



# Reston CONNECTION

HomeLifeStyle

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Sixteen-month-old Ephraim Anderson happily got acquainted with Ma Duke, a dog up for adoption at Pet Fiesta. Ephraim's mom, Brianna Anderson, and his dad, Solomon, had considered getting a dog but not until they found out if Ephraim liked them.

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PHOTO BY MERCIA HOBSON/THE CONNECTION

MAY 10-16, 2017

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## BULLETIN

To have community events listed in the Connection, send to [connectionnewspapers.com/Calendar/](mailto:connectionnewspapers.com/Calendar/) by noon on Friday.

### WEDNESDAY/MAY 17

**Public Meeting.** 1 p.m. at the Hunter Mill District Office, 1801 Cameron Glen Drive, Reston. The Fairfax Commission on Aging meets. The public is welcome to attend and join in the comment period that begins each session. Visit [www.fairfaxcounty.gov/dfs/olderadultservices/coa.htm](http://www.fairfaxcounty.gov/dfs/olderadultservices/coa.htm). Call 703-324-5403, TTY 711 for meeting access needs.

### THURSDAY/MAY 18

**Blood Drive.** 10 a.m.-3 p.m. at National Realty, 11890 Sunrise Valley Drive Reston. National Realty is teaming up with Inova Blood Donor Services to sponsor a blood drive. Everyone is invited to participate in the event; donors must be in good health, at least 16 years old, and weigh 110 pounds or more. There are two slots available every 15 minutes so make an appointment and encourage family, friends and neighbors to join. To schedule an appointment visit [bit.ly/May-18-Blood-Drive](http://bit.ly/May-18-Blood-Drive). Check the updated eligibility requirements at [www.inova.org/DonateBlood](http://www.inova.org/DonateBlood) or call 1-866-BLOODSAVES.

### ONGOING

**Sunrise at Reston Town Center** offers a monthly Caregiver Support Group on the fourth Wednesday of the month, 6:30-8 p.m. Monthly support group offers a safe place for family caregivers, to meet and develop a mutual support system and to exchange practical information and possible solutions. Learn about resources available in the community and how to manage caregiver related stress. Call 703-956-8930 or email [Reston.ED@sunriseseniorliving.com](mailto:Reston.ED@sunriseseniorliving.com) to RSVP.

**Exercise for Parkinson's.** Every Monday, 1:15-2:15 p.m. Reston Sport&Health, 11445 Isaac Newton Square, Reston. This program brings together people impacted by Parkinson's Disease to participate in various physical exercises aimed at improving posture, balance and circulation and increasing strength, muscle control and mobility. Free. [parkinsonfoundation.org](http://parkinsonfoundation.org). Contact Natalie McCall at [nmccall@onelifitness.com](mailto:nmccall@onelifitness.com) or 703-904-7600.

**Master Gardener Training.** The Fairfax County Master Gardener Association offers plant clinics, home turf training or speakers for homeowner's meetings. Fees vary. Visit [fairfaxgardening.org](http://fairfaxgardening.org) or call MG Help Desk at 703-324-8556 for more.

**Passages Divorce Care.** Tuesdays 6:45 to 9:00 p.m. beginning Sept. 13 through Jan 7. Vienna Presbyterian Church is located on the corner of Maple Avenue (Rt. 123) and Park Street in Vienna, Virginia. Cost to cover materials \$20, scholarships available. 703-938-9050, [www.viennapres.org](http://www.viennapres.org), or send an email to [Passages@ViennaPres.org](mailto:Passages@ViennaPres.org)

**Over-40 Softball League.** A Fairfax-based league is looking for enough players to form another team. Players must be at least 40 years of age to be eligible. All games are doubleheaders - played on Sundays at Bready Park in Herndon between 11 a.m. and 6 p.m. Email [skeduman@aol.com](mailto:skeduman@aol.com).

The **Herndon Adult Day Health Care Center** needs volunteers to assist with fitness activities, arts and crafts, mealtime, entertainment and much more. For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit [www.fairfaxcounty.gov/olderadults](http://www.fairfaxcounty.gov/olderadults) and click on Volunteer Solutions.

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Photos by Walt Lawrence

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Even with the rain and cold weather, Mark Bates of Gooddogz.org and organizer of the 17th Annual Pet Fiesta reported that approximately 5,000 people attended the super pet adoption and exhibition held at Reston Town Center.



PHOTOS BY MERCIA HOBSON/THE CONNECTION

Rules and regulations stated dog handlers had to remain with their pets and keep their dogs leashed at all times. Handlers from Lucky Dog Animal Rescue gathered under the pavilion, protected from the rain.

## Fur-friendly Fun at Reston Town Center

### 17th Annual Pet Fiesta benefited GoodDogz.org

BY MERCIA HOBSON  
THE CONNECTION

For dog and cat lovers of all ages, nothing much could have topped the 17th Annual Pet Fiesta held Saturday, May 6, at Reston Town Center. The outdoor festival featured commercial and nonprofit pet businesses, demonstrations and animals everywhere, in puppy playpens, on leashes, even pulling carts. For people looking for a special furry friend to meet and possibly offer it a forever home, Pet Fiesta was the place to be.

Reston Town Center, Hope Advanced Veterinary Center in Vienna and NOVADog magazine presented the event which benefited GoodDogz.org, a nonprofit organization dedicated to educating potential dog owners about dog care and selection and providing support to dog rescue organizations.

One of the newest nonprofit animal rescue leagues present at Pet Fiesta was New Love Animal Rescue. Rani Hart, Executive Director, said the organization is dedicated to saving animals in need regardless of the breed. Hart said, "Since our start in 2015, we have saved over 200 animals, many requiring medical assistance." She went on to say that the organization's tagline is "Give a Life of New Love to a Rescue Dog."

