

Centreville ♦ Little Rocky Run CENTREVIEW



OCTOBER 18-24, 2017

25 CENTS NEWSSTAND PRICE

CALENDAR, PAGE 7 ♦ CLASSIFIEDS, PAGE 10

PHOTO BY BONNIE HOBBS



Volunteer EMT Scott Sterling helps a gleeful Bishop Nguyen, 3-1/2, put out pretend flames with a fire hose after Bishop used a small ladder and rescued a toy bear from a “burning building.”

Centreville Day This Saturday

NEWS, PAGE 2

After Second Trial, Bonds Not Guilty

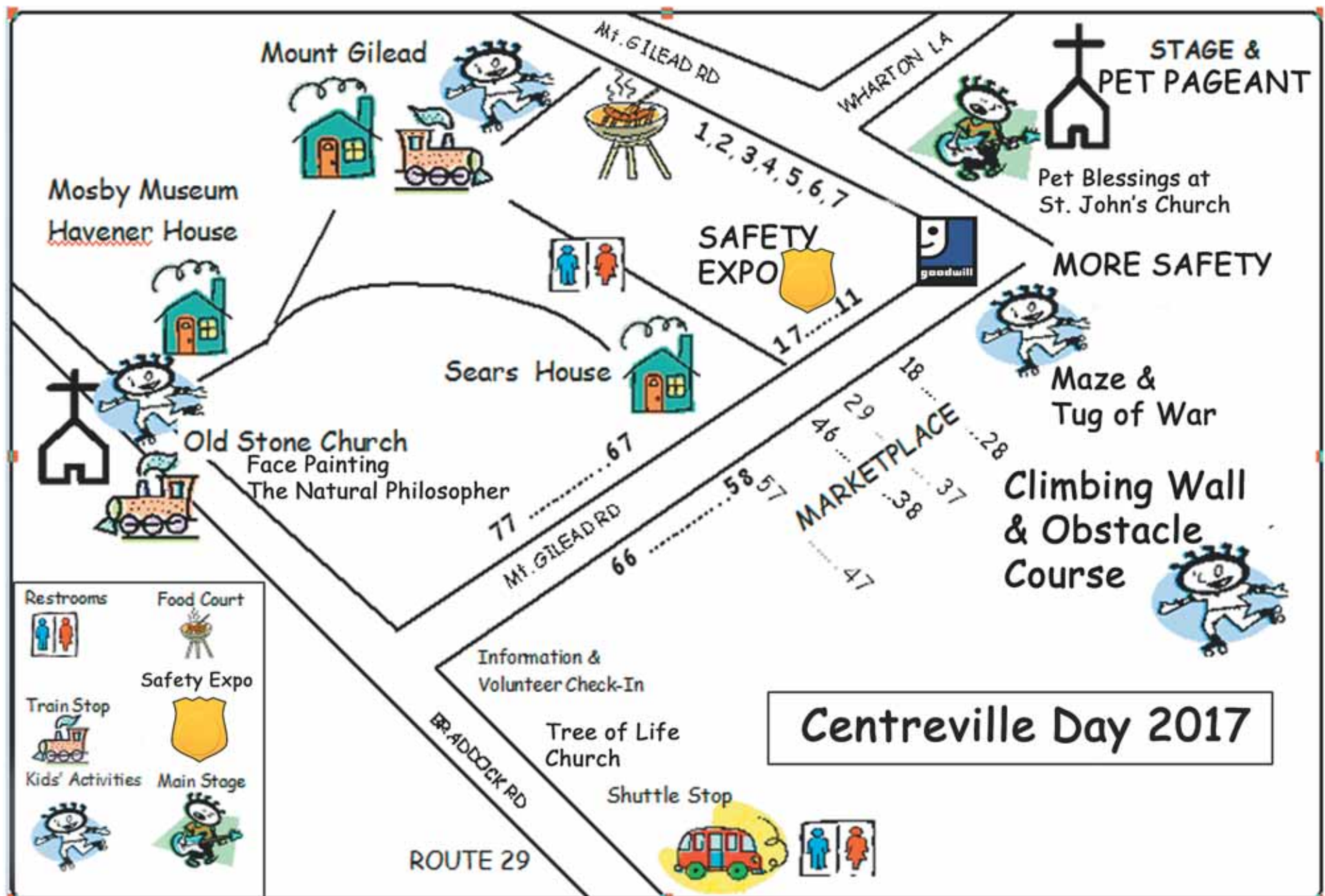
NEWS, PAGE 3

Getting to Know Their Firefighters

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ONLINE AT WWW.CONNECTIONNEWSPAPERS.COM

CENTREVILLE DAY 2017



Map of Centreville Day 2017 attractions and activities.

Get Ready for Centreville Day

25th annual celebration is this Saturday.

BY BONNIE HOBBS

Silver anniversaries are special, and that's what this year's Centreville Day celebration, the 25th annual, promises to be. It's slated for this Saturday, Oct. 21, from 10 a.m.-5 p.m., in Historic Centreville Park, 5714 Mount Gilead Road (off Braddock Road, across Route 29 from the IHOP).

The fun includes children's activities, a parade, live music, a pet pageant, martial arts, swordsmen, dancing, food and crafts. Admission is free, and free parking and shuttles will be available at The Trinity Centre, 5860 Trinity Parkway, off Route 29.

Centreville Day was started by Centreville resident Teri Hunt, who considered this area a great place in need of an identity. So she created the first Centreville Day celebration, which was held on the 200th anniversary of the establishment of the town charter. And now, this weekend, attendees will gather in Centreville's Historic District to celebrate

225 years of community spirit and heritage.

Friends of Historic Centreville puts on Centreville Day in partnership with the Fairfax County Park Authority. And the Centreville Day Planning Committee hashes out all the details.

"It's an amazing group of people who work so hard each year, but still manage to laugh and really enjoy working together," said event organizer Cheryl Repetti, on the committee since 2004. "And at Centreville Day, members of the community are all here together, exchanging smiles and handshakes and maybe a kind word or two. And hopefully, we go home thinking that Centreville's a nice place to live."

Event coordinator Carol Robinson is also integral to the celebration's success. Said Robinson: "From the early years of closing down Braddock and Union Mill roads for the parade [near Centreville High] to having our own Historic Centreville Park, Centreville Day provides ways for the community to appreciate what has occurred in



Cub Scout Pack 2525 in last year's parade.

our special part of local, state and national history."

Opening ceremonies are at 10 a.m. at the main stage near St. John's Episcopal Church, 5649 Mount Gilead Road, where Supervisor Kathy Smith (D-Sully) will present the Centreville Day Citizen of the Year award.

The parade will start assembling at the end of Wharton Lane near Wharton Park Court at 10:30 a.m. It'll kick off at Wharton Lane at 11 a.m., passing the stage shortly before noon and continuing along Mt. Gilead Road to Braddock Road. Residents

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James Lee and son Aiden, 3, sit inside a fire engine.



