



JULY 26 - AUGUST 1, 2017 25 CENTS Newsstand Price



Behind the Badge Police offer members of the med insight on a "Day in The Life" of local law enforcement providers.

Police offer members of the media

BY ANDREA WORKER

hink you know what you would do if you were dispatched to handle a domestic dispute? Or if you were handling a "routine" traffic violation and the driver, sitting behind darkly-tinted windows wouldn't obey your instructions? Or you were called to the scene of a horrific accident where lives have been lost? With the exception of those who officially work these situations, members of the press probably get a closer look at these events than the average citizen, but a group of area media personnel were put to the test by several Fairfax County's police officers who gave them a glimpse of life behind the badge at the inaugural Fairfax County Police Department (FCPD) Media Police

"It's our first-ever academy for the media," said Julie Parker, FCPD Media Relations director, who came to her position from a background in journalism. The department currently runs a Citizens' Academy and a Teen version, but as Parker said, it's the media that "cover us ... we felt that there isn't enough education ... for reporters covering very serious topics." Parker also said that the FCPD was looking for feedback from the media.

THE BRAINCHILD of 2nd Lt. Dan Pang, who served as co-host, instructor, mentor and supervisor of the media rookies, the July 20 all-day session was held at the Fairfax County Criminal Justice Academy in Chantilly — the same facility where police recruits start their training in hopes of passing muster and eventually hitting the streets to "serve and protect."

Making it into those ranks in Fairfax County requires eight hours of psychological testing, extensive background checks, and six months of Academy training comprising lectures, practicals and skills training in defense, driving and firearms training. "You have to get each skill right, respond appropriately in each scenario," said Pang. There's coaching and counselling to correct mistakes, but the newbies are subject to a "three strikes and you're out" rule.

If the recruits make it that far, they move on to 90 days in the real world, with a field officer partner. Pass that test, and the recruit is now a rookie and it's time to do the job solo, or as a partner.

Pang took his "students" into the emotional life of a police officer. "It's a roller coaster," he said. "You try to turn it off and on, but it's not always so easy to do. We are in a constant state of elevated alertness. Failure to do so could kill us."

Pang used the terms "hypervigilance" and "stimulus habituation" and referenced the book "Emotional Survival for Law Enforcement, A Guide for Officers and their Families," by Kevin Gilmartin, Ph.D. to describe what life is like for himself and his fellow

According to Gilmartin and other re-2 . Centre View . July 26 - August 1, 2017



Despite his best efforts, NBC4's David Culver eventually had to pull his "weapon" to bring the angry bar patron under control with the aid of his partner Officer Reem Awad in the de-escalation exercise.

search, when law enforcement personnel get home, they may actually experience a "chemical dump" of the adrenaline and other chemicals that have kept them in this state. It can be such an overpowering relief to the brain and body that the officer almost literally shuts down. Pang and several of his colleagues who participated in the session spoke about times when they have come home and "just hit the couch and went out like a light."

There are other effects on a police officer's personal life that have been noted. "Cops tend to like toys," said Pang. Things like boats, ATVs and electronic gadgets "can compensate for the high when you're not on duty. Cops can become impulse buyers." He acknowledged that it's a trait that is not always conducive to a harmonious family

There are also societal effects resulting from a police officer's daily lifestyle. Alienation from friends and family can occur as some law enforcement personnel feel only their fellow officers can really relate to them. Amp that feeling up over time and that alienation can cause some officers to see everyone around them as untrustwor-

With all that they see and that they do, and with the personal toll that their work can take on them, it's probably no wonder that 85 percent of law enforcement personnel have experienced some kind of negative mental health symptoms. Almost 84 percent have been witness to, or involved in a traumatic event. More than 20 percent have suffered from some level of Post Traumatic Stress Syndrome and 27 percent have admitted to depression. The suicide rate for those working in law enforcement is three times the rate of the general population.

A veteran officer agreed to share a personal story with the attendees, having been involved in more than one fatal shooting



Kathy Stewart from News Radio WTOP gets some pointers from 2nd Lt. Dan Pang in how to conduct a traffic stop.

encounter during [his/her] career. The condition for opening up in this way was a request for anonymity. No recording. No notetaking. "As you can perhaps understand," said the officer, "these were difficult situations and experiences - for me, my family and for the families of the victims." The officer did not wish to bring new attention to these events and cause additional pain or concern for anyone involved.

Both events were ultimately declared as justified uses of force, and, in fact, in one case the officer's actions saved further loss of life or injury to other officers and members of the public. But the scrutiny, the investigations, the sudden removal from the job and the familiar surroundings and support from fellow officers, as well as the fear of retaliation against the officer or family members, made for "the most difficult time of my life" — and through it all you have to deal with the gravity of your own actions.

TO ILLUSTRATE HOW QUICKLY a situation can turn deadly - regardless of training or preparedness — the class reviewed some bodycam videos that also highlighted the "power of perspective." Watching reallife scenes of traffic stops and one of an

eviction from different angles and sources, and in one case, with and without sound, gave everyone pause for thought. Viewed from just one perspective, or in silence, judgments were quickly made as to who was responsible for the violent outcomes. As more sources were layered in, or sound introduced, that certainty quickly faded, or positions even reversed.

"I think you get the point," said Pang.

Kathy Stewart, an attendee from WTOP, agreed, saying the video exercise just emphasized the importance of "getting the whole story" and of the power that lies in the hands of those reporting.

Next on the agenda was strapping on 30plus pounds of gear (holster, "gun," handcuffs, etc.) to perform some "traffic stops" in the back parking lot, after some tips on where to stop a vehicle, how to approach it, what to look for, how to address the driver and other occupants, and how to stay as safe as possible.

PFC Mark Pollard of the Motor Squad, who helped run the exercise, was an approachable and thorough instructor, but hadn't much sympathy for complaints about heat. "We're out here, no matter what. Sun, snow, rain. That's our job."

"Driver" Fred Sanborn of Springfield has attended the Citizens Police Academy and seemed to relish his role as one of the difficult citizens being stopped. Waving-off the "officers" who approached, Sanborn just kept on with his cell phone conversation and then argued every step of the way.

Pollard was pretty matter-of-fact when some of his media students looked back in hesitation at Sanborn's failure to cooperate. "Deal with it if they don't listen to you," was his response. "Stay polite," he added, "and use your 'command control' voice."

The debrief from this exercise showed that in their anxiety to do things right and not miss a step, everyone overlooked something potentially deadly - like a knife on the dashboard, or a small handgun hidden alongside a driver.

OTHER HANDS-ON EXERCISES had the faux-recruits responding to a call of a domestic dispute, or being dispatched to calm an increasingly violent individual. "These are very much every-day occurrences," said Pang, "and the often the most dangerous."

Even in these controlled circumstances, with cameras recording and at least a few of their peers silently watching, many of the participants admitted that the situations still had a physical effect.

David Culver, an anchor and reporter with Washington's NBC News 4, was one of the media students who successfully diffused an escalating situation without injury or worse, but when he felt forced to draw his "weapon" to control the "suspect" he said that during the "encounter" he still felt his heart racing.

In between stepping in and out of the role

SEE POLICE HOST, PAGE 8 www.ConnectionNewspapers.com

County Pursuing Environmental Goals

Bulova hosts County Environmental Showcase.

