.** 6-7:30 p.m. At Beatley Library, 5005 Duke Street. An agency representative will be on hand to answer any questions and explain the requirements to foster and/or adopt. Call 703-746-5858 or email [Christine.Levine@alexandriava.gov](mailto:Christine.Levine@alexandriava.gov) for more.

#### Potomac Yard Design Advisory Committee.

7 p.m. at the Fire Station at Potomac Yard. Contact Ryan Price at [ryan.price@alexandriava.gov](mailto:ryan.price@alexandriava.gov) or 703-746-3847.

#### THURSDAY/APRIL 13

**Community Open House.** 7 p.m. at Salvation Army National Headquarters, 615 Slaters Lane. Staff will be on hand to provide information and answer questions regarding the Draft Old Town North Plan document and process. Visit [www.alexandriava.gov/Planning](http://www.alexandriava.gov/Planning) for more.

#### TUESDAY/APRIL 18

**Waterfront Commission** 7:30 a.m. at City Hall, Sister Cities Room 1101, 301 King St. Contact Jack Browand at [jack.browand@alexandriava.gov](mailto:jack.browand@alexandriava.gov) or 703-746-5504.

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## SCHOOLS

# Titan Robotics Heads for Championship Tournament

BY KURT MOSER

Last month, the T.C. Williams Titans competed in front of a packed-gym crowd at South River High School in Edgewater, Maryland. In the first quarterfinal match of the weekend competition, however, there was not a student to be found on the game field, a full size basketball court. In fact, during the match, for safety reasons, humans aren't allowed beyond the low metal railing surrounding the green-carpeted game field. Here two teams of robots squared off in the 2017 FIRST Chesapeake District Central Maryland Event of the FIRST Robotics Competition.

"Red Alliance!" shouts a group of spectators, clapping in rhythm. "Blue Alliance!" comes the response from nearby, in an oft-repeated chant. In control booths students wait behind a line separating them from their wireless controls during the opening, autonomous phase of the two-and-a-half minute match. Teammates stationed on two platforms above the field anticipate the robotic delivery of game pieces to earn points. For 15 seconds, the 100-pound metal athletes will depend solely on students' planning, design, and programming. Each has a unique solution to the tasks of collecting plastic "gears" to hang on carriage pegs and picking up balls to empty in a hopper. Then the drivers will take control, their robots speeding across the field in a frenzy, blocking, colliding, and sometimes losing components. In the last 30 seconds they will head for their home platform, to climb a rope five feet into the air.

Each year, the international FIRST Robotics Competition challenges competing high



The T.C. Williams Titan Robotics team.

school teams to design and build a robot in six weeks to take on that year's unique game and rules. This is its 26th year, and the third year that Titan Robotics, Team 5587, has competed. At the end of 80 qualifying rounds, Titan Robotics was ranked first, undefeated at 12-0-0. They would have the first pick for alliance-mates of the eight quarterfinal alliance captains.

In the first match of their best-of-three quarterfinal, Titan Robotics leads the red alliance, which includes 17-year competition veteran Cavalier Robotics from Charlottesville and 11-year veteran Dogs of Steel from Chantilly. At the start, for most of the autonomous phase, red leads 70-15, but at the last moment blue posts 60 additional points. The drivers leap to the controls and within seconds the field is littered

with bright yellow balls, strategically dumped to impede opponents. Alliance-mate Cavalier has impressive agility thanks to its swerve-drive propulsion, and like the Titans, their robot is tall and narrow, an advantage getting around in the tight spaces between the gear-loading area and the platform, as well as in rope-climbing, which yields the most points. As the match progresses, the scoreboard shows blue jumping ahead, then red evening it up. Then, with a minute to go, a disaster. As robot 5587 approaches to deliver a gear, blue opponent 686 collides and upends it, leaving it helpless on its side. It won't get to climb, and the red alliance loses 250-331. In the follow-up match, the red alliance is bested again and eliminated.

Titan Robotics has been a strong per-

former this year, with a solidly built robot. Finishing sixth out of 40 teams at Edgewater, and with an overall 2017 record of 22-6-0, they have earned their place at the District Championship April 5-8 at Virginia Commonwealth University. The team will continue to make adjustments to the robot, which they may only modify at designated times during tournaments. Until the championship, the robot must remain untouched and "bagged."

In Richmond, Titan Robotics will be competing against bigger, more established teams. While they are fortunate to have TechShop in Crystal City as sponsor, and thus discounted memberships to use fabrication tools on weekends, other teams have daily access to school engineering shops, major corporate sponsors and mentors, and enough funding to build two robots, one for competition and one to test modifications before applying them.

Titan Robotics is undaunted, and they continue to push the envelope. Short on resources and history, they are long on gumption.

To raise funds, they have started ACT for Alexandria's first student-run Spring2Action campaign.

In the community, they have taken part in the T.C. Williams Science Night for Families, Barnes & Noble's Mini-Maker Faire, and Young Women in STEM presentations, and they have mentored the elementary school First Lego League team Fly Minds. And they received the Team Spirit Award at the Northern Virginia competition.

The championship in Richmond will be livestreamed online at <https://livestream.com/LeeHartman/DistrictChampionship>.

## TC Crew Starts Strong at Noxontown Regatta

Men's/Women's Varsity First 4 boats dominate their races.

