



PHOTO BY MIKE SALMON/THE GAZETTE

Walking into the Future
West Potomac High School graduates file out with diplomas in hand and smiles all around. See story and photos, page 3.

18 Months Later
Storck looks back and plans ahead as district supervisor.

By GERALD A. FILL
THE GAZETTE

Approximately 18 months ago, Dan Storck, a veteran Fairfax County School Board member, was elected to a 4-year term of office to replace retiring Mount Vernon District Supervisor Gerry Hyland. Looking back and ahead as he gets ready to take a brief summer break, Storck responded to questions about what he has accomplished and what is ahead for the district and for him as he approaches the halfway mark of his first term. Although the job is by all accounts full time, Storck juggles the schedules of two full-time jobs. In addition, he schedules constituent time daily, and regularly schedules time for constituents in the evenings and on weekends. “I am a 24-7 kind of guy. I love my supervisor interactions with the community,” he said.

What was it like to replace a seven-term supervisor?

“Gerry Hyland’s leadership on so many issues and for so long set a high standard of community engagement and involvement,” Storck said. “As a result, the highly involved district residents are renowned around the county. I share the commitment and values of an involved community and am working hard to build on this legacy. I have added more frequent traditional and social media meetings and communications; longer office hours and more outreach locations.”

After his election, Storck says he prepared a plan of action along with steps to enact that plan. “I implemented a 2016-2019 plan with specific outcomes. We are on schedule to achieve them. The key steps for achieving these plans initially included staffing, relationship building, communications,



PHOTO BY GERALD A. FILL/THE GAZETTE

Mount Vernon District Supervisor Dan Storck.

and funding.”
He detailed the key challenges of his first term: “Increase and accelerate infrastructure and people development; having the Mount Vernon community recognized for the quality of life that it has enjoyed, and the unique historic place that it is. I have hired the staff, greatly expanded communications, including expanded office hours and my availability and presence at community meetings, set up district groups, and appointed representatives to lobby for the resources we need for development funding.”
What has most surprised him as supervisor?
“The breadth and depth of issues about which residents need our assistance or want to share their concerns,” he said. “We have over 120,000 residents in Mount Vernon district” with the inevitable debates about urbanization and change “coming to the area at an accelerated pace. Therefore, there is a considerable need to be on top of the issues facing Mount Vernon on a continuing basis.”
What’s being done about airplane noise?

SEE WHAT’S AHEAD, PAGE 13

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West Potomac Graduates Bid Farewell

BY MIKE SALMON
THE GAZETTE

It's on to another chapter in the lives of West Potomac High School graduates, as they crossed the stage at George Mason University on June 21, with smiles and waves as family and friends looked on.

"It's off to the great, maybe not so great world of adulthood," said Martha Gallagher, the senior class president, sharing the stage with school officials, Mount Vernon Supervisor Dan Storck, state Sen. Scott Surovell and Del. Paul Krizek.

"Soon enough our class will be made of world leaders, engineers, teachers and more," Gallagher said.

Dale Rumberger, the interim principal, spoke highly of Gallagher, noting that he wouldn't be surprised if she ended up in the White House someday. "By knowing members of the graduating class, I have been changed for the good," he said, before the West Potomac High School music department started playing "For Good," by Stephen Schwartz.

It was then graduate speakers Liz Brodie, Melany Bohorquez and Xavier Kimes turn at the microphone. "Stop counting for a moment," said Brodie, "and realize how far we have come," she said. Xavier Kimes counted though, noting that there were 1,440 minutes in a day to "take time to enjoy ourselves," he said.

The Outstanding Faculty award went to Dana Hubbard and the Outstanding Student went to Darlyn Arleny Matamoros Umana.

Rumberger remembered when he transitioned into adulthood, and shared a few words his father had for him years ago. "Don't mess up, he didn't get much deeper than that," he said.

On July 5, Rumberger will no longer be the interim principal at West Potomac and Tanganyika

Millard will take over as permanent principal.

As the band went into "Pomp and Circumstance" again, it was time for the 545 students in the graduating class to shake hands and get the diploma before the parties, beach trips and summer jobs begin.

Charles Baker is heading down to the Florida Keys to work at "Dolphins Plus," a family business working with dolphins. "Pretty much be assigned one dolphin, feed it and train it all summer," he said.

Senior class president Martha Gallagher is going on a European trip with some of the faculty, while Anna Ustun will work at a children's camp in West Virginia teaching wildlife before heading to Virginia Tech in the fall, where her sister Emily goes.

"We'll be conquering the world together at Virginia Tech," Emily Ustun said.



The mortar board caps go airborne.

PHOTOS BY MIKE SALMON/THE GAZETTE

'Pomp and Circumstance'

The story behind the graduation hymn "Pomp and Circumstance."

- ❖ Sir Edward Elgar composed "Pomp and Circumstance" in 1901.
- ❖ The title comes from a line in Shakespeare's "Othello" ("Pride, pomp, and circumstance of glorious war!")
- ❖ First used for the coronation of King Edward VII.

- ❖ It first became associated with graduations in 1905, when it was played as Elgar received an honorary doctorate from Yale University.
- ❖ It was played as a recessional, not as a processional, at the ceremony.

Source: National Public Radio



Katharine Amato heads up the ramp to get her diploma.



The grads file out with diplomas in hand and smiles all around.



Sania Khan gets a shot of her sister Madiha Khan as she crosses the stage.



In the parking lot, it was time for hugs and photos.



Anna Ustun is headed to Virginia Tech with sister Emily.

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COMING SOON



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Christine Garner
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REDUCED



Fords Landing \$1,599,000
700 South Union Street. One of a kind signature home designed by renowned architect Arthur Cotton Moore! 3 bedrooms, 3.5 baths with attached garage, 2 rooftop terraces and a private walled patio! Over 3,200 sq. ft. of living space with spacious light filled rooms, wonderful flow for entertaining and many unique architectural features.

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Diann Hicks Carlson 703.628.2440



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Lisa McCaskill 703.615.6036



Kingstowne Hawthorne \$579,900

7812 Locust Leaf Lane. Stunning 3 bedroom, 2.5 bath end townhouse with large deck overlooking woods. Open floor plan light filled rooms and hardwood floors on main level. Gourmet eat-in kitchen with adjoining family room. Living room with coffered ceiling and dining room with columns. Huge recreation room with gas fireplace walks out to fenced yard with patio. Walk to Wegmans Towne Center!

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Greg Koons 703.209.7678
Joni Koons 703.209.7277

NEW LISTING



Open Sunday

Alexandria \$460,000
8239 Cedar Landing Ct. Move-in ready brick townhome w/style and open floor plan. 4 br 3.5 bath. Hrwrd flrs. Kit w/granite cnttrps, SS appls & sitting rm. Mstr Bdrm en suite. LL rec rm w/fpl + 4th BR/BA. Priv fenced-in outdoor patio. Pool & comm amenities. Clse to GW prkwy, public transit & OT.

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Lily Rasser, third grader, examines a wasp nest.



Third graders get a hands-on lesson at the Touch the Sea ocean tanks.

PHOTOS CONTRIBUTED

PTA Launches Enrichment Initiative

STEAMing through the end of the year.

To keep students excited and to provide enriching, educational instruction up until the last day of school, the Stratford Landing Elementary PTA worked with teachers and administration to create the school's first STEAM Week initiative June 12-16. STEAM stands for Science, Technology, Engineering, Art and Math.

Students on each grade level were challenged with one driving question, such as first grade, which examined the effects school construction has had on neighboring animal habitats and how to best construct homes that resemble animal homes. This grade then went on to hear presentations from a zoologist who discussed animal habitat types, animal needs and how to replicate what is found in nature.

The next day, they observed bird and wasp nests and heard from a beekeeper on how bees use engineering to build their homes. This group also built animal homes out of recycled materials, starting with the design process.

At the end of the week, students presented their creations. Sixth grader, Lucy Jefferies enjoyed STEAM Week because, "we were free to explore and create different concepts." Her sixth grade class looked at the challenges of colonizing Mars and what they have learned from early American colonists to make for a successful foundation on the planet.

STEAM Week also showcased the partnerships



Maggie Hosek, first grader, learns about the qualities of beeswax.

