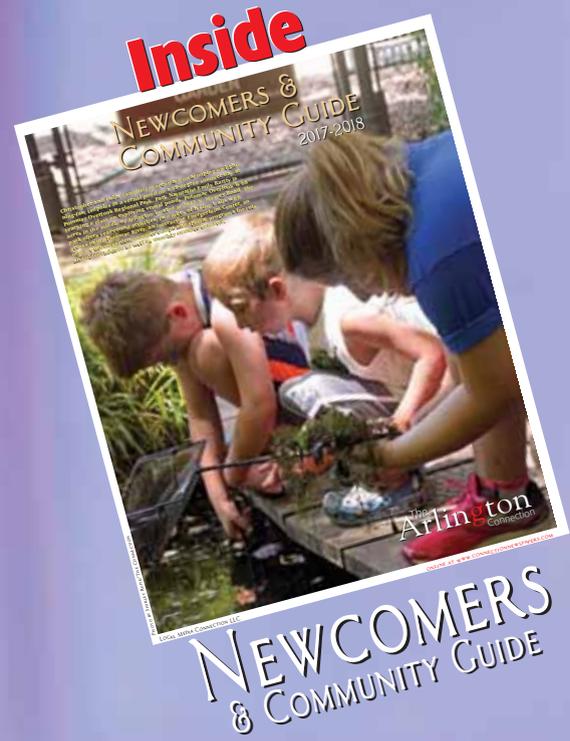




The Arlington Connection



Kelly Horinek (back) and her son, Cash Horinek, on the burlap-sack slide at the Arlington County Fair.

All's Fair at County Fair

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Farewell to Martha Ann Miller, 106

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Celebrating Friendship

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PHOTO BY VERNON MILES/THE CONNECTION

OBITUARY

Martha Ann Miller, 106

Martha Ann Miller, an Arlington resident for 80 years who worked to improve public schools here, died Wednesday, Aug. 16, 2017 at Sunrise at Bluemont. She had celebrated her 106th birthday 10 days earlier.

At age 101, Mrs. Miller self-published her autobiography, "The First Century and Not Ready for the Rocking Chair Yet," to make her great-grandchildren aware of her legacy of community service and her faith in God. On her most recent birthday, friends from Clarendon United Methodist Church donated 106 boxes of cereal to the Arlington Food Assistance Center pantry at the church, where Mrs. Miller had been instrumental in strengthening the music ministry and other programs.

Martha Ann Riggs was born Aug. 6, 1911, in Evansville, Ind., where she honed her math skills by tracking the per-serving cost of baked goods she made and served to her family and farm hands. As part of that 4-H project, she baked a Blue Ribbon loaf of bread that, at age 14, earned her a four-year scholarship to Purdue University. She credited the scholarship, which she used for a home economics and math degree during the Great Depression, with providing the education she needed to excel later in life.

She moved to a friend's porch in Washington to look for work and found it demonstrating gas ranges. She met her husband, Malcolm Drennan Miller, at Foundry Methodist Church, and they settled in Arlington's Colonial Village. As their four children grew, they worked with many other newcomers to Arlington to improve public education and helped the county get its first elected school board.

Later, Mrs. Miller taught math at Stratford Junior



High School and in 1959 defied the Commonwealth's "massive resistance" to school integration ordered by the Supreme Court by welcoming black students to her classroom when other teachers refused and the school principal resisted. The General Assembly reacted to Arlington's impertinence by

rescinding permission for an elected school board until 1992, when elected boards were permitted statewide.

Mrs. Miller was an active supporter of the American Association of University Women, the Committee of 100, Wesley Seminary and WETA public television. Arlington's Commission on the Status of Women honored her as a Person of Vision in 1997.

Survivors include her son, Malcolm R. Miller of Santa Rosa, Calif., and daughter, Meg (Phil) Filiatrault of Georgetown, S.C.; four grandchildren, and seven great-grandchildren. Her husband, their son William, and daughter Winifred preceded Mrs. Miller in death.

Her funeral will be held at 11 a.m. Friday, Aug. 25, at Clarendon United Methodist Church, 606 N. Irving St., followed by burial at Columbia Gardens Cemetery, 3411 Arlington Blvd., and a reception at the church. The family will greet friends Thursday, Aug. 24, from 2-4 and 6-8 p.m. at Murphy Funeral Home, 4510 Wilson Blvd. In lieu of flowers, donations may be made in her name to the Society of St. Andrew at endhunger.org.

"FLOURISHING AFTER 55"

"Flourishing After 55" from Arlington Office of Senior Adult Programs for Aug. 28-Sept. 2.

Senior centers: Lee, 5722 Lee Hwy.; Langston-Brown Senior Center, 2121 N. Culpeper St.; Walter Reed, 2909 S. 16th St.; Arlington Mill, 909 S. Dinwiddie St.; Aurora Hills, 735 S. 18th St.

Senior trips: Monday, Aug. 28, National Building Museum exhibit, "Architecture of an Asylum," \$13; Tuesday, Aug. 29, St. Michael's cruise from Annapolis, \$71; Thursday, Aug. 31, National Museum of African American History and Culture, D.C., Thursday, Aug. 31, \$6; Friday, Sept. 1, Solomons Island, Md., \$8; Saturday, Sept. 2, Maryland Renaissance Festival, Crownsville, Md., \$25. Call Arlington County 55+ Travel, 703-228-4748. Registration required.

NEW PROGRAMS:

Tennis for adults, 55+, 9 a.m., Bluemont Park tennis courts. Register, 703-228-4771.

Garden group, Monday, Aug. 28, 1 p.m., Walter Reed. Meet garden expert Pete Jones. Register, 703-228-0955.

Memories of Arlington, Tuesday, Aug. 29, 11:30 a.m., Lee. Newcomers welcome. Register, 703-228-0555.

Estate planning for persons with chronic conditions, Wednesday, Aug. 30, 7 p.m., Arlington Mill. Register, 703-228-7369.

Harmonica Blues, performance, Wednesday, Aug. 30, 11 a.m., Walter Reed. Details, 703-228-0955.

How much food is needed daily, Wednesday, Aug. 30, 1:30 p.m., Aurora Hills. Register, 703-228-5722.

Improve fitness through Smartphone apps, Wednesday, Aug. 30, 11 a.m., Arlington Mill. Register, 703-228-7369.

Arlington Walking Club, Wednesday, Aug. 30, 9:30 a.m., Lubber Run Community Center, \$4. Details, 703-228-4403.

Nutritious appetizers, Thursday, Aug. 31, 11 a.m., Walter Reed. Register, 703-228-0955.

Fast Forwards walking group, Friday, Sept. 1, 10 a.m., Lee. Register, 703-228-0555.

Spellbinders (volunteer storytellers), Friday, Sept. 1, 9:30 a.m., Langston-Brown. Newcomers welcome Register, 703-228-6300.

Register online by Saturday, Sept. 2 for 2017 Northern Virginia Senior Olympics, www.nvso.us or call 703-830-5604.

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All's Fair at County Fair

Food and fun for all at Arlington's annual celebration.

BY VERNON MILES
THE CONNECTION

The County Fair is one of the biggest events in Arlington County, with people from across the region flocking to the lot outside the Thomas Jefferson Community Center. Carnival rides, food trucks, and games fill the open field, while local organizations put on a convention-style showcase.

But tucked away in a back corner of that field is one of the fair's most popular attractions. Dozens of fairgoers crowd around a tiny race track with anticipation. The race host, Travis Culver, emerges from a trailer and begins to excite the crowd, picking out members of the audience to step into various jobs around the track. Finally, the pigs emerge. In twos and fours, the pink piglets dash around the circle, some moving with



PHOTOS BY VERNON MILES/THE CONNECTION

The Arlington County Fair from the top of the ferris wheel.



Pigs race at the County Fair

more urgency and enthusiasm than others. There's even a few races later in the day with goats.

Charlie Cromer and Culver have been racing pigs for years. Cromer has been managing pig races for five years and got into the business when he son needed help. For both of them, being a travelling show is one of the best parts of the job.

"It's a different place every week," said Cromer.

"I love to travel," said Culver, "and it's good food everywhere we go."

Cromer and Culver race all kinds of animals, from dogs to ducks, but by far they say pigs are the smartest animals they race. In fact, unless they dip into the dolphin rac-

ing circuit, they say pigs are some of the smartest animals in the world. Below elephants, monkeys, dolphins and octopi, pigs are generally ranked as one of the most aware and intelligent animals.

"People are surprised when they find out how smart the pigs are," said Cromer. "It takes us months to train dogs and goats, but only a week to train a pig."

But as smart as they are, the pigs can often be unpredictable. Several times during the races, Cromer had to join in the race, moving behind the slower racers and encouraging them along the track.

"When you're working with animals, they can be unpredictable, said Culver. "You have to learn to improvise."



Charlie Cromer (left) and Travis Culver

Celebrating Friendship

No one wanted to say goodbye to Leni Gonzalez after her years of leadership improving the quality of life for Latinos and immigrant families in Arlington. So Tuesday, Aug. 15, a "Celebrating Friendship" dinner was held at the Salsa Room on Columbia Pike to express the appreciation and gratitude of the people she has touched over the years. Gonzalez is moving to El Salvador in a couple of weeks to join her husband who has emerged from retirement to begin a new career there. Above are Walter Tejada, former County Board chair who worked with Gonzalez on many projects over the years (left), Leni Gonzalez and Andres Tobar, executive director of Shirlington Employment and Education Center (SEEC) of which Gonzalez was recent chair of the board.



Videos flashed on the walls as El Mariachi Los Gallos Negros serenaded the friends of Leni Gonzalez



during the Hispanic dinner of roasted chicken, rice, yuca and salad on Aug. 15 at the Salsa Room. "En mi Viejo San Juan and Volver, Volver, Volver."

PHOTOS BY SHIRLEY RUHE/THE CONNECTION

OPINION

Expand Medicaid Now

It's too late to get back the \$10 billion Virginia turned down, but not too late to gain coverage for 400,000 and boost the economy.

Virginia's General Assembly has refused to accept one of the key provisions of the Affordable Care Act, expansion of Medicaid at almost no cost to Virginia that could have covered 400,000 uninsured Virginians and would have brought more than \$10 billion into the state. It has also cost

EDITORIAL

Ironically, the failed efforts to "repeal and replace" the Affordable Care Act included changes to Medicaid that would have penalized states, like Virginia, that did not expand Medicaid, permanently reducing federal funding.

"In all of the bills proposed in the House and Senate to repeal the ACA, none of them left the non-expansion states better off," said Gov. Terry McAuliffe on Monday, Aug. 21, in calling again for Virginia to expand Medicaid, al-

most entirely paid for by the federal government.

"I have called for Virginia to expand Medicaid for three and a half years now. In that time, we have forever forfeited a whopping \$10.4 billion of our federal tax dollars," McAuliffe said. "We have missed an opportunity to cover 400,000 low-income Virginians."

More than 140,000 residents of Fairfax County have no health insurance. More than 40,000 residents of Arlington and Alexandria have no health insurance. That's more than 12 percent of the people who live in one of the wealthiest areas in the nation.

