

Enjoying Sully Station II's
National Night Out are (from left)
best friends Sophia Cote, 5, and
Ava Price, 2-1/2.

Celebrating National Night Out

NEWS, PAGE 3

Warm Weather Design Ideas

HomeLifeStyle, PAGE 5

CRIME

The following incidents were reported by the Sully District Police Station.

AGGRAVATED ASSAULT WITH ARREST: Around 12:15 Friday morning, Aug. 4, a man walked out of an establishment in the 13800 block of Braddock Road with an alcoholic beverage. When staff confronted the man he began to argue. As the argument continued the man picked up a bottle and threw it at an employee causing a laceration. Police arrived on scene and took the 22-year-old man into custody. He was taken to the Adult Detention Center. The victim was treated for his injuries.

ROBBERY: Around 9:30 Friday night, Aug. 4, the victim was doing chores in the

5700 block of Woodcreek Lane when she was approached by two juvenile males. The boy asked to use her cellphone, and the victim assisted. Following this the boy then snatched the phone from the victim's hand. The victim was able to regain possession of the phone and struggle ensued. Due to the struggle the second suspect went to her car and took bags. The suspects then ran away with the bags and other property. The suspects are described a juvenile black males, between 15 and 18 years old. The first was said to be tall, skinny, wearing a black shirt and shorts. The second was shorter and heavier, wearing black clothes.

BURGLARY: Between 11 p.m. Fri-

day, Aug. 4, and 2 a.m. Saturday morning, Aug. 5, someone entered the house in the 14300 block of Winding Woods Court and took video game systems.

ROBBERY: Just prior to 6 a.m. Aug. 1 the victim got out of her vehicle near the, 14900 block of Rydell Road, when a dark colored sedan pulled up. A man then exited the vehicle, pulled out a knife, and demanded money from the victim. A bag was given to the suspect, who then got back in the vehicle and left. The suspect is described as a white male, in his early 20's, about 5 foot 11 inches tall, thin, with a beard.

BURGLARY OF AN OCCUPIED DWELLING/MALICIOUS WOUNDING/ARREST: Two juvenile boys were

caught stealing from homes and properties in the 6000 block of Westbourne Place July 27 around 5:38 p.m. One suspect assaulted a man who confronted them. The boys took off on foot, but were caught by officers with the help of the helicopter overhead. The injured man was taken to the hospital with non-life-threatening injuries. Charges are pending.

ATTEMPTED ROBBERY: 6400 block of Paddington Court, July 21 around 9:15 p.m. The victim was making a pizza delivery when he was approached by four people who demanded the pizza. When he refused, one of the suspects punched him. The victim continued his delivery and the suspects ran away.

STABBING: 14600 block of Pan Am Avenue, July 20 around 11:30 p.m. A male was taken to the hospital with life-threatening injuries after a gang-related stabbing. The investigation is still in its early stages, and the victim's age is currently unknown.

BURGLARY: 14200 block of Glade Spring Dr. July 19, 5:22. A homeowner reported that someone came into his unlocked garage and took property.

RECKLESS DISCHARGE OF A FIREARM: 13900 block of Big Yankee Lane, July 11, around 9:15 p.m. Officers were called after gunshots were heard in the area. The initial investigation showed at least one home and one vehicle were hit by bullets. Nobody was injured. The parties involved appear to know each other. One person was arrested. Detectives are investigating.

AUG. 8 — LARCENIES
14400 block of Chantilly Crossing Lane, laptop from business
6400 block of Paddington Court, property from vehicle
13900 block of Willard Road, property from vehicle

AUG. 7 — LARCENIES
4300 block of Donegal Church Court, property from vehicle
14800 block of Leicester Court, license plates from vehicle
15200 block of Louis Mill Drive, cash and cell phone from residence
5000 block of Pleasant Valley Road, property from residence
13900 block of Rock Brook Court,

cash from residence
13500 block of Ruddy Duck Road, bicycles from residence
5600 block of Stone Road, bicycle from residence
5700 block of Wood Meadow Way, tools from residence

AUG. 4 — LARCENIES
7100 block of Centreville Road, wallet from vehicle
13500 block of Ruddy Duck Road, bicycles from pool

AUG. 3 — LARCENIES
3900 block of Westfax Drive, miscellaneous items from business

