



PHOTO BY MIKE SALMON/THE GAZETTE

Walking into the Future

West Potomac High School graduates file out with diplomas in hand and smiles all around. See story and photos, page 3.

18 Months Later

Storck looks back and plans ahead as district supervisor.

By GERALD A. FILL
THE GAZETTE

Approximately 18 months ago, Dan Storck, a veteran Fairfax County School Board member, was elected to a 4-year term of office to replace retiring Mount Vernon District Supervisor Gerry Hyland. Looking back and ahead as he gets ready to take a brief summer break, Storck responded to questions about what he has accomplished and what is ahead for the district and for him as he approaches the halfway mark of his first term. Although the job is by all accounts full time, Storck juggles the schedules of two full-time jobs. In addition, he schedules constituent time daily, and regularly schedules time for constituents in the evenings and on weekends. "I am a 24-7 kind of guy. I love my supervisor interactions with the community," he said.

What was it like to replace a seven-term supervisor?

"Gerry Hyland's leadership on so many issues and for so long set a high standard of community engagement and involvement," Storck said. "As a result, the highly involved district residents are renown around the county. I share the commitment and values of an involved community and am working hard to build on this legacy. I have added more frequent traditional and social media meetings and communications; longer office hours and more outreach locations."

After his election, Storck says he prepared a plan of action along with steps to enact that plan. "I implemented a 2016-2019 plan with specific outcomes. We are on schedule to achieve them. The key steps for achieving these plans initially included staffing, relationship building, communications,



PHOTO BY GERALD A. FILL/THE GAZETTE

Mount Vernon District Supervisor Dan Storck.

and funding."

He detailed the key challenges of his first term: "Increase and accelerate infrastructure and people development; having the Mount Vernon community recognized for the quality of life that it has enjoyed, and the unique historic place that it is. I have hired the staff, greatly expanded communications, including expanded office hours and my availability and presence at community meetings, set up district groups, and appointed representatives to lobby for the resources we need for development funding."

What has most surprised him as supervisor?

"The breadth and depth of issues about which residents need our assistance or want to share their concerns," he said. "We have over 120,000 residents in Mount Vernon district" with the inevitable debates about urbanization and change "coming to the area at an accelerated pace. Therefore, there is a considerable need to be on top of the issues facing Mount Vernon on a continuing basis."

What's being done about airplane noise?

SEE WHAT'S AHEAD. PAGE 13

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Bacon Brothers

Bacon Brothers in Concert, July 28-30, 7:30 p.m. at The Birchmere, 3701 Mt. Vernon Ave. Kevin and Michael Bacon's band, find out if the six degrees of Kevin Bacon separation are true. Visit www.birchmere.com for more.

SATURDAY/JULY 1

Piano Concert. 3-5 p.m. at The Lyceum, 201 S Washington St. Pianist Lydia Frumkin in an afternoon of music by Schubert as part of their summer chamber concert series. These weekly performances are free and open to the public. Donations are welcome. Email wmpa.execdir@gmail.com for more.

Celebrate American Freedom. 6-9:45 p.m. at George Washington's Mount Vernon, 3200 Mount Vernon Highway, Mount Vernon. Fireworks choreographed to patriotic music. \$30-\$34 for adults and \$20-\$24 for youth. Visit www.mountvernon.org/herbthyme for more.

Saturday Cinema at Carlyle. 8:37 p.m. on John Carlyle Square, 300 John Carlyle St. Top Gun is the first of this series. Free. Visit www.AlexandriaVA.gov/CarlyleFun.

SUNDAY/JULY 2

Classical Music Concert. 3-5 p.m. at The Lyceum, 201 S. Washington St.

Classical music by Benjamin Scott on the piano and violin as part of their summer chamber concert series. These weekly performances are free and open to the public. Donations are welcome. Email wmpa.execdir@gmail.com for more.

JULY 3-30

Ceramics Show. Various times at 105 N. Union St., ground floor Studio 19. The "Rough around the Edges" Kiln Club show. Call 703-548-6288 or visit scopegallery.org.

TUESDAY/JULY 4

Independence Day. 9 a.m.-5 p.m. at George Washington's Mount Vernon, 3200 Mount Vernon Highway, Mount Vernon. Event includes a naturalization ceremony for 100 new citizens, military reenactments, a special wreath-laying ceremony, free birthday cake for all guests. Fireworks choreographed to patriotic music. \$18; children ages 6-11, \$9; and children under 5. Visit www.mountvernon.org/herbthyme.

