

# Potomac

## ALMANAC

### HomeLifeStyle

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To Kentucky  
Extreme  
Mustang  
Makeover

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# Cool Summer Fun

Clara Neal, Bethany Cheng,  
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PHOTO BY DEBORAH STEVENS/THE ALMANAC

AUGUST 9-15, 2017

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**Cool Summer Fun** Summer activities include Ice Hockey Camp at the Cabin John Ice Skating Rink.

PHOTOS BY  
DEBORAH STEVENS  
THE ALMANAC



Jessica Chai and Nina Sebastien



Freestyle skaters take to the rink.

## From Potomac to Kentucky Extreme Mustang Makeover

**Ariana Sakaris talks about goals and dreams.**

BY PEGGY McEWAN  
THE ALMANAC

**F**ormer Potomac resident Ariana Sakaris and her horse Wild Heart won Reserve Champion at the Kentucky Extreme Mustang Makeover July 6-8 in Lexington, Ky.

It was a dream come true for Sakaris who said she had wanted to do a Mustang Makeover for a number of years and finally did it. And it was no easy task.

"There really is no other competition like it," she said. "It really tests how you can communicate [with the horse]."

Sakaris, 29, started riding when she was five, her mother was her first instructor. After her family moved to Potomac she rode at Potomac Glen Riding School.

After a few falls, she said, she decided she wanted to learn how to work with horses,



**Ariana Sakaris and her Mustang Wild Heart with an inspirational plaque given to them by a friend.**

PHOTO BY  
JAMES SAKARIS

how to get them to do what you want them to do.

"You can't force a thousand pounds," she said. "Horses are extremely sensitive animals, their sensitivity is linked to survival."

She graduated from Wootton High School and went to Penn State where she majored in bio-behaviors. Though she now lives in Lexington, "my base is always at home in Potomac," she said.

The Kentucky Extreme Mustang Makeover consisted of three phases, Sakaris said.

"In phase one you are on the ground with the horse, putting it in a trailer, brushing it, walking with it," she said. "The judges are looking for any hesitation, is the horse relaxed, obedient? Phase two is an obstacle course. There the judges are looking to see if the horse is willing and trusting you. Phase three is a riding pattern. It shows that you and the horse are comfortable in the saddle."

After the initial competition the top 10 riders and their horses do another ride, this time with a music and a theme. Sakaris chose "Beauty and the Beast" because, she said, at the beginning of the story it says 'at the beginning we were barely even friends, then one bends,' I [bent]."

Mustangs are wild horses, descended originally from horses brought to this continent by the Spanish. Today, about 30,000 Mustangs roam free in 11 western U.S. states.

SEE WORKING, PAGE 5



# WSSC Considers Rate Structure Changes

**Its Aug. 3 meeting helped prioritize policy considerations.**

BY GIL JACOBSON  
THE ALMANAC

**A**fter 25 years, the Washington Suburban Sanitary Commission (WSSC) is considering changing its rate structures. This entails a more-than-one-year review process on WSSC's part that has been going on since June of 2016, WSSC Chief Financial Officer Joseph Beach said at a June 30 meeting on the matter.

WSSC is in the middle of holding multiple workshops to consider alternative rate structures for Fiscal Year 2019, according to WSSC Deputy General Manager for Administration Thomas J. Street. WSSC plans to send their rate structure recommendations to the Montgomery and Prince George's County Councils by the end of September with a goal of determining the finalized rate structures by June of next year, he added.

"WSSC is what we call a 16-tier ... rate structure," Beach said. "We have a separate structure for water rates and a separate structure for sewer rates. And the tiers and the rates increase based on increased consumption."

The lowest tier is based upon 0-49 gallons of average daily water consumption while the 16th tier is based upon at least 9000 gallons, Beach said. The current rate structure is designed to encourage water conservation, he added.

WSSC takes into account numerous policy considerations when determining rate structures including the rate based on cost of service, according to Beach. This includes customer service costs and the earnings received from customers, he added.

"Then you want to consider other policy such as conservation, affordability for customers, the impact on fixed-income and low-income customers, the ease of understanding, the ability to implement [and] possibly more," Beach said.

Beach described the June 30 meeting as a "Rate 101" for WSSC commissioners. This meeting provided the commissioners with information for future discussions on rate

structures, what policies they would consider and the effect of rate structures on how much customers pay, he said.

"It was clear that the commissioners are concerned about affordability, conservation, and other policies," Beach said.

WSSC convened its next meeting on rate structures on Thursday, Aug. 3. WSSC Chair Thomasina V. Rogers said that meeting was held to look beyond cost-of-service analogies and methodologies in deciding on rate structures and for commissioners to decide which policy considerations were of most significance to them in establishing these structures.

"What we expect to get out of this meeting today is a discussion and yes, education, if you will, of the policy issues that are consistent with the vision and values of the WSSC and how to achieve them," Rogers said at Thursday's meeting. "Chief among them are affordability and conservation."

Raftelis Financial Consultants' Chris Woodcock, Bill Stannard and Harold Smith presented information to the commissioners on pricing policy considerations. Rogers commented that WSSC would like information about how other areas of the country are tackling this

issue.

The team from Raftelis Financial Consultants then presented information about affordability more specifically. WSSC Director of Customer Service Crystal Knight-Lee discussed the importance of examining affordability in the long-term context. Black & Veatch's Ann Bui added that her company had determined that cost of service had taken priority over affordability in previous studies on rate structures.

