

Mount Vernon Gazette

MOUNT VERNON'S HOMETOWN NEWSPAPER • A CONNECTION NEWSPAPER

AUGUST 17, 2017



Deer Management Season Set to Begin

County authorities hold public meetings to detail program and solicit public feedback.

BY ANDREA WORKER
THE GAZETTE

Counting the actual number of deer that populate Fairfax County might be an impossible task, but there are ways to calculate the impact that deer have on the community. That on-going data collection gives county officials the means to determine that the deer population is still “unsustainable for the health of the environment and the safety of our residents,” according to Katherine Edwards, Ph.D. Edwards is the county’s wildlife management specialist, and was one of three panelists who presented the details of the upcoming 2017-2018 Fairfax County Deer Management Program to a small group of citizens at a public meeting on Aug. 10 at the Government Center. Joining Edwards to inform the attendees and to take questions and comments at the meeting were Sgt. Earit Powell of the Fairfax County Police Department, and Kristen Sinclair, ecologist III, county Natural Resources Branch, who is responsible for much of the data collection.

The presentation was divided into three major areas of impact by the wandering ruminants: safety concerns, health concerns, and ecological damage. It is within the first and third of these concerns that the numbers can best be gathered, analysed, and used to justify the county’s management program and aid in developing the best approach.

ACCORDING TO STUDIES, Virginia is



PHOTO BY ANDREA WORKER/THE GAZETTE

From left: Sgt. Earit Powell of the Fairfax County Police Dept. manages the deer hunting operations. Katherine Edwards, Ph.D. is the county’s wildlife management specialist. Together with Kristen Sinclair, ecologist III, Natural Resources Branch, the three hosted the public meeting on the 2017-2018 Deer Population Management Program.

considered a “high risk” state, ranked 13th in the nation in 2016 for the number of “Deer-Vehicle Collisions” (DVCs), with chances being 1 in 94 of involvement in such an incident. Police records between 2010 and 2016 record an average of 72 DVCs reported annually. A preliminary analysis of records from the Virginia Department of Transportation (VDOT) adds an estimated 1,500-1,600 deer which are picked up from roadsides in Fairfax County. Since it’s approximated that only about 25 percent of deer that are struck by vehicles actually die at the scene, it’s understandable that officials believe that the actual number of DVCs may be significantly higher than those reported.

Edwards and Sinclair told the attendees that the county is working to gather data from a number of sources that are now maintained separately to get the most accurate data.

Sinclair described the efforts to most scientifically measure the ecological damages being done by deer over-population, using hundreds of “browsing plots” throughout the both the county’s park system and in partnership with the Northern Virginia Regional Park Authority. It’s an ongoing study, with data collected on a rotating basis over a number of years, to study the changes.

Deer aren’t just grazing in open parkland, said Sinclair. They are consuming seedlings and saplings, bushes, and shrubs, as well

as “hindering the forest regeneration.” The plots show that the very structure of the forest is impaired, significantly changing the forest composition and leading to a loss of “ecosystem services like clean water and air. It ultimately destroys biodiversity.”

The Fairfax County Deer Reduction program was originally approved by the Board of Supervisors in 1998, but didn’t really get officially underway and under intense supervision until several years later. Today’s program, said Edwards, is based on best practices for deer management and peer-reviewed scientific literature. The current state-approved control methods are archery, firearms managed hunts, and law enforcement sharpshooters and the program is now managed by the Fairfax County Police Department, with Powell in charge.

There are dozens of regulations relating to who may participate, how each form of reduction is managed, and how to best ensure the safety of the public and of the hunters, themselves. Strict recordkeeping is mandated. “A number of hunters were disqualified last year,” said Powell, “not because they did anything unsafe or against the rules in terms of the actual harvesting of deer. They didn’t keep the records that we require. So they were out.”

Powell also noted that in many cases, the hunt group leaders, or other hunters reported the failures of their peers, because “they want to do this right, safely, and be accountable.”

One man expressed concerns for himself and neighbors, as homeowners near deer

SEE MANAGED DEER HUNTS, PAGE 16

Back to School Community Day Aug. 23

Haircuts, backpacks at Gum Springs Community Center.

Del Ray barber Gary Bailey gives Tim Wiggins a haircut at a previous Community Kids Day. This year’s back-to-school event will take place Wednesday, Aug. 23, at the Gum Springs Community Center.

PHOTO BY
JEANNE THEISMANN
THE GAZETTE



Fairfax County organizations are partnering Aug. 23 for a Community Day at Gum Springs Community Center to provide free haircuts, backpacks and school supplies for boys and girls to prepare them for the upcoming school year.

The event will take place from 10 a.m.-1 p.m. at 8100 Fordson Road.

Free haircuts will be available as well as clowns and arts and crafts activities.

The event is sponsored by the following partners: Fairfax County Fire and Rescue Department; Progressive Firefighters of Fairfax County; Fairfax County Police De-

partment; Fairfax County Sheriff’s Office; Gum Springs Community Center; Gum Springs Community Center Advisory Board; Communities of Trust; Apple Federal Credit Union; and Whole Foods.

“We will be providing backpacks and school supplies, haircuts, clowns and other fun activities for

the kids,” said Fairfax County Fire and Rescue Battalion Chief Will Bailey, a founder of the event. “A lot of these kids have not done much over the summer so not only are we preparing them for school but also giving them a day of fun.”

— JEANNE THEISMANN

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Shopping with a Sheriff

Children pair up with Fairfax County Sheriff Deputies for a pizza party and back-to-school shopping trip of a lifetime.

By Mercia Hobson
The Gazette

It's not every day a motorcade of Fairfax County Sheriff's Office vehicles, lights flashing, leads a busload full of excited children and deputies to a Target store in Burke to do a little before-school-shopping. However, on Tuesday, Aug. 15, it happened when 40 children who reside in Northern Virginia emergency shelters were treated to the shopping trip of a lifetime.

Each child was the beneficiary of a \$250 gift certificate. The Sheriff's Office raised funds throughout the year for the event by approaching businesses, nonprofits, and individuals to be sponsors.

The event, named Shopping with a Sheriff, will allow the participating children ages 5 and up, to start the school year right, decked out in new clothes and shoes, heads high, looking sharp, proud, and ready for new beginnings.

The children were not without a tad of supervision on the shopping trip though. Each child was paired their own deputy or member of the Sheriff's Office staff. The adults provided size and selection guidance. The children and their family member(s) are residents at Northern Virginia emergency shelters, among them the Katherine K. Hanley Family Shelter in Fairfax, Next Steps in Alexandria, Shelter House based in Reston, and Patrick Henry Family Shelter in Falls Church. Shelter staff selected participants.

SHERIFF STACEY KINCAID explained the history of the program and why the deputies look forward to it. Kincaid said the Sheriff's Office has been producing Shop with a Sheriff since 1992. She clarified the participating deputies volunteer their time



Ja'Kayla, 5, picks out the perfect shirt, skirt and matching shoes for her first day of kindergarten with a little help from her shopping partner, Lt. Maegan Timothy of the Fairfax County Sheriff's Office during Shop with a Sheriff held Tuesday, Aug. 15 in Burke.

to take part in the program because it is important to them.

"Our county is working very hard to prevent and end homelessness. As long as children are still residing in emergency shelters, we will do everything we can do to help them. The event offers a positive one-on-one experience with the deputies for the children, an experience the children might recall in the future.

"Should they ever need our help, the children know they can count on us," Kincaid said. "And, maybe one day when they are grown up, they will join our team as deputy



Naisa, 9, told her shopping partner, Pvt. First Class Szezyi Tham, that blue was her favorite color. Tham spied the last blue wind breaker on the rack and gave it to Naisa to try on. Perfect fit. Into the cart it went.

sheriffs."

Joe Meyer is executive director and CEO of Shelter House, a non-profit organization based in Reston that serves homeless families in Fairfax County. Meyers attended the pizza party held at the Fairfax County Courthouse Atrium Cafe for the children and deputies before the shopping trip. The pizza party was part of the get acquainted section of the program.

Around the room, there was a sea of men and women in brown uniforms listening to the children talk about their families, coloring princess' pictures with them, and tak-



Marissa 5, loves the color pink, so during Shop with a Sheriff at Target, Lt. Brian Wancik got down on his knees, motorcycle boots and all, to size check Marissa's new pink leggings.

ing silly self-portraits at the photo booth. Meyers said, "This is my favorite event of the year. Sheriff Kincaid and her deputies are making a statement of how to lead a community by greatness. They are providing dignity to children during a critical time in their lives — the first day of school."

Some of the children seemed a little unsure about what was going to happen after the pizza party. When asked what color shirts and dresses she liked, Emma, 7, told her shopping partner, Lt. Col. Mark Will-

SEE CHILDREN PAIR UP, PAGE 16

St. Louis Catholic Church To Welcome New Pastor

Fr. Keith O'Hare will be installed as the new pastor of St. Louis Catholic Church at 2907 Popkins Lane, at 7 p.m., Tuesday, Aug. 22. Most Reverend Michael F. Burbidge, Bishop of the Catholic Diocese of Arlington, St. Louis Catholic Church is one of the largest parishes in the Diocese of Arlington, with more than 7,600 registered parishioners and an elementary school that educates more than 400 students.

O'Hare is an accomplished musician



Fr. Keith O'Hare

who plays jazz saxophone, guitar and sings. His interest in music started long before he became a priest. He was in a rock band in high school, studied saxophone in college and played in a band before entering the seminary. He recently recorded his first album, entitled "All is Well," a collection of seven original compositions.

"Different genres of music give glory to God in different ways; some give glory in a devotional way and others in a sacred liturgical way. As a musician I recognize the power of music to sanctify and inspire in both devotional and in liturgical ways. I look forward to fostering both kinds of musical-spiritual experiences at St. Louis Parish," he said.

Born Feb. 25, 1972, in New York City, he



Fr. Keith O'Hare playing the saxophone during a recording session at Hobo Audio Co. studios in New York City.

is the oldest of four children born to Barry and Kathy O'Hare. In 1977 the family took up residence in Fairfax. O'Hare attended St. Leo School, Paul VI High School, the University of Miami (jazz saxophone), George Mason University (history), and St. Charles Borromeo Seminary.

In 2002 he was ordained to the priesthood for the Diocese of Arlington and was assigned as parochial vicar of Queen of Apostles Church in Alexandria. In 2007 he was assigned as parochial vicar of Our Lady of Angels Church in Woodbridge. In 2008 he was assigned to serve as pastor of San Francisco de Asís Mission in Báñica, Dominican Republic.

OBITUARY

Josephine Lynne Carveth-Fill

After a long battle with heart disease Josephine Lynne Carveth-Fill died at Fairfax Hospital on July 28, 2017. A devoted and loving mother, grandmother, wife, companion, best friend, confidant, she never ever looked on the dark side



Josephine Lynne Carveth-Fill

of things no matter how disappointing. She was born on Nov. 1, 1949 in Niagara Falls, N.Y., the daughter of the late Virginia Moseley and Hector Carveth. Lynne leaves behind her husband of 45 years, Gerald, a son, Stephen, and daughter Katherine, and four grandchildren (Stephen Patrick, Breanne Lynne, Alyssa, and Dylan), and her siblings: Russell, Michael, and George Anne. She also leaves a large dedicated group of friends and admirers that she influenced and continuously brightened their days.