Stratford Landing has with many local groups and businesses who continue to support the school, not only through fundraising efforts, but also through such enriching activities. "We are blessed to be surrounded by people who want to help us bring the world to our students. We know they learn differently through hands-on activities, presenters, and demonstrators and we couldn't pull this week off without their help. From the American Horticulture Society to Hangar Prosthetics to ZGF Architects to the U.S. Geospatial Intelligence Foundation, Under the Sea, Huntley Meadows Nature Center, ChildTech, and parents who work at NASA, we were able to provide a lasting learning experience," said Sara Jefferies, one of the parent organizers.

BULLETIN BOARD

Submit civic/community announcements at ConnectionNewspapers.com/Calendar. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

INDEPENDENCE DAY

Free Sober Rides. Tuesday, July 4, 7 p.m. through Wednesday, July 5, 2 a.m. Area residents, 21 and older, may download Lyft to their phones, then enter the code SOBERJULY4 in the app's "Promo" section to receive a no cost (up to \$15) safe ride home.

The SoberRide code is valid for the first 1,500 Lyft users who enter the code. Visit www.soberride.com.

VOLUNTEERS NEEDED

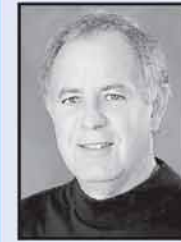
Contact Volunteer Solutions at 703-324-5406, VolunteerSolutions@fairfaxcounty.gov or www.fairfaxcounty.gov/dfs/olderadultservices/volunteer-solutions.htm.

The Gum Springs Senior Program is looking for a Line Dance Instructor.

SEE BULLETIN, PAGE 14

Correction

In "Bidding Farewell to Mount Vernon High School" [The Gazette, June 22] the school should have been referred to as the home of the Majors, not the Bulldogs.



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ALSO FOR RENT \$3,200

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3301 Wessynton Way
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SOLD

Alex/Kings Landing \$557,000
3512 Wood Pile Court
Everyone's Dream! - A beautifully updated 4BR, 2.5BA Colonial nestled on a private, cozy cul-de-sac. 3 finished levels - tons of storage, 6 panel doors & double pane windows plus a large 2 car garage. Stunning kitchen & baths w/beautiful granite counters. Family room w/fireplace off kitchen & breakfast area w/SGDs to a large deck overlooking a wonderful backyard. Great, Great Value!



UNDER CONTRACT

Alex/Riverside Estates \$599,900
8303 Cherry Valley Lane
Stunning & meticulous don't begin to describe this beautiful 4BR, 2.5BA Colonial. Everything has been upgraded & addressed: Kitchen, Baths, Dbl Pane Windows, Refinished Hardwood Floors, Paint, Carpet, etc. etc. 3 Finished levels, 2 FPLs, 1 car garage, beautifully landscaped large bkyd w/privacy fence. You have to see this house, its spectacular! 5 mins to Ft. Belvoir, 15 mins to Old Town, 27 mins to Ntl Airport.



OPEN SUNDAY 1-4

Alex/Wessynton
8805 Anne Tucker Lane
Lovely 4BR, 3BA Ramble w/garage in Mt. Vernon's Contemporary Community of Wessynton, a stone's throw to Mt. Vernon Estate and GW Parkway. Popular River Model on a quiet cul-de-sac w/walkout lower level to a beautiful and private backyard - freshly painted interior, new carpeting on lower level and beautiful refinished hwd flrs. Community amenities include boat ramp, swimming pool, tennis courts. Priced in the low \$600's, this is a bargain.



UNDER CONTRACT

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COMING SOON

Alex/Mt. Vernon Manor \$589,400
4601 Wood Drive
Stunning 4BR, 3BA Split w/a carport & a garage on a beautiful lot w/a spectacular screened porch-perfect for entertaining & enjoying your private time. Freshly painted interior, beautiful refinished hwd flrs, updated kitchen w/cherry cabinets & granite counters. Great price. 5 minutes to Ft. Belvoir, 25 mins to Ntl Airport. This is a 10!



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OPINION

Killing the Poor to Pay Millionaires

Even employer provided insurance would suffer; coverage caps and exclusions of pre-existing conditions could return.

The U.S. Senate bill to repeal the Affordable Care Act would take more than \$600 billion (yes with a B) from poor children, poor elders and people with disabilities to give a tax cut to people who make more than \$200,000 a year. Households with income of \$1 million, would gain \$50,000 in tax cuts per year. It is a massive transfer of wealth to the wealthiest households in America taken from the most vulnerable and neediest people. It would lead to more sick people and thousands of preventable deaths every year.

While much of the damage is done by massive cuts to Medicaid, affecting poor children, people with disabilities and most people in nursing homes, some of the changes will result in damage to the quality of insurance for those who get their insurance from their employers as well.

What could go wrong?

❖ Millions of people lose their health insurance — 22 million fewer would have health insurance by 2026 according to the Congressional Budget Office analysis.

❖ Loss of coverage for pre-existing conditions, including cancer survivors, people who had transplants, people with asthma, arthritis, high cholesterol, hypertension, obesity, mental health issues, ADD, etc.

❖ States could opt out of the law's essential

health benefits measure, which requires insurers to cover 10 main benefits, including hospitalization, prescription drugs and other services. That is, companies could sell health insurance that wouldn't actually be health insurance. Would Virginia be a state that opts out? Quite likely.

❖ Ending annual and lifetime coverage caps would also impact people who get health insurance from their employers and the private insurance market. For example, a serious accident or an illness that requires repeated surgeries or bone marrow transplants could put any one of us over the coverage cap.

❖ Medicaid pays public schools for many services for special education students, but the Senate bill removes schools from eligible Medicaid providers, costing Virginia an estimated \$40 million annually; \$3 million in Fairfax County; \$2 million in the City of Alexandria.

❖ \$800 billion plus in cuts to Medicaid puts the funding for most people who are currently in nursing homes at risk. Many of these are people who were middle class and but outlived their savings and coverage.

❖ In Virginia, the proposed changes to Medicaid would cost the state \$1.4 billion over seven years.

❖ Medicaid pays for much of the fight against opioid addiction, including treatment. Cuts would be devastating to efforts to counter the wave of overdose deaths and other effects of

addiction.

❖ Coverage for mental health treatment, including addiction treatment, is threatened both by cuts to Medicaid and by changes in the private insurance market.

❖ There will be greater need for Medicaid over time. More seniors will be poor, as fewer people who are retiring have pensions or adequate retirement savings. The demand for nursing home beds will be increasing as the population ages.

(This is by no means a comprehensive list of problems.)

If a version of the Senate bill were to pass, the results will be harmful to tens of millions of Americans. Call your senators. Virginia's U.S. Senators, Tim Kaine and Mark Warner, are both Democrats in the forefront of pushing back against this bill. But let them know you expect them to do the extraordinary to hold this up. Call the senators listed below and tell them to vote against it.

Ask family and friends to call their senators today.

If you have family or friends who live in West Virginia, Louisiana, Maine, Nevada, Alaska or Ohio, their calls are especially important. Senators Shelley Capito (R-WV); Bill Cassidy (R-LA); Susan Collins (R-ME); Dean Heller (R-NV); Lisa Murkowski (R-AK); Rob Portman (R-OH) are among those reported to be possible opponents of this proposal.

The U.S. Capitol Switchboard number is 202-224-3121, and a switchboard operator will connect you directly with the Senate office you request.

— MARY KIMM

MKIMM@CONNECTIONNEWSPAPERS.COM

Plan Now for Northern Virginia's Boom

BY SCOTT SUROVELL
STATE SENATOR (D-36)

UVA's Weldon-Cooper Center recently came out with it's new population projection for 2040 (which isn't that far away!).

The top lines project Virginia passing New Jersey and Michigan in population, but the local numbers are more interesting.

COMMENTARY

Northern Virginia counties are going to see some major increases. Population will continue to shift to Northern Virginia; 35 percent of Virginia's population will be in Northern Virginia compared with 29.6 percent in 2010.

Redevelopment and Planning

These numbers only reinforce the need to continue moving along the U.S. 1 Embark process. Population is coming to Northern Virginia and we need to plan for it now as different jurisdictions continue to compete for these new families.

