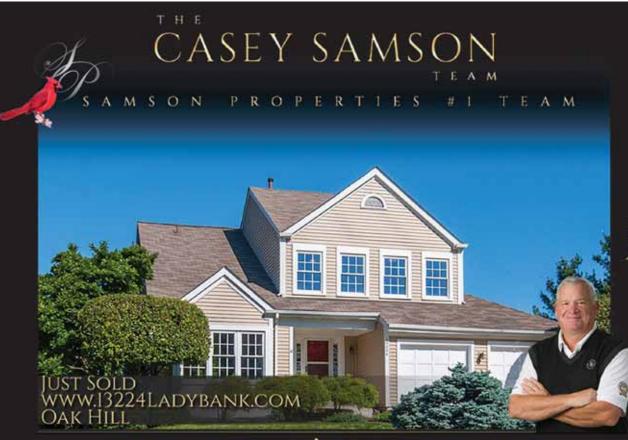


HomeLifeStyle

Page 9

JULY 12-18, 2017 25 CENTS Newsstand Price The Cast Fills This John Henry Stamper and Molly Van Trees are the leads in Westfield Summer Stage's production of "Beauty and the Beast." Story With Magic' News, Page 6 Sacred Threads News, Page 3 Redefining Space HomeLifeStyle, Page 9



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"City Cycling" by Janice Jones, Joy category.



"The Pearl of Great Price," by Patsy Kaufman, Inspiration category.



"Marafiki" is Swahili for "friend." Quilter Barbara Allen believes people are "born with a shared heart and love for each other; racism is a product of broken adults." Peace & Brotherhood category.

Sacred Threads, Powerful Messages

The Sacred Threads quilt exhibition comes every two years to Floris United Methodist Church in Oak Hill. Within each work, artists tell stories of love, loss, joy, hope, healing, spirituality, peace and inspiration.

"Vinyasa" yoga poses by Susan Kline, Healing category.



"Origins" by Lucinda Graber, Peace & Brotherhood category.

Now in its 12th year, this national, juried exhibition of more than 200 quilts runs through July 23, Monday-Friday, 11 a.m.-5 p.m.; Sunday, 1-4 p.m. Meet the artists, Saturday, July 15, 2-4 p.m.



"No Olvidados/Not Forgotten," in memory of those who died trying to cross the U.S./Mexico border and were buried, unidentified, with crosses reading "No Olvidados." Grief category.

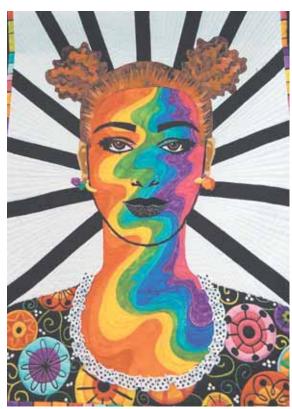


"Art with Benefits," by Diane Dresdner of Chantilly, Healing category.

Photos by Bonnie Hobbs



"A Wildfire-Breathing Dragon," by Julie Hallquist, about how, inexplicably, a forest fire destroyed her neighbor's house, while hers survived. Grief category.



"Pulse" by Laurie Ceesay in memory of those killed in the 2016 Orlando nightclub tragedy. Done in the style of the late Yvonne Porcella, who founded an international art quilt association.

OPINION

Problems for Public Health

Increasing the number of uninsured is bad for the rest of us, and the economy.

he proposed plan in the U.S. Senate to give the wealthiest Americans massive tax cuts by cutting health coverage for people who are poor, have disabilities and elders, would also affect the rest of the population, and the economy.

People without health insurance face economic uncertainty. When they do incur medical bills, they often cannot pay them in full. This increases costs to providers and decreases the ability to participate in the economy.

People without health insurance are sicker

EDITORIAL

than people with insurance, but they also often can't afford to stay home from work, often exposing others to preventable ill-

nesses. They are less likely to have flu shots and other routine immunizations that protect all of us, including those with the weakest immune systems and those who cannot be vaccinated.

U.S. Sen. Tim Kaine was in Springfield this week talking to people who depend on Medicaid coverage. He and U.S. Sen. Mark Warner have been active in opposing these major cuts

This bears repeating — here are some other consequences of proposals in the Senate bill:

- * Millions of people lose their health insurance — 22 million fewer would have health insurance by 2026 according to the Congressional Budget Office analysis.
- ❖ In Virginia, more than 14,000 veterans could lose coverage under Medicaid.
- States could opt out of the law's essential health benefits measure, which requires insurers to cover 10 main benefits, including hospitalization, prescription drugs and other services. That is, companies could sell health insurance that wouldn't actually be health insurance. Would Virginia be a state that opts out? Quite likely.



Celebrating the Fourth

Reyna Colon, 9, of Centreville and her sister Chloe, 7, each chose the perfect accessory to wear for Herndon's 4th of July Celebration - a double-thedazzle fireworks headband.

- Loss of coverage for pre-existing conditions, including cancer survivors, people who had transplants, people with asthma, arthritis, high cholesterol, hypertension, obesity, mental health issues, ADD, etc.
- ❖ Ending annual and lifetime coverage caps would also impact people who get health insurance from their employers and the private insurance market. For example, a serious accident or an illness that requires repeated surgeries or bone marrow transplants could put any one of us over the coverage cap.
- Medicaid pays public schools for many services for special education students, but the Senate bill removes schools from eligible Medicaid providers, costing Virginia an estimated \$40 million annually; \$3 million in Fairfax County; \$2 million in the City of Alexandria.
- ❖ \$800 billion plus in cuts to Medicaid puts the funding for most people who are currently in nursing homes at risk. Many of these are people who were middle class but outlived

their savings and coverage.

- ❖ In Virginia, the proposed changes to Medicaid would cost the state \$1.4 billion over seven years.
- ❖ Medicaid pays for much of the fight against opioid addiction, including treatment. Cuts would be devastating to efforts to counter the wave of overdose deaths and other effects of addiction.
- Coverage for mental health treatment, including addiction treatment, is threatened both by cuts to Medicaid and by changes in the private insurance market.
- * There will be greater need for Medicaid over time. More seniors will be poor, as fewer people who are retiring have pensions or adequate retirement savings. The demand for nursing home beds will be increasing as the population ages.

Read last week's editorial, "Killing the Poor Pay Millionaires," www.connectionnewspapers.com/news/ 2017/jun/27/opinion-editorial-killing-poorpay-millionaires/

> - MARY KIMM MKIMM@CONNECTIONNEWSPAPERS

Send in Your Pet Photos Now

The Pet Connection, a twice-yearly special edition, will publish the last week of July, and photos and stories of your pets with you and your family should be submitted by July 20.