A Harvard Medical School study determined that the decision by 25 states to reject the expansion of Medicaid coverage under the Affordable Care Act would result in between 7,115 and 17,104 more deaths than had all states opted in. In Virginia, the number of

deaths due to failure to expand Medicaid: between 266 and 987.

Refusing to accept federal funds to provide healthcare to uninsured Virginians makes no more sense than declining federal funds for transportation or education.

In Virginia, 102,000 uninsured people with a mental illness or substance use disorder could qualify for coverage if Medicaid were expanded under the Affordable Care Act.

As Virginia wrestles with heroin and opioid addiction, expanding Medicaid would allow for expanding treatment programs. One of the big obstacles to helping people who are fighting addiction is the availability of treatment when it is most needed. More people die of opioid overdoses in Virginia than in vehicle crashes.

It is beyond cruel that an ideologically driven General Assembly can turn away health care for so many. It's beyond understanding why the General Assembly would turn down billions of dollars in direct health care dollars, plus the tremendous boost to the economy and jobs that federal investment would generate.

— MARY KIMM

MKIMM@CONNECTIONNEWSPAPERS.COM

Governor's Perspective

Remarks by Gov. Terry McAuliffe to General Assembly money committees Aug. 21, 2017:

I have called for Virginia to expand Medicaid for three and a half years now. In that time, we have forever forfeited a whopping \$10.4 billion of our federal tax dollars.

We have missed an opportunity to cover 400,000 low-income Virginians.

Thirty-one states from across the political spectrum have expanded Medicaid. This isn't a political issue. These are people's lives.

I believe in the radical notion that health care shouldn't be a privilege for the rich. And in the wealthiest nation in the world, one medical event shouldn't send a family into financial ruin.

Just a few weeks ago, I went to the Remote Area Medical Clinic in Wise for the fourth time as governor. I want to thank Dr. O'Bannon for providing his services at the clinic.

There, you will see the stark reality of what it means to lack access to affordable health care. People were waiting in the animal pens, separated by bed sheet "curtains" to get the only medical care they'd have this year. Many

of them slept overnight in the parking lot just to get a spot in line.

I met a woman who pulled me aside to tell me that the clinic literally saved her life by catching her cancer in time. Another man had been driving for a year without proper eyeglasses. Yet another told me that, at 39 years old, he visited the dentist for the first time ever that day. Sadly, he was too late, and needed all of his teeth pulled.

These folks should get the exact same level of care that you or I do.

That's why I will be including Medicaid expansion once again in my biennial budget proposal this year.

And even if you don't believe that the ACA is here for good, let me also remind you that in all of the bills proposed in the House and Senate to repeal the ACA, none of them left the non-expansion states better off. In fact, in one of the proposals, non-expansion states would cover costs for the expansion states for the next five years.

So, I ask you this: Are you willing to let Virginia be block granted or capped at our current Medicaid levels? Are you willing to risk

losing out on expansion dollars forever? And are you willing to hamper our state finances by turning away these federal dollars, given the uncertainty we face?

I ask you these questions in earnest, and I hope we can find a workable solution together.

I have formally invited General Assembly leadership to meet with my team to start this process as soon as possible so that, perhaps, consensus can be reached in the budget development process.

I welcome your input and I remind you that I have consistently supported a business-like approach that allows us to bring this money back at no cost to Virginia. If you pursue expansion the way I've presented it to you, it could save the state hundreds of millions of dollars.

Further, it could protect us from the potential negative financial impacts of future federal caps on the Medicaid program.

It's not too late. There's still more than \$2 billion a year on the table that we can benefit from, and I hope we can agree on an approach to do the right thing.

Arlington United Against Racism and Bigotry

A statement from the Arlington County Board:

The tragedy that unfolded in Charlottesville, where three people lost their lives, has shaken the conscience of our community and of our nation.

The Arlington County Board condemns the act of domestic terrorism that cost Heather Heyer her life, and mourns her death and the deaths of the two Virginia State Police troop-

ers, H. Jay Cullen and Berke M.M. Bates, who died in the line of duty. Our thoughts and prayers are with their families, and with the many who were injured that day.

Arlington rejects the hateful speech and actions of the KKK, white supremacists, neo-Nazis and the alt-right movement. As many yard signs across Arlington proclaim: "hate has no home here."

It is appropriate, in the wake of the

Charlottesville events, that our community and many others are reconsidering the public memorialization of Confederate leaders. This Board has received numerous letters from concerned residents pleading that these leaders of rebellion against the Union not be publicly memorialized – particularly noting Jefferson Davis Highway, Lee Highway and Washington-

SEE UNITED, PAGE 7

The
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food from one of the food trucks on site. Visit www.rosslynva.org/go/gateway-park.

ONGOING

Rosslyn Cinema and Pub in the Park. Fridays through Aug. 25, 6 p.m. at Gateway Park, 1300 Lee Highway. Visit www.rosslynva.org.

Jung Min Park: Memoryscape. Various times through Oct. 1 at the Arlington Arts Center, 3550 Wilson Blvd. Jung Min Park creates memorable urban and architectural scenes through first-hand experiences and observations of cities and sites. Call 703-248-6800.

"A Little Night Music." Various times through Oct. 8 at the Signature Theatre, 4200 Campbell Ave. Visit www.sigtheatre.org.

DEADLINE AUG. 27

Submission Deadline.. At various library locations. Open to LEGO builders age 18 and under, as well as teams that include at least one member under 18. Exhibit runs throughout September. Visit library.arlingtonva.us or call 703-228-5990.

THROUGH AUG. 31

Animal Welfare Benefit. 7 a.m.-7 p.m. at any Arlington Fire Station. Operation FirePaws, a pet supply drive benefiting the Animal Welfare League of Arlington. Go to awla.org.

FRIDAY/AUG. 25

Mary Poppins. 6-11 p.m. at Gateway Park, 1300 Lee Highway. Part of the Rosslyn Cinema + Pub in the Park movie series, featuring a movie and

SATURDAY/AUG. 26

Arlington Police Block Party. 9 a.m.-4 p.m. at Kenmore Middle School, 200 S. Carlin Springs Road. The event includes various family friendly activities such as the ACPD Kids Zone, K9 Demonstrations, food and beverages. Visit www.facebook.com/ArlingtonCountyPolice/.

"Gun & Powder." 2 p.m. at the Signature Theatre, 4200 Campbell Ave. Musical inspired by the true story of Mary and Martha Clarke, outlaw African-American twin sisters who passed for white. Visit www.sigtheatre.org.

SUNDAY/AUG. 27

Mystic Drumz. 11 a.m. at the Lubber Run Amphitheater, 200 N. Columbus St. An interactive percussion experience by international leading provider of World Music education, Mystic Drumz. Call 703-228-4712.

Self Defense Series. 3-5 p.m. at at Pentagon MMA, 1041 South Edgewood St. Learn self-defense techniques and strategies taken from martial arts, such as Muay Thai, Brazilian Jiu-Jitsu, Jeet Kune Do, and Filipino Martial Art. Register for all four sessions, or for individual sessions. Visit www.pentagonmma.com.

Speed The Magician. 6 p.m. at Lubber Run Amphitheater, 200 N. Columbus St. A "High Energy Magician and Illusionist" known for his hyperactive, fast-paced, performance style. Call 703-228-4712.

Bat Fest. 6:30-9:30 p.m. at Gulf Branch Nature Center, 3608 Military Road. Leslie Sturges, director of the Save Lucy Campaign established to protect and conserve bats in this region. Ages 4 and up. Call 703-228-3403 or visit parks.arlingtonva.us/events/bat-fest-arlington/.



MONDAY/AUG. 28

Artists Benefit. 7:30 and 9:30 p.m. at Signature Theatre, Shirlington Village, 4200 Campbell Ave., Arlington. "Summer Hummer," a fundraiser for "Taking Care of Our Own," a program of theatre Washington that provides emergency assistance to Washington-area theatre professionals. Call 571-527-1833 or email gardinerj@sigtheatre.org.

TUESDAY/AUG. 29

Fall Vegetable Gardening. 7-8:30 p.m. at Fairlington Community Center, 3308 S. Stafford St. Learn inexpensive techniques to extend the harvest and even enjoy some of the crops in the dead of winter. Visit mgvnv.org or call 703-228-6414.

Free Singing Lessons. 7-8:15 p.m. at Gunston Middle School, Room 145, 2700 S. Lang St. Lessons provided by "The Arlingtones," a Close Harmony Chorus teach a barbershop quartet style. Every Tuesday evening through Oct. 17. Email Tom TomBariTones734@cox.net, or mmates37@aol.com, or call 239-940-5876.

WEDNESDAY/AUG. 30

The Arts Meet and Tour. 5:15-7:15 p.m. at the Arlington Arts Center, 3550 Wilson Blvd. Meet artists Michele Colburn and Dawn Whitmore and tour the facility. Visit arlingtonartscenter.org/.

THURSDAY/AUG. 31

Conversation with a Cop. 6-7 p.m. at Don Tito, 3165 Wilson Blvd. An opportunity for those who frequent the Clarendon area to get to know the officers regularly assigned to the weekend Clarendon area. Visit police.arlingtonva.us/.

SUNDAY/SEPT. 3

Blessing of the Backpacks. 10 a.m. at St. Mary's Episcopal Church, 2609 N Glebe Road. Students can bring in their empty backpack to the 10 a.m. service. Email office@stmarysarlington.org.

SATURDAY/SEPT. 9

2017 Rosslyn Jazz Fest. 1-7 p.m. at Gateway Park, 1300 Lee Highway. A variety of jazz bands, presented by the Rosslyn BID and Arlington Arts. Free. Visit www.rosslynva.org.

On Saturday, Aug. 26, police canines will be on part of the Arlington Police Block Party, 9 a.m.-4 p.m. at Kenmore Middle School, 200 S. Carlin Springs Road. The event includes various family friendly activities such as the ACPD Kids Zone, K9 Demonstrations, food and beverages. Visit www.facebook.com/ArlingtonCountyPolice/

SEPT. 9-20

Northern Virginia Senior Olympics. Various times and locations, more than 50 different events taking place at more than 25 venues across Northern Virginia. Call 703-403-5360 or visit www.nvso.us.

SATURDAY/SEPT. 16

BBQ, Boots and Bingo. 11 a.m.-3 p.m. at The Columbus Club of Arlington, 5115 Little Falls Road. Food, entertainment, games, moon bounces, a fire truck, face painting and bingo. Call 703-558-0035.

SUNDAY/SEPT. 17

2017 Bluemont Arlington Run. 8:45 a.m. at the Bluemont Park, 329 N. Manchester St. There will be a 5K and 10K on the Washington & Old Dominion Trail to benefit the EOD Warrior Foundation. Visit www.eodwarriorfoundation.org.

MONDAY/SEPT. 18

Poetry Mixer. 7-8 p.m. at Shirlington Branch Library, 4200 Campbell Ave. Informal group of local poetry writers write and read original poetry, and exchange constructive criticism. Call 703-228-6545.