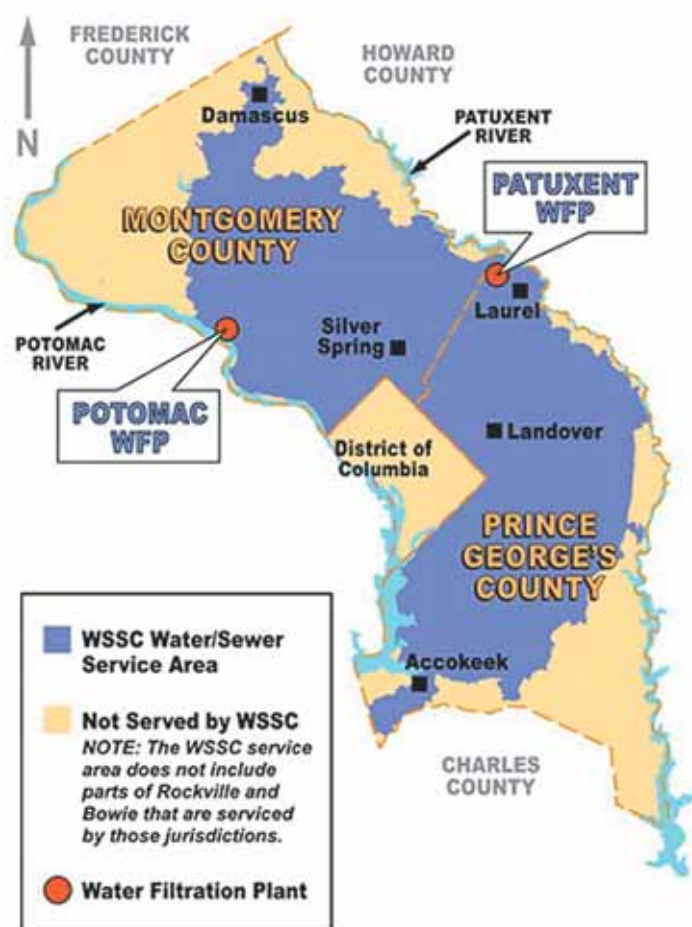
"We talk a lot about affordability,

but truly what kind of percentage are we talking about?" Bui asked. "Not to say that it's not important, but again, are we now going to expend a tremendous amount of time and resources to address six people's

**"We talk a lot about affordability, but truly what kind of percentage are we talking about? Not to say that it's not important, but again, are we now going to expend a tremendous amount of time and resources to address six people's concerns because they're very vocal or something?"**

— Ann Bui, Black & Veatch

**WSSC Water/Sewer Service Area**



**WSSC, whose service area is pictured here, is considering modifying its existing rate structures, which have been in place for 25 years.**

concerns because they're very vocal or something?"

Afterwards, Lee presented information on WSSC's affordability programs. WSSC Commissioner Howard Denis raised his concern that while helping those with less money is important, it is also important to have a readily available water supply, especially given the effects of climate change. Woodcock acknowledged Denis' point, recalling the 1960s drought and the Boston area's response given it has had a large water authority.

"They ended up starting putting in conservation rates in the '70s," Woodcock said. "Boston had put in this 10-step increasing block rate and consumption [started] to go down ... The supplies from the Water Resources Authority in the '70s was up to 300 million gallons a day; now it's down to around 200 million gallons a day because everybody has put these in."

No one in the audience had comments to

offer and, after a recess, Jay Sakai of 4 Tenets Consulting discussed Maryland conservation law and policy. Denis asked about whether incentivizing is essential to achieving good water quality and conservation.

"There's a lot of evidence that pricing and water usage are linked," Sakai said. "The reality is, in WSSC's own case, they implemented a rate structure that was designed to promote conservation and they got conservation."

Bui concluded by presenting information on cost basis. Black & Veatch aims to connect the cost with those who create the cost burden and allow for adequate recovery among different customer groups, Bui said.

"People ask 'Why do a cost of service? Why do we care?'" Bui said. "You can't determine then unless you do a study of that nature to make sure that the level of service that you are providing to your different customer classes, you're actually recovering the appropriate money back from these classes to pay for that level of service, and that provides a benchmark."

The six WSSC commissioners then ranked the different policies in terms of which were most important to them. Smith announced that the top three policy considerations in the order of which received the most votes were revenue stability, conservation/demand management and rate stability, the following three were affordability, ease of understanding and ease of implementation, and the bottom two were minimize customer impacts and cost-based rates. This order will determine which policy considerations are most important when the staff return with alternative rate structure proposals, according to Street.

Smith added that all of the policy considerations were deemed important by the commissioners in their rankings, but the rankings just provide an order of which they deem to be the most important. Stannard said consultants as well as WSSC finance staff and commissioners will also assess current WSSC rate structures based on the rankings.

**"The reality is, in WSSC's own case, they implemented a rate structure that was designed to promote conservation and they got conservation."**

— Jay Sakai, 4 Tenets Consulting





**Ariana Sakaris and her Mustang Wild Heart.**

PHOTO BY  
MATT DIXON

## Working with Horses

FROM PAGE 3

According to the Oklahoma State University website, the name mustang comes from the Spanish word “mesteno” or “monstenco” meaning wild or stray.

For the Makeover, Sakaris had just 100 days to work with the horse she was randomly assigned and had never seen before.

“You don’t have any say over the horse you get,” she said. Sakaris said she hoped to get a gray mare and was delightfully surprised when she opened her assignment folder and read “five year old gray mare.”

“I named her Wild Heart, she was so explosive,” Sakaris said. “The name reflected who she was, a wild horse.”

Sakaris said she has spent hours and hours with horses trying to understand them and said the lessons she learned from horses can be applied to people.

She now uses her experience to teach clinics to riders and trainers who want to improve their relationship with horses and works as a motivational speaker.

“I talk to people about goals and dreams,” she said. “Everybody hits a spot where they want to give up.”

### SCHOOL NOTES

Email announcements to [almanac@connectionnewspapers.com](mailto:almanac@connectionnewspapers.com). Deadline is Thursday at noon. Photos are welcome.

**Carly Frances Soistman**, of Potomac, made the spring 2017 dean’s list for the University of Alabama.

**Shannon L. Sweeney**, of Potomac, has been named to the University of Alabama’s president’s list for the spring of 2017.

**Riley Siever Boegel**, of Rockville, has been named to the University of Alabama’s president’s list for the spring of 2017.

