



2019  
VIRGINIA  
PRESS  
ASSOCIATION  
Annual Meeting  
Reception

# Fairfax CONNECTION

Motorcycle riders depart for the 19th annual Ride of the Patriots at the Patriot Harley-Davidson in the City of Fairfax on their way to Rolling Thunder on Sunday, May 28, 2017.

# Patriots Ride In Fairfax

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## Remembering Those Who Gave Their Lives

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## Fairfax Symphony Launches New Series

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## Announcing Caregiver Connect at The Kensington Falls Church

— A Monthly Gathering for Caregivers —

with Aging & Dementia Expert Anya Parpura, MD, PhD

June 7, July 12 & August 2, 2017 • 6:30-8:00pm

Light refreshments served • **RSVP**

**A**t The Kensington, a longtime provider of best-in-class memory care, our residents are precious to us. We seek to make their lives as pleasant and meaningful as possible by offering care programs that are clinically comprehensive, highly personalized and tender.

YOU, as a caregiver, matter to us just as much. We understand that caregiving for someone with dementia is a demanding responsibility. We also believe it is one you should not undertake alone. That's why we strive to preserve your well-being by helping you stay positive, manage fatigue and make the most of moments as your loved one's memory changes.

Let The Kensington be your trusted resource for information and the comforting ally you need and deserve. Join us to share time connecting with other caregivers and discussing common challenges as we partner



with experts each month. Guest facilitators will offer information, advice and support in a welcoming, private setting. Topics to be covered include: How to Visit; Accepting Loss; and Enjoying the Remaining Strengths of Your Loved One. Aleksandra (Anya) Parpura, MD, PhD, an expert in aging and dementia, will lead our Caregiver Connect program. Dr. Parpura is the president of Aging Perspectives, Inc., the Scientific Review Officer with CSRA International, an adjunct professor at The Catholic University of America, and a faculty member at the Washington School of Psychiatry. Dr. Parpura brings to us vast knowledge, helpful tips and a kind heart.

**Be sure to save the date each month. Join us at our community, located at 700 West Broad Street. RSVP by calling 703-992-9868.**

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Open**

**THE KENSINGTON**  
An Assisted Living Community  
**FALLS CHURCH**

703.992.9868 | 700 West Broad St, Falls Church, VA 22046  
[www.TheKensingtonFallsChurch.com](http://www.TheKensingtonFallsChurch.com)



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**You're Invited**

**Come.  
Listen.  
Learn.**



**PLEASE JOIN US FOR AN EDUCATIONAL EVENT.**

**Hear from an MS expert and learn about  
an oral treatment option for relapsing MS.**

**Date and Time:**  
06/07/2017 at 12:00 PM

**Location:**  
Malones of Manassas  
9329 Main Street  
Manassas, VA 20110

**Speaker:**  
**Mark Landrio, MD**  
Neurologic Associates

**Event Code:** TR419905 (1387509)

**PLEASE RSVP\*:**

- [RelapsingMultipleSclerosisEvents.com](http://RelapsingMultipleSclerosisEvents.com)
- 1-866-703-6293
- [MSRSVP@ahmdirect.com](mailto:MSRSVP@ahmdirect.com)

\*Registration is limited to two people per RSVP.  
Photo ID may be requested at event entrance.

**Complimentary parking or valet available.  
A light meal or snack may be provided.**

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**Motorcycle riders depart for the 19th annual Ride of the Patriots at the Patriot Harley-Davidson in the City of Fairfax on their way to Rolling Thunder on Sunday, May 28, 2017.**



PHOTOS BY STEVE HIBBARD/THE CONNECTION

**World War II veterans who were honored during the ceremony include (from left): Leslie H. Van Huben, 95; Vernon Wilke, 93; and Robert DeHaven, 95.**

## Ride of the Patriots in Fairfax

### Thousands of motorcyclists meet at Patriot Harley-Davidson on Memorial Day weekend.

**A**s many as 4,000 motorcyclists flocked to the City of Fairfax for the 19th annual Ride of the Patriots as part of the Rolling Thunder celebration on Sunday, May 28, 2017. The event was sponsored by the Harley Owners Group and Patriot Harley-Davidson to pay tribute to America's servicemen and veterans and raise awareness for American POWs and MIAs of all wars. After assembling at Patriot-Harley-Davidson on Lee Highway, the bikers followed a route to the Pentagon where they joined with hundreds of thousands of other bikers from around the country for the 30th Annual Rolling Thunder gathering headed to the National Mall and the Vietnam Veterans' Memorial in the District.

In Fairfax, the event featured a short pa-

rade with both City and County of Fairfax officials along with State and Congressional representatives, police, fire and rescue units, Veterans groups, the Fairfax High School Marching Band, and the Northern Virginia Firefighters' Emerald Society Pipe Band. There were 153 volunteers who helped make the event happen.

The keynote speaker was Lt. Col. Jonathan Velishka who has held Field Artillery command positions around the world, including Iraq, Afghanistan, and Korea. Following the ceremony, there was a full police escort to the Pentagon going about 35 mph by the Fairfax County Motor Squad and units from the City of Fairfax, Fairfax County Sheriff, Arlington County Motor Squad and other jurisdictions.

— STEVE HIBBARD



**The Keynote Speaker was Lt. Col. Jonathan Velishka.**



**Jeff Greenfield, Council member from the City of Fairfax.**



**Sponsor Vince Sheehy of the Patriot Harley-Davidson in the City of Fairfax.**



**Del. David Bulova (D-37).**



**State Sen. Chap Petersen (D-34).**



**The parade featured the Armed Forces Color Guard.**



**Members of the Northern Virginia Firefighters' Emerald Society Pipe Band perform in the parade.**

# Remembering Those Who Gave Their Lives

**A**merican Legion Post 177 and VFW Post 8469 held their annual Memorial Day ceremony, Monday, May 29, on the Fairfax City Hall portico. Dignitaries attending included Del. David Bulova (D-37), state Sen. Chap Petersen (D-34), Fairfax City Manager Bob Sisson, Councilmen Jeff Greenfield and Michael DeMarco, and School Board Chairman Jon Buttram.

“Fairfax County was always a crossroads for the nation,” said Petersen. “This community has been touched and formed by heroism, so it’s an honor to be here today [to remember our fallen veterans].” Noting the freedoms Americans enjoy, he said, “We celebrate the sacrifices that made them possible and thank those who served and those who didn’t come back.”

Agreeing, Councilman Michael DeMarco said, “There’s no measure of gratitude [large enough] that we can give for those who have made the ultimate sacrifice and who’ve made us strong, brave and free.”

Councilman Jeff Greenfield said, “We have to also remember and continue fighting for the men and women who continue fighting for our country. We must also remember their families, plus the families who still grieve for those who haven’t come home.” Then attendees took turns reading the names of the City and county residents who’ve died in conflicts from WWI through the current Operation Enduring Freedom in Afghanistan.

— BONNIE HOBBS

PHOTOS BY  
BONNIE HOBBS  
THE CONNECTION



Some of the attendees at the Memorial Day ceremony.



Both children and adults wait in line to read the names of the fallen.



Aaron Coffin, VFW Post 8469



Jeff White, American Legion Post 177



Fairfax City Manager Bob Sisson reads the names of some of the fallen.



Veteran Dick Meyer rings the bell after each fallen veteran’s name is read.



Veteran Mac McCarl salutes at the end of the ceremony.



PHOTO BY BONNIE HOBBS

Old Town Square is jammed to the brim for the season's first Rock the Block concert.

## Thousands Throng to Rock the Block

Old Town Square was the place to be, last Friday night, May 26, for the City of Fairfax's first Rock the Block of the season.

The perfect spring night, food and beverage vendors, plus live rock music by the

Darby Brothers brought a couple thousand people to downtown Fairfax to make the event a huge success. Weather permitting, Rock the Block is held on the fourth Fridays of the month, 6:30-9:30 p.m., from May through October.



Join us for coffee & conversation.  
Fairfax Divorce Workshop.

### Support. Information. Hope.

**Date:** Saturday, June 10, 2017

**Time:** 9:00 a.m. – Registration  
9:30-1:00 p.m. – Workshop

**Place:** Duff Kronfeld & Marquardt P.C.  
Fair Oaks Commerce Center  
11320 Random Hills Road/Suite 630  
Fairfax, VA 22030

**Fee:** No Fee

Please join us for our Second Saturday Divorce Workshop and get the information, support and guidance from professionals: a family law attorney, a financial advisor, a family therapist and a representative from the Fairfax County Women's Shelter.

Registration at the door; however, pre-registration is recommended as space is limited.

Online Registration: [www.secondsaturdaynova.com](http://www.secondsaturdaynova.com)  
Email: [nancy@secondsaturdaynova.com](mailto:nancy@secondsaturdaynova.com)  
Phone: (703) 591-7475

You've come to the right place!



## Join The Kensington Falls Church at a Job Fair

Friday, June 9, 2017 ♦ 10am-1pm  
700 West Broad St, Falls Church, VA

Have you been searching for an organization with heart? Where you can make a difference in many lives? Where you can grow professionally and personally? Kensington Senior Living has been built upon two key values: a Love for Seniors and a Spirit to Serve. We are looking for individuals who share these values and would like to join our team in Falls Church, where we will love and care for our residents as we do our own families.