BY ANDREA WORKER

art exhibition, part symposium, and part networking opportunity—there was something for everyone even vaguely interested in environmental issues at the Environmental Showcase, hosted by Fairfax County Board of Supervisors Chairman Sharon Bulova on Saturday, July 22 at the county's Government Center.

The Fairfax County Environmental Vision was first adopted by the Board of Supervisors in 2004, when U.S. Rep. Gerry Connolly (D-11) was the board's chair. Working with then-Supervisor Bulova and others like Supervisor Penny Gross (Mason District), an environmental advisory committee was established to help develop and direct the region's environmental agenda.

The board recently updated the Vision document, so the event provided the community with some insight into the revisions. It also acknowledged the achievements of local government departments and non-profit organizations and civic groups, while recommitting to the task of protecting the local environment and developing models of sustainability as the county continues to grow.

There were kudos enough to go around. Bulova noted Fairfax County reduced its per capita emissions by 10 percent from 2005 to 2012 and reduced greenhouse gas emissions from public buildings by 21 percent from 2006 to 2015 — at the same time that county properties have grown in square footage.

More than 60 percent of the county's Fairfax Connector buses are "mini-hybrids" which utilize engine cooling systems to reduce emissions and save on fuel bills.

BOTH BULOVA AND CONNOLLY noted

the county's goal to increase tree cover in Fairfax County by 45 percent by 2037 has already been met — and exceeded. In addition, according to the Park Authority, said Connolly, the goal of preserving 10 percent of all land in the county is well within reach. "9.26 percent there," said Connolly. "Only 1,864 acres more to go."

Connolly also praised the board for "once again taking a leadership role" and adopting a resolution to sign on to the National Climate Action Agenda to uphold the standards agreed upon by 195 nations at the Paris Climate Summit. "President Trump has withdrawn us from the agreement," said Connolly. "Congratulations. We've joined the ranks of Nicaragua and Syria, the only two other countries who refused to sign ... and Nicaragua only declined because they thought it didn't go far enough."

Much of Connolly's remarks centered on the redevelopment of Tysons Corner.



The panel at the Showcase symposium and Q&A. From left: James Hart, Fairfax County Planning Commissioner; Tom Fleury, executive vice president, Bowman Consulting; Steve Smith, principal, Cooper Carry; Susan Hafeli, Fairfax County Senior Utility Analyst; and Dr. Dann Sklarew, George Mason University professor and Sustainability Initiatives coordinator. Kambiz Agazi, Fairfax County Environmental Coordinator, also joined in.

"Consider the revolutionary provisions developed by the citizens Tysons Task Force. America's Next Great City is being built in a transit-oriented manner ... ensuring for the first time in Fairfax County that transit, biking and walking will be the safest, most convenient modes of transportation."

Connolly listed a number of additional achievements that had been made, and pointed out that all had been accomplished in partnership with the business community. He also paid tribute to the "unsung heroes in much of our environmental progress," referring to the hundreds of individuals and civic groups who have not only advocated in support of environmental protection, but also put in the hours and added their expertise for the good of the whole community, today and for the future.

A diverse panel of government employees and business leaders made presentations highlighting the partnership that Connolly spoke of. Kambiz Agazi, who Bulova introduced as the "Environmental Orchestra Conductor," is the county's environmental coordinator. Agazi mentioned some of the changes in "Vision 2.0" and also informed the audience that a new "environmental inventory" measuring environmental impact and improvements would be soon forthcoming.

Also present from Fairfax County government were James Hart, planning commissioner, and Susan Hafeli, senior utility analyst.

Tom Fleury, executive vice president of Bowman Consulting; Dr. Dann Sklarew, Ph.D. from George Mason University; and Steve Smith, principal with Cooper Carry architects, all spoke of innovations within their various disciplines that were aimed at marrying profitability with efficiency and environmental stewardship.

Smith had the assembly particularly interested in the description of his company's pilot project, re-designing a test floor in a hotel to align with "wellness building concepts." "In these rooms, even the shower is thinking about your health" with a Vitamin C infused water flow, he said.

Before and after the speakers' presentations and questions for the panel, an estimated crowd of about 200 visited booths set up in the conference center lobby and in the main forum.

SEE ENVIRONMENTAL, PAGE 8



Raea Jean Leinster was in attendance to talk about paint-cycling company "Yuck Old Paint, LLC." She didn't have to convince client Patrick Keenan with B. F. Saul Company, Hospitality Group.



Sophia Applegate of Oakton, Archana Nakkara and Kathryn Hammond, both of Vienna, attended the Showcase representing the Eco-Schools Leadership Initiative. "We're all about spreading the word, doing instructional programs for kids. It's important work."

You Have to Choose to Succeed'

FACETS honors students' academic achievements.

By Bonnie Hobbs CENTRE VIEW

o inspire young people to stay focused on academics as a means to break the cycle of poverty, FACETS runs a year-'round, youth program in certain low-income areas where the average income for a family of four is about \$18,000 a year. At Robinson Square in Fairfax, Ragan Oaks in Fair Oaks and Barros Circle in Centreville, staff and volunteers provide an array of educational, preventative and enrichment opportunities.

They offer one-on-one mentoring and tutoring, homework help, plus classes including literacy, art, computers, and substance-abuse and dating-violence prevention. And before school ended, they honored graduating seniors – plus more than 60 Honor Roll students who earned A's and B's on their report cards – with an Academic Achievement party at Centerpointe Church in Fair Oaks.

Students go to the FACETS center in Barros Circle every day after school, from 3:30-5 p.m.; and they sometimes stay an hour later in girls' or boys' groups to take field trips to, for example, Cox Farms or Lake Anna. The older girls also visited GMU and Nova.

"We offer educational programs, self-esteem building and both girls' and boys' empowerment programs so they know



Barros Circle students with their certificates and some FACETS staff.

they're capable of success," said Alaha Ahrar, FACETS community development advocate at Barros Circle. "I teach them they're talented and smart, regardless of their age, gender, economic status or disabilities."

She also tells the boys that "They shouldn't take advantage of their physical strength, where women are concerned. We teach them to treat both men and women

with respect. My aim is that there won't be domestic violence."

Ahrar advises young people to "know what you want to do, be dedicated and determined, and know that you can do it. I always tell them there's nothing impossible in the world – instead, they should read that word as 'I'm possible.' Dream of what you want to be, work for it and you'll get it."

She's been in the U.S. for seven years and is currently pursuing her Master's in Social Justice and Human Rights at GMU. And she shares her own experiences with the students at Barros Circle to inspire them. "I'm from Afghanistan and, at home, no one spoke English; but I had to learn it to get a

"That's why I work with

that I can have an

impact."

FACETS. I wanted to give

— Alaha Ahrar, FACETS

community development advocate

scholarship," said Ahrar. "So I had to get the best grades and graduate with honors from high school to get it."

But that was just back to this country, and the beginning; then came college - it makes me feel great where she continued to work hard and excel. She majored in Human Rights, Political Science and International Affairs and obtained a certifi-

cate in Middle Eastern Studies. Said Ahrar: coaches and, by their commitment, they "I was the first student at Mary Washing- show the importance of what they do." ton University to graduate in four years with a triple major and a certificate."

