



# Fairfax Station

## CONNECTION Clifton & Lorton

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PHOTO BY STEVE HIBBARD/THE CONNECTION



Champa Kumar and her grandchildren Neel, 8, and Ved Prakash, 5, line up for ice cream during National Night Out at the Spring Hill Community, a 55-plus senior community in Lorton, on Tuesday, Aug. 1, 2017.

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# Arrest Made in Lorton Double Homicide

**A** 21-year-old Lorton man is facing charges related to the double homicide on Dolsie Grove Drive last week. According to the Fairfax County Police Department, Kelsey Jordan McCrimmon, 21, of Dogue Indian Circle in Lorton, was arrested Monday, July 31, by Fugitive Squad assisted by members of the FBI Violent Crimes Task Force.



**Kelsey Jordan McCrimmon**

McCrimmon was apprehended around 4:30 p.m. in the area of the Cosmopolitan Apartments on Lorton Station Boulevard, on an unrelated robbery charge. The robbery occurred on Sunday, July 2. A man placed an online advertisement for a cell phone for sale. He met a potential buyer and at some point during the transaction, the buyer put a handgun in the seller's face and robbed him of the cell phone.

The Commonwealth's Attorney for Fairfax County authorized felony warrants charging McCrimmon with two counts of second degree murder in relationship to the double homicide on Dolsie Grove Drive on July 26. Detectives have determined that it was a drug-related incident.

Patrol officers found two bodies in a car at the intersection of Dolsie Grove Drive and Pohick Road shortly after 3:30 a.m. on July 26 after a citizen called to report a suspicious vehicle. When officers arrived, they found a white, late-model, four-door Acura in the middle of the road. When they checked further, they found the bodies of two men in the car with apparent trauma to the upper body. Homicide detectives arrived and started their investigation, which included a canvass of the neighborhood. Detectives started processing the scene for evidence. Fairfax 1 flew over the scene to provide aerial documentation.

Detectives have been able to identify the two victims as 19-year-old Gregory Dennis and 20-year-old Ryan Cross; both of Dumfries, Va. The victims were taken to The Office of the Chief Medical Examiner where autopsies

will be conducted to determine the official cause and manner of death.

Anyone with information about this incident is asked to contact Detective A. Spooner of the Homicide Squad, at 703-246-7800, or the Fairfax County Police at 703-691-2131 or submit a tip anonymously through Crime Solvers [www.fairfaxcrimesolvers.org](http://www.fairfaxcrimesolvers.org) or text-a-tip by texting "TIP187" plus a message to CRIMES(274637).

Anonymous tipsters are eligible for cash rewards of \$100-\$1,000 if their information leads to an arrest.

**Patrol officers found two bodies in a car at the intersection of Dolsie Grove Drive and Pohick Road shortly after 3:30 a.m. on July 26 after a citizen called to report a suspicious vehicle.**



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Deb Ochsenreiter and Christine Morin address the crowd at the Spring Hill National Night Out in Lorton.



People line up at the Ice Cream Social during National Night Out at the Spring Hill Community, a 55-plus senior community in Lorton, on Tuesday, Aug. 1, 2017.

# National Night Out in Lorton Spring Hill, a 55-plus senior community, holds Ice Cream Social.

About 50 people attended an Ice Cream Social during National Night Out on Tuesday, Aug. 1, at Spring Hill, a 55-plus senior community in Lorton. The group enjoyed ice cream, cookies, candy, and police car party favors. The event was sponsored by Neighborhood Watch, and organizer Deb Ochsenreiter said they only have 11 people in the program, so they are looking for more members to join. The special guest was Christine Morin, Chief of Staff to Mount Vernon District Supervisor Dan Storck, who addressed the crowd. “We are sponsoring an Ice Cream Social for National Night Out. It hasn’t been done here in a very long time. And so we would like to start small and see if we can build. It’s being sponsored by Neighborhood Watch,” said Ochsenreiter.

“It’s really awareness to make everybody feel more safe in their own homes and making them aware that it’s good to have neighbors that are watching out for you. So it’s really an awareness campaign and letting them know that the police are here to help us,” she added.

— STEVE HIBBARD



People line up at the Ice Cream Social during National Night Out at the Spring Hill Community, a 55-plus senior community in Lorton, on Tuesday, Aug. 1.



Joan Haley and Arline Sachs check out the police car party favors.



National Night Out organizers from Spring Hill include Joanne Griffith, Deb Ochsenreiter, Carol Murray and Sue Lyon.

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Christine Morin, the Chief of Staff at Mount Vernon District Supervisor Dan Storck’s office, speaks to the crowd.

PHOTOS BY  
STEVE HIBBARD  
THE CONNECTION

# Low-Turnout High-Stakes Special Election for School Board

Countywide at-large seat to be determined by Aug. 29 special election; early voting is underway.

BY MICHAEL LEE POPE  
THE CONNECTION

Could there be a worse time to hold a special election? August is a time when people do anything they can to get out of the region, which transforms into a swampy sauna in late summer. Nevertheless, election officials are preparing for an Aug. 29 special election to fill the at-large seat vacated by School Board member Jeanette Hough in May. If Hough had waited just a few more days to resign, voters would have been able to vote in the general election this November. But the timing of Hough's resignation will prompt a late summer special election, a phenomenon experts say helps Republicans.

"Oftentimes a lower turnout election is going to feature a wealthier and whiter electorate," said Geoff Skelley at the University of Virginia Center for Politics. "But if the political energy of the moment is particularly high, which I would say it is right now, it could potentially go a different way."

Fairfax County School Board members serve in non-partisan seats. But Democrats and Republicans endorse their preferred candidates, and Hough had been endorsed by Republicans. Traditionally, Democrats have a harder time with special elections because the electorate tends to be more conservative than the general population. So the timing is good for Republicans, although not necessarily perfect.

"The disparity would be even more pronounced early in August," said Stephen Farnsworth at the University of Mary Washington. "By late August, people tend to be done with their vacations. If you have students going off to college, for example, you are likely dealing with that by late August, if not mid-August."

No Democrat has ever won a summertime special election in Fairfax County, which means this special election is the Republicans to lose. Two candidates who have not been endorsed by either party will also be on the ballot.

**CHRIS GRISAFE, 37**, is a native of Lake Havasu City, Ariz. He was raised in California, and he's lived in Northern Virginia for 12 years. He currently lives in the Penderbrook neighborhood of the Providence District. He does not have any children in the school system, but he has served on Superintendent's Business Advisory Committee, the Bonds Committee and the Adult Education Advisory Committee. He has a bachelor's degree in political science and philosophy from Loyola Marymount

University and a master's degree in business administration from Virginia Tech. Professionally, he is a national security specialist. In 2011, he waged an unsuccessful campaign for the Providence District seat on the Fairfax County Board of Supervisors. He is the candidate endorsed by the Republican Party.

"I think we can be better served than we have been," said Grisafe. "It's important for us to understand how we are impacting student achievement and to prioritize investments for the classroom. I don't think we can gain that insight unless we are doing independent program evaluations."

On the issue of the budget, Grisafe would like to make government more accessible, increasing the amount of information that's available to the public while making it easy to get and understand. He said that would go a long way to help members of the Board of Supervisors understand the management of resources at Fairfax County Public Schools. It could also help School Board members when they need to make a case for increasing funding.

"The biggest critique I've heard from the county supervisors is that there's not transparency in the schools budget," he said. "For example, if you go to the annual report it shows variances on the board documents. But if you really want to understand position numbers, you have to drill down five or six clicks into a different part of the website."

On the issue of class size, Grisafe was dismissive of the idea that the average class size was a metric that means all that much. On the campaign trail, he recently met the parent of a 4th-grade student at Chesterbrook Elementary School whose student was in a class with 33 students.

"The county has a policy for elementary schools not to exceed 29 students," he said. "And there are a number of schools that are exceeding that and basically violating the policy which isn't being enforced."

On the issue of trailers, he said he doesn't know enough to have a position.

"I guess I would want to understand the impact trailers have on the quality of education," he said. "I don't think that trailers are ideal. I haven't studied the trade offs here for trailers."

On transgender bathrooms, he does not support the Obama-era policy of requiring schools to allow students to use the restrooms of the gender they identify with. Rather, he said, the potential conflicts should be handled on a case-by-case basis.

"I think the way the schools are handling the situation now where it's on a case-by-case basis with the schools is what it needs to be for right now until we answer some broader questions of what follow-on policies flow from that," he said. "I personally would like to see more unisex bathrooms."

On the issue of J.E.B. Stuart High School's controversial name, he said he doesn't have a position one way or the other on the name. But he does have a position on the way the school system handled the issue, which he described as a "quintessential example" of a process that should never be repeated



**Sandra Allen,  
Independent**



**Chris Grisafe,  
endorsed by  
Republicans**



**Karen Keys-  
Gamarra,  
endorsed by  
Democrats**



**Michael Owens,  
Independent**

because it's been so divisive.