The T.C. Williams High School crew team took its armada of rowing shells to St. Andrews School in Middletown, Del. for the Noxontown Regatta on Saturday, April 1 and came home with a trove of victories and other strong finishes. Rowers faced gusty cross-headwinds that hit them hardest in the last 200 meters of the 1500-meter sprints.

Leading the charge for TC were the Men's and Women's Varsity First 4 boats. The Men's boat dominated its race, cruising to the finish with a time of 5:28.8, 41.6 seconds ahead of LaSalle College High School. Powering the Men's First 4 were Connor McGivern, Asher Elkins, Julian Depuyrot, Jacob Souza, and coxswain Michaela Gleeson.

The Titan Women's First 4 also surged to victory with a time of 6:16.0, 17.9 seconds ahead of host St. Andrews. The Women's



TC Varsity Men's First 4 at Noxontown Regatta.

First 4 includes Cecilia Fernandez, Katie Murphy, Reed Kenny, Lauren Kelly, and coxswain Camila Cardwell.

"The St. Andrews invitationals are great regattas," said TC Men's Head Coach Peter Stramese. "Efficiently run, great facility, with a wide variety of teams that we'll eventually face at the Stotesbury Cup in Philadelphia. They're a great test of how your winter conditioning programs and early season practices have formed your team. Based on results, we're in great shape, but there's still a lot of the season ahead."

Other victorious TC boats included the Women's JV 8 — Rachel Sedehi, Chloe Marsh, Marley Osborne, Cleo Lewis, Elspeth

Collard, Piper Bucholz, Lillian Robertson-Smith, Anna Jane Guynn, and coxswain Paula Filios — rowing in the Second 8s race with a winning margin of 6.7 seconds. The TC Women's Second 4, including Fatima Chavez, Tess Moran, Catherine Mellette, Lilia Greiner, and coxswain Candace Goodman, won the Second 4s race with a time of 6:46.2, a 6.8-second margin over St. Andrews. And making a strong debut in the Women's Third 8s race, TC's Frosh finished at 6:29.3, almost 20 seconds ahead of local rival Washington & Lee. The Frosh line-up includes Lila Arnold, Lydia Greenwood, Madeline Toaso, Maddie Allen, Julia Clements, Felicity Brock, Ava Elkins, Alaina

Browand, and coxswain Sara Rider.

Other TC boats had strong races on Saturday, with the Women's Varsity First 8 crossing the line only 2.2 seconds behind W&L. The Men's Lightweight 8, rowing in the Men's Second 8s race, recorded a time of 5:10.3, 3.5 seconds behind the LaSalle Lites. In the Women's Second 8s race won by the TC JVs, their teammates from the TC Women's Second 8 boat came in third. Finally, in their inaugural outing, the TC Women's Novice 8 came in second in a race that included both frosh and novice boats.

Next up for the TC rowers on April 8 is the Walter Mess Regatta at Sandy Run Regional Park in Fairfax County.



21 Announcements

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## ALEXANDRIA CITY PUBLIC SCHOOLS REQUEST FOR QUALIFICATIONS NUMBER 17-03-01

The Alexandria City School Board dba Alexandria City Public Schools is seeking applications from qualified Offerors for the provision of **Administered Commonwealth of Virginia Preschool Initiative Programs (VPI)**.

**Initial responses with the notation RFQ# 17-03-01, VPI must be sealed and received on or before 3:00 p.m. on May 1, 2017** in the ACPS Procurement Office, located at 1340 Braddock Place, Suite 620, Alexandria, Virginia. Responses received after 3:00 p.m. will not be considered in the initial review or award. All responses for the period thereafter shall also be submitted in a sealed envelope with the proper RFQ number and title "VPI" on the outside of the envelope. **All extended responses shall be received on or before 3:00 p.m. on August 18, 2017. No further responses will be received after that date and time.** The time of receipt shall be determined by the time clock stamp in the Procurement office. This RFQ will remain open until August 18, 2017 and applicants may submit applications in response to this RFQ during that entire period; however, responses submitted after initial period shall be considered based on available funding at the time of submittal.

RFQ documents may be obtained at the above Procurement Office or by calling 703-619-8181 or by downloading the RFQ from the ACPS website at: <https://www.acps.k12.va.us/purchasing>.

All questions must be submitted before 3:00 p.m., April 21, 2017. If necessary, an addendum will be issued and posted to the ACPS web site. No RFQ may be withdrawn for a period of ninety (90) days after the opening of proposals except as may be set forth in the RFQ. ACPS reserves the right to cancel this RFQ and/or reject any or all applications and to waive any informalities in any application.

Meloni Hurley  
Procurement Manager

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## ALEXANDRIA CITY PUBLIC SCHOOLS REQUEST FOR INFORMATION NUMBER 17-03-02

The Alexandria City School Board dba Alexandria City Public Schools is seeking information from qualified Offerors for a **comprehensive media management system** that originates, retrieves, and distributes original, purchased/subscription educational and satellite/cable programming through a high school with over 300 classrooms and located in two campuses.

Sealed Responses, with the notation **RFI# 17-03-02 Comprehensive Media Management System**, will be received in the Central Procurement Office, 1340 Braddock Place, Suite 620, Alexandria, Virginia 22314, **on or before 3:00 pm, April 18, 2017**. The time of receipt shall be determined by the time clock stamp in the Procurement office. Responses appropriately received will be opened and the names of the offerors responding will be read aloud. RFI documents may be obtained at the above Procurement Office or by calling 703-619-8181, or by downloading the RFI from the ACPS website at <https://www.acps.k12.va.us/purchasing>. **Registration on the Vendor Self Service system at <https://acps.munisselfservice.com/> is required.**

All questions must be submitted before 3:00 p.m., on April 7, 2017. If necessary, an addendum will be issued and posted to the ACPS web site.