Katya Newburn, 3, daydreams inside a fire truck.



Posing by a fire engine with their children are (from left) Phil Hassell and Nick, 2, and Station 21 volunteer EMT Nima Mahmoudzadeh and Elena, 2.



Standing by a fire engine, Young Son holds Jacob, 1.



Kylie Wood, 5, prepares to enter the maze inside this house to find two ways out of it.



Jax Blevins, 7, stands by a game wheel filled with fire-safety questions.

Getting to Know Their Firefighters

Open House at Fair Oaks Fire Station.

With the theme, “Every second counts; plan two ways out,” fire stations across Fairfax County held open houses on Saturday, Oct. 14, including Fair Oaks Station 21.

After Second Trial, Bonds Not Guilty

Teen was charged with murder at Cabell's Mill.

BY BONNIE HOBBS

When Clifton resident Kempton Bonds was first tried for murder, this summer, the jurors were unable to reach a unanimous verdict and a mistrial was declared. The

second time around, with a new jury, he was found not guilty.

A 2015 Robinson Secondary School graduate, Bonds was a seasonal employee of the Fairfax County Park Authority when the incident occurred, Aug. 6, 2016, at Cabell's Mill in Ellanor C. Lawrence Park. The victim was Tyonne Johns, 35, of Washington, D.C., and she had just catered a wedding there when Bonds fatally stabbed her.

However, the facts of the case aren't that cut and dried, as the jury learned during

the week-long trial that began Sept. 25 in Circuit Court. Bonds was just 19 when the wedding occurred, but he was there to protect the historic building and he took his job seriously. According to the wedding party, he was such a stickler for the rules that he and they clashed throughout the evening.



Kempton Bonds

Bonds took down decorations not allowed to be taped to the walls of the historic building and removed fake rose petals from the grounds outside because they weren't biodegradable. He also turned off the music at 9 p.m. when, according to the contract, it had to stop — an hour before the event ended at 10 p.m.

He and Johns never argued until it was cleanup time and her folding chairs were being separated from those provided by

SEE JURY FINDS, PAGE 5

Joining Storm Recovery Efforts To Help Fellow Americans

Unidos por Puerto Rico DMV ships supplies to survivors of two hurricanes.

BY MARTI MOORE

Fairfax County business partners Susana B. Slayton and Rafael Babilonia-Dudley saw it all play out on the television news last month. They watched Category 5 storm Hurricane Irma sideswipe Puerto Rico Sept. 6. In less than two weeks, they were horrified as Hurricane Maria made a beeline toward the island — where Babilonia-Dudley was born and his parents live.

Babilonia-Dudley knew this was a train wreck waiting to happen. He experienced the wrath of Hurricane Hugo — exactly 28 years ago, when it packed a Category 3 wallop and punched Puerto Rico. At the time, he and his wife, Martha, lived on the island's northern coast in the City of Guaynabo. It took 52 days for them to get electricity. He said he and his wife went to nearby San Juan then spent the next nine months working for the American Red Cross recovery efforts in the mountains.

They knew Hurricane Maria was much worse.

They knew a direct hit from a Category 4 storm would bring stunned Puerto Ricans to their knees.

A day before Hurricane Maria nearly destroyed the island Sept. 20, Slayton and Babilonia-Dudley called a federal government liaison to this U.S. Commonwealth and asked how they could help.

They learned about an initiative started by Puerto Rico First Lady Beatriz Rosselló in response to both hurricanes. United for Puerto Rico is a new tax-exempt charity that receives assistance from the private sector to help islanders recover from two natural disasters they weathered in just one month.

It's on like "Donkey Kong" for Slayton and Babilonia-Dudley, co-owners of Dynamic Animation Systems Inc. of Fairfax — which creates virtual training systems for military and police. These Burke residents, whose families attend the same church at Burke United Methodist, wanted to help. They rolled-up their sleeves then made space at



PHOTOS BY MARTI MOORE

Fairfax businessman Rafael Babilonia-Dudley, left, runs the logistics side of a makeshift collection center while his co-partner Susana B. Slayton, right, points to the shipping label on a pallet of humanitarian-relief supplies earmarked for the coastal City of Naguabo in Puerto Rico. Slayton — a 1980 graduate of Wakefield High School in Arlington — owns Dynamic Animation Systems Inc. of Fairfax with Babilonia-Dudley. This duo dedicated space in their Chantilly warehouse to Unidos por Puerto Rico DMV, the local chapter of a national grassroots disaster-relief initiative of Puerto Rico First Lady Beatriz Rosselló.

their warehouse in Chantilly for humanitarian relief supplies.

Before Hurricane Maria made landfall, Slayton said, "we were creating the Facebook page." Unidos por Puerto Rico DMV is a grassroots effort with more than 1,600 followers and filled with testimonials from donors like Maribel Costa, who brought a car full of provisions from Baltimore to Chantilly:

"I was happily put to work within minutes. It was so wonderful to see so many people moving quickly, very focused and just working so hard to get everything ready for a safe trip to P.R.," Costa remarks on her Oct. 7 Facebook post. "They are so organized and it just gave me so much confidence that all these donated goods will get to the people who need it most."

This group is among 18 chapters nationwide that help the Puerto Rico Federal Affairs Administration in Washington, D.C., coordinate this movement.

Slayton and Babilonia-Dudley are building a network of more than 200 volunteers to come to the rescue of Puerto Ricans.

Soon after Maria passed, she noticed area residents were in tears because they couldn't reach their families on the island. It took them four days to realize islanders with cellular service from AT&T wireless could receive calls only. That's how Northern Virginians learned their friends and family in Puerto Rico had nothing.

Babilonia-Dudley checks his smartphone constantly. On Oct. 9 he points out the City of Ponce is still without power and water. His wife's family lives there in the middle of the island's southern coast.

He says the warehouse has only four chain saws and two generators. "We need more."

Babilonia-Dudley and Slayton explain Puerto Ricans are self-starters and need tools to take care of themselves. The island suffered so much devastation and deforestation, residents need chain saws to quickly chew through trunks nearly 3 feet wide. Most storm survivors are slowed down by the only tools they have. Machetes and hand saws, Babilonia-Dudley knows, hardly will make a dent in this massive cleanup effort.

They believe portable power tools will help islanders regain control of their lives as they strive to rebuild.

Slayton is in awe of the immediate response from donors and volunteers. This experience has taught this small business woman and 1980 graduate of Wakefield High School in Arlington: "You never know who you know. You never know who they know," she said. "And that's when the magic happens."

Slayton told her landlord Dynamic Animation Systems was accepting in-kind do-

nations at the Chantilly warehouse — in the Sullyfield Circle Business Park behind the Dulles Expo Center. In response, her landlord offered extra space in a vacant office around the corner. Donors bring basic human necessities to the second-floor office at 14320-A Sullyfield Circle, which faces state Route 28.

