

J. D. Engle, events manager at Claude Moore Colonial Farm and Lisa Berray were both dressed in traditional costumes from the 1800s for the silent auction and celebration Oct. 7 at the farm.

Living History Celebrated in McLean

NEWS, PAGE 8

Community Center
Approves 2019 Budget

NEWS, PAGE 4

'Food For Trees'
Sale Benefits Local
Food Pantry

NEWS, PAGE 12

WELLBEING

PAGE 9

Vinson Hall Retirement Community

Supported by Navy Marine Coast Guard Residence Foundation



Explore our community as a future resident, supporter, or employee through our brand new website.

Visit: www.vinsonhall.org

Independent Living ★ Assisted Living ★ Nursing Care
Memory Support ★ Short-term Rehabilitation

6251 Old Dominion Drive ★ McLean, Virginia 22101



Northam



Gillespie



Hyra



Fairfax



Vogel



Herring



Adams

On the Ballot

A look at what's on the ballot this Election Day.

BY MICHAEL LEE POPE
THE CONNECTION

Voters across Virginia will be headed to the polls Tuesday Nov. 7. Here's a look at what's on the ballot:

Race for Governor

Democrat **Ralph Northam** is a pediatric neurologist who was elected lieutenant governor in 2013, when he beat Republican E.W. Jackson. Before being elected to the statewide office, he represented the Eastern Shore in the Virginia state Senate. He's also a veteran, serving as an Army doctor during Desert Storm.

On the campaign trail, Northam talks about a "G3 Program" for Virginia — a plan that would help people get a job, get skilled and give back. If elected, he says he would work to expand industry certification programs, community colleges and apprenticeship programs, an effort that would focus on high-school students who do not attend a four-year college or university. He says he would support a law to make salary information more transparent so women can fight discriminatory practices. And, he says, he would push to expand Medicaid.

Fundraising Total: \$22.8 million

- ❖ \$3 million from DGA Action
- ❖ \$705,000 from Virginia League of Conservation Voters
- ❖ \$566,000 from Michael Bills of Charlottesville, founder of Bluestem Asset Management
- ❖ \$450,000 from Everytown for Gun Safety
- ❖ \$400,000 from the Democratic Party of Virginia

Republican **Ed Gillespie** is a former chairman of the Republican National Committee who owns the firm Quinn Gillespie & Associates, a bipartisan lobbying firm he started with Jack Quinn.

On the campaign trail, Gillespie talks about cutting the individual tax rate by 10 percent — the first income tax rate since 1972. He wants to prohibit candidates from using money raised for one office to run for a different office, and he says he would extend the length of time administration officials must wait before they can lobby their prior office. If elected, he says he would

identify \$200 million in savings during the course of his administration by establishing a new Office of Innovation and Efficiency.

Fundraising Total: \$14.8 million

- ❖ \$4 million from A Stronger Virginia
- ❖ \$1.1 million from Let's Grow Virginia
- ❖ \$1 million from the Republican Governors Association
- ❖ \$200,000 from Dwight Schar of McLean, NVR Homes
- ❖ \$133,000 from Jay Faison of Charlotte, N.C., of ClearPath Foundation

Libertarian **Cliff Hyra** is a patent attorney who was unopposed as the Libertarian candidate for governor when party leaders met for their convention in May.

On the campaign trail, Hyra talks about ending the business, professional and occupational licenses tax known as the BPOL. He also wants to end state occupational licensing requirements for cosmetologists, interior decorators and nail technicians. He also wants to privatize the state-owned liquor monopoly and avoid increases to the minimum wage. If elected, he says he would work to exempt the first \$60,000 of household income from the state income tax.

Fundraising Total: \$63,000

- ❖ \$15,000 from Michael Chastain of Austin, Texas
- ❖ \$1,000 from John Berresford of Arlington, Federal Communications Commission
- ❖ \$1,000 from Don Bruckner of Albuquerque, N.M., Guebert Bruckner PC
- ❖ \$1,000 from Darryl Kerkeslager of Richmond, Virginia Department of Corrections
- ❖ \$1,000 from Carrie-Anne Mosley of Chantilly, Salesforce.com

Race for Lieutenant Governor

Democrat **Justin Fairfax** is a former federal prosecutor who also owns a dental practice with his wife. Earlier this year, he beat out two other Democrats were were also running in the Democratic primary: longtime Democratic operative Susan Platt and former federal prosecutor Gene Rossi.

On the campaign trail, Fairfax says he wants to increase the minimum wage and expand workforce training. He wants to implement a state-based loan restructuring

program, and increase access to pre-kindergarten education. If elected, he says, he would support expanding Medicaid and eliminate gaps in mental health coverage.

Fundraising Total: \$2.9 million

- ❖ \$50,000 from Rose McElrath-Slade of McLean, Strategic Resources Inc.
- ❖ \$35,000 from the National Education Association
- ❖ \$35,000 from stockbroker Edward Hart Rice of Vienna
- ❖ \$30,000 from Ivan Jecklin of Henrico, Weinstein Management Company
- ❖ \$25,000 from Michael Bills of Charlottesville, founder of Bluestem Asset Management

Republican **Jill Vogel** is a state senator representing Upperville who was first elected in 2007 after the retirement of longtime Republican state Sen. Russ Potts (R-27). Earlier this year, she beat out two other Republicans who were also running in the Republican primary for lieutenant governor: Sen. Bryce Reeves (R-17) and Del. Glenn Davis (R-84).

On the campaign trail, Vogel says she wants to reduce regulations and the tax burden. During the last General Assembly session, she introduced a bill that would have banned all gifts to lawmakers and prohibited candidates from using campaign funds on personal expenditures. She also introduced an effort she calls the "repeal amendment" that would allow states to repeal federal laws and regulations.

Fundraising Total: \$2.5 million

- ❖ \$825,000 from the Republican State Leadership Committee
- ❖ \$496,000 from William Holtzman of Holtzman Oil Corp
- ❖ \$96,000 from Jill Vogel for Senate
- ❖ \$35,000 from cigarette manufacture Altria
- ❖ \$29,000 from Michael Smith of Middleburg, Valley Proteins Inc.

Race for Attorney General

Democrat **Mark Herring** is a former state senator from Loudoun who was elected attorney general in 2013, when he won a 165-vote margin of victory against Republican Mark Obenshain that led to a statewide recount. He has a master of arts in foreign affairs from the University of Vir-

ginia as well as a bachelor's degree in foreign affairs and economics, also from UVA. He also received a law degree from the University of Richmond.

On the campaign trail, Herring says responding to the opioid crisis is one of his top priorities. As attorney general, he says he has prosecuted more than 75 cases against heroin dealers and traffickers involving more than 375 pounds of heroin and fentanyl. Herring says he is also leading a project to eliminate Virginia's backlog of more than 2,000 rape kits. Herring is also chairman of a task force to combat campus sexual violence, and he says he helped put hundreds of child predators behind bars through aggressive prosecutions and digital forensics work.

Fundraising Total: \$6.2 million

- ❖ \$1.5 million from the Democratic Attorneys General Association
- ❖ \$813,000 from One Commonwealth PAC
- ❖ \$300,000 from Everytown for Gun Safety
- ❖ \$150,000 from Michael Bills of Charlottesville, founder of Bluestem Asset Management
- ❖ \$116,000 from the Democratic Party of Virginia

Republican **John Adams** is a former Navy officer who served as an associate White House counsel under former President George W. Bush. He has a law degree from the University of Virginia, and an undergraduate degree from the Virginia Military Institute. He currently works as an attorney in private practice.

On the campaign trail, Adams says he would work as an advocate against spoofing — fighting phone scammers who impersonate the government, legitimate businesses or local telephone numbers. If elected, he says, he will leverage state resources to do "much, much more" than is currently being done to combat the opioid crisis. He says he would also support "tough but effective" law combatting drug dealing.

Fundraising Total: \$3.4 million

- ❖ \$2.9 million from Republican Attorneys General Association
- ❖ \$225,000 from Republican Party of Virginia
- ❖ \$100,000 from Bruce Gottwald of Richmond of Newmarket Corp
- ❖ \$35,000 from Floyd Gottwald of Henrico of Newmarket Corp
- ❖ \$27,500 of William Goodwin Jr. of Richmond of CCA Industry

NEWS

McLean Community Center Governing Board Chair Laurelie Wallace listens to discussion on the budget before leading the members in a vote to approve.



PHOTO BY FALLON FORBUSH/THE CONNECTION

Community Center Approves 2019 Budget

Final budget to be presented to County Board of Supervisors for approval.

BY FALLON FORBUSH
THE CONNECTION

The McLean Community Center's 11-member Governing Board voted to approve the center's proposed fiscal year 2019 budget on Wednesday evening, Oct. 25, from its temporary location in the McLean Square Shopping Center.

It was a unanimous vote of support from the eight governing board members who attended the meeting. The three absent members who did not cast a vote were Jennifer Rossman, Caroline Brunner and Alexander Camus.

"This is not a final budget," Paul Kohlenberger, governing board vice chair, said. "It has received preliminary approval."

The final budget will be presented to the Fairfax County Board of Supervisors for approval in spring 2018.

THE FISCAL YEAR, which runs from July 1, 2018, to June 30, 2019, is projected to yield a budget surplus while construction is finished on the renovation of the new center. The proposed budget projects \$5.7 million in revenue and \$5.6 million in expenses, resulting in a projected surplus of \$102,069. This is in comparison to a projected \$133,934 surplus for the current fiscal year 2018 budget.

"When we started, we had sort of a shortfall and we went back and looked at it and we made adjustments to real estate taxes, to personnel, to expenses; and then we came up with a surplus of \$102,000," Ashok Karra, comptroller for the MCC, said last month during deliberation of the budget.

This would be accomplished without changing the tax rate for the Small District One A-Dranesville, which supports the center by taxing homeowners 2.3 cents per \$100 of assessed property value.

"Our recommendation right now is we don't increase the tax rate," Karra said.

Out of the special tax district's nearly \$20

billion base of assessed property value, revenue from taxes during fiscal year 2019 are projected to bring in 80 percent of the budget at \$4.6 million, while program, rental and interest revenues will comprise 20 percent of the budget.

One reason for the budget surplus is that there are no expenses associated with the renovation of the center or other capital projects proposed in fiscal year 2019, according to Karra.

"That is the biggest part of our expenses," he said.

All renovation and capital project expenses for the new center were expensed in the fiscal year 2018 budget: \$6,975,484 for the renovation and \$86,365 for other projects.

"In FY '18, we're going to spend all the money for the renovation," Karra said. "If we don't spend it, we carry it over to FY '19," he added.

To soften the brunt of the costs to operate the center's programs and classes from temporary locations — the Langley Shopping Center for dance programs, the McLean Square Shopping Center for classes and administrative offices and the Lewinsville Park House for special events and performing arts administration offices — expenses were spread out between multiple fiscal years: \$142,365 in 2017; \$439,897 in 2018; and \$211,283 proposed in 2019.

STAFF MEMBERS found a way to create a small revenue stream out of the burden.

"When classes are obviously not having or conducting classes, we are putting it out for rentals," MCC Executive Director George Sachs said last month during deliberation.

There are five meeting rooms of various sizes available to rent from the MCC at the McLean Square Shopping Center; one at the center's temporary administrative offices at 6631 Old Dominion Drive and four at its temporary program space at 6645 Old Dominion Drive.

They are available when classes or governing board meetings are not occurring from Monday through Friday from 9 a.m. to 11 p.m. and on Saturdays from 9 a.m. to 5 p.m. Interested individuals can fill out a "Preliminary Booking Form" to inquire about renting a meeting room online at www.mcleancenter.org/rentals.

WWW.CONNECTIONNEWSPAPERS.COM

**Thank you,
Veterans,
for your
selfless
dedication
and service**

Share in the Bounty of the Season at The Kensington Falls Church

**Join Us for a Harvest Open House
& Speaker Presentation**

**Saturday, November 11, 2017 • 1pm-3pm
700 West Broad Street**

Family & Friends Welcome • Tours • Refreshments

RSVP to 703-992-9868 or conciergef@kensingtonsl.com.

When you RSVP, send us a question
you'd like answered during our Speakers' Q&A.

Every day, we have the distinct privilege of being surrounded by extraordinary individuals. They are tellers of stories, keepers of traditions, makers of memories and founders of legacies. They are our residents—our family. We are better for knowing them, and we'd all love to share some time together with you.



THE KENSINGTON

An Assisted Living Community

FALLS CHURCH

**703.992.9868 | 700 West Broad Street, Falls Church, VA 22046
www.TheKensingtonFallsChurch.com**



**HARVEST OPEN HOUSE SPEAKER PRESENTATION
1:30-2:30pm**

**"Balancing Your Parents' Needs with Your Own:
Advice for the Sandwich Generation"**

**by Steven Simmons, MD, of Doctalker Family Medicine &
Colleen Duetzel, MPH, of ElderTree**

Visit www.TheKensingtonFallsChurch.com for details

GRAND OPENING

4607 EISENHOWER AVE.
ALEXANDRIA, VA 22304

Before the Woodrow Wilson Bridge on I-95/495 exit 174
Turn left & we're on the right across from Restaurant Depot

571-227-9977

7AM - 9PM M-F | 8AM - 9PM Sat | 10AM - 6PM Sun



NOW OPEN IN ALEXANDRIA

ALSO OPEN IN GAITHERSBURG & POTOMAC MILLS

TOP QUALITY FLOORS. ROCK BOTTOM PRICES.®



GRAND OPENING TODAY!