AUG. 1 — LARCENIES
14200 block of Centreville Square, merchandise from business

JULY 31 — LARCENIES
6500 block of Skyline Trail Center, equipment from vehicle

STOLEN VEHICLE
4500 block of Braniff Circle, 2012 Chevy Equinox

JULY 28 — LARCENIES
5800 block of Deer Pond Road, package from residence

5700 block of Union Mill Road, bicycle from residence

JULY 27 — LARCENIES
15200 block of Elk Run Road, cell phone from vehicle

JULY 26 — LARCENIES
13300 block of Lee Highway, merchandise from business

13900 block of Lee Highway, beer from business
4900 block of Stonecroft Boulevard, cash from residence

JULY 25 — LARCENIES
4900 block of Stonecroft Boulevard, purse from vehicle

6200 block of Stonehunt Place, purse from pool
1500 block of Yates Ford Road, gun from residence

JULY 24 — LARCENIES
14900 block of Braddock Road, purse from vehicle

4300 block of Chantilly Shopping Center
4900 block of Stonecroft Boulevard, bag from vehicle

5800 block of Trinity Parkway, purse from business
5000 block of Westone Plaza, purse from vehicle



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AUGUST 5 - MOANA
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PG | 103 min | Animation

AUGUST 19 - ZOOTOPIA
PG | 108 min | Animation

AUGUST 26 - STORKS
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Supporting New Eve Ministries

Joanne Seale of New Eve Ministries (center) receives donations from Nancy Piotter (left) and Bonnie Burkhardt on behalf of the Republican Women of Clifton. The New Eve Maternity Home provides refuge for pregnant women and their children who are facing homelessness.



Playing table hockey at the Ragan Oaks National Night Out event are Sgt. Trevor Steranko (left) and PFC Jason Mizer of the Fair Oaks District Police Station.



Enjoying themselves at Ragan Oaks are (from left) Amy Ginger, deputy director of operations, Fairfax County Housing and Community Development; police PFC Ivan Cortes; and Veronica Bridges, property manager, Ragan Oaks.



PHOTOS BY BONNIE HOBBS

From left: Chantilly High senior Anna Dolen serves hot dogs to Tijani Musa and Veronica Bridges during the Ragan Oaks National Night Out celebration.

'We Appreciate Our First Responders'

Local communities celebrate National Night Out.

BY BONNIE HOBBS

Usually, when firefighters or police officers respond to a neighborhood, it's because something bad has happened and their help is needed. But that wasn't the case, last Tuesday, Aug. 1.

That's when communities throughout Centreville, Chantilly, Fair Oaks and Fair Lakes joined with neighborhoods across the U.S. to honor their public-safety providers during National Night Out. Residents planned a variety of events, such as pool parties, cookouts and ice-cream socials and invited first-responders to join in the fun — which they did.

Ragan Oaks

In the Ragan Oaks community of Fair Oaks, the celebration was held at



Standing by their engine at Sully II's National Night Out are Fire Station 38 B-Shift members (from left) Capt. Ken Wildman, Lt. Jamey Flynn, Firefighter Samonne Smith, Firefighter Gary Butler, Master Technician Linda Post and Master Technician Phil Devereaux.

Centerpointe Church. Among the guests were police officers from the Fair Oaks District Station, including the station's new commander, Capt. Chantel Cochrane, and assistant commander, Lt. James Krause.

"This is a great event because it's a fan-

tastic opportunity for us to meet with community members in a social setting hosted by the communities," said Krause. "It's all about relationship-building."

Officer G. Howell has attended this event before, but it was his first time doing so at

Ragan Oaks. "Kids really enjoy having us out, and the community looks at us as a valuable asset," he said. "And by our showing our faces in the community, we help provide more trust between ourselves and the residents."

Outside, church member Henry Weigel was grilling hot dogs and hamburgers with help from Tijani Musa, who runs the FAC-ETS program there. Inside, children and police played games and the officers answered the children's questions.

There, too, was Chantilly High senior Anna Dolen, who also attends church at Centerpointe and is in the criminal justice program at the Chantilly Academy. "This is really cool because I work at Mission BBQ in the Greenbriar Shopping Center, and the police and firefighters come there to eat and talk with us, so I already have a connection with them," she said. "And in the winter, our congregation gives the [Ragan Oaks] kids Christmas gifts. So National Night Out is another way of getting to know the kids better."

SEE CELEBRATING, PAGE 6



Children play on the moonbounce outside the James McDonnell Rec Center in Virginia Run.



Some Virginia Run residents pose for a group photo during their National Night Out celebration.

OPINION

An Open Letter to Readers and More

Buy an ad in our annual Newcomers and Community Guide.

