Fairfax Station
CONNECTION Clifton & Lorton

During the Summer Saturdays program at Gunston Hall, historic re-enactors discuss 18th century life at the former home of George Mason in Mason Neck. Pictured are: Mrs. Grace Newman, a.k.a. Carole Thomas; Elizabeth Westwood Wallace Mason, a.k.a. Emily Murphy; Thomson Mason, a.k.a. John Murphy; and Col. George Mason, a.k.a. Doug Cohen.

Inside

Saturdays at Gunston Hall

Newcomers, Page 7

NOVA Hosts Eclipse Viewing Party

News, Page 3

Newcomers & Community Guide

Living and Eating In the Great Outdoors

Newcomers, Page 3

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Opinion, Page 4 ❖ Entertainment, Page 5 ❖ Classified, Page 6

Photo by Steve Hibbard/The Connection

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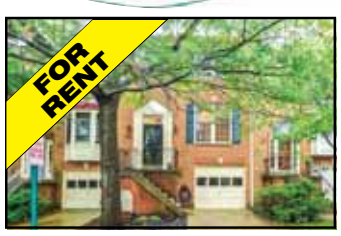

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Lorton/Fairfax Station/Clifton Connection Editor Kemal Kurspahic
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City of Fairfax residents Ahanti Hassan, Heather Alba and Gucci Marwah use solar eclipse glasses during an event at NOVA's Annandale campus.

Photos by Marilyn Campbell

NOVA's Eclipse Mania 2017 included a live feed from NASA.

NOVA Hosts Eclipse Viewing Party

A "huge scientific phenomenon."

By Marilyn Campbell

Several minutes before Solar Eclipse 2017 reached its peak, a band of storm clouds floated over the sun, and a collective groan of disappointment swelled among the crowd of people who'd gathered at Northern Virginia Community College's (NOVA) Annandale campus to watch the eclipse during the school's NOVA Eclipse Mania 2017 event.

"So disappointing," said Bethesda resident Jill Caporale, one of the event organizers and an associate professor of biology and natural sciences at NOVA.

As thunder rolled and the sky turned grey, the crowd moved to a large screen television that had been set up under a tent to watch a NASA's live feed of the eclipse

"The eclipse is still happening, but we can't see it here," said Caporale, as she began taking down the educational eclipse displays that had lined a courtyard on campus.

"This is so disappointing," said Julie Fitzpatrick who lives in Arlington. "I've been looking forward to this for weeks."

Earlier in the afternoon, eclipse enthusiasts young, old and in-between, gathered in the courtyard for activities instruction on the proper use of eclipse glasses, a telescope presentation, a live feed from NASA, a demonstration of pinhole viewers and an art demonstration.

"I took astronomy last year in high school, so I knew that this was going to be a special eclipse," said NOVA freshman Gucci Marwah of Fairfax. "I've seen an eclipse in India, but never in the U.S."

Faculty scientists from the school's math, science, and engineering division were present to answer questions and offer safety suggestions.

"The students are all so enthusiastic," said Vienna resident Ritu Kansal, a chemistry professor at NOVA. "So many students coming up and looking at the NASA posters. They want to learn. The whole point [of the event] is to get them excited about this huge scientific phenomenon that is happening today."

"This was an effort by the whole school, not just the science division, but also history and art," said Caporale as she pointed to colored chalk drawings of the solar system that were created jointly by the science and art divisions.

There were also outdoor meditation sessions led by NOVA's Meditation Club. "It's a symbolic of getting over the hump, the dark passing over the light and a fresh start," said Nicolette LePalme, club president and resident of Alexandria.

Falls Church resident Karen Bushaw-Newton, a professor in the biology department at NOVA's Annandale campus, offers event-goers a demonstration of a pinhole viewer.

Meditation sessions were part of NOVA's Eclipse Mania 2017, including this one with Nicolette LePalme of Alexandria, Grace Cooney of Falls Church, Hannah Park of McLean and Sai Pethe of Vienna. Meditation club, faculty advisor and biology professor, Paul Fitzgerald of Reston.

Bethesda resident Jill Caporale, (left) associate professor of biology and natural sciences at NOVA's Annandale campus demonstrates the correct way to use solar eclipse glasses.

Opinion

Expand Medicaid Now

It's too late to get back the $10 billion Virginia turned down, but not too late to gain coverage for 400,000 and boost the economy.

Editorial

Virginia's General Assembly has refused to accept one of the key provisions of the Affordable Care Act, expansion of Medicaid at almost no cost to Virginia that could have covered 400,000 uninsured Virginians and would have brought more than $10 billion into the state. It has also cost lives.

Ironically, the failed efforts to "repeal and replace" the Affordable Care Act included changes to Medicaid that would have penalized states, like Virginia, that did not expand Medicaid, permanently reducing federal funding.

"In all of the bills proposed in the House and Senate to repeal the ACA, none of them left the non-expansion states better off," said Gov. Terry McAuliffe on Monday, Aug. 21, in calling again for Virginia to expand Medicaid, almost entirely paid for by the federal government.

"I have called for Virginia to expand Medicaid for three and a half years now. In that time, we have forever forfeited a whopping $10.4 billion of our federal tax dollars," McAuliffe said. "We have missed an opportunity to cover 400,000 low-income Virginians."

More than 140,000 residents of Fairfax County have no health insurance. More than 40,000 residents of Arlington and Alexandria have no health insurance. That's more than 12 percent of the people who live in one of the wealthiest areas in the nation.

A Harvard Medical School study determined that the decision by 25 states to reject the expansion of Medicaid coverage under the Affordable Care Act would result in between 7,115 and 17,104 more deaths than had all states opted in. In Virginia, the number of deaths due to failure to expand Medicaid: between 266 and 987.

Refusing to accept federal funds to provide healthcare to uninsured Virginians makes no more sense than declining federal funds for transportation or education.

In Virginia, 102,000 uninsured people with a mental illness or substance use disorder could qualify for coverage if Medicaid were expanded under the Affordable Care Act.

As Virginia wrestles with heroin and opioid addiction, expanding Medicaid would allow for expanding treatment programs. One of the big obstacles to helping people who are fighting addiction is the availability of treatment when it is most needed. More people die of opioid overdoses in Virginia than in vehicle crashes.

It is beyond cruel that an ideologically driven General Assembly can turn away health care for so many. It's beyond understanding why the General Assembly would turn down billions of dollars in direct health care dollars, plus the tremendous boost to the economy and jobs that federal investment would generate.

— Mary Kimm
MKIMM@CONNECTIONNEWSPAPERS.COM

Governor's Perspective

Remarks by Gov. Terry McAuliffe to General Assembly money committees Aug. 21, 2017:

I have called for Virginia to expand Medicaid for three and a half years now. In that time, we have forever forfeited a whopping $10.4 billion of our federal tax dollars.

We have missed an opportunity to cover 400,000 low-income Virginians.

Thirty-one states from across the political spectrum have expanded Medicaid. This isn't a political issue. These are people's lives.

I believe in the radical notion that health care shouldn't be a privilege for the rich. And in the wealthiest nation in the world, one medical event shouldn't send a family into financial ruin.

Just a few weeks ago, I went to the Remote Area Medical Clinic in Wise for the fourth time as governor. I want to thank Dr. O'Bannon for providing his services at the clinic.

There, you will see the stark reality of what it means to lack access to affordable health care. People were waiting in the animal pens, separated by bed sheet "curtains" to get the only medical care they'd have this year. Many of them slept overnight in the parking lot just to get a spot in line.

I met a woman who pulled me aside to tell me that the clinic literally saved her life by catching her cancer in time. Another man had been driving for a year without proper eyeglasses. Yet another told me that, at 39 years old, he visited the dentist for the first time ever that day. Sadly, he was too late, and needed all of his teeth pulled.

These folks should get the exact same level of care that you or I do.

That's why I will be including Medicaid expansion once again in my biennial budget proposal this year.

And even if you don't believe that the ACA is here for good, let me also remind you that in all of the bills proposed in the House and Senate to repeal the ACA, none of them left the non-expansion states better off. In fact, in one of the proposals, non-expansion states would cover costs for the expansion states for the next five years.

So, I ask you this: Are you willing to let Virginia be block granted or capped at our current Medicaid levels? Are you willing to risk losing out on expansion dollars forever? And are you willing to hamper our state finances by turning away these federal dollars, given the uncertainty we face?

I ask you these questions in earnest, and I hope we can find a workable solution together.

I have formally invited General Assembly leadership to meet with my team to start this process as soon as possible so that, perhaps, consensus can be reached in the budget development process.

I welcome your input and I remind you that I have consistently supported a business-like approach that allows us to bring this money back at no cost to Virginia. If you pursue expansion the way I've presented it to you, it could save the state hundreds of millions of dollars.

Further, it could protect us from the potential negative financial impacts of future federal caps on the Medicaid program.

It's not too late. There's still more than $2 billion a year on the table that we can benefit from, and I hope we can agree on an approach to do the right thing.

Letters to the Editor

Responsibility Makes You Responsible

To the Editor:

As a rising senior in high school, I feel that I have matured greatly from my freshman and sophomore years. As many seniors would agree, a lot of this personal growth has taken place through extracurricular activities. What I've found, however, is that I've grown most by putting myself into positions of responsibilities in these extracurricular activities. In the rush to secure a leadership position to put on one's resume or college application, we commonly forget that leadership is innately rewarding, especially for high school students.

The thing about leadership that no one tells you, is that it takes a lot of time to do a good job, no matter your position in the leadership of a club or team. And the thing is, it doesn't really matter what your position is because collaboration is almost always required to do a good job leading these sorts of organizations.

In short, the capacity in which you lead doesn't matter. All that matters is that you put yourself in some position of responsibility and that you then put in enough time to fulfill your responsibilities. If you fail, put in enough time to understand why you failed and to remedy the situation. Always ask observers what you can do to improve your leadership, no matter your performance. If you put yourself in a position of responsibility and work hard in that capacity, you will become more responsible — I know I have.

John Krause-Steinrauf
McLean

Fairfax Station, Lorton & Clifton
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Entertainment

Submit entertainment announcements at www.connectionnewspapers.com/Calendar/. The deadline is noon on Friday.

ONGOING

Senior Olympics. Deadline to register for the Northern Virginia Senior Olympics is Aug. 26. Participants must be at least 50-years-old by Dec. 31, 2017. Register at www.nvso.us until Sept. 2 or via U.S. mail before Aug. 26 with forms available at area recreation centers. To volunteer contact RSVP Northern Virginia at 703-403-5360 or email rsvp@volunteerfairfax.org.

THURSDAY/AUG. 24

Flora Fauna for Kids. 11-11:45 a.m. at Hidden Pond Nature Center, 8511 Greeley Blvd., Springfield. Go on the trail walk and learn about the pond. $5. Ages 3-6. Call 703-451-9588.

FRIDAY/AUG. 25

Music on the Plaza. 6:30-9:30 p.m. at Old Town Square, 3999 University Drive, Fairfax. Rock the Block with the Alex Hilton Band Visit www.fairfaxva.gov/rocktheblock.

DJ Music and Golf. 7-10 p.m. at Top Golf, 6625 S. Van Dorn St., Alexandria. Music by Tnyce DJ. Call 703-924-2600.

SATURDAY/AUG. 26

Meet the Author. 2 p.m. at the Civil War Interpretive Center at Historic Blenheim, 3610 Old Lee Highway, Fairfax. The Battle of Ball's Bluff — local historian James Morgan will focus on his tactical study of the battle: "A Little Short of Boats: the Battles of Ball's Bluff and Edwards Ferry." Book signing and sales follow the talk. Free. Call 703-591- 0560.

EqualiTEA. 2-4 p.m. at Gunston Hall, 10709 Gunston Road, Lorton. The event will include afternoon tea, a tour of the Mansion at Gunston Hall, a presentation about the Turning Point Suffragist Memorial, and a gift for each guest from the Preservation Society of Newport County. Dress: Hats and pearls, Suffragist attire welcome. $60. Email pwirth@suffragistmemorial.org.

DJ Music and Golf. 7-10 p.m. at Top Golf, 6625 S. Van Dorn St., Alexandria. Music by Radyus DJ. Call 703-924-2600.

Guided Meditation. 7-9 p.m. at the Fairfax Art League, 3950 University Drive. Participants in this guided meditation will be led to examine themselves, as crystals are placed on their energy centers. Bring pillows, blankets and comfortable shoes. Email otusatfioriinks@gmail.com or call 703-963-6805.

SUNDAY/AUG. 27

Yoga on the Square. 10 a.m. at Old Town Square, 3999 University Drive, Fairfax. Bring a yoga mat and a water bottle. Call 703-385-7858.

Civil War Reenactment. 1-4 p.m. at Fairfax Station Railroad Museum, 11200 Fairfax Station Road. The Fairfax Station Railroad Museum will host Civil War re-enactors and modern practitioners who will demonstrate medical and rescue practices then and now in commemoration of Fairfax Station's role as an evacuation center during the Battle of Second Manassas in 1862. Museum members, free; adults 16 and over, $4; children 5-15, $2; under 4, free. Information on the museum and shows is at www.fairfax-station.org or call 703-425-9225.

MONDAY/AUG. 28

Funday Monday - Zumba Kids. 10:30 a.m. at Old Town Square, 3999 University Drive, Fairfax. There will be music, movement, storytelling, performances, crafts, and more. It is open to children of all ages, however especially for those who haven't yet started school. Programs are free and open to the public, donations are appreciated. Call 703-385-7858 or visit www.fairfaxva.gov/culturalarts.

WEDNESDAY/AUG. 30

Tai Chi. 6:30-7:30 a.m. at Old Town Square, 3999 University Drive, Fairfax. Weather permitting. Wear comfortable clothes and bring a mat. Class will take place in Old Town Square at the pergola.

THURSDAY/AUG. 31

Hometown Thursdays. 6:30-8:30 p.m. at Old Town Square, 3999 University Drive, Fairfax. Jojo Bayless Band performs. Hometown Thursdays is an opportunity to meet up with friends, grab dinner at one of the many restaurants in downtown, and listen to great music. Free, family-friendly event for all ages.