She speaks six languages, has recently become a U.S. citizen and hopes to eventually work for the federal government as a diplomatic liaison between the U.S. and Afghanistan. "That's why I work with FAC- ETS," she said. "I wanted to give back to this country, and it makes me feel great that I can have an impact."

And 15-22 students each week love coming to Barros Circle. "After we do homework, we work on the computers or play outside," said Jazze Carter, a rising fifth-grader at London Towne Elementary. "And we made videos about how men and women are equal; it was fun to do."

Jayden Anderson, a rising sixth-grader at London Towne, also likes the field trips - especially ones to the Cub Run Rec Center pool. At Barros Circle, said Imani Lyles, a rising fourthgrader at Centreville Elementary, "They help you with your homework and you get to do fun activities and play games in the computer lab. And I get to hang out with my friends."

Pleased to host the Academic Achievement party, the Rev. Brandon Horst, Centerpointe's pastor, told the students there to look around at all the adults present. "These people care about you and want you to succeed," he said. "But they can't make you [do it]. You have to decide not to let things around you determine what happens to you. You have to choose to suc-

About 150 people attended the event students, parents, FACETS staff and community partners, such as the Neighborhood and Community Service Unit, which helps nonprofit FACETS obtain grants. Also there was another partner, Fairfax County Hous-

> ing and Development, which provides the spaces for the centers.

> "They're places to go after school," said FACETS Executive Director Joe Fay. "They're staffed, safe places where students work with caring adults, plus volunteer mentors, who get to know the kids over a long period of time. They're role models and

"Tonight, we're celebrating academic achievement," he continued. "It sets the kids up for success and lets them know that what they've done is valuable and worth celebrating. And last year, all the graduating seniors in our programs went on to higher education afterward."



From Barros Circle are (sitting, from left) Jazze Carter, London Towne Elementary; Stephanie Walker, Deer Park Elementary; and Imani Lyles, Centreville Elementary; and (standing, from left) Janet Day, FACETS volunteer at Barros; Breanna Ankomh, Deer Park; Jayden Anderson, London Towne; and Shanel Hudson, FACETS community development advocate.

FACETS Combats Hunger

Donations needed for food during summer.

By Antonella Nicholas

Centre View

unger does not take a vacation in the summer, which is why the nonprofit organization FACETS is busy making sure children in the Centreville community Barros Circle have enough to

FACETS combats the effects of hunger and homelessness year round and is in full swing meeting the needs of children who cannot get food during the summer. FACETS sets up shop in community centers in four locations across Fairfax County during the summer — Robinson Square and Regan Oaks in Fairfax, Wedgewood in Annandale, and Barros Circle in Centreville.

The FACETS program in Barros Circle is struggling to provide lunch to low-income children. The Centreville program serves about 8-15 youths on a given day, while the

stresses that food scarcity and homelessness for low-income families has no season. "Everyone thinks about food-need during the holidays, but it's really a year-round need," Fay said.

FACETS' lunch provisions are not a graband-go scene – the organization runs something of a day camp where children can engage in creative and educational activities while their parents are at work.

During the school year, FACETS mentors children after school. During the summer, its programs fill the gap that school usually occupies. A high percentage of children that attend FACETS' summer programs get support from free and reduced lunches during the year — another tally in recognition of the importance of providing lunch to children during the summer.

"We catch the kids that fall through the cracks," Fay said.

Both Fay and Dushko emphasized that the need for food and other provisions for lowincome families is consistent year round, but is exacerbated during the summer. Fairfax County is an expensive place to live, work, and raise children. Donations and

"In the summer, there's definitely a need. Our ability to share wealth with the community is impacted."

— Brenda Dushko, director of development for FACETS, about the lack of food donations this summer for Barros Circle

other locations can serve up to 40 youths. The other three locations, providing for a larger number of children, qualify for county support — Fairfax County provides lunch to the other locations through a catering service. However, Barros Circle does

Food donations are less in the summer, and FACET's food pantries are not as well-stocked. Faith-based organizations make up the bulk of the donations for the Barros Circle program.

"In the summer, there's definitely a need," said Brenda Dushko, director of development for FACETS, about the lack of food donations this summer for Barros Circle, "Our ability to share wealth with the community is impacted."

Joe Fay, executive director of FACETS,

food drives can help FACETS keep its pantries stocked and ready to tackle hunger. "We're very grassroots," Dushko said. The organization's founding in 1988 is rooted in serving hot meals to families in need.

FACETS hopes to aid families so that their children find themselves in a better situation as they go forward with their lives. Fay and Dushko hope the community does not forget areas like Barros Circle that have a heightened need for food during the summer months.

To make a donation, go to www.facetscares.org and click "Donate." Donations specified for the Barros Circle day camp will go towards providing lunches for these Centreville youths. Donations can also be sent through the mail to 10640 Page Avenue, Suite 300, Fairfax, VA 22030.

Man Found Dead in Centreville Pond

n investigation is underway af ter a man's body was found face up and fully clothed in a pond July 18 evening in the 5800 block of Trinity Parkway in Centreville. Officers and paramedics were called to the area around 7:30 p.m. after a passerby reported seeing a body in the water.

The man has been identified as 28-year-old Pedro Ramirez Matom, of Centreville. His body was taken to the Office of the Chief Medical Examiner for

an autopsy. Detectives say there were no obvious signs of trauma.

Anyone with information is asked to contact the Fairfax County Police at 703-691-2131. Tips can be submitted anonymously through Crime Solvers by visiting http://www.fairfaxcrimesolvers.org, or text-a-tip by texting "TIP187" plus a message to CRIMES(274637). Anonymous tipsters are eligible for cash rewards of \$100 to \$1,000 if their information leads to an arrest.



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OPINION

Help End Domestic Violence

There were 1,483 calls to the domestic violence hotline in 2016, averaging 124 calls per month.

By John C. Cook DISTRICT SUPERVISOR (BRADDOCK-R)

trong families are held together by love, support, and commitment. They are the very foundation of a strong society. If the core of the family is replaced by violence, then all of society is weakened.

Domestic violence affects one in four Fairfax families and causes nearly 1,600 arrests in Fairfax every year. It is almost guaranteed that anyone reading this knows a victim of domestic violence, even if they are unaware of it. These statistics alone paint a dire picture. However, there is a way you can make a positive difference.

GUEST EDITORIAL

Fairfax County's Domestic Violence Prevention Council, which I chair, rolled out the "Make the Call" campaign earlier this year. Its purpose is to

encourage victims and witnesses of domestic violence to call Fairfax County's 24-hour domestic and sexual violence hotline at 703-360-7273. This number is completely safe and confidential. The hotline is staffed by experts always ready to offer information, counsel, and resources to victims and concerned citizens. Callers can receive vital information on where

BULLETIN BOARD

Submit civic/community announcements at ConnectionNewspapers.com/Calendar. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

VOLUNTEERS NEEDED

Volunteers needed at the Fairfax Station Railroad Museum, 11200 Fairfax Station Road, Fairfax Station. The Museum offers a variety of exciting volunteer opportunities in Museum events, programs and administration. Contact volunteers@fairfax-station.org or 703-945-7483 to explore services that will fit your schedule and interests. Visit www.fairfax-station.org, or call 703-425-9225 for more.

