



Fairfax CONNECTION

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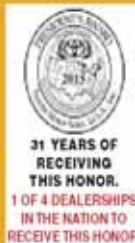
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These commercial buildings on Main Street are now bright and colorful.



PHOTOS BY BONNIE HOBBS/THE CONNECTION

Constructed in 1892, this freshly painted building at 10381 Main St. houses The Quilt Patch and MJCI Inc., a design/build company.

Colorful Facelift for Old Town

Event kicks off the City's Façade Improvement Program.

BY BONNIE HOBBS
THE CONNECTION

Fairfax City's Old Town area just got a lot more colorful with the exterior painting of two, formerly drab buildings. One, at 10381 Main St., is now Navy blue; and the other, to its right, is gold, red and gray to differentiate the businesses it houses.

Prior to the painting, various City officials gathered there to kick off Fairfax's Façade Improvement Program and to present a ceremonial, \$20,000 check for the work. It was from the Economic Development Authority (EDA) to Marilynn Livingston of VHM Corp. which owns those properties.

"We're excited about this," said Economic Development Director Chris Bruno "This project represents an innovative, new approach toward bringing people to our downtown through revitalizing it. This section of Main Street will have a strong, visual presence in the downtown area.

"This program was started to encourage property-owner investment, and that is exactly what is happening here," he continued. "This – along with other City initiatives such as beautification projects and events run through our Parks and Recreation Department – helps highlight the benefits of locating or opening a business in our downtown. And it makes the City a more attractive place to do business and to visit."

ON THE CORNER of Main and University Drive is De Clieu Coffee & Sandwiches, now spruced up with a carriage-red paint. Another section of that building, at 4007 University, is painted dark gray and is housing a make-your-own perfume business, DIY Scent Studio.

DeClieu's building, at 10389-B Main St.,

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Kicking off the façade project are (from left) Councilman Michael DeMarco, EDA Commissioner Michael O'Brien, Councilman Jeff Greenfield, Economic Development Director Chris Bruno, Marilynn Livingston, Councilwoman Janice Miller, EDA Commissioner Craig Havenner and EDA Chairman Mary Valenta.

was constructed in 1895 as Whiteheads Mercantile (grocery store) and Post Office. Nearly a century later, 10385, 10387 and 10389-A Main St. – now painted gold – were added to it. 10385 currently houses Comics & Gaming Fairfax, and 10389-A is home to WT Clothiers, offering custom clothing plus tailoring.

Access to the main pair of this building is via 10387. Inside are several businesses:

NoVA Tang Soo Do, a traditional Korean Martial Arts Studio; Foundation Fitness; Virginia Sports & Spine chiropractic services; STEM excel, teaching coding to children; Abundantly Fit, a Christian alterna-

tive to yoga; several law firms; Ripe Data LLC data analysis; and Capitol Media LLC, which broadcasts podcasts on site.

The free-standing, Navy blue building was constructed in 1892 and houses The Quilt Patch and MJCI Inc., a design/build company. And all these buildings together comprise the area known as Victorian Square.

"The Façade Improvement Program is a unique partnership between the EDA, City Council and our Economic Development Office [EDO]," said Councilman Jeff Greenfield. "For the first time, we are providing direct assistance to property owners for the benefit of our downtown mer-



Councilman Jeff Greenfield presents a ceremonial, \$20,000 check from the City's Economic Development Authority to Marilynn Livingston of VHM Corp.

chants." He said the City also replaced sidewalks and asphalt in the area. "But this isn't just about bricks and mortar," said Greenfield. "It's also about trying to improve the downtown appearance."

EDA Chairman Mary Valenta thanked City Council for supporting this project. "Improving the buildings' looks attracts businesses and shoppers and benefits the economic development of the entire City," she said. Valenta also thanked the EDA and participating business owners, as well as City Council for approving the money for this program in its FY '18 budget.

AS FOR LIVINGSTON, she said VHM Corp. is "excited about the exterior restoration and makeover of Victorian Square and appreciative of the support of this project by the City's Department of Economic Development through its new grant program.

"We wanted to brighten up these buildings and get people to notice them as they drive by, so they'll stop in. And doing multiple colors lets people know there are many businesses here providing a variety of services to the community."

OPINION

So Many Chances to Vote

Next up, Fairfax County School Board At-Large, Aug. 29.

Do we have election fatigue? Or are we still reeling from last November's election? Every year is an election year in Virginia, and some years offer multiple opportunities.

Either way, every voter in Virginia had a chance to choose a Gubernatorial candidate from one party or the other in the primary election on June 13.

Now in Fairfax County, a countywide special election for School Board at-large will take place on Aug. 29, with absentee in-person voting already underway. Four candidates are on the ballot, Chris S. Grisafe, Sandra D. Allen, Karen A. Keys-Gamarra and Michael H. Owens. To read our story about the candidates, see www.connectionnewspapers.com/news/2017/jul/31/low-turnout-high-stakes-special-election-school-bo/

Absentee voting for the special election is by mail or at the Fairfax County Government Center, 12000 Government Center Pkwy., Suite

323, Fairfax, through Aug. 25. Times: Monday, Tuesday, Wednesday and Friday: 8 a.m. - 4:30 p.m.; Thursday, 8 a.m. - 7 p.m.

Then comes the General Election on Nov. 7, with every House of Delegates seat on the ballot along with the race for governor. Lieutenant governor and attorney general are also on the ballot.

To vote in the General Election on Nov. 7, the deadline to register to vote, or update an existing registration, is Monday, Oct 16. In-person absentee voting begins Sept. 22, with the last day of Nov. 4.