Lynne graduated from Holton Arms High School of Bethesda, Md., Class of 1967, and Sophie Newcomb College of Tulane University in 1970. Shortly after completing college she worked first for



Lynne Fill in 1974



Son Stephen Fill, Lynne Fill holding Grandson Stephen Patrick Fill, Katherine Fill holding granddaughter Alyssa Buschang, and Jerry Fill Holding grandson Dylan Buschang.

U.S. Rep. William H. Natcher, chairman of the House Appropriations Committee, and then worked in the Postmaster General's Congressional Liaison Office. Lynne was married in 1972 and, instead of pursuing a degree in law, engineering, or other field, she deferred her ambitions to help develop the family construction business where she served for the next 20 years as the chief executive, earning the industry's highest ratings for customer service and satisfaction.

Lynne was the anchor of the business, and leader of the family. She was low key, pleased to be of support, and continually working to blend the diverse needs of others and promote kindness as a universal value. She never asked for praise or recognition.

As one of her nephews said recently, she was the matriarch of the family, and was universally



Lynne and Jerry Fill

admired for her dedication and love of family and friends. This she consistently displayed despite a 20-year battle with heart disease and related medical problems. Whether it was painting or wall-papering the house, building a children's table and chairs, decorating the house, gardening, hosting a family celebration, cooking or baking, decorating the house for holidays or performing business accounting and planning to ensure the success of the family business, she was always ready and capable

of bringing out the best in everyone.

Lynne was a devoted and loving wife, mother, and grandmother. She was an effective initiator and leader for family unity. She was a dedicated and happy grandmother and was always there for anyone who needed her time or advice.

She surprised the family recently by building a wood table and chairs for her grandchildren. Her most enjoyable moments were spent celebrating holidays with family and friends. In particular, she loved to host a yearly family gathering at the Outer Banks of North Carolina.

Above all, her love of life and people and positive outlook earned her universal admiration for her ability to always look on the positive side of things and bring people together.

When asked recently what she would like to be remembered for, she said; "That I did my best to make life for my husband and children and the rest of the family as happy as possible, no matter the circumstances." At times like this, in the darkest of moments, she typically shines quietly, courageously, and without complaint right to the very end.

The family writes, "Mom, Lynne, we all thank you from the bottom of our hearts for always being there for us when we needed you the most."

Information about memorial service to follow.

BULLETIN BOARD

Submit civic/community announcements at ConnectionNewspapers.com/Calendar. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

VOLUNTEERS NEEDED

Contact Volunteer Solutions at 703-324-5406, VolunteerSolutions@fairfaxcounty.gov or www.fairfaxcounty.gov/dfs/olderadultservices/volunteersolutions.htm.

The Gum Springs Senior Program is looking for a Line Dance Instructor.

An Urdu-speaking Grocery Shopper is needed in Alexandria to assist an older adult male twice a month.

The Kingstowne Center for Active Adults needs Instructors for the following classes: Art, Line Dance, Hula Hoop Class and African Style Dance.

The Mount Vernon Adult Day Health Care Center needs front desk volunteers, an Art Instructor to teach water colors and acrylics and Social Companions.

The Lincolnia Senior Center in Alexandria is looking for Instructors for the following classes: Jewelry Making, Knitting/Crochet, Zumba, Yoga/Matwork, Aerobics and needs Front Desk Assistance.

THIRD MONDAY OF THE MONTH

Mobile DMV. 9 a.m.-4 p.m. at Sherwood Hall Library. Two programs, DMV Connect and DMV 2 GO, will provide full DMV service to the Route 1 area. At the Sherwood Hall service centers, customers can apply or renew their ID cards, drivers licenses, take road and knowledge tests, apply for special ID cards, get copies of their driving records, obtain vehicle titles, license plates, decals and transcripts, order disabled parking placards or plates, purchase an EZ-Pass transponder and more. A full list of services is available at www.dmv.virginia.gov.

THROUGH AUG. 25

Summer Lunches. The Fairfax County Public Schools Office of Food and Nutrition Services will be hosting the FEEDS (Food for Every Child to Eat During

SEE BULLETIN, PAGE 10

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U.S. Rep. Don Beyer (D-8) with Denise Taylor in the computer center at the Gum Springs Recreation Center in Mount Vernon.



U.S. Rep. Don Beyer (D-8) discussing the children's activities with Katina Matthews and Queenie Cox at the Gum Springs Recreation Center in Mount Vernon.

PHOTOS BY MIKE SALMON/THE GAZETTE

Spending Recess on the Road

The Gum Springs Recreation Center in Mount Vernon was U.S. Rep. Don Beyer's (D-8) last stop on a tour Friday, Aug. 4 to check out the recreation centers on the Route 1 corridor in his district. Beyer was on recess from Capitol Hill so he was getting out in the community, seeing how the recreation centers were operating and what the children were doing. He asked about

the county's Head Start program for children, the computer operations, the historic Gum Springs photos on the wall and visited a youngsters building and then flying kites.

the county's Head Start program for children, the computer operations, the historic Gum Springs photos on the wall and visited a youngsters building and then flying kites.

Bailey Joins United Community Ministries

Tonya Bailey has joined United Community Ministries, Inc. (UCM) as deputy executive director, effective July 10.

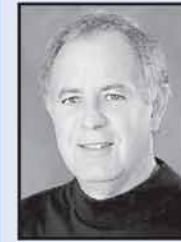
Bailey is responsible for overall strategy and administration of UCM's program areas for engagement with stakeholders, including Children, Youth, and Family Services; UCM Early Learning Center; Healthy Families Mount Vernon; Progreso Lit-



eracy and Citizenship Center; and Opportunity Neighborhood Mount Vernon. She will implement UCM's programmatic vision and work with the board, leadership team, and community leaders to elevate UCM's impact on vulnerable residents in Southeastern Fairfax County.

Bailey comes to UCM from Northern Virginia Family Service, where she served as director of Research, Evaluation, and Quality Assurance. She holds a B.A. degree in political science and international affairs from Bowling Green State University, where she also earned a Master's of Public Administration and International Affairs, specializing in economic development.

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RENTAL

Alex/Loftridge
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NEWS

No New Fracked Gas Pipelines in Virginia!

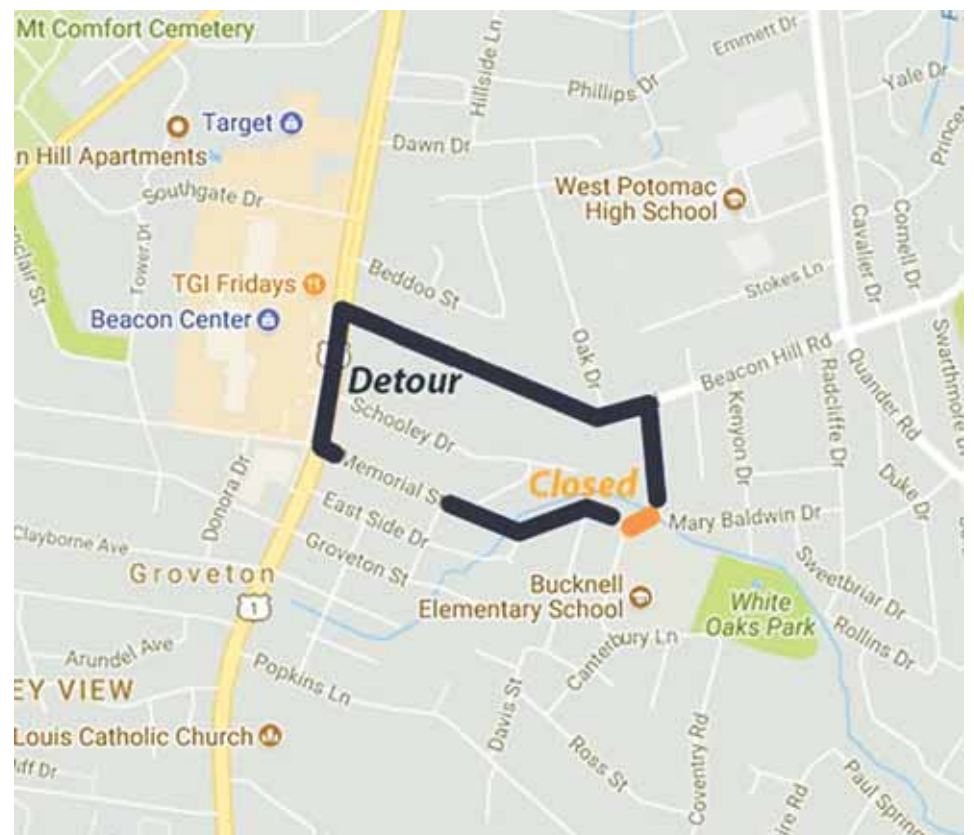
The climate crisis is causing immense human suffering and damage to the natural world. It threatens to destroy civilization and kill billions of people. Overcoming the climate emergency is the great moral imperative of our time.

We oppose the Atlantic Coast Pipeline and all future increases in fracked gas and other fossil fuel infrastructure in our Commonwealth. It is time to redirect our energy plan toward investments in renewable clean energy.

Signed by:


Bruce P Tinker, MD
Pam Parks Tinker, BS, PT, MAIS
Caroline D'Aguiar, US Dept of Defense (Ret)
Roger F. D'Aguiar, US Air Force (Ret)
William Gleason State Department (Ret)
MyraSands Lusk, US Census Bureau
Blanca Vasquez, Community Developer
Alice Dunlap
Sarah Glassco, Nature Educator
Marsha Campbell, VA LCSW
Diana Simonton, LMT
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Nina Tisara
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Meg B. Clontz
Peter Martz
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Gail Dickert, Social Justice Advocate
Marcia Crockett, General Services Administration (Ret)

*Express your opposition to the Atlantic Coast Pipeline to the Virginia Department of Environmental Quality (DEQ) and request that they deny water quality certification of this project! Deadline August 22nd.
comment-acp@deq.virginia.gov*



Closed to Traffic

Mary Baldwin Drive between University Drive and Smithway Drive is closed to all traffic through Thursday, Aug. 31 for stormwater pipe replacement, according to the Virginia Department of Transportation. Traffic is being detoured via Mary Baldwin Drive, Memorial Street, Route 1, Beacon Hill Road and Smithway Drive back to Mary Baldwin Drive. All work is weather permitting.



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On Events in Charlottesville

What some representatives had to say about hate, bigotry and the deaths and damage that resulted.

Gov. Terry McAuliffe:

“I convened an emergency cabinet meeting to discuss the next steps we, as a commonwealth, must take in order to begin the arduous process of healing our community and confronting the racism that stubbornly remains in our nation. The events of this weekend have only strengthened our resolve to combat hatred and bigotry, and I want Virginia to be a leader in the national conversation about how we move forward. I have directed my team to impanel a commission with representatives from community organizations, faith leaders, and law enforcement to make actionable recommendations for executive and legislative solutions to advance our mission of reconciliation, unity, and public safety.”

