

Mount Vernon Gazette

MOUNT VERNON'S HOMETOWN NEWSPAPER • A CONNECTION NEWSPAPER

APRIL 6, 2017

Inside
Senior
Living



PHOTO COURTESY OF PAT MALONE

Alexandria Potomac Little League was among the youth baseball programs that celebrated the start to their season on April 1.

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Back in Play

Little league
baseball season
returns to
Mount Vernon



Fort Hunt Little League players charge around the gym at Carl Sandburg Middle School on the opening day of their season.

PHOTO COURTESY OF
LAUREN COLUNGA

'The Best with What We Have'

FCPS budget presentation kicks off FY2018 public hearings.

BY TIM PETERSON
THE GAZETTE

“We will do the best we can with what we have.” That was Fairfax County Board of Supervisors chairman Sharon Bulova’s response to the public school system board chair Sandy Evans’ final presentation of their \$2.8 billion FY2018 budget before a public hearing on April 4.

Evans opened the first of three days of public hearings on the full county budget for FY2018. Forty-seven speakers had signed up to address the board following Evans, who was joined in the main Fairfax County Government Center auditorium by several other members of the School Board, FCPS staff, teachers, principals and interim Superintendent Steven Lockard.

The FCPS chairman reiterated what the school system’s board has advertised as the need for a 5.9 percent increase over the county’s transfer for FY2017. That’s a 5.1 percent increase, or \$135.1 million, over the previous school system operating budget.

Based on the county budget advertised by County Executive Ed Long, their proposed transfer for FY2018 would fall short of the FCPS request by nearly \$50 million.

Evans said the budget reflects two main priorities of addressing employee compensation and classroom resources, as well as several cost drivers out of the board’s control including increased enrollment (the system has 188,000 students), retirement contribution



PHOTO BY
TIM PETERSON

FCPS board chairman Sandy Evans said the school system’s budget reflects two main priorities of addressing em-

ployee compensation and classroom resources, as well as several cost drivers out of the board’s control including increased enrollment, retirement contribution rate increases and employee health insurance increases.

rate increases, and employee health insurance increases.

“It’s clear, whatever we do, will only moderate this increase,” Evans said. “It won’t eliminate it.”

Evans said the transfer increase of \$51 million proposed by Long doesn’t cover the required budget increases of \$55.9 million.

“There’s a gap,” she said, “even before we consider pay increases of any kind, any teacher scale adjustments.”

TEACHER SALARIES in FCPS, the School Board has repeated, have fallen short of surrounding school systems, which they say has lured away many experienced, trained teachers as well as strong candidates for new ones.

FCPS began the 2016-2017 school year with more than 170 vacancies, Evans said, particularly in math, science, ESOL and spe

SEE EVANS, PAGE 4

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Ending Homelessness: 'It Can Be Done'

Housing and homeless services providers discuss "Complex needs and promising solutions."

BY ANDREA WORKER

HomeAid Northern Virginia (HANV) brought together about 100 housing and homeless service providers from a variety of public, nonprofit and faith-based organizations at its annual Housing Forum on March 30, giving them the opportunity to share their challenges and best practices with their peers, while learning about some of the latest trends in the fight to end homelessness.

Newly appointed HANV executive director Kristyn Burr opened the event before turning the program over to moderator Karen Cleveland of the Cleveland Group.

Samantha Batko, director of the Homeless Research Institute, National Alliance to End Homelessness, was the program's keynote speaker and started her section with positives, noting that Virginia was the first state to functionally end homelessness among veterans. "On Tuesday," she added, "Bergen County, New Jersey announced that they were the first to end chronic homelessness. We know it can be done."

How were these successes achieved? "Through 'Rapid Rehousing,' the value of data, and a determined community-based partnership," said Batko.

The switch to a focus on the Rapid Rehousing model was a major topic at last year's forum and the cause for considerable concern among some of the providers. The strategy represents a paradigm shift in previous methodologies to end a person's or family's homeless situation by pulling out all the stops to first find suitable housing for the client(s) and then wrapping any services they may need — financial assistance, help finding employment, overcoming past credit problems, mental health treatments, etc. — around them once they have been placed in a stable housing environment.

THE TRADITIONAL APPROACH to helping the homeless in the past has been to take them into shelters and then work with them to resolve issues and obstacles before placing them in an independent living situation. While this strategy can make finding them suitable housing less challenging, the process could take months, sometimes years. Remaining in shelter for that long creates a different set of problems, from overcrowding or impossible waiting lists for shelter placement, to potentially exacerbating the anxiety of the homeless, particularly children and youth, who find it difficult to adjust and face the stigma of their situation at school or during other social activities.

Rapid Rehousing also put further pressure on service providers. It's easier to provide services and to monitor progress when the clients are grouped in shelter facilities and have the benefit of supervision and readily-



PHOTOS BY ANDREA WORKER

Newly appointed HomeAid Northern Virginia executive director Kristyn Burr welcomes the participants to the organization's annual Housing Forum for housing and homeless services providers.

accessible support. Monitoring hundreds of people scattered around the region in a variety of housing situations can be a challenge.

But the housing and homeless service providers have, for the most part, risen to the challenges. The official statistics for the homeless population for 2016 are not yet available, but the anecdotal evidence shared by the attendees indicate a positive result to the shift in strategy.

"Trust and a good relationship with landlords is essential," said one attendee. When trying to place clients who are still working through obstacles, or who have credit problems, who have been evicted — possibly more than once — who have served prison terms, or who may be registered sex offenders, requires getting out into the rental community and honestly addressing the landlord's concerns and responding swiftly

and appropriately when there are problems.

Batko also commented on the current political climate, highlighting several topics of much discussion by groups like the National Alliance to End Homelessness. According to Batko, although federal dollars allocated toward homeless prevention and remediation make up the smallest percentage of the federal budget at approximately \$2.5 billion, predictions for the FY2018 budget call for the lowest level of financial support since 1962.

Potential cuts to the agencies that help provide services to the homeless or those who are only a step away from that condition, changes in health care laws and in other social safety net programs could greatly increase the numbers of people that suddenly find themselves without a place to live.

Batko stressed two main points before



Shelter House chief operating officer Jamie Ergas presents the summary from the round table discussion on "Implementing Coordinated Entry" while program moderator Karen Cleveland captures the key points on the flip chart.

concluding her remarks. First, she noted, "Efficiency. Agencies have to use the data, work together, re-think strategies" to decrease the length of time that people spend homeless, she said, and the organizations must be prepared to validate the outcomes of their efforts.

Secondly, Batko called upon the attendees to learn how to advocate. Many nonprofits operate under the misconception that they risk their exempt status if they take, and voice, a position on politically controversial issues. There are rules and limitations, but Batko urged the attendees to speak out and find ways to magnify their voices. "You are the experts," she said, and should be able to offer that expertise to the lawmakers.

Batko suggested developing stronger relationships with local elected officials to inform them and to ask for their support, and the support of faith-based communities, in advocacy efforts. "Call now," she said, to ask Virginia lawmakers to pass the extension of Medicaid in the state. Start efforts now to protect funding and to resist "block grants" as funding solutions, since they are often seen as "funding cuts." In their take-home packets, the attendees received a primer on how to avoid any pitfalls when publically addressing policy issues.

BEFORE THE PANEL DISCUSSION got underway, there was a reminder that as of June 30, organizations seeking HUD funds will have to have adopted the standards of practice set forth by the National Alliance to End Homelessness — a requirement of which not everyone in the audience seemed to have been aware. The Alliance has toolkits for implementation and measurement available on their website at www.endhomelessness.org.



Attendees at the Housing Forum divided into round table groups to tackle some of the issues they all face, like "Landlord Engagement," and "Resource Gaps and Needs."

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9606 Shipwright Dr. Large Colonial on corner lot in sought-after Longwood Knolls. This 4BR/2.5BA is newly painted with all new carpet, new stainless steel appliances in the kitchen, gas FP in family room, Finished rec room in walk-out lower level, 2 car garage and boasts a large deck in fenced rear yard that partly backs to trees. Won't last.

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PHOTOS BY TIM PETERSON/THE GAZETTE

“We will do the best we can with what we have.” That was Fairfax County Board of Supervisors chairman (center) Sharon Bulova’s response to the public school system board chair Sandy Evans’ final presentation of their \$2.8 billion FY2018 budget before a public hearing on April 4.

Evans Outlines School Needs

FROM PAGE 1

cial education.

Overcoming obstacles including and stemming from what she said is disproportionate from the state and federal government relative to the rest of Virginia, as well as the growing number of high needs students in FCPS, can “only be solved by making necessary investments in our education system.”

Bulova acknowledged that “any member of this board will tell you education is our number one priority.” The chairman lamented that the proposed Meals Tax referendum did not pass last fall, and that work to change the impact of the Virginia Retirement System “just didn’t happen as well.”

But Bulova praised the budget work being done jointly between the two boards. “Never before have we had a closer working relationship to try to achieve our mutual goals,” she said.

Two individual speakers, Joe Connor of Fairfax and James Parmelee of Centreville, each suggested the supervisors and school system could do a better job managing taxpayer money.

Connor was critical of the FCPS pension program ensuring county employees are “multi-millionaires at retirement” and that with the threat of cutting services to students, FCPS is “allowed to confiscate income from the private sector.”

Parmelee held up a sign from the fall 2016 election cycle encouraging residents to vote “no” for the proposed tax on prepared foods, or meals tax.

“People had a choice,” he said, “more taxes for what the majority claimed are necessary expenditures. People overwhelmingly voted against the tax a majority of you wanted.”

Parmelee said the supervisors should keep that in mind, perhaps alluding to the real estate tax increase passed in the previous budget cycle to help fully fund the FCPS budget.

“You all touched the hot stove, got burned a little bit,” he said of the meals tax. “I hope you’re a little wiser for it. Please don’t forget it.”

Two more days of public hearings on the FY2018 budget were scheduled for April 5 and 6.



From left, Fairfax Education Association president Kevin Hickerson, Christal Tanks with FEA education support professionals, and FEA vice president Carla Okouchi said the FCPS budget is a “statement of our community’s priorities” and that problems such as the more than 170 teacher vacancies at the beginning of the school year “only compound if we turn a blind eye to them.”

THE COUNTY BUDGET COMMITTEE will meet April 21 for a pre-markup, before the full markup on April 25. The supervisors are scheduled to adopt the FY2018 budget May 2, followed by FCPS adopting an approved budget May 11.

More information from Fairfax County about its advertised FY2018 budget is available online at www.fairfaxcounty.gov/dmb/fy2018/advertised/overview.htm.

More information on the FCPS FY2018 advertised budget is available online at www.fcps.edu/about-fcps/budget/FY2018.



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Alex/Grist Mill Woods \$938,000
5414 Grist Mill Woods Way
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Alex/Riverside Estates \$584,900
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Stunning 4BR, 3BA Split on a beautiful corner lot. Updated eat-in kit w/granite & SS appliances. Kit opens to a spectacular screened-in porch, perfect for entertaining. Lower lvl has Fam rm w/FPL & 4th BR. Beautiful hwd flrs, crown molding, & built-in bookcases. Totally organized garage plus dazzling paver driveway. Lawn sprinkler system, updated HVAC, dbl pane windows, solar tubes, & baths. It doesn't get much better than this! 5 mins to Ft. Belvoir, 15 mins to Old Town, 28 mins to Ntl Airport, 33 mins to Pentagon.



Alex/Riverside Estates \$598,900
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Back in Play

Little league baseball season returns to Mount Vernon

Alexandria Potomac and Fort Hunt Little Leagues were among the youth baseball programs that celebrated the start to their season on April 1.

Woodlawn Little League holds its ribbon-cutting April 8.

Players from the Alexandria Potomac league raced the bases at Belle View Elementary School with special help from the West Potomac High School junior varsity baseball team. Members of the t-ball program recited the little league pledge.

Opening Day ceremonies for Fort Hunt were held inside Carl Sandburg Middle School, with games taking place outside on fields behind the Hollin Hall Senior Center. They were joined by the West Potomac varsity baseball team.

— TIM PETERSON



Boys and girls with the Alexandria Potomac Little League t-ballers recite the Little League pledge at the beginning of the season on April 1.



Supervisor Dan Storck (D-Mount Vernon) helps kick off the Alexandria Potomac Little League season on April 1.

Players from the Alexandria Potomac league raced the bases at Belle View Elementary School with special help from the West Potomac High School junior varsity baseball team.

PHOTO COURTESY OF PAT MALONE



PHOTO COURTESY OF LAUREN COLUNGA

Right, Kate Lavanga with a Fort Hunt Little League player on opening day, April 1, at Carl Sandburg.



Opening Day ceremonies for Fort Hunt were held inside Carl Sandburg Middle School on April 1.



The West Potomac varsity baseball team helped open the Fort Hunt Little League season.



PHOTO BY PHYLLIS KELLEY

Members of the Kate Waller Barrett Chapter who attended the annual DAR State Conference included, from left, Carol Howerton, Alice Haynicz, Regent Kathy Gray, Susan Floyd, Nancy Foscue and Cindy Dennis. Members not pictured: Phyllis Kelley and Shannon Duckworth.

Supporting DAR Project

Members of the Kate Waller Barrett Chapter in Alexandria joined 132 other Virginia DAR chapters from around the state for a weekend of workshops, business, and a memorial service at the annual State Conference on March 24-26 at the Hotel Roanoke. The meeting was conducted by State Regent, Judith Joy Surber.

A silent auction of "Pat's Hats" was held to benefit the State Regent's Project at Montpelier. The 50 hats of the late Honorary State Regent Patricia Hatfield Mayer were donated by her family for a silent auction, and raised funds for the project, which is to underwrite a conference room in the new Claude Moore Hall at the Robert F. Smith Center for the Constitution at a cost of \$200,000. The facility will allow programs, classes and lectures to be broadcast, expanding the center's reach to audiences across the nation and around the world.