SATURDAY/JULY 29

Volunteers Needed. 9-11 a.m. at Centreville High School, 6001 Union Mill Road, Clifton. The Fairfax County Health Department is seeking volunteers for

olmes Middle

School

teacher Chris-

topher Jordan was ar-

rested Thursday, July

20, and charged with six

counts of possession of

Twenty-four-year-old

Jordan, of Centreville,

pornography.



to find shelter, legal resources, financial aid, and even a safe haven for their animals. Anyone can call to learn about the signs of domestic violence and even confirm possible incidents.

The hotline is proving to be highly effec-

tive and even lifesaving. The Fairfax County Office for Women received 1,483 hotline calls with an average of 124 calls per month in 2016. At least 98 percent of those who called for services said the hotline better prepared them to make a safety plan. This call can mean the difference between life and death for those escaping abuse.

Domestic violence is sometimes difficult to identify for bystanders, as well as victims. make the call, it could save a life.

Abusers will often convince their victims that they deserve the abuse, which shames victims into hiding the problem instead of speaking out. Many abusers threaten their victims with harsher, deadlier punishments if they look for help. These and other factors make domestic violence more difficult to recognize without the help of a seasoned professional. This is why we need more people to make the call when they have that gut feeling that something is

For bystanders, it could be a black eye, a passing reference, or even a loud argument overheard next door. You do not have to be sure. If you think domestic violence maybe happening, make the call and let professionals help.

For victims, the hotline is available whenever you need it. If you feel threatened, alone, or unsafe in your own home, please make the call. You do not have to go through this difficult time alone. The staff at the hotline is here for you at any hour of the day and will do everything they can to help secure you and your

Again, the number is 703-360-7273. Please.

Victims and witnesses of domestic violence can call Fairfax County's 24-hour domestic and sexual violence hotline at 703-360-7273.

an emergency response drill. For questions, contact Training and Exercise Coordinator Elizabeth Sullivan at Elizabeth.Sullivan@fairfaxcounty.gov or

TUESDAY/AUG. 1

Weekly Luncheon. 11:45 a.m.-12:45 p.m. at Eggspectation Restaurant, 5009 Westone Plaza. Chantilly, Centreville/Chantilly Rotary Club is a service club actively involved in the community, luncheon every Tuesday. Email boss12@cox.net or call 703-543-8386.

Sully District Democratic Committee. 7:30-9 p.m. at Sully Government Center, 4900 Stonecroft Blvd., Chantilly. Meet like-minded neighbors and learn how to become involved in our political process – all politics are local. Free. Visit sullydemocrats.org for more.

THROUGH AUG. 25

returning in the fall.

Teacher Arrested for Child Pornography

Jordan

Summer Lunches. The Fairfax County Public Schools

This remains an active investigation by

the Child Exploitation Unit. Anyone with

information is asked to call Detective

Romanoff with the Major Crimes Division

at 703-246-7800. Tips can also be submit-

ted anonymously through Crime Solvers by

visiting www.fairfaxcrimesolvers.org, or

text-a-tip by texting "TIP187" plus a mes-

sage to CRIMES(274637). Anonymous tip-

sters are eligible for cash rewards of \$100

to \$1,000 if their information leads to an

Office of Food and Nutrition Services will be hosting the FEEDS (Food for Every Child to Eat During Summer) BBQ program, a USDA-funded program is free to all children 18 years and under and \$2 for adults. There is no registration involved, and open to everyone. Meal service will be provided at the following sites Monday-Friday, 11:30-1 p.m. No service on July 3 and 4. In the Centreville area, FEEDS is offered at London Towne Elementary School, 6100 Stone Road.

ELECTRONICS RECYCLING

Residents Can "E-cycle" at the I-66 transfer station. It is free but residents may be asked to show proof of residency. Personal waste only. The I-66 station is located at 4618 West Ox Road, Fairfax and open from 8 a.m.-4 p.m. from Monday-Saturday and from 9 a.m.-4 p.m. on Sundays. Visit www.fairfaxcounty.gov/dpwes/recycling/electricsunday.htm for more.

DONATIONS

The **Student Auto Sales Program** operating from Centreville High School works in conjunction with the CVHS automotive technology classes to bring in donated automobiles, boats and motorcycles for students to work on. Some refurbished vehicles are sold, with 75 percent of the proceeds going back to the auto tech program. The program is in need of cars, trucks or motorcycles, which are fully tax deductible, for student training. Contact Lyman Rose at 703-802-5588 or by e-mail lyman.rose@fcps.edu for more.

Cell Phones for Soldiers is accepting donations of old cellphones so that troops can call home. Patrons may drop off donations at 14215E Centreville Square, Centreville.

SUPPORT GROUP

Support Groups. Jubilee Christian Center of Fairfax is having its "Living Free" support groups for the spring on Wednesdays, 7:15 p.m. The support

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has been employed by Fairfax County Pub-

lic Schools since 2016. He taught eighth

grade English, but FCPS says he will not be





Lexi and Utley, brother and sister, having fun in the mud. It is funny now ... not so much when it happened.

- RON CORI

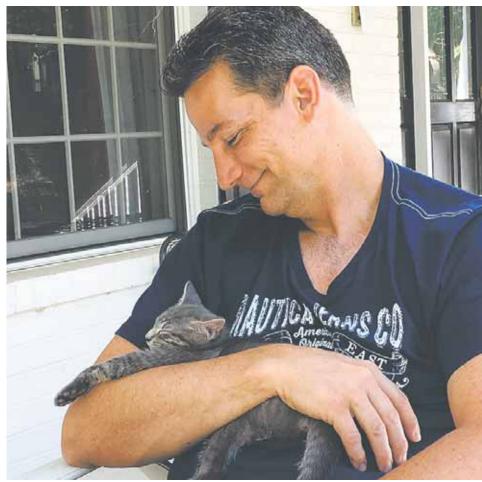


My name is John Casper and I am part of a therapy team with my dog, Daphne, an adopted mixed breed female. We are members of Manassas Therapy Dogs and Alliance of Therapy Dogs. As a therapy team, we have visited universities, county libraries, middle schools, elementary schools and retirement homes but our main assignments involve working with Mullen elementary school in a PAWs for Reading program and a wellness program with the officers of the Falls Church Police Department. The photo is from when we assisted the students at Franklin Middle School with a "Stress Less Laugh More Week" in preparation for their Standards of Learning tests. The individuals in the photo are Daphne, Amy Parmentier (assistant principal at Franklin) and some of her students.



"Victor the Vulture is our new office pet. While he's not very cuddly, we enjoy his visits to our office balcony, which he uses to 'scope' out the area. From time to time we get to watch him dive bomb from the fifth floor of the Government Center. Although we are unsure of his success rate. Victor is bigger than most cats and I wouldn't want him near mine!"

— Board of Supervisors Chairman Sharon Bulova



Dr. Paul Curcio of Centreville with his pet kitten, Mitzi on a "relaxing summer's day."



