

# Potomac ALMANAC

Ryan Seymour with Briar  
the goat from Squeals on  
Wheels during Saturday's  
Potomac Day celebration.

## Celebrating Potomac Day

NEWS, PAGES 2-4

Advice for Seniors  
NEWS, PAGE 5

Country Casual Teak  
Marks 40 Years  
NEWS, PAGE 11

ATTENTION POSTMASTER:  
TIME SENSITIVE MATERIAL.  
REQUESTED IN HOME 10-26-17

PRSR STD  
U.S. POSTAGE  
PAID  
EASTON, MD  
PERMIT #322



# Community Gathers To Celebrate Potomac Day

Coordinated by Potomac Chamber of Commerce.

BY PEGGY MCEWAN  
THE ALMANAC

Saturday marked the 35<sup>th</sup> annual Potomac Day celebration.

The day started with a parade featuring 70 units encompassing all of Potomac: schools, businesses, politicians, community groups, fire companies, more politicians, babies in strollers, and lots of dogs on leashes. All strolled down River Road from Potomac Elementary School to Falls Road before falling out of formation to enjoy activities set up in the shopping centers on both sides of Falls Road.

"It's a political year so there are more candidates," said Jennifer Matheson, from Potomac Chamber of Commerce, the day's sponsor. "Politicians like to walk and wave."

Walk and wave they did. The parade lasted close to two hours, but the weather was perfect and viewers seemed enthusiastic, espe-

cially the children who scrambled for candy treats thrown by parade participants.

"I've lived in Potomac for 45 to 50 years and I've been to a few [parades]," Phyllis Weltz said. "But the weather makes this the best parade ever. It's good seeing my neighbors, people are so happy. It makes me feel good that I live here."

Among those leading the parade were the Chamber of Commerce's citizens of the year.

Each year the chamber selects four awardees: Youth of the Year, Citizen of the Year, Business Person of the Year and one Family of the Year to act as grand marshals of the Parade.

Harrison Smith, a senior at Landon School, is the Youth of the Year for 2017. Harrison is an excellent student, an athlete, musician and a self-avowed "science nut." But he also helps the com-

SEE POTOMAC DAY, PAGE 4



Leila Cabib sketches a 1960 Triumph TR 3 at the Classic Car Show during Potomac Day.



Abigail McClellan, 14 months, get the feel of a 1960 Triumph TR 3 at the Classic Car Show during Potomac Day activities.

PHOTOS BY PEGGY MCEWAN/THE ALMANAC



November 18, 2017 – January 1, 2018

- NEW- ICE! featuring *Rudolph the Red-Nosed Reindeer*
- NEW- Rudolph's Holly Jolly™ Breakfast
- NEW- JOY, A Holiday Spectacular live atrium show and indoor snowfall
- Discover the ultimate Christmas getaway just minutes away in National Harbor
- Lavish Christmas décor, twinkling holiday lights and ice skating
- Build-A-Bear Workshop® & Scavenger Hunt
- Gingerbread Decorating Corner & much more!

GAYLORD NATIONAL'S  
*Christmas ON THE Potomac*  
NATIONAL HARBOR, MD

Packages from \$219\* including UNLIMITED PRIORITY ENTRY to ICE!

Book early for best availability!

CHRISTMASONTHEPOTOMAC.COM (301) 965-4000

\*See website for details. Restrictions apply. PEPSI, PEPSI-COLA and the Pepsi Globe are registered trademarks of PepsiCo, Inc. Rudolph the Red-Nosed Reindeer and all related elements © & ™ under license to Character Arts, LLC. © Build-A-Bear Workshop, Inc. Used with permission. All rights reserved. FUJIFILM and INSTAX are trademarks of FUJIFILM Corporation and its affiliates. © 2017 FUJIFILM North America Corporation. All rights reserved.

PRESENTED BY  
FUJIFILM  
instax

ICE! PRESENTED BY  
pepsi

THE CONNECTION  
Newspapers & Online

UPCOMING EDITIONS

OCTOBER

10/11/2017.....HomeLifeStyle  
10/18/2017.....A+ Camps & Schools  
10/25/2017.....Connection Families  
10/25/2017.....Election Preview

NOVEMBER

11/1/2017.....Wellbeing  
11/8/2017.....HomeLifeStyle  
11/15/2017.....A+ Camps & Schools

Email SALES@CONNECTIONNEWSPAPERS.COM for more specials, digital advertising options and pricing.



Have The Connection emailed directly to you every week!

www.connectionnewspapers.com/subscribe

LOCAL MEDIA  
CONNECTION  
Newspapers & Online  
703-778-9431  
www.ConnectionNewspapers.com

Reaching Suburban Washington's Leading Households

- Alexandria Gazette Packet
- Arlington Connection
- Burke Connection
- Centre View
- Chantilly Connection
- Fairfax Connection
- Fairfax Station/Oldtown/Lorton Connection
- Great Falls Connection
- McLean Connection
- Mount Vernon Gazette
- Oak Hill/Henderson Connection
- Potomac Almanac
- Reston Connection
- Springfield Connection
- Vienna/Dakota Connection



Adopt/Donate/Volunteer

www.lostdogandcatrescue.org



# Potomac Day



PHOTOS BY DEBORAH STEVENS/THE ALMANAC

Spectators watch the fire engine pass by.



Peter Michael, Spencer Hewitt, Ryan Seymour, Jason T. Wong, Pack 773, Potomac Methodist Church



Madelyn Acadia with Ernie from Squeals on Wheels



Anand Bhogal and Ardan Wang on the climbing wall.



Ginny Sorley, Edie Wingate, Selby McPhee, Bethanny Gertzog, Martha Johnson, Ralph Buglass, Karin Currie, and Margaret Vogel.



Elena, Adam, Miles and Annabel Kochman



## Potomac Day

FROM PAGE 2

munity by preparing Thanksgiving food baskets and working, with his family, at a women's shelter. He has also helped many outside the area by volunteering by assembling care packages for victims of hurricanes Harvey and Irma.

Dr. John Sever was selected Citizen of the Year. Sever, a long time Potomac resident who now lives in King Farm, was a driving force in getting the Rotary Club to adopt the eradication of polio in the world as part of its 3-H Health, Hunger and Humanity program. That was in 1978. His goal, and that of Rotary clubs, is very close to being achieved.

The Business Person of the Year award goes to James McWhorter and his wife Yasmin Abadian, owners of the former River Falls Market, now The Market at River Falls. McWhorter started Community First Day in which on the first day of the month 25 percent of the market's proceeds go to a local charity.

Grand marshals, the Freishtat family, Rob and Jamie, plus children Luke, Max and Nate, are honored for their commitment to the people of Haiti.

Rob and Jamie, both physicians, became involved with the people of Haiti after the 2010 earthquake.

They immediately fell in love with the country and the people and have been back several times, Rob Freishtat told the Potomac Almanac in an earlier interview.

On one trip, in 2013, Rob Freishtat cared for an almost two-year-old boy abandoned in the hospital suffering from dehydration and starvation. During the weeks of hospital care, Rob became attached to the boy, Louiken, and the family decided to adopt him. Now known as Luke, he officially became a member of the family in December 2015.

As the parade ended, the usually busy intersection of River and Falls roads was quiet. Police had yet to open the roads to through traffic. Pedestrians crossed with ease as they made their way to the booths and activities set up in the parking lots of Potomac Village Shopping Center and Potomac Place.