Information submitted may not be withdrawn. However, ACPS reserves the right to cancel this RFI.

Meloni Hurley  
Procurement Manager



## ALEXANDRIA CITY PUBLIC SCHOOLS REQUEST FOR PROPOSAL NUMBER 17-03-03

The Alexandria City School Board dba Alexandria City Public Schools is seeking Proposals from qualified Offerors to provide services for Summer Enrichment Science Technology Engineering Mathematics' (STEM) Program.

Sealed Proposals with the notation **RFP# 17-03-03 Summer Enrichment Science Technology Engineering Mathematics' (STEM) Program for Alexandria City Public Schools** will be received in the Central Procurement Office, 1340 Braddock Place, Suite 620, Alexandria, Virginia 22314, **on or before 3:00 pm, April 18, 2017**. The time of receipt shall be determined by the time clock stamp in the Procurement Office. Proposals appropriately received will be opened and the names of the Offerors responding will be read aloud. RFP documents may be obtained at the above Procurement Office or by calling 703-619-8140, or by downloading the RFP from the ACPS website at <https://www.acps.k12.va.us/purchasing>. Registration on the Vendor Self Service (VSS) system is required at <https://acps.munisselfservice.com/>.

No RFP may be withdrawn for a period of ninety (90) days after the opening of proposals except as may be set forth in the RFP.

All questions must be submitted before 4:00 p.m., on April 7, 2017. If necessary, an addendum will be issued and posted to the ACPS web site.

No RFP may be withdrawn for a period of ninety (90) days after the opening of proposals except as may be set forth in the RFP.

ACPS reserves the right to cancel this RFP and/or reject any or all applications and to waive any informalities in any response.

ACPS reserves the right to cancel this RFP and/or reject any or all applications and to waive any informalities in any response.

Francine Morris  
Buyer

## Obituary



### Mildred DeFloria Muchoney

Born Dec 7, 1929 and deceased April 1, 2017.

Mildred [Millie] Muchoney grew up in Greensburg, Pennsylvania and was one of 9 children born to Angelo and Nancy DeFloria, immigrants from Italy. She married William Muchoney in 1949 and together they moved to Alexandria, Virginia where Millie had four children: Tracy, Billy, Douglas and Kelly, five grandchildren: Daniel, Matthew, Keenan Nadya and Serena, and two great grandchildren Luke and Micah, Matt and Lauren Dussia's son. She loved them all unconditionally.

Millie worked at the Department of State, first as a member of the typing pool and rose rapidly to begin her distinguished career in Diplomatic Telecommunications and further as a dedicated Foreign Service officer. Her overseas assignments included Accra, Ghana and Nairobi, Kenya, where she was stationed at the American Embassies there.

Our Mom was devoted to her husband of 68 years, Bill Muchoney Sr., and enjoyed the love and respect of her family. Her love of travel, respect for world cultures and exploration of her Italian heritage took her to many foreign destinations where she was always well received and returned with an appreciation of peoples from all walks of life.

As a long time parishioner of St. Rita's Catholic Church, Millie was instrumental in founding the St. Vincent DePaul Society here and worked tirelessly at The Carpenters Shelter along with her husband, Bill.

A private family gathering will be held as the interment will be in Latrobe, Pennsylvania. Online condolences may be made at [www.EveryWheatley.com](http://www.EveryWheatley.com).



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- Zone 5:** The Potomac Almanac
- Zone 6:** The Arlington Connection  
The Vienna/Oakton Connection  
The McLean Connection  
The Great Falls Connection

# NEWS

## Public Safety

FROM PAGE 3

for “the unfunded federal mandate for the  
Prison Rape Elimination Act,” as well as for  
“lost federal revenue received by NVJDC,”  
according to the city budget document. “The  
funding has been put in contingent reserves  
pending” clarifications about NVJDC’s bud-  
get.

Council members also discussed NVJDC’s  
longer-range prospects, including poten-  
tially its closure. Detention centers state-  
wide house only 44 percent of their capac-  
ity, said Michael Mackey of Alexandria’s  
Juvenile and Domestic Relations Court Ser-  
vice Unit.

“It’s incredibly low utilization. That utili-  
zation could clearly be absorbed by other  
capacity in the region,” said Wilson. “I feel  
like we need to have this conversation at  
some point soon with our counterparts in  
other jurisdictions ... and figure out where  
we’re going to go. ... I don’t know what we  
need to do. Obviously we could leave the  
money in contingent reserves and that’ll  
force the conversation.” NVJDC’s closure  
would save city dollars and free up valu-  
able land.

“What’s in the best interest of the chil-  
dren? ... That’s the biggest question,” said  
Mayor Allison Silberberg.

“[T]he connection the youth who is in-  
carcerated has with their family during their  
incarceration is a major factor in how well  
they do,” said Mackey. “Obviously right now  
the youth are in Alexandria, [the family]  
can fairly easily ... go visit. If there’s a  
change in the area ... that could potentially  
pose an issue ... That certainly has to be a  
part of that conversation...”