Building up instead of building out is a bet

SEE PLAN NOW, PAGE 12

Jurisdiction	2015 Population	2040 Projected Population	Total Increase	Percentage Increase	Total Delegates	Total Senators
Fairfax County	1,129,330	1,347,487	218,157	19.3%	13.2	5.2
Prince William County	443,463	682,111	238,648	53.8%	6.7	2.7
Stafford County	134,251	208,845	74,594	55.5%	2.0	0.8
Loudoun County	374,451	684,911	310,460	82.9%	6.7	2.7
Arlington County	234,678	313,352	78,674	33.5%	3.1	1.2
City of Alexandria	159,571	215,119	55,548	34.8%	2.1	0.8
City of Fairfax	23,193	25,286	2,093	9.0%	0.2	0.1
City of Falls Church	14,183	20,577	6,394	45.0%	0.2	0.1
Fauquier County	67,898	84,873	16,975	25.0%	0.8	0.3
TOTAL	2,581,018	3,582,561	1,001,583	38.8%	35.0	13.9

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OPINION

Health Bill Horror

By PAUL KRIZEK
STATE DELEGATE (D-44)

The U.S. Senate GOP released their own Health Care bill last week, called the (ACHA). While at the time of this writing, the Congressional Budget Office has yet to score the bill, our state agencies have already analyzed it and assessed its impact on the Commonwealth of Virginia.

COMMENTARY

According to the Board of Medical Assistance Services (BMAS), this federal legislation, or any similar legislation that would be passed by the U.S. Senate, will “inflict a serious cost burden to the Commonwealth, will expose Virginia taxpayers to an increased tax burden, will significantly harm Virginia’s Medicaid program, will derail important medical innovation, and will hobble Virginia’s ability to care for our citizens in most need.”

That is a damning assessment from an apolitical state agency. I cite their statistics in their letter to the Governor frequently in this article.

Most of the damage to Virginia would come from the proposed shift to per capita block grants, which I have written about in past editorials. In an obvious political slight to President Trump, who would have to campaign for re-election after the senators had secured their probable re-elections in 2018, the shift would occur in 2020 but use 2016 as a baseline, which is terrible policy. Imagine if we used 2006 as a baseline for home values. A single year is not an appropriate baseline.

I will focus the bill’s impact on Virginia’s Medicaid program, but it’s easy to anticipate other adverse effects on our commercial health benefits market.

First, our per capita spending on Medicaid is already very conservative. We haven’t expanded Med

SEE FEDERAL HEALTH, PAGE 12

LETTER TO THE EDITOR

Small Improvement, Big Dividends

To the Editor:

I wanted to write to Mount Vernon management concerning an issue with the pedestrian traffic around Mount Vernon.

The crosswalk across the GW Parkway for people to get to/from Mount Vernon from the parking lot is poorly marked, especially so at night. The visitors feel compelled to run across the crosswalk in fear of their lives due to self-absorbed drivers that feel their time is more valuable than obeying the law concerning crosswalks.

Why not put up ascetically attractive signs on each side of the

crosswalks? Use solar-powered flashing-light signs visible at night that remind drivers that it is a state law to yield to pedestrian in crosswalks.

It is great that sometimes the Park Police sit at the intersection to monitor traffic, but they can’t be there all the time.

It is a poor reflection on Mount Vernon and this area that visitors who are supplying a lot of the revenue for Mount Vernon have to deal with Northern Virginia drivers while crossing the street. I see it every day as I travel the Parkway.

We are members of Mount Vernon and thoroughly enjoy the experiences there. A small improvement in safety could pay big dividends.

Gino and Cathy Shoults



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A Week of Area Independence Day Celebrations

FRIDAY/JUNE 30

Independence Fireworks. 6-9:45 p.m. at George Washington's Mount Vernon, 3200 Mount Vernon Memorial Highway. Fireworks with Mansion Tour: \$34 for adults; \$24 for youth; No Mansion Tour: \$30 for adults; \$20 for youth. Call 703-780-2000 or visit www.mountvernon.org.

SATURDAY/JULY 1

Fireworks at Lake Fairfax Park. 10 a.m.-10 p.m. at Lake Fairfax Park, 1400 Lake Fairfax Drive, Reston. The Water Mine Park, boat rentals, live music, food, puppet show, camping and fireworks. \$10 per car. The rain date is Sunday, July 2. Call 703-471-5414 or visit www.fairfaxcounty.gov/parks/lakefairfax/.

Workhouse Arts Center Festivities. 5-9:30 p.m. at The Workhouse, 9518 Workhouse Way, Lorton. \$20. Golf course lecture, hole-in-one challenge, fireworks. Visit www.workhousearts.org.

Independence Fireworks. 6-9:45 p.m. at George Washington's Mount Vernon, 3200 Mount Vernon Memorial Highway. Fireworks with Mansion Tour: \$34 for adults; \$24 for youth; No Mansion Tour: \$30 for adults; \$20 for youth. Call 703-780-2000 or visit www.mountvernon.org.

MONDAY/JULY 3

History Day Tours. Tours at 11 a.m. through 3 p.m. at Sully Historic Site, 3650 Historic Sully Way, Chantilly. Test your knowledge of U.S. history at Sully Historic Site with political trivia, games and fun facts. \$7 for adults, \$6 for students, and \$5 for seniors and children. Call 703-437-1794 or visit www.fairfaxcounty.gov.

TUESDAY/JULY 4

Firecracker 5K. 8-10 a.m. Reston Town Center, Reston Town Center, 11900 Market St. Live music and American flags while rooting for the runners in the "Battle of the Branches" competition. Call 703-912-4062 or visit restontowncenter.com.

Autism Speaks 5K. 8 a.m. at Potomac Library, 10101 Glenolden Drive, Potomac, Md. Fundraiser for autism. Registration, packet pick up at 6:30 a.m. Call 202-955-3111 or email AutismSpeaks5K@AutismSpeaks.org.

Great Falls Hometown Celebration. 8 a.m.-1 p.m. at at Great Falls Village Centre, 776 Walker Road, Great Falls. Great Falls 5K Walk/Run starts at 8 a.m. and then view the floats, antique cars,



People capture the firework display on cell phones and cameras during the 2016 celebration of Alexandria's birthday.

horses and the bike brigade in the 4th of July Parade at 10 a.m. After the parade, food, music, field games and festivities on the Village Centre Green. At 6 p.m., the gates open at Turner Farm Park featuring music, games, contests and food trucks until the Fireworks Show gets underway just after dusk. Visit www.celebrategreatfalls.org.

Mount Vernon Independence Day. 9 a.m.-5 p.m. at George Washington's Mount Vernon, 3200 Mount Vernon Memorial Highway. Troop inspection, wreath laying, citizen naturalization, music, fireworks and cake. Call 703-780-2000 or visit www.mountvernon.org.

Fairfax Independence Day Parade. 10 a.m. On Main Street in downtown Fairfax. Visit www.fairfaxva.gov/about-us/special-events/independence-day-celebration.

City of Fairfax Evening Show. 5:30 p.m. at Fairfax High School, 3501 Rebel Run. Children's activities (inflatables, face painting, and balloon artists), On-stage entertainment with a fireworks display that follows. The rain date for the fireworks only is July 5. Items that may puncture the synthetic turf, smoking, alcohol and animals (except service animals) are not permitted on the football field. Visit www.fairfaxva.gov or call 703-385-7855.

Fairfax Station Holiday Crafts Day. 1-4 p.m. at the Fairfax Station Railroad Museum, 11200 Fairfax Station Road in Fairfax Station. Crafts will highlight the holiday and the railroads. Museum members and ages 4 and under, free; ages 5-15, \$2; ages 16 and older, \$4. Visit www.fairfax-station.org, or call 703-425-9225.

Great Falls Fireworks. 6 p.m. at Christ the King Lutheran Church, 10550 Georgetown Pike, Great Falls. As part of the Village of Great Falls Independence Day celebration, Christ the King Lutheran Church invites members, friends, and members of the community to gather on the church's front lawn to enjoy the fireworks from this premium vantage point. Visit www.gflutheran.org or call 703-759-6068.

Arlington Independence Day. 5-10 p.m. at the Long Bridge Park, 475 Long Bridge Drive, Arlington. Family-friendly activities including live music, food vendors, games, and a view of the Washington, D.C., fireworks display. Games and activities will include face painting, balloon art, moon bounces (weather permitting), cornhole, bocce, and more. No on-site parking at the event. Free event shuttles will run continuously from 4:30-10:30 p.m. between Long Bridge Park and the



Celebrate Independence Day at 144 Maple Ave. E., Vienna. Food, water games, pie eating contest and more. Visit www.viennava.gov or call 703-255-6360.

Pentagon City and Crystal City Metro stations. Free. Visit parks.arlingtonva.us/july-4th/.

