



Pet Gazette

Molly and Tina Edwards are caught by “Burt” the fisherman at Hotel Indigo in Old Town Alexandria. More Pet Gazette photos on pages 3-9, 12-15.

Jump Into Water  
Pollution Fight

Citizens encouraged to get involved.

BY ANTONELLA NICHOLAS  
GAZETTE PACKET

The city’s combined sewer system remediation project is pushing forward, and city officials are encouraging residents to get involved in the planning process.

When it rains, Alexandria’s combined sewer system, which serves about 540 acres of Old Town, allows raw sewage to overflow at four different outfalls around the city — two at Duke Street, which flow into Hooffs Run, one at Royal Street, which flows into Hunting Creek, and one at Pendleton Street at the Oronoco Bay Park. This last outfall is the largest, and flows directly into the Potomac River.

The city originally was solving

the overflow problem by addressing one or two outfalls at a time, the goal being to construct tanks or tunnels (or both) to route the wastewater to Alexandria Renew, the city’s water treatment utility. Oronoco Bay would have been the last outfall to be addressed. As a result of recent state legislation, however, the completion of the remediation projects must be finished by 2025; therefore, the city must take on all four outfalls at the same time.

“Since the state law was enacted, we’ve been working very closely with our technical consultants, but the most important part is the community engagement process,” said William Skrabak, deputy director of Infrastructure and Environmental Quality.

SEE HELP ADDRESS, PAGE 12

Alexandria Woman Dies  
After Being Assaulted

The Alexandria Police Department is investigating a homicide that occurred in the 4900 block of Seminary Road on Monday, July 10.

At approximately 11:42 p.m., officers were dispatched to reports of an unconscious female lying on the ground outside a building. Officers located an unconscious woman and she was transported to an area hospital. Investigation revealed that a male assaulted the woman as she left the convenience store in the building.

Robert Coleman, 26, a city resident, was arrested on July 11, and charged with malicious wounding.

The victim, Fedelia Montiel Benitez, 39, a city resident, succumbed to her injuries and died at the hospital on July 20. The Office of the Chief Medical Examiner has determined the manner of death to be homicide.

Additional charges may be pending and will be determined after consultation with the Alexandria Office of the Commonwealth’s Attorney. Anyone with information about this incident is asked to contact Detective Bikeramjit Gill at 703-746-6751.

This is the third homicide in Alexandria in 2017.

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**212 S. Patrick Street**  
\$1,295,000 | 4 beds | 3.5 baths  
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**411 N. Lee Street**  
\$1,239,900 | 3 beds | 2.5 baths  
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**2100 Whiteoaks Drive**  
\$1,159,900 | 5 beds | 4.5 baths  
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**520 Fort Williams Parkway**  
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**3830 Fort Worth Avenue**  
\$998,900 | 5 beds | 3.5 baths  
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**210 N. Quaker Lane**  
\$889,900 | 3 beds | 2 baths  
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**3700 Duke Street**  
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# PET GAZETTE

PHOTOS BY CAROLYN GRIFFIN



**Reggie, Mosby, and Radley**



**Le Nez**

Alexandria City Community Cat Colony:

These gorgeous creatures are part of a small community cat colony consisting of five members (Matty is lounging elsewhere), and a frequent visitor (Moonpie is strolling around his domain). A couple of them were abandoned as kittens and the stories of the others are unknown. It was an established colony when I first became a caretaker, and three members have been lost ... two disappeared, and one was re-trapped, turned out to have breast cancer, and she had to be euthanized. We are currently in the middle of re-trapping the cats to update their rabies shots.

Note their left ear: the cats have been trapped, neutered, and returned and the left ear tip is a sign that the cat has already been T, N, R'd.

There are now several people in the community who are caring for the cats on a daily basis, and the business where the cats are located is highly supportive. The cats are very, very lucky compared to most animals that are abandoned.

Please consider adopting an animal from a shelter or rescue group. Please return them to the shelter or rescue group if you cannot care for them for whatever reason.

— DEVON CAIN



**I met Bela in January 2015, when I agreed to foster a cat for the rescue group, Pets Bring Joy. She had been rescued from a shelter in West Virginia just a short while earlier, and had an upper respiratory infection, a scratchy ear, a rash on her chin, and a bad attack of inflammatory bowel disease. Within days, I had to rush her to the vet, where I realized she was too sick to be adoptable. There was only one thing to do — adopt her myself. She does cat yoga on the sunroom couch, sprawls on my bed like a dog, chatters at the birds and squirrels from the kitchen, and greets all visitors by rubbing up against them. Bela has disproved the notion that cats can't be trained. Within weeks, she learned the command "up" to jump up on the bed for a nighttime treat, and to "sit" and wait for her meals. She also learned to groom my rabbit, Tenzing. For days after I had to put Tenzing to sleep in January, she would shadow me and sit in my lap every time I sat down.**

— VINEETA ANAND



**Cassie Griffin and her sheep. Griffin, who spent her first 21 years in Alexandria (Rosemont), now lives on a sheep farm in South Africa with her husband Conrad Gordon Grant.**



**Cassie Griffin's cat and Daisy the lamb enjoy the wood stove in the kitchen.**



**Kit the dog and Daisy in the kitchen.**



**Zoe relaxing outside on my deck. She was an indoor cat but would venture out to take in the sun on the deck.**

I adopted Zoe from the Animal Welfare League of Arlington (AWLA) in March of 2012 shortly after I retired. Her name means "life" in Greek. She indeed gave me new life! In fact, during the summer of 2013 she may have saved my life. For a period of about three weeks she started spending an unusual amount of time in the downstairs bedroom watching the bed. She would stare at it all day, walking around the sides and occasionally checking under it. I thought this was extremely odd because she always spent time with me upstairs. I checked under the bed to see if there was something there but never saw anything. (It's a trundle bed so the bottom mattress is very close to the floor) Then one day I heard a loud noise and ran into the room. Zoe was swatting a tail that was protruding from under her cat bed. I couldn't tell what type of a creature it was. I thought perhaps a rat. Ultimately my very kind neighbor came over to help me. He scooped up Zoe's bed, grabbing whatever was under it in the center with it, shoved it all into a large box which he took outside. Upon unveiling Zoe's cushioned bed from the box we saw a 2-foot long snake! Critter Control came later and believed it to be a cottonmouth poisonous snake! They determined the snake got into the bedroom from a torn screen in the window. Because the snake had been living under the bed for over three weeks with no food



**Zoe checking out, what I now know is — the snake!**



**The snake found under the bed in my spare bedroom downstairs.**

or water it didn't have the energy to bite her or come upstairs. Zoe was my Guardian Angel that summer and I am grateful that the snake did not hurt her either!

In October 2016 Zoe died of intestinal cancer. In May of this year I started volunteering to foster kittens from the Animal Welfare League of Arlington. Over the last two years I have also hand painted/ decorated numerous pet carrier boxes for the AWLA to be given to families taking home a new pet during the holidays.

— ROSEANN MANGANO



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**Old Town \$3,995,000**  
214 North Royal Street. Elegant circa 1846 detached residence with off street parking and a gorgeous walled garden with heated pool! Beautifully renovated with 4 bedrooms, 4.5 baths and over 6,000 sq. ft. of living space. Gracious rooms with tall windows, soaring ceilings, exquisite moldings and 2 gas fireplaces. This grand home with a Chef's kitchen is perfect for entertaining large groups or intimate parties with seamless flow between the interior and exterior spaces. Finished lower level w high ceilings has family room, full bath & storage room.

**Christine Garner**  
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## CITY OF ALEXANDRIA

**Alexandria \$3,195,000**  
909 Vicar Lane. In a country setting, but just 15 minutes to D.C., this fabulous property is ideal for entertaining on a grand scale and is filled with natural light. Upscale features & finishes.

**Diann Hicks Carlson 703.628.2440**



**Old Town \$1,799,000**  
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**Fords Landing \$1,599,000**  
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**Fairfax County/Alexandria \$679,000**  
5707 Dawes Ave. Totally Remodeled 5 Bedroom 2.5 Bath Single Family on a Beautiful Fenced large lot. Additional Florida Room, Family Room, Office and Separate Dining Room. Kitchen has Granite and Stainless Appliances. Minutes to Shops, Restaurants and Mark Center. Easy Commute to Pentagon and DC.

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**Bev Tatum 703.585.9673**



**Alexandria/Fort Hunt \$635,000**  
8813 Fort Hunt Rd. Spacious Home on Half Acre! Located on the quiet end of Fort Hunt Road near Park, and the Potomac River and in the Waynewood school district, this 5 BR, 2 1/2 bath home is waiting for its new owner. Bonuses include refinished hardwood floors, stainless appliances, deck and an over-sized two-car garage on a level, fenced lot.

**Mary Hurlbut 703.980.9595**



**Del Ray \$599,000**  
2404 East Randolph Ave. Enjoy 1 level living in this charming 3 bedroom, 1 bath brick home. Beautifully updated with an open floor plan, wood floors and replacement windows throughout. Kitchen with granite counters and natural Maple cabinetry with adjoining dining room. Three nice size bedrooms each with ceiling fans with lights. Fully fenced yard with stone patio surrounded by perennial gardens. Blocks to shops and restaurants and 1.4 miles to Braddock Metro.

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## OPEN SUNDAY 1-4

**Alexandria/Montebello \$289,900**  
5902 Mount Eagle Dr # 201. This is a must see, in resort-like Montebello, minutes from Old Town! Two private master bedroom suites, near elevator. The gourmet cook will enjoy the recently renovated kitchen. Charming sun drenched enclosed balcony. New HVAC & freshly painted. Amenities include new fitness center (2016), shuttle bus, tennis, indoor & outdoor pools, bowling, restaurant, and many different clubs; pet-friendly, too!

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**Leslie Rodriguez 703.400.3010**



## OPEN SUNDAY 1-4

**Alexandria/Montebello \$275,000**  
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# PET GAZETTE



A moment of calm before Alastair rolled over and kicked Zoe.



Alastair loves his leafy greens — CRAIGE MOORE



**A CAT AND HIS BFF:** Eight-year-old Cinco lives in Alexandria with “parents” Susan Dawson and Max Rotermund. Cinco’s very best friend is Max: Cinco loves Max! All Max has to do, in a normal tone of voice, is to call out “Here, Cinco.” At that point, Cinco will stop in his tracks, no matter what he’s doing, and come running to Max, tail held so very very high, so very excited that his BFF has beckoned him. It’s just delightful to see.



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**PRESCRIPTION FOR DANGER**

**Drop-off your unwanted medications Saturday July 29, 2017 10:00AM-2:00PM**

**DID YOU KNOW?**

- Many people believe prescription drugs are safer than illegal drugs because a doctor prescribed them—they’re not.
- More people die accidentally from prescription drugs each year than all types of illegal drugs combined.
- Combining pain killers or anti-anxiety drugs with alcohol multiplies the effect—your heart or your breathing can stop.
- Drug-induced deaths now exceed deaths from motor vehicle accidents in more than 17 states.
- Most kids who abuse prescription drugs report they get them from their home medicine cabinets or from friends.
- Proper disposal of unwanted medication prevents environmental contamination of our waterways and soils.