WayneWood Plant Sale. 9 a.m.-1 p.m. at the WayneWood Recreation Park, 1027 Dalebrook Drive. Plant sale is after the community parade. Call 479-221-0883 for more.

THURSDAY/JULY 6

Great War Discussion. 7:30 p.m. at The Lyceum, 201 S. Washington St. To commemorate the 100th anniversary of America's entrance into the Great War, Historian Dr. Mitchell Yockelson will tell the story of some of the individuals who fought in the Meuse-Argonne. A book-signing will follow the lecture. Visit www.alexandriava.gov/Lyceum or call 703-838-4994.

JULY 8-AUG. 5

Adult Woodworking Class. 5-8 p.m. at the Alexandria Seaport Foundation, Union St. Woodworking 101, hosted by ASF's Middle School Math Program Manager, woodworker, and furniture designer Nicole Reidinger of Habitat Woodworks. \$250. Visit

CAMPS, CLASSES & WORKSHOPS

Community Dance. 7:30-9:30 p.m. every third Friday at Hollin Hall Senior Center, 1500 Shenandoah Road. Live music. Tickets are \$4. Call 703-765-4573.

Life Drawing. Del Ray Artisans offers a range of open life drawing sessions for anyone to develop life-drawing skills further. Drop-in for the session and bring supplies to draw or paint live models. Fee ranges from \$8-\$12. All skill levels are welcome. Del Ray Artisans is located at 2704 Mount Vernon Ave. Visit www.TheDelRayArtisans.org for a schedule.

The Harmony Heritage Singers (Mount Vernon Chapter of Barbershop Harmony Society), a daytime, a cappella, Chorus, rehearses on the 2nd and 4th Tuesdays, monthly, at Sherwood Hall Regional Library, 2501 Sherwood Hall Lane, 10 a.m.-1 p.m. Newcomers welcome for fun or to book for a performance. Visit www.HHSingers.org, or call Bruce at 703-352-5271.

MAY 31-AUG. 25

Summer Theatre Camps. Various times at the Little Theatre of Alexandria, 600 Wolfe St. Preschool-8th graders can learn acting, musical theatre, dancing, improv, Shakespeare, film making. Visit www.thelittletheatre.com or call 703-683-5778.

JUNE 26-28

Civil War Mini-Camp. 9 a.m.-1 p.m. each day at Fort Ward Museum and Historic Site, 4301 West Braddock Road. Camp participants will explore life during the

Civil War through fun and educational activities such as drilling and marching, hands-on craft lessons, 19th-century games, and learning from guest reenactors. Ages 9-12. Call 703-746-4848 or visit www.fortward.org.

JULY 17-21

Del Ray Artisans 2017 Summer Art Camp. All day at Del Ray Artisans gallery, 2704 Mount Vernon Ave. Ages 8-14 are invited to spend one week creating art and architecture, followed by a one-day gallery show. All art supplies and snacks are provided. Visit DelRayArtisans.org/event/Art-Camp-2017 for more.

JULY 18-20

History Camp for Kids. 9 a.m.-noon. at The Lyceum, 201 South Washington St. Engages children in American history and life in historic Alexandria through artifacts, storytelling, singing, crafts, old-fashioned games, and visits to nearby historic places. \$105. Visit www.alexandriava.gov/Lyceum, or call 703-746-4994.

JULY 24-28

Del Ray Artisans 2017 Summer Art Camp. All day at Del Ray Artisans gallery, 2704 Mount Vernon Ave. Ages 8-14 are invited to spend one week creating art and architecture, followed by a one-day gallery show. All art supplies and snacks are provided. Visit DelRayArtisans.org/event/Art-Camp-2017 for more.

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SUNDAY/JULY 9

Behind the Scenes Geek Tours.

noon-1 p.m. at the Apothecary Museum, 105-107 S. Fairfax St. Outside of the regular tour parameters, an expert guide leads this tour, including the rarely open basement and 3rd floor of the historic pharmacy. Tour recommended for adults only. \$15. Visit www.alexandriava.gov/Apothecary or call 703-746-3852.

