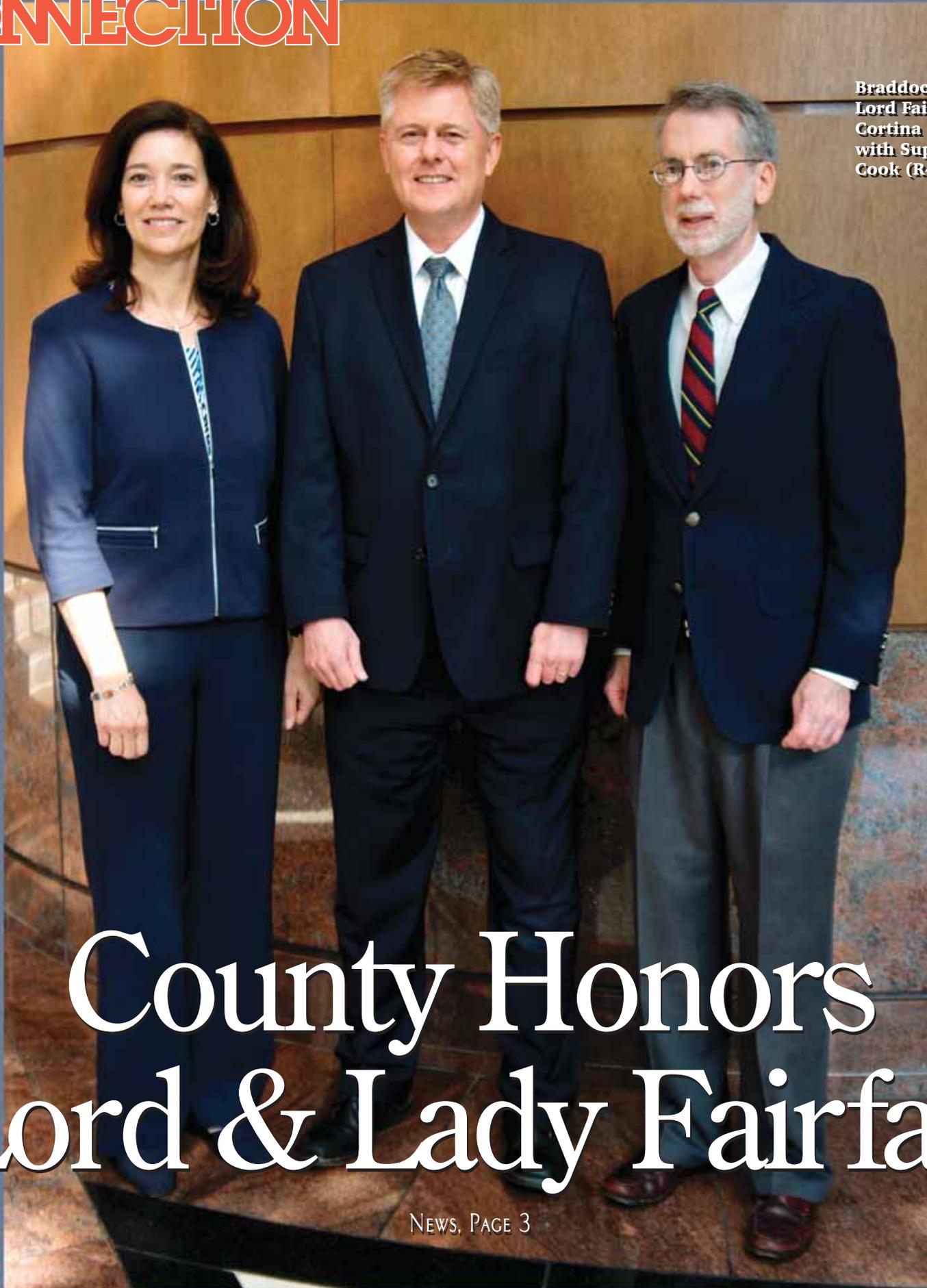




FOLLOW ON TWITTER: @BURKECONNECTION

OPINION, PAGE 6 ♦ ENTERTAINMENT, PAGE 12 ♦ CLASSIFIED, PAGE 14

PHOTO BY ANDREA WORKER/THE CONNECTION



Braddock District Lady & Lord Fairfax, Mary Cortina and Kevin Morse, with Supervisor John Cook (R-Braddock).

# County Honors Lord & Lady Fairfax

NEWS, PAGE 3

### Burke Road Project Raises Speeding Concerns

NEWS, PAGE 13

### Governor Candidates Race for Nomination

NEWS, PAGE 4-5

5

# VIRGINIA

2017

# Special VIP Offer for your Toyota



ServiceCenters  
Keep Your Toyota a Toyota

3750 Jefferson Davis Hwy • Alexandria, VA 22305  
703-684-0710 • www.alexandriatoyota.com

Jack Taylor's  
**ALEXANDRIA TOYOTA**



Want to earn **FREE SERVICES** and access your service coupons on your phone? Download our **FREE Mobile APP** today!

Access your vehicle's service records, receive our current service coupons, receive instant service reminders, schedule service instantly, store reward points & earn free service, & view our current sales inventory.

SCAN HERE TO DOWNLOAD OUR APP FOR IOS OR ANDROID!



TOYOTA  
Let's Go Places

Jack Taylor's  
**ALEXANDRIA TOYOTA**



30 YEARS OF RECEIVING THIS HONOR.  
1 OF 4 DEALERSHIPS IN THE NATION TO RECEIVE THIS HONOR.

**Service & Parts Dept. Hours:**  
Monday - Friday, 7:00am to 9:00pm  
Saturday, 8:00am to 5:00pm

**YOU HAVE SATURDAY OFF. THAT'S EXACTLY WHY WE DON'T!**



**ToyotaCare Customers**

Don't Forget Your **FREE** Service.  
5,000 • 10,000 • 15,000 • 20,000 • 25,000  
Mile Services

Call your ASM for details

**ToyotaCare Plus \$329<sup>00</sup>**  
Covers up to 4 years/45,000 miles



3750 Jefferson Davis Hwy • Alexandria, VA 22305

## BASIC LUBE, OIL & FILTER CHANGE SERVICE

**\$29<sup>95</sup>**

NON-SYNTHETIC

**\$44<sup>95</sup>**

SYNTHETIC

Includes: Genuine Toyota oil filter, up to 5 qts of conventional oil\*, inspect windshield wipers, check tire condition, check battery (with print-out), inspect and adjust all fluid levels, inspect air & cabin air filters.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA TAX AND SHOP SUPPLIES. ADDITIONAL OFFER EXPIRES 6/30/17.

## SPRING DRIVING SPECIAL

**\$29<sup>95</sup>**

Rotate & Balance 4 Wheels

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA TAX AND SHOP SUPPLIES. ADDITIONAL OFFER EXPIRES 6/30/17.

## BRAKE SPECIAL

**\$79<sup>95</sup>**

INCLUDES: Install Genuine Toyota front brake pads, inspect front & rear rotors & drums, check tire condition and inspect all hardware. Pads only. Machine rotors an additional \$199.95.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA TAX AND SHOP SUPPLIES. ADDITIONAL OFFER EXPIRES 6/30/17.

## CHECK ENGINE LIGHT DIAGNOSIS



**NO CHARGE**  
INITIAL DIAGNOSIS

WE WILL RETRIEVE VEHICLE CODES & GIVE YOU AN ESTIMATE OF REPAIR COSTS.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA TAX AND SHOP SUPPLIES. ADDITIONAL OFFER EXPIRES 6/30/17.

## 4 WHEEL ALIGNMENT

**\$64<sup>95</sup>**

Your car's alignment suffers, and can cause uneven tire wear and steering problems. INCLUDES: Inspect suspension, ball joints, struts & shocks, tire condition and set tire pressure.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA TAX AND SHOP SUPPLIES. ADDITIONAL OFFER EXPIRES 6/30/17.

GENUINE TOYOTA

## SIGHT LINE WIPER BLADES

**\$10 OFF**

Sight Line only.

NOT VALID WITH ANY OTHER OFFER. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF PURCHASE. VALID ONLY AT ALEXANDRIA TOYOTA SERVICE CENTER ONE GOOD THRU 6/30/17.

# 15% OFF

## ANY ONE REPAIR

Maximum Discount \$200

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA TAX AND SHOP SUPPLIES. ADDITIONAL OFFER EXPIRES 6/30/17.

Jack Taylor's

# ALEXANDRIA TOYOTA



BUY 3 TIRES AND GET ONE



# FREE

SEE SERVICE ADVISOR FOR DETAILS.  
**GOT TIRES?**

INCLUDES ROAD HAZARD PROTECTION, TIRE WARRANTY, AND FREE COURTESY INSPECTION.

**BONUS: ADD A 4 WHEEL ALIGNMENT FOR \$39.95**

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA TAX AND SHOP SUPPLIES. ADDITIONAL OFFER EXPIRES 6/30/17.

© SMS Productions, Inc. 1-800-289-7871 #201703019

CALL FOR AN APPOINTMENT AT **703-684-0710** OR SCHEDULE ONLINE AT **ALEXANDRIATOYOTA.COM**

# County Honors Lord & Lady Fairfax

Every year since 1984, two individuals from each of the nine Fairfax County magisterial districts, as well as two from the at-large “domain” of Board of Supervisors Chairman Sharon Bulova are honored for their service to their communities or for particular acts of heroism. For their dedication, these community caretakers are named Lord and Lady Fairfax for the year.

The 2017 honorees were feted at a reception at the County Government Center on the morning of June 6. Following this gathering, the Lords and Ladies were escorted into the Board Auditorium where their accomplishments were publically acknowledged and each received a certificate declaring their status.

The Lords and Ladies will be making a few more appearances during their reigns, including at the signature celebration for Fairfax County’s 275<sup>th</sup> anniversary, which will take place in the area surrounding the Historic Fairfax Courthouse in central Fairfax, on June 17. Just to add another “jewel in the crown” of this event which promises fun and festivities for the whole family, the real Lord and Lady Fairfax will be joining celebration all the way from Great Britain.

Nicholas Fairfax, 14<sup>th</sup> Lord Fairfax of Cameron, and Lady Annabella will help celebrate the founding of our county from when the area was part of lands owned by his ancestor, the 6<sup>th</sup> Lord Fairfax of Cameron.

In announcing the visit by Lord and Lady Fairfax (the originals), Chairman Bulova laughed that the noble guests seemed a bit confused by the fact that there were more peers in Virginia whom they would be meeting. “Only here in Fairfax,” she told him. “We’re special.”

— ANDREA WORKER

## At-Large – Chairman Bulova

Lord Fairfax: John J. “Jeff” Lisanick is a former client at New Hope Housing’s



**At-large Lady & Lord Fairfax, Jane Miscavage and John J. “Jeff” Lisanick, with the Fairfax County Board of Supervisors Chairman Sharon Bulova.**



**Braddock District Lady & Lord Fairfax, Mary Cortina and Kevin Morse, with Supervisor John Cook (R-Braddock).**

Eleanor U. Kennedy Shelter. Desiring to give back to the homeless community, he joined the Consumer Advisory Council (CAC) as an original member in 2012. Since being elected Chair of the CAC in 2013, he has been a member of the Governing Board with a goal of preventing and ending homelessness. Jeff took his passion to end

homelessness to a new level in July 2015 when he was hired by New Hope Housing as the Residential Coordinator of the same shelter in which he was once a client. He now serves as the Coordinator of Residential Services, overseeing seven different sites.

Lady Fairfax: Jane Miscavage has been an

incredible asset to both Fairfax County Public Schools and our community at large.

In 2007, Jane began serving as a founder and manager of the Food Allergy Support Group of Northern Virginia, where she helped over 400 families access up-to-date allergy research and health care professionals. Her commitment to children and families continued through her service to #IamFCPS, a grassroots organization that advocated for a fully funded 2017 FCPS budget, and later, as the Vote Yes Meals Tax Campaign Manager. Currently, Jane Miscavage continues to serve our schools as Vice President of the Fairfax County Council of PTAs.