**PROPERLY DISPOSE OF UNWANTED MEDICATIONS AT THE FOLLOWING LOCATIONS:**

- Alexandria Police Headquarters**  
3600 Wheeler Avenue
- First Baptist Church**  
2923 King St
- The Neighborhood Pharmacy of Del Ray**  
2204 Mt Vernon Avenue

**SYMPTOMS OF PRESCRIPTION DRUG ABUSE**

- Changes in mood
- Changes in sleeping
- Curfew violations
- Drug paraphernalia
- Lack of grooming
- Loss of appetite
- Low energy
- Missing work/school
- Slurred speech
- Unexplained weight loss/gain
- Temper outbursts

**Suspect Problems? Call 1-800-662-HELP (4357)**

**SYMPTOMS OF PRESCRIPTION DRUG OVERDOSE**

- Abnormal pupil size
- Agitation
- Convulsions
- Paranoid behavior
- Difficulty breathing
- Drowsiness
- Hallucinations
- Nausea and vomiting
- Non-reactive pupils
- Staggering or unsteady gait
- Sweating or extremely dry, hot skin
- Tremors
- Unconsciousness
- Violent or aggressive behavior

**Suspect an Overdose? Call 911**

**Go to [www.PreventItAlexandria.org](http://www.PreventItAlexandria.org) to learn more**

Logos for Substance Abuse Prevention Coalition of Alexandria, The Neighborhood Pharmacy, Sheriff's Office, and Alexandria Renew Enterprises.

We didn't inherit the earth from our parents. We're borrowing it from our children.

—Chief Seattle (1788-1866)  
Suquamish/  
Duwamish chief

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# PET GAZETTE



**Spring 2017, Collin Marquis (left) visiting with his 90-year-old grandfather Chalmers Marquis along with our 13-year-old lab mix Guinness. Over the years since my father moved to an assisted living facility, Guinness has become an unofficial therapy dog, bring comfort and joy whenever she visits.**



**Spring 2017, Chalmers Marquis gets a “kiss” from Guinness during a weekly visit.**

— BRIAN MARQUIS



**Just recently, Guinness relaxes with her “grandpa” out on the deck during a pleasant afternoon.**



Angel and her sister, Mimi, were rescued from horrific living conditions outside of Charlottesville, Va. (over 50 cats in a small, garbage-strewn home, lacking basic necessities for the animals to thrive and survive). Unfortunately, her sister was too sick and succumbed to a fatal viral disease a few months after the rescue. Luckily, Angel thrived and now shares her Alexandria home with two other cats: another rescue Himalayan (Rosie peeking out from the top of the stairs) and an AWLA shelter calico cat (Charlotte).



Granddaughter Brooke Barnes participating in the AWLA walk with a borrowed Morky, Pippin, (owned by Gina White). As a cat owner, it's a little too difficult to walk felines so Brooke needed a dog to walk to help raise money for the Vola Lawson Animal Shelter.

— PATRICIA ZISSIOS



**Derby and Mommy (Alberta White) celebrating Independence Day 2017. Derby was adopted July 2013 from Car-ing Hearts Rescue in Springfield. Derby celebrated 7th birthday on July 4, 2017.**

— ALBERTA WHITE



**“Seurie” and Marty Moore. Seurie passed away about month ago. She was a great dog and friend.**



**“Madge” Moore**

— LAURA MAE SUDDER



**“BellyCat” Weimar**



**“Sherlock” Edwards**



**Lexi Girl coming back from the groomer.**

— PAMELA OERTH KOLESNIK



**“The Boys”**

— LINDA COUTURE



# PET GAZETTE



PHOTO BY CAROLYN GRIFFIN

Langston, owned by box office manager Christopher Banks, assists at the box office at MetroStage.



My name is Khalfani Carr, and this is my 2-year-old pit mix pup "Carmelo." Before he was officially owned by me, I would pick him up from Woodbridge to my job at VCA Alexandria Animal Hospital where we could board our pets while we were working. His previous owner was looking for a forever home but could not find anyone willing to adopt a "Bully" breed. We had similar characteristics which made me fall in love with our bond. The first day I took him home it was as if we were meant to be partners in crime for life. Present day, our daily schedule consists of running hills, talking to classes about being in the veterinary field, also eating delicious foods together. In the photo above we were in Washington, D.C. being tourists. He could not keep his eyes off of the baseball game going on across the street.



This is Koda which means "friend" in Lakota Sioux. He is also named after Koda Bear in the Disney movie "Brother Bear." Koda is an English chocolate lab 2.5 years old. He loves to walk around Old Town and stop by and visit my favorite stores and offices collecting treats. You can often find him at the farmer's market every Saturday itching to go in the fountain. He is a big supporter of our local animal shelter and donates leashes and toys.

— GEOFFREY STONE



Miss Bri Bri is a Teddy Bear hamster who is always on the move! She loves to run on her wheel but will always stop for a snack break.



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**We didn't inherit the earth from our parents. We're borrowing it from our children.**

—Chief Seattle  
(1788-1866)  
Suquamish/  
Duwamish chief



**Join us throughout the summer to improve quality of life and connect with others who are caregiving or coping with Parkinson's**

**at The Kensington Falls Church**  
**700 West Broad St, Falls Church, VA**

**RSVP to 703-992-9868 or ConciergeFS@kensingtonsl.com**  
**Light refreshments served**

## **Caregiver Connect:** **A Monthly Gathering for Caregivers**

**with Aging & Dementia Expert Anya Parpura, MD, PhD**

**Wednesdays, July 12 & August 2 • 6:30-8:00pm**

A facilitated discussion for caregivers, offering information, advice and support in a welcoming, private setting

## **Parkinson's Communications Club**

**with Speech-Language Pathologist**  
**Susan Wranik, MS, MA, CCC-SLP**

**Every Wednesday • 10:30-11:30am**

A wellness and prevention program for individuals with Parkinson's and their care partners, with a focus on maintaining communication skills

A collaboration with the Parkinson Foundation of The National Capital Area (PFNCA)

## **Energized Fitness for Parkinson's**

**with Physical Therapist Sheetal Yadav, MPT**

**Every Friday • 10:30-11:30am**

A high-energy fitness experience geared toward improving mobility and strength while sharing time with others facing Parkinson's

A collaboration with the Parkinson Foundation of The National Capital Area (PFNCA) & Genesis Rehab Services



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# Preparing for Emergency Care of Your Pet

## Tips from Animal Welfare League of Alexandria.

**W**hat happens if there is a disaster and you cannot get to your pet to provide care? Don't wait until an emergency arises; it's best to prepare now.

❖ Pet identification is key. Dogs and cats should wear collars with their license tag (both dogs and cats must be licensed in the City of Alexandria) and a tag containing ID information, including your name and phone number. However, collars may be removed or fall off, so we suggest getting your pet microchipped. It is critical that you register this microchip to include your information as well as a secondary contact, and be sure to keep this information up to date. We also recommend having your veterinarian scan your pet at each visit to ensure that the microchip has not fallen out or migrated. Finally, register your pet's microchip at [www.petmicrochiplookup.org](http://www.petmicrochiplookup.org); this is the site many veterinarians and shelters use to get the information connected to a microchip.

❖ Prepare a Pet Care Kit. It is an excellent idea to prepare a "care kit" for your pet that is easily accessible. You can grab this kit if you need to evacuate your home quickly or with short notice. This kit can be used by



**A dog receiving some TLC. One of the easiest ways to protect your pet in an emergency is a "care kit" containing necessary food and supplies.**

you or another caregiver to provide for your animal for a period of time if something happens to you. If you register for AWLA's "A Plan for Pets," make sure to include instructions for where to find your pet's care kit.

❖ Access to your home. Who can get into your home to care for your pets if there is a disaster or if something happens to you? You may want to consider talking with one or more of your neighbors about what to do if a disaster strikes and you cannot return home. This caregiver should be able to access your home and know where your pet's care kit is located.

❖ Notifying emergency personnel. Consider keeping an emergency card in your wallet that informs emergency personnel that you have pet(s) at home who need care. You should include the contact information of your pet's emergency caregiver so they



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**Comforting a cat in an emergency. Emergency care kits should include documents to aid in the identification and care of your pet.**

can ensure your pets can receive care if something happens to you. You should also consider placing an emergency sticker on the door of your house to inform emergency responders about the presence of animals inside.

### Pet "Care Kit" Checklist

Consider storing these emergency items in a bag in your pet's carrier. Be sure to write your pet's name and contact information on the carrier as well. Emergency items should include:

- ❖ Extra collar/harness and an extra leash.
- ❖ Temporary tags — in case you need to add a new contact number to the tag.
- ❖ Recent photos of your pets (in case you are separated and need to make "Lost" posters); a photo of you with your pet can also be helpful for identification purposes.
- ❖ Phone numbers/contact info for your vet and microchip company, including your

pet's microchip number.

- ❖ Copies of important vet records, especially registration and rabies certificates.
- ❖ Three to seven days' worth of canned (pop-top) food; it's best to have small cans that can be used as one meal. If you want to store dry food, make sure to rotate it from your emergency bag regularly.
- ❖ At least seven days' worth of bottled water for each person and pet; store in a cool, dry place and replace every two months.
- ❖ Your pet's medications; ask your veterinarian for an extra prescription and rotate with the most recent medications to ensure they remain fresh and effective.
- ❖ Disposable litter trays (aluminum roasting pans are perfect) for cats and litter or pee pads for dogs.
- ❖ Paper towels, liquid dish soap, disinfectant cleaner.
- ❖ Disposable garbage bags for cleanup.
- ❖ Dog waste bags.
- ❖ Pet feeding dishes and water bowls.
- ❖ Blankets/towels.
- ❖ Pillowcase for cats; these make it quick and fast to capture and transport them.
- ❖ Written instructions for any special care needs that your pet may have.

*The Animal Welfare League of Alexandria is an independent, local, 501(c)(3) non-profit organization that operates the animal shelter for the City of Alexandria. The AWLA is committed to ending animal homelessness, promoting animal welfare, and serving as an educational resource for the City of Alexandria community. More information is at [AlexandriaAnimals.org](http://AlexandriaAnimals.org).*

**Guinness sleeps off a morning of intense hiking and swimming at Mason Neck, in his Alexandria home.**  
— HAL HARDAWAY

PHOTO BY SCOTT COLLINS



**"Chillaxing with your best friend" — Mr. Mittens and Tiger Taylor enjoying a "chill" Saturday afternoon.**

— TRACY TAYLOR



**Fluffy and Henry, are inseparable. Where one goes, the other has to follow. They were adopted from the Animal Welfare League of Arlington.**

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# ‘A Plan for Pets’ Helps Four Feline City Residents

**T**he Animal Welfare League of Alexandria (AWLA) recently rolled out its new program “A Plan for Pets,” and four cats, named Aslan, Church, Phineas and Toulouse, were the first to benefit from it. The owner of these four cats had a terminal illness and valued having her cherished pets around her while she was in home hospice care, but she worried about what would happen to them after she died since none of her friends or family members could take them.

Without “A Plan for Pets,” AWLA’s Animal Services officers would have likely been called when she died. They would have had only a small window of time to catch the cats, a very stressful experience for the animals. The cats would have been brought to the shelter and placed in separate cages while the staff pieced together their medical and behavioral needs from observations and examinations made at the shelter. They would not have known that two of them were bonded and should be housed together or that they were used to special diets or that they were all very friendly despite an initial fear of strangers. Since the cats are all seniors, they would have had an even tougher than normal time adjusting to the shelter and would have likely taken many

months to get adopted. The shelter probably would have had to hold them for many weeks while determining next of kin since pets are considered property under the law and subject to estate law upon death.

Thanks to “A Plan for Pets,” AWLA was able to eliminate this period of confusion and stress for these four cats. The staff worked with their owner before her death to learn about her cats’ behaviors, personalities, medical histories and special needs and made sure they all had current veterinary exams.

The owner also filled out a “Transfer on Death” form for each cat, so that upon her passing, the cats would become the legal property of the AWLA and did not have to wait to determine if anyone would claim ownership. After she died, AWLA was able to get everything in place to quickly make the cats available for adoption. The staff shared

the stories of the four cats on Facebook, and the Alexandria community stepped up: All four cats were adopted immediately, without any of them having to stay at the shelter for even one night.

While no one hopes that their pets will outlive them, the AWLA wants to help pet owners consider what might happen in that situation. For more information on “A Plan for Pets,” look out for notices about upcoming free workshops in early fall or email

planforpets@alexandrianimals.org.