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United

FROM PAGE 4

Lee High School.

Because we are a county, Arlington currently does not have the authority to rename state highways such as Jefferson Davis Highway and Lee Highway. We do have the authority to name local roads, and we exercised it in 2012 to rename Old Jefferson Davis Highway as Long Bridge Drive.

Arlington is committed to seeking the authority from the General Assembly to rename both Jefferson Davis and Lee highways within our boundaries. Our legislative delegation is committed to putting legislation forward on Jefferson Davis Highway. Arlington believes that local governments should have the authority to name any roadways within our borders.

Because it is a city, neighboring Alexandria controls all roadways within its borders. The City Council voted in September 2016 to rename its stretch of Jefferson Davis Highway, and graciously included two Arlington residents in the advisory panel it formed to seek suggestions from the public for a new name. That panel will make a recommendation this fall, and the Alexandria City Council will act.

We expect that the name Alexandria selects will be suitable for our section of Jefferson Davis Highway as well. Anyone in Arlington who wants to suggest a new name for Jefferson Davis Highway can do so on the City of Alexandria's website (www.alexandriava.gov/news_display.aspx?id=99021) through Sept. 25.

While we are not aware of any Confederate statues on county-owned land in Arlington, we support Governor McAuliffe's recent proposal that all Virginia localities relocate Confederate statues in Virginia to museums, and be given the legal authority to do so.

Finally, the name of Washington-Lee High School and all other public schools in Arlington falls under the authority of the School Board. We know that the School Board will be speaking to this issue in the near future.

Although this is a painful time for us all, ultimately, Arlington's story is an inspiring one of racial and social progress, of moving forward and overcoming the deep wounds inflicted by slavery, the Civil War, Jim Crow and the legacy of segregation. Our past can never be erased, but we can and will continue to learn from it.

Arlington today is a vibrant, diverse and inclusive community that treats each individual with respect and champions human and civil rights.

We will not allow a resurgent hate movement that distorts history and threatens our future to take us backward. Together, we will continue to strengthen the bonds that unite us.

Jay Fissette

Arlington County Board Chair, on behalf of the County Board

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Two, Hopefully for Won



By KENNETH B. LOURIE

Being diagnosed with cancer; then having cancer/living with cancer, is like having a second job. A job that unlike many, requires and/or imposes a 'round the clock-type 24/7 adherence to protocol, policy, procedure, presumptions and principle. To live not like you're dying takes more than scoffing at a country music song that twangs an alternative vision. Believing in what routines you're following and any lifestyle changes you've made allows (I didn't say enables) a cancer survivor to thrive under the most difficult and demanding of circumstances.

Unfortunately for those reading this column looking for answers/guarantees, there aren't any other than: if you abuse the privilege of post-cancer-diagnosis survival, the ends will likely justify the means; meaning, you are responsible for your own actions and "inactions." The prognosis one is given at diagnosis is a reasonably thought out prediction. However, as grim as those words sound and seem at that moment, that prediction is not cast in stone. I'm living proof of that. The words you hear are based on the past. Your ensuing treatment is more about the present and future and what you decide to do living forward. Being open and unassuming, and by 'unassuming' I mean: not taking anything for granted, presuming facts not in evidence, considering that which has happened to somebody else - either good or bad, could happen to you and of course, asking as many questions in as many ways as necessary to get the answers you need, will help you co-exist with this terrible burden. Being diagnosed with a heretofore "terminal" disease presents one with innumerable challenges but not the slim pickin's (choices not the actor) of yesteryear.

Integrating/assimilating all of the facts, fiction and philosophy into one's daily cancer conundrum is a task often complicated by one's day job/intention to remain on that job. The thinking being, at least in my mind/experience: living as normal a life as possible and staying as true to one's usual and customary self as well as to one's wishes, desires, hopes, prayers, etc., will enable (not 'allow' this time) you potentially to live longer and prosper more and trek "where no man has gone before." For us cancer survivors/patients, where we hope to 'trek' is beyond the prognosis given to us by our oncologist.

I can boast of such an accomplishment, but I'd rather write it quietly and consistently as encouragement to others similarly diagnosed and "prognosed" than brag about it loudly. However, the changes/choices I've made might not suit another's personality. I regularly receive suggestions about additional anti-cancer pursuits. Some I embrace, some I don't. Some are conventional (Western), some are alternative (Non-Western). Many sound reasonable and "integratable" into my lifestyle. Many others don't. But given that my life is at stake, how can a suggestion's incompatibility with my personality matter? We're talking life versus premature death here; not sit-down Italian versus take-out Chinese. And though food certainly matters, it is of course to no comparison to living versus dying. Still, I don't always say "yes."

This is the yin and yang of my life and probably the lives of many other survivors of serious/terminal-type diseases. I want to feel like I'm winning. But I'm deathly afraid of losing.

Moreover, I want to live my life as normally as possible, but not if it has adverse consequence. And how would I know anyway? Symptoms can be misleading and scans are quarterly. And though I remain positive about my very negative circumstances, occasionally the reality of those circumstances interfere with that normalcy. When that happens, I usually put pen to paper and try to write myself out of it.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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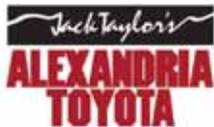
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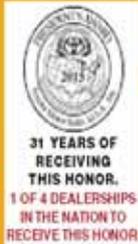
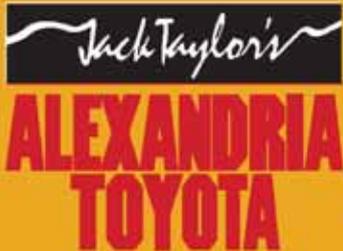
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NEWCOMERS & COMMUNITY GUIDE

2017-2018

Christopher and Colin Campbell concentrate on scooping up lightning-fast tadpoles in a vernal pond on a 98-degree summer day at Potomac Overlook Regional Park. Park Naturalist Emily Rarity is teaching a class on exploring vernal ponds. Potomac Overlook is 68 acres in the middle of Arlington located at 2845 N. Marcey Road. The park offers year-round activities, two miles of hiking trails with access to the Potomac River, an interactive Energeriuim Center, an organic urban garden, summer camps and special programs for tots and older children as well as monthly summer concerts.

PHOTO BY SHIRLEY RUHE/THE CONNECTION

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What's Ahead

Two County Board members outline upcoming political issues for Arlington.

BY VERNON MILES
THE CONNECTION

Things are changing in Arlington. Demand is growing on the schools and Metro in excess of funding levels. Populations continue to rise throughout the county. Two County Board members, a Democrat and an Independent, outlined what they see as the top political issues for the Arlington County.

Libby Garvey was elected to the County Board in 2012 after 15 years on the School Board. She was chair of the board in 2016.

Some of the upcoming issues from her perspective include:

- ❖ **Pace of Development:** The pace of development and its effect on traffic, parks and green space, tree canopy, etc.

- ❖ **Schools:** The need for more school facilities for the burgeoning school population — where to locate them, how to pay for them, their effect on traffic, green space etc.

- ❖ **Confederate Icons:** The naming issues that have become clear after the terrible events in Charlottesville. Does the county keep or change the names of roads named after Confederate leaders (especially Lee Highway and Jefferson Davis Highway), or of Washington-Lee High School, and how to handle other monuments in the county? If names are changed, what would they be changed to?

County Board member John Vihstadt, an Independent, was elected to the County Board in 2014. Before that, Vihstadt had served on Arlington's Planning Commission, Housing Commission, and Advisory Commission on Aging. Vihstadt says the county struggles with finite resources and a limited availability of land, all of which factor into the challenges the county will face over the next few years.

Some of the upcoming issues from his perspective include:

- ❖ **Schools:** Meeting schools' capacity challenges and the educational needs of children. Need to bring schools construction costs under control while still providing more seats for more students. Need greater future collaboration with School Board counterparts towards these key goals.

- ❖ **Transit:** Shoring up the troubled Metro system through a combination of administrative, managerial, enhanced oversight and employee productivity reforms, along with a new, permanent, dedicated funding stream provided by all participating jurisdictions. Metro is Arlington's circulatory system, and its economy and environment depends on safe, reliable and sustainable public transit.

- ❖ **Managing Growth:** Shaping and managing growth in an era of rising population and increased demand for both programmed and non-programmed green space, parks and fields. It is time to act on a key recommendation of the 2015 Community Facilities Study: require a cost-benefit analysis for every new site plan project, whether commercial or residential. The county should also launch a conversation about how to enhance and diversify its community benefits process to better provide for the schools, community centers, and other public facilities.



Taking in the view at Gravelly Point Park.

PHOTOS BY LOGAN BOTTS/THE CONNECTION

Gravelly Point Perspective

BY LOGAN BOTTS
THE CONNECTION

Located just along the George Washington Memorial Highway, lies a local gem. Gravelly Point is a destination for cyclists, picnickers, sightseers and boaters. Adjacent to Reagan National's north runway, Gravelly Point is a great place to watch airplanes and enjoy a day in the sun.

Gravelly Point was the location of the Abingdon estate, which was at one point the residence of John Parke Custis and his daughter Nelly, the stepson and granddaughter of George Washington. The home itself was destroyed by fire in the 1930s, though the stabilized remains have been preserved and commemorated. Today's visitors can enjoy the same views and landscapes that made the land along the Potomac River such coveted real estate for members of the Washington family.

The Gray family from Waldorf, Md. brought their grandson to Gravelly Point because he loves to see the airplanes and Gravelly Point's location at the end of the runway is the perfect place to watch them go by. A mother daughter duo from Maryland was in the shade watching planes fly by overhead. The two recommend Gravelly Point to other families looking to have a great time in the outdoors.

If planning to visit Gravelly Point be sure to pack sunscreen and bug spray, chairs and/or a picnic blanket, Frisbee, kite, bike, ball, and snacks and food.

Gravelly Point is a public park within the National Park Service. It offers free parking, trail access and is open from 6 a.m. to 10 p.m. daily.



A kite flyer at Gravelly Point.

NEWCOMERS & COMMUNITY GUIDE

Whatever Your Taste, You Can Find it in Arlington

Ethnic choices around every corner.



BY SHIRLEY RUHE
THE CONNECTION

You can find everything from the Salvadoran grocery store carry-out with outside tables at La Union Grocery to the sophisticated Balkan Cuisine with a modern twist at Ambar. Arlington neighborhoods offer authentic cuisines often prepared by natives from the countries. This is a small selection of the many choices available.



Elba Pozo grills chicken for the New Zealand sandwich with apricots, brie, and mango chutney. Cassatt's features a different New Zealand specialty every night Monday-Thursday. Tonight it is New England Leg of Lamb roasted with thyme and mint jelly. Every Saturday night you can find live jazz, blues or bebop from 7-9 p.m. Local art is displayed on the walls.