The following area students have made the dean’s list at Colby College (Waterville, Maine) for the spring of 2017: **Caroline M. Dove, Alicia M. Elliott, Elizabeth Mabel Holland, Bronya E. Lechtman, and Emily M. Martin.**

The following area students have made Boston University’s dean’s list for spring 2017: **Madeline L. Ahern, Alexander J. Ascher, Anna D. Fasolyak, Justine H. Kim, Hannah R. Markowitz, Kembo K. Matungulu, Allison S. Nadler, and Skylar Ungerman.**

**Carolyn Bass**, of Potomac, has been named to the dean’s list at the University of New Hampshire for earning high honors for the spring 2017 semester. Bass is majoring in Animal Science.

**Lydia McInerney**, of Bethesda, made dean’s list at Marist College (Poughkeepsie, N.Y.) for the spring 2017 semester. She is a member of the class of 2020 and is majoring in communication.

**Benjamin McAbee**, of Bethesda, recently received a Master of Business Administration degree in management from Frostburg State University (Frostburg, Md.).

**We didn’t inherit the earth from our parents. We’re borrowing it from our children.**

—Chief Seattle  
(1788-1866)  
Suquamish/  
Duwamish chief

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# OPINION

## An Open Letter to Readers and More

Buy an ad in our annual Newcomers and Community Guide.

Last year, when I wrote an editorial similar to this one, there was some controversy about it inside Connection Newspapers which includes the Potomac Almanac. But many community organizations, civic organizations, businesses and elected officials responded positively, and it made a difference.

I have a special favor to ask, once again:

Buy an ad in our Newcomers and Community Guide.

To put on my publisher's hat (not my editor's hat) for a minute, if you have a marketing budget, and you value coverage of local newspapers (not just ours), why wouldn't you spend a portion of that budget (any portion) supporting that platform?

Show your support for our organization which continues to be here to support the forces of good in our communities.

Our annual Newcomers and Community Guide is a pullout section that will appear in the Aug. 23, 2017 edition of all 15 Connection Newspapers, published by Local Media Connection. Deadline is Aug. 16.

We are creating a quality special issue, and

we need your help. Whether you invest in a small ad in a single paper (super affordable), or a full page in all 15 of our papers (super value), we appreciate your help this month.

For the same reasons that organizations, businesses and campaigns know they want local newspaper coverage, newspaper advertising is an effective way to reach voters, residents, clients. Connection Newspapers reach more than 200,000 readers, in print and online, including remarkable demographics. Our readers include local and national decision makers in the public and private sector.

According to an independent study cited by the National Newspaper Association: 86 percent of voters who cast ballots in the election four years ago read newspapers in print or online; 79 percent of voters ages 18 to 34 read newspapers in print or online; 91 percent of voters who contribute to campaigns read newspapers in print or online.

The deadline for the Newcomers and Community Guide is Aug. 16. Digital enhancements and support are available. For more information, email [sales@connectionnewspapers.com](mailto:sales@connectionnewspapers.com) or call 703-778-9431. See [www.connectionnewspapers.com/advertising](http://www.connectionnewspapers.com/advertising)

## Share Community Tips

We need help from readers with ideas for our annual Newcomers and Community Guide.

We're hoping to share special places, activities, events, organizations and volunteer opportunities. What should someone new to your neighborhood know about? Events that should not be missed? Organizations that do a great job? Places to volunteer? A great place to see the sunset? We'd love to have your photos to go along with your suggestions.

We will publish a selection of local tips along with a plethora of information useful to newcomers and long-time residents alike, including our award-winning Guide to the Parks, information on how to vote and more.

See last year's community guides by going to [www.connectionnewspapers.com/PDFs/](http://www.connectionnewspapers.com/PDFs/) and scrolling down to Newcomers.

Email tips and photos to [almanac@connectionnewspapers.com](mailto:almanac@connectionnewspapers.com) or send as a letter to the editor via the website at [www.connectionnewspapers.com/contact/letter/](http://www.connectionnewspapers.com/contact/letter/) by Wednesday, Aug. 17.

— MARY KIMM

[MKIMM@CONNECTIONNEWSPAPERS.COM](mailto:MKIMM@CONNECTIONNEWSPAPERS.COM)

## Raising Awareness of Need for Tree Research

### Canadian tree expert stops at Potomac Library disguised as Professor Elwood Pricklethorn.

BY MARGARET MCEWAN  
THE ALMANAC

Potomac Library patrons were treated to a presentation on the importance of trees to the environment by Professor Elwood Pricklethorn on Wednesday, Aug. 2.

The interactive program by the Professor, a Canadian arborist also known as Warren Hoselton, was part of a weeklong series of events throughout the region in collaboration with the International Society of Arboriculture (ISA) Annual International Conference at the Gaylord National Resort and Convention Center in National Harbor.

Pricklethorn engaged his audience in a program about trees and how they help the world, said Tina Rawhouser, library manager.

"It seemed like a lot of fun," she said. "[The kids] were very actively participating, talking back and forth."

Pricklethorn, a veteran cyclist and fundraiser for tree research, considers trees "one of our most overlooked resource," according to a press release. He is especially interested in urban tree care and helps his audience see "beyond the bark," in understanding how trees grow and how they help our environment. At



Canadian arborist Warren Hoselton as Professor Elwood Pricklethorn explains the value of trees to the environment.

the library program he taught children how and where to plant trees for a long life and how to care for the trees around them.

At the end of his 45-minute presentation each child received a book about trees, courtesy of The Davy Tree Expert Company and the TREE Fund.

Professor Pricklethorn also presented the library with three copies of "I Can Name 50 Trees Today!" by Bonnie Worth, a Cat in the Hat book.

Earlier, the Potomac Library hosted more than 70 cyclists and their support team, the STIHL Tour de Trees, for a pit stop. The group was cycling in the D.C. area to raise awareness of the need for tree research and to raise funds for the Tree Research and Education



A book presentation by TREE Fund President and CEO J. Eric Smith to library branch manager Tina Rawhouser.