*The Animal Welfare League of Alexandria is an independent, local, 501(c)(3) non-profit organization that operates the animal shelter for the City of Alexandria. The AWLA is committed to ending animal homelessness, promoting animal welfare, and serving as an educational resource for the City of Alexandria community. More information is at AlexandriaAnimals.org.*



**Belle and Bruno, my Cavalier King Charles Spaniels. Belle is 9 years old and Bruno is just 9 months old! I was nervous to bring a puppy into our home, but hoped it would help energize Belle and make her more active in her later years. And it worked! They bonded right away and are the best of friends! They snuggle, but also roughhouse and play all the time. They are two sweet, fun and loyal companions.**

— ELLEN ALMOND

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# OPINION

## Building Friendships, One Delivery at a Time

By SANDY FREEDMAN  
MANAGER, GROCERIES TO GO PROGRAM  
SENIOR SERVICES OF ALEXANDRIA

**M**aria Sanchez-Carlo started volunteering with Senior Services of Alexandria's grocery delivery program about a month ago to help seniors in her community, but she ended up getting much more out of it than she expected. She found a friend. Neither she nor the senior she delivers groceries to are Portuguese, but in one of those magical moments that come out of nowhere, it turns out they both speak the language. And now they sit down for coffee or tea after each delivery. In Portuguese the word for delighted is "Deleitado," and that's what the new friends say about their relationship. "I was really delighted," says her senior client. "Maria is a very nice lady. I am very pleased."

The Grocery-to-Go program is the newest of the many programs offered by Senior Services of Alexandria to help seniors maintain an independent lifestyle. Through partnerships with Giant and Harris Teeter, the program relies on volunteers like Maria to deliver groceries every other week. But as so often happens, the program ends up being more than just a service; it ends up creating lasting relationships among Alexandria residents, often from different walks of life, who might otherwise never



meet. Another volunteer brought his grocery recipient a new kind of barbeque sauce, triggering a wave of delightful memories. "My mother used to make barbeque pork, tomato-based, and I loved it," the grocery recipient called us to say. "My first position after graduate school was in Rocky Mount, N.C., and there's a real barbecue place there right on the Tar River — long communal tables and so on. The sauce is vinegar-based, and the first time I had it, I thought, 'Well, I don't know.' Of course, I'm hooked on the stuff and make my own in a slow cooker. I have three or four recipes."

As with all of Senior Services' programs, the success of Groceries-to-Go depends on the many volunteers who devote their time to their community. First they shop for groceries and then they deliver them, loosening lids and assisting in other ways to make sure their senior can enjoy everything they ordered from the store.

Maybe most important of all, though, the grocery program, like all of Senior Services' programs, brings people together, as both volunteer and client. Recently, the organization was recognized with a first-place award by the Commonwealth of Virginia's Council on Aging for the grocery delivery program as an innovative program and a model for other organi-



**Groceries to Go Trio: Barbara "Polly" Spahr, Mary Pat Woodman and Diana Baltimore.**

zations. If you're interested in having groceries delivered, or if you'd like to volunteer with the grocery delivery program, call 703-836-4414, ext. 119, or send an email to [groceries@seniorservicesalex.org](mailto:groceries@seniorservicesalex.org).

### LETTER TO THE EDITOR

## Cycling Through Stop Signs

To the Editor:

Each and every day I see bicyclists speeding through various stop signs on Union Street. If someone challenges them with a honk of the horn, they respond with a rude and vulgar hand gesture. Isn't it about time that bicyclists also obey our traffic laws? Unfortunately, City Hall is not doing anything about this, which flies not only in the face of bicycle safety but

also the safety of our automobiles and pedestrians.

I was recently at a stop sign at a Union Street intersection when a bicyclist suddenly appeared on the driver's side of my vehicle. He started to roll through the stop sign at the same time that I moved forward. Since he was at full speed, and I was just starting to move, he cut right in front of me. When I honked my horn, he stopped and started to yell at me. Being caught up with the moment, I yelled right back, and moved on to my destination. This scenario (with or without the yelling) goes

on multiple times every day as bicyclists coast or speed through all our intersections without stopping.

A few weeks ago, I read in an e-mail that Alexandria police officers had stopped 150 bicyclists over a weekend, but the article did not specify whether or not tickets had been issued. Without enforcement, why stop these people, since no amount of "driver/cyclist education" is going to change the status quo. Since every person enrolled in a Driver Training School learns that stop signs and stop lights are to be obeyed, it is likely that bicyclists understand the purpose of these signs and lights as well, but they choose to ignore them (perhaps because they are not in an automobile). Flaunting the law seems to be a risk worth taking, since punishments do not appear to be forthcoming, and the law may appear to be ambiguous to some.

I am aware that the Alexandria City Council must ask for a legislative change from Richmond in order to obtain the authority to award points on driving records for bicycle traffic infractions.

Although ticketing and awarding points are the only rational solutions for scofflaws, perhaps some reminders are needed that traffic laws apply to pedestrians, cars and bicycles. Perhaps a second sign containing a person, a car and a bicycle can be added underneath certain stop signs. I and my fellow citizens would be more than happy to see the City Council make this happen.

**Townsend A. "Van" Van Fleet**  
Alexandria



PHOTO CONTRIBUTED

## Helping Stay Cool

**Rebuilding Together Alexandria, in partnership with the city's Division of Aging and Adult Services and Dominion Energy, is providing fans or AC units to eligible seniors and adults with disabilities who need cooling in their homes. Call 703-746-5999 or visit [DAAS@alexandriava.gov](mailto:DAAS@alexandriava.gov).**

## Alexandria Gazette Packet

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# Help Address Water Pollution

FROM PAGE 1

Skrabak refers residents to community meeting videos and minutes, and infographics on the Alexandria.gov website about the combined sewer system. “The meetings get into the details,” he said. Skrabak also encourages residents to attend the stakeholder meeting in the fall and voice their comments, questions, and concerns.

“We want to collectively have a public discussion about all of this information,” he said.

In the spring of 2018, the stakeholder group and city staff will make recommendations to the City Council concerning construction plans for the combined sewer system remediation project.

Because of the historic importance of Alexandria, construction in the city must take into consideration archaeological evaluations. “Anytime we’re digging underground, we do an assessment of the site,” said Lance Mallamo, director of the Office of Historic Alexandria. The Office of Historic Alexandria has already been involved in tunnel projects for the two outfalls near Duke Street, which flow into Hooffs Run. The city had started planning for a tank to capture sewage overflow from the Royal Street outfall, but the new timeline for the project compels Alexandria to revisit that option and to evaluate it in conjunction with the Oronoco Bay outfall. “It may be that a tunnel connects those two areas,” Skrabak said. According to Skrabak, archaeological work at the construction of a tunnel would focus on shaft locations. This would concern the earth about 30 feet from the surface. If the city were to decide to build a tank, that would provide further opportunity to excavate underground.

“It provides an opportunity to learn,” Skrabak said about these construction projects.

Oronoco Bay is at the heart of Alexandria’s beginnings. In 1732, a tobacco inspection Warehouse was established at the foot of Oronoco Street, where the quality and weight of tobacco exports were assessed. Businessmen and landowners recognized the area’s growing importance as a port, and 17 years later in 1749, they petitioned the House of Burgesses to establish the town of Alexandria.

“We certainly will be involved,” Mallamo said about the coming project in Oronoco.

The renewed surge in planning for Alexandria’s combined sewer system project came soon after the President’s proposal to reduce the EPA’s budget for the coming fiscal year.

According to the Office of Management and Budget, the President’s Budget Blueprint would reduce EPA spending from \$8.3 billion in 2017 to \$5.7 billion, a 31 percent cut. The budget particularly eliminates funding for regional environmental projects such as the Chesapeake Bay.

The Congressional Budget Plan, reported by the House Budget Committee, also reduces funding for the the EPA, but does not shut the door on the EPA’s “Regional Geographic Initiative Program,” which funds the Chesapeake Bay Program.

The administration also is in the first stage of rescinding the Clean Water Rule, which supports a broad definition of “Waters of the United States.” The Clean Water Rule was implemented in 2015.

According to the “Pre-Publication Version of Proposed Rule: Definition of ‘Waters of the United States’ - Recodification of Pre-existing Rules,” the administration is leaning toward a narrower legal interpretation of “Waters of the United States.” The report states that waterways that are not defined as “Waters of the United States” would not enjoy the protections of the Clean Water Act.

The rescindment is not yet official — it may face



PHOTO COURTESY DEAN NAUJOKS  
POTOMAC RIVERKEEPER NETWORK

## The Potomac Riverkeeper Network identifies sources of pollution in the Potomac River.

legal and environmental challenges. Thus it remains uncertain what kinds of creeks, streams or other smaller, less prominent waterways might be stripped of their Clean Water Act protections.

For Alexandrians, the relevance of the federal budget and the revised interpretation of the Clean Water Rule is palpable.

Numerous smaller waterways, like Hunting Creek, the site of one of the raw sewage outfalls, flow into the Potomac River. Pollution of these waterways affects the health of the Potomac.

“Our biggest concern is rollbacks to enforcement” said Dean Naujoks, Potomac Riverkeeper. “When you talk about slashing the EPA, a lot of what you’re talking about is those people who enforce those laws,” he said. The Potomac Riverkeeper Network identifies sources of pollution in an effort to fix and eliminate pollution in the Potomac. “We provide a voice for the River,” Naujoks said.

According to Naujoks, when tackling a pollution problem, the Potomac Riverkeeper Network may file a 60-day Notice of Intent to Sue in order to inform a municipality or an organization of the gravity of the pollution problem. The Notice also serves to assert the organization’s commitment to fighting pollution. If nothing is done about the pollution within 60 days, the Potomac Riverkeeper Network can file a Clean Water Act case against the polluter.

The citizen provisions in the Clean Water Act give the Potomac Riverkeeper Network the authority to file a Notice of Intent to Sue and to approach cities like Alexandria about pollution. Clean Water Act sections 505(a) through (h) identify what citizens can and cannot do in regard to citizen lawsuits.

“Violations of water standards are important because exposure to sewage makes people sick,” Naujoks said. “The Clean water Act says that if someone violates [the law], citizens can do something about it. This administration threatens these laws that provide for citizen enforcement,” Naujoks said.

Before a Notice of Intent to Sue is filed, the Potomac Riverkeeper Network will approach a polluter to work out a solution. In the case of a municipality that is responsible for polluting the Potomac, the Network may work with both the city and the state agency to ensure that the problem is resolved.

The Potomac Riverkeeper Network brought its concerns about Alexandria’s raw sewage overflow to the city and the state. The solution, a speedier timeline for the combined sewer system remediation project, pleased the Potomac Riverkeeper Network and other environmental activist groups as well.

According to Skrabak, two other citizen groups, the Mount Vernon Sierra Club and the Friends of Dyke Marsh, also brought their concerns to Alexandria community meetings to ensure that action would be taken to correct the raw sewage overflow.

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— JO ECHARD



**"You should see our Down Dog"** features Bella (left) and Kota as they pose before their favorite yoga statue, yogi dog.


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Lexi Girl, taking in the beautiful landscape in Middleburg, Va.

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Cobi Boggs-Roys with his "puppy" given to him by his Aunt Cheryl for his seventh birthday.



Cobi Boggs-Roys shares a post dinner snuggle with "Cooney," his favorite raccoon no-stuffing toy. He licks him, then carries him around and finally, lies on top of him for awhile.



"Boots" hanging out with the girls during the annual "ski girls" trip that her Mom, Carol hosts in Colorado for some girlfriends from Old Town and elsewhere annually.

— MICHELLE BOGGS



July 2017, Collin Marquis with one of the box tortoises that has been living in our yard. (We let her go right after we took this picture.)



