

Standing Tall as Redevelopment Nears

Chin's Kitchen, Southern Tattoo and other small businesses hang together in Penn Daw Village.

BY MIKE SALMON
THE GAZETTE

The Fried Rice Combo is Fiifi Attattoo's favorite dish at Chin's Kitchen, a favorite in the Penn Daw area, and a mainstay in the Penn Daw Village shopping center that is squeezed between the new Shelby Apartments and the Calvary Presbyterian Church on North Kings Highway.

Inside the carry-out, the no frills atmosphere is what the customers have grown to expect, as well as the low prices, fresh vegetables and the assortment of dishes with menu pictures on the wall. "This is an old store, we have lots of customers returning," said the woman behind the counter.

For Suzette Vasquez at Zips Dry Cleaning, Chin's orange chicken dish is her favorite. "We order there a lot," she said, "we still need those small stores in this area," she added.

At Southern Tattoo next door, Charlie Parsons, a tattoo artist, has seen three generations working at Chin's. His favorites are the veggie fried rice or the General Tso's Chicken. "I'd do anything for these people," he said. "That's good food, I've seen cars



Charlie Parsons has local roots and has been at Southern Tattoo for 18 years.

come here from Fredericksburg and Petersburg for Chin's," he said.

The dated shopping center a few doors down on North Kings Highway has already been reduced to rubble, but Penn Daw Village seems to be holding its own. Gone are the Shopper's Food Warehouse, a big box drug store and the Alexandria Bowling Lanes, which was in the basement of the drug store. Its bowling lanes sign is the only thing that remains.

At Penn Daw Village there are several different ethnic groups represented, including Central Americans with the Machu Pollo

chicken carry-out, an African Grocery store, Southern Tattoo, a beauty supply store and Lovely Nail Art. "We got a nice little mix of people here, it's all family," added Parsons.

Although the village is a block off Richmond Highway, it is in Lee District, not the Mount Vernon District as it would seem. Supervisor Jeff McKay (D-Lee) has talked to the owner and has been involved with the new development a block away which is known as "NOVUS Kings Crossing," in a presentation given to the Fairfax County Board of Supervisors in June.

"During the replanning of Penn Daw, my



From the inside, Chin's Kitchen has a non-descript, carry-out look that has endured the test of time.

PHOTOS BY MIKE SALMON/THE GAZETTE



Bowling's been long gone as a recreation option here in Penn Daw, but the sign still stands.

office had extensive conversations with the property owners surrounding the new mixed-use developments. The owner of this

SEE PENN DAW VILLAGE. PAGE 20

Millard: Ensuring Students Will Benefit



STEVE HIBBARD/THE GAZETTE

West Potomac High School Principal Tangy Millard, age 46, has been in education for 23 years.

New principal leads Wolverines with 2,650 students and a staff of 280.

BY STEVE HIBBARD
THE GAZETTE

After 23 years in education, Tanganyika "Tangy" Millard, 46, of La Plata, Md., was named new principal of West Potomac High School in Alexandria, on June 16, replacing former principal Alex Case.

She will lead the Wolverines with 2,650 students and a staff of 280 at the Quander Road location, which was established in 1985 by combining two existing schools — Fort Hunt and Groveton. The ethnic breakdown of West Potomac is

34.4 percent Hispanic; 38.1 percent White; 16.3 percent Black; 6.6 percent Asian; and 4.3 percent Other. Almost half of the school (43.1 percent) is on the free or reduced fees on meals; and 14.3 percent of students are in special education.

"We might be close to 30 different languages being represented in this building. The way I look at West Potomac is it's a true microcosm of this nation. Every language, race, ethnicity, gender specificity, every socio-economic background you can find across this nation, they all converge in

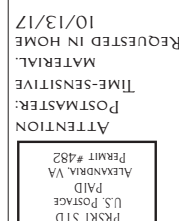
this beautiful amalgamation we call West Pot," she said.

Millard added: "Having our students coming from various backgrounds, not just Hispanic, but African nations, Caribbean nations — all that it does is enrich the en-

tire community."

What's unique about West Potomac is that many of the parents were first-generation graduates of the school, she said. And

SEE NEW PRINCIPAL. PAGE 21



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Senators Meet with Leaders of Industry

In joint appearance, Warner and Kaine talk business in Northern Virginia.

BY MICHAEL LEE POPE
THE GAZETTE

The governor of Virginia should pick one region of the commonwealth to compete for landing a second Amazon headquarters in Virginia instead of trying to cheerlead for three different areas simultaneously. The federal government should be allowed to negotiate drug prices through Medicare to bring down the cost of prescriptions. Republicans in Congress should try to work with Democrats on tax reform and infrastructure improvements instead of trying to go it alone if they want a deal that would help all Americans. These are some of the revelations that U.S. Sen. Mark Warner and U.S. Sen. Tim Kaine dropped on industry leaders this week at a meeting of the Northern Virginia Chamber of Commerce.

"When you heard some of the issues about tax reform, immigration or how we can possibly get Amazon here as a client in the metropolitan area or the state of Virginia," said Jim Corcoran, president and CEO of the Northern Virginia Chamber of Commerce. "I truly think everything we heard in there would resonate with the business community."

On the issue of Seattle-based Amazon, the online retailer that's transforming the country's economy, Kaine said Democratic Gov. Terry McAuliffe and business leaders should determine winners and losers. Currently, Northern Virginia is competing with Hampton Roads and Richmond to land the deal. Kaine said that means Virginia might be undercutting itself in the long run.

"We've got to put our best foot forward," said Kaine. "That means if a bunch of communities in Virginia are competing with one another ... I can see that as hurting us."

On the issue of prescription drug prices, Warner announced a change of position. Instead of supporting Big Pharma in its longstanding argument that America's high drug prices were necessary to fund research and development, Warner said the Centers for Medicare and Medicaid Services should be able to negotiate drug prices through Medicare. By engaging in this kind of negotiation, which already happens at the Department of Veterans Affairs, Warner says drug prices would drop dramatically in the United States.

"I've changed on this, and I'll get some dirty looks from some folks in the room on this one," said Warner. "But I think it's no longer right or fair for Americans to pay for the R&D costs for all of the drugs for the whole world."



Julie Carey of NBC4 moderates a discussion between U.S. Sen. Mark Warner and U.S. Sen. Tim Kaine at the Falls Church Marriott Fairview Park.

THE DISCUSSION veered from tax cuts and infrastructure investments to cybersecurity threats and gun control. One issue that seemed to resonate in the room of business leaders was the backlog in security clearances. Federal officials are currently facing a backlog of more than 700,000 security clearances, which Warner said was unacceptable. When asked about the defense authorization, he said getting a security clearance takes way too long.

"It should not take this long, to have the kind of backlogs on security clearances" said Warner, eliciting a spontaneous round of applause.

"That is only an applause line in one room in the United States," added Kaine.

The backlog isn't just a headache for government officials and the contracting community. It branches out into all kinds of industries in Northern Virginia, some of which might not be immediately obvious. Business leaders in the energy industry, for example, are just as concerned about the backlog in security clearances as people who work in defense contracting.

"If you don't have the clearances, you can't receive information," said Kelly Chapman, lobbyist for Dominion. "If there's

information out there that could be potentially harmful, they can't receive it if they don't have the clearance."

One area where the senators saw some room for potential compromise was the coming discussion on tax reform. Kaine said he hoped the president would not seek to move forward on the issue with reconciliation, a process that would effectively shut the Democrats out of the picture and allow Republicans to move forward with a simple majority vote. Warner said he hoped the president would take advantage of the moment to make investments in the cybersecurity industry.

"Mark Warner mentioned having an incentive for companies investment in the human capital of their workers to help them upgrade to higher skill levels and get a tax credit for doing that the same way they get a tax credit for doing research and development," said Whipple. "That's something, in the heavily human capital development businesses that we have in Northern Virginia, could really pay off for them."

CYBERSECURITY ISSUES became a recurring theme of the discussion, which included not only the prospect that tax re-

form might offer ways to help people advance themselves professionally. The issue of Russian influence in the 2016 election loomed over the discussion, in part because of Kaine's role on the ticket. He was the first Virginian to be on a major-party presidential ticket since 1840, when John Tyler joined ran with William Henry Harrison.

"I feel like I'll be a Hollywood Squares question sometime," said Kaine. "It was such a bizarre race."

And then there was the fake news. Kaine said his staff alerted him to fake news stories four times during the campaign. One was that he and his wife Anne Holton have an open marriage. Another was that he was caught on tape yelling at his daughter. Yet another fake news story was the Hillary Clinton and Kaine had a secret deal for years that he would be part of the ticket. He said most of them caused a laugh and then they would move on. But then one emerged that Kaine was on tape yelling at his mistress. As it turns out, it was audio of Mel Gibson leaving a mean-spirited voice mail.

"When I told the story and explained it wasn't me it was Mel Gibson," said Kaine, "somebody said, 'Why was Mel Gibson yelling at your mistress?'"

Culver To Emcee Rising Hope's Gala

NBC-4 Reporter and Saturday Morning News Anchor David Culver will emcee Rising Hope Mission Church's annual Hope Grows Gala on Friday, Oct. 13.

The event is a fundraiser for its mission to help the homeless, low-income families, and disabled veterans along the Route 1 Corridor between Alexandria and Ft. Belvoir. Money earned will help to provide food, clothing, emergency and job assistance, and support for the hypothermia shelter.

The event will include dinner, dancing

to the Moon Daddies Band, and a silent and live auction. New auction items include: Lunch for two at Brio's Fair Oaks with Sharon Bulova, chairman of Fairfax County Board of Supervisors; a FASTSIGNS Alexandria Pop-up Banner and Frame, and a Weekend Getaway at Gaylord - National Harbor. Gala tickets are \$100 per person.



Also, Beyond Coffee Beyond Church will match up to \$30,000 in contributions made at the Gala including pledges made by Oct. 13 with contributions paid by Dec. 31.

The Gala will take place from 6:30-10:30 p.m. at The Waterford, 6715 Commerce Street, in Springfield. For Gala tickets or to give online donations, visit www.risinghopeumc.org/shop.

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2126 Military Road, Arlington VA Located in prime Arlington neighborhood, this 3BR + 3 1/2BA brick townhome features an open floor plan, two fireplaces, first floor family room, fabulous kitchen + garage! Reasonably priced at \$769,000 Donnan C. Wintermute (703) 608-6868 <http://bit.ly/2ku5kPR>



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OBITUARY

Danny E. Simonds

Danny E. Simonds died on Oct. 1, 2017 after a long and difficult battle with Parkinson's. His wife Donna was his constant companion and champion. He never gave up his joy for life with his daughter Danielle and her mother Jill, three step-daughters Rebecca, Keri and Lisa, grandchildren Mitchell, Tyler, Brigitte, Garrett and Clyde, siblings Martha and Michael, and countless extended family and friends.

Danny was a proud veteran and served the Department of Defense for over 25 years. After retiring he served his community as a trusted and successful small business owner.



A service followed by reception will be held on Oct. 22 at 2 p.m. at Aldersgate United Methodist Church in Alexandria.

In lieu of flowers, donations may be made to VCU Parkinson's and Movement Disorder Center at www.parkinsons.vcu.edu/support/index.html.

BULLETIN BOARD

Submit civic/community announcements at ConnectionNewspapers.com/Calendar. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

THURSDAY/OCT. 12

Chamber Breakfast. 8-9:30 a.m. at Belle Haven Country Club, 6023 Fort Hunt Road. Meet the two candidates for Virginia Lieutenant Governor at Mount Vernon Lee Chamber's October Business Breakfast. Competing in the November election, Justin Fairfax, Democrat, and Jill Vogel, Republican, will share their vision for the future of Virginia with the business community. \$25 for Chamber members and \$40 for non-Chamber. Register at www.MtVernon-LeeChamber.org or call 703-360-6925.