"If you're going to make a moral case of J.E.B. Stuart, then we need to make that same moral case for the rest of the schools," he said. "Do we now, because George Washington had slaves, remove any monuments to him? I don't know. I would want to know how is this helping the community and bringing us together."

**KAREN KEYS-GAMARRA, 57**, is a native of St. Louis. She has lived in Fairfax County since 1990, first in Huntington and later in the Sully District. She is the parent of three boys who graduated from James Madison High School in Vienna. She has a bachelor's degree in English and communications from Tulane and a law degree from Washington University School of Law. Professionally, she is an attorney who volunteers as a court-appointed special advocate and a guardian ad litem. She ran an unsuccessful campaign for School Board in 2015, and she's currently a member of the Fairfax County Planning Commission. She is the candidate endorsed by the Democratic Party.

"I initially started advocating educational issues with my own children, and then it carried over into my work," said Keys-Gamarra. "It just stuck out to me how critical educational issues are to the success of kids."

On the issue of the budget, Keys-Gamarra said the relationship between the Fairfax County Board of Supervisors and the Fairfax County School Board needs improvement. She said her experience on the Planning Commission gives her an insight into the inner workings of Fairfax County, especially in the Sully District which she represents.

"I really don't see the Board of Supervisors as an enemy, and I think that sometimes — at least to the public — it appears that may be the view," she said. "I don't think that's a healthy approach, and so I think that with my background I may be able to bridge the gap and bring a little more conciliation to the table."

On teacher salaries, Keys-Gamarra said she hears from teachers all the time about how difficult it is to live in Fairfax County earning the kind of money that comes with teaching in the public school system. She said Fairfax County needs salaries that are comparable to rival jurisdictions.

"I'm hesitating to give you a yes or a no because I don't want the impression to be given that ... we have to walk in and blow up the budget because this has to happen,"

she said. "It all has to be balanced against one another but that would certainly be a concern for me."

On the issue of trailers, she's particularly concerned about young children being educated in trailers that don't have bathrooms. On the campaign trail, she's been hearing from parents who are concerned that their children have to wait long periods of time before they can go to a main building to use the facilities. Keys-Gamarra points out that Fairfax County has a shortage of land, which means that schools can't always get the larger size trailers.

"It may be a reality of the resources that we have had and how we've been making decisions," she said. "Some teachers and some students may actually like having that kind of privacy that may have a bathroom in there and air conditioning."

On the issue of class size, Keys-Gamarra said the average class size for Fairfax County elementary school — 22.4 students — is not necessarily a problem. On the campaign trail she's not hearing parents complain about a class size of 22 students. But she is hearing parents complain about class size of 28 or 29 students in a classroom. She said she would like to see the county do something about it, although she's doesn't have a specific proposal.

"I can't throw out a number," she said. "There are certainly concerns regarding class size, and I have those concerns as well."

On transgender bathrooms, she would not commit to agreeing with the Obama-era policy of requiring schools to allow all students to use the bathroom of the gender they identify with. Keys-Gamarra said she agrees with the current policy of handling issues as they arise on a case-by-case basis instead of having a countywide policy.

"I'm not stepping in that," she said when asked about her position. "I really hate to think of children and families being used as a political football."

On the issue of the controversial name of J.E.B. Stuart High School, she said she admires the students who are raising the issue. She agrees that the name should probably change, but she doesn't want to use the school system's limited resources to make it happen.

"I think the thing that probably sticks out to me is that he denounced his citizenship as a United States citizen," she said. "I am on record as supporting the name change."

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PHOTO COURTESY OF AMY WALDRUP

### Fairfax Station Railroad Museum To Host First Responders Day

On Sunday, Aug. 27, The Fairfax Station Railroad Museum will host Civil War re-enactors and modern practitioners who will demonstrate medical and rescue practices then and now in commemoration of Fairfax Station's role as an evacuation center during the Battle of Second Manassas in 1862. Special activities will be available for younger visitors. Hours: 1-4 p.m. The Museum is located at 11200 Fairfax Station Road in Fairfax Station. Admission: Museum members and children 4 and under, free; 5-15, \$2; 16 and older, \$4. Visit [www.fairfax-station.org](http://www.fairfax-station.org), [www.facebook.com/FFXSRR](http://www.facebook.com/FFXSRR), or call 703-425-9225.

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### Is Now a Good Time to Sell?

You bet it is! The real estate market for 2017 continues to improve. Job growth, demographics and limited supply have lead to price increases. Homes in good condition are receiving multiple offers and selling quickly. This trend bodes well for sellers however rising prices and rising interest rates will eventually eat into buyer demand.

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# OPINION

## So Many Chances to Vote

### Next up, Fairfax County School Board At-Large, Aug. 29.

**D**o we have election fatigue? Or are we still reeling from last November's election? Every year is an election year in Virginia, and some years offer multiple opportunities.

Either way, every voter in Virginia had a chance to choose a Gubernatorial candidate from one party or the other in the primary election on June 13.

Now in Fairfax County, a countywide special election for School Board at-large will take place on Aug. 29, with absentee in-person voting already underway. Four candidates are on the ballot, Chris S. Grisafe, Sandra D. Allen, Karen A. Keys-Gamarra and Michael H. Owens. To read our story about the candidates, see [www.connectionnewspapers.com/news/2017/jul/31/low-turnout-high-stakes-special-election-school-bo/](http://www.connectionnewspapers.com/news/2017/jul/31/low-turnout-high-stakes-special-election-school-bo/)

Absentee voting for the special election is by mail or at the Fairfax County Government Center, 12000 Government Center Pkwy., Suite

323, Fairfax, through Aug. 25. Times: Monday, Tuesday, Wednesday and Friday: 8 a.m. - 4:30 p.m.; Thursday, 8 a.m. - 7 p.m.

Then comes the General Election on Nov. 7, with every House of Delegates seat on the ballot along with the race for governor. Lieutenant governor and attorney general are also on the ballot.

To vote in the General Election on Nov. 7, the deadline to register to vote, or update an existing registration, is Monday, Oct. 16. In-person absentee voting begins Sept. 22, with the last day of Nov. 4.

For Fairfax County information: Voter Registration: 703-222-0776, TTY 711; Absentee Fax: 703-324-3725, Email: [voting@fairfaxcounty.gov](mailto:voting@fairfaxcounty.gov)

### Virginia Voter ID

You will need to show one acceptable photo identification card (photo ID) whenever you vote in person. This is Virginia law for all voters.

Photo IDs can be used to vote up to one year after the ID has expired.

Acceptable forms of valid identification:

- ❖ Virginia driver's license
- ❖ Virginia DMV-issued photo ID
- ❖ United States passport
- ❖ Employer-issued photo ID

### Details

To see what's on your ballot: [www.elections.virginia.gov/voter-outreach/whats-ballot.html](http://www.elections.virginia.gov/voter-outreach/whats-ballot.html)

To check that you are registered to vote at your current address: [vote.elections.virginia.gov/VoterInformation/PublicContactLookup](http://vote.elections.virginia.gov/VoterInformation/PublicContactLookup)

To find a registration office where you can obtain photo ID, even on the day of an election, visit: [vote.elections.virginia.gov/VoterInformation/PublicContactLookup](http://vote.elections.virginia.gov/VoterInformation/PublicContactLookup)

To read about candidates for the Aug. 29 special election for Fairfax County School Board: [www.connectionnewspapers.com/news/2017/jul/31/low-turnout-high-stakes-special-election-school-bo/](http://www.connectionnewspapers.com/news/2017/jul/31/low-turnout-high-stakes-special-election-school-bo/)

❖ Student photo ID issued by a school, college, or university located in Virginia

❖ Other U.S. or Virginia government-issued photo ID

❖ Tribal enrollment or other tribal photo ID

❖ Virginia Voter Photo ID card

If you don't have an ID, go to a voter registration office to get a free Voter Photo ID, even on Election Day. You will be required to complete a photo ID application, have your photo taken and to sign a digital signature pad.

If you get to your polling place without acceptable photo ID, ask to vote a provisional ballot. You will be given instructions on what to do so your vote can count.

— MARY KIMM

[MKIMM@CONNECTIONNEWSPAPERS.COM](mailto:MKIMM@CONNECTIONNEWSPAPERS.COM)

### LETTER TO THE EDITOR

### Renaming to Proceed

To the Editor:

An open letter to the community. The Fairfax County School Board voted last night [July 28] that the name of J.E.B Stuart High School be changed no later than the start of the 2019 School Year. The School Board further directed staff to start the renaming process this fall and that as part of that process — in the spirit of compromise and in recognition of the need to minimize costs as well as the desire for continuity by alumni — request that the Stuart community consider "Stuart High School" as the new name. The Board further directed staff to create a mechanism for private funding with the expectation that private funding will pay for a substantial portion of the costs.

I've met with both sides on this issue and it has yielded strong feelings and strong passions. Now that the Board has spoken, we will continue to follow the process as outlined by the School Board regulation for name changes. We will execute the renaming process in a fair, transparent, and expedient manner.