Montpelier's Elizabeth Chew, vice president for Museum Programs, spoke to the Virginia Daughters about James Madison's work on the Constitution and the importance of studying and preserving constitu-



A hat auction raised funds for DAR's Montpelier Project.

tional principles. Surber presented Chew with a check, as the first installment of the amount pledged toward the conference room at Claude Moore Hall.

The National Society of the Daughters of the American Revolution was founded in 1890 to promote historic preservation, education and patriotism. Its members are descended from the patriots who won American independence during the Revolutionary War.

To learn more about the work of DAR, visit www.DAR.org. To learn more about the local chapter or to contact the membership chairman visit www.katewallerbarrett.org/.

New Executive Director at UCM

Alison DeCourcy has been named executive director for the United Community Ministries, Inc. (UCM). DeCourcy arrives from Ernst & Young Global, where she served in leadership positions on several teams, most recently as global director of operations for the firm's Strategic Growth Markets practice in Washington, D.C., and London, England.



DeCourcy

community leaders to help the most vulnerable residents in southeast Fairfax County.

DeCourcy has also held executive positions at Carpenter's Shelter and Doorways for Women and Children and has served on several area nonprofit boards and commissions. DeCourcy holds a Bachelor of Arts in Public Administration from Miami University and a Masters of Public Policy from the University of Chicago. She is a nearly 20-year resident of Alexandria.



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OPINION

Another Step to Police Transparency

Opening up records of “unattended deaths” to families.

The first paragraph of Virginia Freedom of Information Act, passed by the General Assembly in 1968, states that all public records “shall be presumed open.” But the legislation includes an exception that allows police to withhold “complaints, memoranda, correspondence, case files or reports, witness statements and evidence.”

As a result, many police departments around the Commonwealth, including Alexandria, Arlington and Fairfax, have adopted what they call a “blanket” approach to using their exemption. That means they have decided to withhold any document they can without any analysis of whether they should. Police chiefs

and prosecutors from across the commonwealth have spoken out against any effort to undermine their broad power of exemption.

To its credit, the Fairfax County Police Department has committed to “release police reports with redactions rather than creating a summary document,” and the new policy is in progress.

During the 2017 session of the General Assembly, state Sen. Scott Surovell’s bill, SB1102, passed both the House and Senate without any votes in opposition. The bill would require police to release the records of investigations of deaths by suicide to the closest family member.

The bill summary: “Virginia Freedom of Information Act; completed unattended death investigations; mandatory disclosure. Requires that records of completed unattended death investigations be released to the parent or spouse of the decedent or, if there is no living parent or spouse, to the most immediate family member of the decedent.”

Gov. Terry McAuliffe proposes to gut the bill by amending it to only require the police to provide a summary of the report.

Families deserve to have access to completed police reports about the death of a loved one. (This is also an issue for murder victims and other situations, but is not addressed by this bill.)

The General Assembly meets for its veto session Wednesday, April 5, and we urge every member who voted in favor of Surovell’s bill to vote to block the amendment.

We note that police departments do not have to withhold these reports; nothing in the current law prohibits their release. Police departments could choose the compassionate and transparent approach by releasing reports, redacting the names of witnesses and other information as reasonably necessary. This is what the FCPD is working towards.

— MARY KIMM

MKIMM@CONNECTIONNEWSPAPERS.COM

Bidding Farewell to Circus ‘Big Top’

Last chance to see it in Northern Virginia.

BY MICHAEL MCMORROW
THE GAZETTE

Ringling Brothers and Barnum & Bailey Circus will close early next month and become a page in history. A few troupes will continue, some with specialties like Cirque du Soleil and others that are true circuses but small like Circus Flora. But the “Big Top” will be gone.

Attending the final few performances, nobody would guess that the end is drawing near. Performers, at the peak of their profession in “The Greatest Show on Earth,” are not about to ease up their routines or disappoint the audiences.

A blur of countless colors, music pouring from carefully positioned speakers, costumes alight with spangles and crystals, lions and tigers caged with a man and a whip, lights scanning the crowd and reaching high above the ring, horses with bareback riders, people climbing to and hanging from the rafters, everything one expects in a circus envelops each guest, young or old. Everything, that is, except the elephants that are retired to a conservation center in Florida.

Circuses can be measured by the members of clown alley, and Ringling always has some of the best. While facing disappointment as the company closes, the clowns have lost none of their energy and joy performing. In fact, they display optimism alongside professional pride.

Joan Fernandez Cabrera said he is happy to work with Ringling, but when it ends he will visit his family in Cuba and then journey to Europe with confidence of finding work. “There is always room for a good clown,” he said.



Joan Fernandez Cabrera



Victor Rossi

PHOTOS BY MICHAEL MCMORROW

The story is much the same with Victor Rossi, originally from France and of a family with many generations in the circus.

Ringling has brought laughs and gasps to countless millions during its 146 years crisscrossing the country. It could hold its own with moving pictures, but not with the hundreds of

television channels in high definition and color.

Over the next few days, a man with a tall hat and wearing a military cut jacket of many colors will step into the spotlight and cry out “Ladies and gentlemen and children of all ages, you are about to see the most extraordinary performers and exotic animals one last time at The Greatest Show on Earth.” Older listeners will recall memories of years past, and the young will file away a memory to be recalled in years yet to come.

The bad news is that the circus is passing away. The good news is that it also is passing through Northern Virginia for a final time, right now.

Details

Ringling Brothers and Barnum & Bailey Circus

Friday, April 7 through Sunday, April 16
EagleBank Arena (formerly Patriot Center)
George Mason University Campus, Fairfax
See www.ringling.com

Mount Vernon Gazette

www.MountVernonGazette.com

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An independent, locally owned weekly newspaper delivered to homes and businesses.

Published by
Local Media Connection LLC

1606 King Street
Alexandria, Virginia 22314

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News



PHOTOS CONTRIBUTED

Active Alumni

The Fort Hunt High School Alumni Association board and officers met with Supervisor Dan Storck (D-Mount Vernon) on March 16 to discuss the alumni group's contributions to the local community through the West Potomac High School Scholarship Program – now in its fifth year, annual cash donations to Carl Sandburg Middle School and other efforts that help bring the Fort Hunt Community together. They also thanked Storck for his support in getting the FHHS Alumni Memorial Garden in place at Carl Sandburg Middle School and presented him with a framed photo of the completed garden project. Fort Hunt High School reunion activities are scheduled to be held July 28, 29 and 30. Above are, from left, Doug Clark ('68), Donna Pumphrey ('73), Joe Gililand ('73), Kendra Allman ('83), Storck, Temple Whitson ('77), Boo Cerutti ('74), and Costa Manolas ('71)



The FHHS Alumni Memorial Garden at Carl Sandburg Middle School.

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Questions? E-mail sales@connectionnewspapers.com or call 703-778-9431

Mount Vernon Gazette

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Fort Belvoir Golf Club, conveniently located just south of Washington DC, offers a truly exceptional golfing experience.

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March 26, April 2 & 9 @ 2pm

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Sponsored by Fort Hunt Animal Hospital



Richmond Highway Corridor Improvements Fairfax County Public Information Meeting

Tuesday, April 18, 2017
6:30 p.m. to 8:30 p.m.
Presentation starts at 7 p.m.

Mount Vernon High School
Auditorium/Cafeteria, use entrance 4
8515 Old Mount Vernon Road
Alexandria, VA 22309

Find out about plans to widen Richmond Highway (Route 1) from four to six lanes between Jeff Todd Way to Napper Road.

The project includes separate bicycle and pedestrian accommodations on both sides of the road, safety enhancements, as well as preserving the median width to accommodate Fairfax County's future Bus Rapid Transit plans for dedicated bus-only lanes.

The meeting will also provide information about the Environmental Assessment (EA), currently under preparation to comply with the National Environmental Policy Act (NEPA) and 23 CFR 771. To inform the EA, VDOT is conducting environmental analyses and coordinating with regulatory agencies to obtain information about environmental resources in the vicinity of the project.

Stop by between 6:30 p.m. and 8:30 p.m. to view displays and learn more about project and preliminary design. VDOT will hold a presentation beginning at 7 p.m. project staff will be available to answer your questions.

Review project information at the VDOT project website (www.virginiadot.org/richmondhighway), at the information meeting, or during business hours at VDOT's Northern Virginia District Office at 4975 Alliance Drive in Fairfax. Please call ahead at 703-259-2734 or TTY/TDD 711 to ensure appropriate personnel are available to answer your questions.

Give your written comments at the meeting, or submit them by **May 18, 2017** to Mr. Mark Gibney, P.E., Virginia Department of Transportation, 4975 Alliance Drive, Fairfax, VA 22030, or email RichmondHighway@VDOT.virginia.gov. Please reference "April 18 public information meeting" in the subject line.

VDOT ensures nondiscrimination and equal employment in all programs and activities in accordance with Title VI and Title VII of the Civil Rights Act of 1964. If you need more information or special assistance for persons with disabilities or limited English proficiency, contact VDOT's Civil Rights Division at 703-259-1775 or TTY/TDD 711.

State Project: 0001-029-205, P101, R201, C501, UPC: 107187

HOME SALES

In February 2017, 108 homes sold between \$1,275,000-\$90,000 in the Mount Vernon area.
This week's list represents those homes sold in the \$1,275,000-\$340,000 range.
For the complete list, visit www.ConnectionNewspapers.com