Vienna July 4 Festival and Fireworks. 6:30 p.m. at at Yeonias Park, 1319 Ross Drive SW, Vienna. Food available from the Vienna Little League snack bar, those who register can get their taste of America in the form of two eating contests: Children ages 5-10 can sign up onsite to participate in a pie-eating contest. Adults can give their chomping skills a try in Vienna's second annual hot dog-eating contest. Visit viennava.gov or call 703-255-6360.

McLean Independence Day. 6:30 p.m. at Churchill Road Elementary School, 7100 Churchill Road, McLean. Musical entertainment by a local disc jockey, as well as food trucks selling a variety of entrees and snacks. Off-site parking and shuttles available. Admission is free. In case of inclement weather, the fireworks show will be presented at 8 p.m. on the rain date, Wednesday, July 5. Call 703-790-0123, or visit www.mcleancenter.org.

Herndon Independence Day Celebration. 6:30-9:30 p.m. in Bready Park at the Herndon Community Center, 814 Ferndale Ave. Family-fun event featuring games, patriotic arts and craft activities, live music, family games,

bingo, food, balloon artists and more. Visit herndon-va.gov/recreation/special-events/4th-of-july.

Falls Church Celebration. 7-10 p.m. at George Mason High School, 7124 Leesburg Pike, Falls Church. Live music. Visit www.fallschurchva.gov/.

Montgomery County Sparkles. 7:30 p.m., Albert Einstein High School, 11135 Newport Mill Road, Kensington. Montgomery County celebrates Independence Day with live music featuring Gringo Jingo. Fireworks are at 9:15 p.m. Shuttle bus at Westfield Wheaton North Building. Handicap parking only available at Einstein High School. Food vendors on site. Raindate is July 5 for fireworks only. Call 240-777-0311.

Free Sober Rides. Tuesday, July 4, 7 p.m. through Wednesday, July 5, 2 a.m. Area residents, 21 and older, may download Lyft to their phones, then enter the code SOBERJULY4 in the app's "Promo" section to receive a no cost (up to \$15) safe ride home. The SoberRide code is valid for the first 1,500 Lyft users who enter the code. Visit www.soberride.com.

THURSDAY/JULY 6

Patriotic Music. 1-2 p.m. at Holiday Park Senior Center, 3950 Ferrara Drive, Wheaton. \$2 or free for residents. Visit www.holidaypark.us/.

Summer Under the Stars Concert. 8 p.m. Veterans Amphitheater (adjacent to City Hall), 10455 Armstrong Street, Fairfax. Main Street Community Band. Visit fairfaxva.gov or call 703-385-7855.

SATURDAY/JULY 8

USA/Alexandria Birthday Celebration. 5-10 p.m. at Oronoco Bay Park, 100 Madison St. Event to celebrate the 241st birthday of the USA and the 268th birthday of the City of Alexandria, featuring entertainment, cannon salute during the 1812 Overture, food and beverage sales, and fireworks at 9:30. Call 703-746-5592 or visit www.visitalexandriava.com/alx-bday/.

Riverfront Fundraiser. 7:30-10:30 p.m. Del. Mark Levine's house, at 805 Rivergate Place, Alexandria. Refreshments include "impeachment punch," "Orange Russians," wine and beer, soft drinks, and food. And great views of the fireworks which begin at 9:30 p.m.

Come early to get a good lawn seat or come later after the festivities next door at Oronoco Park.

PUBLIC NOTICE

Please be advised that a fireworks display will take place as part of a public evening event, Independence Fireworks at George Washington's Mount Vernon on the following dates:

Friday, June 30, between 9:30 p.m. and 9:45pm (15 minutes)

Saturday, July 1, between 9:30 p.m. and 9:45pm (15 minutes)

The Mount Vernon Ladies' Association thanks you for your tolerance and apologizes for any disruption. To receive Mount Vernon fireworks notifications via e-mail, write to Events@MountVernon.org

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ENTERTAINMENT

Submit entertainment announcements at ConnectionNewspapers.com/Calendar. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

ONGOING

Ceramic Show. various times through July 1 at Studio 19 of the Torpedo Factory Art Center, 105 N. Union St. The “Classic Wedding Whites” Ceramic Guild show at Scope Gallery. Call Scope Gallery at 703-548-6288, visit www.scopegallery.org for more.

Art Exhibit: Pattern and Repetition. Various times through June 25 at The Athenaeum, 201 Prince St. Artists Reni Gower and Stephen Boocks use repetitive shapes and patterns, combining both precision and randomness to create meditative and mesmerizing pieces. Visit www.nvfaa.org or call 703-548-0035.

Native Plants, Herbs, and Heirloom Tomatoes. Various times through mid June at Mount Vernon Unitarian Church Greenhouse, 1909 Windmill Lane. Visit www.mvuc.org for more.

Flora and Fauna Artshow. Through June 25, various times at Potomac Fiber Arts Gallery, Torpedo Factory Art Center, Studio 29, 105 N. Union St. This show will highlight the work of artists Jeanne Bohlen and Floris Flam. Visit www.Potomacfiberartsgallery.com or call 703-548-0935 for more.

The Light of Day Paintings. Through July 15, various times Broadway Gallery, at 5641-B General Washington Drive. Featuring landscape paintings by Michael Godfrey, Christine Lashley, Tricia Ratliff, and Rajendra KC. Call 703-354-2905 for more.

Artwork Inspired by Nature Exhibit. Various times through Aug. 31 at Huntley Meadows Park Nature Center, 3701 Lockheed Blvd. Local artist-photographer Nina Tisara will share some of her mosaic work in an exhibit entitled “Inspired by Nature.” Call 703-768-2525 or visit www.fairfaxcounty.gov/parks.

Costumes of Mercy Street. Through Sept. 1, at The Lyceum: Alexandria’s History Museum, 201 S. Washington St. To learn more about The Lyceum, visit alexandriava.gov/Lyceum or call 703-746-4994.

Gadsby’s Tavern Museum Relics. Various times through Labor Day at Gadsby’s Tavern Museum, 134 N. Royal St. Learn the history of the museum, the purchase and see the original woodwork. Call 703-746-4242 or visit www.gadsbystavern.org for more.

Mount Vernon Farmers Market. 8 a.m.-12 p.m., Wednesdays, through Dec. 14. Fresh local food, artisan crafts. Sherwood Library, 2501 Sherwood Hall Lane. Visit www.fairfaxcounty.gov/parks/farmersmarkets/mtvernonmkt.htm for more.

All the President’s Pups. Saturdays 10 a.m. at George Washington’s Mount Vernon, 3200 Mount Vernon Highway, Mount Vernon. All the President’s Pups Walking Tour, along the way, learn about George Washington’s love for dogs, his dogs’ unusual names, and his efforts to improve the quality of his hunting dogs through breeding. \$7. Visit www.mountvernon.org for more.

Mercy in Alexandria Walking Tour. Sundays at 1:30 p.m. at Alexandria Visitors Center, 221 King St. Experience an inside access tour of 19th century Alexandria. Inspired by the PBS mini-series “Mercy Street,” accompany a trained military historian through Civil War-era Alexandria and learn the actual history behind the TV show. Short tours are \$15, private tours for five



PICTURE BY PATRICIA UCHELLO

Art Exhibit

Oil Paintings by Patricia Uchello are on display July 14-Aug. 31, 9 a.m.-5 p.m. at the River Farm, 7931 East Blvd. Free. Call 703-768- 6983 or visit www.patriciauchello.com for more.

are \$149. Visit www.dcmilitarytour.com for more

The Lyceum: 175 Years of Local History. Ongoing, Monday-Saturday 10 a.m.-5 p.m. and Sunday 1-5 p.m. at The Lyceum, 201 S. Washington St. On view in the museum’s Coldsmith Gallery, the historical objects and images featured represent The Lyceum, the community at work, and commemorations and celebrations. Throughout the exhibition, visitors are invited to “be the curator” and think about why the various artifacts are in the museum’s collection, and about how tangible representatives of the past help tell the story of Alexandria’s history. Free. Visit www.alexandriahistory.org for more.

Pick-Up Hockey. Ongoing, Wednesdays and Fridays 11:30 a.m.-1 p.m. at Mount Vernon Ice Skating, 2017 Belle View Blvd. Play hockey with other hockey buffs, hitting slap shots and learning puck handling skills that the pros use. Players must have full equipment. 16 and older. Visit www.fairfaxcounty.gov/parks/rec/mtvernon/ or call 703-768-3224 for more.