An open mouth shot with the tortoise showing the food.

— BRIAN MARQUIS



# PET GAZETTE



Teaching sharing — a memory made. (A young) Will Edwards and “HC House Cat.”

— LAURA MAE SUDDER



“Tina” Edwards



“GoodBoy”



“CeCe and Madge” Moore



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# ENTERTAINMENT

## ‘Anne & Emmett’ Together at MetroStage

### Drama about an imaginary conversation between Anne Frank and Emmett Till.

BY STEVE HIBBARD

**F**or a limited engagement, MetroStage in Alexandria is presenting “Anne & Emmett” from July 28 to 30.

The play by Janet Langhart Cohen is an imaginary conversation between Anne Frank and Emmett Till, both victims of racial intolerance and hatred. Anne is the 15-year-old Jewish girl whose diary offered the world a gripping perspective of the Holocaust and touched the hearts of humanity. Emmett is the 14-year-old African American boy whose brutal murder in Mississippi sparked the modern Civil Rights movement.

“It is a remarkable play, and Cohen’s concept of bringing together these two teens who so vividly represent the Holocaust and the Civil Rights movement is unique and a perfect vehicle on stage to tell their stories,” said Carolyn Griffin, producing artistic director of MetroStage. “The impact on the audience is powerful, and it is a play we believe in and hope all ages, all generations and all backgrounds will see. It is a call to action ‘tikkun olam’ to repair the world. Something that theatre and individuals can work together to achieve.”

Enoch King plays the role of Emmett, a highly energetic, inquisitive, curious and sometimes hot-tempered young man. “He is funny and is always ready to laugh or find a way to make someone else laugh,” he said. “He is very quick-witted, not afraid to share his opinions and ideas, but also not afraid to learn more.”

The challenge, he said, was not playing the tragedy of how he died and the circumstances surrounding it; instead, focusing on

his life, his thoughts, hopes, fears, loves and wants. “It’s difficult because Emmett was real. He really lived and died. There are moments in the show where it hits me how young he was and it can be overwhelming, but I remind myself to let him breathe and live in the piece,” he said.

Roz White plays the role of Mamie Till (Mobley), the mother of Emmett. “She is a soft spoken, strong, and loving mother who wants the best for her only son,” she said. “She did what she could to prepare and protect Emmett from the hatred of Southern whites, but she couldn’t foresee the horrible murder he would suffer as a result of the alleged flirtation he was accused of with a white woman.”

She added: “Mrs. Till gathered her strength and used Emmett’s senseless murder to open the eyes of America to the injustices that were being imposed upon blacks, and this exposure spearheaded what we now know as the Civil Rights movement.”

She said the challenges that she faced delving into this role were mostly personal. “Being a mother of two teen-aged boys, I immediately connected with the character, and her desperation to keep her son safe, while seeking not to break his strong spirit. Another challenge was keeping her (Mamie) human, and not over-playing her to the point of martyrdom. I hope the audiences will see her strength and resilience, while also being aware of her vulnerability.”

Abigail Williams plays the role of Anne, a curious, passionate, hope-filled, stubborn, beautiful soul. “She has heart, desires to continue to see and believe in the good in



PHOTO CONTRIBUTED

**Enoch King plays the role of Emmett Till in “Anne & Emmett,” which will be presented for a limited engagement at MetroStage from July 28-30.**

the world, and fights until the very end to hold on to hope,” she said. “She wants to understand how to make sense of all she has been through, yet she never loses her child-like curiosity throughout.”

She said the challenge was trying to honor the real life that Anne lived while understanding that, as an actor, she had to put some of herself into her character to make her feel “true” in the moments that she’s portraying her.

“Making choices about someone who lived a real life is obviously different than making choices about a fictional character,” she said. “And the weight of responsibility in playing a role that is internationally known for being so heroic and brave, and

whose private thought-life is actually popularly circulated throughout the general public means that, in some ways, I’m going up against the thoughts people already have about who Anne is — this, at times, has felt deeply challenging.”

Roger Grunwald plays two roles in the play: Otto Frank and J.W. Milam. “It would be hard to find two more antipodal characters (or people). As an actor, I always try — as best as I can — to find a character’s humanity, humor and vulnerabilities. Milam, the murderer of Emmett Till, however, is an unrepentant killer, a racist and a braggart.”

He continued: “Otto Frank, by contrast, is a fundamentally decent man who tries, as best as he can, to hold his family together, instilling hope and doing whatever is necessary to avoid detection and capture by the Nazis. Needless to say, it proves to be an impossible task. As the family’s sole survivor, he dedicates his post-war life to bringing Anne’s message — and her belief in the fundamental goodness of humankind — to the world.”

Griffin met playwright Cohen several years ago and introduced her to the resident director Thomas W. Jones II. She said the play was further developed with Jones and his team that included music director William Knowles, and was performed for a weekend on MetroStage in 2015. It has since toured Indianapolis, Chicago, and New York City. The play returns to the National Museum of African American History and Culture in D.C. and then back to MetroStage. It will be filmed at MetroStage and then performed July 28-30 before leaving for the National Black Theatre Festival.

*MetroStage in Alexandria is presenting “Anne & Emmett” from July 28 to 30. Tickets are \$35. The venue is located at 1201 North Royal St., Alexandria, VA 22314. Call the box office at 703-548-9044 or visit [www.metrostage.org](http://www.metrostage.org).*

### CALENDAR

*Submit entertainment announcements at [ConnectionNewspapers.com/Calendar](http://ConnectionNewspapers.com/Calendar). Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.*

#### ONGOING

**By the Seashore.** Various morning hours through July 29 at The Lab at Convergence, 1819 N. Quaker Lane. Produced by Arts on the Horizon. Using an imaginative mix of puppetry, movement, and sound, this sensory-filled production is specifically designed for babies and young toddlers. Visit [www.artsonthehorizon.org](http://www.artsonthehorizon.org) for more.

**Potomac Fiber Arts Gallery.** Various times through July 30 at the Torpedo Factory, 105 N. Union Street, ground floor Studio 29. Show is called “Under the Big Top,” highlighting the work of three featured artists: Janet Barnard, Paige Garber, and Anne-Sanderoff Walker. Call 703-548-0935, or visit [www.Potomacfiberartsgallery.com](http://www.Potomacfiberartsgallery.com) for more.

**Ceramics Show.** Various times through July 30 at 105 N. Union St.,

ground floor Studio 19. The “Rough around the Edges” Kiln Club show. Call 703-548-6288 or visit [scopegallery.org](http://scopegallery.org).

**Light and Depth Exhibit.** Various times through July 31 in the The Associates Gallery at the Torpedo Factory, 105 North Union St., Studio 29. Artwork of Marine Weiss and Jennifer Brewer Stone is featured. Visit [torpedofactory.org](http://torpedofactory.org).

**Adult Woodworking Class.** 5-8 p.m. through Aug. 5 at the Alexandria Seaport Foundation, Union St. Woodworking 101, hosted by ASF’s Middle School Math Program Manager, woodworker, and furniture designer Nicole Reidinger of Habitat Woodworks. \$250. Visit [www.alexandriaseaport.org](http://www.alexandriaseaport.org) or call 703-778-0977 for more.

**Artwork Inspired by Nature Exhibit.** Various times through Aug. 31 at Huntley Meadows Park Nature Center, 3701 Lockheed Blvd. Local artist-photographer Nina Tisara will share some of her mosaic work in an exhibit entitled “Inspired by Nature.” Call 703-768-2525 or visit [www.fairfaxcounty.gov/parks](http://www.fairfaxcounty.gov/parks).

**Oil Paintings by Patricia Uchello.** 9 a.m.-5 p.m. through Aug. 31 at the

River Farm, 7931 East Blvd. Free. Call 703-768-6983 or visit [www.patriciauchello.com](http://www.patriciauchello.com) for more.

**Costumes of Mercy Street.** Through Sept. 1, at The Lyceum: Alexandria’s History Museum, 201 S. Washington St. To learn more about The Lyceum, visit [alexandriava.gov/Lyceum](http://alexandriava.gov/Lyceum) or call 703-746-4994.

**Gadsby’s Tavern Museum Relics.** Various times through Labor Day at Gadsby’s Tavern Museum, 134 N. Royal St. Learn the history of the museum, the purchase and see the original woodwork. Call 703-746-4242 or visit [www.gadsbystavern.org](http://www.gadsbystavern.org) for more.

**Mount Vernon Farmers Market.** 8 a.m.-12 p.m., Wednesdays, through Dec. 14. Fresh local food, artisan crafts. Sherwood Library, 2501 Sherwood Hall Lane. Visit [www.fairfaxcounty.gov/parks/farmersmarkets/mtvernonmkt.htm](http://www.fairfaxcounty.gov/parks/farmersmarkets/mtvernonmkt.htm) for more.

**All the President’s Pups.** Saturdays 10 a.m. at George Washington’s Mount Vernon, 3200 Mount Vernon Highway, Mount Vernon. All the President’s Pups Walking Tour, along the way, learn about George Washington’s love for dogs, his dogs’

unusual names, and his efforts to improve the quality of his hunting dogs through breeding. \$7. Visit [www.mountvernon.org](http://www.mountvernon.org) for more.

**Mercy in Alexandria Walking Tour.** Sundays at 1:30 p.m. at Alexandria Visitors Center, 221 King St. Experience an inside access tour of 19th century Alexandria. Inspired by the PBS mini-series “Mercy Street,” accompany a trained military historian through Civil War-era Alexandria and learn the actual history behind the TV show. Short tours are \$15, private tours for five are \$149. Visit [www.dcmilitarytour.com](http://www.dcmilitarytour.com) for more.

**The Lyceum: 175 Years of Local History.** Ongoing, Monday-Saturday 10 a.m.-5 p.m. and Sunday 1-5 p.m. at The Lyceum, 201 S. Washington St. On view in the museum’s Coldsmith Gallery, the historical objects and images featured represent The Lyceum, the community at work, and commemorations and celebrations. Throughout the exhibition, visitors are invited to “be the curator” and think about why the various artifacts are in the museum’s collection, and about how tangible representatives of

the past help tell the story of Alexandria’s history. Free. Visit [www.alexandriahistory.org](http://www.alexandriahistory.org) for more.

#### CAMPS, CLASSES & WORKSHOPS


**Summer Theatre Camps.** Through Aug. 25, various times at the Little Theatre of Alexandria, 600 Wolfe St. Preschool-8th graders can learn acting, musical theatre, dancing, improv, Shakespeare, film making. Visit [www.thelittletheatre.com](http://www.thelittletheatre.com) or call 703-683-5778.

**Community Dance.** 7:30-9:30 p.m. every third Friday at Hollin Hall Senior Center, 1500 Shenandoah Road. Live music. Tickets are \$4. Call 703-765-4573.

**Life Drawing.** Del Ray Artisans offers a range of open life drawing sessions for anyone to develop life-drawing skills further. Drop-in for the session and bring supplies to draw or paint live models. Fee ranges from \$8-\$12. All skill levels are welcome. Del Ray Artisans is located at 2704 Mount Vernon Ave. Visit [www.TheDelRayArtisans.org](http://www.TheDelRayArtisans.org) for a schedule.