Address	BR .	FB .	HB ...	Postal	City	Sold Price ...	Type	Lot AC .	PostalCode	Subdivision
4001 BELLE RIVE TER	5	3	1	ALEXANDRIA	\$1,275,000	Detached	0.86	22309	BELLE RIVE
8123 YORKTOWN DR	5	4	1	ALEXANDRIA	\$960,000	Detached	0.18	22308	HOLLIN HALL VILLAGE
6017 GROVE DR	4	3	1	ALEXANDRIA	\$957,500	Detached	0.18	22307	BELLE HAVEN
8303 LILAC LN	5	4	1	ALEXANDRIA	\$954,000	Detached	0.24	22308	COLLINGWOOD
1921 BELFIELD RD	4	3	1	ALEXANDRIA	\$945,000	Detached	0.18	22307	BELLE HAVEN
6048 WOODMONT RD	3	2	2	ALEXANDRIA	\$900,000	Detached	0.21	22307	BELLE HAVEN
1110 CHADWICK AVE	5	3	0	ALEXANDRIA	\$860,000	Detached	0.34	22308	COLLINGWOOD MANOR
1924 MARTHAS RD	3	3	0	ALEXANDRIA	\$800,000	Detached	0.35	22307	HOLLIN HILLS
9221 PATTON BLVD	5	4	1	ALEXANDRIA	\$795,000	Detached	0.50	22309	MT VERNON TERRACE
7418 RANGE RD	5	3	0	ALEXANDRIA	\$791,000	Detached	0.35	22306	HOLLIN HILLS
8614 CUSHMAN PL	4	3	1	ALEXANDRIA	\$791,000	Detached	0.24	22308	WAYNEWOOD
7401 RECARD LN	4	2	0	ALEXANDRIA	\$760,000	Detached	0.28	22307	HOLLIN HILLS
1809 HOLLINDALE DR	4	3	0	ALEXANDRIA	\$735,000	Detached	0.65	22306	HOLLINDALE
8617 CAMDEN ST	5	3	1	ALEXANDRIA	\$700,000	Detached	0.25	22308	STRAITFORD LANDING
5713 TIMOTHY PL	7	5	0	ALEXANDRIA	\$699,000	Detached	0.23	22303	FORT LYON HEIGHTS
9330 OLD MOUNT VERNON RD	5	2	1	ALEXANDRIA	\$699,000	Detached	0.34	22309	MT VERNON GROVE
9011 BEATTY DR	4	2	2	ALEXANDRIA	\$685,000	Detached	0.50	22308	RIVER BEND ESTATES
3461 SUN UP WAY	4	3	1	ALEXANDRIA	\$685,000	Detached	0.24	22309	SUN UP
6421 FIFTEENTH ST	3	1	2	ALEXANDRIA	\$650,000	Detached	0.20	22307	NEW ALEXANDRIA
910 DEWOLFE DR	4	2	1	ALEXANDRIA	\$650,000	Detached	0.26	22308	WAYNEWOOD
1703 ROLLINS DR	3	2	0	ALEXANDRIA	\$625,000	Detached	0.29	22307	BUCKNELL MANOR
8602 CYRUS PL	4	2	1	ALEXANDRIA	\$625,000	Detached	0.25	22308	WAYNEWOOD
8815 VERNON VIEW DR	4	3	0	ALEXANDRIA	\$624,900	Detached	0.30	22308	POTOMAC VALLEY
9314 CRAIG AVE	5	2	1	ALEXANDRIA	\$624,000	Detached	0.37	22309	MT VERNON GROVE
912 NEAL DR	4	2	1	ALEXANDRIA	\$615,000	Detached	0.25	22308	COLLINGWOOD ON POTOMAC
2002 WAKEFIELD ST	3	3	0	ALEXANDRIA	\$615,000	Detached	0.32	22308	STRAITFORD LANDING
1802 DUFFIELD LN	3	3	1	ALEXANDRIA	\$612,000	Townhouse	0.05	22307	BELLE HAVEN ON THE GREEN
1911 DUFFIELD LN	3	3	1	ALEXANDRIA	\$604,000	Townhouse	0.05	22307	BELLE HAVEN ON THE GREEN
7813 FRANCES DR	4	3	0	ALEXANDRIA	\$590,500	Detached	0.96	22306	HYBLA VALLEY FARMS
8408 WEST BOULEVARD DR	3	2	1	ALEXANDRIA	\$585,000	Detached	0.27	22308	COLLINGWOOD ON POTOMAC
6506 CYGNET DR	4	2	0	ALEXANDRIA	\$561,000	Detached	0.21	22307	BELLE HAVEN TERRACE
8616 WOODWARD AVE	4	3	1	ALEXANDRIA	\$550,000	Detached	0.33	22309	MOUNT VERNON HILLS
8705 MILLBROOK PL	4	3	0	ALEXANDRIA	\$539,999	Detached	0.48	22309	SEDGEWICK FOREST
4715 MANOR CT	4	3	1	ALEXANDRIA	\$535,000	Detached	0.07	22309	SKYVIEW PARK
4209 SONIA CT	3	3	1	ALEXANDRIA	\$535,000	Detached	0.07	22309	MOUNT ZEPHYR COMMONS
8507 CHERRY VALLEY LN	5	3	0	ALEXANDRIA	\$530,000	Detached	0.24	22309	RIVERSIDE ESTATES
2404 PARKERS LN	5	3	1	ALEXANDRIA	\$519,000	Detached	0.25	22306	WILLIAMSBURG MANOR NORTH
6808 DERRELL CT	3	2	0	ALEXANDRIA	\$515,000	Detached	0.24	22307	BEACON VILLAGE
9223 ALLWOOD DR	5	3	0	ALEXANDRIA	\$515,000	Detached	0.76	22309	MT VERNON PARK
7923 BAINBRIDGE RD	3	1	1	ALEXANDRIA	\$502,000	Detached	0.23	22308	HOLLIN HALL VILLAGE
1605 FORT HUNT CT	4	2	1	ALEXANDRIA	\$500,000	Detached	0.33	22307	BUCKNELL MANOR
4324 JACKSON PL	5	3	0	ALEXANDRIA	\$500,000	Detached	0.47	22309	MT ZEPHYR
5712 NORTON RD	4	3	0	ALEXANDRIA	\$499,000	Detached	0.31	22303	BURGUNDY FARM
3613 SURREY DR	3	3	0	ALEXANDRIA	\$499,000	Detached	0.44	22309	GIBBS OAKWOOD
6909 HARD ROCK CT	4	3	0	ALEXANDRIA	\$490,000	Detached	0.20	22306	SOUTH KINGS FOREST
8708 CAMDEN ST	4	2	1	ALEXANDRIA	\$485,250	Detached	0.27	22308	STRAITFORD LANDING
8211 CLIFTON FARM CT	4	3	1	ALEXANDRIA	\$470,000	Townhouse	0.06	22306	HUNTINGTON AT MT VERNON
9109 PATTON BLVD	3	2	1	ALEXANDRIA	\$470,000	Detached	0.50	22309	WOODLAWN MANOR
6821 STONEYBROOKE LN	4	3	0	ALEXANDRIA	\$464,999	Detached	0.22	22306	STONEYBROOKE
8621 LEA LN	3	2	1	ALEXANDRIA	\$457,000	Detached	0.41	22309	OLIVE PARK
2824 JEFFERSON DR	3	2	0	ALEXANDRIA	\$450,000	Duplex	0.09	22303	JEFFERSON MANOR
6918 DUKE DR	3	1	1	ALEXANDRIA	\$450,000	Detached	0.17	22307	BUCKNELL MANOR
3616 RANSOM PL	3	2	2	ALEXANDRIA	\$448,000	Townhouse	0.04	22306	HUNTLEY MEADOWS
8542 MOUNT VERNON HWY	3	3	0	ALEXANDRIA	\$430,000	Detached	0.24	22309	MOUNT VERNON HILLS
7020 QUANDER RD	4	2	0	ALEXANDRIA	\$425,000	Detached	0.17	22307	BUCKNELL MANOR
6000 KINGS HWY N	2	2	0	ALEXANDRIA	\$423,000	Duplex	0.08	22303	JEFFERSON MANOR
1127 GLADSTONE PL	3	2	1	ALEXANDRIA	\$420,000	Detached	0.17	22308	COLLINGWOOD MANOR
2451 MIDTOWN AVE #1621	2	2	0	ALEXANDRIA	\$417,000	Hi-Rise 9+ Floors	22303	MIDTOWN ALEXANDRIA STA
8272 JAKE PL	3	2	1	ALEXANDRIA	\$404,900	Townhouse	0.03	22309	MOUNT VEE MANOR
7721 WHITE HERON TRL	3	3	1	ALEXANDRIA	\$403,000	Townhouse	0.03	22306	GROVE AT HUNTLEY MEADOWS
5734 EVERGREEN KNOLL CT	3	3	1	ALEXANDRIA	\$395,000	Townhouse	0.03	22303	LOFTRIDGE
8280 CLIFTON FARM CT	4	3	1	ALEXANDRIA	\$393,500	Townhouse	0.03	22306	HUNTINGTON AT MT VERNON
4303 FIELDING ST	3	2	0	ALEXANDRIA	\$390,000	Detached	0.24	22309	FAIRFIELD
5714 NORTON RD	3	1	1	ALEXANDRIA	\$389,900	Detached	0.24	22303	BURGUNDY FARM
8638 OLD MOUNT VERNON RD	5	1	1	ALEXANDRIA	\$388,000	Detached	0.52	22309	WOODLEY HILLS
2451 MIDTOWN AVE #915	2	2	0	ALEXANDRIA	\$384,000	Hi-Rise 9+ Floors	22303	MIDTOWN ALEXANDRIA STA
5527 HALWIS ST	2	1	0	ALEXANDRIA	\$383,000	Detached	0.42	22303	BURGUNDY MANOR
2451 MIDTOWN AVE #203	2	2	0	ALEXANDRIA	\$377,000	Hi-Rise 9+ Floors	22303	MIDTOWN ALEXANDRIA STA
5704 MEDALLION CT	3	3	1	ALEXANDRIA	\$376,000	Townhouse	0.03	22303	LOFTRIDGE
7150 HUNTLEY CREEK PL #63B	3	2	1	ALEXANDRIA	\$375,000	Townhouse	22306	GROVETON WOODS
4413 SCARBOROUGH SQ	4	3	0	ALEXANDRIA	\$369,000	Townhouse	0.05	22309	PINEWOOD LAKE
2451 MIDTOWN AVE #1209	1	1	0	ALEXANDRIA	\$359,900	Hi-Rise 9+ Floors	22303	MIDTOWN ALEXANDRIA STATION
7801 GUM SPRINGS VILLAGE DR	3	2	1	ALEXANDRIA	\$359,000	Townhouse	0.04	22306	VILLAGE AT GUM SPGS
4506 ARENDALE SQ	4	2	1	ALEXANDRIA	\$348,250	Townhouse	0.05	22309	PINEWOOD LAKE
6522 BRICK HEARTH CT	2	2	1	ALEXANDRIA	\$348,000	Townhouse	0.03	22306	SOUTH KINGS STATION
8120 HOLLAND RD	4	2	0	ALEXANDRIA	\$345,000	Detached	0.64	22306	GUM SPRINGS
8134 PINELAKE CT	4	2	1	ALEXANDRIA	\$345,000	Townhouse	0.05	22309	PINEWOOD LAKE
2207 DARTMOUTH DR	3	1	1	ALEXANDRIA	\$340,000	Duplex	0.10	22307	BUCKNELL MANOR

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Seminary Area

212 North Quaker Lane, Alexandria VA Steeped in Civil War history, this grand 5BR + 4 1/2BA brick Georgian colonial is sited on over one acre lot with detached 2 car garage with 1BR + 1BA guest apt. above. \$2,250,000 Donnan C. Wintermute (703) 608-6868 <http://bit.ly/2fnMlhZ>



Hallowing Point River Estates

5909 River Drive, Lorton VA Bring Offer!! Waterfront just updated w/ enhancements throughout! Come for the views stay for the resort lifestyle. Luxurious 7600 sf Potomac River Pano views, 5B 4.5BT, Private \$1,899,000 Susan Gray Chambers (703) 203-9900 <http://bit.ly/2dyejgg>



Chapel Hill

1300 Bishop Lane, Alexandria VA Located in one of Alexandria's finest neighborhoods, this lovely 5BR + 3BA brick colonial is sited on over one acre lot with towering trees, tennis court + 9 car garage! \$1,725,000 Donnan C. Wintermute (703) 608-6868 <http://bit.ly/2nDZtla>



Open House Sunday 2-4pm Belle Haven

2105 Woodmont Road, Alexandria VA This home is ready for it's new owners! It sparkles inside and out with it's abundance of windows in the back, into the gourmet kitchen, master bedroom suite, etc. Complete w/5 brs, 4.5 baths, 3,600 sq. ft. A great value at \$1,370,000. Bonnie Rivkin (703) 598-7788 <http://bit.ly/2nDXbZB>

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Open House Sunday 1-4pm Old Town

122 Cameron Mews,
Alexandria VA This beautiful
brick federal features
hardwoods throughout, with
chair rails and moldings.
Lovely secluded patio off
English basement and
kitchen. \$1,125,000
Ellis Duncan
(703) 307-4295
<http://bit.ly/2iaAjP3>



Harbor View

10821 Greene Drive, Lorton VA The Best value on the Occoquan River, Navigable waterfront. Timeless architectural detail, tranquil setting, spectacular pano views & well designed firpin integrating outdoor entertaining spaces. Property conveys membership in Harbor View Marina Club-Bring your boat! Hrdwd flrs, moldings, spacious Rms & relaxing vistas! Mins to VRE & I95 EZ commute to DC & Old Town Alexandria. 4B 3.5B \$824,900 Susan Gray Chambers (703) 203-9900 <http://bit.ly/2e9ggaU>



Virginia Village

10546 Assembly Drive, Alexandria VA Beautiful brick front. 3 BR & 2.5.5 BA. Hrdwd flrs on main and upper level. Upgraded Kit w/ custom cabinets, S/S appliances and granite ctps. In the heart of Fairfax City. \$439,900 Liz Bucuvalas (703) 626-8400 <http://bit.ly/2oCetUq>



Open House Sunday 1-4pm Coppermine Crossing

13542 Davinci Lane, Herndon VA Bright & sunny open floor plan TH that shows like new. Freshly painted, Hardwoods, gas fireplace, wired for Ethernet & a deck. Gourmet kitchen w/ granite, gas stove, pantry. Lg BR's incl. the master suite w/huge walk-in closet, tray ceiling, double vanity & soaking tub. Very accessible to Dulles Toll Rd, Rt 28, Fx Cnty Pkwy, 5 min. to airport, wlk to shopping, schools & more. Home Warranty. \$365,000 Cathy D'Antuono (703) 819-3077 <http://bit.ly/2nTPLR3>



Open House Sunday 1-4pm Canal Place

1115 Pitt Street N#1A, Alexandria VA Well maintained 1 bedroom condo with landscaped patio. 3" plantation shutters and newer engineered flooring, 1 parking space, corner unit. \$342,000 Jane King (703) 498-1034 <http://bit.ly/2ouD2WF>



Wakefield

4333 Utica Avenue, Alexandria VA Sale by Original Owner (Sept 54) Great Opportunity for HGTV fans to create their own magic. Well maintained Hardwood floors, good use of kitchen space. Different style windows from others in the neighborhood, wood deck in back, front and back yard for outdoor activities. \$339,900 Nora Partlow (703) 867-8872 <http://bit.ly/2ouD2WF>



Open House Sunday 1-4pm Exchange at Van Dorn

4852 Eisenhower Ave # 334, Alexandria VA 2 BR 2BA plus den. Two undercover parking spots are right outside of unit door!! Gleaming hardwood floors, carpet in BRs. Gourmet kitchen w/ newer appliances, granite. Private balcony overlooking courtyard. New HVAC unit! Shuttle service to the Van Dorn and Eisenhower Metro. Minutes to Old Town Alexandria, 495, 395, DC. Elevator, club house, pool, gym, billiard room, basketball court, tot lot, dog park. \$319,000 Cathy D'Antuono (703) 819-3077 <http://bit.ly/2nTPLR3>

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*comScore, Jan.-Dec. 2015. The property information herein is derived from various sources that may include, but not be limited to, county records and the Multiple Listing Service and it may include approximations. Although the information is believed to be accurate, it is not warranted and you should not rely upon it without personal verification. Real estate agents affiliated with Coldwell Banker Residential Brokerage are independent contractor agents and are not employees of the Company. ©2016 Coldwell Banker Real Estate LLC. All Rights Reserved. Coldwell Banker Real Estate LLC fully supports the principles of the Fair Housing Act and the Equal Opportunity Act. Operated by a subsidiary of NRT LLC. Coldwell Banker, the Coldwell Banker logo, Coldwell Banker Previews International and the Previews logo are registered and unregistered service marks owned by Coldwell Banker Real Estate LLC. 10713MA_A6/16

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MOUNT VERNON GAZETTE ❖ APRIL 6-12, 2017 ❖ 11



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LETTERS

Climate Change And Flooding

To the Editor:

The article ["County Breaks Ground on Huntington Levee," Gazette March 30] on the groundbreaking for the Huntington levee discusses how this levee will protect the community from flooding and reduce risks to people, property, and first responders. However, it should be noted that this project, according to the project details on the county website, "is not designed to offer protection from flooding that is caused by storms that are greater than a 100-year event (a storm that has a one percent chance of occurring in any given year)." With the threat from global climate change increasing every year, and with its impacts becoming more severe, these type of storms will only increase in frequency and

severity. The Huntington Levee project, while a positive step forward for the community, will be ill-equipped to protect residents and businesses from the devastating effects of these more-frequent storms.

It is imperative that Fairfax County take strong steps to mitigate its carbon footprint and encourage Congress to consider common-sense, bipartisan proposals such as a carbon fee and dividend program that could stave off the worst effects of human-caused global warming. With the administration of President Donald Trump having abrogated its responsibility towards the country's citizens and the planet, it now falls to individuals and communities across the United States, as well as our representatives in Congress, to take charge of climate stewardship.