Last year, when I wrote an editorial similar to this one, there was some controversy about it inside the Connection. But many community organizations, civic organizations, businesses and elected officials responded positively, and it made a difference.

I have a special favor to ask, once again: Buy an ad in our Newcomers and Community Guide.

To put on my publisher's hat (not my editor's hat) for a minute, if you have a marketing budget, and you value coverage of local newspapers (not just ours), why wouldn't you spend a portion of that budget (any portion) supporting that platform?

Show your support for our organization which continues to be here to support the forces of good in our communities.

Our annual Newcomers and Community Guide is a pullout section that will appear in the the Aug. 23, 2017 edition of all 15 Connection Newspapers, published by Local Media Connection. Deadline is Aug. 16.

We are creating a quality special issue, and we need your help. Whether you invest in a

small ad in a single paper (super affordable), or a full page in all 15 of our papers (super value), we appreciate your help this month.

For the same reasons that organizations, businesses and campaigns know they want local newspaper coverage, newspaper advertising is an effective way to reach voters, residents, clients. The Connection reaches more than 200,000 readers, in print and online, including remarkable demographics. Our readers include local and national decision makers in the public and private sector.

According to an independent study cited by the National Newspaper Association: 86 percent of voters who cast ballots in the election four years ago read newspapers in print or online; 79 percent of voters ages 18 to 34 read newspapers in print or online; 91 percent of voters who contribute to campaigns read newspapers in print or online.

The deadline for the Newcomers and Community Guide is Aug. 16. Digital enhancements and support are available. For more information, email sales@connectionnewspapers.com or call 703-778-9431.

See www.connectionnewspapers.com/advertising

Share Community Tips

We need help from readers with ideas for our annual Newcomers and Community Guide.

We're hoping to share special places, activities, events, organizations and volunteer opportunities. What should someone new to your neighborhood know about? Events that should not be missed? Organizations that do a great job? Places to volunteer? A great place to see the sunset? We'd love to have your photos to go along with your suggestions.

We will publish a selection of local tips along with a plethora of information useful to newcomers and long-time residents alike, including our award-winning Guide to the Parks, information on how to vote and more.

See last year's community guides by going to www.connectionnewspapers.com/PDFs/ and scrolling down to Newcomers.

Email tips and photos to editors@connectionnewspapers.com or send as a letter to the editor via the website at www.connectionnewspapers.com/contact/letter/ by Wednesday, Aug. 17.

— MARY KIMM

MKIMM@CONNECTIONNEWSPAPERS.COM

Local Impact of Immigration

BY GERRY CONNOLLY
U.S. REPRESENTATIVE (D-IL)

White House Advisor Stephen Miller took pains last week to point out that Emma Lazarus' sonnet, "The New Colossus," was not affixed to the Statue of Liberty when she was unveiled in 1886. He, of course, was right in fact but wrong in spirit.

The famed "Give me your tired, your poor, your huddled masses" lines were added 20 years later, but have come to represent the American ideal that we are a nation of immigrants, enthusiastically welcoming those from any background who want to come here, work hard, and play by the rules. Here in Fairfax County, we not only embrace that ideal, we recognize it as the lifeblood of our astounding economic success story.

President Trump and the senators pushing the RAISE Act, a bill to severely restrict legal immigration into the United States, would have you believe a dramatic increase in immigrants leads to economic decline and lower wages, not to mention higher crime rates and a host of other social ills. If anyone from the White House made the 15-mile trip to Fairfax County, they would learn the opposite is true.

In 1970 less than 4 percent of Fairfax's population was foreign born. Today that number is 30.7 percent, more than double the rate in the country at large. But that dramatic increase in immigration did not lead to the kind of dystopia the President

envisioned. Instead, since 1970, Fairfax County has become an economic colossus that drives our state's economy and is envied across the globe. Household income is among the highest in the nation, crime rates remain at historic lows, and our community hums with the kind of economic dynamism that drives innovation and long-term productivity growth.

How did we get here? Undoubtedly we've capitalized on our proximity to, and our partnership with, the federal government. But the facts are quite clear that the dramatic increase in foreign-born immigration has accelerated our economic success. Immigrants in Fairfax are primarily working age, more likely to start a business, less likely to commit crimes, and contribute to economic growth in both high-skilled and low-skilled fields, creating technology firms worth billions and caring for the elderly as home care workers. Immigrants have revitalized many of our older neighborhoods, adding \$7,383 to the value of each and every home in our county, according to the Partnership for a New American Economy. The results speak for themselves. Foreign-born immigrants have fueled our success. But Fairfax is not alone. Small towns, rural communities, and large cities across the country have capitalized on the economic vitality and opportunities created when immigrants show up and get to work. Welcoming "the homeless, the tempest-tost" is the moral thing to do, but right here in President Trump's own backyard we've proven that's it the smart thing to do.