Sharon Bulova, chairman, Fairfax County Board of Supervisors:

“The tragedy that took place in Charlottesville does not represent who we are as Virginians. I am incredibly saddened by the hatred and bigotry that was displayed and my heart goes out to the family and friends of the three individuals who tragically lost their lives. We must all do our part to set the tone in our own communities by exemplifying values of acceptance and kindness. As it is often said, ‘Be the change you want to see in the world.’ That is where we all have incredible power and influence every day in our communities.”

U.S. Sen. Mark Warner:

“Virginians mourn the life taken in this morning’s events and reject this hateful violence in Charlottesville. We condemn the in-

tolerance behind it and those who would pass it off as a legitimate political movement. Those who traveled to Virginia to incite unrest don’t understand the Virginia-born values that make our country great.”

U.S. Sen. Tim Kaine

“Virginia has come so far in recent decades to put division behind us. ... It’s sickening to see the displays of violence and bigotry that were brought to Charlottesville by white nationalists, which tragically led to injuries and at least one death today. This is not who we are. Charlottesville is a vibrant community that recognizes the deep scars from our past and has rejected hatred in favor of inclusion.

“The fact that people like David Duke cited the President to justify their views is a disturbing reminder that divisive rhetoric has sadly contributed to a climate where individuals who espouse hate feel emboldened. As they seek publicity through their hateful tactics, let’s pull together — regardless of party, race or religion — to reject hatred in no uncertain terms and stand together.”

U.S. Rep. Gerry Connolly:

“We banished hate a long time ago in Virginia. We must condemn this bigotry and not turn a blind eye to racism.”

U.S. Rep. Don Beyer:

“I join the great and passionate majority of Virginians who hold these values dear: abhorrence for racism and hatred, respect for law, and respect for one another. It is especially sad that this ugly incident occurred in the home of

one of America’s most treasured centers of learning. The work of creating a more just and equal society will never end and we will re-dedicate ourselves to that in the days and weeks ahead.”

U.S. Rep. Barbara Comstock:

“The Attorney General has done the right thing in opening a federal investigation that will have the full support of the Department of Justice. AG Sessions: ‘The violence and deaths in Charlottesville strike at the heart of American law and justice. When such actions arise from racial bigotry and hatred, they betray our core values and cannot be tolerated.’

“The neo-Nazi march and the hate and racism on display in Charlottesville are vile, have no place in Virginia, and are denounced by Republicans and Democrats alike in our great Commonwealth.”

Del. Marcus Simon:

“The scenes of white supremacist, racist neo-nazis marching proudly in Charlottesville along with heavily armed self-proclaimed militiamen chanting racist slogans and obscenely taunting counter-demonstrators are beyond disturbing. Virginia is better than this.

“Virginia’s political leaders have the power to raise the level of discourse. To educate, inform, and enlighten with thoughtful discussion and debate. What’s happened over the last 24 hours in Charlottesville is not happening in a vacuum and it’s not an aberration. It’s what happens when we demonize the other among us. “What makes Virginia great is our growing diversity. Our openness to new and better ideas. Our willingness to accept everyone who comes here looking to build a better life, a stronger commonwealth and better world.

“We are better than the image that’s being broadcast to the world today.”

Bishop Addresses Violence in Charlottesville

After sending tweets over the weekend in response to the violence in Charlottesville, the Most Reverend Michael F. Burbidge, the Bishop of the Diocese of Arlington, released this statement:

Seeing the violence in Charlottesville was saddening and disheartening. The more we read about the demonstration of racism, bigotry and self-proclaimed superiority made it seem as though we were living in a different time. So much progress has been made since the Civil Rights Movement. And yet, there are some who cling to misguided and evil beliefs about what makes America unique and remarkable.

Any discussion of this sensitive topic must begin by condemning all forms of bigotry and hatred. For Christians, any form of hatred, no matter who it is against, is an offense — a sin — against the Body of Christ. Each person is created by God and bestowed with His unyielding love. Anyone who treats one of those cre-

ations with disrespect, disdain or violence, has offended not just that person, but also the creator of that individual. When we witness destructive behavior, such as racism or hatred, we might naturally respond with righteous anger, but we must not respond with our own form of hatred. Hating those who hate us offers no possibility of authentic conversion or growth as sons and daughters of God.

We should be grateful to live in a country where freedom of speech and assembly is cherished and protected in a constitution. This right protects religious expression, for example. At the same time, these rights also open the opportunity for those with evil intent and backward thinking to demonstrate and share what they believe as well. The question we must ask, especially after seeing our rights misused to the point that violence erupts leaving many injured and a young woman dead, is: what do we do now?

We must find unity as a country. Unity does not mean we all believe the same things. Like-

wise, the freedom to express differing views or opinions does not mean we reject our unity as God’s family. The Catholic Church is rooted in fundamental principles that make us authentically Catholic — but apart from them, there are issues that allow for debate and discussion, which is normal within any family. Our country is the same in many ways. We must be united by a shared interest in freedom, liberty, and love for our neighbor. Beyond those unifying principles, there will be disagreements and differing beliefs. But our unity is in our shared values and, perhaps more importantly, the respect we show to one another. Without respect for each other, even when we adamantly disagree, we will see more violence and discord in this great nation.

At this time, I call upon all Catholics in the Diocese or Arlington to turn to the patroness of our nation, Mary under the title of the Immaculate Conception, and Saint Michael the Archangel, and pray for unity, respect, and peace in our communities.

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Haters Should Stay Home

BY PAUL KRIZEK
STATE DELEGATE (D-44)



Like all readers, and my colleagues in the General Assembly, I was appalled, sickened and dismayed by the violent “Unite the Right” demonstration, one of the largest white supremacist gatherings our nation has witnessed in a long time, that took place in Charlottesville last weekend. The tragic loss of life and horrific injuries saddens me, and our President’s comments and inability to immediately and unequivocally condemn the terrorism was too little too late. It should not be lost on anybody that the person who plowed their car into the crowd used the same method as ISIS terrorist attackers, most recently in London and Nice, France.

COMMENTARY

I attended UVA and lived in Charlottesville and still visit frequently. It is a beautiful city with wonderful people. I know that the backward opinion of these right-wing fascists do not represent the feelings of the city, the school or the region and it is beyond frustrating to have these people invade the community and preach hate and terrorize the local population. And certainly UVA, as a public institution of

higher learning, values diversity, inclusion and mutual respect.

Virginia lost a brave woman and two state troopers dedicated to our safety to the violence last weekend, and they threaten to keep coming as long as there is still debate over whether to remove the Confederate statues in Charlottesville and a failure by the President to quickly condemn the hatred and violence from the white supremacists, neo-Nazis and anti-Semites, euphemistically rebranded as “Alt-right.” Indeed, this was their second time descending upon Charlottesville.

According to the Charlottesville police affidavit put out before the rally, planned attendees included the Klan; the militia movement (a right-wing movement that gained traction in the 1990s, whose members include the activists who took over a federal nature reserve in early 2016); the “3%”, a right-wing anti-government movement; the Alt-Knights, an alt-right “fight club”; and other equally racist organizations. They were waving Confederate flags, chanting Nazi slogans and displaying their bigotry for all to witness.

My question to us is where does this end for we Americans? Much to our pity, we have a President who encouraged and stoked racial divisions in his campaign, used inciteful and dangerous language in his political rallies, has hired at least three white-nationalists into prominent roles in his administration, and the

“alt-right” is engaging in hatred and violence. These people used to hide behind white sheets, but last weekend, they felt safe enough, and dare I say even emancipated and encouraged to show us their faces, feeling confident enough to show the rest of us just who they really are. In what world does this play out well for anybody involved?

We have worked hard in Virginia to create an environment that welcomes diversity and offers opportunity to all people, and I am exploring legislative options to continue to do so. It is important that we all reject the hatred, racism and intolerance of these white supremacists, these domestic terrorists. We must also reject their tactics of intimidation and violence by continuing to counter protest, attend vigils and elect leaders that promote inclusion and value diversity. Virginia is for lovers, haters can stay home.

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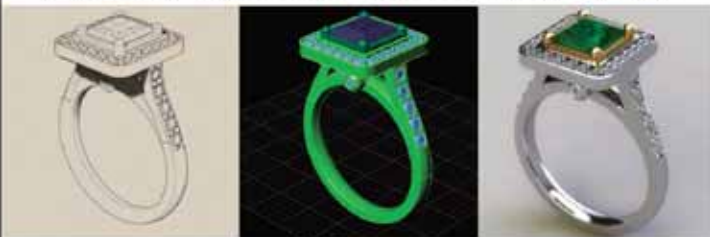
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Add Explanatory Plaques to Confederate Statues

BY REV. DR. KEARY KINCANNON
RISING HOPE MISSION CHURCH

I do not think we should sanitize history. Slavery was a real and morally reprehensible era of our history. The Confederate flag was flown by, and represents, those who wanted to keep people of color enslaved. It was used by those who were traitors to the Union of the United States as they sought to leave the union in order to keep human beings enslaved.

COMMENTARY The Confederate flag is as much of an offence to Blacks as the Swastika is an offence to Jews.

Some say it represents their heritage and not slavery. Yet the heritage of the South is too great, rich, and wonderful to be devalued by a flag that was flown by those who fought to keep others enslaved. The Confed-

erate flag represents the sin of our past and a sin that we need to confess as evil and a sin that we need to be seeking God's Grace to overcome.

Therefore the Confederate Flag has no place on any public property.

Because free speech is a fundamental right of Democracy flying the Confederate Flag on private property is, and should be, allowed. But anyone who chooses to display it must realize that to tens of millions of people it represents an evil that we fought a war to eradicate. They have the right to align themselves with that evil if they choose but they need to realize they have stepped outside the bounds of a civil society.

The removal of the statue of General Robert E Lee from Emancipation Park is the catalyst that sparked the Alt-Right's show of force and the subsequent violence in Charlottesville. The Mayor of Charlottesville, Michael

Signer, has become a vocal critic of President Trump's callous response to the violence in Charlottesville. Interestingly enough he did not support the removal of the statue. Recently Condoleezza Rice, in defense of keeping the statues up, said history should not be sanitized. I too think the statutes should not be taken down but they should not become monuments either. We should simply call them statues of southern generals. Actually we have sanitized history by making these men heroes; men who may have been great military leaders and strategists but were morally bankrupt. The nation was coming to grips with the sin of slavery and these men chose to go to war, fight and kill, for the right to continue to own slaves. That was wrong. Plaques at all those statues should be placed on them for every future generation to see. Those plaques should say "These men fought to keep blacks enslaved. Thank God they lost."

LETTERS TO THE EDITOR

'Political Correctness'

To the Editor:

Those who allege "political correctness" should be compelled to explain exactly what they mean. Often, it seems to be the reflexive attachment of a label to another whose opinion differs from one's own.