Queen Amannisa at 320 23rd Street S in Crystal City was the first Uyghur restaurant to open in the metropolitan area. It specializes in several different versions of Lagman, with chopped, braised or minced lamb or chicken and combinations of peppers and other vegetables. Lagman is served with fresh hand-pulled noodles. The skill of the chef is measured in the length of the noodle that is created as the base of the dish. Owner Yimamu Maimaiti says Uyghur food represents a crossroads of Central Asia.



Step up and grab a number while you decide whether to order The Capri, The Genoa, The Roma, or a meatball Italian sub on a soft or hard roll. Manager Kim Gotcher says the customer favorite is The Milano which she has layered here with two hams, provolone and salami. Add lettuce, onion, tomatoes, sweet and hot peppers, oregano and oil if you choose. The Italian Store is located at 3123 Lee Hwy. In addition to hand-made subs, it offers a large selection of dry and frozen pastas and sauces as well as homemade cannolis and sweet sausages made with the Tremonte family recipe.



Alice Maggio whips up a Flat White at Cassatt's Cafe and Gallery, a New Zealand restaurant located at 4536 Lee Hwy. She says there is a science to making the foam on top of this espresso drink and "it took one girl who worked here two years before she finally got how to make the laurel leaf that we design in the foam."



A customer at Delhi Club helps himself to chicken tandoori at the Indian buffet available every day from 11:30 a.m.-2:30 p.m. Delhi Club is located just across from the metro on the corner of Clarendon and Highland Streets.



Two-year-old Mason Tiwari practices his chopstick skills at Peter Chang on Harrison Street. Peter Chang features an extensive menu including the chef's Szechuan specialties such as soup steam pork buns, dry fried eggplant, cilantro lime fish, crisp pork belly and customer favorites such as scallion bubble pancake, cilantro flounder fish rolls and New Zealand lamb chops with cumin.



Noon customers crowd around the small meat case at La Union Grocery at 4308 Lee Hwy. as Walter Bamaca fills up a white styrofoam container with pupusas and corn relish, tamales or quesadillas. Picnic tables outside the grocery are available. La Union also has a full restaurant at 5517 Wilson Blvd.

PHOTOS BY
SHIRLEY RUHE
THE CONNECTION



Chef Julio Deleon stirs a large pot of chickpeas that will be used to make hummus at the Lebanese Taverna Market at 4400 Old Dominion Drive. Lebanese Taverna Market is a family-run business with another Arlington-based restaurant in Westover on Washington Blvd. as well as a number of other restaurants and cafes in the metropolitan area.



Ambar, a new Balkan restaurant at 2901 Wilson Blvd., primarily features small plates such as suvi svinjski vrat (smoked pork neck), urnebes (aged cow cheese), jagnje a paateta (lamb paté). In addition, they offer an unlimited tasting menu for \$35 where the dishes just keep coming. The restaurant was opened by Ivan Iricanin and the space designed by his wife, Nya Gill, to recreate a sophisticated European experience.



The pizza case is full as Clare McInerney dishes up a large slice of mushroom with other hot pizza alternatives available from the back kitchen. A new and larger The Italian Store is also located at 5837 Washington Blvd.

NEWCOMERS & COMMUNITY GUIDE

Step Back into History

Join Arlington Historical Society.

BY MARK BENBOW
ARLINGTON HISTORICAL SOCIETY

Do you like history? Do you like local history? The Arlington Historical Society (AHS) was founded in 1956 to preserve and promote the history of Arlington County. Since 1963 the AHS has operated the Arlington Historical Museum in the Hume School at 1805 South Arlington Ridge Road. The Hume School is itself a historic building. Built in 1891, it operated as a school until 1958. The museum is open from 1-4 p.m. Saturday and Sunday and from 12:30-3:30 p.m. Wednesdays.

So, what would you see if you came to the AHS museum? Running through Nov. 11, 2018 we feature an exhibit on the First World War. We also have an exhibit on the Union forts that filled the county during the Civil War. There is even have a cannon ball a local resident found while planting a bush in her yard.

Local businesses are also represented in the collection. If you came over the Key Bridge into Rosslyn in the 1940s and 1950s you'd find a number of pawnshops. The museum has the trefoil pawn sign (three large gold balls) that hung over the National Pawn

Shop for decades. If you wanted to get something to drink after visiting the pawn shop you might want to have a Cherry Smash, made for years in the old Arlington Brewery by John Fowler.

One of Mr. Fowler's grandsons gave the AHS some rare Cherry Smash items and his generous gift sparked one of our most colorful and popular displays. We also have relics from businesses that existed in Rosslyn in the late 19th and early 20th centuries, including gold mining.

There are also displays on local African-American History, the Little Tea House, the Pentagon on 9/11, and more. Please come visit and check us online at our website www.arlingtonhistoricalsociety.org/ or on Facebook.

Of course this area was inhabited before the Europeans arrived. Numerous Native American villages sat along the Potomac and their inhabitants left behind their own artifacts. The museum displays some of the items found by archeologists in the county, including a stone ax head found on a local golf course.

Speaking of archeologists, did you know the AHS sponsored an archology dig at its second property, the Ball-Sellers House? Built in the 1740s by John Ball and his family (he had a wife and five daughters) it's the oldest surviving building in the county. It's open from 1-4 p.m. on Saturday afternoons from April into September.

Check the AHS website for more information: www.arlingtonhistoricalsociety.org/



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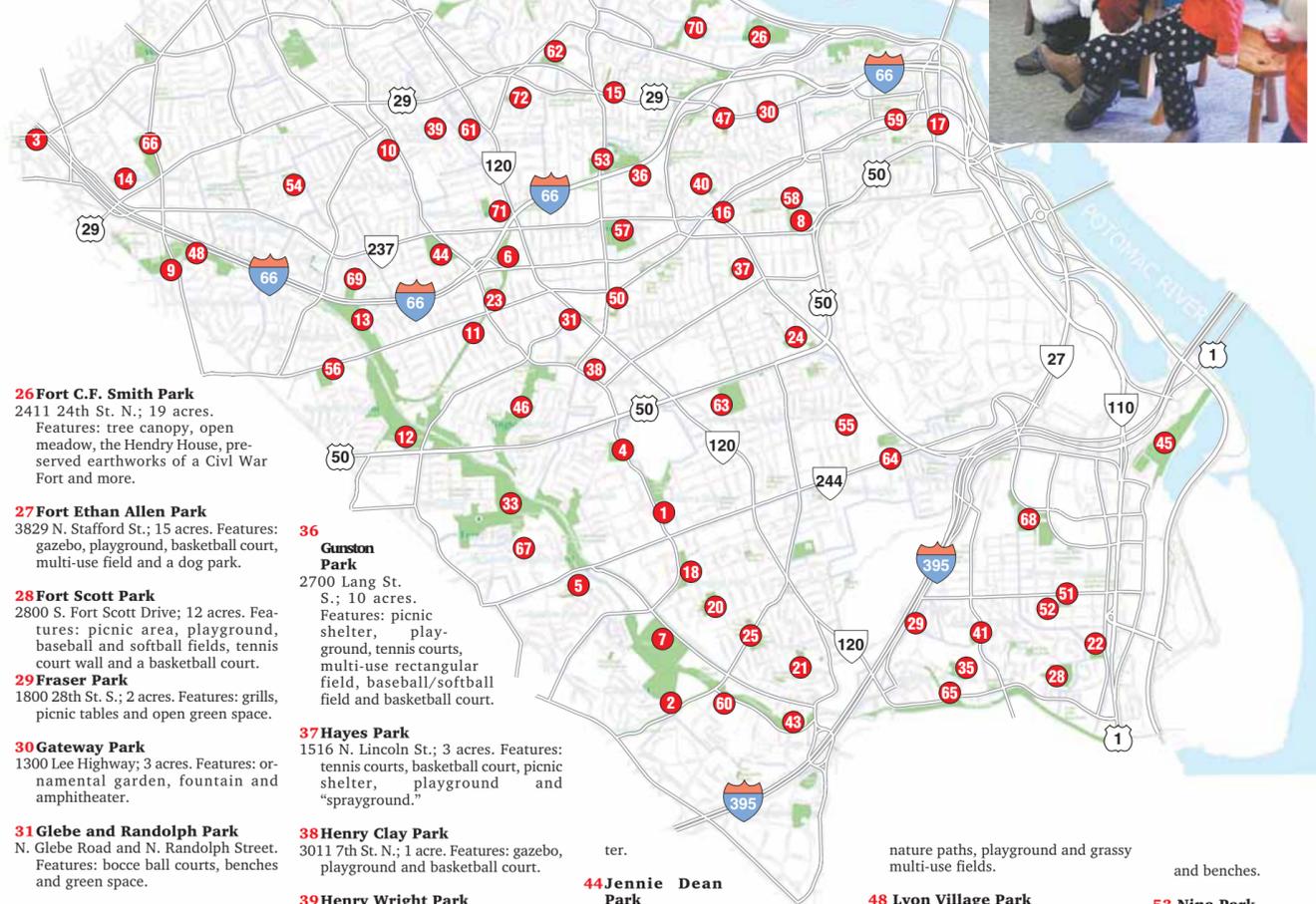
A SAMPLING OF ARLINGTON PARKS

PHOTOS BY SHIRLEY RUHE FEATURING POTOMAC OVERLOOK REGIONAL PARK
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 COMPILED FROM PARKS.ARLINGTONVA.US

- 1 Alcova Heights Park**
901 S. George Mason Drive; 13 acres. Features: picnic shelter and tables, public restrooms, playground, baseball field, basketball court, volleyball court and grill.
- 2 Allie S. Freed Park**
2465 Culpeper St.; 5 acres. Features: running trail, bridge, stream, open space.
- 3 Andrew Ellicott Park at the West Cornerstone**
2824 N. Arizona St.; 0.25 acres. Features: the boundary markers of the original District of Columbia, picnic tables and benches.
- 4 Arlington Hall West Park**
290 S. Taylor St.; 7 acres. Features: playground, multi-use rectangular field, picnic area and grill.
- 5 Bailey's Branch Park**
990 S. Columbus St.; 2 acres. Features: playground, benches and open green space.
- 6 Ballston Pond Park**
4747 N. Fairfax Drive; 4 acres. Features: a great spot to observe wildlife.
- 7 Barcroft Park**
4200 S. Four Mile Run Drive; 65 acres. Features: lighted handball, basketball

- and tennis courts, lighted baseball and softball fields, batting cages, volleyball courts, a drop-in rectangular field, horseshoe pit, fishing at the stream, scenic running/walking/biking trail, sheltered picnic areas, charcoal grills and playgrounds.
- 8 Barton Park**
2401 10th St. N.; 3 acres. Features: healing garden, labyrinth and seating.
- 9 Benjamin Banneker Park**
6620 N. 18th St.; 11 acres. Features: trail access, picnic tables, charcoal grills, playground, multi-use field and dog park.
- 10 Big Walnut Park**
1915 N. Harrison St.; 2 acres. Features: open space, playground and picnic area.
- 11 Bluemont Junction Park**
744 N. Emerson St.; 15 acres. Features: paved walking trail, Bermuda grass rectangular field and the retired Bluemont Junction Caboose.
- 12 Bluemont Park**
601 N. Manchester St.; 70 acres. Features: biking/running/hiking trails, basketball, tennis and volleyball courts, baseball, softball, soccer, lacrosse and football fields, a playground, picnic areas and nature

- areas with streams for fishing.
- 13 Bon Air Park**
850 N. Lexington St.; 24 acres. Features: memorial rose garden, azalea and ornamental tree gardens, playgrounds, volleyball and basketball courts, picnic areas and charcoal grills.
- 14 Charles A. Stewart Park**
2400 N. Underwood St.; 4 acres. Features: woods, fields, gazebo, playground and basketball half court.
- 15 Cherrydale Park**
2176 N. Pollard St.; 0.8 acres. Features: open green space, benches, playground and path.
- 16 Clarendon Central Park**
3140 Wilson Blvd.; 1 acre. Features: War memorial dedicated to Arlington citizens, hosts seasonal farmers market and occasional concerts.
- 17 Dark Star Park**
1655 Fort Myer Drive; 0.4 acres. Features: sculptures by artist Nancy Holt and a fountain.
- 18 Doctor's Run Park**
1301 S. George Mason Drive; 6 acres. Features: picnic tables, charcoal grills, playground, volleyball court and path.