FRIDAY/SEPT. 1

Photo Exhibition. 9 a.m.-5 p.m. at Fairfax Museum and Visitor Center. 10209 Main St., Fairfax. "Over There: Americans in World War I" a traveling exhibition from the National Archives and Records Administration showcases photographs from the battle fronts in France, Italy, and Russia, supply and support operations behind the lines, and the Paris Peace Conference, open through Oct. 20. Group guided tours available by reservation, $25. Call 703-385- 8414.

DJ Music and Golf. 7-10 p.m. at Top Golf, 6625 S. Van Dorn St., Alexandria. Music by Sway DJ. Call 703-924-2600.

Music on the Plaza. 7 p.m. at Old Town Plaza, 3955 Chain Bridge Road, Fairfax. Main Street Clarinet Quartet performs. Performances are free. Call 703-385-7858.

Bingo. 7 p.m. at Fire Station 3, 4081 University Drive, Fairfax. The Fairfax Volunteer Fire Department hosts smoke free Bingo (with breaks for our smoking friends). Enjoy free coffee, entertaining callers, a friendly atmosphere, $1,000 guaranteed jackpot, treasure chest progressive raffles, and good food available for purchase. All proceeds go to purchasing fire & rescue equipment. Visit www.fairfaxvfd.com or 703-273-3638.

SEPT. 3-4

Model Train Shows. noon-5 p.m. at Fairfax Station Railroad Museum, 11200 Fairfax Station Road. Labor Day Weekend, The Potomac Module Crew members will have HO Scale and others will have a LEGO Model Train Show. Museum members, free; adults 16 and over, $4; children 5-15, $2; under 4, free. Information on the museum and shows is at www.fairfax-station.org or call 703-425-9225.

FRIDAY/SEPT. 8

Movie Under the Moon. 6:30-9:30 p.m. at Van Dyck Park, 3720 Old Lee Highway, Fairfax. Featuring "The Sandlot," starts at 7:30. Free. Visit fairfaxva.gov.

SEPT. 9-10

Burke Centre Festival. 9 a.m.-5 p.m. at the Burke Conservancy, 6060 Burke Centre Parkway. Arts and crafts, live shows, rides, face painting, and festival foods. Visit www.burkecentreweb.com.

Model Train Show

PHOTO BY MIKE SALMON/CONNECTION

Model railroads will be the center of attention at the Train Shows, Labor Day Weekend, Sunday, Sept. 3 and Monday, Sept. 4 at the Fairfax Station Railroad Museum, 11200 Fairfax Station Road, Fairfax Station. Museum members and ages 4 and under, free; ages 5-15, $2; ages 16 and older, $4. Visit www.fairfax-station.org, or call 703-425-9225 for more.

SEPT. 9-20

Northern Virginia Senior Olympics. Various times and locations, more than 50 different events taking place at more than 25 venues across Northern Virginia. Call 703-403-5360 or visit www.nvso.us.

SUNDAY/SEPT. 10

Community Welcome Picnic. noon-2 p.m. at Sydenstricker United Methodist Church, 8508 Hooes Road, Springfield. Everyone is invited to a community welcome picnic with burgers and hotdogs with all kinds of side dishes, along with live music by Bob Perilla's Big Hillbilly Bluegrass Band and fun activities for children of all ages. Free. Contact Maile Bradfield at maile.bradfield@sydenstrickerumc.org or 703-451-8223 Visit sydenstrickerumc.org.

Vietnam Memorial Lecture. 2 p.m. at Fairfax Museum and Visitor Center. 10209 Main St., Fairfax. "The 35 th Anniversary of the Vietnam Veterans Memorial," Janet Folkerts, curator of the Vietnam Veterans Memorial Collection, will share stories of the artifacts left at the Memorial and the soldiers they honor and memorialize. Free. Call 703-385-8414.

SEPT. 18–OCT. 28

Photo Exhibition. Tuesday-Saturday, 10 a.m.–3 p.m. at The Civil War Interpretive Center at Historic Blenheim, 3610 Old Lee Highway, Fairfax. "Binding Wounds, Pushing Boundaries: African-Americans in Civil War Medicine" looks at the men and women who served as surgeons and nurses during the Civil War and how their service challenged the prescribed notions of race and gender.Free. Call 703-591-0560.

THURSDAY/SEPT. 21

Lunch 'N Life. noon-2 p.m. at Jubilee Christian Center, 4650 Shirley Gate Road, Fairfax. Music by Special Blend, a barbershop quartet. $10. Call 703-273-5730.

SEPT. 21-24

Golf Tournament. All day at Laurel Hill Golf Club, 8701 Laurel Crest Drive, Lorton. Middle Atlantic Amateur Championship. Visit www.fairfaxcounty.gov/parks/golf/lhgc or call 703-439-8849.

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For privacy reasons, photos above are not photos of actual students

Faith

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. Deadline is Friday. Dated announcements should be submitted at least two weeks prior to the event.

Burke Presbyterian Church, 5690 Oak Leather Drive in Burke, worship services are Sundays at 9 a.m., 11:15 a.m., and 6 p.m. BurkePresChurch.org.

One God Ministry Church, 4280/4282 Chain Bridge Road, Fairfax, offers Early Morning Service at 8 a.m., Sunday School at 10 a.m., Sunday Worship Service at 11 a.m., and Wednesday Bible Study at 7 p.m. Women, Men, and Youth Bible Studies are on the third Tuesday of each month at 7 p.m. A Spiritual Gifts Service is the first Friday of every month at 7 p.m. One God Ministry has ministries for youth, men, women, couples, music and singles. 703-591-6161 or onegodministry.org.

Faith Communities in Action meets the first Wednesday of every other month from 2-4 p.m. at the Fairfax County Government Center, Conference Rooms 2 and 3, 12000 Government Center Parkway, Fairfax.

The Bahá'ís of Fairfax County Southwest offers "Interfaith Devotions: World Peace and Unity" for the general public on Saturdays. These free devotional gatherings meet at the Pohick Regional Library, Room #1, 6450 Sydenstricker Road, Burke, 22015.

St. Leo the Great in Fairfax hosts "Night of Praise" the first Saturday of each month, featuring praise music and Eucharist adoration at 7 p.m. Located at 3704 Old Lee Highway in Fairfax.

St. Matthew's United Methodist Church, 8617 Little River Turnpike, Annandale, offers a traditional service on Sundays at 8:15 and 11:15 a.m. and a contemporary service on Sundays at 9:45 a.m. www.stmatthewsumc.org or 703-978-3500.

The Immanuel Bible Church MOPS group meets on Mondays at 7 p.m. at Immanuel Bible Church, 6911 Braddock Road, Springfield. MOPS is for pregnant or parenting mothers of children from infancy to kindergarten. 703-922-4295 or www.MOPS.org.

First Baptist Church of Springfield, 7300 Gary St., Springfield, has traditional and contemporary Sunday services at 10:30 a.m., Sunday school at 9:15 a.m. Special worldwide services offered at special times throughout the year in English, Spanish and Ethiopian. The pastors are Jim Weaver and Jason Mitchell. 703-451-1500 or www.fbcspringfield.org.

The following is **a list of events at Mount Calvary Baptist Church**, 4325 Chain Bridge Road, Fairfax:

❖Adult Bible Study every Wednesday starting at 7 p.m., Youth Bible Study at 7:15 p.m.

❖Full Praise and Baptism Service at 7 p.m., the last Wednesday of every month

❖Sunday School at 9 a.m.

❖Sunday morning service at 10 a.m., the 4th Sunday of every month

❖Men's Ministry Bible Class, the Saturday before the 4th Sunday of every month

❖Commonwealth Care Center ministry every first and third Thursday night. 703-273-1455.

The Cranford United Methodist Church, located at 9912 Old Colchester Road, Lorton, hosts prayer and healing services on the first Thursday of each month at 6:30 p.m. Worship service is at 11 a.m., and fellowship is at 12:30 p.m.

Bulletin Board

Submit civic/community announcements at ConnectionNewspapers.com/Calendar. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

SENIOR VOLUNTEERS

RSVP, a volunteer network for seniors seeking service opportunities in and around Fairfax County, Arlington County and the City of Alexandria, offers a wide array of opportunities for volunteers 55 and older. RSVP volunteers enjoy flexible schedules, free accident and liability insurance while serving, optional mileage and meal reimbursement and are invited to volunteer group projects and social gatherings. To sign up for an upcoming orientation, email Carly Hubicki at chubicki@volunteerfairfax.org or call RSVP at 703-403- 5360. To learn more about RSVP, visit www.rsvpnova.org.

THROUGH AUG. 25

Summer Lunches. The Fairfax County Public Schools Office of Food and Nutrition Services will be hosting the FEEDS (Food for Every Child to Eat During Summer) BBQ program, a USDA-funded program is free to all children 18 years and under and $2 for adults. There is no registration involved, and open to everyone. Meal service will be provided at the following sites Monday-Friday, 11:30-1 p.m. No service on July 3 and 4. In the Springfield area, FEEDS is offered at the following schools:

- ❖ Springfield Gardens Apartments, 6116 Cumberland Ave.
- ❖ Springfield Square Apartments, 7000 Rhoden Court, starts at noon
- ❖ Chelsea Square Apartments, 5734 Backlick Road, starts at noon

SEPT. 29-30

Fall Children's Consignment Sale. 9 a.m.-8 p.m., at Cameron United Methodist Church, 3130 Franconia Road. Some items are half price on Saturday. To become a seller, email: CUMC.CCS@gmail.com, or visit www.cameron-umc.org/.

ONGOING

Haven of Northern Virginia provides support, compassion, information and resources to the bereaved and seriously ill. To become a Haven volunteer, please call 703-941-7000 to request an orientation. Volunteers must complete a 30-hour training and commit to one year of service answering Haven phones (2.5 hours weekly). Next training is scheduled for fall 2017.

Shepherd's Center of Fairfax-Burke serves those 50 and older who no longer drive. **Volunteer drivers** are needed for trips (Monday-Friday) to medical appointments and companion shopping within the Fairfax/Burke area. **Office workers** are needed to answer phones in the SCFB office (Monday-Friday) to match drivers and those who need rides. Call 703-323-4788.

Positive Parenting Strategies Course. At PHILLIPS, 7010 Braddock Road, Annandale. A series of classes and in home consultations taught by PHILLIPS' counselors. Open to all local families. Call Stacy Stryjewski at 703-658-9054.

Thermal Camera Loan Program. Learn where the energy is leaking out of the home with a special attachment for the iPhone or Android. Visit www.fairfaxcounty.gov/energy or call 703-324-5955 for more.

Master Gardener Training. The Fairfax County Master Gardener Association offers plant clinics, home turf training or speakers for homeowner's meetings. Fees vary. Visit fairfaxgardening.org or call MG Help Desk at 703-324-8556 for more.

Fairfax Rotary Club Meeting 12:15-1:30 p.m. Mondays. American Legion, 3939 Oak St., Fairfax. Meetings with luncheon and program. fairfaxrotary.org.

NARFE Monthly Meeting Every Second Tuesday 11:30 a.m. American Legion Post 177 located at 3939 Oak Street, Fairfax. NARFE Fairfax 737 monthly luncheon meeting. Enjoy lunch accompanied by a special program. Lunch at noon. Cost: $11 Speaker/Program-12:45PM. rrharney2@cox.net 703-501-0020

Civil War Research scholarship to a public or private high school senior who resides in Fairfax, Fairfax City, Prince William County, Manassas City, or Manassas Park from the Bull Run Civil War Roundtable in Centreville, Va. Visit bullruncwrt.org for more.

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An expert is someone who knows some of the worst mistakes that can be made in his subject and how to avoid them.
-Werner Heisenberg

Two, Hopefully for Won

By KENNETH B. LOURIE

Being diagnosed with cancer; then having cancer/living with cancer, is like having a second job. A job that unlike many, requires and/or imposes a 'round the clock-type 24/7 adherence to protocol, policy, procedure, presumptions and principle. To live not like you're dying takes more than scoffing at a country music song that twangs an alternative vision. Believing in what routines you're following and any lifestyle changes you've made allows (I didn't say enables) a cancer survivor to thrive under the most difficult and demanding of circumstances.

Unfortunately for those reading this column looking for answers/guarantees, there aren't any other than: if you abuse the privilege of post-cancer-diagnosis survival, the ends will likely justify the means; meaning, you are responsible for your own actions and "inactions." The prognosis one is given at diagnosis is a reasonably thought out prediction. However, as grim as those words sound and seem at that moment, that prediction is not cast in stone. I'm living proof of that. The words you hear are based on the past. Your ensuing treatment is more about the present and future and what you decide to do living forward. Being open and unassuming, and by 'unassuming' I mean: not taking anything for granted, presuming facts not in evidence, considering that which has happened to somebody else – either good or bad, could happen to you and of course, asking as many questions in as many ways as necessary to get the answers you need, will help you co-exist with this terrible burden. Being diagnosed with a heretofore "terminal" disease presents one with innumerable challenges but not the slim pickin's (choices not the actor) of yesteryear.

Integrating/assimilating all of the facts, fiction and philosophy into one's daily cancer conundrum is a task often complicated by one's day job/intention to remain on that job. The thinking being, at least in my mind/experience: living as normal a life as possible and staying as true to one's usual and customary self as well as to one's wishes, desires, hopes, prayers, etc., will enable (not 'allow' this time) you potentially to live longer and prosper more and trek "where no man has gone before." For us cancer survivors/patients, where we hope to 'trek' is beyond the prognosis given to us by our oncologist.

I can boast of such an accomplishment, but I'd rather write it quietly and consistently as encouragement to others similarly diagnosed and "prognosed" than brag about it loudly. However, the changes/choices I've made might not suit another's personality. I regularly receive suggestions about additional anti-cancer pursuits. Some I embrace, some I don't. Some are conventional (Western), some are alternative (Non-Western). Many sound reasonable and "integratable" into my lifestyle. Many others don't. But given that my life is at stake, how can a suggestion's incompatibility with my personality matter? We're talking life versus premature death here; not sit-down Italian versus take-out Chinese. And though food certainly matters, it is of course to no comparison to living versus dying. Still, I don't always say "yes."

This is the yin and yang of my life and probably the lives of many other survivors of serious/terminal-type diseases. I want to feel like I'm winning. But I'm deathly afraid of losing.