Opening Reception. 4-6 p.m. at The Athenaeum, 201 Prince St. "Pairs : Fiber Art from New Image Artists." Curated by Trudi Van Dyke, Pairs is an exhibition by 13 contemporary fiber artists who are members of the New Image Artists group. Exhibit runs from June 29-Aug. 6. Visit www.nvfaa.org or call 703-548-0035.

No. 9 on the 9th. 6:30-9:30 p.m. at the at No. 9 Lounge, Evening Star Cafe, 2000 Mt. Vernon Ave. The Alexandria Young Democrats are relaunching the chapter. Visit www.alexyoungdems.org for more.

WEDNESDAY/JULY 12

Play: "Hay Fever." 7:30 p.m. at Frank Lloyd Wright's Pope- Leighey House Lawn, 9000 Richmond Highway. The Picnic Theatre Company and Woodlawn/Pope Leighey House Present the only showing in Virginia of Noel Coward's 1929 play about the dysfunctional family. Visit dumbartonhouse.org/events for more.

How to Get Started in Scuba. 7:30 p.m. at Boat US HQ, 880 South Pickett St. Lecture by Rob Curren of Patriot Scuba of Occoquan discusses how to get started in scuba diving. Visit www.PatriotScuba.com.

THURSDAY/JULY 13

Coffee and Connections. 8-9 a.m. at The Potomack Company, 1120 North Fairfax St. A networking Alexandria Chamber of Commerce event with a lecture by Elizabeth Haynie Wainstein on her career in auctions. \$10 for members, \$20 for non-members. Visit alexchamber.com.

Artists Reception. 6-8 p.m. at the Torpedo Factory, 105 North Union



Raku by Klaudia Levin

Through July 1

Ceramic Show at Studio 19 of the Torpedo Factory Art Center, 105 N. Union St. The "Classic Wedding Whites" Ceramic Guild show at Scope Gallery. Call Scope Gallery at 703-548-6288, visit www.scopegallery.org for more.

Street. "Sarah Nesbitt: Making Sense of What We Have," exhibition open July 13-Sept. 3. Visit www.theheartleague.org for more.

Artists Reception. 6:30-8 p.m. at the Torpedo Factory, Studio 21, 105 North Union Street. Sally Davies' "Global Views: Light & Shadow" exhibition open July 6-Aug. 6. Visit www.theheartleague.org for more.

Kasey Chambers with Garrett Kato Concert. 7:30 p.m. at The Birchmere, 3701 Mt. Vernon Ave. New double album "Dragonfly." \$35. Visit www.birchmere.com for more.

JULY 13-29

By the Seashore. Various morning hours at The Lab at Convergence, 1819 N. Quaker Lane. Produced by Arts on the Horizon. Using an

imaginative mix of puppetry, movement, and sound, this sensory-filled production is specifically designed for babies and young toddlers. Visit www.artsonthehorizon.org for more.

JULY 14-AUG. 31

Oil Paintings by Patricia Uchello. 9 a.m.-5 p.m. at the River Farm, 7931 East Blvd. Free. Call 703-768-6983 or visit www.patriciauchello.com.

SUNDAY/JULY 16

Jazz at Meade. 4 p.m. at the Meade Memorial Episcopal Church, 322 N. Alfred St. Musicians Tony Craddock, Jr., and Cold Front. \$20 donation. Visit www.meadechurch.org.

TUESDAY/JULY 18

The Mastersons in Concert. 7:30 p.m. at The Birchmere, 3701 Mt. Vernon Ave. \$59.50. Visit www.birchmere.com for more.

THURSDAY/JULY 20

Garden Tour and Tea. 1-3 p.m. at Green Spring Gardens, 4603 Green Spring Road. Tour the demonstration gardens with a Master Gardener docent who will narrate with stories

of Green Spring past and present. Afterwards, a traditional English afternoon tea. \$32. Visit www.fairfaxcounty.gov/parks/parktakes or call 703-642-5173.

SATURDAY/JULY 22

Russian Folk Music. 7:30 p.m. at the Holiday Inn, 625 First St. Festival concert of more than 100 musicians from all over the world marks the end of the International Music Convention of Russian Folk Instruments. Visit www.bdaa.com.