## Braddock District

Lord Fairfax: Kevin Morse, Fairfax County resident since 1982, has gifted much of his time to county efforts, including his work as President of Woodwalk Condominiums and the Braddock Representative on the Fairfax County Transportation Advisory Commission.

He is also the Chairman of the Braddock Road Task Force, a citizen task force formed in 2014 to review and recommend improvements to Braddock Road from Guinea Road to I-495. He also previously served as Treasurer of the Braddock District Council and as a member of the Burke Centre VRE Station Garage Committee, as well as several other committees in Burke Centre and the Braddock District.

Lady Fairfax: Mary Cortina is Vice Chair of the Fairfax County Park Authority Board. Cortina has a heart for the environment and protected the local bay through her eight-year period on the Chesapeake Bay Preservation Exception Review Committee. Previously, she chaired the Virginia Railway Express Garage Task Force for Burke Centre, working with the County on a community-based design and to add trails to the station.

She also seeks to better her local neighbourhood and has volunteered with the PTA and organized community events, like the annual children’s Halloween parade for many years.

## Cutting the Ribbon for Liberty Bell Trail

Fairfax County Park Authority officials cut the ribbon on Saturday, June 3, for the Liberty Bell Trail in Pohick Stream Valley Park in Burke, the newest segment of the Pohick Stream Valley Trail. The 10-foot-wide asphalt trail runs from the intersection of Burke Lake Road and Coffey Woods Road to the bend in Burke Road near Liberty Bell Court. The trail project also includes a steel frame bridge across Pohick Creek near Mill Cove Court. The park is located at 9239 Burke Road, Burke.



PHOTOS CONTRIBUTED

# Three Republicans Running for Governor Offer Dueling Tax Plans

## Cut taxes or raise taxes? GOP primary debate offers an unusual array of options.

BY MICHAEL LEE POPE  
THE CONNECTION

**Y**ou know that old saying that nothing is certain in life but death and taxes? Here in Virginia, there's another certainty: Every year is an election year.

This year features a primary fight between three Republicans running for governor, each with his own separate and distinct tax plan.

"Well this is really more of a conversation than Republicans usually have about taxes," said Stephen Farnsworth is a professor at the University of Mary Washington. "You have a candidate willing to increase taxes, a candidate willing to abolish the income tax and then, I guess, the Goldilocks plan, which is in the middle."

The Goldilocks in this campaign is former Republican National Committee Chairman Ed Gillespie. Back in March, he outlined a proposal that would lower the state income tax rate on people who make more than \$17,000 a year from 5.75 percent to 5.15 percent. For someone making more than \$60,000 a year, that would mean about \$400 less in taxes a year. Gillespie's proposal relies on revenue growth rather than spending cuts to pay for the tax cuts.

"Our rates were set in 1972," said Gillespie during the one and only debate of the primary season. "They have not come down in 45 years, and other states around us have been moving."

The idea is classically Republican: cut taxes and predict that will turbo charge the economy, creating jobs in the process. It's the kind of trickle-down economics that fueled the rise of President Ronald Reagan back in the 1980s. Gillespie is selling the tax cut plan as a clean break from the last four years of Democratic leadership in the Executive Mansion, a move to the center right for a state that's sharply divided.

"It would also result in hard-working Virginians who have had stagnant wages but rising costs over the past three, four, five years when our economy has been stagnant having nearly \$1,300 more in our pockets to spend as we see fit."

**ONE IDEA** that's not classically Republican is raising taxes. But that's what state Sen. Frank Wagner (R-7) wants to do with the gas tax. He's proposing a plan that would raise the gas tax in an effort to raise money for building roads while avoiding high-cost tolls that have become prevalent in Northern Virginia and Hampton Roads.

"I can't remember a Republican candidate for statewide office in Virginia running on a tax increase," said Quentin Kidd, a political science professor at Christopher Newport University. "And there probably aren't a dozen nationally in the last decade or two decades who have run on a tax increase like Frank Wagner is right now."

Meanwhile, Wagner is suspicious of Gillespie's tax proposal. Specifically he's critical of how it's been sold. For example,



**Ed Gillespie**

Age: 55  
Experience: Chairman of the Republican National Committee and counselor to the President in the George W. Bush administration  
Bachelor's Degree: The Catholic University of America  
Place of birth: Mount Holly Township, New Jersey  
Profession: lobbyist



**Corey Stewart**

Age: 48  
Currently: Chairman of the Board of Supervisors, Prince William County  
Bachelor's Degree: Georgetown University's School of Foreign Service  
Juris Doctorate: William Mitchell College of Law  
Profession: attorney



**Frank Wagner**

Age: 61  
Bachelor's Degree: U.S. Naval Academy  
Military service: nine years in U.S. Navy  
Place of birth: Ruislip, England  
Profession: businessman

"Let me tell you something," Wagner said during the debate. "It's easy to say that when you're sitting here and you've never been in state government."

To solve the problem, Wagner is proposing raising the gas tax to pay for buildings roads. The proposal echoes an earlier era in Virginia politics, when Gov. Harry Byrd suggested using the gas tax as a way to finance building roads while avoiding debt. In Wagner's plan, raising the gas tax would avoid higher tolls on roads in Northern Virginia and Hampton Roads. Plus the proposal is built on a sliding scale, which would mean the tax would actually decrease when gas prices rise.

"We have an \$18 billion deficit in the Virginia Retirement System. We have a Rainy Day Fund for a recession that should be at \$2.4 billion. It's down to less than \$300 million right now."

**REPUBLICANS USUALLY** run on cutting taxes. And although Gillespie has a moderate plan for cutting taxes, another candidate in the race has an extreme proposal, one that some Republicans are calling unworkable. Prince William County Board of Supervisors Chairman Corey Stewart wants to eliminate the income tax.

"Virginia hasn't had a significant surplus in revenues, unanticipated unaccounted for revenues, in 10 years," said Stewart during the televised debate. "Ed's plan is completely dependent on that. It hasn't happened. It's a charade."

Stewart's solution? Ask state departments to identify how they would slash their budgets 30 percent, and then use those cuts as a menu to reduce spending.

"My tax plan is dependent on a cut in spending," he said. "We are going to reduce the rate from 5.75 percent to 4.75 percent in a single year."

Within a decade, Stewart says, the income tax would be eliminated altogether.

"That's wishful thinking," said Republican strategist Dan Scandling. "That's not going to happen because what are you going to replace it with? Are you going to do something on property taxes and push it all onto the localities? I don't think that's going to go over very well."

### Top Gillespie Donors

- ◆ \$1.5 million from Let's Grow Virginia, a Henrico-based PAC, funded in part by Hilton Worldwide and Carly Fiorina's super PAC
- ◆ \$100,000 from Dwight Schar, a McLean-based homebuilder with NVR Homes
- ◆ \$50,000 from Florida-based private prison company GEO Group, which operates Lawrenceville Correctional Center, Virginia's only private prison
- ◆ \$50,000 from Edward St. John of the Maryland-based commercial real-estate agency St. John Properties Inc.
- ◆ \$40,000 from Richard DeVos of the Michigan-based investment management firm Windquest Group (husband of Education Secretary Betsy DeVos)

### Top Wagner Donors

- ◆ \$205,000 from Wagner's Senate campaign committee, funded in part by the Virginia Senate Republican Caucus and the Republican Party of Virginia
- ◆ \$23,000 from William Magann of the Portsmouth-based concrete contractor W.F. Magann Corp
- ◆ \$10,000 from Stephen Ballard of the Virginia Beach-based general contractor S.B. Ballard Inc
- ◆ \$10,000 from Kenneth Allen Hall of the Virginia Beach-based Hall Pontiac GMC
- ◆ \$10,000 from Virginia Beach-based commercial real estate firm Pembroke Enterprises

### Top Stewart Donors

- ◆ \$429,000 from Stewart's Prince William County committee, funded in part by the Republican Party of Virginia and the Republican Party of Prince William County
- ◆ \$35,000 from Christopher Ekstrom of the Texas-based private equity firm Ekstrom Properties LLC
- ◆ \$30,000 from Manassas-based information technology company Progeny Systems Corp
- ◆ \$20,500 from Charles Robbins of the Newington-based home health care company CR Associates
- ◆ \$10,000 from Ahmet Aksoylu, an Oakton-based Realtor with Aksoylu Properties

Gillespie's plan would save \$1,300 a year for families that make more than \$100,000 a year. But that's well under the median household income in Virginia, which is \$65,000. On the campaign trail, Wagner attacked Gillespie's plan as an irresponsible giveaway to the rich — one that isn't rooted in experience in government.

## Board Names Superintendent Finalist

**T**he Fairfax County School Board has selected Dr. Scott Brabrand as the finalist for the position of superintendent of Fairfax County Public Schools (FCPS), pending final Board approval at its meeting June 8. Brabrand currently serves as the superintendent of the Lynchburg City Schools in Lynchburg. Brabrand previously worked at FCPS in several roles including assistant superintendent, principal of Fairfax High School, assistant principal, associate principal, and teacher.

Brabrand was selected as finalist following a nationwide search led by the firm of Hazard, Young, Attea and Associates. The board received input from parents, employees, and the community before candidates were brought forward. The board initially interviewed candidates in early February before nar-

rowing the field for second interviews. A committee of 19 staff and community members interviewed semi-finalists and provided feedback to the board prior to the finalist selection.

Brabrand earned his bachelor of science in foreign service degree in international economics from Georgetown University in 1990, and his master's degree in education from The George Washington University. In 2003, he completed his doctoral work in educational leadership and policy from Virginia Tech. Prior to joining FCPS as an employee, he served as volunteer at FCPS while working as assistant manager for Bell Atlantic.

Following Board approval, it is anticipated Brabrand will begin a four-year term on July 10.

# Democratic Candidates for Governor Run to the Left

Two candidates try to ignore moderate records and repackage themselves as hardcore progressives.

BY MICHAEL LEE POPE  
THE CONNECTION

**R**egrets? Candidates for the Democratic nomination for governor have probably got a few. But Lt. Gov. Ralph Northam has too few to mention. During a debate on NBC4 late last month, Julie Carey asked the lieutenant governor what kind of mistakes he's made that he regrets during a recent televised debate, Northam did not talk about his two votes for George W. Bush in 2000 and 2004. And he didn't talk about taking money from Dominion, the utility that wants to build controversial pipelines through the state.

"Well I tell you I don't really have any regrets, Julie," said Northam. "But what I did learn was when I started in Richmond in 2008 as a senator ..."

And then Northam told a story about his efforts to get a smoking ban passed in Richmond after initial opposition from Republicans. One of the old verities of political life in Virginia is that if you're explaining, you're losing. And the lieutenant governor was not about to start explaining his support for Republicans. And he wasn't about to start explaining the \$40,000 he's accepted from Dominion and its executives during his run for governor. So he changed the subject.

"Not sure that qualified as a mistake," responded Carey. "But let's try you Mr. Perriello on that."

That's when former U.S. Rep. Tom Perriello (D-5) talked about an issue that his critics have been focused on since the day he announced his candidacy earlier this year: a vote he made during his time in Congress to deny federal funding for abortions in taxpayer-subsidized health insurance plans under the Affordable Care Act. Supporters of Northam have been using Perriello's vote in favor of the Stupak-Pitts Amendment as a way highlight Northam's long history supporting women's reproductive rights.

"That amendment and the eventual compromise was highly restrictive, said Perriello during the NBC4 debate. "And in working with reproductive justice advocates since then understanding just how much of a step backwards it was in that space."

**THAT EXCHANGE** reveals a curious phenomenon in the race for the Democratic nomination this year. Both candidates are trying to run to the left, abandoning their previously moderate or even center-right positions on a number of issues. So which



Lieutenant Governor Ralph Northam and former U.S. Rep. Tom Perriello (D-5) debate in Fairfax County.

