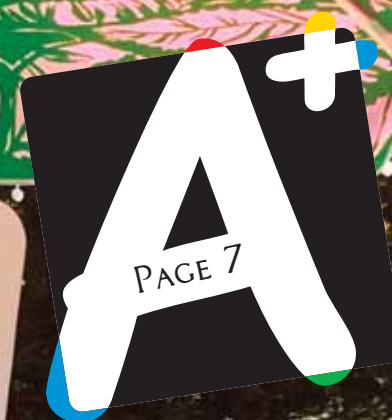


# McLean CONNECTION

Tucker Cumberland's Lemonade and Treats stand. Also pictured Colin Blakely. Chesterbrook Woods residents' annual "Stands in the 'Hood" generated more than \$1,200 for hurricane relief and other charities. Churchill Road Elementary students raised more than \$3,000 on behalf of the Red Cross.



## McLean Children Help Hurricane Relief

NEWS, PAGE 6

### McLean High Gets Funding for New \$100K Scoreboard

NEWS, PAGE 3

### Shepherd's Center – Serving the Needs of Local Seniors

NEWS, PAGE 3





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**Dominion Energy proposes new electric transmission line  
to serve McLean, Tysons region**

At Dominion Energy, we are committed to keeping our neighbors informed about energy needs where they live and work. In response to a forecasted capacity issue in Fairfax County, we are in the early planning stages of proposing a new electric transmission line between our existing Idylwood Substation at Shreve Road and our Tysons Substation on Tyco Road.

We invite the community to one of our two open house events to learn about the project and provide local feedback on the potential routes currently under review.

There will not be a formal presentation at either open house, so please drop in at your convenience to speak with our subject matter experts.

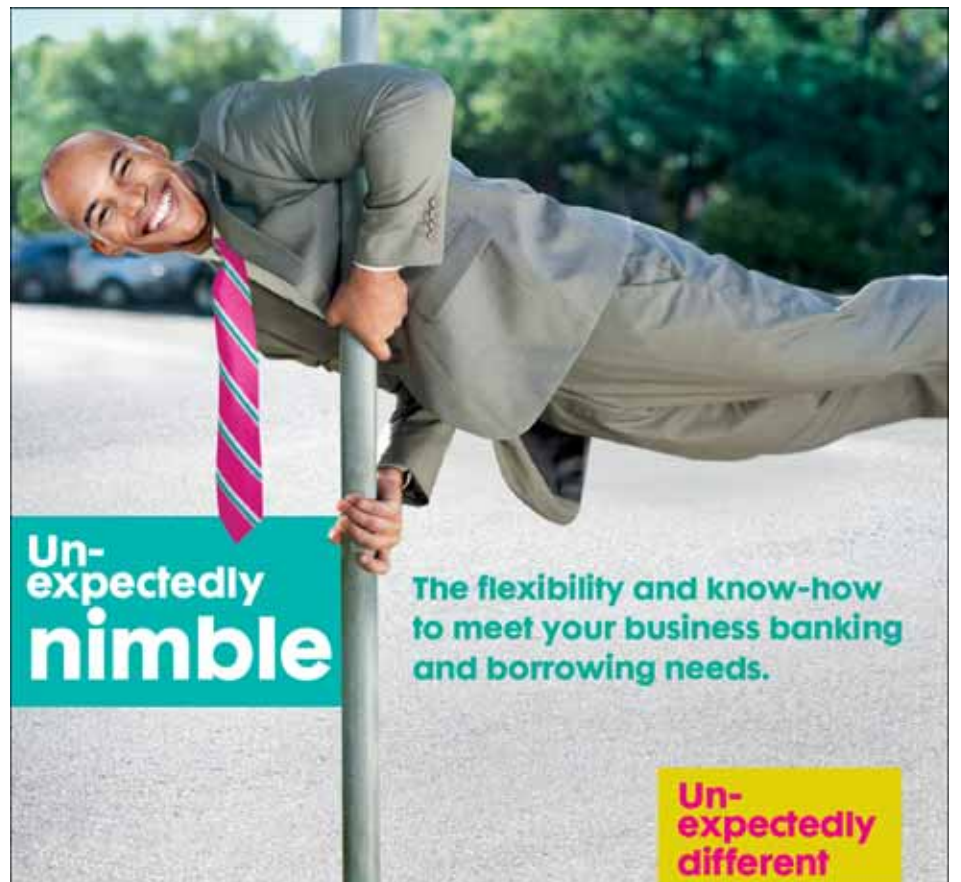
Preliminary conceptual information on this project is available on our website at [DominionEnergy.com/tysons](http://DominionEnergy.com/tysons). If you have questions on this project or the open house events, please send an email to [powerline@DominionEnergy.com](mailto:powerline@DominionEnergy.com). Or, you can call toll-free 888-291-0190 to speak with one of our representatives Monday through Friday, 7:30 a.m. to 5 p.m.

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PHOTO BY FALLON FORBUSH/THE CONNECTION

**Greg Miller, McLean High School director of student activities, testified in support of funding new scoreboards before the Fairfax County Public School Board in Falls Church on Thursday, Jan. 26.**



PHOTO COURTESY OF FAIRFAX COUNTY PUBLIC SCHOOLS.

**The rendering shows that there are three opportunities for businesses to advertise on the new scoreboard at McLean High School. Interested businesses can contact Greg Miller, the high school's director of student activities, by emailing [gmmiller@fcps.edu](mailto:gmmiller@fcps.edu).**

## McLean High Gets Funding for New \$100K Scoreboard

BY FALLON FORBUSH  
THE CONNECTION

**M**cLean High School will be getting a new scoreboard for its Stadium Field later this month.

To fund the new \$100,000 display, the McLean High School Athletic Boosters contributed \$30,000, while Fairfax County Public Schools covered the rest of the cost, according to John Torre, a spokesperson for FCPS.

"They are outdated and rundown," Greg Miller, the school's director of student ac-

tivities, said of the scoreboards back in January. "Truthfully, I hold my breath every Friday night football game hoping the scoreboard will function for four full quarters."