Moreover, I want to live my life as normally as possible, but not if it has adverse consequence. And how would I know anyway? Symptoms can be misleading and scans are quarterly. And though I remain positive about my very negative circumstances, occasionally the reality of those circumstances interfere with that normalcy. When that happens, I usually put pen to paper and try to write myself out of it.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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Newcomers & Community Guide

2017-2018

Gretchen Kernbach and her dog, Bauer, hiking around Burke Lake. Kernbach was an intern/reporter for The Connection this summer. Her story on favorite places in Fairfax Station/Clifton/Lorton area appears on page 3 of the Newcomers & Community Guide.

Photo courtesy of Gretchen Kernback

Fairfax Station ❖ Clifton ❖ Lorton
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Photos by Gretchen Kernbach/The Connection

The path around Burke Lake provides multiple benches overlooking the water.

The seating area behind Peterson's also has mini outdoor games for customers to play at their tables.

Living and Eating in the Great Outdoors

Clifton and neighboring areas of Fairfax Station and Lorton offer good bites and good sites.

By Gretchen Kernbach
The Connection

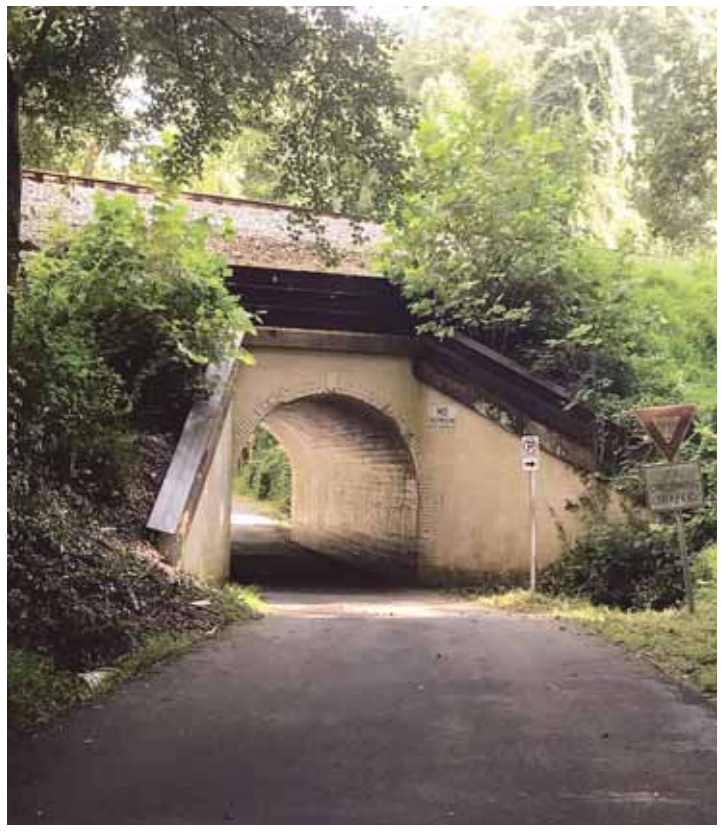
The Clifton area has been my home since I was 7 years old. Thirteen years later, I feel that I have visited a good deal of the old, and new, attractions Clifton and its surrounding areas have to offer. Whether I am hiking or eating (mostly eating), there is a sizeable range of locations I'd recommend visiting.

Historical old town Clifton's charm and antique elegance makes it a cozy location for an afternoon with family and friends. Choices of restaurants include Trummer's on Main, Clifton Café, The Main Street Pub and Trattoria Villagio.

The Café and Pub are considered to be more casual as I would consider Trummer's and Villagio to be fancier. However, all four spots are open for lunch and dinner, making anytime the right time to go.

Additionally, Trummer's, the Café and Pub offer brunch. Trummer's on Sunday. The menus can be viewed on their respective websites.

If you're in the mood for a sweet treat, Peterson's Ice Cream is a short walk from all of the restaurants. Their extensive frozen menu includes homemade hard ice cream, sorbet and gelato, premium soft serve, milkshakes and sundaes. Not to mention, "Clifton Creations," which features dishes like the Presley S'mores Sundae and Sister's Strawberry Shortcake.



Bunny Man Bridge, located on Colchester Road, is associated with an urban legend that started in 1970.

Peterson's wooden sign is a popular photo opportunity.

THE FUN doesn't stop there though. Peterson's doesn't only offer ice cream; they also sell hotdogs, French fries and other hot sandwiches. Order whatever your heart desires and then sit in their homey seating area behind the shop.

Although it is not right on Main Street, just off Chapel Road lies Cupcaked Bakery. Baked fresh every day, the bakery offers a wide range of gourmet cupcakes. Flavors include red velvet, coconut cream pie, French toast, chocolate chip cookie dough, cake batter, and snickerdoodle.

If you're in the mood for a quick scare, first, you have to do your research. The Bunny Man Bridge, located on Colchester Road, is related to an incident that occurred in 1970. Although the story has several variations, they all include a murderous man dressed in a bunny costume. If you dare, drive under the bridge at midnight with a friend.

Stepping away from urban legends, the Bull Run-Occoquan Trail is a great way to relax and enjoy nature, walking alongside nature. The 17-mile trail follows the Bull Run Stream Valley and Occoquan Reservoir. Some segments of the trail may be challenging, but overall it is an easily manageable hike.

Luckily, for those of age, once you finish your hike you can take a short walk over to

See Places To See, Page 11

About the Connection

Photo by Robin Mogle

Local Media Connection writers and photographers won 37 Virginia Press Association awards for work in 2016, including the Virginia Press Association Award for Journalistic Integrity and Community Service. Pictured here from left: John Bordner, Mark Mogle, Mary Kimm, Shirley Ruhe, Tim Peterson, Vernon Miles, Eden Brown, Andrea Worker and Jeanne Theismann.

As your local, weekly newspaper, the Connection's mission is to deliver the local news you need, to help make sense of what is happening in your community, to advocate for community good, to provide a forum for dialogue on local concerns, and to record achievements, milestones and events in the community and people's lives.

Here in our Newcomers and Community Guide, we report on the character of your community, we include details of how to vote in the upcoming elections, information on local government, nonprofits and business organizations, plus tips and tidbits from the community.

In 2016 alone, Connection papers won dozens of awards, including the top Virginia Press award — for Integrity and Community Service, for our coverage of police reform and related issues.

We invite newcomers and long-time residents alike to let us know how we're doing and let us know what is going on in your part of the community. If you have questions or ideas, send us an email. We invite you to send letters to the editor or to send an email with feedback about our coverage.

We want to know if someone in your family or your community published a book, started a business, became an Eagle Scout, raised money for a good cause, accomplished some feat like running a marathon, supporting a cause or having art included in an art show. We publish photos and notes about personal milestones and community events, including births, engagements, weddings, anniversaries, awards and obituaries.

We are also interested in events at your church, mosque, synagogue, community center, pool, school, club, etc. Email us a note about the event, being sure to include when and where the photo was taken and the names of all the people who are in a photo.

We also publish notes about news and events from local businesses. Notes about openings, new employees and anniversaries are welcome. It is especially important to us to let people know about events ahead of time in our calendar of events. We appreciate getting notice at least two weeks ahead of the event, and we encourage photos.

Your community Connection newspaper is one of 15 papers published by the independent, locally owned Local Media Connection LLC, serving the suburbs of Metropolitan Washington in Northern Virginia and Potomac, Md.

Our flagship paper, the Alexandria Gazette Packet, is one of the oldest continuously publishing papers in the country, beginning publication in 1784.

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— Mary Kimm
mkimm@connectionnewspapers.com

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List of Nonprofits in Fairfax County

❖ **Cornerstones**, 11150 Sunset Hills Road, Suite 210, Reston, serving Reston and Herndon. 571-323-9555, www.cornerstonesva.org. Nonprofit providing support and advocacy for those in need of food, shelter, affordable housing, quality childcare, and other human services. Programs and services include the Embry Rucker Community Shelter, Emergency Food Pantry, Hypothermia Prevention Program, Thanksgiving Food Drive, Gifts for Kids and annual Coat Drive. Alacia Earley at 571-323-9568 or alacia.earley@cornerstonesva.org.

❖ **SHARE** of McLean operates a food pantry; provides assistance to families to avoid eviction, keep utilities on and meet other needs in a crisis. Share of McLean will provide holiday assistance to more than 250 needy families (630-plus people) this year. Each family will receive a grocery gift card in November along with a bag filled with pantry staples and traditional items. In December, our families will be welcomed to a festive party, served a light meal, and Santa will travel all the way from the North Pole to take photographs with the children. Each person will receive a "wish" gift and families will be given a grocery gift card, a bag filled with toiletries, and a jug of laundry detergent. Help us help our neighbors in need by fulfilling a wish or donating Walmart, Target, Giant, or Safeway gift cards. Contact Chris Wilbur at ShareWishes@gmail.com for more information. Visit www.shareofmclean.org for more info about Share.

❖ **Herndon-Reston FISH** (Friendly Instant Sympathetic Help), 336 Victory Drive, Herndon, 703-391-0105 herndonrestonfish.org Herndon-Reston FISH has assisted local residents in short term crises by since 1969. FISH provides Friendly Instant Sympathetic Help by responding to emergency requests for rent, transportation, utilities, medical prescriptions and other needs. FISH operates The Bargain Loft, a thrift store, which needs donations of good quality saleable items, accepting and selling art, furniture, jewelry, household linens, dishes, pots and pans, books, women's designer clothing (clean and on hangers), puzzles, games, collectibles, small electronics and much more. If you have store questions, call 703-437-0600. Herndon-Reston FISH also provides Holiday Food & Gift Baskets during the November and December season.

❖ **LINK**, serving Herndon, Chantilly, Loudoun and more. Every year the goal is to provide each family with a week's worth of non-perishable food in November and again in December. When funds allow, grocery gift cards are also included. In November, clients also receive a voucher for coats and warm clothing. In December, children 16 and under receive gifts.

See Give Locally, Page 9

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$99.00 New Patient Special Discount
Initial Exam, 4BW X-Rays, Prophy (Cleaning)
Extra x-rays not included. Not valid with insurance. Expires 11/30/17

Brighten the new school year with a Zoom! In-Office Whitening Consult
FREE Patient must have had exam within last 6 months & X-rays within last 12 months. Extra x-rays not included. Not valid with insurance. Expires 11/30/17

Dr. Erika A. Anderson

Burke Professional Center, 5212-B Lyngate Ct., Burke, VA 22015 • www.northernvirginiasmiles.com

How To Vote

Every year is election year in Virginia; mechanics and details of voting require attention to detail.

Voting early if you qualify is a good choice.

There are 19 valid reasons to vote absentee in Virginia, including working and commuting to and from home for 11 or more hours between 6 a.m. and 7 p.m. on Election Day. Check the Virginia Department of Elections list to see if you are eligible: elections.virginia.gov/casting-a-ballot/absentee-voting/index.html

There are two ways to vote absentee, in-person and by mail. To do either, you should first check your voter registration status to make sure it is up-to-date. Then you will need to apply for an absentee ballot. Note: If you vote absentee in-person you will fill out the application when you arrive at the in-person absentee location (see locations below). Voting absentee by mail? Read below for the process of applying for your mail-in ballot.

You can now apply for an absentee ballot online with the state's new Citizen Portal. You will need your Social Security Number and information on your Virginia Driver's License to complete the application. Information is also provided on how to apply if you do not have a driver's license.

Virginia Voter ID

Virginia has voter identification requirements, plan to bring photo identification with you to vote, whether that is absentee or on Election Day.

Among accepted ID: valid Virginia Driver's License or Identification Card; valid Virginia DMV issued Veteran's ID card; valid U.S. Passport; other government-issued photo identification cards issued by the U.S. Government, the Commonwealth of Virginia, or a political subdivision of the Commonwealth; valid college or university student photo identification card from an institution of higher education located in Virginia; valid student ID issued by a public school or private school in Virginia displaying a photo; employee identification card containing a photograph of the voter and issued by an employer of the voter in the ordinary course of the employer's business.

Any registered voter who does not have one of the required forms of identification can apply for a free Virginia Voter Photo Identification from any general registrar's office in the Commonwealth. Voters applying for the Virginia Voter Photo ID complete the Virginia Voter Photo Identification Card Application, have their picture taken, and sign the digital signature pad. Once the application is processed, the card will be mailed directly to the voter.

A voter who does not bring an acceptable photo ID to the polls will be offered a provisional ballot.

Provisional Ballot Process for Voters Who Arrive Without ID

If you arrive at your polling place on Election Day without an acceptable form of photo identification, don't panic or give up. You will be given the opportunity to vote a provisional ballot. After completing the provisional ballot, the individual voting will be given written instructions from the election officials on how to submit a copy of his/her identification so that his/her vote can be counted.

A voter will have until noon on the Friday following the election to deliver a copy of the identification to the local electoral board or to appear in person to apply for a Virginia Voter Photo ID Card. Voters may submit a copy of their ID via fax, email, in-person submission, or through USPS or commercial delivery service. Please note that the copy of the ID must be delivered to the electoral board by noon on Friday, or the provisional ballot cannot be counted.

Also by noon on Friday following the election, the voter may appear in-person in the office of the general registrar, in the locality in which the provisional ballot was cast, and apply for a Virginia Voter Photo ID Card. At the completion of the application process, the voter may request a Temporary Identification Document. This document may be provided to the electoral board to suffice the identification requirement.

General Election Day, Tuesday, Nov. 7

On Election Day Polls are open from 6 a.m.-7 p.m., Nov. 7.

To determine whether eligible and registered to vote in this election, visit the Virginia Department of Elections website at elections.virginia.gov/ or call Fairfax Elections office at 703-222-0776.

To vote on Tuesday, Nov. 7, 6 a.m.-7 p.m. (General Election)

❖ Register/update address by: Monday, Oct. 16.

❖ Request absentee ballot by mail by: 5 p.m. Tuesday, Oct. 31.

❖ Vote early (in-person absentee ballot by appearing in person by 5 p.m. Saturday, Nov. 4.