THURSDAY/JULY 27

40 Under 40 Celebration. 6-9 p.m. at United Way Worldwide, 701 N. Fairfax St. The 40 under 40 program was established in 2016 by the Alexandria Chamber of Commerce to recognize top men and women, age 40 and under, engaged in a variety of fields including business, technology, nonprofit management, civic life, public service, education, and the arts. \$89. Visit alexchamber.com.

JULY 28-30

Bacon Brothers Concert. 7:30 p.m. at The Birchmere, 3701 Mt. Vernon Ave. Kevin and Michael Bacon's



Vase by Norma Hintze

band, find out if the six degrees of Kevin Bacon separation are true. Visit www.birchmere.com for more.

SATURDAY/AUG. 5

Saturday Cinema at Carlyle. 8:14 p.m. on John Carlyle Square, 300 John Carlyle St. Caddyshack is the second of this series. Free. Visit www.AlexandriaVA.gov/CarlyleFun.

SUNDAY/AUG. 13

An Outlandish Geek Tour. noon-1 p.m. at the Apothecary Museum, 105-107 S. Fairfax St. Learn about a few of the herbal medicines featured in Diana Gabaldon's "Outlander" series of novels, from cascara to dauco seeds. Tour recommended for adults only. \$15. Visit www.alexandriava.gov/Apothecary or call 703-746-3852.

Documentary Film Tour. 7:30 p.m. at The Birchmere, 3701 Mount Vernon Ave. Alexandria. Hosted by Calek and SIR NOFACE Producer Justin Holstein, the "SIR NOFACE LIVES" tour offers attendees the chance to be among the first to see Calek's mind-bending SIR NOFACE documentary, which chronicles the Australian Government-sanctioned paranormal investigation of Cockatoo Island. Visit sirnoface.com.

SUMMER SUNSET MOVIES IN MOUNT VERNON

The Mount Vernon Rec Center at 2017 Belle View Boulevard will be the location for family-friendly movies throughout the summer. Twice a month, from 7-11 p.m., movies will start at sunset.

- ❖ June 30 - "Nine Lives"
- ❖ July 14 - "The Jungle Book"
- ❖ July 28 - "Secret Life of Pets"
- ❖ Aug. 11 - "The Lego Batman Movie"
- ❖ Aug. 25 - "Beauty and the Beast"



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PUBLIC NOTICE

Please be advised that a brief fireworks display will take place as part of a private event at George Washington's Mount Vernon on the following date:

Thursday, July 4,

between 1:00 p.m. and 1:15 p.m. (5 minutes)

The Mount Vernon Ladies' Association thanks you for your tolerance and apologizes for any disruption. To receive Mount Vernon fireworks notifications via e-mail, write to:

Events@MountVernon.org.

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OPINION

Federal Health Bill Horror

FROM PAGE 7

icaid under the Affordable Care Act (ACA) and Virginia continues to have the lowest permissible level of federal matching for Medicaid at 50 percent. As a result, 75 percent of other states receive a higher Medicaid match than Virginia, putting us at an immediate economic disadvantage.

Second, using 2016 as a baseline would exclude the new Addiction Recovery and Treatment Services (ARTS) program designed to address Virginia's opioid epidemic, which was declared a public health emergency. A per capita cap would also exclude Virginia's \$46 million developmental disability system investment that also begins this year.

The Senate ACHA uses the Consumer Price Index-Medical (CPI-M) metric, which BMAS says is "ill-suited for indexing Medicaid costs since Medicaid pays for services households typically do not purchase. This also exposes Virginia to potentially devastating retroactive Federal funding changes. If the CPI-M were to drop only .5 percent, Virginia's seven-year projected funding gap would go from \$700 million to \$2.1 billion."

Another reason per capita CPI-M caps are bad is that CPI-M only calculates projections for urban populations and does not reflect the distribution of the costs for certain Medicaid populations like the aged, blind and disabled who have more expensive medical problems. The first year that the ACHA goes

into effect, Virginia would lose \$22 million, according to BMAS, growing and compounding annually as more boomers age and add to those populations.

Medicaid is an entitlement program so we are required by law to pay certain costs when Virginia creates its budget. Since Virginia has a balanced-budget requirement, the Republican legislature would need to undertake the single-largest tax increase in Virginia history, eliminate or cut medical, behavioral health services, addiction treatment, and long-term support services; reduce eligibility; cut provider payment rates (already only 75 percent of Medicare rates); cut payments to health plans.