IN-PERSON, TV DEBATES

The League of Women Voters of the Fairfax Area (LWVFA) will hold four in-person forums and three televised forums for the public and the press to learn about the candidates who are running for election to the Virginia House of Delegates. The League invited all certified candidates campaigning for office in their respective districts. At the in-person forums, question-and-answer sessions will be followed by an opportunity for informal conversations with individual candidates. The public and press are encouraged to attend. For more information about the candidates' priorities and positions, visit www.vote411.org. In-person forums:

♦ **Thursday, Oct. 12** at 7 p.m. at Hayfield Secondary School, Lecture Hall: 7630 Telegraph Road, Alexandria.

SATURDAY/OCT. 14

Office Hours. Mount Vernon District Supervisor Dan Storck will host Saturday office hours. Email mtvernon@fairfaxcounty.gov.

♦ 9-11:30 a.m. at Lorton Library, 9520 Richmond Highway, Lorton.

♦ 12:30-3 p.m. at the Mount Vernon District office, 2511 Parkers Lane, Mount Vernon.

Fall Family Carnival. 10 a.m.-2 p.m. at the Gum Springs Community Center, 8100 Fordson Road. The Northern Virginia Urban League (NVUL), in partnership with Smart Learning Solutions, will host an ASTEAM Fall Family Carnival, with hands on learning activities for children and families, will feature a fun-filled day of Aviation, Science, Technology, Engineering, Art, and Mathematics. To register and for additional information about the ASTEAM Fall Family Carnival and Northern Virginia Urban League, visit www.nvul.org or call 703-836-2858.

WEDNESDAY/NOV. 8

FCPS Community Conversations.

6:30-8 p.m. at Hayfield Secondary School, 7630 Telegraph Road, Alexandria, Lecture Hall 1604 (Region 3). Fairfax County Public Schools (FCPS) Superintendent Scott S. Brabrand will host Community Conversations to hear what students, parents, employees, and members of the community are thinking about and what issues are important to them. Brabrand welcomes citizens to attend and take part in any of the upcoming sessions that are convenient for them. Citizens needing a translator can make a request for services online. Visit www.fcps.edu/news/superintendent-brabrand-schedules-five-community-conversations-fall.

TUESDAY/NOV. 14

Information Session.

6:30-7:30 p.m. at the South County Center, Room 221B, 8350 Richmond Highway. Join the Fairfax-Falls Church Community Services Board's Support Coordination staff at an information session that will help prepare individuals with developmental disabilities and their families to transition out of public schools in Fairfax County. Visit www.fairfaxcounty.gov/csb/events/transition-information-sessions.htm.

VOLUNTEERS NEEDED

RSVP, a volunteer network for seniors seeking service opportunities in and around Fairfax County, Arlington County and the City of Alexandria, offers a wide array of opportunities

SEE BULLETIN, PAGE 6

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Alex/Riverside Estates \$539,900
8603 Cherry Valley Lane
A whole lot of house for a great price at \$539,000. Approximately 2800 sq ft of living space w/5BRs, 3BAs plus a large 2 car garage. Updated kitchen w/granite counters and backsplash - 3 gorgeous, updated baths - replacement double pane windows and beautiful hardwood floors. Large workshop/storage room behind garage. Walk to elementary and high schools. 5 minutes to Ft. Belvoir (S) and 15 mins to Old Town Alex, (N) - This is a bargain!



Mt. Vernon Grove \$614,900
9336 Heather Glen Drive
Beautiful 4 BR, 2 1/2 BA colonial w/2 car garage on the Potomac River side of Mount Vernon. .34 Acre. Library on main level. Family Room w/fireplace off of the kitchen w/french doors to backyard. Dressing room & walk-in closet adjoin the spacious Master suite. Separate Dining and living Rooms. Unfinished basement w/walk-up steps.



Alex/Riverside Estates \$615,000
8331 Blowing Rock Road
Beautiful Mt. Vernon Colonial w/stunning renovations! 4BRs, 3.5BAs, 3 lvs, garage & deck. Gorgeous addition w/exquisite remodeling expands the kit & family rm. The quality & design are exceptional. Stunning kit w/all the bells & whistles (skylight, tile & bamboo flooring, SS appliances, silestone counters, high-end cabinetry, double wall oven, gas cooktop) & a casual eating area overlooking bkyd. Spectacular family rm w/gas FPL & sliding glass doors to the deck. Abundant windows provide natural lighting. 4BRs on the upper lvl. Lower lvl has a full bath, lg finished rec rm, & an additional rm that can be easily configured as a 5th BR. Roof replaced in "15. Wood FPL in living rm & lower lvl. This is a winner!



Alex/Riverside Estates \$499,900
3007 Battersea Lane
Two level colonial with oversized 2 car garage in lovely Riverside Estates community of Mt. Vernon. Living Room w/fireplace flooded w/light from large windows. Separate dining Room. Kitchen with corian counters. Newly refinished hardwood floors on upper level. Bedroom w/ 2nd fireplace for cozy winter nights. Large bkyd patio. Roof (architectural shingles) and HWH 2017.



Alex/Riverside Estates \$599,900
8400 Cherry Valley
Riverside's largest & most popular split foyer model w/2800 sq ft under roof, plus spacious 2 car garage. Meticulously renovated & maintained - Updates include: kitchen, baths, roof, triple pane windows, furnace, A/C, exterior siding plus in-ground sprinkler system & garage doors controlled by cell phone - The list goes on... Large deck overlooks a beautiful fenced backyard. 5 minutes to Ft. Belvoir (S), 15 mins to Alex (N) - Walk to schools. This is turnkey!



Alex/Riverside Estates \$558,000
8514 Cherry Valley Lane
Riverside's Popular Concord model w/2800 sq ft under roof plus spacious 2 car garage - Freshly painted on main level w/beautiful refinished hwd floors- updated kitchen & baths & newer double pane windows throughout - Large screened porch off the Kitchen, overlooking fenced bkyd & large hot tub. Lower level offers a large family rm w/gas FPL, a 5th bedroom & half bath, plus a large utility/workshop area w/walkout to the bkyd. - 5 mins to Ft. Belvoir (S), 15 minutes to Alex (N). Walk to Schools. Great Buy!



Alex/Mt. Vernon Manor \$535,900
8806 Falkstone Lane
Spectacular 3 level split w/5BRs, 3BAs- So many updates: roof, windows, furnace, A/C & HWH. Remodeled kitchen w/granite & lovely eating station. Remodeled lower level bath & beautiful refinished hardwood floors throughout main and upper levels. Sit and wave to your neighbors from your charming front porch. Enjoy a large manicured backyard. 5 minutes to Ft. Belvoir, 15 mins to Alex, Old Town, along the GW Parkway.



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OPINION

People Support Firearm Limits

... Elected officials should too.

BY SCOTT SUROVELL
STATE SENATOR (D-36)

Stephen Paddock's Las Vegas assault rifle killing spree has again highlighted the dangers of Virginia's and America's much-too-lax firearms environment.

Virginians know the dangers of high-powered weapons having experienced snipers Malvo and Muhammad and the Virginia Tech massacre. Some of us have been steadily, but unsuccessfully, trying to pass reasonable firearms violence prevention laws in Virginia for years.

For example, after Jared Loughner's 2011 attack on Congresswoman Gabrielle Giffords, I cosponsored legislation to prohibit the sale of firearm ammunition magazines that hold more than 20 bullets. The legislature has rejected the bill every

year since.

In 2015, a Fairfax attorney told me about a client he defended in a mental commitment proceeding in which his client was found to be a danger to himself or others. Virginia law prohibits these people from obtaining a concealed weapon permit or possessing a firearm, but the law does not prohibit the possession of ammunition. I tried to prohibit mentally-incapacitated people from purchasing or possessing ammunition, but the legislature struck it down.

In 2015, I fought to prohibit Virginia from recognizing concealed weapon permits from other states unless their permits contained the same restrictions required by Virginia law like those adjudged insane subject to protective order, convicted of two misdemeanors in five years, convicted of assault or sexual battery, addicted to drugs, convicted of driving while intoxicated in the last three years or dishonorably discharged from the Armed Forces. Attor-

ney General Mark Herring cancelled numerous reciprocity agreements with other states for these reasons, but months later in 2015, the legislature passed legislation requiring reciprocity. Today, a non-felon, Virginia resident who cannot obtain a concealed carry permit in Virginia can obtain one in Florida and use it here.

Last year, I introduced legislation requiring background checks for all gun purchases. This would close the gun show loophole and ensure that a felon could not evade purchase restrictions by simply buying guns on eBay or other gun-sale websites. My bill was killed 12-3 in the Senate Courts of Justice Committee. While it seems likely that bump stocks will be banned now that 58 innocent people were mowed down, I am not optimistic we will see additional safety improvements in the short term.

I will continue to work for reasonable laws to prohibit firearm violence in Virginia and I welcome any ideas from my constituents. You can reach me at scott@scottsurowell.org.

LETTER TO THE EDITOR

Not Red or Blue Issue

To the Editor:

Since the start of the gubernatorial election many issues important to the people of Virginia have taken center stage, but one issue deserves more attention from our candidates – Alzheimer's disease.

Alzheimer's is a national crisis that is devastating families in Virginia and straining our economy. According to the Alzheimer's Association, there are 140,000 Virginians over the age of 65 living

with Alzheimer's, and 458,000 more providing them with unpaid care. In 2017, the commonwealth will pay \$826 million in Medicaid costs for people living with Alzheimer's. Those numbers are only expected to rise as the population ages.

I have lived in Northern Virginia for most of my life. I first hand experienced the painful toll of this horrible disease — my mother passed away from early onset Alzheimer's in 2003. Despite retirement pensions, private and federal government health coverage, and three children contributing

both financially and emotionally, my parents had to declare bankruptcy due to mounting medical bills. It's a disease that impacts the entire family economically, physically and emotionally.

In recent years the federal government has grown its commitment to help families affected by Alzheimer's through increased research funding. Additionally, the Commonwealth published the "Dementia State Plan: Virginia's Response to the Needs of Individuals with Dementia and their Caregivers" in 2011 and issued an update in 2015. The next gover-

nor of Virginia will be responsible for continuing its successful implementation. Still, much work remains. Alzheimer's isn't a red or blue issue — it impacts us all.

Please join me in asking Ralph Northam and Ed Gillespie, and all candidates seeking office in Richmond about their plan to address the Alzheimer's crisis. As a resident of Alexandria and proud citizen of Virginia, I hope that this is taken seriously and action will take place.

Shannon C. Malone-deBenedictis
Alexandria

BULLETIN BOARD

FROM PAGE 5

for volunteers 55 and older. RSVP volunteers enjoy flexible schedules, free accident and liability insurance while serving, optional mileage and meal reimbursement and are invited to volunteer group projects and social gatherings. To sign up for an upcoming orientation, email Carly Hubicki at chubicki@volunteerfairfax.org or call RSVP at 703-403- 5360. To learn more about RSVP, visit www.rsvpnova.org.

Line Dance Instructor needed for the Gum Springs Senior Program once a week on either Tuesday, Wednesday or Thursday. Volunteer Solutions, call 703-324-5406.

Volunteer Fairfax makes it easy for individuals and families, youth and seniors, corporate groups and civic clubs to volunteer. Fulfill hours, give back, or pay it forward through a variety service options. Visit www.volunteerfairfax.org.

STEM VOLUNTEERS. The American Association for the Advancement of Science (AAAS) needs scientists, engineers, mathematicians, and physicians to assist K-12 STEM (Science, Technology, Engineering,

Mathematics) teachers in the Northern Virginia Area, during the 2016-17 school year. In the 2015-16 school year, the numbers of STEM volunteers in Northern Virginia were: Fairfax County - 40, Arlington - 20, and Alexandria - one. Details of the collaboration are worked out between the teacher and the volunteer, and may involve giving demonstrations, assisting in lab experiments, lecturing on special topics, assisting with homework, etc. The hours are flexible, and volunteers attend a one-day training in September before being assigned to schools. To see how volunteers are assisting their teachers, view the video clips at seniorscientist.org. To volunteer, email donaldrea@aol.com.

Fairfax County's Community Services Board is seeking volunteer office assistants. Volunteers are needed to assist CSB staff with greeting guests, making reminder phone calls, data entry, filing, shredding, stocking shelves, and other duties as needed. Hours are flexible, but would be during normal business hours. Visit www.fairfaxcounty.gov/csb/viva/volunteers.htm for more.