4PM-6PM BBQ BUS FOOD TRUCK
Complimentary for the first 200 customers



FUN FOR THE FAMILY

10AM-2PM FUN INTERACTIVE GAMES
11AM-1PM WASHINGTON REDSKINS APPEARANCES & RAFFLE
Appearances by Redskins legend Gary Clark & cheerleaders
Raffling off autographed items by Redskins players & coaches
12PM-2PM ROCKLANDS BBQ FOOD TRUCK
Complimentary for the first 200 customers

ATTEND 12-2PM FOR A CHANCE TO WIN OUR
\$1,000,000 FLOORS
DICE ROLL CHALLENGE

SPECIAL
BUYS

THESE GRAND OPENING SPECIAL BUYS WON'T LAST LONG!



29¢
sq. ft.

LAMINATE
SPRING MAPLE
6MM



49¢
sq. ft.

VALENCIA GRIS
CERAMIC TILE
13" X 22"



59¢
sq. ft.

SAVANNAH WALNUT
CERAMIC TILE
8" X 24"



79¢
sq. ft.

KINGSTON OAK
PORCELAIN TILE
6" X 24"



89¢
sq. ft.

LAMINATE
TIGERWOOD
12MM



99¢
sq. ft.

MATTE WHITE
PORCELAIN MOSAIC
12" X 12"



\$1.39
sq. ft.

GRAY STRANDED BAMBOO
3/8" X 3 3/4"



\$1.59
sq. ft.

BIRCH GINGER HAND SCRAPPED
ENGINEERED HARDWOOD
3/8" X 5"



\$1.99
sq. ft.

CLASSIC BIANCO
MARBLE
12" X 12"



\$1.99
sq. ft.

SMOKED OYSTER
GLASS MOSAIC
12" X 12"



\$2.47
sq. ft.

PRIME HARVEST BLACKENED BROWN
HICKORY SOLID PREFINISHED
3/4" X 2 1/4"



\$2.79
sq. ft.

SOLID PREFINISHED FOREST GLEN
OAK BUTTERSCOTCH
3/4" X 5"



LIMITED TIME FINANCING!

NO INTEREST IF PAID IN FULL WITHIN 18 MONTHS*

ON IN-STORE PURCHASES OF \$499 OR MORE WITH YOUR FLOOR & DECOR CREDIT CARD MADE FROM 11/2/17 TO 12/31/17. INTEREST WILL BE CHARGED TO YOUR ACCOUNT FROM THE PURCHASE DATE IF THE PROMOTIONAL PURCHASE IS NOT PAID IN FULL WITHIN 18 MONTHS. MINIMUM MONTHLY PAYMENTS REQUIRED.

FLOOR & DECOR
TILE • WOOD • STONE

Instagram Facebook Twitter YouTube

flooranddecor.com

*OFFER APPLIES ONLY TO SINGLE RECEIPT QUALIFYING PURCHASES. NO INTEREST WILL BE CHARGED ON THE PROMO PURCHASE IF YOU PAY THE PROMO PURCHASE AMOUNT IN FULL WITHIN 18 MONTHS. IF YOU DO NOT, INTEREST WILL BE CHARGED ON THE PROMO PURCHASE FROM THE PURCHASE DATE, DEPENDING ON PURCHASE AMOUNT, PROMOTION LENGTH AND PAYMENT ALLOCATION. THE REQUIRED MINIMUM MONTHLY PAYMENTS MAY OR MAY NOT PAY OFF PURCHASE BY END OF PROMOTIONAL PERIOD. REGULAR ACCOUNT TERMS APPLY TO NON-PROMOTIONAL PURCHASES AND AFTER PROMOTION ENDS. TO PROMOTIONAL BALANCE. FOR NEW ACCOUNTS, PURCHASE APR IS 29.99%, MINIMUM INTEREST CHARGE IS \$2. EXISTING CARDHOLDERS SHOULD SEE THEIR CREDIT CARD AGREEMENT FOR THEIR APPLICABLE TERMS. SUBJECT TO CREDIT APPROVAL.

**NO PURCHASE NECESSARY TO ENTER OR WIN. PURCHASE DOES NOT INCREASE CHANCES OF WINNING. MUST BE LEGAL U.S. RESIDENT LIVING WITHIN 250 MILES OF ALEXANDRIA, VA, 18+ AT TIME OF ENTRY. SEE COMPLETE OFFICIAL RULES AT WWW.FLOORANDDECOR.COM/ALEXANDRIA/GRANDOPENING FOR DETAILS INCLUDING ELIGIBILITY RESTRICTIONS, PRIZE DESCRIPTIONS AND ANY REGISTRATION AND GRAND PRIZE EVENT LOCATION. 4607 EISENHOWER AVENUE, ALEXANDRIA, VA 22304. REGISTRATION PERIOD: 11/4/2017, 12:00PM - 2:00PM. OPEN ONLY TO FIRST 1,000 ELIGIBLE CONTESTANTS. IN THE EVENT THAT NO FINALIST COMPLETES GRAND PRIZE WINNING REQUIREMENTS, THE GRAND PRIZE WILL NOT BE AWARDED. ODDS OF WINNING THE GRAND PRIZE ARE 1:40,000. SPONSOR: FLOOR & DECOR, 2293 LAKE PARK DR., SUITE 400, SMYRNA, GA 30080.

Public Safety Headquarters Unites Departments

Police and Fire are out of the Massey Building.

BY MIKE SALMON
THE CONNECTION

The Fairfax County Government Center took another step towards maximum efficiency on Thursday, Oct. 26 as officials cut the ribbon on a \$142 million building to hold the fire and police headquarters under one roof, co-locating the departments to improve connectivity.

"It makes absolute sense to have both departments together," said Sharon Bulova, chairman of the Board of Supervisors. "It's a much, much improved work environment," she added.

Bulova was on ribbon-cutting duty with the other supervisors from various districts, Fairfax County Fire Chief Richard R. Bowers, Police Chief Col. Edwin C. Roessler Jr., past chairman Kate Hanley and James Patteson, the county director of Public Works and Environmental Services. The new building is LEED (Leadership in Energy & Environmental Design) certified at the silver level, and is a major improvement over the Massey Building, as many in the group re

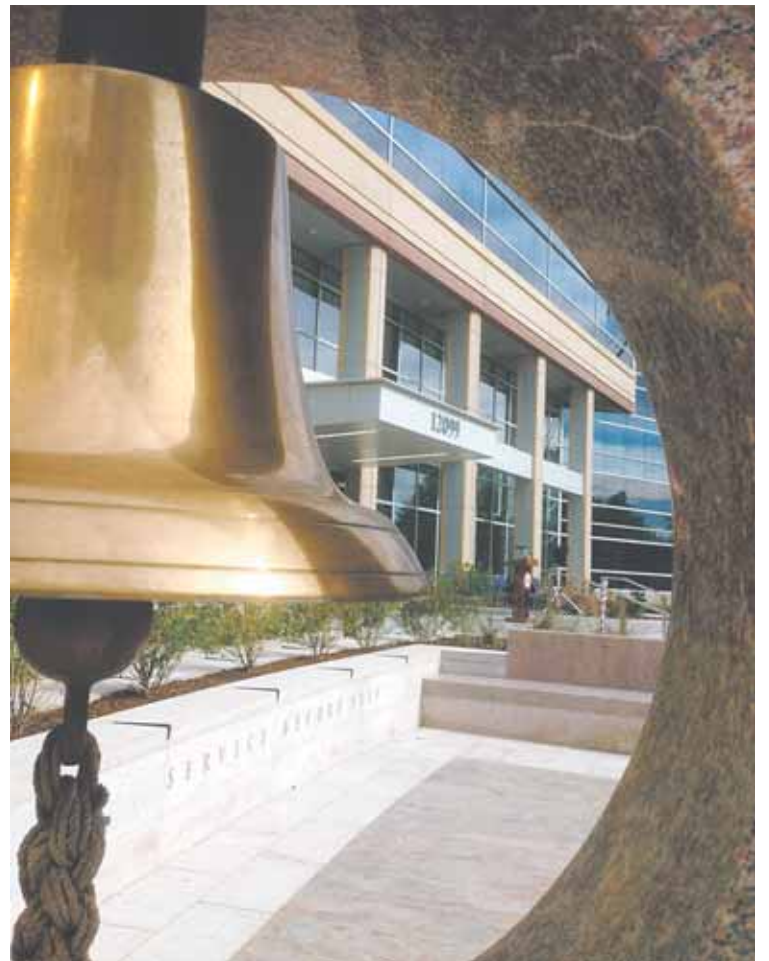
SEE HEADQUARTERS, PAGE 13



All hands on the golden scissors to open the new Public Safety Headquarters.

PHOTOS BY
MIKE SALMON

Out front, a bell is part of the memorial to fallen police and firefighters.



Un-expectedly nimble

The flexibility and know-how to meet your business banking and borrowing needs.

Un-expectedly different

Talk to us about how we can help your business succeed.

6705 Whittier Avenue, McLean
703-684-1655 • burkeandherbertbank.com

Burke & Herbert Bank
At Your Service Since 1852®

MEMBER FDIC ©2017 Burke & Herbert Bank

PAID POLITICAL ADVERTISEMENT

The Virginia Police Benevolent Association

urges you to support strong, effective law enforcement by voting for the following candidates on Tuesday, November 7, 2017.

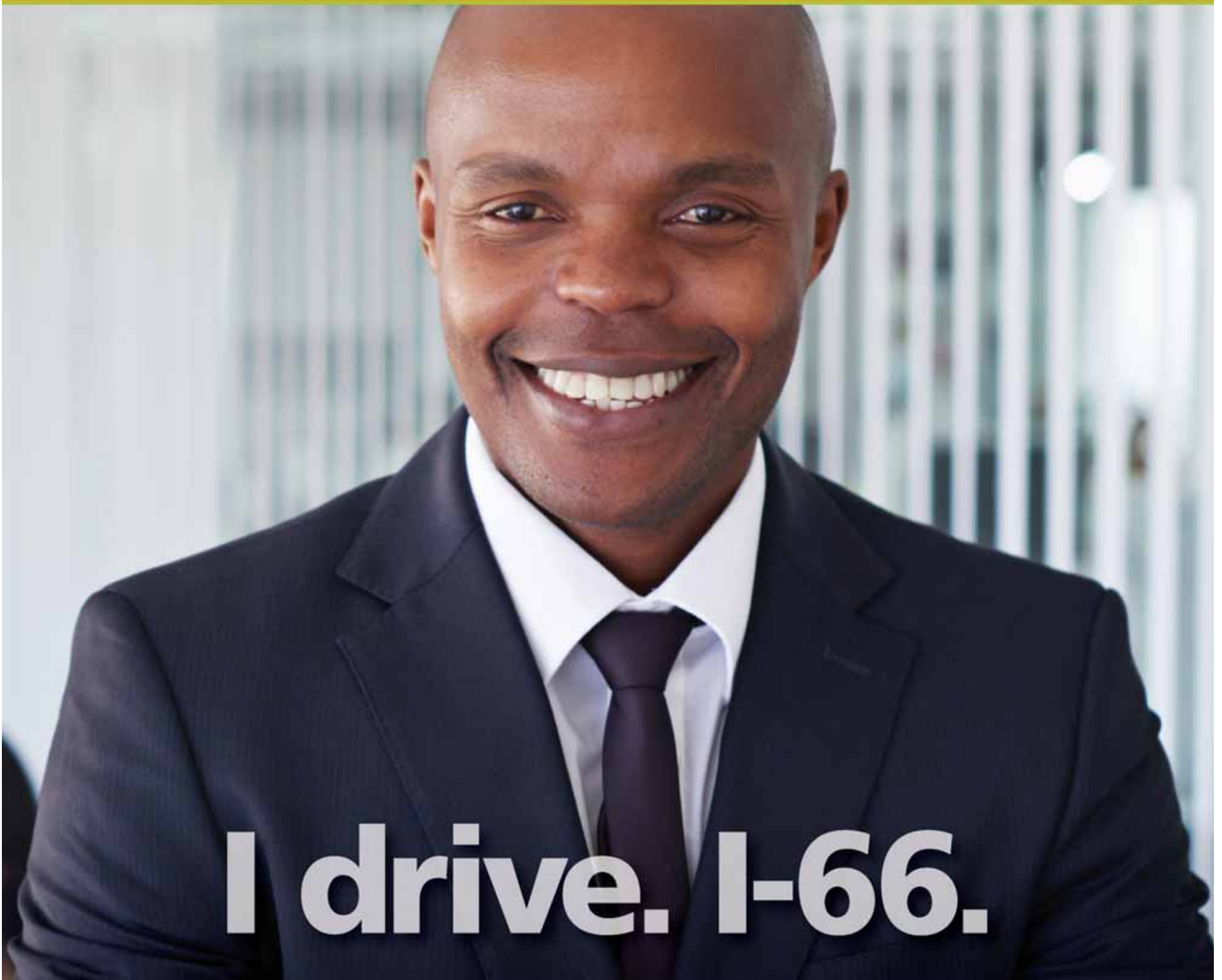
ED GILLESPIE
Governor

JUSTIN FAIRFAX
Lt. Governor

JOHN ADAMS
Attorney General

☒ **VOTE TUESDAY, November 7th**

Paid for by the Southern States PBA PAC Fund. 2155 Hwy 42 S, McDonough, GA 30252. Chris Skinner, president; Dave Soderberg, senior vice president; Donald Scott, vice president, Joe Naia, secretary.