The high school has been trying to replace its scoreboards, which were installed in 1989, for some time, and thought it had a workable plan back in January.

The boosters secured a commitment from Manassas-based F.H. Furr Plumbing, Heating & Air Conditioning, Inc. to make a total contribution of \$250,000 over 10 years to McLean High School. In return, the school would get a new scoreboard and the Sta-

dium Field would be named the "The F.H. Furr Sportsplex at Basil Harless Memorial Stadium," during the 10-year period with the name displayed on the scoreboard.

However, in January, the FCPS Board removed the vote on the agreement from its regular meeting agenda three hours before the meeting and recommended that the administration work to negotiate, execute and administer and accept the deal.

"Postponing the item will allow the board members to have further discussion about the policy going forward," Sandy Evans, chairperson of the FCPS, said during the January meeting. "We welcome additional

input on the naming policy that underpins the proposal as the board continues its discussion on this policy."

The new scoreboard is unrelated to the FH Furr proposal.

"The proposed agreement with FH Furr did not come before the school board for final action," Torre said in an email.

Miller was unable to comment on the new deal and the boosters club did not answer inquiries from the Connection.

"The school is currently looking to secure three businesses that will advertise on three available 'sponsor panels' on the scoreboard," Torre said.

## Shepherd's Center – Serving the Needs of Local Seniors

### Volunteering opportunities available in McLean-Arlington-Falls Church area.

**I**n the McLean-Arlington-Falls Church communities there are hundreds of older adults who no longer drive and therefore find it difficult to go see their doctors, do grocery shopping and get to other appointments. Fortunately, there's the Shepherd's Center, part of a nationwide network, which provides free transportation to adults over 50 who are no longer able to drive. This year they will provide more than 3,000 rides ranging from eight to 20 on any given day. In addition to providing rides, some volunteers do in-home visits because many clients are lonely and no longer have a family or many friends.

The organization's executive director, Ed Schrock, a former U.S. Congressman, state Senator, and 24-year Navy veteran, says, "nothing worthwhile is easy." He



**Executive Director Ed Schrock**



PHOTOS CONTRIBUTED  
**Rider Liz McRaney**



**Volunteer driver Stew Lingley**

started volunteering for the Shepherd's Center in 2006 and ran it on his own for six years. Since then he has enlisted support from more than 100 congregations as well as businesses, individuals, and community organizations. He also set up a "ride scheduler" program that efficiently links drivers with riders. He points out "it is personal relationships that make Shepherd's Center special."

One of the first people to use this Shepherd's Center is 75-year old Liz McRaney. She says she tried public transportation, but service was spotty. Now the Shepherd's Center takes her where she needs to go. "They're very caring and compassionate," she says. "They're my friends — I even went out to lunch with a new driver and that really made my day."

Stew Lingley, who spent his career in the U.S. Navy, says he has "always wanted to serve." Since his retirement he has volunteered for a number of organizations. When a friend asked if he would be interested in driving for the Shepherd's Center, Lingley said, "It was an easy decision. I understood the need. Both my mother and aunt who lived into their 90s lost their ability to drive."

He hopes that when he needs it, these services will be there for him. He says, "I do this work because I can and, I'm paying it forward."

With nearly 250 clients needing rides and other services and just 110 drivers, there is a need for more volunteers. Anyone interested in volunteering can call 703-506-2199 or go to the website at [www.scmaf.org](http://www.scmaf.org).

# OPINION

## Voting Every Year, But Always Critical

League of Women Voters provides forums to learn about the candidates.

Every year is Election Year in Virginia, and each year the election matters. This year, all the members of the Virginia House of Delegates are up for reelection, along with statewide races for Governor, Lieutenant Governor and Attorney General.

So many things are at stake. The deadline to register to vote in the General Election on Nov. 7, or update an existing registration, is Monday, Oct. 16.

Of the 30 incumbents in the Virginia House of Delegates who are running unopposed, 11 are in Northern Virginia: Mark Keam (D-35); Ken Plum (D-36); David Bulova (D-37); Vivian Watts (D-39); Eileen Filler-Corn (D-41); Mark Sickles (D-43); Paul Krizek (D-44); Mark Levine (D-45); Charniele Herring (D-46); Patrick Hope (D-47); and Rip Sullivan (D-48).

Marcus Simon (D-53) faces no Republican challenger, but will face Mike Casey, an Independent.

In Northern Virginia, there is only one open seat, the 42nd, vacated by Dave Albo (R) who says he can't afford to continue dedicate so much time to the legislature at the expense of his law practice. Kathy Tran (D) faces Lolita Mancheno-Smoak (R).

Other contested races: Kathleen Murphy (D-34) faces Cheryl Buford (R). Kaye Kory (D-38) faces Paul Haring (R). Tim Hugo (R-40) faces

Donte Turner (D). Alfonso Lopez (D-49) faces Adam Roosevelt (R). Jim LeMunyon (R-67) faces Karrie Delaney (D). Jennifer Boysko (D-86) faces Linda Schulz (R).

The local Connection newspaper to each of these races has covered or will write about each contested race; you can find the stories on our website.

The League of Women Voters of the Fairfax Area (LWVFA) will hold both in-person and televised forums for the public to learn about the candidates who are running for election to the Virginia House of Delegates.

❖ Thursday, Sept. 28 at 7 p.m. at Providence Community Center: 3001 Vaden Drive, Fairfax. Invited candidates: Mark L. Keam (D), David L. Bulova (D), Eileen Filler-Corn (D), Kathy K.L. Tran (D), Lolita I. Mancheno-Smoak (R), Marcus B. Simon (D), and Mike S. Casey (I).

❖ Thursday, Oct. 12 at 7 p.m. at Hayfield Secondary School, Lecture Hall: 7630 Telegraph Road, Alexandria. Invited candidates: L. Kaye Kory (D), Paul B. Haring (R), Vivian E. Watts (D), Mark D. Sickles (D), Paul E. Krizek (D), Mark H. Levine (D), Alfonso H. Lopez (D), and Adam Roosevelt (R).