Medical Care for the Civil War Soldier Exhibit. Ongoing at the Fort Ward museum, 4301 W. Braddock Road. ongoing exhibit which features original medical instruments and equipment from the Civil War period and information on Union Army hospital sites in Alexandria. Free. Visit

www.alexandriava.gov/fortward for more

Alexandria’s Nurses and Hospitals During the Civil War. Ongoing at The Lyceum, 201 S. Washington St. An exhibit on the life of Clarissa Jones, a nurse at The Lyceum hospital during the Civil War. The true story of a nurse in Alexandria during the war, drawing parallels with characters portrayed in the PBS drama “Mercy Street,” with references to the experiences of other nurses, such as Anne Reading, who worked in the Mansion House hospital, and Jane Woolsey, who served at the Fairfax Seminary hospital. Admission is \$2. Visit www.alexandriava.gov/lyceum for more.

Shield of Earth: Defending the Heart of the Union exhibit. Ongoing, museum hours Tuesday through Saturday, 10 a.m. -5 p.m., Sundays, noon-5 p.m. at Fort Ward Museum, 4301 West Braddock Road. Highlights of the exhibition include military passes issued by Provost Marshal’s Office, construction tools, and original photographs of some of Washington’s defenders. 703-746-4848 or www.fortward.org.

Who These Wounded Are: The Extraordinary Stories of the Mansion House Hospital exhibit. Ongoing, Tuesday through Saturday, 10 a.m.-4 p.m., Sundays, noon-4 p.m. at the Carlyle House Historic Park, 121 N. Fairfax St. Come see the site that inspired

“Mercy Street,” the new PBS’ series inspired by real events that took place at Carlyle House. www.carlylehouse.org or call 703-549-2997

Color Disorder Exhibit. Ongoing, Thursday through Sunday, noon-4 p.m., Sundays, noon-4 p.m. at the The Athenaeum, 201 Prince St. A joint exhibition of artists Katie Baines and Amy Chan who use diverse painting materials such as acrylic, gouache, airbrush and screen print to build energized abstract paintings. www.nfaa.org or 703-548-0035.

Flamenco Show. Wednesdays and Thursdays, 7:30-8:30 p.m. at La Tasca, 607 King St. Watch dancers and guitarists perform traditional flamenco. Free to attend. Call 703-299-9810 or visit www.latascausa.com.

French Movie Night. Every Thursday, 7 p.m. in the back room of Fontaine Caffe and Creperie, 119 S. Royal St. View a French film. Free, no reservation necessary. Call 703-535-8151 or visit www.fontainecaffe.com/reviews.html.

Their Fates Intertwined: The Lees of Alexandria in the War of 1812. Wednesday- Saturday, 10 a.m.-4 p.m. Sunday, 1-4 p.m. Lee-Fendall House and Gardens, 614 Oronoco St. A new exhibit on the experiences of the Lee family in Alexandria during the War of 1812 examines the contributions of Alexandria’s citizens during the

conflict that led to the writing of our national anthem through the lives of this iconic Virginia family. Visit www.leefendallhouse.org or call 703-548-1789.

Alexandria Cars and Coffee invites car enthusiasts to meet for coffee at Hollin Hall Shopping Center in front of Roseina’s, 1307 Shenandoah Road. Owners of classic cars, hot rods, exotic cars, motorcycles and more meet to share car stories and drink coffee. Group meets the first Sunday of every month. 8:30-11 a.m.

Fifty Years of Collecting. Tuesday-Saturday 10 a.m.-5 p.m., Sundays 12-5 p.m. Fort Ward Museum, 4301 W. Braddock Road. An anniversary exhibit of objects from the Fort Ward collection. Free. Visit www.fortward.org or call 703-746-4848.

Dinner for the Washingtons. 12 p.m. at George Washington’s Mount Vernon, 3200 Mount Vernon Memorial Highway. A walking tour that goes behind the scenes to find out how food was prepared and served before the era of microwaves and TV dinners. \$5 in addition to estate admission. Visit www.mountvernon.org for more.

Second Thursday Music. Athenaeum, 201 Prince St. 7 p.m. Second Thursday of every month. Visit nvfaa.org to view concert calendar and listen to upcoming Second Thursday Music artists.

The Monday Morning Birdwalk takes place weekly, rain or shine (except during electrical storms, strong winds, or icy trails), at 7 a.m. (8 a.m. November through March), is free, requires no reservation and is open to all. Birders meet in the parking lot at the park’s entrance at 3701 Lockheed Blvd. Direct questions to park staff during normal business hours at 703-768-2525.

Civil War Sundays. 1-5 p.m. at Alexandria Archaeology Museum, 105 North Union St., #327. Learn more about the Civil War as it occurred in Alexandria. Find dioramas, newspaper articles and more Free. Visit www.alexandriarchaeology.org.

Doggy Happy Hour. Starting April 5, Tuesdays through October 5-8 p.m. at Jackson 20 and Hotel Monaco Alexandria, 480 King St. Doggy Happy Hour at Jackson 20 and the Hotel Monaco Alexandria offers specials on cocktails and beers plus treats and water for canine companions. Free, but drinks sold separately. Visit www.monaco-alexandria.com for more

Wake Up Wednesdays featuring The Pop Up Cafe. 7-9:30 a.m. on Wednesday’s near the King Street Tunnel - Carlyle Entrance located near 2000 Duke Street near Motley Fool. The cafe will feature coffee, live music to help commuters start the day off right and donuts from Sugar Shack. maurisapotts@gmail.com

JUNE 27-JULY 30

Potomac Fiber Arts Gallery. Various times at the Torpedo Factory, 105 N. Union Street, ground floor Studio 29. Show is called “Under the Big Top,” highlighting the work of three featured artists: Janet Barnard, Paige Garber, and Anne-Sanderoff Walker. Call 703-548-0935, or visit www.Potomacfiberartsgallery.com for more.

FRIDAY/JUNE 30

Celebrate American Freedom. 6-9:45 p.m. at George Washington’s Mount Vernon, 3200 Mount Vernon Highway, Mount Vernon. Fireworks choreographed to patriotic music. \$30-\$34 for adults and \$20-\$24 for youth. Visit www.mountvernon.org/herbthyme for more.

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ENTERTAINMENT



Bacon Brothers

Bacon Brothers in Concert, July 28-30, 7:30 p.m. at The Birchmere, 3701 Mt. Vernon Ave. Kevin and Michael Bacon's band, find out if the six degrees of Kevin Bacon separation are true. Visit www.birchmere.com for more.

SATURDAY/JULY 1

Piano Concert. 3-5 p.m. at The Lyceum, 201 S Washington St. Pianist Lydia Frumkin in an afternoon of music by Schubert as part of their summer chamber concert series. These weekly performances are free and open to the public. Donations are welcome. Email wmpa.execdir@gmail.com for more.

Celebrate American Freedom. 6-9:45 p.m. at George Washington's Mount Vernon, 3200 Mount Vernon Highway, Mount Vernon. Fireworks choreographed to patriotic music. \$30-\$34 for adults and \$20-\$24 for youth. Visit www.mountvernon.org/herbthyme for more.

Saturday Cinema at Carlyle. 8:37 p.m. on John Carlyle Square, 300 John Carlyle St. Top Gun is the first of this series. Free. Visit www.AlexandriaVA.gov/CarlyleFun.

SUNDAY/JULY 2

Classical Music Concert. 3-5 p.m. at The Lyceum, 201 S. Washington St.

Classical music by Benjamin Scott on the piano and violin as part of their summer chamber concert series. These weekly performances are free and open to the public. Donations are welcome. Email wmpa.execdir@gmail.com for more.

JULY 3-30

Ceramics Show. Various times at 105 N. Union St., ground floor Studio 19. The "Rough around the Edges" Kiln Club show. Call 703-548-6288 or visit scopegallery.org.

TUESDAY/JULY 4

Independence Day. 9 a.m.-5 p.m. at George Washington's Mount Vernon, 3200 Mount Vernon Highway, Mount Vernon. Event includes a naturalization ceremony for 100 new citizens, military reenactments, a special wreath-laying ceremony, free birthday cake for all guests. Fireworks choreographed to patriotic music. \$18; children ages 6-11, \$9; and children under 5. Visit www.mountvernon.org/herbthyme.

Waynewood Plant Sale. 9 a.m.-1 p.m. at the Waynewood Recreation Park, 1027 Dalebrook Drive. Plant sale is after the community parade. Call 479-221-0883 for more.