Express Lanes are coming to I-66 Inside the Beltway in December 2017. Soon, anyone can travel these lanes during rush hour. If driving alone, you'll need to pay a toll with an E-ZPass. If carpooling, you can travel for free with an E-ZPass Flex.

Learn more at 66expresslanes.org and improve your commute.



E-ZPass or E-ZPass Flex Required



Visit EZPassVA.com



Call us toll-free at 877-762-7824

OPINION

Turn Out To Vote

Races at top of ticket likely to be very close; your vote counts.

When will you vote? Make a plan, there is less than one week left. You can vote absentee in person until Saturday, Nov. 4. If you haven't voted by then, you will need to vote on Election Day, Tuesday, Nov. 7. Decide what time you'll go, make plans with a family member or a friend to meet at the polls. Don't let the day get away from you. Polls are open from 6 a.m. to 7 p.m. on Nov. 7.

EDITORIAL Consider the election four years ago of Attorney General Mark Herring (D), who is running again this year to keep his position. Herring defeated his Republican opponent by 165 votes, 1,103,777 votes to 1,103,612 - a difference of 165 votes out of more than 2.2 million cast, or less than one half of one percent difference. Herring promptly announced he would not defend Virginia's same-sex marriage ban. It's fair to say that a variety of other issues have been different because of that razor thin victory.

Absentee Voting in Person

Voting early if you qualify is a good choice. There are 19 valid reasons to vote absentee in Virginia, including the possibility that you will be working and commuting to and from home for 11 or more hours between 6 a.m. and 7 p.m. on Election Day. Check the Virginia Department of Elections list to see if you are eligible: elections.virginia.gov/casting-a-ballot/absentee-voting/index.html

There are two ways to vote absentee: in-person and by mail. To vote by mail, you will need to apply for an absentee ballot; if you vote absentee in-person you will fill out the application when you arrive at the in-person absentee location.

See your locality's elections website for more.

Bring Photo ID, There Are Alternatives

Virginia has voter identification requirements; plan to bring photo identification with you to vote, whether absentee or on Election Day.

Any registered voter who does not have one of the required forms of identification can apply for a free Virginia Voter Photo Identification from any general registrar's office in the Commonwealth. Voters applying for the Virginia Voter Photo ID complete the Virginia Voter Photo Identification Card Application, have their picture taken, and sign the digital signature pad.

Among accepted ID: valid Virginia Driver's

License or Identification Card; valid Virginia DMV issued Veteran's ID card; valid U.S. Passport; other government-issued photo identification cards issued by the U.S. Government, the Commonwealth of Virginia, or a political subdivision of the Commonwealth; valid college or university student photo identification card from an institution of higher education located in Virginia; valid student ID issued by a public school or private school in Virginia displaying a photo; employee identification card containing a photograph of the voter and issued by an employer of the voter in the ordinary course of the employer's business.

A voter who does not bring an acceptable photo ID to the polls will be offered a provisional ballot.

To find a registration office where you can obtain photo ID, even on the day of an election, visit: vote.elections.virginia.gov/VoterInformation/PublicContactLookup.

Provisional Ballot Process for Voters Who Arrive Without Identification

On the Ballot

Governor

Ralph S. Northam (D)
Edward W. "Ed" Gillespie (R)
Clifford D. Hyra (L)

Lieutenant Governor

Justin E. Fairfax (D)
Jill H. Vogel (R)

Attorney General

Mark R. Herring (D)*
John D. Adams (R)

House of Delegates

34th District

Kathleen Murphy (D) incumbent
Cheryl Buford (R)

35th District

Mark Keam (D) incumbent, unopposed

36th District

Ken Plum (D) incumbent, unopposed

37th District

David Bulova (D) incumbent, unopposed

38th District

Kay Kory (D) incumbent
Paul Haring (R)

39th District

Vivian Watts (D) incumbent, unopposed

40th District

Donte Tanner (D)
Tim Hugo (R) incumbent

41st District

Eileen Filler-Corn (D) incumbent, unopposed

42nd District

Kathy Tran (D)
Lolita Mancheno-Smoak (R)

43rd District

Mark Sickles (D) incumbent, unopposed

If you arrive at your polling place on Election Day without an acceptable form of photo identification, don't panic or give up. You will be given the opportunity to vote a provisional ballot. After completing the provisional ballot, the individual voting will be given written instructions from the election officials on how to submit a copy of his/her identification so that his/her vote can be counted.

A voter will have until noon on the Friday following the election to deliver a copy of the identification to the local electoral board or to appear in person to apply for a Virginia Voter Photo ID Card. Also by noon on Friday following the election, the voter may appear in-person in the office of the general registrar, in the locality in which the provisional ballot was cast, and apply for a Virginia Voter Photo ID Card. At the completion of the application process, the voter may request a Temporary Identification Document. This document may be provided to the electoral board to suffice the identification requirement.

44th District

Paul Krizek (D) incumbent, unopposed

45th District

Mark Levine (D) incumbent, unopposed

53rd District

Marcus Simon (D) incumbent
Mike Casey (I)

67th District

Karrie Delaney (D)
Jim LeMunyon (R) incumbent

86th District

Jennifer Boysko (D) incumbent
Linda Schulz (R)

Fairfax County School Bonds

Voters will vote yes or no on a \$315 million public school bond referendum on the Nov. 7 general election ballot. If approved by voters, the Fairfax County Public Schools' current plans to use this bond money are to plan and/or construct two new elementary schools, one in Fairfax/Oakton area and another in the northwest county area; relocate one modular building; plan additions at three existing high schools to add capacity at Madison, Stuart and West Potomac; plan and/or construct renovations of 10 elementary schools, three middle schools and two high schools. See www.fcps.edu/about-fcps/facilities-planning-future/2017-school-bond-referendum.

Fairfax County Office of Elections

www.fairfaxcounty.gov/elections
Voter Registration: 703-222-0776, TTY 711
Absentee Fax: 703-324-3725
Email: voting@fairfaxcounty.gov
Election Officer Info: 703-324-4735, TTY 711

Correction

In the Connection's editorial last week, Mike Casey's name was misspelled in the list of candidates for the Virginia House of Delegates. Casey, an Independent, is running against Marcus Simon, incumbent Democrat, for the seat in the 53rd House District.

McLean
CONNECTION

www.ConnectionNewspapers.com

An independent, locally owned weekly newspaper delivered to homes and businesses.

Published by
Local Media Connection LLC

1606 King Street
Alexandria, Virginia 22314

Free digital edition delivered to your email box. Go to connectionnewspapers.com/subscribe

NEWS DEPARTMENT:
mclean@connectionnewspapers.com

Kemal Kurspahic
Editor ♦ 703-778-9414
kemal@connectionnewspapers.com

Fallon Forbush
Reporter
fforbush@connectionnewspapers.com

Andrea Worker
Reporter
aworker@connectionnewspapers.com

Mike Salmon
Editorial Assistant
mclean@connectionnewspapers.com

ADVERTISING:
For advertising information
sales@connectionnewspapers.com
703-778-9431

Trisha Hamilton
Display Advertising
703-624-9201
trisha@connectionnewspapers.com

Debbie Funk
National Sales
703-778-9444
debfunk@connectionnewspapers.com

David Griffin
Marketing Assistant
703-778-9431
dgriffin@connectionnewspapers.com

Editor & Publisher
Mary Kimm
mkimm@connectionnewspapers.com
@MaryKimm

Executive Vice President
Jerry Vernon
703-549-0004
jvernon@connectionnewspapers.com

Editor in Chief
Steven Mauren
Managing Editor
Kemal Kurspahic
Art/Design:
Laurence Foong, John Heinly,
Ali Khaligh
Production Manager:
Geovani Flores

Special Assistant to the Publisher
Jeanne Theismann
jtheismann@connectionnewspapers.com
@TheismannMedia

CIRCULATION
circulation@connectionnewspapers.com



Creating Balance

Advanced planning is one key to holiday harmony.

BY MARILYN CAMPBELL

The stretch of time between Halloween and the New Year can be a source of merriment and joy, but it can also be a cause of stress, say mental health professionals. According to a study by the American Psychological Association more than 60 percent of Americans found the holiday season a frequent source of stress and fatigue. While joy is still the primary emotion, finding a way to create balance and manage the additional demands brought on by the holiday season can make holidays merry.

"Part of managing stress is identifying the causes of stress and being aware of what is going on with you and what is going to trigger you," said Maria Mangione, Psy.D., clinical psychologist at Washington Center for Weight Loss Management. "Look back at past holiday seasons and ask, 'What got you sad? What made you nervous? What made you angry? While we're outside of the holiday season, if you can look back at past seasons and think about the times that you were stressed, you can come up with a toolbox of things that could be helpful to you.'"

From shopping and budgeting to overeating and dealing with emotional issues,

Mangione says crafting a plan in advance of the holiday season is a key to maintaining balance. "When someone is dealing with people or situations, it's hard to figure out how to deal with it in the moment," she said. "If people prepare and have a plan in place, they can go on autopilot."

"The holidays are a time in which we are potentially confronted with a lot added responsibilities outside of our day-to-day," added Monica Brand, Ed.D., assistant professor, Department of Counseling,

ing the holidays," said Brand. As a result, people tend to brace themselves for whatever may come their way. A more basic method of avoiding stress is both mentally and physically preparing before company, travel, or hosting duties. Many people do this by creating to do lists, getting organized, and planning before the beginning of their holiday."

Be mindful of limitations and boundaries and limit the expectations we place on ourselves and others, advises Brand. "If you are one who is so caught up in festivities or is easily overwhelmed, setting reminders on your phone, smartwatch, or having someone hold you accountable in taking breaks from the festivities may recharge your batteries," she said.

Financial imbalance is a common plight during the holiday season, especially when a desire to give generously outweighs one's budget. "I cannot stress enough how important it is to set a spending limit for each person you will be shopping for ahead of time, before you go shopping," said Brian Neely, professor of Accounting & Finance at Northern Virginia Community College. "It is very easy to get caught up in the festive moment and spend far more than you really need to before you

even realize what you have done. This will always result in buyer's remorse and can strip away the true joy that should go hand-in-hand with the customary giving of gifts."

Neely says that during the holidays most Americans have been programmed to spend the vast majority of their discretionary income all at once. "The worst aspect of this annual spending spree is that it generally goes on a credit card or two or three and it stays on there for a very long time," he said. "Once a purchase goes on a credit card, you are still paying for those purchased items for many months afterwards with accrued interest. So now, those presents under the tree on Christmas morning are still increasing in total actual cost until you pay that debt off from your credit cards."

Avoiding store-issued credit cards is a key aspect of maintaining a sane budget, advises Emily Knarr, visiting faculty member in Marymount's Department of Accounting, Economics & Finance at Marymount University. "They offer so many promotions during the holidays that it is tempting to take advantage of them, especially if your other cards are maxed out and you still need to buy presents," she said. "However, even if the terms of the cards and promotions are good, it still affects your credit rating

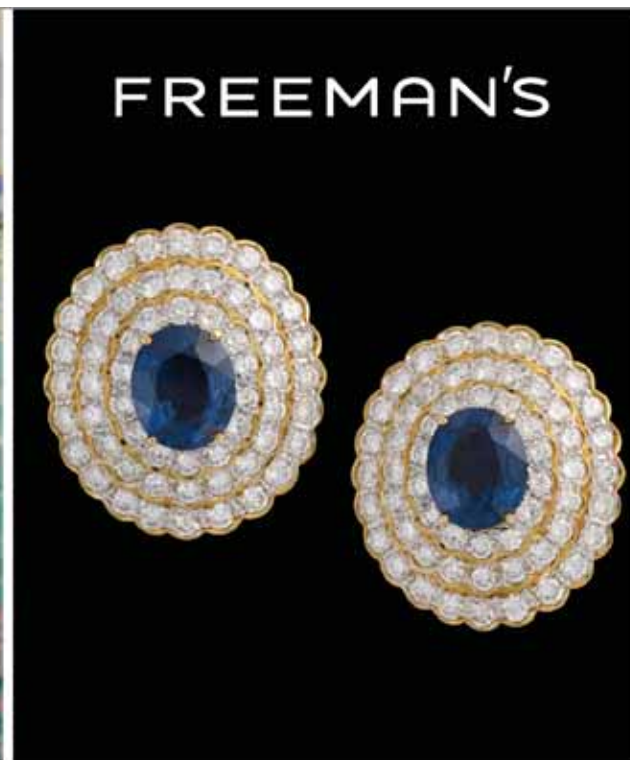
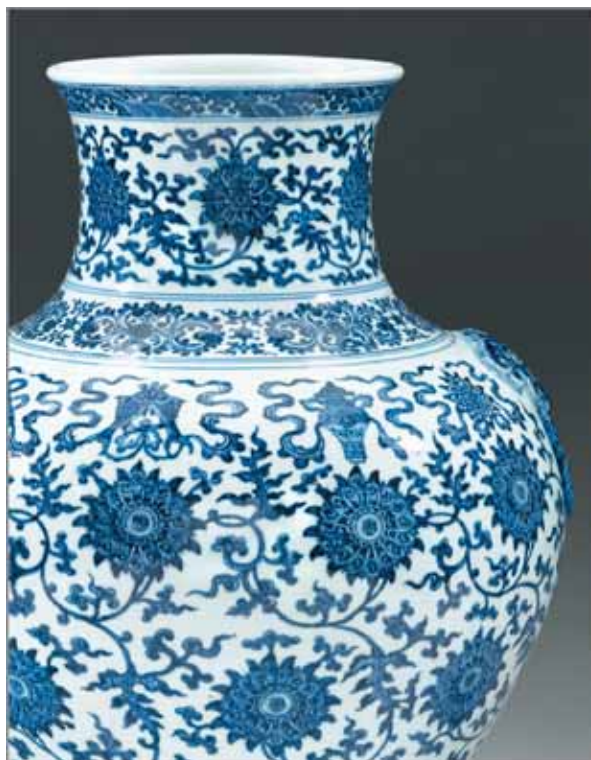
SEE BALANCE, PAGE 19

"The holiday cycle starts with Halloween and ... can snowball as people get more and more stressed."