For more information on voting in Fairfax County:

Voter Registration: 703-222-0776, TTY 711

Absentee Fax: 703-324-3725

Email: voting@fairfaxcounty.gov

Election Officer Info: 703-324-4735, TTY 711

School Bonds on Ballot

There is a $315 million public school bonds referendum on the Nov. 7 general election ballot. If approved by voters, the Fairfax County Public Schools' current plans to use this bond money are to:

❖ Plan and/or construct two new elementary schools, one in Fairfax/Oakton area and another in the Northwest county area.

❖ Relocate one modular building

❖ Plan additions at three existing high schools to add capacity at Madison, Stuart and West Potomac.

❖ Plan and/or construct renovations of 10 elementary schools, three middle schools and two high schools.

See www.fcps.edu/about-fcps/facilities-planning-future/2017-school-bond-referendum.

Special Election

Aug. 29, 2017 Special Election, School Board At-Large

All county polling places will be open on Aug. 29 to fill a vacancy for member, School Board At-Large for the remainder of the present term of office which expires Dec. 31, 2019.

In-Person Absentee voting is underway until Aug. 26

❖ Aug 26: Final Day In-Person Absentee Voting

❖ Aug 29: Absentee Ballot Return Deadline, 7 p.m.

Four candidates are on the ballot:

Chris S. Grisafe

Sandra D. Allen

Karen A. Keys-Gamarra

Michael H. Owens

For more on the school board race, see www.connectionnewspapers.com/news/2017/jul/31/low-turnout-high-stakes-special-election-school-bo/

ON THE BALLOT in Fairfax County:

Governor
Ralph S. Northam (D)
Edward W. "Ed" Gillespie (R)
Clifford D. Hyra (L)

Lieutenant Governor
Justin E. Fairfax (D)
Jill H. Vogel (R)

Attorney General
Mark R. Herring (D)*
John D. Adams (R)

House of Delegates (100) (2-year term)

34th District
Kathleen Murphy (D) incumbent
Cheryl Buford (R)

35th District
Mark Keam (D) incumbent, unopposed

36th District
Ken Plum (D) incumbent, unopposed

37th District
David Bulova (D) incumbent, unopposed

38th District
Kay Kory (D) incumbent
Paul Haring (R)

39th District
Vivian Watts (D) incumbent, unopposed

40th District
Donte Tanner (D)
Tim Hugo (R) incumbent

41st District
Eileen Filler-Corn (D) incumbent, unopposed

42nd District
Kathy Tran (D)
Lolita Mancheno-Smoak (R)

43rd District
Mark Sickles (D) incumbent, unopposed

44th District
Paul Krizek (D) incumbent, unopposed

45th District
Mark Levine (D) incumbent, unopposed

46th District
Charniele Herring (D) incumbent, unopposed

47th District
Patrick Hope (D) incumbent, unopposed

48th District
Rip Sullivan (D) incumbent, unopposed

49th District
Alfonso Lopez (D) incumbent
Adam Roosevelt (R)

53rd District
Marcus Simon (D) incumbent
Mike Case (I)

67th District
Karrie Delaney (D)
Jim LeMunyon (R) incumbent

86th District
Jennifer Boysko (D) incumbent
Linda Schultz (R)

Photos by Steve Hibbard/The Connection

Jayden Harrison, 9, of Hanover, Pa., visits with historic re-enactors at Gunston Hall, Thomson Mason, a.k.a. John Murphy, and Col. George Mason, a.k.a. Doug Cohen.

Summer Saturdays at Gunston

Gunston Hall in Mason Neck, Lorton, offers a Summer Saturdays program for children ages 5-12 that explore aspects of life in 18th century at Gunston Hall and Virginia. From living history programs to special archaeology tours, the program that runs from June through August gives guests an inside look at the many faces of Gunston Hall. On Saturday, Aug. 12, the theme was children's games, and visitors could play the same games that George Mason's family used to play. The next two Saturday programs will be food and 18th century cooking techniques, and then dirt, or archaeology and laundry activities.

"All of our activities are connected to things that would have been going on at

See Saturdays, Page 15

The exterior of Gunston Hall, which was built between 1755-1759, in Mason Neck, Va. It has been a museum since 1951.

We didn't inherit the earth from our parents. We're borrowing it from our children.

—Chief Seattle (1788-1866) Suquamish/ Duwamish chief

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Welcome

Exercise your right to vote!

Tim Hugo Delegate

As our Delegate, Tim Hugo is a proven leader who is working hard for our community.

Vote Tuesday, Nov. 7

Working to improve the quality of life for every citizen in the 40th District.

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Welcome to Fairfax County: 'Work Hard, Play Hard'

By Sharon Bulova
Chairman
Fairfax County Board of Supervisors

Welcome to Fairfax County, one of the greatest places in the nation to live, work, play and raise a family. Fairfax County is home to a thriving business community, vibrant entertainment and shopping destinations, a world class university, beautiful parks and a diverse population of engaged residents. Whether you are a long time resident or new to the county, I hope you'll take some time to visit some of our most popular spots and enjoy what Fairfax County has to offer.

Tysons Corner Center, Fair Oaks Mall, Reston Town Center, Fairfax Corner, Springfield Town Center and the Mosaic District are great places to shop, eat and spend time with friends. For cultural destinations, George Washington's Mount Vernon Estate, Wolf Trap National Park for the Performing Arts and the Workhouse Arts Center in Lorton are some of my favorites. For fresh air and exercise, I recommend our extensive network of trails, parks and RECenters.

While there are a lot of fun things to do in Fairfax County, our community is notorious for our "work hard, play hard" ethic. Time Magazine has described us as the epicenter of the Washington region's job boom and one of the great economic success stories of our time. Fairfax County is home to nine Fortune 500 company headquarters, approximately 9,000 tech businesses and over 116 million square feet of office space.

Fairfax County has one of the best public school systems nationwide with a graduation rate of nearly 93 percent. Fairfax County Public Schools is the third largest employer in Virginia and the 10th largest school system in the country with more than 189,000 students. After high school graduation, George Mason University and Northern Virginia Community College are located just down the road for affordable higher education opportunities in many different subject fields. Our business-friendly economy offers a wide array of impressive career opportunities for both our older and younger residents.

On the local government level, the Fairfax County Board of Supervisors is constantly hard at work to ensure quality public services for our residents. Our 10-member Board of Supervisors strives to maintain positive community engagement, while strategically planning for the future with land use and infrastructure decisions.

Some recent Fairfax County accomplishments include updating many of our police policies, establishing a Diversion First program for people with mental illness who become involved with law enforcement, and successfully extending Metrorail to Tysons and Reston. Phase 2 of Metro's Silver Line is currently under construction and will extend all the way to Dulles Airport and into Loudoun County.

Fairfax County offers opportunity and quality services for residents of all ages. People from all over the globe have made Fairfax County their home, enriching our community with their diverse cultures and entrepreneurship. In Fairfax County, we believe we must all do our part to set a positive tone of acceptance, inclusiveness and kindness.

As chairman of the Board of Supervisors, I am elected at-large by Fairfax County residents. My office is here to serve you. If you have any questions or concerns, please email me at chairman@fairfaxcounty.gov or give my office a call at 703-324-2321. I hope you will sign up to receive my monthly Bulova Byline newsletter that will keep you up-to-date on what is happening in your new community. I also encourage you to visit fairfaxcounty.gov and fxva.com to see what Fairfax County has to offer you and your family every season and every day. Welcome to your new home.

Striving To Make Democracy Work

The League of Women Voters of the Fairfax Area (LWVFA) is a nonpartisan, volunteer organization composed of men and women who are dedicated to making democracy work. Since it is nonpartisan, it does not support or endorse candidates. It registers voters and provides them with unbiased information about the voting process, issues of interest, and elections. It encourages active participation of citizens by holding candidate forums, so they can meet and ask questions of the candidates who are running for office. It conducts studies of important community issues, has monthly meetings during which members discuss these issues, and uses education and advocacy to influence local public policy in the interest of the public. To learn more about this organization or to join, go to www.lwv-fairfax.org.

Service for Seniors Who Want to Serve

RSVP is the region's largest volunteer network for people 55 and older, providing individualized support to seniors seeking service opportunities in and around Fairfax County, Arlington County and the City of Alexandria.

RSVP offers opportunities for volunteers including providing rides, support and meals to older neighbors, assisting local veterans in need and helping prepare communities for disasters. RSVP also recruits volunteers for community events throughout the year.

RSVP volunteers enjoy flexible schedules, free accident and liability insurance while serving, optional mileage and meal reimbursement and are invited to group projects and social gatherings with other RSVP volunteers.

To sign up for an upcoming RSVP orientation email Carly Hubicki at chubicki@volunteerfairfax.org or call RSVP at 703-403- 5360. To learn more about RSVP, visit www.rsvpnova.org.

Back to FCPS

By Scott S. Brabrand, Ed.D.
Superintendent of Schools

It is great to be back in the Fairfax County Public Schools (FCPS) family! I am returning to FCPS after spending the past five years as superintendent of Lynchburg City Schools. My family is also very excited to be back; my two sons will be attending Fairfax High School this year, the same school where I once served as principal. I always dreamed of coming back to FCPS and it is an honor for me to have the opportunity to lead this amazing school system.

I was a career changer, after doing volunteer work in the schools, and began in FCPS as a social studies teacher in 1994. I also served as an assistant principal at Herndon High and an associate principal at Lake Braddock Secondary School before being named principal at Fairfax High School in 2005. In 2009, I was named the cluster assistant superintendent for schools in the Hayfield, West Potomac and Mt. Vernon pyramids.

As your superintendent, I am making Fridays my school days. I want to visit our schools to understand the work and the challenges our teachers, administrators and employees face, to understand what is happening "on the ground" so I can be better informed when making decisions.

I am committed to following through on the work of my predecessor, Dr. Karen Garza, who established Portrait of a Graduate — the 21st century learning model that our system has embraced — that focuses on the skills necessary for our students to succeed in college and beyond. As a school division, we are committed to achieving this goal for every student, in every classroom, in every school. We can we make this vision happen through …

> I want to visit our schools to understand the work and the challenges our teachers, administrators and employees face, to understand what is happening "on the ground" so I can be better informed when making decisions.
>
> **Scott S. Brabrand, Ed.D., Superintendent of Schools**

Excellence: We need to make sure every student and family has an excellent experience during their time with us. This also requires our employees to be fully invested in the important work they do every day.

Equity: FCPS is a microcosm of the world with students and families who come from all backgrounds and cultures. We will ensure that all students reach Portrait of a Graduate outcomes by addressing opportunity, access and attainment gaps. Every child, by name and need, can succeed with the proper support.

Effectiveness: We need to ensure that FCPS is being effective and efficient. One step I am taking is to narrow down our strategic plan in order to focus our efforts on achievable priorities that we can do well this year as a school division. We will align our resources to these priorities.

Expectations: I want our employees to love kids. The personal connection that our students feel with their teachers and all of our employees is critical to their success. I want our employees to love teaching and learning which I know will positively impact a child every day, and I want our employees to be professional in their work and role models for our students.

All of the challenges we face as a community and a country can best be solved through public education and FCPS can and will lead the way.

I wish all students, teachers, and parents a very successful school year and I look forward to seeing you in your schools!

Where to Give Locally

From Page 5

holiday@linkagainsthunger.org. 703-437-1776, www.linkagainsthunger.org.

❖ **Committee for Helping Others** (CHO), Vienna, organized in 1969 by a group of churches and individuals in the Dunn Loring, Merrifield, Oakton, Vienna community to provide simple, loving charity to those in need. Last year 450 children had a special Christmas through the annual Christmas Store. 703-281-7614, www.cho-va.com

❖ **Northern Virginia Family Service**. Just $50 provides a complete holiday meal to a family of four. Donate at give.nvfs.org/holidaydonation or via check payable to "NVFS" with "Operation Turkey" on the memo line, or send grocery store gift cards. Northern Virginia Family Service, attn: Holiday Initiatives, 10455 White Granite, Drive, Suite 100, Oakton, VA 22124.

❖ **Second Story** — Abused and Homeless Children's Refuge, 2100 Gallows Road, Vienna, VA 22182, 703-506-9191. Second Story (formerly Alternative House) provides shelter and services for homeless, runaway or abused teenagers, unaccompanied youth, and young mothers and their children. Requests for food and clothing are up more than 50 percent. second-story.org.

❖ **Shepherd's Center of Oakton Vienna** providing services, personal enrichment, volunteer opportunities for adults 50 and over. Currently serving 3,000+ mature adults in the region. 703-281-0538, www.scov.org

❖ **Western Fairfax Christian Ministries** — food pantry at 13981 Metrotech Drive in Chantilly. For more information or to sponsor a family, call 703-988-9656, ext. 105. To mail gift cards or send donations by check, add a note saying "food basket program" and send them to: WFCM, P.O. Box 220802, Chantilly, VA 20153. 703-988-9656.

❖ **HomeAid** builds and renovates facilities that house the homeless, and partners with many local organizations to do so. 3684 Centerview Drive, Suite 110B, Chantilly, VA 20151. www.homeaidnova.org/

❖ **FACETS** helps parents, their children and individuals who suffer the effects of poverty in the Fairfax area, a partner in efforts to end homelessness in Fairfax County. FACETS is always in need of volunteers, and offers a variety of one-time and ongoing opportunities. 703-865-4251 or volunteer@facetscares.org. www.facetscares.org. 10640 Page Ave., Suite 300, Fairfax VA 22030

❖ **Britepaths** will have 3,000 individuals and families in need of holiday assistance list this fall. Sponsor a family or donate to provide a family with a Thanksgiving meal, December holiday meal and/or gifts for their children. Join Britepaths at Wine & Wonderment, Nov. 15, at 2941 Restaurant britepaths.org

❖ **Fairfax City Area FISH** (For Immediate Sympathetic Help) helps local people who are in temporary need of life's basic necessities such as food, clothing, and financial assistance for rent, mortgage payments, utilities, and medical treatments. FISH also provides limited transportation for doctor appointments and food delivery. 703-222-0880 fairfaxfish.org/

❖ **Lamb Center,** www.thelambcenter.org, day center for homeless, Fairfax 703-691-3178.