Endowment Fund. The Tour, now in its 25<sup>th</sup> year, is TREE Fund's primary outreach and fundraising event with a 2017 fundraising goal of \$310,000. The Aug. 2 ride went from Bethesda to Leesburg, Va. before heading back to the Gaylord National Resort and Convention Center, covering almost 100 miles with each cyclist riding for pledges to support the campaign.

Rawhouser said the Tour contacted her to see if they could use the library as a stop and present the talk by Professor Pricklethorn.

"The riders arrived between 9:30 and 10 and were gone by noon," she said. "I was glad the library could host the event."

Montgomery County Public Libraries and Friends of the Library Potomac Chapter provided snacks and drinks for the riders.

## POTOMAC ALMANAC

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# NEWS



PHOTOS BY CAROLE DELL

**Journey getting ready for a big sloppy kiss, or maybe just begging for another cookie.**



**Lucy and Journey stop to take a look and give a nod to the group who stepped up to rescue them from a high-kill shelter and changed their lives. Next step: that forever home they need.**



## Citi Dogs Connecting pets with tennis tournament crowds.

BY CAROLE DELL  
THE ALMANAC

**V**olunteers for PetConnect Rescue, a Potomac-based volunteer dog and cat rescue organization, are a familiar sight at Family Day, an outing for families and children on the opening day of the Citi Open Tennis Tournament. This annual event takes place at the Rock Creek Park Tennis Center during the qualifying matches for players trying to win a spot in the main

draw of the Citi tournament. The day features tennis clinics and special events for children to learn about and enjoy the game of tennis.

Some of PetConnect's most adoptable dogs attracted a constant crowd of families who stopped by the table under the trees. There, children and grownups interacted with the dogs and a few signed up to volunteer or foster a pet in need.

PetConnect Rescue has been saving cats and dogs from high-kill shelters for 10 years.

They place more than 750 pets a year in safe and loving homes.

The dogs at Citi Open, which ended last Sunday, are a highlight feature during that opening round of tennis matches. Look for them next year when the tournament will celebrate its 50th anniversary.

Those interested in volunteering, fostering or donating to help save a pet may visit [www.petconnectrescue.org](http://www.petconnectrescue.org).

*Carole Dell is a board member of PetConnect Rescue.*



**Watching over the Citi dogs as well as everyone else during Family Day and the week-long tournament, U.S. Park Police Officer Robert Berretta and his partner, Shiloh, a 7-year-old German shepherd, pause for a picture during their rounds.**



**LINK Strategic Partners president, Michael Akin and his wife, Wendi, stopped by the PetConnect Rescue table to see the dogs and talk to volunteers. Akin, an ardent supporter, and his company, designed PetConnect's new brochure, shown here.**



**Volunteer Robin Turner brought her rescue dog with the unforgettable name of Journey. Lively, friendly, this American foxhound-mix enjoyed the crowd and shook hands with two admirers, Abby Gloekler, 11 of Annapolis and Anissa Jean-Claude, 8 who also played in the Family Day tennis clinic.**

PHOTOS BY  
CAROLE DELL  
THE ALMANAC

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# Potomac REAL ESTATE

PHOTOS BY DEB STEVENS/THE ALMANAC

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**2 9001 Durham Drive — \$6,100,000**



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| <b>3</b> 12220 STONEY CREEK RD ..... | 7  | .. | 9  | .. 0 ..... | POTOMAC | ...     | \$2,800,000 .... | Detached .... | 21.38 ..... | 20854 .....      | POTOMAC .....         | 02/24/17  |
| <b>4</b> 8604 YORK MANOR WAY .....   | 6  | .. | 6  | .. 3 ..... | POTOMAC | ...     | \$2,670,000 .... | Detached .... | 2.00 .....  | 20854 .....      | AVENEL .....          | 02/23/17  |
| <b>5</b> 9315 RAPLEY PRESERVE DR ..  | 5  | .. | 5  | .. 2 ..... | POTOMAC | ...     | \$2,400,000 .... | Detached .... | 0.54 .....  | 20854 .....      | AVENEL .....          | 05/22/17  |
| <b>6</b> 9300 RAPLEY PRESERVE DR ..  | 6  | .. | 5  | .. 3 ..... | POTOMAC | ...     | \$2,350,000 .... | Detached .... | 0.85 .....  | 20854 .....      | AVENEL .....          | 05/01/17  |
| <b>7</b> 11400 SKIPWITH LN .....     | 7  | .. | 7  | .. 1 ..... | POTOMAC | ...     | \$2,303,000 .... | Detached .... | 2.20 .....  | 20854 .....      | POTOMAC FALLS .....   | 06/29/17  |
| <b>8</b> 11211 MARWOOD HILL DR ...   | 6  | .. | 7  | .. 1 ..... | POTOMAC | ...     | \$2,200,000 .... | Detached .... | 0.81 .....  | 20854 .....      | MARWOOD .....         | 04/18/17  |
| <b>9</b> 10204 COUNSELMAN RD .....   | 6  | .. | 5  | .. 1 ..... | POTOMAC | ...     | \$1,950,000 .... | Detached .... | 0.53 .....  | 20854 .....      | POTOMAC VILLAGE ..... | 06/15/17  |
| <b>10</b> 9821 CARMELITA DR .....    | 6  | .. | 5  | .. 2 ..... | POTOMAC | ...     | \$1,925,000 .... | Detached .... | 0.53 .....  | 20854 .....      | MCAULEY PARK .....    | 02/24/17  |

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## Setting a Summer Table Warm weather design ideas.

BY MARILYN CAMPBELL

From a backyard barbeque to a simple brunch, there's still plenty of time to celebrate warm weather with table designs that embody summer's trends.

"We're still in summer and the weather is going to be warm for quite some time," said Amanda Mertins, president of Patina Polished Living in Alexandria. "An indoor or outdoor tablescape style depends on the occasion. Birthdays, holidays [and] retirements, all evoke a different feeling."

Start with fresh foliage inspired by the natural surroundings.

"Go out into your garden and use flowers [or] greens on your table," said Mertins. "Simple summer dinner party tables look great with lots of candles in votive holders, mason jars and glass lanterns. Remember to hang some of them in the trees for romance."

