

Emili McPhail is crowned
Miss Arlington by the
Cecili Weber, the outgoing
Miss Arlington and
current Miss Virginia.

Crowning of Miss Arlington

NEWS, PAGE 2

Make It a Day On,
Not a Day Off

NEWS, PAGE 3

Ready for the Cold

WELLBEING, PAGE 7

All Park, No Plan?

NEWS, PAGE 4

GATHER

— to bring together from various places, sources or people —



RSVP
to join us
for a
delicious
Sunday
brunch

**The Kensington
Falls Church
Brunch Open House
January 21, 2018
noon-3:00pm**

RSVP to 703-992-9868
or conciergefs@kensingtonsl.com

JOIN US for a gathering at The Kensington for an afternoon of food, friendship and fun. Meet the bighearted team who brings smiles to the faces of our residents every day. Tickle your taste buds with the culinary delights of our talented executive chef. Explore our programs of care and enrichment that uplift morale, preserve wellness, deliver comfort and build trusted bonds.

Please, introduce yourself to us.

We continually look for opportunities to serve seniors and their families. We are listening. Talk to us.



THE KENSINGTON
An Assisted Living Community

FALLS CHURCH

(703) 992-9868

700 West Broad Street, Falls Church, VA 22046

www.TheKensingtonFallsChurch.com

Kensington Park, another Kensington community located nearby in Kensington, MD



News



PHOTOS BY TOM MANNING/THE CONNECTION

Newly crowned Miss Arlington's Outstanding Teen, Morgan Rhudy, waves to the crowd.

Pageant Winners

Winners of the 2018 Miss Arlington Scholarship Pageant & Miss Arlington's Outstanding Teen Pageant that took place at Swanson Middle School in Arlington on Dec. 9 are (from left) Emili McPhail, a senior at Hollins University in Roanoke, Va., was crowned Miss Arlington. McPhail's community service platform is Ending Hunger in the U.S. Morgan Rhudy, a sophomore at James River High School at the Center for Leadership and International Relations in Midlothian, Va., was crowned Miss Arlington's Outstanding Teen. Rhudy started a nonprofit called Girl Power Grants in 2015 that encourages girls to give back to nonprofits in central Virginia. See www.missarlington.com.



Cecili Weber, Miss Virginia 2017 and Miss Arlington 2017, addresses the crowd. After becoming Miss Arlington last year, Weber went on to win the Miss Virginia crown in June of this year and then placed in the top 10 at Miss America 2018 in September.



Morgan Rhudy, Miss Arlington's Outstanding Teen 2018, stands with Annika Suh, the outgoing Miss Arlington's Outstanding Teen. Suh is a junior at Salem High School in Virginia Beach and currently represents Roanoke as Miss Roanoke Valley's Outstanding Teen.

"FLOURISHING AFTER 55"

"Flourishing After 55" from Arlington Office of Senior Adult Programs for Jan. 8-13.

Senior centers: Lee, 5722 Lee Hwy.; Langston-Brown Senior Center, 2121 N. Culpeper St.; Walter Reed, 2909 S. 16th St.; Arlington Mill, 909 S. Dinwiddie St.; Aurora Hills, 735 S. 18th St.

Senior trips: U.S. Supreme Court, D.C., Wednesday, Jan. 10, \$5; Harper Macaw Chocolate Factory, D.C., Friday, Jan. 12, \$30. Call Arlington County 55+ Travel, 703-228-4748. Registration required.

NEW PROGRAMS:

Verify nutrition claims, Monday, Jan. 8, 11 a.m., Langston-Brown. Register, 703-228-6300.

AARP's Fraud Watch Network, Monday, Jan. 8, 10 a.m., Walter Reed. Register, 703-228-0955.

SAIL (Stay Active and Independent for Life), Monday, Jan. 8, 3:15 p.m., exercise program, Langston-Brown. Register, 703-228-6300.

Senior ice skating, Monday, Jan. 8, 8:10-9:20 a.m., Ballston Mall, \$1 (includes skates). Details, 703-228-4771.

WWW.CONNECTIONNEWSPAPERS.COM

Session Brings Sea Change

Wave election swamps Richmond with freshman members eager to make their mark.

BY MICHAEL LEE POPE
THE CONNECTION

This year's General Assembly will be like no other. For starters, the members walking the halls of the Capitol will not look the same. The crop of freshman includes the first transgender woman to serve in the Virginia General Assembly, the first lesbian, the first Asian-American woman and the first two Latinas. Gone are the 12 Republican members who were unseated, all white males. Also gone are the three members who got out before the bloodbath that flipped their seats from red to blue, also all white males. In their place is a diverse and young group of new members who are eager to make their mark on the commonwealth.

At the top of the agenda for the Democratic freshmen is expanding Medicaid to 400,000 people who would be eligible under the Affordable Care Act.

"I think what's really important for us, as Democrats, is to identify on the other side who we could have come over and join us," said Kathy Tran, who flipped a formerly Republican seat held by Del. Dave Albo (D-42) for more than 20 years. "We're going to have to reach out and basically identify who's really vulnerable and who's going to be in a position where they're going to have to be supporting the progressive values that were voted in as a wave across the commonwealth."

Even if they're successful navigating the diminished House Republican caucus, House Democrats will still have to deal with a Republican-controlled Senate. But the culture in the Senate is more moderate, and Republican senators have a history of supporting bills that have been routinely blocked in the House.

For example, Senate Republicans have a history of supporting the effort raising the



PHOTO CONTRIBUTED

Republicans were unseated in 12 House districts, and Democrats flipped three seats where GOP incumbents decided against running in a year that ended up being a Democratic wave.

threshold for grand larceny. That's an issue that Democrats have been pushing unsuccessfully for years that may now finally have a chance in 2018.

"We heard during the gubernatorial campaign, Ed Gillespie was supporting an increase so this is one of those issues that — especially with the outcome of the election — I think you can see some support behind," said Del. Patrick Hope (D-47), who is introducing a bill that raises the threshold from \$200 to \$500. "If someone makes a dumb mistake and walks out of a store with something small we shouldn't make a felon out of them."

THE WAVE ELECTION of 2017 was widely seen as a reacting to the Trump ad-

ministration, and some of the bills that are now being crafted are also a reaction to the Republican agenda in Washington. State Sen. Dave Marsden (D-37) is putting together a tax reform plan as a Virginia answer to federal tax reform that gives tax cuts for the wealthy and corporations. Marsden wants to eliminate the food tax, reinstitute the inheritance tax and increase the gas tax. His tax-reform plan also taxes some services for the first time. For example lawn care and dry cleaning would be taxed but lawyers and doctors would not.

"Ever since I've been in the legislature I've heard complaints that we have a 19th century agriculture and manufacturing tax base but we're now a service economy. So this will start to tax some of those services," said

Marsden. "We're trying to draw a distinction and get the discussion going around which services are optional for people and which ones are really necessary that we shouldn't burden them with taxes on."

Democrats are also eager to finally get some traction on gun control, which House Republicans have blocked for years. Back in 2015, Democratic Gov. Terry McAuliffe was able to forge a deal with Republicans to make state police available for voluntary background checks at gun shows. Now Democrats are hoping that newly reconstituted House committees and subcommittees might give them a chance to at least get gun control legislation on the floor rather than having it killed in subcommittee, a strategy Republicans used that allowed them to avoid being on the record voting against banning assault weapons, for example. State Sen. George Barker (D-39) is introducing a bill that would allow judges to confiscate firearms from individuals they consider dangerous.

"It would have to go to court, and a judge would have to issue a ruling that there's probable cause and it's a serious situation and the gun should be temporarily removed," said Barker. "In some states, it allows police officers to confiscate it. But the bills that we are putting in do not. You would have to go to court."

MANY OF THE BILLS lawmakers are working on involve unfinished business from previous sessions. State Sen. Scott Surovell (D-36) is working on a bill that would force Dominion to clean up decades of pollution at several coal ash ponds throughout Virginia. Dominion Energy plans to seal the pollution in place and put a cap on the ponds, which is significantly cheaper than cleaning up the pollution. But Surovell wants to require that the utility recycle the coal ash into concrete or ceramic.