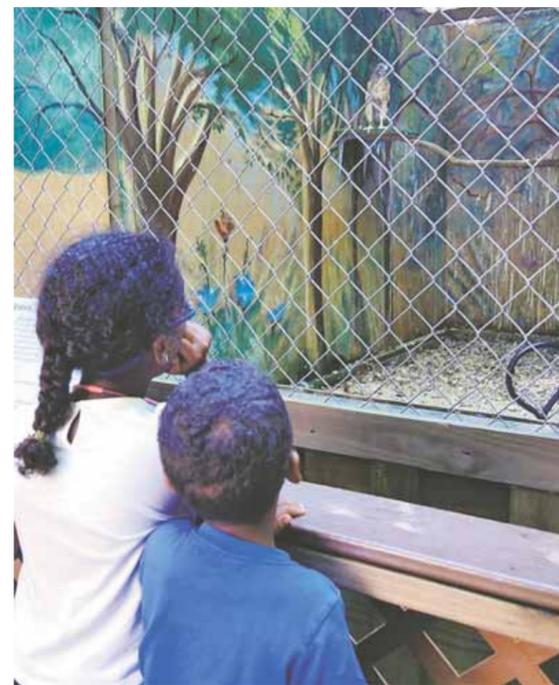


Santa's granddaughter, Lily, 6, stops into visit Santa last December at Potomac Overlook Regional Park on his trip to Arlington from the North Pole on Sunday Dec. 11. Lily gives Santa a big hug as she tells him that she wants Pokemon cards and a Barbie.



Purple, orange, lime green and one special golden egg are hidden in three separate sections of Potomac Overlook Regional Park in April for varying age groups from 2-11 years old.

This is the first time at Potomac Overlook for Jerry Hsieh and Li Shin Chen who watch a nearly 2.5 meter non-poisonous Bullsake slither up to the glass and around his cage in the Energerium.



Potomac Overlook: A Park for All Seasons

Frightened by the loud noises of children, the Red-shouldered hawk flies to the corner of its cage in the Birds of Prey House at Potomac Overlook Regional Park. "Look, he's blinking his eyes," Adam Berhane, 3, tells his sister Hannah, 5. Currently the park is sponsoring a raptor T-shirt campaign. All funds raised from selling raptor T-shirts will be used to purchase food for the four permanently injured raptors kept on site.



- 19 Donaldson Run Park**
4020 30th St. N.; 8 acres. Features: forested area, trail and stream.
- 20 Douglas Park**
1718 S. Quincy St.; 5 acres. Features: playground, nature trails, stream, picnic shelter, volleyball court and stone fireplace.
- 21 Drew Park**
3500 23rd S. Features: basketball court, baseball field, playground and "sprayground."
- 22 Eads Park**
2730 S. Eads St.; 4 acres. Features: gazebo, charcoal grills, playground and multi-use field.
- 23 Fields Park**
825 N. George Mason Drive; 4 acres. Features: multi-use field with bleachers, path and ornamental garden.
- 24 Fillmore Park**
33 N. Fillmore St.; 1 acre. Features: playground, picnic area and baseball and softball fields.
- 25 Fort Barnard Park**
2101 S. Pollard St.; 5 acres. Features: dog exercise area, playground, diamond field with backstop and bleachers, basketball court and a path.

- 26 Fort C.F. Smith Park**
2411 24th St. N.; 19 acres. Features: tree canopy, open meadow, the Hendry House, preserved earthworks of a Civil War Fort and more.
- 27 Fort Ethan Allen Park**
3829 N. Stafford St.; 15 acres. Features: gazebo, playground, basketball court, multi-use field and a dog park.
- 28 Fort Scott Park**
2800 S. Fort Scott Drive; 12 acres. Features: picnic area, playground, baseball and softball fields, tennis court wall and a basketball court.
- 29 Fraser Park**
1800 28th St. S.; 2 acres. Features: grills, picnic tables and open green space.
- 30 Gateway Park**
1300 Lee Highway; 3 acres. Features: ornamental garden, fountain and amphitheater.
- 31 Glebe and Randolph Park**
N. Glebe Road and N. Randolph Street. Features: bocce ball courts, benches and green space.
- 32 Glebe Road Park**
4211 N. Old Glebe Road; 4 acres. Features: playground, tennis courts, basketball court, nature trails, drinking fountains and picnic tables.
- 33 Glencarlynn Park**
301 S. Harrison St.; 95.5 acres. Features: picnic shelters, fishing, nature trails, playground, amphitheater and dog park.
- 34 Greenbrier Park**
2700 N. Greenbrier St.; 18 acres. Features: basketball and tennis courts, diamond fields, multi-use synthetic turf field and a track with high jump and shot put discus area.
- 35 Gulf Branch Nature Center and Park**
3608 Military Road. Features: exhibits, classroom, discovery room, pollinator garden, restored log cabin and observation bee hive.

- 36 Gunston Park**
2700 Lang St. S.; 10 acres. Features: picnic shelter, playground, multi-use rectangular field, baseball/softball field and basketball court.
- 37 Hayes Park**
1516 N. Lincoln St.; 3 acres. Features: tennis courts, basketball court, picnic shelter, playground and "sprayground."
- 38 Henry Clay Park**
3011 7th St. N.; 1 acre. Features: gazebo, playground and basketball court.
- 39 Henry Wright Park**
4350 4th St. N.; 0.7 acres. Features: gazebo, playground and picnic tables.
- 40 High View Park**
1945 N. Dinwiddie St.; 3 acres. Features: picnic area, charcoal grills, playground, baseball/softball field, lighted basketball courts and an amphitheater.
- 41 James Hunter Park**
1299 N. Herndon St. Features: plaza terrace, open lawn, gardens, water feature and community canine area.
- 42 James W. Haley Park**
2400 S. Meade St.; 5 acres. Features: charcoal grills, gazebo and nature trail.
- 43 Jamestown Park**
3618 N. Dickerson St.; 6 acres. Features: diamond field, rectangular grass field, tennis courts and a basketball court. Great for sledding in the winter.

- 44 Jennie Dean Park**
3630 27th St. S.; 22 acres. Features: picnic shelter, playground, baseball/softball fields, tennis courts, basketball court and open field.
- 45 Lacey Woods Park**
1200 N. George Mason Drive; 14 acres. Features: picnic shelter, lighted basketball court, charcoal grills, playground, multi-use field, nature trails, ornamental garden, wooded areas, open green space and a fire ring.
- 46 Long Bridge Park**
475 Long Bridge Drive. Features: three rectangular synthetic turf fields, walkways, art features and picnic areas.
- 47 Lubber Run Park**
200 N. Columbus St. Features: basketball and volleyball courts, picnic shelter, charcoal grills, gazebo, amphitheater,

- ter. nature paths, playground and grassy multi-use fields.
- 48 Lyon Village Park**
1800 N. Highland St.; 2 acres. Features: picnic area, tennis courts, basketball court and "sprayground."
- 49 Madison Manor Park**
6225 12th Road N. Features: restrooms, drinking fountain, picnic shelter and tables, charcoal grills, stream, playground, baseball/softball field, tennis courts and a lighted basketball court.
- 50 Marcey Road Park**
2722 N. Marcey Road; 3 acres. Features: tennis and basketball courts and access to Potomac Overlook Regional Park.
- 51 Mosaic Park**
544 N. Pollard St. Features: playground, small climbing wall and bocce ball courts.
- 52 Nelly Custis Park**
701 24th St. S.; 0.8 acres. Features: playground, landscaped open green space

- and benches.
- 53 Nina Park**
800 S. 24th St. Features: sand pit, picnic area and wave wall.
- 54 Oakgrove Park**
1606 N. Quincy St. Features: picnic tables, gazebo, playground, rectangular fields and paved walking trail.
- 55 Parkhurst Park**
5820 20th Road N. Features: play area for toddlers, sand area, playground and gazebo.
- 56 Penrose Park**
2200 6th St. S.; 2 acres. Features: picnic tables, charcoal grills, playground and basketball court.
- 57 Powhatan Springs Park**
6020 Wilson Blvd. Features: skatepark, drinking fountains, concessions, stream, rectangular grass field, ornamental rain garden and fountain.
- 58 Quincy Park**
1021 N. Quincy St.; 4 acres. Features:

- tennis, basketball and volleyball courts; baseball and softball fields; picnic area and playground.
- 59 Rocky Run Park**
1109 N. Barton St.; 2 acres. Features: picnic shelter, playgrounds and a lighted oval field.
- 60 Rosslyn Highlands Park**
1529 Wilson Blvd.; 2 acres. Features: basketball court and playground.
- 61 Shirlington Park**
2601 S. Arlington Mill Drive; 29 acres. Features: drinking fountain, stream, walking path, benches and dog park.
- 62 Slater Park**
1837 N. Culpeper St.; 3 acres. Features: playground, picnic tables, charcoal grills and a path.
- 63 Stratford Park**
4321 Old Dominion Drive; 5 acres. Features: baseball/softball field, picnic tables, lighted tennis courts, rectangular multi-use field and a lighted basketball court.
- 64 Thomas Jefferson Park**
3501 S. 2nd St. Features: lighted basketball and tennis courts, diamond field, lighted multi-use rectangular field and fitness trail.
- 65 Towers Park**
801 S. Scott St.; 4 acres. Features: playground, lighted tennis and basketball courts, sand volleyball court, community garden, lighted dog park, picnic tables, charcoal grills and gazebo.
- 66 Troy Park**
2629 S. Troy St.; 2 acres. Features: pic-

- nic tables, horseshoe pit, stream, playground and basketball courts.
- 67 Tuckahoe Park**
2400 N. Sycamore St.; 12 acres. Features: playground, baseball/softball fields, lighted tennis courts, rectangular grass field, nature trails, ornamental garden, amphitheater and picnic tables.
- 68 Tyrol Hill Park**
5101 7th Road S.; 2 acres. Features: playground, picnic shelter and tables, charcoal grills, basketball and volleyball court, open drop-in field and nature trails.
- 69 Utah Park**
3191 S. Utah St.; 4 acres. Features: baseball/softball field, volleyball court, dog park with water hook-up and picnic tables.
- 70 Virginia Highlands Park**
1600 S. Hayes St.; 18 acres. Features: lighted baseball/softball fields, lighted tennis and basketball courts, volleyball court, "sprayground," rectangular drop-in fields and petanque courts.
- 71 Westover Park**
1001 N. Kennebec St.; 4 acres. Features: picnic shelter and tables, playground, baseball/softball fields, lighted basketball courts, volleyball courts, rectangular grass field, path and ornamental garden.
- 72 Windy Run Park**
2420 N. Kenmore St.; 14 acres. Features: stream, nature paths and wooded areas.
- 73 Woodlawn Park**
1325N. Buchanan St.; 1 acre. Features: stream, playground, half basketball court, open green space and picnic tables.
- 74 Woodstock Park**
2049 N. Woodstock St.; 1 acre. Features: water fountains, picnic tables, gazebo, playground and basketball court.
- 75 Zachary Taylor Park**
2900 Military Road; 44 acres. Features: nature trails, stream and baseball/softball fields.