### EMERGENCY COMMUNICATIONS

Earlier this year the city merged its non-  
emergency customer service — also known  
as “Call.Click.Connect” — with its 9-1-1  
emergency call center, located at the police  
department. This is the “[f]irst step towards  
the creation of a ‘3-1-1’ non-emergency call  
number,” according to a presentation slide.

“Recall that two thirds of DEC’s calls ...  
are not public safety related,” said City  
Manager Mark Jinks, referring to the De-  
partment of Emergency Communications.  
“And so in effect we [had] two places in the  
city that [were] getting non-emergency  
calls. And cities that have gone to 3-1-1  
basically have created a single organization  
and ... a single physical space because  
there’s so much synergy between what those  
two do.”

“There’s a couple things that DEC can of-  
fer to support [non-emergency staff],” said  
DEC’s Renee Gordon. “One, we have ... a  
training facility for them. We can put them  
on our same phone system. Therefore we  
don’t have to purchase another phone sys-  
tem. ... The Call.Click.Connect system is at  
end of life right now ... We’ll be able to  
record their calls and do quality assurance  
with them as well.”

Residents can find budget documents,  
videos, and calendars at  
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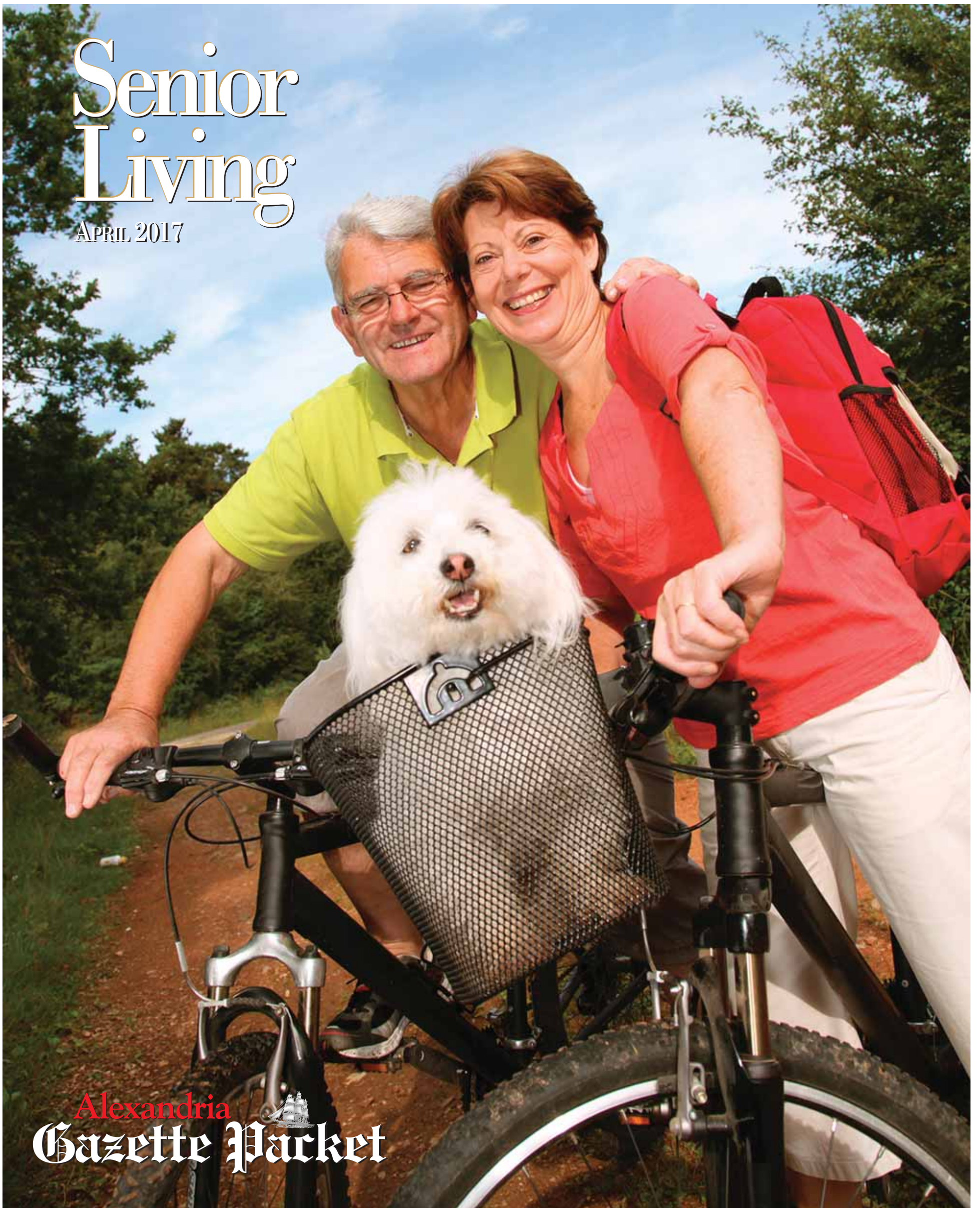
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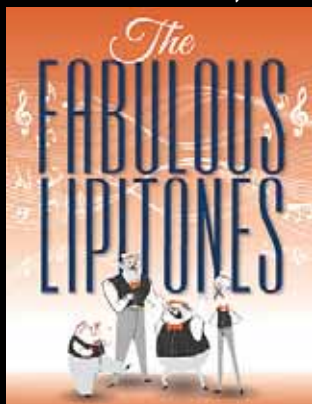
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# How to Save a Life

BY EDEN BROWN  
THE CONNECTION

Mike Oliver says he retired in 2000; he and his wife, Linda, spend 364 days a year doing good things. They work with ALIVE (Alexandrians Involved Ecumenically) and St. Clement's Church, and in November and December, Mike takes advantage of his naturally twinkly eyes to bring joy to children in the area embodying Santa Claus. But on the 365th day, he says, they do something really amazing: they save lives. They spend six hours filling small sandwich baggies with rehydration salts and sugars at the Temple Beth El Synagogue, along with other volunteers, many of them over 55.