Volunteers sort through the supplies. Product is transferred to the warehouse and prepared for shipment on organized pallets destined to cities and towns throughout the island. Trucks haul the pallets to nearby Washington Dulles International Airport or to the Andrews Air Force Base in Maryland.

Volunteers helped Slayton and Babilonia-Dudley combine resources through workplace connections. A donor heard about Unidos por Puerto Rico DMV through an employee at his bank. He asked Slayton to take him two weeks ago to a nearby Costco Wholesale store, where he paid almost \$3,000 for supplies. While

he stood in the check-out line, Slayton went to the pharmacy to get anti-diarrhea medicine — for storm victims forced to survive on dirty drinking water and spoiled food.

A store employee asked Slayton why she needed so much. She explained.

The Costco pharmacist purchased the entire case of medicine then donated it to the cause, Slayton said.

Another volunteer — Airman 1st Class Belle Anderson of Fairfax — used her Air Force network at Joint Base Andrews to make room aboard a KC-130 military fuel tanker and help Unidos por Puerto Rico DMV fly two milk runs to the island.

"We have shipped and distributed over 120,000 pounds of supplies to Puerto Rico," Slayton said. United Airlines donated cargo containers on their commercial planes. She also mentioned her group donated pet food to the Humane Society — which made room for basic human necessities aboard a private plane headed to the island with their animal rescue team.

A local lawyer is providing pro bono aid by helping Unidos por Puerto Rico DMV obtain a tax-exempt status as a 501(c)(3) from the Internal Revenue Service.

Donations are accepted between 9 and 4 p.m., including weekends. The supply list calls for these items: Flashlights, batteries, medicine, dust masks, toiletries, cleaning supplies, adult diapers, baby food and supplies, pet food and supplies, clothing for all, non-perishable foods, drinking water and juice.

The slogan of this grassroots volunteer movement is an uplifting message to storm survivors who will rise from the devastating effects of two natural disasters: "Levantamos Puerto Rico!"

While their children are at school on a Friday afternoon, Fairfax County mothers organize boxes of toiletries Oct. 6 before these donated supplies are shipped from the collection center at 14320-A Sullyfield Circle in Chantilly to storm survivors in Puerto Rico.



Police Station Honors Tessema

BY BONNIE HOBBS

PFC Robel M. Tessema has been chosen the Sully District Police Station's Officer of the Month for June. He was honored at the Sept. 13 meeting of the station's Citizens Advisory Committee. (The committee doesn't meet during the summer).

He was nominated for this award by Sgt. Justin Drinkwater. In his nominating letter, Drinkwater wrote that Tessema consistently performs all his duties in an "exemplary" manner.

"He recently worked a case where he attempted to conduct a traffic stop on a driver with felony warrants out for his arrest," wrote Drinkwater. "When PFC Tessema went to place the driver under arrest, the suspect took off running and a foot pursuit ensued." However, Tessema was able to catch up with the suspect, apprehend him and place him under arrest. But that's not all. "During a search of the suspect, Tessema located a large quantity of crack cocaine along with marijuana," wrote Drinkwater. "The suspect was charged with possession with intent to distribute crack cocaine and possession of marijuana and was also served with the two, outstanding warrants."

Drinkwater further noted that Tessema leads the entire, Sully District patrol station in field contacts. And he's also tied with another Fairfax County police officer for the most felony arrests at the patrol level.

In addition, said Drinkwater, "To go along with his hard work in apprehending criminals, Tessema also



PHOTO BY BONNIE HOBBS

PFC Robel Tessema (left) receives his Officer of the Month certificate from the Sully District Station Assistant Commander, Lt. Ryan Morgan.

speaks Amharic, which is the official language of Ethiopia." The sergeant also stressed that, several times over the past month, Tessema has assisted the police department's Criminal Investigations Bureau – including making a trip to New Jersey – to help translate.

As if all that weren't enough, Tessema is also the station's Midnights B-shift squad's Accident Investigation Unit officer. "He consistently assists his fellow officers in taking pictures and collecting evidence to assist in the prosecution of the offenders," wrote Drinkwater. "It is a pleasure having PFC Robel Tessema serving in the Sully District, and he is well-deserving of the recognition as Officer of the Month."



Saint Andrew Lutheran Church
 14640 Soucy Place, Centreville, VA
 On Braddock Rd, next to Stone Middle School
Holiday in October Craft Bazaar
Saturday Oct 21, 2017
9am to 4pm - Free Admission!
 Wood crafts, Glass, Gourds, Pottery,
 Holiday Specialty Foods, Ornaments, Decor & More!
 Crafters from MD, VA, VT, PA, NC, DC, Puerto Rico & Kenya
 Proceeds benefit local charities
www.SAINTANDREWLC.org

You can read any of this week's 15 papers digital editions here:

www.ConnectionNewspapers.com/PDFs



Jury Finds Bonds Not Guilty

FROM PAGE 3

the Park Authority. But during the course of the wedding, Bonds felt so threatened by the wedding party that he started taping them on his phone. He even called his supervisor for advice, as well as the police, saying he feared for his wellbeing. And at one point, he had the police come to the site and talk to the others.

Bonds also videotaped the eight minutes before and after the stabbing, and the court watched that tape several times and heard what was said by everyone – including the personal threats and cursing of the wedding party and Johns toward Bonds.

The tensions ultimately boiled over when, on the patio, someone asked how many chairs the Park Authority provided and Bonds said, "80." Johns reacted by walking swiftly toward Bonds and telling

him to "Shut the f*#k up." Bonds testified that Johns had him backed up against a railing, grabbed him around the neck and began choking him.

In his pocket was a folding knife he regularly used on the job to open boxes and, at home, to cut open bales of hay for his family's horses. It was also special to him because it was made by his late father, who was a custom knife-maker. He said he only stabbed Johns with it to get her away from him and save his life.

Right before then, said Bonds, "People were yelling at me about how awful I was and how I'd ruined the evening." Noting that the bride and groom had been the most verbally abusive toward him all night, he said it surprised him when the 60-pound-heavier

SEE NOT GUILTY, PAGE 11

CELEBRATING
 THE 200TH
 ANNIVERSARY OF THE BIRTH OF
BAHÁ'U'LLÁH

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SUNDAY, NOV 5: 10 AM – 4 PM

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What To Do Against the ‘Nightmare Scenario’?

BY STEPHEN R. RUTH
SCHAR SCHOOL OF POLICY AND GOVERNMENT
PROFESSOR OF PUBLIC POLICY
GEORGE MASON UNIVERSITY

We should fear Artificial Intelligence. Not in the future but now. Ask Sheryl Sandberg, chief operating officer of Facebook. She announced that her company, with its over 2 billion users, built software it cannot fully control. “We never intended or anticipated this functionality being used this way,” Sandberg said, “— and that is on us.” Facebook’s operating systems had allowed Russian operatives to create accounts and ads aimed at influencing the 2016 U.S. presidential election. The gigantic network seems to have created systems that are ungovernable.