LETTER TO THE EDITOR

Disappointed by Response

To the Editor:

We all know that Trumpcare, while currently off the Congressional agenda, will probably spring to life once again. That's why I was troubled when I saw Del. Jim LeMunyon's response when asked his position on Trumpcare during the recent debate to repeal/replace the Affordable Care Act.

At the time, Del. LeMunyon stated he didn't have a position and didn't plan to spend much time on the details — the details of legislation that would have a profound effect on all Virginians.

As a retired health care executive, I have personally seen how the costs of care can ruin families. Medical expenses are the number one cause of personal bankruptcy filings. Going back to a system where insurance companies can make more money by denying care for "pre-existing conditions" such as birth defects in a newborn is simply wrong.

That's why I think it's alarming that an elected official at any level wouldn't have a position on a bill dealing with health care. It is even more alarming locally when you consider that several versions of the bills that were considered would have caused more than 400,000 Virginians to lose health insurance in 2018 alone.

This threat is not going away. Given Mr. LeMunyon himself voted to block expanding Medicaid, I want to know what his plan is for helping Virginians obtain coverage if Congress does repeal the ACA and strip access to affordable health care for hundreds of thousands.

As delegate, it is Mr. LeMunyon's job to review the details of issues that will affect his constituents, and with the current chaos in Washington, we must look to our local officials to stand up and fight for the people of Virginia. I'm afraid Jim LeMunyon has failed to do that.

Phil Beauchene
Chantilly

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NEWS DEPARTMENT:
centreview@connectionnewspapers.com

Steven Mauren
Editor, 703-778-9415
smauren@connectionnewspapers.com

Mike Salmon
Assistant Editor
msalmon@connectionnewspapers.com

Bonnie Hobbs
Community Reporter, 703-778-9415
bhobbs@connectionnewspapers.com

Andrea Worker
Reporter
aworker@connectionnewspapers.com

ADVERTISING:
For advertising information
sales@connectionnewspapers.com
703-778-9431

Debbie Funk
National Sales
703-778-9444
debfunk@connectionnewspapers.com

David Griffin
Marketing Assistant
703-778-9431
dgriffin@connectionnewspapers.com

Editor & Publisher
Mary Kimm
mkimm@connectionnewspapers.com
[@MaryKimm](https://www.facebook.com/MaryKimm)

Executive Vice President
Jerry Vernon
703-549-0004
jvernon@connectionnewspapers.com

Editor in Chief
Steven Mauren
Managing Editor
Kemal Kurspahic
Art/Design:
Laurence Foong, John Heinly,
Ali Khaligh
Production Manager:
Geovani Flores

Special Assistant to the Publisher
Jeanne Theismann
jtheismann@connectionnewspapers.com
[@TheismannMedia](https://www.facebook.com/TheismannMedia)

CIRCULATION
circulation@connectionnewspapers.com

A Connection Newspaper

Setting a Summer Table Warm weather design ideas.

BY MARILYN CAMPBELL

From a backyard barbeque to a simple brunch, there's still plenty of time to celebrate warm weather with table designs that embody summer's trends.

"We're still in summer and the weather is going to be warm for quite some time," said Amanda Mertins, president of Patina Polished Living in Alexandria. "An indoor or outdoor tablescape style depends on the occasion. Birthdays, holidays [and] retirements, all evoke a different feeling."

Start with fresh foliage inspired by the natural surroundings.

"Go out into your garden and use flowers [or] greens on your table," said Mertins. "Simple summer dinner party tables look great with lots of candles in votive holders, mason jars and glass lanterns. Remember to hang some of them in the trees for romance."

Incorporate a personal touch into each place setting, advises Hope Hassell, Case Design/Remodeling. "It will make each guest feel truly welcomed and you will look like the perfect hostess. It's as simple as printing off some photos from your phone or just adding place cards."

"Keep it casual by presenting family-style dishes down the center of the table," added



Sea-themed serveware in blue help create an elegant tone for summer entertaining.