NEWCOMERS & COMMUNITY GUIDE



Officers Tania Velez (left), Charlie Neal (middle), and Barry Foust (right) show off motorcycle skills at the 2016 Block Party.



The Park Police helicopter was one of the most popular attractions at the 2016 Block Party.

August 2017

FRIDAY/AUG. 25

Mary Poppins. 6-11 p.m. at Gateway Park, 1300 Lee Highway. Part of the Rosslyn Cinema + Pub in the Park movie series, featuring a movie and food from one of the food trucks on site. Visit www.rosslynva.org/go/gateway-park.

SATURDAY/AUG. 26

Arlington Police Block Party. 9 a.m.-4 p.m. at Kenmore Middle School, 200 S. Carlin Springs Road. The event includes various family friendly activities such as the ACPD Kids Zone, K9 Demonstrations, food and beverages. Visit www.facebook.com/ArlingtonCountyPolice/.

SUNDAY/AUG. 27

Self Defense Series. 3-5 p.m. at at Pentagon MMA, 1041 South Edgewood St. Learn self-defense techniques and strategies taken from martial arts, such as Muay Thai, Brazilian Jiu-Jitsu, Jeet Kune Do, and Filipino Martial Art. Register for all four sessions, or for individual sessions. Visit www.pentagonmma.com.

Speed The Magician. 6 p.m. at Lubber Run Amphitheater, 200 N. Columbus St. A "High Energy Magician and Illusionist" known for his hyperactive, fast-paced, performance style. Call 703-228-4712.

Bat Fest. 6:30-9:30 p.m. at Gulf Branch Nature Center, 3608 Military Road. Leslie Sturges, director of the Save Lucy Campaign established to protect and conserve bats in this region. Ages 4 and up. Call 703-228-3403 or visit parks.arlingtonva.us/events/bat-fest-arlington/.

MONDAY/AUG. 28

Artists Benefit. 7:30 and 9:30 p.m. at Signature Theatre, Shirlington Village, 4200 Campbell Ave., Arlington. "Summer Hummer," a fundraiser for "Taking Care of Our Own," a program of theatre Washington that provides emergency assistance to Washington-area theatre professionals. Call 571-527-1833 or email gardinerj@sigtheatre.org.

TUESDAY/AUG. 29

Fall Vegetable Gardening. 7-8:30 p.m. at Fairlington Community Center, 3308 S. Stafford St. Learn inexpensive techniques to extend the harvest and even enjoy some of the crops in the dead of winter. Visit mgnv.org or call 703-228-6414.

Free Singing Lessons. 7-8:15 p.m. at Gunston Middle School, Room 145, 2700 S. Lang St. Lessons provided by "The Arlingtones," a Close Harmony Chorus teach a barbershop quartet style. Every Tuesday evening through Oct. 17. Email Tom TomBariTones734@cox.net, or mmates37@aol.com, or call 239-940-5876.

THURSDAY/AUG. 31

Conversation with a Cop. 6-7 p.m. at Don Tito, 3165 Wilson Blvd. An opportunity for those who frequent the Clarendon area to get to know the officers regularly assigned to the weekend Clarendon area. Visit police.arlingtonva.us/.

September 2017

SUNDAY/SEPT. 3

Blessing of the Backpacks. 10 a.m. at St. Mary's Episcopal Church, 2609 N. Glebe Road. Students can bring in their empty backpack to the 10 a.m. service. Email office@stmarysarlington.org.

SATURDAY/SEPT. 9

2017 Rosslyn Jazz Fest. 1-7 p.m. at Gateway Park, 1300 Lee Highway. A variety of jazz bands, presented by the Rosslyn Business Improvement District (BID) and Arlington Arts. Free. Visit www.rosslynva.org/jazzfest.

SATURDAY/SEPT. 16

BBQ, Boots and Bingo. 11 a.m.-3 p.m. at The Columbus Club of Arlington, 5115 Little Falls Road. Food, entertainment, games, moon bounces, a fire truck, face painting and bingo. Call 703-558-0035.

MONDAY/SEPT. 18

Poetry Mixer. 7-8 p.m. at Shirlington Branch Library, 4200 Campbell Ave. Informal group of local poetry writers write and read original poetry, and

exchange constructive criticism. Meets every third Monday except holidays. Call 703-228-6545.

October 2017

MONDAY/OCT. 2

ARTrageous Silent Auction. 10 a.m.-6 p.m. at the Gallery Underground, 2100 Crystal Drive. Annual Arlington Artists Alliance silent art auction. Visit www.arlingtonartistsalliance.org/.

TUESDAY/OCT. 10

Meet the Author. 7 p.m. at One More Page Books, 2200 N. Westmoreland St., #101. NPR books commentator Nancy Pearl will discuss her debut novel "George & Lizze." Visit www.onemorepagebooks.com/.

FRIDAY-SUNDAY/OCT. 14-16

US FreedomWalk Festival. 3-6 p.m. on Friday, 7 a.m.-6 p.m. on Saturday, 7 a.m.-4 p.m. at 1900 N. Fort Myer Drive. The FreedomWalk Festival is a three-day long social walking challenge meant to bring together people of different backgrounds. Different trails are offered each day at a variety of distances from 3-27 miles starting at the Holiday Inn. Costs vary. Visit www.usfreedomwalk.org.

SATURDAY/OCT. 15

Fall Heritage Festival. 1-5 p.m. at Gulf Branch Nature Center, 3608 N. Military Road. Step back into history and try your hand at some old-time games and crafts, make a corn husk doll, try on a coon-skin cap, or work the cider press. Write with a quill pen or churn butter and enjoy old-time music. Tickets are \$5. Visit parks.arlingtonva.us.

SATURDAY/OCT. 22

VolunteerFest. A region-wide day of community service helps nonprofits accomplish tasks they would not have time or resources to do on their own. Visit www.volunteerfairfax.org/individuals/volunteerfest.php.

FRIDAY-SUNDAY/OCT. 23-25

Marine Corps Marathon Weekend. Events like the Health & Fitness

Expo, First Timers Pep Rally, Runners bRUNch, and more, lead up to the main event – The 40th Annual Marine Corps Marathon – on Sunday at 7:55 a.m. and the MCM Finish Festival. Visit www.marinemarathon.com.

SATURDAY/OCT. 23

Pumpkin Carving Party. 1-3 p.m. at Potomac Overlook Regional Park, 2845 Marcey Road. Tickets are \$10. Visit www.novaparks.com.

WEDNESDAY-MONDAY/OCT. 25-30

Washington West Film Festival. Screening events in Reston, Arlington and other local areas. Schedule to be released Sept. 25 and tickets will go on sale to the public on Sept. 28. Visit wwfilmfest.com/.

SATURDAY/OCT. 29

Dia de Muertos / Day of the Dead. 5:30-7:30 p.m. at Long Branch Nature Center at Glencarlyn Park, 625 S. Carlin Springs Road. Make Calaveras, the decorative sugar skull masks, enjoy holiday snacks, and see some night animals up close. Then, go on a night hike through the candlelit forest. Tickets are \$5. Visit parks.arlingtonva.us.

Annual Halloween Party. 5:30-8:30 p.m. at Potomac Overlook Regional Park, 2845 Marcey Road. Snacks, games, arts and crafts, storytelling, guided hikes through the woods, and the Haunted Nature Center makes up the yearly party. Cost is \$15 per participant for the party, \$20 per participant includes the Haunted Nature Center experience. Children 3 and under are free. Visit www.novaparks.com.

November 2016

NOV. 4-DEC. 18

Exhibit: "Dia de los Muertos." Gallery hours at Arlington Arts Center, 3550 Wilson Blvd. Artists living in the Mid-Atlantic states submit work that responds to the concepts, themes, and imagery of this beloved holiday. Free. Visit www.arlingtonartscenter.org.

FRIDAY/NOV. 11

Arlington National Cemetery Veterans Day Ceremony.

Arlington National Cemetery. Thousands of visitors gather to honor fallen and living veterans. Visit www.arlingtoncemetery.mil.

SATURDAY/NOV. 12

Toast to Hope. 6:30-9:30 p.m. at UUCA Gallery, 4444 Arlington Blvd. Toast to Hope is SCAN's signature fall giving event and offers wine and beer tastings, food samplings, plus a Silent/Live Auction. Tickets prices yet to be announced. Visit www.scanva.org.

December 2016

SATURDAY/DEC. 3

Jingle Bell Run/Walk. Registration begins at 6:45 a.m., events begin at 8 a.m. race starts at 8:50 a.m. at Pentagon Row, 1101 S. Joyce St. This run/walk features a "Jingle in Your Jammies" and a "Children's Fun Run" as well as races for adults. Registration is \$15-40. Visit www.arthritis.org.

SATURDAY/DEC. 10

Great Chocolate Race. 7:30 a.m. at N. Kent Street and Wilson Boulevard. Take a 5-mile trip around the capital, Arlington National Cemetery, and other monuments. Registration is \$5. Visit www.crucibleracing.com/chocolatearlington.

March 2018

SECOND TUESDAY IN MARCH

Clarendon Mardi Gras Parade. Annual parade to celebrate Fat Tuesday. Visit www.clarendon.com/mardi-gras.

April 2018

APRIL-JUNE

Relay for Life. Raise funds for cancer research by attending all-night-long events sponsored by the American Cancer Society. Visit www.relayforlife.org for specific details.

SATURDAY-SUNDAY/APRIL 22-23

Arlington Festival of the Arts. 10 a.m.-5 p.m. at 3003 Washington Blvd. Artists from all over the country will showcase paintings, jewelry,

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NEWCOMERS & COMMUNITY GUIDE



FILE PHOTO BY SHIRLEY RUHE

Senior Olympics

Karen Alderman performs a front dive as one of the five required dives of her choice at the 2016 Senior Olympics on the one-meter springboard at Yorktown Aquatic Center.

pottery, glass, and more. Free. Visit www.artfestival.com.

prices vary. Visit www.ballstonbid.com.