I have not closely followed the Stuart High School name-change debate, so I may well be mistaken, but it appears that this is an example of the churning, however imperfectly, of representative — not direct — democracy. Some in the FCPS community expressed a concern about the school's name, and that started a process which has culminated, for now, in a 7-2 vote by the elected members of the Fairfax County School Board to change the name. The political process for this sort of thing has functioned as advertised, or, one could say, "correctly." Is that what you mean?

My own views on what I will call the Monuments Question fall along a spectrum. Although as a resident of Fairfax County, I don't have "standing," I think that Jeff Davis Highway should have been renamed long ago, while the Confederate soldier mourning his fallen brethren, on N. Washington Street should remain (as should things named Washington ...). Stuart High School however, should be renamed. While I understand he was an accomplished cavalry officer, he did take up arms against the United States. A Google search reveals neither a Vo Nguyen Giap High School nor a JEE Rommel High School in the U.S., so I'm not clear why Stuart should have this honor. Attach the scarlet letters to my chest.

This is not "white-washing" history. By my count, Fairfax County Public Library has 22 titles, with multiple copies of each, just about General Stuart, along with innumerable books on the Civil War. Were they to suddenly start removing these from the shelves, even I might accuse them of political correctness. This is not that ... the Fairfax County School Board has voted to no longer honor a man who took up arms against the United States in order to preserve slavery.

To the writer who described the school's 1959 naming as "... a simple nod to local

Civil War history," I ask, "whose history?" This is not to say there are no objective facts in history, but "history" as I understand it, is the interpretation of facts, as best they can be established. Interpretation begins with perspective, which would appear to be changing.

JJ Fagan
Alexandria

Motivation Behind 1958 Vote?

To the Editor:

In last week's Gazette, Jim Gearing wrote to criticize my recent letter concerning the changing of the name of J.E.B. Stuart High School. He started by identifying himself as a member of the "Virginia Byrd" family, perhaps thinking that this "admission" would short-circuit any challenge to his version of the "facts." He is mistaken.

Mr. Gearing characterized my letter as including "the usual logic errors about renaming the school." He then stated that "the school was named to send a message, and not a subtle one," implying that the "message" was resistance to integration after Brown v. Board of Education. In fact, the records of the Fairfax County School Board (FCSB) concerning the school naming provide absolutely no information concerning why the FCSB named a high school in memory of J.E.B. Stuart. The recorded minutes only record a motion to do so and the vote in favor. There is no record of any discussion that may have occurred at the meeting. The contemporaneous reasoning was that the naming had to do with the location of Stuart's military encampment on Munson Hill near the school.

To be factual, at the very same meeting in at which J.E.B. Stuart High School was named, on Oct. 7, 1958, James Madison High School was also named. President Madison was a slave owner. By contrast, J.E.B. Stuart owned slaves including by inheritance and released them in 1859. Notably, in 1859, Stuart was 26 years old, five years beyond his graduation from West Point, and an officer in the U.S. Army. I could not uncover how long Stuart owned

the slaves before freeing them, however, his young age means it couldn't have been a lengthy period of time. I also note he was an Army officer during that time. Did the U.S. Army condone slave ownership? I don't know. However, it is known that his service in the U.S. Army included battles against people who supported slavery. Thus, Mr. Gearing's comment that Stuart "took up arms against his country to defend slavery" lacks credibility. Stuart joined the Virginia Infantry on May 10, 1861 because he didn't want to take up arms as a U.S. Army officer against his home state Virginia. Virginia had voted not to secede by a 2-1 margin on April 3, 1861 before Stuart resigned his U.S. Army Commission, and Virginia reversed course by voting to secede on May 23, 1861 after Stuart joined the Virginia Infantry. The Confederacy joined Virginia on June 8, 1861. It is noteworthy that at the commencement of the Civil War, five northern States and the District of Columbia condoned slavery.

While Virginia participated in the resistance to integration after Brown v. Board of Education, Fairfax County was the first county in Virginia to integrate its schools. The process was delayed by the Dillon Rule; Fairfax County could not integrate its schools until permitted to do so by enacted state law. In those days, local school boards

were appointed, not elected. During that era, when the Arlington County School Board attempted to integrate its schools in defiance of Virginia law, the state rejected its integration plans and fired the school board.

Mr. Gearing attempts to make a distinction between members of the Confederacy like Generals Stuart and Lee and Presidents including Washington, Jefferson, and Madison, all of whom owned slaves, although Stuart acquired his slaves as a young man including by inheritance and freed them well prior to the onset of the Civil War and when he was 26 years old. I see no such distinction.

If the issue is slavery, the fact that someone ascended to the Presidency doesn't insulate them from the same criticisms lodged against other slave owners.

The issue concerning the renaming of J.E.B. Stuart High School is less about the person and more about the failure of the FCSB to follow the regulation it enacted to set forth the procedure for doing so, regulation no. 8170.7. I do not write to condone Jeb Stuart's affiliation with the Confederacy. I merely write to set the factual record straight, as best can be done.

H. Jay Spiegel
Mount Vernon

BULLETIN BOARD

FROM PAGE 4

Summer) BBQ program, a USDA-funded program is free to all children 18 years and under and \$2 for adults. There is no registration involved, and open to everyone. Meal service will be provided at the following sites Monday-Friday, 11:30-1 p.m. In the Mount Vernon area, FEEDS is offered at the following schools:

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Volunteer Training. 6:30-8:30 p.m. at 8350 Richmond Highway. Fairfax-based non-profit Britepaths is seeking volunteer Financial Coaches to conduct one-on-one financial coaching sessions with clients at the Financial Empowerment Center in the South County Government Center. Visit britepaths.org/FECVolunteer for details.

SATURDAY/AUG. 19

Rain Barrel Workshop. 10 a.m.-12 p.m., Mount Vernon Government Center, 2511 Parkers Lane. \$55. Rain barrel water saves you money by decreasing the water used from your municipal water system, among other benefits. Visit www.fairfaxcounty.gov/mountvernon/ for more.

Solar Eclipse 2017 Local experts offer instruction in safe viewing.

BY MARILYN CAMPBELL

Details

Some local science teachers went back to school recently for a lesson on the upcoming solar eclipse on Aug. 21 when a total solar eclipse cuts a path across the U.S. Instructors from Fairfax, Arlington, and other Northern Virginia counties attended a half-day workshop led by professor Harold Geller, Ph.D., of the Department of Physics and Astronomy at George Mason University.

During the event, which was sponsored by the Virginia Space Grant Consortium, teachers received ideas on teaching their students about the eclipse. “We tested the teachers’ knowledge,” said Geller. “They also worked in small groups to develop a lesson plan on the eclipse.”

Teachers also got a hands-on outdoor session on safe viewing of the sun and solar eclipse as well as a hands-on lesson on the moon’s phases. Geller said the lesson and safety precautions can be applicable to anyone with an interest in the event. “Everyone seems to know the date ... but many are not aware of the times,” said Geller. “They vary by location. In Washington, D.C. on 21 August 2017 the partial solar eclipse will begin at 1:18 p.m. The peak or maximum will be at 2:43 p.m. The partial solar eclipse will end here at 4:02 p.m.”

For more information, see <https://eclipse2017.nasa.gov/>.

For those who may be unaware of the specifics, Geller underscored the importance of understanding what a solar eclipse is. “Most simply, it’s the phenomena which occur when the moon gets in direct line of sight between the Earth and the sun,” he said. “In the D.C. metropolitan area, between 81 and 85-percent of the sun’s disk will be blocked by the moon.”

For those in the Washington, D.C. region who are wondering what will be visible, Geller said, “At the start of the eclipse, it will appear that a dark disk is blocking out the light from the sun. As we proceed to maximum, more and more of the sun’s disk will be blocked by the moon. Then, after the peak, less and less of the sun’s disk will be blocked by the moon.”

For those wishing to see the eclipse without leaving the Washington, D.C. region, “The best place to view the eclipse is in the path of totality, that is, wherever the shadow of the moon will totally block all the light from the sun,” said Geller. “Another very important factor is the weather. You should have a direct line of sight to the sun, no interfering clouds. So an open field, with no interference along the line of sight to

the sun between 1 and 4 p.m. in this area, would be best.”

Safety is a factor that Eric Bubar, Ph.D., associate professor of biology and physical sciences at Marymount University underscores.

“Never look directly at the sun, unless you can approved solar viewing glasses,” he said. “These might be hard to find at the moment. Most online vendors are sold out.”

For those considering using their sunglasses instead of eclipse glasses, Bubar offers a warning. “Your sunglasses are not suitable for viewing the sun,” he said. “No matter how dark, expensive or polarized they are, don’t use them. Polarization and UV blocking are great for decreasing the ambient brightness outside, but direct sunlight light can pierce right through and cause damage to your eyes. The only safe way to see the sun with your own eyes is through eclipse glasses or appropriate solar filters.”

“No one should ever look directly at the sun without proper protection,” added Geller. “Only special equipment should be used, whether looking directly at the sun or indirectly at the sun. Only a limited number of manufacturers’ products have been tested for safety. Make sure you are using one of these or that you use an indirect



PHOTO COURTESY OF HAROLD GELLER

George Mason professor Harold Geller led a workshop for science teachers that included an outdoor session on viewing the Sun and the upcoming solar eclipse safety.

method for observing the sun.”

Bubar recommends using the list of vendors certified by the American Astronomical Society. “Also, look at the glasses and make sure there are no holes or punctures in the viewing material,” he said. “Even a small crease or puncture can make them unsafe.”

Eclipse enthusiasts should not be fooled by glasses that appear similar to eclipse glasses that have been certified for safe viewing, says Bubar. “The material in solar filters can look a lot like aluminum foil but is completely different,” he said. “If you can’t find solar viewing glasses ... you can see it indirectly with a pinhole viewer.”

Instructions for using this method can be found by visiting: (<https://eclipse.aas.org/eye-safety/projection>) for how to do this.

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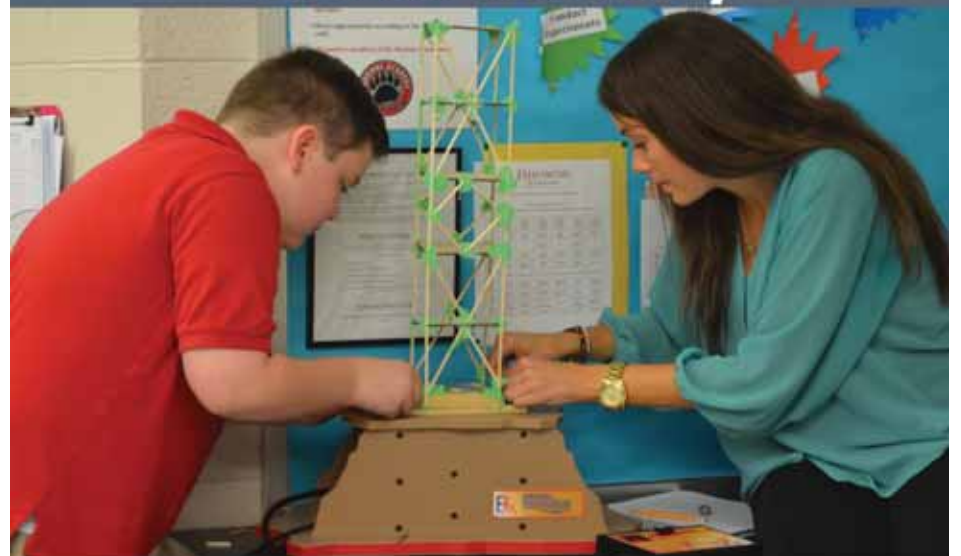
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2nd Net - 66

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Closest to the Pin #4

Alfredo Fuentes

Closest to the Pin #11

Dave Hutchins



Closest to the Pin #14

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Longest Drive, Women

Kathy Bowdring



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See you next year, Thursday, May 31, 2018!