PHOTO COURTESY OF MOLLY PRITCHARD

Kimberly Asner, designer at Country Casual Teak. "Mix in mood-setting candle lighting and colorful, fresh-cut flowers in multiples for the most impact ... keep arrangements below eye level for easy conversation."

For alfresco dining, practicality is key, says Courtney Thomas of The Picket Fence in Burke. Dinnerware needs to be both durable and aesthetically appealing. "Bamboo dishes ... are perfect for outdoor dining,"

she said. "They won't break if dropped and are a great alternative to melamine."

Summer offers an abundance of options for using color, says Hassell. "Not only do you have so many options of in-season flowers, but you also have the nature around you to provide the backdrop."

The color blue establishes the type of serene atmosphere that Molly Pritchard of Arlington-based interior design firm, Design

Lines likes to create at her summer parties. "Especially light blue because everything about it represents summer," said Pritchard. "It's cool and clean and neutral, especially when paired with white or cream. It creates a seaside feel which is very summery."

IN ADDITION TO COLOR, motifs can set the stage for summer dining. Designers at JT interiors in Potomac suggest using white dinnerware, emblazoned with a lemon, to turn an everyday meal into a summer soirée. The tableware can be accented with an array of accessories including platters, coasters, bowls and tea towels. "It creates a very summery look, and it's white and clean. Lemons and water are summery, like lemonade."

Summer table décor need not be expensive, says Hassell. "Simplicity can be stunning," she said. "The thoughtful placement of a sprig of rosemary can add just enough without having to go overboard."

Originality is a quality that Mertins encourages. "Think outside the box," she said. "Having a brunch? Use a vintage quilt as the tablecloth. Hosting a baby shower? Use silver rattles as decor and baby silver cups for the flowers. The effort you put into your party table will go a long way to the overall success of the party."



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- Beckyanne Theriot, BIS in Gerontology, will offer tips on downsizing and preparing for a move.
- Mark Grove, Accredited Senior Appraiser, will discuss how to liquidate your valuables, how to spot treasures (versus trinkets!) and how to estimate the market value of heirlooms, including art and antiques.

Complimentary lunch provided. Space is limited. RSVP by August 15 to 703-956-6311 or email sfields@arborcompany.com.



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NEWS



PHOTOS BY BONNIE HOBBS

Chillin' at the Sully II Community Center are (back row, from left) Kailib and Austin Schneid and Gavin and Grayson Davis, and (front row, from left) Darius Junior Lang, Miyamie Keita-Lang and Braelynn Davis.



Orlando Mayen holds son Samuel, 1, next to a fire engine from West Centreville Station 38 at Sully II's National Night Out.

Celebrating National Night Out

FROM PAGE 3

National Night Out is about people coming out to meet their neighbors and supporting our firefighters and police."

Virginia Run

People were also having fun outside the James McDonnell Community Center in Centreville's Virginia Run community. Neighbors chatted with each other while children played on a moonbounce and on the playground equipment. They also enjoyed free scoops of chocolate and vanilla ice cream from Peterson's Ice Cream Depot in Clifton while meeting police from the Sully District Station.

Resident Mary Moon — who's with Fairfax County's Community Emergency Response Team (CERT) — also had a table there, where she and CERT representative Brian Aiello talked to attendees about the program. "CERT is a community program that trains people to know how to respond safely in an emergency — what to do and what not to do," she said.

It's critical, said Moon, because in emergency situations, "You want your neighbor trained in, for example, how to stop bleeding. Or what to do if there's a big storm, a tree comes through your roof and 911's not working. And the program is for average citizens — you don't have to be musclebound."

Added Aiello: "We're here to help." For more information, go to www.fairfaxcountycert.org.

As for National Night Out, Moon said it's important because "You take back the night and show your support of your neighbors and the first responders." Virginia Run's event organizer Ryan Coughlin estimated some 75-80 people participated, as well as McGruff the Crime Dog with the county police.

"It's a way to get out, meet your neighbors and have a good time," said Coughlin. "With our busy lives, we're just trying to have some family-friendly fun. And this also lets everyone meet people they haven't met before."

Lynn Chiapponi said this event "brings the community together. I like to meet our homeowners' association representatives and acknowledge the police and fire departments, too. And I love the fact that it's about safety — keeping our kids in the community safe."

A 13-year Virginia Run resident, Julie Gary said what she likes about her neighborhood is that "It's full of families actively involved with their kids. And

Sully Station II

One of the largest National Night Out celebrations in the area is the one held annually at the Sully Station II Community Center in Centreville. "Tons of people are here," said Dan Jenuleson, who organized the event with his wife Leslie. "Some 500-600 people came — it's one of our biggest turnouts ever."

