

Burke CONNECTION

WELLBEING

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12099

Supervisor John Cook (R-Braddock District) talks about the technological advantage the new Public Safety Headquarters building will bring.

Public Safety Headquarters Unites Departments

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On the Ballot

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Military Daughters Help Veterans Charity

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NOVEMBER 2-8, 2017

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Northam



Gillespie



Hyra



Fairfax



Vogel



Herring



Adams

On the Ballot A look at what's on the top of the ballot this Election Day.

BY MICHAEL LEE POPE
THE CONNECTION

Voters across Virginia will be headed to the polls Tuesday Nov. 7. Here's a look at what's on the ballot:

Race for Governor

Democrat **Ralph Northam** is a pediatric neurologist who was elected lieutenant governor in 2013, when he beat Republican E.W. Jackson. Before being elected to the statewide office, he represented the Eastern Shore in the Virginia state Senate. He's also a veteran, serving as an Army doctor during Desert Storm.

On the campaign trail, Northam talks about a "G3 Program" for Virginia — a plan that would help people get a job, get skilled and give back. If elected, he says he would work to expand industry certification programs, community colleges and apprenticeship programs, an effort that would focus on high-school students who do not attend a four-year college or university. He says he would support a law to make salary information more transparent so women can fight discriminatory practices. And, he says, he would push to expand Medicaid.

Fundraising Total: \$22.8 million

- ❖ \$3 million from DGA Action
- ❖ \$705,000 from Virginia League of Conservation Voters
- ❖ \$566,000 from Michael Bills of Charlottesville, founder of Bluestem Asset Management
- ❖ \$450,000 from Everytown for Gun Safety
- ❖ \$400,000 from the Democratic Party of Virginia

Republican **Ed Gillespie** is a former chairman of the Republican National Committee who owns the firm Quinn Gillespie & Associates, a bipartisan lobbying firm he started with Jack Quinn.

On the campaign trail, Gillespie talks about cutting the individual tax rate by 10 percent — the first income tax rate since 1972. He wants to prohibit candidates from using money raised for one office to run for a different office, and he says he would extend the length of time administration officials must wait before they can lobby their prior office. If elected, he says he would

identify \$200 million in savings during the course of his administration by establishing a new Office of Innovation and Efficiency.

Fundraising Total: \$14.8 million

- ❖ \$4 million from A Stronger Virginia
- ❖ \$1.1 million from Let's Grow Virginia
- ❖ \$1 million from the Republican Governors Association
- ❖ \$200,000 from Dwight Schar of McLean, NVR Homes
- ❖ \$133,000 from Jay Faison of Charlotte, N.C., of ClearPath Foundation

Libertarian **Cliff Hyra** is a patent attorney who was unopposed as the Libertarian candidate for governor when party leaders met for their convention in May.

On the campaign trail, Hyra talks about ending the business, professional and occupational licenses tax known as the BPOL. He also wants to end state occupational licensing requirements for cosmetologists, interior decorators and nail technicians. He also wants to privatize the state-owned liquor monopoly and avoid increases to the minimum wage. If elected, he says he would work to exempt the first \$60,000 of household income from the state income tax.

Fundraising Total: \$63,000

- ❖ \$15,000 from Michael Chastain of Austin, Texas
- ❖ \$1,000 from John Berresford of Arlington, Federal Communications Commission
- ❖ \$1,000 from Don Bruckner of Albuquerque, N.M., Guebert Bruckner PC
- ❖ \$1,000 from Darryl Kerkeslager of Richmond, Virginia Department of Corrections
- ❖ \$1,000 from Carrie-Anne Mosley of Chantilly, Salesforce.com

Race for Lieutenant Governor

Democrat **Justin Fairfax** is a former federal prosecutor who also owns a dental practice with his wife. Earlier this year, he beat out two other Democrats were were also running in the Democratic primary: longtime Democratic operative Susan Platt and former federal prosecutor Gene Rossi.

On the campaign trail, Fairfax says he wants to increase the minimum wage and expand workforce training. He wants to implement a state-based loan restructuring

program, and increase access to pre-kindergarten education. If elected, he says, he would support expanding Medicaid and eliminate gaps in mental health coverage.

Fundraising Total: \$2.9 million

- ❖ \$50,000 from Rose McElrath-Slade of McLean, Strategic Resources Inc.
- ❖ \$35,000 from the National Education Association
- ❖ \$35,000 from stockbroker Edward Hart Rice of Vienna
- ❖ \$30,000 from Ivan Jecklin of Henrico, Weinstein Management Company
- ❖ \$25,000 from Michael Bills of Charlottesville, founder of Bluestem Asset Management

Republican **Jill Vogel** is a state senator representing Upperville who was first elected in 2007 after the retirement of longtime Republican state Sen. Russ Potts (R-27). Earlier this year, she beat out two other Republicans who were also running in the Republican primary for lieutenant governor: Sen. Bryce Reeves (R-17) and Del. Glenn Davis (R-84).

On the campaign trail, Vogel says she wants to reduce regulations and the tax burden. During the last General Assembly session, she introduced a bill that would have banned all gifts to lawmakers and prohibited candidates from using campaign funds on personal expenditures. She also introduced an effort she calls the "repeal amendment" that would allow states to repeal federal laws and regulations.

Fundraising Total: \$2.5 million

- ❖ \$825,000 from the Republican State Leadership Committee
- ❖ \$496,000 from William Holtzman of Holtzman Oil Corp
- ❖ \$96,000 from Jill Vogel for Senate
- ❖ \$35,000 from cigarette manufacture Altria
- ❖ \$29,000 from Michael Smith of Middleburg, Valley Proteins Inc.

Race for Attorney General

Democrat **Mark Herring** is a former state senator from Loudoun who was elected attorney general in 2013, when he won a 165-vote margin of victory against Republican Mark Obenshain that led to a statewide recount. He has a master of arts in foreign affairs from the University of Vir-

ginia as well as a bachelor's degree in foreign affairs and economics, also from UVA. He also received a law degree from the University of Richmond.

On the campaign trail, Herring says responding to the opioid crisis is one of his top priorities. As attorney general, he says he has prosecuted more than 75 cases against heroin dealers and traffickers involving more than 375 pounds of heroin and fentanyl. Herring says he is also leading a project to eliminate Virginia's backlog of more than 2,000 rape kits. Herring is also chairman of a task force to combat campus sexual violence, and he says he helped put hundreds of child predators behind bars through aggressive prosecutions and digital forensics work.

Fundraising Total: \$6.2 million

- ❖ \$1.5 million from the Democratic Attorneys General Association
- ❖ \$813,000 from One Commonwealth PAC
- ❖ \$300,000 from Everytown for Gun Safety
- ❖ \$150,000 from Michael Bills of Charlottesville, founder of Bluestem Asset Management
- ❖ \$116,000 from the Democratic Party of Virginia

Republican **John Adams** is a former Navy officer who served as an associate White House counsel under former President George W. Bush. He has a law degree from the University of Virginia, and an undergraduate degree from the Virginia Military Institute. He currently works as an attorney in private practice.

On the campaign trail, Adams says he would work as an advocate against spoofing — fighting phone scammers who impersonate the government, legitimate businesses or local telephone numbers. If elected, he says, he will leverage state resources to do "much, much more" than is currently being done to combat the opioid crisis. He says he would also support "tough but effective" law combatting drug dealing.

Fundraising Total: \$3.4 million

- ❖ \$2.9 million from Republican Attorneys General Association
- ❖ \$225,000 from Republican Party of Virginia
- ❖ \$100,000 from Bruce Gottwald of Richmond of Newmarket Corp
- ❖ \$35,000 from Floyd Gottwald of Henrico of Newmarket Corp
- ❖ \$27,500 of William Goodwin Jr. of Richmond of CCA Industry

Words Not Enough

Advocates demand local change on immigrant interactions.

BY KEN MOORE
THE CONNECTION

Fairfax County “is making money off the suffering” of the immigrant community, said Matt Bakker.

“Worst of all, Fairfax County through its Sheriff’s Office maintains a contract with ICE [U.S. Immigration and Customs Enforcement] to hold immigrants within the Adult Detention Center as if they were under federal custody,” said Bakker, who spoke on behalf of a coalition of advocates on immigration.

“They also act as informants and they tell ICE where to find the person,” said Diane Burkley Alejandro, of ACLU People Power. “This is aiding and abetting,” she said.

Fairfax County has turned more than four times as many immigrants over to ICE in 2017 as they had by this time last year, including 100 people in September alone, according to Alejandro. Immigrants are often jailed when others would be cited and released, she said.

“These people end up in ICE custody through the police. Police send people to jails when I would be given a summons,” said Alejandro. “The Police and Sheriff admit they do not have to hand over a single person to ICE; they do it anyway.”

Six people waited more than eight and a half hours on Tuesday, Oct. 24, to speak before the Board of Supervisors during the public comment period at the end of its regularly scheduled board meeting.

“Current policies of cooperating with ICE are ripping holes in the fabric of our community. We’re better than this,” said the Rev. Alexis Vaughan Kassim, of the DMV Sanctuary Congregation Network.

THE BOARD VOTED to adopt a resolution on April 4, 2017 pledging non-cooperation with federal government on immigration law except when serious criminal activity is involved.

“While immigration is a federal matter, Fairfax County does partner with federal authorities on serious criminal matters when required,” according to the resolution. “Whereas, we do not ask, nor do we have the resources for, our police officers to become immigration officials, nor for Fairfax County to assume the responsibilities of federal immigration officials.”

The Dramatic Rise in Fairfax’s Civil Immigration Enforcement

Fairfax Immigrants Turned over to ICE
2016 v. 2017 (Jan.—Sept.)