In this spirit, I invite you to join me on Saturday, Sept. 9, at 10 a.m., at J.E.B Stuart High School, where we will hold an open public meeting — per Regulation 8170

[www.boarddocs.com/vsba/fairfax/Board.nsf/files/A6Z2RN6CA270/%24file/R8170.pdf](http://www.boarddocs.com/vsba/fairfax/Board.nsf/files/A6Z2RN6CA270/%24file/R8170.pdf) — to gather names for consideration along with the opportunity for presentations, questions, and discussion. We will share further details with you ahead of the meeting.

As outlined in the regulation, voting for the school name will be limited to those participants residing in the school's attendance area and a weighted point system will be used to determine the top three choices. Voting will take place on Saturday, Sept. 16, at J.E.B Stuart High School and will be open from 10 a.m. to 6 p.m.

After review of the community's recommendations, the Division Superintendent will formulate a recommendation consisting of one or more of the most popular choices according to community input. The Division Superintendent shall then transmit the recommendation to the School Board for consideration and action.

The deadline for the Division Superintendent to submit a formal recommendation to the School Board shall be three weeks prior to the date scheduled for School Board action.

It is clear that this issue has impacted our community and it is my

hope that we can work together to find common ground and embrace the diversity of our friends and neighbors to strengthen our bond around what we all hold true — that every student succeed and that we provide them the support necessary to be successful.

The most important name, I

think we can all agree, is that of the teacher in front of them, and we are committed to ensuring whatever name is chosen that we have the best possible education for every student.

**Scott Brabrand**

Superintendent

Fairfax County Public Schools



PHOTO BY MIKE SALMON/CONNECTION

### Snapshot

A Great Blue Heron hangs out in his usual spot, stalking prey in Kingstowne Lake on Sunday, July 20.

Fairfax Station,  
Lorton & Clifton  
**CONNECTION**

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# U.S. 1 Widening Yields Many Benefits for Community

BY SCOTT SUROVELL  
STATE SENATOR (D-36)

**O**n Aug. 2, the Federal Highway Administration is hosting a ribbon cutting to commemorate the widening of U.S. 1 through Fort Belvoir. The project's completion is an important milestone for our community and has broad ramifications.

When I first ran for office in 2009, I stated that improving U.S. 1 was my number one priority. U.S. 1 is the spine of Mount Vernon, Lorton, Woodbridge, Dumfries/Triangle and Eastern Stafford's central nervous system and a critical driver of not just transportation, but also access to employment, recreation, retail businesses and restaurants. U.S. 1's fate can mean revitalizing area schools and housing and can enhance our overall quality of life

from Stafford County to the Woodrow Wilson Bridge.

When the 2005 Base Realignment and Closure (BRAC) transfers to Fort Belvoir were announced, many people justifiably had concerns about the impact of adding 15,000 new jobs and a billion dollar hospital to a densely-populated and congested area. Widening U.S.1 through Fort Belvoir happened because of a decade of work by former Fairfax County Supervisor Gerry Hyland and, my old boss, Congressman Jim Moran, who has said that this was the last earmark Congress ever approved. In some circles, earmarks are disparaged, but we would not have this improvement or an expanded



Woodrow Wilson Bridge without earmarks.

The Federal Highway Administration delivered this project on time and under budget and not without difficulty. Resolving the road alignment through Woodlawn was fraught with legal questions and community concerns because of the legal requirements of the National Historic Preservation Act and the community's love for Woodlawn Stables. While not everyone was happy with the final decision, a decision was made after an open, transparent and very public process.

## More Improvements Ahead

This project gives Northern Virginia a taste of what's to come on U.S. 1. This six-lane, multimodal facility, complete with bike lanes, a multi-use path and space for bus rapid transit, is a first-class infrastructure project. The only thing

missing is underground utilities. I have already ridden the bike lanes and expect thousands of other cyclists to enjoy this new much safer transit between Mount Vernon and the Lorton part of Fairfax County. When I first ran for the House of Delegates in 2009, I noted that in my lifetime, people between Fort Belvoir, Huntley Meadows Park and the Potomac River had seen few significant infrastructure improvements while the rest of Northern Virginia had had billions in infrastructure investment.

With the U.S. 1 widening and other projects occurring in Prince William County, people along U.S. 1 can see improved infrastructure coming. Jeff Todd Way has transformed life for people living in Mount Vernon and Lee District of Fairfax County and this project will do the same. As we move into finalizing the EMBARK Route 1 process, this U.S. 1 project allows us

to actually see, touch, drive, walk and cycle what is coming on U.S. 1 from Huntington to Woodlawn.

A final important note: By improving access to one of Northern Virginia's largest job centers — Fort Belvoir — this project will improve the quality of life for thousands of people who commute from the Woodbridge, Dumfries/Triangle and Stafford areas. When I visited families in 2015, I heard dozens of complaints about I-95 traffic, and from people just trying to get on base to work. Thanks to Congressman Moran, thousands of people will have more time to spend with their families instead of spewing carbon dioxide and other pollutants on U.S. 1.

Thank you again to everyone involved in this project. It is an honor to serve as your state senator. You can reach me at [scott@scottsurovell.org](mailto:scott@scottsurovell.org) if you have any feedback.

## Weichert, Realtors Recognize Nine Area Associates

**N**ine of Weichert, Realtors sales associates were named among America's most productive sales associates in a newly issued ranking report produced by REAL Trends. As members of "America's Best Real Estate Agents," these Weichert associates rank among the top agents in the state of Virginia, and join a total of 46 Weichert, Realtors sales associates recognized across company-owned offices in New York, New Jersey, Virginia and Maryland.

REAL Trends America's Best Real Estate Agents ranks more than 12,600 residential real estate professionals solely based on their excellence in real estate sales during calendar year 2016.

The Weichert, Realtors sales associates in Virginia who have been recognized in the Individuals by Sides category are:

- ❖ J.D. Callander (#14) – McLean sales office
- ❖ Patricia E. Stack (#30) – Vienna sales office

The Weichert, Realtors sales associates in Virginia who have been recognized in the Individuals by Volume category are:

- ❖ J.D. Callander (#3) – McLean sales office
- ❖ Patricia E. Stack (#7) – Vienna sales office
- ❖ Christine Garner (#9) – Alexandria/Old Town sales office
- ❖ David A. Lloyd Jr. (#30) – Arlington sales office

- ❖ Andrew Qian (#37) – Alexandria/Old Town sales office

- ❖ Kathleen Quintarelli (#65) – Burke sales office

In addition, Weichert sales associates in Virginia who were recognized in the Teams by Sides category are Mary Ann Bendinelli (#69) from the Manassas office and Youssef Zeroual (#72) from the Burke office.

Weichert sales associates in Virginia who were recognized in the Teams by Volume category are Lex Lianos (#61) from the Vienna office and Mary Ann Bendinelli (#98) from the Manassas office.

To qualify for inclusion, an individual agent must have closed at least 50 transaction sides or \$20 million in closed sales volume in 2016. For real estate agent teams, the minimum is 75 transaction sides or \$30 million in closed sales volume.

"The average residential real estate agent in the United States closed fewer than nine transactions in 2016 and had less than \$1.3 million in sales," says Steve Murray, publisher of REAL Trends America's Best Real Estate Agents and president of REAL Trends. "To say that these agents are exceptional sales professionals is an understatement. To attain this level of sales is truly outstanding."



PHOTO COURTESY OF EILEEN YU-CHEN LIN

## Meet Buster Rhymes

**"Hi, my name is Buster Rhymes, and I currently live in Springfield. I am a 1-year-old beagle mix rescued from Mississippi. I love my neighborhood and I take daily walks to Franconia Park to meet my friends. My pawrents are always nervous taking me to the park because there is trash everywhere that I had accidentally eaten and got a tummy ache. I love soccer, but I sincerely hope humans can clean up after themselves. I also hope we could get a dog park there soon, so we can play off leash in a safe space. In this photo, my pawrents got me a backpack with weights so they can tire me out faster on our walks to Franconia Park. For more photos, follow me on Instagram @buster\_rhymes\_the\_beagle."**

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## BULLETIN BOARD

**Volunteers Needed.** PRS is looking for empathetic and caring volunteers to make phone calls to older adults who may be feeling socially isolated. The commitment is one 3-hour shift per week for one year. Located in Arlington. Ages 21 & up. Intensive training provided. Learn more and apply: <https://prsinc.org/caring-volunteering/>. Questions? Email [lpadgett@prsinc.org](mailto:lpadgett@prsinc.org).  
"Changing Minds" Addresses Children's Exposure to Violence  
The Department of Justice (DOJ) has launched an initiative called

Changing Minds, a national public education campaign to raise awareness, teach skills, and prompt public action in response to children's exposure to violence in the U.S. This multi-year campaign, established through DOJ's Defending Childhood Initiative, features digital and print content intended to reach adults who interact with children and youth in grades K-12. The new campaign website, [ChangingMindsNOW.org](http://ChangingMindsNOW.org), provides resources and tips on how to support children who may have been affected by violence.