For Fairfax County information: Voter Registration: 703-222-0776, TTY 711; Absentee Fax: 703-324-3725, Email: voting@fairfaxcounty.gov

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To find a registration office where you can obtain photo ID, even on the day of an election, visit: vote.elections.virginia.gov/VoterInformation/PublicContactLookup

To read about candidates for the Aug. 29 special election for Fairfax County School Board: www.connectionnewspapers.com/news/2017/jul/31/low-turnout-high-stakes-special-election-school-bo/

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— MARY KIMM

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LETTER TO THE EDITOR

Renaming to Proceed

To the Editor:

An open letter to the community.

The Fairfax County School Board voted last night [July 28] that the name of J.E.B Stuart High School be changed no later than the start of the 2019 School Year. The School Board further directed staff to start the renaming process this fall and that as part of that process — in the spirit of compromise and in recognition of the need to minimize costs as well as the desire for continuity by alumni — request that the Stuart community consider “Stuart High School” as the new name. The Board further directed staff to create a mechanism for private funding with the expectation that private funding will pay for a substantial portion of the costs.

I've met with both sides on this issue and it has yielded strong feelings and strong passions. Now that the Board has spoken, we will continue to follow the process as outlined by the School Board regulation for name changes. We will execute the renaming process in a fair, transparent, and expedient manner.

In this spirit, I invite you to join me on Saturday, Sept. 9, at 10 a.m., at J.E.B Stuart High School, where we will hold an open public meeting — per Regulation 8170

www.boarddocs.com/vsba/fairfax/Board.nsf/files/A6Z2RN6CA270/%24file/R8170.pdf — to gather names for consideration along with the opportunity for presentations, questions, and discussion. We will share further details with you ahead of the meeting.

As outlined in the regulation, voting for the school name will be limited to those participants residing in the school's attendance area and a weighted point system will be used to determine the top three choices. Voting will take place on Saturday, Sept. 16, at J.E.B Stuart High School and will be open from 10 a.m. to 6 p.m.

After review of the community's recommendations, the Division Superintendent will formulate a recommendation consisting of one or more of the most popular choices according to community input. The Division Superintendent shall then transmit the recommendation to the School Board for consideration and action.

The deadline for the Division Superintendent to submit a formal recommendation to the School Board shall be three weeks prior to the date scheduled for School Board action.

It is clear that this issue has impacted our community and it is my

hope that we can work together to find common ground and embrace the diversity of our friends and neighbors to strengthen our bond around what we all hold true — that every student succeed and that we provide them the support necessary to be successful.

The most important name, I

think we can all agree, is that of the teacher in front of them, and we are committed to ensuring whatever name is chosen that we have the best possible education for every student.

Scott Brabrand

Superintendent

Fairfax County Public Schools



PHOTO BY MIKE SALMON/CONNECTION

Snapshot

A Great Blue Heron hangs out in his usual spot, stalking prey in Kingstowne Lake on Sunday, July 20.

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Artist's rendition of the new Whole Foods 365 grocery store.

‘It’s Not Perfect, but a Good, Solid Project’

Fairfax Shopping Center being revitalized; Whole Foods 365 coming.

BY BONNIE HOBBS
THE CONNECTION

The Fairfax City Council recently approved a plan to revitalize Fairfax Shopping Center. It includes a Whole Foods 365 grocery store, plus three other retail uses in three, separate buildings.

“This project could perhaps be a catalyst for future residential and mixed uses in the eastern part of Northfax,” said Councilwoman Janice Miller. “I’ll vote yes this evening and thank the developers for their current and future investments in our City.”

Before the vote, Senior Planner Paul Nabti presented details of the proposal. The applicant is Regency Centers LLC and the site is 6.27 acres along Fairfax Boulevard and Eaton Place. Regency will replace the existing, outdated, 68,500-square-foot shopping center with 48,200 square feet of commercial uses – a 30,000-square-foot grocery store and retail buildings of 5,000, 7,000 and 6,200 square feet.

However, Regency sought several special exceptions and other conditions from the Council because the land has certain constraints. “There’s a 500-foot-long retaining wall adjacent to Eaton Place, and the University Drive Extension will require 60 feet of right-of-way,” said Nabi. “The Fairfax Boulevard frontage has utility easements on the south side of the property, and 51 percent of the site is in a floodplain.”

THREE ACCESS DRIVEWAYS will be along Fairfax Boulevard, and one will be at a traffic light at University Drive. “Another access would be added for the grocery store,” said Nabi. “There’d be no access to Eaton Place, but the University Drive Extension provides it.”

He said the new uses are anticipated to generate some 1,750 fewer vehicles per day than now and are expected to yield annual, net revenues between \$300,000 and \$600,000. And the 325 parking spaces planned exceed the maximum number required. Work won’t begin until late 2018, but will start before the University Drive

Extension project does.

Miller said she doesn’t want grocery-store delivery trucks to exit and go onto University Drive, and Public Works Director David Summers said the City can erect signs to prevent that from happening. Regarding aesthetics, attorney Evan Pritchard, representing Regency, said the buildings will have high-quality materials, clean lines and a modern look.

“We’re trying to improve the site’s overall appearance, and a Whole Foods 365 will make it attractive to a whole slate of retailers,” he said. “[This brand] also looks for a ‘friends’ retailer nearby – for example, a unique, local restaurant. It focuses more on the store brands and will also offer a coffee bar, microbrewery pub, quick-service sandwich-and-pastry bar, and prepared foods for a quick lunch.”