❖ **Food for Others** provides a safety net for people who suddenly face unforeseen emergencies such as a family illness or the loss of a job or a spouse. Located at 2938 Prosperity Ave., Fairfax, VA 22031, 703-207-9173. 2938 Prosperity Ave. info@foodforothers.org Hours: Monday-Friday, 9:30 a.m. – 5 p.m. www.foodforothers.org

❖ **Ecumenical Community Helping Others** (ECHO), 703-569-9160. Open to receive donations at 7205 Old Keene Mill Road, Springfield. Provides food and financial assistance to those in short-term emergencies, and provides clothing and household goods to low income families, helping more than 5,000 people last year. www.echo-inc.org.

❖ **Lorton Community Action Center** (LCAC) will provide Thanksgiving and Holiday assistance to more than 450 families this year. Thanksgiving and Christmas food baskets along with fulfilling gift wishes for more than 1,000 children and teens will help low-income families More information at lortonaction.org/seasonal-assistance. Volunteers are needed for these events as well. Register online at lortonaction.org or call 703/339-5161, ext. 140.

Jubilee Christian Center
"A Caring & Spirit-Filled Church"

Worship Gathering – Sunday 8:45, 11 am & 6 pm
Sunday School (Life Groups)10:10 am
"Beyond the Limits" Youth - Sunday 6 pm - Pastor Randolph Houston
Family Night for all ages, Wed. 7:15 pm
Children's Ministries & Nursery at All Services - Emily Nelson, Children's Director
Home Life Groups & Sports Ministry
Discipleship – Mike Colón, Associate Pastor
George Mason Chi Alpha College / Young Adult Ministry - Caleb Yirdaw
Senior Adult Ministries - Roy Dunn
Visit our website: www.jccag.org
Check out www.WeAreThePeople.me to pray with us for America
Patriot Day Prayer Walk in Fairfax City, Sunday Sept 10, 4:30-5:30 pm

4650 Shirley Gate Road, Fairfax
Bill Frasnelli, LEAD PASTOR, 703-383-1170
"Loving People to Life"

"The Fairfax is like a cruise ship."

—Colonel Philip (Phil) J. Saulnier, USA, Retired and Judith (Judy) Saulnier, Residents at The Fairfax for 3.5 Years

"There are many reasons that we moved to The Fairfax. The beautiful and spacious grounds, the activities, medical care, not having to cook anymore... The Fairfax is like a cruise ship—you have everything available to you. Most important was the true financial value of the LifeCare program as well as the potential tax advantages available to us. It was the smartest lifestyle and financial decision we ever made."

Visit TheFairfaxRetirement.com for more information or call to schedule a personalized tour today.

The Fairfax is a LifeCare Community in Fort Belvoir, VA, offering luxury retirement living.
9140 Belvoir Woods Parkway, Fort Belvoir, VA
703-799-1200 | TheFairfaxRetirement.com
The Fairfax
A SUNRISE SENIOR LIVING COMMUNITY

Lorton Community Action Center

LCAC has been serving the community for over 42 years!

You can help your neighbors by getting involved with one of LCAC's many programs and events.
- Food pantry
- Complete the Circle
- Spring Gala
- Lorton's Attic Thrift Store
- Tutoring Program
- Thanksgiving, Warm Coat and Christmas Outreaches
- Adult, Group and Youth Volunteer opportunities

See our website for ways to be involved or call 703/339-5161, ext. 140!

LortonAction.org Donate. Volunteer. Shop

CFC Combined Federal Campaign

LCAC's mission is to enhance the quality of life by providing food, basic needs and self-sufficiency programs through the generous support of our community.

GuideStar GOLD PARTICIPANT

CFC# 58126

To cut costs, some of the plants were raised from seeds.

In April, the sprouts soaked up the spring sunshine before being transplanted to the garden in May.

The strawberries were the first to be caged for varmint protection, and the first to be eaten.

In July, tomatoes appeared, although this first batch was eaten by something.

In late August, the tomatoes were BLT sandwich-bound.

Learning, Sweating, and Reaping What You Sow

By Mike Salmon
The Connection

In My Own Words

It looked easy when I leaned over the fence of a local community garden last year, mentally planning my own garden with several types of tomatoes, corn, beans and a couple of cucumber vines overwhelming the fence, weighted down with "cukes," that would soon be in my salad. The unseen battle with weeds, bugs, a family of groundhogs and other furry creatures that munch plants down to the nub are part of the deal too, but didn't dampen the spirit of my community garden. My first year this year will be a learning experience for next year's garden, and years after that.

The Fairfax County community gardens are available through the park service for $125 a year. On the county website, I read the long list of rules for this project, and then found a plot that is relatively close to my house and got on the waiting list for one to be available. I was finally matched up with a 20x30 foot plot in the Grist Mill Park near Mount Vernon that would soon be my home away from home for the duration of the summer. In January, the plot was nothing but weeds and grass that was about 3 feet tall. After hours of hacking away, I discovered that there were six beds underneath that would be perfect for my plan. I read books, watched videos on YouTube, talked with other gardeners and came up with a loose plan that wouldn't cost me too much.

March came around, and I researched the planting process that began with soaking seeds in wet paper towels, putting them in a pitch black closet for a few weeks, then to empty egg cartons and biodegradable pots, and then to the garden. May 1 is the preferred date for the freeze line, and off I went with my shovel and seedlings. Disappointment set in later in May when I discovered my corn stalks nibbled off to the dirt, and the same with my zucchini, sunflowers and 20 tomatoes that were still green. Chatter around the garden pointed the blame at the family of groundhogs that lived in the barn. So out came the chicken wire and soon every plant left had a cage over it.

During the summer, I watched the weather, the holes in the fence, and the birds that were tough to defend against. The strawberries were the first to get picked for us to eat, followed by a few blueberries, and then tomatoes. The peppers, which I had grown from seed, along with the cucumbers, didn't come until later in August, but were good to eat as well. The two beds that went without plants became a mass of weeds in a matter of weeks, and it was soon discovered that a layer of newspaper with mulch on top was a good way to fight the weeds, although some in the garden did use weed killer, a practice frowned on by the die hard gardeners.

This fall, when the tomatoes are dried and shriveled, and the weeds have died down, next year's plan will come together and the work will start all over again. I can hardly wait.

To get your own garden, go to the Fairfax County website, (www.fairfaxcounty.gov/parks/greenspring/plots.htm), find a location near your residence and get on the waiting list. Similar to the whole gardening experience, this takes patience as well, and then a certain level of commitment when taking over a plot.

Fairfax County Park Garden Plot Locations

Baron Cameron, 11300 Baron Cameron Ave., Reston – 32 plots
Broyhill Crest Park, 7128 Murray Lane, Annandale – 15 plots
Eakin Community Park, 8515 Tobin Road, Fairfax – 20 plots
Franconia Park, 6432 Bowie Drive, Springfield – 86 plots
George Mason Park, 9700 Braddock Road, Fairfax – 46 plots
Grist Mill Park, 4710 Mount Vernon Memorial Highway, Alexandria – 45 plots
Lewinsville Park, 1659 Chain Bridge Road, McLean – 142 plots
Nottoway Park, 9537 Courthouse Road, Vienna – 128 plots
Bo White Gardens (Pine Ridge Park), 3401 Woodburn Road, Annandale – 156 plots

Photos by Mike Salmon

From the community garden at Grist Mill Park in the Mount Vernon area, the barn creates a farming atmosphere.

When first taking over Plot 29 at the Grist Mill Park community garden, the weeds ruled.

Under the weeds, there were raised beds.

This community garden continues to thrive into late summer.

Places To See

From Page 3

Paradise Springs Winery. Seating options are available on the front patio or lawn, inside the tasting room, on picnic tables next to the vineyard or on the enclosed back porch. Food pairings are also available for purchase and live music occurs on most Saturdays and Sundays.

MOVING THE FOCUS over to Fairfax Station, a short drive from the town of Clifton, is the well-known, classic park of Burke Lake. It has been around for generations, racking up memories and character. There really are endless activities available to do for visitors of all ages. Burke Lake Park has been a site I have been visiting since I was in first grade, attending nature camp.

Within the park grounds is a mini-golf course, an ice cream parlor, a couple playgrounds, a fitness course, a disc golf course, a carousel, a miniature train and much more. This past year the driving range went under renovations and has been back up and running all summer.

The marina is open for rowboat and kayak rentals as well as those with electric motors. Fishing is encouraged as tackle and bait is available for purchase. Boat tours are also given weekends running from April to October. Last but not least, campgrounds are also accessible to visitors.

Similar to Burke Lake are a couple other parks: Fountainhead Regional Park in Fairfax Station and Hemlock Overlook Regional Park in Clifton.

In Lorton, you will find Mason Neck State Park, Gunston Hall and Pirate's Cove Waterpark.

Mason Neck allows for hiking, biking and fishing. Gunston Hall is a memorial to George Mason that provides special programs for adults and kids to educate themselves about its history. For those with young children looking to fill their kids' love for waterslides, visit Pirate's Cove.

Although I do not venture into Lorton often; each spot is commonly known as a safe, outdoors area that can take up a day's time.

Northern Virginia is definitely one to offer outdoor fun. Growing up was anything short of boring and inactive. Still to this day, I visit Burke Lake to walk around and grab an ice cream cone from Peterson's in the afternoon. You simply cannot outgrow Clifton and its neighboring locations.

Gretchen Kernbach of Clifton was an intern/reporter with the Connection this summer. She is sharing with newcomers to the area her favorite places in Clifton, Fairfax Station and Lorton.

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aquinasmontessorischool.com

Viewpoints

What is your favorite spot in the area you'd like to take someone to?

Justin Sheppard, Manager at Ciao Ostera, Burke

"I would take someone visiting me to Clifton at The Main Street Pub. The atmosphere is great and the food is delicious. After eating, the downtown area is great to walk around in."

Morgan Assel, Student at University of Virginia, Clifton

"Peterson's is one of my all-time favorite places to go. I like that they have both ice cream and food so that there's something for everyone. It's a place for people of all ages to go and enjoy some yummy ice cream."

Nacho Fernandez, Bar back at Coastal Flats, Centreville

"One of the places I would take a newcomer is Bunny-Man Bridge. I enjoy telling the story and the history of this place. It is such a scary and haunting place that will give anyone a thrill whether it is their first visit or their one-hundredth visit."

Richard Wright, Director, Office of Safety, Health and Environmental Management, Smithsonian Management, Clifton

"I like hiking along the Bull Run trail in Clifton, starting in Balmoral and going all the way to Hemlock Overlook Park and back. It's a great hike along the Bull Run, always scenic, quiet and historic. It's a great way to relax after a hectic week commuting to D.C."

Tim Harmon, Defense Contractor, Springfield

"Paradise Springs is rustic and contemporary all at the same time. They have a friendly and knowledgeable staff. Throw in the live music and you have a great afternoon."

— Compiled by Gretchen Kernbach

Area Interstates Have Toll Lane Options

Latest addition, 395 Express Lanes, are scheduled to be opened in 2019.

By Mike Salmon

The introduction of the "express lanes," on area highways have made tolls commonplace for anyone driving in the Northern Virginia area. These lanes on I-95, I-495, and I-395 are outfitted with overhead sensors instead of booths, and everything is done with the E-Z Pass or the E-Z Pass Flex which has a feature for high occupancy vehicles (HOV) to avoid the tolls by carpooling. The variable toll amount is calculated by traffic levels at that time, and this price is reflected on the overhead digital signs.

On I-495, commonly known as the Capital Beltway, the 495 Express Lanes stretch 11 miles from Springfield in the south to a point just past the Dulles Toll Road in the McLean area. These are two lanes in each direction that are in operation 24-hours a day.

The 95 Express Lanes stretch 29 miles from Alexandria inside the beltway, south to Route 610 in Stafford County. These lanes are "reversible," meaning they are heading northbound in the morning, and southbound in the afternoon and evenings during the week, and almost entirely southbound on the weekend.

The 395 Express Lanes are a continuation of these lanes inside the beltway, ending at the Potomac River. This project is just getting underway, and are scheduled to be opened in 2019. For now, the northern stretch of HOV lanes is still operating under the old rules, that requires a minimum of three passengers during rush hours, and open to anyone during non-rush hours.

In December this year, I-66 inside the beltway, from Arlington to Falls Church, will be a tolled facility but only on the eastbound lanes in the morning and westbound lanes in the afternoons. It will be toll-free for vehicles with at least two passengers for now, but that HOV requirement will change to HOV-3 in a few years when the I-66 express lanes outside the beltway open in 2022. In addition, the Virginia Department of Transportation is adding an additional lane on the eastbound side only, from the Dulles Access Road to Fairfax Drive, a distance of four miles.

On I-66 outside the beltway, officials are building one lane in each direction for 22 miles from Vienna to Gainesville, and there will be two express lanes on each side, similar to I-495. This project, priced at $2.3 billion, is expected to be done in 2022.

The Dulles Access Road and the Dulles Greenway are toll facilities also but the access road still takes change as well as the E-Z Pass, and neither road has an HOV exception.

Photo by Mike Salmon

This toll gantry in Arlington is not in use yet, and is currently being tested.

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www.kiddiecountry.com

School Notes

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. Deadline is Friday. Dated announcements should be submitted at least two weeks prior to the event.