ENTERTAINMENT



Ingredients for shrimp and grits at Live Oak.



Seasonal vegetables and Andouille added to pan of mixed oil.

Meet Chef Justus Frank

Live Oak specializes in Charleston inspired Southern cuisine.

BY SHIRLEY RUHE

Justus Frank tips up the aluminum sauté pan to swirl around the mixed oil. "It's 75 percent olive oil and 25 percent vegetable oil because the oils have different smoking points and the shrimp I am sautéing today would burn at high heat." Frank is making a seasonal shrimp and grits, a customer favorite. "I use corn and red peppers in this version."

IN THE KITCHEN Six Port of Gulf Coast shrimp, heads off, tails on, are lined up ready for a sprinkle of fine sea salt and a grind of white peppercorns. Frank slips the shrimp into the pan for a few seconds, then quickly flips them over. "See they are still translucent. If you cook them too long they get tough." He removes the shrimp from the skillet to be added back later in the final step.

Next he adds about 1.5 ounces of chopped Andouille sausage to the skillet. He says he buys the sausage from Logan's in Alexandria. "Not too crazy hot." It cooks for a

minute to add a little bit of color for the sauce. Next the vegetables are added in sequence beginning with 2 Tbl. of roasted corn with 1 Tbl. roasted, chopped red pepper and 1 Tbl. finely chopped shallots. "I've still got a hot pan going."

"Now I deglaze it with ginger juice which is freshly grated ginger and white wine with the ginger solids strained out. Finally the garlic slivers are added to the pan for 30 seconds. You don't want them to burn." Frank has made red fish stock from rockfish bones and shrimp shells. He dips out four ounces of fish stock and adds it to the pan along with 1 Tbl. unsalted butter. He turns the burner to low.

In goes 1 tsp. each of fresh chopped tarragon and parsley, and the shrimp go back into the pan to finish off. "In a minute it will be done." He takes a large spoon and scoops up a taste of the sauce. "To me it's good."

Frank turns to a pan of grits, which have been cooking slowly on low for 40 minutes.



Always extra sauce and ready to go.



PHOTOS BY SHIRLEY RUHE

Slow cooking grits need occasional stirring.

"I use 2 cups of whole milk to 1/2 cup of grits plus 2 Tlbs. butter for one serving. At the end I add 2 Tbl. of fresh Parmesan cheese and salt and pepper. Of course we make this in big batches with 2 gallons of milk, 8 cups of grits, 1 pound of butter and

one quart of grated Parmesan." He says he buys the grits from a farm in Kentucky. He also buys his vegetables from local farmers. "The most important is the quality of the ingredients. They will shine through."

The customer favorites include fried green tomatoes and roasted peach-stuffed pork loin. "And right now we have the blueberry buckle with burnt honey ice cream." He says they listen to the customers and incorporate their feedback. His own favorite is probably the venison Carpaccio with the green tomato



Deglazed with ginger juice, red fish stock added and shrimp arranged on Kentucky grits.

chow chow and sunflower sprouts. "It's a shareable appetizer and perfect for summer." He says his wife's favorite is the buffalo pork cheeks or New Orleans style gumbo, a vegetarian option.

Frank met his wife when he was cooking at Eventide Restaurant nine years ago where he also met his current business partners, Tim Irwin and Jeremy Barber. Since then he has been executive chef at Fiola in D.C. and most recently at Copperwood Tavern in Shirlington. But "I wanted the chance to become the owner-operator who could dictate the aspects and decide what food is best for the neighborhood, to choose the staff." Frank is celebrating the one year plus two day anniversary of opening Live Oak at 1603 Commonwealth St. He says, "One of the biggest challenges is learning all of the administrative stuff."

One final stir of the grits and Frank spoons them out into a large white bowl. Six shrimp are artfully arranged in a circle with the sauce poured around. "Always extra sauce is good." Topped with local microgreens and another Southern specialty goes out the door.

CALENDAR

Submit entertainment announcements at www.connectionnewspapers.com/Calendar/. The deadline is noon on Friday. Photos/artwork encouraged.

ONGOING

Artwork Inspired by Nature

Exhibit. Various times through Aug. 31 at Huntley Meadows Park Nature Center, 3701 Lockheed Blvd. Local artist-photographer Nina Tisara will share some of her mosaic work in an exhibit entitled "Inspired by Nature." Call 703-768-2525 or visit www.fairfaxcounty.gov/parks.

Oil Paintings by Patricia Uchello. 9 a.m.-5 p.m. through Aug. 31 at the River Farm, 7931 East Blvd. Free. Call 703-768-6983 or visit www.patriciauchello.com.

Costumes of Mercy Street. Through Sept. 1, at The Lyceum: Alexandria's History Museum, 201 S. Washington St. To learn more about The Lyceum, visit alexandriava.gov/Lyceum or call 703-746-4994.

Ceramics Exhibition. Various times through Sept. 3 at the Torpedo Factory Art Center, 105 N. Union St. Exhibit called "Flexibility in Clay: Gymnastics and Gyration." Call Scope Gallery at 703-548-6288, visit www.scopegallery.org.

Gadsby's Tavern Museum Relics.

Various times through Labor Day at Gadsby's Tavern Museum, 134 N. Royal St. Learn the history of the museum, the purchase and see the original woodwork. Call 703-746-4242 or visit gadsbystavern.org.

Alexandrians Fight The Great War.

Various times through Nov. 11 at The Lyceum, 201 S. Washington St. This exhibit shares some of the stories of Alexandrians during the war and their more active participation in the American war effort after April 1917. Visit www.alexandriava.gov/Lyceum or call 703-838-4994.

Mount Vernon Farmers Market.

8 a.m.-12 p.m., Wednesdays, through Dec. 14. Fresh local food, artisan crafts. Sherwood Library, 2501 Sherwood Hall Lane. Visit

www.fairfaxcounty.gov/parks/farmersmarkets/mtvernonmkt.htm.

Student Art Exhibit. Various times through Sept. 15 at the National Art Education Association (NAEA) gallery, 901 Prince St. NAEA is exhibiting artwork from across the country created by students who are members of the National Art Honor Society (NAHS/high school students) and the National Junior Art Honor Society (NJAHS/middle school students). Call 800-299-8321 or 703-860-8000 or email info@arteducators.org.

All the President's Pups. Saturdays 10 a.m. at George Washington's Mount Vernon, 3200 Mount Vernon Highway, Mount Vernon. All the President's Pups Walking Tour, along the way, learn about George Washington's love for dogs, his dogs' unusual names, and his efforts to improve the quality of his hunting dogs through breeding. \$7. Visit www.mountvernon.org.

The Lyceum: 175 Years of Local History. Ongoing, Monday-Saturday

10 a.m.-5 p.m. and Sunday 1-5 p.m. at The Lyceum, 201 S. Washington St. On view in the museum's Goldsmith Gallery, the historical objects and images featured represent The Lyceum, the community at work, and commemorations and celebrations. Throughout the exhibition, visitors are invited to "be the curator" and think about why the various artifacts are in the museum's collection, and about how tangible representatives of the past help tell the story of Alexandria's history. Free. Visit www.alexandriahistory.org.

Pick-Up Hockey. Ongoing, Wednesdays and Fridays 11:30 a.m.-1 p.m. at Mount Vernon Ice Skating, 2017 Belle View Blvd. Play hockey with other hockey buffs, hitting slap shots and learning puck handling skills that the pros use. Players must have full equipment. 16 and older. Visit www.fairfaxcounty.gov/parks/rec/mtvernon/ or call 703-768-3224.

Medical Care for the Civil War Soldier Exhibit. Ongoing at the

Fort Ward museum, 4301 W. Braddock Road. ongoing exhibit which features original medical instruments and equipment from the Civil War period and information on Union Army hospital sites in Alexandria. Free. Visit www.alexandriava.gov/fortward.

Alexandria's Nurses and Hospitals

During the Civil War. Ongoing at The Lyceum, 201 S. Washington St. An exhibit on the life of Clarissa Jones, a nurse at The Lyceum hospital during the Civil War. The true story of a nurse in Alexandria during the war, drawing parallels with characters portrayed in the PBS drama "Mercy Street," with references to the experiences of other nurses, such as Anne Reading, who worked in the Mansion House hospital, and Jane Woolsey, who served at the Fairfax Seminary hospital. Admission is \$2. Visit www.alexandriava.gov/lyceum.

Shield of Earth: Defending the Heart of the Union exhibit. Ongoing, museum hours Tuesday

ENTERTAINMENT

through Saturday, 10 a.m. -5 p.m., Sundays, noon-5 p.m. at Fort Ward Museum, 4301 West Braddock Road. Highlights of the exhibition include military passes issued by Provost Marshal's Office, construction tools, and original photographs of some of Washington's defenders. 703-746-4848 or www.fortward.org.

Who These Wounded Are: The Extraordinary Stories of the Mansion House Hospital exhibit. Ongoing, Tuesday through Saturday, 10 a.m.-4 p.m., Sundays, noon-4 p.m. at the Carlyle House Historic Park, 121 N. Fairfax St. Come see the site that inspired "Mercy Street," the new PBS' series inspired by real events that took place at Carlyle House. www.carlylehouse.org or call 703-549-2997

Color Disorder Exhibit. Ongoing, Thursday through Sunday, noon-4 p.m., Sundays, noon-4 p.m. at the The Athenaeum, 201 Prince St. A joint exhibition of artists Katie Baines and Amy Chan who use diverse painting materials such as acrylic, gouache, airbrush and screen print to build energized abstract paintings. www.nfaa.org or 703-548-0035.

Flamenco Show. Wednesdays and Thursdays, 7:30-8:30 p.m. at La Tasca, 607 King St. Watch dancers and guitarists perform traditional flamenco. Free to attend. Call 703-299-9810 or visit www.latascausa.com.

French Movie Night. Every Thursday, 7 p.m. in the back room of Fontaine Caffe and Creperie, 119 S. Royal St. View a French film. Free, no reservation necessary. Call 703-535-8151 or visit fontainecaffe.com/reviews.html.

Their Fates Intertwined: The Lees of Alexandria in the War of 1812. Wednesday- Saturday, 10 a.m.-4 p.m. Sunday, 1-4 p.m. Lee-Fendall House and Gardens, 614 Oronoco St. A new exhibit on the experiences of the Lee family in Alexandria during the War of 1812 examines the contributions of Alexandria's citizens during the conflict that led to the writing of our national anthem through the lives of this iconic Virginia family. Visit www.leefendallhouse.org or call 703-548-1789.