SEE NEW FACES, PAGE 10

Make It a Day On, Not a Day Off

Volunteer to be part of MLK Day of Service.

BY SHIRLEY RUHE
THE CONNECTION

Volunteer Arlington is sponsoring MLK Day of Service with over 12 local nonprofit organizations who will offer service opportunities as well as volunteer training.

The event will begin with check-in at the Arlington Career Center at 816 S. Walter Reed Drive at 8:30 a.m. on Mon-

day, Jan. 15. At 9:30 a.m. the participants will travel to their individually selected volunteer opportunity. There are a variety of choices including an intergenerational event at Culpepper Garden bringing together people of all ages with residents of the senior housing facility, assisting Just Neighbors with screening immigrants seeking legal services, and cleaning up trash and debris with Arlingtonians for a Clean Environment and Columbia Pike Cleanup.

For the younger volunteers, opportunities are available for labeling and sorting books that have been donated to ASPIRE! Afterschool Learning, participating in an intergenerational scavenger hunt followed by purchase and assembly of a few items

for a welcome kit for Bridge to Independence families, and bagging food at AFAC for Arlington residents in need. Some events will be held at the Career Center and others at Patrick Henry School across the parking lot. Others may require the participants to transport themselves to a designated location.

The service projects and volunteer training will be held from 10 a.m.-12 p.m.

Volunteer training opportunities will be offered for Alliance for Housing Solutions, Arlington Free Clinic, Arlington Partnership for Affordable Housing, ASPIRE! Afterschool Learning and Community Progress Makers Advocacy Training.

The event is free but registration is re-

quired to select a service assignment. Register at volunteer.leadercenter.org

In 1994 Congress enacted the King Holiday and Service Act designating Martin Luther King Jr. Federal holiday as a national day of service. Volunteer Arlington urges, "Instead of taking a day off, let's all make this a 'day on' and work together to move closer to making King's vision of a 'Beloved Community.'"

Volunteer Arlington is a public-private partnership with Arlington County. It was formed in 1972 as the Volunteer Office in the Department of Human Resources through the leadership of Ellen Bozman. In 2016 Volunteer Arlington became part of the Leadership Center for Excellence.

All Park, No Plan? Opportunity for new Pentagon City park space draws concerns about park planning.

BY VERNON MILES
THE CONNECTION

In one of his last votes in office, County Board Chair Jay Fisette voted against a new park space and urged other members of the County Board to vote in favor.

At the Arlington County Board meeting on Dec. 19, the county voted to approve a \$1.2 million purchase of a vacant lot and adjacent parcel to create a new park in Pentagon City. The new one-quarter acre lot, currently occupied by one house, will be cleared for a green open space for public usage. There are no current plans for any amenities or additional work to be done at the park, and it left several County Board members confused and concerned about its consideration as a park.

"Someone, maybe the [Department of] Parks and Recreation, suggested that [our goal] is so many acres of park each year," said Fisette. "To me, that's not a very good way to go about doing business. Do it either with a strategic sense in mind or an opportunistic one. Do not just get a certain number of parcels no matter where they are. Here ... it wasn't in any kind of plan, we weren't on the look-out for it, so what are the criteria besides it being available?"

Staff responded that the urban corridors in Arlington are those most in the most need for additional walking spaces, and that ad-



New Pentagon City open space.

jacent properties were being considered to help extend the park. But while Fisette was the only vote against the proposal, he wasn't the only one concerned by it.

"What I'm trying to get to to support this is a sense that it aligns with some data-based understanding of where the need is," said County Board member Katie Cristol. "If we leave it to what we're hearing from community members for what their need is in their neighborhood, I'm worried about

the relative use of parks. Everyone would identify a need for parks. I would derive confidence from knowing this is based on extensive analysis."

"I think you all should support this," said Fisette. "I won't. This reached the board because neighbors brought it up and staff said OK, we'll bring it to the board. I don't think there's a wrong answer or bad answer. But for me, the reason I will vote against it, the one universal reality is that given choice

or opportunity of park, 95 percent of people will say they want it. Makes it harder for me, because I can't justify how to distinguish ... one opportunistic lot from the other. Be cautious down the road, [because people will say] "You just did that one, why can't you to this one?"

The purchase was approved in a 4-1 vote. The county will close on the property in February with a six to nine month time period to restore the site to an open space.



Map of the new Pentagon City open space.

Pre-Pay Limbo Northern Virginia wrangles with new federal tax law.

BY VERNON MILES
THE CONNECTION

Could you prepay your real estate tax in 2017 and avoid the 2018 federal tax law's cap on a state and local deduction option? The new law went into effect Jan. 1, but many Northern Virginians made a last minute push to try and prepay 2017 property taxes before the law went into effect. Whether this tactic will work is unclear, and left localities in an understaffed holiday season reeling to try to keep up with the initial demand for prepayments followed by a wave of requests for refunds.

"Under new tax legislation, only the first \$10,000 of state and local taxes are going to be deductible for tax year 2018 and forward," said Craig Fifer, director of communication and public information for the City of Alexandria. "This led to many asking if they can prepay their state and local taxes in 2017 to see if they can avoid the increase in 2018."

Fifer said the city has always taken prepayments, but that it was still unclear whether or not it would be deductible for federal taxes.

"If you would like to give us money before it's due, we will take that, hold it, and apply it to future balances," said Fifer. "We do not have to change our policies or pro-

cedure to accept prepayments. However, we can't tell the individual taxpayer whether there's any benefit to prepayment."

In Northern Virginia, this led to a flood of prepayments. Fifer said over 650 people sent in over \$6 million in prepayments.

"We've had one of those weeks around here," said Carla de la Pava, Arlington County treasurer. "It is unexpected and 40 percent of the staff is out on vacation."

A statement released by the IRS on Dec. 27 clarified that items were only deductible from 2017 if they were assessed in 2017. Fifer said that Alexandria cannot assess 2018 real estate taxes in 2017. But Fifer and de la Pava said there is still the possibility that the future interpretation of the law could change.

"The jury is still out on whether this will be deductible," said de la Pava. "The IRS has put out something saying it will not be deductible. We took in over \$3 million yesterday alone and people are still making their payments. It's not like they're buying something on sale they might not use later. If they have money in the bank, the opportunity cost is fairly low. People are taking a chance that maybe something will change. If you don't make the payments, you definitely won't be able to take advantage of it."

On the last day to make the payment in 2017, de la Pava there were over 1,8000

customers pre-paying \$14.7 million in taxes in Arlington.

"Now many want refunds," said Fifer. "We spent that last week and beginning of this week scrambling to accept prepayments, now we're working to go through the refunds. This puts a significant strain on local governments to receive and now refund this many prepayments."

While other states have been working to review their tax cycles to accommodate the issue, in Virginia, Fifer said the assessment cycle begins on Jan. 1 and ends June 15.

"There are experts and tax advisors telling people different things," said de la Pava. "I don't think there's any clarity. This bill Congress passed has created a lot of uncertainty and people are responding."



Newest Board Member

At its Dec. 19 meeting, the County Board welcomed its latest member: Erik Gutshall. Gutshall, a local business owner and longtime member of the Planning Commission, won a contested Democratic caucus in early 2017 and the general County Board election in November. Gutshall thanked his family and supporters, urging the county to come together to help plan for upcoming challenges.

BULLETIN BOARD

Submit civic/community announcements at ConnectionNewspapers.com/Calendar. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

FRIDAY/JAN. 5

Application Deadline. Leadership Center for Excellence is accepting applications and holding information sessions for the Young Professionals Program Spring Class of 2018. The application has a rolling admission deadline until Jan. 5, 2018 and may be found online at leadercenter.org.

THROUGH JAN. 12

Curbside Christmas Tree Collection. 8 a.m.-3:30 p.m. at curbside. During the first two full weeks in January, Christmas trees will be collected curbside for residential homes with trash and recycling service. Residents are reminded to place the tree on the curb no later than 6 a.m. on your regular trash collection day and to remove all decorations, nails, stands and plastic bags. The trees are later ground into wood mulch for garden use. Call 703-228-6570 for more.