PHOTO BY JERRY VERNON/THE GAZETTE

Snapshot

A driver serenades the passengers on his tour bus during a break in front of Mount Vernon Estate wall.

Mount Vernon Gazette

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HOME SALES

In August 2017, 126 homes sold between \$1,099,000-\$119,000 in the Mount Vernon area. This week's list represents those homes sold in the \$1,099,000-\$525,200 range. For the complete list, visit www.ConnectionNewspapers.com



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9504 LYNNHALL PL	5 ... 4 ... 0	ALEXANDRIA	\$1,099,000 Detached	0.49 22309 OXFORD
1604 MASON HILL DR	5 ... 4 ... 1	ALEXANDRIA	\$1,050,000 Detached	0.49 22307 MASON HILL
7609 RIDGECREST DR	4 ... 3 ... 0	ALEXANDRIA	\$995,000 Detached	0.70 22308 WELLINGTON HEIGHTS
7960 BOLLING DR	5 ... 4 ... 1	ALEXANDRIA	\$969,000 Detached	0.39 22308 WELLINGTON ESTATES
7407 ADMIRAL DR	4 ... 3 ... 0	ALEXANDRIA	\$940,000 Detached	0.37 22307 VILLAMAY
8065 FAIRFAX RD	4 ... 4 ... 1	ALEXANDRIA	\$930,000 Detached	0.16 22308 HOLLIN HALL VILLAGE
7531 LERIC LN	5 ... 3 ... 0	ALEXANDRIA	\$900,000 Detached	1.02 22306 HOLLINDALE
6009 WOODMONT RD	3 ... 3 ... 1	ALEXANDRIA	\$835,000 Detached	0.17 22307 BELLE HAVEN
6038 FORT HUNT RD	3 ... 2 ... 2	ALEXANDRIA	\$833,000 Detached	0.14 22307 BELLE HAVEN
8306 CENTERBROOK PL	4 ... 3 ... 1	ALEXANDRIA	\$830,000 Detached	0.24 22308 MANORS AT MOUNT VERNON
8416 BOULEVARD DR W	5 ... 3 ... 1	ALEXANDRIA	\$825,000 Detached	0.37 22308 COLLINGWOOD ON POTOMAC
1012 EMERALD DR	4 ... 3 ... 1	ALEXANDRIA	\$814,900 Detached	0.30 22308 WAYNEWOOD
2103 MASON HILL DR	4 ... 4 ... 0	ALEXANDRIA	\$800,000 Detached	0.59 22306 HOLLIN HILLS
8217 FORT HUNT RD	5 ... 4 ... 1	ALEXANDRIA	\$795,000 Detached	0.49 22308 BOULEVARD ACRES
5901 MOUNT EAGLE DR #1207A	4 ... 3 ... 0	ALEXANDRIA	\$775,000 Hi-Rise 9+ Floors 22303 MONTEBELLO
3702 PURKS CT	3 ... 3 ... 0	ALEXANDRIA	\$770,000 Detached	0.43 22309 PETITTS LANDING
7315 REBECCA DR	4 ... 2 ... 0	ALEXANDRIA	\$759,000 Detached	0.54 22307 HOLLIN HILLS
4113 LAUREL RD	4 ... 3 ... 0	ALEXANDRIA	\$755,000 Detached	0.66 22309 WOODLEY HILLS
8500 CROWN PL	4 ... 2 ... 1	ALEXANDRIA	\$750,000 Detached	0.24 22308 WAYNEWOOD
2403 WILLIAM AND MARY DR	5 ... 2 ... 1	ALEXANDRIA	\$745,000 Detached	0.27 22308 KIRK
7424 REBECCA DR	4 ... 2 ... 0	ALEXANDRIA	\$736,000 Detached	0.46 22307 HOLLIN HILLS
6212 TALLY HO LN	5 ... 4 ... 0	ALEXANDRIA	\$725,000 Detached	0.25 22307 BELLE HAVEN
1222 WOODCLIFF CT	4 ... 2 ... 0	ALEXANDRIA	\$725,000 Detached	0.71 22308 WELLINGTON HEIGHTS
8705 MERCEDES CT	5 ... 3 ... 1	ALEXANDRIA	\$720,000 Detached	0.26 22308 PLANTATION ESTATES
1122 WESTMORELAND RD	4 ... 3 ... 0	ALEXANDRIA	\$700,000 Detached	0.22 22308 WELLINGTON ESTATES
8043 WELLINGTON RD	4 ... 3 ... 0	ALEXANDRIA	\$680,000 Detached	0.27 22308 HOLLIN HALL VILLAGE
6307 GOLF COURSE SQ	3 ... 3 ... 1	ALEXANDRIA	\$667,000 Townhouse	0.08 22307 OLDE BELHAVEN TOWNE
6617 CAVALIER DR	4 ... 3 ... 1	ALEXANDRIA	\$655,000 Detached	0.17 22307 BUCKNELL MANOR
8714 BLUEDALE ST	4 ... 2 ... 1	ALEXANDRIA	\$655,000 Detached	0.26 22308 STRATFORD LANDING
3702 RIVERWOOD RD	4 ... 2 ... 1	ALEXANDRIA	\$640,000 Detached	0.45 22309 RIVERWOOD
3711 GREAT NECK CT	6 ... 3 ... 0	ALEXANDRIA	\$639,900 Detached	0.47 22309 WESTGATE
7327 RANGE RD	4 ... 2 ... 2	ALEXANDRIA	\$639,000 Detached	0.35 22306 HOLLIN MEADOWS
2205 PAUL SPRING PKWY	5 ... 3 ... 0	ALEXANDRIA	\$639,000 Detached	0.24 22308 HOLLIN HALL VILLAGE
7735 MIDDAY LN	4 ... 3 ... 0	ALEXANDRIA	\$635,000 Detached	0.35 22306 HOLLINDALE
6313 FORT HUNT RD	4 ... 3 ... 1	ALEXANDRIA	\$625,000 Townhouse	0.11 22307 OLDE BELHAVEN TOWNE
7514 CORNITH DR	4 ... 2 ... 1	ALEXANDRIA	\$615,000 Detached	0.60 22306 MILWAY MEADOWS
8718 LINTON LN	4 ... 2 ... 2	ALEXANDRIA	\$610,000 Detached	0.19 22308 STRATFORD ON THE POTOMAC
2909 DOUGLAS ST	4 ... 3 ... 1	ALEXANDRIA	\$599,000 Detached	0.15 22306 THORNROSE
2717 SCHOOLEY DR	3 ... 3 ... 0	ALEXANDRIA	\$595,000 Detached	0.43 22306 MEMORIAL HEIGHTS COMMUNITY ASSO
1806 MACADAMS PL	4 ... 2 ... 0	ALEXANDRIA	\$585,000 Detached	0.26 22308 HOLLIN HALL VILLAGE
6913 QUANDER RD	4 ... 3 ... 0	ALEXANDRIA	\$580,000 Detached	0.17 22307 BUCKNELL MANOR
2303 CAVENDISH DR	4 ... 3 ... 0	ALEXANDRIA	\$578,000 Detached	0.26 22308 STRATFORD LANDING
8824 BLACK ALDER DR	4 ... 4 ... 0	ALEXANDRIA	\$575,000 Detached	0.22 22309 WOODMILL ESTATES
2447 HUNTINGTON PARK DR	4 ... 3 ... 1	ALEXANDRIA	\$569,000 Townhouse	0.03 22303 PAVILIONS AT HUNTINGTON
2312 WILLIAM AND MARY DR	5 ... 2 ... 0	ALEXANDRIA	\$555,000 Detached	0.36 22308 KIRK
2711 BOSWELL AVE	4 ... 2 ... 1	ALEXANDRIA	\$549,900 Detached	0.56 22306 HYBLA VALLEY FARMS
5802 FLAXTON PL	4 ... 2 ... 0	ALEXANDRIA	\$535,000 Detached	0.24 22303 BURGUNDY FARM
1801 ROLLINS DR	3 ... 2 ... 1	ALEXANDRIA	\$525,200 Detached	0.30 22307 BUCKNELL MANOR

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We welcome Anita Edwards & Melody Abella to our team!



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SENIOR LIVING

Be Useful, Fit, and Have Fun

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BY EDEN BROWN
THE GAZETTE

For active “seniors,” there is nothing worse than when the bank teller and the waitress start calling you “sweetie” or “dear,” and the passengers in priority seating on the bus get up to offer you a seat.

Old? Of course none of them feel old. The hair may be graying, the shoes may be sneakers, and the membership may be AARP, but Northern Virginia is a haven for people who want to stay active and useful after retirement.

Tree Stewards of Arlington and Alexandria

This is a group of volunteers who go through a six-week course reviewing basic botany and pruning techniques, among other skills. One of the leading lights of the Tree Stewards, Nora Palmatier, described her discovery of this group this way: “I’ve always believed volunteering is important as a way to ‘give back’ to society. When I

retired, it didn’t take me long to realize I needed volunteering to keep me socially and cognitively active. So I signed up for a 10-week class on something I knew nothing about — tree physiology and maintenance — which made me use basic science again, and became a Tree Steward. As a group we do tasks like planting new trees, pruning trees, and staffing education tables at community events. Not only do I get to be outside with a group of friends, but we get thanked so much by the public as they pass by our work area and we get to work with county’s great park and school staff.”

For more information, see www.treestewards.org

Wednesday Mid-Week Hikers

“Another way to stay fit and social is the Wednesday Mid-Week Hikers,” Palmatier added. “We have a large listserv and someone organizes a hike each week, then you go or not.”

Kate Hughes provided the details: “Initially organized in the late 1970s, the PATC Mid-Week Hikers are an enthusiastic collection of retirees, semi-retirees and others that love to hike. While the pace varies somewhat within the group, participants need to be very fit as most hikes are a brisk 8-12 miles, with up to 3,200 feet of elevation

SEE HOW TO, PAGE 12

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SENIOR LIVING

How To Be Useful, Fit, and Have Fun

FROM PAGE 10

gain. Including a lunch break, most hikes last 5-6 hours. Hike locations include the Shenandoah National Park, the George Washington National Forest in Virginia, Sugarloaf Mountain and Catocin National Park in Maryland. Hikes are posted on the PATC website calendar (top of the homepage www.patc.net) a few days before each hike."

The Potomac Appalachian Trail Club (PATC) also has an easy hikers group. There are dozens of other hiking meet-ups in the Northern Virginia area, and finding them is easy: see www.meetup.com/topics/hiking/us/va/arlington/

Master Gardeners

The Virginia Cooperative Extension (VCE) Master Gardener program trains participants in best management practices of gardening and landscaping techniques that preserve and sustain the environment. Offered by the Arlington County Office, in partnership with the City of Alexandria, The Master Gardener Training classes are offered once a week several times a year. The class is 9 a.m.-3:30 p.m. with a break for lunch from 12-12:30 p.m. The cost of the 2017 volunteer training is \$235 for Arlington/Alexandria residents and \$285 for non-residents.

Limited scholarship assistance is available; for more information contact Leslie Fillmore, Master Gardener coordinator at 703-228-6426 or leslief7@vt.edu or look up activities on www.mgnv.org.

Make a Bucket List

Diane Allard of Arlington describes this stage of life as "a time to make a list of things I wanted to do long before I retired. I have a list of local sights I haven't seen, a bucket list of places I want to visit, untapped hobbies, unopened books, travel. I'm able to travel with my husband to some of those places on my bucket list — without having to ask anyone's permission — except maybe the dog."

Eldercare

"I retired two years ago and my parents entered into a phase of tumult," Allard said, and many other seniors echo this. "I have been able to step in and help assist them with a number of major medical issues, financial disaster, and moves. Getting them qualified for Medicaid took months of concerted effort — filing forms, paperwork, updating their legal documents. It's been more than a part-time job. It's challenging, but fulfilling, and simply feels like the right thing to do. Another priority has been taking better care of myself: swimming at the local high school pool, walking the dog, having coffee or breakfast with friends, hosting out of town visitors, music."