If an individual or family wanted to experience furry love with perhaps a lesser time commitment than forever, many organizations offered flexible foster commitments and volunteer opportunities along



Rani Hart, Executive Director of New Love Animal Rescue, held a puppy that was up for adoption at the 17th Annual Pet Fiesta Saturday, May 6, 10 a.m. to 4 p.m. at Reston Town Center.

with support. DC Paws Rescue was one such group. Representative Kate Viar shared the organization rescues animals from a facility that lacks resources to facilitate adoptions to the public, so rescue is very much the animals' only lifeline. Also, since DC Paws Rescue does not have a shelter, they rely on foster "pet-parents" to house their adoptable animals. During the fostering period, DC Paws provides the vet care, materials, training and a support coordinator to the foster parent(s) while the animal is in its temporary home.

With 106 vendors at Pet Fiesta, there was something of interest for most everyone. One unusual provider was Blue Ridge Veterinary Blood Bank, the largest all-canine volunteer blood bank in the U.S. According

to Jocelyn Pratt, Blood Bank Director, the organization has more than 400 canine donors who donate blood every six weeks. The participating dogs receive wellness exams with lab work panels, disease tests, screenings and bags of treats. After the first year of donation, donors are eligible to receive complimentary blood or tests if the need arises.

Two other vendors that attracted much interest by event attendees were Paws of Honor and Veterans Moving Forward. Paws of Honor sought donations to help subsidize professional veterinary care for retired military and Police K9s. Their veterinary partner is Old Dominion Animal Health Center in McLean.

Veterans Moving Forward sought dona-



Gail Fields received a great doggie kiss from her foster dog, Daphnie who remains up for adoption through Operation Paws for Homes, a nonprofit organization devoted to the rescue, rehabilitation and placement of dogs rescued from kill shelters in the southern regions of the United States.

tions and volunteers to raise puppies to become skilled companion or service dogs, be puppy sitters or educate the public about the program.

While pets ruled at Pet Fiesta, there was fun and excitement for the human crowd too, starting with the Tails on Trails Dog Walk, the Dog House of Style and Fashion Show spotlighting the latest in doggie couture as dogs strutted down the "catwalk" and a Fiesta Fur-rific Prize Drawing. Onstage entertainment featured music by the Robert Mabe band and the South Bay Band. Face painting and people/pet caricature portraits rounded out the fun filled event.

For more information about vendors, pet adoptions, fostering, and volunteer opportunities visit [www.gooddogz.org](http://www.gooddogz.org).





**Eleanor Benedict and Nick Kour expressed their thanks for being chosen 2017 Senior Senior Prom Queen and King. Wishing them well was Herndon Rotarian and Del. Jennifer Boysko (D-86).**



**Paul Newcombe of Fairfax and Joan Steyn of Annandale proved to be a striking and graceful couple on the dance floor.**

PHOTOS BY MERCIA HOBSON

## Proms Aren't Just For Teens

BY MERCIA HOBSON  
THE CONNECTION

A very special prom held Sunday afternoon, May 7 may not have gone late into the night, but then again who needs to put a timeframe on when to have fun? Senior citizens from the Dulles area and beyond began arriving at St. Joseph's Church in Herndon at 1:30 p.m., ready to kick up their heels and have a good a time at the 2017 Senior Senior Prom. Now in its 13th year of operation, the Herndon and Reston Rotary Clubs produced the free event with the generous support of many local organizations and businesses.

Like any prom, corsages and boutonnieres help make the event classy. As prom guests entered the hall, volunteers from Herndon and South Lakes High Schools' Interact Clubs were on hand to welcome guests and offer each a carnation, pinning it on their attire.

Pat Williams, of the Herndon Rotary Club, watched over the Welcoming Table as she has since 2009 when she came up with the idea for the event. Williams said, "Senior, Senior Prom can be fun. Prom goers get to relive those days." For some guests though, Williams has learned it isn't about reliving their High School Prom but putting it "right." Earlier one senior had told Williams that she had been looking forward to the prom because when she went in the 1940s, all the boys were off to war, so the girls danced with each other. She was looking forward to dancing with the men.

During the prom, The Loudoun Jazz Ensemble played Big Band hits from the '40s for the guests' dancing and listening pleasure. Many couples took to the dance floor, not only during the gliding waltzes and continuous flowing foxtrots but the swing dancing as well. To preserve memories of the afternoon, Mark Sawatzki took complimentary event photographs of couples and friends and provided instant on-site print-



**Chrissy Kelley from Interact Club at South Lakes High School in Reston presented Aroeva Klavolij with a carnation corsage to welcome her to the 2017 Senior Senior Prom.**



**Although a 50/50 raffle can be a promising possibility, Dottie Taylor didn't mind that Asya Jahngir and Emily Postlethwait, members of Herndon's Interact Club, Rotary's service club for teens, didn't give her the winning ticket.**



**Hundreds of seniors attended the 13th annual Senior Senior Prom produced by the Herndon and Reston Rotary Clubs. Guests were invited from across the Dulles area, many driven to and from the event by volunteers.**

ing. The 50/50 raffle proved to be a great hit with prom goers, as was the coronation of Prom Queen, Eleanor L. Benedict and Prom King, Nick Kour. After receiving her jeweled crown, Benedict adjusted it on her head and said, "I'm so surprised. Does it look ok?" A lasagna dinner, salad and dessert rounded out the celebratory afternoon. The prom seemed to go by much too fast for many guests who lingered and enjoyed the opportunity to socialize and talk with friends old and new.

For more information about the Rotary Clubs of Reston and Herndon as well as their High School counterpart organization, Interact, visit [herndonrotary.org](http://herndonrotary.org) and [restonrotary.org](http://restonrotary.org).

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## ME & MY MOM



Three generation, from left: Eve Angerosa and daughter Skylar of Reston with mother/grandmother Carol Seaver of Georgetown taken outside the Kennedy Center before attending a performance of "Matilda" in January 2016.