Pritchard didn’t know which specific businesses would go into the three, small, retail buildings. But, he said, “We want the retail uses to encourage visitors to linger there in the shopping center before going home. Our plan is to proceed with the design and be able to go forward with construction as soon as we get our LOMR.” (Letter of Map Revision from FEMA confirming a needed change to the floodplain boundary).

Councilman Jeff Greenfield asked if Whole Foods is “really coming here, or the developers just hope it will.” But Devin Corini, Regency’s vice president, investments, assured him that Whole Foods already signed the lease. He also said it would help if demolition and preliminary construction work could start as soon as possible.

Several residents then commented during this project’s July 11 public hearing. Planning Commissioner Joseph Harmon said it should be denied because it doesn’t propose buildings along Eaton Place and “doesn’t have enough retail and commercial development that’ll lead to the City’s success. It’s more like a strip mall.”

Economic Development Authority Commissioner Chris Todd called Whole Foods a “great amenity.” But, he said, “This project

SEE FAIRFAX SHOPPING, PAGE 9

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Saving Your Skin

How to prevent sun damage while enjoying summer vacation.

BY MARILYN CAMPBELL

August approaches and many head out for sun drenched vacations with a skin-baring wardrobe. This much anticipated time of year doesn't come without danger, primarily in the form of sunburn which can lead to skin damage, skin cancer, wrinkles and dark spots. Skincare gurus offer suggestions for protecting skin without sacrificing time outside.

"Sunscreen is the best protection from the sun," said Cheryl A. Oetjen, DNP, FNP-BC, assistant professor of nursing at George Mason University. "This can be from lotions that are SPF 30 or higher or from skin-protective clothing. Wearing a hat can also protect your face to some degree. Sunglasses should also be worn."

To maximize the effectiveness of sun-

screen, Oetjen advises being aware of some of the most commonly made application mistakes. "Ideally sunscreen should be applied 30 minutes prior to sun exposure," she said. "This gives it time to soak into the skin. Avoiding the water for this time is also important."

Avoid the sun between 11 a.m. and 3 p.m. when it's most intense and use at least one ounce of sunscreen per application, says Oetjen. "The important part of applying sunscreen is ensuring that you are using enough," she said. "Fair complexions, red hair and blonde hair often are indicators of a higher risk of sunburn, so it's important to reapply often."

Make sunscreen part of one's daily skincare regimen, advises Colleen Sanders, RN, FNP, Marymount University in Arlington. "The recommendation is that you wear sunscreen

"Sunscreen is the best protection from the sun."

— Cheryl A. Oetjen,
George Mason University



PHOTO BY MARILYN CAMPBELL

Wearing sunscreen offers the best protection from sun damage.

every day if you're going to be outside even for a short period of time," she said. "It should be part of your everyday routine."

Relying solely on the SPF found in some cosmetics like foundation or powder is unwise, says dermatologist Dr. Lisa Bronstein. "Makeup doesn't necessarily provide the protection that it claims to provide," she said. "There are a lot of tinted sunscreens out now that match a variety of skin tones and also give amazing protection from sun damage."

"Wearing sunglasses with UVA and UVB protection as well as a hat will help prevent damage, says Sanders. "Common areas that people often forget to cover, and where we often find skin cancer, are the tops

of ears and the backs of their hands," she said "These are places where people forget to put sunscreen."

"Make sure the most sensitive areas are covered ... these areas include the top of the ears, lips [and] the nose, added Oetjen. "Zinc oxide can be applied to sensitive areas."

Infants who are younger than six months old should have limited exposure to the sun, says Oetjen.

"The FDA has not approved a sunscreen for infants under 6 months so it is best for them to stay in the shade and wear sun protective clothing and hat," she said. "The skin of infants is thinner and more sensitive to the sun and sunscreen."

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SCHOOLS



Honoring Teachers of the Year

The Rotary Club of Fairfax recently honored and awarded two City of Fairfax teachers at its annual Teacher of the Year program. From left: Paul Gauthier (Fairfax Rotary president); Erin Lenhart (principal, Lanier Middle School); Greer Mancuso (Teacher of the Year, ESOL teacher, Lanier Middle School); Erich Diczko (Teacher of the Year, Theater Arts teacher, Fairfax High School); David Goldfarb (principal, Fairfax High School); and Dr. Laura Hills (Fairfax Rotary Teacher of the Year Committee).

New Principals in Fairfax Schools

Candace Hunstad was named principal of Fairhill Elementary School, effective July 5. Formerly the assistant principal at Terraset Elementary, where she served since 2012, Hunstad also served as assistant principal at Herndon Elementary and as acting assistant principal at Columbia Elementary. She has led the adoption of a local level four Advanced Academic Program and worked with the Young Scholars and Bridge to Kindergarten programs.

A graduate of the University of Mary Washington with a bachelor's in international affairs, Hunstad earned her master's in education with a concentration in curriculum and instruction from George Mason University. She holds an administrative endorsement from the University of Virginia, and is fluent in Spanish.

Kanchana Iyer was named principal of Eagle View Elementary School, effective July 24. Iyer currently serves as assistant principal of Lutie Lewis Coates Elementary. A 23-year veteran edu-

cator with Fairfax County Public Schools, Iyer began her career as an instructional assistant in a kindergarten class. She later served as an English for speakers of other languages (ESOL) teacher at Forestdale, Lynbrook, and Camelot Elementary Schools and was the lead ESOL teacher at Colin Powell and Colvin Run Elementary Schools. She has also worked in the Office of Language Acquisition and Title 1 as well as a school-based administrator, including administrative intern at Dogwood Elementary, acting assistant principal at Westbriar and Lake Anne Elementary Schools, and assistant principal at Mount Vernon Woods and Lutie Lewis Coates, where she currently serves. She is an experienced leader who has led the implementation of reading-writing workshop as well as guided math and math workshop. She earned a bachelor of arts from George Mason University and a master of education degree from Marymount University. She holds an administrative endorsement from the University of Virginia.