Join a Rock n Roll band

Allard sings with two groups — a rock band and a small show choir. It helps keep her connected to friends, another important aspect that changes when one retires. Her husband helped her dive into something else she has long wanted to do — learn to play guitar. She said, "Learning a musical instrument is fun, challenging, but also rewarding. Music is great

for the aging brain."

Take a Course

Allard is also taking Spanish class through the Arlington County community education program. She also volunteers for charities she finds meaningful, like Meals on Wheels. With all this going on, it is sometimes hard for Allard to even get the time to revisit her retirement list, but when she does, it inspires her to keep exploring new parts of the USA and beyond.

Join a Musical Group

Sallie Klunk of Arlington says she plays in a small musical group at a local nursing home. "I play flute with three other instrumentalists and about 10 singers once a week at Powhatan Nursing Home. Residents are provided with song sheets. My husband Dave and I played at Powhatan Nursing Home for 10 years as a piano and flute duo before I joined my present group."

During her time in the nursing home in Fairfax, she learned about Pets on Wheels, and saw the impact it had on residents. "For the residents, singing and enjoying animals are enriching experiences."

Volunteer for Pets on Wheels

The Fairfax Pets on Wheels program requires six steps: submit an online application; attend an orientation on the first Wednesday of each month, starting at 7:30 p.m. Get a pet behavior assessment. Pet

Handler teams are required to pass a behavior assessment to evaluate the pet's controllability, aggression, reaction to strangers, and overall behavior and level of stress in unfamiliar surroundings. Step 4: Get a Fairfax County Government Appointee Background Form. Step 5: Certify your pet's wellness. A FPOW health certificate is completed by your pet's regular veterinarian certifying that the pet is healthy and vaccinations are current. Step 6: Attend training at the facility of your choice.

To learn more, email dfspetsonwheels@fairfaxcounty.gov or call 703-324-5406.

Tutor Others Who Need Help

Gary Usrey tutors local students who need help with everything from history to biology to the citizenship test, or dissecting math word problems. He recommends the program at the Arlington Community High School. "It is a rewarding experience," he said, "Sometimes they are young people, and sometimes they are adults who are putting themselves through school while working."

To learn more, contact F. Lourdes Sanchez, bilingual resource assistant and Tutoring Center coordinator, Arlington Community High School, 800 S. Walter Reed Drive, Arlington, VA 22204, 703-228-8227 (direct) or Felisa.Sanchez@apsva.us.

Usrey said he also does some mentoring through the Affordable Housing Corporation (AHC Inc) and is currently helping with college applications. For more about mentoring, contact Cindy Rozon, 703-486-0626, ext.154, or see www.ahcinc.org/get-involved/volunteers/.



PHOTO BY EDEN BROWN

Sallie Klunk of Arlington plays flute in a group once a week, entertaining residents of a long-term care facility in Fairfax.



PHOTO BY ANGIE SECKINGER

Inspired by the library of New York socialite Brooke Astor, designer Kelley Proxmire used shades of blue against dark wood in the library of the D.C. Design House.

Inside Design House

In its 10th year, D.C. showcase raises money for charity.

BY MARILYN CAMPBELL

For the 10th anniversary of the D.C. Design House, 23 designers transformed the Potomac, Md. home which includes nine bedrooms, nine full bathrooms, four half bathrooms, a cinema, two-story library, a pool and a pool house. Visitors will have the opportunity to walk through the 27,256 square-foot estate to view the latest in home design trends. Proceeds from the event benefit the Children's National Health System.

It was actress Grace Kelly and the movie "To Catch a Thief" that inspired

Designer Marika Meyer's creation of the lady's retreat. "I thought of her elegance and her scarf blowing in the wind," said Meyer.

A collection of framed Hermes scarves line of the of the room's walls.

Much of the room's furniture, including two vintage, velvet chairs and a neutral sofa, surround a Lucite cocktail table, creating a balance between modern and traditional styles.

"When designing the room I thought, 'who would live in that room and what would she be



PHOTO BY ANGIE SECKINGER

An abundance of seating make the pool space by Kim Asner of Country Casual Teak a tranquil oasis.

like?" said Meyer.

Meyer used custom-designed, hand-painted fabric from her own collection for the room's drapes, pillows, stools and other accessories. One of her biggest obstacles

was making the large room feel intimate. "I designed it to make it beautiful and functional," she said. "I created different destinations so it doesn't feel so overwhelming."

Among those destinations are a large secretary, a game table and a bar cart.

SEE INSIDE, PAGE 14

DC Design House

Location: 9004 Congressional Court, Potomac, Md.

Tickets: \$35 at www.dcdesignhouse.com/copy-of-events

Open through Oct. 29: Saturday-Sunday 12-5 p.m.; Closed Mondays; Tuesday-Friday 10 a.m.-3 p.m., Sunday, Oct. 29: DC Design House, last day, 12-5 p.m.



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1115 Gatewood Drive, Alexandria, VA 22307 - \$860,000 *Villamay's ONLY Rambler w/Main Level 2-Car Garage + Full Fin. Basement *Just South of Old Town *Brick *Extensive Exterior Hardscape *Entry Foyer *5 BRs + Bonus Game Rm/Ofc. *Newly remodeled Full BAs *Formal LR&DR *European Island Kitchen w/Bay Wind. & Skylight *Hrdwds *Windows Replaced *Rec Rm w/Wet Bar in Rec. Rm & raised hearth Fpl. *Quiet Cul-de-Sac



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Home LifeStyle

Inside Design House

FROM PAGE 13

Dubbed A Study in Blue, the library by designer Kelley Proxmire draws inspiration from the library of New York socialite Brooke Astor. "I knew it was a classic and I had seen a recent picture and I knew it was a classic," said Proxmire. "Her books were probably antique, leather-bound and I knew that I something wanted something neat and tidy like that."

The room's dark wood paneling is brightened with natural lighting and accessorized with blue and white porcelain and painted books in varying shades of blue.

The designer's goal was to create a technology-free zone that allowed for uninhibited conversation. "Families need a place to sit and talk to each other without being on the telephone and watching television," said Proxmire. "I want all my rooms to say, 'Come and sit.' I don't want them to be too standoffish."

Marrying modern and traditional design elements, Alexandria-based design duo Todd Martz and Susan Nelson created a family room that is both energizing and relaxing, and is meant to be an electronics-free zone.

"The scale of the house is formal, but we wanted to create a room that is family friendly," said Martz. "We wanted to incorporate children's art, but display it in a way that's elegant."

The walls are covered with bright yellow wallpaper that provides an energetic backdrop for blue and white porcelain accessories. To accommodate the lives of a modern family, the white sofa is covered in Crypton fabric, which is stain-resistant and easy to clean. Other furniture in the room, which includes two faux leather chairs



PHOTO BY MARILYN CAMPBELL

Designer Lorna Gross of Bethesda created the Study Royale in the D.C. Design House.

are centered around a handmade, wooden coffee table.

Children's artwork hangs inside the bookcases among blue and white ginger jars. "It makes the book cases a little less serious," said Nelson.

The poolside oasis created by Kim Asner of Country Casual Teak allows visitors to be transported to a luxury spa. Lush greenery and teak lounge chairs surround the pool. An abundance of seating, a cabana and a pool house make the space ideal for entertaining a crowd or enjoying the space's serenity.

"The area is large so we needed substantial furniture," said Asner. "The cabana looks grand and impressive, but it's also comfortable."

Located at 9004 Congressional Court, Potomac, Md., the home is listed at \$10.28 million by Long and Foster Real Estate. Open through Oct. 29, tickets are \$35. Visit www.dcdesignhouse.com.



PHOTO BY ANGIE SECKINGER

Bright yellow wallpaper energizes the family room by Todd Martz and Susan Nelson.

ENTERTAINMENT

Meet Chef Wagner at Blackwall Hitch

BY SHIRLEY RUHE

The velvety cheese grits sit on one of the 20 burners in the kitchen at Blackwall Hitch on Cameron Street. Michael Wagner, corporate chef of the three Blackwall Hitch restaurants, says, "This is a very classic grits recipe with water and milk and, of course, white grits cooked on low for half an hour. See how smooth they are now." To finish it off he tosses in a couple of ounces of shredded cheddar cheese. The grits will form the base for the shrimp and grits he is preparing for lunch.

Wagner pours two tablespoons of 100 percent olive oil into a weathered sauté pan and turns the heat to high. He flips five gulf shrimp into the pan. "Hear them sizzle? I will sauté them for one minute on the first side to get a little color. The trick is not to overcook them. You could make them taste like rubber all day." Next step is to add finely chopped garlic along with 5-6 thick slices of Andouille sausage made by Logan Sausage on Wheeler Avenue.

Another 30 seconds, then he pours in 4 ounces of Chablis or chardonnay. "It should be a dry wine, not fruity." He adds diced tomatoes. "See I use both red and yellow." Finally the chopped shallots, and 1 teaspoon of blackening seasoning. "We'll reduce it a little bit. See how the sauce is changing color? I will cook it about two minutes just to be sure it is cooked through.

"It's almost ready. As soon as it is reduced a little, I'll add some chive butter to give it richness at the end. I do it off the heat so the sauce doesn't separate. There we go."

Wagner says he became a chef, "Well, I'm still asking myself why. It wasn't sure I was going to be a chef from the time I was the age of 3 or anything." He says he knew what he did not want to do. "I didn't want to sit



Chef Michael Wagner sautés Gulf shrimp briefly on high heat.

PHOTOS BY SHIRLEY RUHE

behind a desk. I'm creative by nature and hands on." Wagner continues, "I came from a family of great cooks, but I wasn't interested. I was busy playing sports. It was more like dinner is ready. Here I am."

Then he went to the Culinary Institute of America in Hyde Park. "I was young and finding out whether I wanted to pursue it. Then I got excited and the more I got into it, I got more excited."

Wagner says one of his favorite dishes at the restaurant is beef short ribs with butter-whipped potatoes and the aromatic juice of the braising liquid. He says this is one of the 20 new items being added to the fall menu this week. "Since we always use fresh available ingredients, we phase out summer dishes like soft shell crabs because you can't get them in the winter." The drink menu changes, as well, featuring specials such as the spiced apple cider mule which he describes as "liquid fall."

Oysters are a restaurant specialty, and a customer favorite is the Blackwall Beauty "exclusively named for us and available only

at our restaurants. We buy them from a farm in Assateague Point." He describes them as meaty, with a nice salt content, a little bit briny. "From farm to table. Within 24 hours they are delivered fresh to us."

The sauce is ready. "Now to plate it." Wagner arranges a large mound of cheese grits in a pasta bowl. "See I arrange the shrimp in a circle, tail side up." He fiddles with the shrimp to get it placed perfectly next to the first one. Then he wedges a couple of pieces of sausage in between. Wagner tilts the pan of sauce and dribbles it around the grits, wiping off any drips around the edge. A sprinkling of chives finishes the dish.

Wagner says he thinks that today people want to eat a little healthier and simpler food. They love locally grown farm to table food. "But I think that particularly the millennials are going out to have a full experience. That's where we separate ourselves by having great bands with a following and a jazz brunch. Some people come here just for the band."



Adds dry wine and minced



Dishes out velvety cheese grits



Arranges shrimp tail side up, wedges in sausage



Drizzles sauce around shrimp and grits



Chef Wagner's picture perfect dish

CALENDAR

Submit entertainment announcements at www.connectionnewspapers.com/Calendar/. The deadline is noon on Friday. Photos/artwork encouraged.

ONGOING

Fall 2017 Native Plant Sale.

Through Oct. 15 at the Jerome "Buddie" Ford Nature Center, 5750 Sanger Ave. The Department of Recreation, Parks, and Cultural Activities is offering a native plant sale to help grow Alexandria's tree canopy and undergrowth. Call 703-746-5559 or visit www.alexandriava.gov.

Artists Exhibit. Various times through Oct. 31 in the Fireplace Alcove, Mount Vernon Unitarian Church, 1909 Windmill Lane. Dolly Rowe's hooked artworks called "Painting in Wool and Silk" will be on display. Contact dollyrowe73@yahoo.com.