Facebook’s problem hints at the extreme dangers lurking within Artificial Intelligence as it grows throughout the world. AI Experts are already talking about a “nightmare scenario,” where nations’ AI systems could ignite real-time conflicts. Consider, hair-trigger AI systems could eventually control several nations’ military responses’ and some error in any one algorithm could possibly lead to a nuclear catastrophe.

Between the Facebook case and the nightmare scenario is the immediate problem of millions of people losing jobs. Around the

globe, programmable machines — including robots, cars and factory robots — are replacing humans in the workplace. Automation threatens 80 percent of today’s 3.7 million transportation jobs, one U.S. government report estimated, including truck and school bus drivers, taxi drivers and Uber and Lyft drivers. Another report indicates AI is threatening aspects of the many different jobs, including call center operators, surgeons, farmers, security guards, retail assistants, fast food workers and journalists. A 2015 study of robots in 17 countries found that they accounted for over 10 percent of the countries’ gross domestic product growth between 1993 and 2007. Consider, a major supplier for Apple and Samsung cell phones and computers, China’s Foxconn Technology Group, is planning to automate 60,000 factory jobs with robots, replacing its existing employees. Meanwhile, Ford’s factory in Cologne, Germany, not only replaced human workers with robots but also on some jobs stations position robots beside human workers — they are called cobots.

But these employment issues, as troubling as they are, cannot compare to the dangers envisioned by Elon Musk and Stephen Hawking. They are among the dozens of thought leaders who signed a letter harshly condemning governments’ increasing reliance on AI for military use. Their chief concern is autonomous weapons, another example of AI. The U.S. military is already developing armaments that do not require humans to operate them. These

weapons are being created to offer battlefield support for human troops. Autonomous arms are dramatically easier to develop and mass-produce than nuclear weapons. They will likely to soon appear on black markets around the world, certain to be favored by terrorist groups. To quote from the open letter, the new autonomous weapons would be ideal for dark actions including “assassinations, destabilizing nations, subduing populations and selectively killing a particular ethnic group.”

There are some economic optimists like MIT’s Erik Brynjolfsson and Andrew McAfee, who feel that AI will eventually bring long term prosperity to the world, but even they admit that finding common ground among, economists, technologists and politicians is daunting. Obviously, it will be very difficult to craft legislation about AI without more agreement about its potential effects.

We should definitely be fearful of artificial intelligence, not just because it is clearly destined to affect the number of available jobs, including those in middle and even upper middle class domains, but because its potential military use can lead to a perilous future, if not controlled. As the open letter signed by Musk and Hawking concluded, “Starting a military AI arms race is a bad idea, and should be prevented by a ban on offensive autonomous weapons beyond meaningful human control.”

The author is director of the International Center for Applied Studies in Information Technology (ICASIT) <http://policy-icasit.gmu.edu/>

LETTERS

Festival of Lights

To the Editor:

This is a poem about Diwali or the Festival of Lights, that is celebrated all over India. It starts on Oct. 18 and ends on the 20th. It coincides with the Hindu New Year. Deepawali literally means Rows of Lights. Homes inside and outside are adorned with rows and rows of lights.

The symbolism is that the lights dispel both our inner darkness and the darkness that prevails in the world. The lights symbolize enlightenment. Deepawali is celebrated by people of all religions in India.

— Anita Mohan

Diwali - Festival Of Lights

By Anita R Mohan

Prayers, hymns, and songs
Resonate in homes early morning

Children wake up delighted
to new clothes, gifts, and toys

Flowers, lamps, and decorations
Adorn hallway and floors in colorful array

Tables filled with variety of
Sweets, Treats, and Feasts

Family and friends gather around
Wishing health, peace, and prosperity

Lights drive away the darkness



ILLUSTRATION © ANANYA MADAN, AGE 8.

Good defeats all that is bad

People pray the world be full of
Love, peace, and happiness

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Awareness Of Alzheimer’s

To the Editor:

In the latest newspaper edition, I found a very interesting article about a walk to end Alzheimer’s Disease. I feel that this is a very important step in finding a cure for Alzheimer’s

Disease. Also, I think that it was a great idea to include this article in your newspaper because it creates a lot of awareness in our community about this dangerous disease. I also found it useful that you put a lot of people’s personal experiences into your article because it motivates others to join this cause and it adds a sense of emotions into the article.

I hope this walk pays off, and I hope that we find a cure for Alzheimer’s Disease soon.

Tanishk Govil
Age 12, Grade 7

Member of Boy Scout of Troop 160

ENTERTAINMENT

Submit entertainment announcements at www.connectionnewspapers.com/Calendar/. The deadline is noon on Friday. Photos/artwork encouraged.

PET ADOPTIONS

Adopt a Dog. Fridays, 6:30-8:30 p.m. at PetSmart, 12971 Fair Lakes Center, Fairfax. Visit www.lostdogrescue.org for more.

Adopt a Dog. Saturdays, 12-3 p.m. at Petco, 13053 Lee Jackson Highway. Visit hart90.org for more.

Adopt a Dog. Sundays, 1-4 p.m. at Petco, 13053 Lee Jackson Memorial Hwy. Adopt a puppy or dog. Visit aforeverhome.org for more.

Adopt a Dog. Saturdays, 1-4 p.m. at PetSmart, 12971 Fair Lakes Center, Fairfax. Adopt a puppy or dog. Visit www.lostdogrescue.org for more.

FRIDAY/OCT. 20

Matt Waller in Concert. 4:30-8:30 p.m. at The Winery at Bull Run, 15950 Lee Highway. Call 703-815-2233 or visit www.wineryatbullrun.com.

SATURDAY/OCT. 21

Centreville Day. 10 a.m.-5 p.m. at Historic Centreville Park, Mt. Gilead Road. 25th anniversary includes American Legion Parade, Rotary Pet Pageant, Marketplace, Safety Expo, Food Court, Goodwill Centreville Stage, Centreville Chiropractic History Train, children's rides. Free. Visit www.centrevilleday.org for more.

Matt Waller in Concert. 1-5 p.m. at The Winery at Bull Run, 15950 Lee Highway. Call 703-815-2233 or visit www.wineryatbullrun.com.

SUNDAY/OCT. 22

Dan Fisk in Concert. 1-5 p.m. at The Winery at Bull Run, 15950 Lee Highway. Call 703-815-2233 or visit www.wineryatbullrun.com.

OCT. 27-29

Used Book Sale. 10 a.m.-6 p.m. at Chantilly Regional Library, 4000 Stringfellow Road, Chantilly. Selection of used books, DVDs, CDs and audio books for children and adults. Sponsored by the Friends of the Chantilly Regional Library. Call 703-502-3883 for more.