**Now hiring qualified full-time (starting at 30 hours/week) and part-time team members**  
(Health insurance, life insurance, other benefits and generous paid time off for full-time positions)

Care Managers (CNAs)	Cooks
Care Supervisors (CNAs)	Prep Cooks
Licensed Professional Nurses (LPNs)	Servers
Wellness Nurses (LPNs and RNs)	Maintenance Assistant
Activities Coordinators	Housekeepers
Concierges	Porters
Dining Coordinators	Drivers
Utility Staff	Laundry Attendants



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700 West Broad Street, Falls Church, VA 22046



For immediate consideration or more details,  
email [FallsChurchCareers@KensingtonSL.com](mailto:FallsChurchCareers@KensingtonSL.com)  
or call 703-992-9868.

# Remembering on Memorial Day 2017

On Memorial Day, we remember all of those who have died in military service, more than 400,000 in World War II, more than 30,000 in Korea, more than 50,000 in Vietnam.

As many as 620,000 soldiers died in the Civil War, stunningly about 2 percent of the population at that time. To compare, while more than 2.5 million soldiers have served in Iraq and Afghanistan, that number is still less than one percent of the U.S. population.

Since Sept. 11, 2001, more than 6,880 U.S. military service men and women have died in support of the wars in Iraq and Afghanistan.

On Memorial Day, there are many ways to remember the fallen, including a visit to Arlington National Cemetery, or many other local commemorations. But at a minimum, wherever you are, you can observe a moment of silence at 12:01 p.m. along with Iraq and Afghanistan Veterans of America (IAVA), or you can set your own moment at some point during the day.

More than 52,000 U.S. military service members have been wounded in action, although that number is likely to be revised upward. In 2013, the military confirmed traumatic brain injury in more than 220,000 of the more than 2.5 million troops who have served in Iraq and Afghanistan. The long-term consequences of many of these injuries, including mental health consequences, are unknown, but they will require a national commitment to excellence in health care and services for both active duty military personnel and veterans. Virginia's U.S. Senators Mark Warner and Tim Kaine continue to advocate for better service from the Veterans Administration.

Cuts proposed to health care, food assistance and other aspects of the social safety net in the proposed budget would disproportionately harm veterans.

**EVERY YEAR** around Memorial Day, this newspaper names the local men and women who have died in military service since Sept. 11, 2001.

Marcus D. Prince, 22, of Norfolk, Virginia died April 26, 2016 in Juffir, Bahrain. Prince was a U.S. Navy civilian who was supporting Operation Inherent Resolve.

Blane D. Bussell, 60, of Virginia, died Jan. 26, 2016 in Manama, Bahrain; Bussell was a U.S. Navy civilian who was supporting Operation Inherent Resolve.

Sgt. Charles C. Strong, 28, of Suffolk, died Sept. 15, 2014 in Herat Province, Afghanistan while conducting combat operations. Sgt. David H. Stewart, 34, of Stafford, was one of three Marines who died June 20, 2014 while conducting combat operations in Helmand province, Afghanistan.

Seaman Philip Frazier Manes, 21, of Fairfax, died Sept. 27, in Manama, Bahrain. He was supporting Operation Inherent Resolve.

Army Sgt. Lyle D. Turnbull, 31, of Norfolk, died Oct. 18, 2013 in Kuwait, from a medical emergency. Capt. Brandon L. Cyr, 28, of Woodbridge, was one of four airmen who died April 27, 2013, near Kandahar Airfield, Afghanistan, in the crash of an MC-12 aircraft.

1st Lt. Robert J. Hess, 26, of the Kings Park West neighborhood of Fairfax, was killed by enemy fire on April 23, 2013, Afghanistan. Hess was known as "RJ" and graduated from Robinson Secondary School in 2005, where he played football, lacrosse and was the captain of the swim team. He was a U.S. Army Blackhawk helicopter pilot who deployed to Afghani-

stan on April 11, 2013. His family remembers his sense of humor and his natural leadership ability.

Master Sgt. George A. Banner Jr., 37, of Orange, died Aug. 20, 2013, of injuries sustained when enemy forces attacked his unit with small arms fire in Wardak Province, Afghanistan.

Spc. Caryn E. Nouv, 29, of Newport News, was one of two soldiers who died July 27, 2013 in Ghazni Province, Afghanistan, of wounds suffered when enemy forces attacked their vehicle with an improvised explosive device and small arms fire.

Lance Cpl. Niall W. Coti-Sears, 23, of Arlington, died June 23, 2012, while conducting combat operations in Helmand province, Afghanistan. Coti-Sears loved music, played the guitar, composed songs and entertained family and friends at holiday gatherings. Niall was very close to his grandfather, William Coti, who was a Marine. "He was always my protege," William Coti told the Arlington Connection. "He always wanted to be a Marine and he followed my example. It weighs heavily on me that this had to happen."

Chief Warrant Officer Five John C. Pratt, 51, of Springfield, died May 28, 2012 in Kabul, Afghanistan, when his helicopter crashed.

Staff Sgt. Jessica M. Wing, 42, of Alexandria, died Aug. 27, 2012 in Kuwait City, Kuwait.

In February 2012, Brig. Gen. Terence J. Hildner, 49, of Fairfax, was the highest ranking military officer to die in the war. Hildner died Feb. 3, 2012 in Kabul province, Afghanistan.

Sgt. Aaron X. Wittman, 28, of Chester, Virginia, died Jan. 10, 2013 from small arms fire. Sgt. David J. Chambers, 25, of Hampton, Virginia, died Jan. 16, 2013 from a roadside bomb. Sgt. Robert J. Billings, 30, of Clarksville, Virginia, died Oct. 13, 2012 when enemy forces attacked with an improvised explosive device. Staff Sgt. Jonathan P. Schmidt, 28, of Petersburg, Va., died Sept. 1, 2012 from enemy small arms fire. 1st Lt. Stephen C. Prasnicky, 24, of Lexington, Virginia, died June 27, 2012, from a roadside bomb.

Aaron Carson Vaughn, 30, was one of 30 American service members and 22 Navy SEALs killed Aug. 6, 2011 when their Chinook helicopter was shot down in Afghanistan. Vaughn's family has ties to McLean and Burke. He was survived by his wife, Kimberly, and their two children.

Spc. Douglas Jay Green, 23 of Sterling, died Aug. 28, 2011. when insurgents attacked his unit using a roadside bomb in Afghanistan. Green enlisted in 2007, after attending Potomac Falls High School.

Pfc. Benjamin J. Park, 25, of Fairfax Station, died June 18, 2010 at Zhari district, Kandahar, Afghanistan, of injuries sustained when insurgents attacked his unit with an improvised explosive device.

May 12, 2010, Donald J. Lamar II, 23 of Fredericksburg, was killed in Afghanistan. Christopher D. Worrell, 35 of Virginia Beach, was killed in Iraq on April 22, 2010. Steven J. Bishop, 29 of Christianburg, was killed March 13, 2010 in Iraq. Kielin T. Dunn, 19 of Chesapeake, was killed Feb. 18, 2010 in Afghanistan. Brandon T. Islip, 23 of Richmond, was killed Nov. 29, 2009, in Afghanistan. Stephan L. Mace, 21 of Lovettsville, died Oct. 3, 2009 in Afghanistan.

Bill Cahir, 40 of Alexandria, died Aug. 13, 2009 of a gunshot wound while conducting combat operations in the Helmand Province of Afghanistan. After Sept. 11, 2001, Cahir decided to leave his career as a journalist and join the Marine Corps. His application to become a Marine was denied because of his age, but he successfully lobbied members of Congress to get a special exemption.

Lance Cpl. Daniel Ryan Bennett, 23 of Clifton died Jan. 11, 2009, in Helmand Province, Afghanistan. 2nd Lt. Sean P. O'Connor of Burke died Oct. 19, 2008 while stationed at Hunter Army Air Field, Savannah, Georgia. O'Connor was an athlete in soccer, baseball and football who attended Fairfax County Public Schools and was a 1999 graduate of Bishop Denis J. O'Connell High School in Arlington.

Pfc. David Sharrett II, 27 of Oakton, died Jan. 16, 2008 in Iraq. On Oct. 24, 2008, his father, David H. Sharrett, was on hand as the Oakton Post Office on White Granite Drive was renamed to honor his son. But the senior Sharrett has battled to learn the truth about his son's death, that he was killed by his lieutenant in a "friendly fire" incident. In April, 2012, Sharrett Sr. obtained documents confirming some of the details of his son's death and a subsequent cover-up.

Army 1st Lt. Thomas J. Brown, 26, a George Mason University graduate and Burke resident, died on Sept.

23, 2008, while serving in Iraq, from small arms fire.

Sgt. Scott Kirkpatrick, 26, died on Aug. 11, 2007, in Arab Jabour, Iraq. Kirkpatrick, who graduated from Park View High School in Sterling, and also considered Herndon and Reston as his hometowns, was a champion slam poet.