❖ Wednesday, Oct. 25 at 7:30 p.m. at Sully Government Center: 4900 Stonecroft Blvd., Chantilly. Invited candidates: Kenneth R. "Ken" Plum (D), David L. Bulova (D), Donte T. Tanner (D), Timothy D. "Tim" Hugo (R), Karrie K. Delaney (D), James M. "Jim" LeMunyon (R), Jennifer R. Boysko (D), and Linda C. Schulz

(R).

The remaining televised forum at Fairfax County Public Access are on Channel 10 or livestreamed on YouTube "Inside Scoop Livestream." The public can submit questions by email to theinsidescooptv@gmail.com or call 571-749-1142 between 7-8:30 p.m. Tune in on:

❖ Monday, Oct. 2 at 8 p.m.: Invited candidates: Kathleen J. Murphy (D), Cheryl A. Buford (R), Kenneth R. "Ken" Plum (D), Donte T. Tanner (D), Timothy D. "Tim" Hugo (R), R.C. "Rip" Sullivan, Jr. (D), Karrie K. Delaney (D), James M. "Jim" LeMunyon (R), Jennifer R. Boysko (D), and Linda C. Schulz (R).

## Killing the Poor to Pay Millionaires, Current Attempt

Because the current effort in the Senate to vote on "repeal and replace" for the Affordable Care Act is, if anything, worse than the previous attempts in substance, I hope that you will read my previous editorial from June. <http://www.connectionnewspapers.com/news/2017/jun/27/opinion-editorial-killing-poor-pay-millionaires/>

— MARY KIMM

MKIMM@CONNECTIONNEWSPAPERS.COM

## Taking the Call

BY LIZ BARNES  
PRS CRISISLINK VOLUNTEER

Beginning as a volunteer at PRS CrisisLink started for simple, altruistic reasons. I wanted to make a difference and show myself and my family the importance of giving back to others. The experience at Northern Virginia's hotline and textline was something far more than I imagined it would be.

Training taught me that before you can help, you must listen. You must listen to understand, not listen to solve a problem. This is easier said than done because when someone is suffering, all anyone wants to do is fix it for them.

I learned people have incredible strength which turns into resilience and despite how much I love to give advice, people are already experts in their own lives. I also learned how many people feel lonely even when they are surrounded by others mostly because of the shame and isolation their experiences bring them. Above all,



I learned how important it is to always maintain a community connection through volunteering. If we can give

back, we must; the need is never going away.

Taking calls on the hotline has changed my life and all my experiences at PRS CrisisLink have made me a better human being. The passion I have for helping others has only intensified the more I listen. So many people have said to me "Oh, I could never work on a crisis hotline. It's too scary." Sometimes I would laugh and reply gently about how helping is important.

Now, after five years, I am a little bolder. Yes, it can be anxiety provoking to answer calls in which people are concretely thinking about ending their lives. Yes, having to make life-saving decisions on a phone line is stressful. However, it is an extreme privilege to witness the courage and vulnerability each person must have to



Volunteers at the PRS CrisisLink call center.

reach out when they are in that much pain. Furthermore, I am honored to be the person to listen in the moments where someone is lonely and hurting with no one else to call.

The honor I felt in these moments left me desiring to train other volunteers. I joined CrisisLink's training team. Through this, I have learned what it takes to be successful in this kind of work. Empathy, a desire to learn consistently, distress-tolerance, life-experience and a sincere desire to help others is the make-up of every one of our team members. Our volunteers include lawyers, teachers, stay-at-home parents, veterans, human service workers, architects, nurses, students, clergy,

law enforcement, and more — each offering 3-4 hours a week for an entire year to our life-saving services. Mental illness impacts more than the one person experiencing the crisis. It impacts our families, friends and community at large. This September, PRS is supporting National Suicide Prevention Month through the #CallTextLive Campaign, which has a number of ways to get involved that encourage dialogue about suicide. Talking about suicide will help more people feel comfortable to call or text a hotline. When they do, I stand ready to listen.

To volunteer, contact PRS at 703-531-6351.

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PHOTO BY REX REED/AMBERLEA PHOTO

From left: Marianne Polito, Greater McLean Chamber of Commerce; Lori Larson, co-founder of Edén Homes Group; Erin Rayner, Director of Community Outreach, Office of U.S. Rep. Barbara Comstock (R-10); Jane Edmondson, Chief of Staff, Office of Supervisor John Foust; Supervisor John Foust; Del. Kathleen Murphy (D-34); Paul Kohlenberger, President, Greater McLean Chamber of Commerce; and Lisa Max, co-founder of Edén Homes Group.

## Edén Homes Group Opens New McLean Residence

On July 31, Edén Homes Group celebrated the completion of its third assisted living residence in McLean with a ribbon-cutting ceremony and reception. The Greater McLean Chamber of Commerce partnered with Edén Homes Group for the event.

In attendance were Del. Kathleen Murphy (D-34) and Supervisor John Foust (D-Dranesville), both of whom noted their pleasure at the prospect of greater housing options for older adults. The newest assisted living home, at 8341 Lewinsville Road, sits adjacent to two currently operational homes that were designed and built by Edén Homes Group in 2014. As part of the Edén Homes Group model, the newest home features eight bedrooms with private en-suite bathrooms, several common spaces including a living room, dining room, breakfast room, kitchen and family room.

An additional amenity new to Edén Homes' design is an art studio and library/game room. Both rooms were built to enhance the engagement pro-

gramming available for their residents. This aspect was highlighted with artwork from current residents displayed throughout the house.