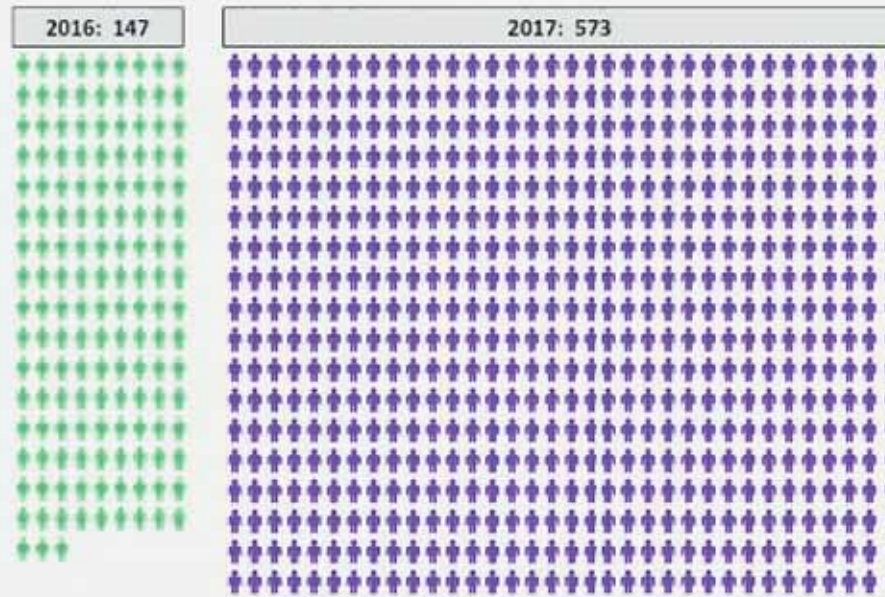


GRAPHICS FROM DIANE BURKLEY ALEJANDRO/ACLU PEOPLE POWER

An increase in civil immigration enforcement in Fairfax County occurred between 2016 and 2017.

4 Times As Many Immigrants Held For ICE This Year

(Jan.—Sept.)



Fairfax County has turned over four times as many immigrants to ICE in 2017 (573) as it did in 2016 (147).

Chairman Sharon Bulova stated in her Board Matter that same day: “Fairfax County is a welcoming and accepting com-

munity where residents of all backgrounds deserve to feel respected and safe. It is important that we, as local leaders, speak out

More

Immigrants in Fairfax County:

www.fairfaxcounty.gov/news/2017/immigrants.htm

when our constituents are concerned regarding policies or practices that may affect them. We are a safe, diverse and caring community, and if that harmony is threatened, I believe we have a duty to speak out and clearly articulate our values.”

WORDS ARE NOT ENOUGH, the advocates said.

“County officials have assured us they will not collaborate nor enforce immigration law but recent actions put the lie to these assertions,” said Bakker.

“Fairfax by its actions has embraced ICE’s mission of ensuring the deportation of all undocumented immigrants whether or not they have committed a crime and the data will show that,” said Alejandro.

“Our demand is simple,” she said. “Equal justice and liberty for all. More specifically, the county needs to treat immigrants as they do all other people.”

“All of our faith traditions call us to stand up for the humanity of our neighbors, to resist labeling undocumented residents in our community as criminals and outsiders, and to oppose policies that lead to the detention and deportation of our families, friends and neighbors,” said Vaughan Kassim.

Being undocumented is not a crime, said Allie Boldt, senior counsel with Demos, which conducts analysis of how county policy must be strengthened to protect immigrant communities “who are facing unfair and terrifying policies at all levels of government.”

“The legal landscape allows the county to do a lot more to protect its immigrant residents who are represented here today. In fact, the Constitution even requires some of these changes,” Boldt said.

The 10th amendment protects county government from being forced to do the federal government’s bidding, she said. “What that means is if ICE asks the county government to do something, the county

SEE LOCAL STANCE, PAGE 11



Diane Burkley Alejandro, ACLU People Power



Matt Bakker



Allie Boldt, DEMOS



Jorge Mendez, CASA



Govind Nair, Northern Virginia Ethical Society



The Rev. Alexis Vaughan Kassim, of the DMV Sanctuary Congregation Network

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Saturday, January 13, 2018

Time:

9:00-9:30 a.m. – Registration
9:30-1:00 p.m. – Workshop

Place:

Duff Kronfeld & Marquardt P.C.
Fair Oaks Commerce Center
11320 Random Hills Road/Suite 630
Fairfax, VA 22030

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News

Dental Clinic Fills Need

Serving more than 2,500 low-income patients a year.

BY ASHLEY CLAIRE SIMPSON
THE CONNECTION

While there are plenty of people who dread routine appointments to the dentist, the people in the scariest of situations are those who simply cannot afford to seek this critical care. And, because too many people today are in this unsettling position, the Northern Virginia Dental Society (NVDS) established the Northern Virginia Dental Clinic (NVDC) to provide low-income residents with affordable treatment.

"The program was one of the first of its kind in the nation and continues to serve the indigent population of our community," said Tom Wilson, NVDC executive director. "NVDC opened in 1994 and provides a comprehensive menu of services from the basic dental exams, fillings and teeth cleanings, to specialized treatment including root canal therapy, oral surgery, and the fabrication of dentures and other prosthetic appliances. The NVDC's goal is to restore each individual to an infection free and functional state of oral health."

Although NVDS is a professional organization of local dentists, its membership supports its non-profit clinic.

"NVDC has always been the society's primary outreach program and our members volunteer their time, skill, and make monetary contributions regularly," said Cathy Griffanti, NVDS executive director. "Our clinic(s) provide the low-income population in our community with a true dental home where they receive ongoing oral health care and education."

Facilities like NVDC are often a qualified patient's only avenue to life-saving dental treatment.

"While there is an avenue for low-income children to seek oral health care, there is nothing for adults," Wilson said. "Through Medicaid, there are very limited healthcare services for adults. Those services are limited to one emergency extraction, diagnostics, and then there is limited care for pregnant women."

NVDC, with two locations in Fairfax and Sterling, currently serves thousands of patients a year. By charging just \$50 per appointment, regardless of the nature of treatment, procedures are affordable for people who have no dental insurance or a way to pay out-of-pocket. Under normal circumstances, for instance, even a simple cavity filling would eclipse the NVDC per-visit cost.

There are 23 regular staff members; however, the 120 NVDS volunteers, along with roughly 50 regular volunteer dental hygienists from the Northern Virginia Dental Hygienists' Association, make these affordable services possible.

Amidst the emergence of other similar dental clinics for the low-income population in Northern Virginia, NVDC has experienced much growth since its inception nearly 24 years ago.

"We serve over 2,500 patients a year, and provide more than 10,000 appointments per year," said Wilson, who has overseen NVDC for more than 20 years. "We did about 3,000 appointments total in 1997, the year I came. It's been a steady growth with lots of hard work from volunteers, the board and staff. We're hoping to move that number of annual appointments up to the 12,000 level in the next year and a half."

NVDC relies on a number of grants from government programs and private foundations. The most recent grant the non-profit organization accepted was from the Virginia Healthcare Foundation (VHCA).

"The primary initiative in securing the grant money is to increase the clinic's service capacity," Griffanti said. "The funding

recently awarded by the VHCF will enable NVDC to hire two part-time dentists at the Fairfax facility, a part-time registered dental hygienist, and a full-time dental assistant. This additional staff will allow us to provide an additional 2,000 patient appointments."

Wilson said examples of other crucial sources of revenue are Northern Virginia Health Foundation, Inova Health Systems, Kaiser Permanente

of the Mid-Atlantic States and United Way of the National Capital Area.

Since it would be impossible for NVDC to treat every single Northern Virginian in dental distress, the clinic works with social services organizations in each jurisdiction for the patient selection process.

"As a program, we don't decide who comes to us," he said. "Each jurisdiction identifies low-income residents throughout their jurisdiction and screens them for eligibility. Everyone we see, though, is at or below 200 percent of poverty. What that means in Northern Virginia, where the median annual household income is about \$110,000, you're talking about the majority of the people we serve having an annual income of around \$37,000."

From their first visit, patients have one year to complete the treatment plan that NVDC practitioners outline for them. According to Griffanti, approximately 78 percent of NVDC patients complete their treatment plan. This translates to thousands of lives saved.

"While there is an avenue for low-income children to seek oral health care, there is nothing for adults."

— Tom Wilson, Executive Director, Northern Virginia Dental Clinic

PEOPLE



Catch of the Day

Agnes Tarbett of Burke, caught this 25-inch Puppy Drum while fishing on Jennette's Pier in Nags Head, N.C., on Tuesday, Oct. 24.

Filling the Need

FROM PAGE 6

"Oral health is linked to poor overall health conditions," Wilson said. "It affects pregnancies, infants of pregnant women, it has links to Crohn's disease and a whole list of conditions. That's why we provide the full gamut of treatment for patients. Our focus is on functional restoration, but of course aesthetics always come into play.

"A lot of women come and talk to us with their hands covering their mouths,"

Wilson said. "You wouldn't believe the self-esteem that comes back to these individuals after a couple of months of treatment."

Programs like NVDC benefit the community at large, as well. The more patients that visit designated oral health care providers, the less often people will visit emergency facilities with debilitating pain caused by tooth-related infections.

For more, visit www.nvds.org/north-ern-virginia-dental-clinic.

Referring Agencies

Emergency and initial appointments to the Northern Virginia Dental Clinic must be scheduled through designated referring agencies only.

Arlington County

❖ Department of Human Services: 703-228-5170

❖ Arlington Free Clinic: 703-979-1400

City of Alexandria

❖ Department of Human Services: 703-746-5700

❖ Mental Health/Substance Abuse: 703-746-3500

❖ Neighborhood Health: 703-535-5568

City of Fairfax

❖ Department of Human Services: 703-385-7894

Fairfax County

❖ Northern Virginia Family Services: 571-748-2593 or 571-748-2500

❖ United Community Ministries: 703-768-7106 (Alexandria, Ft. Belvoir, Lorton)

❖ Multicultural Center/NVFS: 571-748-2800 (Annandale, Falls Church)

FAITH NOTES

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. Deadline is Friday. Dated announcements should be submitted at least two weeks prior to the event.