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Cub Scouts Thrive at Twi-Light Summer Camp

ully District, of the National Capital Area Council of the Boy Scouts of America, held a Twi-Light Summer Camp for the Cub Scouts at the Arlington Fairfax Chapter Inc. of the Izaak Walton League of America. The camp was attended by 41 Cub Scouts from several Packs of Sully District and staffed by 24 youth and adult volunteers. More than half the staff came from volunteers from Troop 1137. Held Monday through Friday (June 26-30), the camp started each night at 6 p.m. and went until 9 p.m.

Several activities were offered: the yearly favorite BB guns led by John Arpin and Jake Marshak, followed by archery led by Jake Marshak and Rebecca Shen, crafts led by Tyler Schroder and Dan Palenscar, a newer program called STEM (Science, Technology, Engineering, and Mathematics) led by Jim Mata and Jenni Davids, Nature / Outdoor Ethics led by Amy Coots and Josiah Daniel, and new for this year - fishing - led by Christa Daniel and Tad Daniel. The fishing was catch and release.

Health and safety was coordinated by Jeff Hogan who was kept busy handing out the Band Aids.

Leading the campers and staff this year was Chris Davids from Pack 1860, as camp director; and coprogram directors Rebecca Shen from Troop 1137 and Jim Mata from Pack 146. The directors are National Camping School trained, a three-day course. At the Closing Ceremony, Rebecca Shen was announced as next year's camp director.



Cub Scouts working in STEM (Science, Technology, Engineering, and Mathematics) to see how many pennies their boats can hold.



Cub Scouts take aim at the BB gun range.

Police Host Media Academy

From Page 2

of law enforcers, there were portions of the program designed specifically for those in attendance. Police Chief Ed Roessler joined the group for a working lunch and answered questions about increasing efforts to infuse the department with transparency, the recent formation of the Citizen's Police Review Board, the effect of social media on policing, and other is-

Transparency and an additional outlet for citizens to turn to are the right way forward, according to Roessler, who acknowledged that the changes are difficult for many. "There is a certain level of fear and anxiety among the troops," he said. So many recent deadly incidents that have occurred in police departments around the country are not only tragic for the victims, but they add another level of stress and difficulty for the officers who are just trying to do the right thing and protect, even to the extent of putting their own lives on the line.

Despite the obstacles, Roessler remains committed to supporting changes in training, departmental policies and furthering community engagement. The chief pointed to the department's strong relationship with the All Dulles Area Muslim Society (ADAMS) Center that straddles the line between Fairfax and Loudoun counties.

"That's a relationship that both parties have been building since the '90s" and has served the community well many times since then, most recently during the investigation into the murder of 17-year-old Nabra Hassanen of Reston, who was a member of the mosque. While many were immediately categorizing Hassanen's death as a hate crime, even in the Police Academy an annual event to keep the dialogue midst of their shock and grief, ADAMS Center released a statement thanking FCPD and the Loudoun County Sheriff's department for their "diligent efforts in investigating and apprehending a suspect."

Major Christian Quinn, Commander Division III, Patrol Bureau and Assistant Commonwealth's Attorney Casey Lingan, joined Parker in a further Q&A session. The timing and the amount of information being released to reporters was the predominant is-

Human nature may make some hesitant to speak to media outlets. "No one likes to be humiliated. There is definitely a growing sense that people are looking for that 'gotcha' moment," said Quinn.

Parker said that the Media Relations Bureau was dedicated to making accurate information available as quickly as possible. All three gave examples where information had to be held for legal reasons, or should be held to protect the investigation or the rights of those involved.

ABC7 newsman Sam Sweeney questioned circumstances where reporters are "pushed back from a scene" while neighbourhood residents were allowed to move more freely around the area. The trainers answered that there could be legitimate reasons for holding back reporters and others — particularly in scenes where the presence of more people might make it even more difficult for the police to keep an eye on all activities — but Parker reminded that the police information officer on scene is available. "And if you think you are having a problem, you can always call our office. We will do our best to get you information and access."

Media Police Academy ended with a "Shoot-Don't Shoot" simulation. In the controlled exercise, Peggy Fox with WUSA9 and John Aaron with WTOP "saved the day" even though in the stress of the situation, they failed to notice innocent bystanders walking in the background. "It's a real eye-opening experience,"

The Police Department plans to make the Media open between law enforcement and the people who bring their stories to the public.

Citizens interested in getting a more in-depth look at policing in the community may consider applying for the Citizens Police Academy at www.CPA@fairfaxcounty.gov. The department also has a Facebook page with information about current police actions and tips for safety.

Environmental Showcase

From Page 3

In the week ahead Reston Association will be reviewing its first major "RASER" - Reston Association State of the Environment Report. The work for the 190-page document was conducted over the last year by Doug Britt and a nine-person volunteer army who donated more than 1,000 hours to the task of unbundling information from a variety of sources and physically viewing, monitoring, testing and observing the natural environment in the area. The Reston booth drew quite a crowd, including Joan Kaspbowicz of Vienna ("just over the Reston line") who was impressed by the quantity of information being gathered and the work planned to restore and protect those resources.

Patrick Keenan, hotel operations project manager with Maryland-based B. F. Saul Company, Hospitality Group, stopped by to visit with Raea Jean Leinster, self-described "Chief Yuck Officer," of Yuck Old Paint recycling company. B. F. Saul is a client of Yuck. "Ev-Keenan.

THE YOUNGER GENERA-**TION** made its presence felt at the Showcase, as well. Members of ESLI – Eco-Schools

Leadership Initiative - were also on hand.

Sophia Applegate, a rising senior at Oakton High School, joined Madison High School rising junior Kathryn Hammond and VCU freshman Archana Nakkara of Vienna to talk about the program that helps other youths learn about environmental issues and start their own environmental initiatives. The three met at an ESLI Conference, and their mutual interest in environmental protection has brought them together to help spread the word.

"We love to do the programs especially in the middle schools and even younger. It's great to get kids started early, knowing how important it is to protect the Earth we live on and the community we live in," said Applegate.

There was no disagreement among those gathered. The work needed to be done on environmental issues and on combining the goals of growth and sustainability will probably never be done. "Things keep changing. People, technologies, the world around us, and we erybody can do their part," said need to keep looking ahead to be ready," said Bulova.

> The Fairfax County Environmental Vision can be reviewed at www.fairfaxcounty.gov/living/environment/ sustainability/.



A group bonds together listening to Elvis tribute artist Randoll Rivers at the Treasure Hound.



Marilyn Edwards enjoys a moment on her 65th birthday with Elvis tribute artist Randoll Rivers.



Elvis tribute artist Randoll **Rivers poses with Nancy** Korink of Centreville at the **Treasure Hound in** Chantilly.

Elvis Tribute Artist Entertains

lvis tribute artist Randoll Rivers made a visit to the Treasure Hound in Chantilly on June 26. Staff, volunteers and visitors at the Treasure Hound were treated to a performance as Marilyn Edwards, one of Treasure Hounds staff, celebrated her 65th birthday in style.

The Treasure Hound is located at 14508 D Lee Road in Chantilly. All proceeds go solely to Friends of Homeless Animals, www.foha.org. The shop sells furniture, clothing, home goods, art jewelry as well as many other items, both new and used.