THURSDAY/JULY 6

Great War Discussion. 7:30 p.m. at The Lyceum, 201 S. Washington St. To commemorate the 100th anniversary of America's entrance into the Great War, Historian Dr. Mitchell Yockelson will tell the story of some of the individuals who fought in the Meuse-Argonne. A book-signing will follow the lecture. Visit www.alexandriava.gov/Lyceum or call 703-838-4994.

JULY 8-AUG. 5

Adult Woodworking Class. 5-8 p.m. at the Alexandria Seaport Foundation, Union St. Woodworking 101, hosted by ASF's Middle School Math Program Manager, woodworker, and furniture designer Nicole Reidinger of Habitat Woodworks. \$250. Visit

CAMPS, CLASSES & WORKSHOPS

Community Dance. 7:30-9:30 p.m. every third Friday at Hollin Hall Senior Center, 1500 Shenandoah Road. Live music. Tickets are \$4. Call 703-765-4573.

Life Drawing. Del Ray Artisans offers a range of open life drawing sessions for anyone to develop life-drawing skills further. Drop-in for the session and bring supplies to draw or paint live models. Fee ranges from \$8-\$12. All skill levels are welcome. Del Ray Artisans is located at 2704 Mount Vernon Ave. Visit www.TheDelRayArtisans.org for a schedule.

The Harmony Heritage Singers (Mount Vernon Chapter of Barbershop Harmony Society), a daytime, a cappella, Chorus, rehearses on the 2nd and 4th Tuesdays, monthly, at Sherwood Hall Regional Library, 2501 Sherwood Hall Lane, 10 a.m.-1 p.m. Newcomers welcome for fun or to book for a performance. Visit www.HHSingers.org, or call Bruce at 703-352-5271.

MAY 31-AUG. 25

Summer Theatre Camps. Various times at the Little Theatre of Alexandria, 600 Wolfe St. Preschool-8th graders can learn acting, musical theatre, dancing, improv, Shakespeare, film making. Visit www.thelittletheatre.com or call 703-683-5778.

JUNE 26-28

Civil War Mini-Camp. 9 a.m.-1 p.m. each day at Fort Ward Museum and Historic Site, 4301 West Braddock Road. Camp participants will explore life during the

Civil War through fun and educational activities such as drilling and marching, hands-on craft lessons, 19th-century games, and learning from guest reenactors. Ages 9-12. Call 703-746-4848 or visit www.fortward.org.

JULY 17-21

Del Ray Artisans 2017 Summer Art Camp. All day at Del Ray Artisans gallery, 2704 Mount Vernon Ave. Ages 8-14 are invited to spend one week creating art and architecture, followed by a one-day gallery show. All art supplies and snacks are provided. Visit DelRayArtisans.org/event/Art-Camp-2017 for more.

JULY 18-20

History Camp for Kids. 9 a.m.-noon. at The Lyceum, 201 South Washington St. Engages children in American history and life in historic Alexandria through artifacts, storytelling, singing, crafts, old-fashioned games, and visits to nearby historic places. \$105. Visit www.alexandriava.gov/Lyceum, or call 703-746-4994.

JULY 24-28

Del Ray Artisans 2017 Summer Art Camp. All day at Del Ray Artisans gallery, 2704 Mount Vernon Ave. Ages 8-14 are invited to spend one week creating art and architecture, followed by a one-day gallery show. All art supplies and snacks are provided. Visit DelRayArtisans.org/event/Art-Camp-2017 for more.

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SUNDAY/JULY 9

Behind the Scenes Geek Tours.

noon-1 p.m. at the Apothecary Museum, 105-107 S. Fairfax St. Outside of the regular tour parameters, an expert guide leads this tour, including the rarely open basement and 3rd floor of the historic pharmacy. Tour recommended for adults only. \$15. Visit www.alexandriava.gov/Apothecary or call 703-746-3852.

Opening Reception. 4-6 p.m. at The Athenaeum, 201 Prince St. "Pairs : Fiber Art from New Image Artists." Curated by Trudi Van Dyke, Pairs is an exhibition by 13 contemporary fiber artists who are members of the New Image Artists group. Exhibit runs from June 29-Aug. 6. Visit www.nvfaa.org or call 703-548-0035.

No. 9 on the 9th. 6:30-9:30 p.m. at the at No. 9 Lounge, Evening Star Cafe, 2000 Mt. Vernon Ave. The Alexandria Young Democrats are relaunching the chapter. Visit www.alexyoungdems.org for more.

WEDNESDAY/JULY 12

Play: "Hay Fever." 7:30 p.m. at Frank Lloyd Wright's Pope- Leighey House Lawn, 9000 Richmond Highway. The Picnic Theatre Company and Woodlawn/Pope Leighey House Present the only showing in Virginia of Noel Coward's 1929 play about the dysfunctional family. Visit dumbartonhouse.org/events for more.

How to Get Started in Scuba. 7:30 p.m. at Boat US HQ, 880 South Pickett St. Lecture by Rob Currer of Patriot Scuba of Occoquan discusses how to get started in scuba diving. Visit www.PatriotScuba.com.

THURSDAY/JULY 13

Coffee and Connections. 8-9 a.m. at The Potomack Company, 1120 North Fairfax St. A networking Alexandria Chamber of Commerce event with a lecture by Elizabeth Haynie Wainstein on her career in auctions. \$10 for members, \$20 for non-members. Visit alexchamber.com.

Artists Reception. 6-8 p.m. at the Torpedo Factory, 105 North Union



Raku by Klaudia Levin

Through July 1

Ceramic Show at Studio 19 of the Torpedo Factory Art Center, 105 N. Union St. The "Classic Wedding Whites" Ceramic Guild show at Scope Gallery. Call Scope Gallery at 703-548-6288, visit www.scopegallery.org for more.

Street. "Sarah Nesbitt: Making Sense of What We Have," exhibition open July 13-Sept. 3. Visit www.theartleague.org for more.

Artists Reception. 6:30-8 p.m. at the Torpedo Factory, Studio 21, 105 North Union Street. Sally Davies' "Global Views: Light & Shadow" exhibition open July 6-Aug. 6. Visit www.theartleague.org for more.

Kasey Chambers with Garrett Kato Concert. 7:30 p.m. at The Birchmere, 3701 Mt. Vernon Ave. New double album "Dragonfly." \$35. Visit www.birchmere.com for more.

JULY 13-29

By the Seashore. Various morning hours at The Lab at Convergence, 1819 N. Quaker Lane. Produced by Arts on the Horizon. Using an

imaginative mix of puppetry, movement, and sound, this sensory-filled production is specifically designed for babies and young toddlers. Visit www.artsonthehorizon.org for more.

JULY 14-AUG. 31

Oil Paintings by Patricia Uchello. 9 a.m.-5 p.m. at the River Farm, 7931 East Blvd. Free. Call 703-768- 6983 or visit www.patriciauchello.com.

SUNDAY/JULY 16

Jazz at Meade. 4 p.m.. at the Meade Memorial Episcopal Church, 322 N. Alfred St. Musicians Tony Craddock, Jr., and Cold Front. \$20 donation. Visit www.meadechurch.org.

TUESDAY/JULY 18

The Mastersons in Concert. 7:30 p.m. at The Birchmere, 3701 Mt. Vernon Ave. \$59.50. Visit www.birchmere.com for more.

THURSDAY/JULY 20

Garden Tour and Tea. 1-3 p.m. at Green Spring Gardens, 4603 Green Spring Road. Tour the demonstration gardens with a Master Gardener docent who will narrate with stories

of Green Spring past and present. Afterwards, a traditional English afternoon tea. \$32. Visit www.fairfaxcounty.gov/parks/parktates or call 703-642-5173.

SATURDAY/JULY 22

Russian Folk Music. 7:30 p.m. at the Holiday Inn, 625 First St. Festival concert of more than 100 musicians from all over the world marks the end of the International Music Convention of Russian Folk Instruments. Visit www.bdaa.com.

THURSDAY/JULY 27

40 Under 40 Celebration. 6-9 p.m. at United Way Worldwide, 701 N. Fairfax St. The 40 under 40 program was established in 2016 by the Alexandria Chamber of Commerce to recognize top men and women, age 40 and under, engaged in a variety of fields including business, technology, nonprofit management, civic life, public service, education, and the arts. \$89. Visit alexchamber.com.

JULY 28-30

Bacon Brothers Concert. 7:30 p.m. at The Birchmere, 3701 Mt. Vernon Ave. Kevin and Michael Bacon's



Vase by Norma Hintze

band, find out if the six degrees of Kevin Bacon separation are true. Visit www.birchmere.com for more.