MONDAY/JAN. 15

MLK Day of Service. 8:30 a.m.-noon. Join Volunteer Arlington for MLK Day of Service for hands-on service projects as well as on-site training opportunities for those seeking long-term volunteer opportunities. Free to attend, but registration is required at bit.ly/MLKvolarl.

TUESDAY/JAN. 16

Helicopter Noise Discussion. 7:30-9 p.m. at Abingdon Elementary School, 3035 S. Abingdon St. The forum will be an opportunity for community members to provide feedback to the Department of Defense (DOD) and is part of a study U.S. Rep. Don Beyer had included in the last year's Defense Authorization Act. Call 703-658-5403 for more.



Design Excellence

Marymount University's new Ballston Center continues to gain recognition, earning a Design Arlington Award for Excellence from Arlington County and an Award of Excellence from the Northern Virginia Chapter of the NAIOP, the Commercial Real Estate Development Association. The \$75 million multi-use complex opened in August.

THURSDAY/JAN. 25

Child Care Initiative Community Meeting. 5:30-8:30 p.m. at Central Library Auditorium, 1015 N. Quincy St. The Child Care Initiative (CCI) is developing solutions to address the accessibility, availability, and quality of child care in Arlington. For more, email cci@arlingtonva.us or 703-228-1380.

THE UNITED STATES AIR FORCE BAND



FREE CONCERT!

Schlesinger Concert Hall | Alexandria, Virginia

Patrick Sheridan

Thursday, Jan. 18 at 8 p.m.
world-renowned tubist



for FREE tickets, please visit:
www.usafband.eventbrite.com

~SAVE THE DATE!~
Concert Band Collegiate Symposium
Saturday, Feb. 3 at 8 p.m.
Schlesinger Concert Hall | Alexandria, Virginia

www.usafband.af.mil

Start the New Year with a New Look & Great Savings!



12 Months Same as Cash
Financing available

Buy 1

Shutter
Blind or
Shade*

50% OFF

get the second of equal or lesser value



BeltwayBlinds & MORE

*Offer applies to
Alta Window Fashions &
Norman Shutters only.

| Shutters | Shades | Blinds | Motorization |

For a free in-home consultation call:
703-991-7264

VINSON HALL RETIREMENT COMMUNITY

Independent Living at Vinson Hall

Vinson Hall Retirement Community is located in idyllic McLean, VA and offers independent residential living for military officers and government employees of equal rank. Our apartment residences offer all the luxurious comforts of home within a vibrant Life Plan community. Come see what's new!

www.VinsonHall.org
703-536-4344

1 and 2
BEDROOM
APARTMENTS
AVAILABLE!



OPINION

2018

A Happy New Year? At least some cause for hope

Virginia's election last November, just two months ago, was the first in the nation since the current administration took over in Washington.

Here in Virginia there was some anxiety and uncertainty rolling into Election Day. First, at least one race will not be decided until later this week. Second, the Democrats swept the statewide races, Governor, Lieutenant Governor, and Attorney General.

EDITORIAL

Democrats hoped to make gains in the House of Delegates. It's fair to say no one anticipated the Democrats taking the House. After all, Republicans held a 66-34 majority, a nearly insurmountable advantage.

Democrats gained at least 15 seats in a turnabout that could leave the House split 50-50.

New members include the first transgender woman to serve in the Virginia General Assembly, the first lesbian delegate, the first Asian-American woman delegate and the first two Latina delegates.

Virginia's success has generated buzz about pursuing sweeping change in other state legislatures around the country.

Del. Marcus Simon said it well recently (on Facebook): "If someone had told me on Jan. 1, 2017 that one year later Democrats would have picked up no fewer than 15 and probably as many as 17 seats in the Virginia House of Delegates I would have said, 'Love your optimism, but don't get carried away.'"

"My advice to anyone running for office or thinking about running for office, or working for people running for office in 2018: Get carried away."

The new look and balance in the General Assembly could provide progress on some long stalled issues. (More Democrats in office do not equate to progress in all of these areas, it's important to note.)

- ❖ Expanding Medicaid under the Affordable Care Act to cover hundreds of thousands of poor people without coverage

- ❖ Nonpartisan redistricting and use of national best practices when it comes to drawing

political district boundaries after the next census.

- ❖ Progress in transparency, and making public information public. This includes lawmakers killing most proposed legislation with unrecorded voice votes in subcommittee, with no accountability or record of how members voted. It should also include rolling back some of the many exemptions to the Freedom of Information Act passed by the General Assembly.

- ❖ Ethics reform, campaign finance reform.

- ❖ Making it easier, not harder, to vote.

- ❖ More control over utility rates and pollution.

- ❖ Criminal justice reform, including raising the threshold for a felony from \$200 to \$500.

- ❖ Tax reform.

A "wish list" could go on at some length. The 2018 session of the Virginia General Assembly begins Jan. 10.

— MARY KIMM

MKIMM@CONNECTIONNEWSPAPERS.COM

Not Smart, Not Right, and Not Fair

BY DON BEYER
U.S. REPRESENTATIVE (D-8)

On the day the House passed the Republican tax bill, I took to the Floor to oppose the bill.

My colleagues from both parties who opposed this bill did a thorough job illustrating the compelling reasons to oppose it: the regressive nature of the tax cuts, which will mostly flow to the very wealthy, the attacks on the Affordable Care Act which will lead to 13 million more uninsured Americans, the trillions of dollars it will add to the national debt.

I share this opinion, but also had another perspective to offer.

I worked for four decades to build a successful small business in Northern Virginia. So I'll be honest with you: this bill cuts my taxes.

COMMENTARY

I still voted against it.

I voted no in part for my constituents, who overwhelmingly opposed this immoral bill, but I also voted no for my employees.

The people we've employed over the years are the business. I've always tried to treat the women and men who work for me well and pay a living wage. It's rewarding to see them get married, start families, and chase their dreams.

My employees simply will not benefit from this bill the way that I do.

They will get small cuts that expire, and many will eventually see tax increases. They'll get a tiny child tax credit, much smaller than the one millionaires get. The cuts for businesses, raising the estate tax threshold to protect families that worth \$11 million, and other benefits billionaires will remain after the meager cuts for the middle class expire. Eighty-three percent will go to the wealthiest 1 per-

cent of the country by 2027.

Their kids will be stuck with the tab for the trillions of dollars this bill will add to the national debt, debt which itself may be used to attack Social Security and Medicare soon.

As a member of the Joint Economic Committee I also know that U.S. companies are sitting on \$17 trillion in capital. Yet, for some reason, Republicans claim against all evidence and advice from economists that giving these same companies more is going to spur magical levels of growth that will somehow trickle down to working people.

We all want a healthy, vibrant economy, but we'd do better by focusing on workforce development, human capital, building skills, and repairing infrastructure.

Unfortunately, Republicans rejected that path in favor of pursuing tax cuts for people like me at the expense of the middle class.

It isn't smart, it isn't right, and it isn't fair.

Highlighting Legislative Plans for 2018

BY BARBARA FAVOLA
STATE SENATOR (D-31)

I hope you have been enjoying the holiday season. I have been working with various stakeholders, advocacy groups, and constituents on my legislative agenda for the 2018

General Assembly session that kicks off on Wednesday, Jan. 10.

COMMENTARY

Here are the highlights of my legislative agenda for 2018. We have worked together on many of these ideas, and I hope we will make significant progress on improving the lives of Virginia's children and families in the 2018 session. I am introducing other bills as well,

but these are the major subject areas where I will be spending most of my time and energy.

K-12 Education

My legislative efforts will focus on teacher recruitment and retention. As chair of the subcommittee on School Leadership and Academic Outcomes, it is clear to me that Virginia must do a better job of supporting teachers and making teaching a desirable profession. To that end, I have submitted a bill that will redesign teacher preparation programs in our colleges and universities to enable education majors to be in the classroom after four years of study rather than five. This will reduce the opportunity cost of selecting teaching as a profession and accelerate the pipeline for teachers. Addi-

tionally, I will be asking for funding to support teacher mentor programs and principal leadership training.