Bobbi Gershman, who oversees the project, says she got less of a turnout this year than last. They will only be able to package about 15,000 sachets of rehydration salts. She likes it better when the room is overflowing and she gets numbers like 20,000 sachets; but every little bit helps, she says. For Gershman, it's almost a full time job to run the event, and every year when she starts out, she feels it is too much work for her. But within weeks she is energized by the thought of what a difference they are making somewhere in the world, and by the time the day comes, and she puts in a really long day from about 7 a.m. to 6 p.m., she is motivated to do it again another year.

Flo Broussard, 88, who lived in Arlington from 1960 until four years ago when she moved to Goodwin House, said she is a life-long volunteer. She has volunteered for WETA, The White House, Alexandria Hospital, and several other organizations before she "retired" to Goodwin House, where she volunteers, both doing plantings and making crafts for sale to benefit local charities, but also doing things like this rehydration project.

Gershman said she hopes she gets more volunteers next year: she will have to return a lot of salt. Sponsors for the event were Beth El Brotherhoods, Beth El Religious School Children, Immanuel Church on the Hill, Rabbi's Good Deed Fund, and Harris Teeter.

To volunteer next April, check the Temple Beth El Alexandria website, or join ALIVE, [www.ALIVE.org](http://www.ALIVE.org).

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# Senior Living

## Mid-Century Classic for Artful One-level Living

In 1950s, Hollin Hills was a mecca for cutting-edge housing design; 60 years later, mid-century modern is a resurgent style ripe for nuanced improvements.

BY JOHN BYRD

PHOTOS BY GREG HADLEY

Two years ago, Jeff and Jenny Herre, both retired, were living in a five-level townhouse in Old Town Alexandria with a view of the river. Long-term residents, they were satisfied with all the house had to offer. They collected art and fine furniture and their periodic renovations over several years had extended all the way to the attic.

As they approached their 70s, however, they questioned how much effort they wanted to expend getting from room to room.

“We were wondering aloud whether we’d still want to be climbing five flights of stairs in 10 years,” Jeff Herre said. “That’s when we began thinking about downsizing, and ways we might concentrate our primary living needs on one level.”

As the research got under way, Jeff Herre saw that cost would inevitably play a role in their choices. One-level structures in and around Old Town were appreciably beyond the family budget. Looking further out of town, the options boiled down to: a) purchase a ready-to-occupy home which would come at a higher price; or b) find an older home with renovation potential that could be shaped into a place brimming with personal style.

The latter course would entail finding a



**At slightly over 900 square feet, the primary living area the Herres’ remodeled home in Hollin Hills is comparatively small. But designer Jon Benson’s wall elevations employ texture and color that make the space feel expansive.**

creative design/build team with whom one could collaborate closely.

After assessing available northern Virginia properties for several months, a Realtor introduced the Herres to a home in Hollin Hills, a community of some 450 houses in Hybla Valley. Hollin Hills is renowned in architectural circles — even listed in the historic record as one of the first communities in the U.S. to feature modern architecture exclusively, mid-century modern in particular.

“In the 1950s, most progressive modern homes were owner-commissioned,” said Roger Lataille, a design consultant at Sun Design Remodeling. “But Hollin Hills was an entire development focused on the advanced architectural concepts that emerged after World War II.”

Part of the enduring appeal was that architect Charles Goodman and landscape architect Dan Kiley had sited each Hollin Hills residence to maximize privacy. Even though lots are seldom more than one acre, it’s difficult for your neighbor to see you from their house, and vice versa.

“We loved the wooded setting right away,” said Jeff Herre. “The problem was, the house itself didn’t look like anything we’d

want to live in.”

For starters, there were the obstructed sight lines starting from the front entrance. Walking in, one looked left at interior dry-wall that defined the parameters of a 10-foot-by-10-foot galley kitchen. To the immediate right, a floor-to-ceiling exposed brick hearth with a masonry niche designed for firewood. To the left, a floor-to-ceiling bookcase and an odd chandelier. Straight ahead, an open stairwell descending to ground level.

Further back, a door leading to the master suite, which included the original 70-square-foot tile-clad bathroom. Two closets less than two feet deep provided the only wardrobe accommodation.

While floor-to-ceiling windows dominating the eastern and western wall elevations boasted a dramatic view of surrounding woodland, the Herres also soon learned that much of the glazing was single pane.

Herre’s question for Lataille from the start was right to the point: “Can you make the changes we want within our budget?”