At risk here is more than Virginia's fiscal health. The ACHA would inflict real damage on Virginians like you.

Someone who needed nursing care for their daughter currently receives 12-16 hours per day via Medicaid for only \$500 per year. The ACHA would force you to choose between paying more than \$86,000 out-of-pocket annually or to forego necessary nursing care in addition to pay for items like durable medical equipment and enteral formula.

Providing help to our fellow Virginians in need, who cannot help themselves, not only makes costs cheaper in the long term, but also is a moral imperative. The ACHA doesn't simply "repeal Obamacare," a stupid goal by itself, it breaks Medicaid and the entire health system as we know it.

Plan Now for NOVA's Boom

FROM PAGE 6

ter way to go in terms of infrastructure, energy consumption, and quality of life. Leaders in the U.S. 1 Corridor in Fairfax and Prince William counties should see this as major redevelopment opportunity to improve our communities.

It also only underscores the pressure that Northern Virginia's existing government infrastructure will feel as numbers continue to grow. We will need new transit, schools, and parks as we plan for this influx of people.

Planning for these kinds of populations shifts takes decades which is why we need to lay the groundwork today.

Politics

There are also political consequences in these population increases. Although I did not use the 2010

numbers, if you use the 2010 population used to conduct the last redistricting, this would mean a net pickup of 5.1 delegates and two senators for Northern Virginia.

Although, it is a little harder to calculate because of the activity in other states, it is also pretty apparent that Virginia will likely pickup 1-2 Congressional seats and at least one of them will be in Northern Virginia.

I did not do all of the math, but it is fairly apparent that nearly 70 percent of the state's population will be in the I-95/I-64, NOVA-Richmond-Hampton Roads Corridor. Our regions need to continue to work together to look for common ground as we cope with these challenges.

It is an honor to serve as your state senator. Please email me at scott@scottsuovell.org if you have any feedback.

SCHOOL NOTES

Email announcements to gazette@connectionnewspapers.com. Deadline is Thursday at noon. Photos are welcome.

Mary Grace Vivian Killmer, from Alexandria, was named to the dean's list for spring 2017 at Wofford College (Spartanburg, S.C.).

Anastasia Carolyn Espejo Voellm, of Alexandria, graduated from Baylor University (Waco, Texas) with a Bachelor of Arts in international studies.

Timothy Robert Lindsay, of Alexandria, received a B.S.C. cum laude from Washington and Lee University (Lexington, Va.). Lindsay majored in accounting and business administration.

Russell Penniman Schmidt, of

Alexandria, received a B.S.C. from Washington and Lee University (Lexington, Va.). Schmidt majored in business administration.

Claire Malkie, of Alexandria, was named to the dean's list at Hofstra University (Hempstead, NY) for spring 2017.

Mary Margaret Patalita, of Alexandria, received a bachelor of arts degree from the College of the Holy Cross (Worcester, Mass.).

Devon McMahon, a psychology major from Alexandria, received a bachelor's degree at Florida Institute of Technology (Melbourne, Fl.).

Pamela Molnar, of Alexandria, made the president's list for James

Madison University (Harrisonburg, Va.) for the spring 2017 semester. Molnar is majoring in communication sciences and disorders and is scheduled to graduate in 2017.

Troy Clark, of Alexandria, made the president's list for James Madison University (Harrisonburg, Va.) for the spring 2017 semester. Clark is majoring in accounting and is scheduled to graduate in 2017.

Nora Skiba, of Alexandria, made the president's list at Bluefield College (Bluefield, Va.) for the spring semester of 2017.

Campbell Long Voltmann, of Alexandria, graduated from Baylor University (Waco, Texas) with a Bachelor of Business Administration in management information systems and supply chain management.

What's Ahead for Mount Vernon?

FROM PAGE 1

"I have been fighting airplane and helicopter noise through letters, contacts and Board Resolutions targeted at the federal officials, who control this noise, by organizing and championing the efforts of the South Flow Alliance," Storck said. "We need more people and other elected officials to join us."

In terms of public safety, "I have held community meetings with the chief of police and the sheriff; I will hold a Senior Safety Summit at the Governmental Center on June 30. There will be a new south county Police Station which will bring more resources to our district and the county. The Mount Vernon police have done a remarkable job keeping our community safe with limited resources."