SCHOOL NOTES

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. Deadline is Friday. Dated announcements should be submitted at least two weeks prior to the event.

Matthew Robert McMahon, of Fairfax, made the dean's list at University of Kentucky for the spring 2017 semester. McMahon is a senior majoring in arts administration.

James Andrew Morton, of Fairfax, made the dean's list at University of Kentucky for the spring 2017 semester. Morton is a sophomore majoring in chemistry.

Rachel Lynn Tippet, of Fairfax, made the dean's list at University of Kentucky for the spring 2017 semester. Tippet is a senior majoring in music.

Abigail Kolls, of Fairfax, made the dean's list at University of Kentucky for

the spring 2017 semester. Kolls is a sophomore majoring in psychology.

Daniel T. Wheeler, of Fairfax, made the dean's list at University of Kentucky for the spring 2017 semester. Wheeler is a freshman, currently in exploratory studies.

Kenna Malone, of Fairfax, was named to the University of New Hampshire (Durham, N.H.) spring 2017 dean's list with high honors.

Helen Schulman, of Fairfax, was named to the University of New Hampshire (Durham, N.H.) spring 2017 dean's list with honors.

James Blais, of Fairfax, graduated from Fayetteville State University (N.C.) with a MSW with a concentration in mental health and substance abuse.

Joseph Ellis has been named to the spring 2017 dean's list at University of

the Sciences (Philadelphia, Pa.). Ellis, of Fairfax, is a pharmaceutical science student.

Peter Linas Brown, of Fairfax, majoring in biochemistry, was named to the president's list at Clemson University (Clemson, S.C.) for the spring 2017 semester.

Katherine E. Knight, of Fairfax, majoring in biosystems engineering, was named to the president's list at Clemson University (Clemson, S.C.) for the spring 2017 semester.

Jenna L. Pollock, of Fairfax, majoring in health science, was named to the president's list at Clemson University (Clemson, S.C.) for the spring 2017 semester.

Kelsey Meins, of Fairfax, has been named to the Georgia Southern University (Statesboro, Ga.) dean's list for spring 2017.

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ENTERTAINMENT

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ONGOING

Photo Exhibition. Through Aug. 13, 9 a.m.-5 p.m. at Fairfax Museum and Visitor Center, 10209 Main St., Fairfax. “Chalkboards to Smartboards: Free Public Schools in Fairfax County and Fairfax City” traces the evolution of free public schools from the log and frame one-room schools of late 19th and early 20th-centuries to today’s high-tech learning centers. Exhibition explores life in a one-room school, desegregation, and challenges of the post-World War II suburban population explosion. Free. Call 703-385-8414.

Senior Olympics. Deadline to register for the Northern Virginia Senior Olympics is Aug. 26. Participants must be at least 50-years-old by Dec. 31, 2017. Register at www.nvso.us until Sept. 2 or via U.S. mail before Aug. 26 with forms available at area recreation centers. To volunteer contact RSVP Northern Virginia at 703-403-5360 or email rsvp@volunteerfairfax.org.

Kingstowne Farmers Market opens. 4-7 p.m. every Friday through Oct. 27, at Kingstowne Giant Parking Lot, 5870 Kingstowne Center, Alexandria. Freshly picked, producer-only vegetables and fruit, from-scratch bread (including gluten free), baked goods, kettle corn, salsa, hummus, cake pops, fruit popsicles, and ice cream. Email Chelsea.roseberry@fairfaxcounty.gov or call 703-642-0128.

THURSDAY/AUG. 3

Flora Fauna for Kids. 11-11:45 a.m. at Hidden Pond Nature Center, 8511 Greeley Blvd., Springfield. Learn about fish in the pond. \$5. Ages 3-6. Call 703-451-9588.

The Excellent Drivers concert. 6:30-8:30 p.m. at Old Town Square, 3999 University Drive, Fairfax. Musical, family-friendly event. Free. Visit www.fairfaxva.gov/.

FRIDAY/AUG. 4

Main Street Clarinet Quartet concert. 7-8 p.m. at Old Town Plaza, 3955 Chain Bridge Road, Fairfax. Musical, family-friendly event. Free. Visit www.fairfaxva.gov/.

Bingo. 7 p.m. at Fire Station 3, 4081 University Drive, Fairfax. Smoke free. \$1,000 jackpot. Visit www.fairfaxva.gov/.

Topgolf and a DJ. 7-10 p.m. at Topgolf, 6625 S. Van Dorn St. Golf, music from Rush Hour DJ, food and drink. Visit topgolf.com/us/alexandria/ or call 703-924-2600.

SATURDAY/AUG. 5

Singles Dinner and Movie Night. 5 p.m. at Uncle Julio’s at Fairfax Corner, 4251 Fairfax Corner Ave. \$32 at door includes dinner, soda, tip and movie ticket. Sponsored by New Beginnings, a support group for separated/divorced men and women. Call 301-924-4101 or visit www.newbeginningsusa.org.

Topgolf and a DJ. 7-10 p.m. at Topgolf, 6625 S. Van Dorn St. Golf, music from Tnyce DJ, food and drink. Visit topgolf.com/us/alexandria/ or call 703-924-2600.