## Ralph Northam

Age: 57  
Currently: Virginia's 40th Lieutenant Governor; previously served in the Virginia Senate  
Bachelor's Degree: Virginia Military Institute  
Medical Degree: Eastern Virginia Medical School  
Place of birth: Nassawadox, Va.  
Profession: pediatric neurologist

## Tom Perriello

Age: 42  
Served one term in U.S. Congress, Va. 5th district  
Bachelor's Degree: Yale University  
Juris Doctorate: Yale Law School  
Place of birth: Ivy, Va.  
Profession: attorney

## Top Northam Donors

- ❖ \$200,000 from venture capitalist Michael Bills of Bluestem Asset Management LLC
- ❖ \$110,000 from Henrico-based Common Good VA, a committee set up by Gov. Terry McAuliffe in March 2014 to raise political donations during his time as governor
- ❖ \$77,000 from Thomas DePasquale of the software company Outtask LLC
- ❖ \$52,500 from Conrad Hall, retired president and CEO of Norfolk-based Dominion Enterprises
- ❖ \$50,000 from Washington-based DGA Action, a super PAC funded by Democratic Governor's Association

## Top Perriello Donors

- ❖ \$500,000 from Sonjia Smith, Charlottesville philanthropist
- ❖ \$250,000 from George Soros of New York-based Soros Fund Management LLC
- ❖ \$230,000 from the New York-based activist network Avaaz Foundation
- ❖ \$125,000 from Alexander Soros, New York executive and philanthropist (son of George Soros)
- ❖ \$75,000 from Courtney Smith, financial advisor with New York-based East Rock Capital

candidate has a more difficult transformation? Opinions are divided. Virginia Tech political science professor Robert Denton says Perriello will have a more challenging time selling voters on his new progressive persona.

"He has to explain that at the time I wasn't countering my beliefs, attitudes or values related to abortion," said Denton. "But I was looking at my constituents in the Fifth Congressional District and therefore trying to represent them." Others aren't so sure. University of Mary Washington professor Stephen Farnsworth says Northam is in a more perilous position explaining his votes for Bush.

"The anger that you see among Democrats really I think is going to create a sense that the votes for Bush were more problem-

atic," said Farnsworth. "Perriello may be better able to explain away the very conservative nature of his old congressional district." Perhaps the more thorny issue for Northam is his position on the controversial pipelines Dominion wants to build in Virginia. Despite being asked multiple times on the campaign trail, the lieutenant governor has yet to take a stand one way or the other. Northam says the multibillion projects could create jobs and boost the economy. "Obviously we want the pipeline to be built with science and transparency," Northam said during the first debate in April. "We also need jobs in the commonwealth of Virginia."

Perriello has made his opposition to pipelines a centerpiece of his campaign, and he's pledged to reject campaign contributions from the utility. Perriello says all that money

Dominion plans to spend on the two pipelines in Virginia could be put to better use.

"I've opposed these two pipelines," he said during that first debate. "I believe for a fraction of that \$6.7 billion, we could put tens of thousands more people to work on clean energy, energy efficiency, localizing food production and other measures."

**THE DEBATE** over guns has also been a sticking point in the Democratic primary. On the campaign trail, Northam has criticized Perriello for changing his position on the National Rifle Association, a group that once endorsed his campaign for Congress. During one of the televised debates this year, Northam turned to Perriello and reminded voters that he has received support from the NRA during a time when concerns were mounting over gun control in America.

"That was since 2010,"

said Northam. "You served in Congress from 2008 to 2010. That was after the Virginia Tech tragedy. What has changed about the National Rifle Association between 2010 and 2017?"

Perriello responded that times have changed. "Well, you know, you and I have both have all done guns. You know that. You were a deciding vote after Virginia Tech on something that prevented Fairfax and other communities from being able to demand fingerprinting on concealed carry permits.

That was a deciding vote. There was never a moment where I was a deciding vote for the NRA." Both of the candidates support free community college for Virginia students, although they differ on how to finance it. Northam says no tax increase would be needed to finance his plan; students would engage in public service to pay for free community college in high-demand areas.

"If they become certified in one of these areas, then they will give one year back in public service at which time they will get paid," said Northam. "So it's not like they're out there working for free."

Perriello says a tax increase will be needed, especially for those making more than half a million dollars a year. He says that would allow people who attend free community college to have the dignity to come home at night and tuck their children into bed.

"We don't need people giving back in service," said Perriello. "We have a private sector with jobs ready to hire people if we help them just a little bit to get that certificate and have the dignity of the kind of job they can support a family with."

PHOTO BY MICHAEL LEE POPE/THE CONNECTION

## Vote On or Before June 13

### In-person absentee voting continues through June 10.

**O**n June 13, every Virginia voter has the opportunity to vote in the Primary Election to choose the candidates for their chosen party for governor and lieutenant governor.

Ralph Northam and Tom Perriello are vying to be the Democratic nominee for governor.

**EDITORIAL** Ed Gillespie, Cory Stewart and Frank Wagner are seeking the Republican nomination for governor.

For lieutenant governor, Justin Fairfax, Gene Rossi and Susan Platt are seeking the Democratic nomination.

Bryce Reeves, Glenn Davis Jr. and Jill Vogel compete for the Republican nomination for lieutenant governor.

In Fairfax County, there are primaries for

Democrats in two delegate seats as well, the 67th District and the 42nd.

In the 67th, three Democrats, John Carey, Karrie Delaney and Hannah Risheq face off for the right to run against incumbent Del. Jim LeMunyon (R).

In the 42nd, long-time Del. Dave Albo (R) is giving up his seat; two Democrats and three Republicans are seeking to be on the November ballot to replace him. The Democrats, Tilly Blanding and Kathy Tran, will appear on the primary ballot.

The Republican candidate for the 42nd District will be chosen by GOP party canvass on June 10 at South County Middle School, 10 a.m. to 3 p.m. Eligible voters of the 42nd district will choose between Steve Adragna, Michael Drobnis and Lolita Mancheno-Smoak.

The filing deadline for independent and non-primary party nominees is June 13 at 7 p.m. for the November general election.

For in person absentee voting, available through June 10, see [www.fairfaxcounty.gov/elections/absentee.htm](http://www.fairfaxcounty.gov/elections/absentee.htm). For more information on voting in Fairfax County including sample

ballots, see [www.fairfaxcounty.gov/elections/upcoming.htm](http://www.fairfaxcounty.gov/elections/upcoming.htm)

### Send Father's Day Photos

Father's Day is Sunday, June 18, and once again the Connection will publish a gallery of Father's Day photos. Every year at this time, the Connection puts out the call for photographs of fathers and their children, grandfathers and their children and grandchildren.

Send in photos with the following information: the town where you live, the names of everyone in the picture, the approximate date the picture was taken, the ages of the children and a sentence or two about what is happening and where the photograph was taken. Be sure to tell us your town name and neighborhood. Photos are due by June 12.

You can submit your photos online at [www.connectionnewspapers.com/fathersday](http://www.connectionnewspapers.com/fathersday). You can also email photos to [editors@connectionnewspapers.com](mailto:editors@connectionnewspapers.com).



Zeynep Cakmak, a student from Clifton, welcomed attendees and gave a brief explanation of Ramadan and the Iftar meal.



Chairman Sharon Bulova enjoys the offerings at the Ramadan dinner with (left) Mustafa Akpinar, CEO with the Rumi Forum for Interfaith Dialogue and Intercultural Understanding and (right) Emre Celik, president with Rumi, organizers of the event.

PHOTOS BY ANDREA WORKER/THE CONNECTION

## A Meal Among Neighbors

### American Turkish Friendship Association and County dine together for Ramadan.

BY ANDREA WORKER  
THE CONNECTION

**T**raditionally speaking, the reporter wanders the perimeters of an event, then dashes in to get the scoop with a key subject, a quote or two and maybe a photo. Then it's back to the sidelines to scout out the next newsworthy moment.

#### UP CLOSE

There were certainly a lot of traditions being observed at the Ramadan Iftar dinner at Fairfax

County Government Center on May 31, organized by the American Turkish Friendship Association (ATFA) and hosted by Board of Supervisors Chairman Sharon Bulova — but the reporter as pure observer was not one of them.

Instead, demonstrating the spirit of friendship that ATFA seeks to promote, this reporter was “adopted” for the event by the Kilic family of Vienna — father Erdal, mother Emine, daughter Yasemin, and son Cemal, who have been in the country since 2015. While the actual assignment was attended

to, with interviews, photographs and hasty scribbling of highlights from speeches, in between it all, however, Ermine kept urging “come, sit down with us, eat” as she pointed to the plate she had put together for the new “family member.”

**THE EVENING** marked the third time that Fairfax County officials have hosted the joint community outreach. The Iftar is the evening meal when Muslims end their daily fast at sundown during the holy month of Ramadan. After a brief introduction and some insight into the meaning of Ramadan by Zeynep Cakmak of Clifton, Bulova welcomed the hundred-or-so attendees, comprising all ages, ethnicities, and religious

beliefs.

Citing “our diversity as the greatest asset in Fairfax County and what truly makes us special,” Bulova said it was “appropriate” to host the dinner at the Government Center. “This is the gathering place for our community and we welcome all of our neighbors here.”

Iman Mehmet Ayaz of the Institute of Islamic-Turkish Studies in Fairfax, thanked Bulova and the county for “making us feel included. These days it is extra meaningful to be welcomed and made comfortable, here at the center of our government.” Ayaz added that having such a diverse group at the Iftar dinner reflected the “true spirit of Ramadan.”

SEE MEAL, PAGE 15



# FAITH

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. Deadline is Friday. Dated announcements should be submitted at least two weeks prior to the event.

**Fairfax Baptist Temple**, at the corner of Fairfax County Parkway and Burke Lake Roads, holds a bible study fellowship at 9 a.m. Sundays followed by a 10 a.m. worship service. Nursery care and children's church also provided. 6401 Missionary Lane, Fairfax Station, 703-323-8100 or www.fbtministries.org.

**Grace Presbyterian Church** offers Sunday school for all ages at 9:15, and a blended worship service 10:30 a.m. every Sunday morning. Coffee and fellowship follows worship. Nursery care is provided from 9-11:45 a.m. 7434 Bath Street, Springfield. 703-451-2900 or www.gracepresby.org.

**First Baptist Church of Springfield** offers free Sunday school at 9:15 a.m., followed by both traditional and contemporary worship services at 10:30 a.m. at 7300 Gary St., Springfield. 703-451-1500 or www.fbcspRINGfield.org.

**The Guhyasamaja Buddhist Center**, 10875 Main St., Fairfax City provides free classes to both newcomers and advanced practitioners of Tibetan Buddhism. The center emphasizes working with the mind and learning how to understand the workings of the mind, overcoming inner causes of suffering, while cultivating causes of happiness. Under the direction of Lama Zopa Rinpoche, the center is a place of study, contemplation and meditation. Visit www.guhyasamaja.org for more information.

**Lord of Life Lutheran** offers services at two locations, 5114 Twinbrook Road in Fairfax, and 13421 Twin Lakes Drive in Clifton. Services in Fairfax are held on Saturdays at 5:30 p.m. and Sundays at 8:30 and 10 a.m. Services in Clifton are held on Sundays at 8:50 and 10:50 a.m. 703-323-9500 or www.Lordoflifeva.org.

**Clifton Presbyterian Church**, 12748 Richards Lane, Clifton, offers Sunday worship services at 10 a.m. and Cup of Fellowship at 11 a.m. Nursery care is provided from 9:45-11:15 a.m. Christian education for all ages is at 9:45 a.m. 703-830-3175.