Alexandria Cars and Coffee invites car enthusiasts to meet for coffee at Hollin Hall Shopping Center in front of Roseina's, 1307 Shenandoah Road. Owners of classic cars, hot rods, exotic cars, motorcycles and more meet to share car stories and drink coffee. Group meets the first Sunday of every month. 8:30-11 a.m.

Fifty Years of Collecting. Tuesday-Saturday 10 a.m.-5 p.m., Sundays 12-5 p.m. Fort Ward Museum, 4301 W. Braddock Road. An anniversary exhibit of objects from the Fort Ward collection. Free. Visit www.fortward.org or call 703-746-4848.

Dinner for the Washingtons. 12 p.m. at George Washington's Mount Vernon, 3200 Mount Vernon Memorial Highway. A walking tour that goes behind the scenes to find out how food was prepared and served before the era of microwaves and TV dinners. \$5 in addition to estate admission. Visit www.mountvernon.org.

Second Thursday Music. Athenaeum, 201 Prince St. 7 p.m. Second Thursday of every month. Visit nvfaa.org to view concert calendar and listen to upcoming Second Thursday Music artists.

The Monday Morning Birdwalk takes place weekly, rain or shine (except during electrical storms, strong winds, or icy trails), at 7 a.m. (8 a.m. November through March), is free, requires no reservation and is open to all. Birders meet in the parking lot at the park's entrance at



Live Music

On Sunday, Aug. 27, artists and sisters Shelby Lynne and Allison Moorer will perform in support of their upcoming release "Not Dark Yet," 7:30 p.m. at The Birchmere, 3701 Mt. Vernon Ave. Visit www.birchmere.com for more.

3701 Lockheed Blvd. Direct questions to park staff during normal business hours at 703-768-2525.

Civil War Sundays. 1-5 p.m. at Alexandria Archaeology Museum, 105 North Union St., #327. Learn more about the Civil War as it occurred in Alexandria. Find dioramas, newspaper articles and more Free. Visit www.alexandriaarchaeology.org.

Doggy Happy Hour. Tuesdays through October 5-8 p.m. at Jackson 20 and Hotel Monaco Alexandria, 480 King St. Doggy Happy Hour at Jackson 20 and the Hotel Monaco Alexandria offers specials on cocktails and beers plus treats and water for canine companions. Free, but drinks sold separately. Visit www.monaco-alexandria.com.

Wake Up Wednesdays featuring The Pop Up Cafe. 7-9:30 a.m. on Wednesday's near the King Street Tunnel - Carlyle Entrance located near 2000 Duke St. near Motley Fool. The cafe will feature coffee, live music to help commuters start the day off right and donuts from Sugar Shack. maurisapotts@gmail.com

CAMPS, CLASSES & WORKSHOPS

Summer Theatre Camps. Through Aug. 25, various times at the Little Theatre of Alexandria, 600 Wolfe St. Preschool-8th graders can learn acting, musical theatre, dancing, improv, Shakespeare, film making. Visit www.thelittletheatre.com or call 703-683-5778.

Community Dance. 7:30-9:30 p.m. every third Friday at Hollin Hall Senior Center, 1500 Shenandoah Road. Live music. Tickets are \$4. Call 703-765-4573.

Life Drawing. Del Ray Artisans offers a range of open life drawing sessions for anyone to develop life-drawing skills further. Drop-in for the session and bring supplies to draw or paint live models. Fee ranges from \$8-\$12. All skill levels are welcome. Del Ray Artisans is located at 2704 Mount Vernon Ave. Visit www.TheDelRayArtisans.org for a schedule.

The Harmony Heritage Singers (Mount Vernon Chapter of Barbershop Harmony Society), a daytime, a cappella, Chorus, rehearses on the 2nd and 4th

Tuesdays, monthly, at Sherwood Hall Regional Library, 2501 Sherwood Hall Lane, 10 a.m.-1 p.m. Newcomers welcome for fun or to book for a performance. Visit www.HHSingers.org, or call Bruce at 703-352-5271.

THURSDAY/AUG. 17

Garden Tour and Tea. 1-3 p.m. at Green Spring Gardens, 4603 Green Spring Road. Tour the glorious gardens with a Master Gardener docent who will lecture about Green Spring past and present. Afterwards, enjoy a traditional English afternoon tea. \$32. Call 703-941-7987 or visit www.fairfaxcounty.gov/parks/greenspring.

Meet the Poet and Author. 7-9 p.m., at The Athenaeum, 201 Prince St. Award winning poet and author, KaNikki Jakarta reads from her work. Call 703-548-0035 or visit nvfaa.org.

Sierra Hull in Concert. 7:30 p.m. at The Birchmere, 3701 Mt. Vernon Ave. Visit www.birchmere.com.

AUG. 17-SEPT. 17

Wizard of Hip. Various times at MetroStage, 1201 North Royal St. Featuring Thomas W Jones II as he journeys from adolescence to adulthood as Afro Jo with original music by William Knowles and two back-up singers. Call 703-548-9044 or visit www.metrostage.org.

AUG. 18-27

Alexandria Summer Restaurant Week. Area restaurants offer \$35 for a three-course dinner or \$35 dinner for two; select locations offering lunch from \$10-20/person. Visit www.AlexandriaRestaurantWeek.com or call 703-746-3301.

SATURDAY/AUG. 19

Casting Leaves in Concrete Workshop. 9:30-11 a.m. at Green Spring Gardens, 4603 Green Spring Road. Green Spring staff demonstrates casting and painting techniques and assists participants in making one to take home. \$40 for the program plus \$25 supply fee. Call 703-642-5173 or visit www.fairfaxcounty.gov/parks/

greenspring.

Sketch Hike. 10 a.m.-noon, at Huntley Meadows Park, 3701 Lockheed Blvd. Join park naturalist and artist Margaret Wohler at the park's Norma Hoffman Visitor Center and hike up to Historic Huntley to sketch some of the Mason family villa's historic architecture and landscaping. \$8. Call 703-768-2525 or visit www.fairfaxcounty.gov/parks/huntley-meadows-park/.

Gardening Author Talk. 3-4:30 p.m. at the Barrett Branch Library, 717 Queen St. Nancy Lawson, a naturalist and columnist for All Animals magazine, will talk about her recent book, "The Humane Gardener: Nurturing a Backyard Habitat for Wildlife." Visit alexlibraryva.org.

SUNDAY/AUG. 20

Tea and Princess Diana Lecture. 1-3 p.m. at Green Spring Gardens, 4603 Green Spring Road. Explore the many faces of Diana: fairytale princess, style icon, humanitarian and mother. Afterwards, enjoy a traditional English afternoon tea. \$32. Call 703-941-7987 or visit www.fairfaxcounty.gov/parks/greenspring.

Chamber Music Concert. 3-5 p.m., at The Lyceum, 201 S. Washington St. Cellist Randy Ward and pianist Chloe Sunyang Choi will play music by Beethoven, Brahms, and Vaughn Williams. Visit www.wmpamusic.org

DEADLINE AUG. 20

Open Invitation for Chorus. Rehearsals begin at 7 p.m. on Tuesdays at the Northern Virginia Community College Alexandria campus, 5000 Dawes Ave. Email leckstein@nvcc.edu or call 703-845-6252.

MONDAY/AUG. 21

Alexandria Chamber Golf Tournament. 1 p.m. at the Mount Vernon Country Club, 5111 Old Mill Road. Hot dogs and brats, beverages, reception, dinner, prizes. Sponsorships available, contact Maria Ciarrocchi at micarrocchi@alexchamber.com.

Great American Eclipse. All day at Historic Huntley Meadows Park, 3701 Lockheed Blvd. Learn the science behind eclipses and how to view them safely, solar eclipse glasses will be provided to attendees at all the programs. \$7 to \$12 per person. Visit go.usa.gov/xNvvb.

Solar Eclipse Watching Party. 2-4 p.m. at the Potomac Conference Center, 66 Canal Center Plaza, Suite 600. Protective Glasses, sips, and refreshments will be provided. Email maurisa@spottedmp.com.

TUESDAY/AUG. 22

Fall Sports Pep Rally. 6 p.m. at West Potomac High School Stadium, 6500 Quander Road. Wolverine Athletic Booster Club will introduce coaches and players. Visit www.westpotomacsports.org.

WEDNESDAY/AUG. 23

Wake Up Wednesday. 7-9:30 a.m. at the Duke Street Tunnel Connecting Carlyle to King Street Metro. Free coffee with a purchase of a donut, entertainment from local performers. Every Wednesday through September. www.alexandriava.gov/CarlyleFun.

THURSDAY/AUG. 24

Historian Lecture. 7 p.m. at The Athenaeum, 201 Prince St. Meredith Barber is a local historian and student at William and Mary. Through research at the National Archives, she discovered previously

unknown Athenaeum history during the Civil War including its employment as a logistics center by the Union Army. \$5, free for NVFAA members. Visit www.nvfaa.org or call 703-548-0035.

SATURDAY/AUG. 26

Mount Vernon Flea Market. 8 a.m.-1 p.m., at 8717 Fort Hunt Road. Features furniture, art, china, glass, porcelain, pottery, books, photographs, lighting, tools, etc. Refreshments will also be on sale. Admission is free. Visit mountvernonfleamarket.wordpress.com for more info.

Ballyshaners Irish Festival. 11 a.m.-7 p.m. at 1A Prince St. A celebration Irish history and culture in Alexandria, and a fundraiser for the Alexandria St. Patrick's Day Parade. Visit www.ballyshaners.org/festival/.

Garden Terrarium Workshop. 1-2:30 p.m. at Green Spring Gardens, 4603 Green Spring Road. Begonia enthusiast Johanna Zinn provides information on this genus and teaches techniques for creating a terrarium. \$38 plus supplies. Call 703-642-5173 or visit www.fairfaxcounty.gov/parks/greenspring.

SATURDAY-SUNDAY/AUG. 26-27

Begonia Show and Sale. 9 a.m.-4:30 p.m. at Green Spring Gardens, 4603 Green Spring Road. Show sponsored by the Potomac branch of the American Begonia Society. Free. Call 703-642-5173 or visit www.fairfaxcounty.gov/parks/greenspring.

SATURDAY/AUG. 26

Civil War Servants Lecture. 2 p.m. at Carlyle House Historic Park, 121 N. Fairfax St. Tour entitled "Under the Same Roof: Enslaved and Free Servants at the Lee-Fendall House." \$10. Visit www.leefendallhouse.org.

SUNDAY/AUG. 27

Free Piano Concert. 3-5 p.m. at The Lyceum, 201 S. Washington St. The Washington Metropolitan Philharmonic Association presents an afternoon of music with the West Shore Piano Trio as part of their Summer Chamber Music Series. Free. Visit www.wmpamusic.org.

Sister Musicians Concert. 7:30 p.m. at The Birchmere, 3701 Mt. Vernon Ave. Artists and sisters Shelby Lynne and Allison Moorer will perform in support of their upcoming release "Not Dark Yet." Visit www.birchmere.com.