The Office of Juvenile Justice and Delinquency Prevention developed Changing Minds in partnership with Futures Without Violence, the Ad Council and the Wunderman ad agency. Their agencies are working together to spread the word and are in need of your help. Research indicates that proper intervention, including support from caring adults, can help children heal. With this in mind, you are encouraged to use these resources and share this message with your networks. Learn More: [ChangingMindsNow.org](http://ChangingMindsNow.org)

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NEWSPAPERS

## WELLBEING

# Saving Your Skin

How to prevent sun damage while enjoying summer.

BY MARILYN CAMPBELL

**A**ugust approaches and many head out for sun-drenched vacations with a skin-baring wardrobe. This much anticipated time of year doesn't come without danger, primarily in the form of sunburn which can lead to skin damage, skin cancer, wrinkles and dark spots. Skincare gurus offer suggestions for protecting skin without sacrificing time outside.

"Sunscreen is the best protection from the sun," said Cheryl A. Oetjen, DNP, FNP-BC, assistant professor of nursing at George Mason University. "This can be from lotions that are SPF 30 or higher or from skin-protective clothing. Wearing a hat can also protect your face to some degree. Sunglasses should also be worn."

To maximize the effectiveness of sunscreen, Oetjen advises being aware of some of the most commonly made application mistakes. "Ideally sunscreen should be applied 30 minutes prior to sun exposure," she said. "This gives it time to soak into the skin. Avoiding the water for this time is also important."

Avoid the sun between 11 a.m. and 3 p.m. when it's most intense and use at least one ounce of sunscreen per application, says Oetjen. "The important part of applying sunscreen is ensuring that you are using enough," she said. "Fair complexions, red hair and blonde hair often are indicators of a higher risk of sunburn, so it's important to reapply often."

Make sunscreen part of one's daily skincare regimen, advises Colleen Sanders, RN, FNP, Marymount University in Arlington. "The recommendation is that you wear sunscreen every day if you're going to be outside even for a short period of time," she said. "It should be part of your everyday routine."

Relying solely on the SPF found in some cosmetics like foundation or powder is unwise, says dermatologist Dr. Lisa Bronstein. "Makeup doesn't necessarily provide the protection that it claims to provide," she said. "There are a lot of tinted sunscreens out now that match a variety of skin tones and also give amazing protection from sun damage."

"Wearing sunglasses with UVA and UVB protection as well as a hat will help prevent damage, says Sanders. "Common areas that people often forget to cover, and where we often find skin cancer, are the tops of ears and the backs of their hands," she said "These are places where people forget to put sunscreen."

"Make sure the most sensitive areas are covered ... these areas include the top of the ears, lips [and] the nose, added Oetjen. "Zinc oxide can be applied to sensitive areas."

Infants who are younger than six months old should have limited exposure to the sun, says Oetjen.

"The FDA has not approved a sunscreen for infants under 6 months so it is best for them to stay in the shade and wear sun protective clothing and hat," she said. "The skin of infants is thinner and more sensitive to the sun and sunscreen."

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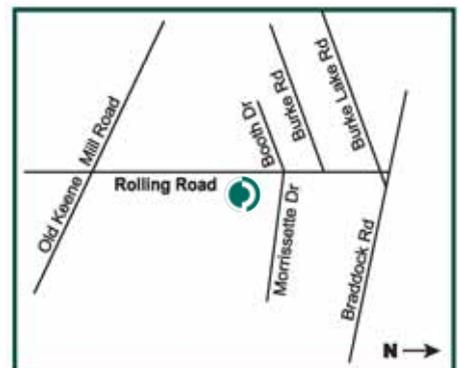


*Washingtonian* magazine, Drs. Cocolis and DaSilva exceed industry standards in the time they dedicate to continuing education and service. Our skilled and compassionate team pairs patient education with the latest dental techniques and technology, offering an extensive array of dental services including digital x-rays, injection-free laser procedures, CAD-cam same-day porcelain crowns, tooth whitening, Invisalign, and veneers. We offer a variety of sedation options including oral sedation and nitrous oxide (sleep dentistry) and are dedicated to easing all aspects of your dental experience.

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# SCHOOLS



## Honoring Teachers of the Year

The Rotary Club of Fairfax recently honored and awarded two City of Fairfax teachers at its annual Teacher of the Year program. From left: Paul Gauthier (Fairfax Rotary president); Erin Lenhart (principal, Lanier Middle School); Greer Mancuso (Teacher of the Year, ESOL teacher, Lanier Middle School); Erich Dicenzo (Teacher of the Year, Theater Arts teacher, Fairfax High School); David Goldfarb (principal, Fairfax High School); and Dr. Laura Hills (Fairfax Rotary Teacher of the Year Committee).

## New Principals in Fairfax Schools

**Candace Hunstad** was named principal of Fairhill Elementary School, effective July 5. Formerly the assistant principal at Terraset Elementary, where she served since 2012, Hunstad also served as assistant principal at Herndon Elementary and as acting assistant principal at Columbia Elementary. She has led the adoption of a local level four Advanced Academic Program and worked with the Young Scholars and Bridge to Kindergarten programs.

A graduate of the University of Mary Washington with a bachelor's in international affairs, Hunstad earned her master's in education with a concentration in curriculum and instruction from George Mason University. She holds an administrative endorsement from the University of Virginia, and is fluent in Spanish.

**Kanchana Iyer** was named principal of Eagle View Elementary School, effective July 24. Iyer currently serves as assistant principal of Lutie Lewis Coates Elementary. A 23-year veteran edu-

cator with Fairfax County Public Schools, Iyer began her career as an instructional assistant in a kindergarten class. She later served as an English for speakers of other languages (ESOL) teacher at Forestdale, Lynbrook, and Camelot Elementary Schools and was the lead ESOL teacher at Colin Powell and Colvin Run Elementary Schools. She has also worked in the Office of Language Acquisition and Title 1 as well as a school-based administrator, including administrative intern at Dogwood Elementary, acting assistant principal at Westbriar and Lake Anne Elementary Schools, and assistant principal at Mount Vernon Woods and Lutie Lewis Coates, where she currently serves. She is an experienced leader who has led the implementation of reading-writing workshop as well as guided math and math workshop. She earned a bachelor of arts from George Mason University and a master of education degree from Marymount University. She holds an administrative endorsement from the University of Virginia.

## SCHOOL NOTES

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. Deadline is Friday. Dated announcements should be submitted at least two weeks prior to the event.

Burke resident **Nathan G. Musso** was named to the Rhodes College (Memphis, Tenn.) dean's list for the 2017 spring semester.

**Maggie Miller**, of Burke, graduated from Stevenson University (Owings Mills, Md.). Miller was named to the spring 2017 semester dean's list at

**Roger Smith**, of Burke, graduated from Rochester Institute of Technology (Rochester, N.Y.) with an M.S. in game design and development.

Wheaton College student-athlete **Aaron Lenhardt**, of Burke, was named to the College Conference of Illinois and Wisconsin (CCIW) Academic All-Conference team. The Academic All-

Conference team consists of letterwinners from CCIW member institutions who achieve a cumulative grade point average of 3.30 or higher.

**Matthew Fiocco**, a resident of Burke majoring in business administration, was named to the dean's list in Ithaca (N.Y.) College's School of Business for the spring 2017 semester.

**Michael Van Meter**, of Springfield, won a \$2,000 scholarship from the Scholarships for Military Children Program. He plans to attend the University of Virginia this year.

**Brian M. Ward** of Springfield, graduate of W. T. Woodson HS, Probable career field: Political Science, has received College-Sponsored Merit Scholarship from Boston College, a coed Jesuit university located in Chestnut Hill, Mass. Boston College consists of 13 schools, colleges, and institutions and includes colleges of Arts and Sciences, Management, Educa-

tion, and Nursing. The college awards professional, master's, and doctoral degrees.

**Stephen Choi**, of Alexandria, graduated from the Rochester Institute of Technology (Rochester, N.Y.) with an M.S. in mechanical engineering.

**Bruce Bland**, of Springfield, who is studying computer science made the dean's list for the 2017 spring semester at Rochester Institute of Technology (Rochester, N.Y.).

**Andrew Ward**, of Springfield, who is studying management information systems made the dean's list for the 2017 spring semester at Rochester Institute of Technology (Rochester, N.Y.).

**Jay Shackley**, of Springfield, who is studying mechanical engineering made the dean's list for the 2017 spring semester at Rochester Institute of Technology (Rochester, N.Y.).

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# ENTERTAINMENT

Submit entertainment announcements at [www.connectionnewspapers.com/Calendar/](http://www.connectionnewspapers.com/Calendar/). The deadline is noon on Friday. Photos/artwork encouraged.