Incorporate a personal touch into each place setting, advises Hope Hassell, Case Design/Remodeling. "It will make each guest feel truly welcomed and you will look like the perfect hostess. It's as simple as printing off some photos from your phone or just adding place cards."

"Keep it casual by presenting family-style dishes down the center of the table," added



Sea-themed serveware in blue help create an elegant tone for summer entertaining.

PHOTO COURTESY OF MOLLY PRITCHARD

Kimberly Asner, designer at Country Casual Teak. "Mix in mood-setting candle lighting and colorful, fresh-cut flowers in multiples for the most impact ... keep arrangements below eye level for easy conversation."

For alfresco dining, practicality is key, says Courtney Thomas of The Picket Fence in Burke. Dinnerware needs to be both durable and aesthetically appealing. "Bamboo dishes ... are perfect for outdoor dining,"

she said. "They won't break if dropped and are a great alternative to melamine."

Summer offers an abundance of options for using color, says Hassell. "Not only do you have so many options of in-season flowers, but you also have the nature around you to provide the backdrop."

The color blue establishes the type of serene atmosphere that Molly Pritchard of Arlington-based interior design firm, Design

Lines likes to create at her summer parties. "Especially light blue because everything about it represents summer," said Pritchard. "It's cool and clean and neutral, especially when paired with white or cream. It creates a seaside feel which is very summery."

**IN ADDITION TO COLOR**, motifs can set the stage for summer dining. Designers at JT interiors in Potomac suggest using white dinnerware, emblazoned with a lemon, to turn an everyday meal into a summer soirée. The tableware can be accented with an array of accessories including platters, coasters, bowls and tea towels. "It creates a very summery look, and it's white and clean. Lemons and water are summery, like lemonade."

Summer table décor need not be expensive, says Hassell. "Simplicity can be stunning," she said. "The thoughtful placement of a sprig of rosemary can add just enough without having to go overboard."

Originality is a quality that Mertins encourages. "Think outside the box," she said. "Having a brunch? Use a vintage quilt as the tablecloth. Hosting a baby shower? Use silver rattles as decor and baby silver cups for the flowers. The effort you put into your party table will go a long way to the overall success of the party."

**SPECIAL PULLOUT TAB**

### Newcomers & Community Guide

**August 23, 2017**

The annual Newcomers and Community Guides for each of our 15 communities with inside facts on what makes each community special, their secret places, the real power players, how to get involved and more.

Including the history, schools, parks, libraries, local people, elected officials, county/city offices, how decisions are made, a calendar of events and other vital community information.

Due to the popularity and long shelf life of this issue, an overrun of the publication is made to meet demand. Extra copies are delivered to select Chambers of Commerce, Realtors, Citizens' Associations and local government.

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# ENTERTAINMENT

Submit entertainment announcements at [www.connectionnewspapers.com/Calendar/](http://www.connectionnewspapers.com/Calendar/). The deadline is noon on Friday. Photos/artwork encouraged.

## CAMPS, CLASSES & WORKSHOPS

**Art Explorers Open Studio.** Every Saturday, 10 a.m.-12:30 p.m. at The Candy Corner Studio, 7300 MacArthur Blvd., Glen Echo. Art activities for parents and children. Activities change weekly and there is no pre-registration; \$10 per child. Visit [www.glenechopark.org/saturday-art-explorers](http://www.glenechopark.org/saturday-art-explorers).

**Ceramic Classes.** Various dates and times. VisArts, 155 Gibbs St, Rockville. An opportunity to try the new ceramic workshops. Visit [www.visartsatrockville.org/ceramics](http://www.visartsatrockville.org/ceramics) for a list of class dates, times.

**Registration is Open.** for Montgomery County Recreation and Montgomery Parks Summer Programs and Activities. Email [ProgramAccess@MontgomeryParks.org](mailto:ProgramAccess@MontgomeryParks.org). Visit [www.MontgomeryParks.org/access](http://www.MontgomeryParks.org/access).

**Toca Summer Soccer Camp.** 6-8 p.m. through August 9 at Avenel LP, 10051 Oaklyn Drive. Improving skills, making friends and staying fit. Email [info@tocajuniors.com](mailto:info@tocajuniors.com), or call 301-221-8305.

**My Gym Potomac Camp.** 1-4 p.m. Aug. 7-Sept. 4 at My Gym Potomac, 11325 Seven Locks Road. My Gym camp includes themed games and craft, gymnastics, sports, and snack. \$40 for members, \$45 for non-members. Email [potomac@mygym.com](mailto:potomac@mygym.com) or call 301-983-5300.

## DEADLINE AUG. 27

**National Parks Pass.** A senior lifetime National Parks pass is \$10 through Aug. 28. On Aug. 28, fee goes up to \$80. Age 62 or older to qualify as a senior. Visit [store.usgs.gov/senior-pass](http://store.usgs.gov/senior-pass).

## THURSDAY/AUG. 10

**Potomac Village Farmers Market.** 2-6:30 p.m. in the parking lot of the Potomac United Methodist Church, 9908 S. Glen Road. Email [contact@potomacvillagefarmersmarket.net](mailto:contact@potomacvillagefarmersmarket.net).

## FRIDAY/AUG. 11

**Senior String Institute Concert.** 7:30 p.m. at the Trinity Lutheran Church, 11200 Old Georgetown Road, North Bethesda. Visit [www.nationalphilharmonic.org](http://www.nationalphilharmonic.org).

**Movie on the Lawn.** 8-10 p.m. at Clara Barton Community Recreation Center, 7425 MacArthur Blvd., Cabin John. "Sing," is the movie on the big screen located at Cabin John local



## Park after Dark

**Park after Dark, Saturday, Sept. 16, 6 p.m. at at Historic Great Falls Tavern, C&O Canal National Park, 11710 MacArthur Blvd. Live music by the 19th Street Band and a gourmet buffet provided by Corcoran Caterers. Visit [www.nps.gov/choh](http://www.nps.gov/choh) for more.**

park behind the Center. Bring a blanket or chair for a night at the movies under the stars. Free. Call 240-777-4910.