Grandmother Elaine Mattair, of Reston, shares a photo of Mom Alex Claflin with her baby Genevieve Claflin in 2011 while visiting her family in Boston, Mass. "It is one of my favorites — I labeled it Madonna and Child! Genevieve is my beautiful and first grandchild!"



A second photo from Elaine Mattair of Reston is of her daughter Liz Nissley with her child Avery Poloski in 2016 while visiting Colvin Run. "Avery is my beautiful and second grandchild! (note the theme here)."



Four generations: Great Grandmother Connie Mattair, who passed in August 2016; Liz Nissley (new mother) with Avery Poloski and grandmother Elaine Mattair in 2012 taken at Pensacola Beach Florida while they were all together celebrating Mother's Day.

MORE MOTHER'S DAY, PAGE 12

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# OPINION

## Save Our Schools

BY KENNETH R. "KEN" PLUM  
STATE DELEGATE (D-36)



Among the many institutions that seem to be under attack these days, the federal Department of Education and public schools are of great concern. Public education predates the federal Department of Education, but the Department has played an important role in raising standards and expanding access for all children. Left to their own devices, state and local school boards would go in many different directions that may leave quality and access more to chance than legal requirements.

I am reminded regularly by my constituents of their support for quality public schools, but last week I was reminded also of the range of controversy surrounding public education. A postcard I received in the mail had a picture of a yellow school bus on it with a caption: "The humanist machine." The card was from a group called Deconstructing the Coliseum whose stated purpose is "to eliminate humanist political policies, eliminate the machine (the civil government school system) that produces humanist politicians." The text of the card goes on to explain that "The civil government is

In this season of teacher appreciation we need to thank the teachers for the exceptional work that they do.

### COMMENTARY

using force and coercion to advance its version of truth (humanism), under the guise of 'public education.' Thus, civil government schools must be abolished." Although this group has a Virginia address, I do not think that it would have many supporters in our community. Their ultraconservative views are likely to get the attention of some downstate legislators.

As concerning are the views that are being espoused by the current federal Secretary of Education. As I understand her plan, public schools would be replaced by charter schools. Charter schools are held up by some as a panacea to cure ills real and concocted about public schools, but their results have been very mixed in the places where they have been opened. The main issue for the proponents seems to be control. Rather than having elected or appointed school boards set school policy there are proposals that groups of parents would control the charter school curriculum,

standards, and requirements without further supervision. There is a real concern that charter schools could lead to renewed segregation of the schools along racial and class lines.

Even with all their critics and those who remember wistfully how schools were when they attended, today's public schools do an excellent job. Open to all students they bring out the best in our children. They attempt to prepare our children for an unknown future. The school boards struggle every year with meeting needs that are greater than the resources available to them.

Whatever the perceived needs are in educating our children, there are none so great that would require the getting rid of "government schools" or replacing them with charter schools. We need to look at paying teachers more to attract the best and the brightest to teaching as a career; the current deficit of \$4,000 under the national average that exists in Virginia is not defensible. And we need in this season of teacher appreciation to thank the teachers for the exceptional work that they do.

### LETTERS TO THE EDITOR

## Unnecessary Alarm

To the Editor:

Recent rhetoric and editorials dealing with health care policy in the United States lead to confusion and unnecessary alarm by bringing together two topics: health insurance coverage; and pre-existing conditions. Health insurance does two things: reduces cost for the policy holder by means of the discounts insurance companies achieve through volume buying;

and, (like insurance in general) assists the policyholder deal with the financial consequences of something very bad which might, or might not, happen. A pre-existing condition, however, is something bad that has already happened.

For pre-existing conditions the health care policy question should be, how to pay for treatment rather than how to coerce insurance companies to pay. Health insurance policies covering pre-existing conditions (e.g. diabetes, high cholesterol, high blood pressure) are widely available. Paying

for pre-existing catastrophic conditions (e.g. organ transplant; cancer; multiple sclerosis) is another matter. Forcing insurance companies to take on the cost of treatment for all afflictions, regardless of scope, and spreading these costs through the premiums paid by healthier people, plus tucking in a few government subsidies, is one way (as in Obamacare). There are other ways to pay for treating these catastrophic conditions. The recent healthcare bill passed by the House of Representatives offers an alternative way.

Most people in the United States do not suffer from catastrophic health conditions. Those of us whom God made more fortunate in our health have a responsibility to help those less fortunate. I hope your newspaper will avoid partisan rhetoric and instead foster informed discussion leading to a national policy on how to help the minority who can not pay for the treatment of a catastrophic health condition.

**Allan Ruppar**  
Reston

## Reston Real Estate Company to Host Blood Drive in Reston

National Realty is teaming up with Inova Blood Donor Services to sponsor a blood drive on Thursday, May 18, 10 a.m.-3 p.m. Everyone is invited to participate in the event; donors must be in good health, at least 16 years old, and weigh a minimum of 110 lbs. The bloodmobile will be stationed at The Hartke Building, home of National Realty, 11890 Sunrise Valley Drive, Reston (northeast corner of Reston Parkway and Sunrise Valley Drive). There is plenty of free, easy parking. There are two slots available

every 15 minutes so make an appointment and encourage family, friends and neighbors to join in. To schedule an appointment, visit [bit.ly/May-18-Blood-Drive](http://bit.ly/May-18-Blood-Drive). Check the updated eligibility requirements at [www.Inova.org/DonateBlood](http://www.Inova.org/DonateBlood) or call 1-866-BLOODSAVES.

For questions regarding the donation process, contact Inova Blood Donor Services Account Manager John Ronan at 571-220-1982 or email [john.ronan@inova.org](mailto:john.ronan@inova.org). For questions about the blood drive itself, contact Connie Hartke at [conniehartke@gmail.com](mailto:conniehartke@gmail.com).