Caroline Schneider, 14, and Caroline Kohler, 14, picked up their drinks and headed for the rides.

"It was good," Caroline Kohler said. "I liked the free stuff: popcorn, candy and we got gift cards from Sprinkles Ice Cream."

Caroline Schneider said she liked the Boy Scouts and Girl Scouts marching in the parade and the dogs and horses.

"All the free stuff, that's a plus," she said.



PHOTO BY PEGGY McEWAN/THE ALMANAC

**Girl Scouts from Wayside Elementary School march in the annual Potomac Day parade Saturday.**



PHOTO BY PEGGY McEWAN/THE ALMANAC

**Potomac Day visitors pet Bert and Ernie, alpacas from Squeals on Wheels.**



PHOTO BY DEBORAH STEVENS/THE ALMANAC

**Robert Hansen, Dr. John Sever, Citizen of the Year, and his wife Gerane Sever**



PHOTO BY DEBORAH STEVENS

**Susie and Win Redmond with their 1967 442 Oldsmobile**



PHOTO BY DEBORAH STEVENS

**Sherri Grove with Heartland Home Foods**



PHOTO BY DEBORAH STEVENS

**Harrison Smith: Youth of the Year**



PHOTO BY DEBORAH STEVENS

**Marlyn Orrego as Luna the Toothfairy from Amy Light Pediatric Dentistry.**

## POTOMAC ALMANAC

[www.PotomacAlmanac.com](http://www.PotomacAlmanac.com)

Newspaper of Potomac  
A Connection Newspaper

An independent, locally owned weekly newspaper delivered to homes and businesses.

1606 King Street  
Alexandria, Virginia 22314

Free digital edition delivered to your email box. Go to [connectionnewspapers.com/subscribe](http://connectionnewspapers.com/subscribe)

### PUBLISHER

Mary Kimm  
[mkimm@connectionnewspapers.com](mailto:mkimm@connectionnewspapers.com)  
[@MaryKimm](https://twitter.com/MaryKimm)

### EDITORIAL

PHONE: 703-778-9415

E-MAIL:

[almanac@connectionnewspapers.com](mailto:almanac@connectionnewspapers.com)

### EDITOR

Steven Mauren, 703-778-9415  
[smauren@connectionnewspapers.com](mailto:smauren@connectionnewspapers.com)

### ASSISTANT EDITOR

Mike Salmon  
[msalmon@connectionnewspapers.com](mailto:msalmon@connectionnewspapers.com)

### CONTRIBUTING WRITERS

Susan Belford, Carole Dell,  
Cissy Finley Grant, Carole Funger,  
Colleen Healy, Kenny Lourie,  
Peggy McEwan, Ken Moore

### Contributing Photographers

Harvey Levine, Deborah Stevens

### Art/Design:

Laurence Foong, John Heinly,  
Ali Khaligh

### Production Manager

Geovani Flores

### ADVERTISING

For advertising information  
[sales@connectionnewspapers.com](mailto:sales@connectionnewspapers.com)  
703-778-9431

### ACCOUNT EXECUTIVES

Display Advertising:  
**Kenny Lourie** 301-325-1398  
[klourie@connectionnewspapers.com](mailto:klourie@connectionnewspapers.com)

### Debbie Funk

National Sales & real Estate  
703-778-9444  
[debfunk@connectionnewspapers.com](mailto:debfunk@connectionnewspapers.com)

### David Griffin

Marketing Assistant  
703-778-9431  
[dgriffin@connectionnewspapers.com](mailto:dgriffin@connectionnewspapers.com)

### Jerry Vernon

Executive Vice President  
703-549-0004  
[jvernon@connectionnewspapers.com](mailto:jvernon@connectionnewspapers.com)

### CIRCULATION

[circulation@connectionnewspapers.com](mailto:circulation@connectionnewspapers.com)

**Potomac Almanac is published by Local Media Connection LLC**

**Five Time First Place Award-Winner Public Service**  
MDDC Press Association

**Four Time Newspaper of the Year**  
An Award-winning Newspaper in Writing, Photography, Editing, Graphics and Design





PHOTO BY MONTGOMERY COUNTY FIRE AND RESCUE

## Fire Displaces Family

Montgomery County Fire and Rescue identified the likely cause of the Oct. 22 house fire on Horseshoe Lane as electrical in nature. The fire started in the attic; the family was displaced.

## Advice for Seniors

### Resource fair on Oct. 27.

Montgomery County Councilmember Sidney Katz, who represents Council District 3, which includes Gaithersburg, Rockville, Washington Grove, Leisure World and parts of Aspen Hill, Derwood, North Potomac and Potomac, will host a Senior Forum and Resource Fair at the Activity Center at Bohrer Park, 506 S. Frederick Ave., Gaithersburg, at 9:30 a.m. on Friday, Oct. 27.

The program will focus on recognizing the signs of elder abuse, protecting seniors from scams, and ways for seniors to volunteer. It will be accompanied by a resource fair showcasing an array of service providers to seniors.

The Senior Forum and Resource Fair are free and open to the public. The resource fair will open at 9:30 a.m., with speakers beginning at 10 a.m. Residents do not have to be a member of the Activity Center at Bohrer Park to attend.

Katz, the former Mayor of Gaithersburg, serves on the Public Safety (PS) Committee as its lead member for Behavioral Health in the Justice System. The PS Committee has jurisdiction over the county's consumer protection programs and public safety issues affecting seniors.


The following experts will be speaking starting at 10 a.m.:

- ❖ John McCarthy, the Montgomery County State's Attorney
- ❖ Eric Friedman, director of the Montgomery County Office of Consumer Protection
- ❖ Gretchen Zekiel, Senior Fel-

low/Program Manager, 50+ Volunteer Network, Montgomery County Volunteer Center.

Representatives from community-serving organizations will have information and materials for attendees. Organizations include:

- ❖ Aspire Counseling
- ❖ City of Gaithersburg, Benjamin Gaither Center (formerly Gaithersburg Upcounty Senior Center)
- ❖ Conflict Resolution Center of Montgomery County
- ❖ EveryMind
- ❖ Jewish Coalition Against Domestic Abuse
- ❖ Jewish Social Service Agency
- ❖ Maryland Consumer Rights Coalition
- ❖ Maryland Office of the Attorney General, Consumer Protection Division
- ❖ Montgomery College Lifelong Learning Institute
- ❖ Montgomery County Board of Elections
- ❖ Montgomery County Department of Health and Human Services, Aging & Disability Services
- ❖ Montgomery County Fire and Rescue Service
- ❖ Montgomery County Public Libraries
- ❖ Montgomery County Recreation
- ❖ Montgomery County Police Department, Keeping Seniors Safe
- ❖ Montgomery County State's Attorney
- ❖ Montgomery County Volunteer Center, 50+ Volunteer Network
- ❖ NAMI Montgomery County
- ❖ Rockville Senior Center
- ❖ Senior Connection
- ❖ The Village at Rockville



The Potomac Chamber of Commerce Presents

## Annual Awards Dinner

November 16, 2017 Six O'clock, pm  
Normandie Farm Restaurant

Honoring:

Citizen of the Year <b>Dr. John Sever</b>	Business Person of the Year <b>James McWhorter</b>	Youth of the Year <b>Harrison Smith</b>
--	---	--