Juan Ramos
Fairfax

Write

The Gazette welcomes views on any public issue. The deadline for all material is noon Friday. Letters must be signed. Include home address and home and business numbers. Letters are routinely edited for libel, grammar, good taste and factual errors. Send to:

Letters to the Editor ♦ The Gazette
1606 King St. ♦ Alexandria VA 22314
Email gazette@connectionnewspapers.com



Mt. Vernon

Beautiful Mt. Vernon home on expansive corner lot with garage and 2 additions: a beautiful Sunroom off of the Dining Room and an additional Sunroom (or Exercise room) on the lower level off the family room area. Gorgeous refinished hardwood floors on the upper level. Lovely eat-in kitchen with granite counters, maple cabinets, limestone backsplash and stainless steel appliances. Bathrooms have been beautifully updated, and a skylight floods the hall bath (tiled in marble) with natural light. Separate Dining Room. Fifth bedroom is perfect for a home office or library. Bright, spacious Family Room has a gas fireplace. Six-panel doors, crown moulding and CertainTeed double-pane windows throughout the home. Attic with pull-down stair access. The backyard features a huge, two level deck and professionally landscaped paver area, ideal for outdoor entertaining. Other bonuses include Flip-Down gutters, lawn irrigation system and double-wide concrete driveway, all in a quiet neighborhood. Elegance and comfort meet in this exquisite Riverside Estates home. It's a 10!!

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ENTERTAINMENT

Submit entertainment announcements at ConnectionNewspapers.com/Calendar. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

ONGOING

“Breaking the Glass Ceiling – The Sky’s the Limit” exhibit. Through April 30, 7-9 p.m. at 2704 Mount Vernon Ave. at Del Ray Artisans. Artists reflect on this metaphor of pushing through barriers. Visit www.thedelrayartisans.org or call 703-838-4827.

UCM Raffle Tickets. Ongoing, the United Community Ministries is raffling off a trip to Cancun at the ‘Give From the Heart’ Gala on May 6 at the U.S. Patent and Trademark Office, 600 Dulaney St. \$175 admission, \$25 raffle ticket. Visit www.ucmagency.org for more.

Water Taxi to National Mall.

Through April 16. Departing at 11:10 a.m., 1:35 p.m., and 4:30 p.m. from the waterfront at Cameron and Union streets. Potomac Riverboat Company offers a 30-minute direct water taxi to the National Mall in Washington, D.C. to access events of the National Cherry Blossom Festival, including the Blossom Kite Festival. \$28 round-trip for adults, \$16 one-way for adults; \$16 round-trip for children under 12; \$8 one-way for children under 12. Visit www.potomacriverboatco.com/water-taxi/national-mall/ or call 703-684-0580 for more.

The Mercy Walk Tour. Saturdays and Sundays through April 16, 2:30 p.m. Tour starts at the Alexandria Visitor Center, 221 King St. The Mercy Walk tour will give visitors and locals alike a feel for what it was like to live in an occupied city during the Civil War. \$13 adults; \$7 children; \$12 seniors Call 703-519-1749 or visit www.alexcolonialtours.com/themeracywalk for more.

3-Dimensional Views Artshow.

Through April 23, various times at the Torpedo Factory Art Center, Studio 29, 105 N. Union St. This show will also highlight the work of three featured artists: Emma Bednar, Gayle Roehm, and Emma Thompson. Free. Visit www.Potomacfiberartsgallery.com or call 703-548-0935 for more.

Costumes of Mercy Street. Through Sept. 1, at The Lyceum: Alexandria’s History Museum, 201 S. Washington St. To learn more about The Lyceum, visit alexandriava.gov/Lyceum or call 703-746-4994.

All the President’s Pups. Saturdays 10 a.m. at George Washington’s Mount Vernon, 3200 Mount Vernon Highway, Mount Vernon. All the President’s Pups Walking Tour, along the way, learn about George Washington’s love for dogs, his dogs’ unusual names, and his efforts to improve the quality of his hunting dogs through breeding. \$7. Visit www.mountvernon.org for more.

Mercy in Alexandria Walking Tour. Sundays at 1:30 p.m. at Alexandria Visitors Center, 221 King St. Experience an inside access tour of 19th century Alexandria. Inspired by the PBS mini-series “Mercy Street,” accompany a trained military historian through Civil War-era Alexandria and learn the actual history behind the TV show. Short tours are \$15, private tours for five are \$149. Visit www.dcmilitarytour.com for more

The Lyceum: 175 Years of Local History. Ongoing, Monday-Saturday 10 a.m.-5 p.m. and Sunday 1-5 p.m. at The Lyceum, 201 S. Washington St. On view in the museum’s Coldsmith Gallery, the historical objects and images featured represent The Lyceum, the community at work, and

commemorations and celebrations. Throughout the exhibition, visitors are invited to “be the curator” and think about why the various artifacts are in the museum’s collection, and about how tangible representatives of the past help tell the story of Alexandria’s history. Free. Visit www.alexandriahistory.org for more.

Pick-Up Hockey. Ongoing, Wednesdays and Fridays 11:30 a.m.-1 p.m. at Mount Vernon Ice Skating, 2017 Belle View Blvd. Play hockey with other hockey buffs, hitting slap shots and learning puck handling skills that the pros use. Players must have full equipment. 16 and older. Visit www.fairfaxcounty.gov/parks/rec/mtvernon/ or call 703-768-3224 for more.

Medical Care for the Civil War Soldier Exhibit. Ongoing at the Fort Ward museum, 4301 W. Braddock Road. ongoing exhibit which features original medical instruments and equipment from the Civil War period and information on Union Army hospital sites in Alexandria. Free. Visit www.alexandriava.gov/fortward for more

Alexandria’s Nurses and Hospitals During the Civil War. Ongoing at The Lyceum, 201 S. Washington St. An exhibit on the life of Clarissa Jones, a nurse at The Lyceum hospital during the Civil War. The true story of a nurse in Alexandria during the war, drawing parallels with characters portrayed in the PBS drama “Mercy Street,” with references to the experiences of other nurses, such as Anne Reading, who worked in the Mansion House hospital, and Jane Woolsey, who served at the Fairfax Seminary hospital. Admission is \$2. Visit www.alexandriava.gov/lyceum for more.

Shield of Earth: Defending the Heart of the Union exhibit. Ongoing, museum hours Tuesday through Saturday, 10 a.m. -5 p.m., Sundays, noon-5 p.m. at Fort Ward Museum, 4301 West Braddock Road. Highlights of the exhibition include military passes issued by Provost Marshal’s Office, construction tools, and original photographs of some of Washington’s defenders. 703-746-4848 or www.fortward.org.

Who These Wounded Are: The Extraordinary Stories of the Mansion House Hospital exhibit. Ongoing, Tuesday through Saturday, 10 a.m.-4 p.m., Sundays, noon-4 p.m. at the Carlyle House Historic Park, 121 N. Fairfax St. Come see the site that inspired “Mercy Street,” the new PBS’ series inspired by real events that took place at Carlyle House. www.carlylehouse.org or call 703-549-2997

Color Disorder Exhibit. Ongoing, Thursday through Sunday, noon-4 p.m., Sundays, noon-4 p.m. at the The Athenaeum, 201 Prince St. A joint exhibition of artists Katie Baines and Amy Chan who use diverse painting materials such as acrylic, gouache, airbrush and screen print to build energized abstract paintings. www.nfaa.org or 703-548-0035.

Flamenco Show. Wednesdays and Thursdays, 7:30-8:30 p.m. at La Tasca, 607 King St. Watch dancers and guitarists perform traditional flamenco. Free to attend. Call 703-299-9810 or visit www.latascausa.com.

French Movie Night. Every Thursday, 7 p.m. in the back room of Fontaine Caffe and Creperie, 119 S. Royal St. View a French film. Free, no reservation necessary. Call 703-535-8151 or visit www.fontainecaffe.com/reviews.html.

Their Fates Intertwined: The Lees of Alexandria in the War of



PHOTO CONTRIBUTED

1812. Wednesday- Saturday, 10 a.m.-4 p.m. Sunday, 1-4 p.m. Lee-Fendall House and Gardens, 614 Oronoco St. A new exhibit on the experiences of the Lee family in Alexandria during the War of 1812 examines the contributions of Alexandria’s citizens during the conflict that led to the writing of our national anthem through the lives of this iconic Virginia family. Visit www.leefendallhouse.org or call 703-548-1789.

Alexandria Cars and Coffee invites car enthusiasts to meet for coffee at Hollin Hall Shopping Center in front of Roseina’s, 1307 Shenandoah Road. Owners of classic cars, hot rods, exotic cars, motorcycles and more meet to share car stories and drink coffee. Group meets the first Sunday of every month. 8:30-11 a.m.

Fifty Years of Collecting. Tuesday-Saturday 10 a.m.-5 p.m., Sundays 12-5 p.m. Fort Ward Museum, 4301 W. Braddock Road. An anniversary exhibit of objects from the Fort Ward collection. Free. Visit www.fortward.org or call 703-746-4848.

Dinner for the Washingtons. 12 p.m. at George Washington’s Mount Vernon, 3200 Mount Vernon Memorial Highway. A walking tour that goes behind the scenes to find out how food was prepared and served before the era of microwaves and TV dinners. \$5 in addition to estate admission. Visit www.mountvernon.org for more.

Second Thursday Music. Athenaeum, 201 Prince St. 7 p.m. Second Thursday of every month. Visit nvfaa.org to view concert calendar and listen to upcoming Second Thursday Music artists.

The Monday Morning Birdwalk takes place weekly, rain or shine (except during electrical storms, strong winds, or icy trails), at 7 a.m. (8 a.m. November through March), is free, requires no reservation and is open to all. Birders meet in the parking lot at the park’s entrance at 3701 Lockheed Blvd. Direct questions to park staff during normal business hours at 703-768-2525.

Civil War Sundays. 1-5 p.m. at Alexandria Archaeology Museum, 105 North Union St., #327. Learn more about the Civil War as it occurred in Alexandria. Find dioramas, newspaper articles and more Free. Visit

www.alexandriaarchaeology.org.
Doggy Happy Hour. Starting April 5, Tuesdays through October 5-8 p.m. at Jackson 20 and Hotel Monaco Alexandria, 480 King St. Doggy Happy Hour at Jackson 20 and the Hotel Monaco Alexandria offers specials on cocktails and beers plus treats and water for canine companions. Free, but drinks sold separately. Visit www.monaco-alexandria.com for more

Wake Up Wednesdays featuring The Pop Up Cafe. 7-9:30 a.m. on Wednesday’s near the King Street Tunnel - Carlyle Entrance located near 2000 Duke Street near Motley Fool. The cafe will feature coffee, live music to help commuters start the day off right and donuts from Sugar Shack. maurisapotts@gmail.com

CAMPS, CLASSES & WORKSHOPS

Community Dance. 7:30-9:30 p.m. every third Friday at Hollin Hall Senior Center, 1500 Shenandoah Road. Live music. Tickets are \$4. Call 703-765-4573.

Life Drawing. Del Ray Artisans offers a range of open life drawing sessions for anyone to develop life-drawing skills further. Drop-in for the session and bring supplies to draw or paint live models. Fee ranges from \$8-\$12. All skill levels are welcome. Del Ray Artisans is located at 2704 Mount Vernon Ave. Visit www.TheDelRayArtisans.org for a schedule.

APRIL 5-6

Dr. Martin Luther King, Jr. noon and 7 p.m. at Virginia Theological Seminary, 3737 Seminary Road, Alexandria. Activities commemorating the martyrdom of the Rev. Dr. Martin Luther King, Jr. Call toll free at 1-800-941-0083 for more.

THURSDAY/APRIL 6

Coffee & Connections. 8-9 a.m. at National Industries for the Blind, 1310 Braddock Place. Join the Alexandria Chamber’s Professional Women’s Network. \$10 for members, \$20 for non-members Visit web.alexchamber.com for more.

Mount Vernon Special Tour. 5:30-8 p.m. at George Washington’s Mount Vernon, 3200 Mount Vernon Memorial Highway. “A Neighborly

Bees Are Buzzing

Photos of “Virginia Plants and Pollinators,” will be on display April 6-May 14 from 4-6 p.m. at The Athenaeum, 201 Prince St. To celebrate Historic Garden Week in Virginia, the Athenaeum Gallery will be filled with native plants and their pollinators. Deana Marion’s photos provide an intimate, almost microscopic look at Virginia bees. Opening Reception is Sunday, April 9, 4-6 p.m. Visit www.nvfaa.org or call 703-548-0035.

Visit: A Special Evening at Mt. Vernon” includes private after-hours tours of the Mansion, the Distillery and the Grist Mill. \$40 for non-members and \$35.00 for Alexandria Historical Society members. Visit alexandriahistoricalsociety.wildapricot.org/ for more.

Hats On The Avenue. 6 p.m.-dusk along Mount Vernon Avenue in the Del Ray. Wear favorite hats, Easter bonnets, or crazy-hat-day inspired creation for the free event featuring live music, children’s activities, and more. Participants are encouraged to bring donations of painting supplies, hammers and screwdrivers to the Pat Miller Neighborhood Square, located at the intersection of Mount Vernon and Oxford avenues. Visit www.visitdelray.com for more.
Hometown Habitat. 7-8:30 p.m. at the at the Lee Center, 1108 Jefferson St. The Alexandria Beautification Commission is sponsoring a free screening of “Hometown Habitat,” a film that focuses on local ecosystems. Visit alexandriabeautification@gmail.com for more.