PHOTO CONTRIBUTED

The bloodmobile will be stationed at The Hartke Building, home of National Realty, 11890 Sunrise Valley Drive, Reston (northeast corner of Reston Parkway and Sunrise Valley Drive).

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**NEWS DEPARTMENT:**  
[reston@connectionnewspapers.com](mailto:reston@connectionnewspapers.com)

**Kemal Kurspahic**  
Editor ♦ 703-778-9414  
[kemal@connectionnewspapers.com](mailto:kemal@connectionnewspapers.com)

**Fallon Forbush**  
Reporter  
[fforbush@connectionnewspapers.com](mailto:fforbush@connectionnewspapers.com)

**Kyle Kincaid**  
Editorial Assistant  
[reston@connectionnewspapers.com](mailto:reston@connectionnewspapers.com)

**ADVERTISING:**  
For advertising information  
[sales@connectionnewspapers.com](mailto:sales@connectionnewspapers.com)  
703-778-9431

**Debbie Funk**  
Display Advertising/National Sales  
703-778-9444  
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**Andrea Smith**  
Classified Advertising, 703-778-9411  
[classified@connectionnewspapers.com](mailto:classified@connectionnewspapers.com)

**David Griffin**  
Marketing Assistant  
703-778-9431  
[dgriffin@connectionnewspapers.com](mailto:dgriffin@connectionnewspapers.com)

**Editor & Publisher**  
Mary Kimm  
[mkimm@connectionnewspapers.com](mailto:mkimm@connectionnewspapers.com)  
@MaryKimm

**Executive Vice President**  
Jerry Vernon  
703-549-0004  
[jvernon@connectionnewspapers.com](mailto:jvernon@connectionnewspapers.com)

**Editor in Chief**  
Steven Mauren  
**Managing Editor**  
Kemal Kurspahic  
**Art/Design:**  
Laurence Foong, John Heinly,  
Ali Khaligh  
**Production Manager:**  
Geovani Flores

**Special Assistant to the Publisher**  
Jeanne Theismann  
[jtheismann@connectionnewspapers.com](mailto:jtheismann@connectionnewspapers.com)  
@TheismannMedia

**CIRCULATION: 703-778-9427**  
[circulation@connectionnewspapers.com](mailto:circulation@connectionnewspapers.com)





## Walk-In Closet Design Ideas

From chandeliers to luxury seating, the options are plentiful.

BY MARILYN CAMPBELL

When an Old Town Alexandria couple decided to remodel their master bedroom suite, they wanted to pay particular attention to the room's two walk-in closets. Designer Gene Delgado of Hopkins & Porter Construction, Inc., in Potomac, Md. was tasked with overhauling the spaces to give the couple the maximum amount of storage for their clothing and accessories.

"We ordered a storage system from Poliform, an Italian luxury modern furniture brand, that does exquisite closet systems," said Delgado. "The closet spaces are very modern with lots of built-in lighting. Because of the angled ceilings ... we are designing a cabinet for shoe storage and some shelving for purses and luggage. I'm doing a chandelier for the wife's closet to make it warmer and more feminine."

With available accessories ranging from elaborate lighting to luxury seating areas, there's no need to settle for a closet that

looks like a cross between a laundry room and a landfill. When it comes to walk-in closets, the options for creating a dream space are plentiful say designers.

"Closets are no longer utilitarian spaces for your clothes. People want their closets to be beautiful," said Delgado. "The trend is that they are bigger, more beautiful and more luxurious. Those with large spaces can have everything from coffee makers to seating areas."

When beginning the design of a closet space, Julia Walter, showroom manager at Italian design firm Boffi, advises clients to make an inventory list of items that will go inside such as long-hanging clothing foldable clothing and shoes.

"What plays into the inventory list is how the client prefers to use their closets," she said. "For example, do they mostly hang or do they fold clothes. It's helpful to see what the client's closet looks like currently [and] works and what doesn't."

A combination of small and large drawers is important for the different items to store, says Walter. For example, small drawers can hold items like jewelry, underwear and socks while larger drawers can hold items like scarves or exercise clothes."

"I like to use the upper most shelves in closets for bulky storage like luggage, hat

cases [and] for items that are either not used too much or are seasonal," said Walter. "Open shelves are great for display of shoes and handbags."

Invest in a full-length mirror and install it behind the door or on an open space that won't take away from storage, advises Allie Mann, designer, senior interiors specialist with Case Design/Remodeling, Inc.

"Use every inch of a closet space for storage. There may be small niches that are perfect for scarves, handbags [and] belts," she said. "Build in shoe shelving if possible. Keeping shoes off the floor gives a more organized look to the space. If you want to keep shoe boxes, be sure to label them with photos of the shoes inside so you don't have to open every box to find the pair you're looking for."

For those with a generous budget, Interior Designer Todd Martz, co-owner of Home on Cameron in Old Town Alexandria advises investing in a lighting system for viewing clothing and distinguishing colors.

"Add pullout shelves and rods to organize outfits. [Add] drawers with glass inserts to see contents," he said. "Group accessories [like] belts and purses by color for easy access."

Accessories that Walter recommends adding to a walk-in closet include belt hang-



PHOTO ANGIE SECKINGER/BOFFI GEORGETOWN

**Open shelving for storing shoes and handbags are among the features that designer Julia Walter recommends for walk-in closets.**

ers, tie hangers, jewelry drawers and safes. "If space allows, a center island is a great feature for getting dressed and showcasing certain items," she said. "Before a night out, [for example] a gown and shoes can be displayed."



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## ENTERTAINMENT

# Clown-esque Story at CenterStage

## Happenstance Theater presents "BrouHaHa."

BY DAVID SIEGEL  
THE CONNECTION

**"B**ringing its extremely funny and remarkably touching look at a band of clowns as they search for a place to exist in a volatile world" is the way Paul Douglas Michnewicz, arts and events director, Reston Community Center, describes Happenstance Theater's production of "BrouHaHa" coming to CenterStage. "In short, they show us ourselves."