We invite you to send us stories about your pets, photos of you and your family with your cats, dogs, llamas, alpacas, ponies, hamsters, snakes, lizards, frogs, rabbits, or whatever other creatures share your life with you.

Tell us the story of a special bond between a child and a dog, the story of how you came to adopt your pet, or examples of amazing feats of your creatures.

Do you volunteer at an animal shelter or therapeutic riding center or take your pet to visit people in a nursing home? Does your business have a pet? Is your business about pets? Have you helped to train an assistance dog? Do you or someone in your family depend on an assistance dog?

Or take this opportunity to memorialize a beloved pet you have lost.

Just a cute photo is fine too. Our favorite pictures include both pets and humans.

Please tell us a little bit about your creature, identify everyone in the photo, give a brief description what is happening in the photo, and include address and phone number (we will not publish your address or phone number, just your town name).

Email editors@connectionnewspapers.com or submit online at www.connectionnewspapers.com/

BULLETIN BOARD -

Submit civic/community announcements at ConnectionNewspapers.com/Calendar. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

VOLUNTEERS NEEDED

Volunteers needed at the Fairfax Station Railroad Museum, 11200 Fairfax Station Road, Fairfax Station. The Museum offers a variety of exciting volunteer opportunities in Museum events, programs and administration. Contact volunteers@fairfax-station.org or 703-945-7483 to explore services that will fit your schedule and interests. Visit www.fairfax-station.org, or call 703-425-9225 for more.

THROUGH AUG. 25

Summer Lunches. The Fairfax County Public Schools Office of Food and Nutrition Services will be hosting the FEEDS (Food for Every Child to Eat During Summer) BBQ program, a USDAfunded program is free to all children 18 years and under and \$2 for adults. There is no registration involved, and open to everyone.

Meal service will be provided at the following sites Monday-Friday, 11:30-1 p.m. No service on July 3 and 4. In the Centreville area, FEEDS is offered at London Towne Elementary School,

THURSDAY/JULY 13

The American Legion Department of Virginia Hiring Fair. 9 a.m.-2 p.m. at The Hilton Washington Dulles Airport, 13869 Park Center Road, Herndon, Call 202-578-9255 or

JULY 17-21

Girls Fire and Rescue Academy Summer

visit hiringourheroes.org for more.

Camp. The Fairfax County Fire and Rescue Department offers the Academy, open to female students that are Fairfax County residents (ages 14-15) and is free of charge to participants. The Academy will provide a unique insight into life as a Firefighter/EMT to encourage young women to consider the fire service as a career, either after high school or college. Register at www.fairfaxcounty.gov/fr/.

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A Connection Newspaper

Supreme Court of Virginia Sides with Car-Title Lenders

TitleMax, LoanMax and Fast Auto Loans will be able to keep details about their business secret.

By Michael Lee Pope Centre View

ow many cars did TitleMax repossess last year? What was the average loan amount for LoanMax? How many judgments did Fast Auto Loans obtain against people who were so hard up for cash that they handed over the title to their automobiles? That's all information that these companies handed over to state regulators last year. But according to a new ruling from the Supreme Court of Virginia, it's also information that these companies can keep secret. Justices were considering an appeal filed by the Center for Public Integrity, which filed a public-records request with the State Corporation Commission.

"Clearly my client is disappointed in the decision," said state Sen. Scott Surovell (D-36). "The Supreme Court seems to have interpreted the State Corporation Commission's order differently than we did, and they elected to dismiss it on a technicality. That's disappointing, but that's what they did."

The battle for access to regulatory documents is the latest battle in the ongoing controversy surrounding car-title lenders, which charge more than 200 percent annual percentage rates. Recent years have seen a number of news organizations detail how the industry takes advantage of people on the margins of society, including people who are facing serious medical problems or unemployment. Stories have appeared in Connection Newspapers and on public radio, setting the stage for an investigation by the Center for Public Integrity. But when investigators for the Washingtonbased nonprofit organization tried to get documents car-title lenders filed with state regulators, they ran into a brick wall.

"We get denied records all the time," said Fred Schulte, who was a reporter for the Center for Public Integrity when it issued the 2015 report. "But it's pretty unusual for a public official to say there's nothing in the law that says this is anything but a public record, but we're not going to give it to you anyway just because we want to satisfy the industry."

STATE REGULATORS initially notified the car-title lenders that they would be releasing the annual reports because they were unable to identify any legal basis that would prohibit them from treating them as public records. But then the industry struck back. TitleMax, LoanMax and Fast Auto Loans filed separate petitions arguing regulators should not release "personal financial information" about the businesses. Members of the State Corporation Commis-



PHOTO BY MICHAEL LEE POPE/CENTRE VIEW

LoanMax is one of the car-title lenders arguing that its annual reports should not be disclosed because they contain "personal financial information."

sion considered the public-records request and determined that the term "personal financial information" was ambiguous. They ultimately determined that that the Bureau of Financial Institutions had never released the documents before, and they saw no reason to release them now.

"The bureau's historical practice has been to treat the specific annual reports as confidential, and there has been no statutory change that would require a change in that practice," the commission argued in a legal brief submitted in the case.

The question of whether or not TitleMax is protected from public disclosure of "personal financial information" was not resolved by the State Corporation Commission, which decided to rely on its historical practice rather than forging new territory. Likewise, justices on the Supreme Court of Virginia also left that question unanswered. Instead, they dispatched the case on a technicality. The justices concluded that the "assignments of error" the Center for Public Integrity attributed to state regulators did not comply with court rules.

"The case was decided on what some may say is a technicality, not whether the State Corporation Commission's ruling was correct," said Jay Speer, executive director at the Virginia Poverty Law Center. "The question of whether the law's prohibition against releasing personal financial information applies to a corporation trying to keep the public from knowing how many cars it repossesses or how many bad loans they have made will now have to be decided by the General Assembly."

NOW THAT the Supreme Court has dispatched the Center for Public Integrity's case, lawmakers may be more willing to consider legislation outlining how much — if any — information in the annual reports should be considered part of the public record. The State Corporation Commission

SEE CAR-TITLE LENDERS, PAGE 7





The Cast Fills This Story with Magic'

Westfield Summer Stage presents "Beauty and the Beast."

BY BONNIE HOBBS

timeless classic, "Beauty and the Beast" is always a hit with audiences. So it's no wonder then that Westfield Summer Stage has chosen it as its upcoming musical.

Featuring a cast and crew of nearly 60, it'll be presented at Westfield High, Friday-Saturday, July 21-22 and July 28-29, at 7 p.m., with matinees Sunday, July 23, and Saturday, July 29, at 2 p.m. Tickets are \$12 at www.westfieldtheatreboosters.com and \$15 at the door; all seats are reserved. In addition, a children's tea with Belle and her friends will be offered July 22 at noon.