APRIL 23-30

Historic Garden Week. This eight-day statewide event provides visitors with a unique opportunity to see elaborate gardens with more than 2,000 flower arrangements created by the Garden Club of Virginia Members. Visit www.va.gardenweek.org.

LATE APRIL

Annual Move Me Festival. Each year, local dance company Bowen McCauley Dance hosts a family-friendly celebration of arts and culture featuring live performances and interactive demonstrations. Activities in arts and crafts, theatre games, singing, storytelling, world dance, yoga, Pilates, and more are perfect for the whole family. Free. Visit www.bmdc.org.

May 2018

SATURDAY/MAY 21

Taste of Arlington. 12-6 p.m. at Downtown Ballston. This annual event turns the Ballston area into a street festival featuring Arlington's restaurants and live music. Ticket



FILE PHOTO BY VERNON MILES

Arlingtonians fill the streets for the Arlington County Fair Parade in 2016.

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Demographics by Zip Code

From U.S. Census data
Zip code: 22201
Population: 34,427
Race: White-27,095 (78.7%), Black/African American-1,448 (4.2%), American Indian and Alaska Native-89 (0.3%), Asian-3,574 (10.4%), Hispanic or Latino (of any race)-3,654 (10.6%)
Total housing units: 19,597
Owner-occupied housing units: 6,407 (32.7%)
Households with individuals under 18 years: 2,213 (13.1%)
Households with individuals 65 years and over: 1,324 (7.8%)
Median household income: 117,332
Mean family income: 206,905
Population 5 years and over who speaks a language other than English at home: 22.6%

Zip code: 22202
Population: 22,543
Race: White-16,872 (74.8%), Black/African American-1,777 (7.9%), American Indian and Alaska Native-83 (0.4%), Asian-2,698 (12%), Hispanic or Latino (of any race)-1,823 (8.1%)
Total housing units: 14,505
Owner-occupied housing units: 3,005 (22.9%)
Households with individuals under 18 years: 1,137 (8.7%)
Households with individuals 65 years and over: 1,774 (13.5%)
Median household income: 109,006
Mean family income: 170,684
Population 5 years and over who speaks a language other than English at home: 24.4%

Zip code: 22203
Population: 21,850
Race: White-15,552 (71.2%), Black/African American-1,321 (6%), American Indian and Alaska Native-256 (1.2%), Asian-2,247 (10.3%), Hispanic or Latino (of any race)-3,839 (17.6%)
Total housing units: 11,272
Owner-occupied housing units: 3,859 (34.3%)

Zip code: 22205
Population: 18,875
Race: White-15,416 (81.7%), Black/African American-484 (2.6%), American Indian and Alaska Native-2 (0.0%), Asian-1,452 (7.7%), Hispanic or Latino (of any race)-1,684 (8.9%)
Total housing units: 6,922
Owner-occupied housing units: 5,074 (73.3%)
Households with individuals under 18 years: 2,554 (36.9%)
Households with individuals 65 years and over: 1,239 (17.9%)
Median household income: 149,703
Mean family income: 196,055
Population 5 years and over who speaks a language other than English at home: 19.1%

Households with individuals under 18 years: 1,554 (13.8%)

Households with individuals 65 years and over: 1,937 (17.2%)

Median household income: 100,874

Mean family income: 166,006

Population 5 years and over who speaks a language other than English at home: 26.8%

Zip code: 22204

Population: 47,233

Race: White-24,650 (52.2%), Black/African American-7,920 (16.8%), American Indian and Alaska Native-322 (0.7%), Asian-5,407 (11.4%), Hispanic or Latino (of any race)-14,433 (30.6%)
Total housing units: 21,637
Owner-occupied housing units: 8,205 (41.5%)
Households with individuals under 18 years: 5,272 (26.7%)
Households with individuals 65 years and over: 2,794 (14.1%)
Median household income: 75,135
Mean family income: 99,944
Population 5 years and over who speaks a language other than English at home: 49.4%

Zip code: 22205
Population: 18,875

Race: White-15,416 (81.7%), Black/African American-484 (2.6%), American Indian and Alaska Native-2 (0.0%), Asian-1,452 (7.7%), Hispanic or Latino (of any race)-1,684 (8.9%)
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Mean family income: 99,944

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Population 5 years and over who speaks a language other than English at home: 19.1%

SEE DEMOGRAPHICS, PAGE 10

June 2018

MONDAYS, JUNE-AUGUST

Crystal Screen. 1851 S. Bell St. Each year a different theme is chosen for this outdoor film festival beginning at sunset each Monday. Visit www.crystalcity.org.

SUNDAY/JUNE 25

Pops for Pets. 6 p.m. at Lubber Run Amphitheatre, 200 N. Columbus St. The Arlington Philharmonic will collaborate with the Animal Welfare League of Arlington (AWLA) to present the fourth annual Pops for Pets, an informal outdoor benefit concert. Free. Visit www.arlingtonphilharmonic.org.

August 2018

WEDNESDAY-SUNDAY/AUG. 15-19

Arlington County Fair. Times vary at Thomas Jefferson Community Center, 3501 Second St. South. Summer family event complete with carnival rides, musical entertainment, food and more. Admission is free. Visit www.arlingtoncountyfair.us.



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Meet Carol and MJ. Carol and MJ are great buddies. They are also next door neighbors. Carol is 88 years old and MJ is 79. Carol moved to Hermitage Northern Virginia from Arlington about a year before MJ, who came from Montgomery County, Maryland. After moving, the two friends discovered a shared love of outdoor walks on the grounds of the community and around the quiet neighborhood streets. Carol focuses on her balance with a functional fitness class 4x a week and MJ enjoys reading in the library. Carol likes the many interesting people and MJ enjoys the many excursions and the reading club. It feels like a family here at Hermitage Northern Virginia.

For more information, call 703-797-3814

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How To Vote

Every year is election year in Virginia; mechanics and details of voting require attention to detail.

On the Ballot in Arlington

Nov. 7 General and Special Elections - on the ballot are:

Governor

- Ralph S. Northam (D)
- Edward W. "Ed" Gillespie (R)
- Clifford D. Hyra (L)

Lieutenant Governor

- Justin E. Fairfax (D)
- Jill H. Vogel (R)

Attorney General

- Mark R. Herring (D)*
- John D. Adams (R)

House of Delegates, 45th District

- Mark H. Levine (D)*

House of Delegates, 47th District

- Patrick A. Hope (D)*

House of Delegates, 48th District

- R. C. "Rip" Sullivan, Jr. (D)*

House of Delegates, 49th District

- Alfonso H. Lopez (D)*
- Adam Roosevelt (R)

County Board

- Erik Gutshall (D)
- Audrey R. Clement (I)
- Charles A. McCullough II (I)

School Board

- M. D. "Mike" Webb (I)
- Monique C. O'Grady (I)
- Alison Priscilla Dough (I)

Note on School Board candidates: Virginia law requires all candidates for School Board to qualify for the ballot as independent candidates, although they may be supported or endorsed by a political party.

Virginia Voter ID

Virginia has voter identification requirements, plan to bring photo identification with you to vote, whether that is absentee or on Election Day.

Among accepted ID: valid Virginia Driver's License or Identification Card; valid Virginia DMV issued Veteran's ID card; valid U.S. Passport; other government-issued photo identification cards issued by the U.S. Government, the Commonwealth of Virginia, or a political subdivision of the Commonwealth; valid college or university student photo identification card from an institution of higher education located in Virginia; valid student ID issued by a public school or private school in Virginia displaying a photo; employee identification card containing a photograph of the voter and issued by an employer of the voter in the ordinary course of the employer's business.

Any registered voter who does not have one of the required forms of identification can apply for a free Virginia Voter Photo

Identification from any general registrar's office in the Commonwealth. Voters applying for the Virginia Voter Photo ID complete the Virginia Voter Photo Identification Card Application, have their picture taken, and sign the digital signature pad. Once the application is processed, the card will be mailed directly to the voter.

A voter who does not bring an acceptable photo ID to the polls will be offered a provisional ballot.

Provisional Ballot Process for Voters Who Arrive Without Identification

If you arrive at your polling place on Election Day without an acceptable form of photo identification, don't panic or give up. You will be given the opportunity to vote a provisional ballot. After completing the provisional ballot, the individual voting will be given written instructions from the election officials on how to submit a copy of his/her identification so that his/her vote can be counted.

A voter will have until noon on the Friday following the election to deliver a copy of the identification to the local electoral board or to appear in person to apply for a Virginia Voter Photo ID Card. Voters may submit a copy of their ID via fax, email, in-person submission, or through USPS or commercial delivery service. Note that the copy of the ID must be delivered to the electoral board by noon on Friday, or the provi-

2017 Elections

All polls are open 6 a.m. - 7 p.m. on Election Day.

Where Do I Vote?:
vote.elections.virginia.gov/VoterInformation

Photo Voter ID Requirements:
vote.arlingtonva.us/elections/id-requirements/

See vote.arlingtonva.us/

Contact Information

Arlington Voter Registration and Elections
 2100 Clarendon Blvd, Suite 320
 Arlington, VA 22201
 Hours: 8 a.m.-5 p.m. Mondays-Fridays
 Phone: 703-228-3456
 TTY: 703-228-4611
 FAX (main): 703-228-3659
 Fax (absentee applications): 703-228-3705

sional ballot cannot be counted.

Also by noon on Friday following the election, the voter may appear in-person in the office of the general registrar, in the locality in which the provisional ballot was cast, and apply for a Virginia Voter Photo ID Card. At the completion of the application process, the voter may request a Temporary Identification Document. This document may be provided to the electoral board to suffice the identification requirement.

Law Enforcement

The difference between Arlington's Police Department and Sheriff's Office.

BY VERNON MILES
 THE CONNECTION

Some counties have Sheriff's Offices. Some cities have Police Departments. Arlington has both, and for newcomers to Arlington, the differences between the two can be confusing. While both have the ability to enforce laws, and Sheriff's Deputies can act as secondary law enforcement, the two branches of Arlington's law enforcement have distinct roles.

The Arlington Police Department carries out the criminal processes of Arlington's law enforcement. Arlington Police run patrols, investigates crimes, and make arrests. Once the accused is taken to the jail, then it becomes a job for the Sheriff's Office.

According to Major Bruce Black from the Arlington Sheriff's Office, the role of Arlington's Sheriff's Office is to oversee the jail and courthouse and to enforce

civil processes, like serving eviction notices or protective orders.

In recent years, Black says the mission of the Sheriff's Office has undergone some changes.

Black said there's a common misconception that after someone is convicted, they are locked up and the key gets thrown away. Black calls this the "Mayberry Syndrome." But he says those days are over, and studies into high recidivism rates have forced Sheriff's Offices to recognize their responsibility to enact programs to help reform inmates. In Arlington, Black says this has manifested into programs like a kitchen school where inmates can finish their sentence with a certificate that will allow them to work in restaurants.