"We are proud to be a part of the McLean community. One of our missions is to be a resource for families as their loved ones age. This beautiful new home includes spaces that can be utilized by the greater public; we look forward to strengthening our partnerships throughout Fairfax county," said Irene Joy, Vice President of Marketing. Edén Homes Group takes pride in its therapeutic approach to caring for their residents with full-time Registered Nurses on staff, and recreational and music therapists as part of their engagement department. For over a decade, Edén Homes Group has successfully operated groups residences in Bethesda and Potomac, Maryland in addition to their McLean homes. Limited availability in the newest home opening in September. For more information, call 301-299-2637 or visit [www.edenhomesgroup.com](http://www.edenhomesgroup.com).

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## NEWS

# Hurricane Help from the 'Hood

**Third annual Chesterbrook Woods event raises more than \$1,200 for hurricane relief**

Chesterbrook Woods residents celebrated Labor Day with the third annual "Stands in the 'Hood" where neighbors sold beverages, baked goods, crafts and other items. This year, the stands generated more than \$1,200 for hurricane relief and other charities. Neil Ende, who helped organize this year's event said, "My wife and I set up this event as a way to create a market for neighborhood entrepreneurs, while also encouraging neighbors to connect with each other. We're pleased that Chesterbrook Woods residents have embraced the concept, are getting out to meet each other, and are so generous in their support of these stands."

The event was held on Monday, Sept. 4, from 10-1 p.m. Residents were seen walking around the neighborhood which comprises 525 houses in McLean just off Chesterbrook Road. Chesterbrook Woods Citizen's Association President Larry Allen said, "Chesterbrook Woods really came together to help people in Texas recover from hurricane Harvey. The positive impact of community to community outreach like this is hard to overestimate."

In a time where people live busy lives, the event was a good way for neighbors to get outside and catch up with people they know as well as meet new residents.



PHOTO BY ELIZABETH ENDE

**Caroline Howley's Baked stand.**

Caroline Howley baked a variety of allergy-free desserts for her 'Baked' stand. She liked the idea of participating in a neighborhood sale and said, "This was my first time and I really enjoyed it. We got to meet neighbors we had never met before. We raised \$165 for MuttNation Foundation all through baked goods! I like to bake because I have lots of allergies and the allergy friendly items in the store are not the best, but I really like my baked goods."

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## Coin Drive Raises \$3,000 for Hurricane Relief

Churchill Road Elementary School sponsored a coin drive to help those impacted by Hurricane Harvey. A special thank you is extended to the many parent volunteers who coordinated the relief effort and ensured that students were stationed in key locations around the school during morning arrival to collect donations.

Some of the students got a head start on the coin drive over the long Labor Day weekend. First grader Alexis Nied and kindergartener Alexandra Closs held a bake sale to benefit the victims of Hurricane Harvey in Houston and affected areas, and sold chocolate-chip cookies in front of McLean Hardware store. The girls and their parents appreciated McLean Hardware's support of their bake sale. Another group of Churchill Road students, including sixth graders Audrey Herlands and Peter Thoreson, and second graders Emily Foley and Audrey Thoreson provided water in exchange for donations to aid Hurricane Harvey victims.

Thanks to the generosity of the Churchill Road community and the entrepreneurial spirit of some of the students, more than \$3,000 was raised on behalf of the Red Cross.



PHOTO BY KATHRYN THORESON

**Churchill Road students Audrey Herlands, Emily Foley, Audrey and Peter Thoreson held a water drive to raise money for Hurricane Harvey victims.**



PHOTO BY KIM MORAN

**Churchill Road students Dylan and Blake Davis accept a Hurricane Harvey donation from fellow student Sean Shuai, while Joseph Hoeymans thanks Max Murray for his contribution (background).**



# New Year, New Teacher

## How to identify effective teachers.

BY MARILYN CAMPBELL

**A**s a new school year got underway this month, Sebla Tobin, a family therapist in Rockville, Md., noticed an uptick in the number of her patients who are parents, expressing concern about the teachers their children had been assigned.

"So many parents are leery of new teachers or teachers who are young," she said. "I encourage them to give the teacher a chance before passing judgment and marching into the principal's office to ask for a different teacher. Just because a teacher graduated from college last spring doesn't mean that they won't be effective. And a teacher who's been in the classroom for 20 years may be jaded and grumpy."

Teacher effectiveness is a concern among parents as the school year gets underway, says Tobin, and she points to research which shows how teachers can affect student achievement. A 2011 study from Harvard and Columbia universities showed a link between effective teachers and students who were more likely to attend college, have lower teenage pregnancy rates and other positive outcomes. So what qualities constitute an effective teacher?

Effective teachers are knowledgeable of the subjects they are teaching, says Pamela Garner, Ph.D., professor of Childhood Studies at George Mason University. "Effective teachers are able to transfer that knowledge to students who have different comprehension levels," she said.

Creating a classroom environment that is safe for student learning is also important, adds Garner. "Overall, effective teachers work hard to create a positive classroom climate which is characterized by providing opportunities for student input in decision making and support for individual differences," she said.

Setting high expectations for all students, but realizing that students have a variety of abilities, is an important factor, believes Jessica Lewis, Ed.D., professor of education at Marymount University. "For some students getting a C is like a medal of honor



PHOTO BY MARILYN CAMPBELL

**A positive classroom helps welcome students back to school is an important factor in student learning, says Pamela Garner, Ph.D. of George Mason University.**

and that's OK," said Lewis. "Students want to do well and be pushed, but pushed with support. Knowing that a teacher understands the student and their abilities sends a positive message that the teacher is on their side when it comes to learning."

A teacher who is able to demonstrate genuine concern for students is necessary to create an effective learning environment, adds Lewis. "Parents often say 'I want a teacher who knows their content,' but I always go back to 'does the teacher care?' If a teacher doesn't care, then they're not going to be effective. An effective teacher motivates students to want to learn."

An ability to form a strong relationship with students is another characteristic that Lewis believes is important. "The more rapidly the teachers can get to know the individual students and things they enjoy like their hobbies, the sports they like, the sooner that teacher can see that students are real little people behind those names," she said. "As a teacher you have to put the heart first and policy second. What factors are going on at home that can throw the student for a loop. If you have a caring adult to say, 'Hey do you want to talk about it?' that can make a big difference."