SATURDAY/OCT. 28

Vendor Fair Fundraiser. 11 a.m.-3 p.m. at Liberty Middle School, 6801 Union Mill Road, Clifton. School fundraiser and raffle. Email lularoekellylisa@gmail.com for more.

Reptiles and Night Ride. 5-8 p.m. at Ellanor C. Lawrence Park, 5040 Walney Road, Chantilly. Participants will be able to touch, see, smell and hear snakes, turtles, and salamanders at hands-on stations and demonstrations. This campfire program concludes with a wagon ride through a moonlit meadow and



Centreville Day

Saturday, Oct. 21 is Centreville Day 10 a.m.-5 p.m. at Historic Centreville Park, Mt. Gilead Road. 25th anniversary includes American Legion Parade, Rotary Pet Pageant, Marketplace, Safety Expo, Food Court, Goodwill Centreville Stage, Centreville Chiropractic History Train, children's rides. Free. Visit www.centrevilleday.org.

s'mores. \$10. Visit www.fairfaxcounty.gov/parks/eclawrence or call 703-631-0013.

SUNDAY/OCT. 29

Halloween on the Rails. 1-4 p.m. at the Fairfax Station Railroad Museum, 11200 Fairfax Station Road. Costumes welcome and goodie bags handed out. Children 4 and under and Museum members, free; ages 5-15, \$2; ages 16 and older, \$4. Visit www.fairfax-station.org, or call 703-425-9225.

Lexi Jackson in Concert. 1-5 p.m. at The Winery at Bull Run, 15950 Lee Highway. Call 703-815-2233 or visit www.wineryatbullrun.com.

NOV. 3-7

Fall Festival. 10 a.m.-6 p.m. at Cox Farms, 15621 Braddock Road, Centreville. Featuring Foamhenge and more. Visit www.coxfarms.com for more.

MONDAY/NOV. 20

Westfield Cares. 9 a.m.-5 p.m. at Westfields Marriott, 14750 Conference Center Drive, Chantilly. Prominent presenters, whose expertise in the areas of Substance Abuse and Mental Health, share their knowledge about their respective topics. Call 703-488-6300 or TGBragg@fcps.edu.

FRIDAY/OCT. 27

Brian Franke in Concert. 4:30-8:30 p.m. at The Winery at Bull Run, 15950 Lee Highway. Call 703-815-2233 or visit www.wineryatbullrun.com.

SATURDAY/OCT. 28

Pickleball Lessons and Demonstration. 10 a.m.-1 p.m. in

Little Rocky Run Clifton pool #1, 6201 Sandstone Way, Clifton. Call 703-830-0411 or email hoa@littlerockyrunhoa.org.

Fall Fun Fest. noon-4 p.m. in nZone, 14550 Lee Road, Chantilly. Visit www.newlife.church/2017fff for more.

Brats and Brew Night. 6:30-10 p.m. at St. Timothy's School cafeteria, 13807 Poplar Tree Road, Chantilly. A benefit for the Knights of Columbus. Live classic rock by Mary Lou and The Drugstore Lovers. \$20. Email rupertsellshomes@aol.com for more.

SUNDAY/OCT. 29

Garden Clean Up. 2-5 p.m. in Ellanor C. Lawrence Park, 5040 Walney Road, Chantilly. Participants will help with weeding, removing dead plant material, clearing and raking leaves from the garden and other educational areas at the park. Call 703-631-0013 for more.

FRIDAY/NOV. 3

Levi Stephens in Concert. 4:30-8:30 p.m. at The Winery at Bull Run, 15950 Lee Highway. Call 703-815-2233 or visit www.wineryatbullrun.com.

SATURDAY/NOV. 4

Joe Bernui in Concert. 1-5 p.m. at The Winery at Bull Run, 15950 Lee Highway. Call 703-815-2233 or visit www.wineryatbullrun.com.

FRIDAY/NOV. 10

Matt Waller in Concert. 4:30-8:30 p.m. at The Winery at Bull Run, 15950 Lee Highway. Call 703-815-2233 or visit www.wineryatbullrun.com.

SATURDAY/NOV. 11

Matt Waller in Concert. 1-5 p.m. at The Winery at Bull Run, 15950 Lee Highway. Call 703-815-2233 or visit www.wineryatbullrun.com.

SUNDAY/NOV. 12

Ken Fischer in Concert. 1-5 p.m. at The Winery at Bull Run, 15950 Lee Highway. Call 703-815-2233 or visit www.wineryatbullrun.com.

FRIDAY/NOV. 17

David Davol in Concert. 4:30-8:30 p.m. at The Winery at Bull Run, 15950 Lee Highway. Call 703-815-2233 or visit www.wineryatbullrun.com.



Live Music

Matt Waller in concert for two shows, Friday, Oct. 20-21 at The Winery at Bull Run, 15950 Lee Highway. On Friday, see Matt from 4:30-8:30 p.m. and Saturday, 1-5 p.m. Call 703-815-2233 or visit wineryatbullrun.com.

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The 13th annual Buddy Walk gets underway at George Mason University.



PHOTOS BY TOM MANNING

Ava Pristas, 3, from Leesburg, and Connor Lintott, 3, from Centreville, were excited to meet Marshall from Paw Patrol and Princess Belle from Beauty and the Beast.

Buddy Walk 2017 DSANV event raises funds, awareness for Down syndrome.

BY JEANNE THEISMANN

At 10 months old, Emma Laukhuf isn't old enough to walk. But that didn't stop her from joining hundreds of others in the 13th annual Down Syndrome Association of Northern Virginia's Buddy Walk Oct. 1 on the campus of George Mason University.

Emma, born last December with Down syndrome, was carried along the Mason Pond course by her parents Kent and Dana. Surrounding the family were dozens of supporters as part of Team #EmmaStrong, which helped raise funds for programs to assist individuals with Down syndrome in the Northern Virginia area.

"We have been abundantly blessed by the Down Syndrome Northern Virginia team, who have welcomed us with open arms," said Dana Laukhuf. "DSANV was an important part of our life during prenatal diagnosis and continues to be a huge support to us today. We are proud to walk with Emma and our new friends in an effort to give something back."

Team #EmmaStrong raised over \$1,900

through the Buddy Walk, which supports the local programs and services that DSANV provides to individuals with Down syndrome and their families living in Northern Virginia. A portion of the funds raised are directed towards the national advocacy initiatives of the National Down Syndrome Society.

Locally, DSANV services includes: helping families adjust to the birth of a child with Down syndrome; provides individuals with Down syndrome and their families with educational, financial, medical, legal and social support and resources; provides social and educational events for individuals with Down syndrome and their families; works to increase community awareness of the capabilities and contributions of individuals with Down syndrome; provides financial support to families in need with camp scholarships, conference scholarships and donations of durable medical equipment; and supports local organizations that provide services to individuals with Down syndrome.

For more information, visit www.dsanv.org.