---

### Annual Awards Dinner

Please respond by Friday, November 10, 2017

Mr./Ms. \_\_\_\_\_

Phone No: \_\_\_\_\_ Email: \_\_\_\_\_

\_\_\_\_\_ Number of Individual attendees-\$58.00 per Person.  
 \_\_\_\_\_ I am unable to attend.  
 Please choose a dish for each individual:  
 \_\_\_\_\_ # of Chicken "Coq Au Vin"  
 \_\_\_\_\_ # of Seared Barramundi w/ Almonds Meuniere (or)  
 \_\_\_\_\_ # Roasted Vegetable Plate

Make Checks payable to: **The Potomac Chamber of Commerce, Inc.**  
 PO Box 59160, Potomac, MD 20859 • 301-299-2170

Illustration Community Service National History Day Astronomy Chorus Tennis Dance Ensemble Government Spanish Experiential Education Track Management Model UN National Spelling Bee Writing Economics Sculpture Robotics Soccer Politics Astronomy Bee Swimming Math Day Class Mayor Capstone Basketball Marine Biology

## CHALLENGE ACCEPTED

## PASSIONS DISCOVERED

Community Service National History Day Entrepreneurship Ensemble Girl Up Experiential Education Track Astronomy Chorus Tennis Dance Ensemble Government

# BULLIS

www.bullis.org Bullis School @BullisSchool  
 Grades K-12 | Potomac, MD | (301) 299-8500

**Come visit our school on October 29th at 1pm**



## Popular Tech Items for Your Smart Home Kitchen



photo: Amazon.com

Smart home technology began as something entertaining to talk about or watch in the movies. But more and more we are seeing homeowners integrate many of the smart home technology products available on the market today. What are some of the products that we are seeing being used?

### Amazon Dash Wand

With the Amazon Dash Wand, not only can you scan items in the kitchen to add them to your shopping list, but you can also ask Alexa to order things, read out recipes or even convert measurements.

### Samsung Family Hub Refrigerator

Samsung's smart fridges come with a giant touchscreen that will display your calendar, let you play music, and let you order new groceries when you're running low.

### GeniCan

GeniCan sits with your garbage can to make sure you never forget the groceries you need. To add items to a shopping list, you simply swipe the item's barcode on GeniCan's barcode reader. You can then find the item added to a list on the GeniCan app on your smartphone.



Russ Glickman, founder of Glickman Design Build, is a Master Certified Remodeler and Certified Aging in Place Specialist. The award-winning Glickman Design Build team has completed thousands of general remodeling and accessible design projects in the Metro DC area and is passionate about the work they do. Their work has been featured in a variety of publications.

Visit [GlickmanDesignBuild.com](http://GlickmanDesignBuild.com) or call 301.444.4663 to learn more.

## ENTERTAINMENT

Submit entertainment announcements at [www.connectionnewspapers.com/Calendar/](http://www.connectionnewspapers.com/Calendar/). The deadline is noon on Friday. Photos/artwork encouraged.

### ONGOING

**WWI Art on Display.** Through Oct. 31, various times at the Olney Library, 3500 Olney-Laytonsville Road. The display, provided by the Maryland Library Association, includes five paintings by Bob Horvath of WWI airplanes. The paintings are on loan from the U.S. Air Force Museum in Washington, D.C. For more information contact Clotilde Puertolas by email at [Clotilde.Puertolas@montgomerycountymd.gov](mailto:Clotilde.Puertolas@montgomerycountymd.gov).

**Townscapes: Sketching as a Way of Life.** Through Dec. 2, 1:30-4:30 p.m. at the VisArts Center, 155 Gibbs St., Rockville. Class will be sketching in the blocks surrounding VisArts, weather permitting. In inclement weather, sketching is done inside. Saturday classes. Call 301-315-8200.

### WEDNESDAY/OCT. 25

**Meet the Interior Designers.** 11 a.m.-noon at 9004 Congressional Court. Professionals in the fields of design/build, architecture, kitchen and bath and interior design. Featuring Christopher Patrick, [www.christopherpatrickinteriors.com](http://www.christopherpatrickinteriors.com); Nancy Twomey, [www.finniansmoon.com](http://www.finniansmoon.com); and Shawna Underwood, [www.sunderwooddesign.com](http://www.sunderwooddesign.com). All panel discussions will be held in the DC Design House's Ballroom on the lower level and are free with the purchase of a \$35 ticket to tour the house.

### FRIDAY/OCT. 27

**Afternoon Movie.** noon-2 p.m. at Potomac community Center, 11315 Falls Road. Potomac Community Village presents "Smokey Joe's Cafe," celebrating songs of Leiber and Stoller, including "Fools Fall In Love," "Yakety Yak," "Charlie Brown," "Hound Dog," "Love Potion #9," "Stand By Me," "Spanish Harlem," and "Kansas City." Free. Call 240-221-1370 or visit [www.PotomacCommunityVillage.org](http://www.PotomacCommunityVillage.org).

### SATURDAY/OCT. 28

**Cars 'N Coffee/Bethesda.** 8-10 a.m. at parking lot, 10327 Westlake Drive right behind Montgomery Mall. Final event of the season. Visit [www.meetup.com/Cars-N-Coffee-Bethesda](http://www.meetup.com/Cars-N-Coffee-Bethesda).

**Light of Unity Festival.** 4-5:30 p.m. at the Hanover at Shady Grove Club House, 9300 Corporate Blvd., Rockville. Light of Unity Festival is a series of activities generated at the grassroots level all around the



## Art Exhibit

**Students of Gavin Glakas, an artist from Bethesda, are part of the Student Art Exhibition, Oct. 28-29, at The Yellow Barn Studio & Gallery, Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Call 240-626-4981 or email [alex.bartman@outlook.com](mailto:alex.bartman@outlook.com).**

ART BY  
GAVIN GLAKAS

country, which reinforce Baha'u'llah's vision of the oneness of humanity. \$200. Email 240-508-6689 or visit [bahai.org](http://bahai.org).

### OCT. 28-29

**Student Art Exhibition.** Various times at The Yellow Barn Studio & Gallery, Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Students of Gavin Glakas, an artist from Bethesda. Call 240-626-4981 or email [alex.bartman@outlook.com](mailto:alex.bartman@outlook.com).

### SUNDAY/OCT. 29

**National Philharmonic Chamber Concert.** 3 p.m. at the John Kendall Recital Hall, Takoma Park, 7711 Eastern Ave. Potter Violins performing the works of Hugo Wolf, Gabriela Lena Frank, Hamza El Din and Antonin Dvořák. \$20. Visit [classicalmusicconcert.org](http://classicalmusicconcert.org).

**Meet the WWI Author.** 3-4:45 p.m. at the Olney Library, 3500 Olney-Laytonsville Road. Judith Welles, author of the book, "Cabin John: Legends and Life of an Uncommon Place," will present a program called "The Grit and Gusto: Farmerettes and Suffragettes on the Homefront in WWI," on how women in Maryland rallied to support the farms when men were called to serve during WWI. Contact Clotilde Puertolas by email at [Clotilde.Puertolas@montgomerycountymd.gov](mailto:Clotilde.Puertolas@montgomerycountymd.gov).

**Zoe Mulford in concert.** 7 p.m. at Focus Bethesda at Positano's

Restaurant, 4948-4940 Fairmont Ave., Bethesda. \$15-18. Call [www.focusmusic.org](http://www.focusmusic.org).