Happenstance Theater is a professional company founded a decade ago by DC-area's Mark Jaster and Sabrina Mandell. "We are committed to devising, producing and touring original, performer-created visual, poetic theater," said founders Mandell and Jaster in an interview. The troupe has developed and performed over 25 new works about life and its meaning throughout the United States.

"We harvest imagery from the past and re-contextualize it in works that address eternal themes of life and death," noted



PHOTO BY MARK SILVA/COURTESY OF RESTON COMMUNITY CENTER

### Cast of Happenstance Theater's production of "BrouHaHa" at Reston CenterStage.

Jaster and Mandell. "With the simplest means of humor, music, silence, text and beauty, we seek to elevate the moment when the performers and audience meet, to lift the encounter beyond the daily and pedestrian into the realms of dreams, poetry, and art."

What was the inspiration to develop a

clown-esque performance called "BrouHaHa" that is about "what would you do at the end of the world?" According to the Happenstance Theater "BrouHaHa" was developed as the world "refugee crisis was rising and we could not help but wonder what it must be like to be told that you have five minutes to grab your possessions and

## Where & When

Happenstance Theater performs "BrouHaHa" at Reston Community Center, CenterStage, 2310 Colts Neck Road, Hunters Woods Village Center, Reston. Performance: Wednesday, May 17, 8 p.m. Tickets: \$15 Reston/\$20 non-Reston. Tickets call: 703-476-4500 or visit [www.restoncommunitycenter.com](http://www.restoncommunitycenter.com)

flee. And then what would it be like to find yourself walking, for days and days, not knowing your destination. This is where we set our characters. In transit, not knowing, but hopeful."

At CenterStage, a small ensemble will perform "BrouHaHa" with fascinating costume and lots of captivating props. The audience will come to know the different characters depicted well. During the performance the ensemble cast will highlight a variety of their theatrical skills including imaginations, improvisation and physical comedy.

"BrouHaHa" has eccentric characters full of ridiculousness and poetry all while they examine not only impermanence but doom. In the hands of the Happenstance Theater ensemble the subject of impending doom will become an outlet for humor. The characters get distracted easily and try to make games out of their struggles.

Through its clown-esque performance, Happenstance Theater aims to have audiences reminded of the importance of taking delight in every moment even though the world is very topsy-turvy.



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# ENTERTAINMENT

Send entertainment announcements to [www.connectionnewspapers.com/Calendar/](http://www.connectionnewspapers.com/Calendar/). The deadline is noon on Friday. Photos/artwork encouraged.

## ONGOING

**Lake Anne Exhibit.** Deadline is June 2 to enter photographs for the Lake Anne show. The exhibit runs from June 5-July 2 and is free and open to the public 9 a.m.-8 p.m. throughout the week at the JoAnne Rose Gallery, Reston Community Center at Lake Anne, 1609 Washington Plaza, Reston. Visit [www.leagueofrestonartists.org](http://www.leagueofrestonartists.org).

**GRACE Art Festival Volunteers Needed.** Various hours May 20-21, rain or shine, at Reston Town Center, 11900 Market St., Reston. GRACE relies on 500 volunteers to assist during the two-day event, and is now recruiting for help with essential tasks such as artist hospitality, greeting festival visitors, promoting GRACE, encouraging creativity at the Family Art Park, and more, with time commitments of a few hours to a full day. Visit [restonarts.org/](http://restonarts.org/) for more.

**Women's Training Program.** through June 12, 6:30-8 p.m. at South Lakes High School, Seahawks Drive, Reston. Reston Runners Women's Training Program. Runners, walkers, run/walk intervals and Fresh Start, for women who need a more gentle start to working out. Designed by women for women. \$45. Email [wtp@restonrunners.org](mailto:wtp@restonrunners.org) for more.

**All-comers' Group Fun Run at Potomac River Running.** Tuesdays and Thursdays. Reston Town Center, 11900 Market Street, Reston. For beginners or competitive runners, come out for a fun, low-key

run that is safe and social. Call 703-689-0999 [potomacriverrunning.com](http://potomacriverrunning.com). **Over-40 Softball League.** A Fairfax-based league is looking for enough players to form another team. Players must be at least 40 years of age to be eligible. All games are doubleheaders - played on Sundays at Bready Park in Herndon between 11 a.m. and 6 p.m. If interested, email [skeduman@aol.com](mailto:skeduman@aol.com) for more information.

**"A Bird in the Hand"** through spring 2017 Reston Town Square Park, 11990 Market Street, Reston Town Center. See and explore Patrick Dougherty's monumental public art sculpture made from tree saplings. Presented by GRACE in collaboration with IPAR. 703-471-9242 [restonarts.org](http://restonarts.org)

## Teen and Adult Art Classes

**ArtSpace Herndon** Every Monday from 5:30-8:30 p.m. 750 Center Street, Herndon. Drawing and Mixed Media with Melanie Stanley - During Fall and Winter of 2016. Cost: \$45/class. The class will use a variety of techniques for drawing, painting, mark making, and collage using fine arts tools and materials. Students will be taken down a creative path to learn to use drawing tools and brushes more effectively. Register by emailing Melanie, and she will send you the supply list and payment options/information: [ridingfree2@gmail.com](mailto:ridingfree2@gmail.com). 703-956-9560. [www.artspaceherndon.com](http://www.artspaceherndon.com).