Topping Herre’s wish-list: an open plan with places for art display that will work well for entertaining; design that allows the

SEE HOLLIN HILLS, PAGE 5

**The cook top island and dining counter of the new open kitchen plan. Light maple Shaker-style cabinets combined with quartz Caesarstone counter surfaces reinforce the ambience of a room surrounded by windows.**





## Senior Living



### The Kensington Falls Church Presents Energized Fitness for Parkinson's

Announcing an Introductory Orientation  
with Laxman Bahroo, MD and  
Angela Onyekanne, DPT, GCS, CEEAA  
Sunday, April 9, 2017 • 2:00pm-4:00pm

at The Kensington Falls Church  
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Refreshments served • RSVP to Karen Akers at 703-992-9868  
or to [kakers@kensingtonsl.com](mailto:kakers@kensingtonsl.com)

**T**he Kensington Falls Church is pleased to announce its collaboration with the Parkinson Foundation of The National Capital Area (PFNCA) and Genesis Rehab Services to offer Energized Fitness for Parkinson's. The program provides a high-energy fitness experience geared toward improving mobility and strength while participants share time with others facing Parkinson's.

Energized Fitness will be introduced by Dr. Laxman Bahroo, a neurologist who focuses on movement disorders, and Angela Onyekanne, a therapist who is trained in LSVT BIG (a therapy that involves large amplitude, exaggerated movements that lead to smoother, larger, safer movements). Dr. Bahroo and Angela are our allies in striving to maximize health and optimize independence for people with Parkinson's. Please RSVP to join us.



**Dr. Laxman Bahroo** is an assistant professor and co-director of the Neurology Residency Program at MedStar Georgetown University Hospital. He is a board certified neurologist and member of the Movement Disorders program. Primary areas of focus in movement disorders include the medical and surgical management of Parkinson's disease and essential tremor.



**Angela Onyekanne, DPT, GCS, CEEAA** has ten years of experience working exclusively with geriatric clients in a variety of settings. She is APTA Board-Certified in Geriatric PT and LSVT BIG certified for individuals with Parkinson's disease.

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PHOTO CONTRIBUTED

**This garden at 607 Cameron Street is one stop on Old Town's Garden Tour, starting April 22, 10 a.m.-4 p.m. at the Alexandria Visitors Center, 221 King St. The members of the Garden Club of Alexandria and The Hunting Creek Garden Club are sponsoring tour of five homes in Old Town. \$45 in advance, \$55 day of tour. Visit [www.vagardenweek.org](http://www.vagardenweek.org) for more.**

#### TUESDAY/APRIL 11

**Garden Experts Answer Questions.** 11 a.m.-noon in Simpson Park Demonstration Gardens, 420 E. Monroe St. Stop by and chat with the VCE Master Gardeners who maintain the Simpson Park Demonstration Gardens and see what is springing to life. Visit [mgnv.org](http://mgnv.org) for more.

#### SATURDAY/APRIL 15

**Country-Western Dance.** 6-9:30 p.m. at the at Lincolnia Senior Center, 4710 North Chambliss St. A DJ provides music. Couples and singles welcome. \$10; non-members \$12. Visit [www.nvcwda.org](http://www.nvcwda.org) or call 703-860-4941 for more.

#### TUESDAY/APRIL 18

**Lions Club.** 6:30 p.m. at Pema's restaurant, 8430 Richmond Highway. The Mount Vernon Evening Lions dinner meeting speaker will give tips on using Uber. Call Andrea Corsillo 703-960-4973

#### WEDNESDAY/APRIL 19

**Antiques Club.** 7 p.m. at Hollin Hall Senior Center, 1500 Shenandoah Road. Free, public invited. The Alexandria/Mount Vernon Antiques Club will feature Mary B. Gallagher, the author of "My Life with Jackie Kennedy," for whom she worked as her secretary for a number of years. Call 703-360-4979 for more.

#### FRI, APRIL 21

**Third Friday Dance.** 7:30-9:30 p.m., Room 112 at Hollin Hall Senior Center, 1500 Shenandoah Road. The performers are with the Mount Vernon Swing Band under the leadership of Owen Hammett. \$4. Visit [www.hollinhallseniorcenter.org](http://www.hollinhallseniorcenter.org) or call 703-765-4645 for more.

#### SATURDAY/APRIL 22

**Garden Tour.** 10 a.m.-4 p.m. at the Alexandria Visitors Center, 221 King St. The members of the Garden Club of Alexandria and The Hunting Creek Garden Club are sponsoring a tour of five homes in Old Town. \$45 in advance, \$55 day of tour. Visit [www.vagardenweek.org](http://www.vagardenweek.org) for more.

#### SUNDAY/APRIL 30

**Ballet Performance: "Cinderella."** Three seatings: noon, 3 p.m., and 6 p.m. George Washington Masonic National Memorial, 101 Callahan Drive. \$12. Visit [metropolitanarts.org/](http://metropolitanarts.org/) for more.



## Senior Living

### Hollin Hills

FROM PAGE 3

couple to mainly live on one level; a master bath with a walk-in shower and a new powder room; additional storage; a visually compelling interior design; replacement of single pane windows with insulated double-ply thermal glass.

"There have been significant developments in open floor plan design in recent years," Lataille said. "Part of this is driven by demand: more people want spaces that allow for both privacy and easy interaction. Part are options made possible by improving technologies. For instance, a reverse downdraft vent incorporated into a cook top works well for homeowners who want to keep the kitchen open, unobstructed by a hood hanging from the ceiling."