PHOTO BY MARK MOGIE

Team Emma Strong poses for a photo following the DSANV Buddy Walk Oct. 1 in Fairfax. Emma Laukhuf, daughter of Kent and Dana Laukhuf, was born last December with Down syndrome.

BULLETIN BOARD

Submit civic/community announcements at ConnectionNewspapers.com/Calendar. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

ORNAMENT SALE

GWFC Western Fairfax County Woman's Club is selling 2017 White House Christmas ornaments. This year's ornament honors the 32nd President, Franklin D. Roosevelt. The two-sided ornament features a gilded eagle, flags and the Great Seal. 2017 ornaments cost \$21. Proceeds benefit charity. Order now by calling 703-378-6841 or 703-378-

6216. It is possible to order previous years' ornaments when you call.

SUNDAY/OCT. 22

Low Cost Rabies Clinic. Noon-2 p.m. at Sully District Government Center, 4900 Stonecroft Blvd., Chantilly, McDonnell Room. Dogs, cats, and ferrets will be vaccinated at the clinic. Dogs MUST be on leashes. Cats and ferrets MUST be in carriers. All pets will receive a 1-year rabies vaccine. To obtain a 3-year vaccine, bring your pet's rabies certificate showing your pet's current rabies vaccination and expiration date. Only rabies certificates will be issued (no

tags). The cost of each vaccination is \$15; cash and check only. 2017 County Dog Licenses will be sold at each clinic at additional cost of \$10 each.

WEDNESDAY/OCT. 25

Candidate Forum. 7:30 p.m. at Sully Government Center, 4900 Stonecroft Blvd., Chantilly. The League of Women Voters of the Fairfax Area (LWVFA) will hold an in-person forum for the public and the press to learn about the candidates who are running for election to the Virginia House of Delegates. The League invited all certified candidates

campaigning for office in their respective districts. At the in-person forums, question-and-answer sessions will be followed by an opportunity for informal conversations with individual candidates. The public and press are encouraged to attend. For more information about the candidates' priorities and positions, visit www.vote411.org.

SATURDAY/OCT. 28

Saturday Morning Coffee. 9-11 a.m. at Jireh Cafe, 13848 Lee Highway, Centreville. Constituents are invited to talk about issues of interest and to ask questions about legislation

affecting the community. Call 703-310-6752 or email DelDBulova@house.virginia.gov.

Operation Medicine Cabinet

Cleanout. 10 a.m.-2 p.m. at Sully District Station, 4900 Stonecroft Blvd., Chantilly or Fair Oaks District Station, 12300 Lee Jackson Memorial Highway, Fairfax. Drop off unused or expired medications at a Fairfax County Police district station. Pills or liquids only, no pressurized canisters or needles. Safe disposal of unused or expired medications prevents drug abuse and misuse, accidental poisoning, and protects the

SEE BULLETIN, PAGE 11

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Boosting a Child's Self-Esteem

A positive self image is a lifelong gift.

BY MARILYN CAMPBELL

One of the greatest gifts that a parent can give a child is a healthy self-esteem. Positive feelings about oneself can lead to success in a gamut of situations ranging from school to social circles, say child development experts.

"Self-esteem plays an important role at all stages of our lives," said psychologist Stacie B. Isenberg, Psy.D. "As adults, it can affect how one approaches situations and interacts with other people. When self-esteem is low, it may, for example, affect work performance or one's ability to recognize and enjoy accomplishments."

Parents play an essential part in the development of their child's self-esteem, advises Cheryl Giacomelli, who teaches psychology at Northern Virginia Community College. "Parents foster self-esteem in many ways including leading by example, being emotionally available, engaging with their children, and providing a loving and supportive environment that allows children to succeed and fail," she said.

Parents can model this behavior in everyday tasks. "For example, while helping a child with a math assignment and not understanding the math problem, the parent

who says 'I can't believe I don't understand this, I was always terrible at math' is sending a different message than the parent who says, 'I'm not sure about this one. Let's ask your teacher to explain it to us in a different way,'" said Isenberg. "Parents can benefit themselves and their children by learning to describe situations according to the specific circumstances and resisting putting a generalized label on the situation or their behavior."

Since children learn by observation, modeling healthy relationships and habits is a vital component of developing a healthy self-esteem, suggests Giacomelli. "Choose an activity once a day in which you are fully engaged with your child," she said. "This may sound like common sense, however in today's busy world, it's sometimes difficult to devote all of your attention to one task. This means playing a game or reading a book and ensuring your cell phone is nowhere in sight."

"Experiences that may negatively impact the development of a strong sense of self occur when we do not fully engage with our children, when we do not allow our children to fail, and when we do not acknowledge our own faults," continued Giacomelli

Avoid harsh criticisms and display expressions of love, warmth and affection, advises Joanne Bagshaw, PhD, LCPC, professor of psychology at Montgomery College-Germantown.

"Children's self-esteem develops based on how well their parents love them," she said. "The best thing parents can do is to openly and unconditionally love and accept their child. Parents ... can do so verbally, by telling their children often that they love them and by being openly affectionate, with hugs, for example. Parents can also communicate warmth through their tone of voice, and eye contact."

PRAISING CHILDREN is important, but it must be sincere. Even setbacks can offer opportunities for developing a healthy self-esteem, suggests Isenberg. "Children feel good about themselves when they have received genuine, positive reinforcement from people and situations," she said. "Praising a child's efforts is one of the best things parents can reinforce, because a child can control his effort, whereas outcome isn't always within one's control."

One example that Isenberg offers is saying something like, "I'm so proud of how hard you studied for that science test. You

spent a lot of time reviewing the material and were really dedicated to being prepared."

Allowing children to learn to do things on their own and even experience a setback within a supportive environment may increase feelings of confidence and competence, says Jerome Short, Ph.D., associate professor of psychology at George Mason University.

"Parents may do too much for children or protect them from failure so that children do not learn to cope with difficult situations and soothe themselves," he said. "Children should believe that they have worth for being a unique person."

Fostering opportunities for positive social interaction with their peers can lead to a healthy self-esteem, says Short. "Children who have close friendships and reciprocal sharing with friends tend to have higher self-esteem," he said. "Children's successful accomplishment of goals also boosts self-esteem."

Establishing boundaries and setting limits with children can instill a sense of safety and security, advises Short. "Authoritative parenting that is high in support and high in structure and expectations contributes to children's positive sense of self," he said.