In what ways can the county operate more efficiently and effectively?

"My tourism and commercial development initiatives can generate significant revenue while I continue to focus on our line of business reviews for efficiency and cost savings," he said.

With Mount Vernon District's significant number of 55-and-over residents, what can be done to promote independent living and ease the transition of aging seniors into more dependent stages?

"I am holding a Senior Safety Summit at the Governmental Center June 30; I have reached out to seniors to expand their involvement in the community. I have also stressed the importance of transitional housing," he said.

In terms of Lorton transportation and development issues, Storck said he is "very pleased with the widening of Lorton Road, the ongoing adaptive reuse of the former Lorton Prison, and the expansion of residential development. In addition, the Workhouse Arts Center continues to be a positive financial opportunity that I will support."

What are his biggest challenges?

"What remains and will continue to be a problem is getting the federal, state, and local resources to address longstanding shortfalls in financial support for our people and infrastructure," he said.

What new development will residents witness in the coming months and years?

"Transforming the Old Mount Vernon High School



PHOTO BY GERALD A. FILI/THE GAZETTE

Mount Vernon Supervisor Dan Storck and his staff at the Mount Vernon Governmental Center.

into a new multipurpose community center; a new community center in Lorton; the completion of the Huntington levee; the Mount Vernon Hospital Rehab Center; the Emergency Medical Center at Mount Vernon Hospital; the Lorton HealthPlex; and the management and transition of suburban to urban settings in a positive and constructive way. This includes improved transportation systems, among other initiatives," he said.

What is best about his job as Mount Vernon District supervisor?

"Meeting the thousands of people that I have met and continue to meet. The opportunity to help people in need. I especially enjoy the scenic beauty and history that is Mount Vernon; it is a pure joy," Storck said.

See www.fairfaxcounty.gov/mountvernon.

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PHOTO BY MIKE SALMON/THE GAZETTE

Mulch Fire

Station 424 Woodlawn responds to a fire in the mulch pile on Sunday, June 25 at Grist Mill Park in Mount Vernon.

Infusing is Rarely Amusing

By KENNETH B. LOURIE



Four weeks out of every five, it appears as if I don't have cancer. Fortunately, I don't look the part. Nor do I act the part – in my opinion. However, there is one week out of every five when I most definitely feel the part: the week after my chemotherapy infusion, when eating is a particular challenge. The look, feel, taste and thought of food and/or drink is nearly impossible to swallow – literally and figuratively. And though I'm not in any pain during this post-chemotherapy weak, I am compromised nonetheless.

Friends and family who are familiar with my "normal" eating habits (I'd order off the children's menu if I could) have joked that since I'm unable to eat any of the usual and customary Kenny selections, perhaps I should try eating foods that I would never select: Brussels sprouts, grapefruit, tuna fish in a can, fresh fish on a platter, all condiments other than mayonnaise, all legumes and a million other foods that you probably love. Plain and boring is how I roll (a potato roll is my preference), repeatedly.

The problem is that when I'm post chemo, nothing satiates: salty, sweet or "snacky;" hot, cold or medium; fast or slow; store-bought, home-made or restaurant-ready. It's all merely a variation on a theme where my back stiffens, my head tilts back and down and my eating mind says "no." It's been this way for about two and a half years now. And though I don't look the least bit undernourished, I am overwhelmed by these week-long post-chemotherapy eating fits and non-starts.

Naturally I have discussed this side effect with my oncologist. When asked how long this situation lasts, my seven-ish day struggle seems about average, according to my doctor, maybe even slightly shorter than some other patients he treats who are infused with the same chemotherapy drug as I am. Apparently, there are other patients where the eating challenges last even longer than mine. And since there's nothing to be prescribed/recommended to affect this eating problem/lack of outcome, all I can do is live with the consequences of my treatment. Live being the operative word. So unless I stop treatment, this eating challenge will persist, presumably. (Although, there's scant clinical information regarding side effects on stage IV, non-small cell lung cancer patients still living after eight years and four months as we're a patient population that doesn't much exist. We're not exactly unicorns, but neither are we ponies at the Fair.)