**Sound of Music in Concert.** 4 p.m. at Dekelboun Concert Hall, The Clarice Smith Performing Arts Center, 8270 Alumni Drive, College Park. Including the original 1959 symphonic orchestrations by Robert Russell Bennett. Call 301-405-2787.

### MONDAY/OCT. 30

**Empty Bowls Soup Lunch Tour.** 11 a.m.-1:30 p.m. at Hyatt Regency Bethesda, One Bethesda Metro Center, Bethesda. At each lunch, about 300 guests will taste unlimited soups from local restaurants, and choose a handcrafted bowl to take home. \$35, benefit for the Capital Area Food Bank. Visit [capitalareafoodbank.org/empty-bowls](http://capitalareafoodbank.org/empty-bowls).

### NOV. 2-5

**Lessans Family Annual Book Festival.** Bender JCC of Greater Washington, 6125 Montrose Road, Rockville. The Festival will kick-off with our opening event featuring the bestselling author, Jennifer Weiner. Call 301-881-0100.

### FRIDAY/NOV. 3

**Artists Reception.** 6-9 p.m. at Artists & Makers Studios 2 at 12276 Wilkins Ave., Rockville. "Alternative Evolution" in the main gallery with Eric Celarier, "Magic Symmetry" with

Peter Swift, and "Show Us Your Best Shot" with the Montgomery County Camera Club. Call 240-437-9573 or visit [www.artistsandmakersstudios.com](http://www.artistsandmakersstudios.com).

### SUNDAY/NOV. 5

**Rockville 10K/5K.** 8:30 a.m. at King Farm Village Center, King Farm Boulevard and Pleasant Drive, Rockville. Annual race. Visit [www.rockville10k5k.com](http://www.rockville10k5k.com).

**Digestion Author.** 3 p.m. at Bethesda Jewish Congregation, 6601 Bradley Blvd., Bethesda. Dr. Robynne Chutkan, an integrative gastroenterologist and bestselling author whose 25 year-long medical practice has yielded Gutbliss — a commonsense approach to "healing your gut from the inside out." Call 301-469-8636, email [admin@bethesdajewish.org](mailto:admin@bethesdajewish.org), or visit [www.bethesdajewish.org](http://www.bethesdajewish.org).

### WEDNESDAY/NOV. 8

**Students Performance.** 8 p.m. at Montgomery College, 51 Mannakee St., Rockville. Student artists will come together to present what the American Dream means to them through music, dance, and theatre performance in "My aMeriCa: Perspectives on the American Dream." Visit [www.montgomerycollege.edu/pac](http://www.montgomerycollege.edu/pac).

### SATURDAY/NOV. 11

**National Philharmonic Orchestra.** 8 p.m. at the Strathmore, 5301 Tuckerman Lane, North Bethesda. Performance includes three of Villa-Lobos's Bachianas Brasileiras, followed by J. S. Bach's Magnificat, featuring soprano Danielle Talamantes; mezzo-soprano Magdalena Wór; tenor Matthew Loyal Smith; and baritone Kerry Wilkerson. \$25-\$82 and are free for age 7-17. Visit [nationalphilharmonic.org](http://nationalphilharmonic.org) or call 301-581-5100.

### NOV. 11-12

**Student Art Exhibition.** Various times at The Yellow Barn Studio & Gallery, Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Students of Gonzalo Ruiz Navarro, a still-life artist from Spain. Call 240-626-4981 or email [alex.bartman@outlook.com](mailto:alex.bartman@outlook.com).

### SUNDAY/NOV. 12

**Annual Artisan Marketplace.** 11 a.m.-4 p.m. at the Silver Spring Civic Building, 1 Veterans Place, Silver Spring. Crafts, jewelry, food gifts and fine art from women who bring their cultural traditions to life. With every purchase, this helps give the gift of

## We Bring the Zoo to You!

# SQUEALS

# N WHEELS

## Traveling Petting Zoo

[www.squealsonwheels.us](http://www.squealsonwheels.us)

301-765-0270

We are licensed by the United States Department of Agriculture and Insured

[jill@squealsonwheels.us](mailto:jill@squealsonwheels.us)

**Thinking about "aging in place" in the Potomac home you love?**

Look for our newsletter and brochure in the Potomac Library entry area

plus... **Free Movie: Smokey Joe's Café**  
Fri. Oct 27, noon, Potomac Community Center

**Author Talk Lunch & Learn**  
Friday, Nov. 3, 12:30, Potomac Library

details at 240-221-1370

[www.PotomacCommunityVillage.org](http://www.PotomacCommunityVillage.org)



# ENTERTAINMENT

empowerment to a woman pursuing her dreams. Visit [www.ewint.org](http://www.ewint.org).

**Students Performance.** 2 p.m. at Montgomery College, 51 Mannakee St., Rockville. Student artists will come together to present what the American Dream means to them through music, dance, and theatre performance in "My aMeriCa: Perspectives on the American Dream." Visit [www.montgomerycollege.edu/pac](http://www.montgomerycollege.edu/pac).

## DEADLINE NOV. 16

**Rockville's Annual Food Drive.** 5 p.m. at Rockville Community Center, 111 Maryland Ave., Rockville. Find a list of food requested by the drive, a list of holiday food items needed and more information at [www.rockvillemd.gov/holidaydrive](http://www.rockvillemd.gov/holidaydrive).

## SATURDAY/NOV. 18

**Dinner of Champions.** 7 p.m. at JCC of Greater Washington, 6125 Montrose Road, Rockville. The annual event honors those who have achieved success in the world of sports, and those who have made extraordinary contributions to the community. The dinner benefits the Jewish Community inclusion programs for individuals with special needs. Individual tickets are \$275. Visit [www.jccgw.org](http://www.jccgw.org).

## THURSDAY/NOV. 23

**Turkey Chase.** 8:30 a.m. at 9401 Old Georgetown Road at Spruce Street. The Turkey Chase 10K Run benefits the YMCA Bethesda-Chevy Chase, YMCA's Youth and Family Services and the Bethesda-Chevy Chase Rotary Club Foundation. Includes a two-mile walk/run; wheelchairs

## HALLOWEEN FUN

### FRIDAY/OCT. 27

#### MyGym Halloween Party.

Various times at My Gym Potomac, 11325 Seven Locks Road. Four party times: 11:30-12:30 p.m., 4:15-5:15 p.m., 5:30-6:30 p.m., 6:45-7:45 p.m. Members \$15, non-members \$20; siblings get 20 percent off. Call 301-983-5300 or visit [www.mygym.com/potomac](http://www.mygym.com/potomac).

### SATURDAY/OCT. 28

#### Halloween Masquerade.

6-10 p.m. at Holiday Park Senior Center, 3950 Ferrara Drive, Wheaton. For ages 15 and up with disabilities. Costumes recommended for this annual, Therapeutic Recreation

Halloween dance. \$10. Call 240-777-6870.

### SUNDAY/OCT. 29

**Haunted House.** 4-6 p.m. at the Clara Barton Community Center, 7425 MacArthur Blvd. Fortune tellers, zombies, games of nerve and steel. Visit [www.FriendsCBCC.org](http://www.FriendsCBCC.org) or call 240-777-4910.

### TUESDAY/OCT. 31

**Halloween Party.** 6-8 p.m. at Scotland Community Recreation Center, 7700 Scotland Drive. All are welcome to enjoy candy, a movie, crafts and games. Free. Call 240-777-8075 for more.