Alexandrians Fight The Great War. Various times through Nov. 11 at The Lyceum, 201 S. Washington St. This exhibit shares some of the stories of Alexandrians during the war and their more active participation in the

American war effort after April 1917. Visit www.alexandriava.gov/Lyceum or call 703-838-4994.

Mount Vernon Farmers Market. 8 a.m.-12 p.m., Wednesdays, through Dec. 14. Fresh local food, artisan crafts. Sherwood Library, 2501 Sherwood Hall Lane. Visit www.fairfaxcounty.gov/parks/farmersmarkets/mtvernonmkt.htm.

OCTOBER

Ghost and Graveyard Tour.

Throughout October, nightly at 7:30 p.m.; Friday and Saturday second tour at 9 p.m. \$13 adults; \$7 ages 7-17. Tour departs from Alexandria Visitor Center, 221 King St. Hear ghost stories, legends and folklore. Call 703-519-1749 or visit www.alexcolonialtours.com.

THURSDAY/OCT. 12

Fashion Show and Luncheon. 10 a.m. at the Mount Vernon Country Club, 5111 Old Mill Road. The Yacht Haven Garden Club is presenting their 34th annual Fashion Show and

Luncheon, "Floral Fantasy." Proceeds will go to several agricultural projects. For further information and tickets contact: Kathy Ichter, Ichter@verizon.net or call 703-780-8700

Chambers Breakfast. 7:30-9 a.m. at the Holiday Inn Rosslyn, 1900 North Fort Myer Drive, Arlington. Alexandria Chamber of Commerce teaming up with the Arlington Chamber of Commerce for this installation of this monthly event. Visit www.alexchamber.com/.

Artists Reception. 6:30-8 p.m. at Studio 21 in the Torpedo Factory Art Center, 105 North Union St. M. Jane Johnson's "Splendid Fortitude" Celebrates the Geisha. Exhibit on display through Nov. 5. Visit www.theartleague.org or 703-683-1780

FRIDAY/OCT. 13

10,000 Maniacs in Concert. 7:30 p.m. at The Birchmere, 3701 Mount Vernon Ave. A 1980's favorite, Julian Velard will open the show. \$35 Visit www.birchmere.com.

OCT. 13-15

2017 National Kids Yoga

Conference. 7 p.m. at the Nannie J. Lee Community Center, 1108 Jefferson St. Learn the art of successfully bringing yoga, mindfulness, and social emotional learning to the youth in your community. Visit conference.yokid.org/.

SATURDAY/OCT. 14

Hike and Sketch Program. 10 a.m.-noon at Huntley Meadows Park, 3701 Lockheed Blvd. Learn to identify those greenish patches and draw the textures defining lichen colonies. \$8. Ages 10 and up. Call 703-768-2525 or visit www.fairfaxcounty.gov/parks/huntley-meadows-park/.

Fire Prevention Week Open

House. 10 a.m.-4 p.m. at Alexandria's fire stations. Personnel at each station will be available to answer questions about their facility, equipment, and the Fire Department. Visit www.alexandriava.gov/Fire.
❖ Fire Station 201 - Old Town (317

Prince St.)

❖ Fire Station 202 - Del Ray (213 East Windsor Ave.)

❖ Fire Station 203 - Beverly Hills (2801 Cameron Mills Road)

❖ Fire Station 204 - Powhatan Park (Headquarters, 900 Second St.)

❖ Fire Station 205 - Rosemont (1210 Cameron St.)

❖ Fire Station 206 - Seminary Valley (4609 Seminary Road)

❖ Fire Station 207 - Cameron Valley (3301 Duke St.)

❖ Fire Station 208 - Landmark (175 North Paxton St.)

❖ Fire Station 209 - Potomac Yards (2800 Main Line Blvd.)

❖ Fire Station 210 - Eisenhower Valley (5255 Eisenhower Ave.)

Drawing Workshop. 9:30-11 a.m. at Green Spring Gardens, 4603 Green Spring Road. Artist and instructor Caroline Hottenstein shows how to use pen and ink, watercolor, graphite and colored pencils to capture and highlight details in insect illustration. Visit www.fairfaxcounty.gov/parks/greenspring or call 703-642-5173.

Watershed Cleanup Day. 9-11:30 a.m. at Huntley Meadows Park, 3701

ENTERTAINMENT

Lockheed Blvd. Opportunity for individuals, students, families, scouts and other community groups to be part of this year's International Coastal Cleanup. Help clear the earth's arteries by collecting tires, bed springs, bottles, cans and other debris from your local waterways. Visit bit.ly/FCPAwatershedClean.

Fall Family Carnival. 10 a.m.-2 p.m. at the Gum Springs Community Center, 8100 Fordson Road. The Northern Virginia Urban League (NVUL), in partnership with Smart Learning Solutions, will host an ASTEAM Fall Family Carnival, with hands on learning activities for children and families, will feature a fun-filled day of Aviation, Science, Technology, Engineering, Art, and Mathematics. To register and for additional information about the ASTEAM Fall Family Carnival and Northern Virginia Urban League, visit www.nvul.org or call 703-836-2858.

Burgundy Fall Fair. 11 a.m.-3 p.m. at Burgundy Farm Country Day School, 3700 Burgundy Road, Alexandria. Family fun for all ages: Zombie run, pumpkin painting, moon bounce, live music, used book and kids' closet sale, food tent. Free admission. Proceeds from activity tickets and food and merchandise sale benefit student financial aid. Rain or shine. Visit www.burgundyfarm.org or call 703-960-3431.

Touch-A-Truck. 11 a.m.-3 p.m. at Walt Whitman Middle School, 2500 Parkers Lane. An interactive event that allows children to see, touch, and explore their favorite big trucks and heavy machinery, as well as to meet the personnel who protect, serve, & build the Alexandria community. \$5, children under 2 are free. Visit www.FortHuntPreschool.com.

Scottish Heritage Day. noon-4 p.m.

at the Carlyle House, 121 N. Fairfax St. Scottish music, dancing, and fashion as well as tours of the Carlyle House. Call 703-549-2997 or visit www.CarlyleHouse.org.

Painting in the Park. noon-4 p.m. at John Carlyle Square in the Carlyle District of Alexandria. 300 John Carlyle St. Free. Visit www.AlexandriaVA.gov/CarlyleFun

Outlandish Event. 1-4 p.m. at the Stabler-Leadbeater Apothecary Museum, 105 S. Fairfax St. Tour the historic apothecary and learn about a few of the herbal medicines featured in Diana Gabaldon's "Outlander" series of novels from cascara to dauco seeds. \$18. Call 703-746-3852 or visit alexandriava.gov/shop.

Civil War Firefighting Walking Tour. 1-3 p.m. at the Firehouse, 107 South Alfred St. Learn Alexandria's Civil War firefighting history on the "We've Been Burned: Alexandria Firefighters During the Civil War" tour. \$6 for adults and \$4 ages 10-17. Visit www.shop.alexandriava.gov or call 703-746-4994.

Beer Tapping and Pet Adoption. 2-5 p.m. at Port City Brewing Company, 3950 Wheeler Ave. Port City Brewing Company and Lost Dog Café have partnered to support Lost Dog and Cat Rescue Foundation by brewing a limited-edition IPA for National Adopt-a-Dog Month in October. Lost Dog Rescue Ale will be available for the first time in the Tasting Room that day. Visit www.portcitybrewing.com/ or www.lostdogrescue.org.

Grand Opening. 3-6 p.m. at Wholistic Hound Academy, 18 Roth St. A dog and kid friendly event and will feature training and dog sports demonstrations. Visit www.wholistichound.com/.

SEE CALENDAR, PAGE 18

Lift a Glass: Virginia Wine Festival

BY HOPE NELSON

Fall: The perfect time for apple-picking, leaf-peeping, and sipping wine along the Potomac on a crisp October weekend.

The 42nd annual Virginia Wine Festival sets up shop at Oronoco Bay Park on Saturday and Sunday, moving to a more coastal location after several years in Fairfax's Bull Run Regional Park. Organizer Charlie Adler of TasteUSA says that though the foot traffic at Bull Run was impressive, the more DC-centric location may boost the festival's numbers still.

"We did really well at Bull Run — we had almost 9,000 people over two days. But frankly it was a little bit far away, and that created some logistical issues," he said.

With the festival's new location in the heart of Old Town, Adler says there's a renewed focus on public and pedestrian transportation, encouraging use of Alexandria's bus and trolley system as well as bike trails. The festival will also sport a pickup and dropoff point for Uber and Lyft to cut down on street parking.

But while infrastructure is all fine and well, ticket-holders are coming for the wine. And it will be plentiful, Adler says. Featuring wineries from Leon's Prince Michel to Floyd's Chateau Morrisette, from Gordonsville's Horton Vineyards to Delaplane's Blue Valley Vineyard and Winery, even well-versed visitors can expect to get a taste

of a new wine or two.

Though the weekend is dubbed as a wine festival, cideries and breweries will also be in attendance for the festivities. It's just the natural progression of the festival scene, Adler says.

"People want diversity. They don't want to just drink wine, they might want to try cider, maybe a gluten-free (beverage)," he said. "... We added beer last year — that was the first time we'd ever had beer at the festival. You have a couple, you have a group, and maybe some drink wine and some don't."

To that end, keep an eye out for the likes of Cobbler Mountain Cider and Winchester Cider Works, both of which will offer up some non-wine drinks for tasting.

And festival-goers can't subsist on wine (or cider) alone. To that end, the Virginia Oyster Pavilion will be open for service, offering up oysters in all manner of ways for the weekend. Not a fan of the trusty bivalve mollusk? Feast instead on an array of options from an array of vendors, including The Big Cheese food truck, Manassas' Grilled Reaper, and Old Town's own Meggrolls. Tickets for the event are \$35 per day in advance and \$45 at the door. VIP tickets are sold out for Saturday but still available for Sunday at \$75 in advance and \$95 at the door. Visit www.virginiawinefest.com for more details.

Hope Nelson owns and operates the Kitchen Recessionista blog, located at www.kitchenrecessionista.com. Email her any time at hope@kitchenrecessionista.com.

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22nd Annual Art Safari
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Details: torpedofactory.org/artsaafari

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The Torpedo Factory Art Center is managed by the City of Alexandria's Office of the Arts, a division of the Department of Recreation, Parks and Cultural Activities. • 703.746.4570 • torpedofactory@alexandriava.gov

ENTERTAINMENT

MetroStage Tackles Langston Hughes

“Are You Now, Or Have You Ever Been” is about McCarthy hearings.

BY STEVE HIBBARD

MetroStage in Alexandria is staging “Are You Now, Or Have You Ever Been” now through Nov. 5. The drama with music is a fictional account of the demons and dilemmas faced by Langston Hughes while attempting to write a poem on the eve of his appearance before the Senate Permanent Subcommittee on Investigations led by U.S. Sen. Joseph McCarthy. Directed by Thomas W. Jones II with music by William Knowles, it will be performed against the backdrop of the blues and the poetic hues of Hughes.

According to Carolyn Griffin, producing artistic director: “In choosing the 2017 fall season of plays, one of my goals as the artistic director at MetroStage was to find something that touched on politics. Since the last presidential campaign, politics has increasingly becoming a part of our lives and to proceed with business as usual seemed to be ignoring this reality. But with the 24-hour news cycle, did we really need anything further about the current situation, especially since there is breaking news on a daily basis?”

She found the play about Harlem Renaissance poet Langston Hughes being called before the subcommittee during the McCarthy hearings of the 1950s, being questioned by Senators McCarthy and Dirksen, being counseled by lawyer Roy Cohn and others. “I thought I had found the perfect mix of politics and the arts, conceived and written by Minneapolis playwright Carlyle Brown,” she said.

The drama had had only one production, she said, so this was an opportunity to put Director Thomas W. Jones’ and composer William Knowles’ touches directorially and musically to this evening in Harlem with Hughes facing accusations that many artists during that era had to face followed by a day in the Senate Chambers.

“Poetry by Hughes, musical underscoring of Langston’s evocative poetry, and the politics of the early 1950s — with accusations flying about un-American activities all felt like something I would like to present on stage to our patrons,” she said.