The event included police and firefighters, a moonbounce, a deejay, sandwiches from Firehouse Subs, beverages, popcorn and ice cream. Volunteers included Stone Middle seventh-grader Kayla Gadley, who's been scooping ice cream at Sully II's National

SEE NATIONAL NIGHT OUT, PAGE 7



At Sully Station II's event are (from left) Chanty Sommerfeld, son Cole, 2, and husband Chris Sommerfeld; Leslie Jenuleson, Priscilla Branch (and her dog, Strawberry Shortcake) and Caitlin Sommerfeld, 15.



PHOTO BY BONNIE HOBBS

Stone Middle seventh-grader Kayla Gadley scoops ice cream inside Sully II's Community Center.

National Night Out

FROM PAGE 6

Night Out since she was 6 years old.

"Today is my husband's and my 13th anniversary – and what better way to celebrate than by serving the community?" asked Kayla's mom, Jamie Gadley. "Kayla said she had a commitment to do this, so she wanted to come. We appreciate our first responders and their support of our community, and participating in it teaches Kayla to serve others."

Besides that, added Kayla, "It's a great way to meet everyone in the community all together."

Colette Cipollini has lived in Sully Station II for 16 years and is happy to be there. "The neighborhood is really beautiful and the neighbors are friendly, and events like this bring the community together," she said. "People you don't necessarily see on your street, you see here. You meet new people and find out about neighborhood concerns. And there are always ongoing events and activities — we even have a lost-pet network."

Regarding National Night Out, she said, "It's nice to meet the police and firefighters one-on-one at events like this that are social. It puts faces to them and facilitates better community relationships."

Justin Boudville is also a longtime Sully II resident, having moved there in 2000. "Everyone knows one another in our neighborhood," he said. "It's safe and it's a great place to raise a family. And National Night Out lets us network with our neighbors [on other streets] and turn strangers into friends."

"And we love the fire department — it's so responsive," he continued. "We're lucky to have such professional first-responders available to us. The police are professional, too, and we appreciate them keeping our community safe. We're very proud of both our firefighters and police officers."

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An expert is someone who knows some of the worst mistakes that can be made in his subject and how to avoid them. -Werner Heisenberg			

Coincidental Or Not



By KENNETH B. LOURIE

One of our older/oldest cats, Biscuit, born late September 2006 and his oldest human parent, yours truly, born late September 1954, are both having teeth issues. In fact, the exact same teeth issues: the 1st molar and the 2nd bicuspid in the "upper right quadrant" are causing us problems and have to be extracted.

Biscuit's teeth extraction will be done by our regular veterinarian. Mine will be done not by my regular dentist but by a specialist, an oral surgeon. Unfortunately, the two practices are not related so there's no chance of a "BOGO." Nor is there any chance that the two procedures will be about the same cost. My teeth extraction will be double at a minimum, perhaps even quadruple, if I'm lucky. (I made inquiries.) Accordingly, Biscuit's extraction will occur/has occurred first.

What's of interest to me is the coincidence that Biscuit and I need the same teeth extracted at the same time. Which when you consider that Biscuit and I are approximately the same age, is not really a surprise. It's really more of a fact of life/aging — for both of us. Perhaps there are other behaviors and/or physical/mental indicators in Biscuits day-to-day activities which might clue me in to my own aging process. After all, we are living similar lives.

So far, Biscuit's post-teeth-extraction recovery has been uneventful. He's been spry and energetic. He's been on the kitchen counter, various window sills, the dining room table, the ironing board and all the other furniture; he's knocked over the wicker trash basket in our bedroom three times and he's been eating like a dog. In short, he's "back baby."

He almost appears to be smiling — except when we attempt to give him his post-procedure pills. As per usual, during the day he's sleeping on the back of the couch and at night he's curled up in the laundry basket; and he's still the first cat — of five, an hour early, I might add, for breakfast and dinner, to place his order/meow his presence. He's as ready to eat as ever. He hasn't missed a beat or a step. If I had to summarize/characterize his actions now, I'd say he has a real joie de vivre, "an exuberant enjoyment of life." So what am I waiting for? Godot?

As for my procedure, I've been told it takes 30 minutes or so. Local anesthesia is used (unlike Biscuit who was totally sedated/anesthetized). Moreover, the post-surgical pain is not terrible and the chance of infection is minor. And though I'll have a space in my gums where my teeth used to be, no longer will I be anticipating the pain and discomfort that cracking or splitting either of these two teeth would cause. The only pain I'll likely have is the pain of payment. (See 7/26/17 column entitled "Taking Care of Business" for associated details.)