## ONGOING

**Photo Exhibition.** Through Aug. 13, 9 a.m.-5 p.m. at Fairfax Museum and Visitor Center, 10209 Main St., Fairfax. "Chalkboards to Smartboards: Free Public Schools in Fairfax County and Fairfax City" traces the evolution of free public schools from the log and frame one-room schools of late 19th and early 20th-centuries to today's high-tech learning centers. Exhibition explores life in a one-room school, desegregation, and challenges of the post-World War II suburban population explosion. Free. Call 703-385-8414.

**Senior Olympics.** Deadline to register for the Northern Virginia Senior Olympics is Aug. 26. Participants must be at least 50-years-old by Dec. 31, 2017. Register at [www.nvso.us](http://www.nvso.us) until Sept. 2 or via U.S. mail before Aug. 26 with forms available at area recreation centers. To volunteer contact RSVP Northern Virginia at 703-403-5360 or email [rsvp@volunteerfairfax.org](mailto:rsvp@volunteerfairfax.org).

**Kingstowne Farmers Market opens.** 4-7 p.m. every Friday through Oct. 27, at Kingstowne Giant Parking Lot, 5870 Kingstowne Center, Alexandria. Freshly picked, producer-only vegetables and fruit, from-scratch bread (including gluten free), baked goods, kettle corn, salsa, hummus, cake pops, fruit popsicles, and ice cream. Email [Chelsea.roseberry@fairfaxcounty.gov](mailto:Chelsea.roseberry@fairfaxcounty.gov) or call 703-642-0128.

## THURSDAY/AUG. 3

**Flora Fauna for Kids.** 11-11:45 a.m. at Hidden Pond Nature Center, 8511 Greeley Blvd., Springfield. Learn about fish in the pond. \$5. Ages 3-6. Call 703-451-9588.

**The Excellent Drivers concert.** 6:30-8:30 p.m. at Old Town Square, 3999 University Drive, Fairfax. Musical, family-friendly event. Free. Visit [www.fairfaxva.gov/](http://www.fairfaxva.gov/).

## FRIDAY/AUG. 4

**Main Street Clarinet Quartet concert.** 7-8 p.m. at Old Town Plaza, 3955 Chain Bridge Road, Fairfax. Musical, family-friendly event. Free. Visit [www.fairfaxva.gov/](http://www.fairfaxva.gov/).

**Bingo.** 7 p.m. at Fire Station 3, 4081 University Drive, Fairfax. Smoke free. \$1,000 jackpot. Visit [www.fairfaxva.gov/](http://www.fairfaxva.gov/).

**Topgolf and a DJ.** 7-10 p.m. at Topgolf, 6625 S. Van Dorn St. Golf, music from Rush Hour DJ, food and drink. Visit [topgolf.com/us/alexandria/](http://topgolf.com/us/alexandria/) or call 703-924-2600.

## SATURDAY/AUG. 5

**Singles Dinner and Movie Night.** 5 p.m. at Uncle Julio's at Fairfax Corner, 4251 Fairfax Corner Ave. \$32 at door includes dinner, soda, tip and movie ticket. Sponsored by New Beginnings, a support group for separated/divorced men and women. Call 301-924-4101 or visit [www.newbeginningsusa.org](http://www.newbeginningsusa.org).

**Topgolf and a DJ.** 7-10 p.m. at Topgolf, 6625 S. Van Dorn St. Golf, music from Tnyce DJ, food and drink. Visit [topgolf.com/us/alexandria/](http://topgolf.com/us/alexandria/) or call 703-924-2600.

## SUNDAY/AUG. 6

**Yoga on the Square.** 10 a.m. at Old Town Square, 3999 University Drive, Fairfax. Bring a yoga mat and a water bottle. Call 703-385-7858.

**Natural Pet Store Opening.** 10 a.m. at the Kriser's Natural Pet store 3903-



PHOTO BY FIBER ARTIST MARISELA RUMBERG

## Art Exhibit

**"Princess Nichte-Ha,"** a cotton, polyester and textile paint work by Marisela Rumberg will be part of the Art Quilts Exhibit running Aug. 9-Sept. 3 at the Workhouse Arts Center, 9601 Ox Road, Lorton. Rumberg will be at the studio for a "Meet the Artist Reception," noon-3 p.m. Saturday, Aug. 13. Visit [www.MariselaRumberg.com](http://www.MariselaRumberg.com) for more.

F Fair Ridge Drive. (in the Harris Teeter shopping center), Fairfax. Includes classes focusing on general obedience and/or puppy. Visit [ksrpetcare.com/](http://ksrpetcare.com/) or call 703 830 5454.

## MONDAY/AUG. 7

**Funday Monday.** 10:30 a.m. at Old Town Square, 3999 University Drive, Fairfax. Mr. Skip will perform for children. Free. Call 703-385-7858 or visit [www.fairfaxva.gov/culturalarts](http://www.fairfaxva.gov/culturalarts).

## WEDNESDAY/AUG. 9

**Tai Chi.** 6:30-7:30 a.m. at Old Town Square, 3999 University Drive, Fairfax. Weather permitting. Wear comfortable clothes and bring a mat. Class will take place in Old Town Square at the pergola. Free. Call 703-385-7858 or visit [www.fairfaxva.gov/culturalarts](http://www.fairfaxva.gov/culturalarts).

## THURSDAY/AUG. 10

**Flora Fauna for Kids.** 11-11:45 a.m. at Hidden Pond Nature Center, 8511 Greeley Blvd., Springfield. Learn about "dirt critters," in the area. \$5. Ages 3-6. Call 703-451-9588.

## AUG. 10-11

**Golf Tournament.** all day at Laurel Hill Golf Club, 8701 Laurel Crest Drive, Lorton. Middle Atlantic PGA Junior Tour Championship. Visit [www.fairfaxcounty.gov/parks/golf/lhgc](http://www.fairfaxcounty.gov/parks/golf/lhgc) or call 703-439-8849.

## SATURDAY/AUG. 12

**Body Paint Workshop.** 5-9 p.m. at Fairfax Art League Village Gallery, 3950 University Drive, Fairfax. The workshop consists of free dance, yoga movements and other techniques to reestablish harmony between the artist and their art. \$8. Email [melanie.bikowski@gmail.com](mailto:melanie.bikowski@gmail.com) or call 757-822-0561.

**"Tangles" On Stage.** 7 p.m. at Harris Theater (near Mason Pond parking deck), George Mason University, Fairfax. Musical written and directed by visiting scholar Jeffrey Steiger and produced by Charles Samenow, MD. Visit [www2.gmu.edu/](http://www2.gmu.edu/).

## SUNDAY/AUG. 13

**Yoga on the Square.** 10 a.m. at Old Town Square, 3999 University Drive, Fairfax. Bring a yoga mat, a water bottle, and yourself! Call 703-385-7858.

**Model Train Show.** 1-4 p.m. at Fairfax Station Railroad Museum, 11200 Fairfax Station Road. The Northern Virginia NTRAK members will hold a N gauge T-TRAK model train show. Museum members, free; adults 16 and over, \$4; children 5-15, \$2; under 4, free. Information on the museum and shows is at [www.fairfax-station.org](http://www.fairfax-station.org) or call 703-425-9225.

**Meet the Artist Reception.** noon-3 p.m. at the Workhouse Arts Center, 9601 Ox Road, Lorton. Art Quilts Exhibit by fiber artist Marisela Rumberg, exhibit runs Aug. 9-Sept. 3. Visit [www.MariselaRumberg.com](http://www.MariselaRumberg.com).

**Meet the Author.** 2 p.m. at the Fairfax Museum and Visitor Center, 10209 Main St., Fairfax. "Reston: A Revolutionary Idea." Author and biographer Kristina Alcorn will discuss the history of Reston and sign and sell her book, "In His Own Words: Stories from the Extraordinary Life of Reston's Founder, Robert E. Simon, Jr." Free. Fairfax Museum and Visitor Center, 10209 Main St., Fairfax. 703-385-8414.

## AUG. 16-20

**Cirque du Soleil.** Various times at Eagle Bank Arena, 4500 Patriot Circle. Their current "OVO," show is created by Deborah Colker, the first female director in Cirque du Soleil history. Visit [www.eaglebankarena.com/](http://www.eaglebankarena.com/).

## THURSDAY/AUG. 17

**Flora Fauna for Kids.** 11-11:45 a.m. at Hidden Pond Nature Center, 8511 Greeley Blvd., Springfield. Learn about insects in the area. \$5. Ages 3-6. Call 703-451-9588.

**Lucia Valentine Concert.** 6:30-8:30 p.m. at Old Town Square, 3999 University Dr., Fairfax. Grab dinner at one of the many restaurants in downtown, and listen to great music. Free. Call 703-385-7858.

## FRIDAY/AUG. 18

**Music on the Plaza.** 7 p.m. at the Old Town Plaza, 3955 Chain Bridge Road, Fairfax. Free, weather permitting. Call 703-385-7858.