Equal Taxing Authority for Counties

Many NoVA school activists and School Boards are asking the General Assembly to allow counties to enjoy the same taxing authorities as cities. Counties are providing the same services as cities and the discrepancy in taxing authority is really unfair. Moreover, diversified revenue streams would help counties counter swings in the real estate economy while still supporting vital programs such as public school funding, public safety and the arts. Specific revenue streams that could be enhanced in

SEE LEGISLATURE, PAGE 11

The
Arlington
Connection

www.ConnectionNewspapers.com

@ArlConnection

An independent, locally owned weekly newspaper delivered to homes and businesses.

Published by
Local Media Connection LLC

**1606 King Street
Alexandria, Virginia 22314**

Free digital edition delivered to your email box. Go to
connectionnewspapers.com/subscribe

NEWS DEPARTMENT:
arlington@connectionnewspapers.com

Steven Mauren

Editor

703-778-9415

smauren@connectionnewspapers.com

Mike Salmon

Assistant Editor

msalmon@connectionnewspapers.com

Vernon Miles

Reporter

757-472-3435

vmiles@connectionnewspapers.com

Eden Brown, Shirley Ruhe

Contributing Writers

arlington@connectionnewspapers.com

ADVERTISING:
For advertising information
sales@connectionnewspapers.com
703-778-9431

Debbie Funk

Display Advertising/National Sales

703-778-9444

debfunk@connectionnewspapers.com

David Griffin

Marketing Assistant

703-778-9431

dgriffin@connectionnewspapers.com

Editor & Publisher

Mary Kimm

mkimm@connectionnewspapers.com

@MaryKimm

Executive Vice President

Jerry Vernon

703-549-0004

jvernon@connectionnewspapers.com

Editor in Chief

Steven Mauren

Art/Design:

Laurence Foong, John Heinly,

Ali Khaligh

Production Manager:

Geovani Flores

Special Assistant to the Publisher

Jeanne Theismann

jtheismann@connectionnewspapers.com

@TheismannMedia

CIRCULATION

circulation@connectionnewspapers.com



Ready for the Cold

BY MARILYN CAMPBELL

Frigid temperatures and the chill of winter can usher in dangerous health conditions, particularly for those most vulnerable: the elderly and young children. Two of the most prevalent cold-weather ills are hypothermia and frostbite. For those who have to be outside when it is dangerously cold, knowing the warning signs and prevention techniques for these conditions are the keys to keeping them at bay, say health care providers.

“Even a typical winter in this area can be dangerous,” said Amy Talbot, Ph.D. of George Mason University. “But extreme conditions can make it even worse for those most vulnerable.”

Hypothermia, which occurs when one’s body core temperature drops, can develop more quickly than many people realize, says Talbot. “Obviously feeling very cold is a warning sign, but also shivering and experiencing signs that the cold is affecting your brain, so feeling disoriented, stumbling or losing balance easily, unusual speech pattern or changes in personality.”

Frostbite is when the skin and underlying tissue are damaged by cold temperatures, says Beth Lowe, RN, a private-duty nurse in Arlington. “During the beginning



PHOTO BY MARILYN CAMPBELL

Record cold temperatures can lead to frostbite and hypothermia.

stages of frostbite, you might see your skin turn red and you’ll feel numb or tingling or stinging,” she said. “The main thing to remember is not to try to re-warm your own skin, because you can do more damage. It’s best to seek emergency medical treatment.”

Preventing, recognizing and treating hypothermia and frostbite.

Dressing in layers and wearing shoes that are appropriate for extreme cold are keys to preventing hypothermia and frostbite, advises Carolyn Johnson, Ph.D. of Montgomery College. “When it’s extremely cold you want to wear clothing that traps your body temperature and protects you from cold air and wind,” she said. “A basic formula to keep in mind: a base layer that should be made from a fabric that wicks away moisture. The second layer should trap heat so it should be made of a polyester fleece over something similar. The top layer should be waterproof and windproof.”

Lowe recommends avoiding cotton clothing during the extreme cold because if it gets wet, it can make you cold. “Many of these preventative measure are things that most people already know, but may not think about until it’s too late,” she said.

Another preventative component, says Talbot, is nutrition. Both food and liquids can help keep one’s body warm. “Skipping a meal can make you more susceptible to hypothermia and frostbite,” she said. “It’s important to eat carbs and protein for energy when you’re going to be outside for a prolonged period of time, like if you’re hiking or playing sports.”

If you believe that you are beginning to develop frostbite or hypothermia, Lowe says

LOCAL SHELTERS

For those who are not able to seek shelter, social service providers in Virginia and Maryland are ramping up efforts to provide shelter to those who need to get out of the cold. For more information:

Fairfax County
703-691-2131 or fairfaxcounty.gov

City of Alexandria
703-548-7500 or alexandriava.gov

Montgomery County
240-777-3289 or
montgomerycountymd.gov

Arlington County
703-228-1300 or 703-228-1010
publicassistance.arlingtoncounty.gov

in order to avoid advancing the seriousness of the condition, move your body by doing jumping jacks or some other vigorous movement and get out of the frigid elements. “There’s no set amount of time that it takes for [hypothermia or frostbite] to develop, so it’s important to keep an eye on those who are most vulnerable. But once you notice the warning signs you can try to stop the conditions before they advance, by drinking plenty of fluids, eating carbs and getting inside to a warmer temperature.”

Rebuilding Together Helps Lower-Income Homeowners

BY FRANK DAVIES

When Pat Bleicher urgently needed work done on her North Arlington house earlier last year so she could stay in her home of 36 years, Rebuilding Together came to the rescue with repairs and modifications.

The project was like many others the organization has completed. In 2016, Rebuilding Together Arlington Fairfax/Falls Church (RT-AFF), a volunteer organization that rehabilitates the homes of lower-income homeowners, worked on 67 houses and nonprofit residential facilities in Northern Virginia.

REBUILDING TOGETHER

“I wouldn’t still be here if it weren’t for Rebuilding Together,” said Bleicher after volunteers installed handrails on stairs and a ramp, patched floors, repaired and added lighting and replaced a storm door, along with several other fixes.

What made the work on Bleicher’s home a little different was the role an occupational therapist played in identifying the hazards that made it difficult for the 76-year-old homeowner, recovering from two knee replacements, to live comfortably in the house.

“We look at safety, fall prevention, how to help them stay mobile,” said Natalie Kraut, an occupational therapist for Fox Rehab, describing what she does for Bleicher and other clients. Fox Rehab is a private practice that provides geriatric therapy at home.



Some of the repairs completed by Rebuilding Together Arlington Fairfax/Falls Church.

“Occupational” may sound unusual for stay-at-home residents, Kraut added, “but it just means how we function — what we do every day.”

Fox Rehab uses a holistic approach in helping clients recover and avoid future problems. Physical, speech and occupational therapists work together as a team. In Bleicher’s home, Kraut noticed inadequate lighting and the lack of a railing on basement steps. Some stick-on grab bars used suction cups, which can fail and cause a fall.

Fractures due to falls are the leading



cause of trauma-related hospitalizations and loss of independence among older adults, according to the Centers for Disease Control and Prevention. Each year, about 29 percent of those 65 and older report a fall.

Medicare covers the expense of medical equipment but does not cover home safety improvements such as guardrails and floor repairs that can prevent falls. Kraut was able to help Bleicher with a few fixes, such as a sink that was too low, but the resident could not afford major work.

A friend told Bleicher about Rebuilding

Together, and after an assessment for health and safety hazards aided by Kraut’s recommendations, a team of six skilled volunteers completed the work in less than a day.

The project demonstrated that the two organizations may be able to work together. Kraut said the RT volunteers showed her other problems to check for in homes, and Don Ryan, director for partnerships for RT-AFF, said Fox Rehab’s clients are top candidates for home repairs and modifications to prevent falls.

“Their professional assessment was a good fit for what we do,” said Ryan, adding that RT can brief therapists on what to look for in homes. “We welcome referrals and hope we get more of them from home health-care providers.”

Bleicher is grateful for the work that was done, praising Kraut’s attention to detail and Rebuilding Together’s thorough repairs and additions. “My home is much safer now,” she said. “This will really help me stay here.”