An effective teacher accepts students for and where they are, adds Lewis. "Students can learn more from a teacher when the teacher shows that they care," she said.

**"An effective teacher motivates students to want to learn."**

— Jessica Lewis, Ed.D.,  
Marymount University

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Volunteers needed for adoption events, fostering, transportation, adoption center caretaking and more.

**Adopt/Donate/Volunteer**

[www.lostdogandcatrescue.org](http://www.lostdogandcatrescue.org)



## SPORTS

**Saint Ann Catholic Church**

**SUNDAY LITURGY SCHEDULE:**  
 Saturday Vigil: 5:30 PM  
 Sunday: 7:30, 9:00, and 11:00 AM  
 1:30 PM Spanish Liturgy

**DAILY EUCHARIST:**  
 Weekdays  
 Monday-Friday, 8:30 AM  
 Saturday, 8:30 AM

5312 North 10th Street,  
 Arlington, Virginia 22205  
 Parish Office: 703-528-6276

**PARISH WEBSITE:**  
[www.stannchurch.org](http://www.stannchurch.org)

**All Are Welcome!**

**To highlight your Faith Community, call Don at 703-778-9420**

**Crowd cheers bocce competitors — and munches donuts.**



PHOTOS BY  
 SHIRLEY RUHE/  
 THE CONNECTION

## Senior Olympics Rolls Along

**Green Acres Senior Center hosts bocce competition.**

BY SHIRLEY RUHE  
 THE CONNECTION

**D**espite forecasts of post-Hurricane showers, things rolled along in bright sun at the Northern Virginia Senior Olympics bocce competition on Thursday, Sept. 14. Nineteen competitors in five age groups from 50-99 are signed up at Green Acres Senior Center in Fairfax. Competitors and onlookers sat at picnic tables munching donuts and drinking water to cool down as they waited for the competition to begin.

Ninety-two-old Henry Coletto from Oakton, the oldest competitor, has no one in his age group for competition so he was paired with Sonny Caputo from Springfield in the 80-89 age group. Caputo says this is his first Senior Olympics although he is playing in the regular bocce league. Coletto's regular league partner, Nicholas Garito of Fairfax, is also competing. "Henry and I had a tough year. We came from last place to third place," Garito said, adding he got the bocce program started 10 years ago and convinced the Lions Club to build the court five years ago.

Coletto says he lived in Massachusetts for 82 years and then four of his children who live around here "kidnapped me and brought me here." He had driven to the competition from Oakton. He said, "My children don't believe I should drive too much anymore."

Robena Reid of Lorton and Lynn Thompson of Fairfax started out with the women's 55-59 competition. Reid says she is kind of a novice, and Thompson says this is her first tournament, and she has practiced twice. Pink balls, blue balls, back and forth.



**Henry Coletto of Oakton throws out his first ball.**

Charlie Perla, bocce ref, said, "Here we go measuring again. Blue is closer and touching. No, no, no it's red." He adds, "Get out the dollar bill." The test of touching is whether you can get a dollar bill between the balls. "I can't believe it: did they both get gold?" He measures again and the final result is Reid wins by one inch.

Herb Levitan of Arlington plays one of the later competitions. He says he is registered in 27 events this year but may not be able to do a couple of them on Saturday since he is also organizing a table tennis match at the same time.

**TELL US WHAT YOU THINK**

**SUBMIT YOUR LETTER TO THE EDITOR HERE**  
[www.ConnectionNewspapers.com/contact/letter](http://www.ConnectionNewspapers.com/contact/letter)

**PUBLIC NOTICE**

**Public Hearing on the McLean Community Center's FY 2019 Budget (July 1, 2018-June 30, 2019)**

**McLean Community Center Governing Board**

**Wednesday, Sept. 27, 7:30 p.m.**

Residents who wish to speak at the Public Hearing are asked to call 703-790-0123, TTY: 711, to be placed on the speakers' list. The draft budget proposal is available on the Center's website. Copies will be available at the public hearing.

Written comments may be delivered to the Center's temporary Administrative Offices (see address below) marked "Attention: Executive Director," or sent by email to [george.sachs@fairfaxcounty.gov](mailto:george.sachs@fairfaxcounty.gov). Written comments may be provided after the public hearing up through Monday, Oct. 23.

**The McLean Community Center**  
 Temporary Administrative Offices  
 6631 Old Dominion Dr., McLean VA 22101  
 703-790-0123/TTY: 711 | [www.mcleancenter.org](http://www.mcleancenter.org)



# ENTERTAINMENT

Submit entertainment announcements at [www.connectionnewspapers.com/Calendar/](http://www.connectionnewspapers.com/Calendar/). The deadline is noon on Friday. Photos/artwork encouraged.

## ONGOING

**McLean Farmers Market**, Fridays, through Nov. 17, 2017; 8 a.m. to noon, 1659 Chain Bridge Road, McLean, Master Gardener Plant Clinic on site to answer questions about plants in your landscape

**Free Tai Chi**. Every Saturday, from 7:55-9 a.m., Introduction and Beginners' Practice, meet on the outdoor basketball court located directly behind the Dolley Madison Public Library, 1244 Oak Ridge Ave. in McLean Central Park, McLean. Call 703-759-9141 or visit [www.FreeTaiChi.org](http://www.FreeTaiChi.org).

**Weekly Storytime**. Wednesday and Saturday. 11 a.m. Barnes & Noble, 7851 L Tysons Corner Center, McLean. Themes and titles vary. Free admission.