## MAY 2-JUNE 29

**Art Exhibition.** 8 a.m.-5 p.m. at U. S. Geological Survey, 12201 Sunrise Valley Drive. Exhibit "H. K. Anne Presents The American Landscape," will be on exhibit at the USGS National Center is a public building,



## 'Two Views' Paintings

**Artist Reception, Sunday, May 14 from 2-4 p.m. at Reston Art Gallery, 11400 Washington Plaza West. "Two Views" exhibit featuring paintings by Gail Axtell and Erwin and Pat Macintyre. Open to public. Call 703-481-8156 for more.**

parking is available in the visitor's lot outside the visitor's entrance. Photo ID is required to enter. Visit [www.HKAnneFineArt.com](http://www.HKAnneFineArt.com) for more.

embarking upon their senior thesis. Call 703-956-9560 or visit [www.artspaceherndon.com](http://www.artspaceherndon.com) for more.

## SATURDAY, MAY 13

**Rummage Sale.** 8 a.m.-1 p.m. at South Lakes High School, 11400 South Lakes Drive, Reston. The South Lakes HS Band is having a rummage sale to support the band's trip to march in the Pearl Harbor parade in

Hawaii. Visit [www.southlakesband.org](http://www.southlakesband.org) for more. **Tour de Cure.** 6 a.m.-4 p.m. at Reston Town Center, 11900 Market St., Reston. Ride to raise funds for diabetes research. Email [tracey@nardimedia.com](mailto:tracey@nardimedia.com) or call 814-392-0609.

**Reston Community Yard Sale.** 8:30 a.m. at 1900 Campus Commons Drive. (corner of Sunrise Valley Drive and Wiehle Avenue) 85 families will be selling a variety of items so this is a great opportunity to find things for a new home or a college dorm. No early birds as gates open at 8:30am. Rain date Sunday, May 14. Visit [www.reston.org/](http://www.reston.org/) for more.

**Artful Mother's Day Tea.** 2-4 p.m. at ArtSpace Herndon, 750 Center St., Herndon. Funds to benefit Arts Herndon's Scholarships and programming \$45. Call 703-956-9560 or visit [www.artspaceherndon.com](http://www.artspaceherndon.com).

## SUNDAY/MAY 14

**Exercise with Athleta.** 11 a.m.-noon at Reston Town Center Pavilion, 11900 Market St., Reston Town Center. "Get Fit America" Zumba class with US Fitness in support of Armor-Up for Life. Free, all ages. Call 703-668-0256 or visit [athleta.com/reston](http://athleta.com/reston) for more.

**Artist Reception.** 2-4 p.m. at Reston Art Gallery, 11400 Washington Plaza West. "Two Views" features paintings by Gail Axtell and Erwin and Pat Macintyre. Open to public. Call 703-481-8156 for more.

## MONDAY/MAY 15

**Meet the Author.** 6 p.m. at Scrawl Books, Reston Town Center, 11900

SEE CALENDAR, PAGE 11

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## Employment

# NEWS



**From left: Reston Association CEO Cate Fulkerson, Volunteer of the Year Award: Leanna Kirkland, and RA Board President Sherri Hebert.**

PHOTOS COURTESY OF THE RESTON ASSOCIATION



**Emily McGrath, the 2017 Youth Volunteer of the Year Award winner.**

## Volunteers Honored for More Than 24,000 Hours of Service

Leanna Kirkland was named Reston Association's Volunteer of the Year at a ceremony Thursday, April 27, to honor individuals and groups who have gotten involved in making Reston a better place to live, work and play.

Kirkland volunteered at numerous events throughout 2016, including the Multicultural Festival and the Nature House 5K race. She also helped to sort donated games and toys for the Closet at the Martin Luther King, Jr Day of Service, greeted families at the Halloween House and Trick-or-Treat Trail, and worked with the students at the Maker Faire NOVA.

The awards ceremony, held at The Lake House, honored volunteers in eight categories — the most ever included in the annual celebration. This year's winners are as follows:

### VOLUNTEER OF THE YEAR

Leanna Kirkland  
2016 volunteer hours: 50

### YOUTH VOLUNTEER OF THE YEAR

Emily McGrath, The Multimodal Transportation Advisory Committee member.  
2016 volunteer hours: 50+

### YOUTH GROUP VOLUNTEER

Chantilly High School Key Club  
2016 volunteer hours: 50 hours

### ADULT GROUP VOLUNTEER

RA Volunteer Photographers  
Volunteers: William O'Brien, Kristina Alcorn, LeRoy Wallin, Colena Turner and Anna Kulyk.  
2016 volunteer hours: 100+

### FAMILY VOLUNTEER OF THE YEAR

Bond Family, Nature House Volunteers  
Charlie and Julie Bond  
2016 volunteer hours: 50+

### GROUP VOLUNTEER SERVICE

Nominee: Natural Areas Assessments Team  
2016 volunteer hours: 90  
Volunteer activity: Assisted the Environmental Resource Team assesses the health of RA's open space.  
Volunteers: Mike Horton, Don Coram, Farideh Mirmirani, Doug Britt

### COMMUNITY PARTNER OF THE YEAR

Community Partner: United States Geological Survey  
2016 volunteer hours: 100+

### COMMITTEE VOLUNTEER OF THE YEAR

Committee Volunteer of the Year: The Parks & Recreation Advisory Committee (PRAC)  
Members: Tara Cranford Teague, Mary Shedlock, Tyrone Gillum, Michael Batt and Elaine Killoran  
2016 volunteer hours: 100+

**Adult Volunteer Group of the Year: Volunteer Photographers went to Kristina Alcorn, LeRoy Wallin, Anna Kulyk, Colena Turner and William O'Brien.**



**From left: Reston Association CEO Cate Fulkerson, Julie Bond, RA Board President Sherri Hebert and Charlie Bond. The Bond family receives the Family Volunteer of the Year Award.**



Reston volunteers contributed more than 24,000 hours of their time last year. Volunteers, which number more than 1,300 individuals, businesses and organizations, are from a variety of age groups and possess a wide range of skill sets.