RT-AFF works on homes year-round and always welcomes new volunteers. To become a volunteer, make a donation, or to apply for help, call Rebuilding Together Arlington/Fairfax/Falls Church at 703-528-1999 or send an email to info@rebuildingtogether-aff.org.

Homeowners looking for help can apply at any time of the year. Priority is given to the elderly, disabled and families with children.

(Frank Davies is an editor for the AARP Bulletin. He worked as an editor and reporter for The Miami Herald and San Jose Mercury News for many years.)

ENTERTAINMENT

Submit entertainment announcements at www.connectionnewspapers.com/Calendar/. The deadline is noon on Friday. Photos/artwork encouraged.

ONGOING

“Crazy for You.” Through Jan. 14, various times at the Signature Theatre, 4200 Campbell Ave. A musical comedy with Gershwin tunes including “I’ve Got Rhythm,” “Someone to Watch Over Me” and “Nice Work If You Can Get It” fuse with tap dancing. Visit www.sigtheatre.org for more.

Artists’ Exhibition. Through Jan. 31, various times at the Courthouse Plaza lobby. Through the Lens of Frank Hallam Day and Anne Rowland images of Arlington’s built and natural environments. Visit publicart.arlingtonva.us/ for more.

Arlington Farmer’s Market. Every Saturday, 8 a.m.-noon at the corner of N. 14th Street and N. Courthouse Road. A weekly celebration of local food including fresh produce, meats, dairy, cheese, baked goods, free range eggs, specialty items, cut flowers, plants and herbs. Email csingiser@cfwdc.org or call 917-733-6402.

FRESHFARM Market. 3-7 p.m. on Tuesdays at 1900 Crystal Drive. Shop from local farmers and producers with seasonal fruits and vegetables, fresh-cut flowers, container plants and herbs, farm-raised eggs, all-natural meats, artisan baked goods, and specialty foods. Visit www.crystalcity.org for more.

Mobile Bike Repair. 8 a.m.-3 p.m. on Thursdays at 1900 Crystal Drive. Drop off your bike on Thursday morning and have it tuned up and ready to ride before heading home. Email DC@velofix.com, or phone 855-VELO-FIX for more.

Food Truck Thursdays. 11 a.m.-2 p.m. at 1900 Crystal Drive and 201 12th St. Actual truck schedules are subject to change so be sure to follow your favorites. Visit www.crystalcity.org for more.

Healthy Lifestyle Runs. Saturdays, 9 a.m. at Roosevelt Island, George Washington Memorial Parkway. American Cancer Society partners with parkrun USA to promote fitness in the fight against cancer. Free. Visit www.parkrun.us/rooseveltislanddc/ for more.

Friday Night Live. 8 p.m. Fridays at the Church at Clarendon, 1210 N. Highland St., Suite A. Local musicians perform. Free. Visit 1bc.org for more.

Arlington’s Historical Museum Open on First Wednesdays. The Arlington Historical Museum is open to the public on the first Wednesday of every month from 12:30-3:30 p.m.

The museum consists of exhibits chronicling Arlington County’s history from Native American settlements up to the present day. The museum will continue to be open on Saturdays and Sundays from 1-4 p.m. Admission is free. The museum is located in the former 1891 Hume School building at 1805 S. Arlington Ridge Road. Contact Garrett Peck at 571-243-1113 or at garrett.peck@arlingtonhistoricalsociety.org.

Open Mic Comedy. Wednesdays 8-10 p.m. at Ri Ra Irish Pub, 2915 Wilson Blvd. Doors open at 7 p.m. Age 21 and up only. Free show, \$25 cash prize for best joke. Call 703-248-9888 or Visit www.RiRa.com/ Arlington for more.

Invasive Plants Removal. Work parties are held every month to keep the parks free of destructive invasive plants. Teens, adults and families welcome. Every second Sunday of the month 2-4:30 p.m. at Gulf Branch Nature Center, 3608 Military Road; call 703-228-3403. Every third Sunday of the month 2-5 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road; call 703-228-6535 or Visit registration.arlingtonva.us. Free, no registration required.

Karaoke. 8 p.m. on the first Sunday every month at Galaxy Hut, 2711 Wilson Blvd. Visit www.galaxyhut.com or call 703-525-8646.

Pub Quiz. 8 p.m. every Sunday at Whitlow’s on Wilson, 2854 Wilson Blvd. Prizes for first place. Free. Visit www.whitlows.com or call 703-276-9693.

Storytime. Wednesdays and Fridays, 10:30-11 a.m. at Kinder Haus Toys, 1220 N. Fillmore St. Storytime with Ms. Laura. Call 703-527-5929.

Lego Club. Monthly on the first Wednesday. 4-5 p.m. Glencarlyn Branch Library, 300 S. Kensington St. The library provides tons of legos and a special challenge and after the program the creations are displayed for everyone to see. No registration required. Call 703-228-6548 for more.

Crystal City Sparket. 11 a.m.-2 p.m. on Wednesdays at 1900 Crystal Drive. Sparket — A Creative Market is an extension of DC’s Eastern Market with arts, crafts, and handmade goods. Free to attend. Visit www.crystalcity.org.

Art for Life. Third Thursday of each month. The Hyatt Regency Crystal City’s “Art for Life” Partnership with National Kidney Foundation brings a new artist each month to The Hyatt for a reception. Free. Visit www.torpedofactory.org.

Brunch at Freddie’s. Third Saturday of every month, 11 a.m.-1 p.m. at Freddie’s Beach Bar, 555 23rd St. The



Hip Hop Yoga

In December, Hip Hop Yoga was featuring a Ugly Sweaterasana class at New District Brewing. This month, its DJ Thunder Bunny spinning tunes for class Wednesday, Jan. 3, 7-8:30 p.m. at Hip Hop Yoga, 2011 Crystal Drive, 11th Floor. Event is sponsored by the Crystal City Business Improvement District. Call 703-412-9430.

Arlington Gay and Lesbian Alliance gathers for an all-you-can-eat breakfast buffet (\$9.99). All are welcome. No reservation is required. Visit www.facebook.com/events/700174390103305.

Christmas.” Free. Visit www.apsva.us/adulted or call 703-228-7200 for more.

THURSDAY/JAN. 11

Arlington Historical Author. 7-9 p.m. at Reinsch Library Auditorium, Marymount University, 2807 N. Glebe Road. Local author George Axiotis, an amateur historian, discusses “Two Hills: Writing Historical Fiction on Civil War.” Visit www.arlingtonhistoricalsociety.org.

SATURDAY/JAN. 13

The Big Meow. 3-4 p.m. at Theatre on the Run, 3700 S. Four Mile Run Drive. The story of an ever-hopeful fluff ball who desperately wants to belong to the band of neighborhood cats. \$15 adults/\$10 children under age 10. Visit www.janefranklin.com/ for more.

Forty+ or Minus. 7:30-9 p.m. Saturday, 2-5 p.m. at Theatre on the Run, 3700 S. Four Mile Run Drive. A multi-generational dance performance. \$5-\$22. Visit www.janefranklin.com for more.

MONDAY/JAN. 15

MLK Day of Service. 8:30 a.m.-noon

at Arlington Career Center, 816 South Walter Reed Drive. Columbia Pike Revitalization Organization is partnering with the Leadership Center for Excellence and Volunteer Arlington for the MLK Day of Service through hands-on service projects and on-site training opportunities. Call 703-892-2776 for more.

JAN. 18-21

This Is My Brave Auditions. 8:30 a.m.-noon at Arlington Central Public Library, 1015 N. Quincy St. This Is My Brave is a show about what it’s like to live through mental illness and come out on the other side. Visit thisismybrave.org/events/ for more.

SATURDAY/JAN. 20

Forty+ or Minus. 7:30-9 p.m. Saturday, 2-5 p.m. at Theatre on the Run, 3700 S. Four Mile Run Drive. A multi-generational dance performance. \$5-\$22. Visit www.janefranklin.com for more.

SUNDAY/JAN. 21

Celebrating African-American Opera. 3-5:30 p.m. at Unitarian Universalist Church of Arlington, 4444 Arlington Blvd. The show will be emceed by Charles Williams, a baritone, voice teacher and opera veteran and will trace the careers of earlier African American vocalists who had to overcome huge odds to make their way into the mainstream opera world. Visit www.operanova.org for more.