St. Andrew the Apostle Catholic Church, 6720 Union Mill Road, Clifton, conducts Sunday masses at 7:30 a.m., 8:45 a.m., Latin mass at 10:30 a.m. and 12:30 p.m. It also offers a Saturday vigil at 5:30 p.m. and a Thursday Latin mass at 7 p.m. Additional mass offered Monday-Friday at 6:30 a.m. (except on Federal holidays) and 8:45 a.m. 703-817-1770 or www.st-andrew.org.

Clifton Baptist Church, 7152 Main St. Clifton, is a small Bible-believing church offering worship service on Sunday at 11 a.m., with Bible Study on Wednesday at 12:30 p.m.

Prince of Peace Lutheran Church, 8304 Old Keene Mill Road, Springfield, offers casual worship services on Saturday evenings at 5:30 p.m. featuring contemporary music. More traditional services take place on Sunday mornings at 8:15 and 11 a.m. Sunday School is from 9:45-10:45 a.m. for children and adults. The church also offers discussion groups for adults. 703-451-5855 or www.poplc.org.

Franconia United Methodist Church, 6037 Franconia Road, Alexandria, offers traditional Sunday church services at 8:30 a.m. and 11 a.m. plus Sunday School classes for all ages at 9:45 a.m. Childcare is available 8:15 a.m.-12:15 p.m. 703-971-5151 or admin@franconiaumc.org or www.franconiaumc.org.

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ED GILLESPIE
Governor

JUSTIN FAIRFAX
Lt. Governor

JOHN ADAMS
Attorney General

☒ **VOTE TUESDAY, November 7th**

Paid for by the Southern States PBA PAC Fund. 2155 Hwy 42 S, McDonough, GA 30252. Chris Skinner, president; Dave Soderberg, senior vice president; Donald Scott, vice president; Joe Naia, secretary.

OPINION

Turn Out To Vote

Races at top of ticket likely to be very close; your vote counts.

When will you vote? Make a plan, there is less than one week left. You can vote absentee in person until Saturday, Nov. 4. If you haven't voted by then, you will need to vote on Election Day, Tuesday, Nov. 7. Decide what time you'll go, make plans with a family member or a friend to meet at the polls. Don't let the day get away from you. Polls are open from 6 a.m. to 7 p.m. on Nov. 7.

EDITORIAL Consider the election four years ago of Attorney General Mark Herring (D), who is running again this year to keep his position. Herring defeated his Republican opponent by 165 votes, 1,103,777 votes to 1,103,612 - a difference of 165 votes out of more than 2.2 million cast, or less than one half of one percent difference. Herring promptly announced he would not defend Virginia's same-sex marriage ban. It's fair to say that a variety of other issues have been different because of that razor thin victory.

Absentee Voting in Person

Voting early if you qualify is a good choice. There are 19 valid reasons to vote absentee in Virginia, including the possibility that you will be working and commuting to and from home for 11 or more hours between 6 a.m. and 7 p.m. on Election Day. Check the Virginia Department of Elections list to see if you are eligible: elections.virginia.gov/casting-a-ballot/absentee-voting/index.html

There are two ways to vote absentee: in-person and by mail. To vote by mail, you will need to apply for an absentee ballot; if you vote absentee in-person you will fill out the application when you arrive at the in-person absentee location.

See your locality's elections website for more.

Bring Photo ID, There Are Alternatives

Virginia has voter identification requirements; plan to bring photo identification with you to vote, whether absentee or on Election Day.

Any registered voter who does not have one of the required forms of identification can apply for a free Virginia Voter Photo Identification from any general registrar's office in the Commonwealth. Voters applying for the Virginia Voter Photo ID complete the Virginia Voter Photo Identification Card Application, have their picture taken, and sign the digital signature pad.

Among accepted ID: valid Virginia Driver's

License or Identification Card; valid Virginia DMV issued Veteran's ID card; valid U.S. Passport; other government-issued photo identification cards issued by the U.S. Government, the Commonwealth of Virginia, or a political subdivision of the Commonwealth; valid college or university student photo identification card from an institution of higher education located in Virginia; valid student ID issued by a public school or private school in Virginia displaying a photo; employee identification card containing a photograph of the voter and issued by an employer of the voter in the ordinary course of the employer's business.

A voter who does not bring an acceptable photo ID to the polls will be offered a provisional ballot. To find a registration office where you can obtain photo ID, even on the day of an election, visit: vote.elections.virginia.gov/VoterInformation/PublicContactLookup.

Provisional Ballot Process for Voters Who Arrive Without Identification

General Election Day, Tuesday, Nov. 7

On Election Day Polls are open from 6 a.m.-7 p.m.

If you arrive at your polling place on Election Day without an acceptable form of photo identification, don't panic or give up. You will be given the opportunity to vote a provisional ballot. After completing the provisional ballot, the individual voting will be given written instructions from the election officials on how to submit a copy of his/her identification so that his/her vote can be counted.

A voter will have until noon on the Friday following the election to deliver a copy of the identification to the local electoral board or to appear in person to apply for a Virginia Voter Photo ID Card. Also by noon on Friday following the election, the voter may appear in-person in the office of the general registrar, in the locality in which the provisional ballot was cast, and apply for a Virginia Voter Photo ID Card. At the completion of the application process, the voter may request a Temporary Identification Document. This document may be provided to the electoral board to suffice the identification requirement.

On the Ballot

Governor

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Edward W. "Ed" Gillespie (R)
Clifford D. Hyra (L)

Lieutenant Governor

Justin E. Fairfax (D)
Jill H. Vogel (R)

Attorney General

Mark R. Herring (D)*
John D. Adams (R)

House of Delegates

34th District

Kathleen Murphy (D) incumbent
Cheryl Buford (R)

35th District

Mark Keam (D) incumbent, unopposed

36th District

Ken Plum (D) incumbent, unopposed

37th District

David Bulova (D) incumbent, unopposed

38th District

Kay Kory (D) incumbent
Paul Haring (R)

39th District

Vivian Watts (D) incumbent, unopposed

40th District

Donte Tanner (D)
Tim Hugo (R) incumbent

41st District

Eileen Filler-Corn (D) incumbent, unopposed

42nd District

Kathy Tran (D)
Lolita Mancheno-Smoak (R)

43rd District

Mark Sickles (D) incumbent, unopposed

44th District

Paul Krizek (D) incumbent, unopposed

45th District

Mark Levine (D) incumbent, unopposed

53rd District

Marcus Simon (D) incumbent
Mike Casey (I)

67th District

Karrie Delaney (D)
Jim LeMunyon (R) incumbent

86th District

Jennifer Boysko (D) incumbent
Linda Schulz (R)

Fairfax County School Bonds

Voters will vote yes or no on a \$315 million public school bond referendum on the Nov. 7 general election ballot. If approved by voters, the Fairfax County Public Schools' current plans to use this bond money are to plan and/or construct two new elementary schools, one in Fairfax/Oakton area and another in the northwest county area; relocate one modular building; plan additions at three existing high schools to add capacity at Madison, Stuart and West Potomac; plan and/or construct renovations of 10 elementary schools, three middle schools and two high schools. See www.fcps.edu/about-fcps/facilities-planning-future/2017-school-bond-referendum.

Fairfax County Office of Elections

www.fairfaxcounty.gov/elections
Voter Registration: 703-222-0776, TTY 711
Absentee Fax: 703-324-3725
Email: voting@fairfaxcounty.gov
Election Officer Info: 703-324-4735, TTY 711

Correction

In the Connection's editorial last week, Mike Casey's name was misspelled in the list of candidates for the Virginia House of Delegates. Casey, an Independent, is running against Marcus Simon, incumbent Democrat, for the seat in the 53rd House District.

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LETTERS

Voting 'Yes' on School Bond

To the Editor:

A unique thing about the Commonwealth of Virginia is that we have an election every year. While there may be differences over which party to support at the ballot box on Nov. 7, one thing voters on every part of the political spectrum can support is our children and Fairfax County Public Schools.

On the ballot in Fairfax County this year is a bond for \$315 million worth of capital improvement projects for Fairfax County Schools in every community across our county. This year's bond will have a huge impact in Providence District, as the largest project in the bond is the renovation of Oakton High School — a \$93 million project.

Our county schools are a \$5.2 billion asset that are key to the future vitality of Fairfax County ... while also providing an average of \$100,000 in additional home equity to Fairfax County residents. In order to preserve what is for many of us our biggest investment, we need to make a continued commitment to our school system. Mod-

ern facilities allow for state of the art learning, in addition to attracting and retaining the best teachers who are able to capture the attention and imagination of our students. Importantly, all of this is achieved without raising taxes.

By voting yes on the School Bond referendum, you are voting yes to the continued success of Fairfax County. On Nov. 7, please be sure to read the entire ballot and vote yes on the School Bond Referendum.

Sam Leiber
Fairfax

To End Epidemic of Violence

To the Editor:

Once again, Americans are faced with the news of another horrific mass shooting, this time in Las Vegas. A lone gunman killed at least 58 people and injured more than 400 others, many critically.

The League of Women Voters of Virginia expresses our heartfelt concern and hopes for the loved ones of the victims and the survivors. We will continue to work to end the epidemic of violence. But

the calls to wait and gather the facts before taking substantive steps on gun violence is a familiar ruse. There are facts we know today. Every day, 93 Americans die from a gunshot. Americans are 25 times more likely to die from gun violence compared to people from other industrialized countries.

Like every other public health epidemic, we need to look at what is most effective to prevent gun violence overall. There are proven solutions that work like expanding background checks to all private gun sales sold online and at gun shows, prohibiting dangerous people, like domestic abusers, terrorists and those with mental illness, from accessing guns — that will make our communities safer and save lives.

We cannot continue with the status quo. The League will honor the lives lost and those shattered and scarred, with our unwavering commitment to work to change laws and attitudes to end gun violence in our communities.