— Rachel Trope, clinical exercise physiologist at Washington Center for Weight Management

Marymount University. "As a result, we can be thrown off and stressed simply because we are not on our usual routine."

UNRESOLVED FAMILY ISSUES often resurface during the holidays and lead to tension. "Overall, our change in routine, increased interaction with family and the expectations we place on ourselves can all have some impact on our stress levels dur-



READY TO SELL? SPEAK TO THE EXPERTS.

Colin Clarke, VP, of Freeman's, America's oldest auction house, will be in **Northern Virginia and Potomac, MD on November 9th and 10th** to evaluate property for inclusion in our Spring 2018 auction season.

For more information or to make an appointment, please contact:
Colin Clarke | 434.409.4549 | cclarke@freemansauction.com

Emilia Penney, AAA member and USPAP certified appraiser, covers the southeastern US from our Richmond, VA office. She specializes in verbal auction valuations for single items or entire collections and formal written appraisals for estate planning, estate tax, charitable donations, gift tax and insurance. Contact us for more information.

www.freemansauction.com
5401 Patterson Avenue, Richmond, Virginia 23226

Words Not Enough

Advocates demand local change on immigrant interactions.

BY KEN MOORE
THE CONNECTION

Fairfax County “is making money off the suffering” of the immigrant community, said Matt Bakker.

“Worst of all, Fairfax County through its Sheriff’s Office maintains a contract with ICE [U.S. Immigration and Customs Enforcement] to hold immigrants within the Adult Detention Center as if they were under federal custody,” said Bakker, who spoke on behalf of a coalition of advocates on immigration.

“They also act as informants and they tell ICE where to find the person,” said Diane Burkley Alejandro, of ACLU People Power.

“This is aiding and abetting,” she said.

Fairfax County has turned more than four times as many immigrants over to ICE in 2017 as they had by this time last year, including 100 people in September alone, according to Alejandro. Immigrants are often jailed when others would be cited and released, she said.

“These people end up in ICE custody through the police. Police send people to jails when I would be given a summons,” said Alejandro. “The Police and Sheriff admit they do not have to hand over a single person to ICE; they do it anyway.”

Six people waited more than eight and a half hours on Tuesday, Oct. 24, to speak before the Board of Supervisors during the public comment period at the end of its regularly scheduled board meeting.

“Current policies of cooperating with ICE are ripping holes in the fabric of our community. We’re better than this,” said the Rev. Alexis Vaughan Kassim, of the DMV Sanctuary Congregation Network.

THE BOARD VOTED to adopt a resolution on April 4, 2017 pledging non-cooperation with federal government on immigration law except when serious criminal activity is involved.

“While immigration is a federal matter, Fairfax County does partner with federal authorities on serious criminal matters when required,” according to the resolution. “Whereas, we do not ask, nor do we have the resources for, our police officers to become immigration officials, nor for Fairfax County to assume the responsibilities of federal immigration officials.”

The Dramatic Rise in Fairfax’s Civil Immigration Enforcement

Fairfax Immigrants Turned over to ICE
2016 v. 2017 (Jan.—Sept.)

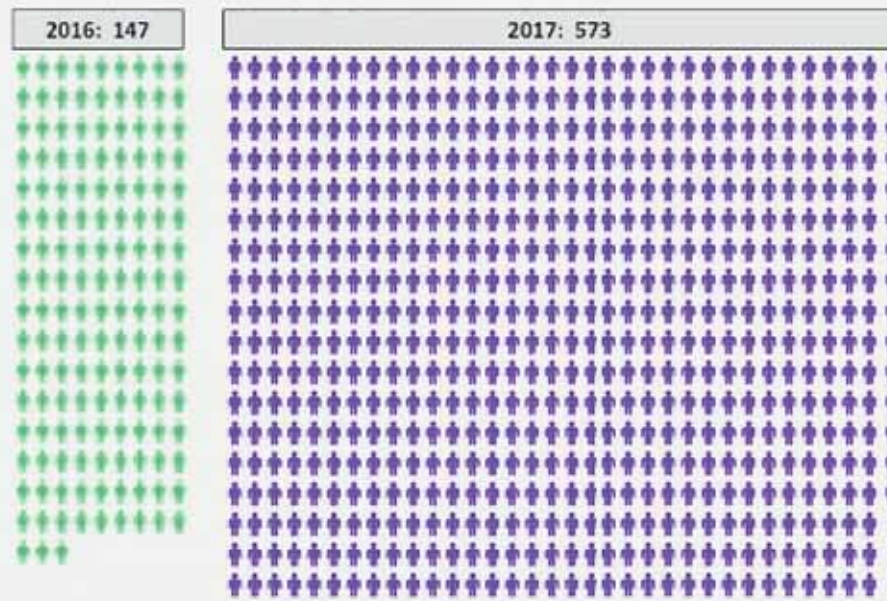


GRAPHICS FROM DIANE BURKLEY ALEJANDRO/ACLU PEOPLE POWER

An increase in civil immigration enforcement in Fairfax County occurred between 2016 and 2017.

4 Times As Many Immigrants Held For ICE This Year

(Jan.—Sept.)



Fairfax County has turned over four times as many immigrants to ICE in 2017 (573) as it did in 2016 (147).

Chairman Sharon Bulova stated in her Board Matter that same day: “Fairfax County is a welcoming and accepting com-

munity where residents of all backgrounds deserve to feel respected and safe. It is important that we, as local leaders, speak out

More

Immigrants in Fairfax County:

www.fairfaxcounty.gov/news/2017/immigrants.htm

when our constituents are concerned regarding policies or practices that may affect them. We are a safe, diverse and caring community, and if that harmony is threatened, I believe we have a duty to speak out and clearly articulate our values.”

WORDS ARE NOT ENOUGH, the advocates said.

“County officials have assured us they will not collaborate nor enforce immigration law but recent actions put the lie to these assertions,” said Bakker.

“Fairfax by its actions has embraced ICE’s mission of ensuring the deportation of all undocumented immigrants whether or not they have committed a crime and the data will show that,” said Alejandro.

“Our demand is simple,” she said. “Equal justice and liberty for all. More specifically, the county needs to treat immigrants as they do all other people.”

“All of our faith traditions call us to stand up for the humanity of our neighbors, to resist labeling undocumented residents in our community as criminals and outsiders, and to oppose policies that lead to the detention and deportation of our families, friends and neighbors,” said Vaughan Kassim.

Being undocumented is not a crime, said Allie Boldt, senior counsel with Demos, which conducts analysis of how county policy must be strengthened to protect immigrant communities “who are facing unfair and terrifying policies at all levels of government.”

“The legal landscape allows the county to do a lot more to protect its immigrant residents who are represented here today. In fact, the Constitution even requires some of these changes,” Boldt said.

The 10th amendment protects county government from being forced to do the federal government’s bidding, she said. “What that means is if ICE asks the county government to do something, the county

SEE LOCAL STANCE, PAGE 11



Diane Burkley Alejandro, ACLU People Power



Matt Bakker



Allie Boldt, DEMOS



Jorge Mendez, CASA



Govind Nair, Northern Virginia Ethical Society



The Rev. Alexis Vaughan Kassim, of the DMV Sanctuary Congregation Network

“Who Are They?” Statistics on immigrants held in jail for ICE pickup and deportation.



Local Stance on Immigration

FROM PAGE 10

can just say no.”

Boldt asked the county to end arrests and detention based on civil immigration matters, to restrict when and how information about a person’s immigration status is shared, to accept a wider range of identification documents, and to ban county contracts and agreements to perform and facilitate federal immigration law enforcement.

A DECLARATION was read in English by Bakker and then in Spanish by Jorge Mendez, representing CASA.

They requested that the county terminate any agreement with ICE, including agreements between ICE and the Office of the Sheriff; that the police department update its general order so “it protects our community rather than attack it;” that traffic and safety policing no longer lead to detention and deportation of immigrants; that the Sheriff’s Department no longer honors ICE requests to detain immigrants unconstitutionally; that the juvenile detention authorities no longer share information with ICE; and that county buildings, including schools and courts, be “safe spaces” that “forbid entry to ICE officers.”

“With this declaration we demand that all authori-

ties in Fairfax County end their agreement and voluntary and unnecessary collaboration with ICE. In place of your ineffective statements of support, we need policies that guarantee non-cooperation with ICE,” said Bakker.

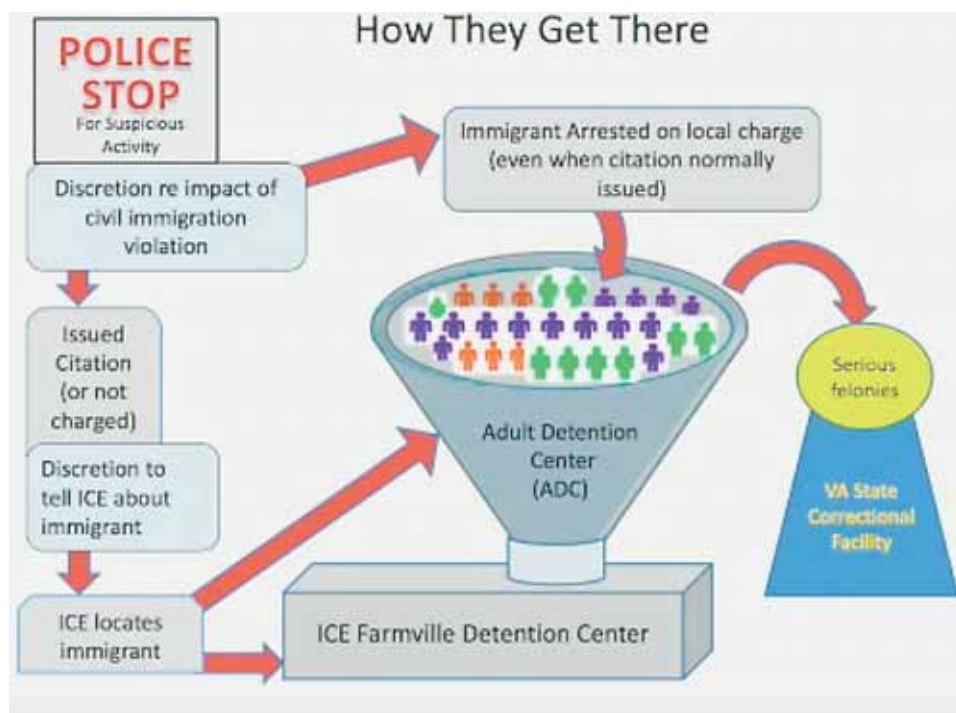
“An atmosphere of fear, intimidation, arbitrary detention and xenophobia is not compatible with the ethical basis of our ... community nor with the continued economic vitality and social progress with which Fairfax County has up to now been an exemplary model,” said Fairfax resident Govind Nair, of the Northern Virginia Ethical Society.

BULOVA THANKED thanked the speakers for their work, testimony and advocacy.

“This is a difficult time in our world and in our community and in this country,” Bulova said. The board is required to strike a balance “between making sure we continue to be a welcoming place, a tolerant place where people from all over the globe have felt comfortable coming to,” she said, and “making sure we are protecting the public.”

“We do have issues of human trafficking and gangs that do require our cooperation. Everyone deserves to be safe.”

She said the board awaits response from the police chief. “We should be hearing back.”



“How They Get There:” Interaction with local police can land undocumented immigrants in ICE custody in a variety of ways.