JAN. 20-27

Complete Dogness on Stage. Various times at Theatre on the Run, 3700 S. Four Mile Run Drive. Jane Franklin Dance presents a show about the antics of a little dog. \$15 Adults/\$10 Children under age 10. Email janefranklindance@gmail.com for more.

SATURDAY/JAN. 27

Forty+ or Minus. 7:30-9 p.m. Saturday, 2-5 p.m. at Theatre on the Run, 3700 S. Four Mile Run Drive. A multi-generational dance performance. \$5-\$22. Visit www.janefranklin.com for more.

THURSDAY/MARCH 29

Meet the Author. 7:30 p.m. at Walter Reed Senior Center, 2909 S. 16th St. Dr. Charles Toftoy discusses his book, “Amazing Fireside Talks” about finding inspiration and hope. Free. Call 703-228-0955 or email lkannuit@arlingtonva.us for more.

Home of the \$6,850 Bathroom Remodel From Now to WOW in 5 Days Guarantee

TWO POOR TEACHERS Kitchen and Bathroom Remodeling

10% down nothing until the job is complete for the past 17 years



Free Estimates
703-214-8384



Visit our website: www.twopoorteachers.com

Select your products from our Mobile Showroom and Design Center

Fully Insured & Class A Licensed Since 1999



Learn About Advertising in the Connection and Digital Options!

Advertising in the Connection and upcoming special sections:

CONNECTIONNEWSPAPERS.COM/ADVERTISING

or call 703.778.9431

WORDS & PICTURES

Due to the amount of submissions to the annual Children's & Teens' Connection, additional works are being published in January.



"Finding Peace" by Jackson Frederick, age 12, 7th grade at Gunston Middle School (Spanish Immersion). Photo taken in the Sahara Desert at M'hamid El Ghizlane in Zagora, Morocco on July 30, 2017: This is my mother in the Sahara Desert in Morocco. The Sahara in July is extremely hot. So hot you could die. Also, sandstorms are very common and, for the record, pretty annoying. The first thing that I thought after taking this picture is that my mom doesn't typically look like this in America. She normally stresses a lot, particularly when she hasn't eaten or slept enough. But despite the crazy heat and windy sand storm, she was happy to watch the sunset since she was refreshed and happy to be with me and my brother.



"Moroccan Moon" by Sawyer Frederick, age 10, 5th grade at Key Immersion Elementary. Photo taken in the Agafay Desert outside of Marrakesh, Morocco July 25, 2017: This picture of the moon was taken through a telescope in the desert in Morocco. The moon craters were so clear that I wanted to touch them because they looked like they were within reach.



Laurel Burch, Inspiration by Ashton Marshall, age 8, 2nd Grade, Congressional School.

Saint Ann Catholic Church

SUNDAY LITURGY SCHEDULE:
Saturday Vigil: 5:30 PM
Sunday: 7:30, 9:00, and 11:00 AM
1:30 PM Spanish Liturgy

DAILY EUCHARIST:
Weekdays
Monday-Friday, 8:30 AM
Saturday, 8:30 AM

PARISH WEBSITE:
www.stannchurch.org

5312 North 10th Street,
Arlington, Virginia 22205
Parish Office: 703-528-6276

All Are Welcome!

To highlight your Faith Community, call Don at 703-778-9420

THE CONNECTION

Newspapers & Online

NEW YEAR, NEW ADVERTISING OPTIONS!

JANUARY

1/10/2018.....	HomeLifeStyle
1/17/2018.....	A+ Camps & Schools
1/24/2018.....	Neighborhood Outlook
1/31/2018.....	Connection Families; Winter Fun, Food, Arts & Entertainment
1/31/2018.....	Valentine's Dining & Gifts I
2/7/2018.....	Wellbeing - National Children's Dental Health Month

Email SALES@CONNECTIONNEWSPAPERS.COM for more specials, digital advertising options and pricing.

Have The Connection emailed directly to you every week!
www.connectionnewspapers.com/subscribe

LOCAL MEDIA CONNECTION
Newspapers & Online
703-778-9431
www.ConnectionNewspapers.com

Reaching Suburban Washington's Leading Households

- Alexandria Gazette Packet
- Arlington Connection
- Burke Connection
- Centre View
- Chantilly Connection
- Fairfax Connection
- Fairfax Station/Glenn/Lorton Connection
- Great Falls Connection
- McLean Connection
- Mount Vernon Gazette
- Oak Hill/Harmon Connection
- Potomac Almanac
- Reston Connection
- Springfield Connection
- Vienna/Dalton Connection

Award-Winning Senior & Assisted Living Community

Where Quality Meets Affordability

Culpepper Garden

Coordinated Services Management, Inc.
Professional Management of Retirement Communities since 1981

4435 N. Pershing Drive
Arlington, VA 22203
703-528-0162
VA Relay # 800-828-1120
www.culpeppergarden.org

Announcements

We pay top \$ for STERLING,
MEN'S WATCHES,
JEWELRY, COSTUME JEWELRY,
FURNITURE, PAINTINGS AND CLOCKS.
Schefer Antiques
703-241-0790
theschefer@cox.net


Employment

At Home Parents & Retirees
More than sales, join us and
enhance life in your community
**Need and have discipline
for flexible hours?**

Work from Old Town and/
or your home office
Full or Part Time
Sell print and digital advertising
campaigns
Area's most trusted local media
Sell all or any combination
of 15 distinct markets
Print & Digital Marketing
Web sites • Sponsored content
• Email blasts • Social media
Attract new customers based
on upper income profiles
Competitive compensation
plus commission

One page cover letter & resume
to sales@connectionnewspapers.com

Computers

**HDI
COMPUTER SOLUTIONS**
JENNIFER SMITH
Serving the Area Since 1995

➤ Speed Up Slow
Computers
➤ Virus Removal
➤ Computer Setup
➤ Help with Windows 8
571-265-2038
Jennifer@HDIComputerSolutions.com

**Find us on Facebook
and become a fan!**
**www.Facebook.com/
connectionnewspapers**

The Connection to Your Community
www.connectionnewspapers.com

Announcements

Earn more with Quality!
★★★ **30 YEARS OF SERVICE** ★★★
**Looking for CDL A or B drivers to deliver
new trucks all over the US and Canada.**
**Experience preferred. Must have DOT physical and be
willing to keep logs. No DUIs in last 10 years, clean MVR.**
 **Apply Online at
www.qualitydriveaway.com
or call 574-642-2023**

 **TELL US
WHAT
YOU
THINK**
SUBMIT YOUR LETTER TO THE EDITOR HERE
www.ConnectionNewspapers.com/contact/letter

News

New Faces, Issues at Richmond

FROM PAGE 3

ics. And, Surovell adds, it won't actually be more expensive for Dominion at all because the utility will end up passing along the cost to people who are paying for electricity.

"You eliminate the possibility that this toxic gunk will continue to leak arsenic, lead and other chemicals into our groundwater forever," said Surovell. "Landfilling is the short-term cheap solution. But long-term it has the worst potential effects because the stuff continues to leach out chemicals and give people cancer and poison fish and birds and ruin our groundwater."

State Sen. Adam Ebbin (D-30) is also returning to a familiar theme: decriminalizing marijuana. Several states across the country have already done this, and now that California has legalized pot for recreational use many feel that the tide may be turning on this issue. According to a recent report by the Virginia State Crime Commission, law enforcement officers have arrested more than 130,000 people for possession of marijuana in the last decade — 84 percent of them first-time offenders.

"I think people are realizing how inappropriate it is to give people a criminal penalty for a drug that so many people have tried and used and is arguably less significant and harmful than alcohol," said Ebbin. "It's still a tough fight. But we've got Senate Majority Leader Tommy Norment supporting it generally. And we've got Governor-elect Ralph Northam supporting it, generally."