SUNDAY/AUG. 6

Yoga on the Square. 10 a.m. at Old Town Square, 3999 University Drive, Fairfax. Bring a yoga mat and a water bottle. Call 703-385-7858.

Natural Pet Store Opening. 10 a.m. at the Kriser’s Natural Pet store 3903-



PHOTO BY FIBER ARTIST MARISELA RUMBERG

Art Exhibit

“Princess Nicté-Ha,” a cotton, polyester and textile paint work by Marisela Rumberg will be part of the Art Quilts Exhibit running Aug. 9-Sept. 3 at the Workhouse Arts Center, 9601 Ox Road, Lorton. Rumberg will be at the studio for a “Meet the Artist Reception,” noon-3 p.m. Saturday, Aug. 13. Visit www.MariselaRumberg.com for more.

F Fair Ridge Drive. (in the Harris Teeter shopping center), Fairfax. Includes classes focusing on general obedience and/or puppy. Visit ksrpetcare.com/ or call 703 830 5454.

MONDAY/AUG. 7

Funday Monday. 10:30 a.m. at Old Town Square, 3999 University Drive, Fairfax. Mr. Skip will perform for children. Free. Call 703-385-7858 or visit www.fairfaxva.gov/culturalarts.

WEDNESDAY/AUG. 9

Tai Chi. 6:30-7:30 a.m. at Old Town Square, 3999 University Drive, Fairfax. Weather permitting. Wear comfortable clothes and bring a mat. Class will take place in Old Town Square at the pergola. Free. Call 703-385-7858 or visit www.fairfaxva.gov/culturalarts.

THURSDAY/AUG. 10

Flora Fauna for Kids. 11-11:45 a.m. at Hidden Pond Nature Center, 8511 Greeley Blvd., Springfield. Learn about “dirt critters,” in the area. \$5. Ages 3-6. Call 703-451-9588.

AUG. 10-11

Golf Tournament. all day at Laurel Hill Golf Club, 8701 Laurel Crest Drive, Lorton. Middle Atlantic PGA Junior Tour Championship. Visit www.fairfaxcounty.gov/parks/golf/lhgc or call 703-439-8849.

SATURDAY/AUG. 12

Body Paint Workshop. 5-9 p.m. at Fairfax Art League Village Gallery, 3950 University Drive, Fairfax. The workshop consists of free dance, yoga movements and other techniques to reestablish harmony between the artist and their art. \$8. Email melanie.bikowski@gmail.com or call 757-822-0561.

“Tangles” On Stage. 7 p.m. at Harris Theater (near Mason Pond parking deck), George Mason University, Fairfax. Musical written and directed by visiting scholar Jeffrey Steiger and produced by Charles Samenow, MD. Visit www2.gmu.edu/.

SUNDAY/AUG. 13

Yoga on the Square. 10 a.m. at Old Town Square, 3999 University Drive, Fairfax. Bring a yoga mat, a water bottle, and yourself! Call 703-385-7858.

Model Train Show. 1-4 p.m. at Fairfax Station Railroad Museum, 11200 Fairfax Station Road. The Northern Virginia NTRAK members will hold a N gauge T-TRAK model train show. Museum members, free; adults 16 and over, \$4; children 5-15, \$2; under 4, free. Information on the museum and shows is at www.fairfax-station.org or call 703-425-9225.

Meet the Artist Reception. noon-3 p.m. at the Workhouse Arts Center, 9601 Ox Road, Lorton. Art Quilts Exhibit by fiber artist Marisela Rumberg, exhibit runs Aug. 9-Sept. 3. Visit www.MariselaRumberg.com.

Meet the Author. 2 p.m. at the Fairfax Museum and Visitor Center, 10209 Main St., Fairfax. “Reston: A Revolutionary Idea.” Author and biographer Kristina Alcorn will discuss the history of Reston and sign and sell her book, “In His Own Words: Stories from the Extraordinary Life of Reston’s Founder, Robert E. Simon, Jr.” Free. Fairfax Museum and Visitor Center, 10209 Main St., Fairfax. 703-385-8414.

AUG. 16-20

Cirque du Soleil. Various times at Eagle Bank Arena, 4500 Patriot Circle. Their current “OVO,” show is created by Deborah Colker, the first female director in Cirque du Soleil history. Visit www.eaglebankarena.com/.

THURSDAY/AUG. 17

Flora Fauna for Kids. 11-11:45 a.m. at Hidden Pond Nature Center, 8511 Greeley Blvd., Springfield. Learn about insects in the area. \$5. Ages 3-6. Call 703-451-9588.

Lucia Valentine Concert. 6:30-8:30 p.m. at Old Town Square, 3999 University Dr., Fairfax. Grab dinner at one of the many restaurants in downtown, and listen to great music. Free. Call 703-385-7858.

FRIDAY/AUG. 18

Music on the Plaza. 7 p.m. at the Old Town Plaza, 3955 Chain Bridge Road, Fairfax. Free, weather permitting. Call 703-385-7858.

Family Fun Movie Nights. 7 p.m. at Sherwood Community Center, 3740 Old Lee Highway, Fairfax. “Sing,” is the feature. Free. An adult must accompany anyone under the age of 14. Food to donate for Britepaths can be dropped off at the Sherwood Center on the evening of the Family Fun Nights. Call 703-385-7858.

SUNDAY/AUG. 20

Meet the Civil War Author. 11 a.m. at Historic Pohick Episcopal Church, 9301 Richmond Highway, Lorton. The Historic Pohick Church Docents Guild sponsoring Don Hakenson, award winning author and producer of of Civil War books and a Mosby documentary, will talk about the Civil War history in and around Pohick Church. After the 10 a.m. service. Call 703-339-6572.