**The Harmony Heritage Singers** (Mount Vernon Chapter of

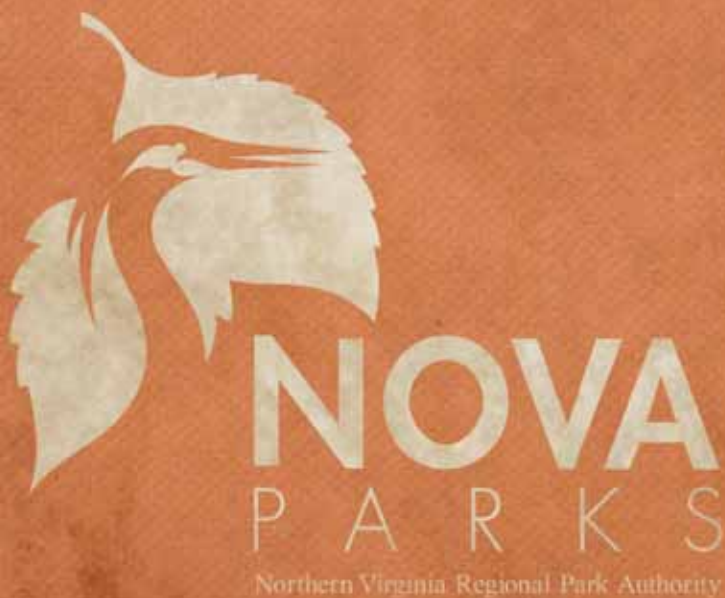




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Barbershop Harmony Society), a daytime, a cappella, Chorus, rehearses on the 2<sup>nd</sup> and 4<sup>th</sup> Tuesdays, monthly, at Sherwood Hall Regional Library, 2501 Sherwood Hall Lane, 10 a.m.-1 p.m. Newcomers welcome for fun or to book for a performance. Visit [www.HHSingers.org](http://www.HHSingers.org), or call Bruce at 703-352-5271.

## THURSDAY/JULY 27

**Belvoir Square Grand Opening.** 4-7 p.m. Belvoir Square Apartments, 9142 Richmond Highway, Fort Belvoir. Tour the building and enjoy complimentary food and beverage. Presented by Southeast Fairfax Development Corporation. Call 703-360-5008 or email [info@sfdc.org](mailto:info@sfdc.org) for more.

**40 Under 40 Celebration.** 6-9 p.m. at United Way Worldwide, 701 N. Fairfax St. The 40 under 40 program was established in 2016 by the Alexandria Chamber of Commerce to recognize top men and women, age 40 and under, engaged in a variety of fields including business, technology, nonprofit management, civic life, public service, education, and the arts. \$89. Visit [alexandriavacoc.org](http://alexandriavacoc.org) for more.

**Music at Twilight Concert.** 7-8:00 p.m. Fort Ward Park Amphitheater, 4301 W. Braddock Road. Call 703-746-5592.

## JULY 28-30

**Bacon Brothers Concert.** 7:30 p.m. at The Birchmere, 3701 Mt. Vernon Ave. Kevin and Michael Bacon's band, find out if the six degrees of Kevin Bacon separation are true. Visit [www.birchmere.com](http://www.birchmere.com) for more.

**Anne and Emmett on stage.** various times at Metrostage, 1201 North Royal St. Janet Langhart Cohen's play based on an imaginary conversation between Anne Frank and Emmett Till, both teenage victims of racial intolerance and hatred. Call 703-548-9044 or visit [www.metrostage.org](http://www.metrostage.org) for more.

## SATURDAY/JULY 29

**Mount Vernon Nights Concert Series.** 6 p.m. at Workhouse Arts Center, 9601 Ox Road, Lorton. Free musical performance by Jarekus Singleton. Visit [www.fairfaxcounty.gov/parks/](http://www.fairfaxcounty.gov/parks/) performances or call 703-780-7518.

## SUNDAY/JULY 30

**The Real World Science behind Harry Potter.** 1 p.m.-4 p.m. at the Stabler-Leadbeater Apothecary Museum, 105-107 S. Fairfax St. Call 703-746-3852.

**Veronneau Trio Concert.** 7 p.m. at the Carlyle Club Alexandria, 2050 Ballenger Ave. Retro pop style infused with world and jazz influences. \$20. Visit [thecarlyleclub.com/](http://thecarlyleclub.com/) for more.

## JULY 31-SEPTEMBER 3

**Ceramics Exhibition.** Various times at the Torpedo Factory Art Center, 105 N. Union St. Exhibit called "Flexibility in Clay: Gymnastics and Gyration." Call Scope Gallery at 703-548-6288, visit [www.scopegallery.org](http://www.scopegallery.org) for more.

## SATURDAY/AUG. 5

**Friendship Firehouse Festival.** 9 a.m.-2 p.m. in the 100 block of South Alfred Street between Prince and King streets. The Friendship Veterans Fire Engine Association will hold its annual Friendship Firehouse Festival. Call 703-746-3891 for more.

**English Garden Floral Design Workshop.** 9:30-11 a.m. at Green

# Try a Taco at These Top Spots

BY HOPE NELSON

From traditional recipes to more adventurous concoctions, there's no shortage of tacos around the city. Why stick with your Old Faithful? Step out for something new.

## Los Cuates 1116 King St.

Los Cuates is a relative newcomer to Alexandria's Mexican-restaurant world, but it's making its mark in a hurry. Taking up residence in the old Tiffany Tavern smack-dab in the middle of King Street, it's got a host of taco options for any mood or whim.

From tacos al pastor, teeming with grilled pork loin, to tacos de pescado with its broiled tilapia, the options here are fresh and flavorful. Can't decide what to order? Los Cuates also sells its wares a la carte, so make a hybrid of the menu and go with flour, crispy corn, or soft corn shells and mix and match to your heart's content.

## Taqueria Poblano 2400-B Mount Vernon Ave.

Finally, no list of great tacos is complete without a visit from the venerable Taqueria Poblano on Del Ray's main drag. The Mexican restaurant with a Baja California vibe offers up a wonderful take on tacos that's sure to make diners sit up and take notice.

The first thing to note is that the taqueria's taco shells are quite different from many others around town. Their sometimes-lumpy, sometimes-wobbly shapes and thicker texture signify quite clearly that diners are dealing with a different beast here. Gone are the traditional shells and traditional fillings; in their place are plenty of flavorful mixes to tempt the palate. Among the selections: Adobo-seasoned pork and chile-kissed shredded beef tacos both add some spice along with protein; for its part, the vegetarian mix is one of the most out-



**Dos Amigos' taco selection is almost paralyzing in terms of the number of choices, but rest easy: There's not a bad one in the bunch.**

standing meatless fillings anywhere in town.

## Dos Amigos 535 E. Braddock Road

The unassuming Mexican restaurant at the corner of Braddock Road and West Street, across from the Braddock Road Metro station, offers up a passel of great eats straight from the menu, but the tacos – in all their many forms – are true standouts.

Dos Amigos' taco selection is almost paralyzing in terms of the number of choices, but rest easy: There's not a bad one in the bunch. Hard-core meat-eater? The tacos alambre, complete with New York strip steak and all the fixings, might be right up your alley. Vegetarian? The veggie taco platter isn't anything to scoff at. Fish, shrimp, chicken and pork tacos also beckon in various forms, from fully loaded platters to more minimalist affairs.

*Hope Nelson owns and operates the Kitchen Recessionista blog, located at [www.kitchenrecessionista.com](http://www.kitchenrecessionista.com). Email her any time at [hope@kitchenrecessionista.com](mailto:hope@kitchenrecessionista.com).*

**Chamber Music Concert.** 3 p.m. in The Lyceum, 201 S Washington St. Shane Iler presents an afternoon of music by Brahms on the horn, the violin, and the piano. Free. Visit [www.wmpamusic.org](http://www.wmpamusic.org) for more.

## MONDAY/AUG. 7

**Meet the Author.** 7 p.m. at The Athenaeum, 201 Prince St. An Evening with KaNikki Jakarta: Books and Poetry. Visit [www.nvfaa.org](http://www.nvfaa.org) or call 703-548-0035.

## TUESDAY/AUG. 8

**Simpson Gardens Stroll.** 11 a.m. at Simpson Park Demonstration Gardens, 420 E. Monroe St. Stop by and chat with the VCE Master Gardeners who maintain the Simpson Park Demonstration Gardens and see what is in bloom. Have all your gardening questions answered too! No registration necessary. Visit [mgmv.org/events/mgnv-events/](http://mgmv.org/events/mgnv-events/) for more.

## WEDNESDAY/AUG. 9

**Summer Reading Puppet Show.** 10-11 a.m. at Green Spring Gardens, 4603 Green Spring Road. Young story lovers are entertained by a

puppet show presented by Carousel Puppets. Ages 3+. Visit [www.fairfaxcounty.gov/parks/parktakes](http://www.fairfaxcounty.gov/parks/parktakes) or call 703-642-5173.

## SATURDAY/AUG. 12

**Garden Stroll and Ice Cream Social.** 10 a.m.-11:30 at Green Spring Gardens, 4603 Green Spring Rd. Stroll the summer gardens with a Master Gardener docent, then cool down at an ice cream social in the 1784 Historic House. \$12. Call 703-941-7987 or visit [www.fairfaxcounty.gov/parks/greenspring/](http://www.fairfaxcounty.gov/parks/greenspring/).

**Art of History.** 10 a.m.-noon at Gadsby's Tavern Museum, 134 N. Royal St. Art-focused tour of the "Centennial of the Everyday," that views history through the lens of contemporary art. \$15. Call 703-746-4242 or visit [www.gadsbystavern.org](http://www.gadsbystavern.org).

## AUG. 12-13

**8<sup>th</sup> Annual Alexandria Summer Sidewalk Sale.** Various times, participating stores throughout Old Town and Del Ray. Visit [VisitAlexVA.com/SidewalkSale](http://VisitAlexVA.com/SidewalkSale) for more.

## SUNDAY/AUG. 13

**An Outlandish Geek Tour.** noon-1 p.m. at the Apothecary Museum, 105-107 S. Fairfax St. Learn about a few of the herbal medicines featured in Diana Gabaldon's "Outlander" series of novels, from cascara to dauco seeds. Tour recommended for adults only. \$15. Visit [www.alexandriava.gov/Apothecary](http://www.alexandriava.gov/Apothecary) or call 703-746-3852.

**Concert.** 4 p.m. at Rachel M. Schlesinger Concert Hall and Fisher Art Gallery NOVA, Alexandria Campus, 4915 East Campus Drive. Tony Lo Bianco and Deana Martin in concert. Visit [www.nvcc.edu/schlesingercenter/](http://www.nvcc.edu/schlesingercenter/).

**Documentary Film Tour.** 7:30 p.m. at The Birchmere, 3701 Mount Vernon Ave. Alexandria. Hosted by Calek and SIR NOFACE Producer Justin Holstein, the "SIR NOFACE LIVES" tour offers attendees the chance to be among the first to see Calek's mind-bending SIR NOFACE documentary, which chronicles the Australian Government-sanctioned paranormal investigation of Cockatoo Island. Visit [sirnoface.com](http://sirnoface.com) for more information.

## TUESDAY/AUG. 15

**Genealogy Talk.** 1-3 p.m. at the Hollin Hall Senior Center, 1500 Shenandoah Road. Learn how to use various record groups to find your pre- and post-Civil War Virginia ancestors and their plantation from genealogist Char McCargo Bah. Visit [www.mvgenealogy.org](http://www.mvgenealogy.org) for more.

## THURSDAY/AUG. 17

**Garden Tour and Tea.** 1-3 p.m. at Green Spring Gardens, 4603 Green Spring Road. Tour the glorious gardens with a Master Gardener docent who will lecture about Green Spring past and present. Afterwards, enjoy a traditional English afternoon tea. \$32. Call 703-941-7987 or visit [www.fairfaxcounty.gov/parks/greenspring](http://www.fairfaxcounty.gov/parks/greenspring) for more.

## AUG. 17-SEPT. 17

**Wizard of Hip.** Various times at MetroStage, 1201 North Royal St. Featuring Thomas W Jones II as he journeys from adolescence to adulthood as Afro Jo with original music by William Knowles and two back-up singers. Call 703-548-9044 or visit [www.metrostage.org](http://www.metrostage.org) for more.