APRIL 6-MAY 14

Virginia Plants and Pollinators. 4-6 p.m. at The Athenaeum, 201 Prince St. To celebrate Historic Garden Week in Virginia, the Athenaeum Gallery will be filled with native plants and their pollinators. Deana Marion’s photos provide an intimate, almost microscopic look at Virginia bees. Opening Reception is Sunday, April 9, 4-6 p.m. Visit www.nvfaa.org or call 703-548-0035.

FRIDAY/APRIL 7

Fools’ Day Merriment. 6-8:30 p.m. at Durant Arts Center, 1605 Cameron St. Attendees are invited to wear crazy hats and clothes, to celebrate April Fools’ Day. \$5 residents/ \$10 nonresidents, at door tickets: \$10 residents/ \$15 nonresidents. Children must be accompanied by one adult. Visit www.alexandriava.gov for more.

Blessed Sacrament Musical Offering. 7:30 p.m. at Blessed Sacrament Catholic Church, 1427 W. Braddock Road. The 14 Stations of the Cross will be prayed in a musical setting for choir and organ by Franz Liszt. The Blessed Sacrament Adult Choir will sing with organist Ann

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SATURDAY/APRIL 8

Living History Encampment. 10 a.m.-4 p.m. at Fort Ward, 4301 W. Braddock Road. Learn about the history, training and army life of the U.S. Colored Troops during the Civil War. Call 703-746-4848, or visit forward.org for more.

Ikebana Workshop. 10 a.m.-noon at Green Spring Gardens, 4603 Green Spring Road. Ikebana is a Japanese art of flower arrangement. Learn its rich symbolism and fundamentals, and take home a flower arrangement. \$38, supplies extra. Visit www.fairfaxcounty.gov/parks/greenspring/ or call 703-642-5173.

French and Indian War in Alexandria. noon-4 p.m. in the Carlyle House, 121 N. Fairfax St. The "Grandest Congress": The French and Indian War in Alexandria. Free. Visit www.novaparks.com or call 703-549-2997 for more.

TUESDAY/APRIL 11

Garden Experts Answer Questions. 11 a.m.-noon in Simpson Park Demonstration Gardens, 420 E. Monroe St. Stop by and chat with the VCE Master Gardeners who maintain the Simpson Park Demonstration Gardens and see what is springing to life. Visit mgmv.org for more.

Dale and Ray in Concert. 7:30 p.m. at The Birchmere, 3701 Mt. Vernon Ave. Dale Watson and Ray Benson. \$29.50. Visit www.birchmere.com or www.daleandray.com for more.

WEDNESDAY/APRIL 12

Meet the Author. 7 p.m. at The Athenaeum, 201 Prince St. Tara Campbell is a Washington, D.C.-based writer. Her latest work "TreeVolution," is a fiction adventure featuring secret experiments, corporate machinations, and a little eco-payback. Visit www.nvfaa.org or call 703-548-0035.

THURSDAY/APRIL 13

Level Office Alexandria Opening. 6:30 p.m. at 950 N. Washington St. Grand opening of a remote office complex, new entrepreneurial community. Open to public. Visit leveloffice.com for more.

The Migration Project. 7:30 p.m. at the Durant Arts Center, 1605 Cameron St. The Migration Project explores stories of relocation. Visit www.alexandriava.gov/webtrac to sign up or www.janefranklin.com.

Samantha Fish Concert. 7:30 p.m. at The Birchmere, 3701 Mt. Vernon Ave. Fish is a Kansas City blues guitarist and singer. Visit www.birchmere.com for more.

APRIL 13-15

Revolutionary Gentleman Comedy. 7:30 p.m. at the at Lee Center, 1108 Jefferson St. The musical is based on the life of Benedict Arnold. Tickets are \$34 and \$39 at the door, or \$29 and \$34 online at www.InfinityStage.com.

FRIDAY/APRIL 14

Marc Scibilia in Concert. 7:30 p.m. at The Birchmere, 3701 Mt. Vernon Ave. With Corey Harper & Brad Ray. \$19.50. Visit www.birchmere.com.

SATURDAY/APRIL 15

Country-Western Dance. 6-9:30 p.m. at the at Lincolnia Senior Center, 4710 North Chambliss St. A DJ provides music. Couples and singles welcome. \$10; non-members \$12. Visit www.nvcwda.org or call 703-



Art: 3D Views

3-Dimensional Views Artshow, through April 23 at the Torpedo Factory Art Center, Studio 29, 105 N. Union St. This show will also highlight the work of three featured artists: Emma Bednar, Gayle Roehm, and Emma Thompson. Free. Visit www.Potomacfiberartsgallery.com or call 703-548-0935 for more.

860-4941 for more.
Cleve Francis in Concert. 7:30 p.m. at The Birchmere, 3701 Mt. Vernon Ave. Visit www.birchmere.com.

WEDNESDAY/APRIL 19

Group Artist Showcase Reception. 6-8 p.m. at Broadway Gallery Fine Art and Custom Framing, 5641-B General Washington Drive. Art show runs April 22-May 31. Call 703-450-8005 or visit broadwaygallery.net.

Women & Wine. 6-8 p.m. at UnWined, 1600A Belle View Blvd. Networking event or a social while supporting our community. Proceeds go to support Volunteer Alexandria. \$25. Email development@volunteerallexandria.org for more.

Antiques Club. 7 p.m. at Hollin Hall Senior Center, 1500 Shenandoah Road. Free, public invited. The Alexandria/Mount Vernon Antiques Club will feature Mary B. Gallagher, the author of "My Life with Jackie Kennedy," for whom she worked as her secretary for a number of years. Call 703-360-4979 for more.

Wine Author. 7 p.m. at Beatley Library, 5005 Duke St. Bianca Bosker, author of Cork Dork will present a talk about wine, fake wine, and the road to becoming a sommelier. Visit www.alexandria.lib.va.us or call 703-746-1702.

Alexander Hamilton Lecture. 7:30 p.m. at Gadsby's Tavern Museum, 134 N. Royal St. Dr. Peter Henriques, Professor Emeritus of History from George Mason University, will highlight this historical figure. \$12 or \$10 for members of Gadsby's Tavern Museum Society and Gadsby's Tavern Museum volunteers. Call 703-746-4242 or visit www.gadsbystavern.org.

THURSDAY/APRIL 20

Arlandria Eggstravaganza. 11 a.m.-

2 p.m. at Four Mile Conservatory Center 4109 Mt. Vernon Ave. Alexandria. Easter bunny and egg hunt. Visit www.arlandriaeggstravaganza.com.

Jazz Musicians. 7 p.m. at The Athenaeum, 201 Prince St. Tom Teasley and Seth Kibel create a blend includes Jewish klezmer, Arabic rhythms, and American jazz. \$15 or \$10 for NVFAA Members Visit www.nvfaa.org or call 703-548-0035.

DEADLINE APRIL 21

Fair Housing Poster Contest. "Alexandria is a Welcoming Community" is the theme for this year's contest. Submissions of posters will be accepted from all Alexandria students in grades Kindergarten through 7. Posters should be original artwork and represent the theme. Call 703-746-3079 or visit www.alexandriava.gov/housing.

SATURDAY/APRIL 22

Garden Day Herb & Craft Sale. 8 a.m.-4 p.m. at the Carlyle House, 121 N. Fairfax St. Celebrate spring with the Friends of Carlyle House's Annual Garden Day Herb and Craft Sale. \$5 for adults; \$3 for children; free for Friends of Carlyle House. Call 703-549-2997 for more.

Garden Tour. 10 a.m.-4 p.m. at the Alexandria Visitors Center, 221 King St. The members of the Garden Club of Alexandria and The Hunting Creek Garden Club are sponsoring a tour of five homes in Old Town. \$45 in advance, \$55 day of tour. Visit www.vagardenweek.org for more.

Raptor Rapture Birdshow. 10- a.m.-noon at the Belle Haven picnic area of the George Washington Memorial Parkway. Celebrate Earth Day by learning more about raptors, a family that includes owls, hawks, and falcons. Visit www.fodm.org.

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PUBLIC NOTICE

U.S. Army Garrison Fort Belvoir Seeking Interest in Establishing a Restoration Advisory Board (RAB)

The Department of Defense recognizes the importance of stakeholder participation for Installation Restoration Programs (IRP). In accordance with 10 USC 2705 and Department of Defense (DoD)/Army policy, U.S. Army Garrison Fort Belvoir is inviting involvement by community members in the decision-making process, including project prioritization, for Fort Belvoir's environmental restoration program. Environmental restoration is the planned and focused cleanup of contamination associated with past DoD activities to ensure threats to public health and the environment are mitigated or eliminated. A Restoration Advisory Board (RAB) is a formal stakeholder group that regularly meets to discuss environmental restoration at a specific property currently owned by DoD, and where DoD oversees the restoration process. RABs enable people interested in cleanup efforts to exchange information with regulators, the installation, and the community while making cleanup decisions. Additional information regarding the RAB process can be found at the following site: <http://www2.epa.gov/fedfac/restoration-advisory-board-rab-implementation-guidelines>.

Environmental restoration program efforts at Fort Belvoir include investigation and remediation of Military Munitions Response Sites, Solid Waste Management Units, petroleum remediation, and various other past releases of contamination to the environment.

Community members interested in establishing and serving on a RAB are asked to contact the person below between April 6 and May 6, 2017. If enough interest is generated, Fort Belvoir will form a RAB and provide information on membership and responsibilities.

Mr. Felix M. Mariani
Directorate of Public Works, Chief
Environmental and Natural Resources Division, at
imcom.fortbelvoir.dpw.environmental@us.army.mil
703-806-3193, or
9430 Jackson Loop, Building 1442, Suite 200
Fort Belvoir, Virginia 22060-5116.

ENTERTAINMENT

Luncheon. 10 a.m. at Aldersgate UMC, 1301 Collingwood Road. Advance tickets \$25. Limited tickets at door \$30. Call 703-765-6555.

Discovery Day at Historic Huntley. 1-4 p.m. at Historic Huntley, 6918 Harrison Lane. Enjoy activities for the whole family while discovering how Historic Huntley changed over time. Suggested donation \$5, children under 10 free. Call 703 768-2525.

Magi-Whirl 2017. 7 p.m. at Bishop Ireton High School Theater, 201 Cambridge Road. An evening of magic and illusion featuring four world-famous magicians. \$15/person or \$20 at the door, benefits Bishop Ireton Theater Technical Department and IBM Ring 50. Email daniel.selnick@yahoo.com or call 703-347-5540 for more.

Concerts at St. Luke's. 7:30 p.m. at St. Luke's Episcopal Church, 8009 Fort Hunt Road. Paul Leavitt, a musician, composer and organist will be playing St. Luke's Visser's Opus 127, 'tracker' 3-manual pipe organ. Showcasing the music of Bach, Buxtehude, Dupre and Boely. A reception will follow. \$20 adult, \$15 seniors, free to 18 years and younger. Visit www.saintlukeschurch.net/ events for more info.

SATURDAY-SUNDAY/APRIL 22-23

Barley & Music Fest. noon-6 p.m. at John Carlyle Square Park, 300 John Carlyle St. Craft brews from 18 artisanal breweries, live entertainment, and food vendors. Email barleymusicfest@gmail.com.

SUNDAY/APRIL 23

Meet the Artists. 1-3 pm. at Green Spring Gardens, 4603 Green Spring Road. Some of the area's watermedia



Fundraising

On Saturday, April 29, West Potomac High School seniors are raising funds with a car show. \$20 to enter a vehicle, attendance is free. Visit www.angcwestpotomac.com.

floral and landscape painters highlighting their exhibit "Natural Beauty: Paintings of the Potomac Valley Watercolorists," which runs April 18-June 18. Free. Visit www.PotomacValleyWatercolorists.org

or call 703-941-7987 for more.
Dominion Chorale Opera. 4 p.m. at Rachel M. Schlesinger Concert Hall and Arts Center, 4915 East Campus Drive. The chorale will be joined by finalists and semifinalists of the 2016 Washington International Competition for Voice, and pianist, Thomas Pandolfi. Visit www.newdominion.org for more.
The Jayhawks in Concert. 7:30 p.m. at The Birchmere, 3701 Mt. Vernon Ave. The band is playing in support of 2016's "Paging Mr. Proust." Produced by Peter Buck (R.E.M.). Visit www.birchmere.com for more.

SATURDAY/APRIL 24

Mount Vernon Flea Market. 8 a.m.-1 p.m. at 8717 Fort Hunt Road. An assortment of goods for sale. Free. Visit mountvernonflea.market.wordpress.com for more info.
Democrats To-Go Meeting. 7-8:30 p.m. in the Alexandria Democratic Committee Office, 618 N. Washington St. All are welcome to this Democrats To Go outreach effort to help communicate the truth, build ADC base, and elect more people throughout the Commonwealth. For more, email Petersdorathe@gmail.com.

APRIL 25-MAY 21

Singing the Blues exhibit. Various hours at the Potomac Fiber Arts Gallery, Torpedo Factory Art Center, Studio 29, 105 North Union St. Highlights the work of three featured artists Beverly Baker, Joanne Bast, and Laura Savage. Visit www.Potomacfiberartsgallery.com or call 703-548-0935 for more.

WEDNESDAY/APRIL 26

2017 Public Safety Valor Awards. 11:30 a.m.-1 p.m. at Crowne Plaza, 901 N. Fairfax St. Alexandria Chamber of Commerce's 31st annual Valor Awards to salute the brave women and men of our Police and Fire Departments, and Sheriff's Office, who showed poise and courage in extraordinary circumstances in 2016. Members \$65, non-members \$75. Visit web.alexchamber.com for more.