Model Train Show. 1-4 p.m. at Fairfax Station Railroad Museum, 11200 Fairfax Station Road. The Northern Virginia NTRAK members will hold a N gauge T-TRAK model train show. Museum members, free; adults 16 and over, \$4; children 5-15, \$2; under 4, free. Information on the museum and shows is at www.fairfax-station.org or call 703-425-9225.

TUESDAY/AUG. 21

Great American Eclipse. All day at Burke Lake Park, 7315 Ox Road, Fairfax Station. Learn the science behind eclipses and how to view them safely, solar eclipse glasses will be provided to attendees at all the programs. \$7-\$12 per person. Visit go.usa.gov/xNvvb.

Funday Monday Eclipse Special. 1-4 p.m. at Old Town Square, 3999 University Drive, Fairfax. Stories, crafts, music, and more while the eclipse travels overhead. Pack a picnic lunch or visit one of our local restaurants. Free viewing glasses will be available as supplies last. Visit www.fairfaxva.gov.

THURSDAY/AUG. 24

Flora Fauna for Kids. 11-11:45 a.m. at Hidden Pond Nature Center, 8511 Greeley Blvd., Springfield. Go on the trail walk and learn about the pond. \$5. Ages 3-6. Call 703-451-9588.

SATURDAY/AUG. 26

Meet the Author. 2 p.m. at the Civil War Interpretive Center at Historic Blenheim, 3610 Old Lee Highway, Fairfax. The Battle of Ball’s Bluff — local historian James Morgan will focus on his tactical study of the battle: “A Little Short of Boats: the Battles of Ball’s Bluff and Edwards Ferry.” Book signing and sales follow the talk. Free. Call 703-591-0560.

SUNDAY/AUG. 27

Civil War Reenactment. 1-4 p.m. at Fairfax Station Railroad Museum, 11200 Fairfax Station Road. The Fairfax Station Railroad Museum will host Civil War re-enactors and modern practitioners who will demonstrate medical and rescue practices then and now in commemoration of Fairfax Station’s role as an evacuation center during the Battle of Second Manassas in 1862. Museum members, free; adults 16 and over, \$4; children 5-15, \$2; under 4, free. Information on the museum and shows is at www.fairfax-station.org or call 703-425-9225.

FRIDAY/SEPT. 1

Photo Exhibition. 9 a.m.-5 p.m. at Fairfax Museum and Visitor Center. 10209 Main St., Fairfax. “Over There: Americans in World War I” a traveling exhibition from the National Archives and Records Administration showcases photographs from the battle fronts in France, Italy, and Russia, supply and support operations behind the lines, and the Paris Peace Conference, open through Oct. 20. Group guided tours available by reservation, \$25. Call 703-385-8414.

SEPT. 3-4

Model Train Shows. noon-5 p.m. at Fairfax Station Railroad Museum, 11200 Fairfax Station Road. Labor Day Weekend, The Potomac Module Crew members will have HO Scale and others will have a LEGO Model Train Show. Museum members, free; adults 16 and over, \$4; children 5-15, \$2; under 4, free. Call 703-425-9225 or visit www.fairfax-station.org.

SEPT. 9-10

Burke Centre Festival. 9 a.m.-5 p.m. at the Burke Conservancy, 6060 Burke Centre Parkway. Arts and crafts, live shows, rides, face painting, and festival foods. Visit www.burkecentreweb.com.

Fairfax Shopping Center Gets 'Green Light'

FROM PAGE 5

is 31-percent smaller than what's there today; we'll get less tax revenue. And the three, small, retail buildings have no relation to the streets around them or to the University Drive Extension. Driving west on Route 50, the first thing you'd see is an enclosed dumpster, so I'd like the design improved. I don't see that the City is served well by this."

Representing Fairfax City Citizens for Smarter Growth, Douglas Stewart said Northfax "should have compact, small, walkable blocks. This proposal won't do anything toward providing that or a mixed-use development there, and no business is oriented toward Route 50. Deny the special exceptions; instead, pursue a mixture of retail, housing and office at Northfax."

But former Mayor Steve Stombres said residents always ask him when they'll see progress at Fairfax Shopping Center and Fairfax Circle. "Tonight, the City has an opportunity to address some of those frustrations," he said. "Residents of the region will be coming here to do their shopping, rather than leaving the City to go elsewhere."

"Whole Foods is a national store and the type of business we should be trying to attract," he added. "Saying no would most likely result in the property owner giving the current buildings a quick facelift, and

we'd continue having another strip mall with less-desirable tenants for the foreseeable future. The current proposal, even with its drawbacks, seems to be a positive step toward the long-term goals of our community and the best interests of the City of Fairfax."

BUT RESIDENT Catherine Read said it's "a mistake to build around a tenant. Tenants come and go; when I go shopping, I drive to Wegmans and meet all my neighbors. We had Harris Teeter and couldn't make it stay; if Whole Foods 365 leaves, we're stuck with an empty building. There's no housing around there, so people can't walk there."

Greenfield, however, favored the project. "I drive by this location several times a day, and I'm tired of looking at a burned-out section and a furniture store that changes its name every two weeks," he said. "Why would we want to walk away from a Whole

Foods 365 and supporting retail, when we haven't been able to get it at Fairfax Circle and Kamp Washington?"

He said his family walks a great deal and he knows three dozen residents who live nearby and would walk to this shopping center. "This developer has delivered in the past on every, single project it's done here. I'm happy to support this," said Greenfield.