Sue Lewis
President
League of Women Voters of
Virginia
president@lwv-va.org



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Sat., November 4
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10:00 AM Stars and Stripes Forever (1952)
1:00 PM Miss Potter (2006)
4:00 PM All That Jazz (1979)

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Creating Balance

Advanced planning is one key to holiday harmony.

BY MARILYN CAMPBELL

The stretch of time between Halloween and the New Year can be a source of merriment and joy, but it can also be a cause of stress, say mental health professionals. According to a study by the American Psychological Association more than 60 percent of Americans found the holiday season a frequent source of stress and fatigue. While joy is still the primary emotion, finding a way to create balance and manage the additional demands brought on by the holiday season can make holidays merry.

"Part of managing stress is identifying the causes of stress and being aware of what is going on with you and what is going to trigger you," said Maria Mangione, Psy.D., clinical psychologist at Washington Center for Weight Loss Management. "Look back at past holiday seasons and ask, 'What got you sad? What made you nervous? What made you angry? While we're outside of the holiday season, if you can look back at past seasons and think about the times that you were stressed, you can come up with a toolbox of things that could be helpful to you.'"

From shopping and budgeting to overeating and dealing with emotional issues,

Mangione says crafting a plan in advance of the holiday season is a key to maintaining balance. "When someone is dealing with people or situations, it's hard to figure out how to deal with it in the moment," she said. "If people prepare and have a plan in place, they can go on autopilot."

"The holidays are a time in which we are potentially confronted with a lot added responsibilities outside of our day-to-day," added Monica Brand, Ed.D., assistant professor, Department of Counseling,

ing the holidays," said Brand. As a result, people tend to brace themselves for whatever may come their way. A more basic method of avoiding stress is both mentally and physically preparing before company, travel, or hosting duties. Many people do this by creating to do lists, getting organized, and planning before the beginning of their holiday."

Be mindful of limitations and boundaries and limit the expectations we place on ourselves and others, advises Brand. "If you are one who is so caught up in festivities or is easily overwhelmed, setting reminders on your phone, smartwatch, or having someone hold you accountable in taking breaks from the festivities may recharge your batteries," she said.

Financial imbalance is a common plight during the holiday season, especially when a desire to give generously outweighs one's budget. "I cannot stress enough how important it is to set a spending limit for each person you will be shopping for ahead of time, before you go shopping," said Brian Neely, professor of Accounting & Finance at Northern Virginia Community College. "It is very easy to get caught up in the festive moment and spend far more than you really need to before you

even realize what you have done. This will always result in buyer's remorse and can strip away the true joy that should go hand-in-hand with the customary giving of gifts."

Neely says that during the holidays most Americans have been programmed to spend the vast majority of their discretionary income all at once. "The worst aspect of this annual spending spree is that it generally goes on a credit card or two or three and it stays on there for a very long time," he said. "Once a purchase goes on a credit card, you are still paying for those purchased items for many months afterwards with accrued interest. So now, those presents under the tree on Christmas morning are still increasing in total actual cost until you pay that debt off from your credit cards."

Avoiding store-issued credit cards is a key aspect of maintaining a sane budget, advises Emily Knarr, visiting faculty member in Marymount's Department of Accounting, Economics & Finance at Marymount University. "They offer so many promotions during the holidays that it is tempting to take advantage of them, especially if your other cards are maxed out and you still need to buy presents," she said. "However, even if the terms of the cards and promotions are good, it still affects your credit rating

SEE BALANCE, PAGE 19

"The holiday cycle starts with Halloween and ... can snowball as people get more and more stressed."

— Rachel Trope, clinical exercise physiologist at Washington Center for Weight Management

Marymount University. "As a result, we can be thrown off and stressed simply because we are not on our usual routine."

UNRESOLVED FAMILY ISSUES often resurface during the holidays and lead to tension. "Overall, our change in routine, increased interaction with family and the expectations we place on ourselves can all have some impact on our stress levels dur-

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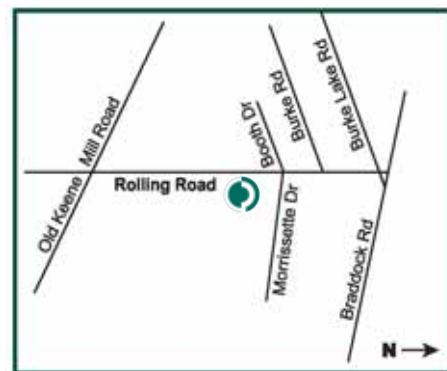
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“Who Are They?” Statistics on immigrants held in jail for ICE pickup and deportation.



Local Stance on Immigration

FROM PAGE 4

can just say no.”
Boldt asked the county to end arrests and detention based on civil immigration matters, to restrict when and how information about a person’s immigration status is shared, to accept a wider range of identification documents, and to ban county contracts and agreements to perform and facilitate federal immigration law enforcement.

A DECLARATION was read in English by Bakker and then in Spanish by Jorge Mendez, representing CASA.

They requested that the county terminate any agreement with ICE, including agreements between ICE and the Office of the Sheriff; that the police department update its general order so “it protects our community rather than attack it;” that traffic and safety policing no longer lead to detention and deportation of immigrants; that the Sheriff’s Department no longer honors ICE requests to detain immigrants unconstitutionally; that the juvenile detention authorities no longer share information with ICE; and that county buildings, including schools and courts, be “safe spaces” that “forbid entry to ICE officers.”

“With this declaration we demand that all authori-

ties in Fairfax County end their agreement and voluntary and unnecessary collaboration with ICE. In place of your ineffective statements of support, we need policies that guarantee non-cooperation with ICE,” said Bakker.

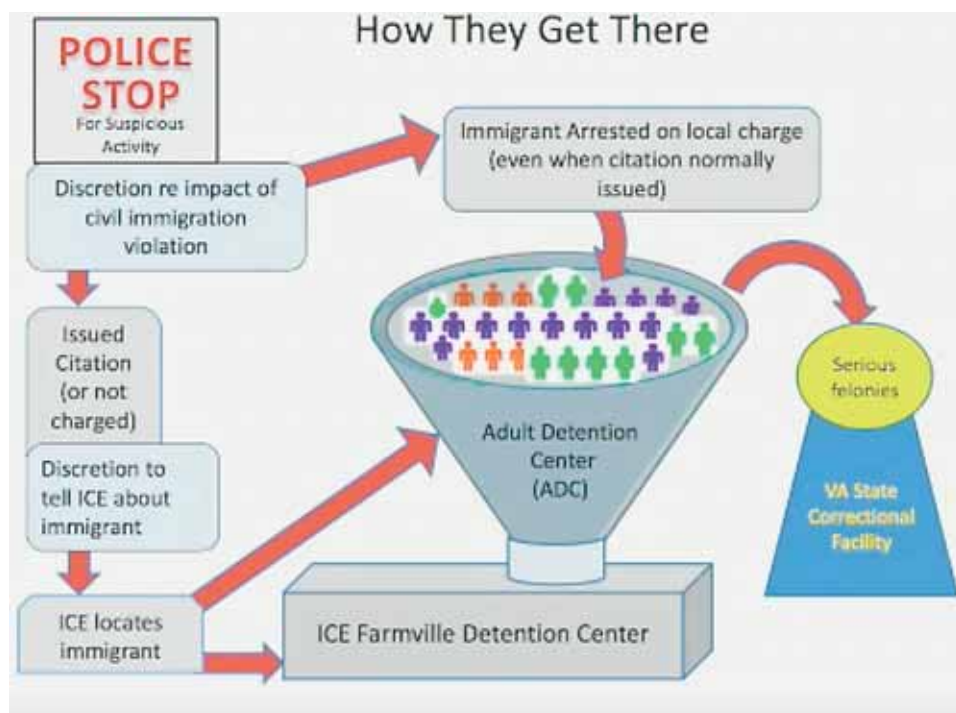
“An atmosphere of fear, intimidation, arbitrary detention and xenophobia is not compatible with the ethical basis of our ... community nor with the continued economic vitality and social progress with which Fairfax County has up to now been an exemplary model,” said Fairfax resident Govind Nair, of the Northern Virginia Ethical Society.

BULOVA THANKED thanked the speakers for their work, testimony and advocacy.

“This is a difficult time in our world and in our community and in this country,” Bulova said. The board is required to strike a balance “between making sure we continue to be a welcoming place, a tolerant place where people from all over the globe have felt comfortable coming to,” she said, and “making sure we are protecting the public.”

“We do have issues of human trafficking and gangs that do require our cooperation. Everyone deserves to be safe.”

She said the board awaits response from the police chief. “We should be hearing back.”



“How They Get There:”
Interaction with local police can land undocumented immigrants in ICE custody in a variety of ways.

GRAPHICS FROM
DIANE BURKLEY
ALEJANDRO/ACLU
PEOPLE POWER

Gary Kramer, D.D.S.
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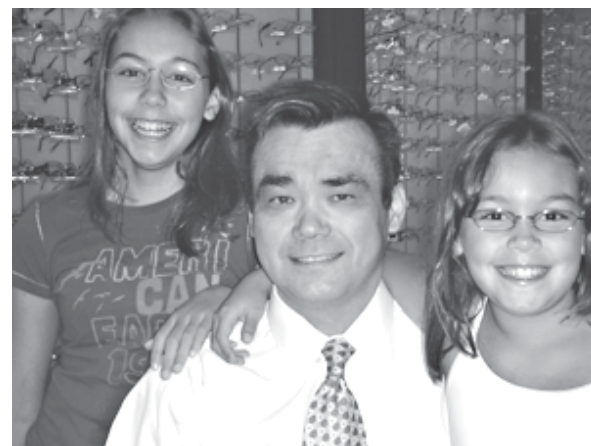
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Campaign Cash from High-Interest Lenders

Following the money from the boardroom to the subcommittee room.