This is one factor that has made a kitchen-centric floorplan a popular option for a home's primary living space, and offered a practical solution for amateur chef Jenny Herre, who enjoys regaling guests with her original dishes while otherwise fully engaging in the party all around her.

"We thought an open kitchen would really work in this house," Jeff Herre said, "but we needed to see well-developed ideas before moving forward with the purchase."

Enter Jon Benson, Sun Design's lead designer, and a master craftsman with several published books on woodworking to his credit.

"When you're removing kitchen walls, the goal is to develop a space plan that meets all functional requirements, yet really supports the room aesthetically," Benson said. "That's why it's important to design elevations that present an appropriate combination of color, texture and tone. When this is done correctly, walls tends to be less necessary — and an open plan can work well."

On this score, Benson designed a cook top island and dining counter perfectly positioned between the dining room and the seating area around the fireplace.

Light maple Shaker-style cabinet facings combined with quartz Caesarstone counter surfaces present clean lines and reinforce the light, accessible ambiance of a room surrounded by windows.

Nearby, Benson's re-designed hearth features America Palisades ceramic tile. Dark

**"We were wondering aloud whether we'd still want to be climbing five flights of stairs in 10 years. That's when we began thinking about ... ways we might concentrate our primary living needs on one level."**

— Jeff Herre

gray, the floor-to-ceiling vertical cladding presents an offsetting visual anchor in a composition otherwise comprised of light pastels.

The dining room table, in easy reach of the new island, is a stylized mid-century design.

To complement the play of light throughout the house, frosted glass doors are employed throughout the first level, including to the entrance to the lower level which is now enclosed.

A larger walk-in shower and double-vanity have replaced the existing former bath and there are walk-in closets adjoining the bedroom.

Collectibles from India, Lebanon and Brazil are now on view in Benson-designed display spaces.

"This really feels like our home now," said Jeff Herre. "We've made the transition we wanted, and are pleased with it."

*Sun Design Remodeling frequently sponsors design and remodeling seminars as well as tours of recently remodeled homes. Sun Design will be sponsoring an open house in a recently remodeled home on April 29 and 30 from 11 a.m. to 5 p.m. daily. For more information: [www.SunDesignInc.com](http://www.SunDesignInc.com)*

*John Byrd has been writing about home improvement for 30 years.  
(byrdmatx@gmail.com)*

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## Senior Living



Duplicate bridge players concentrate on their next move at the regular ACBL-sanctioned games held Friday mornings at Madison Senior Center.

## Bridge Sharpens Skills

BY SHIRLEY RUHE  
THE CONNECTION

Dark clouds and heavy rain didn't deter the 9 1/2 tables of duplicate bridge players from showing up at Madison Senior Center in Arlington on Friday, March 31. Complete silence envelops the room as furrowed brows concentrate on the cards in their hands. An occasional "both of the kings are off" or "I knew I should have stayed home" penetrates the silence.

Mike Zane, coordinator of the group and an American Contract Bridge League (ACBL) certified director said, "we've been going ... well, it's got to be at least 10 years." Zane said that bridge was big in the 1930s-60s. "If you watch any old film, even a war film, you'd see a bridge game. Even Ian Fleming played the Earl of Sandwich in a James Bond film. But,"

he continued, "it's lost its flavor." Zane said it used to be that in the military academies the two required extracurricular classes were ballroom dancing and bridge, two important social skills.

Zane looks around the room and pulls out a long computer sheet of names. He explains each player has 13 cards and you play with a partner against the other two players at your table. The highest card wins. Each table will rotate and play the same set of cards. The object is 24 hands or 24 problems to solve. "It's the easiest game in the world," Zane says he started playing bridge because his mother, father, and sister played. "Bridge takes four people."

Zane said European high schools require every student to take bridge. "I am interested in getting bridge into schools in America. That's the only way it will survive."

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# Senior Living

## Fit for the Golden Years

**For More** Learn more about Go4Life at [go4life.nia.nih.gov](http://go4life.nia.nih.gov).

Exercises for strength, endurance, balance and aerobics are key.

BY MARILYN CAMPBELL  
THE CONNECTION

**A**t 7 a.m. each weekday, a group of Del Ray seniors meet at Starbucks to embark on a brisk, 45-minute walk. The women return to their starting point for coffee and conversation. Their goal is to stay active and socially engaged.

"Even those of us who've never exercised and aren't necessarily fit enjoy our walks," said Joyce Herrington, one of the group members. "It's mostly social and we enjoy it. The fact that we're getting some exercise is a bonus."

Late last month, representatives from Go4Life, a program created by the National Institute on Aging (NIA), held a pilot workshop in Potomac, Md., that was designed to test methods for motivating older adults to increase their physical activity. Workshop participants were from Potomac Community Village, one of several Go4Life partner organizations of seniors who are helping to design strategies to engage seniors in exercise programs.

Sheila Moldover, Potomac Community Village Communications Chair believes that local seniors can benefit from Go4Life.

"We're going to include some easy and simple flexibility, balance and strength exercises at each of our Potomac Community Village meetings, and distribute Go4Life materials to our members, including to those who are already exercising," she said. "We want to encourage everyone to pay attention to their balance, flexibility and strength as well as to endurance. We see that as enabling us to age in place, to thrive in place, and be healthy and active."

Go4Life, an exercise and physical activity campaign from the National Institute on Aging (NIA) at the National Institutes of Health (NIH), is designed to help those who are over 50 incorporate exercise and physical activity into their daily lives.