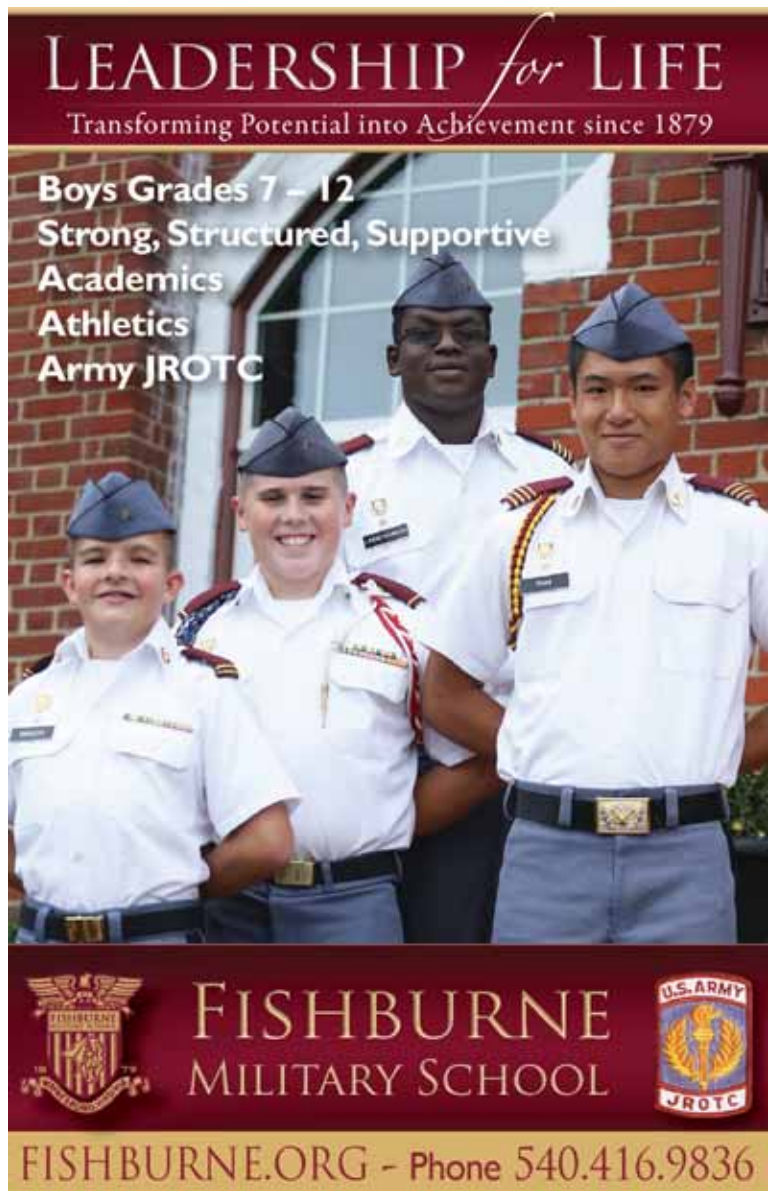
Grace Heffner, of Fairfax, graduated from High Point University (High Point, N.C.).

Walter Morrisette, of Fairfax, graduated from High Point University (High Point, N.C.).

Michael Kitchen and **Amanda Smith**, both of Fairfax, were named to the College Conference of Illinois and Wisconsin Academic All-Conference team. The CCIW Academic All-Conference team consists of letterwinners from CCIW member institutions who achieve a cumulative grade point average of 3.30 or higher.

Trevor Thompson, a native of Fairfax, graduated Cum Laude from Ithaca (N.Y.) College's School of Health Sciences and Human Performance with a degree in athletic training in May 2017.

The following students from the Fairfax area are in the James Madison class of 2021: **Kyle Huott** plans to major in international affairs - BA; **Lizhao Li** whose major is undeclared; **Nathaniel Rummel** plans to major in marketing - BBA; **Grace Knowles** whose major is undeclared; **Sarah Zotian** plans to major in Music - BM; **Ryan Kehoe** plans to major in finance - BBA; **Triem Truong** whose major is undeclared; **Hassan Chaaban** whose major is undeclared; **Kevin Payne** whose major is undeclared; and **Rachel Smith** plans to major in modern foreign lang. - BA.



Year Round Fun

Batting Cage Occoquan Regional Park 9751 Ox Road, Lorton. Open through Oct. 30, Occoquan offers a baseball/softball batting cage, perfect for hitters of all levels, from beginner to expert. Pitching machines have a wide range of speeds, both in baseball and softball, and offers other pitches like curveballs. Batters must use helmets with protective face guards at all times. Cost: 14 balls $1.50 Team Rentals Per Cage: 30 min. $18 60 min. $34 Visit www.novaparks.com/parks/occoquan-regional-park/things-to-do/batting-cage

Kayak Rental Occoquan Regional Park 9-6 p.m. daily through Sept. 30 This park offers hourly and daily kayak rentals for those interested in exploring the river and surrounding. Kayaks are launched from shore and are available in one or two seat configurations. Please note: Pets are not permitted in rental boats.

Rock The Block Free Concert Series 6:30-9:30 p.m. Old Town Square 3999 University Drive, Fairfax. Recurring monthly on the 4th Friday through Oct. 28. Call 703-385-7858.

Stories From Strawberry Park 10-11 a.m. Tuesdays in Mosaic - Strawberry Park, 2910 District Avenue, Fairfax. Enjoy a live interactive performance each week taught by a group of unique storytellers. For ages 10 and under. Held outside in Strawberry Park. In inclement weather and October through April, storytime will be held in Angelika Film Center. Visit www.fxva.com/listing/mosaic-district/2326/

Photos by Mark Mogle/The Connection

Amusement rides were popular at the Celebrate Fairfax Festival.

Thousands turned out for the Celebrate Fairfax Festival in early June.

August 2017

THURSDAY/AUG. 24

Flora Fauna for Kids. 11-11:45 a.m. at Hidden Pond Nature Center, 8511 Greeley Blvd., Springfield. Go on the trail walk and learn about the pond. $5. Ages 3-6. Call 703-451-9588.

SATURDAY/AUG. 26

EqualiTEA. 2-4 p.m. at Gunston Hall, 10709 Gunston Road, Lorton. The event will include afternoon tea, a tour of the Mansion at Gunston Hall, a presentation about the Turning Point Suffragist Memorial, and a gift for each guest from the Preservation Society of Newport County. Dress: Hats and pearls, Suffragist attire welcome. $60. Email pwirth@suffragistmemorial.org.

SUNDAY/AUG. 27

Civil War Reenactment. 1-4 p.m. at Fairfax Station Railroad Museum, 11200 Fairfax Station Road. The Fairfax Station Railroad Museum will host Civil War re-enactors and modern practitioners who will demonstrate medical and rescue practices then and now in commemoration of Fairfax Station's role as an evacuation center during the Battle of Second Manassas in 1862. Museum members, free; adults 16 and over, $4; children 5-15, $2; under 4, free. Information on the museum and shows is at www.fairfax-station.org or call 703-425-9225.

September 2017

FRIDAY/SEPT. 1

Photo Exhibition. 9 a.m.-5 p.m. at Fairfax Museum and Visitor Center. 10209 Main St., Fairfax. "Over There: Americans in World War I" a traveling exhibition from the National Archives and Records Administration showcases photographs from the battle fronts in France, Italy, and Russia, supply and support operations behind the lines, and the Paris Peace Conference, open through Oct. 20. Group guided tours available by reservation, $25. Call 703-385- 8414.

SEPT. 3-4

Model Train Shows. noon-5 p.m. at Fairfax Station Railroad Museum, 11200 Fairfax Station Road. Labor Day Weekend, The Potomac Module Crew members will have HO Scale and others will have a LEGO Model Train Show. Museum members, free; adults 16 and over, $4; children 5-15, $2; under 4, free. Information on the museum and shows is at www.fairfax-station.org or call 703-425-9225.

FRIDAY/SEPT. 8

Movie Under the Moon. 6:30-9:30 p.m. at Van Dyck Park, 3720 Old Lee Highway, Fairfax. Featuring The Sandlot, starts at 7:30. Free. Visit fairfaxva.gov.

SEPT. 9-10

Burke Centre Festival. 9 a.m.-5 p.m. at the Burke Conservancy, 6060 Burke Centre Parkway. Arts and crafts, live shows, rides, face painting, and festival foods. Visit www.burkecentreweb.com.

SEPT. 9-20

Northern Virginia Senior Olympics. Various venues around Northern Virginia. Events include badminton, volleyball, bocce, miniature golf, and many more. The basic registration fee is $13. A fee of $1 is required for each event. Additional fees may apply. Visit nvso.us/.

SEPT. 18-OCT. 28

Photo Exhibition. Tuesday-Saturday, 10 a.m.–3 p.m. at The Civil War Interpretive Center at Historic Blenheim, 3610 Old Lee Highway, Fairfax. "Binding Wounds, Pushing Boundaries: African-Americans in Civil War Medicine" looks at the men and women who served as surgeons and nurses during the Civil War and how their service challenged the prescribed notions of race and gender. Free. Call 703-591-0560.

SEPT. 21-24

Golf Tournament. All day at Laurel Hill Golf Club, 8701 Laurel Crest Drive, Lorton. Middle Atlantic Amateur Championship. Visit www.fairfaxcounty.gov/parks/golf/lhgc or call 703-439-8849.

SUNDAY/SEPT. 24

Building a Train Set. 1-4 p.m. at the Fairfax Station Railroad Museum, 11200 Fairfax Station Road in Fairfax Station. Activities include making a sample train layout as well as involvement in demonstrations of railroad artifacts. Museum members and ages 4 and under, free; ages 5-15, $2; ages 16 and older, $4. Craft supplies included in admission. Visit www.fairfax-station.org, or call 703-425-9225.

From left: John Myers as John Rice, plus Carmen Wooden and Fred Eckstein as Margaret and Amos Benson. During the Battle of First Manassas, the Bensons nursed the wounded Rice back to health; 25 years later, he repaid them by donating money to rebuild their church at the annual Fairfax Civil War Day.

October 2017

SATURDAY/OCT. 7

Taste of Fall Feast. 7 p.m. at Stacy C. Sherwood Community Center, 3740 Old Lee Highway, Fairfax. An evening filled with food, entertainment, and a live and silent auction to raise funds to help parents, children and individuals in Fairfax County and City who suffer the effects of poverty. Attendees at the fundraiser can sample food and drink from a variety of Fairfax-area restaurants, wineries and breweries while enjoying music by Pan Masters Steel Orchestra. $50. Visit www.FACETSCares.org or call 703-554-3609.

SUNDAY/OCT. 8

Clifton Day. 9 a.m.-5p.m. The annual Clifton Day is a non-profit event, raising funds for a variety of local organizations. The festival includes arts and crafts, antiques, demonstrations, the Town Market, live music, children's activities and lots of good food. Visit www.cliftonday.com/.

SATURDAY/OCT. 14

41st Fairfax Fall Festival. 10 a.m.-8:30 p.m. Old Town Fairfax, 3999 University Drive, Fairfax. Over 400 arts, crafts, information, food vendors, children's activities and three stages of music and entertainment for all ages. Visit www.fairfaxva.gov/about-us/special-events/fall-festival.

November 2017

TUESDAY/NOV. 7

Election Day. General and special elections. Visit fairfaxcounty.gov/elections/ecalendar.htm

SATURDAY/ NOV. 11

The Robinson Marketplace. 9 a.m.-3 p.m. 5035 Sideburn Road, Fairfax. From home crafters and jewelers. robinsonptsa.membershiptoolkit.com/marketplace

SATURDAY-SUNDAY/NOV. 18-19

2017 Holiday Craft Show. Saturday: 10 a.m.-5 p.m. Sunday: 10 a.m.-3p.m. Fairfax High School, 3501 Rebel Run, Fairfax. Artisans from all over the United States, displaying holiday gift choices. $5 admission fee, $8 for a two day pass. Under 18 years old free. Visit fairfaxva.gov/about-us/special- events/holiday-craft- show

THURSDAY/NOV. 23

Fairfax Turkey Trot. 9 a.m. Grab your friends and family and join us in the heart of Old Town Fairfax for the third annual Fairfax Turkey Trot benefiting the City of Fairfax Fire Department Benevolent Fund. For information on how to register, visit www.runpacers.com/race/fairfax-turkey- trot/.

December 2017

FRIDAY-SATURDAY/DEC. 1-2

Holiday Book Sale. Friday: 10 a.m.-6 p.m. Saturday: 10 a.m.-5 p.m. Burke Centre Library, 5935 Freds Oak Road Burke. Peruse a selection of gently used holiday-themed books collected by the Friends of Burke Centre Library. Visit fairfaxcounty.gov/library/branches/bc/

SATURDAY/ DEC. 2

City of Fairfax Festival of Lights and Carols. 2p.m.-7p.m. Old Town Square, 3999 University Drive. Come enjoy live holiday music, hot cider, s'mores, caroling and the Christmas tree lighting ceremony. Visit www.fairfaxva.gov/about-us/special-events/festival-of-lights-and-carols

WEDNESDAY/DEC. 13

Alphabet Soup. 10:30-11:15am, Burke Centre Library. Stories and activities about letters in the alphabet. Register beginning Nov. 29 at 10:30 a.m. Age 3-5 with adult. Visit www.fairfaxcounty.gov/library/branches/bc/

2018

FRIDAY-SUNDAY/FEB. 2-4

Chocolate Lovers Festival. Friday: 6 p.m-8 p.m. Saturday: 10 a.m.-7 p.m. Sunday: noon-4 p.m. The Chocolate Lovers Festival features activities including the Taste of Chocolate, the Chocolate Challenge, the ever-popular Kiwanis Chocolate Chip Pancake Breakfast, open houses at historic buildings and more. Visit www.fairfaxva.gov/government/parks-recreation/special- events/chocolate-lovers- festival

APRIL 21-28

Historic Garden Week. Visit www.vagardenweek.org/

FRIDAY-SUNDAY/JUNE 8-10

Celebrate Fairfax Fair. 12000 Government Center Parkway, Fairfax. Northern Virginia's largest community-wide celebration. Visit www.celebratefairfax.com or call 703-324- 3247 for more information.

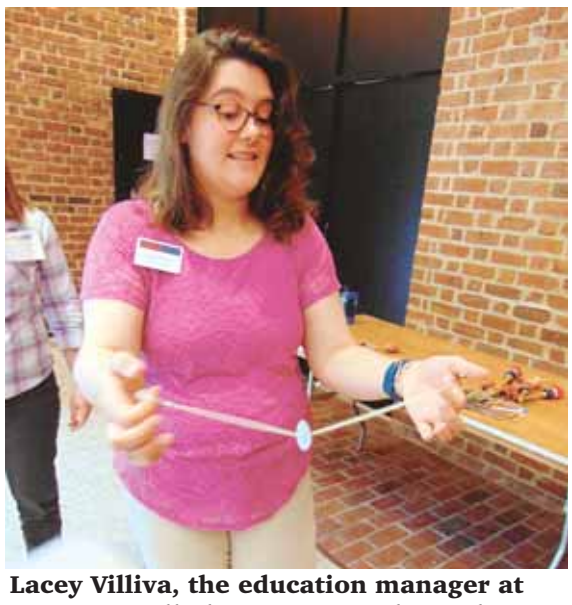
SATURDAY/APRIL 7

The Annual Fishing Derby. Ashby Pond Conservatory, 9817 Ashby Road, Fairfax. Ashby Pond will be stocked with hundreds of trout. Bring a fishing rod, bucket, plastic bag, and ice. Bait will be supplied. 9:30 a.m., 10:15 a.m. and 11a.m. $5 per fisherman. Pre-registration required.