"The actors are all really talented kids who bring a lot to the table," said Director Rachel Harrington. "I'm especially excited about the big dance numbers and all the great singing and energy they provide. This show also has a lot of humor, and the cast makes it particularly funny. I find myself laughing at parts I didn't realize were funny before."

Calling this show wonderful for all ages, she said, "It's a great musical with lots of memorable songs and dances, colorful sets and costumes, plus enthusiastic actors. The cast fills this story with magic." The characters will wear the traditions costumes from the movies, and the scenes will take place inside the Beast's castle and in Belle's village. "We've really tried, in all aspects of the set, to stick to the original, French architecture and design of the [1800s] time period," said Harrington. "And it has a lot of Disney whimsy, as well."

Portraying the beast is Westfield sophomore John Henry Stamper. "He's very angry at himself and his situation," said Stamper. "Although he's still human inside, he's been turned into a beast because he was mean as a young prince. So he's given up on just about everything, including love. But his servants try to help him find that spark of hope that he could become human again."

Stamper said the Beast is also "emotionally and physically closed off. He conceals



John Henry Stamper and Molly Van Trees rehearse a scene.



Some of the main characters are (kneeling) Isabel Nemati and (standing, from left) Susannah Kratt, Keeley Rogers, Harry Schlatter, John Henry Stamper, Molly Van Trees, Colin Brown and Lauren LeVine.

himself in the west wing – the forbidden part of the castle. He hides in the shadows because he's ashamed of himself, what he looks like and his decisions."

The Beast is a challenging character to play, said Stamper, because he undergoes such an emotional and physical change by the story's end, after Belle helps him open up his heart. "He's also a different type of male protagonist – not the happy, good guy," said Stamper. "So my intention is to have people rooting for him because they want him to not be a beast anymore. He even sings a song about how he screwed up and wishes he could change."

His favorite song is "Something There," sung by Belle, the Beast, Cogsworth, Lumiere and Mrs. Potts. "It's where the Beast and Belle are developing feelings for each other and falling in love," said Stamper. "And the others are regaining hope that the spell will eventually be lifted and they can be human again."

He said the audience will really like the set, the "phenomenal pit orchestra and fantastic choreography. "Everyone loves this classic story," said Stamper. "And everyone in the ensemble is so high-energy and is having such a great time, that the audience will, too."

Westfield senior Molly Van Trees is playing Belle. "She's very intelligent and kind, but also strong-willed," said Van Trees. "She's different from other girls in her town because she doesn't like Gaston and is her own person. She also has beautiful songs, and the rest of the cast is so talented and fun to work with that it makes playing her a joy."

For Van Trees, it's also a dream come true.

"When I was little, Belle was my favorite princess in my favorite movie, and I related to her because I read all the time, too," she said. "It's a beautiful story and I'm very excited that we get to do it."

She especially likes the show's opening number, "Belle," which she starts singing alone and is then joined by other cast members, as the whole town comes to life. "It's busy and fun and highlights the ensemble and their characters," she said. "And it's a cool song to listen to and watch."

Van Trees said "Beauty and the Beast" is such an "iconic show that people will be excited to see it. They'll also enjoy the way Mrs. Harrington is directing it and we're interpreting it."

Portraying Lumiere, the servant who's turned into a candelabra, is Harry Schlatter. "He's this suave, French, ladies' man — always trying to make mischief or something exciting happen," said Schlatter. "Sometimes, he does it just to annoy Cogsworth, the head of the household/clock. But he also does it in his own interests because he likes Babette, the maid/feather duster. He's bright, cheery and always wants to invite guests into the castle."

Schlatter's having fun playing Lumiere because it's such a comedic role. "He's always trying to be charming and get the girl, and I really like speaking in a French accent," said Schlatter. "My favorite song is 'Human Again.' Lumiere and the other servants sing it together, reminiscing about what they'll do when they become human again. It changes moods and is challenging to sing, and I like how the tune flows and thoroughly describes how great it'll be to become human once more."

He said the audience will find many things to love about this show. "The set's going to be huge and awesome; our Belle, Beast and Gaston [Chantilly High grad Adam LeKang] are extremely talented and all the actors have been working really hard to bring their characters to life," said Schlatter. "And our choreography encapsulates the message of each scene and song."

Westfield sophomore Lauren LeVine plays the head of the kitchen/teapot, Mrs. Potts. "She's kind of the mother of the castle," said LeVine. "She can be stern, but has a soft side and gives the others advice. She's really nice and is a good mother to her son, Chip. She also tells the Beast to act like a gentleman and be nice to Belle. She does that because she wants the spell lifted, but also because she's wise and knows it's not that easy for people to fall in love."

Enjoying her role, LeVine said, "I have quite a few lines and songs. I like talking with a British accent and I've enjoyed meeting all the other cast members. As a teapot, one of my arms is up and I can't move it, so it's been challenging learning the dances. But it's also been fun." She especially likes the number, "Be Our Guest," because "Everyone's in it and wears elaborate costumes. And it's choreographed really well and is a song most people know the words to already."

As for the audience, said LeVine, "They'll enjoy that this is a family show; even teens and adults will like seeing something they've grown up with. They'll also like our spins on the characters and the jokes we put in with our mannerisms. Everyone has a lot of energy and we all work together really well."

CRIME

The following incidents were reported by the Sully District Police Station.

BURGLARY: 13600 block of Bent Tree Circle, July 1 around 5:30 a.m. A teenaged boy entered a home through an unlocked door and stole a speaker. The suspect was described as Hispanic, with a light complexion and a thin build, between 15 and 17 years old and about 6 feet tall. He had shaggy, dark brown hair and was wearing black tennis shoes, a blue shirt and carrying a navy

blue book bag with gray stripes.

FAILING TO PROVIDE AD-**EQUATE SHELTER/ARREST:** 14300 block of Chantilly Crossing Lane, June 30 around 6:30 p.m. A man was charged with leaving his dog, a Golden Retriever, inside a parked car. An 81-year-old Fairfax man was issued a summons. The dog did not require medical attention.

HIT AND RUN: Meadowland Court/ Lee Jackson Memorial Highway, June 26 around 2 a.m. An officer attempted to stop a car involved in a hit and run minutes earlier. The vehicle accelerated, then came to a stop and the driver fled on foot. The suspect was not located, but officers believe they have identified him. Charges are pending.

COMMERCIAL ROBBERY: 4000 block of Walney Road (Loanmax Title Loans), June 16 around 5:52 p.m. An investigation determined a man entered the business, displayed a weapon and demanded money. He fled after receiving an undisclosed amount of cash. The suspect was described as Hispanic, in his mid 20s, 5 feet 7 inches tall with thick facial hair. Detectives are investigating.