I guess my curiosity/concern is whether I trust anything I've observed from Biscuit's dental experience — considering we're the same age. Is what's good for the cat also good for the human — all things being equal, sort of? Is Biscuit's return to normalcy so quickly and so easily — and so vigorously, a lesson to be learned? If seeing is believing and I do see extremely well for someone nearing his 63rd birthday, then Biscuit's 'experience' and the comparison between his pre- and post-extraction behavior should be an inspiration to us all, especially those of us of similar age with one and the same, two actually, teeth which need to be extracted.

I mean, the procedure I've been putting off is not exactly brain surgery, it's oral surgery. I'm not admitted to a hospital. It's outpatient. I'm in and then out. Same day service, just like the restaurant where my wife, Dina works. I don't even need someone to drive me home (unlike Biscuit. I had to drive him home.) And now that Biscuit is home, safe and sound, I suppose it's time for me to buck up and schedule my appointment. After all, it has nothing to do with cancer and everything to do with quality of life. I'd say that's a win-win.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

ENTERTAINMENT

Submit entertainment announcements at www.connectionnewspapers.com/Calendar/. The deadline is noon on Friday. Photos/artwork encouraged.

ONGOING

Carolina Shag Dance. Wednesdays, 6:30-10 p.m. at Arlington/Fairfax Elks Lodge, 8421 Arlington Blvd., Fairfax. Free lessons at 7:30 p.m.; no partners needed; dinner menu at 6:45 p.m. Tickets are \$8. Visit www.nvshag.org.

Open Rehearsal. Wednesdays, 7:30 p.m. at Lord of Life church, 13421 Twin Lakes Drive, Centreville. The Fairfax Jubil-Aires barbershop chorus invites men of all ages who enjoy singing. Free. Visit www.fairfaxjubilaire.org.

Toddlin' Twos. Tuesdays, 10:30 and 11:30 a.m. at the Chantilly Library, 4000 Stringfellow Road. Early literacy storytime with songs and activities included. Age 2 with caregiver, free. Call 703-502-3883 to reserve a spot.

Storytime for Three to Fives. Tuesdays, 1:30 p.m. at the Chantilly Library, 4000 Stringfellow Road. Stories and activities for children age 3-5 with caregiver. Free. Call 703-502-3883 to reserve a spot.

Plant Clinic. Saturdays, 10:30 a.m. at the Chantilly Library, 4000 Stringfellow Road. A neighborhood plant clinic with horticultural tips, information, techniques, and advice. Free. Call 703-502-3883 to reserve a space.

Lego Block Party. Every other Saturday at 10:30 a.m. at the Chantilly Library, 4000 Stringfellow Road. Legos will be provided for an afternoon of building. Grades 3-6. Free. Call 703-502-3883 to reserve a spot.

Duplo Storytime. Every other Wednesday, 10:30 and 11:30 a.m. at the Chantilly Library, 4000 Stringfellow Road. Develop and reinforce early literacy skills for reading success. Ages 1-3 with adult. Free. Call 703-502-3883 to reserve a spot.

Legos Kids Club. Every other Tuesday, 10:30 a.m. at the Centreville Regional Library, 14200 St. Germain Drive. Thousands of Legos for children to play with. Ages 6-12. Free. Call 703-830-2223 to reserve a space.

Starlight Storytime. Every other Wednesday, 7 p.m. at the Centreville Regional Library, 14200 St. Germain Drive. Stories under the stars for ages 4-8. Wear pajamas and bring stuffed friends. Free. Call 703-830-2223 to reserve a space.

SATURDAY/AUG. 12

Arts in the Parks. 10-11 a.m. at E.C. Lawrence Park, 5040 Walney Road, Chantilly. Musicians "The Grandsons, Jr." performing children's songs. Visit www.fairfaxcounty.gov/parks/performances/arts-in-the-parks or call 703-631-0013.

Pop Up Museum. 1-4 p.m. at Ellanor C. Lawrence Park, 5040 Walney Road, Chantilly. A "Show and Tell," museum of sorts. Call 703-631-0013.

Outdoor Movie Night. 6 p.m. at Trinity Centre, 5860 Trinity Parkway. Movie is "Finding Dory." Bring chairs, blanket and FM radio. Call 703-324-7469.