JULY 4

City of Fairfax Independence Day Celebration. Events at various locations around the city. A fun-filled Independence Day celebration in the City of Fairfax. Visit www.fairfaxva.gov/about-us/special-events/independence-day-celebration.

During Summer Saturdays program, volunteer Jessica McEvoy demonstrates how to make a ball and cup, a popular 18th century game, with Lillian Barrett, 8, of Arlington, and Benjamin Snyder, 11, of Carlisle, Pa.



Lacey Villiva, the education manager at Gunston Hall, demonstrates the 18th century game of whirligig.

Saturdays at Gunston Hall

From Page 7

Gunston Hall or things that we know were happening in the 18th century or likely to have happened. So our 18th century games would have been part of a pastime that George Mason and his family participated in potentially with their guests," said Lacey Villiva, education manager at Gunston Hall. She said it varies from week to week, so some weeks they might have children's games, archaeology walking tours, or food samples from 18th century recipes.

She added: "The 18th century recipes are things that while we don't know whether or not George Mason ate them, were definitely things that were being made in Virginia in the 18th century. So it's really a chance to get history to come to life in a way that it might not otherwise."

Future programs at Gunston Hall include the following:

- ❖ Naturalization Ceremony on Sept. 16, 10 a.m.-4 p.m.
- ❖ Archaeology Day on Sept. 30, 10 a.m.-4 p.m.
- ❖ Hearth Cooking Class on Oct. 28 and Oct. 29.
- ❖ Cocktails by Candlelight on Oct. 20, 6-9 p.m.
- ❖ Decorative Arts Symposium on Nov. 2, 9 a.m.-4 p.m.
- ❖ Christmastide at Gunston Hall on Dec. 9,10 a.m.-7 p.m.

Gunston Hall is located at 10709 Gunston Road, Mason Neck, VA 22079. Call 703-550-9220 or visit the website at www.gunstonhall.org.

— Steve Hibbard

Photos by Steve Hibbard/The Connection

Fernanda Rauda, 6, of Woodbridge tries her luck at the ring toss game.

Burke Centre's 40th Anniversary Festival
Rain or Shine!
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Conservancy Grounds
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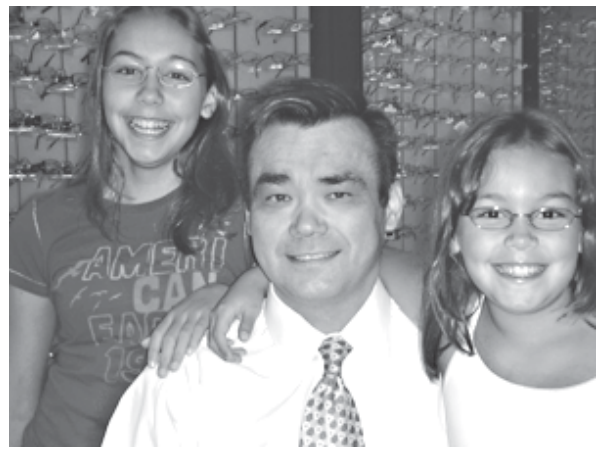

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Parks

An Insider's Guide to Major Parks in the Area

Photos by Mark Mogle, featuring Great Falls National Park
Map by Laurence Foong and design by Jean Card

National Parks

GF Great Falls National Park

9200 Old Dominion Drive, McLean
www.nps.gov/grfa
Great Falls Park is open daily from 7 a.m. until dark. The Visitor Center and bookstore are open from 10 a.m. until 5 p.m. daily, spring through fall seasons. Picnic, hike along the Potomac River. Swimming and wading in the Potomac are prohibited.

GW George Washington Memorial Parkway

www.nps.gov/gwmp
703-289-2500
The GW Parkway includes more than 25 sites, ranging from historic homes to wildlife preserves. Join a ranger for a free program or explore sites independently. Some park sites, including Turkey Run Park, Theodore Roosevelt Island, Great Falls Park, etc., close at dark. The Parkway itself remains open 24 hours a day to vehicle traffic.

WT Wolf Trap National Park for the Performing Arts

1551 Trap Road, Vienna
www.nps.gov/wotr/
The only national park dedicated to presenting the performing arts. From May through September, multiple amphitheaters in the park present musicals, dance, opera, jazz, and popular and country music. Explore the park without the crowds from October - April. The Barns at Wolf Trap offer indoor entertainment through the winter months.

State Park

MN Mason Neck State Park

7301 High Point Rd. Lorton
www.dcr.virginia.gov/state_parks/mas.shtml#
703-339-2385 or 703-339-2380 (visitor center)
masonneck@dcr.virginia.gov.
The park's visitor center was expanded in 2010 to include a new exhibit room, gift shop and meeting room. There are several exhibits in the center, and with a view of Belmont Bay. Visitor center staff can answer questions and provide information on park trails, facilities and local points of interest. Pond study, bird watching, canoe trips, nature walks and talks, and GPS adventures are just a few of the exciting programs offered by park rangers.

Regional Parks

BR Bull Run Marina Regional Park & Atlantis Waterpark

7700 Bull Run Drive, Centreville
www.nvrpa.org/park/bull_run/
www.atlantisbullrun.com/
703-631-0552
Main park open all year for picnicking, hiking and family camping. Bull Run Public Shooting Center open all year. Group Camping open daily Jan. 7 though Nov. 11. Mini and disc golf open April through October. Hours vary. Atlantis Waterpark features pools, a giant dumping bucket, waterslides, and fun-filled activities for all ages. Atlantis is open from Memorial Day weekend through Labor Day, and is a member of the Northern Virginia Regional Park Authority family of Waterparks. Neptune Reef snack bar sells food, beverages and sweets.

CR Cameron Run Regional Park/Great Waves Waterpark

4001 Eisenhower Ave., Alexandria
www.nvrpa.org/park/cameron_run/
www.greatwaveswaterpark.com/
703-960-0767
Cameron Run Regional Park offers a variety of recreation facilities in an urban area, including Great Waves Water Park. Catch a wave in the wave pool, twist and turn down four-story water slides, take a plunge down speed slides, play with friends in the shallow waters of the play pool. The park also features a deluxe miniature golf course, a nine-station batting cage, picnic shelters, and a special events pavilion.

CH Carlyle House Historic Park

121 N. Fairfax Street, Alexandria, VA 22314
www.nvrpa.org/park/carlyle_house_historic_park/
703-549-2997
The historic Carlyle House was completed in 1753 by British merchant John Carlyle for his bride, Sarah Fairfax of Belvoir, member of one of the most prestigious families in colonial Virginia. Their home quickly became a center of social and political life in Alexandria and gained a foothold in history when British General Braddock made the mansion his headquarters in 1755. On the National Register of Historic Places, Carlyle House is architecturally unique in Alexandria as the only stone, 18th-century Palladian-style house. Daily tours of the house, programs for schoolchildren, special events, exhibits and lectures explore the life and times of John Carlyle in pre-Revolutionary Alexandria. The site may be rented in the evenings for private functions and weddings.

FH Fountainhead Regional Park

7315 Ox Road, Fairfax Station
www.nvrpa.org/park/fountainhead/
703-250-9124
The observation deck of the Marina Building at Fountainhead commands a spectacular view of the widest point of the Occoquan Reservoir. Summer activities include catfish tournaments, children's fishing tournament, paddleboat tours and more.

HO Hemlock Overlook Regional Park

13220 Yates Ford Road, Clifton
www.nvrpa.org/park/hemlock_overlook/
800-877-0954; 571-281-3556;
Hemlock Overlook Regional Park offers a variety of outdoor and environmental education. Programs at Hemlock Overlook are open to the public and groups by reservation. Only the hiking and horse trails may be used without prior arrangement.

MBG Meadowlark Botanical Gardens

9750 Meadowlark Gardens Court, Vienna
www.nvrpa.org/park/meadowlark_botanical_gardens/
703-255-3631
This 95-acre complex of large ornamental display gardens and unique native plant collections is open year round and include walking trails, lakes, more than 20 varieties of cherry trees, irises, peonies, an extensive shade garden, native wildflowers, gazebos, birds, butterflies, seasonal blooms and foliage. The Atrium's indoor tropical garden setting is a popular meeting, reception, wedding and workshop location. Interpretive displays accompany a restored 18th-century cabin.

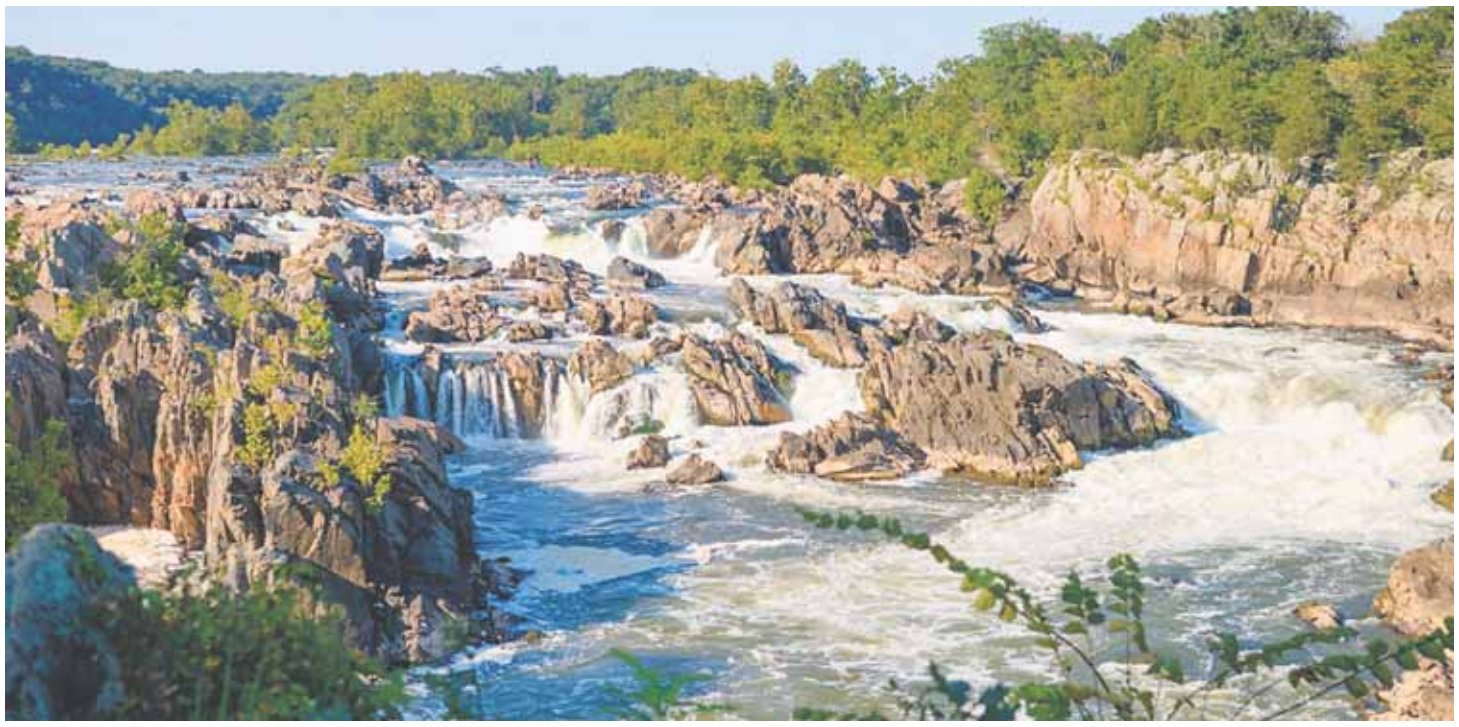
OR Occoquan Regional Park

9751 Ox Road, Lorton
www.nvrpa.org/park/occoquan/
703-690-2121
This park offers 400 acres of recreational space and a touch of the past with its historic brick kilns and the Turning Point Suffragist Memorial. Park lands, trails and associated waters are part of the Fairfax Cross-County Trail. Kayak rentals. One hour Tour Boat Rides on the Occoquan River to Belmont Bay and back. Offered Saturdays noon-5 p.m., Sunday 1- 8 p.m., April 2 through Nov. 27. $10 adults, $5 children 12 and under, under age 4 are free.

PB Pohick Bay Regional Park & Pirates Cove Waterpark

6501 Pohick Bay Drive, Lorton
www.nvrpa.org/park/pohick_bay/
www.piratescovepohick.com
703-339-6102
Pohick Bay is located on the Potomac River, 25 miles south of the nation's capital. The boat launch facility is one of only three public access points to the Potomac River in northern Virginia. Pohick Bay offers canoes, kayaks, paddle boats and jon boats for rent on the weekends, as well as family and group camping, hiking, picnic areas and a large play area for children. The park offers one of the largest, outdoor freeform pools on the east coast. Pohick Bay Regional Park, located on Mason Neck Pennisula is an ecologically fragile land that shelters an abundance of wildlife, including the bald eagle. Pirates Cove Waterpark is located at Pohick Bay Regional Park. Visitors can cool off under the 300-gallon dumping bucket, fire the water cannons and splash down the waterslide or search for buried treasure at Buccaneer Beach sand play area. Pirates Cove

Sources: *National Park Service, Northern Virginia Regional Park Authority, Virginia State Parks and Fairfax County Park Authority. Map courtesy of Fairfax County Park Authority. Designed & compiled by Jean Card and Laurence Foong. Photos by Renée Ruggles.*



also features picnic pavilions, a deck for sunning and playing, as well as plenty of shade. Captain's Galley snack bar features food, beverages and sweets. Pirates Cove is open from Memorial Day weekend through Labor Day.