"We want people to know that it's never too late to start an exercise program, and we focus on four types of exercise: strength, endurance balance and flexibility," said



PHOTO BY SHEILA MOLDOVER

**"The most important thing is to find an exercise or activity that you enjoy. If you enjoy what you are doing, you will be more likely to continue."**

— Susan P Thompson, Ph.D., Northern Virginia Community College.

Stephanie Dailey of the Go4Life program at the NIA. "It's important that they're doing all four components. Older adults can gain a lot from exercising. In fact, people have a lot more to lose by not exercising than by starting exercising."

**WHEN BEGINNING** an exercise program, Dailey recommends guidelines established by the Centers for Disease Control and Prevention.

"About 150 minutes per week of moderate activity is recommended for adults," she said. "If you are going to start a fitness program, see your doctor first."

For older adults exercise is important for maintaining function, physical strength and fitness, managing and preventing diseases, improving your mood and giving you more energy.

In spite of a popular misconception, older adults can gain strength and improve their

muscles with these exercises, says personal trainer Christian Elliot, CEO, Founder TRUE Health and Wholeness in Arlington, Va. "I work with people who are in their 60s, 70s, 80s and 90s and I've never met a person who couldn't improve their fitness," he said. "We're not going to stop aging, but you can certainly slow it."

Elliot recalls a client who was in her late 50s who didn't have a history of physical fitness, but wanted to get in shape. "She has hit some of the most phenomenal milestones, like being able to hold a 12-minute plank, do 50 push-ups and five push-ups on one arm," he said.

For those who are new to fitness, there is good news. "There's a lot of evidence that middle age is a great time to get fit," said Julie Ries, Ph.D., professor of physical therapy at Marymount University. "You want to be active and healthy in your middle age so that will keep dementia at bay in

**Members of a Community Village attend a workshop on the Go4Life program, which was designed to help those who are over 50 incorporate exercise and physical activity into their daily lives.**

your old age. Exercise is not only for your physical health, but also your cognitive health."

A well-rounded exercise program should include exercises that focus on aerobic exercise, flexibility, muscular strength and muscular endurance, and balance, says Susan P Thompson, Ph.D., assistant dean, Health Physical Education at Northern Virginia Community College.

"Cardiovascular exercises should be done most days of the week for a minimum of 20-30 minutes," she said. "Walking, swimming, cycling, dancing, hiking and any activity that uses your large muscles in a continuous movement will increase your heart rate and improve circulation."

Stretching and moving your joints through their range of motion will keep the joints lubricated and less stiff. "Stretching will also help decrease pain and stiffness in the back, neck, hip and feet," said Thompson. "For the sportsman it will increase your power and ability to improve your follow through motion. For the hiker, it will let you lift your arms and legs higher. You can stretch daily. Yoga and dance are activities which focus on stretching."

Improved muscular strength and endurance will allow you to do everyday tasks with less energy with less chance of injury, advises Thompson. "Leg strength will enable you to walk faster, get up and down from chairs with more ease," she said. "For resistance, [you can use] hand weights, resistance bands, weight machines, water walking and exercise or your own body weight. Resistance training should be done two-three times a week working the major muscles."

## Women in Retirement? Busier than Ever

BY EDEN BROWN  
THE CONNECTION

**M**ore than a half-dozen local women recently answered the question: What can you say about retirement? Jamie Usrey, who was a teacher in the Arlington County Public School system for 20 years, is hardly letting a lot of grass grow under her feet.

She said, "I feel a little embarrassed when I say I am retired when I look at people who are still working hard ... like Hillary Clinton. I am enjoying being able to be outside more — biking, playing tennis, working in the yard, going for walks with friends and tak-

ing more trips to see national parks where we can hike through the beauty of nature. I have more time to exercise ... love those zumba classes ... and read. ... I do want to find a way to be more helpful in making our government work better ... next week."

Jan Heininger says she is "happier than ever with even more travel, near daily long bike rides, daily mile swims in the summer, and far more time for reading ... I also get to spend far more time at our beach house where I can more easily avoid politics."

Ruth Neikirk said: "Retire? I never did retire. I stay busy. It's good to stay busy."

Karen Smagala said: "I'm busier than I ever have been since retirement, and I'm enjoying life so much more. My blood pres-

sure went down when I stopped working. I do the Master Gardener program and I work at the library in the tool shed."

Sheridan Collins said: "Busier than ever! Docenting at the Textile Museum provides continuing education for the brain, tennis and gym keep me fit, and this year more time on politicking helps maintain a healthy attitude. And then there's grandmothering requiring lots of travel. All good!"

Mary Lanaras said: "Retirement is like: everyday is a snow day!" Lanaras worked to home school her children until middle school and helped her husband, Charles, with his real estate business.

Joanna Cameron said: "Retirement is just a word signifying that your priorities have

shifted to ones that are all about enjoying what you love, getting outside more and relishing the things that make you happy. Staying in motion above all."

And then there are people like Flo Broussard, 88, an Arlington resident from 1960 until she moved to Goodwin House a few years ago: she responded by saying: "Retirement? I'm a lifelong volunteer. I have volunteered for WETA, The White House, Alexandria Hospital, and several other organizations. Then when I 'retired' to Goodwin House, I still volunteer, doing plantings and making crafts for sale to benefit local charities."

And there she was on April 2 at the Rehydration Salts project at Temple Beth El.