Councilwoman Ellie Schmidt called it a "positive project for the City. It would be new and vibrant. The Comprehensive Plan acknowledges that uses should be flexible to market conditions, and I believe the Whole Foods 365 ... would benefit the



Site plan for the revitalized Fairfax Shopping Center.

[nearby] Marriott visitors and the WillowWood office complex. It'll provide fresh, revenue-generating businesses along Fairfax Boulevard and keep those dollars in the City. I believe this'll be a success."

"This will be a catalyst for future development on both the east and west sides," added Councilman Dan Drummond.

Councilwoman Miller said she and many residents support the Whole Foods there, but she's lukewarm on the additional retail. However, she stressed, "Regency has a good track record here and its completed projects are full." And Councilman Jon Stehle said the new businesses will help increase walkability to this site.

Councilman Michael DeMarco said the shopping center can't continue in its current form and the plan "will bring value to the City and make it a shopping destination. I'm excited about Whole Foods, but the balance of the project lacks creativity and sustainable development. This parcel will still be a strip mall, [but with] less retail than now. So I cannot vote in favor of the special exceptions, but will vote in favor of the certificate of appropriateness."

The Council then approved the project, 5-1. "Parts of the City's commercial areas are tired and not well-maintained," said Mayor David Meyer. "I hope this project will provide all the benefits that have been expressed."

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THE CONNECTION
NEWSPAPERS

NEWS

Search Continues For Stabbing Suspect

Detectives continue their investigation into July 27 stabbing of a woman on a path adjacent to Vaden Drive in Fairfax near the intersection of Sprague Avenue, according to Fairfax County Police Department. The victim is 21 years old, with non-life-threatening injuries.

The suspect has been described as a male, possibly Hispanic. Initial reports were that he was in a black hoodie, but police now believe he was actually wearing a white t-shirt.

Detectives and patrol officers in cars and on bicycles have spent hours canvassing the area, seeking additional information, looking for witnesses and anyone with information about this crime.

Shortly after 7:30 a.m. on July 27, officers from the Fair Oaks District were flagged down by a citizen reporting someone had been stabbed. Officers located the victim. A preliminary investigation

determined a man approached her from behind, and stabbed her in the neck. The suspect ran away, and was last seen heading toward Blake Lane.

The victim was taken to the hospital, with what are believed to be non-life threatening injuries. The search is ongoing for the suspect. Detectives are canvassing the area, and attempting to identify and interview potential witnesses.

Anyone with information about this incident is asked to contact Detective Downham, or a Robbery Squad detective at 703-246-7800, or the Fairfax County Police at 703-691-2131. Submit a tip anonymously through Crime Solvers by visiting www.fairfaxcrimesolvers.org or text-a-tip by texting "TIP187" plus your message to CRIMES(274637). Anonymous Tipsters are eligible for cash rewards from \$100-\$1,000 if their information leads to an arrest.



PHOTO CONTRIBUTED

FVCbank employees among the attendees at the charitable wine tasting in support of the Alzheimer's Association. From left: Katie Ranghelli, Patricia Ferrick (FVCbank President), Anthony Ranghelli (Director of Information Technology) and Terry Byard (Assistant Compliance Officer).

Wine Tasting to Help Walk to End Alzheimer's

FVcBank hosted the sixth annual charitable wine tasting event on July 21 to raise funds and awareness for the Alzheimer's Association National Capital Area Chapter, a nonprofit whose mission is to eliminate Alzheimer's through the advancement of research, provide and enhance care and support for all affected, and to reduce the risk of dementia through the promotion of brain health. The funds raised at event support the Alzheimer's Association Walk to End Alzheimer's.

"We all know someone impacted

by Alzheimer's, and as a result, we feel strongly about supporting the Alzheimer's Association and the annual Walk to End Alzheimer's," said David W. Pijor, FVCbank chairman and CEO. The event raised \$5,000 for the walk and was attended by about 80 people who enjoyed live music, hors d'oeuvres and wine sampling from local Virginia winery, Horton Vineyards.

Walk to End Alzheimer's is held annually in more than 600 communities nationwide, including: Reston, Washington, D.C. For a full list of dates and locations, visit www.act.alz.org.

BULLETIN BOARD

Submit civic/community announcements at ConnectionNewspapers.com/Calendar. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

VOLUNTEERS NEEDED

Haven of Northern Virginia provides support, compassion, information and resources to the bereaved and seriously ill. To become a Haven volunteer, please call 703-941-7000 to request an orientation. Volunteers must complete a 30-hour training and commit to one year of service answering Haven phones (2.5 hours weekly). Next training is scheduled for fall 2017.

AUG. 2-30

Fit for Life Classes. 11 a.m.-noon at the Bruen Chapel United Methodist Church, 3035 Cedar Lane, Fairfax. Fairfax Fit for Life Classes are sponsored by the Shepherd's Center of Oakton-Vienna to improve strength, balance and mobility for older adults. Call 703-281-0538 or email eileentarr1@verizon.net.

THROUGH AUG. 25

Summer Lunches. The Fairfax County Public Schools Office of Food and Nutrition Services will be hosting the FEEDS (Food for Every Child to Eat During Summer) BBQ program, a USDA-funded program is free to all children 18 years and under and \$2 for adults. There is no registration involved, and open to everyone. Meal service will be provided at the following sites Monday-Friday, 11:30-1 p.m. No service on July 3 and 4. In the Springfield area, FEEDS is offered at the following schools:

- Springfield Gardens Apartments, 6116 Cumberland Ave.
- Springfield Square Apartments, 7000 Rhoden Court, starts at noon
- Chelsea Square Apartments, 5734 Backlick Road, starts at noon

ONGOING

Shepherd's Center of Fairfax-Burke serves those 50 and older who no longer drive.