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Good Shepherd Catholic Church Mass Schedule

Saturday:
5:00 pm Vigil Mass
6:30 pm Vigil Mass
(en Español)

Sunday:
7:30 am; 9:00 am
(with Sign Language Interpreter and Children's Liturgy of the Word); 10:30 am; 12:00 Noon; 2:00 pm (en Español); 6:30 pm
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Monday-Saturday:
9:00 am Mass
(Rosary at 8:30 am)

En Español:
Monday, 6:30 pm;
Thursday, 7:30 pm;
First Friday, 7:30 pm

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PUBLIC SALE
Fri., April 21, 12 p.m.-4 p.m.
Sat., April 22, 10 a.m.-4 p.m.

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For more information visit
www.ahsgardening.org/GardenMarket
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Parking is \$5 per car (cash only); free for AHS members (with valid member card, receipt, or current issue of *The American Gardener*). A limited number of garden carts will be available for use; we recommend bringing your own. Leashed pets are welcome.

special thanks to **Mount Vernon Gazette**

21 Announcements

21 Announcements

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21 Announcements

21 Announcements



ALEXANDRIA CITY PUBLIC SCHOOLS REQUEST FOR QUALIFICATIONS NUMBER 17-03-01

The Alexandria City School Board dba Alexandria City Public Schools is seeking applications from qualified Offerors for the provision of **Administered Commonwealth of Virginia Preschool Initiative Programs (VPI)**.

Initial responses with the notation RFQ# 17-03-01, VPI must be sealed and received on or before 3:00 p.m. on May 1, 2017 in the ACPS Procurement Office, located at 1340 Braddock Place, Suite 620, Alexandria, Virginia. Responses received after 3:00 p.m. will not be considered in the initial review or award. All responses for the period thereafter shall also be submitted in a sealed envelope with the proper RFQ number and title "VPI" on the outside of the envelope. **All extended responses shall be received on or before 3:00 p.m. on August 18, 2017. No further responses will be received after that date and time.** The time of receipt shall be determined by the time clock stamp in the Procurement office. This RFQ will remain open until August 18, 2017 and applicants may submit applications in response to this RFQ during that entire period; however, responses submitted after initial period shall be considered based on available funding at the time of submittal.

RFQ documents may be obtained at the above Procurement Office or by calling 703-619-8181 or by downloading the RFQ from the ACPS website at: <https://www.acps.k12.va.us/purchasing>.

All questions must be submitted before 3:00 p.m., April 21, 2017. If necessary, an addendum will be issued and posted to the ACPS web site.

No RFQ may be withdrawn for a period of ninety (90) days after the opening of proposals except as may be set forth in the RFQ.

ACPS reserves the right to cancel this RFQ and/or reject any or all applications and to waive any informalities in any application.

Meloni Hurley
Procurement Manager

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ALEXANDRIA CITY PUBLIC SCHOOLS REQUEST FOR INFORMATION NUMBER 17-03-02

The Alexandria City School Board dba Alexandria City Public Schools is seeking information from qualified Offerors for a **comprehensive media management system** that originates, retrieves, and distributes original, purchased/subscription educational and satellite/cable programming through a high school with over 300 classrooms and located in two campuses.

Sealed Responses, with the notation **RFI# 17-03-02 Comprehensive Media Management System**, will be received in the Central Procurement Office, 1340 Braddock Place, Suite 620, Alexandria, Virginia 22314, **on or before 3:00 pm, April 18, 2017**. The time of receipt shall be determined by the time clock stamp in the Procurement office. Responses appropriately received will be opened and the names of the offerors responding will be read aloud. RFI documents may be obtained at the above Procurement Office or by calling 703-619-8181, or by downloading the RFI from the ACPS website at <https://www.acps.k12.va.us/purchasing>. **Registration on the Vendor Self Service system at <https://acps.munisselfservice.com/> is required.**

All questions must be submitted before 3:00 p.m., on April 7, 2017. If necessary, an addendum will be issued and posted to the ACPS web site.

Information submitted may not be withdrawn. However, ACPS reserves the right to cancel this RFI.

Meloni Hurley
Procurement Manager



ALEXANDRIA CITY PUBLIC SCHOOLS REQUEST FOR PROPOSAL NUMBER 17-03-03

The Alexandria City School Board dba Alexandria City Public Schools is seeking Proposals from qualified Offerors to provide services for Summer Enrichment Science Technology Engineering Mathematics' (STEM) Program.

Sealed Proposals with the notation **RFP# 17-03-03 Summer Enrichment Science Technology Engineering Mathematics' (STEM) Program for Alexandria City Public Schools** will be received in the Central Procurement Office, 1340 Braddock Place, Suite 620, Alexandria, Virginia 22314, **on or before 3:00 pm, April 18, 2017**.

The time of receipt shall be determined by the time clock stamp in the Procurement Office. Proposals appropriately received will be opened and the names of the Offerors responding will be read aloud. RFP documents may be obtained at the above Procurement Office or by calling 703-619-8140, or by downloading the RFP from the ACPS website at <https://www.acps.k12.va.us/purchasing>. Registration on the Vendor Self Service (VSS) system is required at <https://acps.munisselfservice.com/>.

No RFP may be withdrawn for a period of ninety (90) days after the opening of proposals except as may be set forth in the RFP.

All questions must be submitted before 4:00 p.m., on April 7, 2017. If necessary, an addendum will be issued and posted to the ACPS web site.

No RFP may be withdrawn for a period of ninety (90) days after the opening of proposals except as may be set forth in the RFP.

ACPS reserves the right to cancel this RFP and/or reject any or all applications and to waive any informalities in any response.

ACPS reserves the right to cancel this RFP and/or reject any or all applications and to waive any informalities in any response.

Francine Morris
Buyer

Obituary



Mildred DeFloria Muchoney

Born Dec 7, 1929 and deceased April 1, 2017.

Mildred [Millie] Muchoney grew up in Greensburg, Pennsylvania and was one of 9 children born to Angelo and Nancy DeFloria, immigrants from Italy. She married William Muchoney in 1949 and together they moved to Alexandria, Virginia where Millie had four children: Tracy, Billy, Douglas and Kelly, five grandchildren: Daniel, Matthew, Keenan Nadya and Serena, and two great grandchildren Luke and Micah, Matt and Lauren Dussia's son. She loved them all unconditionally.

Millie worked at the Department of State, first as a member of the typing pool and rose rapidly to begin her distinguished career in Diplomatic Telecommunications and further as a dedicated Foreign Service officer. Her overseas assignments included Accra, Ghana and Nairobi, Kenya, where she was stationed at the American Embassies there.

Our Mom was devoted to her husband of 68 years, Bill Muchoney Sr., and enjoyed the love and respect of her family. Her love of travel, respect for world cultures and exploration of her Italian heritage took her to many foreign destinations where she was always well received and returned with an appreciation of peoples from all walks of life.

As a long time parishioner of St. Rita's Catholic Church, Millie was instrumental in founding the St. Vincent DePaul Society here and worked tirelessly at The Carpenters Shelter along with her husband, Bill.

A private family gathering will be held as the interment will be in Latrobe, Pennsylvania. Online condolences may be made at www.EverlyWheatley.com.

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Zone 3 Ad DEADLINE:
TUESDAY NOON

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Zone 1: The Reston Connection
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Zone 3: The Alexandria Gazette Packet
The Mount Vernon Gazette

Zone 4: Centre View North
Centre View South

Zone 5: The Potomac Almanac

Zone 6: The Arlington Connection
The Vienna/Oakton Connection
The McLean Connection
The Great Falls Connection

APRIL

Coffee for Campers. April is the Month of the Military Child, and to honor our nation's littlest heroes, the National Military Family Association is asking if you'll give up your coffee shop coffee and donate that extra \$5 a day to send a military kid to Operation Purple Camp. Visit www.militaryfamily.org/get-involved/donate/coffee-for-campers.html to learn more.

VOLUNTEERS NEEDED

GrandInvolve recruits adult volunteers who are interested in mentoring, providing reading and math tutoring, as well as assisting in the classroom at Fairfax County's Title I schools. They are currently seeking a core group of community volunteers for the GrandInvolve Steering Committee in the Mount Vernon District. Tasks include developing timelines, establishing goals and objectives, networking in the community, and developing community partnerships. Email GrandInvolve@gmail.com.

THIRD MONDAY OF THE MONTH

Mobile DMV. 9 a.m.-4 p.m. at Sherwood Hall Library. Two programs, DMV Connect and DMV 2 GO, will provide full DMV service to the Route 1 area. At the Sherwood Hall service centers, customers can apply or renew their ID cards, drivers licenses, take road and knowledge tests, apply for special ID cards, get copies of their driving records, obtain vehicle titles, license plates, decals and transcripts, order disabled parking placards or plates, purchase an EZ-Pass transponder and more. A full list of services is available at www.dmv.virginia.gov.

WEDNESDAY/APRIL 5

Solving the Care Continuum Puzzle. 6-7:30 p.m. Sherwood Regional Library, 2501 Sherwood Hall Lane. Inova Mt Vernon & Transitional Care Community Partners Present: Solving the Care Continuum Puzzle. Free event, lite fare will be served. RSVP to 1-855-MY-INOVA or nova-tccp.eventbrite.com.

THURSDAY/APRIL 6

2017 Economic Outlook Summit. 8-11:30 a.m. at Belle Haven Country Club, 6023 Fort Hunt Road. The summit is hosted in partnership between Southeast Fairfax Development Corporation and the Mount Vernon-Lee Chamber of Commerce, and is one of the premier economic forums in Fairfax County. Individual admission is \$35. Visit mtvernon-leechamber.chambermaster.com/events/details/economic-outlook-2017-2704.

TUESDAY/APRIL 11

Community Dialogue. 5-6:30 at Gartlan Center, 8119 Holland Road. The Fairfax-Falls Church Community Services Board (CSB) is taking a fresh look at how to determine who has priority eligibility and access to non-emergency services. Be part of the conversation. Visit www.fairfaxcounty.gov/csb for more.

SCHOOL NOTES

Email announcements to gazette@connectionnewspapers.com. Deadline is Thursday at noon. Photos are welcome.

William Savage, of Alexandria, was named to the dean's list for academic excellence for the fall 2016 semester at Johns Hopkins University (Baltimore, Md.). Savage, who is majoring in chemical and biomolecular engineering, is scheduled to graduate in May 2019. He is the son of John and Norma Savage and attended West Potomac High School.

Rose Guglielmo, of Alexandria, was named to the dean's list for fall 2016 at the College of William & Mary (Williamsburg, Va.). Guglielmo is a 2016 graduate of West Potomac High School.

James Rohler, of Alexandria, was named to the dean's list at UMass Lowell for the fall 2016 semester. Rohler is majoring in information technology.

4

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8307 Crown Court Rd.
\$749,900
Just listed!
Spectacular 5 Bedroom, 5 Bath home featuring large room sizes, soaring cathedral ceilings, and oversize two car garage. Large deck overlooks truly stunning backyard scene with custom pool, spa and extensive landscaping. Vacation at home in setting that resembles luxury upscale resort!



9305 Forest Haven Dr.
Walk to Potomac!
Character abounds! Classic cape incorporates dramatic light filled interior with charm & character of original home. Spacious glass sun room, gorgeous hrdwd flrs, skylights, updated base, replacement windows, & garden room with hot tub accessed from master by spiral staircase. Prime location on gorgeous .5 acre lot with access to Mount Vernon Yacht Club and Potomac River.



1604 Baltimore Rd.
\$899,000
Unique Opportunity in Waynewood School area! Best price new construction in Ft. Hunt area! Total renovation and addition totaling approximately 3,500 sq ft of top quality construction. Features include: stunning open floor plan, high ceilings, 4/5 BR's, 3.5 Baths, luxury master suite, amazing chef's kitchen and two car garage. Patio & large fenced rear yard. Can't be duplicated close to this price! Super Value!



9504 Lynnhall Pl.
\$1,099,000
Prime location near river in prestigious Oxford. Home was crafted with the finest materials & workmanship resulting in true custom masterpiece. Features include: High ceilings, glass window walls, exquisite trim work, open floor plan, two story family room with stone fireplace, library on main level with full bath attached would make excellent master, oversize 2 car garage, fenced grounds with custom pool, decks and patios.



8401 Fort Hunt Rd.
Fabulous Waynewood!
Spacious Home with many significant updates in premier Waynewood location. Numerous special features include: 4 BR's including expanded Master Suite with luxury bath, home freshly painted throughout and newly finished hardwood floors, true oversize side load two car garage. Expansive custom deck overlooks fenced rear yard. Great opportunity!



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8717 Plymouth Rd.
\$1,399,000
On the move!
Things are moving in Plymouth Haven! Take advantage of the last opportunity for the best new home price in neighborhood. Pre-construction sale provides maximum opportunity to personalize. Special offer includes free finished lower level rec room and bath plus \$10k closing cost allowance with use of approved lender. Save hundreds of thousands of dollars compared to other new builds in neighborhood!



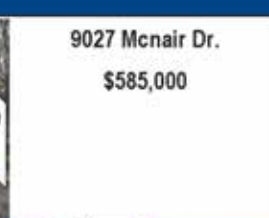
4221 Dandridge Terr
\$598,500
Beautifully Updated!
Priced to sell - fabulously updated home in Southwood, one of the area's premier communities. Features include: 4 BR's, 2.5 updated baths, stunning Chef's kitchen open to family room with stone fireplace, hardwood floors, and side load 2 car garage, custom deck overlooks fenced rear yard. Nothing like it for under \$600,000!



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4325 Adrienne Dr.
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9027 Mcnair Dr.
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5427 Grist Mill Woods Way
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4301 Adrienne Dr.
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Mount Vernon Gazette

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Medicare 101

Medicare experts from the Virginia Insurance Counseling and Assistance Program (VICAP) will discuss what you need to know about Medicare plan options in 2017.