GRAPHICS FROM
DIANE BURKLEY
ALEJANDRO/ACLU
PEOPLE POWER

Take Control and Be Your Own Boss
Learn how at the Capital Area Franchise Fair

Monday, November 6, 8:30am-12:30pm
Reston Association Conference Center
12001 Sunrise Valley Dr., Reston, VA

The Capital Area Franchise Fair is the annual learning event hosted by FranNet of Virginia with the SBA, SCORE and the Community Business Partnership.

Experts, lenders and franchisors from various industries will discuss: the best franchise fit, trends, the franchise business model, local regulations, franchise funding.

Tickets cost \$39 (\$49 at the door)
Register at www.capitalfranchiseshow.com
Questions call Heather Rosen at 703-291-0939



LONG TERM CARE MEDICAID APPLICATION SUPPORT

by Nelson-Childers, Inc.

We know how stressful, challenging, and costly it can be when a loved one needs full time skilled care. You may want to apply for Medicaid. We can help.



Set up a

FREE CONSULTATION

www.Nelson-Childers.com

(703) 999-3499

Inside or out...



...Tech Painting's got you covered!



Serving:
VA
DC
MD
OBX

703-684-7702
www.techpainting.com



'Food For Trees' Sale Benefits Local Food Pantry

BY FALLON FORBUSH
THE CONNECTION

A holiday tradition of helping neighbors in need will continue this season in McLean.

The 8th Annual "Food for Trees" sale is accepting orders to benefit the Share Food Pantry. The program works by selling trees at a 50 percent discount off retail price. Participants then buy the trees and wreaths and pass on the savings by contributing at least \$35 in money and/or food to the pantry.

Share Inc. is an all-volunteer organization providing emergency assistance to the working poor in McLean, Pimmit Hills, Great Falls and nearby areas of northern Virginia. Share's programs include: paying bills to ward off evictions and utility shutoffs; running a food bank; delivering recycled furniture; and providing refurbished computers and school supplies to clients.

Jan Auerbach, member of the McLean Rotary Club, and her husband Irv Auerbach, a board member of Share, are co-chairing this year's Food For Trees program.

The trees and wreaths are being supplied by the Cline Church Nursery in Fleetwood, N.C., approximately 370 miles south of McLean on Interstate Highway 81 and near the Virginia-North Carolina state lines.

A total of 81 trees and 67 wreaths were purchased during the fundraiser last year, which yielded a great return for those in need of groceries during the holidays.

Last year, the event raised nearly \$1,700 in cash donations for Share, more than \$1,000 in Giant and Safeway grocery gift cards for Share clients and "grocery cart after grocery cart of groceries for the Share food pantry that people brought when they picked up their trees and wreaths," Jan Auerbach said.

Volunteers from Share, the Rotary and 10 missionaries from the Church of Jesus Christ



Volunteers from Share, the McLean Rotary Club and 10 missionaries from the Church of Jesus Christ of Latter-Day Saints helped with the tree and wreath pick up last year.

PHOTOS COURTESY OF SHARE INC.

of Latter-Day Saints helped with the tree and wreath pick up.

"It was very much a community event," said Jan Auerbach. "Many purchasers thanked us for continuing the program since they believe it really does exhibit the spirit of Christmas."

This is the second year the Auerbachs and their organizations have partnered to put on the sale. The annual holiday charity program was originally put on by Vincent D'Avena, the owner of A.V. Remodeling & Construction. He began the program in 2009 and was unable to run the program in 2015. That's when the Auerbachs stepped in to revive the tradition in 2016.

The groups sold 81 trees and 67 wreaths during the fundraiser last year.



Order Online

Orders for trees and wreaths are due no later than Wednesday, Nov. 22, the day before Thanksgiving. The public can submit orders online at www.foodfortrees.org.

Fraser Fir Trees

- ❖ 6 to 7 feet: \$31*
- ❖ 7 to 8 feet: \$38*
- ❖ 8 to 9 feet: \$54*
- ❖ 9 to 10 feet: \$74
- ❖ 10 to 11 feet: \$90
- ❖ 11 to 12 feet: \$135

Handmade Fraser Fir Wreaths

- ❖ 12 to 14 inches: \$10
- ❖ 16 to 18 inches: \$11
- ❖ 20 to 22 inches: \$12
- ❖ 24 to 26 inches: \$13
- ❖ 28 to 30 inches: \$17
- ❖ 48 inches: \$35

Colorado Spruce Trees

- ❖ 5 to 6 feet: \$20
- ❖ 6 to 7 feet: \$25
- ❖ 7 to 8 feet: \$30

* Limited Availability

Pick Up Day

Those who order can pick up their trees and wreaths at the parking lot of the McLean Baptist Church at 1367 Chain Bridge Road on Saturday, Dec. 2, from noon to 4 p.m. A donation of \$35 worth on non-perishable food items and/or grocery gift cards and/or cash for the Share Food Pantry will be collected from participants at this time. Checks benefiting the pantry may also be made out to the McLean Rotary Club.

Volunteers Needed for Pick Up Day

Those interested in helping with the event on Dec. 2 may contact Irv Auerbach by email at iauerbach@cox.net.

WEEK IN McLEAN

Panel on Human Trafficking in Northern Virginia

"Human Trafficking: Here and Now in Northern Virginia" is a subject of the panel discussion to be held Tuesday, Nov. 14, at 7 p.m. at the Lutheran Church of the Redeemer, 1545 Chain Bridge Road, McLean.

Panel Includes:

❖ Bill Woolf, president, Just Ask Prevention Project;

❖ Dr. Elizabeth Payne, Fairfax County Public Schools coordinator of Health, Physical Education, and Family Life Education

❖ Deepa Patel, therapist with Trauma and Hope

This panel, hosted by McLean chapter

of the American Association of University Women (AAUW), will focus on how to protect children and combat human trafficking.

Visit mclean-va.aauw.net/ or redeermclean.org/ for more.

Registration Open for McLean WinterFest

McLean WinterFest parade will be held on Sunday, Dec. 3. To register to be in the parade, go to the WinterFest site at www.mcleanwinterfest.org. See the slideshow and video from last year's entries while planning for WinterFest 2017, McLean's only community parade.

Again this year, WinterFest will present a check to Share of McLean, the local organization that does so much to help families in need. "We'll be asking parade observers

and participants to share their good fortune with those who have fallen on hard times by bringing grocery, pharmacy or clothing store gift cards to the parade for Share," said Trish Butler, chair of the parade steering committee. "We'll also be looking for local businesses to become sponsors of the parade to help underwrite the costs. We welcome our companies to go to the parade web site to find out more about donor information."

The parade route will be the same as previous years: Old Chain Bridge Road from Fleetwood Road to Elm Street. The parade route will be closed from 2:15 to 5:30 p.m. on Dec. 3. Plan ahead for this; the only exceptions to the road closure by the police will be in the event of emergency. There will be no entering or exiting Langley Shopping Center or other side streets along the parade route during these hours.

❖ There is still no fee to be an entry in

the parade, but any business or group must register by Nov. 24.

❖ WinterFest 2017 will have food trucks again this year in the Langley Shopping Center.

❖ Peggy Fox from WUSA/Channel 9 will call the parade from the Fairfax County Showmobile situated in Langley Shopping Center. Pre-parade entertainment will be provided by our local schools and will be introduced by Bill DuBose.

❖ The pre-parade entertainment begins at 2:30 p.m.

❖ The parade will step off at 3:30 p.m. sharp.

Individuals, who might like to participate in the planning of this year's WinterFest or who would be interested in volunteering as marshals on parade day, should contact Trish Butler at 202-550-4019. Visit mcleanwinterfest.org.

NEWS



PHOTOS BY MIKE SALMON/THE CONNECTION

Andrea Dorlester looks at the public safety artifacts on the second floor of the new building.

Headquarters

FROM PAGE 6

minded the crowd.

"The Massey Building, in the City of Fairfax, needed to come down, its time has passed," said Supervisor Pat Herrity (R-Springfield).

"We had to get it done before the Massey building collapsed," joked Supervisor John C. Cook (R-Braddock).

"The Massey Building once had its heyday," added Bulova.

It will be the third headquarters for David M. Rohrer, the deputy county executive who's been with the county for 37 years. "It has been worth the wait," he said.

The Massey Building was built in 1970, when asbestos was a common fireproof building material used, and it had outdated electrical and cooling systems that were hard to repair, according to the Fairfax County website.

The new nine-story building is dominated by glass and green features such as low-flow plumbing, permeable paving, rainwater harvesting equipment and LED (light emitting diode) lighting throughout. The architect that designed it was HOK, Inc. and the builder was Manhattan Construction. The building was "below budget and almost on time," said Patteson.

Out front, there are memorials

FEATURES OF THE NEW PUBLIC SAFETY HEADQUARTERS:

- ❖ Nine stories tall
- ❖ 274,000 square feet of space
- ❖ 850-space parking structure
- ❖ Green roofs
- ❖ Low-flow plumbing fixtures
- ❖ Eco-smart environmental controls
- ❖ Permeable pavement
- ❖ Rainwater harvesting
- ❖ Maximized daylight into work spaces

erected to commemorate police officers and firefighters who died on the job through the years. They were put in front because "we want everyone to pass by and see the sacrifice," said Bowers. In years past, there was a softball field on the spot where the new building is, noted Bowers, but the new office "really is a field of dreams," he said.

There is also a tree out front that they managed to hold on to, despite the cranes and equipment coming and going through the two-year project. "We saved the tree as we promised," said Patteson.

With a new building, advanced technology and two public safety departments co-located for further efficiency, will the residents of the county feel safer? "The protection is always there no matter what building they're in," said Ellen Rohrer, who was at the ceremony.

The new Public Safety Headquarters is next to the Herrity Building, named after Herrity's father John Herrity who was a past chairman, he pointed out with a smile.



Supervisor John Cook (R-Braddock District) talks about the technological advantage the new building will bring.

WWW.CONNECTIONNEWSPAPERS.COM

Home of the \$6,850 Bathroom Remodel

From Now to WOW in 5 Days Guarantee

TWO POOR TEACHERS

Kitchen and Bathroom Remodeling

10% down
nothing until the job
is complete for the
past 17 years



Free Estimates

703-214-8384



Select your products from our Mobile Showroom and Design Center

Fully Insured & Class A Licensed Since 1999



Visit our website: www.twopoorteachers.com



Helping Animals
Find Their Way
Since 2001

lost (adj): 1. unable to find the way.

2. not appreciated or understood.

3. no longer owned or known

Volunteers needed for adoption events, fostering, transportation, adoption center caretaking and more.

Adopt/Donate/Volunteer

www.lostdogandcatrescue.org

EXCEPTIONAL SCHOOLS FAIR

November 5, 2017 | 11:00am - 2:00pm

www.exceptionalschoolsfair.com

Showcasing the many wonderful school choices available to families of children with diverse learning needs. Admission is FREE and open to the public.

KATZEN ARTS CENTER

AMERICAN UNIVERSITY @ WARD CIRCLE
MASSACHUSETTS AVE NW & NEBRASKA AVE NW
WASHINGTON, D.C.

PARTICIPATING SCHOOLS

THE AUBURN SCHOOL | CHELSEA SCHOOL | THE CHILDREN'S GUILD
COMMONWEALTH ACADEMY | THE DIENER SCHOOL | EAGLE HILL SCHOOL
EMERSON PREPARATORY SCHOOL | FORMAN SCHOOL
THE FROST SCHOOL, PART OF SHEPPARD PRATT HEALTH SYSTEM | FUSION ACADEMY D.C.
THE GOW SCHOOL | THE IYVIMOUNT SCHOOL | THE KATHERINE THOMAS SCHOOL
THE KINGSBURY CENTER | THE LAB SCHOOL OF WASHINGTON | LANDMARK SCHOOL
THE LEELANAU SCHOOL | THE MADDUX SCHOOL | MANSEF | MIDDLEBRIDGE SCHOOL
NATIONAL CHILD RESEARCH CENTER | THE NEWTON SCHOOL | THE NORA SCHOOL
OAKWOOD SCHOOL | PARKMONT SCHOOL | PHILLIPS PROGRAMS SCHOOLS
THE SIENA SCHOOL | WYE RIVER UPPER SCHOOL

Sponsored by the American University School of Education

For more information, please contact Bekah Atkinson at exceptionalschoolsfair@gmail.com



Peg Jarman, board member in charge of the fundraising event gives a speech at the silent auction and celebration Saturday night, Oct. 7 at Claude Moore Colonial Farm.



PHOTOS BY COLIN STOECKER/THE CONNECTION

Guests attended the silent auction and celebration Saturday night, Oct. 7 at Claude Moore Colonial Farm.

Living History Celebrated in McLean

BY COLIN STOECKER
THE CONNECTION

Not a lot of people know about Claude Moore Colonial Farm, formerly known as Turkey Run, which is hidden off of the George Washington Parkway. Even fewer people know what it was like to live in the 1800s in northern Virginia.

"The first time I heard about it, was back in the 1980s. I saw a sign for the farm driving down the highway and I love history," said President emeritus, James Callan, a member of the board of trustees for Claude Moore Colonial Farm.

"I love the farm" he said.

Claude Moore Colonial Farm is a living part of Virginia history nestled off of the parkway. Reenactors keep the farm running with real gardens, produce, livestock and other wares that would have been made back in the 1800s.