## AUG. 11-19

**Agricultural Fair.** various times at the Fairgrounds, 501 Perry Parkway, Gaithersburg. Farm animals, food, rides and vendors. Visit [getfairtix.com](http://getfairtix.com).

## SATURDAY, AUG. 12

**Meet the Artist.** 7 p.m. at Photoworks, 7300 MacArthur Boulevard. A juror from London, Ashley Givens, will be on hand for Watch Me: A Juried Photography Exhibition, on display Sept. 15-Oct. 22. Visit [www.glenechophotoworks.org](http://www.glenechophotoworks.org).

**Viki Ryan in Concert.** 7-11 p.m. at Margery's Lounge at Normandie Farm Restaurant, 10710 Falls Road. It's Viki's last show at Normandie Farm. Call 301-983-8838, or visit [popovers.com](http://popovers.com)

## MONDAY/AUG. 14

**Montgomery County Agricultural Fair VIP Day.** 10:30 a.m.-2:30 p.m. at the Damascus Senior Center, 9701 Main Street, Damascus. To be selected as a VIP, the child must be a resident of Montgomery County between the ages of 5 and 14, and must have a disability or a life-threatening illness. Free for VIPs. Ages 5-14. Call 240-777-6870.

## WEDNESDAY/AUG. 16

**Legal Planning for Alzheimer's.** 6:30-8 p.m. at Brookdale Potomac, 11215 Seven Locks Road, Potomac. This program is for anyone who would like to know more about what legal and financial issues to consider and how to put plans in place. Visit [www.alz.org/nca/in\\_my\\_community\\_64062.asp](http://www.alz.org/nca/in_my_community_64062.asp).

## WEDNESDAY/AUG. 30

**Dementia-Related Behavior.** 2-3:30 p.m. at Arden Courts of Potomac, 10718 Potomac Tennis Lane, Potomac. To help caregivers decipher behaviors and determine how best to respond, the Alzheimer's Association

## TUESDAY/AUG. 15

**County Agricultural Fair Senior Day.** 10 a.m.-2 p.m. at the Damascus Senior Center, 9701 Main St., Damascus. Seniors are invited to ride with us and spend a whole day at the fair. Free. Call 240-777-6995.

## WEDNESDAY/AUG. 16

**Potomac Rotary Breakfast.** 7:15-8:30 a.m. at Founding Farmers, 12505 Park Potomac Ave. Support Rotary Club community service projects. Visit [www.PotomacRotary.org](http://www.PotomacRotary.org) or call 301-785-7100.

## THURSDAY/AUG. 17

**Potomac Community Village Luncheon.** Noon-1:30 p.m. at Tally Ho Restaurant on Falls Road in Potomac Village. An opportunity to meet neighbors. Email [info@PotomacCommunityVillage.org](mailto:info@PotomacCommunityVillage.org), or call 240-221-1370.

**Widows Meet-Up Group.** 5-7:30 p.m. at Fuddruckers, 1592 Rockville Pike, Rockville. Newly formed group's name is Widows/Widowers of Montgomery County. Call 301-917-4741 or visit [www.widowcare.org](http://www.widowcare.org).

## FRIDAY/AUG. 18

**Wayne Wilentz in Concert.** 7-11 p.m. at Margery's Lounge at Normandie Farm Restaurant, 10710 Falls Road. Call 301-983-8838, or

offers the Understanding and Responding to Dementia-Related Behavior program. Visit [www.alz.org/nca/in\\_my\\_community\\_64062.asp](http://www.alz.org/nca/in_my_community_64062.asp).

## DEADLINE SEPT. 29

**Call for Artists.** By 5 p.m. by Hyattsville Community Development Corporation, on behalf of Landex Development, LLC. Accepting artist proposals for the design and fabrication of two sculpturally-devised bus shelters for placement at two revitalization sites on Rhode Island Avenue in the Prince George's County Gateway Arts & Entertainment District. Visit [hycdc.org](http://hycdc.org) for more.

## SUPPORT GROUPS

**The Alzheimer's Association's**

visit [popovers.com](http://popovers.com)

## SUNDAY/AUG. 20

**Introductory Waltz Workshop.** 3:30-6 p.m. at Glen Echo Park, 7300 MacArthur Blvd. Glen Echo. 2017 featuring the ensemble Waltz du Jour playing a mix of folk waltzes with a few other dances, including Hambo, Schottische, Swing, Tango, and Polka. \$10. Visit [www.WaltzTimeDances.org](http://www.WaltzTimeDances.org) or e-mail [info@WaltzTimeDances.org](mailto:info@WaltzTimeDances.org).  
**Tom Saputo on Piano.** 6:30-10 p.m. at Margery's Lounge at Normandie Farm Restaurant, 10710 Falls Road. Call 301-983-8838, or visit [popovers.com](http://popovers.com)

## WEDNESDAY/AUG. 23

**Tom Saputo on Piano.** 7-10:30 p.m. at Margery's Lounge at Normandie Farm Restaurant, 10710 Falls Road. Call 301-983-8838, or visit [popovers.com](http://popovers.com)

## FRIDAY/AUG. 25

**Bob Smith and Rob Vetter in Concert.** 7-11 p.m. at Margery's Lounge at Normandie Farm Restaurant, 10710 Falls Road. Call 301-983-8838, or visit [popovers.com](http://popovers.com)

## THURSDAY/AUG. 31

**Potomac Community Village Party.** 3:30-5 p.m. in Potomac. An opportunity to meet neighbors.

Location of the party will be at a private Potomac home, with location and directions provided when RSVP by Saturday, Aug. 25. Email [info@PotomacCommunityVillage.org](mailto:info@PotomacCommunityVillage.org), or call 240-221-1370.