## Halloween Fun at St. James'

Halloween FunFest and Trunk or Treat will take place on Saturday Oct. 28, 6-10 p.m. at St. James' Episcopal Church. Admission is \$5 each, \$20 family maximum. Besides children's activities, there will also be warm cider, cold lemonade and popcorn. Regarding costumes: be creative, but exercise discretion. The indoor FunFest is for all age groups.

❖ Haunted Catacombs is 6-8 p.m.

❖ Trunk or Treat is 6-9 p.m.

❖ Costume Parade is 7-7:15 p.m.

❖ Spooky Organ Concert is 7:30-7:45 p.m.

The church is located at 11815 Seven Locks Road, Potomac; just south of Montrose Road (between Montrose Road and Tuckerman Lane). There is a Ride-On Bus (Route #47) stop at the Church driveway. Call 301-762-8040 or visit [stjamespotomac.org](http://stjamespotomac.org).

welcome. Registration is \$10 for the Kid's Run, \$20 for the 2 mile race,

and \$35 for the 10K. See [www.turkeychase.com](http://www.turkeychase.com).



ART + FASHION + DESIGN

100 Jury Selected Contemporary Artists & Designers

**HYATT REGENCY CRYSTAL CITY**

**THIS WEEKEND TWO DAYS ONLY**

**SPECIAL \$5 GOURMET BOX LUNCH OFFER**  
-See Website

**AMERICAN FINE CRAFT SHOW WASHINGTON**  
Formerly at Convention Center & DC Armory

**CraftShowDC.com**

**OCT. 28-29 3RD YEAR**

CHILDREN UNDER 12 FREE  
CASH ONLY AT BOX OFFICE

**BUY TICKETS ONLINE & SAVE**



**WASHINGTON INTERNATIONAL HORSE SHOW**

**OCT 24-29, 2017**  
CAPITAL ONE ARENA

**WORLD-CLASS SHOW JUMPING**  
**ENTERTAINING EXHIBITIONS**  
**FUN FOR THE ENTIRE FAMILY**

**TICKETS START AT \$20** FOR SELECTED NIGHTS.  
CHILDREN 12 AND UNDER FREE FOR DAYTIME SESSIONS.  
DISCOUNTS FOR GROUPS, MILITARY, STUDENT AND SENIORS.

**FOR MORE INFORMATION GO TO WIHS.ORG**

TICKETS AVAILABLE AT [TICKETMASTER.COM](http://TICKETMASTER.COM)

**LONGINES**

b Yearbook Student Ambassador "It's Academic" Engineering Astronomy Club STEM Track & Field Student Newspaper Drawing Clarinet Lacrosse Painting Piano Conduct Review Board Jazz Band UNICEF club Yearbook Student Ambassador "It's Academic" Engineering Astronomy Club STEM T Math Day Basketball French Capstone Journalism Project-Based Learning Online Learning Spanish String Ensemble Cheerleading Student Tutors Climbing Geo Bee National History Day Calculus Art Model UN National Spelling Bee Writing Violin Anatomy Swimming Class Mayor Martial Arts Intmaking Sculpture Soccer Robotics Politics Art Trumpet Graphic Design Basketball Chamber S bial Studies Track & Field Fencing Poetry Habitat for Humanity Football Girl Up Jazz Workshop T nunity Service Ceramics Flute National Honor Society Peer Mentors Experiential Education GSA Entrepreneurship Club Field Hockey Theater & Improv Sound Design Politics Chorus Tennis Chinese gement atomy nce Fair emistry itball Engineering ing Photography kClimbing Health dent Newspaper Drawing Clarinet Lacrosse Painting Piano Conduct Review Board Jazz Band M IICEF club Yearbook Student Ambassador "It's Academic" Engineering Astronomy Club STEM Tra h Day Basketball French Capstone Journalism Project-Based Learning Online Learning Spanish F ing Ensemble Cheerleading Student Tutors Climbing Geo Bee National History Day Calculus Art S ing Sculpture Soccer Robotics Politics Art Trumpet Graphic Design Basketball Chamber Singers idies Track & Field Fencing Poetry Habitat for Humanity Football Girl Up Jazz Workshop Tech Clu

**CHALLENGE ACCEPTED**

**PASSIONS DISCOVERED**

**BULLIS**

[www.bullis.org](http://www.bullis.org) Bullis School @BullisSchool  
Grades K-12 | Potomac, MD | (301) 299-8500

**Come visit our school on October 29th at 1pm**



# Potomac REAL ESTATE

PHOTOS BY DEB STEVENS/THE ALMANAC

## August, 2017 Sales, \$915,000~\$1,050,000

IN AUGUST 2017, 60 POTOMAC HOMES SOLD  
BETWEEN \$3,750,000-\$541,000.