The farm is mostly self-sustaining, and receives no funding from the National Park Service. The farm holds an event every third

weekend of the month, and sustains operating budgets through gift shop and bookstore sales along with private donations.

"Because the farm is the only privately funded national park in the United States, the fundraisers help us to support the farm," said Peg Jarman, board member in charge of the fundraising event.

Saturday night's silent auction and benefit dinner featured local beer and wine tastings, food, and of course traditional dress and music from the 1800s.

J. D. Engle, events manager at Claude Moore Colonial Farm and Lisa Berray were both dressed in traditional costumes from the 1800s.

"It's great to invite folks who are in political office to show them what we do here at the farm, and so that we can get their continued political support," said Berray. "As a volunteer it's amazing to see how people in the community get involved and the people who come to these events energize me and what I do."

Supervisor John Foust (D-Dranesville) was also at the event and employees and

Silent auction at Claude Moore Colonial Farm focuses on community.



Re-enactor David Ludwinski, farmer at Claude Moore Colonial Farm and his wife, Cheyenne, a teacher pictured Saturday night, Oct. 7 at Claude Moore Colonial Farm.

land for the parkway owned by the Federal Highway Administration.

Reenactors, supporters, and families enjoyed a night of relaxed fun where everyone could celebrate what it is like to have a unique place like the farm in this part of Virginia.

"We are delighted to get such a good turnout to keep the farm running" said Phillip Zane, a board member and volunteer at the farm for ten years. "I usually reenact as a member of the exchange office, playing a merchant or a lawyer at our market fairs. I own some of the clothes and my wife stitches," he said.

By charging admission, the farm is able to stay open and provide the northern Virginia community with living history.

"Quite a few board members are in costume," said Zane.

Oct. 21 and 22 is the weekend of the Autumn Market Fair, one of the farm's largest events. There will be dancing, food, reenactors, and plenty of learning opportunities for the whole family.



President emeritus, James Callan, a member of the board of trustees for Claude Moore Colonial Farm and his wife Jane Wendelin, Saturday night, Oct. 7 at Claude Moore Colonial Farm.

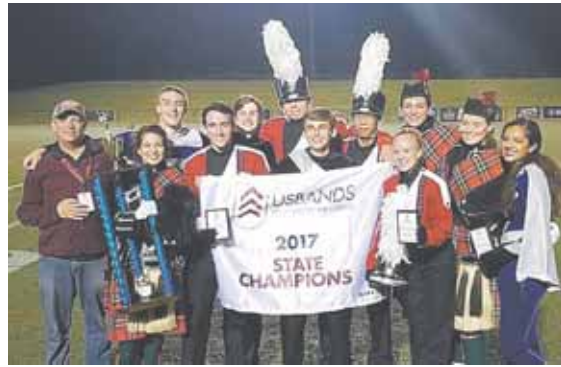


J. D. Engle, events manager at Claude Moore Colonial Farm and Lisa Berray were both dressed in traditional costumes from the 1800s for the silent auction and celebration Saturday night, Oct. 7 at Claude Moore Colonial Farm.

NEWS

State Champions

The McLean Highlander Marching Band earned the 2017-18 U.S. Bands Virginia State Championship. McLean won 1st Place, as well as Best Music, 2nd Best Visual, and Best General Effect. Pictured: Chris Weise, Nour Khachemoune, Daniel Meakem, Carson Flickinger, Caroline Brunner Back Row: Michael Deitch, Jules Le Menestrel, Josh Leong, Ethan Joss, Syd DeLeonardis, and Smritee Thapa.



The 2016 National Scottish Fiddle Champion, Sean Heely, plays Tunes from the Scottish Highlands and Northern Ireland.

Langley Orchestra Presents Irish Music

Langley High School orchestra performed Irish music in its auditorium on Tuesday, Oct. 23, accompanied by last year's National Scottish fiddle champion, Celtic harpist, and Irish music dancers.



Dancers from the O'Neill James School of Irish Dance performed on stage along with Langley High School Orchestra's playing of Irish music.

PHOTOS BY
MICHELLE MEEYOUNG CHO

Saint Ann Catholic Church

SUNDAY LITURGY SCHEDULE:

Saturday Vigil: 5:30 PM
Sunday: 7:30, 9:00, and 11:00 AM
1:30 PM Spanish Liturgy

DAILY EUCHARIST:

Weekdays
Monday-Friday, 8:30 AM
Saturday, 8:30 AM

All Are
Welcome!

5312 North 10th Street,
Arlington, Virginia 22205
Parish Office: 703-528-6276

PARISH WEBSITE:
www.stannchurch.org



To highlight your Faith Community, call Don at 703-778-9420

THE CONNECTION
NEWSPAPERS

Alexandria
Gazette Packet

Mount Vernon Gazette

Potomac **ALMANAC** CENTRE VIEW

You can read any of this week's
15 papers digital editions here:

www.ConnectionNewspapers.com/PDFs

THE CONNECTION
Newspapers & Online

Prepare for
Holiday Happenings 2017

Holiday Entertainment and Gift Guides

Gift Guide I
Publishes.....Nov. 15
Advertising Due.....Nov. 9

Gift Guide II
Publishes.....Dec. 6
Advertising Due.....Nov. 30

Gift Guide III
Publishes.....Dec. 20
Advertising Due.....Dec. 14

Call 703.778.9431 or email sales@connectionnewspapers.com
For special early advertising rates

LOCAL MEDIA CONNECTION
Newspapers & Online
703-778-9431
www.ConnectionNewspapers.com

Reaching Suburban Washington's Leading Households

- Alexandria Gazette Packet
- Arlington Connection
- Burke Connection
- Centre View
- Chantilly Connection
- Fairfax Connection
- Fairfax Station/Oldtown/Lorton Connection
- Great Falls Connection
- McLean Connection
- Mount Vernon Gazette
- Oak Hill/Hardin Connection
- Potomac Almanac
- Preston Connection
- Springfield Connection
- Vienna/Oakton Connection

ENTERTAINMENT

Submit entertainment announcements at www.connectionnewspapers.com/Calendar/. The deadline is noon on Friday. Photos/artwork encouraged.

ONGOING

Broadway Exhibit. Through Nov. 18, various times at Broadway Galleries, 1025-J Seneca Road, Great Falls. Local photographer, Silvia Gonzalez Roman with a variety of work. Visit www.broadwaygallery.net.

Great Falls Farmers Market. Saturdays, 9 a.m.-1 p.m., 778 Walker Road, Great Falls. Music, vendors, fresh produce, fresh prepared food, delightful bakery, spices from around the world, wild-caught fish, grass-fed, free-range meats, organic-fed poultry and eggs. Email kathleen@greatfallsfarmersmarket.org.

McLean Farmers Market, Fridays, through Nov. 17, 2017; 8 a.m. to noon, 1659 Chain Bridge Road, McLean, Master Gardener Plant Clinic on site to answer questions about plants in your landscape

The Freeman Store & Museum Wednesday through Sunday noon-4 p.m. 131 Church St. NE, Vienna. The Freeman Store & Museum is dedicated to Preserving and promoting Vienna's heritage through the identification, preservation, and interpretation of history significant places, events, and persons. Historicviennainc.org

Weekly Storytime. Wednesday and Saturday. 11 a.m. Barnes & Noble, 7851 L Tysons Corner Center, McLean. Themes and titles vary. Free admission.

Bingo Night. Sundays. 4 p.m. Flame Room, Vienna Volunteer Fire Department, 400 Center St. S, Vienna. \$10. www.vvfd.org/bingo.html.

Gentle Yoga. Thursdays, 6:30 p.m. Emmaus United Church of Christ, 900 E Maple Ave. E., Vienna. Saturdays, 9:30 a.m. Unitarian Universalist Congregation of Fairfax, 2709 Hunter Mill Road, Oakton. Gentle Kundalini Yoga, one free introductory session, senior discounts. Increase flexibility, improve breathing and health, reduce stress. Ravi Kaur has 15 years experience teaching yoga. \$15 per session. www.edimprovement.org. 571-213-3192.

Fishing Rod Rentals 8700 Potomac Hills St., Great Falls. Rentals available during visitor center hours. Fishing tackle and live bait are available for purchase. Reservations required for group rentals. \$6/rental (2 hour max). Valid driver's license required. Rod/reel combinations are perfect for beginners and children. A Virginia or Maryland freshwater fishing license is required for those 16 years or older. The park does not sell fishing licenses. www.fairfaxcounty.gov/parks/riverbend-park/

Colvin Run Mill open 11 - 4 p.m. daily, closed Tuesday. 10017 Colvin Run Road, Great Falls. Fairfax County's operational 19th century water powered gristmill, offers recreational and educational activities for all ages through daily tours, school programs and special events. Fees: \$7/adult, \$6 students 16+ with ID, \$5 children & seniors. Admission to park is free except for some special events.

Fundamentals of Watercolors. Mondays 10 a.m.-1 p.m. at The Arts of Great Falls, 756 Walker Road, Great Falls. Artist Lorrie Herman will help students get comfortable working with watercolors and understanding this medium. Visit www.greatfallsart.org.

Evening Painting. Tuesdays 6:30 - 9:30 p.m. at The Arts of Great Falls, 756 Walker Road, Great Falls. Jill Banks focuses on oil painting fundamentals with two sessions each



Great Falls History

On Wednesday, Nov. 8 at 7 p.m., Joan Wehner will speak about the purchase, restoration and transfer of the Schoolhouse to the Fairfax County Park Authority. \$5. Visit gfhs.org for more.



of still life, landscapes, and portrait/clothed figure from a live model. Visit www.greatfallsart.org.

WEDNESDAY/NOV. 1

Nottoway Park Fitness Stations Renovation Project. 7 a.m.-5 p.m. at Nottoway Park, 9537 Courthouse Road, Vienna. A month-long construction project is starting with the installation of 10 new fitness stations to make a total of 16 new pieces of fitness equipment along the existing trail. Contact Kelly Davis, Project Manager, at 703-324-8609.

NOV. 1-DEC. 31

Vienna-Wide Food Drive. Bring food contributions to Vienna Town Hall - 127 Center St. S; Vienna Arts Society-115 Pleasant St. NW; Bikes@Vienna-128-A Church St. NW; Caffé Amouri-107 Church St., NE; Evolution Fitness- 216 Dominion Road, NE; Rexall Drug Store-150 Maple Ave. W; Drs. Covell, Stack and Henon- 120 Beulah Road, NE; Patrick Henry Library (co-sponsored by Supervisor Cathy Hudgins) and the Vienna Community Center. Girl Scout Troop 2684 will be helping NEVCA by picking up the food. Sponsored by Committee for Helping Others. Call 703-281-7614.

FRIDAY/NOV. 3

Starving Artists Reception. 5-8 p.m. at Idylwood Presbyterian Church, 7617 Idylwood Road, Falls Church. The McLean Art Society is sponsoring the art sale with local artists. The sale will continue on Saturday from 10 a.m.-5 p.m. and on Sunday from 10 a.m.-2 p.m. Call 703 532-5357.

Scott Miller Concert. 8 p.m. at Jammin Java, 227 Maple Ave. E., Vienna. Rock singer/songwriter highlights his first full album in four years, "Ladies Auxiliary." Visit www.jamminjava.com.



Magic Show

Amazing Max does magic on Sunday, Nov. 5 from 11 a.m.-noon at the Old Firehouse, 1440 Chain Bridge Road, McLean. Shows for 8-11 year olds at 1:30 and 4 p.m. \$45/\$35 McLean district residents. Call 703-790-0123 or visit www.mcleancenter.org.

Art Exhibit

Stonehedge is part of the "Textures" Art Exhibit. Various times from Nov. 7-Dec. 31 at the Vienna Arts Society, 115 Pleasant St., NW, Vienna. Carl Landow's work on exhibit. Call 703-319-3971 or visit www.ViennaArtsSociety.org.

NW. Call 703-319-3971 or visit www.ViennaArtsSociety.org.

TUESDAY/NOV. 7

iFly and Movie. 8 a.m.-6 p.m. at the The Old Firehouse, 1440 Chain Bridge Road, McLean. iFly is an indoor skydiving, adrenaline rush activity for floating in mid-air, then on to watching one of the newest movie releases at a nearby movie theater. Admission to iFly, lunch and movie tickets are included in the fee. \$110/\$100 McLean Community Center members. Call 703-790-0123,or visit www.mcleancenter.org.

WEDNESDAY/NOV. 8

Great Falls Historian. 7 p.m. at the Great Falls Grange, 9818 Georgetown Pike, Great Falls. Joan Wehner will speak about the purchase, restoration and transfer of the Schoolhouse to the Fairfax County Park Authority. \$5. Visit gfhs.org.

Astronomy Lecture. 7:30-9 p.m. at Turner Farm, 925 Springvale Road, Great Falls. Topics may include planets, open clusters, double stars, stellar color spectrum, globular clusters and galaxies. After class, view the objects that were discussed through the observatory's telescopes, if weather allows. Visit www.fairfaxcounty.gov/parks/turnerfarm/.