# ENTERTAINMENT

## AUG. 18-27

### Alexandria Summer Restaurant

**Week.** Area restaurants offer \$35 for a three-course dinner or \$35 dinner for two; select locations offering lunch from \$10-20/person. Visit [www.AlexandriaRestaurantWeek.com](http://www.AlexandriaRestaurantWeek.com) or call 703-746-3301 for more.

## SATURDAY/AUG. 19

### Casting Leaves in Concrete

**Workshop.** 9:30-11 a.m. at Green Spring Gardens, 4603 Green Spring Road. Green Spring staff demonstrates casting and painting techniques and assists participants in making one to take home. \$40 for the program plus \$25 supply fee. Call 703-642-5173 or visit [www.fairfaxcounty.gov/parks/greenspring](http://www.fairfaxcounty.gov/parks/greenspring) for more.

**Gardening Author Talk.** 3-4:30 p.m. at the Barrett Branch Library, 717 Queen St. Nancy Lawson, a naturalist and columnist for All Animals magazine, will talk about her recent book, "The Humane Gardener: Nurturing a Backyard Habitat for Wildlife." Visit [alexliblibraryva.org](http://alexliblibraryva.org).

## SUNDAY/AUG. 20

**Tea and Princess Diana Lecture.** 1-3 p.m. at Green Spring Gardens, 4603 Green Spring Road. Explore the many faces of Diana: fairytale princess, style icon, humanitarian and mother. Afterwards, enjoy a traditional English afternoon tea. \$32. Call 703-941-7987 or visit [www.fairfaxcounty.gov/parks/greenspring](http://www.fairfaxcounty.gov/parks/greenspring) for more.

## MONDAY/AUG. 21

### Alexandria Chamber Golf

**Tournament.** 1 p.m. at the Mount Vernon Country Club, 5111 Old Mill Road. Hot dogs and brats, beverages, reception, dinner, prizes. Sponsorships available, contact Maria Ciarrocchi at [micarrocchi@alexchamber.com](mailto:micarrocchi@alexchamber.com).

**Great American Eclipse.** All day at Historic Huntley Meadows Park, 3701 Lockheed Blvd. Learn the science behind eclipses and how to view them safely, solar eclipse glasses will be provided to attendees at all the programs. \$7 to \$12 per person. Visit [go.usa.gov/xNvvb](http://go.usa.gov/xNvvb) for more.

## THURSDAY/AUG. 24

**Historian Lecture.** 7 p.m. at The Athenaeum, 201 Prince St. Meredith Barber is a local historian and student at William and Mary. Through research at the National Archives, she discovered previously unknown Athenaeum history during the Civil War including its employment as a logistics center by the Union Army. \$5, free for NVFAA members. Visit [www.nvfaa.org](http://www.nvfaa.org) or call 703-548-0035.

## SATURDAY/AUG. 26

**Garden Terrarium Workshop.** 1-2:30 p.m. at Green Spring Gardens, 4603 Green Spring Road. Begonia enthusiast Johanna Zinn provides information on this genus and teaches techniques for creating a terrarium. \$38 plus supplies. Call 703-642-5173 or visit [www.fairfaxcounty.gov/parks/greenspring](http://www.fairfaxcounty.gov/parks/greenspring) for more.

## AUGUST 26-27

**Begonia Show and Sale.** 9 a.m.-4:30 p.m. at Green Spring Gardens, 4603

Green Spring Road. Show sponsored by the Potomac branch of the American Begonia Society. Free. Call 703-642-5173 or visit [www.fairfaxcounty.gov/parks/greenspring](http://www.fairfaxcounty.gov/parks/greenspring) for more.

## SUNDAY/AUG. 27

**Sister Musicians Concert.** 7:30 p.m. at The Birchmere, 3701 Mt. Vernon Ave. Artists and sisters Shelby Lynne and Allison Moorer will perform in support of their upcoming release "Not Dark Yet." Visit [www.birchmere.com](http://www.birchmere.com) for more.

## MONDAY/AUG. 28

**Fall Vegetable Gardening.** 7-8:30 p.m. at the Beatley Library, 5005 Duke St. Learn inexpensive techniques to extend the harvest and even enjoy some of the crops in the dead of winter. Visit [mgmv.org](http://mgmv.org) or call 703-228-6414 for more.

## SATURDAY/SEPT. 2

**Celebrate Honeybee Day.** 10 a.m.-noon at Green Spring Gardens, 4603 Green Spring Road. Meet a beekeeper, see inside a beehive, learn a bee dance, do a bee scavenger hunt, learn how bees are important to the food supply and get tips on how to help honeybees. Call 703-642-5173 or visit [www.fairfaxcounty.gov/parks/greenspring](http://www.fairfaxcounty.gov/parks/greenspring) for more.

**Saturday Cinema at Carlyle.** 7:36 p.m. on John Carlyle Square, 300 John Carlyle St. Billy Crystal and Meg Ryan in "When Harry Met Sally." Free. Visit [www.AlexandriaVA.gov/CarlyleFun](http://www.AlexandriaVA.gov/CarlyleFun) for more.

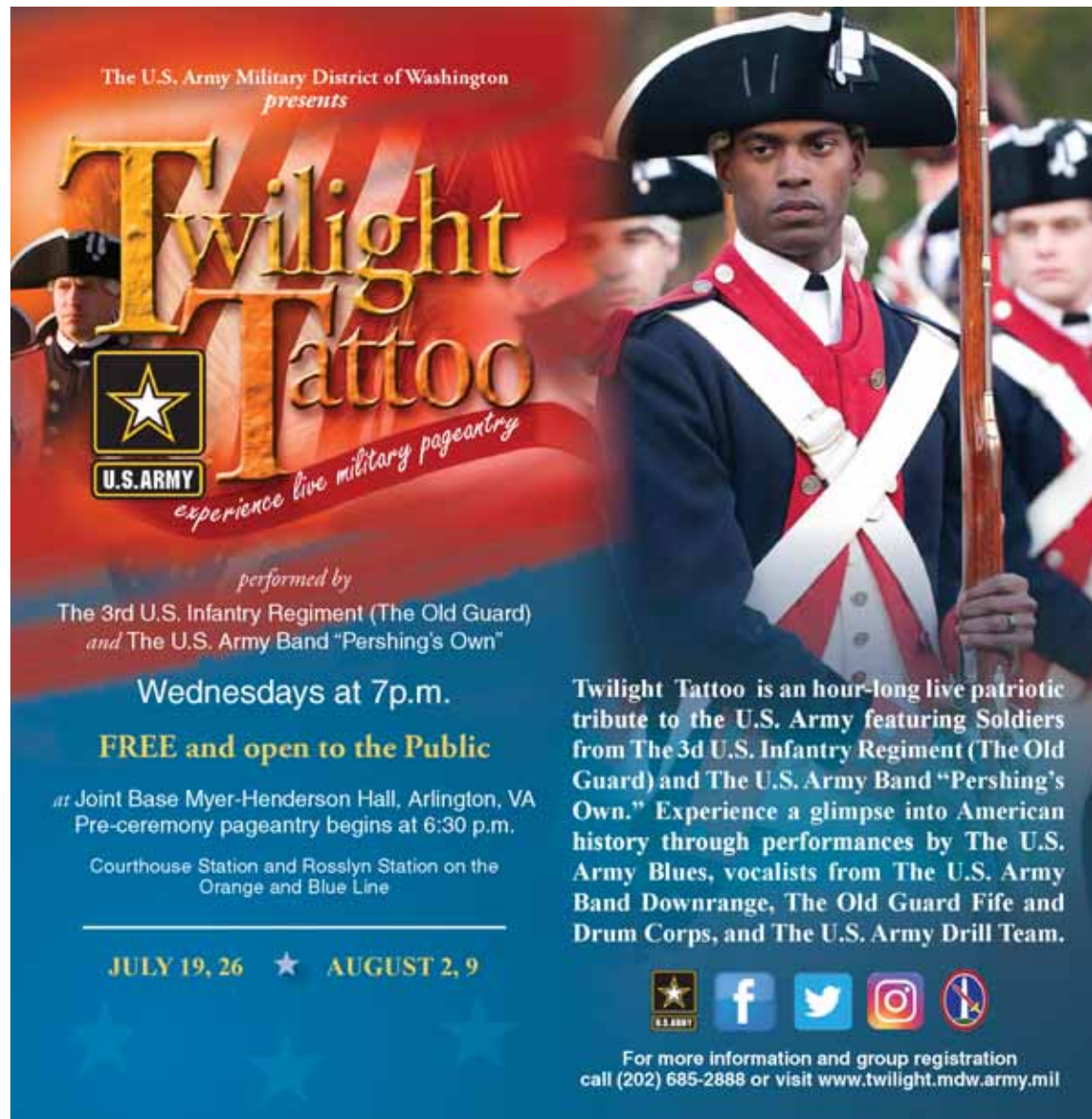
## National Night Out

The Alexandria Police Department and other City of Alexandria agencies will partner to celebrate the 34th Annual National Night Out on Tuesday, Aug. 1, 5 p.m.-10 p.m. The celebration is part of a nationwide crime and drug prevention effort sponsored by the National Association of Town Watch.

To heighten awareness of crime prevention, residents in more than 30 Alexandria neighborhoods will turn on their porch lights, host neighborhood cookouts and sponsor block parties. The Alexandria Police Department's K-9 Unit, Motor Unit, Bike Patrol, Command Bus, Armored Personnel Carrier, and Crime Scene Mobile Lab will tour neighborhoods and offer special demonstrations. Contact the Alexandria Police Department's Public Information Office at 703-746-6600.

## PARTICIPATING COMMUNITIES

1400 to 1600 blocks of Oakcrest Drive 6:30-9:30 p.m.  
413 E. Howell St. 5-9 p.m.  
500 block of E. Luray St. 6:30-10 p.m.  
ARHA Quaker Hill Apartments, Quaker Hill Community Center, 1100 Quaker Hill Dr. 5-8 p.m.  
ARHA Charles Houston Recreation Center, 901 Wythe St. (parking lot) 5-8 p.m.  
ARHA Ladrey Highrise, 300 Wythe St. 5-8 p.m.  
ARHA Princess Square, 1108 Cameron St. (rear parking lot) 5-8 p.m.  
Arlandria (The Conservatory at Four Mile Run), 4109 Mt. Vernon Ave. 5:30-8:30 p.m.  
Armistead Boothe Park, 520 Cameron Station Blvd. 5-7 p.m.  
Brent Place, 375 S. Reynolds St. 5-7 p.m.  
Canterbury Square, 5201 Duke St. 6-8:30 p.m.  
Clover-College Park Civic Association, 1000 block of Vassar Dr. 6-8 p.m.  
Del Ray Citizens Association, 2701 Commonwealth Ave. 5-7 p.m.  
Edsall Bluff Pool Deck, 6135 Edsall Rd. 6:30-10 p.m.  
Fairlington Towne Unit Owners Association, 2306 N. Dearing St. 6-8 p.m.  
Green House Condominiums, 5300 Holmes Run Pkwy. 6-7:30 p.m.  
Hermitage of Northern Virginia, 5000 Fairbanks Ave. 4-6 p.m.  
Hopkins-Tancil / ARHA, 322 Tancil Ct. 5-8 p.m.  
Hume Springs Citizens Association 100 Dale St. 6-8 p.m.  
Lennox Place at Sunnyside Courtyard Common Area 6-9 p.m.  
Lincolnia Hills (Moody Court) 6:30-8:30 p.m.  
Lloyd's Apartments, 800 Tennessee Ave. 5-8 p.m.  
Lynhaven Gateway Park, 3525 Wilson Ave. 6-8 p.m.  
North Ridge Citizens Association, 2601 Cameron Mills Rd. 5:30-8:30 p.m.  
Park Place Condos, 2500 N. Van Dorn St. 6-8 p.m.  
Place One Condominiums, 5500 Holmes Run Parkway 6-8:30 p.m.  
Seminary Civic Association, 1000 block of N. Quaker Ln. 5-7 p.m.  
Society Hill, 3806 Vermont Ct. & 3814 Usher Ct. 6-8 p.m.  
Stone Gate Foundation, 4659 Kinsey Ln. 6-8 p.m.  
The Exchange at Van Dorn, 4840 Eisenhower Avenue 6-8 p.m.  
Wakefield-Tarlington Association Holmes Run Parkway 6:30-9 p.m.