**Fishing Rod Rentals** 8700 Potomac Hills St., Great Falls. Rentals available during visitor center hours. Fishing tackle and live bait are available for purchase. Reservations required for group rentals. \$6/rental (2 hour max). Valid driver's license required. Rod/reel combinations are perfect for beginners and children. A Virginia or Maryland freshwater fishing license is required for those 16 years or older. The park does not sell fishing licenses. [www.fairfaxcounty.gov/parks/riverbend-park/](http://www.fairfaxcounty.gov/parks/riverbend-park/)

## WEDNESDAY/SEPT. 20

**McLean Newcomers and Neighbors Monthly Luncheon**. 11:30 a.m. at Maggiano's Little Italy, Tysons Galleria, 2001 International Drive, McLean. The program is a slideshow of the past year's club events. \$33 per person. Visit [www.McLeanNewcomers.org](http://www.McLeanNewcomers.org).

**Dining with Dorothy**. 12:30 p.m. at Bonaroti Restaurant, 428 Maple Ave. E, Vienna. Join Dorothy and the group for laughter and conversation over lunch. Call 703-281-0538 or visit [www.scov.org](http://www.scov.org).

## FRIDAY/SEPT. 22

**Kings Dominion Trip**. 8 a.m.-6:30 p.m. at The Old Firehouse, 1440 Chain Bridge Road, McLean. Kings Dominion has roller coasters to musical dance shows and carnival games. Admission to the theme park is included in the fee. \$80/\$70 MCC district residents. Visit [www.mcleancenter.org](http://www.mcleancenter.org).

**Wildfire Scotch Dinner**. 6:30-9 p.m. at Wildfire, Tysons Galleria, 3rd floor, McLean. Executive Chefs Moreno Espinoza and Edwin Amaya prepare a custom four-course menu each paired with a handcrafted single malt scotch from Dalmore, located in the heart of the Scottish Highlands. \$125. Call 703-442-9110.

**"The Princess Bride" Movie**. 7 p.m. at The Old Firehouse, 1440 Chain Bridge Road, McLean. Admission and popcorn are free. Prop bags are \$5 each. Visit [www.aldentheatre.org](http://www.aldentheatre.org).

## SATURDAY/SEPT. 23

**Fun Fall Bazaar and Market**. 9 a.m.-3 p.m. at 10100 Georgetown Pike, Great Falls. Great Falls UMC Annual sale Shops, bake sale, books, silent auction, children's activities, Appraisal Roadshow, and BBQ dinner. Call Lois 703-759-2843.

**Family Fun Day**. 10 a.m.-1 p.m. at Vienna Town Green, 144 Maple Ave. E. Event includes refreshments, a live band, dunk tank, ninja warrior-themed obstacle climb, entertainment for children, raffles and a live auction including a plane



## Road Rally

**Friday, Oct. 13 is the first day of the British Car Tour for Military Kids. 9:30 a.m. A 750-mile maiden American tour through the hills and autumn foliage of Maryland, West Virginia and Virginia. Called the DC Area America's Reliability Run, it's a fundraiser for Our Military Kids, a nonprofit in McLean. Visit [www.ourmilitarykids.org](http://www.ourmilitarykids.org) or call Judy McSpadden at 703-734-6654.**

ride for two. Donations from the event will support local children diagnosed with cancer and their families through Growing Hope, a local non profit organization and Johns Hopkins Childhood Cancer Research Center. Visit [www.optimistclubofgreatervienna.org](http://www.optimistclubofgreatervienna.org).

Georgetown Pike, McLean. Live entertainment, a petting zoo, crafts and games. All activities are free, except for the cost of purchasing pumpkins for crafts activities and food concessions. Visit [www.mcleancenter.org](http://www.mcleancenter.org).

## SEPT. 23-24

**Sailing Lessons**. 10 a.m.-4 p.m. at Belle Haven Marina, George Washington Memorial Parkway, Alexandria. Two days of lessons, \$350. Visit [www.mcleanrhclub.com](http://www.mcleanrhclub.com).

## SUNDAY/SEPT. 24

**Run, Walk and Wheel**. 7 a.m. at the Sport & Health Club in Tysons Corner, 8250 Greensboro Drive, McLean. MedStar National Rehabilitation Network will host the 14<sup>th</sup> annual race. Call 571-218-7594.  
**Teddy Bear 5K and 1K**. 2-6 p.m. at Pimmit Hills Park, 7230 Idylwood Road. All proceeds from this event go to Falls Church-McLean Children's Center. Visit [potomac.enmotive.com/events](http://potomac.enmotive.com/events).

**Amadeus Orchestra**. 4 p.m. at Saint Luke Catholic Church, 7001 Georgetown Pike, McLean. Soloist Emil Chudnovsky makes his Amadeus debut in Mendelssohn's Violin Concerto. Visit [www.amadeusconcerts.com](http://www.amadeusconcerts.com).

## MONDAY/SEPT. 25

**Charity Golf Tournament**. 8 a.m.-2 p.m. at Westfield's Golf Club, 13940 Balmoral Greens Ave., Clifton. Annual Family PASS golf to benefit the working homeless Families of Fairfax County. Visit [www.familypassfairfax.org](http://www.familypassfairfax.org).

## FRIDAY/SEPT. 29

**Meet the Artist**. 10 a.m.-noon in rooms 1 and 2 at the Dolley Madison Library, 1244 Oak Ridge Ave., McLean. A presentation by local artist Gwen Bragg, an artist member of the Virginia Watercolor Society and the National Watercolor Society, and past president of the Potomac Valley Watercolorist. Call 703 356-2998.  
**Dance Party**. 7-10 p.m. at The Old Firehouse, 1440 Chain Bridge Road, McLean. Teens can enjoy catered food and drinks while immersing themselves in music played by a DJ, for 7<sup>th</sup>-12<sup>th</sup> graders. \$5. Visit [www.mcleancenter.org](http://www.mcleancenter.org).