THURSDAY/NOV. 9

Meet the Artists. 7-9 p.m. at the McLean Project for the Arts, 1446 Chain Bridge Road, McLean. "Nature as Prototype" exhibition by Yoko K, Adam Nelson and Gretthe Whittrock. "Nature as Prototype" runs through Dec. 23. Visit mpaart.org.

FRIDAY/NOV. 10

On Eagles' Wings Veterans Day 10K race. 10 a.m. at Grace

Christian Academy, 3233 Annandale Road, Falls Church. Proceeds benefit Grace Christian Academy Scholarship Fund and Decorate a Vet. \$40. Visit gracechristianacademy.org/10K.

SATURDAY/NOV. 11

Fall Bazaar. 10 a.m.-4 p.m. at Vienna Volunteer Fire Department Auxiliary, 400 Center St., South. The Vienna Volunteer Fire Department Auxiliary is sponsoring this event with crafts, bake sale, holiday items. Email dancers1023@aol.com or call 703-309-3468.

Great Falls Veteran's Day Ceremony. 11 a.m. at the Great Falls Freedom Memorial behind the Great Falls Library, 9830 Georgetown Pike. The event will include a Marine Corps color guard, patriotic songs by the Langley Madrigals, and remarks by Marine Corps Maj. Gen. Timothy F. Ghormley. Call 703-248-0390 or email bruce@newdream.net.

TUESDAY/NOV. 14

Meet the Author. 7:30 p.m. at the Balls Hill Government Center 1437 Balls Hill Road, McLean. Author and historian William Connerly will address "Mosby's Raids on Civil War Northern Virginia." 703-356-8223.

NOV. 16-18

Christmas Craft Show. Thursday and Friday, 10 a.m.-7 p.m.; Saturday 10 a.m.-4 p.m. at the Oakton Church of the Brethren, 10025 Courthouse Road, Vienna. Oakton Church of the Brethren's 24th Annual Christmas Craft Show is a three-day event featuring a wide variety of handmade creations and craft supplies for purchase, plus a soup and sandwich lunch and bake sale. Visit www.oaktonbrethren.org.

FRIDAY/NOV. 17

Movie Double Feature. 3:30-10 p.m. at the The Old Firehouse, 1440 Chain Bridge Road. Trip to AMC Tysons for two movies and dinner at the food court. \$35/\$25 McLean Community Center members. Call 703-790-0123,or visit www.mcleancenter.org.
Smart Driver Class. 9 a.m.-1 p.m. at the Oakton United Methodist Church, 2951 Chain Bridge Road. The Shepherd's Center of Oakton-Vienna is sponsoring a refresher two-day driver course geared for drivers age 50 and older. \$15 for AARP members (bring AARP membership card) \$20 for AARP non-members. Call 703-281-0538.

NOV. 17-19

Big Sale, Small Works. Various times at the Vienna Arts Center, 115 Pleasant St., NW. A variety of art available. Call 703-319-3971 or visit www.ViennaArtsSociety.org.

SATURDAY/NOV. 18

Peggy the Pint-Sized Pirate. 2 p.m. at the The Old Firehouse, 1440 Chain Bridge Road, McLean. Live production with a pirate named Peggy. Free. Call 703-790-0123,or visit www.mcleancenter.org.

SUNDAY/NOV. 19

Peggy the Pint-Sized Pirate. 2 p.m. at the The Old Firehouse, 1440 Chain Bridge Road, McLean. Live production with a pirate named Peggy. Free. Call 703-790-0123,or visit www.mcleancenter.org.

Emerging Artist Concert. 4 p.m. at Saint Francis Episcopal Church, 9220 Georgetown Pike, Great Falls. Oscar Paz-Suaznabar, age 12, on the piano, and Julia Angelov, from Alexandria, play orchestra favorites. Visit www.amadeusconcerts.com.

WWW.CONNECTIONNEWSPAPERS.COM



Three generations joined the effort to raise funds for child victims of abuse. Claudia Manoogian, SafeSpot Board member of McLean, celebrated with her son's family who all modeled in the fashion show – Keith and Melissa Larson of Vienna and their children, Marbella, Ryland and Vyanna.

'Passion For Fashion' Raises \$135K

The Fifth Annual "Passion For Fashion" Show hit the runway on Sunday, Oct. 15, at the Bloomingdale's at the Tysons Corner Center mall in McLean and raised more than \$135,000.

The annual event benefits the SafeSpot Child Advocacy Center, which provides intervention, investigation, prosecution and treatment of sexual abuse and severe physical abuse of children in Fairfax County.

Located in Fairfax, the center is a public-private partnership with Fairfax County law enforcement, child protective services, the Commonwealth Attorney's Office, Inova Fairfax Hospital and the Fairfax-Falls Church Community Services Board.

Getting Help

To report child abuse, SafeSpot recommends calling the Fairfax County Child Protective Services Hotline at 703-324-7400. With a referral from CPS or law enforcement, SafeSpot can provide the following services:

- ❖ trauma-focused cognitive behavioral therapy;
- ❖ video recorded forensic interviews of children;
- ❖ expert court testimony; and
- ❖ training to community professionals on abuse and neglect indicators.

— FALLON FORBUSH



Katie Scraborough-Doherty of McLean modeled at the SafeSpot "Passion for Fashion" Show at Bloomingdale's Tysons in a floral dress.



Emcee Melissa Mollet of NBC4 and SafeSpot Child Advocacy Center Executive Director Michele Thames and Pecos, SafeSpot's facility dog, raised awareness about child abuse and shared information about SafeSpot's programs and services during the show.



McLean
Community
Center
The Center of It All



Here's What's Happening at MCC

Presented by The Alden

AUSTIN POWERS
Quote-Along Movie PG-13

Friday, Nov. 3, 7 p.m.
Admission and popcorn are free.
Prop bags are \$5 each.
The Old Firehouse, 1440 Chain Bridge Rd.

Sponsored by The Alden
**Everyday Magic with
the Amazing Max**

Sunday, Nov. 5
11 a.m. (for ages 5-7),
1:30 and 4 p.m. (for ages 8-11)
\$45/\$35 MCC district residents
Price includes admission, magic
supplies and VIP meet and greet.
The Old Firehouse
1440 Chain Bridge Rd.



**Teacher Workday Trips
iFly & Movie**

Tuesday, Nov. 7,
8 a.m.-6 p.m.
\$110/\$100 MCC
district residents
The Old Firehouse
1440 Chain Bridge Rd.



**Friday Night Trips
Double Feature**

Friday, Nov. 17, 3:30-10 p.m.
\$35/\$25 MCC district residents
The Old Firehouse
1440 Chain Bridge Rd.



The Alden Fall Production
"Peggy the Pint-Sized Pirate"
by D. M. Larson (Freedrama.net)

Sat. & Sun., Nov. 18 & 19, at 2 p.m.
Free admission
The Old Firehouse
1440 Chain Bridge Rd.



The McLean Community Center
www.mcleancenter.org
Home of the Alden Theatre
www.aldentheatre.org



Administrative Offices
6631 Old Dominion Dr.
McLean, VA 22101
703-790-0123, TTY: 711

CLASSIFIED

WWW.CONNECTIONNEWSPAPERS.COM

TO ADVERTISE IN THIS PAPER, CALL BY MONDAY 11:00 AM 703-778-9411

Announcements

We pay top \$ for STERLING,
MEN'S WATCHES,
JEWELRY, COSTUME JEWELRY,
FURNITURE, PAINTINGS AND CLOCKS.

Schefer Antiques

703-241-0790

theschefers@cox.net

**Find us on Facebook
and become a fan!**

[www.Facebook.com/
connectionnewspapers](http://www.Facebook.com/connectionnewspapers)

THE CONNECTION

Newspapers & Online
The Connection to Your Community
www.connectionnewspapers.com

Computers

**HDI
COMPUTER SOLUTIONS**

JENNIFER SMITH
Serving the Area Since 1995



- > Speed Up Slow Computers
- > Virus Removal
- > Computer Setup
- > Help with Windows 8

571-265-2038

Jennifer@HDIComputerSolutions.com

Legals

NOTICE OF SALE

Pursuant to KRS 376.400, notice is hereby given that Anzac, LLC will on Wednesday, November 15, 2017, at the hour of 10:00 a.m. at Anzac, LLC, 2601 Old Frankfort Pike, Lexington, Kentucky 40510, expose to public sale the following animal to satisfy the charges for board and keeping thereon, to the highest and best bidder: the 2005 Thoroughbred mare NASEEN; the 2004 Thoroughbred mare NASEEM; and the 2016 Thoroughbred colt by TALE OF THE CAT out of NASEEM. Terms are cash at the time of sale.

Employment

ADVERTISEMENT

Bilingual Immigration Office Clerk – Ahmad and Associates, McLean, VA is seeking an office clerk with critical language skills in Spanish, Russian and/or French. Must have knowledge of general clerical duties, including but not limited to answering phone calls, operating office systems and machines, typing, filing, and book-keeping. Additionally, prepare draft legal correspondence and maintain client management. Minimum Associate's Degree in criminal justice or related field required. 18 months experience in immigration office or similar field. 40 hours per week; 9 a.m. to 5 p.m. \$22.53/hour. Submit resumes to: Ahmad and Associates, 6888 Elm Street, Suite 303, McLean, VA 22101 or ahmadassociateslaw@gmail.com.

For a free digital subscription to one or all of the 15 Connection Newspapers, go to www.connectionnewspapers.com/subscribe

Complete digital replica of the print edition, including photos and ads, delivered weekly to your e-mail box.

Questions? E-mail: goinggreen@connectionnewspapers.com

**THE CONNECTION
NEWSPAPERS**

Announcements

Announcements

**Lifetime
METAL
ROOFING**
by VA CAROLINA BUILDINGS, INC.

40 YEAR WARRANTY ON THE FINISH - ENERGY EFFICIENT
SUPERIOR DURABILITY - SENIOR CITIZEN DISCOUNT

FACTORY DIRECT - WE FINANCE - CALL NOW!

WWW.METALROOFOVER.COM

1-800-893-1242

Announcements

Announcements

Earn more with Quality!

★★★ **30 YEARS OF SERVICE** ★★★

**Looking for CDL A or B drivers to deliver
new trucks all over the US and Canada.**

**Experience preferred. Must have DOT physical and be
willing to keep logs. No DUIs in last 10 years, clean MVR.**

Quality
Drive-Away INC.

Apply Online at
www.qualitydriveaway.com
or call **574-642-2023**



**TELL US
WHAT
YOU
THINK**

SUBMIT YOUR LETTER TO THE EDITOR HERE
www.ConnectionNewspapers.com/contact/letter

**LIKE US ON
FACEBOOK**

[www.Facebook.com/
connectionnewspapers](http://www.Facebook.com/connectionnewspapers)



LETTERS

Thank You, McLean

To the Editor:

On behalf of the McLean Project for the Arts (MPA), I'm writing to thank our McLean community for another year of enthusiastic support for the 11th annual MPAartfest. This year, close to 6,000 local residents joined our celebration of community and the arts!

MPAartfest is successful each year due to our volunteers, sponsors, and the many individuals and community organizations. In total, more than 200 volunteers planned and worked on MPAartfest, alongside MPA's small but dedicated staff and our amazing ArtFest Operations Director – Molly Kelly Ryan.

MPA is especially grateful to our MPAartfest Event Partners for 2017: Lead Community Sponsor – the McLean Community Center; and our two event co-sponsors – the Fairfax County Park Authority, and the newly opened TD Bank.

One of the highlights new to MPAartfest this year was an exciting lineup of six local bands, coordinated by our musical impresario, Ken Avis, and generously sponsored by UBS Financial Services Inc. – The ESOP Group.

Sincere thanks to Paul Kohlenberger and the Greater McLean Chamber of Commerce for developing a parking and shuttle bus plan for the day of the event, as well as the Montessori School of McLean and Chesterbrook Residences who provided our shuttle buses. And thanks also goes out to our parking sponsors: Langley Shopping Center, McLean Properties, FitzGerald Property Management, and McLean Square. Event setup went especially smoothly this year with the enthusiastic assistance of local Boy Scout Troop 128.

MPA was proud to host our community partners: the McLean Art Society, McLean Community Players and 1st Stage, The Woman's

Club of McLean, New Dominion Women's Club, Friends of McLean Community Center and the Greater McLean Chamber of Commerce also participated as partners and volunteers. And it was a delight to see the children participating in the creation of a large mural depicting fall colors to be displayed at the offices of one of our long-time supporters, TTR Sotheby's International Realty, and to see the beautiful Children's ArtWalk, once again brought to life by the New Dominion Women's Club.

Thank you to all of the organizations who made our STEAM Village possible, including Music & Arts; Cannon Design, who sponsored The Potomac School Robotics team; BOWA; Capital One; and McLean Community Foundation.

And as is always the case, art-lovers were well nourished by our food vendors: j. Gilberts wood-fired steaks & seafood, Lebanese Taverna, The Big Cheese, Crepe Love, and Sweetbites Cafe & Bakery, StarNut Gourmet and Starbucks. MPA is especially grateful for the generosity of both j. gilberts and the Wine Outlet for helping to kick off MPAartfest in style, with fabulous food and beverages for our Soiree Celebration – on a beautiful fall evening, organized by a fabulous group of local volunteers led by volunteer chair Fizzah Gocke!