COMMERCIAL ROBBERY: 6200 block of Multiplex Drive (TD Bank). June 17, 12:44 p.m. A man entered the bank, handed a teller a note announcing a robbery and demanding money. The teller handed over an undisclosed amount of cash and the suspect left the bank. The suspect was described as white, 20 years old, 5 feet 5 inches tall, with a slim build. He had black hair and a beard. He was wearing a black baseball cap, a black shirt and light blue athletic shorts.

FAILING TO PROVIDE AD-

EQUATE CARE/ARREST: 14200 block of Sweetwater Lane, June 18 around 6:45 p.m. Officers responded for a report of a small dog locked inside a car. An investigation determined the temperature inside the car was likely around 100 degrees. The fire department freed the dog as the owner could not be immediately located. Officers made contact with a 31-year-old woman from Alexandria, and issued her a summons for inadequate animal care.

ANIMAL CRUELTY/ARREST: 4300 block of Chantilly Shopping Center, June 9 around 2:50 p.m. Animal Protection Police Officers responded for a report of two dogs left inside a parked car. When officers arrived, they located a beagle/cattle dog mixed breed and a Chow mixed breed inside a 2004

Chevrolet Express van. The temperature inside the van was more than 100 degrees. Both dogs were taken from the car, sent to a local vet and treated for dehydration. Officers spoke to the owner, a 73-year-old man from Union, W.Va., and issued him a summons for animal cruelty.

ROBBERY: 14200 block of Centreville Square (Advanced America), June 8, around 5:15 p.m. An employee was working when a man entered the business. The suspect displayed a knife and demanded cash from the 27-yearold victim. He then ran out of the business with an undisclosed amount of cash. The victim did not require medical attention. The suspect was described as light-skinned, 25 to 30 years old, about 5 feet 10 inches tall with a thin build, wearing a green and yellow hooded sweatshirt.

ROBBERY: 13600 block of Lee Jackson Memorial Highway (Title Max), June 8, around 6:15 p.m. An employee was working at the counter when a man walked in and demanded cash. The suspect implied he would harm the 45-year-old victim if he did not comply. The suspect fled with an undisclosed amount of cash. The victim did not require medical attention. The suspect was described as light-skinned, 25 to 30 years old, about 5 feet 10 inches tall with a thin build, wearing a black hat and dark pants.

JULY 10 — LARCENIES

5700 block of Wood Creek Lane, tools from vehicle

JULY 7 — LARCENIES

14400 block of Cool Oak Lane, wallet from vehicle

14300 block of Saguaro Place, shoes from residence

4900 block of Stonecroft Boulevard, jewelry from vehicle

4000 block of Westfax Drive, cash from business

JULY 6 — LARCENIES

5700 block of Union Mill Road, wallet from business

4300 block of Poplar Forest Court, license plate from vehicle

STÔLEN VEHICLES

4700 block of Stonecroft Boulevard. 2018 Honda Accord

JULY 5 — LARCENIES

5600 block of Pickwick Road, merchandise from business

4900 block of Stonecroft Boulevard, property from residence

5100 block of Woodfield Drive, property from residence

JUNE 30 — LARCENIES

5600 block of Ox Road, tools from

14700 block of Pickets Post Road, ring from business

JUNE 28 — LARCENIES

5700 block of Harrier Drive, property from vehicle

13400 block of Melville Lane, electronic device from residence

6600 block of Oak Rock Court, cell phone from business

13500 block of Portage Place, property from vehicle

JUNE 26 — LARCENIES

4400 block of Chantilly Shopping Center, beer from business 4400 block of Chantilly Shopping

Center, cash from business 13900 block of Melton Place, cell phone from school

JUNE 23 — LARCENIES

14400 block of Chantilly Crossing Lane, gun from vehicle

4400 block of Chantilly Shopping Center, merchandise from business 5900 block of Baron Kent Lane, bicycle from residence

14200 block of Centreville Square, beer from business

STOLEN VEHICLES

6300 block of Multiplex Drive, 2007 Chevrolet box truck

JUNE 20 — LARCENIES

4200 block of Kincaid Court, ring from residence

14200 block of Saint Germain Drive, wallet from business

JUNE 19 — LARCENIES

11400 block of Braddock Road. equipment from construction site 4500 block of Daly Drive, cell phone from business

11400 block of Wolfs Landing, watch from residence

JUNE 16 — LARCENIES

4300 block of Chantilly Shopping Center, merchandise from business 3000 block of Virginia Dare Court, firearm from residence

JUNE 15 — LARCENIES

4300 block of Chantilly Shopping Center, merchandise from business

JUNE 12 — LARCENIES

4100 block of Chantilly Road, bicycle from residence

13800 block of Rock Terrace, bicycle from residence

14100 block of Saint Germain Drive, wallet from business

4900 block of Stonecroft Boulevard, cell phone from business 14200 block of Wood Rock Way, mer-

chandise from business

JUNE 8 — LARCENIES

4500 block of Brookfield Corporate Drive, beer from business

6400 block of Paddington Court, license plate from vehicle

14400 block of Woodmere Court, blower from residence

Court Backs Car-Title Lenders

From Page 5

currently issues an annual report on the industry, which shows how many cars were repossessed by all 26 car-title lending companies. But individual annual reports submitted by TitleMax and LoanMax, for example, remain secret.

The actual aggregate data is already reported, said Surovell. "So it's not clear to me why getting individual data from individual car-title lenders would for some reason prejudice anybody unless they've got something to hide."

Earlier this year, the General Assembly considered more than a dozen bills on car-title lending this year,

although none of them made it out of committee. Instead lawmakers created a special work group to consider possible solutions to be considered next year. The work group is considering a number of issues related to predatory lending, including bait-andswitch behavior of some car-title lenders offering more than one kind of lending product and unregulated loans made online.

"We could change the law, and we should," said Del. Mark Levine (D-45), a member of the work group on predatory lending. "But I think the Supreme Court got it right in this case — at least with regard to the statutes cited by them. There is no requirement to release this information."

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Heartbreak and Hope U.S. Rep. Gerry Connolly hosts Alzheimer's Town Hall.

By Andrea Worker Centre View

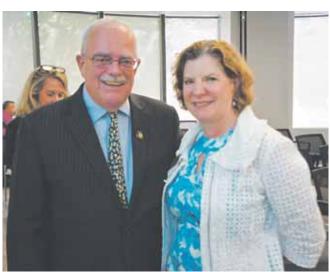
lzheimer's disease will touch every American family at some time or other. There aren't many other conditions you can say that about. Today, Alzheimer's kills more people each year than breast cancer and prostate cancer combined," said U.S. Rep. Gerry Connolly (D-11) to the attendees of the Town Hall meeting at the headquarters of the National Capital Area Alzheimer's Association in McLean on Monday, June 10.