SATURDAY/AUG. 5

Saturday Cinema at Carlyle. 8:14 p.m. on John Carlyle Square, 300 John Carlyle St. Caddyshack is the second of this series. Free. Visit www.AlexandriaVA.gov/CarlyleFun.

SUNDAY/AUG. 13

An Outlandish Geek Tour. noon-1 p.m. at the Apothecary Museum, 105-107 S. Fairfax St. Learn about a few of the herbal medicines featured in Diana Gabaldon's "Outlander" series of novels, from cascara to dauco seeds. Tour recommended for adults only. \$15. Visit www.alexandriava.gov/Apothecary or call 703-746-3852.

Documentary Film Tour. 7:30 p.m. at The Birchmere, 3701 Mount Vernon Ave. Alexandria. Hosted by Calek and SIR NOFACE Producer Justin Holstein, the "SIR NOFACE LIVES" tour offers attendees the chance to be among the first to see Calek's mind-bending SIR NOFACE documentary, which chronicles the Australian Government-sanctioned paranormal investigation of Cockatoo Island. Visit sirnoface.com.

SUMMER SUNSET MOVIES IN MOUNT VERNON

The Mount Vernon Rec Center at 2017 Belle View Boulevard will be the location for family-friendly movies throughout the summer. Twice a month, from 7-11 p.m., movies will start at sunset.

- ❖ June 30 - "Nine Lives"
- ❖ July 14 - "The Jungle Book"
- ❖ July 28 - "Secret Life of Pets"
- ❖ Aug. 11 - "The Lego Batman Movie"
- ❖ Aug. 25 - "Beauty and the Beast"



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PUBLIC NOTICE

Please be advised that a brief fireworks display will take place as part of a private event at George Washington's Mount Vernon on the following date:

Thursday, July 4,

between 1:00 p.m. and 1:15 p.m. (5 minutes)

The Mount Vernon Ladies' Association thanks you for your tolerance and apologizes for any disruption. To receive Mount Vernon fireworks notifications via e-mail, write to:

Events@MountVernon.org.

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PET Connection

Publishes: July 26, 2017 • Ads close: July 19, 2017

Connection readers love their pets. This keepsake edition will feature photos, anecdotes, advice and more about beloved family pets. Reach pet owners where they live in a section sure to attract and hold their attention.

The Pet Connection will publish on July 26, 2017, and photos and stories of your pets with you and your family should be submitted by July 19. We welcome short stories about how you got your pet, a noteworthy talent or anecdote about your pet, tales of the bonds between your family and your pet, plus drawings, paintings or other artwork of your pet by children or adults.

Find more information about submissions online at www.connectionnewspapers.com/pets.

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OPINION

Federal Health Bill Horror

FROM PAGE 7

icaid under the Affordable Care Act (ACA) and Virginia continues to have the lowest permissible level of federal matching for Medicaid at 50 percent. As a result, 75 percent of other states receive a higher Medicaid match than Virginia, putting us at an immediate economic disadvantage.

Second, using 2016 as a baseline would exclude the new Addiction Recovery and Treatment Services (ARTS) program designed to address Virginia's opioid epidemic, which was declared a public health emergency. A per capita cap would also exclude Virginia's \$46 million developmental disability system investment that also begins this year.

The Senate ACHA uses the Consumer Price Index-Medical (CPI-M) metric, which BMAS says is "ill-suited for indexing Medicaid costs since Medicaid pays for services households typically do not purchase. This also exposes Virginia to potentially devastating retroactive Federal funding changes. If the CPI-M were to drop only .5 percent, Virginia's seven-year projected funding gap would go from \$700 million to \$2.1 billion."

Another reason per capita CPI-M caps are bad is that CPI-M only calculates projections for urban populations and does not reflect the distribution of the costs for certain Medicaid populations like the aged, blind and disabled who have more expensive medical problems. The first year that the ACHA goes

into effect, Virginia would lose \$22 million, according to BMAS, growing and compounding annually as more boomers age and add to those populations.

Medicaid is an entitlement program so we are required by law to pay certain costs when Virginia creates its budget. Since Virginia has a balanced-budget requirement, the Republican legislature would need to undertake the single-largest tax increase in Virginia history, eliminate or cut medical, behavioral health services, addiction treatment, and long-term support services; reduce eligibility; cut provider payment rates (already only 75 percent of Medicare rates); cut payments to health plans.

At risk here is more than Virginia's fiscal health. The ACHA would inflict real damage on Virginians like you.

Someone who needed nursing care for their daughter currently receives 12-16 hours per day via Medicaid for only \$500 per year. The ACHA would force you to choose between paying more than \$86,000 out-of-pocket annually or to forego necessary nursing care in addition to pay for items like durable medical equipment and enteral formula.

Providing help to our fellow Virginians in need, who cannot help themselves, not only makes costs cheaper in the long term, but also is a moral imperative. The ACHA doesn't simply "repeal Obamacare," a stupid goal by itself, it breaks Medicaid and the entire health system as we know it.

Plan Now for NOVA's Boom

FROM PAGE 6

ter way to go in terms of infrastructure, energy consumption, and quality of life. Leaders in the U.S. 1 Corridor in Fairfax and Prince William counties should see this as major redevelopment opportunity to improve our communities.

It also only underscores the pressure that Northern Virginia's existing government infrastructure will feel as numbers continue to grow. We will need new transit, schools, and parks as we plan for this influx of people.

Planning for these kinds of populations shifts takes decades which is why we need to lay the groundwork today.

Politics

There are also political consequences in these population increases. Although I did not use the 2010

numbers, if you use the 2010 population used to conduct the last redistricting, this would mean a net pickup of 5.1 delegates and two senators for Northern Virginia.

Although, it is a little harder to calculate because of the activity in other states, it is also pretty apparent that Virginia will likely pickup 1-2 Congressional seats and at least one of them will be in Northern Virginia.

I did not do all of the math, but it is fairly apparent that nearly 70 percent of the state's population will be in the I-95/I-64, NOVA-Richmond-Hampton Roads Corridor. Our regions need to continue to work together to look for common ground as we cope with these challenges.

It is an honor to serve as your state senator. Please email me at scott@scottsuovell.org if you have any feedback.

SCHOOL NOTES

Email announcements to gazette@connectionnewspapers.com. Deadline is Thursday at noon. Photos are welcome.

Mary Grace Vivian Killmer, from Alexandria, was named to the dean's list for spring 2017 at Wofford College (Spartanburg, S.C.).

Anastasia Carolyn Espejo Voellm, of Alexandria, graduated from Baylor University (Waco, Texas) with a Bachelor of Arts in international studies.

Timothy Robert Lindsay, of Alexandria, received a B.S.C. cum laude from Washington and Lee University (Lexington, Va.). Lindsay majored in accounting and business administration.

Russell Penniman Schmidt, of

Alexandria, received a B.S.C. from Washington and Lee University (Lexington, Va.). Schmidt majored in business administration.

Claire Malkie, of Alexandria, was named to the dean's list at Hofstra University (Hempstead, NY) for spring 2017.

Mary Margaret Patalita, of Alexandria, received a bachelor of arts degree from the College of the Holy Cross (Worcester, Mass.).

Devon McMahon, a psychology major from Alexandria, received a bachelor's degree at Florida Institute of Technology (Melbourne, Fl.).

Pamela Molnar, of Alexandria, made the president's list for James

Madison University (Harrisonburg, Va.) for the spring 2017 semester. Molnar is majoring in communication sciences and disorders and is scheduled to graduate in 2017.

Troy Clark, of Alexandria, made the president's list for James Madison University (Harrisonburg, Va.) for the spring 2017 semester. Clark is majoring in accounting and is scheduled to graduate in 2017.

Nora Skiba, of Alexandria, made the president's list at Bluefield College (Bluefield, Va.) for the spring semester of 2017.

Campbell Long Voltmann, of Alexandria, graduated from Baylor University (Waco, Texas) with a Bachelor of Business Administration in management information systems and supply chain management.

What's Ahead for Mount Vernon?

FROM PAGE 1

"I have been fighting airplane and helicopter noise through letters, contacts and Board Resolutions targeted at the federal officials, who control this noise, by organizing and championing the efforts of the South Flow Alliance," Storck said. "We need more people and other elected officials to join us."

In terms of public safety, "I have held community meetings with the chief of police and the sheriff; I will hold a Senior Safety Summit at the Governmental Center on June 30. There will be a new south county Police Station which will bring more resources to our district and the county. The Mount Vernon police have done a remarkable job keeping our community safe with limited resources."