And our final thanks go out to the local McLean press, the McLean District Police, the firefighters' EMT crew and our many sponsors, listed at www.mpaart.org.

Thank you again McLean! We hope many of you joined us this year, and look forward to seeing you again next year for MPAartfest 2018, Sunday, Oct. 7, 2018!

Lori Carbonneau

Executive Director

McLean Project for the Arts

BULLETIN BOARD

Submit civic/community announcements at ConnectionNewspapers.com/Calendar. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

THURSDAY/NOV. 9

Lecture: Saving, Investing and Avoiding Fraud. 7:30-9 p.m. at the Patrick Henry Library, 101 Maple Ave., E., Vienna. Experts from the US Security and Exchange Commission (SEC) will teach how to be an informed investor, avoid scams and save effectively for retirement. Free. Email dsmit1@fairfaxcounty.gov or call 703-938-0405 for more.

SATURDAY/NOV. 11

SALT Fall Advocacy Training Conference. 9-11 a.m. at the Virginia International University, Conference Room (VD-301), 4401

Village Drive, Fairfax. Sister Simone Campbell, will be the keynote speaker on "21st Century Poverty: Needed Action." Del. Ken Plum will address "Advocacy is moving to the state levels, Are you moving with it?" and Gay Gardner, with Interfaith Action for Human Rights will speak to "Making Solitary Confinement Truly a Last Resort." Free. Visit the SALT web site at www.S-A-L-T.org.

MONDAY/NOV. 13

Community Meeting. 6-8:30 p.m. at the Oakton High School Cafeteria, 2900 Sutton Road, Vienna. Design Public Hearings on the Transform 66 Outside the Beltway Project regarding plans for the 22.5 mile corridor from I-495 to University Boulevard in Gainesville. Visit transform66.org for more.

WELLBEING Balance

FROM PAGE 9

when you take on more debt. It can also be difficult to close the cards once started.”

Neely has developed a foolproof way of managing holiday finances. “I always write out a list showing each item I have purchased for each person and track the amounts I have spent on each person separately each night after I have finished shopping for the day,” said Neely. “Seeing it all written down on paper can really help you curb your enthusiasm when it comes to frantic holiday spending.”

MAINTAINING AN EXERCISE REGIMEN is an important part of maintaining balance during the holidays says Rachel Trope, clinical exercise physiologist at Washington Center for Weight Management. “Physical activity is going to increase mood and decrease anxiety,” she said.

Advanced planning is a key to making sure it doesn’t fall by the wayside, advises Trope. “For example, if you’re traveling, take your exercise clothes and shoes,” she said. “If you schedule exercise, you’re less likely to push it off and it’s more likely to be successful. Get a friend that you can meet and exercise with.”

Roll exercise into family traditions. “If you can’t get to a gym, try walking and try integrating your holiday traditions into something active,” said Trope. “Try to establish new traditions that are active that you can enjoy with your family and not take away from family time or create the stress of having to choose.”

Put pen to paper when you develop a plan. “When you come up with a plan, write it down and put it someplace where you can see it and remind yourself of it,” said Trope. “Write down what kind of reward you’re going to give yourself.”

Stress can lead to overeating during the holidays, and although holiday meals are often associated with decadence, not all those dishes are fat and sugar-laden, advises Sara Ducey, professor of Nutrition and Food at Montgomery College in Rockville. “Our holiday dinners feature many nutritious food choices [such as] poultry and fish, sweet potatoes and squash, peas and other green vegetables and salads and fruits,” she said. “But there are also starchy, fatty and sugary foods [such as] mashed potatoes, rice dishes, cakes and pies and ice cream, whipped cream and marshmallows.”

Ducey recommends variety. “The more types of food you have, the more you and your guests will eat,” she said. “This is called the buffet effect. So offer many [colorful] vegetable dishes to make your buffet look beautiful and inviting ... [But] if you see the food, you will eat it. Keep the food away from the table, so guests have to get up to refill their plates.”

It is easy to get caught in the chaos of the holidays, but it’s important to remember the traditions, values and beliefs that are unique to each family, suggests Brand. “[The holidays] should be a reminder to us that not everyone has the resources, access, or privileged to spend time with the people they love on the holidays,” she said.

BUSINESS DIRECTORY

WWW.CONNECTIONNEWSPAPERS.COM

TO ADVERTISE YOUR BUSINESS, CALL KAREN AT 703-778-9422

ELECTRICAL	ELECTRICAL	LANDSCAPING	Good is not good, where better is expected. -Thomas Fuller
K & D ELECTRIC COMMERCIAL / RESIDENTIAL SERVICE Family Owned & Operated Recessed Lighting Ceiling Fans Phone/CATV Computer Network Cabling Service Upgrades Hot Tubs, etc... Licensed/Bonded/Insured Office 703-335-0654 Mobile 703-499-0522 lektrkman28@gmail.com		A&S CONSTRUCTION SOD, Mulch, Clean-Up Leaf Removal Hauling. 703-863-7465	
GUTTER	GUTTER	LANDSCAPING	LANDSCAPING
GUTTER CLEANING Gutters and Downspouts Cleaned Small Repairs • Gutter Guards PINNACLE SERVICES Lic/Ins 703-802-0483 free est. email jamie@lawnsandgutters.com web: lawnsandgutters.com Friendly Service with a Friendly Price!		Patios & Drainage Your neighborhood company since 1987 703-912-6886 J.E.S. Services Free Estimates • Fully Licensed & Insured • Planting & Landscaping Design • Drainage & Water Problems • Concrete Driveways, Replacement or New • Patios and Walks • Masonry Work or Dry Laid • Paver, Flagstone, Brick, any style you choose • Retaining walls of all types All work Guaranteed	
IMPROVEMENTS	IMPROVEMENTS	LANDSCAPING	LANDSCAPING
Power Washing Go from green to clean, do you have mold on your siding rotten wood that's a hoar violation? We do houses, decks, fences, side walks, etc. Deck and fence repair, deck staining and sealing. Licensed & Insured • Free Estimates email: jnave@comcast.net 703-987-5096		GOLDY BRICK CONSTRUCTION Walkways, Patios, Driveways, Flagstone, Concrete FREE ESTIMATES Licensed, Insured, Bonded 703-250-6231	
A&S Landscaping • All Concrete work • Retaining Walls • Patios • Decks • Porches (incl. screened) • Erosion & Grading Solutions • French Drains • Sump Pumps • Driveway Asphalt Sealing 703-863-7465 LICENSED Serving All of N. Virginia		Quality Tree Service & Landscaping Reasonable prices. Licensed & insured. Summer Cleanup... Tree removal, topping & pruning, shrubbery trimming, mulching, leaf removal, planting, hauling, gutter cleaning, retaining walls, drainage problems, etc. 25 years of experience – Free estimates 703-868-5358 24 Hour Emergency Tree Service	
 RN. CONTRACTORS, INC. Remodeling Homes, Flooring, Kitchen & Bath, Windows, Siding, Roofing, Additions & Patios, Custom Deck, Painting We Accept All Major Credit Cards Licensed, Insured, Bonded • Free Estimates • Class A Lic Phone: 703-887-3827 E-mail: rncontractorsinc@gmail.com www.rncontractors.com		 Sign up for FREE DIGITAL SUBSCRIPTION to any or all of our 15 papers WWW.CONNECTIONNEWSPAPERS.COM/SUBSCRIBE	
TILE / MARBLE	TILE / MARBLE	BATHROOM REMODELING by Brennan Bath and Tile Partial or Full. Kit. Floors, Backsplashes. Specializing in Ceramic, Porcelain, Glass Tiles and Natural Stones. Also repair work. 35 yrs exp. www.brennan-tile.com 703-250-2872 Licensed • Bonded • Insured	

L'Arc de Triomphe



By KENNETH B. LOURIE

Though I studied French for five years, grades seven through 11 and became quite proficient, this column has nothing to do with French or this most famous of monuments. This column finishes the three-column arc concerning the before, during and after of my bulb installation. Having safely landed on my feet, figuratively and literally, it's time to complete the arc, especially considering my triumph.

The bulbs are all in. No breakage to me or the fixtures, the sconces or to the house. Just a relatively simple and straightforward (for me anyway) installation: on the refrigerator door (the night light), in the living room (in the sconces) and back in the kitchen (the flush-mounted light fixtures in the ceiling). I don't want to over exaggerate my success, but when you have had as many failures – in this context, as I have, one tends to find great joy in having avoided great complications.

I wouldn't say or even admit to beating my chest with great pride because I do understand the level of difficulty here but, previously I have given myself a nickname when a similar task at hand has met with similar success: Taras Bulba, who had nothing to do with bulbs other than part of his name included b-u-l-b. For some reason, I also had the knowledge that Yul Brynner played the title role in a 1962 film of the same name, but had no other information of substance other than I remember him being bald – which I'm not.

As to what I remember about what I was thinking when we purchased a 250-year-old farmhouse on two acres in Montgomery County back in 1992: the price was reasonable/we could afford it, it was two acres of land in an extremely desirable county/location, it was close to I-95; and it was about time in our lives that we bought our first home. As to what I was supposed to do next; soon after we moved in, we had a two-day party (to accommodate people's availability); for those two days I held a clipboard and took notes as many of our friends made casual observations/suggestions about what work needed to be done, inside the house and out.

We needed tile in both bathrooms – since there was none. We needed plumbing fixtures in one shower/tub – since there were none. We needed a “one-fixture rough-in” for a washing machine – since there was none. We needed central air conditioning and ducts – since there was none. We needed phone jacks/telephone wiring since there was only one phone outlet for the entire house. We needed a new oil boiler since the unit in the basement was from “the year one” (to use one of my late mother's expressions). We needed chimney repairs and liners. We needed an upgraded electrical panel.

As for the property/grounds; do you think a lifelong renter with zero interest, aptitude or experience had any of the tools necessary to maintain two acres? That's a rhetorical question if there ever was one. In over my head doesn't begin to scratch the surface of the depths of my immersion.

But my wife, Dina, loved the house. It reminded her of Chester County in Pennsylvania where she grew up. And the price offered good value. Within one minute of our initial visit to the house, after walking through the living room across the old-fashioned wide pine floor boards pass the cooking fireplace and stepping up into a formal dining room with another fireplace, I knew Dina was sold. Fifteen minutes later we exited the house; didn't flush a toilet, didn't turn on a faucet, didn't flick a light switch, did nothing except walk around. We made an offer the next day, and the rest is basically this column.

As much as I thought I knew, little did I know what I was actually getting myself into. It's been 25 years and I'm still way better in French than I am in homeowner. I don't call myself Taras Bulba for nothing. I call myself Taras Bulba for something: bulb replacement. It's not much I realize, but it's the best this man can do.

C'est la vie.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.



JD CALLANDER

Direct: (703) 606-7901
Office: (703) 821-1025
jd@newNOVAhome.com
www.newNOVAhome.com

#1 Agent Companywide
Top 1% Realtors Nationwide
Top 10 Realtors in Virginia
NVAR 80+ Million Dollar Sales Club



**JD Sold More Homes Last Year
in 22101 Than Any Other Agent!**



OPEN
Sun 11/5
2-4pm

Offered for...\$1,139,000

1619 Linway Park Drive, McLean

***LIGHT and BRIGHT* 5BR/3.5BA home** on 3 levels in park-like setting at end of cul-de-sac! Spacious colonial with lots of updates! Eat-in kitchen with granite counters and stainless steel appliances; renovated BAs; LL rec room, guest room and walk out to patio; deck with wooded views; Chesterbrook, Longfellow and McLean schools! **Just 1 light to DC!**



OPEN
Sun 11/5
2-4pm

Offered for...\$699,000

2522 Buckelew, Falls Church

GREAT OPPORTUNITY in this spacious 6BR/4 full bath home on 3 finished levels in McLean High School pyramid! Open floor plan with hardwood floors; fireplace; vaulted ceilings; huge addition with great room. Tons of space! Fully-finished walk-out lower level; large treed, level back yard on over 1/4 acre!



OPEN
Sun 11/5
2-4pm

Offered for...\$1,085,000

6428 Noble Drive, McLean

***BEAUTIFUL* 6BR/6 full BA home** with gorgeous addition w/ 3rd and 4th levels added plus remodeled kitchen! New appliances ('17); updated windows; hardwood floors; fresh paint; large bedrooms; fully-finished walkout LL with fireplace and wet bar; backs to wooded area with open and private views; lovely landscaping! **Chesterbrook, Longfellow and McLean schools!**

BEST WASHINGTONIAN 2017

**COMING
SOON!**



1542 Dahlia Court
McLean 22101
Chesterbrook, Longfellow,
and McLean Schools!

Rental



2123 Reynolds Street
Falls Church, 22043
\$2,900/month



201 E. Jefferson Street
Falls Church 22046
\$1,349,000



3023 Cedarwood Ln
Falls Church, 22042
\$949,000



6636 Gordon Avenue
Falls Church 22046
\$1,590,000



1703 James Payne Cir.
McLean 22101
\$999,000



704 Live Oak Drive
McLean 22101
\$1,324,000

Call Me Today for a Free Analysis of Your Home's Value!