Ami Neiberger-Miller lost her brother, U.S. Army Spc. Christopher Neiberger, in August 2007 when he was killed by a roadside bomb in Iraq. He was 22.

Staff Sgt. Jesse G. Clowers Jr., 27, of Herndon, died when an improvised bomb exploded near his vehicle in Afghanistan on Aug. 12, 2007. Jonathan D. Winterbottom, 21, of Falls Church, died in Iraq on May 23, 2007, when an IED exploded near his vehicle.

Nicholas Rapavi, 22, of Springfield, died Nov. 24, 2006, during combat in Anbar province in Iraq. Army Cpl. Andy D. Anderson, 24, was killed by enemy fire in Ar Ramadi, Iraq on Tuesday, June 6, 2006.

Spc. Robert Drawl Jr., 21, a 2003 graduate of T.C. Williams High School, was killed by a bomb in Kunar, Afghanistan, on Aug. 19, 2006.

U.S. Army Specialist Felipe J. Garcia Villareal, 26 of Burke, was injured in Iraq and flown to Washington Hospital Center, where he died Feb. 12, 2006. He was a graduate of Herndon High School.

Capt. Shane R. M. Mahaffee, 36, a 1987 graduate of Mount Vernon High School, died May 15, 2006. He was a lawyer, married, with two children.

U.S. Marine Lance Cpl. Nicholas Kirven, 21, was killed in Afghanistan in 2005 during a firefight in a cave with insurgents. He enlisted while still in high school after Sept. 11, 2001.

Fairfax Station resident Pfc. Dillon Jutras, 20, was killed in combat operations in Al Anbar Province of Iraq on Oct. 29, 2005.

Maj. William F. Hecker III, a 1987 graduate of McLean High School, was killed in action in Iraq, Jan. 5, 2005. Staff Sgt. Ayman Taha, 31, of Vienna, was killed Dec. 30, 2005, when an enemy munitions cache he was prepping for demolition exploded. Army Capt. Chris Petty of Vienna was killed Jan. 5, 2006.

Staff Sgt. George T. Alexander Jr., the 2,000th soldier to be killed in Iraq, was literally born into the Army here in Northern Virginia, at DeWitt Army Hospital at Fort Belvoir. Alexander died at Brooke Army Medical Center in San Antonio, Texas, Oct. 22, 2005, of injuries sustained in Iraq five days earlier.

Lt. Col. Thomas A. Wren, 44, of Lorton, died in Tallil, Iraq on Nov. 5, 2005. Marine Capt. Michael Martino, 32 of the City of Fairfax, died Nov. 2, 2005, when his helicopter was brought down in Iraq.

1st Lt. Laura M. Walker of Oakton was killed on Aug. 18, 2005, in Kandahar, Afghanistan. CW4 Matthew S. Lourey of Lorton died from injuries sustained on May 26, 2005 in Buhriz, Iraq. Operations Officer Helge Boes of Fairfax was killed on Feb. 5, 2003, while participating in counterterrorism efforts in eastern Afghanistan.

Among other local lives lost: Lance Cpl. Tavon Lee Hubbard, 24, of Reston; 1st Lt. Alexander Wetherbee, 27, of McLean; 1st Lt. Jeff Kaylor, 25, of Clifton; Coast Guard Petty Officer Nathan B. Bruckenthal, 24, of Herndon; Army Chief Warrant Officer Sharon T. Swartworth, 43, of Mount Vernon; Command Sgt. Maj. James D. Blankenbecler, 40, of Mount Vernon; Capt. James F. Adamowski, 29, of Springfield; Sgt. DeForest L. Talbert, 22, of Alexandria; Marine Cpl. Binh N. Le, 20, of Alexandria; Staff Sgt. Russell Verdugo, 34, of Alexandria; Army Capt. Mark N. Stubenhofer, 30, from Springfield; Marine Gunnery Sgt. Javier Obleas-Prado Pena, 36, from Falls Church; Marine Sgt. Krisna Nachampassak, 27, from Burke; Army Staff Sgt. Nathaniel J. Nyren, 31, from Reston; Marine Lance Cpl. Tenzin Dengkhim, 19, from Falls Church, Navy Chief Joel Egan Baldwin, 37, from Arlington; Maj. Joseph McCloud, of Alexandria, and Major Gloria D. Davis, 47 of Lorton.

Capt. Jesse A. Ozbab, 28 of Prince George, Virginia, died on May 20, 2012 in Afghanistan from a roadside bomb. Constructionman Trevor J. Stanley, 22, of Virginia Beach, died April 7, 2012 while deployed to Camp Lemonnier, Djibouti. Pfc. Michael W. Pyron, 30, of Hopewell, Va., died Jan. 10, 2012 in Afghanistan. Maj. Samuel M. Griffith, 36, of Virginia Beach, died Dec. 14, 2011 in Afghanistan. Staff Sgt. James Ronald Leep Jr., 44 of Richmond, died Oct. 17, 2011 at Forward Operating Base Kalsu in Iraq. Spc. Levi Efrain Nuncio, 24 of Harrisonburg, died June 22, 2011 in Afghanistan. Capt. Michael Wray Newton, 30 of Newport

SEE MEMORIAL DAY. PAGE 15



## COMMENTARY

# Join Us for 'Back to the Bay!'

BY DEL. DAVID L. BULOVA (D-37) &  
DEL. L. SCOTT LINGAMFELTER (R-31)

Most of us in this region have seen cars with a "Save the Bay" bumper sticker. But have you ever stopped to think about what you can do to turn that simple, yet powerful slogan into reality? The answer is that each of us can make a real difference. To find out how, we hope you will join us for the first annual "Back to the Bay" on June 10 from 10 a.m. to 3 p.m. at Mason Neck State Park.

As members of the Chesapeake Bay Commission, a tri-state legislative commission representing Maryland, Pennsylvania and Virginia, we work to advance policies to restore and protect the Chesapeake Bay. Last year the Chesapeake Bay Commission established the second week of June as Chesapeake Bay Awareness Week.

We did this to engage residents about what is being done to combat polluted runoff and what more needs to be done to restore this precious resource for the enjoyment of future generations. Fewer pollutants in local streams, rivers, and other tributaries means cleaner water, thriving underwater grasses, and rebounding fish, crabs, and oyster stocks in the Chesapeake Bay.

Everyone, seafood producers, the sporting community, and those who use the Bay for recreation will benefit.

The good news is that we have much to celebrate! Virginia has made measurable progress toward reducing nutrient and sediment pollution and we are on track to reach our 2017 milestones. Thanks to these efforts, underwater grasses are at highs not seen in decades. Summer dead zones, places where the water has no oxygen to support fish and shellfish, have been decreasing.

To be sure, the work of restoring the Chesapeake Bay is not complete. In fact, the last phase of effort toward our 2025 deadline will almost certainly be our toughest. And Virginia can't do it alone! With a drainage area of approximately 64,000 miles, restoring the Bay can only be accomplished through a collaborative approach. Virginia, along with our partner states, the District of Columbia, and local governments must continue to prioritize the programs and funding necessary to better manage runoff from farmlands and suburban and urban development.

Virginia has strong bipartisan support for the Chesapeake Bay. Our fellow legislators work "across the aisle" and with the Governor to implement pragmatic solutions. Local governments, private businesses, farm-

ers, and conservation organizations have all joined the effort.

The federal government must also continue to be a key partner. Funding at the federal level goes toward critical monitoring and modeling programs to ensure that our efforts are based on real science and not political science. Federal funding is also used to leverage state and local resources for on-the-ground best management practices that are necessary to meet our targets on time.

At "Back to the Bay" participants will literally be asked to turn their back to the Bay during the program. Why? It is a symbolic gesture to highlight how most of the work to restore the Bay is about what is upstream – that is, literally where we live and work. Ordinary people, by making small changes, can make big differences!