Another difference between the two organizations is that the Chief of Police is appointed by the County Board while the Sheriff is an elected, constitutional office.

Demographics by Zip Code

FROM PAGE 9

Zip code: 22206
Population: 19,051
Race: White-13,346 (70.1%), Black/African American-2,459 (12.9%), American Indian and Alaska Native-61 (0.3%), Asian-1,294 (6.8%), Hispanic or Latino (of any race)-2,700
Total housing units: 11,166
Owner-occupied housing units: 4,586 (45.8%)
Households with individuals under 18 years: 1,730 (17.3%)
Households with individuals 65 years and over: 927 (9.2%)
Median household income: 95,023
Mean family income: 125,954
Population 5 years and over who speaks a language other than English at home: 22.9%

Zip code: 22207
Population: 33,553
Race: White-27,831 (82.9%), Black/African American-1,029 (3.1%), American Indian and Alaska Native-230 (0.7%), Asian-1,877 (5.6%), Hispanic or Latino (of any race)-3,125 (9.3%)
Total housing units: 11,997
Owner-occupied housing units: 9,160 (76.4%)
Households with individuals under 18 years: 4,047 (35.8%)
Households with individuals 65 years and over: 2,637 (23.1%)
Median household income: 167,594
Mean family income: 255,264
Population 5 years and over who speaks a language other than English at home: 15.3%

Source: American Community Survey 2014

Zip code: 22209
Population: 11,551
Race: White-8,247 (71.4%), Black/African American-646 (5.6%), American Indian and Alaska Native-17 (0.1%), Asian-2,183 (18.9%), Hispanic or Latino (of any race)-1,393 (12.1%)
Total housing units: 8,075
Owner-occupied housing units: 1,981 (24.5%)
Households with individuals under 18 years: 495 (7.7%)
Households with individuals 65 years and over: 586 (9.1%)
Median household income: 94,742
Mean family income: 150,798
Population 5 years and over who speaks a language other than English at home: 33.6%

Zip code: 22213
Population: 3,470
Race: White-2,915 (84%), Black/African American-19 (0.5%), Asian-359 (10.3%), Hispanic or Latino (of any race)-146 (4.2%)
Total housing units: 1,376
Owner-occupied housing units: 1,022 (74.3%)
Households with individuals under 18 years: 444 (32.3%)
Households with individuals 65 years and over: 207 (15.1%)
Median household income: 151,477
Mean family income: 217,299
Population 5 years and over who speaks a language other than English at home: 23%

NEWCOMERS & COMMUNITY GUIDE

What's in a Name? School Board considers renaming Arlington schools.

BY VERNON MILES
THE CONNECTION

No policy has officially been established yet, no final decisions have been made, but the writing is on the wall for Washington-Lee High School. One week ago, a series of violent clashes in Charlottesville over a statue of Robert E. Lee ended with an alleged white supremacist driving his car into a protest and killing 32-year-old Heather Heyer. Across the south, localities have been reexamining the role of the confederacy in local icons and names. At a School Board meeting on Aug. 17, School Board chair Barbara Kanninen announced that the board will be developing a naming guidelines system to reevaluate the names of all current and future schools. While Washington-Lee High School was not named specifically, it was clear speakers on both sides of the issue where the policy was targeted.

"All of us are extremely concerned and saddened by the violence that took place last weekend in Charlottesville," said Kanninen. "This has been a tragedy for our community, our state, and our nation."

Kanninen said the time had come to talk about the names of the schools and the messages they conveyed to the students in

attendance.

"No decisions have been made or will be made without extensive community input and discussion," said Kanninen. "This process will take time, but we are getting started."

The feedback on the proposal started five minutes after it was announced with clear sides already established.

The majority of the speakers supported renaming Washington-Lee.

"The time has come to remove the name," said Ryan Sims. "Lee was an avowed white supremacist who took up arms against the United States to preserve the institution of slavery. Veneration of confederate icons throughout the south ensured every citizen understood that racist state and local institutions remained committed to denying the basic rights of African Americans, often violently so. Lee remains a potent symbol of hate."

For Mark Bealer from Indivisible Arlington, the name was antiquated and morally repugnant.

"It is hypocritical and shameful moral equivalence of those who fought for slavery and those who fought for independence," said Bealer.

Nick Roy, the father of three graduates from Arlington Public Schools, compared Lee and other symbols of the confederacy to the swastika.

Roy, whose father is from India, said the symbol is a 5,000-year-old emblem of love and peace, but that as much as he might like it, he can't use it in his home because of its horrible associations in the west.

"Whatever we may attribute to Lee the man," said Roy, "Lee the symbol has become associated with that same thing."

But support for renaming the school was not universal. At the time of writing, a petition on getpetition.com to preserve the name Washington-Lee High School is 24

signatures shy of its 1,000 goal.

"Washington-Lee has been part of the lives of Arlington school children since the 1920s and has been one of the top high schools in the country throughout its existence," reads the petition. "To change the name of the school now is not reflective of W-L spirit nor W-L pride. Our pride is in our school. And our school's name was, currently is, and we hope will remain, Washington-Lee."

At the School Board meeting, the discussion was book-ended with those supporting the current name. John Peck, an alumni, said the 92-year-history of the school cannot be separated from the name, pointing especially to a 1966 basketball championship with an integrated team.

Mila Albertson, a graduate of the class of 1966 and president of the alumni association, opposed the renaming.

"The name Washington-Lee is exalted because of its graduates, not the men it's named after," said Albertson. "I'm being polite to those calling for renaming Washington-Lee when I say it is irrational. Do we change the name for Stratford because it was named after Lee's birthplace? Do we ban the Virginia state flag because it reminds us the commonwealth protected slave owners? Do we rename Virginia and all confederate states? Do we rename Richmond because it was the capital of the rebellion? President [Abraham] Lincoln called for reconciliation ... Can we not follow his magnanimous lead?"

"No decisions have been made or will be made without extensive community input and discussion. This process will take time, but we are getting started."

— School Board Chair Barbara Kanninen

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NEWCOMERS & COMMUNITY GUIDE

High School Sports

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Yorktown High School

Mascot: Patriots
School Colors: Carolina blue
Athletic Director: N/A
Football Coach: Bruce Hanson
Girls' Soccer Coach: Mariano Alonso
Boys' Soccer Coach: Carlos Aranda
Girls' Basketball Coach: Devaughn Drayton
Boys' Basketball Coach: Joe Reed
Girls' Lacrosse Coach: Crystal Fraser
Boys' Lacrosse Coach: Greg Beer
Baseball Coach: John Skaggs
Softball Coach: Heather Sutphin
Rival Schools: James Madison High School

What happened last year: The Girls' soccer team had a sudden victory, over Madison HS (3-2) in the final district game to win the 6A Liberty Conference title.

Wakefield High School

Mascot: Warriors
School Colors: Green and White
Athletic Director: N/A
Football Coach: Wayne Hogwood
Girls' Soccer Coach: O. Benkahallouk
Boys' Soccer Coach: E. Carrasquillo
Girls' Basketball Coach: Marcia Richardson
Boys' Basketball Coach: Tony Bentley
Girls' Lacrosse Coach: TBA
Boys' Lacrosse Coach: Keith Campbell
Baseball Coach: Mike Ruck
Softball Coach: Jonny Kelly

What happened last year: Wakefield's football stadium received new lights to allow for Fall and Spring sport teams to have outdoor night games.

Washington & Lee High School

Mascot: Generals
School Colors: White and Navy Blue
Athletic Director: Carol Carraway
Football Coach: Josh Shapiro
Girls' Soccer Coach: Eddy Matos
Boys' Soccer Coach: Jimmy Carrasquillo
Girls' Basketball Coach: Angie Kelly
Boys' Basketball Coach: Robert Dobson
Girls' Lacrosse Coach: Jenni Macintosh
Boys' Lacrosse Coach: Alex White
Baseball Coach: Doug Grove
Softball Coach: Leigh Winstead
Rival Schools: TC Williams

What happened last year: The Boys' Soccer team won the 6A Liberty Conference championship. Benedict Draghi was also named to the Washington Post's 1st team All-Met for Track and Field.

Bishop Denis J. O'Connell High School

Mascot: Knights
School Colors: Blue and Silver
Athletic Director: Joe Wootten
Football Coach: Colin Disch
Girls' Soccer Coach: Alberto Staraffce
Boys' Soccer Coach: Chris Jennings
Girls' Basketball Coach: Aggie McCormick-Dix
Boys' Basketball Coach: Joe Wootten
Girls' Lacrosse Coach: Sarah Burrow Bridge
Boys' Lacrosse Coach: Kevin Giblin
Baseball Coach: Kyle Padgett
Softball Coach: Tommy Orndorff
Rival Schools: Paul VI, Bishop Ireton

What happened last year: The Knights won their 21st softball state championship in school history. They finished their season with a 23-5 record and defeated Norfolk Christian School 16-0 on May 20 to secure their 5th straight title.

Head coach Tommy Orndorff coached his 24th straight 20-win season in his 31st year as head coach.

O'Connell's all time softball state tournament record is 67-2.

Arlington 55+ Centers

The Office of Senior Adult Programs (OSAP), a unit of Arlington County's Department of Parks and Recreation, coordinates programs and activities at five 55+ senior centers and operates the 55+ Travel program. An annual registration with OSAP for \$20, entitles seniors, age 55 and over, access to all 55+ centers and community centers with senior programming, plus local and regional travel opportunities and a subscription to the bi-monthly 55+ program

guide. Each center offers programs in physical fitness, education, social, wellness and recreation. Taxicab transportation to and from 55+ senior centers is available through SCAT (Senior Center Adult Transportation) at a cost of \$5 round trip. For more information, call OSAP at 703-228-4750.

❖ **ARLINGTON MILL**, 909 S. Dinwiddie St. (off Columbia Pike), 703-228-7369. Open Monday through Friday, 9 a.m. – 3 p.m. e-mail:

nenglund@arlingtonva.us

❖ **AURORA HILLS SENIOR CENTER**, 735 S. 18th St. (near Pentagon City), 703-228-5722. Open Monday, Wednesday, Friday, 10 a.m. – 3 p.m. e-mail: matkin@arlingtonva.us

❖ **LANGSTON-BROWN SENIOR CENTER**, 2121 N. Culpeper St. (off Lee Hwy.), 703-228-6300. Open Monday through Friday, 9 a.m. – 3 p.m. e-mail: epoole@arlingtonva.us

❖ **LEE SENIOR CENTER**, 5722 Lee Hwy. (at N. Lexington St.), 703-228-0555. Open Monday through Friday, 10 a.m. – 3 p.m. e-mail: acarr@arlingtonva.us

❖ **WALTER REED SENIOR CENTER**, 2909 S. 16th St. (between Col. Pike & Glebe, off S. Walter Reed Dr.), 703-228-0955. Open Monday through Friday, 9 a.m. – 3 p.m. e-mail: lkaniut@arlingtonva.us

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