Rivers' upcoming shows include:

❖ Wednesday, Aug. 16, 7 p.m., Jammin Java, 227 Maple Avenue East, Vienna

Saturday, Sept. 16, 5:30 p.m. Marymount University. 2807 N Glebe Road,

Arlington.

For booking Rivers, call 703-675-7299. For more information on the Treasure Hound and how you can volunteer call703-263-9073.

— WILL PALENSCAR

BULLETIN BOARD

groups are free, and will cover "Stepping into Freedom," "Concerned Persons Group" (for family and friends of addicts), "The Image of God in You," and "Handling Loss and Grief." There are also support groups on Sundays, 10:10 a.m. 4650 Shirley Gate Road, Fairfax. For information or to register, call 703-383-1170, email livingfree@jccag.org or see www.jccag.org.

Telephone Support Group for Family Caregivers of Older

> Adults. 7 p.m. every second Tuesday of the month. This telephone support group is designed to help caregivers of older adults share experiences, gain support and get important information without having to travel. These are one-hour free sessions. Find out more and register at www.fairfaxcounty.gov/dfs/

www.ConnectionNewspapers.com

olderadultservices/ and click on Caregiver Telephone Support Group. Fair Oaks Parkinson's Support

Group for people living with Parkinson's disease, caregivers and family, meets on the fourth Saturday monthly, 10 a.m.-noon at Sunrise at Fair Oaks, 3750 Joseph Siewick Drive, Fairfax. Call 703-378-7221 or visit www.fairoaksparkinsons.com for

VOLUNTEERS NEEDED

Volunteers Needed as Bird

Counters. Volunteers are needed in the field and as feeder watchers. The count circle includes Manassas National Battlefield, Bull Run Regional Park, undeveloped areas south of Dulles Airport, and many other locations. 703-438-6008 info@audubonva.org

STEM VOLUNTEERS. The American Association for the Advancement of

Science (AAAS) needs scientists, engineers, mathematicians, and physicians to assist K-12 STEM (Science, Technology, Engineering, Mathematics) teachers in Northern Virginia during the 2016-17 school year. Details of the collaboration are worked out between the teacher and the volunteer, and may involve giving demonstrations, assisting in lab experiments, lecturing on special topics, assisting with homework, etc. Hours are flexible, and volunteers attend a one-day training in September before being assigned to schools. To see how volunteers are assisting their teachers, view the video clips at www.seniorscientist.org. To

volunteer, contact donaldrea@aol.com





SPECIAL PULLOUT TAB

Newcomers & Community Guide

August 23, 2017

The annual Newcomers and Community Guides for each of our 15 communities with inside facts on what makes each community special, their secret places, the real power players, how to get involved and more.

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Sports

Virginia Run Riptide Vanquishes Cruisers

irginia Run Riptide's Final A Meet The Virginia Run Riptide hosted their final NVSL Division 4 A meet of the season against the Crosspointe Cruisers on Saturday, July 22. It was a day of celebration as the Riptide honored their nine outstanding Senior swimmers and recorded a meet victory of 226 to 194.

The strength of the 8&U swimmers was on display again. Double first place winners were Charis Roundtree in free and fly and Nick Harris in back and fly. Anna Kelliher was first in back while Mason Conlon was first in breaststroke. Ryan Garcia placed second in free and Christopher Thomson second in fly. Third place finishes in free were earned by Mason Conlon and Anna Kelliher, in back by Tyler Harris and Caitlin Do, in breast by Christopher Thomson and Caroline Friess, with Caroline also earning a third in fly.

For the 9-10 age group, Davis Collinsworth captured first in back

and breast, while Ryan Friess and Megan Marco took firsts in fly. Ryan and Megan also swam for seconds in freestyle. Ryder Hicks was second in back and third in fly and for the girls Montse Garduno Estrada finished third in back and Angela Thomson second in breast.

The Riptide 11-12's captured four blue ribbons with Jackson Blansett winning free and fly, Isabelle Cogan winning back and Charles Beamon winning breast. Caitlin Kelliher was second in free and fly, William Whitton was second in back, Isabelle Cogan and Griffin Osterhout were second in breaststroke. Third place points were won by Griffin Osterhout in free, Samuel Roundtree in back, Sean Gunn in fly and Neha Srinivasan in back.

Alana Turflinger swam for a first in breast and a second in back for the 13-14 Girls, Maddie Whitton placed second in free and fly, Chelsea Nguyen was third in free and back and Gabriella Borsato



Riptide Seniors include (front) M. Matz, C. Cogan, D. Pace, C. Hagemeier, and (back) G. Eisenhart, L. Wang, L. Emanuel, N. McGrath, and S. Pisarcik.

was third in breast. For the 13-14 boys Jason Cheifetz swam to second in free and third in fly, while Owen Thomas was second in back and third in free. In breaststroke Kevin Wang was second and Michael Hart third.

The 15-18 age group won six of eight races. Sarah Boyle was first

in back and breaststroke and Didi Pace first in freestyle. Nick McGrath took first in free, breaking his team record with a 25.01. Leo Wang took first in breast breaking his team record with a 29.05. Anthony Arcomona won fly and placed second in back. Nick McGrath and Meredith Matz were

second in breast, Didi Pace was second in fly and Leo Wang was third in fly.

At the intermission before relays, the Riptide recognized their nine graduating seniors: Chanel Cogan, Geoffrey Eisenhart, Luke

SEE RIPTIDE, PAGE 11

Piranhas Defeat Rolling Forest

he Sully Station II Piranhas ended the summer season on a high note by capturing their first win of the season against Rolling Forest by a score of 236-179. Spirits were high from the beginning of the meet, as the team celebrated their four seniors — Jacob Elson, Jack Jiang, Nick Jiang, and Georgia Stamper — with the traditional Piranha Pass.

From the oldest swimmers to the youngest, there was a lot of excitement and pride throughout the morning. Eight and unders proved that SS2's future is bright with sterling performances across all individual events and relays. The meet began with a 1-2 finish by Michael Zhang and Zacchaeus Post in freestyle, followed by a girls' sweep with Payton Susko, Grace Ver Planck and Alyssa Seng. Susko led a sweep in backstroke with Natalie Lumsden and Anna Kim and teammates Gabriel Alquinta and Mark McLendon brought home first and second as well. McLendon and Seng earned breaststroke wins, with Post and Mary Campbell claiming second in those events. The littlest Piranhas completed the dominating performance with a win in fly by Michael Zhang and a 1-2 finish by Ver Planck and Campbell.

The team rode the wave of success across the board. Freestyle wins were added by Bryan Kim, Ella Ammons, Collin West and Faith Alston. Capturing backstroke wins were Caden Seng, Lilly Wilson, Caroline Li, and Karenna Hall. Additional victories were notched in breaststroke by Jason Li, Ehma Stalfort, Alston and Delaney Kennedy as well as Caroline Li and Kellen Campbell in butterfly.

Earning two strong second place finishes were Simon Campbell in backstroke and breaststroke, Carson Saint Germain in breaststroke and fly, Angela Cai in freestyle and breaststroke, and Georgia Stamper in backstroke and breaststroke. Individual points were also contributed by Emerson Saint Germain, Callie Ver Planck, Harrison Saint Germain, Max Morris, Nick Jiang, Elijah Post, Hayley Norris,

SS2 bid a fond farewell to seniors Nick Jiang, Jack Jiang, Jacob Elson and Georgia Stamper, pictured with coaches Scott Brown, Katie O'Brien and Caitlin Campbell and team reps Lori and Chris Campbell.