The U.S. Army Military District of Washington presents

# Twilight Tattoo

experience live military pageantry

performed by  
The 3rd U.S. Infantry Regiment (The Old Guard)  
and The U.S. Army Band "Pershing's Own"

Wednesdays at 7p.m.

**FREE and open to the Public**

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Courthouse Station and Rosslyn Station on the Orange and Blue Line

**JULY 19, 26 ★ AUGUST 2, 9**

Twilight Tattoo is an hour-long live patriotic tribute to the U.S. Army featuring Soldiers from The 3d U.S. Infantry Regiment (The Old Guard) and The U.S. Army Band "Pershing's Own." Experience a glimpse into American history through performances by The U.S. Army Blues, vocalists from The U.S. Army Band Downrange, The Old Guard Fife and Drum Corps, and The U.S. Army Drill Team.

For more information and group registration call (202) 685-2888 or visit [www.twilight.mdw.army.mil](http://www.twilight.mdw.army.mil)



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**TUESDAY, AUG. 1, 15, 22 & 29 AT 7:30 P.M.**  
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Washington, D.C.

All concerts are FREE and open to the public. For more information about additional concerts in your area, please check our online performance calendar.

[www.navyband.navy.mil](http://www.navyband.navy.mil)



## SPORTS

# Alexandria Rugby Wins Two Championships

Alexandria's co-ed touch rugby teams reached the championships in all aged leagues on Sunday, July 23. The Pre-K/Kinder-garten team played relentlessly to win the championship against Richmond despite being down a player for the entire game.

Alexandria Rugby had its best ever showing at the State Championships held on July 22 and June 23 at James S. Long Regional Park in Haymarket. Alexandria teams finished with two championships, and three other rankings.

"Every one of our players really showed their parents and coaches how tough and determined they are."

said Director of Alexandria Youth Rugby Owen Malone. "They never gave up and didn't want to let their teammates down. We are all very proud and optimistic about Alexandria Rugby's future."

There was a tackle tournament held on Saturday in which the teams earned 3<sup>rd</sup> and 5<sup>th</sup> place.

However, once the 1<sup>st</sup> and 2<sup>nd</sup> grade team played in the championship game, they lost to a Loudoun and Western Suburbs team, which is known for being one of the oldest and best teams in Northern Virginia.

In the final and most exciting match of the tournament, the 3<sup>rd</sup> and 4<sup>th</sup> grade team was down by 11 points against Vienna at the end of the third quarter. With eight sec-



Alexandria's co-ed touch rugby teams reached the championships in all aged leagues.

onds remaining in the game, Alexandria scored seven points to win the Championship Cup by a score of 36-33. The team finished with a perfect 5-0 record in the tournament.

Girls or boys interested in playing touch or tackle rugby can visit [www.alexandriarugby.org](http://www.alexandriarugby.org).

— MIRACLE PARISH

## New Coaches At Bishop Ireton

R. Owen Ranger has accepted the position as Head Coach of Bishop Ireton High School's Varsity Volleyball program. Ranger is a graduate of Pepperdine University and earned a Master's degree from George Washington University.

Ranger has been active in volleyball coaching at a variety of levels, both club and high school, four as a varsity head coach.

Jennifer Leslie has accepted the position as Head Coach of the Varsity Swimming Program at Bishop Ireton High School. Leslie is a graduate Bishop Ireton, class of 2000, where she was a varsity swimmer. She earned her undergraduate degree from Lynchburg College and a master's from Marymount University.

Leslie has been active in swim coaching at a variety of levels. She has served as a varsity assistant for Bishop Ireton and has coached in summer leagues throughout Northern Virginia.



Ranger



Leslie

Alexandria Aces Baseball



Celebrating 10 Seasons

2008 - 2017

[www.AlexandriaAces.org](http://www.AlexandriaAces.org)

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AND HOST FAMILIES FOR YOUR ENDLESS  
SUPPORT IN OUR 2017 SEASON!**

**We hope you will join us next summer  
for our 11th season!**



Alexandria  
Another **Gazette Packet** Community Partnership

**THE CONNECTION**  
Newspapers & Online

SPECIAL PULLOUT TAB

**Newcomers & Community Guide**  
**August 23, 2017**

The annual Newcomers and Community Guides for each of our 15 communities with inside facts on what makes each community special, their secret places, the real power players, how to get involved and more.

Including the history, schools, parks, libraries, local people, elected officials, county/city offices, how decisions are made, a calendar of events and other vital community information.

Due to the popularity and long shelf life of this issue, an overrun of the publication is made to meet demand. Extra copies are delivered to select Chambers of Commerce, Realtors, Citizens' Associations and local government.

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theschefers@cox.net

## Legals

### ABC LICENSE

OLD DOMINION BOAT CLUB trading  
as OLD DOMINION BOAT CLUB,  
0 PRINCE STREET,  
ALEXANDRIA, VIRGINIA 22314-3343.  
The above establishment is applying to the  
VIRGINIA DEPARTMENT OF ALCOHOLIC  
BEVERAGE CONTROL (ABC) for a WINE &  
BEER ON & OFF PREMISES license to sell or  
manufacture alcoholic beverages. HERBERT  
M BERG, BOG's. NOTE: Objections to the  
issuance of this license must be submitted to  
ABC no later than 30 days from the publishing  
date of the first of two required newspaper  
legal notices. Objections should be registered  
at [www.abc.virginia.gov](http://www.abc.virginia.gov) or 800-552-3200.

## Business Services



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## Legals

### NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING is hereby given that Alexandria  
Renew Enterprises (AlexRenew) will hold a PUBLIC HEARING on its  
PRELIMINARY BUDGET for the FISCAL YEAR ENDING SEPTEMBER 30,  
2018 on Tuesday, September 19th, 2017 at 6:00 p.m. The meeting will  
be held at AlexRenew's Environmental Center Building located at 1800  
Limerick Street, Alexandria, VA. The preliminary budget is available for  
examination by the public online at [www.alexrenew.com](http://www.alexrenew.com) and during regular  
business hours at the above address. Copies will be made available upon  
request - phone (703) 549-3381 ext. 2260. July 27th and September 7th.  
Alexandria Renew Enterprises  
BY: William Dickinson  
Secretary - Treasurer

## Announcements

## Announcements

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## Computers

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## Legals

## For Sale

### Home for Sale in Colonial Beach VA

4 Bedroom /2 Bath home on large  
lot with 2 car garage. \$245,000.00  
Email [jsanford\\_hwson@yahoo.com](mailto:jsanford_hwson@yahoo.com)  
Call Bob 703-690-6969

## Announcements

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or text 919 374 0437

## Legals

### ABC LICENSE

Fikir Cafe trading as Fikir Cafe,  
3815 S George Mason Dr. Ste C,  
Falls Church, VA 22041-3763.  
The above establishment is applying to the  
VIRGINIA DEPARTMENT OF ALCOHOLIC  
BEVERAGE CONTROL (ABC) for a Wine and  
Beer On Premises / Mixed Beverage  
Restaurant license to sell or manufacture  
alcoholic beverages. Konjit Abebe, Owner.  
NOTE: Objections to the issuance of this  
license must be submitted to ABC no later  
than 30 days from the publishing date of the  
first of two required newspaper legal notices.  
Objections should be registered at  
[www.abc.virginia.gov](http://www.abc.virginia.gov) or 800-552-3200.

## Business Services

\$190 for 4 hrs. of handyman work  
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## Legals

## Legals



### ALEXANDRIA CITY PUBLIC SCHOOLS REQUEST FOR INFORMATION NUMBER 170705

The Alexandria City School Board dba Alexandria City Public Schools is seek-  
ing RFP's from qualified bidders for **Violent Encounter Response Training**.  
To provide options-based violent encounter response training for the K-12  
education environment that meets the criteria.

**Sealed electronic proposals** shall be received in **ACPS' Vendor Self-Ser-  
vice System on or before 3:00 p.m.** August 2, 2017. The time of receipt  
shall be determined by the system time stamp in the Vendor Self-Service  
System. Mailed paper bids shall not be accepted.

**Offerors submitting bids in the Vendor Self-Service System should  
also send (1) one original response on a USB flash-drive labeled as  
RFP NO.170705.** To the Procurement Office, 1340 Braddock Place, Suite  
620, Alexandria, Virginia 22314. The time of receipt for the mailed or hand-de-  
livered USB shall be determined by the time clock stamp in the Procurement  
Office.

RFP's documents may be obtained at the above Procurement Office or by  
calling 703-619-8140, or by downloading the RFP from the ACPS website at  
<https://www.acps.k12.va.us/purchasing>. **Registration on the Vendor  
Self Service system at <https://acps.munisselfservice.com/> is required.**

Information submitted may not be withdrawn. However, ACPS reserves the  
right to cancel this RFP.

Francine Morris  
Senior Buyer

## Announcements

## Announcements

### LEGAL ADVERTISEMENT

The Board of Equalization and Assessment Review for the City of Alexandria  
will convene on the days hereafter listed for the purpose of hearing com-  
plaints of inequalities wherein the property owners allege a lack of uniformity  
in assessment, or errors in acreage in such real estate assessments. Upon  
hearing such complaints the Board will give consideration AND INCREASE,  
DECREASE OR AFFIRM such real estate assessments.

All meetings will be held at 301 King Street, City Hall Room 3008, Alexan-  
dria, VA. The dates and times are:

### Hearing Dates

Date	Day	Time
August 14, 2017	Mon	4pm-7pm
August 15, 2017	Tue	9:00am-12noon
August 16, 2017	Wed	4pm-7pm
August 21, 2017	Mon	4pm-7pm
August 22, 2017	Tue	9:00am-12noon
August 23, 2017	Wed	4pm-7pm
August 28, 2017	Mon	4pm-7pm
August 29, 2017	Tue	9:00am-12noon
August 30, 2017	Wed	4pm-7pm
September 11, 2017	Mon	4pm-7pm
September 12, 2017	Tue	9:00am-12noon
September 13, 2017	Wed	4pm-7pm
September 18, 2017	Mon	4pm-7pm
September 19, 2017	Tue	9:00am-12noon
September 20, 2017	Wed	4pm-7pm
September 25, 2017	Mon	4pm-7pm
September 26, 2017	Tue	9:00am-12noon
September 27, 2017	Wed	4pm-7pm
October 2, 2017	Mon	4pm-7pm
October 3, 2017	Tue	9:00am-12noon
October 4, 2017	Wed	4pm-7pm
October 9, 2017	Mon	4pm-7pm
October 10, 2017	Tue	9:00am-12noon
October 11, 2017	Wed	4pm-7pm
October 16, 2017	Mon	4pm-7pm
October 17, 2017	Tue	9:00am-12noon
October 18, 2017	Wed	4pm-7pm
October 23, 2017	Mon	4pm-7pm
October 24, 2017	Tue	9:00am-12noon
October 25, 2017	Wed	4pm-7pm
October 30, 2017	Mon	4pm-7pm
November 1, 2017	Wed	4pm-7pm
November 16, 2017	Mon	4pm-7pm
November 17, 2017	Tue	9:00am-12noon
November 18, 2017	Wed	4pm-7pm
November 13, 2017	Mon	4pm-7pm
November 14, 2017	Tue	9:00am-12noon
November 15, 2017	Wed	4pm-7pm

Dockets for each hearing may be obtained by contacting the Department of  
Real Estate Assessments, 301 King Street, City Hall Room 2600, Alexandria,  
VA between 8:00 am and 5:00 pm, Monday through Friday in person or by  
calling 703.746.4180.