**Family Fun Movie Nights.** 7 p.m. at Sherwood Community Center, 3740 Old Lee Highway, Fairfax. "Sing," is the feature. Free. An adult must accompany anyone under the age of 14. Food to donate for Britepaths can be dropped off at the Sherwood Center on the evening of the Family Fun Nights. Call 703-385-7858.

## SUNDAY/AUG. 20

**Meet the Civil War Author.** 11 a.m. at Historic Pohick Episcopal Church, 9301 Richmond Highway, Lorton. The Historic Pohick Church Docents Guild sponsoring Don Hakenson, award winning author and producer of of Civil War books and a Mosby documentary, will talk about the Civil War history in and around Pohick Church. After the 10 a.m. service. Call 703-339-6572.

**Model Train Show.** 1-4 p.m. at Fairfax Station Railroad Museum, 11200 Fairfax Station Road. The Northern Virginia NTRAK members will hold a N gauge T-TRAK model train show. Museum members, free; adults 16 and over, \$4; children 5-15, \$2; under 4, free. Information on the museum and shows is at [www.fairfax-station.org](http://www.fairfax-station.org) or call 703-425-9225.

## TUESDAY/AUG. 21

**Great American Eclipse.** All day at Burke Lake Park, 7315 Ox Road, Fairfax Station. Learn the science behind eclipses and how to view them safely, solar eclipse glasses will be provided to attendees at all the programs. \$7-\$12 per person. Visit [go.usa.gov/xNvvb](http://go.usa.gov/xNvvb).

**Funday Monday Eclipse Special.** 1-4 p.m. at Old Town Square, 3999 University Drive, Fairfax. Stories, crafts, music, and more while the eclipse travels overhead. Pack a picnic lunch or visit one of our local restaurants. Free viewing glasses will be available as supplies last. Visit [www.fairfaxva.gov](http://www.fairfaxva.gov).

## THURSDAY/AUG. 24

**Flora Fauna for Kids.** 11-11:45 a.m. at Hidden Pond Nature Center, 8511 Greeley Blvd., Springfield. Go on the trail walk and learn about the pond. \$5. Ages 3-6. Call 703-451-9588.

## SATURDAY/AUG. 26

**Meet the Author.** 2 p.m. at the Civil War Interpretive Center at Historic Blenheim, 3610 Old Lee Highway, Fairfax. The Battle of Ball's Bluff — local historian James Morgan will focus on his tactical study of the battle: "A Little Short of Boats: the Battles of Ball's Bluff and Edwards Ferry." Book signing and sales follow the talk. Free. Call 703-591-0560.

## SUNDAY/AUG. 27

**Civil War Reenactment.** 1-4 p.m. at Fairfax Station Railroad Museum, 11200 Fairfax Station Road. The Fairfax Station Railroad Museum will host Civil War re-enactors and modern practitioners who will demonstrate medical and rescue practices then and now in commemoration of Fairfax Station's role as an evacuation center during the Battle of Second Manassas in 1862. Museum members, free; adults 16 and over, \$4; children 5-15, \$2; under 4, free. Information on the museum and shows is at [www.fairfax-station.org](http://www.fairfax-station.org) or call 703-425-9225.

## FRIDAY/SEPT. 1

**Photo Exhibition.** 9 a.m.-5 p.m. at Fairfax Museum and Visitor Center, 10209 Main St., Fairfax. "Over There: Americans in World War I" a traveling exhibition from the National Archives and Records Administration showcases photographs from the battle fronts in France, Italy, and Russia, supply and support operations behind the lines, and the Paris Peace Conference, open through Oct. 20. Group guided tours available by reservation, \$25. Call 703-385-8414.

## SEPT. 3-4

**Model Train Shows.** noon-5 p.m. at Fairfax Station Railroad Museum, 11200 Fairfax Station Road. Labor Day Weekend, The Potomac Module Crew members will have HO Scale and others will have a LEGO Model Train Show. Museum members, free; adults 16 and over, \$4; children 5-15, \$2; under 4, free. Call 703-425-9225 or visit [www.fairfax-station.org](http://www.fairfax-station.org).

## SEPT. 9-10

**Burke Centre Festival.** 9 a.m.-5 p.m. at the Burke Conservancy, 6060 Burke Centre Parkway. Arts and crafts, live shows, rides, face painting, and festival foods. Visit [www.burkecentreweb.com](http://www.burkecentreweb.com).



### Welcoming Honor Flight Participants

On Friday, July 28, Old Glory Honor Flight from Oshkosh, Wis., was greeted by a large crowd at Reagan National Airport, including members of Anna Maria Fitzhugh Chapter, National Society Daughters of the American Revolution. More than 100 Vietnam Veterans arrived to visit national memorials and monuments. Each veteran was personally welcomed and received mementos from Anna Maria Fitzhugh Chapter members. The DAR Chapter is located in Springfield.

### AREA ROUNDUPS

### Civil War Book Talk and Signing At Historic Pohick Church

The Historic Pohick Church Docents Guild will be sponsoring a book talk and signing on Aug. 20 following the 10 a.m. worship service (about 11 a.m.) in the Parish Hall.

Don Hakenson, award winning author and producer of Civil War books and a Mosby documentary, will talk about the Civil War history in and around Pohick Church.

Hakenson will be bringing a total of four books and will be there to sign them. In addition, he will have a DVD to sell. For further information, contact the church office at 703-339-6572. Historic Pohick Episcopal Church is located at 9301 Richmond Highway, Lorton.

### Fairfax Station Railroad Museum Offers Volunteer Opportunities

If you are interested in local history, consider volunteering at the Fairfax Station Railroad Museum.

The Museum offers a variety of volunteer opportunities in Museum events, programs and administration. Contact volunteers@fairfax-station.org or 703-945-7483 to explore services for a variety of schedules and interests.

The Museum is located at 11200 Fairfax Station Road in Fairfax Station.

It is open every Sunday, except holidays, from 1-4 p.m. www.fairfax-station.org, www.facebook.com/FFXSRR, 703-425-9225.



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# Early Voting Underway in Special Election for School Board

FROM PAGE 2

I am not on record as saying that we need to take Fairfax County's funds to pay for that."

**SANDRA ALLEN, 48**, is a native of Bolivia. She's lived in the United States more than 40 years, immigrating as a child. She came to Fairfax County about 35 years ago, and currently lives in Vienna. She has two boys who attend James Madison High School, a rising 10th grade student and a rising 11th grade student. She has a bachelor's degree in business administration from Marymount University. She worked in budgeting and finance at the Department of Defense before leaving the workplace to become a stay-at-home mother.

"I'm concerned that there's not a voice present for the minority students," said Allen. "There's not a single person in any sort of leadership roles within the school system, ... and I've seen that a lot of the decisions that are being made without the input of the moms — the minority moms."

On the issue of the school budget, she said she would like to see better management of the finances. She acknowledges that she has not studied the budget in depth, but she said schools should focus on appropriating money to students rather than security. Budget documents show Fairfax County spends about \$5 million a year on 55 school resource officers. Allen said that's money that could be spent elsewhere.

"I think we should stop making the schools an extension of juvenile detention centers where there's police presence during cafeteria time," said Allen. "We can reappropriate that."

On teacher pay, Allen describes the \$71,000 average pay of Fairfax teachers is "doable." She said she would like to speak to more teachers before offering a definitive opinion, but she adds that teachers could be rewarded with salary increases based on performance. She said she would like to look at the benefit packages to see if some young professionals might be able to trade some of their benefits for higher pay. "A lot of the young teachers don't need

those excessive packages or excessive benefits," she said. "And they probably would do much better having higher pay, so doing a cafeteria plan could be an option."

On the issue of trailers, Allen said trailers have provided a good education for children across the county. But, she said, parents should be able to force school officials to find classroom assignments inside a brick-and-mortar building for their children.

"I don't have any issues with trailers," said Allen. "But if a parent does choose to and sees that that's not to the benefit of her or his student," schools should be required to accommodate that.

On the issue of class size, Allen said the average elementary school class size in Fairfax of 22.4 students is not a problem, although she adds that she's willing to hear from teachers if they feel that number should be lower.

"I think that number is probably about right," she said. "I support the teachers' perspective on this, and if they feel students are not getting attention we may need to change that number."

On the issue of transgender bathrooms, Allen disagrees with the directive from former President Barack Obama that students should be able to use the bathroom of the gender they identify with. Instead, she said, schools should engage in a capital campaign to build new restrooms across the county.

"We need to provide the privacy that is necessary for the child, and I think that schools should create that environment of privacy by providing a third option — a neutral bathroom," said Allen, who said she understands how much money would be involved in making that happen. "Schools work with private institutions for funding. When there is a will to change something, there is a way to find a solution."

On the issue of J.E.B. Stuart High School's controversial name, Allen agrees with the students to are pressing to have the name changed. But when asked how she would finance the change, she said she would not support spending money on it.