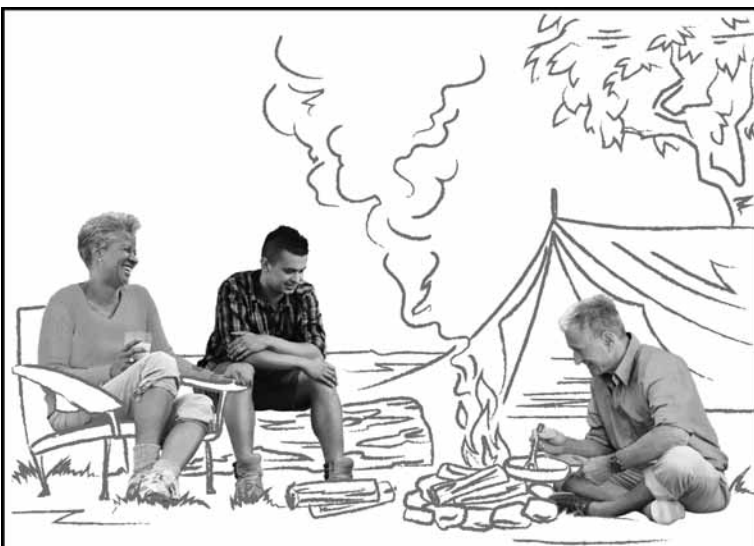
At Back to the Bay, you'll be able to explore history and better understand the living resources of the Bay and our local rivers. You'll see practical ways to reduce pollution going to the Bay, including how to join a stream clean-up project, purchase a Chesapeake Bay license plate (with proceeds dedicated to Bay education and restoration), build a rain garden or a rain barrel at your home, test your soil before fertilizing the lawn, along with many other ac-

## Back to the Bay

Del. L. Scott Lingamfelter, Republican State Delegate representing parts of Fauquier and Prince William counties and Del. David L. Bulova, Democratic State Delegate representing the City of Fairfax and part of Fairfax County are both members of the bi-partisan Chesapeake Bay Commission. They are encouraging Virginians to take part in the "Back to the Bay" event that will be held June 10 from 10 a.m. to 3 p.m. at Mason Neck State Park, 7301 High Point Road in Lorton. For more information about Chesapeake Bay Awareness Week and Back to the Bay, visit [www.vcnva.org/chesapeake-bay-awareness-week/](http://www.vcnva.org/chesapeake-bay-awareness-week/) and follow the event on Facebook at [www.facebook.com/events/249460912171565/](https://www.facebook.com/events/249460912171565/).

tions. Over 30 organizations will be there and are excited to share what they know while having lots of fun at the same time!

We hope you will join us and bring family and friends. Help us to ensure that our children will grow up with the joys of swimming and fishing in a clean Potomac River and Chesapeake Bay.



## Unleash Your Hidden Abilities

### BECOME A FOSTER PARENT

Kids and teens in our community need super parents like you to foster or foster-to-adopt. Consider the rewards for yourself and a child in need.

Find a free info session in your area at [www.umfs.org/foster](http://www.umfs.org/foster)



# NATIONAL LEARN TO ROW



# DAY JUNE 3



Join Fairfax Crew for an introduction to rowing!

**Who:** Fairfax HS Students  
Rising FHS 9-11 graders

**Where:**  
Sandy Run Regional Park  
10450 Van Thompson Road  
Fairfax Station, 22039

**When:** 10:00 am - Noon  
Saturday, June 3rd

**More info:** Coach Martin  
[djmartin@fcps.edu](mailto:djmartin@fcps.edu)



Another **THE CONNECTION** Community Partner  
NEWSPAPERS

## The Center for Ballet Arts, Inc.

Invites you to our Summer Intensive Session  
July 10th through August 12th



Ballet, Pointe,  
Modern, Jazz, Tap,  
Core Strengthening  
& Full-Day Children's  
Summer Dance camps

3955 Pender Drive, Suite 105, Fairfax, VA 22030 Call: 703-273-5344  
thecenterforballetarts.com



### Transform 66 Outside the Beltway Fairfax County and Prince William County Public Information Meetings

All meeting times are 6-8:30 p.m. A brief presentation at each meeting will begin at 7 p.m.

**Monday, June 12, 2017**

Oakton High School Cafeteria  
2900 Sutton Road, Vienna, VA 22181

**Wednesday, June 14, 2017**

Stone Middle School Cafeteria  
5500 Sully Park Drive, Centreville, VA 20120

**Thursday, June 15, 2017**

Piney Branch Elementary School Cafeteria/Gym  
8301 Linton Hall Road, Bristow, VA 20136

**Find out** about plans to transform 22.5 miles of I-66 from I-495/ Capital Beltway to University Boulevard in Gainesville to provide congestion relief and enhanced safety, as well as new travel choices and reliability.

**Stop by** between 6 p.m. and 8:30 p.m. to view the preliminary concept plans submitted by I-66 Express Mobility Partners, VDOT's selected partner for the project, and learn more about the proposed improvements. Attend the formal presentation at 7 p.m. VDOT and I-66 Express Mobility Partners staff will be available to answer your questions.

**Review** project information at [www.Transform66.org](http://www.Transform66.org), at the meetings, or at VDOT's Northern Virginia District Office at 4975 Alliance Drive, Fairfax, VA 22030. Please call 800-FOR-ROAD (800-367-7623) or TTY/TDD 711 to ensure the availability of appropriate personnel to answer your questions. Preliminary concept plans and project schedule will be available at the meetings for review and public comment. Staff will also be available to answer questions regarding environmental, right of way and civil rights information.

**Give your oral or written comments** at the meetings. You may also email comments to [Transform66@VDOT.Virginia.gov](mailto:Transform66@VDOT.Virginia.gov). or mail them to Susan Shaw, P.E., Megaprojects Director, at the VDOT Northern Virginia District Office address above. Please reference "Transform 66 Outside the Beltway" in the subject line. A summary of comments submitted by **June 30, 2017** will be posted on the project website.

VDOT ensures nondiscrimination and equal employment in all programs and activities in accordance with Title VI and Title VII of the Civil Rights Act of 1964. If you need more information or special assistance for persons with disabilities or limited English proficiency, contact VDOT's Civil Rights at 703-259-1775 or TTY/TDD 711.

State Project: 0066-96A-497 UPC: 110741

## PEOPLE



PHOTOS COURTESY OF GABBI NIEVES

Gabbi Nieves in front of the banner her college teammates made for her in April.

## From Paul VI High to Surrey, England

Gabbi Nieves  
named to U.S.  
2017 World Cup  
lacrosse team.

BY BONNIE HOBBS  
THE CONNECTION

All-American lacrosse player Gabbi Nieves is a local girl making her mark in the world of sports. As a youth, she played lacrosse for SYA in Centreville and then for the Nova West and Capital Lacrosse teams.

A midfielder, she continued her lacrosse pursuits at Paul VI High School, playing all four years there and graduating in 2013. Now 22, she attended Salisbury University in Maryland and has been invited to play this July in the 2017 World Cup Lacrosse Festival in Surrey, England.

"I started playing lacrosse in seventh grade; I've

always loved the sport," said Nieves. "And I think it's incredible to be asked to play in the World Cup."

She hopes to attend; but with her sister's upcoming wedding, plus unplanned family medical expenses, money is tight. And players must raise their

SEE NIEVES, PAGE 9



Mo and Troy Nieves with daughter Gabbi (center) at her 2016 season banquet.

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## PEOPLE



PHOTO COURTESY OF GABBI NIEVES

Action shot of Gabbi Nieves (on left) during last season's Salisbury-F&M game.

## Nieves

FROM PAGE 8

own funds to support the trip for the entire team and coaching staff. So she's started a Go Fund Me page and hopes the community will help provide the \$5,300 she needs to make this dream come true for her. Go to [www.gofundme.com/gabbis-European-Lacrosse-World-Cup](http://www.gofundme.com/gabbis-European-Lacrosse-World-Cup).

**AS A CHILD**, Nieves played soccer and basketball, but focused on basketball and lacrosse in high school. "I was better at lacrosse than the other sports, and it combines all the sports I'd played," she said. "It has the speed of soccer and the offensive and defensive sets of basketball – meaning you can play either a zone or a man defense."

Nieves also played Lacrosse all four years in college, including her freshman year, when Salisbury won the national championship. But she especially shined as a junior, when she was named a first team All-American in May 2016 by the Intercollegiate Women's Lacrosse Coaches Association (IWLCA). Her college team plays Division 3 NCAA lacrosse in the Capital Athletic Conference (CAC), but didn't make it to the final four this year. However, the IWLCA remembered her stellar performance last season when she was named to the first team All-CAC, IWLCA first team All-Region and the CAC All-Academic Team. She was even honored as CAC Offensive Player of the Week.

The season runs January through May; and last season, Salisbury finished with an 18-3 record. And during the NCAA playoffs, it lost to its rival, F&M (Franklin & Marshall), by just one

point. This year was rockier; but last October, Nieves and her team's goalie, Gianna Falcone, were both invited to play in the World Cup Lacrosse Festival, July 15-23, in England.

"We were two of just 30 players chosen out of 7,600 candidates," said Nieves. "It's a huge honor. I think I was chosen because of the accolades I received last season. I'm aggressive and I play on both ends of the field. I'm also a leader, determined and motivated, and am a captain this year."

The U.S. has both a North and a South team, and she's on the latter. "I'm very excited," she said. "I've never been to England or Europe before, and I'm looking forward to playing other countries. And I'm really glad that Gianna is invited, too, so I'll have a friend there who I already know. Only having two days to practice with girls we've never played with before will be challenging. But other than that, it'll be a fun experience."

**AT SALISBURY**, Nieves majored in journalism and public relations, with a minor in marketing. She just graduated May 25 and was excited to see her family again. "I'm a homebody and I haven't been able to go home during lacrosse season, except for Easter," she explained. "I just love being home with them."

She's not yet sure what career path she'll take, but she does have some advice for other young, aspiring athletes. "Just do your best every day and have fun with your sport," said Nieves. "When you're relaxed, you do your best; and even if you lose, it's not the end of the world. You have to think of the bigger picture: It's a sport – it's meant to be fun."