Charles Tai, Madison Stalfort, Jack Jiang, Brody Campbell, Hannah Kang, and Hope Alston.

The meet concluded with cheers led by enthusiastic Piranha alumni and six resounding relay victories. The 11-12 boys relay fielded a team for the first time this season with Simon Campbell and Ethan Wilson along with 10-year old Elijah Post and 5-year old Connor Pond. It was another shining example of sportsmanship and effort this summer. In her last splash as a Piranha, Georgia Stamper joined teammates Carly Logan, Delaney Kennedy, and Karenna Hall to go 8-0 in relays this season, including Relay Carnival double champions.

Divisionals will be held on Saturday, July 29 at Annandale.

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Announcements

Legals

Abandoned Watercraft, notice is hereby given that the following watercraft has been abandoned for more than 7 years. The description is as follows: Grumman 17' canoe built in 1974 with serial number GBP282890674.Application for the watercraft registration/title will be made in accordance with Section 29.1-733.25 of the Code of Virginia if this watercraft is not claimed within 30 days of the first publication of this notice. Please contact the Virginia Department of Game and Inland fisheries with questions.

Announcements



Sports



J. Blansett flies to first place.



C. Beamon's winning breaststroke form.

Riptide Vanquishes Cruisers

From Page 10

Emanuel, Carrie Hagemeier, Meredith Matz, Nick McGrath, Didi Pace, Scott Pisarcik, and Leo Wang. These young scholar athletes will all pursue university educations, and all qualified to receive a \$500 Wrinkle Family Scholarship for Virginia Run swimmers who demonstrate dedication to their sport and community.

After the presentation of the scholarships and gifts to the graduating seniors and their families, the Riptide swimmers dove back in for the relays. With a narrow 12-point lead, the Riptide swam with determination. Most of the crowd cheered themselves hoarse as 8 of 12 relay races were decided by less than one second. Both 8&U Riptide teams won their heats, the boys by 2.5 sec, the girls by .66 sec. The 9-10's lost their heats by razor-thin margins of .39 sec for the boys and .87 sec for the girls. The 11-12 boys won by a comfortable 2.47 sec while the girls were inched out by .14 sec. The 13-14 boys lost by a mere .42 sec but the girls won easily by more than 4 seconds. When the 15-18 men with three seniors, Leo Wang, Nick McGrath and Geoffrey Eisenhart, swimming their last relay won by 1.8 sec and the 15-18 ladies with with seniors, Meredith Matz, Didi Pace, and Chanel Cogan won by .08 sec, the Riptide victory was secured. The Mixed Age Relay teams added to the Riptide total with two wins, the boys by .73 sec and the girls by

The Riptide rounds out their 2017 Season with the Divisional Meet on Saturday July 29 and the Team Banquet at Chantilly Country Club on Sunday July 30.

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-Thomas Fuller

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Taking Care Of Business



By KENNETH B. LOURIE

The cats. The car. The dentist. The pancreatic enzymes. It was a week that typically isn't. As often as my credit card was swiped these past few days, I'm amazed its magnetic strip is still magnetized. To quote my deceased mother, Celia: "It's enough already."

Oh well, what's done is done, though it definitely needed doing. And aside from the fact that I didn't have the actual money, fortunately I had the available credit, which I was grateful to have had. I mean, how long can you put off necessary evils/expenditures before they rear their ugly consequences? And though money doesn't grow on trees (linen actually), credit seems to, and so the to-do list now has some cross-outs/"has-dones" finally.

Now the anxiety about neglecting the "todos" is replaced by the worry about the cost/needing-to-pay the "having-dones." Nevertheless, the cats have had their vaccinations shot current.

The car now has a passenger window that goes down - and back up, a check-engine light that no longer illuminates, a blower that will now provide heat in the winter and a defogger when needed, and as it turns out a bit of unexpected air conditioning.

The dentist has referred me to an oral surgeon (since the teeth were both "unrestorable"/not root canal candidates) who will extract two teeth from my mouth and hundreds more from my bank account/probably credit card - again, but no doubt get me back on a course of dental correction.

The pancreatic enzymes, the most expensive bottle of pills I buy (I consume upwards of 55 pills per day) is an expense I incur every three months and does something to help my immune system keep the lung cancer in-check, a priority if there ever was one.

Paying to keep on playing (so to speak), by maintaining this kind of normalcy enhances the feeling that life is indeed still being played. And not that my attitude/philosophy in such responsibilities is totally affected by yours truly having been diagnosed with a "terminal" form of cancer: non-small cell lung cancer, stage IV, to be specific, but as the old punchline says: "It doesn't hurt." And avoiding hurt is definitely part of the fighting-cancer strategy; along with avoiding stress, eating healthy, exercising and boosting one's immune system.

I guess what I'm realizing that I have two lives, sort of, the usual and customary life: work, play, day-to-day stuff and the cancer life: lab work, chemotherapy, scans, oncologist, pills, lifestyle changes, etc. On some days, they are parallel. On other days, they intersect. And though they may be separate, they are interrelated. What benefits one is likely to positively affect the other.

Additionally, a negative in one life will likewise have an adverse consequence in the other. However, the requirements to maintain their respective lives is different. Yet balance/co-existence must be maintained in order for one to remain "twogether."

Two separate halves will not make for a responsible whole, but rather lead to an emotional one. And if there's one attribute that a cancer patient/survivor must have, it is emotional wherewithal. Failure to do so in one's cancer life will likely spill over into the non-cancer life (and vice-versa) and cause a kind of an adult version of failure to thrive.

Cancer might win the battle in the end but you can't let it win the battle in the interim. Fulfilling your every-day responsibilities helps give that life the kind of accomplishment that aids and abets in your fight against your cancer life. Moreover, handling your cancer life gives you the confidence and optimism to live your non-cancer life

Granted, the two lives might not exactly be the best of friends, but they must be partners of a sort. The sort that is independent, appreciative, respectful and considerate.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

Entertainment

Submit entertainment announcements at ConnectionNewspapers.com/Calendar. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

ONGOING

Art Guild of Clifton Exhibit. 10a.m.-8 p.m. at Clifton Wine Shop 7145 Main St., Clifton. Includes oil paintings of European settings; doors, windows, and flower shops. Free. Call 703-409-0919 for more.

Carolina Shag Dance. Wednesdays, 6:30-10 p.m. at Arlington/Fairfax Elks Lodge, 8421 Arlington Blvd., Fairfax. Free lessons at 7:30 p.m.; no partners needed; dinner menu at 6:45 p.m. Tickets are \$8. Visit www.nvshag.org for more.

Open Rehearsal. Wednesdays, 7:30 p.m. at Lord of Life church, 13421 Twin Lakes Drive, Centreville. The Fairfax Jubil-Aires barbershop chorus invites men of all ages who enjoy singing. Free. Visit

www.fairfaxjubilairs.org for more. **Toddlin' Twos.** Tuesdays, 10:30 and 11:30 a.m. at the Chantilly Library, 4000 Stringfellow Road. Early literacy storytime with songs and activities included. Age 2 with caregiver, free. Call 703-502-3883 to reserve a spot.