BY MICHAEL LEE POPE
THE CONNECTION

Recent years have seen increased scrutiny of high-interest lenders, businesses that offer a variety of loans at interest rates that often exceed 300 percent. Now campaign finance disclosures show the industry is spreading its influence across the political spectrum with about \$800,000 in political contributions this election cycle according to data from the Virginia Public Access Project. The campaign cash is coming from car-title lenders, internet lenders and businesses that offer a virtually unregulated kind of loan known as an open-end line of credit. All of the businesses have opposed efforts to create new consumer protections or limits to the amount of interest they can charge consumers.

"There's no question that people give money with purpose with intent," said Bob Denton, political science professor at Virginia Tech. "They're not giving because they feel good or because they're being nice."

Georgia-based LoanMax is the most generous of the pack, forking over about \$350,000 this election cycle. Check Into Cash, which offers open-end lines of credit, gave \$125,000. Both of those businesses have been top contributors for years, helping push back efforts to reform the industry. Recent years have seen internet lenders like Chicago-based Enova contributing to elected officials. This election cycle, for example, Enova gave \$30,000.

"Whether that's a small contribution or a large one," said Denton, "there's a correlation between motive and giving that money."

CAMPAIGN FINANCE RECORDS show the industry targets House members who are on a special subcommittee that routinely kills any effort to reform the industry: The Commerce and Labor Special Subcommittee on Consumer Lending. High-interest lenders made contributions to members of the subcommittee, including Del. Jackson Miller (R-50), Del. Kathy Byron (R-22) and Del. Lee Ware (R-65). Top dollar amounts went to Del. Tim Hugo (R-40), who received \$15,000 from LoanMax and another \$15,000 from Check into Cash.

"I hate to be cynical about this, but industries that want to get bills passed or killed will often target the members that serve on the committee that oversees their business," said Del. Mark Keam (D-35), the only Democrat on the subcommittee. "And they'll give to the party that helps them a lot more than the party that hurts them."

Records show that Keam did not receive any money from the high-interest lenders, although he said he would probably take it if they offered it. Then he would vote against the industry, which he sees as predatory. Republicans, on the other hand, say they believe in a free-market approach. So the industry is essentially investing money

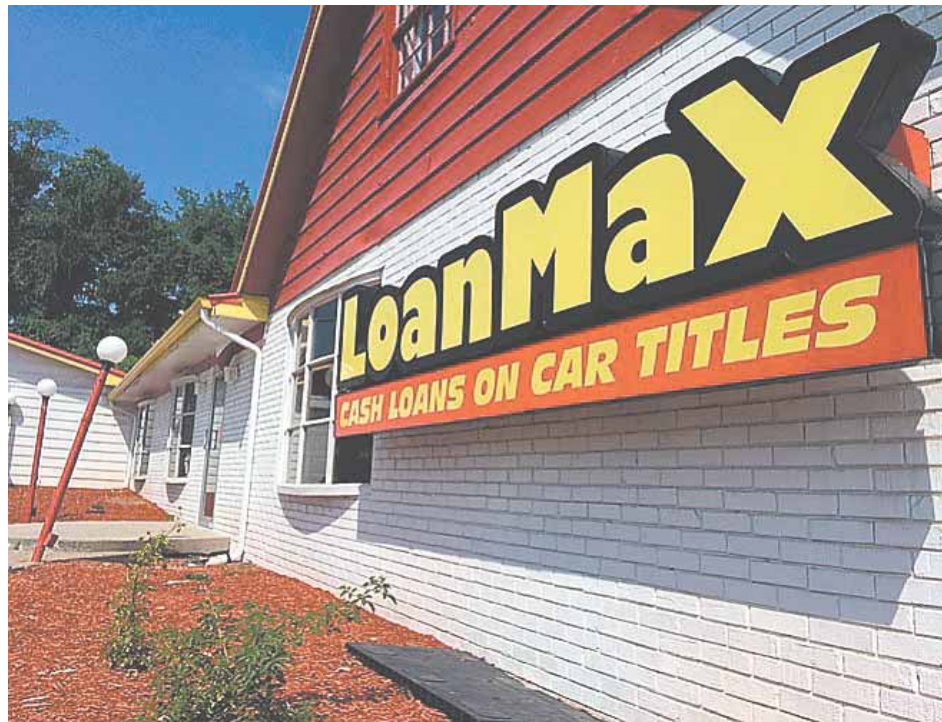


PHOTO BY MICHAEL LEE POPE/CONNECTION NEWSPAPERS

LoanMax is the most generous contributor of the high-interest loan industry, donating \$350,000 this election cycle.

in people who agree with them, even if it's also spreading campaign cash to key members in a key position to head off reform efforts.

"I don't want to get between somebody and their money," says Del. Terry Kilgore (R-1), chairman of the Commerce and Labor Committee. "If you want to borrow the money and that's the last person you can borrow it from then you may be in a position where you can borrow the money."

REPUBLICANS RECEIVE the lion's share of the campaign cash from high-interest lenders. But the industry is an equal opportunity contributor, giving to Democrats as well as Republicans. LoanMax, for example gave \$10,000 to Republican candidate for governor Ed Gillespie. But the company also gave \$10,000 to Democrat Ralph Northam, essentially hedging its bets on which candidate might win in November.

"This is a way that makes sure that whoever wins the election, they win the election," said Stephen Farnsworth, political science professor at the University of Mary Washington. "You've covered all the bets on the table here. So whether there's a Democratic or Republican governor, you've still got a ready audience for your issue."

But LoanMax was not indiscriminate in its contributions. The company donated \$10,000 to Republican candidate for attorney general John Adams. But it did not give to Democratic incumbent attorney general Mark Herring.

"Mark Herring, in his time in the attorney general's office, has been a consumer advocate and so the industry probably has a sense that they're not going to change his mind on that," said Quentin Kidd, professor at Christopher Newport University. "So they're going to support his opponent John Adams, who is by all indications less in-

clined to be a consumer advocate. The history of his law practice indicates he's not so inclined to be a consumer advocate."

MOST OF THE MONEY goes to political action committees, which slosh money through the system in ways that often make it untraceable. For example, LoanMax gave \$32,500 to a Democratic PAC known as the Commonwealth Victory Fund, which gave \$60,000 to the House Democratic Caucus, which gave money to Democrats in tight races. The PAC also gave money to the Democratic Party of Virginia as well as contributions to specific candidates.

"There's no question that people give money with purpose with intent. They're not giving because they feel good or because they're being nice."

— Bob Denton, political science professor at Virginia Tech

"There's something sinister here," said Kidd. "It's a way to pass money through without it being directly tied to a particular industry or a particular corporation."

Check Into Cash gave \$13,500 to Republican Speaker Bill Howell's PAC known as Dominion Leadership Trust, which gave \$35,000 to Del. Jim LeMunyon (R-67) and \$15,500 to Republican candidate Lolita Mancheno-Smoak. Some of the contributions happen after the election cycle but before the General Assembly session. For example, TitleMax has given \$73,500 to CommonSense VA, which cut a \$25,000 check to Hugo a few days after the 2015 election. Kidd says giving to PACs is a way to make following the money more difficult. "If a corporation gives, say \$5,000 to the Commonwealth Victory Fund, and the Commonwealth Victory Fund passes that \$5,000 on to candidates who are running in tight races," said Kidd. "Those candidates may very well know where that money came from, but it isn't easy for you or I to draw the straight line from one person, a candidate, to a corporation."

AREA ROUNDUPS

Concerts from Kirkwood Presents 'Christmas in Brass'

Concerts from Kirkwood will usher in the holiday season on Saturday, Dec. 2 at 3 p.m. with "Christmas in Brass," featuring the Barclay Brass Quintet. The ensemble will present a program of secular and sacred seasonal music that will appeal to a broad audience of all ages.

Concerts from Kirkwood are presented as a gift to the community free of charge, although voluntary donations are appreciated and used entirely to support the series.

The concert will be presented at 3 p.m. in the church sanctuary of Kirkwood Presbyterian Church, 8336 Carrleigh Parkway, Springfield, near the intersection of Old Keene Mill Road and Rolling Road in West Springfield.

For more information, email

concerts@kirkwoodpres.com, visit www.kirkwoodpres.com, or call the church office at 703-451-5320.

'Healthy You Summit' to Be Held in Springfield

Fairfax County Alumnae Chapter of Delta Sigma Theta Sorority, Inc. will host a "Healthy You Summit" to discuss investing in one's health and well-being. This program will provide the community with information to make the best choices during open enrollment to include the selection of the "a la carte" benefits and the Affordable Care Act. This event is free and open to the public and will be held on Nov. 18 at the West Springfield Government Center, Community Room, 6140 Rolling Road, Springfield, from 4-6 p.m. RSVP to attend the event at www.fcacdstd.org/health-care-summit.



By ROBERT HEALY/THE CONNECTION

David VanDyke waits for his turn to speak at the Robinson Secondary School's athletic hall of fame event.

Robinson Hall of Fame Names Class of 2017

The names of All-Met and All-State athletes that have graduated from Robinson Secondary High School is a long list. This Saturday more names were added to this hall of fame including Mike Imoh, David VanDyke, Julie Brown, Mike Hammer, Winston Streeter, Justin Fitzgerald, Tom Reed and Coach Tom Peterson as well as 1977 Girls Basketball team. This strong-knit community is based around sports, yet it has forged life-long friends in teammates and coaches.

Tom Reed, who was inducted as a pitcher from the class '81, was able to play with his friend and teammate Craig Shuler for over 38 years. Starting from Robinson and then on to the University of North Carolina and even into semi-professional baseball the two played together. All told, these two have been friends and teammates for over 38 years since Robinson High School Baseball.

Julie Brown of Washington was inducted into Robinsons Hall of fame for both basketball and soccer. She used to practice basketball some 6-8 hours every day. This type of diligence would later serve her well after she left Robinson and went on to become a best-selling Amazon author as well as a "Top twenty most influential businesswomen in Washington for 2016."