## JUNE 10<sup>TH</sup>

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# ENTERTAINMENT

Send entertainment notes to the Connection at [connectionnewspapers.com/Calendar/](http://connectionnewspapers.com/Calendar/) or call 703-778-9416. The deadline is the Friday prior to the next paper's publication at noon. Dated announcements should be submitted at least two weeks prior to the event.

## ONGOING

**Senior Line Dancing** 1-2 p.m. Little River Glen Senior Center 4001 Barker Court, Fairfax. Line Dancing is a gentle, social form of aerobic activity. Studies have shown it aids in warding off Alzheimer's disease. No previous experience needed. Cost: \$5 per 8 week session. [barbriba@hotmail.com](mailto:barbriba@hotmail.com) 703-524-3739

**Carolina Shag.** Wednesdays. 6:30-10 p.m. Arlington/Fairfax Elks Lodge, 8421 Arlington Blvd., Fairfax. Free lessons at 7:30 p.m. No partners needed. Dinner menu. \$8. Under 21 free. [nvshag.org](http://nvshag.org).

**FUN-Exercise** Thursdays, noon-12:50 p.m. Grace Presbyterian Church Family Room, 7434 Bath St., Springfield. Inova certified exercise instructor leads a moderate level exercise class with music and current events conversation. Muscle, Balance, Strength Training using stretch bands and weights both standing and seated exercises. Instructor donation is \$5. [moorefitt@yahoo.com](mailto:moorefitt@yahoo.com) or 703-499-6133.

**Exercise Program** Mondays and Fridays at 9:30 a.m. year-round at Lord of Life Lutheran Church, 5114 Twinbrook Road, Fairfax. The exercises are for strength, balance and maintaining limberness. Contact SCFB office at 703-426-2824 for more information.

**Cafe Ivrit (Hebrew Cafe).** Wednesdays. 8:15-9:15 a.m. Jewish Community Center of Northern Virginia, 8900 Little River Turnpike, Fairfax. Shalom (hello) Did you always want to converse in Hebrew? Join Na'ama each week for conversational Hebrew. You will learn and practice Hebrew in a fun and interactive way while learning more about Israel. Free, however we ask that you try to attend regularly. RSVP [Naama.Gold@jccnv.org](mailto:Naama.Gold@jccnv.org).

**English Conversation Groups** weekly at George Mason, Burke Centre, and Lorton

Libraries Practice and improve your English. Day and start times vary. Visit: [va.evanced.info/fairfaxcounty/lib/eventcalendar.asp](http://va.evanced.info/fairfaxcounty/lib/eventcalendar.asp)

**Kingstowne Farmers Market opens.** 4-7 p.m. every Friday through Oct. 27, at Kingstowne Giant Parking Lot, 5870 Kingstowne Center, Alexandria. Freshly picked, producer-only vegetables and fruit, from-scratch bread (including gluten free), baked goods, kettle corn, salsa, hummus, cake pops, fruit popsicles, and ice cream. Email [Chelsea.roseberry@fairfaxcounty.gov](mailto:Chelsea.roseberry@fairfaxcounty.gov) or call 703-642-0128.

## CAMPS & CLASSES

**Art Camp.** Various times July 3-7, July 24-28, and July 31-Aug. 4 at the Woods Community Center, 10100 Wards Grove Circle, Burke or the second location is Burke Presbyterian Church, 5690 Oak Leather Drive, Burke. Lessons by Carol Zeitlin. Call 703-250-6930 or visit [www.czartlessons.com](http://www.czartlessons.com) for more.

## THURSDAY/JUNE 1

**Hometown Thursday's Kickoff.** 6:30-8:30 p.m. at Old Town Square, 3999 University Drive, Fairfax. The Back Pages Band is the first of a series of local bands that play on Thursday nights. Free. Visit [www.fairfaxva.gov](http://www.fairfaxva.gov) for more.

## FRIDAY/JUNE 2

**Bingo.** 7 p.m. at 4081 University Drive, Fairfax. The Fairfax Volunteer Fire Department hosts smoke-free Bingo every Friday night. All proceeds go to purchasing fire and rescue equipment. Visit [www.fairfaxvfd.com](http://www.fairfaxvfd.com) or call 703-273-3638 for more.

## FRIDAY-SATURDAY/JUNE 2-3

**"The Mad Adventures of Mr. Toad."** Friday, at 7 p.m., and Saturday, at 1 p.m. and 7 p.m. at Thomas A. Edison High School, 5801 Franconia Road, Alexandria. Performance by Rose Hill Elementary School's Rose Hill Players. Visit [edisonhs.fcps.edu/](http://edisonhs.fcps.edu/) for more.



## Rose Show

**The 61st annual Rose Show is this weekend at Merrifield Garden Center - Fair Oaks, at 12101 Lee Highway. Hours are Saturday, June 3, 1-6 p.m. and Sunday, June 4, 11-4 p.m. Elements of the show include a photography, design and horticulture competition, hosted by Arlington Rose Foundation at Merrifield Garden Center- Fair Oaks. Rosarians will be on duty to answer any questions at this free event. Call 703-371-9351 or email [arfiinformation@aol.com](mailto:arfiinformation@aol.com) for more.**

## FRIDAY/JUNE 2

**Music on the Plaza.** 7 p.m. at the Old Town Plaza, 3955 Chain Bridge Road, Fairfax. Music and dance performances. Visit [www.fairfaxva.gov](http://www.fairfaxva.gov) for more.

## SATURDAY/JUNE 3

**Fit Foodie Festival and 5K.** 8-11 a.m. at the Old Town Square, 3999 University Drive, Fairfax. Benefit run for No Kid Hungry. Visit [www.fairfaxva.gov](http://www.fairfaxva.gov) for more.

**Walking Tour of Old Town Fairfax.** 10-11:30 a.m. at Historic Fairfax Courthouse, 4000 Chain Bridge Road. Tours lasting approximately 90 minutes will begin in front of the Historic Fairfax County Courthouse, corner of Chain Bridge Road and Main Street, and include a short tour of the Ratcliffe-Allison House, \$10/adults; \$5/youth, ages 6-12, children 6 and under are free. All proceeds benefit the preservation of the City of Fairfax's public historic properties. Call 703-385-8414 for more.

**Scent Workshop.** 10:30-11:30 am at Fair Oaks Mall, 11750 Fair Oaks Mall, Fairfax. Family Workshop opens with Lawrence F. Lowery's illustrated book, "Fragrant as a Flower," and includes hands-on sensory experiences that help children and their grown-ups learn about our sense of smell. \$25. Children in grades pre-K to 1. Visit [www.shopfairoaksmall.com](http://www.shopfairoaksmall.com) for more.

**Kidz Korner Summer on the Square.** 10:30-11:30 a.m. at Old Town Square, 3999 University Drive. A variety of children's activities and entertainment in Old Town Square. Free show. Visit [www.fairfaxva.gov/](http://www.fairfaxva.gov/) for more.

**Fido Fest.** 11 a.m.-2 p.m. at Sherwood Community Center, 3740 Old Lee Highway. Visit [www.fairfaxva.gov/](http://www.fairfaxva.gov/) for more.

**Climate Change Documentary.** 1 p.m. at Kingstowne Library, 6500 Landsdowne Center, Alexandria. The Kingstowne Cares Conservation Club hosting a post-screening discussion with special guests State Sen. Scott Surovell (D-36) and Seth Heald, Chair, Virginia Chapter of the Sierra Club. Free. Space is limited, RSVP to [jessicabowser@gmail.com](mailto:jessicabowser@gmail.com).

**Sounds of Pohick.** 4 p.m. at Historic Pohick Church, 9301 Richmond Highway, Lorton. St. Francis Choir and St. Cecelia/St. Alban Choir, both for children; the Pohick Pickers, the Pohick Bell Choir, the Pohick Early Church Music Ensemble, Choir of Pohick will perform. Call 703-339-6572 or visit [www.pohick.org](http://www.pohick.org) for more.

## SATURDAY-SUNDAY/JUNE 3-4

**Civil War Living History Weekend.** Various times at the Fairfax Station Railroad Museum, 11200 Fairfax Station Road. Demonstrations of camp life, musket firings, candle making, Civil War re-enactors from the Victorian Dance

Ensemble of the Civil War Dance Foundation in formal ball dress of the time dancing and teaching authentic dance steps of that period. Admission: museum members and ages 4 and under, free; ages 5-15, \$2; 16 and older, \$5. Visit [www.fairfax-station.org](http://www.fairfax-station.org), or call 703-425-9225 for more.

**Springfield Days.** Various times, in Springfield Plaza, 7206 Old Keene Mill Road. Events begin with a fun run and conclude with a cardboard boat regatta. Visit [www.springfielddays.com](http://www.springfielddays.com) for more.

**"Mulan" Performance.** 12:30, 4:30, and 7:30 p.m. both days at the GMU Center for the Arts, Harris Theatre, 4400 University Drive. Acting for Young People acting school is doing a stage adaptation of Disney's animated film. Visit [www.afyp.org/](http://www.afyp.org/) for more.