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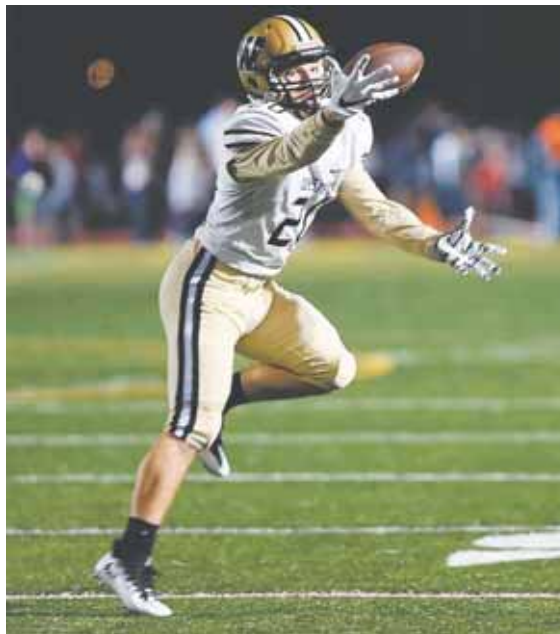
News



PHOTOS BY WILL PALENSCAR

Westfield's Noah Kim #10 completed 11 of his 17 passes for 238 yards and 4 TD's as Westfield improved to 7-0 with a 34-14 win over Oakton on Oct. 13.

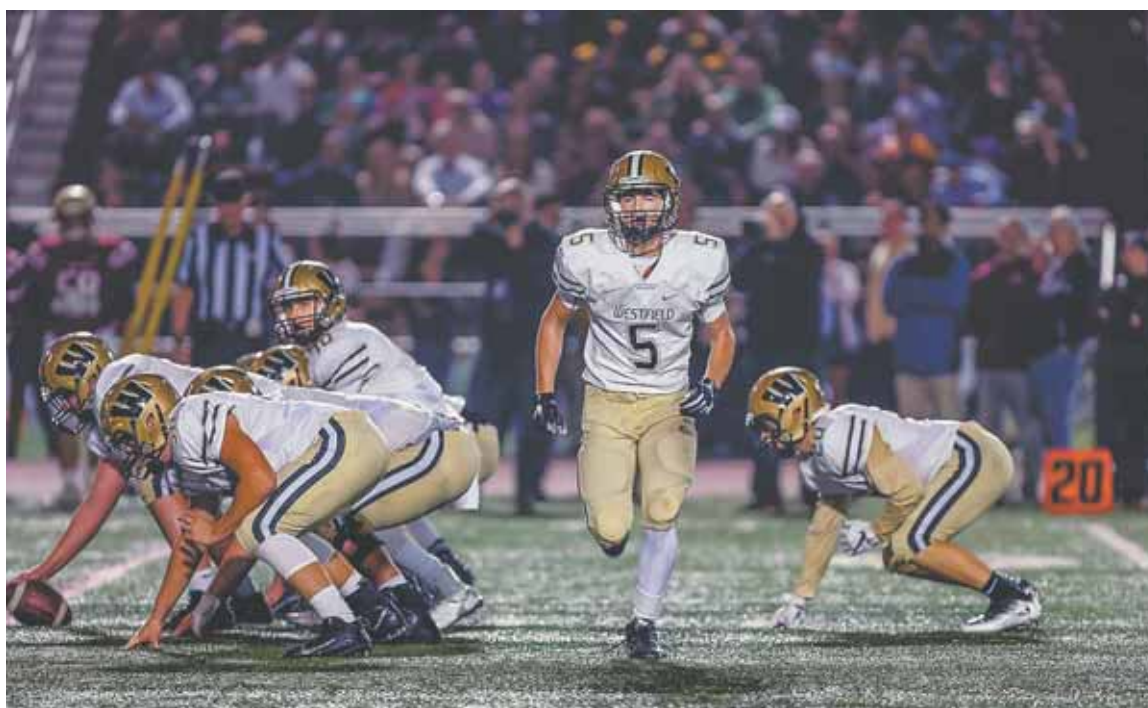
Westfield Defeats Oakton 34-14



Westfield's Sean Goodman pulls in a pass from teammate Noah Kim on a successful fake punt.



Bizzet Woodley pulls in one of his two TD receptions in Westfield's win over Oakton. Woodley caught two passes for 21 yards.



Gavin Kiley is in motion. Kiley scored on a 45-yard pass reception in the 2nd quarter.

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NEWS

Not Guilty

FROM PAGE 5

Johns suddenly joined in and walked quickly toward him saying, “Boy, I’m gonna knock you out.”

“I was confused — it wasn’t her wedding,” said Bonds. “And as a caterer, she knew what it was like to deal with a bad wedding party. Her hands go up around my throat, she’s pushed me and I can’t breathe, I can’t move. I could feel her thumb digging into my neck. I open the knife in my pocket and stab her to get her off me. I scream for the police and yell for the others to stay away from me.”

Bonds shouted for the police to come help him because, when they were there earlier, they assured him they’d stay on the scene, just out of sight, in case he needed them again. But unbeknownst to him, they’d been called to an auto accident and had left. Considering himself the victim of an assault, he then then called 911 to say he’d been attacked and asked police to come quickly. Bonds said he hadn’t realized he’d wounded Johns fatally until he heard it over the police radio in the squad car following his arrest.

Before the whole incident happened and derailed his plans, Bonds was looking forward to starting college last fall at VCU. And once the jury returned its “not guilty” verdict on Oct. 4, not only did it mean that the young man was exonerated, but also that he’s free to go on with his life.

BULLETIN BOARD

FROM PAGE 8

environment. Disposal is free, convenient, confidential, and safe. Visit www.fairfaxcounty.gov/police/stations/ or www.deadiversion.usdoj.gov/drug_disposal/takeback/index.html for more.

SUNDAY/OCT. 29

Road to Success Luncheon Program. noon at the Waterford at Fair Oaks, 12025 Lee Jackson Memorial Highway, Fairfax. Fairfax County Alumnae Chapter of Delta Sigma Theta Sorority, Inc., host this free event that focuses on preparing students for the academic, social and financial transition from high school to college. Business attire required. Email fcacscholarship@fcacd.org.

TUESDAY/NOV. 28

FCPS Community Conversations. 6:30-8 p.m. at Chantilly High School, 4201 Stringfellow Road, Chantilly, Lecture Hall (Region 5). Fairfax County Public Schools (FCPS) Superintendent Scott S. Brabrand will host Community Conversations to hear what students, parents, employees, and members of the community are thinking about and what issues are important to them. Brabrand welcomes citizens to attend and take part in any of the upcoming sessions that are convenient for them. Citizens needing a translator can make a request for services online. Visit www.fcps.edu/news/superintendent-brabrand-schedules-five-community-conversations-fall.

ELECTRONICS RECYCLING

Residents Can “E-cycle” at the I-66 transfer station. It is free but residents may be asked to show proof of residency. Personal waste only. The I-66 station is located at 4618 West Ox Road, Fairfax and open from 8 a.m.-4 p.m. on Monday-Saturday and from 9 a.m.-4 p.m. on Sundays. Visit www.fairfaxcounty.gov/dpwes/recycling/electric-sunday.htm for more.