Fairness – and normalcy for me was officially gone on Feb. 27, 2009, the date of my diagnosis and the initial Team Lourie meeting with my oncologist. But so what. As of that date, my perspective/orientation became about living forward, not recriminating backward. Sure, the present was important, but the future was more important, and the past, well, it had passed. No more could I afford to consider who, what, where, when, why and how I ended up in this predicament. My goal was to remain positive, take the bad with good, survive until the next drug approval by the FDA (of which there have been half a dozen in the last two years specifically for the treatment of lung cancer) and try not to impose my problems on anyone else.

Which I believe I've succeeded in doing. Oh sure, I've imposed myself on you regular readers, but what I've imposed on you have been my experiences. Considering the context, I'd like to think I've shared, not self-indulged. Moreover, I'd like to think we're all better off for the 'experience.' I know I am.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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CRIME

The following incidents were reported by the Mount Vernon District Police Station.

BURGLARY: 2800 block of East Lee Avenue. June 23, 8:16 p.m. A homeowner reported that someone broke into the home and took property. There is no suspect description.

OBSCENE SEXUAL DISPLAY: 7700 block of Richmond Highway (T.J. Maxx), June 22 around 1:26 p.m. A man was seen touching himself inappropriately inside the store. He was described as white, between 45 and 60 years old, about 6 feet 1 inch tall and 165 to 180 pounds.

ROBBERY: 7900 block of Audubon Avenue, June 22 around 4:25 p.m. A pizza delivery man was robbed by four males. The victim was walking back to his car when one suspect approached from behind and assaulted him. The suspects took money then fled. One suspect was described as Hispanic, about 15 years old, 5 feet 7 inches tall, with a thin build, and wearing a blue shirt. Another suspect was described as black, about 19 years old, 5 feet 9 inches tall, with a stocky build, and short hair. The victim was taken to the hospital and treated for minor injuries.

JUNE 26 — LARCENIES
 8200 block of Claremont Woods Drive, wallet from residence

1500 block of Cornerside Boulevard, cell phone from business

6000 block of Grove Drive, purse from vehicle

7900 block of Jones Branch Drive, cell phone from business

3100 block of Lockheed Boulevard, wallet from vehicle

4700 block of Mt. Vernon Memorial Highway, purse from vehicle

2500 block of Parkers Lane, cell phone from school

5900 block of Richmond Highway, license plate from vehicle

6600 block of Richmond Highway, merchandise from business

7900 block of Richmond Highway, merchandise from business

8200 block of Richmond Highway, cell phone from business

STOLEN VEHICLES
 5900 block of Grand Pavilion Way, 2015 Honda Civic

BULLETIN BOARD

FROM PAGE 5

An Urdu-speaking Grocery Shopper is needed in Alexandria to assist an older adult male twice a month.

The Kingstowne Center for Active Adults needs Instructors for the following classes: Art, Line Dance, Hula Hoop Class and African Style Dance.

The Mount Vernon Adult Day Health Care Center needs front desk volunteers, an Art Instructor to teach water colors and acrylics and Social Companions.

The Lincolnia Senior Center in Alexandria is looking for Instructors for the following classes: Jewelry Making, Knitting/Crochet, Zumba, Yoga/Matwork, Aerobics and needs Front Desk Assistance.

THROUGH AUG. 25

Summer Lunches. The Fairfax County Public Schools Office of Food and Nutrition Services will be hosting the FEEDS (Food for Every Child to Eat During Summer) BBQ program, a USDA-funded program is free to all children 18 years and under and \$2 for adults. There is no registration involved, and open to everyone. Meal service will be provided at the following sites Monday-Friday, 11:30-1 p.m. No service on July 3 and 4. In the Mount Vernon area, FEEDS is offered at the following schools:

- ❖ Bren Mar Park Elementary, 6344 Beryl Road
- ❖ Hybla Valley Elementary, 3415 Lockheed Blvd.
- ❖ Mount Vernon Woods Elementary, 4015 Fielding St.
- ❖ Riverside Elementary, 8410 Old Mount Vernon Road

FRIDAY/JUNE 30

Senior Health and Safety Seminar. 9 a.m.-noon at the Mount Vernon Governmental Center, 2511 Parkers Lane. Mount Vernon District Supervisor Dan Storck invites residents to attend a senior health and safety seminar. Visit www.fairfaxcounty.gov/news2/event/mount-vernon-district-senior-safety-summer-june-30/.