6 12315 Overpond Way — \$983,500



4 11705 Split Tree Circle — \$1,040,000



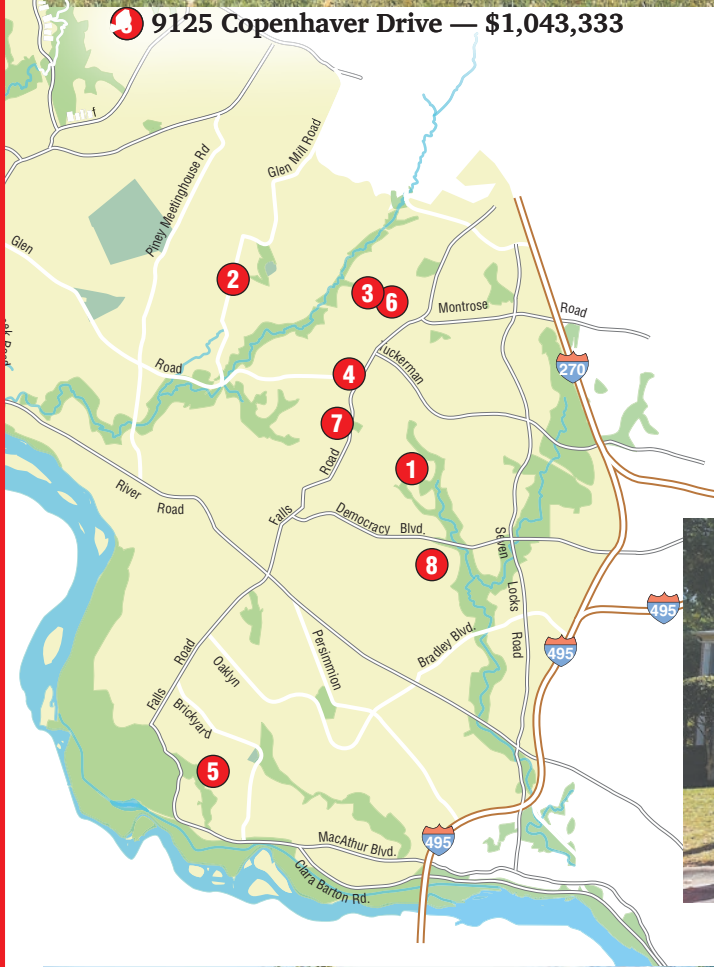
7 9401 Sunnyfield Court — \$960,000



8 8517 Warde Terrace — \$915,000



3 9125 Copenhaver Drive — \$1,043,333



5 7726 Laurel Leaf DR — \$995,000

Address.....	BR..	FB	HB	Postal	City...	Sold Price...	Type .....	Lot AC .	Postal Code.....	Subdivision.....	Date Sold
1 8745 HICKORY BEND TRL.....	5.....	4...	1....	POTOMAC	...	\$1,050,000	.....Detached...	0.29	.....20854	.....FOX HILLS.....	08/01/17
2 12405 GLEN MILL RD.....	6.....	5...	2....	POTOMAC	...	\$1,050,000	.....Detached...	0.69	.....20854	.....GLEN MEADOWS	08/04/17
3 9125 COPENHAVER DR.....	6.....	4...	1....	POTOMAC	...	\$1,043,333	.....Detached...	0.35	.....20854	.....COPENHAVER.....	08/15/17
4 11705 SPLIT TREE CIR.....	5.....	3...	1....	POTOMAC	...	\$1,040,000	.....Detached...	0.44	.....20854	.....WINTERSSET.....	08/01/17
5 7726 LAUREL LEAF DR.....	6.....	5...	0....	POTOMAC	...	\$995,000	.....Detached...	0.36	.....20854	.....FAWSETT FARMS MANOR	08/08/17
6 12315 OVERPOND WAY .....	5.....	3...	1....	POTOMAC	...	\$983,500	.....Detached...	0.26	.....20854	.....COPENHAVER.....	08/29/17
7 9401 SUNNYFIELD CT.....	4.....	4...	1....	POTOMAC	...	\$960,000	.....Detached...	0.31	.....20854	.....BEDFORDSHIRE.....	08/25/17
8 8517 WARDE TER.....	4.....	4...	1....	POTOMAC	...	\$915,000	.....Detached...	0.46	.....20854	.....MCAULEY PARK.....	08/31/17

COPYRIGHT 2017 MARKETSTATS FOR SHOWINGTIME. SOURCE: BRIGHT MLS AS OF SEPTEMBER 19, 2017.



# County Launches Annual Flu Vaccination Campaign

Montgomery County Health officials have set the dates for the annual flu vaccination campaign and urged residents to get a flu vaccination. Seasonal flu will also be circulating in the fall and winter and can cause serious illness.

Seasonal flu vaccinations will be available through private health providers, as well as at retail locations throughout the community. County-sponsored seasonal flu vaccination clinics will be held beginning in late October. Check the County's flu website at [www.montgomerycountymd.gov/flu](http://www.montgomerycountymd.gov/flu) for information on flu vaccination. Anyone not wanting to get the flu should receive the seasonal flu vaccination, particularly the elderly, household members living with children younger than six months of age, health care workers and individuals with chronic illnesses.

Flu shots will be available to in-

dividuals 6 months of age and older; schedule appointments on the county's website or call 311.

❖ Monday, Oct. 30, 4:30 to 7:30 p.m.

Universities at Shady Grove 9630 Gudelsky Drive Rockville

For anyone 6 months of age and older. By appointment only. There is no charge for vaccinations (at this site only). Flu shots only will be available. There will be no FluMist. Paid visitor parking is available in the Traville Gateway Garage or Shady Grove Garage. The clinic is a partnership between Montgomery County Health and Human Services and the University of Maryland System.

There will be three free flu shot clinics for healthy, school aged children (ages 3 to 18 years) by appointment only. Flu Mist will not be available.

Schedule appointments on the County's website at

[www.montgomerycountymd.gov/flu](http://www.montgomerycountymd.gov/flu) or call 311.

❖ Thursday, Nov. 9, 1:30 – 4:30 p.m.

Kennedy High School, 1901 Randolph Road Silver Spring

Northwest High School 13501 Richter Farm Road, Germantown

Rockville High School 2100 Baltimore Road Rockville

There will be flu shot clinics for

anyone six months of age and older. No appointment necessary. There will be a \$20 fee for each flu shot payable by cash or credit card. Flu shots only will be available. There will be no FluMist. A parent or legal guardian must accompany children under the age of 18.

❖ Monday, Nov. 13, 8:30 a.m. to 4:00 p.m. (closed for lunch

noon to 1 p.m.)

Germantown Health Center 12900 Middlebrook Road, 2<sup>nd</sup> floor, Germantown

Silver Spring Health Center 8620 Fenton Street, 10<sup>th</sup> floor, Silver Spring

For more information, visit [www.montgomerycountymd.gov/resident/flu.html](http://www.montgomerycountymd.gov/resident/flu.html) for more information.

## Drug Take-Back Day

On Saturday, Oct. 28 between 10 a.m. and 2 p.m., community members can drop off unused, unwanted, or expired prescription drugs as Montgomery County once again participates in the Washington Division of the Drug Enforcement Administration's (DEA's) National Prescription Drug Take-Back Day.

County law enforcement agencies and the Montgomery County Department of Health and Human Services Substance Abuse Prevention Office are co-sponsoring the effort.

This is a free and anonymous opportunity to dispose of unused, unwanted or expired prescription

drugs and is part of a national effort to prevent the increasing problems of prescription drug abuse and theft that continues to occur nationwide.

Drop-off locations will accept prescription drugs and over-the-counter medications only. Liquids, illicit drugs, needles, sharps and syringes cannot be accepted as part of this take-back program. Officers will staff collection boxes in the parking lot of the MCP 2<sup>nd</sup> District Police Station, 7359 Wisconsin Ave.

The returned medications on Drug Take-Back day will be incinerated, according to federal and state environmental guidelines.

## Fatal Collision Investigated

Detectives with the Montgomery County Police – Collision Reconstruction Unit are investigating a double fatal collision that occurred in Potomac.

On Wednesday, Oct. 18 at approximately 11:39 p.m., 2nd District officers and Fire and Rescue personnel responded to Democracy Boulevard at Gainsborough Road for the report of a serious personal injury collision. First responders located a 2011 Audi S4 off the roadway. It was evident the vehicle had been involved in a crash. The adult male driver and adult female passenger had died from injuries suffered in the crash.

Preliminary investigation has revealed that Kent Matthew

Brooks, 30 years old of Potomac, was driving the Audi eastbound on Democracy Boulevard, when for reasons still under investigation, the Audi left the roadway and struck a tree. Brooks had addresses in the 7800 block of Heatherton Lane in Potomac and the 1400 block of Bradley Boulevard in Bethesda. The passenger is being identified as Kathleen Michelle French, 33 years old, of the 7500 block of Heatherton Lane (not the same residence as Brooks) in Potomac.

This investigation is ongoing. Anyone with information regarding this crash is urged to contact the Collision Reconstruction Unit at 240-773-6620



Live the ultimate retirement lifestyle in the perfect location. Whether you want to relax or keep busy, we offer choices that will exceed your expectations. Ingleside at King Farm offers gracious apartment living, superior services and amenities, with the added security and peace of mind that comes with having a full continuum of health services onsite, should they ever be needed.

**Reservations are now being accepted for the upcoming addition, Gardenside! Don't miss your opportunity to take advantage of priority choice locations!**

*For more information call 240-205-8022.*

**INGLESIDE**  
AT KING FARM  
ENGAGED LIVING  
*An Ingleside Community*



701 King Farm Blvd. • Rockville, MD  
[www.inglesidekingfarm.org](http://www.inglesidekingfarm.org)



*Ingleside at King Farm is a CARF accredited, not-for-profit, continuing care retirement community.*

Ingleside at King Farm is expanding with the proposed building of 121 new independent living apartments, 32 private assisted living memory support suites, and a Center for Healthy Living subject to approval by the Maryland Department of Aging.