## SATURDAY/SEPT. 30

**Harvest Happenings**. 11 a.m.-2 p.m. at St. Luke's School, 7005



**McLean Community Center**  
The Center of It All



## Here's What's Happening at MCC

### The Old Firehouse Teacher Workday Trip **Thunderbolt Go Karting**

Friday, Sept. 22, 8 a.m.-6:30 p.m.  
\$75/\$65 MCC district residents  
1440 Chain Bridge Rd., McLean, Va. 22101



### Presented by The Alden **Princess Bride Quote-Along Movie**

Friday, Sept. 22, 7 p.m.  
Admission and popcorn are free.  
Prop bags are \$5 each.  
The Old Firehouse, 1440 Chain Bridge Rd., McLean, Va. 22101

### The Old Firehouse **After 7 Dance Party**

Friday, Sept. 29, 7-10 p.m.  
Admission: \$5  
1440 Chain Bridge Rd., McLean, Va. 22101



### **Harvest Happenings**

Saturday, Sept. 30, 11 a.m.-2 p.m.  
**New Location! St. Luke's School**  
7005 Georgetown Pike  
McLean Va. 22101  
Free Admission

### Take a Day Away! **Gettysburg, Pennsylvania - Eisenhower Farm**

Tuesday, Oct. 3  
7:15 a.m.-7 p.m.  
\$145/\$140 MCC district residents



### Join in McLean's Fun Run! **McLean 5K**

Saturday, Oct. 7, 8 a.m.  
McLean Square Shopping Center  
6627 Old Dominion Dr., McLean, Va. 22101  
Registration: \$35/\$40 day of race



**The McLean Community Center**  
[www.mcleancenter.org](http://www.mcleancenter.org)  
**Home of the Alden Theatre**  
[www.aldentheatre.org](http://www.aldentheatre.org)



Administrative Offices  
6631 Old Dominion Dr.  
McLean, VA 22101  
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## Announcements

## Employment

### ROSEMOUNT CENTER

HR Coordinator: Early Childhood/Family Services Center. Part-time.

Salary negotiable. BA required in HR or related field. Consultants welcome. Bi-lingual a plus. Send resume to [info@rosemountcenter.com](mailto:info@rosemountcenter.com). No phone calls.

## Employment

### ROSEMOUNT CENTER

Deputy Program Director: Early Childhood/Family Services Center. Full-time. Salary negotiable. Generous benefits. BA required in ECE/Social Work or related field. Proven management skills. Able to problem solve. Bi-lingual a plus. Send resume to [info@rosemountcenter.com](mailto:info@rosemountcenter.com). No phone calls.

## Legals

### ABC LICENSE

Tylsa, LLC trading as Isabella Eatery, 2051 International Drive, McLean, Virginia 22102 in Fairfax County. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Wine and Beer on Premises and Mixed Beverage on Premises license to sell or manufacture alcoholic beverages. Michael Isabella, Jr., managing member. NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at [www.abc.virginia.gov](http://www.abc.virginia.gov) or 800-552-3200.

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# SPORTS

## Skills Competition

Senior Olympics' Football and Frisbee Throw and Softball Hit and Throw events were held at Wakefield District Park in Annandale on Wednesday, Sept. 13.



**Leonard Kalkwarf from Springfield throws a Frisbee in the 85-89 age group. He won a gold medal with a throw of 53' 6".**

**Thomas Godwin from McLean medaled in three events in the 65-69 age group: gold in the 50 yard freestyle, silver in the 50 yard breast-stroke, and bronze in the 100 yard freestyle. Godwin is a lifelong swimmer and mostly swims in the summer for the past 10 years. This was his second Senior Olympics.**



PHOTOS BY  
TOM MANNING  
THE CONNECTION



**Thomas Sullivan from Oakton prepares to throw the shot in the 70-74 age group.**

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## Announcements

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**TUES. SEPT 26th @ 12:30pm**

2 Separate Parcels of Buildable Lots & 2004 29' Fountain Fever Boat & Trailer  
Ordered Sold at Absolute Public Auction by Trustee • Case #16-13654-A-7

*Auction will be held live in Norfolk and simulcast over the internet for remote bidders*

1> 821 Shannon St., Elizabeth City, NC 27909 • 3,450 SF Lot

2> Lots 34 & 35, Deerview Dr., Hertford, NC 27944 • 42,000 SF

3> 2004 29' Fever Fountain Boat and Trailer • 500HP - 74 + MPH w/100 orig. hrs

Auction Held at Auctioneer's Office: 1195 Lance Road, Norfolk VA 23502

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## Announcements

## Announcements

**25th Annual Parade of Homes Oct. 5-8**

**New Homes from**

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**Tickets \$10.**

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**Online Preview: [www.obhomebuilders.org](http://www.obhomebuilders.org)**



# BULLETIN

Submit civic/community announcements at [ConnectionNewspapers.com/Calendar](http://ConnectionNewspapers.com/Calendar). Deadline is Thursday at noon, at least two weeks before event.

## IN-PERSON, TV DEBATES

**The League of Women Voters** of the Fairfax Area (LWVFA) will hold four in-person forums and three televised forums for the public and the press to learn about the candidates who are running for election to the Virginia House of Delegates. The League invited all certified candidates campaigning for office in their respective districts. At the in-person forums, question-and-answer sessions will be followed by an opportunity for informal conversations with individual candidates. The public and press are encouraged to attend. For more information about the candidates' priorities and positions, visit [www.vote411.org](http://www.vote411.org).

In-person forums:

♦ **Thursday, Sept. 28** at 7 p.m. at Providence Community Center: 3001 Vaden Drive, Fairfax.

The televised forums at Fairfax County Public Access are on Channel 10 or livestreamed on YouTube "Inside Scoop Livestream." The public can submit questions by email to [theinsidescoopvtv@gmail.com](mailto:theinsidescoopvtv@gmail.com) or call 571-749-1142 between 7-8:30 p.m. Tune in on:

**Monday, Sept. 11** at 8 p.m.; **Monday, Sept. 18** at 8 p.m.; and **Monday, Oct. 2** at 8 p.m.

## THURSDAY/SEPT. 21

**Shepherd's Center Caregivers Support Group.** 10-11:30 a.m. at UUCF Unitarian Universalist Congregation of Fairfax - Program Building, 2709 Hunter Mill Road, Oakton. This support group is designed for caregivers of adult family members. For more info contact facilitator, Jack Tarr, 703-821-6838, [jtarr5@verizon.net](mailto:jtarr5@verizon.net).