SUNDAY/AUG. 13

Model Train Show. 1-4 p.m. at Fairfax Station Railroad Museum, 11200 Fairfax Station Road. The Northern Virginia NTRAK members



PHOTO BY FAIRFAX COUNTY

Senior Fitness

Fitness for 50+ Daytime hours Monday-Friday each week at Sully Senior Center, 14426 Albemarle Point Place, Chantilly. Jazzercise Lite, Zumba Gold, Hot Hula Fitness (dancing Polynesian style), Strength Training, Qi Gong, Tai Chi and more. Membership is \$48 a year, and waivers are available. Email Lynne.lott@fairfaxcounty.gov or call 703-322-4475 for more.

will hold an N gauge T-TRAK model train show. Museum members, free; adults 16 and over, \$4; children 5-15, \$2; under 4, free. Visit www.fairfax-station.org or call 703-425-9225.

park historian to learn about the Machen family who lived at Walney in the 19th century and see how they might have made dessert. \$10. Call 703-631-0013 or visit www.fairfaxcounty.gov/parks/eclawrence.

FRIDAY/AUG. 18

Colonial Dessert Creations. 7-8:30 p.m. at Ellanor C. Lawrence Park, 5040 Walney Road, Chantilly. Join a

SATURDAY/AUG. 19

Arts in the Parks. 10-11 a.m. at E.C. Lawrence Park, 5040 Walney Road,

Chantilly. Fairfax Symphony Orchestra 'Percussion Ensemble.' Visit www.fairfaxcounty.gov/parks/performances/arts-in-the-parks or call 703-631-0013.

Outdoor Movie Night. 6 p.m. at Trinity Centre, 5860 Trinity Parkway. Movie is "Zootopia." Bring chairs, blanket and FM radio. Call 703-324-7469.

AUG. 19-20

Minefaire Gaming Expo. 10 a.m.-5 p.m. at the Dulles Expo Center, 4320 Chantilly Shopping Center, Chantilly. A Minecraft fan experience with hands-on attractions. \$49, free for age 2 and under. Visit Minefaire.com.

SUNDAY/AUG. 20

Model Train Show. 1-4 p.m. at Fairfax Station Railroad Museum, 11200 Fairfax Station Road. The Northern Virginia NTRAK members will hold an N gauge T-TRAK model train show. Museum members, free; adults 16 and over, \$4; children 5-15, \$2; under 4, free. Visit www.fairfax-station.org or call 703-425-9225.

SATURDAY/AUG. 26

Outdoor Movie Night. 6 p.m. at Trinity Centre, 5860 Trinity Parkway. Movie is "Storks." Bring chairs, blanket and FM radio. Call 703-324-7469.

SEPTEMBER 3-4

Model Train Shows. noon-5 p.m. at Fairfax Station Railroad Museum, 11200 Fairfax Station Road. Labor Day Weekend, The Potomac Module Crew members will have HO Scale and others will have a LEGO Model Train Show. Museum members, free; adults 16 and over, \$4; children 5-15, \$2; under 4, free. Visit www.fairfax-station.org or call 703-425-9225.

SATURDAY/SEPT. 16

Ride to Thrive Polo Classic. 1 p.m. at Chetwood Park, 6429 Clifton Road, The Plains. Benefit for the Northern Virginia Therapeutic Riding Program. Email polo@nvtrp.org or call the office at 703-764-0269.

WEDNESDAY/SEPT. 27

Meet the Civil War Author. 7:30-9:30 p.m. at Fairfax Station Railroad Museum, 11200 Fairfax Station Road. Local historian, lecturer and author, Arthur Candenquist will look at a Confederate military railroad that ran between Centreville and Manassas Junction. Free, open to public. Visit www.fairfax-station.org or call 703-425-9225.

MONDAY/OCT. 2

"Fore" the Kids Golf Tournament. 8:30 a.m. at the International Country Club, 13200 Lee Jackson Memorial Highway, Fairfax. Benefiting The Boys & Girls Clubs of Fairfax County. Visit www.bgcgw.org.

SUNDAY/OCT. 8

Family Golf Festival. 1 p.m. at Westfields Golf Club, 13940 Balmoral Greens Ave., Clifton. An afternoon of free golf instruction, clinics, fun activities, interactive golf games, family programs, a chance to win a variety of prizes. After 5 p.m., families and children can play for free as part of Marriott Golf's Kids-Golf-4-Free program. Email westfieldsgolfclub@cybergolfcentral.com.

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