"I support it. I didn't say it would be something that would be doable," she said. "We

have to pick and choose what our priorities are."

**MICHAEL OWENS, 43**, is a native of Baltimore. She's lived in Fairfax County more than 20 years, first in McLean and later in Falls Church. She has a bachelor's degree in history from Johns Hopkins University and a bachelor's degree in English from Towson University. She also has a master's degree in English from the University of Virginia and a master's degree in education from Marymount University. Professionally, she is a usability and accessibility expert working on web-based applications for the consulting firm known as Design for Context in Washington, D.C. She is a former Fairfax County teacher who currently has one daughter in the school system who is a rising fifth grader at Belvedere Elementary School. She is the president of the parent teacher association there.

"I'm concerned because we have limited resources now, and we are going to have even more limited resources in the future," she said. "We need to make really important decisions, and we need to do so prudently."

On the issue of the budget, Owens said the school system is unlikely to get increased funding from the Board of Supervisors. So she would like to see a more efficient use of existing resources. For example, she said, the school system spends too much money on athletic programs like football that could be funded with outside money.

"I would like the athletic teams to actually raise money for the other programs within the school," said Owens. "The athletic teams could support the after-school chess club. Let's see the kids helping each other."

On teacher pay, Owens said she would like to see higher salaries — 10-to-20 percent higher. She understands the financial difficulties facing teachers because she was a single mother whose only income was the paycheck she got from Fairfax County Public Schools. In fact, she said, it was that economic pressure that caused her to leave the teaching and become a consultant.

"I left teaching not because I didn't enjoy

the students or the parents or even the administrators. I left teaching because I couldn't afford to teach and live here. And that's pretty sad," she said. "I think it's really important that the people who are teaching your children and interacting with your children every day live in your community."

On the issue of trailers being used as classrooms, Owens said Fairfax County has too many students in portable classrooms. But she also said that there was little the School Board could realistically do about it.

"I don't think anybody likes trailers," she said. "But that might not be something that we can do anything about, at least in the short term."

On the issue of class size, she said all parents would like to see a smaller student-to-teacher ratio. When asked about it, she circled back around to the question about trailers to make a point about her priorities if elected.

"I'd rather see us have more trailers and smaller classes than fewer trailers but more kids in each class," said Owens.

On the issue of transgender bathrooms, Owens is the only candidate in who supports former President Barack Obama's directive ordering schools to allow students to use the bathroom of the gender they identify with rather than the gender they were born with.

"The kid that feels comfortable going into the girls room to use the facilities, they need the right to do that," said Owens. "The kid who's going to the bathroom to cause trouble no matter what bathroom they're going into, that's a whole different issue."

On the issue of J.E.B. Stuart High School name, she understands those who want to change the name. But she was quick to add that the cost would be half a million dollars, and she said it's not appropriate for the school system to spend that kind of money when there are other budget priorities.

"This is not an emergency, and it's not a moral imperative," she said. "I understand if a student doesn't want to wear his name across their chest. But I don't want to pay to change it."

## FAITH NOTES

Send notes to the Connection at [south@connectionnewspapers.com](mailto:south@connectionnewspapers.com) or call 703-778-9416.

**Congregation Adat Reyim**, an independent Jewish congregation, offers services Friday at 8 p.m., Saturday at 9:30 a.m. and Maariv minyan at 7:30 p.m. Hebrew School is Sundays from 9-11:15 for K-6th graders and Mondays from 5:30-7:30 p.m. for 3rd-6th graders. Adat Reyim is located at 6500 Westbury Oaks Court in Springfield. 703-569-7577 or [www.adatreyim.org](http://www.adatreyim.org).

**Burke Presbyterian Church**, 5690 Oak Leather Drive in Burke, worship services are Sundays at 9 a.m., 11:15 a.m., and 6 p.m. [www.BurkePresChurch.org](http://www.BurkePresChurch.org).

**One God Ministry Church**, 4280/4282 Chain Bridge Road, Fairfax, offers

Early Morning Service at 8 a.m., Sunday School at 10 a.m., Sunday Worship Service at 11 a.m., and Wednesday Bible Study at 7 p.m. Women, Men, and Youth Bible Studies are on the third Tuesday of each month at 7 p.m. A Spiritual Gifts Service is the first Friday of every month at 7 p.m. One God Ministry has ministries for youth, men, women, couples, music and singles. 703-591-6161 or [www.onegodministry.org](http://www.onegodministry.org).

**Faith Communities in Action** meets the first Wednesday of every other month from 2-4 p.m. at the Fairfax County Government Center, Conference Rooms 2 and 3, 12000 Government Center Parkway, Fairfax.

**The Bahá'ís of Fairfax County Southwest** offers "Interfaith Devotions: World Peace and Unity" for the

general public on Saturdays. These free devotional gatherings meet at the Pohick Regional Library, Room #1, 6450 Sydenstricker Road, Burke, 22015.

**St. Leo the Great in Fairfax** hosts "Night of Praise" the first Saturday of each month, featuring praise music and Eucharist adoration at 7 p.m. Located at 3704 Old Lee Highway in Fairfax.

**St. Matthew's United Methodist Church**, 8617 Little River Turnpike, Annandale, offers a traditional service on Sundays at 8:15 and 11:15 a.m. and a contemporary service on Sundays at 9:45 a.m. [www.stmatthewsumc.org](http://www.stmatthewsumc.org) or 703-978-3500.

**The Immanuel Bible Church MOPS group** meets on Mondays at 7 p.m. at Immanuel Bible Church, 6911 Braddock Road, Springfield. MOPS is for

pregnant or parenting mothers of children from infancy to kindergarten. 703-922-4295 or [www.MOPS.org](http://www.MOPS.org).

**First Baptist Church of Springfield**, 7300 Gary St., Springfield, has traditional and contemporary Sunday services at 10:30 a.m., Sunday school at 9:15 a.m. Special worldwide services offered at special times throughout the year in English, Spanish and Ethiopian. The pastors are Jim Weaver and Jason Mitchell. 703-451-1500 or [www.fbcspRINGfield.org](http://www.fbcspRINGfield.org).

The following is a list of events at **Mount Calvary Baptist Church**, 4325 Chain Bridge Road, Fairfax:

- ♦Adult Bible Study every Wednesday starting at 7 p.m., Youth Bible Study at 7:15 p.m.
- ♦Full Praise and Baptism Service at 7 p.m., the last Wednesday of every

- month
- ♦Sunday School at 9 a.m.
- ♦Sunday morning service at 10 a.m., the 4<sup>th</sup> Sunday of every month
- ♦Men's Ministry Bible Class, the Saturday before the 4<sup>th</sup> Sunday of every month
- ♦Commonwealth Care Center ministry every first and third Thursday night. 703-273-1455.

**Beth El Hebrew Congregation**, 3830 Seminary Road, Alexandria, has services on Fridays, 7:30 p.m. with a pre-service wine and cheese social at 6:30 p.m., and Saturdays, 10:30 a.m. with a pre-service Torah study at 9 a.m. Religious school is on Wednesday evenings and Sunday mornings. Tot Shabbat is on the first and third Saturdays at 11 a.m. Kolot Shabbat, a musical service, is the first Friday at 7:30 p.m. 703-370-9400 or [bethelhebrew.org](http://bethelhebrew.org).

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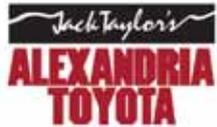
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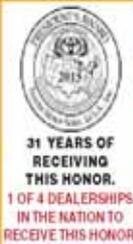
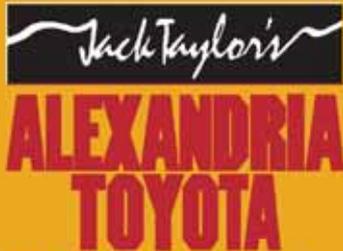
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## NEWS

# Search Continues For Stabbing Suspect

Detectives continue their investigation into July 27 stabbing of a woman on a path adjacent to Vaden Drive in Fairfax near the intersection of Sprague Avenue, according to Fairfax County Police Department. The victim is 21 years old, with non-life-threatening injuries.

The suspect has been described as a male, possibly Hispanic. Initial reports were that he was in a black hoodie, but police now believe he was actually wearing a white t-shirt.

Detectives and patrol officers in cars and on bicycles have spent hours canvassing the area, seeking additional information, looking for witnesses and anyone with information about this crime.

Shortly after 7:30 a.m. on July 27, officers from the Fair Oaks District were flagged down by a citizen reporting someone had been stabbed. Officers located the victim. A preliminary investigation

determined a man approached her from behind, and stabbed her in the neck. The suspect ran away, and was last seen heading toward Blake Lane.

The victim was taken to the hospital, with what are believed to be non-life threatening injuries. The search is ongoing for the suspect. Detectives are canvassing the area, and attempting to identify and interview potential witnesses.