**Bob Smith and Rob Vetter in Concert.** 7-10:30 p.m. at Margery's Lounge at Normandie Farm Restaurant, 10710 Falls Road. Call 301-983-8838, or visit [popovers.com](http://popovers.com)

## WEDNESDAY/SEPT. 6

**Library of Congress Tour.** 10:30 a.m. meet in Potomac. A docent-led tour Library of Congress' new exhibit, "Echoes of the Great War." Possibly take Metro to get there. Email [info@PotomacCommunityVillage.org](mailto:info@PotomacCommunityVillage.org), or call 240-221-1370.

## FRIDAY/SEPT. 8

**Meet the Artist.** 6-9 p.m. at the Waverly Street Gallery, 4600 East West Highway, Bethesda. Wildlife Conservation Show with photography by Carol L Leadbetter, on exhibit Sept. 5-Oct. 7. Call 301-951-9441.

## SATURDAY/SEPT. 16

**Park After Dark.** 6-10 p.m. at the Historic Great Falls Tavern in the C&O Canal National Historical Park, 11710 MacArthur Blvd. Evening of philanthropy supporting the park. \$200-\$250. Call 301-714-2233 or visit [www.canaltrust.org/](http://www.canaltrust.org/)

## THURSDAY/SEPT. 28

**Decade of Design Celebration.** 6-9 p.m. at The DC Design House, 9004 Congressional Court, Potomac. This year's Design House is dedicated to Ann Lambeth, who was a supporter of the cause and the design community, open Sept. 30-Oct. 29. \$35, proceeds from boutiques and designer sales, with most items in designers' spaces available to purchase, are donated to Children's National Visit [dcdesignhouse.com/](http://dcdesignhouse.com/).

## SATURDAY/OCT. 8

**Ride for the Reserve Farm Bike Tour.** 8 a.m.-3 p.m. start at Poolesville Golf Course, 16601 West Willard Road, Poolesville. \$75. Visit [RidefortheReserve.org](http://RidefortheReserve.org).

## SATURDAY/OCT. 22

**Royce Hanson Awards.** 3-5 p.m. at the BlackRock Center for the Performing Arts, 12901 Town Commons Drive, Germantown. For recognition of outstanding commitment toward the protection of Montgomery County's Agricultural Reserve. \$75. Visit [www.blackrockcenter.org](http://www.blackrockcenter.org).

age. The group helps parents deal with drugs, runaways, truancy, verbal abuse, physical abuse, curfew violations and other misbehavior, as well as help parents deal with themselves, to manage and live their own lives without obsessing over their child's behavior. The group meets 7:30-9:30 every Thursday at Bethesda United Methodist Church Room 209, 8300 Old Georgetown Road, Bethesda. Visit [www.becauseiloveyou.org](http://www.becauseiloveyou.org), email [hbrite1@netzero.com](mailto:hbrite1@netzero.com) or call 301-530-3597.

**Adult Bereavement Groups.** Dates and times vary depending on group members. Hospice Care, 518 S. Fredrick Ave., Gaithersburg. Peer driven support groups in those in need of support. Free. Contact Penny Gladhill at 301-990-8904, or [Pennyg@hospicecaring.org](mailto:Pennyg@hospicecaring.org).

## BULLETIN BOARD

Submit civic/community announcements at [ConnectionNewspapers.com/Calendar](http://ConnectionNewspapers.com/Calendar). Deadline is Thursday at noon, at least two weeks before event.

## GUIDE DOG FOSTERS NEEDED

**Guiding Eyes for the Blind** - Montgomery Region is looking for volunteers to foster and train future guide dogs. Volunteers will foster a dog for 14 months, attend bi-monthly training classes, and teach the pup house manners, people skills and socialization within the community. Dog crates, training equipment and monthly medications are provided. Call 301-869-2216, email [gebraiser@comcast.net](mailto:gebraiser@comcast.net) or visit [guidingeyes-md.org](http://guidingeyes-md.org).

## DATES FOR NEXT SCHOOL YEAR

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# News



## Grand Opening

At the Aug. 4 grand opening of Pinstripes' newest location at Pike & Rose in Bethesda, Pinstripes Founder/CEO Dale Schwartz (middle) cuts the ribbon with Chris Weilminster (left), executive vice president of Federal Realty, and Roger Berliner (right), Montgomery County Council President. Located at 11920 Grand Park Ave. the two-story, 37,000-sq.-ft. show-place features 14 bowling lanes, 10 indoor/outdoor bocce courts, a bistro serving Italian/American chef's creations, and a curated wine cellar and craft beer selection.

## Seventh Graders Need Vaccinations

Montgomery County health officials urge parents of students entering seventh grade to be sure their students show proof of vaccination against Tetanus-diphtheria-acellular pertussis (Tdap) and Meningococcal meningitis (MCV4) prior to the start of the 2017-2018 school year. Students not in compliance with Maryland vaccination requirements will be excluded from attending school until they provide documentation of the required Tdap and MCV immunizations. The requirements are in place throughout the state.

Free Tdap and MCV4 immunizations will be offered to incoming students at the following locations:

- ❖ **School Health Services Center**  
4910 Macon Road, Rockville  
Mondays, Wednesdays and Fridays  
8:30 – 11:20 a.m.
- ❖ **Dennis Avenue Health Center**  
2000 Dennis Avenue, Silver Spring  
Tuesdays  
8:30 a.m. – 4 p.m.
- ❖ **Germantown Health Center**  
12900 Middlebrook Road, 2<sup>nd</sup> floor, Germantown  
Wednesdays - 8:30 a.m. – 12 noon  
Thursdays - 1 – 4 p.m.
- ❖ **Silver Spring Health Center**  
8630 Fenton Street, 10<sup>th</sup> floor, Silver Spring  
Wednesdays  
8:30 a.m. – 4 p.m.

A copy of the child's immunization record must be presented to staff to receive vaccinations. For more information on immunizations, call the Montgomery County Department of Health and Human Services' Immunization Program at 240-777-1050 or School Health Services at 240-777-1550.