# 99¢ LARGE CHEESE PIZZA TUESDAYS

## TRY TOPPING THIS DEAL!

Buy Any Large Pizza and Get a  
Second Large Cheese for Only 99¢!\*

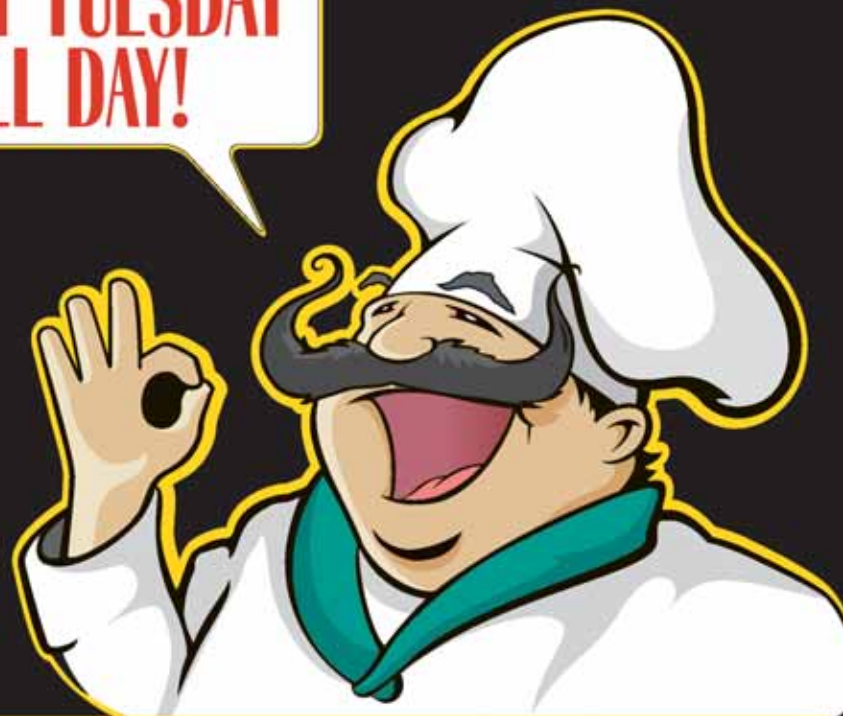
EVERY TUESDAY  
ALL DAY!

**POTOMAC PIZZA.**

[www.potomacpizza.com](http://www.potomacpizza.com)

Dine-in, Carry-out, Delivery & Catering  
Serving Our Communities Since 1978

\*Not valid with other offers • Toppings extra  
Dine-in and carry-out only • No coupon necessary



**CHEVY CHASE CENTER**  
**301 951 1127**  
19 Wisconsin Circle  
Chevy Chase, MD 20815

**COLLEGE PARK**  
**COMING SOON**  
7777 Baltimore Avenue  
College Park, MD 20740

**POTOMAC PROMENADE**  
**301 299 7700**  
9812 Falls Road  
Potomac, MD 20854

**TRAVILLE VILLAGE CENTER**  
**301 279 2234**  
9709 Traville Gateway Drive  
Rockville, MD 20850





PHOTOS COURTESY OF COUNTRY CASUAL TEAK

**Country Casual Teak employees attend the 40th Anniversary celebration at the DC Design House in Potomac. From left are: Dana Goldstein (COO), Theresa Catlin (senior contracts administrator), Kim Asner (furniture designer), Rick Fulcher (lead web and graphic designer), Homa Nowrouzi (sales and client relations manager), and Madeline Fairbanks (product development director).**

## Celebrating 40 Years

### Country Casual Teak honors its history.

A poolside soiree in Potomac was the backdrop for the 40th anniversary celebration of Country Casual Teak. Company officials and their guests sipped and nibbled as they reflected on four decades in business at the D.C. Design House pool space which was created by Kim Asner, one of the company's furniture designers.

The company's COO, Dana Goldstein says the Poolside Oasis at the Congressional Court home was, "the perfect spot to entertain guests and thank them for their support of our family-run business and share a little bit about our rich history in the Washington, DC region."

Guest viewed a big screen video that recapped the company's history followed by an evening tour of the Design House.

The DC Design House closes on Sunday, Oct. 29.

— MARILYN CAMPBELL

### BULLETIN BOARD

Submit civic/community announcements at [ConnectionNewspapers.com/Calendar](http://ConnectionNewspapers.com/Calendar). Deadline is Thursday at noon, at least two weeks before event.

#### FRIDAY/OCT. 27

**Senior Forum and Resource Fair.** 9:30 a.m. at the Activity Center at Bohrer Park, 506 S. Frederick Ave., Gaithersburg. Montgomery County Councilmember Sidney Katz will host a Senior Forum and Resource Fair which will focus on recognizing the signs of elder abuse, protecting seniors from scams, and ways for seniors to live life to the fullest through volunteering. It will be accompanied by an informational resource fair showcasing a wide range of service providers to seniors. Contact Mary Gies at 240-777-7817 or at [mary.gies@montgomerycountymd.gov](mailto:mary.gies@montgomerycountymd.gov).

#### SATURDAY/OCT. 28

**Religious Discussion.** 7 p.m. at St. Francis



**Kim Asner and Madeline Fairbanks of Country Casual Teak celebrate 40 years in business.**

Episcopal Church, 10033 River Road. Topic: "The Spiritual Fruits of the Reformation: An Ecumenical Discussion." Visit [www.stfrancispotomac.org](http://www.stfrancispotomac.org) for more.

#### THROUGH OCT. 29

**Community Service Week.** Montgomery County residents are encouraged to join the County's annual celebration of community service by volunteering for one or more of the many projects planned for the 31st annual Community Service Week. Community Service Week is organized by the Montgomery County Volunteer Center, and features many service projects at a wide range of nonprofit organizations, schools, and government agencies. Visit [www.montgomerycountymd.gov/volunteercenter/volunteers/Community-Service-Week.html](http://www.montgomerycountymd.gov/volunteercenter/volunteers/Community-Service-Week.html) to see the complete list of service projects scheduled for Community Service Week and all year round.



TO ADVERTISE IN THIS PAPER, CALL BY MONDAY 11:00 AM 703-778-9411

---

**Announcements**

**We pay top \$ for STERLING, MEN'S WATCHES, JEWELRY, COSTUME JEWELRY, FURNITURE, PAINTINGS AND CLOCKS.**

**Schefer Antiques**  
703-241-0790  
[theschefer@cox.net](mailto:theschefer@cox.net)

**Announcements**

**Your advertising resource: local touch, infinite reach**



**Biggest Value in Advertising Call Today!**  
**(855) 721-6332 x6 or 410-212-0616**

---



TO ADVERTISE IN THIS PAPER, CALL BY MONDAY 11:00 AM 703-778-9411

---

**LANDSCAPING**

**GARDENER**

Energetic gardener, Speaks French & English. Spring/Summer Cleanup, weeding, planting, edging, mulching, maintenance. Excellent Potomac references.