Marcus Naylor plays the role of Langston Hughes, who he describes as a poet, writer and artist. He called him: “A man who found his calling in life, and lived life to fullest. ... A man who found liberation in poetry inspiring generations of artists to follow.”

He said his challenge with the role was managing the energy required to navigate the world of a poet’s mind and pressing reality in going up before the Senate Committee on charges of being un-American.

“The idea of being private in public and public in private adds to the challenge,” he said. “Time also becomes a factor in playing the role of an historical figure, and how to find the balance to honor what the record is and exercising the poetic freedom of the actor to create truthfully under imaginary circumstances.”

He continued: “This play is a journey with many elements including music, images, sound, song, dance, poetry and acting. It is at one and the same time working within an ensemble framework while walking alone on a tightrope and your net is my fellow actors, the creative and producing team behind the scenes, and my director that guided me along

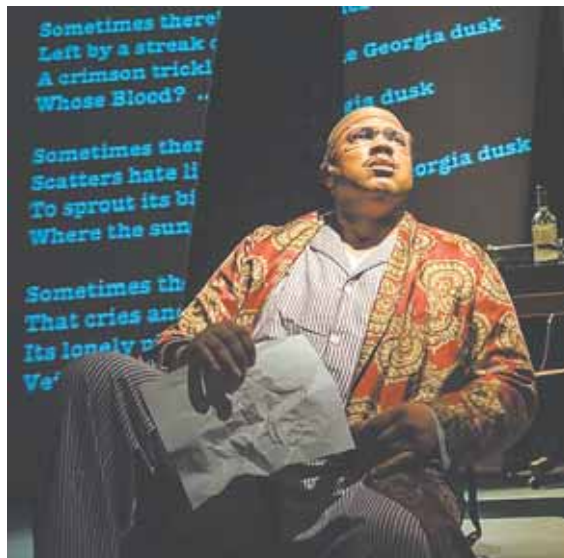


PHOTO CONTRIBUTED

Marcus Naylor stars as Langston Hughes in MetroStage’s production of “Are You Now, Or Have You Ever Been.”

the way.”

Wood Vanmeter plays the role of David Schine, one of the members of McCarthy’s subcommittee. “His journey to the committee was quite interesting,” he said. “He wrote a very anti-communist publication that had several errors, and it made its way to Roy Cohn, McCarthy’s lead prosecutor. Cohn brought Schine on board as an unpaid ‘volunteer’ committee member.”

He added that it’s difficult to not judge your character when you disagree with him. “Additionally, it’s hard to not let the events in his future cloud him. This story shows Schine at the beginning of his career, before several of his more notorious accomplishments. You can only focus on the moment in front of you,” he said.

Marni Penning Coleman is playing two different roles. In the first half of the play, she plays a Marilyn-Monroe-ish-type member of the Blues Chorus in Langston Hughes’ mind. In the second half, she plays a 26-year-old Roy Cohn, the special prosecutor for the McCarthy Senate Subcommittee on Un-American Activities in 1953.

“It’s a nice balance, because I get to sing and dance and have fun for half the show, then I turn into a prosecutorial pit-bull and go after Langston Hughes in the second half,” she said.

She said the biggest challenge was portraying Roy Cohn, this well-known, real life character about whom so much is now known. “I have to suppress all my femininity, don a suit, and attack Langston Hughes (played by Marcus Naylor, who is really sweet) to interrogate him about his communist affiliations,” she said. “It’s also the most fun, because I thrive in intense roles, and Cohn is a steam train who doesn’t let up.”

She added: “It’s also been a long time since I danced in a show, so I’m really getting my steps in! In our first dance rehearsal, my Fitbit buzzed to celebrate 10,000 steps when we weren’t even halfway through the day.”

MetroStage in Alexandria is staging “Are You Now, Or Have You Ever Been” now through Nov. 5. Showtimes are Wednesdays through Saturdays at 8 p.m.; Saturday and Sunday matinees at 3 p.m.; Sundays at 7 p.m. Cost is \$55 to \$60. The venue is located at 1201 North Royal St., Alexandria. Visit www.metrostage.org or call the Box Office at 703-548-9044.

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ENTERTAINMENT

FROM PAGE 16

Long Black Veil Happy Hour. 6-9 p.m. at Gadsby's Tavern Museum, 134 N. Royal St. Enjoy Port City beverages. \$25. Visit shop.alexandriava.gov/events.aspx.
Members Support Party. 7-9 p.m., at The Athenaeum, 201 Prince St. The Northern Virginia Fine Arts Association invites members and friends to join us for La Vie en Rose, a French evening in the Athenaeum Gallery. Visit www.nvfaa.org or call 703-548-0035.

OCT. 14-15

42nd Annual Virginia Wine Festival. noon-6 p.m. at Oronoco Bay Park, 100 Madison St. Wine tasting from many Virginia wineries, festival access to the Virginia Oyster Pavilion, and all concessions and musical entertainment. \$35-65. Call 202-244-3700 or visit www.virginiawinefest.com.

DEADLINE OCT. 15

Photo Contest. Submit photos taken in the city with the theme "Support the well-being of Alexandria's residents by ensuring access to a variety of quality recreation, park and cultural experiences." Visit www.alexandriava.gov/Recreation for more information.

SUNDAY/OCT. 15

Walk to Bust Cancer. 8 a.m. at Fort Hunt Park, 8999 Fort Hunt Road. National Breast Center Foundation's Walk to Bust Cancer to increase awareness and celebrate survivorship. Email Martha.Carucci@nationalbreastcenter.org

or visit www.walktobustcancer.org.
First Annual Dogs for Literacy Dog Walk. 2-4 p.m. at Cameron Run Park, 4001 Eisenhower Ave. Proceeds will benefit the Alexandria Tutoring Consortium's "Book Buddies" program for struggling readers. \$40 per dog. Call 703-228-2144.

George V. Johnson Quintet. 4 p.m. at Meade Memorial Episcopal Church, 322 N. Alfred St. Jazz at Meade, \$20 donation, free street parking, free intermission buffet. Call 267-463-7936.

Gallery at Sonoma Cellar. 5-7 p.m. at Sonoma Cellar, 207 King St. Kate Fitzpatrick discusses her abstract work focuses on tributaries and waterways, and uses recycled material to add depth and texture to her work. Free, but \$65 for dinner. Email info@sonomacellar.com or call 703-966-3550.

Free Speech Forum. 7 p.m. at 7:30 p.m. at The Birchmere, 3701 Mt. Vernon Ave. Visit www.wmal.com/freespeechforum/ or www.birchmere.com.

MONDAY/OCT. 16

Gallery at Sonoma Cellar. 5-7 p.m. at Sonoma Cellar, 207 King St. Author Peter Hellman will attend the Cellar book club, open to the public, to discuss his book "In Vino Duplicitas, the Rise and Fall of a Wine Forger Extraordinaire." Email info@sonomacellar.com or call 703-966-3550.

TUESDAY/OCT. 17

Genealogy Lecture. 1-3 p.m. at the Hollin Hall Senior Center, 1500 Shenandoah Road. "Behind the Ived Walls," Sharon Hodges talks about records of genealogical interest found



at colleges and universities. Call 703-768-4101 or visit www.mvgenealogy.org.

OCT. 17-NOV. 26

Multiple Exposures Gallery. Various times at the Torpedo Factory Art Center, 105 North Union Street, #312. Photo exhibit. Visit www.multipleexposuresgallery.com.

WEDNESDAY/OCT. 18

Best in Business Awards Ceremony. 6-9 p.m. at The George Washington Masonic National Memorial, 101 Callahan Drive. Alexandria Chamber of Commerce Honors Bill Blackburn as 2017

Business Leader of the Year. \$115 or \$150 for non-members. Visit www.alexchamber.com/.

THURSDAY/OCT. 19

Film Screening, Discussion, and Book Signing. 7 p.m. at the Alexandria Black History Museum, 902 Wythe Street. An Evening with Alexandria boxer Anthony Suggs, Sr. and moderator Michael Joyner. Free. Call 703-746-4356.

FRIDAY/OCT. 20

Ghosts and Grief Halloween Tours at Lee-Fendall House. starting at 7 p.m., 7:30 p.m. and 8 p.m. at the Lee-Fendall House, 614 Oronoco St.

Learn more about the rituals and customs behind our modern-day funeral practices. \$8 in advance; \$10 at the door; free to members. Call 703-548-1789 or visit www.leefendallhouse.org.

Lloyd Cole Concert. 7:30 p.m. at The Birchmere, 3701 Mount Vernon Ave. Playing selections from his album "Rattlesnakes." \$25 Visit www.birchmere.com.

SATURDAY/OCT. 21

Mega Bazaar/Craft Fair. 9 a.m.-2 p.m. at the Hollin Hall Senior Center, 1500 Shenandoah Road. Over 30 crafters, silent auction, bake sale, and door prizes. Call 703-765-4573.

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ENTERTAINMENT

Spring. 9:15 a.m.-12:15 p.m. at Green Spring Gardens, 4603 Green Spring Road. In this extended Master Class, famed plantsman and author David Culp will share plant knowledge that will benefit the garden. \$28. Call 703-642-5173.

History of Candy Lecture. 11 a.m. at the Black History Museum, 902 Wythe St. Susan Benjamin, candy historian, returns to the Alexandria Black History Museum to talk about the historic origins of candy based on her book “Sweet as Sin: The Unwrapped Story of How Candy Became America’s Favorite Pleasure.” This program focuses on African-American contributions to sugar production and candy making. \$15. Call 703-746-4356 or visit www.alexandriava.gov/BlackHistory.

Bicentenary of the Birth of Baha’u’llah. 3-6 p.m. in the Madison Auditorium of the Patent and Trademark Office, 600 Dulany St. 200th anniversary of the birth of Baha’u’llah, the Founder of the Baha’i Faith. Visit alexandriavabahais.org/bicentennial/.

Meet the Film Producer. 5:30 p.m. at Aldersgate United Methodist Church 1301 Collingwood Road. Doblmeier is founder and president of Journey Films and has produced more than 30 films focused on religion, faith and spirituality. Visit www.journeyfilms.com.

Tales from the Vault. 7-8 p.m. at Ivy Hill Cemetery, 2823 King St. Presented in Ivy Hill Cemetery’s receiving vault, the closest thing Alexandria has to catacombs, come hear tales of Virginia’s history. \$10. Call 703-549-7413 x112 or visit ivyhillcemetery.net.

Raven’s Night Concert. 7:30 p.m. at The Birchmere, 3701 Mount Vernon Ave. Belladonna and Ken Vegas take you back in time with an all new show inspired by the “Beautiful Age” in France, from 1871-1914. \$25. Call 703-549-7500 or visit www.ravensnight.com.

Brahms, Britten and Butterworth Concert. 8 p.m. at the Rachel M. Schlesinger Concert Hall and Fisher Art Gallery NOVA, Alexandria Campus, 4915 East Campus Drive. Images of coastal shores and pastoral greens dominate their October concerts. Visit www.nvcc.edu/schlesingercenter/.

SUNDAY/OCT. 22

Civil War Author. 2 p.m. at Huntley Meadows Park, 3701 Lockheed Blvd. Gregory Wilson discusses his book “Jonathan Roberts: The Civil War’s Quaker Scout and Sheriff.” Call 703 768-2525.

Brahms, Britten and Butterworth Concert. 8 p.m. at George Washington’s Masonic Temple, 101 Callahan Drive. Images of coastal shores and pastoral greens dominate their October concerts with James Ross, guest conductor. Visit www.nvcc.edu/schlesingercenter/.

MONDAY/OCT. 23

Teamesteem. 9 a.m.-5 p.m. at Mt Vernon Country Club, 5111 Old Mill Road. www.dormie.io/teamesteem. Fundraising event for a nonprofit mentorship organization that pairs young professionals with local college and high school students to help them learn leadership, entrepreneurship, technology skills, and personal finance as well as empower them to be fulfilled both personally and professionally. Visit www.dormie.io/teamesteem.