Many of the players said how

much they appreciated certain coaches and mentors while playing at Robinson. Mike Imoh, who left Robinson as the all-time touchdown record holder at 72 and the Virginia AAA state player of the year for 2001, said Coach Mark Bendorf really impacted his life and helped mold him into the person he is today.

Imoh said, "Coach Bendorf always knew how to motivate each different individual. Without you being able to let me be the person I wanted to be, the running back I wanted to be, the teammate I wanted to be, this wouldn't have been possible."

David VanDyke who was touted as one of the best high school tackles at Robinson would sustain several injuries that would eventually set back his football career. Yet despite these injuries Vandyke said they led him to his true career path of a master's degree in Kinesiology. This degree would help him start some of the finest strength and conditioning programs at Robinson High School, Rutgers University, La Salle University and Philadelphia Eagles.

Throughout the night memories were shared and brisket was enjoyed, yet all of the players and coaches looked back on their time at Robinson Secondary with fondness and happiness.

— ROBERT HEALY

Coach Tom Peterson, with wife Jean, was named to Robinson Secondary School Hall of Fame for his years of coaching their baseball team.



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ENTERTAINMENT

Submit entertainment announcements at www.connectionnewspapers.com/Calendar/. The deadline is noon on Friday. Photos/artwork encouraged.

THURSDAY/NOV. 2

Decorative Arts Symposium. 9 a.m.-4 p.m. at George Mason's Gunston Hall, 10709 Gunston Road, Lorton. Topic: "Women's Work: Women as Global Actors in the 18th Century" with guest speakers. Call 703-550-9220 ext. 240 or email mkraver@gunstonhall.org.

GMU Visiting Filmmakers Series. 4:30 p.m. at Johnson Center Cinema, 4400 University Drive, Fairfax. Film is "Whose Streets?" by Sabaah Folayan, a look at how the killing of 18-year-old Michael Brown inspired a community to fight back and sparked a global movement. Call 703-993-2768.

FRIDAY/NOV. 3

Business Holiday Celebration. 8 a.m.-2 p.m. at American Legion Post # 177, 3939 Oak St., Fairfax. Exhibitors and speakers including the keynote speaker, Sharon Bulova, Chairman of the Fairfax County Board of Supervisors. Visit ultbizexpo.com for more.

Film Festival for the Arts. 8 p.m. at Sherwood Center, 3740 University Drive, Fairfax. Free. "Imagine: John Lennon" (1988). Doors open at 7 p.m.

SATURDAY/NOV. 4

Suffragist Lecture. 11 a.m.-1 p.m. at the City of Fairfax Regional Library, 10360 North St., Fairfax. Lecture titled "Forgotten Fairfax: 100th Anniversary of the Night of Terror and the Occoquan Suffragists." Fairfax County History Commission member, Lynne Garvey-Hodge, speaks about the Night of Terror, when 33 female protesters picketing the White House for the right to vote were incarcerated at the Occoquan Workhouse and tortured. Visit www.fairfaxcounty.gov/library/branches/fx/ or call 703-293-6227.

Northern Virginia Chorale. 8 p.m. at St. Mark's Church, 5800 Backlick Road, Springfield. The Chorale will also perform "We Remember Them" from Donald McCullough's Holocaust Cantata, as well as spirituals and other choral selections to commemorate All Saints Day. \$25 for Adults; \$10 for students; under 12 free. Visit www.northernvirginiachorale.org or by phone at 703-239-2180.

SUNDAY/NOV. 5

Holiday Food and Toiletries Collection. 1-4 p.m. at the Fairfax Station Railroad Museum, 11200 Fairfax Station Road, Fairfax Station. Britepaths is collecting food items needed: cereal, oil, canned chicken, rice, snack foods such as granola bars and pretzels, peanut butter and jelly. Toiletries include diapers size 6 and pull-ups any size. \$10 to \$20 food gift cards would also be welcome for families to purchase milk and meats. Visit www.fairfax-station.org for more.

NOV. 4-JAN. 13, 2018

Fall Art Lessons for Youth Classes. 9:15-10:30 a.m. at Woods Community Centre, 10100 Wards Grove Circle, Burke. Instructor Carol Zeitlin drawing and watercolor. Visit www.czartlessons.com or call 703-250-6930 for more.

Fall Art Workshop for Teens/Adults. 10:30a.m.-12:30 p.m. at Woods Community Centre, 10100 Wards Grove Circle, Burke. Instructor Carol Zeitlin, drawing, watercolor,



Chinese brush and portfolio development. Visit www.czartlessons.com or call 703-250-6930 for more.

THURSDAY/NOV. 9

Art and Lunch. 10:30 a.m.-2:30 p.m. at Old Town Hall, 3999 University Drive. Bring canvas and paints, meet with other painters. Visit www.fairfaxartleague.net for more.

Civil War Family Story. 2 p.m. at the Fairfax Museum and Visitor Center, 10209 Main St., Fairfax. "The Benson-Rice Story" – storytellers from the historic Sudley United Methodist Church in Manassas will tell the story of the relationship of a Union soldier and Confederate family during and after the Civil War. Free. The Civil War Interpretive Center at Historic Blenheim, 3610 Old Lee Highway, Fairfax. Call 703-591-0560 for more.

Artist Reception. 7-9 p.m. at Village Gallery, 3950 University Drive, Fairfax. Meet the featured artist and be a part of the local artist community. Free and open to the public. New members welcome. Visit www.fairfaxartleague.net or call 703-587-9481.

SATURDAY/NOV. 11

Veterans Day Celebration. 10:15

The Nutcracker

Professional guest artists Cody Beaton and Mate Szentes from the Richmond Ballet dazzle as the Sugar Plum Fairy and Cavalier in the Fairfax Ballet's Nutcracker, on Nov. 25-26, at W.T. Woodson High School, 9525 Main St., Fairfax. Email events@fairfaxballet.com or call 703-665-9427.

a.m. at Pohick Church, 9301 Richmond Highway, Lorton. Unveiling and dedication of a Virginia historical highway marker in honor of General William Brown on Richmond Highway outside Pohick Cemetery. General Brown served in the Continental Army under General Washington, was in charge of military hospitals between the Hudson and Potomac Rivers, and is buried in Pohick Cemetery. Free. Email 1066LMN@gmail.com or call 703-304-4152.

SUNDAY/NOV. 12

Holiday Food and Toiletries Collection. 1-4 p.m. at the Fairfax Station Railroad Museum, 11200 Fairfax Station Road, Fairfax Station. Britepaths is collecting food items needed: cereal, oil, canned chicken, rice, snack foods such as granola bars and pretzels, peanut butter and jelly. Toiletries include diapers size 6 and pull-ups any size. \$10 to \$20 food gift cards would also be welcome for families to purchase milk and meats. Visit www.fairfax-station.org for more.

Patriotic Quilt Discussion. 2 p.m. at the Fairfax Museum and Visitor Center, 10209 Main St., Fairfax. Textile historian and quilt maker Bunnie Jordan will discuss and display quilts featuring patriotic

Holiday Music

Here Vienna-Falls Chorus sings holiday favorites with Master Director Claire Gardiner at Vienna-Falls Guest Night. This year it is Tuesday, Nov. 14, 7-9 p.m. at Providence Presbyterian Church, 9019 Little River Turnpike, Fairfax. A Capella Barbershop Style, women of all ages join us for the Vienna-Falls Chorus Guest Night. Free voice assessments, private voice lesson, and education. Visit www.viennafalls.org.



symbols from the World War I and World War II time periods. Free. Call 703-385-8414 for more.

Taste of Greater Springfield. 3-7 p.m. at the Waterford at Springfield, 6715 Commerce St. Features local restaurants providing samples of their favorite dishes – wines and craft beers also featured. Organized by the Rotary Club of West Springfield Foundation to support local scholarships. \$35. Visit www.rotaryofwestspringfield.org for more.

Fairfax Musician's Final Concert. 5 p.m. at National Presbyterian Church, 4101 Nebraska Ave. NW, Washington, D.C. A Celebration to Honor Dr. Douglas Mears as artistic director of the Fairfax Choral Society. Call 703-642-3277 for more.

TUESDAY/NOV. 14

Vienna-Falls Guest Night. 7-9 p.m. at Providence Presbyterian Church, 9019 Little River Turnpike, Fairfax. A Capella Barbershop Style, women of all ages join us for the Vienna-Falls Chorus Guest Night. Free voice assessments, private voice lesson, and education. Visit www.viennafalls.org for more.

NOV. 14-JAN. 9, 2018

Fall Art Lessons for Youth Classes. 5:15-6:15 p.m. at Woods Community Centre, 10100 Wards Grove Circle, Burke. Instructor Carol Zeitlin drawing and watercolor. Visit www.czartlessons.com or call 703-250-6930 for more.

Fall Drawing Plus Color Class. 6:15 p.m.-7 p.m. at Woods Community Centre, 10100 Wards Grove Circle, Burke. Instructor Carol Zeitlin,

drawing and watercolor. Ages 5-8. Visit www.czartlessons.com or call 703-250-6930 for more.

NOV. 17-18

International Holiday Bazaar. 8:30 a.m. at Immanuel Baptist Church, 6911 Braddock Road, Springfield. Hosted by Bethany House of Northern Virginia. Friday from 4-8 p.m.; Saturday 10 a.m.-3 p.m. Proceeds go to Bethany House of Northern Virginia which provides emergency shelter and supportive services to victims of domestic violence throughout Northern Virginia and the surrounding DC metro communities.\$5. Visit www.bhnnv.org for more.

SUNDAY/NOV. 19

Model Train Show. 1-4 p.m. at The Fairfax Station Railroad Museum, 11200 Fairfax Station Road, Fairfax Station. The NTRAK group with a display of running N Gauge model trains. Museum members and ages 4 and under, free; 5-15, \$2; 16 and older, \$4. Visit www.fairfax-station.org or call 703-425-9225.