**St. Andrew the Apostle Catholic Church**, 6720 Union Mill Road, Clifton, conducts Sunday masses at 7:30 a.m., 8:45 a.m., Latin mass at 10:30 a.m. and 12:30 p.m. It also offers a Saturday vigil at 5:30 p.m. and a Thursday Latin mass at 7 p.m. Additional mass offered Monday-Friday at 6:30 a.m. (except on Federal holidays) and 8:45 a.m. 703-817-1770 or www.st-andrew.org.

**Clifton Baptist Church**, 7152 Main St. Clifton, is a small Bible-believing church offering worship service on Sunday at 11 a.m., with Bible Study on Wednesday at 12:30 p.m.

**Prince of Peace Lutheran Church**, 8304 Old Keene Mill Road, Springfield, offers casual worship services on Saturday evenings at 5:30 p.m. featuring contemporary music. More traditional services take place on Sunday mornings at 8:15 and 11 a.m. Sunday School is from 9:45-10:45 a.m. for children and adults. The church also offers discussion groups for adults. 703-451-5855 or www.poplc.org.

## JUNE 10<sup>TH</sup>

## HOME RENOVATION

Are You & Your Family Enjoying the Most From Your Home?

**We Hope You Will Join Us!**  
Saturday, June 10<sup>th</sup>, 2017- 10am-2pm

Where: Sun Design Corporate Office  
5795B Burke Centre Pkwy, Burke, VA 22015  
(located behind the Kohl's shopping center)

Seminars run from 10am-12pm. Lunch to follow.  
Please arrive at 9:45am for check-in.  
Seating is limited!

**RSVP: info@sundesigninc.com or call Erin at 703.425.5588**

Seminars:

Renovating for Lifestyle Changes: Planning Ahead



Kitchen + Bath Trends



10 Tips When Hiring a Design-Build Firm



**THIS EVENT FILLS UP FAST!**  
If you are unable to make this date, please give us a call to get on the schedule for the next event!

**SUN DESIGN**  
ARCHITECTURAL DESIGN-BUILD FIRM

Major Remodels • Additions • Kitchens & Baths • Basements • Outdoor Spaces  
703.425.5588 | SunDesignInc.com | info@sundesigninc.com

# HOPSFROG GRILLE

Great American Food



**Celebrating  
Life's Little Pleasures  
20 Years in Burke  
1996-2016**



**Best Natural Angus Burgers,  
Soups, Salads, Sandwiches,  
Pastas, Aged Steaks  
& Daily Specials**

**20% Discount**

Valid Mondays and  
Tuesdays Only

Offer expires 6/27/17.  
Not valid with any other offers.

**10% OFF  
Entire Check**

Offer expires 6/30/17.  
Not valid with any other offers.

**5765-C Burke Centre Pkwy ■ Burke ■ 703-239-9324**

# We're on a roll!



Resident since 2012

Active and engaged, forever curious and living life to the fullest. These are the remarkable people of Westminster at Lake Ridge. Here is a community dedicated to fostering a dynamic lifestyle where every day promises an opportunity to expand your interests or discover new talents—all with the security that comes with quality on-site health services.

Now accepting wait list deposits.  
Call 703-791-1100 or visit us today!

**WESTMINSTER**  
AT LAKE RIDGE  
ENGAGED LIVING  
An Inlakeside Community

Westminster at Lake Ridge is a CARF accredited, not-for-profit, continuing care retirement community.

703-791-1100 | www.wlrva.org  
12191 Clipper Drive | Lake Ridge, VA



**DON'T ACCUMULATE**

**DONATE!**

**WE'RE MAKING IT EASY FOR YOU!**

# DONATION DAY

**SATURDAY, JUNE 10 • 10AM-NOON**

Bring donations to your Burke Long & Foster Office where our friends at 123JUNK will have a team and truck on-site to load them up and take them away to be donated/disposed.

**FURNITURE • CLOTHING • TOYS**

**MISCELLANEOUS HOUSEHOLD ITEMS**



## LONG & FOSTER BURKE OFFICE

6045 BURKE CENTRE  
PARKWAY  
BURKE, VA 22015

Contact our office  
with any questions

**703-425-8000**  
zinsler@lnf.com



## NEWS

# High School Students Win Technology+Arts Award

**Digital Art was the name of the game for creative students.**

By **MERCIA HOBSON**  
THE CONNECTION

**A**rts Herndon awarded approximately \$6,500 in cash prizes to 31 Fairfax County Public high school students in recognition of their technology-based artwork at the 13th Annual Technology + Arts= Now Awards Program held Wednesday, May 24, 6:30 p.m. at ArtSpace Herndon. Students used advancements in technology and digital resources to create original pieces of art that reflected their emotions, thoughts, and innovative ideas, the "Now of their existence." Arts Herndon created the competition in 2005 to showcase the artistic abilities of computer savvy teens and promote artistic expression through technology-based media, with the aim of adding creative thinkers to the workforce.



PHOTO BY MERCIA HOBSON/THE CONNECTION

**The photograph, "American Bull Frog" by Nicholas Blake from Lake Braddock Secondary School, won Second Place in the Digital Photo category for Arts Herndon's Technology + Arts= Now Competition beating out more than 100 entries from 14 Fairfax County High Schools. Nicholas was awarded a cash prize of \$350.**

In his opening remarks, Mike O'Reilly, president of Arts Herndon, said when the first Technology and the Arts Competition program was created by Arts Herndon in 2005. "The competition was only for Herndon and South Lakes High Schools. It was so successful; we decided to expand the program

SEE AWARDS, PAGE 9



## Explore New Beginnings



### Low Rate Home Loans

Purchase // Refinance // Fixed & Adjustable Rates // Jumbo // First Time Homebuyer // VA/FHA

Competitive Rates // Low Fees // Quick Application Process

*Enjoy a fresh start and apply today!*

**andrewsfcu.org/mortgage | (703) 822-5223**

Federally Insured by NCUA. For current rates, visit our website at [andrewsfcu.org](http://andrewsfcu.org). Rates, terms and conditions vary based on creditworthiness and qualifications and are subject to change. Must be a member of the credit union to open any loan account. Membership eligibility required. Membership open to Washington, DC, the US Department of Defense, US Military, select employer groups, American Consumer Council members, and family members of existing members. Visit [andrewsfcu.org](http://andrewsfcu.org) to find out how you can join!



# Awards

FROM PAGE 8

countywide..." said O'Reilly. "Arts Herndon is a huge believer in the arts in Fairfax County, particularly for the youth in Fairfax County."

**AS IN PREVIOUS YEARS**, students submitted original digital and animated artwork to their teachers who selected the best entries for possible exhibit and award consideration. Works were eligible in four categories: digital art, digital photography, animation, and other digital art. In this year's competition, Arts Herndon received 100 entries for finalist consideration from 14 Fairfax County High Schools, one of the highest numbers of entries ever. Three professionals judged the students' works and named first, second and third place winners, as well as honorable mention and finalist. The judges were Charlotte Geary, a professional photographer with works published in Newsweek and other magazines and books; Tim Ingle, a digital media expert in film, television, and commercial animation; and Michelle Schoening, a multi-disciplinary design professional who creates brand systems and marketing campaigns.

Before the awards ceremony, the 31 student finalists, their families, and friends took a few moments to admire the artwork. During that time, Schoening and Ingle shared a bit about the experience.

"It was really difficult this year," Schoening said. "The quality of work was extremely high, and there were a lot more entries this time, twice the amount actually. Students were telling other students." When asked what he looked for in the artwork, Ingle said, for him three characteristics were essential. First, the work had to present a story or concept. Second, the artist had to demonstrate a mastery of technical skills in the artwork. And third, the criterion that swayed him to select one work over another was that the art had to elicit an emotional connection. Schoening agreed. "When it came down to one vs. another, the quality that swung the pendulum was which work drew us in; made us want to have a discussion," she said.

**ANGELA HE** from Oakton High School won First Place in two categories: Digital Art and Other Digital Art. Her entries and future plans coincide with the mission of the competition that encouraged artistic and technology skills with the aim of adding creative thinkers to the workforce. When asked where Angela sees herself 30 years from now, she said, "I'll be running multiple successful companies geared to technology and design." After giving the award envelopes and congratulating each winner, O'Reilly said, "Thank you parents, for supporting your children in the arts."



**Got the big bank blahs?**

**Go un-big instead.**

Our business bankers really have your back. See what our local knowledge and expertise can do for your business.

**Unexpectedly different**

703-684-1655 • [burkeandherbertbank.com](http://burkeandherbertbank.com)  
or visit your nearest branch today.

9516 Old Keene Mill Road, Burke  

**Burke & Herbert Bank**  
At Your Service Since 1852<sup>®</sup>

MEMBER FDIC ©2017 Burke & Herbert Bank



**BROOKEVILLE ESTATES**  
Great Falls, VA

**A RARE OPPORTUNITY IN GREAT FALLS**  
OPEN HOUSE THIS SUNDAY FROM 1PM-4PM

Brookeville Estates, a collection of custom single family homes featuring refined designer finishes, gourmet kitchens, and smart home technology, all nestled in the heart of Great Falls, Virginia.

HOMES PRICED FROM THE LOW \$2 MILLIONS\*

**LEARN MORE**  
703.646.0508 | [LiveAtBrookevilleEstates.com](http://LiveAtBrookevilleEstates.com)




1039 Springvale Road, Great Falls, VA 22066  
\*Select Lots

# Avoid Getting Hurt in the Gym, and If You Do

## Prevent and treat workout injuries.

BY MARILYN CAMPBELL

While sustaining an injury isn't on anyone's list of fitness goals, a recent study by the Center for Injury Research and Policy shows an increase in gym-related injuries in recent years. Corrective exercise is among the strategies for recovering from workout-related injuries, but fitness experts are also emphasizing prevention.

"Generally speaking, at some point it's good following an injury to perform corrective exercises to rehab injured muscles," said Joel Martin, Ph.D., Exercise, Fitness and Health Promotion Graduate Program coordinator

and assistant professor of Kinesiology at George Mason University.

**"Investing the time to learn how to move well at the beginning of an exercise program will pay off in the long run."**

— Joel Martin, Ph.D.,  
George Mason University

"Depending on the stage of the healing process the exercises may focus on getting blood flowing to the injured area, regaining strength in injured muscle or correcting poor movement patterns that contributed to the injury."

One of the most common causes of sports or workout related injuries is performing an exercise incorrectly, says Martin. "You should take the time to learn proper form and seek the help of an exercise professional for advice as to how to perform various exercises," said Martin. "Investing the time to learn how to move well at the beginning of an exercise program will pay off in the long run."

Failing to do warm-up exercises before a workout and increasing the intensity of the exercise too quickly—either within the exercise session or across multiple exercise sessions — are among the leading causes of workout injury, says Martin. Not follow-

ing safety procedures is another.



PHOTO COURTESY OF GEOFF ROBISON

**Geoff Robison of Custom Kinetics in McLean uses a foam roller to help a client recover from an injury.**

ing safety procedures is another.

"Some of the most serious exercise injuries happen from not using common sense," he said. "These can come in a variety of forms, but may be due to trying to show off, not wearing proper shoes or equipment for the exercise mode, exercising in unsafe environments, or not using a spotter for heavy lifts."

Even with safety measures in place,

Parker Bryant, a personal trainer based in Bethesda, Md., tells his clients that injuries can happen, even to the most cautious athletes. "For many common injuries, especially a muscle that's sore because it's been over-used, I usually advise clients to apply ice for about 20 minutes several times a day to reduce any swelling and to rest the injured body part," he said.

For those dedicated to fitness, being told

## A healthy body starts with a healthy mouth!

At Peter K. Cocolis, Jr. and Associates, we believe optimum oral health is key to total body health and well-being. These days, going to the dentist is not just about taking good care of your teeth; it is about taking good care of your health. Problems in your mouth can be signs of trouble elsewhere in your body. Your oral exam reveals important early warning signs for many total-body conditions including diabetes, oral cancer and high blood pressure.