ON THE CAMPAIGN TRAIL last year, Republi-

cans and Democrats both supported several key agenda items — an indication that members from both sides of the aisle may end up working together this year on certain issues. One of those is ethics reform, a hot topic in Virginia since former Republican Gov. Bob McDonnell was convicted of corruption then cleared of wrongdoing by the U.S. Supreme Court. During the campaign last year, Republican candidate for governor Ed Gillespie and Republican candidate for lieutenant governor Jill Vogel both talked about closing a loophole that allows candidates to use campaign money for personal use. That's an issue that already has support among Democrats, although drawing a distinction between official use and personal use can be a gray area.

"I think we've got a consensus that we need to do something," said Del. Marcus Simon (D-53). "Whether we make it a weak ban or a strong ban — a civil violation or a criminal act — I think we're going to outlaw it one way or another."

IT MAY SEEM like the elections never cease in Virginia, where voters go to the polls multiple times every year. And although Washington is already focused on the 2018 campaign, Richmond is already preparing for an epic election in 2019. Not only will that election include all members of the House and the Senate, it will also set the scene for who controls the redistricting process. Both parties are eager to control as much of the process as possible, and Democrats have already won a major victory by electing a governor who will have veto power over the maps drawn by lawmakers.

Legals

PUBLIC NOTICE:

INTENT TO CLOSE A PETROLEUM UNDERGROUND STORAGE TANK (UST) SITE WITHOUT ACHIEVING THE ORIGINAL CORRECTIVE ACTION PLAN ENDPOINTS.

There has been an evaluation to close a UST site without achieving the original Corrective Action Plan (CAP) endpoints of a petroleum fuel release from an underground storage tank system at:

Pershing Auto Care
2717 North Pershing Drive, Arlington, Virginia 22201

The Virginia Department of Environmental Quality (DEQ) required the Responsible Party to prepare a Corrective Action Plan Addendum (CAP Addendum) to evaluate the site for case closure without achieving the original CAP endpoints.

If you have questions regarding the proposed changes to the cleanup, please contact:

Mr. Jeff Groblewski, CPG
Environmental Consultants and Contractors, Inc.,
43045 John Mosby Highway, Suite 100, Chantilly, Virginia 20152

The evaluation for case closure was documented in a CAP Addendum submitted to the Remediation Division of the Northern Regional Office of the DEQ on November 30, 2017. If you would like to review or discuss the CAP Addendum with the staff of the DEQ, please feel free to contact Mr. Randy Chapman of the DEQ at (703) 583-3816. The DEQ Remediation Division will consider written comments regarding the CAP Addendum for 30 days following the publication date of this notice, and may decide to hold a public meeting if there is significant public interest. Written comments should be sent to the DEQ at the address listed below. The DEQ requests that all written comments reference the tracking number for this case: PC#97-3191.

Virginia Department of Environmental Quality
Northern Regional Office
Attn: Mr. Randy Chapman
13901 Crown Court, Woodbridge, VA 22193

Obituary

Michael Keith Lamb (age 70) peacefully passed away on December 17, 2017. His memories will be cherished by his daughter Stacy, granddaughter Mackenzie, mother Arletta, brother John, cousin Steve, and many other relatives and friends. Service will be held at a later date at Arlington National Cemetery. In lieu of flowers, please make a donation in honor of Michael to the Wounded Warrior Project, PO Box 758517, Topeka, Kansas 66675. Online condolences may be made at www.murphyfuneralhomes.com.

**LIKE US ON
FACEBOOK**
**www.Facebook.com/
connectionnewspapers**



**Find us on Facebook
and become a fan!**
**www.Facebook.com/
connectionnewspapers**


The Connection to Your Community
www.connectionnewspapers.com

Legislature

FROM PAGE 6

clude the cigarette tax and the application of a meals tax.

Hate Crimes

In Virginia in 2015, there were 155 hate crime offenses reported, including 71 assaults and 49 acts of vandalism or damage to property. This represents a 21 percent increase over the prior year and an increase in hate crimes was recorded in nearly reported category. Although the statistics may be alarming, shining the light on these crimes enables the state to identify trends and to better target educational and law-enforcement strategies. In addition to better enforcement of current laws, I will be introducing legislation that covers gender, gender identification, sexual orientation, and disability in the definition of a “hate crime.”

Children’s Health and Public Health

I will continue my emphasis on caring for the “whole child.” My legislative proposals focus on the need to provide children with “trauma informed” care. Based on recommendations from the Commission on Youth, I will also be advocating for an inter-agency task force in the Governor’s Office to help ensure that trauma-informed care is integrated into the programs and policies that are administered at the local level. Once again, I will be fighting to provide relatives financial support for providing a permanent home to kin who are currently in the foster care system.

Paid Family Leave

I will submit legislation that would require employers who offer sick leave to allow employees to use sick leave to care for a family member. Moreover, I also want to move the conversation about comprehensive paid family leave forward. To that end, I will be submitting a bill that covers paid family leave for employees in organizations with 50 or more employees. This expense would be covered in part by the employer and in part through a payroll tax on the employee. Specifics of the bill are still being negotiated.

Gun Safety

I will introduce a bill that would enable local governments to prohibit the “open carry” of firearms in protests or demonstrations. Once again, I will submit a bill to require that lost or stolen firearms be reported within 24 hours. I also have a proposal to prohibit mechanisms that enable a semi-automatic weapon to fire faster.

You can follow the status of my bills at <https://lis.virginia.gov/cgi-bin/legp604.exe?181+mbr+S86C>. If you have any questions or comments about these bills, please don’t hesitate to email me or my staff at district31@senate.virginia.gov.

The 31st state senatorial district covers parts of Arlington, Fairfax, and Loudoun counties.

BUSINESS DIRECTORY

WWW.CONNECTIONNEWSPAPERS.COM

TO ADVERTISE YOUR BUSINESS, CALL KAREN AT 703-778-9422

LANDSCAPING A&S CONSTRUCTION SOD, Mulch, Clean-Up Leaf Removal Hauling. 703-863-7465		Good is not good, where better is expected. -Thomas Fuller	
ELECTRICAL K&D ELECTRIC COMMERCIAL / RESIDENTIAL SERVICE Family Owned & Operated Recessed Lighting Ceiling Fans Phone/CATV Computer Network Cabling Service Upgrades Hot Tubs, etc... Licensed/Bonded/Insured Office 703-335-0654 Mobile 703-499-0522 lektrkman28@gmail.com		LANDSCAPING Patios & Drainage Your neighborhood company since 1987 703-912-6886 J.E.S. Services Free Estimates • Fully Licensed & Insured • Planting & Landscaping Design • Drainage & Water Problems • Concrete Driveways, Replacement or New • Patios and Walks • Masonry Work or Dry Laid • Paver, Flagstone, Brick, any style you choose • Retaining walls of all types All work Guaranteed	
GUTTER GUTTER CLEANING Gutters and Downspouts Cleaned Small Repairs • Gutter Guards PINNACLE SERVICES Lic/Ins 703-802-0483 free est. email jamie@lawnsgutters.com web: lawnsgutters.com Friendly Service with a Friendly Price!		TILE / MARBLE BATHROOM REMODELING by Brennan Bath and Tile Partial or Full. Kit. Floors, Backsplashes. Specializing in Ceramic, Porcelain, Glass Tiles and Natural Stones. Also repair work. 35 yrs exp. www.brennan-tile.com 703-250-2872 Licensed • Bonded • Insured	
IMPROVEMENTS Power Washing Go from green to clean, do you have mold on your siding rotten wood that's a hoia violation? We do houses, decks, fences, side walks, etc. Deck and fence repair, deck staining and sealing. Licensed & Insured • Free Estimates email: jnave@comcast.net 703-987-5096		TILE / MARBLE Quality Tree Service & Landscaping Reasonable prices. Licensed & insured. Summer Cleanup... Tree removal, topping & pruning, shrubbery trimming, mulching, leaf removal, planting, hauling, gutter cleaning, retaining walls, drainage problems, etc. 25 years of experience – Free estimates 703-868-5358 24 Hour Emergency Tree Service	
A&S Landscaping • All Concrete work • Retaining Walls • Patios • Decks • Porches (incl. screened) • Erosion & Grading Solutions • French Drains • Sump Pumps • Driveway Asphalt Sealing 703-863-7465 LICENSED Serving All of N. Virginia			
RN. CONTRACTORS, INC. Remodeling Homes, Flooring, Kitchen & Bath, Windows, Siding, Roofing, Additions & Patios, Custom Deck, Painting We Accept All Major Credit Cards Licensed, Insured, Bonded • Free Estimates • Class A Lic Phone: 703-887-3827 E-mail: rncontractorsinc@gmail.com www.rncontractors.com			
An expert is someone who knows some of the worst mistakes that can be made in his subject and how to avoid them. -Werner Heisenberg			
ATTENTION ADVERTISERS: expand your audience beyond our weekly print edition with THE CONNECTION DIGITAL • Email Marketing • Social Media • Sponsored Content FOR MORE INFORMATION CALL 703.778.9431 OR VISIT CONNECTIONNEWSPAPERS.COM/ADVERTISING			