"Volunteering and community service are deeply rooted in our community's core values thanks to our founder Robert E. Simon, Jr.," said the association's CEO, Cate Fulkerson, in a press release. "Every year hundreds of volunteers support RA's mission by serving on the RA Board of Directors, one of our many advisory committees and work groups, helping with special events and programs or participating in cleanup projects at Reston lakes, in neighborhoods or along pathways. Volunteers are truly the backbone of Reston."

Anyone interested in getting involved and supporting Volunteer Reston can contact Ha Brock, Volunteer Reston Supervisor, at [habrock@reston.org](mailto:habrock@reston.org) or 703-435-7986.



# CALENDAR

FROM PAGE 9

Market St. Shirley Melis will discuss her newly published memoir, “Banged-Up Heart: Dancing with Love and Loss.” Visit [www.shirleymelis.com](http://www.shirleymelis.com) for more.

## TUESDAY/MAY 16

**Religious Freedom Lecture.** 1-3 p.m. at Congregation Beth Emeth, 12523 Lawyers Road, Herndon. Speaker Bennett Gold will discuss the evolution of religious freedom in the U.S., Jewish Justices, and key related decisions. Adults. Email [office@bethemeth.org](mailto:office@bethemeth.org) or call 703-860-4515.

**Getting Dirty with Clay.** 7-9 p.m. at ArtSpace Herndon, 750 Center St., Herndon. Join local ceramic artist, Mercia Hobson, for a night of dirty fun as she guides participants in the fine art of weaving strips of pre-dyed extruded clay over a mold. A Design and Wine Event. Visit [www.artspaceherndon.com](http://www.artspaceherndon.com) or call 703-956-9560 for more.

## THURSDAY/MAY 18

**Junior Farmers Day.** 4-5 p.m. at Frying Pan Farm Park, 2709 West Ox Road, Herndon. Children and parents will get the chance to go behind the scenes to help farmers with chores such as milking the cows, feeding animals and shelling corn. Learn how busy farm life can be. \$7. Call 703-437-9101 or visit [www.fairfaxcounty.gov/parks/fryingpanpark/](http://www.fairfaxcounty.gov/parks/fryingpanpark/).

**Art Crawl.** 6-9 p.m. at ArtSpace Herndon, 750 Center St., Herndon. Arts Come Alive is the theme. Call 703-956-9560 for more.

## FRIDAY/MAY 19

**Bike to Work Day 2017.** Registration — now open — is free and open to anyone who commutes in the region, from first timers to daily cyclists. All registrants will be entered in a regional bicycle raffle, and the first 16,000 to register and attend will receive a free t-shirt at one of more than 85 pit-stops throughout Northern Virginia. Participants can register online at [www.biketoworkmetrodc.org](http://www.biketoworkmetrodc.org). Email Megan Goodman at [mgoodman@mwccog.org](mailto:mgoodman@mwccog.org), or call 202-962-3209 for more.

**Northern Virginia Fine Arts Festival Party.** 6-9 p.m. at Reston Town Center Pavilion, 1818 Discovery St., Reston. Party kicks off the art festival, which runs Saturday and Sunday, May 20-21, 10 a.m.-6 p.m. Call 703-471-9242, email [info@restonarts.org](mailto:info@restonarts.org) or visit [restonarts.org](http://restonarts.org) for more.

## MAY 19-20

**“Running Days are Done.”** Friday, 7 p.m. and Saturday at 2 p.m. at Washington Plaza Baptist Church, 1615 Washington Plaza West, Reston. An original play based on interviews with women survivors of child sexual abuse. Email [administrator@washingtonplazachurch.com](mailto:administrator@washingtonplazachurch.com).

## SATURDAY-SUNDAY/MAY 20-21

**Northern Virginia Fine Arts Festival.** 10 a.m.-6 p.m. at Reston Town Center Pavilion, 1818 Discovery St., Reston. Art, art and more art, on display and sale. Call 703-471-9242, email [info@restonarts.org](mailto:info@restonarts.org) or visit [restonarts.org](http://restonarts.org).

## MONDAY/MAY 22

**Design Workshop.** 6-8 p.m. at Bechtel-ASCE Conference Center, 1801 Alexander Bell Drive. Interactive workshop to help create the future science museum’s exhibits and experiences. Email [imagine@childsci.org](mailto:imagine@childsci.org) for more.

## WEDNESDAY/MAY 24

**Senior Movie Day.** 10 a.m. at Bow Tie Cinemas, 11940 Market St., Reston Town Center. Free to 55 and older. Email [Ashleigh@reston.org](mailto:Ashleigh@reston.org) or call 703-435-6530.

## THURSDAY/MAY 25

**Meet the Artist.** 6-7 p.m. at GreaterRestonArtsCenter, 12001 Market St. #103, Reston. Michael Booker paintings, often cut apart and reconstructed into quilt-like narratives, combine his personal history and memory with the history of painting and African American culture. Call 703-471-9242 x 114 or visit [restonarts.org](http://restonarts.org) for more.

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An expert is someone who knows some of the worst mistakes that can be made in his subject and how to avoid them. <b>-Werner Heisenberg</b>					

## “Bulky Boy”



By KENNETH B. LOURIE

Is the nickname I gave Andrew, one of our male cats. It’s because he’s a bit portly, like his father, yours truly. However, Andrew’s nickname is not the impetus for this particular column. The impetus for this column is my tendency, as the primary (almost exclusive) buyer of miscellaneous household goods and to a lesser extent, services, to buy in bulk/quantity, not necessarily quality; although that’s a subject of a long-ago column and perhaps a future one as well — dare I cross that Rubicon again, and one that has earned me this identical nickname to Andrew.

As a cancer patient originally diagnosed as “terminal” — at age 54 and a half, eight-plus years ago, time becomes an integral/essential part of your life; what there is of it presently, what you have been told you have left of it and what you — in your wildest dreams, every day and every night, hope you actually get to do: live a relatively “normal” life expectancy.