Whether your family seeks general preventive maintenance, cosmetic, or advanced restorative and implant dentistry to transform your smile's function and appearance, Drs. Cocolis and DaSilva are renowned by peers and patients alike for exceptional personalized care in a friendly, safe and state-of-the-art-environment.

Consistently named "Top Dentist" in *Northern Virginia* magazine and among the "Best Dentists in the Metropolitan Area" in



*Washingtonian* magazine, Drs. Cocolis and DaSilva exceed industry standards in the time they dedicate to continuing education and service. Our skilled and compassionate team pairs patient education with the latest dental techniques and technology, offering an extensive array of dental services including digital x-rays, injection-free laser procedures, CAD-cam same-day porcelain crowns, tooth whitening, Invisalign, and veneers. We offer a variety of sedation options including oral sedation and nitrous oxide (sleep dentistry) and are dedicated to easing all aspects of your dental experience.

Visit us on the Web or give us a call to discover what our patients are saying and to make your appointment.

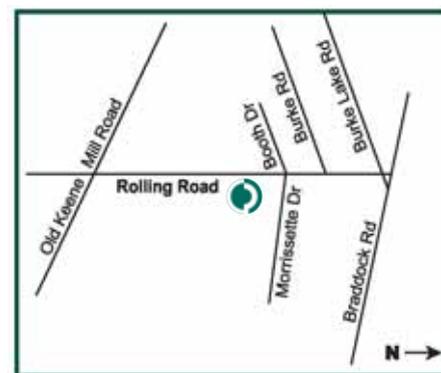
### Our Services:

- Routine cleanings and check-ups
- Fillings and sealants
- Sedation "sleep" dentistry
- Nitrous oxide
- Crowns, bridges, inlays, onlays
- Extractions
- TMJ/TMD therapy
- Endodontic (root canal) therapy
- Periodontal (gum) therapy including scaling and root planing
- Custom partial and full dentures
- Custom occlusal and sport guards
- Implants
- Bonding and veneers
- In-office professional whitening
- Invisalign (clear braces without the wires)

Selected as one of the  
**"Best Dentists in America"**

**"Best Dentists in Metropolitan Area"**  
by *Washingtonian Magazine*

**"Top Dentist"**  
by *Northern Virginia Magazine*



**FREE  
IMPLANT  
CONSULTATION**

X-rays not included. Not valid with insurance submission.



**Peter K. Cocolis, Jr., DMD  
& Associates**

Peter K. Cocolis, Jr., DMD, MAGD  
Emily A. DaSilva, DDS, FAGD



**5803 Rolling Road, Suite 211  
Springfield, VA 22152**

**703-912-3800 • www.smiles4va.com**



Monday–Thursday 8 A.M.–5 P.M.; Friday\* 8 A.M.–1 P.M. \*Once monthly for sedation appointments

# WELLBEING

to rest can be hard to hear, says Geoff Robison of Custom Kinetics in McLean, but he says that it is possible to be active while recovering from an injury. “One of the hardest things for a runner with an injury to hear is that they have to stop running,” Robison said. “But one of the worst things you can do when you have an injury is lay down and not move. Movement, when done properly, can be very healing. It can bring blood flow and realign your body.”

Exercise can be used to help heal some workout or sports related injuries, says Robison. “Everyone who walks in our door gets taken through an assessment,” he said. “Whether it’s low back pain, a knee problem or shoulder pain, we find the root cause of the problem.”

Once the problem is identified, Robison and his team of trainers work to create an exercise program that is designed to decrease pain and build fitness.

One example that he uses to explain his therapeutic strategy is knee pain, which he says is one of the injuries he sees most often in clients. He observes the client’s movements to help determine the cause of the problem. “Maybe it’s coming from the foot, because the foot is not strong enough, so your knees cave in when you squat,” he said. “Maybe your glutes [gluteal muscles] are weak or maybe your quads [quadriceps] are weak. Strengthening these muscles can help stabilize the leg and help relieve knee pain.”

Robison builds an exercise regimen that is designed to address a specific issue or injury. “One exercise that I might use is the clam shell where clients lie down on their side and open and close their knees,” he said. “When it’s a case of muscle overuse, I might use a foam roller or resistance bands to loosen and strengthen the muscles.”



PHOTO COURTESY OF GEOFF ROBISON

**Geoff Robison of Custom Kinetics in McLean shows a client how to use corrective exercise.**

Bryant says that an injury can be an opportunity to try a new type of workout. “For example, if you’re a runner, but your knees are bothering you, stop running for a while and try swimming to give your knees a rest,” he said. “After you’re been pain-free for more than a week, you’re probably healed. When you do return to your normal exercise routine, don’t dive in with the same intensity as before your injury. Gradually work your way back so that you don’t reinjure yourself.”

**Gary Kramer, D.D.S.**  
**Sara Bunin, D.D.S.**  
 DIPLOMATES OF THE AMERICAN BOARD OF PEDIATRIC DENTISTRY  
 Dentistry for Children, Adolescents & Special Needs  
 703-978-0051 [KBPediatricSmiles.com](http://KBPediatricSmiles.com)

SUITE F • 5631 BURKE CENTRE PARKWAY • BURKE, VA • 22015  
 MET LIFE, DELTA, BCBS/CAREFIRST, & UNITED CONCORDIA PROVIDER  
 WEEKDAYS • SATURDAYS • EVENINGS 24 HOUR EMERGENCY CARE

**Learn About Advertising in the Connection and Digital Options!**

Advertising in the Connection and upcoming special sections:

[CONNECTIONNEWSPAPERS.COM/ADVERTISING](http://CONNECTIONNEWSPAPERS.COM/ADVERTISING)

or call **703.778.9431**

**SUMMERFEST**  
 AT GAYLORD NATIONAL®  
 FEATURING  
 ★★ Music Of ★★  
**AMERICA**

**Tune in this summer for the largest music celebration on the Potomac!**  
 Now – September 4, 2017

Enjoy endless fun inspired by the Music of America:

- Live music every weekend featuring the best in Jazz, Country, Adult Contemporary & more!
- Aquafina® Summer Movie Matinee, Splashin' Pool Fun & Summer PJ Party featuring a Silent Disco
- Music Mystery Scavenger Hunt & Nightly Atrium Laser Light Show
- Seasonal spa treatments & unique dining events
- Additional entertainment experiences just steps away in National Harbor

Book Your Getaway Today!  
[GaylordNational.com/SummerFest](http://GaylordNational.com/SummerFest)  
 (301) 965-4000

PROUD PARTNER **pepsi**

PEPSI, PEPSI-COLA and the Pepsi Globe are registered trademarks of PepsiCo, Inc. AQUAFINA is a registered trademark of PepsiCo, Inc.

**Where Your Dental Needs Come First!**

**Se habla Español**

Family Dentistry

**NEW PATIENT SPECIAL**  
**\$99**  
 (Regularly \$311)  
 Includes Exam, Cleaning (in absence of gum disease) and X-rays

- Crowns, Bridges, Partials, Full Dentures and Implants
- Denture Relining, Dentures and Partials Repaired While You Wait
- Saturday and Evening Appointments Available
- Most Insurances Accepted
- Free Invisalign Consultation

**703-323-9394**  
[yourdentalfirst.com](http://yourdentalfirst.com)

**Raja Gupta, DDS**  
**Dental First Associates, LLC**

9570 A Burke Road, Burke, VA  
 in Burke Village II

**THE CONNECTION**  
Newspapers & Online  
**Education • Learning • Fun**

**GRADUATION & SUMMER EDUCATION EDITION**

Advertise in the The Connection Newspapers **Graduation & Summer Education** edition featuring graduation photos, stories and coverage! Your ads in Connection Newspapers' 15 demographically segmented markets appear in print and digital editions on our websites, reaching affluent viewers and readers.

**Publishes:**  
June 21, 2017  
**Advertising Closes:**  
June 15, 2017

Call 703.778.9431  
Email [sales@connectionnewspapers.com](mailto:sales@connectionnewspapers.com)  
Visit [connectionnewspapers.com/advertising](http://connectionnewspapers.com/advertising)

**LOCAL MEDIA CONNECTION**  
Newspapers & Online  
703-778-9431  
[www.ConnectionNewspapers.com](http://www.ConnectionNewspapers.com)

Reaching Suburban Washington's Leading Households

• Alexandria Gazette Packet	• Fairfax Connection	• Oak Hill/Herdon Connection
• Arlington Connection	• Fairfax Station/Clifton/Lorton Connection	• Potomac Almanac
• Burke Connection	• Great Falls Connection	• Reston Connection
• Centre View	• McLean Connection	• Springfield Connection
• Chantilly Connection	• Mount Vernon Gazette	• Vienna/Dalton Connection

## ENTERTAINMENT



PHOTO BY ARIANNA DOMINGUEZ

### Mozart in Havana

On Sunday, June 18, Simone Dinnerstein with the Havana Lyceum Orchestra will be playing at the George Mason University Harris Theatre, in Fairfax. Pictured here, pianist Simone Dinnerstein (center in white) is in Cuba with Havana Lyceum Orchestra members during the recording of "Mozart in Havana."

Send notes to the Connection at [connectionnewspapers.com/Calendar/](http://connectionnewspapers.com/Calendar/) or call 703-778-9416. The deadline is the Friday prior to the next paper's publication at noon. Dated announcements should be submitted at least two weeks prior to the event.

#### ONGOING

- Storytime in the Park.** Tuesdays through May 30, 10:30 a.m. at Old Town Square, Fairfax. Visit [fairfaxva.gov/parksrec](http://fairfaxva.gov/parksrec) or call 703-385-7858.
- Senior Line Dancing** 1-2 p.m. Little River Glen Senior Center 4001 Barker Court, Fairfax. Line Dancing is a gentle, social form of aerobic activity. Studies have shown it aids in warding off Alzheimer's disease. No previous experience needed. Cost: \$5 per 8 week session. Email [barbriba@hotmail.com](mailto:barbriba@hotmail.com) or call 703-524-3739.
- Carolina Shag.** Wednesdays. 6:30-10 p.m. Arlington/Fairfax Elks Lodge, 8421 Arlington Blvd., Fairfax. Free lessons at 7:30 p.m. No partners needed. Dinner menu. \$8. Under 21 free. [nvshag.org](http://nvshag.org).
- FUN-Exercise** Thursdays, noon-12:50 p.m. Grace Presbyterian Church Family Room, 7434 Bath St., Springfield. Inova certified exercise instructor leads a moderate level exercise class with music and current events conversation. Muscle, Balance, Strength Training using stretch bands and weights both standing and seated exercises. Instructor donation is \$5. [moorefitt@yahoo.com](mailto:moorefitt@yahoo.com) or 703-499-6133.
- Exercise Program** Mondays and Fridays at 9:30 a.m. year-round at Lord of Life Lutheran Church, 5114 Twinbrook Rd. Fairfax. The exercises are for strength, balance and maintaining limberness. Contact SCFB office at 703-426-2824 for more information.
- Cafe Ivrit (Hebrew Cafe).** Wednesdays. 8:15-9:15 a.m. Jewish Community Center of Northern Virginia, 8900 Little River Turnpike, Fairfax. Shalom (hello) Did you always want to converse in Hebrew? Join Na'ama each week for conversational Hebrew. You will

learn and practice Hebrew in a fun and interactive way while learning more about Israel. Free, however we ask that you try to attend regularly. RSVP [Naama.Gold@jccnv.org](mailto:Naama.Gold@jccnv.org).

**Smoke Free Bingo.** 7 p.m. Every Friday. Fairfax Volunteer Fire Department, 4081 University Drive, Fairfax. Free coffee, entertaining callers, \$1,000 jackpot (with breaks for smoking friends). [www.fairfaxvd.com](http://www.fairfaxvd.com). 703-273-3638.