Connolly was one of several speakers on the agenda, that included representatives from the National Alzheimer's Association, the Agency on Aging from Fairfax and Prince William counties, the Virginia Alzheimer's Commission, and the National Active and Retired Federal Employees Association.

Cindy Schelhorn, senior director of communication with the Alzheimer's Association, opened the event and Connolly began the session with a personal story about the disease's effect on his own family. "My Irish immigrant grandmother survived the boat journey to America, even being robbed on the ship. She worked hard. She saved. She was able to bring her own mother and her brothers over from Ireland. She wasn't able to fight off Alzheimer's."

Connolly told of his grandmother's strength from years of hard work "and walking to Mass everyday." In some ways, said the congressman, her physical fitness proved to be less than a blessing after the disease struck. "She lived a long time with Alzheimer's. Watching her fade away before my eyes was one of the most difficult things I had to deal with growing up. The worst is knowing your loved one knows something isn't right, but there is nothing they can do."

THE CONGRESSMAN has co-sponsored



U.S. Rep. Gerry Connolly with Toni Reinhart who is spearheading efforts to make Herndon the first "Dementia Friendly Community" in the Commonwealth, with education and training in real-life encounters and situations to make living with dementia easier on patients, caregivers, families and the community.



Photos by Andrea Worker/Centre View

The panel at the Alzheimer's Town Hall included U.S. Rep. Gerry Connolly (D-11), and representatives from the National and local Alzheimer's Association, Area Agencies on Aging, the Virginia Alzheimer's Commission, and the National Active and Retired Federal **Employees Association.**

the HOPE for Alzheimer's Act and the Palliative Care and Hospice Education and Training Act, supported the RAISE Family Caregivers Act and is a member of the bipartisan Congressional Task Force on Alzheimer's. But he is concerned. "The President's FY 2018 Budget, and many of the bills currently on the table would wreak havoc, throwing people out of nursing homes and adult care centers, and severely limiting care and resources for our vulnerable seniors." A threatened 18 percent cut in the funding for the National Institutes for Health "would gut federally funded research ... it certainly would bring us no closer to a cure," said Connolly. "And right now, there is no cure. There really isn't much in the way of treatment."

"There are about 140,000 Virginians estimated to be suffering from some form of dementia," said panelist Sharon Davis with the Virginia Alzheimer's Commission, and

> she says the effect of the disease takes a toll on the family as well as the afflicted. "I have spent more than half of my adult life as a caregiver." Davis's husband is now a live-in patient at a memory-care facility, suffering from early-onset Alzheimer's. Her mother lived for 18 years with the disease.

"It's a tragedy. It's a disease that robs them of what should be the best years, time they have earned to relax and enjoy." As Davis pointed out, it's also a disease that can have devastating emotional and financial impacts on families, as many struggle to cope physically and financially to provide usually roundthe-clock care.

Stories of heartbreak and challenges continued, but Karen Hannigan with Fairfax County Area Agency on Aging wants to get the word out that there is help and support, for the patient and the families and caregiveers.

"We operate based on the 'No Wrong Door Initiative' model," said Hannigan.

That model means that persons who call for help don't encounter a "sorry, wrong department and we can't help" response. "No matter what, we guide you. Our staff are 'field-trained.' We know the system. Let us do the navigating and take away at least that much stress from the situation."

Negotiating the government regulations, the gaps between Medicare and Medicaid, the insurance maze, and trying to find appropriate resources while dealing with the actual disease and its effects on the patient, and possibly on the family as caregivers, can be overwhelming. "Call us, Monday through Friday, 8 a.m. - 4:30 p.m. at 703-324-7948," said Hannigan. "You don't need to know all of the information. We do. Just tell us your story.'

The National Alzheimer's Association also offers a helpline. "It's free care consultation. It's nationwide. We work with agencies around the country and can help you get to the right people," said Jane Priest, program manager with the association. "24/7, call us at 1-800-272-3900, or visit the website at www.alz.org."

Along with more assistance for patients, caregivers and families, Priest and others on the dais and in the audience want to see more focus on education and training, as well. The National Alzheimer's Association and the regional chapters are dedicating more time and resources on outreach programs. Annandale resident Catherine Bergstrom who attended the event welcomes this initiative.

Bergstrom related the experiences of her husband who had to be hospitalized. "This was a hospital, and they still did not know how to deal with a patient suffering from



Catherine Bergstrom of Annandale relates the hospital experiences of her husband, who suffered from the disease. "It was a hospital ... and they did not know how to deal with this condition or situation. We need to educate and raise awareness even to doctors and medical staff."

this disease."

Sharon Davis of the Virginia Alzheimer's Commission added her own stories of her husband's treatment at hospitals and medical facilities that worsened his mental state, instead of improving the situation.

"And what about a patient that can't communicate to the emergency room staff because of their condition?" asked Connolly, or even worse, the Alzheimer's sufferer who doesn't have a caring family member who can help "interpret" during medical transactions or who can advocate on the patient's behalf?

THE OUTREACH PROGRAMS of the Alzheimer's Association seek to train the general public, as well as doctors, caregivers, law enforcement personnel and others on how to recognize if someone is suffering from Alzheimer's or dementia, and how to best react and assist.

Currently, there are no "Dementia Friendly Communities" in Virginia. The model, which seeks to raise awareness of the disease and of dementia in general and offer training and tips for real-life encounters is being tested in other jurisdictions nearby. Toni Reinhart, owner of Herndonbased Comfort Keepers that provides inhome senior and elder care services, wants to change that. This month, she is gathering local service and community leaders in her area to make Herndon a "proof of concept" project. "Herndon is so communityfocused. Our leaders are very service-oriented. I think it's the best place to get this rolling in Virginia."

Connolly applauded all of these efforts, as he pledged to continue to fight for Alzheimer's funding. "There are 1.1 million people in Fairfax County. Eleven percent are over 65. The fastest growing population is over 80. This is an issue that won't just go away. We need to take action now. Contact your members of Congress — and not just the 'friendlies!' We have a 'moon-shot' for fighting cancer. Well, we need a 'moon-shot' to fight Alzheimer's disease."

Home LifeStyle



Joe Van Goethem painted the French door of his wine cellar with "Pitch Black" by Farrow & Ball. He hung wood blinds on the door to match those on the other French doors in other parts of his house.



Photo courtesy of Joe Van Goethem **Interior designer Joe Van Goethem** transformed a walk-in closet in his McLean home into a wine cellar.