Volunteer drivers are needed for trips (Monday-Friday) to medical appointments and companion shopping within the Fairfax/Burke area. **Office workers** are needed to answer phones in the SCFB office (Monday-Friday) to match drivers and those who need rides. Call 703-323-4788.

Positive Parenting Strategies Course. At PHILLIPS, 7010 Braddock Road, Annandale. A series of classes and in home consultations taught by PHILLIPS' counselors. Open to all local families. Call Stacy Stryjewski at 703-658-9054.

Thermal Camera Loan Program. Learn where the energy is leaking out of the home with a special attachment for the iPhone or Android. Visit www.fairfaxcounty.gov/energy or call 703-324-5955 for more.

Master Gardener Training. The Fairfax County Master Gardener Association offers plant clinics, home turf training or speakers for homeowner's meetings. Fees vary. Visit fairfaxgardening.org or call MG Help Desk at 703-324-8556 for more.

Fairfax Rotary Club Meeting 12:15-1:30 p.m. Mondays. American Legion, 3939 Oak St., Fairfax. Meetings with luncheon and program. fairfaxrotary.org.

NARFE Monthly Meeting Every Second Tuesday 11:30 a.m. American Legion Post 177 located at 3939 Oak Street, Fairfax. NARFE Fairfax 737 monthly luncheon meeting. Enjoy lunch accompanied by a special program. Lunch at noon. Cost: \$11 Speaker/Program-12:45PM. rrharney2@cox.net 703-501-0020

Civil War Research scholarship to a public or private high school senior who resides in Fairfax, Fairfax City, Prince William County, Manassas City, or Manassas Park from the Bull Run Civil War Roundtable in Centreville, Va. Visit bullrunwrt.org for more.

Fairfax-based non-profit Britepaths offers free Financial Education Classes Sessions at various locations in the Fairfax County area to low- and middle-income adults who reside throughout Northern Virginia. The offerings are free and open to the public, but reservations are required. <https://britepaths.org/news/get-financially-fit-new-year>

Fairfax County needs volunteers to **drive older adults** to medical appointments and wellness programs. For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit www.fairfaxcounty.gov/olderadults and click on Volunteer Solutions.

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An expert is someone who knows some of the worst mistakes that can be made in his subject and how to avoid them.
-Werner Heisenberg

Week to Weak



By KENNETH B. LOURIE

And speaking, a few weeks late, of my “whirled,” (see July 5, 2017 column, “Not an Auto-Matic Fix); at least as it relates to my next week or so: 24-hour urine collection on Tuesday, pre-chemotherapy lab work on Wednesday, in the Connection office on Thursday, chemotherapy infusion on Friday, continuing anxiety concerning the previous Wednesday’s CT Scan/awaiting results from my oncologist followed by our usual post-scan appointment with him Friday a week later to discuss my future: status quo or the great unknown; coinciding with the typical eating challenges/post-chemo side effect which lasts a week to 10 days after treatment. If this cycle of gloom doesn’t sound like fun, you’re right, but it’s a living/my life and I’m extraordinarily (I didn’t want to say “damn”) lucky to be able to live it.

And recently having spoken to a new stage IV, non-small cell lung cancer “diagnosee,” who’s on a 24-hour morphine drip and Percocet every four hours because he’s in constant pain, I know how amazingly fortunate I am/have been since being originally diagnosed in late February, 2009. Sure, I’ve had my share of pain and discomfort, but in the medical-measuring system I’d give it a “1.” Hardly the stuff with which nightmares are made (see column in a few weeks, as yet untitled).

I’ve always been a great believer in context. Not so much comparison because what you see and what you get are not necessarily relevant, comparatively speaking, but more that the circumstances are all relative. It takes me back to Popeye the Sailor Man, who apologizing to no one, always said: “I ‘yam what I ‘yam.” And so am I. When I see other cancer patients at the Infusion Center, when I talk to cancer survivors, when I hear or read of other cancer patient circumstances, I try to live and learn, not take it personally, and count my blessings. Given the hand that I was dealt back on Feb. 27, 2009 I wouldn’t say “Wild” Bill Hickok (and his black aces and black eights) came to mind, but my life, according to the “11 month to two-year” prognosis I was given, certainly passed before me – and much sooner than I had anticipated.

In spite of my diagnosis/prognosis, and the miscellaneous ups and downs that I and most cancer patients endure, I’ve never given in to my oncologist’s initial assessment. It was so unbelievable hearing such grim news, especially considering that I was age 54 and a half, that it almost seemed like an out-of-body experience, sort of like Scrooge in Charles Dickens “novella,” “A Christmas Carol.” Sure we were listening attentively and asked our share of questions, but it didn’t seem real or even about me, sort of. I mean at this juncture, I had no pain and no symptoms and no family history of cancer – and I was a life-long non-smoker. Yet here I was, in the bulls eye of a dreaded disease with no known cure receiving a modest life expectancy/two percent chance of living beyond five years.

But eight years and five months later, here I sit, breathe and try to write some wrongs about a life mostly unexpected, and one in which I haven’t sweated too many details nor concerned myself with the “nattering nabobs of negativism,” to quote former Vice President, Spiro T. Agnew, specifically as it relates to lung cancer outcomes. Which are dramatically improving.

New drug approvals and increased funding for lung cancer research has infused hope into lung cancer patient’s lives. Routines with which us lung cancer patients/survivors have become accustomed will be less routine and will make our lives more fulfilling. It might not be perfect, but it’s definitely a life worth living.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.



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