Even though life has gone on years past my original “13-month to two-year” prognosis, I still struggle with the emotional yin and yang of whether I’m closer to the end or further from the beginning (date of diagnosis). And is so struggling, everyday decisions that might have a time element/time-sensitivity to them are complicated. Is it necessary to do it/buy it/obligate myself to it now when the benefit might be later? A later I might never see? If I’m trying to enjoy life in the present as much as possible to fend off the inevitable and relentless stress that a “terminal” cancer diagnosis imposes, then how does a future benefit help me now?

As a few examples and finally to the point of this column: buying in bulk. 240 dryer sheets — for two adults, one of whom works at home and doesn’t exactly get dressed for it; 90 tall kitchen trash bags — we use one bag a week, and that includes bagging the cat litter for five indoor cats; paper towels — enough quantity that we could likely wrap them around our entire house if we had to; toilet paper — is sacrosanct, one can never have enough in stock; and tissues/Kleenex — given how frequently my eight-years-of-post-chemotherapy nose runs — constantly, is also sacrosanct (although I can always use toilet paper, paper napkins or paper towels in the pinch; not exactly the same pinch as if the toilet paper inventory runs out, however). Naturally, these items are all non-perishable so their life expectancy is not a consideration. But since mine is, sometimes I think I need to buy them or else, because when I do need them it will be too late.

As for perishables, obviously it makes little sense to overbuy (expiration dates notwithstanding, except mine). I can’t eat all the food quickly enough anyway (another point of contention from a previous column), although I may try. But even I know, in my cancer-induced haze, that spending money now on an unpredictable future though penny-wise and beneficial in some emotional ways, might be pound-foolish. I need to feel good today - period, not feel good today about something I might benefit from tomorrow. I mean, how else am I even going to get to tomorrow? Don’t I need to filter out potentially harmful/debilitating mental and physical images/impacts and try to live as unencumbered as possible (to invoke one of my deceased father’s favorite words)? Cancer is already an uphill battle. If I don’t want to live the legendary life of Sisyphus, pushing a figurative rock up a hill, only to have it fall back down time and again, I need to find a way/strategy to both manage my budget and control my mind. Obviously, I want to live like I have a future, but not at the expense of my present. You can call me “Bulky Boy” all you want, but “crazy-kookie” not so much.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.



## ME & MY MOM



“This photo is our whole family — raised and schooled in Reston. I have titled it ‘A mother’s gratitude and joy!, Easter Sunday May 16, 2017 after lunch, and Easter Egg Hunt, at Twohie home front garden,’” writes Sandra Twohie of Reston.

Pictured, top first row: daughters Alexa and Anne-Marie; grandson Luca; granddaughter Makenzy; son-in-law Ronald; grandsons Declan and Shane; Shane’s fiancée Kaitlyn; Sandra’s husband George; mother Sandra Twohie; and daughter Andrea. Bottom row: grandson Silvio; great-grandson Avram; and granddaughter Alessandra.

Great-grandmother Irene K. Byrne of Larchmont, N.Y. meets 2-month-old Chase Michael Cerney of Reston for the first time in March.



Restonians Libby Jenkins, her son Michael McDermott and Rocky watching the sunset at Reddish Knob in the Shenandoah Mountains just outside of Harrisonburg, Va. (of JMU fame) in fall 2016.



Na Na Ula with her granddaughter Na Na Quinn and godmother Na Na Lynn on Easter Sunday. A visit from Chicago by her son Dominik and his family, wife Leslie and Quinny, made this a memorable day for everyone. When he was a baby, his mother Ursula Nogie of Reston used to call him Nanny Nanny Dom and he called her Na Na Ula. These are Polish terms of endearment meaning lovely and nice.

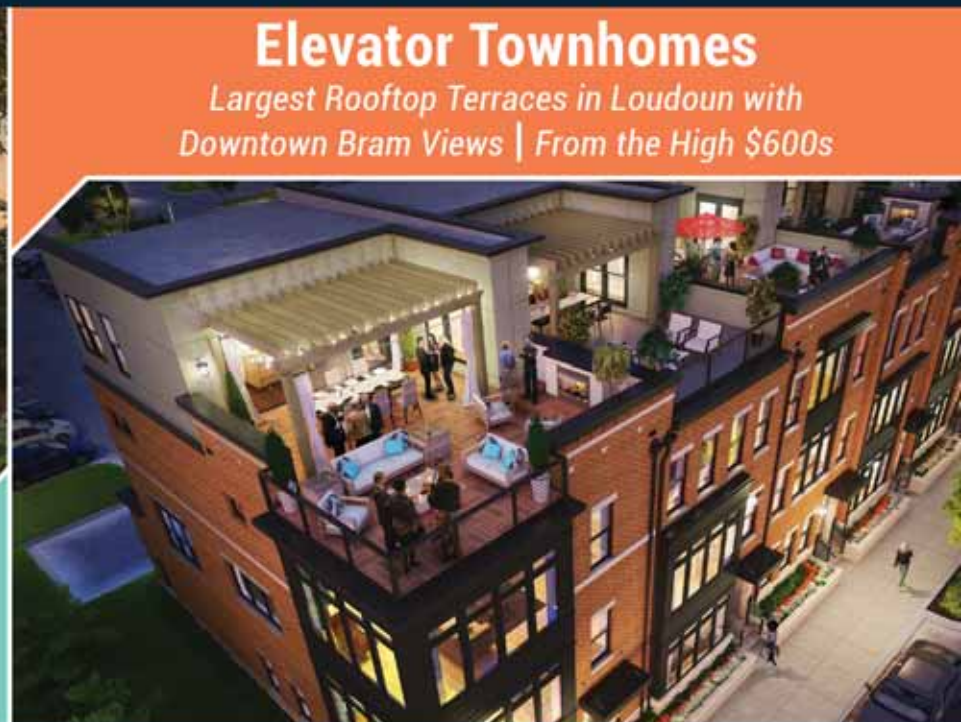
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