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Redefining Space

"My advice to homeowners is

homes as if they were never

Designer thinks outside the proverbial box.

BY MARILYN CAMPBELL

local interior designer believes in thinking outside the box when it comes to making the best use of space in one's home.

"My advice to homeowners is to embrace spaces within their homes as if they were never assigned," said Joe Van Goethem of Joseph Van Goethem Interior Design in McLean. "Depending on location, a space previously designated as a walk-in closet can be purposefully transformed into an intimate guest bedroom, home office, or multipurpose wine cellar and bar."

Van Goethem followed his own advice when he transformed a walkin foyer closet in his home into a multipurpose wine cellar, complete with a wine refrigerator, beer cooler, ice maker and

invitation for hidden clutter?" he asked. "Envision new, functional possibilities for every space within your home."

assigned."

Van Goethem, who not only designed the space, but also completed the construction himself, believes that "playing with scale and attention to every detail are key when

considering the transformation of a confined space such as a walk-in closet," he said. "[The] closet had a nondescript narrow solid door, glued-down wood veneer floor, shelving and hanging rods, and one light fixture."

In finishing the project, Van Goethem widened the door framing to accommodate a new French door and added storage space for a concealed television. He also installed an intercom to allow those in the cellar to communicate with those in the kitchen.

"I ripped up the old floor [and replaced it] with Spanish marble tile flooring," he said. "I added a baseboard and crown moulding, and created a grid of moulding on the walls which I painted with Farrow & Ball's Purbeck Stone. I installed Extra Fine Arrowroot Grasscloth hand crafted wallcovering by Phillip Jeffries within the recesses of the grid."

was to make the design of to embrace spaces within their the new cellar consistent with the aestheticS of the rest of his home. The — Joe Van Goethem of space includes Joseph Van Goethem Interior Design a large drum light fixture

and side lamps.

cigar humidor. "Why a walk-in closet if it's An oversized cabinet holds the stemware seldom used, and only to become an open and barware. He added a commissioned seascape painting by California artist Jonathan Koch and modern teapots by Washington, D.C. ceramicist Joe Hicks.

> "Details are important in design, but they are everything ... when transforming a small space like the repurposing of a walkin closet," said Van Goethem.

Van Goethem said his goal Call 703.994.4561 to RSVP and schedule your tour today!

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Record Setters: C. Roundtree and L. Wang.



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Winning 9-10 Relay: R. Hicks, D. Collinsworth, R. Friess, and C. Lee.

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Riptide Travels to Lee Graham

On a hot, humid July morning, when the crowd watching the meet was wishing they could jump in the practice pool, the Virginia Run Riptide traveled inside the beltway to challenge the Lee Graham Dolphins. During a week when Charis Roundtree (8&UG) and Leo Wang (15-18B) set new team records and their teammates recorded 42 personal best times, the Riptide were nosed out by the Dolphins.

The always enthusiastic 8 & under swimmers swam with gusto as Nick Harris and Charis Roundtree won their freestyle races with Anna Kelliher capturing third with a new best time. The boys swept their backstroke race with Mason Conlon first, Tyler Harris second, and Ethan O'Connor third and the girls answered with Carson Coughlin first and Ann Kelliher third. In breaststroke Mason Conlon was second and Christopher Thomson was third, while Lauren Fitch swam for second. With a new team record in butterfly (17.85) Charis Roundtree maintained her undefeated season, with Caroline Friess taking second while Aidan Bange swam for a third for the 8&U boys fly.

Ryan Friess of the 9-10 boys swam two best times to take a first in free and a second in fly, while Davis Collinsworth swam to first in breast and second in back. Ginny Fitch (9-10 G) placed second in back and breast, with Angela Thomson gaining a second in fly. Earning those valuable third place points were Ryder Hicks and Alison Harkins in freestyle and Ashley Neuman in breaststroke.

For the 11-12's Jackson Blansett swam for first in free and second in fly. William Whitton took more than 1.5 seconds off his previous best backstroke time to win first, a feat repeated by Charles Beamon who took off more than 2.0 $\,$



M. Matz with winning breaststroke form.

seconds to win breaststroke and 1.5 seconds off to place third in back. Griffin Osterhout swam for a second in breast and a third in fly. Isabel Cogan swam a personal best to win her breaststroke race and placed second in free. Caitlin Kelliher was second in back and fly, while Neha Srinivasan swam for third in breastroke.

The 13-14 squad worked hard for their points. Owen Thomas was first in back and third in free. Andrew Boyle was second in back, Kevin Wang was second in breast and Michael Hart third in breast. Maddie Whitton took a second in free and, swimming a personal best, took first in fly. Chelsea Nguyen swam for second in back and third in free, Alana

SEE RIPTIDE, PAGE 11

Piranhas Battle Laurel Hill

On July 8, the Sully Station II Piranhas traveled to Lorton to battle Laurel Hill in the third A meet of the summer season. Persevering though absences and illness, swimmers gave their all and fell just short by a score of 218-197. Highlights of the morning included three sweeps, five double event winners, five relay victories and several Piranhas swimming up and subbing in as true team players.

The 15-18 girls once again dominated their age group, with Karenna Hall and Delaney Kennedy leading the way with first place finishes in all individual events. The sweep in backstroke was completed with Carly Logan and Georgia Stamper touching second and third and also contributing points in freestyle and breaststroke. The girls had a blast during relay warmups and their fun approach combined with their evident skill resulted in a win by over 6.5 seconds.

Equally impressive were the 11-12 girls, led once again by double event winners Angela Cai and Caroline Li.

Callie Ver Planck turned in two strong second place finishes in free and fly. Teammate Hayley Norris also secured second place in both back and breaststroke. With such depth, it was no surprise that the girls scorched the pool with a relay victory of over 8 seconds. As the lone representative for 11-12 boys, Ethan Wilson showed a lot of heart in capturing third



hoto Contributed

From left: Sully Station II Piranhas, 9-10 boys, Emerson Saint Germain, Bryan Kim, Caden Seng, Jason Li, Elijah Post, and Jeremy Bordacs.

place in breaststroke.

Eight-year-old Payton Susko captured two wins in free and back and anchored the relay win for her age group. Teammate Alyssa Seng led the fly sweep along with Grace Ver Planck and Mary Campbell. The girls also added crucial points in back and

SEE PIRANHAS, PAGE 11

SPORTS



Ethan Wilson was all smiles with SS2 Coaches Katie O'Brien and Caitlin Campbell. In back is Coach Scott Brown.

Piranhas

From Page 10

breaststroke and were encouraging team cheers throughout the meet.