**301-980-8258**

**LANDSCAPING**

---

**Find us on Facebook and become a fan!**

[www.Facebook.com/connectionnewspapers](http://www.Facebook.com/connectionnewspapers)

**THE CONNECTION**  
Newspapers & Online  
The Connection to Your Community  
[www.connectionnewspapers.com](http://www.connectionnewspapers.com)

---

ATTENTION ADVERTISERS:

expand your audience beyond our weekly print edition with



**THE CONNECTION DIGITAL**

- Email Marketing
- Social Media
- Sponsored Content

FOR MORE INFORMATION CALL 703.778.9431 OR VISIT [CONNECTIONNEWSPAPERS.COM/ADVERTISING](http://CONNECTIONNEWSPAPERS.COM/ADVERTISING)

---

**THE CONNECTION** Reaching Southern Washington's Leading Households

<ul style="list-style-type: none"> <li>• Washingtonian</li> <li>• Potomac News</li> <li>• Prince Georges</li> <li>• Fairfax</li> <li>• Loudoun</li> <li>• Stafford</li> <li>• Prince Georges</li> <li>• Loudoun</li> <li>• Stafford</li> </ul>	<ul style="list-style-type: none"> <li>• Fairfax</li> <li>• Loudoun</li> <li>• Stafford</li> <li>• Prince Georges</li> <li>• Loudoun</li> <li>• Stafford</li> <li>• Prince Georges</li> <li>• Loudoun</li> <li>• Stafford</li> </ul>
--	--

## Weakened Wherewithal



By KENNETH B. LOURIE

Say that three times quickly. Heck, say it one-time slowly. And then welcome to my whirled: the world of cancer treatment and survival. A 'whirled' in which, eight years and nearly eight months post diagnosis, I continue to live, breathe and write.

Occasionally it happens, as it is happening now, that some of the most excruciating demands of being a cancer patient, occur simultaneously – or a reasonable facsimile there of. For me that means 24-hour urine collection, pre-chemotherapy lab work, chemotherapy infusion, CT Scan and then the appointment with my oncologist to discuss all the results; occurring over 13 days – with intermittent days off for good behavior.

Typically; meaning every minute, every hour, every day, every week, etc., maybe not every second, I am thinking about cancer; though I wouldn't say I'm preoccupied (others might). And of course, it's certainly understandable and reasonable to do so when every day over a fortnight, you are waiting – as we say in the sales world – "for the other shoe to drop."

Having endured this cycle over the last eight and a half years with varying regularity, I can honestly say that whatever symptoms have manifested themselves – or not – have never provided any consistent assurance that my life/life expectancy had not changed for the worse. It's not until the appointment with my oncologist occurs – or sooner if he emails me the scan results, that I learn the facts of my case.

All of that being said, as my friend Frank has often said to me: "You're in pretty good shape for the shape you're in." Don't I know it.

However, yes there's always a 'however' in the cancer-patient-surviving-against-all-odds 'whirled,' there are no guarantees. In fact, there are only two guarantees: death and taxes. The former is way too close for comfort and the latter, I'm already taxed to the hilt, emotionally. Somehow, I have to get through because "the alternative is gloomy" to quote Dr. Mobley, the doctor in Miles City who treated Augustus McCray in the epic miniseries, "Lonesome Dove." And so I try not to be gloomy.

However, there's that word again, circumstances/schedules randomly bring down the weight – and wait of my 'whirled.' These 13 days can never pass quickly enough. But that presumes a good result, which one would want to know as soon as possible. But what of a bad result, leading to an exponential increase in anxiety – and fear, ultimately leading to a treatment unknown. That I might not want to know so soon. Not that not knowing serves any point or helps coordinate the next treatment plan, I'm more afraid of hearing something I haven't heard much of since February 2009. To quote my late mother quoting somebody: "No one gets out of this life alive."

That of course is the point of this column, and the effect of having all this cancer stuff happen at the same time. I can take it, generally; as my late father used to say: "KB, I have confidence in you. You have broad shoulders." Nevertheless, I worry about the figurative straw breaking my emotional back. Cancer can do that. It did it to my mother-in-law, Peggy, where over a few days the situation went from bad to worse to finally, the worst.

Somehow, I have to compartmentalize all this negative energy and focus on the positive. And that positive turns out to be an early email from my oncologist basically saying that my lung cancer remains stable. Now we can go to my appointment on Monday "unencumbered," to once gain quote my late father. The pressure is semi off. Talk about relief.

Now maybe I can relax and try not to think about my next infusion, my next scan and my next appointment with the oncologist. There's no harm in trying, right?

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.





# Thank You

Presenting Sponsor

**COLLINS**  
INVESTMENT GROUP

Thank you to all of our wonderful sponsors and fabulous restaurants for making the 10th Annual Taste in Potomac a success!

## *Sponsors*

### **Step n' Repeat Sponsor**

ERP International, LLC

### **Platinum Sponsors**

Atlantic Valet  
M & T Charitable Foundation  
Gail & Steve Steckler

### **Gold Sponsors**

Brown Advisory  
Charities Angels  
Laura & John Elsey  
Tremelo Security, Inc.  
Varsity Investment Group

### **Silver Sponsors**

Lynn & Michael Alberti  
Calo Programs  
House of Printing  
Smiley Renovations

### **Bronze Sponsors**

AMR Commercial  
Beltway Cleaning Services  
Bethesda Magazine  
Aric & Marla Caplan  
Congressional Bank  
EuroMotors  
Jennifer Fairfax, LLC, Family Formation  
Susann Felton  
Lauren Gross & Hal Segall  
John H. Harman LLC  
Heymann, Suissa & Stone  
Kathy & Charlie Malament  
Amy & Alan Meltzer  
Stanton Phillips-Virginia Adoption Attorney  
Quality Business Solutions  
The West Institute  
Susana & Marshall Zhuo

## *Host Committee*

Roxanne & Christian David  
Kimberly & Trip Day  
Laura & John Elsey  
Tammy & Steven Goldberg  
Jill & Donnie Gross  
Sharon & Brad Kleinman  
Theresa & Brad Kline  
Leslie Lindenberg  
Jane & Mike Philips  
Monique & Chris Samuels  
Susan & Dave Savercool  
Debbie & Rory Schick  
Stephanie & Peter Schissler  
Paula Schuster  
Kim & Todd Schwartzbeck  
Randi & Paul Schweitzer  
Judy & Stuart Sebring  
Susie & Dennis Tapiero  
Debbie & Rich Waxman  
Susana & Marshall Zhuo

## *Wine Vendors*

Lanterna Wines  
Opici Family Distributing  
Paul's Wines & Spirits  
Prestige Beverage Group  
Winebow

## *Restaurants*

The Bolger Center  
Brooklyn Deli & Catering  
Cava Mezze  
Caked Up  
Fish Taco  
Gringos & Mariachis  
Hunter's Inn Bar and Grill  
Irish Inn at Glen Echo  
Java Works  
Lahinch  
Lock 72 Kitchen & Bar  
Mamma Lucia  
Not Your Average Joe's  
Nothing but Bundt Cakes  
O'Donnells Market  
Potomac Grocer  
Potomac Pizza  
Red Bandana Bakery  
Renato's at River Falls  
Sal's Italian Kitchen  
Stella Barra Pizzeria  
Sugo Osteria  
Summer House Santa Monica  
Tally Ho  
The Grilled Oyster Company  
The Market at River Falls  
Whole Foods Market  
Wild Tomato  
Zoe's Kitchen



FamilyWorks  
**Together**

**ADOPTIONS  
TOGETHER**

4061 Powder Mill Road, Suite 320 | Calverton, MD 20705 | 301-439-2900  
[www.familyworkstogether.org](http://www.familyworkstogether.org) | [www.adoptionstogether.org](http://www.adoptionstogether.org)