MONDAY/AUG. 28

7th Annual Charity Golf Tournament. 8 a.m. at Fort Belvoir Golf Club 8450 Beulah St., Fort Belvoir. Benefit for America's "Adopt A Soldier," an established nonprofit organization who has through grassroots volunteerism, donations, and partnerships; provides a positive impact to our nation's wounded, deployed service members, hospitalized military children, homeless veterans, veterans and their families. Email golftournament@americasadoptsoldier.org.

Fall Vegetable Gardening. 7-8:30 p.m. at the Beatley Library, 5005 Duke St. Learn inexpensive techniques to extend the harvest and even enjoy some of the crops in the dead of winter. Visit mgvnv.org or call 703-228-6414.

SATURDAY/SEPT. 2

Celebrate Honeybee Day. 10 a.m.-noon at Green Spring Gardens, 4603 Green Spring Road. Meet a beekeeper, see inside a beehive, learn a bee dance, do a bee scavenger

WWW.CONNECTIONNEWSPAPERS.COM

4 Menus to Try for Restaurant Week

BY HOPE NELSON

Before the summer turns to hectic fall — when kids go back to school, work kicks into overdrive, and football dominates the television once more — Alexandria takes a week to celebrate its culinary diversity. Its Summer Restaurant Week kicks off Friday and extends through Aug. 27, spawning special menus and deals citywide. Here are a few of this season's most promising.

Hummingbird, 220 S. Union St.

Perhaps the most eagerly anticipated entrant into this summer's Restaurant Week festivities is the newly opened Hummingbird, which resides in the new Hotel Indigo down by the waterfront. Owned by culinary power couple Chef Cathal Armstrong and Meshelle Armstrong, the restaurant comes with some big expectations — but does it deliver? Take the tasting menu for a spin and see for yourself.

Though the dinner menu is compelling, the far-and-away best value is within the \$20-per-person three-course lunch menu. Choose among such options as an endive salad with citrus and a lemon-honey vinaigrette to start; then move along to a main course of a Andouille sausage sandwich, a “Beastly Burger,” or a lentil sandwich, just to name a few; and, finally, finish off the meal with a chocolate chip cookie before heading back to work (or to an early happy hour if you're so moved).

Captain Gregory's, 804 N. Henry St.

The upscale speakeasy within the confines of the casual Sugar Shack doughnut dispensary is hopping back into the Restaurant Week game, as well. More easily known for its cocktails, Captain Gregory's is offering up a \$35-per-person dinner deal for the occasion with a three-course tasting menu to keep things interesting.

The menu is small but mighty, offering up such

gems as a burrata with eggplant and shishito peppers to start and pickled shrimp or pork loin as a main attraction. Finish out the meal with a panna cotta or a dessert root beer completely with smoke and an infusion of CO2, and you've had a pretty good night at the speakeasy.

Live Oak, 1603 Commonwealth Ave.

The newish Southern-inspired restaurant at the border of Rosemont and Del Ray is offering diners a bevy of choices for its Restaurant Week menu, all of which provide a hearty dose of comfort food to the plate.

Who can go wrong with a start of fried green tomatoes, deviled eggs, or — for those hot summer days — gazpacho or arugula salad? Then move on to the main course and feast on an entrée from all over the flavor wheel: pork loin, roasted chicken, hanger steak, and even a vegetarian gumbo complete with vegan sausage. Sweet treats round out the offerings — you could do worse than a buttermilk chess pie.

Meggrolls, 107 N. Fayette St.

One of Old Town's newest — and most popular — eateries is also joining in the Restaurant Week fun in a most creative way. At first blush, Meggrolls' participation may seem questionable: How can the café that makes its living on little pockets of flavor come up with a deal that's even more compelling than usual? But fear not: Meggrolls has risen to the occasion.

For \$35, diners will get a choice of three Meggrolls — including options such as broccoli mac, buffalo wing, and chicken parm — as well as a side slaw, boardwalk fries, an apple pie or Oreo dessert, and, to wash it all down, a can of wine. Use that can to toast to the Alexandria food scene — and start planning your next Restaurant Week stop.

Hope Nelson owns and operates the Kitchen Recessionista blog, located at www.kitchenrecessionista.com. Email her any time at hope@kitchenrecessionista.com.

hunt, learn how bees are important to the food supply and get tips on how to help honeybees. Call 703-642-5173 or visit www.fairfaxcounty.gov/parks/greenspring.

Saturday Cinema at Carlyle. 7:36 p.m. on John Carlyle Square, 300 John Carlyle St. Billy Crystal and Meg Ryan in “When Harry Met Sally.” Free. Visit www.AlexandriaVA.gov/CarlyleFun.

FRIDAY/SEPT. 8

Patriot Day Golf Classic. 11:30 a.m.-6:30 p.m. at Belle Haven Country Club, 6023 Fort Hunt Road. 4th Annual Patriot Day Golf Classic to benefit two veteran and wounded warrior organizations. Visit www.bellehavencc.com/golf/patriotday.

SATURDAY/SEPT. 9

Fall Garden Day. 9 a.m.-3 p.m. at Green Spring Gardens, 4603 Green Spring Road. Numerous local plant and garden craft vendors will have gardening materials, while a silent auction, bake sale, live music, food and kids' activity tent add to the festivities. Free. Call 703-642-5173.

MONDAY/SEPT. 11

Yoga for Gardeners I. 9:30-10:30 a.m. at Green Spring Gardens, 4603 Green Spring Road. This class features a gentle introduction to the vinyasa method which helps participants increase the strength, flexibility and endurance necessary for gardening. Class held indoors. \$123/person for 11 lessons. Register online at www.fairfaxcounty.gov/parks/greenspring using code 290 426 2401 or call 703-642-5173.

Garden Sprouts: Nature

Playgroup. 10-11:30 a.m. at Green Spring Gardens, 4603 Green Spring Road. Preschoolers learn through nature-themed toys and puzzles while parents meet other playgroup parents one Monday a month. September's theme is “Pollinators Everywhere.” Adult must accompany registered child. \$6/child. Register online at www.fairfaxcounty.gov/parks/greenspring using code 290 401 2701 or call 703-642-5173.

THURSDAY/SEPT. 14

Gardening Excursion. 7 a.m.-7 p.m., at Green Spring Gardens, 4603 Green Spring Road. Chanticleer Garden in Wayne, Pennsylvania is a blend of art and horticulture. Trip includes motor coach, entrance, guided tour, and lunch. \$124. Visit www.fairfaxcounty.gov/parks/

greenspring or call 703-941-7987.

FRIDAY/SEPT. 15

History By The Glass. Various times at Gadsby's Tavern, 134 North Royal St. Enjoy drinks at the tavern, which historically served a wide variety of beverages, and learn about the history behind them. \$50 for drinks and hors d'oeuvres. Call 703-746-4242 or visit gadsbystavern.org.

SEPT. 16-17

Street Art Festival. 10 a.m.-5 p.m. at 480 King St. King Street from Washington Street to the waterfront is transformed into an outdoor art gallery with original artwork by more than 200 artists from the U.S. and abroad. Featuring live music, and interactive art activities, as well as The Art League's Ice Cream Bowl Fundraiser. Visit www.artfestival.com/festivals/alexandria-king-street-art-festival.
Crafts at Carlyle. 10 a.m.-2 p.m. at Carlyle House Historic Park, 121 N. Fairfax St. Children will be able to create their own piece of art at Carlyle House to take home. Children will get the chance to paint their own version of a floorcloth, a popular 18th Century floor covering. Call 703-549-2997 or visit www.nvrpa.org.

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Managed Deer Hunts Begin Sept. 1

FROM PAGE 1

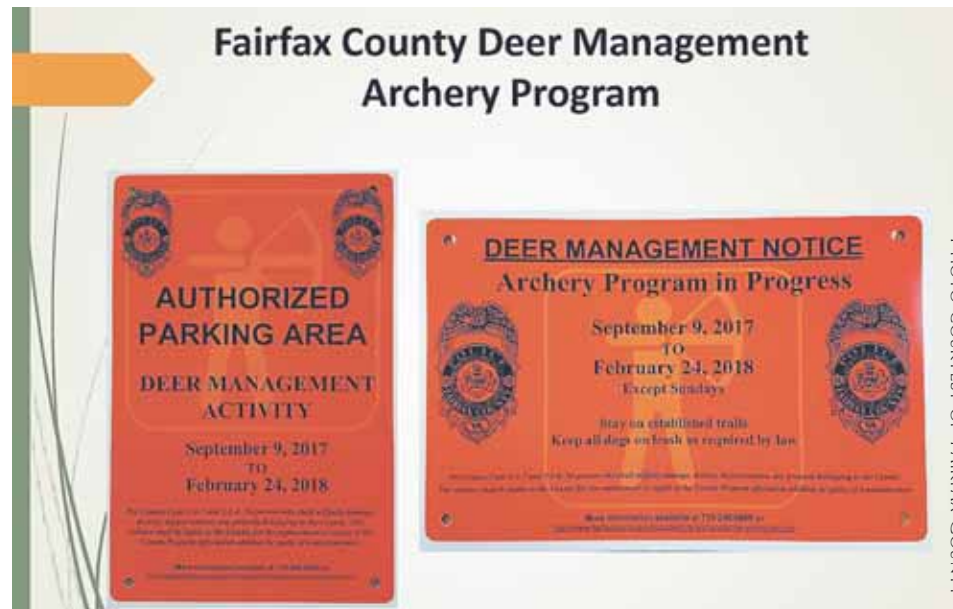
hunting locations, but Powell insisted that there have been no reports of any injuries to citizens, only accidents to the hunters. “Mostly falls, or other injuries often typical of time spent in the woods.”

THE ARCHERY PROGRAM is the county’s number one method of deer population control, accounting for 95 percent of the 1,092 deer harvested last year by 627 sanctioned archers, working 18 designated archery clusters. The archers donated 44,881 hunt hours, but only 10.4 percent of hunting attempts resulted in deer harvests.

It is the use of archery as the mainstay of population control that caused some concern and pushback by the few residents in attendance.

Melissa Klein from the Braddock area said she understood the need for controlling the deer population, but felt like relying so heavily on archery “wasn’t a 21st century solution.” She and Kevin Rose, district wildlife biologist for the Virginia Department of Game and Inland Fisheries who was in the audience, entered into a bit of a debate on the use of birth control to reduce the numbers of deer. Both referred to a study in a controlled population of deer in Maryland, using the drug PZP. After some back-and-forth between the two, Rose ultimately stated that the experiment was a failure, in part because of the transient nature of the deer, as they moved in and out of areas and among herds, and because the “balance between births and deaths” is not being achieved by that method.

Kathie Sowell of Vienna also shared some concerns, relating a particularly gruesome



Look for signs like these posted to show that the area has been included in the deer management program.



encounter with a deer, still mobile, but with an arrow through its eye.

Phil Church of Fairfax had similar objections. “The wounding rate for these animals is what bothers me.” Church also agreed that control of the population was needed, but questioned the reliance on archery, when it was “impossible to say how many of the deer wander off wounded, or how long it may take for some of them to die, or to be tracked by the hunter and finished.”