Storytime for Three to Fives. Tuesdays, 1:30 p.m. at the Chantilly Library, 4000 Stringfellow Road. Stories and activities for children age 3-5 with caregiver. Free. Call 703-

English Conversation Group Thursdays, 7 p.m. at the Chantilly Library, 4000 Stringfellow Road. Practice English with a group of students and adults. Free. Call 703-502-3883 to reserve a space.

English Conversation Group

502-3883 to reserve a spot.

Tuesdays, 10:30 a.m. at the Chantilly Library, 4000 Stringfellow Road. Practice English with a group of students and adults. Free. Call 703-502-3883 to reserve a space.

Practice English Conversation Group. Saturdays, 3-5 p.m. at Centreville Regional Library, 14200 St. Germain Drive. Drop in and enjoy casual conversation and learning for adult learners of English. Volunteer led program. Call 703-830-2223.

English as Second Language Book Club. Mondays, 7-9 p.m. at Centreville Regional Library, 14200 St. Germain Drive. Adults learning English meet to discuss a book chosen by the group. Call the library 703-830-2223 for book title.

Advanced English Conversation Group. Tuesdays, 10:30 a.m.-12:30 p.m. at Centreville Regional Library, 14200 St. Germain Drive. Drop-in conversation group for adult English as Second Language speakers who want to improve their skills. Call 703-830-2223 for more.

Plant Clinic. Saturdays, 10:30 a.m. at the Chantilly Library, 4000 Stringfellow Road. A neighborhood plant clinic with horticultural tips, information, techniques, and advice. Free. Call 703-502-3883 to reserve a

ESL Book Club. Mondays, 7 p.m. at the Centreville Regional Library, 14200 St. Germain Drive. Meet and discuss a book chosen by group. Free. Call 703-830-2223 with questions and to reserve a spot.

ESL Book Club. Every other Saturday, 11 a.m. at the Chantilly Library, 4000 Stringfellow Road. Adults learning English are welcome to meet and discuss a book chosen by the group. To find out book title, call 703-502-

Lego Block Party. Every other



Collage Making

Art at the library on Wednesday, July 26, 7-8:30 p.m. at the Centreville Regional Library, 14200 St. Germain Drive. A lesson about different approaches to making a collage. Magazines, gluesticks and paper provided. Bring scissors. Teens and adults. Call 703-831-2223 for more.

Saturday at 10:30 a.m. at the Chantilly Library, 4000 Stringfellow Road. Legos will be provided for an afternoon of building. Grades 3-6. Free. Call 703-502-3883 to reserve a

Duplo Storytime. Every other Wednesday, 10:30 and 11:30 a.m. at the Chantilly Library, 4000 Stringfellow Road. Develop and reinforce early literacy skills for reading success. Ages 1-3 with adult. Free. Call 703-502-3883 to reserve a

Live After Five. Fridays at 5:30 p.m. at The Winery at Bull Run, 15950 Lee Highway. Every Friday night a band

Sunday Worship Services

8:15 AM

plays on the patio of the winery. Free to attend. Visit www.wineryatbullrun.com for a full schedule.

Legos Kids Club. Every other Tuesday, 10:30 a.m. at the Centreville Regional Library, 14200 St. Germain Drive. Thousands of Legos for children to play with. Ages 6-12. Free. Call 703-830-2223 to

Starlight Storytime. Every other Wednesday, 7 p.m. at the Centreville Regional Library, 14200 St. Germain Drive. Stories under the stars for ages 4-8. Wear pajamas and bring stuffed friends. Free. Call 703-830-2223 to

Centreville United

Methodist Church

Making Disciples of Jesus Christ,

We Worship, Grow and Serve Together

reserve a space.

One-on-One English Conversation. Various times at Centreville Regional Library, 14200 St. Germain Drive. Spend an hour with a volunteer tutor to practice conversing in English. Various times and days. Reservations are required. Call the library at 703-830-2223 to make a reservation.

PET ADOPTIONS

Adopt a Dog. Fridays, 6:30-8:30 p.m. at PetSmart, 12971 Fair Lakes

Center, Fairfax. Visit www.lostdogrescue.org for more. **Adopt a Dog.** Saturdays, 12-3 p.m. at Petco, 13053 Lee Jackson Highway. Visit hart90.org for more

Adopt a Dog. Sundays, 1-4 p.m. at Petco, 13053 Lee Jackson Memorial Hwy. Adopt a puppy or dog. Visit aforeverhome.org for more.

Adopt a Dog. Saturdays, 1-4 p.m. at PetSmart, 12971 Fair Lakes Center, Fairfax. Adopt a puppy or dog. Visit www.lostdogrescue.org for more.

WEDNESDAY/JULY 26

Art at the Library. 7-8:30 p.m. at the Centreville Regional Library, 14200 St. Germain Drive. A lesson about different approaches to making a collage. Magazines, gluesticks and paper provided. Bring scissors. Teens and adults. Call 703-831-2223.

SATURDAY/JULY 29

Arts in the Parks. 10-11 a.m. at E.C. Lawrence Park, 5040 Walney Road, Chantilly. Mad Science preschool science show. Visit www.fairfaxcounty.gov/parks/ performances/arts-in-the-parks or call 703-631-0013 for more.

Live Music by Buddy Cosmo. 1-5 p.m. at the Winery at Bull Run, 15950 Lee Highway, Centreville. Visit www.wineryatbullrun.com for more.

SUNDAY/JULY 30

Sipping and Painting. 11:30-1:30 p.m. at the Winery at Bull Run, 15950 Lee Highway, Centreville. \$45 Ticket price includes painting supplies and instruction Visit www.wineryatbullrun.com for more.

SATURDAY/AUG. 5

Clothing Drive. 8-10 a.m. at Chantilly Bible Church, 4390 Pleasant Valley Road. Free Clothing for all sizes and ages, household items, toys, games will be available at no cost. Bags are provided for shopping. Take as much as you need. No resellers please. There will be translators available for Spanish, Mandarin and HIndi. Call 703-263-1188 or visit chantillybible.org.

Arts in the Parks. 10-11 a.m. at E.C. Lawrence Park, 5040 Walney Road, Chantilly. Blue Sky Puppet Theater. Visit www.fairfaxcounty.gov/parks/ performances/arts-in-the-parks or call 703-631-0013 for more.

SATURDAY/AUG. 12

Arts in the Parks. 10-11 a.m. at E.C. Lawrence Park, 5040 Walney Road, Chantilly. Musicians "The Grandsons, jr." performing children's songs. Visit www.fairfaxcounty.gov/parks/ call 703-631-0013 for more

SUNDAY/AUG. 13

Model Train Show. 1-4 p.m. at Fairfax Station Railroad Museum, 11200 Fairfax Station Road. The Northern Virginia NTRAK members will hold an N gauge T-TRAK model train show. Museum members, free; adults 16 and over, \$4; children 5-15. \$2: under 4. free. Visit. www.fairfax-station.org or call 703-

CENTREVILLE **COMMUNITIES OF WORSHIP**

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Centreville United Methodist Church (703) 830-2684 www.Centreville-UMC.org