## SUNDAY/JUNE 4

**Yoga on the Square.** 10 a.m. at the Old Town Square, 3999 University Drive. Bring a yoga mat and a water bottle. Call 703-385-7858 for more.

**Historic Sydenstricker Celebration.** noon at the Historic Sydenstricker Schoolhouse, 8511 Hooes Road, Springfield. Fairfax County Historic Marker dedication and celebration at the Historic Sydenstricker Schoolhouse. Free. Call 703-455-2935 or email [info@sydenstrickerschoolhouse.org](mailto:info@sydenstrickerschoolhouse.org).

**Wine, Whiskers and Wags.** 1-5 p.m. at Paradise Springs Winery, 13219 Yates Ford Road, Clifton. Benefit hosted by Friends of the Fairfax County Animal Shelter. Wine tasting, food, a Silent Auction, raffle and much more. Well-behaved children and dogs welcome. Admission is \$40/person in advance and \$45 at the door. Visit [ffcas.org](http://ffcas.org) for more.

## WEDNESDAY/JUNE 7

**West Springfield High School Wind Symphony.** 7-9 p.m. in the West Springfield High School Auditorium, 6100 Rolling Road. Concert commemorating the 50th Anniversary of the high school. Free. Visit [wshsspartanband.org](http://wshsspartanband.org).

## FRIDAY/JUNE 9

**Meet the Author.** 11:30 a.m.-1:30 p.m. at Springfield Golf & Country Club, 8301 Old Keene Mill Road, Springfield. Great Harvest Bread Company Jeff Connelly, will share how they may be a national company, but they have the spirit and heart of a locally owned small business. Also Keith Clemons, will be speaking about the book he authored. Call 703-922 6438/703-913-9844 or visit [SpringWmConn@yahoo.com](mailto:SpringWmConn@yahoo.com).

**Music on the Plaza.** 7 p.m. at the Old Town Plaza, 3955 Chain Bridge Road, Fairfax. Music and dance performances. Visit [www.fairfaxva.gov](http://www.fairfaxva.gov) for more.

## JUNE 9-11

**Celebrate Fairfax.** Various times at the Fairfax County Government Center, 12000 Government Center Pkwy., Fairfax. Community-wide celebration with art, musical performances, and rides. Everclear is on the main stage on Saturday night. Visit [celebratefairfax.com/](http://celebratefairfax.com/) for more.

## SATURDAY/JUNE 10

**FootGolf National Qualifier.** 1:30-9 p.m. at Pinecrest Golf Course, 6600 Little River Turnpike. Pinecrest Golf Course will host the U.S. National Qualifier for the American FootGolf League. Visit [www.fairfaxcounty.gov/parks/golf/pinecrestgc/](http://www.fairfaxcounty.gov/parks/golf/pinecrestgc/) or call 703-324-8782.

## SUNDAY/JUNE 11

**Tiny Dancers Ballet Recital.** 10:15 a.m. (Fairfax studio); 1:15 p.m and 3:45 p.m. (Mosaic studio) at W.T. Woodson High School, 9525 Main St., Fairfax. Call 703-785-5580 or visit [www.tinydancers.com](http://www.tinydancers.com) for more.

## TUESDAY/JUNE 13

**Women Only Golf Tournament.** 9 a.m. at Greendale Golf Course, 6700 Telegraph Road, Alexandria. It's Captain's Choice on the front 9 and better ball on the back 9 for two-person teams. \$45. Call 703- 971-6170 for more.

**BHS Research Seminar.** 7-9 p.m. at Burke Centre Library, 5935 Freds Oak Road. "Using the Washington Library at Mount Vernon" is the topic. Visit [www.burkehistoricalsociety.org](http://www.burkehistoricalsociety.org).

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## FAITH

Send notes to the Connection at [south@connectionnewspapers.com](mailto:south@connectionnewspapers.com) or call 703-778-9416. Deadline is Friday. Dated announcements should be submitted at least two weeks prior to the event.

**St. Matthew's United Methodist Church**, 8617 Little River Turnpike, Annandale, offers a traditional service on Sundays at 8:15 and 11:15 a.m. and a contemporary service on Sundays at 9:45 a.m. [www.stmatthewsumc.org](http://www.stmatthewsumc.org) or 703-978-3500.

**The Immanuel Bible Church MOPS group** meets on Mondays at 7 p.m. at Immanuel Bible Church, 6911 Braddock Road, Springfield. MOPS is for pregnant or parenting mothers of children from infancy to kindergarten. 703-922-4295 or [www.MOPS.org](http://www.MOPS.org).

**First Baptist Church of Springfield**, 7300 Gary St., Springfield, has traditional and contemporary Sunday services at 10:30 a.m., Sunday school at 9:15 a.m. Special worldwide services offered at special times throughout the year in English, Spanish and Ethiopian. The pastors are Jim Weaver and Jason Mitchell. 703-451-1500 or [www.fbcspRINGfield.org](http://www.fbcspRINGfield.org).

The following is a list of events at **Mount Calvary Baptist Church**, 4325 Chain Bridge Road, Fairfax:

- ♦Adult Bible Study every Wednesday starting at 7 p.m., Youth Bible Study at 7:15 p.m.
- ♦Full Praise and Baptism Service at 7 p.m., the last Wednesday of every month
- ♦Sunday School at 9 a.m.
- ♦Sunday morning service at 10 a.m., the 4<sup>th</sup> Sunday of every month
- ♦Men's Ministry Bible Class, the Saturday before the 4<sup>th</sup> Sunday of every month
- ♦Commonwealth Care Center ministry every first and third Thursday night. 703-273-1455.

**Beth El Hebrew Congregation**, 3830 Seminary Road, Alexandria, has services on Fridays, 7:30 p.m. with a pre-service wine and cheese social at 6:30 p.m., and Saturdays, 10:30 a.m. with a pre-service Torah study at 9 a.m. Religious school is on Wednesday evenings and Sunday mornings. Adult learning opportunities take place throughout the year. Tot Shabbat is on the first and third Saturdays at 11 a.m. Kolot Shabbat, a musical service, is the first Friday of the month at 7:30 p.m. 703-370-9400 or [www.bethelhebrew.org](http://www.bethelhebrew.org).

**The Cranford United Methodist Church**, located at 9912 Old Colchester Road, Lorton, hosts prayer and healing services on the first Thursday of each month at 6:30 p.m. Worship service is at 11 a.m., and fellowship is at 12:30 p.m.

**Fairfax Baptist Temple**, at the corner of Fairfax County Parkway and Burke Lake Roads, holds a bible study fellowship at 9 a.m. Sundays followed by a 10 a.m. worship service. Nursery care and children's church also provided. 6401 Missionary Lane, Fairfax Station, 703-323-8100 or [www.fbtministries.org](http://www.fbtministries.org).

**Lord of Life Lutheran** offers services at two locations, 5114 Twinbrook Road in Fairfax, and 13421 Twin Lakes Drive in Clifton.

Services in Fairfax are held on Saturdays at 5:30 p.m. and Sundays at 8:30 and 10 a.m.

Services in Clifton are held on Sundays at 8:50 and 10:50 a.m. 703-323-9500 or [www.Lordoflifeva.org](http://www.Lordoflifeva.org).



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**SATURDAY 3RD OF JUNE**

## FREE SEMINAR

**THE SECRETS TO REMODELING YOUR KITCHEN OR BATH**

Come visit the NVS Kitchen and Bath showroom for a free seminar. The Secrets to Remodeling Your Kitchen or Bath. During the seminar, you will discover the latest in design and product trends, the three levels of kitchen and bath remodeling, and the answers to any questions you may have. Lunch will be served, and you are welcome to explore our showroom after the seminar. To reserve your seats, please call Meghan at 703-378-2600.

**NVS Kitchen and Bath Showroom**  
8982 Hornbaker Road, Manassas, VA 20109  
Saturday, June 3rd  
10:30am - 12pm

# ENTERTAINMENT

## ‘Emotional Journey and Exciting New Show’

Encore presents  
“That’s Life”  
at NOVA.

BY BONNIE HOBBS  
THE CONNECTION

**T**ake creative choreography, talented dancers, upbeat music and mix well. The result is Encore’s upcoming show, “That’s Life.” It takes the stage Saturday, June 10, at 8 p.m., and Sunday, June 11, at 3:30 p.m.

Performances are in NOVA’s Richard Ernst Theater, 8333 Little River Turnpike, Annandale. Tickets are \$19-26 at the door or via [www.Encore-tap.org](http://www.Encore-tap.org). For more information, call 703-222-5511.