PB Pohick Bay Golf Course
10301 Gunston Road, Lorton
www.nvrpa.org/park/pohick_bay_golf_course
703-339-8585
This scenic golf course is located on the Mason Neck Peninsula in Lorton. Pohick Bay's practice facility features a driving range with practice putting and chipping greens, and lessons from PGA pros. A full-service pro shop features an array of name-brand golf clubs, equipment and apparel. Other services include club making, custom club fitting, regripping, reshafting and tournament coordinating.

PO Potomac Overlook Regional Park & Nature Center
2845 Marcey Road, Arlington, VA 22207
www.nvrpa.org/park/potomac_overlook/
703-528-5406
On the Potomac Palisades in north Arlington, Potomac Overlook offers 70 acres of peaceful woodland, trails, educational gardens, a small picnic area and a Nature Center. The Nature Center features brand new exhibits called the "Energerium," offering visitors a fun and accessible way to learn energy basics and ways they can help create sustainable energy solutions. The Nature Center also houses live animals and natural history exhibits.

SR Sandy Run Regional Park
10450 Van Thompson Road, Fairfax Station
www.nvrpa.org/park/sandy_run/
703-690-4392
The park is open to the public for the purpose of education, training, practice, and racing for competitive and recreational sculling and rowing. Only shells and other boats authorized by the Northern Virginia Regional Park Authority may be launched from the docks or shoreline of Sandy Run. Sandy Run offers a facility for team training and competition for Olympic, college, high school and club canoe, kayak and crew athletes.

UH Upton Hill Regional Park & Ocean Dunes Waterpark
6060 Wilson Blvd., Arlington
www.nvrpa.org/park/upton_hill/
www.oceanduneswaterpark.com/
703-534-3437 or UptonHill@nvrpa.org
Upton Hill Regional Park offers visitors a wooded oasis in the heart of the most densely populated area of Northern Virginia. A large outdoor water-park complex is a sparkling attraction in this wooded, urban park, which straddles the boundary line between Arlington and Fairfax counties. The deluxe miniature golf course boasts one of the longest mini golf holes in the world; the batting cages include nine baseball and softball cages. The park is open every day for hiking, picnicking, playing on the playground and enjoying the outdoors. Located within Upton Hill Regional Park, Ocean Dunes is loaded with fun features for adults and children.

Arts Center

LAC Workhouse Arts Center
9601 Ox Road, Lorton
www.lortonarts.org
703-584-2900
The Workhouse Arts Center consists of seven studio buildings, the main galleries and the recently opened Youth Arts Center. Visitors are encouraged to interact with artists. In addition to visual arts, the Workhouse Arts Center is home to performing arts, including theater, film institute, musical and dance performances. The education department supports both the visual and performing arts, offering classes and workshops in a variety of disciplines. Future plans for the Workhouse include an event center, amphitheater, Workhouse Theatre, restaurants, apartments, music barn and garden/horticultural area. Other buildings on site, yet to be renovated, may provide for other activities such as a visitors center, a blacksmith shop, theatre scene shops and rehearsal space.

Major Fairfax County Parks

BLP Burke Lake Park & Golf Course
7315 Ox Road, Fairfax Station
volleyball, driving range, 18 hole, par 3, minigolf, trails, playground, campgrounds, fishing
883.4 acres, multiple resource park

CJP Clemyjontri Park
6317 Georgetown Pike, McLean
fitness, picnic areas and playgrounds
18.6 acres, special purpose park

ELP Ellanor C. Lawrence Park
5040 Walney Road, Chantilly
baseballl, soccer/football (unlit), basketball (unlit), community center, nature center, amphitheater, trails
650 acres, multiple resource park

FPF Frying Pan Farm Park
2717 West Ox Road, Herndon
historic structure, biking/equestrian/hiking trails, open areas, playground
135.3 acres, multiple resource park

GSG Green Spring Gardens
4603 Green Spring Road, Alexandria
Community Center, historic structure, biking/hiking trails, open areas, gardens
30.9 acres, special purpose park

HPP Hidden Pond Park
8511 Greeley Boulevard, Springfield
tennis (lit), nature center, amphitheater, hiking/nature trails, playground, fishing
25.6 acres, community park

HMP Huntley Meadows Park
3701 Lockheed Boulevard, Alexandria
nature center, historic structure, biking/hiking/nature trails, observation tower, boardwalk
1444.8 acres, natural resource park

LAP Lake Accotink Park
7500 Accotink Park Road, Springfield
basketball, volleyball, minigolf, trails, picnic
448.1 acres, multiple resource park

LFP Lake Fairfax Park
1400 Lake Fairfax Drive, Reston
softball (lit), soccer/football (unlit), amphitheater, carousel,campground, tour boat, picnic shelters
479 acres, multiple resource park

FRA Lee District Park
6601 Telegraph Road, Franconia
softball, soccer/football, tennis, basketball, volleyball, trails, treehouse, sprayground, accessible playground
138 acres, district park

MDP Mason District Park
6621 Columbia Pike, Annandale
softball (lit), soccer/football (unlit/lit), basketball (lit), tennis (lit), shuffleboard, dog park, amphitheater, biking/hiking/fitness
121.2 acres, district park

NWP Nottoway Park
9537 Courthouse Road, Vienna
baseball (lit), soccer/football (lit),basketball (lit), tennis (lit), trails, picnic
90.9 acres, district park

RBP Riverbend Park
8700 Potomac Hill Street, Great Falls
nature center, historic structure, biking/equestrian/hiking trails, picnic areas, craftroom
411.2 acres, multiple resource park

SRN Scotts Run Nature Preserve
7400 Georgetown Pike, McLean
historic structure, historic/hiking/nature trails, fishing
384.3 acres, natural resource park

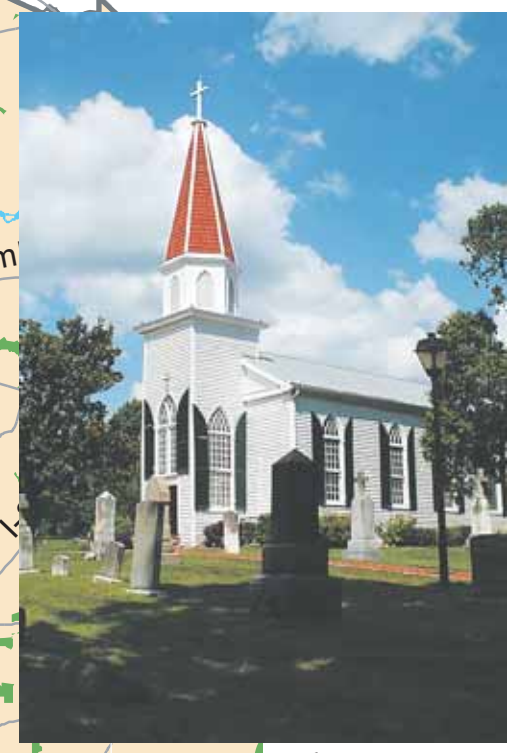
SRD South Run District
7550 Reservation Drive, Springfield
baseball, soccer/football, basketball, tennis, recenter, equestrian, playground, swimming
196 acres, district park

WFP Wakefield Park & RECenter
8100 Braddock Road, Annandale
softball, soccer/football, basketball, tennis, recenter, biking, fitness trail, skate park
292.6 acres, multiple resource park

Parks

A Guide to Fairfax County Parks in the Burke, Fairfax & Fairfax Station/Lorton/Clifton areas

Photos by Mike Salmon
Map by Lawrence Foong
Design by Jean Card



The St. Mary's Church in Fairfax Station, built in 1858, was the site used by Clara Barton to treat some of the wounded from the Battle of Bull Run during the Civil War.

Map Number
Park Name
Address
City
Property Class

1 Carney Park
Government Center Pkwy, Fairfax
Neighborhood Park

2 Willow Pond
13101 Autumn Willow Drive, Fairfax
Community Park

3 Woodglen Lake
10617 Zion Drive, Fairfax
Community Park

4 Silverbrook
9351 Silverbrook Road, Fairfax Station
Community Park

5 Newington Heights
8590 Heller Road, Lorton
District Park

6 Laurel Hill
8515 Silverbrook Road, Lorton
Countywide Park

7 Old Colchester Preserve
10646 Old Colchester Road, Lorton
Cultural Resource Park

8 Lorton West
9800 Ox Road, Lorton

9 Lower Potomac
9515 Richmond Highway, Lorton

10 Waples Mill Meadow
11329 Waples Mill Road, Oakton
Multiple Resource Park

11 Lake Braddock
9200 Burke Lake Road, Burke
Community Park

12 Silas Burke
5815 Parakeet Drive, Burke
Community Park

13 Burke Station
6031 Kerrwood Street, Burke
Community Park

14 Burke Ridge
9719 Burke Lake Road, Burke
Neighborhood Park

15 Rolling Valley West
6512 Sydenstricker Road, Burke
Community Park

16 Fair Oaks
3901 Fair Ridge Drive, Fairfax
Neighborhood Park

17 Brentwood
11903 Appling Valley Road, Fairfax
Neighborhood Park

18 Random Hills
11550 Random Hills Road, Fairfax
Neighborhood Park

19 Dixie Hill
4540 Dixie Hill Road, Fairfax
Neighborhood Park

20 Villa D'este
3120 Northwood Road, Fairfax

Burke Lake Golf Course is a par three course with a driving range that has recently been renovated into a Top Golf competitive range. The course remains unchanged, but the renovations are bringing a new clubhouse to the

Inside the Fairfax Station Train Depot, an N Scale train is the center of attention for many train enthusiasts.

A red caboose is a center of attraction at the Fairfax Station Train Depot.

21 Mosby Woods
9813 Five Oaks Road, Fairfax
Neighborhood Park

22 East Blake Lane
9540 Bel Glade Street, Fairfax
Community Park

23 Villa Lee
2901 Hunter Road, Fairfax
Neighborhood Park

24 Hideaway
2900 Glenvale Drive, Fairfax
Neighborhood Park

25 Towers
9350 Arlington Boulevard, Fairfax
Community Park

26 Armistead
8900 Arlington Boulevard, Fairfax
Neighborhood Park

27 Eakin (Mantua Section)
8928 Glenbrook Road, Fairfax
Neighborhood Park

28 Smokewood
4120 Whitacre Road, Fairfax
Neighborhood Park

29 Ashford East
4300 Guinea Road, Fairfax
Neighborhood Park

30 George Mason
9700 Braddock Road, Fairfax
Neighborhood Park

31 Rutherford
4710 Guinea Road, Fairfax
Community Park

32 University
10200 Braddock Road, Fairfax
Community Park

33 Olde Forge
4604 Twinbrook Road, Fairfax
Neighborhood Park

34 Surrey Square
4819 Twinbrook Road, Fairfax
Neighborhood Park

35 Country Club View
10609 Henrico Street, Fairfax
Community Park

36 Crooked Creek
9910 Commonwealth Blvd., Fairfax
Community Park

37 Royal Lake
5344 Gainsborough Drive, Fairfax
Community Park

38 Rolling Woods Estates
5208a Marvell Lane, Fairfax
Neighborhood Park

39 Twinbrook Road
5124 Twinbrook Road, Fairfax
Neighborhood Park

40 Middleridge
5425a Governor Yeardley Drive, Fairfax
Neighborhood Park

41 Greenfield
5349 Guinea Road, Fairfax
Neighborhood Park

42 Monticello
5315 Guinea Road, Fairfax
Community Park

43 Kings Park West
5216 Pommeroy Drive, Fairfax
Community Park

44 Lakeside
5216 Pommeroy Drive, Fairfax
Community Park

45 Herzell Woods
5328 Guinea Road, Fairfax
Neighborhood Park

46 Fairfax Hills
4304 Holly Lane, Annandale
Neighborhood Park

47 Fair Ridge
12300 Meadow Field Drive, Fairfax
Neighborhood Park

48 Ox Hill Battlefield
4134 West Ox Road, Fairfax
Cultural Resource Park

49 Poburn Woods
6325 Wendy Ann Court, Fairfax Station
Community Park

50 Brimstone
6600 Ox Road, Fairfax Station
Neighborhood Park

51 Burke Lake & Golf Course
7315 Ox Road, Fairfax Station
Multiple Resource Park

52 Lake Mercer
9500 Silverbrook Road, Fairfax Station
Multiple Resource Park

53 Levell W Dupell
6812 Newington Road, Lorton
Community Park

54 Mount Air Historic Site
8600 Accotink Road, Lorton
Cultural Resource Park

55 Southgate
7438 Pohick Road, Lorton
Neighborhood Park

56 Pohick Estates
7450 Pollen Street, Lorton
Community Park

57 Newington Commons
8915 Hooes Road, Lorton
Neighborhood Park

58 Mason Neck West
10418 Old Colchester Road, Lorton
Community Park

59 Tattersall
3405 Miller Heights Road, Oakton
Community Park

60 Oak Marr
3200 Jermantown Road, Oakton
Multiple Resource Park

61 Borge Street
3030 Borge Street, Oakton
Neighborhood Park

62 Blake Lane School Site
10033 Blake Lane, Oakton
Community Park

63 Briarwood
2830 Zimpel Dr., Fairfax
Community Park

64 Patriot
12111 Braddock Road, Fairfax
District Park

65 Mountain Road District
[illegible] Road, Fairfax

At Van Dyck Park in the City of Fairfax, a creek runs through the western end of the park with a bike trail that runs along it, crossing on a bridge at one point.

Skip Lipman, left, leads a group of Weekend Warrior fantasy gamers in one of the fields at Van Dyck Park, with padded weapons in hand.

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- Implants
- Bonding and veneers
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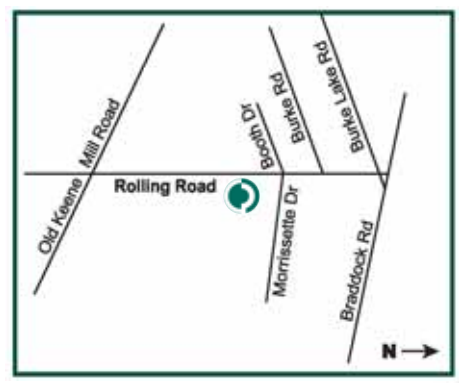

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