In what ways can the county operate more efficiently and effectively?

"My tourism and commercial development initiatives can generate significant revenue while I continue to focus on our line of business reviews for efficiency and cost savings," he said.

With Mount Vernon District's significant number of 55-and-over residents, what can be done to promote independent living and ease the transition of aging seniors into more dependent stages?

"I am holding a Senior Safety Summit at the Governmental Center June 30; I have reached out to seniors to expand their involvement in the community. I have also stressed the importance of transitional housing," he said.

In terms of Lorton transportation and development issues, Storck said he is "very pleased with the widening of Lorton Road, the ongoing adaptive reuse of the former Lorton Prison, and the expansion of residential development. In addition, the Workhouse Arts Center continues to be a positive financial opportunity that I will support."

What are his biggest challenges?

"What remains and will continue to be a problem is getting the federal, state, and local resources to address longstanding shortfalls in financial support for our people and infrastructure," he said.

What new development will residents witness in the coming months and years?

"Transforming the Old Mount Vernon High School



PHOTO BY GERALD A. FILI/THE GAZETTE

Mount Vernon Supervisor Dan Storck and his staff at the Mount Vernon Governmental Center.

into a new multipurpose community center; a new community center in Lorton; the completion of the Huntington levee; the Mount Vernon Hospital Rehab Center; the Emergency Medical Center at Mount Vernon Hospital; the Lorton HealthPlex; and the management and transition of suburban to urban settings in a positive and constructive way. This includes improved transportation systems, among other initiatives," he said.

What is best about his job as Mount Vernon District supervisor?

"Meeting the thousands of people that I have met and continue to meet. The opportunity to help people in need. I especially enjoy the scenic beauty and history that is Mount Vernon; it is a pure joy," Storck said.

See www.fairfaxcounty.gov/mountvernon.



PHOTO BY MIKE SALMON/THE GAZETTE

Mulch Fire

Station 424 Woodlawn responds to a fire in the mulch pile on Sunday, June 25 at Grist Mill Park in Mount Vernon.

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SINGLE WIDES
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Infusing is Rarely Amusing

By KENNETH B. LOURIE



Four weeks out of every five, it appears as if I don't have cancer. Fortunately, I don't look the part. Nor do I act the part – in my opinion. However, there is one week out of every five when I most definitely feel the part: the week after my chemotherapy infusion, when eating is a particular challenge. The look, feel, taste and thought of food and/or drink is nearly impossible to swallow – literally and figuratively. And though I'm not in any pain during this post-chemotherapy weak, I am compromised nonetheless.

Friends and family who are familiar with my "normal" eating habits (I'd order off the children's menu if I could) have joked that since I'm unable to eat any of the usual and customary Kenny selections, perhaps I should try eating foods that I would never select: Brussels sprouts, grapefruit, tuna fish in a can, fresh fish on a platter, all condiments other than mayonnaise, all legumes and a million other foods that you probably love. Plain and boring is how I roll (a potato roll is my preference), repeatedly.

The problem is that when I'm post chemo, nothing satiates: salty, sweet or "snacky;" hot, cold or medium; fast or slow; store-bought, home-made or restaurant-ready. It's all merely a variation on a theme where my back stiffens, my head tilts back and down and my eating mind says "no." It's been this way for about two and a half years now. And though I don't look the least bit undernourished, I am overwhelmed by these week-long post-chemotherapy eating fits and non-starts.

Naturally I have discussed this side effect with my oncologist. When asked how long this situation lasts, my seven-ish day struggle seems about average, according to my doctor, maybe even slightly shorter than some other patients he treats who are infused with the same chemotherapy drug as I am. Apparently, there are other patients where the eating challenges last even longer than mine. And since there's nothing to be prescribed/recommended to affect this eating problem/lack of outcome, all I can do is live with the consequences of my treatment. Live being the operative word. So unless I stop treatment, this eating challenge will persist, presumably. (Although, there's scant clinical information regarding side effects on stage IV, non-small cell lung cancer patients still living after eight years and four months as we're a patient population that doesn't much exist. We're not exactly unicorns, but neither are we ponies at the Fair.)

Fairness – and normalcy for me was officially gone on Feb. 27, 2009, the date of my diagnosis and the initial Team Lourie meeting with my oncologist. But so what. As of that date, my perspective/orientation became about living forward, not recriminating backward. Sure, the present was important, but the future was more important, and the past, well, it had passed. No more could I afford to consider who, what, where, when, why and how I ended up in this predicament. My goal was to remain positive, take the bad with good, survive until the next drug approval by the FDA (of which there have been half a dozen in the last two years specifically for the treatment of lung cancer) and try not to impose my problems on anyone else.

Which I believe I've succeeded in doing. Oh sure, I've imposed myself on you regular readers, but what I've imposed on you have been my experiences. Considering the context, I'd like to think I've shared, not self-indulged. Moreover, I'd like to think we're all better off for the 'experience.' I know I am.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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CRIME

The following incidents were reported by the Mount Vernon District Police Station.

BURGLARY: 2800 block of East Lee Avenue. June 23, 8:16 p.m. A homeowner reported that someone broke into the home and took property. There is no suspect description.

OBSCENE SEXUAL DISPLAY: 7700 block of Richmond Highway (T.J. Maxx), June 22 around 1:26 p.m. A man was seen touching himself inappropriately inside the store. He was described as white, between 45 and 60 years old, about 6 feet 1 inch tall and 165 to 180 pounds.

ROBBERY: 7900 block of Audubon Avenue, June 22 around 4:25 p.m. A pizza delivery man was robbed by four males. The victim was walking back to his car when one suspect approached from behind and assaulted him. The suspects took money then fled. One suspect was described as Hispanic, about 15 years old, 5 feet 7 inches tall, with a thin build, and wearing a blue shirt. Another suspect was described as black, about 19 years old, 5 feet 9 inches tall, with a stocky build, and short hair. The victim was taken to the hospital and treated for minor injuries.

JUNE 26 — LARCENIES
 8200 block of Claremont Woods Drive, wallet from residence

1500 block of Cornerside Boulevard, cell phone from business

6000 block of Grove Drive, purse from vehicle
 7900 block of Jones Branch Drive, cell phone from business

3100 block of Lockheed Boulevard, wallet from vehicle

4700 block of Mt. Vernon Memorial Highway, purse from vehicle

2500 block of Parkers Lane, cell phone from school

5900 block of Richmond Highway, license plate from vehicle

6600 block of Richmond Highway, merchandise from business

7900 block of Richmond Highway, merchandise from business

8200 block of Richmond Highway, cell phone from business

STOLEN VEHICLES
 5900 block of Grand Pavilion Way, 2015 Honda Civic

BULLETIN BOARD

FROM PAGE 5

An Urdu-speaking Grocery Shopper is needed in Alexandria to assist an older adult male twice a month.

The Kingstowne Center for Active Adults needs Instructors for the following classes: Art, Line Dance, Hula Hoop Class and African Style Dance.

The Mount Vernon Adult Day Health Care Center needs front desk volunteers, an Art Instructor to teach water colors and acrylics and Social Companions.

The Lincolnia Senior Center in Alexandria is looking for Instructors for the following classes: Jewelry Making, Knitting/Crochet, Zumba, Yoga/Matwork, Aerobics and needs Front Desk Assistance.

THROUGH AUG. 25

Summer Lunches. The Fairfax County Public Schools Office of Food and Nutrition Services will be hosting the FEEDS (Food for Every Child to Eat During Summer) BBQ program, a USDA-funded program is free to all children 18 years and under and \$2 for adults. There is no registration involved, and open to everyone. Meal service will be provided at the following sites Monday-Friday, 11:30-1 p.m. No service on July 3 and 4. In the Mount Vernon area, FEEDS is offered at the following schools:

- ❖ Bren Mar Park Elementary, 6344 Beryl Road
- ❖ Hybla Valley Elementary, 3415 Lockheed Blvd.
- ❖ Mount Vernon Woods Elementary, 4015 Fielding St.
- ❖ Riverside Elementary, 8410 Old Mount Vernon Road

FRIDAY/JUNE 30

Senior Health and Safety Seminar. 9 a.m.-noon at the Mount Vernon Governmental Center, 2511 Parkers Lane. Mount Vernon District Supervisor Dan Storck invites residents to attend a senior health and safety seminar. Visit www.fairfaxcounty.gov/news2/event/mount-vernon-district-senior-safety-summit-june-30/.