Kellen Campbell brought home the win in 15-18 boys backstroke and the sweep in that event was completed by Colin Brown and Brantley Cervarich. Kellen combined with Max Morris to finish 2-3 in fly, while Harmon Saint Germain and Brody Campbell finished 1-2 in breaststroke and 2-3 in free. The 8&U boys relay of Gabriel Alquinta, Mark McLendon, Zacchaeus Post and Michael Zhang bested their opponents handily. Individually, Zhang and McLendon finished 1-2 in backstroke, Alquinta added a gutsy win in fly and Post captured second in breaststroke. Additionally, Zhang and Post combined to go 2-3 in freestyle for a thorough effort in the youngest age group.

Nine-year-old Jason Li bested Laurel Hill to take first in breaststroke and touched second in fly. Teammates Caden Seng and Bryan Kim added points for the 9-10 boys in breaststroke and free. Securing top three finishes for the 9-10 girls were Ehma Stalfort and Ella Ammons in free, Lilly Wilson in back, Stalfort in breaststroke, and Suzanna Walser in flv.

Strong swimmers in 13-14 boys included Harrison Saint Germain in free and breaststroke, Charles Tai in back, and Carson Saint Germain in fly. A standout performance was 13-year-old Madison Stalfort claiming second in both back and fly despite a painful inner ear infection. Grateful Piranhas were inspired when spectator and former teammate Dorothy Cervarich donned a bathing suit from the coach's car to scratch into the breaststroke event. It was a spontaneous decision and she was clutch in claiming second place on such short notice. More importantly, she demonstrated that once you are a Piranha, it is a part of you forever.

Sully II will host its first home A meet of the season next Saturday, July 15 against Canterbury

Riptide

From Page 10

Turflinger swam for second in breast and third in back, and Emily Jon swam for third in breaststroke.

Competition among the 15-18-year-old high school swimmers was intense. Leo Wang broke his own team record, winning the breast with a 29.31 and also placed second in the fly. Nick McGrath swam for second in free and breast. Meredith Matz won the breast by over 2 seconds. Didi Pace placed second in free and fly while Lauren Stovall for third in free.

As the heat of the morning intensified, the meet entered the relay stage. While the Dolphins won the majority of the races to lock up the win, the Riptide relay team kept many of the races close and will be swimming again this Wednesday when Virginia Run will be hosting the Division 4 Relay

A Near Catastrophe, **Always**

By KENNETH B. LOURIE

As I bring our two cat carriers up from the basement in order for "The Buff Boys" to acclimate in anticipation of their impending visit to the veterinarian, I can't help but think back to the spring of 1976. That's when an appointment to mend my male cat, Tillie, nearly went very

To this day, the circumstances still haunt me. Tillie had been a surprise birthday gift given to me in September 1975, along with a puppy I named Gus (both named after a W.C. Fields' movie, "Tillie and Gus").

Tillie was an all-black domestic short hair. Gus was a German Shepard/St. Bernard mix. He was beautiful. He had a white-ish beige coat, floppy ears and a curly tail.

Introduced to one another at 6 weeks old,
Tillie and Gus were the best of friends/siblings. Though I made sure they spent their evenings inside, during the day, both were outside. (We had a fenced-in yard so Gus was confined. Tillie however, as you might imagine was not. He had the run of the neighborhood.)

Sure enough, one day, Tillie got into a cat fight. His tail had been bitten and was beginning to abscess. I knew I had to take him to the veterinarian. However, I was in college and had very little money to spare. Nor did I have a credit card either. (Those were the days before credit card companies solicited college students.) In a financial bind, I called my parents and asked for money (I did work in the dining hall all through

the usual room and board-type expenses).

They sent me \$25. (In my mind, I can still see the check.) In addition to whatever other money I could scrape together, I guess it was enough so I took Tillie to the "vet" for repair. He stayed overnight. The next day, I got the call that he was ready for pick-up. That's when the event occurred that has affected me/my animal-owning life going on - four decades plus.

I went by myself. I had a car; a 1970 Ford Maverick, but no cat carrier. I was, apparently, planning on simply holding Tillie in my arms as I had done the day before. However, the pick-up was not nearly as uneventful as the drop-off.

Once I got outside the building, Tillie began squirming (his tail had been shaved and had stitches where the abscess/bite had been inflicted) and broke free from my grasp. He ran off about 20 yards – or so to the rear of this modest onestory building and stopped just shy of a chain-link fence which separated where we all were to another neighborhood – beyond my reach. My fear: had Tillie climbed over that fence somehow, he likely would have been gone forever.

Slowly I approached Tillie, repeatedly calling his name as quietly and reassuringly as I could, trying not to rattle, startle or scare him in any way; presuming post-surgery, in an unfamiliar place, possibly in pain, it might not take much from his father to cause him to scamper off and

As I casually walked toward him, amazingly, Tillie sort of stood still, enough for me to scoop him up. Which I did and then carefully walked back to my car and drove us both home without any further ado – except for the rest of my taking-cats-to-the-"vet" life. And yes, that means now.

And though I'm not stupid enough to transport cats without cat carriers anymore. Lam only at ease once we're back home and have let the cats out of their boxes and released them into the house (all our cats are indoor cats). Throughout this process, I must check the latches on their carriers a half-a-dozen times; in the house, in the car, in the parking lot outside the "vet's" office, in the waiting room, in the examining room and then again afterwards; back in the waiting room while I pay, in the car on the way home and finally in the driveway as I prepare to carry the carriers/cats across the yard and into the house. Once inside with the cats/carriers in hand, finally

Forty-one years ago; it seems like yesterday, or maybe tomorrow if the "vet" can see us. And that's what worries me. Been there and unfortunately, have done that.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers



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ONGOING

Art Guild of Clifton Exhibit. 10 a.m.-8 p.m. at Clifton Wine Shop, 7145 Main St., Clifton. Includes oil paintings of European settings; doors, windows, and flower shops. Free. Call 703-409-0919 for more.

Carolina Shag Dance. Wednesdays, 6:30-10 p.m. at Arlington/Fairfax Elks Lodge, 8421 Arlington Blvd., Fairfax. Free lessons at 7:30 p.m.; no partners needed; dinner menu at 6:45 p.m. Tickets are \$8. Visit www.nvshag.org for more.

Open Rehearsal. Wednesdays, 7:30 p.m. at Lord of Life church, 13421 Twin Lakes Drive, Centreville. The Fairfax Jubil-Aires barbershop chorus invites men of all ages who enjoy singing. Free. Visit

www.fairfaxjubilairs.org for more. **Toddlin' Twos.** Tuesdays, 10:30 and 11:30 a.m. at the Chantilly Library, 4000 Stringfellow Road. Early literacy storytime with songs and activities included. Age 2 with caregiver, free. Call 703-502-3883 to reserve a spot.