“Singing with Martin Luther.” 7 p.m. at the Immanuel Chapel, Virginia Theological Seminary, 3737 Seminary Road. A hymn fest celebrating 500 Years of Reformation Hymns led by renowned liturgical scholar Gail Ramshaw. Visit singwithluther.eventbrite.com or call 703-461-1792.

OCT. 24-DEC. 19

Watercolor Exhibit. Various times at Green Spring Gardens, 4603 Green Spring Road. See “Nature from Three Points of View”, the work of Jan Burns, Madeleine Chen, and Shari MacFarlane, at the Horticulture Center. Sunday, Oct. 29 is the Artists Reception. Visit www.fairfaxcounty.gov/parks/greenspring or call 703-642-5173.

WEDNESDAY/OCT. 25

WPHS Orchestra Spooktacular. 5:30-7 p.m. at West Potomac High School, 6500 Quander Road. West Potomac Orchestra’s annual Spooktacular Carnival and Concert. Free. Call 703-718-2587.

THURSDAY/OCT. 26

Meet the Author. 8:15-11 a.m. at the George Washington Masonic Memorial, 101 Callahan Drive. Author Beth Kanter discusses “The Happy Healthy Nonprofit: Strategies for Impact without Burnout,” that will help steer your organization away from burnout while boosting all-around performance. Call 703-683-2007.

Yappy Hour. 5-7:30 p.m. at Holiday Inn Alexandria Carlyle, 2460 Eisenhower Ave. To benefit the Dog and Cat Foundation part of Dogtoberfest. Friendly dogs welcome on the patio. Visit www.visitalexandriava.com.

Film and Discussion. 7-9 p.m. at the Alexandria Black History Museum, 902 Wythe St., Alexandria. “Breathe in the Roots,” film tells the story of Ty Christen Joseph, a young African-American English teacher, who takes a spiritual journey of discovery from Addis Ababa to Lalibela in Ethiopia. Following the film, Indrias G. Kassaye, the film’s writer, photographer, and producer leads a discussion. \$10. Visit www.alexandriava.gov/BlackHistory.

FRIDAY/OCT. 27

Bark or Treat Canine Cruise. 6 and 7:30 p.m. at Alexandria City Marina, 1 Cameron St. Come out with your costumed canine and cruise to some Halloween tunes along the Potomac. \$18 adults; \$12 ages 2-11; dogs free. Call 703-684-0580 or visit www.potomacriverboatco.com.

Ghosts and Grief Halloween Tours at Lee-Fendall House. starting at 7 p.m., 7:30 p.m. and 8 p.m. at the Lee-Fendall House, 614 Oronoco St. Learn more about the rituals and customs behind our modern-day funeral practices. \$8 in advance; \$10 at the door; free to members. Call 703-548-1789 or visit www.leefendallhouse.org.

The Gadsby’s Tavern Ghost Tour. 7-9 p.m. tours every 30 minutes at Gadsby’s Tavern Museum, 134 N. Royal St. Follow a colonial-costumed guide through the Alexandria streets, visit a cemetery and enter one of the most haunted buildings in Old Town. Call 703-519-1749 or visit www.alexcolonialtours.com.

OCT. 27-28

Trick-or-Treating at Mount Vernon. 3:30-6:30 p.m. at George Washington’s Mount Vernon, 3200 Mount Vernon Memorial Highway. Wagon rides, chocolate making, costume parade. \$12 adults; \$6 ages 11 and under. Visit www.mountvernon.org.

OCT. 27-29

Worship Ceremonial Workshops. Various times at St. Aidan’s Episcopal Church, 8531 Riverside Road. Author John Philip Newell leads discussions and workshops from his book “Rebirthing of God.” Visit www.centerforspiritualdeepening.org.

SATURDAY/OCT. 28

Fundraising Yard Sale. 7 a.m.-1 p.m. at Wesley United Methodist Church, 8412 Richmond Ave. Benefit for Rising Hope Mission Church which feeds, clothes, and shelters those most in need. Visit www.risinghopeumc.org/special-events.

Le Tour d’Alexandria. 10 a.m. at Beatley Central Library, 5005 Duke St. The bike tour will highlight many of the library’s programs and resources, and offer participants the opportunity to socialize with other library and bicycling enthusiasts. This year’s tour will highlight some of Alexandria’s haunted locations. Visit www.bit.ly/alexlibrarybiketour.

4th Annual Halloween Pumpkin Hunt. 10:30 a.m., 12:30 and 2:30 p.m. Alexandria’s ghosts and goblins will fill the garden with hundreds of colorful toy-filled pumpkins for local children to discover. Other activities include crafts to take home, a sticker station, temporary tattoos, spooky stories, a costume parade with prizes as well as drinks and refreshments. Call 703-548-1789 or visit www.leefendallhouse.org.

Canine Costume Contest. 2-4 p.m. on the patio at Lena’s Wood-Fired Pizza & Tap at 401 E. Braddock Road. Benefit for Animal Welfare League of Alexandria’s and to launch the AWLA’s 2018 photo calendar commemorating Alexandria’s 2018 Animal of the Year, Zoey, who passed earlier this year. \$25 for one costume entry (individual or group) and \$10 to attend. alexandrianimals.org/HowlOWeen2017.

Zombie Escape. 6:30-10 p.m. at the Carlyle House, 121 N. Fairfax St. \$30 ages 13 and up.

The group will have 20 minutes to crack a series of puzzles and physical feats to obtain all the supplies needed for your survival group back at the hotel. Visit www.CarlyleHouse.org.

Edgar Allan Poe Readings in the Vault. 7-8 p.m. in Ivy Hill Cemetery, 2823 King St. Presented in Ivy Hill Cemetery’s receiving vault, the closest thing Alexandria has to catacombs, the Guillotine Theater Company will perform some of Edgar Allan Poe’s readings. \$10. Call 703-549-7413 x112 or visit ivyhillcemetery.net

Nightmare on King Street. Judging at 11 p.m. at Daniel O’Connell’s, 112 King St. Free. Halloween Party. Live music by Driven to Clarity. Prizes for Best Female Costume, Best Male Costume, and Best Group Costume. Call 703-739-1124 or visit www.danieloconnells.com.



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—Chief Seattle
(1788-1866)
Suquamish/
Duwamish chief

SUNDAY/OCT. 29

Artists Reception. 1-3 p.m. at Green Spring Gardens, Horticultural Center, 4603 Green Spring Road. Artists, Jan Burns, Madeleine Chen, and Shari MacFarlane will talk about their exhibit, “Nature from Three Points of View,” which will be on exhibit through Dec. 17. Call 703-642-5173.

Doggie Trick-or-Treat. 1-3 p.m. at The Dog Park, 705 King St. Call 703-888-2818 or visit www.thedogparkva.biz

Del Ray Halloween Parade. 2-4 p.m. at Mount Vernon and Commonwealth avenues through Del Ray. Children, pets and strollers in costumes are invited to march and show off their finest and scariest Halloween garb with prizes in different categories. Free. Visit www.visitdelray.com.

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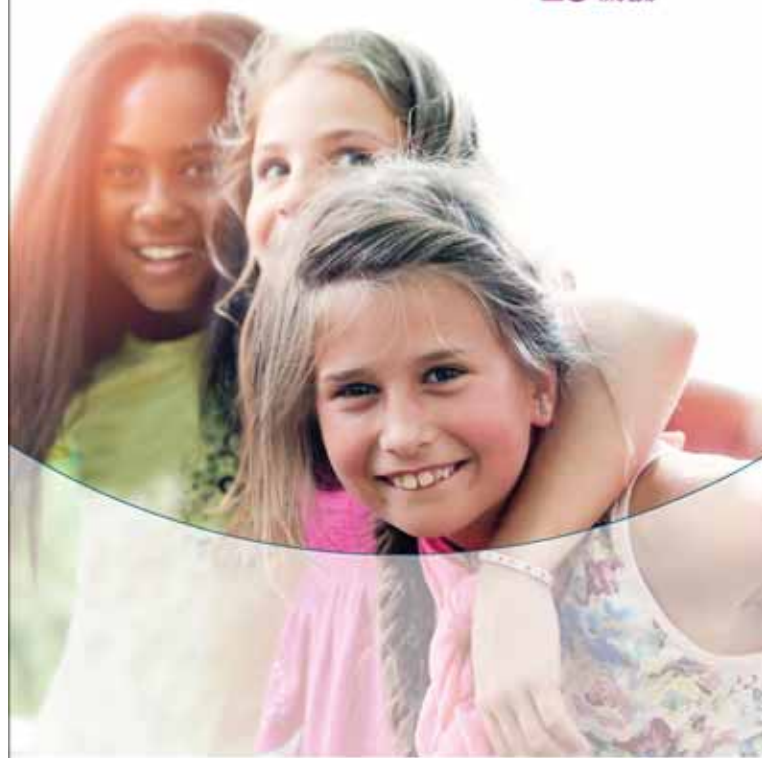
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NEWSPAPERS

Alzheimer's Walk Raises More Than \$267,000

Thousands gather to raise money and awareness.

BY MARILYN CAMPBELL
THE GAZETTE

More than 1,000 people pounded the pavement in Reston last month and raised more than \$267,000. The 2017 Northern Virginia Walk to End Alzheimer's, held at the Reston Town Center, exceeded its fundraising goal of \$250,000.

Held each year in more than 500 communities around the country, The Alzheimer's Association's Walk to End Alzheimer's seeks to raise awareness and funds for Alzheimer's care, support and research.

Ilissa Belanger of Fairfax walked to raise money and awareness of the disease.

"Both my mother and mother-in-law had Alzheimer's and it's a difficult thing to go through," Belanger said. "I want to help other families who have to go through it. I hope to raise money for treatment to slow it down or find a cure so that no one has to

go through it."

This was Belanger's 10th year participating in the walk. This year she was part of a 15-member team, Walkers for Miriam and Anita, named in memory of her mother and mother-in-law respectively.

"We do walk in honor or memory of our loved ones, but also their caregivers," she said. "It's important to support the caregivers as well. In my case, it was my father and father-in-law who were wonderful as their wives were going through it."

Debbi Johnson of Centreville joined the walk for a second year in honor of her former mother-in-law. Her team consisted of members of her church, New Life Christian Church in Chantilly and her employer, Freddie Mac (Federal Home Loan Mortgage Corporation).

"I do charity walks because I feel that it's important to serve," said Johnson. "I felt that I should do something for Alzheimer's because there are many people I know who have been affected."

Janet Davis of Burke walked in honor of her 83-year-old father who has been living with Alzheimer's for 10 years. Both her mother and her father joined the walk this year.

"The disease has happened gradually and it's very sad to watch," she said. "My dad still has function and can dress and feed



COURTESY OF ILISSA BELANGER OF FAIRFAX

Ilissa Belanger of Fairfax joined the 2017 Northern Virginia Walk to End Alzheimer's along with her husband Tim Belanger. Her team, Walkers for Miriam and Anita, was named in memory of her mother and mother-in-law respectively.

himself, but sometimes he can't remember my mom's name or my name. We're very vocal about our support of Alzheimer's."

Elizabeth Klemens, a 27-year-old nurse

who lives in Arlington, participated in the walk for the first time this year. "My personal experience is that my grandfather had Alzheimer's and he died five years ago at 78, but he suffered for about 10 years," she said. "I'm a nurse at Reston hospital and I volunteer at the Walter Reed Adult Day Health Center, and I see the effect of Alzheimer's or dementia on almost a daily basis, so I'm very familiar with the disease."

Caryl Grant of Alexandria walked in memory of her mother who died in 2009. Her team also consisted of her husband, daughter and son-in-law. "My mother had Alzheimer's and I watched her deteriorate and it was heartbreaking," she said. "The hardest thing about it for us and other people is watching them disappear and trying to figure out the best thing to do."

The Promise Garden ceremony is a walk day event that helps illustrate the diverse reasons for participation. Participants received a Promise Garden flower in a color that represents their connection to the disease. Blue represents someone with Alzheimer's or dementia. Purple is for someone who has lost a loved one to the disease. Yellow represents someone who is currently supporting or caring for someone with Alzheimer's. Orange is for everyone who supports the cause and vision of a world without Alzheimer's.