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“Righty Tightly, Lefty Loosey”



By KENNETH B. LOURIE

So I’ve been told mnemonically for years. But when you’re home and automotive-repair challenged as I am, everything is much easier said than done, especially when the mnemonic device is easier to handle/figure out than whatever tool and/or schematic is necessary/advisable for the at-home/in-driveway repair. (We don’t have a garage, or much of a basement for that matter. It’s more of a cellar, actually. In fact, I call it “the dug out,” so lack of spatial accommodations can exacerbate the problem).

And that’s sort of how I feel whenever I attempt a home/car-owner-type repair. Soon after I organize whatever thoughts and tools I guess I might need: within minutes of the initial effort, I will have likely complicated the repair and will be forced to dig myself out, sometimes literally. I’ll spare you the details, but suffice to say, I am a man of my word and that word is disaster. To invoke the great and often-quoted Dirty Harry: “A man’s got to know his limitations,” (Magnum Force, 1973), and believe me, I do.

Granted, replacing bulbs in my house, as written in the final paragraph of last week’s column: “What To ‘Ware,” ranks pretty low on the home owner’s list of honey-can-you-do?. Nevertheless, challenges do present themselves, especially when height and a ladder – or a step stool, with no spotter, are involved. And when I’m looking up with arms outstretched attacking the problem: light fixture from multiple angles, sometimes, when I place my hand on the bulb, I begin to lose my orientation and am unsure where’s ‘Righty and where’s ‘Lefty.’ And even though I always remember ‘Tightly and ‘Loosey,’ when ‘Righty Tightly, Lefty Loosey’ doesn’t immediately bring results, I tend to lose patience – and confidence, and slowly retreat to lower ground to reassess.

Unfortunately, there’s no one to call. I mean, when you fail at the most basic and fundamental responsibility a home/car owner has, it’s difficult, even for someone with as little ego as me, to admit abject failure. Repairing a toilet, installing light fixtures and/or ceiling fans; sawing, sanding, measuring, leveling and drilling; lifting, balancing and carrying; and anything else involving plumbing, electrifying; and even hammering and screwing in general, are tasks I don’t mind asking and/or paying for. Having been down this road many times before, I know it’s a path that won’t lead to my redemption.

So not wanting to make a bad situation worse, or create a problem where one or two previously didn’t exist, I have to employ the simplest of solutions. And what’s simpler than “a pithy observation that contains a general truth:” an aphorism (Dictionary. com), an aid to one’s lack of memory and ability to perform even the most basic of tasks, particularly as it pertains to a home owner: bulb replacement.

Not that this inability is at all defensible. It’s not. It’s totally indefensible and one whose defense is not all explainable by the most offensive of terms: cancer. Which as you regular readers know has been the bane of my existence going back to late February 2009. That’s when my Internal Medicine doctor called me at work to share the results of my previous week’s surgical biopsy. His suggestion was that we meet in his office to discuss the results. I shook my head in disbelief. If he wants to meet me in person, the results must be bad, I thought. Otherwise, he’d just tell me, right? I asked him to hold on as I found a private office for us to talk (me to react) and braced myself. He told me the growth was malignant and suggested I see an oncologist as soon as possible. An appointment was set for the following Thursday.

Much has changed in my life ever since that fateful day, but not as it concerns this home/car owner’s inability to handle the most mundane tasks. Might haven actually gotten worse. As for “the cancer,” as “Forrest, Forrest Gump” described the cause of his mother’s death, not so bad. I am alive and reasonably well, eight years and nearly two months out, six years plus past the end date of my original “13 month to two year” prognosis. Of that I’m proud. As for the home and car repair deficiencies, I couldn’t care less. I have to admit though, it is laughable – and pathetic.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

CENTREVILLE DAY 2017

Get Ready for Centreville Day This Saturday

FROM PAGE 2

living north of Wharton Lane will notice brief, rolling, road closures as the parade passes by.

Chantilly Academy's Air Force JROTC will lead the parade, organized by American Legion Post 1995. Participants include fire and police vehicles, Boy Scouts, Girl Scouts, the county Sheriff's Office and more. Anyone can be in it and costumes are encouraged. Prizes will be awarded; register in advance at www.CentrevilleDay.org.

Food offerings will include pulled pork and other barbecue items, shawarmas, baklava, Thai dishes, seafood and quesadillas. And crafters, businesses and nonprofits will have several booths.

Also planned are a slew of children's activities, including trick-or-treating in costume through the community marketplace on Mt. Gilead Road. There'll also be a climbing wall, slide, History Train rides, face-painting, pumpkin-smashing, sack races, a tug-of-war, a maze and a candy-store obstacle course.



Charlie Anderson gives fencing lessons during Centreville Day 2016.

They can also enjoy hands-on history at Mount Gilead, which was built as a tavern in 1785. It'll be open for guided tours and, on

its lawn, Sully Historic Site volunteers will help children dip candles, write with a quill pen and make simple toys to take home.

Also there will be the Swordsmen of the 18th Century, Charlie and John Anderson, who'll demonstrate their swashbuckling skills

and share their extensive knowledge with the crowd. Living historians, Pirates for Sail, will be camped on that lawn, too.

This group, which also sings, will kick off the main stage entertainment at 10:40 a.m. And after the parade, The VaDeatles – comprised of teachers mainly from Stone Middle School – will cover songs of the Beatles and other rock bands. Also entertaining will be: Powerworx Dancers, the Youth Choir of the Fairfax Choral Society, Hallelujah Tae Kwon Do demonstration team, Korean harmonica and autoharp players, and the Northern Virginia Wu Shu Academy. Rounding out the fun will be a hula-hoop contest, plus additional acts; for more information, go to www.CentrevilleDa.org.

At the Safety Expo, people will meet local first responders and other public-safety personnel, learn about the services they provide and how to handle emergencies. Sheriff's Office personnel will make child IDs, police and fire-and-rescue vehicles will be on display and, if possible, a police helicopter.

The pet pageant is set for 2 p.m. at the main stage; register at the Website. Families may bring more than one pet, and certificates will be awarded in various categories. Contact Cammy Gawlak at cgawlak@verizon.net. And throughout the day, the Rev. Carol Hancock will bless pets at the Saint John's tent on the church's lawn, and the church, itself, will be open for tours.

Attendees may also visit the Spindle Sears House, just down the street from St. John's. Purchased in 1933 from a Sears catalog and shipped here by train, it'll be open for tours by historian Allison Hartley.

Guided tours will be available at Mount Gilead, too. It's one of the stops for the Park Authority's History Train, driven from the Sully Historic Site by Matt McNeal. The train will take attendees between stations on the lawn at Mount Gilead and Braddock Road.

Visitors may also disembark at the Braddock Road stop and stroll downhill to explore the Old Stone Church – the Church of the Ascension – to tour the historic church and view an array of antique scientific instruments and curiosities.

Baked goods and a ploughman's lunch will be sold there, and free face painting will be available. The nearby Havener House and Stuart-Mosby Civil War Cavalry Museum on Braddock Road will be open for tours, too.

PHOTO BY BONNIE HOBBS

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