Storytime for Three to Fives.
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English Conversation Group.

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Practice English Conversation Group. Saturdays, 3-5 p.m. at Centreville Regional Library, 14200 St. Germain Drive. Drop in and enjoy casual conversation and learning for adult learners of English. Volunteer led program. Call 703-830-2223.

English as Second Language Book Club. Mondays, 7-9 p.m. at Centreville Regional Library, 14200 St. Germain Drive. Adults learning English meet to discuss a book chosen by the group. Call the library 703-830-2223 for book title.

Advanced English Conversation Group. Tuesdays, 10:30 a.m.-12:30 p.m. at Centreville Regional Library, 14200 St. Germain Drive. Drop-in conversation group for adult English as Second Language speakers who want to improve their skills. Call 703-830-2223 for more.

Plant Clinic. Saturdays, 10:30 a.m. at the Chantilly Library, 4000 Stringfellow Road. A neighborhood plant clinic with horticultural tips, information, techniques, and advice. Free. Call 703-502-3883 to reserve a space.

ESL Book Club. Mondays, 7 p.m. at the Centreville Regional Library, 14200 St. Germain Drive. Meet and discuss a book chosen by group. Free. Call 703-830-2223 with questions and to reserve a spot.

ESL Book Club. Every other Saturday, 11 a.m. at the Chantilly Library, 4000 Stringfellow Road. Adults learning English are welcome to meet and discuss a book chosen by the group. To find out book title, call 703-502-3883.

Lego Block Party. Every other



Photo courtesy of the Fairfax Station Railroad Museum

Model Train Show

On Sunday, July 23 the Z Scale Model Train Show, 1-4 p.m. at the Fairfax Station Railroad Museum, 11200 Fairfax Station Road in Fairfax Station. Z scale is the smallest mass-marketed model train available anywhere. Museum members and ages 4 and under, free; ages 5-15, \$2; ages 16 and older, \$4. Visit www.fairfax-station.org, or call 703-425-9225 for more.

Tuesday, 3 p.m. at the Chantilly Library, 4000 Stringfellow Road. Legos will be provided for an afternoon of building. Grades 3-6. Free. Call 703-502-3883 to reserve a spot.

Duplo Storytime. Every other
Wednesday, 10:30 and 11:30 a.m. at
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Free. Call 703-502-3883 to reserve a
spot.

Live After Five. Fridays at 5:30 p.m. at The Winery at Bull Run, 15950 Lee Highway. Every Friday night a band plays on the patio of the winery. Free to attend. Visit wineryatbullrun.com. **Mondays are Family Night**. 5-7 p.m. at Villagio, 7145 Main St. \$45 for a family of four. Call 703-543-2030.

Legos Kids Club. Every other
Tuesday, 10:30 a.m. at the
Centreville Regional Library, 14200
St. Germain Drive. Thousands of
Legos for children to play with. Ages
6-12. Free. Call 703-830-2223 to
reserve a space.
Starlight Storytime. Every other

Starlight Storytime. Every other Wednesday, 7 p.m. at the Centreville Regional Library, 14200 St. Germain Drive. Stories under the stars for ages 4-8. Wear pajamas and bring stuffed

friends. Free. Call 703-830-2223 to reserve a space.

Over-40 Softball League. A Fairfaxbased league is looking for enough players to form another team. Players must be at last 40 years of age to be eligible. All games are doubleheaders -played on Sundays at Bready Park in Herndon between 11 a.m. and 6 p.m. If interested, email skeduman@aol.com for more.

One-on-One English Conversation.

Various times at Centreville Regional
Library, 14200 St. Germain Drive.
Spend an hour with a volunteer tutor
to practice conversing in English.
Various times and days. Reservations
are required. Call the library at 703830-2223 to make a reservation.

PET ADOPTIONS

Adopt a Dog. Fridays, 6:30-8:30 p.m. at PetSmart, 12971 Fair Lakes Center, Fairfax. Visit www.lostdogrescue.org for more.

www.lostdogrescue.org for more. **Adopt a Dog.** Saturdays, 12-3 p.m. at Petco, 13053 Lee Jackson Highway. Visit hart90.org for more.

Adopt a Dog. Sundays, 1-4 p.m. at Petco, 13053 Lee Jackson Memorial Hwy. Adopt a puppy or dog. Visit aforeverhome.org for more.

Adopt a Dog. Saturdays, 1-4 p.m. at PetSmart, 12971 Fair Lakes Center, Fairfax. Adopt a puppy or dog. Visit www.lostdogrescue.org for more.

THURSDAY/JULY 13

Hunter Mill Melodies. 7:30 p.m. at Frying Pan Park, 2739 West Ox Road, Herndon. Rob Ickes and Trey Hensley plays bluegrass. Visit www.fairfaxcounty.gov/huntermill.

SATURDAY/JULY 15

Arts in the Parks. 10-11 a.m. at E.C. Lawrence Park, 5040 Walney Road, Chantilly. The Goodlife Theater (Puppets) Visit www.fairfaxcounty.gov/parks/ performances/arts-in-the-parks or call 703-631-0013 for more.

Sully Summer Shindig. 3-7 p.m. at 10508 Wickens Road, Vienna. Annual Sully Democrats fundraiser, which supports Sully Democrats running for office and other operational expenses. \$15 in advance, \$25 at door. Email chair@sullydemocrats.org or visit sullydemocrats.org for more.

SUNDAY/JULY 16

NTRAK Scale Model Train Show. 1-4 p.m. at the Fairfax Station Railroad Museum, 11200 Fairfax Station Road, Fairfax Station. \$4 for adults 16 and over \$2 for children 5-15 free for Museum members and children under 5. Visit www.fairfax-station.org or phone703-425-9225.

SATURDAY/JULY 22

Arts in the Parks. 10-11 a.m. at E.C. Lawrence Park, 5040 Walney Road, Chantilly. Musician 123 Andrés performing children songs. Visit www.fairfaxcounty.gov/parks/ performances/arts-in-the-parks or call 703-631-0013 for more,

Live Music by Ken Fischer. 1-5 p.m. at the Winery at Bull Run, 15950 Lee Highway, Centreville. Visit www.wineryatbullrun.com for more.

SUNDAY/JULY 23

Z Scale Model Train Show. 1-4 p.m. at the Fairfax Station Railroad Museum, 11200 Fairfax Station Road, Fairfax Station. Z scale is the smallest mass-marketed model train available anywhere. Museum members and ages 4 and under, free; ages 5-15, \$2; ages 16 and older, \$4. Visit www.fairfax-station.org, or call 703-425-9225 for more.

CENTREVILLE COMMUNITIES OF WORSHIP

The Church of the Ascension

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