**English Conversation Groups** weekly at George Mason, Burke Centre, and Lorton Libraries Practice and improve your English. Day and start times vary. Visit: [va.evanced.info/fairfaxcounty/lib/eventcalendar.asp](http://va.evanced.info/fairfaxcounty/lib/eventcalendar.asp)

**Funday Monday** 10:30 a.m., every Monday at Old Town Hall, 3999 University Drive, Fairfax. There will be music, movement, storytelling, performances, crafts, and more. It is open to children of all ages, however especially for those who haven't yet started school. Programs are free and open to the public, donations are gratefully appreciated. There is ample free parking in the downtown area, and stroller access at the rear of Old Town Hall on Main St. 703-385-7858 [www.fairfaxva.gov/culturalarts](http://www.fairfaxva.gov/culturalarts)

**Kingstowne Farmers Market opens.** 4-7 p.m. every Friday through Oct. 27, at Kingstowne Giant Parking Lot, 5870 Kingstowne Center, Alexandria. Freshly picked, producer-only vegetables and fruit, from-scratch bread (including gluten free), baked goods, kettle corn, salsa, hummus, cake pops, fruit popsicles, and ice cream. Email [Chelsea.roseberry@fairfaxcounty.gov](mailto:Chelsea.roseberry@fairfaxcounty.gov) or call 703-642-0128 for more.

#### CAMPS & CLASSES

**Art Camp.** Various times July 3-7, July 24-28, and July 31-Aug. 4 at the Woods Community Center, 10100 Wards Grove Circle, Burke or the second location is Burke Presbyterian Church, 5690 Oak Leather Drive, Burke. Lessons by Carol Zeitlin. Call 703-250-6930 or visit [www.czartlessons.com](http://www.czartlessons.com) for more.

#### JUNE 8-10

**Summer Book Sale.** Various times at the Burke Centre Library, 5935 Freds Oak Road. Featuring books for adults and kids and other media for summer vacations. Call 703-249-1520.

#### FRIDAY/JUNE 9

**Meet the Author.** 11:30 a.m. to 1:30 p.m. at Springfield Golf & Country Club, 8301 Old Keene Mill Road, Springfield. Great Harvest Bread Company Jeff Connelly, will share how they may be a national company, but they have the spirit and heart of a locally owned small business. Also Keith Clemons, will be speaking about the book he authored. Call 703-922 6438/703-913-9844 or visit [SpringWmConn@yahoo.com](mailto:SpringWmConn@yahoo.com).

**Music on the Plaza.** 7 p.m. at the Old Town Plaza, 3955 Chain Bridge Road, Fairfax. Music and dance performances. Visit [www.fairfaxva.gov](http://www.fairfaxva.gov) for more.

#### JUNE 9-11

**Celebrate Fairfax.** Various times at the Fairfax County Government Center, 12000 Government Center Pkwy., Fairfax. Community-wide celebration with art, musical performances, and rides. Everclear is on the main stage on Saturday night. Visit [celebratefairfax.com/](http://celebratefairfax.com/) for more.

#### SATURDAY/JUNE 10

**FootGolf National Qualifier.** 1:30-9 p.m. at Pinecrest Golf Course, 6600 Little River Turnpike. Pinecrest Golf Course will host the U.S. National Qualifier for the American FootGolf League. Visit [www.fairfaxcounty.gov/parks/golf/pinecrestgc/](http://www.fairfaxcounty.gov/parks/golf/pinecrestgc/) or call 703-324-8782.

#### SUNDAY/JUNE 11

**Tiny Dancers Ballet Recital.** 10:15 a.m. (Fairfax studio); 1:15 p.m. and 3:45 p.m. (Mosaic studio) at W.T. Woodson High School, 9525 Main

SEE ENTERTAINMENT, PAGE 14

**Unleash Your Hidden Abilities**

**BECOME A FOSTER PARENT**

Kids and teens in our community need super parents like you to foster or foster-to-adopt. Consider the rewards for yourself and a child in need.

Find a free info session in your area at [www.umfs.org/foster](http://www.umfs.org/foster)

**UMFS**

# Burke Road Project Raises Speeding Concerns

The concern for speeding drivers overshadows the design plan's original purpose.

BY GRETCHEN KERNBACH  
THE CONNECTION

**O**n June 1, the Burke community was informed about the new Burke Road realignment plans set to start construction in the late fall of 2019. The presentation was the first formal educational meeting regarding the design plan, which proved to upset Burke Road residents.

Project manager Jeanmarie Roberson narrated the exhibition, giving attendees an overview of the extent of the construction and what was designed to come out of it. From Parakeet Drive to Peregrine Drive on Burke Road, the Fairfax County Dept. of Transport plans on straightening out a sharp, horizontal curve that has crash and flood history.

In addition to creating a wider turn for drivers, FCDOT also plans on raising the roadway and constructing new pedestrian and bicycle connections. Existing drainage pipes will be replaced as well.

The 2,200-foot long project plans to have its final design finished by spring 2018, but Roberson claimed they have more than 50 percent of it done already.

"That level of effort had to be done to understand property and utility impacts. It is almost required we get to that point for good dialogue with the community," said Roberson.

**THE CURRENT PROPOSED DESIGN** is not only set to remove the hazardous curve but also increase line of sight throughout the entire road. New box culverts will address the flooding issues.

However, what most residents wanted to know was what FCDOT was going to do about the speeding issues that take place on Burke Road every day.

"If they're going to be straightening out this road the way they plan to, they need to actually consider putting in lights or stop signs, something that makes people slow down," said Katherine Fickley, who lives off Burke Road. "They really need to consider the safety of the citizens living here, not just what they want to do to conform with VDOT's plans."

Fickley lives on Heritage Square Drive, a townhouse community with a circular driveway connecting the neighborhood. She added that drivers use the roundabout in her neighborhood as a means for turning around if they need to get back on Burke Road heading the other way. Yet, they hit the neighborhood road at unsafe speeds, causing a potential hazard to young chil-



Display boards act as a visual aid to the presentation.



Residents gather at the West Springfield Government Center to listen to the project team.

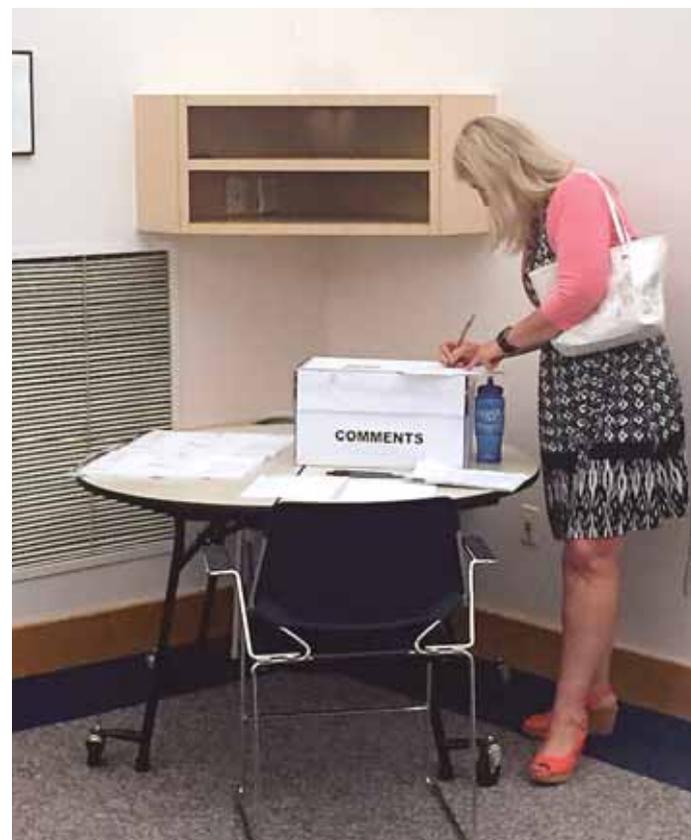
dren playing outside. A straightened-out curve will only encourage them to do so more.

"Safety is our number one concern right now. If 35 was the speed limit people were going, we wouldn't have an issue, but they're going even faster. The way this project is constructed, it is only going to increase speed in all the residents' minds," said Aisha Rodriguez, HOA president of Cardinal Estates community, which is located on both sides of Burke Road.

Even though Roberson stated that the new curve is designed to accommodate the 35-mph posted speed limit, residents be-

lieve drivers will be hitting it even faster. The road lane's narrow design is an attempt to psychologically make drivers go slower. However, that is the project team's only effort to control speeding on Burke Road.

Joan Belcher, who has been living by the curve for 55 years, claimed it's not as dangerous as people say it is. Neighbor Darrell Marshall backed Belcher up, saying that it is just the overgrown bamboo which makes the curve dangerous. The lack of sight around the corner needs to be addressed rather than the entire road. Both Belcher and Marshall stand to lose parts of their property due to sidewalk additions on the



Anita Vermeer fills out a comment form about her thoughts on the road realignment.

road.

Also present was the Fairfax County Department of Transportation Director Tom Biesiadny, who stood behind Roberson as she took the heat of the comments and questions.

Anita Vermeer, who resides on the corner of Aplomado Drive on Burke Road, witnessed a car accident right in front of her house.

"My concern is that there are already more than 35 mph speeds happening in this community. A wider curve will get more people to come through this way," said Vermeer.

Other concerns with the road realignment were with bike lanes and crosswalk placements. Both of which seemed like easier fixes than the speeding problem.

There was continuous banter from the audience regarding Burke Road's poor line of sight, an issue that wasn't dying as the evening progressed. However, it was made clear that speed limits are a responsibility of the state and there was nothing the county could directly do about it.

**EVEN THOUGH THE Q&A** aspect of the meeting had to come to an end, members of the team presented themselves at visual displays set up around the room for further one-on-one discussion.

"We have asked for everyone here to provide comments," said Roberson. "The next big step, once we make some decisions, would be reporting back to the community. We will be back out for another dialogue with the community about the project."

Residents will be contacted sometime in the future for updates on the design and another date for a second community forum.

PHOTOS BY GRETCHEN KERNBACH

# CLASSIFIED

WWW.CONNECTIONNEWSPAPERS.COM

TO ADVERTISE IN THIS PAPER, CALL BY MONDAY 11:00 AM 703-778-9411

## Announcements

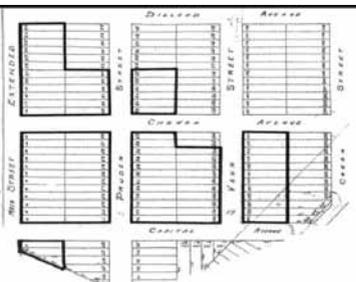
### Real Estate Auction

Thursday, June 22nd  
@ 12:30 pm  
Edenton, NC

#### 40+ BUILDABLE SINGLE FAMILY LOTS

- 5.5 Acres • Zoned R5
- Inside Edenton City Limits
- Access to City Water & Sewer

LISTING AGENT: CHUCK NANCE  
LICENSE #218972



For more info visit:  
**atlanticREmarketing.com**  
ASSET MANAGEMENT GROUP, INC. William J. Summs, Sr.  
Auctions | Real Estate | Appraisals | Marketing  
757-461-6867

## Announcements

## Announcements

We pay top \$ for **STERLING**,  
MEN'S WATCHES,  
JEWELRY, COSTUME JEWELRY,  
FURNITURE, PAINTINGS AND CLOCKS.

**Schefer Antiques**  
703-241-0790  
theschefers@cox.net

## Computers

### HDI COMPUTER SOLUTIONS

JENNIFER SMITH  
Serving the Area Since 1995



- Speed Up Slow Computers
- Virus Removal
- Computer Setup
- Help with Windows 8

**571-265-2038**

Jennifer@HDIComputerSolutions.com

## Yard Sale

### Moving Sale

6348 Munhall Ct., McLean

Fri 6/9 4-7 pm  
Sat 6/10 8-2 pm  
Sun 6/11 9-1 pm

Household goods,  
Collectibles, Books, Vintage  
items and clothes, Furniture,  
Records, and more!