Penn Daw Village Stands Tall as Redevelopment Nears

FROM PAGE 1

particular shopping center did not want to sell and the county cannot — and should not — force anyone to sell their property. In light of that, we did work with the developer of Penn Daw and the strip center owner to update the façade to better match the new Penn Daw building," said McKay in an

email.

"I love small businesses, the backbone of our local economy. Those of us who grew up along Richmond Highway such as myself know the importance these type of businesses play and do all we can to support and promote them every day, including ensuring a balance between new development and preservation," McKay said.

Penn Daw Village is under the umbrella of a larger project known as Embark Richmond Highway, which Mount Vernon District Supervisor Dan Storck has supported over the last year. In the June presentation at the Board of Supervisors, "Penn Daw is envisioned as an Urban Village," one of the bullet points read.

Atta-otoo grew up in Mount Vernon,

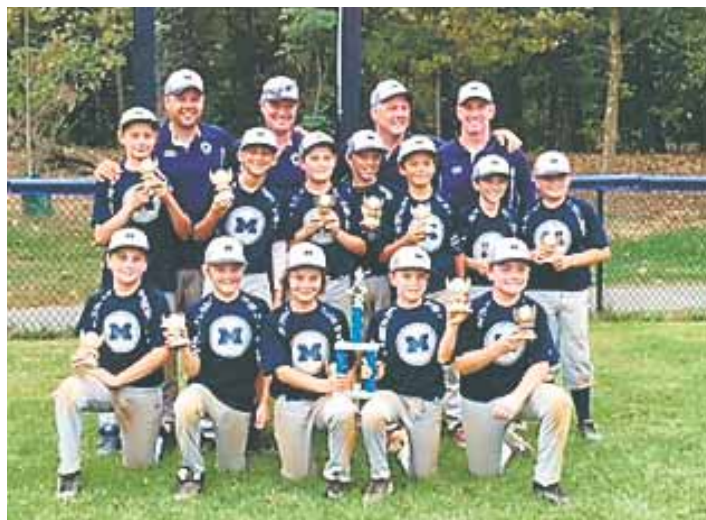
graduated from West Potomac High School, and has seen the surrounding development through the years, although he wasn't too familiar with the future of this stretch of North King's Highway.

"I'm sure they won't be cheap," he said. He's right — on a sign recently posted out front of the site said the residences will be priced in the \$700,000 range.



State Champions Honored

On Tuesday, Sept. 26, the Fort Hunt Little League Majors All-Star Baseball team were recognized by the Fairfax County Board of Supervisors for winning the State Championship.



Fox Fall Classic

The Mt. Vernon Mavericks 11 years-old and under travel baseball team won the 2017 Columbus Day Coach Fox Fall Classic in Arlington over the Columbus Day weekend. The players are from the Ft. Hunt area and attend Waynewood Elementary, Ft. Hunt Elementary, Stratford Landing Elementary, Hollin Meadows Elementary and St. Mary's. The tournament featured 14 teams from northern Virginia including Reston, Great Falls, Arlington, and Alexandria.

New Principal at WPHS

FROM PAGE 1

over the years, the campus has grown to three separate buildings: Springbank, Quander and Gunston.

"The uniqueness of the school is taking two separate communities and blending them to create a whole new community," she said. "So, what we have currently is the kids who graduated in the '80s are now parents of the kids going here now. These adults have never fully left the community. They went to college and came back to raising their kids. It's a small-town mentality. These folks have been born here and are raising their next generation here."

She added: "And then you have the new people — the military influx, families who are coming from other countries that mixes in with this well-established, long-standing community.... It makes for a very cool and interesting place to work in."

What also makes West Potomac unique is it's a Health and Human Services Academy that's open to 20 high schools, and named after former principal Cliff Hardison who died in 2013. It houses courses in criminal justice, TV and production, dentistry, and pharmacy, to name a few. "And kids who go and take these courses, they walk away with certifications in those industries," she said. "And many of them can walk into that service industry and begin their careers."

A member of the West Potomac Pyramid, the school is a feeder school from Sandburg Middle; as well as Belle View, Gunston, Hybla Valley, Bucknell, Fort Hunt, Groveton, Hollin Meadows, Riverside, Sandburg, Stratford Landing, and Waynewood elementary schools.

West Potomac doesn't have any business sponsors, per se, but receives a lot of support from local businesses, she said. "Our biggest supporters are our parent families who own businesses in the community," said Millard, adding that the PTSA is looking to create more partnerships, including working with the Fort Hunt Business Association.

She said her challenge is making sure she's meeting the academic needs of all children in the building. "It causes us to stretch our thinking and be innovative in the way we instruct students. We can no longer be an institution still structured in the 19th century model where teachers lecture for 90 minutes," she said.

For personal goals, her main focus is looking at the school's culture and creating a sense of oneness, inclusiveness, and support. "By doing that, I believe we will engage kids to really owning that this is their school, that they'll be proud of it, and they'll want to come here to learn every day," she said.

SEE MILLARD, PAGE 22

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Yard Sale

Stratford Landing Community
Wide Yard Sale
Saturday, Oct 14, 8am - Noon,
Rain Date: Sunday, Oct 15
See the Web for the boundary:
www.stratfordlanding.org/aboutslca

Obituary

Elaine Campbell Baisden

Passed away at her home in Alexandria, Virginia, on September 30, 2017, after a long struggle with vascular dementia. She is survived by her husband, James K. Baisden, Col. (USAF) Ret.; sons and daughters in-law, James B. and Patty Baisden; Kenneth Baisden and Siri Ek-bom; and four grandchildren, Thomas Brett Baisden, Virginia Baisden, Elsa Ek-bom, and Noah Ek-bom. She also has one surviving brother, Ralph Dove, and was preceded in death by her brothers Lawrence and Glenn, and her sisters Yvonne and Ardene.

Elaine was born on October 28, 1937, in Gardendale, Michigan, the daughter of the late John Harvey Dove and Louisa Campbell Dove. She spent her early years in St. Clair County, Michigan, and later moved to Lewisburg, Ohio, and graduated from Lewisburg High School. She attended the University of Dayton and the University of Connecticut.

On October 15, 1960 in Ohio, she married her beloved husband and was a faithful supporter of his USAF career during assignments in Ohio, Connecticut, Florida, Maryland, and Arizona. Elaine retired from the Military Officers Association of America in 1995 after working for fourteen years as a secretary and administrative assistant.

The family will receive friends on Thursday, October 12, 2017 from 10:30 - 11:00 a.m. at the Mount Vernon Unitarian Church, 1909 Windmill Lane, Alexandria, Virginia 22307. A Memorial Service to celebrate her life will begin at 11:00 a.m. in the church sanctuary with Pastor Rick Dove officiating. Fellowship and luncheon following.

Interment will be private and take place at a later date at the convenience of the family.

In lieu of flowers, contributions to her memory may be sent to the American Diabetes Association, 2521 Crystal Drive, Suite 900, Arlington, VA 22202 and to Capital Caring Hospice of Alexandria, Virginia, 2900 Telestar Court, Falls Church, VA 22042.

Arrangements have been entrusted to the Baker-Post Funeral Home & Cremation Center, under the direction of Michael Post. Please sign the guestbook at www.bakerpostfh.com.

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What To "Ware?"



By KENNETH B. LOURIE

Recently I received a very generous offer in the mail: a \$10 gift certificate from my local hardware store acknowledging my upcoming/now passed birthday. From what I could read, there was no minimum purchase, no exclusions and no small-type print, just a reasonable expiration date: Oct. 31, approximately six weeks out from the day I received this unexpected gift. More than enough time, one would imagine.

The only problem: what am I going to get at the hardware store, other than the employees' pity about how little I know about so much? Most of the time when I'm in a hardware store (typically I'm not browsing, unlike the cookie aisle at the supermarket), I'm attempting to solve a problem I have at home for which I have very little experience and extremely poor instincts at rectifying. Not only do I rarely know what I'm talking about, I don't even know the proper questions to ask to enable/assist the employee in figuring what the heck my problem actually is – other than me, that is.

I'm very much out of my element in a hardware store. A fish out of water doesn't begin to describe my situation. Teyve, from "Fiddler on the Roof" in speaking to his daughter, Chava, about marrying outside the faith came close: "a bird may love a fish, but where would they build a home together?" Build a home? I have enough difficulty maintaining one that's already built.

When I'm asked, or when I offer it, usually I say: "I know two things: sports and chocolate." I guess I could also add being a cancer patient/survivor, but I don't want to redirect a perfectly innocent conversation into a totally different direction: me and my druthers. Although, my situation has been publicly consumed in the Connection Newspapers going on eight and half years; in person, I try to not let it be the first or even second thing that comes out of my mouth. And I never initiate, though I'm happy to respond if asked. Generally speaking, I'd rather it not be about me and my cancer. As my mother used to say "It's enough already."

But none of this comes up in a hardware store. In fact, the only thing that comes up is my Adam's Apple as I sheepishly swallow and admit how incapable I am as a homeowner/do-it-yourselfer and how much help I need to do almost anything. At least the parking is free so it's not a total loss.

As you might imagine, this situation doesn't exactly lead to an easy conversation or a satisfying outcome. Quite the contrary. I know one thing for sure however, if left to my own devices, either I will cause additional and costly damage in my crude attempt to self-repair, or I will hurt myself in the process. And waste money as well, as the end of the day will likely find me and the problem no closer to a resolution than we were at the beginning of the day.

As William Shakespeare might have written: it will be much ado about nothing as nothing much will have been done. In these recurring circumstances, all I can hope for is a safe landing, so to speak, one in which, as pilots often joke: I can walk away uninjured.

Given that I'm a tool twit and have failed miserably at homeowner 101, what then could I possibly buy at the hardware store with my gift certificate? I just got an idea: lightbulbs. I couldn't possibly screw that up, could I? I mean, they're supposed to be screwed up – into the socket, right? What could be more natural for me?

One last question though: when I place the bulb into the socket, do I screw them to the right or to the left?

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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NEWS

Millard

FROM PAGE 21

Millard said she loves absolutely "everything" about her job. "What motivates educators is watching kids become their best selves and knowing you had a hand in that and knowing that work has a moral imperative," she added. "Public school students have a right to a strong foundational education. The joy in it is watching them become and develop into young men and women."

"When I think of Tangy Millard as a principal, several words come to mind: visionary, compassionate, authentic, mentor, servant leader," said Dr. Sylinda Banks, director of Student Services at Bryant Alternative High School, who's worked for nine principals. "Mrs. Millard is the first leader who focused on educating the whole child by creating a student-centered environment that values delivering innovative instruction by teacher-leaders."

According to Bianca Aiello, director of Student Services at Poe Middle School: "Ms. Millard is a great principal because she truly cares deeply about her students, teachers and community. Her passion and energy for her work are infectious and inspire you to give your best each day for every student. Every action she takes models positive and productive leadership."

Added Deirdre Lavery, principal of Robert E. Lee High School: "Children first and equity are two (values) that immediately come to mind when I envision Ms. Millard in the role of the principal. When making decisions, Ms. Millard will always ask, 'Will this benefit all students? How does it benefit all students?'"

She said: "Ms. Millard exudes excitement and passion in all that she does and when you are around her, those emotions 'rub off' on you and you want to follow her; you want to accomplish the vision that she lays out for the students and community you serve."

Millard was born in Washington, D.C., and raised in Prince George's and Charles counties. She graduated from Friendly High School in Prince George's County and studied biology at Carnegie Mellon University. She did her master's in counseling psychology at Bowie State University and is currently getting a doctorate in educational administration and policy at George Washington University.

Her career started at the all-girls private Stone Ridge of the Sacred Heart in Maryland where she taught biology. Then she taught math and psychology at St. John's College High School. In 2001, she became a school counselor at Falls Church High and joined administrative cohorts. Next, she was director of Student Services at Glasgow Middle School and then assistant principal at Hayfield Secondary. She then transitioned to Lee High School as an AP and then became principal at Bryant Alternative High School before moving to West Potomac's principal position.

Millard is married to husband David, a U.S. Capitol police officer, and the couple has three daughters ages 22, 16, and 4.

11

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