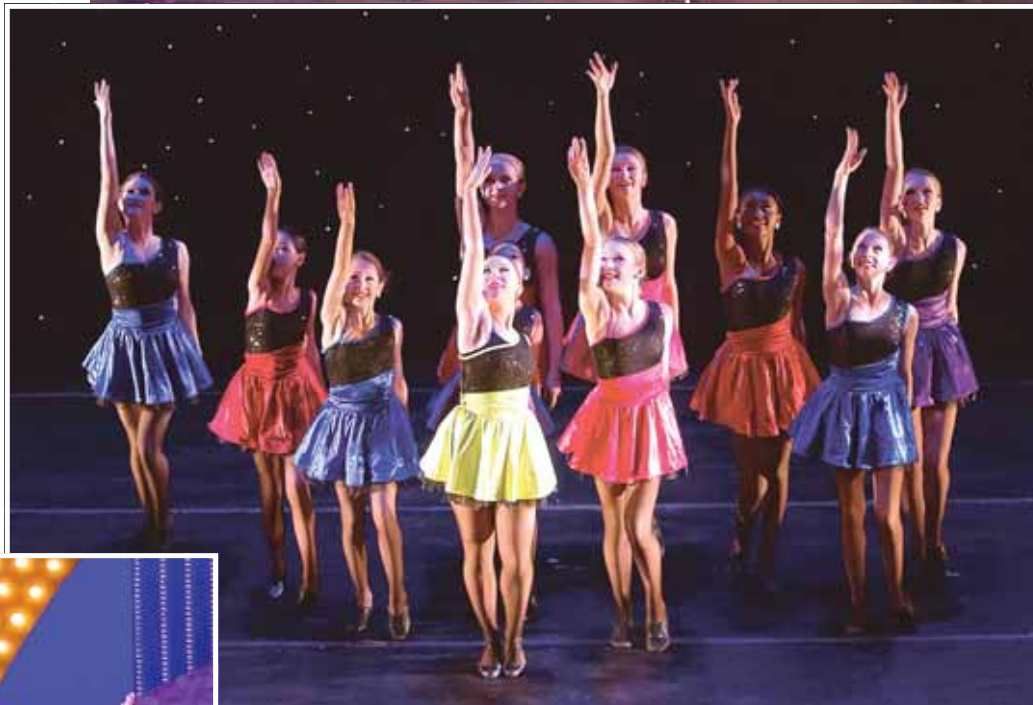
“We have an exciting show filled with wonderful, new dance numbers,” said Director/Choreographer Raynor van der Merwe. “It’s a dance review, and I chose music that talks about love, life and relationships and the journeys we take.”

There are 25 dancers – two dozen girls and one boy – and, said van der Merwe, “They’ve been a total inspiration to me, this year. They’ve embraced everything that was thrown at them. They’ve worked so hard and came with such open minds and open hearts that they’ve really grown.”

**THE SHOW** begins with the iconic song, “That’s Life,” and ends with the appropriately titled, “Big Finish.” And in between, said van der



PHOTOS COURTESY OF RAYNOR VAN DER MERWE



Performing are (front row, from left) Maya Tischler, Moni Artieda, Becca Perron, Isabel Morrison, Olivia Terry and Julia Tubridy; and (back row, from left) Bea Tremblay, Veronica Litschgi, Tiffany Jones and Kendra Walsh.



(From left) Jenna Frisby and Claire Griesse get into the swing of things.

Merwe, “The music takes you through an emotional journey. The audience will really enjoy the diversity of rhythm and music. The finale features the dance company’s two, graduating seniors, Jenna Frisby and Claire Griesse. I’m super proud of them, and they have beautiful singing voices.”

Frisby, 18, has been dancing since age 3. “I love performing – just getting onstage and sharing my hard work,” she said. “I’m in my 10<sup>th</sup> season with Encore, and it’s taught me dedication because I’ve had to give up a

lot to manage my schedule. I dance about 25 hours a week, so it’s hard to balance that with schoolwork.”

But she has no regrets because of her love of dance. In this show, she said, each number flows into the next. Her favorite is “You Can’t Stop the Beat” from the musical, “Hairspray,” because “It’s a really high-energy, jazz number with the full company. And each [ability] level of dancer wears a different color dress – either bright orange, pink or green.”

Frisby said the audience will love the show’s variety of dance styles, plus both the fast and slow songs. In the fall, she’ll attend Baylor University to major in communications and journalism. “I’ve been with Encore for so long, it’s really hard to leave,” she said. “But I’m excited to see what the

**Encore’s new show, “That’s Life,” takes the stage June 10-11 at NOVA.**

next chapter of my life will be.”

Griesse is headed to Oklahoma City University to eventually major in dance. She’s been an Encore member for seven years. “It’s taught me a lot about responsibility and following through with my commitments in life,” she said. “I also have better time-management skills because of this, so it’s about more than just dancing. At this age, kids don’t always understand the importance of putting a lot of hard work into what you want to do.”

Her favorite number in this show is “Cry Me a River” by Michael Bublé. “It’s the best to dance to and I love this music,” said Griesse. “I’ve always bugged Raynor about putting in this song; and, this year, I told her, ‘It’s time.’ So one day, she started choreographing it in class and we all loved it.”

It’s a contemporary number with a jazz feel, but more intense, said Griesse. “I like changing it up and doing something like that,” she said. “We wear two-piece, turquoise dresses with beading, and some girls will dance with silky, blue fabric. It’s really cool, and we’re excited to see how the lighting looks with it onstage.”

Overall, she said, “We have a lot of new dances and choreography this year, so people familiar with our shows will see something different. And in the finale, Jenna and I will sing on top of big platforms while other girls are spinning us around.”

**ALSO IN THE SHOW** is Rithika Ashok, who’s also danced since age 3 and has been with Encore since she was 8. “My mom is a dance teacher so, from a young age, it was instilled in me,” she explained. “But I enjoy dancing; after being at school, with all the

SEE ENCORE, PAGE 13

## News

# Encore Presents 'That's Life'

FROM PAGE 12

stress, I can lose myself in dance.”

In the upcoming show, Ashok especially likes the song, “Too Darn Hot,” a fast-paced, stylistic number with a jazz dance. “We wear black-and-red velvet dresses for it,” she said. “I really like fast songs, and this is an upbeat one that gets the audience going.”

“Cut, Print” is another of her favorites. “It’s a lyrical jazz dance, and we wear flowy white dresses and dance with pink fabric as we’re entering the stage,” said Ashok.

She, too, said this new production should be a hit with the audience.

“It’s a really good representation of Broadway-style numbers and is the closest you can get to Broadway here,” she said.

“The whole show is upbeat and good for all ages, and everyone will enjoy it.”



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Fairfax resident **Camille Gullotta**, was named to the spring 2017 dean's list at Bob Jones University (Greenville, S.C.).

**Kamryn Leoncavallo**, of Fairfax, was named to the dean's list for the spring 2017 semester at Emerson College (Boston, Mass.). Leoncavallo is a writing, lit and publishing major.

**Joshua Clark**, of Fairfax, was named to the dean's list for the spring 2017 semester at Emerson College (Boston, Mass.). Clark is a media arts production major.

**Leonard Kosta Jr.**, of Fairfax, was recently initiated into The Honor Society of Phi Kappa Phi, the nation's oldest and most selective all-discipline collegiate honor society. Kosta was initiated at United States Military Academy.

**Susan Brancato**, of Fairfax, graduated from Champlain College (Burlington, Vt.) with a B.S. in integrated studies.

**Michael Walker**, of Fairfax, has been named to the Champlain College (Burlington, Vt.) dean's list for the spring 2017 semester.

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**THE CONNECTION**  
NEWSPAPERS

## News

**Simone Dinnerstein (center in white) in Cuba with the Havana Lyceum Orchestra during their recording of "Mozart in Havana."**



PHOTO BY ARIANNA DOMINGUEZ/  
COURTESY OF FAIRFAX SYMPHONY ORCHESTRA

## Fairfax Symphony Launches New Series

**"FSO Presents" features guest artists and ensembles in venues throughout Fairfax County.**

BY DAVID SIEGEL  
THE CONNECTION

### Where & When

**I**n honor of the Fairfax Symphony Orchestra's (FSO) upcoming 60th Anniversary and the 275th Anniversary of Fairfax County, we are proud to expand our commitment to the community with the creation of a new series, FSO: Presents," said Jonathan Kerr, Executive Director of the Fairfax Symphony Orchestra. "The new series feature guest artists and ensembles in an intimate concert setting in venues throughout Fairfax County."

"The series will bring unique performing arts experiences to Fairfax, further strengthening the FSO's contribution to the cultural, educational, and economic vitality of the community," added Kerr. "We at the FSO want to engage our audiences with world-class music and innovative arts education programs."

"FSO: Presents" will launch with the return of the acclaimed New York-based and Northern Virginia audience favorite pianist Simone Dinnerstein. Dinnerstein will perform with the Havana Lyceum Orchestra in their American debut and the first stop on a national tour. The tour will be the first time a Cuban orchestra of this size has traveled to the U.S. in more than 50 years. Dinnerstein and the Havana Lyceum Orchestra will perform works from her new album, "Mozart in Havana." The album was recorded in Havana last June.