NOV. 25-26

Fairfax Ballet Company's Nutcracker. Various times at W.T. Woodson High School, 9525 Main St., Fairfax. Professional guest artists, Cody Beaton and Mate Szentes from the Richmond Ballet, dance the roles of the Sugar Plum Fairy and the Cavalier. Email events@fairfaxballet.com or call 703-665-9427.

SATURDAY/DEC. 2

Historic Clifton Holiday Homes Tour . 4-7 p.m. at Clifton Baptist Church, 7152 Main St., Clifton. \$25 adult; \$5 child; credit cards are more. Visit clifton-va.com for more.

SUNDAY/DEC. 10

Holiday Ornament Craft Day. 1-4 p.m. at the Fairfax Station Railroad Museum, 11200 Fairfax Station Road, Fairfax Station. Museum members and ages 4 and under, free; 5-15, \$2; 16 and older, \$4. Visit www.fairfax-station.org for more.

SATURDAY/DEC. 16

Frosty Follies Show. 6 p.m. at Springfield Town Center, Spring Mall Drive, Springfield. Metropolitan School of the Arts will present their annual Frosty Follies shows in the Springfield Town Center in the Main Court. Visit metropolitanarts.org/ for more.Twinbrook Road, Fairfax. The exercises are for strength, balance and maintaining limberness. Contact SCFB office at 703-426-2824.

City of Fairfax to Host ArtScreen Film Festival

The City of Fairfax will be offering ArtScreen, a free film festival, on Nov. 3-5. ArtScreen is the only film festival in the area to include film screenings, discussions, and hands-on activities all focused exclusively on the arts and artists.

The festival kicks off on Friday, Nov. 3 at the Stacy C. Sherwood Center in Fairfax with a free reception at 7 p.m. and a screening at 8 p.m. of "Imagine," a documentary about and featuring the music of John Lennon. On Saturday, Nov. 4, ArtScreen offers three free screenings at Cinema Arts Theatre at Fair City Mall.

The first, at 10 a.m., is "Stars and Stripes Forever," a biographical film based on the life of John Philip Sousa. Festival participants will enjoy free coffee and donuts at this screening. ArtScreen continues that afternoon at Cinema Arts at 1 p.m. with the screening of "Miss Potter," a biographi-

cal film about children's author and illustrator Beatrix Potter, and at 4 p.m. with the screening of "All that Jazz," a semi-autobiographical fantasy film based on aspects of Bob Fosse's life and career as dancer, choreographer and director. All three Cinema Arts screenings will be followed by a speaker and an opportunity for audience questions and answers.

The final ArtScreen film screening will be held on Sunday, Nov. 5 at the Stacy C. Sherwood Center at 2 p.m., and will be geared to children and their families. The free program will begin with a screening of a short children's film about Vincent Van Gogh. Following that, the children will be guided through a variety of hands-on art activities that will be related to the film, designed by Alice Bredin-Karny, a Fairfax County Public School art teacher.



All hands on the golden scissors to open the new Public Safety Headquarters.



PHOTOS BY MIKE SALMON/THE CONNECTION

Out front, a bell is part of the memorial to fallen police and firefighters.

Public Safety Headquarters Unites Departments

Police and Fire are out of the Massey Building.

BY MIKE SALMON
THE CONNECTION

The Fairfax County Government Center took another step towards maximum efficiency on Thursday, Oct. 26 as officials cut the ribbon on a \$142 million building to hold the fire and police headquarters under one roof, co-locating the departments to improve connectability.

"It makes absolute sense to have both departments together," said Sharon Bulova, chairman of the Board of Supervisors. "It's a much, much improved work environment," she added.

Bulova was on ribbon-cutting duty with the other supervisors from various districts, Fairfax County Fire Chief Richard R. Bowers, Police Chief Col. Edwin C. Roessler Jr., past chairman Kate Hanley and James



Andrea Dorlester looks at the public safety artifacts on the second floor of the new building.

Patteson, the county director of Public Works and Environmental Services. The new building is LEED (Leadership in Energy & Environmental Design) certified at the silver level, and is a major improvement

over the Massey Building, as many in the group reminded the crowd.

"The Massey Building, in the City of Fairfax, needed to come down, its time has passed," said Supervisor Pat Herrity (R-Springfield).

"We had to get it done before the Massey building collapsed," joked Supervisor John C. Cook (R-Braddock).

"The Massey Building once had its heyday," added Bulova.

It will be the third headquarters for David M. Rohrer, the deputy county executive who's been with the county for 37 years. "It has been worth the wait," he said.

The Massey Building was built in 1970, when asbestos was a common fireproof building material used, and it had outdated electrical and cooling systems that were hard to repair, according to the Fairfax County website.

The new nine-story building is dominated by glass and green features such as low-flow plumbing, permeable paving, rainwater harvesting equipment and LED (light emitting diode) lighting throughout. The architect that designed it was HOK, Inc. and the

builder was Manhattan Construction. The building was "below budget and almost on time," said Patteson.

Out front, there are memorials erected to commemorate police officers and firefighters who died on the job through the years. They were put in front because "we want everyone to pass by and see the sacrifice," said Bowers. In years past, there was a softball field on the spot where the new building is, noted Bowers, but the new office "really is a field of dreams," he said.

There is also a tree out front that they managed to hold on to, despite the cranes and equipment coming and going through the two-year project. "We saved the tree as we promised," said Patteson. With a new building, advanced technology and two public safety departments co-located for further efficiency, will the residents of the county feel safer? "The protection is always there no matter what building they're in," said Ellen Rohrer, who was at the ceremony.

The new Public Safety Headquarters is next to the Herrity Building, named after Herrity's father John Herrity who was a past chairman, he pointed out with a smile.

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Clifton Barn Sale Benefits Veterans Hospital Charity

Sneak preview of furniture showroom raises money for Fisher House Friday, Nov. 3; Fall Barn Sale is Saturday, Nov. 4.

BY MARTI MOORE
THE CONNECTION

A volunteer from the Oct. 28 Clifton Haunted Trail in western Fairfax County noticed local resident Kathy Jasien sweep out her barn Saturday for an upcoming charity event.

As he handed her \$20, Jasien learned the generous donor heard through the grapevine how her annual barn sale helps a veterans hospital cause on the other side of the Potomac River. Jasien said he thanked her — and her partner-in-creativity, Liz Shaw of Burke — for collecting donations for the Fisher House Foundation of Rockville, Md.

The charity builds homes at military and veterans hospitals around the world, so families can have a free, temporary place to stay while they comfort their servicemen and women battling medical crises.

Jasien and Shaw are daughters of retired Marine and Navy officers, respectively. They are drawn to the art of junk, and use their knack for turning trash into treasure to serve other military families.

They aren't furniture restoration fairies who flick their magic wands. They are Southern gals who wave their paint brushes and transform discarded pieces of furniture into keepsakes for their family, friends and neighbors.

JASIEN AND SHAW spend their summers on reconnaissance missions for old cabinets, tables, chairs and other curios they find at yard sales, flea markets, thrift stores and the side of the road. Online tool craigslist helps with their search.

The Jasien garage is their workshop, where they wield electric sanders and other woodcraft tools to restore diamonds in the rough into sparkling home accents they can sell in order to feed their healthy addiction to buy more junk and hone their skills for the sake of their art.

They formed a partnership — called Poppy — in a quaint town that once boasted a quirky antique store called Judy's Junque in a pink house on Main Street. Jasien and Shaw joined forces with the daughter of an Army officer with the same hobby.

Clifton resident Sharon West owns A Painted House Vintage, through which she sells custom furniture designs. Some of her artwork is for sale this weekend in the Jasien barn.

West and her mother stayed at the Fisher House in Bethesda, Md., while her dad



Burke resident Liz Shaw, left, tries to figure out what's wrong with an electric sander Oct. 29 as Kathy Jasien of Clifton, right, adds glaze to a butcher's block she painted for the Fall Clifton Barn sale Nov. 3 and 4. See samples of their painted furniture, gifts and home décor online at www.facebook.com/poppysquare.



PHOTOS BY MARTI MOORE/THE CONNECTION

Kathy Jasien of Clifton opens one of several wood trunks her son, U.S. Army Capt. Trexler Jasien, saved from a trash heap at Fort Bragg, N.C., where he flies Blackhawk medical helicopters to evacuate injured soldiers. Jasien and her husband, Bill, raised three servicemen: Trexler, their oldest, graduated in 2008 from the James W. Robinson High School in Fairfax then earned his service stripes in 2013 from the U.S. Military Academy at West Point. His younger brother, Hunter, graduated this year from the U.S. Naval Academy in Annapolis, Md., and serves in the U.S. Marine Corps. The youngest, Chapman, is a midshipman at Annapolis. The annual Army-Navy college football game is a moral dilemma for their parents.



Hard work is rewarding and fun for Clifton resident Kathy Jasien, left, and Liz Shaw of Burke, right, who formed a partnership called Poppy in order to fund their furniture restoration projects keep their creative juices flowing.

fought cancer at the Walter Reed National Military Medical Center. Retired Army Lt. Col. Thomas Cato West — a test pilot and master aviator, who served in Korea and Vietnam — died May 31, 2016.

A couple of years ago, West collected cash and in-kind donations of toiletries for Fisher House guests. The Poppy crew decided cash is better to help staff provide their residents with basic needs.

All proceeds from a \$10 admission to their Nov. 3 sneak preview benefit the Fisher House. Last year's barn sale raised more than \$600, Shaw said. Last week, a donor

walked out of the woods, donated \$20 then vanished into the Clifton Haunted Trail. It wasn't the Bunnyman — just a community volunteer serving two projects at once.

The Poppy crew can beat last year's numbers if just 70 visitors show up Friday from 2:30-6 p.m.

Sightseers have their pick of four country roads — Clifton, Newman, Chapel and Henderson — that offer a scenic fall drive through Virginia horse country in far less time than it takes to get to the Blue Ridge Mountains. Barn sale customers should make this a day trip so they can stop

through historic Clifton for lunch, dinner and more shopping excursions. Or drive up Kincheloe Road to sample the latest vintage at the Paradise Springs Winery around the corner on Yates Ford Road.