**Chapter Meeting.** 7:30 p.m. at Neighbor's Restaurant, 262D Cedar Lane, Cedar Lane Shopping Center, Vienna. Chapter 227, Vietnam Veterans of America Inc., invites all veterans, friends, and the general public to attend the next chapter meeting. Channapha Khamvongsa, founder and Executive Director of Legacies of War, will discuss its mission. She is a native of Laos and earned degrees from George Mason University and Georgetown University. Admission is free. Call Len Ignatowski at 703-255-0353 or visit [www.vva227.org](http://www.vva227.org).

## TUESDAY/SEPT. 26

**ESL Learners and Volunteers.** St. Mark's English as a Second Language (ESL) Ministry is seeking new students and volunteers to participate in their upcoming fall term. Come help 150+ adult learners master the English language, prepare for American citizenship, learn to converse fluently in English, improve their writing skills, and integrate into the local community. All classes take place at St. Mark Christian Formation Center, 9972 Vale Road, Vienna. Call Monica at 703-980-9380, email [stmarksesl@gmail.com](mailto:stmarksesl@gmail.com), or visit [stmarksesl.org](http://stmarksesl.org).

## WEDNESDAY/SEPT. 27

**Public Hearing on FY 2019 Budget.** 7:30 p.m. at MCC Administrative Offices, 6631 Old Dominion Drive, McLean. The McLean Community Center Governing Board invites Dranesville tax district residents to attend a public hearing on MCC's FY 2019 Budget. Residents who would like to speak at the public hearing should call the Center at 703-790-0123, TTY: 711, to have their names added to the speakers' list. The hearing will be immediately followed by the regular monthly board meeting for September. Visit [www.mcleancenter.org](http://www.mcleancenter.org).

## SATURDAY/SEPT. 30

**Garden Club Yard Sale.** 9 a.m.-1 p.m. in the parking lot, 10610 Georgetown Pike, Great Falls. The Great Falls Garden Club is hosting a multi-family yard sale. Visit [www.gfgardenclub.org](http://www.gfgardenclub.org).

## SUPPORT GROUPS

**Are You A Caregiver?** Shepherd's Center of Oakton Vienna Caregivers' Support Group takes place first & third Thursday of each month. February 2nd and 16th, 2017 from 10:00 a.m. to 11:30 a.m. Join us at the Unitarian Universalist Congregation of Fairfax (UUCF) - Program Building, 2709 Hunter Mill Rd, Oakton, VA. For more info contact facilitator, Jack Tarr, 703-821-6838 [jtarr5@verizon.net](mailto:jtarr5@verizon.net).

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An expert is someone who knows some of the worst mistakes that can be made in his subject and how to avoid them. <b>-Werner Heisenberg</b>			

## Talking the Walk



By KENNETH B. LOURIE

Our long, local, overnight nightmare is almost over. By the date this column publishes: Sept. 20, 2017, I will, for the first time in nearly nine weeks, not had to have snaked down in the dark, our "turny-twisty" and narrow 150-year-old staircase to walk from the upstairs master bedroom to the downstairs and only usable commode. Though the renovation of this upstairs bathroom is not entirely complete nor ready for primetime (it is mostly usable as the water is now running and flushing), the demolition/renovation process apparently must go on/adhere to a schedule so, on Tuesday, Sept. 19 the downstairs bathroom, with all its fully functioning amenities will come under the sledge hammer – among other tools, and provide no further use until on or about Oct. 24.

This heretofore ("Good Will Hunting") logistical challenge has not presented too many difficulties for my wife, Dina. But given that I'm a male of a certain age, quite the opposite has been true for me. Once or twice and occasionally even more per overnight depending upon how late and how much I've had to eat or drink before bedtime, I'll need to visit the bathroom to attend to some very personal business. To be clear, the 'challenge' to which I refer is getting to the bathroom, not starting and/or finishing what I intended once I get there.

Moreover, when the task at hand has been completed, of course I need to retrace my steps – usually in the dark, and walk back upstairs. Though not nearly as difficult as walking downstairs; nevertheless, at the time I am going down and back up, in the middle of the night, my vision might not so readily acclimate and my balance is, let's just say: inconsistent, especially when trying to avoid the miscellaneous bathroom-remodeling boxes staged in the living room on the very route I must travel.

Needless to say, having this nightly nonsense come to an end is most definitely a column worth writing. Not necessarily to self-indulge anymore than usual but more so to amuse you regular readers and possibly even prepare you for your own in-home renovation. And considering that this renovation is our first – and we have minimal experience with these matters, I thought it useful to write it forward and perhaps share a less-than-obvious impact of taking the one-and-only-on-the-same-floor bathroom out of service. Sinks, mirrors and shower/tub issues notwithstanding, all of which can be withstood and endured with the reorientation to the downstairs bathroom, the commode issue, considering its unpredictability, naturally trumps all other real or imagined difficulties.

Though the upstairs bathroom is incomplete and lacking multiple finishing elements, its transformation so far is incredible – to our eyes. I'll spare you any details because that really would be self-indulgent and not at all the point of this column. But the two months or so it will have taken for the upstairs bathroom to become operational again and the nightly effect it's had on me appears to have been worth the wait.

As concerns the downstairs bathroom, we are now ready, willing and able to integrate its destruction into our routine. Given that it is more of a powder room than a master-type bathroom – though it will include a shower-only enclosure, no longer will it be my twice-nightly destination. In addition, I am looking forward to its transformation because the interim process will not prevent me from going anywhere I regularly go nor inconveniencing my wife, Dina, when she readies for work in the morning.

Monitoring its progress will be more of a curiosity than a calamity, since, in my mind, there will be no sense of urgency about the pace of this project as there had been with the upstairs bathroom because my bathroom access will not be affected in the least. And in the most, I am extraordinarily grateful – and relieved.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.





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