Dinnerstein and the Havana Lyceum Orchestra will begin their Fairfax residency on Thursday, June 15 with a chamber music performance by the Havana Lyceum Orchestra Woodwind Quintet with Simone Dinnerstein at the piano. The performance will be at the Jewish Community Center of

Fairfax Symphony and the JCCNV present Simone Dinnerstein with the Havana Lyceum Woodwind Quintet in concert at the Jewish Community Center of Northern Virginia, 8900 Little River Turnpike, Fairfax. Performance Thursday, June 15 at 7 p.m. Tickets: \$35 (Reserved seating), \$25 (General Admission). Purchase tickets on-line visit [www.fairfaxsymphony.org](http://www.fairfaxsymphony.org)

Fairfax Symphony presents pianist Simone Dinnerstein with the Havana Lyceum Orchestra in concert featuring works from Dinnerstein's album, "Mozart in Havana" at George Mason University's Harris Theatre, 4440 University Drive, Fairfax. Performance: Sunday, June 18 at 5 p.m. at George Mason University's Harris Theatre, 4440 University Drive, Fairfax. Tickets: \$45, \$38, \$30. To purchase tickets on-line visit [www.fairfaxsymphony.org](http://www.fairfaxsymphony.org) or by phone at: 888-945-2468. Note: Following the concert, Classical WETA's David Ginder will host a discussion with the artists on stage.

Northern Virginia. Dinnerstein and the full Havana Lyceum Orchestra will next perform at George Mason University's Harris Theatre on Sunday, June 18. Beyond the two performances, there are education programs and Fairfax County school visits planned.

José Antonio Méndez Padrón is the founding music director of the Havana Lyceum Orchestra. The Orchestra was founded in 2008.

Dinnerstein spoke of the Havana Lyceum Orchestra as youthful musicians with a "desire to explore music which can too often be worn away by familiarity, as well as by their beautiful sound — a sound they made despite the fact that even the simplest supplies, like strings and reeds, have been hard to come by in Cuba."

"FSO: Presents" patrons will experience not only the debut of the new series, but a unique collaboration and historic event. "It will be a testament to music's ability to cross cultural and language barriers," said Dinnerstein.

# OPINION

## Memorial Day 2017

FROM PAGE 6

News, died June 11, 2011 in Afghanistan. Capt. Charles A. Ransom, 31, of Midlothian was one of eight airmen who died April 27, 2011, at the Kabul International Airport, Afghanistan, from gunfire. Sgt. Sean T. Callahan, 23, of Warrenton died April 23, 2011 in combat in Afghanistan. Sgt. 1st Class Anthony Venetz Jr., 30, of Prince William died Jan. 28, 2011 in Afghanistan, after being seriously wounded months before. Spc. Sean R. Cutsforth, 22, of Radford, died Dec. 15, 2010 in Afghanistan. Spc. William K. Middleton, 26, of Norfolk died Nov. 22, 2010 in Afghanistan. Staff Sgt. Christopher F. Cabacoy, 30, of Virginia Beach died July 5, 2010, in Afghanistan.

If you know of someone who should be included in this list, or if you would like to share how you are honoring the memory of a family member or friend lost, or about the progress of someone injured, please let us know.

— MARY KIMM

MKIMM@CONNECTIONNEWSPAPERS.COM

## BULLETIN BOARD

Send community/civic notes to the Connection at [connectionnewspapers.com/Calendar/](http://connectionnewspapers.com/Calendar/) or call 703-778-9416. The deadline for submissions is the Friday prior to publication. Dated announcements should be submitted at least two weeks prior to the event.

### VOLUNTEERS NEEDED

**Shepherd's Center of Fairfax-Burke** serves those 50 and older who no longer drive. **Volunteer drivers** are needed for trips (Monday-Friday) to medical appointments and companion shopping within the Fairfax/Burke area. **Office workers** are needed to answer phones in the SCFB office (Monday-Friday) to match drivers and those who need rides. Call 703-323-4788.

### THURSDAY/JUNE 1

**Burke Road Realignment Meeting.** 7 p.m. at the West Springfield Governmental Center, 6140 Rolling Road. The meeting will begin with time to review the project plan and display boards and a formal presentation at 7:15 p.m. FCDOT staff will then host a question and answer period with attendees. Visit [fairfaxcounty.gov/fcdot](http://fairfaxcounty.gov/fcdot).

### SATURDAY/JUNE 3

**Sexual Trafficking Walk.** 8 a.m. at the Fairfax County Government Center, 12000 Government Center Parkway, Fairfax. Help raise awareness and prevent teen sex trafficking by participating in the Just Ask Walk/Run for Freedom. Sponsored by Just Ask Trafficking Prevention. Visit [justaskprevention.com](http://justaskprevention.com) for more.

### SATURDAY, JUNE 10

**Hypothermia Skills.** 11 a.m.-noon at Burke Lake Park, 7315 Ox Road, Fairfax Station. Mark Chapin, the founder of the Mountaineer Wilderness outdoor program in Virginia and West Virginia, an Air Force veteran and graduate of the Wilderness Survival School and Sea Survival School will be sharing his knowledge with teens and adults. \$10. Call 703-323-6600 or visit [www.fairfaxcounty.gov/parks/burkelakepark/](http://www.fairfaxcounty.gov/parks/burkelakepark/) for more.

**Autism Speaks.** noon-3 p.m. at the Fairfax County Criminal Justice Academy Range, 3721 Stonecroft Blvd., Autism Safety Fair in Fairfax county, in collaboration with the Fraternal Order of Police, the Autism Society of Northern Virginia, and Parents of Autistic Children Northern Virginia. Visit [act.autismspeaks.org/fairfaxsafetyfair](http://act.autismspeaks.org/fairfaxsafetyfair).

### JUNE 9-11

**White Elephant Sale.** Various times at St. Mary's Church, 5200 Sideburn Road, Fairfax. Jewelry, antiques, furniture, sports, housewares, electronics, games and toys. \$5 admission Friday; free both Saturday and Sunday. Call 703-978-4141 for more.

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<p>An expert is someone who knows some of the worst mistakes that can be made in his subject and how to avoid them.</p> <p><b>-Werner Heisenberg</b></p>			

## Price Points — In the Wrong Direction



By KENNETH B. LOURIE

Not that I need a pound bag of M&Ms to weigh 16 actual ounces (it's now down to 10.70 oz.) or a half gallon of ice cream to weigh 64 ounces (rather than the 48 oz. it currently is) or the "family" size bag of Utz potato chips to measure more than its current/meager/non-typical-family size of 9.5 ounces (down from 14 ounces that I remember), nevertheless; I do need to feel the love, and right now I don't. I sort of understand price points and the business models ingrained to retain customer loyalty (price matters more than size, generally), but I am hard-pressed to ignore the fact that even though I'm spending the same amount of money as I always have, I'm not getting anywhere near the same amount of product as I always have.

Not that the few items I've listed here are staples (well, maybe not to you they aren't), or the necessary building blocks of a healthy diet, they are pieces to a puzzle which characterizes some of my eating habits — and probably some of yours, too. After all, we are all victims of advertising messages which bombard us 24-7, on television, on radio, in print and on devices. In a way, we're all sitting ducks targeted to quack accordingly because some entity/marketing strategist knows who we are, what we're doing and when we're doing it. It's not exactly "Big Brother," but it's a bit more than "Little Sister."

My brother, Richard and I grew up in the 50s. We ate cookies, candy and snack cakes until the cows came home, and we didn't even live on a farm. Quite the opposite, we lived in suburbia, seven miles from Boston, according to the sign on Rte. 9. We ate dessert after breakfast, lunch and dinner and a few times in between: after school and before bedtime. Why? Because my mother had been non-stop advertised-to about the importance of calcium and the best way for children to get calcium was to drink eight glasses of milk per day to "build strong bones and healthy bodies." And the only way to get us boys to drink that much milk was to feed us something for which milk was a kind of elixir: cookies, cakes, snack cakes, etc. So we ate and drink to our hearts content, but more importantly, we ate and drank to the development of our bones and bodies. And so it continues to this day, sort of, mostly. As my sister-in-law, Vanessa says and then laughs after listening to Richard and I talk about our dessert issues: "Boy, your mother did some job on you two."

I'm exaggerating, a bit, with respect to our current daily consumption. I mean, who could keep up that pace? Moreover, given certain age/weight/cancer realities (particularly concerning yours truly), it would be totally, extraordinarily irresponsible to continue to snack-cake and cookie our way through the day. Still, the urge to splurge seems hard-wired into our brains and when the moment is right, it might not be Cialis that we always think of. (Do you remember the Seinfeld episode when George was determined to combine sex and eating and brought a sandwich to bed? For the record, the thought has never crossed my mind.)

I imagine as you've read this column you've developed a sense that given the Lourie's long-standing — and sitting commitment to such hedonistic pursuits, pennies, nickels, dimes or quarters on the dollar are unlikely to dissuade either one of us from our Santa-like appointed rounds.

Still, we're not idiots. We're aware of the effects on our bodies if we devolve into the snack cake eating machines of our youth/adolescence. We're not getting any younger nor are we likely getting any thinner or healthier. I'd like to think we've gotten smarter and more respectful of what foods go in and by association what money goes out.

But as difficult as it is to turn an ocean liner around after it's headed out to sea, so too is it difficult for yours truly to care less about what I've spent my entire life caring more about: desert/sweets. However, I do anticipate a reaction to this most recent size reduction. As my mother, Celia, used to say: "It's enough already."

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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