THE FALL CLIFTON BARN SALE also is held Saturday from 9 a.m. to 5 p.m. at 7421 Dunquin Court in the Glencairn neighborhood — which is bursting with colorful autumn leaves as visitors meander up and down pretty Dunvegan Drive for nearly a mile until it ends at Dunquin Court. Turn right then drive beyond a cul-de-sac then down a steep pipestem. Make a right then immediate left into the Jasien driveway. Parking is in the yard by the barn.

Please drive like your kids live there and go slowly. Glencairn is south of town, where Main Street becomes Kincheloe Road. Old school navigational tools — like a map and compass — are useful. Modern technology is not and GPS may lead you down an unpaved road to nowhere along Popes Head Creek, which yields tricky maneuvering for Y-turns.

Visit the Fisher House Foundation online at www.fisherhouse.org for facts about their 70-plus houses in the United States and abroad. Call the Fisher House at 301-295-5334 for a list of items they need for guests at their five houses on the Walter Reed campus in Bethesda, Md.

See what the barn sale has to offer Friday and Saturday at www.facebook.com/poppysquare.

11

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PHOTO CONTRIBUTED

**Members of Lambda Kappa Omega Chapter and ECF
with Ron Kowalski, LCAC and Danica Hawkins, UCM.**

Helping Raise Awareness About Childhood Hunger

As part of the Alpha Kappa Alpha Sorority Incorporated's Childhood Hunger Community Impact Day, the Lambda Kappa Omega Chapter, supported by funds from the Educational and Charitable Foundation (ECF), delivered a total of 1,015 healthy snack packs to United Community Ministries and Lorton Community Action Center to raise awareness about childhood hunger in Fairfax County.

On Oct. 13, more than 60 volunteers gathered at the Providence Community Center to package the

items and were able to complete more than 1,000 packs in one hour. Volunteers also listened to Lorton Community Action Center (LCAC) Board President Ron Kowalski and United Community Ministries (UCM) Community Outreach Coordinator Danica Hawkins discuss the impact of childhood hunger in Fairfax County.

By the end of 2017, the Lambda Kappa Omega Chapter will have donated more than 1,900 healthy snack packs to elementary schools, shelter programs and community centers in Fairfax County.

BULLETIN BOARD

*Submit civic/community announce-
ments at ConnectionNewspapers.com/Calendar. Photos and artwork wel-
come. Deadline is Thursday at noon, at
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6925 or visit [www.MtVernon-
LeeChamber.org](http://www.MtVernon-
LeeChamber.org).

BRADDOCK ROAD STUDY

Community Meetings. Braddock District Supervisor John Cook and the Fairfax County Department of Transportation (FCDOT) will host a series of community meetings focused on specific sections of Braddock Road this fall. The schedule includes:

❖ **Thursday, Nov. 16, 7:30 p.m.:**
Ravensworth Road intersection –
Ravensworth Baptist Church,
5100 Ravensworth Road,
Annandale

❖ **Monday, Dec. 11, 7:30 p.m.:**
Burke Lake intersection, second
meeting – Kings Park Library,
9000 Burke Lake Road, Burke

The goal of the Braddock Road Multimodal Study is to develop commuting improvements for the corridor from Guinea Road to I-495 to Ravensworth Road. Visit www.fairfaxcounty.gov/fcdot/braddockroadmmstudy/.

SATURDAY/NOV. 4

Jeff Todd Way Fall Cleanup.
8:30 a.m. at Roy Rogers
Restaurant, 8860 Richmond
Highway. Join with the Mount

SATURDAY/NOV. 11

SALT Fall Advocacy Training Conference. 9-11 a.m. at the Virginia International University, Conference Room (VD-301), 4401 Village Drive, Fairfax. Sister Simone Campbell, will be the keynote speaker on "21st Century Poverty: Needed Action." Del. Ken Plum will address "Advocacy is moving to the state levels, Are you moving with it?" and Gay Gardner, with Interfaith Action for Human Rights will speak to "Making Solitary Confinement Truly a Last Resort." Free. Visit the SALT web site at www.S-A-L-T.org.

Veterans Day Health Lecture. 4:30 p.m. at Pohick Church, 9301 Richmond Highway, Lorton. "Life after Military Combat: Finding a Place of Peace," delivered by Professor David Hufford, PhD of the Penn State College of Medicine. He has conducted extensive research on the effects of trauma on emotional health. Free. Email 1066LMN@gmail.com or call 703-304-4152.

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WELLBEING Balance

FROM PAGE 10

when you take on more debt. It can also be difficult to close the cards once started.”

Neely has developed a foolproof way of managing holiday finances. “I always write out a list showing each item I have purchased for each person and track the amounts I have spent on each person separately each night after I have finished shopping for the day,” said Neely. “Seeing it all written down on paper can really help you curb your enthusiasm when it comes to frantic holiday spending.”

MAINTAINING AN EXERCISE REGIMEN is an important part of maintaining balance during the holidays says Rachel Trope, clinical exercise physiologist at Washington Center for Weight Management. “Physical activity is going to increase mood and decrease anxiety,” she said.

Advanced planning is a key to making sure it doesn’t fall by the wayside, advises Trope. “For example, if you’re traveling, take your exercise clothes and shoes,” she said. “If you schedule exercise, you’re less likely to push it off and it’s more likely to be successful. Get a friend that you can meet and exercise with.”

Roll exercise into family traditions. “If you can’t get to a gym, try walking and try integrating your holiday traditions into something active,” said Trope. “Try to establish new traditions that are active that you can enjoy with your family and not take away from family time or create the stress of having to choose.”

Put pen to paper when you develop a plan. “When you come up with a plan, write it down and put it someplace where you can see it and remind yourself of it,” said Trope. “Write down what kind of reward you’re going to give yourself.”

Stress can lead to overeating during the holidays, and although holiday meals are often associated with decadence, not all those dishes are fat and sugar-laden, advises Sara Ducey, professor of Nutrition and Food at Montgomery College in Rockville. “Our holiday dinners feature many nutritious food choices [such as] poultry and fish, sweet potatoes and squash, peas and other green vegetables and salads and fruits,” she said. “But there are also starchy, fatty and sugary foods [such as] mashed potatoes, rice dishes, cakes and pies and ice cream, whipped cream and marshmallows.”

Ducey recommends variety. “The more types of food you have, the more you and your guests will eat,” she said. “This is called the buffet effect. So offer many [colorful] vegetable dishes to make your buffet look beautiful and inviting ... [But] if you see the food, you will eat it. Keep the food away from the table, so guests have to get up to refill their plates.”

It is easy to get caught in the chaos of the holidays, but it’s important to remember the traditions, values and beliefs that are unique to each family, suggests Brand. “[The holidays] should be a reminder to us that not everyone has the resources, access, or privileged to spend time with the people they love on the holidays,” she said.

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L'Arc de Triomphe



By KENNETH B. LOURIE

Though I studied French for five years, grades seven through 11 and became quite proficient, this column has nothing to do with French or this most famous of monuments. This column finishes the three-column arc concerning the before, during and after of my bulb installation. Having safely landed on my feet, figuratively and literally, it's time to complete the arc, especially considering my triumph.

The bulbs are all in. No breakage to me or the fixtures, the sconces or to the house. Just a relatively simple and straightforward (for me anyway) installation: on the refrigerator door (the night light), in the living room (in the sconces) and back in the kitchen (the flush-mounted light fixtures in the ceiling). I don't want to over exaggerate my success, but when you have had as many failures – in this context, as I have, one tends to find great joy in having avoided great complications.

I wouldn't say or even admit to beating my chest with great pride because I do understand the level of difficulty here but, previously I have given myself a nickname when a similar task at hand has met with similar success: Taras Bulba, who had nothing to do with bulbs other than part of his name included b-u-l-b. For some reason, I also had the knowledge that Yul Brynner played the title role in a 1962 film of the same name, but had no other information of substance other than I remember him being bald – which I'm not.

As to what I remember about what I was thinking when we purchased a 250-year-old farmhouse on two acres in Montgomery County back in 1992: the price was reasonable/we could afford it, it was two acres of land in an extremely desirable county/location, it was close to I-95; and it was about time in our lives that we bought our first home. As to what I was supposed to do next; soon after we moved in, we had a two-day party (to accommodate people's availability); for those two days I held a clipboard and took notes as many of our friends made casual observations/suggestions about what work needed to be done, inside the house and out.

We needed tile in both bathrooms – since there was none. We needed plumbing fixtures in one shower/tub – since there were none. We needed a “one-fixture rough-in” for a washing machine – since there was none. We needed central air conditioning and ducts – since there was none. We needed phone jacks/telephone wiring since there was only one phone outlet for the entire house. We needed a new oil boiler since the unit in the basement was from “the year one” (to use one of my late mother's expressions). We needed chimney repairs and liners. We needed an upgraded electrical panel.

As for the property/grounds; do you think a lifelong renter with zero interest, aptitude or experience had any of the tools necessary to maintain two acres? That's a rhetorical question if there ever was one. In over my head doesn't begin to scratch the surface of the depths of my immersion.

But my wife, Dina, loved the house. It reminded her of Chester County in Pennsylvania where she grew up. And the price offered good value. Within one minute of our initial visit to the house, after walking through the living room across the old-fashioned wide pine floor boards pass the cooking fireplace and stepping up into a formal dining room with another fireplace, I knew Dina was sold. Fifteen minutes later we exited the house; didn't flush a toilet, didn't turn on a faucet, didn't flick a light switch, did nothing except walk around. We made an offer the next day, and the rest is basically this column.

As much as I thought I knew, little did I know what I was actually getting myself into. It's been 25 years and I'm still way better in French than I am in homeowner. I don't call myself Taras Bulba for nothing. I call myself Taras Bulba for something: bulb replacement. It's not much I realize, but it's the best this man can do.

C'est la vie.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.



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