For a free digital sub-  
scription to one or all  
of the 15 Connection  
Newspapers, go to  
**www.connectionnews  
papers.com/subscribe**

Complete digital rep-  
lica of the print edition,  
including photos and  
ads, delivered weekly  
to your e-mail box.

Questions? E-mail:  
goinggreen@connection  
newspapers.com



# ENTERTAINMENT



## Independence Celebration

On Saturday, July 1, fireworks will be featured at the Independence Day celebration, 5-9:30 p.m. at Lorton Workhouse, 9518 Workhouse Way, Lorton. Community, family friendly, music. Call 703-584-2900 or visit [workhousearts.org](http://workhousearts.org) for more.

FROM PAGE 12

St., Fairfax. Call 703-785-5580 or visit [www.tinydancers.com](http://www.tinydancers.com) for more.

## TUESDAY/JUNE 13

**Women Only Golf Tournament.** 9 a.m. at Greendale Golf Course, 6700 Telegraph Road, Alexandria. It's Captain's Choice on the front 9 and better ball on the back 9 for two-person teams. \$45. Call 703-971-6170 for more.

**BHS Research Seminar.** 7-9 p.m. at Burke Centre Library, 5935 Freds Oak Road. "Using the Washington Library at Mount Vernon" is the topic. Staff from the Washington Library at Mount Vernon will describe the resources available and procedures for researchers at this archive. Visit [www.burkehistorical.society.org](http://www.burkehistorical.society.org) for more.

## WEDNESDAY/JUNE 14

**Alzheimer's Documentary.** 2-4 p.m. at Harris Theater, George Mason University, 4400 University Drive, Fairfax. "Alzheimer's: Every Minute Counts" documentary screening and discussion. Call 202-480-0706 or email [rsvpva@arden-courts.com](mailto:rsvpva@arden-courts.com).

**Tai Chi Class.** 6:30-7:30 a.m. at Old Town Square, 3999 University Drive, Fairfax. Every Wednesday through August, weather permitting. Free. Visit [www.fairfaxva.gov](http://www.fairfaxva.gov) or call 703-385-7858 for more.

## THURSDAY/JUNE 15

**Historic Interpretation.** 7-9:30 p.m. at the Sherwood Community Center, 3740 Old Lee Highway, Fairfax. Event topic is "Nicholas Fairfax, 14th Lord Fairfax of Cameron." Email [Fairfax275@gmail.com](mailto:Fairfax275@gmail.com) or visit [Fairfax275.org](http://Fairfax275.org) for more.

**Havana Lyceum Woodwind Quintet.** 7 p.m. at Jewish Community Center of Northern Virginia, 8900 Little River Turnpike, Fairfax. Fairfax Symphony presents Simone Dinnerstein with the Havana Lyceum Orchestra. \$35 or \$25. visit [www.fairfaxsymphony.org](http://www.fairfaxsymphony.org) or call 888-945-2468 for more.

## FRIDAY/JUNE 16

**Music on the Plaza.** 7 p.m. at the Old Town Plaza, 3955 Chain Bridge Road, Fairfax. Music and dance performances. Visit [www.fairfaxva.gov](http://www.fairfaxva.gov) for more.

## THURSDAY/JUNE 17

**Fairfax County's 275th Anniversary.** 10 a.m.-4 p.m. at the Sherwood Community Center, 3740 Old Lee Hwy, Fairfax. Family friendly activities, live entertainment, history exhibits, living history, historical organization booths and displays. Email [Fairfax275@gmail.com](mailto:Fairfax275@gmail.com) or visit [Fairfax275.org](http://Fairfax275.org) for more.

**Father's Day Golf Tournament.** 8 a.m. at Burke Lake Golf Course, 7315 Ox Road, Fairfax Station. Compete in closest-to-the-pin-contests, and prizes will be awarded for the top three places in all three divisions. \$65 per team. Call 703-323-1641 for more.

**Kidz Korner Children's Event.** 10:30-11:30 a.m. at Old Town Square, 3999 University Drive, Fairfax. A variety of children's activities and entertainment. Free. Visit [www.fairfaxva.gov](http://www.fairfaxva.gov) or call 703-385-7858 for more.

**Navy Sea Chanters Concert.** 6-7 p.m. at the Workhouse Arts Center, 9601 Ox Road, Lorton. Performing music from sea chanteys to Broadway tunes. Visit [www.fairfaxcounty.gov/parks/performance](http://www.fairfaxcounty.gov/parks/performance) for more.

**Father and Daughter Dance.** 6-9 p.m. at Sherwood Community Center, 3740 Old Lee Highway, Fairfax. Girls celebrate Father's Day with dads, grandads, big brothers, godfathers and family members, dancing, games, prizes and food. \$30. Call 703-385-7978 or email [parksrec@fairfaxva.gov](mailto:parksrec@fairfaxva.gov) for more.

## SUNDAY/JUNE 18

**Yoga on the Square.** 10 a.m. at Old Town Square, 3999 University Drive, Fairfax. Bring a yoga mat, a water bottle, and yourself. Call 703-385-7858 for more.

**Father's Day Jazz Brunch.** noon-1:30 p.m. at Hilton Garden Inn Fairfax, 3950 Fair Ridge Drive. By Fairfax NAACP. [fairfaxnaacp.org](http://fairfaxnaacp.org).

**Havana Lyceum Orchestra.** 5 p.m. at George Mason University Harris Theatre, Fairfax. Fairfax Symphony presents Simone Dinnerstein with the Havana Lyceum Orchestra. \$45, \$38, \$30. visit [www.fairfaxsymphony.org](http://www.fairfaxsymphony.org) or call 888-945-2468 for more.

## JUNE 21-JULY 18

**Snoopy and Belle in Fashion.** Various times in Fair Oaks Mall, 11750 Fair Oaks Mall, Fairfax. A celebration of Washington D.C.'s political style, dolls will feature presidential outfits. Visit [www.shopfairoaksmall.com](http://www.shopfairoaksmall.com).

WWW.CONNECTIONNEWSPAPERS.COM

## Announcements

## Announcements

### Earn more with Quality!

★★★30 YEARS OF SERVICE★★★

CDL Drivers needed to deliver new trucks.  
Tow cars are a plus. Reload opportunities  
available.



[www.qualitydriveaway.com](http://www.qualitydriveaway.com)  
Call 574-642-2023 NOW!

## Announcements

## Announcements

## LIFETIME METAL ROOFING



Will your roof  
withstand another  
storm season?  
Call us today for a  
free roof inspection!

**WE FINANCE!**

CALL 800-893-1242

WWW.METALROOFOVER.COM SINGLE WIDES DOUBLE WIDES HOUSES by VA CAROLINA BUILDINGS, INC

## Announcements

## Announcements

## WET BASEMENT???

CRACKED WALLS???

We Fix: Basements, Crawlspace,  
Cracked/Settling Foundations, Bowing Walls

**800-772-0704**



**FREE ESTIMATES**

Serving you since 1972 Call Now! 10% Limited Time Coupon

Some Restrictions Apply

# A Meal Among Neighbors

FROM PAGE 6

In addition to the chairman, representatives from all branches of county law enforcement and safety agencies and other departments were on hand to show their neighborly support. Supervisor John Foust (D-Dranesville) was also in attendance, as were Del. Vivian Watts (D-39), Del. Mark Sickles (D-43), and deputy county executive for public safety, David Rohrer.

Watts, who was hosted by a local family during a 2008 visit to Turkey, said it was “so sad what is happening in that extraordinary place.” With the tensions and unrest in their native country, and the spike in anti-Muslim sentiment that many Turkish immigrants have faced in their new homeland, Watts is saddened that many “must feel like no place is home. That’s why it is all the more important to be here as part of the bridge to connect people.”

Mustafa Akpinar, CEO of the Rumi Forum and an organizer of the event, agreed that of late “it seems like we are all on double shifts on our mission to be part of the community, but we love diversity and we celebrate it.” Back to the Kilic table, where Emine carefully described each of the delicacies that she had picked out for my enjoyment, while still telling me that she, too, worries about the state of affairs in Turkey. “But we are so glad to be here, where things are so possible.”

Cemal, a smiling and anything-but-shy 11-year-old, was happy to talk about a wide range of subjects; why we are gathered here — “to better learn to communicate with each other” to cars — “Sorry, I am more for Lamborghini than Ferrari.”

Yasemin spent her first year here studying primarily in Turkish while she perfected her English — which seemed pretty perfect already. The 16-year-old student at Oakton High School is exploring the paths her future might hold. “I like math, for sure, but lately I am thinking about politics, or the law, something that I can do to help everyone have a better life.” She also loves to write — “I am working on a book” — so journalism is also a possibility.

**ALL AROUND US**, people were talking, laughing, and just getting to know each other a little better. The Imam’s call to prayers after the meal was the only pause. The gathering continued for many, once everyone had come back together.

Time to go and actually write the story, despite pleas from Emine, Yasemin and Cemal (dad Erdal was off meeting and mingling with other groups) to stay a bit longer and chat. Duty calls, but not before receiving an invitation to attend a Turkish cooking class with Emine and a class in Ebru, the traditional Turkish “marbling” art form with Yasemin. No regrets on breaking with journalistic tradition on this one occasion, and learning some new ones with a room full of neighbors.

## BUSINESS DIRECTORY

WWW.CONNECTIONNEWSPAPERS.COM

TO ADVERTISE YOUR BUSINESS, CALL KAREN AT 703-778-9422

<b>ELECTRICAL</b>		<b>ELECTRICAL</b>		<b>LANDSCAPING</b>		Good is not good, where better is expected. <b>-Thomas Fuller</b>
<b>K &amp; D ELECTRIC</b> COMMERCIAL / RESIDENTIAL SERVICE Family Owned & Operated Recessed Lighting Ceiling Fans Phone/CATV Computer Network Cabling Service Upgrades Hot Tubs, etc....		Licensed/Bonded/Insured Office 703-335-0654 Mobile 703-499-0522 lektrkman28@gmail.com		<b>A&amp;S CONSTRUCTION</b> SOD, Mulch, Clean-Up Leaf Removal Hauling. <b>703-863-7465</b>		
<b>GUTTER</b>		<b>GUTTER</b>		<b>LANDSCAPING</b>		<b>Patios &amp; Drainage</b> Your neighborhood company since 1987 <b>703-912-6886</b> <b>J.E.S. Services</b> Free Estimates - Fully Licensed & Insured • Planting & Landscaping Design • Drainage & Water Problems • Concrete Driveways, Replacement or New • Patios and Walks • Masonry Work or Dry Laid • Paver, Flagstone, Brick, any style you choose • Retaining walls of all types <i>All work Guaranteed</i>
<b>GUTTER CLEANING</b> Gutters and Downspouts Cleaned Small Repairs • Gutter Guards <b>PINNACLE SERVICES</b> lic/ins 703-802-0483 free est. email jamie@lawnsandgutters.com web: lawnsandgutters.com Friendly Service with a Friendly Price!				<b>LANDSCAPING</b>		
<b>IMPROVEMENTS</b>		<b>IMPROVEMENTS</b>		<b>LANDSCAPING</b>		<b>GOLDY BRICK CONSTRUCTION</b> Walkways, Patios, Driveways, Flagstone, Concrete FREE ESTIMATES Licensed, Insured, Bonded <b>703-250-6231</b>
<b>Power Washing</b> Go from green to clean, do you have mold on your siding rotten wood that's a hoas violation? We do houses, decks, fences, side walks, etc. Deck and fence repair, deck staining and sealing. Licensed & Insured • Free Estimates email: jnave@comcast.net <b>703-987-5096</b>				<b>LANDSCAPING</b>		
<b>A&amp;S Landscaping</b> • All Concrete work • Retaining Walls • Patios • Decks • Porches (incl. screened) • Erosion & Grading Solutions • French Drains • Sump Pumps • Driveway Asphalt Sealing <b>703-863-7465</b> LICENSED Serving All of N. Virginia				<b>TILE / MARBLE</b>		<b>BATHROOM REMODELING</b> by Brennan Bath and Tile Partial or Full. Kit. Floors, Backsplashes. Specializing in Ceramic, Porcelain, Glass Tiles and Natural Stones. Also repair work. 35 yrs exp. <b>www.brennan-tile.com</b> <b>703-250-2872</b> Licensed • Bonded • Insured
<b>RN. CONTRACTORS, INC.</b> Remodeling Homes, Flooring, Kitchen & Bath, Windows, Siding, Roofing, Additions & Patios, Custom Deck, Painting We Accept All Major Credit Cards Licensed, Insured, Bonded • Free Estimates • Class A Lic Phone: 703-887-3827 E-mail: rncontractorsinc@gmail.com <b>www.rncontractors.com</b>				<b>TILE / MARBLE</b>		
<b>Alfredo's Construction Company, Inc.</b> • Concrete Driveways • Patios • Sidewalks • Stone • Brick Phone: VA: (703) 698-0060 • MD: (301) 316-1603 <b>www.alfredosconstructioncompany.com</b>				<b>Quality Tree Service &amp; Landscaping</b> Reasonable prices. Licensed & insured. <b>Summer Cleanup...</b> Tree removal, topping & pruning, shrubbery trimming, mulching, leaf removal, planting, hauling, gutter cleaning, retaining walls, drainage problems, etc. 25 years of experience - Free estimates <b>703-868-5358</b> <b>24 Hour Emergency Tree Service</b>		
An expert is someone who knows some of the worst mistakes that can be made in his subject and how to avoid them. <b>-Werner Heisenberg</b>				<b>Find us on Facebook and become a fan!</b> <b>www.Facebook.com/connectionnewspapers</b> <b>THE CONNECTION</b> Newspapers & Online The Connection to Your Community <b>www.connectionnewspapers.com</b>		