Anyone with information about this incident is asked to contact Detective Downham, or a Robbery Squad detective at 703-246-7800, or the Fairfax County Police at 703-691-2131. Submit a tip anonymously through Crime Solvers by visiting [www.fairfaxcrimesolvers.org](http://www.fairfaxcrimesolvers.org) or text-a-tip by texting "TIP187" plus your message to CRIMES(274637). Anonymous Tipsters are eligible for cash rewards from \$100-\$1,000 if their information leads to an arrest.



PHOTO CONTRIBUTED

**FVCbank employees among the attendees at the charitable wine tasting in support of the Alzheimer's Association. From left: Katie Ranghelli, Patricia Ferrick (FVCbank President), Anthony Ranghelli (Director of Information Technology) and Terry Byard (Assistant Compliance Officer).**

## Wine Tasting to Help Walk to End Alzheimer's

FVCbank hosted the sixth annual charitable wine tasting event on July 21 to raise funds and awareness for the Alzheimer's Association National Capital Area Chapter, a nonprofit whose mission is to eliminate Alzheimer's through the advancement of research, provide and enhance care and support for all affected, and to reduce the risk of dementia through the promotion of brain health. The funds raised at event support the Alzheimer's Association Walk to End Alzheimer's.

"We all know someone impacted

by Alzheimer's, and as a result, we feel strongly about supporting the Alzheimer's Association and the annual Walk to End Alzheimer's," said David W. Pijor, FVCbank chairman and CEO. The event raised \$5,000 for the walk and was attended by about 80 people who enjoyed live music, hors d'oeuvres and wine sampling from local Virginia winery, Horton Vineyards.

Walk to End Alzheimer's is held annually in more than 600 communities nationwide, including: Reston, Washington, D.C. For a full list of dates and locations, visit [www.act.alz.org](http://www.act.alz.org).

# BULLETIN BOARD

Submit civic/community announcements at [ConnectionNewspapers.com/Calendar](http://ConnectionNewspapers.com/Calendar). Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

## VOLUNTEERS NEEDED

**Haven of Northern Virginia** provides support, compassion, information and resources to the bereaved and seriously ill. To become a Haven volunteer, please call 703-941-7000 to request an orientation. Volunteers must complete a 30-hour training and commit to one year of service answering Haven phones (2.5 hours weekly). Next training is scheduled for fall 2017.

## AUG. 2-30

**Fit for Life Classes.** 11 a.m.-noon at the Bruen Chapel United Methodist Church, 3035 Cedar Lane, Fairfax. Fairfax Fit for Life Classes are sponsored by the Shepherd's Center of Oakton-Vienna to improve strength, balance and mobility for older adults. Call 703-281-0538 or email [eileentarr1@verizon.net](mailto:eileentarr1@verizon.net).

## THROUGH AUG. 25

**Summer Lunches.** The Fairfax County Public Schools Office of Food and Nutrition Services will be hosting the FEEDS (Food for Every Child to Eat During Summer) BBQ program, a USDA-funded program is free to all children 18 years and under and \$2 for adults. There is no registration involved, and open to everyone. Meal service will be provided at the following sites Monday-Friday, 11:30-1 p.m. No service on July 3 and 4. In the Springfield area, FEEDS is offered at the following schools:

- Springfield Gardens Apartments, 6116 Cumberland Ave.
- Springfield Square Apartments, 7000 Rhoden Court, starts at noon
- Chelsea Square Apartments, 5734 Backlick Road, starts at noon

## ONGOING

**Shepherd's Center of Fairfax-Burke** serves those 50 and older who no longer drive. **Volunteer drivers** are needed for trips (Monday-Friday) to medical appointments and companion shopping within the Fairfax/Burke area. **Office workers** are needed to answer phones in the SCFB office (Monday-Friday) to match drivers and those who need rides. Call 703-323-4788.

**Positive Parenting Strategies Course.** At PHILLIPS, 7010 Braddock Road, Annandale. A series of classes and in home consultations taught by PHILLIPS' counselors. Open to all local families. Call Stacy Stryjewski at 703-658-9054.

**Thermal Camera Loan Program.** Learn where the energy is leaking out of the home with a special attachment for the iPhone or Android. Visit [www.fairfaxcounty.gov/energy](http://www.fairfaxcounty.gov/energy) or call 703-324-5955 for more.

**Master Gardener Training.** The Fairfax County Master Gardener Association offers plant clinics, home turf training or speakers for homeowner's meetings. Fees vary. Visit [fairfaxgardening.org](http://fairfaxgardening.org) or call MG Help Desk at 703-324-8556 for more.

**Fairfax Rotary Club Meeting** 12:15-1:30 p.m. Mondays. American Legion, 3939 Oak St., Fairfax. Meetings with luncheon and program. [fairfaxrotary.org](http://fairfaxrotary.org).

**NARFE Monthly Meeting** Every Second Tuesday 11:30 a.m. American Legion Post 177 located at 3939 Oak Street, Fairfax. NARFE Fairfax 737 monthly luncheon meeting. Enjoy lunch accompanied by a special program. Lunch at noon. Cost: \$11 Speaker/Program-12:45PM. [rrharney2@cox.net](mailto:rrharney2@cox.net) 703-501-0020

**Civil War Research** scholarship to a public or private high school senior who resides in Fairfax, Fairfax City, Prince William County, Manassas City, or Manassas Park from the Bull Run Civil War Roundtable in Centreville, Va. Visit [bullrun.org](http://bullrun.org) for more.

**Fairfax-based non-profit Britepaths offers free Financial Education Classes** Sessions at various locations in the Fairfax County area to low- and middle-income adults who reside throughout Northern Virginia. The offerings are free and open to the public, but reservations are required. <https://britepaths.org/news/get-financially-fit-new-year>

**Fairfax County** needs volunteers to **drive older adults** to medical appointments and wellness programs. For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit [www.fairfaxcounty.gov/olderadults](http://www.fairfaxcounty.gov/olderadults) and click on Volunteer Solutions.

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## Week to Weak



By KENNETH B. LOURIE

And speaking, a few weeks late, of my "whirled," (see July 5, 2017 column, "Not an Auto-Matic Fix"); at least as it relates to my next week or so: 24-hour urine collection on Tuesday, pre-chemotherapy lab work on Wednesday, in the Connection office on Thursday, chemotherapy infusion on Friday, continuing anxiety concerning the previous Wednesday's CT Scan/awaiting results from my oncologist followed by our usual post-scan appointment with him Friday a week later to discuss my future: status quo or the great unknown; coinciding with the typical eating challenges/post-chemo side effect which lasts a week to 10 days after treatment. If this cycle of gloom doesn't sound like fun, you're right, but it's a living/my life and I'm extraordinarily (I didn't want to say "damn") lucky to be able to live it.

And recently having spoken to a new stage IV, non-small cell lung cancer "diagnosee," who's on a 24-hour morphine drip and Percocet every four hours because he's in constant pain, I know how amazingly fortunate I am/have been since being originally diagnosed in late February, 2009. Sure, I've had my share of pain and discomfort, but in the medical-measuring system I'd give it a "1." Hardly the stuff with which nightmares are made (see column in a few weeks, as yet untitled).

I've always been a great believer in context. Not so much comparison because what you see and what you get are not necessarily relevant, comparatively speaking, but more that the circumstances are all relative. It takes me back to Popeye the Sailor Man, who apologizing to no one, always said: "I 'yam what I 'yam." And so am I. When I see other cancer patients at the Infusion Center, when I talk to cancer survivors, when I hear or read of other cancer patient circumstances, I try to live and learn, not take it personally, and count my blessings. Given the hand that I was dealt back on Feb. 27, 2009 I wouldn't say "Wild" Bill Hickok (and his black aces and black eights) came to mind, but my life, according to the "11 month to two-year" prognosis I was given, certainly passed before me - and much sooner than I had anticipated.

In spite of my diagnosis/prognosis, and the miscellaneous ups and downs that I and most cancer patients endure, I've never given in to my oncologist's initial assessment. It was so unbelievable hearing such grim news, especially considering that I was age 54 and a half, that it almost seemed like an out-of-body experience, sort of like Scrooge in Charles Dickens "novella," "A Christmas Carol." Sure we were listening attentively and asked our share of questions, but it didn't seem real or even about me, sort of. I mean at this juncture, I had no pain and no symptoms and no family history of cancer - and I was a life-long non-smoker. Yet here I was, in the bulls eye of a dreaded disease with no known cure receiving a modest life expectancy/two percent chance of living beyond five years.

But eight years and five months later, here I sit, breathe and try to write some wrongs about a life mostly unexpected, and one in which I haven't sweated too many details nor concerned myself with the "nattering nabobs of negativism," to quote former Vice President, Spiro T. Agnew, specifically as it relates to lung cancer outcomes. Which are dramatically improving.

New drug approvals and increased funding for lung cancer research has infused hope into lung cancer patient's lives. Routines with which us lung cancer patients/survivors have become accustomed will be less routine and will make our lives more fulfilling. It might not be perfect, but it's definitely a life worth living.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.



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