Church and others wanted to know why sharpshooting couldn’t be the more employed methodology, since there was agreement that it would be “more humane.”

“Logistics and cost. That’s honestly the answer,” said Powell. Having paid law enforcement personnel off the job to handle the deer population is just not efficient or in the budget.

There were no easy answers forthcoming from the officials to the objections, but there were promises to continue to look for other methods, to review the program, and to consider public safety at all times.

The program will begin on Sept. 1, and run through Feb. 24, 2018. No hunting will take place on Sundays. To learn more about the program and to see which parks are included, go to the county’s website www.fairfaxcounty.gov, type in “Managed Deer Hunts” and follow the links.

Kristen Sinclair, ecologist III, county Natural Resources Branch, cited a study that deer are consuming seedlings and saplings, bushes, and shrubs, as well as “hindering the forest regeneration.”

Children Pair Up to Shop with Deputies

FROM PAGE 3

iam Sites, “I like black, pink and purple clothes.” Then Emma quietly asked, “Are we really going shopping?”

Sites bent down low and looked Emma straight in the eyes, “We’re definitely going shopping. We’ll fill a cart. No problem.” A few minutes later, the children left the atrium, beside their deputies and headed for the bus to Target. Many deputies had

their arm around a child’s shoulder or held a young one’s hand.

When they arrived at Target, dozens and dozens of deputies snatched up the carts, all while laughing and joking with the children. Deputies hoisted the littlest ones into the front seats of the carts. Down the aisles, they rolled, causing other customers to turn their heads, pause, and smile. It was a shopping cart frenzy of red. While the pace slowed down, pants, shirts, socks, shoes,

and underwear piled higher and higher in the carts.

MANY CHILDREN seemed unable to comprehend they could pick out more than one item for themselves. Tyquan, 9, was overheard saying to his shopping partner, Capt. Sonny Cachuela, Jr., “How much have we spent? Is this OK to buy?”

“Don’t worry about it, buddy,” Cachuela replied. “We’ll work it out.”

The following businesses and organization helped support Shop with a Sheriff: Target, Paisano’s Pizza, Montessori of Chantilly - Casa Dei Bambini, Fairfax County Federal Credit Union, Let’s Help Kids, Fairfax Deputy Sheriff Union, Fairfax Sheriffs’ Association, and Fraternal Order of Police Fairfax Lodge 77.

To learn more about Shop with a Sheriff or to make a donation, contact the Sheriff’s Office at sheriff@fairfaxcounty.gov.

CRIME REPORT

The following incidents were reported by the Mount Vernon District Police Station.

BURGLARY: Staff left the building in the 6500 block of Richmond Highway around 11 p.m. Sunday night, Aug. 6, and ensured that all the doors were locked. Around 1 a.m. Monday morning, an alarm call was made and officers responded. It was found that someone had made entry into the building and broke out an interior window. No items were reported to be missing.

BURGLARY: Early Friday morning, Aug. 4, officers found a door open at a business in the 6500 block of Richmond Highway. Employees quickly came to the store and found money missing. Review of cameras showed a man walking in the building. The suspect is described as a light skin black male, between 30 and 36 years old, 5 foot 10 inches to 6 foot tall, 145 to 155 pounds, wearing a tank top, and carrying a backpack.

FRAUD-SKIMMING DEVICE: Around 4 p.m. Friday afternoon, Aug. 4,

a customer at a store in the 6300 block of South Kings Highway attempted to use his ATM card at the kiosk when it became stuck. He attempted to retrieve his card and began to pull on the card when the receiver cracked. Staff at the business were notified. Detectives went to the location and were able to identify the skimmer as well as a camera that were in the device.

BURGLARY: Around 11:30 Friday night, Aug. 4, the victim was alerted when she heard a noise in the kitchen of the house, which is located in the 3100

block of Jackies Lane. When she went to investigate the noise, she saw a man attempting to climb in the kitchen window. The victim described the suspect as a 40-year-old middle eastern with a round face, bald, brown eyes, about 5 foot 10 inches tall, 175 pounds, wearing a dark T-shirt.

BURGLARY: Between 4 p.m. Saturday, Aug. 5, and 11 a.m. Sunday, Aug. 6, someone broke into the business in the 6100 block of Richmond Highway. An investigation shows that someone forced entry into the business, and stole

money.

AUG. 14/LARCENIES

5400 block of Claymont Drive, credit cards from vehicle
8100 block of Keeler Street, credit card from vehicle
3100 block of Lockheed Boulevard, merchandise from business
3100 block of Lockheed Boulevard, beers from business
2000 block of Old Stage Road, gun from vehicle
8400 block of Orinda Court, wallet from vehicle



PHOTO CONTRIBUTED

Community Foundation Scholarships

The Community Foundation for Northern Virginia has awarded scholarships to 89 students, totaling \$304,700, to support their continuing higher education beginning in the fall. The Community Foundation for Northern Virginia manages and administers the funds for 25 scholarships that support Northern Virginia students pursuing undergraduate and graduate degrees. The Elizabeth Koury Scholarship was awarded to Suferah Khan of West Potomac High School going to George Mason University.

Legals



VIRGINIA DEPARTMENT OF TRANSPORTATION
1401 EAST BROAD STREET
RICHMOND, VIRGINIA 23219

Request for Qualifications Contract ID #: C00099478DB98 0007-029-942 & 0007-029-225 Route 7 Corridor Improvements Design-Build Project Fairfax County, Virginia

The Virginia Department of Transportation (VDOT) is seeking Statements of Qualification for the Route 7 Corridor Improvements Design-Build Project from qualified respondents with experience in the design and construction of highway facilities. The Project is located on Route 7 (Leesburg Pike) just west of the Route 7/Dulles Toll Road Interchange in Fairfax County, Virginia. The Project includes widening of about a 6.8 mile segment of Route 7 from four to six lanes between Jarrett Valley Drive and Reston Avenue. The purpose of the Project is to increase capacity, improve traffic operations and reduce congestion, improve community access at intersections and via frontage roads, and improve safety in corridor. Project improvements include: an additional eastbound and westbound lane; shared use paths on both sides of Route 7; replacement of the existing Route 7 bridge over Difficult Run; stream relocation; a new pedestrian tunnel under Route 7 accessing the Colvin Run Mill; a grade-separated intersection for eastbound Route 7 at Baron Cameron Avenue; asphalt overlay of existing pavements; new sound barriers; and installation of storm drain pipes and stormwater management facilities. The Design-Builder will also be responsible for coordinating the Route 7 Widening Project with the Washington Gas transmission line upgrade project within the Project limits.

Questions/clarifications regarding the Request for Qualifications (RFQ) should be submitted to John Daoulas, P.E. (John.Daoulas@vdot.virginia.gov).

Copies of the RFQ and additional submittal requirements can be found at <http://www.virginiadot.org/business/request-for-qualifications.asp>.

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Victoria from Australia, 17 yrs. Enjoys spending time with her family and younger siblings. Victoria plays volleyball and is excited to learn new sports while in America.

Giorgio from Italy, 16 yrs. Loves to play baseball and spend time with his dogs. Giorgio also plays the guitar, and his dream is to join a drama club at his American high school.
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I Had a Dream

By KENNETH B. LOURIE



Which apparently, according to my oncologist, is not unusual. In fact, he's had them, too. What I am referring to, in a general sense, are cancer dreams. The 'cancer dream' I had was my first. Actually, it was not so much a dream, with a beginning, middle and an end, as it was a fragment; a moment in subconscious time that provided (illuminated would be too strong a characterization) an opportunity to possibly see my future and prepare accordingly.

Before I share my dream, let me give you a bit of context relating to my cancer condition. I am nearly five months into my ninth year post diagnosis. I have stage IV non-small cell lung cancer, the terminal kind. Stage IV, if you don't know (and I certainly didn't know stage IV from stage left until my oncologist told me in late February 2009) means the tumors have metastasized (moved from its original location, which is rarely good) and are inoperable (which means surgery is not an option/recommended/reasonable). Ergo, the "13 month to two year" prognosis I was given and the associated 2 percent chance of survival beyond five years. To say then that cancer/my mortality is constantly on my mind is an understatement of epic proportions.

Given the unlikely still-living situation in which amazingly I find myself, I am regularly waiting for disappointing/discouraging health-related symptoms/news. With every five-week cycle of pre-chemotherapy lab work/24-hour urine collection and chemotherapy infusion, followed by quarterly CT Scans and semi annual brain and/or lower abdomen MRIs, I am at the mercy of results – which at this juncture rarely manifest themselves in any symptomatic/life-changing way. In short, I rarely know what the cancer is doing until my oncologist tells me. So far, mostly so good. As a result of this general lack of symptoms, I am always anticipating the day when I am not so lucky and wondering how it will happen/how I'll react when "the cancer," as "Forrest, Forrest Gump" said it, asserts its insidious hold. This was the dream fragment I had.

The only real symptom of my lung cancer/treatment shows up in my lab work: specifically my creatinine level, which measures kidney function. And kidney function, per conversations with my oncologist, is a major concern. The damage I've incurred already is irreparable and likely to get worse and a constant worry (I've recently had a "liquid biopsy" in an attempt to determine non-surgically the genetic mutation of my tumors which could possibly enable me to switch my chemotherapy to one which is not filtered through the kidneys). In the interim however, or until there is an "actionable" match, I am still preoccupied with this risk. The fear of dialysis/a kidney replacement weighs heavily on my mind.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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News



Life Scout Daniel Wozniak on the boardwalk in Gil McCutcheon Park.

Scout Project Benefits Park

On Saturday, Aug. 5, Boy Scout Troop 301 Life Scout Daniel Wozniak got what he asked for: good weather, and help from his fellow scouts in completing his long planned Eagle Scout Project.

With assistance from Fairfax County Park Authority Area 3 Manager Phil Hager, Daniel put together a plan to build a 60-foot boardwalk in Gil McCutcheon Park.

Starting at 10 o'clock on Saturday morning, Scouts and parents from Troop 301 and Crew 11 worked together for seven hours to build the boardwalk over a section of trail that becomes exceptionally muddy during rainy weather.

When asked what the key to success of his project was, Daniel replied that it was a combination of materials being supplied by Hager, planning and prefabricating as much as he could before the work started in the park, and the many helping hands from the Scouting family. Asked what he learned from the experience, he stated that you can't always plan for everything and you have to be flexible.

Daniel's project joins seven earlier Eagle Scout projects and a Girl Scout Gold Award project completed in Gil McCutcheon Park. This unofficial partnership between local area Scouting programs and the Fairfax County Park Authority has not only enhanced the park by making it more accessible to the public, but has served the youth well in providing them the opportunity to learn life skills and to exercise leadership in an outdoor environment.

9

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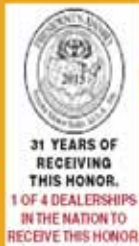
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NEW PRICE!
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\$649,500



9504 Lynnhall Pl.
\$1,099,000



4008 Adrienne Dr.
\$515,000



2303 Cavendish Dr.
\$569,000



3711 Great Neck Ct.
\$639,900



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