I’m Very Seldom Wrong, But This Time I’m Write



By KENNETH B. LOURIE

Since I don’t have to write for a deadline this week (12/27/17 papers have already gone to press), maybe I’ll write for pleasure. Not that writing this column is ever not my pleasure, but it is time-sensitive, at least on a weekly basis. And though that “weekliness” can occasionally induce some pressure, mostly I can manage it. Besides, it contributes to what you read and my feelings about having written. As such, my columns are rarely about the past, well, only in so far as it gives the present and future concerns some context. Generally speaking however, I am writing about extremely-current events. It’s not exactly real time, but the timing is exceptionally real.

This sort of holiday break occurs at The Connection every year as we condense our publication schedule and finish/publish three weeks of newspapers in nine business days. And even though this “condensation” is nothing new for any of us long-sitting employees, it does present its own unique set of challenges, yet it is a schedule which has stood the test of time. Time which eventually leads to pleasure.

And time off is part of what drives this mid-to-late December rush. Because in the newspaper business, especially considering the 24/7 news cycle, with which we are all familiar, even for a weekly publication – for both editorial and sales, you are mostly on. So getting a chance to publish and then pause, gives us all an opportunity to refresh and recharge. And since I’m honeymooning, so to speak, (see column dated 12/13/17 titled “As Good As It Gets”), I have nothing particularly cancer-centric to write about and/or worry about, well, top of mind anyway. There’s plenty of cancer stuff bottom of mind though. The difficulty is keeping it there.

The problem/reality is, even when you’re meandering around in your head, in order to write, there is a cancer section which inevitably fights its way to the top. It’s not as if I have a multiple personality disorder: Kenny-without-cancer and Kenny-with-cancer (my website, by the way: www.KennyWithCancer.com), but sometimes I think I must. Thinking one could totally compartmentalize the facts and fissures that a “terminal” lung cancer diagnosis/“13 month to two year” prognosis imposes is an admirable, much talked about goal but in truth, it’s probably unrealistic and likely leads to that dual personality. But who’s kidding whom? It’s hard/IMPOSSIBLE to know.

So for the moment, I can pretend/presume that Kenny-without-cancer is front and center, top of mind and in control, free to wander aimlessly in print and ponder his fate as if nothing much – other than one’s own mortality, is effecting his judgment. Ah, one can dream. And oddly enough, I have been dreaming more, and sleeping longer and deeper, too. I’m sure it’s simply a coincidence that having five weeks off from any cancer-related activities/obligations, and likewise having nine days off from any newspaper-related activities has contributed to this semi peace and quiet. A quiet which will soon end when we leave for two days in Pennsylvania to spend Christmas with my wife Dina’s cousins, which, along with the cheesesteak I plan on eating, provides it’s own sort of comfort and joy.

Still, any port in the cancer storm provides a welcome respite from the – with apologies to Shakespeare – slings and arrows of outrageous misfortune (Shakespeare’s quote was “fortune”), however real or imagined. To be sure, cancer is no joke, neither is being diagnosed with a “terminal” form of it: non-small cell lung cancer, stage IV, at age 54 and a half. But making fun of it and the circumstances surrounding it, has been my stock and trade since I first went public – in print, in June 2009. The means I’ve justified to prevent my premature end. So far, so good.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

12

VIRGINIA

2017

Special VIP Offer for your Toyota



BUY 3 TIRES AND GET ONE

FREE

SEE SERVICE ADVISOR FOR DETAILS.

GOT TIRES?

INCLUDES ROAD HAZARD PROTECTION, TIRE WARRANTY, AND FREE COURTESY INSPECTION.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 1/31/18.

BONUS:
ADD A 4 WHEEL
ALIGNMENT
FOR \$39.95

Jack Taylor's
**ALEXANDRIA
TOYOTA**

3750 Jefferson Davis Hwy

Alexandria, VA 22305

703-684-0710

www.alexandriatoyota.com

CHECK ENGINE LIGHT DIAGNOSIS

NO CHARGE

INITIAL DIAGNOSIS

WE WILL RETRIEVE VEHICLE CODES
& GIVE YOU AN ESTIMATE OF REPAIR COSTS.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 1/31/18.

Jack Taylor's
**ALEXANDRIA
TOYOTA**

3750 Jefferson Davis Hwy • Alexandria, VA 22305

**Service & Parts Dept. Hours:**

Monday - Friday, 7:00am to 7:00pm

Saturday, 8:00am to 5:00pm

**YOU HAVE SATURDAY OFF.
THAT'S EXACTLY WHY WE DON'T!****ToyotaCare
Customers**Don't Forget Your **FREE** Service.

5,000 • 10,000 • 15,000 • 20,000 • 25,000

Mile Services

Call your ASM for details

ToyotaCare Plus \$329⁰⁰

Covers up to 4 years/45,000 miles



PSRT STD
U.S. POSTAGE
PAID
MERRIFIELD, VA
PERMIT NO. 772

**BASIC LUBE, OIL & FILTER
CHANGE SERVICE****\$29⁹⁵**

NON-SYNTHETIC

\$44⁹⁵

SYNTHETIC

Includes: Genuine Toyota oil filter, up to 5 qts of conventional oil*, inspect windshield wipers, check tire condition, check battery (with print-out), inspect and adjust all fluid levels, inspect air & cabin air filters.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 1/31/18.

BRAKE SPECIAL**\$79⁹⁵**

INCLUDES: Install Genuine Toyota front brake pads, inspect front & rear rotors & drums, check tire condition and inspect all hardware. Pads only.

MACHINE ROTORS ADDITIONAL

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF PURCHASE. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 1/31/18.

**SIGHT LINE
WIPER BLADES****\$10 OFF**

Sight Line only.

NOT VALID WITH ANY OTHER OFFER. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF PURCHASE. VALID ONLY AT ALEXANDRIA TOYOTA PARTS CENTER ONLY. GOOD THRU 1/31/18.

FREE**BATTERY CHECK-UP**

Check cold cranking amps and visual inspection of battery condition. Includes battery condition print out.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 1/31/18.

VARIABLE DISCOUNT**\$15.00 OFF** when you spend \$100.00 - \$199.99**\$30.00 OFF** when you spend \$200.00 - \$299.99**\$45.00 OFF** when you spend \$300.00 - \$399.99**\$50.00 OFF** when you spend \$400.00 or more

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 1/31/18.

4 WHEEL ALIGNMENT**\$64⁹⁵**

Your car's alignment suffers, and can cause uneven tire wear and steering problems.

INCLUDES: Inspect suspension, ball joints, struts & shocks, tire condition and set tire pressure.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 1/31/18.

Jack Taylor's
ALEXANDRIA TOYOTA

**TRUESTART BATTERY****\$99⁹⁵**

INCLUDES BATTERY INSTALLATION

Includes: 84 month warranty, 24 month **FREE** replacement, 24 month **FREE** roadside assistance.

Does not apply to hybrid batteries.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 1/31/18.

Check your windshield. Does your sticker say **11/17, 12/17,** or **1/18?** If so, your VA Safety Inspection is now due**VIRGINIA STATE INSPECTION****FREE**

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 1/31/18.

CALL FOR AN APPOINTMENT AT **703-684-0710** OR SCHEDULE ONLINE AT **ALEXANDRIATOYOTA.COM**