Wednesday/April 12, 2-3:30 p.m.
Reston Community Center 2310 Colts Neck Road, Reston Contact Karen Brutsché: 703-390-6157

Tuesday/May 9, 7-8:30 p.m.
Sherwood Regional Library 2501 Sherwood Hall Ln., Alexandria Contact VICAP: 703-324-5851

Wednesday/May 10, 7-8:30 p.m.
Thomas Jefferson Library 7415 Arlington Blvd., Falls Church Contact VICAP: 703-324-5851

Tuesday/May 16, 7-8:30 p.m.
Centreville Regional Library 14200 Saint Germain Dr., Centreville Contact VICAP: 703-324-5851

For one-on-one advice regarding Medicare, please call Fairfax County's VICAP at 703-324-5851. Visit them at www.fairfaxcounty.gov/DFS/OlderAdultsServices/vicap.htm.

Another good way to learn options is to listen to a podcast with Medicare expert William Vaughan. Go to www.fairfaxcounty.gov/OlderAdults and click on the 50+ Podcast.

MORE CALENDAR

Saturdays. Widow/Widower Group. The death of a spouse can be devastating. This free six-week support group will help you learn ways to cope with this difficult experience. Haven of Northern Virginia Inc., 4606 Ravensworth Road, Annandale. Registration required. For information and times call 703-941-7000.

Thursday/April 13, 7-8:30 p.m. Garden Maintenance-Spring: Gearing Up! Master Gardeners teach you the basics of planning, planting and maintaining your new garden. Get fresh ideas and great advice. Free. Kings Park Library, 9000 Burke Lake Road, Burke. 703-978-5600.

Tuesday/April 18, 1-3 p.m. Exploring the FamilySearch Website. Learn how to effectively search the world's largest family history website, www.familysearch.org, from expert Carol Kostakos Petranek. Free. Hollin Hall Senior Center, 1500 Shenandoah Road, Alexandria. Call 703-768-4101 or visit www.mvgenealogy.org.

Wednesday/April 19, 9:30-11 a.m. Mary B. Gallagher author of "My Life with Jackie Kennedy" discusses her life during the time she served as secretary for Jackie Kennedy. Free/Public invited. Hollin Hall Senior Center, 1500 Shenandoah Road, Alexandria. Call 703-360-4979.

Wednesday/April 19, 1-3 p.m. Fairfax Area Commission on Aging meets at the McLean Government Center, 1437 Balls Hill Road, McLean. 703-324-5403.

Wednesday/April 19, 7:30-8:30 p.m. Preserve Your Heirloom Photographs and Documents. Learn about the Virginia Room's historical collections and discover preservation techniques. Free. George Mason Regional Library, 7001 Little River Tnpk., Annandale. 703-256-3800.

Sunday/April 23, 8 a.m. Birding for Beginners. Interested in birding? Learn about the park's birds and some basic identification skills. Program begins with an indoor discussion. \$10/\$12. Huntley Meadows Park, 3701 Lockheed Blvd., Alexandria. To register, call 703-222-4664.

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Senior Living

Mid-Century Classic for Artful One-level Living

In 1950s, Hollin Hills was a mecca for cutting-edge housing design; 60 years later, mid-century modern is a resurgent style ripe for nuanced improvements.

PHOTOS BY GREG HADLEY

BY JOHN BYRD

Two years ago, Jeff and Jenny Herre, both retired, were living in a five-level townhouse in Old Town Alexandria with a view of the river. Long-term residents, they were satisfied with all the house had to offer. They collected art and fine furniture and their periodic renovations over several years had extended all the way to the attic.

As they approached their 70s, however, they questioned how much effort they wanted to expend getting from room to room.

“We were wondering aloud whether we’d still want to be climbing five flights of stairs in 10 years,” Jeff Herre said. “That’s when we began thinking about downsizing, and ways we might concentrate our primary living needs on one level.”

As the research got under way, Jeff Herre saw that cost would inevitably play a role in their choices. One-level structures in and around Old Town were appreciably beyond the family budget. Looking further out of town, the options boiled down to: a) purchase a ready-to-occupy home which would come at a higher price; or b) find an older home with renovation potential that could be shaped into a place brimming with personal style.

The latter course would entail finding a



At slightly over 900 square feet, the primary living area the Herres’ remodeled home in Hollin Hills is comparatively small. But designer Jon Benson’s wall elevations employ texture and color that make the space feel expansive.

creative design/build team with whom one could collaborate closely.

After assessing available northern Virginia properties for several months, a Realtor introduced the Herres to a home in Hollin Hills, a community of some 450 houses in Hybla Valley. Hollin Hills is renowned in architectural circles — even listed in the historic record as one of the first communities in the U.S. to feature modern architecture exclusively, mid-century modern in particular.

“In the 1950s, most progressive modern homes were owner-commissioned,” said Roger Lataille, a design consultant at Sun Design Remodeling. “But Hollin Hills was an entire development focused on the advanced architectural concepts that emerged after World War II.”

Part of the enduring appeal was that architect Charles Goodman and landscape architect Dan Kiley had sited each Hollin Hills residence to maximize privacy. Even though lots are seldom more than one acre, it’s difficult for your neighbor to see you from their house, and vice versa.

“We loved the wooded setting right away,” said Jeff Herre. “The problem was, the house itself didn’t look like anything we’d

want to live in.”

For starters, there were the obstructed sight lines starting from the front entrance. Walking in, one looked left at interior dry-wall that defined the parameters of a 10-foot-by-10-foot galley kitchen. To the immediate right, a floor-to-ceiling exposed brick hearth with a masonry niche designed for firewood. To the left, a floor-to-ceiling bookcase and an odd chandelier. Straight ahead, an open stairwell descending to ground level.

Further back, a door leading to the master suite, which included the original 70-square-foot tile-clad bathroom. Two closets less than two feet deep provided the only wardrobe accommodation.

While floor-to-ceiling windows dominating the eastern and western wall elevations boasted a dramatic view of surrounding woodland, the Herres also soon learned that much of the glazing was single pane.

Herre’s question for Lataille from the start was right to the point: “Can you make the changes we want within our budget?”

Topping Herre’s wish-list: an open plan with places for art display that will work well for entertaining; design that allows the

SEE HOLLIN HILLS, PAGE 5

The cook top island and dining counter of the new open kitchen plan. Light maple Shaker-style cabinets combined with quartz Caesar-stone counter surfaces reinforce the ambience of a room surrounded by windows.



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Mount Vernon Gazette

Senior Living



PHOTO CONTRIBUTED

This garden at 607 Cameron Street is one stop on Old Town's Garden Tour, starting April 22, 10 a.m.-4 p.m. at the Alexandria Visitors Center, 221 King St. The members of the Garden Club of Alexandria and The Hunting Creek Garden Club are sponsoring tour of five homes in Old Town. \$45 in advance, \$55 day of tour. Visit www.vagardenweek.org for more.

TUESDAY/APRIL 11

Garden Experts Answer Questions.

11 a.m.-noon in Simpson Park Demonstration Gardens, 420 E. Monroe St. Stop by and chat with the VCE Master Gardeners who maintain the Simpson Park Demonstration Gardens and see what is springing to life. Visit mgmv.org for more.

SATURDAY/APRIL 15

Country-Western Dance. 6-9:30 p.m. at the at Lincolnia Senior Center, 4710 North Chambliss St. A DJ provides music. Couples and singles welcome. \$10; non-members \$12. Visit www.nvcwda.org or call 703-860-4941 for more.

TUESDAY/APRIL 18

Lions Club. 6:30 p.m. at Pema's restaurant, 8430 Richmond Highway. The Mount Vernon Evening Lions dinner meeting speaker will give tips on using Uber. Call Andrea Corsillo 703-960-4973 for information.

WEDNESDAY/APRIL 19

Antiques Club. 7 p.m. at Hollin Hall Senior Center, 1500 Shenandoah Road. Free, public invited. The Alexandria/Mount Vernon Antiques

Club will feature Mary B. Gallagher, the author of "My Life with Jackie Kennedy," for whom she worked as her secretary for a number of years. Call 703-360-4979 for more.

FRI, APRIL 21

Third Friday Dance. 7:30-9:30 p.m., Room 112 at Hollin Hall Senior Center, 1500 Shenandoah Road. The performers are with the Mount Vernon Swing Band under the leadership of Owen Hammett. \$4. Visit www.hollinhallseniorcenter.org or call 703-765-4645 for more.

SATURDAY/APRIL 22

Garden Tour. 10 a.m.-4 p.m. at the Alexandria Visitors Center, 221 King St. The members of the Garden Club of Alexandria and The Hunting Creek Garden Club are sponsoring a tour of five homes in Old Town. \$45 in advance, \$55 day of tour. Visit www.vagardenweek.org for more.

SUNDAY/APRIL 30

Ballet Performance: "Cinderella." Three seatings: noon, 3 p.m., and 6 p.m. George Washington Masonic National Memorial, 101 Callahan Drive. \$12. Visit metropolitanarts.org/ for more.

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Senior Living

Hollin Hills

FROM PAGE 3

couple to mainly live on one level; a master bath with a walk-in shower and a new powder room; additional storage; a visually compelling interior design; replacement of single pane windows with insulated double-ply thermal glass.

"There have been significant developments in open floor plan design in recent years," Lataille said. "Part of this is driven by demand: more people want spaces that allow for both privacy and easy interaction. Part are options made possible by improving technologies. For instance, a reverse downdraft vent incorporated into a cook top works well for homeowners who want to keep the kitchen open, unobstructed by a hood hanging from the ceiling."

This is one factor that has made a kitchen-centric floorplan a popular option for a home's primary living space, and offered a practical solution for amateur chef Jenny Herre, who enjoys regaling guests with her original dishes while otherwise fully engaging in the party all around her.

"We thought an open kitchen would really work in this house," Jeff Herre said, "but we needed to see well-developed ideas before moving forward with the purchase."

Enter Jon Benson, Sun Design's lead designer, and a master craftsman with several published books on woodworking to his credit.

"When you're removing kitchen walls, the goal is to develop a space plan that meets all functional requirements, yet really supports the room aesthetically," Benson said. "That's why it's important to design elevations that present an appropriate combination of color, texture and tone. When this is done correctly, walls tends to be less necessary — and an open plan can work well."

On this score, Benson designed a cook top island and dining counter perfectly positioned between the dining room and the seating area around the fireplace. Custom-designed roll-out trays in both the island and near the oven stack provide a space-saving solution.

Light maple Shaker-style cabinet facings combined with quartz Caesarstone counter surfaces present clean lines and reinforce the light, accessible ambiance of a room surrounded by windows.

Nearby, Benson's re-designed

"We were wondering aloud whether we'd still want to be climbing five flights of stairs in 10 years. That's when we began thinking about ... ways we might concentrate our primary living needs on one level."

— Jeff Herre

hearth features America Palisades ceramic tile. Dark gray, the floor-to-ceiling vertical cladding presents an offsetting visual anchor in a composition otherwise comprised of light pastels.

The dining room table, in easy reach of the new island, is a stylized mid-century design.

To complement the play of light throughout the house, frosted glass doors are employed throughout the first level, including to the entrance to the lower level which is now enclosed.

A larger walk-in shower and double-vanity have replaced the existing former bath and there are walk-in closets adjoining the bedroom.

Collectibles from India, Lebanon and Brazil are now on view in Benson-designed display spaces.

"This really feels like our home now," said Jeff Herre. "We've made the transition we wanted, and are pleased with it."

Sun Design Remodeling frequently sponsors design and remodeling seminars as well as tours of recently remodeled homes. Headquartered in Burke, the Sun Design also maintains an office in McLean. Sun Design will be sponsoring an open house in a recently remodeled home on April 29 and 30 from 11a.m. to 5 p.m. daily. For more information: www.SunDesignInc.com

John Byrd has been writing about home improvement for 30 years. (byrdmatx@gmail.com)



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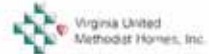
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Senior Living

Fit for the Golden Years

For More Learn more about Go4Life at go4life.nia.nih.gov.

Exercises for strength, endurance, balance and aerobics are key.

BY MARILYN CAMPBELL
THE CONNECTION

At 7 a.m. each weekday, a group of Del Ray seniors meet at Starbucks to embark on a brisk, 45-minute walk. The women return to their starting point for coffee and conversation. Their goal is to stay active and socially engaged.

"Even those of us who've never exercised and aren't necessarily fit enjoy our walks," said Joyce Herrington, one of the group members. "It's mostly social and we enjoy it. The fact that we're getting some exercise is a bonus."

Late last month, representatives from Go4Life, a program created by the National Institute on Aging (NIA), held a pilot workshop in Potomac, Md., that was designed to test methods for motivating older adults to increase their physical activity. Workshop participants were from Potomac Community Village, one of several Go4Life partner organizations of seniors who are helping to design strategies to engage seniors in exercise programs.

Sheila Moldover, Potomac Community Village Communications Chair believes that local seniors can benefit from Go4Life.

"We're going to include some easy and simple flexibility, balance and strength exercises at each of our Potomac Community Village meetings, and distribute Go4Life materials to our members, including to those who are already exercising," she said. "We want to encourage everyone to pay attention to their balance, flexibility and strength as well as to endurance. We see that as enabling us to age in place, to thrive in place, and be healthy and active."

Go4Life, an exercise and physical activity campaign from the National Institute on Aging (NIA) at the National Institutes of Health (NIH), is designed to help those who are over 50 incorporate exercise and physical activity into their daily lives.

"We want people to know that it's never too late to start an exercise program, and we focus on four types of exercise: strength, endurance balance and flexibility," said



PHOTO BY SHEILA MOLDOVER

Members of a Community Village attend a workshop on the Go4Life program, which was designed to help those who are over 50 incorporate exercise and physical activity into their daily lives.

your old age. Exercise is not only for your physical health, but also your cognitive health."