## I Hope I'm Right



By KENNETH B. LOURIE

Having been a cancer “diagnosee” now for eight years and exactly three months — as I sit and type on May 27, 2017, a lifetime considering the original “13 month to two-year” prognosis I was given on February 27, 2009, I have learned much about cancer that I didn’t know. In fact, I’ve learned everything about cancer I know now because previously I knew nothing. Growing up I heard/experienced very little about cancer. My parents were healthy as was my immediate family (aunts, uncles, cousins).

And even though I spent many Sundays with my parents visiting my grandparents in nursing homes, the diseases/afflictions I remember hearing most about were diabetes, Parkinson’s, Leukemia and high cholesterol. Never cancer or any condition that I associated with cancer. I realize now how lucky we all were. I wouldn’t say I took good health for granted, but I might have taken it as a given. Not any more.

Everyday I wake up, as my father used to say, is a good day; and ever since I was diagnosed in early 2009, most days — all things considered, and I do consider all things, have been good days. I have been extraordinarily fortunate in how my body and mind has reacted to being diagnosed with a “terminal” disease: non-small cell lung cancer, stage IV. Rarely have I ever gone one step forward and then two steps backward.

Oh sure, the early hairless days of heavy-duty chemotherapy (infused for six hours every three weeks) were challenging, but it was a process I had to endure — so far as I knew (I know a bit more now and there are many more choices/protocols than ever before).

It reminds me of a long-ago M\*A\*S\*H episode in which “Hawkeye” met a South Korean woman after she drove — a Cadillac — into the 4077th. She needed medical help for her family. Col. Potter ordered “Hawkeye” to return with the woman back to her home.

Begrudgingly he went along, mistakenly thinking she felt a sense of entitlement. After a short time treating her family he learned how wrong he had been. Later that day, “Hawkeye” saw the woman walking up a nearby trail carrying buckets of water on a pole. When he asked her why she was doing that (getting the water that way, from wherever); she replied: “Because that’s the water is.” It struck him — and apparent — it struck me, too. As a cancer patient/survivor, that has always been my approach/attitude. “Next man up,” a common sports refrain; no excuses, keep moving forward.

Over the years, I have met many cancer patients; at the Infusion Center, at conferences, at work and at play. And I may be biased (no ‘maybes’ about it), but I have to say, we’re a fairly hearty and resilient bunch. Getting diagnosed with a terminal disease — frequently out of the blue, is not exactly the stuff of which dreams are made. Quite the contrary.

Nevertheless, many of the cancer patients I’ve met seemed to have faced their demons and are standing tall against the worst kind of adversity. Bette Davis is often credited with the quote: “Old age is not for sissies.” Well, neither is cancer. It seems to be for everybody, everywhere. Unfortunately, cancer is an indiscriminate, equal opportunity destroyer; all ages, all races, all ethnic groups, all populations.

According to “Medical News Today,” “One in two people will develop cancer in their lifetimes.” So getting cancer is either a matter of time, inevitable or a random-type miracle if it doesn’t affect you. For many of us who’ve been affected already, we’ve come to learn that cancer isn’t the automatic death sentence it used to be, especially for us lung cancer patients. The research dollars and enthusiasm going into defeating this scourge are at their most significant in decades, perhaps ever.

Now is not the time to give up hope. It’s time to embrace it.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.



**Shelley Draheim**  
703-503-1811  
ShelleyD@Inf.com

**HERMANDORFER**  
Associates  
Top 1% of Agents Nationally



**Clifton - \$699,000**

Outstanding with gorgeous open floor plan; main floor master, custom touches throughout, sited on beautiful 1.38 acre wooded lot



**Clifton - \$899,000**

Feels like brand new! Gorgeous updates throughout including walk-out lower level. Enjoy 5 peaceful acres from screened porch, deck or patio.

Find More Information at: [www.Hermandorfer.com](http://www.Hermandorfer.com)



**David Levent**  
703-338-1388  
davidshomes@Inf.com  
Selling Virginia's Finest Homes  
Member, NVAR Multi Million Dollar Sales Club



**Woodbridge \$275,000**

Townhouse Style End Unit, 3 Bedrm, 3.5 Bath Condo in Lovely River Oaks Community. 3 Separate Levels. 1 Car Garage. Hardwoods Main Lvl. Each Bdrm Has Full Ba. Full Size Washer/Dryer. Master Ba Has His/Her Vanities & Sep Shower. Gas Heat & Cooking. Custom Blinds Throughout. Ceiling Fans in Upper Bdms. Bumpouts Each Lvl. Low Condo Fees. Community Pool.



**MARSHA WOLBER**  
Lifetime Member NVAR, Top Producers  
Top 5% of Agents Nationally  
[www.marshawolber.com](http://www.marshawolber.com)  
Cell: 703-618-4397



**Clifton - \$1,279,000**

Builder's own custom home on 4.6 private and sunny acres. Front porch paradise, sport court, beautifully finished. 7500 sq. ft. home.



**JUDY SEMLER**  
703-503-1885  
judys@Inf.com



**Fairfax Station - \$689,000**

Fairfax Station subdivision colonial \* Cul-de-sac location \* Beautifully updated eat-in kitchen with custom cherry cabinets including a built-in pantry & granite counters \* Wood floors \* 5 bedrooms & 3.5 baths \* Main level laundry room \* Walkout lower level features recreation room, bedroom, bath & storage area \* So many wonderful features! Call Judy for more information.



**STEVE CHILDRESS**  
"Experience... with Innovation!"  
Life Member, NVAR Top Producers  
Buyer Broker since 1973!  
703-981-3277



**Fairfax Station \$899,000**

Come home to this wonderful remodeled, center hall colonial with 4 bedrooms, 3.5 baths, in-law/au-pair suite, a beautiful barn and riding arena, nestled on 6 sprawling acres. Enjoy incredible views, lush pastures, deep woods and extensive trails in the equestrian community of Plantation Hills.



Come to the HEART of Real Estate, Since 1980 Proudly Serving Northern VA  
**KAY HART, CRS, GRI**  
Associated Broker  
Life Member NVAR Top Producer  
kay.hart@longandfoster.com  
703.503.1860

**Springfield Coming Soon**

\*\*\*Nice home awaiting some exciting cosmetic improvements\*\*\*4 BR Split Level on a lovely tree lined street. Great location for Ft. Belvoir, Fx Co Pkwy, Springfield Metro, Schools, and Shopping. Single garage, Fireplace, Game Room, Patio and terraced yard. Contact Kay Hart for additional information and available date.

703-217-8444

[Kay.Hart@Longandfoster.com](mailto:Kay.Hart@Longandfoster.com)



**JOHN ASTORINO**  
Realtor®  
703.898.5148



**JA**  
**JOHN ASTORINO**  
& associates

**NEW PRICE OPEN SUNDAY 1-4**



Clifton • 5 acres w/ Pool  
\$1,175,000

Quality marketing will get your home sold FAST!

In a competitive market, buyers need an experienced agent working for them.

Call us today to discuss your real estate needs!

**SOLD IN 2 DAYS ABOVE LIST PRICE!**



Burke Centre • List \$699,900  
**Sold \$715,000**

**UNDER CONTRACT**



Dumfries/Montclair Private Setting • \$425,000

**SOLD IN 15 DAYS!**



Annandale • Luxury Townhome  
\$524,900

**SOLD IN 1 DAY!**



West Springfield Keene Mill Village • \$420,000

For more information, go to [www.JAHomes4u.com](http://www.JAHomes4u.com) or [John.Astorino@LNF.com](mailto:John.Astorino@LNF.com)

**Cheryl Pryor, Realtor**  
Accredited Staging Professional  
Certified Negotiation Expert  
703-801-9985 | [ckpryor@msn.com](mailto:ckpryor@msn.com)



**Under Contract Over List Price of \$719,900**

9213 Silverline Drive, Fairfax Station | Sheffield Model in Crosspointe  
**Buyers are currently seeking similar homes... it's a great time to Sell. Give me a call to List Today!**



**Sheila Adams**  
703-503-1895  
Life Member, NVAR Multi Million Dollar Sales Club  
Life Member, NVAR Top Producers



**Fairfax \$550,000**

Come live in Fairfax County's Best Kept Secret Fairfax Club Estates, Where tree lined streets and manicured

lawns await you. This Colonial Beauty boasts 4 bedrooms, 2 full baths and 2 half baths, Finished Lower Level, ready for occupancy. Many new updates to include Anderson Windows (2014), New Granite in Kitchen, Community Pool + much more.

Call Sheila Adams 703-503-1895



**BARBARA NOWAK & GERRY STAUDTE**  
"My Virginia Home Team"  
703-473-1803, 703-309-8948  
[gerry.staudte@longandfoster.com](mailto:gerry.staudte@longandfoster.com)  
[www.MyVirginiaHomeTeam.com](http://www.MyVirginiaHomeTeam.com)



**Reston \$410,000 New on the Market!**

Fabulous bath renovation! Updated and well cared for 3BR TH close to Metro. 2 SGD offer lots of light in Kit/DR and lead to large deck w/roll-out awning overlooking trees. Walk-out on LL.



**ELLIE WESTER**  
703-503-1880  
L&F Founder's Club  
Lifetime NVAR Top Producer  
Life Member, NVAR Million Dollar Sales Club  
[ellie.wester@longandfoster.com](mailto:ellie.wester@longandfoster.com)



**Herndon \$309,900 The Bryson**

The ultimate location in Herndon; walk to shopping center from your front door and pick up the groceries at Harris Teeter. Lovely and neutral 2 master suite condo freshly painted and new carpet. Limestone faced gas fireplace and a quiet balcony overlooking the pool. Enjoy the amenities offered in the Bryson. New Metro stop in 2020!



**"Committed to Earning the Loyalty of Our Clients by Providing Unparalleled Professionalism and Exceptional Service While Supporting Our Community."**