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-Ethiopian Proverb

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-Thomas A. Edison

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## Coincidental Or Not



By KENNETH B. LOURIE

One of our older/oldest cats, Biscuit, born late September 2006 and his oldest human parent, yours truly, born late September 1954, are both having teeth issues. In fact, the exact same teeth issues: the 1st molar and the 2nd bicuspid in the "upper right quadrant" are causing us problems and have to be extracted.

Biscuit's teeth extraction will be done by our regular veterinarian. Mine will be done not by my regular dentist but by a specialist, an oral surgeon. Unfortunately, the two practices are not related so there's no chance of a "BOGO." Nor is there any chance that the two procedures will be about the same cost. My teeth extraction will be double at a minimum, perhaps even quadruple, if I'm lucky. (I made inquiries.) Accordingly, Biscuit's extraction will occur/has occurred first.

What's of interest to me is the coincidence that Biscuit and I need the same teeth extracted at the same time. Which when you consider that Biscuit and I are approximately the same age, is not really a surprise. It's really more of a fact of life/aging – for both of us. Perhaps there are other behaviors and/or physical/mental indicators in Biscuits day-to-day activities which might clue me in to my own aging process. After all, we are living similar lives.

So far, Biscuit's post-teeth-extraction recovery has been uneventful. He's been spry and energetic. He's been on the kitchen counter, various window sills, the dining room table, the ironing board and all the other furniture; he's knocked over the wicker trash basket in our bedroom three times and he's been eating like a dog. In short, he's "back baby."

He almost appears to be smiling – except when we attempt to give him his post-procedure pills. As per usual, during the day he's sleeping on the back of the couch and at night he's curled up in the laundry basket; and he's still the first cat – of five, an hour early, I might add, for breakfast and dinner, to place his order/meow his presence. He's as ready to eat as ever. He hasn't missed a beat or a step. If I had to summarize/characterize his actions now, I'd say he has a real joie de vivre, "an exuberant enjoyment of life." So what am I waiting for? Godot?

As for my procedure, I've been told it takes 30 minutes or so. Local anesthesia is used (unlike Biscuit who was totally sedated/anesthetized). Moreover, the post-surgical pain is not terrible and the chance of infection is minor. And though I'll have a space in my gums where my teeth used to be, no longer will I be anticipating the pain and discomfort that cracking or splitting either of these two teeth would cause. The only pain I'll likely have is the pain of payment. (See 7/26/17 column entitled "Taking Care of Business" for associated details.)

I guess my curiosity/concern is whether I trust anything I've observed from Biscuit's dental experience – considering we're the same age. Is what's good for the cat also good for the human – all things being equal, sort of? Is Biscuit's return to normalcy so quickly and so easily – and so vigorously, a lesson to be learned? If seeing is believing and I do see extremely well for someone nearing his 63rd birthday, then Biscuit's 'experience' and the comparison between his pre- and post-extraction behavior should be an inspiration to us all, especially those of us of similar age with one and the same, two actually, teeth which need to be extracted.

I mean, the procedure I've been putting off is not exactly brain surgery, it's oral surgery. I'm not admitted to a hospital. It's outpatient. I'm in and then out. Same day service, just like the restaurant where my wife, Dina works. I don't even need someone to drive me home (unlike Biscuit. I had to drive him home.) And now that Biscuit is home, safe and sound, I suppose it's time for me to buck up and schedule my appointment. After all, it has nothing to do with cancer and everything to do with quality of life. I'd say that's a win-win.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.



## 'C&O Canal Explorer' App Available

The C&O Canal Trust has released its new mobile app, "C&O Canal Explorer," to aid users in exploring the 184.5 miles and 20,000 acres of the C&O Canal National Historical Park. The app is available for download on both Android and Apple devices from their respective app stores.

The mobile app includes more than 600 points of interest in the park mapped in a searchable format, allowing users to find at a glance hiking trails, historic sites, trailheads, parking, and more. The app also calculates the distance from a user's location to nearby amenities and points of interest, with the ability to view what lies both upstream and downstream of a current location.

The app was developed by the C&O Canal Trust, the nonprofit partner of the Chesapeake and Ohio Canal National Historical Park, which works in partnership with the National Park Service and local communities to raise funds to preserve the park for future generations and to broaden support



## Christmas in July

**The Children's Inn resident Makayla Watkins, 6, and her brother, Sean Watkins, 7, pose with Montgomery County Police Officer David Reed and their parents, John and Roxanne Watkins of De Witt, Ark., after the officer helped the siblings shop for gifts during The Children's Inn's recent Christmas in July celebration. The event was sponsored by Potomac philanthropist Shahin Mafi.**

through programs that highlight the park's historical, natural, and cultural heritage and recreational opportunities.

C&O Canal Explorer is available for \$0.99 a download, which will help the C&O Canal Trust maintain its high quality, keep its information up-to-date, and add new

functionality. The app was developed in partnership with Cermak Technologies, Inc., with funding from the Maryland Heritage Areas Authority.

The app can be downloaded from the Google and Apple App Stores and at [www.canaltrust.org/plan/explorer-mobile-app/](http://www.canaltrust.org/plan/explorer-mobile-app/).



## Joint Service

On Sunday, June 25, Emmanuel Lutheran Church welcomed the German Lutheran Congregation to their church (7730 Bradley Blvd, Bethesda). This marked the start of GLC worshipping at ELC. Sunday's service was a joint service with both congregations. Emmanuel's Associate Pastor Derek Solberg and German Congregation's Pastor Olaf Wassmuth officiated. The Germans brought a gift of flowers. ELC provided special music with their choir and hand bell choir. Afterwards the congregations met in the Fellowship Hall a light breakfast. Both congregations are very excited the opportunity for joint fellowship. During the summer the Germans will worship after Emmanuel does and in the fall they will worship between Emmanuel's early and late services. The Norwegians and Czechs already worship at Emmanuel which means worship is celebrated in four languages.



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[www.lostdogrescue.org](http://www.lostdogrescue.org)

- lost (adj): 1. unable to find the way.
2. not appreciated or understood.
3. no longer owned or known



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