A well-rounded exercise program should include exercises that focus on aerobic exercise, flexibility, muscular strength and muscular endurance, and balance, says Susan P Thompson, Ph.D., assistant dean, Health Physical Education at Northern Virginia Community College.

"Cardiovascular exercises should be done most days of the week for a minimum of 20-30 minutes," she said. "Walking, swimming, cycling, dancing, hiking and any activity that uses your large muscles in a continuous movement will increase your heart rate and improve circulation."

Stretching and moving your joints through their range of motion will keep the joints lubricated and less stiff. "Stretching will also help decrease pain and stiffness in the back, neck, hip and feet," said Thompson. "For the sportsman it will increase your power and ability to improve your follow through motion. For the hiker, it will let you lift your arms and legs higher. You can stretch daily. Yoga and dance are activities which focus on stretching."

Improved muscular strength and endurance will allow you to do everyday tasks with less energy with less chance of injury, advises Thompson. "Leg strength will enable you to walk faster, get up and down from chairs with more ease," she said. "For resistance, [you can use] hand weights, resistance bands, weight machines, water walking and exercise or your own body weight. Resistance training should be done two-three times a week working the major muscles."

"The most important thing is to find an exercise or activity that you enjoy. If you enjoy what you are doing, you will be more likely to continue."

— Susan P Thompson, Ph.D., Northern Virginia Community College.

Stephanie Dailey of the Go4Life program at the NIA. "It's important that they're doing all four components. Older adults can gain a lot from exercising. In fact, people have a lot more to lose by not exercising than by starting exercising."

WHEN BEGINNING an exercise program, Dailey recommends guidelines established by the Centers for Disease Control and Prevention.

"About 150 minutes per week of moderate activity is recommended for adults," she said. "If you are going to start a fitness program, see your doctor first."

For older adults exercise is important for maintaining function, physical strength and fitness, managing and preventing diseases, improving your mood and giving you more energy.

In spite of a popular misconception, older adults can gain strength and improve their

muscles with these exercises, says personal trainer Christian Elliot, CEO, Founder TRUE Health and Wholeness in Arlington, Va. "I work with people who are in their 60s, 70s, 80s and 90s and I've never met a person who couldn't improve their fitness," he said. "We're not going to stop aging, but you can certainly slow it."

Elliot recalls a client who was in her late 50s who didn't have a history of physical fitness, but wanted to get in shape. "She has hit some of the most phenomenal milestones, like being able to hold a 12-minute plank, do 50 push-ups and five push-ups on one arm," he said.

For those who are new to fitness, there is good news. "There's a lot of evidence that middle age is a great time to get fit," said Julie Ries, Ph.D., professor of physical therapy at Marymount University. "You want to be active and healthy in your middle age so that will keep dementia at bay in

Women in Retirement? Busier than Ever

BY EDEN BROWN
THE CONNECTION

More than a half-dozen local women recently answered the question: What can you say about retirement? Jamie Usrey, who was a teacher in the Arlington County Public School system for 20 years, is hardly letting a lot of grass grow under her feet.

She said, "I feel a little embarrassed when I say I am retired when I look at people who are still working hard ... like Hillary Clinton. I am enjoying being able to be outside more — biking, playing tennis, working in the yard, going for walks with friends and tak-

ing more trips to see national parks where we can hike through the beauty of nature. I have more time to exercise ... love those zumba classes ... and read. ... I do want to find a way to be more helpful in making our government work better ... next week."

Jan Heininger says she is "happier than ever with even more travel, near daily long bike rides, daily mile swims in the summer, and far more time for reading ... I also get to spend far more time at our beach house where I can more easily avoid politics."

Ruth Neikirk said: "Retire? I never did retire. I stay busy. It's good to stay busy."

Karen Smagala said: "I'm busier than I ever have been since retirement, and I'm enjoying life so much more. My blood pres-

sure went down when I stopped working. I do the Master Gardener program and I work at the library in the tool shed."

Sheridan Collins said: "Busier than ever! Docenting at the Textile Museum provides continuing education for the brain, tennis and gym keep me fit, and this year more time on politicking helps maintain a healthy attitude. And then there's grandmothering requiring lots of travel. All good!"

Mary Lanaras said: "Retirement is like: everyday is a snow day!" Lanaras worked to home school her children until middle school and helped her husband, Charles, with his real estate business.

Joanna Cameron said: "Retirement is just a word signifying that your priorities have

shifted to ones that are all about enjoying what you love, getting outside more and relishing the things that make you happy. Staying in motion above all."

And then there are people like Flo Broussard, 88, an Arlington resident from 1960 until she moved to Goodwin House a few years ago: she responded by saying: "Retirement? I'm a lifelong volunteer. I have volunteered for WETA, The White House, Alexandria Hospital, and several other organizations. Then when I 'retired' to Goodwin House, I still volunteer, doing plantings and making crafts for sale to benefit local charities."

And there she was on April 2 at the Rehydration Salts project at Temple Beth El.

Bridge Sharpens Mental Skills

BY SHIRLEY RUHE
THE CONNECTION

Dark clouds and heavy rain didn't deter the 9 1/2 tables of duplicate bridge players from showing up at Madison Senior Center in Arlington on Friday, March 31. Complete silence envelops the room as furrowed brows concentrate on the cards in their hands. An occasional "both of the kings are off" or "I knew I should have stayed home" penetrates the silence.

Mike Zane, coordinator of the group and an American Contract Bridge League (ACBL) certified director said, "we've been going ... well, it's got to be at least 10 years." Zane said that bridge was big in the 1930s-60s. "If you watch any old film, even a war film, you'd see a bridge game. Even Ian Fleming played the Earl of Sandwich in a James Bond film. But," he continued, "it's lost its flavor."

Zane said it used to be that in the military academies the two required extracurricular classes were ballroom dancing and bridge, two important social skills.

Zane looks around the room and pulls out a long computer sheet of names. "The players at the tables go up (clockwise) and the board goes down (counterclockwise.)" He explains each player has 13 cards and you play with a partner against the other two players at your table. The highest card wins. Each table will rotate and play the same set of cards. The object is 24 hands or 24 problems to solve. "It's the easiest game in the world." Zane says he started playing bridge because his mother, father, and sister played. "Bridge takes four people."

In European high schools every student is required



Duplicate bridge players concentrate on their next move at the regular ACBL-sanctioned games held Friday mornings at Madison Senior Center.

to take bridge according to Zane. "I am interested in getting bridge into schools in America. That's the only way it will survive."

It Takes a Village: Supporting Seniors

What Is a Village?

The Village concept is a growing grassroots movement that aims to provide the support that older adults may require when choosing to age-in-place. The idea is simple: neighbor helping neighbor. Villages help older adults stay in their communities by helping to coordinate and deliver services and support within their communities.

How Does It Work?

Village organizers, who are typically ages 50 and older, create volunteer programs for seniors in their communities as well as vet and negotiate with service providers to assist older adults in their homes. A broad range of services may be available, including rides to medical appointments, discounts at local theaters, reliable home repair services, and home health care. Many Villages also offer social activities and informational seminars for their members.

What Is the Cost for Services?

Some Villages may charge a membership fee, which varies from Village to Village. In some cases, there are no fees and instead the Village establishes volunteer programs. Some utilize volunteer time exchanges called "time banks." The cost for professional services, such as for home repairs, will vary. Visit www.fairfaxcounty.gov/hd/lctccc/villages.htm.

LTCCC

The Long Term Care Coordinating Council (LTCCC) is promoting the Village concept in the Fairfax community and helping interested volunteers set up Villages in their neighborhoods by providing them with guidance. The LTCCC Services for Seniors committee created a sub-committee so Fairfax area villages can exchange information and learn from each other. County staff who support the LTCCC provide technical assistance to citizens interested in developing Villages in their communities. Visit www.fairfaxcounty.gov/hd/lctccc/.

Local Village Organizations

- ❖ Braddock District Council Aging in Place Program — email wallbdc@gmail.com
- ❖ Herndon Village Network (HVN) — www.herndonvillagenetwork.org
- ❖ Lake Barcroft Village — www.lakebarcroftvillage.org
- ❖ McLean Community: A Village for All Ages (MCVA) — www.McLeanCVA.org or email info@McLeanCVA.org
- ❖ Mosby Woods Village — email mosbywoodsvillage@gmail.com
- ❖ Mount Vernon at Home Village — www.mountvernonathome.org
- ❖ Reston for a Lifetime — www.restonforalifetime.org
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Senior Living

Elaborating a Log Cabin

Retirees find special satisfactions in pair of art studios, and front porch with view.

BY JOHN BYRD

Blissful retirement often validates of the old homily: “Busy hands mean happy hearts.”

On this point, it is hard to imagine a more fruitful environment than the home of Kirby and Helen Thornton, two 70-something retirees who recently completed focused renovations to a log cabin style home in Lorton they have occupied for more than 20 years.

The changes were all about tweaking to even higher relevance aspects of the home that had gradually become a source of distinctively personal satisfaction to both seniors.

Kirby Thornton, a former electrical engineer, has been exploring his passion for woodworking for many years. Helen Thornton, a one time research analyst, revels in creating shimmering objets d’arte from fused glass. When not pursuing their hobbies, the couple might otherwise be found taking in the scenery from the wide, rustic-style front porch that now graces the home’s front elevation.

For all the quiet simplicity that abounds in every direction though, the Thorntons’ lifestyle accommodation has been decades in the making, beginning with purchasing the 2,900 sq foot house and garage in the late 1990s.

“We were attracted to the relaxed ambiance of a log home,” Kirby Thornton said. “There were changes we wanted to make from the first, but since we were both busy, modifications would have to occur in phases.”

The first step was acquiring more storage space.

As Kirby Thornton tells it, the couple hired Foster Remodeling Solutions of Lorton to remove an unneeded balcony, add a floor above the open garage and apportion the space for storage and other uses to be determined.

Soon Kirby Thornton decided that the windowless garage loft would work fine as a place to take up woodworking. He had actually purchased a lathe from the home’s previous owner. Helen Thornton, seeing the loft’s potentials as a studio, acquired a kiln and began fusing glass.

The pursuit of one’s muse being all-absorbing, the pair spent little time worrying about the fact that the workspace provided zero natural light, or that it was hard to stand erect under the four foot high ceiling that dominated much of the floorspace.

About the only change to the physical



PHOTOS BY LARRY COLFER

Rough-hewn timbers — the handiwork of Foster master carpenter Mike Borman — is integral to the aesthetics of a new front elevation that is both inviting and whimsical. Red cedar trim and molding provides sympathetic color accents.

space in this interval was the introduction of a partition designed to keep wood dust on Kirby Thornton’s side of the studio.

Even so, as full retirement dawned, both saw there was now time to reconsider the larger “wish list” of remodeling preferences.

“We knew we would have to change the studio roof line to get the head room and natural light we wanted,” Kirby Thornton said. “About this time, Helen was looking into front porch ideas in log home magazines. We sketched out several designs of what we thought we wanted. That’s when we called Foster Remodeling back in.”

But the first surprise inspired another pause: Turned out the front porch seen as spanning the entire front elevation couldn’t be built because of its proximity to a part of the home’s septic system.

“The symmetry, the curb appeal, was important to us,” Helen Thornton said. “We wanted a balanced facade on both the house and the garage. We were kind of at a loss.” Fortunately, Foster’s team led by Chris Arnold came up with an innovative solution.

Foster’s architectural concept call for a faux peak on the main house at exactly the same pitch as the one above the garage which is, in turn, reinforced by the peak of a front-facing archway that defines the ground-level entrance to the porch.

A porch swing occupying the far corner now fleshes-out the portrait of a restful care-free idyll amidst flowers and trees. For an expanded view, there’s a large Velux skylight overhead.

Underfoot, a flagstone patio lends color and texture, a natural tonal complement to the dark-stained log siding. Kirby Thornton says the couple selected the color palettes

at a nearby stone yard over several days, and played with combinations until they found what they wanted.

Rough-hewn timbers, the handiwork of Foster master carpenter Mike Borman, is integral to the aesthetics of a new front elevation that is both inviting and whimsical. Red cedar trim and molding, meanwhile, provide sympathetic color accents.

To fashion studio space useful to all, Foster found a way to elevate the headroom to fully six feet, freeing up all 770 square feet of floorspace. A front-facing dormer featuring a pair of double hung windows invites generous southerly light. Kirby’s wood shop — equipped with a lathe, a drill press and table saw — is tucked snugly behind a new partition. Helen Thornton uses two kilns to produce her work.

Matching the logs needed to “pop up” the second level also entailed a close examination of existing details.

“We spent quite a while researching options with various vendors, which is a challenge when you’re working with a 30-year-old exterior,” said project manager Chris Arnold.

Summarizing the well-planned lifestyle shift, Kirby Thornton says the couple are frequently in the studio at the same time.

A window in the interior partition allows each spouse to witness the other’s progress, if so inclined. It’s a working environment, but also a place of interaction and play.

The distinctive by-products of the Thorntons’ labors are mostly donated to friends, children and grandchildren. Kirby Thornton is keen on picture frames and book cases; Helen Thornton recently completed a glass bird bath.

“This is a very sweet place to be spend-



Underfoot, a flagstone patio lends setting-appropriate color and texture. The Velux skylight allows needed available light.

ing this time in our lives,” Kirby Thornton said. “Perfect in fact.”

Foster Remodeling Solutions will be holding an open house in its expanded design and selection center Saturday, April 22 from 10 a.m. to 5 p.m. There will be three seminars. A workshop on Aging-In-Place will be held at 1 p.m. The design center is located at 7211-H Telegraph Square Drive, Lorton, VA 22079. To RSVP call: 703/550-1371, or contact us at www.fosterremodeling.com

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