The deadline for filing an appeal was June 1, 2017, however this appeal  
deadline is not applicable to appeals of assessments for real estate that was  
newly constructed pursuant to Virginia Code 59.1-3292.

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## Taking Care Of Business



By KENNETH B. LOURIE

The cats. The car. The dentist. The pancreatic enzymes. It was a week that typically isn't. As often as my credit card was swiped these past few days, I'm amazed its magnetic strip is still magnetized. To quote my deceased mother, Celia: "It's enough already."

Oh well, what's done is done, though it definitely needed doing. And aside from the fact that I didn't have the actual money, fortunately I had the available credit, which I was grateful to have had. I mean, how long can you put off necessary evils/expenditures before they rear their ugly consequences? And though money doesn't grow on trees (linen actually), credit seems to, and so the to-do list now has some cross-outs/"has-dones" finally.

Now the anxiety about neglecting the "to-dos" is replaced by the worry about the cost/need-to-pay the "having-dones." Nevertheless, the cats have had their vaccinations shot current.

The car now has a passenger window that goes down – and back up, a check-engine light that no longer illuminates, a blower that will now provide heat in the winter and a defogger when needed, and as it turns out a bit of unexpected air conditioning.

The dentist has referred me to an oral surgeon (since the teeth were both "unrestorable"/not root canal candidates) who will extract two teeth from my mouth and hundreds more from my bank account/probably credit card – again, but no doubt get me back on a course of dental correction.

The pancreatic enzymes, the most expensive bottle of pills I buy (I consume upwards of 55 pills per day) is an expense I incur every three months and does something to help my immune system keep the lung cancer in-check, a priority if there ever was one.

Paying to keep on playing (so to speak), by maintaining this kind of normalcy enhances the feeling that life is indeed still being played. And not that my attitude/philosophy in such responsibilities is totally affected by yours truly having been diagnosed with a "terminal" form of cancer: non-small cell lung cancer, stage IV, to be specific, but as the old punchline says: "It doesn't hurt." And avoiding hurt is definitely part of the fighting-cancer strategy; along with avoiding stress, eating healthy, exercising and boosting one's immune system.

I guess what I'm realizing that I have two lives, sort of, the usual and customary life: work, play, day-to-day stuff and the cancer life: lab work, chemotherapy, scans, oncologist, pills, lifestyle changes, etc. On some days, they are parallel. On other days, they intersect. And though they may be separate, they are inter-related. What benefits one is likely to positively affect the other.

Additionally, a negative in one life will likewise have an adverse consequence in the other. However, the requirements to maintain their respective lives is different. Yet balance/co-existence must be maintained in order for one to remain "together."

Two separate halves will not make for a responsible whole, but rather lead to an emotional one. And if there's one attribute that a cancer patient/survivor must have, it is emotional wherewithal. Failure to do so in one's cancer life will likely spill over into the non-cancer life (and vice-versa) and cause a kind of an adult version of failure to thrive.

Cancer might win the battle in the end but you can't let it win the battle in the interim. Fulfilling your every-day responsibilities helps give that life the kind of accomplishment that aids and abets in your fight against your cancer life. Moreover, handling your cancer life gives you the confidence and optimism to live your non-cancer life.

Granted, the two lives might not exactly be the best of friends, but they must be partners of a sort. The sort that is independent, appreciative, respectful and considerate.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

## BUSINESS DIRECTORY

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An expert is someone who knows some of the worst mistakes that can be made in his subject and how to avoid them. <b>-Werner Heisenberg</b>		<b>Find us on Facebook and become a fan!</b> <b>www.Facebook.com/connectionnewspapers</b> <b>THE CONNECTION</b> Newspapers & Online The Connection to Your Community <b>www.connectionnewspapers.com</b>	

## News

### Police Arrest Man After 'Road Rage' Shooting

Ernest Stickell, 58, Mechanicsville, Md., has been charged with malicious wounding and use of a firearm in the commission of a felony related to a July 19 "road rage" incident on the Eisenhower Connector near the 495 off-ramp.

At approximately 7:56 a.m., Alexandria Police officers were dispatched to a shooting. The initial investigation has shown that a "road rage" incident occurred between the occupants of two vehicles. The driver of one vehicle shot at the occupants of a second vehicle. Officers located an injured female, 33, of Bladensburg, Md., at the scene suffering from gunshot wounds to the upper body. She was transported to an area hospital and remains in stable condition. The second occupant of the victim vehicle was an adult male who was not injured.

Stickell was taken into custody by the Maryland State Police.

Anyone with information about this incident is asked to contact Detective Ryan Clinch at 703-746-6673.

### CRIME REPORT

The following incidents were reported by the Alexandria Police Department.

#### JULY 24

The Alexandria Police Department is investigating a weapons violation "shots fired" incident in the 200 block of S. Reynolds Street. Multiple shots were fired and there are no reported injuries.

#### JULY 23

The Alexandria Police Department is investigating a weapons violation "shots fired" incident in the 200 block of S. Whiting Street. Multiple shots fired and there are no reported injuries.

#### JULY 16

The Alexandria Police Department is investigating a robbery in the 800 block of W Glebe Road. A woman robbed by several suspects known to her. There were no serious injuries.

The Alexandria Police Department is investigating a commercial robbery in the 3900 block of Mt. Vernon Avenue. A suspect brandished a knife and demanded cash at a convenience store. There were no injuries.

### BULLETIN BOARD

Submit civic/community announcements at [ConnectionNewspapers.com/Calendar](http://ConnectionNewspapers.com/Calendar). Deadline is Thursday at noon, at least two weeks before event.

#### SATURDAY/JULY 29

**Boating Safety: VHF Radio.** 9:30 am - Noon. at the Alexandria West Marine Store, 601 S. Patrick St. Learn about boating safety at free seminars on the last Saturday of the month, July through October. Classes will be taught by the Northern Virginia Sail and Power Squadron. Books about the topic each session will be available for purchase. Visit [www.nvpsps.org](http://www.nvpsps.org) for schedule.

#### MONDAY/JULY 31

**Business Nomination Deadline.** The Alexandria Chamber of Commerce annually honors businesses for their significant role in driving Alexandria's business community and economic growth. Visit [www.alexchamber.com/uploads/2/8/6/0/28600525/2017\\_business\\_awards\\_application\\_6.1.2017.pdf](http://www.alexchamber.com/uploads/2/8/6/0/28600525/2017_business_awards_application_6.1.2017.pdf).  
**Alexandria Amplify Application Deadline.** The Alexandria Small Business Development Center invites business to apply to be a part of its newest program for growth-stage businesses. Visit [alexandriasbdc.org/workshops-events/alexandria-amplify/](http://alexandriasbdc.org/workshops-events/alexandria-amplify/).



7

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## Alexandria \$1,599,000

Premier location! Wrap-around porch on this seamlessly expanded classic! 6 bedrooms, 5.5 baths, 2-car garage all on .53 acres and separate guest house – nothing like it! Just 4 miles to Old Town and includes river access. 7917 East Boulevard Drive  
**Janet Caterson Price 703.960.5858**  
[www.JanetPriceHomes.com](http://www.JanetPriceHomes.com)

OPEN SUN 7/30, 2-4



## Old Town \$1,050,000

Meticulously maintained circa 1830 home. Original hardwood floors, 3 gas fireplaces, family room addition leading to a private garden oasis, abundant storage, upper level laundry, 9-ft and vaulted ceilings make this one you don't want to miss! 316 S Lee St.  
**Lauren Bishop 202.361.5079**  
[www.LaurenBishopHomes.com](http://www.LaurenBishopHomes.com)



## Rivergate \$1,789,000

Gigantic price reduction is your opportunity! This gorgeous waterfront townhouse is a one of a kind! 3-bedroom, 3.5-bath, professionally decorated end unit. Kitchen with top-of-the-line appliances, elegant and sophisticated décor. Luxurious master suite.  
**Rochelle Gray 703.328.1686**  
[www.RochelleGray.com](http://www.RochelleGray.com)



## Fords Landing \$1,350,000

Owner spared no expense on a spectacular renovation! Open floor plan with stunning kitchen (walks out to deck). Master bedroom suite with 2-sided gas fireplace, granite bath and custom closets. Lower level exercise room with sauna + 2-car garage.  
**Chris Hayes 703.944.7737**  
**Gordon Wood 703.447.6138**



## Belle Rive \$815,000

Located on over one-half acre of George Washington's original property. Expansive main level, perfect for entertaining! Upper level boasts huge master suite, office and two bedrooms connected by secret door. Professionally landscaped. Generator.  
**Vicki Binkley 703.994.0778**  
[www.VickiBinkley.com](http://www.VickiBinkley.com)



## Bucknell Manor \$495,000

Expanded & updated 3-bedroom Cape with garage. Kitchen with granite opens to family room addition. Updated first floor bath. New HVAC system! Hardwood floors on the main floor & under carpet upstairs. 2 bedrooms, an office & full bath highlight upper level.  
**Chris Hayes 703.944.7737**  
**Gordon Wood 703.447.6138**



## Woodland Park \$679,900

Captivating custom-built gem. Open plan. Gourmet kitchen, Wolfe appliances, honed granite, Italian tile, 9-foot exposed wood and beam ceilings; hardwood floors. Gorgeous Bluestone patio leads to over-sized barn-style garage with second story.  
**Joan Shannon 703.507.8655**  
[www.joanhome.com](http://www.joanhome.com)



## Belle Haven \$1,399,000

Stately and Comfortable Update! In Belle Haven this 5-7 bedrooms home is stylishly updated throughout. Located on a cul-de-sac this gracious home has a fantastic walk-out lower level, 5.5 baths, screened porch and lush landscaping! 6210 Randall Court  
**Janet Caterson Price 703.960.5858**  
[www.JanetPriceHomes.com](http://www.JanetPriceHomes.com)

OPEN SUN 7/30, 2-4



## Del Ray \$624,900

3-bedroom, 2-bath duplex in sought-after Del Ray. Three levels of living in classic duplex with main level living room, dining room and expanded kitchen, finished lower level with rec room and full bath, 3 upper level bedrooms, private rear yard. Walk to Metro and "The Avenue." 109 Adams Avenue

**Jen Walker 703.675.1566**  
[www.JenWalker.com](http://www.JenWalker.com)



## Old Town \$849,000

HUGE \$50k Price Reduction & New Updates! Stunning semi-detached townhouse. Great value for this much space, condition, location, and outdoor living space. Beautiful woodwork, fabulous updates, tall ceilings, tall windows on 3 sides. Parking out back gate. Just 3.5 blocks to waterfront. Minutes into DC.

**Delaine Campbell 703.299.0030**  
[www.DelaineSells.com](http://www.DelaineSells.com)

OPEN SUN 7/30, 2-4



## Alexandria \$459,900

3 level townhouse features 3 bedrooms, 3.5 baths. Updated kitchen with granite and island, open main level living with lots of natural light. 3 spacious bedrooms on upper level, finished lower level with fireplace in rec room. Private yard and deck. Easy commute to DC, Old Town, & Ft. Belvoir. 5717 Ridge View Drive

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OPEN SUN 7/30, 2-4



## Old Town \$924,900

Beautifully renovated 2-bedroom 2.5-bath, circa 1820, end-unit brick home. Two off-street parking spaces! Antique floors and 2 fireplaces, including an exposed brick fireplace in the gourmet kitchen. A family room off the kitchen leads to private patio. Sitting room with a Juliet balcony is off the master bedroom. 1210 Prince Street

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